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The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper

Quincy, MA

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Quincy Special Olympics Really Something Special
– Page 18 –

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper

VOL. 38 No. 42 | Thursday, July 6, 2006 | 40¢

CREWMEN PREPARE two N2S Stearmen biplanes for takeoff at the Squantum naval reserve air base in the photo taken some time in the 1920s or 30s. The planes, officially known as Kaydets, were still active as trainers up to World War II.

Memories Of Commander Shea

Museum To Recall Squantum, South Weymouth Air Bases

By TOM HENSHAW

Naval Air Station Squantum, once the training ground for the pilots and air crews who won World War II in the Pacific, has long since disappeared under the upscale shops and luxury condos of Marina Bay.

And the runways and hangars of its successor, NAS South Weymouth, are about to begin vanishing under some 2,500 housing units and 250,000 square feet of commercial enterprise planned by a developer.

Soon, the two bases that meant so much in the early history of Naval aviation will be only a memory.

But a memory enhanced by members of the Patriot Squadron of the Association of Naval Aviation, who plan to construct a museum on the South Weymouth site to display memorabilia from both bases.

Right now, the museum occupies 1,300 square feet of space in the old Shea Fitness Building on the abandoned base where a limited number of exhibits can be seen by the public by request only.

It's called the Shea Field Naval Aviation Historical Society, chartered to serve as "a repository of historical data on the past contribution of NAS Squantum, NAS South Weymouth and the US Navy to national security."

"We hope to be open in two years in a building of our own adjacent to the Shea Field Memorial Grove," said Bill Horsch, one of the founders of the museum.

The Shea Field Memorial Grove is a stand of trees just inside the gate to the former NAS, built around an A-4 Skyhawk and dedicated to the 22 Congressional Medal of Honor winners from Norfolk and Plymouth Counties.

The number of exhibits is limited because most of the desired artifacts have been in storage for safekeeping since 2000 at the USS Salem Shipbuilding Museum in Quincy and the Salem, says Horsch, won't give them back.

NAVAL RESERVE pennant, originally flown at the Squantum naval reserve base in the 1920s, will be a centerpiece in the naval air museum planned for South Weymouth, the successor to the Squantum training field.

"I'd be delighted to help with their museum," said Michael Condon, executive director of the USS Salem. "But I need documentation that they are legitimate and who they say they are.

"If I gave away memorabilia without knowing who I'm giving it to, I deserve to be fired."

When the base closed in September, 1997, said Horsch many items of historic interest were collected and stored in the attic of the Administration Building.

The items were catalogued and transferred to the USS Salem by Capt. Robert Deutsch, the commanding officer, and James Fahey, a naval historian, then on the staff of the USS Salem.

But Deutsch retired and Fahey left the USS Salem and the Squantum-South Weymouth artifacts, which, said Horsch, are still owned by the Navy,

(Cont'd On Page 28)

Investigation Continues

House Blast Exact Cause A Mystery

Investigators have traced the cause of the explosion that wracked the house at 15 Craig Ave., Quincy Point, to inflammable cleaning chemicals that infiltrated the sewer system.

But a week later they still can't say exactly what touched off the blast that blew resident Robert Donnelly, 39, out the back door. He suffered burns and was treated and released from Boston Medical Center.

"We cannot say with certainty what was introduced into the sewer system, where or by whom," said Fire Chief Timothy Pettinelli, "but it appears to be gone."

He said the tests indicate that neighbors on Craig Avenue are in "no immediate danger." A large section of the neighborhood was tested for traces of volatile matter or vapors.

He said that what vapors were present at the time of the explosion were so volatile as to be destroyed by the blast.

Investigation of the explosion has been massive with the State Fire Marshall, the Department of Environmental Protection, the MWRA and the FBI joining the local fire and police departments

Photo On Page 10

And now, at the behest of Councillor Daniel Raymondi, the City Council was poised last night (Wednesday) to delve into the explosion.

Raymondi, whose Ward 2 venue includes Craig Avenue, asked that the Council's Public Works Committee conduct hearings into the cause of the blast.

The explosion, which occurred about 7 p.m. Wednesday, June 28, blew Donnelly out the back door and across his yard. He suffered burns and was treated and released from Boston Medical Center.

"This has been a massive effort," said Pettinelli, who indicated that testing would continue through the holiday. "The neighborhood is safe and secure. We are doing everything possible to ensure its stays that way.

Shellfish Planting In Quincy Bay Monday

The City of Quincy and the Division of Marine Fisheries will plant 400,000 seed soft-shell clams Monday, July 10.

Work will take place from about 4 to 6:30 p.m. and continue Tuesday if need be.

"This is the first of what will hopefully be a yearly planting," said Shellfish Warden Andrew Ayer. "The project will be under taken using local commercial shell fishermen, and is, I believe, a first of its kind in Quincy Bay."

■ New Beach Guide Off Press - *Page 2* ■ Amnesty Month At Library - *Page 3*

White House Wreath To Honor John Q. Adams

The traditional White House wreath will be placed on the tomb of John Quincy Adams in the crypt of historic United First Parish Church Tuesday, July 11, at 12 noon.

The wreath will be presented by Navy Lt. Commander Scott Graham and members of the Navy Color Guard while the Navy Brass Ensemble from Newport, R.I., will perform.

The ceremony will mark the 239th birth date anniversary of the sixth president of the United States who was born July 11, 1767. A similar wreath is laid on the tomb of John Adams, the second president, on Oct. 30.

The tradition of sending a wreath to the resting place of a deceased president on his birthday was started some 40 years ago during the term in office of President Lyndon Johnson.

Granite Railway Tours On Summer Weekends

The Mass Bay Rail Road Enthusiasts (RRE) will conduct tours of the Granite Railway in West Quincy and East Milton on two weekends this summer.

Two 3 1/2 hour van tours will be offered each day on Saturday and Sunday, July 22-23 and Aug. 26-27 starting at 9 a.m. and 1 p.m. with the Sunday morning run only with sufficient advanced reservations.

A $10 donation is requested.

The limited capacity tour will visit the preserved 1826 railway terminus at Bunker Hill Ledge, surviving segments of the old right of way, the 1830 double track, several quarries and the Neponset River wharf.

Tourists will meet at the Quincy Historical Society, 8 Adams St., Quincy Center. Pickup is also available at the Milton T station at 8:30 a.m. Pre-registration is suggested.

FOOT NOTES

by Joel Chariton, D.P.M.

Diplomate, American Board of Podiatric Surgery
Diplomate, American Board of Podiatric Orthopedics

BURNING FEET NOT ALWAYS FROM SUMMER HEAT

Feeling a burning sensation in the feet may indicate a temporary issue like athlete's foot or a reaction to materials in your shoes or socks. But if burning lasts for an extended period, it's important to seek medical attention to rule out serious conditions. Sensory peripheral neuropathy, a nerve problem affecting the nerves in the extremities, can cause a burning sensation. This condition may develop from diabetes, alcohol abuse, or a vitamin B-12 deficiency. To treat burning feet, your doctor will identify and address the underlying cause. During this time, symptoms can be relieved by wearing non-synthetic socks that encourage feet to breathe, avoiding long periods of standing, taking pain relievers when necessary, and bathing feet in cool water.

People don't always realize how their feet mirror their body's general health. They sometimes try to believe their foot problems "will just disappear." We strongly recommend having a podiatrist attend to foot problems in order to prevent them from becoming serious, as well as to keep an eye on the rest of the body. We may not be able to prevent disease here at 999 North Main Street, Randolph, in the MEDICAL OFFICE BUILDING, but we can help deal with some of the problems that may accompany it. Make your next step pain-free – call for an appointment at 781-986-3668. Office hours are now also available at the Quincy Medical Center and Milton Medical Building.

HINT: Pernicious anemia is a vitamin B-12 deficiency.

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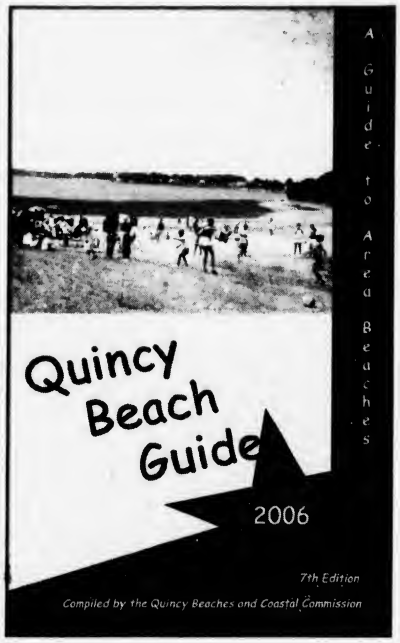
New Beach Guide Filled With Waterfront Advice



If the annual Beach Guide put out by the Quincy Beaches and Coastal Commission gets much larger and timelier it'll have to be published by Random House and reviewed by Sunday Times..

The latest edition, the seventh annual, contains not only 56 pages but a Krossword puzzle for Kids, advice on the selection of the shape of your sunglasses and a history of men's swimwear.

That plus the required information on the city's 10 municipal beaches, tide charts through September, sunset and sunrise information, beach testing and fishing tips.

The helpful booklet highlighting the beaches and amenities along Quincy's 27 miles of coastline is now available at many local businesses and public facilities.

"It's amazing how many people have no idea that Quincy has so many great neighborhood beaches," said Mayor William Phelan. "This guide will help you enjoy our city beaches as the beautiful waterfront parks they are."

The Guide takes on the current controversy over private ownership and public beaches by examining the basis for the public's right of access dating from Colonial ordinances.

Six pages are devoted to the Beaches Environmental Assessment and Coastal Health Act under which the water at beaches is sampled weekly to ensure safe swimming conditions.

Jack Lydon, "the fisherman extraordinaire," weighs in on the art of digging one's own sea worms for bait and the adrenaline rush that comes from night fishing "when a 25-inch fish in the dark (is) almost more exciting than a 35-inch fish in the daylight."

Andy Ayers, the city's shellfish warden, writes about shellfishing (what else?) and Bob Szabo and Bob Gillen tell of the city's new boat ramp at the Houghs Neck Maritime Center.

Cathy Curran adds to the list of boating safety tips a warning against "teak surfing," the fad of clinging to the teak swim platform amid the exhaust fumes of a boat until a wake is built to, then body surfing the wave.

There's a chapter on what sun screen to use (SPF30+board spectrum, water resistant), how to apply it to children, and what to remember when choosing a hat (it has to feel comfortable and stay on in the wind).

And, last, for those who still think they have to wait a half hour after eating before they can safely go swimming — it ain't necessarily so.

"Neither the American Academy of Pediatrics or the American Red Cross make any specific recommendations about waiting after eating before taking a swim," says the 2006 edition of the Quincy Beach Guide.

"I want to thank my fellow members of the Commission that worked really hard on this book," said Leo Kelly, the commission chairman. "This is a labor of love for these volunteers and they did another great job."

Commission members include Vice Chairman Doug Gutro, Secretary Margaret Milne, Treasurer Chickie Abdallah, Kristen Awed-Ladas, Monica Ferraro, P.J. Foley, Robert Galligan, John Haley, Michael Morad, David Murphy, John "Jack" Nigro and Andrew Scheele.

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40 Quincy Police Sworn In As Norfolk County Deputies

Forty Quincy Police officers, including Chief Robert Crowley, were sworn in recently as special deputy sheriffs in a ceremony at the Quincy Police Station.

The ceremony, conducted by Norfolk County Sheriff Michael Bellotti, is a traditional rite that gives the Quincy officers jurisdiction beyond the city limits throughout Norfolk County.

The officers include Karyn Barkas, Sean Biggins, William J. Brabazon, Jeffrey A. Burrell, Robert W. Clark, Thomas A. Cleary, Nancy Coletta, Leo Coppens, Robert Crowley, Robert E. Curtis III, Paul F. Delahoyde, Anthony R. DiBona,

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FORTY POLICE officers from Quincy are sworn in by Sheriff Michael Bellotti as special deputies, a traditional ceremony which gives them jurisdiction beyond Quincy throughout Norfolk County. *Quincy Sun photo/Noreen O'Shea*

John Fagerlund Named To Zoning Board

Mayor William Phelan has appointed John Fagerlund to the city's Zoning Board of Appeals.

Fagerlund is a life-long resident of Quincy that currently resides in the Beechwood Knoll neighborhood. He is a district manager within the US Automotive Sales Division for Daimler Chrysler Corporation. He is a graduate of Tufts University.

Fagerlund was a member of the William F. Degan Memorial Road Race Committee (1999-2005). He serves on the Sailors Home Pond Committee and is a member of the Ward Five Community Association.

He and his wife Bonita (Baldani) have three children, Eric, Justine, and Amy.

"I am pleased that John has agreed to volunteer his services to the Zoning Board," said Phelan. "He cares deeply about our community and his perspective as a concerned resident fits nicely with the makeup of the board. He should augment an already outstanding group of volunteers."

Phelan has asked the Zoning Board to make stricter reviews of all requests for zoning variances in an effort to preserve the character of Quincy's neighborhoods. He has requested that the standards for variances be strictly applied in accordance with the zoning by-laws.

"We have heard from residents who are at their wit's end about development in the neighborhoods," Phelan said. "We have zoning by-laws for a reason and that reason is to protect the character of our city and its neighborhoods. I expect that the Zoning Board will continue to help protect residents and neighborhoods from over-development."

Overdue Library Charges Erased For Amnesty Month

July is amnesty month at the Thomas Crane Public Library.

Overdue books, Cds, audiocassettes, videos, DVDs and magazines can be returned to the library without penalty. Old overdue charges may also be canceled.

The primary purpose of overdue charges is to encourage prompt return of library materials, so other library patrons can use them.

"Sometimes, people amass such large overdue charges that they simply stop coming to the library," said Library Director Ann McLaughlin. "With this amnesty month, we hope to get both our materials and our customers back."

To take advantage of the amnesty, go to any Quincy library location, return overdue Quincy materials, and let library staff know of outstanding overdue charges.

The July amnesty applies to any overdue materials owned by and returned to the Thomas Crane Library or one of its three branch locations, and to any outstanding overdue charges for Quincy materials. The amnesty does not cover materials owned by or charges applied by or other Old Colony Library Network Libraries. Charges for lost or damaged items are not included in the amnesty.

Come back to the library and find out what's buzzin' this summer! For more information about amnesty month, call 617-376-1301.

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Moments in time

THE HISTORY CHANNEL

• On **July 4, 1826,** John Adams and Thomas Jefferson, the second and third presidents of the United States, die on the 50th anniversary of the adoption of the Declaration of Independence. Adams' last words were, "Thomas Jefferson still survives," though his old friend and political adversary had died a few hours before.

• On **July 8, 1918,** American author Ernest Hemingway, working as a Red Cross ambulance driver, is severely wounded while carrying a companion to safety on the Austro-Italian front during World War I. Hemingway published his first book of short stories in 1925.

• On **July 6, 1935,** an infant named Tenzin Gyatso, future leader of Tibet, is born to a peasant family in Takster, Tibet. At age 2 the child was declared the reincarnation of a great Buddhist spiritual leader and named the 14th Dalai Lama. In 1989, he won the Nobel Peace Prize for his commitment to the nonviolent liberation of Tibet.

• On **July 5, 1946,** French designer Louis Reard unveils a daring two-piece swimsuit, which he dubbed the "bikini," inspired by a U.S. atomic test that took place that week off the Bikini Atoll in the Pacific Ocean.

• On **July 9, 1956,** actor Tom Hanks is born in Concord, Calif. Hanks has won the Best Actor Oscar twice, for "Philadelphia" in 1993 and "Forrest Gump" in 1994. He was also nominated for his role in "Saving Private Ryan" (1998).

• On **July 3, 1971,** singer Jim Morrison, of the rock group The Doors, is found dead of heart failure in a bathtub in Paris. The Doors' first album topped the charts, as did a shortened version of their 6-minute 50-second track "Light My Fire."

• On **July 7, 1984,** "When Doves Cry," the first single to be released from Prince's 1984 album "Purple Rain," hits the top of the charts. The song became the best-selling single of 1984. Meanwhile, the album topped the charts for 24 weeks and sold more than 10 million copies.

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Sunbeams

By Henry Bosworth

A First Lady's Visit

Don't know if Laura Bush will ever visit Quincy, the home of First Lady Abigail Adams.

Hopefully, if she does, Mayor William Phelan won't have the hectic last minute experience of former Mayor James McIntyre when another First Lady came to town.

Lady Bird Johnson, wife of President Lyndon Johnson, was on her campaign to "Keep America Beautiful" June 9, 1967 when she visited the Adams Mansion with Secretary of the Interior Stewart Udall at the invitation of the Adams family.

They flew up from Washington to the South Weymouth Naval Air Station and came to Quincy in a motorcade.

Quincy was their only Massachusetts stop on a four-day swing through New England.

McIntyre had been briefed on her itinerary and was there, nice and relaxed, when Lady Bird's plane touched down at the Naval air station. With him were his wife, Sheila, and their 5-year-old daughter, Elizabeth, who presented the First Lady with a bouquet of roses. Also greeting her was Mrs. John Volpe, wife of the governor.

There was no hint of the hectic hour or so McIntyre had gone through before the plane arrived.

McIntyre was determined Mrs. Johnson's visit to Quincy would go off smoothly. He was taking no chances.

He asked Jack Schmock, Civil Defense Director at the time, to help him check out Lady Bird's motorcade route in Quincy.

"I want to be sure everything looks nice for her," McIntyre told Schmock.

The motorcade, coming from Weymouth on the Southeast Expressway, would turn onto Furnace Brook Parkway in Quincy and proceed to Adams Street and the Adams Mansion.

McIntyre and Schmock found residents standing along Furnace Brook Parkway waiting to see the First Lady.

But then, to McIntyre's horror, lining the sidewalks in front of the homes were trash bags and barrels. It was rubbish pick-up day in that area, a small matter that had been overlooked in the planning for her arrival.

McIntyre cringed at the thought of the First Lady — campaigning to keep America beautiful — looking out from the motorcade at piled-up trash as she rode by.

He quickly radioed an SOS to Public Works Commr. Jack Browne. The latter swiftly pulled rubbish trucks away from other routes and had them move in to pick up the Furnace Brook area trash.

A short while later, McIntyre and Schmock — joined by Executive Secretary James (Pete) Ricciuti — decided to make a second inspection of the route. Just to be sure everything was all set.

The trash was gone. But the problem wasn't. The empty trash barrels were standing or lying there in front of the homes.

And then, a sight to behold: the mayor of Quincy on one side of the street and his executive secretary on the other and as Schmock recalls: "Hiding rubbish barrels behind homes, shrubs, automobiles and any other hiding spot they could find."

Some of the residents realized what was going on and got their own trash containers out of sight.

Lady Bird was due shortly at South Weymouth and McIntyre knew he had to hurry to get there to greet her. But he took time to stop and thank some of the residents for their cooperation. And he managed to make it to the Naval air station in time.

Mrs. Johnson spent three hours at the Adams Mansion, including a luncheon.

She was the first wife of a U.S. president in more than a century to enter the mansion, home and summer White House of second President John and sixth President John Quincy Adams. The last First Lady at the mansion was Louisa Catherine Adams, wife of the sixth president who lived there.

FIRST LADY Mrs. Lyndon Johnson is greeted at the South Weymouth Naval Air Station in June, 1967 by Mayor James McIntyre, his wife, Sheila, daughter, Elizabeth, 5, and Mrs. John Volpe, wife of the governor.

SECRETARY OF THE Interior Stewart Udall smiles as the first Lady nimbly steps over a garden hedge at the Adams Mansion.

LADY BIRD JOHNSON walks through the garden at the Adams Mansion with Charles Francis Adams, direct descendant of Presidents John and John Quincy Adams, and Mrs. Wilhelmina Harris, superintendent of the home and summer White House of the two presidents.

Mrs. Johnson was greeted by Charles Francis Adams, other direct descendant of the two Presidents, and Wilhelmina Harris, superintendent of the mansion.

Mrs. Johnson told Charles Francis Adams she had read letters written by John and Abigail Adams and said: "Your family was so aware of the stream of history they were living, they recorded it."

She walked in the garden with Adams and Mrs. Harris and loved the flowers in bloom. (She enjoyed the visit so much that she would return in 1995.)

She presented a special gift: a three-foot elm tree, an off-shoot of one planted on the White House grounds when John Quincy Adams was president as a memento of her visit to be planted on the front lawn.

It was a perfect ending to a perfect day, for a First Lady on a mission to "Keep America Beautiful."

The word trash was never mentioned.

Scenes From Yesterday

THIS REAL PHOTO postcard postmarked in 1924 is a view of East Squantum Street looking west in Atlantic. Botolph Street is out of view on the right and Sharon Road is on the left. In the 1920s Quincy was the fastest growing city in Massachusetts and the Atlantic section was leading the way. More building permits were issued for houses here and in Wollaston than in all the other areas of the city combined. Notice that the roadway was still not paved and automobiles were pretty scarce in this workingman's neighborhood. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of Tom Galvin

READERS FORUM

Free Speech And Ann Coulter

(The following letter is in regard to the June 29 Sunbeams column which contained a letter of criticism about a previous column on Ann Coulter.)

I wish you hadn't printed that diatribe from the Coulter admirer hiding behind that good old "free speech" banner last week. It was nonsense, as you must have known.

Free speech is not a license to say unchecked, cruel and insulting things about other people. What a nation of perverted subhumans we'd be if we let anyone attack another verbally and dare not speak up, for fear we'd step on their right to free speech!

Coulter was mean-spirited, cruel, and way out of line. She needed to hear exactly what you said. I'm sure it won't make a bit of difference to her- she's been ranting and insulting for years, attacking anyone who doesn't support her opinion of Bush. Disagree with him, criticize an action of his, and you're an idiot, a moron, a bad American, etc. Thank goodness we still have people such as yourself who use their right to free speech to speak up against this perverted loyalty.

Keep it up!

Madeline Wong
Quincy

Thanks For Supporting EMS Week

Those of us who work in the business of providing emergency medical service and transportation already understand the significance of EMS Week, but this year we also received a great deal of outside support from area businesses.

We would like to thank the outstanding local businesses for their many generous contributions to help acknowledge EMS (Emergency Medical Service) Week at Fallon Ambulance Service.

Every day, around the clock, our emergency medical technicians (EMTs) and paramedics heroically respond to people in need throughout the South Shore, and those medical personnel do what they do best — save lives.

Additionally, there is an element often unnoticed: EMTs and paramedics often provide the simple human comforts that make a difference, calming a frightened injured child or holding the hand of a lonely elderly person. Those are all elements that add to our quality of life on the South Shore.

Nationally, EMS Week is a time to show appreciation for their hard work and dedication to our communities.

A number of businesses went above and beyond the call of duty to show this appreciation. We thank, first of all, Dunkin' Donuts corporate offices in Quincy for providing refreshments for the crews throughout the week.

Special thanks and appreciation also go to New England Wheels of Billerica, Professional Vehicles of Maine, Clinical One Oxygen in Weymouth, EMSAR in Rehoboth, Andrea's Police Supply in Quincy, South Shore YMCA in Quincy and Curry Hardware in Quincy for their donations to help celebrate this week.

Their generous support made EMS Week a success and demonstrated how valuable the emergency medical teams are in our communities. We are grateful for the assistance and the confidence shown in our medical personnel. We will continue to do all that we can to be a great resource for the community.

Peter Racicot
Senior Vice President
Fallon Ambulance Service

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Quincy's Yesterdays

Mixed Trash-Garbage Collection Off To Smooth Start

Week Of July 3
1974
32 Years Ago

By FRANK McCAULEY

"We assume that there was garbage in the collection," said Public Works Commissioner James Ricciuti. "You really couldn't tell."

It was Ricciuti's way of saying that opening day of Mayor Walter Hannon's controversial mixed rubbish and garbage collection in Quincy went off without a hitch.

Ward 4 Councillor James Sheets, the leading critic of the mixed collections, declined to comment on the first day's operation. He said he had no reports from the route and it was too early to tell.

Shortly before collections were made, an ordinance banning the placement of rubbish outside more than 15 hours before collections, which had been introduced two months ago by Ward 1 Councillor Leo Kelly, went into effect.

OVER 1,000 APPLY FOR FOOD STAMPS

Considerably more than 1,000 people have applied for a chance to stretch their food dollars in this area as the new federal food stamp program went into effect. Eligibility depends on many factors, particularly net income, size of family and certain expenses like shelter, utilities and education.

KEEPING UP WITH THE RED SOX

The Red Sox, with a 41-32 record, maintained a two and a half game lead over the Cleveland Indians and Baltimore Orioles with identical 38-34 records. Left fielder Carl Yastrzemski was batting .325 while Luis Tiant led the Red Sox pitching staff with 11 wins.

QUINCY-ISMS

Andrew Carrera, 12, son of Mr. and Mrs. **Gildo Carrera**, 9 Buckley St., West Quincy, received citations from Mayor **Hannon** and Sen. **Arthur Tobin** for saving a classmate from being hit in the Willard School parking lot . . . Newly elected officers of Quincy League of Women Voters included **Janet Poole**, president; **Janice Croke**, first vice president; **Ina Cutler**, second vice president; **Grace Rutcin**, recording secretary; and **Kathleen Foster**, treasurer . . . Mr. and Mrs. **John Sheehy**, 102 Holmes St., North Quincy, celebrated their golden wedding anniversary at a reception at the Montclair Men's Club . . . Miss **Marcia Rosenblum** and Miss **Angela Solmonte**, English teachers at Sterling Junior High School, were named Outstanding Educators of America in 1974 . . . Navy Fireman Apprentice **Arthur Rutledge**, son of Mr. and Mrs. **Arthur E. Rutledge**, 158 Phipps St., South Quincy, completed the Electrician Mates School at Great Lakes, Ill. . . . **John Callahan**, a former FBI agent, chief of security for the Mass. State Lottery Commission, was the featured speaker at the weekly luncheon of the Quincy Rotary Club . . . Planning Fourth of July celebrations for the Ward 2 Civic Association were **Ted Harrington**, association president, and members **Phyllis Bagen**, **Ted DeCristofaro**, **Owen Eaton**, **James Lyons** and **Thomas Williams** . . . Rep. **Thomas Brownell** announced his candidacy for reelection to a second full term in the Second Norfolk District . . . Houghs Neck's **Roland "Pop" Josselyn** celebrated his 90th birthday at the home of his granddaughter and her husband, Mr. and Mrs. **William MacDonald**. Pop's formula for a long life: "Don't drink Don't smoke and Don't worry" . . . **Edward Keohane** was elected Grand Knight of the North Quincy Council of the Knights of Columbus . . . **Mark Boussy** had a hat trick as Team 5 rolled over Team 2 in the Pee Wee House League. **Robbie Craig** had two goals in Team 3's 6-4 loss to Team 6 . . . Sixteen-year-old **Peter Creedon**, nephew of school Supt. Dr. **Lawrence Creedon**, jogged 180 miles from Long Island to Roslindale to attend the wedding of his uncle, **Eugene Creedon** . . . Firefighter **Paul Johnson**, 71 Cliff St., West Quincy, was promoted to fire lieutenant . . . A strike of shipyard workers at the General Dynamics Fore River shipyard entered its 114th day . . . **Ann Louise Trifone**, daughter of Mr. and Mrs. **Pasquale Trifone**, received a bachelor's degree in foreign languages from Tufts University, graduating magna cum laude . . . **George Riley** was installed as president of the Quincy Lions Club, succeeding **Everett Tatreau** . . . **Richard Newcomb** gave up his position of city purchasing agent to become an assistant director at Quincy City Hospital. The position pays $17,000 annually . . . **Carole Loughlin**, 15, 68 Narragansett Road, Merrymount, was chosen as 1974's Miss Merrymount at a beauty pageant held July 3 by the Merrymount Association . . . Mayor **Hannon** and Sen. **Tobin** represented the city at ceremonies commemorating the 207th anniversary of the birth of John Quincy Adams. The ceremony was held at First Parish Church.

Arts & Entertainment

For All Ages On Sundays In July

Free Summer Concerts Return To Crane Library

Bring a chair or a blanket and enjoy live music on the lawn this summer at the Thomas Crane Public Library, 40 Washington St., Quincy.

This year's free summer concert series will be held on Sundays in July at 3 p.m.

On July 9, Grupo Fantasia returns with music of the Caribbean, from calypso to salsa to reggae and more.

On July 16, Krisanthi Pappas and her four-piece jazz combo perform popular jazz, cabaret and pop covers and originals.

On July 23, The Sidewalk Stompers play a wide repertoire of top-tapping old-timey music, including bluegrass, Celtic and blues music.

The series will close out on July 30 with a lively concert by Two of a Kind, a husband-wife duo that combines powerful, rhythmic guitar, multiple percussion instruments and voice to create magic for all ages.

Concerts will last one hour and will be held in the library's atrium if the weather is inclement.

All concerts are free and sponsored by the Friends of the Thomas Crane Public Library.

For more information about this concert series, call 617-376-1301 or visit thomascranelibrary.org.

GRUPO FANTASIA kicks off the Crane Library Summer Concert Series Sunday, Julyy 9.

KRISANTHI PAPPAS and her four-piece jazz combo performs July 16.

TWO OF A KIND closes out the Crane Library Summer Concert Series July 30.

Registration Underway For High Seas Adventure Camp

Squantum Christian Fellowship is accepting registration for its High Seas Adventure Camp, July 31 through Aug. 4, from 9-11 a.m. at the Squantum Elementary School Media Center, for children entering kindergarten through fifth grade.

The fee for the week is $15 per child or $25 per family. Preregistration is required by July 26.

For more information or for a registration form, call 617-328-8558.

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QUINCY AUTHOR Bill Arienti reads from his debut children's book "Scooter the Rabbit," to youngsters from the Wollaston Child Care Center. Arienti, who is also a Quincy firefighter, recently had his second book published, "Tales From Faxon Park."

Quincy Sun photo/Robert Noble

Bill Arienti Inspiring Youngsters

Firefighter-Author Turns Out Second Children's Book

Quincy firefighter and local author Bill Arienti has been gaining recognition for *"Tales From Faxon Park,"* a series of children story publications, that are being read throughout Quincy schools.

The series teaches children life lessons, based on the adventures of animals who live in the park. Arienti is a Hanover resident but grew up a couple hundred yards away from Faxon Park. "It used to be beautiful," he said.

The children's stories, written in verse, are part of a series of eight. Arienti said he is planning on writing the ninth installment of the series with his 10-year-old son, Mark. Two stories in the series have been published so far. The first publication was *Scooter The Rabbit,* and the most recent was *Buddy's First Flight,* published several weeks ago. The next publication is expected out in October, he said.

Arienti said he was inspired to start writing stories when his son handed him a Christmas list, and everything on it was breakable. "When I saw it, I began to laugh," he said. "I wanted to give him something that would last forever, so I decided to write him a book. He liked it, and when he finished, he said, 'yeah that was great dad, can you write me another one?'"

Arienti said that teachers from Lincoln-Hancock School, Hingham schools, and Needham schools have contacted him, hoping he would read his stories to their students.

"Teachers tell me that I'm inspiring their students, but as much as I'm inspiring them, they're inspiring me," said Arienti.

An average of five or six students per visit have approached Arienti, saying they want to learn to write stories themselves, he said.

"The best part is if one child decides they want to write a story because of my influence," he said. "It's just great watching a child strive to do new things. It's the greatest return I can imagine."

Arienti has received letters from teachers, principals and parents, praising him for his positive influence on children.

"Your touching story, along with its charming art work, captivated my nine-year-old son, and more importantly made him think about doing what is right, no matter how difficult it may be," wrote parent, and C.C.D. teacher Judi Leonard.

"This book offers a wonderful spin-off to vital discussions of topics that are an integral part of our Catholic school curriculum," wrote Catherine Cameron, principal at St. Mary School.

"You could feel the energy and enthusiasm in each classroom as Bill interacted with the students. It didn't matter which grade. Somehow Bill was able to reach each child and touch him. Essentially, a writer is a storyteller and Bill is a master," wrote Martha Evans, South's Reading Consultant.

"The children were completely captivated by his storytelling! Students, teachers, and parents are still commenting on his visit," wrote Quincy South's Vice Principal, Eliza Burns.

Arienti's stories are currently sold in stores in Massachusetts, California, and New Jersey. They are available at Abigail's Crossing in Quincy Center.

For more information on Arienti's publications, visit www.talesfromfaxon.com, or write to Faxon Stories, P.O. Box 275 Hanover, MA 02339.

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Social

Beechwood Harbor Cruise Aug. 9

Beechwood's 10th Annual Harbor Cruise is Aug. 9, boarding at Marina Bay (MDC) Dock at 6:30 p.m., and departing at 7 p.m.

Cost is $30 per person or $50 per couple. Special group rates are available for corporate, business and family friends. Small business groups, family celebrations and neighborhood parties are specially invited this year.

"The Boston Harbor Cruise Liner is a large, three-decker ship and can accommodate over 300!," said Sharron Beals, Executive Director of Beechwood on the Bay. "It is the only time that a liner this size departs from the Marina Bay dock each year."

"This cruise has become a very popular and fun-filled summer event. Last year tickets sold out, and we expect the same community response this summer," stated Judy Paul, Center President. "We are grateful for the widespread community support each year. This is an important fundraiser for our center."

Tickets can be purchased at the Center or from members of Beechwood's Development Committee.

For more information call 617-471-5712.

Seven Residents Earn Thayer Academy Awards

Thayer Academy announced seven residents who have received awards at the Last Chapel and Commencement ceremonies.

They are:

Kara Duval, Class of 2010: Declamation Award.

Christopher J. Iredale, Class of 2007: The Bill Holbrook Memorial Arts Prize for Theater.

Ashley Milford, Class of 2007: The Bill Holbrook Memorial Arts Prize for Dance.

Alicia M. Hemenway, Class of 2007: The Peter Scott Cahall Science Prize, and the Dartmouth College Book Award.

Kevin Doo, Class of 2007: The Columbia College Book Award.

Brianna Allenc Casciello, Class of 2006: Tphoebe Lee Hosmer Prize for the Study of Hispanic Language and Culture, and the Walter and Prudence Abell Distinguished Service Award.

James Scott Neely, Class of 2006: Maurice R. Seymour Prize for Mathematics, and the Jotham B. Sewell Prize.

14 Residents Achieve Bentley Academic Honors

Fourteen Quincy residents attained academic achievement during the spring semester at Bentley College in Waltham.

They are:

President's List: Li Chen, Jocelyn Tsien Henc Chan and Hui Pan.

Dean's List: Tsz Lam, Huy Le, Jenny Chu, William Henderson, Fanny Lee, Cindy Chou, Joseph Starzyk, Jonathan Tam, Kelly Conlon, Nicole Chan and Michael Lynch.

MR. and MRS. W. ANDREW DAIGNEAU IV

Lesley Hart Wed To W. Andrew Daigneau IV

Leslie Hart and W. Andrew Daigneau IV, both of Moultonborough, were married recently by Rev. Roger Brown at Calvary Bible Church.

The bride is the daughter of Joseph and Nancy Hart of Moultonborough, and the bridegroom is the son of Wallace Daigneau of North Carolina, and the late Marguerite Lemay Daigneau.

Matron of Honor was Melissa Torressen, sister of the bride. Bridesmaids were Carolyn Ippolito and Renee Bertolino, and junior bridesmaid was Alysha Torressen.

Best Man was Christopher Clark. Ushers were Mark Daigneau and Gary Lemay, brothers of the groom. Steven Woodaman, nephew of the groom, was a junior usher. Abbey Hart, a niece of the bride, and Britney Pinker, a friend of the groom were flower girls. Andrew Torressen and Christian Hart, nephews of the bride, were ring bearers.

Mrs. Daigneau is a graduate of North Quincy High School, Plymouth State College, and is employed with the Moultonborough School District.

Mr. Daigneau is a graduate of Interlakes High School, New Hampshire Technical College, and is employed with the town of Moultonborough.

Reception was at the Margate on Lake Winnipesaukee in Laconia. After a wedding trip to the Florida Keys, they are making their home in Moultonborough.

Kristin Schneider Graduates Curry

Kristin B. Schneider, daughter of Mr. and Mrs. William R. Schneider of Quincy, recently graduated from Curry College in Milton with a degree in early childhood training.

MAUREEN and RICHARD MURPHY

Maureen, Richard Murphy Celebrate 40th Anniversary

Richard and Maureen Murphy of Quincy recently celebrated their 40th wedding anniversary.

Their five children and four grandchildren gifted them with a trip[in 2007 to Glasgow, Scotland, where Mrs. Murphy was born.

The Murphys were married June 18, 1966, in St. Ann's Church, Wollaston.

Mr. Murphy, a lifelong Quincy resident, is currently groundskeeper at St. Ann's Church while Mrs. Murphy is a retired teacher.

Their children are Brian of Weymouth, John and his wife, Erin, of Westminster, Colo.; Clare of Quincy; Paul and his wife, Carla, of Worcester; and Kevin of Quincy.

Fourteen Graduate Simmons College

Fourteen residents recently graduated from Simmons College in Boston.

They are: Nicole Morrissey, Diana Chow, Stacey Tarrant, Pamela Pitts, Rachel Horvath, Kara Lynch, Jessica Rosenthal, Leila Kocen, Sarah Curran, Diana Ainsley, Christina Friel, Kelly Mastroianni, Diane Costagliola, Kelly Bergeson.

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QUINCY HIGH SCHOOL recipients (seated) Lisa McKeon, Michael McPherson, Ashley Ryan, Benjamin MacDonald. Standing: Jack Raymer, Elks Scholarship Committee member; Candice MacLeod, William Gilcoine, Marissa Monaco and Principal Frank Santoro. Recipients Mark DeMelin, Daniel McCarthy and Wendy Szeto were unable to attend the presentations.

Quincy Sun photos/Robert Noble

Elks Present Over $22,000 In Scholarships To 42 High School Recipients

The Quincy Lodge of Elks presented more than $22,000 in scholarships to 42 high school graduates.

The awards were presented at the Elks annual scholarship awards banquet at the Elks lodge, Quarry St.

The recipients were selected for outstanding community involvement from high schools throughout the South Shore.

The recipients and their schools:

Quincy High School: Mark DeMelin, William Gilcoine, Benjamin MacDonald, Candice Macleod, Michael MacPherson, Daniel McCarthy, Lisa McKeon, Marissa Monaco, Jessica Page, Ashley Ryan, and Wendy Szeto.

North Quincy High School: Kimberly Allen, Stephanie Buscher, Andrew Donovan, Caroline Gillis, Kristen Keaney, Kitty Lei, Kayla Lenane, Richard Likas, Theresa Lynch, Kayla Martin, James Morrissey, Jacquelyn Mullen, Kevin Nee, Roberta Phelan, Lisa Rice, and Susan Sullivan.

Archbishop Williams High School: Megan Campbell, Benjamin Foley, Courtney Jago, Christine Kelley, and William Kelley.

Braintree High School: Courtney Alcott, James Ghiloni, and Kathleen Wood.

B.C. High School: Pierre New.

Catholic Memorial High School: Matthew McHugh.

Fontbonne Academy: Erin Noonan, and Jennifer Perchard.

Notre Dame Academy: Stephanie Tetreault.

Rockland High School: Kerri Welch.

Xaverzian Brothers: Zachary Stiffler.

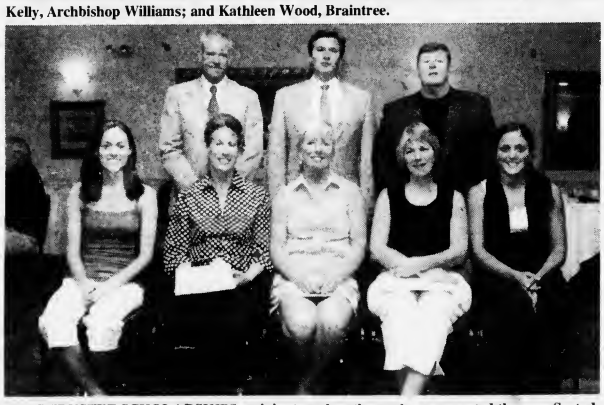
NORTH QUINCY HIGH SCHOOL recipients (seated) Andrew Donovan, Jacquelyn Mullen, James Morrissey, Kimberly Allen, Kevin Nee. Standing: Rep. Bruce Ayers, scholarship committee chairman; Principal Louis Ioanilli, Susan Sullivan, Roberta Phelan, Lisa Rice, Richard Likas, Daniel Coughlin, committee member. Recipients Stephanie Buscher, Caroline Gillis, Kitty Lei, Kayla Lenane, Theresa Lynch and Kayla Martin were unable to attend.

OTHER HIGH SCHOOLS recipients (seated) Stephanie Tetreault, Notre Dame Academy; Jennifer Perchard, Fontbonne Academy; Courtney Alcott, Braintree High School; Courtney Jago, Archbishop Williams; Meghan Campbell, Archbishop Williams. Standing: Committee member Jack Raymer, Matthew McHugh, Catholic Memorial; Zachary Stiffler, Xaverian Brothers, Dan Coughlin, committee member; Erin Noonan, Fontbonne; Rep. Bruce Ayers, committee chairman. Unable to attend, James Ghiloni, Braintree; Christine Kelley and William Kelly, Archbishop Williams; and Kathleen Wood, Braintree.

Catherine Ann Grindlay Suffolk University Graduate

Catherine Ann Grindlay graduated from Sawyer Business School of Suffolk University magna cum laude with a B.A. in science.

The daughter of William and Maureen Grindlay of Wollaston, she is a graduate of St. Ann's School and Archbishop Williams High School. She is an accountant for the United States government.



ELKS TRUSTEE SCHOLARSHIPS recipients and mothers who represented three — Seated: Kristen Keaney, North Quincy High School, the Thomas Buckley, III Scholarship; Sandra Joneck, mother of Pierre New, Boston College High School, recipient of the David McHugh Scholarship; Irene Foley, mother of Benjamin Foley, Archbishop Williams High School, recipient of the Karen Petrillo Scholarship; Kathy Welch, mother of Kerri Welch, Rockland High School, recipient of the William Harris Scholarship; and Jessica Page, Quincy High School, recipient of the William "Lefty" Raymer Scholarship. Standing: Daniel Coughlin, scholarship committee member; state Rep. Bruce Ayers, committee chairman; and Jack Raymer, committee member.

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38 Graduate Sacred Heart School

Katherine Hunter, principal of Sacred Heart School, North Quincy, announces 38 students are members of the graduating Class of 2006.

These students will be continuing their education at both private and public high schools in the area. Students will be attending Fontbonne Academy, Boston College High School, Archbishop Williams High School, Catholic Memorial High School, Dom Savio Prep, Notre Dame Academy, Quincy and North Quincy High School, Milton High School and Norfolk Agricultural High School.

The graduates are:

Stephanie Ayers, Andrew Beaton, Kelley Benjamin, Kansky Benoit, Patrick Burton, Danielle Burton, Anthony Campisi, Shawn Clancy, Christopher Conley, Michelle Connolly, Kathryn Delger, Nicole Eades, Jillian Flaherty, Samantha Foulsham, Meaghan Garland, Lauren Gendreau, Amanda Glennon, Leeanne Glynn, Mark Glynn, Emily Hannon, Danielle Healy, Edi Hoxholli, Eric Jensen, Melany King, Caitlin King, Mitchara Labady, Brian LaPorte, Dennis Liang, Angelica Luy, Kaycee Mark, Kelli McGuinness, Annie Nguyen, Juclaubern Osias, Brandon Pierce, Danielle Shea, Michael Wong, Victor Wu, Leanne Young.

The following awards were presented to the students at graduation:

The President's Award for Educational Excellence: Andrew Beaton, Emily Hannon, Danielle Shea and Victor Wu.

The President's Award for Educational Achievement: Edi Hoxhalli.

Perfect Attendance Award (*Grades 1 – 8*): Jillian Flaherty.

Perfect Attendance Award (*Grades 7 – 8*): Annie Nguyen and Kaycee Mark.

Edward Battles Award: Stephanie Ayers and Edi Hoxhalli.

Charles F. Gallagher Award: Christopher Conley.

Father Thomas Garrett Award: Danielle Burton, Patrick Burton, Jillian Flaherty and Michael Wong.

James M. Gibbons Award: Brian LaPorte.

William Moore Award: Eric Jensen.

Capt. John and Joseph Salenius Award: Danielle Shea.

Suzanne Sheehy Award: Danielle Healy.

Sister Honorius Award: Amanda Glennon.

Sisters of Saint Joseph Award: Mitchara Labady.

Pauline Donovan Award: Emily Hannon and Dennis Liang.

Donovan Family Award in Honor of Charles Jr., Mark and Michael Donovan: Shawn Clancy.

Catholic Women's Club Monsignor Richard J. Hawko Award: Andrew Beaton and Samantha Foulsham.

LITTLE WILLOWS PRESCHOOL Class of 2006 recently held a graduation ceremony. Sitting, from left: Jennifer Zeng, Kevin Gallagher, Sydney Taylor, Evan Dyer, Joy Dewar, Olivia Pagliarulo (absent), Katiejane Molloy, Stephen DeBisschop. Second row: Ryan Kelson, Christopher Anchan, Jake O'Brien, Michael Anchan, Julia McQuaid, Eric Hellmuth, Joey Solari-Howard, Adam Tlacoxolal. Back row: teacher Lisa Inglis, aides Sheila O'Shea Resto and Alisha Cronin, and teacher Jen Herring.

QPAC Sets Two Dates For Summer Meetings

The Quincy Parent Advisory Council (QPAC), an organization of parents with special needs children, will hold its monthly meeting Tuesday, July 11, from 7 to 9 p.m. in the Lincoln Hancock School cafeteria.

A parent volunteer will be available from 6:30 to 7 p.m. to speak to parents who have specific questions regarding their children.

The next meeting will take up the subject of mediation and is scheduled for Tuesday, Aug. 8, from 7 to 9 p.m., also in the cafeteria of the Lincoln Hancock School.

Mediation is an informal process which allows school districts and parents to have a facilitated conversation about issues involving their special needs children.

The Bureau of Special Education Appeals will make the presentation to assist parents to understand the mediation process.

RSVP to Andrea White at 617-479-8776 by Aug. 3. The RSVP is important in making sure the Bureau of Special Education brings enough information to the seminar.

Questions can be answered by contacting Jacky Sullivan, QPAC president, at 617-472-2319.

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Moses Lynn Graduates Army Combat Training

Army Pvt. Moses S. Lynn, a Quincy native, recently graduated from basic combat training at Fort Jackson, Columbia, S.C.

During the nine weeks of training, Lynn studied the Army mission, history, tradition and core values, physical fitness, and received instruction and practice in basic combat skills, military weapons, chemical warfare and bayonet training, drill and ceremony, marching, rifle marksmanship, armed and unarmed combat, map reading, field tactics, military courtesy, military justice system, basic first aid, foot marches, and field training exercises.

A 2004 graduate of Quincy High School, he is the son of Thomas and Susan Lynn of Bicknell St., Quincy.

Vision Deprived Meet To Learn New Skills

Seniors and others with limited vision meet twice a week Tuesdays and Fridays at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., to learn new skills from each other.

For more information, call the Council on Aging at 617-376-1506.

CRAIG AVENUE house was rendered unlivable after explosion by cleaning chemicals a week ago. *Quincy Sun photo/Noreen O'Shea*

14 Residents On Thayer Honor Roll

Thayer Academy has announced 14 residents on the honor roll.

They are:

Grade 9: Kendra L. Cahill, honors 3rd term; Emily M. Rooney, freshman, honors 3rd term and honors 2nd semester; Victor L. Zhu, honors 3rd term and honors 2nd semester.

Grade 10: Uyen N. Truong, honors 3rd term and honors 2nd semester.

Grade 11: Devin M. Cahill, honors for 3rd term and 2nd semester; Stephanie Carlson Flynn, honors 3rd term and 2nd semester; Kevin Doo, high honors 3rd term, high honors 2nd semester; Alicia M. Hemenway, high honors 3rd term and high honors 2nd semester; Christopher J. Iredale, high honors 3rd term and honors 2nd semester; Ashley A. Milford, honors 3rd term, honors 2nd semester.

Grade 12: Brianna A. Casciello, high honors 3rd term and high honors 2nd semester; James S. Neely, high honors 3rd term and high honors 2nd semester; Erin M. Thomas, high honors 3rd term and honors 2nd semester.

Two From Quincy On Dean's List

Two students from Quincy are on the dean's list for the spring term at Franklin Pierce College in Rindge, N.H.

Michael Feetham is majoring in accounting/finance and Lisa Zizza is majoring in graphic communication.

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11 Residents Graduate Legion Boys, Girls State Programs

Eleven Quincy students graduated from the recent Boys and Girls State programs of the American Legion and its Women's Auxiliary.

Boys State graduates are Joshua Berry of Quincy High School, and Peter Cai, Louis Chin, Alexander Chen, Jack Leung, Kenny Lok, George Zhang, Andrew Hsia, Jonathan Tan and Danny Sok, all of North Quincy High School.

Autumn Oster of North Quincy High graduated from Girls State.

Nearly 400 high school juniors from across the state graduated from the Boys State program held at Stonehill College in North Easton.

A volunteer staff of Legionnaires and former Boys State graduates conduct the week-long program each year.

The program teaches rudiments of town, city and state government. Attendees learn how to run a campaign and the process of election. Mock Campaigns and elections are held to elect two U.S. senators, governor, lieutenant governor, secretary of state, attorney general, treasurer and auditors. The two candidates elected for senate will travel to Boys Nation in Washington, D.C., in July.

Boys State was established in 1944 in Massachusetts by the American Legion and is now sponsored in 50 of the 52 states.

An equal opportunity for high school junior girls is offered by the Women's Auxiliary at Girls State and Girls Nation.

Wendy Lee Eng of Quincy, acting Boys/Girls State chair for American Legion Post 95, helped raise more than $3,950 from sponsors such as the Quincy Firefighters Union, Quincy Municipal Credit Union, Sen. Mike Morrissey, Quincy City Councillors Joe Finn, Kevin Coughlin and Jay Davis, and American Legion Post 95 members to send the following candidates to the programs.

For more information on the Boys State program, contact Wendy Lee Eng at WendyEng95@yahoo.com.

FR. JOHN O'BRIEN was honored recently with his own appreciation day at Sacred Heart School. Joining in the celebration (from left) are: Mrs. Katherine Hunder and students Aiden Brown, Matt Licari, Molly Glynn, and Abigail Yotts.

'Father O'Brien Appreciation Day' At Sacred Heart School

Wednesday, June 7 was declared "Father John O'Brien Appreciation Day" at Sacred Heart School.

Fr. O'Brien, the pastor of Sacred Heart Parish, was presented with cards made by all the students. He was also honored with an entire bulletin board on the first floor.

The first grade students wrote what they admired about him (one liked to hear his stories about his sister, another thought he always dressed really nice).

There were also pictures of Fr. O'Brien at all the school events. He was presented with a green wind breaker jacket with the school's new logo on it.

Principal Katherine Hunter said the support and concern Fr. O'Brien has displayed for all the students and the entire school community was the reason he was being honored in this way.

Fr. O'Brien was quite surprised and pleased at being so honored. He said it was a pleasure to work with the entire faculty and staff at Sacred Heart School and he is looking forward to another great year next year.

Three Residents Springfield Grads

Three Quincy residents have recently graduated from Springfield College.

They are Thomas Shruhan, Miranda Parker and Marjan Miri.

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WEEK 2: 7/3	THEATER ARTS / PUPPETS -	Make puppets, Puppet Designs, Performances, Live Theater
WEEK 3: 7/10	CAMPING FUN -	Tents, Camp Fire Songs, S'mores and more! Visit the Hummock (Historic "Camp Ground")
WEEK 4: 7/17	AMAZING ADVENTURES -	Maps & Exploring, Pirate Day, Treasure Hunt, Wizard Day, Safari Day, Camping Day, Water Outside Adventures, Archeological "Digs"
WEEK 5: 7/24	EXPLORE THE BAY- and BEYOND	Nature walks to the Hummock, Beach, and Marsh. An exploration of plants, animals, and tidal pools.
WEEK 6: 7/31	COLOR MY WORLD -	Art in Nature, Tie Die T-Shirts, Outside Nature Sketching, Fence Painting, Outdoor Collage. We'll be painting in a variety of ways.
WEEK 7: 8/7	SAND, SUN, & FUN -	Study Marine life. Make mini sand castles, Picnic at the Beach
WEEK 8: 8/14	COOL & CRAZY CRAFTS -	Full week of creative art: Gimp, Jewelry, Picture Frames, Sewing, Plastic Grids and Bracelets! This is a full week of sculptures and creativity.
WEEK 9: 8/21	TREE-MENDOUS -	Roots to tree tops. Learn to tell the age of trees, what trees need to grow, what is the importance of trees.
WEEK 10: 8/28	SHORELINE CRITTERS -	Fun at the Hummock and the Beach. Look at the tidal pools and see what the ocean has left.

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10 Residents Receive Awards At Fontbonne Academy Mass, Ceremony

Ten students from Quincy were among the members of the Class of 2006 at Fontbonne Academy who were recently recognized at the school's annual Baccalaureate Mass and Award Ceremony.

Students, surrounded by family and friends, assembled in prayer and thanksgiving, and to be recognized for their achievements.

Among those recognized were several young women from Quincy who received academic, leadership, athletic and attendance awards.

Quincy resident Erin Cain served as the Baccalaureate speaker. Cain was nominated by her peers to reflect on the past four years at Fontbonne and offer insight to her fellow classmates.

In her address, Cain spoke about the wisdom that comes from experience. She likened the travel through her four years at Fontbonne Academy to the trek up the hill that connects lower campus to upper campus. She described how at first this path is just a means to get to class and home to awkward social interactions, but how soon a feeling of comfort is instilled.

Through experiences and time spent together at Fontbonne, Cain spoke about how she and her fellow classmates drew closer together in common bonds of friendship and understanding.

"We have all had our own personal losses, gains, tears, and laughs," Cain said, "but the fact of the matter is we all walked together, everyday through it all . . . I would not have wanted to walk up that hill with any other girls for these four years.

"It's an honor to have walked side by side [with all of you]."

She concluded with thanks for her classmates, family and the Fontbonne Academy faculty and staff.

"I'm blessed to have gone to such a unique and fulfilling school such as Fontbonne Academy."

Academic, Leadership, Athletic, and Attendance Awards were presented to the following Quincy residents:

Academic Awards

Lauren Austin: Dedication to Select Chorus; Juliana Eagles: Magna Cum Laude — National Latin Exam; Lauren Quinn: Magna Cum Laude — National Latin Exam; Catherine Bulka: Magna Cum Laude — National Latin Exam; Nicole Bulka: Excellence in Instrumental Ensemble.

Leadership Awards

Lauren Austin: Dedication and Commitment to the Good Fountain Players; Nina Liang: Leadership for the Association of Diversity in Action.

Athletic Awards

Juliana Eagles: The Outstanding Career Achievement Award; Kelsey Finn: The Outstanding Leadership in Athletics Award; Christine Foley: The Scholar Athlete Award.

Perfect Attendance Award 2005-2006:

Mary Flaherty, Nina Liang and Kaitlin McGrath.

Fontbonne Academy, a ministry of the Sisters of St. Joseph of Boston, is a Catholic, college-preparatory high school for young women.

ERIN CAIN of Quincy was the Baccalaureate Speaker at Fontbonne Academy this year. Her heartfelt address received a standing ovation.

QUINCY RESIDENT Lauren Austin, right, sang with the Fontbonne Academy Select Chorus during the candlelighting ceremony portion of the school's Baccalaureate Mass. Austin also received an award for Dedication to Select Chorus.

FONTBONNE SENIOR Jessica Ho of Quincy, left, shares a laugh with her mother during Fontbonne Academy's Baccalaureate Mass and Awards Ceremony.

Civil War Roundtable At Beechwood July 12

A "Civil War Roundtable" for the July Current Events Breakfast at Beechwood On the Bay will convene Wednesday, July 12 at 9 a.m. at the center.

Chuck Fazio, a long time Civil War enthusiast, will give a presentation on Civil War weapons. He is currently the Adjutant of the Wollaston Post 295. The Post meets at Beechwood each month. He is also a member of the company of Military Historians.

Participants are invited to bring Civil War memorabilia for discussion and/or identification purposes. Options include uniforms, medals, documents, citations, awards and letters. Fazio will also have memorabilia available.

To reserve a seat and for more information about the Beechwood Community Life Center, call Coordinator Maryann Mahony at 617-471-5712.

Foxwood Trip For Seniors

The Council on Aging is offering seniors a trip to the Foxwood casinos in Connecticut Thursday, July 6, with the bus leaving Marina Bay promptly at 8 a.m.

The cost is $25 per person.

For further information, call 617-376-1508.

Free Legal Clinics In July, August

The Bar Association of Norfolk County will sponsor free legal clinics Tuesdays July 18 and Aug. 15, from 6 to 8 p.m. at Quincy District Court, One Dennis Ryan Parkway.

Attorneys will be available for private one-on-one consultations. No appointment is necessary.

For further information, call Adrienne Clarke, executive director, at 617-471-9691.

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Real Estate

Homebuyer Workshop Begins July 24

Neighborhood Housing Services of the South Shore, in conjunction with Citizens Bank, will host a First-Time Homebuyer Workshop July 24 from 6 to 8 p.m. and July 29 from 9 a.m. to 4 p.m.

They will be held at Citizens Bank, 1200 Hancock St., Quincy. Attendance at both workshops is mandatory to receive a homebuying certificate.

All potential first-time homebuyers are encouraged to attend. Participants will have the opportunity to be pre-qualified by a lender at the workshop.

Topics covered include mortgage options, legal aspects of the homebuying process, how a home inspection works and other presentations from real estate professionals.

Participants must complete the workshop to qualify for grant programs.

There is a $15 fee per person. There will be refreshments and free gifts. Call 617-770-2227, ext. 31, or visit www.neighborhoodhousing.org.

High-Velocity Air Conditioning

(NAPS) Chill out. Even in an older home, people don't have to resign themselves to living without the comforts of central air conditioning. A new technology called high-velocity air-conditioning can be added to almost any home, even those without existing ductwork.

How It Works

Also known as "mini-duct" systems, high-velocity air conditioning typically uses an outdoor compressor to cool the air, combined with a high-pressure blower (usually mounted in the attic).

Instead of bulky metal ductwork, this technology, developed by Space Pack, uses flexible tubing only two inches in diameter. The insulated tubes can be threaded behind walls or inside closets without damaging sheetrock or plaster. This makes the system much quieter than air-conditioning through traditional metal ductwork.

A mini-duct system also dehumidifies the air more effectively. The high-pressure blower compresses the air and allows it to be in contact with the cooling coils longer, which reduces the temperature and removes more humidity.

It's All Central

Actually, "high-velocity" and "mini-duct" systems are just different names for the same type of super-efficient and comfortable central air-conditioning systems. These systems are very quiet, distribute the cool air evenly throughout the house, and dehumidify effectively.

The words "high velocity" and "pressure" may give the impression that these systems are noisy, but actually they are barely audible, and there is no air flow sound at the tiny outlets.

In two-story houses, the mini-ducts are run down from the attic through the corners of the closets or inside walls to the first floor. In a single-story house, the entire system is located in the attic with outlets in the ceiling below.

Space Pack's mini-duct systems use ordinary, high-efficiency, outdoor air-conditioning compressor units. With this mini-duct system, cool air blows out from tiny two-inch openings in the ceiling or high on the walls. The outlets are barely noticeable when they are painted the same color as the room. For a decorative look, natural wood outlets are available.

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Real Estate

Cool Ways To Save On Hot New Kitchen Looks

(NAPS) The age-old obsession with status symbols has found a welcome home in the kitchen, which is now a hotbed for name-brand appliances, luxury materials and custom work. No matter the budget, making a kitchen look like a million is all in the know-how.

To that end, consider this list of today's most popular kitchen status symbols and the snazziest alternatives.

Countertops. Real stone is the belle of the ball, with pricey granite reigning supreme. While granite is too rich for many budgets, new WilsonartHD high definition laminate is not. Complex layers of color and the high definition technology, which combines high performance and optics, create the crisp, elegant dimension of natural stone. The subtle, tactile nature of the finish gives it the feel of real stone. There are three WilsonartHD series to choose from: Bella, Sedona and Deepstar.

Cabinetry. Custom cabinets steal the show, and the budget. To get the same look for less, install oversized crown molding on top of stock cabinets to make them "pop." Also, get creative with the layout. For example, don't place all cabinets flush against the wall. Instead, bring the cabinets above the sink and stove out a few inches from the wall.

Appliances. High-end name-brand appliances are derigueur in some kitchens. Fortunately, many affordable lines offer similar looks and performance. Doubling up on less costly appliances is another way to achieve a high status look. For example, kitchens with two sinks or two refrigerators say luxury and can still be had at half the price of a single name-brand model.

Sinks. For those who don't have $1,500 to spend on a trendy oversized farmstyle sink, consider a commercial one. Many manufacturers produce lines for a range of commercial applications that suit individual needs for a fraction of the price.

Hardware. Highly popular glass or decorative nickel knobs and pulls can run as much as $16 apiece. For a look with impact that's easy on the wallet, consider oversized hardware: eight to 12 inches long as opposed to the standard four to five inches.

To learn more, call 800-433-3222 or visit www.countertop.com.

Dana Schatzl Named Top Agent At Century 21 Network/Richmond

DANA SCHATZL

Dana Schatzl, a real estate agent at Century 21 Network/ Richmond Associates, has been named the top agent through June of this year.

"Century 21 Network is pleased to recognize Dana with this honor. He is a leader and innovator, empowering local homebuyers and sellers with valuable information, helping them to make informed real estate decisions," said Stephen Richmond, broker/owner of Century 21 Network/ Richmond Associates.

Schatzl, with 18 years of experience in real estate industry, has been with the Century 21 System for more than 10 years.

Gardening Shed Essentials

By REBECCA KOLLS

(NAPS) The right tool can help make any job easier and the garden is no exception.

Here are some essential items that I keep in my garden shed:

• **Gardener's First-Aid Kit:** The most important thing in my shed is my first aid kit for common garden emergencies including sunburn, bug bites, cuts, and poison ivy, oak or sumac. Every gardener I know dreads poison ivy because the itch can last for weeks. A tiny brush against one of these plants can cause a whole lot of itch, but it doesn't have to with the help of one of my favorite products, CORTAID Poison Ivy Care Treatment Kit. It can be used to defend against an outbreak, help prevent spreading and treat an itchy reaction.

• **Gardening Gloves:** While I believe in getting my hands dirty, nothing beats a great pair of high-quality leather gardening gloves. The right gloves can protect hands from thorns, an unexpected bee or spider, sharp twigs or sticks and blistering.

• **Shovels/Spade & Towel:** A good shovel is the difference between making your garden work easier and giving you a backache. Look for one with a long handle (to take pressure off of your back) and flat ledge, which creates a surface for your foot. A towel is a must. Find one with a wide, curved blade that fits comfortably in your hand.

• **Pruners:** Pruning, deadheading (picking the dead flowers off of plants) and trimming plants goes on all year long. Look for "bypass" pruners that make a clean cut on the plant without crushing or tearing it.

• **Wheelbarrows and Carts:** Toting things around the garden can become a chore. Save yourself a backache and find a lightweight yet sturdy and steady cart to help with heavy work.

• **Watering Essentials:** A good hose has a 58-inch opening, is reinforced with a mesh layer and is kink resistant. It should handle 50 pounds per square inch of water pressure. Cost usually reflects quality, so spend the extra. For areas your hose can't reach, invest in a sturdy watering can.

With tools like these, gardening will truly be a pleasure, so get out there and "Get Your Hands Dirty."

Rebecca Kolls, a master gardener, is host of HGTV's nationally syndicated gardening series "Rebecca's Garden."

JAYNE MAGOWN

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Sports

Quincy Edges Braintree For First Win

LEGION BASEBALL

By CHRIS POISSON

In what has been a long and trying season, the Quincy American Legion baseball team finally ended a ball game with a celebration.

After starting the season by dropping its first 10 games, Quincy broke into the win column last Friday with a thrilling, 5-4 victory at second-place Braintree in District 6 East action. It also marked the first win over them in five years.

"It was an exciting game," said coach Lenny Seitz. "It came down to the final pitch. It was one of the better games of the year. It was a great thing for the kids. They ended up carrying me off the field."

Quincy (1-11), which followed the win with an 11-4 loss to Stoughton Sunday, faced city rival Morrisette Monday, played an exhibition game against a team from Brooklyn (N.Y.) Tuesday and met Holbrook Wednesday.

It will host Milton today (Thursday) at 5 p.m. at Adams Field and travel to Canton Friday and to Weymouth this Sunday before ending the season next Monday against Braintree.

Quincy broke out on top in the second inning with a run. Tom Conley walked, Steve Kussman singled and Jay Lewis lined a single to left field to plate Conley.

In the bottom half, Quincy extinguished a Braintree rally when its co-captains came through defensively. Second baseman John Fitzgerald and shortstop Drew Loud executed a timely, inning-ending double play. The veteran combination turned a league record 21 twin-killings last season.

Braintree scored the equalizer in the third inning before Quincy responded with three runs in the fifth for a 4-1 advantage.

After Quincy loaded the bases when Doug Melanson walked, Loud singled and Kevin Bossart walked, Conley crushed a bases-clearing double, narrowly missing a home run.

In the sixth, Lewis led off with a single, moved to second on Steve Matos' fielder's choice, advanced to third on Matt Jaehnig's bunt single and scored on Melanson's sacrifice fly to center field for a 5-1 advantage.

Braintree trimmed the lead to one by scoring three times in the sixth and threatened in the seventh when it had the tying and go-ahead runs in scoring position with two outs.

Jared Kenney closed the game for starter Dean Sandonato (four strikeouts), giving up a hard, one-hop ground ball that Fitzgerald grabbed by ranging far to his left and threw just in time to get the runner at first base.

DUNKIN' DONUTS recently hosted children from the Germantown Neighborhood Center at the Revolution - Dallas match. The children and chaperones received tickets in the Dunkin' Donuts "KidZone" at Gillette Stadium. Enjoying the game are (front row from left) Alyssa Brolin, Cheryl Brolin, Jon Brolin, David Brolin Jr., David Brolin Sr. of Quincy. Back row (from left): Anne Dogon, Nathaniel Dogon, James Kenney and Mark Kucal of Quincy. The "Dunkin' Donuts KidZone" is a special seating section at Gillette Stadium in which Dunkin' Donuts hosts youth and children from charitable organizations at every New England Revolution game. The "KidZone" is part of a broad community outreach initiative, the mission of which is to provide tickets to children who might otherwise not have access to area sporting events and family shows.

Senior Babe Ruth Highlights

Wollaston I Splits, Wollaston II Drops 2 Of 3

In Senior Babe Ruth baseball action, Wollaston I split its two games last week to bring its record to 2-4.

Joe Griffin tossed a two-hit shutout in a 4-0 victory over Hanover last Thursday. He struck out seven and walked none on 89 pitches.

John Orlando, Zach Stifler, Mike Crifo and Phi Nguyen each had a hit while Orlando made several great plays in the field.

Last Tuesday, Wollaston I dropped a 7-2 decision to Marshfield. Paul Doolan and Wendell Cosgrove drove in the runs.

Wollaston II lost two of three games at the end of June to drop its record to 2-3.

On June 20, it edged Braintree II, 9-7, in eight innings as Dave Regan (three hits) knocked in the go-ahead run with a single. Brendan Carnell added two hits. Pitcher Matt Edgerly picked up the win, allowing one hit in three shutout innings.

On June 27, Wollaston II fell behind, 6-0, before battling back to lose, 6-4. Regan and Dave Griffin each had two hits and an RBI. Carnell and Rob DeAngelis also had RBI hits.

On June 29, Wollaston II fell to Marshfield, 3-1, despite a fine pitching effort by Edgerly, who gave up only four hits. Regan (RBI) and Carnell had two hits apiece.

Morrisette's Offense Sparks Three Wins

The Morrisette American Legion baseball team celebrated the Fourth of July weekend with fireworks of its own.

Mired in a three-game losing skid, Morrisette erupted with a 10-0 shutout over Stoughton last Friday, a 17-3 rout of Holbrook last Saturday and an 8-1 triumph over Cohasset Sunday.

Morrisette (7-4), which battled cross-town rival Quincy Monday, will travel to Braintree today (Thursday) and host Weymouth Friday at 8 p.m.

The victory over Cohasset moved Morrisette out of a tie and two points ahead of them in the Division 6 East standings.

Matt Haskins picked up the win, limiting them to a pair of hits and an unearned run while striking out five. Spark plug Brandon Ranalli led the offense by going 4-for-4 with five stolen bases, two runs scored and three RBI.

Morrisette took a 2-0 lead in the first inning on Chris Boyd's RBI double and Ray Marchand's RBI single.

Cohasset scored its lone run in the bottom half when a runner on third with the bases loaded crossed the plate on an errant pick-off throw to first.

Morrisette came right back with two more runs in the second on Ranalli's RBI single and Marchand's sacrifice fly.

In the fourth, Steve Connolly reached on a fielder's choice, stole second and scored on Ranalli's single for a 5-0 lead. Mike Burke stroked a two-run single in the fifth and Ranalli added another RBI single in the sixth to close out the scoring.

Against Holbrook, Brian Sullivan notched the win, giving up two earned runs on six hits in a complete-game outing.

Morrisette grabbed a 3-0 lead in the first on RBI singles by Marchand, Brian Sullivan and Joe Garland.

After Holbrook scored a run in the second, Morrisette hammered them in the fourth inning with a 10-run outburst, highlighted by Marchand's RBI double and RBI single. Boyd added an RBI single, Steve Sullivan a two-run double, Brian Sullivan an RBI double and Joe Lousararian knocked in a run.

In the fifth, Burke had an RBI single for a 14-1 cushion before Holbrook pushed across a pair of runs in the bottom half. In the sixth, Marchand blasted a two-run triple and scored the final run on an error.

In the Stoughton game, Connolly tossed a gem, yielding just two hits and a walk while fanning eight in a 79-pitch effort.

Again Morrisette jumped out to a first-inning lead on Steve Sullivan's RBI double and Burke's two-run single.

In the third, Morrisette put the game out of reach with four runs. Marchand tripled and scored on Steve Sullivan's double. Brian Sullivan reached on an outfield error, allowing Steve Sullivan to score. After Burke reached on an error, Connolly ripped a two-run double.

Steve Sullivan cracked an RBI triple and scored on a wild pitch in the sixth and Garland had an RBI single in the seventh to account for the final score.

By CHRIS POISSON

Playground Program Underway

The Quincy Recreation Department's summer playground program got underway yesteday (Wednesday) at 19 locations with supervised activities for boys and girls ages 6 to 16.

The playgrounds are open from 8:30 a.m. to 1:30 p.m., Monday through Friday, weather permitting.

The free program includes active games and sports as well as arts and crafts and weekly sports competitions. There are special events and weekly field trips to local attractions.

In addition to the high school and college staff who are assigned to each playground, a sports specialist and arts and crafts specialist visit each location in a regular rotation.

Registration is done at the playground and continues throughout the summer to accommodate youngsters who may return from vacation or summer school programs. Participants must be Quincy residents, and may attend the program of their choice.

The locations are: Faxon Park, Kincaide, Adams Park/Bradford Street, O'Rourke, Forbes Hill, Wollaston School grounds, Perkins Field, Heron Road/Boyson Park, Palmer Park, LaBrecque, Fore River Field, Great Hill/Chapel, Squantum, Montclair/Bishop, Fenno Street, Cavanaugh Field, Mass Fields, Beechwood Knoll School grounds.

The playgrounds will be staffed until Tuesday, Aug. 15.

For more information, call the Quincy Recreation Department at 617-376-1394.

Sports Physicals For Fall Sports Schedule

Quincy Public Schools announces its summer schedule for sports physicals for the fall season:

- Aug. 4: 8:30 a.m. to noon, North Quincy High School.
- Aug. 11: 8:30 a.m. to noon, Quincy High School.
- Aug. 18: 8:30 a.m. to noon, North Quincy.
- Aug. 25: 8:30 a.m. to noon, Quincy.
- Aug. 31: 8:30 a.m. to noon, Quincy.

You Auto Know

by Bill Starkie and Kevin McGroarty

TACKLING A TRANSMISSION

If your vehicle is equipped with an automatic transmission, be advised that abuse and negligence can lead to costly repairs. With this in mind, maintain the transmission fluid at the proper level, and note any burnt odor or off-color. One of the first signs of trouble is delayed engagement, which occurs when there is a longer-than-normal delay between the shift from Park into Drive. There should also be a smooth shift without delay from Park into Reverse. If there is a jerk or a longish delay, the transmission should be checked by a technician. Also, take note of anything less than smooth transitions through the forward gears. Generally speaking, the quicker you address transmission problems, the less costly the repair.

Does your transmission show any signs of the mentioned signs of fatigue? If so please consult an automotive expert at LEO & WALT'S SUNOCO as soon as possible. Transmissions don't fix themselves, and it can be difficult to assess a problem. Entrust your car to us. We are located at 258 Quincy Ave., East Braintree, where we have expert mechanics to service your vehicle. Questions? Call 781-843-1550. "A Place Where Your Car Can Live Longer."

HINT: If there is a persistent red fluid leak under your vehicle, have the transmission and power-steering system checked.

Leo & Walt's Sunoco
258 QUINCY AVE., E. BRAINTREE
781-843-1550

Everyone's A Winner At Quincy Special Olympics

THE DEPARTMENT OF Special Education at Quincy Public Schools recently held its Special Olympics at Pageant Field. The intensive special needs class at the Wollaston School received medals. First row, from left: Jason Soo Loo, Anthony Tang, Andrew Tang, Perry Suarez, Vannessa Cucin. Second row: Ramond Mei, Jimmy Peterson, Christopher Bently, Galen Tan, Dexter Tan, Joseph Mulkerrins. Back row: Jay O'Brien, Special Olympics associate section director, and Judy Todd, director of Special Education, Quincy Public Schools.

CARINA PAGAN tosses at football at a target.

MATTHEW COCHORANE follows through after throwing the javelin with volunteer Leah MacPhearson looking on.

Quincy Sun Photos/Robert Noble

RYAN TIMCOE competes in the softball throw.

DANIEL BRENNAN takes off in the running the bases event.

SCOTT EVYU leaps over the bar in the high jump.

VICTORIA CLIFFORD takes flight in the high jump.

QUINCY KIWANIS members Jean McCarty (left) and Michelle Stenberg work the grill as the Quincy Kiwanis Club provided lunch for the third straight year.

Men's Slowpitch Softball

Here are the standings of the Quincy Men's Slowpitch Softball League through June 26:

A DIVISION

Fatman's Cafe.....11-1
Hancock Tavern.....13-2
Granite Rail.....7-5
Harry's Carpet One.....6-6
Goal Post Pirates.....2-10

Notes: Fatman's Cafe avenged its only loss to Hancock Tavern with a win of its own and has regained first place . . . Granite Rail, led by Dave MacPhee, continues to improve as the season goes on.

B DIVISION

Cagney's.....10-3
Yellow Cab.....7-5
Moose Lodge.....8-8
Gold's Gym.....7-7
Jeff's Smoke Shop.....3-10

Notes: Cagney's continues to play good ball while Yellow Cab, led by Wayne McCulley, and Moose Lodge, led by Bill Gile, are making a mid-season charge . . . Gold's Gym, led by Michael Goldstein, continues to be much improved over last season's performances.

C DIVISION

Iscribe, Ltd.....7-4
Malachy's.....6-8
Local 792.....4-10
Quincy Pirates.....3-9
Comm. Vending.....2-8

Notes: Iscribe, led by Luke Dwyer, seems to have the speed advantage in the C Division while Malachy's core unit, led by Phil Brown, is made up of returning players.

INVITATION TO BID **INVITATION TO BID**

INVITATION TO BID

CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK STREET, QUINCY, MA 02169

The City of Quincy invites sealed bids/proposals for furnishing and delivering to the City of Quincy:

BUILDING MAINTENANCE **RE-ROOF PROJECT AT QUINCY POLICE STATION** **JULY 28, 2006 @ 11:00 A.M.**

A pre-bid conference will be held at the Quincy Police Station, 1 Sea St., Quincy, MA on July 24, 2006 at 10:00 a.m.

Detailed specifications are on file at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30AM and 4:30PM.

Bids must state exceptions, if any, the delivery date and any allowable discounts. Bids/Proposals must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked **"BID ENCLOSED"** with time/date of bid call.

Firm bid prices will be given first consideration. Bids/Proposals will be received at the office of Purchasing Agent until the time and date stated above, at which time and date they will be publicly opened and read. Late Bids/Proposals, delivered by mail or in person, will be rejected.

If applicable, bids shall be in accordance with M.G.L. Chapter 30B, Chapter 149 as amended, and Chapter 30, Sections 39A, 39B, and 39F-R.

The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informalities in the bidding if it is in the best interest of the City to do so.

William J. Phelan, MAYOR
Laurie M. Allen, PURCHASING AGENT

QUINCY POLICE HOT SPOTS

QUINCY POLICE STATISTICS: June 23 - June 29
Total Calls for Service: **1629**
Total Arrests: **35**
Total Stolen Cars: **6**

FRIDAY, JUNE 23

BREAKING AND ENTERING/ATTEMPT, 4:46 a.m., Rags Tavern, 375 Washington St. Business. Building secure. Prey marks present on front door. Unable to determine if they are new or old.

LARCENY, 3:38 p.m., 80 Furnace Brook Parkway. By check.

BREAKING AND ENTERING/PAST, 6:34 p.m., 18 Plymouth St. Dwelling. Entry made (no sign of force), binoculars stolen.

VANDALISM/PROPERTY, 9:16 p.m., 264 Newbury Ave. Broken window. Group of youths shot a BB through their porch window.

SATURDAY, JUNE 24

BREAKING AND ENTERING/ATTEMPT, 12:57 a.m., 33 Clarendon St. Vehicle. White male, 5'6", black t-shirt, short hair. Party was seen rummaging through car but nothing was missing.

VANDALISM/PROPERTY, 1 a.m., 245 Newbury Ave. Paintball. Suspect vehicle is a dark blue truck. Gone on arrival.

BREAKING AND ENTERING/PAST, 10:57 a.m., 575 Sea St. Dwelling. Happened yesterday.

LARCENY/MOTOR VEHICLE, 11:19 a.m., 132 Clay St. Past. 2002 Jeep Wrangler, color gray.

LARCENY, 11:51 a.m., Quincy Medical Center, 114 Whitwell St. Medication.

VANDALISM/PROPERTY, 12:37 p.m., 266 Newbury Ave. To windows. Caller states windows on the first floor were smashed out.

BREAKING AND ENTERING/PAST, 1:53 p.m., 70 Bigelow St. Caller states motor vehicle was broken into.

LARCENY, 4:31 p.m., Morgan Memorial Goodwill, 625 Southern Artery. Wallet.

VANDALISM/PROPERTY, 7:16 p.m., TJ Maxx, 100 Granite St. Spray paint on side of building.

ARMED ROBBERY, 10:35 p.m., Star Market, 130 Granite St. Wallet. Stated he had a gun. White male wearing green pants, white shirt, baseball cap, he ran on foot towards Granite St. 5'10, 180 lbs., short hair.

VANDALISM/PROPERTY, 11:18 p.m., 77 Edgewater Dr. Car window. Youths just smashed neighbor's car window. Youths went to beach area. Four black males. Spoke with caller, no broken windows.

SUNDAY, JUNE 25

BREAKING AND ENTERING/PAST, 5:52 a.m., 35 Robertson St. Dwelling/past.

VANDALISM/PROPERTY, 6:27 a.m., 36 Presidents Ave. To motor vehicle. Mirror and bumper damaged.

VANDALISM/PROPERTY, 7:20 a.m., 103 Newbury Ave. Car window.

BREAKING AND ENTERING/PAST, 9:47 a.m., 41 Hilda St. Garage. Stole a tank of gas.

LARCENY, 12:11 p.m., 170 Copeland St. Of money.

VANDALISM/PROPERTY, 12:12 p.m., 89 Atlantic St. Unwanted. No B&E, parties advised. Trespass warning issued by property owner.

LARCENY/MOTOR VEHICLE, 1:03 p.m., 41 Grandview Ave. Since June 23. Last seen sometime on Friday. Doors were locked, keys were not in it. No glass where parked. 1993 Honda Civic, color black.

BREAKING AND ENTERING/PAST, 2:01 p.m., 29 Hilda St. Dwelling. States someone entered the house from back door and took purse.

BREAKING AND ENTERING/PAST, 2:19 p.m., 8 Murdock Ave. Dwelling. Rear kitchen door window forced. Five gallon jug with approximately 200 to 400 coins. Owner found jug at S&S on S. Artery next to coin machine today.

BREAKING AND ENTERING/PAST, 7:34 p.m., 9 Carruth St. Dwelling. Damage done to the washer and dryer.

VANDALISM/PROPERTY, 8:18 p.m., Ricciuti Dr. To ATV and film site.

VANDALISM/PROPERTY, 11:09 p.m., 65 Greenleaf St. Window.

MONDAY, JUNE 26

LARCENY, 8:49 a.m., Quincy Medical Center, 114 Whitwell St. Checks and money.

BREAKING AND ENTERING/PROGRESS, 8:57 a.m., St. Ann's Church, 757 Hancock St. Church. Male by the altar, one arrest made. Subject charged with B&E daytime, B&E depository, larceny in a building, poss burglarious tools, vandalize a church, and malicious damage less.

LARCENY, 12:02 p.m., 133 Whitwell St. Credit cards.

LARCENY, 8 p.m., 10 Weston Ave. Past. $460 in cash taken.

VANDALISM/PROPERTY, 9:58 p.m., 69 Highfield Rd. Motor vehicle. Youths threw object at motor vehicle, damaged front right quarter panel.

TUESDAY, JUNE 27

VANDALISM/PROPERTY, 8:37 a.m., Unlimited Specialties, 141 Main St. Graffiti on side of the building. Caller believes kids that hang out there between midnight and 2 a.m. are responsible for damage.

LARCENY, 9:32 a.m., 17 Seagull Rd. Of tools. Is doing a job here, came to job all his tools have been stolen.

BREAKING AND ENTERING/PAST, 2:22 p.m., 148 Quincy Shore Dr. Dwelling.

VANDALISM/PROPERTY, 2:51 p.m., Granite Links Maintenance, 115 Quarry Hills Dr. Damage.

LARCENY/MOTOR VEHICLE, 8:01 p.m., WaterWorks, 333 Victory Rd. Complaint submitted for using without authority. 2005 Ford Pick-up, color gray.

LARCENY, 8:12 p.m., Prioli Brothers Garage, 571 Hancock St. Pumped gas, did not pay. Advised.

LARCENY/MOTOR VEHICLE, 8:56 p.m., Faxon Commons, 1071 Southern Artery. 2005 Suzuki GSXR-1000 Motorcycle, color yellow

VANDALISM/PROPERTY, 10:01 p.m., 297 Granite St. Front window had rock thrown through it tonight.

WEDNESDAY, JUNE 28

LARCENY/MOTOR VEHICLE, 1:04 a.m., Rags Tavern, 375 Washington St. Lo-jack equipped. Within last 10 minutes. 1993 Ford Pick-up, color red.

VANDALISM/PROPERTY, 2:05 a.m., Heritage Cafe, 1429 Hancock St. Cracked window.

LARCENY, 2:52 a.m., 95 West Squantum St. Fare evasion.

LARCENY/MOTOR VEHICLE, 6:08 a.m., 50 Copeland St. 1987 Toyota Camry, color gray, taken overnight.

LARCENY, 9:17 a.m., Quincy Petroleum, 665 Quincy Shore Dr. By check. See caller about $1600 in bad checks. Complaint for larceny by check and larceny by false pretense.

VANDALISM/PROPERTY, 10:13 a.m., 16 Connell St. Paint thinner was poured over resident's vehicle. $3500 worth of damage done.

LARCENY, 10:19 a.m., Super Petroleum, 728 Southern Artery. Gasoline - $24.45 worth.

ASSAULT AND BATTERY, 10:59 a.m., Quincy District Court, 1 Dennis F. Ryan Parkway. Spit in face.

LARCENY, 1:04 p.m., Quincy Youth Arena, 60 Murphy Memorial Dr. Goalie pads worth $1800. Have video of larceny.

IND/ASSAULT AND BATTERY, 1:29 p.m., Lincoln-Hancock School, 300 Granite St. Past. Youths near park, suspicious activity. Suspect is a black male, 6 ft, thin, dark jeans, black jacket, black cap with black B on it; mustache, zig-zag corn rows, black Timberland work boots. Incident occurred around 1:15 p.m., on the Granite St. side of the school.

LARCENY, 8:55 p.m., 40 Nelson St. Digital camera, box of clothes, and shoes were stolen.

THURSDAY, JUNE 29

LARCENY, 12:07 a.m., Snug Harbor School, 330 Palmer St. Boy and his friend were robbed by a black male. Suspects later located and arrested for larceny; both charged with larceny from a person and false information following arrest. #1 was listed as a runaway from foster home in Randolph; #2 had three PD Boston VOP warrants.

IND/ASSAULT AND BATTERY, 9:48 a.m., Marriott Hotel, 1000 Marriott Dr. Just happened. Maid was inappropriately touched by one of the guests. Suspect still on property. One arrested for indecent assault and battery.

ASSAULT AND BATTERY, 4:48 p.m., 85 Cranch St. Just occurred. Caller's doorbell rang and when she answered door she was punched in the face.

ASSAULT AND BATTERY, 5:29 p.m., CB Sullivan, 450 Quincy Ave. Female. Complaint for A&B.

VANDALISM/PROPERTY, 10:52 p.m., Captain's Cove Condos, 200 Cove Way. In parking lot. About 10 youths by a car with broken window. Two car tires damaged.

If you have information on the above crimes, or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764**. If you wish to report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. If you wish to make an appointment to view the **Registered Sex Offenders** book, call **617-745-5768**.

If you wish to contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us--*Lt. Dan Minton.*

A Job Well Done

On June 26, at approximately 8:57 a.m., dispatch broadcast to the Wollaston area cars a "Breaking and Entering" in progress at St. Ann's Church.

LT. DAN MINTON

According to the caller, the male suspect was in the sacristy. Lieutenant Dan Minton, who happened to be in the area as the call came in, drove up the driveway and as he approached the rear door near the sacristy, rectory staff in the adjacent building called out that the suspect was now in the rectory.

Responding units included Sergeant Sean Duggan, Officers Mark Millane and Paul Matthews as well as Detectives Cindy Walsh and Karyn Barkas. Minton advised responding units to cover the front door as he searched the building and then notified headquarters he had the suspect in custody. Walsh and Barkas arrived on scene and took control of the suspect.

The suspect demanded to know why he was being detained and he was advised of the incident. He adamantly stated he goes to church every Sunday and would never "sink to something so low as breaking into a church."

Once read Miranda Rights, the suspect said he came to the rectory initially to ask for food, but saw a priest in the driveway first. The priest told him to go the rectory office, which he did and was allowed inside. The suspect denied every going into the church.

Barkas entered the sacristy in search of evidence and found the locked cabinet door to the church's Tabernacle had been forced open and broken off. Barkas also learned a small brass key on a gold chain was missing from the cabinet door.

A parishioner, who was arriving for Mass, stated he entered the sacristy just before Mass and saw the suspect in front of the Tabernacle. When the suspect realized he had been discovered, he fled the sacristy through a door leading to the altar. The witness said he could identify him.

Barkas had Walsh escort the suspect out of the rectory, where the witness said he was "100 percent sure that's the guy." The suspect was placed under arrest.

Matthews questioned the suspect further and learned from the suspect that after being discovered in the sacristy, he fled via the altar toward the Super 88 Food Market next door. The suspect said he dropped the brass key with gold chain in a trash can and hid a red handled screwdriver under a rug just before Minton had found him. Matthews and Walsh located the brass key and gold chain in the trash can and found the screwdriver under the rug.

The suspect, a 40-year-old Quincy resident, was charged with "Breaking and Entering into a Building," "Possession of Burglarious Tools," "Larceny in a Building" and "Willful and Malicious Destruction of Property." The screwdriver was tagged and placed into evidence. Nice work!

SPOTLIGHT ON HEALTH & FITNESS

by Andrea Wyatt
M.S.S., C.S.C.S.

Get Your Family Moving This Summer

Q. Do you have any suggestions to help me motivate my family to be more active this summer? I want my children to avoid a summer of video games and Internet surfing and really spend more quality family time having fun and staying fit.

A. You have the right idea. It's a fact that families who exercise and are active together lower their risk of obesity and other related medical conditions. But busy schedules and the many available forms of entertainment have put exercise on the back burner. With creative thinking, you can get your family up, moving and having fun.

Begin by making time within your family's busy schedule to meet together. This may be challenging at first, but do your best to get the whole family to participate.

Be creative with the type of activities you find for your family to do. Get everyone involved in the planning so the interests of each family member are included. Be sure that each family member can participate in the chosen activities. If you have children of widely varying ages, be sure that the youngest to the oldest can all enjoy the activities.

During the summer you can move the fun outside. Walk or ride bikes after dinner. Swimming, skating and roller blading, and sports such as tennis, golf and basketball are great ways to get moving.

Also consider trying something new. The whole family learning a new skill or activity can keep everyone's interests. Look into different activities such as indoor/outdoor rock climbing walls or surfing parks. Take lessons to learn the basic skills for a more enjoyable experience.

Other ideas include signing up for a charity 5K road race. The family can run together while helping a good cause. Most 5 kilometer races (about 3 miles) offer kids' runs — shorter distances for younger participants. This allows you to include the entire family, no matter what the age.

Although your question involved staying active during the summer, you'll want to continue these habits year-round. Make it a part of your family's lifestyle to stay active with each other when possible. When summer ends and your schedules become busier again with school and other responsibilities, continue to find time to play with each other — even if it's for shorter periods. An overall healthy lifestyle for your family is an activity for all seasons.

Always consult a physician before beginning an exercise program. If you have a fitness or training question, e-mail Andrea at letters.kfws@ hearstsc.com or write her in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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Advanced Medical Records, Patient Education And Support, And Care Management Cited

Harvard-Vanguard Medical Associates Recognized Nationally For Quality Care

Harvard Vanguard Medical Associates in Quincy was recently awarded recognition from the National Committee for Quality Assurance (NCQA) for work in advanced medical records, patient education and support, and care management.

Harvard Vanguard Medical Associates is a multi-specialty physician practice with multiple locations in Greater Boston.

Seventeen physicians at the Quincy site were among 383 Harvard Vanguard physicians at 14 locations to be recognized by the NCQA.

They are:

Dr. Donald Accetta, Dr. Deepa Arya, Dr. Susan Beebe, Dr. Gerry Campos, Dr. Katharine Carter, Dr. Cheryl Cragwell, Dr. Christopher Doyle, Dr. James Liu, Dr. Nancy Loughridge, Dr. Steven Matfis, Dr. Martha Moss, Dr. Marc Oster, Dr. Douglas Penta, Dr. Graeme Steele, Dr. So-Fai Tsang, Dr. Michael Whitner, and Dr. Peter Young.

"It is an honor to have 14 of our locations recognized nationally," said Dr. Richard Marshall, Chief Medical Officer for Harvard Vanguard Medical Associates. "Harvard Vanguard has a strong history of developing and utilizing systems that ensure our physicians can deliver a consistently high level of patient care across our large practice."

Physician Practice Connections recognizes physician practices that use information systematically to improve the quality of patient care. Practices meeting program standards monitor for patients who need care, measure quality across their entire practice and ensure that abnormal test results receive follow-up. Such approaches have been shown to improve medical outcomes and to reduce errors.

NCQA lauded Harvard Vanguard's work in earning recognition.

"Good information at the point of care is crucial to delivering quality health care," said NCQA President Margaret E. O'Kane. "Physician Practice Connections identifies those doctors who make the most out of clinical information they have on hand to make better decisions and provide better follow-up. The physicians at Harvard Vanguard are to be commended for their significant achievement."

Harvard Vanguard's innovative quality improvement efforts have also drawn attention from Bridges to Excellence (BTE), a non-profit coalition-based organization created to encourage significant leaps in the quality of care by rewarding health care providers for demonstrating that they deliver safe, timely, effective, and patient-centered care. The Quincy site, along with the 13 other Harvard Vanguard sites that have earned NCQA recognition are now eligible to earn incentive rewards from Bridges to Excellence for their high-quality care.

"Harvard Vanguard has demonstrated significant leadership through their work with these practices. The systems that are now in place are an example of Harvard Vanguard's continual drive towards delivering outstanding care," said Francois de Brantes, National Coordinator for Bridges to Excellence. "BTE participating employers are proud to have supported this effort."

Harvard Vanguard has been a leader in Massachusetts for linking its state-of-the-art electronic medical records (EMR) system, EpicCare, with strong clinical protocols to help physicians and patients manage their medical care.

Tai Chi Begins July 12 At Milton Hospital

Milton Hospital will host an eight week Tai Chi class beginning Wednesday, July 12.

The cost is $80, and the class runs from 6:30 to 7:30 p.m., in the Nangeroni Center on the first floor.

Pre-payment and registration are required. The eight-week course ends Aug. 30.

Tai Chi is a gentle, flowing progression of movements designed to calm the mind, relax the body, attain better balance, rehabilitate injuries and promote whole body health.

Course instructor Ron Marcotte teaches the Wu Style Short Form of Tai Chi, consisting of 18 precisely choreographed movements practiced in a slow, meditative manner.

For more information or to register call the Milton Hospital Community Education Department at 617-696-8810.

Safe And Clean Ice

(NAPS) All ice is not the same, and contaminated ice can be a health risk.

As the weather begins to heat up, so does ice consumption to keep beverages and food cold and fresh. Whether it's a backyard BBQ, a picnic at the park or a daily glass of iced tea, people need safe, clean ice.

Recent news reports have shown that some ice in fast-food restaurants is dirtier than toilet water. Whether processed and packaged from a moldy ice machine, mishandled through the use of dirty buckets or even handscooped by dirty hands, it is difficult to know exactly what people are buying and consuming.

Here are a few tips for purchasing clean, safe ice:

- Ice should be clear in color as well as odorless and tasteless.
- The bag should be properly closed and secure.
- The bag should have the manufacturer's name, address and phone number.
- The bag should be free of any foreign objects.
- The bag should have a product code.

According to a recent study conducted by Michigan State university, there is a heightened concern with safety of foods among consumers. In fact, 63 percent of the consumers interviewed are very or fairly concerned about the safety of the foods they eat and almost half of the respondents said they do not buy foods that are likely to be unsafe.

This summer, the International Packaged Ice Association (IPIA) wants consumers to know that all ice is not created equal and that ice shoppers need to be selective. When buying packaged ice, look for a product that has been packaged by a certified IPIA member and caries the IPIA seal.

The seal means that the packaged ice consumers are buying meets the association's strict quality and safety policy. The stringent Packaged Ice Quality Control Standards (PIQCS) are mandated for all IPIA members to ensure safe and quality ice. The standards regulate employees' personal hygiene, sanitary operations of the facilities, equipment and utensils used in making ice, quality of the water source and continuous microbiological testing of the finished product.

To learn more about safe ice, visit www.packagedice.com.

DENTISTRY for the 21st Century

by Steven A. Brustin, D.M.D.

A MORE GENTLE APPROACH

While any dentist would be happy with a patient who is dedicated to regular brushing and flossing, there is such a thing as being too strenuous with brushing. If you are brushing your teeth too aggressively, your forceful approach may contribute to gum recession and other problems. Gum recession associated with vigorous tooth brushing is most likely to appear in the area of the back teeth opposite the brushing hand. You may also be experiencing heightened sensitivity to cold drinks. To avoid these problems, try brushing your teeth with a soft-bristled toothbrush and light pressure for two to three minutes at a time. Using your non-dominant hand may help you pay better attention to your brushing technique.

We can give you tips on the proper way to brush and floss. We'll also recommend a personalized oral home care program to meet *your* specific needs. We take the time to talk, and answer any questions you may have. Please call us at 617-479-6220 to schedule an appointment. We explain all procedures and what they will do for your smile, and we take the time to be gentle. Brushing and flossing correctly helps keep your teeth white and healthy. We're located at 44 Greenleaf Street, where our friendly staff and relaxing environment will put you at ease. We offer the services of anesthesiology with a fully trained and qualified anesthesiologist. Visit us on the web at www.quincydentist.com.

P.S. Another sign of aggressive tooth-brushing is a toothbrush with squashed, splayed bristles.

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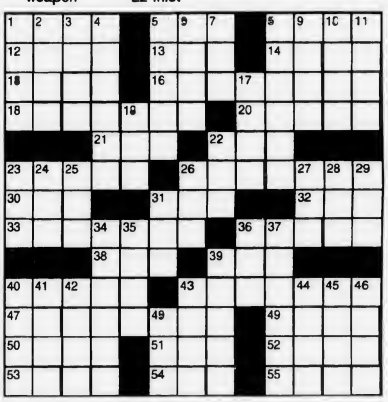
SUN FUN PAGE

King Crossword

ACROSS
1 Has to
5 Puncturing tool
8 Bullets
12 Formerly
13 Pirouette pivot
14 Film -
15 Smell
16 2/14 message
18 Small tablet
20 Vim and vigor
21 "Mayday!"
22 Sheepish remark
23 Winning
26 Hasp attachment
30 Scale abbr.
31 Delight
32 Court
33 Tetanus
36 "Monopoly" payments
38 Yuletide quaff
39 Water barrier
40 Beasts of burden
43 Samson's weapon
47 Nitwit
49 On in years
50 Middle Eastern airline
51 Denouement
52 Jeans maker Strauss
53 A-number-one
54 Crucial
55 Encounter

DOWN
1 Armstrong went there
2 Destroy
3 Highlander
4 Singer Brewer
5 Book of maps
6 Lumber
7 Pentateuch bk.
8 Yearly
9 Cattle calls?
10 Catcher's equipment
11 Hydrox competitor
17 "Zounds!"
19 Pea holder
22 Inlet
23 The whole enchilada
24 Showtime rival
25 Computer key
26 "Wham!"
27 Possess
28 Barracks bed
29 Decks in the ring
31 Binge
34 Prepares to propose
35 Tease
36 Uncivilized
37 Preserve, in a way
39 Pop
40 Help a hood
41 Sans co-pilot
42 Child's play
43 Ms. Fonda
44 Curved molding
45 Actress Campbell
46 Tend texts
48 "A mouse!"



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The Garden Bug

Found throughout North America, **great horned owls** prey on wildlife that plague your garden. Statues of these birds, marketed by garden suppliers, discourage raids by rabbits, mice, raccoons and other furry folk (some electronic versions have motion sensors, sound owl calls or flap their wings!)

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R B E I Q L K E O C O M O K E
I H N A O F F S D I I D L B R
Z Y W I T N R O Y I B L C V E
T B R Q M H O U R R C I L O N
N U L K E A I V F M E I T A N
H L F A D C T A A L Z P N N I
X B D E T A V I T L U C A A A
W S R E W O L F V V F S U P L

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Allicin
Antibiotic
Bulbs
Cloves
Cultivated
Flavonoids
Flowers
Head
Medicinal
Papery skin
Perennial
Pill form
Stinking rose
Sulfur
Vitamin B

Salome's Stars

ARIES (March 21 to April 19) You clever Ewes and Rams love nothing more than to rise to a challenge. So, by all means, if you feel sure about your facts, step right up and defend your side of the issue.

TAURUS (April 20 to May 20) You've done some great work recently. Now it's time to reward yourself with something wonderful, perhaps a day at a spa or a night out with someone very special.

GEMINI (May 21 to June 20) You love to talk, but don't forget to make time to do a little more listening; otherwise, you could miss out on an important message someone might be trying to send to you.

CANCER (June 21 to July 22) Your aspect indicates some uncertainty about one of your goals. Use this period of shifting attitudes to reassess what you really want and what you're ready to do to get it.

LEO (July 23 to August 22) Your social life is picking up, and you'll soon be mingling with old friends and making new ones. But 'twixt the fun times, stay on top of changing workplace conditions.

VIRGO (August 23 September 22) A trusted friend offers understanding as you vent some long-pent-up feelings. Now, move on from there and start making the changes you've put off all this time.

LIBRA (September 23 to October 22) You might well feel uneasy as you face a difficult situation involving someone close to you. But you know you're doing the right thing, so stick with your decision.

SCORPIO (October 23 to November 21) You're a good friend to others. Now's the time to allow them to be good friends to you. Rely on their trusted advice to help you get through an uncertain period.

SAGITTARIUS (November 22 to December 21) Family and friends are always important, but especially so at this time. Despite your hectic workplace schedule, make a real effort to include them in your life.

CAPRICORN (December 22 to January 19) That project you've been working on is almost ready for presentation. But you still need some information from a colleague before you can consider it done.

AQUARIUS (January 20 to February 18) Don't let those negative attitudes that have sprung up around you drain your energies. Shrug them off, and move ahead with the confidence that you can get the job done.

PISCES (February 19 to March 20) Aspects favor some dedicated fun time for the hardworking Piscean. A nice, refreshing plunge into the social swim can recharge your physical and emotional batteries.

BORN THIS WEEK: You love to travel and be with people. You probably would be happy as a social director on a cruise ship.

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Trivia test by Fifi Rodriguez

1. ART: What does a pietà depict?
2. ANCIENT WORLD: For what field of study was the Greek named Galen best known?
3. LANGUAGE: What does "aliterate" mean?
4. SCIENCE: What are the basic building blocks of life?
5. LITERATURE: Who wrote "This Side of Paradise"?
6. RELIGION: Juggernaut is considered a deity of which religion?
7. ANATOMY: To what system in the body does the alimentary canal belong?
8. COMICS: Who was Capt. Marvel's first enemy?
9. U.S. PRESIDENTS: Which president was nicknamed "the rail splitter"?
10. GEOGRAPHY: What body of water lies just off the southern coast of Vietnam?

Answers

1. Mary mourning over the body of Jesus
2. Medicine, particularly anatomy
3. Being able to read, but uninterested in doing so
4. Amino acids
5. F. Scott Fitzgerald
6. Hindu
7. Digestive
8. Dr. Thaddeus Bodog Sivana, whose trademark phrase was "Curses! Foiled again!"
9. Abraham Lincoln
10. South China Sea

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Wishing Well®

6	4	7	4	2	8	7	6	7	3	6	5	6
Y	B	G	E	I	R	I	O	V	W	U	Y	S
8	6	4	2	3	7	4	3	4	7	2	3	8
E	T	A	M	I	E	L	S	E	Y	P	H	S
3	7	8	7	5	3	8	5	7	3	2	6	5
G	O	O	U	O	R	U	U	R	A	O	A	G
7	6	8	2	8	5	7	8	7	3	5	8	7
A	R	R	R	C	I	P	E	P	N	V	F	R
2	5	6	2	7	5	7	4	7	6	3	8	4
T	E	T	A	O	C	V	A	A	D	T	U	D
5	7	5	6	4	6	3	8	6	8	6	5	8
O	L	M	I	E	A	E	L	R	N	Y	F	E
3	2	8	2	4	2	5	2	8	5	2	5	2
D	N	S	T	R	M	O	A	S	R	I	T	L

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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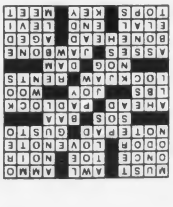
HOCUS-FOCUS

BY HENRY BOLTINOFF

FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

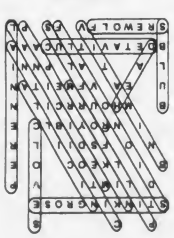
Differences: 1. Rose stem is longer. 2. Straw is missing. 3. Cord is shorter. 4. Gown is different. 5. Hair is different. 6. Doorknob is lower.

King Crossword — Answers



Magic maze — Answers

GARLIC



OBITUARIES

John M. Andre, 65

Retired Quincy Police Officer

JOHN M. ANDRE

A funeral service for John Murchison Andre, 65, of Hingham, formerly of Quincy, a retired Quincy police officer, was held June 26 at Union Congregational Church, Wollaston.

He died June 22.

Mr. Andre was a police officer for 21 years, retiring in 1990.

He was a veteran of the Air Force.

He was a member of the Plymouth Masonic Lodge A.F. & A.M. and the Quincy Municipal Retirees Association.

Born and raised in Quincy, he graduated from Quincy High School and he attended Bangor Theological School.

He is survived by his wife, Lisa (Coolidge) Andre; a son, Jon C. Andre of Jamaica Plain; a daughter, Heather M. Breslin of Ludlow; four grandchildren; and many nieces and nephews.

Burial was in High Street Cemetery, Hingham.

Funeral arrangements were by Deware Funeral Home, 576 Hancock St., Wollaston.

Donations may be made to the Dana Farber Cancer Institute, c/o Gastro Intestinal Research, 10 Brookline Place West, 6th Floor, Brookline, MA 02445.

Caroline Ciani, 79

A funeral Mass for Caroline (DiBona) Ciani, 79, a lifelong Quincy resident, was celebrated June 30 at St. Mary's Church, Quincy.

She died June 26 at Quincy Medical Center.

Born in Quincy, Mrs. Ciani graduated from Quincy High School.

Wife of the late Renzo Ciani, she is survived by two sons, David Ciani of Uxbridge and Anthony Ciani of Quincy; a daughter, Mary White of Maryland; two brothers, Domenic DiBona of Quincy and Richard DiBona of Easton; three sisters, Diana Warring of Florida, Marie Cedrone of Randolph and Rochelle Powers of Stoughton; and eight grandchildren. She was the mother of the late Sharon Moody.

Burial was in Pine Hill Cemetery.

Funeral arrangements were by Bolea-Buonfiglio Funeral Home, 116 Franklin St.

Ronald A. Hidalgo, 72

Retired Operations Manager

RONALD A. HIDALGO

A funeral Mass for Ronald A. Hidalgo, 72, of Quincy, a retired operations manager, was celebrated July 1 at Sacred Heart Church, North Quincy.

He died June 27 at Brigham and Women's Hospital, Boston.

Mr. Hidalgo worked at Campbell & Hall Book company in Kenmore Square until 1979. He worked at Child World Distribution Center in Avon from 1979 to 1993. After its closing, he became the operations manager for TJX in Worcester for 10 years, retiring in 2003.

He served in the Marine Corps from 1954 to 1956 and in the Marine Corps Reserves until 1962.

He coached for St. Ann's Hockey leagues. He was also a Weeblos Leader with the Boys Scouts in Quincy. He was the chairperson of the Bayfield Road Fourth of July Block Party celebration.

Born and raised in South Boston, Mr. Hidalgo graduated from Boston College High School in 1951 and from Boston College in 1959. He also attended Boston College in pursuit of his master's degree. He lived in Quincy for 46 years.

He is survived by his wife of 50 years, Josephine (Pistone) Hidalgo of Quincy; three daughters, Diana Eysie of Kingston, and Donna M. Mavromates and Jo-Anne Glennon, both of Quincy; two sons, Ronald G. Hidalgo of Quincy and John J. Hidalgo of Kingston; a sister, Julia DeGennaro of Naples, Fla.; and four grandchildren.

Burial was in Pine Hill Cemetery.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St., Wollaston.

Donations may be made to the American Heart Association, 20 Speen St., Framingham, MA 01701, or to the Jimmy Fund, 1309 Beacon St., Brookline, MA 02446.

Della T. Plant, 89

Former Retail Clerk

A funeral service for Della T. "Dolly" (DiBona) Plant, 89, a lifelong Quincy resident, a former retail clerk, was held July 1 at Bolea-Buonfiglio Funeral Home, 116 Franklin St.

She died June 27 at John Scott House Rehabilitation Center, Braintree.

Mrs. Plant worked at the former Bernini's Market in South Quincy for more than 40 years.

Born in Quincy, she graduated from Quincy High School.

Wife of the late George Plant, she is survived by a son, George Plant of Rockland; two daughters, Pauline Marcel of Quincy and Kathleen Graden of Norwell; four grandchildren and six great-grandchildren.

Burial was in Mount Wollaston Cemetery.

Jo-Anne Brooks

Retired Crossing Guard

A funeral Mass for Jo-Anne Brooks, 61, of Brookline, formerly of North Quincy, was celebrated June 30 at Assumption Church, Brookline.

She died June 26.

Miss Brooks was a retired crossing guard for the Town of Brookline.

She was a member of Brookline Elks and Brookline Senior Center.

Burial was private.

Bessie J. Kimmett, 92

Retired Legal Secretary, Homemaker

BESSIE J. KIMMETT

A funeral service for Bessie J. (MacAulay) Kimmett, 92, of Mattapoisett, Marshfield and Nantucket, formerly of Quincy, a homemaker and retired legal secretary, was held June 30 at Sweeney Brothers Home for Funerals, 1 Independence Ave.

She died June 25 at her daughter's home after a long illness.

Mrs. Kimmett was a legal secretary for several years in the District Attorney's Office in Boston, retiring many years ago.

Born in Cape Breton, Nova Scotia, Canada, she came to the Quincy as a child. She was raised and educated in Quincy and graduated from Quincy High School in 1931 as the class valedictorian. She also graduated from the Chandler Secretarial School in Boston.

She lived in Mattapoisett and Marshfield for the past six years and previously in Quincy for 75 years. She was a longtime summer resident of Nantucket where she and her late husband, John P. Kimmett, owned and operated the former Pines Restaurant for many years.

She is survived by two sons, John P. Kimmett Jr. and Jean C. Kimmett, both of Scituate; two daughters, Mary K. Cabral of Mattapoisett and Patricia K. Delaney of Quincy; nine grandchildren and a niece.

Burial was in Mount Wollaston Cemetery.

Donations may be made to the Jimmy Fund, 10 Brookline Place West, 6th Floor, Brookline, MA 02445-7226, or to the Madaket Conservation Association, P.O. Box 1423, Nantucket, MA 02554.

Janet M. Dufresne, 62

Retired Systems Analyst, Project Leader

A funeral Mass for Janet M. (Treacy) Dufresne, 62, of Quincy, a retired systems analyst and project leader, was celebrated June 23 at St. Mary's Church, Quincy.

She died June 19 at home.

Ms. Dufresne recently retired from the Massachusetts Department of Revenue where she was a systems analyst and project leader.

She previously worked as director of guidance and recreation at Quincy Hospital School of Nursing for many years.

She received her bachelor's degree from Bridgewater State College and her master's degree in counseling from Rhode Island College. When the School of Nursing closed in 1979, she joined a teacher training program at Keeffe Tech in Framingham where she learned the computer programming skills that enabled her to pursue her career at the Department of Revenue.

Ms. Dufresne was a member of The Irish Ancestral Research Association. Before her health declined she had started to map the grave sites at St. Mary's Cemetery in Quincy where several of her ancestors are buried. She also explored her Irish heritage through bonds she established with her many Irish cousins.

She is survived by her children, Megan Dufresne and Kevin Dufresne, both of Quincy; a brother, James Treacy of Brookline, N.H.; two sisters, Mary Streeter of Amherst and Carolyn Treacy of Quincy; two nephews, a godson and many cousins.

Burial was in Pine Hill Cemetery.

Funeral arrangements were by Dolan Funeral Home, Milton.

Donations may be made to the Dana Farber Cancer Center.

DON McCARTHY
Managing Director

A THOUGHT FOR THE WEEK

"Sympathy is two hearts tugging at one load." – Charles H. Parkhurst

A farmer was out plowing his field one spring morning. The spring thaw had just occurred and there were many muddy valleys in the field. Through one particularly wet place, his tractor become stuck in the mud. The harder he tried, the deeper he became struck. Finally, he walked over to his neighbor's to ask for help. The neighbor came over and looked at the situation. He shook his head, and then said, "It doesn't look good, but I tell you what. I'll give it a try pulling you out. But if we can't get it out, I'll come sit in the mud with you."

Although we may not all be farmers, we do experience getting "stuck in the mud" from time to time. And chances are we probably know someone who is stuck right now. Have you tried "mud-sitting" with a friend? . . . It may be the best thing you can do. . .

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Marie A. Grabowski, 75

Retired Quincy Hospital Employee

MARIE A. GRABOWSKI

A funeral Mass for Marie A. (Murphy) Grabowski, 75, of Braintree, formerly of North Quincy, will be celebrated today (Thursday) at 10 a.m. at Sacred Heart Church, North Quincy.

She died June 30.

Mrs. Grabowski retired from Quincy Hospital many years ago.

She was past president of the Quincy Emblem Club.

Born in Boston, she lived in Dorchester and Quincy before moving to Braintree.

Wife of the late Edward E. Grabowski, she is survived by a son, Edward A. Grabowski of Braintree; four daughters, Mary Jane Jerdon, Marjorie A. Horick of Weymouth, Pauline M. Whelan of Braintree and Susan Grabowski Wilen of Windham, N.H.; four sisters, Claire Molisse and Kathleen Keane, both of Weymouth, Eleanor McGonagle of Middleboro and Connie Gill of Tempe, Ariz.; four brothers, Lawrence Murphy of Abington, Neil F. Murphy of Plympton, and Richard J. Murphy and Kevin J. Murphy, both of Weymouth; seven grandchildren; a great-grandchild; and several nieces and nephews.

Burial will be in Blue Hill Cemetery, Braintree.

Visiting was 5 to 8 p.m. Wednesday at Lydon Funeral Home, 644 Hancock St.

Donations may be made to The Dream Come True Fund, Weymouth Lodge of Elks, Member 2232, P.O. Box 125, South Weymouth, MA 02190.

Marie E. DiBona, 82

Homemaker

MARIE E. DiBONA

A funeral Mass for Marie Elizabeth (Haefner) DiBona, 82, of Quincy, a homemaker, will be celebrated today (Thursday) at 10 a.m. at St. Mary's Church, West Quincy.

She died June 30 at home surrounded by family after a brief illness.

Born, raised and educated in Quincy, Mrs. DiBona was a lifelong resident of the city. She summered on Lake Winnipesaukee in New Hampshire for more than 35 years.

Wife of the late Albert L. DiBona, she is survived by four daughters, Barbara M. McGovern, Nancy C. DiBona and Kathleen M. DiBona, all of Quincy, and Betteanne Macdonald of Wakefield; two sons, Albert L. DiBona Jr. and Domenick DiBona, both of Quincy; two sisters, Helen Leaman of Quincy and Rita Happnie of Whitman; seven grandchildren; a great-grandson; and many nieces and nephews.

Burial will be in Mount Wollaston Cemetery.

Visiting was 4 to 8 p.m. Wednesday at Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Donations may be made to Health Care Dimensions, Inc., 48 Woerd Ave., Suite 102, Waltham, MA 02453.

Carol A. O'Donnell, 70

Retired Accounting Technician

A funeral Mass for Carol A. (Powers) O'Donnell, 70, of Quincy, a retired accounting technician, will be celebrated today (Thursday) at 10 a.m. at St. Joseph's Church, Quincy.

She died June 30 at Kindred Hospital, Braintree.

Mrs. O'Donnell worked for the Defense Department for 13 years.

Born in Boston, she was raised in Quincy and Weymouth and graduated from Sacred Heart High School in Weymouth.

Wife of the late Thomas G. O'Donnell, she is survived by two sons, Kevin T. O'Donnell of Randolph, Vt., and Sean J. O'Donnell of Quincy; three sisters, Theresa Sophis of Quincy, Elizabeth McFadd of Rockland and Dorothy Haddaway of Baltimore; two grandchildren; and many nieces and nephews.

Burial will be in Mount Wollaston Cemetery.

Funeral arrangements were by Dennis Sweeney Funeral Home, 74 Elm St.

SWAP Earns Tax Abatements

The Council on Aging has a SWAP (Senior Workers' Abatement Program) that enable the elderly to work 89 1/2 hours a year and earn $600 towards their real estate tax bills.

For further details, call Dorothy Dow at 617-376-1508.

David F. McGrath, 46

Independent Contractor

DAVID F. McGRATH

A funeral Mass for David F. McGrath, 46, of Quincy, an independent contractor, will be celebrated Friday at 11 a.m. at St. Ann's Church, Wollaston.

He died June 30 at home.

An independent contractor, Mr. McGrath owned McGrath Builders for 26 years. His renovation project work was well known in the Newton-Wellesley area.

He traveled extensively and enjoyed the Caribbean islands.

Born in Dorchester, he lived in Braintree before moving to Quincy 10 years ago. He graduated in 1978 from Christopher Columbus High School in the North End, where he excelled in football. He graduated from Wentworth Institute of Technology with an associate degree in construction in 1980.

He is survived by his wife, Lisa M. (Contos) McGrath of Quincy; two sons, Brendan M. McGrath of Braintree and Colin M. McGrath of Quincy; a daughter, Erin E. McGrath of Braintree; a stepson, Glen M. Misho of Quincy; three brothers, Bernard McGrath of Randolph, Christopher McGrath of Somerville and John McGrath of Warwick, R.I.; two sisters, Mary Harper of Somerville and Michele Johnson of Weymouth; and several cousins.

Burial will be in Blue Hill Cemetery, Braintree.

Visiting is 4 to 8 p.m. today (Thursday) at Keohane Funeral Home, 785 Hancock St.

Donations may be made to the Dana-Farber Cancer Institute, P.O. Box 55584, Boston, MA 02205.

Vernon Johnson, 85

Retired Burner At Fore River Shipyard, WWII Veteran

A funeral service for Vernon Johnson, 85, of East Braintree, formerly of Quincy, a retired burner at the Fore River shipyard, was held Monday at Mortimer N. Peck-Russell Peck Funeral Home, Braintree.

He died June 29 at Quincy Medical Center.

Mr. Johnson worked at the shipyard for 40 years until it closed in 1986. He worked for Bethlehem Steel and General Dynamics. He was a ship fitter before enlisting in the Army.

A World War II Army veteran, he served in the South Pacific. He was a radioman with the 74th Amphibious Truck Company and received the Asiatic-Pacific Campaign Medal and the Philippine Liberation Medal with a bronze service star.

He worked at Stop & Shop in Quincy until March.

Born in Quincy, he graduated in 1939 from Quincy High School, where he played basketball and participated in the Tech Tourney in 1938 and 1939. He lived in Braintree for 39 years.

He is survived by his wife, Nancy J. (Erna) Johnson; two sons, Vernon A. Johnson of Duxbury and Richard P. Johnson of Plymouth; a daughter, Linda S. Morrison of Hampton, N.H.; three sisters, Marie MacLeod of Whitman, Beverly Gill of Wellesley and Edith Driscoll of Taunton; and 11 grandchildren. He was the father of the late William A. Johnson.

Donations may be made to the American Heart Association, 20 Speen St., Framingham, MA 01701.

Irene E. Matthews, 67

Homemaker

A funeral Mass for Irene E. (Thomas) Matthews, 67, of East Bridgewater, formerly of Quincy, a homemaker, was celebrated Monday at St. Thomas Aquinas Church, Bridgewater.

She died June 27 at home after a long illness.

Mrs. Matthews was a member of St. Thomas Aquinas Church.

Born in Quincy, she graduated from Quincy High School in 1957. She lived in East Bridgewater for 41 years.

She is survived by her husband, Paul B. Matthews, two sons, Paul B. Matthews Jr. of Taunton and George W. Matthews of Milford, N.H.; two daughters, Theresa Connell and Robin Meadows, both of Bridgewater; a sister, Joanne Preston of Laconia, N.H.; nine grandchildren and a great-granddaughter.

Burial was in Spring Lake Cemetery, Rockland.

Funeral arrangements were by Prophett Funeral Home, Bridgewater.

Donations may be made to Sarcoma Research, Attn. Karen Sveda, Dana Farber Cancer Institute Development Office, 10 Brookline Place West, Brookline, MA 02445.

Paul L. Moody, 47

PAUL L. MOODY

A funeral service for Paul L. Moody, 47, of Quincy, was held Wednesday at Deware Funeral Home, 576 Hancock St.

He died June 29 at Quincy Medical Center.

Mr. Moody had a deep love for those who served in the military. He was a former member of the Sons of the American Legion Post in Houghs Neck.

Born in Quincy, he graduated from Quincy High School and was a lifelong resident of the city.

He is survived by a son, Paul L. Moody II of Lowell; three brothers, George E. Moody III and Glenn Moody, both of Quincy, and Robert Moody of Saugus; two sisters, Susan Moody and Kim Leonard, both of Quincy; and several nieces and nephews.

Burial was private.

Donations may be made to the Joslin Diabetes Center, 1 Joslin Place, Boston, MA 02215.

Mary A. Zaborowski, 75

Former Teacher, Retired Insurance Rater

A funeral Mass for Mary A. (Quinlan) Zaborowski, 75, of Quincy, a former teacher and retired insurance rater, was celebrated Monday at St. Ann's Church, Quincy.

She died June 28 at home.

Mrs. Zaborowski taught in South Hadley, Holyoke and Chicopee and later worked for Quincy Mutual Insurance Co. for 10 years, retiring in 1989. After retirement, she worked at Shaw's grocery store in Plymouth.

She was in a prayer group at St. Mary's Church in Plymouth.

Born in South Hadley, she graduated from South Hadley High School and from Westfield State Teachers College in 1952. She lived in Plymouth and Marshfield before moving to Quincy.

She is survived by her husband, Paul H. Zaborowski; two daughters, Bonnie Halloran of Quincy and Paula Nangle of Salisbury, N.H.; four sisters, Helen Gagnon and Esther Legare, both of South Hadley, and Katherine B. Quinlan and Margaret Russell, both of Holyoke; two brothers, Michael Quinlan of Granby and Edward Quinlan of Leyden; and seven grandchildren. She was the mother of the late David Zaborowski.

Burial was in Winslow Cemetery, Marshfield.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St., Wollaston.

Donations may be made to Old Colony Hospice, 1 Credit Union Way, Randolph, MA 02368.

Kevin P. Duggan

A funeral Mass for Kevin P. Duggan of Quincy and Hyannisport, formerly of Hingham, was celebrated June 30 at St. Paul's Church, Hingham.

He died June 25.

Mr. Duggan is survived by his wife, Katie (Murdock) Duggan; and two children, Kerry Duggan and Sean K. Duggan, both of Quincy.

Burial was in St. Paul's Cemetery, Hingham.

Funeral arrangements were by Pyne Keohane Funeral Home, Hingham.

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(617) 698-6264

Religion

Kindergarten Concert At Sacred Heart School Celebrates Year Of Learning, Achievement

The 73 Pre-Kindergarten and Kindergarten students at Sacred Heart School, North Quincy capped off a year of learning and forming new friendships with an hour-long end of year celebration.

Under the direction of the kindergarten music teacher, Mrs. Elaine McCarthy, the students sang nine songs for their parents, siblings and grandparents.

Mrs. McCarthy has been introducing to her four and five year old students the basics of musical scales and how to raise their voices together in song all year. Their weekly music classes are a clear favorite of the students.

The students enthusiastically clapped, signed, and two students even hula-hooped in harmony. They then received their "diploma", a certificate acknowledging their hard work and accomplishments.

Mrs. Katherine Hunter, Sacred Heart School's principal and Fr. John O'Brien, Sacred Heart Parish's pastor, thanked the students for their amazing energy and enthusiasm for learning.

The afternoon was a terrific success.

Sacred Heart School is continuing to accept registrations for various grades for the upcoming school year. Tours are offered of the school by appointment in the summer.

To arrange a tour or to ask questions regarding admissions to Sacred Heart, call 617-328-8666.

Quincy Point Congregational

The Quincy Point Congregational Church Summer Sunday services continue each week at 10 a.m. in the air-conditioned sanctuary at the Quincy Point Congregational Church, 444 Washington St.

Music Director Paul A. Thistle will be at the keyboard each Sunday in July at 9:45 a.m. for an informal hymn-sing. Come and request your favorite hymn

On Sunday, July 9th, Rev. Ann Suzedell will be preaching. Bulent Guneralp will be the soloist and Sherri Pitts will serve as Deacon of the Day.

A Social Hour hosted by the Fellowship Committee will be held downstairs after the service.

Blood Pressure Clinics Free For Seniors

Weekly blood pressure screenings for elders will be held every Monday from 10 to 11 a.m. at the Council on Aging office, 83 Saratoga St., North Quincy.

Gail Crawford, a registered nurse, will donate her time and talents to assisting senior citizens in having their blood pressure taken weekly.

Appointments can be made but walk-ins also are accepted. For more information, call 617-376-1506.

Vacation Bible School At Church Of Nazarene

The Wollaston Church of the Nazarene, 37 East Elm Ave., Quincy, will hold a Vacation Bible School July 10-14 from 9 a.m. to noon.

This year's theme is "Seaside with the Savior."

The closing program will be Sunday, July 16 at 11 a.m. with a picnic to follow.

For more information, call 617-472-5669.

Bethany Congregational

Bethany Congregational Church, 18 Spear St., Quincy Center, will have Sunday worship beginning at 10 a.m.

The Rev. Gary W. Smothers will conduct the service and preach a sermon entitled "Sermons From Mark 1) The Beginning Story."

There will also be a children's message.

Childcare is available for infants and toddlers.

Following the worship service there will be a fellowship time in the Allen Parlor. Light refreshments will be served.

Salvation Army Vacation Bible School

The Salvation Army will hold its annual Daily Vacation Bible School Aug. 14-18 from 10 a.m. to 2 p.m. each day for children in grades 1-6.

Preschool children who attend the Sonshine Preschool are also invited to attend.

The school is free. Each child should bring a lunch. There will be a Bible story, gym time, craft time, and singing each day.

To register, call 617-472-2345.

On Thursday, Aug. 17 from 6 to 7:30 p.m., the Salvation Army will hold a free family fun night. There will be games, a moon walk, a dunk tank, and prizes.

Free hot dogs and beverages will be served.

Seek Medical Gear To Loan

The Council on Aging is seeking donations of medical equipment that is no longer needed by the current owner but can be loaned to someone else.

Call the Council at 617-376-1506.

Vets Adviser At COA Office

John D. Miller of Home Care Partners, will be at the Council on Aging office, 83 Saratoga St., each Wednesday to advise veterans or their surviving spouses of their in-home care benefits.

To schedule an appointment, call the Council on Aging at 617-376-1506.

COA In Need Of Bath Seats

The Council on Aging is in urgent need for bath seats for senior citizens.

If you have one to donate, call the COA at 617-376-1245.

Quincy Religion Directory

SERVICES & ACTIVITIES

Assemblies of God

Glad Tidings
158 Washington St., Quincy
phone: 773-9797
Rev. Gregory E. Wheaton, Pastor
Sunday Worship 8:30, 11 a.m. Christian Ed. 10 a.m.
Senior Hi Youth 7 p.m. Wed. 7 p.m. Berean Bible Study
Royal Ranger Missionettes. Friday Junior Hi Youth 7 pm
Youth & Children's Ministry
•Contemporary Worship
•Marriage & Family Group
•International Fellowship
•DivorceCare

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 7, 9:30 & 11:30am, Weekdays 9am
Handicapped Accessible
New Members Welcome!

Unitarian

United First Parish
Hancock St., across from City Hall
617-773-1290
Sunday Worship, 10:30 AM
Child Care & Religious Education for all ages
All Welcome to Our Historic Church

Congregational

First Church of Squantum
164 Bellevue Street
617-328-6649
Pastor: Michael S. Robertson
10 a.m. Sunday Worship
All Are Welcome

To Advertise in this Directory, Call 617-471-3100

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4pm (Sat.) 7:45am, 9am (Family Liturgy)
10:30am (with Choir) and 5pm
12 noon at Star of Sea Church
Weekday Masses
Mon.-Fri 7am and 9am, Sat. 9am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m., 10:30 a.m. & 5 p.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

ST. JOHN THE BAPTIST
44 School St.,
Quincy
617-773-1021
Weekend Mass Schedule
Saturday (Vigil Mass) 4 p.m.
Sunday 7:30 a.m., 9 a.m.
and 11 a.m. (Family Liturgy)
Weekday Masses
Monday - Saturday 8 a.m.
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
• 617-479-5400
Pastor: Rev. John J. Ronaghan
Weekend Mass Schedule:
Saturday 4:00 PM
Sunday 7:00, 9:00, 11:30AM
Daily Masses: 9:00 AM
Handicapped Chairlift Available

Congregational

HOUGHS NECK CONGREGATIONAL CHURCH
310 Manet Ave., Quincy
Sunday, July 9 - Music Sunday
Featuring Arden Schofield
and Janet Little - organ and flute
Worship 9:30 am
Sunday School 9:30 AM
Series of Sermons on
The Lord's Prayer
'Our Father'
Rev. John Castricum
617-479-8778
Lois Zulauf : Minister of Music

BETHANY CONGREGATIONAL CHURCH
Corner of Spear & Coddington Sts.,
Quincy Center • 617-479-7300
10 AM Sunday Worship
Sermon: "Sermons From Mark"
Childcare Available for Infants, Toddlers
Fellowship Follows Service in Allen Parlor

QUINCY POINT CONGREGATIONAL CHURCH
444 Washington St. • 617-773-6424
Worship and Church School 10 am
Rev. Ann Suzedell, Pastor
visit us at www.QPCC.org

UNION CHURCH
Beach St. & Rawson Rd., Wollaston
Sunday Service 10 AM
617-479-6661
Good Bible Preaching
& Traditional Worship
Rev. John Carl Swanson, Pastor

PEACE

Congregational

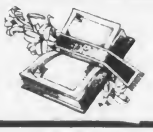
WOLLASTON CONGREGATIONAL CHURCH
48 Winthrop Ave. - 617-773-7432
Pastor: Rev. Mary Lou Gifford
10 a.m. Sunday Worship Service
Rev. Mary Louise Gifford

Covenant

COVENANT CONGREGATIONAL CHURCH
Corner of Whitwell & Granite St.
Sunday Worship 10:00 AM
Rev. Karen Palmatier, Pastor
Child Care Available - All Are Welcome
Children's Pantry
Wed., Thur. 9:30 am - 12 noon
617-479-5728
VACATION BIBLE SCHOOL - AUG. 7-11

Nazarene

Wollaston Church of the Nazarene
37 E. Elm Ave., Wollaston
(617) 472-5669
On The Campus Of
Eastern Nazarene College
Pastor: Rev. Fred. Fullerton
Sunday Services
8:30 am - Holy Communion
9:45 am - Adult & Children's Sunday School
11 a.m. - Blended Worship Service
Come Worship with Us!



Episcopal

St. Chrysostom's Episcopal Church
Corner of Hancock & Linden Sts.
Quincy • (617) 472-0737
Rev. David Hefling
Holy Eucharist 9 AM - Sunday School and Nursery Care During Service
Coffee Hour Following
ALL WELCOME
THRIFT SHOP CLOSED FOR THE SUMMER

Evangelical

EVANGELICAL CHURCH OF ATLANTIC
65 Newbury Ave. North Quincy
(617) 847-4444
Pastor Bill Donahue
Sunday Morning Worship 10:10 AM
Childcare Available

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Dr. Susan Jarek-Glidden, Pastor

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45 SUNDAY SCHOOL
11AM WORSHIP SERVICE
BRASS BAND MUSIC
7PM TUES WOMEN'S FELLOWSHIP
7:15PM WED. BIBLE STUDY

Spiritualist

First Spiritualist Church of Quincy
40 West St., Quincy, MA 02169
(617) 770-2246
Services Sunday 11 a.m. to 12:30 PM
Coffee and Conversation following service.
(Services 8 PM Wednesdays June, July, August)
Pastor Rev. Rita S. Berkowitz, C.H.,C.M.

John Sharry Senior VP At Bank Of Canton

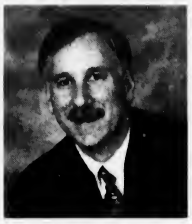
John M. Sharry has joined the Bank of Canton as a senior vice president based in the bank's corporate office at 490 Turnpike St., Canton.

Sharry, a banking industry veteran with more than 20 years of experience, is responsible for expanding Bank of Canton's commercial banking portfolio by providing middle market and small businesses with cash management and deposit services.

Before joining Bank of Canton, he served as Senior Vice President Client Manager at Bank of America in Boston.

Before starting his career in the banking field, Sharry served seven years as a Naval Aviator, Lieutenant and Pilot for P-3C aircraft in the United States Navy.

Sharry received an M.B.A. in accounting from Babson College, and a B.A. in economics from the College of Holy Cross. He lives in Braintree with his wife, Kathy, and their children: Ryan 16; Colleen 14; and Michael 8. Sharry is a member of the Rotary Club of



JOHN SHARRY

Quincy and is on the Board of Directors for Braintree Youth Basketball. He is also a coach for the Braintree American Little League.

For more information, call 888-828-1690.

Andrew Fonte Wins Bicycle

Andrew Fonte, age 12, of Quincy, has won a new bicycle in Dependable Cleaners' eighth annual Read to Ride summer reading incentive program.

Andrew will be entering the seventh grade at Heath School this fall.

Andrew reads for three to four hours each week. He is also the catcher on three local baseball teams, including Quincy.com, Quincy Youth Travel and the Twisters AAU Baseball Club.

For his winning entry, Andrew read *Shoeless Joe and Me*, part of the Baseball Card Adventure Series by Dan Gutman.

Read to Ride offers children, ages 6-15, the chance to win a bike and helmet (retail value up to $275) for every book they complete during the program.

For more information abou the program, call 617-471-1900 or log onto www.dependablecleaners.com.

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P1572EP
In the Estate of
FESTY FRANCIS GORHAM
Late of QUINCY
In the County of NORFOLK
Date of Death
April 13, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that FRANCIS P. GORHAM of QUINCY in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **AUGUST 9, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, June 26, 2006.

PATRICK W. McDERMOTT
Register of Probate

7/6/06

LEGAL NOTICE

COMMONWEALTH OF MASSACHUSETTS
THE TRIAL COURT
THE PROBATE AND FAMILY COURT DEPARTMENT
Norfolk Division
Docket No. 06C0071GC1

To Judith Beck-Rochelle of 32 Sumac Road, Quincy, MA 02171 and to all other persons interested.

A petition has been presented to said Court by Terry V. Johnson of 40112 State 92, Bagley, MN 56621 in the County, representing that he holds as tenant in common an undivided part or share of certain land lying in Quincy in said County Norfolk and briefly described as follows: a certain parcel of land, with the buildings thereon, situated on Sunrise Rd., Squantum, Norfolk County, MASS. being shown as Lot 5 on a plan entitled "Richard Park, Squantum, Quincy, Mass., Owned by Hilda Carlson," dated April. 1913, duly recorded with Norfolk Registry of Deeds, Plan Book 67, Plan No. 3229; being bounded and described, according to said plan, as follows:

NORTHERLY BY Sunrise Rd., Fifty-five (55) feet;

EASTERLY BY Lot 6, Ninety (90) feet;

SOUTHERLY BY land of Timothy F. Callahan, Fifty-five (55) feet; and

WESTERLY BY Lot 4, Ninety (90) feet.

Containing 4,950 square feet of land, according to said plan setting forth that he desires that – all – of said land may be sold at private sale for not less than $395,000.00 dollars and praying that partition may be made of all the land aforesaid according to law, and to that end that a commissioner be appointed to make such partition and be ordered to make sale and conveyance of all, or any part of said land which the Court finds cannot be advantageously divided, either at private sale or public auction, and be ordered to distribute the net proceeds thereof.

If you desire to object thereto, you or your attorney should file a written appearance in said Court at Norfolk before ten o'clock in the forenoon on the 2nd day of August 2006, the return day of this citation.

Witness, DAVID H. KOPELMAN, Esquire, First Justice of said Court, this 16th day of June 2006.

PATRICK W. McDERMOTT
Register

6/29, 7/6, 7/13/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P1511AD
In the Estate of
MARGARET T. DAMATA
Late of QUINCY
In the County of NORFOLK
Date of Death
September 3, 2005
NOTICE OF PETITION FOR APPOINTMENT OF ADMINISTRATOR

To all persons interested in the above captioned estate, a petition has been presented praying that KIMBERLY A. MOCCIA of HOLBROOK in the County of NORFOLK or some other suitable person be appointed administrator of said estate to serve with personal surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **AUGUST 2, 2006**.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, June 20, 2006.

PATRICK W. McDERMOTT
Register of Probate

7/6/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P1495EP
In the Estate of
SARAH B. EAVES
AKA SALLY B. EAVES
Late of QUINCY
In the County of NORFOLK
Date of Death
May 5, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that KENNETH B. EAVES of NORWELL in the County of PLYMOUTH or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **AUGUST 2, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, June 19, 2006.

PATRICK W. McDERMOTT
Register of Probate

7/6/06

LEGAL NOTICE

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2006-194
ORDERED: June 19, 2006

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.20 Stopping, Standing and Parking.
Section 10.20.040 Parking - Prohibited and Restricted where.

ADD THE FOLLOWING:

Street	Side	From	To	Type of Regulation
Deldorf Street	North	Whitwell Street	50' west of Whitwell Street	No Parking Anytime

A TRUE COPY.
ATTEST: Joseph P. Shea
CITY CLERK

7/6/06

NOTICES OF PUBLIC HEARINGS

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-053

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, JULY 25, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of JOHN O'SULLIVAN for a VARIANCE to subdivide two parcels, Lots A & B and to construct one single family dwelling on Lot B in violation of Title 17 as amended Chapter 17.20.040 (dimensional requirements), Chapter 17.24 (supplementary provisions) and Chapter 17.28 (parking) on the premises numbered 279 COMMON STREET, QUINCY.

Jack Garland, Chairman

7/6, 7/13/06

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-054

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, JULY 25, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of OMNIPOINT COMMUNICATIONS, INC., a wholly owned subsidiary of T-Mobile USA, Inc. for a SPECIAL PERMIT to install and operate a wireless communications facility mounted to the elevator penthouse on the roof of the existing building on the property in violation of Title 17 as amended Chapter 17.06.040 (wireless communications) and Chapter 17.04.180 (special permit) on the premises numbered 90 QUINCY SHORE DRIVE, QUINCY.

Jack Garland, Chairman

7/6, 7/13/06

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-055

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, JULY 25, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of DOUGLAS D. WOHN, AIA for a SPECIAL PERMIT/VARIANCE/FLOOD PLAIN to demolish unoccupied existing single-family house and construct 6 townhouses in violation of Title 17 as amended Chapter 17.20.040 (dimensional requirements), Chapter 17.28.030 (parking), Chapter 17.40 (flood plain) and Chapter 17.20.20 (required lot yards) on the premises numbered 125-135 ARLINGTON STREET, QUINCY.

Jack Garland, Chairman

7/6, 7/13/06

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-056

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, JULY 25, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of INTERCONTINENTAL TEN FAXON, LLC. for a VARIANCE/APPEAL to appeal the decision of the Director of Inspectional Services regarding limitation of banner signage and request to permit continued use of existing banner signage advertising units for lease or in the alternative, Variance from limitation placed on banner signage in violation of Title 17 as amended Chapter 17.32.080 (signs) on the premises numbered 10 FAXON AVENUE, QUINCY.

Jack Garland, Chairman

7/6, 7/13/06

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-057

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, JULY 25, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of EFRAIN ORTIZ for a VARIANCE to construct a 2.5 story, 2-family dwelling on an undersized lot in violation of Title 17 as amended Chapter 17.20.040 (dimensional requirements) and Chapter 17.28.030 (parking) on the premises numbered 9 LOWE STREET, QUINCY.

Jack Garland, Chairman

7/6, 7/13/06

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-058

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, JULY 25, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of CHARLES J. COTE for a SPECIAL PERMIT/FINDING to demolish the existing rear deck and sunroom and to construct an addition in violation of Title 17 as amended Chapter 17.40.060 (special permit) on the premises numbered 68 POST ISLAND ROAD, QUINCY.

7/6, 7/13/06 Jack Garland, Chairman

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INDEX
- ❑ Services
- ❑ For Sale
- ❑ Autos
- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
- ❑ Real Estate
- ❑ Antiques
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13 WEEKS OR MORE ❑ $6.00 per insertion, up to 20 words, for 13 or more insertions of the same ad 10¢ for each additional word.

❑ Enclosed is $ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

COPY: _____

NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION.
DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

Museum To Recall Squantum, S. Weymouth Air Bases

SHEA FIELD Memorial Grove at the former South Weymouth Naval Air Station, named for Cdr. John Shea, once executive officer of the base at Squantum, who died a hero in World War II, is near the site planned for a museum.

(Cont'd From Page 1)

lay in limbo despite efforts of the Patriot Squadron to cut them loose.

While most of the historic items are from NAS South Weymouth, the oldest are from NAS Squantum, which was established by the Navy as a seaplane base for training and patrol in 1917, only 14 years after the Wright Brothers first flew.

The memorabilia at the current museum includes the U.S. Naval Reserve Squantum banner that flew over the base when it was authorized in 1923 and commissioned as a reserve base in 1925 under the leadership of Lt. Richard E. Byrd.

"The flag goes back to the 1920-25 period," said Horsch.

Also on exhibit is an old wooden propeller from the days prior to jets when prop-driven aircraft like the F4U Corsair, the F6F Hellcat and the Curtis Jenney of World War I ruled the Squantum skies.

There is also a nod to Commander Jack Shea, once executive officer of the Squantum base, who died a hero in the sinking of the Quincy-built aircraft carrier Wasp in the Solomon Islands in World War II.

His letter to his son, explaining to him war and what to do if he doesn't come back, has become a literary classic. Shea Field at both bases and Commander Shea Boulevard in Quincy were named in his memory.

The arrival of jet aircraft after the war and the proximity of Logan International Airport in East Boston doomed NAS Squantum, then a reserve training base, and it was closed and moved to South Weymouth.

NAS South Weymouth opened in 1942 as a base for blimps patrolling the waters off the Atlantic coast during World War II. It was manned by a skeleton crew after the war until 1953 when NAS Squantum moved in.

Both Horsch and Charlie Murray, his colleague in spreading word of the Squantum/South Weymouth museum, are Navy veterans whose 20 years of service include tours at both Squantum and South Weymouth.

Murray was an aviation ordnance chief at Squantum in 1952 and South Weymouth in 1955. Horsch was chief avionics technician at Squantum 1947-53 and South Weymouth 1953-57.

MEMA's Hurricane Safety Tips For Boat Owners

"If you are a boat owner, you know that preparing your boat for a hurricane is just as important as preparing your home," says Massachusetts Emergency Management Agency Director Cristine McCombs. "MEMA has some important safety tips for boat owners as they prepare for the upcoming hurricane season."

• Boat owners should assemble emergency equipment and supplies as well as all of the necessary gear on board to properly tie down their vessel. Realize that it may not be possible to pull the boat out of the water. Precious time is lost when searching for gear as a storm approaches.

• Identify hurricane holes and safe harbors in the area in the event of being caught at sea.

• Have a plan worked out with the marina operator so there are no questions or confusion when the time comes to tie up or pull the boat from the water.

• Insure that the vessel is as watertight as possible. Use duct tape and plugs to seal hatches, ports, windows, doors and vents.

• Remove all electronics, valuables and non-essential items.

• Have insurance policies, boat registration, a recent photograph and description of the vessel, gear inventory, marina or storage lease agreement and important telephone numbers (local harbormaster, U.S. Coast Guard, National Weather Service, insurance agent) in a secure place off of the boat.

• When through, help neighbors in the water. It only takes one poorly tied boat in a marina to destroy an entire dock.

• Do not stay on the boat.

For more information on hurricane preparedness, visit www.mass.gov/mema.

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A Wreath And Praise For John Quincy Adams
– Page 3 –

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper

VOL. 38 No. 43 | Thursday, July 13, 2006 | 40¢

Celebrating The Fourth

LITTLE MISS USO Ava Lyons rides along in the Squantum Fourth of July parade.

MISS MERRYMOUNT Lauren Paten with first runner-up Jessica Davis.

A GROUP OF friends and neighbors from the Chickatabot Road area had that good old summer time look in the Merrymount Fourth of July Parade with their "Back To The Beach" entry. Other Photos on Page 9. *Quincy Sun photos/Robert Noble*

Cites Neglect At:

- *Wollaston Beach*
- *Furnace Brook Parkway*
- *Squantum Point Park*

Phelan Wants City To Take Over State-Owned Land

Mayor William Phelan wants the city to take control of state-owned land along Wollaston Beach, Furnace Brook Parkway and Squantum Point Park.

Phelan, in a letter to Commissioner Stephen Burrington of the state Department of Conservation and Recreation (DCR), cited the state's neglect in maintaining the property and requested a meeting to discuss Quincy taking it over.

Phelan called the condition along Furnace Brook Parkway "disgusting" and Wollaston Beach "regrettable."

"Squantum Point Park is a waste of one of the most valuable pieces of real estate in Quincy," he told Burrington.

Phelan said:

"The people of Quincy should not suffer from the neglect that the state has shown us over the years. State-owned properties in Boston, Hull and Revere are well-maintained and we continue to get the short end of the stick.

"The weeds along Furnace Brook Parkway are six feet tall and I am incredibly frustrated at the lack of attention we receive despite being one of the largest communities in the Commonwealth."

Phelan also cited the abandonment of Squantum Point Park and the adjoining pier.

"This could be of the most beautiful pieces of parkland in Quincy yet it sits there neglected, without any real future plan for use," Phelan continued. "You could not afford to build a pier like that, yet we let one simply go

(Cont'd On Page 32)

360,000 Clam Seedlings Set To Revive Industry

By TOM HENSHAW

Clam Warden Andy Ayer supervised this week the planting of 360,000 clam seedlings which are expected to become a bonanza for Quincy's clam diggers when they become adults in 18 to 20 months.

It represents another step in the comeback of an industry that has been declining in these parts for the past 10 years.

"We seeded 180,000 last night," said Ayer Tuesday morning. "We'll seed another 180,000 tonight. That will equal 1,200 bushels of adult clams when they reach maturity.

"There are fewer clams now than there were 30 years ago when I became warden. In the mid-90s there were so many diggers in Quincy that they dug most of the clams.

"Now there are fewer men digging and the clams are slowly coming back."

There are 30 persons, most of them Quincy residents, who hold clam-diggers' licenses from the city and state. Only commercial diggers are allowed to work the clam flats five days a week.

Old-time diggers, like former Mayor Frank McCauley, can recall a day when clams were so thick in the Quincy flats that their seedlings were shipped out to other coastal communities.

"Years ago the process was reversed," he said. "We used to go out and dig small clams and send them to other areas to help their diggers."

McCauley, who lives in Houghs Neck and dug clams on and off for 16 years, recalled that in his day it seemed like everybody dug clams, high school and college students, weekenders.

(Cont'd On Page 12)

■ **A Special Van For Eddie** - *Page 11* ■ **'Arts In The Parks' Opens** - *Page 12*

'Still So Much Work To Be Done'

Neighborhood Housing Services Helps With Katrina Relief Efforts

Neighborhood Housing Services of the South Shore recently sent two volunteers to assist with Hurricane Katrina housing relief efforts in storm damaged neighborhoods of New Orleans.

Donna Ackerman, Assistant Director of NHS of the South Shore and Arthur Tucker, resident volunteer, each spent a week working with partner organizations, NeighborWorks America, FannieMae and the Community College Foundation.

Ackerman and Tucker helped to staff the HomeHelp Express, a bus outfitted with computer stations, satellite internet connections, housing information and counselors from local housing agencies.

Residents from affected neighborhoods in New Orleans were able to access property insurance information, building permits, credit histories, receive mortgage counseling and overall assistance in housing.

Both volunteers met with families and individuals faced with many obstacles as they try to re-establish residency in devastated neighborhoods.

"There is still so much work to be done," was the sentiment of both volunteers. Since Hurricane Katrina hit the Gulf Coast in August of last year, there has been recovery in many neighborhoods, but some areas remain uninhabitable and will require total rehabilitation.

Both volunteers kept journals during their stay. Below are excerpts from their experiences.

From Arthur Tucker:

"My work location for the week was across the river in Gretna, at a shopping mall and in an area that had seen better days. We were located just outside a FEMA office at the mall, which was manned by two armed security guards.

BADLY DAMAGED home and debris in a residential section of the Lower Ninth Ward in New Orleans. While some areas have recovered from Hurricane Katrina, there are still areas that remain uninhabitable and will require total rehabilitation, according to two volunteers from the Neighborhood Housing Services of the South Shore who recently spent a week in Louisiana assisting housing relief efforts in storm-damaged neighborhoods.

"The work group consisted of people who offered information on food stamps, section 8, rental housing, homeless shelter for women, insurance claim status, first time home buyer assistance, credit reports, and job search. I would estimate that there were between 60 to 80 people who dropped in on a daily basis.

"I spent some of my work hours greeting people outside the bus, leading them inside to sign up, either directing them to the appropriate person, or asking them to take a seat and wait. I also sat down with numerous individuals and helped them by printing out credit reports, showing them web sites for job searches, housing rental, real estate prices and purchase."

Tucker said there are two people he remembers most:

"A single woman, about 50 years old, with one son and four grandchildren. She was of some financial means, but had lost her home and everything in it. She had spent all her time since Katrina living in about 6 different places all over the country with family and friends.

"She came back to New Orleans to be with her son, "pick up the pieces" and try to find a place to live while the insurance status of her destroyed home gets resolved. I helped get her credit reports and did a job search.

The other person is a senior citizen, about the age of 75, who had lived in the same modest ranch house in the Lower 9th Ward for nearly 50 years, that was paid for.

"He had homeowners insurance, but not flood insurance," Tucker recalled. "His house and everything in it was totally washed away, he did not know where. They offered him $18,000, said take it or leave it. Unbelievable. There wasn't much I could do for him."

From Donna Ackerman:

"My time on the bus was spent meeting individuals and families who had suffered significant losses. Each story was more compelling than the next.

"As you know, the devastation was great and the problems that followed are even greater. I listened to stories of families without flood insurance, families without damage insurance, families with insurance who were in mitigation, families who had received their settlements, only to be bewildered by what to do with the funds.

"Would their neighborhood be rebuilt? Or would it be destined for 'greenspace' in the near future. Some families are struggling to pay their mortgages, while living elsewhere.

"As an NHS worker with nearly 20 years of experience, I was asked to assist in matters that pushed my counseling knowledge and skills to the maximum. In many ways it was the epitome of validation of the work NeighborWorks does. As a human being, I was tested daily as I listened to heartbreaking stories of loss and frustration.

"I struggled to maintain hope. In reality, the people I was servicing were much more hopeful and resilient than I was. They were an inspiration. And they kept on coming."

DONNA ACKERMAN, (right) assistant director of Neighborhood Housing Services of the South Shore, with staff members of New Orleans Neighborhood Development Foundations at a neighborhood housing information fair in New Orleans. Ackerman and Arthur Tucker, a resident volunteer from Neighborhood Housing Services, recently volunteered with housing relief efforts in neighborhoods damaged by Hurricane Katrina last August.

ARTHUR TUCKER, a resident volunteer for Neighborhood Housings Services of the South Shore, in front of a HomeHelp Express bus. The vehicle is outfitted with computer stations, satellite internet connections, housing information and counselors from local housing agencies to help relief efforts in storm damaged neighborhoods of New Orleans.

Neighborhood Housing Services of the South Shore is a local affordable housing developer and belongs to the NeighborWorks America network. Funding for the trip was provided by a grant from NeighborWorks America.

For more information on these organizations, call 617-770-2227.

Beechwood Seeks Books For Senior Center Readers

The Senior Center at Beechwood is seeking donations of books for the Senior Center Library and its Book Sale Shelves.

The Center relies on the library to fill summer reading requests of seniors and on book sales for help in meeting Senior Center expenses,

Books can be dropped off at the Center, 440 East Squantum St., any day between 7:30 a.m. and 5:30 p.m. Tuesday and Thursday the Center is open until 9 p.m.

For more information, call 617-471-5712.

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The Quincy Sun

Will be closed Saturdays during July and August.

Have a nice, safe Summer

John Quincy Adams Honored With Presidential Wreath

By MIKAELA SLANEY

A wreath from President George Bush and remarks of praise honored President John Quincy Adams on the 239th anniversary of his birth, Tuesday.

A wreath was placed by members of the Quincy Navy Reserve Center, Lieutenant Commander Scott Graham, commanding officer, and Arthur Ducharme, director of the Historic Interpretive Program on his tomb in the crypt of historic United First Parish Church.

It was the 42nd wreath placed on his birthday, a tradition that started during the presidency of Lyndon Johnson.

Mayor William Phelan described Adams, the sixth president, as having a "pure" political record that is "marked most drastically, by his willingness to stand up in slavery. It was a brave position, albeit an unpopular one."

Phelan described John Quincy Adams as being "ahead of his time."

Remarks of praise were given by: Phelan, Ducharme, Rev. Sheldon W. Bennett, Minister of the United First Parish Church, and William Westland, United First Parish Church member, Caroline Keinath, deputy, superintendent of the National Historical Park, Kirt Switzer, member of the Church, Dr. Edward Fitzgerald, member of the Quincy Historical Society, and Lieutenant Commander Scott Graham.

Keinath and Fitzgerald agreed that Adams was an enigma that while describing himself as a cold, and reserved man, with an exterior that many could not break through, his diaries and letters showed compassion, love, and appreciation towards the people in his life.

Keinath described a journal entry that showed his vulnerability and anguish after losing his mother, and how it had severed ties to his childhood.

"These are not the words of a cold, indifferent man," said Keinath.

"Underneath that cold exterior was a warm man," said Fitzgerald. "The richness of the man and his spirit, which was not always evident to everyone, came through in his diaries."

"We remember John Quincy Adams for many things, but often overlooked is his devotion to churches," said Bennett. "The church was important to John Quincy Adams, it had been the church of his family."

Bennett described the intimidation of delivering a service with such a brilliant and educated man as John Quincy Adams sitting in a pew, as he did hundreds of years ago. "Sometimes I look out at the pulpit and I imagine how daunting it would be."

"John Quincy Adams was many things," said Ducharme. "Like his father, John Quincy Adams was a man of faith." Ducharme said that Adams stressed the importance of living life as his faith had taught him.

Graham said that he was proud to represent the president in honoring a "great American."

The following political background was provided by the church:

The oldest son of John Adams, the second President, he served an extended political career that started in his teens, during the American Revolution. He served as U.S. Minister to Prussia, and after a term as U.S. Senator from Massachusetts, he served as Minister to Russia. He signed the Treaty of Ghent in 1814 which concluded the War of 1812, served as minister to Great Britain, and continued on to become Secretary of State under President Monroe. He served as President from 1825-1829, and after a 16-year run as a member of the House of Representatives, he died in 1848.

"As I look at the list of what he accomplished, I'm always a bit overwhelmed," said Switzer. "What we see here is a man that lived fully every day of his life."

"Quincy is proud to call a man of such principles, their own," said Phelan.

Music for the service was provided by the U.S. Navy Brass Ensemble, with a hymn by Kathleen Adams, American Guild of Organists.

Peter Boylston Adams, treasurer of Adams Memorial Foundation, was a scheduled speaker, but was unable to attend the ceremony.

A PRESIDENTIAL WREATH that honored John Quincy Adams on the anniversary of his birthday was placed by (from left) two members of the Quincy Navy Reserve Center, Lieutenant Commander Scott Graham, commanding officer, and Arthur Ducharme, director of the Historic Interpretive Program. *Quincy Sun photo/Noreen O'Shea*

Beale Street Re-paving Sidewalks Work Underway

Beale Street in Wollaston will be re-paved from Adams Street to Newport Avenue over the next two weeks.

Crews from Aggregate Industries are already at work on the project, said Mayor William Phelan and DPW Commissioner Steve O'Donnell.

Sidewalks from Lakin Square down to Summit Avenue will be replaced entirely and sidewalk repairs will be performed all along Beale Street from Summit Avenue to Newport Avenue. In addition, 48 new ADA sidewalk ramps will be installed.

"I am thrilled to see new pavements on Beale Street," Phelan said. "Our residents have been patient as we replaced the century-old water main but we wanted to ensure that we did this project the right way. We will continue to make improvements to our streets and sidewalks throughout the city in an effort to improve our neighborhoods."

Crews will be milling the street this week and laying new pavement next week. Commuters should expect delays and seek alternate routes when possible.

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Moments in time

THE HISTORY CHANNEL

• On **July 12, 1862,** President Abraham Lincoln signs into law a measure calling for the awarding of a U.S. Army Medal of Honor. In 1863, the Medal of Honor was made a permanent military decoration available to all members of the U.S. armed forces.

• On **July 11, 1938,** the "Mercury Theater on the Air" radio drama featuring Orson Welles debuts. The show is best remembered for its 1938 broadcast of "The War of the Worlds," a fictional drama about a Martian invasion in Grovers Mill, N.J.

• On **July 13, 1943,** the Battle of Kursk, the largest tank battle in history, ends as the Soviets repulse a German offensive at heavy cost. Some 6,000 tanks, 2 million men and 5,000 aircraft were involved in the fighting.

• On **July 14, 1955,** Volkswagen introduces the Karmann-Ghia. The car's sleek lines and hand craftsmanship attracted the attention Volkswagen had hoped for. Nevertheless, the Ghia's power suffered from its 36 horsepower, flat-four engine. The car was last produced in 1974.

• On **July 15, 1965,** the unmanned spacecraft Mariner 4 passes over Mars at an altitude of 6,000 feet and sends back to Earth the first close-up images of the red planet. The pictures revealed a vast, barren wasteland of craters and rust-colored sand, dismissing 19th-century suspicions that an advanced civilization might exist on the planet.

• On **July 16, 1979,** Army doctor Jeffrey MacDonald stands trial in North Carolina for the murder of his wife and children nearly 10 years earlier. In 1974, a grand jury indicted him for murder, but the trial did not begin for another five years. In 1979, MacDonald was convicted and given three life sentences.

• On **July 10, 1989,** Mel Blanc, the voice of Bugs Bunny and Daffy Duck, dies from complications of heart disease. Other character voices that Blanc created included the Road Runner, Sylvester, Tweety Bird and Woody Woodpecker's signature laugh.

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MOKI: 1 y.o. female Calico. Shy but very sweet.
PRETTY KITTY: beautiful long-haired black male.
WHITEY: 10 y.o. pure white DSH female.

Sunbeams

By Henry Bosworth

An Early Start For Phelan?

The next city election is still more than a year away but for political observers, it's more like just around the corner.

And that means speculation time.

At center stage, of course, is Mayor William Phelan. Incumbent mayors always are.

PHELAN

He hasn't publicly said "yes" or "no" but it's virtually a sure thing he will seek a fourth term.

And, he appears to be getting off to an early start.

His committee is sponsoring a reception for him Tuesday, July 25, 5 to 7:30 p.m. at the Adams Inn, 21 Hancock St., North Quincy.

The invitation is simply worded as a reception in Phelan's honor. The return card, however, refers to it as "Bill's Campaign Reception."

Suggested donation: $125.

It would appear to be a fund-raiser for a fourth term run.

And, that naturally raises the inevitable question: will he get an opponent or a free ride?

There are six city councillors considered as interested in someday moving into the mayor's office:

Council President Doug Gutro, Joe Finn, John Keenan, Mike McFarland, Dan Raymondi and Kevin Coughlin.

But would any of them challenge Phelan next year?

If one were to, the more likely of the six would seem to be Finn. He came close to running last year.

FINN

But at this time, he isn't saying he will. He isn't saying he won't. And he isn't saying maybe.

"I'm keeping all of my options open," he says. (Period.)

The others seem to be willing to bide their time for a run somewhere down the road. For Raymondi it could be a short road.

RAYMONDI

Phelan has the look of a definite fourth term candidate. He likes the job. The power. The prestige. And he has some projects he wants to see completed. Especially a new Quincy High School and getting the Quincy Center concourse down to Southern Artery.

If Finn doesn't run, it looks like a free ride next year for Phelan.

He rode to an easy third term last year unopposed on the ballot and swamping a sticker candidate.

With no challenger on the ballot — and despite the sticker candidate — Phelan qualified as only the fourth mayor in the city's history to be re-elected unopposed.

BURGIN

McCAULEY

SHEETS

Thomas Burgin was the first in 1940. Frank McCauley, the second in 1983. And James Sheets the third with not one, but three free rides in 1991, 1993 and 1997.

Phelan took the keys to the mayor's office away from Sheets in 2001 by a slim 17 votes in the closest mayoral race and the biggest political upset in the city's history.

For years mayors traditionally came out of the city council. Phelan changed that. He came out of the school committee where he served only two years before being elected mayor.

And speaking of tradition all 29 mayors have been men.

There are those who hope to see a woman sitting behind the mayor's desk one of these days.

Four women have tried to get there.

Rita Anderson (1971), Grace Saphir (1973 and 1975) and Joanne Condon and Sabina (Kavanagh) Stenberg, both in 1985.

SAPHIR

Of the four women, Saphir was the top vote-getter polling 10,416 against incumbent Walter Hannon's 15,492 in 1973.

Could another mayor come out of the city council? And is there a woman mayor in the city's future?

Could those two questions be answered with one name?

A name, say, like Anne Mahoney.

Mahoney made a dazzling political debut last year, winning one of the three vacant school committee seats. But it was the way she did it.

MAHONEY

She led a 12-candidate field in the preliminary election. And then topped the six-candidate field in the final with a 1,209 vote margin.

She worked hard in both elections, knocking on doors throughout the city — losing 10 pounds doing it.

And, she listened to what people had to say.

She's the attractive mother of three young children who also makes an attractive candidate. Right now, her interest is in doing a good job as a member of the school committee.

But someday could she — or someone like her — be that first woman mayor?

Free Legal Consultation

Free legal clinics will take place select Tuesday evenings, now through Dec. 6 from 6-8 p.m.

The clinics, sponsored by the Bar Association of Norfolk County, will arrange for attorneys to be available for private one on one confidential consultation to discuss legal issues and concerns.

There is no appointment necessary. The clinics work on a first come, first serve basis depending on legal issues. Walk-ins are welcome.

The clinics will be held at the Quincy District Court, the Wrentham District Court, and the Stoughton District Court.

The dates and towns are:

July 18: Quincy. **Aug. 15:** Quincy. **Oct. 4:** Stoughton. **Oct. 18:** Quincy. **Nov. 1:** Wrentham. **Nov. 22:** Quincy. **Dec. 6:** Quincy.

For more information, call Adrienne Clarke, executive director of the Bar Association of Norfolk County at 617-471-9693.

Save Gas and Money
Shop Locally

Friday Is Fitness Day At Beechwood Center

Friday is Fitness Day at the Beechwood Community Life Senior Center — fitness in both mind and body.

Maryann Mahony, senior center coordinator, lists these fun and games for the 60-plus set.

Outdoor activities

Walkers (all levels welcome) 9 a.m.

Horseshoes (senior made court), bocce, strollers and "gentle" walkers, 10 a.m.

Indoors in AC room

Darts and hall horseshoes, 10 a.m. to 2 p.m.

Mind exercises

Scrabble, bridge, puzzles, cribbage, chess and a round table discussion group, 10 a.m. to 1 p.m.

Scenes From Yesterday

THIS IS A REAL photo postcard reproduction showing an aerial view of Swingles Quarry in West Quincy. Previously known as Elcock Quarry it was purchased in the 1890s by Jonathan Swingle and Alexander Falconer. The two later separated their businesses and Swingles went on to expand his holdings eventually owning four quarries on 50 acres of land in the West Quincy hills. This quarry produced the Quincy Granite Gazing Ball made from the Extra Dark Quincy granite that Swingle made famous. The small bridge in the foreground separated Swingles from the Granite Railway quarry that was adjacent to it. In 1963 the Swingles Quarry had reached a depth of 350 feet and was then owned and operated by Antonio Ruscitto & sons, who shut it down after two workmen fell to their death. That was the end of granite quarrying in Quincy. The quarry was a treacherous place for swimmers and was eventually filled with material from the Ted Williams Tunnel. This area, with spectacular views, will soon become a city park. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of Tom Galvin

Readers Forum

Democracy And Values Being Chipped Away

Your Sunbeams column on June 22 needs further exposition. We should all be concerned if our democracy and values are being chipped away.

I suggest that your readers consider their own attitude towards the actions of the three branches of government: congress, the chief executive, and the courts. The most recent action was by the senate.

Why did our senators vote against the almost two-thirds majority, including many intelligent and thoughtful members of the Democratic party? Why haven't they shown support for Senator Clinton of New York who proposed to provide better statutory protection for the display of our flag?

Why haven't the President and the Executive Department helped design better bipartisan legislation? Why isn't the public more considerate of the flag? Are we all getting indifferent and letting our traditions get chipped away as you say?

Do the schools still teach why Francis Scott Key composed his poem during the war of 1812?

The United States Senate has rejected, by one vote, submitting a constitutional amendment to the states authorizing Congress to provide better protection of the American national flag from desecration.

This need not end the discussion. It would be timely to recall certain principles.

The decision of the Supreme Court, by a five to four vote, that it would be a constitutional violation of the First Amendment for Congress to legislate against the desecration of the flag, is binding. A five to four vote is as binding as a nine to zero vote of the Court. There is a general recognition that freedom of speech, to some extent, includes symbolic acts of expression.

In the 1943 case in West Virginia involving the refusal of certain Jehovah's Witnesses to salute a flag, Justice Robert Jackson explained that at times, symbolism can be an effective, albeit primitive, way of communicating ideas.

In 1968, the Supreme Court considered the freedom of expression rights of a man named O'Brien who was apprehended burning his draft card on the steps of the South Boston District Court. The Court held that he violated a statute seeking to facilitate operations of the Selective Service System.

By 1989, a different Court majority held a different point of view.

In Texas vs. Johnson, 491 U.S. 397, the majority believed that there was a protected freedom of expression for one Johnson to burn an American flag publicly at the 1984 Republican National Convention. However, the decision written by Justice Brennan fails to take account of some factors, and does not satisfactorily comply with precedents.

There are flags which under American law cannot be misused. The Hague and Geneva Conventions stipulate that the flag of the Red Cross is a symbol of humanitarian medical haven, and cannot be moved or misused in any manner. These treaty obligations are part of the supreme law of the land, under our constitution.

Under international law, the flag and embassy-consular buildings have extraterritorial status. For example, it is illegal to tamper with the Russian flag at the embassy on 16th Street in Washington, or for Russians to tamper with the American flag at our embassy in Moscow. Historically, flags have become vital symbols of nationhood.

Congress should enact a statute that properly provides for the respect of our flag, and indicate the public purposes being served.

If a future case arises involving alleged desecration of the flag, the Court should craft a more sensible and persuasive decision than the Texas case, and that case should be restricted to its facts.

The executive branch of the government should avoid prosecution of pitiful people like Johnson, and choose to prosecute only significant violations.

All of us should take more care in displaying and saluting the flag.

Robert L. Halfyard
Marina Dr.

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Quincy's Yesterdays

Jet Noise Compromise Summit Meeting Is Set

Week Of July 10
1979
27 Years Ago

By FRANK McCAULEY

Representatives of the Federal Aviation Administration and citizen groups from Boston, Quincy and three other communities are scheduled to meet July 19 to see if they can reach a compromise in the long dispute over airplane noise that has gone on for over a year.

Federal Judge David Nelson had urged the meeting be held before he rules on a petition by the city of Quincy and the towns of Milton and Hull to intervene in a suit brought by the city of Boston to force aircraft taking off from Logan Airport to use a route other than one over South Boston.

One of the alternate routes would take the planes over Quincy. The 180 degree heading raised a ruckus in Squantum and Wollaston last summer when a change in routes was made without consulting Quincy residents.

Bernice Mader, chairperson of Citizens Against Airport Noise, demanded aircraft departing Logan use routes over the ocean.

CITY EYES TAKEOVER OF MBTA PARKING LOTS

Mayor Arthur Tobin is considering a city takeover of the parking lots at the MBTA stations in order to improve maintenance and policing of the areas.

"We're dissatisfied with the way the parking around the stations has been handled," said Tobin, noting the leases between the MBTA and Allright Boston Parking will expire next April 30.

KEEPING UP WITH THE RED SOX

At the halfway point in the 1979 season, the Boston Red Sox were in second place in the American League East, two games behind the league leaders. Jim Rice, batting .325, was the only Red Sox player in the top 10 in hitting in the American League.

QUINCY-ISMS

Judith Ann Suket, 76 Bicknell St., Germantown, was elected president of the Massachusetts Association of Nurse Anesthetists for the next two years . . . Obie's Fitness Center, 11 Revere Road, Quincy Center, advertised a "Women Only Special, 2 for the price of 1, 6 weeks for 2. $35 (with this ad only) . . . **Grace Giunchiglia** was installed as president of the South Shore Chapter of the National Secretaries Association, International . . . The Quincy High School Class of 1929 was planning its 50th anniversary reunion for Oct. 5 at the Neighborhood Club . . . **Paul Hunt**, scholarship chairman of the Morrisette Legion Post, announced scholarship awards to the following Quincy students: **Dina DeLuca**, **John Shea**, **Diane Somontes**, **Robin Starck** and **Carol Tosches**, all of Quincy High School . . . **John McDuff**, 216 South St., Quincy Point, announced his candidacy for the School Committee, citing the need for "good, old-fashioned education — a return to the basic three R's" . . . **Steven Viegas**, son of Mr. and Mrs. **Steven Viegas**, 95 Butler Road, received his Doctor of Medicine degree from Boston University School of Medicine . . . **John (Jake) Comer**, 45 Lancaster St., Quincy Point, was elected alternate national executive committeeman for the American Legion . . . Fr. **William McCarthy**, pastor of St. John's Church, celebrated a special Mass on the occasion of the 203rd birthday of the United States . . . Ten junior high students won honors in the third annual Junior High School Josiah Quincy Oratorical Contest: **Jackie Boiss**, **Jennifer McCauley** and **Peter McPartlin**, grade 7; **Ann Keenan**, **Diane Raftery**, **Sidney Hajjar**, **Patricia O'Toole**, grade 8; and **Joan MacDonald**, **David DeMeo**, **Ellen Salibe**, grade 9 . . . The Dragon Hut, corner of Beach Street and Quincy Shore Drive, was advertising an Egg Foo Yung Sandwich for 75 cents . . . The Bryan VFW Post, Broad Street, announced a Homecoming Reception for post member **Thomas McDonald**, VFW state commander for 1979-1980 . . . Former Mayor **Joseph LaRaia's** "tell all" book titled "City Under the Influence" hit the bookstores; price, $10 . . . State Sen. **Paul Harold** announced the state had awarded Quincy a $4,000 grant to be used for a study of the Black's Creek Salt Marsh.

Arts & Entertainment

MODELS FOR THE fashion show hit the runway. From the left, Maralin Manning, executive director of the Quincy Business Council and Maria Droste board member; Maureen McGuire, Quincy Medical Center; and committee member Jody Gallery, Corcoran Realty Group.

THE MARIA DROSTE Counseling Agency of Quincy held a recent fashion show at Lantana in Randolph dedicated to the memory of the late Darlene Sheehan, who devoted her life to aiding young women with drug problems. From the left are Marie Downey, Maria Droste board member; Board President Geri Dussault; WBZ-TV's Joyce Kulhawik, guest speaker; Marie Droste Agency Director Sister Lorraine Bernier; board members Marline Manning and Pat Queeney; and Ann Sheehan, sister of Darlene Sheehan for whom future fashion shows will be named in her honor.

Robert Noble photos

Maria Droste Agency Fashion Show A Special Dedication

ANN SHEEHAN, sister of Darlene Sheehan, who died of cancer last year, to whom the fashion show was dedicated, and Joyce Kulhawik of WBZ-TV, guest speaker and cancer survivor.

COMMITTEE MEMBERS Judy Farmer, Bank of Canton, and Karen Donnellen, Suburban Oncology.

Foxwoods Trips Each Wednesday

The Council on Aging is offering trips for seniors to the Foxwood casinos in Connecticut on the first Wednesday of every month.

The cost is $25 and the bus will leave from the parking lot next to the red brick office building on Victory Road in Marina Bay promptly at 8 a.m.

For further information, call Dorothy Dow at 617-376-1508.

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Quincy Artist's Paintings On Exhibit At Library During July

Quincy artist Isabel Shamitz will exhibit oil paintings of urban scene in Boston, Quincy and other cities during the month of July in the Coletti Reading Room at the Thomas Crane Public Library, 40 Washington St.

Shamitz tries to capture in her work moments in time using a realistic style heavily influenced by the themes and colors of impressionism and the artists Mary Cassatt and Norman Rockwell.

She has a degree in fine arts from the University of Maryland and has studied at the Museum of Fine Arts in Boston and the Boston Artists Guild.

INTERNET CLASSES

An introduction to the Internet class will be offered on the fourth Wednesday of each month this summer in the computer room of the Main Library. The class covers such basics as how to conduct a Google Web search.

Classes are scheduled for June 28, July 26 and Aug. 23 at 10 a.m. No advanced registration is required but participants must have previous experience using a mouse and a keyboard. If not call 617-376-1316 or stop by the reference desk.

MONTHLY ANIME SCREENING

The library will present the Japanese anime film "Howl's Moving Castle" Thursday, July 13, at 6:30 p.m.

Sophie, a 19-year-old girl who believes she is plain, has resigned herself to a drab life in her family's hat shop — until the Witch of the Waste transforms her into a 90-year-old woman.

In her aged guise, Sophie searches for a way to break the Witch's spell and finds unexpected adventures. The program is intended for adults and teens aged 13 and older.

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Social

Father Bill's Place Food Fest, Auction Aug. 1

Father Bill's Place will host the 12th annual Food Fest & Action at WaterWorks in Marina Bay Tuesday, Aug. 1, from 6-10 p.m.

The evening's proceeds will benefit the agency's programs and services for the homeless in the South Shore.

The money raised at this event will help people like Donna, who has recently gone from homeless to housed, with the help of Father Bill's Place.

Donna arrived at Father Bill's Place in the summer of 2005. She had recently been hospitalized and was discharged with no place to return to. She wanted to remain close to the doctors who were caring for her. She arrived at Father Bill's Place with little more than the clothes she was wearing.

Donna credits Father Bill's Place and its staff of case managers, nurses and direct care workers with helping her get back on her feet. In addition to providing her with the appropriate service and programs, like Mass Health and assistance from the Department of Transitional Assistance, the staff helped her in other ways as well. They helped her join the YMCA and provided her with eye care and necessary vaccinations. Most importantly, they gave her support when she needed it; a shoulder to lean on during the bad moments.

After three and a half months at the shelter, where Donna connected with the Department of Mental Health and Work, Inc., she was able to move into an apartment of her own. Now, just a few months later, she is settled in her knew home, paying rent, and working on "getting back into the race." She has been taking computer classes and recently interviews for a full-time administrative position. She views the day she moved into her apartment as the "first day of life."

Donna's success would not be possible without the funds raised each year at the Food Fest.

Now in its 12th year, the Food Fest features more than 40 of the finest local restaurants, bakeries, and wine distributors sampling their wares for the 1,500 people who turn out for the "event of the summer."

Auction items include a Red Sox jersey autographed by rookie sensation Jonathan Papelbon, dinner at the four-star-rated Aujourd'hui restaurant at the Four Seasons Hotel, Boston, and a trip for two to New York Fashion Week in September.

The Food Fest & Auction is sponsored by William Gallagher Associates, The Patriot Ledger, New England Realty Group, and Jay Cashman, Inc.

Father Bill's Place is an interfaith housing provider committed to providing permanent solutions to the problem of homelessness. Since its inception in 1984 as an emergency shelter, Father Bill's Place has grown into a highly visible, well-respected social service agency assisting the entire South Shore community.

Father Bill's Place remains steadfast in its mission to help homeless people obtain a home by giving temporary shelter and food, finding safe and affordable housing, and providing permanent housing with supportive services. Father Bill's Place helps people who are homeless, or at risk of homelessness, to achieve self-sufficiency.

Tickets for the event are $100 each, and can be purchased online at www.fatherbillsplace.org, or by calling the agency's Development Office at 617-376-2255.

DIANE DINOCCO and MARK MARRESE

Diane DiNocco Engaged To Mark Marrese

Blanche DiNocco of Quincy announces the engagement of her daughter, Diane M. DiNocco to Mark F. Marrese. She is the daughter of the late Robert DiNocco.

He is the son of Ronald and Maria Marrese of Bridgewater.

Ms. DiNocco is a registered nurse with Bridgewater Goddard Park Medical Associates. She is a 1995 graduate of North Quincy High School, a 1999 graduate from Laboure College, and a 2001 graduate of UMass Boston.

Mr. Marrese is a computer programmer with Meditech. He is a 1994 graduate of Bridgewater-Raynham Regional High School, and a 1998 graduate of Bridgewater State College.

A September wedding is planned in Quincy.

Nine Graduate From Framingham State College

Nine residents recently graduated from Framingham State College.

They include:

Kristin M. Nicholls, BA communication arts; Ryan M. Murray, BA English; Tanya L. Modoono, BA psychology; Elizabeth M. Robinson, BA psychology.

Julia G. Wilkinson, BA science; Suzanne M. Graham, MA mental health counseling; Lisa Eison, MA mental health counseling; Alicia M. Miller, MA special education; Adrienne S. Wirtz, MA special education.

Rachel Hodges Member Of English Honor Society

Rachel Hodges of Quincy was recently selected for inclusion in Lesley University's chapter of the international English Honor Society, Sigma Tau Delta.

Hodges was chosen as an English major who has completed at least two literature classes at the 2000-level or above and who have a GPA of at least 3.3.

This spring, society members sponsored a poetry and performance evening and bake sale that raised money for First Book, a children's literacy charity. They were also treated to a private tour of the Boston Athenaeum.

Additionally, for the first time, senior member's graduation robes were adorned with a Sigma Tau Delta honor medals at the Lesley commencement exercises this year.

Marie Lo Cicero Massoit Graduate

Marie P. Lo Cicero of Quincy graduated with honors from Massasoit Community College, Brockton.

Her degree is in Business Administration, Hotel and Restaurant Management. She is a member of Alpha Kappa Upsilon, Massasoit's chapter of the International Honors Society Phi Theta Kappa.

Mr., Mrs. Ronald Davis Parents Of Son

Brooke and Ronald Davis of Quincy, are parents of a son Aiden Tyler born May 21 at South Shore Hospital, Weymouth.

He joins a brother Daniel Xavier.

Grandparents are Dennis Hopkins and JoAnn Mayo of Braintree, and Mary Davis of Milton.

Robert Muollo On Clark Dean's List

Robert A. Muollo, Jr. is on the Dean's List at Clark University. He is majoring in geography, urban studies, and is minoring in biology.

Four Graduate Stonehill College

Four residents recently graduated from Stonehill College, Easton.

They are: Andrew D. Ngo, Brian E. Kenney, Ester Yakobson, and Michael L. Joyce.

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Popular Jazz Concert for All Ages

Krisanthi Pappas Band To Perform At Crane Libary Sunday

The Krisanthi Pappas Band will perform popular jazz and cabaret songs at a free concert for all ages on Sunday, July 16 at 3 p.m. on the Thomas Crane Public Library lawn, 40 Washington St., Quincy.

Jazz, cabaret and pop vocalist Krisanthi Pappas, dubbed the "golden voice" by her jazz colleagues, has performed throughout the U.S. and Caribbean at jazz concert series, festivals, resorts, clubs and private events. She has opened for or shared the stage with such jazz greats as Branford Marsalis, Chuck Mangione, and Gary Burton as well as pop sensations The B-52s.

Krisanthi also plays piano and drums on some of her songs as well as writing her

KRISANTHI PAPPAS

four-piece band's musical arrangements.

In February 2006, Krisanthi's hit song "One Slow Dance a Day" – as heard on ABC's One Life to Live and NBC's Passions – won third place in the jazz category of the prestigious Billboard World Song Contest.

She has continued to receive songwriting awards from the ASCAP Popular Music Awards Panel every year since 1999 for her original music and lyrics in jazz, cabaret and pop.

Several CDs feature Krisanthi's own jazzy arrangements of classic songs as well as her heartfelt original songs and have been purchased by fans around the world.

Music lovers of all ages will enjoy the Krisanthi Pappas Band. The concert will last one hour and will be held in the library's atrium if the weather is inclement.

The performance is sponsored by the Friends of the Thomas Crane Public Library.

For more information, call 617-376-1301 or visit thomascranelibrary.org.

'SummerFest' Concert Series Underway

The "SummerFest" concert series is underway and will take place Wednesdays at 7 p.m. at the Ruth Gordon Amphitheater in Merrymount Park.

Admission to all shows is free.

The series began last night (Wednesday) with New England Weather.

The remaining schedule:

July 19, Moby Dick & the Wailers: A performer from the original series, Quincy native John DeMasi leads his group back to the stage. Specializing in Dixie/Swing to Chicago Jazz, Moby Dick & the Wailers' features a medley of trombone, clarinet, tuba and bass, banjo and drums.

July 26, Riverside Theater Works: Riverside has been such a fixture in the musical life of Quincy over the past 10 or more years that it's proclaimed the official Musical Theatre Group of the city. Join this troupe of talented young folks as they sing and dance their way through the Great American Songbook.

Aug. 2, The Continentals: The Continentals are a 17-piece Big Band in the style of The Duke of Ellington, Count Basie and Glen Miller Orchestras.

Aug. 9, Denis O'Gorman: Denis and his authentically Irish band were one of the big hits of SummerFest last year. From his slow Irish ballads to rollicking traditional sing-a-longs, his performance is always a magical experience.

For more information, contact the Quincy Park Department at 617-376-1251.

Chef to Grill Fresh Veggies At Farmers' Market Friday

Shoppers who venture into Quincy Farmers' Market in the Hancock parking lot Friday, July 14, will be treated to farm-fresh produce, prepared and grilled by Charles de Varennes, chef-owner of the Heritage Cafe.

Quincy native deVarennes opened the Heritage Cafe at 1429 Hancock St. in March 2006 and has developed a menu of southern-style barbecue ribs, pulled pork, breakfast sandwiches and desserts.

"We are fortunate here in Quincy to experience variety of fine dining from every corner of the world," said Mayor William Phelan, who is scheduled to make an appearance at the market cookin.

Also in attendance will be Erin Confer, chef-owner of Eatin' Healthy, and Dr. Wayne Westcott of the South Shore YMCA. Quincy farmers will answer questions on their production and anticipated season's bounty.

For more information, contact Anneli Johnson at 617-479-1601.

Free Summer Concert July 24 At Shea Park

The 12th Anniversary, a free summer concert, will be held Monday, July 24, from 7 to 9 p.m. at Shea Park, Copeland and West Streets, West Quincy.

The evening of free entertainment is sponsored by the Granite Workers Memorial Park Committee and Ward 4 City Councillor Jay Davis. Rain date is Tuesday, July 25.

The concert will feature The EMANONS led by Dave Burbank. Concert-goers are urged to bring blankets and law chairs.

'Saturday Night Fever' At Mound St. Beach

Beach chairs and blankets will be the order of the day Thursday, July 20, at 7 p.m. when the John Travolta film "Saturday Night Fever" is shown under the stars at Mound Street Beach.

The presentation is sponsored by Mayor William Phelan and the Quincy Beaches and Coastal Commission, Leo Kelly, chairman.

There will be refreshments for sale and a bingo game and prizes.

Mound Street Beach is in Quincy Point with adequate parking and close to an MBTA bus route.

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Quincy Rugby Club - Colin Riley
Quincy Youth Hockey - Amy E. O'Brien
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LOCAL 103 IBEW Bagpipe Band steps along Dorchester Street in the Squantum Fourth of July parade.

"SURFIN USA" (left) entered by Overlook Road, Highfield Road, Waban Road and Moreland Road and "Beach Party" (right) tied for first-place honors in the float category at the Merrymount Parade.

Quincy Sun photos/Robert Noble

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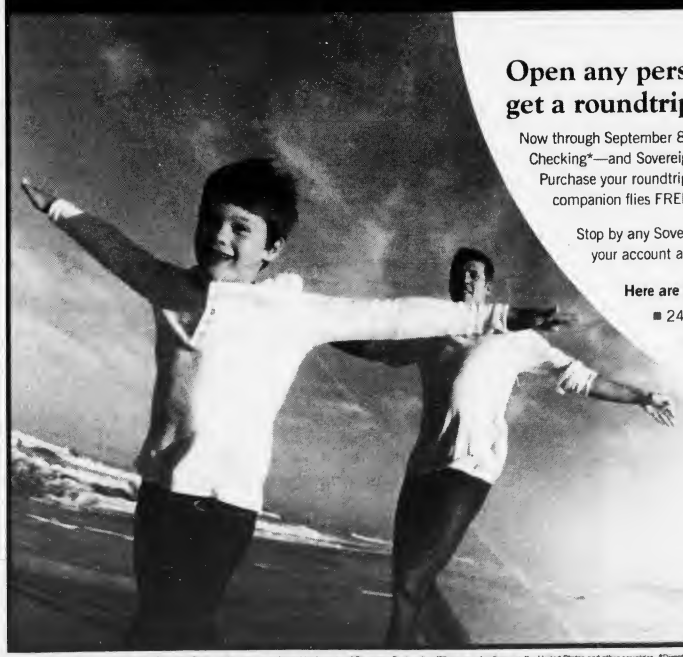

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120 QHS Seniors Awarded 241 Local Scholarships

QUINCY HIGH SCHOOL recently held its annual Scholarship Assembly. This year, 120 graduating seniors received 241 local scholarships totaling close to $200,000. The total amount of scholarships and financial aid awarded to the Class of 2006 was over $3 million. Among the local organizations presenting scholarships was the Quincy Rotary Club. Making the presentation to the Rotary Club scholarship recipients was city councillor and past Rotary Club president Michael McFarland.

MARTHA SUE HARRIS, (right) president of Quincy College, presents six scholarships for students entering Quincy College in September. Among these are Melissa Sacchetti, Brian Feeney, Erin Scannell and Krystal Woolf.

PAUL D. FELDMAN and his family present the Jason Feldman Memorial Scholarship to Daphne Walker.

ALICE CORREIA (left) receives The Rebekah Assembly of Massachusetts Scholarship from Virginia Wallace.

TOM PECORARO (right) presents the South Shore Plumbing and Gas Inspectors Scholarship to Matthew Ploof.

RICHARD HANLON awards the Michael Therrian Memorial Quincy Youth Soccer Scholarship to Courtney Hall and Marissa Monaco.

GEORGE C. BURKE Foundation awards the Martin Finnegan Scholarship to Timur Amirkhanov. Mr. Finnegan (left) was in attendance this year and is pictured with Timur and Frank Santoro, principal of Quincy High School.

GEORGE BURKE presents Ashlee Scott the George C. Burke Foundation Munroe MacLean Scholarship.

MICHAEL CARBONNEAU (left) won the Quincy Veterans Council Scholarship, presented here by Vincent Dolan.

ASHLEY QUAN receives the Munroe MacLean Memorial Scholarship from Jean Ann Phinney.

MAN NHI DAO and Minh Nhat Nguyen receive the Vietnam Dream Scholarship from Bao Truong, a 2003 graduate of Quincy High School who is now majoring in Nuclear Engineering at M.I.T.

AS AFJROTC Instructor Major William Zinnell (left) looks on, Dr. Bertrand Shaffer (right) awards the Jewish War Veterans #193 Scholarships to Ian Champion, Jonathan Korman, Chelsea Cedrone, Charlene Yang and Christina Loi.

QUINCY RETIRED TEACHERS Association awarded 27 scholarships to members of Quincy High School's class of 2006.

Photos Courtesy Quincy High School

Muscular Dystrophy Patient

A Special Van For Eddie From Friends

WHEELCHAIR ACCESSIBLE VAN donated to the Saliba family to be used by Eddie Saliba, at Quirk Chevrolet. From left are John Yazwinski, executive director of Father Bill's Place, Reverend William McCarthy, Estelle Stanley, Eddie's great-aunt, Maggie Saliba, Eddie's sister, Margie Saliba, Eddie's mother, Dan Quirk, owner of Quirk Chevrolet, Eddie Saliba, Eddie's father, and Eddie Saliba, in front. *Quincy Sun Photo/Robert Noble*

By MIKAELA SLANEY

A wheelchair-accessible van was recently donated to Eddie Saliba 14, of Braintree, who suffers from Muscular Dystrophy.

The gift was made possible through the donations of many people, and the collective fund-raising efforts of many, especially Rev. William McCarthy, former pastor of St. John's Church, and Executive Director John Yazwinski, of Father Bill's Place, Eddie's late great-uncle, Rev. Deacon Joseph Stanley, who passed away in April, and Dan Quirk, owner of Quirk Chevrolet.

The van, with all of the equipment, cost $50,000. Father Bill's place, named for Rev. McCarthy, raised $45,000, but Dan Quirk paid for $9,000 of the total, allowing Father Bill's to redistribute the remaining $4,000 towards other charity work.

Eleven donors contributed to paying for the van, and it took approximately two weeks to raise the money, McCarthy said. A donor who wished not to be named gave $25,000. He is a former owner of Sylvania Electric.

"It's very heartwarming and overwhelming that people we don't know, but know of us, would be so gracious as to donate the money for the van," said Margie Saliba, Eddie's mother. "Thank you doesn't seem quite adequate enough."

It took about eight or nine weeks to install equipment in the van because the parts had to be specially ordered. By pushing buttons, Eddie may open the back door, and lower a ramp. The van is also equipped with a television for rear passengers.

"The dying wish of (Stanley) was that (Eddie) get a van," said McCarthy, "so I went to Quirk's, and ordered a van. I didn't have a dime to pay for it, so I went out and begged various people, and finally came up with the $45,000. Most of the people I got to participate in donating for the van were from the Cape. Before his uncle died, he knew that I ordered the van, so he could rest in peace."

Stanley "was very well-liked, and he was always going about helping out people," said McCarthy. "He was involved in the prison ministry, and he was involved in a house that they call Saint Claires, which is a house for women to become rehabilitated after they come out of prison. He visited funeral homes for wakes, and did prayers for anyone buried at various cemeteries. I had no trouble raising the money because everyone that knew him was more happy to give."

This is the 4th van that Father Bill's Place has arranged for a person with muscular dystrophy.

"It's the mission of Father Bill's place to try to help out not only the helpless, but those who are in dire need, or disabled," said McCarthy.

Braintree High School also arranged to make their facilities handicap-accessible, including ramps built by South Shore building trade companies, said Rev. McCarthy.

For more information or to contribute to Father Bill's Place, visit www.fatherbillsplace.org.

Writers Group Continues Through Summer Months

The Between the Lines senior writing group is continuing on consecutive Wednesday afternoons throughout the summer. Adults of all ages are welcome.

Sessions began yesterday (Wednesday) and will continue through Aug. 9 from 1 to 3 p.m. at the River Bay Club, 99 Brackett St., Quincy.

Call the Council on Aging at 617-376-1506 for more information.

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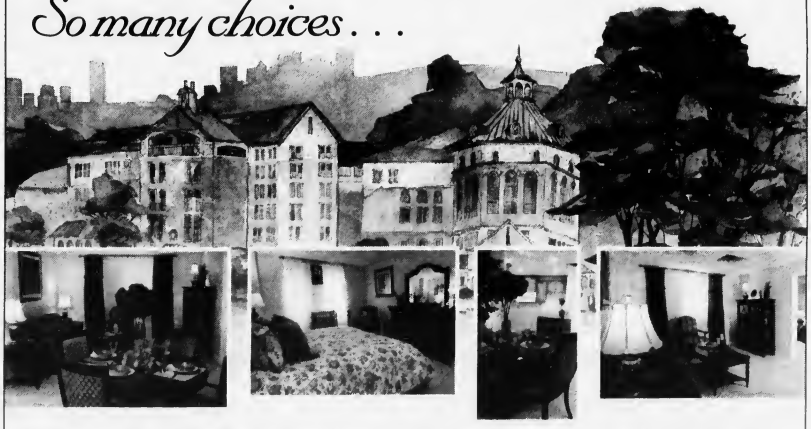

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INSTALLING QUINCY GRANITE pillars at the USS Salem's Kilroy's Mini-Golf are (left) Bill Thorley and Ed Amuzzini of Monti Granite.

For Mini-Golf Course

Monti Granite Donates Quincy Granite Pillars To USS Salem

Linda Monti, owner of Monti Granite, a longtime Quincy granite firm, has donated two pillars of real Quincy granite to the USS Salem for use in their historic mini golf course.

Kilroy's Mini-Golf at the USS Salem opened recently next to the Quincy landmark with the goal of creating replicas of Quincy's many historic sites.

"When I spoke with Linda Monti and she told me she would donate real Quincy granite columns for our Granite Rail reproduction I was ecstatic," said Michael Condon, executive director of the US Naval Shipbuilding Museum.

"The last time they quarried Quincy granite was almost half a century ago, just about the same time the Salem was finishing its service," said Condon. "Quincy is famous for many things," added Condon, "and its exciting to link our granite and shipbuilding heritage. Linda is a wonderful person, her business is an example of a generations old Quincy business tied to our history."

The USS Salem and Kilroy's Mini-Golf are open daily throughout the summer. They are located at 739 Washington St. next to Harbor Express.

For more information call 617-479-7900 or visit web site www.uss-salem.org.

'Arts In The Parks' Concert Season Opens

Quincy's "Arts In The Parks" concert series will begin its 10th season tonight (Thursday) at 6:30 p.m. at LaBrecque Playground in Houghs Neck.

Mayor William Phelan, in announcing the concert schedule, said:

The city is proud to provide first class events for the whole family to enjoy. The "Arts In The Parks" concert series offers a unique experience as residents can walk to their neighborhood park to enjoy the performance in the aesthetic setting of our park system.

The six concert series is sponsored by the Park and Recreation Departments and held in each of the city's sex wards. All shows are at 6:30 p.m.

The concerts will feature the popular Java Jive, known as the "Smallest Little Big Band," playing popular music of the past 60-70 years.

Admission is free and free ice cream and cold drinks will be provided.

The remaining schedule:

Tuesday, July 18, Avalon Beach, Quincy Point. Tuesday, July 25, Safford Park, Beale Street, Wollaston. Thursday, July 27, O'Rourke Field, west Quincy. Tuesday, Aug. 1, Beechwood Knoll, Wollaston. Thursday, Aug. 3, Wendall Moses, Squantum.

For more information, call the Park Department at 617-376-1251.

Historical Society Maine Clambake Trip July 26

Quincy Historical Society is offering a trip to historic York, Maine, and a traditional New England clambake at famed Foster's Clambake Pavilion, Wednesday, July 26.

The trip, in a Brush Hill bus, will leave the Adams Academy in Quincy Center at 8 a.m. and arrive in York around 10 a.m. The first stop is at Stonewall Kitchen, an award-winning emporium of New England specialty foods, ranging from "chocolatest" gift baskets, to homemade jellies and jams.

The bus will arrive at Foster's Clambake Pavilion at 11:30, and the clambake will begin at noon. The menu consists of clam chowder, fresh-dug steamed clams, steamed cultivated mussels, a Maine lobster, drawn butter, fresh corn-on-the-cob, roasted red-bliss potatoes, roasted onions, rolls and butter. Those who do not want lobster may substitute a barbecued half chicken with sweet and sour hickory sauce. Dessert is Maine blueberry crumb cake, and there's a choice of coffee or tea. The clambake is accompanied by live entertainment.

After the clambake, the trip will continue to Cape Neddick for a look at the Nubble Lighthouse, listed on the National Register of Historic Places. The trip will leave York around 3:30 p.m., and be back at the Adams Academy at approximately 5:30 p.m.

The price of the trip is $60 for Quincy Historic Society members, and $70 for non-members. Advance registration is required. For more information, call Quincy Historical Society at 617-773-1144.

360,000 Clam Seedlings Set To Revive Industry

(Cont'd From Page 1)

"Quincy permits were only $5," he said. "They're up to $100 now."

McCauley, retired from public life with time on his hands for the first time in more than 70 years, called this week's seedings in Quincy shores "a great idea."

"It should be a shot in the arm for Quincy clamming," he said. "Who knows, I might even go back to clamming myself."

The current crop of quarter inch seedlings were sown along the Moon Island Causeway on the Orchard Beach side at low tide, from 3:30-8 p.m. Monday, 5 to 8 p.m. Tuesday.

Then they were carefully covered with nets to protect them from hungry crabs and gulls until the tide came in when they could burrow themselves into the sand and mud.

And live on to help revive a once declining industry along Quincy's 27 miles of shoreline.

Quincy Police Due $$$ Settlement For Vests

Quincy police are in line to receive as much as $80,000 in cash or product, thanks to the class action court settlement of a law suit over a defective bulletproof vest.

Attorney General Thomas Reilly brought the suit against the vest maker, Second Chance Armor, Inc., and Toyboyo, the makers of Zylon, a synthetic material advertised as bullet-proof.

A $29 million settlement was reached in which 65 police departments in Massachusetts shared to the tune of $1 million.

Quincy police have yet to learn of their share in the settlement but they had 100 Zylon vests and the settlement called for them to receive $730 in cash or $803 in new vests for each old one.

The efficiency of the vests were called into question three years ago when a policemen in California was killed and an officer in Pennsylvania wounded when bullets penetrated their vests.

The U.S. Department of Justice, after a two-year study, concluded that Zylon was not really bullet-proof after all.

Three Graduate From Agriculture High School

Three residents graduated from Norfolk County Agriculture High School.

Quincy graduates include: Stacey Baszkiewicz, Daniel Lombard and Donald Gardiner. Gardiner received a Proficiency Award in Diesel and Mechanical Technology, Small Engine Repair.

Two residents participated in the commencement on June 8. Greetings were extended by resident Stacey Marie Baszkiewicz, President of the Norfolk FFA chapter, and the Certificate of Graduation was given by resident Gail H. Murphy, Principal.

Line Dancing For Seniors

The Quincy Council on Aging will hold a line dancing class for seniors every Thursday at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., Quincy Point.

'Bookworm Bookmarks' Weekly Art-To-Go At Crane Library

The project of the week for the week of July 17 in the Art-to-go series at the Thomas Crane Public Library will be the creation of "bookworm bookmarks."

Art-to-go is a series of weekly art activities that travel throughout the city with a wide range of projects that are easy enough for preschooler yet free form enough for school aged kids.

The projects travel citywide so youngsters can drop in any time from 2 to 4 p.m. to create a project.

Supplies for the weekly project at available at the children's room of the main library on Mondays, Adams Shore on Tuesdays, Wollaston on Wednesdays and North Quincy on Thursdays.

The annual Summer Storytellers Series continues Tuesday, July 18, at 7 p.m. with storyteller Tony Toledo narrating "Witch Stories Halloween in July," a collection of scary tales.

This program is for families with children ages 5 and older and will be held in the large meeting room at the main library. It is sponsored by the Quincy Arts Lottery.

Younger children, ages 2 to 5, with an adult, are invited to join storyteller Joan Goodman for a pajama storytime designed especially for them. including dancing as well as stories.

It is sponsored by the Friends of the Library.

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Six Residents Graduate Suffolk University

Six residents recently graduated from Suffolk University, Boston.

They are:

Greia Lyn Amarra, BA arts, cum laude; Lisa Garvey, BA science; Catherine Grindlay, BA science, high distinction; Stephen Pizza, BA science, summa cum laude; Emily Torres, cum laude; Suzanne Yu, BA science, cum laude.

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Marie's Kitchen

BY MARIE D'OLIMPIO

Easy Peanut Butter Cookies

If you're a peanut butter lover, here is the easiest recipe that I have found for a great peanut butter cookie. Imagine a recipe without flour.

Today's recipe can be used with either Splenda or sugar equally as tasty especially for those on a sugar free diet.

Easy Peanut Butter Cookie

Pre-heat oven to 350 degrees.

1 cup of either creamy or crunchy peanut butter

1 cup sugar (or splenda)

1 egg (slightly beaten)

1 teaspoons vanilla

Mix all of the ingredients together. Roll in walnut sized balls and place on a slightly greased cookie sheet If it is too moist, you can dip them lightly in flour or some more sugar. Then flatten them a bit and top with a fork making lines on each.

Bake for about 12 minutes. Wasn't that easy?

Three Quincy Sisters Graduate

Three resident sisters have recently graduated from their respective schools.

Jennifer Cleary earned a master's degree in law at the University of Virginia. She will begin her career at Bringham McCutchen Law Firm in Boston.

Christina Cleary earned a bachelor of science in business administration from Villanova University in Pennsylvania. She graduated Magna Cum Laude majoring in marketing.

Colleen Cleary graduated from Fontbonne Academy in Milton. She will attend Villanova University in the fall.

The three are the daughters of Brendan and Rose Cleary of Quincy.

TIM RHUDA (second from right), vice president of commercial lending, Bank of Canton, was honored as "Banker of the Year" at a recent reception held at the Quincy Neighborhood Club. With him (from left) are Michael Duff, executive director, South Shore Economic Development Corporation (SSEDC); Kathleen Mogan, 2006 President, SSEDC and vice president/commercial loans, Randolph Savings Bank; and Anthony Paciulli, 2005 President, SSEDC and President & CEO, Meetinghouse Cooperative Bank.

Photo courtesy of John Stobierski and the South Shore Chamber of Commerce

Timothy Rhuda Honored As 'Banker Of The Year'

Timothy Rhuda, vice president of Commercial Lending, Bank of Canton, was recently named "Banker of the Year" for 2005.

Rhuda was recognized by the South Shore Economic Development Corporation (SSEDC), a subsidiary of the South Shore Chamber of Commerce. He was presented with the award during a reception held at The Neighborhood Club in Quincy.

"SSEDC is a certified development company that offers the lowest fees in the Commonwealth," said Michael Duff, SSEDC executive director. "Tim submitted the most referrals for SBA 504 Loans (commercial real estate loans for growing businesses) in 2005 and received this award as recognition of his commitment to working with the SSEDC."

"Bank of Canton has a wonderful, long-standing relationship with the SSEDC," Rhuda said. "This award recognizes our dedicated support for the growth of business in Massachusetts and the impeccable service, rates and financial assistance that Bank of Canton provides the business community."

Bank of Canton has offices in Canton, Quincy, Randolph, Brookline and Hyannis and lends throughout the state. Established in 1835, Bank of Canton is a Massachusetts-chartered mutual savings bank that offers its consumer, business and commercial customers access to a full array of deposit, loan, investment and convenience service options.

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Council On Aging Health Screenings Aug. 8

The Council on Aging and Life Line Screening will hold health screenings Tuesday, Aug. 8, from 8:30 a.m. to 3:30 p.m. at the Koch Park and Recreation Complex, 1 Merrymount Parkway.

Stroke and carotid artery screening, abdominal aortic aneurysm screening, or peripheral arterial disease screenings are $45 each. Osteoporosis screening is $35. Signing up for all four tests is $129. Pre-registration is required.

Through preventative screenings, the risk of having a stroke can be greatly reduced. Screenings are fast and painless. Screenings use ultrasound technology to scan for health problems such as blocked arteries, aortic aneurysms, and hardness of arteries in the legs. Participants may also be tested for bone density screening to assess risk of osteoporosis.

For more information or to schedule and appointment, call 800-324-1851, or call the Council on Aging at 617-376-1506.

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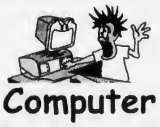

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The Quincy Sun

Three Residents Achieve Eagle Scout Rank

Three residents, Jeffrey Belovarac, Sean Farrell, and Derek Lee, recently achieved Eagle Scout status, the highest rank a Boy Scout can achieve.

They were recognized by the City Council at the last City Council meeting.

Only four percent of all scouts reach Eagle Scout status, said Ward 3 Councillor Kevin Coughlin, who presented the citations.

All three scouts, who joined their troop seven years ago, have been named scout of the year. They are members of the Order of Arrow, have achieved First Class, and completed the Eagle Board of Review this past year.

Belovarac earned the Arrow of Light award as cub scout with Pack 21, before becoming a scout.

His eagle scout project was managing renovations of the Officeris Galley in the USS Salem, Quincy.

While in his troop he earned 26 merit badges. He attended summer camp every year that he was in the scouting program, attended eagle weeks, and a junior leader training week.

His adventures include the Philmont trek in 2002, two canoe treks in Canada, and a White Mountain trek last summer. He has camped 161 nights in eight states, and Canada.

He has served as the Assistant Senior Patrol Leader in his troop, and was named scout of the year, twice.

Belovarac is currently captain of the North Quincy High School cross country team, and one of its top runners. After graduation, he plans to join the US Marines with an occupational specialty in public affairs, and plans to pursue college courses while serving.

Lee planned and managed renovations of the bakery in the USS Salem, for his eagle project. Although he had not participated in cub scouts, he earned 23 merit badges. He attended five summer camps including the Philmont trek and a canoe trek in Canada. He participated in eagle week, and junior leader training week. He has camped 103 nights in seven states, and Canada.

He has served as Patrol Leader for the Fox Patrol.

Lee is currently an undergraduate at Worcester Polytechnic Institute, majoring in civil engineering. He graduated with honors from Boston College High School last year, and was a member of the National Honor Society. This summer he will be tutoring in Quincy.

Farrell was a member of cub scouts Pack 21 where he earned the Arrow of Light, before becoming a scout.

For his eagle project, he managed the scraping and repainting of the fan tail elevator hatch on the USS Salem. He earned 33 merit badges, the most earned of any scout in the troop. He attended summer camp every year while in the scouts. He attended eagle weeks, and junior leader training week. His adventures include the Philmont trek in 2002, two canoe treks in Canada, and the White Mountain trek last summer. He has camped 168 nights in eight states, and Canada.

In the troop, he served as the Senior Patrol Leader for two years. He gave a speech about scouting at the Mayoris Fundraising Breakfast for Scouting on the USS Salem.

Farrell will be graduating this spring from Boston College High School with honors, and will attend the University of Massachusetts, Lowell in the fall, majoring in electrical engineering.

EAGLE SCOUTS (from left) Sean Farrell, Jeff Belovarac and Derek Lee, all of Quincy, of Troop 20 have received the highest ranking possible in scouting. They have recently received citations from the City Council.

Pedestrian Safety Improvements In Norfolk Downs Area

Safety improvements for pedestrians are underway in the Norfolk Downs neighborhood-business district.

City crews have repainted the crosswalks at Hancock Street and Glover Avenue, Hancock Street and Hayward Street, and Billings Road by the Vane Street parking lot entrance. Additional pedestrian safety signage will be added this week.

"This issue was raised at our neighborhood meeting and by Councilor (Brian) McNamee as a top priority," Mayor William Phelan said. "We will continue to implement the proposals of our Neighborhoods First! campaign and I appreciate the continued input of our citizens."

More than 100 people attended the Neighborhoods First! meeting held by Phelan last spring.

"Norfolk Downs is an important part of North Quincy and has a strong history as a vital party of the Atlantic and North Quincy neighborhoods," Phelan said. "We will do our part to make it an attractive location to shop, eat and do business."

Free Cancer Screenings At Wollaston Beach July 28

A 39-foot van from the Dana Farber Cancer Institute's Blum Family Resource Center will be at Wollaston Beach to offer skin cancer education and free skin-screening this month.

The van will be at the beach across from the Clam Box for education Friday, July 21, and for free skin cancer screening by dermatologists from Brigham and Women's Hospital Friday, July 28.

Adults will have an opportunity on both dates to have their photos taken using an ultra violet camera to assess the damage already done to their skin.

There will also be sun safety educational materials for children, including sneaker rings that change color in the sun.

Screenings will be canceled if there is rain.

For more information, call 1-800-525-5068.

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REAL ESTATE

Norfolk County Report Shows

Second Quarter Real Estate Activity Down 19 Percent

Total dollar volume of real estate sales in Norfolk County for April through June 2006, was $1.88 billion, down 19 percent from the comparable period last year, according to a report issued by Register of Deeds William P. O'Donnell.

The report also shows a total of 4921 deeds were recorded during the second quarter, down 12 percent.

Average sales prices declined, but by a lesser percentage. The average price reported in deeds over $1000 (both residential and commercial properties), was $569,784, down 7% on a year-to- year comparison basis. The number of new mortgages declined year-to-year basis.

"The nominal total dollar volume of new mortgages increased substantially, to over $8.5 billion, but a large part of that dollar amount (3.6 billion) was involved in a single commercial transaction," O'Donnell said.

Excluding that transaction, the total number of mortgages (13,169) was down 14 percent on a year-to-year basis, and the total dollar volume decreased slightly (1 percent).

"It is important to note," O'Donnell said, " that mortgage filings do not necessarily represent an overall increase in indebtedness, since many mortgages are refinancings replacing existing debt, or secure equity credit lines that may not be drawn in their entirety.

"For similar reasons, mortgage activity is closely related to changes in interest rates," the register added.

The Registry of Deeds is the principal office for real property records in Norfolk County. The Registry is a basic resource for secure, accurate and accessible land record information.

For further information regarding the Norfolk County Registry of Deeds, call 781-461-6116 or visit the Registry website, www.norfolkdeeds.org.

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Light A Home Without Lightening A Wallet

(NAPS) There's good news for homeowners concerned about rising energy costs. They can save hundreds of dollars in taxes, and even more in lower power bills, by taking steps to reduce the amount of energy they use at home.

The Energy Tax Incentives Act of 2005 provides federal income tax credits for installing equipment upgrades, including qualifying energy efficient exterior doors, windows and skylights. According to David Westbrook, a Charlotte, North Carolina, CPA and CFP (Certified Financial Planner), the regulations are quite specific but researching and purchasing qualifying products can be worth the effort for the tax breaks, not to mention ongoing energy bill savings.

"Residential tax credits, which are dollar-for-dollar reductions in federal income taxes, can be realized for heat pumps, central air conditioners, water heaters, furnaces or boilers and even insulation improvements such as sealing ducts," Westbrook said. "Exterior doors, windows and skylights also qualify."

He also advised homeowners to do their homework prior to making purchases or improvements to be sure that specific government guidelines are met and the expenditures qualify. "A good starting point is www.energy.gov/taxbreaks.htm."

Joe Patrick, senior product manager with VELUX America, agreed that qualifying energy-efficient skylights, either replacements or new installations, can help to reduce power bills by bringing more balanced natural light and ventilation into homes.

"And there is a model and price range for every home," Patrick said. "Available skylights include electric or manual venting; fixed with or without a ventilation flap; and fixed for replacing faded plastic bubble skylights with clear, energy-efficient glass. There are also models specially designed to meet code for use in hurricane-prone and other high-wind areas, as well as models with electrochromic glass that can be lightened or darkened by remote control and that don't restrict the view to the sky," he said.

In addition to skylights, roof windows are available for in-reach applications requiring egress, such as in finished attics, and VELUX Sun Tunnel skylights can be used when a view to the outside is not needed, as with closets, laundry rooms, pantries, hallways and second baths.

For information on skylight selection and the benefits of natural light, call 800-283-2831 or visit www.veluxusa.com. For government information on window and skylight energy efficiency, visit www.energystar.gov, and for independent agency information visit www.nfrc.org or efficientwindows.org.

Homebuyer Workshop Begins July 24

Neighborhood Housing Services of the South Shore, in conjunction with Citizens Bank, will host a First-Time Homebuyer Workshop July 24 from 6 to 8 p.m. and July 29 from 9 a.m. to 4 p.m.

They will be held at Citizens Bank, 1200 Hancock St., Quincy. Attendance at both workshops is mandatory to receive a homebuying certificate.

All potential first-time homebuyers are encouraged to attend. Participants will have the opportunity to be pre-qualified by a lender at the workshop.

Topics covered include mortgage options, legal aspects of the homebuying process, how a home inspection works and other presentations from real estate professionals.

Participants must complete the workshop to qualify for grant programs.

There is a $15 fee per person. There will be refreshments and free gifts. Call 617-770-2227, ext. 31, or visit www.neighborhoodhousing.org.

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Real Estate

America Hits The Showers

(NAPS) Imagine washing the day's worries away under a showerhead large enough to cover an entire body. Or consider the soothing sensation of massaging water jets set to the temperature and rhythm of choice. If these spaworthy indulgences sound appealing, more and more people are adding rainshowers to their home.

Within the past few years, bathrooms have rapidly evolved into a kind of oasis within the home, growing larger in both size and importance as people seek refuge from increasing stresses and strains. *Kitchen and Bath Business* magazine recently reported that consumers are so passionate about this most private space of the home that bathroom remodeling jobs have increased 29 percent since 2000 and high-end remodeling jobs are expected to increase another 17 percent in the next year.

"No longer are bathrooms purely functional spaces for cleaning and grooming," said Paul Flowers, vice president of design for Grohe, one of the largest faucet companies in the world. "Hip hotels and spas have opened our eyes to the pleasures of hydrotherapy and more people want to bring this luxurious experience into their own homes."

Nowhere is this trend more evident than in the variety of shower products flooding the marketplace. Among the most popular new offerings are "rain" products. As the name implies, these designs create the sensation of soaking in a refreshing, tropical rain shower. Rain-style showerheads are available in a multitude of sizes, but for what may be the ultimate rainshower experience there's a gigantic showerhead measuring 16 inches in diameter, the largest available on the market. This impressive product also features more than 250 water nozzles expertly arranged to provide full-body coverage with no "dry" zones.

"Showers are a time to block out the world around us and focus on cleansing our minds and souls-as well as our bodies," said Flowers. "With our 16-inch Rainshower, you really feel as if you're escaping into an intense cascade of water. It's simultaneously soothing and reinvigorating."

Hand showers, already hugely popular in Europe, are becoming increasingly fashionable in the U.S. The best designs make reaching all parts of the body effortless through ergonomically shaped handles and multiple spray patterns that let people set the shower to their mood.

For added comfort and ease, look for those with a 360-degree swivel capacity that eliminates twisting and kinking of the hand shower hose, and a double-insulation design that protects from hot water temperatures.

Demand also is increasing for shower panels that allow users to customize their showers based on their individual preferences, be it a light sprinkle or a total downpour. Easy to install and available in sizes to suit any bathroom, these all-in-one designs combine traditional showerheads, hand showers and a variety of repositionaable body sprays to create an extreme shower experience by distributing water from two or more directions.

Whether it's a quick, energizing shower first thing in the morning or a long, relaxing water massage before bed, people may now get the pampering they deserve. With today's range of sumptuous bathroom products, people can have their own spa that's open 365 days a year.

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THIS IS A HAMMER

By Samantha Mazzotta

Vinyl Siding Stain Stumps Dad

Q. I have a stain on my white vinyl siding. I've tried numerous cleaning chemicals to remove it, including bleach, without success. My daughter may have spilled some type of beverage from her window, but denies it. Do you have any cleaning tips? — *Bryce B.*

A. Give your daughter the benefit of the doubt: Vinyl siding is fairly resistant to liquids, so I don't know if a spilled beverage would have caused that stain. Then again, one can never underestimate the power of Kool-Aid.

This type of siding does crumble before acids, solvents and heat. Well, not really "crumble." It gets a bit melty in most cases, enough to let a solvent adhere permanently to its surface. Chemicals that can damage the siding's surface include nail polish, nail polish remover (darn it), certain glues, liquid grease remover, furniture polish, organic solvents, herbicides, fungicides and undiluted bleach.

However, some household cleaners can be used directly on vinyl siding without causing damage, including glass cleaner (ammonia-based), oil soap or all-purpose cleaner. These work well on crayon, marker, grass stains, oil or rust. Pencil or paint marks can be removed by polishing with a gentle abrasive cleaner like Soft Scrub. Test these items in small spots first to see if they have any effect.

Cleaning solutions recommended by the Vinyl Siding Institute (www.vinylsiding.org) for larger areas include a 30-70 mixture of vinegar and water, or a solution of 1/3 cup powdered laundry detergent, 2/3 cup powdered household cleaner, 1 quart of household bleach and 1 gallon of water. Use a soft cloth or a soft bristle brush to scrub the area.

The worst-case scenario is if none of these cleaning solutions work. Painting over the stain may not be possible. Some manufacturers will void the warranty if this is done, so check with them first.

The ultimate solution is to replace those stained or damaged vinyl siding panels. If you have spare panels stored in the house from the initial installation, great; otherwise, you'll need to consult the manufacturer. If you don't know who the manufacturer is, head to the nearest home-improvement store to find matching panels and detailed instructions on replacement.

Send questions or home repair tips to homeguru2000@hotmail.com, or write This Is a Hammer, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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Four Eighth Grade Students Receive Quincy Legion Awards

Four eighth grade graduates were recently presented certificates and medals by the Quincy American Legion in recognition of their courage, honor, leadership, patriotism, scholarship and service.

Vi Nguyen and Zachery Dwyer of Point Webster Middle School and Sarah Minton and Phuc Huynh of Central Middle School were chosen to receive the awards by Principals James McGuire and Jennifer Faye and faculties of each school.

The awards were presented at ceremonies on Flag Day, June 14.

Wendy Lee Eng, an Auxiliary member of the American Legion Post 95 and daughter of Robert Leo Eng, past State Commander and chairman of the Awards Committee for American Legion Post 95, addressed each ceremony on behalf of Post 95.

Commander George "Fred" McCray read the qualities of recognition before Ms. Eng presented the awards to the recipients.

"The chosen students should be proud of their accomplishments," McCray said.

The award is the highest honor given to American youth by the American Legion. Students also received medals as a gift from McCray.

QUINCY AMERICAN LEGION Post 95 recently presented awards to four local eighth grade graduates. Recipients Sarah Minton (left) and Phuc Huynh (right), both graduates of Central Middle School, are joined by Wendy Lee Eng and Commander George "Fred" McCray.

Quincy Elks Hold Boat Ride For Hospitalized Veterans

The Quincy Lodge of Elks recently held its 43rd annual boat ride and cookout for hospitalized veterans.

Patients from the VA Hospital in Jamaica Plain and the Chelsea Soldiers Home boarded Captain Richard Sutherland's "The Irene" in Hingham harbor.

After a scenic tour of Boston Harbor, they docked at George's Island where rangers stationed on the island transported supplies to a reserved area.

VA Chairman Tom Shepherd was assisted by past Exalted Rulers Tom Garrity, Joe McArdle, Ted Naser, Sean McArdle and Jon McHugh along with Leading Knight Paul Tracey, Loyal Knight Jim Folk, Gary Spring, Mark McHugh, Ben Ward and Matthew Silvia.

The rangers also provided the patients a guided tour of Fort Warren.

On the return to Hingham harbor, each patient received several gifts donated by Elks members before leaving the boat.

Special guests were Joseph Silvia Jr., special deputy to the grand exalted ruler; Donald Dodjurski, past state president; and Guy Abruzezee, past district deputy.

ALSO RECEIVING QUINCY Legion Awards were Zachery Dwyer (left) and Vi Nguyen (second from right), both graduates of the Point Webster Middle School. With them are Quincy Legion Commander George "Fred" McCray and Wendy Lee Eng.

Anime Feature Film Screened At Library

The Japanese anime feature film, "Howl's Moving Castle," will be screened today (Thursday) at 6:30 p.m. at the Thomas Crane Public Library, 40 Washington St.

The film is the story of Sophie, a 19-year-old girl who believes she is plain and has resigned herself to a drab life in her family's hat shop, until the Witch of the Waste transforms her into a 90-year-old woman.

In that guise, she searches for a way to break the witch's spell and finds unexpected adventures.

The free program is intended for adults and teens aged 13 and older and is not suitable for younger audiences.

For more information, call 617-376-1301.

Reduced MBTA Fares For Seniors

The Council on Aging is providing reduced MBTA fare IDs for seniors.

Appointments will be made at the River Bay Club, 99 Brackett St.

For an appointment with the Council on Aging, call 617-376-1506.

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SPOTLIGHT ON HEALTH & FITNESS

FROM START TO FITNESS

by Andrea Wyatt
M.S.S., C.S.C.S.

The Myth of Flatter Abs

Q. My gym offers 15-minute abdominal classes, and I try to attend at least three of these a week. While I definitely feel my abs burning during class, I haven't seen much of a difference in flattening my abdominal area. Am I doing something wrong?

A. Abdominal classes have become very common in many fitness facilities. In a typical class, an instructor takes a group of participants through 15-20 minutes of varying abdominal exercises. Unfortunately, the popularity of these classes has many people crunching themselves into disappointment.

The purpose of abdominal classes should be to focus on increasing the stability and strength of the core muscles (abdominal, back, hips), not to develop a "six pack." The idea of crunching yourself into oblivion to flatten your stomach has attracted many people to abdominal classes; however, abdominal exercises alone will not slim your middle. Since we cannot actually "flatten" our abdominals, our goal is to lower our body-fat percentage, which will decrease the amount of fat covering our ab muscles.

Before attending your first abdominal class, I recommend understanding what to expect. Your goal should be to increase core strength and stability — not to be sore for the next two days. Avoid gauging how well the class was taught by how "hard" the exercises were or by how much of a burn you felt in your abdominal muscles. You should feel like you have more control, strength and stability within your back, abdominals and hips with each class completed. Focus on quality, not quantity, to determine the success of each class.

To get the best results from abdominal classes, be sure you know how to correctly perform each exercise. Many participants use the wrong techniques when completing abdominal exercises, and repeat these poor techniques repetition after repetition, class after class. Straining the muscles of your neck and arching your lower back while completing abdominal exercises is one example of what should be avoided, as it could cause not just discomfort, but injury if repeated.

Although group classes tend to encourage participants to keep up with their neighbors, go at your own pace. Use modifications of exercises that may be too advanced, and only progress to a more difficult exercise once you have mastered the basic exercise. At the beginning of class inform the instructor of any medical conditions that may need a safer version to be demonstrated, such as neck and back issues. The instructor should be able to accommodate your needs.

Remember to make your abdominal class part of a balanced workout routine that includes cardiovascular and strength training, partnered with healthy nutritional habits. Consistent exercise, proper nutrition and genetics will help you reach your goal of lowering your body fat around your abdomen, giving the appearance of "flatter abs."

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Bone Up On Vitamin D

(NAPS) Weak, fragile bones and susceptibility to fractures, these are some of the painful consequences of the debilitating bone disease, osteoporosis.

Currently, 10 million people suffer from osteoporosis in the United States and another 34 million are at risk of developing the disease. The surgeon General has named osteoporosis a national health threat and estimated that by 2020 one in two Americans over the age of 50 will be at risk for fractures from osteoporosis or low bone mass.

There are several risk factors associated with the development of osteoporosis, including inadequate levels of vitamin D, a nutrient essential to the body's absorption of calcium. Recent research has uncovered that over 70 percent of women over the age of 50 have low levels of vitamin D, and even women being treated for osteoporosis have low levels of the important vitamin.

To address the need for greater awareness about low levels of vitamin D, Spirit of Women Hospital Network has teamed up with Dr. Marie Savard, an internationally recognized women's health expert, to launch a new vitamin D risk assessment.

"Patients are frequently unaware of the importance of vitamin D in bone health and may not know they have low levels of vitamin D. Given its effect on calcium absorption, vitamin D inadequacy is an important medical concern for women, especially those over 50 or those who have been diagnosed with osteoporosis," said Savard.

In 2005, The American Medical Women's Association issued recommendations that called for an increase in vitamin D to 800-1,000 IU daily. The risk assessment will enable women to actively address the adequacy of their vitamin D intake and will direct them toward a possible treatment option for osteoporosis to discuss with their doctors.

"Women today want to be on top of their health to ensure their mobility and independence for a lifetime. The vitamin D risk assessment will help women recognize risk factors for osteoporosis and empower them to make important decisions about their bone health," said Tanya Abreu, national director of Spirit of Women Hospital Network.

To take the vitamin D risk assessment or download a patient-friendly vitamin D brochure, visit www.whatwomenputupwith.com.

IT'S A WOMAN'S WORLD

by Tamara Jones

Bug Bites

School's out, and chances are your children will spend much of their summer break outdoors. And they'll probably encounter some pesky insects along the way. So, before sending your kids out to play, learn how to prevent and treat insect bites.

Insect repellants with DEET can be purchased over the counter and are safe to use on children as young as 2 months old, according to Dr. Margie Andreae, associate professor at the University of Michigan Medical School. However, make sure any insect repellant used on children contains only 10 percent DEET. These repellants can provide protection for about two or three hours.

Also, avoid areas bordered by standing water, which can be a breeding ground for mosquitoes. Likewise, stay away from open beverages that contain sweetener, such as sodas or juices. The sugar in these products can attract bugs and put you at risk for an insect bite.

While these tips will reduce the risk of insect bites, avoiding insects altogether is virtually impossible. So, be prepared to treat your kids if they come inside with a painful sting or itchy bite.

If a bee or wasp is the culprit, check the bite for the stinger. If the stinger remains under the skin, use a firm object like a credit card to swipe across the bite and remove it. Once removed, clean the area with soap and water.

Apply ice or hydrocortisone cream to the bite to soothe the pain. An antihistamine or pain reliever can help control swelling or irritation.

Although serious reactions to bug bites occur for only 3 percent of the population, some children may have allergies to certain insects. If your child has difficulty breathing or swallowing after a bug bite, call 911 immediately.

Write to Tamara Jones in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send an e-mail to letters.kfws@hearstsc.com.

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Better Bone Health

By DR. JAY PROVENZANO

All people experience a gradual loss of calcium and other minerals from their bones as they get older. This process normally begins when we are in our 30's and continues into old age, though in some people it starts much earlier.

If the bone does not grow strong enough when we are young (having adequate amount of calcium and other minerals) or if the bone loss starts too early or proceeds too fast, it can lead to osteoporosis.

Osteoporosis is an extremely common condition in our society, affecting both men and women (literally millions of people in the United States), with postmenopausal women being the most commonly affected groups.

There are a number of things that increase the risk of osteoporosis such as diet high in phosphorus or low in calcium. Meat, poultry, fish and soft drinks are all very high in phosphorus and low in calcium. Regular coffee consumption can contribute to the problem since it increases the body's mineral losses. Most processed foods have a similar demineralizing effect.

Other risk factors are lack of exercise (exercise increases the strength of bones) and cigarette smoking. White and Asian women have even more reason to pay attention to this issue since these groups have a genetic predisposition to having thin bones and bone loss.

Those who are very thin are also at an increased risk to bone loss, as does hysterectomy, missed or irregular menstrual periods and, of course, menopause. To reduce risk of osteoporosis, it is important to change as many of these risk factors. This translates to taking the following steps:

- Regular, moderate, weight-bearing exercise. Note that heavy exercise, such as body building or marathon training, can actually increase bone loss.
- Increase mineral-rich foods, particularly calcium and magnesium such as green leafy vegetables, seeds and whole grains. Dairy products can be pro-inflammatory and are not recommended.
- Limit red meat consumption.
- Reduce consumption of antacids (these can actually interfere with calcium absorption).
- Aspirin and other pain killers may increase calcium loss. Unless specifically recommended by a doctor, they should be reduced or eliminated.
- Reduce or eliminate alcohol, coffee, black tea and carbonated soft drink consumption.

In addition, a proper nutrition program with specific whole food supplements (not synthetic) to support normal bone production and repair is recommended. Remember, it is never too late to start.

Dr. Jay Provenzano is a chiropractor at WholeBody Solutions, 605 Hancock St., Quincy. For more information, call 617-328-6300 or visit www.drann.com.

DENTISTRY for the 21st Century

by Steven A. Brustin, D.M.D.

ERUPTING TEETH

Parents often play a waiting game when it comes to their baby's erupting teeth. There is hardly a precise timetable, with factors such as tooth location being part of the equation. In general, there is less variation in timing when the first teeth appear (less than six months for incisors and first molars), in comparison to the teeth that erupt later (1.5 years for cuspids, premolars, and second molars). When teeth appear late, it may be due to such obstructions as lack of space, cysts, other teeth appearing out of place, and extra (supernumerary) teeth. Genetics also plays a role. In families with histories of delayed eruption, however, extracting baby teeth does not hasten the eruption of permanent teeth.

Teeth should be cleaned as soon as they emerge. By starting early, your baby gets used to the daily routine. Preventive dentistry means a healthy smile for your child. Children with healthy mouths learn to speak more quickly and clearly. Our goal is to develop a strong partnership with every patient. When you understand the importance of dental health, we can help you and your children maintain a healthy mouth, as well as treat the causes and symptoms of any dental condition. We're currently accepting new patients and we welcome you to call 617-479-6220 to schedule an appointment. Call us today! We're located at 44 Greenleaf Street. We offer the services of anesthesiology with a fully trained and qualified anesthesiologist. Visit us on the web at www.quincydentist.com.

P.S. If one parent has the trait of delayed tooth eruption, then half of his or her children will also have it.

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Morrisette Earns Playoff Spot

By CHRIS POISSON

The Morrisette American Legion baseball team headed into Monday's game at Canton knowing it needed to win one of its final three games to secure a spot in the playoffs.

Morrisette (10-6) left no suspense to the playoff run, rallying from behind with three runs in the sixth inning en route to a 5-3 victory and a trip to the postseason after missing it by a point last year.

"I'm happy we're in," said manager Ray Cattaneo. "It's quite an accomplishment for these kids. They're a great bunch. They try hard, they come to play and they have fun. They're all from different schools but they get along so well. They made it one team."

Morrisette, which was scheduled to close out the regular season Tuesday at Hyde Park and Wednesday at home against Canton (5:45 p.m.), locked up the fourth seed in District 6 East.

The playoffs will be held Friday through Sunday with a best-of-three series against the No. 2 seed in District 6 West, most likely Dedham or possibly Walpole. Morrisette will be at home in the second game. Cattaneo said the pitching rotation will be Steve Sullivan, Matt Haskins and Brian Sullivan or Steve Connolly.

"If you get into the playoffs and play good ball, you can win some games," Cattaneo said. "The teams are going to get tougher. We're ready to go."

In the Canton game, Haskins out-dueled ace Greg Lyons, allowing two earned runs on seven hits (three of which were bunt singles) and striking out five.

Canton struck first with an unearned run in the second inning before Morrisette evened the score in the fourth on Ricky Salvucci's RBI single. But Canton responded with a pair of runs in the bottom half for a 3-1 advantage.

Brian Sullivan walked to begin the sixth-inning rally and Mike Burke reached on a fielder's choice and made it to second with an error on the play. Chris Boyd (3-for-4) followed with an RBI single. Salvucci walked and a passed ball advanced both runners into scoring position. Joe Lousararian plated them with a single to give his team a 4-3 lead.

Morrisette added an insurance run in the seventh. Brian Sullivan singled and Joe Garland pinch ran for him. After an out, Boyd singled to put runners on the corners and Salvucci (2-for-3) followed with a sacrifice fly to center to bring home Garland.

In previous action, Morrisette suffered a 6-0 loss to Milton Sunday. Morrisette managed only a pair of hits in six innings off ace pitcher Alex Hassan, a B.C. High graduate who will be attending Duke in the fall.

Salvucci singled and Ray Marchand doubled. Brian Sullivan pitched six innings, allowing two earned runs on seven hits and four walks. Garland gave up a run in the final inning.

Last Friday, Morrisette bested Weymouth, 5-1, as Steve Sullivan struck out 12 and yielded one run on three hits and six walks.

Morrisette jumped out to a 2-0 lead in the second inning. After Burke, Boyd and Haskins singled to load the bases, Salvucci brought a run home with a sacrifice fly and Lousararian followed with an RBI single.

Weymouth scored its run with two outs in the fourth inning before Morrisette pushed across three runs in the bottom half on Lousararian's RBI single and Brandon Ranalli's two-run single.

The day before, Morrisette fell to Braintree, 6-2. It scored its runs in the last inning with two outs when Salvucci singled home pinch-runner Joe Ferris and Burke.

Last Monday, Morrisette completed a season sweep of city rival Quincy with a 7-4 triumph.

The game was scoreless through two innings before Quincy scored an unearned run in the third. Jared Kenney singled, moved to second on Matt Jaehnig's sacrifice and scored when Drew Loud reached on an infield error.

Morrisette came right back with a four-run fourth. Brian Sullivan walked, Burke singled and Garland singled to load the bases, and Haskins lined a two-run single. After Connolly's sacrifice bunt and Lousararian's walk loaded the bases again, Ranalli followed with a sacrifice fly to score Garland and Boyd ripped an RBI single.

Quincy pulled to within 4-3 in the bottom half. Tom Conley, Mike Le Bel and Jay Lewis hit consecutive singles to score one run. Le Bel and Lewis attempted a double steal and Le Bel was safe at home on errant throw.

Morrisette pushed its lead to 6-3 in the fifth on Garland's RBI single and Haskins' RBI groundout and it added its final run in the sixth on Burke's RBI single.

Quincy closed out the scoring with an unearned run in the seventh on Tom Power's RBI single. Quincy did have the winning run at the plate before Haskins closed the game to notch a save.

Jonathan Pelletier picked up the win, allowing an earned run on six hits in four-plus innings. Salvucci gave up a run in 2 1/3 innings of relief. For Quincy, Kenney started on the mound and Le Bel pitched well in relief.

NUMBER ONE — The Quincy Youth Baseball 9-year-olds captured the recent Cal Ripken District 3 championship. Kneeling, from left: David Suslowicz, Greg Paulo, Tyler Beach, Pat Keohane, Mike Gendreau, John Ross McEvilly, Aaron Clancy. Standing: coach Bill Cook, Adam Cook, John Graselli, coach David Suslowicz, Mike Coffey, Pat Trenholm, Nolan Flynn, coach Rick Beach.

9-Year-Olds Cal Ripkin District Champs

SPORTS

The Quincy Youth Baseball 9-year-olds recently won the Cal Ripken District 3 championship with a 12-2 victory over Weymouth South at Quarry Hills.

Quincy went a perfect 4-0 in the tourney, outscoring its opponents by a combined score of 45-9.

Quincy received strong starting pitching from Greg Paulo and John Graselli while Dave Suslowicz and Tyler Beach provided solid relief work.

The mighty scoring attack was led by Aaron Clancy, who went 8-for-8 with five walks and a hit by pitch. Mike Coffey, Graselli, Mike Gendreau, Adam Cook and John Ross McEvilly all provided timely hitting.

Pat Trenholm, Pat Keohane and Nolan Flynn played excellent defense while Beach used his blazing speed to circle the bases each game.

Quincy will compete against seven other district champions in the Cal Ripken State Tournament in Dracut.

Wollaston Beach Volleyball Challenge July 30

The eighth annual Wollaston Beach Volleyball Challenge will be held Sunday, July 30, beginning at 10 a.m. at the southern end of Wollaston Beach.

Interested teams and individuals are encouraged to sign up now.

"With the state and city beach improvements well underway along Wollaston Beach, the demand for organized recreational events will only grow," said Ward 5 Councillor Doug Gutro, co-organizer of the tournament.

"In the past, businesses, political candidates, city departments, civic groups and individuals have sponsored teams. This annual event has sustained interest and continues to grow. I encourage teams to sign up early while space is still available."

Karen Djerf, co-owner of Tony's Clam Shop and co-organizer of the tournament, said: "Now that the record rainfall is behind us, people will want to come back to the beach more than ever. We've been a proud sponsor of this event since the beginning and it generates a level of summertime excitement that cannot be matched."

Jim Rendle, athletic director and former North Quincy High School girls' volleyball coach, volunteers his time as the head official. There will be three nets with constant play in the double-elimination tournament. Local sponsors contribute to provide free volleyball challenge T-shirts to the first 100 players registered and prizes for the winners and runners-up.

Up to 16 co-ed adult teams can compete in the tourney. Teams must consist of three men and three women. One male and one female alternate on each team are permissible.

Registration costs $125 per team. Interested teams should sign up by calling Gutro at 617-376-1355, or by visiting Tony's Clam Shop or calling 617-773-5090.

Proceeds will go to the Wollaston Beach Clean-up Fund designed to promote educational and recreational events along Wollaston Beach as well as scholarships for high school volleyball players from Quincy public schools.

Gutro's team won the championship last year.

Recreation Department Adds Adult Kayaking

The Quincy Recreation Department's William F. Ryan Boating and Sailing Facility has added an adult kayaking program to enable Quincy residents to enjoy the rapidly growing popularity of the activity.

The program will begin immediately and the department, long known for its instructional program in rowing, sailing and canoeing, has added five kayaks to its fleet.

According to Recreation Director Barry Welch, the natural saltwater lagoon is an ideal location to learn the basic skills of kayaking in a safe yet scenic area of Merrymount Park. There are a number of small creeks that surround Pine Island and the large area that forms where Black's Creek meets the sea.

"I am pleased that Mayor (William) Phelan supports the request to add these boats to our program and that he recognizes the recreational value that this sport brings to a community with 27 miles of waterfront."

Welch also notes the department has a child's version of a kayak for use by the youth program. However, this will be the first time they have a full-sized kayak available for adult use.

The kayaks are available on a first-come, first-service basis after a period of instruction. There will be a time limit if participants are waiting. Cost of the program is $25 for the season.

Registration can be done at the William Ryan Boating and Sailing Facility, just below Pageant Field in Merrymount Park. Entrance is on the gravel road at the end of the paved parking area. Information and hours of the program can be obtained by calling 617-376-1397 or visiting the facility.

You Auto Know

by Bill Starkie and Kevin McGroarty

A FLOOD OF RECENT INTEREST

Hurricanes have wrought untold human and property damage in recent years. While we do not want, in any way, to overlook or minimize the suffering caused by these natural catastrophes, it is well within the scope of this column to warn of possible consequences in the realm of automobiles. The unfortunate fact of the matter is that there are some unscrupulous dealers who will try to pawn off a flood-damaged vehicle as an undamaged one. Flood damage can result in electronic and mechanical failure without any readily visible signs. With this in mind, buyers should be aware of the possibility of being shown misrepresented vehicles. Stick with a reputable dealer you know.

Always buy your automobiles from a trusted dealer. At LEO & WALT'S SUNOCO, we treat all our customers with respect, and would never act unscrupulous. However, you should remain on guard for people who would try to sell a damaged car as undamaged. For your automotive needs please come to 258 Quincy Ave., East Braintree, or call 781-843-1550. Open: Mon.-Fri. 6am-9pm, Sat. 7am-9pm, Sun. 9am-5pm.

HINT: According to the National Automobile Dealers Association, in 2005, Hurricane Katrina may have resulted in as many as 400,000 damaged vehicles.

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CEREBRAL PALSY OF Massachusetts raised more than $35,000 at its recent Golf Classic. From the left: Don Uvanitte, vice president of Eastern Insurance; Jim Hickey, tournament chairperson; and Tom Zukauskas, executive director of Cerebral Palsy of Massachusetts.

Golf Tournament Raises $35,000 For Cerebral Palsy

Cerebral Palsy of Massachusetts recently hosted its seventh annual Golf Classic at the Pembroke Country Club with nearly 100 people taking part to raise more than $35,000.

Proceeds will enhance programming and vital resources that help thousands of individuals with developmental disabilities throughout the state.

"For the seventh year in a row, the community has come out to support our organization by taking part in the Cerebral Palsy of Massachusetts Golf Classic," said Jim Hickey, chairman of Cerebral Palsy of Massachusetts. "We would like to thank all of those who made this another successful year on the greens."

Cerebral Palsy of Massachusetts exists to provide a continuum of community-based services that support the efforts of children and adults with developmental disabilities to live as independently as possible in the least restrictive environment.

The agency, through its programs and services, encourages the inclusion of people with developmental disabilities into the mainstream of society.

30 Local Youth Qualify For State Hershey Track, Field Final

Thirty youngsters earned an invitation to participate in the Hershey National Track and Field state championship in Bolton after winning the local meet sponsored by the Quincy Recreation Department.

The state event at Nashoba Valley Regional School will determine who will be selected to attend the national championship, which will be held in August at Hershey Park, Pa.

Recreation Director Barry Welch congratulated all the Quincy participants who advanced in the annual competition.

For more than 25 years, the Hershey Chocolate Company has brought together boys and girls from all over North America for three days of sports and enjoyment.

"This grassroots program has no equal and the youth of Quincy have benefited greatly from this participation," Welch said. "We thank Hershey for their continued sponsorship."

Welch also thanked members of the recreation staff for assisting with the two meets and Geoff Hennessy of the Quincy Track Club who served as the meet director.

The city champions and their events that qualified them for the state meet are:

Ages 9-10

• Meaghan Murphy, 50-meter dash, 4x100-meter relay.

• Bridget Carey, the 100, 4x100 relay, softball throw.

• Marisa Balsamo, the 200, 4x100 relay, standing long jump.

• Sydney Turner, the 400, 4x100 relay.

• Lauren Thorne, 4x100 relay.

• Eric Lee, the 50, the 100, standing long jump.

• Brian Regan, the 400, 4x100 relay.

• Colin Mason, 4x100 relay.

• Ben Albertson, 4x100 relay, softball throw.

• Justin McGaffigan, 4x100 relay.

Ages 11-12

• Laura Nee, the 400, 4x100 relay.

• Briana Mullaney, the 800, 4x100 relay.

• Danielle Mullaney, 4x100 relay.

• Jaclyn Scuzzarella, 4x100 relay.

• Erin Richardson, softball throw.

• Leigha Okoye, standing long jump.

• Matthew Roach, the 400, 4x100 relay, softball throw.

• Long Lau, the 800, 4x100 relay.

• Essien Benjamin, 4x100 relay, standing long jump.

• Gurusripath Kadirvel, 4x100 relay.

Ages 13-14

• Julia Nee, the 200, 4x100 relay.

• Heather Flaherty, the 800.

• Mary Schwartz, the 1,600.

• Emily Hannon, 4x100 relay.

• Kerry Turok, 4x100 relay, softball throw.

• Cassie Swanson, 4x100 relay.

• Chinedu Okoye, the 200, 4x100 relay, softball throw.

• Joshua Kasanoff, the 800, 4x100 relay.

• Rahmy Eltoury, 4x100 relay.

• Jeremy Roye, 4x100 relay, standing long jump.

In Memory Of Patrick White

Jimmy Fund Baseball Tourney At Adams Field Aug. 4-6

The sixth annual Jimmy Fund Baseball Tournament will be held Aug. 4-6 at Adams Field in honor of the late Patrick White.

White, who played many years in Quincy Youth Baseball and most recently in the Babe Ruth league, died last November after battling Rhabdomysarcoma, a form of tissue cancer, for more than six years.

On the evening of Aug. 4, there will be a special tribute to White that hopes to capture his spirit and courage. All are invited to attend the tournament and the special tribute.

Many of White's friends will be playing on the teams and many others will volunteer to run the tournament operations.

Sponsored by Quincy Youth Baseball/Babe Ruth Division and the City of Quincy, the tourney will feature teams of 14-year-old and 15-year-old players from Quincy and surrounding communities.

Those interested in volunteering can contact Jane Warwick, tournament co-director, at 617-822-8820 or Roseann Russell at 617-472-4811.

Those interested in making contributions to The Jimmy Fund can contact Bob Griffin, tournament co-director, at 617-472-4811, or mail a check payable to The Jimmy Fund/QYBL to Bob Griffin, 4 Avon Way, Quincy, MA 02169.

Funds raised will benefit the Pediatric Solid Tumor Program within Dana-Farber/Children's Hospital Cancer Care Services.

Wollaston I, II Split In Senior Babe Ruth Action

The Wollaston I and Wollaston II Senior Babe Ruth baseball teams played .500 ball last week.

Wollaston I (3-5) defeated Braintree II, 10-7, July 2 and dropped a 6-3 decision to South Boston last Saturday.

Joe Griffin led the offense against Braintree with four hits, three RBI and three runs. Steve Matos, Mike Crifo (two RBI) and Joe Cuervals each had two hits. Anthony Gilbody knocked in two runs. Mike McPherson pitched three shutout innings for the win.

Against South Boston, McPherson pitched five strong innings. Griffin, Cuervals and Matos scored. Phi Nguyen had an RBI.

Wollaston II (4-7) suffered a tough 7-6 loss against league leader Cedar Grove July 2. Edwin Nunez had three hits and an RBI. Nick Masone (three RBI), Matt Edgerly (RBI), Rob Mann and Dave Regan each had two hits. Mann tossed five strong innings.

Last Wednesday, Wollaston II blanked second-place Braintree, 2-0, behind pitcher Eric Moreschi, who allowed just one hit while punching out 11. Nunez (hit) and Edgerly (two hits) each plated Brendan Carnell (two hits). Regan and Steven McGarty also had hits.

The next evening Wollaston II edged Hingham/Hull, 5-4. Edgerly limited the opposition to three hits over five innings for the win. Regan notched the save. Carnell spearheaded the offense with two hits, two RBI and two runs. Regan assisted with two hits and two runs. Edgerly helped the cause with two RBI and Moreschi drove in a run.

Wollaston II fell to Hanover, 8-1, last Friday as Edgerly knocked in Rob DeAngelis for the lone run. DeAngelis, Mann and Edgerly had the only hits.

Last weekend, the South Shore League 16-year-old all-stars dropped two close games to all-star teams from the Old Colony and the Cape Cod Senior Babe Ruth Leagues.

Dave Griffin and Dan Munkley of Wollaston II and Bob Yovino and James Mullin of Wollaston I represented the South Shore League all-stars. Griffin and Munkley each had a hit. Munkley and Yovino played solid defense. Mullin drove in a run.

Men's Slowpitch Softball Standings, Notes

Here are the standings of the Quincy Men's Slowpitch Softball League through July 7:

A DIVISION

Hancock Tavern.....16-2
Fatman's Cafe.....16-2
Granite Rail.....9-7
Harry's Carpet One.....6-9
Goal Post Pirates.....4-12

Notes: In a well-played game, Hancock Tavern regained the lead in the A Division with a 10-7 win over Fatman's. Hancock Tavern scored five runs in the top of the seventh inning to erase a 7-5 deficit. Pat Burke drove in the winning runs and Steve Touma picked up the win in relief. Ace Keddy homered. Dan Lind tripled and Jimmy Peters went 3-for-4. For Fatman's Cafe, Justin Viera went 3-for-3 with two homers . . . The Goal Post Pirates, coached by Mike Hallifax, held on for a 19-6 win over Harry's Carpet One. Six different Pirates had at least three hits. For Harry's Carpet, Doug Bates homered. Scott Burns went 3-for-4 with a triple and Brian Lowe went 4-for-4.

B DIVISION

Cagney's.....12-4
Moose Lodge.....10-8
Yellow Cab.....8-8
Gold's Gym.....7-10
Jeff's Smoke Shop.....5-10

Notes: Yellow Cab came up with stingy defense and timely hitting in the fifth inning to best Gold's Gym, 10-7. Justin Litchfield went 2-for-4 with a triple. Wayne McCulley notched the win and drove in the go-ahead runs with a triple. For Gold's Gym, Nate Furman and Michael Goldstein each had three hits and Doug Roy went 2-for-3 with a homer . . . Moose Lodge, without the benefit of an extra-base hit, beat Cagney's, 13-6, behind strong defense. Brian Blair and Joe Montoya had three hits apiece. Bill Gile earned the win. For Cagney's, Paul Distefano tripled and doubled. Sean Hall had three hits while Jay and Mark Kociniek each had a pair.

C DIVISION

Iscribe, LTD.....10-4
Malachy's.....8-9
Quincy Pirates.....4-12
Local 792.....4-14
Comm. Vending.....3-11

Notes: Malachy's defeated a spirited Local 792 squad. Jack Meade, who notched the win, had a 10 at-bat hitting streak stopped in the first inning. Tom Bowes of Local 792 continues to show some power and Andy Smith is playing stellar defense in left field . . . Iscribe, LTD edged a steadily improving Quincy Pirates team, 6-5. Led by Luke Dwyer, Iscribe came up with three runs in the bottom of the seventh to claim victory.

Beach Volleyball Benefit For Breast Cancer At WaterWorks Aug. 5

The first annual Beach Volleyball Blast, a fundraiser for breast cancer, will be held Saturday, Aug. 5, from noon to 4 p.m. at WaterWorks in Marina Bay, Quincy.

The event is in memory of Janet Kenneally, who died of breast cancer in 2004, and proceeds will benefit the Janet Kenneally Scholarship Fund.

The volleyball tournament costs $300 per team of six (10 teams), which includes tickets to the event and a tournament T-shirt.

The event, for ages 18 and older, will also feature a barbecue, DJ, electronic putting challenge, mechanical bull, dunk tank, bungee run, magician David Hall and trivia by Morgan White Jr.

Cost is $25 per ticket. Checks can be made payable to the Janet S. Kenneally Scholarship Fund and mailed to 139 Mt. Vernon Road West, Weymouth, MA 02189.

For tickets or more information, contact Jim Rendle at 617-773-8522 or Jim Kenneally at 781-331-1917.

Exercise Classes For Seniors

The Quincy Council on Aging will hold a safe senior exercise program every Monday and Wednesday at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., Quincy Point.

For more information, call the Council at 617-376-1506.

QUINCY POLICE HOT SPOTS

QUINCY POLICE STATISTICS: June 30 - July 7
Total Calls for Service: **1698**
Total Arrests: **57**
Total Stolen Cars: **8**

FRIDAY, JUNE 30

LARCENY, 9:19 a.m., 135 Quincy Ave. ID theft. This was not an ID theft, this was an internet scam. Victim received an e-mail saying he won $200,000 British pounds, but he needed to send a processing fee about $800 via Western Union. Victim sent money, has never heard from company that said he won.

VANDALISM/PROPERTY, 2:39 p.m., Quincy Fashion, 69 Parkingway. Caller states when she came into work the window was found to be cracked.

ASSAULT AND BATTERY, 4:58 p.m., Bank of America, 1400 Hancock St. Possible drunk driver. Green pick-up almost struck pedestrian, two callers. Driver is bleeding from face, one to QMC. Victim says he was assaulted in bank parking lot around 4 p.m. by two unknown assailants. He then drove to his home and struck the porch at 47 Grafton St., then left scene and went back to 1400 Hancock St. in an attempt to locate the assailants.

VANDALISM/PROPERTY, 7:17 p.m., 17 Oak Ave. Window.

ASSAULT AND BATTERY, 8:46 p.m., 19 Bent Ter. Caller states relative punched him in the head.

ASSAULT AND BATTERY, 9:02 p.m., 30 Bigelow St. In progress. Complaint for A&B.

LARCENY, 10:53 p.m., 361 Palmer St. Fare evasion. Shore Taxi. Two parties fled.

SATURDAY, JULY 1

VANDALISM/PROPERTY, 12 midnight, 1600 Hancock St. Cab. A fare broke his mirror.

VANDALISM/PROPERTY, 1:55 a.m., 96 Crescent St. Smoke device. Kids threw believed to be a stink bomb. Transferred to fire due to smoke, no fire there.

LARCENY, 11:06 a.m., Father Bill's Place, 38 Broad St. Past.

BREAKING AND ENTERING/PAST, 1:35 p.m., 14 Nevada Rd. Dwelling.

LARCENY/MOTOR VEHICLE, 1:45 p.m., 26 Willard St. Relative took car last Tuesday and never returned it. 2003 Chevy Malibu, color red. Officer to file for use without authority.

LARCENY/MOTOR VEHICLE, 3:02 p.m., 236 Franklin St. Past. 1994 Mitsubishi Gallant, color gray, owner states vehicle was in the driveway. When she came home a neighbor told her a red tow truck towed her car. She checked with landlord, he did not have the car towed.

LARCENY, 9:11 p.m., 5 Snug Harbor Ct. Prescriptions. Allegedly prescription drugs taken from home. Caller found the drugs - no larceny.

LARCENY, 9:11 p.m., 18 Essex St. Past.

LARCENY, 9:39 p.m., Stop & Shop Supermarket, 495 Southern Artery. By check.

BREAKING AND ENTERING/PROGRESS, 10:14 p.m., 17 Oak Ave. In garage. In progress, hear banging. No B&E.

SUNDAY, JULY 2

VANDALISM/PROPERTY, 1:47 a.m., 100 Rock Island Rd. To motor vehicle. Caller stated a youth just destroyed her car.

VANDALISM/PROPERTY, 7:17 a.m., 167 Connell St. Tires slashed.

VANDALISM/PROPERTY, 9:16 a.m., Hancock Plaza, 1515 Hancock St. Severe. Officer states there is no vandalism. A water cooler broke during the night.

BREAKING AND ENTERING/PAST, 9:34 a.m., 308 Farrington St. Dwelling.

BREAKING AND ENTERING/PAST, 104 Haviland St. Dwelling.

BREAKING AND ENTERING/PAST, 10:02 a.m., 7 Shore Ave. Dwelling.

VANDALISM/PROPERTY, 11:08 a.m., 291 Highland Ave. To vehicle. A large tent collapsed on the caller's car. Tent removed, advised. No damage to car.

VANDALISM/PROPERTY, 11:41 a.m., 170 Federal Ave. Rear window smashed out overnight. Third incident of vandalism since moving in.

ASSAULT AND BATTERY, 1:50 p.m., 66 Holyoke St. Past. Caller states individual just slapped her in the face. Parties advised to seek individual complaints at the court house. Peace has been restored.

VANDALISM/PROPERTY, 3:18 p.m., 307 Atlantic St. To motor vehicle. All four tires on caller's car, one tire on her mother's.

LARCENY, 7:03 p.m., 664 Washington St. Gas. Party to pay gas bill by 10 p.m. If not, complaints to issue..

LARCENY, 7:47 p.m., 18 Essex St. Past. Issue resolved and property returned.

LARCENY/MOTOR VEHICLE, 9:21 p.m., AAMCO Transmission, 678 Southern Artery. Poss. break.

MONDAY, JULY 3

BREAKING AND ENTERING/PROGRESS, 1:43 a.m., Sterling Middle School, 444 Granite St. No entry gained. One under arrest for breaking and entering in nighttime and malicious damage to real property.

VANDALISM/PROPERTY, 2:49 a.m., Furnace Brook Golf Club, 74 Summit Ave. Officer states flower pots tipped over, checking area for any other activity. Building checks out okay.

LARCENY, 7:45 a.m., 2 Hancock St. Construction.

VANDALISM/PROPERTY, 9:38 p.m., Ricciuti Dr. Motor vehicle window. Driver's side window smashed with a rock around 10:30 p.m. on July 2.

LARCENY/ATTEMPT, 11:39 a.m., Alltown Check Cashing, 34 School St. Check.

LARCENY/MOTOR VEHICLE, 12:33 p.m., AAMCO Transmissions, 678 Southern Artery. No plates. 2001 Isuzo Rodeo, color black, taken overnight on July 2. Car comes back listed to (activate) to another party. Reporting person says it was originally sold to this person and then bought back after an agreement but title never signed over. Holding off on entering until actual ownership can be ascertained.

VANDALISM/PROPERTY, 12:53 p.m., 231 Holbrook Rd. Mirror. Driver's side mirror was taken off during the night.

LARCENY/MOTOR VEHICLE, 3:51 p.m., 276 Billings St. Motorcycle. Neighbors saw party take bike 15 minutes ago, party enroute to QPD to fill out stolen MV form. 2006 Honda CBR 1000 Motorcycle, color black and red. Two suspects: 1 black male, 150 lbs., mustache, 19-25 years old, blue football shirt; 2 white male, 19-25 years old.

BREAKING AND ENTERING/PAST, 5:13 p.m., 32 Greenwood Ave. Dwelling. Suspect(s) smashed bathroom window (from fire escape). Plasma TV, Sentry safe, Movado watch, and $6,000 in cash were stolen.

BREAKING AND ENTERING/PROGRESS, 5:38 p.m., Thomas Crane Public Library, 40 Washington St. Arrest made.

LARCENY, 8:11 p.m., 137 Common St. Past. Cash taken, four bracelets and a ring. This was not a break, victim let a friend stay over. When she returned home, he and some of her property were gone.

LARCENY, 8:43 p.m., 8 Rodman St. Past. Female victim is 90 years old. This was not a break. A larceny, previous caretaker believed involved.

VANDALISM/PROPERTY, 8:50 p.m., Freca Rd. and Rock Island Rd. Rear windshield.

VANDALISM/PROPERTY, 9:49 p.m., 17 Wall St. Just happened. Youths struck his vehicle and dented the hood. Heading towards Bayview Ave., near Perry Beach. One under arrest. Suspect charged with malicious damage.

VANDALISM/PROPERTY, 10:29 p.m., Yianni's Hair Design, 261 Whitwell St. Male party. Arrest made. Caller states a male party just vandalized her business, and several others in the area. Suspect charged with deface property, poss. Class E. and poss. hypodermic.

LARCENY, 11:40 p.m., 39 Vershire St. Check books stolen and checks being cashed.

TUESDAY, JULY 4

VANDALISM/PROPERTY, 2:37 a.m., Airport Rd. and Baystate Rd. Window smashed. Diver's side window found smashed on parked motor vehicle.

VANDALISM/PROPERTY, 6:55 a.m., 29 Mechanic St. Remax sign is ripped out of the ground and hanging out over the sidewalk.

VANDALISM/PROPERTY, 7:06 a.m., 899 Southern Artery. Graffiti/fence. Initials "SPDER" on fence with green spray paint.

VANDALISM/PROPERTY, 10:31 a.m., 15 Des Moines Rd. Spray paint.

VANDALISM/PROPERTY, 12:20 p.m., 486 South St. Fence. "CAINE" spray painted with blue paint on fence.

LARCENY/MOTOR VEHICLE, 2:32 p.m., 476 Sea St. 2003 Lexus Model ES300, color green. Owner's mother came with a two truck to tow the vehicle to Marshfield. Vehicle is missing.

VANDALISM/PROPERTY, 3:30 p.m., Shennen St. To vehicle. Left side of vehicle was keyed.

BREAKING AND ENTERING/PROGRESS, 5:27 p.m., Ride Home Realty, 1576 Hancock St. Three youths by above trying to open window. Parties advised, males were checking the mail slot in the door, no B&E.

VANDALISM/PROPERTY, 6:59 p.m., Hall Place Cemetery, 111 Crescent St. Swastikas painted on stones.

WEDNESDAY, JULY 5

LARCENY, 12:59 a.m., 139 West St. Fare evasion. Person gone on arrival.

VANDALISM/PROPERTY, 6:51 a.m., 62 Winter St. Vandalism. Front door spray painted overnight.

VANDALISM/PROPERTY, 8:27 a.m., Mykolisa Studio, 403 Hancock St. Broken window. Does not appear to be B&E.

VANDALISM/PROPERTY, 8:47 a.m., Carroll The Mover, 70 Bates Ave. Graffiti.

VANDALISM/PROPERTY, 10:05 a.m., Lighting Lamps, 1235 Furnace Brook Parkway. Several broken windows. Complaint for malicious damage.

LARCENY, 10:06 a.m., Tedeschi Food Shop, 650 Adams St. Of supplies. Several rolls of copper stolen.

LARCENY/MOTOR VEHICLE, 11:55 a.m., 64 Billings Rd. Past. 1997 Honda Accord, color blue.

ASSAULT AND BATTERY, 12:48 p.m., Boston Scientific, 500 Commander Shea Blvd. Past. Report submitted on A&B

VANDALISM/PROPERTY, 3:05 p.m., 307 Newport Ave. Graffiti on both sides of the street.

ASSAULT AND BATTERY, 7:58 p.m., 699 East Squantum St. Complaint for A&B submitted.

ASSAULT AND BATTERY, 8:49 p.m., 30 Bigelow St. Claims tenant assaulted him last Friday. Now he's banging at his door. Complaints filed.

THURSDAY, JULY 6

VANDALISM/PROPERTY, 9:18 a.m., Kendrigan Place, 10 Winter St. Tagging.

ASSAULT AND BATTERY, 10:51 a.m., 189 Liberty St. Past.

VANDALISM/PROPERTY, 11:11 a.m., 134 East Howard St. Tagging. Building spray painted.

LARCENY/MOTOR VEHICLE, 11:46 a.m., 386 Hancock St. Form shows location of theft as church, not school. Church has no parking lot. 1999 Toyota Corolla, color blue.

ASSAULT AND BATTERY, 12:08 p.m., 45 Burgin Parkway. Past. Complaint for A&B

LARCENY, 1:31 p.m., 559 Willard St. Wallet. Past incidents, to wallet. This was a stolen wallet.

UNARMED ROBBERY, 9:08 p.m., Applebee's, 200 Hancock St. [illegible] White male, white/dark green shirt, blonde hair, approximately [illegible] [illegible] knows description. Stopped by [illegible] Granite Street Bridge [illegible] direction. Officers [illegible] [illegible], [illegible] assault and battery.

FRIDAY, JULY 7

UNARMED ROBBERY, 12:08 a.m., Empire St. and Palmer St. Past. Three white males, one red shirt black hoodie, white sweatshirt, took cell phones and money from two males. Headed towards library.

VANDALISM/PROPERTY, 6:49 a.m., Shea's Center, 11 Lebanon St. Overnight. Trucks and building painted. Two trucks tagged.

If you have information on the above crimes, or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764**. If you wish to report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. If you wish to make an appointment to view the **Registered Sex Offenders** book, call **617-745-5768**.

If you wish to contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dmunton@ci.quincy.ma.us--*Lt. Dan Munton.*

A Job Well Done

Often times, incidents of domestic violence are viewed as blatantly and physically harming another, but there are many cases where intimidation or psychological abuse are forms of abuse.

LT. DAN MINTON

On June 24, at approximately 3 p.m., Officer Harry Breen was dispatched to Dunkin' Donuts on Sea St. for a "Domestic Assault in progress." Upon arrival, he found a woman sitting in a car crying, with her five-year-old daughter sitting in front, and a male standing in the middle of the parking lot. When Officer Breen approached the male and asked what happened, he said that they had an argument.

Officer Breen then interviewed the female and learned that the couple were married by separated. She said that the argument stemmed from a disagreement over child support – that her husband believed that since she and his daughter were living in public housing, he should not have to make payments.

According to the victim, her husband stated that if she sought child support through the courts, he would kill her. She added that she received correspondence from the Department of Revenue that if she did not arrange child support, she would be in danger of losing her subsidized housing. She stated that this was the reason why he was so angry.

The victim recounted the incident, stating that she noticed him following her on Palmer Street and then onto Sea Street, where he motioned for her to pull over. She thought that by pulling into the drive-thru window of Dunkin' Donuts, she would not be followed. She said that he came to her and began yelling. She said that she told him she was going to call the police and then reached over to get her cell phone. The suspect reached in and grabbed her upper arm and then pushed her down against the middle seat divider to take the cell phone away.

Officer Breen checked on the well being of the child, who did not have any physical pain, but did confirm that his father was very angry and grabbed her mother's arms to get the cell phone. Based on the above information, Officer Breen arrested the suspect, a 42-year-old Braintree resident on charges of "Domestic Assault and Battery," "Threats to Kill," and two counts of "Intimidation of a Witness." Officer Breen filed a report to DSS (Department of Social Services) and assisted the victim in seeking a restraining order.

Nice work!

On June 24, at approximately 3 p.m., Officers John Leuchte and Harry Breen were dispatched to Stop & Shop on Southern Artery for a "Violation of a Restraining Order." While enroute, the officers learned from dispatch that a 19-year-old male had just been served with a restraining order and that he was making telephone calls to the victim, his mother, from outside the store.

Officer Leuchte had just served the suspect with the restraining order 10 minutes earlier.

The officers approached the suspect and asked him if he called his mother and he responded that he called twice to ask why she got a restraining order. The suspect, who appeared distraught, said that he lost his whole life today. Since one of the conditions of the restraining order was not to contact the victim, the suspect was placed under arrest.

The victim confirmed that she received two phone calls.

Nice work!

SUN FUN PAGE

Weekly SUDOKU

by Linda Thistle

		3	2			9	1	
4			5		1		6	
1	8			9				5
	3				2	4		6
8		5		3			9	
	4		7	5				3
	7	8			6	5		
		1		2			4	7
5			3		7	6		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging
★★★ *HOO BOY!*

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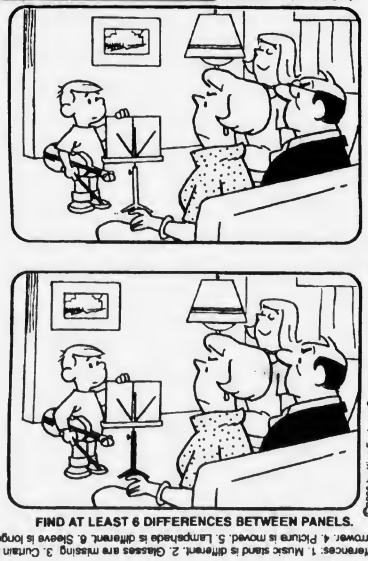
HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

Differences: 1. Music stand is different. 2. Glasses are missing. 3. Curtain is narrower. 4. Picture is moved. 5. Lampshade is different. 6. Sleeve is longer.

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Quit Smoking.
WE'RE FIGHTING FOR YOUR LIFE
American Heart Association.

The Garden Bug

Miniature gardens

You don't have to have a big yard to have a garden. Tubs, planters, and pots provide ground space when your property doesn't. Sunny patios love herbs, flowers and small fruit trees, and indoor areas like ferns, ivy and other leafy green plants.

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MAGIC MAZE ● — SANDWICH

H C Z W U R P O M J H E C P Z
X U S R Q J N L R J G E I C Z
X V C T E & R P N E L D J H E
R C H P A B U L C Y H A W V T
E R I P A P M A H C N L L K I
U L C G E S F U N C B A Z F X
B W K M O N T E C R I S T O U
E S E C E R R R P U O A M L L
N J N P U F I G A E C N D R B
B A O Y E N I R A M B U S A X
W U T S Q P K O N L I T K E J

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

BLT	French dip	Monte Cristo	Reuben
Chicken	Ham	Open-face	Submarine
Cucumber	Hero	Pastrami	Tuna salad
Earl of	Knuckle	PB&J	

Trivia test by Fifi Rodriguez

1. LITERATURE: Who penned the gothic short story "The Tell-Tale Heart"?
2. GAMES: What is the name of the wicker basket glove used in jai alai?
3. TELEVISION: Who played the role of Gilligan on "Gilligan's Island"?
4. GENERAL KNOWLEDGE: What was Ernest Hemingway's middle name?
5. COMICS: In the "Dick Tracy" comic strip, what was the name of his true love?
6. MEDIA: What was Walter Cronkite's last year as anchor of the "CBS Evening News"?
7. LAW: What legal doctrine is covered by the Latin phrase "stare decisis"?
8. MUSIC: Where did singer Jim Morrison of The Doors die?
9. U.S. PRESIDENTS: Which president led the United States into its war with Mexico?
10. NATIVE AMERICANS: Where were the traditional lands of the Mohawk tribe within the United States?

Answers

1. Edgar Allen Poe
2. A cesta
3. Bob Denver
4. Miller
5. Tess Trueheart
6. 1981
7. Common law ("stare decisis" means "to stand by that which is decided.")
8. Paris
9. James Polk
10. Mainly in New York state

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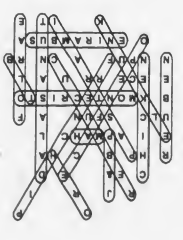
Weekly SUDOKU — Answer

7	5	3	2	6	8	9	1	4
4	2	9	5	7	1	3	6	8
1	6	8	4	9	3	2	7	5
9	3	7	8	1	2	4	5	6
8	1	5	6	3	4	7	9	2
6	4	2	7	5	9	1	8	3
2	7	8	1	4	6	5	3	9
3	6	1	9	2	5	8	4	7
5	9	4	3	8	7	6	2	1

Magic maze — Answers

SANDWICH



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Salome's Stars

ARIES (March 21 to April 19) You dislike waiting for promises to be fulfilled and for commitments to be kept, but resist your headstrong tendency to push things along. Your patience will be rewarded.

TAURUS (April 20 to May 20) Expect continuing opposition to your plans from die-hard detractors. However, your determination to see things through will carry the day. A Pisces has romantic ideas.

GEMINI (May 21 to June 20) You might be too close to a troublesome workplace situation to deal with it successfully. Step away in order to get a better perspective. A solution soon becomes obvious.

CANCER (June 21 to July 22) You might suspect that someone you trust has misled you on an important matter, but a more balanced view of things reveals a misunderstanding to be the culprit.

LEO (July 23 to August 22) The Big Cat's animal magnetism has rarely been stronger. You can either just bask in all that admiration or use it to your advantage, especially in the workplace.

VIRGO (August 23 to September 22) Someone who previously balked at cooperating with you on a project suddenly has a change of heart. Accept both help and advice with grace.

LIBRA (September 23 to October 22) Some hazy issues still need to be cleared up before you can move on with your new plans. A friend from the past reaches out to re-establish old ties.

SCORPIO (October 23 to November 21) Continued positive fall-out follows that risky workplace decision you made some time ago. Your payoff will soon prove to be more substantial than you expected.

SAGITTARIUS (November 22 to December 21) A personal relationship continues to be affected by a recent unexpected turn of events. Things need to work themselves out without finger-pointing.

CAPRICORN (December 22 to January 19) It's a wonderful week for all you capricious Goats to kick up your heels with friends or family members in some well-earned fun and frivolity.

AQUARIUS (January 20 to February 18) Caution is advised before making a financial commitment to someone you don't really know. There are better ways to build friendships than with risky fiscal dealings.

PISCES (February 19 to March 20) Travel plans continue to be favored. A change of scenery brings new opportunities, both personally and professionally. Be open to the possibilities.

BORN THIS WEEK: You have a strong sense of loyalty that shows itself best in your relationships with family and friends.

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Wishing Well®

2	6	3	2	3	2	6	7	2	7	5	7	2
N	M	S	O	W	B	O	B	O	E	D	U	U
3	5	3	4	5	4	5	7	4	6	5	3	7
E	I	E	U	S	S	P	N	E	D	L	T	D
6	7	5	3	5	3	5	3	7	5	6	8	5
E	E	A	S	Y	U	K	C	R	I	R	N	N
2	6	5	6	5	4	7	2	8	6	2	8	6
N	A	D	T	N	C	S	D	O	E	S	R	D
4	5	8	6	4	5	3	4	2	7	5	7	4
O	E	A	E	M	S	C	M	F	T	S	A	O
7	6	7	3	6	4	2	6	2	4	7	6	4
N	S	D	E	I	N	O	R	R	S	I	E	E
2	3	7	2	8	7	3	4	6	4	2	4	8
Y	S	N	O	I	G	S	N	S	S	U	E	N

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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RELIGION

'Summer On The Hill' At First Baptist Church Of Wollaston

First Baptist Church of Wollaston, 81 Prospect Ave., Wollaston, is sponsoring two weeks of "Summer on the Hill."

Week 1, with the theme "Creating Tiny Treasures," will be held Monday, July 31 through Friday, Aug. 4 from 9 a.m. to 11:30 a.m. The program is for boys and girls ages 9 through 12. Cost is $15 per person.

Each participant will create and assemble a small room in miniature with several themes available.

Week 2 will be held Monday, Aug. 7 through Friday, Aug. 11 from 9 a.m. until noon. During this week, the Harmony Youth Chorus for boys and girls who have completed grades 1 through 7 will produce a musical play with parts for everyone.

Cost is $25 per person or $45 per family.

The activities are for boys and girls of all faiths and cultures.

For information or to register, call the church office at 617-472-0824.

Union Church Community Bible School

Union Congregational Church, 136 Rawson Rd., Wollaston, will hold its second annual Community Bible School Monday, July 17 through Friday, July 21 each evening from 6 to 9 p.m.

People of all ages and denominations throughout the community are invited to attend the school which will feature a light supper, worship and special programs each night.

Adults will view and discuss popular Christian movies such as the blockbuster "Narnia." The program is led by Pastor Jack Swanson and other area clergy.

Youth will learn how to "Depend on God (D.O.G.) as they face the daily challenges of growing up. Each will build their own miniature "Dog Backyard," complete with trees, dogs, an agility course and more. This program is led by Martha Swanson, outreach minister.

For more information or to register, call the church office at 617-479-6661.

Bethany Congregational

Bethany Congregational Church, 18 Spear St., Quincy Center, will have Sunday worship beginning at 10 a.m.

The Rev. Gary W. Smothers will conduct the service and preach a sermon entitled "Sermons From Mark 2) John the Baptist."

There will also be a children's message.

Childcare is available for infants and toddlers.

Following the worship service there will be a fellowship time in the Allen Parlor. Light refreshments will be served.

Covenant Congregational Church Vacation Bible School Aug. 7-11

The Covenant Congregational Church, 315 Whitwell St., Quincy, will hold its Vacation Bible School Monday, Aug. 7 through Friday, Aug. 11 from 6:30 p.m. to 8 p.m. daily.

This year's theme is "God's Direction is Always Best." Students will "travel" to China, Chile and Chad and learn how God loves everyone in this world the same.

The school is free but is limited to children who are going into fifth grade, down to five years old.

For more information, or to register a child, call Covenant Congregational Church at 617-479-5728.

Salvation Army Vacation Bible School

The Salvation Army will hold its annual Daily Vacation Bible School Aug. 14-18 from 10 a.m. to 2 p.m. each day for children in grades 1-6.

Preschool children who attend the Sonshine Preschool are also invited to attend.

The school is free. Each child should bring a lunch. There will be a Bible story, gym time, craft time, and singing each day.

To register, call 617-472-2345.

On Thursday, Aug. 17 from 6 to 7:30 p.m., the Salvation Army will hold a free family fun night. There will be games, a moon walk, a dunk tank, and prizes.

Free hot dogs and beverages will be served.

Summer Worship At Wollaston Congregational

The Wollaston Congregational Church, 48 Winthrop Ave., announces it summer worship schedule will be held Wednesday evenings beginning July 19 through Sept. 6.

The evening starts with a potluck supper at 6 p.m. followed by informal worship at 7 p.m.

The July 19 and Aug. 16 worship will be especially geared for children and youth.

On July 19, the theme will be "The River."

The theme of Aug. 16 will be "The Camp."

Quincy Community United Methodist

The Rev. Dr. Susan Jarek Glidden will lead the Adult Bible Study at 9 a.m. and the 10:30 a.m. worship service Sunday at Quincy Community United Methodist Church, 40 Beale St., Wollaston.

Susan Little will be the reader and Janet McGonigle and Nancy Valorz will usher.

Dorothy Hahn, Joan Honig and Shirley Smith will host the Hospitality Hour which follows the service.

Small boxed cereals will be collected by the New Women's Circle for the Interfaith Social Services.

Quincy Religion Directory

SERVICES & ACTIVITIES

Assemblies of God

Glad Tidings
158 Washington St., Quincy
phone: 773-9797
Rev. Gregory E. Wheaton, Pastor
Sunday Worship: 8:30, 11 a.m.; Christian Ed. 10 a.m.; Senior Hi Youth 7 p.m.; Wed. 7 p.m. Berean Bible Study, Royal Ranger Missionettes; Friday Junior Hi Youth 7 pm
Youth & Children's Ministry
•Contemporary Worship
•Marriage & Family Group
•International Fellowship
•DivorceCare

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 7, 9:30 & 11:30am, Weekdays 9am
Handicapped Accessible
New Members Welcome!

Unitarian

United First Parish
Hancock St., across from City Hall
617-773-1290
Sunday Worship, 10:30 AM
Child Care & Religious Education for all ages
All Welcome to Our Historic Church

Congregational

First Church of Squantum
164 Bellevue Street
617-328-6649
Pastor: Michael S. Robertson
10 a.m. Sunday Worship
All Are Welcome

To Advertise in this Directory, Call 617-471-3100

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4pm (Sat.) 7:45am, 9am (Family Liturgy)
10:30am (with Choir) and 5pm
12 noon at Star of Sea Church
Weekday Masses
Mon.-Fri 7am and 9am, Sat. 9am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m., 10:30 a.m. & 5 p.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

ST. JOHN THE BAPTIST
44 School St.,
Quincy
617-773-1021
Weekend Mass Schedule
Saturday (Vigil Mass) 4 p.m.
Sunday 7:30 a.m., 9 a.m.
and 11 a.m. (Family Liturgy)
Weekday Masses
Monday - Saturday 8 a.m.
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
• 617-479-5400
Pastor: Rev. John J. Ronaghan
Weekend Mass Schedule:
Saturday 4:00 PM
Sunday 7:00, 9:00, 11:30AM
Daily Masses: 9:00 AM
Handicapped Chairlift Available

Congregational

HOUGHS NECK CONGREGATIONAL CHURCH
310 Manet Ave., Quincy
Sunday, July 16
Service Of Divine Worship 9:30 am
Sunday School 9:30 AM
Series of Sermons on The Lord's Prayer
'Hallowed be Thy Name'
Rev. John Castricum
617-479-8778
Lois Zulauf : Minister of Music

BETHANY CONGREGATIONAL CHURCH
Corner of Spear & Coddington Sts., Quincy Center • 617-479-7300
10 AM Sunday Worship
Sermon: "Sermons From Mark"
Childcare Available for Infants, Toddlers
Fellowship Follows Service in Allen Parlor

QUINCY POINT CONGREGATIONAL CHURCH
444 Washington St . • 617-773-6424
Worship and Church School 10 am
Rev. Ann Suzedell, Pastor
visit us at www.QPCC.org

UNION CHURCH
Beach St. & Rawson Rd., Wollaston
Sunday Service 10 AM
617-479-6661
Good Bible Preaching
& Traditional Worship
Rev. John Carl Swanson, Pastor

Congregational

WOLLASTON CONGREGATIONAL CHURCH
48 Winthrop Ave. - 617-773-7432
Pastor: Rev. Mary Lou Gifford
Summer Worship Schedule
Wed., July 19 thru Wed., Sept. 6
Potluck Supper - 6 p.m.
Informal Worship 7 p.m.
July 19 and Aug. 16 Worship Geared Especially For Children & Youth
7/19 - "The River," - 8/16 "The Camp"

Covenant

COVENANT CONGREGATIONAL CHURCH
Corner of Whitwell & Granite St.
Sunday Worship 10:00 AM
Rev. Karen Palmatier, Pastor
Child Care Available - All Are Welcome
Children's Pantry
Wed., Thur. 9:30 am - 12 noon
617-479-5728
VACATION BIBLE SCHOOL - AUG. 7-11

Nazarene

Wollaston Church of the Nazarene
37 E. Elm Ave., Wollaston
(617) 472-5669
On The Campus Of
Eastern Nazarene College
Pastor: Rev. Fred. Fullerton
Sunday Services
8:30 am - Holy Communion
9:45 am - Adult & Children's Sunday School
11 a.m. - Blended Worship Service
Come Worship with Us!

Episcopal

St. Chrysostom's Episcopal Church
Corner of Hancock & Linden Sts.
Quincy • (617) 472-0737
Rev. David Hefling
Holy Eucharist 9 AM - Sunday School and Nursery Care During Service
Coffee Hour Following
ALL WELCOME
THRIFT SHOP CLOSED FOR THE SUMMER

Evangelical

EVANGELICAL CHURCH OF ATLANTIC
65 Newbury Ave. North Quincy
(617) 847-4444
Pastor Bill Donahue
Sunday Morning Worship 10:10 AM
Childcare Available

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Dr. Susan Jarek-Glidden, Pastor

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45 SUNDAY SCHOOL
11AM WORSHIP SERVICE
BRASS BAND MUSIC
7PM TUES WOMEN'S FELLOWSHIP
7:15PM WED. BIBLE STUDY

Spiritualist

First Spiritualist Church of Quincy
40 West St., Quincy, MA 02169
(617) 770-2246
Services: Sunday 11 a.m. to 12:30 PM
Coffee and Conversation following service.
(Services 8 PM Wednesdays June, July, August)
Pastor Rev. Rita S. Berkowitz, C.H.,C.M.

OBITUARIES

Ruth M. Smith, 95

Retired Officer Manager

RUTH M. SMITH

A Mass of Christian Burial for Ruth M. Smith, 95, of Quincy, a retired office manager, was celebrated Wednesday at 9 a.m. in Sacred Heart Church Chapel, North Quincy.

Miss Smith died July 7 at the Hancock Park Nursing and Rehabilitation Center in Quincy.

Born in Boston, she attended Boston Schools.

She had lived in Quincy for many years.

Miss Smith was the office manager for the W.T. Grant's store in Boston. She worked with Grant's from its opening until the store closed 45 years later.

She was a member of St. John's Seniors and the Sacred Heart Senior Citizens.

Miss Smith also volunteered at the Sacred Heart Parish Bingo, which has been managed by her nephew Gene Raux for many years.

The daughter of the late Michael and Josephine (Byckton) Smith, she was the aunt of Eugene J. Raux and his wife Mary of Quincy and the late Mary A. Brusin; the great-aunt of Michael Brusin of Abington, Eugene Brusin of Quincy, Maryellen Raux of Georgia, Chaplain (Lt. Col.) Redmond Raux, USAF of Langley, Vir.; Christine Putnam of Maryland and the late Eugene R. Raux. She is also survived by 10 grandnieces and great-nephews.

Burial was in New Calvary Cemetery, Mattapan.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy Center.

Memorial donations may be made to Hospice of the South Shore, 100 Bay State Dr., Braintree, MA 02184.

Edward F. Gallagher Jr., 63

Retired Auditor

A funeral Mass for Edward F. Gallagher Jr., 63, of Quincy, a retired auditor, was celebrated July 6 at St. Gregory's Church, Dorchester.

He died July 2 at Quincy Medical Center.

Mr. Gallagher worked for State Street Bank.

Born in Cambridge, he lived in Everett and Malden before moving to Quincy.

He is survived by his wife of 36 years, Patricia A. (Walsh) Gallagher; a brother, Richard P. Gallagher of Portland, Maine; and a niece and nephew.

Burial was in St. Michael's Cemetery.

Funeral arrangements were by Dolan Funeral Home, Milton.

Ethel R. Curtis, 96

Retired Kindergarten Teacher

ETHEL R. CURTIS

A funeral Mass for Ethel R. (Robertson) Curtis, 96, of South Boston, formerly of Quincy, was celebrated July 7 at St. Ann's Church, Wollaston.

She died July 4 at Marion Manor Nursing Home, Boston.

Mrs. Curtis was a kindergarten teacher in the Boston public school system for 13 years, retiring in 1970.

She was a member of the Puritan Canoe Club in South Boston.

Born in South Boston, she lived in Quincy and Chestnut Hill before moving to South Boston a year ago.

Wife of the late James T. Curtis, she is survived by seven nieces and two nephews.

Burial was in Holyhood Cemetery, Brookline.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Donations may be made to Evercare Hospice, 275 Grove St., Auburndale, MA 02466.

Josephine Tocci, 96

Retired Waitress

A funeral Mass for Josephine Tocci, 96, of Quincy, a retired waitress, was celebrated July 8 at St. John's Church, Quincy.

She died July 3 at South Shore Hospital in Weymouth after a brief illness.

Miss Tocci worked at the Fox and Hounds Restaurant for more than 20 years and at the former Hollow Restaurant. She retired many years ago.

Born and educated in Quincy, she was a lifelong resident of the city.

She is survived by a son, Stephen E. Tocci; two sisters, Amelia A. Nicholson of Braintree and Mercedes Marullo of Pittsfield; a brother, Neil Tocci of Jupiter, Fla.; a goddaughter; and many nieces and nephews.

Burial was in St. Mary's Cemetery, Quincy.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Dorothy J. Spanos, 94

A funeral Mass for Dorothy J. (Litchfield) Spanos, 94, of Norwell, formerly of Quincy, was celebrated July 8 at Holy Family Church, Rockland.

She died July 4 at South Shore Rehabilitation and Skilled Care Center in Rockland.

Mrs. Spanos worked for Howard Johnson restaurant and hotel and was personally hired by Howard Johnson.

She spent much of her life helping others and visiting the sick. She also helped animals.

She appreciated those who helped her through her illnesses, including the caregivers at South Shore Rehabilitation and Skilled Care Center and Wareham Hospice.

Born and raised in Quincy, she graduated from Quincy High School and attended Quincy Hospital's nursing school.

Wife of the late Angelo "Van" Spanos, she is survived by a daughter, Dr. Dorothy Litchfield Brissenden of Quincy.

Funeral arrangements were by McNamara-Sparrell Funeral Home, Norwell.

Donations may be made to South Shore Nursing & Rehabilitation Skilled Care, 115 North Ave., Rockland, MA 02370, or to the Boston Catholic Television, 55 Chapel St., Newtonville, MA 02460.

George L. Suntheimer, 74

Member Of Quincy Yacht Club

GEORGE SUNTHEIMER

A funeral Mass for George L. Suntheimer, 74, of Quincy, a retired employee at the Draper Laboratory in Cambridge and member of the Quincy Yacht Club, was celebrated July 6 at Most Blessed Sacrament Church of the Holy Trinity Parish, Houghs Neck.

Mr. Suntheimer died July 2 at the Quincy Medical Center.

Born in Norwich, Conn., he was raised and educated there.

He was a graduate of Lowell Institute where he received his mechanical engineer degree.

Mr. Suntheimer worked for more than 25 years at Draper Laboratory in Cambridge before retiring in 1987.

He was a veteran of the U.S. Army serving during the Korean War.

He was a member of the Quincy Yacht Club and the South Shore Social Club.

Mr. Suntheimer is survived by his wife of 54 years, Dolores J. (Magee) Suntheimer; two sons, George Lawrence Suntheimer, Jr. of Norwich, Conn., and John Suntheimer of Quincy; four daughters, Denise Gill of Gales Ferry, Conn., Linda Suntheimer of Quincy, Maryann Hurlburt of Plymouth and Kelli Avci of Gales Ferry, Conn.; 14 grandchildren, nine great-grandchildren and many nieces and nephews.

He was also the father of the late Debra Suntheimer and the late Theresa Ryan.

Funeral arrangements were made by the Deware Funeral Home, 576 Hancock St., Wollaston.

Memorial donations may be made to the Jimmy Fund, 10 Brookline Place, Brookline, MA 02445.

Daniel J. McKay Sr., 51

Bus Driver

A funeral service for Daniel J. McKay Sr., 51, of Weymouth, formerly of Quincy, a bus driver, was held July 8 at Alfred D. Thomas Funeral Home, Milton.

He died July 4 at home.

Mr. McKay was a bus driver for Children's Hospital for 26 years.

Born in Boston and raised in Dorchester, he lived in Quincy for more than 20 years before moving to Weymouth a year ago.

He is survived by his wife, Mary Ann (Silva) McKay; a daughter, Sandra A. McKay of Weymouth; two sons, Daniel J. McKay Jr. of Hyde Park and Stephen P. McKay of Quincy; his mother, Stella A. (Rogers) McKay of Dorchester; four brothers, Donald W. McKay and John E. McKay, both of Braintree, Gary F. McKay of Upton and Larry R. McKay of Stoughton; and a sister, Deborah A. Sturgeon of Dorchester. He was the son of the late Elmer G. "Red" McKay.

Burial was private.

Donations may be made to Children's Hospital, 300 Longwood Ave., Boston, MA 02115.

Mary T. O'Neil, 77

Former Waitress

A funeral Mass for Mary T. (Reis) O'Neil, 77, of Quincy, a former waitress, was celebrated July 6 at St. John's Church, Quincy.

She died June 30 at John Adams Healthcare Center in Quincy after a long illness.

Mrs. O'Neil was a former waitress for many years and retired many years ago.

Born in Boston, she was raised and educated in South Boston. She lived in South Boston before moving to Quincy 13 years ago.

Wife of the late William F. O'Neil, she is survived by a daughter, Gail N. Bracken of Quincy; a son, William F. O'Neil Jr. of Marshfield; a sister, Jean M. Reis of Quincy; six grandchildren and a great-granddaughter.

Burial was in Blue Hill Cemetery, Braintree.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Donations may be made to the American Cancer Society, 1115 West Chestnut St., Brockton, MA 02301.

SCOTT DEWARE

A THOUGHT FOR THE WEEK

"Dreams never hurt anybody if he keeps working right behind the dream to make as much of it come real as he can." – F.W. Woolworth

How can you make your dreams come true? First, get rid of all your little ideas. Make your dreams and ideas big enough so that they become exciting. Make them large enough that they can draw real power out of you, really capture the whole of your motivated activity. Second, check your dreams first to be sure that they serve not only your interests, but those of your fellow man. Third, go forward with faith and belief and enthusiasm . . .

Think big, pray big, believe big, act big – and your big dreams can come true. . .

It has been said that it is difficult to say what is impossible, for the dream of yesterday is the hope of today and the reality of tomorrow. . .

Deware Funeral Home

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Wollaston Chapel
576 Hancock Street
Quincy, MA 02170

(617) 472-1137

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Dennis S. Sweeney Joseph M. Reardon, CPC

Funeral Directors

74 Elm Street, Quincy Massachusetts 02169 • 617-773-2728

www.dennissweeneyfuneralhome.com

Marie I. Dinsmore, 78

Retired Oringer's Employee

MARIE I. DINSMORE

A funeral Mass for Marie I. "GaGa" (Hayford) Dinsmore, 78, of Quincy, was celebrated Wednesday at Sacred Heart Church, North Quincy.

She died July 7 at Hancock Park Nursing and Rehabilitation Facility, Quincy.

Mrs. Dinsmore worked in data entry at Oringer's in Quincy and Weymouth for 12 years, retiring in 1993.

She was a former member of Eastern Star.

Born in Boston, she was a lifelong resident of Quincy. She graduated from North Quincy High School in 1945.

Wife of the late Herbert N. Dinsmore, she is survived by a sister, Carol A. Harvey of Quincy; two granddaughters; an aunt; and many nieces, nephews and cousins. She was the mother of the late Stephen Dinsmore.

Burial was in Pine Hill Cemetery.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Donations may be made to MSPCA, 350 S. Huntington Ave., Jamaica Plain, MA 02130.

James Barry, 40

Landscaper

JAMES BARRY

A funeral Mass for James Barry, 40, of Quincy, a self-employed landscaper, was celebrated July 8 at St. Ann's Church, Wollaston.

He died July 2.

Mr. Barry was a former reservist in the Army.

Born in Quincy, he graduated from Broad Meadows Middle School and Quincy High School.

He is survived by his parents, William P. Barry Jr. and Dorothy (Bowles) Barry of Abington; three brothers, John Barry of Quincy and Patrick Barry III and William Barry, both of Abington; and four sisters, Janet Barry, Susan Barry and Carolyn Barry, all of Quincy, and Patricia Smalley of Dorchester.

Burial was in Pine Hill Cemetery.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St., Wollaston.

Donations may be made to New England Shelter for Homeless Veterans, 17 Court St., Boston, MA 02108.

Jeanne S. Griswold, 75

Cape Cod Community College Employee

JEANNE S. GRISWOLD

A memorial service for Jeanne Staples Griswold, 75, of Quincy, will be held Friday at 10 a.m. at St. Paul's Roman Catholic Church, Bow and Arrow Streets, Cambridge.

She died July 9 after a brief illness.

She was a longtime employee of Cape Cod Community College, retiring in 1997.

A student of the harp in her youth, she was fond of classical music, particularly harp and piano.

An avid reader with a keen interest in political and social issues, she sponsored several children in the United States and overseas in retirement. She had a lifelong interest in young children and early childhood well-being.

Born in Schenectady, N.Y., she was raised in Mansfield and Braintree. She graduated from Thayer Academy in 1948 and from Cornell University.

She is survived by three sons, Peter Griswold of Quincy, David Griswold of Auburn, Maine, and Andrew Griswold of Medford, and five grandchildren.

Burial will be private.

Visiting is 5 to 8 p.m. today (Thursday) at Hamel, Wickens and Troupe Funeral Home, 26 Adams St., Quincy.

Donations may be made to Children, Inc., 4205 Dover Road, Richmond, VA 23221-3267.

Louise T. Sullivan, 82

Retired Bookkeeper

A funeral Mass for Louise T. Sullivan, 82, of Quincy, a retired bookkeeper, will be celebrated today (Thursday) at 11 a.m. at St. Elizabeth's Church, 350 Reedsdale Road, Milton.

She died July 7 at Milton Hospital.

Miss Sullivan worked in the insurance business until her retirement in 1988. She previously worked as a secretary at Hingham Shipyard.

After retirement, she worked part time as a sales associate at Talbot's in Hingham until she was 75.

An avid golfer, she was a longtime member of Norfolk Golf club in Westwood. She enjoyed playing golf with friends and organized winter golf trips to Bermuda and Florida.

She was a member of St. Elizabeth Church and volunteered as a member of Proparvulis Club, part of Catholic Charities effort to aid inner-city children.

Born in Belmont, she was raised in Milton and graduated from Milton High School in 1941. She moved to Quincy in 1980.

She is survived by four sisters, Marjorie M. Phillips of Milton, Jean A. Joyce of East Bridgewater, Nancy E. Bergen of Hull and Kathleen S. Huhtanen of Connecticut; and many nieces and nephews.

Burial was private.

Funeral arrangements were by Chapman, Cole and Gleason Funeral Home, Milton.

Mary R. Stone, 96

International Labors' Union Worker

Mary Ruth "Ruthie" Stone, 96, of Farnham, Va., formerly of Quincy, died June 23.

She worked for International Labors' Union in Washington, D.C. and in Boston for many years.

Wife of 54 years of the late Lawrence B. Stone, she is survived by a daughter, Marie E. Stone of Kinsale, Va.; and many nieces and nephews.

A private burial was in Mount Wollaston Cemetery.

Arrangements were by Deware Funeral Home, 576 Hancock St.

Donations may be made to Hospice of Virginia, P.O. Box 2098, Tappahannock, VA 22560.

Laura E. Hoadley, 61

A memorial service for Laura E. (Taylor) Hoadley, 61, of Quincy, a former nurse's aide, was held July 8 at Old South Union Church, South Weymouth.

She died June 17 at Boston Medical Center.

Mrs. Hoadley worked at Quincy Hospital for eight years, retiring in 1966 due to a disability.

Born in Quincy, she was a lifelong resident of Merrymount.

She is survived by a son, Glenn Hoadley of Bastrop, Texas.

Arrangements were by C.C. Shepherd Funeral Home, Weymouth.

Donations may be made to the American Heart/American Stroke Foundation, P.O. Box 3049, Syracuse, NY 13220.

Ennio Fabrizio, 77

Business Owner, Korean War Veteran

A funeral Mass for Ennio "Pete" Fabrizio, 77, of Florida, formerly of Quincy, a business owner, was celebrated Wednesday at St. Joseph the Worker Church in Hanson.

He died July 8 at his daughter's home in Pembroke.

Mr. Fabrizio delivered milk to Scituate and Hingham residents after the Korean War. He later owned the Hawthorne Inn and Restaurant in Antrim, N.H., and a painting and landscaping business in Florida.

He was a Korean War Army veteran.

He was a member of Moose and Elks clubs and the Society of St. Vincent de Paul, all in Florida.

Born in Italy, his family moved to Quincy when he was 2 years old. He was educated in Quincy. He lived in Antrim before moving to Florida 25 years ago.

He is survived by his wife of 30 years, June (DeGanne) Fabrizio; three children, Carol, Anthony and Mary; a stepdaughter, Barbara Bent of Salem; a stepson, Bruce Bent of Oxford; a sister, Lilliana Pellegrini of Natick; eight grandchildren and a great-grandchild.

Burial will be held at a later date.

Funeral arrangements were by Shepherd Funeral Home, Pembroke.

Pauline MacPherson, 81

Private services were held for Pauline (Jones) MacPherson, 81, of Reading, formerly of Quincy, a retired secretary.

She died July 3 at Wingate at Reading Rehabilitation and Skilled Nursing Residence.

Mrs. MacPherson worked for Raytheon.

Born in Salem, she lived in Quincy for many years before moving to Reading.

Wife of the late James K. MacPherson, she is survived by a son, James MacPherson of Louisiana; a daughter, Stacy Gillis of Reading; and six grandchildren.

Arrangements were by Cota Funeral Home, North Reading.

Richard J. Mokillo, 69

A funeral service for Richard J. Mokillo, 69, of Panama City, Panama, formerly of Quincy, was held in Panama.

He died June 28 in Panama City.

Born in Quincy, Mr. Mokillo graduated from Quincy High School in 1956 and several years later enlisted in the Army where he served for eight years.

He worked for the Government at the Panama Canal, retiring in 1999.

He is survived by his wife, Ailsa Mokillo; two sons, Richard J. Mokillo Jr. of Tampa, Fla., and Roderick J. Mokillo of Jacksonville, Fla.; two daughters, Raissa Mokillo of Washington, D.C., and Larisa Mokillo of Baltimore, Md.; a sister, Mary Mokillo of Quincy; and two grandchildren.

Burial was private.

Funeral arrangements were by Bolea-Buonfiglio Funeral Home, 116 Franklin St.

Anne Lynch, 51

A funeral service for Anne (Bossé) Lynch, 51, of Quincy, was held Sunday at Keohane Funeral Home, 785 Hancock St.

She died July 6 at home.

She was a driver for Quincy Elder Services for seven years.

Born in Boston, she lived in Quincy for 14 years.

She is survived by two daughters, Tracy A. Clark of Avon and Cindy Simonelli of Boston; a son, Joseph Mellen of Quincy; her longtime companion, Charles McDermott; and five grandchildren.

Donations may be made to Children's Hospital, Development, 300 Longwood Ave., Boston, MA 02115.

Chris, Trudy Peter Memorial Blood Drive July 18

The Houghs Neck Community Council will hold its third annual blood drive in memory of Chris and Trudy Peter Tuesday, July 18 from 2 to 8 p.m. at St. Thomas Aquinas Hall, Darrow St., Houghs Neck.

The Peter family started this blood drive 22 years ago, to honor Chris Peter who was killed by a drunk driver on Sept. 14, 1984. When Trudy Peter passed away, the Houghs Neck Community Council decided to carry on the tradition, to honor this family.

Appointments are appreciated. Call (617) 471-4898 or e-mail fcan21@hotmail.com.

Grandma loved classic poetry, traveling, and Grandpa.

Your memories are precious. That's why, at Keohane Funeral Service, we take the time to find out what made your loved one special. Whether it's reading classic poetry or compiling a memory board of her favorite travel photos, you can count on us to help you plan a service that will be just as unique as the person you love.

Keohane Funeral Service

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Cristine More Named Vice President Of Development At Milton Hospital

CRISTINE MORE

Milton Hospital has named certified fund raising executive Cristine More as vice president of development.

More has been raising funds in the community hospital setting for 20 years. She has held development positions for Newton-Wellesley, Leonard Morse, Framingham Union (MetroWest Medical Center) and Deaconess Nashoba Hospitals. Most recently, Cristine was the Vice President for Development at Caritas Norwood Hospital, where she started a development program and conducted a $3.6 million capital campaign that raised over $4 million. She has also worked as a non-profit consultant.

As vice president at Milton Hospital, More is responsible for the capital and annual fund-raising program, public relations and volunteers.

Milton Hospital provides community-based health care to people in Milton, Quincy, Braintree, Randolph, Canton, Hyde Park, Dorchester and other local communities.

Michelle Higgins Assistant VP Of Human Resources At Bank Of Canton

MICHELLE HIGGINS

Michelle Higgins has been promoted to the position of assistant vice president of Human Resources for Bank of Canton, announces bank President and CEO James D. Egan.

Higgins, who was previously assistant vice president/branch manager for Bank of Canton's Quincy branch, is now based in the company's Canton office, located at 557 Washington St., where she is instrumental in benefit administration, employee relations and employee development.

"I am excited about the challenges of my new position," Higgins said. "Being branch manager required me to be detail-oriented and excel in customer service, two skills that I believe will benefit me in my new position. I enjoy working with many people and appreciate being an essential part of a growing company."

Higgins is a banking industry veteran with more than 20 years of industry experience working on the South Shore. She joined Bank of Canton more than nine years ago as assistant vice president/branch manager for Quincy. She was also previously employed in branch management, human resources and training in positions held at Bank of Braintree, The Cooperative Bank in Quincy and Quincy Cooperative Bank.

"Michelle has been a great asset to this company since joining us nearly a decade ago," Egan said. "Her experience in streamlining operations and dedication to our team make her the perfect choice for this position. Our employees will benefit from her competence and expertise."

Higgins received her B.S. in psychology and business management from Stonehill College in Easton. She is a South Area Council Member of the American Red Cross and is affiliated with various banking, human resources and Chamber of Commerce organizations.

Bank of Canton, with offices in Canton, Quincy, Randolph, Brookline and Hyannis, lends throughout the state. Established in 1835, Bank of Canton is a Massachusetts-chartered mutual savings bank that offers its consumer, business and commercial customers access to a full array of deposit, loan, investment and convenience service options.

For more information, visit www.ibankcanton.com or call 888-828-1690.

REQUEST FOR PROPOSALS **REQUEST FOR PROPOSALS**

REQUEST FOR PROPOSALS

CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK STREET, QUINCY, MA 02169

In accordance with M.G.L. Chapter 30B, the City of Quincy requests proposals for furnishing and delivering to the City:

PARK DEPARTMENT **RE-BID DESIGN AND MATERIALS FOR GRANITE FOUNTAIN** **AUGUST 1, 2006 @ 11:00 A.M.**

The City of Quincy requests proposals from qualified companies to provide design services and materials to make and sustain operability of a granite fountain in Merrymount Park. A copy of the specifications may be obtained at the Purchasing Department, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, after July 13, 2006, between the hours of 8:30AM to 4:30PM.

Non-Price Proposals must be in a sealed envelope and price proposals must be in a separate sealed envelope. The outside of the sealed envelopes are to be clearly marked **"RFP - NON-PRICE PROPOSAL ENCLOSED"** with time/date of RFP and **"RFP - PRICE PROPOSAL ENCLOSED"** with time/date of RFP opening.

Proposals will be received at the office of Purchasing Agent until the time and date stated above, at which time and date they will be opened and registered. Late proposals, delivered by mail or in person, will be rejected.

The right is reserved to reject any or all RFP's or to accept any part of an RFP or the one deemed best for the City, and waive any informalities in the bidding, if it is in the best interest of the City to do so.

William J. Phelan, MAYOR
Laurie M. Allen, CHIEF PROCUREMENT OFFICER

7/13/06

INVITATION TO BID **INVITATION TO BID**

SECTION 00020
INVITATION TO BID

RE-BID

EDGEWATER DRIVE SEWER REHABILITATION PROJECT

Sealed bids for the construction of the **Edgewater Drive Sewer Rehabilitation Project** will be received by the OWNER, City of Quincy, the City of Quincy Purchasing Agent until **August 2, 2006, at 11:00 am** when they will be opened publicly and read aloud. Bids shall be addressed to Laurie Allen, City of Quincy Purchasing Agent, 1305 Hancock Street, Quincy, Massachusetts 02169 and shall be labeled "Bids for Edgewater Drive Sewer Rehabilitation Project."

The work includes the furnishing of the labor, materials, and equipment for the construction and installation of approximately 654 linear feet of 12-inch pvc sewer pipe and 1027 linear feet of 15-inch cured in place pipe liner and 752 feet of 18-inch cured in place pipe liner, including **ALL** house laterals along the 12-inch pipe replacement section and complete sewer cleaning. The project is located at the Edgewater Drive section of the Hough's Neck area of Quincy.

The project manual may be inspected at the following locations:

City of Quincy
Public Works Department
55 Sea Street
Quincy, Massachusetts 02169

Brown and Caldwell
48 Leona Drive, Suite C
Middleborough, Massachusetts 02346

F.W. Dodge Plan
24 Hartwell Avenue
Lexington, Massachusetts 02421

Copies of the project manual may be obtained at Quincy City Hall, Purchasing Department, 1305 Hancock St., Quincy, MA 02169 on or after July 13, 2006 between the hours of 9:00 am and 4:00 pm, upon deposit of $25.00 made payable to City of Quincy for each set. The entire deposit will be refunded upon return of the manual, in good condition, within 15 calendar days after award of contract. Copies of the project manual will be mailed to prospective bidders upon request and receipt of a separate non refundable check for $25.00 payable to City of Quincy.

Each bid shall be accompanied by a bid guaranty bond to the City of Quincy in an amount not less than five percent (5%) of the amount of the bid as a guaranty that the bidder will execute the contract if it be awarded in conformity with the bid form. The successful bidder will be required to furnish performance bond in an amount of one hundred percent (100%) of the contract price and a payment bond in the amount of fifty percent (50%) of the contract price.

ALL BIDS MUST SHOW CLEARLY IN THE BID SCHEDULE, SECTION 00310, THAT BID ITEM "SURFACE RESTORATION" BE AT LEAST 10% OF THE TOTAL CONTRACT BID AMOUNT. BIDS NOT MEETING THIS REQUIREMENT WILL NOT BE CONSIDERED.

The OWNER reserves the right to reject any or all bids and to determine which bid is, in the OWNER'S judgment, the lowest responsible and eligible bid of a bidder or group of bidders. The OWNER also reserves the right to waive any informalities in any bid and to delete certain items listed in the bid as set forth therein.

Bids received after the time established for receiving bids will not be considered. Except as provided in paragraph 00100-1.04 A.6, no bidder may withdraw his bid after the time established for receiving bids or before the award and execution of the contract, unless the award is delayed for a period exceeding ninety (90) calendar days.

The OWNER encourages the bidder to employ state-certified Minority Business Enterprise (MBE) and Women's Business Enterprise (WBE) firm's participation for this project.

All bids for this project are subject to applicable bidding laws of Massachusetts, including General Laws Chapter 30, Section 39M as amended. Attention of bidders is particularly called to the requirements as to conditions of employment to be observed and minimum wage rates to be paid under the contract as determined by the Department of Workforce Development under the provisions of the Massachusetts General Laws Chapter 149, Section 26-27D, inclusive, as amended.

Bidders on this work must comply with all applicable governmental and local agency requirements.

CITY OF QUINCY, MASSACHUSETTS

7/13/06

Keith Hartshorn Army Training Graduate

Army Pvt. Keith W. Hartshorn has graduated from One Station Unit Training (OSUT) at Fort Knox, Ky., which included basic combat training and advanced individual training (AIT).

Hartshorn is the son of Linda Hartshorn of Sea St., Quincy. He is a 2003 graduate of Quincy High School.

During the first nine weeks of initial entry training (IET), the trainee completed basic combat training which included instruction in drill and ceremony, weapons, marksmanship and bayonet training, chemical warfare, field training and tactical exercises, marches, military courtesy, military justice, physical fitness, first aid, and Army history, traditions, and core values.

During AIT, the soldier completed the armor crewman course to receive skill training in conducting tank unit defensive and offensive combat operations.

The soldier was trained to operate, service and maintain armor tracked and wheeled vehicles, load and fire tank weapon systems, perform ammunition handling and supply duties, and assist in target detection and identification.

Peter Simons Fitzgerald On MCLA Dean's List

Peter Simons Fitzgerald of Quincy has been named to the Dean's List for the spring semester at the Massachusetts College of Liberal Arts (MCLA) in North Adams.

To be eligible for the dean's honor list, matriculated students must be enrolled in six or more credit courses, attain a grade point average of 3.25 or better and have no incomplete grades.

He is the son of Norma Simons Fitzgerald and Edward F. Fitzgerald, Ph. D.

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Free Financial Advice At COA

Mark Bossey of the Boston South Financial Group will be at the Council on Aging office, 83 Saratoga St., Quincy, on the fourth Friday of every month to offer free financial advice to seniors.

Call 617-376-1506 for an appointment.

Swetha Sureshkumar Bike Winner

Swetha Sureshkumar, age 6, of Quincy, has won a new bicycle in Dependable Cleaners' eighth annual Read to Ride summer reading incentive program.

Swetha will be entering the first grade this fall.

Her winning entry was for reading *See Pip Point* by David Milgrim.

"Read to Ride has definitely increased the amount of time Swetha spends reading," her mother, Uma Janakiraman said. "She now excels at reading Ready-to-Read Level 2 books, and is already moving on to books that include Level 3 vocabulary."

Read to Ride offers children, ages 6-15, the chance to win a bike and helmet (retail value up to $275) for every book they complete during the program.

For more information abou the program, call 617-471-1900 or log onto www.dependablecleaners.com.

SWAP Earns Tax Abatements For Seniors

The Council on Aging has a SWAP (Senior Workers' Abatement Program) that enable the elderly to work 89 1/2 hours a year and earn $600 towards their real estate tax bills.

For further details, call Dorothy Dow at 617-376-1508.

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Norfolk Division
Docket No. 06D0798AN1
DIVORCE/SEPARATE SUPPORT SUMMONS BY PUBLICATION
MARTY LEE, Plaintiff(s)
V.
PHUNG THI KIM NGO,
Defendant(s)

To the above named Defendant(s):

A Complaint has been presented to this Court by the Plaintiff(s), MARTY LEE, seeking ANNULMENT.

An Automatic Restraining Order has been entered in this matter preventing you from taking any action which would negatively impact the current financial status of any party. Please refer to Supplemental Probate Court Rule 411 for more information.

You are required to serve upon ELIZABETH E. CUSICK, ESQUIRE -- whose address is 1146 WASHINGTON STREET, BOSTON, MASSACHUSETTS 02118 your answer on or before SEPTEMBER 22ND, 2006. If you fail to do so, the Court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer in the office of the Register of this Court at **CANTON**.

Witness, **DAVID H. KOPELMAN**, Esquire, First Justice of said Court at **CANTON**, this 28TH day of JUNE, 2006.

PATRICK W. McDERMOTT
Register of Probate Court

7/13, 7/20, 7/27/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P1420EP
In the Estate of
JOHN SKAYNE AKA
JOHN SKRZYNIARZ
Late of QUINCY
In the County of NORFOLK
Date of Death
June 21, 2005
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that JOANNE FRIEDRICH-SKAYNE also known as JOANNE SKAYNE of QUINCY in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **JULY 26, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, June 8, 2006.

PATRICK W. McDERMOTT
Register of Probate

7/13/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Norfolk Division
Docket No. 06D0798AN1
ORDER FOR SERVICE BY PUBLICATION
MARTY LEE, Plaintiff
v.
PHUNG THI KIM NGO, Defendant

Upon motion of plaintiff for an order directing PHUNG THI KIM NGO the defendant herein, to appear, plead, or answer, in accordance with Mass. R. Civ. P./Mass. R. Dom. Rel. P. Rule 4, it appearing to the Court that this is an action for ANNULMENT.

Pursuant to Supplemental Probate Court Rule 411, an Automatic Restraining Order has been entered against the above named parties, and that the said defendant cannot be found within the Commonwealth and that HER present whereabouts are unknown; that personal service on said defendant is therefore not practicable, and that said defendant has not voluntarily appeared in the action:

It is **Ordered** that said defendant is directed to appear, plead, answer, or otherwise move with respect to the complaint herein on or before the **22ND day of SEPTEMBER, 06**. If you fail to do so this Court will proceed to a hearing and adjudication of this matter.

It is further **Ordered** that the accompanying summons be published once a week for three consecutive weeks in the **QUINCY SUN ON JULY 12TH, 19TH & 26TH, 2006, a newspaper published in QUINCY, MASSACHUSETTS 02169, 1372 HANCOCK STREET**, the publication to be 60 days at least before said return day. It is further **Ordered** that a copy of the summons be mailed to the defendant at HER last known address by registered or certified mail.

Date: JUNE 28TH, 2006.

DAVID H. KOPELMAN
Justice of Probate and Family Court

7/13, 7/20, 7/27/06

LEGAL NOTICE

COMMONWEALTH OF MASSACHUSETTS
THE TRIAL COURT
THE PROBATE AND FAMILY COURT DEPARTMENT
Norfolk Division
Docket No. 06C0071GC1

To Judith Beck-Rochelle of 32 Sumac Road, Quincy, MA 02171 and to all other persons interested.

A petition has been presented to said Court by Terry V. Johnson of 40112 State 92, Bagley, MN 56621 in the County, representing that he holds as tenant in common an undivided part or share of certain land lying in Quincy in said County Norfolk and briefly described as follows: a certain parcel of land, with the buildings thereon, situated on Sunrise Rd., Squantum, Norfolk County, MASS. being shown as Lot 5 on a plan entitled "Richard Park, Squantum, Quincy, Mass., Owned by Hilda Carlson," dated April. 1913, duly recorded with Norfolk Registry of Deeds, Plan Book 67, Plan No. 3229; being bounded and described, according to said plan, as follows:

NORTHERLY BY Sunrise Rd., Fifty-five (55) feet;

EASTERLY BY Lot 6, Ninety (90) feet;

SOUTHERLY BY land of Timothy F. Callahan, Fifty-five (55) feet; and

WESTERLY BY Lot 4, Ninety (90) feet.

Containing 4,950 square feet of land, according to said plan setting forth that he desires that – all – of said land may be sold at private sale for not less than $395,000.00 dollars and praying that partition may be made of all the land aforesaid according to law, and to that end that a commissioner be appointed to make such partition and be ordered to make sale and conveyance of all, or any part of said land which the Court finds cannot be advantageously divided, either at private sale or public auction, and be ordered to distribute the net proceeds thereof.

If you desire to object thereto, you or your attorney should file a written appearance in said Court at Norfolk before ten o'clock in the forenoon on the 2nd day of August 2006, the return day of this citation.

Witness, DAVID H. KOPELMAN, Esquire, First Justice of said Court, this 16th day of June 2006.

PATRICK W. McDERMOTT
Register

6/29, 7/6, 7/13/06

INVITATION TO BID

INVITATION TO BID

INVITATION TO BID

CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK STREET, QUINCY, MA 02169

The City of Quincy invites sealed bids/proposals for furnishing and delivering to the City of Quincy:

POLICE DEPARTMENT **PURCHASE OF (7) FULL SIZE POLICE CRUISERS** **JULY 26, 2006 @ 10:30 A.M.**

Detailed specifications are on file at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30AM and 4:30PM.

Bids must state exceptions, if any, the delivery date and any allowable discounts. Bids/Proposals must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked **"BID ENCLOSED"** with time/date of bid call.

Firm bid prices will be given first consideration. Bids/Proposals will be received at the office of Purchasing Agent until the time and date stated above, at which time and date they will be publicly opened and read. Late Bids/Proposals, delivered by mail or in person, will be rejected.

If applicable, bids shall be in accordance with M.G.L. Chapter 30B, Chapter 149 as amended, and Chapter 30, Sections 39A, 39B, and 39F-R.

The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informalities in the bidding if it is in the best interest of the City to do so.

William J. Phelan, MAYOR
Laurie M. Allen, PURCHASING AGENT

7/13/06

NOTICES OF PUBLIC HEARINGS

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-053

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, JULY 25, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of JOHN O'SULLIVAN for a VARIANCE to subdivide two parcels, Lots A & B and to construct one single family dwelling on Lot B in violation of Title 17 as amended Chapter 17.20.040 (dimensional requirements), Chapter 17.24 (supplementary provisions) and Chapter 17.28 (parking) on the premises numbered 279 COMMON STREET, QUINCY.

Jack Garland, Chairman

7/6, 7/13/06

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-054

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, JULY 25, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of OMNIPOINT COMMUNICATIONS, INC., a wholly owned subsidiary of T-Mobile USA, Inc. for a SPECIAL PERMIT to install and operate a wireless communications facility mounted to the elevator penthouse on the roof of the existing building on the property in violation of Title 17 as amended Chapter 17.06.040 (wireless communications) and Chapter 17.04.180 (special permit) on the premises numbered 90 QUINCY SHORE DRIVE, QUINCY.

Jack Garland, Chairman

7/6, 7/13/06

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-055

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, JULY 25, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of DOUGLAS D. WOHN, AIA for a SPECIAL PERMIT/VARIANCE/FLOOD PLAIN to demolish unoccupied existing single-family house and construct 6 townhouses in violation of Title 17 as amended Chapter 17.20.040 (dimensional requirements), Chapter 17.28.030 (parking), Chapter 17.40 (flood plain) and Chapter 17.20.20 (required lot yards) on the premises numbered 125-135 ARLINGTON STREET, QUINCY.

Jack Garland, Chairman

7/6, 7/13/06

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-056

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, JULY 25, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of INTERCONTINENTAL TEN FAXON, LLC. for a VARIANCE/APPEAL to appeal the decision of the Director of Inspectional Services regarding limitation of banner signage and request to permit continued use of existing banner signage advertising units for lease or in the alternative, Variance from limitation placed on banner signage in violation of Title 17 as amended Chapter 17.32.080 (signs) on the premises numbered 10 FAXON AVENUE, QUINCY.

Jack Garland, Chairman

7/6, 7/13/06

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-057

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, JULY 25, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of EFRAIN ORTIZ for a VARIANCE to construct a 2.5 story, 2-family dwelling on an undersized lot in violation of Title 17 as amended Chapter 17.20.040 (dimensional requirements) and Chapter 17.28.030 (parking) on the premises numbered 9 LOWE STREET, QUINCY.

Jack Garland, Chairman

7/6, 7/13/06

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-058

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, JULY 25, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of CHARLES J. COTE for a SPECIAL PERMIT/FINDING to demolish the existing rear deck and sunroom and to construct an addition in violation of Title 17 as amended Chapter 17.40.060 (special permit) on the premises numbered 68 POST ISLAND ROAD, QUINCY.

7/6, 7/13/06 Jack Garland, Chairman

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- ❑ Pets
- ❑ Lost & Found
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GRAND MARSHALS Lou and Bob Giordano in the Squantum parade.
Quincy Sun Photo/Robert Noble

Phelan Wants City To Take Over State-Owned Land

(Cont'd From Page 1)

to waste. I would like to see the people of Marina Bay and Quincy have some input into the use and maintenance of the property."

Wollaston Beach has a $6 million capital improvement project underway. Wollaston Beach is the last DCR beach to benefit from the original "Back to the Beaches" capital improvement p.an.

"Despite the capital improvements, I have little faith that the state will maintain the new beach," Phelan said. "I was naive to believe that the new DCR would do a better job than the MDC did. It's time to discuss a funding earmark so that Quincy can maintain the state properties in our city in accordance with the rest of our beautiful city. Enough is enough."

The text of Phelan's letter to Commissioner Burrington:

"On behalf of the residents of one of the largest communities in the Commonwealth, I write to express my utter disappointment with the maintenance performance of the Department of Conservation and Recreation (DCR). I have included some pictures along Furnace Brook Parkway that are inexcusable.

"The DCR has not once, not once, sent a maintenance crew to Furnace Brook Parkway to maintain your property. This is a main thoroughfare in Quincy and its condition is disgusting.

"The condition of Wollaston Beach is again regrettable. Even during construction, basic maintenance is needed but not being performed. I have little faith that the renovated beach will be maintained based on the past performance of the controlling agency.

"Squantum Point Park is a waste of one of the most valuable pieces of real estate in Quincy. Little is done to improve or promote the park and the multi-million dollar pier sits idle with the exception of a few knowledgeable fishermen.

"For years, the former Metropolitan District Commission neglected to pay any attention to Quincy relative to other MDC communities. My hope of an improved situation under the DCR has proven to be naive.

"Three years ago, I petitioned the then-MDC to allow Quincy to maintain all State-owned property in Quincy in return for a reasonable allocation of funds. I will resurrect this effort in the hope of maintaining the highly-visible and important properties owned but not properly maintained by the State. The citizens of Quincy are not being treated fairly and I will not sit idly by as yet another administration neglects our great city.

"I request a meeting with you to discuss my concerns and my proposal to assume control of the DCR properties in Quincy.

"I look forward to your response."

National Park Seeks Volunteers For July 23

The Boston Harbor Islands National Park Area is seeking volunteers to help gather scientific information about the islands July 23 at 9:30 a.m.

Mark Mello, of Lloyd Center for Environmental Studies, and Dick Walton, a naturalist, will guide the exploration to count dragon flies, damselflies and butterflies.

All ages are welcome, and snacks will be provided.

For more information and to register, call Meg Connolly, The Trustees of Reservations at 781-740-7233.

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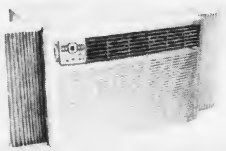

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36th Annual Sidewalk Festival Opens In Quincy Center
– Pages 16 - 17 –

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper

VOL. 38 No. 44 | Thursday, July 20, 2006 | 40¢

THERMOMETER at the Colonial Federal Savings Bank on Beach Street registered 91 degrees at 1:30 o'clock Tuesday afternoon at the height of the week's heat wave.

Health Dept. Issues Tips On Coping

Heat Related Ailments Rise With Temperatures

By TOM HENSHAW

The heat wave that sent temperatures soaring into the 90s earlier this week also sent a larger than usual nuber of Quincy residents to the hospital with heat-related ailments.

"We have seen an increase in patients seeking care for heat-related concerns, including dehydration and respiratory ailments," said Dr. Robert Dart, the chief of emergency medicine at Quincy Medical Center.

"It is important for people of all ages and activity levels to stay well hydrated when temperatures are high and watch for signs of heat stroke."

If you were expecting relief over the weekend, you may be disappointed.

The Weather Bureau in Boston has predicted temperatures in the 80s for the rest of the week and the weekend with occasional showers Friday and early next week.

(Cont'd On Page 32)

BEAT THE HEAT. Lexi Veaton, 8, (left) and David Zammit-Olcott, 5, found a way to beat the heat in the cooling waters of Wollaston Beach.

Quincy Sun photos/Noreen O'Shea

Demands Cooperation From Menino

McNamee Pursues Info On Pre-Release Center

Ward 6 City Councillor Brian McNamee is still pursuing reports that the city of Boston is planning to locate a pre-release center on Long Island in Boston Harbor, accessible by land only through Quincy.

McNamee's latest move is a letter to Boston Mayor Thomas Menino asking, among other things, for copies of all records of meetings and votes taken on the subject under the state's public records law.

"So there is no misunderstanding," added McNamee, "if you continue to ignore my requests for information, I will request the assistance of the district attorney."

Long Island is a part of Boston but connected to the Squantum section of Quincy and the mainland by a causeway to Moon Island and thence to Long Island by bridge.

McNamee made his original contact with Menino on June 12, citing as his source an anonymous Boston city employee who has access to such information.

He noted that any facility Boston places on Long Island, including the present homeless shelter, firing range and bomb disposal unit, has to be supplied over Quincy roads, mostly in his Ward 6.

"If there are to be any further institutional uses of Long Island, the city of Quincy and its citizens should be notified and be given an opportunity to comment on the proposed use," he said.

Specifically McNamee requested:

• All minutes, attendance records and votes taken at Mayor Menino's meetings regarding the past or future location of a pre-release center on Long Island.

• All minutes, attendance records and votes taken at Mayor Menino's meetings regarding the past or future location of a transitional program providing inmate 're-integration' on Long Island.

• All requests for proposals (RFPs) for construction.

(Cont'd On Page 2)

City Pilot Program

Sidewalk Cafes Coming In August

The city will launch a pilot sidewalk cafe program in August and September.

The program will allow cafes and restaurants to provide outdoor seating where space and neighborhood concerns permit.

"We are excited to roll out this program in an effort to help our local businesses," Mayor William Phelan said. "We want Quincy to be an attractive place not only to visit, but also to do business. I believe that this new option will help allow residents to enjoy a sandwich or cup of coffee and enjoy the nice seasonal weather. Any place you see outdoor dining is usually a bustling, vibrant spot. That's what we want here."

Businesses would need approval from the police chief, building inspector and License Board before a sidewalk cafe license is granted. They must also comply with ADA standards relative to the provision of sidewalk accessibility and provide all necessary insurance.

"We are sensitive to the impacts and I am sure that the License Board will balance the positive with any impacts on the surroundings that this pilot program might have," Phelan said.

Similar programs in Boston and Cambridge have been highly successful, he noted.

Businesses looking to receive an application to extend their premises are asked to contact the License Board at 617-376-1134.

"This is merely a small step in our effort to make Quincy Center and all our business districts attractive places to visit and do business," Phelan said. "We are committed to fostering a strong business climate and enjoying all the ancillary benefits that come to our residents."

3-Year-Old In Fall From Window In ICU

A 3-year-old youngster remained in intensive care at Boston Medical Center four days after he fell 60 feet from a sixth floor window at Faxon Commons apartment complex, 1015 Southern Artery.

Gitakrsna Gannavarapu was in critical condition.

Police said he apparently fell through a loose screen or an open window in a hallway outside his family's apartment where they had lived for less than a year after moving from India.

■ Phelan Eases On State Land - *Page 2* ■ City Offers 'Good Neighbor Guide' - *Page 3*

Phelan Pulls Back On State Land Takeover

Mayor William Phelan has decided to give the state one more chance to maintain properly state-owned land along Wollaston Beach, Furnace Brook Parkway and Squantum Point Park.

Phelan sent a letter last week to Commissioner Stephen Burrington of the state Department of Conservation and Recreation (CDR) asking for a meeting to discuss the city taking it over.

Instead, the Mayor got a personal phone call from Lt. Gov. Kerry Healey proposing a visit to the sites in question to check on the maintenance personally.

"She was taking it seriously," Phelan told his weekly news conference on Quincy Access Television.. "The lieutenant governor deserves a chance. Let's see how they do.

"If it falls into disrepair again we can send another letter."

Phelan said he felt that his proposal for the city to take over maintenance of the former MDC parklands in Quincy was necessary at the time

"The MDC (now the CDR) was looking for ways to make government more efficient," he said. "It could be more cost effective for the city to d the maintenance."

Phelan was particularly piqued by the condition of Squantum Point Park, which he called "a waste of one of the most valuable pieces of real estate in Quincy."

"The weeds along Furnace Brooke Parkway are six feet tall," he told Burrington, and conditions at Wollaston Beach are "regrettable."

"State-owned properties in Boston, Hull and Revere are well-maintained and we continue to get the short end of the stick," he said.

COUNCILLOR LEO KELLY and John Chenette, who served as chairman of the fundraiser, and oversaw volunteers, take a moment to enjoy the a float at Houghs Neck that was repaired, and is now available for public use.

Public Float Repaired, Now Open At Houghs Neck

By MIKAELA SLANEY

A float that needed repair at Houghs Neck is now available for public use, through volunteerism by Houghs Neck and Quincy Housing Authority YouthBuild Program.

Ward 1 Councillor Leo Kelly participated and served as the intermediate, joining the participating groups.

The 25 foot by 40 foot float, which was in need of replanking and redecking, has been available for public use for two weeks, he said. The float is docked at the end of the public landing in Houghs Neck, next to the Maritime Center.

The float may be used recreationally by swimmers, and as a public landing.

The project was funded by a fundraising by Maritime Center of Houghs Neck, and appropriations from the city, through the efforts of Kelly and Mayor William Phelan.

Among the participants were:

Patrick Kalinowski, John Payton, YouthBuild training coordinator Tom Shruhan, Harry Olson, David Fitzgerald and John Chenette, who served as chairman of the fundraiser, and oversaw volunteers, and Frank Whitty, Housing Authority modernization director and director for the YouthBuild Program, which provides training for future union carpenters.

"They did a terrific job," said Kelly. " Any carpenter or deck-layer would be proud of the work of the Youthbuild volunteers."

A Cookout to thank the volunteers is planned.

COA In Need Of Bath Seats

The Council on Aging is in urgent need for bath seats for senior citizens.

If you have one to donate, call the COA at 617-376-1245.

McNamee Pursues Info On Pre-Release Center

(Cont'd From Page 1)

material(s), engineering, planning, and/or design of any facility on Long Island to house any pre-release or transitional corrections program.

• A list of all programs the city of Boston is host community to on Moon and Long Islands and all 2005 city of Boston Federal Fund Audits for such programs.

• All proposed and/or sponsored legislation regarding Correctional and/or Probation Department uses on Long Island and all memorandum authored by Boston's solicitor's office for such legislation or uses.

• All 2005 and 2006 interagency payments and/or credits from departments of government in Massachusetts for rent of facilities on Long Island.

McNamee said he is making the inquiries "in my capacity as Quincy's Ward 6 City Councillor representing the neighborhoods that are most directly effected by Boston's programs on Long Island.

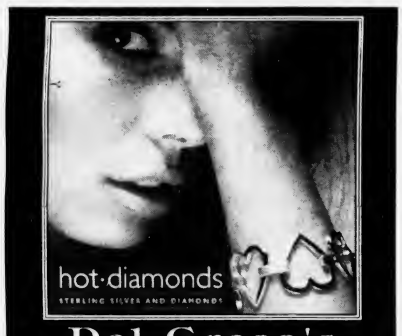
"Because Long Island cannot be accessed without driving through Quincy, our main thoroughfares, public transportation hubs, and businesses play host daily to the elements (Menino) wants to keep out of sight in Boston."

"Why is it OK to make Boston nice for the tourists by exporting your problems to Long Island at the expense of our public safety?"

Stephanie Whalen Graduates Castleton

Resident Stephanie Whalen recently graduated from Castleton State College, of Vermont.

She earned a BA of science in business administration.



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'Good Neighbor Guide' To City's Quality Of Life Ordinances

The Mayor's Office of Constituent Services has completed work on the city's first "Good Neighbor Guide," a handy booklet pertaining to the quality of life ordinances in the city.

The guide provides information on such topics as trash disposal, overnight parking, pet waste disposal, noise ordinances, snow emergencies, dumpster regulations, abandoned motor vehicles and more. The guide was published in English and Chinese.

"During our 'Neighborhoods First!' meetings, I was surprised to learn how many people simply did not know about the existing laws that we have to protect our neighborhoods," Mayor William Phelan said.

"This new guide will help our residents better understand the ordinances in an effort to prevent many of the smaller, aesthetic problems that can plague a neighborhood. I think we can make great strides in improving our neighborhoods through a series of small steps, but we need the cooperation of our residents."

The guide is currently being distributed through the follow-up "Neighborhoods First!" meetings. It will be distributed throughout public buildings in Quincy. To request a copy, call the Office of Constituent Services at 617-376-1500.

"I think education is an important component to improving our neighborhoods," Phelan said. "In conjunction with our new code enforcement officer position, our focus is squarely on improving the quality of life issues in our neighborhoods. I am confidence that our neighborhoods will grow even stronger in the next 12 months through the combination of citizen cooperation, the new guide and our code enforcement position."

Phelan launched his "Neighborhoods First!" effort in January, identifying the strength of Quincy's neighborhoods as the overall strength of the city. Other improvements include a $2.2 million sidewalk improvement project, $200,000 in new street-tree plantings and another $1 million in new street-paving to augment the initial $5 million spent as part of the pavement management plan.

"I have been thrilled at the response at our 'Neighborhoods First!' meetings and the enthusiasm that our residents have shown in getting involved in improving their neighborhoods," Phelan said. "Working together over the months ahead, we will accomplish great things in our neighborhoods."

Fund-Raiser For Mike Marks July 28

The friends of Mike Marks are holding a fundraiser for him Friday, July 28, beginning at 7 p.m. at Seapoint, 367 E. Eighth St., South Boston.

Mike, a Quincy resident, is battling cancer and has major surgery scheduled at the end of the month. His friends planned the event to provide him with some positive energy prior to his operation.

All funds raised will go to Mike to help him with his expenses as he will have to miss several months of work while recuperating and then undergoing chemotherapy.

Mike is the father of two young boys, Timmy and Danny, who are active in Quincy Youth Hockey and other sports.

Entertainment will be provided by DJ Gerry DeLuca. There will be a raffle with several prizes, many of which have been donated by friends and Quincy businesses.

Tickets are $20. They can be purchased at the door or by calling Moe Graney at 617-698-1728 or John Norton at 617-472-0658.

TAKING PART in a recent child car seat installation program are (from left) Shaw's Manager Sean McPartlin, Detective Jim Lencki, Lieutenant Dan Minton, with Dan McLean of Quincy, who had his car seat installed, Officer E.J. Hartnett and Detective John Menz.

Child Car Seat Installation Program

QUINCY POLICE Department Crime Prevention Unit recently teamed up with the Governor's Highway Safety Bureau and Shaw's/Star Market to conduct a Child Car Seat Installation Program. The purpose of the program is to both install and inspect child car seats for the safety of the child.

QUINCY POLICE Officer Mark Folan reviews safety procedures with James Wagner of Raynham, who planned to pick up his wife and newborn at the hospital after getting his seat installed.

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Moments in time

THE HISTORY CHANNEL

• On **July 19, 1799,** in Egypt, a French soldier discovers a black basalt slab inscribed with ancient writing. The Rosetta Stone contained fragments of passages written in three different scripts in the second century B.C. and held the key to solving the riddle of Egyptian hieroglyphics.

• On **July 23, 1888,** Raymond Chandler, creator of cynical detective Philip Marlowe, is born in Chicago. During the Depression, Chandler turned to writing at the age of 45 to support himself. He published his first novel, "The Big Sleep," in 1939.

• On **July 18, 1925,** Nazi leader Adolf Hitler publishes the first volume of his personal manifesto. "Mein Kampf," or "My Struggle," was a bitter narrative filled with anti-Semitic outpourings. The autobiographical work soon became the bible of Germany's Nazi Party.

• On **July 22, 1934,** outside Chicago's Biograph Theatre, notorious criminal John Dillinger is killed in a hail of bullets fired by federal agents. In just over a year, Dillinger and his associates robbed 11 banks for more than $300,000, and killed seven police officers and three federal agents.

• On **July 20, 1940,** Billboard magazine publishes its first "Music Popularity Chart." The first No. 1 hit was "I'll Never Smile Again" by the Tommy Dorsey Orchestra. From then on, Billboard published its list of top sellers once a week.

• On **July 17, 1955,** Disneyland opens. The $17 million theme park was built on 160 acres of former orange groves in Anaheim, Calif., and soon brought in staggering profits. Today Disneyland hosts more than 14 million visitors a year, who spend close to $3 billion.

• On **July 21, 1967,** actor Basil Rathbone dies. Rathbone was best known for his role as detective Sherlock Holmes. He first played Holmes in 1939 in "The Hound of the Baskervilles." Rathbone went on to star in 14 Sherlock Holmes movies in the 1940s, with Nigel Bruce playing Holmes' sidekick, Dr. Watson.

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HALE: 2 y.o. DSH male - FIV+.
MATTIE: 1 y.o. black and white female DSH.
MALIBU: 9 month old female Calico.
MARIUS: 1 y.o. black and white male DSH.
MOKI: 1 y.o. female Calico. Shy but very sweet.
PRETTY KITTY: beautful long-haired black male.
WHITEY: 10 y.o. pure white DSH female.
LOLA: more information to follow.
PLUS MANY MORE CATS and KITTENS NEED HOMES

Sunbeams

By Henry Bosworth

Jim Sheets And The Hospital

You could call it an irony in Jim Sheets' life. A good one, though.

SHEETS

"I'm feeling fine," the 71-year-old former six-term mayor says recuperating — but staying busy — at home after a heart attack June 14.

The irony is that he is credited with saving Quincy Hospital — now Quincy Medical Center — from closing seven years ago.

And now, he credits Quincy Medical Center with saving his life.

Sheets spearheaded an around-the-clock, around-the-weeks and around-the-months effort to keep the vital community facility open.

He generously gives credit to others.

Like Ted Kennedy, Paul Cellucci, former City Council President Peter Kolson, the union employees at the hospital who he says took a 10 percent cut in benefits and wages — and others.

But the saving of the hospital is considered as Sheets' finest hour as mayor and his legacy for posterity and Quincy history.

He knew the closing of the hospital would be a tremendous loss to the community.

It was centrally located, close and easy to get to in time of an accident or an emergency. And that it also served as a vital first stop in the event of something life-threatening that needed specialist attention at a Boston hospital.

He was determined to keep it open.

Things looked ominous for sometime in 1999. The hospital appeared to be sinking in financial troubled waters. A partner was needed, too.

By October, it all came together. The state approved a $12.1 million no-interest loan. And Boston Medical Center became Quincy's affiliation. And Quincy Hospital became Quincy Medical Center.

The hospital was saved.

Sheets knew it was very important to the community.

But little did he realize then how important it would be to him personally one day.

That day came in the early morning of June 14 seven years later — when he started to feel chest pains and was taken to Quincy Medical Center.

The symptoms are sometimes mistakened for a gall bladder attack.

But doctors at Quincy Medical Center quickly diagnosed it as a mild heart attack and had him transferred by ambulance to Boston Medical Center where a stent was inserted in a 90 percent blocked artery.

"They call it the widow's artery or the widow's make artery," Sheets says. "A pretty important artery."

Sheets says he never thought back in 1999 that one day he would be transferred from Quincy Medical Center to Boston Medical Center by ambulance as a patient himself.

"I never dreamed that one day it would happen to me."

Sheets says his doctor told him that the quick diagnosis at QMC saved his life.

"I wonder how many other people in Quincy have had similar experiences," he says. "I'm sure a lot of lives have been saved."

Sheets recalls while in the operating room at Boston Medical Center doctors saying Quincy Medical Center did an excellent job in its diagnosis.

The heart attack kept him from attending the black-tie dinner fund-raiser for the Adams Family Memorial planned on the Mall in Washington, D.C.

He is regional director of the Adams Memorial Foundation and famed author-historian David McCullough is chairman of the Adams Memorial Foundation Board of Directors.

McCULLOUGH

Sheets' son, Luke, pinched-hit for his father at the dinner held at the Boston Marriott Quincy Hotel.

McCullough presented Luke with the Adams Medal to bring to his father as a tribute to the work he has done. He is the first person to receive the medal.

Sheets, at home, is now in the process of wrapping up the financial details of the dinner and to determine the official amount raised.

And, got some good news last week.

"I took a stress test and my doctor (Guy Spinelli) said I came through it very well," Sheets smiles.

He's looking forward to seeing the Adams Family Memorial become a reality.

And to finish the book he started to write a year ago.

There will be a chapter on the Quincy Hospital-Quincy Medical Center.

❑

MORRISSEY

SENATOR Mike Morrissey is hosting a summertime cookout tonight (Thursday) (6 to 9 p.m.) at the Waterworks, Marina Bay. Suggested donation $20 per person.

❑

FORMER Quincy Building Inspector Matt Mulvey has his hat in the political ring.

MULVEY

Mulvey, a Weymouth resident and Democrat, is challenging Republican incumbent Bob Hedlund, also of Weymouth, for the Plymouth-Norfolk district state Senate seat.

The district covers a lot of ground: Cohasset, Duxbury, Hingham, Hull, Marshfield, Norwell, Scituate and Weymouth.

It'll be interesting to see the Weymouth vote.

Fund Established For Family Of Tunnel Victim

A fund has been set up at Citizens bank for the family of Milena Del Valle, who was killed in the Interstate 90 tunnel collapse.

The account has been set up in the name of: Hispanic Community Church of Boston, Memorial Account for Yetty M. Del Valle.

The Hispanic Community Church of Boston, Melina Del Valle's church, is also known as Iglesia Hispana de la Comunidad.

Anyone interested in making a donation may do so by visiting any Citizens Bank branch.

Marine Corps Convention Aug. 6-12

The Marine Corps League will hold a national convention Aug. 6-12, at the Marriott Hotel, Crown Colony Drive.

An open house will be held by the William R. Caddy Detachment (a member of the Marine Corps. League), at Newbury and Kendall Streets. Steve Whalen, commandant, and 215 members will attend the convention.

In 1945 a group of active and honorably discharged marines met at the home of L. Dagfin and Gertrude Jorgenson at White Street in Quincy. October of 1946, the post received a charter from the Marine Corps League. It was decided to name the detachment after William R. Caddy, of Quincy, who attended North Quincy High School before enlisting in the marines at age 19.

He was assigned to Company J, Third Battalion, 26th Marines of the Fifth Marine Division. He was awarded the Congressional Medal of Honor posthumously for his actions against the Japanese forces on Iwo Jima on March 3, 1945.

He received a citation from former President Harry S. Truman for his actions.

Scenes From Yesterday

THIS 1916 POSTCARD is a view of the old Victorian styled Squantum Yacht Club on Wollaston Beach. The club was founded in 1890 and for several years it was housed in a small building on a lot of land at the end of Channing Street. When the state decided to build the Wollaston Boulevard along Quincy's mudflat shoreline, the club built this building in 1904 on pilings over the water. The state then dredged a channel to provide access to it at low tide. A serious fire badly damaged this building in 1930 but it was rebuilt and then was completely destroyed by another fire in 1976. The present contemporary clubhouse was dedicated here in 1978. In the foreground the youngsters are in the mouth of Sachems brook that at that time was an open stream all the way to its source at the Milton/Montclair line. Today, the brook is completely enclosed in pipe and ends in a concrete culvert that extends out from here. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of Tom Galvin

READERS FORUM

Thank You, Whomever You Are

I just had to write and share a very unexpected event that occurred Sunday, June 9.

My eldest grandson, Alex R. Kenney, is leaving for the Army. My daughter and I wanted to have Sunday dinner with Alex, after taking a few pictures to celebrate his decision to join the armed services. It is with mixed emotions that I share this experience with Alex and my family.

Anyway, we headed to the "Outback" for dinner and took more pictures in the parking lot. I placed my keys on top of my vehicle, smiled for the camera as I embraced my beloved grandchild (that seems too young to be joining the Army at 18 years old).

After dinner I noted that I had lost my car keys. I was looking in the booth where we had sat, when the hostess asked if we were looking for keys and presented me with mine. I am usually a very organized person but under the circumstances, I had left my keys on the car.

Although I don't know who turned my keys in, I just had to write and thank the universe for it is still producing some fine folks- like my cherished grandson, Alex.

I guess it isn't just the Army that has a few good men (or women). I was emotional enough without trying to replace my keys of my vehicle.

Thank-you to whomever you are! I appreciate more than words can express, the gratitude I feel for your kind act in giving the young hostess my keys.

Linda A. Peluso
Reading,
Former Quincy Resident

Witch Hunt Must End

America, Russia, England, France and China are the only countries internationally considered to be nuclear weapons countries by the Nuclear Non Proliferation Treaty (NPT).

However, India and Pakistan have openly detonated nuclear weapons without the internationally recognized status of being permitted to possess them — they are not members of the NPT. North Korea has publicly declared that it possesses nuclear weapons, and we have knowledge that Israel has an arsenal of between 300 to 400 nuclear weapons.

Canada, Germany, Japan, Italy, Iran, Lithuania, the Netherlands and Saudi Arabia have signed the NPT. This treaty allows countries who sign it the right to develop nuclear technology for civilian purposes only — for the utilization of domestic nuclear power plants. This is a right that is guaranteed to them under the NPT as long as they do not develop a nuclear weapons program and as long as they only utilize it for domestic nuclear power. These countries have the technology to develop nuclear weapons within weeks.

Iran has not broken any laws or treaties. We have no proof that they are trying to develop nuclear weapons. Iraq was falsely accused of possessing "weapons of mass destruction," and we are at war because of it. All facts considered, why are we picking on Iran? This witch hunt must end.

Of all of the countries which possesses, or formerly possessed nuclear weapons or possess the technology to develop nuclear weapons, there is only one country that actually used nuclear weapons against another nation: America.

Holly Hampe
Town Hill Street

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Quincy's Yesterdays

Reluctant Council Votes Revaluation By Outside Firm

Week Of July 17
1965
41 Years Ago

By FRANK McCAULEY

Revaluation by an outside firm won reluctant approval of the City Council.

First ignored for two months and then debated for another two and a half months, the measure won by a 6-3 vote of the City Council. At issue was an order appropriating $70,000 as the first of three annual payments for a tax equalization study.

Voting for the appropriation were Councillors Richard Barry, Walter Hannon, John Koegler, Francis McCauley, David McIntosh and Council President Joseph LaRaia. Opposed were Councillors George Burke, George McDonald and John Quinn.

Before approving the order at the four-hour meeting, the council defeated by an identical vote another effort to delay the decision.

TRAFFIC COMMISSION ESTABLISHED

The City Council unanimously supported a proposal by Councillor John Quinn to establish a five-member traffic commission. The commission would include the fire chief, police chief, public works commissioner, city engineer and planning director. The commission will study all proposed traffic and parking ordinances before they are enacted.

KEEPING UP WITH THE RED SOX

The Red Sox found themselves in ninth place in the 10-team American League. The Sox, with a 32-54 record, were 22 games behind the league-leading Minnesota Twins.

QUINCY-ISMS

Officers and members of the newly formed Germantown Community Council met at the Snug Harbor School to establish by-laws and a constitution for the group. **J. Gerard White**, housing authority director, spoke to the group . . . Mr. and Mrs **Robert Rupprecht**, 32 Aberdeen Road, Squantum, celebrated their 50th wedding anniversary at the Port Norfolk Yacht Club. The reception was sponsored by their six children . . . City Historian **William Churchill Edwards** gave 39 students from foreign lands a tour of Quincy's historic sites. The students from 22 countries were sponsored by the American Field Service . . . Plans for the 125th re-dedication of St. Mary's Church were announced. The ceremonies will be held Nov. 6 with **Richard Cardinal Cushing** as the guest speaker . . . The Wollaston Federal Savings and Loan Association was advertising savings accounts paying 4 percent annual dividend . . . South Shore Buick, 5 Adams St., Quincy, claimed that "The Largest Inventory of '65 Buicks Means YOU get a better deal at South Shore Buick" . . . Mr. and Mrs. **Kenneth Pinto** of 31 Blake St., Wollaston, were the winners of Supreme Markets' first drawing for a trip to Hawaii . . . **Sandra Wood**, daughter of Mr. and Mrs. **Edgar Wood**, 67 Colonial Drive, and **Christine Wallace**, daughter of Mr. and Mrs. **George Wallace**, 22 Edison St., seniors at Quincy High School, attended the national meeting of The Future Homemakers of America in Philadelphia, Pa. . . . **W. Roderick MacDonald**, son of Mr. and Mrs. **George W. MacDonald**, 139 Independence Ave., was awarded the Charles F. Weed Scholarship to study at Trinity College in Hartford, Conn. . . . Minnesota Twins manager **Sam Mele** was fined $500 by American League President Joe Cronin for his run-in with umpire Bill Valentine . . . Sheridan's, Hancock Street, Quincy, was advertising "Dresses for $9.90, regular price $14.98" . . . Capitol Supermarkets, "Shopping at Capitol is Like a Raise in Pay," was advertising a 12-ounce package of cooked squash for 10 cents . . . **George Fallon Jr.**, 112 Elm Ave., Wollaston, announced his candidacy for the School Committee . . . By a vote of 6-1, with Mayor **Amelio Della Chiesa** dissenting, the School Committee awarded a $2,141 pay raise to school Supt. **Robert Pruitt**. Pruitt's salary, effective in September, will be $21,420 . . . Gov. **John Volpe** toured the General Dynamics shipyard with company, city and community officials. A proposed widening of the Fore River bridge was a prime topic of conversation . . . Quincy residents Seaman **Stephen Ericson**, 18 Joseph St., and Chief Torpedoman's Mate **Howard Hilstrom**, 22 Hanna St., were serving aboard the submarine USS Sea Leopard . . . **James McCormick Sr.**, office manager for the Francis DuPont and Co., announced the firm plans to expand the space of its 1 Chestnut St. office from 1,000 to 1,900 square feet. McCormick, in addition to his duties with DuPont and Co., is a member of the School Committee . . . Mr. and Mrs. **James Trainor**, 64 Faxon Road, reported their pet Asian monkey named Angeleet had escaped from their home. The monkey was found on the porch of Mrs. **Eleanor Collins**, 33 French St., in good health . . . Star Market, Quincy, was offering "Tender Soft-Meated Genuine Spring Lamb for 43 cents per lb."

Arts & Entertainment

Marionette Show At North Quincy Library

Rosalita's Puppets will present "Rosalita and the Giant Bugs," a marionette show featuring Rosalita and a variety of spiders, butterflies and bees, Monday, July 24 at 2 p.m., at the North Quincy Branch Library, 381 Hancock St.

This program is for children ages 4 through 7, accompanied by an adult. The program is sponsored by the Friends of the Library."

Art-to-go is a series of weekly art activities that travel throughout the city. Projects in this series are open-ended to accommodate a wide age range. They are easy enough for toddlers and preschoolers to do with an adult's help, and free form enough for school-age children to add their own personal touch.

Drop in any time from 2-4 p.m. to create a project. Projects travel citywide. Supplies for the weekly project will be at the Main Library Children's Room on Mondays, Adam Shore on Tuesdays, Wollaston on Wednesdays and North Quincy on Thursdays. The project for the week of July 24 will be "Spinning Spiderwebs."

The annual summer storytellers series continues Tuesday, July 25 at 7 p.m. with storyteller Carolyn Martino presenting "Don't Bug Me I'm Reading!" This program is for families with children ages 5 and older, and will be presented in the large meeting room at the Main Library in Quincy Square. This program is sponsored in part by a grant from the Quincy Arts Council, a local agency, which is supported by the Massachusetts Cultural Council, a state agency.

In the Main Library Children's Room, younger children ages 2 to 5 are invited to join storyteller Joan Goodman for a pajama storytime designed especially for them. The program is sponsored by the Friends of the Library.

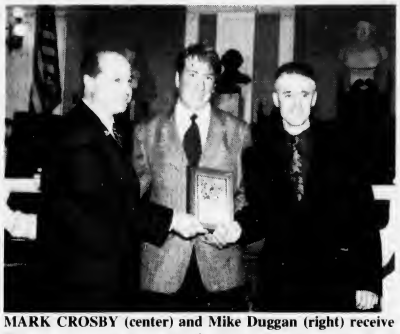
Quincy Access Television's Mark Crosby Wins Honors

Mark Crosby of Quincy Access Television recently won first place honors in the Music Video category for his production of *Baila de Luna de Medianoche*.

The Hometown Video award was given at the National Conference of the Alliance for Community Media held in the Park Plaza Hotel in Boston.

The music video featured local musician Mike Duggan, who collaborated with other local musicians on the original composition. The piece was a component of a longer documentary, *Turning Point*.

Quincy Access placed second among 1,400 entries in the prestigious Overall Excellence category.



MARK CROSBY (center) and Mike Duggan (right) receive first place honors in the Music Video category from Mark Linde, general manager of Brockton Community Access and a member of the National Board of the Alliance for Community Media.

Annual Arts Affair At Marina Bay Aug. 5

The 11th Annual Arts Affair will be Saturday, Aug. 5 from 10 a.m. to 8 p.m. on the boardwalk at Marina Bay.

The free event will present art from 13 local art associations to the general public, and will include contests, prizes, and awards.

Judging will be from 10 a.m. to noon. Awards, ribbons, and cash prizes will be awarded in the categories of oil, acrylic, watercolor, mixed media, and photography. "Best of Show" will also be awarded a ribbon and cash prize. The awards presentation ceremony will begin at 2 p.m., while demonstrations will be held throughout the day.

Last year's event registered over 300 original works of art submitted by members of 12 South Shore and Boston art associations.

This year the South Shore Arts Center in Duxbury joins the roster which includes the Milton Art Museum, the Artist's Circle of the Fuller Museum in Brockton, and the Hull Artists Studio Connection, and art associations from Braintree, Canton, Hyde Park, Norwood, Quincy, Scituate, Boston, Weymouth, and West Roxbury.

The event will be rain or shine.

Entries Sought For Quincy Artsfest

The Quincy Art Association is seeking entries for the ninth annual Quincy Artsfest, which will be held on the weekend of Sept. 16-17 at the Koch Park and Recreation Complex, One Merrymount Parkway.

Artists and photographers can obtain entry forms by calling the association at 617-770-2482. Registration deadline is Tuesday, Aug. 15.

Summer Programs At Thomas Crane Library

Summer programs are underway at the Thomas Crane Public Library, 40 Washington St., Quincy Center.

A puppet show will be held at the Wollaston branch library tomorrow (Friday) at 10 a.m. for children ages 3 and older with an adult.

Puppeteer Deborah Costine will present "The Twig Family in the Oak Tree," a story of imaginary forest creatures living in a fantastic oak tree. The program uses a unique, oak tree-shaped puppet theater.

Registration is limited to Quincy residents and is required to insure group size so that all participants will be able to see the small stage.

"Art-to-go" is a series of weekly art activities that travel throughout the city. Projects are open ended to accommodate a wide age range. They are easy enough for toddlers and preschoolers to do with an adult's help and free form enough for school-age children to add their own personal touch.

Drop in any time from 2 to 4 p.m. to create a project. Supplies for the weekly project will be at the Main Library Children's Room on Mondays, Adam Shore on Tuesdays, Wollaston on Wednesdays and North Quincy on Thursdays.

Art Lessons With Lulu July 26

The Council on Aging will have "Art Lessons With Lulu" July 26 at Koch Park and Recreation Complex, 1 Merrymount Parkway.

The $10 class will begin at 10 a.m., and will teach art-work from simple shapes. Light refreshments will be served. Pre-registration is required.

For more information, call the Council on Aging at 617-376-1249.

Senior Bridge Club To Meet

The Council on Aging's bridge club for seniors will meet every Friday from 12:30 to 3:30 p.m. at the Dawes House on Quincy Shore Drive, corner of Channing Street.

All level players are welcome.

For further information, call 617-376-1506.

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SOCIAL

30 On Curry Dean's List

Curry College lists 30 students from Quincy on the Dean's List for the Spring Semester.

They are:

Laurel A. Macomber, Kelly Ann Manning, Patrick M. O'Donnell, Erin Ann Gavaghan, Keith A. Antreassian, Doris A. De Jesus, Nicole A. Fabrizio, Kristin B. Schneider, Paul D. Jackson, Veronica L. Palmer-Segal, Paul L. Pieper, Kristen M. Jones, Lisa Marie Barrett, Alysia Marie Dimuzio, Kristopher Matthew Kamborian, Brian Michael Neenan, Matthew Owen Lavery, Amanda P. Palmer, Matthew P. Tobin, Andrew R. Whitacre, Bonnie Hirtle, Walter Horion, Hillary Larsen, Gregory Zall, William Pasteris, Julie Anne Beers, Meaghan Moira Foley, Si Tuong Tran.

18 Residents On Thayer Honor Roll

Eighteen Quincy residents achieved academic honors at Thayer Academy in Braintree.

They are:

Grade 6: Alison E. Eleey, honors for academic achievement and effort; Cindy K. Le, honors for academic achievement and high honors for effort; Alissa M. Valeri, honors for academic achievement and effort.

Grade 8: Hon Keung Yu, honors for academic achievement.

Grade 9: Kendra L. Cahill, honors for third term; Emily M. Rooney, honors for third term and second semester; Victor L. Zhu, honors for third term and second semester.

Grade 10: Shawn M. Kelly, honors for third term and second semester; Uyen N. Truong, honors for third term and second semester.

Grade 11: Devin M. Cahill, honors for third term and second semester; Stephanie Carlson Flynn, honors for third term and second semester; Kevin Doo, high honors for third term and second semester; Alicia M. Hemenway, high honors for third term and second semester; Christopher J. Iredale, high honors for third term and second semester; Ashley A. Milford, honors for third term and second semester.

Grade 12: Brianna A. Casciello, high honors for third term and second semester; James S. Neely, high honors for third term and second semester; Erin M. Thomas, high honors for third term and honors for second semester.

Stephanie Kozlowski On Massasoit Dean's List

Stephanie Kozlowski of Quincy was named to the dean's list for the spring semester at Massasoit Community College.

She is majoring in criminal justice.

Three Graduate Stonehill College

Three residents are on the Dean's List at Stonehill College for the spring semester.

They are:

Katie L. Walker, Class of 2009; Ciatlin B. Foley, Class of 2007; and Brian E. Kenney, Class of 2006.

MR. and MRS. KEITH F. LAZARO II

Kerri Lynn Ward Wed To Keith F. Lazaro II

Kerri Lynn Ward, of Quincy, and Keith Francis Lazaro II, of Braintree, were married recently by Rev. John Rowan at St. Mary's Church, Quincy.

The bride is the daughter of Greg and Ann Ward of Quincy, and the bridegroom is the son of Debra Pitts of Braintree, and Keith Lazaro of Foxboro.

Maid of Honor was Courtney Ward of Quincy, bridesmaid was Kerri Lazaron, of Braintree, and flowergirl was Mikayla Spinale, of Braintree.

Best Man was Sean Lazaron of Braintree, and groomsmen were Stephen Newman, of Quincy, and Robert Dever, of Braintree.

Mrs. Lazaron is a graduate of North Quincy High School, and Johnson & Wales University, and is an assistant manager at the Lenox Hotel in Boston.

Mr. Lazaron is a graduate of Braintree High School, attended Massasoit Community College, and works for the Department of Defense at Camp Edwards, Bourne, MA, and is a member of the Army National Guard Military Police Corps.

Reception was at Rockland Golf Course. After a wedding trip to the Grand Cayman Islands, they are making their home in Weymouth.

Lauren Jennifer Austin Receives Moakley Education Scholarship

LAUREN JENNIFER AUSTIN

Lauren Jennifer Austin of Quincy, a recent graduate of Fontbonne Academy, was recently awarded an education scholarship from the John Joseph Moakley Charitable Foundation at an award ceremony held at Suffolk University Law School.

The scholarship is awarded to students pursuing undergraduate, graduate, and vocational educations. A total of $129,000 in education scholarships were awarded to students who demonstrated dedication to public service.

The John Joseph Moakley Charitable Foundation was formed in 2001 to preserve the legacy of Congressman Joe Moakley.

Austin was among four recipients from Fontbonne Academy.

Caroline Maus Graduates College Of The Holy Cross

Caroline R. Maus is a recent cum laude graduate of the College of the Holy Cross of Worcester.

The daughter of Mr. and Mrs. John Maus of Quincy, she graduated with a B.A. in chemistry.

Thomas Sulllivan Babson Graduate

Thomas S. Sullivan recently graduated from Babson College, Wellesley, with a bachelor of science degree in business administration.

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15 Quincy Students Receive Awards At BC High

Fifteen Quincy youths, all 2006 graduates of Boston College High School, recently won special awards at Senior Class Night.

They are:

Brian C. Cunningham, Patrick J. Devlin, Sean P. Farrell, Robert C. Gardiner, Jr., Gregory T. Jenkins, Nhan A. Ly, Stephen J. McDonagh, Richard J. McDonald, Jr., Frank F. Ng, Kevin L. Ouellette, Mark Pepjonovich, Brandon Ranalli, John P. Schiepers, Richard T. Sweeney, III, and Nicholas G. Venuti.

Cunningham won a Stephen Collins Award for Spanish; a Lawrence E. O'Rourke Award for English; a Botolphian Award. This award is given to students who served the school's literary community through their work as editors on The Botolphian.

Cunningham provided editorial insights, planned the layout, and oversaw the creation of the most recent issue; and a John P. Farricy, Sr. Memorial Award. This award honors John Farricy, former member of the Mathematics Department, who initiated this award himself in 1983. The award is provided by the B.C. High Teachers' Association and the Farricy Scholarship Fund to a student or students who have exemplified John's qualities of sustained effort in the pursuit of excellence.

Devlin won an Excellence award for Precalculus.

Farrell won an Excellence award for two subjects: Astronomy and Precalculus.

Gardiner won a Senior Leadership Team Award.

Jenkins won an Excellence award for Latin IV AP and a Magna Cum Laude award for his high score in the National Latin Exam.

Ly won an Excellence award for English IV and a Highest Honors award for his outstanding score in the National Test of Economic Literacy.

McDonagh won an Excellence award for English Language/Composition AP and was named a Commended Scholar as a result of his high score in the National Merit Exam.

McDonald won a Senior Leadership Team Award.

Ng won a High Honors award for his excellent score in the National Test of Economic Literacy.

Ouellette won an Excellence award for Latin IV AP; an award for finishing his four years among the top ten in his class; a Magna Cum Laude award for his high score in the National Latin Exam; a Blue Ribbon for his exceptional score in the National Greek Exam; a Boston University Greek Competition Scholarship; a Certamen award for his excellence in Latin/Greek competitions; a Director's Award for Concert Choir; a Director's Award for Liturgical Choir and a BC High Mothers' Guild Scholarship.

NICHOLAS VENUTI (right) of Quincy receives the Matthew McDonough '95 Award at Boston College High School's recent Senior Class Night. At left is Patrick McDonough, brother of Matt after whom the award is named.

Pepjonovich won a Lawrence E. O'Rourke award for English.

Ranalli won an Honors award for his high score in the National Test of Economic Literacy.

Schiepers won a Magna Cum Laude award for his high score in the National Latin Exam; a Green Ribbon for his high score in the National Greek Exam; and a Certamen Award for his excellence in Latin/Greek competitions.

Sweeney won a National Honor Society Award. This award is given to recognize students who reflect outstanding accomplishments in the areas of character, leadership, service and scholarship. The recipients have exhibited academic achievement and honorable and admirable character, as well as service demonstrating that they are willing to use their talents and skills for the improvement of the society.

Sweeney won an award for his outstanding work on the Student Council. And he won the coveted Jesuit Secondary Education Association Award for exemplifying the ideals for graduates of Jesuit High Schools: a person who is open to growth, intellectually competent, religious, loving, and committed to doing justice.

Venuti won an Honors award for his high score in the National Test of Economic Literacy; a Bowling Club Award This award is given to the players who best exemplify dedication, enthusiasm and focus to the sport of bowling; and a Matthew McDonough '95 Award.

The Matthew McDonough Scholarship Award is presented to a graduating senior who most emulates Matthew's value for life, family and friends. Nicholas Venuti demonstrates Matthew's passion for life and respect for all people. He is principled and honest as was Matthew.

Boston College High School is a Jesuit, Catholic, college-preparatory school for young men founded in 1863. The school enrolls approximately 1300 students from some 100 communities in eastern Massachusetts.

Dean Sandonato On Stetson Dean's List

Dean A. Sandonato is on the Dean's List at Stetson University, Florida.

The son of Francis and Dianne Sandonato, of Quincy, is a member of the Class of 2009.

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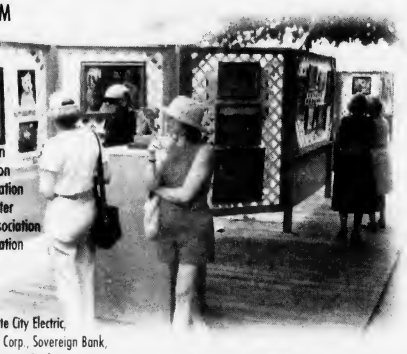

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FOR INFORMATION, PLEASE CONTACT: A. Mario Salvatore, Executive Secretary of Don Orione Board, or Paula Gaeta at the Campaign Office: Don Orione Home, 111 Orient Avenue, East Boston, MA 02128 Tel 617-569-2100 Ext. 236.
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Frank McCauley Honored

Elaine duJardin Lions Club President

The Quincy Lions Club recently installed its officers for the year 2006/2007 at a clambake marking the club's 65th anniversary of service to the community.

New officers installed include: Elaine duJardin, President; Denis Tardo, first vice president; Joseph Reardon, second vice president; Dorothy Greene, third vice president; Michelle Lydon, secretary; and Kathleen Frost, treasurer.

To celebrate the Quincy Lion Club's anniversary, longtime club member and past president Frank McCauley gave a brief history of the club and its achievements since the club was founded in 1941. Following the presentation, outgoing president Joyce Hogan presented McCauley with the Lion of the Year Award in recognition of his dedication and service to the club.

Elaine duJardin praised Hogan for her tenure as president, and promised to continue the club's tradition of aiding blind and visually impaired individuals and raising funds to support eye research.

NEW LIONS CLUB President Elaine duJardin (left) and Immediate Past President Joyce Hogan with the cake recognizing the Quincy Lions Club's 65th anniversary.

With more than 1.4 million members around the globe, Lions Club International is the largest nonprofit service organization in the world. The Quincy Lions Club, which meets twice a month at the Neighborhood Club, offers members leadership and networking opportunities while raising funds for local community service projects.

For more information on Lions Club membership, visit www.quincylions.org or call 617-328-1384.

121 On Saint Ann Honor Roll

Saint Ann School lists 121 students on the honor roll for the third term.

They are:

First Honors:

Grade 4: Tamra Adams, Rebecca Liu, and Ryan Vu.

Grade 5: Richard Chaudhary, Emily Mazza, Eliza McDonald, Kerri Neiland, Devin O'Brien and Emily Thoi.

Grade 6: Marissa Adams, Katie Alsip, Meaghan Cloherty, Marypat Henry, David Joyce, Grace O'Donovan, Cassandra Swanson, and Cindy Tung.

Grade 7: Kyle Johnson, Thomas Mahoney, John Morton, Ryan Shanahan, Norton Wong, and Ricky Yu.

Grade 8: Bridget Mazza, Marykate Nelson, Alexandra Odegaard, and Vittoria Smeglin.

Second Honors:

Grade 4: Zachary Bailey, Julie Connell, Marlena Forrester, Ana Gallotto, Kerry Hanlon, Haley Huang, Alexa Johnson, Antonnia Keller, Alan Lee, Adam Leung, Matthew Maki, AJ Maloney, Matthew Medeiros, Bryan McCormack, Kayla Odegaard, James O'Shea, Renee Patten, Stephen Roche, Taylor Stewart, and Catherine Sullivan.

Grade 5: Emily Devane, Caroline Kelly, Eric Lam, and Sophie Lee.

Grade 6: Alexander Barney, Aaron Chiu, Eileen Connell, Michael Gallotto, Maura Healy, Sarah King, Jillian Kustka, Olivia Lehane, Thomas Lester, Stormy Leung, Megan Mahoney, Scott Marx, James Maver, Paul Mulvey, Lisa Nguyen, Son Pham, and Josephine Wong.

Grade 7: Shayne Bailey, Myles Carrigan, Allison Culkin, Matthew Duffy, Beth Gilcoine, Emily Gray, Daniel Hartel, Patrick Hynes-Foy, Matthew Leung, Eric Nguyen, Jordan McCormack, Denise O'Shea, Shannon Porter, Daniel Roche, Meghan Ryan, Katelyn Sullivan, Brian Tse, Regina Valdez, and Dominic Venuti.

Grade 8: Victoria Barney, Elizabeth Do, Matthew Forbes, Mary Gilcoine, Nora Henry, Mark Hogan, Zachary Knights, Katherine McKinnon, Michael Medeiros, Lauren Patten, and Alexandria Zamanian.

Honorable Mention:

Grade 4: Katherine Beane, John Marsinelli, David Nguyen, and A.J. Shaughnessy.

Grade 5: Kiera Bruce, Gregory McKinnon, Rosemary Morton, Shaylyn Senier, and Andrew Sutherland.

Grade 6: Ashley Dunn, William Hanlon, Trevor McCarthy, Colleen Mulcahy, and Andrew Picariello.

Grade 7: Craig Kelley, Alex Lau, Jessica Nguyen, and Anna Wahlstrom.

Grade 8: Kathryn Ahern, Josephine Awatin, Cassandra Briffett, Siobhan Dunn, and Katie Hanlon.

Sidewalk Stompers Concert On Library Lawn Sunday

"The Sidewalk Stompers" will perform an eclectic mix of old-time Celtic, Irish, and bluegrass music at a concert for all ages, Sunday at 3 p.m. on the Thomas Crane Public Library lawn, 40 Washington St., Quincy Center.

The Sidewalk Stompers, Mary King, Paul Dube, and Ron Tabele, are an acoustic trio that features guitar, clawhammer banjo, fiddle, mouth harp, piano accordion and Celtic harp. Their wide repertoire includes Celtic music, blues, bluegrass, and both traditional and original material.

The concert will last one hour and will be held in the library's atrium if the weather is inclement. The concert is sponsored by the "Friends of the Thomas Crane Library." For more information, call 617-376-1301 or visit www.thomascranelibrary.org.

Catholic Young Adult Group Meeting July 28

Adults in their 20s or 30s are invited to connect with people their age at a Catholic Young Adult Group Friday, July 28 at 7 p.m. at St. John the Baptist lower church hall, 44 School St., Quincy Center.

The group will focus on social outings, faith formation, and interaction with other Boston-area young adults.

Pizza and refreshments will be served. To ensure that there are enough provisions for all attendees, RSVP to seminarian Paul Sullivan at St. John's rectory at 617-773-1021, ext. 20.

Julia Berberan On St. Michael's Dean List

Julia J. Berberan of Quincy has been named to the dean's list for the spring semester at Saint Michael's College in Colchester, Vt.

She is the daughter of William and Julie Berberan.

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O Lindy's
Outback
Pamela Johnston Interiors
Paul's Barber Shop
Pepsi-Cola
Quincy Dynasty
Quincy Education Association, Inc
Sacred Heart PTO
Saigon Corner
Shaws Markets
Snug Harbor PTO
South Shore YMCA
Standish Gift Certificates
Sterling Middle School PTO
Super Chef
TD Bank North Garden
Tedeschi Food Shops, Inc
The Clam Box
The Image Connection
The Ninety-Nine Rest
This Takes the Cake
Tony's Clam Box
Tropicabana Tanning Salon
Video to Go
West Quincy Motors, Inc
WholeBody Solutions at South Bay Chir
Willard Veterinary Clinic, Inc
Wollaston Florists

Special thanks to : Quincy Police Dare Officers Quincy Public School Employees Parents

LORETTA DeGRAZIA, (second from right) president and CEO of East Coast Petroleum, receives the MetroSouth Chamber of Commerce Athena Award. With DeGrazia are (from left) Charles Cooney, president and CEO, MetroSouth Chamber of Commerce; Stephen Hall, vice president of Business Services, National Grid, chairman of Metro South Chamber Board; Suzanne DelVecchio, Mass. Superior Court Justice.

Loretta DeGrazia Receives MetroSouth Chamber Award

Loretta DeGrazia, president of East Coast Petroleum Company of Stoughton, was recently presented the Metro South Chamber of Commerce Athena Award sponsored by the Chamber and Sovereign Bank.

This annual honor is presented by local chambers of commerce in both the United States and several other countries. The award honors DeGrazia for exemplifying business success, serving the community in a meaningful way and for assisting other women in developing their own leadership potential.

Striving to create a business in a "man's world", DeGrazia started her business with only sweat equity and her own two feet. She now runs a multi-million dollar organization, a full-service heating oil and air conditioning company. Over the years, she and the company have been extremely active in both civic and charitable activities.

Created in 1982 in Lansing, Michigan, the Athena Foundation is an international organization dedicated to creating leadership opportunities for women. The Foundation has relationships with chambers of commerce, universities, businesses and sponsors across the United States and around the world.

The Athena Foundation philosophy maintains that by elevating and honoring women of talent, expertise, solid values and leadership in a public way that they will serve as role models for other women inspiring them to also lead and to strive for excellence.

64 Residents On BC High Honor Roll

Boston College High School lists 64 Quincy students on its fourth term honor roll.

They are:

HIGH HONORS

Juniors: Wesley K. Chen, Clarence Demesier, Ian M. Flaherty, Francis P. Hartel, Michael J. Maxey, Alexander M. Miner, Jeffrey C. Mui, Eric R. Still, Kevin Tan, Justin Woo.

Sophomores: Stephen P. Coletti, Matthew J. Coughlin, Bohan J. Liu, Brian P. Mahoney, David H. Richards, Richard A. Sullivan, William P. Tam, Michael F. Wright.

Freshmen: Edward William Adams, David Scott Figueiredo, Conor P. Flaherty, Brian Robert Joyce, Kevin Chi-Wing Lee, Donald Francis Luchini, Kevin Michael Mahoney, Kevin Thomas McDonagh, David Nguyen, Patrick Finbarr O'Donovan, Gregory Michael Ouellette, Alex Pepjonovich and Richard Francis Rines.

To achieve high honors, a student must earn at least a 3.8 quality point average.

HONORS

Juniors: Shane A. Carlyle, Kyle T. Carrigan, Stephen P. Cremin, Thomas P. Henry, Matthew T. McCabe, Conor Madden Roche, Yori G. Sverdlin.

Sophomores: Charles H. Knights, Stephen J. McCormack, Patrick F. Morrissey, Ryan M. Murphy, Brendan P. Murphy, Nishant K. Patel, Michael T. Powers, John J. Rowland, Christopher J. Timmins and David F. Wilson.

Freshmen: Benjamin Philip Francisco, William Patrick Kiley, Anthony Lau, Jeffrey Robert Matthies, Kenneth Tobin McGrath, Daniel Jeremiah Murphy, Sam Sze-Ming Ng, Jessie Tran Ngo, Khang Anh Tran.

Historical Society Maine Clambake Trip July 26

Quincy Historical Society is offering a trip to historic York, Maine, and a traditional New England clambake at famed Foster's Clambake Pavilion, Wednesday, July 26.

The trip, in a Brush Hill bus, will leave the Adams Academy in Quincy Center at 8 a.m. and arrive in York around 10 a.m. The first stop is at Stonewall Kitchen, an award-winning emporium of New England specialty foods, ranging from "chocolatest" gift baskets, to homemade jellies and jams.

The bus will arrive at Foster's Clambake Pavilion at 11:30, and the clambake will begin at noon. The menu consists of clam chowder, fresh-dug steamed clams, steamed cultivated mussels, a Maine lobster, drawn butter, fresh corn-on-the-cob, roasted red-bliss potatoes, roasted onions, rolls and butter. Those who do not want lobster may substitute a barbecued half chicken with sweet and sour hickory sauce. Dessert is Maine blueberry crumb cake, and there's a choice of coffee or tea. The clambake is accompanied by live entertainment.

After the clambake, the trip will continue to Cape Neddick for a look at the Nubble Lighthouse, listed on the National Register of Historic Places. The trip will leave York around 3:30 p.m., and be back at the Adams Academy at approximately 5:30 p.m.

The price of the trip is $60 for Quincy Historic Society members, and $70 for non-members. Advance registration is required. For more information, call Quincy Historical Society at 617-773-1144.

410 On Quincy High Fourth Quarter Honor Roll

Quincy High School lists 410 students on the honor roll for the fourth quarter.

They are:

DISTINCTION

Grade 9: Alfredo Barzola, Briana Bergstrom, Christine Campbell, Xiao Chen, Yue Mei Chen, Richard Cheung, Nhung Dinh, Jacqueline Dougenik, Sarah Dougenik, Joseph Flanagan, Shui Miao Ge, Petrika Gjini, Elisa Lam, Jin Lem, Long Huang Lin, Katherine Marchand, Christopher McGroarty, Matthew McGroarty, Robert McGroarty, Renee Murphy, Jessica Ngo, David Nguyen, Vivian Pham, Michelle Rizza, Honghui Tan, Phuong Thao Tammy Thai, Annie Tran, Angela Vallone, Aldoron Villena, Trang Vo, Shu Wang, Patrick Young, Tony Yu, Lei Zhao, Ziao Ting Zheng, Xing Zou.

Grade 10: Eugenia Andrade, Zarin Arshy, Miguel Barzola, Will Campbell, Carina Correia, Kyle Craig, Yi Mei Dong, Wai Man Fan, Meng Yang Gao, Wu Xi He, Thanh Trang Hoang, Xing Ling Huang, Yu Xuan Huang, Bi Yi Li, Shengnan Lin, Lu Yuan Liu, Menh Luc, Mortada Najem, Stephanie Nye, Zachary Ohlson, Richard Salvucci, Besmir Sulejmani, Sarah Sullivan, Meagan Tobin, Wing Yee Tsoi, Phan Vong, Alicia Woodberry, Tsz Chun Yung, Min Zhang, Xiao Lin Zhen, Xiao Wen Zhen.

Grade 11: Pluton Angjeli, Elizabeth Bergstrom, Jiawei Chen, June Dandhanin, Luis Miguel Dos Santos, Anthony Dunner, Nada Eid, James Fay, Ralfi Kondili, Raymond Lam, Ngo Lau, Yu Fei Lin, Qitao Lu, Hien Luong, Taysir Mahmoud, Kshitij Nagpal, Paige Neumann, Judy Ngai, Joseph Pantano, Suji Park, Kimberly Pham, Kristyn Reed, Nensi Veselaj, Yijuan Wu, Jing Zeng, Rong Fu Zhen.

Grade 12: Greg Lorenz Amarra, Julie Bernstein, Sherry Burns, Weibin Brian Chen, Tieu Dinh Dang, Man Ngui Dao, Clarese Deibel, Larissa Gabriela Dos Santos, Rachel Fishman, Courtney Forti, William Gilcoine, Stephanie Harvey, Gregory Kodgis, Nguyet Lam, Candice Macleod, Courtney Macneill, Caidi Mai, Diamona Matta, Dinghong Mei, Marissa Monaco, Daniel Neenan, Michael Neenan, Catherine Noble, John Orlando, Jessica Page, Emily Pahud, Megan Peterson, Marissa Reilly, Ashley Ryan, Clara Saade, Carolyn Spada, Amanda Spear, Felipe Strefling, Wendy Szeto, Mei Zhen Tan, Bridgette Tucker, Joanne Wall, Chaoran Zie, Po Shan Jess Yeung, Qiong Zheng.

HIGH HONORS

Grade 9: Bryan Ash, Olivia Cruz, Georgios Kalogeras, Briana Kiley, Michael Kwang, Bonnie Madeiros, Michael McDonagh, Dallas Miller, Lais Pedrosa, Pradit Phetyian, Le Thuy Trang Phu, Edward Sholes, Danielle Silva, Mary Spargo, Daniel Sullivan, Thien-An Tonnu, Carlson Wang, Ming Wood, Mu Yi Wu.

Grade 10: Samantha Bent, Hui Ping Chen, Tahina Chery, Michael Cheung, Casey Conley, Sarah Cook, Jing Ming Feng, James Flaherty, Jessica Giordani, Zhen Zhang Huang, Michael King, Michael Lebel, Zhi Chao Liao, Tao Lu, Tsz Tsun Ngan, Imelda Nini, Andrew Paine, Brendan Paine, Michael Pyle, Cathleen Santon, Theodore Walsh, Melissa Walter, Nicolette West, Vincent Wong, Robert Yee, Amanda Young.

Grade 11: Camillo Arredondo, Hope Collins, Stephen Connolly, Jonathan Conso, Wendell Cosgrove, Krysta Davis, Amanda Godek, Nathaniel Johnson, Leanne Ketchum, Kwame Kusi, Joseph Macdonald, Christina Minipon, Stephanie Moronta, Janet Ng, Robert Page III, Wanessa Pereira, Katherine Shea, Loren Spahiu, Jinlong Tan, Brian Thomas, Sanam Wahid, Jinfang Zheng, Lin Zheng.

Grade 12: Jaime Amaro, Ashley Binda, Megan Brennan, Robert Cappellano, Mark Demelin, Kerrie Doyle, James Dunn, Sammuel Duong, Joseph Griffin, Jing Gui, Donika Hajrizaj, Israa Hamdeh, Ye Xing Huang, Mai Huynh, Juna Kaziu, Francesca Kidd, Leanna Lam, Kimberly Lebel, Carolyn Lewis, Yan Hua Liang, Kevin Mackenzie, Kristin Maher, Jonathan Pelletier, Ashley Quan, Ricardo Theodore, Michelle Wright.

HONORS

Grade 9: Joel Bolton, Brian Bowe, Kaitlyn Burgess, Alan Chan, Katherine Chernicki, Valerie Chia, Catherine Connolly, Kayla Cummings, Alan Deforge, Maxwell Devoe, Lindsay Dockham, Adrian Domingo, Amber Duran, Amanda Faiella, Mike Ford, Jacqueline Gore, Samuel Hardee, Brittany Herron, Qi Ling Huang, Kavi Jaggernath, Mian Feroz Jan, Gary Janes, Adora Kadiu, Anita Kadiu, Stephen Kamb, Anthony Kotai, Julie Lim, Evens Louis, Jonee Manipon, Zachary McCaul, Diane McDonald, Bryce McNally, Nimo Mohamed, Alyssa Mullen, Ashlee Myett, Tony Nguyen, Jennifer Nhan, Mark O'Brien, Andrew Papile, John Parry, Jeffrey Pereira, Brianna Reilly, Estefania Saturno, Benjamin Sticco, Sean Sullivan, Vinh Trinh, Andrew Trubiano, James Wilbur, Jillian Willey, Samantha Wiltshire, Leah Wood, Kun Zeng, Lijin Zou.

Grade 10: Allen Barrett, Matthew Bikowski Warner, Katelyn Brennan, Leah Buccheri, Kathryn Carella, Kimberly Cathcart, Richard Chan, Danielle Chiachio, Hannah Donovan, Brian Doyle, Talisa Faustin, Diana Giunta, Loren Golubic-Campbell, Leanne Hall, Christina Kelley, Julie Kisielius, Kyle Mackinnon, Meaghan McDonald, Kathleen McDowell, Heather McHale, Matthew Meyers, Michael Mottola, Thanh Phan, Robert Ranalli, Samantha Reynolds, Abigail Riddell, John Rodrigues, Brendan Shea, Yong Jie Tan, Linda Tran, Hong Rong Wu, Yun Ping Cindy Zheng, Rubina Zubcevic.

Grade 11: John Alexander, Meaghan Brown, Jacquelyn Callahan, Felicia Canney, Alex Chan, Hong Li Chen, Suqun Chen, Xiao Hong Chen, James Christie, Kristen Cummings, Laura Doherty, Parmanan Doodnauth, Yan Feng, Kelsey Flanagan, Ashley Fooks, Jun Chao Gao, Shawn Hamel, Tina Hicks, Pamela Holmberg, Khin Htun, Ying Tiffany Huang, Korey Little, Simin Lu, Charles McGee, Heather McKenzie, Kenneth Mei, Alison Moriarty-Carlson, Jeffrey Mui, Brendan Mulrooney, Robert Murphy, Victoria Murphy, Shaneia Nelson, Tam Dong Nguyen, Daniel O'Connell, Stephen Palmatier, Sung Par, Dung My Pham, Meghan Rice, Stephanie Stephenson, Lilian Sticco, Heather Sullivan, Terry Szeto, Saad Tauhid, Wilkinson Theodoris, Patrick Timmons, Joshua Wallace, Michelle Williams, Hui Dan Wu, Wing Shing Yeung, Hong Yu.

Grade 12: Nadja Adilovic, Wilson Aguirre, Wegdan Alhilali, Amanda Astrofsky, Felicia Avitabile, Erica Berg, Kelly Buczkowski, Jennifer Burns, Zong Fu Chen, Yu Yau Chong, Laina Crispo, Loren Difederico, Donald Gaxho, Michael Gibbons, Jeffrey Gracia, Anna Guarnotta, Courteney Hall, Jia Hua Huang, Sean Hynes, Scott Jackson, Daniel Jacques, Faranase Josil, Brandon Kane, Nicole Kasanoff, Kayla Kirschner, James Lieu, Henry Dat-Sing Liu, Corey Lumaghini, Theresa Maconochie, Ryan Martinez, Vanessa Mathieson, Kelly McNally, Alexander Mendez, Eduardo Montagna, Carl Morris, Sean Mullen, Elizabeth Norton, Christopher Ryan-McDonald, Erin Scannell, Tiffany Snow, Cara White, Courtney Young, Xiao Xia Zhang, Xiang Fei Zhuo.

South Cove Health Center Plans $2 Million Expansion

By MIKAELA SLANEY

South Cove Community Health Center is expanding to a 9,500 square foot location at 435 Hancock St.

South Cove purchased the first floor of the Granite Lofts Condo Complex, and will spend $2 million on renovations. The project is expected to be completed by November.

"It will bring vibrance to the Norfolk Downs area," said Mayor William Phelan. "The building has been vacant for many years, and South Cove Community Health Center, with over 7,000 patients and more than 30,000 visits (annually), will really give a boost to the local businesses in the area, and provide much needed services at the same time."

South Cove rented the previous location at 275 Hancock St. since 1995. The center is a nonprofit corporation that serves 20,000 patients per year in three clinical sites in Boston and Quincy.

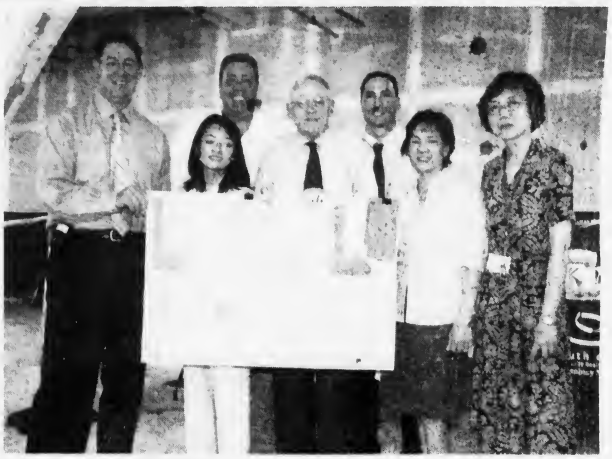
South Cove provides primary and preventative health care services, focusing mainly on the Asian community. Eugene Welch, executive director of South Cove, said the new facility will be equipped with examination rooms, dental and eye care rooms, adult and pediatric rooms, and OBGYN. He said the center will assist the Asian community with bilingual staff members.

"We've been serving the Asian community in Quincy for 10 years and we're very proud to do that," Welch said. South Cove patients are 90 percent Chinese and six percent Vietnamese, with the remaining four percent other nationalities, he said.

Funding for the project is covered by a 20-year tax-exempt bond from the Massachusetts Health and Education Finance Agency. The bond is backed by Citizens Bank.

South Cove is accredited by the Joint Commission for Accreditation of Health Care Organizations.

For more information, call Welch at 617-521-6713.



PLANS FOR THE EXPANSION were displayed at a press conference at the new location, 435 Hancock St. From left are Mayor William Phelan, Hong T. T. Vuong, assistant vice president of the healthcare and nonprofit division of Citizens Bank, Bill Foster, contractor, Eugene Welch, executive director of the S.C.C. Health Center of Boston, Esther H.P. Lee, R. IV, director of development, Lilly Moh, S.C.C.H. Center administrator of Quincy facility.

Quincy Sun Photo/Robert Noble

National Park Seeks Volunteers For July 23

The Boston Harbor Islands National Park Area is seeking volunteers to help gather scientific information about the islands July 23 at 9:30 a.m.

Mark Mello, of Lloyd Center for Environmental Studies, and Dick Walton, a naturalist, will guide the exploration to count dragon flies, damselflies and butterflies.

All ages are welcome, and snacks will be provided.

For more information and to register, call Meg Connolly, The Trustees of Reservations at 781-740-7233.

Free Summer Concert July 24 At Shea Park

The 12th Anniversary, a free summer concert, will be held Monday, July 24, from 7 to 9 p.m. at Shea Park, Copeland and West Streets, West Quincy.

The evening of free entertainment is sponsored by the Granite Workers Memorial Park Committee and Ward 4 City Councillor Jay Davis. Rain date is Tuesday, July 25.

The concert will feature The EMANONS led by Dave Burbank. Concert goers are urged to bring blankets and lawn chairs.

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Please join us for a
Reception
in honor of
Mayor William J. Phelan
Tuesday, July 25, 2006
5:30 - 7:30 p.m.
Adams Inn
21 Hancock Street
Quincy, Massachusetts
Suggested Donation
$125 per person
Paid for by the Committee to Elect William J. Phelan, Mayor
127 Summit Avenue, Quincy, MA 02170

The Event of the Summer!
Tuesday, August 1st
6pm to 10pm
WaterWorks
Marina Bay, Quincy
An evening of delicious food, live auction, and entertainment - all to benefit Father Bill's Place.
FATHER BILL'S PLACE
12th ANNUAL
FOOD FEST
& AUCTION
Tickets - $100 per person
For tickets and information:
www.fatherbillsplace.org
617.376.2255
422 Washington St, Quincy, MA 02169
Checks made payable to Father Bill's Place
Proceeds will benefit
FATHER BILL'S PLACE

'American Idol' Ayla Brown Visits Bernazzani School

A real, live American Idol appeared at the Bernazzani School recently and sang three of the songs she performed on her way to the "Final 24" of the hit television show.

Ayla Brown of Wrentham agreed to come to the school as part of a fundraising effort on behalf of the fifth grade graduating class.

She spokes of her scholastic achievements, including her plan to attend Boston College on a basketball scholarship, and her experiences of American Idol before she was voted off in March.

She drew a round of cheers and applause when she sang "Reflections" from the Disney movie *Mulan*; the Celine Dion hit, "I Want You To Need Me," and her favorite "Unwritten" by Natasha Bedingfield.

More than 200 children attended the event and each received an autographed photo of Ayla Brown.

In addition to raising more than $2,000, the fifth graders had a class picture taken with their guest to be featured in the Class of 2006 yearbook.

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Proceeds To Benefit Father Bill's Place

Online Auction Ends Saturday For Autographed Shaq Sneaker

An online auction of an autographed sneaker by NBA superstar Shaquille O'Neal is underway.

Interested persons can bid on the size 22 Reebok Pump at ebay.com through Saturday, July 22.

Generously donated by Uncle Sam Rounseville of Quincy, proceeds from the sale of the sneaker will benefit Father Bill's Place, an interfaith shelter for the homeless, 422 Washington St., Quincy.

The online auction helps kick off the 12th annual Father Bill's Place Food Fest & Auction to be held Tuesday, Aug. 1, at WaterWorks in Marina Bay, Quincy.

The Food Fest features more than 40 of the finest local restaurants, bakeries and win distributors sampling their wares for the 1,500 people who turn out for the event.

UNCLE SAM ROUNSEVILLE (right) and Father William McCarthy hold the larger-than-life, autographed Shaquille O'Neal basketball sneaker that is being auctioned off online with the proceeds benefiting Father Bill's Place, an interfaith shelter for the homeless. Rounseville donated the item for the auction.

A SIZE 22 Reebok Pump sneaker signed by NBA superstar Shaquille O'Neal is being auctioned off online at Ebay.com through July 22.

The Food Fest & Auction is sponsored by a number of local companies, including William Gallagher Associates, The Patriot Ledger, New England Realty Group and Jay Cashman, Inc.

Tickets are $100 each and can be purchased online at fatherbillsplace.org or by calling the agency's Development Office at 617-376-2255.

Jillian Mullen Graduates URI

Jillian Mullen recently graduated from the University of Rhode Island.

The daughter of John and Eileen Mullen of Squantum, she is a centennial scholar, and graduated Summa Cum Laude with a double major in history and political science. She participated in the mentor tutor leadership program, and is currently employed at American Medical Response, Natick.

REQUEST FOR QUALIFICATIONS **REQUEST FOR QUALIFICATIONS**

REQUEST FOR QUALIFICATIONS

CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK STREET, QUINCY, MA 02169

Invites sealed bids/proposals for furnishing and delivering to the City of Quincy:

PUBLIC WORKS **ENERGY MANAGEMENT SERVICES PROGRAM** **AUGUST 4, 2006 @ 3:00 P.M.**

The City of Quincy, hereby seeks Statements of Qualifications for selection of a firm to provide a comprehensive program of Energy Management Services pursuant to M.G.L. c.25A , §11I in order to enter into a Guaranteed Energy Savings Contract. All respondents shall be certified by the Division of Capital Asset Management (DCAM) as eligible to provide Energy Management Services and not debarred from bidding under section 44C of M.G.L. c.149 or any other applicable law. In addition to the other information requested all responses should be accompanied by (1) a copy of a certificate of eligibility used by the Commissioner of DCAM, and (2) by a DCAM Update Statement. A copy of the Request for Qualifications may be obtained at the Purchasing Department, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts 02169, after July 19, 2006, between the hours of 8:30^{am} to 4:30^{pm}.

Statements will be received at the office of the Purchasing Agent until the time and date stated above, at which time and date they will be opened and registered. Late submissions, delivered by mail or in person, will be rejected.

If applicable, Statement/Bids/Proposals shall be in accordance with Chapter 149 of the M.G.L. as amended, M.G.L. Chapter 39 §39A, 39B and 39F-R. M.G.L. Chapter 149, § 26, 27, 29, 35, and 44A-44M, M.G.L. and Chapter 25A, §11I.

The City of Quincy may cancel this RFQ, or reject in whole or in part any and all proposals when the City determines that cancellation or rejection serves in the best interests of the public.

William J. Phelan, MAYOR
Laurie M. Allen, CHIEF PROCUREMENT OFFICER

7/20/06

INVITATION TO BID **INVITATION TO BID**

CITY OF QUINCY, MASSACHUSETTS
Department of Public Works
William J. Phelan
Mayor
Stephen O'Donnell
Commissioner

INVITATION TO BID

The Purchasing Department for the City of Quincy, Massachusetts is will receive sealed bids for 2006 WATER MAIN REPLACEMENT until 11:30 AM local time Wednesday, August 2, 2006, in the offices of the Purchasing Agent, 1305 Hancock St., Quincy, Massachusetts 02169, at which time and place all bids will be publicly opened and read aloud.

The scope of work includes construction of approximately 4,000 linear feet of 12-inch and 3,400 linear feet of 8-inch ductile iron water main, transfer of water services, replacement of all non-copper water services in the street, and construction of hydrant assemblies and appurtenances. Most of the existing water main will be removed and replaced with the new water main, thus requiring the installation of temporary water service during construction. The scope also includes replacement of 8-16" and 2-8" gate valves.

All work under this contract shall be completed within one hundred fifty (150) calendar days.

A **non-refundable deposit of $25.00** in cash or check payable to the City of Quincy shall be required for each set of Contract Documents. Bidders requesting Contract Documents by mail shall also include an additional **non-refundable mail fee of $15.00** in cash or check payable to the City of Quincy. The Contract Documents may be obtained during the business hours of 8:30 a.m. to 4:30 p.m. at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock St., Quincy, MA 02169 on or after **July 19, 2006, 9:00 a.m. - 4 p.m.**

Each bid shall be accompanied by a bid security in the amount of five percent (5%) of the total value of the bid, in the form of bid bond or certified/treasurer's check. The selected contractor shall furnish a performance bond and payment bond in the amount of 100% of the contract price.

The bidding and award of this contract shall be in full compliance with Massachusetts General Laws, Chapter 30, § 39M, as last revised. All Federal, State and City of Quincy regulations in relation to Minority Business Enterprise, Women's Business Enterprise, Minority Work Force, Equal Employment Opportunity, Employment of Quincy Residents and Minimum Wage Rates shall apply. The City reserves the right to waive any informality in or to reject any or all Bids when such an action is deemed in the best interests of the City. **Non-responsive and/or unbalanced bids may be rejected.**

William J. Phelan
Mayor

Stephen O'Donnell
Commissioner of Public Works

7/20/06

FOOT NOTES

by Joel Chariton, D.P.M.
Diplomate, American Board of Podiatric Surgery
Diplomate, American Board of Podiatric Orthopedics

FACTS ABOUT CRACKS IN HEELS

Dry skin can lead to cracked heels, or heel fissures, if left untreated. The affected area becomes yellow or dark brown, depending on skin tone. For many people, this cracking is purely a cosmetic problem, but it can lead to complications. Deep fissures, for example, can cause skin to bleed easily and become painful. Patients may find symptoms exacerbated while walking or when they wear thin soles or open-backed shoes. Infection is also a risk if the condition goes untreated. Other causes of cracked heels include inactive sweat glands, prolonged periods of standing, obesity, and surgery to the lower extremities. Heel spurs, flat or high-arched feet, abnormal gait, and misalignment of the metatarsal bones are also sometimes to blame.

Whether you're dealing with heel fissures or toenail problems, bunions or digital disorders, professional attention is the best assurance of a speedy recovery and prevention of future consequences. We are committed to delivering the most current state-of-the-art podiatric care in a relaxed, friendly environment. Excellence and personal respect are our unconditional commitments to each and every patient who seeks treatment at our office at 999 North Main Street, Randolph, in the MEDICAL OFFICE BUILDING. We can be reached at 781-986-3668. I am affiliated with the Brockton and Good Samaritan Hospitals.

HINT: Seek podiatric care for any fissures that bleed.

Free Permitting, License Info Workshops Monthly

The City of Quincy, in partnership with Quincy 2000 Collaborative, is sponsoring free monthly informational workshops for business owners who have questions about the city's permitting and licensing process.

The workshops will be held on the last Thursday of the month from 8:30 to 10 a.m. The next one is scheduled for Thursday, July 27, at City Hall in the second floor conference room.

Representatives from city departments and the architectural, building and legal professions will be on hand to answer questions. Topics of discussion will include change of use restrictions and allowances, zoning and the Board of Appeal process, licensing and registration procedures, Board of Health rules and regulations, business signage and handicap accessibility requirements.

One-on-one assistance and professional referral information will be available during the informational workshop.

Those planning to open a new business or relocate an existing one and have questions on the permitting and licensing process are urged to attend the workshop. To pre-register or to find out additional information, contact the Mayor's Office at 617-376-1990 or Quincy 2000 Collaborative at 617-847-1454.

SOUTH COASTAL BANK recently awarded a $500 grant to the Snug Harbor Community School to fund a Japanese drumming performance. Snug Harbor students with members of Odaiko New England; Allan Osbornne, (third from right) principal of the Snug Harbor Community School; and Tony Drew, (far right) assistant branch manager, South Coastal Bank.

Edward Keohane Attends Funeral Homes Regional Meeting

Edward Keohane was among the members of Selected Independent Funeral Homes attending the association's recent regional group meeting in Mystic, Conn.

Keohane is owner of Keohane Funeral & Cremation Service located in Quincy and Hingham.

"It is always a valuable experience to get together with my independent funeral director colleagues," said Keohane. "This meeting offered a variety of informational seminars and opportunities to share insights and ideas, which often help our funeral home better serve the families of our community."

Seven such meetings are being conducted by Selected Independent Funeral Homes this spring in cities across the United States. Topics covered at the meetings focus on serving families who choose cremation, conducting military funerals and preparing against disasters.

Keohane, a past president, has been a member of Selected Independent Funeral Homes since 1968. The association was founded in 1917 and is the world's oldest and largest association of independently owned funeral homes. Its approximate 1,500 members represent the "best in class" and operate under the strictest standards. As a professional association, Selected Independent Funeral Homes actively promotes the use of best practices by its members to assist them in providing consumers with the finest care available.

"Over the years, the association's 'Code of Good Funeral Practice' has demonstrated the commitment members of Selected Independent Funeral Homes have to providing quality funeral services. Our members understand the responsibility they have to families and communities they serve," said George W. Clarke, executive director of Selected Independent Funeral Homes. "It's a long tradition of which we are very proud Keohane Funeral & Cremation Service is an important part."

South Coastal Bank Awards $500 Grant To Snug Harbor Community School

South Coastal Bank recently presented a $500 grant from its C.A.R.E.S. community giving program to the Snug Harbor Community School PTO in Quincy.

South Coastal Bank's C.A.R.E.S. giving program helps local not-for-profit groups promote and encourage a sense of Community, Achievement, Responsibility and Excellence in children through exposure to the arts.

Serving students from preschool through grade five in the Germantown section of Quincy, the Snug Harbor Community School PTO works to enhance the children's educational experience by raising funds to subsidize cultural arts programs not provided for by the school budget.

The PTO applied C.A.R.E.S. funds toward a performance by Odaiko New England, a taiko (Japanese drum) group dedicated to preserving and teaching the art of kumi taiko (ensemble drumming).

For more information on South Coastal Bank C.A.R.E.S. or to download an application, visit South Coastal Bank's Web site, www.southcoastalbank.com, or contact community liaison Susan Lincoln at 781-681-7206.

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The Quincy Sun

Three-Day Event Opens Today

36th Annual Sidewalk Festival In Quincy Center

Let the fun and games begin.

And don't forget the bargains, too.

The 36th annual Quincy Center Sidewalk Festival will bring them all to downtown Quincy beginning today (Thursday) and continuing through Saturday.

Vehicular traffic will be banned on Hancock Street from Granite Street to Hancock Court for the three-day event sponsored by the Quincy Business Association.

The ribbon-cutting ceremony opening the festivities will be held at 10 a.m. today at the top of Hancock Street with Mayor William Phelan officiating.

Then shoppers and others will be able to stroll down a Hancock Street that has been turned into a pedestrian mall amid the canopied booths in front of the stores.

Festival hours will be today and Friday from 10 a.m. to 8 p.m. and Saturday from 10 a.m. to 5 p.m. Entertainment is scheduled today and Friday from 10:30 a.m. to 7 p.m. and Saturday from 10:30 a.m. to 4 p.m.

Featured performers for this year's festival include:

THURSDAY

Hannah the Clown, balloons and music, 10:30 to 11:30 a.m. sponsored by the Bank of Canton.

Sidewalk Sam and Friends, 11 a.m. to 3 p.m., sponsored by Norfolk Electric Company.

Part Time Lovers Band, a return engagement, 12 noon to 2 p.m., sponsored by South Shore Savings Bank.

The Garacci Group, a calypso concert, 5 to 7 p.m.

FRIDAY

Hannah the Clown, balloons and music, 10:30 to 11:30 a.m., sponsored by the Bank of Canton.

Stop & Shop Jimmy Fund Rally, 11:30 a.m. to 2 p.m., to benefit the Jimmy Fund, sponsored by Stop & Shop.

Altar Nation, teen rock group, 12 noon to 2 p.m., sponsored by Senator Michael Morrissey.

Little Mister & Little Miss Hawaiian Tropic Model Search, 3 to 4:30 p.m., sponsored by BB ParadICE, Hancock TV & Appliance and Sherman Realty.

Miss Hawaiian Tropic Model Search Contest, part of an international pageant held in 65 countries, 5 to 7 p.m., sponsored by BB ParadICE, Hancock TV & Appliance and Sherman Realty.

SATURDAY

Hannah the Clown, balloons and magic, 10:30 to 11:30 a.m., sponsored by the Bank of Canton.

Marla and her Reptile Show, a return visit, 11 a.m. to 12 noon, sponsored by the Flatley Company.

MIKE 93.7 FM, fun and games with the Mike Squad, 12 noon to 3 p.m.

The Walker Billys, musical fun, 1 to 4 p.m., sponsored by Stop & Shop Companies.

As per tradition, vendors will present their wares in an open air venue and many restaurants will be open and prepared for an invasion by hungry visitors.

A FAMILY FAVORITE, the 36th annual Quincy Center Sidewalk Festival begins today (Thursday) and runs through Saturday. Hancock Street in Quincy Center will be become a pedestrian mall for the event, which is sponsored by the Quincy Business Association (QBA).

Maralin Manning Photo

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36th Annual Quincy Center Sidewalk Festival

Sponsored by The Quincy Business Association

ENTERTAINMENT SCHEDULE

THURSDAY, JULY 20, 10AM-8PM

10AM OPENING CEREMONIES
Top of Hancock Street - Mayor Officiates

10:30AM - 11:30AM	HANNAH THE CLOWN – Balloons & Magic Sponsored by the Bank of Canton
11:00AM - 3:00PM	SIDEWALK SAM & FRIENDS Sponsored by Norfolk Electric Company
12 NOON - 2:00PM	PART TIME LOVERS BAND Sponsored by South Shore Savings Bank
5:00PM - 7:00PM	GARACCI – Calypso Concert Sponsored by Sovereign Bank

FRIDAY, JULY 21, 10AM-8PM

10:30AM - 11:30AM	HANNAH THE CLOWN – Balloons & Magic Sponsored by the Bank of Canton
11:30AM - 2:00PM	STOP & SHOP JIMMY FUND RALLY To Benefit the Jimmy Fund Sponsored by Stop & Shop
12 NOON - 2:00PM	ALTAR NATION – Teen Rock Group Sponsored by Senator Michael Morrissey
3:00PM - 4:30PM	Little Mister & Little Miss Hawaiian Tropic Model Search Sponsored by BB ParadICE, Hancock TV & Appliance & Sherman Realty
5:00PM - 7:00PM	MISS HAWAIIAN TROPIC MODEL SEARCH CONTEST Sponsored by BB ParadICE, Hancock TV & Appliance & Sherman Realty

SATURDAY, JULY 22, 10AM - 5PM

10:30AM - 11:30AM	HANNAH THE CLOWN – Balloons & Magic Sponsored by the Bank of Canton
11:00AM - 12 NOON	MARLA & HER REPTILE SHOW Sponsored by The Flatley Company
12 NOON - 3:00PM	93.7 MIKE FM – Fun and Games with the Mike Squad
1:00PM - 4:00PM	THE WALKER BILLYS Sponsored by Stop & Shop Companies

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CRAFTER AND VENDOR BOOTHS

SPOTLIGHT ON HEALTH & FITNESS

by Andrea Wyatt
M.S.S., C.S.C.S.

Exercise Plateau Can be Overcome

Q. I have heard of people hitting an exercise plateau, but I have always seen consistent results with my exercise program — until now. I am extremely active, exercising three to fours days a week. My fitness goals have been met in the past, but this last 3 percent body fat and few pounds are just not budging. What can I do to get over this plateau and start seeing results again?

A. Those last few stubborn pounds and percent of body fat have driven many exercisers bananas, especially if they are doing all they can toward their fitness goals. Don't throw in the towel just yet, as there may be a few changes you can make to your exercise program that you have not considered.

Add something new to your workouts. The results you have seen with your current workout routine are great, but your body may need a different challenge. After completing the same exercises for a period of time, your body becomes very efficient at doing them and requires less effort to complete them, even if you are increasing the intensity.

Try new exercises that work the same muscles. For example, as a change from using the leg press, try squats and lunges. Now, this does not mean you will never do leg presses again, it's just another option that may push your body — facilitating a change.

Also consider how active you are outside of your exercise program. If you are only active when you're at the gym, think about changes to your lifestyle that may encourage your body to change. Take the stairs instead of an elevator or escalator when possible, and park farther from a store or building so you can get more steps in throughout the day. Take time for fun activities with family and friends such as walking, riding bikes or even a friendly game of tennis.

Track your other lifestyle choices for any changes that may have occurred over the month. Changes in sleep, eating, stress or medical status can all affect how your body responds to exercise. Try one or all of the above suggestions to help you leap over your plateau. Small changes can make a big difference.

Always consult a physician before beginning an exercise program. Andrea Renee Wyatt, M.S.S., C.S.C.S., is a certified personal trainer with an extensive background in strength and conditioning as well as therapeutic recreation. If you have a fitness or training question, e-mail Andrea at letters.kfws@hearstsc.com or write her in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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Tips To Stay Healthy In Extreme Heat

The Massachusetts Emergency Management Agency (MAMA) advises people to be cautious in extreme heat.

"A few common sense measures can reduce heat-related problems, especially for the elderly, the very young, and people with respiratory ailments who are more susceptible to the effects of high temperatures," said MAMA director Cristine McCombs.

MEMA offers tips to help keep cool and safe:

• Slow down, avoid strenuous activity. Do not try to do too much on a hot day.

• Wear lightweight, loose-fitting, light-colored clothing. Light colors will reflect heat and sunlight, and help maintain normal body temperature. Protect the face with a wide-brimmed hat.

• Drink plenty of water, regularly and often, even when not feeling thirsty.

• Limit the intake of alcoholic beverages. They can actually dehydrate the body.

• Eat well-balanced, light, regular meals. Avoid high-protein foods that increase metabolic heat.

• Stay indoors as much as possible.

• For those without air-conditioning, stay on the lowest floor, out of the sun. Electric fans do not cool the air, but they do evaporate sweat, which helps cool the body.

• Go to a place to get relief from the heat, such as air-conditioned schools, libraries, theaters, and other community facilities that may offer refuge during the warmest times of the day.

• Cover windows that receive morning or afternoon sun with drapes, shades, awnings or louvers. Outdoor awnings or louvers can reduce the heat that enters a home by up to 80 percent.

• Avoid too much sunshine. Sunburn slows the skin's ability to cool itself. When outside, use sunscreen lotion with a high SPF (Sun Protection Factor) rating.

• Never leave children or pets alone in a closed vehicle.

• Check on family, friends, and neighbors.

In normal weather, the body's internal thermostat produces perspiration that evaporates and cools the body. However, in extreme heat and high humidity, evaporation is slowed and the body must work extra hard to maintain normal temperature. Following these recommendations can prevent heat cramps, heat exhaustion and heat stroke.

Heat cramps are muscular pains and spasms due to heavy exertion. They usually involve the abdominal muscles or legs and are caused by loss of water due to heavy sweating. Treatment includes getting the person to a cooler place to rest in a comfortable position. Give the person half a glass of cool water every 15 minutes.

Heat exhaustion typically occurs when people overexert themselves in a warm, humid place where body fluids are lost through heavy sweating. Blood flow to the skin increases, causing blood flow to vital organs to decrease, resulting in a form of mild shock. The skin will be cool and moist, appearing either pale or flushed. The victim may have a headache and/or experience nausea. There may also be dizziness. It is important to treat the victim promptly so the condition does not intensify into heat stroke. Get the person to a cooler place. Remove or loosen tight clothing and apply cool, wet cloths, such as towels or sheets. If the person is conscious, supply half a glass of cool water every fifteen minutes, making sure the person drinks slowly. Let the person rest in a comfortable position, and watch carefully for changes in his or her condition.

Heat stroke is the most serious heat emergency. It is life-threatening. The victim's temperature control system, which produces sweating to cool the body, shuts down. The body temperature can rise so high that brain damage and death may result if the body is not cooled quickly. The victim will have hot, red skin, with changes of consciousness. Their pulse will be rapid but weak, and they will experience rapid, shallow breathing. Body temperature can rise to 105F. If the person was sweating from heavy work or exercise, skin may be wet; otherwise it will feel dry. A person suffering from heat stroke needs immediate assistance. Call 911 and move the person to a cooler place. Immerse in a cool bath or wrap in wet sheets. Watch for breathing problems. Keep the person lying down and continue to cool the body any way possible. If the victim refuses water, is vomiting, or there are changes in the level of consciousness, do not give anything to eat or drink.

The Massachusetts Emergency Management Agency (MEMA) is the state agency responsible for coordinating responses during Massachusetts disasters. For more information visit www.mass.gov/mema.

Blood Drive July 24 At Sons Of Italy

The American Red Cross will hold a community blood drive Monday, July 24 from 1 to 7 p.m. at the Quincy Sons of Italy, 120 Quarry St.

To schedule an appointment, call 1-800-448-3543. Positive ID required.

There will be discounted tickets to Six Flags as well as a drawing for Red Sox tickets and gas card.

Exercise Classes For Seniors

The Quincy Council on Aging will hold a safe senior exercise program every Monday and Wednesday at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., Quincy Point.

For more information, call the Council at 617-376-1506.

Vascular Screening Aug. 4 At Quincy Medical Center

Quincy Medical Center, 114 Whitwell St., will host a Stroke & Aneurysm Vascular Evaluation (SAVE) Screening Exam Friday, Aug. 4 from 9 a.m. to 5 p.m.

Conducted by Life Line Screening of America, the Stroke & Aneurysm Vascular Evaluation (S.A.V.E.) Screening Exam is offered free to people at high risk, including men over 60 or women over 65, who have a family history of abdominal aortic aneurysm (AAA) or a personal history of smoking, high blood pressure, or cardiovascular disease.

Call 1-866-220-SAVE (7283) for screening criteria and appointments.

Milton Hospital Hosting Blood Drive July 24

The American Red Cross will hold a blood drive Monday, July 24 from 1 to 7 p.m. in the Nangeroni Center at Milton Hospital, 92 Highland St., Milton.

According to the American Red Cross, someone needs blood in the United States every two seconds. However, only five percent of those eligible donate blood in a given year, and there are no substitutes or alternative sources for blood. Most people have blood to spare, yet there is still not enough to go around.

The American Red Cross's blood donation website, www.givelife.org, notes that blood is needed for emergencies, and for treatment of cancer, blood disorders, sickle cell anemia and other illnesses, as well as in response to disasters. Nearly five million people depend upon blood transfusions every year.

Appointments can be made by calling 1-800-448-3543, or by visiting www.givelife.org.

For more information, contact the Milton Hospital Public Relations Department at 617-313-1220.

DENTISTRY for the 21st Century

by Steven A. Brustin, D.M.D.

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Battles Norwood In Both Games

Morrisette Bows In First Round

Legion Baseball

By CHRIS POISSON

Manager Ray Cattaneo wished his Morrisette American Legion baseball team could have played one more game in the first round of the District 6 playoffs.

If Norwood hadn't rallied for a 5-4 victory in extra innings last Saturday at Adams Field to complete the sweep, Cattaneo liked Morrisette's chances in the third and deciding game.

"It's frustrating," Cattaneo said. "I would've liked to have played one more game and see what happened. We would have gone against their third starter and I would've pitched Steve Connnolly. You never know."

Morrisette, which finished the regular season with a 10-7 record and earned the fourth seed in District 6 East, dropped the first game at Norwood, 6-3, last Friday before suffering the heartbreaking loss. Three years ago, Morrisette also lost two straight to Norwood in the first round.

"I was pleased with the season as a whole," Cattaneo said. "I didn't know what to expect. We only had two pitchers in Matt Haskins and Steve Sullivan and we had to go look for some more. Brian Sullivan and Steve Connolly threw some good games.

"In the beginning we played some tough games and gave away a lot of runs. But we tightened up our defense as the season went along and played well. A lot of the younger kids played well. It's a little different than high school and they hung in there."

Morrisette played stellar defense against Norwood, committing one error and allowing no earned runs. But it put too many extra runners on base with 10 hit batsmen and Norwood took advantage.

"We were in both games," Cattaneo said. "We stayed right with them. We shot ourselves in the foot with the hit batsmen and they all seemed to score. Our defense played well and other than the hit batsmen, our pitchers did fine. They got out of some jams."

In the second game, Norwood took a 1-0 lead in first inning and added a pair in the fourth before Morrisette responded loudly with five hits in the bottom half.

Brian Sullivan walked and Joe Garland and Ricky Salvucci each singled to load the bases. Jonathan Pelletier, Mike Burke and Joe Lousarian each followed with RBI singles to tie the game.

Joe Vialpando plated Pelletier with a sacrifice fly to left field for a 4-3 lead, but a runner was doubled up at second base to slow down the momentum.

Morrisette couldn't hold onto the slim lead as Norwood tied the game in the seventh to force extra innings where it pushed across a run in the eighth for the win.

Morrisette had a chance in its last at-bat. With two outs, Pelletier and Burke each singled to put runners on the corners but Lousararian hit a hard ground ball right back to the pitcher to end the season.

Haskins started and gave up four runs in 6 1/3 innings and Steve Sullivan gave up a run in 1 2/3 innings of relief.

In the first game, Morrisette caught a tough break in the third inning. Down 1-0, it loaded the bases with no outs but failed to score when Ray Marchand ripped a line drive that the second baseman made a leaping catch for the out and then threw to second to double up the runner to end the inning.

"That was a tough one," Cattaneo said. "We would've went ahead. That would've been at least two runs and if the ball goes in the gap three runs."

Norwood scored four times in the bottom half off starter Steve Sullivan for a 5-0 advantage. In the sixth, Morrisette got on the board when Marchand crushed an RBI triple and scored on Brian Sullivan's single.

Norwood made it 6-2 with a run in the bottom half and Morrisette closed out the scoring with a run in the seventh. Pelletier and Vialpando singled with two outs and with Marchand up, Pelletier stole third and scored on an errant throw.

Morrisette's final game of the regular season against Canton last Wednesday at home was canceled due to rain. The previous day, a seventh-inning rally came up short in a 4-3 loss at Hyde Park.

Connolly gave up three earned runs on five hits in a 65-pitch outing. Hyde Park scored a pair of runs in the first inning and added runs in the second and third for a 4-0 lead.

In the seventh, Marchand led off with a pinch-hit single and with one out Salvucci reached on a fielder's choice. He stole second and scored on Lousararian's single.

Lousararian stole second and third and crossed home on Haskins' pinch-hit single. Vialpando singled and Brian Sullivan (3-for-3) followed with an RBI single to make it 4-3 with runners on the corners, but Morrisette couldn't push across the tying run.

THE QUINCY ELKS recently captured the championship in Quincy Youth Baseball's Cal Ripken Major League Division. They are shown here in Mayor William Phelan's office where they received a commendation and presented Phelan an autographed team baseball. Kneeling, from the left: Terrence Rooney, Connor Doherty, Tom Garland, Ryan Doherty, Dan Guarante, Matt Davis. Standing: head coach Mark Tobin, Mike Morrison, Paul Tracey, leading knight, Quincy Elks; Austin Tobin, Phelan, Phillip Toomey, Tom Largey, Jimmy Folk, loyal knight, Quincy Elks; Alex Loud, assistant coaches Andy Hollatz and Bill Toomey. Missing: Zachary Stearns, Patrick Buell. *Quincy Sun photo/Robert Noble*

Elks Cal Ripken Major League Champs

The Quincy Elks recently captured Quincy Youth Baseball's Cal Ripken Major League championship with a thrilling, 1-0 victory in extra innings over Quincy.com.

After leading the league with a 14-1 record in the regular season, the Elks defeated Rotary Club, Keohane's and Quincy.com in the playoffs before falling to Quincy.com, 4-3, to set up a rematch in the championship game.

SPORTS

In that game, pitching took over as Mike Morrison and Anthony Fonte of Quincy.com dueled through six scoreless innings.

With two outs in the bottom of the seventh, Ryan Doherty drew a walk, Phillip Toomey blasted a long single to the fence and Austin Tobin walked to load the bases. And Zach Stearns, with a full count, provided the heroics with the game-winning hit.

During the season, the Elks were led by a core group of talented 12-year-olds: Connor Doherty, Ryan Doherty, Morrison, Terrence Rooney, Stearns, Tobin and Toomey. Returning Elks are Tommy Garland, Patrick Buell and Alex Loud along with rookies Matt Davis, Tom Largey and Dan Guarante.

Head coach Mark Tobin, assistants Andy Hollatz and Bill Toomey along with all the players thank the Elks organization and all the other sponsors for their continued support of Quincy Youth Baseball and other activities in the community.

Arts, Crafts Clinic Registration July 24-28

The Quincy Recreation Department is still accepting registration for its arts and crafts clinic to be held July 24-28 from 8:30 a.m. to 12:30 p.m. at Dawes Memorial Estate.

The clinic, which is open to participants ages 8 to 12, offers simple projects which may include decorations, arrangements, paintings, ribbons and lace work that will result in a completed project.

Cost is $63 and participants need to bring $3 each day for materials. Anne Howie, a professional instructor for area agencies, will be the director.

Registration is being accepted at the Quincy Recreation Department office, One Merrymount Parkway, Monday through Friday, from 9 a.m. to 4 p.m. For more information, call 617-376-1394.

22 Residents Participating In Bay State Summer Game

Twenty-two Quincy residents are participating in the 25th annual Bay State Summer Games, which began July 10 and will conclude Sunday.

They are:

Kevin Bossart, baseball; Louis Chin, wrestling; Billy Chiu, wrestling; Tom Conley, baseball; Robert DeAngelis, ice hockey; Pierre Desbiens, badminton; Ryan Fahey, swimming; Hannah Flattery, swimming; Leah Glennon, swimming; Adams Jean-Baptiste, track and field; Phil Kelly, wrestling.

Dennis Leung, wrestling; Jack Leung, wrestling; Brian Mahoney, basketball; Zachery Manning, wrestling; Joseph Page, track and field; Jeff Pereira, track and field; Paul Reggieninni, wrestling; Danny Sok, wrestling; Sarah Tran, swimming; Eric Tso, wrestling; Kenny Xu, wrestling.

Dennis Thomson Memorial Golf Banquet Aug. 18

The second annual golf tournament banquet in memory of Dennis C. Thomson will be held Friday, Aug. 18, at 2 p.m. at the Quincy Sons of Italy hall.

Cost is $25 per person. There will be a buffet, raffles and many prizes awarded. Proceeds will benefit the Dennis C. Thomson North Quincy High School Scholarship Fund.

Checks and donations should be made payable to Dennis C. Thomson Scholarship Fund, c/o Mary Merna, 13 Mullins Ave., Quincy, MA 02169.

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You Auto Know

by Bill Starkie and Kevin McGroarty

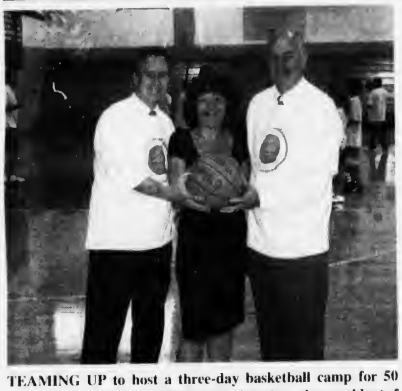
FAN APPRECIATION

Summer is no time for your vehicle's cooling fan (or any part of the cooling system) to fail. This can result in an engine-overheating situation that can leave you stranded. In front-wheel-drive cars, the fans are usually driven by electricity, since the engine is mounted transversely, which points the engine toward the side. In rear-wheel-drive vehicles, with longitudinally placed engines, the fan is usually driven by a belt. In either case, failure of the fan to work places the car in jeopardy of overheating. This is the first place to look in the event that the engine temperature gauge goes into the red zone. Give it a look, and arrange for a technician to make the repair.

During these summer days, your cooling system is put under extra stress. Not only is the temperature hotter, driving trips longer, but the AC is usually on. At LEO & WALT'S SUNOCO, we strive to keep your car in perfect running order, especially during the hot days of summer. If you have issues with your cooling system, or just to have it checked please come to 258 Quincy Ave., E. Braintree, or call 781-843-1550. This summer we are your local source for propane for grills, motor homes, and converted vehicles.

HINT: The radiator cooling fan should come on within a minute or so of the air-conditioning being turned on.

Leo & Walt's Sunoco
258 QUINCY AVE., E. BRAINTREE
781-843-1550



TEAMING UP to host a three-day basketball camp for 50 students were, from the left, Peter Waisgerber, vice president of financial development and communications of the South YMCA; Kathy Quigley, director of the Germantown Neighborhood Center; and Norfolk County District Attorney William Keating.

DA's Office, Germantown Center, YMCA Team Up For Hoop Clinic

The Norfolk District Attorney's Office, in partnership with the Germantown Neighborhood Center and the YMCA, held a three-day basketball camp last week for Quincy boys and girls.

Fifty participants took part in the camp at Quincy High School. They were coached in both basketball training and positive attitudes on and off the court, benefiting from individual and group instruction, skills and conditioning training, organized games, and distinguished guest speakers.

Those attending camp particularly enjoyed the championship basketball game, where they had the opportunity to show off the new skills they'd learned to their parents and coaches on the last day of camp.

The program featured four speakers, including Jeff Bretsch, girls' basketball coach at Quincy High School who spoke on form shooting; Bob Fisher, boys' basketball coach at Quincy who gave a motivational speech on success on and off the courts; Ken Hardee, head coach of the Eastern Nazarene College women's basketball team who spoke on ball handling; and District Attorney William Keating.

The District Attorney's Office wants to thank all of the young basketball stars and their parents who made the camp a wonderful experience with their talents, showmanship and teamwork, and looks forward to running another basketball program next summer.

FIFTY STUDENTS participated in a three-day basketball camp last week at Quincy High School. The program was sponsored by the Norfolk District Attorney's Office, the Germantown Neighborhood Center and the YMCA.

Gold Medal Winner

MARYELLEN BIRCHMORE of Quincy won a gold medal in the 25-meter walk at Habilitation Assistance Corp.'s recent 18th annual Special Olympics. She also received the Shaw Award for high spirits.

Wollaston Teams Surging In Senior Babe Ruth

The Wollaston Senior Babe Ruth baseball teams are both surging as the regular season nears the end.

Last week, Wollaston I (7-6-1) went 4-1-1 to move into third place and Wollaston II (7-8) went 3-1 to move into fifth place in the nine-team league. The top four teams qualify for the playoffs.

Wollaston I started the week with a 9-9 tie Monday against then league-leading Cedar Grove. The offensive stars were John Orlando (4-for-4, three runs), Phi Nguyen (2-for-3, two runs, RBI) and Paul Doolan (2-for-3, three RBI). Mike Crifo pitched well to preserve the tie.

The next evening it beat Wollaston II, 12-2, as starter Joe Cuervals and reliever Eric Anglehart (save) held them to three hits. Joe Griffin (three hits, two runs, four RBI), Doolan (two hits, three RBI), Steve Matos (hit, two RBI) and Orlando (hit, two runs) led the offensive attack.

On Thursday, Mike MacPherson limited Braintree II to a hit in six scoreless innings in an 8-1 victory. Orlando went 4-for-4 with a triple, RBI and two runs. Griffin (2-for-3, RBI) and MacPherson (2-for-3) contributed to the offense.

Doolan continued Wollaston I's strong pitching performances by hurling a three-hit shutout against second-place Hanover. He struck out six and walked none. Griffin (two hits, two RBI, two runs) and Crifo (2-for-3, three RBI) led the offense. Dan O'Connell, Anthony Gilbody and Nguyen each had a hit and run scored.

Wollaston I began the weekend with a heart-breaking, 2-1 loss to Hingham Saturday, but closed out the week by beating the talented Braintree I squad, 3-0. Griffin limited Hingham to five hits and an earned run. He also tripled and scored the only run on a single by Matos. In the seventh, Wendell Cosgrove led off with a single, advanced to third on an error and a walk but was left stranded.

The next day, MacPherson won his second game of the week with a five-hit shutout over Braintree I. Orlando doubled, moved to third on a wild pitch and scored on Doolan's squeeze bunt. Crifo and Mark DeMelin both singled and scored on wild pitches.

Wollaston II started the week with the loss to Wollaston I. Dave Regan, Brendan Carnell and Danny Myers (RBI) had the only hits. Nick Masone and Tom Pepe scored the runs and Rob DeAngelis had the other RBI.

Wollaston II bounced back Thursday with an eight-inning, come-from-behind 5-4 victory over Cedar Grove. Matt Edgerly held them to four hits over 5 1/3 innings and Myers earned the win with 2 2/3 innings of hitless relief.

Cedar Grove scored an unearned run in the top of the eighth but Wollaston II responded with RBI hits by Masone and Myers (two hits, two RBI). Other stars were Carnell (two hits, two runs), Edwin Nunez (double, RBI), Rob Mann (hit) and Eric Moreschi (hit).

Wollaston II won by forfeit over Hingham Friday and it closed the week Sunday with a 12-1 win over Braintree II. Mann notched the victory, limiting Braintree II to a pair of hits. Moreschi closed the game without allowing a hit or run.

Leading the way were Nunez (three hits, two doubles, three RBI), Myers (two hits, three RBI) and Regan (two hits, two runs, RBI). Other contributors were Edgerly (two runs, RBI), Alex Tragellis (double, RBI) and Danny Munkley (double, RBI), Chris Timmins (run), Pepe (run), Chris Doyle (run) and Brendan Carey (RBI on squeeze bunt).

Quincy High Football Preseason Schedule

Quincy High School football head coach Bob Noble announces the following schedule for the preseason:

• Equipment issue: Juniors and seniors, Aug. 7 from 6 to 8 p.m.; sophomores and freshman, Aug. 9 from 6 to 8 p.m. Bring user fee, physical card, parental permission card.

• Physicals: Aug. 11, 25 and 31 at Quincy High School from 8:30 a.m. to noon.

• Pigskin Camp: Aug. 14-18 from 8 a.m. to noon at Braintree High School. Mandatory. Cost is $85 plus $25 bus fee.

• Non-contact conditioning: Aug. 21-23 from 8 to 11:30 a.m. at Faxon Field, corner of Southern Artery and Coddington Street. Mandatory. Practice jerseys and shorts only and cleats.

• Double-session practices: Aug. 24-25, 28-30, from 8:30 to 11:30 a.m. and from 1 to 3 p.m. Bring lunch.

• Single-session practices: Aug. 26, 31, Sept. 1-2, from 8:30 to 11:30 a.m.

Grindlay Memorial Fund Trip To PawSox July 29

The Gerald Grindlay Memorial Fund will hold its fourth annual trip to see the Pawtucket Red Sox at McCoy Stadium Saturday, July 29.

Tickets are $33 and include game admission and an all-you-can-eat barbecue from 4 to 6 p.m. The game vs. the Buffalo Bison is scheduled for 6:05 p.m.

In addition, the PawSox are giving away Jonathan Papelbon Bobbleheads to children ages 14 and under.

All proceeds benefit the Gerald Grindlay Memorial Fund. Over the past few years, the proceeds have been used to fund book awards for local students entering private high schools. This year's book award winners were Kyle Roche and Victoria Barney of St. Ann's School in Wollaston.

To purchase tickets or for more information, contact Michael Grindlay at 617-479-2663 or Catherine Grindlay at 617-293-8417.

Wollaston Beach Volleyball Challenge July 30

The eighth annual Wollaston Beach Volleyball Challenge will be held Sunday, July 30, beginning at 10 a.m. at the southern end of Wollaston Beach.

Registration costs $125 per team. Interested teams should sign up by calling Ward 5 Councillor Doug Gutro, co-organizer of the tournament, at 617-376-1355, or by visiting Tony's Clam Shop or calling 617-773-5090.

Up to 16 co-ed adult teams can compete in the tourney. Teams must consist of three men and three women. One male and one female alternate on each team are permissible.

There will be three nets with constant play in the double-elimination tournament. Local sponsors contribute to provide free volleyball challenge T-shirts to the first 100 players registered and prizes for the winners and runners-up.

Jim Rendle, athletic director and former North Quincy High School girls' volleyball coach, volunteers as the head official.

Proceeds will go to the Wollaston Beach Clean-up Fund designed to promote educational and recreational events along Wollaston Beach as well as scholarships for high school volleyball players from Quincy public schools.

Gutro's team won the championship last year.

Summer Schedule For Fall Sports Physicals

Quincy Public Schools announces its summer schedule for sports physicals for the fall season:

• Aug. 4: 8:30 a.m. to noon, North Quincy High School.

• Aug. 11: 8:30 a.m. to noon, Quincy High School.

• Aug. 18: 8:30 a.m. to noon, North Quincy.

• Aug. 25: 8:30 a.m. to noon, Quincy.

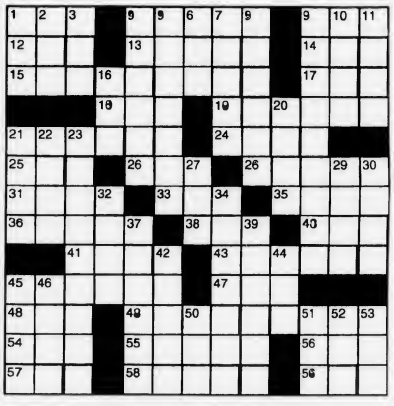
• Aug. 31: 8:30 a.m. to noon, Quincy.

SUN FUN PAGE

King Crossword

ACROSS
1 Lustrous black
4 Japanese cartooning style
9 Support system?
12 Raw rock
13 Short letters
14 - U.S. Pat. Off.
15 Dangerously fast
17 Corn spike
18 They, in Toulouse
19 17-year locust
21 Legal pad
24 Uncontrollable
25 It's good for a breather
26 Upper area
28 Encloses
31 Notion
33 Golf statistic
35 Satan's forte
36 Inclines
38 Agreer's word
40 - out a living
41 Door handle
43 Made amends
45 Slander
47 Old man
48 Old Glory's home (Abbr.)
49 Disintegration
54 Fool
55 Run off to wed
56 Chart format
57 Realtor's offering
58 Landlord's fees
59 Stick with a kick

DOWN
1 Exemplar of patience
2 Blunder
3 Shirt shape
4 Short sock
5 Continuous
6 Resident (Suffix)
7 Center of activity
8 Igloo denizen
9 Neither profit nor lose
10 Peruse
11 Taj Mahal city
16 Have a bug
20 Manage somehow
21 Whippet's wagger
22 Assistant
23 It may be continental
27 Remuneration
29 Sneaker brand
30 Coaster
32 "- Karenina"
34 Tweak further
37 Gloomy
39 Puts on the line
42 "Mr. Television"
44 Peculiar
45 Two-way
46 Old gasoline name
50 Very long time
51 Choose
52 Victory
53 Butterfly catcher



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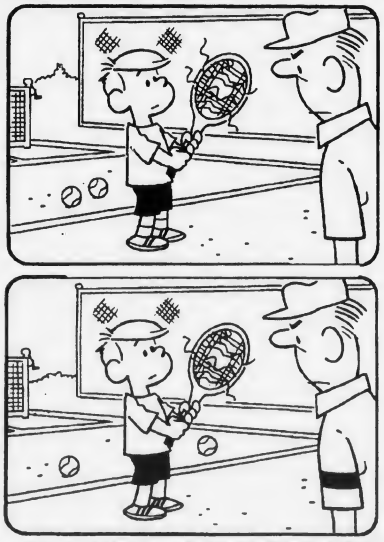
HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

Difference: 1. String a missing. 2. Ball is moved. 3. Sleeve is differe 4. Hedge is smaller. 5. Sneakers are different. 6. Socks are missing.

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- Start seeds in peat pots, or buy young plants
- Pick a sunny planting spot with enriched soil
- Water the plant's base, not the foliage or fruit
- Support the plants with stakes, tie vines loosly
- Prune plants to yield more fruit. Harvest often
- Remove any fallen fruit on the ground nearby.

MAGIC MAZE • AMERICAN ART TOWNS

E V S P N K I F C A X V S Q O

L F E U R E K A T O S A R A S

J H A E S C A X V T G R E P N

L J E T L O V E L A N D I R H

T F D C N M A H G N I L L E B

B R Y X N A C T V R R T E D R

A P O O M E S H U K P I P L G

S E L P A N R L I E S D T U B

P Z X W W U L W T C T R N O Q

E L L I V E H S A O O N O B L

N J I G T F N D C L H A M Y X

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Asheville, Aspen, Bellingham, Boulder, Chico, Eureka, Hot Springs, Lawrence, Loveland, Montpelier, Naples, Newport, Sarasota, Taos, Telluride

Trivia test by Fifi Rodriguez

1. FOOD: What is the chemical name for Vitamin A?
2. HISTORY: Why would a knight need a hauberk in the Middle Ages?
3. MEDICINE: What part of the body does Crohn's disease usually affect?
4. ANCIENT WORLD: What was the philosopher Diogenes best known for?
5. GAMES: What is a hat trick?
6. GEOGRAPHY: What larger island lies to Jamaica's north?
7. ANIMAL KINGDOM: What is a quagga?
8. MUSIC: What instrument is the musician Ravi Shankar known for playing?
9. LANGUAGE: What is a somnambulist?
10. AMERICANA: What American hero led a party to construct the Wilderness Road, an early route across the Appalachian Mountains?

Answers

1. Retinol
2. Protection — it's a chain-mail tunic
3. Intestines
4. Founding the schools of Cynics, who practiced strict asceticism
5. A score of three goals by the same player
6. Cuba
7. Extinct zebra of South Africa
8. Sitar
9. Sleepwalker
10. Daniel Boone

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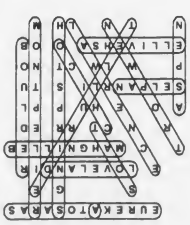
King Crossword — Answers

Magic maze — Answers

AMERICAN ART TOWNS



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Salome's Stars

ARIES (March 21 to April 19) You're not Sheepish when it comes to asserting your opinions on what you think is right or wrong. Be assured that you're being heard, and something positive will follow.

TAURUS (April 20 to May 20) Your sense of justice makes it difficult not to speak up about a recurring matter involving a co-worker. But, once again, you need facts to back you up before you can act.

GEMINI (May 21 to June 20) Romance is still dominant, and if Cupid misfired before, don't worry. He'll take better aim at someone new this time around. Expect favorable news about a financial matter.

CANCER (June 21 to July 22) The zodiac's Moon Children can expect things to work out pretty much as planned. One negative note involves a minor relationship problem that suddenly turns serious.

LEO (July 23 to August 22) You're suddenly being asked to make choices between two practically equal offers. Which one to choose? Easy. The one most likely to gladden your Lion's heart.

VIRGO (August 23 to September 22) Once again, you're confronted by a workplace problem you thought you'd already resolved. This time, you might need to go higher up to find a just resolution.

LIBRA (September 23 to October 22) Good for you: You're determined to stick with your goals and ignore those naysayers who might try to discourage you. You're on the right track. The challenge now is to stay on it.

SCORPIO (October 23 to November 21) You'll soon get news that is supposed to help you with a troublesome situation. Use your sharp Scorpion instincts to determine if the information is reliable.

SAGITTARIUS (November 22 to December 21) If you learn someone has betrayed your trust, don't just accept it and walk away. You need to know why that person decided to do what he or she did.

CAPRICORN (December 22 to January 19) A painful family relationship problem could finally begin to heal. Be prepared to show more flexibility than you might like. But it could be worth it.

AQUARIUS (January 20 to February 18) It's a good idea to enhance your career skills so you'll be prepared to accept a more responsible position when it's offered. A friend returns a favor just when you need it.

PISCES (February 19 to March 20) Show that strong, steely backbone that you usually hide, and demand to be included in any family decision-making that could affect the well-being of a loved one.

BORN THIS WEEK: You can be happy being alone at home. But you also love exploring the world outside and meeting new people and sharing new ideas.

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Wishing Well®

6	4	7	2	6	4	6	5	4	7	8	7	6
E	L	R	A	A	I	S	V	F	E	B	L	E
4	2	3	4	3	7	6	3	4	2	3	7	2
E	N	M	I	O	A	Y	N	S	E	E	T	W
3	6	7	3	5	8	4	7	5	3	5	4	3
Y	O	I	T	A	E	P	V	L	H	U	E	R
2	7	6	7	3	7	3	4	3	4	5	6	3
D	E	U	S	O	V	U	A	G	C	E	R	H
6	5	4	5	6	3	2	4	6	3	4	5	3
M	F	E	R	I	O	A	F	N	R	U	I	I
5	3	7	4	7	2	6	5	3	2	3	5	7
E	G	I	L	S	W	D	N	I	N	N	D	I
3	5	7	3	8	3	8	3	8	3	8	3	3
A	S	T	L	T	I	I	D	D	E	Y	A	S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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REAL ESTATE

Conway Dinner, Auction To Benefit Homeless

The Jack Conway & Co. Real Estate firm is getting ready for the 7th annual "Dishin it up for the Homeless" dinner and auction to benefit the MainSpring Coalition for the Homeless, based in Brockton.

The event is held each year to raise funds for the four shelters operated by the MainSpring Coalition: The MainSpring House in Brockton, Conway House in Middleboro (named after Jack and Patti Conway), Montello House, and Evelyn House in Stoughton.

The facilities are staffed 24 hours a day, 365 days per year. Each year MainSpring Coalition serves more than 1,500 homeless men, women, and children in Southeastern Massachusetts, and is the only organization of its kind in the region.

This year, Jack Conway, his wife Patti, and granddaughter Corrie will be the special honorees at the dinner and auction.

"The success of our organization is built on the shoulders of Jack and Patti, and all the people in Conway Country," said MainSpring interim Director Jerry Ryan. "The ultimate goal of MainSpring is to end homelessness in our neighborhoods and because of the support of the Jack Conway Company, the federal government looks to us to take the lead in that endeavor," said Ryan.

"Dishin it up for the Homeless" has raised over $500,000 since its inception, and organizers are confident of another huge success this year. "The entire community comes together for this worthwhile event each year, and Im sure this year will be no exception," said company Chairman Jack Conway.

Items for the live and silent auctions include gift certificates to area restaurants and spas; local works of art, vacation getaway packages, and many sports related items. This year's auctioneer will once again be Susan Wornick of WCVB-TV, Channel 5.

The fundraiser will be held on Thursday Nov. 2 at Christina's Function Hall on Washington St., Route 1, in Foxboro beginning at 6:30.

Tickets are $100 per person and a table of 8 for $800. For ticket information or to donate auction items, contact Auction Committee Co-Chair Dawn Stevens at the Jack Conway Company at 781-871-0080, ext. 318.

JACK CONWAY COMPANY "Dishin it up for the Homeless" Committee at their kickoff meeting at Conway Headquarters in Norwell.

12 Luxury Condominiums To Be Built

Flavin & Flavin Sells Insurance Agency Property On Quincy Ave.

Michael Flavin of Flavin & Flavin Real Estate in Quincy recently sold the well-known Tobman Insurance Agency's property at 488 Quincy Ave. and East Howard St. to local real estate developer Thomas Fitzgerald.

Fred Tobman, who purchased the property in 1978, ran the Tobman Insurance Agency from the property's location until the recent property sale. The property is located directly across from the Quincy Fore River shipyard proposed development site and will be developed and replaced with 12 luxury condominium homes containing 1,600- to 1,800-square feet.

Construction is scheduled to begin in August.

The Tobman Insurance Agency has relocated to newer and modern office space at 12 McGrath Highway in Quincy Center.

Michael Flavin, marketing agent for Fitzgerald, said the new condominium homes will have panoramic and water views, garage parking, and upgrades usually associated with higher priced homes.

Flavin & Flavin is marketing Fitzgerald's 26 luxury condominiums at the site of the former Golden Bowl Restaurant on Franklin St., Quincy, now known as "Presidents Crossing" with 60 percent of units sold.

For more information, contact Flavin & Flavin Realty at 617-479-1000 or visit www.flavinandflavin.com.

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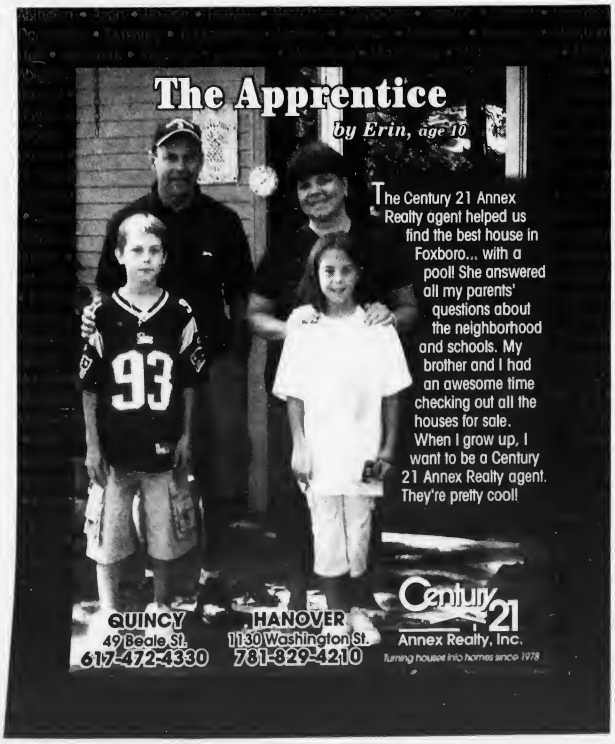

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To find out more about the incredible properties we have available, visit ***www.djflynn.com or call 617-479-9000***

REAL ESTATE

THIS IS A HAMMER

By Samantha Mazzotta

Leaky Roof? Check Flashing

Q. During the heavy rains recently, a leak developed in one of our second-floor bedrooms. I can't find the source of the leak, and it's in an improbable place. The only thing that might have happened is that the leak is near enough to the chimney that it ran along the outside of the chimney to the ceiling and then pooled above the bedroom. But I can't see any damage from the attic, and the shingles on the roof look all right. Do you have any suggestions on resolving this? — *Dan L., Medford, Mass.*

A. My first thought is that a leak has developed in the flashing around the chimney. Flashing is a soft metal (aluminum or copper) used to seal joints between the roof sheathing and things jutting through the sheathing, like chimneys or vent stacks, as well as the joints where the sides of the roof meet. It is tapped into place with a hammer or mallet so that it conforms tightly to the materials next to the joint, overlapping by a few inches. Then a weather-resistant sealing compound is applied to the flashing to hold it in place and provide additional protection from water and debris.

The trouble is, housing materials, sealants and soft metal all expand and contract and deteriorate over the years, and even the most flexible of materials eventually cannot cover the little gaps that appear. Sometimes these gaps are not easily seen; sometimes, in heavy, wind-driven rains, water is forced into crevices one never thought of, causing a little bit of damage that becomes bigger with each rain, wind or snowstorm.

Check the flashing around the chimney, looking for cracks, gaps, warping of the metal or other damage. Visually inspect the outside of the chimney as well for cracks in the masonry or gaps in the mortar (another serious issue that needs immediate attention if discovered, due to the risk of house fires). Make your way along the joints of the roof — anywhere two sides meet — to inspect the flashing and sealants.

Damaged flashing can be temporarily patched if another long period of rain is forecast, but this patch will fail quickly. So plan on replacing the metal flashing in the damaged area completely, as soon as a couple of warm, sunny days are expected. You can do this yourself, with the correct materials and tools, or if extensive damage is noted, contact a roofing contractor.

Send questions or home repair tips to homeguru2000@hotmail.com, or write This Is a Hammer, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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Choosing Exterior For A Home

(NAPS) When building or remodeling a home, there are many things to consider, from small details like the style of bathroom tiles and kitchen cabinets to more significant, lasting decisions, such as the exterior facade of a home.

In the past, exterior options were limited and one look or profile was used for the entire home. Today's exterior product market offers a wide range of options, from accessories to coveralls.

Choosing a home's exterior can be one of the most significant decisions in the life of a home. For a one-of-a-kind look, take advantage of design options:

• Use siding profiles such as board and batten or shake siding to highlight dormers or gables, the triangular portion below the roof peak.

• Accentuate the front of a home by combining siding products such as vinyl, brick, stone, stucco or insulated siding, the latest advancement in maintenance-free siding. This offers the opportunity to highlight a home's unique architecture while hiding imperfections.

• Add accessories such as window trims and decorative corner post systems to create added charm.

• Incorporate multiple color options to bring a home to life... choose a subtle shade as a cover-all with light trim. For example, an evergreen trim can be the perfect complement for a beige cover-all.

• Select a siding product that offers not only the desired look, but also the complementary options to create a visible expression and a lasting impression.

Recently, many homeowners have discovered insulated siding or solid core siding as the ideal design option for any home exterior. Available in a range of styles and colors, including a complete line of trim accessories and profiles such as a vertical board and batten and beading siding, insulated siding supplies the perfect complement or contrast for any home exterior such as brick, stone or stucco.

Made popular by six- or seven-inch profiles, insulated siding offers the wide design and authentic cedar grain texture of real wood, but without the maintenance hassles. Its rigid foam core backing allows for the design of architecturally correct profiles and better energy efficiency for added savings.

For more information and siding ideas, visit www.cranesideing.com.

SENIOR NEWS LINE

by Matilda Charles

Expert Help With Downsizing

Most of us move more than once during the course of our lives, and often it's to a larger living space as the family expands. But eventually a move will involve that horrible word: downsizing.

Downsizing can send a chill down the spine of the heartiest of us because it might mean getting rid of a lifetime of possessions and cramming the rest into a tiny space.

It doesn't have to be painful, however, and whether you're going into a smaller home, apartment, condo or retirement residence, help is available. The National Association of Senior Move Managers, founded by Nancy Loyd and Mary Ann Brewer, owners of Busy Buddies, Inc., is an affiliation of movers who walk you through the whole process. According to their Web site, they will:

• Develop a game plan for the move. The move manager comes to your home and determines just what services are necessary. The first step is sorting what goes and what stays.

• Generate customized floor plans in advance so you can see where every piece of furniture will go — or not go. The manager actually goes to the new place and makes a detailed drawing of the available space.

• Arrange for disposal of items you won't be taking with you, through consignment, garage sale, donation, auction or estate sale. The manager has contacts to help with all those.

• Oversee the movers and the schedule, and arrange for shipping.

• Pack up the current residence and unpack at the new residence, and you don't have to lift a finger. If necessary, arrangements are made for a motel the day of the move.

• Handle related requirements, such as help with choosing a realtor and getting the current residence ready to be sold.

How painless!

Matilda Charles regrets that she cannot personally answer reader questions, but will incorporate them in her column whenever possible. Do not send any material requiring return mail. Write to her in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send e-mail to letters.kfws@hearstsc.com.

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Portable Generator Safety

(NAPS) Portable electric generators provide a good source of power, but if improperly installed or operated, can become deadly.

To keep families safe, the Electrical Safety Foundation International (ESFI) and Consumer Product Safety Commission (CPSC) offer a helpful new video and recommend taking the following precautions:

• Contact a licensed electrician to install a generator to make sure it meets local codes. Do not connect generators directly to household wiring without an appropriate transfer switch installed.

Power from generators connected directly to household wiring can backfeed along power lines and electrocute anyone coming in contact with them, including lineworkers making repairs. Other tips include:

• Make sure the generator is properly grounded.

• Keep the generator dry.

• Make sure extension cords used with generators are rated for the load, and are free of cuts and worn insulation and have three-pronged plugs.

• Do not overload the generator. A portable generator should be used only when necessary and only to power essential equipment or appliances.

• Never operate the generator in enclosed or partially enclosed spaces. use carbon monoxide detectors in nearby enclosed spaces to monitor levels. Generators can produce high levels of carbon monoxide very quickly, which can be deadly.

• Use a ground fault circuit interrupter (GFCI) to help prevent electrocutions and electrical shock injuries.

• Make sure fuel for the generator is stored safely, away from living areas, in properly labeled containers and away from fuel-burning appliances. Before refueling, always turn the generator off and let it cool down.

• Turn off all appliances powered by the generator before shutting down the generator.

• Keep children away from portable generators at all times.

Electricity is a powerful tool. It can also be a hazard. Better safety standards have reduced electrical hazards that cause deaths, injuries and property damage. But good safety habits are still the best prevention against electrical hazards.

Visit www.electrical-safety.org for more information on electrical hazards and precautions.

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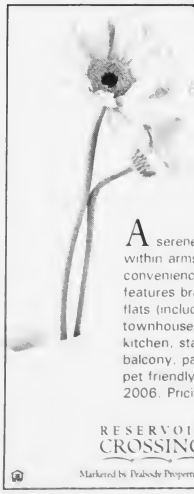

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Religion

'Summer On The Hill' At First Baptist Church Of Wollaston

First Baptist Church of Wollaston, 81 Prospect Ave., Wollaston, is sponsoring two weeks of "Summer on the Hill."

Week 1, with the theme "Creating Tiny Treasures," will be held Monday, July 31 through Friday, Aug. 4 from 9 a.m. to 11:30 a.m. The program is for boys and girls ages 9 through 12. Cost is $15 per person.

Each participant will create and assemble a small room in miniature with several themes available.

Week 2 will be held Monday, Aug. 7 through Friday, Aug. 11 from 9 a.m. until noon. During this week, the Harmony Youth Chorus for boys and girls who have completed grades 1 through 7 will produce a musical play with parts for everyone.

Cost is $25 per person or $45 per family.

The activities are for boys and girls of all faiths and cultures.

For information or to register, call the church office at 617-472-0824.

Houghs Neck Congregational Church Seeks Entries For Fall 'Country Fair'

Quilting, pie baking, tomato growing and jam-making are some of the contests to be held as part of Houghs Neck Congregational Church's upcoming Fall Country Fair.

To be held Saturday, Sept. 30 at the church, 310 Manet Ave., the Country Fair will feature of a number of prize contests, including contests for quilting, jam and jelly making, pie baking, flower arranging, tomato growing and zucchini growing.

Additional contests will offer prizes for funniest pet photo, best African violet and a best vegetable sculpture for kids age 12 and under.

To receive a copy of the contest rules and an entry form, e-mail hncc@comcast.net and write "Fair Contest" in the subject line, or call Sue at (617) 479-2311.

Bethany Congregational

Bethany Congregational Church, 18 Spear St., Quincy Center, will have Sunday worship beginning at 10 a.m.

The Rev. Ann Rearick will conduct the service and preach a sermon.

There will also be a children's message.

Childcare is available for infants and toddlers.

Following the worship service there will be a fellowship time in the Allen Parlor. Light refreshments will be served.

Covenant Congregational Church Vacation Bible School Aug. 7-11

The Covenant Congregational Church, 315 Whitwell St., Quincy, will hold its Vacation Bible School Monday, Aug. 7 through Friday, Aug. 11 from 6:30 p.m. to 8 p.m. daily.

This year's theme is "God's Direction is Always Best." Students will "travel" to China, Chile and Chad and learn how God loves everyone in this world the same.

The school is free but is limited to children who are going into fifth grade, down to five years old.

For more information, or to register a child, call Covenant Congregational Church at 617-479-5728.

Salvation Army Vacation Bible School

The Salvation Army will hold its annual Daily Vacation Bible School Aug. 14-18 from 10 a.m. to 2 p.m. each day for children in grades 1-6.

Preschool children who attend the Sonshine Preschool are also invited to attend.

The school is free. Each child should bring a lunch. There will be a Bible story, gym time, craft time, and singing each day.

To register, call 617-472-2345.

On Thursday, Aug. 17 from 6 to 7:30 p.m., the Salvation Army will hold a free family fun night. There will be games, a moon walk, a dunk tank, and prizes.

Free hot dogs and beverages will be served.

Father Bill's Food Fest, Auction Aug. 1

The 12th annual Father Bill's Place Food Fest and Auction will be held Tuesday, Aug. 1 from 6 to 10 p.m. at WaterWorks, Marina Bay, North Quincy.

The event will feature more than 40 local restaurants, bakeries, and wine distributors who will sample their wares for the 1,500 people who turn out for the benefit fundraiser.

Tickets are $100 each. Proceeds will benefit the programs and services for the homeless at Father Bill's Place.

Tickets can be purchased on-line at www.fatherbillsplace.org or by calling the agency's development office at 617-376-2255.

SWAP Earns Tax Abatements

The Council on Aging has a SWAP (Senior Workers' Abatement Program) that enable the elderly to work 89 1/2 hours a year and earn $600 towards their real estate tax bills.

For further details, call Dorothy Dow at 617-376-1508.

Quincy Religion Directory

SERVICES & ACTIVITIES

Assemblies of God

Glad Tidings
158 Washington St., Quincy
phone: 773-9797
Rev. Gregory E. Wheaton, Pastor
Sunday Worship: 8:30, 11 a.m.; Christian Ed. 10 a.m.; Senior Hi Youth 7 p.m.; Wed. 7 p.m. Berean Bible Study. Royal Ranger Missionettes: Friday Junior Hi Youth 7 pm
Youth & Children's Ministry
•Contemporary Worship
•Marriage & Family Group
•International Fellowship
•DivorceCare

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 7, 9:30 & 11:30am, Weekdays 9am
Handicapped Accessible
New Members Welcome!

Unitarian

United First Parish
Hancock St., across from City Hall
617-773-1290
Sunday Worship, 10:30 AM
Child Care & Religious Education for all ages
All Welcome to Our Historic Church

Congregational

First Church of Squantum
164 Bellevue Street
617-328-6649
Pastor: Michael S. Robertson
10 a.m. Sunday Worship
All Are Welcome

To Advertise in this Directory, Call 617-471-3100

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4pm (Sat.) 7:45am, 9am (Family Liturgy)
10:30am (with Choir) and 5pm
12 noon at Star of Sea Church
Weekday Masses
Mon.-Fri 7am and 9am, Sat. 9am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m., 10:30 a.m. & 5 p.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

ST. JOHN THE BAPTIST
44 School St.,
Quincy
617-773-1021
Weekend Mass Schedule
Saturday (Vigil Mass) 4 p.m.
Sunday 7:30 a.m., 9 a.m. and 11 a.m. (Family Liturgy)
Weekday Masses
Monday - Saturday 8 a.m.
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
• 617-479-5400
Pastor: Rev. John J. Ronaghan
Weekend Mass Schedule:
Saturday 4:00 PM
Sunday 7:00, 9:00, 11:30AM
Daily Masses: 9:00 AM
Handicapped Chairlift Available

Congregational

HOUGHS NECK CONGREGATIONAL CHURCH
310 Manet Ave., Quincy
Sunday, July 23
Service Of Divine Worship 9:30 am
Sunday School 9:30 AM
Series of Sermons on The Lord's Prayer
'Thy Kingdom Come'
Rev. John Castricum
617-479-8778
Lois Zulauf : Minister of Music

BETHANY CONGREGATIONAL CHURCH
Corner of Spear & Coddington Sts., Quincy Center • 617-479-7300
10 AM Sunday Worship
Rev. Ann Rearick To Conduct Service
Childcare Available for Infants, Toddlers
Fellowship Follows Service in Allen Parlor

QUINCY POINT CONGREGATIONAL CHURCH
444 Washington St . • 617-773-6424
Worship and Church School 10 am
Rev. Ann Suzedell, Pastor
visit us at www.QPCC.org

UNION CHURCH
Beach St. & Rawson Rd., Wollaston
Sunday Service 10 AM
617-479-6661
Good Bible Preaching & Traditional Worship
Rev. John Carl Swanson, Pastor

PEACE

Congregational

WOLLASTON CONGREGATIONAL CHURCH
48 Winthrop Ave. - 617-773-7432
Pastor: Rev. Mary Lou Gifford
Summer Worship Schedule
Wed., July 19 thru Wed., Sept. 6
Potluck Supper - 6 p.m.
Informal Worship 7 p.m.
July 19 and Aug. 16 Worship Geared Especially For Children & Youth
7/19 - "The River," - 8/16 "The Camp"

Covenant

COVENANT CONGREGATIONAL CHURCH
Corner of Whitwell & Granite St.
Sunday Worship 10:00 AM
Rev. Karen Palmatier, Pastor
Child Care Available - All Are Welcome
Children's Pantry
Wed., Thur. 9:30 am - 12 noon
617-479-5728
VACATION BIBLE SCHOOL - AUG. 7-11

Nazarene

Wollaston Church of the Nazarene
37 E. Elm Ave., Wollaston
(617) 472-5669
On The Campus Of Eastern Nazarene College
Pastor: Rev. Fred. Fullerton
Sunday Services
8:30 am - Holy Communion
9:45 am - Adult & Children's Sunday School
11 a.m. - Blended Worship Service
Come Worship with Us!

Episcopal

St. Chrysostom's Episcopal Church
Corner of Hancock & Linden Sts.
Quincy • (617) 472-0737
Rev. David Hefling
Holy Eucharist 9 AM - Sunday School and Nursery Care During Service
Coffee Hour Following
ALL WELCOME
THRIFT SHOP CLOSED FOR THE SUMMER

Evangelical

EVANGELICAL CHURCH OF ATLANTIC
65 Newbury Ave. North Quincy
(617) 847-4444
Pastor Bill Donahue
Sunday Morning Worship 10:10 AM
Childcare Available

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Dr. Susan Jarek-Glidden, Pastor

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45 SUNDAY SCHOOL
11AM WORSHIP SERVICE
BRASS BAND MUSIC
7PM TUES WOMEN'S FELLOWSHIP
7:15PM WED. BIBLE STUDY

Spiritualist

First Spiritualist Church of Quincy
40 West St., Quincy, MA 02169
(617) 770-2246
Services: Sunday 11 a.m. to 12:30 PM
Coffee and Conversation following service.
(Services 8 PM Wednesdays June, July, August)
Pastor Rev. Rita S. Berkowitz, C.H.,C.M.

OBITUARIES

Helen Hanna, 84

Former Crane Operator, Homemaker

HELEN HANNA

A funeral Mass for Helen (Kardoose) Hanna, 84, of Quincy, a homemaker, was celebrated July 14 at St. Joseph's Church, Quincy.

She died July 11 at home after a brief illness.

Mrs. Hanna worked several years during World War II as a crane operator at the former Hingham Shipyard.

She was a longtime member of the Sons of Lebanon Club in Quincy.

Born, raised and educated in Boston, she lived in Quincy most of her life.

Wife of the late Faheme James Hanna, she is survived by two daughters, Janice A. Kilgarriff of Pembroke and Jennie M. Hanna of Quincy; a son, Farris A. Hanna of Quincy; and three grandchildren.

Burial was in Fairview Cemetery, Hyde Park.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Catherine Shea, 73

Retired Nurse's Aide

A funeral Mass for Catherine (Bowen) Shea, 73, of Quincy, formerly of Dorchester and Ireland, a retired nurse's aide, was celebrated July 14 at Sacred Heart Church, Quincy.

She died July 10 at home.

She was a nurse's aide for 40 years, retiring in 2005.

Born in Skibbereen, County Cork, Ireland, she lived in Ireland and Dorchester before moving to Quincy.

Wife of the late Daniel C. Shea; she is survived by her five daughters, Maureen Gore of Easton, CT, Elizabeth Chapin, of Scituate, Kathleen Shea, of Quincy, Noreen Middleton, of Milton and Patricia Shea of Boston; two sons, Daniel Shea, of Milton and John Shea of Milton; two brothers, Patrick Bowen, of Ireland, and Thomas Bowen, of Melrose; and a sister, Eileen Calvey of Somerville. She was the sister of the late Margaret Bowen and John Bowen.

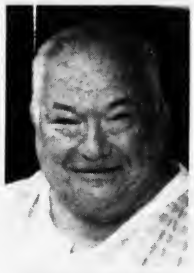
Burial was in New Calvary Cemetery, Jamaica Plain.

Funeral arrangements were by Keohane Funeral home, 785 Hancock St.

Donations may be made to Caritas Good Samaritan Hospice, 310 Allston St., Boston, MA 02135.

Donald P. Sartori, 77

Former Restaurant Owner



DONALD P. SARTORI

A funeral Mass for Donald P. "Sacco" Sartori, 77, of Quincy, was celebrated Monday at Holy Trinity Parish at Most Blessed Sacrament Church, Quincy.

He died July 12 at home after a long illness.

Along with a few partners, Mr. Sartori purchased Louis, a restaurant in Houghs Neck. He eventually became the sole owner and also worked there as a bartender.

Louis was lost in a tragic fire, but Mr. Sartori along with another original owner reopened the business as Louis Crossing Restaurant. The restaurant also served as a meeting place for Harvey's Salt Water Fishing Club.

Mr. Sartori had a famous basset hound, named Louie, who was a staple of the restaurant. The dog was featured in the television show "America's Funniest Videos" as well as numerous newspapers.

An Army veteran of World War II, he enlisted on Sept. 9, 1946 and was discharged Dec. 22, 1947. He served in Japan during the U.S. occupation following the end World War II.

He was a member of the American Legion Post 380, the Quincy Yacht Club, the Town River Yacht Club and the Quincy Elks.

Born in New Haven, Conn., he attended Connecticut elementary schools and graduated from Quincy High School in 1946. He lived in Quincy for 62 years.

He is survived by his wife, Claire D. (Connors) Sartori of Quincy; two stepdaughters, Laura L. Krueger of Quincy and Teri A. Beliveau of Braintree; a brother, Francis J. Sartori of Tewksbury; eight stepgrandchildren; a step-great-grandson; and many nieces and nephews.

Burial was private.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Donations may be made to Old Colony Hospice, 1 Credit Union Way, Randolph, MA 02368, or to charity of choice.

Ann M. McCaffrey, 69

Fourth-Grade Teacher

A funeral Mass for Ann M. (Kennedy) McCaffrey, 69, of Quincy, a fourth-grade teacher, was celebrated July 13 at St. John's Church, Quincy.

She died July 10 at Milton Hospital.

Mrs. McCaffrey taught at the Nichols School in Everett. She later worked for Quincy Mutual Bank.

She was born in Everett.

Wife of the late Joseph E. McCaffrey, she is survived by five sons, Joseph McCaffrey of Holbrook, James McCaffrey of Weymouth, Paul McCaffrey of Whitman and William McCaffrey and Sean McCaffrey, both of Quincy; two daughters, Deborah Karchenes of Braintree and Ann Marie McCaffrey of Quincy; a brother, Austin Kennedy of Boston; and seven grandchildren.

Burial was in Pine Hill Cemetery.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St., Wollaston.

Donations may be made to Joslin Juvenile Diabetes Center, 1 Joslin Place, Boston, MA 02215, or to Cerebral Palsy of MA, 43 Old Colony Ave., Quincy, MA 02170.

1993 IN MEMORIAM 2006

Paul J. Elias

I miss you every day.
My prayers are for you.
Love, Dad

John J. Christello III, 43

Raytheon Supervisor

JOHN J. CHRISTELLO III

A funeral Mass for John J. Christello III, 43, of Haverhill, formerly of Quincy, a supervisor, was celebrated Monday at Sacred Heart Church, North Quincy.

He died July 5 at home.

Mr. Christello was a supervisor at Raytheon in Andover for 22 years.

Born in Boston, he graduated from Quincy High School in 1981 and attended Quincy College and Wentworth Institute. He lived in Quincy and North Andover before moving to Haverhill five years ago.

He is survived by his parents, John and Frances (Hayes) Christello of Quincy; a brother, Joseph Christello of Quincy; three sisters, Ria Callahan, Theresa McGuinness and Francie Christello, all of Quincy, and Tricia Christello of Boston; his grandmother, Lillian Hayes of South Boston; many aunts, uncles, nieces and nephews and several cousins.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Donations may be made to the American Cancer Society, Central NE Region, 18 Tremont St., Suite 700, Boston, MA 02108.

Marie Trenouth, 58

Administrative Assistant

A memorial service for Marie (DeSantis) Trenouth, 58, of Kingston, formerly of Quincy, an administrative assistant, was held July 15 at Christ Episcopal Church, Plymouth.

She died July 12 at home after a long battle with cancer.

Mrs. Trenouth worked for the South Shore Community Action Council, a nonprofit organization that provides services to low-income families.

Born in Boston, she graduated from North Quincy High School.

She is survived by her husband, Peter A. Trenouth; two sons, Michael P. Trenouth and Gregory M. Trenouth, both of New York; a brother, Vincent DeSantis of Quincy; and a sister, Barbara Marino of West Palm Beach, Fla.

Arrangements were by Cartmell Funeral Home, Plymouth.

Donations may be made to the American Cancer Society, 30 Speen St., Framingham, MA 01701, or to Cranberry Hospice, 36 Cordage Park Circle, Suite 326, Plymouth, MA 02360.

Joseph W. Bruno, 77

Retired Highway Worker

A funeral Mass for Joseph W. Bruno, 77, of Quincy, a retired highway worker, was celebrated July 15 at St. John's Church, Quincy.

He died July 13 at Quincy Medical Center.

Mr. Bruno worked for the city department for 37 years.

He was a Korean War Army veteran.

Born in Quincy, he was a lifelong resident of the city.

He graduated from Quincy High School and attended New England School of Art.

He is survived by two sisters, Geraldine B. Storella and Adrienne M. Brady, both of Quincy; and several nieces and nephews.

Burial was in Pine Hill Cemetery.

Funeral arrangements were by Bolea-Buonfiglio Funeral Home, 116 Franklin St.

DON McCARTHY
Managing Director

A THOUGHT FOR THE WEEK

We have seen a lot of changes over these last few years and sometimes the challenge to accept changes is one of the greatest issues affecting society today.

The ability to accept changes can determine to a great extent, our behavior and the improvements we make in our lives. Those changes which benefit us are the easiest to accept and are usually unnoticed by most people. We sometimes call these changes progress.

Sometimes it is difficult to accept changes that do not please us or that create inconveniences. To many of us, great changes, political-economical-social, are less worrisome than the small changes. Minor changes affect our daily activities, and could create stress due primarily to our inclination to magnify them. We should all have the obligation and responsibility to acknowledge and to accept changes which bring us and our country to the place we belong in this world.

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www.veteransfuneralcare.com

Deborah M. Riley, 65

Retired Educator

DEBORAH M. RILEY

A funeral Mass for Deborah M. (Allen) Riley, 65, of Sarasota, Fla., formerly of Quincy, a retired educator, was celebrated July 14 at St. Ann's Church, Quincy.

She died July 1 after a long illness at her daughter's home in Tahoe City, Calif.

Mrs. Riley recently retired after 25 years in the education field. Upon her retirement, she served as assistant director at the Manatee County Technical Institute in Bradenton, Fla., for 15 years. She was formerly an instructor at the Sarasota Technical Institute for 10 years.

Born, raised and educated in Quincy, she graduated form Quincy High School in 1959 and from Boston University in 1963. She received her master's degree from the University of Southern Florida. She lived in Quincy and Bolton Valley, Vt., before moving to Sarasota 27 years ago.

She is survived by her husband of 43 years, Stephen V. Riley; a daughter, Stephanie V. Riley of Tahoe City; a son, Allen H. Riley of Olympic Valley, Calif.; and two grandchildren.

Burial was in St. Mary's Cemetery, Randolph.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Donations may be made to the Early Educare Center at MTI, c/o Frances Tamayo, Manatee Technical Institute, 5603 34th St. West, Bradenton, FL 34210.

Edna M. Walker, 89

Homemaker

EDNA M. WALKER

A funeral Mass for Edna M. (Egan) Walker, 89, of Braintree, formerly of Quincy, a homemaker, was celebrated July 15 at St. Francis of Assisi Church, Braintree.

She died July 11 at home.

Mrs. Walker enjoyed candlepin bowling and participated in many leagues over the years.

She was a founding member of the Parkettes League and a member of the Women's Merchant League, both in Quincy.

Born in Quincy, she graduated from Quincy High School in 1934. She lived in the city before moving to Braintree seven years ago.

Wife of the late William B. Walker, she is survived by five sons, William F. Walker and Paul S. Walker, both of Braintree, Robert B. Walker of New York, James M. Walker of Canton and Mark F. Walker of Quincy; 10 grandchildren and three great-grandchildren.

Burial was in Blue Hill Cemetery, Braintree.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St., Wollaston.

Donations may be made to Hospice of Greater Boston and Brockton, 500 Belmont St., Suite 215, Brockton, MA 02301.

Leonard T. DeLorey, 73

Retired Social Worker

LEONARD T. DELOREY

A funeral Mass for Leonard T. DeLorey, 73, of Braintree, formerly of Quincy, a retired social worker, was celebrated Monday at St. Brendan Church, Dorchester.

He died July 13 at home.

Mr. DeLorey was a social worker for the Commonwealth of Massachusetts and served as the director of welfare in Quincy. After retiring, he worked for Long Term Care in Taunton and South Shore Elder Services.

He was a member of the South Shore Camera Club and was passionate about photography and digital editing.

He served in the Army during the 1950s.

Born in Boston, he lived in Quincy, Roslindale and Dorchester before moving to Braintree 10 years ago. He graduated from Boston College.

He is survived by his wife, Claire (Riley) DeLorey of Braintree; two sons, Kevin DeLorey of Bourne and Thomas DeLorey of Glenville, N.Y.; a daughter, Karen Moylan of Marshfield; a brother, Lawrence DeLorey of Hanover; and seven grandchildren.

Burial was in Cedar Grove Cemetery, Dorchester.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Donations may be made to Dana-Farber Cancer Institute, P.O. Box 55584, Boston, MA 02205-5584.

Mary M. Buonamano, 87

Retired Book Assembler

MARY M. BUONAMANO

A private funeral service was held for Mary M. (Connors) Buonamano, 87, of Quincy, a retired book assembler.

She died July 15 at Carney Hospital, Boston.

Mrs. Buonamano was a book assembler for Semline Corp. in Boston for 15 years, retiring in 1972.

Born in Boston, she lived in Quincy for 52 years.

Wife of the late Arnold Buonamano, she is survived by a son, Arnold "Arnie" Buonamano of Florida; two daughters, Elizabeth Nee and Diane J. Buonamano of Quincy; and five grandchildren.

Burial was private.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Donations may be made to the Susan G. Komen Breast Cancer Foundation, MA Affiliate, P.O. Box 415012, Boston, MA 02241-5012.

Anne B. Buchanan, 68

Retired Bookkeeper

ANNE B. BUCHANAN

A funeral Mass for Anne B. (Deady) Buchanan, 68, of Weymouth, formerly of Quincy, a retired bookkeeper, was celebrated Wednesday at St. John's Church, Quincy.

She died July 14 at South Shore Hospital in Weymouth after a long illness.

Mrs. Buchanan was a bookkeeper at South Shore Planting Company in Quincy for 40 years before recently retiring. She was also a waitress at the former Barnside Tavern in Norwell for several years.

She was a longtime parishioner of St. John's Church in Quincy.

Born, raised and educated in Quincy elementary schools, she graduated in 1955 from Archbishop Williams High School in Braintree. She lived in Quincy for most of her life. She lived in Shapleigh, Maine, before moving to Weymouth eight years ago.

She is survived by her husband of 48 years, James J. Buchanan; three sons, Mark Buchanan, Brian Buchanan and Scott S. Buchanan; two daughters, Lauri A. Folkins and Leah M. Scheffler; five brothers, Richard Deady Jr., James Deady, Joseph Deady, Robert Deady and Thomas Deady; three sisters, Janet Libman, Kathleen Infeld and Sharon Howard; five grandchildren; and many nieces, nephews and cousins.

Burial was in Pine Hill Cemetery.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Michael A. Tropea, 49

Retired Long Distance Mover

MICHAEL A. TROPEA

A funeral service for Michael A. Tropea, 49, of Quincy, a retired professional long distance mover, was held Tuesday at Keohane Funeral Home, 785 Hancock St.

He died July 13 at Quincy Medical Center after a courageous battle with cancer.

Mr. Tropea worked for various companies for more than 20 years.

An avid sports fan, he enjoyed softball, basketball and baseball as well as fishing and canoeing and kayaking. He coached baseball and softball.

Born in Quincy, he was a lifelong resident of the city.

He is survived by his wife, Veronica (Whalen) Tropea of Quincy; a daughter, Jennie A. Tropea of Hudson; two brothers, William Steveson of Quincy and John S. Tropea of Bellingham; and three sisters, Kathleen Colburn and Evelyn Rayman, both of Florida, and Joanne Tropea of Boston. He was the son of late John "Tubba" Tropea and Kathryn (Loberg) Tropea.

Burial was in Pine Hill Cemetery.

Robert V. Savoie, 80

Stone Mason, WWII Veteran

A funeral service for Robert Vincent Savoie, 80, of Medfield, formerly of Quincy, a stone mason, was held July 15 at Roberts-Mitchell Funeral Home, Medfield.

He died July 12 at Thomas Upham House in Medfield.

Mr. Savoie worked construction many years. He was a member of the Brick Masons and Plasterers Union Local 52.

A World War II Navy veteran, he participated in the D-Day invasion of Normandy in 1944. He enlisted in the Marine Corps in 1950 to serve in the Korean War.

He was a member of Holy Family Council Knights of Columbus and was a past deputy grand knight. He was also a member of the Eagles.

Born and educated in Quincy, he enlisted in the Navy in the middle of his senior year of high school. He completed his education after his discharge from the Navy.

He is survived by two daughters, Nancy Savoie of Medfield and Karen Todd of Rockland; a son, Kevin Savoie of Stoughton; two brothers, Leonard Savoie of Quincy and William Savoie of Baltimore, Md.; three sisters, Margaret Stratton of Braintree, Mary Welsh of Hingham and Ann Casanova of Quincy; seven grandchildren; and many nieces and nephews.

He was the father of the late Robert V. Savoie Jr.

David C. Bendix, 62

Retired Elementary School Teacher

A memorial service for David C. Bendix, 62, of California, formerly of Quincy, a retired elementary school teacher, was held July 15 at McDonald Funeral Home, Weymouth.

He died July 11 while vacationing at China Lake, Maine.

Mr. Bendix taught in Duarte, Calif., for 35 years. He was active in his school Parent Teacher Association and won the Golden Apple award more than once. He retired in 2004.

He was a member of several antique car clubs and owned several over the years, including a Model A and a Cobra.

Born and raised in Quincy, he was an Eagle Scout in Troop 4 in Quincy. He graduated from Boston State College.

He is survived by his companion of 37 years, Carol Mann of California; a brother, Paul Bendix of South Weymouth; several nieces and nephews; and many cousins.

Donations may be made to the Scholarship Fund of the Model A. Restorers Club of MA, 283 South Worcester St., Norton, MA 02766.

More Obituaries On Page 28

DOLAN
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MILTON, MA 02186
(617) 698-6264

Joseph J. D'Angelo, 69

Retired Plumber, Vietnam Veteran

A funeral Mass for Joseph James D'Angelo, 69, of Quincy, a retired plumber, was celebrated July 15 at St. Ann's Church, Quincy.

He died July 12 at Brigham and Women's Hospital.

Mr. D'Angelo worked at Hebrew Rehabilitation Center for the Aged for more than 25 years.

He was a Vietnam War Army veteran.

Born, raised and educated in Boston, he lived in Quincy for 30 years.

Husband of the late Julianne (Abraham) D'Angelo, he is survived by his wife, Ann M. (Dineen) D'Angelo; four sons, Joseph R.D. D'Angelo, Jeffrey D. D'Angelo and Jason D. D'Angelo, all of Quincy, and Jon C. D'Angelo of South Boston; a stepson, Joseph Bono of Hyde Park; a sister, Carmella D'Angelo of Weymouth; and three grandchildren.

Burial was in Pine Hill Cemetery.

Funeral arrangements were by Dennis Sweeney Funeral Home, 74 Elm St.

Vets Adviser At COA Office

John D. Miller of Home Care Partners, will be at the Council on Aging office, 83 Saratoga St., each Wednesday to advise veterans or their surviving spouses of their in-home care benefits.

To schedule an appointment, call the Council on Aging at 617-376-1506.

SWAP Earns Tax Abatements

The Council on Aging has a SWAP (Senior Workers' Abatement Program) that enable the elderly to work 89 1/2 hours a year and earn $600 towards their real estate tax bills.

For further details, call Dorothy Dow at 617-376-1508.

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P1523EP
In the Estate of
JAMES C. SPILLANE AKA JAMES CORNELIUS SPILLANE
Late of QUINCY
In the County of NORFOLK
Date of Death
February 24, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that CATHERINE I. SPILLANE of QUINCY in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **AUGUST 2, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, June 21, 2006.

PATRICK W. McDERMOTT
Register of Probate

7/20/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P1542EP
In the Estate of
HELEN S. MORSE AKA HELEN SCHIELKE MORSE
Late of QUINCY
In the County of NORFOLK
Date of Death
February 19, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that SANDRA M. BURBANK of ROCKPORT in the County of ESSEX or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **AUGUST 2, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, June 21, 2006.

PATRICK W. McDERMOTT
Register of Probate

7/20/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P1649EP
In the Estate of
NORMA V. DALY
Late of QUINCY
In the County of NORFOLK
Date of Death
June 13, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that PATRICIA A. METCALF of E. WEYMOUTH in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **AUGUST 23, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, july 7, 2006.

PATRICK W. McDERMOTT
Register of Probate

7/20/06

LEGAL NOTICE

CITY OF QUINCY
IN COUNCIL

2006-192

Presently pending in the Ordinance Committee of the Quincy City Council:
Be it ordained that the Municipal Code is amended as follows; in Title 5 Business Licenses and Regulations Chapter 5.20 Hawkers and Peddlers Section 5.20.140 Violations - Penalties

In "A." add the following after the word Chapter:
and/or their employer or supplier

Joseph P. Shea
Clerk of Council

7/20/06

OBITUARIES

Kenneth J. LaPlume, 58

Custodian, Vietnam Veteran

A funeral service for Kenneth J. LaPlume, 58, of Braintree, formerly of Quincy, a custodian, was held Tuesday at Keohane Funeral Home, 785 Hancock St.

He died July 13 at Beth Israel Deaconess Medical Center, Boston.

Mr. LaPlume was a custodian for Milton public schools for 23 years and was fondly known as the "singing custodian." He also worked part time for St. Agatha's Church in Milton.

He was a Vietnam War Army veteran.

He was a member of the American Legion, the Moose Lodge, the VFW and various fishing clubs.

Born in Quincy, he graduated from Quincy High School and lived in the city before moving to Braintree 25 years ago.

He is survived by five daughters, Renee LaPlume, Kerry LaPlume and Heather Ricciarelli, all of Weymouth, Jennifer Marchant of Rockland and Amy LaPlume of Chestnut Hill; his companion, Judith Sneider of Braintree; three sisters, Claire Fasci and Jeanne Silva, both of Quincy, and Kathleen Pearson of Weymouth; two brothers, John LaPlume of Weymouth and Norman LaPlume of Braintree; four grandchildren and several nieces, nephews and cousins.

Burial was in Blue Hill Cemetery, Braintree.

Donations may be made to Pine Street Inn, 444 Harrison Ave., Boston, MA 02118.

Martin J. Curran, 47

Computer Aided Design Engineer

A funeral Mass for Martin J. Curran, 47, of Quincy, a computer aided design engineer, was celebrated July 14 at St. Ann's Church, Quincy.

He died July 10 at home.

Mr. Curran worked for Collaborative Engineering in Boston for many years.

He served in the Air Force.

Born in Boston, he was raised in South Boston and graduated from Wentworth Institute of Technology. He lived in Quincy for 15 years.

He is survived by his mother, Virginia A. (Malloy) Curran of Milton; two brothers, his twin, Michael Curran of Quincy, and Patrick J. Curran Jr. of Weymouth; three sisters, Kathleen M. Nigl and Elaine Fitzpatrick, both of Quincy, and Maureen A. Backer of Milton; and several nieces and nephews.

He was the son of the late Patrick J. Curran.

Burial was in Massachusetts National Cemetery, Bourne.

Funeral arrangements were by Dennis Sweeney Funeral Home, 74 Elm St., Quincy Center.

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P1625EP
In the Estate of
BARBARA E. EGAN
Late of QUINCY
In the County of NORFOLK
Date of Death
May 31, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that KEVIN K. EGAN of BEDFORD in the County of MIDDLESEX and RICHARD G. EGAN JR. of SALEM in the County of ESSEX and BRIAN E. EGAN of QUINCY in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **AUGUST 16, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, July 6, 2006.

PATRICK W. McDERMOTT
Register of Probate

7/20/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P1703EP
In the Estate of
CAROL A. O'DONNELL
Late of QUINCY
In the County of NORFOLK
Date of Death
June 30, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that JOAN CHRISTIE of WOLLASTON in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **AUGUST 23, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, July 12, 2006.

PATRICK W. McDERMOTT
Register of Probate

7/20/06

Agata C. Scibilia

Homemaker

A funeral Mass for Agata C. "Ida" (Giuffrida) Scibilia, 84, of Quincy, a homemaker, was celebrated Tuesday at St. Agatha's Church in Milton.

She died July 15 at Queen Anne Nursing Home, Hingham.

Mrs. Scibilia lived in Hyde Park for 40 years before moving to Quincy four years ago.

Wife of the late Salvatore P. Scibilia, she is survived by two daughters, Joanne Scibilia of Newton and Jean Clarke of Weymouth; two sons, John Scibilia of Whitman and Jimmy Scibilia of Maryland; a brother, Joseph Giuffrida of Dorchester; three sisters, Josephine Harney of West Roxbury, Frances Sava of Milton and Rose Giuffrida of Dorchester; seven grandchildren; and many nieces and nephews.

Burial was in St. Michael Cemetery, Roslindale.

Funeral arrangements were by Alfred D. Thomas Funeral Home, Milton.

Donations may be made to the American Cancer Society, 30 Speen St., Framingham, MA 01761-9376.

We need you.

American Heart Association.

All Property Owners Should Know Nicole's Law

By STEPHEN COSTELLO

Approximately 480 deaths occur in the U.S. each year as a result of unintentional carbon monoxide (CO) poisoning.

Carbon monoxide, also known as the "silent killer," is an odorless, colorless and tasteless gas that seeps into the homes of its victims, causing flu-like symptoms and even death. According to a study published in January 2006 from Christopher R. Henry of the Minneapolis Heart Institute Foundation, exposure to carbon monoxide poisoning weakens the heart muscles, which in turn, increases the risk of heart failure.

The Massachusetts State Legislature is giving voices to the victims of this killer. The state recently passed Nicoleís Law, named for Nicole Garofalo, who died from CO poisoning after a snowdrift blocked the vent to a gas boiler, filling the home with the poisonous gas.

In the hope to end the "senseless" deaths caused by CO, Nicole's Law mandated the installation of carbon monoxide detectors in all owner-occupied residential homes by March 31, 2006. However, because of the added time and cost for residential investment property owners to meet the regulations, their deadline has been extended to January 1, 2007.

The deadline to inform fire departments regarding their individual installation plans was set at May 15, 2006. Although the new law is very clear in regard to residential owner-occupied dwellings, many residential investment properties owners are unclear about the details of the new regulations and the requirements they will have to satisfy to be in compliance with this new law. I hope this article will help.

What do commercial properties owners have to do to meet the new mandates?

According to the Massachusetts Department of Fire Services, under the provisions of Nicole's Law, all residential properties that have fossil-fuel burning equipment, an attached garage or enclosed parking area must have working carbon monoxide protection. A detector is required within 10 feet of each bedroom door and one on each habitable level.

Generally, unfinished basements and attics do not require CO detectors.

Both homeowners and landlords have the option of using the battery operated, wall plug-in (with battery back-up), hardwired (with battery back-up) or wireless detectors that are allowed by the Fire Safety Code. If you choose to install combination smoke and CO detectors, the Code requires that they signal with a voice-type alarm and that any unit installed within 20 feet of a kitchen or bathroom utilize photo-electric type smoke detection.

STEPHEN COSTELLO

Carbon monoxide detectors do not go inside garages, but must be installed within the adjacent living space.

The regulations allow for an alternative compliance for multiple dwelling units that have a minimal source or no source of CO inside individual units. According to the Department of Fire Services, this allows owners to target the CO alarm protection to only those areas that could be potential sources of CO such as, rooms that contain boilers, hot water heaters, central laundry areas and enclosed parking areas.

Who will enforce the law in commercial properties?

Landlords are mandated to inspect, maintain, and if necessary, replace all CO alarms. This inspection will be required annually, as well as at the beginning of any rental period or if a complaint is issued. Landlords are also required to replace batteries in these alarms at least once a year.

Tenants will report any problems with the detectors to the landlord immediately, and should learn to recognize the difference between the smoke alarm and the CO detector.

The Department of Public Health is required to adopt and enforce Nicole's Law on landlords as part of the State Sanitary Code.

Fire departments are required to inspect all residences for CO detectors upon sale and transfer or if a complaint is issued.

How much will it cost?

Homeowners can expect a typical cost of $20-30 for the battery-operated CO detector, which can be found at most local hardware and home supply stores. Many landlords have raised concerns about implementation of the law in regards to proper installation, inspection, effectiveness and costs relating to material and labor for hardwiring a CO system. According to Roxanne Pratten, Owner of Prattenís Design and Construction Inc., Medford, Mass., landlords can expect an estimated cost of $200-$250 per unit, when combining labor and costs to hardwire the system. If residential property owners choose not to hardwire these systems, they may install battery operated detectors within each unit and where CO detectors are required. However, since landlords are mandated to replace these batteries annually, in the long run, the cost of installing a hardwired system may be more cost efficient.

Fire department fees must also be taken into consideration. The cost for separate or joint inspections of CO alarms and smoke detectors are $50 for single-family homes or units, $100 for two-family dwellings, $150 for three- to six-unit dwellings and $500 for six- or more unit buildings. This cost is only incurred at the time of installation, during sale and transfer or if a complaint is issued. Although property owners may suffer the initial costs installation and inspection of these units, the upkeep of the CO detectors will be minimal.

What happens if someone does not comply?

According to the Department of Fire Safety, if one does not comply with the regulations outlined in Nicole's Law the local fire department can bring that landowner to court and penalties will be issued. The law also provides penalties for any person who tampers with these life safety devices. There is no set fee, as it will be up to the individual town fire department and the court to determine how much the penalty will be. In extreme cases where a landowner neglects to install a CO detector and one dies as a result of CO poisoning, the landowner will be held responsible for that person's death.

With more than 3,000 cases of CO poisoning reported in Massachusetts each year, the hope is that Nicole's Law will help prevent future senseless deaths from carbon monoxide poisoning. For all property owners, but particularly if you are a landlord, you need to understand your responsibilities under this new law and the costs you will incur to be in compliance.

Stephen Costello is executive vice president for Bank of Canton, which has offices in Canton, Brookline, Quincy, Randolph and Hyannis.

For more information, visit: www.ibankcanton.com or call 888-828-1690.

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Norfolk Division
Docket No. 06D0798AN1
DIVORCE/SEPARATE SUPPORT SUMMONS BY PUBLICATION
MARTY LEE, Plaintiff(s)
V.
PHUNG THI KIM NGO,
Defendant(s)

To the above named Defendant(s):

A Complaint has been presented to this Court by the Plaintiff(s), MARTY LEE, seeking ANNULMENT.

An Automatic Restraining Order has been entered in this matter preventing you from taking any action which would negatively impact the current financial status of any party. Please refer to Supplemental Probate Court Rule 411 for more information.

You are required to serve upon ELIZABETH E. CUSICK, ESQUIRE -- whose address is 1146 WASHINGTON STREET, BOSTON, MASSACHUSETTS 02118 your answer on or before SEPTEMBER 22ND, 2006. If you fail to do so, the Court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer in the office of the Register of this Court at **CANTON**.

Witness, **DAVID H. KOPELMAN**, Esquire, First Justice of said Court at **CANTON**, this 28TH day of JUNE, 2006.

PATRICK W. McDERMOTT
Register of Probate Court

7/13, 7/20, 7/27/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Norfolk Division
Docket No. 06D0798AN1
ORDER FOR SERVICE BY PUBLICATION
MARTY LEE, Plaintiff
v.
PHUNG THI KIM NGO, Defendant

Upon motion of plaintiff for an order directing PHUNG THI KIM NGO the defendant herein, to appear, plead, or answer, in accordance with Mass. R. Civ. P./Mass. R. Dom. Rel. P. Rule 4, it appearing to the Court that this is an action for ANNULMENT.

Pursuant to Supplemental Probate Court Rule 411, an Automatic Restraining Order has been entered against the above named parties, and that the said defendant cannot be found within the Commonwealth and that HER present whereabouts are unknown; that personal service on said defendant is therefore not practicable, and that said defendant has not voluntarily appeared in the action:

It is **Ordered** that said defendant is directed to appear, plead, answer, or otherwise move with respect to the complaint herein on or before the **22ND day of SEPTEMBER, 06**. If you fail to do so this Court will proceed to a hearing and adjudication of this matter.

It is further **Ordered** that the accompanying summons be published once a week for three consecutive weeks in the **QUINCY SUN ON JULY 12TH, 19TH & 26TH, 2006, a newspaper published in QUINCY, MASSACHUSETTS 02169, 1372 HANCOCK STREET**, the publication to be 60 days at least before said return day. It is further **Ordered** that a copy of the summons be mailed to the defendant at HER last known address by registered or certified mail.

Date: JUNE 28TH, 2006.

DAVID H. KOPELMAN
Justice of Probate and Family Court

7/13, 7/20, 7/27/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-063

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, AUGUST 8, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of EILEEN & SCOTT COLLINS for a SPECIAL PERMIT/FLOOD PLAIN to build a two-story addition to the existing dwelling which exceeds the 25% allowed by right in violation of Title 17 as amended Chapter 17.40.030.5 (25% of Ground Coverage) on the premises numbered 113 WENDALL AVENUE, QUINCY.

Jack Garland, Chairman

7/20, 7/27/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-029

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, AUGUST 8, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of MARIA MCMAHOM for a SPECIAL PERMIT FLOOD PLAIN to construct an addition in violation of Title 17 as amended Chapter 17.40.060 (Flood Plain) on the premises numbered 93 EDGEWATER DRIVE, QUINCY.

Jack Garland, Chairman

7/20, 7/27/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-060

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, AUGUST 8, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of GRANITE LOFTS CONDOMINIUM for a MODIFICATION OF A PREVIOUS VARIANCE to seek relief from ZBA Case #04-055, Condition #6 which states all utilities remain above ground on the premises numbered 435 HANCOCK STREET & 118-120 HOLMES STREET, QUINCY.

Jack Garland, Chairman

7/20, 7/27/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-061

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, AUGUST 8, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of KEVIN & SUSAN MCGOLDRICK for a VARIANCE to add a second apartment (in-law) to existing single family dwelling in violation of Title 17 as amended Chapter 17.16.020 (Use Regulations), and Chapter 17.28 (Parking) on the premises numbered 36 HAVILEND STREET, QUINCY.

Jack Garland, Chairman

7/20, 7/27/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-062

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, AUGUST 8, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of LAROSA DEVELOPMENT, INC. for a VARIANCE to demolish the existing house on the property and to construct three new duplex homes in violation of Title 17 as amended Chapter 17.20.040 (Dimensional Requirements) on the premises numbered 11 PACKARDS LANE, QUINCY.

Jack Garland, Chairman

7/20, 7/27/06

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- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
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Heat Related Ailments Rise With Temperatures

(Cont'd From Page 1)

Even with a dash of cooling rain, those readings can be just as dangerous to your health.

Mayor William Phelan told his weekly news conference on Quincy Access Television that the city has not yet found it necessary to open emergency shelters for heat victims.

"There are enough shelters in elder housing and the malls now," he said. "But if the heat becomes unbearable, call the Elder Services hot line at 617-376-1240 or call 911. Don't wait to feel ill."

Many among us, the elderly particularly, are prone to heat stress, such as heat stroke and its milder form, heat exhaustion.

Symptoms of heat stroke, which can be fatal, include an extremely high body temperature, red, hot and dry skin, rapid pulse, throbbing headache, dizziness and nausea.

Heat exhaustion is characterized by heavy sweating, paleness, muscle cramps, weakness, dizziness, headache, fainting, fast and weak pulse and fast and shallow breathing.

But, even as the temperatures flirt with the 100-degree mark, you can do something to prepare for it.

Here are some tips from the Quincy Health Department on protecting your health when the temperatures soar:

Drink plenty of fluids. Don't wait until you're thirsty to take a drink. During heavy exercise on a hot day, drink two to four glasses (16-32 ounces of cool fluids an hour.

Don't drink liquids that contain caffeine, alcohol or large amounts of sugar for these actually cause you to lose body fluid. Avoid cold drinks since they can cause stomach cramps.

Warning: If your doctors generally limits the amount of fluid you drink or has you on water pills, ask him how you should drink while the weather is hot.

Replace Salt & Minerals. Heavy sweating removes the necessary salt and minerals from the body. A sports beverage can replace the salt and minerals you lose in sweat.

Warning: If you are on a low-salt diet, talk with your doctor before drinking a sports beverage or taking salt tablets.

Wear Appropriate Clothing & Sunscreen. Wear as little clothing as possible when you are at home. Choose lightweight, light-colored, loose-fitting clothing.

Protect yourself from the sun by wearing a wide-brimmed hat along with sunglasses and by putting on sunscreen of SPF (sun protection factor) 15 or higher 30 minutes prior to going out.

Sunburn affects your body's ability to cool itself and causes a loss of body fluids. It also causes pain and damages skin.

Schedule Outdoor Activities Carefully. Try to limit your outdoor activity to morning and evening hours. Try to rest often in shady areas so your body's thermostat will be able to recover.

Pace Yourself. If you are not used to activity in a hot environment, start slowly and pick up the pace gradually.

If exertion in the heat makes your heart pound and leaves you gasping for breath, stop all activity.

Get into a cool area or at least into the shade, and rest, especially if you become lightheaded, confused, weak or faint.

Stay Cool Indoors. Stay indoors, if possible, in an air conditioned room.

If your home does not have air conditioning, go to a shopping mall or public library. Even a few hours spent there can help your body stay cooler when you go back into the heat.

Call the Health Department to see if there are any heat relief shelters in your area.

Electric fans may provide comfort but when the temperature is in the high 90s, fans will not prevent heat-related illness.

Take a cool shower of bath is a better way to cool off. Use you stove and oven less to maintain a cooler temperature in your home.

Use a Buddy System. When working in the heat, monitor the condition of your co-workers and have someone do the same for you.

If you are 65 years of age or older, have a friend or relative call to check on you twice a day during a heat wave.

If you know someone in this age group, check on him or her at least twice a day.

Monitor Those at High Risk. Some people are at greater risk of heat-related illness than others.

Infants and children up to four years of age are sensitive to the effects of high temperatures and rely on others to regulate their environments and provide adequate fluids.

People 65 and older may not compensate for heat stress efficiently and are less likely to sense and respond to change in temperature.

People who are overweight may be prone to heat sickness because of their tendency to retain more body heat.

People who overexert during work or exercise may become dehydrated and susceptible to heat sickness.

People who are physically ill, especially with heart disease of high blood pressure or take medication for depression, insomnia or poor circulation, may be affected by extreme heat.

Visit adults at risk at least twice a day and closely watch them for signs of heat exhaustion or heat stroke. Infants and small children need even more frequent watching.

Adjust to the Environment. Be aware that any sudden change in temperature will be stressful to your body.

You have a greater tolerance for heat if you limit your physical activity until you become accustomed to the heat.

If you travel to a hotter climate, allow several days to become acclimated before attempting any vigorous exercise, and work up to it gradually.

Use Common Sense. Remember:

- Avoid hot foods and heavy meals.
- Drink plenty of fluids and replace salts and minerals.
- Dress children in cool, loose clothing and shade their heads with hats.
- Limit sun exposure during mid-day hours and place of severe exposure.
- Do not leave infants, children or pets in a parked car.
- Provide plenty of fresh water for your pet and leave the water in a shady area.

QUINCY VISITORS to the State House were greeted by Sens. Michael Morrissey and Brian Joyce (far left and right). They were, from left, Makayla Miller, Brian Bearde and Kristen Miller.

'Saturday Night Fever' At Mound St. Beach

Beach chairs and blankets will be the order of the day tonight (Thursday) at 7 p.m. when the John Travolta film "Saturday Night Fever" is shown under the stars at Mound Street Beach.

The presentation is sponsored by Mayor William Phelan and the Quincy Beaches and Coastal Commission, Leo Kelly, chairman.

There will be refreshments for sale and a bingo game and prizes.

Mound Street Beach is in Quincy Point with adequate parking and close to an MBTA bus route.

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Historic First Railroad Solved Bolt Problems Similar To Big Dig – *Page 2*

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper

VOL. 38 No. 45 | Thursday, July 27, 2006 | 40¢

Fun At Festival

CROWDS STROLLED Hancock Street which became a pedestrian mall for last week's 36th annual Sidewalk Festival sponsored by the Quincy Business Association.

KING AND QUEEN — Jared Lyons and Callie Baker, both of Quincy, took top honors in the Little Mister & Little Miss Hawaiian Tropic Model Search contest. The adult Miss Hawaiian Model pageant was canceled because of rain.

SIDEWALK SAM oversees youngsters displaying their artistic talents with crayons on Hancock Street. Other Photos on Page 10 and Page 12. *Maralin Manning Photos*

Could Save 'Hundreds Of Thousands Of Dollars'

City's Bond Rating Increased To A+

Mayor William Phelan announces that Standard and Poors has increased the City of Quincy's bond rating from "A" to "A+."

The improved rating could result in hundreds of thousands of dollars in potential savings in city debt payments, Phelan noted.

"The rating increase is more great news for Quincy and its residents," Phelan said. "We continue to improve our city's financial strength and it is being recognized. The rating increase will help us save significant taxpayer dollars going forward."

Standard and Poors cited Quincy's low debt burden, continued strong property-tax base growth, growing revenue flexibility, higher reserve levels and excess levy capacity as reasons for the improved rating.

In May, Phelan added $5 million saved from Fiscal year 2005 to the city's Stabilization Fund, strengthening the city's financial portfolio. The city's Unreserved General Fund Balance, he said, has gone from a $5 million deficit in 2001 to a positive $13.1 million at the end of Fiscal Year 2006; an $18 million turn-around since he took office in 2002.

"Early on, we developed a road map to improve the city's finances and we have executed it with the help of our departments and members of the City Council," Phelan said.

"By strengthening our reserves, we are ensuring that we have money saved for any 'rainy-day' occurrences and we are actually saving money by paying less on our debt. Simply put, we are saving money by saving money."

Standard and Poors also cited the city's flexibility in excess levy capacity, or money below what is allowed by state law to tax its properties as a reason for the increase. The city has an unused levy capacity of $6.3

(Cont'd On Page9)

Building Code On Windows Eyed In Wake Of Boy's Death

By TOM HENSHAW

The death of a 3-year-old boy who fell from a sixth floor window in a Quincy Point apartment complex has touched off a new interest in the code that governs buildings in the city.

Gitakrsna Gannavarapu died Sunday in Boston Medical Center, nine days after he plunged from the window in the hallway where he lived in Faxon Commons, 1015 Southern Artery.

Two years ago, a 4-year-old youngster was seriously injured when he fell four stories from a window in the same building, which had been cleared of any code violations.

Building Inspector Jay Duca said Mayor William Phelan has asked several department heads to meet Tuesday, Aug. 1, to consider guidelines to prevent such accidents from happening again.

The City Council may get involved, too.

"I was interested to learn that the building code does not cover windows that are a definite threat to youngsters," said Ward 2 City Councillor Daniel Raymondi.

"This is something we should address in the fall."

The problem with possible city action, he said, is that the building code is a state function.

"I'm not sure that there is anything the city can do," he said. "But it is an opportunity for us if we have the authority."

Raymondi said he plans to contact the Building Department and the Legal Department "to see what is most appropriate to draft and get direction for action in the fall."

Building Inspector Duca said he didn't know how much the city could do since the state has control of the building code.

"I don't know if we can have an ordinance that doesn't conflict with the state building code," he said.

"We'd like to offer informational guidelines on what to look for in windows or anything we can put together to educate people."

The Gannavarapu boy apparently fell through a loose screen or an open window in the hallway outside apartment in which his family had lived for less than a year after moving from India.

■ **New Treasurer/Collector - *Page 3*** ■ **Celebrating Amelia Earhart's 109th Birthday - *Page 13***

BOLT SOLUTION. The men who built the Granite Railway in West Quincy, the first commercial railroad in the nation, solved a problem of loose bolts similar to those of the Big Dig by enlarging the holes and using expansion bolts that split inside the rails. Photo shows strap iron rail with enlarged holes (top), hand holding original bolt (at right) and expansion bolts (at left).

THE GRANITE RAILWAY INCLINE
(Quincy Sun Photo/Robert Noble)

First Railroad Met, Solved Problems Similar To Big Dig

By TOM HENSHAW

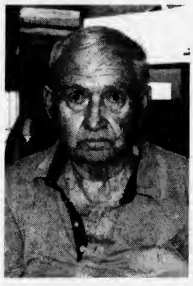
The tales of loose bolts and epoxy that are emerging from Boston almost daily in the scandal surrounding the Big Dig had their counterparts in Quincy many, many years ago.

"They solved that one quickly," said Dick Muzzrole, who has devoted many of his 85 years to studying, maintaining and promoting the world's first commercial railroad in West Quincy.

The cars that carried Quincy granite for the Bunker Hill Monument in 1827 rode on granite ties or sleepers with wooden rails topped by strap iron three-sixteenth of an inch thick.

When the wooden rails were replaced by granite in 1830, it was discovered the bolts or spikes that held the strap iron to the granite rails tended to loosen.

"They solved that by enlarging the hole and putting in bolts that expanded inside the granite rail," said Muzzrole.



RICHARD MUZZROLE

Bolts were made expansive by splitting them and inserting a shim. A similar principle is employed in today's mollyscrew

Another problem emerged when the rails crossed public highways and the stress added by the traffic on the roads also caused bolts to loosen.

"They didn't have epoxy in those days," said Muzzrole, "so Gridley Bryant had them pour lead around the expansion bolts in the strap iron to hold them more securely."

Any similarity between the Big Dig and the Granite Railway ends there.

The three-mile Granite Railway cost $33,158.95 to build, about $100,000 if you include the land, wharf, cars and other equipment. And for many years its maintenance cost was less than $10 a year.

City Democrats To Canvas Voters For MassVictory '06

Quincy Democrats are loading up for the November, 1906, state election this Saturday, July 29.

They have signed on to join MassVictory '06, a grassroots organizing effort sponsored by the State Democratic Party to boost voter participation and turnout for the election.

Democratic City Chairman Chuck Phelan has urged fellow party members to meet at 9:30 a.m. at Caddy Park on Quincy Shore Drive for instructions, neighborhood maps and literature.

Then they will fan out throughout Quincy's neighborhoods until 1 p.m.

Following the canvas, there will be a cookout at the home of Ward 4 City Councillor Jay Davis at 33 Shawmut St., West Quincy.

For more information, call Alicia Gardner at 617-328-9382 or visit AGARDNER.6@YAHOO.COM or Patrick McDermott at 617-594-0640 or visit PATRICKMCDERMOTT@BC.EDU.

Or visit the web at WWW.MASSVICTORY06.ORG.

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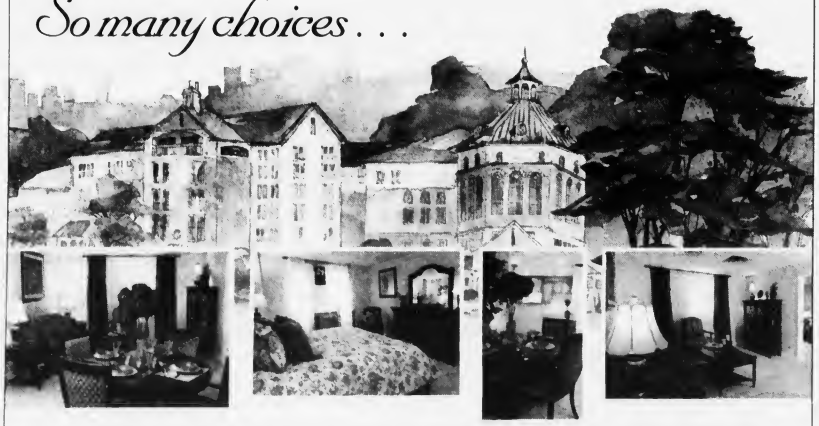
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Educating Youngsters Against Drug, Alcohol Abuse

Helicopter Takes D.A.R.E. Program To New Heights

By MIKAELA SLANEY

Quincy campers waved at pilots of a National Guard helicopter as it landed in Pageant Field, Friday morning.

The helicopter landing was part of Quincy Police Drug Abuse Resistance Education (D.A.R.E.) Program that teaches elementary and middle school children the dangers of drug and alcohol abuse. D.A.R.E. officers John P. Grazioso and Don Sautter run the camp with 16 participating high school students who serve as peer leaders. This year 112 children are attending the Quincy Police D.A.R.E. Summer Program, during the last two weeks of July.

"My feeling is that the more education they get now, the better the decisions they'll make later on," said Grazioso.

Pilots Duks Nguyen and Francis Hoban explained different features of their helicopter, the OH58 Kiowa, which was flown in from Barnes International Guard Airbase in Westfield.

"We use (the helicopter) for search and rescue. We're a bunch of grownups doing kids things," said Nguyen.

"We call this our toy," said Hoban.

"This is our office and this is our view, and it changes every day," said Nguyen.

When the officers briefed the campers on the dangers of staying off drugs, campers quickly gave responses. "You guys have a really good D.A.R.E. program," said Hoban.

During the school year, Grazioso and Sautter instruct the D.A.R.E curriculum to approximately 850 upcoming 6th grade students at 11 public and four parochial elementary schools, and 750 upcoming 8th grade students at 5 public middle schools.

The D.A.R.E. curriculum consists of a number of exercises that help participants go through the steps of making good decisions: Define (figure out what the problem is), Assess (what are the choices), Respond (pick out the best choice) and Evaluate (decide why was the choice a good one). Students learn to recognize and resist peer pressure, and how to solve a disagreement in a peaceful way.

Participating campers gave the program positive reviews:

"It's been fun and we've learned a lot," said Shannon Callaghan, Central Middle School.

"We've learned more reasons not to take drugs," said Meredith Flaherty, Central Middle School.

"People get into car accidents, and people can get hurt using it," said Breeah Langton-Tabbi, Woodward School.

"I've learned how to resist drugs and alcohol, and there's so many bad things that can happen if you take drugs and alcohol, and if you abuse it," said Tyler Wayne, Point Webster Middle School. The Quincy Police D.A.R.E. program, in cooperation with the Quincy Public Schools and Parochial Schools, has been taught in Quincy since 1989.

For the past 13 years, the Quincy Police D.A.R.E. Unit has sponsored a summer D.A.R.E. Program for elementary school children who complete the program during the school year. This summer camp gives many children the opportunity to attend camp, who otherwise would not be able to, due to financial reasons, or family situation.

The campers said that so far in the camping program, they went to a PawSox game, visited an underground prison on George's Island at Boston Harbor, and are planning to visit Canobie Lake Park, and Skatetown U.S.A.

HELICOPTER OH58 KIOWA landed at Pageant Field before a crowd of onlooking campers.
Quincy Sun Photos/Robert Noble

D.A.R.E. CAMPER EXPLORE the National Guard helicopter used for search and rescue. From left are Zachary Chen, Central Middle School, and Richard Hampe, Lincoln-Hancock School.

HELICOPTER PILOTS from left asked campers about the benefits of avoiding drug and alcohol abuse, and told campers about the structure of the helicopter.

Phelan Appoints New City Treasurer/Collector

Quincy has a new city Treasurer/Collector.

Mayor William Phelan announces the appointment of Gloria Williams, town of Pembroke Treasurer/Collector, who will assume her duties in August.

A hiring committee selected Williams from a list of candidates.

"Ms Williams has an exemplary service record in both the public and private sector," said Phelan. "She has direct experience and success in many of the areas that we are looking to improve. I am excited that she is taking the position and I look forward to working with her."

Williams served as the Treasurer/Collector in Duxbury prior to her current service in Pembroke. She also has nine years experience in financial management for the Stop & Shop Company.

Williams' public sector record includes increases in investment returns, increased collection of outstanding revenues, and the implementation of automated and online services for a more customer-friendly approach.

"Gloria impressed the selection committee with her ability to improve all facets of the Treasurer/Collector departments that she ran," said Phelan. "She brings the professionalism, experience and skill set that we are looking for and I fully expect we will continue to improve our performance in this area."

Tom Largey, who has been serving as temporary Treasurer/Collector will return to his post as the mayor's Executive Secretary/Chief of Staff.

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Moments in time

THE HISTORY CHANNEL

• On **July 25, 1894,** actor Walter Brennan is born. Brennan worked in vaudeville before World War I, then headed to Hollywood after the war. He became the first actor ever to win three Academy Awards, for "Come and Get It" (1936), "Kentucky" (1938) and "The Westerner" (1940).

• On **July 24, 1901,** William Sydney Porter, otherwise known as O. Henry, is released from prison after serving three years for embezzlement from a bank in Austin, Texas. Porter began writing stories to support his young daughter while he was in prison. He specialized in stories about everyday people, often ending with an unexpected twist, as in "Gift of the Magi."

• On **July 28, 1932,** during the Great Depression, President Herbert Hoover orders the U.S. Army to evict thousands of Bonus Marchers from the nation's capital. An estimated 20,000 marchers had assembled in Washington to cash in their World War I veterans' bonus certificates. The camps were set on fire, and the veterans were driven from the city.

• On **July 26, 1942,** actor Gene Autry is sworn in to the Army Air Corps during his radio show, "Gene Autry's Melody Ranch." He served as an officer until 1945, when he resumed his show, which ran until 1956.

• On **July 27, 1974,** Russian ballet dancer Mikhail Baryshnikov makes his U.S. debut in a performance of "Giselle" with the American Ballet Theater in New York. The dancer had defected from the Soviet Union while on tour in Canada earlier in the year.

• On **July 29, 1981,** nearly 1 billion television viewers in 74 countries tune in to witness the marriage of Prince Charles, heir to the British throne, to Lady Diana Spencer, a young English schoolteacher. The marriage ended in divorce in 1996.

• On **July 30, 1994,** Jesse Timmendequas is charged with the murder of 7-year-old Megan Kanka in New Jersey. Kanka's death inspired Megan's Law, a statute enacted in 1994 requiring that information about convicted sex felons be available to the public.

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Sunbeams

By Henry Bosworth

The Charmed Ward 5 Seat

You might say Doug Gutro is sitting in what has been a charmed political seat.

That's the Ward 5 city council seat from which several predecessors have gone onto bigger things.

There's little doubt that Gutro, now the city council president, is interested in the mayor's office.

GUTRO

Not for a run next year against incumbent William Phelan but when he sees what looks like the opportune time to make a run.

Gutro should find inspiration in the modern history of that Ward 5 seat and five of its former occupants.

BURKE

HANNON

POWERS

It has produced a mayor, three district attorneys, a Congressman and a judge.

Myron Lane, George Burke, William Delahunt, Walter Hannon and Warren Powers started their political careers as Ward 5 councillor.

Lane, who held the seat in 1936-1941, made an unsuccessful bid for mayor but later became Norfolk County district attorney.

Burke (1960-1963) moved up to councillor at-large and state representative and was elected district attorney in 1966 — the first Democrat to ever hold that post.

Hannon (1964-1971) succeeded James McIntyre as mayor in 1972 when the latter stepped down to become counsel to the Massachusetts senate.

Delahunt (1972-1973) defeated Powers for the seat which Hannon left to run for mayor. He completed the term and went on to become district attorney and then congressman — the first congressman from Quincy since John Quincy Adams.

Powers came back to win the Ward 5 seat in 1973 and went on to become a judge. He is now the presiding justice of Wrentham District Court.

Gutro might like to keep that in mind when he thinks about his political future.

❑

SPEAKING OF George Burke, he will be inducted into the New England Basketball Hall of Fame at a ceremony Oct. 6 on the University of Rhode Island campus.

This is another tribute for his exploits as an outstanding player while at the University of Massachusetts in Amherst.

Burke not only is in the UMass Hall of Fame but it has been named in his honor.

And the No. 32 jersey he wore in the 1950s and Julius Erving wore later, was retired.

The two No. 32s hang across from one another in the Mullin Center where the basketball games are played.

❑

ONE OF QUINCY'S nicest couples, Bill and Jean Donnelly, were honored at the recent St. John's annual golf tournament.

Bill, a retired Quincy police officer, and Jean organized the tournament about 15 years ago. They have also played major roles in other parish activities throughout the years.

An Appreciation Award was presented to them by Guido Pettinelli, also a retired police officer, and Lou Rizzo, tourney chairman, on behalf of St. John's Parish.

❑

JUST WONDERING: Do you think if all the cars on the road made as much noise as motorcycles, it could be heard on Mars?

MEMA Issues Safety Tips For Storm-Caused Power Outages

"The severe winds experienced during hurricanes and tropical storms have the potential to cause power outages throughout the Commonwealth," warned Massachusetts Emergency Management Agency Director Christine McCombs.

"These strong winds have the capability to topple utility poles and snap tree limbs causing them to fall on power lines and disrupt electrical service."

(MEMA) has the following tips for dealing with possible power outages:

• Check flashlights and portable radios to ensure that they are working, and there are extra batteries. A radio is an important source of weather and emergency information during a storm.

• Water supplies can be affected by power outages (especially with a well-water pump system). Fill a bathtub and spare containers with water. Water in the bathtub should be used for sanitation purposes only, not as drinking water. Pouring a pail of water from the tub directly into the bowl can flush a toilet.

• Set the refrigerator and freezer to their coldest settings (remember to reset them back to normal once power is restored). During an outage, do not open the refrigerator or freezer door unnecessarily. Food can stay cold in a full refrigerator for up to 24 hours, and in a well-packed freezer for 48 hours (24 hours if it is half-packed).

• For medications that require refrigeration, check with a pharmacist for guidance on proper storage during an extended outage.

• To protect against possible voltage irregularities that can occur when power is restored, unplug all sensitive electronic equipment, such as TVs, stereo, VCR, microwave oven, computer, cordless telephone, answering machine and garage door opener. Review the process for manually operating an electric garage door.

• Be extra cautious when going outside to inspect for damage after a storm. Downed or hanging electrical wires can be hidden by trees or debris, and could be live. Never attempt to touch or move downed lines, and keep children and pets away from them. Do not touch anything power lines are touching, such as tree branches or fences. Always assume a downed line is a live line. Call a utility company to report any outage related problem.

The Massachusetts Emergency Management Agency is the state agency responsible for coordinating federal, state, local, voluntary and private resources during emergencies and disasters in the Massachusetts.

Beechwood On Bay Offers Cooling Center For Seniors

This is the time of year when the popular clinics, clubs, workshops and other such programs are not necessarily the only attractions at Beechwood on the Bay.

It's the air conditioning at the Senior Center where those most at risk can gather to cool off when the temperatures reach for the high 90 degree mark.

"Air-conditioning is the number one protective factor against heat-related illness and death," reminds the U.S. Department of Health and Human Services.

Beechwood opens at 7:30 a.m. each day and closes at 5:30 p.m. on Monday, Wednesday and Friday. There are evening programs Tuesday and Thursday until 9 p.m.

To check on Cooling Center hours, call Maryann Mahony, the Senior Center coordinator, at 617-471-5712.

"Our drop-in center is cool and welcoming," said Mahony. "Quincy seniors are invited to stop by to participate in some or all of our summer activities."

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MOKI: 1 y.o. female Calico. Shy but very sweet.
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WHITEY: 10 y.o. pure white DSH female.
LOLA: more information to follow.

PLUS MANY MORE CATS and KITTENS NEED HOMES

Scenes From Yesterday

THIS IS A 1915 postcard view of the Quincy Homestead on Hancock Street at the corner of Butler Road. The house was home to five generations of Quincy families, but was popularly known as the Dorothy Q. or the Dorothy Quincy House for many years. She was to marry John Hancock here, but the start of the Revolutionary War disrupted their plans and they were married in Connecticut instead. To the left of the house just out of view was a dam that caused the Furnace Brook to create the large pond in the foreground. During the Depression, WPA workers took out the dam and narrowed the brook here with granite embankments. The homestead recently became a National Historic Landmark. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of Tom Galvin

Readers Forum

Criticizes McNamee's Methods On Pre-Release Center

I'm still trying to figure out just what has been motivating Ward 6 City Councillor Brian McNamee in his continued attacks against the City of Boston. (McNamee Pursues Info On Pre-Release Center, July 20).

This is the second time in recent weeks that my ward councillor has blasted Mayor Tom Menino and now has threatened to sic Norfolk County D.A. Bill Keating on him.

One cannot demand cooperation and expect to really get it, can they? McNamee has cited an anonymous Boston city employee who has alleged access to information that Boston is planning to locate a pre-release center at Long Island.

Last time I heard, Boston City Hall held no prisoners. Any inmates inside the City of Boston are the responsibility of DOC or Suffolk County run by Sheriff Andrea Cabral. If McNamee is concerned about rumors of soon-to-be released inmates coming to Long Island, why contact the mayor? Call the county sheriff.

The last time I was on Long Island was more than four years ago when I escorted a DMH client to a program on Long Island. Both the City of Boston and the Commonwealth of Massachusetts along with private human service vendors run programs out on Long Island.

Back when I was a child, there was Long Island Hospital which one could access through Quincy or by a ferry from the North End of Boston.

Many times thanks to a NIMBY (not in my backyard) mentality, it is difficult to place programs helping folks cope with numerous life issues when people say keep them somewhere else. Long Island became "somewhere else."

Rather than threaten Boston with legal action, how about cooperating a bit better? Is Boston really dumping its problems on us or is Long Island a place where people can begin to re-enter society?

Unfortunately, Long Island isn't attached to Dorchester. One must enter Quincy to get to it. For that reason alone, both cities must work with each other.

How many Quincy residents have used the services provided on Long Island? Does McNamee even know?

If, however, there is a problem to be addressed between the two cities, it would be better addressed by a summit between our Mayor Bill Phelan and Boston's Mayor Tom Menino.

Finally, rather than starting a press release war against Boston, perhaps McNamee could contact his Boston counterpart, District Councillor Maureen Feeney, across the Neponset Bridge, who actually is the city councillor representing Long Island on the Boston City Council.

Sal Giarratani
Atlantic Street

Some Criticism For Sal

What makes Sal Giarratani (Atlantic Street) such a know-all expert in everything?

He obviously dislikes the homeless, the arts, the gays. Doesn't he have a life?

Give it up Sal, and let other customers voice their opinions! And enjoy the summer!

Ken Bennett
Boston

Blood Pressure Clinics Free For Seniors

Weekly blood pressure screenings for elders will be held every Monday from 10 to 11 a.m. at the Council on Aging office, 83 Saratoga St., North Quincy.

Gail Crawford, a registered nurse, will donate her time and talents to assisting senior citizens in having their blood pressure taken weekly.

Appointments can be made but walk-ins also are accepted. For more information, call 617-376-1506.

Quincy's Yesterdays

Connector's Fate In State's Hands

This Week
1981
25 Years Ago

By FRANK McCAULEY

The fate of the controversial East-West Connector is in the hands of the state.

The upwards of 150 people who packed the City Council Chamber at City Hall for a State DPW hearing appeared to be split just about equally for and against the federal- and state-funded project. The road would connect Southern Artery with the Ross Parking Area.

Proponents argued the proposed roadway was needed to offer easy access to the downtown business district from the proposed Burgin Parkway extension. Opponents claimed the connector would be too disruptive to existing businesses on Hancock Street.

The two candidates seeking to succeed Mayor Arthur Tobin, Councillors Francis McCauley and Daniel Raymondi, expressed opposition to the plan.

COMMITTEE NAMED FOR McINTYRE MALL DEDICATION

Mayor Arthur Tobin named a committee to plan for the dedication of McIntyre Mall, named in memory of Police Captain William McIntyre. Tobin said, "The McIntyre family has made lasting and significant contributions to the history and the growth of our city." The late Captain McIntyre was the father of former Mayor and Sen. James McIntyre.

KEEPING UP WITH THE RED SOX

The Red Sox, along will all other Major League Baseball teams, were on strike. The strike was in its 47th day with the players' compensation a major stumbling block in the negotiations with the league's owners. (The strike would be finally settled after 49 days.)

QUINCY-ISMS

Mr. and Mrs. **Richard Koch Sr.** welcomed two new grandchildren recently. Their daughter, **Linda Bowes**, delivered a 10-pound, 10-ounce daughter, **Kristen Marie**, while son **Richard Koch Jr.'s** wife, **Nancy**, delivered a son, **Matthew Richard**, weighing 7 pounds, 13 ounces. Both babies were delivered at Quincy City Hospital . . . Burke's Seafood, 61 Billings Road, North Quincy, weekly specials included "Fresh Bay Scallops for $3.99 a lb." . . . **Carol DiGusto**, daughter of Mr. and Mrs. **Richard DiGusto**, was named to the dean's list at Tufts University after maintaining a 4.0 grade-point average . . . Quincy Cooperative Bank, 1259 Hancock St., Quincy Center, was offering 30-month certificates with an effective annual yield of 16.603 percent . . . The Quincy City Club planned its annual cookout for the staff and members of the Happy Acres Day Camp to be held Aug. 4 at Pageant Field. **Ted DeCristofaro** was in charge of the food preparation, assisted by **Shaun Mulvaney** and **Ray Cattaneo** . . . Former state Rep. and City Councillor **Joseph Brett** was honored at a recent awards dinner for his service on the board of directors of Cerebral Palsy . . . **Forrest Neal** received a Paul Revere Bowl commemorating his 11 years service as a member of the MBTA Retirement Funds Board of Directors . . . Airman First Class **Daniel Higgins**, son of Mrs. **Arlene Higgins**, 132 Palmer St., Germantown, arrived for duty at the Royal Air Force Base in Bentwaters, England . . . Second Lt. **Russell Hodgkins Jr.**, son of Mr. and Mrs. **Russell Hodgkins Sr.**, graduated from pilot training at Vance Air Force Base in Oklahoma . . . **Judith LaFleur** and **Steven Bonoli**, both of Quincy, were awarded degrees at the 110th commencement of Plymouth State College. Miss LaFleur graduated magna cum laude . . . A service of sermons based on the Book of Revelations continued at the First Church of Squantum where the Rev. Dr. **Gene Langevin** preached on "The Final Conflict: Armageddon" . . . Dr. **Joseph Nicastro** was appointed assistant superintendent of the King Philip Regional School District, Wrentham. Dr. Nicastro has been employed in the Quincy school system for 20 years . . . **Patty Raber**, 41 Traffrail Road, Germantown, was selected as the winner in "Month of Sundaes" promotion held by Baskin-Robbins, Quincy Center. The first prize entitles her to 31 free sundaes . . . **Wayne Gardner**, son of Mr. and Mrs. **Robert Gardner**, 38 Riverside Ave., Adams Shore, completed a six-week tour of the West, studying geophysics. Wayne is studying at Bates College in Lewiston, Maine . . . **Patricia Howe**, daughter of Mr. and Mrs. **Larry Scarnici**, 24 Sunnyside Road, West Quincy, was named to the dean's list for the fall and spring semesters at Salem State College . . . **William O'Hare**, a 27-year-old attorney, announced his candidacy for councillor at large in the November elections . . . The Seafood Outlet, 86 Sumner St., Quincy Point, was offering "Fresh Haddock $1.49lb." . . . Atty. **Gerald Kirby**, an assistant district attorney for Norfolk County, was appointed to the board of directors of the Norfolk County Agricultural School in Walpole. The appointment was made by Gov. **Edward King**.

Arts & Entertainment

'Two Of A Kind' In Concert Sunday At Thomas Crane Library

The husband and wife folk duo "Two Of A Kind" will present an interactive concert for all ages Sunday, July 30 at 3 p.m. on the Thomas Crane Public Library lawn, 40 Washington St., Quincy.

Two of a Kind delights audiences of all ages with their music, good humor and audience participation.

This award-winning, nationally touring duo specializes in interactive musical programs for children and eclectic folk songs for adults.

THE FOLK DUO "Two of a Kind" featuring husband and wife David and Jenny Heitler-Klevans will perform in concert Sunday at 3 p.m. at the Thomas Crane Public Library, Quincy Center.

David and Jenny Heitler-Klevans have been singing together since 1987. Their beautiful harmonies accompanied by David's powerful, rhythmic guitar playing and Jenny's multi-ethnic percussion instruments create magic on stage.

The concert will last one hour and will be held in the library's atrium if the weather is inclement.

The performance is sponsored by the Friends of the Thomas Crane Public Library.

For more information, call 617-376-1301 or visit thomascranelibrary.org.

Indian Language Film Featured At Library Aug. 3

The Indian film, "A Peck on the Cheek," in Tamil and Sinhala with English subtitles, will be shown Thursday, Aug. 3, at 7 p.m. at the Thomas Crane Public Library, 40 Washington St., Quincy.

The screening in the library's community meeting room is another in the series of foreign films selected from the world's top festivals, including Cannes and Sundance.

The films are not subject to rating by the Motion Picture Association of America, but they are not recommended for ages under 17 without parental permission.

"A Peck on the Cheek" tells the story of Amudha, who is not told she is an adapted daughter until she is 9 and sets out to find her biological mother.

The search takes the family to strife-torn Sri Lanka, where Amudha comes face-to-face with reality and reconciles herself to it.

Another foreign film, "Spare Parts," in Slovenian with English subtitles, an official selection at the Cannes Film Festival, is scheduled for Thursday, Aug. 17.

For more information about the film series, call 617-376-1301 or visit **thomascranelibrary.org.**

Foxwood Trips Each Wednesday

The Council on Aging is offering trips for seniors to the Foxwood casinos in Connecticut on the first Wednesday of every month.

The cost is $25 and the bus will leave from the parking lot next to the red brick office building on Victory Road in Marina Bay promptly at 8 a.m.

For further information, call Dorothy Dow at 617-376-1508.

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THE 11TH ANNUAL Arts Affair on the Boardwalk at Marina Bay will be held Saturday, Aug. 5 from 10 a.m. to 8 p.m. and Sunday, Aug. 6 from 10 a.m. to 5 p.m. The event will feature an awards presentation ceremony Aug. 5 at 2 p.m. as well as artists demonstrations during both days. *Nancy Santry Photo*

Arts Affair Aug. 5-6 On Marina Bay Boardwalk

The 11th annual Arts Affair on the Boardwalk at Marina Bay featuring hundreds of works of art will be held Saturday, Aug. 5 from 10 a.m. to 8 p.m. and Sunday, Aug. 6 from 10 a.m. to 5 p.m.

Last year's event registered over 300 original works of art submitted by members of 12 South Shore and Boston art associations. This year, the South Shore Arts Center in Duxbury has been added to the roster, joining the Artists' Circle of the Fuller Museum in Brockton, Art Associations from Braintree, Canton, Hyde Park, Milton Art Museum, Norwood, Quincy, Scituate, South Boston, Weymouth and West Roxbury, as well as the Hull Artists Studio Connection.

Judging will take place Aug. 5 from 10 a.m. to noon. Judges will award ribbons and cash awards in the categories of oil, acrylic, watercolor, mixed media and photography. "Best of Show" will also be awarded a ribbon and cash prize.

An awards presentation ceremony begins at 2 p.m. Aug. 5. There will be artists demonstrations throughout the day.

On Sunday, Aug. 6, the Arts Affair continues from 10 a.m. to 5 p.m. There will be artists demonstrations throughout the day.

The event will be held rain or shine.

Admission is free and parking is free.

The Arts Affair is made possible with the support of numerous sponsors and advertisers, and with the dedication of dozens of hardworking volunteers.

'Flashing Fireflies' Highlight Monday Night Crafts For Kids

Registration will begin Monday, July 31, for the third of four Monday night craft programs for older children at the Thomas Crane Public Library.

The first of the programs, entitled "Flashing Fireflies," will take place Monday, Aug. 7, at 7 p.m. in the Children's Room of the Main Library, 40 Washington St.

The craft programs allow older children to work on more detailed and complicated projects. Registration is required and is limited to Quincy residents only.

Registration will also begin Monday, July 31, for an evening story/craft program for children ages 8 and older at the Wollaston Branch Library, 41 Beale St.

The program will take place Wednesday, Aug. 9, at 7 p.m. and will consist of a story and a chance to make beaded backpack pulls, bracelets and necklaces.

Call the Wollaston Branch at 617-376-1331 to register.

The project for the week of July 31 in the Arts-to-Go series of art activities will be "Winged Ladybugs."

The programs travel throughout the city's library branches with projects easy enough for preschoolers to do with an adult's help and free for enough for school age kids to be creative.

Youngsters are encouraged to drop in any time between 2 and 4 p.m. to create a project.

Supplies for the weekly projects are available at the Children's Room of the Main Library on Monday, Adams Shore on Tuesday, Wollaston on Wednesday and North Quincy on Thursday.

The annual Summer Storytellers Series continues on Tuesday, Aug. 1, at 7 p.m. when storyteller Sharon Kennedy presents Inca, Aztec and Maya Folktales.

Kennedy spent the summer of 2005 in Ecuador and Peru collecting stories from shamans and healers in the rainforest and the Andes Mountains.

He program is for families with children ages 5 and older and will be held in the large meeting room at the Main Library, sponsored in part by a grant from the Quincy Arts Council.

At the same time, younger children ages 2-5 with an adult are invited to join storyteller Joan Goodman for a pajama storytime in the Children's Room of the Main Library.

This program is sponsored by the Friends of the Library.

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Line Dancing For Seniors At Fore River Clubhouse

The Quincy Council on Aging will hold a line dancing class for seniors every Thursday at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., Quincy Point.

SOCIAL

141 Residents On UMass-Boston Dean's List

The University of Massachusetts Boston lists 141 residents on the Dean's List for the Spring Semester.

They are:

Mayuka Hosoi, Anthony Livecchi, Christina Galecia, Linda Mou, Tae-Young Park, Christian Polleys, Lori Ellen Schneider, Lorraine Silvia, Christopher Smith, Jason Son, Joanna Tan, Jun Tan, Andrew Taylor, Rachel Tisdale, Joseph Norris, Charles O'Brien, Ying He, Sau Lai Lo, Laura Matos, Joseph Mazrimas, Jennifer McGlynn, Hua Huang, Natallia Hutman, Eri Ishimura, Jade Kwong, Zhi Li, Andrew Quant, Adam Smith, Susan Seatt, Paul Ventresca, Jagamya Vijayaraghavan, Jeanette Welch, John Wong, Fangyan Xu, Laiyan Yu, James Zapata, Xiaoling Zhuo, Charles Brown, Scarlett Buer, Kelly Dicarli, Susan Donovan, Yupui Chong, Timothy Dixon, Michael Haendler, Jeff Hollister, Pei Huang.

Erica Johnson, Robert Lescinskas Jr., Jiemei Li, Jieying Lin, Yunchuan Lin, Lidan Liu, Wei Lu, Katie Lynch, Kristina Manganaro, Kosuke Matsunaga, Thomas McManamy, Krista Nolan, Jessica Westgate, Yaqing Wu, Yafang Wu, Zhichao Xue, Carlos Bock, Mary Chan, Aleydita Amado, Nikoleta Asllani, Elena Asllani, Dianne Banocy, Jason Bedore, Alex Bernico, Amanda Bock, Kenyatta Braithwaite, Elizabeth Campbell, Vilma Cassli, Valerie Chin, Victor Christensen, Daesun Chung, Jessica Conine, Lyall Croft, Oiuju Dai, Gregory Daniel, Shannon Donahue, Sara Dogherty, Abigail Duffy, Farida Ellouizi, Denise Fang, Joseph Fitzgerald, Jennifer Fooks, Gwen Ford, Linda Fordjour, Dalilah Freedman, Linda Gilday.

Megan Grasselli, Courtney Hayes, Man Ho, Caitlin Hunyadi, Quechi Huynh, Sarah Johnson, Yurie Kim, Karyee Lee, Jocelyn Li, Mei Li, Kevin Lo, Jeffrey Lui, Moses Magera, Maureen Maguire, Laura Martone, Kate McShane, Meg Meffen, Elisabeth Meyer, John Miller, Kevin Moy, John Nguyen, Adaobi Nwakwesi, Maryellen Odea, Shannon Paine, Noretta Paja, Devon Portney, Justyna Przygocka, Ryan Quinn, Cassandra Roth, Siang Sang, Maria Serpa, Rachel Sullivan, Pin-Chia Tseng, Christinne Villanueva, Anxhelina Voskopoja, Trinh Vu, Rory Wade, Paula Williams, Kristin Wilson, Alice Wong, Scott Zanelli, Nora Adukonis, Mary Arnott, Ulrike Baigorria, Heidi Vogel Marquis, Danping Chen, Michelle Norek, Lisa Tasonis, Matthew Baker.

Red Hatters To Hold Event

The Red Hat Ladies of Quincy and the River Bay Club will host an annual event Wednesday, Aug. 2, from 1:30 to 3 p.m. at the Koch Park and Recreation Complex, One Merrymount Parkway.

There will be prizes and refreshments. To reserve a seat, contact the Council on Aging at 617-376-1506.

Mr., Mrs. Jeff Daru Parents Of Son

Jeff and Keri Daru of Quincy are parents of Jake Benjamin Daru born June 7 at Beth Israel Deaconess Medical Center, Boston.

Grandparents are Ralph and Peggie Brown, Michael Sysocki, and Butch and Lucy Daru, all of Quincy.

Matthew Miller Graduates Clark

Matthew Q. Miller, of Quincy, recently graduated from Clark University in Worcester, with a masters degree in business administration

He is a graduate of Clark University with a bachelor of arts degree.

MARY and ARTHUR FORRESTER

Arthur, Mary Forrester Celebrate 50th On Cruise

Arthur and Mary Forrester of Quincy recently celebrated their 50th wedding anniversary with their four children, their spouses and eight grandchildren on a cruise to Bermuda aboard the Norwegian Majesty cruise ship.

They had previously celebrated at a surprise party given by their children at Maggiano's Restaurant along with Arthur's three sisters and brother and Mary's three sisters and brother-in-law.

The Forresters were married June 3, 1956 in Our Lady of Good Council Church in Merrymount in a double wedding ceremony with Mary's sister, Catherine and her husband, James Riley.

Mr. Forrester, a lifelong resident of Houghs Neck, is retired from the Office of Navy Research in Boston. Mrs. Forrester is retired as a secretary at Quincy Medical Center.

The children are James and his wife, Marcia, of Quincy; Gail Cunningham and her husband, William, of Bainbridge Island, Wash.,; Julie Graham and her husband, Stephen, of Quincy and Mark and his wife, Lori, of Marshfield.

Elizabeth Ryan Graduates Suffolk Law School

Elizabeth Ryan of Stoneham was recently awarded the degree of Juris Doctor at Suffolk University Law School.

A graduate of North Quincy High School, she is the daughter of Joseph and Frances Ryan of Quincy.

Mr., Mrs. Steven Ferrara Parents Of Son

Steven and Ana Cecilia Ferrara, of Quincy, are parents of Louis Steven Ferrara, born May 21 at South Shore Hospital.

Grandparents are Jose Luis and Maria Delores de Pena,, of Mexico, and Nancy Ferrara, of Quincy.

LOCKS OF LOVE donators from left are resident Alexandra Graf, and former resident Hannah Nelson. Each gave a donation of 10 inches of hair for cancer patients at A. Z. Studio in Hingham. Alexandra is the daughter of Paul and Laurie Graf, of Quincy. Hannah is the daughter of former residents Don and Kristen Nelson, of Scituate.

Matthew DeCilio Honored At Catholic Memorial

Matthew F. DeCilio of Quincy, an eighth grade student at Catholic Memorial High School, was doubly honored at the recent Middle School Academic Awards Night at the West Roxbury school.

He was awarded the Michael A. Rand Scholarship for demonstrating Christian characteristics, involvement in extra-curricular activities and being a contributing member of the school community.

He also received the Monsignor Charles A. Donahue Award give to eighth grade students for consistent effort and performance throughout the years.

Pamela Gray Receives Juris Doctor Degree

Pamela Gray, of Quincy, received a juris doctor degree from New England School of Law.

The daughter of John and Trudy Gray of Quincy, she is a 1998 graduate of Quincy High School and a 2002 graduate of Providence College.

A Dean's List student at New England School of Law, she received a CALI Excellence for the Future Awards in Housing Discrimination and Taxation of Business Entities.

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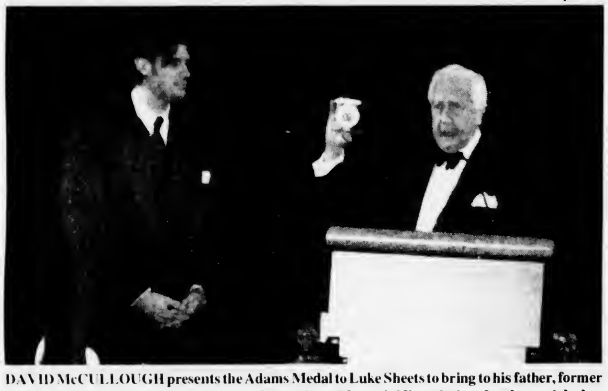
Helping Adams Memorial Become A Reality

AUTHOR-HISTORIAN David McCullough (left) was the keynote speaker at the dinner fund-raiser for the planned John Adams and Family Memorial on the Mall in Washington, D.C. held recently at Boston Marriott Quincy hotel. With him are Mrs. Tracey Phelan, Mayor William Phelan and Mrs. Rosalie McCullough.

Robert Noble photos

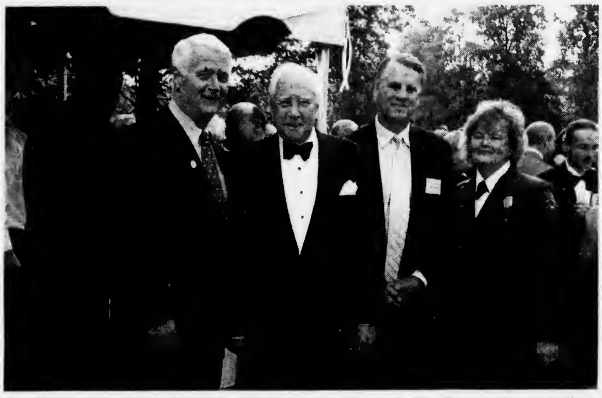


DAVID McCULLOUGH presents the Adams Medal to Luke Sheets to bring to his father, former Mayor James Sheets, regional director of the Adams Memorial Foundation, for the work he has done. Sheets, who was unable to attend the dinner because of illness from which he has since recovered, is the first person to be honored with the Adams Medal.

TAD AND LUKE Sheets, sons of former Mayor James Sheets, with Weymouth Mayor and Mrs. David Madden.

DAVID McCULLOUGH, Paula Timmins, School Committeeman James Timmins.

AT THE GARDEN reception on the Adams Mansion grounds before the dinner, from the left: Benjamin Adams, president, Adams Memorial Foundation (AMF); Donald Murphy, Deputy Director, National Park Service; his wife, Lorina Murphy; Donald Myer, AMF trustee; David McCullough, author-historian and chairman, AMF Board of Directors; Tim Roemer, AMF trustee; Mrs. Marilyn Fowler, William Fowler, AMF clerk; Joan Morgan, AMF executive director; and Peter Boylston Adams, AMF treasurer.



CONGRESSMAN WILLIAM DELAHUNT, David McCullough, Tim Roemer, former Indiana congressman and member of the Adams Memorial Foundation Board; and Marriane Peak, superintendent of the Adams National Historical Park, at the garden reception on the Adams Mansion grounds preceding the dinner.

SCHOOL COMMITTEEMAN Kevin Mulvey, state Treasurer Tim Cahill, Ward 3 Councillor Kevin Coughlin, City Council President Doug Gutro.

LESLIE MacKINNON, David McCullough, D.J. MacKinnon.

City's Bond Rating Increased To A+

(Cont'd From Page 1)

million or 4.5 percent which was cited by Standard and Poors as "above average for municipalities in Massachusetts."

Standard and Poors also considered Quincy's tax-base growth potential as a reason for the upgrade, citing the Crown Colony on-ramp project, the Quincy Center Concourse, the redevelopment of downtown Quincy and Quarry Hills Golf Course as examples of positive improvements to the local tax base.

The city's improved financial management practices were also cited, including monthly budget reviews, a formal five-year capital improvement plan, a new debt management policy and a formal operating reserve policy to maintain total reserves.

"This is great news, but we are far from done," Phelan said. "We will continue to improve our city's finances through sound fiscal management so that we can continue to make concurrent improvements in the quality of life in our city to include new sidewalks, beach improvements, street paving, better schools, park renovations and much more. I look forward to the challenge."

Friendly Visitors Sought At COA

The Quincy Council on Aging is seeking volunteers to call on the elderly who live alone and would like a friendly visit themselves.

The COA is also seeking seniors who live alone and would like a friendly visit themselves.

Call the COA at 617-376-1508 and ask to speak with Lena Trouth, the friendly visitor coordinator.

The Council is mandated by law to do background checks on all volunteers.

Christopher Smeglin Graduates Merchant Marine Academy

Christopher E. Smeglin recently graduated from the U.S. Merchant Marine Academy, in Kings Point, NY.

George W. Bush was the commencement speaker.

Smeglin received a Third Engineer Merchant Marine License, presented by Vice Admiral Joseph D. Stewart, the academy's superintendent.

Smeglin was additionally commissioned as a Naval Reserve ensign and earned a BA of science in marine engineering systems.

CHRISTOPHER SMEGLIN

The son of Michael and Jane Smeglin, he was nominated to the academy by State Representative William Delahunt.

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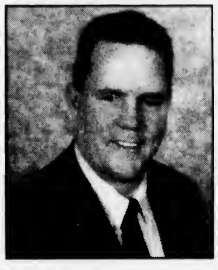

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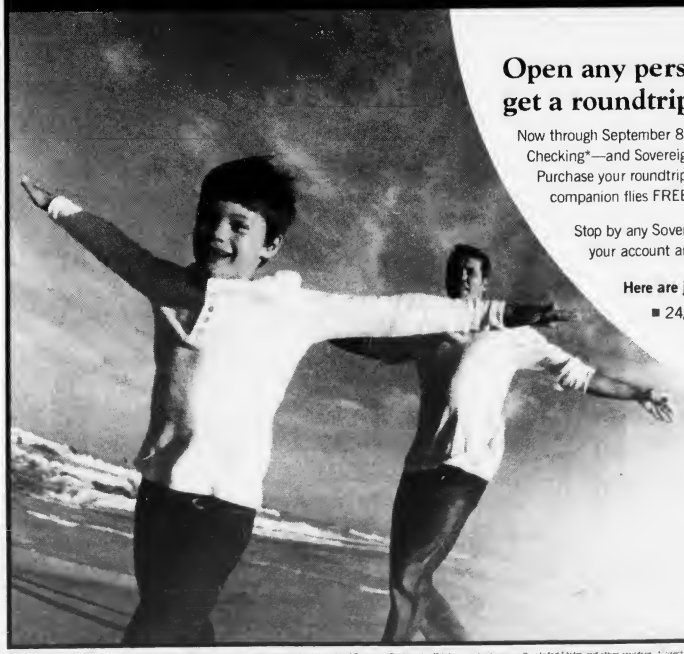

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$100,000 Grant To Train For Workforce At Quincy College

Quincy College has received a grant of $100,000 from the South Coastal Workforce Investment Board to provide free career and educational training programs to eligible students from the South Shore.

The programs, which are slated to be offered this fall, include certificate programs in both Allied Health/Phlebotomy and Exercise Science/Personal Training, an Early Childhood Education initiative that can lead to state certification.

Also available will be non-credit options in Computer Skills Training for those who are returning to the workforce and Welding, which will be offered in collaboration with the Quincy Public Schools.

"The primary goal of the initiative, dubbed 'Workforce Scholars of the South Shore,' is to provide income-eligible students with free career training leading to certification in one of five high-demand occupations," said Joe Bradley, executive director of College and Community Development

In order to be eligible for the program, students must be GED of high school graduates ages 18-21 (17-21 for Computer Skills Training), demonstrate financial need and live on the South Shore.

The priority application deadline for Workforce Scholars candidates is Monday, July 31. Interested students should call 617-984-1647 to discuss application requirements.

Quincy College and the South Coastal Workforce Investment Board will host a Workforce Scholars of the South Shore kickoff banquet in September.

Ayers Office Hours At Aging Office

Rep. Bruce Ayers will hold office hours at the Council on Aging office, 83 Saratoga St., on the second Friday of the month.

For an appointment, call the Council on Aging at 617-376-1506.

QUINCY NATIVE Jerry Watts (far left) performed with his group, "The Walker Billys," Saturday at the Sidewalk Festival. *Maralin Manning Photo*

Residents Win Right To Buy Affordable Townhouse

A single mother of two teenage boys won the right to purchase an affordable Washington St. townhouse at the First Time Homebuyer Housing Lottery, held Monday at the new City Hall.

The Affordable Housing Trust Committee held the lottery for a newly constructed two-bedroom 1.3 bath townhouse located close to Quincy Center. The lottery was open to Quincy residents that met household income requirements and received a mortgage pre-approval from a participating bank. The applications of seven residents were approved to participate in the lottery.

"Affordable housing is the most pressing issue facing Massachusetts today," said Mayor William Phelan, who drew the winning lottery ticket. "Quincy does it's part. It's a worthwhile program, and it's going to make someone very happy."

Janice Tucker, Homeownership Center Director at Neighborhood Housing Services, said that she had the opportunity to speak with the winner of the lottery drawing who said she was "thrilled." The winner was not present at the drawing.

The affordable housing unit was created under the city's Inclusionary Zoning Ordinance, which requires developers of 10 or more housing units to earmark 10 percent of new housing units as affordable.

Agencies that assisted with the lottery include: Vantage Development, the Zoning Board, the Affordable Trustfund Committee, Neighborhood Housing Services of the South Shore, Quincy Community Action Programs, Bank of America, Bank of Canton, Citizens Bank, and Eastern Bank.

Senior Scrabble Every Monday

Elderly devotees of the game "Scrabble" meet every Monday from 12 to 3:30 p.m. at the Dawes House on Quincy Shore Drive at the corner of Channing Street.

Beginners are welcome.

For more information, call 617-376-1506.

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Quincy Medical Center Recognized For Implementing Quality Cardiac, Stroke Care

Quincy Medical Center, a 232-bed community teaching hospital serving residents of Quincy and the South Shore, is one of 173 hospitals in the United States recognized by the American Heart Association and American Stroke Association's Get With the Guidelines program, for performance achievement in cardiac patient care.

The hospital was featured in an American Heart Association/American Stroke Association-sponsored advertisement in the July 10th edition of *US News and Word Report*.

The American Heart Association/American Stroke Association's Get With the Guidelines program is a quality-improvement program that helps hospitals to insure that patients consistently receive cardiac and stroke care, in accordance with the most up-to-date guidelines and recommendations. The program utilizes three modules to support hospitals in applying evidence-based guidelines to treat patients with coronary artery disease, stroke, and/or heart failure.

Upon meeting criteria specific to each module, hospitals are recognized for performance achievement if at least 85 percent of their cardiac or stroke patients (without contraindications) are treated and discharged according to the American Heart Association/American Stroke Association's guidelines and recommendations.

The recent American Heart Associations/American Stroke Association's advertisement recognizes Quincy Medical Center's commitment and success in performance achievement and continued efforts in the Get With the Guidelines program.

"Get With the Guidelines is about saving lives. The American Heart Association/American Stroke Association wanted to recognize Quincy Medical Center's efforts to implement and maintain the appropriate standards of protocol in cardiac care for patients," said Gregg C. Fonarow, MD, American Heart Association volunteer chairman for the national Get With the Guidelines Steering Committee.

"We are proud of Quincy Medical Center's efforts for implementing these lifesaving treatments."

Quincy Medical Center provides South Shore residents with comprehensive medical and surgical services. The medical center's Alliance for Quality with Boston Medical Center (BMC), formed in 1999, brings academic medicine to the community.

At Quincy Medical Center, physicians from Boston Medical Center direct the departments of medicine, surgery, anesthesia, emergency medicine, and psychiatry. Additionally, physicians from BMC who are board-certified in a range of medical and surgical specialties work side-by-side community physicians to ensure the continuity of care.

QUINCY DUNKIN' DONUTS Franchisees Victor and Octavio Carvalho were recently presented with "The Community Business Partnership Award of 2006.". Victor and Octavio Carvalho were given this award for their outstanding work with the Germantown Neighborhood Center, and the programs they helped conceptualized to benefit the center. These programs include the Dunkin' Holiday Toy Drive, Breakfast with Santa and the Dunkin' Food Pantry which is currently going in participating Dunkin' Donuts shops until Labor Day. From left to right are Ralph Yohe, president of the South Shore YMCA; Quincy Dunkin' Donuts Franchisee Victor Carvalho and Mayor William Phelan.

Foot Screening For Seniors

Podiatrist Jordana Szpiro will be available to seniors for foot screening on the first Monday of every month at the Council on Aging office, 83 Saratoga St.

She will also treat feet for a fee of $20 per person payable at the time of the visit. Such payments are not covered by health insurance.

Treatments will include nail trimming and general diabetic foot care.

For an appointment, call 617-376-1506.

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Honorable Mayor William J. Phelan and Elder Housing Corporation, Inc. would like to invite you to an informational seminar. Topics include:
- Rental Application Process
- Income Asset Guidelines
- Resident Service Program

Date: Tuesday, August 1st
Time: 1:00PM
Place: Tirrell Room, 254 Quarry Street, Quincy, MA 02169

R.S.V.P. Space is limited. Call Peabody Properties, Inc. at **781-794-1070**. If you are unable to attend the presentation & would like additional info, please contact us.

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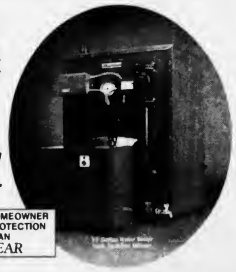

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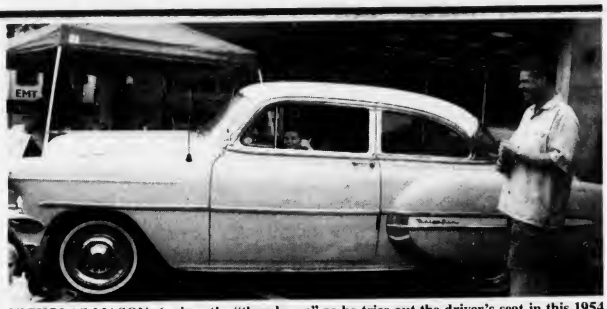
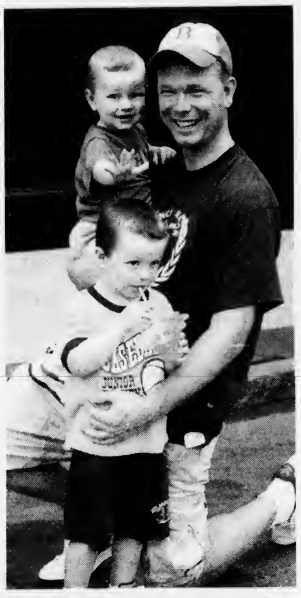
MAYOR WILLIAM PHELAN (center) cut the ribbon to open the 36th annual Quincy Center Sidewalk Festival. Assisting him, from the left, were Tina Tuggle, committee chairperson; Richard Gormley, president of the sponsoring Quincy Business Association; Ward 1 Councillor Leo Kelly, City Council President Doug Gutro, Bette Campbell, executive director, Quincy Access TV Cable and QBA board member; and Marie Watts, QBA staff and committee member.



NICHOLAS MASON, 6, gives the "thumbs up" as he tries out the driver's seat in this 1954 Chevvy as Tom Ford, Woods Driving School, looks on. The car was his father's.

Quincy Sun photo/Noreen O'Shea

VIN MOSCARDELLI of Central Real Estate with daughter, Suzanne, son-in-law, John Heggarty, and granddaughters, Lea and Ciara.



DAVE MURPHY and sons, Grant and Jackson, enjoyed the festivities. Murphy is Mayor William Phelan's chief of operations.

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Literacy Program Seeks Volunteers

The Literacy Volunteers of Massachusetts-Quincy are seeking volunteers to help adults learn to read with free tutoring in basic reading and writing.

Those interested should attend an orientation session Tuesday, Aug. 22, or Thursday, Sept. 7, from 6 to 8 p.m., at the Thomas Crane Public Library, 40 Washington St., Quincy.

To register for the orientation or to receive an information package, call Literacy Volunteers at 617-376-1314.

Mature Driver Safety Course Sept. 7, 14

A two-day safe driving course for the mature driver will be held Sept. 7 and Sept. 14 from 10 a.m. to 2:30 p.m. at Marina Place, 4 Seaport Dr., North Quincy.

The course is $10, payable in advance. Checks may be made payable to the AARP. Lunch will be served.

For more information or to make a reservation, call the Council on Aging office at 617-376-1506.

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Birthday Celebration To Hail Amelia Earhart

The Beechwood Community Life Center, home of the Aviation History Information Center, will celebrate the birthday of aviatrix Amelia Earhart at two luncheons this week.

The first is a luncheon for seniors today (Thursday) at 11:30 a.m. and the second is a special brunch Friday, July 28, at 10 a.m. Registration is needed for both events. Call 617-471-5712.

Earhart, who vanished along with her navigator, Fred Noonan, on the Pacific Ocean leg of her plan to fly around the world, was born July 24, 1897, in Atchison, Kansas.

She was the first woman to cross the Atlantic Ocean by air in 1928 and the first woman to fly a plane solo across the Atlantic in 1932, only five years after Charles Lindbergh.

AMELIA EARHART

She was also part owner of Dennison Airport, which flourished on the site of the Squantum Naval Air Station, in the 1920s and '30S and frequently flew out of the field.

Some of the men and women who knew Earhart shared their recollections with a group of aviation history buffs at a recent meeting in the Aviation History Center.

One old-timer recalled her arriving at Dennison Airport wearing khakis and high boots — "not appropriate attire for a lady in those days."

Freda Hadayia, who attended an after-school community center in Boston where Earhart was a social worker, recalled her as a caring individual who took students to cookouts at her sister's house in Medford.

Hadayia also recalled her mother making Syrian meat pies for Earhart, who tucked them inside her famous brown leather jacket for snacking during a flight.

The multi-talented Earhart, who was a various times a nurse's aide, journalist, photographer, teacher and truck driver, reportedly was not a very good cook herself, although some say she had a wicked secret recipe for pancakes.

Blue Hill Museum Summer Activities

The Blue Hill Adventure & Quarry Museum has ongoing outdoor summer activities.

Kumo Gupto is the newest member of their board of directors. The museum is free and open to the public through early winter. Their activities include canoeing on the Neponset River, walks and hikes through 54 Quincy quarries. For more information call 781-326-0079.

Think Again Think Blue Campaign At Wollaston Beach Sunday

The Think Again, Think Blue campaign will hold a presentation on the damaging effects of water pollution, during the Volleyball Challenge, Sunday between 10 a.m. and noon at Wollaston Beach.

The national campaign focuses on the collective effects of water pollution by using yellow rubber ducks as symbols that represent pollution that is otherwise invisible to the naked eye.

City Council President Douglas Gutro said that he will try to help the campaign in any way that he can. He said that the campaign will present an oversized rubber duck that will serve as a "magnet" to draw the attention of children. He said that they will also float rubber ducks in a pool, and hand out pamphlets informing people of what they can do to reduce pollution.

"You can see the cumulative effects of it," said Gutro. "It's brilliant in terms of resonating with people."

The campaign is held through the efforts of the Massachusetts Bays Estuary Association, of which Paula Jewell is executive director.

For more information on the campaign, or to become involved, visit www.ThinkAgainThinkBlue.org. For information from the Massachusetts Bays Estuary Association, call 781-378-1610.

Stop & Shop Stores Donate $500 Gift To Broad Meadows

The Stop & Shop stores located at 496 Southern Artery and 65 Newport Ave. Donated a $500 gift-card contribution to the Broad Meadows Middle School to sponsor their Honors Night Dinner.

This is one of the most important events in the school year, and the occasion honors students who excel in academics to have an evening of fun and celebration.

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REAL ESTATE

Choosing A New Apartment

Singling out an apartment that best suits one's needs can be extremely exhausting.

The Better Business Bureau, Inc. (BBB) gives suggestions to assess a particular apartment or narrow down the search to just a few options. The advice is particularly important for those renting their first apartment.

• Before meeting with the property manager or landlord, check out their business Reliability Report at www.bosbb.org. This report will tell their standing with the BBB, whether they were labeled satisfactory or unsatisfactory, customer experience, complaints made with the BBB, and how the company resolved, or did not resolve those complaints.

• When meeting a potential landlord, bring a resume copy and at least three current references. Call references ahead of time to let them know they may be contacted by potential landlords.

• Credit history is also important, and potential landlords will need a copy of credit reports. For a credit report or to verify that reports are accurate, visit www.experian.com, www.equifax.com, or www.transunion.com.

• Visit the apartment and surrounding area, most do this on the same day they meet their landlord. Be ready to thoroughly walk through the apartment.

• Examine the potential lease and make sure every term is acceptable. For example, does it have high penalties for early termination? Or does the lease allow pets?

• Does the rent cover utilities? If not, find out the average utility cost of the building. Review copies of heat, electric, gas, and water bills to get an idea of the cost per month.

• Be sure to know what the security deposit covers, and how much it can be refunded.

• Get a list of rules and regulations.

• Is the apartment affordable? Add up costs, an apartment that appears to be one price per month may cost more.

• Narrow options, but don't limit the choice to the first apartment that seems perfect.

This is a checklist for researching the apartment:

1. Visit the apartment and surrounding area, most do this on the same day they meet their landlord. Be

(Cont'd On Page 16)

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Olivia King, Paige Mitchell In Quincy Office

Jack Conway & Co. Awards Top Producers

Jack Conway & Co. Realtors recently honored their top agents in listings and sales for the first half of 2006.

Awards Ceremonies to celebrate the 50th Anniversary of the company were held at the Radisson Hotel on Plymouth Harbor, and at Lombardos in Randolph.

In the Conway Quincy office, Olivia King received the award for being tops in listings for her office for the first half of the year, and Paige Mitchell was honored for being top selling agent for that period.

Conway President Richard Cahill said he was extremely proud of the agents accomplishments, stating, "These associates are a tribute to their colleagues, clients, and families and we are proud to have them represent us in Conway Country."

The ceremonies also focused on the importance of obtaining a quality, affordable higher education. Dr. Dana Mohler-Faria, President of Bridgewater State College was the keynote speaker at the Plymouth rally, and Dr. Charles Wall, President of Massasoit Community College spoke to the gathering at the event in Randolph. Conway Company Chairman Jack Conway said his company believes in the power of education, "Both of these fine institutions offer our citizens the opportunity to advance themselves without damaging themselves financially," said Conway. "We are proud to recognize them as valuable members of "Conway Country."

JACK CONWAY & Co. Quincy office Realtors Olivia King receives award from company President Dick Cahill for being top listing agent in her office for the first half of 2006.

PAIGE MITCHELL, a Realtor in Jack Conway & Co.'s Quincy office, was awarded for being tops in sales for the first six months of 2006.

The Jack Conway Company was founded in Hingham Square in 1956 and operates 45 sales offices from Boston to the South Shore, South Coast, and Cape Cod. The company also runs Conway Financial Services, a mortgage company.

Reverse Mortgage Explained

Ed Barrett, a reverse mortgage specialist, will discuss his specialty on the first and third Wednesdays of the month at 1 p.m. at the Council on Aging office, 83 Saratoga St., North Quincy.

Reverse mortgage is a new program offered by the federal government thst allows seniors to convert a portion of their home equity into tax free cash.

For an appointment, call Ann Bruce at 617-376-1506.

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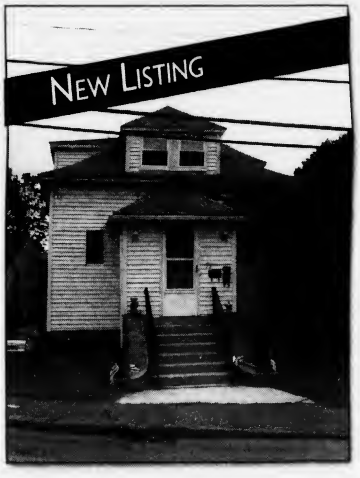

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Rockland - 12,600 sf mixed-use bldg. 4 apartments. 4 retail storefronts including a well established restaurant. Great downtown location. Good income.

MARSHFIELD - 4,000 Square Feet Office building on a17, 860 Square Feet site. Perfect for user with income potential. 3 Units, 19 off-street spots, Zoned B-1. Easy access to Rt. 139 and local amenities. Offered at $649,000

QUINCY - Stunning three-level townhouse w/ 2 master bedrooms. One master with jacuzzi tub. 2 1/2 baths total. 2,745 sf of living area. Finished lower living area. Offered at $539,900.

DORCHESTER - Dorchester - Up to 10,000 square feet of prime office space in high traffic visibility location on Gallivan Blvd. Ample pkg. Close MBTA & Expressway access.$12/sf gross

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Real Estate

By Samantha Mazzotta

Ceiling Fan Does Double-Duty

Q. I read your article about adjusting a wobbly ceiling fan and saw the tip about having the blades push downward in the summer. How do you do that? Do they need to spin in a certain direction, or do I have to do something else? — *A.N., Sonoma, Calif.*

A. Most ceiling fans have a small switch located on the base unit, near the fan blades, to change the direction in which the blades rotate. The fan blades are canted (tilted) at a shallow angle. As air meets the resistance of the flat part of a blade, it is redirected along that resisting angle and flows in that direction as it passes the edge of the blade. (Not for long, though — but long enough to be felt in an average-sized living area.)

When you flip the switch and reverse the direction in which the blades rotate, the airflow direction is reversed as well because it is now meeting the flat part of the blade at a different angle.

Switching the direction of the blades is a neat and sometimes cost-efficient way to keep a room comfortable year-round. In the summer, a nice downward breeze from the ceiling fan can make even a non-air-conditioned room feel cool. In the winter, directing the flow upward will gently "stir" the air, moving hot air from the ceiling to the rest of the room and reducing stuffiness without creating a breeze, which can be uncomfortable in January. The main benefit is that the thermostat may not need to be set as high (or as low) to maintain a comfortable temperature.

Be sure to turn the ceiling fan off and wait for the blades to stop spinning before flipping the directional switch. Then, try the fan in both directions and note the differences in the room's temperature and/or comfort level.

Send questions or home repair tips to homeguru2000@hotmail.com, or write This Is a Hammer, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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Now Located At 12 Beach St.

Classic Homes GMAC Real Estate Moves To New Wollaston Office

Classic Homes GMAC Real Estate, providing real estate services on the South Shore, has moved its office to 12 Beach St., Wollaston.

"Servicing the real estate needs of the residents of the South Shore for 18 years from our Wollaston center location has been very gratifying," said Barry Rabinovitz, president of Classic Homes GMAC Real Estate. "Therefore, we decided on focusing our search to purchase real estate in the same general area and were lucky enough to be able to negotiate the sale of a prime corner in the center of Wollaston business district, across the street from the post office.

"We're thrilled with the location," Rabinovitz said, "only a block away from our former office, and the convenience of the intrinsic benefits of our new office including our new parking lot. This allows us to not only grow our team of sales partners, but also to continue to service our clients from a comfortable home base and gives us continuity."

Rabinovitz added, "We're extremely proud of what our firm has achieved and look forward to many more years of helping people with their real estate needs and giving them the premier service they deserve."

Classic Homes GMAC Real Estate, formerly Sylvia Roffo Real Estate/Better Homes and Gardens, is celebrating its 18th year in business in Wollaston Center. The company provides service in the purchase, sale, rental, and property management of residential real estate in the Quincy and South Shore areas.

Independently owned and operated, it is also a member of one of the largest real estate organizations in North America.

For more information, call 617-328-5800 or visit www.classichomesre.com.

Carla Pantaleon Sales Associate At Century 21 Network/Richmond Associates

CARLA PANTALEON

Century 21 Network/ Richmond Associates in Quincy announces Carla Pantaleon has joined the firm as a sales associate.

Pantaleon will specialize in residential property sales in the Dorchester and Quincy areas.

"We are thrilled to have Carla join our team," said Stephen Richmond, noting she has successfully completed extensive training and licensing through Create 21.

"We believe training supports growth and professional excellence in the real estate industry. Performance-based training is necessary to ensure that Century 21 associates maintain their competitive edge and offer the best service possible to their clients," Richmond added.

Choosing A New Apartment

(Cont'd From Page 14)

ready to thoroughly walk through the apartment. Ask permission to take pictures or even video tape the walk-through for reference later on.

2. Examine hardware appliances. Inspect their condition and inquire about what comes with the apartment, otherwise, they may need to be repurchased later on.

3. If there are problems with hardware or appliances, find out what repairs will be done by the landlord, and if they will be done before moving in. Choose an apartment that is in good condition.

4. Ask how the grounds are maintained, and inspect them.

5. Make sure the neighborhood is safe. Check locks on doors and windows, and the security of the complex and/or building.

6. Meet potential neighbors. Ask them questions about the property, neighborhood, and landlord. Find out if they are people you can live with, apartments can be close quarters.

The BBB is a non-profit, public service organization that serves Eastern Massachusetts, Maine, and Vermont. For more information from BBB, visit www.bosbbb.org.

Be Power-Outage Prepared

(NU) – The risk of power outages increases in the summer.

Besides keeping flashlights, batteries and other emergency supplies around, what else should you do in the event of a blackout?

One consideration is to protect your appliances and electronic equipment by investing in an automatic home standby generator. It can power up to 12 circuits within 30 seconds of power loss and operates on propane or natural gas.

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QUINCY POLICE HOT SPOTS

QUINCY POLICE STATISTICS: July 14 - July 21
Total Calls for Service: **1529**
Total Arrests: **69**
Total Stolen Cars: **0**

FRIDAY, JULY 14

BREAKING AND ENTERING/ATTEMPT, 4:16 a.m., 196 Atlantic St. SP male. Unknown person in vacant upstairs apartment and at the door. Nothing showing in area.

VANDALISM/PROPERTY, 7:01 a.m., 10 Clive St. To vehicle. Car was egged overnight.

LARCENY, 8:23 a.m., Broadview Net, 1250 Hancock St. By credit card.

VANDALISM/PROPERTY, 3:30 p.m., 55 Presidents Ave. Cable box torn open.

LARCENY, 4:37 p.m., 200 Hancock St. Wallet found in pocket of purse.

LARCENY, 4:38 p.m., 245 Whitwell St. Jewelry.

VANDALISM/PROPERTY, 9:26 p.m., 10 Taffrail Rd. Reported youths ran his home and broke his front door.

VANDALISM/PROPERTY, 11:14 p.m., 37 Bennington St. Dwelling. Window broken. Caller confused.

SATURDAY, JULY 15

VANDALISM/PROPERTY, 5:11 a.m., 24 Field St. House window.

BREAKING AND ENTERING/ATTEMPT, 10:52 a.m., 284 Farrington St. Dwelling.

LARCENY, 11 a.m., 18 Algonquin Rd. Of bikes. Two chopper style bikes stolen from the yard in the last week. 1: black with gray seat and gray skulls, $100; 2: red with orange county choppers logo and a Yankees s--k sticker, $180.

VANDALISM/PROPERTY, 4:21 p.m., 1073 Hancock St. To vehicles. Two youths throwing rocks at cars – gone on arrival.

LARCENY, 7:37 p.m., Skin Deep Skin, 1468 Hancock St. Purse. Customer's pocketbook was taken.

SUNDAY, JULY 16

ASSAULT AND BATTERY, 12:14 a.m., Belmont St. and West Squantum St. One black male, three white males, one white male stayed in 4-door dark colored sedan. Happened 40 minutes ago. Caller was assaulted, refused ambulance, does not speak English. Car took off towards Wollaston Beach. Claims suspects between 25-30 years of age. Occurred on West Squantum St. near Montclair School. Parties demanded money and then assaulted victim when he refused.

VANDALISM/PROPERTY, 11:04 a.m., Thousand Buddha Temple, 53 Massachusetts Ave. To building – in the rear of the building.

VANDALISM/PROPERTY, 12:48 p.m., Town House Apartments, 151 Sea St. Keyed card. Both sides of the car was keyed. No suspects.

VANDALISM/PROPERTY, 4:28 p.m., 345 Palmer St. Car egged.

INDECENT EXPOSURE, 5:15 p.m., 41 Mill St. Suspect driving a black sedan car last seen heading south on Southern Artery.

VANDALISM/PROPERTY, 8:36 p.m., 39 Pond St. To vehicle.

UNARMED ROBBERY, 10:43 p.m., 10 Weston Ave. Group of teens, around 18 years of age, six males, hit caller in the head. Took $50 and his debit card and his cell phone. Square shaped SUV, black, six occupants, 1 white, 3 black.

MONDAY, JULY 17

VANDALISM/PROPERTY, 6:29 a.m., Granite Cleaners, 218 Sea St. Vandalism. Owner came in to find windows broken. Unknown if break.

BREAKING AND ENTERING/PAST, 6:35 a.m., 32 Ferndale Rd. Dwelling. Rear window screen opened. Pocketbook and cash taken.

VANDALISM/PROPERTY, 6:47 a.m., 650 Adams St. Spray paint on the side of building.

BREAKING AND ENTERING/PAST, 6:49 a.m., 36 Bass St. Someone broke into house overnight through a screen in living room and stole purse, camera. Consistent with another break in area. Two picture frames to be brought in to be printed.

LARCENY, 9:08 a.m., Quincy Credit Union, 100 Quincy Ave. Incident happened in 2005.

UNARMED ROBBERY, 10:42 a.m., Seven Eleven Store, 75 Copeland St. Female robbed by unknown person. Purse and medication were taken.

VANDALISM/PROPERTY, 10:51 a.m., 714 Adams St. Over weekend. Caller states there has been vandalism at above over the weekend. Photos taken of vandalism.

VANDALISM/PROPERTY, 11:36 a.m., Villa Rosa Restaurant, 703 Adams St. Graffiti in the rear parking lot. Photos taken.

LARCENY, 1:12 p.m., 149 Pine St. Free standing slow children in area signs were taken from about three homes.

ASSAULT AND BATTERY, 1:32 p.m., Arnold St. and Washington St. Simple.

BREAKING AND ENTERING/PAST, 1:36 p.m., 68 Goddard St. Past.

LARCENY, 2:58 p.m., 1 City View Ln. Phone.

ASSAULT AND BATTERY, 3:21 p.m., Pond St. Playground, 50 Pond St. Past. Party in QMC ER. Caller states that he was at the playground when he was assaulted.

LARCENY, 6:13 p.m., 29 Peterson Rd. Past.

TUESDAY, JULY 18

VANDALISM/PROPERTY, 3:18 a.m., 14 Hummock Rd. Past. Just happened, possible girls heading by Willams and Ocean. Small black car with two females. 766/777 out with motor vehicle at Quincy Shore Dr. and E. Squantum St. Confirmed broken windshield. Car pulled over early in shift by 784. Two in custody, tow requested for vehicle. One juvenile. Suspect #2 in system as missing from DSS custody in Weymouth. Said she no longer lives there.

VANDALISM/PROPERTY, 8:01 a.m., Furnace Brook Golf Club, 74 Summit Ave. Third hole. Green damaged.

LARCENY, 1:53 p.m., Alltown Check Cashing, 34 School St. Counterfeit checks.

LARCENY, 2:02 p.m., 67 Coddington St. Script pad.

VANDALISM/PROPERTY, 3:09 p.m., 59 Franklin St. Front window broken.

LARCENY, 3:20 p.m., Alltown Check Cashing, 34 School St. Past. One check.

BREAKING AND ENTERING/PAST, 4:61 p.m., 99 Brackett St. Dwelling. Occurred July 15.

LARCENY, 7:55 p.m., 221 Quincy Ave. Pocketbook.

ASSAULT AND BATTERY, 7:59 p.m., McDonald's, 473 Southern Artery. With bottle. Off duty officer is out with motor vehicle that occupant threw a beer bottle at a female jogger.

WEDNESDAY, JULY 19

LARCENY, 6:06 a.m., Fenno House, 540 Hancock St. Television taken from the common room. No signs of a break.

LARCENY, 10:46 a.m., American Fences Inc., 508 Washington St. Cell phone.

VANDALISM/PROPERTY, 11:54 a.m., 77 Scammell St. Symbol. Graffiti on house.

LARCENY/ATTEMPT, 3:04 p.m., Citizens Bank, 495 Southern Artery. Bad check. Party still at the counter. Arrest for attempted larceny by check, uttering, and forgery.

LARCENY, 3:24 p.m., Firestone Tire, 2 School St. Tires. Party left after getting four tires, gave fake name and address.

LARCENY, 6:34 p.m., Baystate Financial Services, 1 Batterymarch Park. Credit card.

INDECENT EXPOSURE, 10:53 p.m., 10 Maple St. Dark male pulling his pants down. One under arrest open and gross lewdness.

VANDALISM/PROPERTY, 11:17 p.m., 120 Taffrail Rd. Inflatable pool.

THURSDAY, JULY 20

BREAKING AND ENTERING/PAST, 7:19 a.m., 3 Berlin St. Dwelling. Front screen door found open. Ladder from garage found by window. Pocketbook taken. Occurred overnight.

BREAKING AND ENTERING/PAST, 7:24 a.m., 18 Berlin St. Dwelling. No obvious means of entry. Pocketbook and cigarette taken. Occurred between 5 and 7 a.m.

LARCENY, 8:42 a.m., 36 Arnold St. Complaint for larceny over.

LARCENY, 11:33 a.m., Zoots Cleaners, 77 Granite St. Deposit bag. $115.55 was in bag.

BREAKING AND ENTERING/ATTEMPT, 3 p.m., Presidents Plaza, 215 Quincy Ave. Depository. Attempted to steal a bike which is parked by the Kam Man. Have since walked away without the bike. Caller states they are very suspicious, both white males, 12-14 years of age, 1st has orange shirt and blue jeans, second has white shirt and black jeans. May be on Quincy Ave. heading towards square. 785 states they have bolt cutters. May be three males now. 784 out with three suspects by 230 Quincy Ave. 784 transporting one juvenile to QPD (not under arrest). 785 transporting two juveniles to QPD (not under arrest). A suspect was arrested for attempting to break into a depository of money and possession of burglarious tools.

LARCENY, 4:61 p.m., 12 Pearl St.

BREAKING AND ENTERING/PAST, 5:33 p.m., 32 Sachem St. Dwelling. First floor bathroom window had attempted entry. According to alarm company, entry had to be made for alarm to sound, not an attempt.

LARCENY, 9:14 p.m., Stop & Shop Supermarket, 65 Newport Ave. Arrest for two counts larceny by check and four counts uttering forged instrument.

FRIDAY, JULY 21

INDECENT EXPOSURE, 5:47 a.m., 1050 Hancock St. White males in his 60's, tall, thin, white hair in front of window of main entrance. Arrest for open and gross lewdness.

BREAKING AND ENTERING/PAST, 7:35 a.m., South Shore Chamber of Commerce, 36 Miller Stile Rd. Business.

If you have information on the above crimes, or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764**. If you wish to report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. If you wish to make an appointment to view the **Registered Sex Offenders** book, call **617-745-5768**.

If you wish to contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us--*Lt. Dan Minton.*

Friendly Visitors Sought At COA

The Quincy Council on Aging is seeking volunteers to call on the elderly who live alone and would welcome a friendly visitor.

The COA is also seeking seniors who live alone and would like a friendly visit themselves.

Call the COA at 617-376-1508 and ask to speak with Lena Trouth, the friendly visitor coordinator.

The Council is mandated by law to do background checks on all volunteers.

Line Dancing For Seniors

The Quincy Council on Aging will hold a line dancing class for seniors every Thursday at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., Quincy Point.

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Spotlight On Health & Fitness

FISHING FUN -- Two-year-old Anthony Samuels has fun with a fishing game in the kids' fun corner tent at the recent "Quit2B Fit" Germantown community event at the Snug Harbor Elementary School. Sponsored by Bay State Community Services Tobacco Free Community Mobilization Network, the event celebrated families that have pledged to become a Smoke Free Home, which is a campaign to protect children from secondhand smoke and the serious health problems linked to smoking. Individuals who have participated in the Germantown Tobacco Cessation Support Group were also recognized.

Vascular Screening Aug. 4 At Quincy Medical Center

Quincy Medical Center, 114 Whitwell St., will host a Stroke & Aneurysm Vascular Evaluation (SAVE) Screening Exam Friday, Aug. 4 from 9 a.m. to 5 p.m.

Conducted by Life Line Screening of America, the Stroke & Aneurysm Vascular Evaluation (S.A.V.E.) Screening Exam is offered free to people at high risk, including men over 60 or women over 65, who have a family history of abdominal aortic aneurysm (AAA) or a personal history of smoking, high blood pressure, or cardiovascular disease.

Call 1-866-220-SAVE (7283) for screening criteria and appointments.

Cancer Walk Sunday, Sept. 17

QMC Cancer Walk Committee To Host Aug. 8th Kick-Off Meeting

Interested in learning more about the Quincy Medical Center (QMC) Cancer Walk Sunday, Sept. 17? Considering forming a walk team, but not quite sure how to start?

Attend the QMC Cancer Walk Team Kick-Off Meeting Tuesday, Aug. 8, at 5:30 p.m. in Conference Room B&C at QMC, 114 Whitwell St.

Enjoy refreshments donated by the 99 Restaurant in North Quincy, and:

• Learn more about the annual QMC Cancer Walk, which benefits the Marie A. Curie Fund, a permanent, endowed fund at QMC, focused on encouraging prevention and early detection of cancer and enhancing access to vital cancer screenings and services for uninsured and underinsured men and women.

• Pick up pledge forms, posters and other team-building materials.

• Learn how to create a free, online fund-raising web page for you and your team.

• Hear tips and creative ideas to enhance your team's fund-raising efforts.

• Order customized T-shirts for your walk team.

The QMC Cancer Walk will be held Sept. 17 at Pageant Field, Quincy. Event registration will begin at 8 a.m. with the 4-mile, non-competitive walk kicking off at 9:30 a.m.

For the second year, the Quincy-based Rural Lodge of Massachusetts Freemasons will offer their Child Identification Program (CHIP), free of charge, throughout the walk day.

In addition to the seaside stroll, the fun family day includes a post-walk celebration including lunch donated by Outback Steakhouse of Quincy, musical entertainment by DJ Suzie Cue, as well as clowns and face painters.

To register for the Team Meeting or to learn more about the QMC Cancer Walk, contact Amy Klotz, development officer, at 617-376-5493.

Red Cross Offering First Aid, CPR Courses

The American Red Cross of Massachusetts Bay is offering the following courses Aug. 2-16 at its South Area office, 1495 Hancock St., Quincy.

Adult CPR/AED & First Aid: Aug. 2 and 9, from 6 to 9:30 p.m. Cost is $75. Completion of the two-session course awards a CPR certificate valid for one year and a First Aid certificate valid for three years.

Adult CPR/AED: Aug. 8, from 6 to 10:30 p.m. Cost is $55. This course teaches rescue breathing, first aid for choking and CPR for victims over 8 years of age.

Adult CPR/AED: Aug. 11, from 1 to 5:30 p.m. Cost is $55. This course teaches rescue breathing, first aid for choking and CPR for victims over 8 years of age.

Adult CPR/AED: Aug. 14, from 6 to 10:30 p.m. Cost is $55. This course teaches rescue breathing, first aid for choking and CPR for victims over 8 years of age.

Infant/Child CPR & First Aid: Aug. 15 and 22, from 6 to 9:30 p.m. Cost is $70. This two-session course teaches rescue breathing, choking and CPR for children under 8 years of age. Also bleeding, shock, poisoning and other common first aid emergencies.

First Aid: Aug. 16, from 6 to 10 p.m. Cost is $50. This course teaches bleeding, choking, poisoning and other common first aid emergencies.

The American Red Cross is accepting registration for Home Health Aide/Certified Nursing Assistant daytime course starting Aug. 14. Cost is $800.

Also, the American Red Cross will train qualified applicants to become certified classroom instructors in CPR and First Aid.

Pre-registration is required for all courses. Call 617-770-2600, Monday through Friday, from 8:30 a.m. to 4:30 p.m.

DENTISTRY for the 21st Century

by Steven A. Brustin, D.M.D.

STICK WITH CINNAMON

If you have bad breath, you may want to consider chewing cinnamon-flavored chewing gum. According to one study, chewing on cinnamon gum for 20 minutes reduced the amount of odor-causing bacteria in the mouths of study participants by half. Regular gum, on the other hand, had no such effect on the bacteria that cause the sulfur odor of bad breath. It seems that the key ingredient in cinnamon is cinnamic aldehyde, which is a plant oil that fights the offending germs. In addition, the scent of cinnamon gum appears to mask the odor of bad breath. In theory, sucking on a cinnamon stick should have the same effect. Cinnamon is already known to lower blood sugar, cholesterol, and triglyceride levels.

This column on the benefits of cinnamon has been brought to you in the interest of better dental health. We can provide you with complete general dental services, from a professional cleaning (preventative) to full mouth reconstruction (repair), periodontal treatments, and cosmetic dentistry. We're located at 44 Greenleaf Street, where we believe in the importance of regular preventative dental health care. Let us help you preserve your teeth. Our recommendations for dental treatment are always in the best interest of the patient. Call 617-479-6220 to schedule an appointment. We offer the services of anesthesiology with a fully trained and qualified anesthesiologist. Visit us on the web at www.quincydentist.com.

P.S. As the ancient Romans knew, parsley cleanses the breath.

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FROM START TO FITNESS

by Andrea Wyatt M.S.S., C.S.C.S.

Getting Started on a Home Treadmill

Q. I am a 46-year-old female. I am 4 feet 11 inches tall and was weighing 242 pounds. I recently bought a treadmill, but I have not exercised in the past 20 or more years. I am not a smoker or drinker and see a doctor regularly. My problem is I don't know where to start. Please help to guide me to start right.

A. The treadmill you purchased can be a great way to exercise at home, IF you use it. The benefits of using a treadmill include improving cardiovascular function and efficiency as well as calorie expenditure. Many at-home treadmills become expensive clothes racks, so you must USE the treadmill and any other exercise equipment in order to see results.

The question "Where do I start?" has been asked by almost everyone wanting to begin an exercise program. Your starting point will depend on your fitness goals, experience and fitness level. Each of these factors is important and can help shape a beneficial fitness routine to guide you toward your fitness goals.

If you have never walked on a treadmill before or if it has been 20 years since your last bout of exercise, you may have to learn how to walk safely and comfortably on the treadmill first. Begin by walking at a slow enough pace so that you feel like you are in control; hold on for balance, but not for dear life. You should feel as if you are walking on the tread belt, and not like the treadmill is pushing you along.

After you get the hang of walking on the treadmill, try walking without holding on (only when you feel comfortable) and swing your arms to help you walk. Choose a speed that you can maintain but is challenging. You don't have to run on a treadmill, and only do so after you have walked at a speed that is just under a slight jog.

Most treadmills have preset training options that change the speed and incline throughout an established time goal. You can use these preset programs once you feel comfortable using the treadmill with no incline and at a moderate pace. After a while you will be able increase the speed and incline to change intensity.

You can judge if you are working hard enough by your breathing. You should be able to carry on a conversation comfortably during your workout, but that doesn't mean you shouldn't push yourself.

The addition of exercise to your current nutrition plan should help you continue toward your fitness goals and help your body not only lose weight, but become more fit.

Always consult a physician before beginning an exercise program. If you have a fitness or training question, e-mail Andrea at letters.kfws@hearstsc.com or write her in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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SPORTS

Advance To State Tournament

11-Year-Old National Team Wins District Championship

The 11-year-old Quincy National Baseball team recently captured the District 3 Championship to advance to the state tournament in Foxboro.

Throughout the district tournament, the National team won with excellent pitching, defense and great hitting.

In the first game, Quincy blanked Weymouth North, 9-0, behind a no-hit performance by the pitching staff. Alex Loud started by throwing two innings and striking out everyone he faced. Adam Cook (three innings) and Rudy Tryon (one inning) finished out the dominating show.

Offensively, Loud and Tryon (each with two hits, RBI), Patrick Verhault (three hits, two stolen bases), AJ Skinner (hit, RBI) and Colin Edgerly (hit, stolen base) provided a comfortable lead.

In the second game, Quincy defeated Halifax, 8-2. Taking the mound were Alex MacIsaac (four innings, one run) and George Whitley (two innings). Once again the bats came alive behind Tryon (double, two RBI) and Cook (hit, RBI).

Defensively, Loud played outstanding at shortstop with Brian Gibson playing solid in right field.

In the semi-finals, Quincy earned a 6-1 win over undefeated Weymouth South, the host of this year's district tournament. Loud went six innings, allowing one run on six hits and punching out seven.

Tommy Garland (two hits, RBI), Brian Furey (two hits, two RBI) and Verhault (two hits, RBI) delivered in the clutch to help Quincy advance to the championship.

Who ever Quincy faced in the championship would have to beat them twice. It ended up facing cross-town rival Quincy American, which featured a strong pitching staff, defense and offense.

In the first game of the championship, Quincy American edged Quincy National, 5-4. Garland pitched well, giving up five runs on four hits and fanning 10 in six innings of work. Offensively, MacIsaac had two hits and a stolen base and Verhault had a pair of hits and two RBI. Jon Calla provided a huge RBI single and a diving play in left field.

In the deciding game, the Nationals sent its ace, Loud, back to the mound and he stepped up in the 10-0 win. He pitched six inning of shutout ball, limiting the Americans to two hits while striking out seven.

The bats were on fire with Verhault (two hits, two RBI), Garland (two hits, two RBI, stolen base) and MacIsaac (two hits, three runs) leading the attack. Chris Kerin hit a bases-clearing double in the first inning. Defensively, Verhault and Bobby King played flawlessly at their positions.

DISTRICT CHAMPS — The 11-year-old Quincy National Baseball team recently captured the District 3 Championship to advance to the state tournament in Foxboro. First row, from the left: Patrick Verhault, Alex MacIsaac, Tommy Garland, Brian Gibson, Brian Furey, Bobby King. Second row: Colin Edgerly, Jon Calla, AJ Skinner, George Whitley, Rudy Tryon, Alex Loud, Chris Kerin, Adam Cook.

Two QHS Athletes To Compete In National Track And Field Junior Olympics

Quincy High School athletes Adams Jean-Baptiste and Jeff Pereira will compete this weekend in the National USA Track and Field Junior Olympics at Morgan State University in Baltimore, Md.

Representing the Quincy Track Club, Jean-Baptiste will compete in the high jump and Pereira in the 110-meter high hurdles. Both will compete in the 15-16 age division. Some 5,000 athletes from all 50 states are expected to participate.

ADAMS JEAN-BAPTISTE

JEFF PEREIRA

They qualified by virtue of a top three finish at the Region One Championship in Kingston, N.Y., July 9.

In addition to being members of the Quincy/North Quincy cooperative spring track team, they both play football and Jean-Baptiste is also a member of the basketball team. Pereira runs indoor track during the winter.

They participated in the recent Bay State Summer Games where Pereira took third in the 110 hurdles with a time of 16.10 and Jean-Baptiste placed seventh in the high hump. They also spent last weekend at the Elite Track Clinic run by Wheaton College head coach Paul Souza, the National USATF High Jump coordinator.

Quincy Track Club Kelly Memorial Meet At BHS

The Quincy Track Club will host the 30th annual Frank Kelly Memorial Youth Track Meet Friday, Aug. 4, at 6 p.m. at Braintree High School.

Sanctioned by the New England Association of USA Track and Field, the meet is being hosted at Braintree as there is no suitable track in Quincy.

The meet is open to boys and girls ages 5 to 14. Registration will begin at 5 p.m. and cost is $5 per child (free for Braintree Track Club members). Ribbons will be given to all competitors.

For more information, contact Quincy Track Club Director Geoff Hennessy at 617-510-1456 or e-mail henndog89@netscape.net.

Jimmy Fund Baseball Tournament Here Aug. 4-6

Four teams from Quincy will be among the 10 teams participating in the sixth annual Jimmy Fund Baseball Tournament Aug. 4-6 at Adams Field.

Other teams participating are Cedar Grove, Braintree, Weymouth, Hingham, Hanover and Scituate.

The tournament is played in honor of the late Patrick White, who played many years in Quincy Youth Baseball and most recently in the Babe Ruth League. He died last November after battling Rhabdomysarcoma, a form of tissue cancer, for more than six years.

The tournament will feature teams with players ages 15 and under. There will be games played Friday evening and all day and evening Saturday and Sunday. Admission is free and all are welcome to attend.

The tournament committee is accepting prizes to be raffled off at the tournament. For individuals interested in contributing a prize contact Cindy Ouellette, tournament co-director, at 617-471-2760.

For individuals interested in volunteering, contact Jane Warwick, tournament co-director, at 617-822-8820 or Roseann Russell at 617-472-4811.

Those interested in making a contribution can contact Bob Griffin, tournament co-director, at 617-472-4811, or mail the contribution to Bob Griffin, 4 Avon Way, Quincy, MA 02169. Make checks payable to The Jimmy Fund/QYBL.

Funds raised will benefit the Pediatric Solid Tumor Program within Dana-Farber/Children's Hospital Cancer Care Services.

Quincy Babe Ruth Hosting 15-Year-Old State Tourney

Quincy Babe Ruth is hosting the 15-year-old Eastern Massachusetts State Tournament this week at Adams Field.

Eight teams are participating in the tournament, including: Quincy, Milton, Norwood, Saugus, Burlington, Arlington, Taunton and Gateway (Wareham, Marion, Swansea).

The semi-finals were scheduled for yesterday (Wednesday) and the final game will be played today (Thursday).

Softball Clinic For Children 8-17 Aug. 7-11

"Big Time Softball" clinic for children ages 8 to 17 will be held Aug. 7 to 11 from 10 a.m. to 3 p.m. at Lakeside Park in Braintree.

The clinic will feature seven high school and college coaches and 10 college players.

Cost is $165 per person. For more information or to sign up, visit sbgsl.com or contact Mike Harrison, coach at LaSalle College, at 978-887-3259 or Mike Sedar, head coach of Quincy High School, at 781-848-3788.

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You Auto Know

by Bill Starkie and Kevin McGroarty

OF PRIMARY CONCERN

While seatbelt use has been credited with saving about 15,000 lives during the past year, 6,000 more people would be alive today if they had buckled up during the same period. To help save lives, 22 states have primary seatbelt laws that enable the police to stop vehicles and write citations if they see an unbuckled driver or passenger. In other states, there are less effective secondary enforcement laws, which only allow law enforcement officers to write a seatbelt citation if the vehicle is stopped for another violation. According to the National Highway Traffic Safety Administration, on average, states with primary seatbelt laws have compliance rates 11 percent higher than states with secondary laws.

Seatbelts save life. This is a proven fact, and seatbelts could save your life. Most cars these days are equipped with many safety features like seatbelts and airbags. Come to the experts at LEO & WALT'S SUNOCO to ensure the professional care your car deserves. Call 781-843-1550, or stop by 258 Quincy Ave., E. Braintree today. Open: Mon-Fri. 6am-9pm, Sat. 7am-9pm, Sun. 9am-5pm.

HINT: Seatbelts save more lives in vehicle crashes than any other safety device

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Morrisette In Good Shape For Next Season

By CHRIS POISSON

Manager Ray Cattaneo believes his Morrisette American Legion baseball team should be in good shape by the time next season rolls around.

Morrisette recently wrapped up the regular season with a 10-7 record to get back to the playoffs, where it performed well but ended up being swept by Norwood in the first round.

Cattaneo, though, will only lose a handful of players from this year's squad compared to the extreme makeover last offseason when nine rookies were added to the roster.

"We should be in decent shape next year," Cattaneo said. "We have a good nucleus coming back. We'll be more experienced and it makes a difference when you get into the playoffs."

Although it loses Steve Sullivan, Brian Sullivan, Matt Haskins, Ray Marchand and Brandon Ranalli, Morrisette will bring back its entire outfield and most of its infield.

Returning to the outfield are Joe Garland in left, 15-year-old Joe Vialpando in center and Mike Burke in right. Ranalli, a speedster, split time in the outfield.

The infield will feature 15-year-old Ricky Salvucci at third base, Joe Lousararian at shortstop, Chris Boyd at second base and Jonathan Pelletier will take over at first base.

Also returning next year are Joe Ferris, Patrick Totten and Alex Tragellis, who did well in their limited playing time.

That only leaves one position on the offseason shopping list — someone to replace Marchand behind the plate.

Morrisette will need to make significant changes to its pitching staff as it will lose its top three starters: Steve Sullivan, Haskins and Brian Sullivan.

Steve Connolly and Pelletier, who made several starts this year, will step up in the rotation. Cattaneo said Garland will probably pitch next year and the rest of the staff will be filled out by whatever players come out of the Senior Babe Ruth or Babe Ruth leagues.

"We should be decent if we all play to our potential," Cattaneo said. "A lot of them will be playing in high school. But some of the older kids go to college and don't play and it takes a while to get going when they come back."

Cattaneo thanked his coaching staff for its work this season. The staff included head coach Steve Maze and assistants Andy Santos and Ray Cattaneo, his grandson.

"Steve Maze did a great job all year with the kids," Cattaneo said. "He worked hard at it and he was there for them all the time. He did a great job handling the team. I gave him a little bit of advice once in a while. He would ask me in situations and I'd give him my thoughts. After 38 years it just comes natural to you."

MORRISETTE AMERICAN LEGION baseball team — Kneeling, from the left: Mike Burke, Joe Lousararian, Joe Garland, Joe Vialpando, Brandon Ranalli, Rick Salvucci, Patrick Totten. Standing: coach Steve Maze, coach Andy Santos, manager Ray Cattaneo, Brian Sullivan, Joe Ferris, Matt Haskins, Jon Pelletier, Steve Sullivan, Ray Marchand, Chris Boyd, Steve Connolly, coach Ray Cattaneo, scorer Bill Marchand. Missing: Alex Tragellis.

Local Qualifiers To Represent State At Hershey National Track, Field Games

Once again qualifiers from the Quincy Recreation Department Hershey's Track and Field Games will represent Massachusetts at the Hershey's National Championship Aug. 3-6 in Hershey Park, Pa.

The 4x100-meter relay team for girls ages 9 to 10 — comprised of Sydney Turner, Bridget Carey, Marissa Balsamo and Lauren Thorne — won the state championship and was notified it would be going to the national finals.

Each state champion has their time and distance compared to the New England states and one province in Canada with the top times going to the nationals.

Thorne will not be available for the nationals and Libby Doyle of Quincy who also participated at the state championship will replace her, said Recreation Director Barry Welch.

"The Hershey's program has been in existence for over 25 years and is a grassroots program that has over 1 million youngsters competing in the U.S. and Canada," Welch said.

"Learning, participation, enjoyment and physical exercise are the elements of this fine program. With our participation we hope that we may positively shape the direction and future of our youth. We are indebted to the support of the Hershey Chocolate Company."

With a large group of Quincy qualifiers at the state championship, Eric Lee of Milton, a Quincy Track Club member, was undefeated in the three events he was eligible to compete in. He was crowned champion in the ages 9 to 10 long jump, the 100-meter dash and the 50.

Other Quincy qualifiers and their results at the state championship:

• Matthew Roach, 12th in the boys ages 11-12 softball throw with a distance of 105 feet, 5 inches and 15th in the 400-meter run with a time of 1-minute, 26.8 seconds.

• Essien Benjamin, 15th in the boys ages 11-12 standing long jump (5-03).

• Ben Albertson, eighth in the boys ages 9-10 softball throw (95-06).

• Chinedu Okoye, fifth in the boys ages 13-14 200-meter dash (28.39) and seventh in the softball throw (129-08).

• Jeremy Roye, 11th in the boys ages 13-14 standing long jump (6-08).

• Brian Regan, sixth in the boys ages 9-10 400-meter run (1:25.35).

• Long Lau, 12th in the boys ages 11-12 800-meter run (3:19.21).

• Joshua Kasanoff, 13th in the boys ages 13-14 800-meter run (3:17.09).

• Bridget Carey, second in the girls ages 9-10 softball throw (101) and second in the 100-meter dash (15.87).

• Leigha Okoye, fourth in the girls ages 11-12 100-meter dash (15.03) and seventh in the standing long jump (7-03).

• Mary Schwartz, third in the girls ages 13-14 1,600-meter run (6:14.56) and sixth in the 800-meter run (2:49.80).

• Erin Richardson, third in the girls ages 11-12 softball throw (111-03).

• Meaghan Murphy, eighth in the girls ages 9-10 50-meter dash (8.83).

• Marissa Balsamo, ninth in the girls ages 9-10 200-meter dash (35.89) and third in the standing long jump (6-05 1/2).

• Libby Doyle, 10th in the girls ages 9-10 200-meter dash (35.90).

• Julia Nee, third in the girls ages 13-14 200-meter dash (29.99).

• Kerry Turok, fourth in the girls ages 13-14 softball throw (123-06).

• Sydney Turner, fourth in the girls ages 9-10 400-meter run (1:21.02).

• Laura Nee, second in the girls ages 11-12 400-meter run (1:11.11).

• Briana Mullaney, fifth in the girls ages 11-12 800-meter run (2:56.73).

Steve Clancy Golfing In Ouimet Fund's Marathon

Steve Clancy, assistant pro at Granite Links, will play in the Ouimet Fund's Golf Marathon XIV at Stow Acres Country Club Wednesday, Aug. 9.

Fund-raisers and players have begun fund-raising campaigns for the marathon in support of the Francis Ouimet Scholarship Fund, which is considered the "Golf Charity of Massachusetts."

The marathon is a fund-raising event in which golfers, clubs and organizations in Massachusetts play a minimum of 100 holes of golf or more in one day at Stow Acres. Players and fund-raisers solicit pledges and contributions in support of their efforts on behalf of the fund.

The event is America's largest golf marathon and has held that title for the past 13 years. Last year, 48 golf clubs, individuals and organizations raised more than $300,000 for the fund.

The Francis Ouimet Scholarship Fund was founded in 1949 and since that time has awarded more than $15 million in need and merit based college tuition assistance to more than 4,100 young people.

Ouimet scholars have served at least two years as caddies or helpers in pro shop and course superintendent operations in Massachusetts, and many of them have gone on to outstanding positions of leadership in business and professional careers.

For more information, contact the Ouimet Fund at 774-430-9090.

Andrew Paine Wins Gold Medal In Bay State Games

Andrew Paine of Quincy recently participated in the 25th annual Bay State Summer Games as a member of the Metro boys' volleyball team.

The team won the gold medal in the Boys' Scholastic Division and also received the prestigious Bay State Games/New Balance Team Sportsmanship Award.

Wollaston I In Playoff Hunt, Wollaston II Eliminated

Wollaston I is battling South Boston for the final playoff spot in South Shore Senior Babe Ruth baseball league action.

Wollaston I (7-7-1) is in that position thanks in large part to Wollaston II's 11-1 victory over South Boston (8-6) last Monday.

In its only action last week, Wollaston I lost to Marshfield, 7-5, despite strong relief pitching by Eric Anglehart. Mike Crifo sparked a last-inning rally by knocking in three runs with a triple, but the comeback ended with the tying run at the plate.

Wollaston II (8-8) completed its season and is mathematically eliminated from the playoffs.

Wollaston II beat South Boston with solid pitching, error-free defense and strong hitting. Matt Edgerly limited them to two hits over four innings to pick up his third of the season. Eric Moreschi held them scoreless to close out the game.

Brendan Carnell (RBI, three runs) and Dave Regan (two RBI, run) each had three hits. Rob Mann added two hits and two RBI. Also contributing with hits were: Edwin Nunez (run), Edgerly (run), Danny Myers (two runs), Dan Munkley (three RBI, run), Dave Griffin (run) and Rob DeAngelis (RBI, run).

This was Wollaston II's second year in the South Shore Senior Babe Ruth League, where it posted a 3-14-1 record a year ago. The improvement was due to excellent pitching, better defense and timely hitting.

Leading the pitching staff were: Edgerly (three wins), Myers (two wins), Moreschi (win, two saves) and Mann (win).

Supporting the pitching was the team's defense, particularly during the last half of the season. The team was strong up the middle with Myers in center field; Alex Tragellis, Munkley and Tom Pepe at shortstop; Chris Timmins and Chris Doyle at second base; and Nick Masone and Brennan Carey behind the plate.

DeAngelis played all four of the middle positions. Fleet-footed Steve McCarty and Paul Oldham made outstanding catches throughout the season in right field.

Carnell was the top offensive star, leading the team in almost every category: .563 average, 18 hits, 11 runs, 10 RBI and .632 on-base percentage. Regan followed with a .455 average, 20 hits, 10 runs and six RBI.

Two of the youngest players on the team made significant contributions: Nunez (.458 average, 11 hits, three runs and five RBI) and Griffin (.462 average, six hits, .563 on-base percentage).

Other top performers included: Mann (.324 average, 11 hits, six runs, five RBI), Masone (.316 average, four runs, four RBI), Edgerly (.305 average, 11 hits, nine runs, eight RBI) and Tragellis (.286 average, five runs, .524 on-base percentage). Over the second half of the season Myers, DeAngelis, Munkley and Moreschi got hot at the plate.

SUN FUN PAGE

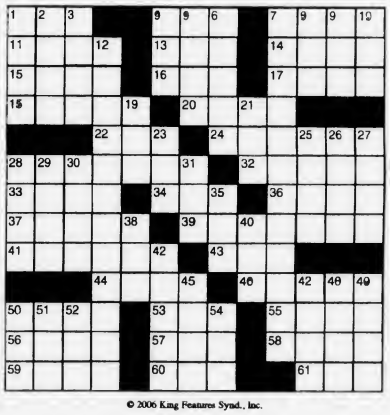
King Crossword

ACROSS

1 Unsatisfactory
4 Kyoto cummerbund
7 Creche trio
11 Physical
13 Skedaddle
14 Throat clearer
15 - Romeo (Italian sports car)
16 Right angle
17 Cloverleaf feature
18 Stylish again
20 Soak up some rays
22 VII twice
24 Solomonic quality
28 Casino patron
32 Broadway platform
33 Winged
34 Playground game
36 Luau entertainment
37 Sharpen a razor
39 Immoral woman of the Bible
41 Inn
43 - Angeles
44 Head light?
46 "Carmen," e.g.
50 Spot of land
53 Suitable
55 Portent
56 Boot attachment
57 Chaps
58 Ocean motion
59 Periodicals, for short
60 Pismire
61 Pull

DOWN

1 Cave dweller
2 Turning point
3 Mad
4 Raw rock
5 Eventual tulip
6 Extended-family member
7 What "X" does
8 "I understand"
9 Jewel
10 Mischief-maker
12 Wacky screen trio
19 Lubricant
21 Bro's counterpart
23 Ex-GI
25 Smear
26 Lecherous look
27 Repast
28 Long cut
29 Saxophone range
30 The red planet
31 Rule, in British India
35 Toothpaste type
38 Pod occupant
40 Menagerie
42 Camel's kin
45 Tournament format
47 Send out
48 Start over
49 Differently
50 Doctrine
51 Hot tub
52 Lummox
54 Explosive network?



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The Garden Bug

Dragonflies are considered beneficial, as they prey on mosquitoes.

The larvae live in lakes, ponds, streams, and wetlands, but the adult stage is airborne, flying at speeds of up to 60 miles per hour!

Dragonflies do not bite or sting humans.

Some prehistoric dragonflies' wingspans measured almost 30" wide.

MAGIC MAZE ● — GALLERY

F C Z G W T Q G N K I F C Z W
U R P M N J N H E C Z X U S Q
N L J G A I E C Z X V T R P S
N L J C T H R O G U E S E C E
A Y W O I I V E T R C P N T I
L K O I O L A G P I E C A B D
Z H X T N W B R S S U V S R A
S P O O A E R U T C I P M L L
J H I G L T M B P R E H D B A
P Y X W S S E R P U O T W S Q
P O N L K W T U N A E P J H G

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Art	Peanut	Press	Tate
Ladies'	Photo	Private	Web
Music	Picture	Public	Whispering
National	Portrait	Shooting	

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Trivia test by Fifi Rodriguez

1. LITERATURE: Who wrote the book "James and the Giant Peach"?
2. HISTORY: What did the Treaty of Guadalupe Hidalgo do?
3. GEOGRAPHY: Where is Montserrat?
4. MEDICINE: What organ in the human body can be damaged by the childhood disease called rheumatic fever?
5. THEATER: Who was the lyricist partner of composer Andrew Lloyd Webber?
6. GENERAL KNOWLEDGE: What is July's traditional gemstone?
7. LANGUAGE: What is the code for the letter "F" in military phonetic alphabet?
8. MUSIC: What is meant by the musical notation "grazioso"?
9. RELIGION: What are the synoptic gospels?
10. ART: What medium is used in the art of origami?

Answers

1. Roald Dahl
2. Settled the Mexican War
3. Island exists in the eastern Caribbean
4. The heart
5. Tim Rice
6. Ruby
7. Foxtrot
8. Graceful
9. Matthew, Mark and Luke
10. Paper

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Salome's Stars

ARIES (March 21 to April 19) You face the possibility of raising your relationship to another level. However, your partner might demand that you make promises for which you're not sure you're ready.

TAURUS (April 20 to May 20) As changes continue, expect things to get a little more hectic at your workplace. An unexpected travel opportunity could open new career prospects.

GEMINI (May 21 to June 20) Confront the person who caused your hurt feelings and demand a full explanation for his or her actions. You'll not only recover your self-esteem, but you'll also gain the respect of others.

CANCER (June 21 to July 22) That personal problem in the workplace is compounded by someone's biased interference. Stand your ground, and you'll soon find allies gathering around you.

LEO (July 23 to August 22) You don't accept disapproval easily. But instead of hiding out in your den to lick your wounded pride, turn the criticism into a valuable lesson for future use.

VIRGO (August 23 to September 22) That former friend you thought you'd cut out of your life is still affecting other relationships. Counter his or her lies with the truth. Your friends are ready to listen.

LIBRA (September 23 to October 22) What appears to be an unfair situation might simply be the result of a misunderstanding. If you feel something is out of balance, by all means, correct it.

SCORPIO (October 23 to November 21) A stalled relationship won't budge until you make the first move. Your partner offers a surprising explanation about what got it mired down in the first place.

SAGITTARIUS (November 22 to December 21) A coworker shares some startling news, but before you can use it to your advantage, make sure it's true. The weekend favors family matters.

CAPRICORN (December 22 to January 19) Your usual conservative approach to family situations might not work at this time. Keep an open mind about developments, and you might be pleasantly surprised.

AQUARIUS (January 20 to February 18) Plans might have to be put on hold because of a family member's problems. Don't hesitate to get involved. Your help could make all the difference.

PISCES (February 19 to March 20) Relationships in the home and in the workplace need your careful attention during this period. Be careful not to allow misunderstandings to create problems.

BORN THIS WEEK: You have a keen, insightful intellect and enjoy debating your views with others who disagree with you. You also love to solve puzzles — the harder, the better.

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HOCUS-FOCUS

BY HENRY BOLTINOFF

FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

Differences: 1. Pants are different. 2. Curtain is longer. 3. Ball is missing. 4. Bat is shorter. 5. Hair is different. 6. Sneaker is different.

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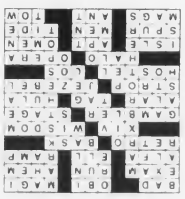
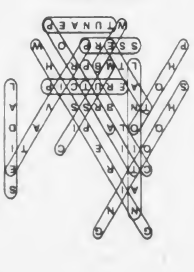
King Crossword — Answers



Magic maze — Answers

- GALLERY



Wishing Well®

3	4	2	8	7	4	3	7	6	3	8	5	3
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5	2	4	3	7	8	5	6	5	6	7	4	2
H	E	A	D	E	O	A	R	N	I	W	N	C
3	5	2	8	6	3	5	2	7	3	2	4	5
S	G	O	B	G	T	E	N	B	A	S	G	O
6	4	8	5	6	8	4	6	3	7	4	6	7
I	E	L	F	N	E	I	A	R	E	N	L	L
5	4	7	6	7	6	2	4	8	2	5	8	7
F	H	O	I	V	D	I	O	M	D	O	S	E
3	6	7	5	8	4	6	5	4	6	5	2	4
T	E	D	R	O	M	A	T	E	S	U	E	L
2	5	4	8	5	8	4	2	4	2	8	2	8
R	N	I	L	E	V	F	A	E	T	E	E	D

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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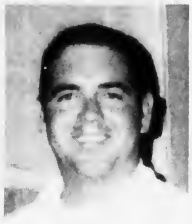
OBITUARIES

Christopher W. White, 29

Catering Company Owner



CHRISTOPHER WHITE

A funeral Mass for Christopher W. "Whitey" White, 29, of Braintree, formerly of Quincy, owner of a catering company, was celebrated July 20 in Holy Trinity Parish at Most Blessed Sacrament Church, Quincy.

He died July 14 at home.

Mr. White owned Chef Christopher's Catering of Quincy for the past several years.

He sponsored the "Chef's" team in the Houghs Neck Softball League.

Born in Boston, he was raised and educated in Houghs Neck and graduated from Quincy High School. He lived in Quincy before moving to Braintree a year ago.

He is survived by his mother, Elaine (Kirylo) White of Quincy; his stepfather, Albert N. Newcomb; and many aunts, uncles, cousins and friends.

Burial was private.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Donations may be made to Make A Wish Foundation of MA, 1 Bulfinch Place, 2nd Floor, Boston, MA 02114, or to charity of choice.

Brenda P. Ventura, 45

Word-Processing Business Owner

A funeral Mass for Brenda P. (Marshall) Davey Short Ventura, 45, a lifelong Quincy resident, a word-processing business owner, was celebrated July 21 at St. John's Church, Quincy.

She died July 18 at home after an 11-month battle with cancer.

Mrs. Ventura operated the business for seven years, working with more than 100 clients.

She also worked as a legal secretary for many years for Ropes & Gray and Goodwin Procter in Boston.

She was a member of the National Association of Secretarial Services and National Association of Home-Based Businesses. She was a notary public. She volunteered as a CCD teacher with St. John's Church.

She graduated from Quincy High School in 1978 and attended Boston Center for Adult Education.

She is survived by her husband, Stephen R. Ventura; a daughter, Krystal A. Davey of Quincy; a stepdaughter, Alanna M. Ventura of Whitman; two aunts and two cousins.

Burial was in St. Mary's Cemetery, Randolph.

Funeral arrangements were by Dennis Sweeney Funeral Home, 74 Elm St.

Robert P. Holland, 62

Retired Chef, Vietnam Veteran

ROBERT P. HOLLAND

A funeral Mass for Robert P. Holland, 62, of Quincy, a retired chef, was celebrated July 21 at St. John's Church, Quincy.

He died July 17 at Southwood at Norwell Nursing Center.

Mr. Holland was a chef for many restaurants on the South Shore for 25 years, retiring in 2004. He also consulted in menu design for many restaurants, including the Spring House, Louie's in Houghs Neck and the Fowler House in Quincy.

He was a Vietnam War Army veteran.

He was a longtime member of the Wednesday at 7 Singing Group comprised of friends he knew from growing up in Charlestown. He lived in Quincy for the past nine years.

He is survived by his wife, Carol A. (Bissett) Holland of Quincy; three sons, Robert P. Holland Jr. of Newport, R.I., Christopher P. Holland of Dorchester and Patrick T. Holland of Hull; four brothers, Arthur Holland of Tucson, Ariz., Richard Holland of Dorchester, John Holland of New Mexico and Ronald Holland of East Boston; a sister, Eileen Holmes of New Mexico; and four grandchildren.

Burial was in Massachusetts National Cemetery, Bourne.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Donations may be made to the American Cancer Society, Central N.E. Region, 18 Tremont St., Suite 700, Boston, MA 02018, or to Hospice of the South Shore, 100 Baystate Drive, Braintree, MA 02184.

Michael Nichols, 23

Dive Master Instructor

A funeral Mass for Michael John Nichols, 23, of Jomtien Beach, Thailand, a professional dive master instructor, was celebrated July 22 at St. Francis of Assisi Church, 856 Washington St., Braintree.

He died June 11 at the Bangkok Pattaya Hospital after a motorcycle accident.

He worked as an intern gaining experience in teaching. He earned his certification as a scuba instructor in February.

Born in Nashville, he was a 2001 graduate of Gilbert High School in Winsted, Conn., where he was a tri-captain of the football team. He was a 2005 graduate of the University of Connecticut.

Mr. Nichols moved to Jomtien Beach in November.

He is survived by his mother, Mary Lou (Buckawicki) Nichols of Quincy; his father and stepmother, Daniel J. and Peggy Nichols of Georgia; two brothers, James D. Nichols of Kentucky and Anderson B. Nichols of Tennessee; two sisters, Emily Graham and Jennifer Allen of Tennessee; three nieces, a nephew, an aunt and two cousins.

Burial was private.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Ernestine Rogers, 76

A private funeral service for Ernestine T. Rogers, 76, of Wollaston, formerly of Hyde Park, were held recently.

Wife of the late Morris Rogers, she is survived by two sons, James Rogers and Robert Rogers; a daughter, Linda Kelly; and six grandchildren.

Funeral arrangements were by Caroll-Thomas Funeral Home, Hyde Park.

Fay I. Gallery, 67

Homemaker

FAY I. GALLERY

A funeral Mass for Fay I. (Shaughnessy) Gallery, 67, of Quincy, a homemaker, was celebrated July 21 at St. Agatha Church, Milton.

She died July 17 at Brigham and Women's Hospital in Boston after a short illness.

Mrs. Gallery was a CCD coordinator and teacher at St. Agatha Church. She was active in her children's activities as a softball and basketball coach.

Born in Boston, she was raised in Roxbury, Watertown and Braintree and graduated from St. Patrick's High School in Watertown. She lived in Milton for more than 30 years before moving to Quincy eight years ago.

She is survived by her husband, Richard J. Gallery; two sons, Richard Gallery and Robert Gallery, both of Milton; three daughters, Jody Gallery of Milton/Quincy, Donna Myers of New Hampshire and Amy Pollara of Braintree; two brothers, William Shaughnessy of Marshfield and John Shaughnessy of Boston; a sister, Carol Doyle of Canton; and seven grandchildren.

Burial was in Milton Cemetery.

Funeral arrangements were by Dolan Funeral Home, Milton.

Donations may be made to the American Cancer Society, 30 Speen St., Framingham, MA 01701.

Paul F. Brown Sr., 67

Retired Underwriter

A funeral Mass for Paul F. Brown Sr., 67, of Bradenton, Fla., formerly of Quincy, a retired underwriter, was celebrated July 22 at Sacred Heart Church, North Quincy.

He died July 9.

Mr. Brown was an underwriter for Commercial Union Insurance Company in Foxboro for many years before retiring.

He was a member of the Quincy Elks Lodge and the Manasota, Fla., Elks Lodge, where he was an esteemed leading knight. He was also a member of the Wollaston Yacht Club.

He sang with the St. John's Men's Choir in Roxbury. He enjoyed participating in variety shows and singing.

Born in Boston, he was raised in the Cherry Valley section of Roxbury and was a member of the Cherry Valley Associates. He graduated from Cathedral High School. He lived in Quincy before moving to Bradenton three years ago.

He is survived by his wife, Elinore (Daab) Brown of Bradenton; a son, Paul F. Brown Jr. of Quincy; two daughters, Amy Canavan of Cohasset and Jeanne Such of Kingston; a sister, Evelyn Gifford of Largo, Fla.; and four grandchildren.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Donations may be made to the Autism Center of the South Shore, 210 Winter St., Suite 101, Weymouth, MA 02188.

Sadie G. DeAngelo, 100

Homemaker

A funeral service for Sadie G. (Smith) DeAngelo, 100, a homemaker, was held July 20 at the Bolea-Buonfiglio Funeral Home, 116 Franklin St.

She died July 18 at the Braintree Landing Rehab and Nursing Center.

A lifelong resident of Quincy, she was a graduate of the Woodward School for Girls.

She played piano, had voice lessons, and sang classical music. She traveled throughout the United States, and was a charter member of the Pamona Chapter of the Granite City Grange, formerly of Quincy.

Wife of the late Antonio DeAngelo, she is survived by a daughter, Diane R. Ryan, of Mobile, AL.; eight grandchildren, eight great-grandchildren, and two great great-grandchildren.

Burial was in Pine Hill Cemetery.

SCOTT DEWARE

A THOUGHT FOR THE WEEK

How often do you doubt something you hear? How often do you have doubts about your abilities or have doubts about the abilities of others? Many people today flounder in a mire of doubt, uncertainty and fear about 'how things are going' – 'where are we going' – . . . We all have doubts at times about ourselves and others. It is only human. Doubting has always been and will always be a human characteristic. When in maturity we find ourselves gripped with uncertainty or struggling in desperation we are bound to have doubts. Couldn't it be said that it is better to have honest doubts than no doubts at all? Couldn't it be said that some doubts torment us only because we have too little faith and this holds true whether it applies to doubts about people, science and religion.

Obviously then, the best way to reduce doubts is to increase faith. Sounds simple. It is.

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Sheila Eileen Lynch, 23

Graduate Student In Biology

SHEILA EILEEN LYNCH

A funeral Mass for Sheila Eileen Lynch, 23, of Quincy, a graduate student in biology at St. Joseph's University in Philadelphia, will be celebrated Friday at 10 a.m. in Sacred Heart Church, North Quincy.

Miss Lynch died July 22 at home of a sudden illness.

A lifelong Quincy resident, she attended Sacred Heart School, North Quincy, and participated in Sacred Heart basketball, Quincy Youth Soccer, Squantum softball and gymnastic programs.

She also enjoyed sailing on Quincy Bay with her family and friends, and transferred this love of the sea to working several summers as a deckhand on excursion vessels in Boston Harbor and to George's Island, where she learned to "dock dive" into Boston Harbor on hot summer days between ferry trips.

A 2001 graduate of The Newman School in Boston, she was a member of the John Henry Newman chapter of the National Honor Society and a four-year basketball and soccer player, winning most valuable player, scholar-athlete and Independent School League all-star honors.

As class valedictorian, Miss Lynch urged her classmates to use their talents and abilities to serve those less fortunate than themselves.

She graduated from The College of the Holy Cross in Worcester in 2005 with a bachelor's degree in biology/pre-med. At the time of her death, she was a second-year student in the graduate program in biology at St. Joseph's University in Philadelphia involved in research into the biology of plant growth.

A research fellow, Miss Lynch taught science to elementary school students in the Philadelphia schools through the Wagner Museum.

She lived ideals of service that were instilled by her parents, Patricia (Coen) and Joseph H. "Harry" Lynch. As the devoted older sister of an intellectually handicapped sibling, Miss Lynch developed a strong interest in helping others similarly handicapped. She became an active participant in the Best Buddies program both at Holy Cross and at St. Joseph's.

She was also involved in the Appalachia Spring Break Program, participating in service trips in each of her four years.

"Sheila was kind, warm, exuberant, boundlessly energetic and intellectually inquisitive," her father said. Her mother recalled a comment from Sheila's seventh grade teacher, Gail Besse of Sacred Heart School in Quincy: "It's amazing how much Sheila manages to learn, given the amount of time she spends talking to classmates."

Sheila was home from Philadelphia to fulfill her jury duty this week.

In addition to her parents, Miss Lynch is survived by her sisters, Elizabeth, Kathleen, Susanna and Alexandria; her brother, Joseph; her grandfather Edward Coen of Waltham; and many uncles, aunts, cousins and friends.

Funeral hours are today (Thursday) from 5 to 8 p.m. at the Lydon Funeral Home, 644 Hancock St., Wollaston.

Burial will be in Pine Hill Cemetery, West Quincy.

Robert H. Sines, 77

High School Biology Teacher

Robert H. Sines, 77, of St. Petersburg, Florida, formerly of Quincy, a high school biology teacher for 35 years, died March 25 at his home in Florida.

Mr. Sines was also a summer resident of the Amston Lake District of Lebanon, Conn.

Born in Quincy, he was the son of the late Russell V. and Eloise Sines.

He moved to St. Petersburg in 1988 from Manchester, Conn.

Mr. Sines was an active member of Victory Church of the Nazarene, St. Petersburg, Fla., and a former member of Manchester Church of the Nazarene in Conn.

He is survived by his wife of 39 years, Barbara Sines; two sons, Craig Sines of Clearwater, Fla. and Kristofer Sines of Bolton, Conn.; three daughters, Cynthia Joyner of Derry, N.H.; Gretchen Evans of Colchester, Conn.; and Laura Soule of Nashua, N.H.; a sister, Nancy Sperrazza of Niantic, Conn.; six grandchildren; and aunt, Barbara Kemp of Quincy and several cousins.

Interment was in Mount Wollaston Cemetery, Quincy.

Julia M. Tupe, 51

Granite City Electric Marketing Assistant

JULIA M. TUPE

A funeral Mass for Julia M. (McKenna) Tupe, 51, of Quincy, a marketing assistant for the Granite City Electric Supply Company in Quincy, was celebrated Wednesday in St. Mary's Church, West Quincy.

Mrs. Tupe died July 22 at Quincy Medical Center after a long illness.

She was born and raised in Quincy and attended Quincy schools. She was a 1972 graduate of Quincy High School.

She had lived in Quincy all of her life before moving to Honolulu, Hawaii for six years. She returned to Quincy in 1982.

Mrs. Tupe was employed 17 years as a marketing assistant for the Granite City Electric Supply Company in Quincy.

She was a communicant of St. Mary's Church in West Quincy. She was active member of the parish and was involved in various ministries within the church.

She is survived by her husband of 26 years, Fagota P. Tupe of Quincy; three sons, Mativa "Kiva" Tupe, Michael T. Tupe and Matthew S. Tupe, all of Quincy; a daughter, Malia F. Tupe of Quincy; her mother, Julia (McHugh) McKenna of Quincy; and a brother, Lawrence McKenna of Weymouth.

Burial was in Pine Hill Cemetery, West Quincy.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to Archbishop Williams High School, 80 Independence Ave., Braintree, MA 02184.

Cecil V. Reilly, 83

Retired Government Worker

CECIL V. REILLY

A funeral Mass for Cecil V. (Cleveland) Reilly, 83, of Quincy, a retired government worker, was celebrated July 22 at St. Ann's Church, Quincy.

She died July 18 at John Adams Healthcare Center after a brief illness.

A homemaker for many years, Mrs. Reilly began working in 1978 for the Government in the Defense Logistics Agency as a clerk. She retired in 1998.

She served in the Army during World War II working as a cook.

Born in Hartswell, Ga., she attended South Carolina schools and graduated from Pendelton High School in South Carolina. In 1945, she moved to Boston and lived in Dorchester and Roxbury before moving to Quincy 15 years ago.

Wife of the late William F. Reilly, she is survived by four sons, James M. Reilly of New Hampshire, William J. Reilly of Quincy, John Edward Reilly of East Bridgewater and Patrick M. Reilly of Florida; two sisters, Eva L. Atkins and Mamie G. Masters, both of South Carolina; five grandchildren; four great-grandchildren; and many nieces and nephews.

She was the mother of the late Vernelle C. DeFilippo.

Burial was in St. Joseph's Cemetery, West Roxbury.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

More Obituaries On Page 25

Debra A. Curtin, 44

Homemaker

DEBRA A. CURTIN

A funeral Mass for Debra A. (McCarthy) Curtin, 44, a homemaker, of Rockland, was celebrated July 21 at Saint Joseph's Church, 550 Washington St.

She died July 17 at home.

Born, raised, and educated in Boston, she was a graduate of Hull High School. She has lived in Rockland for the past 15 years.

She is survived by her husband of 18 years, John F. Curtin; three sons, James A. Curtin, Christopher M. Curtin and Robert F. Curtin, all of Rockland; her mother, Dorothy E. McCarthy, of Braintree; eight brothers, Gerald Hosea, of Quincy, Lynn Hosea, of Braintree, Carl Hosea, Stephen McCarthy, Robert McCarthy, all of Quincy, Wayne McCarthy, of Carver, her twin, Daniel McCarthy, of Gardner, and Timothy McCarthy, of Holbrook; two sisters, Sandra Livrago, of Weymouth, and Kim McCann, of Rockland. She is also survived by many nieces and nephews.

Burial was private.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Edward H. Fisher, Jr., 90

Retired General Dynamics Employee

A memorial service for Edward Henry Fisher, Jr., 90, of Quincy, a retired General Dynamics employee, will be held in early August at Houghs Neck Congregational Church, 310 Manet Ave., Quincy.

Mr. Fisher died July 14 at Quincy Medical Center.

He worked in the General Dynamics print shop for many years.

Born in Weymouth, he graduated from Weymouth High School in 1934.

Mr. Fisher was a deacon and former Sunday school teacher at Houghs Neck Congregational Church.

He was a member of the Good Samaritans Club and a former Cubmaster.

He enjoyed reading, music, bowling, camping, cribbage and traveling with his wife in their motor home.

Husband of the late Mary (Weixler) Fisher, he is survived by a daughter, Pamela Cichocki of Hull; three sisters, Nellie Hippler of Pennsylvania, Liz Rubio of Weymouth and Pearl Nichols of Pembroke; a grandson; and a great-grandson.

He was also the brother of the late Elmer C. Fisher, Frankie Fisher, William Fisher, Lillian Edmons and Anna Gillis.

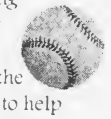
Burial was be private.

Funeral arrangements were made by the Hamel, Wickens & Troupe Funeral Home, 26 Adams St., Quincy Center.

Grandpa loved gardening, baseball, and playing the harmonica.

Your memories are precious. That's why, at Keohane Funeral Service, we take the time to find out what made your loved one special.

Whether it's gathering some of the flowers he so tenderly cultivated or finding a musician to play "Take Me Out to the Ball Game" on the harmonica, you can count on us to help you plan a service that will be just as unique as the person you love.



Keohane Funeral Service

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Religion

Houghs Neck Congregational Church Seeks Entries For Fall 'Country Fair'

Quilting, pie baking, tomato growing and jam-making are some of the contests to be held as part of Houghs Neck Congregational Church's upcoming Fall Country Fair.

To be held Saturday, Sept. 30 at the church, 310 Manet Ave., the Country Fair will feature of a number of prize contests, including contests for quilting, jam and jelly making, pie baking, flower arranging, tomato growing and zucchini growing.

Additional contests will offer prizes for funniest pet photo, best African violet and a best vegetable sculpture for kids age 12 and under.

To receive a copy of the contest rules and an entry form, e-mail hncc@comcast.net and write "Fair Contest" in the subject line, or call Sue at (617) 479-2311.

'Summer On The Hill' At First Baptist Church Of Wollaston

First Baptist Church of Wollaston, 81 Prospect Ave., Wollaston, is sponsoring two weeks of "Summer on the Hill."

Week 1, with the theme "Creating Tiny Treasures," will be held Monday, July 31 through Friday, Aug. 4 from 9 a.m. to 11:30 a.m. The program is for boys and girls ages 9 through 12. Cost is $15 per person.

Each participant will create and assemble a small room in miniature with several themes available.

Week 2 will be held Monday, Aug. 7 through Friday, Aug. 11 from 9 a.m. until noon. During this week, the Harmony Youth Chorus for boys and girls who have completed grades 1 through 7 will produce a musical play with parts for everyone.

Cost is $25 per person or $45 per family.

The activities are for boys and girls of all faiths and cultures.

For information or to register, call the church office at 617-472-0824.

Bethany Congregational

Bethany Congregational Church, 18 Spear St., Quincy Center, will have Sunday worship beginning at 10 a.m.

The Rev. Ann Rearick will conduct the service and preach a sermon entitled "He Taught With Authority."

There will also be a children's message.

Childcare is available for infants and toddlers.

Following the worship service there will be a fellowship time in the Allen Parlor. Light refreshments will be served.

Covenant Congregational Church Vacation Bible School Aug. 7-11

The Covenant Congregational Church, 315 Whitwell St., Quincy, will hold its Vacation Bible School Monday, Aug. 7 through Friday, Aug. 11 from 6:30 p.m. to 8 p.m. daily.

This year's theme is "God's Direction is Always Best." Students will "travel" to China, Chile and Chad and learn how God loves everyone in this world the same.

The school is free but is limited to children who are going into fifth grade, down to five years old.

For more information, or to register a child, call Covenant Congregational Church at 617-479-5728.

Salvation Army Vacation Bible School

The Salvation Army will hold its annual Daily Vacation Bible School Aug. 14-18 from 10 a.m. to 2 p.m. each day for children in grades 1-6.

Preschool children who attend the Sonshine Preschool are also invited to attend.

The school is free. Each child should bring a lunch. There will be a Bible story, gym time, craft time, and singing each day.

To register, call 617-472-2345.

On Thursday, Aug. 17 from 6 to 7:30 p.m., the Salvation Army will hold a free family fun night. There will be games, a moon walk, a dunk tank, and prizes.

Free hot dogs and beverages will be served.

Father Bill's Food Fest, Auction Aug. 1

The 12th annual Father Bill's Place Food Fest and Auction will be held Tuesday, Aug. 1 from 6 to 10 p.m. at WaterWorks, Marina Bay, North Quincy.

The event will feature more than 40 local restaurants, bakeries, and wine distributors who will sample their wares for the 1,500 people who turn out for the benefit fundraiser.

Tickets are $100 each. Proceeds will benefit the programs and services for the homeless at Father Bill's Place.

Tickets can be purchased on-line at www.fatherbillsplace.org or by calling the agency's development office at 617-376-2255.

SWAP Earns Tax Abatements

The Council on Aging has a SWAP (Senior Workers' Abatement Program) that enable the elderly to work 89 1/2 hours a year and earn $600 towards their real estate tax bills.

For further details, call Dorothy Dow at 617-376-1508.

Quincy Religion Directory

SERVICES & ACTIVITIES

Assemblies of God

Glad Tidings
158 Washington St., Quincy
phone: 773-9797
Rev. Gregory E. Wheaton, Pastor
Sunday Worship 8:30, 11 a.m. Christian Ed. 10 a.m.; Senior H. Youth 7 p.m. Wed. 7 p.m. Berean Bible Study Royal Ranger Missionettes. Friday Junior H. Youth 7 pm
Youth & Children's Ministry
•Contemporary Worship
•Marriage & Family Group
•International Fellowship
•DivorceCare

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 7, 9:30 & 11:30am, Weekdays 9am
Handicapped Accessible
New Members Welcome!

Unitarian

United First Parish
Hancock St., across from City Hall
617-773-1290
Sunday Worship, 10:30 AM
Child Care & Religious Education for all ages
All Welcome to Our Historic Church

Congregational

First Church of Squantum
164 Bellevue Street
617-328-6649
Pastor: Michael S. Robertson
10 a.m. Sunday Worship
All Are Welcome

To Advertise in this Directory, Call 617-471-3100

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4pm (Sat.) 7:45am, 9am (Family Liturgy)
10:30am (with Choir) and 5pm
12 noon at Star of Sea Church
Weekday Masses
Mon.-Fri 7am and 9am, Sat. 9am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m., 10:30 a.m. & 5 p.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

ST. JOHN THE BAPTIST
44 School St., Quincy
617-773-1021
Weekend Mass Schedule
Saturday (Vigil Mass) 4 p.m.
Sunday 7:30 a.m., 9 a.m. and 11 a.m. (Family Liturgy)
Weekday Masses
Monday - Saturday 8 a.m.
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
• 617-479-5400
Pastor: Rev. John J. Ronaghan
Weekend Mass Schedule:
Saturday 4:00 PM
Sunday 7:00, 9:00, 11:30AM
Daily Masses: 9:00 AM
Handicapped Chairlift Available

Congregational

HOUGHS NECK CONGREGATIONAL CHURCH
310 Manet Ave., Quincy
Sunday, July 30
Service Of Divine Worship 9:30 am
Sunday School 9:30 AM
Series of Sermons on The Lord's Prayer
Guest Preacher
Rev. John Castricum
617-479-8778
Lois Zulauf : Minister of Music

BETHANY CONGREGATIONAL CHURCH
Corner of Spear & Coddington Sts., Quincy Center • 617-479-7300
10 AM Sunday Worship
Rev. Ann Rearick - 'He Taught With Authority'
Childcare Available for Infants, Toddlers
Fellowship Follows Service in Allen Parlor

QUINCY POINT CONGREGATIONAL CHURCH
444 Washington St. • 617-773-6424
Worship and Church School 10 am
Rev. Ann Suzedell, Pastor
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UNION CHURCH
Beach St. & Rawson Rd., Wollaston
Sunday Service 10 AM
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Rev. John Carl Swanson, Pastor
PEACE

Congregational

WOLLASTON CONGREGATIONAL CHURCH
48 Winthrop Ave. - 617-773-7432
Pastor: Rev. Mary Lou Gifford
Summer Worship Schedule
Wednesdays through Sept. 6
Potluck Supper - 6 p.m.
Informal Worship 7 p.m.
Aug. 16 Worship Geared Especially For Children & Youth
"The Camp"

Covenant

COVENANT CONGREGATIONAL CHURCH
Corner of Whitwell & Granite St.
Sunday Worship 10:00 AM
Rev. Karen Palmatier, Pastor
Child Care Available - All Are Welcome
Children's Pantry
Wed., Thur. 9:30 am - 12 noon
617-479-5728
VACATION BIBLE SCHOOL - AUG. 7-11

Nazarene

Wollaston Church of the Nazarene
37 E. Elm Ave., Wollaston
(617) 472-5669
On The Campus Of
Eastern Nazarene College
Pastor: Rev. Fred. Fullerton
Sunday Services
8:30 am - Holy Communion
9:45 am - Adult & Children's Sunday School
11 a.m. - Blended Worship Service
Come Worship with Us!

Episcopal

St. Chrysostom's Episcopal Church
Corner of Hancock & Linden Sts.
Quincy • (617) 472-0737
Rev. David Hefling
Holy Eucharist 9 AM - Sunday School and Nursery Care During Service
Coffee Hour Following
ALL WELCOME
THRIFT SHOP CLOSED FOR THE SUMMER

Evangelical

EVANGELICAL CHURCH OF ATLANTIC
65 Newbury Ave. North Quincy
(617) 847-4444
Pastor Bill Donahue
Sunday Morning Worship 10:10 AM
Childcare Available

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Dr. Susan Jarek-Glidden, Pastor

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45 SUNDAY SCHOOL
11AM WORSHIP SERVICE
BRASS BAND MUSIC
7PM TUES WOMEN'S FELLOWSHIP
7:15PM WED. BIBLE STUDY

Spiritualist

First Spiritualist Church of Quincy
40 West St., Quincy, MA 02169
(617) 770-2246
Services: Sunday 11 a.m. to 12:30 PM
Coffee and Conversation following service
(Services 8 PM Wednesdays June, July, August)
Pastor Rev. Rita S. Berkowitz, C.H.C.M.

OBITUARY

Margarete D. Aiken, 81

Homemaker

A funeral service for Margarete D. (Mueller) Aiken, 81, of Quincy, a homemaker, was held July 21 at Keohane Funeral Home, 785 Hancock St., Wollaston.

She died July 18 at John Adams Nursing Home, Quincy.

Born in Germany, Mrs. Aiken lived in Dorchester before moving to Quincy 42 years ago.

Wife of the late Edward J. Aiken, she is survived by a daughter, Doris E. McDowell of Chattanooga, Tenn.; a sister, Dorothy Schweers; and a granddaughter. She was the mother of the late Ralph Aiken.

Burial was in Blue Hill Cemetery, Braintree.

Donations may be made to the American Heart Association, 20 Speen St., Framingham, MA 01701.

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Norfolk Division
Docket No. 06D0798AN1
ORDER FOR SERVICE BY PUBLICATION
MARTY LEE, Plaintiff
v.
PHUNG THI KIM NGO, Defendant

Upon motion of plaintiff for an order directing PHUNG THI KIM NGO the defendant herein, to appear, plead, or answer, in accordance with Mass. R. Civ. P./Mass. R. Dom. Rel. P. Rule 4, it appearing to the Court that this is an action for ANNULMENT.

Pursuant to Supplemental Probate Court Rule 411, an Automatic Restraining Order has been entered against the above named parties, and that the said defendant cannot be found within the Commonwealth and that HER present whereabouts are unknown; that personal service on said defendant is therefore not practicable, and that said defendant has not voluntarily appeared in the action:

It is **Ordered** that said defendant is directed to appear, plead, answer, or otherwise move with respect to the complaint herein on or before the **22ND day of SEPTEMBER, 06**. If you fail to do so this Court will proceed to a hearing and adjudication of this matter.

It is further **Ordered** that the accompanying summons be published once a week for three consecutive weeks in the **QUINCY SUN ON JULY 12TH, 19TH & 26TH, 2006, a newspaper published in QUINCY, MASSACHUSETTS 02169, 1372 HANCOCK STREET**, the publication to be 60 days at least before said return day. It is further **Ordered** that a copy of the summons be mailed to the defendant at HER last known address by registered or certified mail.

Date: JUNE 28TH, 2006.

DAVID H. KOPELMAN
Justice of Probate and Family Court

7/13, 7/20, 7/27/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-063

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, AUGUST 8, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of EILEEN & SCOTT COLLINS for a SPECIAL PERMIT/FLOOD PLAIN to build a two-story addition to the existing dwelling which exceeds the 25% allowed by right in violation of Title 17 as amended Chapter 17.40.030.5 (25% of Ground Coverage) on the premises numbered 113 WENDALL AVENUE, QUINCY.

Jack Garland, Chairman

7/20, 7/27/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-029

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, AUGUST 8, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of MARIA MCMAHOM for a SPECIAL PERMIT FLOOD PLAIN to construct an addition in violation of Title 17 as amended Chapter 17.40.060 (Flood Plain) on the premises numbered 93 EDGEWATER DRIVE, QUINCY.

Jack Garland, Chairman

7/20, 7/27/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-060

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, AUGUST 8, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of GRANITE LOFTS CONDOMINIUM for a MODIFICATION OF A PREVIOUS VARIANCE to seek relief from ZBA Case #04-055, Condition #6 which states all utilities remain above ground on the premises numbered 435 HANCOCK STREET & 118-120 HOLMES STREET, QUINCY.

Jack Garland, Chairman

7/20, 7/27/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-061

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, AUGUST 8, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of KEVIN & SUSAN MCGOLDRICK for a VARIANCE to add a second apartment (in-law) to existing single family dwelling in violation of Title 17 as amended Chapter 17.16.020 (Use Regulations), and Chapter 17.28 (Parking) on the premises numbered 36 HAVILEND STREET, QUINCY.

Jack Garland, Chairman

7/20, 7/27/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-062

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, AUGUST 8, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of LAROSA DEVELOPMENT, INC. for a VARIANCE to demolish the existing house on the property and to construct three new duplex homes in violation of Title 17 as amended Chapter 17.20.040 (Dimensional Requirements) on the premises numbered 11 PACKARDS LANE, QUINCY.

Jack Garland, Chairman

7/20, 7/27/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P1784AD
In the Estate of
BRIAN E. SOINI
Late of QUINCY
In the County of NORFOLK
Date of Death
June 8, 2006
NOTICE OF PETITION FOR APPOINTMENT OF ADMINISTRATOR

To all persons interested in the above captioned estate, a petition has been presented praying that DIANE WEIL of TOPSFIELD in the County of ESSEX or some other suitable person be appointed administrator of said estate to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **AUGUST 30, 2006**.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, July 20, 2006.

PATRICK W. McDERMOTT
Register of Probate

7/27/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P1726EP
In the Estate of
CARLETON A. LAROCHELLE
Late of QUINCY
In the County of NORFOLK
Date of Death
April 20, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that SHERRYL HENKIN of QUINCY in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **AUGUST 30, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, July 14, 2006.

PATRICK W. McDERMOTT
Register of Probate

7/27/06

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Norfolk Division
Docket No. 06D0798AN1
DIVORCE/SEPARATE SUPPORT SUMMONS BY PUBLICATION
MARTY LEE, Plaintiff(s)
V.
PHUNG THI KIM NGO,
Defendant(s)

To the above named Defendant(s):

A Complaint has been presented to this Court by the Plaintiff(s), MARTY LEE, seeking ANNULMENT.

An Automatic Restraining Order has been entered in this matter preventing you from taking any action which would negatively impact the current financial status of any party. Please refer to Supplemental Probate Court Rule 411 for more information.

You are required to serve upon ELIZABETH E. CUSICK, ESQUIRE -- whose address is 1146 WASHINGTON STREET, BOSTON, MASSACHUSETTS 02118 your answer on or before SEPTEMBER 22ND, 2006. If you fail to do so, the Court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer in the office of the Register of this Court at **CANTON**.

Witness, **DAVID H. KOPELMAN**, Esquire, First Justice of said Court at **CANTON**, this 28TH day of JUNE, 2006.

PATRICK W. McDERMOTT
Register of Probate Court

7/13, 7/20, 7/27/06

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P1679EP
In the Estate of
PATRICIA L. TOCCHIO
Late of QUINCY
In the County of NORFOLK
Date of Death May 10, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that GINA L. BENN of QUINCY in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **AUGUST 23, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, July 11, 2006.

PATRICK W. McDERMOTT
Register of Probate

7/27/06

LEGAL NOTICES

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P1646AD
In the Estate of
EDWARD J. CLIFFORD
Late of QUINCY
In the County of NORFOLK
Date of Death
March 27, 2006
NOTICE OF PETITION FOR APPOINTMENT OF ADMINISTRATOR

To all persons interested in the above captioned estate, a petition has been presented praying that CAROLEE CLIFFORD of HINGHAM in the County of PLYMOUTH or some other suitable person be appointed administrator of said estate to serve with personal surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **AUGUST 23, 2006**.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, July 7, 2006.

PATRICK W. McDERMOTT
Register of Probate

7/27/06

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 00P1531AA
In the Estate of
CONSTANCE JANOLLARI
Late of QUINCY
In the County of NORFOLK
Date of Death
February 12, 2000
NOTICE OF PETITION FOR APPPOINTMENT OF ADMINISTRATOR WITH THE WILL ANNEXED

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that RICHARD M. MCLEOD of QUINCY in the County of NORFOLK or some other suitable person be appointed as administrator with the will annexed of said estate to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **AUGUST 23, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, July 12, 2006.

PATRICK W. McDERMOTT
Register of Probate

7/27/06

Classifieds

MISC.

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MISCELLANEOUS

INVITATION TO BID **INVITATION TO BID**

INVITATION TO BID

CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK STREET, QUINCY, MA 02169

The City of Quincy invites sealed bids/proposals for furnishing and delivering to the City of Quincy:

BUILDING MAINTENANCE	ROOF REPAIRS	AUGUST 17, 2006 @ 10:30 A.M.
BUILDING MAINTENANCE	ELEVATOR TESTING & MAINTENANCE	AUGUST 17, 2006 @ 10:45 A.M.
BUILDING MAINTENANCE	FLOOR REPAIRS	AUGUST 17, 2006 @ 11:00 A.M.
BUILDING MAINTENANCE	WINDOW GLAZING	AUGUST 17, 2006 @ 11:15 A.M.
BUILDING MAINTENANCE	OIL BURNER CLEAN OUTS	AUGUST 17, 2006 @ 2:00 P.M.
BUILDING MAINTENANCE	OIL BURNER SERVICE	AUGUST 17, 2006 @ 2:15 P.M.
BUILDING MAINTENANCE	OVER HEAD DOOR REPAIRS	AUGUST 17, 2006 @ 2:30 P.M.
BUILDING MAINTENANCE	SCHEDULED & EMERGENCY REPAIRS FOR PUMP STATION & TIDE GATES	AUGUST 17, 2006 @ 2:45 P.M.

Detailed specifications are on file at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30AM to 4:30PM.

Bids must state exceptions, if any, the delivery date and any allowable discounts. Bids/Proposals must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked **"BID ENCLOSED"** with time/date of bid call.

Firm bid prices will be given first consideration. Bids/Proposals will be received at the office of Purchasing Agent until the time and date stated above, at which time and date they will be publicly opened and read. Late Bids/Proposals, delivered by mail or in person, will be rejected.

If applicable, bids shall be in accordance with M.G.L. Chapter 30B, Chapter 149 as amended, and Chapter 30, Sections 39A, 39B and 39F-R.

The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informalities in the bidding if it is in the best interest of the City to do so.

William J. Phelan, MAYOR
Laurie M. Allen, PURCHASING AGENT

7/27/06

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is looking for candidates for the position of Business Manager to coordinate day-to-day activities. Candidates must demonstrate proficiency in Quickbooks, accounts payable and receivable, payroll processing and budgeting. Responsibilities include general supervision of building and grounds, marketing, insurance, supplies, student files, and accreditation/re-licensing. In addition, candidates must posses the following: a willingness to work in a school environment, good verbal and written communication skills, detail oriented, team oriented, and ability to work independently.

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The Quincy Sun

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INDEX
- ❑ Services
- ❑ For Sale
- ❑ Autos
- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
- ❑ Real Estate
- ❑ Antiques
- ❑ Flea Markets
- ❑ Yard Sales
- ❑ Instruction
- ❑ Day Care
- ❑ Personal
- ❑ Miscellaneous

RATES

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Special Event this Friday July 28th!

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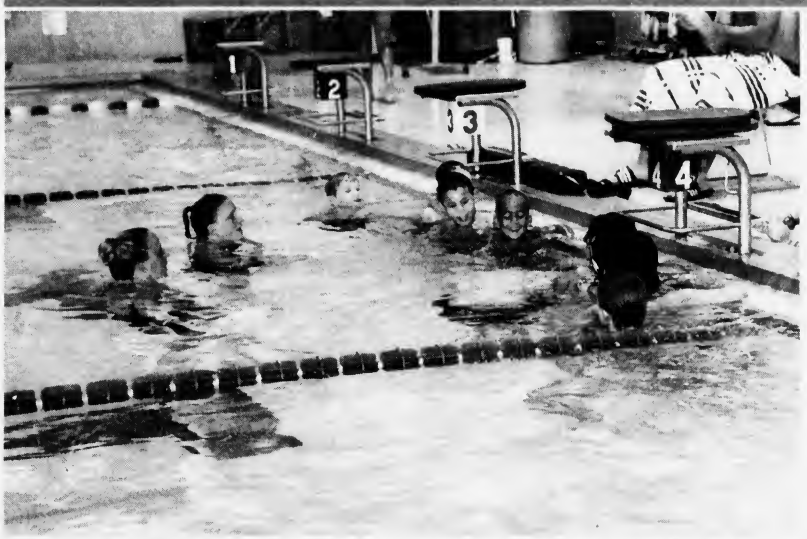
Billy Allen Has Eye On World Hydroplane Title
– Page 24

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper

VOL. 38 No. 46 | Thursday, August 3, 2006 | 40¢



BEATING THE HEAT - Youngsters in the Quincy Recreation Department's Learn to Swim Program enjoy their time in the pool at the Lincoln-Hancock Community School. Forecasters expected temperatures to soar to near 100 degrees mid-week before cooling off later in the week.

Quincy Sun Photo/Noreen O'Shea

City's Recommendations:

How And Where To Keep Cool!

The highest temperature ever recorded officially on earth was the 136 degrees Fahrenheit experienced at Al'Aziziyah in the Sahara Desert in Libya on Sept. 13, 1922.

By TOM HENSHAW

No, that record is not going to be threatened in Quincy. It will only seem that way, particularly to senior citizens, as the thermometer flirts with the 100-degree mark during the current heat wave.

The situation is serious enough to lead Mayor William Phelan to issue, through Health Commissioner Andrew Scheele, a list of things to do when the heat and the humidity are not only uncomfortable but downright dangerous.

• Find an air conditioned spot and stay there.

Good bets are the Thomas Crane Public Library and its branches, Adams Shore or North Quincy (but not ACless Wollaston); South Shore Plaza or any other mall; the Senior Center at Beechwood on the Bay.

Or the community rooms at the senior housing complexes, like 1000 Southern Artery, Martensen Street, Pagnano Towers or Tobin Towers.

If you are a senior citizen and you don't know which way to turn, the Council on Aging and the Emergency Management Agency can direct you to the proper air conditioned location. Call 617-376-1244 if you need assistance.

• Drink plenty of fluids, preferably water, never those containing caffeine or alcohol.

(Cont'd On Page 15)

Food Poisoning Another Hot Weather Risk

The hot weather presents another risk, that of food poisoning.

Jane Griffin, the clinical dietitian at Quincy Medical Center, noted that "bacteria, whether in food or in the air, grows faster in warmer weather."

"In addition to the commonly known hazards of consuming spoiled mayonnaise or mayonnaise-based salads, other food at risk for contamination include rice, melon, meats and other produce," she said.

"As a general rule, keep hot foods hot (at least 140 degrees), cold foods cold (between 38-40 degrees) and frozen foods frozen (below 0 degrees).

"The danger zone for bacteria growth is between 40 to 140 degrees.

"To prevent foods from hitting the danger zone, make sure that your refrigerator is set to the proper temperature — generally between 38 and 40 degrees, and never leave food on the counter to thaw."

For Redevelopment

$5M From State For Downtown

Quincy is receiving $5 million from the state for redevelopment in the downtown area.

The announcement was made Tuesday by the Quincy State House delegation, Sen. Michael Morrissey and Reps. Bruce Ayers, Ronald Mariano and Stephen Tobin.

The money is part of the state's Economic Stimulus Law which provides for local and statewide economic initiatives.

"This money is a direct appropriation and will be immediately available to the city unlike bond monies where the city would have been on a waiting list to get funding," Morrissey said.

"The city," he added, "has enormous discretion and flexibility on the use of the money in the downtown area."

The $5 million is earmarked specifically for the redevelopment of downtown Quincy. It is part of the Legislature's proposal to provide direct assistance to statewide and local economic initiative projects. The city can use the monies to pay for design and engineering of roads, parking structures or infrastructure work, which could include the concourse.

"The Legislature gave the city enormous flexibility in how to use this money; thereby giving the city more options on how to advance the downtown redevelopment," Tobin said.

"This funding is also very important to help reduce the city's bonding and the costs associated with this project," Ayers added.

"The earmark was vetoed by the Governor in early July, but the legislative delegation was able to secure an override of the Governor's veto before the end of legislative session on July 31," Tobin said.

(Cont'd On Page 19)

DUCKS AND GEESE found shelter in the shade Tuesday afternoon at Crown Colony.

Quincy Sun photo/Noreen O'Shea

■ **Budget Cuts May Doom DOVE - *Page 3*** ■ **A Tribute to Patrick White - *Page 23***

CITY DEMOCRATS line up in preparation for a door-to-door canvas of Quincy in the interests of voter turnout in the November state election. Left to right, kneeling, Ward 1 Chairman Mike Berry, Dale Musgrave, Nancy Gardner, Ward 2 Chairman Carlos DaSilva, Joanne Bythrow; standing, Ward 4 Councillor Jay Davis; Ward 4 Chairman Brian Connolly, Kathryn Hobin, Brad Croall, Mike Berry Jr., State Committeeman Patrick McDermott, State Treasurer Tim Cahill, City Committee Chairman Chuck Phelan, Chairman Joseph Kennedy of the Senator Kennedy Campaign, Kathie Narbonne, Mark Bracken, City Committee Vice Chair Alicia Gardner, Janet Crowley, Rosemary Wahlberg, Regional Director Mike Firestone of he Democratic Coordinated Campaign, Paulina Stanton. Absent from the picture are School Committeewoman Anne Mahoney and Howie Crowley. *Quincy Sun photo/Robert Noble*

Quincy Democrats Turn Out To Raise November Votes

Some 22 members of the Democratic City Committee turned out Saturday morning to kickoff their part in the statewide Victory '06 campaign

The committee people went door-to-door to about 1,000 homes in Quincy in the interests of voters participation in the November election.

The canvassers were led by State Treasurer Tim Cahill, who will be running for reelection, and Joe Kennedy, who spoke on behalf of his uncle, Senator Ted.

The program, funded by the Democratic National Committee and organized through the State Democratic Party, will continue until Election Day in November.

The next Quincy Victory '06 effort is planned for Saturday, Aug. 19, with canvassers meeting at 9:30 a.m. in Caddy Park on Quincy Shore Drive.

Following the canvas, participants gathered at the home of Ward 4 City Councillor Jay Davis for a cookout and pool party sponsored by Sen. Michael Morrissey and Reps. Bruce Ayers, Steven Tobin and Ron Mariano.

Arts Affair Saturday, Sunday On Marina Bay Boardwalk

The 11th annual Arts Affair on the Boardwalk at Marina Bay featuring hundreds of works of art will be held Saturday, Aug. 5 from 10 a.m. to 8 p.m. and Sunday, Aug. 6 from 10 a.m. to 5 p.m.

Last year's event registered over 300 original works of art submitted by members of 12 South Shore and Boston art associations. This year, the South Shore Arts Center in Duxbury has been added to the roster, joining the Artists' Circle of the Fuller Museum in Brockton, Art Associations from Braintree, Canton, Hyde Park, Milton Art Museum, Norwood, Quincy, Scituate, South Boston, Weymouth and West Roxbury, as well as the Hull Artists Studio Connection.

Judging will take place Aug. 5 from 10 a.m. to noon. Judges will award ribbons and cash awards in the categories of oil, acrylic, watercolor, mixed media and photography. "Best of Show" will also be awarded a ribbon and cash prize.

An awards presentation ceremony begins at 2 p.m. Aug. 5. There will be artists demonstrations throughout the day.

On Sunday, Aug. 6, the Arts Affair continues from 10 a.m. to 5 p.m. There will be artists demonstrations throughout the day.

The event will be held rain or shine.

Admission is free and parking is free.

The Arts Affair is made possible with the support of numerous sponsors and advertisers, and with the dedication of dozens of hardworking volunteers.

Mature Driver Safety Course Sept. 7, 14

A two-day safe driving course for the mature driver will be held Sept. 7 and Sept. 14 from 10 a.m. to 2:30 p.m. at Marina Place, 4 Seaport Dr., North Quincy.

The course is $10, payable in advance. Checks may be made payable to the AARP. Lunch will be served.

For more information or to make a reservation, call the Council on Aging office at 617-376-1506.

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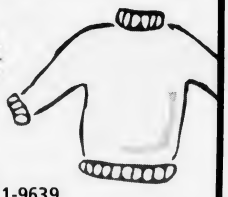

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333 Palmer Street, Germantown

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State Budget Cuts May Doom DOVE Shelter

DOVE, the city's shelter for battered and domestically abused women and children for the past 28 years, may have to close Oct. 1 in the face of drastic cuts in state funding.

"This was totally unexpected," said Ginny Kurtzman, chair of the board of DOVE, which is an acronym for Domestic Violence Ended. "We're obviously not a priority of DSS.

"For the last 20 years, DSS (the Department of Social Services) has funded us for about $250,000 a year. They have cut us completely for next year. We could be forced to close Oct. 1."

The cut represents slightly less than one half of the facility's budget for the year.

Sen. Michael Morrissey and the Quincy legislative delegation plan to meet with DSS Commissioner Harry Spence Tuesday, Aug. 8, at 10 a.m. in an effort to restore at least part of the funding.

The cuts in funding for DOVE reflect cuts in DSS funding in the state budget for fiscal 2007, which in turn forced DSS to reassess its allocations to centers for abused women like DOVE.

"We know of other shelters in the state that have had their funding cut," said Kurtzman. "We could lose two or three shelters that we know of."

While the DOVE shelter, which is the second largest in the state with 18 beds, may be forced to close Oct. 1 the services its staff provides will continue, said Kurtzman.

"We will still be able to take battered women and their children in," she said, "and we will try to put them in another shelter, if we can find one."

Kurtzman said DOVE served some 275 women and children last year and had to turn away another 250 for lack of space. It operated on a budget of about $600,000.

A BIRD STOPPED off for a needed drink in this front yard on Nightingale Avenue in South Quincy as the temperatures continued to rise.

Quincy Sun photo/Noreen O'Shea

How To Keep Your Pets Safe And Healthy

By MIKAELA SLANEY

Now in the dog days of summer, don't forget that animals are also affected by heat exposure.

Don Conboy, animal control officer, said that pet owners should be aware of the signs of heat-related illnesses, and how to keep pets safe.

Pet owners are advises to:

• keep pets in the shade.

• provide plenty of fresh, cool water.

• watch for changes in behavior.

• do not extensively exercise animals outside.

• most importantly never keep them in a car without air-conditioning, for even a minute. "It can be like an oven at this time of year," Conboy said.

Warning signs of heat exposure include excessive panting, and noticeable sluggishness. If a pet has been affected by the sun, and shows noticeable changes in behavior, Conboy advises pet owners to take them to a vet right away.

Conboy said that so far the animal shelter seldom gets calls about heat-stricken animals, and that most Quincy pet owners are keeping their pets safe. "So far so good," he said.

Conboy also warns pet owners of the coyote population which may harm pets that are left outside.

"We've had (coyotes) for a few years, it's nothing new. The only difference is there's not as many places to hide, because there's so much building going on. I encourage people not to let cats out at all because there's nothing good out there for cats. Keep an eye on them and bring them in as soon as you can."

Conboy said that other outdoor dangers for cats include cars, dogs, raccoons and foxes.

To contact the animal control office, call 617-376-1349.

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Moments in time

THE HISTORY CHANNEL

• On **Aug. 2, 1876,** "Wild Bill" Hickok, one of the greatest gunfighters of the American West, is murdered while playing poker in Deadwood, S.D. Hickok held a pair of black aces and black eights when he died, a combination that has since become known as the Dead Man's Hand.

• On **Aug. 6, 1890,** at Auburn Prison in New York, William Kemmler becomes the first person to be executed by electrocution. A charge of 700 volts was delivered for 17 seconds before the current failed. Inventor George Westinghouse, an innovator of the use of electricity, remarked, "They would have done better with an ax."

• On **Aug. 4, 1901,** legendary jazz trumpeter Louis Armstrong is born in New Orleans. Armstrong's innovative music established the instrumental solo as the backbone of jazz. Among his many hits were "Blueberry Hill" and "What a Wonderful World."

• On **July 31, 1930,** the radio mystery program "The Shadow" first airs. The show featured a crime-fighting superhero, the Shadow, and became famous for its trademark opening line: "Who knows what evil lurks in the hearts of men? The Shadow knows ..."

• On **Aug. 3, 1958,** the U.S. nuclear submarine Nautilus makes the first undersea voyage to the geographic North Pole. The Nautilus dived at Point Barrow, Alaska, and traveled nearly 1,000 miles under the Arctic ice cap to reach the North Pole. It then steamed to Iceland, pioneering a shorter route to the Atlantic and Europe.

• On **Aug. 5, 1962,** movie actress Marilyn Monroe is found dead in her Brentwood home in Los Angeles. She was discovered face down on her bed with a telephone in one hand. An autopsy found a fatal amount of sedatives in her system, and her death was ruled probable suicide.

• On **Aug. 1, 1971,** the "Sonny and Cher Comedy Hour" debuts. The hit show, featuring music and comedy routines, was set apart from similar shows by the sarcastic banter between diminutive Sonny and his statuesque wife, Cher.

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Sunbeams

By Henry Bosworth

A Beauty Spot That Almost Wasn't

You don't have to go very far to find a scenic spot in the heart of a city.

It's right here, outside City Hall.

Constitution Common and McIntyre Mall make a beautiful picture postcard setting.

And a respite just a few feet off busy Hancock Street.

Benches invite passersby to sit and relax awhile. Read a magazine or newspaper. Get a little sun. Or watch the youngsters laughing as they see their reflections in the mirror-like polished Quincy Granite Gazing Ball.

Executive Director Tom Koch and his Park Department crew have beautified the area with flowers: pink wave petunias, blue salvia and silver mound.

KOCH

And the Granite Ball is now the crown jewel.

But this pretty scene of flowers and greenery and the ball might not have been if it were not for former Mayor Walter Hannon.

HANNON

During his administration (1972-75) some in the business community were pressuring him to black-top the land for a municipal parking lot.

Hannon didn't budge. "No way," he told them. That ended that. And led to today's peaceful and beautiful setting.

McIntyre Mall, adjoining Constitution Common, was dedicated Oct. 25, 1981 when Arthur Tobin was mayor.

Many today think it was named for late Mayor James McIntyre but it actually honors his father, late Police Captain William McIntyre.

But the former mayor was honored when old City Hall was dedicated the James R. McIntyre Government Center Nov. 3, 1985 during Mayor Frank McCauley's tenure.

An appropriate tribute as McIntyre's office as mayor was in old City Hall during his 1966-1971 administration.

The 9 1/2 ton Granite Ball is back home where it belongs, thanks to those who campaigned for its return and especially, Mayor William Phelan, who brought it back.

PHELAN

City Hall was the original site of the ball, so designated by the Quincy Granite Manufacturers Association when it presented the ball to the city on its Tercentenary Celebration June 12, 1925. The association stipulated that Mayor Perley Barbour and his successors serve as custodians of the ball.

In 1937, Mayor Tom Burgin moved it to the Fore River Bridge traffic rotary where it remained for 68 years.

As the years went by the ball became less visible at the rotary with shrub growth. Motorists heading up or down the bridge risked an accident looking at the ball instead of the road.

CONSTITUTION COMMON, a picturesque respite outside City Hall, a few feet off busy Hancock Street.
Quincy Sun Photo/Noreen O'Shea

Its placement there also deprived children of seeing the ball close-up and the delight of catching their images in its polished surface.

It was there for 68 years until Phelan, as custodian, ordered it back to City Hall.

The ball was rededicated June 15. And, in the few weeks since then, more people of all ages have had more enjoyment out of it at City Hall than the 68 years it was at the Fore River traffic rotary.

FAGERLUND

Mike Fagerlund, who for something like 50 years, strongly advocated the return of the ball to City Hall, has brought another one there.

This is a small replica sitting on a handsome pedestal and dating back to the 1920s — perhaps to the Tercentenary Celebration itself.

Nils Johnson, a former Quincy insurance agency executive now living in Florida and a friend of Fagerlund's, heard that the ball had been returned to City Hall.

Johnson had a small replica of the ball and told Fagerlund he would send it to him "to do what was best for it."

Fagerlund suggested the mayor's office and Johnson agreed. Fagerlund presented it to Phelan who proudly has it on his desk.

But like the larger ball, the mayor becomes the custodian of this one, too. It's to remain on the desk of mayors that follow Phelan.

But it will always be a "thank you" to Phelan for bringing the bigger one back home.

❑

GABRIELI

CHRIS GABRIELI, Democratic candidate for governor, made two campaign stops here Saturday. One at the Beechwood Community Life Center.

The other was at the Fox & Hound Restaurant where he pitched in as a busboy in support of a minimum wage increase.

❑

RAYMONDI

DAN RAYMONDI is hosting two get-togethers for his Ward 2 constituents.

The first is the sixth annual Neighborhood Cookout at the Martensen Street Senior Citizens Complex this Saturday from noon to 3:30 p.m.

The second one is the sixth annual "Avalon Beach Bash" Saturday, Aug. 12 from noon to 4 p.m.

Free hotdogs, hamburgers, ice cream, cold drinks. Music and entertainment by DJ Joe Fasci, clowns, face painting at both events.

Both are supported by the Quincy Citizens Police Academy Alumni Association, Quincy Beaches and Coastal Commission and Wal-Mart.

Have fun.

Blood Pressure Clinics Free For Seniors

Weekly blood pressure screenings for elders will be held every Monday from 10 to 11 a.m. at the Council on Aging office, 83 Saratoga St., North Quincy.

Gail Crawford, a registered nurse, will donate her time and talents to assisting senior citizens in having their blood pressure taken weekly.

Appointments can be made but walk-ins also are accepted. For more information, call 617-376-1506.

Scenes From Yesterday

THIS 1908 real photo postcard shows a group of employees of the Boston Gear Works in Norfolk Downs on their way to an outing at the old Rocky Point Amusement Park in Warwick, Rhode Island. Connections between the various local street railway companies along the way allowed groups like this to go on on-day excursions without changing cars. Open-sided trolleys like the one shown here were widely used in the summer months. But, it still must have been pretty warm inside the car if you were wearing a jacket, necktie and hat as these fellows were. This picture was taken from the west side of Hancock Street near Hayward Street. The barely visible three-decker on the left is now the site of the North Quincy Post Office. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of Tom Galvin

READERS FORUM

Massachusetts Is In Frightening Shape

Recent network news about the Big Dig cast Massachusetts in an ignominious light, an object of national scorn- with good reason.

The Commonwealth of Massachusetts is in frightening shape. The horrific collapse of the I-90 tunnel ceiling July 10 is only a mere indication of what is ailing this state. It has been a decade and a half since higher-office-seeking, caretaker governors have been ineffectively overseeing the affairs of Massachusetts including the Big Dig. One after another, they have demonstrated their disinterest in leading this state and its citizens. Once in power here, they could not wait to run for Ambassador to Mexico, Ambassador to Canada, Massport Executive and President. That Milena Del Valle had to die for us Bay Staters to see how far our leaders have abandoned us and our state is a true tragedy for us all.

To make matters worse, the current Attorney General was charged with recovering much of the billion and one half dollar cost from the world-power engineering firm of Bechtel/Parsons. He hired a high-priced detective agency and then promptly put the issue on the back burner until Mrs. Del Valle's death, only perhaps because of his own candidacy for governor, forcing him to come to the front and take some action. Because of his lackadaisical attitude and the general boredom of the governors, this Commonwealth has sunk to many new lows.

The national report issued just a few weeks ago naming Massachusetts as number 49 out of 50 states in the way that repairs and maintains its state parks and recreation areas is just one indication of the apathy. Thanks to the gubernatorial and legislative leadership, The Department of Conservation and Recreation supposedly devoted to this task has almost no staff and it shows- really shows.

Since the mid- 1990s, it has been well-known among state and local government circles that half of the bridges in this state are in severely weakened condition. The number of bridge inspectors has been slashed. No one even looks at the other 50 percent to see if they have deteriorated too.

The pockmarked, potholed roads of the Commonwealth are legendary among our own and out-of-town drivers.

The recent spate of deluging rainfalls has revealed another infrastructure weakness: the old and many earthen dams which dot our Commonwealth, only half of which have even been inspected in the past five years. We citizens should not have to hold our collective breath every time we have a huge rainfall, waiting to see if we will have to be evacuated or if our homes will be swept away because some aging dam from 1887 may collapse.

Now comes the problems with the Big Dig, numbering in the high hundreds- and we've only been looking at it closely for a few days!

Mass Pike board members, Jordan Levy, former Mayor of Worcester, and businessman Christy Mihos, both tried for years to get people's attention about the construction irregularity at the Big Dig. They were rewarded by both Governor Jane Swift's and Governor Mitt Romney's legal tactics to oust them. The former inspector General, Quincy's Robert Cerasoli, was also vilified by the gubernatorial incumbent, when he issued four voluminous reports from 1994-2001, which expressed concern about the project costs and its construction and engineering problems. In 1994, former Transportation Secretary Fred Salvucci, testified that the Bechtel/Parsons, based on negative history, required very close scrutiny.

Now everyone is calling for the head of Matt Amorello. Yes, he must fall on the sword for his secrecy and uncooperative attitude, but there are others. Does anyone remember the haughty, unremorseful James Kerasiotes who tried to shield his own Board and the general public from the Big Dig's construction and financial woes?

The Massachusetts legislature has also laid back on all of these infrastructure problems. Instead of taking care of the people's business and performing its role as one third of our leadership, it has ignored the plight of our infrastructure and of the world's largest engineering project. What do we get from the legislature? More attention and time to their outside jobs than to government and their concern over legislative pension like Ruane's, the gay marriage amendment, and so on. I'm no Chicken Little, but in less than a week the number of problems identified with the project climbed from one to almost 1000, and they're just beginning to look.

So here we are at a crossroads, prompted by the tragic death of an innocent mother of three. IF this state were a child being cared for in an unfit home, by unfit individuals, a state agency would remove the child from the home. We are in charge of our own safety and we must take it back. I hope that we will all remember that in September and November when it is time to vote.

Bernice Mader
Connell St.

Some Praise For Sal

Reply to Ken Bennett's letter of July 27:

In regards to your comments regarding Mr. Sal Giarratani, I don't know him personally but he seems to care so much about the city of Quincy that he took the time to write about so many things.

Sometimes I disagree with Mr. Giarratani's opinions, but I wish there were more Sal Giarratani's.

So, Ken, enjoy your summer!

Gene Lee
Putnam Street

SWAP Earns Tax Abatements For Seniors

The Council on Aging has a SWAP (Senior Workers' Abatement Program) that enable the elderly to work 89 1/2 hours a year and earn $600 towards their real estate tax bills.

For further details, call Dorothy Dow at 617-376-1508.

Quincy's Yesterdays

Council Decision On Home Depot Center

By FRANK McCAULEY

The long-awaited decision on a proposed home improvement center in West Quincy will be made Aug. 5 when the City Council meets as the special permit granting authority.

Six votes are necessary to approve the project proposed by Home Depot.

This Week
1991
15 Years Ago

Home Depot wants to construct a 102,250 square foot home improvement retail store with an attached 20,125 square foot enclosed garden center on Willard Street, West Quincy.

Ward 4 Councillor Thomas Fabrizio will present his report on the project earlier. Fabrizio noted he has not lobbied his colleagues one way or another on the merits of the project.

(Note: The City Council approved the project with 32 conditions by a 7-1 vote. Councillor Peter Kolson was the lone dissenter. Councillor Patricia Toland did not attend the meeting.)

QUINCY COLLEGE TO OPEN PLYMOUTH CAMPUS

Quincy College President O. Clayton Johnson announced the college will open a new campus in Plymouth Oct. 7. He said the new campus will provide Plymouth area residents with a strong higher education facility and he noted, "We have been receiving increasing numbers of applications from the Plymouth area."

Quincy College, a fully accredited community college, is currently the second fastest growing college in the state. The Quincy campus enrolls more than 4,000 students annually.

KEEPING UP WITH THE RED SOX

The Boston Red Sox were in third place in the seven-team East Division of the American League. The Sox, with a 48-52 record, were 9 games behind the division-leading Toronto Blue Jays. Jack Clark hit three home runs including a grand slam in the Red Sox' 11-10, 12-inning victory over the Oakland A's.

QUINCY-ISMS

Ronald Mariano, an elected member of the School Committee, announced his candidacy for state representative in the Third Norfolk District... Prevites, 72 Sumner St., Quincy Point, was advertising "Our Fabulous Party Platters Starting at 15 People—$28.50"... **Steve Keohane** of Quincy was one of three players to win $100,000 in a recent Mass Cash drawing... **Ann Marie Swan**, daughter of Mr. and Mrs. **Frederick Swan**, 45 Keyes St., Quincy Point, has been chosen by the Universal Cheerleaders Association to represent Quincy at the Lord Mayor of Westminster's New Year's Parade in London, England... The Quincy Republican City Committee was planning a fund-raising cookout Aug. 17 at 400 Adams St. Guest speaker will be Rep. **Peter Forman** (R-Plymouth)... The Quincy High School class of 1951 was planning its 40th anniversary reunion. The event will be held Sept. 28 at Lantana in Randolph... **Tracy Wilson**, daughter of Mr. and Mrs. **Charles Wilson**, received a degree in criminal justice from Westfield State College... Quincy Youth Council members, led by **Michael D'Amico** and **Darren Kerfien**, met recently with Lt. Gov. Paul Cellucci... "Backdraft," starring Robert DeNiro and Kurt Russell, was playing at the Wollaston Theater... Quincy Track Club members **Juliann Battaglia**, **Kimberly DiBona** and **Yvette Molina** have qualified to participate in the Hershey National Track and Field Youth Program at Hershey, Pa.... School Committee candidate **Linda Stice** has proposed a volunteer program utilizing senior citizens for the Quincy school system... Atty. **Katherine Hesse** of the Quincy law firm of Murphy, Hesse, Toomey and Lehane was appointed to the Board of Directors at St. Coletta's School... The Quincy/North Quincy High School Hall of Fame awarded two $500 football scholarships. Recipients were **Matt Swierk**, co-captain at North Quincy High School, and **Mark Bogan**, co-captain at Quincy High School... **George White**, chairman of the Quincy Christmas Parade Committee, announced the committee would meet Aug. 7 at the home of committee member **Jack Nigro**... **Mollie Hirshberg**, wife of Quincy dentist Dr. **Sumner Hirshberg**, active in mental health issues, died at New England Deaconess Hospital... Charlie's Mini-Market, Atlantic Street, North Quincy, was advertising "Bud and Miller Suitcases for $14.49 plus deposit"... **Patricia Eisan** was elected president of the Quincy Legion Post Auxiliary at the post's installation... Six Quincy residents were named to the dean's list at the University of Lowell. They were **Derek Borek**, 69 Grandview Ave., **Colleen Hannon**, 40 Vassall St., **Stephen Morad**, 40 Rawson Road, **Laura Ann Seymour**, 85 Vassall St., **Thomas Casey**, 63 Hollis Ave., and **Kevin Delorey**, 49 Harriet Ave.... The Ward 4 Neighborhood Association was planning a walking tour of West Quincy historical and civic sites. The Rev. **Bryan Parrish** of St. Mary's Church, **Peter O'Connell** and association president **Ernie Aristide** will serve as tour guides. Ward 4 City Councillor **Thomas Fabrizio** will also attend.

Arts & Entertainment

THIRD GRADE students at the Atherton Hough School recently organized a "health products drive" to fill bags with health products for local homeless shelters, aided by teachers Pat Landi and Jeanne Donroe and nurse Maureen Spillane. Here, holding their bags, are (left to right) Seanna Villarreal, Joseph McMahon, Samantha Feeney, Rosemary Keenan, Michael Flaherty and Daniel Brennan.

Boston Landmarks Concert At Adams National Park

The Boston Landmarks Orchestra will perform its annual free concert tonight (Thursday) on the lawn of the Beale Estate, Adams Street.

The concert will begin at 7 p.m. and is open to the public.

"I want to thank State Street, the Adams National Historical Park, and the Boston Landmarks Orchestra for bringing this wonderful event to the people of Quincy," said Mayor William Phelan.

"This is rapidly becoming a Quincy tradition and I strongly encourage resident to join us for an amazing evening. The setting and quality of performance combine to create an unequaled summer concert event."

Prior to the concert, Phelan will host his annual "Garden Part," a fundraiser to benefit tourism efforts in Quincy. Tickets are $100 per person, $150 per couple. Call 617-376-1990 for more information.

The Boston Landmarks Orchestra will feature the classical music of Antonin Dvorak. They will be joined by cellist Jan Muller-Szeraws for the performance at the Adams National Park. Charles Ansbacher is the Conductor of the Boston Landmarks Orchestra.

In the event of inclement weather, the performance will be held in the Quincy High School performance auditorium.

Tickets Still Available For Beechwood Cruise

Tickets are still available for the Beechwood Community Life Center's 10th Annual Harbor Cruise Aug. 9.

Sharron Beals, Executive Director of Beechwood said: "This special Quincy cruise aboard a three decker Boston Harbor Cruise liner can accommodate over 300! This cruise is the only time that a liner this size will depart from Marina Bay dock this summer."

"This August cruise has become a very popular and fun-filled summer event. Last year tickets sold out and we expect the same community response this summer," said Judy Paul, Beechwood Center president. "This is an important fundraiser for our center, and we are grateful for the widespread community support."

Tickets for the cruise can be purchased at Beechwood or from members of the Cruise Committee:

Judy Paul, Jane Gallahue, William Macdonald, Donald Uvanitte, Gwendolyn Bulmer, George Klier, George Dolbec, Nancy Ross, Bill Farrell, Brendan Smith, Caryn Smith, Michael Joyce, Brian Spillane, and Sharron Beals.

The Cruise will be aboard one of Boston Harbor's largest ships departing from and returning to the Marina Bay (MDC) Dock. The three-hour cruise features complimentary food, DJ, and a cash bar. Passengers board at the Marina Bay MCD dock at 6:30 p.m., and the ship departs at 7 p.m. Cost is $30 per person or $50 per couple. Special group rates are available for corporate, business and family friends. Small business groups, family celebrations and neighborhood parties are especially invited.

Tickets can also be purchased at the center, or from members of Beechwood's Development Committee. For more information call 617-471-5712.

Discussion Of Award-Winning 'The Hours' Aug. 11 At Library

The Second Family Book Group will host a discussion of Michael Cunningham's Pulitzer and PEN/Faulkner award-winning novel, *The Hours*, Friday Aug. 11 at 9:30 a.m. at the Thomas Crane Library, 40 Washington St.

Cunningham draws inventively on the life and work of Virginia Woolf to tell the story of a group of characters struggling with the conflicting claims of love and inheritance, life and death, creation and destruction. The novel moves along three separate but parallel stories, each focusing on the experiences of a particular woman during the course of one apparently unremarkable, but in fact pivotal day.

Nicole Kidman won an Oscar for her portrayal of Virginia Woolf in the film adaptation. If participants would like to watch the film before hand the discussion can also include a comparison of the novel and film.

Copies of the book are available for checkout at the main library in Quincy Square. This book group meets on the second Friday of each month in the children's room at the main library. Parents may bring their children and age-appropriate activities will be available to entertain the children while participants talk.

Art Exhibit To Feature 'Faces Of Forest' Photos

Quincy photographer Suzanne Neville Reynard will present "Faces of the Forest," an exhibit of nature photography during the month of August at the Thomas Crane Public Library, 40 Washington St.

A public reception will be held Sunday, Aug. 6, from 2 to 4 p.m.

Reynard's elemental images of rocks, trees, logs, plants and water in the forests and marshlands in various local parks reveal the faces of people animals and mythical creatures.

She learned to capture her imagination through the lens of a camera at the Massachusetts College of Arts, where she received a Fine Arts in Photography degree.

A free Introduction to the Internet class will be offered on the fourth Wednesday of each month this summer in the Computer Lab of the Main Library.

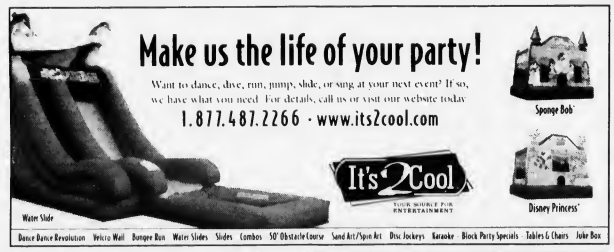
The next class scheduled for Aug. 23 at 10 a.m. No advance registration is required.

The class will cover basics such as Web browser features and how to do a Google Web search. You must have experience using a mouse and keyboard.

For further information, call 617-376-1316 or stop by the reference desk on the second floor of the Main Library.

The Japanese anime film "Naruto, Vol. 1" will be presented Thursday, Aug. 10, at 7 p.m. in the Main Library.

The program is intended for adults and teens ages 13 and older and is not suitable for younger audiences.



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SOCIAL

CYNTHIA ANTONOPOULOS stands at the gateway to her lush garden of pink, purple and blue cottage plants on Manet Avenue in Houghs Neck ready to greet fellow members of the Wollaston Garden Club.

Wollaston Garden Club Members Enjoy Tour

More then 30 members of the Wollaston Garden Club recently toured each others gardens, visiting the Wollaston School's peace garden as well as four others on their annual summer tour.

Organizer Linda DellaCroce planned the event to begin with a visit, led by Diane Foley, to the peace garden created by grade five students on the Highland Avenue side of the Wollaston School.

Then Garden Club members , who each made a contribution to a four-course dinner, proceeded to four different gardens around the city, with a part of the progressive dinner in each garden.

GAIL MORGANELLI shows off the comfortable shade garden that she and her husband have created with shade perennials and annuals in the backyard of their home on Furnace Brook Parkway.

The tour began at Anneli Johnson's house on Garfield Street where some of the garden is constructed on large boulders and is full of summer phlox and raspberries for the picking.

Johnson demonstrated her rain barrel set-up and explained how she recycles rain water in the garden.

The next garden belonged to Gail Morganelli on Furnace Brook Parkway where she and her husband have created a shade garden with perennials and annuals in her backyard.

Morganelli is particularly proud of her pink mallow that was part of a club plant sale with plants harvested fro the Josiah Quincy House.

The third garden was that of Cynthia Antonopoulos. the Massachusetts Horticulture Society's "master gardener," on Manet Avenue, a garden full of plant treasures and pieces of art.

Every nook and cranny is filled with cottage plants like mallow, poppies, veronica. hollyhocks and hydrangeas in all shade of pink purple and blue.

The last garden, the dessert, on the tour was Janet Clifford's seaside garden on Shelton Road. It's new, barely two years old, and landscaped with flowing and curving lines.

Clifford kept two old trees to anchor her garden and has planted traditional garden favorites like sedum, hosta and delphinium.

"As the tour ended," said club spokesman Pat Artis, "Garden Club members reflected on what they had seen and enjoyed. They were remained how much peace, tranquility and beauty comes through gardening and in our many different city gardens."

Joseph, Mary Marchese Celebrate 45th Anniversary

JOSEPH and MARY MARCHESE

Joseph and Mary Marchese of Quincy recently celebrated their 45th wedding anniversary.

The couple was married May 20, 1961 at St. Paul's Church, Dorchester. The anniversary was celebrated with a dinner party in their honor, attended by many family members and friends. Included among the guests were best man Dr. Paul Canney of Hingham, and usher Jack Aylward of Quincy. Also present was the maid of honor, Dr. Theresa Corcoran, and bridesmaid Anna Corcoran, both of Marshfield.

The couple has three children and six grandchildren. They are Michael Marchese and his wife Kathy Marchese, of Hanover, their daughters, Paige and Lindsay Marchese; Joseph C. Marchese and his wife Molly Marchese, of Springfield, GA; and their daughters Katie and Ella; and Molly Mullin and her husband Chris Mullin, of Quincy, and their children Kevin and Rachel Mullin.

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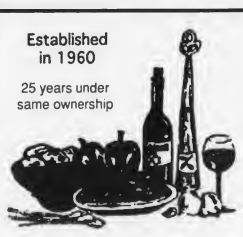

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THELMA RICE was honored with a citation for serving on the Parish Altar Guild for 48 years. From left are Ward 3 Councillor Kevin Coughlin, Rice, State Representative Bruce Ayers, Mr. Paul DelGreco, and Rev. David Hefling, St. Chrysostom's Rector.

Thelma Rice Honored For Service At St. Chrysostom's

Mrs. Thelma Rice, a parishioner at St. Chrysostom's Episcopal Church, was recently honored for serving on the Parish Altar Guild for 48 years, the last seventeen as Directress.

Rice began her ministry in 1958, and stepped down this past January to allow the "younger generation" a chance to share in the experience.

Rice was given a citation from the city by Ward 3 Councillor Kevin Coughlin, and one from State Representative Bruce Ayers for her service and commitment to the community.

Rev. David Hefling, St. Chrysostom's Rector, presented Rice with a bouquet of flowers and a gift certificate from the parish, and wrote a blessing for her which was used during the morning's liturgy.

NHAN LY of North Quincy (second from right), a 2006 graduate of Boston College High School, received a scholarship to the prestigious National Youth Leadership Forum in Medicine. With him are (from left) Ndubuisi Okereke, Ankur Patel, Patricia O'B. Rowell of Mass. General Hospital and Stephen Murphy.

Nhan Ly Wins Medical Scholarship

Nhan Ly of North Quincy is one of six Boston College High School 2006 graduates who received a scholarship to the prestigious National Youth Leadership Forum in Medicine.

The forum is a summer program in July for honors high school students interested in a career in medicine. The students will spend ten days at a hospital learning about a broad range of medical topics from physicians and medical faculty.

The scholarships, valued at $3,000 each, are sponsored by Mass General Hospital.

Boston College High School is a Jesuit, Catholic, college-preparatory school for young men founded in 1863. The school enrolls approximately 1300 students from some 100 communities in eastern Massachusetts.

For more http://www.bchigh.edu.

The National Youth Leadership Forum on Medicine introduces outstanding high school students to the world of medicine. The 10-day program introduces students to professionals from some of the nation's top medical centers and faculty from renowned institutions of learning.

With close cooperation from many prestigious and technologically advanced hospitals, research facilities and medical schools, the forum challenges students to learn about a broad range of topics, including educational requirements, career options, clinical practice, and complex ethical and legal issues facing the medical profession today. Students discuss global epidemics, cures for life-threatening diseases, life as a resident, medical specialties and primary care with current physicians and patients.

Each program culminates in a simulation that challenges students to consider a specific issue in public health and to present pertinent recommendations for achieving public awareness and concern for each issue.

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Senior 'T' IDs Available Aug. 3

Seniors may sign up for new MBTA reduced fare IDs Thursday, Aug. 3, from 10 a.m. to 1 p.m. at the River Bay Club, 99 Brackett St.

Call the Council on Aging office at 617-376-1506 for an appointment.

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FOOT NOTES

by Joel Chariton, D.P.M.
Diplomate, American Board of Podiatric Surgery
Diplomate, American Board of Podiatric Orthopedics

PAIN IN THE ARCH

Do you feel pain or tenderness in the arch of your foot? A common foot condition, arch pain or strain is often triggered by plantar fasciitis. Other causes include a structural abnormality or a direct injury. Individuals with flat feet who overpronate, or turn their feet inward excessively, are most susceptible to straining the plantar fascia. This thick, fibrous tendon spans the length of the sole of the foot and connects to the heel bone. It can become strained due to overpronation or other types of excessive action. Arch pain, along with heel pain, are primary symptoms of plantar fasciitis, especially in the morning when getting out of bed or after prolonged rest periods.

The first step in treating any foot problem is an accurate diagnosis. This requires a comprehensive history, physical exam, and, in some cases, x-rays and lab tests. Depend on it – whatever is causing your foot pain, whether it's arch pain or an injury, a hereditary condition, or any number of ills that can plague the feet – you can count on us for relief. For family podiatry that combines state of the art technology and old-fashioned care an compassion, call 781-986-3668 for an appointment at 999 North Main Street, in the MEDICAL OFFICE BUILDING. Office hours are now also available at Quincy Medical Center and Milton Medical Building.

HINT: If you have flat feet, wearing customized orthotics to support the arch can help prevent arch pain.

To Benefit Medication Safety Program

Quincy Medical Center Golf Classic Raises $184,000

South Shore business and civic leaders again took to the links on Tuesday, June 27 for the 17th Annual Quincy Medical Center Golf Classic, raising nearly $184,000 to support the advanced, high quality compassionate care at Quincy Medical Center.

Proceeds from this year's Classic specifically will benefit the Medication Safety Program at Quincy Medical Center, a proactive performance improvement initiative to enhance patient care and safety.

Held at Granite Links Golf Club at Quarry Hills in Milton/Quincy, this year's Classic included a sold-out golf tournament, offering players either a Scramble or Best Ball format, as well as a cocktail reception, buffet dinner, raffle drawings, and an awards presentation, held in Granite Links' new clubhouse.

Lead sponsors for the event were:

- Host Sponsor – Granite Links Golf Club at Quarry Hills
- Presenting Sponsor – Mintz Levin Cohn Ferris Glovsky and Popeo, PC
- Dinner Sponsor – Fallon Ambulance Service
- Cocktail Reception Sponsor – South Shore Savings Bank

"Through the long-standing support of our sponsors, Golf Committee members and volunteers, our tournament has become a signature event on the South Shore — raising more than $1 million, over the years, to support the advanced, high quality health care services delivered each day at Quincy Medical Center," said Dr. Gary Gibbons, President and CEO.

Quincy Medical Center is a 232-bed acute care community-teaching hospital providing South Shore residents with comprehensive medical and surgical services. The medical center's Alliance for Quality with Boston Medical Center (BMC), formed in 1999, brings academic medicine to the community.

At Quincy Medical Center, physicians from Boston Medical Center direct the departments of medicine, surgery, anesthesia, emergency medicine, and psychiatry. Physicians from BMC who are board-certified in a range of medical and surgical specialties work side-by-side community physicians to ensure the continuity of care.

QUINCY MEDICAL CENTER President and CEO Dr. Gary Gibbons (center) congratulates Classic Committee Chairman Peter Racicot, senior vice president of Business Development for Fallon Ambulance (left) and Committee Vice Chairman Arthur Connelly, chairman and CEO of South Shore Savings Bank (right) for their leadership of the 17th Annual Quincy Medical Center Golf Classic, held recently at Granite Links Golf Club at Quarry Hills in Milton/Quincy.

PLAYERS PARTICIPATING in the QMC Golf Classic included (from left) Chris Mosher, vice president for Development at QMC; Attorney George Burke, a member of the QMC Foundation Board of Directors; and Quincy High School students Steve Connelly, a senior, and Bryan Ash, a junior.

AMONG THOSE ENJOYING the evening's festivities held in the new clubhouse at Granite Links were (from left to right) Isobel and Mark Bertman, a Golf Classic Committee Member and owner of Rogers Jewelry in Quincy, and Carol and Dick Cahill, a QMC Foundation Board Member and president of Jack Conway & Company.

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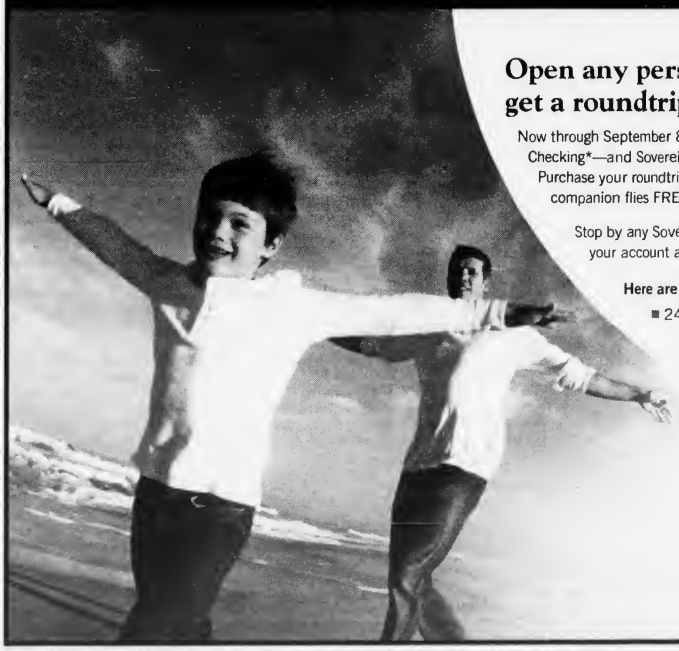

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Quincy's Christine Foley Commencement Speaker

28 Residents Graduate Fontbonne Academy

Twenty Quincy residents were among the 154 graduates who recently received diplomas at Fontbonne Academy's 49th commencement.

Local graduates are:

Lauren Jennifer Austin, Lauren Elizabeth Barbadoro, Ashley Maria Blake, Catherine Marie Bulka, Nicole Michelle Bulka, Erin Kathleen Cain, Colleen Ann Cleary, Alison Marie Dahlquist, Kaitlin Marie Downing, Shealin T. Doyle, Julianna Elise Eagles, Kelsey Rose Finn, Mary Bridget Flaherty, Christine Elizabeth Foley, Kara Marie Garland, Rachel Marie Gendreau, Jessica Ho, Victoria Papaz Holland, Nina X. Liang, Caitlin Marie McGrath, Kaitlin Erin McGrath, Erin Colleen Noonan, Laura Pepdjonovic, Jennifer Lee Perchard, Lauren Marie Quinn, Danielle Elizabeth Rines, Amy Sandonato, and Laura Ashley Wright.

Among the ceremony's highlights was a speech by Honor Speaker Christine Foley of Quincy. In her address, Foley underscored the diversity of her class and called her fellow graduates to remain true to themselves while facing the challenges that lay ahead for the "modern woman."

"Our diverse personalities and talents are our gifts that we share with each other . . . As a class, our ability to accept one another despite these differences shows strength, maturity and integrity . . . Cherish and embrace diversity, because conforming to society undermines the past four years you spent here at Fontbonne enriching your talents."

Foley closed with a challenge for her fellow classmates: "So embrace your duty to the modern woman . . . I have no doubt in our ability to change the world and make the modern woman the proud, powerful, and beautiful woman that she deserves to be."

Having come together from 35 different cities and towns throughout Massachusetts, Fontbonne Academy's Class of 2006 will disperse to more than 75 different colleges and universities across the United States and beyond.

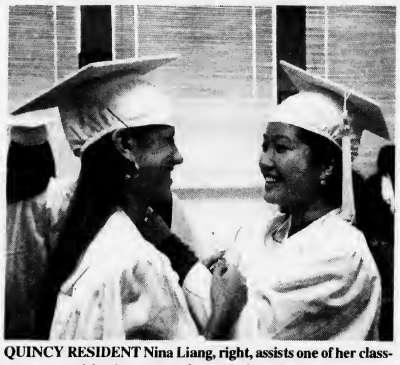
The 154 young women who make up Fontbonne's Class of 2006 are aspiring toward careers in art, business, communications, education, engineering, law, medicine, technology, and everything in between. Members of this class earned a combined total of upwards of $4.3 million dollars in scholarships and grants and received acceptance letters from institutions of higher education such as Boston College, Boston University, Brown University, Carnegie Mellon University, the College of the Holy Cross, Cornell University, Fairfield University, Fordham University, Harvard University, Hofstra University, Massachusetts Institute of Technology, Northeastern University, Princeton University, Purdue University, Rutgers University, Seton Hall University, Tufts University, Syracuse University, the University of Notre Dame, the University of North Carolina at Chapel Hill, and Yale University, among others.

HONOR SPEAKER Christine Foley of Quincy addressed the hundreds gathered at Fontbonne Academy's 49th Commencement. Foley encouraged her classmates to embrace that which makes them unique and to continue to share their talents with those around them.

FONTBONNE ACADEMY Class of 2006 Vice President Erin Noonan of Quincy receives instructions before the ceremony.

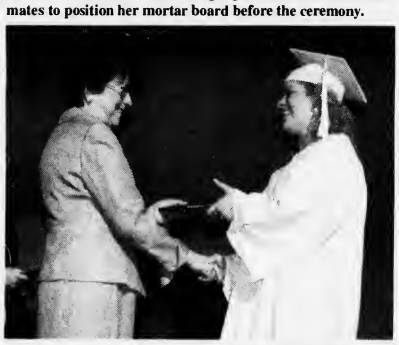
QUINCY RESIDENTS Ashley Blake (left) and Erin Cain pause for a photo as the graduates line up for the ceremony.

GRADUATION GRIN - Amy Sandonato of Quincy beams after receiving her diploma.



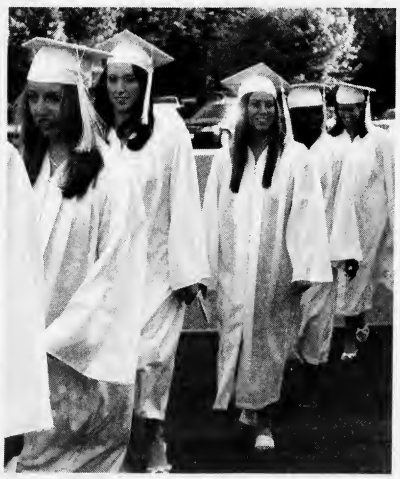
QUINCY RESIDENT Nina Liang, right, assists one of her classmates to position her mortar board before the ceremony.

JESSICA HO of Quincy, left, receives congratulations from her former Fontbonne Academy guidance counselor Mrs. Carleen Delio.



FONTBONNE ACADEMY President Dr. Anne Malone presents Quincy resident Jennifer Perchard with her diploma during the school's commencement.

QUINCY RESIDENTS and twins Nicole, left, and Catherine Bulka, right, celebrate with their mother following their commencement.



QUINCY RESIDENTS Kaitlin Downing, Shealin Doyle and Julianna Eagles process into the ceremony along with more than 150 members of Fontbonne Academy's Class of 2006.

Special Honors, Awards For Quincy Residents:

The following special honors and awards for the following Quincy residents were announced at Fontbonne Academy's 49th Commencement.

Academic Excellence Medal (awarded to top-ranking students who have maintained an A- average or above for four years): Catherine Bulka, Alison Dahlquist, Christine Foley and Laura Pepdjonovic

Senior Class Vice-President: Erin Noonan

National Honor Society Vice President: Christine Foley

Perfect Attendance Medal (for all four years): Mary Flaherty

Scholarship and Awards Listing:

Lauren Austin: Fairfield Tuition Grant – Fairfield University; Dean's Award – Manhattan College; Manhattan College Grant – Manhattan College; Dean's Scholarship – Salve Regina University; Salve Regina University Grant – Salve Regina University.

Lauren Barbadoro: Success Grant – Franklin Pierce College.

Catherine Bulka: University Merit Award – Rutgers University.

Nicole Bulka: President's Honors Scholarship – Franklin Pierce College; Academic Scholarship – University of New Haven.

Colleen Cleary: Quinnipiac University Academic Scholarship – Quinnipiac University; Trustee Scholars Scholarship - Sacred Heart University; Abbot Bertrand Dolan, O.S.B. Scholar – Saint Anselm College.

Alison Dahlquist: President's Scholar - Bentley College; Deans' Scholar – Fairfield University.

Kaitlin Downing: Academic Scholarship – Merrimack College; Merrimack College Grant – Merrimack College.

Julianna Eagles: Catholic High School Scholarship – Anna Maria College; Anna Marie Ecumenical Scholarship – Anna Maria College; Foundress Scholarship – Anna Maria College; Rising Stars Award – Tufts-New England Medical Center; Quincy Youth Soccer Joy Hanlon Memorial Book Award.

Mary Flaherty: McQuade Scholarship – Merrimack College.

Christine Foley: Boston University Merit Scholarship – Boston University; Academic Scholarship – Cornell University; Dean's Scholarship – Northeastern University; Honors Program Academic Scholarship – University of Connecticut; Commonwealth College Academic Scholarship – University of Massachusetts Amherst; Merit Scholarship – University of Vermont.

Jessica Ho: Rev. Dr. Martin Luther King, Jr. Scholar – Providence College.

Victoria Holland: Academic Scholarship – Merrimack College; Trustee's Achievement Scholarship – Nichols College.

Laura Pepdjonovic: Emmanuel Grant – Emmanuel College; Presidential Scholarship – Simmons College; Stonehill Commuter Scholarship – Stonehill College; Wheaton Grant – Wheaton College.

Danielle Rines: Presidential Academic Scholarship – Endicott College; Academic Scholarship – Merrimack College; Roger Williams University Educational Award – Roger Williams University; Saint Michael's Scholarship – Saint Michael's College.

Quincy Farmers' Market Celebrates 25 Years

Restaurant owners, caterers and professional and amateur chefs recently attended the first annual "A Taste of the Quincy Farmers' Market" at the Quincy Farmers' Market.

"Our 25th anniversary celebration provided a great opportunity for those interested in the best and freshest foods to talk to local growers about their seasonal offerings," said Anneli Johnson, market manager of the Quincy Farmers' Market. "The Quincy Farmers Market features locally grown fruits, vegetables, herbs, cut flowers, potted perennial and annual plants and herbs, as well as bread and cheese.

Ward 1 Councillor Leo Kelly, Discover Quincy Executive Director Mark Carey, and Quincy 2000 Collaborative Executive Director Dean Rizzo were on hand to offer congratulations to the farmers. Local historian James Cooke spoke about the country's forefathers, local farmers John Adams and John Quincy Adams, and Dr. Wayne Wescott of the South Shore YMCA, a well-known fitness expert, spoke of the importance of eating a variety of fruits and vegetables for optimum health.

Representatives from Almquist Flowerland, Five Loaves Bakery, David Freitas and Sons Farm, Pond Street Perennial and Herb Farm, Serving Ourselves Farm, The Shepherd's Gate Dairy Goat Farm, and Stillman Farm and Greenhouses were on hand to offer tastings and information on this year's products. Chef Charles de Varennes of Quincy's Heritage Cafe grilled market vegetables and made fresh gazpacho for shoppers. Erin Conner of Quincy's Eatin' Healthy restaurant talked to the shoppers about the fruit and vegetable offerings. Julie Loebardt of Quincy's Get Fresh Rotisserie & Grill Restaurant provided two of her own recipes and spoke to shoppers about choosing and preparing fresh food and herbs. Music was provided by the Mancini String Duo.

ANNELI JOHNSON, the guiding spirit behind the Quincy Farmers' Market, receives a City Council citation from Ward 1 Councillor Leo Kelly in recognition of the 25th anniversary of the weekly Friday market in the John Hancock Parking Lot.
Maralin Manning photo

Local participating markets include: Almquist Flowerland, Inc., Five Loaves Bakery in Spencer, David Freitas and Sons Farm of Middleboro, the Pond Street Perennial and Herb Farm of Halifax, the Serving Ourselves Farm in Boston, the Shepherds Gate Dairy Goat Farm of Holland, MA, and the Stillman Farm and Greenhouses of Lunenburg.

The Quincy Farmers' Market is held each Friday through October, rain or shine, from 11:30 a.m. to 5 p.m. Farmers set up stands in the Hancock/Courthouse Parking Lot in downtown Quincy.

For more information, call the Quincy Farmers' Market manager, Anneli Johnson, at 617-479-1601, or email her at annelijohnson1@netzero.net.

MOTHER-DAUGHTER TEAM — Jeanne Barry and her daughter, Kim Barry Skellett, have opened Barry's Hair Design at 369 Billings Road, North Quincy, as first-time entrepreneurs. From the left at the ribbon cutting ceremony are Donna Mansfield, Jenny Haurlebaus, Kim Barry Skellett, Jeanne Barry, Jessica Barry and Debbie Cottoi. The full-service salon caters to both females and males and to families.

Michael Dwyer Graduates Babson

Michael Gerald Dwyer recently earned an MBA from the F.W. Olin Graduate School of Business at Babson College, Wellesley.

A 1985 graduate of Boston College High School in Dorchester, He received a BA of science in Mass Communications from Boston University in 1997. Dwyer is currently a marketing director at Fruit Center Marketplace, Milton.

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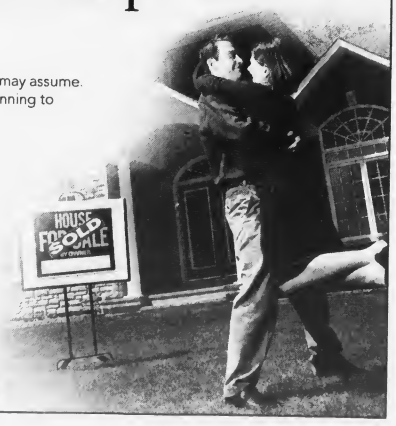

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HANDS-ON OBSERVERS. Juniors from Quincy High School who visited the Quincy Marriott Hotel to observe the employees in action included, left to right, Jonathan Conso, James Fay, Joseph MacDonald, Allie McDonough, Stephanie Bedard, Ann Terrell of the Marriott, Xiu Li Zhen, Vivian Huang, Amanda Koska, Terry Szeto, Brenton Yee, Stephanie Benedict, Huy To.

Quincy College To Host Two Fulbright Scholars In Strategic Languages

Quincy College has been awarded a grant from the Institute for International Education (IIE) in New York City to host two Fulbright Foreign Language Teaching Assistants (FLTAs) during the 2006-2007 academic year.

The FLTAs, who are from China and Lebanon, will teach beginning and intermediate courses at Quincy College in Mandarin, Chinese and Arabic, two less-commonly taught strategic languages. The FLTAs will also serve as cultural ambassadors by accompanying students to cultural-enrichment activities in Boston and participating in a Fulbright forum series to be hosted by Quincy College.

The inclusion of these languages at the college serves to help meet both local and national needs.

"Asians now make up almost 20 percent of the Quincy population and this number will continue to grow. Within this diverse group, many of the recent immigrants are from China," said Joseph Bradley, Executive Director of College and Community Development. "We live and work in a global economy and it is important that our students have access to languages that are spoken around the world."

Marsha Frith, Senior FLTA Program Manager, said "Quincy is the only community college in Massachusetts hosting FLTAs."

The college has been listed by the IIE over the last several years as one of the top 40 community colleges nationwide for international enrollments. A number of private colleges such as Boston College, Boston University, Merrimack College, Brandeis University, Tufts University, the Five Colleges, Wheaton College and Williams College are hosting FLTAs in either traditional or strategic languages.

"This is the first year the program has made a serious push to include community colleges," said Frith.

Quincy College currently provides traditional foreign language courses including Spanish French, and Italian, and will begin offering the new Mandarin, Chinese and Arabic courses during the Fall 2006 semester. The tuition for a three credit, language course is $447. To register for the Mandarin, Chinese or Arabic language courses, contact Enrollment Services at 617-984-1650.

Exercise Classes For Seniors

The Quincy Council on Aging will hold a safe senior exercise program every Monday and Wednesday at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., Quincy Point.

For more information, call the Council at 617-376-1506.

'Friday Fitness Fun' At Beechwood Center

Quincy retirees are invited to "Come to the Bay" every Friday morning for fitness fun, said Maryann Mahony, Senior Center Coordinator.

There are many choices for those 60 years of age, and older.

Outdoor Activities:

9 a.m.: Walkers are invited, of all levels.

10 a.m.: Horseshoes will be played on the senior made court. There will also be bocce, and "strollers" (gentle walkers) on the side.

11 a.m. - 12 noon: Volleyball will be played.

Indoor Activities (in A.C. room):

10 a.m. - 2 p.m.: Darts and hall horseshoes will be played.

12 noon: Cane hall walkers.

2 p.m.: Tea break.

Mind Exercises:

10 a.m. - 1 p.m.: There will be Scrabble, bridge, puzzles, cribbage, chess, and round table group discussions.

All Quincy seniors are welcome to participate in this free event. For more information, call Mahony at 617-471-5712.

COA In Need Of Bath Seats

The Council on Aging is in urgent need for bath seats for senior citizens.

If you have one to donate, call the COA at 617-376-1245.

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CAR CARE ACADEMY – Girl Scouts, United States of America, Girl Scouts, Patriots' Trail Council and Firestone Complete Auto Care recently presented local Girl Scouts with a Car Care Academy at the Quincy Firestone located at 2 School St. The Car Care Academy was hosted by professional pace car driver and automotive education specialist Trisha Hessinger (center). The girls had chance to check tire air pressure and vital automotive fluid levels, and receive driving tips. Shown with Trisha Hessinger are (from left) Maeve Rogers, Jazmin Eltoury, Lindsay Schrier and Victoria Samsel, all of Quincy. Girl Scouts, Patriots' Trail Council is one of the largest organizations in greater Boston dedicated to girls. For more information, go to www.ptgirlscouts.org.

Literacy Program Seeks Volunteers

The Literacy Volunteers of Massachusetts-Quincy are seeking volunteers to help adults learn to read with free tutoring in basic reading and writing.

Those interested should attend an orientation session Tuesday, Aug. 22, or Thursday, Sept. 7, from 6 to 8 p.m., at the Thomas Crane Public Library, 40 Washington St., Quincy.

To register for the orientation or to receive an information package, call Literacy Volunteers at 617-376-1314.

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303 Students On Quincy College Dean's List

Quincy College lists 303 students on the Dean's List for the Spring Semester.

They are:

Quincy: Maria Aguilar, Ahmed Arafat, Virdis Bala, Michael Barry, Joseph Barry, Brian Bujarski, Jennifer Burke, David Collins, Kevin Connolly, Qinghong Deng, Deirdre Durkin, Lorry Ellis, John Fanning, Dorothy Francis, Laura Fraticelli, Alaudia Furtado, Shaun Gibbons, Susan Griffin, Mohamed Hamed, Joseph Harris, Gentiana Hoti, Jinyan Hou, Arvid Hoyer, Caroline Kautsire, Stephen Kavol, Juozas Kazlauskas, Diana Keefe, Frida Khoury, Chuen Lai, Yinhong Li, Run Li, Sui Lin, Kara Luciani, Maureen Lydon, Michelle Mahoney, Ann Marie Maxwell, Kristen McCarthy, Yinghong Mei.

Milena Michelangelo, Suzanna Muhammad Affandi, Patricia Newsom, Ngoc Chau Nguyen, Khanh Nguyen, Krikor Nicolian, Joseph Anthony O'Connor, Shawn Ormont, Chang Yeul Park, Faith Perry, Abraham Rozanes, Maria Santone, Amber Seaton, Muhammad Shahab, Jeanne Sheehan, Colleen Smith, Yuji Sogen, Dong Su, Janet Teehan, Kiet Tran, Joseph Tsang, Rebecca Wall, Connie Wong, Yongbin Wu, Michelle Young.

Abington: Corinne Casiello, Colleen Grant.

Allston: Patcharaporn Hatthiya, Huijing Lin, Dessislava Miladenova, Valeriya Mladenova, Wimontip Sooklert.

Atkinson: Megan Murphy.

Attleborro: Sandra Shade.

Avon: Leah Hussey.

Barnstable: Tadas Vismanas.

Boston: Wascar Castillo Feliz, Bayarsaikhan Enkhsaikhan, Miriam Grabovac, Nigel Gurnett, James Hines, Nadege Hold, Erin Johnson, Jieyi Kuang, Kerry Leard, Kunheng Li, Zeresa Malek, Kristina Nell, Cornell Paterson, Loreta Petkiene, Bianca Pierre, Weiwei Qi, Jean Quintal, Alexis Templin, Harold Tibets, Hung Tran, Vanessa Wilson.

Braintree: Sharon Barrett, Robert Bernier, Christopher Bossa, James Carney, Lisa Chevalier, Man Ki Hui, Bernard Leung, Marie Lydon, Robert Morison, Joseph Nabstedt, Noelle Nee, Jennifer O'Neill, Richard Picardi, Qingqun Wu.

Bridgewater: Sherry Davis, Stephen Cleary.

Brighton: Aneta Radlak.

Brockton: Vincent Jackson, Mbiira Katuramu.

Brookline: Jaime Finley, Jung Kwan Park.

Cambridge: Paulo Branco, William Carnell, Carolina Solano, Taro Taguchi, Kamlai Vacha.

Canton: Miluse Faltusova, Sabrina Lloyd.

Carver: Rita Fiorillo, Jill Lunetta, Kelli Niven, Shawn Petrozziello, Michelle Willis, Christine Young.

Central Falls, RI: Wisam Al-Alam.

Chestnut Hill: Agnieszka Kusmierz.

Dedham: James Feeney.

Dennis: Dimo Ivanov.

Dennisport: Ivaylo Kirkov.

Dorchester: Alfred Daley, Shamika Gumes, Kelly King, Nadine Lender, Joie Mara, Stephen Mastrogiacomo, Joanne Mylett (Grout), Thuy Nguyen, Stefanie Poland, Agnieszka Scherfenberg, Stephan Scott, My Truong.

Duxbury: Thomas Finch, Anna Gapstur, Kyra Mercer.

Everett: Andy Jean-Baptiste.

Fargo, ND: Qiong Yan.

Forestdale: Christine Centorino-Grigorenko.

Foxboro: Peter Clouser.

Framingham: Jolanta Uchanska, Jacob Vicente.

Halifax: Elizabeth Almy, John Taglini.

Hanover: Alexandra Caruso, Dominic Letterio, Natalie Mazzuchelli (Macdon), Nathalie Tulliez.

Hanson: Thomas Ledwell, Julianne Oberle, Gary Stella.

Harwich: Tanya Atanasova.

Hingham: Michaela Benatcanova, Justin Burns, Christopher Cox, Brian Dedian, Megan Fitzgerald, Caitlin Gay, Elise Macvarish.

Holbrook: Rachel Forrest, Colin Mitchel.

Hull: Michael Anderson, Benjamin Hassler, Courtney Hennebury, Pamela Mackay, Michelle Marciano, Tonya Mortensen, Victoria Peterson.

Hyanis: Pavel Lalev, Yordan Yordanov.

Hyde Park: Samantha Garner.

Jamaica Plain: Diana Hincapie Marquez, Lorena Papa, Kathryn Raymond, Wen Wu.

Kingston: Tyler Bouchard.

Lincoln, RI: Steven Stonely.

Malden: Phantika Bamrungsuk, Xiaomin Chen, Faith Ikiara, Uttam Nagaju, Rajan Shrestha.

Monomet: Dawn Freeland.

Marshfield: Amy Groh, Michael McNealy, Matthew Rankins, Kimberly Rowan.

Medford: Sabrina Farrell Leonard.

Middleboro: Angela Penacho, Sean Reynolds.

Milton: Elizabeth Bartoloni, Cara Fay, Thomas Kretz, Elizabeth O'Brien, Sharon Okeefe, Jillian Wilson.

Natick: Magdalena Iwaniuk.

New Bedford: Allison Denning.

Newton: Orsolya Szucs.

Norwell: Holly Cook.

Pembroke: Henry Daggett Jr., Jaime Puddister.

Plymouth: Julie Bevilacqua, Derek Borsari, Cristine Brennan, Cindy Cote, Julie Gaudreau, Christine Gendron, Cassandra Glazier, Denise Govoni, Yvonne Higgins, Lawrence Hiltz, Curtis Holland, Lisa Honrado, Ashley Hunt, Christine Kent, Ami Knight, Dawn Lucier, Nancy Luongo, Kathryn Marani, Michael McGowan, Susan Monachelli, Leslie Murphy, Amy Pappas, Ingrid Pilkingston, Jessica Reid, Bethany Scholes, Benjamin Strong, Sheela Willis.

Port Chester, NY: Jennifer Giorno.

Randolph: Dalia Abdou, Byron Kwok, Christopher Lydon, Melissa Morosas, Abdrahman Oladigbolu, Barbara Pickering, Joseph Shubert.

Reading: Suzanne Toomey.

Rockland: Michael Dunphy, Karen Leary, Cheryl Sprague.

Roslindale: Ralph Ambroise.

Scituate: Jared Bailey, Serena Berkelaar, Maureen Greene, Roberta Hennessey, Angelizue Previte, Lindsay Stewart, Sara Wuerstle.

Sharon: Raimonda Sipaviciene.

Somerville: Karen Arana, Mohamed Azouz, Jamyang Gurung, Chingvching Ng, Yoriko Saito, Hitomi Tanikaga.

Southborough: Tina Gallant.

Squantum: **Mark Madison.**

Stoughton: Andrea Chaves, Robert Devine.

Sudbury: Maria Fiorino.

Taunton: Matthew Cohen, Luke Hebert.

Walpole: Agnes Balnis, Dajane Gripa.

Waltham: Gregg Scott.

West Roxbury: Elisa Blando, Francisca Eze, Rania Hussaini.

Weston: Rosen Hristov Dikov.

Weymouth: Hatice Akkoca, Firas Aldakhlallah,Owen Clements, Kevin Cogliano, William Coveney, Noelle Dansereau, Robert Gallegos, Renee Jones, Mariann Jordan, Maria Lawler, Lawren Lenihan, Anne Mahoney, Gene O'Hara, Kevin O'Neill, Olena Polunina, David Squatrito, Shana Sullivan, Petra Violandi (Borg).

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How And Where To Keep Cool!

(Cont'd From Page 1)

Don't wait until you're thirsty to take a drink. Drink as much as four glasses (32 ounces)an hour if you're active. Coffee, coke and alcoholic beverages will cause you to dehydrate or lose needed body fluids. Ice cold drinks can cause stomach cramps.

Drink a sports beverage, like Gatorade, or take salt pills to replace the salt and minerals you lose by sweating. If you are on a low salt diet, consult your doctor before imbibing the sports drink or salt tablets.

• Avoid rigorous exercise or any form of overexertion.

If you have to work: Try to limit outdoor activity to morning and evening hours. Rest often in the shade. Pace yourself by starting slowly and gradually picking up speed. If exertion makes your heart pound and leaves you breathless, stop all activity.

Wear as little clothing as possible. Choose lightweight, light-colored, loose-fitting clothing. Wear a wide-brimmed hat and sun glasses and apply a sunscreen of at least 15 SPF (sun protection factor) a half an hour before going out.

The highest temperature ever recorded officially in the United States was 134 degrees Fahrenheit on July 10, 1913, in a place called Greenland Ranch in the aptly named Death Valley, Calif.

While the temperature of 100 degrees or more was forecast for yesterday (Wednesday), those most concerned with health looked to the heat index, the relation between heat and humidity, which stood at 114 degrees.

That is the time to look for signs of heat stress, heat exhaustion and heat stroke.

• Heat stroke, the more serious of the three, is life-threatening and most likely to occur during a heat wave where the humidity is high and temperatures are above 90 degrees for three or more consecutive days.

Symptoms are a sharp rise in body temperature accompanied by possible delirium, disorientation and coma.

A person suffering from heat stroke needs to have his or her body temperature lowered by cooling the body surface with water and be transported to the hospital for treatment without delay.

• Heat exhaustion is identified by severe cramping of the muscles due to excess sweating and loss of salt from the body due to exertion and/or high temperatures.

Victims should rest in a cool place and replenish lost fluids and salts unless he or she is on a low-sodium diet. If untreated, heat exhaustion and lead to heat stroke.

• Heat stress can be recognized by the early warning signs of general discomfort, lack of energy and loss of appetite.

Victims of heat stress, exhaustion and stroke are often the very young, chronically ill and elder citizens who should not ignore the early warning signs. Those who live alone should make sure to contact neighbors, friends and family.

The highest temperature ever recorded officially in Massachusetts was 107 degrees Fahrenheit noted on Aug. 2, 1975, in both Chester in Berkshire County and New Bedford.

Persons at risk in the heat and humidity should employ the buddy system to monitor each other for signs of heat stress and other heat related ailments.

• If you are 65 or older have a friend of relative call to check on you twice a day during a heat wave. If you know someone in this age group, check on him or her at least twice a day.

People of that age may not compensate for heat stress efficiently and are less likely to sense and respond to changes in temperature.

People who are overweight may be prone to heat sickness. People who are physically ill may affected by extreme heat. People who overexert themselves may become dehydrated without becoming aware of it.

• Visit adults at risk at least twice a day and watch them closely for signs of heat exhaustion or heat stroke. Infants and small children who rely on others to regulate their environment need even more frequent watching.

And above all use common sense.

The hottest place in the world is the Danakil Depression, a desert in Ethiopia, where the average annual temperature is said to be 95 degrees Fahrenheit.

A freak heat wave July 6, 1949, drove the temperature on the coast of Portugal to 158 degrees Fahrenheit for two minutes, then it dropped to a mere 120 degrees. No one has ever been able to explain why.

CHILDREN KEEP COOL Tuesday afternoon by canoeing at Black's Creek as part of a Quincy Recreation Department program.

Quincy Sun photo/Noreen O'Shea

Foot Screening For Seniors

Podiatrist Jordana Szpiro will be available to seniors for foot screening on the first Monday of every month at the Council on Aging office, 83 Saratoga St.

She will also treat feet for a fee of $20 per person payable at the time of the visit. Such payments are not covered by health insurance.

Treatments will include nail trimming and general diabetic foot care.

For an appointment, call 617-376-1506.

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REAL ESTATE

WJDA/WESX Praised For Community Service

Jay Asher Receives Jack Conway Realtors Lifetime Achievement Award

James D. Asher of South Weymouth, former owner of WJDA in Quincy, and WESX in Salem has been awarded the Lifetime Achievement Award from the Jack Conway & Co. Real Estate firm.

At a recent 50th anniversary awards ceremony at Lombardos in Randolph, Asher received the award for "continuing the tradition of community service through radio broadcasting, started by your father in 1947."

Conway Chairman Jack Conway said he wanted to recognize Asher for taking the reigns of WJDA when his father died in 1973, and continuing to provide the south shore with essential news, information, and entertainment. "You recognized the service the station provided, and kept up the tradition," said Conway.

Asher said he was pleased to accept the award on behalf of all the people who made WJDA such a success for so long.

"We were so fortunate to have people who had that same dedication and commitment to public service that my father envisioned when he founded the station," Asher said.

Former WJDA Program Director Joe Catalano is now Public Relations Director for the Jack Conway Company.

WJDA and WESX in Salem were sold recently to Principle Broadcasting of Connecticut, and are now broadcasting ethnic and religious programming. New studios are located in Chelsea.

The Jack Conway Company of Norwell was founded in Hingham Square in 1956, and runs 45 sales offices from Boston to the South Shore, South Coast, and Cape Cod.

The firm also runs Conway Financial Services, a mortgage company.

JAMES D. ASHER of South Weymouth, (center) former owner of WJDA radio in Quincy and WESX radio in Salem was presented a Lifetime Achievement Award from Jack Conway, (left) chairman of Jack Conway Realtors of Norwell. Former WJDA Program Director Joe Catalano (right) is now Public Relations Director for the Jack Conway Company.

Neighborhood Housing Services Homebuyer Workshop

Neighborhood Housing Services of the South Shore, in conjunction with Dedham Institution for Savings, will host a First-Time Homebuyer Workshop Aug. 14 from 6 to 8 p.m. and Aug. 19 from 9 a.m. to 4 p.m.

They will be held at Dedham Institution for Savings, 55 Elm St., Dedham. Attendance at both workshops is mandatory to receive a homebuying certificate.

All potential first-time homebuyers are encouraged to attend. Participants will have the opportunity to be pre-qualified by a lender.

Topics covered include mortgage options, legal aspects of the homebuying process, how a home inspection works and other presentations from real estate professionals.

Participants must complete the workshop to qualify for grant programs.

There is a $15 fee per person. There will be refreshments and free gifts. Call 617-770-2227, ext. 31, or visit neighborhoodhousing.org.

Did You Know?

"Making late payments is really the number-one way that consumers can damage their credit report and credit score," says Chaomei Chen, head of credit risk for the credit card division of Seattle-based Washington Mutual.

"Conversely, making on-time payments is the easiest way to increase a consumer's credit score over time."

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View From The Top

by Steve

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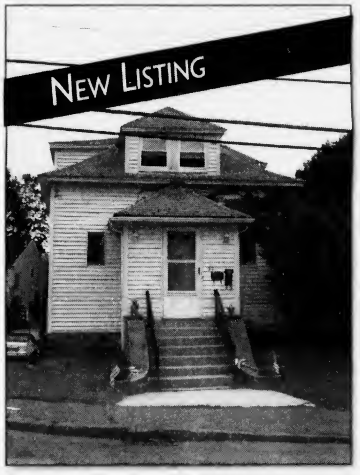

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Real Estate

INTS FOR HOMEOWNERS

March Ants Out For Good

(NAPS) According to research conducted by the National Pest Management Association, 25 percent of homeowners say ants are their main pest concern.

This same study revealed that more than half of all homeowners have had problems with ants, making them the most prevalent pest nationwide. In addition to being a general nuisance, these bothersome pests can cause significant damage in the home by destroying wood and contaminating food.

Once they've invaded a house, ants are one of the most difficult pests to control. The National Pest Management Association offered five tips to keep them out of a home:

1. In many cases, ants enter a home in search of food. Keep ants out by keeping the kitchen spotless and removing all accessible food sources. Always keep food, especially sweets, in clean, airtight containers. Rinse out recyclable containers, take garbage outside regularly and store it in sealed containers. Be sure to wipe down all countertops frequently with soap and water, and clean up any grease or spills immediately.

2. Avoid leaving pet food dishes out for long periods of time. Create a moat or keep the ants away from pet food by placing the dish inside another shallow, larger dish with an inch of water in it.

3. Caulk and seal all cracks and crevices around the home's foundation that could provide entry from the outside, especially those areas leading to the kitchen where food is prepared. Trim any tree branches and shrubs that touch the outside of the house to prevent ants from gaining access to the house.

4. Eliminate sources of moisture or standing water that may attract ants. It is important to get any plumbing leaks fixed right away.

5. If ants do find their way into the home despite these precautions, and they prove too big a pest to handle, always seek the help of a licensed pest professional. A professional will be able to identify which species of ants are present and can help control the problem.

For more information on ants and how to protect the home, visit www.pestworld.org.

Healthy Bathrooms For Healthy Families

(NAPS) The bathroom is often the busiest room in the house.

According to the experts at the health website WebMD, the average bathroom contains thousands of germs and viruses-ranging from E. coli bacteria to the rhinovirus linked to colds and flu.

Of course, that doesn't mean the bathroom should be feared.

Here are some tips to keep a bathroom clean:

Healthy Smiles:

First off, store each toothbrush properly to ensure keeping it, and its user, as germ-free as possible. Be sure to keep it up on a countertop away from the sink and toilet to prevent airborne contamination from splashing water. Also, do not store toothbrushes together in close quarters (a toothbrush cup in a cabinet, for example). Doing so can increase the odds of germs spreading from brush to brush.

Be sure to regularly change a toothbrush.

Raising The Bar:

Experts also say there is some evidence that liquid soap may be more sanitary than bar soap. Bar soap can hold residue from soap dishes and bacteria from the person who used it last. Also, gentle liquid soaps are ideal for teaching kids proper hand washing techniques. Children should know to wash their hands for about 20 seconds (or as long as it takes them to sing their ABC's) at least four times a day, and always after using the bathroom.

Throw In The Towel:

Bathroom towels should be hung up to dry immediately after use and regularly washed in hot water with detergent. Tide liquid detergent, for example, can help prevent germs from building up and towels from smelling musty. It may be beneficial to limit the amount of towel sharing in a house. Encourage each family member to use his or her own towel.

Deck Care 101

(NAPS) When it comes to outdoor living spaces, people are moving their living areas outside, making decks more popular than ever.

And now Sherwin-Williams can help people spend more time enjoying their deck and less time caring for it. For those trying to breathe new life into an old wood deck, a new technology just introduced by Sherwin-Williams can revive even seriously weathered wood. DeckScapes Coating Life Extender literally binds loose wood fibers to form a sound, smooth surface that creates a better bond for the topcoat. It penetrates deep into the wood to provide UV and weather protection. Not only will the wood look better, the protective finish will last longer as well.

Before applying any protective coatings, be sure to remove dirt and mildew using a cleaner designed for deck use. After cleaning the deck, Life Extender is easily applied with a brush or roller. Approximately four hours later, apply a topcoat, such as DeckScapes Waterborne semi-transparent or solid color stain, for a finish that will look new for years.

For those with a new deck, start with Life Extender for the best possible protection. Life Extender is also ideal for cedar and redwood decks.

Here's a tip from the trade: For those who want the wood grain of the deck to show, choose a semitransparent stain. For more durability without making the grain show, go with a solid-color stain. Products designed for deck use will beautify and protect outdoor rooms for a long time when used correctly.

For more information, call 1800-4-SHERWIN (1-800-474-3794).

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Patrick To Host Community Meeting Here Saturday

Democratic gubernatorial candidate Deval Patrick will host a community meeting with South Shore residents Saturday at 12 noon at the Quincy Suns of Italy Social Center, 120 Quarry St.

Patrick will discuss his vision for leading Massachusetts. He will speak and answer citizens' questions in an open forum. He will take questions from voters on a wide range of issues, including health care, the economy, and education.

Patrick, a Milton resident, held the top civil rights post in President Clinton's Justice Department, and served as general counsel and a senior executive at Coca-Cola and Texaco. He has also been a partner at two Boston law firms and lawyer for the NAACP's Legal Defense & Education Fund.

Patrick says his campaign has over 5,000 volunteers and has raised more than $3.7 million, including more than $800,000 in donations raised through the campaign's website, www.devalpatrick.com.

Residents in the Quincy area who wish to volunteer to work with Patrick's campaign at the local level can contact City Councillor Jay Davis, a local Deval Patrick coordinator (617-594-0640), or School Committeewoman Anne Mahoney at 617-479-2046, or call the campaign's main office at 617-367-2006.

Free Legal Clinic At Quincy Court Aug. 15

The Bar Association of Norfolk County will sponsor a free legal clinic Tuesday, Aug. 15 from 6 to 8 p.m. at Quincy District Court, One Dennis Ryan Parkway, Quincy Center.

Attorneys will be available for confidential, one-on-one discussions of legal questions and concerns of individuals. Clinics are conducted on a walk-in basis with no appointments necessary.

For further information, call Adrienne Clarke, executive director, at 617-471-9693.

World Premier Band Concert At Germantown

The World Premier Band will perform Tuesday, Aug. 8, at 6 p.m. at Outdoor SummerJam '06, an outdoor concert on the green in front of the Manet Health Center, 9 Bicknell St., Germantown.

The three-hour concert is sponsored by the Harborview Residents' Committee. There will be refreshments for sale and a raffle will be held.

$5M From State For Downtown

(Cont'd From Page 1)

The House of Representatives voted 133-21 and the Senate voted 35-2 in favor of overriding the Governor's veto, he said.

The legislative delegation also acknowledged the efforts of Quincy Planning Director Dennis Harrington and Mayor William Phelan, who oversee the downtown redevelopment project. The legislative delegation worked closely with Harrington on presenting a strong case to give Quincy a direct appropriation.

"Director Harrington's knowledge and insight has been invaluable to both the legislative delegation and the legislative committees that were reviewing this $5 million project," Morrissey said.

Amy Sandonato Graduates Fontbonne

Amy Sandonato, of Quincy, recently graduated from Fontbonne Academy.

The sole recipient of the Mayor MacIntyre Award, she is planning to attend Stetson University in the fall. She is the daughter of Francis and Dianne Sandonato, of Quincy.

3 From Quincy On Bryant Dean's List

Three senior students from Quincy have been named to the dean's list at Bryant University in Smithfield, R.I.

Wing Y. Chan is majoring in marketing, Melissa L. Spezzano in applied actuarial mathematics and Paul Vu in finance.

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Milton, MA	80	46	-34	-42.5%	$495,000	$505,000	$10,000	2.0%	51	89
Quincy, MA	105	75	-30	-28.6%	$379,500	$372,000	-$7,500	-2.0%	58	74
Weymouth, MA	110	70	-40	-36.4%	$353,000	$329,000	-$24,000	-6.8%	43	73
	353	233	-120	-34.0%	$385,000	$380,000	-$5,000	-1.3%	49	77

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Seasonal Total:	$491.95

SHUT-OFF/TURN ON: $25.00 (Each)
VALVE REPLACEMENT: $85.00
METER BENCH TEST: $50.00
METER FREEZE UP: $75.00 (Plus Parts)

NEW SERVICE:
Application Fee: (Non-Refundable) $75.00
Inspection & Registration: (Each Service) $300.00

CROSS CONNECTION: (Test and Inspection)
Double Check Valve: $75.00
Reduced Pressure Valves: (Each)
First Five Devices: $100.00
Next Ten Devices: $50.00
Over Sixteen Devices: $25.00

8/3/06

In Tribute To Mother, Paul Harold

McDermott To Ride In Pan-Mass Challenge Aug. 5-6

Norfolk County Register of Probate Patrick McDermott will join more than 4,000 cyclists from 37 states to ride in the 27th annual Pan Mass Challenge, pedaling to raise $24 million and surpass an overall funding total of $145 million.

The PMC is a 194-mile mike ride from Sturbridge to Provincetown to be held the weekend of Aug. 5-6. McDermott will leave Sturbridge at 6 a.m. Saturday morning, making his 15th year ride to Bourne, where he'll spend the night at the Mass Maritime Academy.

Sunday morning the group will ride throughout Cape Cod to Provincetown. The PMC is the largest single fundraiser for the Jimmy Fund of the Dana-Farber Cancer Institute. The efforts have saved lives and resulted in cancer research breakthroughs.

McDermott's participation in the PMC serves especially as a way to honor the memory of his late mother, Patricia, who died from cancer in December of 1989.

"My mother inspired me in so many ways to never take life for granted and to look for ways to help others in need," he said. "Even though she lost her personal battle with cancer, her faith served as a beacon of hope for so many others who wait for a cure. I look forward to the day when we can refer to cancer as a disease of the past."

PATRICK McDERMOTT

McDermott, a former Quincy City Councillor, also pays a personal tribute each year to his friend and political mentor, Paul D. Harold, former state senator, city council president, and Register of Deeds, who lost his own battle with the disease in 2002 after having been a patient at Dana Farber.

McDermott recalls one of his last visits with Harold: "He was tired but full of faith and words of wisdom. Then he presented me with a check for the PMC and told me I was doing a great service for the people of Dana Farber. I'm proud to dedicate a portion of my ride each year to Paul."

Today the PMC raises more money than any other athletic charity event in the country.

McDermott also says he is mindful of other friends and family members who have fought or are fighting the battle against cancer.

"Cancer does not discriminate," he said. "It affects people of all ages, races, and socio-economic scales. I unfortunately have seen first-hand the devastating effects this disease has on families. I just want to try to do my part to see the day when we can declare a full victory over this disease."

Throughout his participation in the PMC, McDermott has raised over $50,000 for the Dana Farber Cancer Institute. In order to participate, each rider must raise a minimum of $3,300.

Anyone wishing to help the cause by sponsoring McDermott in this year's ride, may visit the PMC's website at www.pmc.org to make an online gift (eGifts) or checks can be made payable to "PMC/Jimmy Fund" and forwarded to McDermott at 194 Federal Ave., Quincy, MA 02169.

McDermott will also host a reception on Thursday, Aug. 3 at the Waterclub at Marina Bay from 6 p.m. - 8 p.m.

Caitlin Munkley Graduates Vanderbilt

Caitlin M. Munkley recently graduated from Vanderbilt University of Nashville, TN.

The daughter of Mr. and Mrs. Daniel J. Munkley, Jr., she earned a bachelor's degree in engineering, majoring in chemical engineering.

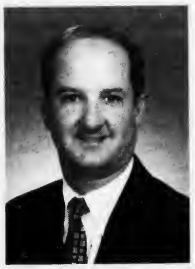
Vicker DiGravio, III MHSACM Executive V.P.

Vicker "Vic" DiGravio III, of Quincy, will join the Mental Health and Substance Abuse Corporations of Massachusetts, Inc. (MHSACM) as Executive Vice President, effective this October.

DiGravio will be responsible for the direction and management of public policy and strategy for the organization.

MHSACM Chairman Ellen Attaliades, CEO of The Edinburg Center said, "Vic has more than 15 years of public policy and political strategy experience. He brings an understanding of strategic management and public sector leadership that will help ensure our continued strength and evolution in the coming years."

DiGravio, most recently was Chief of Staff to Senate Majority Leader Frederick Berry, serving as senior policy and political adviser and directing the office's legislative and public affairs agenda. Previously, he served as Easter Seals Massachusetts' Director of Public Affairs. He has a Master's in Public Administration from Harvard University's John F. Kennedy School of Government, and an undergraduate degree from Connecticut College. DiGravio and his wife Karen reside in Quincy with their two children, Anna and Vicker.



VIC DiGRAVIO

"MHSACM is committed to a vision of health care that ensures access to quality, affordable behavioral health services for those who need them," said Elizabeth Funk, President/CEO. "Vic DiGravio brings key leadership skills that will help our organization enhance the capabilities and collaborative relationships needed to fulfill this mission."

"I am pleased to be joining MHSACM and look forward to collaborating with members and other health care stakeholders to improve the prominence of behavioral health in the larger health care system," DiGravio said. "I am excited about working to capitalize on the organization's many strengths to enhance the quality, value and accessibility of mental health and substance abuse services for the people of Massachusetts."

MHSACM is a statewide association representing more than 100 community-based mental health and substance abuse service provider organizations, and its members are the primary providers of mental health and substance abuse treatment and services in Massachusetts. Member providers and their 20,000 dedicated employees provide clinically effective care to 117,000 individuals on any given day.

For more information, see www.mhsacm.org.

Life Line Screening For Stroke Here Aug. 8

Life Line Screening will be available to help prevent strokes for Quincy residents Tuesday, Aug 8, at the Richard Koch Park and Recreation Complex, One Merrymount Parkway, Quincy.

Appointments will begin at 9 a.m. and may be made by calling 1-800-697-9721. Pre-registration is required. Each screening require 10 minutes or less to complete.

The cost of a complete vascular screening package, including the Stroke/Carotid, Abdominal Aortic Aneurysm and Ankle Brachial Index (hardening of the arteries) screenings, is $109.

Sign-up for a complete vascular package, include the osteoporosis screening and pay $129.

Alycia Weiner On Clark Dean's List

Alycia M. Weiner, of Quincy, is on the Dean's List for the Spring semester at Clark University in Worcester.

She is psychology major and a member of the Class of 2007.

PROFESSIONAL DIRECTORY

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QUINCY POLICE HOT SPOTS

QUINCY POLICE STATISTICS: July 21 - July 28
Total Calls for Service: **1705**
Total Arrests: **48**
Total Stolen Cars: **8**

FRIDAY, JULY 21

INDECENT EXPOSURE, 5:47 a.m., 1050 Hancock St. White males in his 60's, tall, thin white hair in front of window of main entrance. Arrest for open and gross lewdness.

BREAKING AND ENTERING/PAST, 7:35 a.m., South Shore Chamber of Commerce, 36 Miller Stile Rd. Business.

LARCENY, 10:44 a.m., Pageant Field, 1 Merrymount Parkway. Purse. Male is 25 years old, curly hair, white t-shirt, blue jeans, tattoo band on left arm.

LARCENY, 11:07 a.m., Registry of Motor Vehicles, 25 Newport Ave. Ext. Laptop. Larceny of laptop from the construction site for the new RMV. Reporting person works for Executive Office of Transportation.

LARCENY, 11:16 a.m., Citizens Bank, 1200 Hancock St. Past. Larceny from a bank account. Internal investigation being done by the bank.

LARCENY/MOTOR VEHICLE, 5:55 p.m., Cathay Pacific, 111 Hancock St. Call says this car was towed. Cathay Pacific claim they have no knowledge of this. 1987 Jeep Cherokee, color red.

BREAKING AND ENTERING/PAST, 6:23 p.m., 36 Presidential Dr. Dwelling. Front door forced open. Movado watch and a gold chain were stolen.

LARCENY, 7:09 p.m., 126 Clay St. Skateboard.

ARMED ROBBERY, 11:46 p.m., US Gas Two, 664 Washington St. Stabbing. Arrest made. Suspect is a white male about 5'8", 150-160 pounds, wearing a light-colored hoodie with an unknown logo on the front, dark jeans, work boots, and his mustache and goatee. Victim to Boston Medical Center. Arrest made at 613 South St. for armed robbery, armed assault with intent to kill, A&B with knife.

SATURDAY, JULY 22

ASSAULT AND BATTERY, 10:45 a.m., Super Petroleum, 728 Southern Artery. In progress. Red Chevy pick-up tried to run attendant down. Argument over gas. Customer agreed not to return for service, all parties advised.

LARCENY/MOTOR VEHICLE, 11:46 a.m., Burgin Parkway Ext. and Centre St. Since found. 2000 GMC Sierra, color white. Towed to Malloy's Tow.

VANDALISM/PROPERTY, 12:57 p.m., 58 South St. Graffiti. Damage to pool house.

LARCENY, 3:58 p.m., 80 Newbury Ave. Past. Laptop computer.

VANDALISM/PROPERTY, 4:26 p.m., 1210 Sea St. Broken window.

VANDALISM/PROPERTY, 6:25 p.m., 129 Bayview Ave. Fence painted.

LARCENY, 9:38 p.m., Outback Steakhouse, 227 Parkingway. Fare evasion. Suspect is hearing impaired. Fare paid.

ASSAULT AND BATTERY, 9:54 p.m., 460 Quincy Ave. Past.

SUNDAY, JULY 23

VANDALISM/PROPERTY, 1:49 a.m., 144 Sumner St. Fence. Caller stating a car just struck his fence, almost hit house. Person who damaged fence has been located. Parties settle matter civilly

BREAKING AND ENTERING/PAST, 10:55 a.m., Wollaston Yacht Club, 692 Quincy Shore Dr. Business.

VANDALISM/PROPERTY, 11:01 a.m., 749 Southern Artery. Business was egged and tagged.

LARCENY, 11:06 a.m., 156 Milton St. Of money.

LARCENY, 1:41 p.m., South Shore Motor Sports, 92 Franklin St. Caller states there is a male who hopped over fence with a female looking out. Parties check out sent on way.

INDECENT ASSAULT & BATTERY, 4:18 p.m., Hancock Cemetery, 1305 Hancock St.

LARCENY, 7:45 p.m., 117 Burgin Parkway. Past.

BREAKING AND ENTERING/PAST, 11:51 p.m., 35 Birch St. Dwelling. Pocketbook and wallet taken off kitchen table while caller was watching TV in another room. House entered through an open door and handbag was taken.

MONDAY, JULY 24

VANDALISM/PROPERTY, 12:45 a.m., Water Works, 333 Victory Rd.

LARCENY, 9:02 a.m., McIntyre Mall, 1305 Hancock St. Small duffle bag containing state ID, EBT card, T-pass, 1 pair clothing. Happened on Sat. 2 weeks ago.

LARCENY/MOTOR VEHICLE, 9:54 a.m., 19 Windsor Rd. Stolen sometime during the night. 1994 Olds Cutlass, 4-door, color red.

BREAKING AND ENTERING/PROGRESS, 10:12 a.m., 10 Hobomock Rd. Dwelling. Walked into caller's house. White female, late 30's, walking towards Sea St. Report filed with arrest.

LARCENY, 10:48 a.m., 33 Burgin Parkway. ID theft. Caller states someone is using his Social Security number to apply for credit cards.

BREAKING AND ENTERING/ATTEMPT, 10:56 a.m., 9 Preston Square. White female with blonde hair in a pony tail trying to get into the screen porch at 5:30 this morning. She had cut the screen. She fled when she realized she had been seen.

VANDALISM/PROPERTY, 1:38 p.m., 28 Wollaston Ave. Rear side window of van was smashed sometime over night.

BREAKING AND ENTERING/PROGRESS, 1:55 p.m., 1 Grandview Ave. Just occurred. 5'5" Asian male, stocky, caller entered home to find a male inside. He locked self in bathroom and got out window caller chased him, and lost him, but caller has his car keys. They fell out when he was climbing out the bathroom window. Male was wearing a black top, LSW blue hat, black t-shirt, arrest made.

LARCENY, 2:35 p.m., Monroe Muffler, 706 Adams St. Money.

LARCENY, 3:33 p.m., Lily's Nails, 263 Copeland St. Bad check.

LARCENY, 6:22 p.m., Stop & Shop Supermarket, 65 Newport Ave. Pocketbook. Male grabbed pocketbook, she has gotten it back. Arrest made.

LARCENY, 7 p.m., Sons of Italy, 120 Quarry St. Past.

LARCENY, 7:37 p.m., CVS Pharmacy, 626 Southern Artery. Medication. Claims someone picked up his script at CVS Suspect identified thru CVS video. Complaints to be filed for larceny and uttering false prescription.

VANDALISM/PROPERTY, 8:37 p.m., 28 Fenno St. Motor vehicle window damaged last night

BREAKING AND ENTERING/PAST, 10:45 p.m., 165 Taffrail Rd. Neighbor reports someone broke into house.

ASSAULT AND BATTERY, 11:01 p.m., Merrymount Park, 784 Hancock St. Past/tonight. See caller at the Carney ER, son was punched in the face tonight by a white male, 5'10", bald.

TUESDAY, JULY 25

LARCENY, 1:04 p.m., Skyline, 305 Victory Rd. Purse. States on July 3 her daughter's purse was stolen from above. A small tan purse, wallet, lic., credit card, bank card, health card, $7 in cash.

VANDALISM/PROPERTY, 1:24 p.m., Ross Parking Area, 96 Parkingway. To car. Vehicle spray painted over the weekend while parked in Ross garage.

VANDALISM/PROPERTY, 2:18 p.m., 11 Bedford St. To vehicle. Side window smashed.

VANDALISM/PROPERTY, 4:34 p.m., 144 Brook Rd. To motor vehicle. Windshield was smashed, looks like a bat was used. Happened sometime overnight.

LARCENY, 4:35 p.m., AJ Wright, 126 Parkingway. Wallet. Two white females on camera taking the wallet.

VANDALISM/PROPERTY, 6:26 p.m., 144 Brook Rd. Ongoing.

INDECENT EXPOSURE, 6:39 p.m., 66 Hillsboro St. Past.

BREAKING AND ENTERING/PAST, 7:09 p.m., 49 West St. Dwelling. Kitchen window damaged.

VANDALISM/PROPERTY, 10:36 p.m., 50 Webster St. To motorcycle.

LARCENY, 11:57 p.m., 540 South St. Pocketbook. Female inside states her pocketbook was stolen. Report filed.

WEDNESDAY, JULY 26

BREAKING AND ENTERING/PAST, 12:18 a.m., 75 Roberts St. Dwelling. Purse taken in a break.

BREAKING AND ENTERING/PAST, 5:40 a.m., 273 Liberty St. Dwelling.

BREAKING AND ENTERING/ATTEMPT, 6:10 a.m., 337 Centre St. Dwelling.

VANDALISM/PROPERTY, 7:23 a.m., Joe's Classic Hair Styling, 42 Billings Rd. Window. Large plate glass window broken overnight.

BREAKING AND ENTERING/PAST, 8:34 a.m., 316 Centre St. Dwelling. Woke to find break. Purse is gone.

LARCENY/MOTOR VEHICLE, 8:49 a.m., 35 Schlager Ave. Past. 1997 Ford Ranger, color green, taken sometime overnight.

VANDALISM/PROPERTY, 10:05 a.m., Kam Man Food, 215 Quincy Ave. Two buses spray painted. Extensive graffiti.

VANDALISM/PROPERTY, 11:56 a.m., 749 Southern Artery. To motor vehicle. Eggs thrown at car in the last half hour.

BREAKING AND ENTERING/ATTEMPT, 11:59 a.m., 328 Centre St. Dwelling. Screens cut in the back of the house.

BREAKING AND ENTERING/PAST, 1:24 p.m., 15 Bartlett St. Dwelling.

BREAKING AND ENTERING/PAST, 3:06 p.m., 38 Nilsen Ave. Garage. Several items taken. No larceny at this time, advised.

LARCENY/MOTOR VEHICLE, 7:59 p.m., 18 Main St. 2003 Honda CBR600, color red.

THURSDAY, JULY 27

LARCENY, 8:02 a.m., 41 Bryant Ave. Of grill. Brand new Weber grill valued at $500.

VANDALISM/PROPERTY, 9:07 a.m., 65 Manet Ave. To vehicle. Vehicle keyed.

VANDALISM/PROPERTY, 2:26 p.m., 95 Old Colony Ave. Tagging. Hole in fence behind the building.

LARCENY, 3:08 p.m., 37 Vane St. Past. Building supplies taken from the back of the house. Also glass broken in back door.

LARCENY, 3:50 p.m., 345 Washington St. By credit card.

LARCENY, 4:09 p.m., 156B Quincy St. Credit card.

VANDALISM/PROPERTY, 4:51 p.m., 295 Washington St. Broken windows.

VANDALISM/PROPERTY, 6:44 p.m., 59 Coddington St. Possible B&E motor vehicle. Rear window smashed.

LARCENY/MOTOR VEHICLE, 8:46 p.m., 150 Reservoir Rd. 2003 black Ford Mustang, last seen heading toward the golf course. Car located at Forbes Hill and Myopia. Owner located his car, clear.

VANDALISM/PROPERTY, 8:53 p.m., 134 Independence Ave. Van just drove by headed towards Braintree, threw a beer bottle and shattered caller's car window.

FRIDAY, JULY 28

BREAKING AND ENTERING/PAST, 3:34 a.m., Citgo, 571 Hancock St. Glass broken. Citizen reported seeing two parties dressed in black running down Chestnut St.

VANDALISM/PROPERTY, 7:04 a.m., 349 Belmont St. Car. Back window smashed.

VANDALISM/PROPERTY, 9:10 a.m., 146 Independence Ave. Past. Large glass table smashed in the backyard.

VANDALISM/PROPERTY, 9:33 a.m., Roseann's, 1089 Hancock St. Paint ball.

LARCENY/MOTOR VEHICLE, 11:36 a.m., 75 Dysart St. 2002 Chevy Cavalier, color gray.

BREAKING AND ENTERING/PAST, 3:03 p.m., 325 Newport Ave. Dwelling. Computer missing.

VANDALISM/PROPERTY, 3:11 p.m., 349 Belmont St.

If you have information on the above crimes, or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764**. If you wish to report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. If you wish to make an appointment to view the **Registered Sex Offenders** book, call **617-745-5768**.

If you wish to contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us--*Lt. Dan Minton.*

Scam Alert!

Beware of mail solicitation from "Financial Trust Services" of Canada with an enclosed letter of "Winning Final Notification" in the DE-LOTTO North American Sweepstakes.

The letter states you have won $250,000 U.S. Dollars, but you must first pay $2,950 for the government taxes, to be paid through Western Union.

The letter is addressed to "Sir/Madam." This should be the first indicator this notification is not legitimate, that someone winning such a large amount is not even addressed by name.

Another indicator would be whether you ever entered the sweepstakes — you can't win if you don't play.

These scams are conducted because they work often enough people to be profitable. Offers from out of the country should also raise caution flags as to the legitimacy of an organization.

Lieutenant Dan Minton
Quincy Police Crime Prevention Unit

A Job Well Done

On July 13, at approximately 10:32 p.m., Officer Steve Elmes was on routine patrol in the area of Ricciuti Drive when he observed two vehicles parked next to each other facing opposite directions.

LT. DAN MINTON

Since the vehicles were in violation of signs posted, "No Parking After Dusk," he approached the vehicles and found one vehicle was empty and the second vehicle had two males sitting in the front.

As Elmes advised them of the infraction and asked for identification, he noted furtive gestures made by them, namely one occupant "biting his fingernail and looking around" while the other "would not make eye contact with" the officer.

After Elmes determined one occupant was from Quincy and the other from Foxboro, he asked what they were doing there. Suspect No. 1 nervously said they were not doing anything, adding, "You can search my car."

Elmes began to walk back to his cruiser to verify their information when suspect No. 2 jumped out of the passenger seat. He was told to get back into the vehicle but kept heading to his car, stating he was going to leave.

Elmes, concerned now that he had two suspects separated in two vehicles, backed his cruiser up to create a safety zone. Just as he was about to call for assistance, Sergeant Patrick Faherty arrived on scene.

At this time, Elmes approached suspect No. 2 and asked if he could search his car. Suspect No. 2 said, "I have nothing in my car. You can search it if you want." As soon as Elmes entered the car he detected the odor of marijuana and opened a shoe box and found a plastic baggy with marijuana in it.

Faherty pat frisked suspect No. 2 and found a large sum of money in his pants. The search of suspect No. 2's car revealed four gallon-size freezer bags of marijuana in the trunk. Elmes also found three cell phones and a black ledger containing drug sales information.

Once suspect No. 2 was handcuffed, Elmes asked suspect No. 1 if he could still search his car and the suspect gave permission, stating he had nothing to hide. The search showed two cell phones, a lap top computer, two magazines of ammunition (40 cal.) and a carrying case for a handgun. Between the front seats was another ledger, bank statements and a withdrawal of $2,000. Suspect No. 1 said the gun was at a friend's house.

Based upon all the information at hand, suspect No. 1, a 26-year-old Foxboro resident, and suspect No. 2, a 25-year-old Rockland resident, were charged with "Conspiracy to Violate Controlled Substance laws," "Possession of Class D Substance with Intent to Distribute," and "Selling a Controlled Substance in or Near a Park."

Both suspects were transported to the station for booking, where additional monies were found on suspect No. 2, for a total of $4,601. During booking, both suspects gave false addresses and, therefore, were held until positive identification was determined.

Based on the investigation conducted by Elmes, Detective Mike Ward followed up on the case by obtaining a search warrant for suspect No. 1's savings account at a local bank, "freezing" the $190,396 for further court proceedings. Nice work!

SPOTLIGHT ON HEALTH & FITNESS

by Andrea Wyatt
M.S.S., C.S.C.S.

Looking Good in Sleeveless Shirts

Q. I would like to wear sleeveless shirts, but they make me feel uncomfortable because my arms have NO muscle tone. What exercises can I do to tone my arm muscles so I can wear a tank top?

A. Many exercisers list toned arm muscles when setting their fitness goals. The appearance of strong, lean and toned muscles can be achieved through a comprehensive exercise program that not only focuses on appearance, but also stability, muscle balance and function.

The muscles most people want to tone are the triceps (back of the arm), biceps (front of the arm) and deltoids (shoulders). Each of these muscle groups must work properly for you to achieve maximum function, strength and stability. Although your goal may be to tone your arms, an exercise program that targets the entire body will help you reach that goal.

As you probably know, you cannot get results by spot training and targeting your workout just for the arms. Fortunately, we use our arms while working other muscle groups such as the chest and back, so although you are not focusing on the arms, they have to work in order to complete those exercises.

Great exercises for the arms include bicep curls, triceps extensions and shoulder raises. These exercises can be done with dumbbells, resistance bands, body weight or exercise machines. Be patient when trying new exercises, and complete sets and repetitions that will allow you to progress as you get stronger.

Don't forget that exercises such as push-ups, pull-ups, chest press and rows also require the arm muscles to work, even though they are not isolated just to the arms. Exercises for your lower body might seem to have nothing to do with your arms, but they can help lower your body fat and increase your overall lean muscle mass.

Give yourself several weeks to see results and maintain a consistent exercise regime. Try not to overtrain in trying to reach your goals, and allow your body recovery time in between higher intensity workouts.

Remember nutrition and other positive lifestyle choices are important for your body to get you into sleeveless shirts in no time.

Always consult a physician before beginning an exercise program. Andrea Renee Wyatt, M.S.S., C.S.C.S., is a certified personal trainer with an extensive background in strength and conditioning as well as therapeutic recreation. If you have a fitness or training question, e-mail Andrea at letters.kfws@hearstsc.com or write her in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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Skin Aging? Slow Down The Process

(NAPS) It's no secret that our society is obsessed with looking young. As baby boomers turn 60, statistics show the U.S. market for anti-aging products and services is "growing at an average growth rate (AAGR) of 9.5 percent. This market will reach nearly $72 billion by 2009."

While science has made advancements in both topical and minimally invasive cosmetic procedures, certain lifestyle factors, such as smoking, sleep loss and sun exposure, can unknowingly sabotage personal aesthetic goals.

Although natural aging is a given, inherited by our genes, we do have control over *extrinsic aging*. Known as premature aging, it is caused by poor lifestyle habits that actually accelerate skin aging, including wrinkles, rough texture and uneven pigmentation.

According to leading dermatologist Jeannette Graf, current research reveals that the following dynamics accelerate the skin's aging process.

• **Sun exposure:** No surprise here. The sun does not do a complexion good. From basic dryness to a high risk of melanoma and other skin cancers, UV rays cause daily damage to skin. "Wearing a high SPF sunscreen every day is the one product I recommend to all of my patients," said Graf.

• **Smoking:** Another culprit that robs skin of its health, smoking not only directly damages the fibers that provide elasticity and support, causing skin to prematurely wrinkle and droop, but it also decreases the flow of both blood and vital nutrients to the skin's surface, leaving it dry and crinkled looking.

• **Diet:** What people put in their body is just as important as what they put on, said Graf. A high-fiber diet rich in antioxidant fruits and vegetables will result in a healthier and more radiant complexion. Bottom line: Limit alcohol and cola consumption, which depletes the body of its nutrients, and add more wholesome foods, such as lean proteins, fruits, green leafy vegetables, and plenty of fresh water.

• **Sleep loss:** While sleep deprivation is known to cause weight gain and loss of mental concentration, it also affects skin health by robbing it of its precious rejuvenation time. During slumber, the skin, as well as the body, undergoes a period of revitalization. Loss of sleep interrupts this phase, imparting the telltale signs, such as dark under-eye circles, and dry, flaky complexion.

Aging is inevitable, but people may make small efforts to keep from speeding it along. Getting a good night's sleep, eating a healthful diet and using sun protection each day is a good way to keep both skin (and body) looking young and vibrant.

Tai Chi Workshop Aug. 19 At Healing Tree Yoga And Wellness Center

Healing Tree Yoga & Wellness Center in Quincy will host a new workshop for anyone interested in the ancient form of movement and meditation known as Tai Chi. (Tai Ji) Saturday, Aug. 19 from 1:30 to 3:30 p.m. at the center, 605 Hancock St.

No equipment is needed; participants should wear loose-fitting clothing.

Cost is $25 for those preregistered and $30 for "drop-ins."

To register, call Healing Tree at 617-770-4800 or visit healingtreeyoga.com for more information.

A Sleepless Nation 70 Million Strong

By LISA CLAVIS

(NAPS) A new report by the National Academies' Institute of Medicine shows that between 50 and 70 million Americans struggle with chronic sleep problems, and according to the United States Surgeon General, sleep deprivation and disorders cost the nation $15 billion in health care expenses and $50 billion in lost productivity each year.

A lack of sleep can take a toll both psychologically and physically, from daytime sleepiness to weakened immune systems. Long-term sleep deprivation leads to problems that can include memory lapses, depression, irritability and impaired work performances.

To win the battle over sleepless nights, many Americans are turning to medication. In 2005, 42 million prescriptions for sleeping pills were filled. An analysis by Medco Health Solutions, Inc. found that the number of adults ages 20 to 44 using sleeping medications rose 128 percent between 2000 and 2005, and was up 114 percent among 10 to 19-year-olds in that same time period.

Insomnia is the most common sleep disorder, affecting between 30 and 40 percent of adults within a given year. Other sleep disorders include sleep apnea: a temporary suspension of breathing that occurs throughout the night, and restless leg syndrome: which is characterized by intense discomfort, mostly felt in the legs when at rest. One of the first steps to relieving sleep problems is to talk to a doctor or pharmacist about it.

Here are some tips for insomniacs:

• **Keep to a regular sleep schedule:** Go to sleep and wake up at about the same time each day, even on weekends.

• **Exercise regularly:** Exercise done early in the day can reduce stress and help to sleep at night.

• **Watch eating and drinking habits:** Avoid alcohol, caffeine and meals close to bedtime, but a cup of warm milk can help make a person sleepy.

• **Unplug:** This is particularly important for teens with sleep problems. Make sure the bedroom is free of computers, video games, TVs and phones.

Sleep troubles can be a symptom of physical or psychological condition that requires treatment, so it's important to see a doctor if sleep problems persist.

Lisa Chavis, RPh, is a lead pharmacist for the Drug Utilization Review department at Medco Health Solutions, Inc. Her books include "The Family Pharmacist" and "Ask Your Pharmacist."

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DENTISTRY for the 21st Century

by Steven A. Brustin, D.M.D.

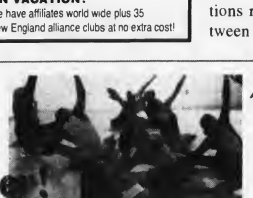
DENTAL ASSESSMENT FOR CANCER PATIENTS

Patients who are scheduled to undergo radiation therapy for head and neck cancer are advised to meet first with a dentist for a pre-treatment dental assessment. This suggestion is made on the basis of the fact that radiation therapy is associated with an increased incidence of such adverse long-term side effects as dry mouth, inflammation of mucus membranes, and dental caries. In order to minimize the incidence and effect of these potential problems, patients will want to undergo a dental assessment to identify existing conditions that require treatment. The healthier the teeth and oral tissues of a cancer patient, the better able he or she will be able to withstand radiation therapy.

Let us help you with answers to your questions about a pre-treatment dental assessment. Our dental team is committed to performing to his or her highest ability in order to achieve the optimum level of care. We believe that with preventive dental care, daily brushing and flossing, and a well-balanced diet, people can maintain their teeth and gums in good health well into their later years. Let us help you keep that dazzling smile. Call 617-479-6220 to schedule an appointment. We're located at 44 Greenleaf Street. We offer the services of anesthesiology with a fully trained and qualified anesthesiologist. Visit us on the web at www.quincydentist.com.

P.S. Prior to radiation therapy, patients should be well versed in optimum oral self-care methods.

Lift your spirit this summer!



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SPORTS

Special Tribute To Patrick White At 7:30 P.M.

Jimmy Fund Baseball Tournament Opens Friday At Adams Field

The sixth annual Jimmy Fund Baseball Tournament will pay a special tribute to the late Patrick White at the opening ceremony Friday night at 7:30 at Adams Field.

Patrick played many years in Quincy Youth Baseball and most recently in the Babe Ruth League. He battled rhabdomysarcoma, a form of tissue cancer, for more than six years.

PATRICK T. WHITE

During that time, Patrick helped raise money for The Jimmy Fund and spent time visiting and supporting other young cancer patients at Dana-Farber Cancer Institute. He died last November at age 15.

The tournament, which features players ages 15 and under, will begin with a game Friday at 2:30 p.m. There will be games all day and evening Saturday and Sunday. The championship game will be played Sunday at 7:30 p.m.

There are 10 teams participating, including four all-star squads comprised of Quincy players. Other teams are from Cedar Grove, Braintree, Weymouth, Hingham, Hanover and Scituate. There is no admission and all are welcome to attend.

Funds raised will benefit the Pediatric Solid Tumor Program within Dana-Farber/Children's Hospital Cancer Care Services.

Those interested in making a contribution can contact Bob Griffin, tournament co-director, at 617-472-4811, or mail the contribution to Bob Griffin, 4 Avon Way, Quincy, MA 02169. Make checks payable to The Jimmy Fund/QYBL.

Pat Jaehnig, Steve Sullivan On Westfield Baseball Team

Quincy residents Pat Jaehnig and Steve Sullivan were contributing members of the Westfield State College baseball team that finished the 2006 season with a 16-20 record.

Jaehnig, a senior first baseman, batted .298 in 35 games and led the Owls with 18 RBI and ranked second with 34 hits, including six doubles and a home run.

The Archbishop Williams graduate committed only two errors in 274 chances for a .993 fielding percentage.

Sullivan, a 6-3, 220-pound right-handed pitcher, played a pivotal role in more than half of his team's victories as a freshman. He recorded six saves as the closer and compiled a 3-2 record as a spot starter.

PAT JAEHNIG

STEVE SULLIVAN

The Quincy High School graduate appeared in 14 games and pitched 32 innings with 21 strikeouts and a 4.78 ERA.

QUINCY'S TOPS program featured 21 participants this past spring. Front row, from left: Alex Lynch, Anthony Thornhill, Jack Peckham, Andrew Grant, Perry Suarez, Tristan Suarez, Chris Bentley, head coach Robin Franceschini. Middle row: Kaleigh Prewitt, QYS board member Don Martin, Jamarc Tidwell, junior coach Haleigh Santilli, Brian Goonan. Back row: junior coach Kate Curran, Shae Curran, TOPS director Malcolm MacNeil. Missing: Karissa Beal, Harrison Deady, Miguel DeGrazia, Jacqueline Mahoney, Ryan Mahoney, Joe Mulkerrins, Julie Nebstedt, Patrick Nebstedt, Andrew Nickerson, Justin Nickerson.

21 Participate In Soccer Outreach League

Twenty-one new soccer players got their initiation into the world's game this past spring as participants of The Outreach Program for Soccer (TOPS) league held Sunday afternoons at Pageant Field.

Co-sponsored by Quincy Youth Soccer (QYS) and the Massachusetts Youth Soccer Association (MYSA), Quincy's soccer league for special needs players began in April for children ages 5 to 14.

The program was initiated by QYS past President Malcolm MacNeil. After serving 21 years as president, MacNeil stepped aside as head of league operations last summer and assumed the post of community outreach director for the league.

"MYSA initiated the TOPS program a couple of years ago and covers expenses associated with the program, but it's up to local organizations to bring the program to their town," he said.

"Even though we have an in-house program for more than a thousand kids, and a travel program of more than 300 players, there were players in the community we weren't reaching. I knew there were kids who wanted to play but Quincy didn't have an outlet for them."

During weekly sessions, TOPS All-Stars worked on learning new skills associated with playing the game of soccer, as well as learning to work together in pairs and small groups. Each session ended with a high-spirited game with multiple goals and lots of smiles.

Serving as head coach of the program was Robin Franceschini, former Quincy High School and Cambridge Rindge and Latin varsity girls soccer coach.

"Robin came to our first meeting with the parents to get some information for a neighbor who couldn't attend," MacNeil said. "Even though she didn't have a child in the program, she came up to me afterward and said, 'I have some ideas to help with drills and games.' She's been a tremendous resource of knowledge and enthusiasm. The kids just love her."

TOPS will continue in Quincy with a second season this fall and hopes to attract more players and possibly fuel interest in neighboring South Shore communities. Currently, there are TOPS programs in Hingham, Bridgewater and Sandwich. MacNeil stated the program is actively seeking more players and more volunteers.

"We are really in need of volunteer junior coaches," he said. "Ideally, we'd have one coach-buddy per player. I'd strongly encourage high school-age players and former players who want to get involved to get in touch with the league. The rewards are indescribable."

Players from ages 5 to 16 with any type of special needs are welcome to participate. More information for players and potential junior coaches is available by contacting Quincy Youth Soccer at 617-472-9033 or visiting the league's Web site (quincyyouthsoccer.com).

Norfolk County Women's Classic 2-Ball Golf Results

Here are results from the Norfolk County Women's Classic 2-Ball at Presidents Golf Course:

Championship Flight

• First, Karen Richardson, Haverill, and Natalie Galligan, Brae Burn, 66.

• Second, Nancy Murphy, Quashnet, and Tara Joy Connelly, Cohasset, 67.

• Third, Melanie Curtin, Presidents, and Sue Curtin, Thorny Lea, 70.

• Fourth, Karen Dufault, Presidents, and Moe Forde, Potowomut, 72.

• Fifth, Laura Jean McDonald, Hatherly, and Penny Locke, Marshfield, 74.

• Sixth, Jane Welch and Genie Lynch, Winchester, 75.

• Seventh, Michelle Cox and Chris Fitzpatrick, Presidents, 76.

Flight Two

• First gross, Marcie Arnold and Rusty Murphy, Presidents, 73.

• Second gross, Dori Frankel, Spring Valley, and Anne Harrington, The Country Club, 76.

• First net, Karen Ryan and Sue Martinelli, Presidents, 57.

• Second net, Mary Von Freymann and Carol Koehler, Presidents, 60.

• Third net, Roberta McCann and Joe Damiano, Presidents, 61.

Flight Three

• First gross, Gail Keefe and Pat Walsh, Presidents, 93.

• Second gross, Pat Jacobsen and Patti Sykes, Norfolk, 99.

• First net, Pat Clancy, George Wright, and Christine Rivard, Presidents, 64.

• Second net, Marianne Keller and Ellie Flynn, Norfolk, 67.

• Third net, Joyce Bradley and Pat Shea, Norfolk, 69.

Beach Volleyball Fundraiser Saturday At WaterWorks

The first annual Beach Volleyball Blast, a fundraiser for breast cancer, will be held Saturday from noon to 4 p.m. at WaterWorks in Marina Bay, Quincy.

The event is in memory of Janet Kenneally, who died of breast cancer in 2004, and proceeds will benefit the Janet Kenneally Scholarship Fund.

The volleyball tournament costs $300 per team of six (10 teams), which includes tickets to the event and a tournament T-shirt.

The event, for ages 18 and older, will also feature a barbecue, DJ, electronic putting challenge, mechanical bull, dunk tank, bungee run, magician David Hall and trivia by Morgan White Jr.

Cost is $25 per ticket. Checks can be made payable to the Janet S. Kenneally Scholarship Fund and mailed to 139 Mt. Vernon Road West, Weymouth, MA 02189.

For tickets or more information, contact Jim Rendle at 617-773-8522 or Jim Kenneally at 781-331-1917.

by Bill Starkie and Kevin McGroarty

HOW'S THIS FOR STARTERS?

If a turn of the key fails to start a vehicle's engine, most people will focus on the battery. If the battery is fully charged, concern is then likely to turn to the starter or starter solenoid. Mounted to the starter, the starter solenoid is a large coil that converts energy into linear motion by virtue of a plunger that engages the starter. Thus, a faulty solenoid may be responsible for a "no crank" situation. Otherwise, the starter brushes may be worn. In such cases, the starter solenoid may be heard to click but the starter will fail to turn. Tapping on the starter housing may reposition the brushes to allow a few more starts, but repair is inevitable.

Starting your car is the first step to a good drive. Preventative maintenance, performed by LEO & WALT'S SUNOCO, is one way to ensure that your car will also start, and preventative measures performed now will save you money during the life of your car. If you are having problems with the battery, alternator, or starter come to 258 Quincy Ave., E. Braintree or call 781-843-1550. We are "A Place Where Your Car Can Live Longer."

HINT: Prolonged engagement of the starter can lead to heat-related damage.

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Quincy's Billy Allen To Compete In World Hydroplane Championship

In the midst of a successful assault on the Professional Racing Outboard (PRO) Division in the United States, Billy Allen of Quincy will make his first move to the world level.

Allen will compete in the 125cc World Hydroplane Championship Aug. 25-26 in Auronzo, Italy, where motor sports are a highly regarded and recognized institution.

A second generation race driver from Squantum, Allen got his start in the Stock and Modified ranks of the sport, competing for more than 20 years and earning scores of national titles, national high-point titles and world records.

A five-time national champion and five-time high point winner (best points average), Allen earned the Paul Kalb Award for accumulating the most points in one modified outboard class in a single season three consecutive times. In addition, he earned the Jerry Waldman Award twice for the most points earned in stock outboard all classes.

He set a world speed record in 2003 for the three-mile, three-lap course in B Modified Hydro and broke his own record two years later. Allen was inducted twice into the American Power Boat Association Hall of Champions before moving up to the PRO division three years ago.

BILLY ALLEN of Quincy will participate in the 125cc World Hydroplane Championship Aug. 25-26 in Auronzo, Italy. He is the two-time defending USA National Champion in the Professional Racing Outboard Division.

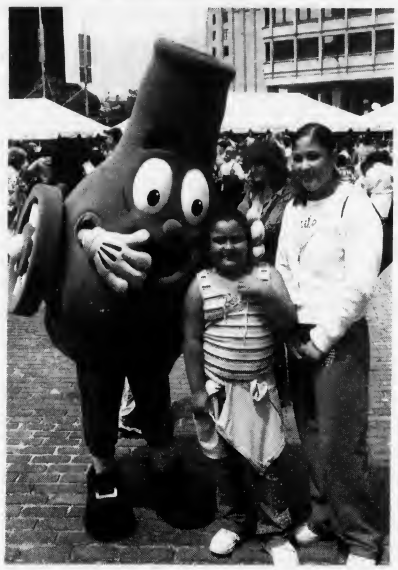
In his first trip to the USA PRO National Championship in 2003, Allen competed in the scrappy OSY 400 class, the most competitive class in the PRO division. He took home an impressive second-place finish and never looked back, claiming the national title in 2004 and 2005.

Allen's grandfather, Ramsey Allen of Quincy, was the first Mercury outboard dealer in New England. Billy's father, Bill "Racer" Allen, also of Quincy, raced for more than 30 years and was inducted into the Hall of Champions in 1982. Billy started racing in 1974 when he was 13 years old.

Every summer weekend he packs his trailer and hits the road to such racing venues as Standish, Maine; Millville, N.J.; Norwood, N.Y.; Lock Haven, Pa.; and Depue, Ill.

In his most recent competition at the Northeast U.S. Divisional Championships July 8-9 in Thompson, Conn., Allen took home the Divisional title in C Stock Hydro, the most competitive class in the country. This automatically qualified him for the national finals held Monday in Wakefield, Mich.

Allen also won two PRO division classes in Thompson (125cc and 250cc). Although not Divisional titles, these races served as a tune-up for the USA PRO Nationals that were held last Wednesday in Depue.



HAVING A BLAST - Tiara and Ariel Harvey of Quincy are greeted by Boomer, the beloved Boston Cannons mascot at the 24th Annual Scooper Bowl held recently in City Hall Plaza, Boston. Youth also lined up to test their skills in the Boston Cannons' lacrosse shot contest for a chance to win a pair of free tickets to a Boston Cannons game. The Scooper Bowl is an annual three-day event that dishes out nearly 10 tons of ice cream to nearly 30,000 participants. The event has raised nearly $1.7 million over the past 23 years for cancer care and research at the world-renowned Dana-Farber Cancer Institute.

Quincy Legion Looks Forward To Next Year

The Quincy American Legion baseball team endured tough challenges this past season both on and off the field.

Quincy, which made the playoffs the previous season, lost 16 games, including nine by two runs or less and another by forfeit.

However, Quincy concluded its season on a high note by defeating second-place Braintree, 6-4, for its second victory of the year. It also edged Braintree, 5-4, earlier in the season.

It truly was a "senior night" as several graduating players contributed to the victory.

Co-captain Drew Loud powered the offense with three hits and three RBI. The shortstop also made a fielding gem, leaping high into the air to spear a liner and quell a Braintree rally. Pitcher Dean Sandonato tossed a complete-game victory. Co-captain John Fitzgerald, a second baseman, and first baseman Matt Tobin each added an RBI.

Returning catcher Kevin Bossart knocked in a run, Jared Kenny collected two hits, and Tom Power and Steve Matos hit safely.

Many changes are taking place in the offseason as Quincy's upgrade is in full gear.

Quincy added nine rookies to this year's roster who gained valuable playing time and experience which should bode well for next season. They included Matt Jaehnig, Mike Jay, Mike Le Bel, Dave Guerriero, Glen Misho, Jay Lewis, Steve Matos, Steve Kussman and Doug Melanson.

Coach Lenny Seitz announced the team has added the services of pitching coach Tom Malvesti for the offseason. Malvesti is highly regarded as a top-notch pitching coach who has many years of successful experience with the Morrisette and Milton Legion teams.

"Tom is a much welcomed addition to our team," Seitz said. "He will be a shot in the arm for our staff, especially our young pitchers."

"We had a tough year both on and off the field," he added. "That won't happen again. We look forward to next year."

Wollaston I Narrowly Misses Playoffs

Senior Babe Ruth

Wollaston I came up short in its quest to make the playoffs in the South Shore Senior Babe Ruth baseball league.

With the winner advancing to the first round, Wollaston I (7-8-1) suffered a 12-11 setback to South Boston last Monday at King Field.

Wollaston I jumped out to an early lead as John Orlando, Paul Doolan, Joe Griffin, Steve Matos and Wendell Cosgrove each had two hits.

South Boston came charging back to take the lead in the fourth inning. Joe Cuervals came in relief and held the potent South Boston attack in check for the rest of the game, but Wollaston couldn't regain the lead.

1. Name the first baseball player to start his major-league career with five 200-hit seasons.

2. Entering 2006, who was the last set of brothers selected to play in baseball's All-Star Game in the same season.

3. Who caught the winning TD pass from San Francisco's Joe Montana when the 49ers beat Cincinnati in Super Bowl XXIII in January 1989?

4. How many consecutive seasons was the University of Kentucky men's basketball team seeded fifth or better in the NCAA Tournament before the Wildcats' No. 8 seed in 2006?

5. When was the last time before 2006 that the Edmonton Oilers won a playoff series?

6. Who won the first NASCAR night race at Bristol Motor Speedway?

7. Name the player who ended Steffi Graf's 66-match winning streak in 1990?

Answers

1. Ichiro Suzuki of Seattle, 2001-05.

2. Aaron and Bret Boone, 2003.

3. John Taylor.

4. Fifteen seasons.

5. In 1998, Edmonton beat Colorado before losing to Dallas in the Western Conference semifinals.

6. Cale Yarborough, July 20, 1978.

7. Monica Seles in the final of the German Open.

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Frank Kelly Youth Track Meet Friday At Braintree High

The Quincy Track Club will host the 30th annual Frank Kelly Memorial Youth Track Meet Friday at 6 p.m. at Braintree High School.

Sanctioned by the New England Association of USA Track and Field, the meet is being hosted at Braintree as there is no suitable track in Quincy.

The meet is open to boys and girls ages 5 to 14. Registration will begin at 5 p.m. and cost is $5 per child (free for Braintree Track Club members). Ribbons will be given to all competitors.

For more information, contact Quincy Track Club Director Geoff Hennessy at 617-510-1456.

QHS Football Preseason Schedule

Quincy High School football head coach Bob Noble announces the following schedule for the preseason:

• Equipment issue: Juniors and seniors, Aug. 7 from 6 to 8 p.m.; sophomores and freshman, Aug. 9 from 6 to 8 p.m. Bring user fee, physical card, parental permission card.

• Physicals: Aug. 11, 25 and 31 at Quincy High School from 8:30 a.m. to noon.

• Pigskin Camp: Aug. 14-18 from 8 a.m. to noon at Braintree High School. Mandatory. Cost is $85 plus $25 bus fee.

• Non-contact conditioning: Aug. 21-23 from 8 to 11:30 a.m. at Faxon Field, corner of Southern Artery and Coddington Street. Mandatory. Practice jerseys and shorts only and cleats.

• Double-session practices: Aug. 24-25, 28-30, from 8:30 to 11:30 a.m. and from 1 to 3 p.m. Bring lunch.

• Single-session practices: Aug. 26, 31, Sept. 1-2, from 8:30 to 11:30 a.m.

Dennis Thomson Golf Tournament Banquet Aug. 18

The second annual golf tournament banquet in memory of Dennis C. Thomson will be held Friday, Aug. 18, at 2 p.m. at the Quincy Sons of Italy hall.

Cost is $25 per person. There will be a buffet, raffles and many prizes awarded. Proceeds will benefit the Dennis C. Thomson North Quincy High School Scholarship Fund.

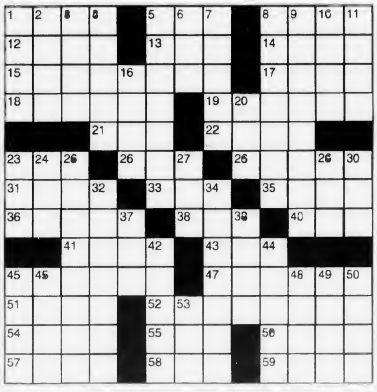
Checks and donations should be made payable to Dennis C. Thomson Scholarship Fund, c/o Mary Merna, 13 Mullins Ave., Quincy, MA 02169.

SUN FUN PAGE

King Crossword

ACROSS
1 Incite
5 "That's a laugh!"
8 Beyond control
12 Leeway
13 Katarina Witt's arena
14 Amahl's night visitors
15 April bloom
17 Overdo at the beach
18 Rate
19 Came down in buckets
21 Snitch
22 "Take - Train"
23 Petrol
26 Roulette bet
28 Bracelet site
31 Vicinity
33 Pirates' quaff
35 Abound
36 Schroeder's prop
38 Dawn goddess
40 Billboards
41 Complain repeatedly
43 1, 2, 3, etc. (Abbr.)
45 Swampland flower
47 Rag
51 Moist in the morning
52 Wonderland affair
54 Clumsy fleet
55 Hostel work environment?
56 "Clair de -"
57 Over 50 percent
58 Strange
59 Meadows

DOWN
1 Bear in the air?
2 Tiers
3 Leaves
4 Eastern potentate
5 With-it sort
6 Expert
7 "Damn Yankees" song
8 Encompassing
9 Hawaiian volcano
10 Shrek, for one
11 Benevolent
16 Autocrat
20 "Eureka!"
23 Hiatus
24 Jackie's second mate
25 Seattle squad
27 Payable
29 Started
30 Type squares
32 Shrink
34 Papas's "Z" co-star
37 Tramcar contents
39 Daytime drama
42 Cookout site
44 Play for time
45 Leading man
46 Celsius equivalent of 32 degrees Fahrenheit
48 Authentic
49 Lab vessel
50 Deli loaves
53 This clue's place, aptly



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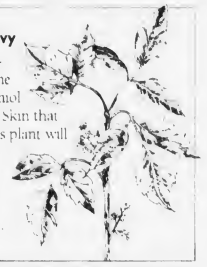
The Garden Bug

Poison ivy

This tree-climbing vine contains urushiol oil, a powerful irritant. Skin that contacts any part of this plant will break out in viciously itchy rashes that are very difficult to relieve. Remember the saying: "leaflets three, let it be".



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MAGIC MAZE

THEIR NAMES ARE ON A WASHINGTON D.C. BUILDING

S E B Y V S P M J H R E B Y V
T M Q L O L N I G E D B Y W T
R P A M L O N G W O R T H N K
T I F D N A D O S F B Y O W U
S R L N A Q H O S O M S O S K
I F A L D N E S K R I D V E B
Z C X H E W H U R D E R E L S
Q O N S L S J O A A H F R C F
D C I A Y W S M J V M T F C S
Q E P N L K I U H N A G A E R
F E C B Z Y W N R U B Y A R J

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Cannon	Ford	Longworth	Reagan
Dirksen	Hart	Madison	Rios
Eccles	Jefferson	Marshall	Russell
Eisenhower	John Adams	Rayburn	

Trivia test by Fifi Rodriguez

1. ANIMAL KINGDOM: What is a male ferret called?
2. HISTORY: During which war did Harry Truman fire Douglas MacArthur?
3. GEOGRAPHY: The city of Cartagena, Spain, lies on which body of water?
4. EXPLORERS: What was the nationality of explorer Roald Amundsen?
5. MEASUREMENTS: What does an erg measure?
6. ARTS: What line of work made Le Corbusier famous?
7. TELEVISION: Which state was the main setting for "Knots Landing"?
8. MYTHOLOGY: The river in Hades called Acheron is described in what way in Greek mythology?
9. MOVIES: Where did most of the movie "The Killing Fields" take place?
10. LITERATURE: Novelist Ursula LeGuin is well-known for writing in what genre?

Answers
1. A hob
2. Korean War
3. Mediterranean Sea
4. Norweigan
5. Energy
6. Architecture
7. California
8. River of woe
9. Cambodia
10. Fantasy

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HOCUS-FOCUS

BY HENRY BOLTINOFF

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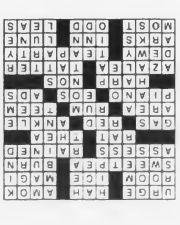
FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

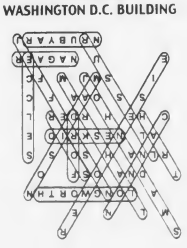
Differences: 1. Suspenders are different. 2. Shoelace is missing. 3. Sign is lower. 4. Drop of water is missing. 5. Hand is showing. 6. Leaves are added.

King Crossword — Answers



Magic maze — Answers

THEIR NAMES ARE ON A WASHINGTON D.C. BUILDING



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Salome's Stars

ARIES (March 21 to April 19) A misunderstanding tests the temperament of the sometimes headstrong Aries. Instead of blowing your top, take time for a pleasant diversion while things cool down.

TAURUS (April 20 to May 20) A workplace problem could make the divine Bovine see red. But talk it out before you consider walking out. Some surprising facts emerge that change your earlier focus.

GEMINI (May 21 to June 20) You face a choice between ignoring your uneasy feelings about your relationship with that special person and demanding explanations. A close friend offers wise counsel.

CANCER (June 21 to July 22) A change you'd been hoping for carries an unexpected complication. Stay the course, and things will work themselves out. Be sure to make time for family and friends.

LEO (July 23 to August 22) Aspects favor spending time with loved ones. On the job, new ideas are generally welcomed. But some demands for changes could cause problems. Be ready to defend your choices.

VIRGO (August 23 to September 22) Good news: That workplace problem is close to being resolved with results that should please everyone. Take time off to indulge your love of fun and games.

LIBRA (September 23 to October 22) Most of the time you are the most unflappable person around. But be ready to be thrown off-balance in the nicest way when Cupid takes aim in your direction.

SCORPIO (October 23 to November 21) It's not often when someone tries to "sting" the sharp-witted Scorpion. But it can happen. Continue to be skeptical about anything that seems too good to be true.

SAGITTARIUS (November 22 to December 21) Your strong sense of self-esteem helps you serve as a role model for someone who needs personal reassurances. Your efforts pay off in an unexpected way.

CAPRICORN (December 22 to January 19) Someone close considers revealing a painful secret. Withhold judgment. Instead, open your generous heart, and offer dollops of your love and understanding.

AQUARIUS (January 20 to February 18) Your talents as a peacemaker are called upon once more as an old problem re-emerges with new complications. Move cautiously in order to avoid falling into hidden traps.

PISCES (February 19 to March 20) Your artistic side is enhanced with the reception given to your new project. Use this success as encouragement toward fulfilling your larger goals.

BORN THIS WEEK: Your natural sense of leadership is combined with a deep sense of responsibility. People trust you to give them both guidance and understanding.

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Wishing Well®

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G	Y	E	F	T	R	O	I	O	E	P	S	R
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E	N	S	T	L	D	A	O	C	P	T	V	E

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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OBITUARIES

Ann Clarke

Retired Hospital Principal

ANN CLARKE

A funeral Mass for Ann (Rabasco) Clarke, a retired hospital principal, of Quincy, was celebrated Monday at Saint Ann's Church, Wollaston.

She died July 27 at Quincy Medical Center.

She worked with Sears Roebuck in Boston as a Division Manager, retiring in 1950. She was then Principal of the Dietary Division of Long Island Hospital from 1950-1983.

Mrs. Clarke was active at the voting polls at Squantum Schools, and an active member of the Squantum Womens Club, serving as president from 1992-1995. She was active in the AFL-CIO, former Treasurer and Secretary of the A.F.S.C.M.E, Presidents Club member for 20 years for Avon Cosmetics, which she was involved in for over 40 years.

Born Boston, she was a resident of Quincy for 60 years.

Wife of the late Ernest E. Clarke, she is survived by her two daughters, Linda A. (Clarke) Sheehan, of Hingham, and Dana Clarke of Quincy.

Burial was in Massachusetts National Cemetery, Bourne.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St., Wollaston.

Frederick R. Levesque, 72

Retired Freight Handler

Frederick R. Levesque, 72, of Holbrook, formerly of Quincy, a retired freight handler, died July 27 at home.

Mr. Levesque worked for Penn Central Railroad and Boston Albany Railroad for about 20 years.

Born in Waltham, he lived in Weymouth and Quincy before moving to Holbrook five years ago.

Husband of the late Helen (Ceppi) Levesque, he is survived by six sons, Frederick R. Levesque Jr. and Dennis Levesque, both of Rockland, William Levesque of Hanson, Brian Levesque of Randolph, Kenneth Levesque of Quincy and Michael Levesque of Holbrook; two daughters, Annmarie Stone of Quincy and Mildred Archibald of Weymouth; a brother, Henry Levesque of Holbrook; two sisters, Marjorie Nicholson of Holbrook and Lorraine Morgan of Weymouth; 16 grandchildren and six great-grandchildren.

Burial was private.

Memorial visitation was July 29 at the Cartwright Funeral Home, Holbrook.

Richard Moses, 87

Writer of Broadway Shows, Screenplays

RICHARD MOSES

A funeral service for Richard Moses, 87, of Quincy, writer of Broadway shows and movie screenplays, was held recently.

He was also known as Shompa Lodro.

Mr. Moses was a writer of Broadway shows, movie screenplays and jazz record reviews for Metronome Magazine.

In the 1980s and the 1990s he worked for United Artists, where he marketed movies for television. He wrote the screenplay for the 1981 movie "On the Right Track," with Gary Coleman.

Earlier in his life, he was a press agent and publicist for several musicians, actors, and artists, including Billie Holliday, Stan Kenton and Dizzie Gillespie.

He socialized with musicians and creative people such as Max Roach, Abbey Lincoln, Rahsaan Roland Kirk, Elvin Jones and Charles Mingus, who recorded a piece for Mr. Moses called "Meditations for Moses."

Later in life he socialized with spiritual master and guitarist Bhapuji Tisziji Munoz. Mr. Moses became a member of Tisziji's circle of light, and was given the name "Shompa Lodro": youthful intelligence. Mr. Moses also contributed to Tisziji's CD "Love at First Sound."

He was born in New York City.

Husband of the late Greta Moses, he is survived by a son, Rakalam Bob Moses of Quincy, and a grandson, Rafael Moses.

Funeral arrangements were made by Hamel Wickens and Troupe Funeral Home, 26 Adams St.

Gertrude M. Mollon, 71

Homemaker

A funeral Mass for Gertrude M. "Trudy" (McIsaac) Mollon, 71, of Weymouth, formerly of Quincy, a homemaker, was celebrated July 31 at St. Albert the Great Church, Weymouth.

She died July 27 at home after a brief illness.

Born and raised in Nova Scotia, Canada, Mrs. Mollon lived in Dorchester and Quincy for many years before moving to Weymouth.

She is survived by her husband, Donald R. Mollon; two sons, David D. Mollon of Abington and Raymond A. Mollon of Brockton; four daughters, Donna E. Flanagan of Aston, Pa., Carmella M. Pizziferri of Quincy, Gail A. O'Malley of Walpole and Patricia M. Reynolds of Lowell; three sisters, Arlene Lypchuk of Winnipeg, Manitoba, Canada, Sharon McIsaac of Toronto and Genevieve Traub of Brampton, Ontario, Canada; and 13 grandchildren.

Burial was in Village Cemetery, Weymouth.

Funeral arrangements were by Clancy-Lucid Funeral Home, Weymouth.

Donations may be made to the American Cancer Society, 1115 West Chestnut St., Brockton, MA 02031.

Pauline Sarver

A funeral service for Pauline (Udelson) Sarver of Wollaston, formerly of Mattapan, was held July 27 at Schlossberg-Solomon Memorial Chapel, Canton.

She died July 25.

Wife of the late Israel "Eddie" Sarver, she is survived by a son, Michael Sarver of New York; her siblings, Ethel Cohen of Randolph and Micky Rosen of Quincy; and many nieces and nephews.

Elizabeth M. Johnston, 69

Former Clerk, Housekeeper

ELIZABETH JOHNSTON

A funeral Mass for Elizabeth M. (Keefe) Johnston, 69, of Quincy, a former clerk and housekeeper, was celebrated July 27 at St. John's Church, Quincy.

She died July 24 at Quincy Medical Center after a brief illness.

Mrs. Johnston was a clerk at Quincy District Court for 10 years and she later worked as a housekeeper at the former Quincy City Hospital for 20 years.

A lifelong Quincy resident, she graduated from Quincy High School in 1955.

Wife of the late Francis M. "Frank" Johnston, she is survived by a daughter, Cynthia A. Johnston-Perri of Quincy; a son, Edward F. Johnston of Quincy; a brother, Robert J. Keefe of Illinois; her twin sister, Barbara L. Egan of Quincy; two grandchildren; many nieces and nephews; and lifelong friends, Mary Lou and Bob Westland of Quincy.

Burial was in Pine Hill Cemetery.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Donations may be made to the American Heart Association, 20 Speen St., Framingham, MA 01701.

Ann J. Kelty, 97

Homemaker

ANN J. KELTY

A funeral Mass for Ann J. (Murray) Kelty, 97, of Quincy, a homemaker, was celebrated July 28 at St. Agatha Church, Milton.

She died July 23 at Quincy Medical Center.

Mrs. Kelty devoted herself to her seven children after her husband died in 1957.

She was born in Boston.

Wife of the late James L. Kelty, she is survived by a son, Brian Kelty of Marshfield; five daughters, Margaret McSweeney of New Jersey, Contance Tegan of Florida, Diane McCarthy of Norwell, Ann Carpenter of Alabama and Carol Ciliberti of Pennsylvania; 22 grandchildren and 25 great-grandchildren. She was the mother of the late Patricia Warren.

Burial was in Milton Cemetery.

Funeral arrangements were by Dolan Funeral Home, Milton.

Rosemary T. Kerrissey

A funeral Mass for Rosemary T. (Lynch) Kerrissey of Quincy, formerly of Charlestown, will be celebrated today (Thursday) at 10 a.m. at St. Ann's Church, Quincy.

She died Monday.

She is survived by her husband, George Kerrissey; two sons, Daniel Kerrissey of Weymouth and Timothy Kerrissey of Abington; a daughter, Susan Sullivan of Bridgewater; a sister, Ruth Lonergan of Tewksbury; seven grandchildren and three great-grandchildren.

Burial will be in Massachusetts National Cemetery, Bourne.

Visiting was 5 to 8 p.m. Wednesday at Lydon Funeral Home, 644 Hancock St.

Donations may be made to Old Colony Hospice, 1 Credit Union Way, Randolph, MA 02368.

DON MCCARTHY
Managing Director

A THOUGHT FOR THE WEEK

It has been said that worry, like a rocking chair, will give you something to do, but it won't get you anywhere. . .

Psychologists tell us that 80% of the things worried about never happen. It is said a good way to reduce worry is to write down the worst that could happen and see if the thing or things you worry about actually happen. It is claimed that facing the fact in this way can help you reduce worry. Maybe so. But, sadly, some people simply cannot face facts.

Yet, there is a way for everyone to overcome most worrying. Worrying is negative thinking . . . Replace such thoughts with positive thinking. The best positive thinking the world has ever heard of is the 23rd Psalm . . . "I will fear no evil, for Thou art with me." . . . Believe it. Keep on believing it . . . Millions of people have proved it true.

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John V. O'Brien, 72

Exterminator

JOHN V. O'BRIEN, 72

A funeral Mass for John V. O'Brien, 72, of Quincy, previously of Dorchester, an exterminator, was celebrated Monday at the Most Blessed Sacrament Church, Quincy.

He died July 27 at home after a long illness.

He was an exterminator for over 30 years. He worked for the former Thomas A. Sheehan Company in West Roxbury for many years. For the past several years he was the owner and operator of the Ladybug Pest Control Company of Quincy.

He served in the U.S. Marine Corps from 1954 through 1956.

Born in Boston, he was raised and educated in Boston's Mission Hill section. Previously of Dorchester, moved to Quincy in 1970.

He is survived by a daughter, Linda P. O'Brien Lindsay, of Quincy; two sisters, Patricia Connell of Needham and Maureen McNeil of Norwood; his companion, Patricia M. O'Brien, and one grandson.

Burial at Mount Benedict Cemetery was private.

Funeral arrangements were by Sweeney Brothers Home for Funerals, Inc., 1 Independence Dr.

Donations may be made to the Quincy Veteran's Council c/o Quincy Veteran's Services, 24 High School Ave., Quincy, MA 02169.

Mary M. Gilmartin, 89

Retired Administrative Assistant

MARY M. GILMARTIN

A funeral Mass for Mary M. Gilmartin, 89, of Braintree, formerly of Quincy, a retired administrative assistant, was celebrated July 27 at St. Agatha Church, Milton.

She died July 23 at Quincy Medical Center.

She began her career working for the federal government in communications. She later worked as an administrative assistant for Armstrong World Industry, later called Korr Company, in Braintree, retiring in the mid-1980s. She was a volunteer at Carney Hospital in Boston.

Born in Quincy, she lived in the city before moving to Braintree five years ago. She graduated from North Quincy High School and Fisher College.

She is survived by a brother, Thomas Gilmartin of Weymouth; and many nieces and nephews.

Burial was in Mount Wollaston Cemetery.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Donations may be made to the Joslin Juvenile Diabetes Center, 1 Joslin Place, Boston, MA 02215.

C. Edward O'Connell, 83

Retired Quincy Fire Dept. Lieutenant

A funeral service for C. Edward "Bud" O'Connell, 83, of Brockton, formerly of Quincy, a retired Quincy Fire Department lieutenant, was held July 28 at Sweeney Brothers Home for Funerals, 1 Independence Ave.

He died July 25 at Boston Medical Center after a brief illness.

Mr. O'Connell was the third in a five-generation family of firefighters dating back 108 years since 1898. He was appointed to the Quincy Fire Department May 31, 1947 and was promoted to rank of lieutenant Feb. 26, 1955.

During his career, he served on Engine 5, Engine 6, Hose 1, Engine 3, Engine 7, Engine 2 and at the time of retirement as lieutenant of Ladder 4. He served the department for 32 years, retiring Sept. 28, 1979.

He was a World War II veteran, serving in the Coast Guard as a radioman first class. He served on various ships in the Greenland area.

Mr. O'Connell was a past director of the Quincy Municipal Credit Union. He was an avid tennis player in high school and as a young man.

Born and raised in Quincy, he graduated from North Quincy High School. He lived in the city before moving to Brockton nine years ago.

Husband of the late Shirley W. (Goodwin) O'Connell, he is survived by a son, Paul E. O'Connell of Stoughton, retired chief, Quincy Fire Dept.; a daughter, Cheryl D. Rogers of Bridgewater; four grandchildren and four great-grandchildren. He was the father of the late Thomas G. O'Connell.

A private burial with military honors was in Massachusetts National Cemetery, Bourne.

Donations may be made to the American Heart Association, 20 Speen St., Framingham, MA 01701-4688, or to charity of choice.

Rita J. O'Toole, 92

Telephone Rate, Route Operator

A funeral Mass for Rita J. (Lydon) O'Toole, 92, of Hanson, formerly of Quincy, a telephone rate and route operator, will be celebrated today (Thursday) at 10 a.m. at Sacred Heart Church, North Quincy.

She died Monday at her daughter's home in Hanson.

Mrs. O'Toole worked for New England Telephone Co. for 35 years, retiring in 1976.

She was active at Sacred Heart Church. She was citizen of the year in 1997.

Born in South Boston, she graduated from South Boston High School. She lived in Quincy for more than 40 years before moving to Hanson five years ago.

Wife of the late Andrew O'Toole, she is survived by a daughter, Andrea Epps of Hanson; a son, Gerard O'Toole of Hanson; two granddaughters and three great-grandchildren.

Visiting was 2 to 4 and 7 to 9 p.m. Wednesday at Keohane Funeral Home, 785 Hancock St.

Donations may be made to Divine Mercy, c/o The Sisters of Our Lady of Mercy, 241 Neponset Ave., Dorchester, MA 02122.

Dennis R. McGowan, 69

Retired QMC Maintenance Worker

A funeral service for Dennis R. McGowan, 69, of Middleboro, formerly of Quincy, a retired maintenance worker at Quincy Medical Center, was held Wednesday at Waitt Funeral Home, Brockton.

He died Monday at home under hospice care after a short battle with cancer.

Born in Jersey City, N.J., Mr. McGowan was raised in Roxbury. He lived in Quincy and Brockton before moving to Middleboro in 2002.

He is survived by his wife, Jane (Scott) McGowan; three daughters, Denise Bohan of Brockton, Donna McGowan of Long Island, N.Y., and Kristina McGowan of Shrewsbury; a son, Dennis McGowan of Hanson; a brother; five grandchildren; two great-grandchildren; and many nieces and nephews.

Donations may be made to the Cranberry Hospice, 36 Cordgage Park Circle, Plymouth, MA 02360, or to Jordan Hospital Cancer Center, 275 Sandwich St., Plymouth, MA 02360.

Dorothy M. Gilbride, 97

Retired Quincy Teacher

A funeral Mass for Dorothy M. Gilbride, 97, of Quincy, a retired Quincy teacher, was celebrated Monday at St. Ann's Church, Quincy.

She died July 28 at William B. Rice Eventide Nursing Home, Quincy.

Miss Gilbride taught at Central Junior High School in Quincy for 35 years, retiring in 1972.

She was past president of the Quincy Teachers Association and chairman of the Quincy Retired Teachers Association.

She was a member of the Sacred Heart Catholic Women's Club and the St. Ann's Senior Citizens.

Born in Attleboro, she lived in Quincy for 72 years. She graduated in 1931 from Regis College, where she was a member of the Tower Club and Founders Club. She earned a degree from Boston University and studied at the Sorbonne in Paris and Lavelle College in Canada.

She is survived by two cousins.

Burial was in Mount Wollaston Cemetery.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St., Wollaston.

Donations may be made to Regis College, 235 Wellesley St., Weston, MA 02493.

Florence M. Picardi, 79

Retired Telephone Operator, Supervisor

A funeral Mass for Florence M. Picardi, 79, of Quincy, formerly of Braintree, a retired telephone operator and supervisor, was celebrated Wednesday at St. Francis of Assisi Church, Weymouth.

She died July 29 at home.

Miss Picardi worked for New England Telephone Co. for more than 40 years in Braintree, Quincy and Dorchester. She retired in 1988.

She was a member of Telephone Pioneers of America and St. Francis of Assisi Church.

She graduated from Braintree High School and lived in Braintree before moving to Quincy seven years ago.

She is survived by two brothers, Vincent Picardi of Quincy and George Picardi of Weymouth; and many nieces, nephews, grandnieces and grandnephews.

Burial was in St. Francis Xavier Cemetery, Weymouth.

Funeral arrangements were by McMaster Funeral Home, Braintree.

Donations may be made to the Italian Home for Children, 1125 Centre St., Jamaica Plain, 02130-3495.

Jeanette M. Southerland, 88

Homemaker

A funeral Mass for Jeanette M. (Fleury) Southerland, 88, of Quincy, a homemaker, was celebrated Wednesday in Holy Trinity Parish at Most Blessed Sacrament Church, Quincy.

She died Sunday at home after a long illness.

Mrs. Southerland worked several years at the former Fore River shipyard in Quincy during World War II.

She was a longtime member of Most Blessed Sacrament Church and was a former member of the Ladies Sodality.

Born in Sanford, Maine, and raised and educated in Gonic, N.H., she lived in Quincy for more than 70 years.

Wife of the late John R. Southerland, she is survived by three sons, Robert E. Southerland of Millbury, Paul E. Southerland of Plymouth and David M. Southerland of Abington; a daughter, Rita J. Cappellano of Quincy; 14 grandchildren and three-great-grandchildren.

She was the mother of the late John R. Southerland.

Burial was in Mount Wollaston Cemetery.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Donations may be made to Hospice of the South Shore, 100 Bay State Drive, Braintree, MA 02184.

Elizabeth C. Walsh, 82

Retired Quincy District Court Employee

A funeral Mass for Elizabeth C. "Betty" Walsh, 82, a lifelong Quincy resident, a retired Quincy District Court employee, was celebrated Monday at St. Joseph's Church, Quincy.

She died July 28 at John Adams Health Care Center in Quincy after a brief illness.

Ms. Walsh worked at Quincy District Court for 25 years, retiring in 1989. She previously worked at the former Lincoln Store in Quincy Center for more than 20 years.

Born and raised in Quincy, she attended St. John's Elementary School and graduated from Quincy High School in 1943.

She is survived by several friends, Marie Arienti, Jolene Howell, and Thomas and Theresa Wholley, all of Quincy, and Edith Brigham of Cohasset.

Burial was in Mount Wollaston Cemetery.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Vets Adviser At COA Office

John D. Miller of Home Care Partners, will be at the Council on Aging office, 83 Saratoga St., each Wednesday to advise veterans or their surviving spouses of their in-home care benefits.

To schedule an appointment, call the Council on Aging at 617-376-1506.

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RELIGION

Houghs Neck Congregational Church Seeks Entries For Fall 'Country Fair'

Quilting, pie baking, tomato growing and jam-making are some of the contests to be held as part of Houghs Neck Congregational Church's upcoming Fall Country Fair.

To be held Saturday, Sept. 30 at the church, 310 Manet Ave., the Country Fair will feature of a number of prize contests, including contests for quilting, jam and jelly making, pie baking, flower arranging, tomato growing and zucchini growing.

Additional contests will offer prizes for funniest pet photo, best African violet and a best vegetable sculpture for kids age 12 and under.

To receive a copy of the contest rules and an entry form, e-mail hncc@comcast.net and write "Fair Contest" in the subject line, or call Sue at (617) 479-2311.

'Summer On The Hill' At First Baptist Church

First Baptist Church of Wollaston, 81 Prospect Ave., Wollaston, will sponsor "Summer on the Hill" Monday, Aug. 7 through Friday, Aug. 11 from 9 a.m. until noon.

During this week, the Harmony Youth Chorus for boys and girls who have completed grades 1 through 7 will produce a musical play with parts for everyone.

Cost is $25 per person or $45 per family.

The activities are for boys and girls of all faiths and cultures.

For information or to register, call the church office at 617-472-0824.

Bethany Congregational

Bethany Congregational Church, 18 Spear St., Quincy Center, will have Communion Sunday worship beginning at 10 a.m.

The Rev. Gary W. Smothers will conduct the service and preach a sermon entitled "Sermons from Mark 4) Testing Time."

There will also be a children's message.

Childcare is available for infants and toddlers.

Following the worship service there will be a fellowship time in the Allen Parlor. Light refreshments will be served.

SWAP Earns Tax Abatements

The Council on Aging has a SWAP (Senior Workers' Abatement Program) that enable the elderly to work 89 1/2 hours a year and earn $600 towards their real estate tax bills.

For further details, call Dorothy Dow at 617-376-1508.

Covenant Congregational Church Vacation Bible School Aug. 7-11

The Covenant Congregational Church, 315 Whitwell St., Quincy, will hold its Vacation Bible School Monday, Aug. 7 through Friday, Aug. 11 from 6:30 p.m. to 8 p.m. daily.

This year's theme is "God's Direction is Always Best." Students will "travel" to China, Chile and Chad and learn how God loves everyone in this world the same.

The school is free but is limited to children who are going into fifth grade, down to five years old.

For more information, or to register a child, call Covenant Congregational Church at 617-479-5728.

Salvation Army Vacation Bible School

The Salvation Army will hold its annual Daily Vacation Bible School Aug. 14-18 from 10 a.m. to 2 p.m. each day for children in grades 1-6.

Preschool children who attend the Sonshine Preschool are also invited to attend.

The school is free. Each child should bring a lunch. There will be a Bible story, gym time, craft time, and singing each day.

To register, call 617-472-2345.

On Thursday, Aug. 17 from 6 to 7:30 p.m., the Salvation Army will hold a free family fun night. There will be games, a moon walk, a dunk tank, and prizes.

Free hot dogs and beverages will be served.

Quincy Point Congregational

The Sacrament of Holy Communion will be celebrated Sunday at the 10 a.m. worship service at Quincy Point Congregational Church, 444 Washington St.

The sanctuary is air-conditioned.

Rev. Ann Suzedell's sermon will be "Bread from Heaven."

David Baharian will play the organ and special music will be offered by Susan Dolan of Marshfield.

Sherri Pitts will serve as Deacon of the Day.

A fellowship hour follows the worship service.

Blood Drive At Sons Of Italy Aug. 28

The American Red Cross will hold a blood drive Monday, Aug. 28 from 1 to 7 p.m. at the Quincy Sons of Italy, 120 Quarry St.

To make an appointment to donate, call 1-800-448-3543. Positive ID is required.

There will be a drawing for gas cards and tickets to King Richard's Fair at the blood drive.

Quincy Religion Directory

SERVICES & ACTIVITIES

Assemblies of God

Glad Tidings
158 Washington St., Quincy
phone: 773-9797
Rev. Gregory E. Wheaton, Pastor
Sunday Worship 8:30 11 a.m., Christian Ed 10 a.m., Senior Hi Youth 7 p.m., Wed. 7 p.m. Berean Bible Study, Royal Ranger Missionettes. Friday Junior Hi Youth 7 pm
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•Contemporary Worship
•Marriage & Family Group
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12 noon at Star of Sea Church
Weekday Masses
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Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
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Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
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Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
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44 School St., Quincy
617-773-1021
Weekend Mass Schedule
Saturday (Vigil Mass) 4 p.m.
Sunday 7:30 a.m., 9 a.m. and 11 a.m. (Family Liturgy)
Weekday Masses
Monday - Saturday 8 a.m.
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
• 617-479-5400
Pastor: Rev. John J. Ronaghan
Weekend Mass Schedule:
Saturday 4:00 PM
Sunday 7:00, 9:00, 11:30AM
Daily Masses: 9:00 AM
Handicapped Chairlift Available

Congregational

HOUGHS NECK CONGREGATIONAL CHURCH
310 Manet Ave., Quincy
Sunday, august 6
Service Of Divine Worship 9:30 am
Sunday School 9:30 AM
Series of Sermons on The Lord's Prayer
'Thy Will Be Done'
Rev. John Castricum
617-479-8778
Lois Zulauf : Minister of Music

BETHANY CONGREGATIONAL CHURCH
Corner of Spear & Coddington Sts., Quincy Center • 617-479-7300
10 AM Communion Sunday Worship
Rev. Gary Smothers - 'Sermons From Mark'
Childcare Available for Infants, Toddlers
Fellowship Follows Service in Allen Parlor

QUINCY POINT CONGREGATIONAL CHURCH
444 Washington St. • 617-773-6424
Worship and Church School 10 am
Rev. Ann Suzedell, Pastor
visit us at www.QPCC.org

UNION CHURCH
Beach St. & Rawson Rd., Wollaston
Sunday Service 10 AM
617-479-6661
Good Bible Preaching & Traditional Worship
Rev. John Carl Swanson, Pastor

PEACE

Congregational

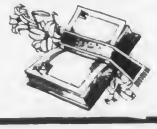
WOLLASTON CONGREGATIONAL CHURCH
48 Winthrop Ave. - 617-773-7432
Pastor: Rev. Mary Lou Gifford
Summer Worship Schedule
Wednesdays through Sept. 6
Potluck Supper - 6 p.m.
Informal Worship 7 p.m.
Aug. 16 Worship Geared Especially For Children & Youth
"The Camp"

Covenant

COVENANT CONGREGATIONAL CHURCH
Corner of Whitwell & Granite St.
Sunday Worship 10:00 AM
Rev. Karen Palmatier, Pastor
Child Care Available - All Are Welcome
Children's Pantry
Wed., Thur. 9:30 am - 12 noon
617-479-5728
VACATION BIBLE SCHOOL - AUG. 7-11

Nazarene

Wollaston Church of the Nazarene
37 E. Elm Ave., Wollaston
(617) 472-5669
On The Campus Of Eastern Nazarene College
Pastor: Rev. Fred. Fullerton
Sunday Services
8:30 am - Holy Communion
9:45 am - Adult & Children's Sunday School
11 a.m. - Blended Worship Service
Come Worship with Us!



Episcopal

St. Chrysostom's Episcopal Church
Corner of Hancock & Linden Sts.
Quincy • (617) 472-0737
Rev. David Hefling
Holy Eucharist 9 AM - Sunday School and Nursery Care During Service
Coffee Hour Following
ALL WELCOME
THRIFT SHOP CLOSED FOR THE SUMMER

Evangelical

EVANGELICAL CHURCH OF ATLANTIC
65 Newbury Ave. North Quincy
(617) 847-4444
Pastor Bill Donahue
Sunday Morning Worship 10:10 AM
Childcare Available

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Dr. Susan Jarek-Glidden, Pastor

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45 SUNDAY SCHOOL
11AM WORSHIP SERVICE
BRASS BAND MUSIC
7PM TUES WOMEN'S FELLOWSHIP
7:15PM WED. BIBLE STUDY

Spiritualist

First Spiritualist Church of Quincy
40 West St., Quincy, MA 02169
(617) 770-2246
Services: Sunday 11 a.m. to 12:30 PM
Coffee and Conversation following service.
Services 8 PM Wednesdays June, July, August
Pastor Rev. Rita S. Berkowitz, C.H., C.M

ARC Of The South Shore Names Claudia Cuscianna Development Coordinator

Claudia Cuscianna of Quincy has been named development coordinator of The ARC of the South Shore, announces Executive Director David C. Calhoun.

Cuscianna will be instrumental in increasing donor support to The Arc of the South Shore, which provides advocacy, support, training and services to more than 1,500 South Shore children and adults with developmental disabilities each year. She will oversee all donor giving programs, as well as the Annual Fund and grant writing, while also recruiting and supporting all volunteers and memberships.

CLAUDIA CUSCIANNA

Cuscianna has more than seven years of experience in the fundraising industry. Prior to joining The Arc of the South Shore, she worked in Donor Relations at Partners Home Care in Rockland. She was also a corporate membership officer at the Museum of Science in Boston, and a membership and educational program officer at the Smaller Business Association of New England in Waltham.

Cuscianna is also a current member of Women in Development.

She said she joined The Arc of the South Shore based on the organization's constant support of its members, their families and the communities it serves.

Cuscianna received a B.A. in political science and history from Curry College in Milton. She also received her French diplomacy and translations certificate from Ecole Lemania, Lausanne, Switzerland.

In her spare time, Cuscianna is a volunteer at the Pine Street Inn, the Museum of Science and the Japan Society in Boston. She enjoys swimming, horseback riding and spending time with her husband, Manny, and their two-year-old daughter, Avelina.

The Arc of the South Shore, located in Weymouth, MA, is a 501(c) (3) non-profit organization, serving people of all ages. The Arc of the South Shore has been working since 1951 to provide advocacy and support to children and adults with mental retardation and developmental disabilities and their families.

For more information on The Arc of the South Shore, call 781-335-3023 or visit www.arcsouthshore.org.

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P1804EP
In the Estate of
MARY M. BURKE
Late of QUINCY
In the County of NORFOLK
Date of Death
June 18, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that MARY JOANN REEDY of BRAINTREE in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **SEPTEMBER 6, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, July 24, 2006.

PATRICK W. McDERMOTT
Register of Probate

8/3/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P1801EP
In the Estate of
WILSON EARL GOODWIN
AKA
WILSON E. GOODWIN
Late of QUINCY
In the County of NORFOLK
Date of Death
April 29, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that GARY GOODWIN of ROCKLAND in the County of PLYMOUTH or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **SEPTEMBER 6, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, July 24, 2006.

PATRICK W. McDERMOTT
Register of Probate

8/3/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P1793AA
In the Estate of
EVELYN ADA WADE
AKA EVELYN WADE
Late of QUINCY
In the County of NORFOLK
Date of Death
August 11, 2004
NOTICE OF PETITION FOR APPOINTMENT OF ADMINISTRATOR WITH THE WILL ANNEXED

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that VIRGINIA E. LEVEILLE of QUINCY in the County of NORFOLK or some other suitable person be appointed as administrator with the will annexed of said estate to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **SEPTEMBER 6, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, July 24, 2006.

PATRICK W. McDERMOTT
Register of Probate

8/3/06

QUINCY SUN NEWSCARRIERS WANTED

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NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-064

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, AUGUST 22, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of 86 GREENLEAF STREET, LLC. PAUL TALKOWSKI, MANAGER for a VARIANCE & FINDING to convert the existing nursing home into a nine (9) unit residential condominium building in a Residence B zoning district in violation of Title 17 as amended Chapter 17.20.040 (Table of Dimensional Requirements) and Chapter 17.28 (Parking Requirements) on the premises numbered 86 GREENLEAF STREET, QUINCY.

Jack Garland, Chairman

8/3, 8/10/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-065

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, AUGUST 22, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of KIM VO for a VARIANCE & FINDING to subdivide an existing 11,945 square foot lot into two parcels, Lot A & Lot B. The existing dwelling will remain on Lot A and a new dwelling will be constructed on Lot B in violation of Title 17 as amended Chapter 17.24.020 (Nonconformance) and Chapter 17.20.040 (Table of Dimensional Requirements) on the premises numbered 204-206 SOUTH STREET, QUINCY.

Jack Garland, Chairman

8/3, 8/10/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-066

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, AUGUST 22, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of FRANK J. BRIDGEMAN for a VARIANCE to construct a two family, duplex type dwelling in an Industrial A zoning district in violation of Title 17 as amended Chapter 17.16.020.1.b (Use Regulations), Chapter 17.20.040 (Dimensional Requirements) and Chapter 17.28 (Parking & Loading Requirements) on the premises numbered 29 BOWER ROAD, QUINCY.

Jack Garland, Chairman

8/3, 8/10/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-067

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, AUGUST 22, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of DONNA P. NGUYEN for a VARIANCE & SPECIAL PERMIT to demolish the existing structure and build a three (3) family dwelling in a Residence B zoning district in violation of Title 17 as amended Chapter 17.20.040 (Table of Dimensional Requirements) and Chapter 17.24.020 (Nonconformance) on the premises numbered 150 BILLINGS STREET, QUINCY.

Jack Garland, Chairman

8/3, 8/10/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-068

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, AUGUST 22, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of STEVE & MELISSA DEADY for a VARIANCE to demolish the existing dwelling and to build a new single family dwelling on the existing footprint in a Residence A zoning district in violation of Title 17 as amended Chapter 17.20.040 (Table of Dimensional Requirements) on the premises numbered 21 LAKESIDE AVENUE, QUINCY.

Jack Garland, Chairman

8/3, 8/10/06

INVITATION TO BID **INVITATION TO BID**

INVITATION TO BID
CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK STREET, QUINCY, MA 02169

The City of Quincy invites sealed bids/proposals for furnishing and delivering to the City of Quincy:

QUINCY COLLEGE	**VENDING MACHINES BEVERAGES**	**AUGUST 15,2006 @ 10:30A.M.**
QUINCY COLLEGE	**VENDING MACHINES SNACK FOOD & FRESH FOOD**	**AUGUST 15,2006 @ 10:45A.M.**

Detailed specifications are on file at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30AM and 4:30PM.

Bids must state exceptions, if any, the delivery date and any allowable discounts. Bids/Proposals must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked **"BID ENCLOSED"** with time/date of bid call.

Firm bid prices will be given first consideration. Bids/Proposals will be received at the office of the Purchasing Agent until the time and date stated above, at which time and date they will be publicly opened and read. Late Bids/Proposals, delivered by mail or in person, will be rejected.

If applicable, bids shall be in accordance with M.G.L. Chapter 30B, Chapter 149 as amended, and Chapter 30, Sections 39A, 39B and 39F-R.

The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informalities in the bidding if it is in the best interest of the City to do so.

William J. Phelan, MAYOR
Laurie M. Allen, PURCHASING AGENT

8/3/06

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WE'RE FIGHTING FOR YOUR LIFE

American Heart Association

Classifieds

MISC.

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LEGAL NOTICE

COMMONWEALTH OF MASSACHUSETTS THE TRIAL COURT PROBATE AND FAMILY COURT NORFOLK DIVISION
Docket NO. 05P1354GI2
GENERAL PETITION

To JOHN SULLIVAN of QUINCY in the county of Norfolk, and to all persons interested in the estate of JOHN SULLIVAN, a person under GUARDIANSHIP.

A petition has been presented to said Court by DEPARTMENT OF MENTAL HEALTH for authorization for ADMINISTRATION OF ELECTROCONVULSIVE THERAPY (ECT) TREATMENT for reasons more fully set out in said petition.

If you desire to object thereto you or your attorney should file a written appearance in said Court at Canton before ten o'clock in the forenoon on the 10TH day of AUGUST 2006, the return day of this citation.

Witness, DAVID H. KOPELMAN, Esquire. First Judge of said Court, this 30TH day of JUNE, 2006.

PATRICK W. McDERMOTT
Register

8/3/06

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Houghs Neck Maritime CTR. Seeking Weekend Youth CTR. Director (Paid position for approx 8 months). Applications will be accepted Sept. 14th, 6-8pm at the CTR. (137 Bayview Ave.) Downstairs. Bring resumes and/or credentials. Applicants will be subject to a CORI 9/7

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MISC.

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- ❑ Help Wanted
- ❑ Work Wanted
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Mayor's Garden Party Raises Over $10,000 For Tourism
– Photos Pages 8 - 9 –

The Quincy Sun

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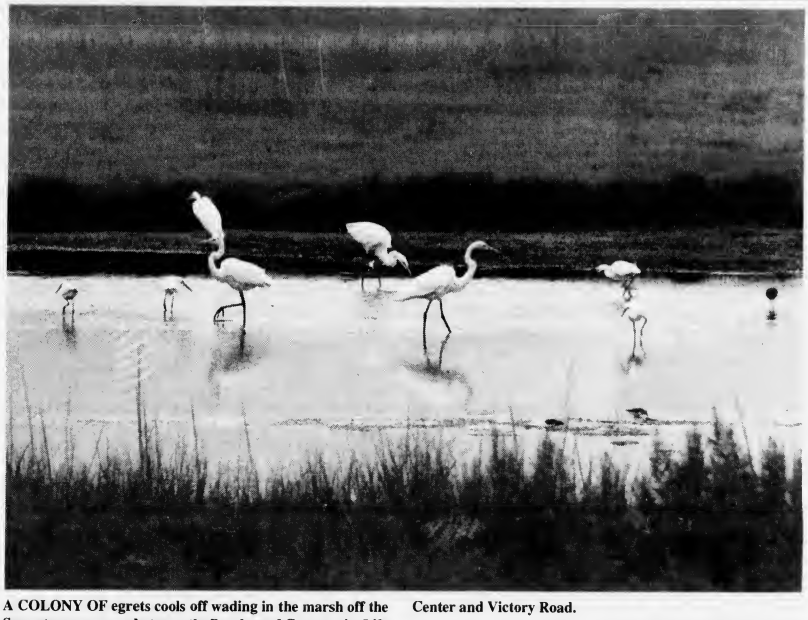

A COLONY OF egrets cools off wading in the marsh off the Squantum causeway between the Beechwood Community Life Center and Victory Road.

Quincy Sun photo/Robert Noble

Contract Awarded

QSD Sewer 2nd Phase To Start

The contract to complete the second major phase of the sewer rehabilitation project along Quincy Shore Drive has been awarded and the project should begin in the next 30 days, Mayor William Phelan announces.

The project will primarily reline the existing sewer line along Quincy Shore Drive from Bayfield Road to Williams Street in North Quincy. There will be some areas where the sewer pipe will be replaced but the project will largely entail relining of the existing pipe.

Work will begin in September and is expected to proceed through 2007.

"We have seen improvements since Phase I and I hope to continue our progress toward a cleaner Wollaston Beach," Phelan said. "Though a complex problem, there are steps we can take that may help improve the water quality, the overall condition of the beach and the level of enjoyment that our residents can realize at this beautiful location."

Affected side streets include Williams Street, Conant Road,, Atlantic Street, Hovey Road, Billings Street, Webster Street, and Appleton Street.

(Cont'd On Page 20)

Morrissey: 'They Should Work With Us, Not Against Us'

DSS Agrees To Review Slashed DOVE Budget

By TOM HENSHAW

Harry Spence, the commissioner of Social Services (DSS), has agreed to review state cuts in the budget for DOVE, which would close the city's shelter for battered women and children on Oct. 1.

Sen. Michael Morrissey said Spence made the promise at a meeting Tuesday that included Cong. Bill Delahunt and Jean Marie Carroll, director of domestic violence in the Norfolk DA's office.

Related Story On Page 2

It was disclosed last week that DSS had wiped out its annual contribution of $250,000 to the $600,000 budget of DOVE which served some 275 victims of domestic violence last year.

Morrissey said Spence suggested to them that DOVE was cut from the DSS budget because it scored the lowest in the state in request for proposals.

"He said DOVE had a troubled past and had been given a lot of chances to shape up," he said. "The troubled past included the changeover in managers that interfered with the stability."

Delahunt, who was one of the founders of DOVE when he was Norfolk DA, was troubled to learn how little assistance DOVE got from the DSS, said Morrissey.

"What have you done for them?" he asked.

Spence was told that Stephanie Flaherty, the new

(Cont'd On Page 20)

Don't Forget Sales Tax Holiday

Take it from Sen. Michael Morrissey, the Sales Tax Holiday this weekend is more than just another political gimmick in an election year.

"It's a 'thank you' to the citizens of the Commonwealth for continuing to shoulder the burden of increased household expenses, while at the same time having the opportunity to bolster our economy," he said.

"The Legislature renewed its commitment to the citizens of the Commonwealth with the reinstitution of the Sales Tax Holiday and the institution of the Commuter Tax Credit."

A similar summer Sales Tax Holiday in 2005 netted merchants more than $500 million in sales so the Legislature again designated two days, Saturday, Aug. 12, and Sunday, Aug. 13, as sales tax free.

"Most purchases under $2,500 will be tax free, though items like boats and cars, and meals and gasoline will still be taxable," said Morrissey.

The Commuter Tax Credit came through as an amendment to the state's fiscal 2007 budget which originally allowed only those who commuted by bus or subway to deduct part of the cost.

Morrissey sponsored an amendment that added users of the commuter boats and commuter trains to make the same deduction. The amendment was adopted in the final budget.

Under the amendment, commuter boat and rail users will be able to deduct $750 a year on their state income tax.

$100,000 For Merrymount Park Restoration

Surviving a veto by Gov. Mitt Romney, the city has received $100,000 from the state to continue the work of restoring Merrymount Park to its original design.

"This extensive restoration project highlights the historic character of this important natural resource and also meets the practical needs of our community," said Sen. Michael Morrissey.

The Quincy legislative delegation had the $100,000 earmarked in the state's supplemental budget but it was vetoed by Romney. The House and Senate voted last week to override the veto.

"I am just happy my colleagues saw the unique opportunity before us and joined us in overriding the Governor's veto," said Rep. Stephen Tobin.

"Even in lean economic times," said Rep. Bruce Ayers, "this is the second year we've been able to secure state funding to help with the restoration."

Merrymount Park was designed by the noted architect Frederick Law Olmsted, the father of landscape design, who also created Boston Emerald Necklace of parklands.

It is his original vision of the park that the city is attempting to restore.

(Cont'd On Page 3)

■ **Sheets 'Thrilled' At QMC Loan-To-Grant - *Page 3*** ■ **We're Mosquito Lucky – So Far - *Page 11***

THE 4X100-METER relay team for girls ages 9 to 10 finished in eighth place in last weekend's North American Final of the Hershey's Track and Field Games in Hershey, Pa. A team from Miami, Fla., was the national champion. From the left: Sydney Turner of Milton, Bridget Carey of Weymouth, Marissa Balsamo of Braintree and Libby Doyle of Quincy.

City Council Urges DSS To Find Way To Keep DOVE Open

The City Council is urging the Department of Social Services (DSS) to find a way for DOVE, the city's shelter for domestically abused women and children to remain open.

DSS for the past 20 years has funded approximately $250,999 a year to DOVE but doesn't plan to for next year.

The cut represents a little less than one half of the facility's budget for one year. DOVE operates on a budget of approximately $600,000.

The cut could force DOVE (Domestic Violence Ended) to close around Oct. 1 after serving the area for 28 years.

A letter from all nine city councillors dated Aug. 2 was sent to DSS Commissioner Harry Spence, expressing their concerns about the elimination of the funding.

"We strongly support any efforts to continue the full range of service provided by DOVE in whatever manner is most effective, efficient and responsible," the councillors said.

"We respectfully request that you employ the time, talent, energy, and resources at your disposal to find a solution."

Virginia Kurtzman, chairwoman of the DOVE board of directors said the facility last year served 275 women and children but had to turn away another 250 for lack of space. The shelter is the second largest in the state with 18 beds.

Kurtzman said that although the facility may be forced to close, "We will be able to take battered women and their children in, and we will try to put them in another shelter if we can find one."

The text of the council's letter to Spence:

"The Quincy City Council as a collective body is forwarding this correspondence to express its concern regarding the recently announced decision to eliminate DSS funding utilized to support the DOVE program. As you know the DOVE program along with the Quincy District Court and the Quincy Police Department were a national model for the intervention in domestic violence beginning more than a quarter century ago.

"Intuitively, anecdotally and statistically we know that domestic violence remains an unabated affliction within our community which demands our attention and whatever resources we can bring to bear. DOVE and similar programs throughout the Commonwealth have been the literal safety net, perhaps the difference between life and death, for hundreds of women and children over many years.

"Whatever the short-falls or deficiencies that may exist within the organization that media reports seem to indicate, we are confident there are ways to correct them. Whatever ideological differences that may exist over what model is most efficacious for delivering much needed services, we are sure that these differences can be bridged. It would seem to us that above all else, failure to meet the needs of those seeking a path out of abusive relationships, is not an option.

"There are many caring and committed people who have dedicated themselves to the mission symbolized by DOVE. We strongly support any efforts to continue the full range of serviced provided by DOVE in whatever manner is most effective, efficient and responsible. We respectfully request that you employ the time, talent, energy and resources at your disposal to find a solution. Please know we stand ready to assist, in any way we can, to ensure this common goal is attained."

Student Reading Skills Honed At Ward 4 Center

The Ward 4 Community Center is offering a back-to-school brush up on reading skills for students entering grades one to three or new readers.

The program, taught by Rita Brutto, a certified elementary reading teacher, focuses on basic skills and will run from Monday, Aug. 28 through Friday, Sept. 1, from 9 to 10:15 a.m.

The cost is $35 per child, which includes all materials needed for the course.

Registration may be made by calling the Center at 617-786-0696. The deadline for registering is Thursday, Aug. 17.

The Boston Globe says "Every Irishman's Dream"

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Sheets 'Thrilled' By Move

State Forgiveness Seen Possible At Time Of $12M QMC Loan

By TOM HENSHAW

City officials who negotiated an interest-free $12 million loan from the state to save Quincy Hospital in 1999 apparently did so with the thought that it would be eventually forgiven.

The state did just that the other day on the eve of the city's first of four $3 million paybacks, a move that was made quietly, hidden in the folds of the state budget for Fiscal 2007.

The city's legislative delegation, particularly Rep. Ron Mariano, was given credit for steering the change through the Legislature, expending political capital acquired over the years.

"You have to credit the delegation," said Jim Sheets, the mayor of Quincy at the time the state loan enabled the hospital to become Quincy Medical Center, allied with Boston Medical Center.

"They have developed a position of importance in the State House. Now their voices can be heard."

Sheets, who availed himself of QMC's services during a recent mild heart attack, said the $12 million loan started out as a grant but was stymied by then-House Speaker Tom Finneran.

JAMES SHEETS

"When I asked Governor (Paul) Cellucci for a grant of $12 million no one had ever done that before," said Sheets. "It would be a precedent but Cellucci said he would do it for Quincy.

"It was sent to the Legislature as a grant that we would not have to pay back. However, there was a disagreement between Finneran and Tom Birmingham, the president of the Senate.

"Birmingham agreed to treat it as a grant but Finneran would not support it at all. He didn't want to create a precedent.

"Paul Haley from Weymouth, the chairman of the Ways and Means Committee, wanted us to get it. So did Sens. Kennedy and Kerry. They put a lot of pressure on Finneran for the grant.

"At the last hour, we got a compromise. Finneran allowed the $12 million to come down as a loan. If he didn't, we would have had to close the hospital on Oct. 1, 1999.

"At the time, we discussed with the delegation that when it came time to pay the loan back the probability was that we could have the loan forgiven and get the money as a grant."

Sheets, who is just back from vacation in Pennsylvania and started rehab at Quincy Medical Center Monday, said he was "thrilled" by the state's forgiveness of the loan.

"It means a lot to Quincy Medical Center," he said.

"The South Shore Hospital has just purchased a $1.3 million machine that can be used to measure the blood flow to the heart. I'm not saying we should buy one but it will allow us to improve.

"The decision will benefit the health needs of the whole community."

Gabrieli Opens Quincy Campaign Headquarters

Chris Gabrieli, Democratic candidate for governor, has opened a satellite campaign headquarters at 37 Washington Street, next to the Quincy Post Office.

An opening ceremony is being planned for later this week.

Gabrieli will hold a "South Shore Town Hall Meeting", Monday, Aug. 14 from 7:30 to 9 p.m. at the Marina Bay Community Room, 500 Victory Rd.

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WATER FUN - Quincy Recreation Department Boating and Sailing instructors Kevin Richardson and Lisa Rice enjoy the new adult kayaks that have been added to the program at the William F. Ryan Boating and Sailing Program at Black's Creek in Merrymount Park.

$100,000 For Merrymount Park Restoration

(Cont'd From Page 1)

"Quincy was fortunate to have such a famed landscape architect design the city's crown jewel," said Rep., Ron Mariano.

"Olmsted isn't designing any more parks. To be able to bring one of his creations to life, over a hundred years after his death, is very special."

The highlight of the restoration will be the granite fountain near the gated entrance that will spew recycled water 10 feet into the air from a bowl on a six-foot pedestal.

The fountain will be lighted at night.

Ironically, the fountain will be made of Stony Creek granite, imported from Connecticut to the city where the quality granite industry began.

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Moments in time

THE HISTORY CHANNEL

• On **Aug. 13, 1860,** Annie Oakley, one of the greatest female sharpshooters in American history, is born in Patterson Township, Ohio. Her ability to shoot holes through playing cards led to any free event ticket being referred to as an "Annie Oakley," a reference to the validation holes that were often punched in the ticket.

• On **Aug. 12, 1877,** Thomas Edison describes the fundamentals of the phonograph to an assistant and instructs him to construct one. Edison had discovered the principles behind the phonograph when trying to invent a telegraph repeater. He patented the phonograph six months later.

• On **Aug. 9, 1936,** at the Summer Olympics in Berlin, African American track star Jesse Owens wins his fourth gold medal of the Games in the 4x100-meter relay. His relay team set a new world record of 39.8 seconds, which held for 20 years.

• On **Aug. 7, 1959,** the U.S. unmanned spacecraft Explorer 6 is launched into an orbit around the Earth. The spacecraft transmitted a crude picture of the Earth's surface from a distance of 17,000 miles. The photo transmission took nearly 40 minutes.

• On **Aug. 11, 1966,** the first Chevrolet Camaro drives out of the manufacturing plant in Norwood, Ohio. The name "Camaro" is French for "comrade, pal or chum."

• On **Aug. 8, 1974,** President Richard M. Nixon announces his resignation. The House Judiciary Committee had adopted three articles of impeachment against Nixon for his involvement in the Watergate affair: obstruction of justice, abuse of presidential powers and hindrance of the impeachment process.

• On **Aug. 10, 1981,** the decapitated body of 6-year-old Adam Walsh is found in Hollywood, Fla. In the wake of Adam Walsh's kidnapping and murder, Congress passed the Missing Children's Act, giving the FBI greater authority to track the disappearance of children. John Walsh, Adam's father, went on to host TV's "America's Most Wanted."

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Sunbeams

By Henry Bosworth

That 'For Sale' Sign

Joe Finn has a "For Sale" sign on the front lawn of his Williams Street, North Quincy, home.

But political observers shouldn't fire up the old speculation mill.

FINN

"I'm not leaving Quincy," he says.

So his councillor at-large seat won't be open for a ward councillor or two to make a run for. Unless, of course, he decides to challenge Mayor William Phelan.

The reason Finn and his wife, Delores, want to move is simple: they need more room.

They have seven children from two to 14 years old. Four of them are their own, one adopted and two foster. Six boys, one girl. The kids are growing up.

Their Williams Street home has three bedrooms. They need five and have a house in mind in the North Quincy area.

"If it doesn't work out," Finn says, "we will probably stay put and add on."

What about next year's election?

Finn, who almost ran for mayor last year, says, "I'm taking it one day at a time."

Does that include a possible bid for mayor?

"Possible," he says. "But it's still pretty early."

❑

LAST WEEK'S WEATHER was tough to take especially Wednesday when the thermometer flirted with 100 degrees.

LAST WEEK'S weather was pretty hot but nothing compared to Aug. 2, 1975 when the mercury hit 107 degrees. That's Frank McCauley standing under the digital thermometer.

But it wasn't so bad compared to Aug. 2, 1975 31 years ago to that day.

That's when the temperature hit 107, recalls former Mayor Frank McCauley.

McCauley has a picture his young daughter, Julie, snapped of him standing under a digital thermometer at a branch of the old Hancock Bank on Southern Artery reading "107."

"It agreed with the official 107 temperature at Logan Airport," McCauley notes.

It's a record high, he says.

❑

HARD TO BELIEVE that Paul Harold has been gone four years.

HAROLD

A fourth annual anniversary remembrance Mass will be celebrated Sunday, Aug. 13 at 11:30 a.m. at St. Ann's Church, Wollaston.

Paul died Aug. 12, 2002 after a two-year battle with cancer. He was 53, in the prime of his life.

His political career spanned 27 years: city councillor, city council president, state senator and Norfolk County Register of Deeds. Many believed he could have been mayor if he wanted it. But he didn't.

He holds the all-time council at-large vote getting record of 21,243 set in 1977. That was 7,416 more than runner-up John Quinn and 7,615 more than third place winner Frank McCauley, a couple of heavy political hitters.

His political debut wasn't quite that spectacular. He was defeated in his first run in 1971, losing a bid for state representative to Tom Brownell, now presiding justice of Plymouth District Court.

He lost again in 1973 by 48 votes to Leo Kelly for the Ward 1 council seat.

But two years later he came bounding back to win a council at-large seat. And, his political career was off and flying.

And, always in the right direction.

As Ann Knafelz, his secretary during his 14 years as state senator, puts it:

"He loved the city. People were so important to him. He made sure the people came first."

❑

AS WE HAVE said before, once a Quincyite, always a Quincyite. Regardless of where they moved to, their heart is still in Quincy.

Like Mary Valorz now of Earlysville, VA, who gets The Sun by mail and writes:

"I truly have enjoyed The Quincy Sun. I lived in Quincy 79 years. I'm 84 now. Only moved to Virginia because of health and to be near my son. He grabs The Quincy Sun before I can get to it.

"I miss Quincy a lot. Thank you for keeping me up with what friends are doing and what's going on in Quincy."

And thanks for the kind words, Mary.

❑

TV DEPT: That automobile commercial where the guy says so-long to his wife then jumps off a cliff and parachutes to his car below and drives off. Ever wonder how he is suppose to get back?

How Older Persons Can Beat The Heat

Older people are especially at risk from heat related health problems such as heatstroke and heat exhaustion. During extreme heat is not the time to do chores, run errands or weed the garden.

"Heat can be miserable for all ages, but potentially life threatening for older persons," said Deborah Banda, AARP Massachusetts state director.

Here are 10 tips for dealing with the heat:

• Relax and put off chores and any strenuous activities.

• Stay indoors during the hottest times of the day.

• Close the shades to keep out sunshine.

• For those who do not have air conditioning, stay on the lower level of the home. Heat rises.

• Check with local agencies for cool places such as libraries and public buildings, or a mall with air conditioning.

• Wear light-weight, loose fitting clothing, and use a hat, sunglasses or an umbrella as protection from the sun.

• Drink plenty of water, even when not thirsty, to help cool the body.

• Avoid alcohol and caffeinated beverages.

• For those with chronic medical conditions, talk with a doctor about additional precautions to prevent heat-related illness. Some conditions and medications put people at a higher risk.

• Neighbors, friends or family should check on older people in their homes to make sure they are not suffering from heat.

Free Legal Clinic At Quincy Court Aug. 15

The Bar Association of Norfolk County will sponsor a free legal clinic Tuesday, Aug. 15, from 6 to 8 p.m. at Quincy District Court, One Dennis Ryan Parkway, Quincy Center.

Attorneys will be available for confidential, one-on-one discussions of legal questions and concerns of individuals. Clinics are conducted on a walk-in basis with no appointments necessary.

For more information, call Adrienne Clarke at 617-471-9693.

Scenes From Yesterday

THIS 1920's lithographed postcard entitled High Tide at Wollaston Beach is quite different from the view from here today. Mitchell's Groceries and Provisions store on the right was on the corner of Beach Street. After prohibition ended it became Elsie's Cafe´ and is now a parking lot for the condominiums there. The large house in the center was then The Wollaston Inn. It is now a private residence. The tree is gone and to its right the Inn's small-attached refreshment stand that operated under so many different names over the years has only recently been demolished. The beach is coming back but there is no place along here today to buy an ice cream or a cold tonic except at a gas station. The hoardwalk to the Wollaston Yacht Club is on the left. In the center foreground the mouth of Sachem's Brook is at the concrete bridge with the iron pipe fence that was a popular place to sit on. The brook's source is at the Montclair bogs near the Milton line. At the time of this picture the brook was open from Hancock Street to here, Mitchell's was on pilings. Now the brook is enclosed and a concrete culvert extends from where the bridge was a few hundred feet into the hay. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of Tom Galvin

Quincy's Yesterdays

McCormick Takes Issue With School Budget Question

This Week
1970
36 Years Ago

By FRANK McCAULEY

Quincy School Committee Vice Chairman James McCormick took issue with what he called a "loaded question" in a recent public opinion poll.

The question asked whether city councils should have the right to cut school budgets. Some 587 persons were in favor while 198 were opposed.

At present, school committees have fiscal autonomy and school budgets presented to the city council must be approved with no deletions. McCormick said the question should have been "are you in favor of keeping local politics out of the public schools?"

McCormick pointed out that the $56.91 school budget portion of the total tax rate of $113.20 is the lowest percentage in years. He said, "We spend $675 per student. We are about medium, not high and not low. The school budget increase is the lowest in the past four or five years."

DONAHUE PREDICTS PRIMARY VICTORY

Senate President Maurice Donahue, in an interview with Ruth Wainwright of *The Quincy Sun*, predicted he would win the September Democratic primary for Governor with Francis X. Bellotti, Kevin White and Kenneth O'Donnell finishing behind him in that order.

Donahue said he is the only one of the four Democratic contenders who can unite the party after the primary and go on and defeat Gov. Francis Sargent. (Note: Mayor Kevin White of Boston would win the primary but lose to Sargent in the November election.)

KEEPING UP WITH THE RED SOX

As the Major League Baseball season headed into its final two months, the Red Sox found themselves in fourth place in the six team American League East. The Red Sox, with a 52-49 record, were 11 games behind the division-leading Baltimore Orioles. Red Sox pitcher Sonny Siebert pitched a 2-0 victory over the California Angels.

QUINCY-ISMS

Thomas Blasi, 51 Brook Road, South Quincy, was elected to membership in the American Society of Notaries, a non-profit organization of persons who hold the office of Notary Public . . . The Granite City Grange conferred first and second degrees on Miss **Helen Budrevich** and Mrs. **Cynthia Leahy** at a recent Grange meeting . . . The Court Corpus Christi Chapter of the Catholic Daughters of America held a lawn party for past, present and potential members at the home of Mrs. **Dorothy Laing**, past grand regent, at 85 Darrow St., Houghs Neck . . . Dr. **Charles Djerf**, Survival, Inc. president, reported a rummage sale has already raised $1,000 for Survival, Inc. **Joseph Whiteman** and **Louis Cassani** are co-chairmen of a $250,000 fund-raising drive. Proceeds will go to the establishment of a drug treatment center in Quincy . . . Dr. and Mrs. **Marvin Dirks**, 11 Florence St., Wollaston, left on a two-month tour of Asiatic countries. Dr. Dirks is associate professor of speech at Eastern Nazarene College while Mrs. Dirks is coordinator of special education for handicapped children in the Quincy public schools . . . City Councillor **Edward Graham** was named Norfolk County coordinator for Senate President **Maurice Donahue's** gubernatorial campaign . . . Dr. **Philip Tardanico**, 792 Southern Artery, is among members of the Southern Massachusetts Chiropractic Society planning to attend the fall convention at the Sea Crest Hotel in Falmouth . . . **Steve Mele**, son of **Sam** and **Connie Mele** of Quincy, a sophomore at Archbishop Williams High School, left for a month's stay at the Ted Williams Baseball Camp in Lakeville. Sam Mele is a special assignment scout for the Boston Red Sox and former Sox right fielder . . . **Darlene D'Olimpio**, daughter of Mr. and Mrs. **Carmen D'Olimpio** of 70 South Walnut St., Quincy Point, and **Joseph Marani**, son of Mr. and Mrs. **Evo Marani**, 48 Baxter Ave., also of Quincy Point, have been chosen "Playground Leaders of the Week" for the Quincy Recreation Department . . . **Pete Varney**, North Quincy High and Harvard baseball great, was selected for the 1970 College All-American team by scouting directors for the major league teams . . . **Paul Picarski** and **Cliff Mattson**, outstanding players on Quincy High School's Greater Boston League's co-champions, will be playing in this year's Harry Agganis All-Star Game . . . Former City Councillor and state Sen. **James McCormack** filed almost 11,000 signatures at the State House for the Office of Lieutenant Governor. McCormack says, "He is the man to beat." (Note: **Michael Dukakis** won the Democratic nomination for Lt. Governor) . . . **Robert Foley**, 41 Algonquin Road, Merrymount, is heading the Boston Edison employees 1970-71 United Fund campaign. Foley is also president and business agent of Professional Local 386 Utility Workers of America AFL-CIO . . . **Herbert Morgan**, 295 Rock Island Road, Houghs Neck, observed his 25th anniversary of service with John Hancock Insurance Co. . . . The Clam Box, Wollaston Boulevard, "Famous For Ipswich Fried Clams," was specializing in Shish-ke-bab . . . **Andrew Orrock**, 245 South Central Ave., Wollaston, has been elected an assistant vice president of the National Shawmut Bank. Orrock is president of the Montclair Men's Club.

Readers Forum

Applauds Morrissey, Tobin For Supporting Pharmacy Access Bill

I am writing to applaud Representative Tobin and Senator Morrissey, who courageously voted to override the Governor's veto of H4176, the Pharmacy Access bill.

With the passing of this bill, Massachusetts joins 47 other states that have repealed the prescription requirement currently needed to purchase sterile hypodermic needles — an act that could reduce the state's rates of HIV, AIDS and Hepatitis C by up to 50 percent.

Massachusetts has the ninth highest rate of AIDS spread by dirty needles in the country. In addition, there are 110,000 cases of Hepatitis C, which is spread almost exclusively through the use of dirty needles.

As an advocate for reducing the risk of transmission of HIV, I witness each day how this bill will save lives in our community. There are over 400 people living with HIV in Quincy and its surrounding South Shore area. In fact, more than 30 percent of the clients living with HIV seen in my program acquired HIV either from their own drug use or from their partner who is an injection drug user.

We are fortunate to have elected officials who can listen to the evidence and make the right decision. With their courageous actions, more people in Massachusetts and on the South Shore will remain healthy and alive.

Kim Kroeger
HIV Program Director
Quincy South Shore
AIDS Cares
Quincy Medical Center

Wonders About A Wheelchair Ramp At Wollaston Beach

First off I would like to extend my thanks to Gene Lee for coming to my defense in last week's Quincy Sun. It is nice to know that people are reading my opinions whether they agree or disagree with them. As far as those who think I need to get a life, I hate to disappoint them, but I do have a life. A police officer, a newspaper columnist, a substitute teacher, a Hollywood movie extra, a lecturer and all around pain in the —.

I don't always criticize but sometimes you just have to. This summer for instance, the re-doing of Wollaston Beach has made things difficult for beach walkers. Many have gone over to Marina Bay or Columbia Road in Southie. Running or walking is not just physical exercise, it is also mentally exercising. I walk to stay healthy and to relax away the stress of the day. Most do likewise. However, the endless detours and roadblocks along Quincy Shore Drive have not been very relaxing as of late.

When I do my power walk, I look around. To make sure no big trucks are sneaking up on me, but also just to view the water and the sky above. It is calming. However, the other day down by the seawall across from Rice Road, I've been watching the construction of support beams in the sand. I didn't know immediately what it meant. Then it hit me: a wheelchair accessible ramp to the sandy beach.

When I questioned another walker as to why a handicapped ramp was necessary, they told me the physically challenged had a right to the beach too.. I agreed, but wondered what someone in a wheelchair did once they got to the end of the ramp. How accessible is a ramp to sand? Also, if a ramp was needed at Wollaston Beach, why not closer to the bathhouse or clam places?

Is there a wheelchair ramp over in Southie? How about Revere Beach or Nantaskett? One would think someone had commonsense when it came to such beach ramps. Hey, maybe it's not a wheelchair ramp at all but I'll be the most surprised person of all if it isn't. Remember the old adage about walking, talking and looking like a duck.

The extreme makeover of Wollaston Beach is long overdue but I just wonder about the folly of a wheelchair ramp to nowhere. Could somebody in charge of this project 'splain it to me like Ricky Riccardo always demanded.

Sal J. Giarratani
Atlantic Street

Use Peace To Solve Disagreements

On Monday, July 17th, 2006, Steven B. Konver, in a letter to the *Globe* wrote: "All countries have the right and the duty to defend themselves, and Israel is no exception." Yes, indeed all countries have the right and duty to defend themselves, by all means possible, peaceful means included.

If we indeed care for "all countries," "Israel is no exception," we should advise all countries not to use war, but to use peace to solve their disagreements.

"Though shalt not kill."

Michael Jovanovic
Town Hill St.

Arts & Entertainment

RAFFLE WINNER Ellen March (left) stands with a charbroil grill that she won in a raffle, with President of the Ward 5 Community Association, Nick Puleo. The grill was donated by Home Depot.

'A Taste Of Ward 5' Raises Nearly $1,000 For Scholarships

Eight local restaurants recently catered "A Taste of Ward 5," raising almost $1,000 for scholarships for Ward 5 high school seniors.

The event was hosted by the Ward 5 Community Association at the Beechwood Knoll School Gymnasium.

"We were thrilled with the turn-out," said Nick Puleo, president of the association. "We were so thankful that some of the best eateries in Quincy were able to come out. The event definitely showed their strong commitment to the city, and its residents."

Resident Ellen March won a charbroil grill donated by Home Depot at a raffle.

Participating restaurants included the Coffee Break Cafe, Craig's Cafe, Fajitas and Ritas, Heritage Cafe, Italy's Little Kitchen, The Fours, The Fowler House and The Fudge Bar.

Music was provided by "Super DJ Joe."

For those interested in joining, or for more information call 617-835-1253.

Concert Tonight At Atria Marina Place

The Twilight Concert Series will continue tonight (Thursday) and the next two weeks at the Atria Marina Place Independent and Assisted Living Community, 4 Seaport Drive, North Quincy.

Vocalist Trisha Gervais will be featured tonight at 7 p.m.; vocalist Joey Canzano Thursday, Aug. 17 at 7 p.m.; and performers Anne Marie and Ice 8 Thursday, Aug. 24 at 6:30 p.m.

RSVP to 617-770-3264 at least one week before each concert and be sure to bring a beach blanket and chair. Refreshments will be served.

'Tricksters, Noodleheads' Wind Up Summer Storytelling At Library

The annual Summer Storytellers Series at the Thomas Crane Public Library will conclude Tuesday, Aug. 15, at 7 p.m. when Sparky's Puppets presents "Tricksters and Noodleheads."

The program consists of a medley of silly folktales in which Brer Rabbit outwits and hard-working gardener and a woodcutter is granted three wishes which come with a warning.

The program is for families with children ages 5 and older and will be presented in the large meeting room of the Main Library at 40 Washington St.

It is sponsored by the Quincy Arts Council.

At the same time,. children ages 2-5 are invited to join storyteller Joan Goodman for a pajama storytime in the Children's Room, sponsored by the Friends of the Library.

John Root will present "Insects Inside and Out," a program on finding, watching and caring for native inspects of Massachusetts, Wednesday, Aug. 16, at 2 p.m. in the Adams Shore Branch Library.

Participants will search around the library at 519 Sea St. for insects to observe and watch them in their various life cycles in terraria and aquaria. Magnifying lenses will be provided.

This program is for youngsters ages 3 and older. Children under 8 must be accompanied by an adult. The program is sponsored by the Friends of the Thomas Crane Library.

The project for the week of Monday, Aug. 14, in the Art-to-go Series will be "bug houses." Children from toddlers to school age can drop in at any time from 2 to 4 p.m. at any library and create a project.

Supplies for the weekly project will be at the Main Library Children's Room on Monday, Adams Shore on Tuesday, Wollaston on Wednesday and North Quincy on Thursday.

Squantum Causeway Classic Fishing Tournament Aug. 12

The Squantum July 4th Committee will hold its second annual Causeway Classical Fishing Tournament and Beach Party Saturday, Aug. 12, a day of fishing, chowder contests, al fresco dining and fun.

Contestants in the fishing tournament may drop their lines in the water anytime after 6 a.m. and bring their catches to the weigh station at Orchard Beach by 2 p.m. to win cash prizes.

The tournament fee is $25 for adults, $15 for pier fishermen and $10 for children ages 6-10 and includes admission to the Fish Fry Beach Party and the Chowder Fest.

The fee for the Beach Party only is $10 for adults and $5 for children 12 and under, and includes a DJ, burgers, hot dogs and other summer barbecue favorites, as well as admission to the chowder fest.

Entries in the Chowder Fest require a five gallon minimum and a $10 entry fee for home-cooked chowder. First place will receive a cash prize and a "Best of Squantum Clam Chowder Award."

There is no entry fee but a 10-gallon minimum for the Restaurant Winner, who will receive the prestigious "Causeway Classic Chowder Award" and be highlighted in The Quincy Sun and Patriot Ledger.

Cups, spoons and oyster crackers will be provided.

For more information and sign-ups, call Ann Marie Glynn at 617-984-0943.

'Finding Nemo' Feature Film At Mount Street Beach

The delightful cartoon "Finding Nemo" will be the feature film at the Movie Under the Stars Thursday, Aug. 17, at 7 p.m. at the Mound Street Beach in Quincy Point.

There will be refreshments for sale, bingo, games and prizes for the kids. The show is free. All you have to bring is a flashlight, a chair of a blanket.

The movie is presented by Mayor William Phelan and the Quincy Beaches and Coastal Commission. For more information, call Chairman Leo Kelly at 617-773-1534.

Senior Scrabble Every Monday

Elderly devotees of the game "Scrabble" meet every Monday from 12 to 3:30 p.m. at the Dawes House on Quincy Shore Drive at the corner of Channing Street.

Beginners are welcome.

For more information, call 617-376-1506.

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Social

42 On Northeastern Spring Dean's List

Northeastern University lists 42 residents on the Dean's List for the spring semester.

They are:

Nealia E. Giarratani, Chi H. Chong, Alisa S. Chau, Andrea G. Murphy, Van B. Nguyen, Stephen M. Segalla, Cali T. Nguyen, Vincent Lam, Dennis Chow, Raina Celo, Sean T. Regan, Shaina T. Nelson, Rafal Norton, Grejdi Gjura, Julie A. Rouleau, Rebecca E. Parenteau, Oluwatosina Adebiyi, Benjamin Z. Su, Sean-Willia Goodale, Elizabeth M. Lo, Janine Ronayne, Charles L. Pistorino III.

Trinh T. Ho, Keith Ford, Patricia A. Murphy, Judy M. Kwan, Eleanor R. Wu, Steven C. Barkowski, Paul J. Farina, Julie H. Downing, Ryan N. Stoeckel, Samantha E. Farina, Jay R. Calabro, Emily Mui, Mary C. Mercurio, Adam J. Savino, Baochau Tranguyen, Bo C. Zhou, Bei H. Zhou, Hokchi Chiu, Christopher Johnson, Maria S. Graceffa.

Laura Bloomer Receives Saint Michael's Book Award

Laura Ann Bloomer, daughter of William and Roberta Bloomer of Quincy, and a student of Archbishop Williams High School, was named the 2005-06 recipient of the Saint Michael's College Scholarship and Service Book Award.

The award recognizes students who demonstrate a commitment to volunteerism and leadership through community service.

Award recipients, named at schools throughout the country, are high school juniors who are inductees of the National Honor Society or equivalent school-sponsored honors organization. They must demonstrate a commitment to service activities in high school or community organizations, taking leadership roles in these activities.

Bloomer was presented the book *First They Killed My Father: A Daughter of Cambodia Remembers* (HarperCollins 2000) by Loung Ung, a 1993 Saint Michael's College graduate who has become a widely acclaimed author. In *First They Killed My Father* Ung gives a autobiographical account, from a child's perspective, of surviving captivity during the genocidal Pol Pot regime in Cambodia.

Nora Hanna Graduates University Of Chicago

Resident Nora Hanna recently graduated from the University of Chicago with a Bachelor of Arts degree in history.

She is the daughter of Robert and Margaret Hanna, and a graduate of Notre Dame Academy. While at The University of Chicago, she received the Elizabeth and Hugo Sonnenschein Scholarship. She wrote theater reviews for the Chicago Maroon. She plans to go into cultural affairs, either by doing museum work or theater administration.

FRANK and LUCILLE FOURNIER

Frank, Lucille Fournier Mark 50th Anniversary

Frank X. and Lucille (Birrittieri) Fournier of Squantum recently celebrated their 50th wedding anniversary at a party hosted by their children at the Old Colony Yacht Club in Dorchester.

They were married July 22, 1956 in St. Agatha Church in Milton.

Mr. Fournier is retired from Fournier Construction Company of Quincy and is a lifetime member of the Old Colony Yacht Club. He enjoys boating the golf.

Mrs. Fournier is retired as a secretary from the family business and is a past commodore of the Old Colony Yacht Club.

Their children are Frank and Steven Fournier and Laura Hobin, all of Quincy; Edward Fournier of Braintree and Susan Rowse of Easton. There are four grandchildren.

'Friday Flicks' At Beechwood

"Friday Flicks" are now on the calendar at Beechwood On The Bay, reports Maryann Mahony, Elder Coordinator.

"Most health care professionals recommend 'indoor activities' at mid-day and in the afternoon when temperatures peak. So, Beechwood's Elder Advisory Council has come up with another "indoor activity" movies: every Friday afternoon at 1 p.m.

Call Mahony to check out the Friday movie schedule at 617-471-5712.

Dorothy Q. Homestead Open To Public Aug. 19

The Dorothy Quincy Homestead at the corner of Hancock Street and Butler Road, newly minted a National Historic Landmark, will be open to the public Saturday, Aug. 19, from 1 to 4 p.m.

Tours organized by the Colonial Dames of Massachusetts will be offered on the hour and on the half hour beginning at 1 p.m. with the last at 3:30 p.m.

All tours are free of charge but volunteer contributions are suggested.

On the same afternoon, visitors may also tour the Josiah Quincy House, 20 Muirhead St., Wollaston.

The Homestead, which was the childhood home of Dorothy Quincy, the wife of John Hancock, was built in 1686 and was once considered the grandest estate in Quincy.

An extensive restoration, including painting the exterior, funded by a combination of private and public sources is nearing completion.

For more information, visit the website **www.nscda.org/ma/quincy_homestead.htm.**

Mr., Mrs. Thomas Ford Parents Of Son

Thomas and Jane Ford, of Quincy, are parents of Thomas McGinnis Ford, born June 7 at South Shore Hospital.

Grandparents are Jean McGinnis, of Quincy, and Tom and Kathy Ford, of Abington.

Sarah Goreham On Clark Dean's List

Sarah E. Goreham is earned first honors on the Dean's List of Clark University, Worcester, for the spring semester.

She is a member of the Class of 2009.

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Mayor's Garden Party Benefits Quincy Tourism

THE MAYOR'S ANNUAL Garden Party on the grounds of the Adams Mansion raised more than $10,000 to aid tourism in Quincy. Mayor William Phelan, his wife, Tracey, and their daughter, Brianne, welcome Kennedy twins, Matthew and Joseph.

LT. GOVERNOR Kerry Healey (center) with daughter, Averill, and historian Tom Galvin.

Quincy Sun photos/Robert Noble

PAUL RAE, Nina Tobin, Carol Lydon and City Purchasing Agent Laurie Allen.

SCHOOL SUPT. DR. Richard DeCristofaro, Gloria Williams, Quincy's new city treasurer/ collector; Mike Ryan, director of City Plant Facilities, and his wife, Nancy.

VALERIE FERRAGAMO, Siobhan Horton, Joan Conti, Kim DiBona, Donna DiSalvio and Joseph Conti.

ANNE KEATING, Barbara Mendez, Joyce Young, members of the Mayor's Commission on Women.

ED FLEMING, member of the Discover Quincy board, and wife, Kelly.

ED KANE and Marianne Peak, superintendent of the Adams National Historical Park.

TRACY HENLEY and Tiffanie Williams.

ENJOYING THE CONCERT by the Boston Landmarks Orchestra are, comfortable on a blanket, cousins Hanna Wanless, Terry McMillen and Matt Wanless. Seated are Lauren Wanless, her mother Linda Wanless and her mother, Marge McMillen.

CONDUCTOR CHARLES ASBACHER welcomes the audience to the Boston Landmarks Orchestra concert.

RELAXED AUDIENCE settles in for the Boston Landmarks Orchestra concert.

Quincy Sun photos/Robert Noble

TONY SANSEVERO, Jon Green, holding son, Peter, 7 months, and wife, Sara.

Open House At Animal Shelter

The Quincy Animal Shelter will hold an open house on behalf of homeless dogs and cats Saturday, Aug. 26, from 10 a.m. to 6 p.m. at 56 Broad St., Quincy.

There will be raffles, QAS-wear and adoptions.

For more information, call 617-376-1349 or visit **www.quincyanimalshelter.org.**

Help With Simple Wills Monthly

Atty. Ed Conroy will be at the Council on Aging office, 83 Saratoga St., North Quincy, every third Friday of the month to assist the elderly with a free explanation of simple wills.

Call 617-376-1506 for an appointment.

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Mayor's Garden Party Raises $10,000 For Tourism

Mayor William Phelan announced that his 5th annual Garden Party raised more than $10,000 to assist tourism efforts in Quincy.

The money will be granted to Discover Quincy Inc., Quincy's tourism agency.

"I want to thank everyone that attended the Garden Party, the National Park Service for their hospitality, and Ed Kane of Water Works for the wonderful job his people did in catering the event," said Phelan.

"Our efforts hope to continue the momentum we have in the tourism market and will hopefully benefit economic development not must in our downtown, but throughout our great city."

Photos On Pages 8 - 9

The Garden Party proceeded a free public concert by the Boston Landmarks Orchestra at the Beale Estate. The concert was sponsored by State Street.

"I want to thank Mayor Phelan for his continued support of Discover Quincy and tourism in general," said Mark Carey, executive director of Discover Quincy. "The proceeds will help further our mission of marketing Quincy and drawing tourists and tourism dollars to Quincy."

More than 150 people attended the event held in the garden at Adams Mansion.

"We enjoyed a beautiful evening in the garden and the concert was phenomenal," said Phelan. "This event has grown quickly into a Quincy tradition and I am already looking forward to next year's event."

Phelan also thanked Kim DiBona from his staff who organized the event.

South Coastal Bank recently awarded a C.A.R.E.S. grant to Beechwood Knoll Elementary School. Back row (from left) are Diane O'Keeffe, principal, Beechwood Knoll Elementary School; Tony Drew, assistant branch manager, South Coastal Bank; and Peggy O'Connor, president, Beechwood Knoll PTO. Front row (from left) are students Kevin Monahan-White, Robert Smith and Angelina Spiropoulos.

Mature Driver Safety Course Sept. 7, 14

A two-day safe driving course for the mature driver will be held Sept. 7 and Sept. 14 from 10 a.m. to 2:30 p.m. at Marina Place, 4 Seaport Dr., North Quincy.

The course is $10, payable in advance. Checks may be made payable to the AARP. Lunch will be served.

For more information or to make a reservation, call the Council on Aging office at 617-376-1506.

South Coastal Bank Awards $500 Grant To Beechwood Knoll School PTO

South Coastal Bank recently awarded a $500 grant from its C.A.R.E.S. community giving program to the Beechwood Knoll Elementary School PTO in Quincy.

Committed to enriching the lives of children in the communities it serves, South Coastal Bank specifically designed C.A.R.E.S. to help local not-for-profit groups promote and encourage a sense of Community, Achievement, Responsibility and Excellence in children through exposure to the arts.

Serving Quincy students from kindergarten through grade five, the Beechwood Knoll Elementary School PTO works to enhance the children's educational experience by raising funds to subsidize cultural arts programs not provided for by the school budget. The PTO used C.A.R.E.S. funding to present "Cinderella" by the Tanglewood Marionettes during the school's "Week of the Young Child" celebration. The performance features a dozen handcrafted marionettes, with the puppeteers performing in full view of the audience. The production also includes a demonstration and a question-and-answer session.

For more information on South Coastal Bank C.A.R.E.S. or to download an application, visit South Coastal Bank's Web site, www.southcoastalbank.com, or contact community liaison Susan Lincoln at 781-681-7206.

Exercise Classes For Seniors

The Quincy Council on Aging will hold a safe senior exercise program every Monday and Wednesday at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., Quincy Point.

For more information, call the Council at 617-376-1506.

Line Dancing At Clubhouse

The Quincy Council on Aging will hold a line dancing class for seniors every Thursday at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., Quincy Point.

All menu items except children's items, are available for take-out for an extra .25 take out-out charge

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How To Protect Yourself

Quincy Avoids Mosquito-Borne Diseases – So Far

By TOM HENSHAW

It's happening all around us.

Seven mosquito pools, three in Lakeville and one each in Carver, Easton, New Bedford and Raynham, have been determined to be positive for Eastern Equine Encephalitis (EEE).

A dead bird in Saugus has been found to be positive for the West Nile Virus (WNV) and two mosquito pools in Needham and Barnstable have been determined to be positive for the disease.

A 159,000-acre block of towns in southeastern Massachusetts bounded by Duxbury, Wareham, Bridgewater and Acushnet were due to be sprayed for mosquitos Tuesday night.

To date, there have been 22 dead birds in Quincy reported to the state for testing but none has been found to have WNV and none of the mosquito pools have tested positive for the disease.

And Quincy is not on any list for aerial spraying although certain streets have experienced "fogging" from trucks between 2 and 6 on Thursday mornings, sometimes at the request of residents.

"There are going to be cases (of EEE and WNV) if we don't do something," warned Dr. Al DeMaria, chief medical officer of the State Department of Health.

"Ground spraying does not work quickly enough. There are a lot of mammal-biters out there."

The best way to make sure the dreaded EEE and WNV stay away from Quincy, the Health Department advises, is to make sure mosquitos have no place to breed or thrive.

This can be accomplished by:

• Disposing of tins cans, plastic containers and other water-holding devices that have accumulated on your property.

• Paying attention to discarded tires. The used tire has become the most important domestic mosquito producer.

• Drilling holes in the bottom, not the sides, of recycling containers that are left out of doors.

• Cleaning clogged roof gutters on an annual basis.

• Fixing any holes in screens and making sure they are attached tightly to doors and windows.

• Turning over plastic wading pools and wheelbarrows when they are not in use.

• Not allowing water to stagnate in birdbaths.

• Aerating ornamental pools or stocking them with fish.

• Cleaning and chlorinating swimming pools that are not being used while you are on vacation.

• Using landscaping to eliminate standing water.

Remember, mosquitos will develop in any puddle that is permitted to exist for more than four days.

For personal protection, the Health Department recommends:

• Avoid outdoor activities at dawn and dusk when mosquitos are most active.

If you must go out, wear long-sleeved shirts, long pants and mosquito repellent that contains DEET.

• Cover the arms and legs of children playing outdoors near swampy areas.

• Cover babies' playpens or carriages with mosquito netting.

• Don't camp overnight near freshwater swamps.

• When camping outdoors, make sure your tent is equipped with netting.

Community Preservation Act Heads For November Ballot

The Quincy Community Preservation Coalition will hold a news conference Monday, Aug. 14, at 4:15 p.m. on the steps of City Hall to announce that they apparently have enough signatures to get the Community Preservation Act on the November ballot in Quincy.

The act would add roughly one per cent of the assessed property value to real estate tax bills to raise funds to acquire open space, preserve historic sites and develop affordable housing. The state would match the funds raised under the act.

The Coalition will deliver to City Clerk Joe Shea their petitions containing, said Steve Perdios of Quincy Environmental Network, 3,600 names. The Coalition needs 2,700 names that are certified as voters in Quincy to get on the state election ballot in the city.

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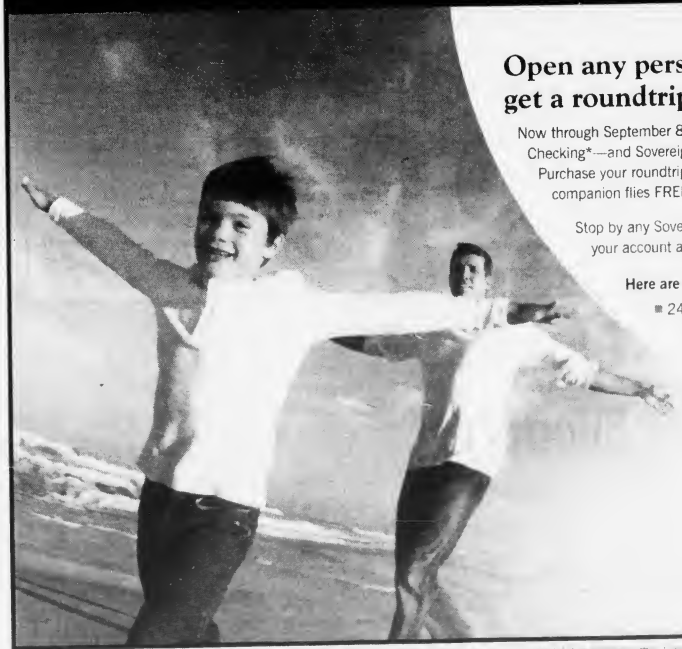

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Jacklyn Deware Webb Turns Over Helm Of Navy Recruiting District New England

Cmdr. Jacklyn Deware Webb, USN, a resident Wollaston, recently relinquished command of Navy Recruiting District New England (NRDNE) at a Change of Command ceremony held at Boston's Historic Faneuil Hall.

When she said, "Sir, I have been properly relieved as Commanding Officer Navy Recruiting District New England," to Capt. Burton T. Palmer, USN, Commander, Navy Recruiting Region North, she transferred all duties and responsibilities of command to her relief, Cmdr. Kevin D. Hunt, USN.

The event is a time-honored tradition that formally restates to the officers, men and women of the command the continuity of the authority of command.

Cmdr. Webb's next assignment will be Deputy Dean of Students at the Naval War College, in Newport, R.I.

She is the daughter of Donald and Mary Deware of Wollaston, founders of Deware Funeral Homes. She has one son, Chandler, a freshman, varsity wrestler and lacrosse goalie at Avon Old Farms School, Avon, Conn.

From August 2003 through June 23, Cmdr. Webb served as both NRDNE Executive Officer and Commanding Office. During her tenure as Commanding Officer her leadership led to the recruitment of over 2,000 highly qualified young men and women for service into the United States navy.

WOLLASTON RESIDENT Jacklyn Deware Webb, USN, recently relinquished command of Navy Recruiting District New England at a Change of Command ceremony held at Faneuil Hall in Boston. At left is Capt. Burton T. Palmer, USN, Commander, Navy Recruiting Region North.

Cmdr. Webb managed to build a winning team committed to long-term excellence in every aspect of Naval Recruiting. Her systematic reorganization and emphasis on continuous training in recruiting fundamentals established a foundation of excellence and vision for the command. As a direct result, mission accomplishment for both Officer and Enlisted Programs achieved across the board improvement during her tenure as Commanding Officer.

NRDNE is a command comprised of more than 220 officers, enlisted and civilian personnel that field 66 recruiting stations, four Military Entrance Processing Stations and the District Headquarters in Boston.

Born in Hingham, Cmdr. Webb was raised in Crow Point, and attended Derby Academy and is a graduate of the Woodward School for Girls. She attended the University of Salzburg, Salzburg, Austria, and graduated from The American University, School of International Service, Washington DC, with a degree in International Relations, Western European Studies and German.

Upon receiving her commission through Officer Candidate School, she received orders to the Naval Military Command Center (NMCC), (OPNAV-64). As a data analyst in the Pentagon's Command Center, she supported the worldwide control and communications system database for the NMCC as well as JCS liaison in support of the joint exercise database.

She then transferred to the Chief of Naval Information Speaker's Bureau, with a follow-on tour in the public affairs arena as Assistant Director, Navy Office of Information New England, a satellite public affairs office for the Chief of Naval Information responsible for the all media outlets in the six states encompassing the New England area.

Cmdr. Webb subsequently reported to the Carrier Air Early Warning Training Squadron (VAW 120) as the Personnel Officer and Assistant Administrative Officer for this East Coast training squadron. Onboard VAW 120 just 10 months, she was hand selected by the Commander in Chief, U.S. Atlantic Command (USACOM) to be the Command Protocol Officer and was subsequently selected to be the Aide/Flag Lieutenant for USACOM and Supreme Allied Commander Atlantic.

Three years later, CDR Webb was assigned to Commander Fighter Wing, Atlantic, serving three years as Wing Administrative Officer, Budget Officer and Security Manager overseeing 14 F-14 squadrons stationed at Naval Air Station Oceana, VA, two squadrons located in Guantanamo Bay, Cuba, and Roosevelt Roads, PR, as well as detachments in Fallon, NV and Key West, FL.

Cmdr. Webb served as Executive Officer, Navy Recruiting District New England after which she attended the Naval War College, Newport, RI. Upon graduation, she was selected to be the Superintendent's Manpower and Personnel Officer, U.S. Naval Academy, Annapolis, MD, followed by her tour as Executive Officer, Naval Education and Training, Newport, RI.

She reported to Navy Recruiting District New England as Executive Officer and assumed her present duties as Commanding Officer in August 2004.

In addition to her undergraduate degree in International Relations, Western European Studies and German, Commander Webb holds a Master's of Science degree in Educational Administration from Old Dominion University, Norfolk, VA, and a Master's Degree in National Security and Strategic Studies from the Naval War College.

Cmdr. Webb has been awarded numerous unit awards and decorations as well as the Meritorious Service Medal with 3 Gold Stars, the Joint Commendation Medal, Navy Commendation Medal with Gold Star and the Navy Achievement Medal.

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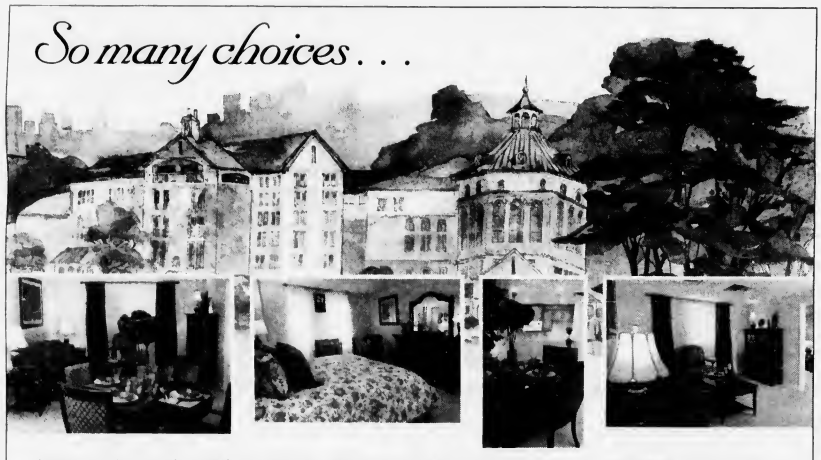

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Among those who played in the QMC Golf Classic were (from left) Attorney George Burke, a QMC Foundation Board of Directors member, and Steve Connelly, a senior at Quincy High School.

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By supporting our **17th Annual Golf Classic** at Granite Links Golf Club, hundreds of South Shore business and community leaders together raised **nearly $184,000** this year to support the health of the entire community. **Thank you!**

Proceeds from this tournament benefit QMC's Medication Safety Program, a proactive performance improvement initiative to enhance the care and safety of patients.

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17th Annual Golf Classic

A special thanks to the 2006 Quincy Medical Center Golf Classic Committee and our team of hard-working volunteers!

South Quincy Italian Festival Seeking Volunteers

The South Quincy Italian Festival is seeking volunteers to assist at its upcoming 22nd annual event.

This year's festival will be held Saturday, Sept. 9, from 11 a.m. to 8 p.m. at Malnati's Block, the intersection of Liberty Street and Brooks Avenue. Rain date is Sunday, Sept. 10.

Help is needed for set-up, break down and supervision of children's activities.

Space is still available for food or craft vendors for a nominal fee.

The annual festival was formed 22 years ago as a way to reunite families and friends while raising money for scholarships given to Quincy students. The festival draws between 4,000 to 5,000 people and features food, crafts, collectibles, live entertainment and fun.

For more information, contact the South Quincy Italian Festival, 112R Liberty St., Quincy, MA 02169, or call Harry Bertoni at 617-472-9226 or Rick Speranzo at 617-471-1649.

Seek Medical Gear To Loan

The Council on Aging is seeking donations of medical equipment that is no longer needed by the current owner but can be loaned to someone else.

The present highest priority is given to bath transfer seats.

Call the Council at 617-376-1506.

QMC Names Reynold Spadoni VP Of Planning, Business Development

Quincy Medical Center has appointed Reynold Spadoni as the 232-bed community teaching hospital's Vice President of Strategic Services and Business Development, effective immediately.

REYNOLD SPADONI

As a member of QMC's executive leadership team, Spadoni will lead all aspects of strategic planning, business development, community relations, physician relations, government affairs, marketing, and communications.

Spadoni brings more than 20 years of experience in healthcare management to his new role at Quincy Medical Center. Most recently, he served as vice president of business development and vice president of operations at Neighborhood Health Plan. He also has served as vice president of health and community care for Dimock Community Health Center in Boston and in leadership positions at Harvard Pilgrim Health Care and Ernst & Young.

Spadoni holds a masters in business degree from Boston University School of Management and has completed the Leadership for Change Program at Boston College.

"Rey's strategic counsel and business development experience will be a tremendous asset to Quincy Medical Center as we further our vision of building a system of care that addresses the specific needs of our community and continue to develop new programs, services and linkages that keep Quincy Medical Center at the core of our community," said Dr. Gary Gibbons, Quincy Medical Center President and CEO.

Quincy Medical Center (www.quincymc.org) is a 232-bed acute care community-teaching hospital providing South Shore residents with comprehensive medical and surgical services. The Medical Center's Alliance for Quality with Boston Medical Center (BMC), formed in 1999, brings academic medicine to the community.

At Quincy Medical Center, physicians from Boston Medical Center direct the departments of medicine, surgery, anesthesia, emergency medicine, and psychiatry. Additionally, physicians from BMC who are board-certified in a range of medical and surgical specialties work with community physicians to ensure the continuity of patient care.

Foot Screening For Seniors

Podiatrist Jordana Szpiro will be available to seniors for foot screening on the first Monday of every month at the Council on Aging office, 83 Saratoga St.

She will also treat feet for a fee of $20 per person payable at the time of the visit. Such payments are not covered by health insurance.

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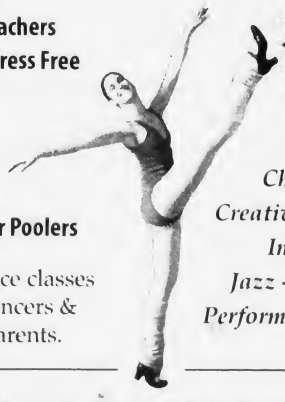

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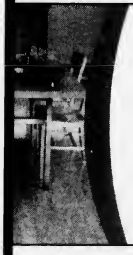
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REAL ESTATE

Century 21 Annex Realty Announces Top Sales Agents

Art Foley, Broker/Owner of Century 21 Annex Realty, Inc., with offices in Quincy and Hanover, announces the top-selling agents for the second quarter of 2006.

The award is based on the total number of successful transactions an agent closes each month. The following agents achieved winning sales figures for April through June:

April: John Heaney of Quincy (Quincy office) and Maureen Cuddahy of Norwell (Hanover office).

May: Theresa Repoff of Quincy (Quincy office) and Linda MacCoy of Norwell (Hanover office).

June: Mary Collins of Quincy (Quincy office) and Yvonne Girard of Weymouth and Eric Sugrue of Braintree (Hanover office).

Cuddahy and Repoff were the overall top producers for the second quarter for their respective offices.

For more information about Century 21 Annex Realty, Inc., call the Quincy office at 617-472-4330.

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Selling Homes In A Competitive Market

The number of homes on the market is increasing as quickly as the number of motivated sellers, resulting in a very competitive real estate business throughout greater Boston.

At this time there are almost 1,000 more homes for sale in the South Shore region than there were a year ago.

"This type of market makes it difficult for owners to successfully sell their property for the desired profit," said Century 21 Annex Realtor Stephen Downing. He believes that using a quick selling technique called "bidding up," works well in this kind of market when combined with modern technology.

When "bidding up," the Realtor will list the property well-below the suggested market price or below the lowest list price of other homes in the area, and keep it on the market for only a few weeks. This attracts brokers to the listing, creating a sellers' market.

"In this kind of competitive market you have to create attention to properties that may not have enough initial appeal to easily attract homebuyers," Downing said.

Downing experienced the "bidding up" process first-hand on a home in Quincy for which he was the listing agent. A young couple was looking to sell their home as

STEPHEN DOWNING

quickly as possible, but it did not have a lot of "curb appeal."

However, the interior design of the home easily compensated for the home's outward appearance. Downing listed the property for $250,000, well below the actual market value. After a few weeks the home sold for $285,000; $35,000 over the original list price.

In addition to innovative pricing strategies, Realtors are also employing non-traditional methods of showcasing home listings. In recent years the Internet has become a popular way to search for homes. More sellers are working with Realtors to set up virtual tours of their property on the web, allowing maximum exposure in the shortest amount of time.

The most important thing a Realtors can do in today's market is help the seller price the property correctly. The agent will assist the seller in determining the home's worth based on its location, size, features and available local resources. He or she will then compile a competitive market analysis of other homes in the area with similar characteristics.

Sellers and Realtors don't always agree on the list price. Realtors will sometimes allow the seller to increase the asking price up to $10,000 over the market list, but rarely higher. If the property has not made progress over a few weeks the Realtor will discuss a price adjustment and other marketing options with the seller.

"In today's competitive market it is not worth the time to list a property much higher than its suggested market price; it will not sell," Downing said. "It is best to use a Realtor to help you think outside the box and employ creative ways to sell your home."

Stephen Downing has worked in real-estate since 1974. Throughout his career he has served as the President of the Plymouth and South Shore Association of Realtors (1988), State Director of the Massachusetts Association of Realtors from 1986 through 1990 and a member of the National Association of Realtors. Downing lives in Quincy, with his wife, Susan. He is a father of three children Jay (20), Sarah (27) and Mike (30).

Beat the Humidity

(NU) - Too much moisture in the hot summer air can turn your home into a steam bath. According to the Environmental Protection Agency, the ideal relative humidity range for the home is between 35 percent and 50 percent.

How can homeowners efficiently accomplish this? One popular option is a portable dehumidifier, which by definition only addresses a small area of the home. However, these products can be high-maintenance, noisy and intrusive to the living space.

A more effective tool for the job may be a whole-home dehumidifier, like Aprilaire's Model 1700, which is designed to work in conjunction with an existing central cooling system.

With no messy tanks to maintain, whole-home dehumidifiers require little maintenance. They are inconspicuous and work silently to maintain the optimum humidity level automatically. And because dehumidified air feels cooler, homeowners can set their thermostats higher.

Some people try to use their air conditioner to remove humidity. But according to experts, homeowners should never lower the thermostat temperature in an attempt to control humidity.

Setting the thermostat temperature lower can actually work against the goal of reducing moisture in the home. Over-cooling raises the indoor relative humidity and decreases the temperature of the walls, floors and ceilings, increasing the potential for condensation. Also, many air conditioners will cycle on and off too quickly to eliminate moisture.

In addition to a whole-home dehumidifier, homeowners can further reduce moisture in the home with the following tips:

• Clean and repair roof gutters regularly. Use covers to keep leaves and sticks from building up.

• Vent appliances that produce moisture, such as clothes dryers and stoves, to the outside.

• Use downspout extenders that carry water at least 6 feet away from the foundation.

• Seal unwanted air leaks around holes for plumbing and wiring. This is where humid outside air sneaks into the home.

For more information visit www.aprilaire.com.

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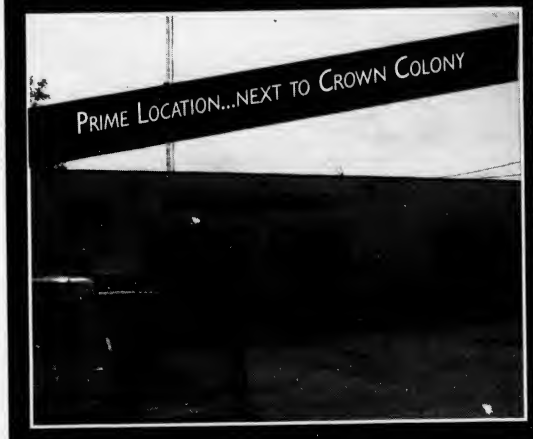

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Real Estate

By Samantha Mazzotta

Control Mosquitoes in Your Yard

Q. This year, for some reason, we cannot sit outside for even a few minutes without being bitten up by mosquitoes. This was never a problem in the past five years that we have lived here. We now have to spray bug repellent all over our skin just to sit outdoors in the evening, and even then we can see dozens of the little buggers swarming around the patio lights. Can you give us any ideas to clear up this problem, without resorting to chemical sprays? — *Lucy G., Newton, Mass.*

A. A warm, wet spring can spawn a huge mosquito population, and the Northeast had just that this year. Summertime is high season for these little critters, as you've noticed from the swarms around your patio.

The large number of mosquitoes is of special concern due to the increased possibility of mosquito-borne illnesses — like West Nile Virus and equine encephalitis — being contracted by humans. So taking steps to reduce the number of mosquitoes in your yard, and to prevent being bitten by them, is very important.

The best way to accomplish this is to eliminate as many sources of standing water from your yard and home exterior as possible. One cup of water can provide enough space to incubate hundreds of mosquito eggs. Here is a short list of things to do:

- Clean gutters, eliminating any debris dams that keep water from draining.
- Make sure the downspouts drain well away from the house, and that water continues to flow freely away and out of the yard.
- Clean up any piles of leaves, trash, branches, old tires or other junk where rainwater can pool.
- Turn over wheelbarrows, buckets or other containers.
- Store tarps, gardening tools, lawnmowers, etc., when not in use.
- If your pets' drinking water is outside, change the water daily and scrub the bowls to dislodge insect eggs.
- Add an aerator to outdoor ponds or water gardens, or add fish that will eat mosquitoes and their larvae.
- Note "wet" or "soft" spots in the yard where water drainage is poor; consult an expert on improving drainage from the area.
- If you collect rainwater to use in your garden, keep the rain barrel covered. (Covered rain barrels are available for purchase. Start at www.rainbarrelguide.com to learn more.)

Send questions or home repair tips to homeguru2000@hotmail.com, or write This Is a Hammer, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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Buyers Can Reap Benefits From Competing Lenders

Homebuying In A Tightened Market

(NAPS) Some good news is knocking at the door of prospective homeowners worried about the recent surge in mortgage rates.

The previously booming home-loan industry is undergoing a contraction. The Mortgage Bankers Association predicts the industry will shrink by 14 percent in 2006. What's the good news? That means lenders are competing harder to win business, and homebuyers are reaping the benefits.

Beyond discounts and extended terms, banks are leveraging their scale to eliminate many of the costs that cause confusion and frustration for homebuyers at closing. Bank of America's Floyd Robinson said his company offers real savings off closing costs of up to $2,000.

Robinson said they can offer this because they cut internal costs from the process and are passing those savings on to customers. These funds can be critical when applied towards the down payments, moving fees or new home amenities.

Robinson suggests following these tips when shopping for a mortgage in this new lending environment:]

- Check with the bank first. Banks may reward loyalty by offering a relationship discount.
- Don't pay for fees that other lenders have eliminated. Take advantage of programs like the one offered by Bank of America, which eliminates the origination, application, lender closing, appraisal, flood determination, tax service, credit report and courier fees for existing customers.
- Confirm the savings are real. Make sure the lender has truly cut costs and isn't simply rolling them into the overall cost of the loan.
- Focus on the annual percentage rate (APR) and not just the interest rate. The APR is what the loan is actually going to cost and it's a more accurate comparison of loan offers.

Most of all, remember to always work with a lender that is known and trusted, one that will work to find the right loan for individual needs and monthly budget, now and in the future. The right lender will take the gimmicks, guesswork and surprises out of closing and help make a dream home a reality.

Home buying and mortgage information, as well as home listings in select markets, are available at www.bankofamerica.com.

Maximize Comfort, Lower Utility Bills

(NAPS) Those who think that summers have been getting hotter in recent years may be right.

In fact, according to the National Climatic Data Center, 2005 was the warmest year since national records began in 1895. Combine those rising temperatures with increasing energy costs to cool a home, and the situation can be downright unbearable.

How can people lower their utility bills?

With the average homeowner spending more than $2,100 on energy, about half of it for heating and cooling, the cost of keeping cool can be expensive. To improve a home's energy efficiency and lower utility bills, conduct a simple home energy audit. Start by examining exterior walls, doors, and windows to identify any cracks where cool air could be seeping out, and seal leaks with caulk or weather stripping. Keep window blinds closed during the day to block sunlight form entering the home and plant trees around the house for added shade.

In addition, check the attic's insulation. If it's insufficient, the home's cooling system may have to work harder to regulate the indoor temperature. Add more if there currently is less than five inches.

Finally, be sure to set up an appointment with a home cooling professional to inspect and clean an air conditioner to ensure it's working as efficiently as possible. It may also help to install a programmable thermostat that will automatically adjust the indoor temperature while away, which also can help lower energy bills.

What can people do about a home that feels sticky and smells musty?

Even when the temperature is right, a home may still feel sticky due to excessive humidity, and that can affect overall comfort and well-being. In fact, too much moisture can lead to the growth of mold and mildew, which can potentially cause health issues.

To determine whether there are humidity problems, have the air tested. Lennox Industries offers a service known as the Healthy Advantage Program, in which an air-quality monitor is placed inside the home to measure humidity levels, as well as temperature, carbon monoxide, carbon dioxide, odors, chemical vapors and airborne particles, all which can affect health and comfort.

IF there is a moisture problem, it's important to inspect the house for any water leaks, and take appropriate measures to correct the problem. Consider purchasing a dehumidifier, which can significantly reduce the moisture in a home. Lennox recently introduced the Humiditrol whole-home dehumidification system, which is installed in the home's existing duct system and can remove up to three times more moisture from the air than a conventional dehumidifier.

What should people look for when shopping for a new air conditioning system?

The average life span of a quality central air conditioner is about 15 to 20 years, so it's smart to be thinking about replacement. Planning ahead gives time to conduct research and select the right system based on specific needs. Consult the Good Housekeeping Institute, as well as manufacturer websites and local air conditioning professionals, who can help guide in making an informed decision.

One of the most important things to consider when shopping for a new system is the seasonal energy efficiency rating (SEER). While the national minimum Seer rating is 13, many newer models have a SEER of 15 and higher, which will help in making the home more energy efficient. Some systems, such as the Dave Lennox Signature Collection XC21 air conditioner, are nearly twice as efficient as a standard air conditioner.

Finally, don't put a price tag on comfort. Purchase a system that is priced within the budget, but don't compromise comfort, household efficiency or long-term savings by purchasing a unit that will not satisfy needs well into the future.

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EXPRESSWAY TOYOTA

QSD Sewer 2nd Phase To Start

(Cont'd From Page 1)

Separate work will also proceed along Bromfield Street, Rawson Road, and Hamden Circle as part of the contract.

DPW Commissioner Steve O'Donnell said: "Residents should recognize that there will be some disruptions but that the benefits will far outweigh the inconveniences."

The contract was awarded to Albanese D&S Inc. The total project value is $2,723,568.

The project costs will be paid through the MWRA Local Pipeline Assistance Program, the DEP Water Abatement Trust Funds, and the city of Quincy's Sewer Rehabilitation.

"We continue to invest in our natural resources by locating outside funding sources," Phelan added. "Our hotel/motel tax allowed us to protect open spaces and these funding sources will help us improve the water quality at our flagship beach. I hope we can continue to make improvements in the quality of life in our city without an impact on our taxpayers."

DSS Agrees To Review Slashed DOVE Budget

(Cont'd From Page 1)

director of DOVE, had tried to meet with the DSS but had been rebuffed, said Morrissey.

"The DSS cast them adrift," he said. "They could have done more. They agreed to check on it"

Carroll pointed out how valuable DOVE is to local law enforcement, the police, the DA and the courts, in filling gaps that they are not equipped to handle.

"DOVE is one of the oldest domestic violence shelters in the country," said Morrissey. "That should count for something.

"Without DOVE's 18, there would be no beds for domestic violence victims from Quincy to Plymouth.

The DSS should work with us, not against us."

Also at Tuesday's meeting were Reps. Bruce Ayers and Ron Mariano and Kathleen Teahan of Abington.

Morrissey said another meeting with DSS is scheduled to be held in the next 10 days.

Father Bill's Place Receives $25,000 Grant

Father Bill's Place (FBP) has been awarded a $25,000 grant by the Boston Foundation (TBF) to research and track the success of its innovative *Housing First* program, a joint effort with Boston Healthcare for the Homeless and the Center for Social Policy at Umass Boston.

Housing First is a model of housing designed to provide barrier-free housing for those individuals that have struggled the most with homelessness and are the toughest to house. Instead of requiring homeless individuals to receive treatment before entering housing, Housing First addresses the housing needs first, thereby providing the individual with a safe, stable and supportive environment in which to address substance, mental health and other issues.

Mayor William Phelan and Peter Forman, chairman of the mayor's leadership council on homelessness, have provided insight and support for this new model, housing first. As a major component of the Quincy's ten year plan to end homelessness, Housing First has already helped the city exceed its first year goal as the number of its chronic homeless individuals has already dropped by 20 percent.

The project funded by TBF, will evaluate the effects of the Housing First model on the health status of chronically homeless people. It will also evaluate the cost effectiveness of this model over the traditional system of care for the homeless.

Since 2005, Father Bill's Place has been a leader in the housing movement, establishing 33 units of Housing First residences in the last year alone. The funding provided by TBF will enable the agency to follow the individuals who have moved into these units and asses their progress.

Father Bill's Place is an interfaith housing provider committed to providing permanent solutions to the problem of homelessness. Since its inception in 1984 as an emergency shelter, Father Bill's Place has grown into a social service agency assisting the entire South Shore community.

Writing Workshop Meets At River Bay Club

The *Between the Lines* writing workshop meets at River Bay Club, 99 Brackett St., which is wheelchair accessible, and has ample free parking.

The next session will meet Wednesdays, Aug. 23 - Sept. 20. The fee for five sessions is $55. Advance registration is required. Adults of all ages are welcome and no previous writing experience is required.

Call Quincy Department of Elder Services, 617-376-1506 for information or directions.

OBITUARY

David J. Farrell, 80

Former Columnist, Editor

DAVID J. FARRELL

A funeral Mass for David Joseph Farrell, 80, of Quincy, formerly of Milton, a former Boston Globe columnist and Boston Herald-Traveler managing editor, was celebrated Tuesday at St. Agatha's Church, Milton.

He died Aug. 4 at home.

Mr. Farrell began his newspaper career as a sportswriter for The Hockey News, covering the Boston Bruins. In 1949, the Boston Traveler hired him as a reporter and his first assignment was covering the crime beat for the afternoon newspaper. He was assigned to cover politics in the early 1950s, including the Legislature and governor's office.

During his 23 years at the Herald-Traveler, he was also a political columnist, city editor and managing editor. The latter position included appearances on the local weekly television panel show "Starring the Editors."

He also worked as assistant to the publisher and circulation director between 1968 and 1972.

Mr. Farrell started his own public relations consulting firm in 1985.

He enjoyed spending time in the New Hampshire mountains with his wife, dining at Anthony's Pier 4 with friends and family and playing handball and racquetball.

During World War II, Mr. Farrell served in the Navy as an aviation cadet and was discharged from active duty at Chapel Hill, N.C., at the end of the war.

Born in East Rutherford, N.J., and raised in Dorchester, he attended St. Margaret's Elementary School. He graduated from Boston College High School in 1943 and from Boston College with financial assistance from the GI Bill.

He is survived by his wife of 57 years, Dorothy (Ahearn) Farrell; four daughters, Dr. Colleen Selig, M.D., of Glastonbury, Conn., Joanne Campo, Esq., of Milton, and Mary Farrell and Bridget Henry, both of Quincy; four sons, David A. Farrell of Brockton, Gregory Farrell of Pelham, N.Y., John Farrell of Newton and Mark Farrell of Plymouth; 16 grandchildren; and many nieces and nephews.

Burial was in Milton Cemetery.

Funeral arrangements were by Alfred D. Thomas Funeral Home, Milton.

Monthly Anime Screening Tonight At Crane Library

The monthly anime screening in the large meeting room at the Thomas Crane Public Library tonight (Thursday) at 7 p.m. will feature "Naruto Volume 1: Enter Naruto."

It tells the story of the orphaned newborn Naruto Uzumaki who uses the Nine-tailed Fox Spirit inside him to achieve his life-long goal of becoming the Hokage of the Hidden Leaf Village.

The program is intended for adults and teens and is not suitable for younger audiences. For more information, call 617-376-1301.

Line Dancing For Seniors

The Quincy Council on Aging will hold a line dancing class for seniors every Thursday at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., Quincy Point.

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QUINCY POLICE HOT SPOTS

QUINCY POLICE STATISTICS: July 28 - Aug. 3
Total Calls for Service: **1502**
Total Arrests: **44**
Total Stolen Cars: **4**

FRIDAY, JULY 28

BREAKING AND ENTERING/PAST, 3:34 a.m., Citgo, 571 Hancock St. Glass broken. Citizen reported seeing two parties dressed in black running down Chestnut St.

VANDALISM/PROPERTY, 7:04 a.m., 349 Belmont St. Car. Back window smashed.

VANDALISM/PROPERTY, 9:10 a.m., 146 Independence Ave. Past. Large glass table smashed in the backyard.

VANDALISM/PROPERTY, 9:33 a.m., Roseann's, 1089 Hancock St. Paint ball.

LARCENY/MOTOR VEHICLE, 11:36 a.m., 75 Dysart St. 2002 Chevy Cavalier, color gray.

BREAKING AND ENTERING/PAST, 3:03 p.m., 325 Newport Ave. Dwelling. Computer missing.

VANDALISM/PROPERTY, 3:11 p.m., 349 Belmont St.

SATURDAY, JULY 29

LARCENY/MOTOR VEHICLE, 2:30 a.m., 353 Sea St. Caller forgot they parked it across the street.

VANDALISM/PROPERTY, 8:28 a.m., 167 Connell St. To vehicle. Rock was thrown through the window.

BREAKING AND ENTERING/PAST, 9:32 a.m., Des Moines Rd. and East Howard St. Trailer at construction site.

VANDALISM/PROPERTY, 12:23 p.m., Roseann's, 1089 Hancock St. Paintball front window.

LARCENY, 1:44 p.m., 162 West Elm Ave. Cash. Caller had a yard sale and her money box disappeared. Caller believes that a male sitting on sea wall opposite West Elm Ave., long hair, ballcap, jeans and t-shirt may have stolen it. About $200.

BREAKING AND ENTERING/ATTEMPT, 5:22 p.m., 44 Lind St. Dwelling.

VANDALISM/PROPERTY, 11:11 p.m., 303 Washington St. Hallway. Someone vandalized the rear hallway with writing.

SUNDAY, JULY 30

BREAKING AND ENTERING/PAST, 9:36 a.m., Mykolisa Studio, 403 Hancock St. Business.

LARCENY/MOTOR VEHICLE, 10:07 a.m., 186 Atlantic St. Past. 2000 Honda Civic, color black. Taken sometime overnight. Also wallet with credit cards taken, also tools taken. Credit cards have already been used. Also company check for $8900 was inside. Stop will be placed on the check.

VANDALISM/PROPERTY, 4:31 p.m., Highlands at Faxon Woods, 2001 Falls Blvd. Locks. Minor damage to door.

VANDALISM/PROPERTY, 4:51 p.m., North Central Ave. and Taylor St. Motor vehicle with its rear window broken.

VANDALISM/PROPERTY, 5:25 p.m., Burger King, 62 Granite St. Graffiti in the bathroom. Black magic marker used. Was cleaned before officer arrived.

BREAKING AND ENTERING/PAST, 10:28 p.m., 196 Atlantic St. Dwelling..

LARCENY, 11:17 p.m., WaterWorks, 333 Victory Rd. Purse. A women's black purse was taken from a table area.

MONDAY, JULY 31

VANDALISM/PROPERTY, 8:08 a.m., Hill at Furnace Brook, 308 Quarry St. Motor vehicle damage. Front windshield smashed overnight.

BREAKING AND ENTERING/PAST, 9:20 a.m., Pro Spec Performance Auto, 141 Water St. Business. Caller states there was a break at this address this weekend through the back door. Rear door forced open, numerous tire rims were stolen.

VANDALISM/PROPERTY, 10:24 a.m., 19 Rice Rd. Motor vehicle damage. Passenger side front door scratched. Happened July 30.

LARCENY, 12:43 p.m., Hannaford Supermarket, 475 Hancock St. Wallet.

ASSAULT AND BATTERY, 2:43 p.m., Waterclub, 319 Victory Rd. Past. Caller in lobby states she was assaulted last night at Waterclub by known party. Officer states that the party does not want any police assistance.

VANDALISM/PROPERTY, 3:06 p.m., Ross Parking Area, 96 Parkingway. Smashed window. Caller states her rear window was broken on July 27.

BREAKING AND ENTERING/PAST, 4:26 p.m., 38 Nilsen Ave. Garage. Lock was tampered with on garage. Door found open and a collectible model car and roadside emergency tool kit were stolen.

TUESDAY, AUGUST 1

BREAKING AND ENTERING/PAST, 5:57 a.m., 36 Edison Park. Shed. Unlocked shed entered and motorcycle stolen. 2005 Honda motorcycle, color black.

LARCENY, 9:39 a.m., 211 West St. Package. Package dropped off at above yesterday. It was signed for by a neighbor. Package is now missing. Over $1,000 in merchandise.

LARCENY, 11:54 a.m., North Quincy Shell, 315 Hancock St. Credit card.

VANDALISM/PROPERTY, 3:13 p.m., 134 Independence Ave. Someone throwing rocks and debris in his pool.

LARCENY/MOTOR VEHICLE, 6:25 p.m., 81 Brook St. Motorcycle taken sometime overnight. 2006 Kawasaki motorcycle, color black.

VANDALISM/PROPERTY, 8:11 p.m., Captain's Cove Condos, 200 Coveway. Past. Entire left side, rear door, rear quarter panel on motor vehicle keyed.

WEDNESDAY, AUGUST 2

BREAKING AND ENTERING/PAST, 9:14 a.m., 186 Summit Ave. Dwelling. Basement entered and items were taken. No signs of forced entry. Basket of clothes and $1.75 stolen from laundry room.

BREAKING AND ENTERING/PAST, 12:02 p.m., 95 Taffrail Rd. Dwelling. Several items missing. Apartment entered while victim slept on living room sofa and AM/FM radio, Game Cube memory card, and an AC adaptor were stolen. No sign of force.

VANDALISM/PROPERTY, 12:14 p.m., Little HW Co., 1221 Sea St. Van.

LARCENY/, 1:50 p.m., Zoots Cleaners, 65 Newport Ave. Deposit. Night deposit missing from July 13.

BREAKING AND ENTERING/PAST, 3:53 p.m., 22 Watson Terr. Dwelling. $350 taken, sometime this date. Party went out, left doors unlocked.

LARCENY, 5:06 p.m., Hannaford Supermarket, 475 Hancock St. Credit card. Past larceny of credit card. Debit card was stolen on July 18 from service desk, used at various locations since.

LARCENY, 5:11 p.m., 1132 Furnace Brook Parkway. Past. Ten syringes confiscated.

VANDALISM/PROPERTY, 6:37 p.m., 23 Barbour Ter. House/paintball. No damage, hit the porch railing only.

THURSDAY, AUGUST 3

LARCENY, 7:51 p.m., Stop & Shop Supermarket, 495 Southern Artery. By check. Stolen check used for $90.47 on June 27. Complaint for larceny by check, uttering, and forgery.

LARCENY, 9:01 a.m., 99 Brackett St. Jewelry and other items taken.

LARCENY, 1:18 p.m., 345 Washington St. Credit card.

UNARMED ROBBERY, 1:27 p.m., McIntyre Mall, 1305 Hancock St. Just occurred. Black male, 6 feet, curly black hair, white tank top, blue jeans, white sneakers; black female, black tank top, blue jeans, sandals, headed toward Hancock St.

INDECENT ASSAULT AND BATTERY, 2:54 p.m., 2 Webster St. Past.

VANDALISM/PROPERTY, 8:37 p.m., Christ Church, 12 Quincy Ave. Window. Back window by the garage. Window located, caller not on scene. Clear - pastor was notified.

ARMED ROBBERY, 8:44 p.m., Hess Gas Station, 238 Hancock St. Gun shown. White male, 20 years old, white shirt, jeans. Transit PD called and canine is enroute. Showed black gun, asked for $100. Fled on foot. No gun was shown - suspect alluded to gun with unknown object under shirt.

❑

If you have information on the above crimes, or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764**. If you wish to report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. If you wish to make an appointment to view the **Registered Sex Offenders** book, call **617-745-5768**.

If you wish to contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us--*Lt. Dan Minton.*

A Job Well Done

On July 24, at approximately 10:12 a.m., Officer Tom Pepdjonovic was dispatched to the Norton Road area on a call of "a woman just walked into my house."

As Officers Harry Breen and Bob Pearson also responded to the call, dispatch informed the units the white female caller stated the woman (suspect) was unknown to her and she left, walking towards Sea Street.

LT. DAN MINTON

While Pepdjonovic was obtaining additional information from the caller, Pearson radioed that he observed a white female run across Sea Street from Hobomack Road and cross back and get on a bus heading towards Quincy Square. Breen followed the bus and awaited more information on the suspect.

The victim told Pepdjonovic she was in her den when she saw the suspect in the living room. The suspect said she was looking for "her Christian friend Tracy." The victim stated no one by that name lived there and told her to get out, which she did, and then called the police.

The victim said she was startled and frightened by the incident, but did not believe anything was taken. The victim described the suspect as a white female in her late 30s and wearing a light-colored tank top. It is believed the suspect entered via an unlocked rear door.

Pearson, who was now at the crime scene, confirmed to Breen the woman who boarded the bus matched the description of the suspect. Breen stopped the bus by the police station and asked the bus driver who he picked up at Norton and Sea streets. He pointed to the woman matching the description.

After asking the suspect to step off the bus, Breen gave her Miranda Rights and proceeded to ask questions about the incident. The suspect denied entering any home and that she got on the bus at 151 Sea Street. Breen knew this was not possible since he had followed the bus and no one had boarded.

The suspect identified herself but did not have any proof of identification or know her social security number. She stated she had identification nearby in her apartment, so Breen transported her there.

While inside her apartment, she stated she lied and gave her real name and date of birth. A criminal record check verified her identity, along with 122 arraignments (court appearances to face charges). Many of the offenses were "Breaking and Entering."

The suspect was transported to the home of the victim, where the victim stated she was "100 percent sure that she was the woman" inside her home. The suspect, a 45-year-old Quincy resident, was arrested and charged with "Breaking and Entering into a Building." Nice work!

For many residents living in small cities or towns, in the suburbs, leaving the doors of their home unlocked has been a way of life for years. Consider this: if you lock your doors when you go out so that no one will take any of your valuables, why would you leave the door unlocked when you are home? Your safety and well being of others, such as young children, are more valuable than any possession in your home.

Once someone enters your home unannounced with the intention of taking something and there is a confrontation, the danger level increases significantly especially if he/she (or they) overpower you. Keep in mind the suspect also knows you can identify them as the perpetrator!

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SPOTLIGHT ON HEALTH & FITNESS

FROM START TO FITNESS

by Andrea Wyatt
M.S.S., C.S.C.S.

How to Eliminate Inner-Thigh "Rub"

Q. The part of my body that bothers me the most are my inner thighs. Despite many attempts to lose weight, my thighs still rub together, making it uncomfortable to exercise — not to mention wear shorts to the gym. What can I do to help eliminate the dreaded "rub" of my thighs?

A. Factors such as genetics, lifestyle choices, body composition and activity level all play a role in the size, strength and appearance of your inner thighs. Working on factors you CAN control, such as exercise, is a great place to start tackling the inner-thigh "rub."

Here are three exercises you can add to your current workout routine to help strengthen the muscles of your inner thighs:

• Squats are great for your legs. Start with your feet and knees facing forward, feet shoulder-width apart. Bend your knees and sit your weight on your heels as you lower toward the ground. (Do not go down lower than 90 degrees!) Return to a standing position, keeping your weight on your heels, with feet and knees forward.

• Plie squats are similar to the squats mentioned above, but your foot position is turned out. Begin with your feet slightly wider than shoulder width and turn your feet to point outward. Line your knees up with your feet and lower your body toward the ground. Keep your knees and feet turned and upper body upright (not bending forward) until you reach 90 degrees. Pressing through your heels, return to a standing position.

• Side lunges work all of the muscles of your thighs. Start with your legs wider than shoulder-width apart, with your feet facing forward. Keeping your feet facing forward, shift your weight to the right by bending your knee forward. Your weight should be on your right heel, and your hip, knee, ankle and foot should all be in alignment, while the left leg remains straight. Bend your knee only low enough to maintain control, then straighten the right leg to standing position. Complete the same movement on the left side.

Complete each of these exercises for 10-15 repetitions, and one to three sets. After you master these exercises using just your body weight, you can add resistance from either dumbbells or a medicine ball. Remember to maintain a strong and aligned upper body while completing these lower body exercises.

Although there is no guarantee as to just what your body will look like, adding these exercises into a total body exercise program — along with eating properly — can help you see better results.

Always consult a physician before beginning an exercise program. If you have a fitness or training question, e-mail Andrea Wyatt at letters.kfws@hearstsc.com or write her in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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Advancements In Sun Care Protection

(NAPS) Advancements in sun care protection are hot as researchers continue to seek more effective and longer-lasting sunscreens.

Wearing sunscreen is an important part of keeping summer fun from having painful effects. Not only can sunscreen prevent burning, it can help prevent skin cancer later in life.

Most sunscreen agents lose their effectiveness and break down as they are exposed to the sun. The breakdown in sunscreen is unstoppable, because of the natural reaction between UV rays and sunscreens, but it can be minimized.

To test UVB sunscreens' lasting ability, the FDA requires the use of solar simulators. However, these simulators have proven to be a weak method in analyzing a formula's ability to last in natural sunlight. Although difficult and time consuming, in-sun testing is the best proven method to test pohotostability: how a formula withstands sunlight. Currently, only one care researcher is known to perform both simulated and in-sun testing.

By using both forms of testing, Florida-based Hawaiian Tropic has been able to produce formulas that offer broad-spectrum protection and don't break down in the sun as much as ordinary sunscreens. Its new patent-pending SunSure Technology uses a mixture of ingredients to maintain the protective powers of Parsol® 1789, a UVA absorber, in all of its products SPF 15 to SPF 70.

"A wise sunscreen choice is to opt for formulas that offer true UVA and UVB protection and won't degrade over hours in the sun with proper use. Look for products containing Parsol® 1789 for broad-spectrum UVA protection," said dermatologist Jeanine Downie, M.D., Montclair, N.J.

Experts also offer the following tips on keeping safe with sunscreen:

• Sun protection is important for adults and essential for children. These harmful effects of UV rays are cumulative. Make sun care part of the daily routine.

• If skin begins to turn red, get out of the sun.

• Sunscreens aren't just for a day at the beach. Use sun protection for outdoor winter activities as well.

• Try to schedule outings before or after the peak sun hours of 10 a.m. to 3 p.m.

To learn more, visit the website at www.hawaiiantropic.com.

Red Cross CPR, First Aid Courses

The American Red Cross of Massachusetts Bay is offering the following courses Aug. 17-29 at its South Area office, 1495 Hancock St., Quincy.

Adult CPR/AED Review: Aug. 17, from 6 to 8:30 p.m. Cost is $50. Prerequisite: Current certification in Adult CPR/AED.

Adult CPR/AED & First Aid: Aug. 19, from 9 a.m. to 4 p.m. Cost is $75. Completion of this course awards an Adult CPR/AED certificate valid for one year and a First Aid certificate valid for three years.

CPR For The Professional Rescuer Review: Aug. 21, from 6 to 10:30 p.m. Cost is $60. Prerequisite: Current certification in CPR For The Professional Rescuer.

CPR/AED For The Professional Rescuer: Aug. 22 and 29, from 6 to 10:30 p.m. Cost is $80. In addition to skills learned in Adult, Child & Infant CPR, this two-session course teaches two-rescuer CPR, advanced airway procedures and the use of a pocket mask.

CPR/AED For The Professional Rescuer: Aug. 23 and 30, from 6 to 10:30 p.m. Cost is $80. In addition to skills learned in Adult, Child & Infant CPR, this two-session course teaches two-rescuer CPR, advanced airway procedures and the use of a pocket mask.

Adult CPR/AED: Aug. 24, from 6 to 10:30 p.m. Cost is $55. This course teaches bleeding, first aid for choking and CPR for victims over 8 years of age.

CPR For The Professional Rescuer Review: Aug. 26, from 9 a.m. to 1:30 p.m. Cost is $60. Prerequisite: Current certification in CPR For The Professional Rescuer.

The American Red Cross is accepting registration for Home Health Aide/Certified Nursing Assistant evening course starting Sept. 5 and a daytime course starting Sept. 18. Cost is $800.

Also, the American Red Cross will train qualified applicants to become certified classroom instructors in CPR and First Aid.

Pre-registration is required for all courses. For more information call 617-770-2600, Monday through Friday, 8:30 a.m. to 4:30 p.m.

Men Dieting

(NAPS) Male obesity has become a weighty topic, and it's on the rise in the United States.

Although weight-loss programs and diet trends often focus on women, the American Obesity Association found that the prevalence to be overweight is higher for men (67 percent) than women (62 percent). In fact, a recent study from the National Institute of Health (NIH) conducted over 30 years, showed that nine out of 10 men and seven out of 10 women were overweight or became overweight. But despite being more prone to obesity, only 39 percent of men are on a diet or would try to diet to lose weight, as opposed to 70 percent of women.

While some men do place importance on health and weight loss, their approach is different than women, and therefore guys are hesitant to go on a diet. In fact, according to the NIH, 66 percent of men say they eat the foods they like regardless of calories, which leaves men wondering how can they eat what they want and still lose weight.

A new dieting program designed just for men marries two concepts: weight loss and good food, to help men achieve their weight-loss goals. The weight-loss program is called NutriSystem and it's available online at www.men.nutrisystem.com. The program is based on portion-controlled, lower-Glycemic-Index prepared meals, so everything is already done ahead of time.

The plan is simple and time efficient because there are no group meetings to attend. The program leaves the stress of calculating what should or shouldn't be eaten up to an expert, by providing customers with prepared meals. Men can still eat their favorites, such as burgers, pizza, hot dogs, lasagna, pot roast, tacos and scrambled eggs.

To learn more, visit www.men.nutrisystem.com.

DENTISTRY for the 21st Century

by Steven A. Brustin, D.M.D.

MORE TEETH TRANSLATES TO LESS HEART DISEASE

While a previous study found a link between periodontal disease and tooth loss and an increased risk of atherosclerosis and heart disease, a more recent study suggests a strong link between tooth loss and heart disease. According to the study of nearly 42,000 adults over the age of 40, heart disease was present in 4.7% of those without any tooth loss, 5.7% of those who were missing one to five teeth, and 8.5% of those with no teeth. This finding is significant, although researchers cannot pinpoint the exact cause. Tooth loss and heart disease are quite prevalent conditions. Any information that leads to a decrease of one or the other is certainly worth exploring.

If you are looking for a family dentist who understands the needs of everyone in your family as individuals and as patients, we hope you will consider us. Since there is no pain or discomfort present during the initial stages, people often ignore the signs and symptoms, believing them to be normal occurrences. Knowledge about gum disease is, therefore, imperative to dental health. If you need answers to questions about gum disease, or any other dental health care, don't hesitate to contact us at 617-479-6220. We're located at 44 Greenleaf Street. We offer the services of anesthesiology with a fully trained and qualified anesthesiologist. Visit us on the web at www.quincydentist.com.

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DROP-IN OR TAKE A SERIES

National League, West All-Star Game Winners

Babe Ruth International

The Babe Ruth International League recently held its "All Star Sunday" at Adams Field.

In the 14-year-old game, the National League scored four runs in the seventh inning to capture a 10-7 victory over the American League in eight innings.

The AL jumped on top in the first inning with singles by Lamonte Toombs and Paul Reardon and a sacrifice fly by Elvin Nunez.

It scored three more times in the third on a single by Zach Dwyer, a triple to deep center by Steve Santana, a single by Tommy Petitti and a bases-clearing double by Tim Gillis.

The NL chipped away with two runs in the third and another in the fourth on singles by Sean Kelly and Ed Adams. It scored again in the sixth as Brian Joyce singled, stole second and came home on Danny Diggins' single.

The AL bounced back with one of its own in the sixth on consecutive singles by Matt Jayne, Ryan Keane and Myles Carrigan for a 7-6 lead.

However, the NL broke it open in the seventh as Kevin Mullarkey walked, stole second and scored on Kelly's double. After Lucas Reilly walked, Rich Ryan knocked both of them in with a single.

Diggins and Kelly each had two hits for the winners while Jayne and Gillis each had a pair for the AL.

Kelly, Ryan Bulger and Mark McCully all looked good on the mound with McCully picking up the win.

TIM GILLIS (left) of Braintree Moose and Matt Jayne of Marina Bay Skilled Nursing were named the American League and National League MVPs, respectively, in the recent 14-year-old Babe Ruth International League All-Star game at Adams Field. The NL won, 10-7.

JAMES WILBUR (left) of State Street Global Advisors and Myles Riddell of Graeber, Davis & Cantwell were named Rookies of the Year in the Babe Ruth International League.

THE WEST edged the East, 6-5, in the recent 15-year-old Babe Ruth International League All-Star game at Adams Field. From the left: J.J. Downs, Brian O'Connell, Will Head, Pat Watkins, Steve Shattuck, Bill Ahern, Sean Kelly, Dave Hennessey, Diego Arredondo, Ben Leahy.

Sports

Jayne pitched three strong innings in a losing effort. Jayne and Gillis were selected as the game's MVPs.

In the 15-year-old game, the West defeated the East, 6-5, behind the slugging of Toombs (double, single, two RBI), Kevin Zagrodny (single, three stolen bases, two runs) and Pat Watkins (single, two RBI).

The pitching combination of Sean McDonald, Ben Leahy and Steve Shattuck was just enough to take the one-run victory.

The East made it close as it came up with four runs in the third inning on a Richie Shea single, a walk to Steve Barresi and consecutive singles by Jimmy Holcomb and Dave Hennessey with Hennessey scoring on a ground out.

Diego Arredondo pitched two scoreless innings for the East while Toombs pitched a scoreless seventh for the winners to notch the save.

Will Head was superb in a losing effort, striking out seven all-stars in three innings. He was justly rewarded by winning the game's MVP award.

Earlier in the day, Myles Riddell of Graeber, Davis & Cantwell and James Wilbur of State Street Global Advisors received the Rookie of the Year awards. Also, Watkins of Graeber, Davis & Cantwell was named the MVP of the entire playoffs.

PAT WATKINS of Graeber, Davis & Cantwell was named the MVP of the Babe Ruth International League playoffs.

Women's Club Golf Results

Here are the results from the recent Women's Club Championship held at Presidents Golf Course:

(Par 70, three round totals)

Championship Flight
Gross
Chris Fitzpatrick, 229
Keri Pratt, 238
Marion Conroy, 246
Linda Goulet, 247
Net
Patty Buck, 201
Carol Mather, 204
Mary Von Freymann, 210
Flight Two
Gross
Sue Martinelli, 256
Geralyn Saunders, 263
Christine Rivard, 272
Rosemary Jennings, 277
Linda Jamieson, 279
Net
Carol Cahill, 203
Roberta McCann, 206
Pat Walsh, 210
Marie Keddy, 214
Sandra Jordan, 217
Mal Nestor, 222
Dolly Barron, 225
Flight Three
Gross
Paula Murphy, 297
Jean Faccione, 299
Net
Dotty Fraser, 201
Nancy Sullivan, 201
Elaine Mooney, 213
Rosemary Cannon, 219

Tourneys Benefit Jimmy Fund

Two golf tournaments will be held at Presidents Golf Course in Quincy to benefit the Jimmy Fund.

Shannon's Tournament will take place Friday beginning at 8 a.m. Entry fee is $100. The Nancy G. Smith-Swift Memorial Golf Tournament will be held Wednesday, Aug. 16, starting at 7 a.m. Entry fee is $125.

Each year Jimmy Fund Golf, the nation's oldest and largest grassroots golf program for charity, brings together hundreds of volunteers and thousands of golfers who are united in their love for the game of golf and their desire to fund cancer research.

Starting with individual benefit tournaments dating back more than 50 years, just after the Jimmy Fund was founded, Jimmy Fund Golf has steadily grown to more than 150 tournaments annually since it was formerly organized in 1983.

In 2005, Jimmy Fund Golf events collectively raised $5.5 million. All tournament proceeds support cancer research and treatment at Dana-Farber Cancer Institute in Boston. For more information, call 866-521-GOLF.

Gallagher Family Hosting Golf Tournament Aug. 26

The Gallagher family of Quincy will be hitting the greens once again in memory of one of their own.

They will host the eighth annual golf tournament in honor of the late Charles Francis Gallagher Saturday, Aug. 26, at Presidents Golf Course with a banquet to follow at the Common Market.

Joan Gallagher, who is organizing this year's event, said her father taught many relatives the game of golf before he died eight years ago.

Fifty-two family members will gather on the golf course for what serves as a reunion, including those from California, New York, Connecticut and the Vineyard who were raised in Quincy.

The family donated proceeds from the tournament to a scholarship at Sacred Heart School in the past. This year, the proceeds will benefit a Vietnamese orphanage.

Junior Classic Golf Results

Here are results from the recent Norfolk County Junior Classic for boys at Presidents Golf Course:

(Par 70)

Ages 18-20
Ryan Furey, 72
Ryan Kenny, 73
Matt Sebet, 75
Peter Meagher, 76
Colin Roth, 76
Michael O'Brien, 77
Pat Cadigan, 79
Shane Phillips, 79
Corey Turner, 81
Matt Bradley, 88
Ages 15-17
Omorry James, 68
Jon Whitaker, 74
Louis Bodinaku, 74
Kevin Shea, 75
Tom Kelly, 75
Brad Cadigan, 77
Ben Abbott, 77
Rob McAloon, 78
Brett Stoddard, 78
Dave Wilson, 79
Joe Young, 80
John Stigas, 80
Mike Griffin, 80
Ages 12-14
Pat O'Leary, 76
Wesley Koen, 80
Daniel Abbott, 81
Michael Mulkerrins, 84
Matt Brundige, 86
Phillip Sciretta, 88
Brayden Minahan, 91
Brian Young, 91
Jon Stoddard, 95
Jack Bandera, 99
Sean Gately, 100

NQHS Boys' Soccer Practices Begin Aug. 24

The North Quincy High School boys' soccer team will start practices Thursday, Aug. 24, from 9 a.m. to 1:30 p.m. at Atlantic Middle School.

Physicals will be held Aug. 18 at North Quincy High School and Aug. 11, 25 and 31 at Quincy High School from 8:30 a.m. to noon.

For more information, call head coach Rich Hanlon at 617-827-8697.

by Bill Starkie and Kevin McGroarty

FUEL MILEAGE IN THE REAL WORLD

Consumers who take notice of the Environmental Protection Agency's fuel economy numbers on the sticker of new vehicles are likely to find that the fuel-mileage estimates seldom measure up. That is because the EPA fails to consider factors such as hilly terrain, the use of air-conditioning, and starting and stopping in its testing. All that is about to change, however. In its first revision of its system of fuel economy rating in 20 years, the EPA will take the aforementioned factors into consideration. As a result, miles-per-gallon are likely to decrease 10%-20% for city driving and up to 15% for highway driving. The new, more realistic figures should provide consumers with better information to make car-buying decisions.

Getting the optimal fuel mileage from your car depends on a number of factors. At LEO & WALT'S SUNOCO, our specialists have the automotive knowledge to get every mile possible out of every gallon you put into your tank. Located at 258 Quincy Ave., E. Braintree, we guarantee your satisfaction with any work done by us. Questions regarding fuel mileage? Call 781-843-1550. Sunoco and most major credit cars honored. Open: Mon.-Fri. 6am-9pm, Sat. 7am-9pm, Sun. 9am-5pm.

HINT: The EPA's revised fuel mileage estimates are scheduled to begin with the 2008 models.

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Easter Seals Promotes Sarah Jacobetz To Clinical Director

SARAH JACOBETZ

Sarah Jacobetz of Quincy has been promoted to clinical director at Easter Seals Massachusetts, where she has been a speech-language pathologist since August 2003.

Easter Seals provides services to people with disabilities and their families throughout the state.

In her new position, Jacobetz supervises and provides clinical and administrative support to Easter Seals occupational, physical and speech therapists in the Boston area. Easter Seals therapists work in a number of settings, including nursing homes, schools and adult day health programs.

Jacobetz, a speech-language pathologist, was presented with the Easter Seals Employee Spirit Award last year for her dedicated service to her clients. She worked with school-age children, young adults and nursing home patients with speech and language disabilities.

Jacobetz came to Easter Seals with broad experience in treating and studying communication disorders among child and adult patients at several hospitals and nursing facilities in Pennsylvania and Massachusetts.

She is a member of the American Speech-Language and Hearing Association and has a master's degree in communication sciences and disorders from the University of Pittsburgh. She graduated from Case Western Reserve University in 2000.

Easter Seals Massachusetts provides services to ensure that children and adults with disabilities have equal opportunities to live, learn, work and play. Easter Seals offers technological assistance, job training and employment services, recreational activities, rehabilitation services and public awareness programs.

For more information, call 800 244-2756 or go to www.EasterSealsMa.org.

DR. ANN DOGGETT snips the opening ribbon as WholeBody Solutions at South Bay Chiropractic moves from North Quincy into new and larger quarters at 605 Hancock St., Wollaston. Left to right, Dean Rizzo, executive director of Quincy 2000 Collaborative; Dr. Jay Provenzano, Dr. Ann Doggett and Alicia Ralph, all of WholeBody Solutions; and City Council President Doug Gutro.

TURI Seeks Grant Proposals

State Senator Michael Morrissey announces that the Toxics Use Reduction Institute (TURI) at Umass Lowell is seeking proposals for non-profit community or environmental organizations, municipal departments, or agencies in Massachusetts.

The Toxics Use Reduction Institute provides the Resources and tools to help Massachusetts companies and communities make the Commonwealth a safer place to live and work. TURI will award the grants at a maximum of $12,000 each. The deadline for proposal submissions is Aug. 30.

Neighborhood associations, labor unions, fire and police departments, civic organizations, chambers of commerce, libraries, boards of health, hospitals, health centers and public schools are all encouraged to apply. Now in its 12th year, the goal of the TURI grant program is to help organizations raise awareness of the hazards of toxic chemical use and introduce safer alternatives within their neighborhoods.

For more information, contact Rachel Massey at 978-934-3195 or by email at Rachel_Massey@uml.edu or Morrissey's office at 617-722-1494.

Vets Adviser At COA Office

John D. Miller of Home Care Partners, will be at the Council on Aging office, 83 Saratoga St., each Wednesday to advise veterans or their surviving spouses of their in-home care benefits.

To schedule an appointment, call the Council on Aging at 617-376-1506.

Wholebody Solutions Moves From North Quincy To Wollaston

WholeBody Solutions at South Bay Chiropractic, which has provided Quincy with effective natural solutions to health problem for the past 17 years, has expanded into larger quarters at 605 Hancock St., Wollaston Center.

A recent ribbon-cutting was attended by City Council President Doug Gutro; Dean Rizzo, executive director of Quincy 2000 Collaborative, and Dr. Jay Provenzano, Dr. Ann Doggett and Alicia Ralph, members of WholeBody Solutions.

WholeBody Solutions, formerly of North Quincy, has brought to its new location an array of services designed to provide the community with safe and effective natural answers to health and wellness issues.

Dr. Doggett combines the expertise she has gathered in her 17 years of experience in chiropractic care and holistic health to create a unique niche in the natural health care community.

Dr. Provenzano specializes in a myriad of health issues, including disc herniation, sports injuries, carpel tunnel, plantar faciitis, rotator cuffs and nutrition.

Their experiences enables WholeBody Solutions to focus on quality chiropractic care, whole-food nutrition and acupuncture while providing guidance along each patient's path to full-health potential.

WholeBody Solutions at South Bay Chiropractic is a short walk from the Wollaston T Station and is open Monday through Saturday, with evening appointment Monday - Thursday.

For more information, drop in or visit their website at **www.wholebodysolutions.org.**

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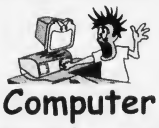

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The Quincy Sun

D & B Recipient Of Safe Practices Grant

D&B Tree Service of Quincy is the recipient of a $24,974 grant used for training staff in safe practices, from the Massachusetts Department of Industrial Accidents (DIA).

D&B provides tree care services to residential, commercial, and municipal customers.

At a recent ceremony to commemorate the event, DIA presented an award to Joe DiStasio, president of D&B, and Mark Bogan, vice president of D&B.

John Ziamba, director of labor at DIA, said: "This grant is an example of where we're taking this program. (D&B is) doing a great job maximizing their resources to protect their employees, and we applaud them for it."

Henry Swiniarski, commissioner of DIA, said that the DIA grants $800,000 annually to high-risk companies to promote safe practices. Grants are up to $25,000 each. Any company is eligible to apply for additional credit. DIA grants have affected the practices of 250,000 employees throughout Massachusetts.

Representing Senator Michael Morrissey's office, Peter Brennan, legislative aide, attended the ceremony and congratulated D&B on procuring the grant.

For more information or to apply for a grant, visit www.mass.gov/DIA.com.

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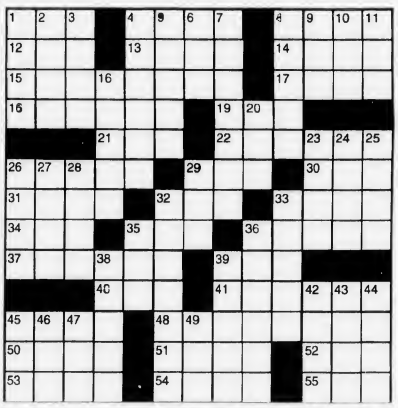
SUN FUN PAGE

King Crossword

ACROSS
1 Diamond arbiter
4 Skirt length
8 Cop's protective garb
12 Carnival city
13 Valhalla VIP
14 Rainbow
15 February birthstone
17 Overly theatrical
18 Deadly
19 JFK info
21 Piercing tool
22 January birthstone
26 Ill-tempered one
29 Shriner's chapeau
30 Previous to
31 Own
32 Sherman called it hell
33 Picnic hamperer
34 Away from WSW
35 Cardtable call
36 Rids of rind
37 December birthstone
39 Scale member
40 Put into the mix
41 Hire
45 "Lion King" villain
48 September birthstone
50 1960s musical
51 Hodgepodge
52 Bottom line
53 Actress Rossum
54 Paper quantity
55 Pond fish

DOWN
1 Eurasian range
2 Silent actor
3 Bard
4 Punk hairstyle
5 Pastoral work
6 Insult (Sl.)
7 Whole number
8 Wakefield cleric
9 Historic period
10 Scrooge portrayer
11 Recipe qty.
16 Macbeth's title
20 Bugs's "devil" foe
23 In the area of
24 One of HOMES
25 Change for a fifty
26 At the home of (Fr.)
27 Eastern royal
28 State with conviction
29 Bleacherite
32 Kind of chair or tie
33 Jackie Gleason role
35 Pantheon member
36 Cheerleader's prop
38 Tote
39 Old photo
42 Nexus
43 Sandwich treat
44 Bigfoot's kin
45 The lassie
46 Rotating part
47 Intention
49 Brewery product



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The Garden Bug

Watering woes

Summer heat bakes moisture from the soil's surface. If woody plants that bloom in the spring (azaleas, rhododendrons, dogwoods, lilacs and others) don't get the water they need in August, they won't bloom well the following spring. Water gently at the base of the plant, preferably in the morning, as watering at night encourages fungus and root rot.

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Y W U A T H L E T I C S Q O M
K I F D A L B B T I Z X W U S
Q O N L E J H F O I S D C A Y
W S V M W L T S C B H R Q P N
L K S I S H K F E C B W A B Z
Y A W E V E E N K U I Y E V S
R Q I T R O P S A N P N M R L
J Y T R I D E B D I H F E D C

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Air, Ankle, Athletic, Bed, Bobby, Cotton, Crew, Dirty, Dress, Knee, Smelly, Sport, Sweat, Varsity, White

Trivia test by Fifi Rodriguez

1. MEASUREMENTS: What time period does a "sesquicentennial" refer to?
2. ASTRONOMY: What does nadir mean?
3. SCIENCE: What was Aldo Leopold's contribution to science?
4. MUSIC: Which composer created 19 "Hungarian Rhapsodies"?
5. ART: Who painted the work titled "The Scream"?
6. ARCHITECTURE: What is a ziggurat?
7. FOOD: What does the abbreviation MSG stand for?
8. MEDICINE: What is the best treatment for a bruise?
9. U.S. STATES: What is the capital of the state of Washington?
10. GEOGRAPHY: What two countries lie directly north of Italy?

Answers

1. 150 years
2. Ninety degrees below the horizon or the point directly below the observer.
3. Created interest in wilderness conservation
4. Franz Liszt
5. Edvard Munch
6. A tower that looks like a stepped pyramid
7. Monosodium glutamate
8. Ice pack, applied immediately
9. Olympia
10. Switzerland and Austria

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Salome's Stars

ARIES (March 21 to April 19) A more harmonious aspect favors all relationships. Family ties with mates and children are strengthened. Libra is Cupid's choice to win the amorous Aries' heart.

TAURUS (April 20 to May 20) The bold Bull is ready to take on fresh challenges. Expect some opposition as you plow new ground — but supporters will outnumber detractors.

GEMINI (May 21 to June 20) An upcoming job change could mean uprooting your family to a far-distant location. Weigh all considerations carefully before making a decision one way or the other.

CANCER (June 21 to July 22) A long-standing problem is resolved by a mutually agreed upon compromise. You can now focus on getting the facts you'll need for a decision you'll soon be asked to make

LEO (July 23 to August 22) The Big Cat needs to be wary of what appears to be a golden investment opportunity. That "sure thing" could turn out to be nothing more than a sack of Kitty Glitter.

VIRGO (August 23 to September 22) You give of yourself generously to help others, but right now you must allow people to help you. Confide your problems to family and trusted friends.

LIBRA (September 23 to October 22) Relationships benefit from a strong harmonious aspect. Things go more smoothly at work. Someone you thought you'd never see again asks for a reconciliation.

SCORPIO (October 23 to November 21) A minor distraction interferes with travel plans, but the delay is temporary. Meanwhile, expect to play peacemaker once again for feuding family members.

SAGITTARIUS (November 22 to December 21) Keep that positive momentum going on the home front. Arrange your schedule to spend more time with your family. You'll soon have news about that job change.

CAPRICORN (December 22 to January 19) Control that possessive tendency that sometimes goads you into an unnecessary display of jealousy. You could be creating problems where none currently exist.

AQUARIUS (January 20 to February 18) A new project holds some challenges you hadn't expected. But don't be discouraged; you'll find you're more prepared to deal with them than you realized.

PISCES (February 19 to March 20) Yours is the sign of the celestial Chemist, so don't be surprised if you experience a pleasant "chemistry" betwixt yourself and that new Leo in your life.

BORN THIS WEEK: You enjoy being fussed over, as befits your "royal" Leonine nature. You also have a strong loyalty to family and friends.

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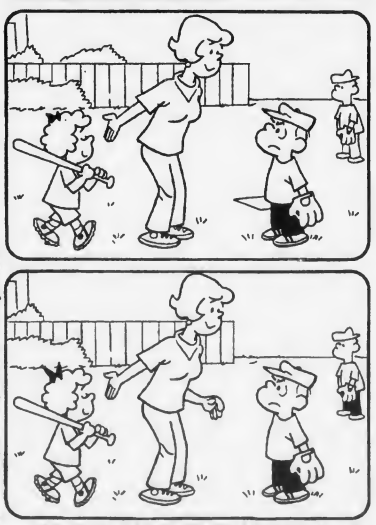
HOCUS-FOCUS

BY HENRY BOLTINOFF



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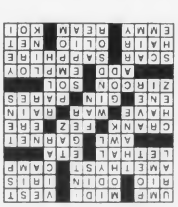
FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

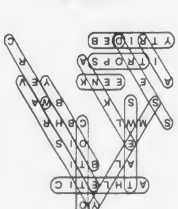
Differences: 1. Bow is larger. 2. Hedge is missing. 3. Pants are different. 4. Base is missing. 5. Arm is showing. 6. Fence is shorter.

King Crossword — Answers



Magic maze — Answers

SOCKS



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I	F	N	H	E	P	O	T	R	I	S	K	E
6	8	7	3	2	6	7	8	7	2	8	5	6
I	K	N	B	T	T	E	O	G	E	F	R	N
7	2	3	2	7	4	8	4	7	5	4	6	3
O	R	E	A	A	E	L	D	L	E	A	E	F
4	3	4	2	5	8	5	3	4	3	2	8	3
D	O	V	R	A	O	D	R	I	E	R	V	Y
5	6	4	6	2	5	3	5	7	5	4	5	3
S	W	C	P	I	M	O	I	S	L	E	E	U
8	6	2	3	6	2	3	6	5	3	6	2	6
E	L	V	A	A	E	C	C	S	T	E	S	S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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OBITUARIES

Arthur J. Gillis, 86

Retired Milkman, WWII Veteran

ARTHUR J. GILLIS

A funeral Mass for Arthur J. Gillis, 86, of Quincy, a retired milkman, was celebrated Aug. 5 at St. John's Church, Quincy.

He died Aug. 2 at home.

Mr. Gillis was a milkman for Whitings and White Brothers for 24 years, retiring in 1972.

Beginning in 1975, he tended bar at Darcy's Pub in West Quincy for many years. He also worked in carpentry through the years.

A World War II Navy veteran, he served aboard the USS Pittsburgh in the Pacific.

Born in Quincy, he was a lifelong resident of the city.

He is survived by his wife, Alice M. (Fraher) Gillis of Quincy; two sons, A. Joseph "Joe" Gillis of Quincy and Robert "Mickey" Gillis of Hanover; four sisters, Patricia A. DeThomaso and Debra Ferrari, both of Quincy, and Dianne DeThomaso and Corinne Gillis, both of Weymouth; a sister, Shirley St. John of Easton; six grandchildren and 11 great-grandchildren.

Burial was in Pine Hill Cemetery.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St., Wollaston.

Donations may be made to the Jimmy Fund, 1309 Beacon St., Brookline, MA 02446.

Roberta F. Foley, 56

South Shore Co-Operative Bank Employee

A funeral Mass for Roberta F. (Doyle) Foley, 56, of Abington, formerly of Quincy, was celebrated Aug. 4 at St. Bridget's Church, Abington.

She died July 31 after a short illness.

Mrs. Foley worked for South Shore Co-Operative Bank for many years.

Born in Boston, she was raised in South Boston and graduated from South Boston High School in 1967. She lived in Quincy for 34 years before moving to Abington two years ago.

She is survived by her husband, John F. Foley; a daughter, Kellie White of Abington; a son, John F. Foley of Abington; three sisters, Patricia Doyle of Maine, Susan O'Malley of Rhode Island and Carol Hurd of Quincy; a brother, Steven Doyle of Rhode Island; four grandchildren; and many nieces and nephews.

Burial was in St. Patrick's Cemetery, Rockland.

Funeral arrangements were by Quealy & Son Funeral Home, Abington.

Francis B. Delaney, 60

Retired Metal Finisher

FRANCIS B. DELANEY

A funeral Mass for Francis B. Delaney, 60, of Quincy, formerly of Dorchester, a retired metal finisher, was celebrated Wednesday at St. John's Church, Quincy.

He died Sunday at Quincy Medical Center.

Mr. Delaney worked at General Motors Company in Framingham for 25 years, retiring several years ago.

He served in the Massachusetts National Guard for six years.

He was a former coach in Quincy Youth Soccer for many years.

Born in Somerville, he was raised and educated in Dorchester and graduated from Boston College High School in 1963 and attended Northeastern University. He lived in Quincy for 40 years.

He is survived by his wife of 38 years, Diana C. (Marino) Delaney; three sons, Stephen F. Delaney of Dedham, James M. Delaney of Braintree and Michael B. Delaney of Quincy; a daughter, Christine M. Della Barba of Quincy; a brother, Eugene J. Delaney of Woburn; a sister, Mary Ellen Cheverie of Sanford, Maine; and eight grandchildren.

Burial was in St. Michael's Cemetery, Boston.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Donations may be made to the Alzheimer's Association, 311 Arsenal St., Watertown, MA 02472.

Romuald Szapiel, 52

Dentist

A funeral Mass for Romuald "Roman" Szapiel, 52, of Quincy, a dentist, was celebrated Aug. 4 at St. Ann's Church, Wollaston.

He died July 29 at home.

Mr. Szapiel leaves his practice on Commonwealth Avenue in Boston. He graduated from Boston University's Goldman School of Dentistry.

He is survived by his wife, Rhonda (Walker) Szapiel; a son, Kyle Szapiel of Quincy; two daughters, Alyssa Szapiel of Quincy and Kahli Szapiel of Greensboro, N.C.; a brother, Valdemar Welz of Milton; and nieces and nephews.

Burial was in Blue Hill Cemetery, Braintree.

Funeral arrangements were by Hamel, Wickens and Troupe Funeral Home, 26 Adams St.

Donations may be made to the VNA Care Network and Hospice, 5 Federal St., Danvers, MA 01923, or to the Beth Israel Deaconess Hospital Oncology Dept., 330 Brookline Ave., Boston, MA 02215.

Ruth B. Monahan, 72

A funeral Mass for Ruth B. (Bodkin) Monahan, 72, of Quincy, a homemaker, was celebrated Aug. 4 at St. Ann's Church, Wollaston.

She died July 31 at home.

Mrs. Monahan recently worked in the office for Bojack Academy in West Roxbury, retiring two years ago.

Born in Boston, she lived in Dorchester before moving to Quincy 10 years ago.

Wife of the late Joseph Monahan, she is survived by a son, Joseph Monahan of Quincy; three daughters, Susan Monahan of Boston, Diane Zhitonirsky of Swampscott and Paula Coe of Braintree; and seven grandchildren.

Burial was in Cedar Grove Cemetery, Dorchester.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Linda E. Hicks, 66

Retired Assembler

LINDA E. HICKS

A funeral service for Linda E. (Larson) Hicks, 66, of Quincy, a retired assembler, was held Monday at Keohane Funeral Home, 785 Hancock St.

She died Aug. 3 at Massachusetts General Hospital, Boston.

Mrs. Hicks worked for Raytheon for five years, retiring in 1986.

Born in Weymouth, she lived there before moving to Quincy 36 years ago.

She is survived by her husband, George Hicks; two daughters, Victoria L. Hicks of Quincy and Pamela McKeown of Rockland; a brother, Harold Larson of Weymouth; a sister, Jacqueline Bradley of California; and four grandchildren.

Donations may be made to Father Bill's Place, 38 Broad St., Quincy, MA 02169.

Leonardo Puccia, 97

Retired Mass. General Hospital Employee

A funeral Mass for Leonardo "Leo" Puccia, 97, of Braintree and Quincy, was celebrated Monday at St. John's Church, Quincy.

He died Aug. 4 at Braintree Manor Rehabilitation and Nursing Center in Braintree.

Mr. Puccia worked in the laundry department at Massachusetts General Hospital for many years, retiring many years ago.

Born and educated in Boston, he lived in Braintree and Quincy the past seven years and previously in South Boston for 43 years.

Husband of the late Noma R. (Kibbe) Puccia, he is survived by a niece and two nephews.

Burial was in Woodlawn Cemetery, Everett.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Robert J. Hallisey, 68

Retired Math Teacher

A funeral Mass for Robert J. Hallisey, 68, of Quincy, a retired math teacher, was celebrated Monday at St. John's Church, Quincy.

He died Aug. 3 at home.

Mr. Hallisey was a math teacher at Holbrook High School for 30 years, retiring in 1999.

He served in the Navy from 1956 to 1960 aboard the USS Borie (DD-704).

After his military service, he received his bachelor's and master's degrees from UMass-Boston.

Born and raised in Quincy, he graduated from Quincy High School in 1956.

He is survived by two brothers, Frederick P. Hallisey of Weymouth and Warren T. Hallisey of Brockton; a sister, Anne M. Meade of Weymouth; and many nieces and nephews.

Burial was in Pine Hill Cemetery.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Rita E. Lefebvre, 84

Homemaker

A funeral Mass for Rita E. (Forrest) Lefebvre, 84, of Quincy, a homemaker, was celebrated Aug. 2 at St. Joseph's Church, Quincy.

She died Aug. 1 at Quincy Rehabilitation and Nursing Center after a long illness.

Born and raised in Lowell, Mrs. Lefebvre lived in Quincy for 65 years.

She is survived by two daughters, Carol Quargnenti of Mesa, Ariz., and Linda Smelcer of Quincy; two sons, Normand E. Lefebvre of Weymouth and Edward J. Lefebvre of Woonsocket, R.I.; nine grandchildren, and 10 great-grandchildren. She was the former wife of the late Normand Lefebvre.

Burial was in Mount Wollaston Cemetery, Quincy.

Funeral arrangements were by Donald Funeral Home, Weymouth.

SCOTT DEWARE

A THOUGHT FOR THE WEEK

We like this saying by Samuel Johnson: "We love to expect, and when expectation is neither disappointed or gratified, we want to be again expecting."

If you have children or grand children you know how persistently they seek the assurance of a definite time or date for goodies you promise rather vaguely. A camping trip or ball game outing "sometime" is not good enough. They want to know exactly when – and how many days is it?

This is the human joy of anticipation, which is almost always a greater joy than consumation, if only because it extends over a longer period. We have heard it said that man is a goal oriented animal. He anticipates, he looks forward, he hopes, he desires.

"Of all the forces that make for a better world, none is so indispensable, none so powerful, as hope. Without hope men are only half alive. With hope they dream and ink and work." . . . Charles Sawyer

Deware Funeral Home

Service Beyond Expectations

Wollaston Chapel
576 Hancock Street
Quincy, MA 02170

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www.dennissweeneyfuneralhome.com

Marian E. Bryant, 82

Retired Medical Transcriptionist

MARIAN E. BRYANT

A memorial service for Marian E. (Packard) Bryant, 82, of Quincy, a retired medical transcriptionist, will be held Saturday, Aug. 12 at Hamel, Wickens and Troupe Funeral Home, 26 Adams St.

She died July 9 at Southside Regional Medical Center in Petersburg, Va.

Mrs. Bryant worked 42 years for Quincy Radiology Association, retiring in 2000. She previously worked at John Hancock Insurance Co. and a railroad in Boston.

Born in Milton, she graduated from Milton High School.

She lived in Virginia with her daughter for the last three years.

Wife of the late Gerald Bryant, she is survived by a daughter, Linda Wright of Waverly, Va.; two grandchildren; two great-grandchildren; and nieces and nephews.

Ellen M. Nisula

Retired Registered Nurse

A funeral service for Ellen M. (Anderson) Nisula, 98, of Quincy, a retired registered nurse, was held Wednesday at Faith Lutheran Church, Quincy.

She died Monday at Braintree Landing Nursing and Rehabilitation Center following a period of declining health.

Mrs. Nisula was a registered nurse at the former Quincy City Hospital for many years, retiring in 1971.

Born, raised and educated in Quincy, she graduated from Quincy Hospital's nursing school, where for many years she was honored as their oldest living alumnus. She lived in Harwich for 22 years before returning to Quincy in 1993.

She was a member of St. Peter's Lutheran Church in Harwich and the Harwich Travel Group. She was also a member of the Scandinavian Vinland Lodge 703, the Swedish Club and Faith Lutheran Church.

Wife of 61 years of the late John Oswald Nisula, she is survived by a daughter, Pauline Wynot of Harwich; seven grandchildren and seven great-grandchildren.

Burial was in Mount Wollaston Cemetery.

Funeral arrangements were by Hamel, Wickens & Troupe Funeral Home, 26 Adams St.

Donations may be made to Faith Lutheran Church, 201 Granite St., Quincy, MA 02169.

Walter J. Lynn, 82

World War II Veteran, Edison Employee

A funeral service for Walter J. Lynn, 82, of Quincy, a World War II Navy veteran and retired Boston Edison employee, was held Monday at Dennis Sweeney Funeral Home, 74 Elm St.

He died Aug. 2 at Quincy Medical Center.

Mr. Lynn was an electrical maintenance engineer for Edison for 34 years and a member of the Utility Workers of America Local 369. He was a past commodore of Gull Point Yacht Club in Quincy.

Born in Boston, he lived in Quincy for most of his life. He graduated from Quincy High School.

He is survived by his wife of 60 years, Jean V. (McDonald) Lynn; three daughters, Geraldine Lynn and Cynthia Sacchetti of Quincy and Sharon Breen of Bourne; two sons, Roderick Lynn and Walter J. "Joe" Lynn Jr. of Quincy; a brother, Alfred F. Lynn of Weymouth; a sister, Marjorie Hagen of Illinois; and 11 grandchildren and four great-grandchildren.

Burial with full military honors was in Mt. Wollaston Cemetery, Quincy.

Panagiotis Liberidis, 67

Supervisor

A funeral service for Panagiotis "Peter" Liberidis, 67, of Quincy, a supervisor, was held Saturday at St. Catherine's Church, Braintree.

He died Aug. 2 at his home after a short illness.

Mr. Liberidis worked for Norfolk Conveyor Co. for 25 years.

He was active at St. Catherine's Church in Braintree and enjoyed fishing.

Born in Greece, he came to the U.S. in January 1970.

He is survived by his wife, Eleni Liberidis; a daughter, Stravroula "Roula" Cariofiles of Stoughton; a son, James Liberidis of Milton; a sister, Atenesia Tsifstidis of Switzerland; three grandchildren; and many nieces and nephews.

Burial was in Pine Hill Cemetery, Quincy.

Funeral arrangements were by Lydon Funeral Home, 644 Hancock St., Wollaston.

Brenda F. Sullivan, 90

Homemaker

BRENDA F. SULLIVAN

A funeral Mass for Brenda F. (Dunleavy) Sullivan, 90, of Quincy, a homemaker, will be celebrated today (Thursday) at 9 a.m. at Sacred Heart Church, North Quincy.

She died Monday at Marina Bay Skilled Nursing and Rehabilitation Center, Quincy.

Born in Boston, Mrs. Sullivan lived in Dorchester before moving to Quincy 60 years ago.

Wife of the late Raymond E. Sullivan Sr., she is survived by two daughters, Brenda F. Sullivan of St. Thomas, Virgin Islands, and Julie A. Cleland of Valparaiso, Ind.; eight grandchildren; 16 great-grandchildren and four great-great-grandchildren. She was the mother of the late Raymond E. Sullivan Jr.

Burial will be in Pine Hill Cemetery.

Visiting was 5 to 7 p.m. Wednesday at Keohane Funeral Home, 785 Hancock St.

Donations may be made to the Jimmy Fund, 1309 Beacon St., Brookline, MA 02446-918.

Seymour A. Petrillo, 75

Retired Postal Service Employee

A funeral Mass for Seymour A. Petrillo, 75, of North Quincy, a Postal service employee for 35 years and an Army veteran of the Korean War, was celebrated Wednesday at Sacred Heart Church, North Quincy.

Mr. Petrillo died Aug. 5 at Massachusetts General Hospital.

He received the Korean Service Medal with three bronze service stars and two overseas bars.

He was raised in the North End of Boston and attended Boston public schools. He moved to North Quincy 44 years ago.

He worked at the Postal Annex in South Boston for 35 years, retiring in 1996.

Mr. Petrillo was a member of the Madonna del Soccorso Society in the North End and the North End Athletic Association.

He is survived by his wife, Anna S. (Venezia) Petrillo; two sons, Paul S. Petrillo of Quincy and Christopher Petrillo of Braintree; a sister, Nancy LaBella of Boston; and four grandchildren.

Burial was in Milton Cemetery, Milton.

Funeral arrangements were made by the Alfred D. Thomas Funeral Home, Milton.

David F. Olson, 59

Houghs Neck Community Center Volunteer

A funeral service for David F. Olson, 59, of Quincy, a volunteer at the Houghs Neck Community Center, was held Wednesday at 7 p.m. at the Dennis Sweeney Funeral Home, 74 Elm St., Quincy Center.

Mr. Olson died Aug. 4.

Born in Quincy, he was a lifelong resident of the city.

He was a graduate of Quincy Trade High School.

Mr. Olson was a longtime volunteer with the Houghs Neck Community Center meal program.

He was known for his ability to fix radios.

The son of the late Harry E. and Florence (Murray) Olson, he is survived by a sister, Florence H. Rollo of Rockland; a brother, Harry E. Olson Jr. of Quincy; and several nieces and nephews.

He was also the brother of the late Jacqueline Moody.

Visiting hours were prior to the service Wednesday from 4 to 7 p.m.

COA In Need Of Bath Seats

The Council on Aging is in urgent need for bath seats for senior citizens.

If you have one to donate, call the COA at 617-376-1245.

Eleanor R. Higgins, 87

Retired Boston Globe Manager

A funeral Mass for Eleanor R. (Carroll) Bagley Higgins, 87, of Quincy, a retired Boston Globe manager and an avid sailor, was celebrated Tuesday at St. John's Church, 44 School St., Quincy Center.

Mrs. Higgins died Aug. 5 at Harbor House, Hingham.

She worked at the newspaper for more than 20 years. She retired as assistant personnel manager in 1981.

During the 1950s, she was employed as a credit manager for Hewlett-Packard in Waltham.

She and her husband sailed their 32-foot sloop, Ellie, along the East Coast for many years. She was a member of the Savin Hill Yacht Club and a former member of the Venice Sailing Squadron in Venice, Fla.

Born in Dorchester, Mrs. Higgins attended Boston schools. After retirement, she lived in Venice, Fla. for several years before moving back to Quincy.

She is survived by her husband, John T. Higgins; three sons, John H. Bagley of Weymouth, Kenneth C. Bagley of Hingham and Charles A. Bagley of Braintree; four sisters, Dorothy Kaminski of California, Patricia McDonald of Dorchester, Janet Lauzon of Hanover and Geraldine Carapezza of Westwood; seven grandchildren; and eight great-grandchildren.

Burial was in Massachusetts National Cemetery, Bourne.

Funeral arrangements were made by the Hamel, Wickens and Troupe Funeral Home, 26 Adams St., Quincy.

William E. Siukola, 55

Construction Worker

A private funeral service for William E. Siukola, 55, of Quincy, a construction worker, was held recently.

He died Aug. 2 at Quincy Medical Center from Cancer.

Born in Quincy, he graduated from Quincy High School.

He is survived by a sister, Joyce Kaiden of Quincy; a brother, Michael Siukola of Denedin, Fla.; a niece and a nephew.

Burial was private.

Funeral arrangements were by Bolea-Buonfiglio Funeral Home, 116 Franklin St., Quincy.

Mario A. D'Angelo, 47

A funeral Mass for Mario A. D'Angelo, 47, was celebrated Monday at St. Mary's Church, 95 Crescent St.

He died Aug. 4 at Boston Medical Center.

Born in Quincy, he was a graduate of Quincy High School.

Mr. D'Angelo is survived by his parents, Fabio and Adrianna (DiLeonardo) D'Angelo of Quincy; a brother, John D'Angelo of Whitman, and two nieces.

Burial was in Pine Hill Cemetery.

Funeral arrangements were by Bolea-Buonfiglio Funeral Home, Quincy.

Grandma loved classic poetry, traveling, and Grandpa.

Your memories are precious. That's why, at Keohane Funeral Service, we take the time to find out what made your loved one special. Whether it's reading classic poetry or compiling a memory board of her favorite travel photos, you can count on us to help you plan a service that will be just as unique as the person you love.

Keohane Funeral Service

785 Hancock Street • Quincy • 617-773-3551

Member by Invitation NSM National Selected Morticians

Religion

Salvation Army Vacation Bible School

The Salvation Army will hold its annual Daily Vacation Bible School Aug. 14-18 from 10 a.m. to 2 p.m. each day for children in grades 1-6.

Preschool children who attend the Sonshine Preschool are also invited to attend.

The school is free. Each child should bring a lunch. There will be a Bible story, gym time, craft time, and singing each day.

To register, call 617-472-2345.

On Thursday, Aug. 17 from 6 to 7:30 p.m., the Salvation Army will hold a free family fun night. There will be games, a moon walk, a dunk tank, and prizes.

Free hot dogs and beverages will be served.

Quincy Point Congregational

Sunday Worship will begin at 10 a.m. in the air-conditioned sanctuary at the Quincy Point Congregational Church, 444 Washington St.

Rev. Ann Suzedell's sermon will be: "From Fear to Faith."

The guest organist will be David Baharian. Jazz musician Corey Lareau will play saxophone, with vocals by Dana Malzner.

Chris Mendez will be the Deacon of the Day.

Bethany Congregational

Bethany Congregational Church, 18 Spear St., Quincy Center, will have Sunday worship beginning at 10 a.m.

The Rev. Gary W. Smothers will conduct the service and preach a sermon entitled "Sermons from Mark 5) Announcing the Good News."

There will also be a children's message.

Childcare is available for infants and toddlers.

Following the worship service there will be a fellowship time in the Allen Parlor. Light refreshments will be served.

Blood Pressure Clinics Free For Seniors

Weekly blood pressure screenings for elders will be held every Monday from 10 to 11 a.m. at the Council on Aging office, 83 Saratoga St., North Quincy.

Gail Crawford, a registered nurse, will donate her time and talents to assisting senior citizens in having their blood pressure taken weekly.

Appointments can be made but walk-ins also are accepted. For more information, call 617-376-1506.

Seek Medical Gear To Loan

The Council on Aging is seeking donations of medical equipment that is no longer needed by the current owner but can be loaned to someone else.

Call the Council at 617-376-1506.

Registration Open For Chabad Hebrew School

Registration is now open to students of the Chabad Hebrew School, 1356 Quincy Dr., for the 2006-07 school year.

Starting in September, classes will be Sundays, and offered to children 5-13 years of age.

The school will teach South Shore Jewish children to embrace their Jewish roots, and gain a sense of Jewish pride, no matter their level of observance or affiliation.

The school will provide an academic environment where children will acquire a broad knowledge of Judaism through a motivating and challenging venue. Through Hebrew reading, writing, Jewish history, holidays and more, the students will gain appreciation for the values and traditions of their heritage.

"Our school's underlying approach is for the children to enjoy the time spent at Hebrew School so that they are left with positive experiences, and a greater appreciation for Jewish education," said Morah Bronstein, director of Chabad's Hebrew School.

The program is blended with games, incentives, crafts, dramatics, family celebrations and other exciting extra curricular activities.

Scholarships are available, and no student will be turned down for lack of funds.

To schedule an appointment or to visit, call 617-850-5935 or email shevybronstein@gmail.com.

'Religions Impacting Our City' At Central Baptist

A 20 week session, "The Christian Response: Comparative Religions Impacting Our City" will be each Sunday Aug. 20 through Dec. 31 from 9:30-10:30 a.m. at the Central Baptist Church, 67 Washington St.

Each week, Rev. Jeff Jeffers will teach one major religion, one Christian denomination and one cult that is active in the area. The community is welcome as the diversity of people and cultures in the city are studied.

For more information or for a list of topics, call the church at 617-479-6512 between 9 a.m. and 3 p.m. Tuesday through Friday.

Blood Drive At Sons Of Italy Aug. 28

The American Red Cross will hold a blood drive Monday, Aug. 28 from 1 to 7 p.m. at the Quincy Sons of Italy, 120 Quarry St.

To make an appointment to donate, call 1-800-448-3543. Positive ID is required.

There will be a drawing for gas cards and tickets to King Richard's Fair at the blood drive.

Quincy Religion Directory

SERVICES & ACTIVITIES

Assemblies of God

Glad Tidings
158 Washington St., Quincy
phone: 773-9797
Rev. Gregory E. Wheaton, Pastor
Sunday Worship 8:30, 11 a.m.; Christian Ed. 10 a.m.; Senior Hi Youth 7 p.m.; Wed. 7 p.m. Berean Bible Study, Royal Ranger Missionettes, Friday Junior Hi Youth 7 pm
•Youth & Children's Ministry
•Contemporary Worship
•Marriage & Family Group
•International Fellowship
•DivorceCare

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 7, 9:30 & 11:30am, Weekdays 9am
Handicapped Accessible
New Members Welcome!

Unitarian

United First Parish
Hancock St., across from City Hall
617-773-1290
Sunday Worship, 10:30 AM
Child Care & Religious Education for all ages
All Welcome to Our Historic Church

Congregational

First Church of Squantum
164 Bellevue Street
617-328-6649
Pastor: Michael S. Robertson
10 a.m. Sunday Worship
All Are Welcome

To Advertise in this Directory, Call 617-471-3100

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4pm (Sat.) 7:45am, 9am (Family Liturgy)
10:30am (with Choir) and 5pm
12 noon at Star of Sea Church
Weekday Masses
Mon.-Fri 7am and 9am, Sat. 9am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m., 10:30 a.m. & 5 p.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

ST. JOHN THE BAPTIST
44 School St.,
Quincy
617-773-1021
Weekend Mass Schedule
Saturday (Vigil Mass) 4 p.m.
Sunday 7:30 a.m., 9 a.m. and 11 a.m. (Family Liturgy)
Weekday Masses
Monday - Saturday 8 a.m.
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
• 617-479-5400
Pastor: Rev. John J. Ronaghan
Weekend Mass Schedule:
Saturday 4:00 PM
Sunday 7:00, 9:00, 11:30AM
Daily Masses: 9:00 AM
Handicapped Chairlift Available

Congregational

HOUGHS NECK CONGREGATIONAL CHURCH
310 Manet Ave., Quincy
Sunday, August 13
Service Of Divine Worship 9:30 am
Sunday School 9:30 AM
Series of Sermons on The Lord's Prayer 'Our Daily Bread'
Rev. John Castricum
617-479-8778
Lois Zulauf : Minister of Music

BETHANY CONGREGATIONAL CHURCH
Corner of Spear & Coddington Sts., Quincy Center • 617-479-7300
10 AM Sunday Worship
Rev. Gary Smothers - 'Sermons From Mark'
Childcare Available for Infants, Toddlers
Fellowship Follows Service in Allen Parlor

QUINCY POINT CONGREGATIONAL CHURCH
444 Washington St . • 617-773-6424
Worship and Church School 10 am
Rev. Ann Suzedell, Pastor
visit us at www.QPCC.org

UNION CHURCH
Beach St. & Rawson Rd.,Wollaston
Sunday Service 10 AM
617-479-6661
Good Bible Preaching
& Traditional Worship
Rev. John Carl Swanson, Pastor

Congregational

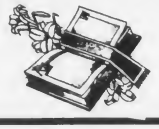
WOLLASTON CONGREGATIONAL CHURCH
48 Winthrop Ave. - 617-773-7432
Pastor: Rev. Mary Lou Gifford
Summer Worship Schedule
Wednesdays through Sept. 6
Potluck Supper - 6 p.m.
Informal Worship 7 p.m.
Aug. 16 Worship Geared Especially For Children & Youth "The Camp"

Covenant

COVENANT CONGREGATIONAL CHURCH
Corner of Whitwell & Granite St.
Sunday Worship 10:00 AM
Rev. Karen Palmatier, Pastor
Child Care Available - All Are Welcome
Children's Pantry
Wed., Thur. 9:30 am - 12 noon
617-479-5728

Nazarene

Wollaston Church of the Nazarene
37 E. Elm Ave., Wollaston
(617) 472-5669
On The Campus Of Eastern Nazarene College
Pastor: Rev. Fred. Fullerton
Sunday Services
8:30 am - Holy Communion
9:45 am - Adult & Children's Sunday School
11 a.m. - Blended Worship Service
Come Worship with Us!



Episcopal

St. Chrysostom's Episcopal Church
Corner of Hancock & Linden Sts.
Quincy • (617) 472-0737
Rev. David Hefling
Holy Eucharist 9 AM - Sunday School and Nursery Care During Service
Coffee Hour Following
ALL WELCOME
THRIFT SHOP CLOSED FOR THE SUMMER

Evangelical

EVANGELICAL CHURCH OF ATLANTIC
65 Newbury Ave. North Quincy
(617) 847-4444
Pastor Bill Donahue
Sunday Morning Worship 10:10 AM
Childcare Available

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Dr. Susan Jarek-Glidden, Pastor

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45 SUNDAY SCHOOL
11AM WORSHIP SERVICE
BRASS BAND MUSIC
7PM TUES WOMEN'S FELLOWSHIP
7:15PM WED. BIBLE STUDY

Spiritualist

First Spiritualist Church of Quincy
40 West St., Quincy, MA 02169
(617) 770-2246
Services: Sunday 11 a.m. to 12:30 PM
Coffee and Conversation following service.
(Services 8 PM Wednesdays June, July, August)
Pastor Rev. Rita S. Berkowitz, C.H.,C.M.

RICHARD S. ALLEN, CPC, CFSP, (center), a funeral director at Keohane Funeral Service in Quincy and Hingham, was recently presented with an award from the Massachusetts Funeral Directors Association. With him are David Casper, president of the Mass. Funeral Directors Association and Allen's wife, JoAnn.

Richard S. Allen Honored By Mass. Funeral Directors Association

Richard S. Allen, CPC, CFSP, funeral director at Keohane Funeral Service in Quincy and Hingham, was recently presented with an award from the Massachusetts Funeral Directors Association at its annual Appreciation Night Banquet held at the Beechwood Hotel in Worcester.

Allen was recognized at the event for his milestone 35 years of licensure in funeral service.

A 1971 graduate of the New England Institute (Kenmore Square, Boston) now at Mt. Ida College, Newton, he has been affiliated with Keohane Funeral Service for over 30 years.

Allen received his Certified Preplanning Consultant designation in funeral service in 1996 and the Certified Funeral Service Practitioner designation in 1999.

Allen is a life member of DAV Chapter #90 in Norwood, member of the Elks Lodge #1124 in Norwood, and member of Popasmoke, USMC, Combat Veterans Association.

He is a decorated combat veteran with the U.S. Marine Corps, serving as a Helicopter crewman in Vietnam in 1966/1967.

Married to his wife Brenda JoAnn for 37 years, they have four children, 10 grandchildren and three great-grandchildren.

Allen and his family live in Norwood.

Seek Medical Gear To Loan

The Council on Aging is seeking donations of medical equipment that is no longer needed by the current owner but can be loaned to someone else.

The present highest priority is given to bath transfer seats.

Call the Council at 617-376-1506.

SWAP Earns Tax Abatements For Seniors

The Council on Aging has a SWAP (Senior Workers' Abatement Program) that enable the elderly to work 89 1/2 hours a year and earn $600 towards their real estate tax bills.

For further details, call Dorothy Dow at 617-376-1508.

COA Seeking Wheelchairs

The Council on Aging is in urgent need of wooden or metal wheelchairs of all sizes and canes to help disabled seniors to get around.

If you have one, call the council at 617-376-1506.

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Norfolk Division
Docket No. 06D0958DV1
DIVORCE/SEPARATE SUPPORT SUMMONS BY PUBLICATION
DONNA M. MARANI,
Plaintiff(s)
V.
STEPHEN E. MARANI,
Defendant(s)

To the above named Defendant(s):

A Complaint has been presented to this Court by the Plaintiff(s), DONNA M. MARANI, seeking DIVORCE

An Automatic Restraining Order has been entered in this matter preventing you from taking any action which would negatively impact the current financial status of any party. Please refer to Supplemental Probate Court Rule 411 for more information.

You are required to serve upon DONNA M. MARANI -- whose address is 95 MARTENSEN STREET, APT. #305, QUINCY, MASSACHUSETTS 02169 your answer on or before OCTOBER 20TH, 2006. If you fail to do so, the Court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer in the office of the Register of this Court at **CANTON**.

Witness, **DAVID H. KOPELMAN**, Esquire, First Justice of said Court at **CANTON**, this 17TH day of JULY, 2006.

PATRICK W. McDERMOTT
Register of Probate Court

8/10, 8/17, 8/24/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Norfolk Division
Docket No. 06D0958DV1
ORDER FOR SERVICE BY PUBLICATION
DONNA MARANI, Plaintiff
v.
STEPHEN MARANI, Defendant

Upon motion of plaintiff for an order directing **STEPHEN MARANI** the defendant herein, to appear, plead, or answer, in accordance with Mass. R. Civ. P./Mass. R. Dom. Rel. P. Rule 4, it appearing to the Court that this is an action for DIVORCE.

Pursuant to Supplemental Probate Court Rule 411, an Automatic Restraining Order has been entered against the above named parties, and that the said defendant cannot be found within the Commonwealth and that HIS present whereabouts are unknown; that personal service on said defendant is therefore not practicable, and that said defendant has not voluntarily appeared in the action:

It is **Ordered** that said defendant is directed to appear, plead, answer, or otherwise move with respect to the complaint herein on or before the **20TH day of OCTOBER, 06**. If you fail to do so this Court will proceed to a hearing and adjudication of this matter.

It is further **Ordered** that the accompanying summons be published once a week for three consecutive weeks in the **QUINCY SUN ON AUGUST 9TH, 16TH & 23RD, 2006, a newspaper published in QUINCY, MASSACHUSETTS 02169, 1372 HANCOCK STREET**, the publication to be 60 days at least before said return day. It is further **Ordered** that a copy of the summons be mailed to the defendant at HIS last known address by registered or certified mail.

Date: JULY 17TH, 2006.

DAVID H. KOPELMAN
Justice of Probate and Family Court

8/10, 8/17, 8/24/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P1876AD

In the Estate of
ANN M. MCCAFFREY AKA
ANN MARIE MCCAFFREY
Late of QUINCY
In the County of NORFOLK
Date of Death
July 10, 2006

NOTICE OF PETITION FOR APPOINTMENT OF ADMINISTRATOR

To all persons interested in the above captioned estate, a petition has been presented praying that ANN MARIE MCCAFFREY of QUINCY in the County of NORFOLK or some other suitable person be appointed administrator of said estate to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **SEPTEMBER 13, 2006**.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, August 3, 2006.

PATRICK W. McDERMOTT
Register of Probate

8/10/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P1770EP

In the Estate of
EDWARD H. FISHER
Late of QUINCY
In the County of NORFOLK
Date of Death
July 14, 2006

NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that PAMELA J. CICHOCKI of HULL in the County of PLYMOUTH or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **AUGUST 30, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, July 20, 2006.

PATRICK W. McDERMOTT
Register of Probate

8/10/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-064

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, AUGUST 22, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of 86 GREENLEAF STREET, LLC. PAUL TALKOWSKI, MANAGER for a VARIANCE & FINDING to convert the existing nursing home into a nine (9) unit residential condominium building in a Residence B zoning district in violation of Title 17 as amended Chapter 17.20.040 (Table of Dimensional Requirements) and Chapter 17.28 (Parking Requirements) on the premises numbered 86 GREENLEAF STREET, QUINCY.

Jack Garland, Chairman

8/3, 8/10/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-065

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, AUGUST 22, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of KIM VO for a VARIANCE & FINDING to subdivide an existing 11,945 square foot lot into two parcels, Lot A & Lot B. The existing dwelling will remain on Lot A and a new dwelling will be constructed on Lot B in violation of Title 17 as amended Chapter 17.24.020 (Nonconformance) and Chapter 17.20.040 (Table of Dimensional Requirements) on the premises numbered 204-206 SOUTH STREET, QUINCY.

Jack Garland, Chairman

8/3, 8/10/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-066

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, AUGUST 22, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of FRANK J. BRIDGEMAN for a VARIANCE to construct a two family, duplex type dwelling in an Industrial A zoning district in violation of Title 17 as amended Chapter 17.16.020.1.b (Use Regulations), Chapter 17.20.040 (Dimensional Requirements) and Chapter 17.28 (Parking & Loading Requirements) on the premises numbered 29 BOWER ROAD, QUINCY.

Jack Garland, Chairman

8/3, 8/10/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-067

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, AUGUST 22, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of DONNA P. NGUYEN for a VARIANCE & SPECIAL PERMIT to demolish the existing structure and build a three (3) family dwelling in a Residence B zoning district in violation of Title 17 as amended Chapter 17.20.040 (Table of Dimensional Requirements) and Chapter 17.24.020 (Nonconformance) on the premises numbered 150 BILLINGS STREET, QUINCY.

Jack Garland, Chairman

8/3, 8/10/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-068

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, AUGUST 22, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of STEVE & MELISSA DEADY for a VARIANCE to demolish the existing dwelling and to build a new single family dwelling on the existing footprint in a Residence A zoning district in violation of Title 17 as amended Chapter 17.20.040 (Table of Dimensional Requirements) on the premises numbered 21 LAKESIDE AVENUE, QUINCY.

Jack Garland, Chairman

8/3, 8/10/06

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MISC.

TO: LOUIS & EMILY DIMARCO
GOD CONTINUES TO BLESS US WITH BOTH OF YOU.
Love, Kerry, Mary, Xena, Zeus, Baby 8/10

HAPPY 60TH ANNIVERSARY - JULY 3
STEVE AND MARION
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MISC.

ST. JUDE NOVENA
May the Sacred heart of Jesus be adored, glorified, loved and praised throughout the world now and forever. Sacred heart of Jesus pray for us. St. Jude worker of miracles pray for us. St. Anthony, protector and wonder worker pray for us. Say this prayer nine times a day. By the eighth day your prayer will be answered. It has never been known to fail. Publication must be promised. A.L. 8/24

PRAYER TO THE BLESSED VIRGIN
(Never Known To Fail)
Oh, most beautiful flower of Mt. Carmel, Fruitful vine, splendor of heaven. Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. Oh, Star of the Sea, help me and show me, herin you are my Mother. Oh, Holy Mary, Mother of God, Queen of Heaven and Earth! I humbly beseech you from the bottom of my heart to succor me in this necessity. There are none that can withstand your power. Oh, show me herin that you are my Mother. Oh, Mary, conceived without sin, pray for us who have recourse to thee (3X). Holy Mother, I place this cause in your hands (3X). Holy Spirit, you who solve all problems, light roads so that I can attain my goal. You gave me divine gift to forgive and forget all evil against me and that in all instances in my life you are with me. I want in this short prayer to thank you for all the things as you confirm once again that I never want to be separated from you in eternal glory. Thank you for your mercy toward me and mine." The person must say this prayer 3 consecutive days. After 3 days, the request will be granted. This prayer must be published after the favor is granted. Thank you. P.J. 8/10

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The Quincy Sun

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INDEX
- ❑ Services
- ❑ For Sale
- ❑ Autos
- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
- ❑ Real Estate
- ❑ Antiques
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1 WEEK ❑ $7.00 for one insertion, up to 20 words, 10¢ for each additional word.

3-7 WEEKS ❑ $6.50 per insertion up to 20 words for 3-7 insertions of the same ad, 10¢ each additional word.

8-12 WEEKS ❑ $6.25 per insertion, up to 20 words, for 8-12 insertions of the same ad 10¢ for each additional word.

13 WEEKS OR MORE ❑ $6.00 per insertion, up to 20 words, for 13 or more insertions of the same ad 10¢ for each additional word.

❑ Enclosed is $ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

COPY: _____

NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION.
DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

Tedeschi Food Shops & deli
Quincy Grand Opening!
Special Event
this Friday August 11th!

Join us and WZLX as we celebrate the grand opening of the all new Tedeschi Food Shop & deli at **650 Adams Street** in **Quincy**

CLASSIC ROCK 100.7 WZLX

Friday, August 11
3 pm to 5 pm!

- WZLX 100.7 FM and the 'ZLX "Street Team" will be here from 3 to 5 PM... with prizes, surprises and MORE!

- Garelick Farms Circus Cruiser the most delicious show on earth will be here giving out samples...

FREE Samples!

- **Cape Cod Chips**
- **Green Mountain Coffee**

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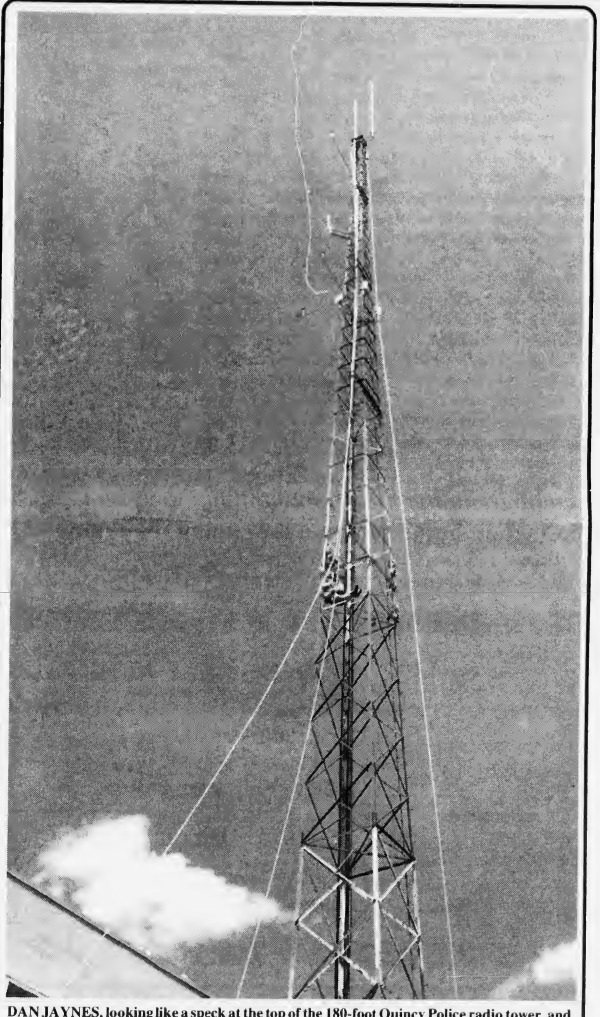
Teeing Up Over $20,000
For Red Cross South Area
– Page 8 –

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper

VOL. 38 No. 48 | Thursday, August 17, 2006 | 40¢



DAN JAYNES, looking like a speck at the top of the 180-foot Quincy Police radio tower, and Sally Wright, lower left, install wind measuring instruments to test the feasibility of wind energy for the city. *P.J. Foley photo*

Test Detectors Mounted On Two Towers

Is Wind Energy A Possibility Here?

By MIKAELA SLANEY

Wind detectors have been mounted on the Quarry Hills and Police Towers to calculate whether renewable wind energy is a possibility for Quincy.

The data-collecting cups (anemometers) and wind vanes were mounted by participants of the wind studies program at UMass Amherst, which is directed by Sally Wright. The anemometers spin on "booms" which extend from the towers at different heights. The spinning increases the higher they are mounted.

The project uses pre-existing devices at the weather station on Thomp-

(Cont'd On Page 28)

'Cab Drivers Struggling' To Make A Living'

50-Cent Taxi Gas Surcharge Granted By Board

By MARIE D'OLIMPIO

"Cab drivers are struggling to make a living" said License Board Chairman Joseph Shea at Tuesday's meeting as the board voted unanimously in favor of a 50 cent gasoline surcharge.

Wayne McCulley, representative of Yellow Cab of Quincy told the board that the cab company did not want to raise the rates, so the surcharge, which will offset the rise in gasoline prices will go to the drivers and not the cab company.

McCulley said that sometime cabs are the only form of transportation used by the elderly especially he said to go to the doctors or to the market. He said many others use cabs to go to the airport. He said that Boston adopted the plan last year.

Shea, who said he hoped the surcharge would be "temporary" said he discussed the issue with the other cab companies and said there are 90 cabs in he city of Quincy.

McCully explained that when you enter the cab, there will be a sign displayed stating the 50 cent surcharge. He said he hoped it would be in effect by Sept. 21.

He said the weights and measures department is due to check the meters by that time. He said when you now enter the cab the fare begins at $1.75 and with the surcharge it will read $2.25.

McCully said in all the 35 years he had been in the business, he never had to do this and said those in the trucking industry and the airlines are also struggling.

He said it doesn't matter what the distance is, the price will still be the same.

QHS Home Opener

'New' Stadium Ready For Football Sept. 22

By TOM HENSHAW

The Quincy High School football team can expect to entertain Falmouth in its home opener Friday, Sept. 22, at 7 p.m. on the brand new carpet of a rehabilitated Veterans' Memorial Stadium.

And North Quincy High School will open against Boston Latin in the same revamped venue the following evening, Saturday, Sept. 23.

The venerable playing field, home to the city's high school, pro and amateur football teams since 1938, is that close to completion after a reconstruction that began last April.

Excavation work has been completed, drainage installed and underground work finished.

Curbing and wall installation will begin later this

(Cont'd On Page 11)

Walter White Takes Brookline Position

WALTER WHITE

Walter White, who was building inspector of Quincy for seven years until he failed to win reappointment in February, 2004, began a new job Monday as building inspector of Brookline.

White joins Lester Gerry, the former Quincy traffic engineer, who is now the highway superintendent of Brookline.

White, a 1971 graduate of North Quincy High School and a former state trooper who lives in Milton, said he plans to serve out his term as president of the Quincy Rotary Club, which expires next June.

■ **Preservation Act Close To Ballot** - *Page 3* ■ **Asian August Moon Festival** - *Page 9*

Minimum Wage Increases First Time Since 2001

MICHAEL MORRISSEY

The current minimum wage of $6.75 per hour will raise to $7.50 per hour, effective Jan. 1, and will raise again to $8 per hour Jan. 1 2008.

Senator Michael Morrissey announced that the Legislature overrode Governor Mitt Romney's veto of the minimum wage increase before formal business concluded for this year's legislative session, July 31.

"I feel this increase will help to improve the quality of life for our lowest wage earners while taking into account the needs of the small business community as well," said Morrissey. "Minimum wage earners in Massachusetts have not received an increase since 2001, while the cost of living rises each year. A total of 486,000 hardworking individuals statewide will see the benefits of this increase."

The Massachusetts Chapter of the National Organization for Women states that over 60 percent of those earning minimum wage in the Commonwealth are women, with a large majority of those women living in poverty.

The National Association for Social Workers said that the majority of minimum wage workers are adults, and many are the heads of their households.

"Raising the minimum wage to $8 per hour will mean a raise of over $2,000 per year for workers such as child-care providers, health care aides, security guards and janitors," said Morrissey.

Among the regional states, Connecticut's minimum wage will be $7.40 and New York's minimum wage will be $7.15 Jan. 1. Currently Vermont's minimum wage is $7.25.

Mature Driver Safety Course Sept. 7, 14

A two-day safe driving course for the mature driver will be held Sept. 7 and Sept. 14 from 10 a.m. to 2:30 p.m. at Marina Place, 4 Seaport Dr., North Quincy.

The course is $10, payable in advance. Checks may be made payable to the AARP. Lunch will be served.

For more information or to make a reservation, call the Council on Aging office at 617-376-1506.

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Gutro, McNamee Seek 'Friends Of Wollaston Beach'

DOUG GUTRO

BRIAN McNAMEE

Everybody needs a friend and, if City Councillor Doug Gutro and Brian McNamee have their way, Wollaston Beach will soon have a lot of them.

Gutro, the Council president from Ward 5, and McNamee, the councillor from Ward 6, will host a neighborhood forum Wednesday, Aug. 23, at 7 p.m. at the Beechwood Knoll School, 222 Fenno St., to form a "Friends of Wollaston Beach."

The aim, said Gutro, is to form a citizen-centered organization similar to those in Revere, East Boston and Lynn/Nahant to clean beaches owned by the state, advocate for improvements and organize activities and events,

Gutro and McNamee hope the Aug. 23 meeting will bring out residents, boaters and business people who are interested in helping to create a charter, bylaws, officers, a membership and mission statement and other just interested in joining.

The area is currently undergoing a $7 million state-funded Beach Improvement Project and city investments in fixing area sewers and roadways.

"Now is the perfect time to establish a Friends group that will play a stewardship role at Wollaston Beach," said Gutro.

He noted that a citywide survey by the Quincy Beaches and Coastal Commission in the late 1990s showed that nearly two-thirds of beachgoers across the city chose Wollaston Beach as their recreational destination.

"There are so many people in this city who feel just as passionate about Wollaston Beach as I do," said Gutro. "Whether they walk or run, sit on the beach wall, sun bathe or swim, we want their help.

"This new Friends group will allow these folks to help improve Wollaston Beach for generations to come."

McNamee agreed.

"Wollaston Beach can be a tremendous asset to our community," he said. "I represent many people who want to see Wollaston Beach once again be the gem of Boston Harbor.

"A Friends group is the perfect vehicle to allow people to have a say in how their beach is maintained, what events are held there and where the state and city government should be investing scarce tax dollars to make it a welcoming environment for all Quincy residents."

Those interested in becoming part of the Friends of Wollaston Beach but cannot attend the meeting, should leave their names and addresses with the City Council office by calling 617-376-1341 or e-mailing Councillors Gutro or McNamee.

Ayers Office Hours At Aging Office

Rep. Bruce Ayers will hold office hours at the Council on Aging office, 83 Saratoga St., on the second Friday of the month.

For an appointment, call the Council on Aging at 617-376-1506.

Map out your future

Classes at Quincy College start throughout the fall.

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QEN Collects Over 3,000 Signatures

Community Preservation Act Close To November Ballot

By MIKAELA SLANEY

Members of the Quincy Environmental Network (QEN) have collected 3,300 signatures in an effort to get the Community Preservation Act (CPA) on the November state election ballot in Quincy.

Another 400 are needed to guarantee the CPA a spot on the ballot.

If adopted, the CPA will fund the preservation of land for open space, the renovation of historical sites, and the creation and support of additional affordable housing.

At a press conference Monday at the new City Hall, Steve Perdios of QEN said, "(CPA is) a funding source that's designed to work towards protecting those three areas handsomely. The three areas that don't see a lot of funding on a regular basis, and these are three areas that especially a city like Quincy really needs.

A sub-committee of the City Council was formed last year to explore CPA options. Members include Ward 4 Councillor Jay Davis, Councillor Joseph Finn, and Ward 3 Councillor Kevin Coughlin.

The CPA would enact a less than one percent surcharge on residential and commercial property. The increase will average at $26.50 annually. The tax will be exempted to the first $100,000 of assessed property value, low income residents, and low to moderate income senior residents. Seniors over 60 years of age, with one person living in their home, would be exempt from the surcharge if they earn less than $58,870 annually, or $67,280 per year for two people. State funding is expected to match the total CPA funding.

"We just turned in another almost 500 signatures to the city of Quincy election office, and this gets us very close to the number of signatures needed to get the Community Preservation Act on ballot here in Quincy.

"(CPA) is a state law that was enacted in 2000 and it doesn't become active at the local level until it is voted on by local constituents," said Perdios. "And in the state of Massachusetts, 111 communities statewide out of the 351 have already signed onto it.

"On the south shore just about every city or town with the exception of Hull and Milton, and I think that might be it, I think every other community has not only voted on it, but they've adopted it. And Quincy hasn't yet voted on it. The QEN is pretty excited to be a player in getting it on the ballot for Quincy.

"Every dollar that you raise is matched to a certain degree up to 100 percent matched from the state. So you're bringing state dollars into the city of Quincy, and that's important. Right now we have our tax dollars going into other communities because we're paying into this state fund but we're not bringing any of it back in because we haven't adopted the CPA so it's very important to Quincy," Perdios said.

For more information, or to volunteer for the campaign, call Perdios at 617-877-5975.

Save Gas and Money Shop Locally

Quincy Woman Aids Jamaica After Hurricanes

Courtney Breslin of Quincy recently spent two weeks volunteering in Jamaica's Blue Mountains to counter the after effects of their hurricane season.

Breslin, a theater student at Hofstra University, and her team of volunteers tackled road construction and painting projects in Jamaica.

The Mount Vernon area of Jamaica was particularly damaged by hurricanes, and Breslin assisted in the construction of a retaining wall for a damaged road.

Breslin's team was coordinated by the nonprofit Global Volunteers, an international development organization that offers short-term service opportunities in 20 countries around the world.

Breslin accounted her experiences in Jamaica:

"Even though some of them are very poor, it doesn't mean they are unhappy," said Breslin. "They actually were the happiest people I've ever met. I learned a lot from them.

"I loved the children and being able to play with them. The adults in the community were very welcoming and kind, and those my age became friends. Everyone I met was very special.

"I was surprised that there is very little age separation. The teenagers in Mount Vernon treat the five to 10-year-olds like equals, and even the adults do this as well. At home that's not the case.

During free time in the evenings and on weekends, Breslin and other volunteers experienced Jamaican culture sampling the food and visiting local farms, and spent a day climbing Mount Albion.

For more information about the Global Volunteers organization or to volunteer, call 800-487-1074 or visit www.globalvolunteers.org.

RESIDENT COURTNEY BRESLIN (far left) with Rebecca Armitage (far right) of Global Volunteers, spends time with two Jamaican residents whose village was damaged by the hurricane season.

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Moments in time

THE HISTORY CHANNEL

• On **Aug. 18, 1590,** John White, the governor of the Roanoke Island colony in present-day North Carolina, returns from a supply trip to England to find no trace of the 100 or so colonists he left behind. The only clue to their mysterious disappearance was the word "Croatoan" carved into the palisade that had been built around the settlement.

• On **Aug. 14, 1893,** the world's first automobile license plates were issued in Paris, France. However, plates were not issued in the United States for a few more years. The city of Boston was the first to require its motorists to hold a license and register their vehicle.

• On **Aug. 16, 1923,** though its late founder wasn't always the best friend of labor, Carnegie Steel established the eight-hour day for its workers.

• On **Aug. 19, 1934,** the first All-American Soap Box Derby is held in Dayton, Ohio. To this day, kids from the United States and several foreign countries arrive each year with their home-built racers. Boys and girls, ages 9 through 16, are allowed to compete.

• On **Aug. 15, 1945,** World War II gasoline rationing in America ends. Rationing was just one of the special measures taken in the U.S. during wartime. Civilian auto production virtually ceased after the attack on Pearl Harbor, as the U.S. automotive industry turned to war production.

• On **Aug. 20, 1962,** the first Ford Thunderbird is produced, a 1963 model. The Thunderbird was promoted as a "personal" car rather than a sports car, so it never had to compete against imports. Its name was eventually shortened to "T-Bird," as mentioned in the famous Beach Boys song, "I Get Around."

• On **Aug. 17, 1978,** the Double Eagle II completes the first trans-Atlantic balloon flight when it lands in a barley field near Paris, 137 hours after lifting off from Presque Isle, Maine. The helium-filled balloon flew 3,233 miles in the six-day odyssey.

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HARLEY: Young, male Shar-Pei mix. Strong willed and very intelligent.

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JACK AND JILL: 5 month-old Tiger siblings.
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CLARA: Long-haired Tuxedo, very affectionate.
JASPERINA: 6 year-old pure black DSH.
KAYLA: 8 yr. old calico female. Needs patient owners.
VELMA & VERNAN: 1 1/2 year old pair who love to be held.
DeVILLE: Beautiful, large 1 1/2 y.o. Tiger female.
CASPAR: Big, friendly 6 year old male - FIV+.
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POWDER: 3 year-old pure white male.
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FELICIA: spunky 1 y.o. Tortie.
HALE: 2 y.o. DSH male - FIV+.
MATTIE: 1 y.o. black and white female DSH.
MALIBU: 9 month old female Calico.
MARIUS: 1 y.o. black and white male DSH.
MOKI: 1 y.o. female Calico. Shy but very sweet.
PRETTY KITTY: beautiful long-haired black male.
WHITEY: 10 y.o. pure white DSH female.
PLUS MANY MORE CATS and KITTENS NEED HOMES

Sunbeams

By Henry Bosworth

Low Turnout Seen For Primaries

City Clerk Joseph Shea expects to have quite a few unused ballots left over after the state primary election Sept. 19.

SHEA

He will have some 54,000 ballots ready for the election just in case that miracle election occurs when every registered voter actually votes.

A ballot is required for every registered voter.

But he sees something like only 22 to 25 percent of the voters actually turning out.

"And about 90 percent of them will be Democrats," he says.

Reason for that, he says, is that Quincy is still a Democratic town and the Democrats have a good three-way race for the governor nomination between Christopher Gabrieli, Deval Patrick and Thomas Reilly.

There are also three contenders for the lieutenant governor nominations: Deborah Goldberg, Timothy Murray and Andrea Silbert.

And Secretary of State William Galvin has a primary challenger in John Bonifaz.

Nothing very exciting on the Republican ballot.

Lt. Gov. Kerry Healey already has the GOP nomination for governor in her hands with no challenger.

The only contest is between Kenneth Chase and Kevin Scott for the U.S. Senator nomination.

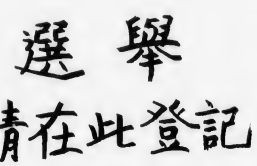
Absentee ballots are already available at the Election Department for those who won't be here to vote on Sept. 19.

Quincy currently has 53,894 registered voters of which 24,895 are Democrats, 6,225 Republicans, 22,330 unenrolled (independents) and 440 of various small parties.

The numbers will increase somewhat as non-voters register for the Sept. 19 primary. Deadline to register is Wednesday, Aug. 30.

"Residents can register weekdays from 8:30 a.m. to 4:30 p.m. and the Election Department will be open until 8 p.m. on Aug. 30," Shea notes.

Because of the city's large Asian population, he again this year is printing posters identifying the locations of the city's 30 polling places and other information in Chinese and Vietnamese.



THE ELECTION DEPARTMENT has posters and signs in Chinese and Vietnamese to aid the Asian population. This sign in Chinese reads: Register Here To Vote.

Shea says there are about 21,000 Asians of which some 5,000 are registered voters.

"The posters will be placed at each of the polling precincts, in public buildings and in windows of businesses with high visibility," he says.

He wants a problem-free election.

❑

LINDA TRACY who has been living on the Cape for the past nine years is getting homesick for Quincy and hoping to move back.

TRACY

Linda, who ran unsuccessfully against Pat McDermott for the Ward 3 City Council seat in 1997, says, "My heart really belongs in Quincy."

She says she has no thoughts of running for office again but she hasn't completely abandoned politics.

She's doing some campaign work for Atty. Gen. Tom Reilly in his bid for the Democratic nomination for governor.

Incidentally, she recently celebrated a birthday and isn't shy about telling you which one.

"It was my 58th," she says.

To which she adds:

"Age is like underwear. It creeps up on you."

❑

IT IS ENTITLED "A Woman," author not identified.

Sharron Beals, executive director of the Beechwood Community Life Center, received it from her sister, Evi, in Palm Springs, Calif., and would like to share it with you.

BEALS

Goes like this:

"Be very careful if you make a woman cry because God counts her tears.

"The woman came out of a man's rib. Not from his feet to be walked on. Not from his head to be superior, but from his side to be equal. Under the arm to be protected and next to the heart to be loved."

Sharron thinks it's beautiful and hopes you do, too.

Free Prostate Screening At QMC Sept. 19

Furthering efforts to bring vital cancer screenings to uninsured and underinsured South Shore residents, Quincy Medical Center (QMC) and the Marie A. Curry Fund will host a free evening Prostate Cancer Screening Clinic Tuesday, Sept. 19 in its Ambulatory Care Department, 114 Whitewell St.

The American Cancer Society recommends annual prostate cancer screening for males beginning at age 50 and earlier, if at an increased risk. Screening attendees will receive PSA (prostate-specific antigen) blood test and a digital rectal exam (DRE), performed by a Board Certified Urologist on staff at Quincy Medical Center.

The screening is free, but pre-registration is required. To schedule an appointment for the free Prostate Cancer Screening, call the toll-free, 24-hour Physician Referral Service at 877-479-CARE.

Student Reading Skills Honed At Ward 4 Center

The Ward 4 Community Center is offering a back-to-school brush up on reading skills for students entering grades one to three or new readers.

The program, taught by Rita Brutto, a certified elementary reading teacher, focuses on basic skills and will run from Monday, Aug. 28 through Friday, Sept. 1, from 9 to 10:15 a.m.

The cost is $35 per child, which includes all materials needed for the course.

Registration may be made by calling the Center at 617-786-0696. The deadline for registering is today (Thursday).

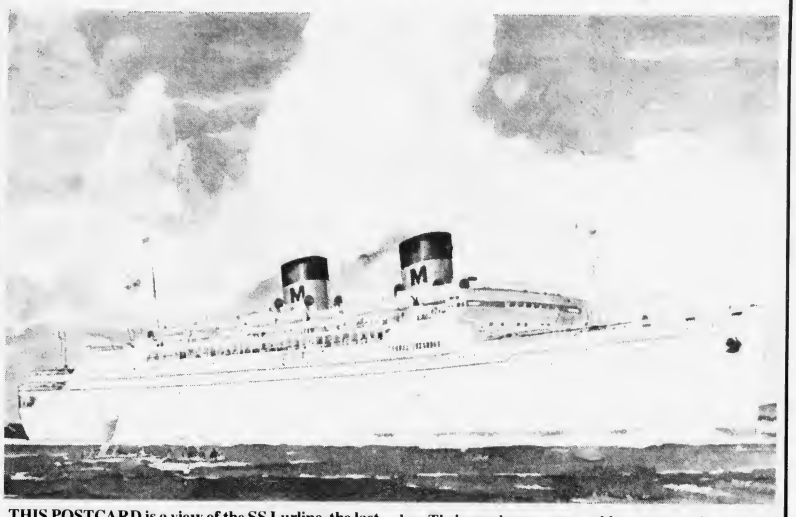
Tree Seminar At Park Dept. Saturday

Thomas Koch, executive director of the Park, Forestry and Cemetery Departments, will give a free seminar entitled "Trees in the Urban Environment" Saturday at 9 a.m.

The seminar will include information about tree care and maintenance and species selection and will be followed by a walking tour of the trees in Merrymount Park.

Participants should meet at the Park Department, One Merrymount Parkway. For more information, call 617-376-1251.

Scenes From Yesterday



THIS POSTCARD is a view of the SS Lurline, the last of three identical luxury liners built for the Matson Lines by the Bethlehem Steel Co. at the Fore River Shipyard in Quincy Point. The first, the Mariposa, was delivered in December 1931; the second, the Monterey, in April 1932; and this, perhaps the most renown, the Lurline in January 1933. Accommodating 722 passengers, all in first-class suites, these 631-foot fully air-conditioned liners were the most luxurious in the world. The spacious cabins, gold-trimmed, mother-of-pearl lined dining rooms and teak decks were all fitted-out by local craftsmen here in Quincy. Matson used the three ships for their luxury South Pacific and Hawaiian Island cruises from San Francisco and Los Angeles. Their opulence was world renown and attracted famous Hollywood stars and wealthy cruise lovers from around the U.S. and Europe for nearly a decade. And then World War II abruptly ended it all. In less than two weeks after Pearl Harbor was attacked, these ships were stripped of their expensive furnishings, converted into troop carriers and were on their way to the war zone. After the war, Matson struggled to revive its luxury cruise business, but the expense to refit, staff and maintain these ships, along with competition from the airlines, forced them out of passenger service in the 1960s. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of Tom Galvin

Legion, Defense Department Agree On 'Heroes To Hometown' Program

The American Legion and the Defense Department have formalized the "Heroes to Hometowns" program under which veterans of the old wars help the veterans of the new.

Their Memorandum of Understanding establishes a partnership between the Legion's National Headquarters and the Deputy Undersecretary of Defense for Military Community and Family Policy.

"Our involvement in this program is what the American Legion has always been about — veterans helping veterans," said former National Commander John Comer of Quncy.

"The American Legion had its origin in 1919. At the end of World War I, a bunch of doughboys got together to make sure returning vets were taken care of."

The "Heroes to Hometowns" transition program will start setting up a support network and coordinating and coordinating resources before a severely injured service member returns home.

Child care, temporary housing, errand-running, adapting homes or vehicles, spiritual support, government claims assistance and financial aid are just some of what the Legion posts will provide.

"The American Legion has nearly 15,000 posts around the world to help our returning heroes," said Comer.

The Legion's national headquarters now has a full time director, David Marsh, staffing the "Heroes to Hometowns" office, which is located in the Pentagon Military Severely Injured Center.

Readers Forum

Thankful For Support Of John 'Okie" O'Connell Scholarship

We would like to take this opportunity to publicly thank The Beachcomber personnel, especially Kimberly, for their heartfelt inspiration and organization in establishing the first annual John "Okie" O'Connell Scholarship Fund that was held on June 10. Their personal touch to all the details encompassed in the music, food, silent auction, raffles and personal mementos and souvenirs were remarkable and appreciated by all.

Words alone cannot express our heartfelt gratitude to them for helping to continue John's legacy by emphatically stressing the need to stop violent acts against humanity. Your cooperation in this endeavor will never be forgotten. Please accept our humble and heartfelt gratitude.

We would also like to thank the Quincy community and all of Okie's friends and their families for their continued love and support. Your kindness will remain with us forever.

Sincerely,

Matt and Mary O'Connell and Family
Upton St.

COA Seeking Wheelchairs

The Council on Aging is in urgent need of wooden or metal wheelchairs of all sizes and canes to help disabled seniors to get around.

If you have one, call the council at 617-376-1506.

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Quincy's Yesterdays

QCBPA Launches Membership Drive

This Week
1972
34 Years Ago

By FRANK McCAULEY

John Murray, sales manager for South Shore National Bank, has been named executive director of the newly formed Quincy Center Business and Professional Association.

President Robert Colman said Murray is spearheading a membership drive to "enlist each and every business and professional person in the Quincy Center area."

Colman said the group's purpose is "to promote and/or create a more dynamic Quincy Center and sustain its growth and expansion as the shopping and business capital of the South Shore."

CITY BRACES FOR ANTICIPATED $160 TAX RATE

City taxpayers are bracing themselves for word on an anticipated $15 to $20 increase in the tax rate expected to be announced within two weeks.

Mayor Walter Hannon met with assessors to discuss the new rate which is expected to be $15 or $20 over last year's $142.50 per $1,000 tax rate.

KEEPING UP WITH THE RED SOX

The Boston Red Sox, with a 54-53 record, were in fourth place in the six-team American League East, five games behind the division-leading Baltimore Orioles. Catcher Carlton "Pudge" Fisk was the team's leading batter with a .296 average. Fisk's average placed him ninth among the top 10 hitters in the American League.

QUINCY-ISMS

Members of Beth Israel Synagogue honored Rabbi **Jacob Mann** for his 30 years of service to the synagogue . . . The Torre Dei Passeri Mutual Benefit Society will celebrate the 50th year of its founding with a banquet and dance Sept. 1 at the Sons of Italy Social Center. **John Chiavaroli** is chairman of the event . . . **Cheryl Menz**, daughter of Mr. and Mrs. **John Menz**, 49 Babcock St., Houghs Neck, was married to **Roderick Lynn**, son of Mr. and Mrs. **Walter Lynn**, 95 Shed St., Germantown. The ceremony was performed at Most Blessed Sacrament Church, Houghs Neck . . . Sabina, House of Beauty, 660 Hancock St., Wollaston, was advertising a senior citizen special, "Wash and Set, 1/2 Price" . . . Adjutant **Francis Mullen** was top vote-getter among five men elected recently to the board of directors of the Morrisette Legion Post Building Corporation. Others elected included Commander **Loretto Bersani**, Judge Advocate **Paul A.M. Hunt**, Past Commander **Kenneth Lotterhand** and **Joseph Casanova** . . . **Marianne Del Greco**, daughter of Mr. and Mrs. **Carmine Del Greco**, 21 Beacon St., Quincy, served as ringmaster for a carnival against muscular dystrophy . . . Mayor **Hannon** and Rep. and City Councillor **Clifford Marshall** cut the ribbon at the grand opening of the Tiffany Realty Co., 435 Washington St., Quincy Point. The company is named after **Tiffany Williams**, daughter of owners **Thomas** and **Patricia Williams** . . . Book World in Quincy Center reported one of its fastest selling books is a volume of poetry titled "The Breathing Silence." The book is a collection of poems by the Rev. **John Duffy**, a Redemptorist priest from Houghs Neck . . . **William Grindlay Jr.**, president of the Tax Accountants, Inc. of Norfolk County, was named campaign treasurer for **John Sullivan** of Wollaston, a candidate for Norfolk County Register of Probate . . . Airman Recruit **Paul O'Brien**, son of Mr. and Mrs. **Charles O'Brien**, 60 Marlboro St., Wollaston, has completed the recruit phase of the Navy's "Four to Ten Month" active duty program . . . Ward 5 Councillor **William Delahunt** urged Mayor Hannon to enroll the city in the Harvard Community Health Plan, citing wider coverage at a lower cost to both the city and the employee . . . Barbara Streisand and Ryan O'Neal were starring in "What's UP Doc" at the Wollaston Theater. Charlton Heston was appearing in the second feature, "The Omega Man" . . . The Quincy Newsstand, 666 Hancock St., Wollaston, was advertising "All Cigarettes 43 cents a pack. Cartons $4.18" . . . **Rick Haley's** "Checkmate" won the Frank E. Remick 11 ocean race during Quincy Bay Race Week . . . Quincy School Committee member and attorney, **Harold Davis**, was a candidate for Norfolk County Register of Probate . . . The Sears Little League runners-up team included **Winky Phelan** . . . The Morrisette American Legion won its 18th Zone 6 championship. Pitching Morrisette to a 5-1 win in the championship game was **Leonard "Len" Pepe**, son of Mr. and Mrs. **Nicholas Pepe** of South Quincy . . . Barker Stationery, One Maple St., Quincy Square, was advertising "Flair Felt Tip Pens, 2 for 49 cents with this ad" . . . Mrs. **Anna Marocco**, 51 Glover Ave., North Quincy, won the Maple Boston Rocker, given as a prize by Kincaide's Furniture during the Quincy Sidewalk Bazaar . . . **Paul Harold**, president of the Massachusetts Young Democrats, reminded Quincy residents that Aug. 19 is the last day to register to vote in the Sept. 19 primary . . . **Michael Conway**, grandson of Mr. and Mrs. **Charles Casagrande**, 425 Willard St., West Quincy, graduated from recruit training at the Naval Training Center in Orlando, Fla. . . . Recreation Director **William Ryan** announced the selection of **Michael Morrissey** and **Colleen O'Day** as "Leaders of the Week" . . . Commander **Donald Forsyth** retired form the Navy after 25 years of service. Commander Forsyth's sister, **Louise Forsyth** of 75 Monroe Road, Quincy, is on the guidance staff at Quincy High School.

Arts & Entertainment

Randolph Woman Submits Winning Theme For 54th Christmas Parade

"Christmas On Parade" will be the theme of this year's 54th annual Christmas Parade scheduled for Sunday, Nov. 26.

Patricia O'Leary of Randolph submitted the winning theme in a contest sponsored by the Christmas Festival Committee, General Chairman George White announced.

White said the theme will provide float builders a wide range in planning and constructing their floats for this year's parade.

O'Leary will ride in the parade in an open convertible with a banner recognizing her as the theme winner.

She will also be presented

PATRICIA O'LEARY

a gift from the Christmas Festival Committee at the awards ceremony in the North Quincy High School auditorium following the parade.

White noted the first parade was in 1952 under the leadership of the late Rev. Thomas Tierney of St. John's Church.

The parade, he said, was a small, one-mile "around the block" route. It is now approximately three miles long down Hancock Street from Quincy Center to North Quincy. It averages 95 to 100 units including bands, floats, color guards, specialty units, Shriner organization, Hallamore Clydesdales and others.

Rain date for this year's parade is Sunday, Dec. 3

The Festival Committee is also working on plans for other annual Christmas season events:

Turning on the Christmas lighting, Friday, Nov. 24.

Santa's arrival with three elves by parachute, Saturday, Nov. 26.

The Nativity Pageant at United First Parish Church, Sunday, Dec. 11.

And the elementary school Holiday Poster Contest.

Senior Bridge Club To Meet

The Council on Aging's bridge club for seniors will meet every Friday from 12:30 to 3:30 p.m. at the Dawes House on Quincy Shore Drive, corner of Channing Street.

All level players are welcome. For further information, call 617-376-1506.

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MEMBERS of blues group Hoodoo Revelator from left are Jim Chilson on guitar, Dave Darling providing percussion, resident Jeff Fabrizio on bass, vocalist Jay Scheffler on guitar, and Mike Chippenini on harmonica.

Local Band Hits Their Groove With CD

By MIKAELA SLANEY

Local blues group Hoodoo Revelator is building momentum earning airtime with their CD *Do Me Right.*

Resident and bassist Jeff Fabrizio said their music is "something people can get up and move to."

Other band members include Jim Chilson on guitar, Mike Chipperini on harmonica, vocalist Jay Scheffler also on guitar, and Dave Darling providing percussion.

Do Me Right is a 10 song compilation of original music and covers. It was featured on Morgan Huke's program "Folk'n Good Music," on WMFO 91.5FM, on "Blues on Sunday" with Holly Harris on WBOS 92.9FM, and "Sunday Morning Blues" with Carter Allan on WZLX 100.7FM.

The band classifies themselves as a mixture of different styles including blues, roots music, rhythm and blues, and "bo didley-esque" rock n' roll.

The band members have jobs outside of the music business, and do practices and gigs on their on time. "We all have day jobs, but we all have a strong passion for this," said Fabrizio. "It's quite a time commitment, but it's worth it."

Although they stress not covering a lot of any one musician, Fabrizio said they enjoy covering Muddy Waters, John Lee Hooker, and early Jay Gyles Band.

The band performs at south shore establishments, and recently The Salt Box Tavern, Quincy.

For more information on the band and tour dates, visit their website www.hoodoorev.com, or their MySpace site www.myspace.com/hoodoorevelator.

COA Foxwoods Trip Sept. 14

The Council on Aging is planning a trip to the Foxwoods casinos in Connecticut Sept. 14, the second Thursday of the month, with the bus leaving Marina Bay at 8 a.m.

Usually, the monthly trip is made on the first Thursday but this September it will be the second Thursday.

To make reservations or obtain more information, call Dot Dow at 617-376-1508.

Senior Scrabble Every Monday

Elderly devotees of the game "Scrabble" meet every Monday from 12 to 3:30 p.m. at the Dawes House on Quincy Shore Drive at the corner of Channing Street.

Beginners are welcome.

For more information, call 617-376-1506.

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Social

35 Residents Graduate UMass. Amherst

Thirty-five Quincy residents recently graduated from University of Massachusetts Amherst.

They are:

Richard C. Yau, Sze W. Lau, Leo C. Ahern, Lawrence Gary Antonellis, Jana M. Bartoloni, Samantha Chaisson, Peter Chan, Mark R. Chella, Shirley Cuihua Chen, Vincent H. Chiu, Duncan Michael Devlin, James C. Devlin, Daniel Joseph Dinardo, Caitlin C. Doughty, Daniel P. Duggan, Amy Hsu, Scott Douglas Keefe, James S. Keohane, Benjamin Lam, Pui Y. Lee, Jian Zhong Lin, Chang H. Liu, Ruheng Long, Joan Y. Louie, Michael W. Maloney Jr., David N. Pham, Kristyn J. Shea, Victor G. Siu, Stacy Beth Szcesuil, Charles W. Vidoli, Sarah M. Wilson, Zoie Wing-Yin Wong, Allyson M. Wright, Juquan Wu, Zhonghui Zhu.

Paul Markarian Receives Bentley Degree

Paul Markarian of Quincy was awarded a Bachelor of Science degree at Bentley College in Waltham.

Markarian majored in Management at Bentley and has accepted a position with Guardian Investors Services, LLC in Quincy. He was captain of the Division 1 Bentley College hockey team for three years, leading them in the best season in Bentley hockey history- one game shy of the NCAA Tournament. He also made the Dean's List in his senior year.

He is the son of Harry and Diane Markarian of Quincy.

QHS Class Of 1949 Reunion Sept. 15

The Quincy High School Class of 1949 will hold its 57th anniversary reunion Friday, Sept. 15, from 12 noon to 4 p.m. at the Neighborhood Club, 27 Glendale Rd., Quincy.

For further information, call Mary (Volpe) Mattie at 781-848-3111.

Mr., Mrs. Jeff Daru Parents Of Son

Jeff and Keri Daru of Quincy are parents of Jake Benjamin Daru born June 7 at Beth Israel Deaconess Medical Center, Boston.

Grandparents are Ralph and Peggie Brown, Michael Wysocki, and Butch and Lucy Daru, all of Quincy.

Five Graduate Westfield State

Five residents have recently graduated from Westfield State College, Westfield.

They are:

Domenic A. Papile with a B.A. in criminal justice, Michael C. Kalell with a B. A. in criminal justice, Michelle L. Mattson with a B.A. in criminal justice, Andrew W. Smith with a B.A. in business management, and Meghan Haines with a B.A. in criminal justice.

DEBRA BUSQUETS and THOMAS BAMBERY, JR.

Debra Busquets Engaged To Thomas Bambery, Jr.

Thomas Bambery Jr. and Debra Busquets, both of Weymouth, announce their engagement.

She is the daughter of Justine Pettet of Quincy, and he is the son of Maureen T. Bambery of Quincy, and the late Thomas Bambery.

Ms. Busquets is a medical assistant at Granite Medical and employed at the Fowler House. She is a graduate of North Quincy High School.

Mr. Bambery is a firefighter with the Quincy Fire Department, and is a graduate of Quincy High School and Boston College.

An August wedding is planned.

Lucy Ross Brown Grad

Lucy R. Ross recently graduated with honors from Brown University.

She received a BA of arts degree with a concentration in modern culture and media. She is a 2002 graduate of Quincy High School.

Morgan Peterson Mass Art Grad

Morgan Chapman Peterson, of Quincy, recently graduated from Massachusetts College of Art.

She received a bachelor of arts degree in studio for interrelated media and glass.

John Mulvey, III Graduates Catholic Memorial

John J. Mulvey, III, is a recent graduate of Catholic Memorial High School in West Roxbury.

The son of Mr. and Mrs. John J. Mulvey, Jr., of Quincy, he is a member of the National Honors Society.

Mulvey will attend Northeastern University this fall.

JOHN MULVEY, III

QHS 1941 Class Plans Sept. 19 Reunion

The Quincy High School class of 1941 will hold its 65th anniversary reunion Tuesday, Sept. 19 at the Common Market, 97 Willard St. West Quincy.

A social hour will start at noon with a luncheon at 1 p.m. Nils Lundeen, a classmate will entertain with his accordion.

Reservations are requested by Sept. 9.

For more information call Robert Bumpright at 781-335-1842.

Ronald Vecchione, Jr. On NQHS Honor Roll

Ronald J. Vecchione Jr. is on the high honor roll at North Quincy High School for the fourth term of his junior year.

The son of Ronald and Carolyn Vecchione, he was on the honor roll for the first three terms.

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20th Annual Red Cross Golf Tournament Raises $20,000

THE 20TH ANNUAL Red Cross Golf Classic held recently at Wollaston Golf Club in Milton raised more than $20,000 to benefit the South Area American Red Cross of Massachusetts. From the left: Debra Jackson, CEO of the Massachusetts Bay Chapter of the American Red Cross; Daniel J. Flynn of the Daniel J. Flynn & Co., the tournament's major sponsor; and Jackie Gardner, executive director of the South Area Chapter. *Maralin Manning photos*

RICHIE MEADE (left), former Quincy planning director, with Bruce Wood and Bob Curry, owner of Curry ACE Hardware.

JIM CHICCINO, South Area Chapter advisory board member and event planning committee member, with Quincy School Committeeman James Timmins.

PAULINE COLTON (left) with Cathy Woods, South Area Chapter advisory board member and golf committee member.

CHRIS DICKINSON (left) of Eastern Bank with Don Uvanitte of Eastern Insurance.

QUINCY MUNICIPAL CREDIT Union was represented by, from the left, Stewart Steele, Mike Granahan, Joe Goodwin and Ernie Arienti.

NATALIE SHEARD of the YMCA, Paul Barry, Dolly Di Pesa of Di Pesa & Co., and Peter Waisgerber of the YMCA.

REPRESENTING QUINCY Fire and Mutual Co. were, from the left, Kevin Meskell, South Area Chapter advisory board member; Jane Mahoney, Lee Downey and Mark Sullivan.

THE 1000 SOUTHERN Artery team included, from the left, Don Wakeling, Paul Baharian, Bruce Wyman and Don McGibbon.

Live Entertainment 11 A.M. - 4 P.M.

Quincy August Moon Festival At President's Plaza Sunday

Quincy Asian Resources, Inc. (QARI) invites the public to its 19th annual August Moon Festival at Kam Man Marketplace at President's Plaza in Quincy Sunday, Aug. 20.

Admission to the festival, which is the largest Asian cultural event on the South Shore, is free and will feature a schedule of live entertainment from 11 a.m. to 4 p.m.

"The celebration of the festival reflects the increasing growth in Quincy's Asian population," said Frank Poon, chairperson of this year's event. "Through this event, the Asian community is able to celebrate and preserve its unique heritage while sharing its traditions with the community at large."

The August Moon Festival is the second biggest event on the Asian Lunar calendar after the New Year and an important date for the local Asian community.

"The City of Quincy is proud to become one of the sponsors of this important community event," said Mayor William Phelan. "The August Moon Festival is a fantastic celebration of culture in Quincy and I applaud the event organizers for putting together another wonderful day."

An event for all ages, the August Moon Festival will feature among other things, art-making, lively lion and dragon dances, games and activities for children and seniors, and a wide range of Asian musical acts.

Local restaurants will serve a variety of foods including Chinese, Japanese and Indian cuisine.

Shaolin Hung Gar Martial Arts Academy, Gund Kwok, Women's Lion Dance troupe will highlight performances which will include traditional Asian dance, young people modeling cultural fashions, and musicians demonstrating unusual and exquisite Chinese musical instruments.

A raffle highlighted by prizes, including a Toyota Scion and round-trip international airline tickets, will help provide funding to QARI to increase its capacity to provide quality services and programs to the Asian community in Quincy.

In addition, local business owners and social service organizations, such as South Shore Elder Services, will participate by setting up vendor and informational booths.

With an estimated 8,000 people expected to attend the festival and no on-site parking available, the public is encouraged to take public transportation to the event. Free shuttle buses will transport festival-goers from various off-site parking locations, including the Quincy Center and North Quincy T stations, to the festival.

As in previous years, sponsors and volunteers are essential to the success of the event. Partnerships with these organizations, businesses and individuals provide QARI with opportunities to offer much needed services such as multilingual information and referral services, English and citizenship classes, and the Lunar New Year Festival and August Moon Festival to the community.

"We are grateful for the commitment and support of our grand sponsors, Kam Man Foods and Mohegan Sun, and also to the City of Quincy," said John Brothers, executive director of QARI. "With their invaluable support, we hope to build on the success of our previous festivals to bring together the community to celebrate and increase awareness of Asian cultures, and better serve the needs of Quincy's Asian-American community."

THE 19TH ANNUAL August Moon Festival will be held Aug. 20 at Kam Man Marketplace at President's Plaza, Quincy. The free event will featnre a schedule of live entertainment from 11 a.m. to 4 p.m.

Foot Screening For Seniors

Podiatrist Jordana Szpiro will be available to seniors for foot screening on the first Monday of every month at the Council on Aging office, 83 Saratoga St.

She will also treat feet for a fee of $20 per person payable at the time of the visit. Such payments are not covered by health insurance.

Treatments will include nail trimming and general diabetic foot care.

For an appointment, call 617-376-1506.

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Fallon Ambulance Awards EMT Scholarships To 3 QHS Grads

QUINCY HIGH SCHOOL graduates (from left) Sherri Ng, Concetta Brancaccio and Laina Crispo are awarded scholarships from Fallon Ambulance Senior Vice President Peter Racicot.

Fallon Ambulance Service, the region's largest independent, family-owned ambulance service provider, has named Laina Crispo, Concetta Brancaccio and Sherri Ng as the recipients of the 2006 scholarships for aspiring Emergency Medical Technicians.

Crispo, Brancaccio and Ng are all 2006 graduates of Quincy High School and will attend a three month training program at Eastern Medical Educators Center in Quincy.

The three young women are pursuing careers in the field of medicine.

The students were chosen based on letters of recommendation, accomplishments, and an essay explaining why they would like to pursue a career in the field of medicine. As part of the program, Fallon provides employment to candidates who successfully complete training.

"We are pleased to offering these deserving students an opportunity to pursue a career in the medical field," said Peter Racicot, senior vice president of Business Development. "I began my career at Fallon as an EMT and it is an excellent way to learn the medical field; some choose to remain with it as a lifetime career, while others use the opportunity to gain knowledge and later pursue a career as a nurse, doctor or some of the many opportunities in the field of medicine."

Fallon Ambulance, headquartered at 111-115 Brook Rd., West Quincy, employs more than 400 personnel, and operates more than 100 vehicles. Fallon Ambulance is the 9-1-1 provider for the municipalities of Milton, Quincy, Brookline, Weymouth, Braintree and Dedham.

For additional information about Fallon Ambulance Services or programs that the company offers, call Racicot at (617) 745-2117 or visit www.fallonambulance.com.

Animal Shelter Open House Aug. 26

The Quincy Animal Shelter Open House will be Saturday, Aug. 26 from 10 a.m. - 6 p.m. at the shelter, 56 Broad St.

The open house will feature cats and dogs who are in need of homes. There will be raffles, Quincy Animal Shelter clothing, adoptions and more. The shelter is a non-profit, 100 percent volunteer, no-kill animal shelter.

For more information or to volunteer call 617-376-1349, or visit www.quincyanimalshelter.org.

Alzheimer's Forum On Memory Oct. 19

The Alzheimer's Association and the Council on Aging will present an informal talk on memory loss Thursday, Oct. 19, from 10 a.m. to 12:30 p.m. at the Koch Park and Recreation Complex, One Merrymount Parkway, Quincy.

The program, presented by Jamie Gutner, will provide an overview of Alzheimer's Disease, how to obtain diagnosis, addressing behavior and communication problems.

For reservation, call 617-376-1506.

COA In Need Of Bath Seats

The Council on Aging is in urgent need for bath seats for senior citizens.

If you have one to donate, call the COA at 617-376-1245.

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'New' Stadium Ready For Football Sept. 22

(Cont'd From Page 1)

week followed by the placement of 10,000 tons of crushed stone to serve as a base for the synthetic turf carpet.

The carpet, known as Sport-Tex Field, the same artificial grass surface used by the Baltimore Ravens, will be laid the week of Sept. 4 and will take two weeks to complete.

The new field, which will be permanently marked for high school and youth football, soccer and lacrosse, is designed to allow increased use and take some of the burden off other fields.

The cost of the rehab project will be $414,000, funded by revenues from the city's hotel/motel tax. Much of the preparation work was done by the Park Department to save money.

The project is part of Mayor William Phelan's Natural Resources Improvement Initiative, a $10 million investment in the environment and park system.

With the coming of the new field, rainouts of sporting events due to poor field conditions will be a thing of the past as the new drainage system is equipped to discharge at a capacity of 10 inches of water an hour.

Once the stone base is laid and attached to the curbing around the perimeter, the field will be in-filled with sand and rubber pellets before the turf is laid down, creating a premium playing surface while meeting safety standards.

New parking areas will be added at the rear of the entrance, complete with handicapped designated spots and new paved walkways encompassing both the home and visitors' sides, meeting ADA requirements.

In addition to sporting events, the stadium will continue to host high school graduations, concerts and other special events.

WORKERS prepare the floor of Veteran Memorial Stadium to receive the 10,000 tons of crush stone base for the artificial turf carpet. It is hoped the 68-year-old stadium will be ready for Quincy High School's opener against Falmouth Sept. 22.

Quincy Sun photo/Noreen O'Shea

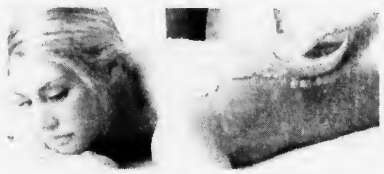
Bereavement Support Group At Quincy Medical

Quincy Medical Center, 114 Whitwell St. will host a free, seven-week Bereavement Support Group, beginning Wednesday Sept. 13.

The support group will meet Wednesday afternoon from 4 to 5:30 p.m. for the seven consecutive weeks. The group is designed to help adults who are coping with the recent death of an adult loved one to alleviate feelings of grief and begin the healing process.

"Grieving people often feel isolated in their pain and perceive that the world only wants to see and hear from happy people," said Rev. Esther Bowen, director of Pastoral Care at Quincy Medical Center. "If you need an emotionally safe place where you can be yourself and process your grief experience, then perhaps this support group may work for you."

The program is free, however, pre-registration is required. For more information or to register, contact the Quincy Medical Center Pastoral Care Department at 617-376-5502.



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LICENSE BOARD BRIEFS

The License Board Tuesday took the following action.

•Granted a permit to Kim BiBona for the Joseph Conti, Jr. motorcycle road race Sept. 24 from 10 a.m. to 2 p.m. starting at Pat Flanagan's in the ParkingWay and back there for a cook-out. Proceeds will benefit Quincy Public Schools and the Germantown Center, as well as other charities.

•Continued until Sept. 12 a request from Jimmy Liang and the Chinese Association, 665 Hancock St. for their Induction Ceremony Sept. 17 from 11 to 2 p.m. Liang proposed to close Cushing and Beale Sts., but Police Chief Robert Crowley suggested no parking on Cushing and Hancock St. during the ceremonies.

•Granted a one day permit to Gayle Mackay for a first time Country Fair, Saturday, Sept. 30 from 8 a.m. to 7 p.m. at the Houghs Neck Congregational Church, 310 Manet Ave. The fair will include a scavenger hunt, food contest, games, and Idol contest, and chicken barbecue.

•Granted a permit to Tom Dolan and Bob Keezer, Juvenile Diabetes Research Foundation, for their third annual 5k Road Race, Sunday, Oct. 1 at 10 a.m.

•Granted a one day permit to the Quincy Lodge of Elks for a motorcycle run Sept. 16 from Quincy to Marshfield. Rain date is Sept. 23.

•Granted a one day extension of premises to the Five Spices Restaurant, 1250 Hancock St., Aug. 26 from 6 to 10 p.m. in the Atrium.

•Granted a one day extension of premise to Richard Rizzotti of The Fowler House, 1049 Hancock St. for the second annual JT's Thunder Charity Motorcycle Run, Aug. 27 from 12:30 to 5 p.m.

•Granted a common victualer license to Christina Brats, manager of The Chocolate Dive, Inc. doing business as Pure Chocolate Boutique, 102 Franklin St. Bartous said she will feature home-made chocolate, chocolate coffee drinks, gifts, and hopes to open by Oct. 1

They will also cater to weddings and other parties.

•Granted a beer and wine license to Newport Liquors, Inc. 243-247 Atlantic St. doing business as Richard's Market. (it was formerly Charlie's Market) Frederick Stevenson will be manager.

•Granted a transfer of stock at Pizza Hut of America, Inc. 627 Washington St. Michelle Marabelli is manager.

•Granted a change of managers at the Wollaston Yacht Club, 692 Quincy Shore Drive from Kathleen Cuthbert to David Gamsby.

Police Chief Robert Crowley said although the bar is closed at 1 a.m. he has observed persons drinking on the deck. Robert Bennett, commodore of the club said the persons drinking there are owners of boats moored at the club. Crowley said that no drinking will be allowed on the deck after 1 a.m. Jay Duca told Bennett that all maintenance problems be corrected by Oct. 31 in order to renew the club's liquor license.

•Elias Ghossoub, owner of the Sea Street Getty, 346-350 Sea St. was told to "get rid of all junk cars" by Police Chief Crowley following complaints from neighbors.

•Placed on file a hearing regarding complaints about conditions at US Gas, 588 Adams St. Owner G. Audi said the only problem he had which has been corrected was the dumpster which is now a new one. Neighbors had complained of cars at the corner of Connell and Adams Sts.

•Granted an Side-Walk Cafe to Peter Kerr, owner of Bad Abbot's Pub, 1546 rear Hancock St. for 10 tables, 20 seats; and to Walter Pulalski, owner of Pepper's Grille, 3 School St. for two tables and four seats,

•Granted a change of managers at the Dairy Freeze, 635 Adams St. Denise Wallace Pettiti will be the manager. Wallace said her father owned the business for 20 years, and then her cousins ran it who recently sold it to her. She said everything will remain the same.

LICENSE BOARD BRIEFS

Tall Tales, Weapons Featured In Programs At Crane Library

Big Ryan's Tall Tales will p[resent a program of storytelling, music, movement, puppets and interactive play Friday, Aug. 18 at 10:30 a.m. in the large meeting room at the Thomas Crane Public Library.

The program is for youngsters up to 4 years of age and is sponsored by the Friends of the Thomas Crane Library.

Two instructors from Guard Up will present an historic weapons demonstration on the main library lawn Saturday, Aug. 19, from 1 to 3 p.m.

Weapons on display will include Japanese samurai swords, a Chinese Singing Sword and a miniature version of a working English trebuchet, which will launch water balloons at target on the lawn.

The instructors will suit up in full armor for a medieval sword fight.

In case of rain the program will be moved indoors. It is for children of all ages but parents must stay with their kids. The sponsor is the Friends of the Thomas Crane Library.

"Tissue paper butterflies" will be the project for the week of Aug. 21 in the Arts-to-go series at the main library and the three branch libraries.

Youngsters from toddlers to teen agers can drop in at any time from 2 to 4 p.m. and create a project.

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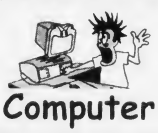

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FOOT NOTES
by Joel Chariton, D.P.M.
Diplomate, American Board of Podiatric Surgery
Diplomate, American Board of Podiatric Orthopedics

NOT-SO-FUN FOOT FACTS

As one of the body's most complex structures, accounting for 25% of all bones in the body, the foot is statistically more likely to have problems than other body parts. And it does. Three out of four Americans suffer serious foot problems during their lives. Foot problems tend to be acquired through poor biomechanics, stress, overuse, and improper footwear. Only a small percentage of the U.S. population is born with foot disorders. Primarily because of wearing high heels, women are four times more likely than men to experience foot troubles. Arthritis and diabetes account for a large percentage of the country's foot problems. Arthritis is the most common cause of disability in the United States, and diabetes rates are skyrocketing.

We're concerned about all aspects of your health, especially in the health of your feet. When your feet are painful, cramping, and uncomfortable; have sores that won't heal; or are otherwise trying to tell you something, don't hesitate to call us. Our goal is to provide you with a comprehensive diagnosis and treatment plan so that you are out of pain and back on your feet in as short amount of time as possible. For an appointment at 999 North Main Street, Randolph, in the MEDICAL OFFICE BUILDING, or at our offices at Quincy Medical Center or Milton Medical Building, please call us at 781-986-3668. I am affiliated with the Brockton and Good Samaritan Hospitals.

HINT: Walking regularly, wearing appropriate footwear, and receiving preventive foot care are three of the best things you can do for your feet.

19th Annual Quincy August Moon Festival

Sunday, August 20, 2006 11 am - 4 pm

August 27, 2006 (Rain Day)

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PARKING / SHUTTLE

Communication points about parking for the festival:
* Any adult (18+) who takes a shuttle before 2 pm to the festival will receive a raffle ticket and may win a NEW Car.
* No on site parking available at Kam Man
* Quincy Ave, south bound will be **closed** at Scammell Street

Driving Direction from North of Quincy:
Take I-93 South Exit 7 to Route 3; right away take Exit 18 onto Burgin PKWY. Turn right at 4th traffic light, go though the first light and turn left into the garage. Follow signs to the shuttle bus stop in front of Quincy Asian Resources at 1509 Hancock Street.

Driving Direction from South of Quincy:
Take Route 3 Exit 19- 0.3 miles. Bear right on ramp onto Burgin PKWY. Turn right at 4th traffic light, go through the first light and turn left and turn left into the garage. Follow signs to the shuttle bus stop in front of Quincy Asian Resources at 1509 Hancock Street.

* **Free parking locations:**
  North Quincy T Station
  Quincy Municipal Credit Union (100 Quincy Ave.)
  Ross Garage (behind building of 1509 Hancock St.)
  Faxon Park
  Quincy Shipyard

* **Shuttle Bus service is available from:**
  North Quincy T station & Quincy Center T station
  Quincy Asian Resources (1509 Hancock Street)
  Quincy Municipal Credit Union (100 Quincy Ave.)
  Faxon Park
  Quincy Shipyard

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REAL ESTATE

Quincy Medical Center, Conway Realtors To Offer New Employee Benefits

Quincy Medical Center and Norwell based Jack Conway & Co. Realtors have joined forces to offer a new benefits program for QMC physicians, employees, and their families.

The partnership will offer Quincy Medical Center staff and their families discounts on mortgages, home buying and selling services, help with moving costs, home warranty programs, and relocation services.

"Quincy Medical Center is pleased to partner with the Conway Company in this new benefit for our valued physicians and employees," said Dr. Gary Gibbons, Quincy Medical Center President and CEO. "This new program is designed to ease some of the stress for any physicians and employees who are in the process of buying or selling property, and also to support new employees and physicians who relocate to the area for employment at Quincy Medical Center."

Conway President Richard Cahill sits on the board of Quincy Medical Center, but has also been a patient. "This hospital saved my life when I suffered pneumonia so I have a personal commitment to do everything in my power to serve the employees and their families of this fine institution," said Cahill.

Jack Conway, Chairman and CEO of the Conway Company said he definitely sees this as a win-win agreement, "Quincy Medical Center provides vital health care to the South Shore community, and we're pleased to be able to extend our services to the professional people who make that institution such an asset to the area," Conway said.

Quincy Medical Center Human Resources Director Marilyn McAllister said the initial response to the new program has been overwhelmingly positive. "We had about 150 people asking questions of Maureen McCaffrey and Dawn Stevens of Conway's Relocation Department during a recent presentation," said McAllister. "I would say our staff is extremely excited about utilizing this new benefit."

Cahill, who lives in Quincy, encouraged continued community support for Quincy Medical Center. "Having been saved from a near death experience brings home how important it is to have a community hospital like Quincy succeed. I urge people to support their local hospitals in any way they can."

Quincy Medical Center (www.quincymc.org) is a 232-bed acute care community-teaching hospital providing South Shore residents with comprehensive medical and surgical services. The medical center's Alliance for Quality with Boston Medical Center (BMC), formed in 1999, brings academic medicine to the community.

Dollars and sense

by David Uffington

Avoiding Foreclosure

If you're behind on your mortgage, you're in danger of losing your house and damaging your credit for years to come. How quickly that can happen depends what state you live in. Some states are more lenient than others, but if you don't act quickly, the end result will be the same.

The most important thing is to pay attention to the letters you'll get from your lender. Don't ignore them. Contact the lender and let it know your situation. Have the facts and figures in front of you: what caused you to miss payments, how much your current income is, how much you can pay. There are a number of ways you can avoid foreclosure and the resulting damage to your credit.

• Modify the loan: If you can refinance, your payments can possibly be reduced by extending the term of the loan or lowering your interest rate.

• Forebearance agreement: Ask your lender to take lower payments for a period of time. It usually won't be long, perhaps a few months, but that could allow you to get back on your feet.

• Sell the house quickly: A "short sale" means you sell for less than the market rate and won't get all your equity, but you'll be able to pay off the lender.

• Deed in lieu of foreclosure: You give the house back to the mortgage holder.

If you have a HUD loan, you have options. You might qualify for a one-time payment from FHA to bring the mortgage current. You'll sign a promissory note, and they'll put a lien on your house to be satisfied when the house is sold.

If you're facing foreclosure, it will become public knowledge when the notice is printed in the newspaper. Beware the vultures that will come to your "aid." You'll likely hear of every scam there is. A common one is an offer to take over payments; all you have to do is sign on the dotted line. Once you're out of the house, however, your "benefactor" will rent it out for a short period of time, take the money and never make the mortgage payments. The house will go to foreclosure anyway.

Best bet: Work with your lender to see if the situation can be saved.

Write to David Uffington in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475 or send e-mail to letters.kfws @hearstsc.com.

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Land Records Research Topic Aug. 30

Computer Seminar At Norfolk Registry

Register of Deeds William P. O'Donnell will host an informational seminar on computer assisted land records research at the Registry of Deeds in Dedham from Wednesday, Aug. 30 from 4:30 to 5:30 p.m.

The seminar is intended for both real estate professionals and the general public. The program will include a brief presentation, written reference materials, and hands-on exercises.

There will be opportunities for both basic and advanced questions and answers.

Computer assisted land records research is available both at the Registry and on the Internet at www.norfolkdeeds.org.

"These services have proven valuable tools for our customers, and we hope that this seminar will be helpful and informative," O'Donnell said.

There is no charge for the seminar. Persons planning to attend are asked to register by phone (781-461-6116).

Annex Real Estate Announces Sales Courses

Annex Real Estate School, Inc., 49 Beale St., Wollaston, announces it is offering a four-week and a three-day real estate sales course.

The four-week, 24-hour sales course will be held Tuesdays and Thursdays beginning Tuesday, Sept. 12. Students must attend both Tuesday and Thursday sessions for all four weeks, but many choose to attend either the morning or evening classes.

Class times are 9 a.m. to noon or 6:30 to 9:30 p.m.

Annex Real Estate School is also offering a three-day, 24-hour sales course during the weekend of Sept. 15-17.

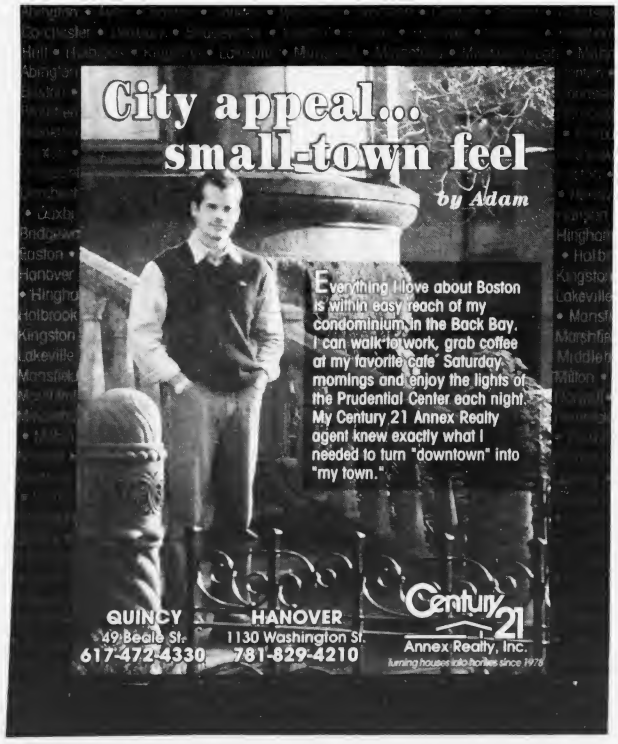
Classes will be held Friday, Sept. 15 from 5:30 to 9:30 p.m.; Saturday, Sept. 16 from 8 a.m. to 6 p.m.; and Sunday, Sept. 17 from 8 a.m. to 6 p.m.

Students must attend all three weekend classes in order to graduate.

The cost for the real estate sales class is the same for the four-week and three-day course: $160 for the course with an additional $40 book fee.

Course graduates qualify for an examination to become a licensed real estate salesperson in Massachusetts.

Annex Real Estate School, Inc. is accredited by the Commonwealth of Massachusetts to teach real estate pre-licensing for salespersons, brokers and continuing education.



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Quincy - Crown Colony - [illegible]

Marshfield - 4,000 Square Feet Office building on a 17, 860 Square Feet site. Perfect for user with income potential. 3 Units, 19 off-street spots. Zoned B-1. Easy access to Rt. 139 and local amenities. Offered at $649,000

Quincy - Stunning three-level townhouse w/ 2 master bedrooms. One master with jacuzzi tub. 2 1/2 baths total. 2,745 sf of living area. Finished lower living area. Offered at $539,900.

Dorchester - [illegible]

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Real Estate

By Samantha Mazzotta

Can Magnets Find Wall Studs?

Q: I read your column about anchoring heavy objects on walls, and I wanted to pass along a stud-finding technique that I've started using to great advantage. I use powerful rare-earth magnets (which I buy from Lee Valley Tools) to locate the fastener heads in walls. Even with a little 1/4-inch diameter rare earth magnet, I can sense old nail heads through my inch-thick plaster walls. (I just ordered some 3/4-inch diameter magnets to make this easier yet.)

Once I find the first nail or screw head, I mark the location with a piece of blue masking tape and find and mark others in the same stud above and below my first mark. Then I repeat this process from side to side until I've mapped out the area I need to work in. This technique is also useful when trying to decide where to cut into drywall for new outlets or switches.

P.S. I also wanted to point out that all studs are 1 1/2-inch thick, regardless of their width (2 by 4, 2 by 6, 2 by 8, etc.) and whether they are steel or wood. — ***Tim G., Akron, Ohio***

A: That's a technique I hadn't thought of before — especially since I've been spoiled rotten by electronic stud finders these past few years.

I was sitting here lamenting the fact that I didn't have any rare-earth magnets to test this method out, when my significant other poked his head into the doorway and said, "But we do! Remember that guy who was selling those cool 'singing magnets' at the swap meet last summer? Well, I bought a set!" And he dashed across the hall to his office to get them.

So, we just spent the past half-hour merrily running a couple of small, powerful ovoid magnets across the walls, marking where we thought the studs were indicated with a pencil. I cross-checked them afterward with the electronic stud finder. The results? So-so. Of course, a couple of mini-magnets designed for entertainment probably aren't the best products to test with.

The closer the studs were to the outside of the wall — in our fixer-upper, some are behind an inch of plaster, others are behind a quarter-inch of modern drywall — the better the read we got. The magnets located roughly half of the studs tested, while the electronic stud finder located all but three.

Many thanks for the tip, Tim! Rare-earth magnets are sold through specialty hardware retailers, but may be available at the local hardware store, too.

Send questions or home repair tips to homeguru2000@hotmail.com, or write This Is a Hammer, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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Hurricane Season Safety Lessons

(NAPS) With meteorologists forecasting a very active hurricane season, it is advised to know how to be prepared for an oncoming storm.

Here are tips from Geico, the National Hurricane Center and the Insurance Information Institute:

Hurricane Preparedness

• Determine escape routes and places where the family can meet.

• Know the home's vulnerability to storm surge, flooding and wind.

• Locate a safe room in the home or the safest area in the community.

• Have an out-of-state friend as a family contact.

• Plan what to do with pets if they are evacuated.

• Post emergency telephone numbers by phones. Teach children how to call 911.

• Check insurance coverage; flood damage is not usually covered by homeowners insurance.

• Trim trees to remove unhealthy or dead limbs or branches.

Emergency Supplies

• Water: one gallon daily per person for three to seven days.

• Food: enough for three to seven days.

• Nonperishable packaged or canned food/juices: foods for infants or the elderly.

• Cooking tools and fuel.

• Paper plates and plastic utensils.

• Blankets and pillows, etc.

• Clothing: seasonal and rain gear, sturdy shoes.

• First-aid kit, medicines, prescription drugs.

• Special items for babies and the elderly.

• Toiletries: hygiene items, moisture wipes.

• Flashlights and batteries.

• Radio: battery-operated radio and National Oceanic & Atmospheric Administration (NOAA) weather radio. Replace the batteries every six months.

• Cash: banks and ATMs may not be open for extended periods.

• Keys.

• Photographs.

• Computer hard drive or laptop.

• Toys, books and games.

• Important documents: in a waterproof container including insurance, medical records, bank account numbers, etc.

• Tools.

• Vehicle fuel tanks filled.

Pet care items

• Food and water.

• Proper identification: immunization records, medications.

• A carrier or cage.

• A muzzle and leash.

Added Preparedness

• Take first-aid, CPR and disaster preparedness classes.

For more information, go to www.geico.com, www.nhc.noaa.gov and www.iii.org.

Posh Storage Solutions For The Bathroom

(NUC) - Many homeowners try to turn their bathrooms into sanctuaries that offer a retreat from the world – personal spaces designed to reflect individual taste while providing the utmost comfort.

The challenge arises, however, when it comes to storage. What to do when you have limited space but lots of stuff?

The answer, according to Kohler Co., is stylish and functional bathroom furniture.

Best known for its plumbing fixtures, faucets and other home decorative elements, Kohler recently came out with a line of beautiful yet functional bathroom vanities that embody a homeowner's personal style.

"Kohler has created a turnkey solution for homeowners who want to create a grooming area in the bathroom that reflects sophisticated style, outstanding durability within a moisture-rich bathroom environment and convenient storage solutions," said Michael Terrill, senior product manager for Kohler furniture and lavatories.

THE PROVINITY vanity from Kohler brings high fashion and functional storage to the bathroom.

Want a bathroom that evokes a cottage retreat? The Ballard vanity symbolizes relaxed comfort with its alder or white ash veneers. With shelves and a full-extension drawer underneath, the Ballard is able to accommodate numerous storage needs.

Perhaps you're a little bit country. If so, the Thistledown vanity may be for you. This piece pays homage to world-renowned stables and reflects the architectural details that characterize country motifs. Refined columns frame the paneled doors and add to the cozy appeal.

For those who like a more contemporary or urban look, the Provinity vanity combines old world style with new world luxury. Consisting of European Sycamore, a wood characterized by contrasting patches of greenish-gray and white bark, this piece offers a large single drawer that extends and moves back into the closed position with a gentle push. An easily removable, contoured lower shelf is designed for additional storage.

The Mersing vanity, on the other hand, is inspired by the unencumbered lifestyle of a Malaysian village. It achieves its tropical appeal by combining bamboo and Burmese mahogany – a material used for centuries to craft boats. Inside the vanity, separate, solid wood dovetail drawers extend to bring items conveniently within reach. The look is completed with a handcrafted tray nestled on a notched lower shelf.

For more information on these vanities and adding functional furniture to the bathroom, visit www.kohler.com or call 800-4-KOHLER.

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QUINCY POLICE HOT SPOTS

QUINCY POLICE STATISTICS: Aug. 4 - Aug. 11
Total Calls for Service: **1437**
Total Arrests: **40**
Total Stolen Cars: **4**

FRIDAY, AUG. 4

LARCENY, 7:39 a.m., 90 Quincy Shore Dr. Credit card.

LARCENY ATTEMPT, 11:17 a.m., A.J. Wright, 126 Parkingway. Party fled. White male, white cap, jeans, white shirt, orange stripes, heading towards Granite St. Store to handle.

INDECENT EXPOSURE, 11:35 a.m., Goddard St. & Verchild St. Just happened. Hispanic male in a blue Volvo, fled down Goddard towards Independence Ave.

LARCENY, 2:58 p.m., 63 Albertina St. Jewelry. Items were then pawned.

BREAKING AND ENTERING/PAST, 6:36 p.m., U-Haul, 438 Quincy Ave. Commercial.

VANDALISM/PROPERTY, 10:24 p.m., 208 Gardiner Rd. Possible damage.

SATURDAY, AUG. 5

LARCENY, 8:53 a.m., 88 Brook St. Past. Unknown person(s) stole a ceramic lawn statue off his front lawn. Statue depicts a boy holding a jug of water.

VANDALISM/PROPERTY, 2:27 p.m., 221 Billings Rd. To vehicle. Parties advised.

BREAKING AND ENTERING/ATTEMPT, 6:10 p.m., 766 Willard St. Past.

VANDALISM/PROPERTY, 7:36 p.m., South Shore Savings Bank, 370 Quincy Ave. Past. Water sprinkler broken.

SUNDAY, AUG. 6

VANDALISM/PROPERTY, 1:15 a.m., 51 Granite St. Stolen plate. Plate not stolen, taken from motor vehicle and thrown on the roof of Malachy's. Retrieved and in owner's possession.

VANDALISM/PROPERTY, 8:42 a.m., 10 Watkins St. To home. Damage to siding of house. Also reports the vacant house next door (19 the Strand) was damaged by youths throwing rocks.

BREAKING AND ENTERING/PAST, 3:05 p.m., 776 Willard St. Dwelling.

LARCENY, 7:40 p.m., Parkway Mobil, 1269 Parkingway. Of gas. Dodge Magnum just filled up $60 worth of gas and fled towards the highway.

MONDAY, AUG. 7

ASSAULT AND BATTERY, 10 a.m., LaBrecque Field, 1007 Sea St. Past. Happened Aug. 5.

LARCENY, 1:09 p.m., Ocean State Job Lot, 141 Newport Ave. Put his wallet on counter and forgot it. Next customer in line grabbed it and took off. Security states they have this on tape.

LARCENY, 2:11 p.m., 54 Shennen St. Id theft.

LARCENY, 4:27 p.m., 36 Hilda St. Of medications. Narcotic medications from the bathroom.

LARCENY, 9:15 p.m., 375 Palmer St. Past incident. Caller reports an ex-boyfriend stole her mother's urn. Urn, religious cross, and one bag of clothes returned to victim on Phipps St.

TUESDAY, AUGUST 8

LARCENY, 4:44 a.m., 115 Parkingway. Bill. Gone on arrival.

LARCENY/ATTEMPT, 10:27 a.m., Alltown Check Cashing, 34 School St. By check. Party has left.

ASSAULT AND BATTERY, 10:58 a.m., 101 Falls Blvd.

LARCENY/MOTOR VEHICLE, 11:17 a.m., 20 Woodward Ave. 2002 Mercedes Compressor, color black, given to a friend in September 2005; vehicle has not been returned to owner. Long involved story. Report filed.

LARCENY, 11:54 a.m., 236 Rock Island Rd. Full beer keg stolen from yard on Aug. 6. Beer has been exposed to air, and is no good.

BREAKING AND ENTERING/PAST, 12:23 p.m., 99 Chubbuck St. Dwelling. Ladder found on side of the house, entry was gained.

LARCENY, 2:31 p.m., Quincy College, 34 Coddington St. By ATM card.

BREAKING AND ENTERING/PROGRESS, 10:10 p.m., 34 Figurehead Ln. Via window. Gone on arrival.

WEDNESDAY, AUGUST 9

VANDALISM/PROPERTY, 7:42 a.m., 3 Whiton Ave. Overnight. Tires slashed, stairs painted on.

VANDALISM/PROPERTY, 8:22 a.m., 255 Whitwell St. To car. Someone scratched up the whole car. Happened Sunday night. Was parked in the driveway.

BREAKING AND ENTERING/PAST, 9:18 a.m., 26 Safford St. Dwelling. Bedroom entered via the window. Actually entry was via unlocked kitchen window, then bedroom door was kicked in. Jewelry and sneakers taken.

LARCENY, 9:39 a.m., Stop & Shop Supermarket, 495 Southern Artery. Purse/wallet. This occurred yesterday.

LARCENY, 10:04 a.m., 26 Estabrook Rd. ATM card.

LARCENY, 10:16 a.m., 354 Washington St. Jewelry/money. Happened in the past two weeks.

LARCENY, 10:46 a.m., Quincy College Book Store, 1359 Hancock St.

LARCENY/MOTOR VEHICLE, 11:49 a.m., 25 Dartmouth St. Past. 1998 Cadillac Seville, color gray.

LARCENY, 1:05 p.m., Alltown Check Cashing, 34 School St. By check.

LARCENY, 2:32 p.m., 2001 Falls Blvd. Caller from Topeka, Kansas, stated he purchased a scooter sending $500 to a male whose address is listed at 2001 Falls Blvd. Instead of getting the scooter in mail today he received a box of torn-up t-shirts. Caller advised.

BREAKING AND ENTERING/PAST, 4:36 p.m., Bay Point Marina Corp., 64 Washington Ct. Boat.

VANDALISM/PROPERTY, 4:44 p.m., 514 Washington St. Broken window. Suspect walking on Washington St. One party placed in protective custody. Report to be filed. Arrest for malicious destruction.

VANDALISM/PROPERTY, 5:52 p.m., Torre dei Passeri Social Club, 252 Washington St. To bocce court in rear of building.

LARCENY, 6:33 p.m., 195 Palmer St. Past/kayak from the back yard.

LARCENY/MOTOR VEHICLE, 7:51 p.m., 30 French St. 1990 Toyota Camry, color red, used without authority. Stolen form signed, report filed.

THURSDAY, AUGUST 10

BREAKING AND ENTERING/ATTEMPT, 12:33 a.m., 195 Thomas S. Burgin Parkway. Attempted B&E. Large white male, beer belly attempted to bang the door down and fled down the hall. Heard a large bang and then the door opened.

VANDALISM/PROPERTY, 1:21 a.m., Sunnylea Condos, 195 Burgin Parkway. Two windows opposite either side of main entrance are spider webbed. May have been kicked or punched.

VANDALISM/PROPERTY, 5:16 a.m., 1096 Sea St. Graffiti. 781 flagged down by passerby saw two youths who tagged the wall at 1096 Sea St. One youth said to be wearing a dark hoodie and blue jeans. Wall tagged with "Dad You Are My Hero." RP states youth dropped a Pepsi can and ran. Ptl. Powers to bring item in for possible print recovery. Ptl. Powers to submit a picture as well as can for prints.

BREAKING AND ENTERING/PROGRESS, 9:47 a.m., 39 Washington St. Commercial. Caller swearing says there's a B& E in progress. Uncooperative. Owner was changing locks. Everything checks out.

VANDALISM/PROPERTY, 10:02 a.m., 14 Winthrop St. To motor vehicle. Three cars keyed - 2 last week and 1 last night.

LARCENY, 10:02 a.m., 142 Glendale Rd. ATM card. Known party stole ATM card and used it several times.

LARCENY, 11:26 a.m., 38 Grossman St. Checks taken from apartment by known person and forged.

VANDALISM/PROPERTY, 1:40 p.m., American Legion Post 380, 1116 Sea St. Graffiti. Happened overnight.

LARCENY/MOTOR VEHICLE, 3:32 p.m., 1020 Southern Artery. Past. 1997 Hyundai Elantra, no plates, owner went to the Registry today. Registered the vehicle. Went to put the plates on the vehicle; vehicle was not there.

UNARMED ROBBERY, 3:54 p.m., Burger King, 670 Adams St. Just happened. Two black males told the caller and his friend to get off their bicycles, then rode off with them. Parties fled on Adams St. towards the Villa Rosa. Blue baggy jeans, Pats shirt, Red Sox hat, 5'9"/ white long sleeve shirt, 6' skinny. Silver Dyno, white rims, Schwinn.

BREAKING AND ENTERING/PAST, 4:06 p.m., 559 Willard St. Dwelling.

VANDALISM/PROPERTY, 7:08 p.m., Sunnylea Condos, 195 Burgin Parkway. Windows. Front windows at front doors.

VANDALISM/PROPERTY, 8:45 p.m., 184 South St. Someone threw object at her car as she was driving down street. She has damage to her motor vehicle.

BREAKING AND ENTERING/ATTEMPT, 11:54 p.m., Granite Links Golf Course, 100 Quarry Hills Dr. White male, light blue shirt, heading toward Milton. No crime. Just suspicious party walking near tent.

FRIDAY, AUGUST 11

VANDALISM/PROPERTY, 6:59 a.m., Presidents Plaza, 215 Quincy Ave. In the parking lot. Vandalism (spray paint) to two buses. Spray paint is blue and pink. Caller states a third bus was also vandalized in the same manner (all four sides) with blue and pink spray paint.

If you have information on the above crimes, or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764**. If you wish to report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. If you wish to make an appointment to view the **Registered Sex Offenders** book, call **617-745-5768**.

If you wish to contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us--*Lt. Dan Minton.*

A Job Well Done

On July 26, at approximately 1:33 a.m., Sergeant J.P. Kelly and many additional officers were on patrol in the West Quincy area due to a recent rash of residential breakins.

LT. DAN MINTON

Officer Paul Holland had just investigated a break on Roberts Street; however, there were no witnesses or description of a suspect(s). Kelly parked his cruiser in the Della Chiesa School lot and watched for anyone suspicious.

He observed a male walking toward him from a distance so he approached him on foot on Brook Avenue and observed a yellow flashlight in his right hand and an opened 12 pack of Heineken beer in his left hand.

Kelly noted the male turned away and attempted to conceal the flashlight, first by cupping it in his hand and then putting it under his left arm. Kelly directed the male to stop due to the close proximity of the break and the furtive gestures made by the suspect.

He pat frisked the suspect and felt a hard object in the right pants pocket, which turned out to be an LG Verizon digital camera cell phone. There was also an open bottle of vodka in his rear pants pocket.

After learning the identity of the suspect, Kelly recognized the name as being involved in past breaks. When asked why he had a flashlight and what he was doing, the suspect said he went for a walk and was coming from his girlfriend's house in Wollaston, several miles away. The suspect stated he was living with his girlfriend and this peaked Kelly's interest because he knew there had been recent breaks in that area, too.

When asked about a cell phone in his possession, the suspect initially responded, "I don't know," and then said, "I borrowed it from a friend." When asked whom the friend was, the suspect said, "I don't have to tell you. It's none of your business."

Officer Denis Keenan arrived on scene and asked the suspect if he had anything else on him and the suspect retorted, "You can search me if you want." Keenan found $50 in one pocket and $20 in another. He also recovered a gold chain and bracelet in a pocket, which the suspect stated was the property of his girlfriend. Attempts were made to contact the girlfriend to no avail. Keenan also found a receipt for concert tickets in the suspect's wallet, which had the name of the owner from Birch Street.

Since the suspect was intoxicated and roaming about the streets, he was placed into protective custody for his safety and transported to the station. Kelly returned to the station and checked the computer for past calls and found that a break occurred on Birch Street recently. Upon reading the report, he had reason to believe the man in protective custody was involved in the Birch Street break.

Keenan was able to contact the suspect's girlfriend and learned she dropped the suspect off in the area of the break on Roberts Street and when he was dropped off, he did not have a cell phone, beer or the $70 found in his pocket. She also stated she did not give him any jewelry to hold for her.

As officers collected his information, two similar breaks and one attempt were reported to the police, all in close proximity to where Kelly had stopped the suspect. One victim of the breaks stated $50 was taken from a counter top.

At the station, Detectives Tom Cleary and Mike Ward assisted in the investigation by tracking down the owner of the cell phone. The owner, who was in Ohio, stated he was unaware his cell phone was missing and valued it at $350. He said his wife had possession of the phone and she was visiting in Quincy, on Grossman Street, which was in the area of the breaks.

Officer Matthew Tobin checked the home and spoke to the owner of the cell phone. It was at this time that a break was discovered and an LG Verizon digital camera cell phone and other items were missing.

Based on the above information, the suspect, a 51-year-old Jamaica Plain resident, was charged with "Burglary," "Receiving Stolen Property over $250" (cell phone) from Grossman Street, "Two counts of Receiving Stolen Property" (gold chain and bracelet) and "Receiving Stolen Property" from Birch Street. At this time, no victim has come forward regarding the jewelry. Nice work!

SPOTLIGHT ON HEALTH & FITNESS

FROM START TO FITNESS

by Andrea Wyatt
M.S.S., C.S.C.S.

Lifestyle Log Tracks Progress

Q. My friend recently joined a new fitness club and met with a personal trainer, who asked her to keep a lifestyle log. The log is designed to keep track of her nutrition and activities throughout the day. After a week she is supposed to turn in the log and sit down with the trainer to discuss her lifestyle. I am trying to become healthy and lose a little weight. Would it help me to keep a lifestyle log?

A. Maintaining a journal or lifestyle log is a very effective way to stay committed to your fitness goals and have a written account tracking the process. Although not a new concept, the traditional food log can be modified to include exercise, activities and other lifestyle components essential to having a healthy lifestyle.

Many fitness professionals are asking their clients to keep logs of their daily lifestyle choices so they can better help them develop realistic goals, and also to get a snapshot of what is happening with their clients when they are away from the gym. Most people meet with their trainer or fitness instructor only two to four days a week, leaving plenty of unknown lifestyle habits.

Developing or maintaining a healthy lifestyle includes factors not often realized. The traditional nutrition logs/journals include monitoring eating habits by keeping track of calories, portion sizes and fluid intake. Lifestyle logs also include daily exercise completed, hours of sleep per day, activities - completed outside of organized exercise — such as playing with your children or walking the dog — and levels of perceived stress.

Noting on a scale of one to 10 how well you felt with each lifestyle component is also helpful. For example if you only got five hours of sleep, you would note if you felt well-rested, tired or fatigued throughout the day.

After keeping a log for a few days of normal activity, the results can be used to help make changes to your nutritional and lifestyle routines to help you reach your goals. You might be amazed at how just a few tweaks can make a major difference. You can also keep past logs as a guideline to see what worked and did not work for you.

When keeping a log of your daily activities, it is most important to be completely honest. Withholding information is only going to hinder you from reaching your goals. Lifestyle logs can also be used to hold yourself accountable. Knowing you will have to write down a poor lifestyle choice in your log may make you think twice before doing it.

Whether you are meeting with a fitness professional or managing your own fitness program, keeping a lifestyle log may not be for everyone. But it can be an extremely useful tool, and could be the missing link in developing a healthy lifestyle.

Always consult a physician before beginning an exercise program. If you have a fitness or training question, e-mail Andrea Wyatt at letters.kfws@ hearstsc.com or write her in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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Gymnastics: A Great Fitness Option For Kids

(NAPS) Studies show that today's youngsters are a very inactive generation, and that inactivity and poor dietary habits have contributed to their lack of fitness.

Statistics indicate that one in three kids is overweight or at risk of becoming overweight today, a percentage that has more than tripled in the last 30 years.

To help get kids off the couch and into better shape this summer, USA Gymnastics and Tyson Foods have joined forces to create a fitness initiative designed to encourage physical fitness through fun activities that emphasize four fundamentals of fitness: cardiovascular exercise, strength training, flexibility and nutrition.

To underscore this initiative's importance, USA Gymnastics has expanded its annual National Gymnastics Day from focusing just on gymnastics to "A Celebration of Fitness." Gym clubs and their members across the country use National Gymnastics Day in August as a way to give back to their communities by raising funds for the Children's Miracle Network.

The Tyson Fitness Challenge is the main vehicle for raising funds. Participants may gather pledges for specified activities that range from the traditional cartwheels and backflips to fitness-related skills or elements.

Each of the four fitness fundamentals in the Tyson Fitness Challenge helps kids get physically fit through participation in fun activities geared toward their level and age.

- Cardiovascular conditioning is important for the heart and lungs.
- Strength training builds strong, healthy muscles.
- Flexibility exercises help muscles move through a normal range of motion.
- Nutrition is important because a well-balanced diet is the key to any fitness effort. Protein, like that found in Tyson chicken, beef and pork products, is an important part of any well-balanced diet because it delivers the necessary nutrition for strength and endurance.

In addition to focusing on four fundamentals of fitness, each participant will learn how to set fitness goals (e.g., being able to do five more sit-ups, etc.) that may be achieved through the Tyson Fitness Challenge and continued as part of his or her weekly routine.

"The basics of gymnastics are a solid foundation for building fitness at any level," said Bela Karolyi, the "legendary" gymnastics coach who is a longtime proponent of the importance of fitness. "I have always stressed that flexibility, strength and cardiovascular exercise are important components to being fit or a good athlete, along with eating a well-balanced diet. The Tyson Fitness Challenge is designed to help young people learn how to exercise properly and eat right."

To learn more, visit www.usa-gymnastics.org.

Getting To The Heart Of The Matter On Health

(NAPS) Here's some news to take to heart: there are practical steps to reduce health threatening heart diseases.

Experts say that more than 70 million Americans live with a cardiovascular disease, and coronary heart disease is a leading cause of premature, permanent disability in the U.S. workforce.

According to the Centers for Disease Control and Prevention, much of the burden of heart disease and stroke could be eliminated by reducing major risk factors: high blood pressure, high blood cholesterol, tobacco use, diabetes, physical inactivity and poor nutrition.

For example, studies suggest a 10 percent decrease in total cholesterol levels may reduce the development of coronary heart disease by as much as 30 percent.

Twenty-five years ago, the treatment for heart attacks was simply bed rest. Today doctors have medicines that can stop a heart attack in mid-stream as well as other high-tech treatments.

And more good news is on the way. According to a survey by Pharmaceutical Research and Manufacturers of America (PhRMA), there are 146 new medicines currently in development to treat heart disease and strokes.

To help Americans get the information they need to fight heart disease and strokes, PhRMA has launched a new multimedia national health education campaign.

"Coronary vascular disease impacts one in every three Americans and is the number one killer according to the American Heart Association. It's important for patients to know that there are steps they can take today that can reduce their chances of developing these killer diseases tomorrow," said Billy Tauzin, president and CEO.

PhRMA's public service health information campaign stresses the importance of consulting the health care providers, as well as visiting helpful websites that provide information on preventing and treating coronary disease.

"PhRMA members and their scientists want to help Americans find answer to their questions about heart disease and strokes," said Tauzin. "I hope everyone will take a moment to visit these sites and get the information they need to learn how to treat and ultimately prevent these killers."

To learn more, visit www.phrma.org and www.innovation.org.

Red Cross Needs Blood Donations

Record breaking temperatures across the region have severely impacted blood collections, resulting in a loss of over 800 units of blood in two days. Coming off of a particularly challenging month of July, the Northeast Division is currently facing a daunting deficit of 3,090 units of blood.

Recent extreme heat forced blood drives to close over a span of two days, leaving the Red Cross anticipating cutting blood shipment to area hospitals, if the supply does not increase in upcoming days. The continuation of blood shipments depends on the generosity of volunteer donors.

Eligible donors are urged to help make up for this critical shortcoming. Local donor centers and blood drives have extended their hours and increased staff to be able to process more donors. The Red Cross has supplied blood drives and donor centers with extra ice and refreshments, as well as, in some cases, additional portable air conditioners to beat the heat. The Red Cross holds blood drives seven days a week to communities across the region. Red Cross staff have been continuously monitoring recent blood drives, closing down select locations, and extending hours and resources for others.

"We are grateful for those who have come to donate blood throughout this heat wave. Due to extreme weather, we are facing an extreme blood shortage and are urging our neighbors to come in from the heat and give the gift of life," said Donna M. Morrissey, director of public relations and corporate affairs for the American Red Cross Blood Services, northeast division. "While the New England weather is unpredictable, one thing is for sure. The Red Cross will be there during times of need, and we need the public's help right now."

Those donating blood through the American Red Cross must be at least 17 years of age, weigh at least 110 pounds, and be in general good health.

For locations to donate, call 800-GIVE LIFE or visit www.newenglandblood.org.

DENTISTRY for the 21st Century

by Steven A. Brustin, D.M.D.

THE HEALTHIER YOUR GUMS, THE HEALTHIER YOUR BABY

Pregnant women should be aware that the hormonal shifts they experience are linked to bacterial buildup on gums, which irritates the already sensitive tissue. As uncomfortable as this can be for the mother-to-be neglecting red, puffy, bleeding gums increases the risk of premature birth for her child. Fortunately, proper treatment can help effectively avert this potential problem. According to a recent study by Chilean researchers, periodontal therapy performed on mothers-to-be with gingivitis (mild gum disease) to get rid of infection-causing bacteria reduced the rate of pre-term, low-birthweight babies by 70 percent. Thus, it is a good idea for women of childbearing age to have the dentist check their gums both before and during pregnancy.

If you value your oral as well as your overall health, a periodontal evaluation is a good idea. We are trained to detect and treat gum disease. We will be happy to answer any questions you may have about the health of your teeth and gums. We will discuss your particular problem and recommend the treatment that is right for you. We're located at 44 Greenleaf Street, where we feature state-of-the-art treatment procedures for all of your dental needs. Please call 617-479-6220 to schedule an appointment for compassionate and gentle dental care. We offer the services of anesthesiology with a fully trained and qualified anesthesiologist. Visit us on the web at www.quincydentist.com.

P.S. It also helps to use a tongue scraper in the fight against bad breath.

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SPORTS

Personalized Bricks For Sale

Fundraising Drive To Benefit Veterans' Stadium Renovation

A fund-raising drive is underway to help renovate other areas of Veterans Memorial Stadium while the new artificial field turf is being installed.

Ron Ivil, president of the Quincy-North Quincy Football Hall of Fame, and Joe Minukas, secretary, established the drive on behalf of Quincy and North Quincy alumni and Hall of Fame members.

They are selling personalized bricks with the proceeds helping to enhance the locker rooms, bathrooms, public address system, concession stand and other areas.

Each brick can be engraved with your name, school and class year, your business or you can memorialize a family member.

Cost is:

• $50 for a 4-inch-by-8-inch brick; 20 characters including punctuation by three lines.

• $55 or $60 for a 4-by-8 brick; 12 characters including punctuation by three lines with clip art.

• $100 for an 8-by-8 brick; 20 characters including punctuation by four lines.

• $105 or $110 for an 8-by-8 brick; 20 characters including punctuation by four lines with clip art.

A form appears on this page. Checks can be made payable to "Friends for the Stadium" and mailed to Friends for the Stadium, c/o Joe Minukas, 20 Ashworth Road, Quincy, MA 02171.

For more information, call Joe Minukas at 617-328-4489 or Ron Ivil at 781-337-0062.

THE ST. JOHN'S travel baseball team finished in second place during the regular season in the South River League. Kneeling, from the left: John Fisher, Kevin Mullin, Dillon Darcy, Robert Bennett, Brian Fisher. Second row: Colin Hales, Justin Coscia, John Schwartz, Mike Litif, Justin Buckman. Back row: Coaches Ray Coscia, Chris Mullin, Paul Hales, Jerry Bennett, Neil Schwartz. Missing: Marquise Chase, Tim McNally.

St. John's Travel Baseball Celebrates Successful Season

The St. John's travel baseball team celebrated a successful and enjoyable South River League season with a recent "players vs. parents" game and barbecue at Faxon Park.

Finishing second in the regular season behind eventual champion Hanover, the St. John's team lost to Duxbury, 3-2, in a semi-final playoff game that featured strong defense from both teams.

Highlights of the travel season were the great team spirit showed by the players in several come-from-behind victories; winning three of four games against cross-town rival Quincy Youth Baseball; playing under the lights at Marshfield; and the on-the-road cookouts. Teams from Carver also participated in the league.

Coached by Ray Coscia, Chris Mullin, Paul Hales, Jerry Bennett and Neil Schwartz, the players included John Fisher, Kevin Mullin, Dillon Darcy, Robert Bennett, Brian Fisher, Colin Hales, Justin Coscia, John Schwartz, Mike Litif, Justin Buckman, Marquise Chase and Tim McNally.

Parents who wish to register players for the 2007 season (farm league, ages 7 to 9 and major league, ages 10 to 12) should contact Commissioner Jack Morton at 617-773-3134.

QHS Football Practices Start Aug. 24

The Quincy High School football preseason schedule:

• Physicals: Friday, Aug. 25, and Thursday, Aug. 31, at Quincy High School from 8:30 a.m. to noon.

• Non-contact conditioning: Aug. 21-23 from 8 to 11:30 a.m. at Faxon Field, corner of Southern Artery and Coddington Street. Mandatory. Practice jerseys and shorts only and cleats.

• Double-session practices: Aug. 24-25, 28-30, from 8:30 to 11:30 a.m. and from 1 to 3 p.m. Bring lunch.

• Single-session practices: Aug. 26, 31, Sept. 1-2, from 8:30 to 11:30 a.m.

Dennis Thomson Golf Tourney Banquet Friday

The second annual golf tournament banquet in memory of Dennis C. Thomson will be held tomorrow (Friday) at 2 p.m. at the Quincy Sons of Italy hall.

Cost is $25 per person. There will be a buffet, raffles and many prizes awarded. Proceeds will benefit the Dennis C. Thomson North Quincy High School Scholarship Fund.

Checks and donations should be made payable to Dennis C. Thomson Scholarship Fund, c/o Mary Merna, 13 Mullins Ave., Quincy, MA 02169.

"Friends for the Stadium and Student Athletes"

Help be a part of the **Veterans Memorial Stadium Renovation**

The stadium is getting a new **artificial field turf** installed. This project will make our stadium one of the best in the region. The new **field turf** will allow it to be used for

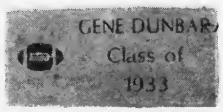
Football, Soccer, Lacrosse, Band Competitions etc.

Help Us

(Alumni from Quincy & North Quincy High Schools and members of the Q/NQ Football Hall of Fame)
make some beneficial enhancements to areas such as, but not limited to:
Locker Rooms ~ Bathrooms ~ P.A. System ~ Concession Stand etc
Buy a "Brick" and show your support for this project.

Each brick can show your name, school, class year, your Business or you can memorialize a family member.

Each brick will cost:
$50 for a 4" x 8" (20 characters including punctuation by 3 lines)
$55 or $60 (12 characters including punctuation by 3 lines w/clip art)
$100 for a 8" x 8" (20 characters including punctuation by 4 lines)
$105 or $110 for a 8 x 8 (20 characters including punctuation by 4 lines with clip art)



Fill out the form and mail it back with your check

Line 1
Line 2
Line 3
Line 4

4 x 8___
8 x 8___
Clip Art___

Total _____

$5.00 (circle one clip art only)

$10

Make check payable to: Friends for the Stadium

Mail check to:
Friends for the Stadium
c/o J. Minukas
20 Ashworth Rd
Quincy, Ma. 02171

Questions /info:
Joe Minukas 617-328-4489
Ron Ivil 781-337-0062

additional forms can be copied if needed

You Auto Know

by Bill Starkie and Kevin McGroarty

COOLING OFF

If you notice a drop in the efficiency of your vehicle's air-conditioning (AC) system, it is time for a check-up. At the heart of the AC lies the compressor, which is responsible for compressing and transferring refrigerant gas. As the compressor pumps the refrigerant through the closed-loop system, the refrigerant moves heat from inside the vehicle to outside. To do this, the compressor accepts low-pressure gas from the evaporator, compresses it into a high-pressure hot gas, and then sends it to the condenser. Obviously, this ongoing heating and cooling process with refrigerant under pressure may at some point be susceptible to leaks, which will compromise efficiency. These must be pinpointed to restore the AC to proper working order.

Air-conditioning is a great feature to have, but if it isn't working properly you need to have it looked at by a professional. At LEO & WALT'S SUNOCO, located at 258 Quincy Ave., E. Braintree, we can service your AC and help you enjoy a comfortable summer. If you notice any leaks from your vehicle or a decline in efficiency please call 781-843-1550 today. "A Place Where Your Car Can Live Longer."

HINT. Failure of the compressor in an older R-12 refrigerant system may be seen as an opportunity to convert to the newer R-134a system.

Leo & Walt's Sunoco
258 QUINCY AVE., E. BRAINTREE
781-843-1550

RYAN FAHEY, 12, of Quincy, won three medals in swimming in the recent 25th annual Bay State Summer Games. He captured gold in the 200-meter individual medley and the 100-meter backstroke, and bronze in the 200-meter breaststroke. He is a student at Broad Meadows Middle School.

QUINCY RESIDENTS Joshua Kaplan and Elliot Kaplan (back row, third and fourth from right) were among a group from the Chron's and Colitis Foundation who recently attended a Red Sox-Cleveland Indians game at Fenway Park. The group received tickets in the "Dunkin Dugout" in the bleacher section which hosts approximately 20 children at every Red Sox home game. Dunkin' Donuts' sponsorship of the "Dunkin' Dugout" ticket program is part of a broader community outreach initiative through which Dunkin' Donuts hosts youth and charitable organizations at local sporting events and family shows.

City Tennis Tournament Starts Sept. 13 At Russell Park Court

The 36th annual City Tennis Tournament is scheduled to start Sept. 13 on the municipal courts at Russell Park behind the Center for Technical Education.

The tournament will conclude Sept. 24, weather permitting. Applications can be obtained at the Quincy Recreation Department, One Merrymount Parkway. Deadline for applications is Sept. 8.

Entry fee is $15 for adults and $8 for youth under age 16. Participants will receive a tournament T-shirt.

The tournament — believed to be the largest and oldest municipal tourney in New England — is open to Quincy residents with 12 events crowning city champions.

Events are: Men's and women's singles, men's and women's doubles, boys and girls 16 and under, men's 50 and over, men's and women's 35 and over, and mixed doubles.

There is a men's singles "B" event, which is conducted from a pool of players who are defeated in the first round of men's singles. There is also a special division, now in its fourth year, which conducts a championship for city employees regardless of their residency.

Recreation Director Barry Welch said the Quincy Credit Union will once again co-sponsor the event.

"This marks the 11th year that the credit union has provided the financial backing to keep this traditional tournament a low-cost activity for all ages and abilities of Quincy families," Welch said. "The generosity of the credit union to our citizens is to be commended."

For more information, call the Quincy Recreation Department at 617-376-1394.

Quincy-North Football Hall Of Fame Nominations Open

Nominations are now being accepted for induction into the Quincy-North Quincy High School Football Hall of Fame for 2006.

There is a seven-year waiting period from graduation before a candidate can be nominated.

"The officers of the Quincy-North Quincy Football Hall of Fame would like to thank all those that participated by sending in their nominations," said Ron Ivil, president of the Hall of Fame.

"These nominations play a major role in our selection for induction. Forty percent of the inductees have come from Quincy Sun readers sending in nominations."

All nomination forms must be returned by Sept. 1. They can be sent to: Ron Ivil, 23 Grampian Way, Weymouth, MA 02188. A form appears on this page.

Quincy – North Quincy High School Football Hall of Fame

Nominations are now being accepted for induction into the Quincy/North Quincy High School Football Hall of Fame for 2006. There is a seven-year waiting period from graduation before a candidate can be nominated. Please fill out the following information and return it to the address below. ***Nominee Phone number is required for consideration to be inducted.***

Your Name: _____

Name of Nominee: _____

School: _____ Year Graduated: _____

Years Played Football: _____

Nominees Address: _____

Nominees Telephone #: _____

Biographical Information:

_____

_____

_____

_____

_____

_____

All nomination forms must be returned by September 1, 2006. Please return your nomination to:

Ron Ivil
23 Grampian Way
Weymouth, MA 02188
Tel: 781 – 337 –4347

North Quincy Boys' Soccer Practices Start Aug. 24

The North Quincy High School boys' soccer team will start practices Thursday, Aug. 24, from 9 a.m. to 1:30 p.m. at Atlantic Middle School.

Physicals will be held tomorrow (Friday) at North Quincy High School and Aug. 25 and 31 at Quincy High School from 8:30 a.m. to noon.

For more information, call head coach Rich Hanlon at 617-827-8697.

Men's Slowpitch Softball Standings

Here are the standings of the Quincy Men's Slowpitch Softball League through Aug. 12:

A DIVISION

Hancock Tavern.....22-4
Fatman's Cafe.....22-4
Granite Rail.....13-12
Harry's Carpet One.....11-12
Goal Post Pirates.....9-17

Notes: Hancock Tavern and Fatman's Cafe have finished their series and the division championship will now be decided by their remaining opponents who are also fighting for playoff spots.

B DIVISION

Cagney's.....20-4
Moose Lodge.....16-10
Yellow Cab.....11-12
Jeff's Smoke Shop.....8-15
Gold's Gym.....9-18

Notes: Yellow Cab ended its losing streak by stopping Moose Lodge's winning streak at 11 games . . . Jeff's Smoke Shop has moved ahead of Gold's Gym, which suffered an eighth-inning loss to Cagney's.

C DIVISION

Iscribe, LTD.....15-8
Malachy's.....11-15
Comm. Vending.....7-17
Local 792.....7-17
Quincy Pirates.....5-21

Notes: Iscribe, LTD continues to hold first place by using a running offense . . . Commonwealth Vending has jumped from fifth to third place mainly due to the improved pitching of Bob Pernolia . . . Chad Fitzpatrick and Dana Spencer are carrying Local 792 offensively . . . The remaining question is whether the Quincy Pirates, who play with a lot of heart, can still catch a star and move into a playoff spot.

QUINCY SUN NEWSCARRIERS WANTED

Here's a chance to earn extra money by building a Quincy Sun home delivery route.

Telephone 617-471-3100

Blood Pressure Clinics Free For Seniors

Weekly blood pressure screenings for elders will be held every Monday from 10 to 11 a.m. at the Council on Aging office, 83 Saratoga St., North Quincy.

Gail Crawford, a registered nurse, will donate her time and talents to assisting senior citizens in having their blood pressure taken weekly.

Appointments can be made but walk-ins also are accepted. For more information, call 617-376-1506.

Exercise Classes For Seniors

The Quincy Council on Aging will hold a safe senior exercise program every Monday and Wednesday at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., Quincy Point.

For more information, call the Council at 617-376-1506.

Line Dancing For Seniors

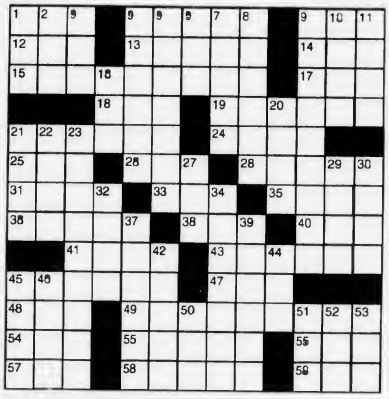
The Quincy Council on Aging will hold a line dancing class for seniors every Thursday at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., Quincy Point.

SUN FUN PAGE

King Crossword

ACROSS
1 Inquire
4 Nylon trademarked by DuPont
9 Wire measure
12 Mamie's hubby
13 Beneath
14 Frozen
15 Lake Wobegon locale
17 Neither mate
18 - Dhabi
19 Father, Son and Holy Ghost
21 Melancholy
24 Sweet potatoes
25 Clay, today
26 Ron of baseball
28 Mexican entrees
31 Mid-morning
33 - Moines
35 Speechless
36 Must, colloquially
38 Spreadsheet, e.g.
40 Pouter's protrusion
41 Supermarket lineup
43 Just say no
45 Teeter-totter
47 Actress Hagen
48 The whole enchilada
49 Make - of (annihilate)
54 Cowboy's sweetie
55 Private
56 History chapter
57 Whatever number
58 Burpee wares
59 St. Bernard's burden

DOWN
1 Intention
2 Schuss
3 Barbie's companion
4 Canadian city
5 Guaranteed
6 Commotion
7 Meshlike
8 Noah's landing site
9 Teeny
10 Object of worship
11 Harp's ancestor
16 Apprehend
20 Mosque VIP
21 Vocalized
22 Hodgepodge
23 Lamb adornment
27 "Verily"
29 Ear-related
30 Calendar abbr.
32 Greek vowels
34 Tidied (up)
37 A Musketeer
39 Bernadette or Brock
42 Hogs
44 Predicament
45 Long story
46 Verve
50 Away from SSW
51 Frightened squeal
52 Exist
53 Playground game



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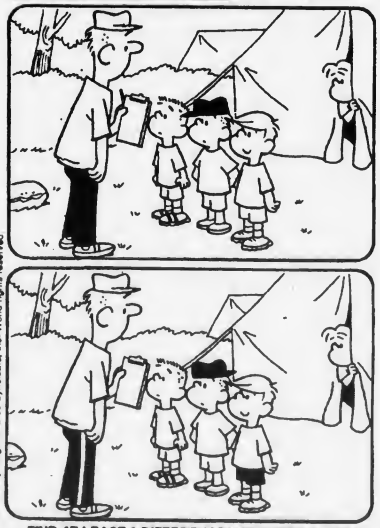
HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

Differences: 1. Stripe is added. 2. Pencil is removed. 3. Tent is smaller. 4. Shorts are different. 5. Rock is moved. 6. Cap is reversed.

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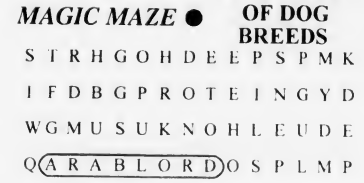
The Garden Bug

Trim trees in August?

Fertilizing and pruning your trees and shrubs in late summer stimulates new growth that won't be hardy enough to endure the coming colder months. Hold off on these chores until October.

MAGIC MAZE



ANAGRAMS OF DOG BREEDS

S T R H G O H D E E P S P M K

I F D B G P R O T E I N G Y D

W G M U S U K N O H L E U D E

Q A R A B L O R D O S P L M P

K L I F D D E N B E Z H D X O

W B H C N A R Z E U S C L U O

S E Q O S N N G L Y J I O H L

F E D T C A K I Y W R R B V L

T S E Q P N N L T K I D H F E

E L C B I P I S N A E L Z Y C

M S A P S A H O L A L W V U I

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

aloha spas
arab lord
bold lug
dry enough
duel honk
east elm
gal bee
I cello
latin adam
lean sip
looped
pink geese
rich pens
speed hog
suez ranch

Trivia test by Fifi Rodriguez

1. LANGUAGE: What does the Greek prefix "proto" mean?
2. MEDICINE: What childhood disease goes by the medical name of varicella?
3. GAMES: In poker, what is a straight hand?
4. GEOGRAPHY: On which continent is the country of Sierra Leone?
5. MYTHOLOGY: In Greek mythology, what is Plutus' sphere of influence?
6. FAMOUS QUOTES: Who said: "Liberty means responsibility. That is why most men dread it."
7. ART: What is the name of the museum that often goes by the acronym MOMA?
8. FOOD & DRINK: What are the primary ingredients of a drink called the Salty Dog?
9. HISTORY: When was NATO (North Atlantic Treaty Organization) formed?
10. U.S. STATES: What is the state capital of Kansas?

Answers

1. First
2. Chickenpox
3. Five cards in sequence, regardless of suit
4. Africa
5. God of wealth
6. George Bernard Shaw
7. Museum of Modern Art (New York)
8. Gin, grapefruit juice and salt
9. 1949, by the U.S., Canada and 10 European nations
10. Topeka

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King Crossword

Answers

Magic maze

Answers

ANAGRAMS OF DOG BREEDS

Quincy Typewriter Service

SALES - SERVICE - RENTALS

Bob Barker Gerry Barker

SUMMER SPECIAL

IBM Selectrics Reconditioned

Starting at $229.00 and up while they last!

5 Maple Street
Quincy, MA 02169 **617-472-3656**

Salome's Stars

ARIES (March 21 to April 19) You sometimes go to extremes to prove a point. But this time, you won't have to. Supporters are ready, falling over themselves to help you make your case.

TAURUS (April 20 to May 20) Venus might be your ruling planet, but Mars is in the picture as well. So don't be surprised if your romantic relationships are a bit rocky at this time. But they'll soon smooth over.

GEMINI (May 21 to June 20) Geminis might rush into romance and risk being wrong about someone rather than be left with no one. But this is one time when it's wiser to be wary of where your heart takes you.

CANCER (June 21 to July 22) With all (or most) of those pesky problems behind you, take time for your family and friends. Travel aspects are favored, with long-distance journeys high on the list.

LEO (July 23 to August 22) You might have started to question the wisdom of being open with someone you hoped you could trust. But be assured you won't be disappointed. You'll soon hear good news.

VIRGO (August 23 to September 22) You have a reputation for honesty and integrity, and that will help turn around a situation that was not only disappointing but also quite unfair. Good luck.

LIBRA (September 23 to October 22) A happy event creates a closer tie with a family member who seemed hopelessly estranged. Positive aspects also dominate in important career matters.

SCORPIO (October 23 to November 21) Your ruling planet, Pluto, helps you adjust to change. So, stop putting off that long-delayed move, and make it with the assurance that you're doing the right thing.

SAGITTARIUS (November 22 to December 21) You have a wonderful capacity to learn quickly and well. This will help you when you are faced with an opportunity to move on to a new path in life.

CAPRICORN (December 22 to January 19) Good news: You suddenly find that you're not facing that new challenge alone. You now have someone at your side, ready to offer whatever support you might need.

AQUARIUS (January 20 to February 18) Your versatility — which is just one of those aspects of yourself that make you so special — helps you adapt to the challenges of a new and exciting opportunity.

PISCES (February 19 to March 20) Your sensitive nature picks up on the needs of others. But what about your desires? You need to take more time to assess what your goals are and, if necessary, redirect them.

BORN THIS WEEK: You give your trust openly and easily. People find you easy to be with and enjoy your wit, your good sense, and your capacity to love and be loved.

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Wishing Well®

7	2	4	7	2	4	5	3	5	2	4	8	2
O	M	A	L	A	W	B	A	E	K	A	Y	E
5	7	4	6	8	2	5	2	4	2	3	8	3
T	D	Y	S	O	S	R	O	T	M	N	U	E
4	3	6	3	6	4	3	5	8	2	3	4	2
O	W	H	A	A	S	W	U	T	E	A	U	O
7	5	7	6	5	6	8	3	4	2	6	4	3
L	S	O	R	T	E	H	R	C	N	Y	C	E
2	3	6	7	6	2	6	5	2	6	3	2	4
E	N	O	V	U	G	R	I	L	G	E	A	E
2	5	7	8	7	6	5	4	3	8	3	4	6
D	N	E	R	R	O	G	E	S	I	S	D	O
8	7	8	6	7	6	7	6	7	6	7	6	7
V	E	E	D	T	L	U	U	R	C	N	K	S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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OBITUARIES

Joseph M. Puzinas, 77

Retired Route/Driver Salesman

A funeral Mass for Joseph M. Puzinas, 77, of Quincy, a retired route/driver salesman, was celebrated Aug. 12 at St. Ann's Church, Wollaston.

He died Aug. 9 at Quincy Medical Center.

Mr. Puzinas worked for Drakes Bakery in Reading as a route/driver salesman for 32 years, retiring in 1985.

He served in the Navy from 1948 to 1951.

He was a member of the Lithuanian Club in South Boston.

Born and raised in Cambridge, he lived in South Boston before moving to Quincy 48 years ago.

He is survived by his wife of 52 years, Martha B. (Markelionis) Puzinas of Quincy; a son, James J. Puzinas of Cohasset; a daughter, Pamela A. Milunovich of New Canann, Conn.; a sister, Ann Pladziewicz of Medford; and three grandchildren.

JOSEPH M. PUZINAS

Burial was in Forest Hills Cemetery, Boston.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Larry Carter, 77

Retired Salesman

A memorial service for Larry Carter, 77, of Kissimmee, Fla., formerly of Quincy, a retired salesman, will be held Monday, Aug. 21, at 11 a.m. at Good Samaritan Community Church, Kissimmee.

He died July 28 at Good Samaritan Health Care Center in Kissimmee after a brief illness.

Mr. Carter was an audiologist and sold Maico hearing equipment.

Born in Quincy, he lived in the city for many years before moving to Laconia, N.H., and then to Florida.

He is survived by his wife of 57 years, Jean Carter; a son, Richard S. Carter of Ashland, N.H.; two daughters, Lynda Palmer of Hixson, Tenn., and Dorothy Tonkowich of Falls Church, Va.; two sisters, Elsie Jacobson of Beverly and Meredith David of Wilbraham; six grandchildren and two great-grandchildren.

Arrangements were by Grissom Funeral Home, Kissimmee.

Donations may be made to the "Benevolence Fund" at the Good Samaritan Church or the "Bus Fund" at the Good Samaritan Village, 1550 Aldersgate Drive, Kissimmee, FL 34746.

Jeremiah J. Dacey, 77

Former Co-Owner Of Dacey Bros. Dairy Stores

A funeral Mass for Jeremiah J. "Jerry" Dacey, 77, of Quincy and Naples, Fla., former co-owner of Dacey Bros. Dairy Stores, was celebrated Aug. 12 at St. Joseph's Church, Quincy.

He died Aug. 8 at Boston Medical Center.

Mr. Dacey owned the store chain, with locations in the eastern Massachusetts area, with his uncle for 30 years before it was sold in 1985.

He later was in charge of promotions for Colonial Federal Savings Bank in Quincy, retiring in 2001. He also worked part time in sales for Brooks Brothers clothing store in Boston from 1985 to 1995.

A Korean War Army veteran, Mr. Dacey served from 1952 to 1954, attaining rank of sergeant.

He was a member of the Quincy Rotary Club since 1972 and served as president in 1980 and 1981. The club honored him with a Paul Harris Fellow. He served as chairman of the Polio Plus Program, which sent vaccines to third-world countries.

He served on the board of directors for the Hingham Community Center, American Red Cross South Area and Catholic Charities. He was a member of the Franklin Knights of Columbus.

He was active in the Boston College Alumni by serving in fund-raising and student interviews.

An avid sports fan, he was a member of the Polecat Ski Club in North Conway, N.H., and played tennis at the Weymouth Club. He had season tickets to the Celtics, Boston College football and the Red Sox. He was on the board of directors of the BoSox Club.

JEREMIAH J. DACEY

He was also the producer of the Boston showing of "Legends."

Born in Detroit, Mich., he was raised in Franklin and graduated from Franklin High School and Boston College in 1952. He lived in Weymouth, Hingham and Braintree before moving to Quincy three years ago.

He is survived by his wife of 35 years, Mary C. (Clifford) Dacey of Quincy; a sister, Mary Ann Dacey of Franklin; a brother, Francis Dacey of Houston, Texas; and several nieces, nephews, grandnieces and grandnephews.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Donations may be made to the American Red Cross, 285 Columbus Ave., Boston, MA 02116, or to the Quincy Rotary Scholarship Fund, P.O. Box 692178, Quincy, MA 02269.

Beatrice G. Kennedy, 91

Raytheon Co. Supervisor

A private funeral service was held for Beatrice G. "Bea" (Franzi) Kennedy, 91, of Quincy, a supervisor for Raytheon Company for many years.

She died Aug. 8 at Caritas Carney Hospital.

Born and raised in Quincy, Mrs. Kennedy was a lifelong resident of the city.

Wife of the late Edward F. Kennedy, she is survived by two daughters, Beatrice M. "Pinky" Arthur and Margaret A. McQuaid, both of Quincy; a brother, John Franzi of Halifax; 14 grandchildren and 21 great-grandchildren.

She was the mother of the late Edward J. Kennedy, the late Richard F. Kennedy and the late Geraldine Johnson.

Funeral arrangements were by Dennis Sweeney Funeral Home, 74 Elm St.

Jacqueline Smallcombe, 80

Retired Title Examiner

A funeral Mass for Jacqueline (Viandier) Smallcombe, 80, of Quincy, a retired title examiner, was celebrated Aug. 12 at Sacred Heart Church, North Quincy.

She died Aug. 8 in Stafford Springs, Conn.

Mrs. Smallcombe worked for the Registry of Deeds in Dedham for 15 years, retiring in 2002.

Born in Vert LeGrande, France, she lived in North Quincy for more than 30 years before moving recently to Stafford Springs to be with her daughter.

Wife of the late John E. Smallcombe, she is survived by her daughter, Michelle Hadj Salem of Stafford Springs; a son, John M. Smallcombe of Mendocino, Calif.; and three grandchildren.

Burial was in Knollwood Memorial Park, Canton.

JACQUELINE SMALLCOMBE

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St., Wollaston.

Donations may be made to Dana-Farber Cancer Institute, P.O. Box 55584, Boston, MA 02205-5584, or to Visiting Nurse & Health Services, North Central Hospice, 8 Keynote Drive, Vernon, CT 06066.

Agrippino A. Roccuzzo, 77

Former Technical Illustrator

A memorial service for Agrippino A. "Rocky" Roccuzzo, 77, of Quincy, a former technical illustrator and purchasing agent, was held Aug. 10 at Bolea-Buonfiglio Funeral Home, 116 Franklin St.

He died Aug. 7 at home.

Mr. Roccuzzo created many of the original structure drawings for construction of the first nuclear cruiser and destroyer at the former Fore River shipyard.

He also worked for Hazeltine, which designed and produced antisubmarine warfare detection equipment for the Navy.

He was the purchasing agent for Quincy from 1978 to 1980 and was director of material management at Quincy Hospital, retiring in 1995.

He was an Army veteran, serving with the occupation forces in West Germany.

Mr. Roccuzzo was concertmaster and featured soloist with the Boston College Concert Orchestra in the 1940s. He played first violin in the Boston Civic Symphony Orchestra in the 1950s. He also played the violin with USO musical groups for troops stationed near the East German border during his tour with Army occupation forces.

He was a member of the Order of the Sons of Italy since 1948, first with the Giuseppe Mazzini Lodge in Revere and later with the Quincy Men's Lodge, where he was a past venerable. He was the first state grand deputy of the Sons of Italy Grand Lodge of Massachusetts.

Born in Italy, he came to the United States at age 2 and was raised in Revere, graduating from Revere High School.

He is survived by his wife of 53 years, Virginia D. (DiSalvio) Roccuzzo; two daughters, Josephine Roccuzzo of Providence, R.I., and Leona Douglas of Houston, Texas; and three grandchildren.

Burial was in Massachusetts National Cemetery, Bourne.

Donations may be made to Old Colony Hospice, One Credit Union Way, Randolph, MA 02368, or to charity of choice.

DON McCARTHY
Managing Director

A THOUGHT FOR THE WEEK

"Get someone else to blow your horn and the sound will carry twice as far." – Will Rogers

"He who praises everybody, praises nobody." – Samuel Johnson

"I can live for two months on a good compliment." – Mark Twain

"Sweet is the scene where genial friendship plays the pleasing game of interchanging praise." – Oliver Wendell Holmes

It has been said that expressing appreciation is a lost art . . . If so, it should be rediscovered . . . Have you ever noticed how quickly animals respond to praise and appreciation?

This is true of people. A word of praise and appreciation makes us feel good, lifts our spirits, and gives us the urge to do better. Have you ever thought how important this is? A word of praise or appreciation will make anyone's day!

When was the last time you praised someone? When was the last time you expressed appreciation for something someone did for you?

Incidentally, we would like to take this time to thank the readers who have taken the time to comment by phone or letter on the thoughts that are presented here . . . They are greatly appreciated. . .

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John A. Malvesti, 93

Retired Quincy Police Sergeant

JOHN A. MALVESTI

A funeral Mass for John A. Malvesti, 93, of Weymouth, formerly of Quincy, a retired Quincy Police Department sergeant, will be celebrated Friday at 10 a.m. at St. Mary's Church, West Quincy.

He died Aug. 12 at Pope Nursing Home in Weymouth.

Mr. Malvesti was appointed to the Quincy Police Department May 2, 1942 and he achieved rank of sergeant Oct. 30, 1972. He retired July 31, 1976 after 34 years of service. He was one of five siblings who served on the police and fire departments for the City of Quincy.

He is listed in the Who's Who of Law Enforcement. He was a pioneer in first aid and life-saving techniques. He was a first aid specialist and teacher and was well known for his work in bringing the Quincy Police Department as well as many other departments up to speed in this area.

On July 25, 1970, he helped rescue and administer first aid to his son, Joseph, who was critically injured in a Quincy quarry accident. He was credited with saving his son's life and received an award from the American Red Cross.

He was a member of the Massachusetts Police Association and had served in the National Guard.

An avid golfer, he was a former member of the Halifax and Braintree country clubs. He also enjoyed bowling.

As a young man, Mr. Malvesti was involved in athletics and was a well-known football running back in the Quincy Park League, playing for the West Quincy Maroons and later the Quincy Manets.

After retirement, he was active for many years in the Quincy Senior Olympics, winning numerous medals and awards for his athletic abilities and skills in swimming, long jumping and javelin throwing.

Born in Milford, he was raised and educated in Quincy. He lived in Quincy all his life before moving to Weymouth two years ago.

Husband of the late Nancy (Mangiarelli) Malvesti, he is survived by three sons, John A. Malvesti Jr. of Spring Hill, Fla., Douglas J. Malvesti of Lone Pine, Calif., and Joseph J. Malvesti of Brooksville, Fla.; two daughters, Ann L. Barone and Judith N. Malvesti Carnes, both of Whitman; two brothers, Louis P. Malvesti and Anthony E. Malvesti, retired lieutenants, Quincy Fire Department, both of Quincy; two sisters, Rose Carella and Amelia Mattes, both of Quincy; 19 grandchildren; 16 great-grandchildren; one great-great-grandchild; and many nieces and nephews.

He was the brother of the late Mary Crowley Purpura, the late Joseph P. Malvesti and the late Nicholas M. Malvesti, retired lieutenants of the Quincy Fire Department.

Burial will be in St. Mary's Cemetery, West Quincy.

Visiting is 4 to 8 p.m. today (Thursday) at Sweeney Brothers Home for Funerals, 1 Independence Ave.

Donations may be made to charity of choice.

Paul A. Couillard, 81

Veteran Of Three Wars

A memorial service for Paul A. "Bumpy" Couillard, 81, of Danvers, formerly of Quincy, a veteran of three wars, was held Aug. 12 at Holy Trinity Parish United Methodist Church, Danvers.

He died Aug. 4 at Cedar Glen Nursing & Rehabilitation Center, Danvers.

Mr. Couillard served 15 years in the Navy and was a veteran of World War II and the Korean War. He re-enlisted in the Air Force for five years and was honorably discharged after serving during the Vietnam War.

He was an aircraft mechanics teacher at East Coast Aero Tech School in Bedford.

He was a member of Star of Bethlehem Masonic Lodge in Lynnfield and Shriners Aleppo Temple in Wilmington, where he participated in the Oriental Band. He was also a member of the Scottish Rite Bodies Valley of Salem and York Rites.

Born in Boston and raised in Quincy, he graduated from North Quincy High School in 1942.

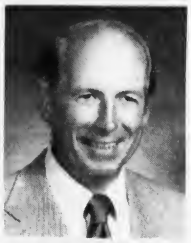
He is survived by his wife of 59 years, Pauline C. (McBurnie) Couillard; two daughters, Nancy Gaffney of Danvers and Paula Smith of Rindge, N.H.; a son, William Couillard of Salem, N.H.; a sister, Jeanne Couillard of Braintree; three grandchildren; and several nieces and nephews.

Arrangements were by Peterson-O'Donnell Funeral Home, Danvers.

Donations may be made to Shriner's Burns Institute, 51 Blossom St., Boston, MA 02114.

Thomas N. Byrnes Jr., 82

Attorney, WWII Veteran



THOMAS N. BYRNES JR.

A funeral Mass for Thomas N. Byrnes Jr., 82, of Hingham, formerly of Quincy, an attorney, will be celebrated today (Thursday) at 10 a.m. at Church of the Resurrection in Hingham.

He died Sunday at Massachusetts General Hospital, Boston.

Mr. Byrnes practiced law in Quincy for 52 years. He never retired as he practiced up until January of this year. He graduated from Boston University Law School.

A World War II Navy veteran, he served in the Pacific where he received a Purple Heart and wore the Presidential Citation.

He was enrolled in the V12 program and graduated from Columbia University, where he was on the championship rowing teams.

Mr. Byrnes was past president of the Quincy Bar Association, one of the founders of the Democratic Party of Quincy and a lifelong member of the Quincy YMCA for which he recently received recognition. He was also a member of the Quincy Lions Club.

He was an avid golfer and skier and he boxed during his days in the Navy.

He gave generously to many Catholic and non denominational charities.

Born in Brockton, he graduated in 1944 from North Quincy High School, where he played football.

He is survived by his wife, Barbara L. (Hill) Byrnes of Hingham; two sons, Thomas N. Byrnes III of Quincy and Neill M. Byrnes of Hingham; two brothers, the Rev. John Byrnes of Pennsylvania and Paul Byrnes of California; three sisters, Marie Deeley of Florida, Clare Fahy of Wollaston and Susan Struzzula of Squantum; and five grandchildren.

Burial will be in St. Paul's Cemetery, Hingham.

Visiting was 2 to 4 and 7 to 9 p.m. Wednesday at Pyne Keohane Funeral Home, Hingham.

Donations may be made to Atty. Thomas N. Byrnes Jr. Scholarship Fund, c/o Citizens Bank, 371 Hancock St., North Quincy, MA 02171.

Seymour A. Petrillo, 75

Retired Postal Service Employee

SEYMOUR A. PETRILLO

A funeral Mass for Seymour A. Petrillo, 75, of North Quincy, a Postal service employee for 35 years and an Army veteran of the Korean War, was celebrated Aug. 9 at Sacred Heart Church, North Quincy.

Mr. Petrillo died Aug. 5 at Massachusetts General Hospital.

He received the Korean Service Medal with three bronze service stars and two overseas bars.

He was raised in the North End of Boston and attended Boston public schools. He moved to North Quincy 44 years ago.

He worked at the Postal Annex in South Boston for 35 years, retiring in 1996.

Mr. Petrillo was a member of the Madonna del Soccorso Society in the North End and the North End Athletic Association.

He is survived by his wife, Anna S. (Venezia) Petrillo; two sons, Paul S. Petrillo of Quincy and Christopher Petrillo of Braintree; a sister, Nancy LaBella of Boston; and four grandchildren.

Burial was in Milton Cemetery, Milton.

Funeral arrangements were made by the Alfred D. Thomas Funeral Home, Milton.

Marilyn F. Westland, 74

Private funeral services were held for Marilyn F. (Marr) Westland, 74, of Quincy.

She died Aug. 9 at Boston Medical Center.

Mrs. Westland is survived by two sons, Edson W. Westland Jr. and Steven C. Westland, both of Quincy; a daughter, Valerie J. Tocchio of Weymouth; two grandchildren; and many nieces and nephews. She was the former wife of the late Edson W. Westland Sr.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Donations may be made to the American Heart Association, 20 Speen St., Framingham, MA 01701.

Other Obituaries On Page ??

Mary J. O'Brien, 89

Homemaker

MARY J. O'BRIEN

A funeral service for Mary J. (Koscinski) O'Brien, 89, of South Boston, a homemaker, was held Wednesday at Keohane Funeral Home, 785 Hancock St.

She died Aug. 11 at Marian Manor Nursing Home, South Boston.

Born in Boston, Mrs. O'Brien was a lifelong resident of South Boston.

Wife of the late William J. O'Brien, she is survived by a daughter, Karen M. Flaherty of Quincy; 12 grandchildren and many great-grandchildren. She was the mother of the late William O'Brien, Thomas O'Brien, Brian O'Brien and Lorraine Conway.

Burial was in New Calvary Cemetery, Jamaica Plain.

Donations may be made to Marian Manor, 130 Dorchester St., South Boston, MA 02127.

Mercedes Harkins, 62

Retired Bank Teller

A funeral Mass for Mercedes (Ward) Harkins, 62, of Quincy, a retired bank teller, was celebrated Wednesday at St. John's Church, Quincy.

She died Aug. 9 at home.

Mrs. Harkins worked for Century Bank in Quincy for 12 years, retiring last December.

Born in Newfoundland, Canada, she was raised and educated in Dorchester and lived in Quincy most of her life.

She is survived by eight cousins, Catherine Luccio and Richard Luccio of Dedham, Darlene Jordan and Jerry Jordan of Boston, Dessiree Luccio and Reed Frerichs of Hermosa Beach, Calif., James Power of Virginia and Ann Power of New Hampshire.

Burial was in Milton Cemetery.

Funeral arrangements were by Dennis Sweeney Funeral Home, 74 Elm St.

Patricia R. Zaffiro

Secretary

A private funeral service was held for Patricia R. (Edmonston) Zaffiro of North Quincy.

She died Aug. 9 at home after a long battle with lung cancer.

Mrs. Zaffiro was a secretary at the Stop & Shop headquarters in Quincy for more than 20 years.

Born and raised in Quincy, she graduated from Quincy High School in 1949. She lived in Hyde Park before returning to Quincy in 1958.

She is survived by her husband of 48 years, Anthony N. Zaffiro; two daughters, Alisa Harbick of Beverly and Andrea Reilly of Holbrook; three sisters, Dorothy Munroe of New Hampshire, Muriel Webster of Nahant and Shirley Henry of Quincy; five grandchildren; and several nieces and nephews.

Burial was in Woodlawn Cemetery, Everett.

Funeral arrangements were by Vertuccio Funeral Home, Revere.

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MILTON, MA 02186
617.698.6264

RELIGION

Registration Open For Chabad Hebrew School

Registration is now open to students of the Chabad Hebrew School, 1356 Quincy Dr., for the 2006-07 school year.

Starting in September, classes will be Sundays, and offered to children 5-13 years of age.

The school will teach South Shore Jewish children to embrace their Jewish roots, and gain a sense of Jewish pride, no matter their level of observance or affiliation.

The school will provide an academic environment where children will acquire a broad knowledge of Judaism through a motivating and challenging venue. Through Hebrew reading, writing, Jewish history, holidays and more, the students will gain appreciation for the values and traditions of their heritage.

"Our school's underlying approach is for the children to enjoy the time spent at Hebrew School so that they are left with positive experiences, and a greater appreciation for Jewish education," said Morah Bronstein, director of Chabad's Hebrew School.

The program is blended with games, incentives, crafts, dramatics, family celebrations and other exciting extra curricular activities.

Scholarships are available, and no student will be turned down for lack of funds.

To schedule an appointment or to visit, call 617-850-5935 or email shevybronstein@gmail.com.

Bethany Congregational

Bethany Congregational Church, 18 Spear St., Quincy Center, will have Sunday worship beginning at 10 a.m.

The Rev. Gary W. Smothers will conduct the service and preach a sermon entitled "Sermons from Mark 6) Jesus Chooses His Friends."

There will also be a children's message.

Childcare is available for infants and toddlers.

Following the worship service there will be a fellowship time in the Allen Parlor. Light refreshments will be served.

Blood Pressure Clinics Free For Seniors

Weekly blood pressure screenings for elders will be held every Monday from 10 to 11 a.m. at the Council on Aging office, 83 Saratoga St., North Quincy.

Gail Crawford, a registered nurse, will donate her time and talents to assisting senior citizens in having their blood pressure taken weekly.

Appointments can be made but walk-ins also are accepted. For more information, call 617-376-1506.

Seek Medical Gear To Loan

The Council on Aging is seeking donations of medical equipment that is no longer needed by the current owner but can be loaned to someone else.

Call the Council at 617-376-1506.

Covenant Congregational Celebrating 50th Anniversary At Whitwell Street

Covenant Congregational Church is continuing the celebration of the 50th anniversary of its occupancy at 315 Whitwell St.

Invitations were mailed to nearly 500 friends and neighbors for a recent neighborhood barbecue. Among those attending was Ward 3 Councillor Kevin Coughlin.

Many guests brought non-perishable food items for the Quincy Crisis Center.

The anniversary celebration will continue through the end of the year with special activities.

Houghs Neck Congregational Church Seeks Entries For Fall 'Country Fair'

Quilting, pie baking, tomato growing and jam-making are some of the contests to be held as part of Houghs Neck Congregational Church's upcoming Fall Country Fair.

To be held Saturday, Sept. 30 at the church, 310 Manet Ave., the Country Fair will feature of a number of prize contests, including contests for quilting, jam and jelly making, pie baking, flower arranging, tomato growing and zucchini growing.

Additional contests will offer prizes for funniest pet photo, best African violet and a best vegetable sculpture for kids age 12 and under.

To receive a copy of the contest rules and an entry form, e-mail hncc@comcast.net and write "Fair Contest" in the subject line, or call Sue at (617) 479-2311.

'Religions Impacting Our City' At Central Baptist

A 20-week session, "The Christian Response: Comparative Religions Impacting Our City" will be each Sunday Aug. 20 through Dec. 31 from 9:30-10:30 a.m. at the Central Baptist Church, 67 Washington St.

Each week, Rev. Jeff Jeffers will teach one major religion, one Christian denomination and one cult that is active in the area. The community is welcome as the diversity of people and cultures in the city are studied.

For more information or for a list of topics, call the church at 617-479-6512 between 9 a.m. and 3 p.m. Tuesday through Friday.

Blood Drive At Sons Of Italy

The American Red Cross will hold a blood drive Monday, Aug. 28 from 1 to 7 p.m. at the Quincy Sons of Italy, 120 Quarry St.

To make an appointment to donate, call 1-800-448-3543. Positive ID is required.

Quincy Religion Directory

SERVICES & ACTIVITIES

Assemblies of God

Glad Tidings
158 Washington St., Quincy
phone: 773-9797
Rev. Gregory E. Wheaton, Pastor
Sunday Worship 8:30, 11 a.m., Christian Ed 10 a.m., Senior Hi Youth 7 p.m. Wed. 7 p.m. Berean Bible Study. Royal Ranger Missionettes. Friday Junior Hi Youth 7 pm
•Youth & Children's Ministry
•Contemporary Worship
•Marriage & Family Group
•International Fellowship
•DivorceCare

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 7, 9:30 & 11:30am, Weekdays 9am
Handicapped Accessible
New Members Welcome!

Unitarian

United First Parish
Hancock St., across from City Hall
617-773-1290
Sunday Worship, 10:30 AM
Child Care & Religious Education for all ages
All Welcome to Our Historic Church

Congregational

First Church of Squantum
164 Bellevue Street
617-328-6649
Pastor: Michael S. Robertson
10 a.m. Sunday Worship
All Are Welcome

To Advertise in this Directory, Call 617-471-3100

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4pm (Sat.) 7:45am, 9am (Family Liturgy)
10:30am (with Choir) and 5pm
12 noon at Star of Sea Church
Weekday Masses
Mon.-Fri 7am and 9am, Sat. 9am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m., 10:30 a.m. & 5 p.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

ST. JOHN THE BAPTIST
44 School St.,
Quincy
617-773-1021
Weekend Mass Schedule
Saturday (Vigil Mass) 4 p.m.
Sunday 7:30 a.m., 9 a.m. and 11 a.m. (Family Liturgy)
Weekday Masses
Monday - Saturday 8 a.m.
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
• 617-479-5400
Pastor: Rev. John J. Ronaghan
Weekend Mass Schedule:
Saturday 4:00 PM
Sunday 7:00, 9:00, 11:30AM
Daily Masses: 9:00 AM
Handicapped Chairlift Available

Congregational

HOUGHS NECK CONGREGATIONAL CHURCH
310 Manet Ave., Quincy
Sunday, August 20
Service Of Divine Worship 9:30 am
Sunday School 9:30 AM
Series of Sermons on The Lord's Prayer
'Forgive Our Debts'
Rev. John Castricum
617-479-8778
Lois Zulauf : Minister of Music

BETHANY CONGREGATIONAL CHURCH
Corner of Spear & Coddington Sts., Quincy Center • 617-479-7300
10 AM Sunday Worship
Rev. Gary Smothers - 'Sermons From Mark'
Childcare Available for Infants, Toddlers
Fellowship Follows Service in Allen Parlor

QUINCY POINT CONGREGATIONAL CHURCH
444 Washington St. • 617-773-6424
Worship and Church School 10 am
Rev. Ann Suzedell, Pastor
visit us at www.QPCC.org

UNION CHURCH
Beach St. & Rawson Rd., Wollaston
Sunday Service 10 AM
617-479-6661
Good Bible Preaching & Traditional Worship
Rev. John Carl Swanson, Pastor

PEACE

Congregational

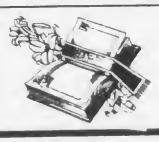
WOLLASTON CONGREGATIONAL CHURCH
48 Winthrop Ave. - 617-773-7432
Pastor: Rev. Mary Lou Gifford
Summer Worship Schedule
Wednesdays through Sept. 6
Potluck Supper - 6 p.m.
Informal Worship 7 p.m.
Aug. 16 Worship Geared Especially For Children & Youth
"The Camp"

Covenant

COVENANT CONGREGATIONAL CHURCH
Corner of Whitwell & Granite St.
Sunday Worship 10:00 AM
Rev. Karen Palmatier, Pastor
Child Care Available - All Are Welcome
Children's Pantry
Wed., Thur. 9:30 am - 12 noon
617-479-5728

Nazarene

Wollaston Church of the Nazarene
37 E. Elm Ave., Wollaston
(617) 472-5669
On The Campus Of Eastern Nazarene College
Pastor: Rev. Fred. Fullerton
Sunday Services
8:30 am - Holy Communion
9:45 am - Adult & Children's Sunday School
11 a.m. - Blended Worship Service
Come Worship with Us!



Episcopal

St. Chrysostom's Episcopal Church
Corner of Hancock & Linden Sts.
Quincy • (617) 472-0737
Rev. David Hefling
Holy Eucharist 9 AM - Sunday School and Nursery Care During Service
Coffee Hour Following
ALL WELCOME
THRIFT SHOP CLOSED FOR THE SUMMER

Evangelical

EVANGELICAL CHURCH OF ATLANTIC
65 Newbury Ave. North Quincy
(617) 847-4444
Pastor Bill Donahue
Sunday Morning Worship 10:10 AM
Childcare Available

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Dr. Susan Jarek-Glidden, Pastor

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45 SUNDAY SCHOOL
11AM WORSHIP SERVICE
BRASS BAND MUSIC
7PM TUES WOMEN'S FELLOWSHIP
7:15PM WED. BIBLE STUDY

Spiritualist

First Spiritualist Church of Quincy
40 West St., Quincy, MA 02169
(617) 770-2246
Services: Sunday 11 a.m. to 12:30 PM
Coffee and Conversation following service.
Services 8 PM Wednesdays June, July, August
Pastor Rev. Rita S. Berkowitz, C.H., C.M

Mary J. Morrill, 65

Montessori Educator, Floral Manager

A memorial service for Mary Joyce (Rogers) Morrill, 65, of Quincy and Norwell, will be held today (Thursday) at 5 p.m. at Magoun-Biggins Funeral Home, Rockland.

She died Aug. 11 at home.

Mrs. Morrill worked as a Montessori educator. She later was a floral manager at Stop & Shop in Brockton and Quincy.

She was active in many community organizations and founded the girls softball league in Norwell.

She was born and raised in Quincy.

She is survived by two sons, Martin E. Morrill III of Bellingham and James M. Morrill of Middleboro; four daughters, Anne-Marie Baxter and Patricia L. Bevilacqua, both of Nashua, Christine E. Gauthier of Rockland and Julie C. Ellis of Avon; three brothers, John Paul Rogers of Quincy, William J. Rogers of Waltham and Kenneth R. Rogers of Weymouth; two sisters, Meredith A. Rogers of San Francisco, Calif., and Theresa M. Rogers of Quincy; 17 grandchildren; five great-grandchildren; and many nieces and nephews.

Seek Medical Gear To Loan

The Council on Aging is seeking donations of medical equipment that is no longer needed by the current owner but can be loaned to someone else.

The present highest priority is given to bath transfer seats.

Call the Council at 617-376-1506.

Vets Adviser At COA Office

John D. Miller of Home Care Partners, will be at the Council on Aging office, 83 Saratoga St., each Wednesday to advise veterans or their surviving spouses of their in-home care benefits.

To schedule an appointment, call the Council on Aging at 617-376-1506.

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Norfolk Division
Docket No. 06D0958DV1
DIVORCE/SEPARATE SUPPORT SUMMONS BY PUBLICATION
DONNA M. MARANI, Plaintiff(s)
V.
STEPHEN E. MARANI, Defendant(s)

To the above named Defendant(s):

A Complaint has been presented to this Court by the Plaintiff(s), DONNA M. MARANI, seeking DIVORCE

An Automatic Restraining Order has been entered in this matter preventing you from taking any action which would negatively impact the current financial status of any party. Please refer to Supplemental Probate Court Rule 411 for more information.

You are required to serve upon DONNA M. MARANI -- whose address is 95 MARTENSEN STREET, APT. #305, QUINCY, MASSACHUSETTS 02169 your answer on or before OCTOBER 20TH, 2006. If you fail to do so, the Court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer in the office of the Register of this Court at **CANTON**.

Witness, **DAVID H. KOPELMAN**, Esquire, First Justice of said Court at **CANTON**, this 17TH day of JULY, 2006.

PATRICK W. McDERMOTT
Register of Probate Court

8/10, 8/17, 8/24/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Norfolk Division
Docket No. 06D0958DV1
ORDER FOR SERVICE BY PUBLICATION
DONNA MARANI, Plaintiff
v.
STEPHEN MARANI, Defendant

Upon motion of plaintiff for an order directing **STEPHEN MARANI** the defendant herein, to appear, plead, or answer, in accordance with Mass. R. Civ. P./Mass. R. Dom. Rel. P. Rule 4, it appearing to the Court that this is an action for DIVORCE.

Pursuant to Supplemental Probate Court Rule 411, an Automatic Restraining Order has been entered against the above named parties, and that the said defendant cannot be found within the Commonwealth and that HIS present whereabouts are unknown; that personal service on said defendant is therefore not practicable, and that said defendant has not voluntarily appeared in the action:

It is **Ordered** that said defendant is directed to appear, plead, answer, or otherwise move with respect to the complaint herein on or before the **20TH day of OCTOBER, 06**. If you fail to do so this Court will proceed to a hearing and adjudication of this matter.

It is further **Ordered** that the accompanying summons be published once a week for three consecutive weeks in the **QUINCY SUN ON AUGUST 9TH, 16TH & 23RD, 2006, a newspaper published in QUINCY, MASSACHUSETTS 02169, 1372 HANCOCK STREET**, the publication to be 60 days at least before said return day. It is further **Ordered** that a copy of the summons be mailed to the defendant at HIS last known address by registered or certified mail.

Date: JULY 17TH, 2006.

DAVID H. KOPELMAN
Justice of Probate and Family Court

8/10, 8/17, 8/24/06

Lena B. Guarcello, 88

A funeral service for Lena B. "Lee" (Schlagger) Guarcello, 88, of Braintree, formerly of Quincy, a retired aide, was held Tuesday at Dennis Sweeney Funeral Home, 74 Elm St.

She died Aug. 11 at Wedgemere Rehab and Nursing Center in Taunton.

Mrs. Guarcello was an aide at Marge Crispin Senior Center in Braintree for many years.

Born and raised in Quincy, she spent most of her life in Quincy and the South Shore area.

Wife of the late Maurice V. Guarcello, she is survived by a daughter, Jeanne Russo of Berkley; two brothers, Joseph "Jim" Schlagger of Milton and Richard Schlagger of Florida; and five grandchildren. She was the mother of the late Janet Main.

Burial was in Blue Hill Cemetery, Braintree.

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P1871EP

In the Estate of
MARY E. KELLEY
Late of QUINCY
In the County of NORFOLK
Date of Death
May 12, 2006

NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that MARGARET A. CORONITE of WEYMOUTH in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **SEPTEMBER 13, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, August 3, 2006.

PATRICK W. McDERMOTT
Register of Probate

8/17/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P1886EP

In the Estate of
FRANK O. IANTOSCA
Late of QUINCY
In the County of NORFOLK
Date of Death
June 20, 2006

NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that ANN T. GREENLAW of WALPOLE in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **SEPTEMBER 13, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, August 4, 2006.

PATRICK W. McDERMOTT
Register of Probate

8/17/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 04P3027EP

In the Estate of
DOROTHY A. PASQUALONE
Late of QUINCY
In the County of NORFOLK
Date of Death
March 11, 2006

NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that WILLIAM J. QUAGLIA of BROCKTON in the County of PLYMOUTH or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **SEPTEMBER 13, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, August 2, 2006.

PATRICK W. McDERMOTT
Register of Probate

8/17/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P1859EP

In the Estate of
JANET M. DUFRESNE
Late of QUINCY
In the County of NORFOLK
Date of Death
June 19, 2006

NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that JAMES J. TREACY of BROOKLINE in the State of NEW HAMPSHIRE or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **SEPTEMBER 13, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, August 2, 2006.

PATRICK W. McDERMOTT
Register of Probate

8/17/06

ADVERTISEMENT FOR BIDS

ADVERTISEMENT FOR BIDS

SECTION 00100
ADVERTISEMENT FOR BIDS

City of Quincy, Massachusetts

Sealed bids for construction of **Carlisle Street Water Main, Sewer and Roadway Improvements** for the City of Quincy, Massachusetts, will be received at the Purchasing Department, 1305 Hancock Street, Quincy, MA 02169 until **11:00 A.M.** prevailing time, on **Wednesday, September 6, 2006** at which time and place said bids will be publicly opened and read aloud.

The scope of work includes:

Removal of existing gravity sewer pipe and water main on Carlisle Street and construction of new wastewater pumping station, gravity sewer, force main and water main and associated roadway improvements.

Bid security in the form of a bid bond, cash, certified check, treasurer's or cashier's check payable to the Owner, is required in the amount of five percent of the bid, in accordance with Section 00200, INSTRUCTION TO BIDDERS.

The Contract Documents may be examined at the following locations:

Purchasing Department, 1305 Hancock Street, Quincy, MA 02169
Dewberry-Goodkind, Inc., 31 St. James Ave., Boston, MA 02116
Dodge Reports, 24 Hartwell Road, Lexington, MA 02421.

Copies may be obtained at the Quincy Purchasing Department, located at 1305 Hancock Street, Quincy, MA 02169 from 9 a.m. to 12 noon and 1 to 4 p.m., upon payment of $50 for each set. Any unsuccessful bidder or nonbidder, upon returning such set within the time specified in the Instructions to Bidders and in good condition, within 15 calendar days after the award of the contract, will be refunded payment.

Contract Documents and plans will be mailed to prospective bidders upon request and receipt of a separate check for $25 to cover handling and mailing fees. This amount is not refundable.

Both checks shall be made payable to the City of Quincy.

Each bid shall be accompanied by a bid guaranty bond to the City of Quincy in an amount not less than five percent (5%) of the amount of the bid, as a guarantee that the bidder will execute the contract if it be awarded in conformity with the bid form. The selected contractor shall furnish a performance bond in an amount equal to one hundred percent (100%) of the contract price and a payment bond in an amount of one hundred percent (100%) of the contract price.

Minority Business Enterprise (MBE) and Women's Business Enterprise (WBE) policies of the Commonwealth of Massachusetts and the City of Quincy are applicable to this Contract. The goal for this project is a minimum of 10% percent MBE participation and 5% percent WBE participation by state-certified MBEs and WBEs. The Bidder shall submit completed MBE/WBE forms with the bid. Failure to comply with the requirements of this paragraph may be deemed to render a proposal non-responsive. No waiver of any provision of this section will be granted unless approved.

8/17/06

Classifieds

SERVICES

BASEMENT RESTORATIONS
Residential & Commercial
Sump Pumps Drainage
Drywells Foundation & Floor
Restoration 25 yrs exp.
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DENNIS F. REALE
Licensed Electrician
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All Types of Wiring
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Adult starts
Wednesday, Sept. 6, 2006, 7pm
South Shore Country Club
Call me, Josie
617-471-1545

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Offering: Short/Long Term Pet Sitting, Daily Dog Walks. My rates are most reasonable
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Info 857 212 1134
email: buddogge@aol.com

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BBB MEMBER

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8/31

Fully Insured
MA Reg# 134410

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Smoker Pits,
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Steve 617-835-1021 9/14

TIMOTHY J. O'BRIEN
Building & Remodeling
Decks, Doormers,
Windows
Free Estimates
As Always, Lic. & Insured
New Phone Number
781-829-2232 tf

MISCELLANEOUS

ANTIQUES AND COLLECTIBLES
ART/ANTIQUES WANTED!
Paul Royka, nationally known expert, author, TV appraiser accepting fine art antiques consignments. 978-582-8207, www.ROYKAS.com

BOOKS AND PUBLICATIONS
Get Caught Up In Drama!! Read the brand new exciting novel by Latifa Sanchez. For more information visit www.outskirtspress.com/caughtup or call 617-938-2323

BUSINESS OPPORTUNITIES
ALL CASH CANDY ROUTE. Do you earn $800 in a day? Your own local candy route. Includes 30 Machines and Candy. All for $9,995 1-800-921-3949

Purchase Vacations Wholesale! One-time fee of $1995 for a $15,000 travel package. Earn $1000 per sale minimum! Call 1-800-378-1169, ID# 4390JS

EARN UP TO $50/HR. Serve papers for lawyers. FT-PT, must be over 18. Must have car. No risk. 617-365-2646 (24 hours)

COOKWARE- We stopped doing dinner parties! Have some beautiful new, 17-pc., surgical stainless steel sets! Waterless, Greaseless! Retail $2000 first 7 callerís price $368! 1-800-434-4628 www.vaposeal.com

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Lighting retail/repair business on busy Route 2 in Warwick, RI ñ Established clientele and vendor history ñ Turnkey ñ Owner will trail $95,000 LANDMARK REALTY GROUP (401) 789-3100

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ATTEND COLLEGE ONLINE from Home. *Medical, *Business, *Paralegal, *Computers, *Criminal Justice. Job placement assistance. Computer provided. Financial Aid if qualified. Call 866-858-2121 www.onlineTidewaterTech.com

TRAIN FOR A HIGH-GROWTH MEDICAL CAREER. In less time. The SALTER SCHOOL will train you! Medical Assistant, Health Claims Specialist, or Massage Therapist. CAMPUSES: WORCESTER, MALDEN, CAMBRIDGE, TEWKSBURY, FALL RIVER. Day/evening classes now forming. 1-800-299-1074. www.salter.edu

EMPLOYMENT
EARN UP TO $550.00 WEEKLY Working through the Government PT. No experience needed. Call Today!!! 1-800-488-2921 Ask for Department 1-4

FINANCIAL
$$CASH$$ Immediate Cash for Structured Settlements, Annuities, Law Suit, Mortgage Notes & Cash Flows. J.G. Wentworth #1 1-(800)794-7310

GOT A BUSINESS? Dramatically increase sales by accepting all major Credit and Debit cards. 0% Discount rates! Free start up! Free equipment upgrades! 1-800-568-9115

HELP WANTED
MECHANICS: Up to $20,000 bonus. Keep the Army National Guard Rolling. Fix Humvees, Strykers, etc. Expand your skills through career training. Be a soldier. 1-800-GO-GUARD.com/mechanic.html

WANT HOME MOST WEEKENDS WITH MORE PAY? Heartlandís GREEN MILES program! $.54/mile company drivers and $1.26 for operators! 12 months OTR required. HEARTLAND EXPRESS 1-800-441-4953 www.heartlandexpress.com

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AVON! Career or pocket money, you decide! Up to 50% commission profit. Low start up Email ISR Lisa@Lwilber@aol.com or call toll free 1-800-258-1815

J&R SCHUGEL is opening a NEW TERMINAL in Bethlehem, PA! Regional positions available at 48 cpm. Class A-CDL required. OTR also available! 800-359-0101 x521

HOME IMPROVEMENT
Has your building shifted? Structural repairs of barns, houses and garages. Call Woodford Bros., Inc. for straightening, leveling, foundation and wood frame repairs. 1-800-OLD-BARN. www.1-800-OLD-BARN.COM

LAND
20 ACRES- $12,900 NYS Adirondacks: Owner financing. For more information, call Christmas & Associates, 800-229-7843 or visit www.landandcamps.com

MISCELLANEOUS FOR SALE
Limited Offer!! Absolutely NO COST TO YOU!! Power Wheelchairs & Scooters Call Toll Free 888-333-5138

REDUCE YOUR CABLE BILL! Get a 4-Room All-Digital Satellite system installed for FREE and programming starting under $20. Free Digital Video Recorders to new callers, SO CALL NOW 1-800-725-1865

MORTGAGES
REVERSE MORTGAGES! SENIOR HOMEOWNERS! No payments until you permanently leave your Residence. Government insured, no qualifying. Call Frank Costa 1-800-974-4846 x229. Continental Funding, Stoughton, MA www.cfc-reversemortgage.com

POOL AND POOL SUPPLIES
SWIMMING POOLS/SPAís. Homeowners wanted! Kayak Pools/Spaís is seeking demo homesites to display new maintenance free Kayak Pool and Spaís. Save thousands of $$$ with this unique opportunity. Call now! 1-800-427-9902

REAL ESTATE
GRAND OPENING PHASE II! October 28- One Day Only! NC Coast 5 miles. Lots starting $119,999.00. Qualified Prospects ñDown, No Pay 36-Months. Call

MISCELLANEOUS

HAPPY BIRTHDAY SANDRA AND JOHN. CONGRATULATIONS LAINIE AND JIMBO ON YOUR WEDDING.
Love You All, Wish I Was There.
Janice 8/17

REAL ESTATE

3 FAMILY HOUSE
QUINCY, MA
$420,000

781-982-9447 8/17

HELP WANTED

Houghs Neck Maritime CTR. Seeking Weekend Youth CTR. Director (Paid position for approx 8 months). Applications will be accepted Sept. 14th.
6-8pm at the CTR. (137 Bayview Ave.) Downstairs. Bring resumes and/or credentials. Applicants will be subject to a CORI 9/7

7 PEOPLE NEEDED TO WORK FROM HOME
Earn $500 - $5,000 per month
Own your own business!
Visit 9/28
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Immediatley for unique private home care agency. Great working environment plenty of hours available. live-in's and hourly wanted; Email: michelle.dwyer@sunriseseniorliving or call **617-527-1663** 8/24

FOR SALE

Recliner, blue 36w, ex cond. $99. **Four white patio chairs**, RubberMaid, full cusions. V.G. cond. $88
617-471-8888 8/17

1997 MARROON FORD EXPLORER
well maintained, new transmission, oil changed every 3k, 4x4.
Please call
617-645-8354 8/17

MOVING SALE
Sat., Aug 19, 9-4pm
52 Packards Ln.
Everything must go - furniture, books, kitchen items, book shelves, briefcases, tote bags, umbrellas, student/office supplies, tools, CDs, DVDs, videos, beach chairs, candles, nick-knacks
rain date Sun., Aug 20 8/17

CLASSIC 1968 ENGLISH PRAM PEDIGREE MODEL BABY CARRIAGE
Excellent Condition
Call Bill
617-472-5912 8/17

MISC.

ST. JUDE NOVENA
May the Sacred heart of Jesus be adored, glorified, loved and praised throughout the world now and forever. Sacred heart of Jesus pray for us. St. Jude worker of miracles pray for us. St. Anthony, protector and wonder worker pray for us. Say this prayer nine times a day. By the eighth day your prayer will be answered. It has never been known to fail. Publication must be promised. A.L. 8/24

ST. JUDE NOVENA
May the Sacred heart of Jesus be adored, glorified, loved and praised throughout the world now and forever. Sacred heart of Jesus pray for us. St. Jude worker of miracles pray for us. St. Anthony, protector and wonder worker pray for us. Say this prayer nine times a day. By the eighth day your prayer will be answered. It has never been known to fail. Publication must be promised. K.M. 8/17

SECURITY

Security Officers
FULL-TIME & PART-TIME
$9.50 - $11.00/HR

Mon-Fri	**1st**
Hingham	
Sat, Sun	**1st**
Hingham	
Brookline	
Boston	
Quincy	
Braintree	
Bridgewater	
Mon-Fri	**3rd**
Quincy	
Thurs - Sun	**3rd**
Quincy	
Fri, Sat, Sun	**3rd**
Milton	
Fri, Sat	**3rd**
Quincy	

Apply: 9am - 4pm
Securitas Office
1150 Hancock St.
4th Floor
Quincy, MA 02169
AA/EOE, M/F/D/V

SECURITAS *Securitas Security Services USA*

Check this out! New rates/ Opportunity! The Right Route to Success! Exp'd Local P&D/Dedicated Combo Road/Dock Drivers Needed. Central Transport has these positions out of **Worcester**. Dedicated routes/schedules/excellent income. No Nights/No Weekends! Local-$20/hr starting-$23.50 top pay! Higher Rates for LTL Exp! Dedicated Local Routes! 45-55hrs Every week. Road-$.42/mi starting-$.50/mi Top Pay! Road/Dock-$19/hr starting-$23.50 Top Pay. Vacation/Holiday Pay! Health/401K! CDL-A w/Hazmat Req. 6-12 mos exp req.

(24hrs) **800-331-1176**
www.centraltransportint.com

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P1878EP
In the Estate of
JOSEPH W. BRUNO
Late of QUINCY
In the County of NORFOLK
Date of Death
July 13, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that GERALDINE B. STORELLA of QUINCY in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **SEPTEMBER 13, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day. August 3, 2006.

PATRICK W. McDERMOTT
Register of Probate

8/17/06

Classifieds

FOR RENT

A NEW HALL
Elks Lane, off 254 Quarry St.
For Weddings, Showers, Meetings and Banquets.
QUINCY ELKS
617-847-6149 TF

The George F. Bryan Post VFW
24 Broad St., Quincy
Function Hall Available
125 guests
617-479-2254 TF

WANTED

OLD HAND TOOLS & BOOKS WANTED
All trades and subjects, planes, chisels, measuring tools, etc. Books: Maine and New England history, childrens, firearms, maritime. Pre-1950 postcards, maps, magazines, pottery, baskets. Pre-1970 baseball cards, comics, erotica, sporting memorabilia.

LIBERTY TOOL CO.
888-405-2007
Fax: 207-288-2725 TF

SERVICES

YARD SERVICES
- Expert Shrub & Hedge Trimming
- Mulching
- Mowing
- Odd Jobs Also

800-670-0868 or 508-802-3950 8/24

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All Natural & Doctor Approved
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www.herbalnutrition.net/tinabongo 9/28

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Unprecedented Service tailored to you
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We Clean It... Trim It... Remove It
No Job Too Big or Too Small
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DeFrancesco Construction
Specializing In: **REPLACEMENT WINDOWS**
ROOFING - TRIM - GUTTERS - VINYL SIDING
Call Today for a quick, FREE Estimate or No Hassle Information
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30 Year Guarantee on All Workmanship
Fully Licensed & Insured MA Reg. #101376 TF

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Driveways - Walkways - Parking Lots
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Free Estimates TF

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- BLOCK PAVING
- MASONRY BRICKWORK
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References Available Free Estimates
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All Work Fully Guaranteed

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All make machines
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Commercial / Residential Painting
Exterior / Interior
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Licensed & Insured
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SAVE GAS & MONEY, SHOP LOCAL

SERVICES

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Licensed & Insured
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Remodels Lic# 39339E
781-848-0878

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Sales • Services
Installations
617-224-3725
Fax: 617-770-3462 TF

THE TURFMAN & CO.
- Spring & Fall Clean-ups
- Expert Hedge Trimming
- Power Washing
- Yard Mulching
- Bushes & Trees Trimmed
- Lawn Mowing Services
- Hydroseeding & Sod
- Snow Removal

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theturfmanco.com TF

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Cell 508-221-1447 9/7

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Serious About Service
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Reasonable Rates
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SMALL TREE REMOVAL
OVER SEEDING
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HEDGE & SHRUB TRIMMING
OR REMOVAL
ROTATILLING & DETHATCHING
COMPLETE YARD MAINTENANCE AND MUCH MORE...
617-786-9558 9/14

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Since 1978
Bay Shore Construction Company
Quality • Experience • Reliability
Free Estimates Showroom at *Licensed*
111 Penn St., Suite D, Quincy, MA 02169
Office: 617-471-4434 • Fax: 617-328-0654
www.bscma.net

LAWFORD PLUMBING & HOME REPAIRS
Small Jobs • Faucet Repairs
• Toilet & Heat Repairs
• Drain Cleaning
• Garbage Disposals Installed
• Minor Carpentry
• Tile & Grout Repairs
• Baseboard & Radiator Steam Cleaning
24 Hour Service
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781-849-6184 TF

HTA
Hancock T.V. & Appliance
Sales, Service, Parts & Installation
Since 1945
(617) 472-1710
115 Franklin Street, Quincy, MA
hancocktvandappliance.com

YARD WORK CO.
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- Service Three times a month
- Spring Yard Cleanup
- Mulch Work
- Expert hedge and bush trimming
- Serving Quincy for 20 Years

Call Bill Fielding **617-471-6124** TF

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Lic. & Insured
Call Ed 781-254-1648

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Fuel Assistance
Senior Discount
Full Service
617-328-4063 TF

P&P MASONRY
CHIMNEY SWEEPS
All phases of masonry
No job to small
34 years experience
call Felice P. DeAngelo
781-447-9167 TF

JUNK REMOVAL
Clean-Outs
Dumpster Rentals
Final Pick
617-251-6242 TF

PLASTERING/PAINTING
Good Rates, Good References
Serving Quincy & Surrounding Communities for 25 years
Small Jobs No Problem
Blue Board Hanging
617-471-6496, cell: 781-964-4213 TF

The Quincy Sun

MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET, QUINCY, MA 02169
PAYABLE IN ADVANCE. Payment must accompany order.

INDEX
- ❑ Services
- ❑ For Sale
- ❑ Autos
- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
- ❑ Real Estate
- ❑ Antiques
- ❑ Flea Markets
- ❑ Yard Sales
- ❑ Instruction
- ❑ Day Care
- ❑ Personal
- ❑ Miscellaneous

RATES

1 WEEK ❑ $7.00 for one insertion, up to 20 words. 10¢ for each additional word.

3-7 WEEKS ❑ $6.50 per insertion up to 20 words for 3-7 insertions of the same ad. 10¢ each additional word.

8-12 WEEKS ❑ $6.25 per insertion, up to 20 words, for 8-12 insertions of the same ad 10¢ for each additional word.

13 WEEKS OR MORE ❑ $6.00 per insertion, up to 20 words, for 13 or more insertions of the same ad 10¢ for each additional word.

❑ Enclosed is $ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

COPY: _____

NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION.
DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

Is Wind Energy A Possibility Here?

(Cont'd From Page 1)

son Island, the 180 foot Quincy Police Radio Tower and the 700 foot Quarry Hills Tower, which at 890 feet above sea level is one of the tallest in the nation. The mounting of the new anemometers took two days per tower. The three towers create a triangle that surrounds the majority of Quincy, and are expected to collect data for a full year or a minimum of nine months before further actions are taken.

"When we gather this data, if wind power is not a good fit for Quincy, then fine," said resident P.J. Foley, who helped to start the project. "But I firmly believe we'll be a great candidate for generating our own power here in our city."

Foley said the project has been in the works for the past four years. He said that he started the project with Sen. Michael Morrissey and Mayor William Phelan, who both continue to support the exploration of wind energy.

"This wouldn't be happening without Sen. Morrissey's and Mayor Phelan's support," said Foley.

Morrissey involved the Massachusetts Technology Collaborative (MTC), who now oversee the project. With support from the Renewable Energy Trust and the Massachusetts State Collaborative (MSC) financing the equipment, costs are not expected to increase the tax burden, he said.

The project is also endorsed by the Committee on the Environment of the City Council, Foley said. Councillor John Keenan, chairman, said that wind power will be a topic of conversation at tonight's 4:30 p.m meeting at the City Hall conference room.

"I think (wind power) is something we should absolutely explore," said Keenan. "Other communities have had success with it. We are a waterfront community and we have a great number of hills, so we're in a position to capture wind."

Foley said that the exploration of renewable wind energy is just the latest in Quincy's quest for energy savings.

"In terms of renewable energy, Quincy has really been ahead of the curve," said Foley. The traffic and pedestrian lights in Quincy were changed from lightbulbs to Light Emitting Diodes (LEDs), which save 92 percent of the energy that was used, he said. Also, a Common Street resident recently received a free device that provides heat and electricity for their home. Foley said he anticipates partially solar-powered units to be available for residents at "heavily discounted" prices.

Foley is also a member of Mayor Phelan's Open Space Committee, the Beaches Commission, and Marsh Madness, an organization that focuses on wetland restoration.

For more information visit www.ceere.org/rerl/.

SALLY WRIGHT, hanging outside the Quincy police radio tower, and Dan Jaynes attach booms to hold anemometers to test wind speeds.

MEMBERS OF THE UMass-Amherst wind studies program who mounted wind testing instruments on the Quincy Police radio tower and Quarry Hills tower, Sally Wright (kneeling), in charge of the program, and Mellisa Ray, Tony Ellis, Dan Jaynes and Utama Aboulwahid.

P.J. Foley photos

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Jimmy Fund Tourney Remembers Patrick White
– Page 23 –

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper

VOL. 38 No. 49 | Thursday, August 24, 2006 | 40¢

CHILDREN from the Dance Philippines Performing Arts Company perform the Flower Dance, 'Balaklakan' at Sunday's Quincy August Moon Festival.

Quincy Sun photos/Robert Noble

'A Lot Of Fun For Everyone'

August Moon Festival Draws Estimated 6,000

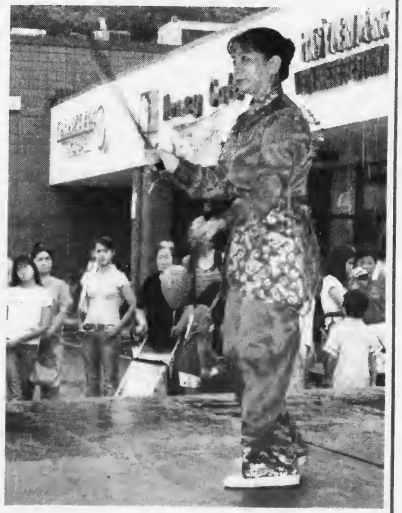
The 19th annual Quincy August Moon Festival Sunday drew an estimated crowd of 6,000 despite threatening rain.

The August Moon Festival is the second largest event on the Asian Lunar calendar after the New Year, and the festival in Quincy is the largest cultural event on the South Shore.

There was live entertainment, Chinese, Japanese and Indian cuisine provided by local restaurants, dancing from Women's Lion Dance Troupe, a fashion show including cultural fashions, and musical entertainment performed on Chinese instruments.

For the most part, the weather was cooperative, said John Brothers, Execu-

(Cont'd On Page 8)



LEWA CHONG of the all-woman Tsai Fong Chinese Dance Troupe entertains the crowd with a sword dance.

Threat Moves Closer But:

No Signs Of EEE Here Yet

By TOM HENSHAW

Renewed efforts to fight Eastern Equine Encephalitis (EEE) and West Nile Virus (WNV) as the mosquito season reaches its height apparently have found Quincy on the sidelines once again.

"There are no cases of EEE in Quincy," said Andrew Scheele, commissioner of Public Health. "There are no mosquito pools that have tested positive. All we can do is advise people what to do."

Meanwhile, there was much activity south of Quincy as the state ordered a second round of aerial spraying of the pesticide Anvil Tuesday night over an area of 425,000 acres.

The closest target to Quincy was Holbrook and parts of Randolph and Braintree.

Related Story On Page 2

The first spraying on Aug. 8 covered 159,000 acres in Plymouth and Bristol Counties and was believed to have killed off as many as 60 per cent of the mosquito population.

Since then a number of new mosquito pools have been discovered in the area and the first spraying was judged to have covered too small an area to be effective.

Scheele explained that mosquito pools are discovered by setting traps in likely areas, mashing up the mosquitoes caught and testing the batch for the EEE virus.

There are no traps in Quincy, he said.

Two people, a 23-year-old man in Acushnet and a 52-year-old woman in Lakeville, were in a Boston hospital with EEE, a disease that kills an average of three out of 10 who fall victim.

And a mosquito pool in West Roxbury tested positive for the West Nile Virus along with previous pools in Needham and Barnstable. There have been none in Quincy.

Gov. Mitt Romney declared a public health emergency in Norfolk, Plymouth and Bristol Counties and filed a $2 million request with the legislature to cover the expense of spraying.

"You never know," said Scheele. "We're not all one little town."

Visitors, Books, Computers At New High

602,076 Check-Outs Give Crane Library A Record Busy Year

Who says libraries are a thing of the past in these days of television, the Internet and other distractions?

The Thomas Crane Public Library was busier than ever in the fiscal year that ended July 31, what with 602,076 people checking out materials, 56,575 more calling the reference room with questions and 8,757,830 hits on the library website.

Library Director Ann McLaughlin said credit for the new surge in popularity should be given to additional funding approved by Mayor William Phelan and the City Council.

ANN McLAUGHLIN

The extra funding enabled the Main Library to open on summer weekends for the first time since the 1930s and gave the branches an additional eight hours opening a week.

And there was also the new $18 million Mayor James A. Sheets wing of the library, which was opened in 2001 and dedicated in May, 2005, almost doubling the capacity of the space.

A total of 724,650 people visited the library in Fiscal '06, or 8.2 visits per capita, up from 610,392 and 6.9 per capita from the previous year. The national average is

(Cont'd On Page 32)

■ What You Should Know About EEE - *Page 2* ■ She's A Young 102 - *Page 7*

THE CROWD FOUND shelter when a 10-minute cloudburst temporarily interrupted festivities at the 19th annual Quincy August Moon Festival Sunday. *Quincy Sun Photo/Robert Noble*

Christine Welch Gillis Team To Walk For Cancer

Team Christine Welch Gillis will march Sunday, Sept. 17, in the 18th annual Boston Marathon Jimmy Fund Walk to support the Dana Farber Cancer Institute.

They'll be marching in the memory of Christine Welch Gillis, who lost her battle with colon cancer at the age of 26 in September, 2001.

More than 6,000 walkers are expected to cover the marathon route to raise funds for the researchers and caregivers at Dana Farber who treated more than 32,000 patients in 2005.

Contributors can support the walk by sending a check made out to Boston Marathon Jimmy Fund Walk to Team Christine Welch Gillis, 15 Seaway Rd., Squantum, MA 02169.

Senior Scrabble Every Monday

Elderly devotees of the game "Scrabble" meet every Monday from 12 to 3:30 p.m. at the Dawes House on Quincy Shore Drive at the corner of Channing Street.

Beginners are welcome.

For more information, call 617-376-1506.

Dr. Thomas Barber Advises:

What You Should Know About Eastern Equine Encephalitis

By THOMAS BARBER, MD, Chief of Medicine at Quincy Medical Center

With the recent news that two Massachusetts residents have tested positive for eastern equine encephalitis, or EEE, it is understandable that Quincy residents would have questions and concerns about EEE.

Eastern equine encephalitis is caused by a virus that grows in birds that live in freshwater swamps. The virus is most common in these birds, but can transfer to types of mosquitoes, including those that bite horses and humans. The massive rains that our region experienced this spring provided the perfect breeding ground for mosquitoes and mosquito-borne viruses, including EEE.

It is important for people to understand that, while EEE is a very serious illness, the virus is contracted by a very small number of people, each year. In 2005, there were only four cases of EEE statewide. In fact, only 80 cases of EEE have been reported since it was first described in 1938.

People are most at risk for contracting EEE during the summer months, when the mosquito season is at its peak. The risk of contracting EEE remains until the first hard frost when the adult mosquitoes that spread the virus die out.

To reduce your personal risk of contracting mosquito-borne illness, such as EEE, the Department of Public Health advises:

- Remove any standing water near your home to reduce mosquito-breeding habitats. Standing water can be found in a variety of places surrounding homes, such as in rain gutters and drains, unused flowerpots, wading pools, and birdbaths;
- Make sure screens on doors and windows are in good condition;
- When possible, avoid outdoor activities from dusk to dawn when mosquitoes are most active.
- When outdoors, wear long-sleeved shirts, long pants and socks to cover skin and use a mosquito repellent, following the manufacturer's recommendations.
- Use mosquito netting to cover carriages and playpens, when outdoors.

If you or a loved one experiences symptoms of EEE, including high fever, stiff neck, headache and lack of energy, contact your primary care physician or local emergency department immediately. If contracted, the EEE virus can progress rapidly, and if untreated, swelling of the brain, coma and death can result.

Presently there are no antibiotics or antiviral drugs to treat EEE, but with good supportive medical and nursing care, people who do contract EEE can have the best possible clinical outcomes.

The Massachusetts Department of Public Health website is a great resource for people who wish to learn more about EEE, visit www.mass.gov/dph.

Exercise Classes For Seniors

The Quincy Council on Aging will hold a safe senior exercise program every Monday and Wednesday at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., Quincy Point.

For more information, call the Council at 617-376-1506.

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Ayers, Quincy Helping Hand Replaces Everett Man's Stolen Wheelchair

Brian Shea of Everett suffers from cerebral palsy. He relies on an electric wheelchair to get around.

Recently his electric wheelchair was stolen from behind his apartment building. Replacing the chair would cost upwards of $10,000 and the Sheas did not have money to afford it.

Rep. Ayers (D - Quincy), who founded the Quincy Helping Hand Program fourteen years ago, happened to have a similar electric wheelchair in his inventory when he heard of Brian Shea's situation from Milton resident Kevin Kelliher of Lundgren Management in Chelsea, which manages Shea's building.

The Quincy Helping Hand Program is an in-kind program.

"People donate durable medical equipment – walkers, canes, commodes, wheelchairs, and the occasional hospital bed or electric wheelchair," Ayers said.

"I was glad I could help. The Helping Hand Program allows people to donate their unneeded durable medical equipment," Ayers said. "I have the ability to store the equipment at my business in North Quincy and give the equipment, free of charge, to those who otherwise could not afford it."

The wheelchair came just in time so that the family didn't have to cancel its Cape Cod vacation, Ayers said.

"Now Brian can go with his son Zack and his wife Randi on the planned vacation to Hyannis to celebrate Randi's birthday. We are very happy now he can go back to his independent lifestyle," Ayers said. "It is hard to imagine that someone would steal another person's wheelchair. However, with people working together, good will prevailed."

Anyone in need of durable medical equipment or those who would like to donate durable medical equipment to the program should contact Rep. Bruce Ayers at 617.328.0102.

A HAPPY ENDING – Brian Shea of Everett, who suffers from cerebral palsy, is all smiles after Rep. Bruce Ayers (left) and the Quincy Helping Hand program replaced his electric wheelchair which he relies to get around. Shea's other wheelchair was recently stolen from behind his apartment building.

Photo Courtesy Boston Herald

Nancy Callanan To Head Federal Grants, Community Development Programs

Mayor William Phelan has named Nancy Callanan administrator of federal grants and community development programs in the city's Department of Planning and Community Development.

Callanan, who has overseen the HOME Program in the Planning Department since 1996, succeeds Angelito Santos.

"Nancy has served the city and its residents well throughout her time in the Planning Department and she will be a great fit in this important position," said Phelan. "Her background in a wide range of community programs provides her unique experience to prepare her for her new responsibilities. I am excited to have her skills and experience serving in such a vital position."

Callanan holds a B.S. in management from the University of Massachusetts. She also has a M.S. in community and economic development from the University of Southern New Hampshire.

She is a member of the National Community Development Association, the Affordable Housing Trust Committee, Fair Housing Committee, Quincy Leadership Council on Chronic Homelessness, and the Quincy/Weymouth Board on Homelessness.

She is a former Program Director for Quincy Community Action Programs, the former chair of the City's Commission on the Status of Women, and has experience on the Board of Quincy Neighborhood Housing Services and DOVE.

Callanan has been a resident of the city since 1978.

"Nancy will allow us a seamless transition in the oversight of some of the city's most important programs," said Dennis Harrington, director of the Department of Planning and Community Development. "She's a great employee and I am certain that she will continue to serve the residents of this city well."

Blood Pressure Clinics For Seniors

Weekly blood pressure screenings for elders will be held every Monday from 10 to 11 a.m. at the Council on Aging office, 83 Saratoga St., North Quincy.

Appointments can be made but walk-ins also are accepted. For more information, call 617-376-1506.

Vets Adviser At COA Office

John D. Miller of Home Care Partners, will be at the Council on Aging office, 83 Saratoga St., each Wednesday to advise veterans or their surviving spouses of their in-home care benefits.

To schedule an appointment, call the Council on Aging at 617-376-1506.

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Moments in time

THE HISTORY CHANNEL

• On **Aug. 22, 1749,** a troupe of English actors performs "Cato" in a warehouse in Philadelphia. But like many colonists, the locals considered acting to be immoral, and the city council ran the troupe out of town.

• On **Aug. 21, 1903,** America's first transcontinental auto race, from New York City to San Francisco, is completed. The race was between two Model F Packards traveling an average of 80 miles per day for 51 days.

• On **Aug. 23, 1926,** the death of silent-screen idol Rudolph Valentino sends his fans into a hysterical state of mass mourning. Each year for three decades on the anniversary of his death, a mysterious "Lady in Black" appeared at his tomb and left a single red rose.

• On **Aug. 24, 1938,** Clark Gable reluctantly agrees to play Rhett Butler in "Gone With the Wind." Gable hesitated to take the role because he feared the production's high profile would set impossible expectations for any actor playing Rhett Butler.

• On **Aug. 25, 1945,** John Birch, an American missionary to China before the war and a captain in the Army during the war, is killed by Chinese communists. In the 1950s, Robert Welch created a right-wing, anticommunist organization called the John Birch Society. For Welch, Birch was "the first casualty in the Third World War between Communists and the ever-shrinking Free World."

• On **Aug. 27, 1963,** 15-year-old Edmund Kemper kills his grandparents with a rifle. Kemper then called his mother and told her, "I just wondered how it would feel to shoot Grandma."

• On **Aug. 26, 1980,** workers at Harvey's Resort and Casino in Lake Tahoe, Nevada, discover a 1,000-pound bomb disguised as a copy machine. An attached ransom note demanded $3 million in return for instructions on how to defuse the bomb. Experts tried to disassemble the bomb with robots. Unfortunately, they were unsuccessful: The bomb exploded, demolishing the hotel.

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PLUS MANY MORE CATS and KITTENS NEED HOMES

Sunbeams

By Henry Bosworth

Those Ward 1 Mayors

The Ward 5 city council seat, as recently noted, has had political charm to it.

Five occupants in recent times went on to bigger things:

Myron Lane and George Burke, district attorney, Bill Delahunt, district attorney and congressman, Warren Powers, presiding justice, and Walter Hannon, mayor.

But when it comes to capturing the mayor's office, the Ward 1 seat has been a good stepping stone.

Seven Ward 1 councillors have gone on to become mayor — more than in any other ward, according to one of them, Frank McCauley, the city's political historian.

The seven:

McCAULEY

Charles Francis Adams, elected in 1896 (later served as Secretary of the Navy under President Herbert Hoover); Joseph Whiton (1917); Perley Barbour (1925); Tom McGrath (1927); Tom Burgin (1935); David McIntosh (Plan E 1952); and McCauley, elected in 1982.

There hasn't been a Ward 1 mayoral candidate since McCauley who served four terms and left office in 1989.

Current occupant Leo Kelly has no mayoral ambitions. So it may be awhile before another Ward 1 councillor takes they keys to the mayor's office.

Ward 3 and Ward 5 are tied for the runner-up spot with three mayors each who started as ward councillors:

Ward 3: James Thompson (1906), Charles Ross (1934) and Amelio Della Chiesa (1958).

Ward 5: Henry Fairbanks (1890), Charles Bryant (1902) and Walter Hannon (1972).

Present Mayor William Phelan lives in Ward 5 but was a school committee member and never a ward councillor.

Two Ward 2 councillors and two from Ward 4 became mayors. Ward 2's Eugene Stone (1912) and Joseph LaRaia (1976). Ward 4's William Shea (1910) and James Sheets (1990).

McCauley notes that no Ward 6 councillor has ever got to sit behind the mayor's desk.

❑

REMINDER: The deadline for registering to vote in the Sept. 19 primary election is coming up fast. Those unregistered have until Wednesday, Aug. 30 to get aboard.

They can register weekdays from 8:30 to 4:30 p.m. at City Hall and the Election Department there will be open until 8 p.m. Aug. 30 to accommodate.

❑

MILESTONE: Maralin Manning, the energetic executive director of the Quincy Business Association, is a grandmother — again.

MARALIN

John Vincent, son of Michael and Susan Manning of Hingham, arrived Aug. 15 at Massachusetts General Hospital. Their third child, he weighed in at 7 pounds, 8 ounces.

You'll find this hard to believe, but John Vincent is Maralin's 17th grandchild.

Sure doesn't look like a grandmother of 17.

❑

NICE GESTURE: The State Street Corporation hosted 25 youths from the Germantown Neighborhood Center and the South Shore YMCA at the opener of the five-game Red Sox-Yankees series.

Fortunately for the kids, it was the first game. Little did they realize they were witnessing the beginning of what was to become known as the Boston Massacre of 2006.

❑

TV DEPT: Can't stand a lot of those TV commercials. But the Aflac ones are great. Especially the one with Yogi Berra in the barbershop. It's a classic.

Red Cross Offering CPR, First Aid Courses

The American Red Cross of Massachusetts Bay is offering the following courses Sept. 6-16 at its South Area office, 1495 Hancock St., Quincy.

CPR For The Professional Rescuer Review: Sept. 6, from 6 to 10:30 p.m. Cost is $60. Prerequisite: Current certification in CPR For The Professional Rescuer.

Adult CPR/AED: Sept. 7, from 6 to 10:30 p.m. Cost is $55. This course teaches rescue breathing, first aid for choking and CPR for victims over 8 years of age.

CPR For The Professional Rescuer: Sept. 9, from 9 a.m. to 6 p.m. Cost is $80. In addition to skills learned in Adult, Child & Infant CPR, this course teaches two-rescuer CPR, advanced airway procedures and the use of a pocket mask.

Infant & Child CPR Review: Sept. 11, from 6 to 9:30 p.m. Cost is $50. Prerequisite: Current certification in Infant & Child CPR.

Infant & Child CPR & First Aid: Sept. 12 and 19, from 6 to 10 p.m. Cost is $70. This two-session course teaches rescue breathing, choking and CPR for children under 8 years of age, also bleeding, shock and other common first aid emergencies.

Adult CPR/AED: Sept. 13, from 6 to 10:30 p.m. Cost is $55. This course teaches rescue breathing, first aid for choking and CPR for victims over 8 years of age.

First Aid: Sept. 14, from 6 to 10 p.m. Cost is $50. This course teaches bleeding, choking, poisoning and other common first aid emergencies.

CPR For The Professional Rescuer Review: Sept. 16, from 9 a.m. to 1:30 p.m. Cost is $60. Prerequisite: Current certification in CPR For The Professional Rescuer.

The American Red Cross is accepting registration for Home Health Aide/Certified Nursing Assistant evening course starting Sept. 5 and a daytime course starting Sept. 18. Cost is $800.

Also, the American Red Cross will train qualified applicants to become certified classroom instructors in CPR and First Aid.

Pre-registration is required for all courses. For more information call 617-770-2600, Monday through Friday, from 8:30 a.m. to 4:30 p.m.

Prostate Cancer Screening Clinic At QMC

Quincy Medical Center (QMC) and the Marie A. Curry Fund will host a free evening Prostate Cancer Screening Clinic Tuesday, Sept. 19, in the Ambulatory Care Department at QMC, 114 Whitwell St.

The clinic furthers the efforts to bring vital cancer screenings to uninsured and underinsured South Shore residents.

The American Cancer Society recommends annual prostate cancer screening for males beginning at age 50 and earlier, if at an increased risk.

Screening attendees will receive prostate-specific antigen blood test and a digital rectal exam, performed by a board-certified urologist on staff at QMC.

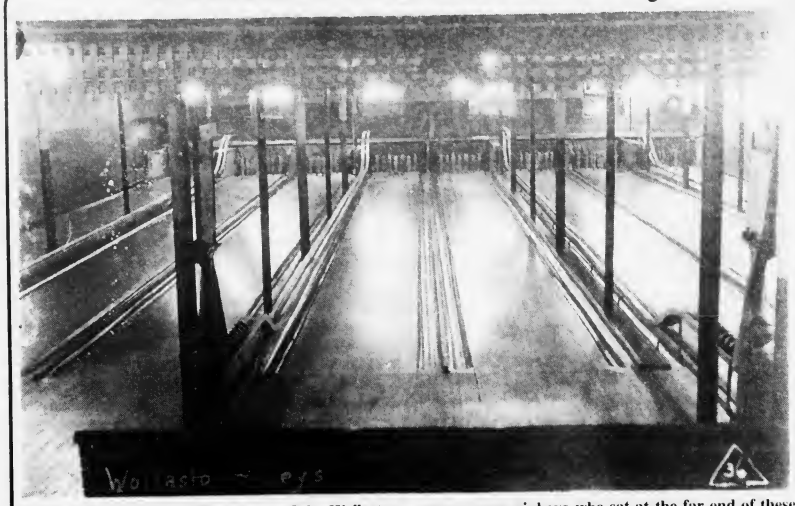
Pre-registration is required. To schedule an appointment, call toll-free, 24-hour Physician Referral Service at 1-877-479-CARE.

Vision Deprived Meet To Learn New Skills

Seniors and others with limited vision meet twice a week Tuesdays and Fridays at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., to learn new skills from each other.

For more information, call the Council on Aging at 617-376-1506.

Scenes From Yesterday



THIS 1930'S POSTCARD is a view of the Wollaston Bowling Alleys that was located in the basement of the building at 81 Beale St. Overhead in a strip of stores near the old Wollaston depot were the first Howard Johnson's, a First National Market, the Wollaston Wine Co. and the Viking Café'. These candlepin alleys were opened in 1916 and continued in business for over 50 years until the building was demolished to make way for the Red Line parking lot. Candlepin bowling had been introduced locally at Hough's Neck in the early 1900s and became so widely popular in Quincy that by 1950 there were over a dozen candlepin bowling establishments throughout the city. Companies, churches and all sorts of organizations sponsored bowling leagues. Making it all possible were the now forgotten courageous young pinboys who sat at the far end of these alleys sometimes dodging splintered flying wooden pins and bouncing bowling balls. After each frame was bowled, the pinboy dropped into the pit, reset the knocked over pins, placed the balls in the ball-returns and quickly jumped backwards up out of the way. But that job came to an end in the early 1950s when automatic pin-setting machines were introduced. Pinboys were one of the earliest victims of modern automation. Today, some bowling leagues still exist, but there is only one public bowling alley left in Quincy. Charles Johnson, who lived on Newport Avenue, published this postcard. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of Tom Galvin

Quincy's Yesterdays

Disagreement Over 4-Year Terms For Mayor, Council

This Week
1988
18 Years Ago

By FRANK McCAULEY

Despite meeting recently for over one hour, Mayor Francis X. McCauley and state Rep. Robert A. Cerasoli are still at odds over two pieces of legislation concerning Quincy, including one that would change the terms for mayors and city councillors from the present two years to four years.

The second piece of legislation would change the position of executive secretary of Park and Forestry to a mayor's appointment from its present status as a civil service position.

McCauley supports the legislation while Cerasoli opposes them. Both petitions have passed the Senate and now await action in the House.

During the meeting, Cerasoli said that "I feel uncomfortable as a legislator of being in the position to change a city's form of government."

FIRST WOMAN BUILDING INSPECTOR

Three new building inspectors, including the first one in Quincy history to be a woman, have been appointed to the city's Building Department.

Kathleen F. Nugent, daughter of Mr. and Mrs. William Nugent of 48 Turner St., Houghs Neck, is a graduate of Wentworth Institute of Technology with a bachelor of science degree in architectural engineering technology.

Joseph F. Prondak of Hull and Eugene T. Caruso of Braintree were also appointed.

KEEPING UP WITH THE RED SOX

Despite winning two of three games with the Oakland A's, the Red Sox lost ground to the Eastern Division leading Detroit Tigers, who swept the Chicago White Sox. The Red Sox, at 69-54, were four games behind Detroit. Left-hander Bruce Hurst helped the Red Sox rebound with a 6-2 win over the California Angels. Hurst improved his record to 15-4.

QUINCY-ISMS

William H. Barnes was recently promoted to captain in the U.S. Air Force. Presently serving in Italy, Captain Barnes is a 1979 graduate of North Quincy High School . . . **John P. Meade**, 49 Woodcliff Road, West Quincy, graduated from Wentworth Institute with an associate in applied science degree in building construction technology . . . **Joyce O'Donnell** of Quincy graduated from Laboure College in Boston . . . **Linda Jellison**, daughter of Mr. and Mrs. **Mark Jellison**, 22 Squanto Road, a student at Merrymount School, and **Sarah Gordon**, daughter of Mr. and Mrs. **Martin Gordon**, 315 Rock Island Road, a student at Atherton Hough School, were winners in the annual Flag Essay Contest sponsored by the Houghs Neck American Legion Post 380 . . . The Rev. **Fred Lawson's** sermon at Covenant Congregational Church, Whitwell Street, was titled "Conversations with Jesus" . . . Agnitti Insurance Agency, 21 Franklin St., Quincy, asked "Let us give you a Competitive Quote on your insurance needs" . . . The Quincy School Committee appointed **Sandra Neal** to the position of Director of Library Services at Quincy Junior College . . . **Denis Tardo**, Quincy Republican candidate for state representative, received the endorsement of the National Association of Government Employees Massachusetts Association of Skills and Trade . . . Purdy's, 68A Billings Road, North Quincy, was advertising Homemade Ice Cream Cakes and Pies, "There's No Taste Like Homemade" . . . **Arthur Foley** was installed as president of the Quincy Lions Club succeeding **David Smith** . . . **Jolanta Zych**, daughter of Mr. and Mrs. **Tadeusq Zych**, 12 Copley St., Wollaston, was accepted as a freshman at Babson College . . . **Bill Walker**, coach of the North Quincy High School boys and girls swim teams, will be inducted into the Bridgewater State College Athletic Hall of Fame at a dinner banquet Oct. 14 . . . Plymouth, N.H., State College announced Quincy High School's outstanding basketball twins, **Patti** and **Gayle Morrell**, will attend the school in the fall . . . A book featuring the recipes of **Marie D'Olimpio** titled "It's Simply Italian and Then Some" went on sale at several Quincy locations . . . **Emily R. Dunn**, daughter of **Averill** and **Clara Sparks**, 15 Neponset Road, has completed training in fundamental military skills at the Army ROTC Camp Challenge, Fort Knox, N.Y. . . . Atty. **Paul C. Kelly** of Ames Street, West Quincy, was named managing partner of Parker, Coulter, Daley and White. Kelly is a former member of the Quincy School Committee and the Quincy Planning Board . . . Public education, drugs, and the Water Resources Authority were main topics of discussion at a Candidates Forum for the open state representative seat in the Second Norfolk District. The candidates included Democrats **Stephen Tobin**, Councillor **Patricia Toland** and School Committee member **Stephen Durkin**. Republican candidates were **Richard Harris** and **Denis Tardo**.

Readers Forum

'Universal Access' And Wollaston Beach Ramp

I am writing in response to Mr. Giarratani's question about the need for a wheelchair accessible ramp to "nowhere" on Wollaston Beach. After reading his letter it seemed like a good opportunity to educate not only Mr. Giarratani, but also other community members who may not understand the benefit of a wheelchair ramp on a beach.

There are a couple of things I would like to address. First of all, the city of Quincy is doing a wonderful job revamping Wollaston Beach which includes the addition of handicapped accessible ramps.

Secondly, I would like to educate Mr. Giarratani on the term "Universal Access." This is a term that is used to describe a structural improvement that not only benefits individuals with disabilities but many other people as well.

For example, sidewalk cuts were created so that a wheelchair could use a sidewalk. Now that sidewalk cuts have been added to most modern sidewalks, other such as people on roller blades or people using baby carriages have also benefited from it.

This wheelchair ramp to "nowhere" can easily fall under the category of universal design. The intended use of the ramp is for wheelchairs. Therefore, individuals in wheelchairs will now have the ability to roll down the ramp and sit on the sand, rather than sit on the sidewalk with the sea wall blocking their view. (I should also mention that there are wheelchairs that are made for the beach.)

In addition, others who have difficulty climbing stairs will also have easier access to the beach. For example, anyone who is on crutches, elderly individuals using walkers or someone with a stroller will now be able to access the public beach which they may have been previously unable to enjoy.

Finally, Title III of The Americans with Disabilities Act required new construction, such as Wollaston Beach, to take into consideration individuals with impairments. This legislation has made a tremendous difference in the lives of many individuals with disabilities.

I hope this information has helped Mr. Giarratani understand how this wheelchair ramp will not only benefit people in wheelchairs but also the general public. I would encourage Mr. Giarratani and anyone else who questions the need for certain construction features for individuals with disabilities, to consider the many other people it will benefit. I'm sure they'll be able to think of a few.

Elizabeth Deren, M.S., C.R.C.
Holyoke Street

Peter Memorial Blood Drive A Success

The Houghs Neck Community Council would like to thank everyone who made our recent blood drive a great success. Despite the 95 degree weather, we had 108 people come to donate and we collected 83 pints of blood.

We would also like to thank our wonderful neighbors who baked delicious homemade goodies for the donors. Thanks go to the American Red Cross volunteers who helped all day.

And finally, our deepest thanks go to the Peter family (especially Charlie) who make this day possible. We are honored to be able to sponsor such a worthwhile event and to be part of such a caring community.

Fiona Canavan
HNCC President

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Arts & Entertainment

Marina Bay Arts Affair Winners Announced

The winners have been announced for the recent Arts Affair on the Marina Bay Boardwalk.

They are:

Best of Show: Mike Mazer, Canton A.A.

Oil & Acrylic: 1st place: Robert Beaulieu, Scituate A.A. 2nd place: Charles Stockbridge, Scituate A.A. 3rd place: Roberta Tourle, Milton Art Museum. Honorable Mentions: Zeid Velic, Weymouth A.A., Deborah Putnam, South Boston A.A., Frank Viscaralasaga, Hull Artists.

Watercolor: 1st place: Helena Zubrin, Canton A.A. 2nd Place: Barbara Swanson, Quincy A.A. 3rd place: Bill Beyer, Milton A.M. Honorable Mentions: Dan McCole, So. Boston A.A., Michael Domina, Weymouth A.A., Mona Podgurski, Canton A.A.

Photography: 1st place: Nancy Shields, Hull Artists. 2nd place: Clement Liu, Hyde Park A.A. 3rd place: Christine Corelle-Lippeveld, Hyde Park A.A. Honorable Mentions: Burton Bray, Quincy A.A., Ron Goodman, Quincy A.A., Nancy Santry, Hull Artists.

Pastel & Drawing: 1st place: Christine Bodnar, Quincy A.A. 2nd place: Dan Myers, Quincy A.A. 3rd place: S. R. Di Filamines, Norwood A.A. Honorable Mentions: Janet DeLonga, Braintree A.A., Terry Chase, Braintree A.A., Chris Myers, Quincy A.A.

Mixed Media: 1st place: Dan Myers, Quincy A.A. 2nd place Lore Paddlino, Canton A.A. 3rd place: Kimberly Albanese, Scituate A.A. Honorable Mention: Bob Weikel, Weymouth A.A., Cheryl Weissbach, So. Boston A.A., Marilyn Reisberg, Quincy A.A.

The Arts Affair was made possible with the support of numerous sponsors and advertisers, and with the dedication of dozens of hardworking volunteers.

THE 11TH ANNUAL Arts Affair on the Boardwalk at Marina Bay featured hundreds of works of art submitted by members of 12 South Shore and Boston art associations, including Quincy. The two-day event also featured artists demonstrations and an awards ceremony.

BEST OF SHOW - "Fairhaven Shipyard," an original painting submitted by Mike Mazer of the Canton Art Association was judged "best of show" at the 11th annual Arts Affair on the Boardwalk at Marina Bay. *Nancy Santry Photos*

South Quincy Italian Festival Seeking Volunteers

The South Quincy Italian Festival is seeking volunteers to assist at its upcoming 22nd annual event.

This year's festival will be held Saturday, Sept. 9, from 11 a.m. to 8 p.m. at Malnati's Block, the intersection of Liberty Street and Brooks Avenue. Rain date is Sunday, Sept. 10.

Help is needed for set-up, break down and supervision of children's activities.

Space is still available for food or craft vendors for a nominal fee.

The annual festival was formed 22 years ago as a way to reunite families and friends while raising money for scholarships given to Quincy students. The festival draws between 4,000 to 5,000 people and features food, crafts, collectibles, live entertainment and fun.

For more information, contact the South Quincy Italian Festival, 112R Liberty St., Quincy, MA 02169, or call Harry Bertoni at 617-472-9226 or Rick Speranzo at 617-471-1649.

www.steaktips.com

'Friday Fitness Fun' At Beechwood Center

Quincy retirees are invited to "Come to the Bay" every Friday morning for fitness fun, said Maryann Mahony, Senior Center Coordinator.

There are many choices for those 60 years of age, and older.

Outdoor Activities:

9 a.m.: Walkers are invited, of all levels.

10 a.m.: Horseshoes will be played on the senior made court. There will also be bocce, and "strollers" (gentle walkers) on the side.

11 a.m. - 12 noon: Volleyball will be played.

Indoor Activities (in A.C. room):

10 a.m. - 2 p.m.: Darts and hall horseshoes will be played.

12 noon: Cane hall walkers.

2 p.m.: Tea break.

Mind Exercises:

10 a.m. - 1 p.m.: There will be Scrabble, bridge, puzzles, cribbage, chess, and round table group discussions.

All Quincy seniors are welcome to participate in this free event. For more information, call Mahony at 617-471-5712.

SOCIAL

MRS> HELEN BAILEY receives card of congratulations on her 102nd birthday from Roy Johnson, past master of the Rural Masonic Lodge of Quincy. Mrs. Bailey is the oldest surviving widow member of the lodge.

Mrs. Helen Fisher Bailey Celebrates 102nd Birthday

Mrs. Helen Fisher Bailey of Quincy, whose birthplace on Cape Cod is a registered historic house, celebrated her 102nd birthday recently at the Quincy Community United Methodist Church.

She was born Aug. 6, 1904, when Teddy Roosevelt was president and only seven months after the Wright Brothers first flew, in Waquoit, a village in the town of Falmouth.

The house in which she was born is known to historians as the Bourne-Fisher House.

A special birthday cake was shared in the church at a coffee hour following the worship service for Mrs. Bailey, who lives alone in senior housing on Clay Street in Wollaston.

She was also honored by members of the Rural Masonic Lodge of Quincy as oldest surviving widow of the Wollaston Lodge which recently merged with the Rural Masons.

Her husband, Albert Bailey, died in 1961.

DAVID and ALICIA COLETTI

David, Alicia Coletti Celebrate 50th Anniversary

David and Alicia Coletti of Merrymount recently celebrated their 50th wedding anniversary at a dinner.

They were married Aug. 11, 1956 at St. Ambrose Church in Dorchester and have been Quincy residents for 50 years.

The dinner, at Alba's Restaurant, was given by their four children and spouses: Paul and Celeste Coletti and David and Mary Coletti of Quincy; Carroll Coletti and Deborah Jean Parsons of Milton and Gina Coletti and George Lanides of Bronx, N.Y.

Attending the dinner were Gloria Noble of Quincy, matron of honor; Jack Dankert of Squantum, best man, and wedding party members Lorraine Coskley of Connecticut and Barry Coletti of Plymouth.

BEECHWOOD KNOLL School Principal Diane O'Keeffe and Assistant Principal Nancy Barron congratulate former student Angela Baglione on receiving the Junior High Five Award.

24 Residents On UMass-Amherst Dean's List

The University of Massachusetts Amherst lists 24 students on the Dean's List for the Spring Semester.

They are:

Nga Man Tam, Betty Chu, James M. Contrino, Caitlin C. Doughty, Caitlyn R. Dow, Matthew H. Eng, Shaun M. Gibbons, Adam R. Graeber, Gina Sing Quan Kwong, Benjamin Lam, Siu Fu Lau, Chang H. Liu, Ruheng Long, Yi You Mei, Yuen S. Ng, Justin L. Nguyen, Kristyn J. Shea, Victor G. Siu, Kai Leung E. Tso, Steven K. Wong, Jing X. Xie, Olga A. Zaharova, Ying Zheng, Diane Wong.

Ryan Stoekel Graduates Northeastern

Ryan N. Stoeckel of Wollaston graduated magna cum laude from Northeastern University.

He received a bachelor of science degree in business administration with a dual concentration in finance and management.

The son of Mr. and Mrs. Eric Stoeckel, he is a 2001 graduate of North Quincy High School.

Kerrin Griffin Mass Art Graduate

Kerrin Griffin, of Quincy, recently graduated from Massachusetts College of Art.

She received a bachelor of arts degree in fashion design.

Wine Tasting Benefit For Animal Shelter Sept. 14

A Fall Wine Tasting Benefit for the Quincy Animal Shelter will be Thursday, Sept. 14 from 6-9 p.m. at the Adams Historical Academy, 8 Adams St.

Participants are invited to sample wines and mingle with friends, while sponsoring Quincy's homeless dogs and cats.

Tickets are $20 each and may be purchased at one of the event sponsors: Atlas Liquors, Gennaro's Restaurant, Presidential Liquors, National Wine & Liquors. Participants must be at least 21 years of age.

For more information, call 617-376-1349 or visit www.quincyanimalshelter.org.

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JOANNA CHUNG performs the Fan Dance.
Quincy Sun Photos/Robert Noble

August Moon Festival Draws Estimated 6,000

(Cont'd From Page 1)

tive Director of Quincy Asian Resources Inc. (QARI), who sponsored the event at Kam Man Marketplace, at President's Plaza. There was heavy rain preceding the event, but it cleared in time for the festivities. During the festival, there was a heavy rain shower for about 10 minutes, and attendees sought shelter under tents until it cleared again.

"We appreciate the support and cooperation of the city and sponsors," said Brothers. "It was a lot of fun for everyone."

The event was sponsored by Kam Man Foods, Mohegan Sun, and the city of Quincy, said Brothers.

Secretary of State William Galvin attended the festival and urged the crowd to register to vote at the Sept. 19 state primary election. Registering new voters were: Trish Bossart and Vincent Au of the Quincy City Clerk's Office.

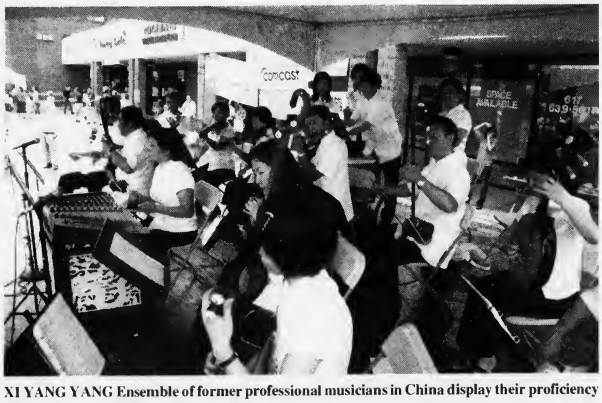
Brothers said that Mayor William Phelan attended the festivities twice, returning the second time with his family.

A new Toyota Scion was raffled off during the festival, and will be donated once the ticket is verified. A round-trip international airline trip was also raffled, and proceeds will benefit QARI, and their mission to provide services and programs to the Quincy Asian community.

GREETING ARRIVALS AT the Dragon Gate Entrance Arch are Richard Hung, president of Quincy Asian Resources, Inc. (QARI), sponsor of the 19th annual Quincy August Moon Festival, and Joseph Reardon, member of the QARI board of directors.

THE AUGUST MOON Festival's large turnout provided a good opportunity to register voters for the Sept. 19 state primary election. From the left are Vincent Au and Trish Bossart of the City Clerk's office and John Chen of the city's Constituent Services Department. The "Register to Vote" signs were in English, Chinese and Vietnamese.

THE TSAI FONG Chinese Dance Group performs.

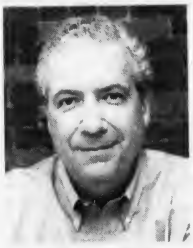


XI YANG YANG Ensemble of former professional musicians in China display their proficiency with more than 10 different types of Chinese instruments.

PERCUSSION GROUP from the Xi Yang Yang Ensemble sets the beat for all styles of Chinese traditional, folk and popular music pieces.

LOOKING AT THE audience from the festival stage in the parking lot of the Kam Man Marketplace at Presidents Plaza.

Gabrieli Visits Quincy For Town Hall Meeting



CHRIS GABRIELI

The Town Hall Meeting tour of Chris Gabrieli, who is seeking the Democratic nomination for governor, stopped off in Quincy the other day.

Some 250 people crowded into the community room at Marina Bay to greet the 46-year-old candidate during one of 10 such meetings he plans across the state.

"Holding public town meetings are a great way to hear directly from residents," he said. "I think Massachusetts needs a governor to hear the concerns of residents statewide."

He pledged to hold town hall meetings in every region of the state as governor to hear the concerns of residents statewide as a means of restoring accountability in state government.

Gabrieli is running against Attorney General Thomas Reilly and attorney Deval Patrick for the right to opposed Republican Lt. Gov. Kerry Healey in the November election.

"Let's talk about jobs," said Gabrieli, "where Mitt Romney and Kerry Healey haven't gotten the job done, about housing where they haven't gotten the job done, and about education, where they haven't gotten the job done.

"On taxes they came in promising to lower taxes to 5 per cent, but taxes are still 5.3 per cent.

"That's the difference between Kerry Healey and me: Kerry Healey wants to run the same politics and election year slogans and really hope you don't notice there are no results."

Sleep Subject Of Senior Talk

Dr. Gabrielle Freedman will lecture seniors on sleep disturbances Tuesday, Oct. 24, at 10 a.m. at Fenno House, 540 Hancock St. Wollaston.

She will discuss the problems of getting a good night's sleep, impart tips on nutrition and answers questions from the audience.

To register, call the Council on Aging at 617-376-1506.

QUINCY SUN NEWSCARRIERS WANTED

Here's a chance to earn extra money by building a Quincy Sun home delivery route.

617-471-3100

SOUTH COASTAL BANK recently presented a $500 grant to First Baptist Church of Wollaston from the bank's C.A.R.E.S. community giving program which helps local not-for-profit groups promote and encourage a sense of Community, Achievement, Responsibility and Excellence in children through exposure to the arts. First Baptist Church of Wollaston used the grant to run its Harmony Youth Chorus during the summer. The city-wide chorus, which is open to children of all faiths, backgrounds and races, was formed to give youths the opportunity to express themselves through music and dance, gain self-confidence and make new friends across ethnic and religions lines. The Harmony Youth Chorus concluded its summer session with a public performance at the church. For more information on South Coastal Bank C.A.R.E.S. or to download an application, visit South Coastal Bank's Web site, www.southcoastalbank.com, or contact community liaison Susan Lincoln at 781-681-7206.

Stuttering Kids Star In DVD At Library

The often-ridiculed youngsters who stutter now have an ally in *Stuttering For Kids By Kids*, a new DVD starring real kids who stutter, now available at the Thomas Crane Public Library.

The new video from The Stuttering Foundation shows how some kids handle the challenges by speaking out in class and teaching others about stuttering.

This is done through the narration of Swish, a lively and engaging animated basketball character designed by students from the Computer Graphics Technology Department at Purdue.

The children, who range in age from first graders to high schoolers, offer frank and sometimes differing views of stuttering.

The video and DVD are available free of charge at the library.

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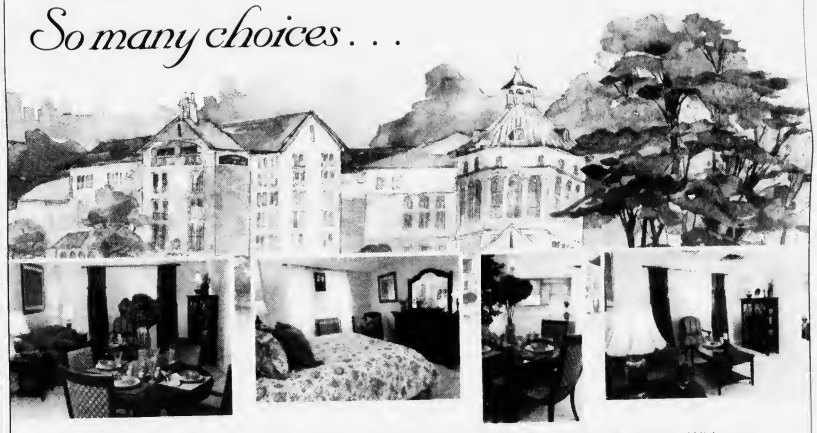

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Sunday School Registration At Houghs Neck Congregational

Houghs Neck Congregational Church is now accepting registrations for the 2006-2007 Sunday School year.

Sunday School classes will begin Sunday, Sept. 24 with a Registration/Rally Day at the church, 310 Manet Ave. Regular classes will meet every Sunday at 9:30 a.m. October through June. Classes are offered for children grades kindergarten through 6th grade.

"We have an exciting year planned that's built around our new curriculum," said Jennifer McCauley Logue, director of the Sunday School program. "'Walk with Me' uses the best-loved stories of the Bible, combined with songs and activities, to share the gospel with children. We'll also be holding a traditional Christmas pageant with parts for all of the Sunday School students, and many other activities."

Children and their families do not need to be Houghs Neck residents or members of Houghs Neck Congregational Church in order to participate in the Sunday School program. "All children grades K-6th are invited to participate," Logue said.

To receive a registration form or for more information, call (617)328-1384 or e m a i l jennmccauley@aol.com.

Items Needed For Rummage Sale For Blind

The third annual Rummage Sale for the Blind is in need of donated items.

Items may be dropped off at the Fore River Club House on Nevada Road. For more information call Peg O'Connor at 617-471-1781 or call the QCOA at 617-376-1506.

AT THE QUINCY FARMERS' MARKET from left are Leo Kelly, who accepted a certificate of appreciation from the Federation of Massachusetts Farmers' Market on behalf of Mayor William Phelan, Glenn Stillman of Stillman Farm, who presented the award, and Anneli Johnson, market manager of Farmer's Market with an "Outstanding Community Service" award, given by Kelly on behalf of the City Council.

Produce In Live Color At Quincy's Farmers' Market

Whatever your favorite vegetables are, you can find them at Quincy's Farmers' Market, located at the John Hancock Municipal parking lot, across from the court house.

Hours of operation are Fridays, 11:30 a.m. - 5 p.m., rain or shine until the end of October.

The City Council recently awarded Anneli Johnson, market manager of Farmers' Market, with an "Outstanding Community Service Award," presented by Ward 1 Councillor Leo Kelly.

"That the City Council thought to do that was very nice," said Johnson. "I want to thank various organizations for helping the Farmers' Market. I couldn't have done it alone." Johnson expressed appreciation to the Planning Department, the Park Department and the Traffic Department for making the Farmers' Market possible.

Kelly also accepted a certificate of appreciation from the Federation of Massachusetts Farmers' Market on behalf of Mayor William Phelan.

The Farmer's Market aims to provide residents with healthy, affordable food, support local agriculture and create a community gathering place in downtown Quincy.

Other options available at the market are breads, cheeses, and meats.

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Rev. Michael Robertson Pastor At First Church Of Squantum

By MIKAELA SLANEY

Formerly the Interim Pastor of Union Church in Weymouth, Rev. Michael Robertson is the new pastor at the First Church of Squantum.

Rev. MICHAEL ROBERTSON

Robertson, who started his Squantum position in June, said that the church is open to all, and is behavior-oriented. He said he believes in teaching participants how to act rather than what to think, though the church does remain "Christ centered."

"We're a church that's open," said Robertson. "The members aren't told how to think theologically. There is no creed. We're gathered around a covenant.

"There is a broad diversity of what people believe. I really love that. We're all in a different place of how we feel about our relationship with God. We're welcome and open to anyone who wants to come, and I'm very excited about being here. I hope to stay here for 10 years."

Robertson's wife, Emily "Emmy" Robertson earned her master's degree at Episcopal Divinity School in May, and is expected to join her husband at First Church of Squantum when she is ordained. "We're hopping to get her ordained some time this fall," said Robertson.

Upcoming events at the church include:

Spaghetti Supper: 6p.m. Sept. 16 at the church. Call the church for tickets, which are $10 each. Proceeds benefit the church.

Cookout and Open House: Begins after the 10-11a.m worship Sept. 10 at the parsonage. The event is open to the public, and will show renovations and redecorating of the interior of the parsonage. At the event, the church will be accepting registration for Sunday School, which will reconvene for the first time in several years. Emily Robertson will also display her hook rugs.

Other groups that convene at the church include boy scouts, yoga, brownie troops, youth choir, and Irish dancing.

Robertson was educated at Harvard College, Harvard Graduate School of Business Administration, and ordained in 2000. He has been involved in the National Association of Congregational Christian Churches, and the Interim Ministry Network. He was a member of many organizations, and is currently a member of the Interim Ministry Network, the Mayflower Association of Congregational Ministers, Milton Academy, Class of 1953 secretary, Harvard Graduate School of Business Administration, 82nd AMP Class Secretary, Falmouth Rotary Club, Harvard Club of Boston, Harvard Varsity Club, and Falmouth Yacht Club.

For more information, call the First Church of Squantum at 617-328-6649.

Bereavement Support Group At Quincy Medical

Quincy Medical Center, 114 Whitwell St. will host a free, seven-week Bereavement Support Group, beginning Wednesday Sept. 13.

The support group will meet Wednesday afternoon from 4 to 5:30 p.m. for the seven consecutive weeks. The group is designed to help adults who are coping with the recent death of an adult loved one to alleviate feelings of grief and begin the healing process.

"Grieving people often feel isolated in their pain and perceive that the world only wants to see and hear from happy people," said Rev. Esther Bowen, director of Pastoral Care at Quincy Medical Center. "If you need an emotionally safe place where you can be yourself and process your grief experience, then perhaps this support group may work for you."

The program is free, however, pre-registration is required. For more information or to register, contact the Quincy Medical Center Pastoral Care Department at 617-376-5502.

Animal Shelter Open House Aug. 26

The Quincy Animal Shelter Open House will be Saturday, Aug. 26 from 10 a.m. - 6 p.m. at the shelter, 56 Broad St.

The open house will feature cats and dogs who are in need of homes. There will be raffles, Quincy Animal Shelter clothing, adoptions and more. The shelter is a non-profit, 100 percent volunteer, no-kill animal shelter.

For more information or to volunteer call 617-376-1349, or visit www.quincyanimalshelter.org.

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LISA'S DANCE STUDIO

A JAZZ CONCERT sponsored by the Mollie Hirshberg Fund recently raised $20,000 for the Quincy-based Step One Early Intervention Program. Mayor William Phelan, who co-chaired the event with his wife, Tracey, and Lois Hirshberg, present a check to Harry Shulman, president of South Shore Mental Health, and Cindy Warren, Step One Early Intervention Program director.

FAMILY MEMBERS of Mollie and Sumner Hirshberg at the concert/auction included, left to right, Jonathan Hirshberg, grandson; Mimi Hirshberg, daughter-in-law; Peter Hirshberg, grandson; Lois Hirshberg, daughter; Janice Hank, daughter-in-law; Gary Hirshberg, son.

Concert Raises $20,000

Mollie Hirshberg Fund Aids Step One Program

A Swingin' for Children Jazz Concert and Auction recently held by the Mollie Hirshberg Fund raised some $20,000 for the Quincy-based Step One Early Intervention Program.

The event, held at the Lantana in Randolph, included live and silent auctions, a sit-down dinner and a jazz concert by The Olde Kids of the Block, a 20-piece orchestra featuring music of the Big Band Era.

Honorary co-chairs for the evening were Mayor William Phelan and his wife, Tracy.

Among the items auctioned were a one-week South African photo safari for two, two nights in New York, a week in Wellfleet on the Cape, Red Sox/Yankees tickets and a Vermont ski vacation.

Proceeds for the event benefit the renovation of the Mollie Hirshberg Learning Center , a program of Step One Early Intervention, which provides services to youngsters from birth to 3 years who have significant medical and developmental needs.

The Mollie Hirshberg Fund is a non-profit charitable organization founded in 1992 by the family and friends of Mollie Hirshberg, who for 40 years worked to help child victims of abuse or neglect and those with special needs.

CO-CHAIRS Mayor William Phelan and his wife, Tracy (right), are pictured with Lois Hirshberg, president of the Mollie Hirshberg Fund.

FUND RAISERS Mark Crosby of Quincy Access TV chats with Kathleen Bambrick (center) and Dianne Perito, both from South Shore Mental Health, at Mollie Hirshberg Fund Benefit Concert and Auction.

Quincy Sun photos/Robert Noble

FRIENDS OF Mollie Hirshberg are ready to honor her at dinner. Left to right, seated, Shirley Tobin, Carol Johnston, Patricia DelVal, Alice Trubiano; standing, Ann Baxendale, Joan Matthews, Gloria Brummitt, Carol Lee Griffin, Marjorie Griffin, Amy Stone.

All menu items except children's items, are available for take out for an extra .25 take out-out charge

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Three Receive 15 HN Church Scholarships

Three residents were the recipients of 15 awards from the Scholarship Board for the Houghs Neck Congregational Church at a recent service.

Andrew "Zak" Keating is the recipient of The Randal and Brian Coombs Memorial Scholarship, the Elizabeth "Libby" and herb Morgan Memorial Scholarship, the Dr. Peter V. Corea Memorial Scholarship, The David Murphy Memorial Scholarship, and the Edwina Robeinson Scholarship. He will study computer science at Worcester Polytechnic Institute.

Natalie Janson is the recipient of the Mabel and Parmeter Brummit Memorial Scholarship, the Barbara Blowers Memorial Scholarship, the Edward and Cornelia Maguire Memorial Scholarship, the Hugh Christie Memorial Scholarship, and the Jeanette Griffin Memorial Scholarship. She will study biology at the University of Massachusetts, Amherst.

Ashley Flibotte is the recipient of the Nellie R. Kirby Memorial Scholarship, the Anna and Norman Straughn Memorial Scholarship, the Muriel Bonney Memorial Scholarship, the Annie Coffin Memorial Scholarship, and the Rev. M. Alicia Corea Scholarship. She will study pharmacy at Simmons College.

Board members are: Pamela Criag, chairman/president, Susan Carr, secretary/clerk, Rev. M. Alicia Corea, Edwina Robinson, Gloria M. Brummitt, and Barbara Christie.

The Scholarship Board has offered scholarship awards for the past 52 years. It was established, and initially funded, by its founder, Rev. Dr. Peter V. Corea, who said that he believed in the value and power of education for young people. His congregation believes that Rev. Corea inspired young people within the church to attend college before it was socially popular to do so. With his help, 14 individuals started the Scholarship Board for the Houghs Neck Congregational Church. The first scholarships were awarded to 11 young people in June, 1954. With numerous fund-raisers and contributions, the scholarship awards have continued. The board represents 16 "memorial" and "honor" scholarships.

The board has the distinction of being among the first Scholarship Boards in the Northeast, which was established to benefit young people who were affiliated with a church, and seeking higher education.

NQHS Orientation Program For Parents, Guardians Sept. 6

The North Quincy High School guidance department will host a "First Day of School" orientation program for parents and guardians of ninth-grade students Wednesday, Sept. 6, at 8:30 a.m. in the high school's media center.

The guidance staff along with a panel of guest speakers will provide parents with information regarding tools for a successful transition to high school and preparing for all of the issues that high school brings on. Refreshments will be served.

Guest speakers are:

Sue Blaney, author of "Please Stop the Roller Coaster! How Parents of Teenagers Can Smooth Out the Ride," will discuss adolescent development and how to make the high school years easier for parents to navigate.

Matt Noble from Revolution Prep will address the importance of preparing for college beginning with ninth grade.

Jean Auguste, career counselor from the My Turn program, will introduce parents to the career programs that are available to our students.

For more information, parents and guardians can call Helena Skinner at the North Quincy High School guidance office at 617-984-8747.

Matthew Harner Receives Book Award

Matthew Harner of Quincy is the recipient of a Book Award from the New England Institute of Technology (NEIT).

Book awards are given to those who demonstrate interest in technical areas of study. Harner is one of eight recipients from Blue Hills Regional Technical High School.

All recipients receive a gift book from NEIT, and those who elect to attend NEIT receive a scholarship up to $1,800.

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QMC Stroke Survivor Support Sessions

Quincy Medical Center will host monthly Stroke Survivor Support Sessions at the medical center, 114 Whitwell St.

The sessions, which began yesterday (Wednesday), will meet on the fourth Wednesday of each month from 2 to 3 p.m. Attendance is free and light refreshments will be served.

The sessions will provide attendees the opportunity to meet with other individuals and family members who live with the effects of a stroke as well as health care providers who are working in the field of stroke treatment, rehabilitation and emotional health.

To register, contact Linda at 617-376-5411.

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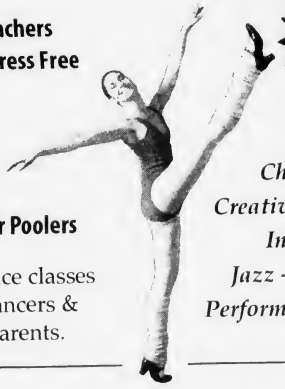
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Quincy Youths Win Boston College High Awards

William J. Kemeza, president of Boston College High School, announces the following Quincy students recently received special awards at an assembly to honor BC High undergraduates.

They are:

Shane A. Carlyle '07 Excellence award for Engineering Graphics.

Kyle T. Carrigan '07 Excellence award for English III.

Wesley K. Chen '07 won a Laureat in the Grand Concours National French Exam, putting him in the top 10% in the country, a University of Rochester Book Award, and a Chess Club Special Achievement award.

Ian M. Flaherty '07 Excellence in Two Subjects: Government AP and Spanish IV Honors and a Williams College Book Award.

Francis P. Hartel '07 Excellence in One Subject: Latin III Honors, a National Latin Examination Summa Cum Laude - Gold Medal, a National Greek Examination High Honors - Red Ribbon, an Exclauno Day Declamation Competition Latin, a Certamen - Upper Level award and a Mothers Guild Scholarship.

Thomas P. Henry '07 Excellence award for Spanish III.

Michael J. Maxey '07 Excellence in Two Subjects: Greek II Honors and Precalculus, a National Latin Examination Summa Cum Laude - Gold Medal, a National Greek Examination High Honors - Red Ribbon, a Fairfield University Book Award and he was named a John J. Begley, S.J. Scholar Award Semi Finalist.

Matthew T. McCabe '07 Excellence in One Subject: Ethics/Social Justice and a Youth & Government Achievement award.

Alex M. Miner '07 an Academic Decathlon award and a Model United Nations Club Director of External Affairs award.

Jeffrey C. Mui, Jr. '07 Academic Decathlon, Association for Diversity in Action, Asian Culture Club Award and an Excellence in One Subject: Spanish AP.

John Potsidis '07 a Youth & Government Achievement award.

Conor M. Roche '07 a Good Friday Walk Leadership award.

Matthew P. Shaw '07 Association for Diversity in Action award.

Eric R. Still '07 a Youth & Government Achievement award.

Francis E. Tansey '07 a CASA Book Award for Character, a Celtic Culture Club award and a Youth & Government Achievement award.

Justin Woo '07 a Maxima Cum Laude - Silver Medal.

Kevin R. Castonguay '08 Maxima Cum Laude - Silver Medal and a Renaissance Award for Student Leadership.

GREGORY OUELLETTE of Quincy, a student at Boston College High School, received an excellence award in six subjects at the school's recent awards assembly.

Matthew J. Coughlin '08 Excellence in Four Subjects: Spanish II Honors, Algebra II, English II, and Chemistry I.

Brendan M. Crosslin '08 a Classics Club award.

Bohan J. Liu '08 Excellence in Two Subjects: Spanish III Honors and Precalculus, an Academic Decathlon award and a New England Math League award.

Daniel P. MacAuley '08 Excellence in One Subject: US History

Ryan M. Murphy '08 Excellence in One Subject: Human Biology

David H. Richards '08 Excellence in Two Subjects: English II and US History and an Academic Decathlon award.

William P. Tam '08 Excellence in One Subject: French II Honors and a Certificat d'Honneur in the Grand Concours National French Exam (top 20% of country) Grade 10.

Edward W. Adams '09 Excellence in One Subject: Geometry.

David S. Figueiredo '09 Excellence in One Subject: Algebra I.

Ronald D. Hennessy '09 Maxima Cum Laude - Silver Medal.

Brian R. Joyce '09 a Continental Math League award and an Excellence award for English I.

Anthony Lau '09 Maxima Cum Laude - Silver Medal.

Michael C. Lavoie '09 Excellence in Four Subjects: Intro to Music, Modern World History, Intro to Art, and Geometry Honors.

Kevin C. Lee '09 Excellence in Two Subjects: Algebra I and Jesuit/Christian Thought.

Donald F. Luchini '09 Excellence in Two Subjects: Biology I and Liturgical Choir, a Liturgical Choir Award and a Renaissance Award for Student Leadership.

Kevin T. McDonagh '09 Excellence in One Subject: English I.

David Nguyen '09 Excellence in One Subject: Spanish I.

Patrick F. O'Donovan '09 Maxima Cum Laude - Silver Medal.

Gregory M. Ouellette '09 Excellence in Six Subjects: Intro to Art, Intro to Music, Modern World History, Geometry Honors, Biology I, and Jesuit/ Christian Thought.

Alex Pepjonovich '09 Excellence in One Subject: Spanish I.

Richard F. Rines '09 Excellence in Three Subjects: Spanish I, Jesuit/Christian Thought, and Intro to Art.

Matthew J. Sheridan '09 Maxima Cum Laude - Silver Medal.

Boston College High School is a Jesuit, Catholic, college-preparatory school for young men founded in 1863. The school enrolls approximately 1,300 students from some 100 communities in eastern Massachusetts. For more visit: http://www.bchigh.edu

Quincy Girl Scouts Registration Sept. 20, 23, 25

The Quincy Girls Scouts will be conducting fall registration in September.

It will be held Sept. 20 from 6:30 to 8:30 p.m. and Sept. 23 from 10 a.m. to 2 p.m., both at Thomas Crane Library, 40 Washing St., Quincy Center, and Sept. 25 from 4 to 6 p.m. at Adams Shore Library, 519 Sea St.

Girls Scouts is open to all girls ages 5 to 17. The age levels are Daisy Girl Scouts (5-6), Brownie Girl Scouts (6-8) and Junior Girl Scouts (8-11). Girls ages 11 to 17 have a number of opportunities for participation in troops as well as individual and special programs.

Girl Scouts, Patriots' Trail Council is one of the largest organizations in greater Boston dedicated to girls. The council serves 23,000 girls and 10,500 adult volunteers from 65 cities and towns including Boston.

Patriots' Trail Council develops girls' character, confidence and courage, and blends tradition with innovation by continually adapting to meet the needs of today's girls.

For more information, call 781-893-6113 or visit www.ptgirlscouts.org.

Two Promoted To V.P. At Aviva

Aviva Life Insurance Company (Aviva) in Quincy has appointed Debra Fickett-Wilbar as Vice President and Actuary, Product Development and Tammy Leone as Vice President, Marketing Services.

Fickett-Wilbar joined Aviva 19 years ago and served as Assistant Vice President and Actuary, Product Development for the last four years. She is a Fellow of the Society of Actuaries, a member of the American Academy of Actuaries and a Certified Structured Settlement Consultant. She earned her B.A. in mathematics from the College of the Holy Cross and her B.S. in business administration from the University of Maryland.

Leone served as Aviva's Assistant Vice President of Marketing Services since June 2004. Prior to joining Aviva, she worked for Arthur Andersen Consulting in Boston, and has over 14 years of experience in the financial services industry. She earned her B.S. in communication studies from Northeastern University.

Aviva Life Insurance Company and its wholly owned subsidiary, Aviva Life Insurance Company of New York, are subsidiaries of London-based Aviva plc. Aviva plc has roots dating back to 1969 and is one of the 10 largest insurance groups in the world.

Second Griday Book Group To Discuss Yellowstone Novel

The Second Friday Book Group will meet on the third Friday next month instead of the second.

The group will meet Friday, Sept. 15, at 9:30 a.m. in the children's room at the Thomas Crane Public Library to discuss the novel *Letters from Yellowstone*, by Diane Smith.

The novel tells the story written entirely in letters by Professor Howard Merriam as he plans in 1898 to put together an expedition to study botany in Yellowstone National Park.

He is more than pleased to accept a young medical student as a member of the group — until he meets A. E. Bartram face-to-face and finds out the A stands for Alexandra.

Copies of the book are available for checkout at the Main Library, 40 Washington St. Parents may bring their children and age appropriate activities will be available.

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The City of Quincy invites sealed bids/proposals for furnishing and delivering to the City of Quincy:

PUBLIC WORKS	**DEEP MINED ROCK SALT**	**SEPTEMBER 12,2006 @ 10:30A.M.**
PUBLIC WORKS	**WINTER SAND BID**	**SEPTEMBER 12,2006 @ 10:45A.M.**
PUBLIC WORKS	**BITUMINOUS CONCRETE & CRUSHED STONE**	**SEPTEMBER 12,2006 @ 11:00A.M.**
PUBLIC WORKS	**READY MIX CONCRETE/CDF/BAGGED CEMENT**	**SEPTEMBER 12,2006 @ 11:15A.M.**

Detailed specifications are on file at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30AM and 4:30PM.

Bids must state exceptions, if any, the delivery date and any allowable discounts. Bids/Proposals must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked **"BID ENCLOSED"** with time/date of bid call.

Firm bid prices will be given first consideration. Bids/Proposals will be received at the office of the Purchasing Agent until the time and date stated above, at which time and date they will be publicly opened and read. Late Bids/Proposals, delivered by mail or in person, will be rejected.

If applicable, bids shall be in accordance with M.G.L. Chapter 30B, Chapter 149 as amended, and Chapter 30, Sections 39A, 39B and 39F-R.

The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informalities in the bidding if it is in the best interest of the City to do so.

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Morrissey Petitions For Senate To Reconvene To Vote On Critical Bills

State Senator Michael Morrissey is one of 11 senators who have signed a letter to Senate President Robert Travaglini requesting that the Senate reconvene to vote on some critical legislation, including one that would extend the statute of limitations on sexual abuse crimes against children.

The House and Senate adopted different versions. The Senate was not able to take up the matter before the session expired on midnight, July 31 because of the extensive changes made by the House.

"I hope that the President looks favorably on our request, and this important matter is taken up as soon as possible," said Morrissey.

At the start of this year's session, Morrissey co-sponsored two bills that would remove the statute of limitations in cases involving the sexual abuse of a child. The bills were taken up in a public hearing of the Joint Committee on the Judiciary. The Judiciary Committee endorsed a 10 year extension, from 15 to 25 years, for the statute of limitations for victims of sexual crimes as children to report their cases for prosecution.

"Although the bill in its current form is weaker than originally filed," said Morrissey, a co-sponsor of the legislation, "we can come back into session and take a stand in support of children and close loopholes currently enjoyed by many sex offenders."

In the letter to Travaglini dated Aug. 11, Morrissey and his colleagues asked Travaglini to recognize that "the victims of sexual abuse have suffered through inexplicable pain and torment throughout their lives and this legislation would recognize their plight by providing them with more time to bring closure to their lives."

The legislature has a number of other legislative business that could be taken up formally, such as the IT Bond Bill which includes funding for the University of Massachusetts, the state police and a matching grant for the Federal Safe Drinking Water Act.

"The legislature can also consider a number of vetoes that were not acted on," said Morrissey.

Alzheimer's Forum On Memory Oct. 19

The Alzheimer's Association and the Council on Aging will present an informal talk on memory loss Thursday, Oct. 19, from 10 a.m. to 12:30 p.m. at the Koch Park and Recreation Complex, One Merrymount Parkway, Quincy.

The program, presented by Jamie Gutner, will provide an overview of Alzheimer's Disease, how to obtain diagnosis, addressing behavior and communication problems.

For reservation, call 617-376-1506.

Farmer's Market Coupons At COA

The Council on Aging has a number of coupons for the Farmer's Market, which is held every Friday in the Hancock Parking Lot in Quincy Center.

The coupons can be picked up at the Council's office, 83 Saratoga St., North Quincy, on Tuesdays, Thursdays and Fridays.

For more information, call 617-376-1506.

Student Reading Skills Honed At Ward 4 Center

The Ward 4 Community Center is offering a back-to-school brush up on reading skills for students entering grades one to three or new readers,

The program, taught by Rita Brutto, a certified elementary reading teacher, focuses on basic skills and will run from Monday, Aug. 28 through Friday, Sept. 1, from 9 to 10:15 a.m.

Classes Start Sept. 11

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REAL ESTATE

As Sales Of Homes And Condos Ease

Prices Stabilize Across Bay State In Spring Quarter

The Bay State housing market continued its cool down in the second quarter of 2006 as higher mortgage rates, a weak labor market, and a sharp rise in the inventory of unsold homes prompted buyers to proceed more cautiously before purchasing homes this spring, according to recent data issued by the Massachusetts Association of Realtors (MAR).

Across Massachusetts, a total of 12,439 detached single-family homes were sold in the second quarter of 2006, a decrease of 10.6 percent from the spring quarter last year when 13,918 homes sold. It's the fifth consecutive quarter that activity in the single-family home market has declined from the same period one year earlier. Sales of condominiums also fell this spring, though less significantly, declining 8.9 percent from a second quarter high of 6,790 units sold from April-June 2005 to 6,185 units sold in the comparable three-month period this year.

The MAR report found that this was the third busiest second quarter on record for the state's housing market, with the 18,624 homes and condos sold from April-June 2006 surpassed only by the 20,708 homes and condominiums sold in the 2005 second quarter and the 20,529 resident properties sold in the second quarter of 2004.

Regionally, in the spring quarter, sales of detached single-family homes declined in all areas of the state except Western Massachusetts, where sales were essentially flat, rising just 0.5 percent over the 2005 second quarter sales level. Sales fell a modest 4.6 percent in greater Boston, declined 13-14 percent in the Northeast region, South Shore and Southeastern Mass., and decreased 15-18 in Barnstable and Worcester counties.

Most regions also reported a drop in condo sales over the past year, but there was a modest sales growth of 2.2 percent in the Central region and a 26.9 percent increase in sales in the South Coast communities that comprise the Greater Fall River/New Bedford area. Sales slipped 3.2 percent in Western Mass., 6-8 percent along the South Shore and in greater Boston, but fell sharply by 33.9 percent on Cape Cod.

This spring, the number of single-family properties for sale across the state reached a new all-time high, the MAR report found. Over the past year, the inventory of detached homes and condos on the market rose steadily by 27 percent, from a monthly average of 49,931 listings in the second quarters of 2005 to 63,433 in the same quarter this year. At the current sales pace, this presents 10.2 months of supply, up from 7.2 months of suppy in the second quarter a year ago.

The time it takes to sell residential property in the Bay State has risen an average of 3-4 weeks in the past year. This spring, detached single-family homes were on the market an average of 120 days before selling, compared to 95 days for homes sold from April-June 2005. Similarly, the market time for condominiums increased from an average of 81 days in the second quarter last year to 112 days for units placed under agreement in the comparable quarter this year.

With the market finally starting to return to a more normal sales pace, selling prices has stabilized over the past year, data from the MAR report shows. During the spring quarter, hte statewide median selling price for detached single-family homes decreased a modest 1.3 percent, from $364,900 in the second quarter of 2005 to $360,000 in the same three-month period this year. It's the second consecutive quarter the median selling price has declined on an annualized basis, and reflects a price drop of 2.7 percent from the all-time high quarterly median of $370,000 set in the 2005 third quarter.

Meanwhile, in the condominium market, the statewide median selling price remained flat over the past 12 months at $280,000. This marks the first timme in 30 quarters that the median price for condos has not risen on a year-to-year basis.

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Treat Within Walls To Rid Home Of Ants

(NUC) - If you see a trail of tiny black specs moving along your kitchen counter, you may have a serious ant problem.

In severe cases, these critters are all around the home.

"When ants go looking for food, their trails pass through voids in walls, window bays, under cabinets and carpeting and above ceilings," said Dr. Deanna Branscome, technical representative at Syngenta, a leading manufacturer of professional pest control products.

A PROFESSIONAL pest control treatment applied to void areas in walls can help keep ants at bay.

"In some cases, ant colonies make these wall voids their home. So, the ants you see on your counter could be living just behind it."

Ants enter the walls through openings in your home's exterior and then follow plumbing or other lines to find food or water inside. That's why you so often see ants around sinks and dishwashers.

Many ant problems are treated at the perimeter of a home. These treatments work well when ants enter your home to find food and take it back to their nest outdoors, but they are ineffective when ants have already moved into your walls.

Treating within walls can reach ant colonies that have moved their nests inside, while keeping indoor chemical application away from people and pets.

Branscome's company, Syngenta, offers Optigard ZT, the first nonrepellent insecticide specifically designed for treatment of void areas.

"When treating within walls there is a benefit in having your pest control company use a nonrepellent insecticide," Branscome said. "Nonrepellents allow ants to walk through the treated area and carry the insecticide back to their nest, which helps eliminate the colony."

If ants are inside your home, they are very difficult to control on your own. A professional pest control company can inspect your home, find the ant nests and create a targeted treatment program focused on those locations.

For more information, visit www.securechoice.us

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Quincy - 4 Unit Building: Each unit has1 bedroom, 1 bath per unit. Off street parking will accommodate 10 cars. Ideal condo conversion opportunity! Offered at $519K.

Boston - North End - 4 residential units and 1 storefront. 3,570 sf. total. Delightful backyard. Outstanding North End location. Fully occupied. Ideal steady income property. Offered at $1.2 mil.

Quincy - Legal in-law or 2-Family. 1,803 sq. ft. gross living area. Main unit has 5 rooms, including 2 bedrooms and 1 bath. Offered at $295,000.

Rockland - 12,000 sf office/retail. Prime downtown location. Outstanding opportunity. Offered at $975K.

QUINCY - Great Opportunity! 41,777 sf. site with 4,528 sf. commercial building. Industrial A zone. 3 parcels of land just outside Crown Colony Office Park! Immediate access to major expressways.

Quincy - Crown Colony - 350 +/- sf medical office condo in South Shore's premier office park location. Features large open area, oversize windows and reception area.

Marshfield - 4,000 Square Feet Office building on a17, 860 Square Feet site. Perfect for user with income potential. 3 Units, 19 off-street spots, Zoned B-1. Easy access to Rt. 139 and local amenities. Offered at $649,000

Quincy - Stunning three-level townhouse w/ 2 master bedrooms. One master with jacuzzi tub. 2 1/2 baths total. 2,745 sf of living area. Finished lower living area. Offered at $539,900.

Dorchester - Dorchester Up to 10,000 square feet of prime office space in high traffic/visibility location on Gallivan Blvd. Ample pkg. Close MBTA & Expressway access.$12/sf gross.

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Real Estate

Energy Efficiency While Remodeling

(NAPS) According to the National Association of Homebuilders, Americans spent approximately $215 billion remodeling their homes in 2005. So if planning to renovate, remember it can pay to make the home more energy efficient while remodeling.

"Homeowners are putting extra emphasis on energy cost savings when remodeling their homes," said Danny Lipford, home-building expert and host of the television show "Today's Homeowner with Danny Lipford."

"Projects that provide more energy efficiency have proven to help reduce heating and cooling costs, in some cases by up to 15 percent," said Lipford.

Lipford says that homeowners would be wise to seek every possible way to keep their homes energy efficient and resistant to moisture. He recommends asking the contractor plenty of questions early in the remodeling process. Find out where he/she thinks energy savings can be maximized, where energy can be lost during a renovation, how to protect against potential weather damage and if he/she plans to use innovative products such as DuPont Tyvek Weatherization Systems Products that can help save energy while protecting the home.

TIPS FOR HOMEOWNERS

ZONE #1: The Attic

Attic insulation can result in significant energy savings, reducing heating and cooling costs by using innovative building materials like DuPont Tyvek AtticWrap. "Some of the most effective solutions that help make homes more efficient are the ones you can't see and are important to focus on early in the remodeling process," said Lipford.

Zone #2: The Walls

During construction, contractors can use a house wrap-such as DuPont Tyvek HomeWrap, which meets ENERGY STAR standards-under the siding. The wrap protects the house like a wind-breaker, forming a protective skin around the walls, doors and windows. Installing house wrap can help lower heating and cooling costs by keeping outside air and water out while allowing moisture to escape. Without a quality house wrap, homes are more vulnerable to exterior deterioration, air and water infiltration and possibly mold.

Zone #3: The Windows

Vinyl windows have become one of the most popular choices for superior energy efficiency and moisture management, especially when flashed correctly and installed with insulation glass panels.

For more information, visit www.construction.tyvek.com.

Jonathan Gerand Joins Mount Vernon Mortgage

Jonathan Gerand of Quincy has joined Mount Vernon Mortgage Corporation of Weymouth as a Mortgage Consultant.

Gerand is a graduate of Merrimack College where he earned his degree in Finance.

Neighborhood Housing Services Homebuyer Workshop Sept. 11, 16

Neighborhood Housing Services of the South Shore, in conjunction with Brockton Housing Partnership, will hold a First-Time Homebuyer Workshop Sept. 11 from 6 to 8 p.m. and Sept. 16 from 9 a.m. to 4 p.m.

They will be held at the Cape Verdean Association, 575 North Montello St., Brockton, and will be taught in Cape Verdean. Attendance at both workshops is mandatory to receive a homebuying certificate.

All potential first-time homebuyers are encouraged to attend. Participants will have the opportunity to be pre-qualified by a lender.

Topics include mortgage options, legal aspects of the homebuying process, how a home inspection works and other presentations from real estate professionals.

Participants must complete the workshop to qualify for grant programs.

There is a $15 fee per person. There will be refreshments and free gifts.

Call 617-770-2227, ext. 31, or visit www.neighborhoodhousing.org.

THIS IS A HAMMER

By Samantha Mazzotta

Marble Chips Stained by Mildew

Q. We have a 2-foot border of marble chips around our house. On the backside of the house, the marble chips have become tarnished to a dark brown by mold and mildew. Tilex seems to kill the mold/mildew, but doesn't return the color. Obviously, I can't clean each individual stone by hand. Are there any products or methods available to kill the mold/mildew and return the marble chips to their original white luster? Thanks. — *Bob G. in West Virginia*

A. You could have a tough job ahead, because you just might have to clean each stone by hand. However, before we go to that extreme, let's try a couple of other tricks first.

A bathroom tile cleaner may not be the best thing for cleaning marble. As you mentioned, the cleaner killed the mold and mildew but didn't get rid of the tarnish. The next step is to test a few different cleaners on one or two of the marble chips to see what the results are.

Put away the name-brand cleaner (which may contribute to the staining problem rather than solve it) and pick up some plain old Borax, a stain fighter and fungicide (and a heckuva pest-control solution, but that's for another column). Mix the powder with water at the ratio recommended on the package and sponge it onto one of the stained marble chips. Let it sit for about 10 minutes, then rinse the stone. Do the same with a half-and-half solution of vinegar and water, and then a one-third to two-thirds solution of bleach and water. Let the chips dry and note the results.

If you find a good solution, apply it either by hand with a thick sponge (wear rubber gloves to protect your skin) and rinse with a garden hose, or look into renting a pressure washer and spraying on the solution at low pressure and then rinsing it off at a higher pressure to speed up the job.

Professional marble cleaners are also available at home-improvement and flooring stores. These will cost more than the household solutions and may only be applicable by hand, but if nothing else works, these may do the trick — remove the mildew and restore the color.

Send questions or home repair tips to homeguru2000@hotmail.com, or write This Is a Hammer, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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Tips On Making Over A Home Office

(NUC) - Most people have some type of a home office. Whether it's used for work, managing household finances or helping the kids with homework, there is usually a room designated for a computer, printer, filing cabinet and other office supplies.

If you haven't spent much time planning your home office, you may wind up with a cramped, cluttered, uncomfortable space that simply doesn't inspire productivity. Genevieve Gorder of TLC's "Trading Spaces" has a few tips for getting your home office in workable condition:

GENEVIEVE GORDER

• Start from scratch. Clear out your entire office and paint it a fresh color that inspires you or makes you feel focused. Stay away from reds and blues; choose energizing greens, comforting golds or pale yellows. Color is a bold and inexpensive way to transform a room.

• Organize. When it comes to organizing, think modular, so you can move pieces around to suit your various needs and create more desk space. Determine which items you will need easy access to and arrange them accordingly. Bins and boxes are great for storing the things you're not using all the time and give the room a clean and organized look.

• Declutter your desktop. This applies to your virtual desktop as well as your physical one. A recent survey by Harris Interactive revealed that 61 percent of PC owners are more likely to store their music, photos and other personal files on their computer rather than anywhere else in their house. However, it can be frustrating if the information you need isn't easy to locate because you've forgotten the file name or the folder where it's stored.

Software, such as Windows Desktop Search, is available to help you search, organize and store digital photos, music, financial files and more. It is available as a free download at http://desktop .msn.com.

• Install soothing lighting. Stay away from harsh, fluorescent lights. Lamps and dimmer switches help create a comfortable, inviting work space.

• Choose comfortable furniture. Consider an ergonomic chair that won't strain your back over the course of a busy day.

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KATHY KEANE cuts the ribbon at the grand opening of the Health Tree Yoga & Wellness Center at 605 Hancock St., Wollaston. Left to right, Dean Rizzo, executive director of Quincy 2000 Collaborative; co-owner Mark Keane; co-owner Kathy Keane; Nancy Mui from Ascend Tutoring & Services, a member of the Wollaston Business Partnership; and City Council President Doug Gutro.

Healing Tree Yoga Offers Classes And Treatments

Healing Tree Yoga & Wellness Center recently celebrated its grand opening in Wollaston Center, ready to deliver daily yoga and pilates classes as well as healing treatments, massages and a variety of wellness programs.

The opening at 605 Hancock St. was attended by City Council President Doug Gutro; Dean Rizzo, executive director of Quincy 2000 Collaborative; and Nancy Mui from Ascend Tutoring & Services, a member of the Wollaston Business Partnership.

Owners Kathy Keane, an experience yoga instructor, and her husband, Mark, a former marketing executive, have combined their respective talents to assist people in improving their lives through healthy practices and education.

Healing Tree Yoga enhances their classes and treatments with a wide variety of workshops and special events throughout the week.

The business on the second floor is a short walk from the Wollaston T Station and has something that is becoming a rarity in Quincy — ample parking within an adjacent lot.

"Starting Sept. 5, we will begin a Fall Lounge Talk series every Monday, Tuesday and Wednesday from 7:15 to 8:30 p.m. which will feature free seminars by life coaches, alternative healers, doctors and nutritionists," said Kathy Keane.

Healing Tree Yoga is designed to appeal to all ages and levels of fitness.

Baby boomers will enjoy the gentle flow of yoga practice, seniors can work on chronic conditions and children can learn to quiet their minds and strengthen their bodies.

For more information, drop in at the Center or visit their website at **www.healingtreeyoga.com**.

Free Blood Pressure Clinic At Beechwood Center

Beechwood On The Bay, 440 East Squantum St., offers free blood pressure screenings for Quincy seniors, Thursdays from 10:30 a.m.-noon, preceding the center's senior luncheon.

The blood pressure clinics, provided by Fallon Ambulance personnel, are free and open to all. No reservations are needed.

To register for the Thursday Lunch Program, or for additional information about Beechwood's senior programs, call Maryann Mahoney at 617-471-5712.

RIBBON CUTTING was recently help to officially open the new Tedeschi Food Shops & Deli at 651 Adams St., Quincy. From left are: Rick Armstrong, John Connell, Al Abajoli, Charlie Fitzgibbons, Ray Tedeschi, Bob Tedeschi, Bob McGann, Tom Rearson, Steve Monaco, Dean Lamar and Tom Hart.

Tedeschi Food Shops & Deli Opens At 651 Adams St.

Tedeschi Food Shops, Inc., recently opened its newest store in Quincy at 651 Adams St.

The newly Quincy store features a fresh bakery that bakes bread and rolls every day, a full-service deli featuring fresh made to order subs on freshly baked sub rolls, and Green Mountain Coffee.

"We are absolutely thrilled to open our newest store in Quincy," said Tom Hart, vice president of sales for Tedeschi Food Shops, Inc. "This Quincy location is the culmination of many months of planning and hard work. The new Quincy location features our new Tedeschi Food Shops logo design and it is the first location where we are unveiling our new layout, new colors and new colorful graphics.

The new Tedeschi Food Shops & Deli is open from 7 a.m. to 11 p.m. seven days a week.

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ATLANTIC MIDDLE SCHOOL winners: Seated, sixth-graders Paul Lally, Brielyn O'Leary and Donna Niosi. Standing, Beverly Beckham of the Boston Globe, guest speaker at the awards dinner; seventh-graders Christopher Cataldo, Kelsey Kelley and Sheriff Michael Bellotti.

BROAD MEADOWS Middle School: Seated, sixth-graders Alexandra Fareri, Peter Giunta and Thomas O'Brien. Standing, Beverly Beckham and Sheriff Michael Bellotti.

31 Quincy Winners In Sheriff's Essay Contest

Middle school students from Quincy and other Norfolk County communities received high praise for their participation in Sheriff Michael Bellotti's annual School Essay Contest.

Out of 748 essays submitted, 77 students received top honors for their compositions on the subject of who they look up to as a role model.

Boston Globe Columnist Beverly Beckham, guest speaker at the recent awards ceremony, expressed her delight at children being celebrated for something a little different- in this case, their writing ability.

"We're usually giving awards for sports or other accomplishments, which is good, but it's nice to see students being recognized for writing," Beckham told the crowd of nearly 300 students, parents and teachers at Apollo Restaurant in Norwood.

She encouraged the children to keep a journal and write in it every day.

Sheriff Bellotti said the students did an "incredible job" writing their essays and describing the importance of a role model and who their own role models are.

"We know that children with positive role models are better equipped to handle the challenges that life will bring their way," Bellotti said. "And being able to express and explore these ideas through writing gives students a better understanding of themselves and the world around them."

Many of the students shared personal stories of friendships that have had an impact on their lives and other people they look up to in a positive way.

The most frequently mentioned role models in the essays were fathers, mothers, sports figures, grandparents and teachers.

Representing Quincy from the Atlantic, Broad Meadows, Central, Point Webster and Sterling Middle Schools were:

Atlantic Middle School:
6th Grade:
First Place: Paul Lally
Second Place: Brielyn O'Leary
Third Place: Donna Niosi
7th Grade:
First Place: Abigail Gardner
Second Place: Christopher Cataldo
Third Place: Kelsey Kelley

Broad Meadows Middle School:
6th Grade:
First Place: Alexandra Fareri
Second Place: Peter Giunta
Third Place: Thomas O'Brien

Central Middle School:
6th Grade:
First Place: Sruti Parvataneni
Second Place: Zachary Cocco
Third Place: Ryan Ketner
8th Grade:
First Place: Drew Leahy
Second Place: Sarah Minton
Third Place Sarah Schulte

Point Webster Middle School
6th Grade:
First Place: Blair Hajjar
Second Place: Amber Jones
Third Place: Felix Reynolds
7th Grade:
First Place: Kellie Newman
Second Place: Leslie Garcia
8th Grade:
First Place: Nurulaane Tauhid
Second Place: Kylie Kozlowski

Sterling Middle School
6th Grade
First Place: Nicole Parry
Second Place: Juliette Callahan
Third Place: Lisamarie Flora
7th Grade
First Place: Vinny Wang
Second Place: Courtney Hyman
Third Place: Tiana McQueen
8th Grade:
First Place: Jordan McMurray
Second Place: Joseph Anshewitz
Third Place: Nerry Francois

In addition to Quincy, students from Braintree, Brookline, Canton, Dover, Holbrook, Norwood, Randolph, Stoughton and Weymouth participated in the essay contest.

"I'm grateful to all the teachers, principals and school superintendents for getting their students involved and recognizing the value of this contest," Bellotti said.

Staff members from the Sheriff's Youth Division choose the winners after grading the essays on grammar, composition and overall development of ideas.

The School Essay Contest is part of Bellotti's commitment to youth development. He also has an after-school program in Braintree during the school year that focuses on outdoor adventure-based education and leadership skills.

He also operates the annual Youth Leadership Academy and a basketball academy in the summer.

For more information about Bellotti's youth programs, call Deputy Supt. William Knight at 781-751-3577.

CENTRAL MIDDLE SCHOOL: Seated, sixth-graders Sruti Parvataneni, Zachary Cocco and Ryan Ketner. Standing, Beverly Beckham, eighth-graders Drew Leahy, Sarah Minton, Sarah Schulte, Assistant Principal Peter Chella and Sheriff Michael Bellotti.

POINT WEBSTER Middle School: Seated, sixth-graders Blair Hajjar, Amber Jones and Felix Reynolds. Standing, Beverly Beckham, Assistant Principal Stacey Bucci, seventh-graders Kellie Newman, Leslie Garcia, eighth-graders Nurulaane Tauhid, Kylie Kozlowski and Sheriff Michael Bellotti.

STERLING MIDDLE SCHOOL: Seated, sixth-graders Nicole Parry, Juliette Callahan and Lisamarie Flora. Standing, Beverly Beckham, seventh-graders Vinny Wang, Courtney Hyman, Tiana McQueen, eighth-graders Jordan McMurray, Joseph Anshewitz, Nerry Francois and Sheriff Michael Bellotti.

QUINCY POLICE HOT SPOTS

QUINCY POLICE STATISTICS: Aug. 11 - Aug. 17
Total Calls for Service: **1241**
Total Arrests: **37**
Total Stolen Cars: **2**

FRIDAY, AUGUST 11

VANDALISM/PROPERTY, 6:59 a.m., Presidents Plaza, 215 Quincy Ave. In the parking lot. Vandalism (spray paint) to two buses. Spray paint is blue and pink. Caller states a third bus was also vandalized in the same manner (all four sides) with blue and pink spray paint.

VANDALISM/PROPERTY, 11:08 a.m., 33 Newport Ave. Window broken.

LARCENY, 11:11 a.m., 15 Miles Dr. Laptop computer taken yesterday.

BREAKING AND ENTERING/PAST, 12:34 p.m., Rawson Rd. Dwelling. Caller just arrived home, leaving the house, not sure if anyone is still in the house. Checked home, no one inside.

VANDALISM/PROPERTY, 4:01 p.m., 158 Standish Rd. Past/pool. Several sharp items were thrown into pool.

VANDALISM/PROPERTY, 6:27 p.m., 134 Independence Ave. Pool.

LARCENY, 6:50 p.m., 58 South St. Past.

BREAKING AND ENTERING/ATTEMPT, 7:11 p.m., Baystate Rd. Past.

VANDALISM/PROPERTY, 9:59 p.m., 135 Quincy Ave. Car egged. Two youths egged car as he was driving by.

SATURDAY, AUG. 12

BREAKING AND ENTERING/PAST, 7:44 Martensen St. Overnight. All doors seem secure.

BREAKING AND ENTERING/PAST, 10:12 a.m., AA Metro Transportation, 111 Penn St. Cash.

VANDALISM/PROPERTY, 11:01 a.m., Walgreen Pharmacy, 418 Quincy Ave. Tire slashed. Caller had an altercation at the pharmacy. Unknown who the party is, but believes it may have been the person who slashed his tire.

LARCENY, 3:03 p.m., Family Dollar, 1445 Hancock St. Past. Purse was stolen while shopping in Family Dollar. No valuables in purse – just set of keys.

SUNDAY, AUG. 13

LARCENY/MOTOR VEHICLE, 12:43 a.m., Gilbert St. and Roberts St. Just taken. 1994 Dodge Spirit, color blue, no plates, was being repossessed. Keys were stuck in vehicle, unknown youths took motor vehicle about 25 minutes ago while repo man getting help.

VANDALISM/PROPERTY, 9:23 a.m., 99 Bayside Rd. Car egged. House hit by paintballs the other night, today her car was hit by paintballs.

VANDALISM/PROPERTY, 10:35 a.m., 24 Hamilton Ave. Past. Baseball broke window.

VANDALISM/PROPERTY, 12:12 p.m., 502 Sea St. Tagging on caller's garage door – "216 KAOS" written on garage door.

MONDAY, AUG. 14

BREAKING AND ENTERING/PROGRESS, 12:52 a.m., Dunkin' Donuts, 100 Granite St. Business. Officer states it appears the door to the shed has been forced.

VANDALISM/PROPERTY, 1:21 a.m., 500 Victory Rd. Beer in car. Unknown party poured beer into car through sun roof.

ARMED ROBBERY, 3:34 a.m., 319 Victory Rd./alley. Gun shown.

LARCENY/MOTOR VEHICLE, 9:03 a.m., Phillips JN Glass Co., 1011 Hancock St. Van. Taken Aug. 12 around 10 p.m. Vehicle is GPS equipped, last tracked in Stoneham. 1997 Ford Econovan, color white.

ASSAULT AND BATTERY, 11:26 a.m., Elliot Ave. Past incident. Party assaulted.

VANDALISM/PROPERTY, 11:58 a.m., 391 Granite St. In progress. Several youths putting jelly on people's vehicle. All advised, parents notified. Kids were using packages of jelly.

LARCENY, 2:03 p.m., Star Market, 130 Granite St. Hand bag.

VANDALISM/PROPERTY, 4:65 p.m., 34 Holmes St. Past. Motor vehicle was keyed.

VANDALISM/PROPERTY, 4:50 p.m., St. Mary's Cemetery, Reardon St. Tagging. Caller reports youths in cemetery by the end of Reardon Way spray painting. Caller's son was there visiting a grave site, called his mother who called here. Parties voluntarily cleaning the graffiti.

TUESDAY, AUGUST 15

LARCENY, 11:18 a.m., 435 Hancock St. Wire. $7,000 taken from construction site.

INDECENT ASSAULT AND BATTERY, 12:13 p.m., 72 Captains Walk. Six-year-old girl and eight-year-old boy touched inappropriately by party. Off. Breen to file a report to juvenile department, will advise parents. Incident occurred outside in rear of 72 Captains Walk.

LARCENY, 2:34 p.m., All-Town Check Cashing, 34 School St. By check.

ASSAULT AND BATTERY, 10:23 p.m., Clam Box, 789 Quincy Shore Dr. Past.

BREAKING AND ENTERING/PROGRESS, 10:57 p.m., St. Chrysostom's Church, 1 Linden St. Church. Kicking door of church (front). Two males in custody. One arrested on warrants. Suspects additionally charged with breaking and entering nighttime, wanton destruction, assault and battery police officer, and resisting arrest.

WEDNESDAY, AUGUST 16

BREAKING AND ENTERING/PAST, 10:55 a.m., Classic Tuxedo, 247 Quincy Ave. Business. Surveillance video shows at 2:45 a.m., thin black male, dark pants, white shirt, white sneakers, and light or white ball cap enters building and steals cash register containing $40, Dell computer and a tuxedo jacket. Entry was made by punching a baseball-sized hole in glass of front door and then unlocking same.

LARCENY, 2 p.m., 433B Sea St. Cell phone. Nextel 1760 cellular phone stolen this date around 3 a.m.

LARCENY, 4:23 p.m., 179 Liberty St. By check. Subject sold items on-line, received check that turned out to be worthless.

BREAKING AND ENTERING/PAST, 6:35 p.m., 270 Quarry St. Dwelling. Entry made via unlocked sliding door. Toshiba CPU, monitor, printer/scanner, Sims cellphone card and a Sony CD player were stolen.

LARCENY, 10:22 p.m., Walgreen Pharmacy, 550 Adams St. Drugs. An unknown woman picked up this victim's prescription at Walgreen's on Adams St., larceny of a drug.

THURSDAY, AUGUST 17

LARCENY, 10:33 a.m., 11 Intervale St. Debit card. Someone took $300 from ATM this morning at 7-11 Copeland St. at 7:21 a.m. Suspect admitted theft, will make restitution.

VANDALISM/PROPERTY, 12:13 p.m., Quincy Public Works, 55 Sea St. Motor vehicle keyed numerous times while parked at above.

LARCENY, 12:23 p.m., 5 Whaler Ln. Samsung T509 cellular phone stolen on Aug. 12 from house.

LARCENY, 2:27 p.m., Bay Shore Construction, 111 Penn St. Staging. Staging and ladders stolen over the weekend.

LARCENY, 5:07 p.m., Clipper Apartments, 75 Palmer St. Fishing gear. Fishing rod and tackle box taken from boat at the marina.

If you have information on the above crimes, or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764**. If you wish to report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. If you wish to make an appointment to view the **Registered Sex Offenders** book, call **617-745-5768**.

If you wish to contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us--*Lt. Dan Minton.*

Scam Alert

One of the most recent, but by no means new scam, involves a telephone ruse. The calls, which have been made mostly to Weymouth residents, comes from an excited caller stating "your nephew is in trouble and needs money," using a common name like John or Steve if asked.

There are variations of the ruse, with the victim asked to either leave the money in their mailbox or bring it to a predetermined location. Although most people would not fall for something like this, there are enough victims out there to make this scam profitable.

As always, get further information and give the police a call. It is never a good idea to meet an unknown person with a large sum of money!

By LT. DAN MINTON

A Job Well Done

By LT. DAN MINTON

On Aug. 8, at approximately 12:45 a.m., Officer M.J. O'Brien arrived at the WaterWorks nightclub to assist detail Officers Ed Ryan and Terrence Downing in dispersing the crowd at closing time.

LT. DAN MINTON

The officers had a difficult time attempting to remove one patron who was being loud and obnoxious, swearing at them and making obscene gestures. This male patron (suspect No. 1) was accompanied by a female (suspect No. 2) who joined in with foul language.

The suspects did not like that the officers told them the club was closing and they would have to leave. The behavior of the suspects resulted in approximately 40 to 50 people gathering around to watch the tirade aimed at the officers.

The officers showed great restraint as they continued to direct the suspects to keep walking away and leave the premises. The suspects were advised they would be arrested if they continued their antics, so they slowly walked away but continued shouting obscenities at the officers.

At this time, with the suspects approximately 100 yards away, they stopped and screamed more obscenities. Suspect No. 1 held his arms up at the officers and yelled, "Come on (expletive)! Come on! You want some of this?"

The behavior of the suspects was clearly disruptive to the community and hindering the ability of the officers to disperse the crowd at the club. O'Brien jumped into his cruiser and drove to the suspects, but suspect No. 1 immediately ran away.

O'Brien attempted to run after him and as he ran by suspect No. 2, she shouted, "Don't you touch him (expletive)," and she shoved the officer with both hands, knocking him off balance and nearly to the ground.

Ryan, who was directly behind O'Brien, immediately handcuffed suspect No. 2. O'Brien and additional officers searched for suspect No. 1 in the MDC parking lot, where he was last seen.

After searching for several minutes, State Troopers Bill Cameron and Steve Johnson, who were patrolling the area in an unmarked cruiser, pulled up and stated they may have the person the Quincy officers were looking for.

They said the man ran up to them, opened up the rear door, jumped in and excitedly yelled, "Get me out of here. The police are chasing me!" O'Brien opened the cruiser door and identified the passenger as suspect No. 1 and told him to get out of the car. Suspect No. 1 refused to get out and as officers tried to remove him, he flailed and squirmed about until additional officers were able to extricate him.

Suspect No. 1, a 26-year-old male from Weymouth, was charged with "Disorderly Conduct" and "Knowingly Resisting Arrest." Suspect No. 2 and wife of suspect No. 1, also from Weymouth, was charged with "Assault and Battery on a Police Officer" and "Disorderly Conduct." Nice work!

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Spotlight On Health & Fitness

From Start To Fitness

by Andrea Wyatt M.S.S., C.S.C.S.

Do Children Need Personal Trainer?

Q. Despite numerous attempts to get my children up and moving, they're still not as active as I would like. A neighbor suggested signing them up with a personal trainer to help them stay in shape. Her children work with a trainer, and she has seen an improvement in their body composition and attitude toward exercise. My children are 10 and 12 years old. Does working out with a trainer sound like a good idea?

A. Motivating children to enjoy and engage in physical activity has become harder and harder lately. The days of children running from yard to yard playing with each other until the street lights come on has been replaced with hours of television and video games. With the rise in childhood obesity and other medical conditions associated with inactivity, the use of a personal trainer might be an innovative and fun way to get your children moving.

A certified personal trainer will be able to create a fitness program to suit the needs of any client, including children. Although your children may be working with a trainer, that doesn't mean they will have to lift heavy weights or work on exercise equipment. For children, these sessions could resemble a classic physical education class, where the use of bodyweight exercises such as push ups can be used in addition to other fitness tools to introduce fun back into being active.

A trainer also will take into consideration the age of the children and develop an appropriate program to ensure their safety while increasing their fitness level.

Hire a trainer who is certified and has experience working with children. Discuss your goals for your children with the trainer and stay involved with their progress. Ask the trainer to give you feedback so that you can positively reinforce healthy behaviors at home.

Another idea may be to have your children exercise with your neighbor's children in a group. Group training is a great way to encourage children to exercise with others and can allow them to not feel like outsiders.

The key word to remember is "fun!" Promoting a healthy lifestyle for your children should begin at home, and a little help from the outside can make it easier.

Always consult a physician before beginning an exercise program. Andrea Renee Wyatt, M.S.S., C.S.C.S., is a certified personal trainer with an extensive background in strength and conditioning as well as therapeutic recreation. If you have a fitness or training question, e-mail Andrea at letters.kfws@hearstsc.com or write her in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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Orthopedic Surgeon, Sports Medicine Physician

Dr. Eric Berkson Joins QMC Staff

Quincy Medical Center (QMC) announces Orthopedic Surgeon and Sports Medicine Physician Eric Berkson, MD, has joined the medical staff.

Dr. Berkson joins Quincy Medical Center surgeons Drs. Frederick Heller, Charles DiCecca and Marvin Rosen in Orthopaedic Surgery of Quincy, Inc., located at 909 Hancock St., Quincy.

Specializing in treatment of shoulder, elbow and knee injuries, Dr. Berkson has advanced training and expertise in minimally invasive, arthroscopic techniques, cartilage restorative procedures, knee ligament reconstruction and rotator cuff repair.

A graduate of the prestigious Sports Medicine clinical fellowship in the Department of Orthopaedic Surgery at Massachusetts General Hospital, Dr. Berkson has a clinical interest in the treatment of sports injuries and focuses on assisting athletes – at all age levels – to return to their highest level of pre-injury function, with an emphasis on early, post-operative rehabilitation. He has provided medical coverage for the New England Patriots, Boston Red Sox, Boston Bruins, and New Revolutions, as well as several high school and collegiate athletic teams.

DR. ERIC BERKSON

Board Eligible Orthopedic Surgery, Dr. Berkson received his medical degree, with honors, from the Pritzker School of Medicine at the University of Chicago, and completed his internship and residency with the Department of Orthopaedic Surgery at Rush University Medical Center in Chicago. He served as a clinical fellow and graduate assistant in the Section of Sports Medicine in the Department of Orthopaedic Surgery at Massachusetts General Hospital before joining Quincy Medical Center.

To learn more about Dr. Berkson or any of Quincy Medical Center's nearly 400 physicians and specialists, call the Quincy Medical Center Physician Referral Service, toll-free, 24-hours a day, at 1-877-479-CARE or 1-877-479-2273.

Quincy Medical Center (www.quincymc.org) is a 232-bed acute care community-teaching hospital providing South Shore residents with comprehensive medical and surgical services. The medical center's Alliance for Quality with Boston Medical Center (BMC), formed in 1999, brings academic medicine to the community.

At Quincy Medical Center, physicians from Boston Medical Center direct the departments of medicine, surgery, anesthesia, emergency medicine, and psychiatry. Additionally, physicians from BMC who are board-certified in a range of medical and surgical specialties work with community physicians to ensure the continuity of patient care.

Sprains, Strains And Muscle Spasms

By DR. JAY PROVENZANO

Sprain:

Have you ever been walking and slip off the curb? Your ankle turns over and you feel a wrenching pain, but can still walk back home. This is a sprain.

A sprain occurs when the joint is forced to go beyond its normal range of motion. The ligament fibers overstretch and tear. This often happens with sudden twisting in active sports. With a sprain, the joint can still function, even though minute ligament tears leak blood into the tissue surrounding the joint, causing swelling and discomfort.

Back sprains are usually severe. Pain and motion in the lower back will often cause a muscle spasm. Acute sprains require the attention of a doctor.

Strain:

If a muscle or tendon was injured and the pain is immediate, it is a strain. Strains are not as serious as sprains. They often happen when muscles aren't properly warmed up before use. Chronically strained muscles or ligaments can result from years of tension or misuse.

Spasm:

After a long drive in the car, have you ever reached in the back seat for something and had your low back muscles clamp down and cause extreme pain? This is a spasm.

A spasm is a sudden, forceful and sustained muscle contraction. It is usually caused by a direct trauma to the muscle, excessive exercise or chronic strain. You can tell when your muscle is in spasm. It bulges and is hard to the touch. The muscle is painful and feels tied in a knot. When you have a muscle spasm, all the fibers contract. With normal movement, only some of the fibers contract.

Muscles do two things. They contract and they relax. Muscles around the spine add protection. If they are overworked, the message from the nervous system to the muscle is to contract and protect. If something is wrong with the discs or facet joints, muscles go into spasm to hold everything in place, preventing further damage to the spine. A muscle in spasm serves as a splint, restricting range of motion and friction upon joints. Protective spasms can be chronic. It can even be a cause of scoliosis, abnormal spinal curvature.

What You Can Do

- Treat your muscles with the care and respect they deserve. Keep them flexible with daily slow stretching.
- Check with a chiropractor to correct any defects in joint mobility which might be causing your muscles to go into protective spasm.
- Warm up your muscles and joints before exercise.
- Stretch them out when you are through exercising.

Dr. Jay Provenzano is a chiropractor at WholeBody Solutions, 605 Hancock St. For more information call 617-328-6300.

Blood Pressure Clinics Free For Seniors

Weekly blood pressure screenings for elders will be held every Monday from 10 to 11 a.m. at the Council on Aging office, 83 Saratoga St., North Quincy.

Gail Crawford, a registered nurse, will donate her time and talents to assisting senior citizens in having their blood pressure taken weekly.

Appointments can be made but walk-ins also are accepted. For more information, call 617-376-1506.

DENTISTRY for the 21st Century

by Steven A. Brustin, D.M.D.

THE EARLIEST AMERICAN DENTISTRY

One popular form of cosmetic dentistry involves the application of porcelain veneers. These thin, precisely formed shells of porcelain are placed on the outer surfaces of front teeth that have been shaved just enough to accept the new porcelain layer without altering the thickness of the tooth. The result is a gleaming, new translucent surface that corrects chipped and discolored teeth. As advanced as this technology may seem, a crude form of it was found to exist 4,500 years ago. This earliest known form of dental work in the Americas was found at a Mexican burial site, in which there was a skull with upper front teeth that had been ground down so they could be fitted with panther teeth.

Recent advances in technique and materials offer many options in the creation of brilliant smiles. A dazzling smile can ignite a room, projecting an image of self-assurance and high personal esteem. Rely on us to answer all your questions about dental treatments and procedures. We appreciate the opportunity to provide you with quality dental care. Our staff is made up of well-trained professionals who work together as a team to provide you with the highest quality treatment in a warm, caring setting. We're located at 44 Greenleaf Street. Please call 617-479-6220 to schedule an appointment for compassionate and gentle dental care. We offer the services of anesthesiology with a fully trained and qualified anesthesiologist. Visit us on the web at www.quincydentist.com.

P.S. The ancient dental modification described above was most likely for ceremonial purposes.

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Sports

2,000 Attend Tribute, Plaque Dedicated

Jimmy Fund Tourney Remembers Patrick White

The recent sixth annual Jimmy Fund Baseball Tournament had a different atmosphere than in years past.

Patrick White, for whom the tournament is played in honor of, was not physically present at Adams Field but he was there in spirit.

Patrick, a second baseman who played many years in Quincy Youth Baseball, died last November at age 15 after battling rhabdomysarcoma, a form of tissue cancer, for more than six years.

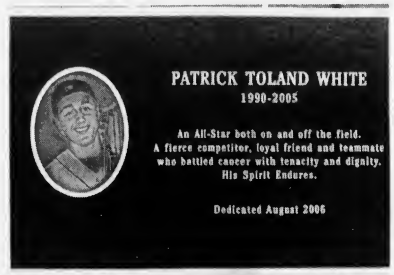
During that time, Patrick helped raise money for The Jimmy Fund and spent time visiting and supporting other young cancer patients at Dana-Farber Cancer Institute.

Patrick was remembered at the opening ceremony with an emotional, half-hour tribute before nearly 2,000 people, including many family and friends.

"It was really great," said Bob Griffin, tournament director, who also organized the event with his wife, Roseann Russell, Jane Warwick and Cindy Ouellette, and numerous volunteers. "It was very moving and touching. It was an emotional tribute."

The tourney turned out to be another big hit, raising around $27,000 to bring the six-year total to more than $115,000. The funds raised will benefit the Pediatric Solid Tumor Program within Dana-Farber/Children's Hospital Cancer Care Services.

Patrick's former team, a group of 15-year-olds coached by Mark Vialpando, repeated as champions with a thrilling victory over Weymouth. In the inaugural tourney six years, ago, Patrick's team lost to Weymouth in the final game as 10-year-olds.



A PLAQUE HONORING the late Patrick White was unveiled at Adams Field. It reads: "An All-Star both on and off the field. A fierce competitor, loyal friend and teammate who battled cancer with tenacity and dignity. His Spirit Endures."
Quincy Sun Photo/Chris Poisson

The ceremony, emceed by Tom Koch, executive director of the Park, Forestry and Cemetery Departments, began with remarks by Mayor William Phelan, Griffin and Patrick's father, Paul.

Two longtime teammates and friends, Joe Vialpando and Mike Le Bel, unveiled a plaque in Patrick's memory that reads: "An All-Star both on and off the field. A fierce competitor, loyal friend and teammate who battled cancer with tenacity and dignity. His Spirit Endures."

Boston Red Sox right fielder Trot Nixon, who knows the White family through the Jimmy Fund, attended the tribute with his young son, who threw out the ceremonial first pitch along with Patrick's sisters, Meghan and Katie.

Before the start of the game that evening, each player on the 10 participating teams carried a yellow rose and placed it at the second base position in honor of Patrick. The players, in a move that was not choreographed, lined up in the shape of the numeral seven — Patrick's uniform number — while U2's "Sometimes you can't make it on your own" could be heard over the sound system.

Billy Kiley, Patrick's best friend who played on the same team, then placed a dozen red roses on the field with Louis Armstrong's "It's a wonderful world" playing in the background.

Patrick's Quincy team took the field in the top of the first inning and paid another tribute by leaving the second base position unoccupied. Instead, coach Vialpando had the second baseman play in short right field while the roses remained on the field.

After the half inning, the ceremony concluded when the players handed the red roses to Patrick's mother, Barbara, and the yellow roses to family and friends in the stands.

COFFEE BREAK CAFÉ recently captured the championship in the Mary Pratt Division of Quincy Youth Softball. First row, from the left: Sarah Minton, Jaimie Shaughnessey, Samantha Curran, Paige Keenan. Standing: coach Dan Minton, Meg Gillespie, Corine McGarty, Eryn Curran, Samantha Bonanni, Mary Gilcoine, Kerri Glasheen, coach Jim Bonanni. Missing: Jen Conroy, Zoe Antonopoulos, Katie Hanlon, Janelle Leone, Chelsy Jusseaume.

Coffee Break Café Pratt Softball Champs

The Mary Pratt Division of Quincy Youth Softball recently finished its season with Coffee Break Café defeating Villa Rosa in extra innings for the championship at Mitchell/McCoy Field.

The girls in the league, ages 12 to 15, exhibited fine-tuned softball skills and sportsmanship throughout the season. They were coached by Jim Bonanni, Ken Gray, Meghan McCarthy, Dave Sheridan and Bob Yee.

VILLA ROSA finished as runner-up in Quincy Youth Softball's Mary Pratt Division. Front row, from the left: Lindsey Reppucci, Justine Lomanno, Jade Aresenault, Kathryn Delger, Emily Gray. Standing: Julia White, Julie Chernicki, Olivia Berry, Stephanie Mason, Maria DiPietro, coach Ken Gray. Missing: Leslie Campbell, Lisa Carey, Lauren DiBona, Melany King.

QHS Boys' Soccer Team Car Wash Saturday

The Quincy High School boys' soccer team will hold a car wash fund-raiser Saturday from 9 a.m. to 1 p.m. in the parking lot at Central Middle School.

Registration Underway For Redstocking Fall Baseball Program

Registration is ongoing for the Quincy Redstocking fall baseball program.

The eight-week program is open to any player ages 6 to 15 who wants to improve their skills by playing more games in a competitive and fun atmosphere.

The program will be directed by Mark Jaehnig, founder of the Quincy Redstocking AAU Club and longtime Quincy Little League and Quincy Legion baseball coach. He will be assisted by several high school and Legion ball players.

There are three divisions:

- Ages 6 to 9 will play Tuesdays and/or Thursdays from 4 to 6 p.m. at Quarry Hills beginning Sept. 5.
- Ages 9 to 12 will play Tuesdays and/or Thursdays from 4 to 6 p.m. at Quarry Hills beginning Sept. 5.
- Ages 12 to 15 will play Saturdays from 1 to 4 p.m. at O'Rourke Field beginning Sept. 9.

Registration forms can be picked up at 112 Billings Road or can be done by calling Mark Jaehnig at 617-472-3311. Cost is $70 per player and includes a Quincy Redstocking baseball shirt.

TECHNOLOGY YOU CAN LIVE WITH

According to a study conducted by the Insurance Institute for Highway Safety (IIHS), the technology known as "electronic stability control" (ESC) could prevent nearly one-third of the 10,000 fatal automobile crashes each year. Electronic stability control, as its name implies, is technology that prevents automobiles from rolling over. According to the IIHS, ESC was able to reduce the risk of single-vehicle rollovers involving sport utility vehicles (SUVs) by 80 percent while reducing the risk of the same in passenger cars by 77 percent. Electronic stability control involves the application of brakes to individual wheels when sensors detect that a vehicle is veering off course. It is a proven technology that saves lives.

Electronic stability control, according to the IIHS study, saves lives. If you see an indicator light on your dash regarding ESC, please get your car checked out right away. At LEO & WALT'S SUNOCO, we have the knowledge to work with today's technology, such as ESC. Located at 258 Quincy Ave., E. Braintree, we guarantee any work we do. Questions? Call 781-843-1550 today. We are your local source for propane for grills, motor homes, and converted vehicles.

HINT: Electronic stability control may be the most significant safety advancement since the advent of the seat belt.

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www.quincytrackclub.org
email: henndog89@netscape.net

CHAMPIONS OF Quincy Bay Race Week Widgeon Class from the Quincy Recreation Department's William F. Ryan Boating and Sailing Facility were skipper DJ Figueiredo (center) with crew Sean Patrick Hannon and Danny Breen.

SECOND-PLACE finishers were skipper Kelsey McCarthy (center) with crew Hannah Flattery and Andrew Fonte.

THIRD-PLACE finishers were, from the left, skipper Aiden Flattery and crew John Schwartz and Zach Dwyer.

16 Rec. Dept. Sailors Participate In Race Week

Sixteen sailors from the Quincy Recreation Department's William F. Ryan Boating and Sailing Facility at Black's Creek recently participated in Quincy Bay Race Week.

The sailors, from the advanced sailing classes, participated in seven races held at Quincy Yacht Club.

Sailing in the Widgeon Class were skipper DJ Figueiredo and crew Sean Patrick Hannon and Danny Breen, who won six of seven races to finish first overall.

Skipper Kelsey McCarthy and crew Andrew Fonte and Hannah Flattery won a race and finished second. Skipper Aiden Flattery and crew John Schwartz and Zach Dwyer placed third.

Also racing were skipper Giulia Murphy and crew Emily Hannon and Katie Breen, and skipper Mary Schwartz and crew Anthony Fonte, Jack Glennon and Leah Glennon.

The sailors were selected from the advanced class of the department's summer program and were accompanied by program supervisor Bill Croke and instructors Lisa Rice and Nate Schow.

Recreation Director Barry Welch praised the Quincy Bay Race Week Committee for "their commitment to providing the opportunity for our participants to enjoy the thrill associated with sailing in Quincy Bay. It is an experience they will never forget."

Exercise Classes For Seniors

The Quincy Council on Aging will hold a safe senior exercise program every Monday and Wednesday at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., Quincy Point.

For more information, call the Council at 617-376-1506.

Senior Bridge Club To Meet

The Council on Aging's bridge club for seniors will meet every Friday from 12:30 to 3:30 p.m. at the Dawes House on Quincy Shore Drive, corner of Channing Street.

All level players are welcome. For further information, call 617-376-1506.

DANIELLE PASCHALL and Norfolk County Sheriff Michael Bellotti at the Sheriff's Youth Leadership Academy in Braintree. Paschall recently became the 3,000th participant in the Sheriff's annual summer Youth Academy, now in its fifth year.

Sheriff's Youth Leadership Academy Reaches Milestone

A 10-year-old Quincy girl this month became the 3,000th participant in Norfolk County Sheriff Michael Bellotti's Youth Leadership Academy.

The milestone was reached this week as Bellotti recognized Danielle Paschall at the Sheriff's Braintree Public Safety Complex.

"It's a number we didn't think we'd get to so quickly," Bellotti said. "We're just so happy to have a program here that has really taken off and is having such a positive impact on Norfolk County youth."

In just its fifth summer, the Sheriff's Youth Leadership Academy has now seen 3,000 10- to 14-year-olds attend the annual summer academy that uses adventure-based education to teach teamwork and instill pride and confidence in each participant.

"In our first year we had 250 kids for the entire summer," Bellotti said. "Last summer we had over 600. This summer we added an extra week and will have almost 800 kids from across Norfolk County participate by the end of August."

The Youth Academy's most dynamic feature is the expansive, 40-foot high Ropes Course, or "confidence course," which is among the five largest ropes courses in New England with its 25 high elements and 15 low elements.

Paschall said her favorite aspects of the academy were "making friends, working hard at climbing and making it to the top of the (40-foot high) Rock Wall."

"It's awesome because you challenge yourself and your friends are always cheering you on," she added.

The academy runs one-week sessions with new children every week. Local police officers refer many of the children and also participate with their groups.

"This is one of the best youth programs I've seen," said Peter Aubry, training manager for Project Adventure of Beverly, the company that installed the ropes course. "It's well organized and the full-time staff stays current with their training, which is a compliment to the sheriff's office."

Deputy Superintendent of Community Programs for the sheriff's office, William Knight, said the Youth Academy is "one of a kind."

"Sheriff Bellotti is committed to have as many children participate throughout Norfolk County as possible," he said.

For more information about the Youth Leadership Academy, contact the Sheriff's Youth Programs Division at 781-751-3505.

City Tennis Tourney Starts Sept. 13

The 36th annual City Tennis Tournament is scheduled to start Sept. 13 on the municipal courts at Russell Park behind the Center for Technical Education.

The tournament will conclude Sept. 24, weather permitting. Applications can be obtained at the Quincy Recreation Department, One Merrymount Parkway. Deadline for applications is Sept. 8.

Entry fee is $15 for adults and $8 for youth under age 16. Participants will receive a tournament T-shirt.

The tournament — believed to be the largest and oldest municipal tourney in New England — is open to Quincy residents with 12 events crowning city champions.

Events are: Men's and women's singles, men's and women's doubles, boys and girls 16 and under, men's 50 and over, men's and women's 35 and over, mixed doubles, men's singles "B" and city employees.

The Quincy Credit Union will co-sponsor the event for the 11th straight year. For more information, call the Quincy Recreation Department at 617-376-1394.

"Friends for the Stadium and Student Athletes"

Help be a part of the **Veterans Memorial Stadium Renovation**

The stadium is getting a new **artificial field turf** installed. This project will make our stadium one of the best in the region. The new **field turf** will allow it to be used for

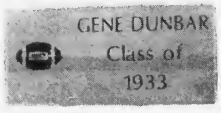
Football, Soccer, Lacrosse, Band Competitions etc.

Help Us

(Alumni from Quincy & North Quincy High Schools and members of the Q/NQ Football Hall of Fame)
make some beneficial enhancements to areas such as, but not limited to:
Locker Rooms ~ Bathrooms ~ P.A. System ~ Concession Stand etc
Buy a "Brick" and show your support for this project.

Each brick can show your name, school, class year, your Business or you can memorialize a family member.

Each brick will cost:
$50 for a 4" x 8" (20 characters including punctuation by 3 lines)
$55 or $60 (12 characters including punctuation by 3 lines w/clip art)
$100 for a 8" x 8" (20 characters including punctuation by 4 lines)
$105 or $110 for a 8 x 8 (20 characters including punctuation by 4 lines with clip art)



Fill out the form and mail it back with your check

Line 1 _____ 4 x 8___
Line 2 _____ 8 x 8___
Line 3 _____ Clip Art___
Line 4 _____ Total _____

$5.00 (circle one clip art only)

$10

Make check payable to: Friends for the Stadium

Mail check to: Friends for the Stadium
c/o J. Minukas
20 Ashworth Rd
Quincy, Ma 02171

Questions /info:
Joe Minukas 617-328-4489
Ron Ivil 781-337-0062

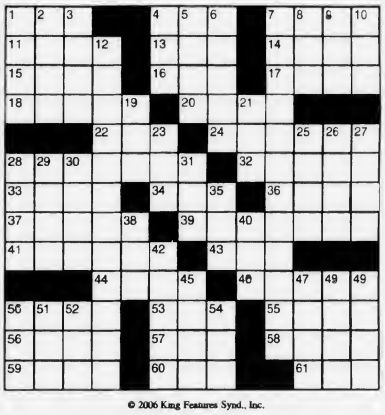
additional forms can be copied if needed

SUN FUN PAGE

King Crossword

ACROSS
1 Moment
4 Tummy muscles
7 Rainbow
11 Greek liqueur
13 Gossett or Gehrig
14 PBS science series
15 Herr's wife
16 Grier or Dawber
17 Golfer's action, with "off"
18 Heart line
20 Mexican entree
22 Peculiar
24 Burger enhancer
28 Actor Brimley
32 Aspect of development
33 Defeat decisively
34 "Of course"
36 "Born Free" lioness
37 Pruritic
39 Spits in the food
41 Hire
43 Altar affirmative
44 Channel marker
46 Water-logged
50 Autumn
53 Also
55 Clinton opponent
56 Stead
57 Blunder
58 Skirt feature
59 Desire
60 Society newbie
61 Mueller's org.

DOWN
1 Couch
2 Continental coin
3 Autocrat
4 Jungfrau, for one
5 Gravy container
6 Staghorn, e.g.
7 Sondheim musical
8 Caviar base
9 "- Got Sixpence"
10 Blue
12 From who-knows-where
19 Fuss
21 Upper limit
23 Desiccate
25 Garage-cleaning event
26 Cold War abbr.
27 Proverbial look-alikes
28 Court paper
29 Greek vowel
30 Fortune
31 - Plaines
35 Tackle moguls
38 Addressee
40 Sullivan and McMahon
42 Famous
45 Bygone times
47 Twain called it "a good walk spoiled"
48 Smooth-talking
49 Bigfoot's kin
50 Winter ailment
51 Melody
52 "Amazing Race" episode
54 Scepter topper



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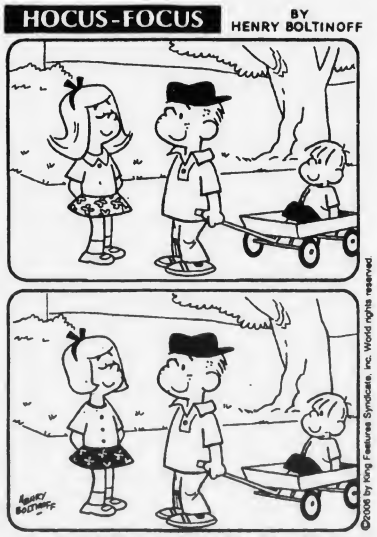
HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

Differences: 1. Shirt is different. 2. Wheel is missing. 3. Limb is removed. 4. Collar is different. 5. Buttons are added. 6. Hair is different.

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The Garden Bug

Ragweed

Often found along roadsides, vacant lots, river banks and abandoned fields, ragweed starts blooming from mid-August to late fall. One plant can produce up to 1 *billion* pollen grains, wreaking havoc on sinuses everywhere the pollen blows.

MAGIC MAZE ● — BEAN

J Y V R O L I F C Z W T Q N K
I F C Z W U R P M J H E C Z X
U S Q N L J G E C Z X V T R P
N L J J H E V Y C A Y W V T R
P N U L G K A I O K G E C B Z
X W M U S N N R C R E P Y R O
M L P J N E I A I G E E E E Y
D B I A E A L R O Y F G N T L
X W N R U B L I T C F T D T L
S Q G P O N A A M S O Y I U E
L K N O S R O T S A C C K B J

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Alan	Cocoa	Judge Roy	Soy
Black	Coffee	Kidney	String
Butter	Green	Lima	Vanilla
Castor	Jelly	Orson	

Trivia test

by Fifi Rodriguez

1. TELEVISION: What was Lurch's job on "The Addams Family"?
2. LITERATURE: What was the name of the airport in Arthur Hailey's book "Airport"?
3. MOVIES: Who played the president of the United States in the movie "Mars Attacks!"
4. GENERAL KNOWLEDGE: What oldtime baseball team played home games at Ebbets Field?
5. HISTORY: When was the so-called hotline between Washington and Moscow established?
6. POETRY: Who wrote: "I think that I shall never see/ A billboard lovely as a tree/ Indeed, unless the billboards fall/ I'll never see a tree at all."
7. RELIGION: Whose teachings are recorded in a collection called "The Analects"?
8. ART: What is chiaroscuro in artwork?
9. THEATER: Who wrote the play "Major Barbara"?
10. MATH: What is the Roman numeral for 900?

Answers
1. Butler
2. Lincoln International
3. Jack Nicholson
4. Brooklyn Dodgers
5. 1963
6. Ogden Nash
7. Confucius
8. Renderings of light and shade
9. George Bernard Shaw
10. CM

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— King Crossword —

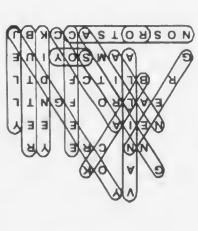
Answers

Solution time: 21 mins.

Magic maze

Answers

-BEAN



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Salome's Stars

ARIES (March 21 to April 19) A troubling situation takes a positive turn and moves toward a resolution that should please you and your supporters. Meanwhile, make time to deal with new domestic issues.

TAURUS (April 20 to May 20) It's a good time to reassess your goals and consider shifting directions. Remember to keep an open mind, and be prepared to make changes as new opportunities arise.

GEMINI (May 21 to June 20) Rely on your strong Mercury aspect to help you close that communication gap before it becomes too wide to cross. A sibling or other family member has news.

CANCER (June 21 to July 22) You're about to get off that emotional roller coaster and start experiencing more stability than you've been used to. This is a good time to let someone new into your life.

LEO (July 23 to August 22) Good news: A trusted friend comes through for you. But you still need to shed that last scrap of self-doubt and once more become the cool, confident Cat we all know and love.

VIRGO (August 23 to September 22) Things should be getting back to a less hectic pace. Enjoy the more peaceful atmosphere. You earned it. But don't forget about those still-unresolved issues.

LIBRA (September 23 to October 22) A more positive family relationship develops as misunderstandings are explained away. A job situation appears promising, but check it out before you act on it.

SCORPIO (October 23 to November 21) Congratulations. That on-the-job situation is working out as you'd hoped. Now's a good time to relax and to enjoy the company of family and close friends.

SAGITTARIUS (November 22 to December 21) You might feel as if you're caught in an emotional tug-of-war. But don't be rushed into a decision on either side. Wait for more facts before you act.

CAPRICORN (December 22 to January 19) The Goat's usually high level of self-confidence is brimming over these days. This should help you deal with a situation that you've avoided far too long. Go for it.

AQUARIUS (January 20 to February 18) Relationships become more intense. But be careful not to be pushed into decisions you're not comfortable with. Remember: You're the one in charge of your life.

PISCES (February 19 to March 20) You need to show more confidence in your ability to reach your goals. Make that long-delayed decision, and avoid floundering around in a sea of self-doubt.

BORN THIS WEEK: Although you appear to be strongly opinionated, you can also be open to other ideas — so long as they are presented with logic and clarity.

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Wishing Well®

7	5	6	2	6	8	5	8	5	6	3	6	4
N	C	S	E	E	Y	H	O	O	E	P	K	E
5	4	2	7	5	7	6	4	8	5	4	5	4
O	X	M	E	S	W	M	P	U	E	L	W	O
8	6	5	6	8	6	4	6	2	4	5	4	6
W	O	I	D	I	E	R	R	O	E	S	A	A
4	6	7	6	5	2	4	8	7	2	6	8	2
L	T	M	I	E	T	L	N	E	I	O	B	O
3	4	6	5	4	7	3	8	2	5	7	2	3
A	O	N	L	P	T	Y	A	N	Y	H	A	C
7	3	4	3	4	2	7	3	8	4	7	2	3
O	H	T	E	I	L	D	C	T	O	S	T	K
8	2	4	3	4	2	3	8	2	3	8	3	3
T	A	N	G	S	L	R	L	K	O	E	W	S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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OBITUARIES

Paul F. Lally, 65

Cymbal Maker

PAUL F. LALLY

A funeral Mass for Paul F. Lally, 65, of Quincy, a cymbal maker, was celebrated Aug. 18 at St. Ann's Church, Wollaston.

He died Aug. 15 at Boston Medical Center after a brief illness.

Mr. Lally was a cymbal maker at Zildjian in Norwell for 39 years and had not yet retired.

Born in Boston, he lived in Dorchester and Stoughton before moving to Quincy 43 years ago.

He is survived by his wife, Jean (Robertson) Lally of Quincy; three daughters, Diane Summit of Peabody, Debra Dolan of Weymouth and Donna McCarthy of West Roxbury; a son, Paul R. Lally of Weymouth; 12 grandchildren; and several nieces and nephews.

Burial was in Knollwood Memorial Park, Canton.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

William J. Frawley, 67

Retired QHS Custodian

A funeral Mass for William J. Frawley, 67, of Quincy, a retired Quincy High School custodian, was celebrated Monday at Sacred Heart Church, North Quincy.

He died Aug. 16 at Milton Hospital after a long illness.

Mr. Frawley worked for the Quincy Public School Department for 20 years, retiring several years ago.

He previously worked as a laborer for the General Latex Company in Cambridge.

He served in the Army from 1957 to 1959.

Born in Quincy, he was raised and educated in Boston. He lived in Quincy for 36 years.

Husband of the late Rita (Smith) Frawley, he is survived by two sons, Robert J. Ball of Weymouth and Darryl J. Fragose of Franklin, N.H.; three daughters, Rita M. O'Keefe of Randolph, Karen A. Hynds of Chester, N.H., and Christina E. Frawley of Quincy; a sister, Patricia Frawley of Dorchester; 15 grandchildren and a great-granddaughter.

Burial with military honors was in Pine Hill Cemetery.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Donations may be made to the American Cancer Society, 1115 West Chestnut St., Brockton, MA 02301.

Edward F. Russell, 76

Retired Quincy Police Officer

EDWARD F. RUSSELL

A funeral Mass for Edward F. "Mista" Russell, 76, of Abington, formerly of Quincy, a retired Quincy police officer, was celebrated Aug. 19 at St. John's Church, Quincy.

He died Aug. 14 at Quincy Medical Center after a brief illness.

Mr. Russell was a Quincy police officer for 10 years, retiring in 1967.

He also co-owned with his late wife Shore Taxi, Inc. of Quincy for 27 years, retiring six years ago.

He was a World War II Army veteran.

He was a member of the Quincy Police Patrolman's Association, the MA Police Association, South Quincy Bocce Club, Morrisette American Legion Post in Quincy, Loyal Order of Moose in Braintree, the Fraternal Order of Eagles of Kissimmee, Fla., and he was a Friend of Post 10 American Legion of Kissimmee.

Born, raised and educated in Boston, he lived in Quincy for more than 50 years before moving to Abington three years ago.

Husband of the late Mary C. (Desto) Russell, he is survived by four daughters, Holly A. White of Sharon, Vt., Diane M. Holbrook of Tucson, Ariz., Linda J. Mullen of Titusville, Fla., and Lorraine M. Goodine of Weymouth; a son, Joseph F. Russell of Abington; three sisters, Elizabeth R. Smith of Weymouth, Patricia A. Allan of Quincy and Jane D. King of Davenport; a brother, Ronald P. Russell of Holbrook; 12 grandchildren and three great-grandchildren.

Burial with military honors was in Blue Hill Cemetery, Braintree.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Donations may be made to Quincy Police Mutual Aid Association, 1 Sea St., Quincy, MA 02169.

Maria Cristina, 92

Homemaker

A funeral Mass for Maria (Garofalo) Cristina, 92, of Quincy, a homemaker, was celebrated Monday at St. John's Church, Quincy.

She died Aug. 17 at Hancock Park Nursing & Rehabilitation Center in Quincy after a brief illness.

Mrs. Cristina was a longtime member of St. John's Church and a former member of St. Anthony's Group at St. John's Church.

Born, raised and educated in Tifernina, Campobasso, Italy, she lived in Quincy since 1956.

Wife of the late Giovanni Cristina, she is survived by four daughters, Elvira DiStefano of Italy and Lina Avitabile, Josephine Kotkowski and Vittoria Cuomo, all of Hanson; two sons, Umberto Cristina of Sagamore Beach and Fernando Cristina of Middleboro; a sister, Luisa Garofalo of Quincy; 15 grandchildren, 20 great-grandchildren and a great-great-granddaughter. She was the grandmother of the late Alexander S. Kotkowski.

Burial was in Mount Wollaston Cemetery.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Donations may be made to the American Diabetes Association, 330 Congress St., 5th Floor, Boston, MA 02210.

Jacqueline C. Thornton, 43

Kitchen Director

JACQUELINE C. THORNTON

A funeral Mass for Jacqueline C. (Kenney) Thornton, 43, of Greenfield, formerly of Quincy, a kitchen director, was celebrated Monday at Sacred Heart Church, North Quincy.

She died Aug. 15 at Franklin Medical Center, Greenfield.

Mrs. Thornton was the kitchen director at Church Street Home in Greenfield for six years.

Born in Boston, she lived in Weymouth and Quincy before moving to Greenfield 10 years ago.

She is survived by five children, Damien W. Thornton, Annar L. Thornton, Valerie N. Thornton, Kyle J. Thornton and Zachary J. Thornton, all of Weymouth; her father, Warren Kenney Sr. of Quincy; her former husband, Leif A. Thornton of Weymouth; two brothers, Warren Kenney Jr. of Quincy and Charles Kenney of Scituate; two sisters, Christina Norton and Judy Downey, both of Quincy; a granddaughter; and aunts, uncles, nieces and nephews. She was the daughter of the late Julia (King) Kenney.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Donations may be made to Pioneer Valley Humane Society, P.O. Box 786, Greenfield, MA 01302.

Colleen M. Dabrolet, 40

Hairdresser

A funeral Mass for Colleen Mary Dabrolet, 40, of Weymouth, formerly of Quincy, a hairdresser, was celebrated Monday at St. Albert the Great Church, Weymouth.

She died Aug. 13 in Boston.

Born in Yonkers, N.Y., she lived most of her life in Quincy and Weymouth. She graduated from Quincy High School and a hairdressing school.

She is survived by a daughter, Ashley Leigh Dabrolet of Weymouth; her parents, Rita (Robinson) Dabrolet of Weymouth and Peter Dabrolet of Attleboro; her paternal grandmother, Frances Melliteau of Quincy; two sisters, Dawn Dabrolet of Abington and Denise Coughlin of Jacksonville, Fla.; a brother, Peter Dabrolet of Weymouth; two nieces and a nephew.

Burial was private.

Funeral arrangements were by Mortimer N. Peck-Russell Peck Funeral Home, Weymouth.

Donations may be made to the Ashley Dabrolet Trust at Citizens Bank, 700 Middle St., East Weymouth, MA 02189.

Mary Vertullo, 101

Homemaker

A funeral Mass for Mary (DeSimone) Vertullo, 101, of Quincy, a homemaker, was celebrated Aug. 17 at Sacred Heart Church, Quincy.

She died Aug. 11 at Armenian Nursing and Rehabilitation Center in Jamaica Plain.

Born in Gladstone, N.J., Mrs. Vertullo lived most of her life in Brighton before moving to the South Shore 12 years ago.

Wife of the late Pasquale Vertullo, she is survived by a son, Vincent DePasca of Quincy; two daughters, Flora DePasca and Marie Smith, both of Quincy; her companion, John Lynskey; three grandchildren; four great-grandchildren and a great-grandchild. She was the mother of the late Rocco DiPasqua.

Burial was in St. Michael's Cemetery, Roslindale.

Funeral arrangements were by Dennis Sweeney Funeral Home, 74 Elm St.

Donations may be made to TILL (Towards Independent Living and Freedom), c/o john Stevens, 20 East Brook Road, Suite 201, Dedham, MA 02025.

SCOTT DEWARE

A THOUGHT FOR THE WEEK

It has been said that life is a mirror. If you frown at it, it frowns back; if you smile, it returns the greeting.

Have you ever noticed that no matter how humble the circumstances, how difficult their tasks and work, some people seem to enjoy life immensely?

Those who use happiness as a tool for living appreciate, enjoy, and find satisfaction now in everything they have and in everything they do. Their condition in life may not be ideal, and need not represent the limit of their ambitions. But being content for their present, they can play with imagination and work with enthusiasm... Those who make happiness a goal, push it off into the future and make it something to struggle for, rather than something to know and enjoy. To make happiness a goal is never to know it... To make happiness a tool is never to lose it . . .

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Thomas L. Spillane, 80

Retired Quincy Police Sergeant

THOMAS L. SPILLANE

A funeral Mass for Thomas L. Spillane, 80, of Quincy, a retired Quincy police sergeant, was celebrated Aug. 19 at St. John's Church, Quincy.

He died Aug. 16 at Lexington Health Care Center.

Mr. Spillane was with the Quincy Police Department for more than 30 years.

He graduated from Quincy High School and enlisted in the Navy and was selected to serve as a member of the elite Underwater Demolition Team, forerunners to today's Navy SEALS.

As a "frogman," he served in the Pacific during World War II and was awarded three battle stars. He also received several other decorations during his service, including a Bronze Star medal.

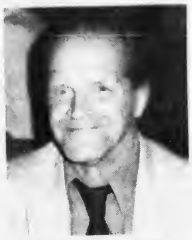
He is survived by a son, Thomas K. Spillane of Tennessee; a daughter, Patricia A. Beaupre of Watertown; a brother, John Spillane of Walpole; and two grandchildren.

Burial with military honors was in Pine Hill Cemetery.

Funeral arrangements were by Dennis Sweeney Funeral Home, 74 Elm St.

Christopher Epply, 57

Book Binder, Printer



CHRISTOPHER EPPLY

A funeral Mass for Christopher "Kit" Epply, 57, of Quincy, a book binder and printer, was celebrated Aug. 19 at St. Mary's Church, Quincy.

He died Aug. 15 at Quincy Medical Center.

Mr. Epply worked at Semline in Braintree for 25 years.

He was a member of the Quincy Elks. He played and umpired softball with the Darcy's Softball Team in Quincy.

Born in Norwood, he lived in Dorchester before moving to Quincy 37 years ago.

He is survived by two sisters, Coral Stephens and Charlotte Maher, both of Londonderry, N.H.; two brothers, Timothy Dane of Quincy and Kevin Dane of Tyngsboro; and nieces and nephews.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Donations may be made to the American Heart Association, 20 Speen St., Framingham, MA 01701.

Marilyn I. Lentini, 82

Retired Salesperson

MARILYN I. LENTINI

A funeral Mass for Marilyn I. (Miller) Lentini, 82, of Quincy, a retired salesperson, was celebrated Tuesday at Sacred Heart Church, North Quincy.

She died Aug. 19 at Massachusetts General Hospital, Boston.

Mrs. Lentini was a salesperson in the designer department at Jordan Marsh Co. in Boston for 25 years, retiring in the late 1990s.

Born in Boston, she was raised in Dorchester and lived in Quincy for 47 years.

Wife of the late John Lentini, she is survived by two daughters, Janet (Lentini) Kelley of Abington and Carol Meyer of Fairbanks, Ark.; a son, John Lentini of East Milton; seven grandchildren; two great-grandchildren; and several cousins.

Burial was in Pine Hill Cemetery.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Donations may be made to the Salvation Army, 6 Baxter St., Quincy, MA 02169.

Maria Cristina, 92

Homemaker

MARIA CRISTINA

A funeral Mass for Maria (Garofalo) Cristina, 92, of Quincy, a homemaker, was celebrated Monday at St. John's Church, Quincy.

She died Aug. 17 at Hancock Park Nursing & Rehabilitation Center in Quincy after a brief illness.

Mrs. Cristina was a longtime member of St. John's Church and a former member of St. Anthony's Group at St. John's Church.

Born, raised and educated in Tifernina, Campobasso, Italy, she lived in Quincy since 1956.

Wife of the late Giovanni Cristina, she is survived by four daughters, Elvira DiStefano of Italy and Lina Avitabile, Josephine Kotkowski and Vittoria Cuomo, all of Hanson; two sons, Umberto Cristina of Sagamore Beach and Fernando Cristina of Middleboro; a sister, Luisa Garofalo of Quincy; 15 grandchildren, 20 great-grandchildren and a great-great-granddaughter. She was the grandmother of the late Alexander S. Kotkowski.

Burial was in Mount Wollaston Cemetery.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Donations may be made to the American Diabetes Association, 330 Congress St., 5th Floor, Boston, MA 02210.

Ida O'Neill, 87

Former Owner Of Ida Jean's Alteration Shop

IDA O'NEILL

A funeral Mass for Ida "Chickie" (Curto) O'Neill, 87, of Quincy, former owner of Ida Jean's Alteration Shop in Quincy, was celebrated Wednesday at St. John's Church, Quincy.

She died Aug. 18 at home after a brief illness.

Mrs. O'Neill designed dresses and wedding gowns for more than 30 years.

She and her husband were members of Rev. Ralph DiOrio's Ministry of Worcester, where they both served as coordinators for more than 30 years.

Born in Quincy, she graduated from Quincy High School and was a lifelong resident of the city.

She is survived by her husband of 40 years, Francis "Major" O'Neill; a daughter, Donna J. Carella of Quincy; a son, Dale J. Rimini of Weymouth; a sister, Rose Carota of Quincy; a brother, Americo Curto of Rockland; two grandchildren; two great-grandchildren; and many nieces, nephews and friends.

Burial was in Blue Hill Cemetery, Braintree.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Donations may be made to Hospice of the South Shore, 100 Bay State Drive, Braintree, MA 02184.

Catherine McDonagh, 90

Retired RMV Clerk

CATHERINE MCDONAGH

A funeral Mass for Catherine (McMahon) McDonagh, 90, of Braintree, a retired clerk with the Registry of Motor Vehicles, was celebrated Monday at Holy Trinity Parish in Our Lady of Good Counsel Church, Quincy.

She died Aug. 16 at Braintree Landing Skilled Nursing and Rehabilitation.

Mrs. McDonagh worked for the RMV for 10 years, retiring in 1980.

She was a member of the Merryshores senior citizens and the Wollaston Mothers Club.

Born in Boston, she was raised in Dorchester and lived in Braintree for 51 years.

Wife of the late Edward "Ned" McDonagh, she is survived by a son, Edward M. McDonagh of Quincy; a sister, Rita McKenna of Quincy; three grandchildren; and many nieces and nephews.

Burial was in St. Joseph's Cemetery.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Donations may be made to Medical Missionaries of Mary, 179 Highland Ave., Somerville, MA 02143.

Richard J. Bresnahan, 68

Retired MBTA Superintendent

A funeral service for Richard Joseph Bresnahan, 68, of Quincy and Englewood, Fla., a retired MBTA superintendent, was held Aug. 17 at Hamel, Wickens & Troupe Funeral Home, 26 Adams St.

He died Aug. 14 at Quincy Medical Center.

Mr. Bresnahan retired in 1987. He also worked for Gorham's Diesel in Braintree.

He was a Korean War Army veteran.

He was a member of the American Legion in Quincy and Veterans of Foreign Wars Post 8892 in Avon.

He was born in Boston.

He is survived by his wife, Patricia F. (Griffin) Bresnahan; three sons, Brian Bresnahan of Waltham, Michael P. Bresnahan of Quincy and Steven F. Bresnahan of Braintree; his mother, Virginia Bresnahan of Englewood; and four grandchildren.

Burial was private.

Donations may be made to the Dana Farber Cancer Institute, 44 Binney St., Boston, MA 02115.

Olive May Young, 91

A memorial service for Olive May (Walker) Young, 91, of Squantum will be held in December.

She died Aug. 13 at her daughter's home in West Suffield, Conn.

Mrs. Young was inspired by music and committo her faith in Christian Science.

Wife of the late Linwood Young, she is survived by a son, John Gordon Young of Boulder, Colo.; two daughters, Judith Olive Pretell of Madison Wis., and Georgena Grace Winiarski of West Suffield; 12 grandchildren and nine great-grandchildren.

Funeral arrangements were by Stanetsky Memorial Chapel.

Vets Adviser At COA Office

John D. Miller of Home Care Partners, will be at the Council on Aging office, 83 Saratoga St., each Wednesday to advise veterans or their surviving spouses of their in-home care benefits.

To schedule an appointment, call the Council on Aging at 617-376-1506.

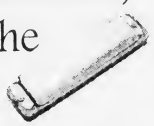
COA In Need Of Bath Seats

The Council on Aging is in urgent need for bath seats for senior citizens.

If you have one to donate, call the COA at 617-376-1245.

Other Obituaries On Page 29

Grandpa loved gardening, baseball, and playing the harmonica.



Your memories are precious. That's why, at Keohane Funeral Service, we take the time to find out what made your loved one special.

Whether it's gathering some of the flowers he so tenderly cultivated or finding a musician to play "Take Me Out to the Ball Game" on the harmonica, you can count on us to help you plan a service that will be just as unique as the person you love.

Keohane Funeral Service

785 Hancock Street • Quincy • 617-773-3551

Member by Invitation NSM National Selected Morticians

RELIGION

Registration Open For Chabad Hebrew School

Registration is now open to students of the Chabad Hebrew School, 1356 Quincy Dr., for the 2006-07 school year.

Starting in September, classes will be Sundays, and offered to children 5-13 years of age.

The school will teach South Shore Jewish children to embrace their Jewish roots, and gain a sense of Jewish pride, no matter their level of observance or affiliation.

The school will provide an academic environment where children will acquire a broad knowledge of Judaism through a motivating and challenging venue. Through Hebrew reading, writing, Jewish history, holidays and more, the students will gain appreciation for the values and traditions of their heritage.

"Our school's underlying approach is for the children to enjoy the time spent at Hebrew School so that they are left with positive experiences, and a greater appreciation for Jewish education," said Morah Bronstein, director of Chabad's Hebrew School.

The program is blended with games, incentives, crafts, dramatics, family celebrations and other exciting extra curricular activities.

Scholarships are available, and no student will be turned down for lack of funds.

To schedule an appointment or to visit, call 617-850-5935 or email shevybronstein@gmail.com.

Sunday School Registration At Houghs Neck Congregational

Houghs Neck Congregational Church is now accepting registrations for the 2006-2007 Sunday School year.

Sunday School classes will begin Sunday, Sept. 24 with a Registration/Rally Day at the church, 310 Manet Ave. Regular classes will meet every Sunday at 9:30 a.m. October through June. Classes are offered for children grades kindergarten through 6th grade.

"We have an exciting year planned that's built around our new curriculum," said Jennifer McCauley Logue, director of the Sunday School program. "'Walk with Me' uses the best-loved stories of the Bible, combined with songs and activities, to share the gospel with children. We'll also be holding a traditional Christmas pageant with parts for all of the Sunday School students, and many other activities."

Children and their families do not need to be Houghs Neck residents or members of Houghs Neck Congregational Church in order to participate in the Sunday School program. "All children grades K-6th are invited to participate," Logue said.

To receive a registration form or for more information, call (617)328-1384 or e m a i l jennmccauley@aol.com.

Bethany Congregational

Bethany Congregational Church, 18 Spear St., Quincy Center, will have Sunday worship and church school beginning at 10 a.m.

The Rev. Gary W. Smothers will conduct the service and preach a sermon entitled "Sermons from Mark 7) Jesus Begins His Ministry."

There will also be a children's message.

Childcare is available for infants and toddlers.

Fellowship follows the worship service in the Allen Parlor. Light refreshments will be served.

Houghs Neck Congregational Church Seeks Entries For Fall 'Country Fair'

Quilting, pie baking, tomato growing and jam-making are some of the contests to be held as part of Houghs Neck Congregational Church's upcoming Fall Country Fair.

To be held Saturday, Sept. 30 at the church, 310 Manet Ave., the Country Fair will feature of a number of prize contests, including contests for quilting, jam and jelly making, pie baking, flower arranging, tomato growing and zucchini growing.

Additional contests will offer prizes for funniest pet photo, best African violet and a best vegetable sculpture for kids age 12 and under.

To receive a copy of the contest rules and an entry form, e-mail hncc@comcast.net and write "Fair Contest" in the subject line, or call Sue at (617) 479-2311.

Blood Pressure Clinics Free For Seniors

Weekly blood pressure screenings for elders will be held every Monday from 10 to 11 a.m. at the Council on Aging office, 83 Saratoga St., North Quincy.

Gail Crawford, a registered nurse, will donate her time and talents to assisting senior citizens in having their blood pressure taken weekly.

Appointments can be made but walk-ins also are accepted. For more information, call 617-376-1506.

Seek Medical Gear To Loan

The Council on Aging is seeking donations of medical equipment that is no longer needed by the current owner but can be loaned to someone else.

Call the Council at 617-376-1506.

Blood Drive Aug. 28 At Sons Of Italy

The American Red Cross will hold a blood drive Monday, Aug. 28 from 1 to 7 p.m. at the Quincy Sons of Italy, 120 Quarry St.

To make an appointment to donate, call 1-800-448-3543. Positive ID is required.

Quincy Religion Directory

SERVICES & ACTIVITIES

Assemblies of God

Glad Tidings
158 Washington St., Quincy
phone: 773-9797
Rev. Gregory E. Wheaton, Pastor
Sunday Worship 8:30 11 a.m. Christian Ed 10 a.m.
Senior Hi Youth 7 p.m. Wed. 7 p.m. Berean Bible Study
Royal Ranger Missionettes Friday Junior Hi Youth 7 pm
Youth & Children's Ministry
•Contemporary Worship
•Marriage & Family Group
•International Fellowship
•DivorceCare

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 7, 9:30 & 11:30am. Weekdays 9am
Handicapped Accessible
New Members Welcome!

Unitarian

United First Parish
Hancock St., across from City Hall
617-773-1290
Sunday Worship, 10:30 AM
Child Care & Religious Education for all ages
All Welcome to Our Historic Church

Congregational

First Church of Squantum
164 Bellevue Street
617-328-6649
Pastor: Michael S. Robertson
10 a.m. Sunday Worship
All Are Welcome

To Advertise in this Directory, Call 617-471-3100

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4pm (Sat.) 7:45am, 9am (Family Liturgy)
10:30am (with Choir) and 5pm
12 noon at Star of Sea Church
Weekday Masses
Mon.-Fri 7am and 9am, Sat. 9am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m., 10:30 a.m. & 5 p.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

ST. JOHN THE BAPTIST
44 School St.,
Quincy
617-773-1021
Weekend Mass Schedule
Saturday (Vigil Mass) 4 p.m.
Sunday 7:30 a.m., 9 a.m.
and 11 a.m. (Family Liturgy)
Weekday Masses
Monday - Saturday 8 a.m.
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
• 617-479-5400
Pastor: Rev. John J. Ronaghan
Weekend Mass Schedule
Saturday 4:00 PM
Sunday 7:00, 9:00, 11:30AM
Daily Masses 9:00 AM
Handicapped Chairlift Available

Congregational

HOUGHS NECK CONGREGATIONAL CHURCH
310 Manet Ave., Quincy
Sunday, August 27
Service Of Divine Worship 9:30 am
Sunday School 9:30 AM
Series of Sermons on The Lord's Prayer
'Lead us not into Temptation'
Rev. John Castricum
617-479-8778
Lois Zulauf : Minister of Music

BETHANY CONGREGATIONAL CHURCH
Corner of Spear & Coddington Sts., Quincy Center • 617-479-7300
10 AM Sunday Worship and Church School
Rev. Gary Smothers - 'Sermons From Mark'
Childcare Available for Infants, Toddlers
Fellowship Follows Service in Allen Parlor

QUINCY POINT CONGREGATIONAL CHURCH
444 Washington St. • 617-773-6424
Worship and Church School 10 am
Rev. Ann Suzedell, Pastor
visit us at www.QPCC.org

UNION CHURCH
Beach St. & Rawson Rd., Wollaston
Sunday Service 10 AM
617-479-6661
Good Bible Preaching & Traditional Worship
Rev. John Carl Swanson, Pastor

PEACE

Congregational

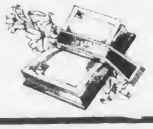
WOLLASTON CONGREGATIONAL CHURCH
48 Winthrop Ave. - 617-773-7432
Pastor: Rev. Mary Lou Gifford
Summer Worship Schedule
Wednesdays
through Sept. 6
Potluck Supper - 6 p.m.
Informal Worship 7 p.m.

Covenant

COVENANT CONGREGATIONAL CHURCH
Corner of Whitwell & Granite St.
Sunday Worship 10:00 AM
Rev. Karen Palmatier, Pastor
Child Care Available - All Are Welcome
Children's Pantry
Wed., Thur. 9:30 am - 12 noon
617-479-5728

Nazarene

Wollaston Church of the Nazarene
37 E. Elm Ave., Wollaston
(617) 472-5669
On The Campus Of
Eastern Nazarene College
Pastor: Rev. Fred. Fullerton
Sunday Services
8:30 am - Holy Communion
9:45 am - Adult & Children's Sunday School
11 a.m. - Blended Worship Service
Come Worship with Us!



Episcopal

St. Chrysostom's Episcopal Church
Corner of Hancock & Linden Sts.
Quincy • (617) 472-0737
Rev. David Hefling
Holy Eucharist 9 AM - Sunday School and Nursery Care During Service
Coffee Hour Following
ALL WELCOME
THRIFT SHOP CLOSED FOR THE SUMMER

Evangelical

EVANGELICAL CHURCH OF ATLANTIC
65 Newbury Ave. North Quincy
(617) 847-4444
Pastor Bill Donahue
Sunday Morning Worship 10:10 AM
Childcare Available

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Dr. Susan Jarek-Glidden, Pastor

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45 SUNDAY SCHOOL
11AM WORSHIP SERVICE
BRASS BAND MUSIC
7PM TUES WOMEN'S FELLOWSHIP
7:15PM WED. BIBLE STUDY

Spiritualist

First Spiritualist Church of Quincy
40 West St., Quincy, MA 02169
(617) 770-2246
Services Sunday 11 a.m. to 12:30 PM
Coffee and Conversation following service
Services 8 PM Wednesdays June, July, August)
Pastor Rev. Rita S. Berkowitz, C.H.C.M.

Robert D. Saulnier, 55

Capital Electric Employee

A memorial service for Robert D. Saulnier, 55, of Quincy, a Capital Electric employee, will be held today (Thursday) at 7 p.m. at First Spiritualist Church of Quincy, 40 West St.

He died Aug. 17 at home.

Born in Boston, Mr. Saulnier lived in Stoughton and Norwood before moving to Quincy.

He is survived by three sons, Michael Saulnier, Corey Saulnier of Bellingham, Wash., and Robert Saulnier Jr. of Ferndale, Wash.; a daughter, Karen Saulnier of Bellingham, Wash.; and his former wives, Michelle Hearn and Katherine Saulnier of Bellingham, Wash.

Arrangements were by Cremation Society of Massachusetts.

Frances T. Meletiou

A private funeral service was held for Frances T. (Cosindas) Meletiou of Quincy, a homemaker.

She died Aug. 17 at Lifecare Center in Attleboro.

Mrs. Meletiou is survived by a son, Peter Dabrolet of Attleboro; a brother, Angelo Cosindas of California; three sisters, Sally "Sophia" Harris of California, Penelope Foster of Cleveland and Irene Roney of California; six grandchildren; five great-grandchildren; one great-great-grandchild; and many nieces and nephews. She was the mother of the late George Dabrolet.

Funeral arrangements were by Sperry-McHoul Funeral Home, North Attleboro.

SWAP Earns Tax Abatements For Seniors

The Council on Aging has a SWAP (Senior Workers' Abatement Program) that enable the elderly to work 89 1/2 hours a year and earn $600 towards their real estate tax bills.

For further details, call Dorothy Dow at 617-376-1508.

Help With Simple Wills Monthly

Atty. Ed Conroy will be at the Council on Aging office, 83 Saratoga St., North Quincy, every third Friday of the month to assist the elderly with a free explanation of simple wills.

Call 617-376-1506 for an appointment.

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P1993AD
In the Estate of
JOSEPH P. WALSH
Late of QUINCY
In the County of NORFOLK
Date of Death
May 22, 2006
NOTICE OF PETITION FOR APPOINTMENT OF ADMINISTRATOR

To all persons interested in the above captioned estate, a petition has been presented praying that MARY WALSH of JAMAICA PLAIN in the County of SUFFOLK or some other suitable person be appointed administrator of said estate to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **SEPTEMBER 27, 2006**.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, August 16, 2006.

PATRICK W. McDERMOTT
Register of Probate

8/24/06

Dr. Max D. Stein, 96

Anesthesiologist, Family Practitioner

A funeral service for Dr. Max D. Stein, 96, of Weston, formerly of Quincy, an anesthesiologist and family practitioner, was held Aug. 17 at Stanetsky Memorial Chapel, Canton.

He died Aug. 15.

A World War II veteran, Dr. Stein was a major in the Army Air Forces.

He graduated from Tufts University School of Medicine, Brown University and Quincy High School. He did his internship at Quincy Hospital and his residency at Beth Israel Hospital in Boston.

He was a member of the Alpha Omega Alpha Medical Honor Society, Phi Delta Epsilon, Massachusetts Medical Society and American Medical Society.

He was also formerly of Boca Raton, Fla.

Husband of 57 years of the late Pauline (Fruitman) Stein, he is survived by two daughters, Barbara Stein of Jamaica Plain and Marjorie Fishman of Wayland; a sister, Miriam Goroff of Quincy; two grandchildren; and many nieces and nephews.

Burial was in Sharon Memorial Park.

Donations may be made to charity of choice.

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Norfolk Division
Docket No. 06D0958DV1
ORDER FOR SERVICE BY PUBLICATION
DONNA MARANI, Plaintiff
v.
STEPHEN MARANI, Defendant

Upon motion of plaintiff for an order directing **STEPHEN MARANI** the defendant herein, to appear, plead, or answer, in accordance with Mass. R. Civ. P./Mass. R. Dom. Rel. P. Rule 4, it appearing to the Court that this is an action for DIVORCE.

Pursuant to Supplemental Probate Court Rule 411, an Automatic Restraining Order has been entered against the above named parties, and that the said defendant cannot be found within the Commonwealth and that HIS present whereabouts are unknown; that personal service on said defendant is therefore not practicable, and that said defendant has not voluntarily appeared in the action:

It is **Ordered** that said defendant is directed to appear, plead, answer, or otherwise move with respect to the complaint herein on or before the **20TH day of OCTOBER, 06**. If you fail to do so this Court will proceed to a hearing and adjudication of this matter.

It is further **Ordered** that the accompanying summons be published once a week for three consecutive weeks in the **QUINCY SUN ON AUGUST 9TH, 16TH & 23RD, 2006, a newspaper published in QUINCY, MASSACHUSETTS 02169, 1372 HANCOCK STREET**, the publication to be 60 days at least before said return day. It is further **Ordered** that a copy of the summons be mailed to the defendant at HIS last known address by registered or certified mail.

Date: JULY 17TH, 2006.

DAVID H. KOPELMAN
Justice of Probate and Family Court

8/10, 8/17, 8/24/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-069

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, SEPTEMBER 12, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of CHRISTOPHER WHITE, TRUSTEE for a SPECIAL PERMIT/FLOOD PLAIN to erect a 9,450 sf four (4) bay warehouse structure in a Industrial A zoning district in violation of Title 17 as amended Chapter 17.40 (flood plain), and Chapter 17.40.060 (special permit) on the premises numbered 159 Brook Road, Quincy.

Jack Garland, Chairman

8/24, 8/31/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-070

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, SEPTEMBER 12, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of ALAN L. WHITMAN for DIMENSIONAL VARIANCES to allow for the subdivision of an existing residential lot and the construction of a single family home in the Residence B zoning district in violation of 17.20.040 and 17.28.030.E (dimensional requirements.) Petitioner proposes to relocate the driveways and remove approximately 1,300 SF of pavement from the rear of the property.

The parcel of land is located at 9-13 Bayfield Road, North Quincy and shown as Plot 95 on Assessors' plan no. 6017A.

John Garland, Chairman

8/24, 8/31/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-071

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, SEPTEMBER 12, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of MIKE HORGAN for a VARIANCE to remove a concrete patio and to construct a sunroom with a 4x6 landing for egress in violation of Title 17 as amended Chapter 17.20.040 (dimensional requirements) on the premises numbered 41 Brunswick Street, Quincy.

Jack Garland, Chairman

8/24, 8/31/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-072

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, SEPTEMBER 12, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of JAQUELYN RILEY for a VARIANCE to demolish the existing one car garage and replace it with a two-car garage with a room above in violation of Title 17 as amended Chapter 17.20.040 (dimensional requirements) on the premises numbered 23 Richfield Street, Quincy.

Jack Garland, Chairman

8/24, 8/31/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P1857GI
In the Matter
Of JEAN HALTER
Of QUINCY
In The County of NORFOLK
NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN

To JEAN HALTER of QUINCY in the County of NORFOLK, her spouse, and heirs apparent or presumptive, a petition has been filed in the above captioned matter alleging that said JEAN HALTER of QUINCY in the County of NORFOLK is a mentally ill person and praying that JEWISH FAMILY & CHILDREN'S SERVICES of WALTHAM in the County of MIDDLESEX or some other suitable person be appointed guardian, to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **SEPTEMBER 13, 2006**.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, August 2, 2006.

PATRICK W. McDERMOTT
Register of Probate

8/24/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Norfolk Division
Docket No. 06D0958DV1
DIVORCE/SEPARATE SUPPORT SUMMONS BY PUBLICATION
DONNA M. MARANI,
Plaintiff(s)
V.
STEPHEN E. MARANI,
Defendant(s)

To the above named Defendant(s):

A Complaint has been presented to this Court by the Plaintiff(s), DONNA M. MARANI, seeking DIVORCE

An Automatic Restraining Order has been entered in this matter preventing you from taking any action which would negatively impact the current financial status of any party. Please refer to Supplemental Probate Court Rule 411 for more information.

You are required to serve upon DONNA M. MARANI -- whose address is 95 MARTENSEN STREET, APT. #305, QUINCY, MASSACHUSETTS 02169 your answer on or before OCTOBER 20TH, 2006. If you fail to do so, the Court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer in the office of the Register of this Court at **CANTON**.

Witness, **DAVID H. KOPELMAN**, Esquire, First Justice of said Court at **CANTON**, this 17TH day of JULY, 2006.

PATRICK W. McDERMOTT
Register of Probate Court

8/10, 8/17, 8/24/06

LEGAL NOTICES

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P1980AD
In the Estate of
JOHN VINCENT O'CONNELL
Late of QUINCY
In The County of NORFOLK
Date of Death
October 21, 2005
NOTICE OF PETITION FOR APPOINTMENT OF ADMINISTRATOR

To all persons interested in the above captioned estate, a petition has been presented praying that MARY C. O'CONNELL of QUINCY in the County of NORFOLK or some other suitable person be appointed administrator of said estate to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **SEPTEMBER 27, 2006**

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, August 14, 2006.

PATRICK W. McDERMOTT
Register of Probate

8/24/06

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P1833EP
In the Estate of
RICHARD A. GOTTSCHALK
Late of QUINCY
In the County of NORFOLK
Date of Death
June 23, 2005
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that FRANCES A. BRUNNER of NEW MILFORD in the State of NEW JERSEY and GRACE M. BUSCHER of SQUANTUM in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **SEPTEMBER 13, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, August 2, 2006.

PATRICK W. McDERMOTT
Register of Probate

8/24/06

Classifieds

SERVICES

BASEMENT RESTORATIONS
Residential & Commercial
Sump Pumps · Drainage
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Lic. #A22293
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Call me, Josie
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Offering: Short/Long Term Pet Sitting, Daily Dog Walks. My rates are most reasonable
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As Always, Lic. & Insured
New Phone Number
781-829-2232 11

MISCELLANEOUS

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ART ANTIQUES WANTED! Paul Royka, nationally known expert, author, TV appraiser accepting fine art antiques consignments. 978-582-8207, www.ROYKAS.com

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MISCELLANEOUS

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2003EP
In the Estate of
RUTH HOLLY WAINWRIGHT
Late of QUINCY
In the County of NORFOLK
Date of Death
March 26, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that LAUREL WAINWRIGHT of QUINCY in the County of NORFOLK and DAVID D. WAINWRIGHT of MARLBOROUGH in the County of MIDDLESEX or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **SEPTEMBER 27, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, August 16, 2006.

PATRICK W. McDERMOTT
Register of Probate

8/24/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Norfolk Division
Docket No. 01P2538EP
Notice of Fiduciary's Account

To the persons interested in the estate of Gertrude K. Barron late of Quincy, in the county of Norfolk.

You are hereby notified pursuant to Mass. R. Civ. P. Rule 72 that the 1st and final account(s) of Russell N. Wilkins as temporary and permanent executor (the fiduciary) of said estate has been presented to this Court for allowance.

If you desire to preserve your right to file an objection to said account(s), you or your attorney must file a written appearance in said Court at Canton on or before the **13th day of September, 2006** the return day of this citation. You may upon written request by registered or certified mail to the fiduciary, or to the attorney of the fiduciary, obtain without cost a copy of said account(s). If you desire to object to any item of said account(s), you must in addition to filling a written appearance as aforesaid, file within thirty days after said return day or within such other time as the Court upon motion may order a written statement of each such item together with the grounds for each objection thereto, a copy to be served upon the fiduciary pursuant to Mass. R. Civ. P. Rule 5.

WITNESS, DAVID H. KOPELMAN, ESQUIRE, FIRST JUSTICE of said Court at Canton this 3rd day of August, 2006.

PATRICK W McDERMOTT
Register of Probate

8/24/06

REAL ESTATE

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8/24

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Call Tom (Quincy)
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MISCELLANEOUS

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JOHN 8/24

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8/24

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Houghs Neck Maritime CTR. Seeking Weekend Youth CTR. Director (Paid position for approx 8 months). Applications will be accepted Sept. 14th, 6-8pm at the CTR. (137 Bayview Ave.) Downstairs. Bring resumes and/or credentials. Applicants will be subject to a CORI 9/7

CUSTODIAN
The Salvation Army in Quincy seeks a full-time Custodian to perform general custodial work and minor repairs.
Please forward your resume to:
Major Doug Jones, The Salvation Army, 6 Baxter Street, Quincy, MA 02169, Phone: (617) 472-2345, Fax: (617) 472-2347, email: DJones@use.salvationarmy.org
The Salvation Army

MISC.

ST. JUDE NOVENA
May the Sacred heart of Jesus be adored, glorified, loved and praised throughout the world now and forever. Sacred heart of Jesus pray for us. St. Jude worker of miracles pray for us. St. Anthony, protector and wonder worker pray for us. Say this prayer nine times a day. By the eighth day your prayer will be answered. It has never been known to fail. Publication must be promised. A.L. 8/24

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Classifieds

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References Available Free Estimates
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- Spring & Fall Clean-ups
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The Quincy Sun

MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET, QUINCY, MA 02169
PAYABLE IN ADVANCE. Payment must accompany order.

INDEX
- ❑ Services
- ❑ For Sale
- ❑ Autos
- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
- ❑ Real Estate
- ❑ Antiques
- ❑ Flea Markets
- ❑ Yard Sales
- ❑ Instruction
- ❑ Day Care
- ❑ Personal
- ❑ Miscellaneous

RATES

1 WEEK ❑ $7.00 for one insertion, up to 20 words, 10c for each additional word.

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COPY: _____

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DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

602,076 Check-Outs Give Crane Library A Record Busy Year

(Cont'd From Page 1)

4.9 people. Some 54,000 visited the Main Library on weekends in July and August.

Attendance at the library's 744 programs was up, too, with 17,483 people representing a 22 per cent increase over the 14,311 who attended 607 programs in Fiscal '05. Children's attendance was up 13,933 over the 11,786 of the previous year.

Use of the 84 computers in the Main Library increased an amazing 60 per cent. They were used 430,144 times for an hour's use compared to 258,336 in Fiscal '05. The 10 branch computers added 13,312 uses for a grand total of 443,456.

The 608,076 items borrowed from the library included 406,477 books and magazines and 54,741 audios, videos and DVDs, mostly to adults, who took out 209,917 and 45,232 respectively. For children, the figures were 196,560 and 9,509.

Reference fielded 56,575 questions in Fiscal '06 compared to 52,151 a year before.

TIM MURRAY (center), Democratic candidate for lieutenant governor, was recently hosted at a reception fundraiser at the home of Honor and Ward 4 Councillor Jay Davis (second from right). Other local officials attending included (from left) Councillor Michael McFarland, Ward 3 Councillor Kevin Coughlin and School Committeewoman Anne Mahoney.

Appeal Is Denied In 1998 Quincy Murder

The State Appeals Court has affirmed the conviction of Joseph D. Romano Jr. of Quincy in the September, 1998, murder of his wife, Katherine, whose body has never been found.

Romano was convicted of second degree murder in 2002 in spite of his contention that his wife was still alive or had been harmed by unnamed drug dealers.

"This was no ordinary case and no ordinary trial," said Norfolk District Attorney William Keating.

"We felt strongly that the Appeals Court would uphold this conviction but we had no precedents to look to under Massachusetts law.

"Our research indicated that two dozen jurisdictions had successfully prosecuted murderers who had attempted to cover their crimes by successfully disposing of the body — but never Massachusetts."

Romano contended that his trial judge erred when she did not strike a prejudicial statement, that he was entitled to a manslaughter instruction and that evidence was insufficient to prove he acted with malice.

All three contentions were rejected by the Appeals Court.

Local Elected Officials Host Reception For Lt. Governor Candidate Tim Murray

Local elected officials Councillor Michael McFarland, Ward 3 City Councillor Kevin Coughlin, Ward 4 City Councillor Jay Davis, and School Committeewoman Anne Mahoney recently held a reception fundraiser at the home of Honor and Jay Davis in Quincy for Worcester mayor and Democratic candidate for lieutenant governor Tim Murray.

Murray had the opportunity to address the audience on several campaign issues. He said one of the reasons he entered the race is because of cutbacks in state funding to towns and cities have forced municipalities to raise property taxes to intolerable levels.

"This has placed even affluent communities in the same predicament as cash-strapped cities such as Worcester" Murray said. When municipal governments raise property taxes to keep up with constantly rising costs and keep pubic schools and police department afloat, the residents with the lowest incomes are hurt the most, Murray said.

"These are the kinds of situations where communities can no longer continue to pay for these services with the property tax, the most regressive tax there is."

Murray said he wants to bring his experience of local government to the state level and be a voice of reason for local towns and cities.

As mayor Worcester, Murray said he used innovation and determination to fuel economic growth expanding commuter rail service; launched aggressive brownfields reclamation initiatives and maximized job creation and business development in Worcester.

As mayor Murray also chairs the School Committee and has worked hard to improve the city's school system. He built school-community partnerships to lower drop-out rates, launched school-based health initiatives and expanded after school programs to support working families.

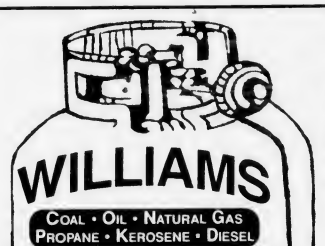
Worcester University Park Campus School, a unique partnership between the city and Clark University, was recently named one of the top 100 public high schools in the U.S. by Newsweek magazine.

Murray is a third term mayor of Worcester, the state's second largest city.

A native of Worcester, and the son of a high school teacher and a nurse, Murray attended Worcester public schools. He attended St. John's High School and earned a B.A. degree at Fordham University.

Murray was elected to the Worcester City Council in 1997 and became mayor in 2001. He and his wife Tammy have one daughter.

For more information on the Murray campaign, call 508-791-0400.



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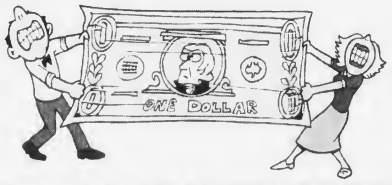

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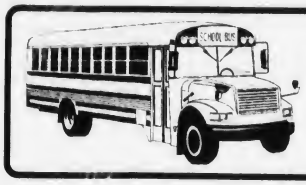

Elementary School Bus Routes And Back-To-School Section
Pages 16 - 19

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper

VOL. 38 No. 50 | Thursday, August 31, 2006 | 40¢

MEDALISTS. Members of the Quincy High School Women in Technology Club display the medals they won at the Southeast Consortium's science competition. Left to right, Diana Guinta, Christina Manipon, Jonee Manipon, Kathleen Chung, Thuy Duy Trinh and Kim Pham. Story on Page 6.

• High School Sept. 7
• Full-Day Kindergarten

School Bells Sept. 6 For Grades 1-9

By TOM HENSHAW

It's time to put away the skate boards and flip-flops and pick up the note pads and laptops.

School starts for students in grades 1-9 in Quincy Public Schools Wednesday, Sept. 6, with the city's first-ever full-day kindergarten classes experiencing the first of three orientation days.

Sophomores, juniors and seniors at both high schools will join their freshman colleagues for a full day of classes Thursday, Sept. 7, and pre-school and kindergarten classes will begin Monday, Sept. 11.

"Quincy Public Schools is proud and excited to begin the 2006-07 school year with the offer of full-day kindergarten at each of our elementary schools," said Superintendent Dr. Richard DeCristofaro.

"Thanks to the support of Mayor William Phelan and the School Committee, Quincy Public Schools has been fortunate enough to provide this incredible opportunity to our kindergarten age students."

Children who are 4½ years old on or before Aug. 31, 2006 (born on or before Aug. 31, 2001) are eligible to attend the new full-day kindergarten. Registration is still open all this week.

"With the implementation of the full day kindergarten program," said DeCristofaro, "students will be able to further develop their literacy, writing, math, science and social skills beyond what was possible in our half-day format.

"The longer day will allow students to spend more time on comprehensive curriculum as well as provide time for social growth and developmental opportunities."

Students in grades 1 - 9 (elementary and middle pupils and high school freshmen) will attend a full day Sept. 6 with lunch served in all schools. For freshmen, it will be orientation day.

Preschool and kindergarten youngsters will have their orientation days Sept. 6 through Friday, Sept. 8, with 649 registered during an en-

(Cont'd On Page 19)

Police, Fire Depts., Emergency Management In Drill

Quincy To Have Role In Terror Attack Test Sept. 17

Quincy will play only a peripheral role in Operation Poseidon, the terrorist drill that is planned to take place in Greater Boston in the early morning hours of Sunday, Sept. 17.

The test of preparedness for a terrorist attack will assume an explosion in a lab in Everett that spreads to an LNG facility and the explosion of a "dirty" bomb in the Cambridge Galleria.

"Most of the action will take place in Everett and Cambridge," said Tom Gorman, the former fire chief who is now the director of Emergency Management in Quincy.

"The Quincy Fire Department will have the job of decontaminating radiation victims and clothing them in Tyvack suits after they have been sprayed."

Denise Spillane, spokeswoman for Quincy Medical Center, said the Center is still determining what its role will be in the test, which is the same day of the QMC Cancer Walk.

"We always take part in

(Cont'd On Page 32)

Yard Paving Regulating Ordinance Now In Effect

A new city ordinance preventing residents from excessive paving of their properties is now in effect.

Mayor William Phelan and Chief Building Inspector Jay Duca said Tuesday that residents should be aware that the Inspectional Services Department is enforcing the ordinance and violators could result in a fine or further enforcement action.

The new ordinance regulates the amount of paving that can be installed in front and rear yards, while allowing a limited area for vehicular parking. A building permit is now required for any new paving or any repaving of existing surfaces.

"This issue was at the forefront in many of the 'Neighborhoods First!' survey results submitted by residents," Phelan said. "I applaud the Council for their action on this issue. These little steps go a long way in preserving the character of a neighborhood."

Those that wish to seek a permit to pave or repave an existing surface can do so by contacting the Building Department at 617-376-1450.

"I recommend that residents speak to Building Department personnel to better understand the new ordinance," said Duca. "The new ordinance does not ban paving, it simply regulates it, and we will work with residents that have legitimate needs to pave or repave. Anyone that tries to circumvent the new ordinance risks costly enforcement action and potential adjustments."

Early Deadline For Next Week's Sun

Because of the Labor Day holiday, there will be an early news and advertising deadline for next week's Quincy Sun.

News, church, organizations and youth sports releases, retail and classified advertising and legal notices should be in The Sun office, 1372 Hancock St., by noon tomorrow (Friday) to assure publication in the Sept. 7 issue.

The Sun will be closed Monday, Sept. 4.

Thank you and have a nice, safe, holiday weekend.

■ West Nile Virus Mosquito Here - *Page 3* ■ Businesses Support QMC Cancer Walk - *Page 11*

QUINCY RESTAURANT LEAGUE will soon promote local restaurant business. At a press conference Tuesday at the second floor conference room in city hall, from left are Dean Rizzo, executive director of Quincy 2000, Mark Carey, tourism director of Discover Quincy, Tiffanie Williams, owner of Tiffanie Williams & Co., Inc., and Dave Murphy, assistant to Mayor William Phelan. *Quincy Sun photo/Noreen O'Shea*

New Restaurant League Invites You To 'Taste Quincy'

By MIKAELA SLANEY

The newly formed Quincy Restaurant League is spearheading a campaign to bring more restaurant-goers to Quincy.

The league was created as a partnership between Quincy 2000 Collaborative, Discover Quincy and in conjunction with Tiffanie Williams & Co., Inc.

The league, whose slogan is "Taste Quincy," will allow member restaurants to promote themselves through Quincy's tourism and economic development organizations.

According to Discover Quincy, there are over 200 restaurants in the city, and 49 were members of the league as of Tuesday.

"There is only so much a restaurant can do," said Tiffanie Williams, owner of Tiffanie Williams Co. "As a team there are tons of possibilities."

The Quincy Restaurant League plans to promote the restaurant business by showing the public what is out there.

"We are going to market Quincy as a region as the dining capital of the South Shore," said Williams.

"A lot of people who live in the city alone, have no idea what they have here," said Mark Carey, tourism director of Discover Quincy, at a recent press conference.

The Fours Restaurant was recently named best sports bar in the nation by Sports Illustrated Magazine. Despite the distinction, owner Ed Morris said, "I still have people walking in the door that never even knew we were here."

Tiffanie Williams & Co. are developing a new website: www.TasteQuincy.com, where consumers will be able to search restaurants, information about night-life, and food specialty shops. The site will feature a "restaurant spotlight" to promote the Quincy restaurant-of-the-month. Carey said the site expected to be launched by mid-September.

The league also has plans to:

• Produce a cooking show that will air on local programming throughout the South Shore.

• Participate in Quincy Restaurant Week (Oct. 23-29) sponsored by Quincy Arts Alive.

• Produce a Quincy Restaurant League passport that will encourage consumers to sample dishes from participating restaurants.

Dean Rizzo, executive director of Quincy 2000, said that if the restaurant business in Quincy is improved, the business will improve in all other parts of Quincy as well. "This is a win/win situation for the many facets of the city of Quincy," he said.

Dave Murphy, assistant to the mayor, said that although Mayor William Phelan was unable to attend, he sends his support.

For more information on the Quincy Restaurant League, call Dean Rizzo at 617-847-1454, or Mark Carey at 617-847-1454.

Bereavement Support Group At Quincy Medical

Quincy Medical Center, 114 Whitwell St. will host a free, seven-week Bereavement Support Group, beginning Wednesday Sept. 13.

The support group will meet Wednesday afternoon from 4 to 5:30 p.m. for the seven consecutive weeks. The group is designed to help adults who are coping with the recent death of an adult loved one to alleviate feelings of grief and begin the healing process.

"Grieving people often feel isolated in their pain and perceive that the world only wants to see and hear from happy people," said Rev. Esther Bowen, director of Pastoral Care at Quincy Medical Center. "If you need an emotionally safe place where you can be yourself and process your grief experience, then perhaps this support group may work for you."

The program is free, however, pre-registration is required. For more information or to register, contact the Quincy Medical Center Pastoral Care Department at 617-376-5502.

Alzheimer's Forum On Memory Oct. 19

The Alzheimer's Association and the Council on Aging will present an informal talk on memory loss Thursday, Oct. 19, from 10 a.m. to 12:30 p.m. at the Koch Park and Recreation Complex, One Merrymount Parkway, Quincy.

The program, presented by Jamie Gutner, will provide an overview of Alzheimer's Disease, how to obtain diagnosis, addressing behavior and communication problems.

For reservation, call 617-376-1506.

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West Nile Virus Mosquito Found In Quincy Trap

A mosquito with the West Nile Virus has shown up in a trap in a central section of Quincy.

"But it's nothing to get excited about as a long as residents take the proper precautions," said Health Commissioner Andrew Scheele. "We've had one every year for the past five years."

The mosquito was diagnosed with WNV by the State Health Alert Network at 4:12 p.m. Tuesday afternoon.

ANDREW SCHEELE

Scheele stressed that the West Nile Virus is not connected to Eastern Equine Encephalitis, although both viruses are carried by mosquitos.

Scheele urged that residents limit their time outdoors during peak periods of mosquito activity and use a mosquito repellent that contains DEET or Picaridin.

Also they should take special care to cover up arms and legs of children playing outdoors and fix and holes in screens in doors and windows.

"Since we've had a lot of rain lately," he said, "be sure to remove any standing water that offers a breeding area to mosquitos."

QUINCY RESIDENT William P. Harris (left) was recently installed postmaster of the Woburn Post Office. John W. "Mike" Powers, Woburn Postal District manager, administered the oath while Harris' mother, Anne Harris, held the Bible.

6 Residents Graduate Regis College

Six Quincy residents graduated from Regis College, Weston.

They are: Irina Dauphinee, Pui Yin Lo, Judith Mangiacotti, Stephanie Flaherty, Christine Wong and Christine Flynn.

Special Council Meeting Approves Important Utility Pole

By MIKAELA SLANEY

The City Council met in a special meeting Monday night to approve the installation of a utility pole on Billings Street, North Quincy.

The pole is important because it will connect electricity to new traffic signals in Quincy Shore Drive. Without the council's approval, that project would be delayed.

The special meeting called by City Council President Douglas Gutro and attended by six councillors was recommended by Sen. Michael Morrissey.

"Sen. Morrissey contacted myself and Councilor McNamee, indicating that if it were delayed past the Sept. 5 meeting that there likely be delays in getting the signals up and running," said Gutro.

"Although we could have introduced this next week at the meeting, we potentially could have delayed the integration of the signals on Quincy Shore Drive. And we thought it best to schedule the public hearing for Sept. 5," he said.

Ernie Olson, outside plant engineer for Verizon, told *The SUN* that Verizon originally applied to install the pole in June, but the matter was tabled.

"It will be a service pole to feed the electrical and telephone feed into a traffic control box at the corner of Billings and Quincy Shore Boulevard," said Olson. "It's to energize the new traffic lights being put on Quincy Shore Drive."

The City Council received a joint petition June 6 from Verizon New England Inc. requesting the placement of the pole and all necessary wiring. The petition was signed by Penny Kane, manager of Rights of Way of Verizon, and Roger D. Cox, manager of Massachusetts Electric Company.

Ward 4 Councillor Jay Davis, Councillor Joseph Finn, and Ward 2 Councillor Daniel Raymondi were not present at the special meeting.

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Moments in time

THE HISTORY CHANNEL

• On **Aug. 22, 1749,** a troupe of English actors performs "Cato" in a warehouse in Philadelphia. But like many colonists, the locals considered acting to be immoral, and the city council ran the troupe out of town.

• On **Aug. 21, 1903,** America's first transcontinental auto race, from New York City to San Francisco, is completed. The race was between two Model F Packards traveling an average of 80 miles per day for 51 days.

• On **Aug. 23, 1926,** the death of silent-screen idol Rudolph Valentino sends his fans into a hysterical state of mass mourning. Each year for three decades on the anniversary of his death, a mysterious "Lady in Black" appeared at his tomb and left a single red rose.

• On **Aug. 24, 1938,** Clark Gable reluctantly agrees to play Rhett Butler in "Gone With the Wind." Gable hesitated to take the role because he feared the production's high profile would set impossible expectations for any actor playing Rhett Butler.

• On **Aug. 25, 1945,** John Birch, an American missionary to China before the war and a captain in the Army during the war, is killed by Chinese communists. In the 1950s, Robert Welch created a right-wing, anticommunist organization called the John Birch Society. For Welch, Birch was "the first casualty in the Third World War between Communists and the ever-shrinking Free World."

• On **Aug. 27, 1963,** 15-year-old Edmund Kemper kills his grandparents with a rifle. Kemper then called his mother and told her, "I just wondered how it would feel to shoot Grandma."

• On **Aug. 26, 1980,** workers at Harvey's Resort and Casino in Lake Tahoe, Nevada, discover a 1,000-pound bomb disguised as a copy machine. An attached ransom note demanded $3 million in return for instructions on how to defuse the bomb. Experts tried to disassemble the bomb with robots. Unfortunately, they were unsuccessful: The bomb exploded, demolishing the hotel.

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Sunbeams

By Henry Bosworth

For A Lonely Little Boy

Millions of viewers will again watch this weekend's Jerry Lewis Muscular Dystrophy Telethon and again contribute millions of dollars to fight this cruel disease.

But do you know the first Muscular Dystrophy TV extravaganza was telecast across the country for an audience of just one — a lonely little boy?

Jerry Lewis produced that one, too, with a million-dollar cast supporting him.

There was no money raised in this one, though. Sole purpose was to help make this lonely little boy, a victim of muscular dystrophy, happy on his birthday.

It goes back to October, 1957 when I was a staff reporter at The Boston Traveler. We received a letter from Mrs. Doris Reynolds, a nurse at Lakeville Hospital, asking us if we could help a little boy. He was lonely because no one came to visit him.

He was going to be nine on Oct. 8. Would The Traveler please help him receive a few cards, she pleaded.

Photographer Frank Kelly and I were sent to the hospital. We met a handsome lad with one of the biggest smiles in the world. But not quite big enough to hide the heartache of thinking he was unwanted.

Dr. Kurt Jellinek, a real life Dr. Christian, filled us in on the tragic background. The boy's mother was dead and his father was imprisoned in connection with her death.

Because of the circumstances we agreed not to use his full name. We referred to him as "Francis X" (Francis was his real first name) and as Little Boy Blue.

What did he want for his birthday?

"Four or six cards," he replied. "Funny cards."

Kelly took a photo of Francis seated in a wheel chair — back to camera — looking out the window for the visitors that never came.

The story and photo appeared on Page 1 of The Traveler Oct. 3 — five days before his birthday. By weekend the Middleboro post office was snowed under with letters and cards. Thirty extra people had to be hired to keep up with the avalanche.

The Traveler story had been picked up by the Associated Press and United Press and carried around the nation. Ham radio operators were reading it to others around the world.

Before it was over, there would be 500,000 pieces of mail, $12,000 in coins and dollar bills and three rooms full of toys and other presents.

The toys were shared with other youngsters at a number of hospitals. The money was set up in a trust fund for Francis.

But the most touching part of this story happened the night of Francis' ninth birthday. Jerry Lewis, who even then was national chairman for the Muscular Dystrophy Association, had read the story and quickly swung into action.

He wanted to give Francis something special. And, he did.

Lewis asked Gen. David Sarnoff, head of NBC, for a closed TV circuit from Burbank, Calif., to the little Massachusetts town of Lakeville, 3,000 miles away. Permission granted. They said it cost some $350,000 and the services of some 9,000 persons — technicians, engineers and others to complete the hookup.

A SERIOUS Jerry Lewis reads the story of Francis X, a lonely muscular dystrophy patient at the Lakeville Hospital, written by Quincy Sun Publisher Henry Bosworth (right) in 1957. As a result of the story, Lewis put on a closed circuit TV show to the boy on his ninth birthday, which was the forerunner of today's Jerry Lewis Muscular Dystrophy Telethon. Lewis and Bosworth got together in 1977 at Children's Hospital where Lewis dedicated a Muscular Dystrophy clinic.

John Gillooly Photo

By telecast time, the audience had grown. Joining Francis in front of TV receivers in the recreation hall of the hospital were other youngsters in wheel chairs, beds and on crutches. Nurses, doctors, parents and newsmen were there, too.

Suddenly, an announcer was saying:

"This program is an NBC closed circuit broadcast for Francis in Lakeville Sanatorium — direct from Hollywood — a special command performance!"

Francis smiled, giggled and slapped the side of his wheel chair as Jerry Lewis mugged, clowned, sang and spoke directly to him.

And for the next 75 minutes or so on camera stepped Eddie Cantor, Dinah Shore, Hugh O'Brien, Eddie Fisher, George Gobel, Pinky Lee, The Mouseketeers, Mary Costa and others.

Each with a special personal message for Francis — and all doing their thing free to make a little boy happy.

The adults in the audience managed to hold back the tears when Lewis and the Skylarks sang a parody to "No Business Like Show Business" entitled "There's No Francis Like Our Francis."

But the tears did show up when Dinah Shore serenaded Francis with "You Made Me Love You," and he happily waved back.

Francis died in November, 1966 a few weeks after his 18th birthday. In the 10 years the mail never really stopped. He was remembered with cards every birthday and Christmas.

And the night that Jerry Lewis put on his MD telethon was for us, who were there, a night to remember.

Jerry was at his best. It was an Emmy performance — from the heart.

SHINE Counsel At Aging Office

A SHINE counselor will be available Tuesdays and Wednesdays from 9:30 a.m. to 12:30 p.m. at the Quincy Council on Aging office, 83 Saratoga St., Quincy, to assist the elderly and adults with disabilities with health information and benefits.

Home visits can be arranged for shut-ins.

SHINE is the acronym for Serving the Health Information Needs of Elders.

Call 617-376-1247 to make an appointment or to speak with a counselor.

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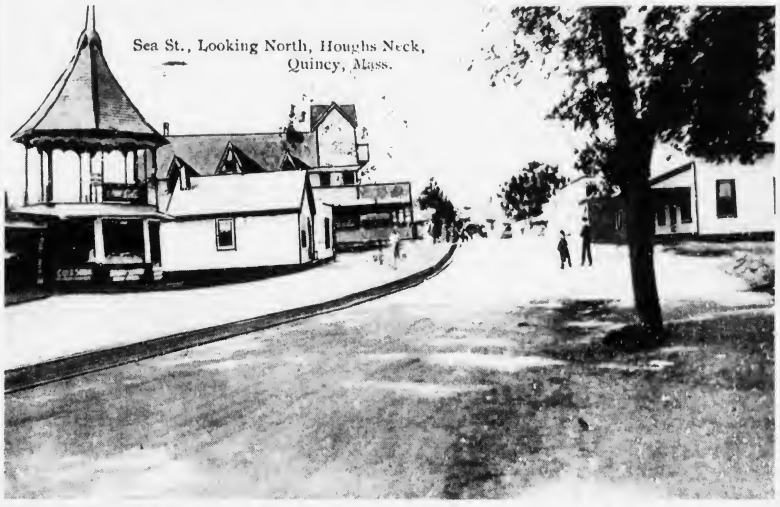
Scenes From Yesterday



THIS OLD POSTCARD is a view of Sea Street from near the end of Thomas Street in Houghs Neck. The building on the left with the peaked roof was Power's Casino, a major attraction in old time Houghs Neck. It was built in the late 1800s as part of an amusement park between Shennen and Winthrop Streets. The Casino was a large recreational building that offered among other things pool, billiards and dancing and was the first place in Quincy to have candlepin bowling alleys. They also rented boats on the north bay. It burned to the ground about 1918. The large building in the left center was Associates Hall at 1240 Sea St. That building also met its fate in a fire in the 1920s. The dark line in the street is an artist's enhancement of the trolley tracks that went down to the yacht club. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of Tom Galvin

Quincy's Yesterdays

Budget Cuts Feud May Flare Again

This Week
1984
22 Years Ago

By FRANK McCAULEY

The simmering feud between the Mayor and the City Council, which was thought to be settled with passage of a $69.3 million budget in July, may break out again at the first fall meeting Sept. 4.

The agenda for the meeting will contain appropriation orders that were deleted when the council cut some $220,000 from the mayor's original $75.8 million. One that is particularly galling to Council President James A. Sheets is an order restoring $10,000 to the Law Department contractual obligation to David Grunebaum, the city's labor negotiator.

"I am not going to appropriate a single cent for the labor negotiator," Sheets said. "I am not going to give the mayor a blank check on this issue."

"Since both items were deleted by 5 to 4 council votes, someone might reconsider," said Mayor Frank McCauley.

VOTING MACHINES ON COUNCIL AGENDA

Quincy may have voting machines ready for the next city election in September 1985. The City Council agenda for Sept. 4 contains a financial order for $200,000 for the purchase of 500 punch card voting machines.

"They will save a lot of police overtime and counting expense on election night," said Mayor Frank McCauley. "They will pay for themselves very quickly."

KEEPING UP WITH THE RED SOX

Rookie pitcher Roger Clemens' record stood at 9-4 as the Red Sox entered the final month of the season. In his last seven starts, he is 6-0 with a 2.48 ERA.

The Red Sox, with a 68-62 record, were in fifth place in the seven-team American League East Division. Red Sox outfielder Tony Armas was the Sox home run leader with 35, while Jim Rice with 100 and Armas with 99 led the Sox in runs batted in (RBI).

QUINCY-ISMS

The Quincy Sun office, 1372 Hancock St., Quincy Center, will be the headquarters for the eighth year for the Jerry Lewis Muscular Dystrophy Telethon on Labor Day Weekend . . . Twenty-eight women were sworn in to serve on the Mayor's Commission on the Status of Women. The commission was established by Mayor **Walter J. Hannon** in 1974. **Harriet Goldman** will serve as chair for the coming year assisted by **CarolAnn Speranzo** as co-chair . . . The Quincy Sun's Sunbeams column noted Ward 6 Councillor **Joanne Condon** was moving closer and closer to entering next year's mayoral ring . . . Mrs. **Marie Arsenault**, a resident of the Crestview Nursing Home on Greenleaf Street, celebrated her 101st birthday. The mother of six children, she has 29 grandchildren, 44 great-grandchildren and two great-great-grandchildren . . . A committee was planning for the 35th anniversary reunion of the Quincy High School class of 1950. The event will be held May 4, 1985 at Lombardo's in Randolph. Former Mayor **Joseph LaRaia** and former District Attorney **George Burke** are members of the class . . . West Quincy native Msgr. **John E. Mallarkey**, a priest for 59 years, died Aug. 26. A concelebrated funeral Mass was held at St. Mary's Church which he attended as a boy . . . **Jack Raymer**, who played football at Quincy High in 1966 and 1967, was named the new head coach at the school. Raymer has been an assistant coach for 13 years . . . **Geoff Hennessy**, coach of the Quincy Track Club, was honored at a surprise dinner celebrating the 10th anniversary of the club's founding . . . Barry's Deli, 21 Beale St., Wollaston, was offering Pearl's Corned Beef Brisket for $4.29 lb. and MapleLeaf Franks for $1.99 lb. . . . **Maureen Mahoney**, daughter of Mr. and Mrs. **John F. Mahoney** of Quincy, was elected to the position of assistant audit officer at Bay Bank Norfolk County Trust . . . **Joseph F. Ahern**, son of Mr. and Mrs. **Joseph Ahern** of 93 Sachem St., Wollaston, was promoted to lieutenant commander in the U.S. Coast Guard . . . Bank of New England Hancock was offering six month certificates with an effective annual yield of 11.25 percent . . . Mr. and Mrs. **Nicholas Pepe**, 33 Pembroke St., South Quincy, announced the engagement of their daughter, **Marcia C. Pepe**, to **Joseph S. Goulart, Jr.** of Hingham . . . **Judith G. King**, 41 Avalon Ave., Quincy Point, was named to the dean's list at Northeastern University College of Nursing . . . U.S. Sen. **Paul Tsongas** endorsed former Quincy City Solicitor **William F. Golden** for the Democratic nomination for state senate in the Norfolk and Plymouth District . . . Twenty-five elementary school youngsters were enrolled in the Tuesday After School Program at the Beechwood Community Life Center. The program will be run every early release Tuesday. The program is being funded from the Quincy Federal Community Block Grant budget . . . **Mary Curtin**, president of the QEA (the Quincy teachers union) expressed concern that the school year is about to begin without a signed teachers' contract . . . Former Mass. House Speaker **David Bartley**, candidate for the U.S. Senate, stopped by the Hancock Court senior housing complex on School Street in his bid for votes in the Sept. 18 primary.

Readers Forum

Wants Mosquito 'Poisoning' Stopped

Although Eastern Equine Encephalitis is carried by mosquitoes it is part of nature.

When fish eggs hatch the minnows need mosquito larvae to eat in order to survive and grow. Without mosquitoes, fish, frogs and songbirds will lack food and will starve. The repercussions will travel right up the food chain until we humans are affected by the sterile landscape we have created.

Mosquitoes can be dangerous and should be avoided but they have a very important place in the delicate balance of nature. Spraying poison over hundreds of square miles of land will kill many life forms and do irreparable harm to our environment.

If this poisoning is allowed to continue the risk of EEE will soon be overshadowed by problems of quiet dry marshes, sterile land, and depleted fish stock.

Julie Berbera
14 Riverview St.
Quincy

An Apology From Sal

I've been penning letters to the editor of newspapers since I was 19 years old. Back when both Dr. King and Bobby Kennedy were still alive and back when L.B.J. was still in the White House. There's not a subject I haven't touched. I've even talked about the former planet known as Pluto.

I'm apparently safer talking about the solar system or the war in Iraq than I am talking about the ramps at Wollaston beach. If my mother was alive today, she'd be 97 years old and she'd probably be whacking me for making light of ramps at public beaches.

I should have known better before writing the letter. The reaction to my most recent letter reminded me of something the late California Gov. Pat Brown said decades ago. His quote was deja vu all over again for me. It goes, "I am invariably misquoted on something I never should have said in the first place."

Last week's letter criticizing my letter had it right as did several phone callers to my house. Handicap ramps aren't just for the wheelchair-bound. The elderly can use them. Little kids. Mothers pushing carriages. Beaches should be accessible to all and I in no way meant otherwise.

I apologize to anyone offended by my letter. Many folks have worked together to improve Wollaston Beach. The ramp was well thought-out and with hindsight I now see its benefits to all.

Hey, even I make a mistake or two from time to time. No one's perfect all the time.

Sal Giarratani
Atlantic Street

Fifth Army Veterans Sought For Italy Tours

Sign up is available for the annual reunion tour of the Fifth Army Veterans of World War II Italian Campaign, which will be May 7-18, 2007.

Veterans who battled Nazi forces from 1943 to 1945 will visit Italy with their families and friends in a nostalgic tour of the cities, towns, and places where battles were fought and many died. The group will visit Rome, Anzio, Cassino, Nettuno, Pisa, Florence, Futa Pass, Bologna, Venice, and American Military Cemeteries.

To join the tour call Sy Canton at 561-865-8495, or write to him at 5121 B Nesting Way, Delray Beach, FL 33484.

SWAP Earns Tax Abatements For Seniors

The Council on Aging has a SWAP (Senior Workers' Abatement Program) that enable the elderly to work 89 1/2 hours a year and earn $600 towards their real estate tax bills.

For further details, call Dorothy Dow at 617-376-1508.

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Arts & Entertainment

RICARDO CORDERO with first grade students of Squantum School.

Squantum School Students Learn About Puerto Rico

Squantum School students of Rebecca Cordero's first grade class were visited by her husband, Ricardo Cordero, a Spanish teacher at Central Middle School.

Ricardo taught basic Spanish, and his experiences growing up in Puerto Rico. Students sampled food and observed Puerto Rico projects created by Ricardo's eighth grade class.

One student later said, "I knew he'd be fun as soon as he walked in."

Quincy Girls Take 20 Science Medals

Members of the Women in Technology Club at Quincy High School won 20 gold, silver and bronze medals recently at a summer camp sponsored by the Southeast Consortium at Massachusetts Maritime Academy.

The young women competed with other South Shore schools in robotics, global positioning systems, civil engineering, web design, rocketry, leadership and team events.

They also took courses in marine research and naval operations.

The medal winners included Diana Guinta, Christina Manipon, Jonee Manipon, Kathleen Chung, Thuy Duy Trinh and Kim Pham.

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September Computer Classes At Thomas Crane Library

The Thomas Crane Public Library, 40 Washington St., is offering several free computer classes starting in September.

No advance registration is needed for the classes, which are held in the computer lab of the main library. Classes are based on the assumption that participants have some experience using a mouse and keyboard. For those who do not, call 617-376-1316, or stop by the main library reference desk on the second floor. One-on-one mouse tutorials are available upon request.

Internet Basics I: This introductory class will be Wednesday, Sept. 6 from 10-11 a.m. and covers basics such as web features, how to find web addresses, and how to do easy searches on websites like Google and Mapquest. Participants may warm up their fingers before class with online "mousercises." There will be time after class for questions and practice.

Internet Basics II: In this follow-up class on Wednesday, Sept. 20, participants will review the basic concepts covered in Internet Basics I, and have time for questions related to personal web interests. Participants will also be assisted in setting up a free Yahoo! email account, or may learn more about the account they already have. Participants will review how to compose, send, forward and reply to massages, attach files, and create and use an address book.

Introduction To Word: This class will be held Monday, Sept. 11 from 7-8p.m. For those who want to create a simple letter, complete a class assignment or write a best-selling novel, this class will teach the basics of opening, saving, formating, editing, spell-checking and printing a document. There will also be several tips and shortcuts.

***DISCOVER!* Special Topics On The Web:** This special series of hands-on workshops will introduce participants to a wealth of online resources. A different topic is planned for each month. On Monday, Sept. 25 from 7-8:15p.m., discover "What's In Your Library." This class goes behind the scenes of the library's books, newspapers and magazines, and discover music, movies, and online resources and websites. Search beyond the walls of Thomas Crane and learn how to request a book or article from other libraries, find phone numbers or addresses for local or out-of-state businesses or individuals, read articles from *Consumer Reports*, search for obituaries in the *Patriot Ledger*, and explore business, career, legal and career resources. This class will show how to use the library's website to find information inside and outside the library.

Upcoming Discover! programs include: "Discover! Travel Resources on the Web," Monday, Oct. 23 and "Discover! Health and Wellness Resources on the Web" Monday, Nov. 27.

For more information about a computer class, call 617-376-1316, or visit www.thomascranelibrary.org.

September Events At Boston Harbor Islands

Boston Harbor Islands announces upcoming events for September.

Sept. 2: At 11:15 a.m. explore the landscape of Bumpkin Island with a ranger to learn about its past uses as a farm, hospital, and naval training facility.

Sept. 3: At 3:45 p.m. take a walk with a ranger around Bumpkin Island to discover the island's natural beauty.

Both days there will be "Boston Light Tours" on Little Brewster Island at 10 a.m. and 2 p.m. The three and a half hour "soft adventure tour" explores the oldest lighthouse site in the nation. Reservations are highly recommended. Tours leave from Fan Pier, Boston. There will also be Fort Warren Tours on Georges Island, a national historic landmark. Visitors claim that this is the home of the ghost of the "Lady in Black." There will be dark and mysterious passage-ways, and views of Boston Harbor and the city skyline.

Visiting Bumpkin Island requires travel on the park inter-island shuttle.

For the ferry schedule, or for more information visit www.BosstonIslands.com, or call the Boston Harbor Islands park ranger line at 617-223-8666.

Association For Blind Seeks Donated Cars

The Massachusetts Association for the Blind (MAB) is accepting donated cars with free towing and pick up.

MAB provides services and programs to the blind and vision-impaired community of Massachusetts. MAB is also accepting old boats, trailers, campers, motorcycles, jet skis and snowmobiles.

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SOCIAL

Fundraiser For DOVE To Be Held Oct. 18

A fundraiser for DOVE (Domestic Violence Ended) will be Wednesday, Oct. 18 from 6-9:30p.m. at the Granite Links Golf Club, 100 Quarry Hills Dr.

Proceeds will benefit DOVE, which is a organization that aids victims of domestic violence. DOVE recently saw a major cut in funding.

Cost is $100 per person for a light dinner, cocktails, raffles, and live entertainment provided by "Java Jive." Master of ceremonies will be Julie Devereaux, 105.7 WROR.

The loss of the 20 year annual funding of approximately $250,999 from the Department of Social Services is expected to force DOVE to close around Oct. 1 after serving the area for 28 years.

Dove runs on an annual budget of approximately $600,000.

Virginia Kurtzman, chairwoman of the DOVE board of directors said the facility served 275 women and children last year but had to turn away another 250 for lack of space. The shelter is the second largest in the state with 18 beds.

Kurtzman said that although the facility may be forced to close, they will continue serving battered women and children, and will arrange to put victims in other shelters. Committee members include: Sheriff Michael Bellotti, Retired Honorable Judge Paul Buckley, Jay Cashman, president of Cashman Construction, Chef Curtis, Gary Gibbons, director of Quincy Medical Center, Edward Kane of EatWell, Inc. District Attorney William Keating, Senator Michael Morrissey, Chairman of the Board Peter M. Nicholas, co-founder of Boston Scientific, Inc., Mayor William Phelan and Tracy Phelan, Mathew Reneghan of Captain Fishbones and Marina Bay, Denise Reneghan, of Bay State Charitable Foundation, Wan Wu of Kamman Food, and Betty K. Yau of Yau's Marketing Services.

Board of Directors include: President Virginia Kurtzman, Vice President Patricia Novak-Tenney, Treasurer Judith Serode, Clerk Jennifer Howard, Sylvia Beaton, Julie Devereaux, Barbara DiNatale, Karen Elsworth, Laurie Kelleher, Judy Kiley, Margeret Loughlin, Catherine Lynde, James Mamary.

Advertising space is available in the Harvesting Home Program Book, with proceeds benefiting DOVE. To advertise call Catherine Lynden at 617-328-9832.

For more information call 617-770-4065, or visit www.doveinc.info. A 24 hour crisis hotline is available at 617-471-1234 or 888-314-3683.

QHS Class Of 1956 Planning Sept. 16 Reunion

Reservations are being accepted for the Quincy High School Class of 1956 50th reunion Sept. 16.

The event will be at the Marriott Hotel, 1000 Marriott Drive.

Call Jack Brown, president of Quincy High School Class of 1956 at 617-479-4901 or email jbrown901@comcast.net.

MR. and MRS. BERNARD GUEST

Mr., Mrs. Bernard Guest Celebrate 50th Anniversary

Mr. and Mrs. Bernard T. Guest of Quincy recently celebrated their 50th wedding anniversary at a dinner in their honor at the Barker Tavern in Scituate.

The dinner was hosted by their son, Frank T. Guest of Norwood, and their daughter, Noreen O'Connell of Quincy.

The Guests were married June 23, 1956 at St. Paul's Church, Dorchester. They have five grandchildren, Frank and Dayna Guest, and Therrence, Mollie and Abigail O'Connell, all of Quincy.

NQHS Class Of 1943 Luncheon Sept. 29

North Quincy High School Class of 1943 will gather Sept. 29 at 12:30p.m. for a lunch at the Red Parrot on Nantasket Beach,.

To RSVP call Eleanor Coughlin at 617-328-3991 or Mae D'Angelo at 617-773-2176.

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Jimmy Tran Named All-American Scholar

Jimmy Tran, a student at North Quincy High School, has been named an All-American Scholar-At-Large Ward Winner by the United States Achievement Academy.

The award recognizes the academic and extra-curricular achievements of less than 10 per dent of high school students whose names will appear in the All American Scholar Official Yearbook.

Tran is the son of Huong Pham of Quincy and the grandson of Tuong Pham of Quincy and Tran Ngoc Thap of Saigon, Vietnam.

JIMMY TRAN

Brilene Faherty On Fairfield Dean's List

Brilene Faherty of Quincy was named to the dean's list for the spring semester at Fairfield University in Fairfield, Conn.

She is majoring in political science and plans a career in law. She is a graduate of Fontbonne Academy in Milton and the daughter of Mr. and Mrs. Brian Faherty.

Mr., Mrs. Kenneth Mysiuk Parents Of Daughter

Kenneth and Veronica Mysiuk of Vero Beach, Fla. formerly of Quincy are parents of a daughter.

Dorothy Eileen was born in March and her christening was held Aug. 6 in Vero Beach.

Grandparents are Theodore and Rose Mysiuk of Quincy and Selipe and Maria Chuque of Lima, Peru.

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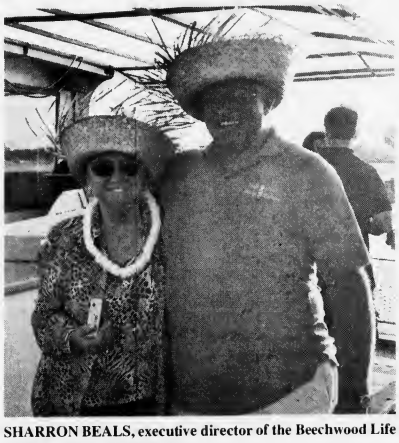
250 On Beechwood Center Harbor Cruise

SOME 250 PASSENGERS board the Bay State for the Beechwood Community Life Center's 10th annual three-hour Boston Harbor Cruise. Next year's cruise is already scheduled for Aug. 8. *Sharron Beals and Maralin Manning photos*

JOE DOLAN, Marilyn Reisberg, and Bill and Ann Macdonald getting ready to board.

PAULINE COTTON, Tina Tuggle and Jackie Gardner.

MARIA VITAS, Gwendolyn Bulmer and Linda Smith.



SHARRON BEALS, executive director of the Beechwood Life Center, and Joe Cappadona.

DON UVANITTE, Michael Joyce, Bob McCarthy and Bill Farrell.

DENISE VALENTI, Barry Rabinovitz and Angela Ponte.

JUDY PAUL, president of the Beechwood Life Center, and Sharon Collins Beals.

ERIN CARMODY and Bob Delaney.

EILEEN REID and Don McCarthy.

Four-Time Emmy Winner Dan Jaehnig Confides:

'I Like Hometown Stories That Leave People Happy'

By TOM HENSHAW

Dan Jaehnig, 36, a Quincy boy born and raised, with four Emmys on his resume, was talking about his job as reporter/anchor at Fox 25 News, a major television channel in Boston.

"In the last few months," he said, "I've covered major flooding from a chopper and the scandals at the Big Dig. I was at Ronald Reagan's funeral and I interviewed Bill Clinton.

"There's always something new. But I like best of all the hometown story about people that other people enjoy, the lighter stories, the ones that leave people happy."

Jaehnig, who got his start in broadcast journalism as an intern with The Quincy Sun and Quincy Cable, won his four Emmys for overall reporting, spot news, serious news features and, last May, for news writing.

His three stories cited for this year's Emmy illustrates the versatility acquired in a march to the top of his profession that took him through TV stations in Springfield and Providence.

One involved the struggles of local fishermen to survive. Another involved the theft of a stuffed bear. The third took viewers inside a facility for child sex offenders.

"One showed people what fishermen go through every day to make a living," he said. "Another got a laugh. The third opened people's eyes to a great problem.

"I may start a day knocking on doors, then chase down a story in city hall but then it will start raining and I'll wind up in Sharon where the wind has blown the trees down and I have to report it.

"Every day is like that. You go to work every day not knowing what is going to happen. One day is never the same as another day."

Actually, Jaehnig has been working in TV since he was in the seventh grade as a participant in Quincy Cables' "Kid's Magazine," a news program by and for youngsters.

This eventually led to an internship at the cable station and The Sun, where he wrote obituaries and shared the TV camera with John Noonan when The Sun operated Channel 8 news.

He recalls his first assignment as coverage of the Quincy Farmer's Market.

"If I learned anything at The Sun it was the importance of accuracy and integrity and a sense of camaraderie," he said.

He graduated from Suffolk University in 1992 with a degree in broadcast journalism and joined Channel 56 in Boston, first as an intern, then as assignment editor.

He quit Channel 56 after a few months to travel, including a safari in Africa, and returned to find himself tied down to another assignment desk at WPRI-TV in Providence.

Jaehnig left there for his first reporter/anchor job at WWLP-TV in Springfield, an NBC affiliate, where he made his mark in front of the camera instead of behind it.

He investigated the western Massachusetts Mafia and Kristen Gilbert, a nurse who was accused to killing her patients, and he traveled to Ireland for a series on connections to Springfield folks.

He was in Springfield for a year and a half before Providence called again and he joined WJAR-TV as reporter/anchor.

He was there to cover the plane crash that killed young John Kennedy and his wife, the suspicious crash of Egypt airliner 999 and the corruption charges that sent Providence Mayor Vincent Cianci to jail.

He came to Fox 25 four years ago.

Jaehnig, always the Quincy boy, lives in Merrymount with his wife, the former Jane MacLeod, and their 4 1/2-year-old daughters, Emma and Caroline.

He teaches part-time at Suffolk and he'd like to do more.

"There is an A road and a B road," he says. "If I can steer someone onto the A road I'd like to do that.

"I've reached all the goals I set when I started out. Now it's time for new goals."

The new goals sound a lot like the old ones.

"It's important every day to tell a good story," he says. "Get the facts, meet people that's my goal."

DAN JAEHNIG, reporter and anchor newsman for Fox 25 Channel in Boston, displays the four Emmys he has won on the mantelpiece of his home in Merrymount.

Quincy Sun photo/Noreen O'Shea

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Eli Cedrone Paintings At Crane Library Sept. 6-30

Artist Eli Cedrone will present her oil paintings Sept. 6-30 in the Coletti Reading Room on the first floor of the Thomas Crane Public Library, 40 Washington St.

A public reception for the artist will be held Thursday, Sept. 7 from 6-8:30p.m.

New works on display will be a series of small oil sketches called "apuntes," which were created this summer. The images of figures on the beach in direct sunlight or landscapes evoke a moment captured in time.

Through her work, Cedrone said she tries to "describe the profound in the commonplace.

"My concerns are with the expressive qualities of light captured in paint as much as they're about new ways to consider the landscape in contemporary painting. By dividing my time between studio work and painting en plein aire, Painting is a way of sharing a portion of my life with others."

Cedrone spent her lifetime creating. Upon graduating from the School of Art & Design in Boston, Cedrone studied art in Italy and at the MFA. Her professional career began as an art director in 1982 at Saatchi & Saatchi & Saatchi Advertising in Bermuda. This was followed by work as an illustrator and mixed-media artist in Laguna Beach, CA. Today, Eli paints full-time and teaches art at her gallery in Hingham.

Granddaughter of Lucia Coletti, Cedrone shares a lineage with the architects of the library's Coletti addition where her work will be exhibited. Constructed in 1939, the addition was designed by Paul Coletti, Carroll Coletti and Quincy resident Joseph A. Coletti. His ornamentation and basrelief sculptures of riveters, granite cutters and two entwined cranes grace the exterior of the building.

Tian Hu Graduates From Environmental Training Program

Tian Hu of Botolph St., Quincy, graduated from the Environmental Technology Training Program at JFYNetWorks' 29th annual graduation ceremony held recently at Suffolk University Law School.

The JFYNetWorks Environmental Technology program is a 14-week course in environmental science, chemistry, chemistry lab, math and business writing. It includes five different professional certifications: OSHA 40, asbestos, mold, confined space and emergency response.

Funded by the US Environmental Protection Agency, JFY's ET program has been in operation for almost 10 years. ET received an "Environmental Merit" award from the US Environmental Protection Agency in May.

JFYNetWorks, formerly known as Jobs for Youth, is located at 125 Tremont St., at Park Street Station. The non-profit agency offers GED classes, Environmental Technology job training, and computerized education programs.

TIAN HU (right) of Quincy displays his certificate after graduating from the Environmental Technology Training Program at JFYNetWorks. Offering congratulations is JFYNetWorks' Program Manager, Larry Elgart.

Milton Temple Welcomes New Rabbi At Open House

Quincy Jews are invited to meet the new rabbi of Temple Shalom in Milton at an open house Sunday, Sept. 10, from 11 a.m. to 12:30 p.m. at the temple. 180 Blue Hill Ave. (Route 138).

Rabbi Alfred Benjamin along with temple officers, members and school staff will lead a tour of the building and explain the temple's programs and activities including the religious school.

Temple membership information will be available and High Holiday seats are on sale.

Registrations for the Rabbi Jerome Weistrop Religious School are being accepted. The school meets Sunday mornings and Tuesday afternoons starting Sunday, Sept. 10.

Information on the school is available by calling 617-698-3395.

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Six Residents On Providence Dean's List

Six Quincy residents were named to the dean's list for the spring semester at Providence College.

They are Matthew MacNeil, Lisa Rubino, Kevin Shea, Cara Sacchetti, Kellyann Moore and Melissa Mastrorilli.

River Bay Club 15th Anniversary Sept. 13

The River Bay Club will host their 15th anniversary of exceptional senior living on the South Shore, Wednesday Sept. 13 from 5-9 p.m. at 99 Brackett St.

The "Hearts in Harmony" garden party is open invitation.

River Bay Club opened as a retirement community in 1991 and was acquired by Brookdale Properties in 1999. The eight-story building is comprised of 282 independent and assisted-living apartments. Over the past 15 years the residents of River Bay Club have had access to the wellness center, computer center, dining room, billiards room, beauty salon, card room, and a 22 passenger bus. River Bay Club offers "respite stays" in fully-furnished apartments with three meals, weekly housekeeping, and all the amenities of the community.

Seating is limited. RSVP to Suzanne Davis at 617-472-4457.

HN Garden Club In 1st Meeting

The Houghs Neck Garden Club's first meeting of the new year will be a pot luck supper Wednesday, Sept. 6, at 7 p.m. at the Houghs Neck Community Center, 1193 Sea St.

The club is newly organized and is seeking new members. Membership is $20 a year. Meetings are planned for the first Wednesday of each month.

Sale At Thrift Shop Aug. 30 - Sept. 1

The Bureau Drawer Thrift Shop will hold a $4 a bag "End of the Season Bag Sale" Wednesday, Aug. 30 through Friday, Sept. 1.

The thrift shop is open from 9:30 a.m. to 12:30 p.m. and is located at Interfaith Social Services, 105 Adams Street, Quincy.

The Bureau Drawer fall hours begin Sept. 6 when the shop will be open Wednesday through Friday, 9:30 a.m. to 3:30 p.m. and Saturday 11 a.m. to 2 p.m.

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Annual Event Set For Sunday, Sept. 17

Businesses Supporting QMC Cancer Walk

The South Shore business community has once again laced up its sneakers to support the annual Quincy Medical Center Cancer Walk on Sunday, Sept. 17.

Building upon the legacy of the seven-year Marie Curry Walk, the Quincy Medical Center Walk continues its support of the Marie A. Curry Fund, a permanent, endowed Fund at Quincy Medical Center that underwrites free, high quality cancer screening programs and services for uninsured or underinsured women and men in our community.

Event registration will begin at 8 a.m. Sunday, Sept. 17 at Pageant Field in Quincy's Merrymount Park, with the four-mile, non-competitive Walk kicking off at 9:30 a.m.

In addition to the seaside stroll, the fun family day includes a pre-Walk breakfast catered by area Dunkin' Donuts stores and a post-Walk celebration, held at Pageant Field, including lunch donated by the Outback Steakhouse of Quincy.

For the second year, the Quincy-based Rural Lodge of the Massachusetts Freemasons will offer their Child Identification Program (CHIP), free of charge, at Pageant Field, throughout the Walk day. The CHIP program is a national program designed to aid in the identification of missing and/or abducted children by providing parents, of children age 18 and younger, with a file containing a fingerprinting, videotaped interview, dental impression and more. All materials are given to the parents for safekeeping.

To date, more than 50 area businesses have pledged their support to this year's Walk, including:

Presenting Sponsors ($10,000+):

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Quarry Hills Associates (Quincy).

Supporting Sponsors ($5,000+):

Commonwealth Building, Inc. (Quincy).

Contributing Sponsors ($2,500+): Adams Plaza Donuts dba Dunkin Donuts (Quincy)

Aslanis Seafoods, Inc. (Quincy)

Coldwell Banker Urban Communities (Boston)

Quincy Rehabilitation and Nursing Center (Quincy).

Sustaining Sponsors ($1,500+):

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Hart Supply Co., Inc. (Hingham)

Maloney Seafood Corp. (Quincy)

Sodexho Healthcare Services (Franklin)

South Suburban Oncology Center (Quincy)

Sovereign Bank - Quincy branch (Boston)

State Street (Quincy)

The Bank of Canton (Canton)

The Flatley Company (Braintree)

Twin Rivers Technologies (Quincy)

Welch Healthcare & Retirement Group (Quincy)

Mile Markers ($750+)

Dennis Sweeney Funeral Home (Quincy)

Granite City Electric Supply (Quincy)

Keohane Funeral Home (Quincy)

Ortho Biotech (National)

Quincy Credit Union (Quincy)

Quincy Pathology Associates (Quincy)

Roche Bros. Supermarkets - Quincy Store (Wellesley)

Work, Inc. (Quincy)

Strider Sponsors ($350+)

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REAL ESTATE

By Samantha Mazzotta

Marble Chips Stained by Mildew

Q: We have a 2-foot border of marble chips around our house. On the backside of the house, the marble chips have become tarnished to a dark brown by mold and mildew. Tilex seems to kill the mold/mildew, but doesn't return the color. Obviously, I can't clean each individual stone by hand. Are there any products or methods available to kill the mold/mildew and return the marble chips to their original white luster? Thanks. — *Bob G. in West Virginia*

A. You could have a tough job ahead, because you just might have to clean each stone by hand. However, before we go to that extreme, let's try a couple of other tricks first.

A bathroom tile cleaner may not be the best thing for cleaning marble. As you mentioned, the cleaner killed the mold and mildew but didn't get rid of the tarnish. The next step is to test a few different cleaners on one or two of the marble chips to see what the results are.

Put away the name-brand cleaner (which may contribute to the staining problem rather than solve it) and pick up some plain old Borax, a stain fighter and fungicide (and a heckuva pest-control solution, but that's for another column). Mix the powder with water at the ratio recommended on the package and sponge it onto one of the stained marble chips. Let it sit for about 10 minutes, then rinse the stone. Do the same with a half-and-half solution of vinegar and water, and then a one-third to two-thirds solution of bleach and water. Let the chips dry and note the results.

If you find a good solution, apply it either by hand with a thick sponge (wear rubber gloves to protect your skin) and rinse with a garden hose, or look into renting a pressure washer and spraying on the solution at low pressure and then rinsing it off at a higher pressure to speed up the job.

Professional marble cleaners are also available at home-improvement and flooring stores. These will cost more than the household solutions and may only be applicable by hand, but if nothing else works, these may do the trick — remove the mildew and restore the color.

Send questions or home repair tips to homeguru2000@hotmail.com, or write This Is a Hammer, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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Year-Round Maintenance Tips

TIPS FOR HOMEOWNERS

(NAPS) Many homeowners find that the key to reducing the potential for major repairs is to follow a regular home maintenance program. This will not only reduce the need to pay for costly repairs, but it will protect the home's value.

For example, by annually servicing a heating and air-conditioning unit, it will have fewer breakdowns, and the energy savings may pay for the cost of having to service the unit.

Dan Steward, president of Pillar To Post, North America's largest home-inspection service, offers this checklist showing the top 10 year-round maintenance tips homeowners should follow.

Ongoing Maintenance Schedule

• Test smoke detectors, carbon monoxide detectors and ground fault circuit interrupters monthly.

• Check caulking around all outside openings and joints of windows and doors annually in the spring.

• Change furnace filters monthly during heating season.

• Clean or change air-conditioning filters monthly during the cooling season.

• Clean gas and electric space heaters. Be certain dust and dirt are not on heating coils monthly during the heating season.

• Check slope of landscaping and paving (to slop away from the building to reduce the possibility of water intrusion) annually in the spring.

• Check fire-extinguisher gauges, refill or replace them annually.

• Inspect roof for damaged or loose shingles or blisters and damaged or loose flashings annually in the spring.

• Remove leaves from gutters and downspouts one to two times during the fall.

• Close shutoff valves to outside faucets, water lines and sprinkler systems annually in the late fall in regions with winter freezing.

For more year-round maintenance tips from Pillar To Post visit www.pillartopost.com.

Fire Prevention For Landscapes

(NAPS) Among the many steps that homeowners living in fire-prone areas can take to protect their homes from wildfires, developing a "fire-wise" landscape is at the top of the list.

Not only will a fire-wise landscape have an effect on the home's beauty and value, it can also be the deciding factor in whether or not a home survives a wildfire.

Homeowners who take appropriate steps to limit the level of flammable vegetation and materials surrounding the home and incorporate fuel breaks can increase their safety from wildfire while creating a welcoming, healthy and beautiful home environment.

"Homeowners will use pathways and appreciate the beauty of their gardens, particularly once the landscaping is lean and green," said Randall Ismay of Water & Landscape Consultants in Laguna Niguel, California. "In fact, by removing flammable grass and other plants, homeowners will save time and money on maintaining their landscapes. This will give homeowners more time to embrace the reason that they moved into the wildland/urban interface to begin with: to be part of the natural beauty that surrounds them."

A critical aspect of keeping the landscape fire-wise is proper maintenance of the moisture levels in all plants and grass. However, a leading cause of wildfires is dry weather conditions, often making water scarce. What's a homeowner to do?

The following tips can help reduce the home's vulnerability to wildfire while using water responsibly:

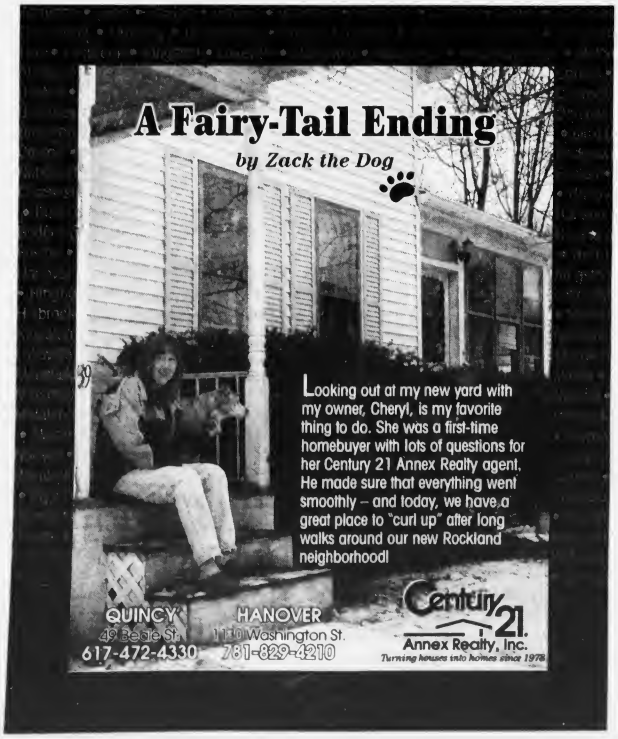
• Make sure that all plants and grass within 30 feet of the home are watered on a regular basis. Vegetation that becomes dry because of a drought is more likely to catch fire.

• During fire season, water plants and trees regularly to ensure that they are healthy and green. Mulch should also be kept watered, as it can become flammable when dry.

• Try not to waste water on species of plants that do not need a lot of water. Certain species are not used to large amounts of water, and will die out and become fuel for wildfires if they are overwatered.

• Sprinkler systems are useful in ensuring that plants and grass are watered on a consistent basis, but try to use a drip trickle or microspray sprinkler system. These kinds of systems help and prevent over-watering and wasted water.

Contact your state forestry office or water and landscape specialist for more information about fire-wise landscaping and to determine the area's wildfire hazard level. Resources are also available at www.firewise.org.



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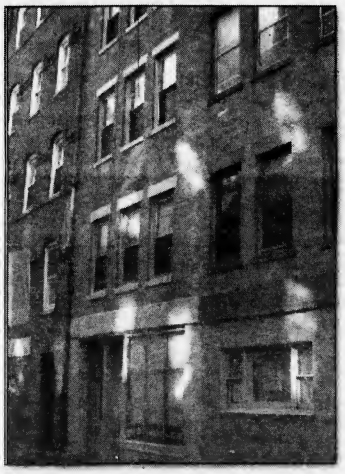

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Real Estate

Registry Of Deeds Report Issued

Register William P. O'Donnell has issued a report on operations and improvements at the Norfolk County Registry of Deeds for Fiscal Year 2006.

"Improved technology and customer service continues to be a major focus," O'Donnell said. "We have made additional progress in computer-accessible document imaging, records management, and public research access. The Registry's dedicated customer service center and expanded real estate closing areas have been a benefit to both real estate professionals and the general public."

In Fiscal Year 2006, over 198,000 documents were received for recording. This was down slightly from 214,000 in FY '05. Total Registry revenues for the year were $53.7 million, down from $57.8 million in FY '05.

Registry operations are effectively self-supporting, O'Donnell reported, and generate significant surplus revenues. These revenues contribute other county operations and the state's general revenue.

During the year the Registry invites the public to regular seminars about land records research and Internet information, and hosts meetings and tours for community groups.

In one highlight this year, the Norfolk Registry hosted a visiting delegation of attorneys and judges from the Tomsk region of the Russian Federation as part of the Open World Exchange Program sponsored by the Library of Congress.

"The people of Russia face many challenges, including developing a new land records system." Register O'Donnell stated. "We were honored that the Norfolk Registry was selected for this program, and I hope that this exchange will be prove helpful in their efforts and improve relations between our two countries.

The Registry has worked with Norfolk County communities, including boards of assessors and engineering departments, to better develop information flows. The Registry has introduced a local office hours program, with periodic scheduled hours at city and town halls. This program is particularly intended for residents who might have difficulty traveling to the Registry's Dedham office.

"We will continue to look for ways to improve the Registry of Deeds," O'Donnell said, "and we welcome comments and suggestions from the public as part of this effort."

The Registry of Deeds, located at 649 High St., Dedham, is the principal office for real property in Norfolk County. The Registry is a basic resource for homeowners, real estate professionals and others with a need for secure, accurate and accessible land record information. For more information call 781-461-6116.

How To Protect Family And Belongings

Preparing For Flood Damage

(NAPS) Floods can happen without warning. Even for those who don't live near a river, one heavy rainstorm can change everything. Floods can happen anywhere, according to the Federal Emergency Management Agency.

Floods occur whenever rain, melting snow or even a dam break produces more water than the land can readily absorb. Use the following tips from the CPCU Society to protect family and belongings from floods.

• Keep an up-to-date home inventory and other important papers in a secure place. Take these items when evacuation is necessary. Also, keep exact copies in a place away from home, such as a bank safety-deposit box.

• Utility services may be disrupted during floods. Stock non-perishable food that requires little or no cooking. Buy bottled water or prepare jugs for filling with water.

• Check portable radios and flashlights. Make sure there are new batteries on hand.

• Keep the car's gas tank filled. Also, keep oil and gas tanks for the home heating system filled. This will help keep them from coming loose and causing damage to the foundation.

• Leave immediately when authorities say to evacuate. Delay can leave people stranded without an escape route. Because flooding changes the way areas and landmarks look, people may become disoriented easily.

• Do not walk or drive through flowing water. As little as six inches of fast-moving water can knock down an adult.

• Be alert to downed electrical wires and gas leaks. Electricity travels through water, so report downed wires as soon as possible. Before using electrical devices and heating and air-conditioning equipment, have a trained professional check them. The damage may not be obvious if the equipment was under water or exposed to moisture.

• Contact insurance representatives as soon as possible. Document the damage with photos. Keep evidence of damage and loss for the claims adjuster.

Standard homeowners insurance does not cover flood damage. However, special flood insurance covers this risk. Flood insurance pays for covered losses quickly. Government loans and grants may take some time and not cover what was lost. Insurance agents can give coverage information or a no-obligation quote.

Try to find an insurance agent that has the CPCU (chartered property casualty underwriter) designation. To find a CPCU, visit the Society's website at www.cpcusociety.org to access the Agent & Broker Locator, a database of CPCU Society members searchable by location or company. While on the site, take a minute to learn more about the CPCU designation and the society. Or call 800-932-CPCU to learn more.

O'Donnell Office Hours Here Sept. 14

Norfolk County Register of Deeds William P. O'Donnell will hold scheduled office hours at Quincy City Hall on Thursday, Sept. 14 from 10 a.m. to noon in the second floor Conference Room.

The Register or staff will be available to help answer questions or concerns about any Registry of Deeds matter, and will have information available about the Massachusetts Homestead Act, as well as an Internet computer link that can be used to confirm the status of mortgage discharges or other recent filings. No appointment is needed.

This program is particularly intended for Quincy residents who might have difficulty traveling to the Registry's Dedham office.

Registry staff cannot give legal advice, but can provide answers to basic questions and general information.

The Registry of Deeds is the principal office for real property records in Norfolk County, and is a basic resource for land record information.

For further information regarding the Norfolk County Registry of Deeds, call 781-461-6116 or visit the Registry website, www.norfolkdeeds.org.

Homebuyer Workshop Sept. 11, 16

Neighborhood Housing Services of the South Shore, in conjunction with Brockton Housing Partnership, will hold a First-Time Homebuyer Workshop Sept. 11 from 6 to 8 p.m. and Sept. 16 from 9 a.m. to 4 p.m.

They will be held at the Cape Verdean Association, 575 North Montello St., Brockton, and will be taught in Cape Verdean. Attendance at both workshops is mandatory to receive a homebuying certificate.

All potential first-time homebuyers are encouraged to attend. Participants will have the opportunity to be pre-qualified by a lender.

Topics include mortgage options, legal aspects of the homebuying process, how a home inspection works and other presentations from real estate professionals.

Participants must complete the workshop to qualify for grant programs.

There is a $15 fee per person. There will be refreshments and free gifts.

Call 617-770-2227, ext. 31, or visit www.neighborhoodhousing.org.

Reverse Mortgage Explained

Ed Barrett, a reverse mortgage specialist, will discuss his specialty on the first and third Wednesdays of the month at 1 p.m. at the Council on Aging office, 83 Saratoga St., North Quincy.

Reverse mortgage is a new program offered by the federal government thst allows seniors to convert a portion of their home equity into tax free cash.

For an appointment, call Ann Bruce at 617-376-1506.

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Mayor Praises ZBA In Controlling Development

Mayor William Phelan praised the work of the city's Zoning Board of Appeals Tuesday in protecting Quincy's neighborhoods from over-development.

In February, Phelan had urged the Zoning Board to strictly examine each special permit application with the hope of stringent review for any hardship exemption to the code.

He cited recent cases on Sea Street and Hospital Hill as examples of the Zoning Board's positive impact on neighborhoods. In both cases, strong neighborhood opposition was expressed.

"The Zoning Board has a difficult task and they have done a fine job in ensuring that the interests of our neighborhoods are upheld," Phelan said. "Our zoning code was designed to protect our neighborhoods from over-development and the ZBA's work has backed that up. I applaud the work of these hard-working volunteers and I thank them for their service."

Phelan also noted that the city benefits greatly from the work of volunteers on a wide range of boards and commissions.

"All of our volunteer board members deserve credit," he said. "They play an integral role in local government without fanfare or compensation. They love our city and we all owe them a debt of gratitude for the time and talents that they lend to the city and its residents."

Enthusiastic Turnout Greets Friends Of Wollaston Beach

More than 40 people expressed a desire to become Friends of Wollaston Beach last week.

And nearly a dozen of them agreed to come back and draft bylaws and a mission statement for the new organization.

"This was an amazing turnout and a resounding show of support for greater public involvement at Wollaston Beach," said Ward 5 City Councillor and Council President Doug Gutro.

"I'm encouraged by the passion and interest of Quincy residents in Wollaston Beach," said Ward 6 City Councillor Brian McNamee.

Gutro and McNamee hosted the meeting at the Beechwood Knoll School to see how many people are interested in advocating improvements to the state-owned beach.

Similar organizations have been formed in Revere, East Boston and Lynn/Nahant to clean and organize activities at state beaches in those communities.

Gutro and McNamee shared their perspectives on the value of a citizen-centered group. Alicia Gardner represented State Sen. Michael Morrissey at the meeting.

The residents who attended had a chance to introduce themselves, discuss their reasons for coming to the meeting and sharing their ideas and hopes for the beach's future.

The bylaws and the mission statement for the Friends of Wollaston Beach will be presented and discussed at a meeting Wednesday, Oct. 11, at 7 p.m. at the Beechwood Knoll School.

The area is currently undergoing a $7 million state-funded Beach Improvement Project, which, said Gutro, makes it "the perfect time to establish a Friends group that will play a stewardship role in Wollaston Beach."

Others interested in joining the Friends' group should leave their names and addresses with the City Council office at 617-376-1341 or e-mailing Councillors Gutro or McNamee

South Shore Mental Health Expanding Cape Services

South Shore Mental Health will expand its operations on the Cape at its Bayview Associates clinic, at 310 Barnstable Rd., Hyannis.

Bayview Associates provides mental health and substance use treatment to children, adolescents, families and adults.

Harry Shulman, Chief Executive Officer of South Shore Mental Health announces the recent hiring of two psychiatrists, Dr. Richard Fellman, Board Certified in Adult Psychiatry, and Dr. Stephen Ikeda, Board Certified in Child Psychiatry. They were hired in response to the growth of the Hyannis clinic and to meet the increasing demand for psychiatric services.

Shulman said that the Bayview Clinic in Brewster will be closing by Sept. 15 and clinical staff will move to the Bayview Clinic in Hyannis. This will allow for a more efficient utilization of staff resources to serve clients on the Cape, he said.

Bayview's staff includes licensed therapists comprised of Board certified psychiatrists for children and adults, psychologists, licensed clinical social workers, clinical nurse specialists and substance use counselors. Treatment is goal-oriented, flexible, and often short term centered on each person's unique needs.

Call 800-852-2844 to obtain a confidential appointment. Bayview Associates accepts most insurance plans.

COA Seeking Wheelchairs

The Council on Aging is in urgent need of wooden or metal wheelchairs of all sizes and canes to help disabled seniors to get around.

If you have one, call the council at 617-376-1506.

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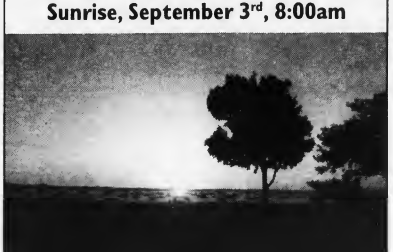
Sunrise Eucharist at Sea!
Communion on Wollaston Beach
Sunrise, September 3rd, 8:00am



Service will be held on the beach between the Squantum and Wollaston Yacht Clubs.
Special Outdoor Service & BBQ at 10am on Church Lawn
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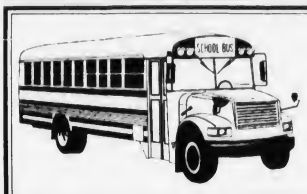

QUINCY PUBLIC ELEMENTARY SCHOOLS BUS ROUTES

Following are the bus routes for the Quincy Public Elementary Schools which reopen Wednesday, Sept. 6.

Questions regarding bus routes should be directed to the principal of the school, or the Transportation Office, 617-984-8964.

Kindergarten routes will be available at the home school, through the principal.

ELEMENTARY SCHOOL HOURS

7:35 a.m. to 1:50 p.m. - Amelio Della Chiesa Early Childhood Center.

7:45 a.m. to 2 p.m. - Atherton Hough, Charles A. Bernazzani, Lincoln-Hancock, Merrymount and Wollaston School.

8:15 a.m. to 2:30 p.m. - Beechwood Knoll, Montclair, Francis W. Parker, Snug Harbor, Squantum and Clifford H. Marshall School.

BUS ROUTES

To: ATHERTON HOUGH (Rte#8)
7:38-1. Sea/Kilby

To: BEECHWOOD KNOLL (Rte#8)
8:00-1. Vassall/Oxenbridge
8:02-2. Vassall/Rawson
8:04-3. Vassall/Cummings
8:05-4. Vassall/Billings
8:07-5. Vassall/Quincy Shore Dr.

To: BERNAZZANI -1 (Rte#5)
7:25-1. Whitwell/Dixwell
7:26-2. Glendale/Stairs
7:28-4. Dimmock/Glendale
7:29-5. Dimmock/Monroe
7:30-6. Dimmock/Presidents
7:32-7. Dimmock/Brgn. Pkwy

To: BERNAZZANI -2 (Rte#9)
7:20-1 5 Hall Place
7:22-2. 85 Hall Place
7:25-3. Willard/Rogers
7:30-4. Cranch (@ green mailbox)
7:31-5. Cranch/Klondike
7:32-6. Cranch/Deldorf

To: CHIESA EARLY CHILDHOOD CENTER/LINCOLN-HANCOCK -1 (Rte#3)
7:06-1. 135 Quincy Ave.
7:08-2. Quincy Ave./Circuit
7:10-3. Quincy Ave./Falls
7:12-4. Bower/Howard
7:15-5. Kendrick/Phipps
7:17-6. Kendrick/Madison
7:19-7. Verchild/Goddard
7:24-8. Verchild/Federal

ECC/LINCOLN-HANCOCK - 2 (Rte#2)
7:03-1. Quarry/Common
7:05-2. Common/Reardon
7:07-3. Reardon/Furnace Brook
7:09.4 Cross/Copeland
7:11-5. Copeland/Apt. Bldg. (Sweeney's)
7:13-6. Quincy Car Auction parking lot
7:15-7. Willard/Larry
7:17-8. Furnace Brook/Malden
7:19-9. Furnace Brook/Bunker Hill
7:21-10. Willard/Montilio
7:23-11. Ethan Allen/Rosecliff
7:24-12. Willard/West
7:36-13. Willard/Bunker Hill

ECC/LINCOLN-HANCOCK - 3 (Rte#4)
7:18-1. 225 Independence Ave.
7:21-2. Hughes/Pembroke
7:23-3. Hillsboro/Carter
7:25-4. Hillsboro/Franklin (Snow Stop)
7:27-5. Viden/Franklin
7:28-6. Franklin/Trescott
7:30-7. Franklin/Payne

ECC/LINCOLN-HANCOCK - 4 (Rte#11)
7:18-1. Newcomb/McGrath (TBE student)
7:21-2. Faxon Ln./Hardwick
7:23-3. Water/Summer
7:25-4. Water/Phipps

To: MARSHALL - 1 (Rte#6)
7:55-1. Quincy Ave./Chrlsmnt
7:58-2. Quincy Ave./Richard
8:00-3. Quincy Ave./Olindy's
8:03-4. Quincy Ave./Berry
8:06-5. Elm/South
8:08-6. South/Winter

MARSHALL - 2 (Rte#10)
7:55-1. 80 Brackett St.
7:58-2. Field Street
8:02-3. McGrath/Newcomb
8:04-4. Washington/Foster
8:06-5. Miller Stile/Bigelow
8:08-6. Elm/Baxter
8:10-7. Elm/Washington

To: MERRYMOUNT - 1 (Rte#1)
7:23-1. Wdwd/Edgewd. Cir.
7:25-2. Wdward/Edgemere
7:27-3. Wdward/Greenleaf
7:29-4. Greenleaf/Putnam
7:31-5. Putnam/Merrymount
7:33-6. Putnam/Butler
7:35-7. Putnam/Armory

To: MERRYMOUNT - 2 (Rte#7)
7:20-1. Hancock/Oval Rd.
7:22-2. Hancock/Carruth
7:24-3. Exec. Apts
7:26-4. Hancock/Greenleaf (on Hancock Street)
7:28-5. Russell/Woodward

MERRYMOUNT - 3 (Rte#10)
7:20-1. State/Riverside
7:24-2. Sea/Post Island Rd.
7:26-3. Sea/Onedia
7:28-4. Albatross @ circle
7:30-5 Curlew/Pelican

To: MONTCLAIR - 1 (Rte#2)
7:52-1. Stedman/Ellis
7:53-2. Sunnyside/Wallace
7:55-3. Ballou/Stedman
7:56-4. 73 Willard
7:58-5. Upton/Lowell
8:02-6. Robertson/Quarry
8:05-7. Robertson/Ellis

MONTCLAIR - 2 (Rte#5)
7:50-1. Bates/Grove
7:52-2. Argonne/Gridley
7:54-3. Ferriter/Grove
7:56-4. Malvesti/Forest
7:58.5. Minihan's Ln/Ridgewd
8:00-6. Bates/O'Connell (Snow Stop)
8:02-7. Bates/California
8:04-8. Willard/Rogers
8:06-9. Willard/County

To: POINT WEBSTER (Rte#6) (Marshall -1)
8:08-1. South/Winter
8:12-2. Wash/Chubbuck
8:14-3. Wash/Lebanon

To: SQUANTUM - 1 (Rte#1)
7:58-1. Airport/Baystate
7:59-2 Quincy Shore Dr./Baystate
8:00-3. E. Squantum/Ditmar
8:01-4. Russell/Tirrell
8:03-5. Atlantic/Newbury
8:06-6. Billings/Newbury
8:08-7. Billings/Newhall

SQUANTUM BUS - 2 (Rte#7)
7:46-1. Marina Bay/Harborside (Condo Sign)
7:47-2 Assisted Living Bldg.
7:48-3. Sea Winds Condo's
7:52-4. Hancock/Myrtle
8:00-5. Billings/Prospect
8:05-6. E. Squantum/Atlantic
8:07-7. E. Squantum/Ocean
8:08-8. Williams/Hummock

To: ST. MARY'S (Rte#3)
7:52-1. Quincy Ave./Water
7:54-2. Water/Franklin
7:56-3. Water/Gordon
7:58-4. West/Wesson
8:00-5. Willard/Larry Place
8:03.6. Bates/O'Connell (Snow Stop)
8:06.7 Argonne/Gridley
8:08-8. Upton/Lowell

ESL - 1 (Rte#4)
7:45-1. Lincoln-Hancock School
7:48-2. Whitwell/Glendale
7:50-3. Dimmock/Burgin Parkway
7:52-4. Oakland/Willow
7:54-5. Elmwood/Newport
7:56-6. Elmwd/Farrington
8:00-7. Montclair School
Parker School
AMS School
Squantum School

ESL - 2 (Rte#11)
7:45-1. Lincoln-Hancock School
7:50-2. Woodwd/Greenleaf
7:52-3. Berlin/Chester
7:54-4. Elm/Kemper (Snow Stop)
7:56-5. Elm/Mason
Squantum
AMS School
Parker School
Montclair School

ESL - 3 (Rte#8)
7:30-1. G-Town Rotary
7:50-2. CMS
7:55-3. Elm/Kemper (Snow Stop)

ELEMENTARY LUNCH MENU

Monday, Sept. 4
Labor Day
Tuesday, Sept. 5
Teachers Report
Wednesday, Sept. 6
First Day of School. Pizza, marinara sauce, fresh fruit, fruit juice.
Thursday, Sept. 7
Flamebroiled beef burger served on a bun, potato puffs, fresh fruit or juice.
Friday, Sept. 8
Bologna and cheese sandwich, fresh fruit, fruit juice.

SECONDARY LUNCH MENU

Monday, Sept. 4
Labor Day
Tuesday, Sept. 5
Teachers Report
Wednesday, Sept. 6
First Day of School. Pizza, vegetable, fresh fruit or juice.
Thursday, Sept. 7
Chicken salad on a croissant, carrot/celery sticks, fresh fruit or juice.
Friday, Sept. 8
Flamebroiled beef burger on a bun, oven fry potatoes, fresh fruit or juice.

JOAN'S OLYMPIC GYM
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24TH ANNUAL OPEN HOUSE
Saturday, September 9th • 10am-4pm • FREE Demonstration

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- **Hrs**: 7:30am to 6:00pm / Developmental Curriculum / Full or part week
- Hot Lunch / Music and Large Motor Program / Small Teacher/Student Ratios
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School Starts Sept. 6:

All Quincy Public School Buses are back on the road. Please remember that drivers are required to stop for buses with red flashing lights and stop signs.

BACK TO SCHOOL

QUINCY PUBLIC SCHOOLS School Hours 2006-2007

ELEMENTARY SCHOOLS

Two Tiers -- Pre-School Through Grade 5

FIRST TIER: 7:45 a.m. - 2:00 p.m.

Kindergarten -- AM Session/7:45 - 10:30 a.m.
PM Session/11:15 a.m. - 2:00 p.m.
Tuesday Release Days -- 7:45 - 11:25 a.m. (Grades K-5)
Atherton Hough School, 1084 Sea St.
Charles A. Bernazzani School, 701 Furnace Brook Pkwy.
Lincoln Hancock School, 300 Granite St.
*Merrymount School, 4 Agawam Rd.**
*SPED Program -7:30 a.m. - 1:45 p.m.
Tuesday Release Time 11:25 a.m.
*Wollaston School, 205 Beale St.**
*SPED Program -7:30 a.m. - 1:45 p.m.
Tuesday Release Time 11:25 a.m.

Amelio Della Chiesa Early Childhood Center
100 Brooks Ave.
7:35 a.m. - 1:50 p.m.
Kindergarten -- AM Session/7:35 - 10:20 a.m.
PM Session/11:05 a.m. - 1:50 p.m.
Tuesday Release Days -- 7:35 - 11:15 a.m.
Pre-School: AM Session/7:35 - 10:15 a.m.
PM Session/11:10 a.m. - 1:50 p.m.
1st and 2nd Tuesdays of Each Month: 7:35 - 10:15 a.m.

SECOND TIER -- 8:15 a.m. - 2:30 p.m.

Kindergarten -- AM Session/8:15 - 11:00 a.m.
PM Session/11:45 a.m. - 2:30 p.m.
Tuesday Release Days -- 8:15 -11:55 a.m. (Grades K-5)
Beechwood Knoll School, 222 Fenno St.
Montclair School, 8 Belmont Ave.
Francis W. Parker School, 148 Billings Rd.
Snug Harbor Community School, Palmer St.*
Pre-School: AM Session - 7:35-10:20 a.m.
PM Session - 11:05 a.m. - 1:50 p.m.
1st and 2nd Tuesdays of Each Month - 7:35-10:20 am
Squantum School, 50 Huckins Ave.*
*SPED Program -8:30 a.m. - 2:45 p.m.
Tuesday Release Time 11:55 a.m.
Clifford H. Marshall School, 200 Moody St. extension*
*Behavioral Growth & Development Class
8:30 a.m. - 2:45 p.m.
Tuesday Release Time 11:55 a.m.

MIDDLE SCHOOLS - Grades 6 - 8

8:15 a.m. - 2:30 p.m.
Release Days -- 2nd & 4th Tuesday of Each Month
8:15 a.m. - 12:15 p.m.
Atlantic Middle School, 86 Hollis Ave.
Broad Meadows Middle School, 50 Calvin Rd.
Central Middle School, 1012 Hancock St.
Point Webster Middle School, 60 Lancaster St.
Sterling Middle School, 444 Granite St.

HIGH SCHOOLS - Grades 9 - 12

7:45 a.m. - 2:30 p.m.
Release Days -- 2nd Tuesday, October Through May
7:45 a.m. - 12:50 p.m.
North Quincy High School, 361 Hancock St.
Quincy High School, 52 Coddington St.
Center for Technical Education, 107 Woodward Ave.

School Superintendent's Message

'Change Is In The Air'

Dr. RICHARD DeCRISTOFARO

It is a privilege to welcome our students, parents, and staff to the 2006-2007 school year.

The first day of school is always filled with excitement and a bit of anxiety. However, as the days and weeks unfold, we all settle into new schedules at school and at home.

We are fortunate again this year to have increased the 2006-2007 School Budget. It reflects a five percent increase. This increase has allowed us to establish a Full Day Kindergarten Program for all kindergarten age children in our city. As well, the 2006-2007 budget has enhanced our Literacy Program and increased system programs for special student population. Along with these excellent additions, our text/learning and technology materials have been advanced. We are thankful for the leadership of Mayor William Phelan, Vice Chair Elaine Dwyer, and all of the Quincy School Committee for their vision and support.

As September arrives, there will be 90-100 new educators serving our students. These excellent teachers and support staff are eager to begin the school year and meet your children. We also have two new Elementary Principals beginning this year - Ms. Maryanne Palmer (Parker School) and Mr. Peter Dionne (Bernazzani).

Although "change" is in the air this fall, some things never change in the Quincy Public Schools. We can only accomplish our system, individual school, individual school, and student-centered goals if we work together. We need to be investors and partner in educating this caring city's most valuable citizens, the children. The extent of involvement in your son or daughter's education is critical to their achievement and to creating a life-long love of learning.

It is with confidence and pride in our school system that I am pleased to welcome all of you to the 2006-2007 school year. If ever you need to speak with me, feel free to call my office at any time!

Sincerely,
Dr. Richard DeCristofaro

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BACK-TO-SCHOOL

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2.9 to 9 years of age
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Best Dance Studio in the Greater Quincy Area
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LISA'S DANCE STUDIO

8 Residents WPI Grads

Eight Quincy residents graduated from Worcester Polytechnic Institute, Worcester.

They are: Kevin Zhang, Sabrina Lap Chung Wong, Michael D. Murphy, William Chiu-Kit Wong, Ray Jenkins, Hsai-Won Jillian Yao, Bruce Ngo and Matthew T. Ryan.

Johanna Spring On Westfield Dean's List

Johanna K Spring is on the Dean's List at Westfield State College for the Spring Semester.

She is currently majoring in art.

Back-To-School Safety Rules

By LT. DAN MINTON
Crime Prevention Officer

It's that time of year again. Time to send your children back to school. It can be a frightening time for parents, but if you prepare your child for the big world you may help save them from getting into trouble.

LT. DAN MINTON

• Make sure your children are taking the safest route to school and friends' houses, one that avoids danger spots like alleys, new construction, and wooded areas.

• Encourage your children to walk and play with friends, not alone, and to stay in well-lighted, open areas where others can see them.

• Don't hang a house key around your child's neck. It's a telltale sign that you won't be at home when they return from school. Put it inside a pocket or sock.

• Teach children to walk confidently and stay alert to what's going on around them.

• Encourage your children to look out for other kids' safety and report anything they see that doesn't seem right.

• Tell your children to stay away from strangers who hang around playgrounds, public restrooms and empty buildings.

• Rehearse with children their full name, address, and phone number (including area code) and how to make emergency phone calls from home and public phones.

• Tell children never to accept gifts or rides from someone they don't know well.

• Check your neighborhood for areas that threaten children's safety, like brush in woodes areas, overgrown shrubbery, abandoned buildings, bad lighting, vacant lots littered with debris, no sidewalks or bike paths next to busy streets.

• Teach children to go to a store clerk or security guard and ask for help if you become separated in a store or shopping mall. Tell them never to go into the parking lot alone. Accompany your children to public restrooms.

• Teach children no one, not even someone they know, has the right to touch them in a way that makes them feel uncomfortable. Tell them that they have the right to say "No" to any adult in this situation.

If you teach the above tips to your children, they will be better prepared to survive in this great big, sometimes crazy, world.

From: National Crime Prevention Council.

A-STEP
(Adult Stretch Toning Exercise Program)
Two Convenient Locations!
Milton and Wollaston
Enrollment Now Being Accepted!
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Classes Begin September 18th!!

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ENROLLMENT ONGOING
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The Trend: Clothing To Wear Right Away

(NAPS) Youngsters can size up the back-to-school shopping trend in three words: Wear It Now.

Teens and preteens are looking for the immediate shopping gratification of purchasing clothes they can wear right now.

"A good idea for parents is to split the back-to-school budget into summer and fall shopping trips," said T.J. Maxx Fashion Spokesperson Laura McDowell. "Stock up on the trends for warmer weather now and then later add the sweaters, sweatshirts and other heavier items as the weather changes."

The layered look is absolutely the top fashion statement. Start with lace camies and add dress-length shirts, deep V-neck sweaters and hoodies. There will be three layers of various textures and pieces.

In August and September, gals will want to start with a tank or lace camisole and build upon the layering effect with the season's hottest new favorite, the tunic. Tunics elongate the overall ensemble, with many ranging in length from 26 to 34 inches. Look for polka dots, florals and solids in muted shades such as gray, brown, olive and black. Tunics can be tank tops, short sleeved or long sleeved; the key is their length.

When it comes to bottoms, the long shorts will certainly continue to be a popular choice in early fall.

Other top choices for back to school are skinny leg jeans in darker washes, pencil skirts and leggings.

Tops will play an integral role in back-to-school fashions. Hooded fleece jackets and cropped hoodies for layering as well as sweaters (oversized "boyfriend" knits in solids and stripes), all make the scene. The long cardigan, turtleneck, cowl neck and deep V necks are all perfect layering pieces.

As the gals enjoy layering, especially in a muted palette of color, guys seek urban and camo pieces. Again the colors are basic: camouflage green, olive, deep brown, black and gray. hooded sweatshirts are still a favorite, but nonhooded zip jackets also make a statement. Jeans are both plain and embellished in a variety of washes. Logo tee shirts with screens and messages are top must-haves as well.

OPEN HOUSE
Registration & Dance Wear Day
Thursday, September 7
5:30-7:30pm
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School Bells Sept. 6 For Grades 1-9

(Cont'd From Page 1)

rollment period that began last spring.

Thursday, Sept. 7, will be a full day for all students, grades 1 - 12, including high school sophomores, juniors and seniors, and pre-school/ kindergarten classes will begin Monday, Sept. 11.

School hours for the city's elementary schools (grades K - 5) are divided into two tiers.

The first tier for grades 1 - 5 will be 7:45 a.m. to 2 p.m. at the following schools: Atherton Hough, Charles A. Bernazzani, Lincoln Hancock, Merrymount and Wollaston.

Kindergartners will have two sessions 7:45 to 10:30 a.m. and 11:15 a.m. to 2 p.m., Release dates for all (K - 5) will be Tuesdays 7:45 to 11:25 a.m.

The Special Education Programs at the Merrymount and Wollaston Schools will run from 7:30 a.m. to 1:45 p.m. with a Tuesday release time of 11:25 a.m.

The second tier for grades 1-5 will be 8:15 a.m. to 2:30 p.m. at the following schools: Beechwood Knoll, Montclair, Francis W. Parker, Snug Harbor Community, Squantum and Clifford H. Marshall.

Kindergartners will have two sessions, 8:15 to 11 a.m. and 11:45 a.m. to 2:30 p.m. Release dates for all (K-5) will be Tuesdays 8:15 to 11:55 a.m.

The Pre-School Program at Snug Harbor School will have a morning session 8:15 to 11 a.m. and an afternoon session 11:45 a.m. to 2:30 p.m., except on the first and second Tuesday of each month when the early session will be 7:35 to 10:20 a.m.

The Special Education Program at the Squantum School will be from 8:30 a.m. to 2:45 p.m. with a Tuesday release time for 11:55 a.m.

The Behavioral Growth & Development Class at the Marshall School will be 8:30 a.m. to 2:45 p.m. with a Tuesday release time for 11:55 a.m.

The Amelia Della Chiesa Early Childhood Center will operate from 7:35 a.m. to 1:50 p.m.

The Center's morning kindergarten session will go from 7:35 to 10:20 a.m. while the second session will run from 11:05 a.m. to 1:50 p.m., with the Tuesday release days 7:35 to 11:15 a.m.

The Center's early preschool program will be from 7:35 to 10:15 a.m. and the afternoon session will be from 11:10 a.m. to 1:50 p.m. The first and second Tuesdays of each month will be from 7:35 to 10:15 a.m.

Students at the five middle schools, Atlantic, Broad Meadows, Central, Point Webster and Sterling (grades 6-8), will attend classes from 8:15 a.m. to 2:30 p.m. with release days the second and fourth Tuesdays of each month 8:15 a.m. to 12:15 p.m.

School hours at Quincy and North Quincy High Schools and the Center for Technical Education will be 7:45 a.m. to 2:30 p.m. with release day the second Tuesday, October through May, from 7:45 a.m. to 12:50 p.m

The last day for classes, the 180th day as required by the state, will be Friday, June 15, but as many as five days can be added to make up for snow days and other cancellations.

In the event the five makeup days are required, the last day of classes will be Friday, June 22.

The last day for high school seniors in good standing as determined by the principals — that is, a senior who has met all school obligations — will be Thursday, May 24.

Graduation ceremonies are scheduled for Monday, June 4, for North Quincy High School with the event moved into the NQHS gym in the event of inclement weather.

Graduation for Quincy High School/Center of Technical Education will be Tuesday, June 5. In case of rain, the ceremonies will be held the Nat day, Wednesday, June 6.

John Storella-Mullin Tabor Academy Honors

John Storella-Mullin is on the Honors List at Tabor Academy for the second semester.

He is of the Class of 2008.

ST. ANN STUDENTS in grade three visited the Korean War Monument in observance of Memorial Day.

St. Ann Students Visit Korean War Monument

Students from St. Ann School recently honored veterans at the Korean War Monument at Hancock Street and Southern Artery.

Students from grade 5 placed potted plants and flags at the foot of the monument to honor Korean War veterans, and all veterans who have given their lives in service,. Students recited the "Pledge of Allegiance" and sang "God Bless America."

"This certainly made an impression on the children of the third, fourth and fifth grades who represented all the children at St. Ann School," said Sister Catherine Lee, principal of St. Ann School.

John Mahoney of the Veterans of Foreign Wars helped the children place the flags, which were donated by a Quincy resident.

ST. ANN STUDENTS from front Devin O'Brien and Keniesha Georges pay tribute to veterans of the Korean War with potted plants.

Classes Start Sept. 11

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NQHS Orientation Program For Parents, Guardians Sept. 6

The North Quincy High School guidance department will host a "First Day of School" orientation program for parents and guardians of ninth-grade students Wednesday, Sept. 6, at 8:30 a.m. in the high school's media center.

The guidance staff along with a panel of guest speakers will provide parents with information regarding tools for a successful transition to high school and preparing for all of the issues that high school brings on. Refreshments will be served.

Guest speakers are:

Sue Blaney, author of "Please Stop the Roller Coaster! How Parents of Teenagers Can Smooth Out the Ride," will discuss adolescent development and how to make the high school years easier for parents to navigate.

Matt Noble from Revolution Prep will address the importance of preparing for college beginning with ninth grade.

Jean Auguste, career counselor from the My Turn program, will introduce parents to the career programs that are available to our students.

For more information, parents and guardians can call Helena Skinner at the North Quincy High School guidance office at 617-984-8747.

Quincy Girl Scouts Registration Sept. 20, 23, 25

The Quincy Girls Scouts will be conducting fall registration in September.

It will be held Sept. 20 from 6:30 to 8:30 p.m. and Sept. 23 from 10 a.m. to 2 p.m., both at Thomas Crane Library, 40 Washing St., Quincy Center, and Sept. 25 from 4 to 6 p.m. at Adams Shore Library, 519 Sea St.

Girls Scouts is open to all girls ages 5 to 17. The age levels are Daisy Girl Scouts (5-6), Brownie Girl Scouts (6-8) and Junior Girl Scouts (8-11). Girls ages 11 to 17 have a number of opportunities for participation in troops as well as individual and special programs.

Girl Scouts, Patriots' Trail Council is one of the largest organizations in greater Boston dedicated to girls. The council serves 23,000 girls and 10,500 adult volunteers from 65 cities and towns including Boston.

Patriots' Trail Council develops girls' character, confidence and courage, and blends tradition with innovation by continually adapting to meet the needs of today's girls.

For more information, call 781-893-6113 or visit www.ptgirlscouts.org.

Wollaston Cemetery Walking Tour Sept. 9

The Historical Walking Tour of Mount Wollaston Cemetery will be Saturday, Sept. 9 at 1 p.m., meeting first at the Greenleaf Street gate on the Southern Artery.

Led by Historian Tom Galvin, the tour will focus on the Quincy granite industry.

Included in the tour will be notable granite monuments, war memorials and the graves of Quincy granite industry leaders, mayors and civic leaders.

Free Movie For Seniors

The Council on Aging will show the movie of the month free to seniors on the third Thursday of every month at the River Bay Club, 99 Brackett St.

The movie is provided by West Coast Video at no charge. Refreshments will be provided. Call Ann at 617-376-1506 to reserve a seat.

Jury Program At St. Ann School

The students and faculty at St. Ann School recently participated in a presentation on the American jury process.

Michael Ryan, Massachusetts Jury Commission communications coordinator, gave a presentation in the school gymnasium explaining the importance of the jury system, the history of its process, and the responsibilities that devolved upon the citizens chosen for jury duty. The presentation was followed up with a video, and role-play by the students.

Participants from Sheila Barry's eighth grade U.S. history class role played with Victoria Barney as court officer, Matthew Forbes as clerk of courts, Cassandra Briffett as the trial judge, Elizabeth Do as defense attorney, Katie Hanlon as prosecuting attorney, Andy Georges as the defendant, and other students were witnesses or jurors.

Massachusetts Jury Commissioner Pamela J. Wood has indicated interest in presenting a jury-related program to students at St. Ann's School.

Also participating was Principal Sister Catherine Lee, SCN. Ryan was invited by St. Ann School counselor Dr. Arlene Morrissey.

Mature Driver Safety Course Sept. 7, 14

A two-day safe driving course for the mature driver will be held Sept. 7 and Sept. 14 from 10 a.m. to 2:30 p.m. at Marina Place, 4 Seaport Dr., North Quincy.

The course is $10, payable in advance. Checks may be made payable to the AARP. Lunch will be served.

For more information or to make a reservation, call the Council on Aging office at 617-376-1506.

Two Residents Complete Automotive Seminar

Two residents have completed "Batteries and Starting Systems," an automotive-related seminar at New England Institute of Technology.

They are Eric D. Perez and Kevin Ny.

New England Institute of Technology is in Warwick, RI.

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FOOT NOTES

by Joel Chariton, D.P.M.
Diplomate, American Board of Podiatric Surgery
Diplomate, American Board of Podiatric Orthopedics

HAMMERTOES

Hammertoes is defined as an unnatural bending of the four smaller toes that can create pressure on the toes when wearing shoes. Symptoms include pain or irritation on the tops of toes when shoes are on. Corns (soft or hard accumulations of skin that are caused by continuous friction) can also develop on the top, side, or end of affected toes. Calluses, a similar type of skin buildup, can occur on the bottom of the toe or ball of the foot. Over time, hammertoes can cause the joint to become dislocated, which increases discomfort. Left untreated, hammertoes may increase in rigidity, which makes them less likely to respond to non-surgical treatment. In severe cases, patients may develop open sores.

Many disorders can affect the joints of the toes, causing pain and preventing the foot from functioning properly. And any toe problems that cause discomfort when walking should be given prompt professional attention. Over time, ignoring the symptoms may lead to infection and ulceration. We don't want that happening to you – we'd rather you were able to walk, run, and *live* pain-free! If you would like an appointment to address your aching feet, please give us a call at 781-986-3668. We're located at 999 North Main Street, Randolph, in the MEDICAL OFFICE BUILDING. Office hours are now also available at Quincy Medical Center and Milton Medical Building. I am affiliated with the Brockton and Good Samaritan Hospitals.

HINT: Hammertoes are caused most often by an imbalance of muscles and tendons.

QUINCY POLICE HOT SPOTS

QUINCY POLICE STATISTICS: Aug. 18 - Aug. 25
Total Calls for Service: **1,493**
Total Arrests: **48**
Total Stolen Cars: **6**

FRIDAY, AUG. 18

VANDALISM/PROPERTY, 9:36 a.m., Quincy Auto Auction, 196 Ricciuti Dr. Vehicle damage. Hood and both sides of vehicle scratched by an unknown vandal(s) using sharp object, possibly a key.

BREAKING AND ENTERING/ATTEMPT, 11:14 a.m., 52 Braintree Ave. Dwelling. Screwdriver marks on the back of the house.

LARCENY/MOTOR VEHICLE, 1:07 p.m., 275 Washington St. Just stolen. 1993 Nissan Sentra, color green. Keys left in motor vehicle.

VANDALISM/PROPERTY, 8:06 p.m., American Legion Post 380, 1116 Sea St. Tagging. Front of building. Word "MAYHEM" was painted on.

BREAKING AND ENTERING/ATTEMPT, 10:53 p.m., 139 Rockland St. Dwelling. Four kids locked themselves in downstairs bathroom. Suspect gone on arrival.

SATURDAY, AUG. 19

LARCENY/MOTOR VEHICLE, 8:06 a.m., 24 Clive St. Past. 1989 Olds Cutlass, color red, taken sometime since 5 a.m.

VANDALISM/PROPERTY, 10:10 a.m., Chenette Plumbing/Heating, 204 Washington St. Spray paint on three windows on building.

BREAKING AND ENTERING/PAST, 12:42 p.m., 70 Cross St. Dwelling.

LARCENY/MOTOR VEHICLE, 1:05 p.m., Furnace Brook Golf Club, 74 Summit Ave. 1995 Toyota Camry, color brown, stolen while owner was playing golf. Keys were stolen from locker.

BREAKING AND ENTERING/PAST, 3:51 p.m., 16 Hall Place. Past.

ASSAULT AND BATTERY, 3:44 p.m., Hancock St. and Myrtle St. Past. Suspect wanted for domestic A&B.

ASSAULT AND BATTERY, 5:23 p.m., 80 Plymouth St. Complaints.

BREAKING AND ENTERING/PAST, 7:45 p.m., 102 Lancaster St. Dwelling.

BREAKING AND ENTERING/PAST, 9:28 p.m., 152 Crescent St. Dwelling. Several items taken.

LARCENY, 11:24 p.m., 100 Quarry Hills Dr., main building. Golf cart. Four-passenger hunter green with tan seats possibly riding around the area

SUNDAY, AUG. 20

LARCENY, 2:19 p.m., 210 Arlington St. Laptop.

LARCENY/MOTOR VEHICLE, 2:23 p.m., Montclair Place, 95 West Squantum St. 1996 Jeep Grand Cherokee, color white, Georgia registration.

ASSAULT AND BATTERY, 2:48 p.m., Kam Man Food, 215 Quincy Ave. Dispute. Unknown suspect fled scene.

MONDAY, AUG. 21

VANDALISM/PROPERTY, 8:23 a.m., Villa Rosa Restaurant, 703 Adams St. Spray paint in the back parking lot.

VANDALISM/PROPERTY, 3:17 p.m., Chenette Plumbing/Heating, 204 Washington St. Paint balls – occurred over the weekend sometime.

VANDALISM/PROPERTY, 3:24 p.m., Avalon Summit West. Motor vehicle damage. Driver's side keyed from front to rear – happened Thursday night.

LARCENY, 5:12 p.m., Hess Gas Station, 238 Hancock St. ATM. Debit card was lost or stolen at Hess, then used fraudulently there.

TUESDAY, AUG. 22

LARCENY/MOTOR VEHICLE, 12:16 a.m., 32 Bicknell St. Reported theft. 2004 Chevy Trailblazer, color gray. No record of tow or recent queries. Plate is revoked for an insurance cancellation since July 22.

BREAKING AND ENTERING/PAST, 2:33 a.m., 18 Sullivan Rd. Dwelling. Complaint for a hearing charging unarmed robbery.

VANDALISM/PROPERTY, 2:48 a.m., 324 Granite St. Rock thrown through window. No suspects at this time.

LARCENY, 2:22 p.m., 6 Lurton St. Jewelry. Ring and bracelet stolen.

VANDALISM/PROPERTY, 6:30 p.m., 367 Granite St. Past.

LARCENY/ATTEMPT, 7:15 p.m., Home Depot, 465 Centre St. Credit card suspect fled in a black Toyota in unknown direction.

LARCENY, 8:42 p.m., Star Market, 130 Granite St. Wallet. Red zipper wallet containing credit cards, Mass. license, $30 cash. An attempt was made to use one of the credit cards at Home Depot, 465 Centre St.

UNARMED ROBBERY, 10:44 p.m., Fenno St. and Wollaston Ave. Past. Incident occurred Aug. 20 around 10:20 p.m. Caller's father was jumped by three Hispanic males, took his wallet. Copy of Social Security card and resident alien card among items stolen.

LARCENY, 11:32 p.m., 7-11 Store, 75 Copeland St. Unwanted person. Original call was unwanted persons at door of 32 Prout St. Persons at door were trying to retrieve a cellphone that had been stolen from the 7-11 Store, Copeland St., but they were at the wrong door.

WEDNESDAY, AUG. 23

VANDALISM/PROPERTY, 12:59 a.m., Granite Links Golf Course, 100 Quarry Hills Dr. Severe. Bad damage done to electrical boxes, stonework, etc. Security removed some youths earlier in the night and had their parents pick them up.

VANDALISM/PROPERTY, 10:51 a.m., Edgewater Place Condos, 133 Commander Shea Blvd. Car keyed. Passenger side of car keyed.

LARCENY/MOTOR VEHICLE, 1:26 p.m., Hertz Local Rental Edition, 686 Southern Artery. Stolen Aug. 20 - 2006 Mercury Grand Marquis, color silver. Believed keys were left in the car.

LARCENY, 2 p.m., Super Petroleum, 728 Southern Artery. Gas. Caller states a vehicle never came back to pay for gas.

LARCENY, 2:10 p.m., Alltown Check Cashing, 34 School St. Checks. Complaint for three counts larceny by check and three counts uttering.

ASSAULT AND BATTERY, 3:34 p.m., Quincy Public Works, 55 Sea St. Outside. Trespass issued.

BREAKING AND ENTERING/ATTEMPT, 3:56 p.m., 11 Hersey Pl. Dwelling. Two youths attempting to gain entrance to premises in the rear. Parties were seen leaving in a black BMW SUV with dealer plate. Two white males, one in his teens and one in mid-30s.

LARCENY, 5:01 p.m., 40 Nelson St. Possible break. This was a larceny of four pair Timberland boots.

ASSAULT AND BATTERY, 6 p.m., 55 Presidents Ave. Mutual assaults - no parties want to pursue.

LARCENY, 7:40 p.m., 32 Bradford St. Past. Numerous items taken from house today.

LARCENY, 11:58 p.m., Hess Gas Station, 238 Hancock St. Arrest for larceny over.

THURSDAY, AUG. 24

VANDALISM/PROPERTY, 12:06 a.m., Granite Links Golf Course, 100 Quarry Hills Dr. At the clubhouse. New damage discovered, believed related to previous call.

LARCENY, 9:20 a.m., 27 Robertson St. Lawn furniture.

VANDALISM/PROPERTY, 9:23 a.m., 28 Apthorp St. Flower pots.

VANDALISM/PROPERTY, 9:42 a.m., Results RE, 731 East Squantum St. Screen was lifted and a window smashed, no entrance gained. Happened overnight. Rock through window.

LARCENY, 11:55 a.m., Parkway Mobil, 1269 Furnace Brook Parkway. Gas.

LARCENY, 12:03 p.m., Alltown Check Cashing, 34 School St. Check fraud. Counterfeit checks were uttered and cashed.

VANDALISM/PROPERTY, 6:55 p.m., 36 Carle Rd. To property. Plant holder smashed and lawn spinner was damaged, happened sometime last night.

BREAKING AND ENTERING/PAST, 8:24 p.m., 15 First St. Dwelling. Entry made, no sign of force; 23-inch plasma TV and Nextel cellphone were stolen.

FRIDAY, AUG. 25

VANDALISM/PROPERTY, 6:06 a.m., Corner Food Market, 1060 Hancock St. Vehicle was spraypainted overnight.

LARCENY/ATTEMPT, 12:54 p.m., Bank of America, 690 Adams St. Uttering - arrest. Subject was also charged with attempted larceny.

ASSAULT AND BATTERY, 2:17 p.m., Raymond St. and Washington St. Past. 22-year-old male assaulted last night around 1:30 a.m.

VANDALISM/PROPERTY, 2:46 p.m., American Legion Post 380, 1116 Sea St. Follow-up. CP9 taking pictures, occurred Aug. 18. Incident already reported.

LARCENY/ATTEMPT, 5:16 p.m., Alltown Check Cashing, 34 School St. SP male - has fake ID. Arrested for attempted larceny by check over, uttering, forgery, altering RMV document and identity fraud.

VANDALISM/PROPERTY, 6:11 p.m., Bauer House, 314 Water St. Past. Several cars including caller's spraypainted.

If you have information on the above crimes, or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764**. If you wish to report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. If you wish to make an appointment to view the **Registered Sex Offenders** book, call **617-745-5768**.

If you wish to contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us--*Lt. Dan Minton.*

A Job Well Done

On Aug. 11, at approximately 12:20 p.m., Officer William Monteith was dispatched to the Quincy Rehabilitation Nursing Center on McGrath Highway for a report of a suspicious male in the parking lot wearing all black clothing.

LT. DAN MINTON

As Monteith responded, Communications received additional calls stating this person was hovering around the parked cars. Upon arrival, several people pointed to the location of the suspect, next to a white pick-up truck.

Monteith determined the identity of the suspect and asked him what he was doing. He stated he parked his BMW "around here somewhere" but couldn't find it. The suspect said he remembered where his car was and walked over to an empty space and reiterated he couldn't recall where he parked.

Monteith noted the suspect's behavior, combined with slow and deliberate speech, resembled someone under the influence of drugs, which the suspect denied.

As Officers Harry Breen and Tom Pepdjonovic detained the suspect, Monteith learned from witnesses the suspect entered a Toyota in the lot, stepped out and tried to open the trunk. One of the witnesses stated he knew the owner of the Toyota and knew something was wrong. Another witness stated she saw something in the suspect's hand but was unsure what it was.

As the officers attempted to gather all available evidence and information, the owner of the white pick-up truck stated $1,000 in cash was just stolen from his truck. He said he was making a delivery of vending machine products inside Quincy Rehabilitation Nursing Center and when he returned to his truck 15 minutes later the money was missing from the rear or the truck. The victim said he saw the suspect near the truck but not in it.

The suspect changed his story, stating he did not drive his BMW (today), but did drive a "white Ford rental." He said he dropped his BMW off at the shop. When asked where he parked the rental, the suspect again stated he couldn't recall.

A check with the Registry of Motor Vehicles showed the suspect did not own a vehicle! The owner of the Toyota arrived on scene and said he was visiting his mother in the nursing home, adding he did not know the suspect and did not have permission to enter his car.

A criminal record check of the suspect indicated he had 48 past arraignments, including robbery, larcenies and various breaking and entering charges. The suspect, a 41-year-old Weymouth resident, was arrested on the charge of "Breaking and Entering into a Motor Vehicle." A search of the suspect as well as the surrounding area was conducted but the missing $1,000 was never found. Nice work!

UPDATE: Detective Delahoyde informed me the jewelry that went unclaimed after being found on a burglary suspect two weeks ago and highlighted in this column was returned to the rightful owner.

The woman, a Bartlett Street resident and victim of one of the break-ins, found a CD player on her lawn and brought this to the station. While there, Delahoyde inquired if she was missing any jewelry and she said she was, describing the items that we had in evidence.

Once the jewelry was photographed for court purposes against the defendant, it was returned to the victim. The defendant was charged with "Receiving Stolen Property over $250." Nice work!

SPOTLIGHT ON HEALTH & FITNESS

FROM START TO FITNESS

by Andrea Wyatt
M.S.S., C.S.C.S.

Do Children Need Personal Trainer?

Q. Despite numerous attempts to get my children up and moving, they're still not as active as I would like. A neighbor suggested signing them up with a personal trainer to help them stay in shape. Her children work with a trainer, and she has seen an improvement in their body composition and attitude toward exercise. My children are 10 and 12 years old. Does working out with a trainer sound like a good idea?

A. Motivating children to enjoy and engage in physical activity has become harder and harder lately. The days of children running from yard to yard playing with each other until the street lights come on has been replaced with hours of television and video games. With the rise in childhood obesity and other medical conditions associated with inactivity, the use of a personal trainer might be an innovative and fun way to get your children moving.

A certified personal trainer will be able to create a fitness program to suit the needs of any client, including children. Although your children may be working with a trainer, that doesn't mean they will have to lift heavy weights or work on exercise equipment. For children, these sessions could resemble a classic physical education class, where the use of bodyweight exercises such as push ups can be used in addition to other fitness tools to introduce fun back into being active.

A trainer also will take into consideration the age of the children and develop an appropriate program to ensure their safety while increasing their fitness level.

Hire a trainer who is certified and has experience working with children. Discuss your goals for your children with the trainer and stay involved with their progress. Ask the trainer to give you feedback so that you can positively reinforce healthy behaviors at home.

Another idea may be to have your children exercise with your neighbor's children in a group. Group training is a great way to encourage children to exercise with others and can allow them to not feel like outsiders.

The key word to remember is "fun!" Promoting a healthy lifestyle for your children should begin at home, and a little help from the outside can make it easier.

Always consult a physician before beginning an exercise program. Andrea Renee Wyatt, M.S.S., C.S.C.S., is a certified personal trainer with an extensive background in strength and conditioning as well as therapeutic recreation. If you have a fitness or training question, e-mail Andrea at letters.kfws@hearstsc.com or write her in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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Healthy Lunches On The Go

By MIRIAM NELSON, Ph.D.

(NAPS) Did you know that most children over the age of eight are deficient in calcium and vitamin D intake, according to a recent study from the American Academy of Pediatrics? And that's not all. Most women, about 75 percent, also do not get enough calcium and vitamin D in their daily diet.

Deficiency in these two nutrients can lead to many health problems, and osteoporosis in particular. Each year, the United States alone spends $20 million on osteoporosis fractures.

Ironically, osteoporosis is a largely preventable disease. If you take care of your bones from childhood throughout life with adequate calcium and vitamin D intake, exercise and healthy lifestyle choices, you will not become one of the one in two women who suffer an osteoporosis related fracture in their lifetime; nor will you have to deal with the hump your grandmother may have had.

Q: My kids don't drink enough milk because they do not care for the flavor. How can I pack a lunch that is both nutritious and appealing to my children's tastes?

Delicious packables can open your kids' eyes and mouths to healthy foods. To pack a healthy lunch that your children will enjoy, make nutritious foods more appealing to them by varying what you put in their lunch box.

Look for creative alternatives. If regular milk is a problem, try flavored milk or minicartons of calcium-enriched orange juice, cheese-string snacks or tiny containers of yogurt. Let children choose their own smart substitutes from a limited selection.

Treats don't have to be "store bought"; in fact, kids often like to eat what they help prepare. For example, bring a little fun to the lunch box with "ants on a log"- cream cheese on celery dotted with dried fruit. Let children choose the "ants" from a mini-selection of dried cranberries, currants, nuts and raisins. Mix in a few chocolate chips for a surprise. Offer kid-friendly snacks that you know will appeal to the taste buds and be healthy. Remember to always include a serving each of whole grain, low-fat dairy, a vegetable or fruit and lean protein. If your youngster insists on junk food, you may want to allow it but try to limit indulgences to once a day.

Q: My schedule is so busy I often do not have time to sit down and have a meal. What are the best snack or meal options for women on the go?

Moms are often too busy packing their kid's lunch to find time for their own breakfast. Unfortunately, erratic eating behavior can cause moms to grab less than nutritious food. Look for snacks that help keep your nutrition on track, such as new Citracal® Creamy Bites, a delicious way to get calcium and vitamin D.

The individually packed, bite-size treats easily fit in your purse and each one contains half the recommended daily allowance of calcium and vitamin D in the flavor of your choice. They are creamy, bon-bon-sized squares that come in chocolate fudge, caramel or lemon cream and taste a lot more than the mere 35 calories they are.

Because they contain calcium citrate, they can be taken anytime day or night, with or without meals. Look for other grab-and-go foods for grown-ups and keep a stock in your fridge and pantry, such as pre-cleaned vegetables and precut fruit.

Dr. Nelson is the author of the "Strong Women" book series, including "Strong Women Eat Well." Dr. Nelson is a consultant to Mission Pharmacal Company. Citracal® is a product of the Mission Pharmacal Company.

Informative Talks At Healing Tree Yoga

Healing Tree Yoga & Wellness Center in Quincy announces a new series of free informative and inspiring weeknight talks in its lounge this fall.

All talks will be held from 7:15 to 8:30 p.m.

Scheduled to appear:

Sept. 5: "Live Food" with Chef Joe Lucier

Sept. 6: "Chiropractic Cures" with Dr. Jay Provenzano, D.C.

Sept. 11: "Your Wakeup Call" with Coach Monique Flaherty.

Sept. 12: "Healing Through Sound" with Michael Koppel.

Sept. 13: "Feng Shui for Your Life" with Lu Ann Radcliffe.

To reserve a seat or for more information, call Healing Tree at 617-770-4800. For a full schedule of talks visit www.healingtreeyoga.com.

Heart Healthy

(NUC) - While awareness is growing, heart disease is still seen by many as primarily a man's disease. Yet heart disease remains the No. 1 killer of women.

According to the Web site www.hearthealthywomen.org, approximately 356,000 women in America died from heart disease in 2002, compared to 42,000 from breast cancer that same year. From these findings, the site states that heart disease kills six times more women than breast cancer.

If you are concerned that you may be at risk, the following tips can help keep your heart pumping:

• Stop smoking. Smoking affects not only your heart but also your lungs, and it aggravates various other medical conditions.

• Feed your body well. For heart health, make sure the foods and drinks you consume contain little fat and are low in cholesterol. If you have trouble getting your daily dose of vitamins, minerals and other nutrients, try a health beverage like NuVim.

Tested and proven effective in 19 clinical studies, NuVim maintains a healthy immune system and helps with muscle flexibility, according to its manufacturer. This cholesterol-free, fat-free drink contains the antioxidant vitamins A, C and E, along with B-12, zinc, calcium and essential amino acids. For a list of stores that carry NuVim or to purchase the product in powder form, visit www.nuvim.com or call 877-850-8777.

• Be happy. Having a positive attitude keeps the effects of stress in check. A high amount of stress can be bad for the heart.

• Say goodbye to alcohol. Limit your intake to 3 ounces or less. People who drink 6 to 8 ounces of alcoholic beverages a day tend to have higher blood pressure.

• Keep moving. Find ways to incorporate exercise into your day, whether it entails taking a brisk walk at lunchtime, stepping up the pace of household chores, or simply taking the stairs whenever possible.

DENTISTRY for the 21st Century

by Steven A. Brustin, D.M.D.

CROWNS FIT FOR KINGS AND QUEENS

If a substantial part of a tooth is lost to decay or wear, the dentist can provide a replacement for the upper part of the tooth known as a crown. Before this durable dental prosthesis can be attached, the tooth must be prepared by grinding down a significant part of its enamel and some underlying dentin. If the tooth is badly weakened by decay and needs a root canal, the dentist will implant a metal post inside the tooth to help support the crown. The crown itself is typically made of porcelain over metal-alloy. However, all-metal crowns are sometimes used on back teeth for added strength while aesthetically pleasing all-porcelain crowns are sometimes used for front teeth.

Crowns are an ideal restoration for teeth, which have been broken, or have been weakened by decay or a very large filling. You are the most important person in the world. That's why we take time to *listen* to your concerns and develop a *personalized* plan to enhance your smile. Our dental services include crowns, bridges, dentures, and cosmetic dentistry. For more information, or to schedule an appointment, please call us at 617-479-6220. It is important to us that any dental experience be a positive one for all patients. For gentle, caring dentistry for the entire family, come see us at 44 Greenleaf Street. We offer the services of anesthesiology with a fully trained and qualified anesthesiologist. Visit us on the web at www.quincydentist.com.

P.S. Crowns may be held in place by implants in cases where the root has been removed through extraction.

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Sports

Degan Memorial Road Race Sept. 10

The 14th annual U.S. Marshal William F. Degan Memorial Road Race will be held Sunday, Sept. 10, at Pageant Field.

The race commemorates the life and career of former U.S. Deputy Marshal William F. Degan, who was killed in the line of duty in August 1992. All proceeds will go to various charities.

The Quincy native earned numerous awards during his career, including the prestigious Attorney General's Award for Excellence in Law Enforcement. In addition to being a U.S. marshal, he served his country as a lieutenant colonel in the Marine Corps Reserves.

The 10K road race begins at 10 a.m. followed by the 5K run and the free kids fun run. Entry fee is $20 for pre-registration received by Friday, Sept. 1. T-shirts are included for all pre-registered runners.

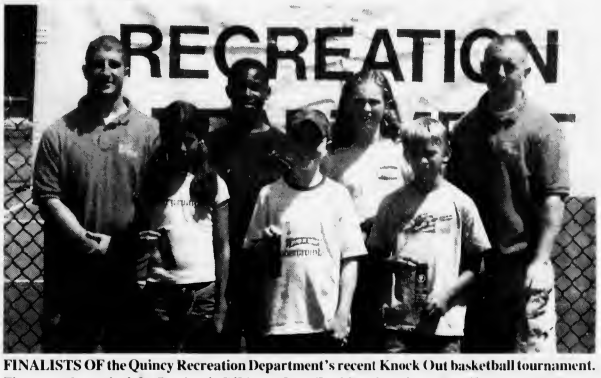
Race day registration and number pick-up will be from 8 to 9:30 a.m. at Adams Field. Bib numbers and T-shirts for all pre-registered runners can also be picked up the day preceding the race, Saturday, Sept. 9, from 2 to 5 p.m. at Adams Field.

The USATF Certified course, which includes three miles of beach front road, will start and finish at Pageant Field. Prizes will be awarded to all first-, second- and third-place division finishers.

Refreshments will be served to all runners and families. There will be a DJ, raffles and pony rides.

For more information, call 617-576-9860 or visit www.deganroadrace.com.

CHAMPIONS OF the Quincy Recreation Department's recent Knock Out basketball tournament. First row, from the left: David Lawlor, Annie Down, Emily Sullivan and Pat Gould. Back row: Recreation leader Richard Russo, Mackenzie Irvin, Arnold Tacho and recreation leader Coleman McDonough.



FINALISTS OF the Quincy Recreation Department's recent Knock Out basketball tournament. First row, from the left: Stephanie DiPietro, Dan Gould and Andrew Shraff. Back row: Sports specialist Dan DiNardo, Cedric Dybaud, Taylor Shepard and sports specialist Jimmy Burke.

Applications Available For City Tennis Tournament

Applications for the 36th annual City Tennis Tournament are still available at the Quincy Recreation Department, the Quincy Municipal Credit Union, City Hall and all city tennis courts.

Deadline for applications is Sept. 8. Fee is $15 for adults and $8 for youth under age 16.

The tournament, open to all Quincy residents, begins Sept. 13 and will have 12 divisions of play for boys, girls, men and women.

The draw will be posted Sept. 11 and 12 from 5:30 to 8 p.m. at the municipal courts at Russell Park behind the Center for Technical Education.

For more information, call the Quincy Recreation Department at 617-376-1394.

Lincoln-Hancock School Pool Closed Until Sept. 11

The Quincy Recreation Department announces its supervised recreation swim program at the Lincoln Hancock Community School pool will be closed for maintenance beginning today (Thursday).

The program will resume Monday, Sept. 11, at 6 p.m. with a new schedule:

- Family Swim: Monday through Friday, 6 to 6:50 p.m.
- Scuba: Monday, 7 to 7:45 p.m.
- Senior Citizens: Tuesday through Friday, 7 to 7:45 p.m.
- Adults: Monday through Friday, 7:55 p.m. to 8:45 p.m.
- Sunday: youth, 1 to 1:50 p.m.; family, 2 to 2:50 p.m.; senior, 3 to 3:45 p.m.; adult, 3:55 to 4:45 p.m.

57 Youngsters Compete In 'Knock Out' Basketball

The Quincy Recreation Department recently held its annual Knock Out basketball competition at Fenno Street Park with 57 children from 12 playgrounds participating.

The champions were David Lawlor, Annie Down, Emily Sullivan, Pat Gould, Arnold Tacho and Mackenzie Irvin.

The finalists were Stephanie DiPietro, Dan Gould, Andrew Shraff, Cedric Dybaud and Taylor Shepard.

The competition tested skill, ability and agility. It was separated into three different age groups (midgets, juniors and seniors) and consisted of two rounds. In the first round of the competition, each district was split into four different divisions. Each age group had 15 children participating to advance to the final round. Once four youngsters were left, they moved on to the championship.

Sports specialists Jimmy Burke, Bonnie Hirtle, Dan DiNardo and Meaghan Foley ran the competition.

12-Year-Old AAU Baseball Tryouts Sept. 10

Try-outs for 12-year-old AAU baseball for Quincy residents only will be held Sunday, Sept. 10, at 9 a.m. at Quarry Hills.

Matt Swartzlander, assistant baseball coach at Eastern Nazarene College, will conduct the try-outs. Rain date is Sunday, Sept. 17.

The 2007 will start in early April and end in late June. There will be about 20 games during the regular season, mostly double-headers on the weekends.

Cost will be between $350 and $400, which covers equipment, balls, uniforms, insurance, umpires and charter fees.

Also, the team is planning to travel to Cooperstown, N.Y., for a week in August to play in a tournament consisting of about eight games against teams from all over the country. Cost of the tournament is $625 per player, with part of the cost defrayed by fund-raising and sponsorships.

For more information, contact Matt Swartzlander at 517-262-0605.

Boating Skills Course Sept. 20

The United States Coast Guard Auxiliary will hold a Boating Skills and Seamanship course on the South Shore beginning Sept. 20.

Registration will be Wednesday, Sept. 13, at 6:30 p.m. at Town River Yacht Club, 60 Mound St., Quincy.

Designed for both the experienced and the novice boater, the course will be held Wednesdays from 7 to 9:30 p.m. Cost is $45 for materials.

For more information, contact Marie Conlin at 781-335-9985 or e-mail misty_mariec@yahoo.com.

QUINCY SUN NEWSCARRIERS WANTED

Here's a chance to earn extra money by building a Quincy Sun home delivery route.

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You Auto Know

by Bill Starkie and Kevin McGroarty

STEERING PROBLEMS

Whether your steering shimmies, pulls, wanders, or has excessive play, there are certain components to check to be sure that the vehicle tracks straight and that driver input transmits to the wheels. The first among these are the wheel bearings, which allow the rotating wheel to wobble when worn. Next are the ball joints, which, if they exhibit any sloppiness, will produce unwanted wheel movement. This will result in erratic steering. The tie rod that connects the two steering knuckles to each other, keeping the wheels pointed in the same general direction, also warrants a check. Beyond these items, the power steering box or rack or power steering pump may be bad, in which case repair or replacement is required.

Your steering system is vital to performance and safety. With so many complex components, it is best to have your steering system checked by professionals. At LEO & WALT'S SUNOCO, we assure you that you and your family's safety are our number one concern. We guarantee all work performed. If you have questions regarding steering, please come to 258 Quincy Ave., E. Braintree, or call 781-843-1550 today. Open: Mon.-Fri. 6am-9pm, Sat. 7am-9pm, Sun. 9am-5pm.

HINT: If the steering wheels is hard to turn, first check the level in the power steering fluid reservoir.

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781-843-1550

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Geoff Hennessey 617-510-1456
www.quincytrackclub.org
email: henndog89@netscape.net

Lois Lindenfelzer Wins Deware Golf Tournament

The recent annual Deware Classic Golf Tournament held at Furnace Brook Golf Club had its largest turnout in 15 years despite the temperature reaching 100 degrees.

Lois Lindenfelzer won the tournament with Kate Brown finishing second. Paula Farrell was closest to the pin on the sixth hole and Rita Manning was closest to the line on the 11th hole.

The ladies teed off with an 8:30 a.m. shotgun start and a luncheon followed the tourney. Jacklyn Deware Webb served as co-hostess and Mary Deware awarded the prizes.

LOIS LINDENFELZER (left) receives the championship plaque from Mary Deware after winning the recent annual Deware Classic Golf Tournament at Furnace Brook Golf Club.

Norfolk County Women's Golf Classic Results

Here are the results from the recent Norfolk County Women's Classic held at Presidents Golf Course:

Championship Flight
Melanie Curtin, 71.
Barbara Quinn, 72.
Natalie Galligan, 75.
Nancy Murphy, 76.
Karen Pitts, 77.
Keri Pratt, 78.
Tara Joy Connelly, 78.
Marion Conroy, 79.
Chris Cunniff, 79.
Kerri McGlynn, 80.
Carol Mather, 81.

Flight Two
Gross
Kim McDowell, 86.
Sue Martinelli, 91.
Net
Mary VonFreymann, 75.
Christine Rivard, 77.
Roberta McCann, 79.
Pat Bannerman, 79.
Debra Watson, 81.
Sandy Kleiner, 81.
Sandra Jordan, 82.
Michelle Cox, 82.
Pat Hagan, 82.

Flight Three
Gross
Jo Damiano, 95.
Karen Ryan, 100.
Net
Gail Keefe, 71.
Pat Walsh, 78.
Dolly Barron, 81.
Elaine Mooney, 82.

SOUTH SHORE PAL Boxers, from the left, Justin Kennard, Whitney Drayton and John O'Brien won titles at the recent Ringside World Championships in Kansas City, Mo.

South Shore PAL Boxers Post 7-1 Record At World Championships

The South Shore PAL Boxing team traveled to the recent Ringside World Championships in Kansas City, Mo., and emerged with a 7-1 record and three champions and a silver medalist.

Whitney Drayton, 20, of Roxbury was the open women's (ages 17-34) 138-pound champion. She had two decisive decision wins over competitors from Connecticut and Missouri.

Justin Kennard, 52, of Boston was the 152-pound Masters champion. He won the title with two sensational knockouts over fighters from Ohio and Canada.

John O'Brien, 57, of Hull, was the 201-pound Masters champion. He captured his title with two strong decision wins over boxers from Iowa and Canada.

Mike Melville, 41, of Newton was the 152-pound Masters silver medalist. He had a record of 1-1 in the tournament with a decision win in the semi-finals and a decision loss in the final.

Open boxers are competitors with 10 fights or more and Master boxers are 35 years old and older in divisions 10 years either side of their age.

The team was coached by Poppa Ray Drayton of Roxbury and assisted by Jimmy Manning of Quincy. Shawn Creegan, manager of gym, also helped in the preparation of the competing boxers.

The South Shore PAL Boxing gym is located at 1452 Hancock St., Quincy Center. New members are welcome.

REMINDER • Please have seperate checks for different Leagues & Banquet Tickets • REMINDER

QUINCY YOUTH BASEBALL 2007 SPRING REGISTRATION

Saturday, September 9th, 9:00am – 1:00pm at Wollaston Elementary School, 205 Beale Street

Birth Certificate is REQUIRED for all Players.
No player can register without a certificate.

JR. FARM LEAGUE (8-9)	$65.00
JR. LEAGUE (10-12)	$80.00
TRIPLE A (10-12)	$80.00
BABE RUTH (13-15)	$100.00
INTERNATIONAL (13-15)	$100.00
INSTRUCTIONAL (5-7)	$50.00

Registration Fee MUST accompany Registration Form.
We welcome all Quincy Residents 5-15 years old born between April 30,1992 & May 1, 2002

A family discount will apply to those with 3 or more playing. (Softball included)

QUINCY YOUTH SOFTBALL 2007 SPRING REGISTRATION

Saturday, September 9th, 9:00am – 1:00pm at Wollaston Elementary School, 205 Beale Street

Birth Certificate is REQUIRED for all Players.
No player can register without a certificate.

INSTRUCTIONAL (6-8)	$50.00
GIRLS 9-11	$70.00
GIRLS 12-15	$75.00

Registration Fee MUST accompany Registration Form.
We welcome all Quincy Girls 6-15 years old born between April 30,1992 & May 1, 2001

A family discount will apply to those with 3 or more playing. (Baseball included)

ANY REGISTRATION RECIEVED AFTER SEPT. 9TH WILL INCLUDE A $10 LATE REGITRSTION FEE

Call 617-786-8523 for more information

BASEBALL TRY-OUTS

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9am – 12pm for 13 year olds
1pm – 3pm for 14 &15 year olds

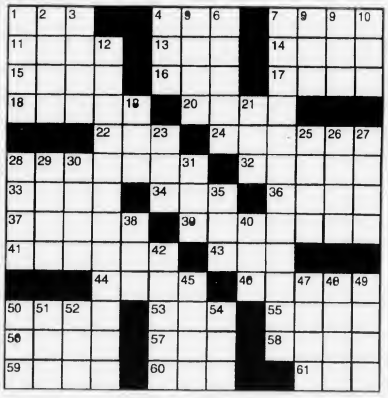
CAL RIPKEN MAJOR
Quarry Hills
SEPT. 16TH & 17TH
9am – 11am for 10 year olds
11am – 12pm for 11 &12 year olds

SUN FUN PAGE

King Crossword

ACROSS
1 Moment
4 Tummy muscles
7 Rainbow
11 Greek liqueur
13 Gossett or Gehrig
14 PBS science series
15 Herr's wife
16 Grier or Dawber
17 Golfer's action, with "off"
18 Heart line
20 Mexican entree
22 Peculiar
24 Burger enhancer
28 Actor Brimley
32 Aspect of development
33 Defeat decisively
34 "Of course"
36 "Born Free" lioness
37 Pruritic
39 Spits in the food
41 Hire
43 Altar affirmative
44 Channel marker
46 Water-logged
50 Autumn
53 Also
55 Clinton opponent
56 Stead
57 Blunder
58 Skirt feature
59 Desire
60 Society newbie
61 Mueller's org.

DOWN
1 Couch
2 Continental coin
3 Autocrat
4 Jungfrau, for one
5 Gravy container
6 Staghorn, e.g.
7 Sondheim musical
8 Caviar base
9 "- Got Sixpence"
10 Blue
12 From who-knows-where
19 Fuss
21 Upper limit
23 Desiccate
25 Garage-cleaning event
26 Cold War abbr.
27 Proverbial look-alikes
28 Court paper
29 Greek vowel
30 Fortune
31 - Plaines
35 Tackle moguls
38 Addressee
40 Sullivan and McMahon
42 Famous
45 Bygone times
47 Twain called it "a good walk spoiled"
48 Smooth-talking
49 Bigfoot's kin
50 Winter ailment
51 Melody
52 "Amazing Race" episode
54 Scepter topper



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The Garden Bug

Ragweed

Often found along roadsides, vacant lots, river banks, and abandoned fields, ragweed starts blooming from mid-August to late fall. One plant can produce up to 1 *billion* pollen grains, wreaking havoc on sinuses everywhere the pollen blows.

MAGIC MAZE ● — BEAN

J Y V R O L I F C Z W T Q N K
I F C Z W U R P M J H E C Z X
U S Q N L J G E C Z X V T R P
N L J J H E V Y C A Y W V T R
P N U L G K A I O K G E C B Z
X W M U S N N R C R E P Y R O
M L P J N E I A I G E E E E Y
D B I A E A L R O Y F G N T L
X W N R U B L I T C F T D T L
S Q G P O N A A M S O Y I U E
L K N O S R O T S A C C K B J

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Alan	Cocoa	Judge Roy	Soy
Black	Coffee	Kidney	String
Butter	Green	Lima	Vanilla
Castor	Jelly	Orson	

Trivia test by Fifi Rodriguez

1. TELEVISION: What was Lurch's job on "The Addams Family"?
2. LITERATURE: What was the name of the airport in Arthur Hailey's book "Airport"?
3. MOVIES: Who played the president of the United States in the movie "Mars Attacks!"
4. GENERAL KNOWLEDGE: What oldtime baseball team played home games at Ebbets Field?
5. HISTORY: When was the so-called hotline between Washington and Moscow established?
6. POETRY: Who wrote: "I think that I shall never see/ A billboard lovely as a tree/ Indeed, unless the billboards fall/ I'll never see a tree at all."
7. RELIGION: Whose teachings are recorded in a collection called "The Analects"?
8. ART: What is chiaroscuro in artwork?
9. THEATER: Who wrote the play "Major Barbara"?
10. MATH: What is the Roman numeral for 900?

Answers
1. Butler
2. Lincoln International
3. Jack Nicholson
4. Brooklyn Dodgers
5. 1963
6. Ogden Nash
7. Confucius
8. Renderings of light and shade
9. George Bernard Shaw
10. CM

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Salome's Stars

ARIES (March 21 to April 19) A troubling situation takes a positive turn and moves toward a resolution that should please you and your supporters. Meanwhile, make time to deal with new domestic issues.

TAURUS (April 20 to May 20) It's a good time to reassess your goals and consider shifting directions. Remember to keep an open mind, and be prepared to make changes as new opportunities arise.

GEMINI (May 21 to June 20) Rely on your strong Mercury aspect to help you close that communication gap before it becomes too wide to cross. A sibling or other family member has news.

CANCER (June 21 to July 22) You're about to get off that emotional roller coaster and start experiencing more stability than you've been used to. This is a good time to let someone new into your life.

LEO (July 23 to August 22) Good news: A trusted friend comes through for you. But you still need to shed that last scrap of self-doubt and once more become the cool, confident Cat we all know and love.

VIRGO (August 23 to September 22) Things should be getting back to a less hectic pace. Enjoy the more peaceful atmosphere. You earned it. But don't forget about those still-unresolved issues.

LIBRA (September 23 to October 22) A more positive family relationship develops as misunderstandings are explained away. A job situation appears promising, but check it out before you act on it.

SCORPIO (October 23 to November 21) Congratulations. That on-the-job situation is working out as you'd hoped. Now's a good time to relax and to enjoy the company of family and close friends.

SAGITTARIUS (November 22 to December 21) You might feel as if you're caught in an emotional tug-of-war. But don't be rushed into a decision on either side. Wait for more facts before you act.

CAPRICORN (December 22 to January 19) The Goat's usually high level of self-confidence is brimming over these days. This should help you deal with a situation that you've avoided far too long. Go for it.

AQUARIUS (January 20 to February 18) Relationships become more intense. But be careful not to be pushed into decisions you're not comfortable with. Remember: You're the one in charge of your life.

PISCES (February 19 to March 20) You need to show more confidence in your ability to reach your goals. Make that long-delayed decision, and avoid floundering around in a sea of self-doubt.

BORN THIS WEEK: Although you appear to be strongly opinionated, you can also be open to other ideas — so long as they are presented with logic and clarity.

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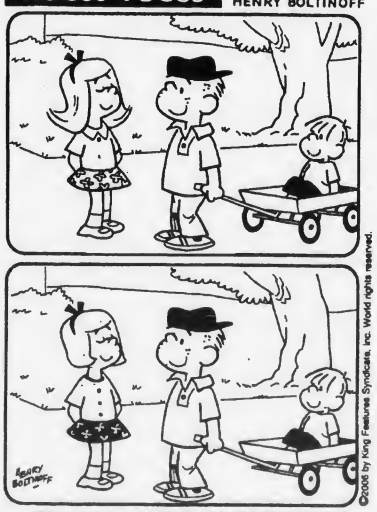
HOCUS-FOCUS

BY HENRY BOLTINOFF



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FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

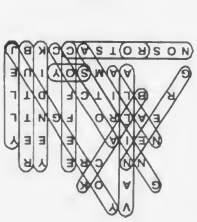
Differences: 1. Shirt is different. 2. Wheel is missing. 3. Limb is removed. 4. Collar is different. 5. Buttons are added. 6. Hair is different.

King Crossword — Answers

Solution time: 21 mins.

Magic maze — Answers

-BEAN



Wishing Well®

7	5	6	2	6	8	5	8	5	6	3	6	4
N	C	S	E	E	Y	H	O	O	E	P	K	E
5	4	2	7	5	7	6	4	8	5	4	5	4
O	X	M	E	S	W	M	P	U	E	L	W	O
8	6	5	6	8	6	4	6	2	4	5	4	6
W	O	I	D	I	E	R	R	O	E	S	A	A
4	6	7	6	5	2	4	8	7	2	6	8	2
L	T	M	I	E	T	L	N	E	I	O	B	O
3	4	6	5	4	7	3	8	2	5	7	2	3
A	O	N	L	P	T	Y	A	N	Y	H	A	C
7	3	4	3	4	2	7	3	8	4	7	2	3
O	H	T	E	I	L	D	C	T	O	S	T	K
8	2	4	3	4	2	3	8	2	3	8	3	3
T	A	N	G	S	L	R	L	K	O	E	W	S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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OBITUARIES

Thelma Caliri-Neilson, 93

Worked At Former Quincy Motor Co.

THELMA CALIRI-NEILSON

A memorial service for Thelma (Dawe) Caliri-Neilson, 93, of St. Albans, Maine, formerly of Quincy, was held Tuesday in the Deware Funeral Home, 576 Hancock St., Wollaston.

Mrs. Caliri-Neilson died Aug. 20 at the Dexter Health Care in Maine after a period of failing health.

She worked for many years at the former Quincy Motor Co.

She was an avid gardener, seamstress and artist.

Mrs. Caliri-Neilson was a lifelong member of the Quincy Community United Methodist Church in Wollaston and a member of the Sigma Phi Women's Club of the church.

Wife of the late Peter J. Caliri and the late John T. Neilson, she is survived by her daughter, Deborah Bell and her husband James of St. Albans, Maine; a daughter, Karen Burns of Abington; her step-children Peter Caliri of Arizona, Ann Bunker of British Columbia, Canada; Robert Caliri and his wife Elaine of Quincy and Richard Caliri and his wife Elizabeth of Tennessee; a brother, Donald J. Dawe of South Carolina and a dear friend, Ruth Clark of Quincy. She is also survived by 12 grandchildren, 17 great-grandchildren and many nieces and nephews.

Memorial donations may be made to the Boston Cured Cancer Club for Laryngectomees, C/O Beverly Graham, 7 Thissell St., Methuen, MA 01844.

Karen A. Wills, 53

Homemaker

Funeral services were held in Colorado for Karen A. (Eaton) Wills, 53, of Broomfield, Colo., formerly of Quincy.

She died Aug. 21 at home after a long illness.

Mrs. Wills was a homemaker.

Born in Quincy, she graduated from Quincy High School before moving to Colorado.

She is survived by her husband, Walter Wills; two daughters, Keenya Kimbrell and Hillary Gosselin, both of Colorado; a son, Peter Wills of Colorado; her parents, John and Doreen Eaton of Milton; two sisters, Nancy Flynn of Quincy and Suzanne Eaton of Milton; two brothers, Daniel Eaton of Duxbury and Robert Eaton of Milton; two grandchildren; and three nieces and a nephew.

Arrangements were by McConaty Funeral Home in Thornton, Colo.

Mary A. Nolan, 94

Retired Registered Nurse

MARY A. NOLAN

A funeral Mass for Mary A. (Sheehan) Nolan, 94, of Worcester, formerly of Quincy, a retired registered nurse, was celebrated Aug. 26 at St. Ann's Church, Wollaston.

She died Aug. 21 at Hermitage Nursing Home, Worcester.

Mrs. Nolan was a registered nurse at Quincy City Hospital for 25 years, retiring as nursing supervisor in 1976. She graduated from Carney Hospital School of Nursing in 1933.

She was a member of the Quincy Historical Society and the St. Ann's Mariann's.

Born in Weymouth, she was raised in Brockton. She lived in Quincy for 62 years before moving to Worcester four years ago.

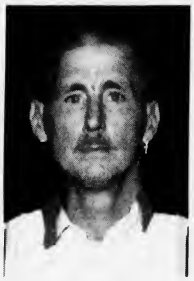
Wife of the late Lawrence Nolan, she is survived by two daughters, Patricia N. Foley of Holbrook and Judith N. Donahue of Worcester; eight grandchildren and 14 great-grandchildren.

Burial was in Mount Wollaston Cemetery.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Michael P. Rooney, 47

Welder



MICHAEL P. ROONEY

A funeral Mass for Michael P. Rooney, 47, of Quincy, a welder, was celebrated Aug. 24 at Sacred Heart Church, North Quincy.

He died Aug. 19 at home.

Mr. Rooney was a welder with General Dynamics in Quincy.

Born in Boston, he graduated from Quincy High School in 1976 and was a lifelong resident of the city.

He is survived by his parents, Paul G. and Ruth Rooney of Quincy; two brothers, Paul F. Rooney of Rockland and Kevin G. Rooney of Hanover; three sisters, Eileen M. Richardson, Kathleen A. Rooney and Kelly J. Dumont, all of Quincy; and several aunts, uncles, nieces and nephews.

Burial was in Cedar Grove Cemetery, Dorchester.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Sheila A. Rose, 47

Homemaker

A funeral service for Sheila A. Rose, 47, of Quincy, a homemaker, was held Aug. 23 at Dennis Sweeney Funeral Home, 74 Elm St.

She died Aug. 18 at home.

Born in Boston, she graduated from Quincy High School and lived in the city most of her life.

She is survived by two sons, Raymond J. Rose and Jeffrey M. Rose, both of Quincy; her parents, Jesse G. and Maria A. (Shinn) Rose of Quincy; a brother, David Rose of Quincy; a sister, Darlene Kerr of New York; five grandchildren; and a nephew.

Burial was in Blue Hill Cemetery, Braintree.

Eileen C. Collins, 40

Mass. State Police Sergeant

EILEEN C. COLLINS

A funeral Mass for Eileen (Crehan) Collins, 40, of Quincy, a Massachusetts State Police sergeant, was celebrated Tuesday at St. Ann's Church, Wollaston.

She died Aug. 24 at Brigham and Women's Hospital, Boston.

After graduating from the police academy, Mrs. Collins was first assigned to the Metropolitan District Commission which later merged with the State Police. She was the first woman assigned to the State Police motorcycle unit.

She graduated in 1984 from North Quincy High School, where she excelled in track and field and basketball. She made the Olympic team for track and javelin but chose not to pursue it.

She earned a full athletic scholarship to Northeastern University, where she still holds the school record for the javelin throw. She graduated in 1989.

Born in Boston, she lived in Jamaica Plain before moving with her family to Quincy in the 1970s.

She is survived by her husband, Scott Collins of Quincy; two sons, Patrick Collins and Mark Collins, both of Quincy; two daughters, Erin Collins and Aislinn Collins, both of Quincy; her mother, Patricia Crehan of Quincy; a brother, Matthew Crehan of New Hampshire; and four sisters, Cathleen Kyle and Alana Crehan, both of Quincy, Mary Conn of Bridgewater and Kara Perriera of Somerset. She was the daughter of the late Mark Crehan.

Burial was in Pine Hill Cemetery.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Donations may be made to the Jimmy Fund, 1309 Beacon St., Brookline, MA 02446-9918.

Arthur R. Connolly, 77

Retired Fork Lift Driver

ARTHUR R. CONNOLLY

A funeral Mass for Arthur Robert Connolly, 77, of Quincy, a retired fork lift driver, was celebrated Aug. 25 at Holy Trinity Parish in Our Lady of Good Counsel Church.

He died Aug. 22 at home.

Mr. Connolly worked for Walter Baker Chocolate Factory from 1951 to 1956. He spent most of his career at General Foods in Dedham from 1956 to 1984. He also worked for Brady Enterprises in Weymouth for 18 years, retiring in 2002.

He was a Korean War Army veteran.

He ran Bingo at St. Boniface Church in Quincy for 30 years.

Born in Roxbury, he lived in Quincy for 47 years.

He is survived by his wife, Roberta T. (Ryan) Connolly of Quincy; a daughter, Virginia "Ginny" Connolly of Quincy; five sons, Donald Connolly of Revere, Arthur "Rocky" Connolly, Joseph Connolly and Stephen Connolly Sr., all of Quincy, and Robert Connolly of Weymouth; and two grandchildren.

Burial was in Pine Hill Cemetery.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Donations may be made to the Jimmy Fund, 1309 Beacon St., Brookline, MA 02446-9918.

DON McCARTHY
Managing Director

A Thought For The Week

Labor Day for most Americans has become a traditional last-fling-of-the-summer weekend.

On the calendar it marks the eve of another school year, the dividing line between the serenity of summer and the onrush of a harsher autumn and winter. In presidential election years it has become the kickoff date of serious campaigning for the nation's highest office.

The day was first celebrated over 100 years ago with a parade and labor holiday in New York City instituted by the Central Labor Union at the suggestion of Peter McGuire, a carpenter and one of the two founders of the American Federation of Labor.

Congress passed a bill June 28, 1894, making the first Monday in September a legal holiday to be observed throughout the nation as Labor Day.

Labor Day has no meaning for the small but vocal minority of loafers whose whine is that the world owes them a living.

But it has full meaning for all others – the overwhelming majority – who realize the dignity of work, who labor in dignity and reap just rewards for their efforts...

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William F. Allen, 60

Police Officer, Vietnam Veteran

WILLIAM F. ALLEN

A funeral service for William Francis Allen, 60, of North Quincy, a former police officer, was held Monday at Hamel, Wickens & Troupe Funeral Home, 26 Adams St.

He died Aug. 15 at home.

Mr. Allen worked as a Baltimore, Md., police officer for 13 years. He later was a cabinet maker, owning his own business.

A Vietnam War veteran, he served in the Marines as a combat engineer.

He is survived by his wife, Cheryl (Miller) Allen of Quincy; two sons, William Allen Jr. and Stewart Allen; a stepson, Anthony Venuto; and two grandchildren.

Burial was in Massachusetts National Cemetery, Bourne.

Mildred A. Horgan, 86

Retired Dietitian

MILDRED A. HORGAN

A funeral Mass for Mildred A. (Rourke) Horgan, 86, of Quincy, a retired dietitian, was celebrated Monday at St. Ann's Church, Wollaston.

She died Aug. 24 at Braintree Landing Skilled Nursing and Rehabilitation, Braintree.

Mrs. Horgan was a dietitian at Long Island Hospital for 10 years, retiring in 1982.

Born in Lowell, she lived in South Boston before moving to Quincy 40 years ago.

Wife of the late Daniel F. "Buddy" Horgan, she is survived by two sons, Michael J. Horgan and Daniel F. Horgan Jr., both of Quincy; a sister, Marion Margarone of South Boston; three grandchildren and three great-grandchildren. She was mother of the late Dennis J. Horgan and Joseph F. Horgan.

Burial was in Massachusetts National Cemetery, Bourne.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Donations may be made to Alzheimer's Association, MA Chapter, 311 Arsenal St., Watertown, MA 02472, or to ALS, Lou Gehrig's Disease, 7 Lincoln St., Wakefield, MA 01880.

Carolyn A. Johnson, 52

Child Care Provider

A funeral service for Carolyn A. (Hill) Johnson, 52, of Quincy, a child care provider, was held Aug. 23 at Dennis Sweeney Funeral Home 74 Elm St.

She died Aug. 17 at Quincy Medical Center after an illness.

Involved in the community, Mrs. Johnson volunteered at both the former St. Boniface Church and the Germantown Neighborhood Center.

Born in Trenton, N.C., she was raised in Boston and graduated from Jeremiah Burke High School in Dorchester. She lived in Quincy for 20 years.

She is survived by three sons, Shon Hill, Robert Hill and Kenneth W. Johnson of Quincy; two daughters, Carolyn A. Williams and Danielle D. Williams of Quincy; her parents, Harold and Dorothy (Jerkins) Hill of Dorchester; three brothers, Bobbie Hill of Dorchester, Ricky Hill of Brookline and Antonio Hill of Boston; six grandchildren; and several nieces and nephews.

Burial was in Pine Hill Cemetery.

Other Obituaries On Page 29

Agla Carullo, 91

Homemaker

AGLA CARULLO

A funeral Mass for Agla "Cookie" Pasquale Carullo, 91, of Quincy, a homemaker, was celebrated Wednesday at St. Mary's Church, West Quincy.

She died Aug. 26 at Pope Nursing Home in Weymouth after a brief illness.

Mrs. Carullo was well known for making dolls and would make them for orphaned children.

She was a past officer and life member of Stella del Norde, where she would raise money for the Red Feather Campaign.

She was a devoted daughter, taking selfless and dedicated care of her mother for more than 10 years.

Born in Boston, she was educated in Quincy and a lifelong resident of the city.

Wife of the late William C. Carullo, she is survived by two sisters, Philomena Mancini and Mary Cerasoli, both of Quincy; three brothers, Louis "Lou" Pasquale of Braintree and Edward Pasquale and Rudolph Pasquale, both of Quincy; and many nieces and nephews. She was the mother of the late William S. Carullo.

Burial was in Blue Hill Cemetery, Braintree.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Joseph R. White, 69

Retired Projectionist

A funeral service for Joseph R. White, 69, of Quincy, a retired projectionist, auxiliary police officer and custodian, was held Aug. 24 at Kane Funeral Home, 605 Washington St., Easton.

He died Aug. 21 at Brockton Veterans Administration Medical Center after a short illness.

Mr. White most recently worked at Harvard University. He was a former auxiliary police officer in Chelsea. He worked as a movie projectionist for 20 years.

He served in the Army in Korea after the Korean War.

Mr. White was a collector of stamps and coins.

Born and raised in Boston, he lived in Chelsea before moving to Quincy 10 years ago.

He is survived by a daughter, Leann Lavorati of Fitchburg; five sisters, Brenda Layden and Sharon Marsh of Quincy, Carol Marsh of Lawrence, Beverly Evans of Indiana and Cathryn Armstrong of Weymouth; two brothers, Robert White of Quincy and Jeffrey White of Dorchester; two grandchildren; and several nieces and nephews.

Burial was in Massachusetts National Cemetery, Bourne.

Ellen M. Antonovich, 82

Retired Clerk

ELLEN M. ANTONOVICH

A funeral Mass for Ellen M. "Helen" (Corley) Antonovich, 82, of Quincy, a retired clerk, was celebrated Tuesday at Sacred Heart Church, North Quincy.

She died Aug. 24 at Quincy Medical Center.

Mrs. Antonovich worked at National Check Protection in Rockland for 15 years, retiring in 1997.

Born in Roxbury, she graduated from Mission High School in Boston in 1942. She lived in Quincy for 48 years.

Wife of the late Stanley J. Antonovich, she is survived by a daughter, Ellen M. Zalegowski of Reading; a son, Joseph Antonovich of Braintree; a sister, Theresa Thornton of Weymouth; three grandchildren and a great-grandson.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Donations may be made to Daughters of Charity, St. John's parish, Attn. Sr. Rosemary Costigan, 75 Lewis Ave., Brooklyn, NY 11206.

Alice E. Lane, 96

Retired Supervisor

A funeral service for Alice Emsworth Lane, 96, of Sandwich, formerly of Quincy, a retired supervisor, was held Aug. 26 at Mortimer N. Peck-Russell Peck Funeral Home, Braintree.

She died Aug. 22 at Cape Heritage Nursing and Rehabilitation Center.

Miss Lane worked for Commercial Assurance Co. in Boston for 37 years, retiring in 1973.

She was active in Second Church in Dorchester and sang in the church choir. She was a former member of the 1000 Southern Artery Associates.

Born in New York City, she graduated from Dorchester High School for Girls. She lived in Dorchester for many years and in Quincy for 30 years before moving to Cape Cod three years ago.

She is survived a nephew, two grandnephews, a grandniece, and several great-grandnephews and great-grandnieces.

Burial was in Cedar Grove Cemetery, Dorchester.

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Dear World...

My young son starts to school today... It's going to be sort of strange and new to him for awhile, and I wish you would sort of treat him gently.

You see, up to now he's been king of the roost... He's been boss of the backyard... His mother has always been near to soothe his wounds and repair his feelings.

But now things are going to be different.

This morning he's going to walk down the front steps, wave his hand, and start out on the great adventure... It is an adventure that might take him across continents, across oceans... It's an adventure that will probably include wars and tragedy and sorrow... To live his life in the world he will have to live in, will require faith and love and courage.

So, World, I wish you would sort of look after him... Take him by the hand and teach him things he will have to know.

But do it gently, if you can.

He will have to learn, I know, that all men are not just, that all men are not true.

But teach him also that for every scoundrel there is a hero... that for every crooked politician there is a great and dedicated leader... Teach him that for every enemy there is a friend.

Steer him away from envy, if you can... And teach him the secret of quiet laughter.

In school, World, teach him it is far more honorable to fail than to cheat... Teach him to have faith in his own ideas, even if everyone says they are wrong... Teach him to be gentle with gentle people and tough with tough people.

Try to give my son the strength not to follow the crowd when everyone is getting on the bandwagon... Teach him to listen to all men – but teach him also to filter all he hears on a screen of truth and take just the good that siphons through.

Teach him, if you can, how to laugh when he is sad... Teach him there is no shame in tears... Teach him there can be glory in failure and despair in success.

Treat him gently, World, if you can, but don't coddle him... Because only the test of fire makes fine steel... Let him have the courage to be impatient... Let him have the patience to be brave.

Let him be no man's man... Teach him always to have sublime faith in himself.

Because then he will always have sublime faith in mankind.

This is quite an order, World, but see what you can do... He's such a nice little fellow, my son! - *Dan Valentine*

Compliments of Keohane Funeral Home
QUINCY • NORTH QUINCY
www.keohane.com
Call 617-773-3551 to receive a copy of "Dear World"

RELIGION

Wollaston Congregational To Hold Kids Super Saturday Sept. 16

Wollaston Congregational Church, 48 Winthrop Ave., Wollaston, will hold its third annual Kids Super Saturday Sept. 16 from 10 a.m. to 1 p.m.

The festivities will include games, prizes, surprises, crafts and cookie painting, as well as bubbles and beads, dance demonstrations, and a free lunch for children.

There will also be a tots play area.

The free community event is sponsored by the Christian Education Committee.

For more information, call 617-773-7432.

Union Congregational Church

Union Congregational Church, 136 Rawson Rd., Wollaston, will host "Eucharist at Sea," a special Communion Service on the beach, to be held between the Squantum and Wollaston Yacht Clubs, Sunday, Sept. 3 at 8 a.m.

The service will be followed by the church's annual Outdoor Worship Service and Cookout, to be held on the church lawn at 10 a.m.

This service will feature Craig Stanley, a contemporary musician. Pastor John Swanson will give the sermon.

The public is invited to attend both events.

Registration Open For Chabad Hebrew School

Registration is now open to students of the Chabad Hebrew School, 1356 Quincy Dr., for the 2006-07 school year.

Starting in September, classes will be Sundays, and offered to children 5-13 years of age.

The school will teach South Shore Jewish children to embrace their Jewish roots, and gain a sense of Jewish pride, no matter their level of observance or affiliation.

The school will provide an academic environment where children will acquire a broad knowledge of Judaism through a motivating and challenging venue. Through Hebrew reading, writing, Jewish history, holidays and more, the students will gain appreciation for the values and traditions of their heritage.

"Our school's underlying approach is for the children to enjoy the time spent at Hebrew School so that they are left with positive experiences, and a greater appreciation for Jewish education," said Morah Bronstein, director of Chabad's Hebrew School.

The program is blended with games, incentives, crafts, dramatics, family celebrations and other exciting extra curricular activities.

Scholarships are available, and no student will be turned down for lack of funds.

To schedule an appointment or to visit, call 617-850-5935 or email shevybronstein@gmail.com.

Sunday School Registration At Houghs Neck Congregational

Houghs Neck Congregational Church is now accepting registrations for the 2006-2007 Sunday School year.

Sunday School classes will begin Sunday, Sept. 24 with a Registration/Rally Day at the church, 310 Manet Ave. Regular classes will meet every Sunday at 9:30 a.m. October through June. Classes are offered for children grades kindergarten through 6th grade.

"We have an exciting year planned that's built around our new curriculum," said Jennifer McCauley Logue, director of the Sunday School program. "'Walk with Me' uses the best-loved stories of the Bible, combined with songs and activities, to share the gospel with children. We'll also be holding a traditional Christmas pageant with parts for all of the Sunday School students, and many other activities."

Children and their families do not need to be Houghs Neck residents or members of Houghs Neck Congregational Church in order to participate in the Sunday School program. "All children grades K-6th are invited to participate," Logue said.

To receive a registration form or for more information, call (617)328-1384 or email jennmccauley@aol.com.

Community United Methodist Church

The Rev. Dr. Susan F. Jarek-Glidden will conduct the 10:30 a.m. worship service Sunday at Quincy Community United Methodist Church, 40 Beale St., Wollaston.

Lector will be Joan Donovan. Ushers will be Brian and Nancy White.

Coffee hour follows the worship service hosted by Kathy Emerson, Linda Johnson and Karin Paul.

Upcoming events include the annual Homecoming Hot Dog Roast, to be held after the Sept. 10 service (weather permitting the event will be held on the side lawn). In the event of inclement weather, the event will be held in the hall. The event is free.

On Saturday, Sept. 16 family movie night will begin at 6 p.m. with free popcorn, soda and candy. The movie is *Eight Below*.

Bethany Congregational Church

Bethany Congregational Church, 18 Spear St., Quincy Center, will have Sunday worship at 10 a.m.

The Rev. Gary W. Smothers will conduct the service and preach a sermon entitled "Sermons From Mark 8) A Private Miracle." There will also be a children's message.

Childcare will be available for infants and toddlers. Fellowship follows the service in Allen Parlor. Light refreshments will be served.

Quincy Religion Directory

SERVICES & ACTIVITIES

Assemblies of God

Glad Tidings
158 Washington St., Quincy
phone: 773-9797
Rev. Gregory E. Wheaton, Pastor
Sunday Worship 8:30, 11 a.m., Christian Ed 10 a.m., Senior Hi Youth 7 p.m. Wed. 7 p.m. Berean Bible Study, Royal Ranger Missionettes Friday Junior Hi Youth 7 pm
Youth & Children's Ministry
•Contemporary Worship
•Marriage & Family Group
•International Fellowship
•DivorceCare

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 7, 9:30 & 11:30am, Weekdays 9am
Handicapped Accessible
New Members Welcome!

Unitarian

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Hancock St., across from City Hall
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Sunday Worship, 10:30 AM
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Congregational

First Church of Squantum
164 Bellevue Street
617-328-6649
Pastor: Michael S. Robertson
10 a.m. Sunday Worship
All Are Welcome

To Advertise in this Directory, Call 617-471-3100

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4pm (Sat.) 7:45am, 9am (Family Liturgy)
10:30am (with Choir) and 5pm
12 noon at Star of Sea Church
Weekday Masses
Mon.-Fri 7am and 9am, Sat. 9am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m., 10:30 a.m. & 5 p.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

ST. JOHN THE BAPTIST
44 School St.,
Quincy
617-773-1021
Weekend Mass Schedule
Saturday (Vigil Mass) 4 p.m.
Sunday 7:30 a.m., 9 a.m.
and 11 a.m. (Family Liturgy)
Weekday Masses
Monday - Saturday 8 a.m.
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
• 617-479-5400
Pastor: Rev. John J. Ronaghan
Weekend Mass Schedule:
Saturday 4:00 PM
Sunday 7:00, 9:00, 11:30AM
Daily Masses: 9:00 AM
Handicapped Chairlift Available

Congregational

HOUGHS NECK CONGREGATIONAL CHURCH
310 Manet Ave., Quincy
Sunday, Sept. 3
Service Of Divine Worship 9:30 am
Sunday School 9:30 AM
Series of Sermons on The Lord's Prayer
'Thine Is the Kingdom'
Rev. John Castricum
617-479-8778
Lois Zulauf : Minister of Music

BETHANY CONGREGATIONAL CHURCH
Corner of Spear & Coddington Sts., Quincy Center • 617-479-7300
10 AM Sunday Worship
Rev. Gary Smothers - 'Sermons From Mark'
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Fellowship Follows Service in Allen Parlor

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PEACE

Congregational

WOLLASTON CONGREGATIONAL CHURCH
48 Winthrop Ave. - 617-773-7432
Pastor: Rev. Mary Lou Gifford
Summer Worship Schedule
Wednesdays
through Sept. 6
Potluck Supper - 6 p.m.
Informal Worship 7 p.m.

Covenant

COVENANT CONGREGATIONAL CHURCH
Corner of Whitwell & Granite St.
Sunday Worship 10:00 AM
Rev. Karen Palmatier, Pastor
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Wed., Thur. 9:30 am - 12 noon
617-479-5728

Nazarene

Wollaston Church of the Nazarene
37 E. Elm Ave., Wollaston
(617) 472-5669
On The Campus Of
Eastern Nazarene College
Pastor: Rev. Fred. Fullerton
Sunday Services
8:30 am - Holy Communion
9:45 am - Adult & Children's Sunday School
11 a.m. - Blended Worship Service
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Episcopal

St. Chrysostom's Episcopal Church
Corner of Hancock & Linden Sts.
Quincy • (617) 472-0737
Rev. David Hefling
Holy Eucharist 9 AM - Sunday School and Nursery Care During Service
Coffee Hour Following
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Evangelical

EVANGELICAL CHURCH OF ATLANTIC
65 Newbury Ave. North Quincy
(617) 847-4444
Pastor Bill Donahue
Sunday Morning Worship 10:10 AM
Childcare Available

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Dr. Susan Jarek-Glidden, Pastor

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45 SUNDAY SCHOOL
11AM WORSHIP SERVICE
BRASS BAND MUSIC
7PM TUES WOMEN'S FELLOWSHIP
7:15PM WED. BIBLE STUDY

Spiritualist

First Spiritualist Church of Quincy
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Services 8 PM Wednesdays June, July, August)
Pastor Rev. Rita S. Berkowitz, C.H.C.M.

Brigida L. Julian, 100

Homemaker

A funeral Mass for Brigida L. Julian, 100, of Quincy, a homemaker, was celebrated Monday at Sacred Heart Church, North Quincy.

Mrs. Brigida died Aug. 25.

She was a member of the Pilipino-American Association of New England.

Born and raised in the Philippines, she came to Quincy in 1973.

BRIGIDA L. JULIAN

Wife of the late Amaldo DelVal, she is survived by two daughters, Amanda Kalb of Quincy and Brenda Bucelwicz of Needham; and four grandchildren.

Funeral arrangements were made by the Deware Funeral Home, Quincy.

Margaret M. Flynn, 76

Retired Supervisor

A funeral Mass for Margaret M. (Kelly) Flynn, 76, of Quincy, a retired supervisor, was celebrated Aug. 26 at St. Gregory Church, Dorchester.

She died Aug. 23 at Southeast Rehabilitation and Nursing Center, South Easton.

Mrs. Flynn worked for New England Life Insurance Co. for 16 years, retiring in 1992.

She bowled weekly with a league at Olindys in Quincy.

Born in Boston, she was raised in Roxbury and graduated from St. Joseph High School in Roxbury. She lived in Dorchester Lower Mills for many years before moving to Quincy 13 years ago.

Wife of the late George V. Flynn, she is survived by five daughters, Kathleen Kelly of Malden, Nancy Hood of Whitman, Joan Downey of Easton, Carol Ford of Stoneham and Christine Driscoll of Quincy; a brother, Corneilus Kelly of Dedham; three sisters, Josephine Hession of Jamaica Plain, Maureen McCarthy of Quincy and Harriet Neary of Weymouth; nine grandchildren; and many nieces, nephews, grandnieces and grandnephews.

Burial was in Massachusetts National Cemetery, Bourne.

Funeral arrangements were by Alfred D. Thomas Funeral Home, Milton.

Donations may be made to the Alzheimer's Association, 311 Arsenal St., Watertown, MA 02472.

Harry V. Reid Jr., 82

Retired Telephone Co. Employee

A graveside service for Harry V. Reid Jr., 82, of Bowling Green, Ky., formerly of Quincy, will be held today (Thursday) at 11 a.m. at Mount Wollaston Cemetery, Quincy.

He died Aug. 24 at the Medical Center at Bowling Green after a long illness.

Mr. Reid worked at New England Telephone Co. until 1959 when he transferred to Mountain Bell in Denver, Colo. After 35 years with the Bell System, he retired in 1984 and moved to South Florida.

He served in the Navy in 1944 and again in 1950.

Born, raised and educated in Quincy, he studied marine engineering following high school with Bethlehem Steel at the Fore River shipyard.

He was a member of the First Christian Church in Bowling Green. He was also a member of the Rural Masonic Lodge A.F.&A.M. in Quincy, the Consistory in Lake Worth, Fla., and the Mahi Shrine Temple in Miami, Fla.

He served as president of the Gold Coast Shrine Club in Deerfield Beach, Fla., and he belonged to many other Masonic organizations in Florida and Massachusetts.

He is survived by his wife of 62 years, Vivian (Cotone) Reid; a son, Ronald Reid of Bowling Green; a daughter, Lois Geisler of Salt Lake City, Utah; two sisters, Eleanor Lunetta of Raynham and Merilyn Eaton of Quincy; eight grandchildren and 11 great-grandchildren.

Visiting was 5 to 8 p.m. Wednesday at the Deware Funeral Home, 576 Hancock St., with a Masonic service held at 7 p.m. by officers and members of the Rural Masonic Lodge A.F.&A.M.

Eduardo M. Peralta, 68

Bakery Shop Owner

A funeral service for Eduardo M. Peralta, 68, of Quincy, a bakery shop owner, was held Sunday at Bolea-Buonfiglio Funeral Home, 116 Franklin St.

She died Aug. 25 at Braintree Landing Nursing Center.

Born in Santiago, Chile, Mr. Peralta came to the United States in 1993.

He is survived by his wife, Maria Carrasco; two sons, Eduardo Peralta and Rodrigo Peralta, both of Quincy; two daughters, Claudia Peralta of Quincy and Veronica Roa of Braintree; three brothers, Mario Peralta and Miguel Peralta, both of Chile, and Carlos Peralta of Lynn; and 10 grandchildren.

Burial was private.

Andrea M. Cobban, 67

Retired Office Clerk

A funeral Mass for Andrea M. (Silton) Cobban, 67, of Quincy, a retired office clerk, will be celebrated today (Thursday) at 10 a.m. at Sacred Heart Church, North Quincy.

She died Sunday at home.

Mrs. Cobban worked at New England Telephone Co. in Boston for 13 years, retiring in 1969.

She was an active member of Sacred Heart Parish for 42 years. She was a member of the adult choir since 1978 and a Eucharistic minister since the mid-1980s.

She was a member of the North Quincy Catholic Women's Club, Squantum Yacht Club and Squantum Yacht Club Ladies Auxiliary. She was a former vice president of the Sacred Heart School PTA.

Born in Boston, she graduated from St. Mary's High School in Brookline. She lived in Quincy for 42 years.

ANDREA M. COBBAN

She is survived by her husband, C. Richard "Dick" Cobban of Quincy; a daughter, Michele Cobban Barden of Swampscott; a son, Steven Cobban of Quincy; and three grandchildren.

Burial was in Blue Hill Cemetery, Braintree.

Visiting was 4 to 8 p.m. Wednesday at Keohane Funeral Home, 785 Hancock St.

Donations may be made to Sacred Heart Parish, 386 Hancock St., North Quincy, MA 02171, or to Old Colony Hospice, 1 Credit Union Way, Randolph, MA 02368.

Francis N. Cascarano, 75

General Contractor

A funeral service for Francis N. "Frank" Cascarano, 75, of Randolph, formerly of Quincy, a general contractor, will be held today (Thursday) at 11 a.m. at Sweeney Brothers Home for Funerals, 1 Independence Ave.

He died Monday after a long illness.

Mr. Cascarano was a self-employed contractor for many years. He later worked for the former Hugh Nawn Construction Co. of Boston for more than 15 years. He was also a bartender at J.C.'s Lounge in Dorchester for many years.

Born in Brooklyn, N.Y., he moved to Dorchester at an early age and was educated in Dorchester. He lived in Quincy for many years before moving to Randolph more than 35 years ago.

He is survived by his wife, Lee F. (Swan) Cascarano of Randolph; three sons, Mark F. Cascarano of Randolph and Frank Cascarano and Michael Cascarano, both of Quincy; a daughter, Lisa M. Cascarano of Randolph; a brother, John Cascarano of Quincy; eight grandchildren; and many nieces and nephews.

Burial will be in St. Michael Cemetery, Boston.

Visiting was 4 to 8 p.m. Wednesday at the funeral home.

Donations may be made to the American Cancer Society, 1115 West Chestnut St., Brockton, MA 02301.

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2071GI
In the Matter
Of DANIEL CUSHING
Of QUINCY
In the County of NORFOLK
NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN

To DANIEL CUSHING of QUINCY in the County of NORFOLK, his spouse, and heirs apparent or presumptive, a petition has been filed in the above captioned matter alleging that said DANIEL CUSHING of QUINCY in the County of NORFOLK is a mentally ill person and praying that FAMILY SERVICE ASSOCIATION OF GREATER FALL RIVER, INC. of FALL RIVER in the County of BRISTOL or some other suitable person be appointed guardian, to serve without surety of the person – and property – with the authority to administer antipsychotic medications in accordance with the treatment plan for reasons more fully set forth in said petition.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **OCTOBER 5, 2006**.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, August 22, 2006.

PATRICK W. McDERMOTT
Register of Probate

8/31/06

Alice H. Nickerson, 94

Retired Clerk

A funeral Mass for Alice H. (Murphy) Nickerson, 94, of Quincy, a retired clerk, was celebrated Aug. 26 at Blessed Kateri Tekakwitha Church, 126 Meadow Road, Plymouth.

She died Aug. 22 at Weymouth Healthcare.

She was a clerk at Highland Street Market for 25 years.

She enjoyed knitting and knitted shawls for Plymouth County Hospital for 30 years. She was a volunteer at Plimouth Plantation.

Born in Charlestown, she was a graduate of Somerville High School and Mansfield Academy for Hairdressing. She lived in Pembroke and Plymouth for 15 years before moving to Quincy.

Wife of the late Maitland Nickerson, she is survived by a sister, Mary K. MacLean of New Hampshire, and many nieces and nephews.

Burial was in Chiltonville Cemetery, Plymouth.

Funeral arrangements were by Richard Davis Funeral Home, Plymouth.

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-069

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, SEPTEMBER 12, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of CHRISTOPHER WHITE, TRUSTEE for a SPECIAL PERMIT/FLOOD PLAIN to erect a 9,450 sf four (4) bay warehouse structure in a Industrial A zoning district in violation of Title 17 as amended Chapter 17.40 (flood plain), and Chapter 17.40.060 (special permit) on the premises numbered 159 Brook Road, Quincy.

Jack Garland, Chairman

8/24, 8/31/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-070

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, SEPTEMBER 12, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of ALAN L. WHITMAN for DIMENSIONAL VARIANCES to allow for the subdivision of an existing residential lot and the construction of a single family home in the Residence B zoning district in violation of 17.20.040 and 17.28.030.E (dimensional requirements.) Petitioner proposes to relocate the driveways and remove approximately 1,300 SF of pavement from the rear of the property.

The parcel of land is located at 9-13 Bayfield Road, North Quincy and shown as Plot 95 on Assessors' plan no. 6017A.

John Garland, Chairman

8/24, 8/31/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-071

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, SEPTEMBER 12, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of MIKE HORGAN for a VARIANCE to remove a concrete patio and to construct a sunroom with a 4x6 landing for egress in violation of Title 17 as amended Chapter 17.20.040 (dimensional requirements) on the premises numbered 41 Brunswick Street, Quincy.

Jack Garland, Chairman

8/24, 8/31/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-072

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, SEPTEMBER 12, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of JAQUELYN RILEY for a VARIANCE to demolish the existing one car garage and replace it with a two-car garage with a room above in violation of Title 17 as amended Chapter 17.20.040 (dimensional requirements) on the premises numbered 23 Richfield Street, Quincy.

Jack Garland, Chairman

8/24, 8/31/06

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- ❑ Help Wanted
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- ❑ Lost & Found
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A $25,000 SAFETY grant was recently presented by the Massachusetts Department of Industrial Accidents (DIA) to D&B Tree Service based in Quincy. The money will be used for training staff in safe practices. D & B provides tree care services to residential, commercial, and municipal customers. From left are: Peter Brennan, representing state Sen. Michael Morrissey; John Ziemba, director of Labor; Joe DiStasio, president of D&B Tree Service; Henry Swiniarski, commissioner Department of Industrial Accidents; and Mark Bogan, vice president D&B Tree Service.

Quincy To Have Role In Terror Attack Test Sept. 17

(Cont'd From Page 1)

emmergency drills," she said.

The Quincy Police Department, the Health Department and Gorman's Office of Emergency Management also have roles to play in the response to the simulate attack.

The simulation assumes the attack will leave 25 dead and 150 injured, none of them in Quincy.

The exercise is scheduled to start at 4 o'clock on the morning of Sunday, Sept. 17, but Quincy will not become involved until 5 a.m. when its emergency workers are called to a staging area.

The initial explosion will be in a basement laboratory in an Everett home. The resulting fire will spread to a nearby liquified natural gas (LNG) facility.

Next a "dirty" bomb — an explosive device impregnated with radioactive waste — will go off in the Cambridge Galleria, a shopping mall, and another bomb will be found at the Lechmere MBTA station, also in Cambridge.

Most federal, state and local agencies in the Boston area will be involved as well as the National Guard and local hospitals.

The drill is sponsored by the State Office of Public Safety and the Boston Office of Homeland Security and paid for by a grant of federal funds.

Prostate Cancer Screening Clinic At QMC

Quincy Medical Center (QMC) and the Marie A. Curry Fund will host a free evening Prostate Cancer Screening Clinic Tuesday, Sept. 19, in the Ambulatory Care Department at QMC, 114 Whitwell St.

The clinic furthers the efforts to bring vital cancer screenings to uninsured and underinsured South Shore residents.

The American Cancer Society recommends annual prostate cancer screening for males beginning at age 50 and earlier, if at an increased risk.

Screening attendees will receive prostate-specific antigen blood test and a digital rectal exam, performed by a board-certified urologist on staff at QMC.

Pre-registration is required. To schedule an appointment, call toll-free, 24-hour Physician Referral Service at 1-877-479-CARE.

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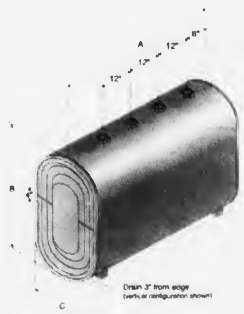

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Beach Pollution Battle Taken To The Streets
Page 3

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper

VOL. 38 No. 51 | Thursday, September 7, 2006 | 40¢

Sunflowers In Their Glory

THE CHAMP — This 14 1/2 foot sunflower was the winner in the 12th annual City-Wide "Grow Together" Sunflower Contest. Four of the grandchildren of Dottie Brooks who helped grow it in her Tyler Street, North Quincy, yard proudly display their prize winner. The youngsters are Ryan Brooks, Noah Brooks, Dylan Connors and Katie Brooks.
Story on Page 15.
Quincy Sun photo/Noreen O'Shea

BIGGEST BLOOM HONORS went to the Richard Duclos family of Squantum who produced this beauty.
Sharron Beals photo

Phelan Proposes City Join In Community Mutual Health Aid

By MIKAELA SLANEY

Plans, submitted by Mayor William Phelan, are under review to unite multiple Public Health Agencies from different cities and towns in a Mutual Aid Agreement, which will assist a community in the event of an emergency.

The City Council was scheduled to review the agreement at the Tuesday night meeting.

City Council President Douglas Gutro said the agreement is designed to provide mutual aid to communities in the event of a situation where a community health department is not able to handle a situation alone, such as an outbreak of bird flu or the Eastern Equine Encephalitis virus.

"There's enormous value to pooling resources and expertise," said Gutro. "The mutual aid agreement assures that we have that work out there."

According to the contract, the receiving community will not have to pay for the assistance, however, the parties may agree instead to develop a reimbursement for services among themselves. The receiving community may apply for federal assistance.

There is no requirement to provide assistance, and communities are not expected to deplete their own resources, but only to consider requests and provide assistance when able.

For the agreement to take place, it must be approved by the City Council and the mayor.

Towns in the Quincy region (4B) are to include Arlington, Belmont, Watertown, Somerville, Cambridge, Brookline, Newton, Wellesley, Needham, Dedham, Westwood, Norwood, Milton, Braintree, Weymouth, Hingham, Cohasset, Scituate, Norwell, Hanover, Hull, Winthrop, Chelsea, Revere and Everett.

Task Force Finds 11 Illegal Rooming Houses

A task force that has been investigating code violations in city buildings has discovered 11 illegal rooming houses in the city and a number of code violations.

"They have been able to close the rooming houses and fix the code violations," Mayor William Phelan told his weekly televised new conference. "It's working well."

Among the most dangerous code violations are boarded up doors that are not only a hazard to the people living in the building but a peril to firefighters who might be called.

Members of the task force include the Health Commissioner, a Deputy Fire Chief, the Building Inspector and a Community Policeman.

Metropolitan Commission Meeting Sept. 14

Public's Input Sought On City Beaches

The newly formed Metropolitan Beaches Commission will hold a public meeting Thursday, Sept. 14 on the status of Quincy's public beaches.

Community leaders and the general public will be invited to give their input at the meeting to be held from 5:30 to 8 p.m. at the Beechwood Knoll School, 225 Fenno St., Wollaston.

What is working well and what is not will be the focus at the meeting.

City Council President Doug Gutro, a member of the commission and one of the spearheads for improvements at Wollaston Beach and Boston Harbor said:

"The commission is seeking public input on the next generation of improvements at Boston Harbor Beaches.

"I've had the opportunity to participate in hearings in East Boston, Lynn and Nahant, and what I think the commission is finding is a lot of the issues we're finding at Wollaston Beach are similar to those across the State Boston Harbor Beach system. For example, public safety jurisdictional issues, property maintenance, and the need for further capital investment.

"This hearing really allows Quincy residents that use and love Wollaston Beach to help identify remaining problems and challenges, but more importantly develop solutions."

Gutro said that the mission of the commission is "to identify and take to the next level and improve on recent investments and solve remaining problems."

Later this year, the commission, co-chaired by Senator Jack Hard of South Boston and Representative Anthony Petruccelli of East Boston will issue a comprehensive report on the state of the region's public beaches.

The report will also present recommendations for short and long-term measures to strengthen the beaches as valuable recreational resources.

Sept. 11 Remembrance At Fire Stations Monday

The Quincy Fire Department will commemorate the 5th anniversary of the terrorist attacks and the losses suffered at the World Trade Center, the Pentagon, and in Pennsylvania Monday, Sept. 11, outside each fire station in the city.

The remembrance will commence at 9:45 a.m., with an alarm at 9:59 a.m., the time of the collapse of the South Tower, followed by a moment of silence. The public is invited to the event at their respective neighborhood fire station.

Deputy Fire Chief Gary Smyth said that the police department and city officials, including members of Mayor William Phelan's office and the City Council, have been invited to attend the remembrance, which has been held annually.

"I'd like members of the community to feel more than welcome to attend," said Smyth. "It's a special day for different city departments and members of the community to recognize the 5th year of the terrorist attack."

■ Pre-School Hours Corrected - *Page 15* ■ Quincy - North Open Grid Season - *Page 21*

City Hall Worker Pleads Innocent To Cocaine Charge

Maria E. Hurley, 43, of Bicknell St., a clerk in the assessor's office at City Hall for 15 years, pleaded innocent to drug charges in Quincy District Court and was released conditionally for appearance Oct. 2.

It was the second drug offense for Hurley, who was charged with possession of a Class B substance (cocaine) on a subsequent offense, and conspiracy to violate the substance control act.

"It's unfortunate," Mayor William Phelan told his Tuesday news conference on Quincy Access Television.. "People have problems. This person has problems she has to deal with. It's unfortunate."

Also charged in the case was Manuel Gonzalez, 34, or Dorchester, who also pleaded innocent to charges of trafficking in cocaine with intent to distribute, a drug violation in a school zone and giving a false name to a police officer.

He was order held in $20,000 cash bail for appearance at a conference Oct. 2.

Hurley was released with the proviso that she remain drug and alcohol-free, attend three Alcoholics Anonymous or Narcotics Anonymous meeting a week and make no contact with her co-defendant Gonzalez.

The District Attorney asked that she be held in $2,500 personal surety but it was denied.

David Traub, spokesman for District Attorney William Keating, said Hurley left City Hall on her lunch break about 12:40 p.m. Thursday and got into a red jeep with Gonzalez.

They had driven a short way when police stopped them and found a small quantity of what they identified as cocaine. They said Gonzalez gave them a fake name.

Hurley was arrested in May, 2004, charged with distributing cocaine in downtown Quincy on her lunch break and was convicted in Quincy District Court but retained her job in the assessor's office.

Police said last week's arrest began with a tip from inside City Hall which resulted in Hurley being placed under police surveillance.

$80,000 Invested In Beale Street Sewers

The sewer system on Beale Street is to receive $80,000 in repairs, transferred from the Sewer Rehabilitation Fund.

City Council Douglas Gutro said the City Council was to review the appropriation at the Tuesday night meeting.

"I'm grateful that city crews acted promptly to overt potentially serious impact to sewer service in Wollaston Center," he said.

Norfolk County First In New DA Guidelines

The Massachusetts District Attorneys Association released a report last Friday recommending guidelines for the interrogation and identification of persons suspected to crimes.

But is came as no surprise to police departments in Norfolk County where District Attorney William Keating has insisted on them for the better part of a year.

"We put them in place in Norfolk County over a year ago," said Keating. "We had strong support from a lot of police departments. Quincy was very enthusiastic and extremely active."

The Norfolk County plans dates from July, 2004, when Keating held a seminar on implementing new eye witness identification procedures to cut down on false identifications.

Nine of the 80 law enforcement officers who attended the seminar were from Quincy — Capt. Tony DiBona, Lts. Richard McCusker and Thomas Malvesti, Sgt. Pat Glynn, Dets. Sean Biggins, Nancy Coletta, John Menz and Mark Kennedy and Mike Ward.

WILLIAM KEATING

"The police in our area have adopted many of the standards we set in that seminar," said Keating. "It has not only led to better identifications it has given juries more confidence knowing we have these procedures."

The guidelines put forth in the MDAA's report include electronically recording interrogations, specifying at least six people in a live lineup and having an officer with no interest in the case handle the lineups.

The report also recommends that the state increase staffing at the State Police Crime Lab to speed up the analysis of DNA samples to help reduce the backlog. The process has been cut from 18 months to 10 months over the past year.

Keating put his office to work on developing the new procedures in October, 2001, shortly after a DNA test exonerated Ed Bailey, who was widely believed to have slain Irene Kennedy in Walpole.

They looked at the record of 217 individuals on the Department of Corrections computer and checked the DNA. The project was completed in June, 2003. It showed no cases of erroneous convictions.

"But it was an important project," said Keating."It led to the eyewitness training seminar in July, 2004."

The keynote of the seminar was provided by Jennifer Thompson Cannino, who identified through two trials the man who raped her only to find out, through DNA testing, that it was another man who had assaulted her.

"These new procedures will save police the wasted effort of chasing false leads, build stronger cases for prosecutors and keep victims from making unwitting mistakes," said Keating.

"Perhaps more importantly, with those new procedures the chances of an innocent person being accused drops precipitously.

"This is a case where everyone wins. It's a win-win situation."

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Warnings Stenciled At Drains

Beach Pollution Battle Taken To The Streets

By MIKAELA SLANEY

The war on water pollution was taken to the streets when MIT freshmen stenciled warnings against dumping next to storm drains that lead to Wollaston Beach and Boston Harbor.

Under the direction of The Boston Harbor Association (TBHA), Massachusetts Institute of Technology groups last Friday, painted "Don't Dump. Drains to Wollaston Beach" next to drains from Lakin Square to Labidine Street. The stenciling project was part of MIT's "City Days" orientation program that volunteers time to improving the environment.

Vivien Li, executive director of TBHA, said that they approached Council President Douglas Gutro, Ward 5, with the intentions of doing the city a public service. Gutro suggested the stenciling project, saying it would have a long-lasting effect.

"Nobody values it more than me, the fact that you're taking time out of your day to do this," Gutro told the groups before they set to work. "What you are doing is important."

Gutro said a large issue with public dumping is that most people are unaware of the damage it causes.

"People have no idea that it goes to Wollaston Beach. People think it's treated," Gutro told the students. "You're going to have people say 'that's ridiculous, there's no way that drains to Wollaston Beach.'"

MIT FRESHMAN Aziz Albatlar stencils stencils "Don't Dump, Drains to Wollaston Beach" by a drain in the parking lot of the Wollaston T Station.

Ward 3 Councillor Kevin Coughlin also came to the event and welcomed the volunteers. "This is an effort that's ongoing," said Coughlin.

The groups spent several hours marking drains before reconvening at the Wollaston T station.

"I think everyone comes to MIT to make a difference," said Holly Bellocchio, MIT freshman from Seneca Falls, NY. "This is one small step in that direction. Hopefully the first of many."

The state currently has a $7 million investment underway to improve Wollaston Beach roadways and public amenities, said Gutro. The city has also invested $30 million in sewer improvements, he said.

FELLOW MIT CLASSMATES watch as Emily Davidson stencils "Don't Dump, Drains to Wollaston Beach" by a drain in the parking lot of the Wollaston T Station, Friday. Kneeling onlookers from left are City Council President Douglas Gutro, Ward 3 Councillor Kevin Coughlin and Vivien Li, executive director of The Boston Harbor Association.

Quincy Sun Photos/Noreen O'Shea

This summer, TBHA also distributed absorbent bilge water pads and bilge oil absorbers to boaters to retain petroleum products that would pollute Boston Harbor. The free pads were funded by the Massachusetts Environmental Trust. Captain's Cove Marina, Marina Bay, Town River Yacht Club and city of Quincy supported the effort.

TBHA suggests easy ways for the average person to help the environment:

- Dispose of trash, including cigarette butts, in trash receptacles. Cigarettes are non-biodegradable and contain toxic chemicals.
- When on a boat, always store trash securely onboard and dispose of it after returning to land.
- Separate recyclables from regular trash.
- Purchase products with minimal packaging.
- Pack food in reusable containers.
- Particular care when disposing of nylon fishing line, as it can entangle fish, people and propellers.
- Be a good neighbor and pick up trash on land and water. If trash blows overboard while on a boat, retrieve it.

To learn more about TBHA call 617-482-1722 or visit www.tbha.org.

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Moments in time

THE HISTORY CHANNEL

• On **Sept. 12, 1846,** English poet Elizabeth Barrett sneaks out of the house and meets Robert Browning at St. Marylebone Parish Church, where they are married. She returned home for a week, keeping the marriage a secret, then fled with Browning to Italy.

• On **Sept. 13, 1916,** Roald Dahl, author of "Charlie and the Chocolate Factory" (1964), is born in South Wales. He also wrote the screenplays for "Charlie" (with a title change — the movie was called "Willy Wonka and the Chocolate Factory") and "Chitty Chitty Bang Bang" (1968).

• On **Sept. 17, 1934,** 18-year-old actress Olivia de Havilland makes her stage debut at the Hollywood Bowl. De Havilland became an accomplished actress, and is best remembered for her role as Melanie in "Gone with the Wind."

• On **Sept. 16, 1949,** Warner Bros. introduces the Road Runner in the cartoon short "Fast and Furry-ous." Like the sounds of countless other Warner Bros. cartoon characters, the Road Runner's cheerful "beep, beep!" was provided by Mel Blanc.

• On **Sept. 15, 1954,** the famous picture of Marilyn Monroe, laughing as her skirt is blown up by the blast from a subway vent, is shot during the filming of "The Seven Year Itch." The scene infuriated her husband, Joe DiMaggio, who felt it was exhibitionist. The couple divorced shortly after.

• On **Sept. 14, 1964,** writer John Steinbeck was presented the U.S. Medal of Freedom. Steinbeck had already received numerous other honors and awards for his writing, including the 1962 Nobel Prize and a 1939 Pulitzer Prize for "Grapes of Wrath."

• On **Sept. 11, 1971,** former Soviet leader Nikita Khrushchev, one of the most significant figures of the Cold War, and certainly one of the most colorful, dies. In 1964, Khrushchev's opponents organized a political coup against him and he was forced into retirement. The remainder of his life was rather solitary — he was forgotten by most and reviled by many in Russia.

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Sunbeams

By Henry Bosworth

Who's Riding The Winner?

Who's riding the winner?
You can find leading Quincy political figures in the camps of all three Democratic candidates for governor.

Some very active. Some not so much. But all hoping their man will be in the winner's circle in the Sept. 19 primary.

GABRIELI

PATRICK

REILLY

Chris Gabrieli has the biggest local support line-up:

Mayor William Phelan, who has openly endorsed him; former Ward 6 Councillor Joseph Newton, his Quincy area coordinator; County Commissioner and former city clerk John Gillis, Rep. Bruce Ayers, Rep. Ron. Mariano, Councillors John Keenan, Michael McFarland and Dan Raymondi, City Clerk Joseph Shea, Bob Cerasoli, former state inspector general; former councillors Alicia Gardner, Tom Fabrizio and Bryan Connolly; Tom Koch, executive secretary Park, Cemetery and Forestry Department.

Prominent figures with Deval Patrick are Pat McDermott, Norfolk County Register of Probate and former city councillor; Ward 4 Councillor Jay Davis, and School Committee member Anne Mahoney.

Atty. General Tom Reilly has Rep. Steve Tobin, former city councillor Mike Cheney and Mike Berry of IBEW Local 103 actively behind him. Councillor Joe Finn is with him, too, but in a less active role.

Both state Senator Mike Morrissey and City Council President Doug Gutro voted for Reilly at the Democratic convention. But both say they are not active in the campaign.

MORRISSEY

GUTRO

"I am not endorsing anyone in the primary," says Morrissey. "I will endorse the winner and campaign for him in the final election."

Gutro appears to be doing the same thing.

You might say there are a couple of "houses divided" in this campaign.

Phelan is strong for Gabrieli and Tobin, his brother-in-law, is with Reilly.

Shea is with Gabrieli but his wife, Josephine, a delegate, is backing Patrick.

Morrissey is staying out of the action but his office staff isn't.

"They're all for Gabrieli," Morrissey says.

And, he notes: "Forty-nine percent of my senatorial district is with Gabrieli, too."

Who the winner will be Sept. 19 remains to be seen. It looks like a close horse race.

But the winner of this one is only half-way there.

He still has to face Republican Lt. Gov. Kerry Healey in the Nov. 7 final showdown. And she's no political push-over.

❑

WHAT DOES AN "unsung hero" look like?

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FOLEY

Foley quietly gives freely of his time to environmental and conservation projects and causes to benefit the city.

He's a member of the Mayor's Open Space Committee, the Beaches and Coastal Commission and for years has been dedicated to preserving the marshes.

And he is deeply involved in the effort to determine whether wind energy is feasible in Quincy's future.

P.J., a technician for Verizon, puts his heart and soul into any project he takes on. Quincy is a richer, better community because of him and others like him.

And if you have ever wondered what the "P.J." stands for, it's Patrick Joseph named for his grandfather who also was P.J.

❑

GEORGE PARKER, who owned the Yellow Cab Co. of Quincy, died six years ago. But his generous Labor Day tradition is very much alive.

GEORGE PARKER

It started in 1976 when The Sun became the Quincy-South Shore Pledge Center for the Jerry Lewis Muscular Dystrophy Telethon.

George came by with two $400 checks, one company, one personal to help get us off to a good start.

And for the next 10 years it became an annual ritual with George arriving each Labor Day with $800. He would drop the check off and disappear. Didn't hang around for a "thank you."

During those 10 years, The Sun pledge center raised over $1 million for Jerry's Kids. As The Sun expanded, we ran out of the necessary space to set up a pledge center and reluctantly closed it.

But that didn't stop George.

For the next 12 years he kept coming to The Sun office around Labor Day with $800. In 1999, he wasn't feeling well but sent a check for $1,000.

At the time of his death in May, 2000 his total donation to MDA had reached $19,000. But that wasn't the end.

The Labor Day weekend after his death two more checks for $800 arrived at The Sun for Jerry's Kids.

One check for $500 from George's brother, Joe, and his wife, Joan, of Brockton. And the other a $300 Yellow Cab Co. check from Wayne McCulley, George's long-time friend and associate.

JOE PARKER

Sadly, Joe died last April.

But the tradition goes on.

Two more checks for $800 arrived for this Labor Day. A $500 one from Joe's wife and Wayne's $300.

That brought the total to so far $25,000.

Joan wants the tradition to continue in memory of both George and Joe.

Both of whom thought Jerry's Kids were very special.

Fund Raiser Sept. 17 For Wildlife Clinic

Release Chiropractic will host a fund raiser for the New England Wildlife Clinic in Weymouth Sunday, Sept. 17, from 10 a.m. to 4 p.m. at 720 Washington St. (Route 53), Weymouth.

The clinic is composed of highly trained veterinarians that specialize in the care of wild and exotic animals at low or no cost, thanks to money raised by donations.

Therapists from Release Chiropractic will perform their massage for $1 per minute and there will be raffles, food and giveaways with all proceeds going to the clinic.

Also contributing to the event will be Eatin' Healthy, Dog's Rule, Morris & Yalowchuk, North River Crafts, Euro Trattoria, Bikram Yoga Quincy and others.

The fund raiser will be held, rain or shine.

Scenes From Yesterday

THIS IS AN OLD POSTCARD from the Harvard Aeronautical Society's 1910 aeromeet in Squantum, 96 years ago this week. Over $60,000 in prizes were offered for the newly developed propeller driven aircraft to set records at the meet, only the second to be held in the United States. Other contests attracted a human powered helicopter, two mankites and this propeller driven dirigible piloted by Cromwell Dixon who was only a teenager. He was to fly this balloon from Squantum to Beacon Hill, but he mistook the Christian Science Mother Church as the dome of the State House and lost the contest. Now the site of The Moorings at Squantum Gardens and Beechwood-on-the-Bay, the 500-acre field setup for this meet later became Dennison Airport and then Squantum Naval Air Station. The event attracted over 20,000 visitors to Quincy, including President William Howard Taft. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of Tom Galvin

Quincy's Yesterdays

Shea Keeps Them Guessing On Mayor Bid

This Week
1963
43 Years Ago

By FRANK McCAULEY

The question of whether City Council President Charles L. Shea will run for mayor will apparently remain hot political conjecture until shortly before the time for filing nomination papers Sept. 10.

Shea said he would issue a statement Monday or Tuesday as to his political plans. At this point there are only two declared candidates for mayor, incumbent Amelio Della Chiesa and Louis Caruso, a laborer in the Park Department.

(Ed. Note: Council President Shea did announce for mayor, filed his papers, was nominated in the primary and lost to Della Chiesa in November.)

NORTH QUINCY BRANCH LIBRARY WINS APPROVAL AT PREVIEW OPENING

The new North Quincy branch of the Thomas Crane Public Library stocked with 15,000 books won solid approval from guests at a preview opening.

The branch will be formally opened with a ribbon cutting ceremony Sept. 8. The new facility, which cost nearly 300,000, represents "historically the first instance when the city of Quincy has spent a penny for a library building," according to D. Foster Taylor, chairman of the Thomas Crane Public Library Board of Trustees.

KEEPING UP WITH THE RED SOX

Red Sox pitcher Gene Conley returned from the disabled list as the Red Sox entered the final month of the 1963 season. Despite sweeping a double-header from the Baltimore Orioles by scores of 4-3 and 2-0, the Sox, with a 67-71 record, remained 23 games behind the American League leading New York Yankees.

QUINCY-ISMS

Thomas Hurlebaus and Mrs. **Margaret Carroll** were installed as Post Commander and Post Auxiliary President at the Houghs Neck Legion Post, Sea Street . . . Mayor **Della Chiesa** planned to ask City Council to approve the funds for the position of library custodian to staff the new North Quincy branch . . . Mr. and Mrs. **Allen Wentworth** of School Street were the proud parents of a daughter born Sept. 1 at Quincy City Hospital . . . Miss **Judith Brava** gave an illustrated talk on her recent trip to Israel, Italy, France and Holland to the Quincy Jewish War Veterans' Auxiliary . . . The Quincy Chapter Women of the Moose held a Booster Party Supper . . . Frank Sinatra was starring in "Come Blow Your Horn" at the Strand Theatre, Quincy Center . . . Public Works Commissioner **Charles R. Herbert** was named to the Contractors and Building Supply Division of the United Fund Drive. The announcement was made by Atty. **George F. O'Brien**, campaign chairman of the drive . . . Councillor at Large **John J. Quinn** was the guest speaker at the installation of officers of the Montclair Men's Club. His topic, "Major problems of city government in the past and how they were met" . . . **George C. Smith Jr.** filed his nomination papers for Ward 5 councillor. Smith is a graduate of North Quincy High and Bentley College . . . Miss **Catherine Ready** has been promoted to head clerk in the tax collector's office. The announcement was made by Treasurer and Tax Collector **Thomas J. Sheerin** . . . Kennedy's Butter and Eggs Store, 1466 Hancock St., Quincy Center, was advertising "Fresh Cut Chicken Breasts for 59 cents a lb." . . . Quincy High School football coach **Jack Garrity** expressed pleasure after his football squad held its second full practice session. Returning players included class president **Dan Raymondi** . . . Goode Ford was advertising a 1931 Model A Ford "for only $1,000." . . . Mr. and Mrs. **Wilfred Thibodeau** of Winthrop Park celebrated their 25th wedding anniversary. Married Sept. 3, 1938, they are the parents of three children, **James**, **Janice** and **Sharon** . . . Mrs. **Pearl Garcia** of Quincy, National President of the Supreme Emblem Clubs of the United States, welcomed delegates to the club's 37th annual convention held in Boston. Gov. **Endicott Peabody** and Boston Mayor **John F. Collins** addressed the convention delegates . . . "The Great Escape" starring Steve McQueen and James Garner was playing at the Wollaston Theatre . . . City Solicitor **Douglas Randall** ruled that present Ward 5 Councillor **George G. Burke**, a candidate for councillor at large, is entitled to be listed as an incumbent on this year's ballot . . . **Warren G. Parker**, River Street, Quincy Point, announced his candidacy for the School Committee . . . **Maurice G. Flahive** of Waterston Avenue, Wollaston, was elected lieutenant governor of Kiwanis District 5 East. Mr. Flahive has been a Kiwanian since 1938 . . . **Alrick Weidman**, Quincy building inspector, announced that building permits issued in August totaled $560,181 . . . Rep. **James R. McIntyre** announced he would not seek the mayoralty this year.

Readers Forum

A 'Thank You' For August Moon Festival Success

Every year, the August Moon Festival is a wonderful way for the Quincy community to come together in celebration of the culture and traditions of the area's large Asian population.

Quincy Asian Resources, Inc. (QARI) is proud to join with so many of the area's businesses, agencies, media sources, government officials, police officers, and exceptional volunteers to make this a possibility. The 19th annual August Moon Festival on Sunday, Aug. 20 was, once again, a great success.

QARI extends sincere thanks to our sponsors for their financial support. We would like to mention in particular our Grand and Diamond Sponsors: Kam Man Food; Mohegan Sun/Sunshine Travel; the city of Quincy; and Comcast. Our media sponsors, *The Patriot Ledger* and *The Quincy Sun*, allowed us to get the word out so that over 6,000 people - not only from Quincy, but from other areas in Massachusetts and even from other states - attended and enjoyed the day.

We are especially grateful to our dedicated and hard-working committee members and volunteers who gave every ounce of their effort to ensure that everything ran smoothly. It is, in particular, encouraging to see so many young people invested in and giving back to their community.

Thank you, thank you for working with us to make the 19th event such an outstanding one. We look forward with great anticipation to the 20th August Moon Festival in 2007!

John Brothers
Executive Director
Quincy Asian Resources

Teaching And MCAS Testing

There has been a lot of contemplation lately about MCAS testing.

Education is a very complicated endeavor. There are, mainly, three factors that affect educational success: One is students and their ability and motivation. Two is the living environment of each student's home. Three is the quality of teachers. That is why a most brilliant teacher can achieve average results with average students and an average teacher can achieve brilliant results with brilliant students.

Home environment contributes greatly to the student's achievement. Students are longer with their parents than they are with their teachers. Testing is a factor. If tests are composed by different teachers, who would use the same textbooks, the test would be different and the results would also be different.

That is why there is no surprise about so much ado about MCAS testing. And many questions arise. First, who composed MCAS tests? Are the MCAS tests composed by the same teachers who teach the subjects tested? How many teachers, if any, who teach the courses tested, take part in composing MCAS tests?

Do the teachers who teach the courses to be tested have access to the MCAS test before the students are tested? And if the teachers know what MCAS tests will ask students, should the teachers be allowed to give the students the answers to the questions to be asked on the test during regular classes? If the students are not told what the MCAS tests want them to know, how can the students decide what to remember?

And then, if it is important for students to learn what MCAS makers consider important, what is wrong for teachers to teach them that? And if the teachers fail to do that, how can anybody expect the students themselves would know what the MCAS test makers want them to know?

Therefore, the teachers who use all educational skills possible to prepare their students to learn and to understand the MCAS test, should be rewarded and not dismissed.

One thing ought to be kept in mind by all those who make decisions on education, that the psychiatrists claim that the readiness for serious learning begins at the age of seven.

Michael Jovanovic
Town Hill Street

Just Thinking About The Weather

Isn't it amazing, we had another summer with periods of very hot and humid weather. Surprise, surprise.

On a couple days, temps soared toward the three digit number. One hundred degrees on a day or two. Thank God we don't live in the southwest, but as even they say, 100 degrees without the humidity is just normal heat.

This past weekend, temps started falling. Afternoons still summer-like but overnight temps fell below 60 degrees. People started showing up for work in jackets complaining about the cold.

If we're lucky we'll get a few more hot and humid days before the snow sets in, then we'll be wishing for 100 degrees again.

Sal Giarratani
Atlantic Street

Arts & Entertainment

POINT WEBSTER STUDENTS learned math from real life situations. From left are parent Richard Brodeur, Jason Barbosa, Molly Brennan, Burkak Sezer, and Julie Broadbent.

Point Webster Students Participate In Fair

The third annual Parent in Partnership Point Webster Middle School Math and Science Fair was recently held at Roche Brothers Supermarket.

Point Webster students used the facilities to learn about mathematics in the real world.

Nearly 170 sixth and seventh graders participated. The fair had an "Estimation Station," where 7th graders Haira Alves and Lorena Guimaraes tied guessing the correct number of 890 jelly beans in a jar. Annie Maloney, a 6th grader, won popcorn contest with an estimation of 935 to the actual 963. Tiffany Malvarosa, a 6th grader, won the M&M contest with a correct guess of 630.

M.F. Foley Company gave a presentation where students saw fish, eels, and other water creatures. Students learned to grow tomatoes in water without soil, and built 3-D toothpick and marshmallow figurines, which were used to count faces, edges, and vertices. There was also a birthday booth where a formula was used to guess participants' ages.

Participants completed surveys to determine characteristics of an average shopper at the market. When students returned to the school, they tallied the results and created graphs for math class.

School Committee member Linda Stice, with representatives from Blue Cross and Blue Shield, officers from the Police Department, Roche Bros. co-owners Jay Roche and Richard Roche, Principal James McGuire, administrators and teachers participated in the event.

The Crane Library Announces September Films

The Thomas Crane Public Library announces their free September movie screenings held at the Main Library, 40 Washington St.

Sept. 14, 7p.m.: The Japanese anime series *Chrono Crusade* is intended for adults and teens aged 13 and older and is not suitable for younger audiences. The story takes place in 1928 when jazz is hot, bootleg liquor is king and the idle rich of a nation have discovered a horrifying new past-time: summoning demons! To combat this growing threat, a new order of "holy warriors" has arisen. This is the story of Sister Rosette, an "elite exorcist in the Order of Magdalene," whose soul has been bound by alchemy to that of the devil Chrono. Armed with sacred ammo, they form an unstoppable team, ready to wage war at a moments notice, because when the gates of hell are opened, they must put the devils back.

Sept. 21, 7p.m.: The Norwegian film *Monster Thursday* is the first of a new monthly series of film screenings for adults. Although the film is unrated, it is not recommended for ages under 17 without parental permission. In the series, old friends Even and Tord live on Norway's west coast. A handsome career man and an excellent surfer, Tord marries Karen whom Even has always loved. Despite the fact that Karen is expecting a child, Tord goes on a business trip to Singapore and asks Even to look after Karen while he is gone. With Tord away, Even decides to make his move. He even decides to learn to surf to impress Karen, but which way will the waves break?

Directed by Arild Ostin Ommundsen, *Monster Thusday* won a Grand Jury Prize for World Cinema at the Sundance Film Festival. "*Monster Thursday* marks the emergence of an electrifying new voice in Scandinavian cinema," said Trevor Groth of Sundance Film Festivals.

For more information call the Crane Library at 617-376-1301 or visit www.thomascranelibrary.org.

Children's Corner Accepting Applications For New Season

Children's Corner, Quincy's drama, dance, and voice studio, is accepting applications for its upcoming season beginning Sept. 11 running through May of 2007.

Students grades 3-9 are welcome to apply. Classes are Mondays from 3:30-6:30 p.m. on Cottage Avenue, across from Quincy Courthouse.

Director John F. McDonald of JM Productions and choreographer Laurie (O'Connell) Graf have been providing the youth of Quincy and other nearby towns with professional instruction in performing arts each year since 1999. The goal of the program is to provide students a well-rounded education on stage as well as backstage. Students will help produce two live performances at the end of the program in May. Past productions, including adaptations of major Broadway hits such as *Annie, Joseph and the Amazing Technicolor Dreamcoat,* and *Peter Pan* have been successful with sellout audiences at each performance.

This year's production is a compilation of *Wicked,* the hugely popular and critically acclaimed stage show *The Wiz,* and the all time classic, *The Wizard of Oz.* The theme-based nature of this year's show provides an opportunity for a wide-range of talent to be cast. Students will receive intense training in drama, dance, and voice by skilled and professional performers.

Enrollment is limited in order to allow all students the opportunity to learn from the experience and thrive in the environment. It also reinforces the philosophy of the artistic director McDonald who believes that "every child is a star," and that Children's Corner "gives them the opportunity to shine."

For more information call McDonald at 617-786-SHOW(7469) or email him at jfm@jmproductionspresents.com.

Art Association Offers Classes

The Quincy Art Association is offering fall classes in oils, acrylics, watercolors, pastels and life drawing to adults and children starting the week of Monday, Sept. 25.

The deadline for registration is Wednesday, Sept. 20. Register by calling 617-770-2482.

Boot Camp At South Shore YMCA

The South Shore YMCA will offer boot camp beginning Monday Sept. 18 at noon. This is a 10 week program. Registration is now underway. For more information call 617-479-8500.

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SOCIAL

Seaside Gardeners To Hold Fair Sept. 30

Seaside Gardeners of Squantum will hold "The Faire For All Seasons" fundraising faire Saturday, Sept. 30 from 10 a.m. to 2:30 p.m. at the First Church of Squantum, 164 Bellevue Road, Squantum.

Luncheon will be served from 11:30 a.m. to 1:30 p.m. Home made soups or clam chowder, steamed hot dogs, coffee, tea, hot cocoa and assorted baked goods will be available.

Craft items spanning all the seasons of the year will be offered for the home, office or gift-giving. There will be a Second Hand Rose Boutique, a raffle table, home baked goods, a children's table featuring new toys and games and used toys and games.

Pat McGilvray and Kate Benjamin are the faire's co-chairpersons. Seaside Gardener's many civic projects benefit greatly from such fundraising events. For more information call Pat McGilvray at 617-328-0355 or write to Seaside Gardeners of Squantum, P.O. Box 214, North Quincy, MA 02171.

QHS 1941 Class Reunion Set For Sept. 19

The Quincy High School Class of 1941 will hold its 65th reunion Sept. 19 at noon, at the Common Market, west Quincy.

This is the 17th reunion for the class which was one of the biggest in number and the first to wear a cap and gown at graduation.

The committee includes Anna Crandall, Margaret Bardsley, Helen Gohl, Bob Gumpright, John Luongo, Bob Matthieson, Helen Swindler, Yolanda Romanelli, Beulah Wilshire and Jean Neil.

For more information call Gumpright at 781-335-1842.

Houghs Neck Council's 2nd Annual 'Chowdafest'

The Houghs Neck Community Council will hold its second annual reunion "Chowdafest" Sunday, Sept. 24, from 2 to 6 p.m. at the Houghs Neck Maritime Center, 1394 Sea St.

Admission is $5 per adult which includes a sampling of the chowder entries and a chance to vote for Houghs Neck's Favorite Chowder. Proceeds will benefit the Council's many programs.

Individuals and restaurants are encouraged to enter the chowder contest. Individual winners will receive a cash prize and winners in both categories will be featured in the October issue of the Houghs Neck Bulletin.

Tickets are available from any Executive Board member by mail from Margaret McLean Laforest, 236 Rock Island Rd., Quincy 02169. Call 617-471-1806 for more information.

Mr., Mrs.Robert Dunn Parents Of Son

Robert and Lisa Dunn III, of Quincy, are parents of Jack Joseph Dunn, Born June 4 at South Shore Hospital.

Jack is the brother of Bobby and Kelsey Dunn.

Grandparents are Bob and Nancy Dunn and Catherine Connolly, of Quincy. Phyllis Sullivan of Dedham is his great grandmother.

Emblem Club To Meet Sept. 13 At Elks Lodge

The Quincy Emblem Club will meet Wednesday, Sept. 13 at 7 p.m. in the Elks Lodge, 254 Quarry St.

HAPPY BIRTHDAY - Rural Lodge Masons honored Eventide Home resident M. Leona Low on her 95th birthday Aug. 27. Mrs. Low is past president of the Milton Women's Club and a former Milton resident. She is the wife of the late William Low, Jr., former District Deputy Grand Master of Quincy Masons in 1975. With the honoree is (left) Stephen Whitmore, Jr., warden, and Roy E. Johnson, past master.

N.Q. Catholic Women Start Season Sept. 14

The Catholic Women's Club of North Quincy will begin the 2006 - 2007 season with a pot luck supper, Thursday Sept. 14 at 7 p.m. in the cafeteria of Sacred heart School

Pricilla Langille is chair lady for the evening.

Kate Shannon, president, will conduct the business meeting, and plans for the upcoming year will be discussed.

St. Ann Cub Scout Registration Sept. 14

St. Ann Cub Scouts will hold registration at the Scalley Center, behind St. Ann School, Thursday, Sept. 14 from 6-8 p.m.

All boys in Grades 1 through 5 are invited to join. Parents are also welcome to volunteer as leaders. The Cub Scouts program offers scouts the opportunity to learn about nature, the community and themselves.

St. Ann Pack 21 has been in existence for over 35 years and offers activities for both boys and their families.

Mount Wollaston Cemetery Walking Tour Saturday

TOM GALVIN

Tom Galvin, Quincy historian, will lead a walking tour of historic Mount Wollaston Cemetery Saturday.

The tour, starting at 1 p.m. will focus on the Quincy granite industry.

Stops will be made at the graves of the leaders of that industry, Quincy mayors, and civic leaders, Quincy war memorials, notable granite monuments and other historic sites.

Those planning to participate will meet at the Greenleaf Street gate on Southern Artery.

Citywide Parents Meet Sept. 11

The Quincy Citywide Parents' Council will hold its first meeting of the 2006 - 2007 school year Monday, Sept. 11.

The meeting will be at 7 p.m. at the Broadmeadows Middle School, Calvin Road. All are welcome.

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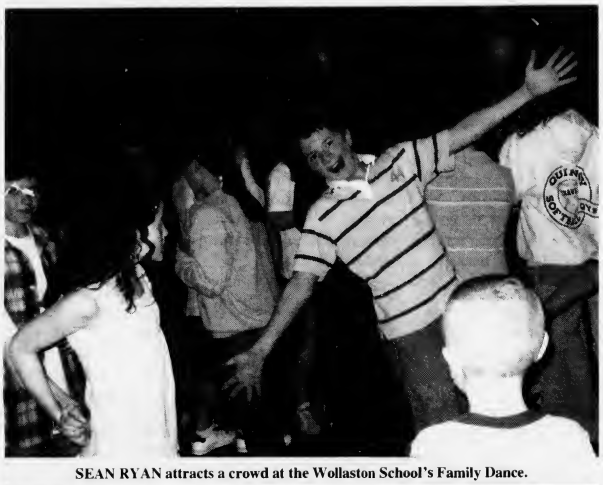
Fun For All At Wollaston School Family Dance

FAMILY DANCE, an annual event sponsored by the PTO at the Wollaston School, attracted more than 200 teachers, parents and children recently to dance, compete for prizes and enjoy entertainment Radio Disney. Left to right, Shawna Grehan, Rachel Knight, Megan Herlihy, Megan Foley and Jillian Hallisey.

FUN GROUP at the Wollaston School's Family Dance included, left to right, Brianna Foley, Callie Cabral, Meredith Durham, Alexandra Baylis, Jo-Jo Hallisey and Niamh O'Connor.

'DOING THE TWIST at the Wollaston School's Family Dance are Niamh O'Connor (left) and Jo-Jo Hallisey.



SEAN RYAN attracts a crowd at the Wollaston School's Family Dance.

SOME YOUNG FOLKS didn't come to the Wollaston School's Family Dance to dance but to watch the entertainment from the arms of teachers Nicole O'Brien (left) and Jennifer Garrett.

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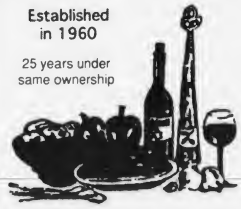

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Degan Road Race Sunday Here And In Baghdad

The 14th annual U.S. Marshal William F. Degan Memorial Road Race will be held Sunday at Pageant Field.

And it will also be simultaneously held in Iraq, where 60 American law enforcement officers stationed in Baghdad will start their own race in Degan's honor.

The race commemorates the life and career of former U.S. Deputy Marshal William F. Degan, who was killed in the line of duty in 1992.

U.S. Marshal Kevin Roche, a friend of Degan's and a Quincy native, came up with the idea for the Baghdad race while he's in Iraq helping to train police officers.

Degan, a Quincy native, earned numerous awards during his career, including the prestigious Attorney General's Award for Excellence in Law Enforcement. In addition to being a marshal, he also served as a lieutenant colonel in the Marine Corps Reserves.

The 10K road race will begin at 10 a.m. followed by the 5K road race and the free kids' fun run.

Registration will be held at Adams Field Saturday from 1 to 5 p.m. and Sunday from 8 to 9:30 a.m. before the race. Fee is $20.

All pre-registered runners can pick up their bib numbers and T-shirts Saturday from 2 to 5 p.m. at Adams Field.

The road race, which includes three miles of beach front road, will start and finish at Pageant Field. Prizes will be awarded to all first-, second- and third-place division finishers.

Refreshments will be served to all runners and families. There will be a DJ, raffles and pony rides.

For more information, call 617-576-9860 or visit www.deganroadrace.com.

STATE AWARD — Sen. Michael Morrissey (right) congratulates Joseph DiStasio, owner of D & B Tree Service in Quincy, at the State House, where DiStasio received a "Veteran Friendly Award" from the Massachusetts Department of Veterans' Services. The Veterans' Outreach Initiative for Competitive Employment (VOICE) provides a link to give resources to veterans by identifying more than 800 veteran-friendly employers in the Commonwealth. D & B Tree Service was cited for its work in hiring and employing veterans. DiStasio has worked extensively with the Department of Labor and career centers across the state to facilitate employment for veterans.
Bruce DiLoreto photo

Prize-Winning Tomatoes At Farmers' Market

Two tomato growers, who are among the contributing farmers for the Farmers' Market, achieved top honors at the 22nd annual Massachusetts Tomato Festival, Boston.

The Farmers' Market, located in the John Hancock Municipal lot, across from the court house, is open Fridays 11:30 a.m. - 5 p.m. rain or shine.

Scott Freitas of Freitas Farm of Middleboro and Glenn Stillman of Stillman Farm and Greenhouses of Lunenburg sell tomatoes that are considered among the best in the state.

"At farmers' markets our tomatoes are the most popular vegetable," they said.

Stillman Farm tomatoes won first prizes in two categories: their "jet star" tomatoes won for the slicing category and their "striped German" tomatoes won in the heirloom category.

Jeff Cole of the Federation of Massachusetts Farmers' Markets said: "What differentiates the produce at Farmers' Markets from the conventional stores or supermarkets? They pick the produce early that day of the market, (they) have not been stored in warehouses or distribution centers, and have not been handled by several middlemen or brokers, nor traveled across the country or from different lands."

Massachusetts is considered the largest tomato-producing state in New England. According to the Massachusetts Department of Agricultural Resources, some 5.6 million pounds of tomatoes are grown annually with a farm "gate value" of 5.6 million.

To prepare the tomatoes, Anneli Johnson market manager, suggests following a recipe that is popular at the market, by Julie Loebardt of Get Fresh Rotisserie & Grill, 1259 B Hancock St.

For more information, call Johnson at 617-479-1601, or email her at annelijohnson1@netzero.net.

Prenatal Exercise At YMCA Pool

The South Shore YMCA will offer prenatal exercise classes in the pool Tuesday and Thursday evenings from 6:30-7:30 p.m. beginning the week of Sept. 17. For more information call 617-479-8500.

Houghs Neck Community Council Seeking New Members

The Houghs Neck Community Council, which has been serving the folks who live on the peninsula since 1954, is accepting new memberships for the 2006-07 year.

If you would like to become a member and receive the monthly Houghs Neck Bulletin, submit $5 payable to the HNCC and mail to Margaret LaForest, 236 Rock Island Rd., Quincy 02169.

Membership runs from September through June and members receive monthly the Bulletin that keeps them informed on activities in the community, including editorials and political updates.

The Councils also sponsors the following events: Good Neighbor, Harvest Festival, Christmas Tree Lighting, Easter Bunny Fun Day, Free Swim, Dot Liang Memorial Flower Sale, Third of July Family Fun Day and the HNCC Blood Drive in Memory of Chris & Trudy Peter.

South Quincy

Italian Festival

Saturday, September 9th
11am -8pm
(Rain date Sunday, Sept. 10th)

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Thursday, September 14, 2006
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SEAN TYLER of Fallon Ambulance (center) draws the winning ticket in the raffle to win the 2005 Chevy Cavalier prize donated by Quirk Automotive in the drawing to support scholarships for low-income families. Quincy After School Board members Jo Ann Bragg and Arthur Keough look on.

Auto Raffle Benefits Quincy After School Program

RAFFLE WINNER Patricia Bellefontaine (right) receives from Quincy After School Board member Maralin Manning the keys to a 2005 Chevy Cavalier, the prize donated by Quirk Automotive and stored at Fallon Ambulance for the raffle to raise funds to support scholarships for low-income families.

Seven On Choir School Honor Roll

Boston Archdiocesan Choir School in Cambridge announces seven residents on the Honor Roll for the third term.

They are:

Brian Tam with first honors with distinction, Edwin To with first honors, Nicholas Yotts, Peter Jensen, Evan Yao, Sean Hannon with second honors, Timothy Keenan with honorable mention.

Annual South Quincy Italian Festival Saturday

The 22nd annual South Quincy Italian Festival will be 11 a.m. - 8 p.m. Saturday Sept. 9 at Malnati's Block, Liberty Street and Brooks Avenue.

Rain date will be Sunday. Admission is free.

Purpose of the festival is to raise money to fund scholarships for college-bound Quincy students, while reuniting families and friends with roots in the South Quincy neighborhood. Last year, the festival awarded eight $400 scholarships.

This year's festival will feature a wide variety of food such as Italian sausages, pizza, calzones, fried calamari, fried dough, and other offerings. There will be craft tables with items for sale ranging from T-shirts to collectibles, to shark's teeth. Children rides and amusements will be available for a nominal charge.

Disc Jockey Mike Draicchio will entertain from noon - 4 p.m. followed by "Java Jive" from 4-8 p.m. "Java Jive," known as "the world's smallest, big band" features three singers, two trumpets, a trombone, and three keyboards.

The South Quincy Bocce Club, The D&D Deli, The 92 Club and Cottage Tavern will be the outdoor beer and wine vendors.

'CyberTalk' Programs Begin Sept. 12 At Library

A free series of technology-based "CyberTalk" programs will take place the second Tuesday of each month at 7 p.m. at the Thomas Crane Public Library, 40 Washington St.

Sept. 12 photographer Ron Goodman will have a seminar "Now What? Storing & Editing Digital Images." The seminar will teach how to store and organize digital photo files on a computer, including the preparation of images for emailing and setting up picture sites on the internet. There will also be basic editing techniques, such as cropping, levels, contrast, color control and printing using Picasa and Photoshop Elements software. Bring photographs for critique and an analysis of how to make them more effective and aesthetically pleasing using editing software. Goodman is a professional photographer, a college instructor of photography, has had one person shows of his art, and has received numerous awards. To register call 617-376-1316 or email quref@ocln.org.

Upcoming CyberTalk programs include "Buying a Computer" on Oct. 10, and "Online Shopping: eBay & More" on Nov. 14. All programs are sponsored by the Friends of the Thomas Crane Public Library.

For more information, call 617-376-1301, or visit www.thomascranelibrary.org.

SECONDARY LUNCH MENU

Monday, Sept. 11
Pizza sticks, marinara dipping sauce, tossed salad, fresh fruit or fruit juice.

Tuesday, Sept. 12
Grilled hot dog on a bun, baked beans, coleslaw, fruit juice. *Early release middle and high schools.*

Wednesday, Sept. 13
Kentucky style chicken, mashed potatoes with gravy, vegetable, dinner roll.

Thursday, Sept. 14
School baked lasagna with beef and tomato sauce, corn niblets, dinner roll, fruit juice.

Friday, Sept. 15
Tuna salad sandwich, potato chips, fresh fruit or juice.

ELEMENTARY LUNCH MENU

Monday, Sept. 11
Pizza sticks, marinara sauce, fresh fruit, fruit juice.

Tuesday, Sept. 12
Early release day - no lunch served.

Wednesday, Sept. 13
Tuna salad on a bun, fresh fruit, juice, potato chips.

Thursday, Sept. 14
Crispy chicken nuggets, sweet and sour sauce, rice pilaf, dinner roll, fruit juice.

Friday, Sept. 15
Pasta with meat sauce, vegetable, dinner roll, fruit juice.

Alzheimer's Coach To Speak At Atrium

Beverly Moore of the Quincy-based Alzheimer's Coaching Services, will speak on living with someone with memory loss Tuesday, Sept. 12, from 7 to 8 p.m. at the Atrium at Faxon Woods, 2003 Falls Boulevard.

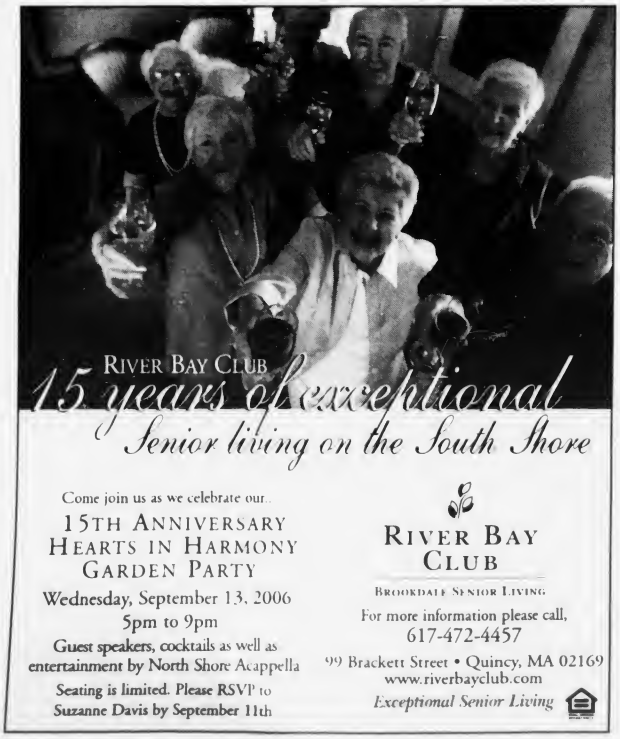
She will offer helpful tips and suggestions on handling often difficult situations that arise in the home.

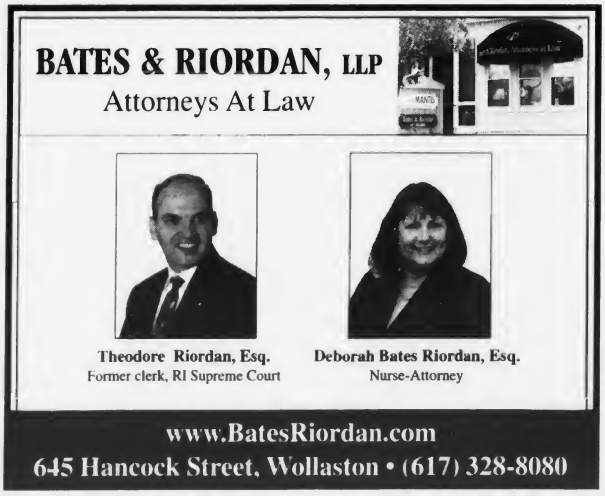
RSVP by calling 617-471-5595. Light refreshments will be served.

Earlier that same evening, a group of caregivers led by licensed social worker Erica St. Germain will discuss better understanding Alzheimer's victims at its monthly meeting from 6 to 7 p.m.

Dinner is provided from 5:30 to 6 p.m.

For more information, call 617-471-5595.





Diane Patrick Campaigns For Husband At 1000 Southern Artery

Diane Patrick, Ward 4 City Councillor Jay Davis and School Committee member Anne Mahoney recently visited residents of 1000 Southern Artery Senior Citizens Center in Quincy, where they talked with residents about democratic gubernatorial candidate Deval Patrick.

Specifically, the trio talked about Patrick's background, the elements of his policy plan for older adults and about his grassroots campaign, which has energized voters of all ages in every corner of the Commonwealth.

Diane Patrick, Davis and Mahoney encouraged those they spoke with to get involved in the conversation about the future of Massachusetts and to make their voices heard with all of the candidates for the state's highest office.

"Deval Patrick continues his effort to engage as many people as possible in the issues and ideas that are driving the race for governor," Davis said. "I am supporting Deval because his interest in what matters most to the citizens of Quincy and every city and town across the state is genuine. His commitment to the issues and to the people who will be governed is evidenced by his early and consistent focus on the issues that matter and by his unprecedented grassroots campaign."

DIANE PATRICK, wife of Democratic gubernatorial candidate Deval Patrick, recently visited 1000 Southern Artery and discussed his candidacy with residents.

Diane Patrick told the more than 100 people who gathered for coffee and dessert that Deval has spent much of his life in multigenerational homes, including the years he, his mother, and sister shared a room in his grandparents' home on the South Side of Chicago. She spoke of the more than 20 years that Deval's mother, Emily, lived with the Patrick family, noting Deval's significant personal experience as a caregiver for his mother toward the end of her life.

For more information, contact Ward 4 Councillor Jay Davis, a local Deval Patrick coordinator at 617-472-8722, Register of Probate Patrick McDermott at 617-594-0640, School Committee member Anne Mahoney at 617-479-2046 or the campaign's main office at 617.367.2006

Mayor's Literacy Benefit Golf Tournament Oct. 2

Mayor William Phelan will host his annual golf tournament Monday, Oct. 2, at Granite Links Golf Club at Quarry Hills.

Proceeds from this year's event will again benefit the early intervention literacy programs in the Quincy Public Schools.

"This event has helped raise much-needed funding for a cause that should be important to us all — helping young people learn how to read," Phelan said. "With your support, we can help a young person overcome a literacy obstacle that may be stifling their ability to learn across a range of subjects and could be sapping their enthusiasm. If we can turn that around at a very young age, we can change a person's life."

The golf tournament will be followed by a fund-raiser at Quarry Hills that will feature silent and live auctions, food, entertainment and more. Tickets will be sold separately to the evening fund-raising event.

Corporate sponsors, hole sponsors, golfers and auction prizes are being sought. Cost to enter a foursome is $1,000. Those who would like to support the event are asked to call Dave Murphy in Mayor Phelan's office at 617-376-1990.

"Every year we enjoy a great day on this beautiful course," Phelan said. "This is one of the most enjoyable events of the year and certainly one of the most rewarding. I encourage those who are considering supporting this cause to call us and help our young people."

Alzheimer's Forum On Memory Oct. 19

The Alzheimer's Association and the Council on Aging will present an informal talk on memory loss Thursday, Oct. 19, from 10 a.m. to 12:30 p.m. at the Koch Park and Recreation Complex, One Merrymount Parkway, Quincy.

The program, presented by Jamie Gutner, will provide an overview of Alzheimer's Disease, how to obtain diagnosis, addressing behavior and communication problems.

For reservation, call 617-376-1506.

COA In Need Of Bath Seats

The Council on Aging is in urgent need for bath seats for senior citizens.

If you have one to donate, call the COA at 617-376-1245.

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Thomas Fox Activated For Future Deployment In Support Of Operation Iraqi Freedom

THOMAS FOX

Army National Guard Spec. Thomas A. Fox Jr. has been mobilized and activated for a future deployment to an undisclosed overseas location in support of Operation Iraqi Freedom.

Fox, a military police with two years of military service, is assigned to the 101st Field Artillery, Brockton.

He is the son of Thomas A. and Lynn P. Fox of Sea St., Quincy.

The sergeant is a 2004 graduate of Quincy High School.

Operation Iraqi Freedom is the official name given to military operations involving members of the U.S. armed forces and coalition forces participating in efforts to free and secure Iraq. Mission objectives focus on force protection, peacekeeping, stabilization, security and counter-insurgency operations as the Iraqi transitional governing bodies assume full sovereign powers to govern the peoples of Iraq.

Members from all branches of the U.S. military and multinational forces are also assisting in rebuilding Iraq's economic and governmental infrastructure, and training and preparing Iraqi military and security forces to assume full authority and responsibility in defending and preserving Iraq's sovereignty and independence as a democracy.

Prostate Cancer Screening Clinic Sept. 19 At Quincy Medical Center

Quincy Medical Center (QMC) and the Marie A. Curry Fund will host a free evening Prostate Cancer Screening Clinic Tuesday, Sept. 19, in the Ambulatory Care Department at QMC, 114 Whitwell St.

The clinic furthers the efforts to bring vital cancer screenings to uninsured and underinsured South Shore residents.

The American Cancer Society recommends annual prostate cancer screening for males beginning at age 50 and earlier, if at an increased risk.

Screening attendees will receive prostate-specific antigen blood test and a digital rectal exam, performed by a board-certified urologist on staff at QMC.

Pre-registration is required. To schedule an appointment, call toll-free, 24-hour Physician Referral Service at 1-877-479-CARE.

Sister Paschala Noonan Keynote Speaker

11th Senior Conference To Be Held Sept. 16

SISTER PASCHALA NOONAN

Sister Paschala Noonan, sister of the late John Noonan, for whom the event is named, will be the keynote speaker at the 11th annual Senior Conference Saturday, Sept. 16, from 8 a.m. to 2 p.m. at the Broad Meadows Middle School, 50 Calvin Rd.

Sister Paschala, a Kentucky Dominican nun, is the author of "Signadou," a history of the Kentucky Dominican Sisters, and the winner of a number of journalism awards. She lived in Watertown and is planning a pictorial history of the Kentucky Dominicans.

The conference was named in honor of John Noonan, the longtime chairman of the Quincy Council on Aging, who died earlier this year.

Sister Paschala will speak at 9 a.m. following the registration period which begins at 8 a.m. Her talk is followed by "Cooking for Fitness" with nutritionist Jayne Davis, and "Serenity Through Tai Chi," with instructor Keith Buckley.

Maralin Manning, executive director of the Quincy Business Association, will demonstrate how to use makeup, clothing and accessories, and Police Lt. Dan Minton will cover an array of safety measures that should be taken to avoid being victimized.

Psychologist Dr. Claire Weiss will talk about preplanning funerals and review trends in cremation, and attorney Tom Williams, an expert on elder issues and Medicaid laws will speak on estate planning.

Dr. Gary Gibbons, CEO of Quincy Medical Center, will answer questions on today's system of medical care, and Tom Hannon will describe "reverse mortgage," the government plan to allow seniors to convert a portion of their home equity into tax-free cash.

Health Commissioner Drew Scheele and Nurse Ruth Jones will present the facts and fiction of an influenza pandemic, Dorothy Ann Vitale of the Norfolk District Attorney's office will outline the methods of identity thieves to gain access to senior's data.

Historian Tom Galvin will share his post card collection in "A Portrait of Quincy," and Dr. Charles Rippberger, the Physician of the Year at Quincy Medical Center, will discuss how to get the best medical care.

Mayor William Phelan will be the featured speaker at the luncheon. which is scheduled for 12:30 p.m.

For more information, call Quincy Elder Services at 617-376-1245, or the Mayor's Office of Constituent Services at 617-376-1421.

Sleep Disturbances Lecture Oct. 24

A lecture on sleep disturbances will be 10a.m. Tuesday, Oct. 24 at the Frenno House, 540 Hancock St.

Dr. Gabrielle Freedman with the Quincy Council on Aging will discuss the problems of getting a good night's sleep. She will review tips on nutrition and have a question and answer segment.

To register, call the Council on Aging at 617-376-1506.

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Dr. Gupta believes that the continuity of care is the most vital aspect of health care, and prides her practice on caring for the "whole" patients, taking physical, social and emotional factors into account when developing a care plan.

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OBITUARIES

Kostantin Zacharias, 79

Investigator

A funeral Mass for Kostantin "Zach" Zacharias, 79, of Quincy, an investigator, was celebrated Wednesday at St. Joseph's Church, 556 Washington St.

He died Sept. 1 at Quincy Medical Center.

Mr. Zacharias was an investigator for the state Board of Registration of Real Estate Brokers and Salesmen, and worked for Emanuel College.

He served in the marines from 1944 to 1966 and was a member of the Army of Special Forces.

Husband of the late Lena (Ferrante) Zacharias, he is survived by two daughters, Christine Merlino of Weymouth and Angela Manolakis of Braintree; a son, Charles Zacharias of Quincy; a brother, Peter Zacharias of Springs, Calif.; a sister, Helen Mastrolli of Quincy; eight grandchildren, and four great-grandchildren.

Burial was in Blue Hill Cemetery, Braintree. Funeral Arrangements were by McDonald Funeral Home of Weymouth.

Robert F. Feehan Jr., 56

Mechanical Engineer, Vietnam War Veteran

A funeral service for Robert F. Feehan Jr., 56, of Quincy, a medical engineer and Army veteran of the Vietnam War, will be Friday at Morris Funeral Home, 40 Main St., Southboro.

He died Sept. 3 after a battle with cancer.

Mr. Feehan worked 20 years at Beth Israel hospital in Boston.

Born in Bangor, Maine, he attended Jamaica Plain High School.

He is survived by three sons, Shawn Feehan of Southboro, and Douglas Feehan and Robert Feehan, both of Vermont; his ex wife, Diane Fitzgerald of Southboro; a stepdaughter, Kristin Reynolds of Quincy; a stepson, Michael Polvere of Southboro; several grandchildren and a niece.

Burial will be Friday at Massachusetts National Cemetery, Bourne.

Help With Simple Wills Monthly

Atty. Ed Conroy will be at the Council on Aging office, 83 Saratoga St., North Quincy, every third Friday of the month to assist the elderly with a free explanation of simple wills.

Call 617-376-1506 for an appointment.

Vets Adviser At COA Office

John D. Miller of Home Care Partners, will be at the Council on Aging office, 83 Saratoga St., each Wednesday to advise veterans or their surviving spouses of their in-home care benefits.

To schedule an appointment, call the Council on Aging at 617-376-1506.

River Bay Club 15th Anniversary September 13

The River Bay Club will host their 15th anniversary of exceptional senior living on the South Shore, Wednesday Sept. 13 from 5-9 p.m. at 99 Brackett St.

The "Hearts in Harmony" garden party is open invitation.

River Bay Club opened as a retirement community in 1991 and was acquired by Brookdale Properties in 1999. The eight-story building is comprised of 282 independent and assisted-living apartments. Over the past 15 years the residents of River Bay Club have had access to the wellness center, computer center, dining room, billiards room, beauty salon, card room, and a 22 passenger bus. River Bay Club offers "respite stays" in fully-furnished apartments with three meals, weekly housekeeping, and all the amenities of the community.

Seating is limited. RSVP to Suzanne Davis at 617-472-4457.

Girl Scouts Registration Sept. 20, 23, 25

The Quincy Girls Scouts will be conducting fall registration in September.

It will be held Sept. 20 from 6:30 to 8:30 p.m. and Sept. 23 from 10 a.m. to 2 p.m., both at Thomas Crane Library, 40 Washing St., Quincy Center, and Sept. 25 from 4 to 6 p.m. at Adams Shore Library, 519 Sea St.

Girls Scouts is open to all girls ages 5 to 17. The age levels are Daisy Girl Scouts (5-6), Brownie Girl Scouts (6-8) and Junior Girl Scouts (8-11). Girls ages 11 to 17 have a number of opportunities for participation in troops as well as individual and special programs.

Girl Scouts, Patriots' Trail Council is one of the largest organizations in greater Boston dedicated to gi!s. The council serves 23,000 girls and 10,500 adult volunteers from 65 cities and towns including Boston.

Patriots' Trail Council develops girls' character, confidence and courage, and blends tradition with innovation by continually adapting to meet the needs of today's girls.

For more information, call 781-893-6113 or visit www.ptgirlscouts.org.

Woman Struck By Car

A 76-year-old Quincy woman was injured last Saturday when she was hit on a sidewalk by a vehicle pulling out of a driveway, police said.

Mary Clarke of Noanet Street said the vehicle hit her when she was walking by 364 Sea St., police said. Edward O'Connor, 39, of Charles Street, Quincy, the driver, said he looked in both directions before leaving and didn't see Clarke, police said.

Clarke was in stable condition Tuesday at Quincy Medical Center, a spokesperson said.

INVITATION TO BID

INVITATION TO BID

CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK STREET, QUINCY, MA 02169

The City of Quincy invites sealed bids/proposals for furnishing and delivering to the City of Quincy:

PARK DEPARTMENT **NEW FENCE INSTALLATION AT VETERANS MEMORIAL STADIUM** **SEPTEMBER 20, 2006 @ 11:00A.M.**

Detailed specifications are on file at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30AM and 4:30PM.

Bids must state exceptions, if any, the delivery date and any allowable discounts. Bids/Proposals must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked **"BID ENCLOSED"** with time/date of bid call.

Firm bid prices will be given first consideration. Bids/Proposals will be received at the office of the Purchasing Agent until the time and date stated above, at which time and date they will be publicly opened and read. Late Bids/Proposals, delivered by mail or in person, will be rejected.

If applicable, bids shall be in accordance with M.G.L. Chapter 30B, Chapter 149 as amended, and Chapter 30, Sections 39A, 39B and 39F-R.

The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informalities in the bidding if it is in the best interest of the City to do so.

William J. Phelan, MAYOR
Laurie M. Allen, PURCHASING AGENT

9/7/06

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The Quincy Sun

NOTICE OF PUBLIC MEETING

Metropolitan Beaches Commission Hearing

The newly formed Metropolitan Beaches Commission will hold a public meeting at the Beechwood Knoll School, 225 Fenno Street in Quincy on Thursday, September 14th from 5:30 - 8:00 PM to hear from community leaders and the public about what is working well – and what is not – on the public beaches of Quincy.

Quincy City Council President Douglas Gutro is a Commission member.

Later this year, the Commission, co-chaired by Senator Jack Hart and Representative Anthony Petruccelli, will issue a comprehensive report on the state of our region's public beaches, along with specific recommendations for short and long-term measures to strengthen these valuable recreational resources.

For more information contact Lauren Thirer Wexler at Save the Harbor / Save the Bay at (617) 451-2860 x103.

Residents Can Vote Through Friday

Bianculli Family Finalists In Celtics-RE/MAX Home Court Contest

The Bianculli family of Quincy is a finalist in the Boston Celtics and RE/MAX of New England Home Court Program.

Quincy residents can vote for the Bianculli family through tomorrow (Friday) by logging on to www.celtics.com.

The winner will receive a renovation of their home basketball court and a free community basketball clinic. Both the makeover and clinic will feature a Boston Celtics player.

The home court makeover will consist of a driveway or court resealing, a brand new basket stanchion, backboard, electronic scoreboard, a ball rack and other Celtics-themed adornments.

The Celtics are now accepting entries for the third and final tier of the RE/MAX of New England Home Court Program. Fans who submitted entries are automatically entered in the third contest. The winner will be chosen later in the season.

"The Boston Celtics and RE/MAX of New England would like to congratulate the three finalists in the latest Home Court contest," said Celtics Chief Operating Officer Rich Gotham. "We're excited to give Celtics fans the opportunity to select the next winner in this exciting program. The three families are very deserving candidates and the Celtics would like to wish them the best of luck."

To enter, fans submitted essays along with photos explaining their need for a home court makeover. A panel of Celtics players and front office staff along with RE/MAX of New England employees selected the first contest winner.

"Coming off a very successful debut of the Home Court Program we are looking forward to another makeover and wish all the finalists good luck," said RE/MAX Vice President Jay Hummer. "Real estate is all about servicing families in our local communities and we are proud to partner with the Celtics on this great program, which gives back to our neighborhoods."

A 14-1/2 Footer Takes Sunflower Contest Honors

A 14 1/2 foot beauty took top prize honors in the 12th annual City-Wide Grow Together Family Sunflower Contest.

The winner stands tall in the Tyler St., North Quincy yard of Dottie Brooks, where it was grown by her grandchildren, with help from her.

"We are delighted to have had wonderful city-wide participation again this year," said Sharron Beals, executive director of the Beechwood Community Life Center, sponsor of the contest in conjunction with Almquist Flowerland and The Quincy Sun.

Two hundred packets of hybrid sunflower seeds were donated by Almquist and distributed by Beechwood and The Sun.

The family will receive a Family Fun Basket with gift certificates, games, books, toys donated by Beechwood, The Sun and other Quincy businesses.

The Richard and Sandra Duclos family of Park Ave., Squantum won an honorary award for their 9 foot, 5 inch sunflower which had the largest bloom reported.

Simple Wills At Council On Aging

Attorney Ed Conroy will help seniors to complete free, simple wills, the third Friday of every month, at the Council on Aging Office, 83 Saratoga St.

For an appointment, call 617-376-1506.

Pre-School Hours Stand Corrected

Several errors appeared in the story on school openings in last week's Quincy Sun.

There is a pre-school program at the Wollaston School. The first session runs from 8 a.m. to 2 p.m. on Monday, Wednesday, Thursday and Friday; and 8 a.m. to 12 noon on Tuesday.

The pre-school programs at both the Snug Harbor Community School and the Amelio Della Chiesa Early Childhood Center are from 7:35 to 10:15 a.m. and from 11:10 a.m. to 1:50 p.m. Monday, Wednesday, Thursday and Friday. There are no pre-school classes at either school on Tuesday.

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SCHOOL COMMITTEE

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REAL ESTATE

By Samantha Mazzotta

Replacing Bathroom Tiles

Q. The previous owner of our house redid the tile in the upstairs bathroom himself, and it isn't the best job. Several of the ceramic floor tiles along the base of the bathtub are loose, cracked or broken. What's the fastest way to fix this? — *Chuck B., Quincy, Mass.*

A. Check first for water damage in the underlayment beneath the tiles. Apparently, the tiling job wasn't top-notch, because the effect of constant weight (of the tub), improperly applied caulk and water spilling down the sides of the tub have caused the tiles to loosen and the seal along the tub base to weaken.

Minimal water damage can cause the plywood underlayment to swell, making it difficult or even impossible to place new tiles evenly. Long-term water damage can spark other issues, like wood rot or mold.

Remove all the loose tiles from the floor and pry up broken and cracked tiles around the perimeter of the area. If necessary, scrape away old grout from the underlayment to get a better view of the damage. Look for dark water spots, sniff for mold (or visually identify it) and run your fingers along the plywood to feel for uneven areas. Press down with your fingers or the tip of a screwdriver to see if the wood feels spongy or gives way easily. If the wood is damaged or wet, it will need to be replaced before tiling can be done.

Once the underlying floor has been deemed healthy, the bathroom tiles can be replaced. Remove old grout and waterproof caulking from the edge of the bathtub base and clean debris from the repair area. For a small repair job, tiles can be arranged prior to installation so you can match them with the existing tile pattern and cut tiles to size if necessary.

To install, start from the base of the tub and work outward to the rest of the bathroom tile. Apply adhesive to the bottom of each tile, set into place, and place spacers between the new tile, the old tile and the tub base (spacers will keep the tiles far enough apart to allow grout to fill in properly). Once complete, apply grout liberally to the spaces, scraping away excess. Be sure to apply grout between the tiles and the bathtub base, too. Let the grout dry completely, then apply new waterproof caulk along the bathtub base and the newly installed tile. Wipe away any grout residue or film with a damp cloth.

Send questions or home repair tips to homeguru2000@hotmail.com, or write This Is a Hammer, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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On Wollaston Hill

10-Unit Apartment Building Sold

Century 21 Annex Realtors Dianne Demarkles and Gus Confalone recently worked together to complete the sale of a 10-unit apartment building located on Hospital Hill in Quincy.

Demarkles represented the seller; Confalone represented the buyer.

DIANNE DEMARKLES

GUS CONFALONE

Realtors are beginning to see an increase in asking prices for apartment buildings. Investors are able to pay one price per unit, renovate the space into a condo and turn a profit once it is sold.

Agents are finding that buyers, such as the one Confalone represented, are willing to pay higher asking prices for properties because they know that they will be able to turn a profit.

According to Demarkles, the sale was complex. "The property was valued at more than one million dollars, leading to much involvement from the banks to complete this transaction. Usually, the down payment for residential properties is 25 percent. Due to the high asking price, the owner was looking for a deposit of 30 percent," she said.

An 18-year real estate veteran, Demarkles is a resident of Wollaston. In her spare time, she is an avid bird watcher and member of the Massachusetts Audobon Society.

Confalone has been an agent at Century 21 Annex Realty for the past 20 years. His son, Dino, is also an agent out of the Quincy office.

For more information, call the Quincy office at 617-472-4330.

QCAP Workshop For Homeowners Sept. 26

Quincy Community Action Programs will sponsor a workshop for homeowners Tuesday, Sept. 26 from 5:30 to 8:30 p.m. at QCAP, 1509 Hancock St., fourth floor, Quincy Center.

The workshop is open to the public.

Homeowners will learn about financial and maintenance issues. Specific topics include equity loans and refinancing, home maintenance, government sponsored repair programs for homeowners, and dealing with mortgage default.

Speakers at the workshop will include a mortgage lender and a contractor.

"QCAP is holding this workshop as a natural follow-up to our monthly homebuyer seminars," said QCAP Housing Coordinator Rona Goodman. "It helps QCAP fulfill its mission of assuring stable housing for South Shore residents."

The workshop is free but registration is required.

For more information and to register, contact Kerri Clifford at 617-479-8181 ext. 119.

O'Donnell Office Hours Here Sept. 14

Norfolk County Register of Deeds William P. O'Donnell will hold scheduled office hours at Quincy City Hall on Thursday, Sept. 14 from 10 a.m. to noon in the second floor Conference Room.

The Register or staff will be available to help answer questions or concerns about any Registry of Deeds matter, and will have information available about the Massachusetts Homestead Act, as well as an Internet computer link that can be used to confirm the status of mortgage discharges or other recent filings. No appointment is needed.

This program is particularly intended for Quincy residents who might have difficulty traveling to the Registry's Dedham office.

Registry staff cannot give legal advice, but can provide answers to basic questions and general information.

The Registry of Deeds is the principal office for real property records in Norfolk County, and is a basic resource for land record information.

For further information regarding the Norfolk County Registry of Deeds, call 781-461-6116 or visit the Registry website, www.norfolkdeeds.org.

Homebuyer Workshop Sept. 11, 16

Neighborhood Housing Services of the South Shore, in conjunction with Brockton Housing Partnership, will hold a First-Time Homebuyer Workshop Sept. 11 from 6 to 8 p.m. and Sept. 16 from 9 a.m. to 4 p.m.

They will be held at the Cape Verdean Association, 575 North Montello St., Brockton, and will be taught in Cape Verdean. Attendance at both workshops is mandatory to receive a homebuying certificate.

All potential first-time homebuyers are encouraged to attend. Participants will have the opportunity to be pre-qualified by a lender.

Topics include mortgage options, legal aspects of the homebuying process, how a home inspection works and other presentations from real estate professionals.

Participants must complete the workshop to qualify for grant programs.

There is a $15 fee per person. There will be refreshments and free gifts.

Call 617-770-2227, ext. 31, or visit www.neighborhoodhousing.org.

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Hyde Park
On The Premises, #5 Beacon Street
Thursday, Sept. 14, 2006, 12:00 PM
Two-family home with 12 rooms, 4 bdrms, 2 baths, 3,060+/- sf living area. On a 16,652+/- sf site.

Dorchester
On The Premises, 22 Wentworth Terrace
Friday, Sept. 15, 2006, 10:00 AM
Three-family home with 15 rooms, 6 bdrms, 3 baths, 4,104+/- sf living area. On a 3,393+/- sf site.

Charlestown
On Premises, 9 Chappie Street/385 Bunker Hill St.
Friday, Sept. 15, 2006, 1:00 PM
Brick commercial building featuring 2,000+/- sf of gross bldg. area. Located on a 1,595+/- sf site.

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Quincy - 4 Unit Building: Each unit has 1 bedroom, 1 bath per unit. Off street parking will accommodate 10 cars. Ideal condo conversion opportunity! Offered at $519,000.

Dorchester - Dorchester Up to 10,000 square feet of prime office space in high traffic/visibility location on Gallivan Blvd. Ample pkg. Close MBTA & Expressway access. $12/sf gross.

Real Estate

Computer Seminar Sept. 14 At Norfolk County Registry

Register of Needs William O'Donnell will host an informational seminar on computer assisted land records research at the Registry of Deeds in Dedham, Thursday, Sept. 14 from 4:30 to 5:30 p.m.

The seminar is intended for both real estate professionals and the public. the program will include a brief presentation, written reference materials, and hands-on exercises.

There will be opportunities for basic and advanced questions and answers.

Computer assisted land records research is available at the Registry and on the Internet at www.norfolkdeeds.org.

"The services have proven valuable tools for customers, and we hope that this seminar will be helpful and informative," O'Donnell said.

The seminar is free. Persons planning to attend should register by phone (781-461-6116).

Reverse Mortgage Explained

Ed Barrett, a reverse mortgage specialist, will discuss his specialty on the first and third Wednesdays of the month at 1 p.m. at the Council on Aging office, 83 Saratoga St., North Quincy.

Reverse mortgage is a new program offered by the federal government thst allows seniors to convert a portion of their home equity into tax free cash.

For an appointment, call Ann Bruce at 617-376-1506.

Century 21 Annex Realty's Ged Phelan Receives Coach Of The Year Award

Phyllis Rudnick, broker/owner of Century 21 Annex Realty in Quincy announces Realtor Ged Phelan recently received the Southeastern Massachusetts High School Boys' Basketball "Coach of the Year" award.

Phelan, who works out of the company's Quincy office, was recognized after leading the Archbishop Williams High School boys' basketball team to victory in the Division III South Championship, closing out the most successful season in the school's 57-year history.

The "Coach of the Year" award is voted on by the Massachusetts Basketball coaches Association, a group comprised of high school coaches from every district in the state. Phelan said he was honored to receive an award from his colleagues, although individual recognition has never been his motivation for coaching.

GED PHELAN

"Coaching isn't about getting the credit or winning a trophy," Phelan said. "For me, it's about teaching morals and responsibility to children. It is gratifying to see my players improve and succeed on and off the court."

Phelan joined Century 21 Annex Realty in 2004. He grew up in Quincy and enjoys spending time with his family.

In his spare time, Phelan likes to golf, go fishing and do yard work. He lives in Hingham with his wife, Julie, and their two sons, Patrick and Casey.

Quincy Community Action Programs Homeownership Workshop Sept. 16-17

Quincy Community Action Programs (QCAP) will hold a free homeownership workshop Sept. 16 and 17.

The 10-hour program will be held from 8:30 a.m. to 1:30 p.m. at QCAP, 1509 Hancock St., fourth floor, Quincy.

The workshop will focus on the buying process from start to finish, including determining what price is within a buyer's budget, locating a property at that price, negotiating for the home, applying for a mortgage, inspecting and insuring the property, and closing the deal.

Experts will include a real estate broker, an attorney, a home inspector, two mortgage lenders and QCAP counselors.

The workshop is open to all regardless of income level. QCAP is a CHAPA, MHFA and HUD approved First Time Homebuyer Counseling Agency. Participants who attend both sessions can obtain completion certificates which are pre-requisites for various mortgage assistance programs for qualified first-time homebuyers, especially City of Quincy, MHFA and QCAP.

Registration is required. To register or for more information, contact Kerri Clifford at 617-479-8181, ext. 119.

Did You Know?

(NU) According to the Environmental Protection Agency, the ideal relative humidity range for the home is between 35 percent and 50 percent. An effective tool to maintain this range may be a whole-home dehumidifier. For more information, visit wwwaprilaire.com.

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New Health Reform Law: What It Means

By REY SPADONI

On April 12, 2006, Governor Romney signed into law the Massachusetts Health Care Reform bill, aimed at providing health insurance coverage to nearly all Massachusetts residents.

Since that time, regulators and health plans have been working hard to meet the stringent requirements of this new law and national health care experts have been watching Massachusetts closely due to the potential broader policy implications of this new program.

Yet despite these history-in-the-making proceedings and all of the national attention, most people in Massachusetts are hard pressed to explain what the new law actually means and how it could impact them or their families.

According to some informal polling, nearly nine out of ten individuals who will be impacted by this program remain unaware of the upcoming changes. Furthermore, although the new law is comprehensive and far reaching, legislators left many of the details on implementation to regulators who are feverishly working to develop specific policies and procedures according to the mandated timeline.

There are three major components to the new law, including the expansion of the Massachusetts Medicaid program, the creation of new subsidized private insurance programs designed to cover the uninsured population, and various commercial insurance market reforms.

Over the next three years, approximately 90,000 Massachusetts residents will be newly enrolled into the state Medicaid (MassHealth) program. Some of the new enrollees will be due to changes in MassHealth eligibility (for example, approximately 27,000 children will be enrolled because of changes in family income requirements) and expanded outreach to individuals who are currently eligible for coverage but who, for various reasons, have not yet been enrolled into the program.

The most significant component of the health reform law is the creation of new, subsidized health insurance products through the Commonwealth Care Health Insurance Program (CCHIP). These insurance products will have benefits that are similar to MassHealth coverage for Medicaid recipients and will target over 200,000 individuals who are presently uninsured. Set to be implemented this October, individuals will be able to purchase premium subsidized (based on family income levels) HMO products, offered by several Massachusetts health plans, including Boston Medical Center's HealthNet Plan.

REY SPADONI

The Commonwealth Health Insurance Connector, the new regulatory agency established to oversee the development and ongoing management of these new programs and headed by former Tufts Health Plan executive, Jon Kingsdale, recently issued more specific product information.

For those individuals earning less than 100 percent of the federal poverty level (FPL), enrollment for the new products will begin on Oct. 1, 2006. This translates to an annual income level of $9,800 per year and for a family of four, approximately $20,000.

The health insurance products will have no member premiums and modest co-payments for services, comparable to MassHealth levels. Therefore, for individuals and families who earn less than these threshold salary limits, the new insurance products will be offered with no monthly fees and only modest co-payments for services such as physician office visits.

Beginning in January of 2007, individuals and families who earn between 100 and 300 percent of the FPL will be able to obtain health insurance through the CCHIP program. Premium levels as well as co-payments vary from low to high, allowing consumers to purchase the appropriate level of coverage based on price. For these individuals, there will be a sliding scale, based on income, for determining the amount of premium that they will be required to pay each month.

This is one of the more controversial components of the new law, with the framers arguing that individual responsibility for paying a portion of the premium will result in wiser and more engaged health care consumers. Advocates, on the other hand, maintain that individuals who earn between 100 and 300 percent of the FPL will struggle to afford the required monthly premiums and may have to choose making these payments instead of other necessary purchases, such as for food, clothing and housing.

Beginning in July of 2007, there will be an individual mandate to purchase this coverage. In other words, Massachusetts residents who have the opportunity to purchase these affordable insurance products will be required by law to do so. The penalties for not purchasing this coverage will increase over time, from the loss of the state personal income tax exemption in 2007 to greater financial penalties in later years.

Finally, there are other insurance reforms in the law designed to improve the affordability of products for individuals who are employed by companies that do not offer insurance and who earn over 300 percent of FPL, as well as for young adults between the ages of 19 and 26 who do not yet have access to employer sponsored health insurance.

The law also provides various incentives for employers with more than ten employees to offer insurance products.

At Quincy Medical Center, we are working with our partners, including Boston Medical Center's HealthNet Plan, to make sure that our patients and the residents within our service area have access to high quality and affordable health insurance coverage.

Rey Spadoni is Quincy Medical Center's Vice President of Strategic Planning and Business Development. He can be reached at rspadoni@quincymc.org.

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SPOTLIGHT ON HEALTH & FITNESS

FROM START TO FITNESS

by Andrea Wyatt M.S.S., C.S.C.S.

Here's the Secret to Flat Abs

Q. I'm 44 and work out at the gym 3-4 times per week. I do 30 minutes of cardio, then 30 minutes of weight machines. I alternate — one day all leg machines, the next day all arms, plus I always do ab exercises, including 100 to 150 sit-ups on the ball. I am pleased with the way my arms and legs look, but I'm not getting the results I want for my abs. What is the best way to trim and tighten ab muscles?

A. Congratulations on your commitment to your exercise routine and the results you are seeing. The workout routine you described has many of the components of a well-balanced exercise program. Strength and cardiovascular training are key to helping strengthen muscles, joints and bones and increasing the endurance and capacity of your heart and lungs.

Since you're seeing results with the rest of your body, I am sure you are seeing results within your abdominal region — perhaps not the results you seek, but I can assure progress is being made.

With the quest to "see" our abdominal muscles, it is important to remember that you cannot spot train. You're seeing results with your lower and upper body because you are completing exercises to strengthen all of your muscle groups and combining that with a cardiovascular program, not just because you are lifting weights.

You are more than likely getting the same results from your abdominal muscles in the area of strength. Just as your arms are responding to the exercises you are performing by getting stronger, so are your abs. You can tell this by how well you are able to complete sit-ups on the ball. It should be easier to complete 100 sit-ups now than when you first started. This proves you are getting stronger and hopefully more stable, which is the goal of doing abdominal exercises.

Many exercisers assume abdominal exercises are the key to "flat abs." Your abdominal muscles and the body fat over the top of your abdominals are two separate matters. The exercises you have been completing concentrate on improving the function, strength and stability of your abdominal muscles, and exercise combined with proper nutrition and a consistent positive lifestyle help lower body fat. It IS possible to have strong abdominals and not be able to "see" them.

Don't make the mistake of focusing on what is NOT changing as much as you would like and recognize what IS changing. You ARE seeing results, so know that your whole body is changing, although you still have goals to reach.

You are right on point with exercising three to four times a week — continue to do so. There is no need to add hundreds of abdominal exercises to reach your goal. You wouldn't do hundreds of repetitions on the leg press machine, so why go overboard with sit-ups.

A huge factor in this equation is your nutritional habits. If you are not practicing a healthy nutrition plan, begin to incorporate proper eating habits into your everyday routine. Without proper nutrition, seeing the results you desire will be difficult.

Always consult a physician before beginning an exercise program.

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DENTISTRY for the 21st Century

by Steven A. Brustin, D.M.D.

NO WATERED-DOWN RISK

Water pipes (hookahs), which have a long history of use for smoking tobacco in the Middle East, North Africa, and Asia, are now becoming increasingly popular in the United States. Because the smoke of the tobacco passes through water before the smoker inhales it, many believe that water pipes filter out the harmful components in tobacco smoke. However, new research has found that water pipe smoke contains the same toxins as cigarette smoke. This raises the risk of gum disease, among other things. (Past studies have suggested that hookah smoking increases heart rate and blood pressure and impairs lung function). In fact, researchers found that water pipe smokers were five times more likely than non-smokers to show signs of gum disease.

This column helps emphasize the importance of not smoking. Everyone who wants a beautiful smile – and everyone should have a healthy one. We want you to receive the highest quality, complete, affordable dental care. We keep abreast of all new procedures, and we would like to increase public awareness of the importance of preventive oral health care. We're located at 44 Greenleaf Street, where we stress preventive health care for the entire family. Please call 617-479-6220 to schedule an appointment. Your oral health requirements, from restorative to cosmetic considerations, will be met with the latest technology. We offer the services of anesthesiology with a fully trained and qualified anesthesiologist. Visit us on the web at www.quincydentist.com.

P.S. Gum disease is marked by inflammation and redness in the gums in its earlier stages. It may later lead to destruction of the bones and soft tissue supporting the teeth and possible tooth loss.

New Program Targets Child Obesity

Helping To Raise Healthier Kids

(NAPS) Schools and parents are working together to help keep kids fit and in good health. That's why there's now a new program to try to show kids how to avoid joining the nearly one in three Americans between 6 and 19 who are overweight.

In fact, the U.S. has one of the highest obesity rates of any industrialized country. This is affecting kids' health not just later in life, but right now. According to the Journal of the American Medical Association, poor fitness in young adults is associated with the development of cardiovascular disease risk factors. In addition, 70 percent of overweight teens could become obese adults.

According to the Department of Health and Human Services, treating obesity-related illnesses and complications adds billions of dollars to the nation's health care costs. Prevention, however, is a better investment, and that means teaching children healthy habits as early as grade school.

Now 6th graders across the country are the fortunate targets of a major outreach addressing nutrition and fitness.

Power of Prevention through Fitness and Nutrition is part of an ongoing initiative by the American Association of Clinical Endocrinologists (AACE) to combat the childhood obesity epidemic and encourage students to maintain healthy lifestyles. The President's Council of Physical Fitness and Sports has partnered with AACE to produce an important component of the project, a handout called Rx for Physical Activity, which outlines how physical activity can be incorporated into children's lives.

Here are some tips on how to get kids up and running:

• Get a dog, or rather get your youngsters a dog. Walking the dog means walking themselves.

• Look for ways children can get exercise outside of organized team competition. For example, hiking, fencing and martial arts may hold some appeal for kids who aren't into basketball or soccer. The important thing is to get them up and moving rather than slumped in front of the television set.

• Set a good example. Kids learn from their parents. If they never see their parents engaged in some form of exercise, or if they see them eating a lot of unhealthy foods, they'll receive the wrong signals.

• Make healthy snacks, such as carrots and ranch dressing, available when kids come home from school hungry.

Learn more at www.powerofprevention.com.

7 Common Symptoms Never Ignore

(NUC) - Symptoms we all experience occasionally are rarely cause for concern. Yet even mild symptoms may be signs of serious illness.

Dr. J. Edward Hill, president of the American Medical Association and faculty member at the Family Medicine Residency Center in Tupelo, Miss., provides the following guidelines as to when common symptoms may be dangerous.

• Abdominal pain: The usual causes are gas, stress, viral or bacterial infections, such as food poisoning. But abdominal pain that lasts more than a day or two, causes severe cramps or is accompanied by nausea or vomiting could be appendicitis, gallbladder disease, gallstones, ulcers or stomach cancer. Call your doctor.

• Back pain: Call your doctor if pain from muscle pulls or spasms does not improve after a week. Pain accompanied by fever, tingling, numbness or shooting leg pains may indicate a spinal infection. See your doctor or go to an emergency room immediately.

• Chest pain: Physical overexertion is usually the reason for chest pain. Suspect a heart attack if the pain is accompanied by a pressing or crushing sensation, radiates from the chest to other parts of the body or is accompanied by heavy sweating, nausea or vomiting. Call 911.

• Constipation: Usual causes are insufficient fiber or water in the diet. Sudden constipation or alternating bouts of diarrhea and constipation may signal colon cancer. Call your doctor.

• Fatigue: Inadequate sleep and bad diet are typically to blame for tiredness. Significantly more fatigue than usual in the absence of any lifestyle changes could indicate heart disease. Schedule a checkup immediately.

• Headache: Fatigue or emotional stress can cause headaches. Yet anyone who gets them more than once a month or is incapacitated by a headache needs a complete medical workup immediately. Headaches that increase in frequency, are unusually severe, or are accompanied by other symptoms, such as nausea, slurred speech or vision changes, could be a sign of stroke, an infected or a ruptured brain blood vessel, meningitis or a brain tumor. Call 911.

• Heartburn: Common causes include indigestion — often from eating fatty or spicy foods — and gastroesophageal reflux disease. But if this condition occurs more than once a week, it can damage the esophagus and is linked to esophageal cancer. If you need antacids more than twice a week, see your doctor.

Want to Stay Lean? Think Green

By JENNIFER GROSSMAN
For NewsUSA

(NUC) - Think losing weight on an all-you-can-eat diet is the stuff of infomercials? Think again.

Obese subjects placed on a vegan diet —excluding meat and animal products, but not limiting calories — lost more weight than a control group that followed a low-calorie, low-cholesterol diet, in a collaborative study by George Washington University and Georgetown University.

The veg edge: approximately 13 pounds lost over 14 weeks for the vegan dieters, versus 8 pounds for the control group.

More recently, the same researchers reviewed 87 studies on vegan or vegetarian diets, concluding that the high-fiber, high-water, low-fat content of vegan or vegetarian diets — not calorie counting per se — was responsible for weight loss. Indeed, overweight individuals who "went vegan" lost about a pound per week, regardless of additional lifestyle changes made.

Other research found that vegetarian women weigh less. After evaluating the diet and health data of 56,000 Swedish women, Tufts University researchers found the meat eaters were significantly more likely to be overweight when compared to their vegetarian peers: 40 percent of carnivores, compared to 25 percent of vegetarians and 29 percent of flexitarians, or semi-vegetarians (those who avoided meat but ate fish and eggs).

If a slimmer figure isn't enough incentive to go greener, how about a longer life? A study published in the American Journal of Clinical Nutrition found that a low meat intake was associated with a 3.6-year increase in life expectancy.

Yet another reason to minimize meat and make more room for plant-based protein on your plate: A recent Mayo clinic analysis of data from nearly 30,000 postmenopausal women found a 30 percent lower risk from heart disease among those who ate the most vegetable protein from beans and nuts in place of either carbohydrates or animal protein.

A large-scale analysis of dietary patterns and prostate cancer risk found that animal products such as meat and dairy were the strongest risk factors, while fruit and vegetable consumption had the most protective benefit.

Processed meat may be the unhealthiest of all, according to a study from the University of Hawaii and the University of Southern California, which found those who consumed the most processed meat had a 67 percent higher risk of developing pancreatic cancer. Diets rich in red meat and pork increased the risk by about 50 percent.

If you're like most Americans, your problem isn't getting enough protein and simple carbohydrates; your challenge (and health opportunity) is to increase consumption of fruit, vegetables and legumes.

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SPORTS

Quincy Visits Canton, North Quincy At Somerville

Presidents, Red Raiders Open Season Friday

FOOTBALL

With the renovation of Veterans Memorial Stadium still ongoing and the threat of Eastern Equine Encephalitis (EEE) and West Nile Virus in southeastern Massachusetts, the schedules for the two high school football teams are tentative.

Athletic Director Jim Rendle said the sites and times are still to be determined at this point.

But the one date that is set in stone is Friday night when both Quincy High School and North Quincy High School kick off their seasons on the road.

In non-league match-ups, Quincy travels to Canton and North Quincy heads to Somerville, both games starting at 7 p.m.

The home openers are scheduled for Thursday, Sept. 21, with North Quincy against Randolph and Friday, Sept. 22, with Quincy against Falmouth.

The Presidents finished with a 6-4 record a year ago, their fourth winning season in the last five years, and will look to continue their success under head coach Bob Noble who is entering his eighth season.

The Red Raiders have struggled in recent years and are coming off a 2-9 season, but there's optimism with a new coaching staff led by head coach Jim Connor, an assistant coach the past two years and a former offensive lineman at Boston College.

The 2006 schedule:

North Quincy

• Friday, Sept. 8, at Somerville
• Saturday, Sept. 16 at Sandwich
• Thursday, Sept. 21, vs. Randolph
• Friday, Sept. 29, at Falmouth
• Friday, Oct. 6, vs. Plymouth North
• Friday, Oct. 13, at Dennis-Yarmouth
• Friday, Oct. 20, vs. Nauset
• Friday, Oct. 27, at Marshfield
• Friday, Nov. 3, vs. Whitman-Hanson
• Friday, Nov. 10, at Plymouth South
• Thursday, Nov. 23, vs. Quincy

Quincy

• Friday, Sept. 8, at Canton
• Friday, Sept. 22, vs. Falmouth
• Saturday, Sept. 30, at Plymouth North
• Friday, Oct. 6, at Whitman-Hanson
• Friday, Oct. 13, vs. Marshfield
• Saturday, Oct. 21, vs. Dennis-Yarmouth
• Friday, Oct. 27, at Nauset
• Saturday, Nov. 4, vs. Plymouth South
• Friday, Nov. 10, vs. Sandwich
• Thursday, Nov. 23, at North Quincy

NQ Girls Soccer Start Season Friday

The North Quincy High School girls' soccer team is taking aim at another state tournament berth and a run at the Atlantic Coast League North Division crown.

The Red Raiders have qualified for the Division 1 South tournament for nine straight years. Head coach Paul Bregoli enters his 12th season at the helm and feels this team could be very special.

"We have a solid nucleus of girls returning this year, some of whom have been varsity players for four years," Bregoli said. "Our captains will be a key to our success."

North Quincy opens its season at Hanover Friday night for a non-league game, marking the first time the Red Raiders and Indians will have met.

Leading the Red Raiders will be Bridget Coleman, a two-time ACL all-star who Bregoli will move to inside midfield this season. Jillian Benn, an ACL all-star last year, will display her skills at outside midfield.

Keriann Cabral, one of North Quincy's most versatile players, will see time at both forward and midfield. Megan Therrien appears to be healthy again and will start up front.

Emily Milone, a junior and an all-EMass selection last season, is slowly rounding into form after off-season knee surgery. Milone tallied seven goals and nine assists last year.

Also returning at outside midfield is senior Lauren Stille, who finished with nine goals and six assists a year ago.

Mary Kate Stille will be counted on to provide the scoring punch for North Quincy as Caitlin McCleary, the ACL's leading scorer in 2005, is now at UMass-Dartmouth.

Seniors Melissa Mendall and Tara Whooley return in the back as starters while Ali Russell is also looking strong in pre-season. Bregoli said juniors Kerry Coughlin and Simone Leary have been very impressive in pre-season scrimmages and should provide depth in the defensive end. Katie Forde will also see time on defense.

Bregoli said Kristen Ruck, up from junior varsity, has looked good up front as have sophomores Kerry Donaghey and Brittany Folkins. Carolyn Casper and Erin Murtagh will provide depth at forward.

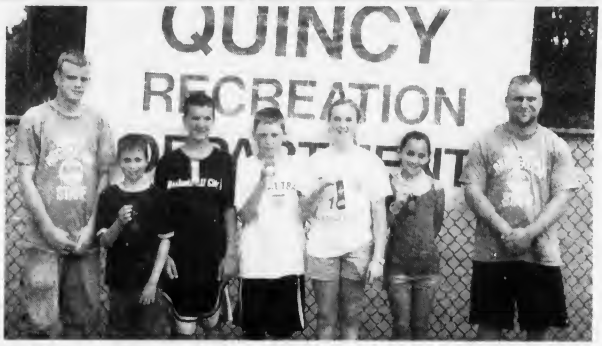
Midfielders Tara McFarland, Natalie Djerf and Danielle Kelly have looked good in scrimmages as well, Bregoli said. Sophomore Amy Carchedi will be a valuable asset at both midfield and forward.

Senior Kristin Reamer returns as the goalkeeper. She posted two shutouts and a 1.33 goals against last year. Challenging Reamer will be sophomore Siobhan Carnell.

YMCA Offers Marathon Training

The South Shore YMCA, 79 Coddington St., Quincy, will offer a training session for the Boston Marathon Tuesdays at 6:30 p.m. beginning Sept. 19.

Registration is underway. For more information, contact Tish Holmes at 617-479-8500, ext. 161.



CHAMPIONS IN THE Quincy Recreation Department's annual Hot Shot Basketball Competition. From the left: Leader Chris Burke, David Lawlor, Matty Costa, Connor Clifford, Taylor Shepard, Jenay Cedrone and leader Rich Russo.

RUNNERS-UP IN the Hot Shot Basketball Competition. From the left: Sports specialist Jimmy Burke, Greg Gaffney, Terrence Rooney, Josh Hayward, Annie Dow and leader Rich Russo.

Five Youngsters Win Hot Shot Hoop Crowns

The Quincy Recreation Department crowned five youngsters as champions in the recent annual Hot Shot Basketball Competition.

The winners:

• Jenay Cedrone of Faxon Road, midget girls division.
• David Lawlor of Beechwood Park, midget boys division.
• Taylor Shepard of Squantum Park, junior girls division.
• Connor Clifford of Atlantic Park, junior boys division.
• Matty Costa of Fenno Street, senior boys division.

Runners-up:

• Josh Hayward of O'Rourke Park, midget boys
• Annie Dow of Squantum Park, junior girls
• Terrence Rooney of Perkins Park, junior boys
• Greg Gaffney of Fore River Park, senior boys.

The event was conducted as part of the department's supervised playground program under the leadership of sports specialist Dan DiNardo. Meaghan Foley, Jimmy Burke and Bonnie Hirtle also assisted.

The Hot Shot Basketball Competition is a one-minute timed basketball shoot-off in which participants score points by successfully making shots from "hot spots" at different locations on the court.

Recreation Director Barry Welch congratulated everyone who participated in the event.

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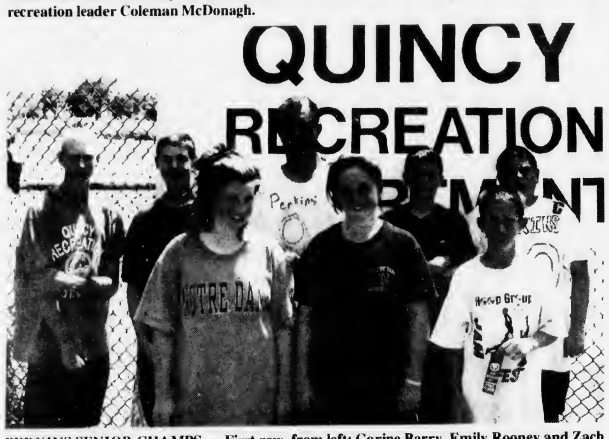
O'ROURKE MIDGET CHAMPS — From the left: Recreation leader Kyle Carrigan, Brandon Beal, Colin Shea, Britany Havlin, Courtney Campo, Sasha Cunningham, Chris Smith and recreation leader Coleman McDonagh.

PERKINS JUNIOR WINNERS — First row, from left: Shawn Grady, Jimmy Farnham and Abby O'Connell. Back row: Recreation leader Rob DeAngelis, Tommy O'Brien, Terrence Rooney, Coleman McCarron and Eileen Skudras.



PERKINS SENIOR CHAMPS — First row, from left: Corine Barry, Emily Rooney and Zach Tucker. Back row: Recreation leader Rob DeAngelis, Donovan Flynn, Enos Liagami, Paul O'Rourke and Chris Mariano.

MIDGET RUNNERS-UP from Forbes/Bradford — First row, from left: Josh Helfrich, Olivia Wallace and Mike Carnevale. Back row: Recreation leader Brendan Foley, Alex Long, Bridget Block, Gabrielle Zorkers and recreation leader David Finnegan.

BEECHWOOD JUNIOR RUNNERS-UP — First row, from left: Kiera Clifford, Colleen Lethin and Simon Chau. Back row: Recreation leader Chris Rooney, Jaclyn Scuzzarella, Danielle Mullaney, Laura Nee, Briana Mullaney, Jacklyn Merchant, Liz Kelly and Hannah Donovan.

SQUANTUM SENIOR RUNNERS-UP — First row, from the left: Tommy Dow, James Flaherty and Bobby Fontana. Back row: Recreation leader Rich Russo, Billy Kiley, Brian McLean, Nick Hutchings and Nick Couture.

O'Rourke-Mass Fields, Perkins Playgrounds 6-On-6 Soccer Champs

The Quincy Recreation Department recently held its annual 6 on 6 Soccer Tournament with more than 80 children representing 15 playgrounds participating in the event.

The double-elimination tournament was divided into three age groups: midgets (ages 8 to 10), juniors (ages 11-12) and seniors (ages 13-16).

Sports specialists Jimmy Burke, Dan DiNardo, Meaghan Foley and Bonnie Hirtle directed the tournament.

In the Midget Division, a combined team from O'Rourke and Mass Fields dominated under the fantastic play of Courtney Campo, Colin Shea, Brandon Beal, Britany Havlin, Sasha Cunningham and Chris Smith. Bradford Park, with some help from Forbes Hill, finished second.

In the Junior Division, Perkins overcame the heat and was able to bring home first place. Tommy O'Brien, Terrence Rooney, Coleman McCarron, Eileen Skudras, Shawn Grady, Jimmy Farnham and Abby O'Connell played their hearts out.

Falling just a little short were the youngsters from Beechwood: Jaclyn Scuzzarella, Danielle Mullaney, Laura Nee, Briana Mullaney, Jacklyn Merchant, Liz Kelly, Hannah Donovan, Kiera Clifford, Colleen Lethin and Simon Chau.

In the Senior Division, Perkins once again came away with the victory. Donovan Flynn, Enos Liagami, Paul O'Rourke, Chris Mariano, Corinc Barry, Emily Rooney and Zach Tucker put on a great show.

After a long day, the boys from Squantum had to settle for second place: Billy Kiley, Brian McLean, Nick Hutchings, Nick Couture, Tommy Dow, James Flaherty and Bobby Fontana.

Chip In For Cancer Golf Classic At Granite Links

The annual Chip in for Cancer Golf Classic will be held Thursday, Sept. 21, at Granite Links Golf Club in Quincy to benefit the Jimmy Fund.

Entry fee is $195. All tournament proceeds support cancer research and treatment at Dana-Farber Cancer Institute in Boston. For more information, call 866-521-GOLF.

Each year Jimmy Fund Golf, the nation's oldest and largest grassroots golf program for charity, brings together hundreds of volunteers and thousands of golfers who are united in their love for the game of golf and their desire to fund cancer research.

Starting with individual benefit tournaments dating back more than 50 years, just after the Jimmy Fund was founded, Jimmy Fund Golf has steadily grown to more than 150 tournaments annually since it was formerly organized in 1983. In 2005, Jimmy Fund Golf events collectively raised $5.5 million.

Registration Due Friday For City Tennis Tourney

Deadline for applications for the 36th annual City Tennis Tournament is tomorrow (Friday).

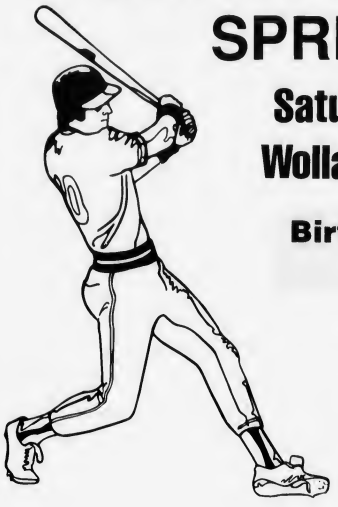
The tournament, open to all Quincy residents, begins Sept. 13 and will have 12 divisions of play for boys, girls, men and women. Fee is $15 for adults and $8 for youth under age 16.

The draw will be posted Sept. 11 and 12 from 5:30 to 8 p.m. at the municipal courts at Russell Park behind the Center for Technical Education.

For more information, call the Quincy Recreation Department at 617-376-1394.

REMINDER • Please have separate checks for different Leagues & Banquet Tickets • REMINDER

QUINCY YOUTH BASEBALL 2007 SPRING REGISTRATION



Saturday, September 9th, 9:00am – 1:00pm at Wollaston Elementary School, 205 Beale Street

Birth Certificate is REQUIRED for all Players.
No player can register without a certificate.

JR. FARM LEAGUE (8-9)	**$65.00**
JR. LEAGUE (10-12)	**$80.00**
TRIPLE A (10-12)	**$80.00**
BABE RUTH (13-15)	**$100.00**
INTERNATIONAL (13-15)	**$100.00**
INSTRUCTIONAL (5-7)	**$50.00**

Registration Fee MUST accompany Registration Form.
We welcome all Quincy Residents 5-15 years old born between April 30,1992 & May 1, 2002
A family discount will apply to those with 3 or more playing. (Softball included)

QUINCY YOUTH SOFTBALL 2007 SPRING REGISTRATION

Saturday, September 9th, 9:00am – 1:00pm at Wollaston Elementary School, 205 Beale Street

Birth Certificate is REQUIRED for all Players.
No player can register without a certificate.

INSTRUCTIONAL (6-8)	**$50.00**
GIRLS 9-11	**$70.00**
GIRLS 12-15	**$75.00**

Registration Fee MUST accompany Registration Form.
We welcome all Quincy Girls 6-15 years old born between April 30,1992 & May 1, 2001
A family discount will apply to those with 3 or more playing. (Baseball included)

ANY REGISTRATION RECEIVED AFTER SEPT. 9TH WILL INCLUDE A $10 LATE REGISTRATION FEE

Call 617-786-8523 for more information

BASEBALL TRY-OUTS

BABE RUTH **Adams Field**	**SEPT. 23RD & 24TH** **9am – 12pm for 13 year olds** **1pm – 3pm for 14 &15 year olds**	**CAL RIPKEN MAJOR** **Quarry Hills**	**SEPT. 16TH & 17TH** **9am – 11am for 10 year olds** **11am – 12pm for 11 &12 year olds**

QUINCY POLICE HOT SPOTS

QUINCY POLICE STATISTICS: Aug. 25 - Sept. 1
Total Calls for Service: **1,302**
Total Arrests: **43**
Total Stolen Cars: **6**

FRIDAY, AUG. 25

VANDALISM/PROPERTY, 6:06 a.m., Corner Food Market, 1060 Hancock St. Vehicle was spraypainted overnight.

LARCENY/ATTEMPT, 12:54 p.m., Bank of America, 690 Adams St. Uttering - arrest. Subject was also charged with attempted larceny.

ASSAULT AND BATTERY, 2:17 p.m., Raymond St. and Washington St. Past. 22-year-old male assaulted last night around 1:30 a.m.

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VANDALISM/PROPERTY, 6:11 p.m., Bauer House, 314 Water St. Past. Several cars including caller's spraypainted.

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BREAKING AND ENTERING/PAST, 8:01 a.m., 315 Copeland St. Dwelling. Credit cards, checks and cash taken.

LARCENY/MOTOR VEHICLE, 9:08 a.m., 39 Pond St. Since found. 1991 Olds Cutlass, color gray, recovered before reported stolen. Found to be towed.

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BREAKING AND ENTERING/PROGRESS, 8:58 p.m., 150 Suomi Rd. Officer reports window ajar. Two windows ajar, one screen may be forced.

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UNARMED ROBBERY, 4:58 p.m., Fallon Ambulance, 115 Brook Rd. Happened two days ago. $20.

BREAKING AND ENTERING/PAST, 6:55 p.m., 48 Taffrail Rd. Dwelling. No B/E item was located..

UNARMED ROBBERY, 8:21 p.m., 247 Quincy Ave., Subway. Unarmed. Black Nissan fled toward Wal-Mart, white male, grey sweat shirt, had a beard, blue jeans. Reached over counter and reached into register, took cash. Sweat shirt had a hood. Suspect approximately 5'9" in height, possible Maxima. Approx. 40 years in age.

MONDAY, AUG. 28

LARCENY/MOTOR VEHICLE, 5:38 a.m., 9 Intervale St. Already found. 1997 Buick LeSabre, color blue. Car had been burned.

LARCENY, 10:34 a.m., Citizens Bank, 65 Newport Ave. Complaint for three counts larceny over.

VANDALISM/PROPERTY, 10:40 a.m., 25 Morton St. Motor vehicle damage. Driver's side window smashed and vehicle dented, happened overnight.

VANDALISM/PROPERTY, 10:51 a.m., Braewell, 230 Willard St. Four tires slashed.

LARCENY/MOTOR VEHICLE, 12:37 p.m., Fruit Basket, 148 Granite St. Van headed towards the highway. Officer in route with signed motor vehicle form. Keys were left in motor vehicle. 2000 Ford Van, color gray.

LARCENY, 1:27 p.m., 14 Norton Rd. Past. Roofing and framing guns and a wallet were stolen from an unlocked shed.

VANDALISM/PROPERTY, 2:58 p.m., 55 Tinson Rd. Tire slashed.

INDECENT EXPOSURE, 3:36 p.m., Star Market, 130 Granite St. White male in a black car. Approximately 20-30 years old, balding with mustache, heavy build. Exposed himself to caller. Party pulled up to victim's vehicle and never got outside of his.

ASSAULT AND BATTERY, 4:04 p.m., Wal-Mart, 301 Falls Blvd. Past. Happened last night.

TUESDAY, AUG. 29

ARMED ROBBERY, 4:49 a.m., Seven Eleven Store, 721 Hancock St. Knife. White male with a blue sweater, ran towards CVS. Caller stating a white male with a blue shirt took his money now heading toward CVS. White male, about 25 years, blue jeans and a blue hoodie. Suspect stopped at 5:05 a.m., Beale and Hancock Streets, by 779. Brought back to scene, not individual involved. Dog lost scent behind Keohane's. Another person stopped at 5:41 a.m. by 782, Clay and Hancock Streets. Brought to scene, not individual involved.

VANDALISM/PROPERTY, 10:05 a.m., Hancock Parking Area, 50 Revere Rd. To motor vehicle. Rock thrown at vehicle, caused damage.

INDECENT EXPOSURE, 11:36 a.m., Thomas Crane Public Library, 381 Hancock St. White male last seen wearing blue jeans, light blue shirt, beige cap, sandals, sunglasses.

BREAKING AND ENTERING/PAST, 3:49 p.m., 103 Taffrail Rd. Dwelling. Two flat-screen TVs, computer, gold chain, and clothing stolen. Boston PD has already charged an individual with RSP involved in this incident.

LARCENY, 3:51 p.m., 279 Belmont St. Past. Stolen checks.

LARCENY, 4:05 p.m., 11 Oakwood Rd. Past. Complaint for two counts larceny less.

LARCENY, 4:45 p.m., Cathay Pacific, 111 Hancock St. Parties ran from Cathay, did not pay bill.

LARCENY/MOTOR VEHICLE, 8:24 p.m., 46 Macy St. Already found. Motor vehicle recovered prior to stolen report – recovered by Milton Police. 1998 Nissan Altima, color white.

VANDALISM/PROPERTY, 9:42 p.m., Kincaide Park, 334 Water St. Throwing rocks. May be behind the wall. Vehicle struck by a rock – windshield smashed.

ASSAULT AND BATTERY, 10:33 p.m., North Quincy Shell, 315 Hancock St. Past. Complaint for A&B filed.

WEDNESDAY, AUG. 30

VANDALISM/PROPERTY, 12:16 a.m., 80 South Walnut St. To car.

VANDALISM/PROPERTY, 9:08 a.m., 174 Main St. Left front tire slashed.

VANDALISM/PROPERTY, 9:23 a.m., Adams Service Station, 19 Independence Ave. Spray painted. States youths just went by and spray painted motor vehicle.

BREAKING AND ENTERING/PAST, 9:32 a.m., Brookside Manor, 51 Miller Stile Rd. Dwelling.

VANDALISM/PROPERTY, 10:11 a.m., Avenue Auction Sales, 80 Myrtle St. To motor vehicle - spray painted.

VANDALISM/PROPERTY, 1:19 p.m., 80 South Walnut St. Motor vehicle windows smashed out.

VANDALISM/PROPERTY, 6:45 p.m., Paul's Performance Transmission, 100 Penn St. Windshield - baseball. Advised no malicious intent.

THURSDAY, AUG. 31

VANDALISM/PROPERTY, 7:10 a.m., 119 Quarry St. To vehicle. Rear window of vehicle was smashed.

LARCENY, 9:29 a.m., 97 Grove St. Tank of gas. Got up this morning to find tank of gas gone. Gas was all over the driveway.

VANDALISM/PROPERTY, 2:57 p.m., 41 Rockland St. Windshield broken.

ASSAULT AND BATTERY, 5:16 p.m., Thomas Crane Public Library, 40 Washington St. Just occurred. Victim is on the top floor, reference room.

BREAKING AND ENTERING/ATTEMPT, 5:38 p.m., 49 Nelson St. Depository. This was an attempt to break into coin operated laundry machine in basement. Machine damaged by no money was stolen.

LARCENY, 6:47 p.m., Ell's Pet Salon, 222 Sea St. Dog.

VANDALISM/PROPERTY, 7:11 p.m., 63 Crosby St. Graffiti. Spray painted dumpster and port-o-potty. Construction being done on dwelling.

VANDALISM/PROPERTY, 8:56 p.m., 8 Shennen St. To motor vehicle. Marker on windshield.

LARCENY, 9:42 p.m., 665 Hancock St. Power washer.

UNARMED ROBBERY, 11:30 p.m., 260 Granite St. Progress. Banging on window. Suspect fled in the woods. 776 transporting one juvenile. Complaints submitted for unarmed robbery.

FRIDAY, SEPT. 1

VANDALISM/PROPERTY, 1:14 a.m., Varsity Club, 33 Independence Ave. Past. Flagged down by victim at 60 Franklin St. about two tires being slashed.

VANDALISM/PROPERTY, 2:34 a.m., Granite Links Golf Course, 100 Quarry Hills Dr. Past. Caller reporting three sone markers kicked over.

LARCENY, 6:57 a.m., 49 Nelson St. Tools - overnight. Incident reported Aug. 31.

❑

If you have information on the above crimes, or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764**. If you wish to report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. If you wish to make an appointment to view the **Registered Sex Offenders** book, call **617-745-5768**.

If you wish to contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us--*Lt. Dan Minton.*

A Job Well Done

On Sunday, Aug. 27, at approximately 10 p.m., Officers Mike Kelly and William Horick were dispatched to the area of Hancock and Willet Streets to investigate a call of a suspicious black male following a woman. Upon arrival, the officers interviewed the female victim, who stated that the suspect followed her home but fled when the police cars approached.

LT. DAN MINTON

A further description was given as being about 40-45 years old, wearing dark clothing and a hat. Numerous officers checked the area to no avail.

On Monday, Aug. 28, at 5:15 p.m., both officers were again dispatched to meet the same caller after being stalked again. The victim stated that the suspect followed her home to her apartment from CVS. She said that she ran home and locked the door. She said that the suspect began banging on her door, demanding that she come out. She yelled to him that she was calling the police and the banging stopped. The victim was able to add that the suspect was heavy set and sometimes pushed a shopping cart.

Having worked the area for many years, Officer Horick broadcasted a description and identity of a suspect. About an hour later, Officer Lane Watkins came across the suspect at the 7-11 Store in Wollaston. The officers questioned the suspect, who told them that he did follow the victim on several occasions and that he knew her. The suspect was transported to the victim's building, where the victim positively identified the suspect.

When told of the suspect's remarks that he knew her, she said that she did not know him at all. The suspect, a 38-year-old homeless man, was charged with "Intimidation." Officers in the area will continue to make frequent checks to keep the suspect from returning.

Nice work!

In this case, the victim acted quickly after observing that the suspect had been following her on at least two occasions. There may have been more occasions since the suspect knew exactly where the victim lived. If you believe that someone is following you, trust your instincts – don't wait for something to actually happen. If possible, do not go directly home since this will provide the suspect with a location to find you – coming and going!

Look for public places that are open and have customers – the more the better. Tell an employee that you think you are being followed and feel threatened by someone you don't know. Ask them to call "911." It is unlikely that the suspect will come in if he thinks that others know about him.

In this case, Papa Gino's, Tony's Pizza, Dunkin' Donuts (where we sometimes go) and the Prime Gas Station would be options. If you are in an area where there are no people, consider flagging down a motorist or go to a home and ask them to call the police. Often, just the contact with others will be enough to have the suspect back down.

People, by nature, are good and if a female or child comes seeking help, most will call and stand by until help arrives. Having a cell phone handy makes it easy to contact the police. If you do not have one, pretending can sometimes work – simply use an object resembling the shape of a cell phone and look at the suspect as you pretend to talk to the police. If you cannot afford a cell phone plan, consider purchasing a disposable cell phone for emergency situations.

Another option is to ask friends or relatives to hand you down a cell phone (and charger) they don't use anymore. All cell phones, even those without a contract, have "911" capabilities.

The most important point to remember is that once you lead the suspect to your home, he knows where you live!

❑

Lt. John Steele, commander of the Day Patrol Division, states there have been a few occasions recently at "Open Houses" where jewelry, and other small items have been stolen. If you have in the process of selling your house, whether through a Realtor or on your own, be sure to remove items of value that can be concealed and taken from your home.

It is also a good idea to re-secure your home after everyone leaves, like checking the locks on your windows and cellar door. An "Open House" can be an opportunity for criminals to scope out a house and return later, especially if they believe that no one is living there.

SUN FUN PAGE

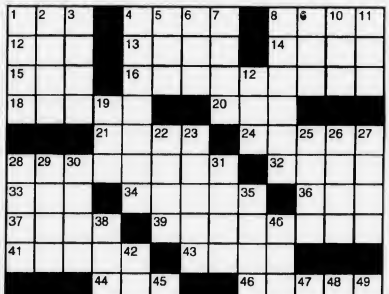
King Crossword

ACROSS

1 Commonest English word
4 Actress Jessica
8 Riverside
12 Clerical title (Abbr.)
13 Close up tightly
14 Malaria symptom
15 Prior to
16 Mitch Miller's specialty
18 "M*A*S*H" locale
20 Fool
21 Hayseed
24 Flower also called heartsease
28 Isolating, with "out"
32 Look sullen
33 "The Tell-Tale Heart" author
34 Singer Tucker
36 Show-biz job
37 And others (Abbr.)
39 Monotonous
41 Ersatz
43 Dance lesson
44 Petrol
46 Boutonniere site
50 Malay Archipelago island
55 Praise in verse
56 Out of harm's way
57 Wading bird
58 Swelled head
59 Trudge
60 Gratuities
61 Chaps

DOWN

1 "Star -"
2 Medal earner
3 Eternally
4 Threat of bodily harm
5 Pacific garland
6 Proscribe
7 Plankton component
8 Fir variety
9 Past
10 Sister
11 Small barrel
17 Venomous chocolate
19 Work unit
22 Prejudice
23 Capital of County Clare, Ireland
25 Unable to proceed
26 Whirl
27 Safecracker
28 Detail, for short
29 Tittle
30 Approach
31 "Peer -"
35 Undying
38 Entered into the record
40 Hot tub
42 Sheepish comment
45 Skewer
47 "Trees," e.g.
48 Advantage
49 Ponce de -
50 Potential syrup
51 Under the weather
52 Keanu's "Matrix" role
53 Kimono sash
54 Wardrobe malfunction



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The Garden Bug

Tall plants

Cutting back minimizes the need to support tall-growing plants. But some plants still fall over — such as climbing roses, delphiniums, gladiolas, hollyhocks, peonies, snapdragons and sunflowers. Use stakes, trellises or twine to keep them upright.

MAGIC MAZE

MANUFACTURERS OF WRITING INSTRUMENTS

P R F C A X V S Q O L J H S E
C A E X V T R P N L J H F A D
B M O L I B A T S Y X S V N T
R M O N T E G R A P P A A F R
P E O N M D K I E G N M E O D
B C K Z T W E L X W R O U R T
R Q I R O B I A O E N L X D J
I G F B A K L I T N O C S I V
D C M A A P R A H S R E V E D
Y O X N W V W G N I R T O R T
T S R L L E T S A C R E B A F

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Dixon
Eversharp
Faber-Castell
Montblanc
Montegrappa
Omas
Parker
Pelikan
Rotring
Sanford
Stabilo
Staedtler
Tombow
Visconti
Waterman

Trivia test

by Fifi Rodriguez

1. POP CULTURE: When did the Woodstock music festival take place?
2. QUOTATIONS: Who once wrote, "A man cannot be too careful in the choice of his enemies"?
3. THE ARTS: Who was Andrea Palladio?
4. CHEMISTRY: What is the Periodic Table symbol for zinc?
5. MEASUREMENTS: What does a light year measure?
6. THEATER: Who wrote the absurdist play "Waiting for Godot"?
7. MUSIC: What type of instrument is a glockenspiel?
8. MYTHOLOGY: Who was the Greek goddess of fortune or fate?
9. LAW: What is an adjudication?
10. OLYMPICS: Greg Louganis won four gold medals in what sport in the 1984 and 1988 Olympic games?

Answers

1. August, 1969
2. Oscar Wilde, "The Picture of Dorian Gray"
3. Italian Renaissance architect
4. Zn
5. Distance — a light year is the distance that light can travel in a year
6. Samuel Beckett
7. Percussion
8. Tyche
9. Final judgment in a legal proceeding
10. Diving

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Quincy Typewriter Service

SALES - SERVICE - RENTALS

Bob Barker Gerry Barker

— FALL SPECIAL —

IBM Selectrics Reconditioned

Starting at $229.00 and up while they last!

5 Maple Street
Quincy, MA 02169 617-472-3656

Salome's Stars

ARIES (March 21 to April 19) Mars, your ruling planet, helps you deal with career challenges in a way that reflects some of your own hidden strengths. This impresses some important decision-makers.

TAURUS (April 20 to May 20) Your strong Bovine will, combined with your romantic nature (you are ruled by Venus), helps turn a romance with a potential for problems into one with more-positive possibilities.

GEMINI (May 21 to June 20) Mercury's influence creates some unsettling moments, but nothing that you can't live with. You'll soon learn more about that major change that is about to be revealed.

CANCER (June 21 to July 22) Opportunities for you are like the phases of the Moon: constantly appearing and reappearing. So, cheer up. The opportunity you think you let slip by will be replaced by another.

LEO (July 23 to August 22) An opportunity that you hoped would open up for you remains closed. Stop wasting time scratching at it. Something else you'll like will soon make itself apparent and accessible.

VIRGO (August 23 to September 22) Congratulations. You'll soon hear some positive feedback for all the hard work you recently put into a project. A Pisces could soon swim into your personal life.

LIBRA (September 23 to October 22) Someone whose friendship you felt you had to write off will try to revive it. What you do is up to you. But don't do it without giving it considerable thought.

SCORPIO (October 23 to November 21) A job-related plan might need to be reworked to allow for changes. Lucky for you that Saturn remains a strong influence that can help you focus on getting it done right.

SAGITTARIUS (November 22 to December 21) This is a good time to move into areas of self-discovery. You might be surprised about who you really are and how you really relate to those around you.

CAPRICORN (December 22 to January 19) Expect to confront someone who will make an unwelcome request. Stand by your resolve to do the right thing no matter what "persuasion" might be offered.

AQUARIUS (January 20 to February 18) A friendly competition could become more contentious than you expected. Take time out to discuss the reasons behind this unexpected change, and act accordingly.

PISCES (February 19 to March 20) You have a wonderful mind for solving mysteries, so you should feel confident about solving the one developing very close to you. An unlikely source offers help.

BORN THIS WEEK: You're a great host or hostess. You love being with people, and you're very good about planning all sorts of social events that bring folks together.

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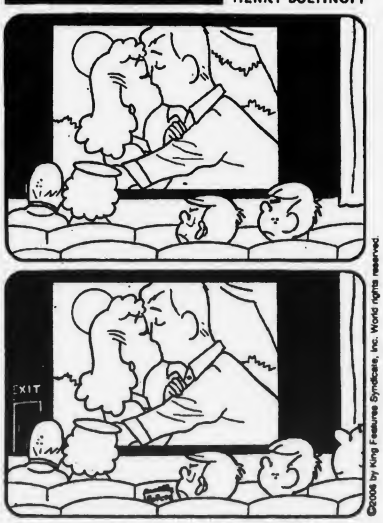
HOCUS-FOCUS

BY HENRY BOLTINOFF



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FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

Differences: 1. Popcorn is added. 2. Leaves are missing. 3. Exit is added. 4. Button is added. 5. Expression is changed. 6. Man is added

King Crossword — Answers

Solution time: 25 mins.

Magic maze — Answers

MANUFACTURERS OF WRITING INSTRUMENTS

Wishing Well®

2	7	6	3	4	6	7	2	6	3	5	7	2
D	A	T	P	B	E	N	E	L	R	D	E	E
6	4	5	4	8	3	7	6	5	4	8	4	2
E	E	I	E	N	A	W	G	S	X	O	P	P
7	5	4	2	6	3	4	2	8	2	4	5	6
B	C	R	R	R	I	E	O	G	O	S	O	A
7	6	3	6	8	6	7	4	7	8	4	2	6
E	M	S	A	O	B	G	S	I	O	I	T	O
4	5	3	8	3	6	4	3	2	5	7	2	3
V	U	E	F	C	U	E	O	E	N	N	D	W
7	5	2	7	6	7	3	5	6	5	6	3	2
N	T	L	I	T	N	O	F	M	E	O	R	O
8	6	7	6	3	6	5	2	5	2	5	3	3
S	N	G	E	K	Y	A	V	R	E	S	E	R

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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VANDALISM/PROPERTY, 10:40 a.m., 25 Morton St. Motor vehicle damage. Driver's side window smashed and vehicle dented, happened overnight.

VANDALISM/PROPERTY, 10:51 a.m., Braewell, 230 Willard St. Four tires slashed.

LARCENY/MOTOR VEHICLE, 12:37 p.m., Fruit Basket, 148 Granite St. Van headed towards the highway. Officer in route with signed motor vehicle form. Keys were left in motor vehicle. 2000 Ford Van, color gray.

LARCENY, 1:27 p.m., 14 Norton Rd. Past. Roofing and framing guns and a wallet were stolen from an unlocked shed.

VANDALISM/PROPERTY, 2:58 p.m., 55 Tinson Rd. Tire slashed.

INDECENT EXPOSURE, 3:36 p.m., Star Market, 130 Granite St. White male in a black car. Approximately 20-30 years old, balding with mustache, heavy build. Exposed himself to caller. Party pulled up to victim's vehicle and never got outside of his.

ASSAULT AND BATTERY, 4:04 p.m., Wal-Mart, 301 Falls Blvd. Past. Happened last night.

TUESDAY, AUG. 29

ARMED ROBBERY, 4:49 a.m., Seven Eleven Store, 721 Hancock St. Knife. White male with a blue sweater, ran towards CVS. Caller stating a white male with a blue shirt took his money now heading toward CVS. White male, about 25 years, blue jeans and a blue hoodie. Suspect stopped at 5:05 a.m., Beale and Hancock Streets, by 779. Brought back to scene, not individual involved. Dog lost scent behind Keohane's. Another person stopped at 5:41 a.m. by 782, Clay and Hancock Streets. Brought to scene, not individual involved.

VANDALISM/PROPERTY, 10:05 a.m., Hancock Parking Area, 50 Revere Rd. To motor vehicle. Rock thrown at vehicle, caused damage.

INDECENT EXPOSURE, 11:36 a.m., Thomas Crane Public Library, 381 Hancock St. White male last seen wearing blue jeans, light blue shirt, beige cap, sandals, sunglasses.

BREAKING AND ENTERING/PAST, 3:49 p.m., 103 Taffrail Rd. Dwelling. Two flat-screen TVs, computer, gold chain, and clothing stolen. Boston PD has already charged an individual with RSP involved in this incident.

LARCENY, 3:51 p.m., 279 Belmont St. Past. Stolen checks.

LARCENY, 4:05 p.m., 11 Oakwood Rd. Past. Complaint for two counts larceny less.

LARCENY, 4:45 p.m., Cathay Pacific, 111 Hancock St. Parties ran from Cathay, did not pay bill.

LARCENY/MOTOR VEHICLE, 8:24 p.m., 46 Macy St. Already found. Motor vehicle recovered prior to stolen report – recovered by Milton Police. 1998 Nissan Altima, color white.

VANDALISM/PROPERTY, 9:42 p.m., Kincaide Park, 334 Water St. Throwing rocks. May be behind the wall. Vehicle struck by a rock – windshield smashed.

ASSAULT AND BATTERY, 10:33 p.m., North Quincy Shell, 315 Hancock St. Past. Complaint for A&B filed.

WEDNESDAY, AUG. 30

VANDALISM/PROPERTY, 12:16 a.m., 80 South Walnut St. To car.

VANDALISM/PROPERTY, 9:08 a.m., 174 Main St. Left front tire slashed.

VANDALISM/PROPERTY, 9:23 a.m., Adams Service Station, 19 Independence Ave. Spray painted. States youths just went by and spray painted motor vehicle.

BREAKING AND ENTERING/PAST, 9:32 a.m., Brookside Manor, 51 Miller Stile Rd. Dwelling.

VANDALISM/PROPERTY, 10:11 a.m., Avenue Auction Sales, 80 Myrtle St. To motor vehicle - spray painted.

VANDALISM/PROPERTY, 1:19 p.m., 80 South Walnut St. Motor vehicle windows smashed out.

VANDALISM/PROPERTY, 6:45 p.m., Paul's Performance Transmission, 100 Penn St. Windshield - baseball. Advised no malicious intent.

THURSDAY, AUG. 31

VANDALISM/PROPERTY, 7:10 a.m., 119 Quarry St. To vehicle. Rear window of vehicle was smashed.

LARCENY, 9:29 a.m., 97 Grove St. Tank of gas. Got up this morning to find tank of gas gone. Gas was all over the driveway.

VANDALISM/PROPERTY, 2:57 p.m., 41 Rockland St. Windshield broken.

ASSAULT AND BATTERY, 5:16 p.m., Thomas Crane Public Library, 40 Washington St. Just occurred. Victim is on the top floor, reference room.

BREAKING AND ENTERING/ATTEMPT, 5:38 p.m., 49 Nelson St. Depository. This was an attempt to break into coin operated laundry machine in basement. Machine damaged by no money was stolen.

LARCENY, 6:47 p.m., Ell's Pet Salon, 222 Sea St. Dog.

VANDALISM/PROPERTY, 7:11 p.m., 63 Crosby St. Graffiti. Spray painted dumpster and port-o-potty. Construction being done on dwelling.

VANDALISM/PROPERTY, 8:56 p.m., 8 Shennen St. To motor vehicle. Marker on windshield.

LARCENY, 9:42 p.m., 665 Hancock St. Power washer.

UNARMED ROBBERY, 11:30 p.m., 260 Granite St. Progress. Banging on window. Suspect fled in the woods. 776 transporting one juvenile. Complaints submitted for unarmed robbery.

FRIDAY, SEPT. 1

VANDALISM/PROPERTY, 1:14 a.m., Varsity Club, 33 Independence Ave. Past. Flagged down by victim at 60 Franklin St. about two tires being slashed.

VANDALISM/PROPERTY, 2:34 a.m., Granite Links Golf Course, 100 Quarry Hills Dr. Past. Caller reporting three sone markers kicked over.

LARCENY, 6:57 a.m., 49 Nelson St. Tools - overnight. Incident reported Aug. 31.

❑

If you have information on the above crimes, or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764**. If you wish to report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. If you wish to make an appointment to view the **Registered Sex Offenders** book, call **617-745-5768**.

If you wish to contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us–*Lt. Dan Minton.*

A Job Well Done

On Sunday, Aug. 27, at approximately 10 p.m., Officers Mike Kelly and William Horick were dispatched to the area of Hancock and Willet Streets to investigate a call of a suspicious black male following a woman. Upon arrival, the officers interviewed the female victim, who stated that the suspect followed her home but fled when the police cars approached.

LT. DAN MINTON

A further description was given as being about 40-45 years old, wearing dark clothing and a hat. Numerous officers checked the area to no avail.

On Monday, Aug. 28, at 5:15 p.m., both officers were again dispatched to meet the same caller after being stalked again. The victim stated that the suspect followed her home to her apartment from CVS. She said that she ran home and locked the door. She said that the suspect began banging on her door, demanding that she come out. She yelled to him that she was calling the police and the banging stopped. The victim was able to add that the suspect was heavy set and sometimes pushed a shopping cart.

Having worked the area for many years, Officer Horick broadcasted a description and identity of a suspect. About an hour later, Officer Lane Watkins came across the suspect at the 7-11 Store in Wollaston. The officers questioned the suspect, who told them that he did follow the victim on several occasions and that he knew her. The suspect was transported to the victim's building, where the victim positively identified the suspect.

When told of the suspect's remarks that he knew her, she said that she did not know him at all. The suspect, a 38-year-old homeless man, was charged with "Intimidation." Officers in the area will continue to make frequent checks to keep the suspect from returning.

Nice work!

In this case, the victim acted quickly after observing that the suspect had been following her on at least two occasions. There may have been more occasions since the suspect knew exactly where the victim lived. If you believe that someone is following you, trust your instincts – don't wait for something to actually happen. If possible, do not go directly home since this will provide the suspect with a location to find you – coming and going!

Look for public places that are open and have customers – the more the better. Tell an employee that you think you are being followed and feel threatened by someone you don't know. Ask them to call "911." It is unlikely that the suspect will come in if he thinks that others know about him.

In this case, Papa Gino's, Tony's Pizza, Dunkin' Donuts (where we sometimes go) and the Prime Gas Station would be options. If you are in an area where there are no people, consider flagging down a motorist or go to a home and ask them to call the police. Often, just the contact with others will be enough to have the suspect back down.

People, by nature, are good and if a female or child comes seeking help, most will call and stand by until help arrives. Having a cell phone handy makes it easy to contact the police. If you do not have one, pretending can sometimes work – simply use an object resembling the shape of a cell phone and look at the suspect as you pretend to talk to the police. If you cannot afford a cell phone plan, consider purchasing a disposable cell phone for emergency situations.

Another option is to ask friends or relatives to hand you down a cell phone (and charger) they don't use anymore. All cell phones, even those without a contract, have "911" capabilities.

The most important point to remember is that once you lead the suspect to your home, he knows where you live!

❑

Lt. John Steele, commander of the Day Patrol Division, states there have been a few occasions recently at "Open Houses" where jewelry, and other small items have been stolen. If you have in the process of selling your house, whether through a Realtor or on your own, be sure to remove items of value that can be concealed and taken from your home.

It is also a good idea to re-secure your home after everyone leaves, like checking the locks on your windows and cellar door. An "Open House" can be an opportunity for criminals to scope out a house and return later, especially if they believe that no one is living there.

SUN FUN PAGE

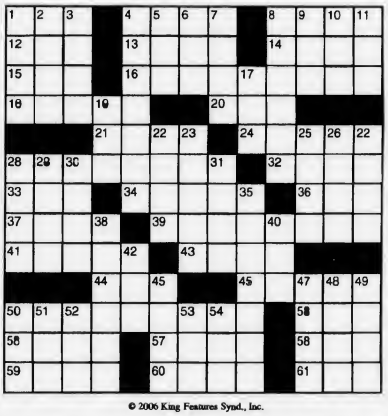
King Crossword

ACROSS

1 Commonest English word
4 Actress Jessica
8 Riverside
12 Clerical title (Abbr.)
13 Close up tightly
14 Malaria symptom
15 Prior to
16 Mitch Miller's specialty
18 "M*A*S*H" locale
20 Fool
21 Hayseed
24 Flower also called heartsease
28 Isolating, with "out"
32 Look sullen
33 "The Tell-Tale Heart" author
34 Singer Tucker
36 Show-biz job
37 And others (Abbr.)
39 Monotonous
41 Ersatz
43 Dance lesson
44 Petrol
46 Boutonniere site
50 Malay Archipelago island
55 Praise in verse
56 Out of harm's way
57 Wading bird
58 Swelled head
59 Trudge
60 Gratuities
61 Chaps

DOWN

1 "Star -"
2 Medal earner
3 Eternally
4 Threat of bodily harm
5 Pacific garland
6 Proscribe
7 Plankton component
8 Fir variety
9 Past
10 Sister
11 Small barrel
17 Venomous chocolate
19 Work unit
22 Prejudice
23 Capital of County Clare, Ireland
25 Unable to proceed
26 Whirl
27 Safecracker
28 Detail, for short
29 Tittle
30 Approach
31 "Peer -"
35 Undying
38 Entered into the record
40 Hot tub
42 Sheepish comment
45 Skewer
47 "Trees," e.g.
48 Advantage
49 Ponce de -
50 Potential syrup
51 Under the weather
52 Keanu's "Matrix" role
53 Kimono sash
54 Wardrobe malfunction
55 Viper



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The Garden Bug

Tall plants

Cutting back minimizes the need to support tall-growing plants. But some plants still fall over — such as climbing roses, delphiniums, gladiolas, hollyhocks, peonies, snapdragons and sunflowers. Use stakes, trellises or twine to keep them upright.

MAGIC MAZE

MANUFACTURERS OF WRITING INSTRUMENTS

P R F C A X V S Q O L J H S E
C A E X V T R P N L J H F A D
B M O L I B A T S Y X S V N T
R M O N T E G R A P P A A F R
P E O N M D K I E G N M E O D
B C K Z T W E L X W R O U R T
R Q I R O B I A O E N L X D J
I G F B A K L I T N O C S I V
D C M A A P R A H S R E V E D
Y O X N W V W G N I R T O R T
T S R L L E T S A C R E B A F

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Dixon
Eversharp
Faber-Castell
Montblanc
Montegrappa
Omas
Parker
Pelikan
Rotring
Sanford
Stabilo
Staedtler
Tombow
Visconti
Waterman

Trivia test

by Fifi Rodriguez

1. POP CULTURE: When did the Woodstock music festival take place?
2. QUOTATIONS: Who once wrote, "A man cannot be too careful in the choice of his enemies"?
3. THE ARTS: Who was Andrea Palladio?
4. CHEMISTRY: What is the Periodic Table symbol for zinc?
5. MEASUREMENTS: What does a light year measure?
6. THEATER: Who wrote the absurdist play "Waiting for Godot"?
7. MUSIC: What type of instrument is a glockenspiel?
8. MYTHOLOGY: Who was the Greek goddess of fortune or fate?
9. LAW: What is an adjudication?
10. OLYMPICS: Greg Louganis won four gold medals in what sport in the 1984 and 1988 Olympic games?

Answers

1. August, 1969
2. Oscar Wilde, "The Picture of Dorian Gray"
3. Italian Renaissance architect
4. Zn
5. Distance — a light year is the distance that light can travel in a year
6. Samuel Beckett
7. Percussion
8. Tyche
9. Final judgment in a legal proceeding
10. Diving

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Salome's Stars

ARIES (March 21 to April 19) Mars, your ruling planet, helps you deal with career challenges in a way that reflects some of your own hidden strengths. This impresses some important decision-makers.

TAURUS (April 20 to May 20) Your strong Bovine will, combined with your romantic nature (you are ruled by Venus), helps turn a romance with a potential for problems into one with more-positive possibilities.

GEMINI (May 21 to June 20) Mercury's influence creates some unsettling moments, but nothing that you can't live with. You'll soon learn more about that major change that is about to be revealed.

CANCER (June 21 to July 22) Opportunities for you are like the phases of the Moon: constantly appearing and reappearing. So, cheer up. The opportunity you think you let slip by will be replaced by another.

LEO (July 23 to August 22) An opportunity that you hoped would open up for you remains closed. Stop wasting time scratching at it. Something else you'll like will soon make itself apparent and accessible.

VIRGO (August 23 to September 22) Congratulations. You'll soon hear some positive feedback for all the hard work you recently put into a project. A Pisces could soon swim into your personal life.

LIBRA (September 23 to October 22) Someone whose friendship you felt you had to write off will try to revive it. What you do is up to you. But don't do it without giving it considerable thought.

SCORPIO (October 23 to November 21) A job-related plan might need to be reworked to allow for changes. Lucky for you that Saturn remains a strong influence that can help you focus on getting it done right.

SAGITTARIUS (November 22 to December 21) This is a good time to move into areas of self-discovery. You might be surprised about who you really are and how you really relate to those around you.

CAPRICORN (December 22 to January 19) Expect to confront someone who will make an unwelcome request. Stand by your resolve to do the right thing no matter what "persuasion" might be offered.

AQUARIUS (January 20 to February 18) A friendly competition could become more contentious than you expected. Take time out to discuss the reasons behind this unexpected change, and act accordingly.

PISCES (February 19 to March 20) You have a wonderful mind for solving mysteries, so you should feel confident about solving the one developing very close to you. An unlikely source offers help.

BORN THIS WEEK: You're a great host or hostess. You love being with people, and you're very good about planning all sorts of social events that bring folks together.

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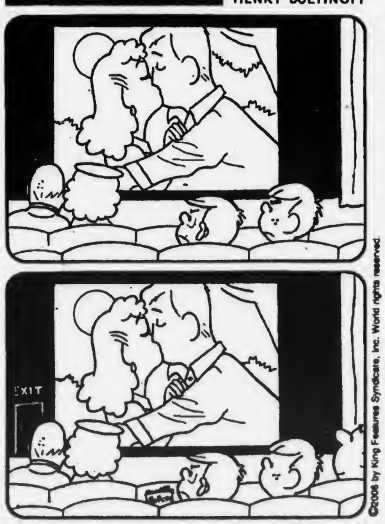
HOCUS-FOCUS

BY HENRY BOLTINOFF



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FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

Differences: 1. Popcorn is added. 2. Leaves are missing. 3. Exit is added. 4. Button is added. 5. Expression is changed. 6. Man is added.

King Crossword

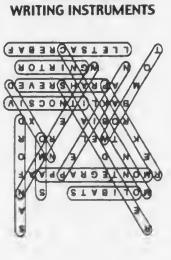
Answers

Solution time: 25 mins.

Magic maze

Answers

MANUFACTURERS OF WRITING INSTRUMENTS



Wishing Well®

2	7	6	3	4	6	7	2	6	3	5	7	2
D	A	T	P	B	E	N	E	L	R	D	E	E
6	4	5	4	8	3	7	6	5	4	8	4	2
E	E	I	E	N	A	W	G	S	X	O	P	P
7	5	4	2	6	3	4	2	8	2	4	5	6
B	C	R	R	R	I	E	O	G	O	S	O	A
7	6	3	6	8	6	7	4	7	8	4	2	6
E	M	S	A	O	B	G	S	I	O	I	T	O
4	5	3	8	3	6	4	3	2	5	7	2	3
V	U	E	F	C	U	E	O	E	N	N	D	W
7	5	2	7	6	7	3	5	6	5	6	3	2
N	T	L	I	T	N	O	F	M	E	O	R	O
8	6	7	6	3	6	5	2	5	2	5	3	3
S	N	G	E	K	Y	A	V	R	E	S	E	R

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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OBITUARIES

Elizabeth Sweeny, 89

Homemaker

A funeral service for Elizabeth "Betty" (Harriman) Sweeny, 89, of Quincy, a homemaker, was held Wednesday at Alfred D. Thomas Funeral Home, Milton.

She died Monday at John Scott Nursing & Rehabilitation Center, Braintree.

Mrs. Sweeny was also a former employee of Dr. Djerf & Dr. Blackman, Pediatricians in Quincy for many years.

She was a former member of Christ's Church Bowling League in Quincy and she visited a health club every day until her illness. She enjoyed hiking and camping in the White Mountains in New Hampshire with her family. She was actively involved in the Willard School PTA in Quincy.

Born and raised in Providence, R.I., she lived in Quincy for 59 years. She was educated in Rhode Island schools and graduated from the University of New Hampshire in 1939.

Wife of the late Charles T. Sweeny, she is survived by five sons, Allan R. Sweeny of Kentucky, Thomas W. Sweeny and John B. Sweeny, both of New Hampshire, Donald W. Sweeny of New Jersey and Robert H. Sweeny of Washington; a daughter, Joanne S. Troup of Braintree; a brother, Benjamin R. Harriman of Minnesota; a sister, Ann Barningham of Cape Cod; 13 grandchildren and five great-grandchildren. She was the mother of the late Charles H. "Rusty" Sweeny.

ELIZABETH SWEENY

Burial was in Blue Hill Cemetery, Braintree.

Donations may be made to Alzheimer's Research, 311 Arsenal St., Watertown, MA 02472.

FRANCES G. BIRD
Looking for any information
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Julie Betzger, 56

Clerk To State Senate

A funeral Mass for Julie Betzger, 56, of Braintree, formerly of Quincy, a clerk to the Committee on Bills, 3rd reading, in the Massachusetts State Senate, was celebrated Tuesday at Saint Ann's Church, Wollaston.

She died Aug. 30 at Boston Medical Center.

Ms. Betzger was also an administrative assistant to the Senate Counsel. She was so respected in her capacity that the State Senate adjourned Aug. 31 in her memory.

Besides love of her job, Ms. Betzger was a golf enthusiast, and a former member of the Furnace Brook Golf Club. She was also an avid traveler.

She is survived by two brothers, Mickey Betzger of Braintree and Dick Betzger of Hanover; and a sister, Barisara Betzger.

JULIE BETZGER

Burial was in Braintree Cemetery.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Donations may be made to Boston Medical Center, Cardio Thoracic Surgery, 88 E. Newton St., Boston, MA 02188, C/O Dr. Benedict Daly.

Sadie L. Cirino, 97

A funeral Mass for Sadie L. (Megna) Cirino, 97, a homemaker, of Quincy, formerly of Dorchester, was celebrated Sept. 1 at Saint John's Church.

She died Aug. 30 at Braintree Landing Skilled Nursing & Rehabilitation, Braintree.

Born in Boston, she was educated there. She enjoyed spending time with her children, grandchildren, and great-grandchildren.

Wife of the late Samuel Cirino, she is survived by her daughter, Maryann (Cirino) Cannata of Quincy; her son, John J. Cirino of Quincy; and her brother, Frank Megna of Florida; five grandchildren and nine great grandchildren. She was the mother of the late Joseph Cirino.

Burial was in Saint Michael's Cemetery, Boston.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Donations may be made to St. Jude's Children's Research, P.O. Box 50 Memphis, TN 38105.

Lillian B. Walter, 79

Floor Manager At Union Oyster House

A funeral Mass for Lillian B. (Doolan) Walter 79, of Quincy, a homemaker, was celebrated Sept. 1 in Holy Trinity Parish at Our Lady of Good Counsel Church, Quincy.

She died Aug. 28 at Brigham and Women's Hospital in Boston after a brief illness.

Mrs. Walter was a floor manager at the Union Oyster House in Boston for many years, retiring in 1981.

Born in Brookline, she graduated from Brookline High School. She lived in Quincy for many years and in Sarasota, Fla., for 20 years before returning to Quincy three years ago.

Wife of 59 years of the late Richard C. Walter, she is survived by three sons, Charles D. Walter and Richard J. Walter, both of Quincy, and Dennis J. Walter of Texas; two daughters, Beverly A. O'Brien of Randolph and Sandra C. Doolan of Readville; two sisters, Selina Murphy of Sudbury and Marion Doherty of Jamaica Plain; 11 grandchildren; 12 great-grandchildren; and many nieces and nephews.

LILLIAN B. WALTER

Burial was in Mount Wollaston Cemetery.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Teofila Miecznikowski

Bookkeeper

A funeral Mass for Teofila "Tillie" (Daniszewski) Miecznikowski, of Quincy, a bookkeeper, was celebrated Sept. 1 at Our Lady of Czestochowa Church, Dorchester.

She died Aug. 28 at Quincy Medical Center.

She worked for several Boston-area businesses including the Heritage Travel Agency and Nepco Meat Co.

Born and raised in Boston, she lived in Dorchester before moving to Quincy in 1979.

She enjoyed traveling, polka dancing, bingo and bowling and was a Red Sox fan. She enjoyed traveling to Foxwoods with her husband.

She is survived by her husband, Mitchell S. Miecznikowski; three daughters, Nancy L. Bixbee of Beverly, Judy M. Higgins of Quincy and Margaret I. Hurley of Weymouth; and seven grandchildren.

Burial was in Cedar Grove Cemetery, Dorchester.

Funeral arrangements were by Dennis Sweeney Funeral Home, 74 Elm St.

Donations may be made to Our Lady of Czestochowa Church.

Margaret E. McCarthy, 81

Homemaker

A funeral Mass for Margaret Elizabeth (Raeke) McCarthy, 81, of Norton, formerly of Quincy, a homemaker, was celebrated Sept. 1 at St. Mary's Church, Norton.

She died Aug. 29 at Epoch Senior Healthcare, Norton.

She was a longtime Dorchester resident and lived 10 years in Quincy before moving to Norton two years ago.

She was a communicant of St. Mary's Church of Norton and St. John's Church in Quincy.

Wife of the late Joseph G. McCarthy, she is survived by a son, Kevin M. McCarthy of North Attleboro; a daughter, Kathy A. Muller of Norton; a brother, John Raeke of Weymouth; four grandchildren; and many nieces and nephews.

She was the grandmother of the late Jennifer McCarthy.

Burial was in Pine Hill Cemetery.

Funeral arrangements were by Dyer-Lake Funeral Home, North Attleboro.

Dear World...

My young son starts to school today... It's going to be sort of strange and new to him for awhile, and I wish you would sort of treat him gently.

You see, up to now he's been king of the roost... He's been boss of the backyard... His mother has always been near to soothe his wounds and repair his feelings.

But now things are going to be different.

This morning he's going to walk down the front steps, wave his hand, and start out on the great adventure... It is an adventure that might take him across continents, across oceans... It's an adventure that will probably include wars and tragedy and sorrow... To live his life in the world he will have to live in, will require faith and love and courage.

So, World, I wish you would sort of look after him... Take him by the hand and teach him things he will have to know.

But do it gently, if you can.

He will have to learn, I know, that all men are not just, that all men are not true.

But teach him also that for every scoundrel there is a hero... that for every crooked politician there is a great and dedicated leader... Teach him that for every enemy there is a friend.

Steer him away from envy, if you can... And teach him the secret of quiet laughter.

In school, World, teach him it is far more honorable to fail than to cheat... Teach him to have faith in his own ideas, even if everyone says they are wrong... Teach him to be gentle with gentle people and tough with tough people.

Try to give my son the strength not to follow the crowd when everyone is getting on the bandwagon... Teach him to listen to all men – but teach him also to filter all he hears on a screen of truth and take just the good that siphons through.

Teach him, if you can, how to laugh when he is sad... Teach him there is no shame in tears... Teach him there can be glory in failure and despair in success.

Treat him gently, World, if you can, but don't coddle him... Because only the test of fire makes fine steel... Let him have the courage to be impatient... Let him have the patience to be brave.

Let him be no man's man... Teach him always to have sublime faith in himself.

Because then he will always have sublime faith in mankind.

This is quite an order, World, but see what you can do... He's such a nice little fellow, my son! – Dan Valentine

Compliments of Keohane Funeral Home
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Call 617-773-3551 to receive a copy of "Dear World"

SCOTT DEWARE

A Thought For The Week

There's no month like September. Parents eye their six-year-olds as they take their first steps toward the school bus. Older students leave home for their first adventure in dormitory life. College and high school graduates find themselves looking for jobs. Year in and year out. September brings gradual and unusual changes in the lives of many of us.

Parents and teachers wonder about the personality and influence of a new teacher. Teachers do not choose their students and may find themselves in a roomful of strangers. The first days of school often reveal which students will test a teacher's intelligence, patience, or perseverance for the ensuing school year.

September is a month of new things: books, tablets, pencils, prints, plaids, plains and, of course, blue jeans. It is a time to start again with new ideas, new activities and new friends.

What happens in a new school year has far-reaching effects on all of us. It matters not if we are eight or eighty, school is everyone's business...

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Richard F. Weston, 90

Retired Standard Service Bureau Employee

A funeral service for Richard F. Weston, 90, a lifelong Quincy resident, was held Wednesday at First Baptist Church of Wollaston.

He died Aug. 31 at John Adams Healthcare Center in Quincy.

Mr. Weston worked for the Standard Service Bureau for more than 32 years, retiring in 1977.

A World War II Army veteran, he served in Europe with the 951st Engineers.

He was an active member of First Baptist Church of Wollaston, where he was head usher for 25 years and on May 1, 1977 he was elected an honorary deacon.

He sang with various choral groups in New England and was made a lifetime member of the Wollaston Glee Club in 1997, having been a member for 60 years.

He was also a member of the Quincy Historical Society and his name is listed on the Quincy's "Walk of Names" located outside City Hall.

Mr. Weston graduated from Quincy High School in 1934 and from the Burdett School of Business in Boston. After the war, he lived in North Quincy before moving to Wollaston in 1950.

RICHARD F. WESTON

Husband of the late Reta G. (Burgess) Weston, he is survived by a son, Richard B. Weston of Stoughton; and several cousins.

Burial was in Mount Wollaston Cemetery.

Funeral arrangements were by Deware Funeral Home, 576 Hancock St.

Donations may be made to the Activities Fund of the John Adams Healthcare Center, 211 Franklin St., Quincy, MA 02169.

Viola A. Rowland, 84

Retired Administrative Assistant

A funeral Mass for Viola A. (Patterson) Rowland, 84, of Quincy, a retired administrative assistant, was celebrated Tuesday at Sacred Heart Church, North Quincy.

She died Aug. 31 at home.

Mrs. Rowland worked for Fred S. James & Co. in Boston for 30 years, retiring in 1995.

Born in New Haven, Conn., she lived in Dorchester before moving to Quincy 31 years ago.

Wife of the late John J. Rowland, she is survived by two sons, Robert P. Rowland of Weymouth and Patrick J. Rowland of Quincy; and six grandchildren.

Burial was in New Calvary Cemetery, Boston.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Donations may be made to March of Dimes, 114 Turnpike Road, Suite 202, Westborough, MA 01581.

Jean F. Gilmore, 77

Retired Secretary

A funeral Mass for Jean F. Gilmore, 77, of South Yarmouth, formerly of Quincy and Weymouth, a retired secretary, was celebrated Wednesday at Sacred Heart Church School Auditorium, Weymouth.

She died Sept. 2 at Cape Cod Hospital in Hyannis after a brief illness.

Miss Gilmore was a secretary at Massachusetts Electric Company in Weymouth for more than 45 years, retiring several years ago. She previously worked for the former S.S. Pierce Company and for the Quincy Coal & Oil Company.

Born and raised in Quincy, she attended St. Joseph's Church Elementary School in Quincy and graduated from the former Sacred Heart High School in Weymouth in 1946 and from the Wyndham Business School. She lived in Weymouth for many years before moving to South Yarmouth in 1995.

She is survived by two sisters, Mary J. Gilmore of South Yarmouth and Ann M. O'Connor of Chandler, Ariz.; and two nieces and four nephews.

Burial was in Mount Wollaston Cemetery.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Donations may be made to St. Pius X Church, 5 Barbara St., South Yarmouth, MA 02664.

James P. Connolly, 83

Retired Boston Police Sergeant

A funeral Mass for James P. Connolly, 83, of Quincy, a retired Boston Police Department sergeant, was celebrated Tuesday at St. Ann's Church, Quincy.

He died Sept. 1 at Blue Hill Alzheimer's Care Center in Stoughton.

Mr. Connolly retired from the Boston Police Department after 32 years of service.

A World War II Navy veteran, he served in the European, African, Middle Eastern Theatre and achieved rank of chief yeoman assigned to the District Intelligent Office, Headquarters, First Naval District, Naval Base Two.

Born, raised and educated in Boston, he graduated from Dorchester High School and lived in Quincy for 45 years.

Husband of the late Catherine L. "Kay" (Fay) Connolly, he is survived by two brothers, Daniel Hynes of Quincy and Joseph Connolly of Boston; a sister, Patricia Mitchell of Braintree; and several nieces and nephews.

Burial was in Mount Wollaston Cemetery.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Donations may be made to the Blue Hills Alzheimer's Care Center Courtyard Fund, 1044 Park St., Stoughton, MA 02072.

Donna M. White, 58

Insurance Agent

A funeral Mass for Donna Marie (Dalton) White, 58, of Marshfield, formerly of Easton, owner of the former Donna M. White Insurance Agency of Quincy, was celebrated Tuesday at St. John's Church, Marshfield.

She died Sept. 1 at home after a courageous battle with breast cancer.

Mrs. White founded the insurance agency in Quincy in 1990 and in 1991 she was nationally recognized when she received her CPCU status. Most recently, she worked at the Celia Insurance Agency in Quincy.

An avid golfer, she was a member of the Marshfield Country Club and served as treasurer of its Women's Association.

Born in Boston, she was raised and educated in Dorchester. She graduated from Cardinal Cushing High School in South Boston in 1965 and from Emmanuel College in 1969. She lived in Easton for 13 years before moving to Marshfield 23 years ago.

She is survived by her husband of 36 years, Francis K. "Frank" White; a son, Daniel F. White of Plymouth; two daughters, Kerrianne L. Gloster of Mahwah, N.J., and Lindsay K. Daniels of Franklin Lakes, N.J.; three brothers, Robert Dalton of Hyannis, Allan Dalton of West Lake Village, Calif., and Richard Dalton of Needham; a sister, Kathleen MacAfee of Needham; six grandchildren; and many nieces and nephews.

Burial was in Couch Cemetery, Marshfield.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Kenneth Lyons, 87

Led Public Sector Union

A funeral Mass for Kenneth T. Lyons, 87, of Quincy, founder and leader for 40 years of the National Association of Government Employees, based in Quincy, was celebrated Sept. 1 at St. Agatha Church, Milton.

He died Aug. 29 at Milton Hospital.

Mr. Lyons founded the union in 1961, shortly after President John F. Kennedy issued an executive order affirming the right of federal employees to organize. Until 2001, he was the national president of NAGE and of the International Brotherhood of Police Officers. He was also international vice president of the Service Employees International Union, an AFL-CIO organization with which NAGE is affiliated.

Mr. Lyons built NAGE into one of the nation's largest public sector unions and enjoyed access to presidents from Kennedy to George H.W. Bush. He was credited with persuading Gerald Ford to sign a landmark bill providing benefits to the families of police officers killed in the line of duty.

After being fired as president in 2001 following allegations of financial irregularities, Mr. Lyons waged a fight to regain control of the 40,000-member union. But a federal judge upheld the firing in August 2002, clearing the way for the election of his successor.

Mr. Lyons began his career at the Boston Naval Shipyard in Charlestown after graduating from Medford High School in 1939.

He graduated from the Navy's Industrial Relations School and was the youngest shipyard supervisor in the country at the time. After the Japanese attack on Pearl Harbor, he passed up the automatic military service deferment his job carried and enlisted in the Navy.

The bulk of his service during World War II was spent with the Navy's amphibious forces in the Atlantic. Several years later, he was recalled to active duty with the Navy during the Korean War.

His recall came after he formed the Federal Employees Veterans Association, FEVA, and was elected its national commander.

During the 1950s, Mr. Lyons taught labor-management courses at Portia Law School.

During the 1960s, he inserted himself into the civil rights struggle by welcoming blacks as equal members of the union. When an all-white group of employees at the Charleston (S.C.) Naval Shipyard insisted in 1964 on having a separate NAGE charter, Mr. Lyons went there and confronted white workers in their meeting hall. After telling them that, as head of the union, he would not grant them an exclusive charter that would deprive black workers of representation, the hall fell silent.

Mr. Lyons is survived by his wife, Evelyn (Ferris) Lyons; three daughters, Kim Saliba of Quincy and Claire Caso and Lorraine Reilly of Waltham; a son, Kenneth T. Lyons Jr. of Waltham; two sisters, Elizabeth O'Brien and Frances Murphy; many grandchildren and great-grandchildren; and nieces and nephews.

Burial was Sept. 1 in Massachusetts National Cemetery, Bourne.

Funeral arrangements were by Dolan Funeral Home, Milton.

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Funeral Directors

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www.dennissweeneyfuneralhome.com

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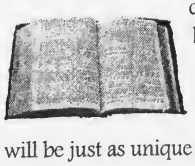

Keohane Funeral Service

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Religion

Good Shepherd Lutheran Church Neighborhood Block Party Saturday

Good Shepherd Lutheran Church will host its fourth annual Building Bridges Neighborhood Block Party Saturday, Sept. 9 from 10 a.m. to 2 p.m. in its church parking lot, 15 Harvard St., North Quincy.

Admission is free. The party will feature free food, children's games, music, prizes, a magician and from noon to 1 p.m. a pony ride for children for children courtesy of Paul's Pony Rides of Needham.

"We have an amazing diversity of people in our neighborhood," said the Rev. Nathan Pipho, pastor of Good Shepherd. "Hosting a block party is our way of celebrating with our community and giving people a chance to get to know each other."

Fliers distributed to advertise the event will be trilingual: English, Chinese and Vietnamese.

For more information, contact the church office at 617-328-8348 or by e-mail: PastorPipho@aol.com.

Sunday School Registration At Quincy Point Congregational Church

Registration for Sunday School at Quincy Point Congregational Church, 444 Washington St., will take place on Rally Day, Sunday, Sept. 10.

Children will be in the church at the beginning of the 10 a.m. service and then go to their new classrooms with their teachers.

The theme for the day is "Under Construction."

The Rev. Ann Suzedell will preach and Adam McGhee will serve as "Deacon of the Day." Sacred music will be offered by the Chancel Choir under the direction of Paul Thistle.

Following the service, students, parents and grandparents are invited to a luncheon sponsored by the Christian Education Committee.

A new Adult Bible Study class will begin Tuesday, Sept. 12 at 7:30 p.m. Topic will be the book of Ruth.

A new flagpole in honor of veterans has been installed in front of the church on Washington St. A dedication ceremony will take place near Veterans Day.

Wollaston Congregational Kids Super Saturday

Wollaston Congregational Church, 48 Winthrop Ave., Wollaston, will hold its third annual Kids Super Saturday Sept. 16 from 10 a.m. to 1 p.m.

The festivities will include games, prizes, surprises, crafts and cookie painting, as well as bubbles and beads, dance demonstrations, and a free lunch for children.

There will also be a tots play area.

The free community event is sponsored by the Christian Education Committee.

For more information, call 617-773-7432.

Homecoming At Community United Methodist

Quincy Community United Methodist Church, 40 Beale St., Wollaston, will celebrate Homecoming Sunday Sept. 10 with a hot dog roast on the front lawn.

"Homecoming Sunday is an opportunity for people to visit with friends who have been on vacation or away for the summer, a chance to catch up on the news, and a time to just have fun together," said Rev. Dr. Susan F. Jarek-Glidden, pastor of the church.

After the 10:30 a.m. morning worship, the congregation will go outside (weather permitting), fire up the grills, and enjoy hot dogs. The hot dogs, beverages, and freshly popped hot popcorn will be provided; attendees are asked to bring salads, desserts, or "munchies" to share.

If the weather is inclement, the hot dog roast will be held inside.

For more information, call the church office at 617-773-3319.

'Homecoming Extravaganza' At St. Chrysostom

The Episcopal Parish of Saint Chrysostom's will celebrate their 50th anniversary of their consecration at their "Homecoming Extravaganza," Sunday, Sept. 17 at the church, 1 Linden St.

The free event starts with Church School for children starting at 9 a.m., followed by the morning service at 10 a.m., including a liturgy of thanks giving and remembrance. Events planned for the afternoon include the dedication of the new wheelchair ramp, the launch of the parish website, a picnic luncheon and barbecue, the gospel group, "Andrew and the Expressions," Chris Iredale on guitar, and more.

For more information call 617-472-0737.

Bethany Congregational Church

Bethany Congregational Church, 18 Spear St., Quincy Center, will have Sunday worship at 10 a.m.

The Rev. Gary W. Smothers will conduct the service and preach a sermon entitled "Sermons From Mark 9) The Beginning of the Crowds." There will also be a children's message.

Childcare will be available for infants and toddlers. Fellowship follows the service in Allen Parlor. Light refreshments will be served.

'Alpha' Wednesdays At Fort Square Presbyterian

"Alpha" a 10-week introduction to Christianity, will be Wednesday evenings from Sept. 20 through Dec. 6 at Fort Square Presbyterian Church, 16 Pleasant St.

All are welcome. The program includes dinner and childcare. For more information call 617-471-6806.

Quincy Religion Directory

SERVICES & ACTIVITIES

Assemblies of God

Glad Tidings
158 Washington St., Quincy
phone: 773-9797
Rev. Gregory E. Wheaton, Pastor
Sunday Worship: 8:30, 11 a.m., Christian Ed. 10 a.m.
Senior Hi Youth 7 p.m. Wed. 7 p.m. Berean Bible Study,
Royal Ranger Missionettes. Friday Junior Hi Youth 7 pm
Youth & Children's Ministry
•Contemporary Worship
•Marriage & Family Group
•International Fellowship
•DivorceCare

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 7, 9:30
& 11:30am, Weekdays 9am
Handicapped Accessible
New Members Welcome!

Unitarian

United First Parish
Hancock St., across from City Hall
617-773-1290
Sunday Worship, 10:30 AM
Child Care & Religious Education for all ages
All Welcome to Our Historic Church

Congregational

First Church of Squantum
164 Bellevue Street
617-328-6649
Pastor: Michael S. Robertson
10 a.m. Sunday Worship
All Are Welcome

To Advertise in this Directory, Call 617-471-3100

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4pm (Sat.) 7:45am, 9am (Family Liturgy)
10:30am (with Choir) and 5pm
12 noon at Star of Sea Church
Weekday Masses
Mon.-Fri 7am and 9am, Sat. 9am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m., 10:30 a.m. & 5 p.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible &
Handicapped parking, side entrance
air conditioned

ST. JOHN THE BAPTIST
44 School St.,
Quincy
617-773-1021
Weekend Mass Schedule
Saturday (Vigil Mass) 4 p.m.
Sunday 7:30 a.m., 9 a.m.
and 11 a.m. (Family Liturgy)
Weekday Masses
Monday - Saturday 8 a.m.
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
• 617-479-5400
Pastor: Rev. John J. Ronaghan
Weekend Mass Schedule:
Saturday 4:00 PM
Sunday 7:00, 9:00, 11:30AM
Daily Masses: 9:00 AM
Handicapped Chairlift Available

Congregational

HOUGHS NECK CONGREGATIONAL CHURCH
310 Manet Ave., Quincy
Sunday, Sept. 10
Service Of Divine
Worship 9:30 am
Sunday School 9:30 AM
Sermon Topic
'A God's-Eye View'
Ephesians 1: 3-14
Rev. John Castricum
617-479-8778
Lois Zulauf : Minister of Music

BETHANY CONGREGATIONAL CHURCH
Corner of Spear & Coddington Sts.,
Quincy Center • 617-479-7300
10 AM Sunday Worship
Rev. Gary Smothers - Sermons From Mark
Childcare Available for Infants, Toddlers
Fellowship Follows Service in Allen Parlor

QUINCY POINT CONGREGATIONAL CHURCH
444 Washington St . • 617-773-6424
Worship and Church School 10 am
Rev. Ann Suzedell, Pastor
visit us at www.QPCC.org

UNION CHURCH
Beach St. & Rawson Rd., Wollaston
Sunday Service 10 AM
617-479-6661
Good Bible Preaching
& Traditional Worship
Rev. John Carl Swanson, Pastor

PEACE

Congregational

WOLLASTON CONGREGATIONAL CHURCH
48 Winthrop Ave. - 617-773-7432
Pastor: Rev. Mary Lou Gifford
Sunday Worship
September 10th
Rev. Mary Louise Gifford
"Praise the Lord!"
Psalm 146 and Mark 7:24-37

Covenant

COVENANT CONGREGATIONAL CHURCH
Corner of Whitwell & Granite St.
Sunday Worship 10:00 AM
Rev. Karen Palmatier, Pastor
9 a.m. – Christian Education for all ages
Child Care Available - All Are Welcome
Children's Pantry
Wed., Thur. 9:30 am - 12 noon
617-479-5728

Nazarene

Wollaston Church of the Nazarene
37 E. Elm Ave., Wollaston
(617) 472-5669
On The Campus Of
Eastern Nazarene College
Pastor: Rev. Fred. Fullerton
Sunday Services
8:30 am - Holy Communion
9:45 am - Adult & Children's
Sunday School
11 a.m. - Blended Worship Service
Come Worship with Us!

Episcopal

St. Chrysostom's Episcopal Church
Corner of Hancock & Linden Sts.
Quincy • (617) 472-0737
Rev. David Hefling
Holy Eucharist 9 AM - Sunday School
and Nursery Care During Service
Coffee Hour Following
ALL WELCOME
THRIFT SHOP CLOSED
FOR THE SUMMER

Evangelical

EVANGELICAL CHURCH OF ATLANTIC
65 Newbury Ave. North Quincy
(617) 847-4444
Pastor Bill Donahue
Sunday Morning
Worship 10:10 AM
Childcare Available

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Dr. Susan Jarek-Glidden, Pastor

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45 SUNDAY SCHOOL
11AM WORSHIP SERVICE
BRASS BAND MUSIC
7PM TUES WOMEN'S FELLOWSHIP
7:15PM WED. BIBLE STUDY

Spiritualist

First Spiritualist Church of Quincy
40 West St., Quincy, MA 02169
(617) 770-2246
Services: Sunday 11 a.m. to 12:30 PM
Coffee and Conversation following service
(Services 8 PM Wednesdays June, July, August)
Pastor Rev. Rita S. Berkowitz, C.H., C.M.

Sunday School Registration At Houghs Neck Congregational

Houghs Neck Congregational Church is now accepting registrations for the 2006-2007 Sunday School year.

Sunday School classes will begin Sunday, Sept. 24 with a Registration/Rally Day at the church, 310 Manet Ave. Regular classes will meet every Sunday at 9:30 a.m. October through June. Classes are offered for children grades kindergarten through 6th grade.

"We have an exciting year planned that's built around our new curriculum," said Jennifer McCauley Logue, director of the Sunday School program. "'Walk with Me' uses the best-loved stories of the Bible, combined with songs and activities, to share the gospel with children. We'll also be holding a traditional Christmas pageant with parts for all of the Sunday School students, and many other activities."

Children and their families do not need to be Houghs Neck residents or members of Houghs Neck Congregational Church in order to participate in the Sunday School program. "All children grades K-6th are invited to participate," Logue said.

To receive a registration form or for more information, call (617)328-1384 or email jennmccauley@aol.com.

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2104EP
In the Estate of
ANNIE GLADYS MILLAR
AKA A. GLADYS MILLAR
Late of QUINCY
In the County of NORFOLK
Date of Death
August 12, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that LINDA QUINTILIANI of QUINCY in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **OCTOBER 11, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, August 28, 2006.

PATRICK W. McDERMOTT
Register of Probate

9/7/06

QUINCY SUN NEWSCARRIERS WANTED

Here's a chance to earn extra money by building a Quincy Sun home delivery route.

Telephone 617-471-3100

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P1945GI
In the Matter
Of RUTH ENGLISH
Of QUINCY
In the County of NORFOLK
NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN

To RUTH ENGLISH of QUINCY in the County of NORFOLK, her spouse, and heirs apparent or presumptive, a petition has been filed in the above captioned matter alleging that said RUTH ENGLISH of QUINCY in the County of NORFOLK is a mentally ill person and praying that DIANE FELCI of METHUEN in the County of ESSEX or some other suitable person be appointed guardian, to serve with personal surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **SEPTEMBER 19, 2006**.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, August 9, 2006.

PATRICK W. McDERMOTT
Register of Probate

9/7/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2063EP
In the Estate of
JACQUELINE SMALLCOMBE
Late of QUINCY
In the County of NORFOLK
Date of Death
August 8, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that GERALD J. TURNER of WELLESLEY in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **OCTOBER 4, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, August 23, 2006.

PATRICK W. McDERMOTT
Register of Probate

9/7/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-073

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, SEPTEMBER 26, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of DANIEL J. FLYNN, III for a VARIANCE & SPECIAL PERMIT to demolish an existing single family dwelling and to erect a twenty-four (24) unit residential building with forty-nine (49) parking spaces in violation of Title 17 as amended Chapter 17.20.040 (Dimensional Requirements) and Chapter 17.16.020 (Table of Use Regulations) on the premises numbered 45 WINTER STREET, QUINCY.

Jack Garland, Chairman

9/7,9/14/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-074

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, SEPTEMBER 26, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of BRIAN & DENISE FERRAN for a VARIANCE & FINDING to subdivide an existing non-conforming lot and to construct a new single family dwelling in violation of Title 17 as amended Chapter 17.24.020 (Nonconforming Buildings, Structures and Uses) and Chapter 17.20.040 (Dimensional Requirements) on the premises numbered 186 (190) ESSEX STREET, QUINCY.

Jack Garland, Chairman

9/7,9/14/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P1948GI
In the Matter
Of QUAN QUANG TANG
Of QUINCY
In the County of NORFOLK
NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN

To QUAN QUANG TANG of QUINCY in the County of NORFOLK, his spouse, and heirs apparent or presumptive, a petition has been filed in the above captioned matter alleging that said QUAN QUANG TANG of QUINCY in the County of NORFOLK is a mentally ill person and praying that KARA V. HOANG of WEYMOUTH in the County of NORFOLK and BINH TANG of WEYMOUTH in the County of NORFOLK or some other suitable person be appointed guardian, to serve with personal surety of the person – and property – with the authority to administer antipsychotic medications in accordance with the treatment plan for reasons more fully set forth in said petition.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **SEPTEMBER 22, 2006**.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, August 9, 2006.

PATRICK W. McDERMOTT
Register of Probate

9/7/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2095EP
In the Estate of
FLORENCE M. PICARDI
Late of QUINCY
In the County of NORFOLK
Date of Death
July 29, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that JAN W. WHITING of WEYMOUTH in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **OCTOBER 4, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, August 25, 2006.

PATRICK W. McDERMOTT
Register of Probate

9/7/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-075

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, SEPTEMBER 26, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of SPS DEVELOPMENT LLC for a FLOOD PLAIN SPECIAL PERMIT and DIMENSIONAL VARIANCES to subdivide a parcel of land into 5 single-family residential house lots. Two lots are proposed on Winthrop Street. One lot is proposed on Sea Street. Petitioner also requests permission to improve the existing private way adjacent to the property to create frontage for two additional lots in violation of 17.20.040 (Dimensional Requirements).

The parcel of land is located at 1000 Sea Street and is shown as Lots 40-42, 332-336 on Assessors' plan no. 1058.

Jack Garland, Chairman

9/7,9/14/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-076

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, SEPTEMBER 26, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of G & R REALTY, C/O BOB MOREL for a VARIANCE to locate the required parking for a proposed storage/warehouse building to within two (2) feet of the property line in violation of Title 17 as amended Chapter 17.28 (Location and Layout of Parking Spaces) on the premises numbered 253-257 CENTRE STREET/4-8 BRANCH STREET, QUINCY.

Jack Garland, Chairman

9/7,9/14/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P0193CA1
In the Matter
Of ANDREA BETH HEALY
Of QUINCY
In the County of NORFOLK
NOTICE OF PETITION FOR CHANGE OF NAME

To all persons interested in a petition described:

A petition has been presented by ANDREA BETH HEALY praying that ANDREA BETH HEALY of QUINCY in the County of NORFOLK be allowed to change her name as follows:

ANDREA BETH HEALY TO ANDREA BETH SPRINCE.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **OCTOBER 4, 2006**.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, August 24, 2006.

PATRICK W. McDERMOTT
Register of Probate

9/7/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2097EP
In the Estate of
ROBERT J. HALLISEY
Late of QUINCY
In the County of NORFOLK
Date of Death
August 3, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that JOHN P. MEADE of WEYMOUTH in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **OCTOBER 4, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, August 25, 2006.

PATRICK W. McDERMOTT
Register of Probate

9/7/06

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EOE 9/7

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MISCELLANEOUS

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LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2083GI
In the Matter
Of MARY DINGLE
Of QUINCY
In the County of NORFOLK
NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN

To MARY DINGLE of QUINCY in the County of NORFOLK, her spouse, and heirs apparent or presumptive, a petition has been filed in the above captioned matter alleging that said MARY DINGLE of QUINCY in the County of NORFOLK is a mentally ill person and praying that FAMILY SERVICE ASSOCIATION OF GREATER FALL RIVER, INC. of FALL RIVER in the County of BRISTOL or some other suitable person be appointed guardian, to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **OCTOBER 24, 2006**.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, August 25, 2006.

PATRICK W. McDERMOTT
Register of Probate

9/7/06

SECURITY

Security Officers
FULL-TIME & PART-TIME
ARMED
$16.00/HR

Mon. - Frl.	2nd
Sat.	1st + 2nd
Sun.	1st
Plymouth	

FULL-TIME & PART-TIME
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Braintree	
Brookline	
Dedham	
Hingham	
Quincy	
Sat. - Sun.	2nd
Dedham	
Boston	
Sat. - Sun.	3rd
Mansfield	
Nedham	
Quincy	
Mon. - Frl.	3rd
Norwood	
Quincy	
Mon. - Thurs.	2nd
Quincy	
Thurs. - Sun.	3rd
Quincy	
Frl. - Sat.	3rd
Quincy	
Frl. - Sat. - Sun.	3rd
Milton	

Apply: Tuesday, 10 am - 12 noon
Career Works, 34 School St. Brockton, MA 02301
or Mon. - Frl., 9am - 4pm
Securitas Office
1150 Hancock St., 4th Floor Quincy, MA 02169
AA/EOE. M/F/D/V

SECURITAS *Securitas Security Services USA*

MISC.

To my Joanna
Good Luck
at Clark!
Your Mom 9/7

Happy Birthday
Sean
Love You, Mom
9/7

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MISCELLANEOUS

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9/14

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The Quincy Sun

MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET, QUINCY, MA 02169
PAYABLE IN ADVANCE. Payment must accompany order.

INDEX
- ❑ Services
- ❑ For Sale
- ❑ Autos
- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
- ❑ Real Estate
- ❑ Antiques
- ❑ Flea Markets
- ❑ Yard Sales
- ❑ Instruction
- ❑ Day Care
- ❑ Personal
- ❑ Miscellaneous

RATES

1 WEEK ❑ $7.00 for one insertion, up to 20 words, 10¢ for each additional word.

3-7 WEEKS ❑ $6.50 per insertion up to 20 words for 3-7 insertions of the same ad, 10¢ each additional word.

8-12 WEEKS ❑ $6.25 per insertion, up to 20 words, for 8-12 insertions of the same ad 10¢ for each additional word.

13 WEEKS OR MORE ❑ $6.00 per insertion, up to 20 words, for 13 or more insertions of the same ad 10¢ for each additional word.

❑ Enclosed is $ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

COPY: _____

NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION.
DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

QUINCY-BASED WORK, Inc., which serves over 1,000 consumers with disabilities daily, recently held a voter registration drive at its headquarters at 3 Arlington St. in North Quincy. Courtney Ciccio (center), a vocational case manager from WORK, Inc., helps Carol Bishop, Andy Holmes, Robert Kancelarczyk and Gregoir Francios all register to vote.

Passport Acceptance Hours Extended In September

Areas requiring passports for travelers will soon be extended, and the Quincy Center Post Office, 47 Washington St., is increasing passport acceptance hours during September, National Passport Month.

In addition to normal passport acceptance hours, 10a.m.-4p.m., Monday through Friday, and Saturday 8a.m.-noon, the office will be open Saturdays from 2-6p.m., exclusively for passport application acceptance.

Beginning Jan. 8, 2007, a passport will be required to travel by air or sea to Canada, Mexico, Bermuda, South America, Central America and the Caribbean. On Dec. 31, 2007, this requirement will be extended to include all land crossings to Canada and Mexico.

The average cost is $97 for adults 16 years and older, with separate payments of $30 to the U.S. Postal Service for processing fees, and $67 to the State Department for the passport application fee. For those under 16 years of age, total cost is $82 with separate payments of $30 to the U.S. Postal Service, and $52 to the State Department.

For expedited passport service, add $60 per application, payable to the State Department. Two-way overnight delivery is encouraged. In such cases, the application is mailed via Express Mail® with delivery costs made payable to USPS.

To help the passport application process go smoothly and efficiency, the Postal service recommends:

- Bring in proper proof of American citizenship: either a certified birth certificate issued by the city, county or state; a previous passport, a certificate of citizenship, or a naturalization certificate. A hospital-issued birth certificate alone is not acceptable.
- Bring proof of identity: either a previous U.S. passport, a naturalization certificate, a certificate of citizenship, or a current valid driver's license, government ID or military photo ID.
- To save time, download passport applications at www.usps.com/passport to complete an application beforehand.

'Neighborhoods First' Topic For Montclair/Wollaston Tonight

The Sept. 7, 7:30 p.m. meeting of the Montclair/Wollaston Neighborhoods Association (MWNA) will address Mayor William Phelan's "Neighborhoods First" initiative at the Lutheran Church of the Good Shepherd, Harvard and West Squantum Streets.

The community meeting will address concerns for the MWNA neighborhoods and city, and Phelan's plans "to establish neighborhood advocacy groups to participate in the development of solutions and initiatives to strengthen the community and improve quality of life issues."

Queries, ideas and concerns will be documented and compiled on a spreadsheet. Non-members of the MWNA are invited to attend, and let their opinions be heard.

MWNA meets the first Thursday of each month, 7:30 p.m. at the Church of the Good Shepherd.

Bereavement Support Group At Quincy Medical

Quincy Medical Center, 114 Whitwell St. will host a free, seven-week Bereavement Support Group, beginning Wednesday Sept. 13.

The support group will meet Wednesday afternoon from 4 to 5:30 p.m. for the seven consecutive weeks. The group is designed to help adults who are coping with the recent death of an adult loved one to alleviate feelings of grief and begin the healing process.

"Grieving people often feel isolated in their pain and perceive that the world only wants to see and hear from happy people," said Rev. Esther Bowen, director of Pastoral Care at Quincy Medical Center. "If you need an emotionally safe place where you can be yourself and process your grief experience, then perhaps this support group may work for you."

The program is free, however, pre-registration is required. For more information or to register, contact the Quincy Medical Center Pastoral Care Department at 617-376-5502.

Mature Driver Safety Course Sept. 7, 14

A two-day safe driving course for the mature driver will be held Sept. 7 and Sept. 14 from 10 a.m. to 2:30 p.m. at Marina Place, 4 Seaport Dr., North Quincy.

The course is $10, payable in advance. Checks may be made payable to the AARP. Lunch will be served.

For more information or to make a reservation, call the Council on Aging office at 617-376-1506.

Senior Scrabble Every Monday

Elderly devotees of the game "Scrabble" meet every Monday from 12 to 3:30 p.m. at the Dawes House on Quincy Shore Drive at the corner of Channing Street.

Beginners are welcome.

For more information, call 617-376-1506.

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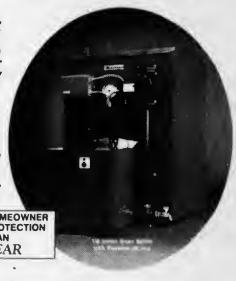

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Sacred Heart School Students, Teachers Remember 9/11
Page 3

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper

VOL. 38 No. 52 | Thursday, September 14, 2006 | 40¢

THE FIFTH ANNIVERSARY of the 9/11 terrorist attacks on the Trade Center Twin Towers in New York City, the Pentagon and the heroically thwarted one in Pennsylvania was observed at a solemn ceremony in Central Fire Headquarters Monday.

Quincy Sun Photos/Robert Noble

Solemn Observance At Fire Headquarters

Remembering Sept. 11, 2001

By MIKAELA SLANEY

With a U.S. flag fluttering at half-staff, the fifth anniversary of the 9/11 terrorist attacks that took 3,030 lives was observed Monday at a solemn remembrance ceremony at Central Fire Headquarters.

Firefighters, police and residents joined in remembering the victims who lost their lives in the hijacked planes attacks on the World Trade Center Twin Towers in New York City, the Pentagon in Washington and the heroic passenger-forced crash of one of the planes in Pennsylvania.

Mayor William Phelan, state Senator Michael Morrissey and City Councillor John Keenan were among those attending.

A "5-5-5" alert blared through the Quincy Fire Department radio system from inside the station, marking the moment when the South Tower of the World Trade Center collapsed at 10:05 a.m.

The North Tower fell at 10:28 a.m.

Firefighter William Knox read the Fireman's Prayer, and Captain Paul Keenan read the Police Officer's Prayer.

"I'd like to thank Mayor (William) Phelan, invited guests and the public for coming here today, to remember all the victims of the 9/11 attack at the World Trade Center, the Pentagon, and the crash site at Shanksville, Pennsylvania," said Fire Chief Timothy Pettinelli.

"Five years ago today a total of 3,030 people lost their lives including 343 fire fighters and 75 police officers.

"Today will be an emotional day for the city of New York Fire Department because two weeks ago, on a Sunday afternoon two fire fighters died trying to make a rescue in a store fire. So far this year in the United

(Cont'd On Page 2)

FIREFIGHTER Steven Sweet plays "Amazing Grace" on the bagpipes. Deputy Fire Chief Jeff Stard stands beside him.

Despite Close Democrat Race For Governor

Light Vote Seen For Primary

Despite a tight three-way race for the Democratic nomination for governor, a light vote is seen here in next Tuesday's primary election.

City Clerk Joseph Shea expects only a 22 to 24 percent turnout of the city's 53,803 registered voters.

Ninety percent of that turnout, he feels, will be Democrats voting for the three gubernatorial contenders:

Boston businessman Christopher F. Gabrieli, Deval L. Patrick, of Milton, an attorney who served in the Justice Department in the Clinton administration, and Atty. General Thomas F. Reilly of Watertown.

Shea points out that there are only four contests in the primary election, three Democrat and just one Republican.

"And," he notes, "there are no local contests for state senate, state representative and county seats which would bring a heavier vote."

The Democrat ballot has another three-way race, this one for the lieutenant governor nomination.

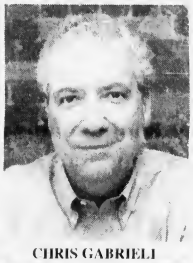
The candidates are Deborah B. Goldberg, former Brookline selectman chairman, Worcester Mayor Timothy P. Murray and Andrea C. Silbert of Harwich, a political newcomer.

Secretary of State William F. Galvin is being challenged by political newcomer John Bonifaz of Boston in the only other contest on the Democrat ballot.

The lone contest on the Republican ballot is between Kenneth G. Chase of Belmont and Kevin P. Scott of Wakefield for the U.S. Senate nomination.

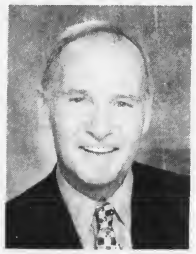
Lt. Gov. Kerry Healey of Beverly has no challenger for the Republican governor nomination. Neither does

(Cont'd On Page 17)



CHRIS GABRIELI

DEVAL PATRICK



TOM REILLY

■ Sept. 19 Sample Ballots - *Page 16* ■ Quincy Medical Center Cancer Walk Sunday - *Page 18*

Remembering Sept. 11, 2001

(Cont'd From Page 1)

States 69 fire fighters have died in the line of duty. May God rest their souls."

Steven Sweet, Quincy firefighter and piper with the Boston Baelica Fire Brigade performed "Amazing Grace" on the bagpipes. Officer Donald Sautter sang the National Anthem.

"It doesn't seem possible that it was five years ago," said Ernie Arienti, president of the Quincy Fire Department Fire Fighter's Local 792.

Arienti said that a resolution was adopted Sept. 1 by the International Association of Fire Fighters (IAFF) procuring Sept. 11 as a day of remembrance for all fallen fire fighters lost in the line of duty. He said read the resolution to the crowd:

"Whereas the 5th anniversary of the most devastating terrorist attacks to ever hit our home is upon us, whereas the profound acts of cowardice of terrorists on Sept. 11 2001 resulted in the horrific loss of life at the World Trade Center Towers the pentagon and the rural field of Shanksville, Pennsylvania, and whereas our brothers and sisters responded to the attacks rescuing thousands of citizens as they always do displaying the honor, commitment, sacrifice above and beyond the call of duty that has come to define the fire fighter's profession.

"And whereas the fire fighter who perished that day and those who worked as part of the massive recovery support efforts remain pillars of courage to all for their selfless acts of bravery and devotion to their fellow citizens; and whereas the loss of our brothers in the collapse of the World Trade Center towers following those attacks has burned a place in the public consciousness of the date 9/11 and made it a remembrance for fire fighters throughout the world.

"And whereas memorials and monuments like those at Ten House in New York City and the IAFF Fallen Fire Fighter Memorial in Colorado Springs give us a place to reflect on the selfless acts of courage and duty of not only those who fell on Sept. 11, but those we have lost since and those who carry on, therefore be it resolved, that the delegates of the IAFF 48th Biennial Convention deem that 9/11/ of each year be solemnly recognized as a day of remembrance for all fire fighters who fall in the line of duty, everywhere."

The resolution was first read at the IAFF 48th Biennial Convention, Aug. 27.

Police Captain John Dougan also included a moment of silence in the ceremony for James Cochrane, a Quincy police officer who was fatally injured in a motorcycle-auto accident Sunday.

FIREFIGHTERS SALUTE in remembrance of the New York City firefighters and police and other victims of the 9/11/ terrorist attacks.

RESIDENTS LINE THE sidewalk in front of the Central Fire Headquarters to join in the observance.

THE QUINCY POLICE Color Guard hold U.S. and Police Department flags while colleagues salute. *Quincy Sun Photos/ Robert Noble*

Cub And Boy Scout Signups Saturday At Crane Library

The Great Blue Hill District of the Boston Minuteman Council will sign up Quincy lads for Cub Scout packs and Boy Scout troops Saturday, Sept. 16, from 10 a.m. to 12 noon at the Thomas Crane Public Library, 40 Washington St.

Cub Scouting is for boys in grades 1-5 and Boy Scouts is for boys in grade 6-12. There are a number of packs and troops in Quincy that meet on different dates and charge a variety of fees.

Cub Scouting is a family-friendly program of activities and Boy Scouting focuses more on individual character, citizenship and personal development.

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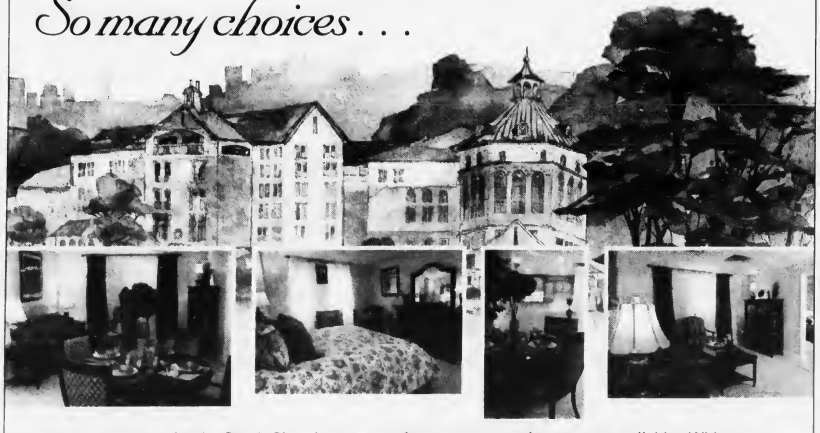

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FOOT NOTES

by Joel Chariton, D.P.M.
Diplomate, American Board of Podiatric Surgery
Diplomate, American Board of Podiatric Orthopedics

OVERUSE INJURIES IN CHILDREN

As fall sports get underway again, it's important to know the types of foot and ankle injuries that put your child at risk. Because your child's bones, ligaments, and tendons are not fully developed, it's important to treat injuries that may compromise development. Heel growth plate inflammation, for example, is a common sports-related injury in children, occurring from muscle strain and repetitive stress. Achilles tendonitis is an overuse injury that typically results from repetitive running and pounding. Plantar fasciitis is heel pain that develops due to inflammation of the fibrous tendon spanning the sole of the foot. Stress fractures, hairline breaks that result from repetitive stress, are often first noticed by persistent heel pain.

For those who participate in sports activities of any kind, professional attention and guidance can help reduce the potential for discomfort and injury. And since difficulties with your feet can adversely affect your comfort and lifestyle, we invite you to call us for an appointment at 781-986-3668 to receive comprehensive podiatric care geared to your individual footcare needs. Sports medicine is one of our specialties here at 999 North Main Street, Randolph, in the MEDICAL OFFICE BUILDING, where we see emergencies as promptly as possible. Office hours are now also available at Quincy Medical Center and Milton Medical Building.

HINT: If your child complains of pain, avoid trying to get him or her to play through it. There may be an injury that requires rest or treatment

Public Hearing On New Regulation Track Sept. 25

Mayor William Phelan has scheduled a public meeting regarding the location of the city's new regulation track Monday, Sept. 25, at 6:30 p.m. in the second floor conference room at City Hall.

The meeting will solicit input from the community regarding two sites: Faxon Field on Southern Artery and Pageant Field in Merrymount Park.

"I recognize the importance of a track facility for our children and our community," Phelan said. "This facility was one of the cornerstones of my proposal to invest $4 million in our park and recreational facilities. I would like the public to weigh in before we make our final decision."

Other major projects included in the park improvement bond are renovations to Adams Field, creation of the city's first female athletic complex at Mitchell/McCoy Field, new synthetic turf surface at Veterans Memorial Stadium, improvements to city beaches, citywide tree planting, neighborhood park improvements and more.

"We are investing in our community and in our quality of life," Phelan said. "Utilizing the hotel/motel tax revenues, we are able to improve our community without impacting our taxpayers."

SACRED HEART SCHOOL students and faculty take a moment to remember those who lost their lives in the 2001 Sept. 11 attacks at a remembrance Monday outside of the school.

Aviva Donates Office Furniture To Nine Quincy Public Schools

Aviva Life Insurance Company's community involvement program has recently donated hundreds of office furniture items that will be distributed to nine public schools in Quincy.

In conjunction with Aviva's recent move from Newport Office Park to Batterymarch Park, the company made a non-tax deductible donation of office furniture to the Quincy Public Schools valued at approximately $22,000. Items included desks, chairs, tables, credenzas, file cabinets and bookshelves.

"Quincy Public School administrators, staff and students continue to praise and thank Aviva for its generous donation of office furniture," said Dr. Rick DeCristofaro, Quincy's superintendent of schools. "So many Quincy Public School staff are beneficiaries of this exciting and wonderful initiative. How fortunate for Quincy Public Schools to partner with Aviva."

"We're thrilled to have the opportunity to help our good friends in the Quincy Public Schools in this way," said Hans Carstensen, Aviva's president and CEO. "During a recent Big Sister Little Sister visit to one of the schools, an Aviva Community Involvement Committee member spotted some of the donated furniture in a classroom. She later told me how proud she felt to have helped make a difference. I think all of us at Aviva feel that way about our partnership with Quincy Public Schools.

Vets Adviser At COA Office

John D. Miller of Home Care Partners, will be at the Council on Aging office, 83 Saratoga St., each Wednesday to advise veterans or their surviving spouses of their in-home care benefits.

To schedule an appointment, call the Council on Aging at 617-376-1506.

Sacred Heart School Holds Sept. 11 Remembrance

Sacred Heart School students and faculty of grades 1-8 remembered those killed five years ago in the Sept. 11 terrorist attacks on New York, Washington D.C. and Pennsylvania Monday, at an outside service, with prayer, singing and a moment of silence.

At 8:46 a.m., the moment the first plane hit the World Trade Center in New York, students were lead in prayer by Sacred Heart School Principal Katherine Hunter. Then, as sounds of airplanes heading to Logan Airport were heard overhead, students and faculty held a moment of silence to honor victims. The remembrance concluded with the ringing of church bells to the tune of the "Star Spangled Banner" and "God Bless America." Students sang along, and people who walked by stopped and joined in the singing.

The remembrance was held in the shadow of the Sacred Heart Church which draped the same 15 by 25 American Flag which was draped across the church the day of the 2001 attacks.

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Moments in time

THE HISTORY CHANNEL

• On **Sept. 7, 1776,** during the Revolutionary War, the American submersible craft Turtle attempts to attach a time bomb to the hull of British Admiral Richard Howe's flagship, Eagle, in New York Harbor. It was the first use of a submarine in warfare.

• On **Sept. 5, 1882,** the first Labor Day holiday is celebrated as a tribute to the toil and achievements of the nation's workers. Labor Day became an official holiday in 1894.

• On **Sept. 6, 1901,** President William McKinley is shot at point-blank range by anarchist Leon Czolgosz at the Pan-American Exposition in Buffalo, N.Y. McKinley lived for another week before succumbing to a gangrene infection on Sept. 14.

• On **Sept. 8, 1926,** silent-film star Greta Garbo stands up her fiance, actor John Gilbert, at the altar. The Swedish actress had made her U.S. film debut in "The Torrent" a few months earlier. Despite Garbo's cold feet, their romance continences at the Fox Theater in Riverside, Calif., are treated to a surprise showing of "Gone with the Wind," which the theater manager shows as a second feature. David O. Selznick sat in the back and observed the audience reaction to his highly anticipated film. The movie was released a few months later.

• On **Sept. 4, 1957,** Arkansas Gov. Orval Faubus enlists the National Guard to prevent nine black students from entering Central High School in Little Rock. Faubus took the action in violation of a federal order to integrate the school.

• On **Sept. 10, 1977,** at Baumetes Prison in Marseille, France, Hamida Djandoubi, a Tunisian immigrant convicted of murder, becomes the last person executed by guillotine. The decapitation machine gained fame during the French Revolution, when more than 10,000 people lost their heads by guillotine, including Louis XVI and Mary Antoinette, the former king and queen of

Sunbeams

By Henry Bosworth

Campaigning By Train

(Henry Bosworth decided to take the day off and has dug into the archives this week for one that appeared in July, 1999.)

Nowadays presidential candidates hop on a plane to get to campaign stops.

It does get them there quickly.

But I think both the voters and the press got a closer in-person look and impression of them when they traveled by train back in the good old days.

The train rolled into the station and the candidate spoke from the rear platform with the crowd gathered around to look him over and listen to what he had to say.

They called them "whistle stops." But sometimes the train just whistled and didn't stop.

Like in 1948 when Harry Truman roared right through Quincy, right past the birthplaces of John and John Quincy Adams without even a pause.

I was assigned to cover him that morning and caught up to him in Brockton where he did stop and speak.

Adlai Stevenson, four years later, was a different and more fun story.

STEVENSON

I traveled with Stevenson aboard his campaign train from Boston to Quincy to Rhode Island Oct. 27, 1952.

And whenever I look back on that day it reminds me how dramatically the lives of some people can change in just a few short years.

There were only 3,000 people in the then Republican stronghold of Quincy who turned out at the old Quincy Depot to see and listen to the Democratic presidential nominee.

Stevenson spoke eloquently (some think he was sometimes too eloquent), sprinkling his words with bits of humor. His special target here in Quincy that day was Wisconsin Senator Joseph McCarthy who was on his famed witch hunt.

When a plane appeared overhead partly drowning him out, Stevenson looked up and quipped: "A Republican pilot, I imagine."

Stevenson had a Hollywood star supporting cast with him. Among those aboard the train: Humphrey Bogart, Lauren Bacall and Robert Ryan.

Bacall, a very attractive young woman, got off the train and stood nearby listening to Stevenson. But as I recall, I don't think too many people actually recognized her or realized she was standing there.

David Crowley, then a city councillor and a Democratic candidate for Congress, had the honor of introducing Stevenson.

I don't remember his exact words but the introduction went something like this: "... and now, ladies and gentlemen, I give you the next President of the United States, Adlai E. Stevenson."

Crowley was wrong, of course. The next President of the United States would be Dwight D. Eisenhower.

But Crowley that day did introduce the next Democratic president though neither he nor the crowd realized it at the time.

For on the rear platform of the train with Stevenson but quite overshadowed by the man from Illinois was a man from Massachusetts — a young, slim Congressman named John F. Kennedy.

KENNEDY

But Kennedy was but a political "also" in the Stevenson party. Eclipsed not only by Stevenson but by Gov. Paul Dever, too.

Yet, in just eight short years, he would be elected President and Stevenson would become his ambassador to the United Nations.

I also remember then Police Captain William Ferrazzi, later to become chief, who was in charge of security for Stevenson's visit.

FERRAZZI

He had 40 men positioned around the Quincy Depot and others posted on bridges along the railroad tracks.

And, on buildings.

And who could have dreamed that the young Congressman standing with Stevenson in Quincy that day would become President but was to keep a tragic date with fate below a building in Dallas on Nov. 22, 1963.

"You've got to watch those buildings," Ferrazzi had said.

Someone didn't in Dallas.

'Money Conference For Women' Sept. 30

The "Money Conference for Women," presented by State Treasurer Timothy P. Cahill, will be at the Marriott Hotel, Sept. 30.

In conjunction with the YWCA New England Regional Council, the conference will focus on money management, retirement and investment strategies for all ages and economic backgrounds.

The free event is intended for people who are living from paycheck to paycheck, and unable to save for retirement, those who have out-of-control spending habits, and those who wish to own a house, start a business, or build savings.

Dee Lee, nationally recognized financial educator will speak at the conference. Participants may meet with financial advisors, and attend financial workshops.

Workshops include:

7:15-8a.m.: Registration and continental breakfast.

8-8:30a.m.: Welcome and opening remarks.

8:30-10:30a.m.: On the Money: Dee Lee, CFP.

10:30-11a.m.: Health Break: How yoga and breathing can affect the bottom line.

11a.m.-12:15p.m.: Making Money Workshops, session 1: This includes budgeting basics, tips for homebuyers (101), investing Part 1 (basics), estate planning and managing debt.

12:15-1:15p.m.: Lunch time presentation- Social Security and Women.

1:15-2:30p.m.: Making Money Workshops, session 2: This includes Credibility: taking your credit pulse, credit and today's mortgage loan products (201), investing part 2 (beyond basics), health insurance: getting and keeping the coverage you need, or money mentor meetings.

A complimentary breakfast and lunch will be available.

Sponsors include Sovereign Bank, ING, Fidelity Investments, UBS, MFS Institutional Advisors, Inc., TD Banknorth, Citizens Bank, Invesco, Lehman Brothers and Putnam Investments.

Space is limited, register at 617-367-6900, or visit www.themoneyconference.com. fax 617-248-0372, or mail The Money Conference, Office of the State Treasurer State House- Room 277, Boston, MA 02133.

Self Defense Program For Women Sept. 28

The Mayor's Commission on Women will sponsor a program on "Self Defense For Women" Thursday, Sept. 28, at the Quincy Athletic Club, Quincy Avenue.

The program will be presented by John Payton, certified self defense instructor.

For more information and registration, call 617-786-8523.

SWAP Earns Tax Abatements For Seniors

The Council on Aging has a SWAP (Senior Workers' Abatement Program) that enable the elderly to work 89 1/2 hours a year and earn $600 towards their real estate tax bills.

For further details, call Dorothy Dow at 617-376-1508.

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FELICIA: spunky 1 y.o. Tortie.
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MATTIE: 1 y.o. black and white female DSH.
MALIBU: 9 month old female Calico.
MOKI: 1 y.o. female Calico. Shy but very sweet.
PRETTY KITTY: beautiful long-haired black male.

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Scenes From Yesterday

THIS OLD POSTCARD shows Wollaston Beach from near Sachem Street when the beach and roadway were first built along Quincy's tidal coastline almost 100 years ago. In the 19th century, the marshes along here were home to windmills that pumped water at Josiah Quincy's salt works. The Strand, which is just out of view on the right, and Chick Street, to the south, were the waterfront roads along here when the marshes were first laid out for house lots, which was just after the Quincy's sold the land in the late 1800s. The state then built this roadway and sandy beach by using fill from Rufe's Hummock and Half Moon Island that was just off the coast of Adams Shore. The ramps on the right went up to bathhouses that were built on pilings on the site of today's Beachcomber. Remnants of the old fence shown here still exist. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of Tom Galvin

Legislature's Work Topic Of Citizen's Seminars

A series of five citizens legislative seminars will be held in October and November to help constituents learn more about the workings of the Massachusetts General Court (the Legislature).

They are scheduled for Wednesday mornings Oct. 18 and 25 and Nov. 1, 8 and 15.

"State government affects nearly every aspect of our lives," said Sen. Michael Morrissey. "It is important for every citizen to understand how the legislature functions."

Each seminar will feature two presenters who may be legislators, agency heads or other policy makers. Each presentation will be based on a the topic of the day.

After a brief intermission for coffee and conversation, participants will break into small groups led by legislator faculty members for an informal and candid discussion of the issues.

Those interested should contact Alicia Gardner in Morrissey's office at 617-722-1494 with their names and addresses by Friday, Sept. 29, in order to apply. Placement will be made on a first come, first served basis.

Readers Forum

Thinks Annual $26.50 Is A 'Bargain' For Community Preservation Act

Numerous communities around Quincy, including Hingham, Scituate, Weymouth, Randolph and Braintree have passed the Community Preservation Act ballot question because they have concluded the CPA just makes basic "dollars and sense."

For a relatively small real estate tax surcharge they are receiving matching funds from the state for open space, historic preservation, affordable housing programs, and some recreational projects.

In Quincy, the average homeowner would pay only an extra $26.50 annually (1 percent of the annual tax based on an average assessed value of $365,548 minus an exemption of $100,000 and with most homeowners over 60, or in low-income families being exempt).

City-wide, this adds up to $1.1 million which the state matches equally for a total of $2.2 million at the outset for these very worthy and chronically under-funded purposes. With a very small investment from individual homeowners, the combined community effect is very powerful.

Honestly, what can an individual or family buy for $26.50 a year, $6.63 a quarter, 51 cents per week or 7 cents a day? When we consider our essential and discretionary spending, $26.50 a year is a minuscule investment.

Having lived in Quincy since 1955 and having owned a home here since 1971, I have paid and continue to pay my fair share of taxes to support a superior quality of life and services. $26.50 once a a year to protect open space, preserve unfunded historic sites, help others have an affordable home or purchase land for public recreation? That's a bargain I'm willing to make and why I will vote for the Community Preservation Act in Quincy on the November ballot.

Mike Cotter
Island Road

A Thank You To Tom Koch, Park Dept.

I just wanted to thank Tom Koch and his staff for a beautiful job they have done in our city. It is so nice to drive through the city and see all of the beautiful landscaping and flower arrangements.

My sister was home from Arizona and she was very impressed on how the city looked, as she has not been back to Quincy in over 10 years.

So again, Tom, thank you and your staff for making the City of Presidents look outstanding.

Nancy Connolly
and Pam Norton,
Smith Street

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Quincy's Yesterdays

43 Candidates In City Preliminary Election

This Week
1969
37 Years Ago

By FRANK McCAULEY

The spotlight on Quincy's Oct. 7 preliminary election will be on City Council and School Committee contests. This is how the political picture shaped up after a total of 43 candidates filed nomination papers to officially become contenders.

No 11th hour "big name" opponent turned up to challenge Mayor James R. McIntyre's bid for a third term.

The lone opposition will be Robert Preble of 27 Crosby St., Houghs Neck, a 35-year-old plumber and political newcomer.

Two familiar faces, former Councillor Joseph J. LaRaia, candidate for an at-large council seat, and former School Committee member Charles T. Sweeny, candidate for the School Committee, have returned to the political arena in comeback bids.

GROUNDBREAKING FOR SENIOR CITIZENS FACILITY IN QUINCY POINT

Mayor McIntyre and the Rev. Peter V. Corea, Quincy Housing Authority chairman, officiated at groundbreaking ceremonies for a new senior citizen facility to be located on the site of the old Washington School in Quincy Point. The 14-story complex will have 156 units. Attendees at the ceremony included Ward 2 Councillor and state Rep. Clifford H. Marshall, the Rev. Bedros Baharian, Planning Board chairman; Rabbi Jacob Mann of Beth Israel Synagogue, and Rep. Joseph E. Brett.

KEEPING UP WITH THE RED SOX

The 1969 Red Sox, with a 74-63 record, were third in the six-team American League East, 19 1/2 games behind the Baltimore Orioles. Rico Petrocelli, with a .307 batting average, and Reggie Smith, with a .316 average, were among the top 10 hitters in the American League.

QUINCY-ISMS

Three Quincy high school graduates have been accepted to Wentworth Institute. They are **Norman LeBel**, 86 Mears Ave., a Quincy High School graduate, **Michael Maurano**, 77 Viden Road, a graduate of Catholic Memorial High School, and **Paul Taglini**, 79 Chubbuck St., a Quincy High School graduate . . . Former City Councillor **Richard W. Barry** announced he would open his new law office in the Dimmock Building, 1159 Hancock St., Quincy Center, Oct. 1 . . . **Abigail Adams Homans**, a Quincy native, celebrated her 90th birthday. Her brother, **Charles Francis Adams**, was mayor of Quincy in 1896-1897 and Secretary of Navy in the Hoover administration (1923-1933) . . . Five Houghs Neck residents will be honored at the annual "Good Neighbor" Banquet to be held Oct. 14. They are **Mrs. Edward Radcliffe, Mrs. Celia Tobin, Mr. and Mrs. Edward Meade** and **David MacMillan**. Guest speaker will be **Dr. Peter V. Corea**, pastor of Houghs Neck Congregational Church and chairman of the Quincy Housing Authority . . . The Quincy High School Class of 1949 scheduled its 20th anniversary reunion for Oct. 4 at the South Shore Country Club, Hingham . . . **Mrs. Elizabeth Morey** and **Mrs. Celia Tobin** are co-chairmen of the Houghs Neck Senior Citizens' whist party and coffee hour to be held Sept. 17 at Houghs Neck Legion Hall . . . Peter and Paul Hair Stylists, 833 Hancock St., Quincy, were advertising "Back to School Days Hair Cuts For Children. Start the School Year Right With An A+ in Grooming"... **William S. Grindlay**, 92 Brook St., Wollaston, is the new president of the Young Democratic Clubs of Massachusetts. Grindlay is also president of the Young Democratic Club of Quincy . . . **Bill Shea** of Squantum was installed as president of the Quincy Lions Club for the year 1969-1970 . . . **William J. Sauder**, Quincy, was installed as Master of the Rural Masonic Lodge, A.F. and A.M., at ceremonies held in the Quincy Masonic Lodge . . . Quincy radio station WJDA celebrated its 22nd birthday Sept. 13. **James. D. Asher** is station owner and president. Staff members include **Ken Fallon, Win Bettinson, Mary Johnson, Herb Fontaine** and **Fred Lane** . . . **Joseph McConville**, personnel manager at Boston Gear Works, announced his candidacy for the Quincy School Committee . . . A testimonial dinner for **Carl Leone**, recently appointed Coordinator of Athletics for Quincy Public Schools, was being planned. The event, a catered dinner, will be held at the Morrisette Legion Post home . . . City Councillor **John J. Quinn** announced his candidacy for re-election to a seventh term. First elected in 1957, Quinn has headed or served on every major council committee . . . **Edward Hannon**, supervisor of Adult Education for Quincy Public Schools, was the guest speaker at a meeting of the Germantown Community Association . . . **Hugh E. Dawe** was scheduled to be installed as Grand Knight of the North Quincy Knights of Columbus for 1969-1970 at ceremonies to be held Sept. 21 in the Council Hall.

Arts & Entertainment

LIBERTY STREET WAS a crowded pedestrian mall for the 22nd annual South Quincy Italian Festival Saturday. The event raises funds for scholarships and reunites families and friends with roots in the South Quincy area. *Morgan O'Shea photos*

A RIDE ON the train was a must for youngsters of all ages at the South Quincy Italian Festival.

Mad Science Workshop Heads Fall Kids' Programs At Library

"Current Events," a tour of the electron freeway that includes hands-on activities and illuminating demonstrations will highlight the Mad Science Workshops Saturday, Sept. 16, at 10 and 11:15 a.m., at the Thomas Crane Public Library.

Registration starts Tuesday, Sept. 5, at 9 a.m.

The 10 a.m. session is for ages 7 and older and the 11:15 a.m. session is for ages 4-6. Registration is required and a limited to Quincy residents The program is sponsored by the Friends of the Thomas Crane Public Library.

Registration for Spring Storytimes and Elementary Explorations will begin Friday, Sept. 8 at 9 a.m. for children who are ages 4 months to 7 years at the time of the first meeting.

For program details, check the library's website at **http://thomascranelibrary.org**

The fall schedule of children's programs at the library include (all registrations begin Friday, Sept. 8):

• Rock-a-bye Babies (ages 4 to 12 months), an introduction to stories, songs, nursery rhymes and gentle movements for the very young, Thursdays, Sept. 28 to Oct. 26, 11 a.m., Main Library. Registration required.

• Mother Goose on the Loose (ages 12 to 24 months), a program of stories, songs, fingerplays and creative movement for young children, Tuesdays, Sept. 26 to Oct. 24, at 1 a.m. and Thursdays, Sept. 28 to Oct. 26 at 9:30 a.m., Main Library. Registration required.

• Toddler Time (ages 2 to 3 1/2), simple stories and concepts for young children reinforced by songs rhymes, fingerplays and felt board activities, Mondays, Sept. 25 to Oct. 23 at 10 a.m. and Tuesdays, Sept. 26 to Oct. 24, at 9:30 a.m., Main Library. Registration required.

Also Mondays, Sept. 25 to Oct. 23 at 11 a.m. North Quincy Branch Library, 381 Hancock St., 617-376-1321. Registration begins at 1 p.m., Friday, Sept. 8.

Also Tuesdays, Sept. 26 to Oct. 24 at 9:30 and 10:30 a.m., Adams Shore Branch Library, 519 Sea St., 617-376-1325. Registration begins at 1 p.m, Friday, Sept. 8.

Also

• Preschool Storytimes (ages 3 1/2 to 5 years), a 45-minute program of longer, more complex stories, Wednesdays, Sept. 27 to Oct. 25, 9:30 a.m. Main Library. Registration required.

Also Mondays, Sept. 25 to Oct. 23, at 9:30 a.m. North Quincy Branch Library, 381 Hancock St., 617-376-1321. Registration begins at 1 p.m., Friday, Sept. 8.

Kindergarten Kids: Just for Kindergarteners

• Fractured Fairytales (must be 5 years old), in which kids meet Bubba the Cowboy Prince, the Three Little Dinosaurs and the Stinky Cheese Man, Mondays, Sept. 25 to Oct. 23, from 3 to 3:45 p.m. Main Library. Registration required.

Explorers Club for First & Second Graders

• Trickster Tales, in which the youngsters meet tricksters in folktales from around the world, Wednesdays, Sept. 27 to Oct. 25, from 3 to 3:45 p.m., Main Library. Registration required.

Discovering Books for First & Second Graders

• A new program that bridges the gap between storytimes and book discussion programs for older children. Each meeting will include a new story, puzzles, games or a craft to go along with the story, Mondays, Sept. 25 to Oct. 23, 3 p.m. Wollaston Branch Library, 41 Beale St., 617-376-1330. Registration required.

'Fastest Portrait Artist' At Lincoln-Hancock School Sept. 22

The Lincoln Hancock Community School will host Rob Surette, "the fastest portrait artist in the world," and his *Be Somebody!* cultural enrichment performance Friday, Sept. 22 in the school gym.

Surette received invitations regularly to perform his "amazing hero art" worldwide. Rob has been invited to over two dozen countries and was featured on *Good Morning America* twice in six months in 2005.

He will create 10 portraits including:

A giant map of the USA, Statue of Liberty, William Shakespeare and Martin Luther King on gigantic canvases, and various screens as part of his performance which also includes inspirational messages how to "be somebody" in life.

Surette speed-paints over 3,500 paintings each year during his live performances. Last October his name was inscribed on the new United States National Rosa Parks National Wall of Tolerance Monument in Montgomery, Alabama. For more information on his work visit www.AmazingHeroArt.com.

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Social

Kimberly Malvesti Engaged To Jay Buccellato

Mr., Mrs. John Malvesti Jr. of Springhill Florida, formerly of Quincy, announce the engagement of their daughter, Kimberly A. Malvesti of Winter Garden Florida to Jay Buccellato, of Winter Garden Florida.

He is the son of Margaret Wheeler of Enfield, New Hampshire and Patrick Buccellato of Lebanon, New Hampshire.

Ms. Malvesti is the vice president of VMS Builders of Winter Garden, Florida. She is a graduate of Aquinas College in Milton.

Mr. Buccellato is a golf course superintendent at the Alaqua Country Club in Lake Mary, Florida. He is a graduate of West Virginia College with a bachelor of science degree in landscape architecture.

A May wedding is planned.

QUINCY RESIDENT Winifred Tikkane (right) enjoys the Perkins School for the Blind in Watertown recent annual fundraising gala with Waltrud Lampe of Newton. Nearly 500 guests attended the "World Of Possibilities" fundraiser at the Watertown school. The event featured surprise guest artist Livingston Taylor singing with the Perkins Chorus. The gala raised more than $800,00 for the 177-year-old institution.

St. John's Church Parish Picnic Sunday

St. John's Church, School Street, will hold its annual parish picnic Sunday on the church grounds following the 11 o'clock Mass.

There will be food, activities for young people, a white elephant table and other events.

Those wishing to donate items for the white elephant table are asked to drop them off at the three-car garage in the church parking lot.

For more information, call the rectory at 617-773-1021.

NQHS 20th Reunion Nov. 24

The 20th reunion for NQHS Class of 1986 will be 7p.m. to midnight, Friday, Nov. 24 at the Venezia Waterfront, 20 Ericsson St., Boston.

There will be dinner and dancing.

Email any mailing addresses of classmates for invitations at NQHS20thReunion@aol.com.

Call Sara Regan Levine at 617-773-0319 with any questions.

Houghs Neck Congregational Church Country Fair Sept. 30

The Houghs Neck Congregational Church's Country Fair will be Saturday, Sept. 30 at the church, 310 Manet Ave.

The day-long event begins at 9 a.m. with a scavenger hunt. Booths will be open from 11 a.m. to 5 p.m. Booths will feature baked goods, homemade fudge, crafts, produce and refreshments.

There will be contests for quilting, pie-baking, jellies, flower arranging and funniest pet photo. There will be prize raffles, games, and a "Houghs Neck Idol" singing contest at 3 p.m. and prizes for the winners. A chicken barbecue will be from 5 to 7 p.m., followed by an awards ceremony to prize, contest and raffle winners.

For contest entry details, or for more information on the fair, call 617-479-2311.

Mr., Mrs. Matthew McSweeney Parents Of Daughter

Matthew and Sarah McSweeney of Quincy are parents of Shea Lynn McSweeney, born July 18 at South Shore Hospital.

Grandparents are Linda Mortimer of Quincy, and Cath and Paul McSweeney of Quincy.

Guruswamy Graduate Of Missouri-Rolla

Balasubramanian Guruswamy recently graduated from the University of Missouri-Rolla.

He earned a master's degree in information science and technology.

Boy Scout Troop 24 Open House Tonight

Boy Scouts Troop 24 of Squantum will hold an open house tonight (Thursday) Sept. 14 from 6-8 p.m. on the lawn of the First Church of Squantum, 164 Bellevue Rd.

There will be oven cooking, and camping gear demonstrations by current scouts, and troop registration for boys age 11 to 17 who are interested in joining.

Spin, Sculpt At YMCA

The South Shore YMCA will offer Spin and Sculpt Saturday mornings beginning Sept. 23.

The sessions will be at 7:05 a.m. Registration is underway. Call 617-479-8500.

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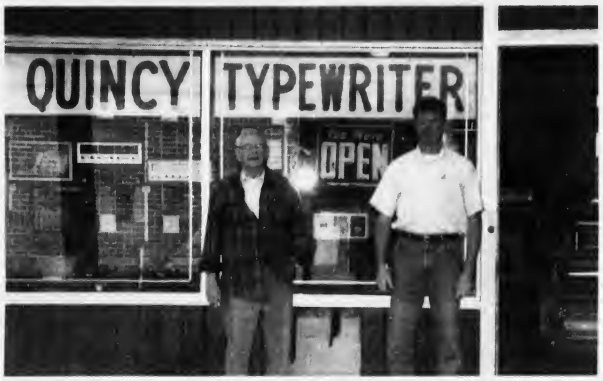

BOB BARKER (left), proprietor of Quincy Typewriter Service, stands with his son, Gerald, ready to entertain the next visitor to their shop on Maple Street only days after a smoky fire threatened to end its work after 74 years. *(Quincy Sun photo/Noreen O'Shea)*

Even Fire Fails To Interrupt Bob Barker's Repair Mission

By TOM HENSHAW

Less than four days after a smoky fire threatened to end Bob Barker's life's work, he was back at the old stand, repairing typewriters as he has done for 58 years.

And the next day, his son, Gerald, 48, was making office calls, as usual.

"Me retire?" said the 74-year-old Barker, who is known as "Doc" for his policy of house or office calls to mend ailing writing machines. "What am I going to do? Stay home?"

The electrical fire that filled Barker's shop at 5 Maple St., Quincy Center, with smoke really wasn't that bad; it just came at the wrong time.

The blaze broke out around 5 o'clock Thursday evening, the usual closing time. But Barker had closed early that day to take his wife, Marilyn, to their 49th anniversary dinner or he might have caught it earlier.

No one was hurt and there was no estimate of damage.

"Most of it was smoke damage," he said. "They broke down the front door and the door to the service department to get at the fire. But it wasn't as bad as it seemed.

"We started repairs right away. I was there Saturday. We reopened for business Monday. I expect we'll have the lights back on at noon today (Tuesday)."

Barker's typewriter repair business dates back to 1932, the year he was born, when his father, Edward, began selling and fixing the popular brands, Remingtons, Royals, L.C. Smiths and Coronas.

They were still the most important writing machines in 1948 when Bob and his brother, Lou, took over the business after their father was hurt in an auto accident.

Another brother, his twin, Dick, operated Barker's office supply store in Quincy Square for many years before falling victim to the big boxes like Staples and Office Max.

Dick is now living in retirement in California.

Over the years, Barker's business has expanded from manual typewriters to include those operated electrically as well as copiers and fax machines. Business has dropped off since computer came..

"Twenty years ago," said Barker, "we had three full-time mechanics, a bookkeeper and I was the salesperson. Now there's myself, my son and a part-time bookkeeper.

"We do a lot of IBMs and other electrics but everything is electronic now. Electrics are mechanicals you plug into a wall. Electronics operate off a circuit board."

Son Gerald handles the service work on the electronic word processors, giving the Quincy Typewriter Service a modern touch. The young Barker installed an computer for his father but the elder Barker won't touch it.

Barker has worked on typewriter keyboards in German and French, but no Japanese or Russian Cyrillic, and every now and then he is surprised with a new request from a customer.

"I had a call yesterday," he said, "from a woman who wanted a coin-operated typewriter like they have in the library. I had to tell her the coin turned on the electricity, not the typewriter."

When he isn't repairing broken typewriters, Barker may be found working on the 1913 Model T Ford he has in the garage of his home on Middle Street in East Weymouth.

In the past, he has also owned a 1922 Maxwell and a 1922 Model T Ford Sedan, which he used to drive occasionally in antique auto parades.

"I sold them," he said. "I had no place to put them."

But he still has a place to put old typewriters which not even a fire can take away from him.

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Quincy Officer Dies In Motorcycle Mishap

Police from all corners of New England and beyond are headed to Quincy today for the funeral of one of their own, Officer James Cochrane, who died Sunday, a day after he was thrown from his motorcycle in a collision with an automobile.

Cochrane, 38, an eight-year member of the Quincy police motorcycle unit but off duty at the time, was making a left turn across traffic on Southern Artery Saturday when he collided with a Ford Focus and was thrown 25 feet and lost his helmet..

Obituary On Page 26

He was taken to Boston Medical Center where he died Sunday afternoon.

"Jamie was a genuinely nice individual," said Police Chief Robert Crowley. "He always had a smile on his face. I don't think I have ever seen him in a bad mood."

Police said the driver of the Ford Focus in the accident, Michael Brown, 42, of Quincy, will be charged with misdemeanor vehicular homicide, failure to yield and driving to endanger.

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Delahunt Forum Tonight On Academy Nominations

Congressman Bill Delahunt will sponsor an information forum tonight (Thursday) for local high school students and their families interested in educational opportunities at US Service Academies.

BILL DELAHUNT

The two-hour forum is scheduled for 7 p.m. at the Martison Elementary School, 275 Forest St., Marshfield. It open and free-of-charge to all southeastern Massachusetts residents. Registration begins at 6:30 p.m.

The session will feature admissions representatives from the US Military Academy (West Point, NY), Naval Academy (Annapolis, MD), and Air Force Academy (Colorado Springs, CO) as well as the Coast Guard Academy (New London, CT), Merchant Marine Academy (Kings Point, NY), Norwich University (Northfield, VT), and Massachusetts Maritime Academy in Buzzards Bay. Also participating will be officials of the Reserve Officers Training Corps (ROTC) scholarship program.

Forum participants will outline procedures for pursuing a congressional nomination to the academies. Tenth Congressional District residents who graduate from high school by June 2006 are eligible to apply for the academic year 2007-2008. The application deadline for next year's potential nominees is Nov. 1.

All applications are evaluated over a period of several months by the Tenth Congressional District Academy Nominee Selection Committee. The names of the students recommended by the committee will be forwarded by Delahunt to the respective academies, where they compete for final admission and appointment.

For additional information on the forum or about the nomination process, call Delahunt's office, toll-free, at: 800-794-9911. In addition, application forms are available online through the congressional website at www.house.gov/delahunt/svcacad.htm.

QATV Open House Sept. 23

Quincy Access Television will hold their 4th annual Open House Saturday, Sept. 23, from 10 a.m. -2 p.m. at the station, 88 Washington St., next to the Thomas Crane Public Library.

The event is open invitation to view the QATV studio with a tour of the facilities, and the new mobile production truck. Participants may watch the production of a live show and learn about public access television, and how to produce a television show. Refreshments will be served.

For more information call Elizabeth Campbell at 617 376-1443.

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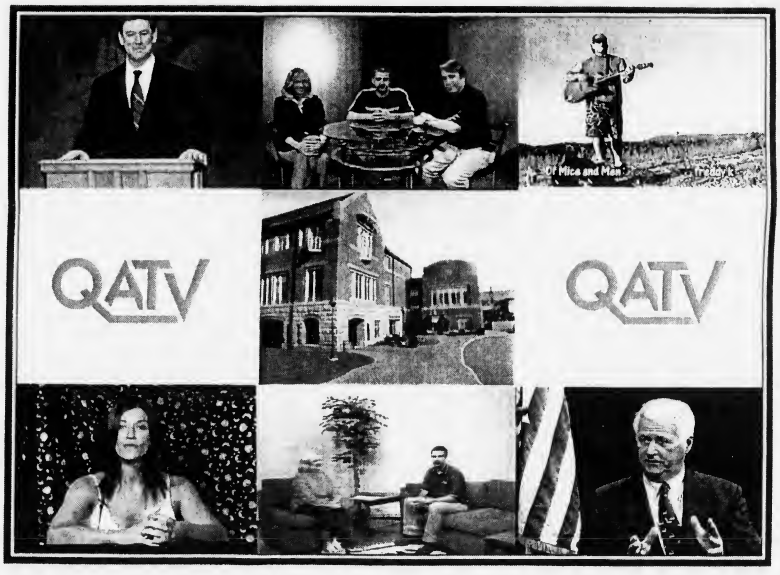

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International Buffet Changing To China Pearl

By MARIE D'OLIMPIO

For those who have enjoyed dining at the International Buffet at the Kam Man Plaza at Quincy Ave., for almost seven years, a new "tea and dining experience" awaits as it will be changed to a dim sum type restaurant called China Pearl.

The License Board Tuesday gave its unanimous approval for the new concept and granted the transfer of the common victualer, all alcoholic restaurant license presently held by New York Super Buffet, Inc. doing business as the International Buffet to L & M Enterprises.

The vote of approval is with the condition that any interior construction has to be approved by the city's Inspectional Service, headed by Jay Duca.

Yu Mei Zheng will remain as manager.

Atty. George H. Neos, Jr. representing the restaurant said the new dining experience will include a series of Asian entrees served in a dim sum method.

Waiters and waitresses will go around each table of four with small steam tables featuring steamed shrimp, vegetables and many other dishes. Patrons will choose one or two items which Noes called 90 percent "dietetic".

Noes said instead of eating food from a buffet which has been there all day, the new restaurant will have sit down dinners and customers can choose what kind of tea from several different kinds. Noes said the tea is free.

Noes said because of the increase in the Asian community, the restaurant will also have a function room for weddings, birthdays and other events which makes it the first Asian eatery in Quincy to have such a room, he said.

Brian Moy, manager of the LLC Enterprise said the new concept will gradually take place as renovations are completed.

Chairman Joseph Shea said the change now needs the approval of the Alcohol Beverage Control Commission. (ABCC)

LICENSE BOARD BRIEFS

The License Board took the following action t Tuesday's meeting.

•Granted a one day permit to Lucia Treggiari for the 3rd annual Chowder Festival at the Marina Bay Skilled Nursing & Rehabilitation Center, 2 Seaport Drive, Sunday, Sept. 24 from 2 to 4 p.m.

•Granted a one day permit to the Beechwood Knoll School PTO, 225 Fenno St. for the 9th Annual Fall Festival, Saturday, Oct. 9 from 10 a.m. to 3 p.m. H. Scott Smith is PTO vice president.

•Granted a permit to Maralin Manning, executive director of the Quincy Business Association for the 16th annual Harvest Festival, Saturday, Oct. 21 from 10 a.m. to 5 p.m.

•Granted a one day permit to Dorothy Francis, president of the Gama Phi Beta at Quincy Collage to hold a car wash at Wal-Mart Saturday, Sept. 23 from 10 a.m. to 2 p.m. Proceeds will benefit Big Brother,Big Sister.

•Granted a one day extension of premises to the Robert J. Nickerson Post in Squantum for the Annual Clambake Saturday, Sept. 16. from 2 p.m. until closing.

•Granted a self service license to Fouad Alzaiak, doing business as Quincy Gulf, 9 Franklin St. Even though the cost will be around $50.000, Alazaiak said the move will save him money on payroll. He said the pumps will have to have a fire alarm on top of each as well as space for credit cards.

•Continued until Sept. 26 a request of Saturn Auto Body, Inc. Francis Devine, manager for transfer of the garage/repair & Motor II licenses presently held by Devco, Inc., 251 Water St. Atty. Louis A. Cassis .

•Continued until Sept. 26 a requests of the Sons of Italy, 120 Quarry St. for a change of manager from Louis Arienti to Daniel Grant.

•Granted a common victualer to Newport Liquors, doing business as Richard's Market, 243-247 Atlantic St. for a common victualer license.

•Granted to Jimmy Liang permission for the Chinese United Association Headquarters, USA, 665 Hancock St. for a meeting Sunday from 11 a.m. to 2 p.m.

Police Chief Robert Crowley said the closing of Hancock, Beale and Cushing is not possible, but instead there will be " no parking signs" posted on those streets.

He also asked Laing to hire a police detail for the event.

•Granted a one day permit to Patti Jaehning for a three mile walk conducted by the American Lung Association in memory or her father who died four years ago with cancer. The walk will start at Pageant Field at 10 a.m. and return at 2 p.m. Proceeds will benefit the American Lung Assoc.

•Granted a one day beer and wine license to Margaret LaForest for the Houghs Neck Community Council Chowder Contest Sept. 24 at the Houghs Neck Maritime Center from 2 to 6 p.m. Ward 1 Councillor Leo Kelly, who endorsed the event, will be the judge for the competition. He said the contest is open to everyone.

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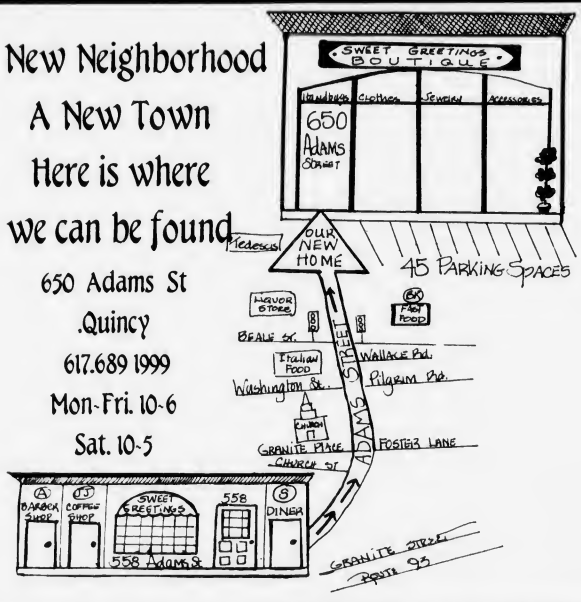

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The Quincy Sun

9th Annual Quincy ArtsFest This Weekend

The 9th annual Quincy Arts Fest will take place this weekend at the Richard J. Koch Park & Recreation Complex, 1 Merrymount Parkway.

Saturday hours are 10 a.m. to 5 p.m. and Sunday, 10 a.m. to 4 p.m. The event is sponsored by the city and Quincy Access Television.

"The city of Quincy is proud to support an event that features some of the finest artistic talent in the region," said Mayor William Phelan. "I extend my thanks to Quincy Access Television for their continued support of this event and commend their efforts and the success they continue to experience in the field of visual arts."

The Quincy ArtsFest features a Juried Art show, Juried Photography show, Quincy Art Association Members' show and a Young Artists' show. Awards will be presented in multiple categories, including a $5000 prize for Best in Show. This year's display has more than 400 entries from the artists and photographers from the South Shore and Greater Boston area.

In addition to the art exhibit, there will be live entertainment throughout the weekend. The complete entertainment schedule:

SATURDAY

10 a.m. - 12 noon: Koo Koo the Clown. Koo Koo brings his comedic magic show and juggling skills to the main stage of ArtsFest. Be sure to catch his "Strolling Buffoonery" as he mingles with the crowd.

11 a.m.-2 p.m.: Caricature Artist, Face Painting.

1-3 p.m.: Riverside Repertory Company: Join this troupe of talented young folks as they sing and dance their way through the Great American Songbook.

SUNDAY

10:30 a.m.-1 p.m.: Caricature Artists.

11 a.m.-2 p.m.: Face Painting.

12 noon: Forbes School of Irish Dance.

1 p.m.: St. Kevin's Alumni Drum & Bugle Corps.

There will be children's activities all weekend, including mini sailboat decorating, pumpkin decorating, ornament design and much more. There will also be a food court featuring pizza, hot dogs, popcorn and other treats and refreshments.

Approximately 20 local crafters will have their specialties on display. Raffles will be conducted and select artwork will be available for purchase. Art demonstrations will take place throughout the weekend focusing on watercolor, portraits, pastel and pottery.

"I strongly encourage residents to join me in participating in this family-oriented, weekend-long celebration of the arts in beautiful Merrymount Park," Phelan said.

The event officially kicks off with an invitation only awards reception Friday evening.

For information contact the Quincy Park Department at 617-376-1251.

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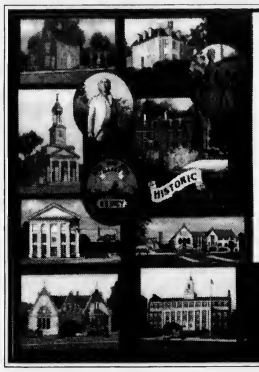

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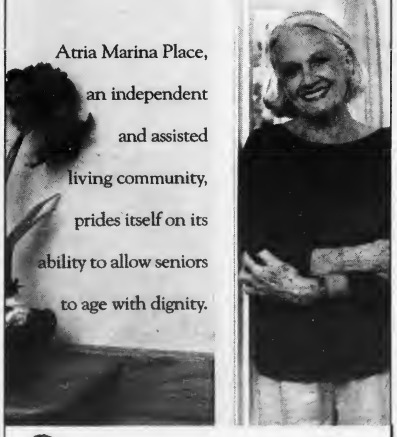

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REAL ESTATE

By Samantha Mazzotta

Gummy Smudge Tests Patience

Q: I would be most grateful if you could advise me how to remove the gummy smudge that I created while trying to remove a price label from the dust cover of a 1980s-era phonograph. I'm not sure what the cover is made of — vinyl, perhaps — but I ruined the looks trying to pick the tag off, and I have to put a book on top to cover the mess. How can I get it nice and clear again? — *Shirley W., Staatsburg, N.Y.*

A. Start by trying plain old dish soap and water, and a lint-free soft cloth that won't scratch the clear plastic. (Unplug the record player and lay towels around the spot to be cleaned so water doesn't drip onto sensitive parts of the equipment.) Dip a corner of the cloth in the soapy water and dampen the gummy area, let it soak for a couple of minutes, and gently rub back and forth. The water, soap and friction have the best chance of clearing up that gummy label residue, although it may take several tries to do so.

Another possible solution utes, then rub with a cotton cloth. Cooking oil or even an all-purpose lubricating oil could work, too.

If the plastic isn't clear, after soaking I would recommend scraping away the smudge with a putty knife or even a razor blade. But that and the use of any solvents that might react with the plastic could leave a permanent mark. Auto parts stores do sell ice scrapers with plastic-coated edges that reduce scratches on windshield glass, so you could give one a try.

In any case, be patient — work at the smudge with nonabrasive materials, and if in doubt, hold off. That smudge is temporary — if tough to remove — but care must be taken during the cleaning process to prevent permanent damage. If it doesn't come clean and you have to put the book over it again, play to your strengths: Put a copy of "Hamlet" or something over the stain. That way, visitors will be impressed with your pursuit of knowledge and your taste in music, all in one.

Send questions or home repair tips to homeguru2000@hotmail.com, or write This Is a Hammer, c/o

How To Make Wise, Informed Decisions

Take Control Of Energy Costs

By JEFFREY MAYER

(NAPS) This sumnier, Americans found themselves facing yet another oil shortage, with prices at the pump approaching record highs. The U.S. Energy Secretary recently said that the climbing gas prices are a "crisis" for the country and "families are hurting."

The facts are inescapable, and we can't afford to sit around hoping that prices will drop, the waiting period might never end. We are grappling with an increasingly severe energy crisis that promises long-term consequences for all, especially families and small businesses. Now more than ever, consumers need to be made aware of every option available to them that could provide protection from steeper energy bills in the future.

It often seems like there is nothing we can do during times such as these. After all, how can we stop buying gas for our cars? We still need to get to work, take our kids to school, and run our daily errands. Simply put, we cannot stop living. We also cannot rely on government to come up with a plan that will soften the bite that energy costs take out of our wallets.

However, there is something we can do. We can make wise and informed decisions about how we consumer energy in our homes.

Last winter, millions of homes and businesses that rely on natural gas for their energy needs saw their bills climb as natural gas prices rose. This was due in large part to the effects of Hurricane Katrina, which disrupted the operations of approximately 20 percent of our natural gas supply. If we had actually experienced a rough winter, natural gas prices could have been double or triple what we saw.

While we are obviously unable to control unpredictable factors such as geopolitical crises, natural disasters or unusually cold winters, something we can take direct control over is our heating bills. Energy suppliers are finally giving homeowners and small business owners the tools to do what large companies have done for years: control the financial impact of energy volatility.

Today, prices for natural gas are at their lowest levels since Katrina hit the Gulf Coast nearly a year ago. Given the volatile nature of energy prices, now is an excellent time for consumers to take control of their energy bills by choosing their energy providers and enrolling in a fixed-rate plan. customers are insuring themselves against future increases in natural gas prices. If history is any guide, this is one of the most sensible things a consumer can do to lessen the financial impact of the constantly fluctuating demand for energy.

In the long run, the threat of rising energy costs underscores the need for a more concerted effort by energy suppliers to educate families and small business owners about options that will allow them to take control of their own energy bills. By taking action to lock in rates, consumers can protect themselves from future energy crises that are likely to put a severe strain on their pocketbooks or cut into profit margins. Taking control will allow them to sleep a little easier knowing that they are in charge.

Mayer, an expert in the field of energy risk management, is the president and CEO of MXenergy. For more information visit www.mxenergy.com.

Maureen Mazrimas Receives Certificate From REALTOR Magazine

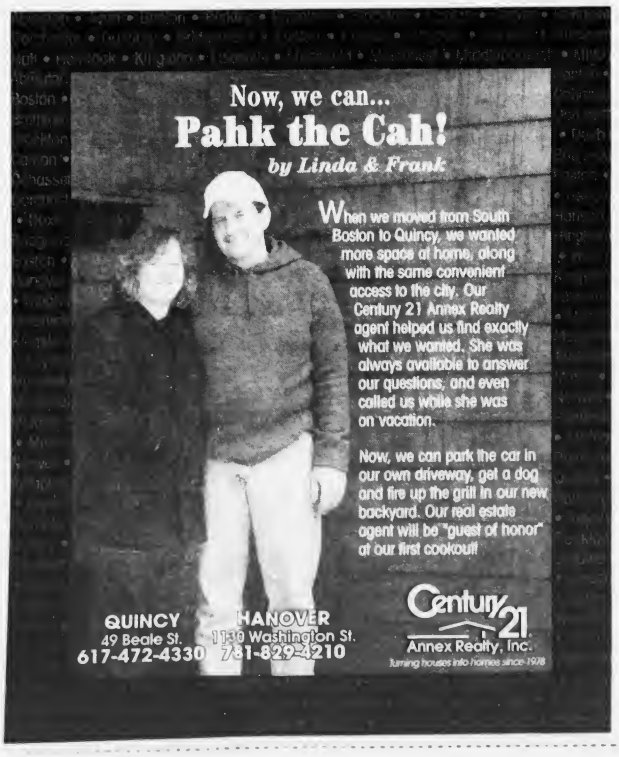
Friends of Star of the Sea Co-Chairperson Maureen Mazrimas was recently presented with a Certificate of Merit from REALTOR Magazine for her dedication to community service.

The certificate reads, "The National Association of Realtors and REALTOR Magazine thank you for this unselfish commitment to improving the quality of life for others."

MAUREEN MAZRIMAS

The certificate recognizes Mazrimas' work with several community organizations, but especially recognizes her work with the Friends of Star of the Sea – the group fighting to reestablish the faith community of Star of the Sea in Squantum to full "parish" status.

"I am very proud of Maureen for receiving this notable award," said Sean Glennon, co-chairperson of Friends of Star of the Sea. "Maureen has worked tirelessly and has volunteered countless hours for community organizations over the years. It is an honor for me to be her friend and to serve with her on the Friends of Star of the Sea executive committee."



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(NAPS) Homeowners who have already secured their dream home know what a great investment they've made.

However, millions of renters continue to have misconceptions about the home-buying process, often delaying a purchase by saying "it's too complicated" or "interest rates are too high." What renters don't realize is that in the long term they can't afford *not* to buy a home, particularly as rents start to increase in many parts of the country.

For many Americans, owning a home is the cornerstone of their financial wealth. Building equity in a home, combined with tax advantages offered by both federal and state governments, has driven home ownership to record levels. Currently, according to the U.S. Census Bureau, 68.7 percent of American households have chosen home ownership over renting for these as well as other reasons. •

Buying a home is not as complicated as it may seem. As with any large investment, it's important to thoroughly understand the purchasing process and the obligations associated with taking out a mortgage. Over the years, reputable mortgage institutions, such as GMAC Mortgage, have made the home-buying process simple and easy to manage for potential homebuyers, especially first-time buyers.

Information on many commonly asked questions about buying a home for the first time is available at www.gmacmortgage.com. For Latino consumers, the company offers bilingual loan officers who can provide information either in person, in selected markets or by telephone, by calling the company's toll-free hotline 888-330-4622.

The company's website also features a renting vs. owning calculator, which can help a consumer determine the difference between the two based on the actual rent that a consumer pays now or may pay in the future.

One of the key steps in determining whether someone should become a homeowner versus a home renter is understanding how the amount they dedicate each month to paying for shelter could better serve them through the building of equity.

For example, a renter with a monthly rent payment of $600, after five years will have spent $36,000 on rent. In 10 years, that number rises to $72,000. That's a large amount paid with no equity in return.

Now, if the same amount were applied to paying a mortgage, a portion of each month's payment would go toward paying down the principal (the price the home was purchased at, less a downpayment), which would allow them to build ownership in the property.

In addition, the interest paid each month, as well as the property taxes, may be deductible on federal income taxes, a tax advantage not available to renters. This may be checked by a local tax advisor or the International Revenue Service.

On the flip side, probably the most important advantage of renting is the flexibility it offers in terms of moving. The mortgage industry understands this concern and has created numerous financing products that allow a home-owner to better manage his or her cash flow as it relates to anticipated changes, such as moving to a larger home, relocation or other financial pressures. A mortgage professional can help to better understand the types of financing options available to suit individual circumstances.

Historically speaking, interest rates remain at their lowest levels in years. When thinking about owning a piece of the American Dream, contact a mortgage professional to learn more about mortgages and to better understand the advantages of owning versus renting.

Quincy Community Action Programs Homeownership Workshop Sept. 16-17

Quincy Community Action Programs (QCAP) will hold a free homeownership workshop Sept. 16 and 17.

The 10-hour program will be held from 8:30 a.m. to 1:30 p.m. at QCAP, 1509 Hancock St., fourth floor, Quincy.

The workshop will focus on the buying process from start to finish, including determining what price is within a buyer's budget, locating a property at that price, negotiating for the home, applying for a mortgage, inspecting and insuring the property, and closing the deal.

Experts will include a real estate broker, an attorney, a home inspector, two mortgage lenders and QCAP counselors.

The workshop is open to all regardless of income level. QCAP is a CHAPA, MHFA and HUD approved First Time Homebuyer Counseling Agency. Participants who attend both sessions can obtain completion certificates which are pre-requisites for various mortgage assistance programs for qualified first-time homebuyers, especially City of Quincy, MHFA and QCAP.

Registration is required. To register or for more information, contact Kerri Clifford at 617-479-8181, ext. 119.

Computer Seminar At Registry Of Deeds Today

Register of Deeds William O'Donnell will host an informational seminar on computer assisted land records research at the Registry of Deeds in Dedham, Thursday, Sept. 14 from 4:30 to 5:30 p.m.

The seminar is intended for both real estate professionals and the public. the program will include a brief presentation, written reference materials, and hands-on exercises.

There will be opportunities for basic and advanced questions and answers.

Computer assisted land records research is available at the Registry and on the Internet at www.norfolkdeeds.org.

"The services have proven valuable tools for customers, and we hope that this seminar will be helpful and informative," O'Donnell said.

The seminar is free. Persons planning to attend should register by phone (781-461-6116).

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QUINCY POLICE HOT SPOTS

QUINCY POLICE STATISTICS: Sept. 1 - Sept. 7
Total Calls for Service: 1,292
Total Arrests: 31
Total Stolen Cars: 3

FRIDAY, SEPT. 1

VANDALISM/PROPERTY, 1:14 a.m., Varsity Club, 33 Independence Ave. Past. Flagged down by victim at 60 Franklin St. about two tires being slashed.

VANDALISM/PROPERTY, 2:34 a.m., Granite Links Golf Course, 100 Quarry Hills Dr. Past. Caller reporting three sone markers kicked over.

VANDALISM/PROPERTY, 8:49 a.m., 93 Stedman St. House/car. Entire vehicle scratched, also had damage to property. Vehicle keyed.

VANDALISM/PROPERTY, 11:25 a.m., Avenue Auction Sales, 80 Myrtle St. Spray paint. Door to business was spraypainted, second occurrence this week.

LARCENY, 12:55 p.m., Eastern Bank, 731 Hancock St. By check. Victim's checkbook was stolen in Somerville. One check was forged and cashed at this branch.

VANDALISM/PROPERTY, 1:16 p.m., 37 Keyes St. Car keyed. Two large V-shaped marks on passenger side and keep key marks left up the passenger side as well.

VANDALISM/PROPERTY, 4:15 p.m., 981 Hancock St. To motor vehicle. Passenger side rear door and panel keyed.

LARCENY, 6:47 p.m., Beachcomber, 797 Quincy Shore Dr. Speakers.

VANDALISM/PROPERTY, 8:55 p.m., Atlantic Middle School, 86 Hollis Ave. Past. Victim's rear window smashed in.

SATURDAY, SEPT. 2

ARMED ROBBERY, 12:18 a.m., 147 Newbury Ave. Delivery man. Domino's delivery man was robbed. Stated he had a knife, possibly blonde youth with short hair. Suspect wearing a gray hooded sweatshirt.

VANDALISM/PROPERTY, 1:35 a.m., Evolution Color Design, 1459 Hancock St. Front window.

VANDALISM/PROPERTY, 7:51 a.m., 191 Beach St. Car window. Driver's side window broken.

VANDALISM/PROPERTY, 8:40 a.m., 180 Billings Rd. Car window. Driver's side window smashed.

VANDALISM/PROPERTY, 2:13 p.m., 293 Whitwell St. Window. Caller's back window broke while driving down Whitwell St.

VANDALISM/PROPERTY, 2:40 p.m., 1073 Hancock St. Window.

LARCENY, 5:44 p.m., 56 Harriet Ave. Cooler. Group of youths stole his cooler full of beer and took it behind his yard by the dike. Also stole lawn chairs. Accessed yard by hopping the fence.

VANDALISM/PROPERTY, 57:24 p.m., 14 Albany St. To house. Group of youths came by looking for a fight. Attempted to get in the house. Threw various items off of the house damaging it. Youths fled. No damage to house, group of youths advised and sent on way.

LARCENY, 9:48 a.m., 110 Curtis Ave. Past. Caller's cell phone was taken by someone known.

SUNDAY, SEPT. 3

VANDALISM/PROPERTY, 11:59 a.m., 803 Southern Artery. Air let out of all four tires. Also license plate bent, . Vehicle was also keyed: left side front quarter and rear quarter.

VANDALISM/PROPERTY, 12 noon, 299 Whitwell St. Broken glass. Planter thrown through the window.

LARCENY/MOTOR VEHICLE, 12:32 p.m., 1035 Hancock St. 2002 Buick Regal, color white.

LARCENY, 1:32 p.m., Fu Shen Beauty, 1245 Hancock St. Arrest made. Pocketbook just taken from the table.

VANDALISM/PROPERTY, 1:40 p.m., Presidents Plaza, 215 Quincy Ave. To motor vehicle.

ASSAULT AND BATTERY, 4:30 p.m., 19 Penn St. - across. Falling down. Heavy set male wearing a white shirt, blue jeans. Male arrested for assault and battery on a police officer and resisting police.

LARCENY, 6:45 p.m., Tedeschi Food Shop, 1250 Hancock St. Past. White male wearing dark tee-shirt, wearing shorts fled on foot out of store carrying a bag unknown direction. Unknown items taken.

MONDAY, SEPT. 4

VANDALISM/PROPERTY, 1:11 a.m., Quincy Rehab Nursing Center, 11 McGrath Highway. Youths. Arrest made. While walking square, Ptl. Nabstedt observed youths spray motor vehicle with a fire extinguisher. One arrest for malicious damage. One under arrest for wanton destruction of real property.

VANDALISM/PROPERTY, 5:20 a.m., 1193 Sea St. Tagging. Graffiti appears to have been spray painted over.

LARCENY, 1:24 p.m., 70 Quarterdeck Rd. Past. Keys returned to victim.

VANDALISM/PROPERTY, 1:48 p.m., 100 Willard St. Car keyed.

LARCENY, 8:58 p.m., Wash Dry, 236 Washington St. Money.

VANDALISM/PROPERTY, 11:57 p.m., Channing St. Window. Officers report broken cargo window on vehicle.

TUESDAY, SEPT. 5

LARCENY, 12:51 a.m., 123 Elm St. Fare evasion. Parties made a roundtrip to Germantown and never came back out of the apartment. They owe the driver $20. Unable to locate parties.

BREAKING AND ENTERING/PAST, 8:10 a.m., Safelite Auto Glass, 166 Washington St. Business. Happened over the weekend. No sign of forced entry. Money missing from locked cabinet.

VANDALISM/PROPERTY, 8:13 a.m., 37 Keyes St. Motor vehicle.

LARCENY, 11:30 a.m., 87 Franklin St. Sewer covers stolen from the rear of above.

LARCENY/MOTOR VEHICLE, 12:04 p.m., TJ Maxx, 100 Granite St. Just taken. 1998 Dodge Dakota pick-up truck taken in front of the building. Florida plates.

LARCENY, 12:19 p.m., Olympia Sports, 100 Granite St. Bank bag missing.

1:53 p.m., 10 Glenwood Way. Past. Report submitted on malicious damage, tire slashed on victim's car Sept. 1.

LARCENY, 3:17 p.m., 38 Parkhurst St. Lawnmower. Toro red lawn mower, worth approximately $100.

BREAKING AND ENTERING/PAST, 6:45 p.m., YMCA, 79 Coddington St. Padlocked locker was broken into; keys to car taken, then car entered and a wallet stolen from glovebox.

WEDNESDAY, SEPT. 6

VANDALISM/PROPERTY, 11:37 a.m., 263 West St. Fence damage. Pieces of plastic fence torn off overnight.

LARCENY, 5:56 p.m., 40 Nelson St. EBT card. Card was stolen Sept. 2 and then used at the 7-11 Store, 75 Copeland St. without authorization. Card was then left on kitchen counter at theft site.

LARCENY, 6:12 p.m., South Shore Day Care Center, 146 East Squantum St. Past. $150 stolen from pocketbook.

VANDALISM/PROPERTY, 6:16 p.m., 291 Sea St. To home. Windows being smashed by rocks.

UNARMED ROBBERY, 6:30 p.m., Holmes St. and West Squantum St. Purse snatching. White male, 28-30, scruffy looking, jeans black and white sneakers, blonde, Adidas bag, blue Patriots t-shirt stole older woman's pocketbook and fled behind #14. He dropped pocketbook and victim has it back.

VANDALISM/PROPERTY, 8:59 a.m., 188 Atlantic St. Past. Motor vehicle keyed in the driveway. Side doors.

VANDALISM/PROPERTY, 9:11 p.m., 333 Victory Rd. Motor vehicle scratched.

BREAKING AND ENTERING/PAST, 9:21 p.m., 55 Macy St. Garage. Garage entered, no sign of force. Three red tool boxes with tools stolen.

THURSDAY, SEPT. 7

VANDALISM/PROPERTY, 1:23 a.m., Seawinds Condominiums, 90 Quincy Shore Dr. Eggs at cars. Four cars hit with eggs, no permanent damage.

LARCENY, 7:44 a.m., Star Market, 130 Granite St. Handbag.

BREAKING AND ENTERING/ATTEMPT, 7:56 a.m., 47 Martensen St. Dwelling. States someone attempted entry via the back door, it is all splintered.

VANDALISM/PROPERTY, 8:39 a.m., Ginger Betty's, 215 Samoset Ave. Vandalism.

BREAKING AND ENTERING/PAST, 10:31 a.m., 299 Common St. Dwelling. No signs of forced entry. HP camera, Canon camera, Konica Minolta camera, Samsung camcorder, Bomissie watch, two checkbooks, two Brazilian passports and one Brazilian immigration visa were stolen. Property taken in the break was later observed in the rear seat of a motor vehicle.

BREAKING AND ENTERING/PAST, 11:17 a.m., 10 Copeland St. Dwelling. Door lock damaged to gain entry. Safe broken into; $10,000 in cash, passports and visas were stolen. A laptop was also taken.

VANDALISM/PROPERTY, 11:56 a.m., 182 Common St. Motor vehicle damage. Windshield smashed overnight.

VANDALISM/PROPERTY, 12:28 p.m., 19 McDonald St. To vehicle. Front windshield smashed sometime overnight.

VANDALISM/PROPERTY, 4:34 p.m., Quincy District Court, 1 Dennis F. Ryan Parkway. Past. Entire length of right side scratched or keyed; right rear tire punctured.

LARCENY/MOTOR VEHICLE, 6:18 p.m., 23 Centre St. Female screaming. Complaint sought for larceny of a motor vehicle. 2003 Chevy Monte Carlo, color red.

BREAKING AND ENTERING/PAST, 7:14 p.m., 299 Common St. Dwelling.

❑

If you have information on the above crimes, or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764**. If you wish to report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. If you wish to make an appointment to view the **Registered Sex Offenders** book, call **617-745-5768**.

If you wish to contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us--*Lt. Dan Minton*.

A Job Well Done

On Sunday, Sept. 3, at approximately 1:30 p.m., Officer James Cassidy was dispatched to the Fu Shen Beauty Salon on Hancock Street in Quincy Square to investigate a larceny.

LT. DAN MINTON

Upon arrival, the officer interviewed a female employee who stated she just had her black leather handbag stolen from the salon. She added she believed a customer and her friend took the bag.

Cassidy provided a description of the suspects to all patrol units in the area and obtained further information. The male had a ponytail, which helped searching officers. Detective Ralph Willard notified communications that he saw a couple matching the description walking south past Dunkin' Donuts in Quincy Square.

The victim said she left her bag on the floor adjacent to where customers wait for service. She told Cassidy a man (suspect No. 1) was sitting next to where the bag was while waiting for the female (suspect No. 2) having her eyebrows waxed. The victim said it was only seconds after they left that she noticed her bag missing. She said the bag had a cell phone and a wallet with $20 in cash.

Minutes later, Officers David Pacino and Tom Pepdjonovic, who were working the area in plain clothes and in an unmarked car, found the couple in the parking area of the Fours Restaurant. As the officers identified themselves, they also noticed the female had freshly manicured eyebrows and the male had a ponytail.

When asked if they had been at the beauty salon, suspect No. 2 confirmed she had her eyebrows waxed. Pacino asked her if she knew anything about a handbag missing from the salon and she said she did not and opened her handbag to let the officers look in.

Pacino observed in plain view a plastic bag containing six hypodermic syringes and a silver metal cap holding a dark substance consistent with heroin. The officers questioned the suspects further and both suspects admitted they took the handbag, but stated it was a misunderstanding.

Suspect No. 1 said he thought the bag was suspect No. 2's bag so he put it inside her bag. Suspect No. 2 said when suspect No. 1 told her, she took the bag out of her bag and left it on a bench in front of the Stop & Shop office building on Hancock Street.

The officers made note in their reports that the handbags did not look alike; the victim's being black leather while suspect No. 2's syringe-filled cloth handbag was maroon and white. Willard located the stolen handbag on the bench and proof inside that it was that of the victim and returned it to the victim, who said the only thing missing was the $20 in cash.

Cassidy placed both suspects under arrest. Suspect No. 1, a 48-year-old Hyde Park resident, was charged with "Larceny Over $250 (leather handbag/contents)" and suspect No. 2, a 28-year-old Quincy resident, was initially charged with "Larceny Over $250" and "Possession of Class A Drug."

During the inventory search of her property, four small yellow pills in a container attached to her key chain believed to be Clonopin were found. Suspect No. 2 said she had a prescription at home for the pills, but since she did not have the pills in a prescription bottle nor the prescription with her, she was additionally charged with "Possession of Class E Drug." Photos of the recovered handbag were taken and returned to the victim. Nice work!

In this case, the victim provided the suspects with an opportunity. It is unlikely the suspects came in looking to commit a crime, but not having much ethics, succumbed to the opportunity.

The victim was fortunate to have the handbag back, minus the $20. Aside from the cost of the bag itself, replacing the cell phone with all your personal information as well as many sentimental items can be a tedious task. Think of all the credit cards, debit cards, bankbooks and other personal/financial information that you may carry around in your purse or wallet. How long would it take to notify all the companies that your documents have been stolen?

What if you didn't make all the notifications? For some people, they carry so many forms of identification in their handbags or wallets, they can't remember what is in there and this is often the initial step for a criminal to steal your identification. Even a library card and other minor forms of identification can be sufficient for a criminal to become you! Now is a time to think about what you really need to carry around. There is even a credit card company television commercial asking you, "What's in your wallet?"

Sept. 19 State Election Primary Sample Ballots

SAMPLE REPUBLICAN BALLOT

SENATOR IN CONGRESS — Vote for ONE
- KENNETH G. CHASE
- KEVIN P. SCOTT
- DO NOT VOTE IN THIS SPACE. USE BLANK LINE BELOW FOR WRITE-IN

GOVERNOR — Vote for ONE
- KERRY HEALEY
- DO NOT VOTE IN THIS SPACE. USE BLANK LINE BELOW FOR WRITE-IN

LIEUTENANT GOVERNOR — Vote for ONE
- REED V. HILLMAN
- DO NOT VOTE IN THIS SPACE. USE BLANK LINE BELOW FOR WRITE-IN

ATTORNEY GENERAL — Vote for ONE
- LARRY FRISOLI
- DO NOT VOTE IN THIS SPACE. USE BLANK LINE BELOW FOR WRITE-IN

SECRETARY OF STATE — Vote for ONE

TREASURER — Vote for ONE

AUDITOR — Vote for ONE

REPRESENTATIVE IN CONGRESS — Vote for ONE
- JEFFREY K. BEATTY
- DO NOT VOTE IN THIS SPACE. USE BLANK LINE BELOW FOR WRITE-IN

COUNCILLOR — Vote for ONE

SENATOR IN GENERAL COURT — Vote for ONE

REPRESENTATIVE IN GENERAL COURT — Vote for ONE

DISTRICT ATTORNEY — Vote for ONE

CLERK OF COURTS — Vote for ONE

REGISTER OF DEEDS — Vote for ONE

COUNTY COMMISSIONER — Vote for ONE
- THOMAS E. GORMAN
- DO NOT VOTE IN THIS SPACE. USE BLANK LINE BELOW FOR WRITE-IN

SAMPLE DEMOCRAT BALLOT

SENATOR IN CONGRESS — Vote for ONE
- EDWARD M. KENNEDY
- DO NOT VOTE IN THIS SPACE. USE BLANK LINE BELOW FOR WRITE-IN

GOVERNOR — Vote for ONE
- CHRISTOPHER F. GABRIELI
- DEVAL L. PATRICK
- THOMAS F. REILLY
- DO NOT VOTE IN THIS SPACE. USE BLANK LINE BELOW FOR WRITE-IN

LIEUTENANT GOVERNOR — Vote for ONE
- DEBORAH B. GOLDBERG
- TIMOTHY P. MURRAY
- ANDREA C. SILBERT
- DO NOT VOTE IN THIS SPACE. USE BLANK LINE BELOW FOR WRITE-IN

ATTORNEY GENERAL — Vote for ONE
- MARTHA COAKLEY
- DO NOT VOTE IN THIS SPACE. USE BLANK LINE BELOW FOR WRITE-IN

SECRETARY OF STATE — Vote for ONE
- WILLIAM FRANCIS GALVIN
- JOHN BONIFAZ
- DO NOT VOTE IN THIS SPACE. USE BLANK LINE BELOW FOR WRITE-IN

TREASURER — Vote for ONE
- TIMOTHY P. CAHILL
- DO NOT VOTE IN THIS SPACE. USE BLANK LINE BELOW FOR WRITE-IN

AUDITOR — Vote for ONE
- A. JOSEPH DeNUCCI
- DO NOT VOTE IN THIS SPACE. USE BLANK LINE BELOW FOR WRITE-IN.

REPRESENTATIVE IN CONGRESS — Vote for ONE
- WILLIAM D. DELAHUNT
- DO NOT VOTE IN THIS SPACE. USE BLANK LINE BELOW FOR WRITE-IN.

COUNCILLOR — Vote for ONE
- CHRISTOPHER A. IANNELLA, JR.
- DO NOT VOTE IN THIS SPACE. USE BLANK LINE BELOW FOR WRITE-IN

SENATOR IN GENERAL COURT — Vote for ONE
- MICHAEL W. MORRISSEY
- DO NOT VOTE IN THIS SPACE. USE BLANK LINE BELOW FOR WRITE-IN.

REPRESENTATIVE IN GENERAL COURT — Vote for ONE
- BRUCE J. AYERS
- DO NOT VOTE IN THIS SPACE. USE BLANK LINE BELOW FOR WRITE-IN.

REPRESENTATIVE IN GENERAL COURT — Vote for ONE
- ARTHUR STEPHEN TOBIN
- DO NOT VOTE IN THIS SPACE. USE BLANK LINE BELOW FOR WRITE-IN

REPRESENTATIVE IN GENERAL COURT — Vote for ONE
- RONALD MARIANO
- DO NOT VOTE IN THIS SPACE. USE BLANK LINE BELOW FOR WRITE-IN.

DISTRICT ATTORNEY — Vote for ONE
- WILLIAM R. KEATING
- DO NOT VOTE IN THIS SPACE. USE BLANK LINE BELOW FOR WRITE-IN.

CLERK OF COURTS — Vote for ONE
- WALTER F. TIMILTY, JR.
- DO NOT VOTE IN THIS SPACE. USE BLANK LINE BELOW FOR WRITE-IN.

REGISTER OF DEEDS — Vote for ONE
- WILLIAM P. O'DONNELL
- DO NOT VOTE IN THIS SPACE. USE BLANK LINE BELOW FOR WRITE-IN.

COUNTY COMMISSIONER — Vote for ONE
- PETER H. COLLINS
- DO NOT VOTE IN THIS SPACE. USE BLANK LINE BELOW FOR WRITE-IN.

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Since moving to Linden Ponds, Mary can now pursue her hobbies without the worries that used to come with owning a house. "I go to some of the exercise classes, and I play dominos and cards—I'm having a great time," says Mary.

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Light Vote Seen For Primary

(Cont'd From Page 1)

Reed V. Hillman of Sturbridge for the lieutenant governor slot.

Quincy Democrat incumbents unopposed are:

Congressman William Delahunt, state Treasurer Timothy P. Cahill, state Sen. Michael W. Morrissey, state Reps. Bruce J. Ayers, Stephen Tobin and Ronald Mariano.

Norfolk County Democrat incumbents without opposition are Dist. Atty. William R. Keating of Sharon, Clerk of Courts Walter F. Timilty Jr. of Milton, Register of Deeds William P. O'Donnell of Norwood and County Commissioner Peter H. Collins of Milton.

The breakdown of Quincy's 53,803 registered voters: Democrats, 24,859; Republicans, 6,183; Unenrolled (independent), 22,335; all others, 426.

Because of the city's approximate 5,000 Asian registered voters, Shea again this year has printed posters in Chinese and Vietnamese identifying the locations of the city's 30 polling places and other voter information.

The posters are being placed at each of the polling precincts, in public buildings and in the windows of businesses with high visibility.

And, with the assistance of John Brothers, executive director of Quincy Asian Resources, Shea will have 12 translators at the six heaviest Asian populated precincts.

Those precincts are:

Ward 3, Precincts 4 and 5: Wollaston School, 205 Beale St.

Ward 5, Precincts 4 and 5: Beechwood Knoll School, 225 Fenno St.

Ward 6, Precinct 1: North Quincy High School, 318 Hancock St.

Ward 6, Precinct 2: Sacred Heart School, Glover Avenue.

The polling places will be open from 7 a.m. to 8 p.m. Tuesday.

MAYOR WILLIAM PHELAN and Worcester Mayor Tim Murray flank residents Marion Pyne and Marion Finn at 1000 Southern Artery Tuesday where Murray discussed improving public safety. Phelan has endorsed him for lieutenant governor. *Quincy Sun photo/Noreen O'Shea*

City Democrats To Hold Primary Night Results Party

The Quincy City Democratic Committee will host an "Election Night Results Party" on primary night next Tuesday at the Adams Inn-River Room starting at 7:30 p.m.

The committee invites Democrats to join and watch as the results come in to see who will be the Democratic nominee for Governor this November.

Hors d'oeuvres will be provided along with a cash bar. For more information, contact Charles Phelan, chairman of the Quincy City Democratic Committee at 617-472-6339.

Tobin Supporting Gabrieli For Governor

State Rep. Steve Tobin is backing Christopher Gabrieli for the Democratic nomination for governor.

"I voted for him at the convention and am endorsing him and actively supporting him," Tobin said Tuesday.

Tobin was responding to an item in the Sunbeams column which inadvertently listed him as among the supporters of Atty. General Tom Reilly.

Library Book Sale Sept. 29

The Friends of Thomas Crane Public Library will hold a book sale Friday, Sept. 29, from 10 a.m. to 4 p.m. at the library, 40 Washington St., Quincy.

Proceeds will go to benefit the library.

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CITY OF QUINCY
STATE PRIMARIES

City Clerk's Office **August 1, 2006**

Notice is hereby given to the voters of the City of Quincy, members of the DEMOCRATIC and REPUBLICAN PARTIES, to assemble at the voting places in their respective Wards and Precincts, as designated on

TUESDAY, SEPTEMBER 19, 2006

then and there to give their votes for the nominating of candidates as follows:

Senator in Congress

Representative in Congress - 10th Congressional District; Governor; Lt. Governor; Secretary of the Commonwealth; Attorney General; Treasurer; Auditor; Governor's Council; Senator-Norfolk & Plymouth Senatorial District; Representative in General Court from 1st Norfolk District; Representative in General Court from 2nd Norfolk District; Representative in General Court from 3rd Norfolk District; Norfolk County Commissioner (1 seat); District Attorney-Norfolk County; Clerk of Court-Norfolk County Registrar of Deeds-Norfolk County.

The polls are to be opened at seven o'clock in the morning and closed at eight o'clock in the evening. Polling places have been designated as follows:

WARD 1, PRECINCT 1 — MERRYMOUNT SCHOOL, 4 AGAWAM ROAD
WARD 1, PRECINCT 2 — SNUG HARBOR SCHOOL, 330 PALMER STREET
WARD 1, PRECINCT 3 — THOMAS CRANE LIBRARY MEETING ROOM, 40 WASHINGTON STREET
WARD 1, PRECINCT 4 — ADAMS SHORE LIBRARY, SEA STREET
WARD 1, PRECINCT 5 — SAINT THOMAS AQUINAS HALL, DARROW STREET
WARD 2, PRECINCT 1 — FORE RIVER CLUB HOUSE, 16 NEVADA ROAD
WARD 2, PRECINCT 2 — SENIOR CITIZENS HOUSING, 1000 SOUTHERN ARTERY
WARD 2, PRECINCT 3 — MARTENSEN STREET HOUSING, 95 MARTENSEN STREET
WARD 2, PRECINCT 4 — SAINT JOHN'S CHURCH, 44 SCHOOL STREET
WARD 2, PRECINCT 5 — SAINT JOHN'S CHURCH, 44 SCHOOL STREET
WARD 3, PRECINCT 1 — COVENANT CONGREGATIONAL CHURCH, 315 WHITWELL STREET
WARD 3, PRECINCT 2 — FIRST BAPTIST CHURCH, 81 PROSPECT AVENUE
WARD 3, PRECINCT 3 — MONTCLAIR SCHOOL, 8 BELMONT STREET
WARD 3, PRECINCT 4 — WOLLASTON SCHOOL, 205 BEALE STREET
WARD 3, PRECINCT 5 — WOLLASTON SCHOOL, 205 BEALE STREET
WARD 4, PRECINCT 1 — LINCOLN-HANCOCK COMMUNITY SCHOOL, WATER STREET
WARD 4, PRECINCT 2 — QUINCY LODGE OF ELKS, 254 QUARRY STREET
WARD 4, PRECINCT 3 — QUINCY LODGE OF ELKS, 254 QUARRY STREET
WARD 4, PRECINCT 4 — LINCOLN-HANCOCK COMMUNITY SCHOOL, WATER STREET
WARD 4, PRECINCT 5 — MORRISETTE POST, 81 LIBERTY STREET
WARD 5, PRECINCT 1 — CHARLES BERNAZZANI SCHOOL, 701 FURNACE BROOK PARKWAY
WARD 5, PRECINCT 2 — QUINCY COMMUNITY UNITED METHODIST CHURCH, 40 BEALE STREET
WARD 5, PRECINCT 3 — QUINCY COMMUNITY UNITED METHODIST CHURCH, 40 BEALE STREET
WARD 5, PRECINCT 4 — BEECHWOOD KNOLL SCHOOL, 225 FENNO STREET
WARD 5, PRECINCT 5 — BEECHWOOD KNOLL SCHOOL, 225 FENNO STREET
WARD 6, PRECINCT 1 — NORTH QUINCY HIGH SCHOOL, 318 HANCOCK STREET
WARD 6, PRECINCT 2 — SACRED HEART SCHOOL, GLOVER AVENUE
WARD 6, PRECINCT 3 — BEECHWOOD COMMUNITY LIFE CENTER GYM, 440 EAST SQUANTUM STREET
WARD 6, PRECINCT 4 — ATLANTIC MIDDLE SCHOOL, 86 HOLLIS AVENUE
WARD 6, PRECINCT 5 — SQUANTUM SCHOOL, 50 HUCKINS AVENUE

POLLS OPEN AT 7 A.M. **POLLS CLOSE AT 8 P.M.**

Attest:- JOSEPH P. SHEA
City Clerk

Quincy Medical Center Cancer Walk Sunday

The ninth annual Quincy Medical Center Cancer Walk to benefit the Marie A. Curry Fund will begin working on its second million dollars Sunday, Sept. 17.

The goal of the leisurely, four-mile, non-competitive stroll is to raise $175,000, topping last year's record $167,500 for the fund that underwrites free cancer screening for underinsured men and women.

The seaside walk will start at 9:30 a.m. on Pageant Field in Merrymount Park. Registration is at 8 a.m. and lunch will be provided by Outback Steakhouse following the walk.

Since its inception in 1998 as the Marie Curry Walk, the event has raised some $1,056,600 for the fund, which has spent $136,712 to benefit 591 women.

It also provided the funding of $170,951 to purchase state-of-the-art equipment for the Radiology Department underwrote $25,192 for a free educational seminar in breast cancer.

The fund was started in 1995 by the Curry Family with a $100,000 endowment at QMC to provide free screening mammography to women in need.

It was expanded to include ultrasonography and other breast biopsy services for low income women and later free prostate cancer services to men.

The walk is organized by Quincy Medical Center with honorary chairs Bob Curry of Curry ACE Hardware and chairman of the QMC Board of Trustees, and Hank Bradley, director of Quincy Veterans Services, and the QMC Cancer Walk Committee.

In addition to the stroll and the lunch, Sunday's walk will also be a Family Fun Day, including a pre-walk breakfast catered by area Dunkin' Donuts and warm-up exercises led by a certified fitness instructor.

Musical entertainment will be provided by DJ Suzie Cue and there will be clowns and face-painting.

For the second year, the Quincy-based Rural Lodge of Freemasons will offer free of charge their Child Identification Program (CHIP) at Pageant Field throughout the walk.

CHIP is a national program designed to aid designed to aid in the identification of missing children by providing parents with a file containing fingerprints, a video-taped interview, dental impression and more.

For the fifth year, "Images of Honor and Memory," a collection of pink, blue and white sand-filled containers, will be on display during the walk at Pageant Field.

Each container is inscribed "In Honor of" a cancer survivor (white), or "In Memory of" someone who died of cancer (pink for women, blue for men).

Last year, more than 500 "Images of Honor and Memory" filled Ruth Gordon Amphitheater adjacent to Pageant Field. They are available with a $5 donation; forms may be picked up at Quincy Medical Center.

For more information or to participate in the walk, call 617-376-2022 or visit **www.quincymc.org.**

Two days after the walk, on Tuesday, Sept. 19, QMC and the Marie A. Curry Fund will host a free evening Prostate Cancer Screening Clinic in the Ambulatory Care Department at the Center, 114 Whitwell St.

Attendees will receive a prostate specific antigen (PSA) blood test and a digital rectal exam (DRE), performed by a board-certified urologist on the QMC staff.

Pre-registration is required. Call the toll-free, 24-hour Physician Referral Service at 1-877-479-2273.

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Thành Phố Quincy
BẦU CỬ SƠ BỘ

Chánh Văn Phòng Thành Phố **Ngày 1 tháng 8 năm 2006**

Thông báo này được gởi đến cử tri thanh phố Quincy, những thành viên ủng hộ đảng DÂN CHỦ và đảng CỘNG HÒA, để có mặt tại những địa điểm bỏ phiếu tại các khu vực và phòng phiếu đã được ấn định vào ngày

THỨ BA 19 THÁNG 9 NĂM 2006

rồi từ đó để cung cấp cho họ về sự bổ nhiệm những ứng viên sau đây:

Thượng nghị sĩ trong Quốc Hội

Dân Biểu trong Quốc Hội – Đại Biểu Quốc Hội quận hạt 10; Thống Đốc; Phó Thống Đốc; Bộ Trưởng cho Commonwealth; Bộ Trưởng Tư Pháp; Tài Chánh, Kiểm Toán; Hội Đồng Thành Phố; Nghị sĩ Quận hạt Norfolk & Plymouth; Dân Biểu Đặc Trách Ủy ban Tư Pháp Quận hạt 1st Norfolk Dân Biểu Đặc Trách Ủy ban Tư Pháp Quận hạt 2nd Norfolk; Dân Biểu Đặc Trách Ủy ban Tư Pháp Quận hạt 3rd Norfolk; Ủy Viên Hội Đồng Hạt Norfolk (1 ghế); Chánh Án Hạt Norforlk; Chánh Văn Phòng Hạt Norforlk.

Các địa điểm bỏ phiếu sẽ được mở cửa lúc 7 giờ sáng và đóng cửa vào lúc 8 giờ tối. Các địa điểm bỏ phiếu được bố trí như sau:

WARD 1, PRECINCT 1 – MERRYMOUNT SCHOOL, 4 AGAWAM ROAD
WARD 1, PRECINCT 2 – SNUG HARBOR SCHOOL, 330 PALMER STREET
WARD 1, PRECINCT 3 – THOMAS CRANE LIBRARY MEETING ROOM, 40 WASHINGTON STREET
WARD 1, PRECINCT 4 – ADAMS SHORE LIBRARY, SEA STREET
WARD 1, PRECINCT 5 – SAINT THOMAS AQUINAS HALL, DARROW STREET
WARD 2, PRECINCT 1 – FORE RIVER CLUB HOUSE, 16 NEVADA ROAD
WARD 2, PRECINCT 2 – SENIOR CITIZENS HOUSING, 1000 SOUTHERN ARTERY
WARD 2, PRECINCT 3 – MARTENSEN STREET HOUSING, 95 MARTENSEN STREET
WARD 2, PRECINCT 4 – SAINT JOHN'S CHURCH, 44 SCHOOL STREET
WARD 2, PRECINCT 5 – SAINT JOHN'S CHURCH, 44 SCHOOL STREET
WARD 3, PRECINCT 1 – COVENANT CONGREGATIONAL CHURCH, 315 WHITWELL STREET
WARD 3, PRECINCT 2 – FIRST BAPTIST CHURCH, 81 PROSPECT AVENUE
WARD 3, PRECINCT 3 – MONTCLAIR SCHOOL, 8 BELMONT STREET
WARD 3, PRECINCT 4 – WOLLASTON SCHOOL, 205 BEALE STREET
WARD 3, PRECINCT 5 – WOLLASTON SCHOOL, 205 BEALE STREET
WARD 4, PRECINCT 1 – LINCOLN-HANCOCK COMMUNITY SCHOOL, WATER STREET
WARD 4, PRECINCT 2 – QUINCY LODGE OF ELKS, 254 QUARRY STREET
WARD 4, PRECINCT 3 – QUINCY LODGE OF ELKS, 254 QUARRY STREET
WARD 4, PRECINCT 4 – LINCOLN-HANCOCK COMMUNITY SCHOOL, WATER STREET
WARD 4, PRECINCT 5 – MORRISETTE POST, 81 LIBERTY STREET
WARD 5, PRECINCT 1 – CHARLES BERNAZZANI SCHOOL, 701 FURNACE BROOK PARKWAY
WARD 5, PRECINCT 2 – QUINCY COMMUNITY UNITED METHODIST CHURCH, 40 BEALE STREET
WARD 5, PRECINCT 3 – QUINCY COMMUNITY UNITED METHODIST CHURCH, 40 BEALE STREET
WARD 5, PRECINCT 4 – BEECHWOOD KNOLL SCHOOL, 225 FENNO STREET
WARD 5, PRECINCT 5 – BEECHWOOD KNOLL SCHOOL, 225 FENNO STREET
WARD 6, PRECINCT 1 – NORTH QUINCY HIGH SCHOOL, 318 HANCOCK STREET
WARD 6, PRECINCT 2 – SACRED HEART SCHOOL, GLOVER AVENUE
WARD 6, PRECINCT 3 – BEECHWOOD COMMUNITY LIFE CENTER GYM, 440 EAST SQUANTUM ST
WARD 6, PRECINCT 4 – ATLANTIC MIDDLE SCHOOL, 86 HOLLIS AVENUE
WARD 6, PRECINCT 5 – SQUANTUM SCHOOL, 50 HUCKINS AVENUE

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Tim Cahill Endorses Patrick For Governor

State Treasurer Tim Cahill of Quincy has thrown his support to Attorney Deval Patrick in the race for the Democratic nomination for governor in the Sept. 19 primary.

He called Patrick, who lives in Milton, the strongest candidate to help the Massachusetts economy grow and the Democrats' strongest chance to win the governor's office.

"I understand the importance of building and running an effective and independent administration and I know Deval Patrick will do just that as governor," said Cahill.

"Deval has built an impressive, grassroots, issue-based campaign. His organization will not only help him win, but also help him govern."

Patrick in turn praise Cahill for his accomplishments as treasurer, a post he won in 2004 in an upset in a four-way Democratic primary and a win over a strong Republican.

"I am honored to earn the support of Treasurer Cahill today," he said, "and I look forward to working with him to manage our state's finances.

DEVAL PATRICK (right) is endorsed by State Treasurer Tim Cahill.

"The Treasurer has an impressive record, particularly in achieving record returns on the state's pension funds and building public-private partnerships for economic development and affordable housing."

Cahill called Patrick the most fiscally responsible of the candidate for governor and the only candidate who has been straight with the voters on the issue of taxes.

"Deval Patrick's position on taxes is the most fiscally responsible and honest one given where our state finances are right now," said Cahill.

He said he agreed with Patrick that the tax to cut is the property tax and that "a rollback of the income tax would mean a cut in local aid and an increase in property taxes."

Prior to announcing his candidacy for governor, Patrick held the top civil rights post in President Clifton's Justice Department and was general counsel to Coca Cola and Texaco.

Gabrieli Supporters To Rally Sept. 15

The Norfolk County Gabrieli Committee will hold sponsor a rally in support of Chris Gabrieli Friday, Sept. 15, from 7 to 8:30 p.m. at the Adams Inn, 29 Hancock St., North Quincy.

Gabrieli, a Boston businessman and a candidate for the Democratic nomination for governor in the Sept. 19 primary election, has compiled an impressive list of Norfolk County supporters.

They include County Commissioner John Gillis of Quincy, Mayor William Phelan, Reps. Ron Mariano and Bruce Ayers, and City Councillors John Keenan, Mike McFarland, Dan Raymondi and Kevin Coughlin.

Also former Councillors Bryan Connolly, Tom Fabrizio, Alicia Gardner, Steve McGrath, Joe Newton and Chuck Phelan.

"I'm proud to have the support from local officials who understand their communities and the need to get real reform and real results for the people of Massachusetts," said Gabrieli.

For further information, call 781-724-7869 or visit **mark@gabrieli.org.**

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Keating Guest Speaker At IAC Meeting Sept. 19

Norfolk District Attorney William R. Keating will be the guest speaker as the Inter-Agency Council (IAC) of the South Shore begins it's 2006-2007 program year, Tuesday, Sept. 19, from 12-2 p.m. at Quincy Medical Center, Whitwell Street.

The public is welcome to monthly IAC meetings September through May.

Registration for the September luncheon meeting is due by Thursday, Sept. 14. Cost is $7 per member, or $10 per non-member. To register, call Karen McKim of the Quincy Health Department at 617-376-1285.

ELEMENTARY LUNCH MENU

Monday, Sept. 18
Taco burrito, fresh fruit, fruit juice.

Tuesday, Sept. 19
Early release day - no lunch served.

Wednesday, Sept. 20
Turkey and cheese tacos/ nachos, corn niblets, fresh fruit or juice.

Thursday, Sept. 21
Chicken fajitas, steamed rice, vegetable, pineapple tidbits, dinner roll.

Friday, Sept. 22
Grilled hot dog on a bun, baked beans, fruit cup.

SECONDARY LUNCH MENU

Monday, Sept. 18
Pizza, tossed salad, fresh fruit or fruit juice.

Tuesday, Sept. 19
Pasta with tomato meat sauce, green beans, Rudi's bread stick.

Wednesday, Sept. 20
Chicken fajita wrap, Spanish rice, vegetable, fruit cup.

Thursday, Sept. 21
BBQ beef sloppy joe on a bulkie roll, potato wedges, fresh fruit or fruit juice.

Friday, Sept. 22
Turkey and cheese taco with tortilla chips, vegetable, fresh fruit or fruit juice.

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STATE PRIMARIES
昆士市政府 - 麻州初選通告

市府書記辦公室 8-1-2006

昆士市政府謹此通知市內選民，各民主黨及共和黨黨員，於

2006 年 9 月 19 日 (星期二)

在各個指定選區及分區投票站集合，爲下列職銜提名候選人作出投票:

(職銜名稱以英文原文爲準)
國會參議員
國會眾議員-國會分區第十區、州長、副州長、州務卿、總檢察官、財政廳廳長、核數廳廳長、州長議會、麻州參議員-諾弗克及普利矛斯參議轄區、總法院參議員-來自諾弗克第一區、總法院參議員-自諾弗克第二區、總法院參議員-自諾弗克第三區、諾弗克郡郡長(一席)、諾弗克郡地區檢察官、諾弗克郡書記
(Senator in Congress
Representative in Congress – 10th Congressional Distrct, Governor; Lt. Governor, Secretary of the Commonwealth, Attorney General, Treasurer; Auditor; Governor's Council; Senator-Norfolk & Plymouth Senatonal Distrct; Representative in General Court from 1st Norfolk District; Representative in General Court from 2nd Norfolk Distrct, Representative in General Court from 3rd Norfolk Distrct, Norfolk County Commissioner (1 seat), District Attorney-Norfolk County; Clerk of Court-Norfolk County)

投票站將從早上七點開門，直到傍晚八點關門。投票站地點已指定如下：

第一選區, 分五區	WARD 1, PRECINCT 1 – MERRYMOUNT 學校, 4 AGAWAM ROAD
	WARD 1, PRECINCT 2 – SNUG HARBOR 學校, 370 PALMER STREET
	WARD 1, PRECINCT 3 – THOMAS CRANE 圖書館 MEETING ROOM, 40 WASHINGTON STREET
	WARD 1, PRECINCT 4 – ADAMS SHORE 圖書館, SEA STREET
	WARD 1, PRECINCT 5 – SAINT THOMAS AQUINAS HALL, DARROW STREET
第二選區, 分五區	WARD 2, PRECINCT 1 – FORE RIVER CLUB HOUSE, 16 NEVADA ROAD
	WARD 2, PRECINCT 2 – SENIOR CITIZENS HOUSING, 1000 SOUTHERN ARTERY
	WARD 2, PRECINCT 3 – MARTENSEN STREET HOUSING, 95 MARTENSEN STREET
	WARD 2, PRECINCT 4 – SAINT JOHN'S 教堂, 44 SCHOOL STREET
	WARD 2, PRECINCT 5 – SAINT JOHN'S 教堂, 44 SCHOOL STREET
第三選區, 分五區	WARD 3, PRECINCT 1 – COVENANT CONGREGATIONAL 教堂, 315 WHITWELL STREET
	WARD 3, PRECINCT 2 – FIRST BAPTIST 教堂, 81 PROSPECT AVENUE
	WARD 3, PRECINCT 3 – MONTCLAIR 學校, 8 BELMONT STREET
	WARD 3, PRECINCT 4 – WOLLASTON 學校, 205 BEALE STREET
	WARD 3, PRECINCT 5 – WOLLASTON 學校, 205 BEALE STREET
第四選區, 分五區	WARD 4, PRECINCT 1 – LINCOLN-HANCOCK COMMUNITY 學校, WATER STREET
	WARD 4, PRECINCT 2 – QUINCY LODGE OF ELKS, 254 QUARRY STREET
	WARD 4, PRECINCT 3 – QUINCY LODGE OF ELKS, 254 QUARRY STREET
	WARD 4, PRECINCT 4 – LINCOLN-HANCOCK COMMUNITY 學校, WATER STREET
	WARD 4, PRECINCT 5 – MORRISETTE POST, 81 LIBERTY STREET
第五選區, 分五區	WARD 5, PRECINCT 1 – CHARLES BERNAZZANI 學校, 701 FURNACE BROOK PARKWAY
	WARD 5, PRECINCT 2 – QUINCY COMMUNITY UNITED METHODIST 教堂, 40 BEALE STREET
	WARD 5, PRECINCT 3 – QUINCY COMMUNITY UNITED METHODIST 教堂, 40 BEALE STREET
	WARD 5, PRECINCT 4 – BEECHWOOD KNOLL 學校, 225 FENNO STREET
	WARD 5, PRECINCT 5 – BEECHWOOD KNOLL 學校, 225 FENNO STREET
第六選區, 分五區	WARD 6, PRECINCT 1 – NORTH QUINCY 高中, 318 HANCOCK STREET
	WARD 6, PRECINCT 2 – SACRED HEART 學校, GLOVER AVENUE
	WARD 6, PRECINCT 3 – BEECHWOOD COMMUNITY LIFE CENTER GYM, 440 EAST SQUANTUM ST.
	WARD 6, PRECINCT 4 – ATLANTIC 初中, 86 HOLLIS AVENUE
	WARD 6, PRECINCT 5 – SQUANTUM 學校, 50 HUCKINS AVENUE

投票站將從早上七點開門 直到傍晚八點關門

SPOTLIGHT ON HEALTH & FITNESS

FROM START TO FITNESS

by Andrea Wyatt
M.S.S., C.S.C.S.

Hang Sauna Suit Out to Dry

Q. My husband and I saw someone at our gym wearing a sauna suit while working out the other day. He looked like he was working really hard, and was sweating profusely and looked extremely hot. My husband seemed really interested in his workout and even went over and talked him. Before my husband gets any bright ideas, is there any benefit to wearing a sauna suit, and is it safe?

A. The quick answer to your question would be NO, not to the average person looking to maintain a healthy lifestyle. Sauna suits typically have been used by athletes such as wrestlers or boxers who are looking to quickly drop pounds through water weight in order to make "weight" before a contest. This technique is only used as a last resort and is not a "training style."

Sauna suits often look like large trash bags and are designed to hold heat to the body, causing the body to sweat profusely in an effort to cool itself. This sweating can result in the temporary loss of water weight; however, the key word here is "temporary," since it does not facilitate any long-term weight loss and could actually put a person at risk.

You may have seen the member at your club wear not only a sauna suit, but also a heavy warm-up suit over it. Since the sauna suit itself is not heavy but made of material designed to hold

exercising in this condition greatly outweigh any short-term result — if there is any result.

As your body sweats to cool itself, it becomes dehydrated and loses valuable minerals and nutrients in your sweat that it needs to survive. Dehydration is a serious concern and should not be taken lightly. The reason the member at your gym may have looked as if he was working so hard is because he WAS. Dehydration can cause a decrease in the body's performance, and with the lose of sodium through his sweat, he is also asking his body to perform without the support it needs to exercise safely or to recover after exercise.

The use of a sauna suit is definitely not recommended for anyone with any medical condition such as diabetes, high blood pressure and heart conditions. Although your desire to take off pounds may be great, the use of a sauna suit could cause you to lose a whole lot more than weight.

As you know, there is no express road to living a healthy lifestyle. A smarter alternative to losing weight includes taking part in daily physical activity, completing an exercise program at least three times a week, and making positive nutritional choices. You can make the sauna a part of your lifestyle, but leave the suit at home.

Always consult a physician before beginning an exercise program. If you have a fitness or training question, e-mail Andrea Wyatt at letters.kfws@ hearstsc.com or write her in care of King Features Weekly Service,

How To Handle Seasonal Allergies

Sniffling, Sneezing Season Is Here

It's the same thing every year – as soon as the temperatures cool down, the allergies flare up.

But seasonal allergies don't have to ruin your fall fun, say respiratory therapists from the American Association for Respiratory Care. The key is knowing how to handle them.

"Some of the worst pollen of the year comes in the fall, especially ragweed, says Linda A. Smith, BS, RRT, a staff therapist at Bay State Medical, Inc., in Hanover, MD. "Also, mold grows throughout the summer and the spores are ripe to become airborne with one good breeze."

Seasonal allergies hit people with asthma particularly hard because their airways are already inflamed and hypersensitive. "One common type of asthma is allergic asthma, "says Smith. "When people with allergic asthma are exposed to their allergens they can have a full blown asthma attack, possibly requiring a trip to the doctor."

Regardless of what causes your allergies, however, treatment consists of two components – medications and environmental control. People with seasonal allergies benefit from antihistamines, decongestants, and nasal steroids, all of which are designed to minimize symptoms. Those with allergic asthma often require "controller" medications to treat the underlying inflammation causing the condition, and "rescue" medications to help relieve symptoms during an acute attack.

When it comes to environmental control, Smith says seasonal allergy sufferers should keep windows closed and use a clothes dryer rather than hang clothes outside to dry. Staying inside when the wind picks up is a good idea too.

"The pollen becomes airborne and is much more easily inhaled," she says. "The pollen also lands on your hair and clothing." A quick shower and hair wash, along with clean clothes, can help remove those allergens once you come back inside.

People with allergic asthma may have indoor allergies as well, so cleanliness indoors is a must too. "Changing the bedclothes weekly, not having carpet, and limiting or eliminating stuffed animals all help to reduce the asthmatic response," says Smith.

It goes without saying that no one with allergies or asthma should ever smoke or allow themselves to be exposed to secondhand smoke from others.

Smith says respiratory therapists are experts in helping patients get the most out of their allergy and asthma care. "The respiratory therapist can educate the patient about the allergen/antibody reaction and how to avoid the allergen. The therapist can also educate the patient about their medications, including proper dose and technique of administration," she says.

Education is important, continues Smith, because people who understand their conditions are more likely to stick with their treatment. "The most compliant patient is the most informed patient."

Respiratory Therapists (RTs) are specially trained and licensed respiratory health care professionals assisting physicians in diagnosis, treatment, and management of respiratory diseases. RTs provide care in hospitals, outpatient centers, physicians offices, skilled nursing facilities, and patients homes.

Allergies Are A Big Problem

Allergies and asthma affect one out of every four Americans, report respiratory therapists from the American Association for Respiratory Care (AARC).

Here's a quick overview of the problem:

- Allergies and asthma can be managed with proper care and treatment, but there is no cure for either condition.
- Allergies may be inherited; children with one afflicted parent stand a one in three chance of developing allergies themselves. The odds increase to seven in ten if both parents have allergies.
- The most common outdoor allergens are grass and weed pollen; mold spores; dust mite and cockroach allergen; and cat, dog, and rodent dander.
- Allergies are the most common chronic condition in children, with more than 40 percent reporting limited activities due to their allergies.
- Hay fever is the 5th leading chronic condition in adults, resulting in nearly 4 million lost or missed workdays per year.
- Allergies cost the economy nearly $7 billion each year.

'Look Good, Feel Better' Program Sept. 18

The American Cancer Society will hold a "Look Good...Feel Better" program" Monday, Sept. 18 from 6 to 8 p.m. at South Suburban Oncology, 700 Congress St., Quincy.

The program is designed to help patients maintain their personal appearance while undergoing treatment for cancer. The free session features cosmetologists leading group sessions, providing tips and practical techniques for coping with hair loss and changes in the skin that often result from chemotherapy or radiation therapy.

To pre-register for the Sept. 18 program in Quincy, call Colleen Whitehouse at 617-376-6435.

For more information, call 1-800-ACS-2345.

"Look Good...Feel Better" offers free, one-time beauty consultations with a licensed cosmetologist or aesthetician to women who are currently undergoing cancer treatment.

"Look Good...Feel Better is as much about improving and maintaining self-image and confidence as it is about appearance " said Marianne Arruda Martin, American Cancer Society Community Executive, Cancer Resource Network. "Patients enjoy the opportunity to spend time in a relaxed, non-medical setting with others in the same situation. And the free make-up and instruction from professionals helps them look and feel better."

The American Cancer Society estimates that approximately 662,870 American women will develop some form of cancer this year. The good news is that, thanks to advances in medicine, the five-year relative survival rate of all cancers is 65 percent.

A variety of patient services, support programs and comprehensive cancer information are available through the Society's toll free 1-800-ACS-2345 number, which operates 24 hours a day, seven days a week, in both English and Spanish and its Web site at www.cancer.org.

Free Prostate Cancer Screening Sept. 26

Milton Hospital will host a free prostate cancer screening for men on Tuesday, Sept. 28 from 4 to 7 p.m., on the second floor of the hospital in the Brooks wing.

Registration is required for the screening appointment. Call the Milton Hospital Community Education Department at 617-696-8810.

Participants must have their blood drawn in advance during the week of Sept. 18. Blood drawing may be completed on a walk-in basis in the Milton Hospital laboratory, located on the ground floor of the hospital. No appointment is necessary for the laboratory.

According to the Prostate Cancer Foundation, more than 234,000 men in the United States will be diagnosed with prostate cancer this year. When caught and treated early, prostate cancer has a cure rate of more than 90 percent.

DENTISTRY for the 21st Century

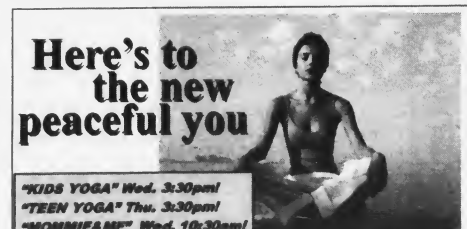
by Steven A. Brustin, D.M.D.

ON THE FRONT LINES

Much like dentists themselves, dental hygienists have firsthand knowledge of preventing and treating tooth decay and gum disease. During a professional cleaning, dental hygienists remove soft and hard deposits from teeth as well as assess the health of the gums. In addition, they examine patients' teeth and gums in search of other diseases or abnormalities. Aside from removing calculus, stains, and plaque from teeth, hygienists take x-rays, chart the depth of pockets around teeth, and apply such cavity-preventive agents as fluorides and pit-and-fissure sealants. Moreover, hygienists educate patients on the relationship between diet and good oral health, as well as the importance and practice of healthful dental habits that lead to fewer cavities and reduced gum inflammation.

You can do a great deal to help yourself and the hygienist as you are in control of your mouth between visits to the practice. Your hygienist will have show you how to remove plaque with a toothbrush and fluoride toothpaste, as well as how to clean between your teeth with floss, tape or little brushes. We are currently accepting new patients. If you know of anyone in need of quality dental care we would appreciate your referrals. We're located at 44 Greenleaf Street, where our purpose is to help people reach and commit to the highest level of dental health personally appropriate to them. Please call 617-479-6220 to schedule an appointment. We offer the services of anesthesiology with a fully trained and qualified anesthesiologist. Visit us on the web at www.quincydentist.com.

P.S. Dental hygienists often take impressions of teeth that lead to the creation of the trays used for professional tooth whitening.



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Sports

Commit 3 Turnovers But Hold On For 14-6 Victory

Presidents Preserve Win Over Canton

QUINCY HIGH SCHOOL football team captains, from the left, Charles McGee, Tom Hazelhurst, Matt Boyle, James Aikens and Camillo Arredondo will lead the Presidents this season.
Quincy Sun photo/Robert Noble

By CHRIS POISSON

The Quincy High School football team escaped Canton last Saturday afternoon with a 14-6 victory in its season opener.

The Presidents almost gave away the game by committing three turnovers and six penalties, but junior linebacker Diego Arredondo preserved the win with an interception in the end zone with less than a minute remaining.

"We won, but in a lot of first games there's always a lot of mistakes," said head coach Bob Noble. "It should not have been as close as the final score indicated. We had a number of opportunities but we were a little sloppy.

"We were fortunate enough to come away with a victory. As well as Canton played we should've done better than we did. We stopped ourselves more than the opponent did and from a coach's view that's aggravating."

North Quincy Bows In Opener - Page 23 -

Quincy has two weeks off to iron out the wrinkles before returning to action Friday, Sept. 22, against Falmouth at home. The game is tentatively scheduled to be played at Adams Field at 7 p.m.

"I saw Falmouth play Marshfield last Friday," Noble said. "Falmouth gave Marshfield everything they could handle and had an opportunity to win late in the game. Falmouth is going to be a good team this year. They have a lot of returning players from a year ago. We need to step up and play better than we did in week 1.

"The good thing is we have two weeks until we play again. That's a lot of time to correct mistakes on both sides of the ball. What mistakes we made are easily correctable so it's not like we can't improve. It's just a matter of holding onto the football."

Senior captain Tom Hazelhurst turned in an impressive all-around performance, catching six passes for 27 yards and a touchdown and rushing seven times for 40 yards and another score. Defensively, the linebacker recorded an interception, forced fumble and a sack.

"Tom Hazelhurst was the star of the game," Noble said. "He does a little bit of everything for us. The headline could be 'Tom Does It All.' He had a tremendous all-around game for us."

Quincy engineered a strong opening drive, marching 75 yards capped by a Hazelhurst 2-yard TD run. Arredondo added the extra point for the 7-0 lead.

Canton got on the board in the second quarter with a 35-yard TD jaunt and trailed, 7-6, at halftime.

The Presidents couldn't hold on to the ball early in the second half, fumbling on their first two possessions.

They scored their second touchdown late in the third quarter when senior captain/quarterback Matt Boyle fired a 6-yard TD pass to Hazelhurst. Arredondo's extra point made it 14-6.

Quincy, which failed to score on a first-and-goal earlier, came up with its huge goal-line stand at the end. Canton had a first-and-goal at the 3-yard line before Arredondo's pick.

Boyle, a three-year starter, completed 14-of-20 passes for 95 yards and a TD, hitting seven different receivers. Expect more pass attempts the rest of the season as Noble plans to run a shotgun, no-huddle, spread offense as Quincy's strength is its skill position players.

"We distributed the ball around to a lot of different people which makes us tough to defend because you can't concentrate on one guy. We threw 20 times and that will probably be a low number this year," Noble said.

"For us to be successful we have to spread everybody out. That really requires our quarterback to play extremely well. Boyle's a proven quarterback. He's 6-2, 190 pounds and has a very good arm."

Boyle's targets include senior Jared Tucker and Hazelhurst in the slot and senior captain Jim Aikens at wideout with senior Alex Chan and sophomore Anthony Papile rotating as the fourth receiver.

Arredondo, who rushed for 54 yards on 10 carries, is the starting tailback and he has the difficult task of replacing Everton DeCastro, who rushed for 12 TDs and more than 1,200 yards a year ago.

The Presidents have four new starters on the offensive line with senior left tackle Mark Cugini as the lone returnee. Joining him are junior right tackle Zack Olhson, senior captain/right guard Camillo Arredondo, junior center Dan Walsh and junior left guard Matt Oriol.

"Our weakness is our offensive and defensive lines," Noble said. "We graduated some pretty good players, three first-team all-stars on the offensive line and the entire defensive line. It's going to be an ongoing issue."

Defensively, newcomers on the line are Oriol and junior Devon Gillen at defensive end and Cugini and senior Steve Kussman, who hasn't played since his freshman year, at defensive tackle.

The strength of the defense is the linebacking corps, featuring Hazelhurst, Camillo Arredondo, Diego Arredondo and senior captain Charles McGee.

The secondary includes Aikens and Tucker at safety with junior Joe Reggiannini, a transfer from Archbishop Williams, at cornerback with a rotation of players at the other cornerback position.

"Our defensive front is inexperienced at this point in time," Noble said. "We need some work as we're in a transition from a year ago. All the guys coming in here were backups and JV players a year ago."

Quincy Youth Basketball Registration Sept. 23

Quincy Youth Basketball will hold registration for boys and girls in grades 1 to 10 Saturday, Sept. 23, from 9 a.m. to 3 p.m. at the Richard J. Koch Family Park and Recreation Complex, 1 Merrymount Parkway, Quincy.

Teams are small (10 to 12 players) for grades 3 through 10, which allows each child the opportunity to fully participate during the games. Practice is one hour per week on Friday nights beginning in late October or early November. Games begin the first Sunday in December and continue into March for playoffs. All games are officiated by IAABO-certified referees and feature 20-minute halves. Fee is $90 and includes instruction, games, playing jersey and trophy.

Our Under 8 Rookie League for first- and second-graders is an instructional, co-ed program that focuses on the fundamentals of the game of basketball. Teams are limited to no more than 12 players and usually include two coaches per team. Practice is one hour a week on Saturdays beginning in November and continuing through February. Fee is $45 per players and includes instruction, practice shirts and a trophy.

Proof of Quincy residency for all players is required along with a photocopy of the player's certified birth certificate (new players only).

As a bonus for returning players in grades 3 through 10 this year, there is a $20 refund for those who refer a friend (new to the program) who registers.

Coaches and assistant coaches are always welcome. For more information, call Susan or Chris at 617-479-8911 on Mondays or Wednesdays from 3 to 8 p.m.

Sacred Heart's Fr. Heery Golf Tournament Oct. 4

Sacred Heart Parish will host its 14th annual golf tournament Wednesday, Oct. 4, at Presidents Golf Course, West Squantum Street, North Quincy.

The event has been dedicated to the memory of Father Cornelius Heery, who was pastor of Sacred Heart Parish for 20 years until his death in 1996.

The best ball scramble play will begin with a 1 p.m. shotgun start. Check-in will begin at noon at the clubhouse.

Entry fee is $125 per golfer, which includes the greens fee, cart, shirt, dinner and awards. Individual golfers and foursomes are encouraged to register.

An awards dinner will be held in the gazebo at the Best Western Adams Inn following the tournament.

Pre-registration is encouraged as each year the roster of 120 players fills early and golfers are turned away.

Individuals, groups and companies may sponsor a green for a tax-deductible donation of $150. All donations are welcomed. All proceeds directly benefit Sacred Heart Parish and Sacred Heart School.

For registration or sponsorship information, contact the Sacred Heart rectory at 617-328-8666 or visit the parish Web site at www.sacredheartquincy.org.

Presidents Ladies Association Member/Member Tourney

Here are results from the Presidents Ladies Association's Member/Member Tournament held Sunday at Presidents Golf Course:

Gross: Marian Conroy and Linda Goulet, 69; Kim McDowell and Melanie Curtin, 70; Chris Fitzpatrick and Rusty Murphy, 72.

Net: Jo Damiano and Roberta McCann, 55; Patty Baszkewicz and Nancy Stone, 59; Sandra Jordan and Mary Von Freymann, 59; Karen Ryan and Liz Harrington, 60; Rita Callahan and Karen Darcy, 61; Pat Hagan and Sue Katchpole, 61; Moya Baldwin and Carol Maglio, 62; Diane Burke and Lisa Bowes, 63.

Join us as we Celebrate Francis "Shorty" Donovan's 5 Decades of Coaching

SATURDAY, SEPT. 30TH, 7PM

QUINCY YACHT CLUB

Buffet, Dancing, *Donation- $20*

Tickets / Information, call 617-794-3808

You Auto Know

by Bill Starkie and Kevin McGroarty

STOPPING POWER

From a safety standpoint, nothing is more important than your vehicle's ability to stop effectively. With this in mind, do not wait to hear squealing sounds emanating from your discs and rotors before you decide it is time for brake service. By the same token, because braking systems work under hydraulic pressure, check the master cylinder as well to make sure that the level of brake fluid in the system is not leaking through brake lines, hoses, or caliper components. If it is deemed necessary to replace worn brake pads, inspection of the thickness of the rotors will reveal if they should also be replaced. The rotors must be within manufacturer specifications for the brakes to work effectively.

At LEO & WALT'S SUNOCO, we provide services that will leave you feeling confident in the stopping power of your automobile. If you fear that your car, truck, or SUV has brake problems please bring the vehicle to 258 Quincy Ave., E. Braintree to be checked. Preventative maintenance is the key to assuring the safety of your car. "A Place Where Your Car Can Live Longer."

HINT. A spongy feel to the brakes is usually an indication of trapped air in the hydraulic system.

Leo & Walt's Sunoco
258 QUINCY AVE., E. BRAINTREE
781-843-1550

Yellow Cab Softball Champs

Yellow Cab recently captured the Dorothy Quincy Softball championship with a thrilling, 2-1 victory over Play It Again Sports in extra innings.

The game was a pitchers' duel as Yellow Cab's Rachel Selbert and Play It Again Sports' Nicole Parry combined to allow only five hits through seven innings.

Play It Again Sports scored first in the second inning when a hustling Erin Chiocchio scored from third base on a hard hit ball by Donna Niosi.

Yellow Cab tied the game an inning later when Meghan White smashed the ball back to the pitcher and beat out a close play at first base, allowing Lizzie Kelley's great base running to score her from second.

From then on, Yellow Cab's strong pitching and superior defense from Jacki Hughes, Kelley, Kaleen Campo, Lauren Campo and Stephanie DiPietro kept the game tied into extra innings.

Finally, in the bottom of the seventh, with runners on first and second, Yellow Cab got only its second hit of the day when Hughes crushed a ball over the outfielders to score Brittany Haviland with the game-winning run.

Yellow Cab coaches thanked the girls for a fantastic season and thanked parents for their help and support.

YELLOW CAB won the Dorothy Quincy Softball championship. Kneeling, from the left: Lauren Campo, Lizzie Kelley, Kara Rowland, Brittany Haviland, Megan White, Maura Noone and Katie White. Standing: Katie Connolly, Rachel Selbert, Jacki Hughes, Brighid Noone, Stephanie DiPietro, Emily Kelley and Kaleen Campo. Inset: Lisa Marie Flora.

North Quincy Girls Edge Hanover In Opener, 2-1

SOCCER

The North Quincy High School girls' soccer team opened up its season last Friday on a positive note with a 2-1 victory at Hanover.

But there was some bad news mixed in as well when senior keeper Kristin Reamer was taken off the field after a collision with a Hanover forward in the first half. She injured her knee and there is no word on her condition at this point.

Sophomore Siobhan Carnell replaced her and was brilliant in her varsity debut with seven saves.

"Carnell was terrific in net," said head coach Paul Bregoli. "I am concerned, however, over the loss of Reamer, who has two years of varsity experience behind her."

North Quincy, which played at Fontbonne Tuesday, will travel to Falmouth Friday at 4 p.m. and to Whitman-Hanson next Monday at 4 p.m.

North Quincy and Hanover controlled play at different stages of the match, but it was the Red Raiders who dominated early. Mary Kate Stille was sent in alone by junior Emily Milone but was stoned by the Hanover keeper.

North Quincy received strong first-half performances from seniors Lauren Stille, Melissa Mendall, Bridget Coleman and Keriann Cabral.

Scoreless at halftime, Mary Kate Stille stole the opening Hanover kickoff and passed to her older sister, Lauren, who gave it right back to her. The younger Stille found senior captain Megan Therrien, who pushed a shot from 12 yards out past the Indians keeper 40 seconds into the second half.

Assistant coach Peter Coleman had scouted Hanover the previous day and alerted the Red Raiders to the Indians' opening play.

North Quincy held on to the lead thanks to the fine defensive work turned in by junior backs Simone Leary and Kerry Coughlin. Leary did an outstanding job of defending Hanover's best player.

Hanover tied the game at 1-1 with 12 minutes left, but the Red Raiders responded four minutes later. Mary Kate Stille chipped in a perfect pass to Milone, who outraced the keeper to the ball and floated a beautiful shot into the net for a 2-1 lead.

"We had all we could handle with Hanover," Bregoli said. "They have four excellent club players whose skills gave us fits. Defensively, we were solid. Coleman, Cabral and Jillian Benn were all exceptional in the second half. We also got a big lift from Paige Bonanni and Natalie Djerf in the second half."

Quincy Boys Bow To Brookline

The Quincy High School boys' soccer team dropped a 2-1 decision to Brookline in its season opener last Friday at Varsity Field.

Scoreless at halftime, Brookline scored with 30 minutes remaining in the game for a 1-0 lead.

But the Presidents responded about two minutes later. Junior Rory Elliffe hit a direct kick from 35 yards that bounced off the cross bar and senior Levi Boakye dove to head the ball past the keeper.

Brookline tallied the game-winner with six minutes left in the game while Quincy was playing with only 10 men on the field.

"We did all right," said head coach Kevin Orcutt. "It wasn't beautiful but we didn't have a full team either. They controlled the game. We had some kids that never played before but the kids hung tough. I thought we might be able to pull a tie out of it."

Quincy assistant captain Jonathan Conso turned in a strong game with nine saves in goal. Senior head captain Charles Dybaud and senior assistant captain John Cameron also played well.

Quincy (0-1) returns to action Friday afternoon at 4 when it hosts Nauset at Varsity Field.

ST. JOHN'S BASEBALL LEAGUE

FINAL REGISTRATION FOR 2007 SEASON

St. John's Baseball will hold its walk-in baseball registration on Wednesday, Sept. 20TH & Oct. 4TH from 6-8 pm at the lower level of the St. John's church on School Street.

Registration Fees:

Farm League 7-9 year olds is $65

Upper League 10-12 years old is $70

Open to all children, not just Quincy residents

7-Year-Old Benjamin Raybuck Among Jimmy Fund Walk 'Heroes'

Like many 7-year-old boys, Benjamin Raybuck of Quincy enjoys playing with Legos and bugging his twin sister, Suzanne.

Unlike many others, however, Ben was diagnosed with cancer in March and is now undergoing treatment at the Jimmy Fund Clinic at Dana-Farber Cancer Institute in Boston.

"Ben feels loved by his care providers and the relationship he has built with them keep him happy about returning to the clinic over and over again even though he knows he will be facing difficult treatments," says his mother, Kim Raybuck.

Since his diagnoses, Ben has been interested in learning the ins-and-outs of fundraising so he can donate money to Dana-Farber and one of its partners, Children's Hospital Boston.

"I think his interest in trying to give back to both organizations speaks volumes about the positive experience we have all had," Kim says.

On Sunday, Sept. 17, Ben will be one of the more than two dozen Jimmy Fund patients who will be featured as "Heroes" of the Boston Marathon Jimmy Fund Walk. As a Hero, Ben's photograph will be posted on a mile marker located along the 26.2-mile route from Hopkinton to Boston. Ben hopes to participate in a portion of the walk if he is feeling well enough after the start of radiation treatment.

"We are hoping he will be able to attend and encourage the participants with his enthusiasm and energy," Kim says.

Over its 17-year history, the Jimmy Fund Walk has contributed more than $40 million to support cancer research and care at Dana-Farber. This year, more than 6,000 walkers are expected to participate in the event to raise more than $4.75 million for the world-renowned Dana-Farber Cancer Institute. Among the walkers will be a team from Rockport Shoes that will walk in Ben's honor.

All participants on the Hopkinton (26.2 miles) and Wellesley (13.1 miles) routes must raise a minimum of $200 in contributions; for the three-mile Boston Walk, the requirement is $200 for walkers age 13 and older and $100 for walkers age 12 and younger.

Those who raise more than $750 achieve Pacesetter status. Pacesetters receive special recognition from the Jimmy Fund and are invited to a celebration at the start of the next walk season. Participants are encouraged to form teams and walk in honor of those who have been affected by cancer.

Walkers may choose to walk the entire route from Hopkinton to Boston, walk 13.1 miles from the half-way point in Wellesley or join patients and their families in the three-mile Boston Walk from the Harvard Medical School Quad.

The walk begins in Hopkinton at 7 a.m., in Wellesley at 11 a.m. and at the Harvard Medical School Quad at 2:15 p.m. All walkers will finish at the Copley Square finish line where they will receive a medal and be greeted by a victory parade, complete with a band, speaking programs and refreshments.

Registration for the 18th annual Boston Marathon Jimmy Fund Walk and financial contributions can be made online by visiting the Jimmy Fund Walk site at www.jimmyfundwalk.org or by calling 866-JFW-HERO.

North Quincy Kicks Off League Play Saturday At Sandwich

Somerville Ruins Raiders' Opener, 28-13

By CHRIS POISSON

The North Quincy High School football team kicked off a new era last Saturday night at Somerville, but it will have to wait another week to see if it is any different than the past.

The Red Raiders, who haven't had a winning season since 1996, held a 13-12 lead before surrendering two fourth-quarter touchdowns en route to a 28-13 loss in their season opener under new head coach Jim Connor.

"The score doesn't indicate the type of game it was," Connor said. "Somerville is a good team this year. We beat them the past two years but their coaches are doing a good job. Somerville's past doesn't indicate the type of team they are this year."

North Quincy (0-1) will look to rebound Saturday afternoon at 1:30 when it begins Atlantic Coast League play at Sandwich, which is coming off a 25-3 loss to Hingham.

"I told the kids they should be angry but they have to turn the page," Connor said. "We have to start looking ahead to Sandwich. Win or lose, you can't look at the past week and you have to move on. As a team we weren't very aggressive. This week we need to take the game to Sandwich."

Somerville jumped out to a 6-0 lead but North Quincy answered quickly when junior running back Terrence Sibley took a toss and ran 35 yards for the touchdown to even the score in the first quarter.

With 25 seconds left in the half, Somerville returned an interception for a touchdown to go up 12-6 as the two-point conversion failed.

Instead of heading into halftime deflated, junior Danny Jackson pumped some life back into North Quincy, returning the ensuing kickoff 85 yards for the score. Senior Dave Guerriero added the extra point for a 13-12 advantage at the break.

A scoreless third quarter, North Quincy drove to the Somerville 40 early in the fourth quarter before stalling. Somerville stunned the Red Raiders on its next series when its running back shed numerous tackles for an 85-yard TD run.

"That broke our hearts," Connor said.

Somerville added another touchdown for a 28-13 lead. North Quincy had two more opportunities to put points on the board but it turned the ball over in the red zone each time, fumbling inside the 15-yard line and throwing an interception in the end zone.

Senior quarterback Shaun McBrien completed 5-of-12 passes for 90 yards and Sibley finished with 85 yards rushing. Defensively, senior outside linebacker Steve Matos played well and Guerriero, a defensive back, had an interception.

"The kids seemed to be nervous," Connor said. "There was a lot of excitement and anticipation for the season to begin and I think they felt some pressure of this being the season that turns around. We're still hoping for that."

Connor, 25, a former lineman at Boston College, served as an assistant coach the past two seasons under Bill Shaughnessy.

His staff includes Rich Young, varsity defensive coordinator; Greg Wilson, varsity volunteer assistant; Mike Connor (no relation), JV offensive coordinator; Domen Barbuto, JV defensive coordinator; John Jones, JV volunteer assistant; and Peter Chrisom and Tom Carter, freshman coaches.

VETERANS MEMORIAL STADIUM, shown here last Friday, has an outside chance of hosting the North Quincy and Quincy football home openers next week. The installation of the carpet is scheduled to begin this week. "We're still debating where's the best place to play those games and we're keeping all our options opened," said Athletic Director Jim Rendle. "We'll probably make a decision by next Tuesday. We have our fingers crossed the stadium could be ready." Rendle said other options include playing at Adams Field, playing in Milton or Braintree, or postponing the games to later in the season. North Quincy will play Sept. 21 against Randolph and Quincy Sept. 22 against Falmouth, both games at 7 p.m.

Quincy Sun photo/Robert Noble

Women's Fitness Classes At Fore River Clubhouse

The Quincy Recreation Department, in cooperation with the Mayor's Commission on Women, will conduct two women's fitness classes at the Fore River Clubhouse.

The classes begin Sept. 18 and conclude Dec. 1.

Both programs will be held Monday, Wednesday and Friday mornings at 8:15 or 9:15. The instructor will be Karen Gaughan.

Each class includes exercise to improve and strengthen flexibility, endurance and overall fitness. Adaptations in the exercise allow each participant to work out at their own pace.

Cost of the program is $60. Registration is on a first-come, first-serve basis.

For more information, call the Quincy Recreation Department at 617-376- 1394.

Tara Porter On Ohio Wesleyan Field Hockey

Sophomore Tara Porter of North Quincy returns as a starting attacker for the Ohio Wesleyan University field hockey team this season.

Seek Medical Gear To Loan

The Council on Aging is seeking donations of medical equipment that is no longer needed by the current owner but can be loaned to someone else.

The present highest priority is given to bath transfer seats. Call the Council at 617-376-1506.

North Quincy Boys' Soccer Can, Bottle Drive Saturday

The North Quincy High School boys' soccer team will hold a can and bottle drive Saturday from 9 a.m. to noon in the front parking lot of the high school.

North Quincy High School Freshman Girls Blank Brockton, 4-0

SOCCER

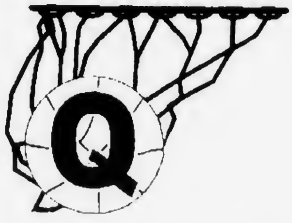
The North Quincy High School freshman girls' soccer team got its season started on the right foot Monday afternoon with a 4-0 shutout at Brockton.

The right foot of left forward Rachel Lucier, who scored the first goal with an assist by right forward Emma Smith.

The Red Raiders added three more goals in the second half from right forward Laura O'Donnell and midfielders Devon McKay and Cara Murtagh. Midfielder Maria DiPietro notched two assists and midfielder Samantha Bonanni one.

Helping defensively were Lindsey Repucci, Nikki Ingram, Jackie Kelley, Danielle Rodeck, Jacqueline Griffin and Megan Mahoney. Midfielders Mabel Setow, Amy Lo and Nicole Bannister along with forward Kristin Peterson also played well.

Head coach Frank O'Donoghue said the win will help the girls as they travel to Marshfield, Duxbury and Whitman-Hanson in the coming weeks. North Quincy will play its home games at Bishop Field, Montclair.



* Quincy Youth Basketball *

Registration for the Fall Season will be held on:

Saturday, September 23, 2006
from 9:00 am to 3:00 pm
at the Richard J. Koch Family Park
and Recreation Complex
1 Merrymount Parkway, Quincy
(off Southern Artery)

for boys and girls in grades 1-10

Grades 1-2(coed instructional)	$45.00
Grades 3-10	$90.00

Proof of Quincy residency* **IS** required along with a **photocopy of the player's certified birth certificate (please no originals)**. For further information, call Susan or Chris at (617) 479-8911 on Mondays or Wednesdays, 3 pm to 8 pm

*** copy of a utility bill, copy of a report card, copy of mortgage statement, copy of a driver's license, etc.**

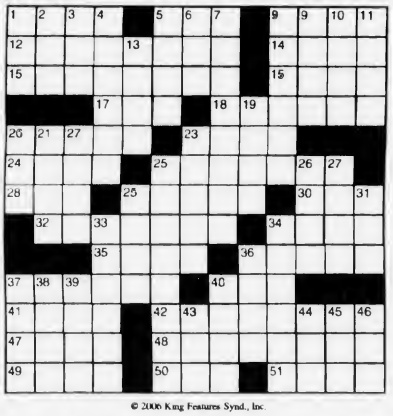
Quincy Youth Basketball does not discriminate on the basis of religion, sex, or race.

SUN FUN PAGE

King Crossword

ACROSS
1 Former Surgeon General C. Everett -
5 Insult, slangily
8 Information
12 Partially formed
14 Portent
15 Figure of speech
16 Rooster
17 "My Gal -"
18 Oriental entertainer
20 Wooden rod
23 Narrate
24 "Zounds!"
25 Alpine cottages
28 Make a mistake
29 Salty solution
30 Discoverer's cry
32 Competitor
34 Feed the hogs
35 Cabbie
36 Take the wheel
37 Got smaller
40 Pond carp
41 Lummox
42 Gilbert & Sullivan's ship
47 Oil-cartel acronym
48 Covers partially
49 Desire
50 Golf prop
51 Supplements, with "out"

DOWN
1 Kipling title hero
2 Indivisible
3 Halloween mo.
4 Introduced by stages
5 Willy Wonka's creator
6 Judge Lance
7 Erstwhile private
8 Tame
9 Andy's pal
10 Georgia or Cal
11 "Puppy Love" singer
13 Milky gemstone
19 Model Macpherson
20 Cee follower
21 Monster
22 Caution
23 Opine
25 Eccentric one
26 Story
27 Put your foot in it
29 Cereal choice
31 Half a yr. before 3-Down
33 Hut's roof material
34 Suffocate
36 Fly like the eagles
37 Plodding
38 Kachina worshipper
39 Regrets
40 Footballer's sore spot
43 "- Got a Secret"
44 Acorn, in the future
45 Deli bread
46 Curvy letter



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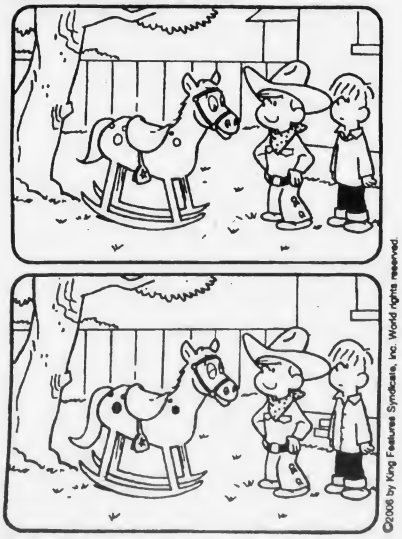
HOCUS-FOCUS

BY HENRY BOLTINOFF



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FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

Differences: 1. Spots are different. 2. Eyes are closed. 3. Sweater is missing. 4. Tail is longer. 5. House is missing. 6. Bricks are added.

The Garden Bug

Acclimating houseplants

A few weeks before you start heating your home, as you begin to bring potted plants inside, you'll need to:

- Wash off the pot, drying it thoroughly.
- Trim any dead or diseased leaves or stems
- Wash the plant to remove any pests or eggs.

MAGIC MAZE ● COUNTRIES WITH A TV TAX

Q P M J G D A X V S Q N K Y I
F D A X V T A S Q O M J H N F
C A Y W U I W C R N O R W A Y
P U N I T E D K I N G D O M L
N L J A D E N M A R K H F R A
D G O E C N A R F B F Z X E T
V R N D N A L E R I T A R G I
C E Q O M P N A E R O K S K I
H E F D B A I R T S U A Z Y W
V C T R Q J F O N L K I H F D
L E A R S I C A Z X W V U S R

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Austria	France	Israel	S. Korea
Croatia	Germany	Japan	Sweden
Denmark	Greece	Norway	United Kingdom
Finland	Ireland	S. Africa	

Trivia test by Fifi Rodriguez

1. LANGUAGE: What is hardtack?
2. HISTORY: Where was gold found in California that resulted in the great "gold rush" of the 19th century?
3. MUSIC: Pete Townshend may be best known as a guitarist for which band?
4. PSYCHOLOGY: In which culture did the practice of hypnosis arise?
5. TELEVISION: What was the genre of the television series "Babylon 5"?
6. ANATOMY: What is the axial skeleton?
7. GEOGRAPHY: What is the Ivory Coast?
8. GENERAL KNOWLEDGE: What activity would cause a condition called "hammer bite"?
9. FOOD & DRINK: What is the essential topping on a pot pie?
10. NATURAL WORLD: What is a bergamot?

Answers

1. A simple cracker or biscuit, made from flour, water and salt.
2. Sutter's Mill
3. The Who
4. Hindus of India
5. Science fiction
6. The skull, ribs, sternum and vertebral column.
7. A country in West Africa
8. Firing a semi-automatic pistol, which sometimes pinches the skin in the web between the thumb and first finger.
9. Pastry
10. An orange whose skin produces a fragrant, essential oil.

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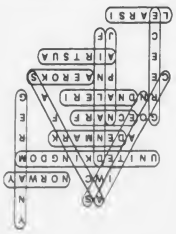
King Crossword Answers

Solution time: 21 mins.

Magic maze Answers

COUNTRIES WITH A TV TAX



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IBM Selectrics Reconditioned

Starting at $229.00 and up while they last!

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Quincy, MA 02169 **617-472-3656**

Salome's Stars

ARIES (March 21 to April 19) As tensions ease on the home front, you can once more focus on changes in the workplace. Early difficulties are soon worked out. Stability returns as adjustments are made.

TAURUS (April 20 to May 20) A new romance tests the unattached Bovine's patience to the limit. But Venus still rules the Taurean heart, so expect to find yourself trying hard to make this relationship work.

GEMINI (May 21 to June 20) It's a good time to consider home-related purchases. But shop around carefully for the best price — whether it's a new house for the family or a new hose for the garden.

CANCER (June 21 to July 22) A contentious family member seems intent on creating problems. Best advice: Avoid stepping in until you know more about the origins of this domestic disagreement.

LEO (July 23 to August 22) A recent job-related move proves far more successful than you could have imagined. Look for continued beneficial fallout. Even your critics have something nice to say.

VIRGO (August 23 to September 22) Ease up and stop driving yourself to finish that project on a deadline that is no longer realistic. Your superiors will be open to requests for an extension. Ask for it.

LIBRA (September 23 to October 22) You should soon be hearing some positive feedback on that recent business move. An old family problem recurs, but this time you'll know how to handle it better.

SCORPIO (October 23 to November 21) Some surprising statements shed light on the problem that caused that once-warm relationship to cool off. Use this newly won knowledge to help turn things around.

SAGITTARIUS (November 22 to December 21) Your spiritual side is especially strong at this time. Let it guide you into deeper contemplation of aspects about yourself that you'd like to understand better.

CAPRICORN (December 22 to January 19) Your merrier aspect continues to dominate and to attract folks who rarely see this side of you. Some serious new romancing could develop out of all this cheeriness.

AQUARIUS (January 20 to February 18) You're always concerned about the well-being of others. It's time you put some of that concern into your own health situation, especially where it involves nutrition.

PISCES (February 19 to March 20) Just when you thought your life had finally stabilized, along comes another change that needs to be addressed. Someone you trust can help you deal with it successfully.

BORN THIS WEEK: You have a sixth sense when it comes to finding people who need help long before they think of asking for it. And you're right there to provide it.

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Wishing Well®

7	3	5	4	8	4	5	6	2	7	3	6	4
L	A	A	B	W	E	M	B	S	I	H	U	A
8	7	6	8	4	3	8	4	5	4	8	7	4
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E	N	E	D	O	N	U	R	I	F	S	N	O
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T	B	S	E	P	R	S	E	O	S	O	S	P
2	7	8	2	8	6	3	7	3	7	8	3	6
T	T	T	H	A	S	Y	H	M	E	C	A	T
2	8	5	3	7	2	7	8	6	5	3	5	3
E	L	C	R	R	A	S	E	R	L	R	E	I
8	3	6	2	3	2	5	3	2	6	2	5	5
S	A	I	R	G	T	A	E	E	P	D	R	S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

Religion

'Homecoming Extravaganza' At St. Chrysostom

The Episcopal Parish of Saint Chrysostom's will celebrate their 50th anniversary of their consecration at their "Homecoming Extravaganza," Sunday, Sept. 17 at the church, 1 Linden St.

The free event starts with Church School for children starting at 9 a.m., followed by the morning service at 10 a.m., including a liturgy of thanks giving and remembrance. Events planned for the afternoon include the dedication of the new wheelchair ramp, the launch of the parish website, a picnic luncheon and barbecue, the gospel group, "Andrew and the Expressions," Chris Iredale on guitar, and more.

For more information call 617-472-0737.

Wollaston Congregational Kids Super Saturday

Wollaston Congregational Church, 48 Winthrop Ave., Wollaston, will hold its third annual Kids Super Saturday Sept. 16 from 10 a.m. to 1 p.m.

The festivities will include games, prizes, surprises, crafts and cookie painting, as well as bubbles and beads, dance demonstrations, and a free lunch for children.

There will also be a tots play area.

The free community event is sponsored by the Christian Education Committee.

For more information, call 617-773-7432.

Houghs Neck Congregational Church To Host 'Country Fair' Sept. 30

A scavenger hunt, chicken barbecue and contests from quilting to pie baking are among the highlights of the Houghs Neck Congregational Church Country Fair Saturday, Sept. 30 at the church, 310 Manet Ave.

The day-long event begins at 9 a.m. with a scavenger hunt. Fair booths will be open from 11 a.m. to 5 p.m., with booths for baked goods, homemade fudge, crafts, fresh produce and refreshments, including hot dogs, burgers, popcorn and cotton candy. In addition to country fair contests for quilting, pie baking, jams and jellies, flower arranging and funniest pet photo, the event will feature prize raffles as well as games and activities for the family.

A "Houghs Neck Idol" singing contest will be held at 3 p.m., with prizes for the winners.

The fair will conclude with a chicken barbecue from 5 to 7 p.m. and the awarding of prizes to contest and raffle winners.

For contest entry details or for more information on the fair, call 617-479-2311, e-mail hncc@comcast.org or visit www.hncong.org.

Harry Potter Halloween Celebration At Quincy Community United Methodist

Quincy Community United Methodist Church, 40 Beale St., Wollaston, will host a "Harry Potter Halloween Celebration" Saturday, Oct. 28 beginning at 1 p.m.

"This year's Harry Potter celebration will be based on the latest movie, *Harry Potter and the Goblets of Fire*," said Rev. Dr. Susan F. Jarek Glidden, pastor of Quincy Community United Methodist Church. "Everyone will once again have the opportunity to receive a 'magic wand,' to be part of the Sorting Ceremony, and to participate in Quidditch tryouts, but the remaining activities will be brand new.

"In keeping with the movie, this year we will be holding 'preliminary tryouts' for the Tri-Wizard Tournament," Pastor Jarek Glidden said.

Last year's event was so popular it sold out. Those wishing to participate should make their reservations early. Call 617-773-0854.

Cost of the event is $6 per person, $20 for a family of four; and children three years and under are free. Every child must be accompanied by an adult.

Last Halloween, the church welcomed a delegation from Hogwarts School of Witchcraft and Wizardry, the school Harry Potter attends. Afternoon festivities included a Sorting Ceremony, "classes" in Herbology, Potions, Divinations, and Care of Magical Creatures, Quidditch tryouts, a Defense Against the Dark Arts Scavenger Hunt, and a traditional Hogwarts Halloween Feast.

The afternoon was so much fun and so successful that the Hogwarts delegation will return to Quincy Community United Methodist Church for another visit Oct. 28.

Bethany Congregational Church

Bethany Congregational Church, 18 Spear St., Quincy Center, will have Sunday worship at 10 a.m.

The Rev. Gary W. Smothers will conduct the service and preach a sermon entitled "Sermons From Mark 9) The Beginning of the Crowds." There will also be a children's message.

Childcare will be available for infants and toddlers. Fellowship follows the service in Allen Parlor.

Quincy Community United Methodist Church

Quincy Community United Methodist Church, 40 Beale St. Wollaston, will have Sunday worship beginning at 10:30 a.m.

Sunday School begins at 10:30 a.m.

The Rev. Dr. Susan F. Jarek-Glidden will conduct the service. Lector will be Wayne McCulley. Ushers will be Paul and Linda DelGreco.

After the service, the coffee hour will be hosted by Ann Giger, Florence Hunter and Shirley Poore.

Movie night is Saturday, Sept. 16 beginning at 6 p.m. Film is "Eight Below."

Quincy Religion Directory

SERVICES & ACTIVITIES

Assemblies of God

Glad Tidings
158 Washington St., Quincy
phone: 773-9797
Rev. Gregory E. Wheaton, Pastor
Sunday Worship: 8:30, 11 a.m.; Chrstian Ed. 10 a.m.; Senior Hi Youth 7 p.m.; Wed. 7 p.m. Berean Bible Study, Royal Ranger Missionettes; Friday Junior Hi Youth 7 pm
Youth & Children's Ministry
•Contemporary Worship
•Marriage & Family Group
•International Fellowship
•DivorceCare

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 7, 9:30 & 11:30am, Weekdays 9am
Handicapped Accessible
New Members Welcome!

Unitarian

United First Parish
Hancock St., across from City Hall
617-773-1290
Sunday Worship, 10:30 AM
Child Care & Religious Education for all ages
All Welcome to Our Historic Church

Congregational

First Church of Squantum
164 Bellevue Street
617-328-6649
Pastor: Michael S. Robertson
10 a.m. Sunday Worship
All Are Welcome

To Advertise in this Directory, Call 617-471-3100

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4pm (Sat.) 7:45am, 9am (Family Liturgy)
10:30am (with Choir) and 5pm
12 noon at Star of Sea Church
Weekday Masses
Mon.-Fri 7am and 9am. Sat. 9am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m., 10:30 a.m. & 5 p.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

ST. JOHN THE BAPTIST
44 School St., Quincy
617-773-1021
Weekend Mass Schedule
Saturday (Vigil Mass) 4 p.m.
Sunday 7:30 a.m., 9 a.m.
and 11 a.m. (Family Liturgy)
Weekday Masses
Monday - Saturday 8 a.m.
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
• 617-479-5400
Pastor: Rev. John J. Ronaghan
Weekend Mass Schedule:
Saturday 4:00 PM
Sunday 7:00, 9:00, 11:30AM
Daily Masses: 9:00 AM
Handicapped Chairlift Available

Congregational

HOUGHS NECK CONGREGATIONAL CHURCH
310 Manet Ave., Quincy
Sunday, Sept. 17
Service Of Divine Worship 9:30 am
Sunday School 9:30 AM
Sermon Topic
'Hold Your Tongue'
James 3: 1-12
Rev. John Castricum
617-479-8778
Lois Zulauf : Minister of Music

BETHANY CONGREGATIONAL CHURCH
Corner of Spear & Coddington Sts., Quincy Center • 617-479-7300
10 AM Sunday Worship
Rev. Gary Smothers - 'Sermons From Mark'
Childcare Available for Infants, Toddlers
Fellowship Follows Service in Allen Parlor

QUINCY POINT CONGREGATIONAL CHURCH
444 Washington St . • 617-773-6424
Worship and Church School 10 am
Rev. Ann Suzedell, Pastor
visit us at www.QPCC.org

UNION CHURCH
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Sunday Service 10 AM
617-479-6661
Good Bible Preaching & Traditional Worship
Rev. John Carl Swanson, Pastor

PEACE

Congregational

WOLLASTON CONGREGATIONAL CHURCH
48 Winthrop Ave. - 617-773-7432
Pastor: Rev. Mary Lou Gifford
Sunday Worship
Sept. 17th - RALLY DAY
Rev. Mary Louise Gifford
"Why Do People Say I Am?"
Isa 50: 4-9a and Mark 8:27-38

Covenant

COVENANT CONGREGATIONAL CHURCH
Corner of Whitwell & Granite St.
Sunday Worship 10:00 AM
Rev. Karen Palmatier, Pastor
9 a.m. – Christian Education for all ages
Child Care Available - All Are Welcome
Children's Pantry
Wed., Thur. 9:30 am - 12 noon
617-479-5728

Nazarene

Wollaston Church of the Nazarene
37 E. Elm Ave., Wollaston
(617) 472-5669
On The Campus Of
Eastern Nazarene College
Pastor: Rev. Fred. Fullerton
Sunday Services
8:30 am - Holy Communion
9:45 am - Adult & Children's Sunday School
11 a.m. - Blended Worship Service
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Episcopal

St. Chrysostom's Episcopal Church
Corner of Hancock & Linden Sts.
Quincy • (617) 472-0737
Rev. David Hefling
Sunday School 9 a.m.
Adult Forum 9:15 a.m.
Holy Eucharist Rite 10 a.m.
Nursery Care During Service
Coffee Hour Following
ALL WELCOME
THRIFT SHOP HRS: W, TH, FR 10am-4pm

Evangelical

EVANGELICAL CHURCH OF ATLANTIC
65 Newbury Ave. North Quincy
(617) 847-4444
Pastor Bill Donahue
Sunday Morning
Worship 10:10 AM
Childcare Available

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Dr. Susan Jarek-Glidden, Pastor

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45 SUNDAY SCHOOL
11AM WORSHIP SERVICE
BRASS BAND MUSIC
7PM TUES WOMEN'S FELLOWSHIP
7:15PM WED. BIBLE STUDY

Spiritualist

First Spiritualist Church of Quincy
40 West St., Quincy, MA 02169
(617) 770-2246
Services: Sunday 11 a.m. to 12:30 PM
Coffee and Conversation following service
Services 8 PM Wednesdays June, July, August
Pastor Rev. Rita S. Berkowitz C.H., C.M.

OBITUARIES

Clara Yeomans, 93

Community Activist, Quincy Sun Citizen Of The Year

A funeral Mass for Clara (Kaminski) Yeomans, 93, of Quincy, a community activist and conservation pioneer, was celebrated Monday in Sacred Heart Church, North Quincy.

Mrs. Yeomans died Sept. 1 at Queen Anne's Nursing Home, Hingham.

Born in Chelsea and raised in Everett, she moved to Quincy in 1951.

Before marrying Frank Yeomans in 1948, she had worked as a legal secretary in Boston.

She was very active in her children's education, participating in various PTAs and clubs, particularly as one of the principle supporters of the North Quincy High School Science Club. She judged at many science fairs in Quincy and Hingham.

She was involved in the Girl Scouts, including leading summer day camps in the Blue Hills and Moswetusset Hummock.

She participated in many local clubs and organizations, including the Wollaston Garden Club, Quincy Symphony Guild, Polish-American Women's Club of Greater Boston, and the League of Women Voters.

She was an avid outdoorswoman. She traveled throughout the U.S., Canada, Europe, and the Caribbean.

Her most significant contribution to the community was her pioneering work in conservation and the environment. She understood the need for attention to open spaces and the earth in the

CLARA YEOMANS

1960s before ecology became a cause.

A charter member of the Quincy Conservation Commission, she served on it for 35 years from 1965 to 2000. She enjoyed sharing her knowledge of the tidal marshes and the Blue Hills with local students..

She was instrumental in the creation of Grossman Park, along Fenno Street in Quincy.

She was the recipient of many awards, including the 1989 Quincy Sun Citizen of the Year for her pioneering conservation efforts and her longtime dedicated service to the environment. At the ceremony she remarked that she had "loved every blade of grass and petal of flower."

Other awards included a 30-foot spruce tree planted and dedicated to her by the City of Quincy in Safford Park in December 2004.

Wife of the late Frank Yeomans, she is survived by a daughter, Ann Yeomans of Quincy; a son, Frank Yeomans of New York City; and several nieces and nephews.

Burial was in Calvary Cemetery, Waltham.

Funeral arrangements were made by the Lydon Funeral Home, Quincy.

Joseph Schlager, 86

Schlager Auto Owner, WWII Veteran

A funeral Mass for Joseph F. "Jim" Schlager, 86, of Milton, formerly of Quincy, was celebrated Sept. 9 at St. Mary's Church, Quincy.

He died Sept. 6 at Quincy Medical Center.

Mr. Schlager founded with his wife Schlager Auto Body & Towing in Quincy in 1956, celebrating their 50th year in business.

A World War II Navy veteran, he was honorably discharged in 1946. He received a Presidential Unit Citation along with a World War II Victory Medal, 2 star Asiatic-Pacific Theatre Medals.

Mr. Schlager raised beagles and took them to fox hunts in Maine and New Hampshire. He also had a passion for horses. Along with his wife, they entered quarter horses in several shows. They went on 35-mile horseback rides in the Blue Hills and also rode with the Hanson Riding Club in Plymouth.

Born in Quincy on Willard Street, he walked from his home in West Quincy to work on a relative's pig farm that

JOSEPH SCHLAGER

was located on the site of the Howard Johnson Motel in Braintree.

He met his wife, the late Doris B. (Bushman), when he was 6 years old. They married in 1942.

He is survived by a son, James Schlager of Quincy; a brother, Richard Schlager of Florida; two grandsons and a great-granddaughter.

Burial was in Pine Hill Cemetery.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St., Wollaston.

Donations may be made to Quincy Public Schools, c/o Dr. Richard DeCristofaro, 70 Coddington St., Quincy, MA 02169.

James M. Cochrane, 38

Quincy Police Officer

A funeral Mass for James M. "Jamie" Cochrane, 38, of Quincy, a Quincy police officer, will be celebrated today (Thursday) at 10:30 a.m. at St. John's Church, 44 School St., Quincy.

He died Sunday at Boston Medical Center from injuries suffered in a motorcycle accident the previous afternoon in Quincy.

Officer Cochrane had eight years of service with the Quincy Police Department and served most of his career with Special Operations in the Motorcycle Unit.

He previously worked for several years with the Tunnel Workers Union, Local 88.

He was an avid motorcycle enthusiast for more than 23 years.

Born in Boston, he was raised in Quincy and graduated from North Quincy High School in 1986. He received his bachelor's degree in criminal justice from the University of Lowell and his master's degree in criminal justice from Anna Marie College.

He is survived by his wife, Maria A. (Styles) Cochrane; his parents, Edward H. and Elaine (Keefe) Cochrane of Quincy; two brothers, Edward T. Cochrane and Thomas J. Cochrane, both of Quincy; a sister, Judi Borowski of Warwick, R.I.; his grandmother, Gertrude

JAMES M. COCHRANE

(Stokinger) Keefe of Quincy; his father-in-law, Christopher Styles of Weymouth; three nieces, three nephews and many aunts, uncles, cousins and fellow officers and friends.

He was the father of the late Caroline S. Cochrane and the late Mia S. Cochrane. He was the grandson of the late Thomas L. Keefe, the late Edward H. Cochrane and the late Dorothy (Webster) Cochrane.

Burial will be in Cedar Grove Cemetery, Dorchester.

Visiting was 3 to 8 p.m. Wednesday at Sweeney Brothers Home for Funerals, 1 Independence Ave.

Donations may be made to the Quincy Police Mutual Aid Association, 1 Sea St., Quincy, MA 02169, or to Children's Hospital, 300 Longwood Ave., Boston, MA 02115.

Ellen P. Sheehan, 65

Retired Human Resources Administrator

A funeral Mass for Ellen P. Sheehan, 65, of Rockland, formerly of Quincy, a retired human resources administrator, was celebrated Sept. 9 at St. Mary's Church, West Quincy.

She died Sept. 5 at home.

Ms. Sheehan was a human resources administrator with the former RNS, which would later become the MIB Group of Westwood. She spent six months working for the company in Ireland where she worked with local groups in conducting training sessions. She retired in 2001 after 36 years.

She previously worked as a dental assistant in the Quincy Health Department for a few years in the early 1960s.

Throughout her career, Ms. Sheehan pursued continuing education courses at Bentley College, taking courses that pertained to her field of human resources.

Born in Quincy, she graduated from Quincy High School and from the Forsyth Institute of Boston. She lived in Quincy before moving to Rockland a few years ago.

She is survived by three sisters, Catherine L. Morin of Sandwich, Anne M. Donna of Brockton and Mary E. Bersani of Quincy; many nieces and nephews; 13 grandnieces and grandnephews and a great-nephew.

Burial was in St. Mary's Cemetery.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Donations may be made to St. Mary's Church, Renovation Fund, 95 Crescent St., West Quincy, MA 02169.

Cecilia B. Mattie, 95

Homemaker, Retired Cook's Assistant

A funeral Mass for Cecilia B. "Sis" (McNeil) Mattie, 95, of Quincy, a homemaker and retired cook's assistant, was celebrated Sept. 8 at St. Joseph's Church, 556 Washington St.

She died Friday at the Eventide Home.

Mrs. Mattie worked for 17 years for 1000 Southern Artery, where she also lived for the last 22 years.

Born and educated in Sydney, Cape Breton Island, Nova Scotia, she lived in Quincy for 80 years.

Wife of the late Michael P. Mattie, she is survived by a daughter, Mary Post of Quincy; a son, Michael "Eddie" Mattie of Lake Ozark, Mo.; four grandchildren, 11 great-grandchildren and several nieces and nephews.

She was the grandmother of the late Edward Mattie.

Burial was in Mount Wollaston Cemetery.

Funeral arrangements were by Dennis Sweeney Funeral Home, 74 Elm St.

Donations may be made to Swim with a Special Child, 33 Hamden Circle, Quincy, MA 02170, c/o Mary Johnson or the Arthritis Foundation, 29 Crafts St., Newton, MA 02158.

DON McCARTHY
Managing Director

A THOUGHT FOR THE WEEK

Sadness is something that everyone must encounter at some point in life. Perhaps it is designed to teach us lessons which are not or could not be learned in any other way. If one doesn't have a little sadness, how can one know when he is happy? . . . Sadness can be the last chapter or the beginning of a new chapter of life, depending on how we react. Remember the old tongue twister, "The bit of bitter butter made the better butter bitter?" If one becomes bitter, it closes life to new experiences, but if one faces it with courage, it can teach something and open new channels of life.

Joy is a live, activating force with the power of strengthening one and spreading radiance to everyone around you. It is reaching out to share a part of your life with someone who is sad and discouraged.

You may not know what to say to a friend in his hour of sadness, but your presence will be worth many words. Take sorrow by the hand, shove darkness aside and force in the light. The harvest of joy is most often reaped by the hand of helpfulness.

What we turn to in the hour of sadness is determined in a good measure by what we strive for in our hours of joy.

Get Ready - Get Set - GLOW. "Where there is sadness, let me sow joy."

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Mary C. Walsh, 92

QMC Volunteer, Retired Employee

MARY C. WALSH

A funeral Mass for Mary C. (Jordan) Walsh, 92, of Quincy, a Quincy Medical Center volunteer and retired employee, was celebrated Sept. 8 at Holy Trinity Parish in Our Lady of Good Counsel Church, 227 Sea St.

She died Sept. 4 at Quincy Medical Center.

Mrs. Walsh volunteered at the hospital every week for the last seven years. She also worked part time for the Warren & Sofia Hays Co.

She worked in the admittance office at the former Quincy City Hospital for 20 years, retiring in 1993.

Mrs. Walsh enjoyed cooking and reading. She was a Gold Star Mother.

Born in Boston, she lived in Quincy for 67 years.

Wife of the late James F. Walsh, she is survived by two daughters, Michele Morris of Abington and Maureen Hays of Quincy; two brothers, Joseph Jordan of Dorchester and Robert Jordan of Quincy; six grandchildren; and seven great-grandchildren.

She was the mother of the late James M. Walsh.

Burial was in Blue Hill Cemetery, Braintree.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Beatrice M. Budreau, 85

Homemaker

BEATRICE M. BUDREAU

A funeral service for Beatrice M. "Betty" (Preble) Budreau, 85, of Quincy, formerly of Winthrop and Everett, a homemaker, was held Sept. 7 at Keohane Funeral Home, 785 Hancock St.

She died Sept. 4 at home.

Born in Everett, she grew up there, was later a resident of Winthrop, and an 8 year resident of Quincy.

In her younger years she enjoyed ice skating and dancing. She was an avid reader and enjoyed murder mysteries and crime stories. She enjoyed spending time with her family. While living in Winthrop she volunteered at the Senior Center, making ceramics. Her friends said that she had a great sense of humor, and was a strong woman and devoted mother.

Burial was in Massachusetts National Cemetery, Bourne.

Donations may be made to Old Colony Hospice, 1 Credit Union Way, Randolph, MA 02368.

Stephen A. Cellucci, 58

Retired Quincy Employee

STEPHEN A. CELLUCCI

A funeral Mass for Stephen A. "Poochy" Cellucci, 58, of Quincy, a retired employee of the City of Quincy, was celebrated Wednesday in Holy Trinity Parish at Most Blessed Sacrament.

He died Sept. 8 at Quincy Medical Center.

Mr. Cellucci worked in the Quincy Water and Sewer Department for 28 years, retiring in 2003.

He served in the Army following high school.

Born in Boston, he was raised in Norton and graduated from Norton High School.

He is survived by his wife of 36 years, Maureen E. (Sullivan) Cellucci; two sons, Brian O. Cellucci of Braintree and Kevin M. Cellucci of Quincy; a sister, Maryanne Woodard of Maine; a brother, Thomas Cellucci of Maine; a granddaughter; and many nieces and nephews.

Burial with military honors was in Pine Hill Cemetery.

Funeral arrangements were by Dennis Sweeney Funeral Home, 74 Elm St.

Donations may be made to St. Jude's Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

John G. Kennan Sr., 79

Design, Construction Engineer

A funeral Mass for John G. Kennan, Sr., 79, of Quincy, a design and construction engineer, was celebrated Monday at St. Ann's Church, Wollaston.

He died Sept. 7 at Cape Cod Hospital.

Mr. Kennan worked in design and construction for the General Services Administration of the U.S. Federal Government in Boston for 30 years retiring in 1986. He served in the Army from Sept. 20, 1945 to Nov. 30, 1945.

Born in Boston, he graduated from Mechanic Arts High School in Boston and attended Northeastern University.

He was an avid reader and self proclaimed historian. He enjoyed reading about WWII, United States and European history. He spent many hours in the Thomas Crane Public Library. He loved to fish both at Castle Island in South Boston and Wollaston Beach. He enjoyed his friends and family.

He is survived by his wife, Mary Kennan of Sandwich; his son, John G. Kennan Jr.; his daughter, Diane M. Blake; his brother, James Kennan of Florida; his two granddaughters, Elizabeth Kennan of Sandwich and Meredith Blake of Hyannis; and his grandson, David Blake of Mashpee, and two great grandchildren.

He was the husband of the late Irene (Ladas) Kennan, and brother to the late Sadie Kennan and Herbert Kennan.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Donations may be made by Amyloidosis Research Foundation, 4174 Meyers Ave., Waterford, MI 48329.

Frederick H. Donovan, 67

Retired Partner At John Dewar & Co., Inc.

A funeral Mass for Frederick H. Donovan, 67, of The Villages, FL, formerly of Somerville and Quincy, a retired partner at John Dewar & Co., Inc., was celebrated Sept. 8 at Sacred Heart Church, North Quincy.

He died at home Aug. 21.

Mr. Donovan was in the meat business for 40 years, and a partner at John Dewar & Co., Inc., in Boston and Newton for 20 years, retiring in 1998. He served in the U.S. Marine Corps from Aug. 1956 to Aug. 1959.

For many years he made rosaries and gave them to his family and friends. He loved the meat business and passing along his knowledge.

He is survived by his wife, Mary G. Grossi-Donovan of The Villages, FL; his four sons, Michael Donovan of Quincy, Frederick Donovan Jr., of Quincy, Ronald Grossi of Medford, and Michael Grossi of Medford; and two brothers, Paul Donovan of Somerville and John Donovan of Arlington, and three grandchildren. He was the husband of the late Gail (Crowley) Donovan, and the brother of the late Marguerite Griffin and Mary Ellen Walker.

Burial was in Blue Hill Cemetery, Braintree.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Donations may be made to the Hospice of Lake and Sumter, Inc. 12300 Lane Park Road Tavares, FL 32778.

Charles W. Antle, 81

Retired General Dynamics Employee

Charles W. Antle, 81, of Quincy, a retired General Dynamics employee, died Sept. 9 at Boston University Medical Center after a brief illness.

He was a straightener at the former Fore River Shipyard for 22 years, retiring many years ago.

Mr. Antle was a World War II Navy veteran, serving in the Atlantic Theater.

Born, raised and educated in Cambridge, he lived in Ohio for several years before moving to Quincy 40 years ago.

Husband of the late Mary Teresa (McGivern) Antle, he is survived by a stepdaughter, Nancy Antonellis of Brockton; and three grandchildren.

Burial was private.

Arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Brenda C. Carey, 53

A funeral service for Brenda C. (Gillan) Carey, 53, of Peakes, Canada, formerly of North Quincy, was held Tuesday at St. Cuthbert's Church, St. Teresa, Canada.

Mrs. Carey died Sept. 2.

She is survived by two sons, Michael and Liam; a brother, Emery Gillan; a sister, Miriam "Muddy" Gouthro; several nephews, nieces, grandnephews and grandnieces.

Other Obituaries On Page 28

Vets Adviser At COA Office

John D. Miller of Home Care Partners, will be at the Council on Aging office, 83 Saratoga St., each Wednesday to advise veterans or their surviving spouses of their in-home care benefits.

To schedule an appointment, call the Council on Aging at 617-376-1506.

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(617) 698-6264

Dear World...

My young son starts to school today... It's going to be sort of strange and new to him for awhile, and I wish you would sort of treat him gently.

You see, up to now he's been king of the roost... He's been boss of the backyard... His mother has always been near to soothe his wounds and repair his feelings.

But now things are going to be different.

This morning he's going to walk down the front steps, wave his hand, and start out on the great adventure... It is an adventure that might take him across continents, across oceans... It's an adventure that will probably include wars and tragedy and sorrow... To live his life in the world he will have to live in, will require faith and love and courage.

So, World, I wish you would sort of look after him... Take him by the hand and teach him things he will have to know.

But do it gently, if you can.

He will have to learn, I know, that all men are not just, that all men are not true.

But teach him also that for every scoundrel there is a hero... that for every crooked politician there is a great and dedicated leader.... Teach him that for every enemy there is a friend.

Steer him away from envy, if you can... And teach him the secret of quiet laughter.

In school, World, teach him it is far more honorable to fail than to cheat. Teach him to have faith in his own ideas, even if everyone says they are wrong... Teach him to be gentle with gentle people and tough with tough people.

Try to give my son the strength not to follow the crowd when everyone is getting on the bandwagon... Teach him to listen to all men – but teach him also to filter all he hears on a screen of truth and take just the good that siphons through.

Teach him, if you can, how to laugh when he is sad... Teach him there is no shame in tears.... Teach him there can be glory in failure and despair in success.

Treat him gently, World, if you can, but don't coddle him... Because only the test of fire makes fine steel... Let him have the courage to be impatient... Let him have the patience to be brave.

Let him be no man's man... Teach him always to have sublime faith in himself.

Because then he will always have sublime faith in mankind.

This is quite an order, World, but see what you can do... He's such a nice little fellow, my son! - Dan Valentine

Compliments of Keohane Funeral Home
QUINCY • NORTH QUINCY
www.keohane.com
Call 617-773-3551 to receive a copy of "Dear World"

OBITUARIES

Anthony J. Grazer, 87

Retired Railroad Clerk, WWII Veteran

ANTHONY J. GRAZER

A funeral Mass for Anthony J. Grazer, 87, of Quincy, a retired railroad clerk, was celebrated Monday at Sacred Heart Church, North Quincy.

He died Sept. 7 at home.

Mr. Grazer was a railroad clerk for the former New Haven Railroad for more than 40 years, retiring in 1984.

He was a World War II Navy veteran.

He was a member of Sacred Heart Church.

Born and raised in Woburn, he lived in South Boston and Dorchester before moving to Quincy in 1957.

He is survived by his wife of 58 years, Gertrude (Lanergan) Grazer; two daughters, Anne Gill of Plymton and Jeanne Vidler of East Hampstead, N.H.; two sons, Richard Grazer of Portland, Ore., and Robert Grazer of Houston, Texas; 10 grandchildren; a great-granddaughter; and many nieces and nephews.

Burial was in Calvary Cemetery, Woburn.

Funeral arrangements were by Deware Funeral Home, 576 Hancock St.

Donations may be made to the Massachusetts and New Hampshire Chapter of Myasthenia Gravis Foundation, 119 Broad Meadow Road, Needham, MA 02492.

William N. Coughlin, 24

Apprentice Plumber, Navy Veteran

A funeral Mass for William Noonan Coughlin, 24, of Quincy, formerly of Plymouth, an apprentice plumber and Navy veteran, was celebrated Sept. 8 at St. Mary's Church, 313 Court St.

He died Sept. 4 at the Quincy Point river.

As a veteran he obtained a job through the Helmets to Hard Hats government program. He was an apprentice plumber for Boston Plumbers Local 12.

He was a Navy veteran of the Global War on Terrorism. He entered the Navy right after high school and was stationed in Hawaii.

Mr. Coughlin was awarded the Naval Defense Service Medal, Meritorious Unit Commendation, Coast Guard Special Operations Ribbon, Sea Service Deployment Ribbon, Battle "E" Ribbon, Coast Guard Meritorious Unit Commendation, Global War on Terrorism Service Medal and the Navy Good Conduct Medal.

He was active with Partnership in Education at the Holomua Elementary School in Ewa Beach while stationed in Hawaii. he tutored 32 children there, resulting in improvement in their reading skills. He painted hallways and stairwells and installed computers.

He loved the ocean and enjoyed swimming, biking and rollerblading.

Mr. Coughlin graduated from Plymouth South High School, class of 2001. He was born in Boston.

He is survived by his parents, William Joseph and Jean (Noonan) Coughlin of Plymouth; two brothers, Michael J. Coughlin of Quincy and Patrick Coughlin of South Boston; a sister, Eileen Coughlin of Plymouth; his grandfather, William Coughlin of Randolph; uncles, aunts and cousins.

Burial was in Oak Grove Cemetery, Falmouth.

Funeral arrangements were by Cartmell Funeral Home, Plymouth.

Virginia K. Crimmins, 84

Homemaker

A funeral Mass for Virginia K. (O'Brien) Crimmins, 84, of Quincy, a homemaker, was celebrated Monday at St. Agatha Church, Milton.

Mrs. Crimmins died Sept. 1 at Quincy Medical Center.

She grew up in South Boston and lived there and in Dorchester before moving to Quincy 23 years ago.

Wife of the late Albert L. Crimmins, she is survived by two daughters, Jean M. Crimmins of Quincy and Carol A. Noenickx of South Boston; a son, John A. Crimmins of Acton; and three grandchildren.

Burial was in Cedar Grove Cemetery, Dorchester.

Funeral arrangements were made by Alfred D. Thomas Funeral Home, Milton.

COA In Need Of Bath Seats

The Council on Aging is in urgent need for bath seats for senior citizens.

If you have one to donate, call the COA at 617-376-1245.

Herman W. Tott, 85

World War II, Korean War Veteran

HERMAN W. TOTT

A memorial service for Herman W. Tott, 85, of Hull, formerly of Braintree, a veteran of two wars, was held Tuesday at Sweeney Brothers Home for Funerals, 1 Independence Ave.

He died Sept. 9 at South Shore Hospital in Weymouth after a long illness.

Mr. Tott was the former owner and operator of Quincy Adams Beverage Company on Franklin Street in Quincy for many years. He retired many years ago.

He was a World War II and Korean War Navy veteran. He served in both the Asiatic Pacific Theater and the European African Middle Eastern Theater during World War II. He served on the USS Milwaukee, CTF 127, USS Providence, CL-82, USS Gross, DE-444, and USS LST 529.

He was a life member of the Hull VFW and a former member of the Weymouth VFW.

Born in Edgerton, Minn., he was raised and educated in Sioux City, Iowa. He lived in Braintree for 55 years before moving to Hull six years ago.

He is survived by his wife of 61 years, Virginia M. (Sylvester) Tott; two daughters, Nancy A. Santry of Quincy and Sandra M. Genoa of Milford; a sister, Malvina Tott of Sioux City; and three grandchildren.

Burial with military honors will be held at a later date in Massachusetts National Cemetery, Bourne.

Donations may be made to charity.

Carol L. DiLoreto, 64

Homemaker

A funeral Mass for Carol L. (Tappen) DiLoreto, 64, of Hingham, formerly of Quincy, a homemaker, was celebrated Wednesday at Holy Trinity Parish in Our Lady of Good Counsel Church.

She died Sept. 8 at South Shore Hospital, Weymouth.

Born in Milton, Mrs. DiLoreto lived in Quincy before moving to Hingham 30 years ago.

She is survived by her husband, Nicholas P. DiLoreto of Hingham; two sons, Paul N. DiLoreto and David M. DiLoreto, both of Kingston; a daughter, Joanne M. Zine of Brockton; two brothers, Stephen Tappen of Hingham and Paul Tappen of Plympton; a sister, Barbara Mahar of Yarmouthport; and four grandchildren.

Burial was in Hingham Cemetery.

Funeral arrangements were by Pyne Keohane Funeral Home, Hingham.

Donations may be made to the Susan G. Komen Breast Cancer Foundation, P.O. Box 845037, Boston, MA 02284-5037.

Arthur J. Bragel Jr., 60

A funeral Mass for Arthur J. Bragel Jr., 60, of Randolph, formerly of Quincy, was celebrated Sept. 9 at St. Ann's Church, Wollaston.

He died Sept. 5 at May Institute, Randolph.

Born in Quincy, Mr. Bragel lived in the city before moving to Randolph two years ago.

He is survived by a sister, Judith A. Moran of Quincy, and an aunt. He was the son of the late Arthur J. Bragel Sr. and Dorothy E. (Luckie) Bragel.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Donations may be made to the May Institute, 794 Broadway, Revere, 02151.

'Alpha' Wednesdays At Fort Square Presbyterian

"Alpha" a 10-week introduction to Christianity, will be Wednesday evenings from Sept. 20 through Dec. 6 at Fort Square Presbyterian Church, 16 Pleasant St.

All are welcome. The program includes dinner and childcare. For more information call 617-471-6806.

Vision Deprived Meet To Learn New Skills

Seniors and others with limited vision meet twice a week Tuesdays and Fridays at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., to learn new skills from each other.

For more information, call the Council on Aging at 617-376-1506.

Francesca Valeri, 90

Seamstress

FRANCESCA VALERI

A funeral Mass for Francesca (Michelangelo) Valeri, 90, of Quincy, a seamstress in the garment industry in Boston for many years, was celebrated Monday at Saint Thomas More Church, Braintree.

Mrs. Valeri died Sept. 1 at Quincy Medical Center after a brief illness.

Born and raised in Sulmona, Italy, she came to the United States in 1950.

She llived in Dorchester before moving to Quincy 40 years ago.

She was a longtime parishioner of Saint John the Baptist Church in Quincy.

Mrs. Valeri enjoyed sewing and cooking.

Wife of the late Lorenzo Valeri, she is survived by two daughters, Gina A. Agnitti of Braintree, and Conniee Caravaggio of Woburn; five grandchildren and 12 great-grandchildren.

Burial was in Blue Hill Cemetery, Braintree.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

William J. Fitzpatrick, 80

Reitred Boston Police Officer

A funeral Mass for William J. Fitzpatrick, 80, of Quincy, a retired Boston police officer, will be celebrated today (Thursday) at 10 a.m. at St. Ann's Church, Wollaston.

Mr. Fitzpatrick died Sept. 1 at St. Elizabeth's Medical Center in Brighton.

He served as a police officer for 28 years.

He was a Navy veteran of World War II.

Mr. Fitzpatrick was a member of the Boston Police Patrolman's Association, William R. Caddy Marine Detachment Post in Quincy, Norwood Elks, Veterans of Foreign Wars Post 1018 and American Legion Post 65.

He was a trainer for middleweight boxer, Eddie Connors.

He enjoyed playing golf and traveling to Las Vegas and Foxwoods.

Mr. Fitzpatrick was born and raised in Boston. He lived in Quincy for 14 years.

He was also a former resident of South Boston and Colorado.

Husband of the late Mary McDougall, he is survived by two sons, William J. Fitzpatrick and Brian Fitzpatrick, both of Denver; two daughters, Mary-Margaret Alessi of Quincy and Brenda Sompolski of Chicago; six grandchildren; and a great-grandchild.

He was also the former husband of Barbara Daugherty.

Burial will be in Old Calvary Cemetery, Boston.

Funeral arrangements were made by the Keohane Funeral Home, Wollaston.

Scot W. Poulack

A funeral Mass for Scot W. Poulack of Quincy, formerly of South Boston, will be celebrated today (Thursday) at 10 a.m. at St. Vincent de Paul Church, East and West Third streets, South Boston.

He died Sept. 8.

He is survived by his partner, Tammy Watts; two sons, Scot R. Poulack and John Vibert; a daughter, Sarah J. Poulack; his mother, Susan (Morrell) Barrett and her husband, Robert Barrett; his father, William Poulack; a sibling, Denere Poulack; his grandmother, Helen Morrell; and a niece and aunt.

Funeral arrangements were by O'Brien Funeral Home, South Boston.

SHINE Counsel At Aging Office

A SHINE counselor will be available Tuesdays and Wednesdays from 9:30 a.m. to 12:30 p.m. at the Quincy Council on Aging office, 83 Saratoga St., Quincy, to assist the elderly and adults with disabilities with health information and benefits.

Home visits can be arranged for shut-ins.

SHINE is the acronym for Serving the Health Information Needs of Elders.

Call 617-376-1247 to make an appointment or to speak with a SHINE counselor.

COA Seeking Wheelchairs

The Council on Aging is in urgent need of wooden or metal wheelchairs of all sizes and canes to help disabled seniors to get around.

If you have one, call the council at 617-376-1506.

LEGAL NOTICES

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2006-209
ORDERED: September 19, 2006

Be it ordained by the City Council that the Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.12. Signs, Signals and Markers Section 10.12.040 Stop Signs Authorized where.

ADD THE FOLLOWING:

STREET	INTERSECTING WITH	DIRECTION	TYPE OF REGULATION
Carle Street	**Warwick Street**	**Westbound**	**STOP**

A TRUE COPY.
ATTEST: Joseph P. Shea
Clerk of Council

9/14/06

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2006-211
ORDERED: September 19, 2006

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.20 Stopping, Standing and Parking.
Section 10.20.040 Parking - Prohibited and Restricted where.

ADD THE FOLLOWING:

Street	Side	From	To	Type of Regulation
Gould Street	**West**	**#7**	**#9**	**Handicapped Parking**

A TRUE COPY.
ATTEST: Joseph P. Shea
Clerk of Council

9/14/06

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2006-216
ORDERED: September 5, 2006

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.20 Stopping, Standing and Parking.
Section 10.20.040 Parking - Prohibited and Restricted where.

ADD THE FOLLOWING:

Street	Side	From	To	Type of Regulation
West Street	**North**	**Copeland Street**	**Centre Street**	**2 Hour Parking**

A TRUE COPY.
ATTEST: Joseph P. Shea
Clerk of Council

9/14/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P1933EP
In the Estate of
PHILIP NAPOLITANO
Late of QUINCY
In the County of NORFOLK
Date of Death
June 22, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that MICHAEL W. ZINNI of NEWTON in the County of MIDDLESEX or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **SEPTEMBER 20, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, August 8, 2006.

PATRICK W. McDERMOTT
Register of Probate

9/14/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2093EP
In the Estate of
WILLIAM YEE
Late of QUINCY
In the County of NORFOLK
Date of Death
July 19, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that FRANK A. YEE JR. of FRANKLIN in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **OCTOBER 4, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, August 25, 2006.

PATRICK W. McDERMOTT
Register of Probate

9/14/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 05P2948EP
In the Estate of
ROBERT F. SMITH
Late of QUINCY
In the County of NORFOLK
Date of Death
September 24, 2005
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that DONNA QUINN of N. RANDOLPH in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **OCTOBER 11, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, September 1, 2006.

PATRICK W. McDERMOTT
Register of Probate

9/14/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 05P2948AT
In the Estate of
ROBERT F. SMITH
Late of QUINCY
In the County of NORFOLK
Date of Death:
SEPTEMBER 24, 2005
NOTICE OF PETITION FOR APPOINTMENT OF SPECIAL ADMINISTRATOR

To all persons interested in the above captioned estate, a petition has been presented praying that ROBERT SMITH of PLYMOUTH in the County of PLYMOUTH or some other suitable person be appointed special administrator of said estate to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **SEPTEMBER 22, 2006**.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, September 1, 2006.

PATRICK W. McDERMOTT
Register of Probate

9/14/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2112EP
In the Estate of
MARIE I. DINSMORE
Late of QUINCY
In the County of NORFOLK
Date of Death July 7, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that CAROL HARVEY of QUINCY in the County of NORFOLKand RITA DINSMORE of WEYMOUTH in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **OCTOBER 11, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, August 28, 2006.

PATRICK W. McDERMOTT
Register of Probate

9/14/06

LEGAL NOTICE

CITY OF QUINCY AND QUINCY-WEYMOUTH CONSORTIUM CAPER

On or about September 30, 2006, the City of Quincy and the Quincy-Weymouth Consortium will submit to the U.S. Department of Housing and Urban Development their Consolidated Annual Performance and Evaluation Report (CAPER), which presents the activities assisted with Community Development Block Grant (CDBG), HOME, Emergency Shelter Grant (ESG) and other funds for FY 2005-2006. A draft of this CAPER will be available for viewing starting September 14, 2006 at the Department of Planning and Community Development, 1305 Hancock Street, Quincy, MA 02169, the Thomas Crane Public Library in Quincy, and the Office of Planning and Community Development, 75 Middle Street, Weymouth, MA 02189. All comments should be sent by September 29, 2006 in writing to the Department of Planning and Community Development, 1305 Hancock Street, Quincy, MA 02169. For more information, call 617-376-1365.

9/14/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-073

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, SEPTEMBER 26, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of DANIEL J. FLYNN, III for a VARIANCE & SPECIAL PERMIT to demolish an existing single family dwelling and to erect a twenty-four (24) unit residential building with forty-nine (49) parking spaces in violation of Title 17 as amended Chapter 17.20.040 (Dimensional Requirements) and Chapter 17.16.020 (Table of Use Regulations) on the premises numbered 45 WINTER STREET, QUINCY.

Jack Garland, Chairman

9/7,9/14/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-074

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, SEPTEMBER 26, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of BRIAN & DENISE FERRAN for a VARIANCE & FINDING to subdivide an existing non-conforming lot and to construct a new single family dwelling in violation of Title 17 as amended Chapter 17.24.020 (Nonconforming Buildings, Structures and Uses) and Chapter 17.20.040 (Dimensional Requirements) on the premises numbered 186 (190) ESSEX STREET, QUINCY.

Jack Garland, Chairman

9/7,9/14/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-075

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, SEPTEMBER 26, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of SPS DEVELOPMENT LLC for a FLOOD PLAIN SPECIAL PERMIT and DIMENSIONAL VARIANCES to subdivide a parcel of land into 5 single-family residential house lots. Two lots are proposed on Winthrop Street. One lot is proposed on Sea Street. Petitioner also requests permission to improve the existing private way adjacent to the property to create frontage for two additional lots in violation of 17.20.040 (Dimensional Requirements).

The parcel of land is located at 1000 Sea Street and is shown as Lots 40-42, 332-336 on Assessors' plan no. 1058.

Jack Garland, Chairman

9/7,9/14/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-076

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, SEPTEMBER 26, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of G & R REALTY, C/O BOB MOREL for a VARIANCE to locate the required parking for a proposed storage/warehouse building to within two (2) feet of the property line in violation of Title 17 as amended Chapter 17.28 (Location and Layout of Parking Spaces) on the premises numbered 253-257 CENTRE STREET/4-8 BRANCH STREET, QUINCY.

Jack Garland, Chairman

9/7,9/14/06

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The Quincy Sun

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- ❑ For Sale
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- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
- ❑ Real Estate
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Quincy 2000 North Quincy, Squantum Meeting Friday

Quincy 2000 Collaborative will hold a North Quincy and Squantum/Marina Bay business district partnership meeting Friday.

The meeting will be from 8 to 9 a.m. at the North Quincy Library, 381 Hancock St.

Other business district meetings scheduled for September are:

South/West Quincy: Wednesday, Sept. 20, from 8 to 9 a.m. at Fallon Ambulance, 111-115 Brook Road, West Quincy, off Water Street near the Lincoln Hancock School.

Wollaston: Thursday, Sept. 21, from 8 to 9 a.m. at United Methodist Church, 40 Beale St., Wollaston Center.

Peninsula (Merrymount, Adams Shore, Houghs Neck, Germantown): Tuesday, Sept. 26, from 5 to 6 p.m. at the offices of Dailey Tax & Insurance, 526 Sea St., Adams Shore.

Quincy Point: Wednesday, Sept. 27, from 8 to 9 a.m. at Quincy Point Congregational Church, 444 Washington St.

Coastsweep Kicks Off 19th Wollaston Beach Cleanup

The Coastsweep program will kickoff its 19th season Sunday, Sept. 16, with a cleanup of Wollaston Beach starting with ceremonies at 10 a.m. at the corner of Sachem Street.

After opening remarks by Susan Snow-Cotter, director of the Office of Coastal Zone Management, and City Councillor Doug Gutro, volunteers will attack litter and debris on the beach.

Snacks will be provided by Dunkin' Donuts and Cape Cod Potato Chips.

In addition to trash, the volunteers will also collect information on the type of trash they gather for analysis in helping to develop programs to make the oceans cleaner and safer.

For more information, call 617-287-5570 or visit **www.coastsweep.umb.edu.**

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Attorneys At Law

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ELKS FRIDAY NIGHT
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Quincy Medical Center
Cancer Walk Raises $130,000
Page 16

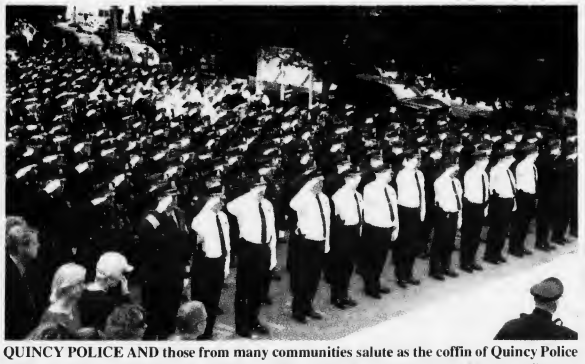
The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper

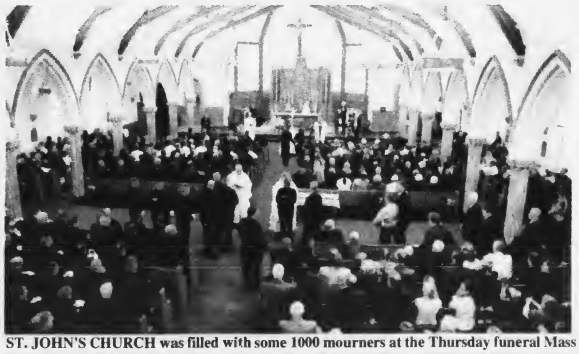
VOL. 39 No. 1 | Thursday, September 21, 2006 | 40¢

A Sad Farewell

MRS. MARIA COCHRANE, wife of Quincy Police Officer James "Jamie" Cochrane, 38, fatally injured in a private motorcycle and auto collision Sept. 9, is escorted from St. John's Church following a funeral Mass Thursday by her father, Christopher Styles and Police Sgt. Mark Kennedy. Lining the steps are (left) Mayor William Phelan, Quincy District Court Clerk Magistrate Arthur Tobin, his wife, Shirley, City Council President Doug Gutro, Councillors Leo Kelly and Jay Davis. At the right are Police Chief Robert Crowley, State Treasurer Tim Cahill, Sheriff Michael Bellotti, Councillor Brian McNamee and Dist. Atty. William Keating. *Quincy Sun Photos/Robert Noble*



QUINCY POLICE AND those from many communities salute as the coffin of Quincy Police Officer James Cochrane is brought into St. John's Church. An estimated 1,000 police, fire and other law enforcement officials took part in the tribute.



ST. JOHN'S CHURCH was filled with some 1000 mourners at the Thursday funeral Mass for Quincy Police Officer James Cochrane, 38, with an overflow of 300 in the lower church. The Mass was celebrated by his cousin, Rev. Joseph White, pastor of St. Francis DePaul Church, South Boston. Here some receive Holy Communion. Other Photos on Page 17.

Voter Turnout Nearly 29 Percent

It's Patrick, Murray Here And Statewide

Deval L. Patrick of Milton won the Democratic nomination for governor Tuesday with Worcester Mayor Timothy P. Murray taking his running mate spot.

Quincy voters were in step with those in the state but the victory margin here was razor close.

Patrick, who served in the Civil Rights Division of the Justice Department in the Clinton Administration, edged Boston businessman Christopher F. Gabrieli by just 94 votes.

Patrick had 35.30 percent of the vote with 4,983 to Gabrieli's 34.64 percent and 4,889.

Patrick and Murray will square off in November against Republican gubernatorial candidates Lt. Gov. Kerry Healey and Reed V. Hillman of Sturbridge, lieutenant governor contender, both of whom were unopposed in the Republican primary Tuesday.

Atty. General Thomas F. Reilly was third in the Democratic primary for governor with 4,219 votes – 670 behind Gabrieli.

DEVAL PATRICK
Democratic Nominee
Governor

TIM MURRAY
Democratic Nominee
Lieutenant Governor

Murray edged Deborah Goldberg, former chairman of the Brookline selectmen, by 206 votes here. He had 5,435 to her's 5,229. Andrea Silbert of Harwich, a political newcomer, lagged behind with 2,377.

In the only other contest on the Democrat ballot, Secretary of State William F. Galvin crushed John Bonifaz of Boston, another political newcomer, by a vote of 10,893 to 1,504.

There was only one contest on the Republican ballot which caused little interest here.

Kenneth G. Chase of Belmont and Kevin F. Scott of Wakefield sought the GOP nomination for U.S. Senate to challenge Senator Edward Kennedy in November. Chase got only 505 votes here and Scott 382.

The Quincy voter turnout was 28.62 percent – a little

(Cont'd On Page 32)

Quincy Sun Begins Its 39th Year

The Quincy Sun begins its 39th year with this issue as "Historic Quincy's Hometown Weekly Newspaper."

The first issue of The Sun appeared Sept. 26, 1968 and for the 38 years since, we have concentrated our news coverage entirely on Quincy.

We are proud to carry the name Quincy in our banner and to be part of this great city. We have been blessed with loyal readers, many of whom have been with us since the first issue.

Some of our readers are now in virtually all of the other 49 states, including Hawaii and Alaska, former Quincy residents who want to keep up on what's going on "back home." They tell us receiving The Sun by mail is like getting a letter from home.

We feel that today's Quincy Sun is tomorrow's Quincy history. Keeping it accurate is important to you and to us.

As we begin our 39th year we want to again thank you – our readers and advertisers – for your continued support and encouragement these past 38 years.

And, of course, a special thank-you to our faithful newscarriers who bring The Sun to Quincy homes.

We look forward to the future with optimism and faith in Quincy and are proud to be its community newspaper.

Thank you, most sincerely.

HENRY BOSWORTH
Publisher
ROBERT BOSWORTH
Editor

■ Phelan To Name Sea St. Safety Committee - *Page 3* ■ Nov. Finish Seen For Wollaston Beach Work - *Page 2*

BIKE WINNER -- Cory Lynn Condon of Burns Ave., Quincy, won a bicycle at the recent Marshfield Fair, as part of the children's day competition.

Correction

The Sun had an error in its Sept. 14 issue regarding the accident in which Officer James Cochrane, 38, a member of the Quincy Police Department's Motorcycle Unit, was fatally injured.

Police said a Ford Focus driven by Michael Brown, 42, of Quincy, made a left turn across traffic on Southern Artery colliding with the personal motorcycle operated by Cochrane who was off duty at the time.

The Sun account incorrectly had the motorcycle making the left turn across traffic.

The Sun regrets the error.

Wollaston Beach Work 6 Months Behind; But Mid-November Finish Seen

By TOM HENSHAW

Despite complications, the $7 million capital improvement project to Wollaston Beach is "only about six months behind the original schedule."

"(But) the contractor anticipates being substantially completed by mid-November," the State Department of Conservation and Recreation reported last week.

"Some modifications and accomodations to the schedule will also be necessary because of a sewer reconstruction project just initiated by the city."

The DCR comments on progress in the Wollaston Beach project were contained in a memorandum to Sen. Michael Morrissey and members of the Metropolitan Beach Commission.

The DCR and its contractors have been under fire lately for what its critics see as delays in work to help the traffic flow, improve water quality and add to the amenities along the beach.

A spokesman for the DCR said the memo was not in response to critics but the first of an occasional series of reports of progress on the job of rehabilitating the beach.

"Now that work has come 'above ground' impatience to see the completed project grows," said the memo, which was signed by the DCR's Joseph R. Orfant.

"The Commission can expect to hear comments on the pace of this construction work.

"The logistics of reconstructing a roadway with an ADT of 35,000 vehicles while maintaining access to restaurants, yacht clubs, and homes is daunting.

"Sourcing the proper nourishment sand caused a major delay early in the project with a ripple effect on other project items such as the entranceways."

Orfant said seawall repair work and roadway drainage presented problems that required "redesigns, renegineering and new work mobilizations."

The power company revised its requirements which added to efforts to power up new traffic signals and relocate street lighting, he said.

In an effort to "tame" the high volume of traffic (35,000 autos every day), Orfant said, the DCR considered narrowing Quincy Shore Drive to two travel lanes but agreed to retain four narrow ones.

The parking would be reconfigured to create a wider beachside walkway and areas for new amenities such as foot and body showers, benches, bike racks, shade shelters and fountains.

"The new million and a half dollar traffic signal system is the backbone of the traffic calming strategy," said Orfant.

"The sophisticated, interconnected 21st century system will regulate through traffic to 30 miles an hour and finally neighbors will be able to exit their streets during busy periods.

"Pedestrians crossing the Drive will no longer have to race against speeding drivers."

While the DCR has been working on traffic, sea wall repairs and other amenities, the city has been dealing with water quality problems.

"The city has been televising, relining and replacing storm drain and sewer lines, detecting and removing illegal sewer connections and adding and improving pump stations," said the DCR<

"Aggravating the water quality problem is the slow tidal flushing of shallow Quincy Bay which means that pollutants stay resident in the bay for longer periods.

"While all these efforts have resulted in improvements, Wollaston Beach is still vexed by persistent water quality violations after storms and frustratingly and inexplicably in dry weather spells as well."

Orfant called the $7 million project "the capstone of a series of major improvements over the past 10 years which included an early beach re-sanding on the north and south ends of the beach."

It also included acquisition and construction of Don Kent Park, a new tot lot at Caddy Park, new ramp accessways to the yacht clubs and a $3 million sea wall between Rice Road and Furnace Brook Parkway.

Ward 5 Association Seeks New Members

The Ward 5 Community Association is accepting membership applications. The association serves residents of the Beechwood Knoll, Wollaston Center, Wollaston Beach, Hospital Hill, Quincy Center and Mass. Field Neighborhoods.

This past June the group hosted the successful "Taste of Ward 5" event. In addition, they hold community information meetings, candidates' nights, and offer college scholarships to eligible members. The annual membership fee is $10 and includes a subscription to the association's quarterly newsletter.

Applications are available at the association's new website www.ward5quincy.blogspot.com, or by calling 617-835-1253.

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Phelan To Form Sea Street Safety Advisory Committee

Mayor William Phelan is seeking Quincy residents to participate on a committee to make recommendations on design improvements along Sea Street to improve pedestrian and vehicular safety along this busy and important road.

"Improving safety along the Sea Street corridor is a major enhancement to the quality of life in Merrymount, Adams Shore, Houghs Neck and also Germantown," said Phelan. "This important and busy stretch of road can be dangerous for pedestrians and motorists alike. This committee will work with the Department of Public Works and our traffic consultants to improve the safety and aesthetics of this very important roadway."

Residents wishing to participate can forward a letter of interest to DPW Commissioner Steve O'Donnell, c/o Sea Street Safety Advisory Committee, 55 Sea St., Quincy, MA 02169.

Letters of interest should be to the Department of Works by Oct. 1.

"Some of the best improvements that we have made in our city have come from residents at neighborhood meetings," Phelan said. "Who knows the neighborhoods better than the residents that live there every day. Their input is very valuable to the process and I encourage residents to participate."

"There are changes that we can make that would be of benefit to the pedestrian safety and improve the look of the street," added O'Donnell. "With the proper planning and locating an appropriate funding mechanism, we can make some much-needed changes along Sea Street."

Mary Smith Appointed City Principal Planner

Mayor William Phelan has appointed a Quincy landscape architect, Mary Smith, as Principal Planner in the city's Department of Planning.

"Mary brings a unique skill set and tremendous experience to our Planning Department," said Phelan. "She will assist us in a wide range of projects and I am glad to have her on our team."

"I've worked in Quincy for 25 years in private development and I've watched Quincy change and develop," said Smith. "Now, I'm excited about the prospect of working with the Planning Department and the Mayor's Office in their efforts to revitalize Quincy Center. I look forward to putting my planning experience to good use throughout the city."

MARY SMITH

Smith owned and operated Mary Smith Landscape Architects in Quincy Center. She has worked on a wide variety of successful local design projects.

Dennis Harrington, Director of Planning and Community Development said, "Mary comes to us at a time when her experience in landscape architecture will be of great value in the redesign of our downtown and in the improvements of our local business districts. She compliments our existing staff very well and I am excited to have her in our department."

Smith is an accomplished artist. She and husband Dana Ahearn live in the Merrymount neighborhood.

Quincy Plays Role In Biggest Anti-Terror Drill

If Sunday's simulated terrorist attack on Greater Boston was designed to seek out flaws in homeland security, then it was a success.

"It went very well," said Tom Gorman, the former fire chief who is Quincy's director of Emergency Management.

"We have to meet in the next couple of weeks and see what worked and what didn't. Now we know what to brush up on."

Quincy played only a minimal role in what was dubbed Operation Poseidon, the most extensive antiterrorism drill ever in New England.

"We supplied mostly manpower," said Gorman. "The drill was centered in Everett, Revere, Chelsea, Cambridge and Somerville."

The scenario called for an explosion of a bomb in a home in Everett followed by terrorist threats to an LNG tanker, the explosion of a dirty bomb in the CambridgeSide Galleria and the discovery of unexploded bombs in the Lechmere T station.

The initial explosion was timed for 4:30 a.m. and the drill began two hours later.

Gorman himself spent the drill evaluating performances in the Emergency Operations Center in Somerville for which he will have to compile a report.

Four Quincy firefighters under Capt. Jim Kennedy went to the Galleria in Cambridge to help check radiation levels and work on decontamination procedures among the simulated victims of the blast.

Quincy police officers went to the Boston Regional Intelligence Center (BRIC), "as we would do in a real emergency," said Sgt. Bob Gillen, who, with Lt. Don Greenwood Sr., handles Homeland Security.

"We interviewed sources, both open and undercover, to see whether or not the emergency is an isolated incident," he said.

The Quincy Police Marine Unit was sent to watch the Coast Guard conduct the evacuation of a threatened LNG tanker in the harbor.

Back To School Night For Parents At QHS

Quincy High School will hold a Back to School Night for parents Thursday, Sept. 28 from 6:30 to 9 p.m.

The evening is designed for parents to meet their child's teachers. Parents will also be provided with information on the curriculum and student expectations.

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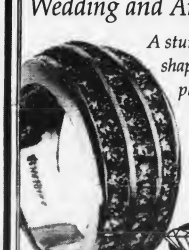

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Moments in time

THE HISTORY CHANNEL

• **On Sept. 22, 1776,** Nathan Hale, a Connecticut schoolteacher and captain in the Continental Army, is executed by the British for spying. Before being hanged, legend holds that Hale said, "I only regret that I have but one life to lose for my country."

• **On Sept. 21, 1866,** H.G. Wells, a pioneer of science fiction, is born in Bromley, England. His classic novel "The Time Machine" (1895), about a man who journeys to the future, was a success, as was "The War of the Worlds" (1898).

• **On Sept. 19, 1900,** Robert Parker and Harry Longbaugh, better known as Butch Cassidy and the Sundance Kid, rob the First National Bank in Winnemucca, Nev., marking the first time that the duo worked as a team.

• **On Sept. 23, 1930,** R&B pioneer Ray Charles is born. Ray Charles (Robinson) broke ground by fusing gospel with blues and other secular musical styles. He went on to score a number of successes, including his hit song "Georgia On My Mind."

• **On Sept. 18, 1955,** Ed Sullivan's popular talk show, originally called "Toast of the Town," changes its name to "The Ed Sullivan Show." Among the many celebrities who made their TV debut on the show were Bob Hope, the Beatles and Walt Disney.

• **On Sept. 24, 1961,** the sitcom "I Love Lucy" airs its last episode. The show, created by Lucille Ball and her husband Desi Arnaz, ran for 10 years. Ball had insisted that Arnaz be cast as her husband the show, despite the insistence of network executives that no one would believe a white American actress would be married to a Cuban bandleader.

• **On Sept. 20, 1984,** Marvin Gay Sr. agrees to a plea bargain agreement that will keep him out of jail for shooting and killing his son, singer Marvin Gaye, during an argument on April 1. Marvin Gaye, who added the "e" to his name when he broke into show business, was one of Motown's biggest stars, with hits such as "I Heard It Through the Grapevine."

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MATTIE: 1 y.o. black and white female DSH.
MALIBU: 9 month old female Calico.
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PRETTY KITTY: beautiful long-haired black male.

PLUS MANY MORE CATS and KITTENS NEED HOMES

Sunbeams

By Henry Bosworth

That Sneaky Hurricane

You might say, if you'll pardon me, that it was a bastard.

It had no name.'

And was sneaky. And real mean.

It arrived here unannounced 68 years ago today.

There have been others here since. But they had names like: Carol, Diane, Donna, Gloria, Hugo, Bob, Bonnie, Danielle, etc.

But we knew they were coming.

Unlike that no-name one. The one remembered simply as the Hurricane of 1938. And not with fondness by those who were around then.

Hurricanes prowling the East coast were rare then and not tracked from as far away as Africa like they are with today's sophisticated equipment.

This one slipped into the area when no one was looking.

Before it left, it claimed 600 lives in the New England area and caused millions of dollars in damage.

Considering you could buy a pretty nice house for $3,000 back then, those millions of dollars in damage would translate into billions of dollars today.

The late Thomas Burgin, who was Quincy's mayor at the time, once recalled:

BURGIN

"It came in around 5:30 p.m. We had no advance warning. It just arrived unannounced.

"Trees and wires came crashing down. Utility poles were scattered about. Windows in the stores downtown were blown in. Boats were torn loose off the yacht clubs.

"There were 3,900 trees down city-wide and all the fire alarm boxes and police boxes were out of commission. There was no electricity."

Burgin called in the National Guard – for the first time ever here in peace time.

"We were afraid of the stores being looted. And we needed extra help and patrols in other areas," he said.

Squantum, Houghs Neck and Germantown were cut off from the rest of the city by mountainous flooding high tides.

Winds reached 90 to 100 miles per hour. And gusts topped that.

"As I remember," Burgin said, "the eye of the hurricane came right over Quincy.'

"It took us weeks to recover and get back to normal. It was a horrible storm and certainly left a lasting impression on me. I will never forget it."

And, no one else who was around back then will either.

❑

COHEN

ABE COHEN and the South Shore Coalition for Human Rights of which he is vice president, will share honors at a double-header celebration Friday, Sept. 29.

Cohen, a long-time people's champion whose dedicated service includes the Fair Housing Committee and the Quincy Community Action Program, will be marking his 90th birthday.

The Coalition will be celebrating its 30th anniversary.

The event will be from 5 to 8 p.m. in the Club House at the Aquarius Condominiums, 34 South St.

For more information, call Merrie or Sandy Eaton at 617-472-4935 or Enid Lubarsky, 617-479-4360.

❑

QUESTION: If the U.S. Weather Bureau invited you to name a hurricane what name would you choose?

I kinda like Sharron.

❑

SMILE DEPT.: Fr. Raymond Kiley told this one at St. John's:

A wife couldn't wait to tell her husband that she had got him a most unusual gift for his birthday.

"It's a cemetery lot," she exclaimed.

He was quite surprised but agreed it was a most unusual gift.

At his next birthday, however, she had no gift at all for him and he wondered why.

"Because," she said, "you didn't use the one I gave you last year."

Cross Offering CPR, First Aid Courses

The American Red Cross of Massachusetts Bay is offering the following courses through Sept. 27 at its South Area office, 1495 Hancock St., Quincy.

Adult CPR/AED First Aid: Sept. 18 and 25, from 6 to 9:30 p.m. Cost is $75. Completion of this two-session course awards an Adult CPR/AED certificate valid for one year and a First Aid certificate valid for three years.

Adult CPR/AED Review: Sept. 20, from 6 to 8:30 p.m. Cost is $50. Prerequisite: Current certification in Adult CPR/AED.

Adult CPR/AED: Sept. 22, from 1 to 5:30 p.m. Cost is $55. This course teaches bleeding, first aid for choking and CPR for victims over 8 years of age.

CPR For The Professional Rescuer Review: Sept. 26, from 6 to 10:30 p.m. Cost is $60. Prerequisite: Current certification in CPR/AED For The Professional Rescuer.

Adult CPR/AED: Sept. 27, from 6 to 10:30 p.m. Cost is $55. This course teaches bleeding, first aid for choking and CPR for victims over 8 years of age.

The American Red Cross is accepting registration for Home Health Aide/Certified Nursing Assistant daytime course starting Sept. 18. Cost is $800.

Also, the American Red Cross will train qualified applicants to become certified classroom instructors in CPR and First Aid.

Pre-registration is required for all courses. For more information call 617-770-2600, Monday through Friday, from 8:30 a.m. to 4:30 p.m.

Cultural Grants Available Through Quincy Arts Council

Applications for the Massachusetts Cultural Council's 2007 Local Cultural Council (LCC) grants are now available through the Quincy Arts Council.

Organizations and individuals who are engaged in providing programs in the arts, humanities and interpretive sciences in Quincy are eligible to apply.

Applications are also available for PASS grants, which help subsidize cultural field trips for school and youth groups.

Forms are available online, in a format in which they may be filled out and printed, at **www.mass-culture.org.** Directions are posted on the form and on the QAC website page.

Forms are also available at Quincy City Hall, the Thomas Crane Public Library, 40 Washington St., and the North Quincy branch of the library, 381 Hancock St.

Applications should be submitted to the Quincy Arts Council, c/o Quincy Historical Society,, Adams Academy Building, 8 Adams St., Quincy 02169.

Mailed applications must be postmarked no later than Monday, Oct. 16. Applications hand-delivered must be at the Historical Society no later than 5 p.m. on the deadline day.

Faxed or e-mailed applications will not be accepted.

For information on the Quincy Arts Council, call Edward Fitzgerald at the Quincy Historical Society, 617-773-1144.

Scenes From Yesterday

THIS 1932 REAL PHOTO postcard is a view of the old Quincy Center depot on what was then the New York, New Haven and Hartford Railroad's Old Colony Line. The rear of old City Hall can be seen on the left just over the stores in the old Faxon Block. The overhead crosswalk allowed foot traffic to and from Saville Street and Upland Road to access the trains, its high walls kept away the smoke and cinders from the steam-powered locomotives passing below. The tracks just south of here went to a bridge over Granite Street. Today, this scene is quite different. The MBTA's tracks on this same right-of-way are depressed and go under Granite Street as well as the station and the two large parking garages built overhead. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of Tom Galvin

Alcohol Awareness Programs At Quincy College Next Week

The Quincy College Alcohol Awareness Prevention and Education Coalition (AAPEC) will observe National Alcohol and Drug Addiction Month with two events next week.

"Mickey B.: The King of Acronyms," a motivational speaker will kick off the college program Monday, Sept. 25 from 7 to 9 p.m. in the Quincy High School Auditorium, 52 Coddington St.

"Keeping It Real — a Sober Dance with DJ Michael Tucker" will be presented Friday, Sept. 29 at 7 p.m. in the Broad Meadows Middle School gymnasium, 50 Calvin Rd.

Tickets are $5 for each events and are available through Quincy College, 617-984-1696. Admission is free for Quincy College students with ID. Only those 18 or older will be admitted.

AAPEC at Quincy College plans other events highlighting the dangers of alcohol in the fall and again in the spring. For more information visit **www.quincycollege.edu.**

Free Blood Pressure Clinics At Beechwood Center

Beechwood On The Bay, 440 East Squantum St., offers free blood pressure screenings for Quincy seniors, Thursdays from 10:30 a.m.-noon, preceding the center's senior luncheon.

The blood pressure clinics, provided by Fallon Ambulance personnel, are free and open to all. No reservations are needed.

To register for the Thursday Lunch Program, or for additional information about Beechwood's senior programs, call Maryann Mahoney at 617-471-5712.

Readers Forum

Suggests John Adams Statue At Fore River Rotary

Growing up in Roxbury, I was always visiting relatives in Quincy, in Houghs Neck, on Upland Road before it was re-named Burgin Parkway.

Every time I drive on Burgin Parkway two things happen. I remember that big white house at the corner of Adams St., full of memories. And I look at the statue of John Adams hidden from view. Adams deserved a better fate than that I often think.

Recently, I had an idea. They just moved that giant granite ball from the rotary at the shipyard. The island looks so bare without that ball which has been relocated at the City Hall.

Why not re-locate that great statue of John Adams from its hideaway along Burgin Parkway and place it at the rotary.

Quincy's gateway to the south could be a great place for John Adams. We could even rename the rotary John Adams Circle.

Just an idea but I think it's worth further study.

Sal Giarratani
Atlantic Street

Friendly Visitors Sought At COA

The Quincy Council on Aging is seeking volunteers to call on the elderly who live alone and would welcome a friendly visitor.

The COA is also seeking seniors who live alone and would like a friendly visit themselves.

Call the COA at 617-376-1508 and ask to speak with Lena Trouth, the friendly visitor coordinator.

The Council is mandated by law to do background checks on all volunteers.

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Quincy's Yesterdays

Morrissey Upsets Brett In State Representive Primary

This Week
1976
30 Years Ago

By FRANK McCAULEY

Rep. Joseph Brett's long political career appeared to have ended when he was upset by 22-year-old Michael Morrissey for the Democratic nomination for state representative in the third Norfolk District.

Morrissey drew 2,373 votes to 1,525 for Brett, 69, who was seeking his 10th two-year term in the Legislature. John McIntire of Squantum polled 478 votes.

Young Morrissey happily hung a sign on a fence on East Squantum Street after the results were in. It said, "Good morning, thank you!"

Congressman James A. Burke easily won re-nomination to a 10th term in Congress, defeating Patrick H. McCarthy of Randolph by more than 11,000 votes.

TAX RATE TO BE SET

Mayor Joseph J. LaRaia announced Quincy's fiscal 1977 tax rate will be set shortly. LaRaia said he "feels the increase will be at least $25 per thousand."

KEEPING UP WITH THE RED SOX

The Red Sox, with a 68-74 record, were in fourth place, 19 1/2 games behind the first-place New York Yankees. Luis Tiant was the team's leading pitcher with an 18-11 record. Outfielder Fred Lynn led the Red Sox in hitting with a .318 average.

QUINCY-ISMS

Donald L. Jones, a student at Quincy High School, was named a National Merit Scholarship semi-finalist . . . **Howard Gunnison**, 39, of Furnace Brook Parkway was named to the Cemetery Board of Managers. Gunnison is associated with the Wickens and Troupe Funeral Home of Quincy . . . Duttons Restaurant, Sea Street, was featuring entertainment nightly, "Sing-Along with Myrtle and Elva, and Edie and Gene" . . . **Susan Mader**, Franklin Street, South Quincy, daughter of Mrs. **Jean Mader**, has been promoted to full lieutenant in the Navy Nurse Corps . . . **Cheryl Affsa** has been accepted for the fall semester at Notre Dame College, Manchester, N.H. Miss Affsa is the daughter of Mr. and Mrs. **Russell Affsa** of Presidents Lane . . . Mrs. **Leona Bailey** and Mrs. **Gerturde Lemieux**, co-chairwomen of the Wollaston Legion Post Auxiliary, announced the annual Roll Call Luncheon would be held Sept. 21 at noon at the Legion Post home, 36 Weston Ave. . . . The Anna Mae Hawco School of the Dance, 47 Mass. Ave., Quincy Point, was offering courses in ballet, tap, jazz, disco and ballroom . . . Houghs Neck Legion Post held a clambake for wheelchair veterans from the West Roxbury and Brockton V.A. hospitals . . . **Bartholomew J. Gunning III** was scheduled to be installed as commander of the Quincy Memorial Amvets Post. The ceremonies will be held Oct. 22 at the Fore River Club House . . . Captain **Allen Rustad** assumed command of the Quincy Salvation Army Corps Community Center, Baxter Street . . . Norfolk County Dist. Atty. **William Delahunt** was the guest speaker at the regular meeting of the Ward 2 Civic Association . . . Yeoman First Class **William J. McSweeney Jr.**, Windsor Road, has retired from the Navy after 20 years of service . . . The Wollaston Theater, Beale Street, offered a double feature, "Gator" starring Burt Reynolds and the "Return of the Pink Panther" with Peter Sellers. Admission, $1 . . . Quincy Fire Lt. **Bruno Carloni** was honored at a retirement dinner at the Morrisette Legion Post home . . . The Soda Hut, 131 Granite St., was offering 24 12-ounce cans of Hires Root Beer for $4.75 with a coupon . . . Airman **Dennis M. Schuman**, son of Mrs. **Julia R. Schuman**, 64 Town Hill St., West Quincy, graduated from the U.S. Air Force technical training program for security police specialists. The course was held at Lackland Air Force Base in Texas . . . The Rev. **Gerald Osterman**, chairman of the Germantown Heritage Society, announced the second annual Germantown Heritage days would be held Sept. 24-26. Scheduled events include a dance, a field day as well as a bean-pot luck supper . . . **Hank Conroy**, Quincy High football great, started his 13th year as Quincy High football coach . . . The Quincy Girls' Junior Tenpin Bowling Team won the Division 1 championship at a recent state tournament in Springfield. The team included **Carol Burke**, **Darlene Donadio**, **Cindy Cox** and **Martha Powers** . . . The Squantum Community Association's newly elected officers are **Frank Buckley**, president; **Mary Gougian**, vice president; **David Mercier**, treasurer; and **Janet Coughlin**, secretary . . . **Sabina Stenberg** was the chairwoman of the third annual Autumn Dance to benefit the Cerebral Palsy Woodworking program. The dance was held at the Bryan VFW Post on Broad Street . . . Mrs. **Mary Donovan** and **Miss Dorothy Gilbride** co-hosted a social hour at a meeting of the St. Ann's Senior Citizens . . . Mrs. **Anthony Siegel** presided over the season's first meeting of the Wollaston Garden Club . . . **Margaret Lewis** of Quincy taught a course on "Mushrooms" for the Massachusetts Horticultural Society . . . Eleven Quincy girls recently graduated from the Carole McCole Fashion Models School. They are **Sandra Page**, **Sharlene Balonis**, **Jean McGregor**, **Pam Jonah**, **Barbara Jonah**, **Susan Courage**, **Sue Cornell**, **JoAnne Herald**, **Kathy Shannon**, **Gail Morash** and **Nancy LaBreque**.

Arts & Entertainment

Houghs Neck's Best Chowder Is Up For Vote Next Sunday

Houghs Neck residents, past and present, are invited to the second annual Houghs Neck Reunion "Chowdafest" Sunday, Sept. 24, from 2 to 6 p.m. at the Houghs Neck Maritime Center, 137 Bayview Ave.

Admission is $5 per adult and each attendee will get to sample the chowders and vote for Houghs Neck's Favorite Chowder in both the individual and restaurant categories.

The individual winner will receive a cash prize and winners in both categories will be featured in the October edition of the Houghs Neck Bulletin. Restaurants should provide five gallons of chowder.

For those who eschew chowder there will be lazyman's lobsters fresh off the vessel November Gale and steamed hot dogs with a cash bar for soda, beer and wine.

Proceeds of the chowdafest will go to benefit the Houghs Neck Community Council's many programs.

"We chose the Maritime Center because many Neckers haven't seen it since Wally Hurley used to rent boats there," said Margaret Laforest, the event coordinator.

"The Maritime Center has been renovated and features a community room and a youth center on the lower level."

The boat ramp adjacent to the Maritime Center will be closed during the event as a safety measure.

"Last year's event attracted a large crowd and we're concerned for the safety of the crowd," said Laforest. "We apologize for an inconvenience this may cause the local boaters."

The public boat ramp by Perry/Parkhurst Beach will be open that day at no charge to users.

To enter the chowder contest, or to purchase tickets or for more information, call Laforest at 617-471-1806.

Quincy Access Television Open House Saturday

Quincy Access Television will hold its fourth annual open house at its studio, 88 Washington St., next to the Thomas Crane Public Library, Saturday, Sept. 23 from 10 a.m. to 2 p.m.

The public is invited to visit the studio where they may watch a live program while in production and learn the easy steps to becoming a QATV producer.

The new mobile production van will be available for tours.

Saturday will also feature the debut of "QATV Photography Gallery," a community-centered art exhibition space located at Quincy Access Television. This month's exhibition will feature Quincy Access Television members' photography.

Refreshments will be served. There will be a special guest for children.

Quincy residents who attend the open house may be eligible to enter a drawing for a digital camera.

Line Dancing For Seniors

The Quincy Council on Aging will hold a line dancing class for seniors every Thursday at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., Quincy Point.

RAY O'HARE (left), Erica Pressman and Gregg Carlo star in the North Quincy Community Theater's season-opening production of *Something to Hide*.

British Mystery To Open North Quincy Theater Season

The first show of the 2006-07 season for the North Quincy Community Theater will be the British mystery, *Something to Hide*, by Leslie Sands, directed by Tracy Phelan.

The performances will take place on the weekends of Oct. 6-7 and Oct. 12-14 at 8 p.m. at the Black Box Theater in North Quincy High School.

Tickets are $15 for adults, $12 for seniors and students. A season subscription for three plays is $30, a $15 savings off the regular ticket price.

Tickets can be ordered or reservations made by calling 617-769-0232 or visiting the website **www.nqct.org**.

Other productions planned this season include the comedy-drama *Visiting Mr. Green* in March and the farce *Lie, Cheat and Genuflect* in June.

The North Quincy Community Theater was formerly known as NQAT.

ENC Choral Union Seeks New Members

The Eastern Nazarene College Choral Union, a choir of ENC students and members of the public, seeks new members for the Fall 2006 semester.

All adult singers are welcome regardless of experience or music-reading ability. High school-aged singers may also join with consent of the music director. Auditions are required and membership is free.

The choir will perform Handel's *Messiah* in December with members of the Quincy Symphony Orchestras and four professional soloists.

Rehearsals are held from 7-9p.m. Monday evenings in the Cove Fine Arts Center on the campus of Eastern Nazarene College in Wollaston. The first rehearsal will be Sept. 11. New members will be welcomed at that rehearsal and the following rehearsal, Sept. 18.

For more information, call Professor Delvyn Case, Music Director of the ENC Choral Union, at 617-745-3614. Directions to the ENC campus are available at www.enc.edu or by calling the Music Department at 617-745-3715.

YMCA Men's Basketball

The South Shore YMCA is offering a men's basketball league.

This season is open to 8-12 teams. Games are played on Thursday evenings. For more information call 617-479-8500.

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SOCIAL

Beechwood Knoll Fall Festival Oct. 7

Beechwood Knoll Elementary School's ninth annual Fall Festival will be held Saturday, oct. 7 at the school, 225 Fenno St., Wollaston, from 10 a.m. to 3 p.m.

The fair will feature a Moon Bouncer, Velcro Wall, train rides, giant slide, arts and crafts, cake walk, bake sale, cookie decorating, games, food and a silent auction.

There will also be a prize drawing. Grand prize is a trip for two to Las Vegas including three nights and four days at the MGM Grant Hotel. The prize is valued at more than $1,000.

Tickets for the prize drawing are $5 each and can be purchased at the school or at the festival.

There is also a prize drawing for a girl's and boy's bike.

The Beechwood Knoll Elementary School's Fall Festival raises money to help teachers enhance their curriculum through the purchase of computer equipment, field trips, educational materials and other classroom needs.

Boy Scout Troop 24 Pancake Breakfast Sept. 23

Boy Scout Troop 24 of Squantum will hold a pancake breakfast, Saturday, Sept. 23, from 8 a.m. to 10 a.m. at the First Church of Squantum, 164 Bellevue Rd.

Proceeds raised will help send the scouts to the 2007 Canadian Jamboree. The scouts will be staying at Camp Tamaracouta, the oldest running scout group in the world.

Tickets are $5 per person, and can be purchased from Troop 24 scouts or at the door.

Merrymount School PTO Fundraiser Sept. 28

The Merrymount School PTO will hold a fundraiser Sept. 28 from 5-8 p.m. at the school.

The Outback will provide the cookout and there will be a moonwalk and items available for youngsters.

The fee is $20 per family or $5 per individual. All are welcome.

Eventide Auxiliary Opening Meeting Sept. 25

The Rice Eventide Auxiliary will have their opening meeting for the 2006-2007, at 2 p.m. Monday, Sept. 25 season at the home, Adams Street.

Eddie Marando will present a fall program. Relatives and friends of residents of the home are invited to attend. Refreshments will be served.

Point Webster Car Wash Sept. 30

The Point Webster P.T.O. is offering a car wash Saturday, Sept. 30 from 9 a.m. to 1 p.m. at the Central Middle School parking lot, 1012 Hancock St.

Proceeds will assist 8th grade students attending a New York City trip. Rain date is Oct. 1. Tickets in advance are $5.

For more information call 617-984-6600.

MR. and MRS. JOHN CIRINO

Mr. And Mrs. John Cirino Celebrate 50th Anniversary

John and Ann Cirino of Quincy recently celebrated their 50th wedding anniversary with their two daughters, Joanne (Cirino) Lucier of Brockton and Dianne Cirino of Quincy at the Inn at Bay Pointe.

They were married July 1, 1956 at St. Stephen's Church in the North End of Boston.

The couple was lived in Quincy for 43 years.

In addition to their daughters, the dinner was attended by their son-in-law Rick Lucier, and grandsons Joshua, Jonathan and Joey Lucier.

College Information Night At North Quincy

North Quincy High School seniors and their families have been invited to attend a college information assembly Thursday, Oct. 8, at 8 p.m. in the high school auditorium.

Topics to be discussed include graduation requirements, career and college search, the college application process, SAT requirement and letters of recommendation.

A question and answer session with guidance counselors will follow the main presentation.

Fall Fashion Show At Viking Club

The Ladies Group of the South Shore Viking Club will hold a Fall Fashion Show, Thursday, Sept. 21 at 8 p.m. 410 Quincy Ave., Rt. 53, Braintree.

Fashions are by the Dress Barn. A coffee social will follow the show. Tickets are $5.

For more information or reservations call 617-773-5870.

RACHAEL GARRISH of Quincy, a State Street employee, recently participated in a food-sorting competition at the Greater Boston Food Bank. The effort included Justin Rose, a PGA Tour player and participants from the Tour Wives Association, Deutsche Bank and Bank of America. The groups combined to sort 30,000 pounds of food or 18,000 meals, which will be distributed to more than 600 hunger-relief agencies throughout eastern Massachusetts. *Bethany Versoy Photo*

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SENIOR CONFERENCE speakers from left include: Tom Clasby Jr., director of Quincy Council on Aging, Mayor William Phelan, Sister Paschala Noonan, keynote speaker, and John Molloy, chairman of the Council on Aging Board.

Quincy Sun photos/Robert Noble

"WORKER BEE" STUDENTS from Broad Meadows School and alumni assisted at the 11th annual Senior Conference, showing people around the school, and answering questions. Keynote speaker Sister Paschala Noonan stands in the background. Teacher Donna Willoughby was the organizer.

Sr. Paschala Noonan:
'Live Life, Reach Out To Others'

Avoid Golden Age 'Glummies' Seniors Advise At Conference

By MIKAELA SLANEY

"From the moment that we are born until we die, we're growing older. We don't stop the process of getting older, sometimes unfortunately we stop the process of growing," Sister Paschala Noonan told a roomful of seniors Saturday.

Sister Paschala served as keynote speaker for the 11th annual Senior Conference, held at Broad Meadows School. Last year the conference was named for her brother, John Noonan, longtime chairman of the Quincy Council on Aging. He lived to see last year's conference named in his honor, but died months later.

"It was wonderful that (John Noonan) found out before he died. It was one of the highlights of his life," she said.

Other speakers at the event included: John Molloy, chairman of the Council on Aging Board, Larry Teglieri, principal of Broad Meadows School, Rick DiCristofaro, superintendent of schools, Tom Clasby Jr., director of Quincy Council on Aging, and Mayor William Phelan.

Sister Paschala, a retired nun with the Kentucky Dominican Sisters, earned journalism awards for experiences recounted in her novel "Signadou."

Sister Paschala advised the crowd to avoid the "golden age glummies," by making new friends and living life to the fullest, much like her brother. She spoke of her brother's infectious passion for life and zest for learning new things. She said that he taught himself to play the keyboard as a senior.

She said that he played horseshoes, took walks and valued physical fitness. He had competed in Senior Olympic meets since 1982 and registered for the 2006 Games three days before his death.

At the 2005 event he won the three-mile-walk. Sister Paschala smiled as she recounted learning later that her brother was the sole contestant.

"In my mind I was picturing the Boston Marathon at Heartbreak Hill, all the people were there and my brother leading the pack and getting the trophy," she said. The crowd laughed as she held up her brother's modest trophy which stood a couple inches high.

She told the crowd to ask themselves whether they were too old to make a telephone call, write a note to somebody who is housebound or to pass on a Council on Aging bulletin to someone who hasn't been able to come get one. She asked whether they were too old tell a story to a child or to listen to someone who is lonely.

"One of the things you need to do is to reach out to others," she said. "It's not how long you live, but it's what you do with those years, and you have no excuses for not doing something."

Following her speech, Clasby presented Sister Paschala with a Quincy scarf for her role as keynote speaker. Previously male speakers received Quincy ties.

Broad Meadows Middle School "workerbee" students assisted with the program, guiding participants through the school and answering questions.

Following the dissertations, seniors participated in betterment programs. Instructors included: Maralin Manning, executive director of the Quincy Business Association, Police Lt. Dan Minton, Psychologist Dr. Claire Weiss, Attorney Tom Williams, CEO of Quincy Medical Center Dr. Gary Gibbons, Tom Hannon, Health Commissioner Drew Scheele, Nurse Ruth Jones, Dorothy Ann Vitale of the Norfolk District Attorney's office, Historian Tom Galvin, and Dr. Charles Rippberger, Physician of the Year at Quincy Medical Center.

Also present at the conference were: Ward 2 Councillor Daniel Raymondi, Ward 3 Councillor Kevin Coughlin, Ward 4 Councillor Jay Davis, City Council President Douglas Gutro, School Committee member Anne Mahoney, former City Councillor Pat McDermott, Norfolk County Register of Probate, and Tom Fabrizio, director of Quincy City Constituent Services.

THE AUDIENCE seated in the Broad Meadows School listens intently during the dissertations. Sister Paschala Noonan advised them to "live life to the fullest."

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Fall Street Sweeping Starts Oct. 10

The Department of Public Works announces the city's fall street sweeping schedule will start Oct. 10.

Signs will be posted mid-day the day prior to sweeping.

The schedule is in effect as noted below weather permitting.

To ensure all streets are properly cleaned, residents should make every effort to remove all motor vehicles from the street on the day it will be swept.

The schedule:

OCTOBER

Oct. 10 - Ward 4, Precinct 4	
Oct. 11	W4 - P4
Oct. 12	W4 - P5
Oct. 13	W4 - P3
Oct. 16	W4 - P3.
Oct. 17	W4 - P3.
Oct. 18	W4 - P1.
Oct. 19	W5 - P1
Oct. 20	W5 - P1.
Oct. 23	W5 - P3.
Oct. 24	W5 - P4.
Oct. 25	W5 - P5.
Oct. 26	W5 - P5.
Oct. 27	W5 - P2.
Oct. 30	W5 - P2.
Oct. 31	W6 - P4.

NOVEMBER

Nov. 1 - Ward 6, Precinct 2	
Nov. 2	W6 - P2.
Nov. 3	W6 - P1.
Nov. 6	W6 - P3.
Nov. 7	W6 - P5.
Nov. 8	W6 - P5.
Nov. 9	W1 - P1.
Nov. 10	W1 - P1.
Nov. 13	W1 - P3.
Nov. 14	W1 - P4.
Nov. 15	W1 - P4.
Nov. 16	W1 - P5.
Nov. 17	W1 - P5.
Nov. 20	W1 - P2.
Nov. 21	W2 - P1.
Nov. 22	W2 - P2.
Nov. 23	Thanksgiving
Nov. 24	Rain Date
Nov. 27	W2 - P3
Nov. 28	W2 - P4
Nov. 29	W2 - P5.
Nov. 30	W2 - P5.

DECEMBER

Dec. 1 - Ward 3, Precinct 1	
Dec. 4	W3 - P2.
Dec. 5	W3 - P2.
Dec. 6	W3 - P3.
Dec. 7	W3 - P4.
Dec. 8	W3 - P5.
Dec. 11	W3 - P5.
Dec. 12	Rain Date
Dec. 13	Rain Date
Dec. 14	Rain Date

City Democrats To Host Unity Meeting Saturday At Sons Of Italy

The Quincy City Democratic Committee will host a Democratic Unity Meeting Saturday, Sept. 23 from 9 to 11 a.m. at the Quincy Sons of Italy Hall, Quarry St., West Quincy.

The meeting is sponsored by Quincy's Democratic federal, state, county and local officials and more than a dozen unions. The event is part of the state Democratic Party's Victory '06 Campaign to elect Democrats to State House and Congress, with the governor's race being the most prominent elected office sought.

"This meeting represents an unprecedented effort to mobilize our Democrat Party base into a single force this November," said Quincy Democratic City Committee Chairman Charles Phelan.

The two-hour meeting will involve organizing volunteers to support the Democratic Party's ticket in the general election in November. This ranges from providing sign locations, making phone calls, and volunteering for the election Nov. 7.

"Everyone who wants to help get Democrats elected in November should try to come to this meeting," said state Sen. Michael Morrissey. "We need your help this year."

Those who want to participate but are unable to attend should contact the Quincy Democratic City Committee Chairman, Charles Phelan, at 617-472-6339.

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Marie's Kitchen

BY MARIE D'OLIMPIO

John And Jim's 'Marvy' Marinade

They say that chances of catching a foul ball at Fenway Park is one in 12,000. Well it happened to our young grandson John who lives in New York with his mom and dad, our son Jimmy and daughter-in-law Suzanne. They spent the weekend at our home and planned to go to the Red Sox game.

John is an avid baseball fan, and although he likes the Yankees, he still watches and likes the Red Sox. So he was thrilled when his dad was able to get tickets to a Red Sox game on a Saturday afternoon. His first time at Fenway Park.

Some people wait for years to catch a baseball. It was lucky that John took his glove to the game and was able to catch a foul ball thrown by Red Sox catcher, Doug Marabelli.

He was so excited as people took his picture, and one women actually ran up to him and gave him a big hug. People were yelling "hey, sign this kid up."

Anyway, you wouldn't think that this story leads to a recipe would you?

We were expecting a gathering at our house (almost 40) for a cook-out and although most of my preparation was completed, I hadn't marinated the sirloin steak tips.

Our son said he and John make a great marinade with Coca-Cola. Well my curiosity made my decision for them to go ahead and do it.

Here is the recipe , the steak was not only tender, but truly delicious. It got raves!

Special Steak Marinade
12-16 ounce bottle of Coca-Cola
2-3 cloves garlic
1/2 cup orange juice
orange zest from one orange
2 tablespoons thyme
a pinch of chili powder
1 teaspoon paprika
1/3 cup olive oil
salt and pepper

Mix altogether and rub steak sparingly. Marinade for a couple of hours over overnight if you have the time. It makes even the tough pieces tender.

After it was grilled, it was not only tender, but had a distinct flavor and delicious!

Comcast Awards $25,000 Grant To Quincy Asian Resources

The Comcast Foundation has awarded a $25,000 grant to Quincy Asian Resources, Inc. (QARI) to support the language, cultural and economic development needs of the growing Asian American population in Quincy as they seek to assimilate themselves into the wider community.

The Comcast Foundation grant will enhance and expand QARI's ESOL (English for Speakers of Other Languages) for *Living and Employment* program, boosting enrollment by 100 to serve more than 240 students this year in an effort to significantly reduce the current waiting list.

The funds will also support curriculum development and training and supervision to classroom assistants and tutors, and provide other services to students, such as supplemental one-on-one tutoring and computer-based practice sessions.

"Comcast is committed to making a difference in the communities where our customers and employees live and work," said Tom Coughlin, Vice President of Comcast's Southeastern Massachusetts Region. "We are proud to partner with Quincy Asian Resources and the city of Quincy to expand the learning opportunities for our Asian American neighbors as they transition to their new home."

In addition to Comcast's support, the city of Quincy has also partnered with QARI providing classroom space in City Hall since Sept. 2005.

Mayor William Phelan said:

"We are proud to partner with Quincy Asian Resources to assist with their English language classes. I congratulate Comcast for their commitment to this important program and I look forward to its continued success."

John Brothers, QARI's executive director expressed his gratitude for the support of Comcast and the city of Quincy.

"This is a unique partnership between the business community, the public sector and a private not-for-profit organization, he said. Comcast is contributing essential financial means, the city of Quincy is providing logistical support and facilities and QARI is delivering high-quality programming, a successful recipe to enabling the Asian population to help meet the needs of Massachusetts in the future."

"QARI's ESOL program is an invaluable resource because it is the foundation for educational and employment opportunities," said Senator Michael Morrissey, a longtime supporter of the organization. "I am happy to see Comcast's commitment to this important local program that stresses and emphasizes the importance of learning English."

According to statistics cited by QARI, the Asian population in Quincy has rapidly increased over the last 15 years, underscoring the importance of enhancing support services as these individuals transition into the greater Massachusetts community. Data from the 2000 U.S. Census indicates that Quincy's Asian American population grew by 144 percent since 1990, making it the fastest growing racial group in the city. At that time, Asian Americans made up 13.4 percent of the total Quincy population. Just five years later, Asians now make up 27 percent of the students in the Quincy school system.

Cherry Ma, who emigrated to Quincy earlier this year from Guangzhou, China, has benefited from the services provided by QARI, after initially finding it difficult to learn the language, adjust to American culture and be so far away from family and friends. Thanks to QARI, Cherry was able to secure a position at Quincy Medical Center and recently began classes at Quincy College, where she will study nursing, a career she previously had in China. Most importantly, she now feels comfortable in her new home, saying, "the more people I meet, the happier I am here. I think America is a nice place to live!"

The Comcast Foundation was founded by Comcast Corporation in June 1999 and is the company's chief source of charitable support to qualified non-profit organizations. Since its inception, the foundation has donated more than $30 million to organizations in the communities where Comcast serves. More information about the foundation and its programs is available at www.comcast.com under "in the community."

Formed in 2001, Quincy Asian Resources (QARI) is a non-profit social service agency dedicated to promoting the development of the area's Asian-American population to benefit the wider community. It is a community-based agency that collaborates with other organizations to accomplish its objectives. It has 15 institutional members (other not-for-profit organization).

QARI provides services to the growing Asian population in Quincy and surrounding areas, including ESOL, citizenship and computer classes, and multi-lingual information and referral services to those seeking public services and educational programs.

Each year, QARI plans and organizes the Quincy Lunar New Year Festival and Quincy August Moon Festival, which bring together the Asian and the non-Asian community to celebrate Asian culture and heritage. QARI is located at 1509 Hancock St., Quincy Center. For more information contact them at 617-472-2200 or visit www.qari.info.

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FREE REFRESHMENTS

QHS Parent Council Meets Oct. 12

Quincy High School's Parent Advisory Council will meet Thursday, Oct. 12 at 7 p.m. in the Pride Room at the school.

The meeting is open to the public.

Mayor's Fundraiser Oct. 2 To Aid Literacy Programs

Mayor William Phelan will conduct his annual Mayor's Cup fundraiser to help raise money for the Quincy Public Schools' early literacy intervention programs Monday, Oct. 2 at the Granite links Pavilion.

The fundraiser will feature entertainment from *Java Jive*, "the world's smallest big band," who have performed at the Arts in the Parks, First Night and many regional events. The evening will also feature fine food and live and silent auctions with prizes available.

The event will take place from 6-9 p.m. at the Granite Links Pavilion. Tickets are $25 and can be purchased by calling 617-984-8771.

"We have made great strides in helping our young people overcome literacy obstacles," said Phelan. "Through the support of our community we can continue our progress in helping our young people succeed."

Auction items available include Patriots' tickets, a suite at the TD Banknorth Garden for a Bruins or Celtics game, dinner theatre packages, limousine packages, children's birthday packages, autographed sports memorabilia, a dinner party for ten people, personal chef services, travel vouchers, and many other gift and specialty packages.

To donate an item for the auction, call 617-376-1990.

"I want to thank those in our community that have supported this great event," said Phelan. "Through their assistance, we are raising valuable dollars to help children learn to read and succeed."

The Mayor's Cup golf tournament will precede the fundraising event. For those wishing to golf or sponsor a hole, call Dave Murphy at 617-376-1990.

Senior Bridge Club To Meet

The Council on Aging's bridge club for seniors will meet every Friday from 12:30 to 3:30 p.m. at the Dawes House on Quincy Shore Drive, corner of Channing Street.

All level players are welcome.

For further information, call 617-376-1506.

Chowder Festival At Marina Bay Sept. 24

The Marina Bay Skilled Nursing and Rehabilitation Center will hold its third annual Chowder Festival Sunday, Sept. 24, from 2 to 4 p.m. at the Center, 2 Seaport Drive, North Quincy.

Contesting for the Chowder Bowl will be Alfredo's, Hancock Tavern, Captain Fishbones, The Tavern at Granite Links, The Salt Box, Finians, The Outback and Skyline.

Admission is $10 for adults; children under 12 admitted free; with the proceeds going to the Milton Council on Aging.

The festivities will include the Kadima Band, Sara Belle the Clown, face-painting, a balloonist and many others.

Marina Bay is a non-profit, long and short term rehabilitation Center.

Legal Clinic Oct. 17 At Quincy Court

The Bar Association of Norfolk County will sponsor a number of free legal clinics on Tuesday nights from 6 to 8 p.m. beginning on Oct. 17 in Quincy District Court.

A panel of attorneys experienced in all areas of the law will be available for confidential one-on-one discussions of personal legal questions. No appointment is necessary.

Future clinics will be held at Quincy District Court on Nov. 28, Dec. 5, April 10, May 8, May 22, July 10 and Aug. 14.

For more information, call Adrienne Clarke at 617-471-9693.

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Real Estate

Tips To Paint Like A Pro

(NAPS) Ask professional painters how they get consistently beautiful results every time and they often reply: first prime, then paint.

In fact, research shows that one coat of tinted primer and one coat of paint will give a better-looking, longer-lasting paint job than two coats of paint. Here's why:

• Primers provide a foundation for paint. Ordinary paint is formulated to provide rich, beautiful color, but don't expect paint to do a primer's job. High-quality primers like Zinsser's Bulls Eye 1-2-3 are much richer in resin than ordinary paint and stick to the surface to provide a firm base for paint. Pleats it sticks to glossy, hard-to-paint surfaces, paneling, cabinets, glossy paints and vinyl siding, without sanding.

• Primers make colors look better. Because they create a sealed, stain-free surface for paint, primers make colors look vibrant and beautiful. They hide previous colors, even dark blues and reds, and prevent them from showing through new paint.

• Primers prevent common problems. Because primers are formulated to prevent problems such as cracking, peeling and blistering, they'll make any painted surface durable, washable and longer lasting.

• Primers save money. one gallon of high-quality paint costs more than one gallon of high-quality primer. By tinting primer towards the paint color, less paint is needed, and it gets rid of the extra step.

• Priming is easy. Bulls Eye 1-2-3 (for light and pastel colors) and Bulls Eye 1-2-3 Deep Tint (for medium and dark colors) are specially formulated for tinting. Just ask a paint store or home center clerk to add the same colorant they use to mix the paint to the primer.

For more helpful tips for a professional-quality paint job, visit www.zinsser.com, or call 732-469-8100.

SENIOR NEWS LINE

by Matilda Charles

No Need to Fear Reverse Mortgage

All someone has to say is, "reverse mortgage," and most seniors back away. We've just heard too many bad things, mostly involving scams where seniors lose their homes. Or we don't understand the paperwork. Or we want to avoid the high transaction fees. Besides, we just spent the bulk of our adult lives getting the house paid off. Why would we want to take out another mortgage?

Why indeed. Because for some of us the income from a HUD-approved Home Equity Conversion Mortgage (HECM) could add hundreds of dollars a month to our retirement income.

In a reverse mortgage, we take out a percentage of the equity that's in our home. The difference is that we don't have to pay it back as long as we live in the house. When the house is sold, the lender collects the balance of the loan.

There are several ways we can get money from a HECM reverse mortgage, either as a lump sum or as term (length of time), tenure (fixed payments as long as we occupy the home) and line of credit.

How much you can get in a reverse mortgage depends on a calculation using your age and the value of your home. The AARP has a calculator at: www.rmaarp.com.

There are some requirements for getting a HECM. You must be aged 62 or older, have a low mortgage or own your home outright, and you must attend the free reverse mortgage counseling offered by HUD.

For more information call HUD at 1-800-569-4287. A HUD counselor will make sure you understand all the guidelines. To find HUD-approved counseling, call 1-888-466-3487. After you have three different offers for a reverse mortgage, call HUD back and a counselor will make sure you understand all the language in the potential contracts.

Matilda Charles regrets that she cannot personally answer reader questions, but will incorporate them in her column whenever possible. Do not send any material requiring return mail. Write to her in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send e-mail to letters.kfws@hearstsc.com.

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INTS FOR HOMEOWNERS

Home Renovations: Miminizing Stress

(NAPS) Tackling a home renovation can be costly and time consuming, but it doesn't have to be a headache. There are ways to minimize the stress.

An 18-month-long renovation was recently completed at the Marriott London Grosvenor Square Hotel. The renovation took place with a minimal amount of disruption and inconvenience, thanks in large part to Ilse Mohr, executive housekeeper. Based on her experience, Mohr offers several suggestions to help renovation and cleanup go smoothly:

1. Work from a pre-defined plan. Without one, there will be no clear direction for the builders, and no recourse if things aren't right.

2. Decide what to achieve. For example, in the hotel's executive lounge, the goal was to create a comfortable yet functional place where guests could come to relax, eat and drink, socialize or get work done. There needed to be a hospitality desk, area to answer email, comfortable and flexible seating, an area to watch television and kitchen facilities.

3. Minimize changes. It's too easy to change things in mid-stream, but there would be significant extra costs and much more time used, even for minor changes.

4. Keep the end in sight. keep a drawing or rendering of the finished product nearby to keep focused through the upheaval.

5. In the kitchen, decide what kind of food will be prepared and what will be needed. Don't place a refrigerator (cold) beside the stovetop (hot). Place everything within reach to minimize walking around and maximize convenience.

6. in the bathroom, for a stand-up shower, install a hand shower. not only can the shower be adjusted to a person's height, the showerhead can also be removed and used to clean the bathtub.

7. Be cautious when choosing material for walls and floors. Limestone, for example, is popular but porous and takes a long time to dry. Shiny surfaces, such as marble, need to be treated and sealed.

8. When cleaning, start in one area and work around, cleaning one surface, one cupboard at a time until back at the starting point again.

9. Don't dust until after making the bed. It makes more dust. Vacuuming is always the last thing to do.

10. Be careful in cleaning surfaces, because just about any chemical cleaner or polishing solution will build up and make a surface sticky or dull. For more information visit www.marriott.com.

Workshop For Homeowners Sept. 26

Quincy Community Action Programs will sponsor a workshop for homeowners Tuesday, Sept. 26 from 5:30 to 8:30 p.m. at QCAP, 1509 Hancock St., fourth floor, Quincy Center.

The workshop is open to the public.

Homeowners will learn about financial and maintenance issues. Specific topics include equity loans and refinancing, home maintenance, government sponsored repair programs for homeowners, and dealing with mortgage default.

Speakers at the workshop will include a mortgage lender and a contractor.

"QCAP is holding this workshop as a natural follow-up to our monthly homebuyer seminars," said QCAP Housing Coordinator Rona Goodman. "It helps QCAP fulfill its mission of assuring stable housing for South Shore residents."

The workshop is free but registration is required.

For more information and to register, contact Kerri Clifford at 617-479-8181 ext. 119.

Reverse Mortgage Topic

Ed Barrett, a reverse mortgage specialist, will discuss his specialty on the first and third Wednesdays of the month at 1 p.m. at the Council on Aging office, 83 Saratoga St., North Quincy.

Reverse mortgage is a new program offered by the federal government thst allows seniors to convert a portion of their home equity into tax free cash.

For an appointment, call Ann Bruce at 617-376-1506.

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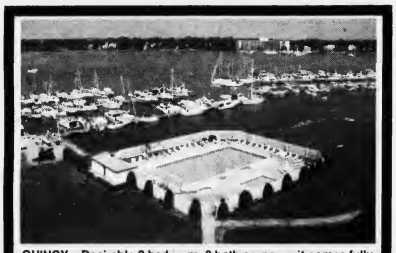

QUINCY – Desirable 2 bedroom, 2 bath corner unit comes fully applianced with newer stove and microwave and new refrigerator. Pergo floors in kitchen and dining room, newer carpet throughout. There is a slate counter breakfast bar, stack washer and dryer in unit, plenty of closet space. A tiled balcony overlooks the Boston skyline. One assigned space with plenty of guest parking. The pool and tennis court, spectacular sunsets all make for wonderful waterfront living! $319,900.

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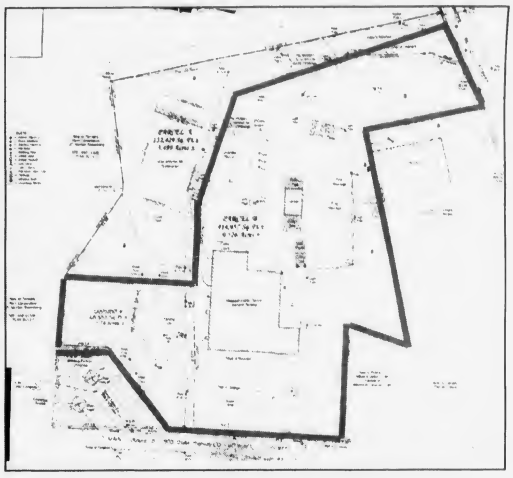

A Smart Address to Build On!

Convenience and Location on Rt. 18 in Weymouth! 9.5+/- Acres of Business Zoned Land

Rockland - 12,000 sf office/retail. Prime downtown location. Outstanding opportunity. Offered at $975K.

Marshfield - 4,000 Square Feet Office building on a17, 860 Square Feet site. Perfect for user with income potential. 3 Units, 19 off-street spots, Zoned B-1. Easy access to Rt. 139 and local amenities. Offered at $649,000

Holbrook - Solid Cape on a triple lot with possibility of expansion. Bright kitchen, beamed ceiling, fireplace, hardwood floors and skylights. Across from Lake Holbrook. Offers welcome!....$255,900

Quincy - Stunning three-level townhouse w/ 2 master bedrooms. One master with jacuzzi tub. 2 1/2 baths total. 2,745 sf of living area. Finished lower living area. Offered at $525,000.

Quincy - Great Opportunity! 41,777 sf. site with 4,528 sf. commercial building. Industrial A zone. 3 parcels of land just outside Crown Colony Office Park! Immediate access to major expressways.

Quincy - Crown Colony - 350 +/- sf medical office condo in South Shore's premier office park location. Features large open area, oversize windows and reception area.

Hingham - 2 Family Ranch: Unit 1 has 3 bedrooms, 1 bath, Unit 2 has 2 bedrooms, 1 bath. Built-in 2 car garage. Near route 3A, shopping and Hingham Shipyard. Offered at $449,000.

Quincy - 4 Unit Building. Each unit has 1 bedroom, 1 bath per unit. Off street parking will accommodate 10 cars. Ideal condo conversion opportunity! Offered at $519,000.

Dorchester - Dorchester - Up to 10,000 square feet of prime office space in high traffic/visibility location on Gallivan Blvd. Ample pkg. Close MBTA & Expressway access.$12/sf gross.

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Real Estate

By Samantha Mazzotta

Saggy Door Needs Straightening

Q. One of our bedroom doors doesn't close all the way because it sticks on the doorjamb. How can we fix this? — *Clive C., Birmingham, Ala.*

A. Over time, all houses settle a bit, and door frames can get a little out of whack. Or, a door's hinges can start to work loose. Or both. The result is a door that sticks a little whenever it's opened or closed. To straighten out that door in its frame, grab a helper, your toolkit and some cardboard shims.

Check the health of the hinges first. Have your helper try to straighten the door a bit, and look at the hinges as he does so. If screws holding the hinge plates in place seem loose, they need to be tightened.

This is best done by removing the door from its hinges before tightening the screws. Remove the door by knocking out the lower hinge pin first, then the upper hinge pin (always have your helper in place to control the door). Tighten the hinge screws; if any of the screws won't tighten down, remove the entire hinge and reset the screw holes by tapping a wooden dowel (a golf tee works well, too) coated with wood glue into the stripped hole. Allow the glue to dry for an hour, then drill a new pilot hole, replace the hinge and screw into place. Re-hang the door and check to see if it still sticks.

If it still sticks significantly (you need to tug the door to open it), try placing a cardboard shim (a thin piece of any cardboard cut to the same size) underneath the lower hinge to see if that raises the door a bit. This can misalign the latch, so don't shim too much.

If the bottom of the door sticks only a bit, try sanding the bottom of the door where it scrapes the jamb, until the door closes and opens smoothly.

Send questions or home repair tips to homeguru2000@hotmail.com, or write This Is a Hammer, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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Newcomers Finding The American Dream

Joseph Chan of Quincy is helping second and third generation Chinese Americans step out on their own and begin their new lives on the South Shore.

Chan has had his real estate license for 20 years, but only in the past year has he started using it to help young families find homes as an agent with the Jack Conway Co. Quincy office.

Chan has worked as a consultant for biotechnology companies, helping them find laboratory space to lease and to buy.

"As I was working in the industrial side of real estate in the Boston and Cambridge area, people who worked for those companies were asking me to help them buy homes," said Chan.

JOSEPH CHAN

Chan was born in China and came to the United States in the 1970s. He is a graduate of the University of Chicago and has lived in Quincy since 1980.

"I love to work with non English speaking Chinese people because they feel very comfortable with me and I like being able to help them," said Chan. "Younger Chinese Americans are leaving Chinatown in Boston and coming to Quincy because they want to be out of the city, but still be able to visit their families using the MBTA." Chan says he believes over 20 percent of the population in Quincy is of Asian ancestry.

Chan said he decided to join Jack Conway because of the excellent training programs they offer, which he says makes him a better agent.

"I want to be able to offer the best service possible to my clients and Jack Conway Co. takes education of their associates a top priority," he said.

Chan is married and has two children. He still runs a commercial consulting office in Quincy Center.

To contact Joseph Chan call the Jack Conway & Co. Quincy office at 1-617-479-1500. Or email jchan@jackconway.com

The Jack Conway Co. was founded in Hingham Square in 1956, and operates 45 sales offices from Boston to the South Shore, South Coast, and Cape Cod. The firm also runs Conway Financial Services, a mortgage company.

Mortgage Lenders Creating 'Affordability' Loans

(NAPS) Whether it's a dream home, vacation property or retirement condo, consumers face a housing market this year in which climbing interest rates are driving up the costs of buying a home.

Shopping for, and financing, an affordable home has become an increasingly daunting process in many frenzied markets. The median national home price now hovers around $224,000, but prices in hot areas often soar well above.

To address this dilemma, mortgage lenders have introduced a new crop of "affordability" loans, and homebuyers are turning to them as a means to comfortably manage their home financing over the long run. These nontraditional loan products are designed to create a reasonable monthly payment and eliminate dreaded rate increases and "pocketbook shock" from payment resets.

In fact, according to Opteum Financial Services, one of the nation's fastest-growing residential leaders, "affordability" mortgages, such as fixed-rate interest-only products, longer-term (40 year) fixed-rate mortgages and 80-20 loans, are exploding in demand. A few years ago, fixed-rate interest-only mortgages barely existed. According to another financial service firm, UBSAG, these loans now account for around eight percent of all new residential mortgages taken out in the U.S., and they're growing each month.

Here are some major trends to watch:

Long-Term, Fixed-Rate Interest-Only Loans

Interest-only (IO) loans have received the most headlines in recent years, but as interest rates creep upward, many consumers, including first-time homebuyers, are shying away from short-term IO loans in favor of longer-term fixed-rate IOs to avoid upward payment adjustments.

John Palmiotto, senior vice president for Opteum, said, "Since the average American keeps a mortgage for less than 10 years, fixed-rate IO loans can often help homeowners leverage their buying power in the beginning. After 10 years, when the loan fully amortizes, the assumption is that the borrower's income will also have grown and thus can comfortably absorb the remaining principal portion of the payment."

Momentum Of 40-year Loans

While 30-year fixed mortgages have been the "blue-chip" standard, 40-year fixed-rate balloon loans are now gaining major popularity. The appeal is that these loans offer a "happy medium" payment nearly halfway between an interest-only loan and a 30-year fixed. The drawback is its long payback term of 40 years.

The best approach for buyers is to work with their loan officer to educate themselves about the variety of product offerings out there that not only manage their cash flow but that will also be the best choice for their personal financial situation.

A Clean Home

(NU) - As you clean your home, remember to dig beneath the surface, because what you can't see can hurt you.

A room may appear immaculate, but millions of germs and bacteria are lurking where you least expect them. Consider equipping your home with a high-efficiency whole-home air purifier like the new Infinity Air Purifier from Carrier Corp. This purifier captures and kills airborne allergens, bacteria, mold spores and viruses.

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QMC Awarded $2.5 Million As Essential Health Care Provider

Quincy Medical Center will receive $2.5 million in funds from the Commonwealth's new Essential Community Provider Trust Fund.

Competitive grants were awarded to specific hospitals and community health centers across the state considered essential to the health and well being of their area.

"As we enter the critical implementation phase of healthcare reform, we're counting on these providers more than ever to deliver high quality services at affordable prices," said Health and Human Services Secretary Timothy Murphy.

"The award is a vote of confidence in the hospital and the care we provide to South Shore communities," said Gary Gibbons, MD, President and Chief Executive Officer of Quincy Medical Center. "We are honored to be recognized by the Trust Fund for our importance to the communities we serve and are greatly appreciative of our state legislative delegation and Quincy city officials and their continued championing of QMC's vital role in the health and education of South Shore residents."

The Trust Fund was established under the new health reform law. Many of the essential providers that receive awards from the Fund will be integral to the efforts to enroll uninsured residents into the new health plans that will be offered as part of reform.

"We believe we can play an important role in making this new health reform effort a success," Dr. Gibbons said.

Quincy Medical Center (www.quincymc.org) is a 232-bed acute care community-teaching hospital providing South Shore residents with comprehensive medical and surgical services. The Medical Center's Alliance for Quality with Boston Medical Center (BMC), formed in 1999, brings academic medicine to the community. At Quincy Medical Center, physicians from Boston Medical Center direct the departments of medicine, surgery, anesthesia, emergency medicine, and psychiatry.

Additionally, physicians from BMC who are board-certified in a range of medical and surgical specialties work with community physicians to ensure the continuity of patient care. Presently one of the one of the fastest growing hospitals in Massachusetts, Quincy Medical Center has earned outstanding quality scores from national, specialty and state accrediting agencies, including a top rating from the American College of Surgeons' Commission on Cancer.

Senior Discount For Symphony Concert

Senior citizens will be admitted at a special discount price of $15 with transportation provided to a concert by the Quincy Symphony Orchestra and the choirs of Quincy and North Quincy High Schools Tuesday, Dec. 5, at the Boston Marriott Quincy.

Tickets for others to the concert in the Grand Ballroom are $20 each. The concert is sponsored by the Quincy School-Community Partnership and the Quincy Symphony Orchestra.

For ticket sales, call Keith Segalla at 617-984-8888 or Nancy DiPaolo at 617-376-1245.

Harvest Festival To Bring Goblins To Quincy Center

The 16th annual Harvest Festival will bring witches, ghosts and goblins to Quincy Center Saturday, Oct. 21, with family fun and games from 10 a.m. to 5 p.m.

Hancock Street from Granite Street to Revere Road will be closed to vehicular traffic for the day as merchants display their wares and cauldrons bubble in restaurants.

The traditional favorite, the Costume Parade of youngsters Grades K-5, will form at 1:30 p.m. and pass in review for judging by a panel of business persons and artists at 2 p.m.

In case of inclement weather, the rain date will be Saturday, Oct. 28.

A Boston radio station, Oldies 103.3 FM, will be on hand from 12 noon to 2 p.m. with games, entertainment and give aways. Live music will be provided by the Strolling Bones.

Once again the Quincy Business Association will be joined in the presentation by Quincy Police, which will focus on children's safety issues like bicycle helmets and fingerprinting kits.

For more information, call the QBA office at 617-471-3232 or e-mail **director@qbaonline.com.**

College Info Night At Quincy High Oct. 5

Sophomores, juniors and seniors at Quincy High School and their parents are invited to learn about the college admissions process at a meeting Thursday, Oct. 5, from 7 to 9 p.m. at the QHS Auditorium.

Small group workshops will be held to explain the timelines and testing requirements, SAT, NCAA and college athletic participation as well as admissions for special needs students, financial aid and scholarship.

Those planning to attend or seeking more information should call the Quincy High School Guidance Office at 617-984-8757.

COA In Need Of Bath Seats

The Council on Aging is in urgent need for bath seats for senior citizens.

If you have one to donate, call the COA at 617-376-1245.

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"I really enjoy the convenience of living at Linden Ponds."

—*Mary Lynch, moved from Quincy*

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Since moving to Linden Ponds, Mary can now pursue her hobbies without the worries that used to come with owning a house. "I go to some of the exercise classes, and I play dominos and cards—I'm having a great time," says Mary.

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NCUA MSIC

WALKERS leave Pageant Field in Merrymount Park behind them as they set out on the four mile Quincy Medical Center Cancer Walk that raised more than $130,000 for the Marie A. Curry Fund.

Quincy Sun photos/Robert Noble

MAYOR William Phelan is flanked by Bob Curry (left), chairman of the Quincy Medical Center Board of Trustees, and Dr. Gary Gibbons, president and CEO.

QMC Cancer Walk Raises $130,000 For Curry Fund

The estimated 1,200 people who strolled along Quincy Shore Drive in the sunshine Sunday raised more than $130,000 to support cancer care services for all at Quincy Medical Center.

Participants, young and old, added another chapter to the Quincy Medical Center Cancer Walk, which began in 1998 as the Marie A. Curry Walk.

Since then, walkers have now raised more than $1,386,600 for the Marie Curry Fund which provides free cancer screening for uninsured and underinsured men and women.

For those who chose not to walk the four miles, donations for the walk are still being accepted and can be sent the Quincy Medical Center Development Office, 114 Whitwell St., Quincy 02169.

"From the elementary school students who walk alongside their Cub Scout pack to the community teams who participate in honor of a friend or loved one who has faced cancer to the business owners who generously lend their support each year, the community support for the Quincy Medical Center Cancer Walk is outstanding," said Dr. Gary Gibbons, QMC president and CEO.

"The tremendous community support for the Quincy Medical Center Cancer Walk and the Marie A. Curry Fund furthers our efforts to ensure that all South Shore residents have access to advanced, high quality cancer screenings and services."

In addition to the walkers, more than 100 businesses served as sponsors of the walk, including:

Presenting sponsor ($10,000) - Curry ACE Hardware and Quarry Hills Associates.

Supporting sponsor ($5,000) - Commonwealth Building, Inc.

Contributing sponsor ($2,500) - Adams Plaza Donuts (dba Dunkin' Donuts), Aslanis Seafoods, Inc., Caldwell Banker Urban Communities, Fallon Ambulance Service and Quincy Rehabilitation and Nursing Center.

In addition to the beachfront stroll, walk participants also enjoyed a full day of family festivities, including pre-walk aerobics and post-walk massage therapy courtesy of Bay State Physical Therapy.

Also breakfast donated by area Dunkin' Donuts, lunch donated by Outback Steakhouse and musical entertainment by DJ Susie Cue. Freemasons of Massachusetts offered their Child Identification Program (CHIP) for parents of young children.

Honorary chairs for the event were Bob Curry of Curry Hardware and chairman of the QMC Board of Trustees, and Hank Bradley, director of Quincy Veterans Services, and the QMC Cancer Walk Committee.

The fund was started by Bob Curry with a $100,000 endowment in 1995 to provide free screening mammography at QMC to women in need.

The fund and later the walk were named for his late wife, Marie, who died of cancer. Free prostate cancer services to men were added later.

WALKERS create a traffic jam on Merrymount Parkway as they approach Southern Artery.

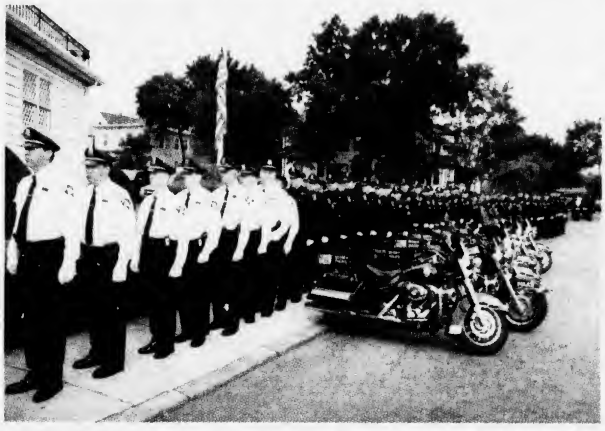
CURRY FAMILY children and grandchildren get ready for the start of the QMC Cancer Walk.

QUINCY ROTARY Club team makes up in numbers for what it may lack in other assets.

Over 1,000 Pay Special Tribute To Officer James Cochrane

SEVERAL HUNDRED MOTORCYCLE officers from Quincy and many other communities lead the funeral procession along Franklin Street to St. John's Church.

MARIA COCHRANE stands beside the Quincy Police motorcycle of her husband, James Cochrane. Speaking at the funeral Mass at St. John's Church, she said he was the love of her life. "He always will be," she said. "My name will always be Maria Cochrane."



QUINCY POLICE LINE up at the Sweeney Brothers Home For Funerals Thursday to pay their respects to fellow officer James "Jamie" Cochrane. Colleagues said he was a good friend and family man and "a great cop."

HUNDREDS OF MOURNERS stood in line to pay their respects to Quincy Police Officer James Cochrane, 38, at the Sweeney Brothers Home For Funerals. The hours of the wake had to be extended three hours.

QUINCY POLICE OFFICERS marched from Sweeney Brothers Home For Funerals to St. John's Church led by Arthur Tobin, Clerk Magistrate of Quincy District Court and former mayor, Police Chief Robert Crowley, Dist. Atty. William Keating, and Mayor William Phelan. The procession passed under a large U.S. flag hoisted between two Quincy Fire Department aerial ladders.

QUINCY HIGH SCHOOL Principal Frank Santoro and members of the Jr. A.F. ROTC stand at attention in front off the school as the funeral procession passes by.

QUINCY POLICE OFFICERS hold roses at the Cedar Grove Cemetery in Dorchester they then placed on the coffin of fellow officer James Cochrane.

VOLLEYS ARE FIRED by Quincy police at Cedar Grove Cemetery, Dorchester in tribute to colleague James Cochrane.

Quincy Sun Photos /Robert Noble

SPOTLIGHT ON HEALTH & FITNESS

FROM START TO FITNESS

by Andrea Wyatt M.S.S., C.S.C.S.

Stability Ball Is Not for Beginners

Q. At home the only exercise equipment I have is a stability ball. It came with a sheet of exercises and instructions on how to use the ball. I put these exercises together for a total body workout that I do three days a week. Are these workouts beneficial, or should I try to do something more?

A. The stability ball, also known as a fitness or physio ball, has become a popular exercise tool both at home and in fitness facilities. The large inflated ball, which looks like a pool- or child's toy, can be used to perform a variety of exercises.

The stability ball should be used as a tool to provide an unstable environment while completing exercises. This unstable environment is a progression from completing the exercises in their more basic form. The unstable environment encourages the body to recruit as many muscle groups as necessary to complete the exercise effectively. This recruitment can help improve muscle stabilizers.

It is important that you first perform correctly in a stable environment any exercises you would like to do on the ball. For example, before completing abdominal exercises on the ball, first perfect your technique on the floor.

The stability ball can be used while actually seated on the ball, against the wall, under your feet while lying down or even to provide slight upper body resistance.

It is important to have the right size stability ball for your height. While seated on the ball, your hips and feet should be parallel with each other. A sizing chart normally accompanies the ball to help you determine which size ball is right for you.

A basic total body workout that you can complete several days a week includes push-ups, back extensions, shoulder press, ball squats, leg curls and abdominal exercises, to name a few. Performed correctly, it can be a great workout.

Teamed with cardiovascular exercise and proper nutrition, your stability ball workout can be part of a great fitness program. Remember to be careful when trying new exercises on the ball, and don't complete an exercise on the ball until you feel comfortable performing the exercise without the ball.

Always consult a physician before beginning an exercise program. Andrea Renee Wyatt, M.S.S., C.S.C.S., is a certified personal trainer with an extensive background in strength and conditioning as well as therapeutic recreation. If you have a fitness or training question, e-mail Andrea at letters.kfws@hearstsc.com or write her in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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Good Health News From Granite Medical

An Ounce Of Prevention

By DR. NILS HOERNLE

"Don't ever get old!" my grandparents used to tell me. How can I avoid it, I wondered? After some reflection it occurred to me that what they really meant was, don't get unhealthy. Losing your health, it seemed, was about the same as growing old. Was the opposite also true, though? Is it possible for us to grow old without losing our health?

DR. NILS HOERNLE

The human body is truly remarkable, but for all its wonders, it does not come with an owner's manual. Fortunately, today we know a great deal about preserving our health. In this series I intend to discuss our current understanding of the major health risks, and some of the ways to prevent or minimize them. With a little wisdom and a little luck, it may be possible for many of us to live full and active lives well into our later years.

In the not-so-distant past, infectious diseases and poor sanitation resulted in the death of a large proportion of people. Yet with the advent of antibiotics, sanitation and hygiene, infectious diseases now make up only a small percentage of the death toll.

The leading causes of death today have shifted. Heart disease, cancer, and stroke now account for over 50%, with infectious diseases accounting for well under 20%. Surprisingly, many of the leading causes of death today are actually lifestyle diseases. These are highly preventable, and to a large degree, are the results of choices we make on a daily basis.

Lifestyle refers to the way we choose to live, or in some cases, are compelled to live by our circumstances. However, some of the most important aspects of lifestyle from a health standpoint are simple things we tend to take for granted – diet, exercise, sleep and stress. In fact, these four seemingly simple things account for much of the declining health in America today.

All too often, in our twenties and thirties, we tend to take our health for granted, perhaps working long hours or sacrificing a good night's sleep to meet a stressful deadline. We may grab some fast food on the way home, lie down on the couch with a computer or in front of the TV, perhaps with a drink or some dessert, and then finally go to bed. By the time we reach our 40's and 50's the poor diet, stress and lack of sleep and exercise translate into obesity, high blood pressure, high cholesterol and high blood sugars. We may start to develop back aches, joint pain, acid reflux, anxiety and insomnia. When we reach our 60's and 70's, these early conditions develop into full-fledged diseases such as heart attacks, diabetes, arthritis, sleep apnea and even cancers. If we smoke or drink we may start to develop lung or liver disease. Often by this point there is irreversible organ system damage.

Since about 1970 this progression has been accelerating in America, with many of these illnesses occurring at younger ages. Men are having heart attacks in their 40's and children are getting adult-onset diabetes. These disturbing trends are largely the result of the lifestyle changes occurring in western countries, as driving cars and hectic schedules replace exercise and restorative sleep, and fast food and packaged foods replace a more traditional diet of vegetables and fruits, whole grains, fish and nuts.

Recent advances in our medical understanding are fascinating, and we now know much about what it takes to stay healthy. This series of articles will focus on each of the main risks to good health, including not only early detection of disease, but also the prevention of some of the most common illnesses, including diabetes, heart attacks, strokes, cancers, osteoporosis, arthritis and lung disease.

By making a few relatively simple changes in our lifestyles, we can greatly improve our chances of leading long and fruitful lives. We may be able to tell our grandchildren, "Don't worry about getting old – just be sure to preserve your health!"

Amount Of Nicotine In Cigarettes Increased Significantly Since 1988

The amount of nicotine a smoker gets from smoking a cigarette has increased steadily over the past seven years, according to a new report released by the Massachusetts Department of Public Health (DPH).

The study found that, regardless of brand, the amount of nicotine that is actually delivered to the smoker's lungs has increased significantly. The data was collected from reports submitted to DPH from 1998 to 2004 by all tobacco companies that sell cigarettes in the state, as required by Massachusetts General Law Chapter 307B and Department of Public Health Regulations CMR 660.000.

Massachusetts is one of only three states in the country to require tobacco companies to submit this information annually.

"This is a story that needs to be told," said Gail Bork, program director for the Blue Hills Tobacco-Free Community Mobilization Network. "Smokers and their loved ones need to know that they're getting more nicotine than in the past, and they made need additional help in trying to quit."

The report found that:

• Overall, nicotine yields increased 10 percent from 1998 to 2004.

• As of 2004, 93 percent of all cigarette brands were rated high nicotine.

• Marlboro, Newport and Camel, the three most popular brands chosen by youth smokers, all delivered significantly more nicotine.

• Kool, a popular menthol brand, increased 20 percent. More than two thirds of African American smokers use menthol brands.

According to a number of major recent health studies, the nicotine in tobacco is a highly addictive drug that affects nearly every organ in the body.

• Increased levels of nicotine may make it more difficult for the average smoker to quit.

• Increased levels of nicotine consumed by pregnant women can lead to developmental delays in childhood as well as low birth weight infants.

• Nicotine changes the way that insulin works in the body. Smoking raises blood sugar levels, placing smokers at higher risk for developing diabetes and making it harder for those who already have diabetes to control blood sugar levels.

• Medications that treat depression and other mental illnesses can lose their effectiveness when combined with nicotine.

• Non-smokers, especially children, who are exposed to second-hand smoke can inhale up to seven times the amount of nicotine inhaled by a smoker.

Although cigarette smoking has declined in Massachusetts and in the U.S., Bork said tobacco use remains the number one preventable cause of death and diseases in the Commonwealth and the world.

More than 900,000 Massachusetts residents still smoke, and more than three of four say they want to quit. More than 9,000 Massachusetts children and adults die each year from the affects of tobacco use.

The recent Health Care Reform Act provides MassHealth subscribers with free nicotine replacement therapy (patch, gum, lozenge, etc.) and face-to-face or telephone counseling. Nearly 40 percent of MassHealth subscribers at smokers.

The Commonwealth also provides free telephone help for all smokers at 1-800-TrytoStop, and a website at www.TrytoStop.org.

DENTISTRY for the 21st Century

by Steven A. Brustin, D.M.D.

GOING WITH THE (WHOLE) GRAIN

There is already research to show that eating a diet rich in whole grains lowers a person's risk of developing diabetes and heart disease. Now, a recent study indicates that a diet packed with whole grains may also lower the likelihood of developing gum disease. This finding is based on analysis of the diets and health status of over 34,000 men over a 14-year period. Those men who reported eating the most brown rice, dark breads, popcorn, and other whole grains (about three servings per day) were 23 percent less likely to develop periodontitis (inflammation of the gums that also involves the underlying bones) than those who ate less than one serving of whole grains daily.

This column about the benefits of whole grains has been brought to you in the interest of better dental health. We believe in preventive dentistry. We know that you wish to receive your general dental care from a highly trained, caring staff; therefore, professionalism is very important to you. Our promise to you is that our office will provide you with dental care of the highest quality available, utilizing the most modern procedures and an extremely qualified staff. Please call 617-479-6220 to schedule an appointment. We're located at 44 Greenleaf Street. We offer the services of anesthesiology with a fully trained and qualified anesthesiologist. Visit us on the web at www.quincydentist.com.

P.S. It is thought that eating more whole grains improves glucose metabolism, which lowers blood glucose levels, which reduces the risk of periodontitis.

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Sports

North Quincy At Randolph Today,
Quincy Vs. Falmouth In Weymouth Friday

Home Football Openers Shifted To Road Sites

By SEAN BRENNAN

The city's two varsity high school football teams will have to wait until early October to take advantage of any home-field advantage that may have come with playing at Veterans' Memorial Stadium or Adams Field.

North Quincy and Quincy High School have been forced to re-schedule their home football games that were to be played this week on Thursday night and Friday night, respectively.

The North Quincy Red Raiders (0-2), who are looking to earn their first victory of the season, were slated to play Randolph High School this Thursday at 7 p.m. at Adams Field.

The game, which would have been North Quincy's first home game of the season, has been moved to a 4 p.m. start on the road at Randolph High School.

The Red Raiders will have to deal with an even shorter week of preparation than had been expected as a result of the threat of the Triple E virus that has plagued the South Shore in the early weeks of the high school season. The game time change from 7 to 4 p.m. and the change from a home game to an away game are two obstacles the Red Raiders will need to overcome if they hope to earn that elusive first win of the year.

North Quincy now has the daunting task of going on the road to play against a Randolph team that defeated Middleboro High School, 34-22 last weekend. The victory ended a 12-game losing streak for the Devils, one that had stretched back to the 2004 season.

The Quincy Presidents (1-0), who were scheduled to play this Friday at Adams Field (7:00) against Falmouth High School in their home opener, have also had their game moved. Quincy will play a revised home game against the Clippers on Friday at 7 p.m. at Weymouth High School (Commercial Street, South Weymouth).

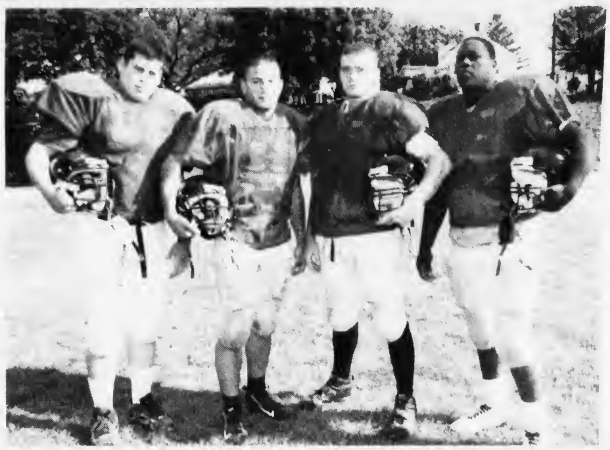
The Presidents, coming off a bye-week, will be looking to up their record to 2-0 with a victory over Falmouth.

The cancellations of both home games for the local high schools are the result of the yet unfinished renovations to Veterans' Memorial Stadium and the city's concern for the playing field at Adams Field.

Quincy Athletic Director Jim Rendle expressed hope that come Oct. 6, the local teams will be able to open play at Veterans' Memorial Stadium.

"North Quincy will play their home opener against Plymouth North at Veterans' Stadium on Oct. 6," said Rendle. "The field turf is being installed today (Monday, Sept. 18) as we speak. The turf will have two weeks to settle and any additional field work that may be required will be finished in time for North Quincy's game on the 6th of October."

Quincy will host Marshfield High School on Friday, Oct. 13th on the new Veterans' Stadium turf.



NORTH QUINCY captains, from the left, John Benoit, David Guerriero, Shaun McBrien and Terrance Sibley will lead the Red Raiders against Randolph today (Thursday) at 4 p.m. in Randolph. *Quincy Sun photo/Robert Noble*

Raiders 'Sandwiched' By Big Plays, Turnovers

Football

There is an old football cliché that says that a team that commits the most turnovers during the course of the game is most likely going to lose.

Add in four plays of close to 50 yards or more against your defense and your chances of winning become even more remote.

Case in point was the North Quincy Red Raiders contest this past Saturday against the Blue Devils from Sandwich High School. North suffered its second loss of the young football season, 26-6.

"Our defense was pretty solid, except for the four big plays that Sandwich had," said head coach Jim Connor. "What really hurt us all game was the number of penalties that we committed. We shot ourselves in the foot with 100 yards in penalties, after having no penalties last week."

The two teams were evenly matched throughout the first-half of play. The Red Raiders finished the first half tied with Sandwich 6-6, but North Quincy was unable to put anymore points on the board, while at the same time, breaking a cardinal rule in football by turning the ball over four times on the day.

The turnovers proved costly for North Quincy in the second-half, as Sandwich scored three touchdowns to turn a tight game into a blow-out loss. The Blue Devils' Brendon Kelliher scored all four of his team's touchdowns, including two back-breaking runs of 48 and 59 yards.

North Quincy's lone score came on a one yard scramble by quarterback Shaun McBrian in the first quarter. On the defensive side of the ball, the Red Raiders were led by senior defensive back/safety David Guerrero's 14 tackles and an interception by free safety Dennis Martin.

"We need to play a clean game this week if we want a chance to win," said Connor. "Our defensive was solid, but we were rotating guys in and out after our fullback got hurt. We need to play better this week."

North Quincy's scheduled home opener this Thursday at 7 p.m. against Randolph High School has been moved from Quincy to Randolph. The team now faces the prospect of going on the road to face an excited Randolph team that is coming off a 34-22 victory over Middleboro. That win ended a 12 game losing streak and gave Randolph their first win since 2004. – SEAN BRENNAN

Presidents Fall To Nauset

Boys Soccer

The Quincy Presidents' boys soccer team lost to Nauset High School last Friday, 5-0.

The team's record now stands at 0-2, 0-1 in league play. The team, under the guidance of head coach Kevin Orcutt, is still searching for an identity on both sides of the ball.

"With all the new faces that we have this year on both offense and defense, it is going to take some time for us to work as a complete unit," said Orcutt. "We did not play all that well defensively against a good Nauset team. We went down 3-0 early and it was an uphill battle from that point on."

The Presidents dropped a 2-1 decision to Brookline High School in their season opener. The team will look to get on track this week when they host Plymouth North on Wednesday and Plymouth South on Friday. Both home games this week will be at 4:00 at the Varsity Field.

ENC Edged By UMass

The U/Mass-Boston Beacons (3-1) came from behind to defeat the Eastern Nazarene Crusaders (0-5-1) 2-1 in recent NCAA Division III Men's Soccer action.

On a rain soaked day, the Crusaders took an early first-half lead on a 40 yard free kick goal by Quincy's own Erik Ranstrom. Ranstrom's boot found its' way into the penalty box where a group of players caused Beacons' keeper Paul Maniscalo to adjust his positioning to their movement, allowing Ranstrom's ball to find the back of the net. The goal was Ranstrom's first tally of the season.

U/Mass tied the game in the 56th minute when John DiPietro drove to the Crusaders' end line and crossed the ball to the far post where Henry Martin put a diving header by ENC keeper Steven Bracale. The Beacons completed their comeback after being awarded a penalty kick as a result of a collision in the box between Bracale and DiPietro. DiPietro converted the PK and the Beacons staved off the Crusaders' late second half attack to seal the victory.

Kim LeBel Earns Spot On Quinnipiac Softball

Former Quincy High School softball player, Kim LeBel, has earned a roster spot on the Quinnipiac women's softball team for the upcoming season.

LeBel, a three-time Atlantic Coast League all-star and a two time Patriot League All-Scholastic at Quincy, made the team at the Division I school as a walk-on. LeBel, who played both left-field and catcher at Quincy, was coached by head coach Mike Seder and will now have the opportunity to play competitive softball at the highest collegiate level.

Women's Fitness Classes

The Quincy Recreation Department, in cooperation with the Mayor's Commission on Women, will conduct two women's fitness classes at the Fore River Clubhouse.

The classes begin Sept. 18 and conclude Dec. 1.

Both programs will be held Monday, Wednesday and Friday mornings at 8:15 or 9:15. The instructor will be Karen Gaughan.

Each class includes exercise to improve and strengthen flexibility, endurance and overall fitness. Adaptations in the exercise allow each participant to work out at their own pace.

Cost of the program is $60. Registration is on a first-come, first-serve basis.

For more information, call 617-376-1394.

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You Auto Know

by Bill Starkie and Kevin McGroarty

JOINT PAIN

Constant velocity (CV) joints are the primary drive-train components. They provide power transfer to the front wheels as well as allow for steering and suspension movement. Packed in grease and covered with rubber boots, CV joints don't require any maintenance. Still, the CV joints should be regularly inspected for leaks and cracks. In the event that the boots deteriorate and begin to leak, they will splatter grease on the inside of the wheel and on the suspension that will not be evident from the outside of the vehicle. It must be viewed from underneath. Replacing a boot immediately after a leak or crack is found costs a fraction of what it would otherwise cost to replace a CV joint.

CV joints can end up being costly repairs, if they completely fail. At LEO & WALT'S SUNOCO, we can inspect the CV joints and hopefully catch a problem before complete CV joint replacement is necessary. If you have any question regarding CV joints call 781-843-1550. If you want your CV joints looked at by a professional please bring your automobile to 258 Quincy Ave., E. Braintree. Open: Mon.-Fri. 6am-9pm, Sat. 7am-9pm, Sun. 9am-5pm.

HINT: Popping or clicking noises when turning, or clunking noises while accelerating may be indicative of the need of a new CV joint in a front-wheel drive car.

Leo & Walt's Sunoco
258 QUINCY AVE., E. BRAINTREE
781-843-1550

BOB FOLEY CLUB recently won its second straight Quincy Junior Farm League title. Kneeling, from the left: Sam Silcox, Owen Lynch, Cody Desmond, Garrett McMorrow, Timmy Walsh, Harrison Pitts and Adam McCormack. Standing: Steven Ross, coach Bill Cook, Adam Cook, Aaron Clancy, Ryan Harty, Tyler Beach, Garrett Kulig, Jake Treynor, Eric McLoughney, coach Rick Beach and Nolan Flynn.

Bob Foley Club Jr. Farm Champs

Bob Foley Club recently defeated Timmins Club, 8-2, to capture its second straight Quincy Junior Farm League championship.

The champions posted a perfect 13-0 record this past season to extend its winning streak to 20 straight games over two years.

In the first round of the playoff, Bob Foley Club blanked Egan Sunoco, 7-0, as Nolan Flynn, Tyler Beach and Aaron Clancy combined to pitch a no-hitter.

It scored three runs in the bottom of the fifth inning to defeat Yellow Cab, 5-3, in the second game and it doubled up Timmins Club, 4-2, in the semi-final game.

Lady Presidents Travel Basketball

The Lady Presidents Travel Basketball Program will begin its 2006-7 season with open gym time for prospective players and parents to meet the coaches and prepare for tryouts.

Girls in the 5th-8th grade are welcome to participate while coaches run through two nights of drills and scrimmages

Sessions will be held at the Lincoln Hancock School on the following Friday nights: Sept. 29 and Oct. 6 from 6-8 p.m. There will be a $5 fee per session for the open gym nights.

Tryouts are scheduled for Tuesday, Oct. 10 and Thursday, Oct. 12 at Lincoln Hancock from 6-8 p.m. There is no fee for tryouts.

If you have any questions, call Kathleen Papile (617-770-0849) or Donna Parry (617-328-0885) for more information.

Additional information on the program and the Old Colony League will be distributed at the open gym sessions and tryouts.

The coaching staff for the 2006-7 season is as follows; Peter Papile and Rob Cerasoli (5th grade), Mike Toldness (6th grade), Chrissy Niosi and Tony Chiocchio (7th grade) and Janice Sullivan and Kerry Connolly (8th grade).

Quincy Youth Basketball Registration Sept. 23

Quincy Youth Basketball will hold registration for boys and girls in grades 1 to 10 Saturday, Sept. 23, from 9 a.m. to 3 p.m. at the Richard J. Koch Family Park and Recreation Complex, 1 Merrymount Parkway, Quincy.

Teams are small (10 to 12 players) for grades 3 through 10, which allows each child the opportunity to fully participate during the games. Practice is one hour per week on Friday nights beginning in late October or early November. Games begin the first Sunday in December and continue into March for playoffs. All games are officiated by IAABO-certified referees and feature 20-minute halves. Fee is $90 and includes instruction, games, playing jersey and trophy.

Our Under 8 Rookie League for first- and second-graders is an instructional, co-ed program that focuses on the fundamentals of the game of basketball. Teams are limited to no more than 12 players and usually include two coaches per team. Practice is one hour a week on Saturdays beginning in November and continuing through February. Fee is $45 per players and includes instruction, practice shirts and a trophy.

Proof of Quincy residency for all players is required along with a photocopy of the player's certified birth certificate (new players only).

As a bonus for returning players in grades 3 through 10 this year, there is a $20 refund for those who refer a friend (new to the program) who registers.

Coaches and assistant coaches are always welcome. For more information, call Susan or Chris at 617-479-8911 on Mondays or Wednesdays from 3 to 8 p.m.

Presidents Ladies Association Ladies Mix Results

The Presidents Ladies Association held their Ladies Mix this past Saturday at Presidents Golf Course. The winning team of Melanie Curtin and Gary Curtin took 1st Gross, followed by the team of Barbara Quinn and Jim Fitzroy at 2nd Gross. Sue Martinelli and Bob Meehan rounded out the top three, finishing in the 3rd Gross position.

Roberts McCann and Murt Naughton (1st Net), Gail Keefe and Keith Cross (2nd Net), Liz Harrington and Dave Pomarico (3rd Net) and Pat Hagan and Paul Ritchie (4th Net) finished out the day's top seven.

The association's stroke play event, held Sunday, produced a 1st Gross winner and a 1st Net winner for three divisions.

In Division I stroke play, Carol Mather won 1st Gross and Marian Conroy finished in 1st Net. Christine Rivard (1st Gross) and Mal Nestor (1st Net) were the winners in Division II stroke play, while Division III play saw Gail Keefe finish in 1st Gross with Rita Callahan taking 1st Net.

Chip In For Cancer Golf Classic Today At Granite Links

The annual Chip in for Cancer Golf Classic will be held Thursday, Sept. 21, at Granite Links Golf Club in Quincy to benefit the Jimmy Fund.

Entry fee is $195. All tournament proceeds support cancer research and treatment at Dana-Farber Cancer Institute in Boston. For more information, call 866-521-GOLF.

Each year Jimmy Fund Golf, the nation's oldest and largest grassroots golf program for charity, brings together hundreds of volunteers and thousands of golfers who are united in their love for the game of golf and their desire to fund cancer research.

Starting with individual benefit tournaments dating back more than 50 years, just after the Jimmy Fund was founded, Jimmy Fund Golf has steadily grown to more than 150 tournaments annually since it was formerly organized in 1983. In 2005, Jimmy Fund Golf events collectively raised $5.5 million.

North Notches 3-1 Road Record

Girls Soccer

When the season started two weeks ago, the North Quincy girls' soccer team was faced with the prospect of opening their season with four straight road games, including a game against Falmouth High School, a team the Red Raiders had not beaten on the road since the 1999 season.

Instead of wilting in the late summer sun, the Red Raiders head into their home opener (Wednesday versus Marshfield) with a competitive 3-1 record. Highlighted among the team's wins is their season opening victory over Hanover (2-1) and their non-league win at Fontbonne Academy (4-2).

The team knocked off Falmouth High School on the road for the first time in seven years last Friday, 1-0.

The Raiders only loss so far is a 6-2 defeat to Whitman-Hanson Regional High School, the 9th ranked team in the Boston Globe's EMass soccer rankings.

The Raiders best win on the young season took place in the rain last Friday in Falmouth. The first half saw both defenses hold their ground. NQ's Bridget Coleman, Ali Russell, Tara Whooley and Melissa Mendall all played well and helped control the pace of the game by limiting any Falmouth attacks to long shots on Raiders' goal keeper, Siobhan Carnell.

Midway through the second half, North Quincy's relentless pursuit helped force a key turnover at mid-field. The team counter-attacked, with Lauren Stille hitting a streaking Emily Milone with a perfect pass. Milone faked the last Falmouth defender before beating a diving Clippers' goal keeper to give the Red Raiders a 1-0 lead.

Carnell, who earned her first varsity shutout, came up with two outstanding saves late in the half to preserve the team's first win at Falmouth since 1999. Other notable performances for North was the play of Simone Leary, Kerry Coughlin and Paige Bonanni.

North was looking to start the season with four consecutive victories, but came up short against a powerful and skilled W-H team. The Panthers scored one minute into the game on a goal by sophomore star Kristie Mewis. W-H put North in a tough spot when they scored again ten minutes later, eventually going up by a score of 5-0. North got on the board on a goal from senior captain Bridget Coleman. Coleman's goal sparked a fire on the Raiders' side of the pitch, and the team responded with another goal from Mary Kate Stille on a perfect pass from senior captain Jillian Benn. The final result, a 6-2 loss, does nothing to take away from the team's solid 3-1 start.

"I'm pleased with our start, especially with our four opening road games and being 3-1," said head coach Paul Bregoli. "We have played four good teams to open the season, with Whitman-Hanson establishing themselves as the team to beat in the ACL. I was very pleased with our effort against Falmouth- That was a great win for our kids. I also feel we made some positive strides in the W-H game, outscoring them 2-1 over the final 50 minutes of play. If we can maintain that attitude, we'll be fine."

A 3-1 record in four tough road games, fine indeed.

Sacred Heart's Fr. Heery Golf Tournament Oct. 4

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The event has been dedicated to the memory of Father Cornelius Heery, who was pastor of Sacred Heart Parish for 20 years until his death in 1996.

The best ball scramble play will begin with a 1 p.m. shotgun start. Check-in will begin at noon at the clubhouse.

Entry fee is $125 per golfer, which includes the greens fee, cart, shirt, dinner and awards. Individual golfers and foursomes are encouraged to register.

An awards dinner will be held in the gazebo at the Best Western Adams Inn following the tournament.

Pre-registration is encouraged as each year the roster of 120 players fills early and golfers are turned away.

Individuals, groups and companies may sponsor a green for a tax-deductible donation of $150. All donations are welcomed. All proceeds directly benefit Sacred Heart Parish and Sacred Heart School.

For registration or sponsorship information, contact the Sacred Heart rectory at 617-328-8666 or visit the parish Web site at www.sacredheartquincy.org.

Greg Buck Memorial Scholarship Fundraiser At PawSox A Success

The second annual Greg Buck Memorial Scholarship fund-raiser turned out to be another success with many friends and relatives attending a recent Pawtucket Red Sox game in Rhode Island.

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Buck was a runner and three-season captain of the track team at North Quincy. He was also a winner in the Massachusetts Science Fair at MIT three years in a row, winning second place twice and third place once.

The scholarship is given to a graduating senior at North Quincy High School who is involved in track or another school sport and is interested in studying architecture or a related field at a four-year college.

Mandy Li, who is attending Northeastern University in September, received this year's award. Previous recipients were Prasert Wiwatyukhan (2004) and Piya Wiwatyukhan (2005), who are studying engineering at Wentworth Institute.

ENJOYING THEMSELVES AT the second annual Greg Buck Memorial Scholarship Fundraiser at a Pawtucket Red Sox game are (from left) Jen Meighan with son, Hugh, and daughter, Allison, socializing with Ellen Barrett Jae, Cassian Jae, nephew, Gabriel Jae, Hugh Meighan, and Kelley and Marc Larson of Quincy.

NORTH QUINCY High School teacher James Scott with Ralph Sidore, Frank Walker of Quincy and Franki Sidore of New Hampshire.

BETTY O'LEARY and Bob Keough of Quincy.

PEGGY WALKER, Greg's mother, Katie Alsip, Tom O'Brien and Tim Alsip of Wollaston.

Quincy Youth Soccer

SPRING 2007 TRAVEL SOCCER TRYOUT SCHEDULE

	September 23 AT QUARRY HILLS	October 1 AT SNUG HARBOR, QUARRY HILLS, UPPER THERRIEN	
U10 Girls	8:00 – 10:00am	8:00 – 10:00am	Upper Therrien
U10 Boys	12:00 – 2:00pm	8:00 – 10:00am	Snug Harbor
U12 Girls	10:00 – 12:00pm	10:00 – 12:00pm	Snug Harbor
U12 Boys	12:00 – 2:00pm	8:00 – 10:00am	Snug Harbor
U14 Girls	2:00 – 4:00pm	10:00 – 12:00pm	Quarry Hills
U14 Boys	2:00 – 4:00pm	10:00 – 12:00pm	Quarry Hills
U16 Girls	2:00 – 4:00pm	10:00 – 12:00pm	Quarry Hills
U16 Boys	*(Sept 24)* 9:00 – 11:00am	10:00 – 12:00pm	Quarry Hills
U18 Girls	Need Coaches	Need Coaches	Need Coaches
U18 Boys	2:00 – 4:00pm	Need Coaches	Need Coaches

You must attend **at least one** tryout to be eligible for a Travel Soccer Team. If you have an *extenuating circumstance* please put it in writing to the **QUINCY YOUTH SOCCER BOARD** attn: Travel Vice President. **Do not** give it to any coach. The letter must be received **before** the second tryout. The board will then make a decision as to whether the player is eligible for a team. If you have any questions, please feel free to contact the Vice President of Travel, Dana A. Santilli by either telephone 617-549-5332 or by email qystravel@quincyyouthsoccer.com

QUINCY RESIDENTS ONLY

BOB FOLEY CLUB recently won its second straight Quincy Junior Farm League title. Kneeling, from the left: Sam Silcox, Owen Lynch, Cody Desmond, Garrett McMorrow, Timmy Walsh, Harrison Pitts and Adam McCormack. Standing: Steven Ross, coach Bill Cook, Adam Cook, Aaron Clancy, Ryan Harty, Tyler Beach, Garrett Kulig, Jake Treynor, Eric McLoughney, coach Rick Beach and Nolan Flynn.

Bob Foley Club Jr. Farm Champs

Bob Foley Club recently defeated Timmins Club, 8-2, to capture its second straight Quincy Junior Farm League championship.

The champions posted a perfect 13-0 record this past season to extend its winning streak to 20 straight games over two years.

In the first round of the playoff, Bob Foley Club blanked Egan Sunoco, 7-0, as Nolan Flynn, Tyler Beach and Aaron Clancy combined to pitch a no-hitter.

It scored three runs in the bottom of the fifth inning to defeat Yellow Cab, 5-3, in the second game and it doubled up Timmins Club, 4-2, in the semi-final game.

Lady Presidents Travel Basketball

The Lady Presidents Travel Basketball Program will begin its 2006-7 season with open gym time for prospective players and parents to meet the coaches and prepare for tryouts.

Girls in the 5th-8th grade are welcome to participate while coaches run through two nights of drills and scrimmages

Sessions will be held at the Lincoln Hancock School on the following Friday nights: Sept. 29 and Oct. 6 from 6-8 p.m. There will be a $5 fee per session for the open gym nights.

Tryouts are scheduled for Tuesday, Oct. 10 and Thursday, Oct. 12 at Lincoln Hancock from 6-8 p.m. There is no fee for tryouts.

If you have any questions, call Kathleen Papile (617-770-0849) or Donna Parry (617-328-0885) for more information.

Additional information on the program and the Old Colony League will be distributed at the open gym sessions and tryouts.

The coaching staff for the 2006-7 season is as follows; Peter Papile and Rob Cerasoli (5th grade), Mike Toldness (6th grade), Chrissy Niosi and Tony Chiocchio (7th grade) and Janice Sullivan and Kerry Connolly (8th grade).

Quincy Youth Basketball Registration Sept. 23

Quincy Youth Basketball will hold registration for boys and girls in grades 1 to 10 Saturday, Sept. 23, from 9 a.m. to 3 p.m. at the Richard J. Koch Family Park and Recreation Complex, 1 Merrymount Parkway, Quincy.

Teams are small (10 to 12 players) for grades 3 through 10, which allows each child the opportunity to fully participate during the games. Practice is one hour per week on Friday nights beginning in late October or early November. Games begin the first Sunday in December and continue into March for playoffs. All games are officiated by IAABO-certified referees and feature 20-minute halves. Fee is $90 and includes instruction, games, playing jersey and trophy.

Our Under 8 Rookie League for first- and second-graders is an instructional, co-ed program that focuses on the fundamentals of the game of basketball. Teams are limited to no more than 12 players and usually include two coaches per team. Practice is one hour a week on Saturdays beginning in November and continuing through February. Fee is $45 per players and includes instruction, practice shirts and a trophy.

Proof of Quincy residency for all players is required along with a photocopy of the player's certified birth certificate (new players only).

As a bonus for returning players in grades 3 through 10 this year, there is a $20 refund for those who refer a friend (new to the program) who registers.

Coaches and assistant coaches are always welcome. For more information, call Susan or Chris at 617-479-8911 on Mondays or Wednesdays from 3 to 8 p.m.

Presidents Ladies Association Ladies Mix Results

The Presidents Ladies Association held their Ladies Mix this past Saturday at Presidents Golf Course. The winning team of Melanie Curtin and Gary Curtin took 1st Gross, followed by the team of Barbara Quinn and Jim Fitzroy at 2nd Gross. Sue Martinelli and Bob Meehan rounded out the top three, finishing in the 3rd Gross position.

Roberts McCann and Murt Naughton (1st Net), Gail Keefe and Keith Cross (2nd Net), Liz Harrington and Dave Pomarico (3rd Net) and Pat Hagan and Paul Ritchie (4th Net) finished out the day's top seven.

The association's stroke play event, held Sunday, produced a 1st Gross winner and a 1st Net winner for three divisions.

In Division I stroke play, Carol Mather won 1st Gross and Marian Conroy finished in 1st Net. Christine Rivard (1st Gross) and Mal Nestor (1st Net) were the winners in Division II stroke play, while Division III play saw Gail Keefe finish in 1st Gross with Rita Callahan taking 1st Net.

Chip In For Cancer Golf Classic Today At Granite Links

The annual Chip in for Cancer Golf Classic will be held Thursday, Sept. 21, at Granite Links Golf Club in Quincy to benefit the Jimmy Fund.

Entry fee is $195. All tournament proceeds support cancer research and treatment at Dana-Farber Cancer Institute in Boston. For more information, call 866-521-GOLF.

Each year Jimmy Fund Golf, the nation's oldest and largest grassroots golf program for charity, brings together hundreds of volunteers and thousands of golfers who are united in their love for the game of golf and their desire to fund cancer research.

Starting with individual benefit tournaments dating back more than 50 years, just after the Jimmy Fund was founded, Jimmy Fund Golf has steadily grown to more than 150 tournaments annually since it was formerly organized in 1983. In 2005, Jimmy Fund Golf events collectively raised $5.5 million.

North Notches 3-1 Road Record

Girls Soccer

When the season started two weeks ago, the North Quincy girls' soccer team was faced with the prospect of opening their season with four straight road games, including a game against Falmouth High School, a team the Red Raiders had not beaten on the road since the 1999 season.

Instead of wilting in the late summer sun, the Red Raiders head into their home opener (Wednesday versus Marshfield) with a competitive 3-1 record. Highlighted among the team's wins is their season opening victory over Hanover (2-1) and their non-league win at Fontbonne Academy (4-2).

The team knocked off Falmouth High School on the road for the first time in seven years last Friday, 1-0.

The Raiders only loss so far is a 6-2 defeat to Whitman-Hanson Regional High School, the 9th ranked team in the Boston Globe's EMass soccer rankings.

The Raiders best win on the young season took place in the rain last Friday in Falmouth. The first half saw both defenses hold their ground. NQ's Bridget Coleman, Ali Russell, Tara Whooley and Melissa Mendall all played well and helped control the pace of the game by limiting any Falmouth attacks to long shots on Raiders' goal keeper, Siobhan Carnell.

Midway through the second half, North Quincy's relentless pursuit helped force a key turnover at mid-field. The team counter-attacked, with Lauren Stille hitting a streaking Emily Milone with a perfect pass. Milone faked the last Falmouth defender before beating a diving Clippers' goal keeper to give the Red Raiders a 1-0 lead.

Carnell, who earned her first varsity shutout, came up with two outstanding saves late in the half to preserve the team's first win at Falmouth since 1999. Other notable performances for North was the play of Simone Leary, Kerry Coughlin and Paige Bonanni.

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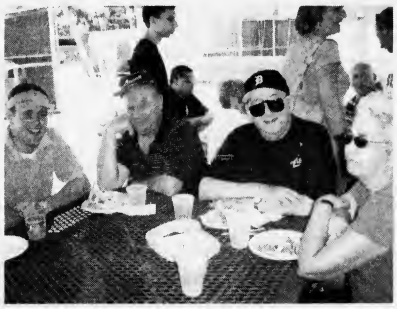

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QUINCY RESIDENTS ONLY

B.C. High Dedicates Field To Quincy's Jim Cotter

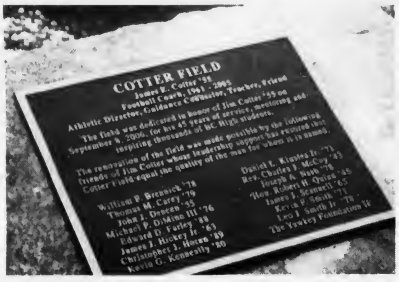
Legendary Football Coach Honored

Boston College High School honored legendary football coach Jim Cotter of Quincy with a field dedication ceremony before its season opener against two-time defending champion Brockton.

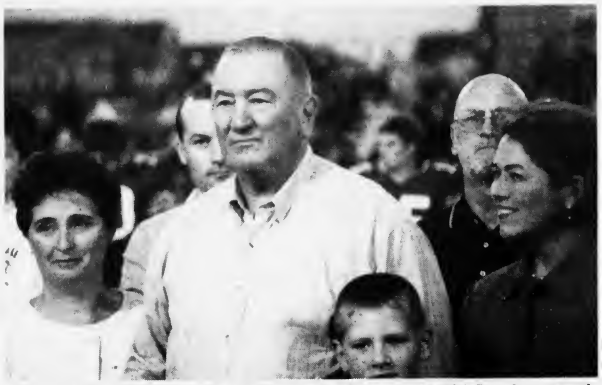
BC High's new, artificial turf playing surface at Viola Stadium was dedicated in his honor. After a tribute in front of his family and friends and the entire crowd, the field was blessed and a new Cotter Field plaque was unveiled.

Cotter, 69, stepped down at the end of the 2004 season after 41 years as head football coach of the Eagles. A 1955 graduate of the school, he has served as athletic director, guidance counselor, teacher and, currently, special assistant to the president for alumni affairs.

BC High, a consensus top five preseason pick, knocked off Brockton, 27-20.



A PLAQUE was unveiled designating the new, artificial turf playing surface at BC High's Viola Stadium as Cotter Field, in honor of legendary football head coach Jim Cotter of Quincy.



QUINCY'S JIM COTTER, legendary football coach at Boston College High School, was recently honored when BC High dedicated its new, artificial turf playing surface after him. He is shown here with his wife, Agnes (left), and daughter, Grace Regan.

Photos courtesy of Boston College High School

UNDER THE SEA created by Happy Acres Day Camp took second place.

'Mr. Penguin' Winner In Recreation Department's Arts, Crafts Display

The Quincy Recreation Department's recent annual Arts and Crafts Display at City Hall plaza attracted a large turnout once again this year with more than 500 ballots cast for the 19 different projects.

After the two-day exhibit and the votes were tallied, "Mr. Penguin" of O'Rourke Park captured first place.

Taking second was "Under the Sea," a detailed diorama showing the underwater wonders of Black's Creek created by the staff and camp members of Happy Acres Day Camp, including supervisor Katie McEvoy.

Squantum Playground's large-scaled Wheaties box, "The Breakfast of champions," finished in a close third place.

Recreation Director Barry Welch said the children, recreation leaders, and the arts and crafts specialists deserve extra recognition for the hard work involved in producing such great projects.

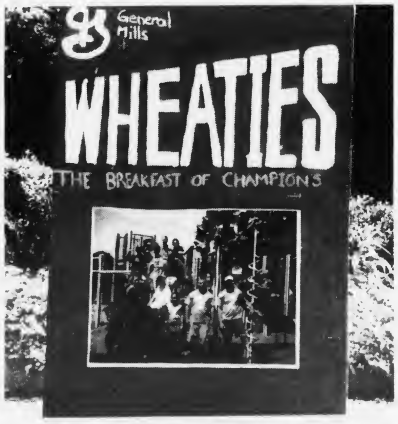
Arts and crafts specialists Christina Conley, Erin Croke, Shelly Donovan and Kristen Grazioso organized the exhibit and voting.

O'Rourke's participants included Devin Djerf, Nick Carbone, Liam Cain, Tara Sullivan, Emily Sullivan, Maria DiPietro, Stephanie DiPietro and Courtney Byrne along with recreation leaders Katherine Shea, Coleman McDonagh and Chris Boyd.

Squantum's participants were Annie Dow, Colleen Bellotti, Meghan White, Katie White, Caroline Kiley and Kathleen Calnan along with recreation leaders Rich Russo, Ian Jorgensen and Suzie Sweeney.

The participants at all 19 playground locations worked hard in order to receive prizes generously donated by local business establishments.

MR. PENGUIN created by O'Rourke Park captured first-place honors in the Quincy Recreation Departments' recent annual Arts and Crafts Display.



THE BREAKFAST of Champions Wheaties box created by Squantum Playground finished in a close third place.

"Many thanks to the kind generosity of Balducci's, Spukie's, Ginger Betty's, The Pizza Connection, Time Out Pizza and Dairy Freeze for donating prizes to our winners," Welch said. "Their generosity helps insure that the hard work of these youngsters does not go un-rewarded. Their sponsorship helped to make this year's event tremendously successful."

* Quincy Youth Basketball *

Registration for the Fall Season will be held on:

Saturday, September 23, 2006
from 9:00 am to 3:00 pm
at the Richard J. Koch Family Park
and Recreation Complex
1 Merrymount Parkway, Quincy
(off Southern Artery)

for boys and girls in grades 1-10

Grades 1-2(coed instructional)	$45.00
Grades 3-10	$90.00

Proof of Quincy residency* **IS** required along with a **photocopy of the player's certified birth certificate (please no originals)**. For further information, call Susan or Chris at (617) 479-8911 on Mondays or Wednesdays, 3 pm to 8 pm

*** copy of a utility bill, copy of a report card, copy of mortgage statement, copy of a driver's license, etc.**

Quincy Youth Basketball does not discriminate on the basis of religion, sex, or race.

QUINCY POLICE HOT SPOTS

QUINCY POLICE STATISTICS: Sept. 8 - Sept. 15
Total Calls for Service: 1,167
Total Arrests: 20
Total Stolen Cars: 2

FRIDAY, SEPT. 8

VANDALISM/PROPERTY, 8:18 a.m., 8 Merrymount Ave. Past. Damage was done to the headlights.

BREAKING AND ENTERING/PAST, 8:59 a.m., Neighborhood Club, 27 Glendale Rd. Business. Kitchen window pushed in. Suspect(s) climbed rear fence, walked onto small roof to gain access to kitchen. Muddy footprints found on stainless steel sink area.

VANDALISM/PROPERTY, 10:02 a.m., Marina Bay Marina, 333 Victory Rd. To signs. Boston Bell Charter signs thrown in water four days ago.

LARCENY, 1:30 p.m., National Fire Protection, 1 Batterymarch Park. Credit cards stolen from building. Have already been used in Woburn, Danvers and Peabody.

BREAKING AND ENTERING/PAST, 2:01 p.m., 23 Kidder St. Dwelling. Basement broken into, and paint thrown around basement.

ASSAULT AND BATTERY, 5:26 p.m., Quirk Ford Storage, 115 East Howard St. Arrest made. Suspect fled in a red car headed toward the x-way. Suspect later arrested in Norwood for assault and battery dangerous weapon.

ASSAULT AND BATTERY, 5:33 p.m., 55 Glover Ave. Past vandalism. Caller chasing youths headed toward Billings Rd. A yard sign was torn down at Birch St. and Glover Ave. victim chased suspects and caught one. That suspect alleges that victim assaulted him. Complaint sought for assault and battery.

SATURDAY, SEPT. 9

VANDALISM/PROPERTY, 6:23 a.m., Quincy Auto Service, 305 Quincy Shore Dr. Window broken sometime overnight.

VANDALISM/PROPERTY, 7:11 a.m., 18 Blake St. Past.

BREAKING AND ENTERING/ATTEMPT, 10:31 a.m., Uncle Jeff's Pizza, 379 Washington St. Business. Attempt was made to gain entrance through the rear door. Phone lines were cut. No entry gained.

VANDALISM/PROPERTY, 12 noon, 76 Glover Ave. To vehicle. Front windshield smashed.

ARMED ROBBERY, 12:14 p.m., McIntyre Mall, 1305 Hancock St. Just occurred. Robbery at knifepoint. Victim was robbed of his bright orange wallet containing $525 in cash and a paystub. Silver butterfly knife shown.

BREAKING AND ENTERING/PAST, 12:52 p.m., Marina Bay, 542 East Squantum St. Boat.

INDECENT/ASSAULT AND BATTERY, 2:53 p.m., Avalon Beach, 50 Avalon Ave. Past. Caller claims a female was sexually assaulted this morning. One under arrest.

ASSAULT AND BATTERY, 10:11 p.m., 69 Revere Rd. Male assaulted caller.

LARCENY, 10:58 p.m., Elks Lodge, 254 Quarry St. Money.

SUNDAY, SEPT. 10

VANDALISM/PROPERTY, 12:03 a.m., 421 Washington St. Past. Child-sized picnic table and park bench damaged.

VANDALISM/PROPERTY, 6:54 a.m., 20 Glenwood Way. Several cars egged overnight.

LARCENY/, 10:45 a.m., 552 Willard St. Of gas. $50 in gas, party fled in a new black Dodge.

VANDALISM/PROPERTY, 4:51 p.m., 125 Sagamore St. Youth ripping up lawn, five plants damaged.

MONDAY, SEPT. 11

LARCENY, 4:25 a.m., 22 West Squantum St. Past.

LARCENY/MOTOR VEHICLE, 1:34 p.m., 95 Martensen St. A 1988 Olds Delta 88, color white, stolen.

LARCENY, 1:37 p.m., Advanced Auto Parts, 671 Southern Artery. Money was taken from caller's wallet after accidentally leaving same there.

INDECENT/ASSAULT AND BATTERY, 2:57 p.m., Radio Shack, 225 Quincy Ave. Past.

VANDALISM/PROPERTY, 3:13 p.m., 72 Brook St. Window.

BREAKING AND ENTERING/ATTEMPT, 6:06 p.m., 10 Seaport Dr.

VANDALISM/PROPERTY, 7:05 p.m., 21 Dickens St. Past. States BFI truck knocked a tree down in front of house. Forestry notified.

TUESDAY, SEPT. 12

VANDALISM/PROPERTY, 1:43 a.m., Baxter Pharmacy, 385 Washington St. Spray paint. Graffiti spray painted all over the side of building.

VANDALISM/PROPERTY, 7:09 a.m., Carroll the Mover, 70 Bates Ave. Overnight. Construction materials and portable toilet vandalized overnight.

LARCENY, 8:43 a.m., Firestone Tire, 2 School St. Money.

LARCENY, 9:59 a.m., 1025 Hancock St. Stolen package. States package has been stolen. Post office told her to report this to the police.

INDECENT EXPOSURE, 11:19 a.m., Wollaston Child Care Center, 47 Weston Ave. Urinating. Caller states elderly Asian male urinated in front of kids then got on the train.

VANDALISM/PROPERTY, 11:19 a.m., 66 Trafford St. Vehicle egged and also note found with names and addresses of possible suspects. No suspects.

VANDALISM/PROPERTY, 12:54 p.m., 186 Everett St. Vehicle keyed on both sides on Sept. 1.

UNARMED ROBBERY, 3:40 p.m., 20 Beale St. Cash. Tan pants, purple hat, plaid shirt, scruffy appearance, stole $1350 in cash. 5'9" - 5'11", thin build.

LARCENY, 4:12 p.m., American Legion Post 95, 2 Mechanic St. Past. Digital camera.

BREAKING AND ENTERING/PAST, 6:43 p.m., 433 Sea St. Dwelling.

ASSAULT AND BATTERY, 8:26 p.m., Parker School, 148 Billings Rd. Past.

LARCENY, 8:42 p.m., Acapulco's, 1388 Hancock St. Ran on bill. 51 Miller Stile QS1 caught male party, going to address to settle, worked out.

WEDNESDAY, SEPT. 13

LARCENY, 12:44 p.m., 700 Hancock St. Of gasing up. Also party punched gas attendant in the stomach.

BREAKING AND ENTERING/PAST, 12:44 p.m., 79 Presidents Ln. Dwelling.

VANDALISM/PROPERTY, 1:17 p.m., 211 West St. To vehicle. Scratches all around the car.

LARCENY/MOTOR VEHICLE, 7:42 p.m., Quincy Center Post Office, 47 Washington St. Vehicle located.

THURSDAY, SEPT. 14

LARCENY, 1:13 a.m., 189 Everett St. Past. Tenant claims landlord removed carpets and drapes from apartment he had vacated but still paid rent on. Will contact landlord, if he cannot resolve, will come back.

INDECENT EXPOSURE, 3:30 p.m., 121 Martensen St. Half hour ago. Male party exposed himself to a young girl. Party asked for directions and exposed himself. Suspect wearing sunglasses, blue baseball cap, white male, 20 to 30 years old, driving green compact car. Last seen in the area of South and Keyes Streets.

BREAKING AND ENTERING/PROGRESS, 3:47 p.m., 30 Marlboro St. Three white males trying to get into the window, left when owner came home.

BREAKING AND ENTERING//PROGRESS, 5:20 p.m., East Howard St. and Quincy Ave. Two youths attempting to enter drive through window. One red shirt/grey shirt. Both white males. Youths sent on way.

BREAKING AND ENTERING/PAST, 6:01 p.m., 101 Bowdoin St. Caller reports house was broken into sometime today.

VANDALISM/PROPERTY, 7:34 p.m., 184 Elm St. Rocks thrown through window.

FRIDAY, SEPT. 15

BREAKING AND ENTERING/PAST, 6:44 a.m., 77 Newbury Ave. Overnight.

❑

If you have information on the above crimes, or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764**. If you wish to report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. If you wish to make an appointment to view the **Registered Sex Offenders** book, call **617-745-5768**.

If you wish to contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us--*Lt. Dan Minton.*

Vets Adviser At COA Office

John D. Miller of Home Care Partners, will be at the Council on Aging office, 83 Saratoga St., each Wednesday to advise veterans or their surviving spouses of their in-home care benefits.

To schedule an appointment, call the Council on Aging at 617-376-1506.

A Job Well Done

On Sunday, Sept. 10, at approximately 4:30 p.m., Officer Paul Foley was dispatched to Germain Avenue near the Clifford Marshall School to check on a large group of youths with sticks.

LT. DAN MINTON

Officers William O'Neill and John McGowan assisted on the call. When Officer Foley arrived on scene, numerous youths fled.

Neighbors came out and stated that the youths were preparing to fight other youths from another part of the city. The officers located some of the youths and learned that the fight was to take place later that night at the Marshall School. The youths were advised not to return to the area.

While checking the area, Officer Foley came upon a vehicle parked in the wrong direction, with two males in the front and two females in the rear seats. The officer, believing that they might be part of the troublemakers, pulled up alongside the vehicle and advised them that there could be trouble in the area and it would be wise to leave the area.

As Officer Foley left, he used his MDT (mobile data terminal) computer to check the registration of the vehicle, which was registered to a female with 27 adult arraignments. Officer Foley decided to inquire further and as he approached, the vehicle drove off and turned into a rear parking lot of a nearby home without using its directional. This perked the officers' interest because the driver had just told him that he was not from the area and would be leaving.

Officer Foley stopped the vehicle, approached from the right side and immediately observed a golf club resting on the seat next to the front passenger's leg. When asked what he was doing with the golf club there, the passenger said, "I don't know, it's not mine."

Sgt. Terrence McDonnell, Officers Paul Murphy and William O'Neill backed up Officer Foley. The driver did not have any identification but stated he lived on nearby South Street, which contradicted what he originally said. The driver was told to step out of his vehicle and once he emerged, Sgt. McDonnell saw a small glassine baggy sticking out from under his seat, which appeared to be a large amount of marijuana.

A further search revealed a second glassine baggy containing six mini-zip lock baggies with more marijuana.

The rear passengers were removed but no other drugs or contraband were found.

The driver was placed under arrest and transported to the police station, where the "Automated Fingerprint Identification System" provided the driver's actual name. A criminal record check showed that the suspect also had four outstanding warrants, for drug assault charges. In addition to the warrants, the suspect, an 18-year-old Quincy resident, was charged with "Possession of Class D Drug with the Intent to Distribute" and "Providing a False Name to a Police Officer Following an Arrest."

Nice work!

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Former clerk, RI Supreme Court

Deborah Bates Riordan, Esq.
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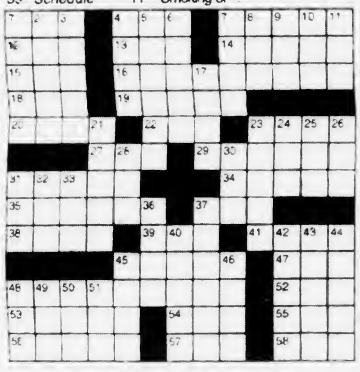
SUN FUN PAGE

King Crossword

ACROSS
4 Cleo's slayer
7 Unadorned
12 Cistern
13 Bookkeeper (Abbr.)
14 Fight
15 Kyoto cummerbund
16 "The Odd Couple" craftsman
18 Director Howard
19 Dazzling display
20 Meditation exercise
22 Doctrine
23 Part of TWIMC
27 Shade
29 Phony
31 Supporter of the arts
34 Fencing with bamboo swords
35 Christmas garland
37 Tease
38 - out (augmented)
39 Schedule abbr.
41 Fly high
45 Astound
47 E.T.'s craft?
48 "Kodachrome" singer
52 AAA job
53 Correspond
54 Spacecraft compartment
55 Payable
56 Line dance
57 Simpleton
58 In need of repair

DOWN
1 Tusk stuff
2 Forbidden
3 Elaborate con
4 Dermatology case
5 Coin of the realm
6 Milkmaid's burden
7 Attention getter
8 Mainlander's memento
9 $ dispenser
10 "Who am - argue?"
11 "Smoking or -?"
17 Genie's home
21 Winning
23 Garden invaders
24 Attila, e.g.
25 Bizarre
26 Cattle call
28 Last (Abbr.)
30 Tackle moguls
31 Ram's fan?
32 Ararat vessel
33 Witness
36 Half (Pref.)
37 Buzzing music makers
40 Florida city
42 Surpass
43 Conflicting, with "of"
44 Obeyed the coxswain
45 On the Caribbean
46 Tackles' teammates
48 Lobbyists' org.
49 In olden days
50 Coffee-shop vessel
51 Journey segment



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MAGIC MAZE

REMOVE FIRST AND LAST LETTER TO MAKE A NEW WORD

J X V T B I S S T S A E Y Q N
K I F O U D A A R X P V L T Q
O M J U R H F C C I I N L A Y
W Y U C G I R P I N A C I L J
H F R H E B I D B I Y H H Z X
V T R E R O Q D V C O A C O M
K I H A I T I I L L F N D B Z
Y W I V I I L R Q O F D S O N
L N K I H O I F D V S L C A Z
Y S R I B M U L P L N I W V U
S R Q D E C A R G R O R N M K

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Bolivian, Bottom, Brainy, Burger, Chairs, Chandler, Chilly, Factions, Glittery, Graced, Payoffs, Plumbers, Soldier, Touché, Yeasts

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Compost materials

A compost pile needs a proper ratio of carbon-rich materials, or "browns," and nitrogen-rich materials, or "greens." Among the brown materials are dried leaves, straw, and wood chips. Nitrogen materials are fresh or green, such as grass clippings and kitchen scraps.

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Trivia test by Fifi Rodriguez

1. MOVIES: Who played the role of the U.S. president in "Nixon"?
2. TV: Where did "The Munsters" live?
3. ANIMAL KINGDOM: What is the world's largest lizard?
4. GEOGRAPHY: What is the capital of South Korea?
5. MUSIC: What were the first names of the band-leader Dorsey brothers?
6. GENERAL KNOWLEDGE: What is the youngest level of Girl Scouts?
7. LITERARY: Who wrote the novel "The Sea Wolf"?
8. HISTORY: What was Amelia Bloomer famous for?
9. NATURAL WORLD: What is brown coal also known as?
10. THEATER: Who wrote the play titled "The Homecoming"?

Answers

1. Anthony Hopkins
2. Mockingbird Heights
3. Komodo dragon (grows to 10 feet long)
4. Seoul
5. Jimmy and Tommy
6. Daisy
7. Jack London
8. Her pants. As a champion of women's rights, she wore trousers known as "bloomers."
9. Lignite
10. Harold Pinter

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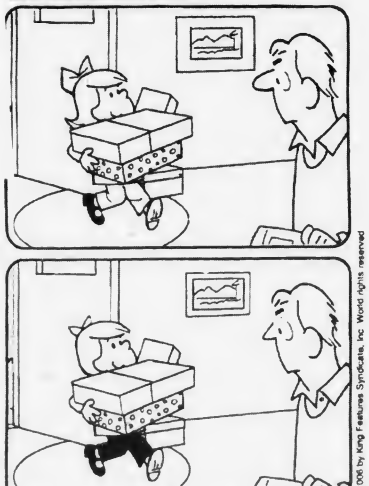
HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

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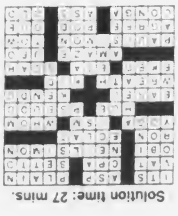
Difference: 1. Bow is smaller. 2. Nose is different. 3. Button is added. 4. Hair is changed. 5. Frame is smaller. 6. Pants are different.

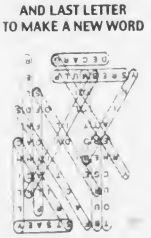
King Crossword Answers



Solution time: 27 mins.

Magic maze Answers

REMOVE FIRST AND LAST LETTER TO MAKE A NEW WORD



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Salome's Stars

ARIES (March 21 to April 19) After much traveling this year, you're due for some settled time with family and friends. Use this period to check out situations that will soon require a lot of serious decision-making.

TAURUS (April 20 to May 20) Keep that keen Bovine mind focused on your financial situation as it begins to undergo some changes. Consider your money moves carefully. Avoid impulsive investments.

GEMINI (May 21 to June 20) You'll need to adjust some of your financial plans now that things are changing more quickly than you expected. All the facts you need haven't yet emerged, so move cautiously.

CANCER (June 21 to July 22) Personal and professional relationships dominate this period. Try to keep things uncomplicated to avoid misunderstandings that can cause problems down the line.

LEO (July 23 to August 22) That elusive goal you'd been hoping to claim is still just out of reach. But something else has come along that could prove just as desirable, if only you would take the time to check it out.

VIRGO (August 23 to September 22) This is a good time to get away for some much needed rest and relaxation. You'll return refreshed and ready to take on the workplace challenge that awaits you.

LIBRA (September 23 to October 22) Confidence grows as you work your way through some knotty situations. Watch out for distractions from well-meaning supporters that could slow things down.

SCORPIO (October 23 to November 21) Consider spending more time contemplating the possibilities of an offer before opting to accept or reject it. But once you make a decision, act on it.

SAGITTARIUS (November 22 to December 21) You're in a very strong position this week to tie up loose ends in as many areas as possible. Someone close to you has advice you might want to heed.

CAPRICORN (December 22 to January 19) Congratulations. This is the week you've been waiting for: After a period of sudden stops and fitful starts, your plans can now move ahead with no significant disruptions.

AQUARIUS (January 20 to February 18) You're in an exceptionally strong position this week to make decisions on many still-unresolved matters, especially those involving close personal relationships.

PISCES (February 19 to March 20) The new moon starts this week off with some positive movement in several areas. A special person becomes a partner in at least one of the major plans you'll be working on.

BORN THIS WEEK: You work hard and get things done. You also inspire others to do their best. You would do well heading up a major corporation.

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Wishing Well®

4	5	2	8	3	5	4	3	6	7	5	8	5
F	A	T	J	S	G	A	E	M	B	R	O	A
3	7	4	5	3	7	3	8	3	7	6	3	4
T	U	M	N	H	I	I	Y	G	L	A	H	I
5	6	3	7	3	8	5	2	5	2	4	7	5
D	R	S	D	T	F	A	R	D	E	L	B	D
3	4	6	4	2	8	2	5	2	3	8	3	5
A	Y	I	V	A	R	T	I	Y	N	O	D	T
7	2	6	5	6	8	6	2	4	2	8	6	5
R	O	T	I	A	M	L	U	I	R	M	B	O
3	5	4	3	8	3	2	6	7	3	4	7	2
A	N	S	R	U	D	S	L	I	S	I	D	E
6	2	7	8	2	8	6	8	6	7	4	7	4
I	L	G	S	F	I	S	C	S	E	T	S	S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Religion

Service Of Remembrance, Healing At Community United Methodist Oct. 1

A service of remembrance and healing will be held Sunday, Oct. 1 from 6 to 8 p.m. at Quincy Community United Methodist Church, 40 Beale St., Wollaston.

The 11th annual interfaith service commemorates lives lost to domestic violence and honors survivors.

Marjorie Clapprood, executive director of One Family, Inc., will be the featured speaker at the event which provides a time and place to mark both personal and communal losses, honor survivors who have reclaimed their lives, and to renew the commitment to ending family and partner violence and abuse.

The evening will include personal testimonials, musical performances, and a traditional candlelight vigil in memory of all Massachusetts victims who died Oct. 2005 to present.

A tee-shirt exhibit crafted by and for victims will be on display as well as critical resource information.

Childcare will be available.

The free public event is sponsored by the South Shore Coalition for the Prevention of Domestic Violence, Quincy churches, and area organizations and individuals.

Any donations will go to DOVE (Domestic Violence Ended), a comprehensive program in Quincy.

Quincy Community United Methodist Church is next to CVS across from the MBTA/Red Line/Wollaston, and is wheelchair accessible.

Street parking is available.

Quincy Community United Methodist To Celebrate World Communion Sunday

Quincy Community United Methodist Church, 40 Beale St., Wollaston, will join all United Methodist Churches worldwide in celebrating World Communion Sunday Oct. 1.

At the 10:30 a.m. service, music from several different countries will express the global nature of Communion in Christianity. Sunday School students will bring a variety of breads forward and will place them on the altar; these same breads will be shared during Holy Communion.

"Fellowship in early Christianity included both a worship service and a shared meal – sort of an early version of a pot luck supper," said Rev. Dr. Susan E. Jarek-Glidden, pastor of Quincy Community United Methodist Church. "Quincy Community United Methodist Church will follow this tradition by sharing the same breads used at Holy Communion as part of a Sandwich Luncheon."

This is the second year the church will celebrate World Communion Sunday in this way. People are asked to bring different kinds of sandwich fillings for the sandwich luncheon.

Beverages and light desserts are provided by the coffee hour team.

"Last year we had everything from cold cuts to seafood salad to sliced cheese," said Rev. Dr. Jarek-Glidden, "so there's literally something for everyone to enjoy, including those with food allergies."

In addition to the worship service, Sunday School classes area also held at 10:30 a.m.

The church building is handicapped accessible by the front door nearest the flag pole.

For more information, call the church at 617-773-3319.

Houghs Neck Congregational Church To Host 'Country Fair' Sept. 30

A scavenger hunt, chicken barbecue and contests from quilting to pie baking are among the highlights of the Houghs Neck Congregational Church Country Fair Saturday, Sept. 30 at the church, 310 Manet Ave.

The day-long event begins at 9 a.m. with a scavenger hunt. Fair booths will be open from 11 a.m. to 5 p.m., with booths for baked goods, homemade fudge, crafts, fresh produce and refreshments, including hot dogs, burgers, popcorn and cotton candy. In addition to country fair contests for quilting, pie baking, jams and jellies, flower arranging and funniest pet photo, the event will feature prize raffles as well as games and activities for the family.

A "Houghs Neck Idol" singing contest will be held at 3 p.m., with prizes for the winners.

The fair will conclude with a chicken barbecue from 5 to 7 p.m. and the awarding of prizes to contest and raffle winners.

For contest entry details or for more information on the fair, call 617-479-2311, e-mail hncc@comcast.org or visit www.hncong.org.

Bethany Congregational Church

Bethany Congregational Church, 18 Spear St., Quincy Center, will have Sunday worship at 10 a.m.

The Rev. Gary W. Smothers will conduct the service and preach a sermon entitled "Sermons From Mark 11) The Quiet House and the Challenge of Action." There will also be a children's message.

Childcare will be available for infants and toddlers.

Fellowship follows the service in Allen Parlor. Light refreshments will be served.

Vets Adviser At COA Office

John D. Miller of Home Care Partners, will be at the Council on Aging office, 83 Saratoga St., each Wednesday to advise veterans or their surviving spouses of their in-home care benefits.

To schedule an appointment, call the Council on Aging at 617-376-1506.

Quincy Religion Directory

SERVICES & ACTIVITIES

Assemblies of God

Glad Tidings
158 Washington St., Quincy
phone: 773-9797
Rev. Gregory E. Wheaton, Pastor
Sunday Worship: 8:30, 11 a.m.; Christian Ed. 10 a.m.; Senior Hi Youth 7 p.m.; Wed. 7 p.m. Berean Bible Study, Royal Ranger Missionettes; Friday Junior Hi Youth 7 pm
•Youth & Children's Ministry
•Contemporary Worship
•Marriage & Family Group
•International Fellowship
•DivorceCare

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 7, 9:30 & 11:30am, Weekdays 9am
Handicapped Accessible
New Members Welcome!

Unitarian

United First Parish
Hancock St., across from City Hall
617-773-1290
Sunday Worship, 10:30 AM
Child Care & Religious Education for all ages
All Welcome to Our Historic Church

Congregational

First Church of Squantum
164 Bellevue Street
617-328-6649
Pastor: Michael S. Robertson
10 a.m. Sunday Worship
All Are Welcome

To Advertise in this Directory, Call 617-471-3100

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4pm (Sat.) 7:45am, 9am (Family Liturgy)
10:30am (with Choir) and 5pm
12 noon at Star of Sea Church
Weekday Masses
Mon.-Fri 7am and 9am, Sat. 9am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m., 10:30 a.m. & 5 p.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

ST. JOHN THE BAPTIST
44 School St.,
Quincy
617-773-1021
Weekend Mass Schedule
Saturday (Vigil Mass) 4 p.m.
Sunday 7:30 a.m., 9 a.m. and 11 a.m. (Family Liturgy)
Weekday Masses
Monday - Saturday 8 a.m.
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston • 617-479-5400
Pastor: Rev. John J. Ronaghan
Weekend Mass Schedule:
Saturday 4:00 PM
Sunday 7:00, 9:00, 11:30AM
Daily Masses: 9:00 AM
Handicapped Chairlift Available

Congregational

HOUGHS NECK CONGREGATIONAL CHURCH
310 Manet Ave., Quincy
www.hncong.org
Sunday, Sept. 24
Worship Service
9:30 am
Sunday School 9:30 AM
Family Day
Rally Day
Rev. John Castricum
617-479-8778

BETHANY CONGREGATIONAL CHURCH
Corner of Spear & Coddington Sts., Quincy Center • 617-479-7300
10 AM Sunday Worship
Rev. Gary Smothers - Sermons From Mark
Childcare Available for Infants, Toddlers
Fellowship Follows Service in Allen Parlor

QUINCY POINT CONGREGATIONAL CHURCH
444 Washington St. • 617-773-6424
Worship and Church School 10 am
Rev. Ann Suzedell, Pastor
visit us at www.QPCC.org

UNION CHURCH
Beach St. & Rawson Rd.,Wollaston
Sunday Service 10 AM
617-479-6661
Good Bible Preaching
& Traditional Worship
Rev. John Carl Swanson, Pastor

PEACE

Congregational

WOLLASTON CONGREGATIONAL CHURCH
48 Winthrop Ave. - 617-773-7432
Pastor: Rev. Mary Lou Gifford
Sunday Worship
Sept. 24th - Commission Day!
Rev. Mary Louise Gifford
"Welcome the Child"
Wisdom of Solomon
7:26-8:1 and Mark 9:30-37

Covenant

COVENANT CONGREGATIONAL CHURCH
Corner of Whitwell & Granite St.
Sunday Worship 10:00 AM
Rev. Karen Palmatier, Pastor
9 a.m. – Christian Education for all ages
Child Care Available - All Are Welcome
Children's Pantry
Wed., Thur. 9:30 am - 12 noon
617-479-5728

Nazarene

Wollaston Church of the Nazarene
37 E. Elm Ave., Wollaston
(617) 472-5669
On The Campus Of Eastern Nazarene College
Pastor: Rev. Fred. Fullerton
Sunday Services
8:30 am - Holy Communion
9:45 am - Adult & Children's Sunday School
11 a.m. - Blended Worship Service
Come Worship with Us!

Episcopal

St. Chrysostom's Episcopal Church
Corner of Hancock & Linden Sts.
Quincy • (617) 472-0737
Rev. David Hefling
Sunday School 9 a.m.
Adult Forum 9:15 a.m.
Holy Eucharist Rite 10 a.m.
Nursery Care During Service
Coffee Hour Following
ALL WELCOME
THRIFT SHOP HRS. W. TH. F.R. 10am 4pm

Evangelical

EVANGELICAL CHURCH OF ATLANTIC
65 Newbury Ave. North Quincy
(617) 847-4444
Pastor Bill Donahue
Sunday Morning Worship 10:10 AM
Childcare Available

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Dr. Susan Jarek-Glidden, Pastor

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45 SUNDAY SCHOOL
11AM WORSHIP SERVICE
BRASS BAND MUSIC
7PM TUES WOMEN'S FELLOWSHIP
7:15PM WED. BIBLE STUDY

Spiritualist

First Spiritualist Church of Quincy
40 West St., Quincy, MA 02169
(617) 770-2246
Services Sunday 11 a.m. to 12:30 PM
Coffee and Conversation following service
Services 8 PM Wednesdays June, July, August
Pastor Rev. Rita S. Berkowitz C.H.C.M.

OBITUARIES

Everett C. Kidder, Sr., 98

Career Military Officer

A graveside funeral service for Quincy native Everett C. Kidder Sr., 98, a career military officer and World War II and Korean War veteran, was held Sept. 13 in the Groveland Cemetery, Scituate.

Mr. Kidder died Aug. 24 at his home in Petersburg, VA.

After Pearl Harbor, Mr. Kidder enlisted in the Army Air Corps, was commissioned a second lieutenant and served in northern Burma and Assam, India, from 1942 to 1945.

He was a member of the 51st Fighter Control Squadron, with duties that included airstrikes and guiding transport planes between India and China. He was promoted to lieutenant and then to captain.

After World War II, Mr. Kidder worked for Prudential Insurance Co. in Boston and was recalled to service in 1950 during the Korean War. He commanded a radar air defense squadron on Resolution Island off southern Greenland.

His service assignments during the Cold War included duties in Alaska, New York, Pennsylvania, Florida, Georgia and Tokyo. During this time he was promoted to major and lieutenant colonel, and received numerous commendations and awards.

He trained NATO troops in radar intercept procedures at Tyndall Air Force Base, Fla., and received a commendation from the Japanese Air Self Defense Force for his efforts to improve their air defense.

His last tour of duty was at Fort Lee, in Petersburg, where he retired in 1973.

He worked with disabled people and volunteered for the American Red Cross, the Petersburg Literacy Program and Meals on Wheels.

During the Great Depression, Mr. Kidder worked as a crew chief for the U.S. Department of Agriculture in New England, then, for a short time, for Prudential.

He was born in Quincy on July 21, 1908.

Husband of the late Velma Damon Kidder, he is survived by a son, Everett C. Kidder Jr. of Chattanooga, Tenn., and two granddaughters.

Funeral arrangements were by the J.T. Morriss & Son Funeral Home and Cremation Service, Petersburg.

Melina P. Ciapetti, 89

A funeral Mass for Melina P. (Maligno) Ciapetti, 89, of Quincy, a stitcher for many years at local garment stores, was celebrated Monday at St. John's Church, Quincy Center.

She died Sept. 13 at home.

She was a member of St. John's Senior Citizens Club M-1 and enjoyed traveling.

Born in Portsmouth, N.H., she lived most of her life in Quincy.

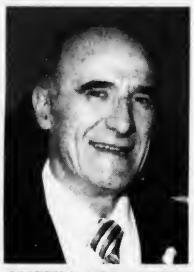
Wife of the late Everett Ciapetti, she is survived by two sisters, Mary D'Ambrosia of Weymouth and Anna Alongi of Quincy.

Burial was in Mount Wollaston Cemetery.

Funeral arrangements were by Bolea Funeral Home.

Joseph L. Bernasconi, 83

Manager At New England Telephone, Navy Commander During World War II



JOSEPH L. BERNASCONI

A funeral Mass for Joseph L. Bernasconi, 83, of Quincy, a Navy veteran of World War II, was celebrated Sept. 16 at Sacred Heart Church, North Quincy.

Mr. Bernasconi died Sept. 13 at Deutsches Altenheim, German Center for Extended Care, West Roxbury.

He was a commander and naval aviator during World War II. He served in the South Pacific often flying off an aircraft carrier.

Mr. Bernasconi was employed as a manager at New England Telephone. He retired in 1986 after 46 years with the company.

He was a former member of the Parish Council at Sacred Heart Church. He was also active in Christ the King Church in Mashpee.

He was a member of the Quincy Knights of Columbus, St. Vincent de Paul Society, Retired Officers Association and the Pioneers Club.

Mr. Bernasconi was an avid gardener. He was also a "Jack of all Trades" who was talented in building, masonry, carpentry and plumbing.

He built a summer home in Mashpee and vacationed there for more than 50 years with family and friends.

Born in Boston, he previously lived in Dorchester before moving to Quincy 50 years ago.

Husband of the late Elaine M. (Hannigan) Bernasconi, he is survived by two daughters, Janet Larkin of New Jersey and Ellen Walsh of Needham; four sons, Stephen J. Bernasconi of Pennsylvania, Richard J. Bernasconi of Quincy, Mark Bernasconi of Alabama and Joseph J. Bernasconi of Roslindale; a brother Silvio Bernasconi of Braintree; two sisters, Nilda Rice of California and Janet Wallace of Quincy; and 11 grandchildren.

He was the father of the late David J. Bernasconi.

Burial was in Blue Hill Cemetery.

Funeral arrangements were made by the Keohane Funeral Home, 785 Hancock St., Wollaston.

Donations may be made to the St. Vincent de Paul Society, 1524 VFW Parkway, Boston, MA 02132.

Calvin E. Kilpatrick, 82

Retired Marine Corps Sergeant Major

CALVIN E. KILPATRICK

A funeral service for Retired Marine Sgt. Maj. Calvin E. Kilpatrick, 82, of Quincy, a decorated veteran whose military career spanned three decades, was held Sept. 16 at Hamel, Wickens and Troupe Funeral Home, 26 Adams St., Quincy Center.

Mr. Kilpatrick died Sept. 11 at the Veterans Administration Medical Center in West Roxbury.

He was a veteran of World War II, the Korean and Vietnam Wars.

Mr. Kilpatrick was wounded by North Vietnamese rocket fire during the 1968 Tet Offensive in the Vietnam War and awarded the Bronze Star for his actions in battle.

During the Korean War, he served as a drill instructor at Parris Island and with a Marine air wing.

He served at the Squantum Naval Air Station and the Hingham Ammunition Depot, and was a member of the honor guard at the activation of the South Weymouth Naval Air Station in 1953.

Mr. Kilpatrick retired from the military in 1976 in a ceremony aboard the U.S.S. Constitution in Boston.

He volunteered for more than 10 years at Jordan Hospital in Plymouth and at Plimoth Plantation in Plymouth.

He was also active in the William R. Caddy detachment of the Marine Corps League in Quincy and Disabled American Veterans Chapter 29 of Braintree.

Mr. Kilpatrick was a lifetime member of Veterans of Foreign Wars Post 1822 of Plymouth.

He was an avid gardener and enjoyed ballroom dancing, reading and making ceramic items, especially Christmas trees for his family and friends.

Born July 22, 1924, he was raised in Quincy and attended Quincy schools. He left high school during the Depression to join the Civilian Conservation Corps and send money home to help his widowed mother.

He is survived by his wife, Ann (Scanlon) Kilpatrick; two sons, James Kilpatrick of Newton and Richard Kilpatrick of Brockton; four stepchildren, Mary Ann McIntosh of Weymouth, Patricia Rega of Abington, Valerie Michelangelo of Quincy, and William Dalton, Jr. of Braintree; 11 grandchildren, a niece and a nephew.

He was the husband of the late Geraldine (Nogueria) Kilpatrick.

Mr. Kilpatrick was buried with full military honors in Pine Hill Cemetery, Quincy.

Memorial donations may be made to Father Bill's Place, 38 Broad St., Quincy, MA 02169.

Renato A. Tronca, 52

Plumber

A funeral Mass for Renato A. Tronca, 52, of Quincy, a plumber, was celebrated Sept. 16 at St. John's Church, Quincy Center.

Mr. Tronca died Sept. 13 at Carney Hospital in Boston after a brief illness.

Born in Anversa, Italy, he moved to America when he was 6 and settled with his family in Quincy in 1960.

He graduated from Quincy High School in 1972 where he played football and hockey.

He worked as a plumber with his brother, Mario Tronca, for many years at Tronca Plumbing and Heating in Quincy.

Mr. Tronca also played football for the Elks and served in the Army for nearly two years.

He is survived by his wife, Sylvia Wynands; three sons, Derek Tronca and Stephen Wynands of Plymouth; three daughters, Ellen Walsh of Pembroke, Laura Wynands of Attleboro and Kelly Wynands of Whitman; two brothers, Mario Tronca and John Tronca, both of Quincy; and many grandchildren.

Burial was in Pine Hill Cemetery, Quincy.

Funeral arrangements were made by Bolea-Buonfiglio Funeral Home, 116 Franklin St., Quincy.

::::::: In Memory :::::::

JOSEPH & MARGARET PERRY

AUG 1996 SEPT 1996

Its been 10 long years and our hearts still ache as though it was just yesterday.

Love and miss you both very much,

Your Family

SCOTT DEWARE

A THOUGHT FOR THE WEEK

A wise man once said, "No single man makes history. History cannot be seen, just as one cannot see grass growing." Another wise quote comes to mind. . . History is the biography of mankind. Just as names make news, history is about people. Records of ancient, medieval and modern times are not primarily about events that took place. They are about things people did, how they reacted and how they responded.

The Old Testament is more than just the relating of events. It is more than just the relating of events. It is more than the writings of Hebrew poets and prophets. It is the story of people. It is the history of God's dealings with His people. It is like Emerson said, "There is properly no history, only biography."

Does it not make sense that if we are to understand the present, evaluate the past, and anticipate the future, we must do so on the basis of the personal interaction of men with their environments, and each other, and with God?

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Margaret L. O'Connell

65-Year Member Of Bethany Church

MARGARET O'CONNELL

A funeral service for Margaret L. (Saunders) O'Connell, 96, of Quincy, a 65-year member of Bethany Congregational Church in Quincy, was held Monday at Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Mrs. O'Connell died Sept. 14 after a brief illness.

She worked for the former New England Telephone Company and in the trust department of the former Granite Trust Co.

Mrs. O'Connell taught Sunday School at Bethany Congregational Church and was a member of the Quincy Historical Society.

She was interested in genealogy, which led her to travel to England, Wales, Scotland, Nova Scotia, Prince Edward Island and Newfoundland.

At age 91, and no longer able to travel, she learned how to use the Internet to research and stay in contact with her relatives in England and Nova Scotia.

Mrs. O'Connell was also interested in dogs. She owned many collies and a Newfoundland, which she entered in shows.

Born in Quincy, she lived in the city for 64 years. She was a graduate of Weymouth High School.

Wife of the late William A. O'Connell, she is survived by nephews and a niece.

Burial was in Mount Wollaston Cemetery, Quincy.

Memorial donations may be made to Bethany Congregational Church, 18 Spear St., Quincy, MA 02169.

Robert A. Schnitzlein, Sr., 78

Offset Pressman, U.S. Navy Veteran

ROBERT SCHNITZLEIN

A funeral Mass for Robert A. Schnitzlein, Sr., 78, of Quincy, a retired offset pressman, was celebrated Wednesday at 10 a.m. in the Holy Trinity Parish at the Our Lady of Good Counsel Church, 227 Sea St., Quincy.

Mr. Schnitzlein died Sept. 15 at Quincy Medical Center after a brief illness.

Born in Cambridge, he was raised and educated in Malden schools. He had lived in Dorchester before moving to Quincy 47 years ago.

Mr. Schnitzlein was employed as an offset pressman. He worked 10 years for the Christian Science Printing Company before retiring 16 years ago. He previously worked for Colt Press in East Boston.

He was a U.S. Navy veteran of World War II serving in the Pacific Theater. He served with the SeaBees on the island of Guam for three years and then served on the destroyer, USS Lowry.

He was a member of the American Legion.

He was an avid golfer and scored a hole-in-one at the Desert Inn in Las Vegas, NV.

He is survived by his wife of 56 years, Ann M. (O'Neill) Schnitzlein; a son, Robert A. Schnitzlein, Jr. of Medfield; a brother, Harold W. Schnitzlein of Boulder City, NV.; two grandchildren, a great-grandson and many nieces and nephews.

Interment with Military Honors was at the Pine Hill Cemetery, West Quincy.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to a charity of choice.

Vets Adviser At COA Office

John D. Miller of Home Care Partners, will be at the Council on Aging office, 83 Saratoga St., each Wednesday to advise veterans or their surviving spouses of their in-home care benefits.

To schedule an appointment, call the Council on Aging at 617-376-1506.

Seek Medical Gear To Loan

The Council on Aging is seeking donations of medical equipment that is no longer needed by the current owner but can be loaned to someone else.

The present highest priority is given to bath transfer seats.

Call the Council at 617-376-1506.

Other Obituaries On Page 28

Gerald D. 'Jerry' Sweeney, 88

Retired VA Medical Records Employee

GERALD D. SWEENEY

A funeral Mass for Gerald D. "Jerry" Sweeney, 88, of Quincy, formerly of South Boston, a retired employee of the Veterans Administration in Boston, was celebrated Tuesday at St. John the Baptist Church, Quincy Center.

Mr. Sweeney died Sept. 16 at the Veterans Administration Hospital in Brockton after a long illness.

He worked 25 years in the medical records division of the Veterans Administration in Boston. He retired in 1971.

He was also employed by the Massachusetts Turnpike Authority.

Born and educated in South Boston, he moved to Quincy 30 years ago.

Mr. Sweeney was an Air Force veteran of World War II. He served at Normandy, the Rhineland and in the Ardennes.

He was a member of the Quincy Disabled Veterans Chapter 79.

Husband of the late Mary E. (Moore) Sweeney, he is survived by two daughters, Marie Sweeney of Columbus, Ohio, and Patricia Anne Dunklee of Hebron, N.H.; three sons, Robert G. Sweeney of Quincy, Gerald Sweeney of Onset and Paul J. Sweeney of Texas; a sister, Mary McHugh of Maryland; five grandchildren and four great-grandchildren; and many nieces and nephews.

Burial with military honors was at Pine Hill Cemetery in West Quincy.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to SCN Missions, P.O. Box 9, Nazareth, KY 40048.

James F. Lyons, 76

Machinist

JAMES F. LYONS

A funeral Mass for James F. Lyons, 76, of Quincy, a machinist, was celebrated Wednesday at 10 a.m. at Saint Mary's Church, West Quincy.

Mr. Lyons died Sept. 17 at the Tower Hill Center for Health and Rehabilitation Center in Canton.

Born in Quincy, he was a graduate of North Quincy High School.

He served in the U.S. Army during the Korean conflict.

Mr. Lyons was a machinist and worked for Tubular Rivet in Quincy which has since become Textron Co. located in Braintree. He retired at the age of 65 after working there for more than 38 years.

He was a former member of the Morrisette American Legion Post #294 in Quincy.

Mr. Lyons was family oriented. As a devoted son he took care of his parents.

He played softball as a pitcher in his younger years. He also loved his car and dogs.

He is survived by two brothers, Daniel J. Lyons of Quincy and Robert P. "Bo" Lyons of Whitman; a sister, Julia O'Hara of Boston; and several nieces and nephews. He was the brother of the late John J. Lyons, the late Mary Vaughn and the late Ann Murphy.

Burial was in Pine Hill Cemetery, West Quincy.

Funeral arrangements were made by the Keohane Funeral Home, 785 Hancock St., Wollaston.

Memorial donations may be made to the American Diabetes Association Greater Boston Chapter, 330 Congress St., Boston, MA 02210-1216.

Joseph M. Bradbury, 40

Bartender

JOSEPH M. BRADBURY

A funeral Mass for Joseph M. Bradbury, 40, of Quincy, a bartender, was celebrated Wednesday at 10 a.m. in Sacred Heart Church, North Quincy.

Mr. Bradbury died Sept. 16 at Hancock Manor in Dorchester after a long courageous battle with AIDS.

Born in Boston, he was a lifelong resident of Quincy.

He graduated from North Quincy High School in 1984. After high school, he went on to work in various jobs including assistant harbormaster, bartending at various Boston establishments, and working at pet stores.

Mr. Bradbury was an animal lover and also enjoyed antiques, gardening, shopping and photography. Many peopled referred to him as a "Jack of all trades." He particularly enjoyed shopping for his niece and nephew and took great pride in being "Uncle Joey."

He is survived by his mother, Carol A. Bradbury; his father, Martin Bradbury; two brothers, Michael P. Bradbury of Derry, N.H. and James A. Bradbury of Weymouth; a sister, Andrea B. Coughlin of Quincy; a niece, Abigail Coughlin; a nephew, Anthony Coughlin; and three dear friends.

Burial was in Blue Hill Cemetery, Braintree.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Wollaston.

Memorial donations may be made to Beth Israel Deaconess Medical Center - Infectious Disease Research Division, 330 Brookline Ave., Boston, MA 02155.

Carolyn B. McGaughey, 83

Past President Quincy Catholic Club

A funeral Mass for Carolyn B. (Foye) McGaughey, 83, of Weymouth, a homemaker, was celebrated Wednesday at St. Albert the Great Church, Weymouth.

Mrs. McGaughey died Sept. 16 at her home.

She was a past president of the Quincy Catholic Club.

She enjoyed gardening and interior decorating.

Born in raised in Quincy, she was a graduate of Quincy High School.

She had lived in Weymouth since 1950.

Wife of the late Robert T. McGaughey, she is survived by a son, Robert T. McGaughey Jr. of Marshfield; four daughters, Cheryl Schraut and Colleen McGaughey-Goggin, both of Weymouth, Maureen Gordon of Franklin and Beth McGaughey of Waltham; 10 grandchildren; a great-grandchild; and many nieces and nephews.

Burial was in Mount Wollaston Cemetery, Quincy.

Funeral arrangements were made by McDonald Funeral Home, Weymouth

Grandpa loved gardening, baseball, and playing the harmonica.

Your memories are precious. That's why, at Keohane Funeral Service, we take the time to find out what made your loved one special. Whether it's gathering some of the flowers he so tenderly cultivated or finding a musician to play "Take Me Out to the Ball Game" on the harmonica, you can count on us to help you plan a service that will be just as unique as the person you love.

Keohane Funeral Service

785 Hancock Street • Quincy • 617-773-3551

Member by Invitation NSM National Selected Morticians

OBITUARIES

Mary J. Feenan, 97

Receptionist For Feenan Financial Group

A funeral Mass for Mary J. (Rabbitt) Feenan, 97, of Quincy, formerly of Dorchester, chief receptionist in her family's business, Feenan Financial Group in Quincy, will be celebrated Friday at 10:30 a.m. at St. Gregory's Church, Dorchester.

Mrs. Feenan died Monday at the William B. Rice Eventide Home in Quincy.

Born in Milton, she lived in Dorchester before moving to Quincy 16 years ago.

She was a graduate of Dorchester High School.

Mrs. Feenan worked for Walter Bakers Company in Dorchester.

She was the chief receptionist in her family's business, Feenan Financial Group from 1969 to 2002. She retired when she was 92 years old.

Mrs. Feenan was recognized by the Pope in 1962 as a Lady Commander of the Holy Sepulchre. She was also the longest living member of this organization in New England.

MARY J. FEENAN

Wife of the late Thomas G. Feenan, she is survived by a son, Thomas G. Feenan of Quincy; a daughter, Mary T. Silva of Stoughton; a sister, Helen Galvin of New Jersey; two grandsons and a granddaughter.

She was the mother of the late Margaret Feenan; and sister of the late Peter Rabbitt, Thomas Rabbitt, James Rabbitt, Margaret McManus, Catherine Galvin and Rita Cadigan.

Burial will be in Milton Cemetery.

Visiting hours are today (Thursday) from 4 to 8 p.m. at the Keohane Funeral Home, 785 Hancock St., Wollaston.

Memorial donations may be made to the William B. Rice Eventide Home, 215 Adams St., Quincy, MA 02169.

COA In Need Of Bath Seats

The Council on Aging is in urgent need for bath seats for senior citizens.

If you have one to donate, call the COA at 617-376-1245.

Bruno P. DiCienzo, 51

Food Broker

A funeral Mass for Bruno P. DiCienzo, 51, of Hanover, formerly of Quincy, was celebrated Monday at St. John the Baptist Church, Quincy Center.

Mr. DiCienzo died Sept. 13 at the Brigham and Women's Hospital in Boston after a long illness.

Born in Quincy, he was raised in the city and educated in Quincy schools.

He was a 1973 graduate of Quincy High School and attended Bentley College.

He had lived most of his life in Quincy before moving to Hanover 15 years ago.

Mr. DiCienzo worked in the food service industry with most of his career as a food broker.

He was a 28-year, gold card life member of the Adams Heights Men's Club of Quincy.

He was an avid sports fan, a wine connoisseur and enjoyed wine tasting and collecting wines. He also enjoyed cooking and traveling.

He is survived by his wife of 20 years, Patricia K. (Gatto DiCienzo; a son, Nicholas P. DiCienzo of Hanover; his father and mother, Dino and Clementina (Fornara) DiCienzo of Braintree; two brothers, Marco DiCienzo of Abington and Peter DiCienzo of Braintree; and many nieces and nephews.

Burial was in Blue Hill Cemetery, Braintree.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

SHINE Counsel At Aging Office

A SHINE counselor will be available Tuesdays and Wednesdays from 9:30 a.m. to 12:30 p.m. at the Quincy Council on Aging office, 83 Saratoga St., Quincy, to assist the elderly and adults with disabilities with health information and benefits.

Home visits can be arranged for shut-ins.

SHINE is the acronym for Serving the Health Information Needs of Elders.

Call 617-376-1247 to make an appointment or to speak with a SHINE counselor.

Help With Simple Wills Monthly

Atty. Ed Conroy will be at the Council on Aging office, 83 Saratoga St., North Quincy, every third Friday of the month to assist the elderly with a free explanation of simple wills.

Call 617-376-1506 for an appointment.

Richard G. Cunningham, Jr.

Union Representative

A funeral Mass for Richard G. Cunningham, Jr., 69, of Buzzards Bay, formerly of Quincy and Weymouth, a union representative, will be Saturday, Sept. 23 at 10 a.m. at Saint John's Church.

Mr. Cunningham died Sept. 14 at Tobey Hospital, Wareham.

He was a lifetime employee of the New England Telephone Company and Local 222 of the International Brotherhood of Electrical Workers. He was involved in real estate.

Born in Cambridge, he was a resident of Quincy for over 20 years, and a resident of Weymouth for over 20 years. He lived in Buzzards Bay for six years.

He enjoyed card games and reading. He ran the Cape Cod Trust Investors Club, and was the president of Systems Council T6 IBEW.

He is survived by his wife, Elizabeth Schlosky, of Buzzards Bay; four sons, Robert Cunningham of Irving, TX, Thomas Cunningham of San Diego, CA, Mark Cunningham of Boston, and William Cunningham of Quincy; a daughter, Patricia Fallon of Rockland; and a sister, Helen Gately of New Hampshire.

He was the son of the late Richard G. and Madeline Cunningham, and the father of the late Michael Cunningham.

Burial will be in Blue Hill Cemetery, Braintree.

Visiting hours will be at Keohane Funeral Home, 785 Hancock St., Friday from 4-8 p.m.

Donations may be made to the American Lung Association of Massachusetts, 460 Totten Pond Rd., suite 400, Waltham, MA 02451.

Office, Professional Employees Union Local 6 Headquarters Relocates

The Office and Professional Employees International Union (OPEIU) Local 6, representing professional and administrative employees within the trial court system of Massachusetts, as well as healthcare workers, the ambulance industry, municipalities, and a number of other occupations, has relocated its headquarters to 77 Parkingway, Quincy.

Until recently, OPEIU Local 6 maintained headquarters at another location in Quincy, at 1 Billings Rd.

Mary Mahoney, president of OPEIU Local 6, said the new office space offers more usable office space and a more convenient location for member services and the union's ongoing work.

"We see a number of great challenges and opportunities ahead," she said, adding, "We are working to help organize/unionize a number of workplaces that currently do not have such representation. This is a very busy and challenging time for us, and we look forward to carrying out our mission.

"It was important for us to remain in Quincy because of its location and its sense of community," she said.

The union has plans to host an Open House at its new location later this year.

Although Local 6 represents workers all across New England, many of their members are in Eastern Massachusetts.

OPEIU Local 6 is part of the national Office and Professional Employees International Union, first chartered by the American Federation of Labor in 1945. Nationally, the Union counts 115,000 members and is one of the larger unions in the AFL-CIO. OPEIU Local 6 serves more than 5000 members.

For additional information, call (617) 984-0006 or visit www.opieulocal6.org.

Free Financial Advice At COA

Mark Bossey, a MetLife financial planner, will be at the Council on Aging office, 83 Saratoga St., Quincy, on the fourth Friday of every month to offer free 20-minute consultation to seniors.

Call 617-376-1506 for an appointment.

Friendly Visitors Sought At COA

The Quincy Council on Aging is seeking volunteers to call on the elderly who live alone and would welcome a friendly visitor.

The COA is also seeking seniors who live alone and would like a friendly visit themselves.

Call the COA at 617-376-1508 and ask to speak with Lena Trouth, the friendly visitor coordinator.

INVITATION TO BID **INVITATION TO BID**

INVITATION TO BID
CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK STREET, QUINCY, MA 02169

The City of Quincy invites sealed bids/proposals for furnishing and delivering to the City of Quincy:

PUBLIC WORKS	**TUB GRINDER SERVICES**	**OCTOBER 3, 2006 @ 11:15 A.M.**

Detailed specifications are on file at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30AM and 4:30PM.

Bids must state exceptions, if any, the delivery date and any allowable discounts. Bids/Proposals must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked **"BID ENCLOSED"** with time/date of bid call.

Firm bid prices will be given first consideration. Bids/Proposals will be received at the office of the Purchasing Agent until the time and date stated above, at which time and date they will be publicly opened and read. Late Bids/Proposals, delivered by mail or in person, will be rejected.

If applicable, bids shall be in accordance with M.G.L. Chapter 30B, Chapter 149 as amended, and Chapter 30, Sections 39A, 39B and 39F-R.

The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informalities in the bidding if it is in the best interest of the City to do so.

William J. Phelan, MAYOR
Laurie M. Allen, PURCHASING AGENT

9/21/06

INVITATION TO BID **INVITATION TO BID**

INVITATION TO BID
CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK STREET, QUINCY, MA 02169

The City of Quincy invites sealed bids/proposals for furnishing and delivering to the City of Quincy:

QUINCY COLLEGE	**ELEVATOR MAINTENANCE**	**OCTOBER 4, 2006 @ 11:00 A.M.**
QUINCY COLLEGE	**ELECTRICAL SERVICES**	**OCTOBER 4, 2006 @ 11:15 A.M.**
QUINCY COLLEGE	**PLUMBING SERVICES**	**OCTOBER 4, 2006 @ 11:30 A.M.**
QUINCY COLLEGE	**HVAC SYSTEM SERVICE**	**OCTOBER 4, 2006 @ 11:45 A.M.**

Detailed specifications are on file at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30AM and 4:30PM.

Bids must state exceptions, if any, the delivery date and any allowable discounts. Bids/Proposals must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked **"BID ENCLOSED"** with time/date of bid call.

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The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informalities in the bidding if it is in the best interest of the City to do so.

William J. Phelan, MAYOR
Laurie M. Allen, PURCHASING AGENT

9/21/06

We need you.
WE'RE FIGHTING FOR YOUR LIFE
American Heart Association.

Mayor's Literacy Benefit Golf Tournament Oct. 2

Mayor William Phelan will host his annual golf tournament Monday, Oct. 2, at Granite Links Golf Club at Quarry Hills.

Proceeds from this year's event will again benefit the early intervention literacy programs in the Quincy Public Schools.

"This event has helped raise much-needed funding for a cause that should be important to us all — helping young people learn how to read," Phelan said. "With your support, we can help a young person overcome a literacy obstacle that may be stifling their ability to learn across a range of subjects and could be sapping their enthusiasm. If we can turn that around at a very young age, we can change a person's life."

The golf tournament will be followed by a fund-raiser at Quarry Hills that will feature silent and live auctions, food, entertainment and more. Tickets will be sold separately to the evening fund-raising event.

Corporate sponsors, hole sponsors, golfers and auction prizes are being sought. Cost to enter a foursome is $1,000. Those who would like to support the event are asked to call Dave Murphy in Mayor Phelan's office at 617-376-1990.

"Every year we enjoy a great day on this beautiful course," Phelan said. "This is one of the most enjoyable events of the year and certainly one of the most rewarding. I encourage those who are considering supporting this cause to call us and help our young people."

SWAP Earns Tax Abatements For Seniors

The Council on Aging has a SWAP (Senior Workers' Abatement Program) that enable the elderly to work 89 1/2 hours a year and earn $600 towards their real estate tax bills.

For further details, call Dorothy Dow at 617-376-1508.

COA Seeking Wheelchairs

The Council on Aging is in urgent need of wooden or metal wheelchairs of all sizes and canes to help disabled seniors to get around.

If you have one, call the council at 617-376-1506.

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2244EP
In the Estate of
MARY V. COSTELLO
Late of QUINCY
In the County of NORFOLK
Date of Death
June 20, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that ROBERT P. CONNORS of S. BOSTON in the County of SUFFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **OCTOBER 25, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, September 13, 2006.

PATRICK W. McDERMOTT
Register of Probate

9/21/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-077

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, OCTOBER 10, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of LAROSA DEVELOPMENT, JAMES DUNN for a VARIANCE to demolish existing structure and construct a new duplex home in violation of Title 17 as amended Chapter 17.20.040 (dimensional requirements) on the premises numbered 721 SEA STREET.

Jack Garland, Chairman

9/21, 9/28/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-078

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, OCTOBER 10, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of FLAHERTY CONTRACTING CORP. for a FINDING to extend an existing dormer in violation of Title 17 as amended Chapter 17.24.020.B.2 (alterations) on the premises numbered 111 SUMNER STREET, QUINCY.

Jack Garland, Chairman

9/21, 9/28/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-079

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, OCTOBER 10, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of JAMES J. FERRERA for a SPECIAL PERMIT/VARIANCE to remove six (6) existing billboards and construct nine (9) townhouses in violation of Title 17 as amended Chapter 17.20 (dimensional requirements), and Chapter 17.16.010 (use regulations) on the premises numbered 178-188 EAST HOWARD STREET, QUINCY.

Jack Garland, Chairman

9/21, 9/28/06

Alzheimer's Forum On Memory Oct. 19

The Alzheimer's Association and the Council on Aging will present an informal talk on memory loss Thursday, Oct. 19, from 10 a.m. to 12:30 p.m. at the Koch Park and Recreation Complex, One Merrymount Parkway, Quincy.

The program, presented by Jamie Gutner, will provide an overview of Alzheimer's Disease, how to obtain diagnosis, addressing behavior and communication problems.

For reservation, call 617-376-1506.

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2212EP
In the Estate of
JEANNE GRISWOLD
Late of QUINCY
In the County of NORFOLK
Date of Death July 9, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that ANDREW V. GRISWOLD of MEDFORD in the County of MIDDLESEX or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **OCTOBER 25, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, September 13, 2006.

PATRICK W. McDERMOTT
Register of Probate

9/21/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 96P1798EP2
Notice of Fiduciary's Account

To the persons interested in the estate of Joseph Bongiorno late of Quincy, in the county of Norfolk.

You are hereby notified pursuant to Mass. R. Civ. P. Rule 72 that the 1st and final account(s) of Jan Whiting as administrator (the fiduciary) of said estate has been presented to this Court for allowance.

If you desire to preserve your right to file an objection to said account(s), you or your attorney must file a written appearance in said Court at Canton on or before the ***18th day of October, 2006*** the return day of this citation. You may upon written request by registered or certified mail to the fiduciary, or to the attorney of the fiduciary, obtain without cost a copy of said account(s). If you desire to object to any item of said account(s), you must, in addition to filing a written appearance as aforesaid, file within thirty days after said return day or within such other time as the Court upon motion may order a written statement of each such item together with the grounds for each objection thereto, a copy to be served upon the fiduciary pursuant to Mass. R. Civ. P. Rule 5.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, FIRST JUSTICE of said Court at CANTON this 8th day of September, 2006.

GUARDIAN AD LITEM REQUIRED

PATRICK W. McDERMOTT
Register of Probate

9/21/06

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LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P1665GM
In the Matter
Of JOSEPH MELLON
Of QUINCY
In the County of NORFOLK
NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN OF MINOR

To all persons interested in the above captioned matter, a petition has been presented praying that TRACY CLARK of AVON in the County of NORFOLK or some other suitable person be appointed guardian of the person and the estate of JOSEPH MELLON of QUINCY in the County of NORFOLK, a minor child, to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **OCTOBER 5, 2006**.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, August 15, 2006.

PATRICK W. McDERMOTT
Register of Probate

9/21/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2205EP
In the Estate of
ANN P. DESANTIS AKA
ANNE P DESANTIS
Late of QUINCY
In the County of NORFOLK
Date of Death July 21, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that MARGARET DESANTIS AHEARN of BOSTON in the County of SUFFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **OCTOBER 25, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, September 13, 2006.

PATRICK W. McDERMOTT
Register of Probate

9/21/06

INVITATION TO BID

INVITATION TO BID
CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK STREET, QUINCY, MA 02169

The City of Quincy invites sealed bids/proposals for furnishing and delivering to the City of Quincy:

QUINCY COLLEGE **ONLINE (WEB) REGISTRATION SYSTEM FOR JENZABAR TE SYSTEM** **OCTOBER 3, 2006 @ 11:00 a.m.**

Detailed specifications are on file at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30AM and 4:30PM.

Bids must state exceptions, if any, the delivery date and any allowable discounts. Bids/Proposals must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked "**BID ENCLOSED**" with time/date of bid call.

Firm bid prices will be given first consideration. Bids/Proposals will be received at the office of the Purchasing Agent until the time and date stated above, at which time and date they will be publicly opened and read. Late Bids/Proposals, delivered by mail or in person, will be rejected.

If applicable, bids shall be in accordance with M.G.L. Chapter 30B, Chapter 149 as amended, and Chapter 30, Sections 39A, 39B and 39F-R.

The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informalities in the bidding if it is in the best interest of the City to do so.

William J. Phelan, MAYOR
Laurie M. Allen, PURCHASING AGENT

9/21/06

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The Quincy Sun

MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET, QUINCY, MA 02169
PAYABLE IN ADVANCE. Payment must accompany order.

INDEX
- ❑ Services
- ❑ For Sale
- ❑ Autos
- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
- ❑ Real Estate
- ❑ Antiques
- ❑ Flea Markets
- ❑ Yard Sales
- ❑ Instruction
- ❑ Day Care
- ❑ Personal
- ❑ Miscellaneous

RATES

1 WEEK ❑ $7.00 for one insertion, up to 20 words, 10¢ for each additional word.

3-7 WEEKS ❑ $6.50 per insertion up to 20 words for 3-7 insertions of the same ad, 10¢ each additional word.

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13 WEEKS OR MORE ❑ $6.00 per insertion, up to 20 words, for 13 or more insertions of the same ad 10¢ for each additional word.

❑ Enclosed is $ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

COPY: _____

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NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION.
DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

It's Patrick, Murray Here And Statewide

(Cont'd From Page 1)

higher than was expected, but still light.

Of the 15,399 ballots cast, 14,259 were Democratic and only 1,140 Republican.

Local Democrat incumbents unopposed and their vote:

Congressman William Delahunt, 11,118; state Treasurer Tim Cahill, 11,418; state Senator Michael Morrissey, 11,085; Rep. Bruce Ayers, 4,422; Rep. Steve Tobin, 4,520; and Rep. Ronald Mariano, 1,890.

Unopposed Norfolk County Democrat incumbents and their vote:

Dist. Atty. William Keating of Sharon, 10,417; Clerk of Courts Walter F. Timilty, Jr., of Milton, 10,173; Register of Deeds William F. O'Donnell of Norwood, 10,209 and County Commissioner Peter H. Collins of Milton, 9,946.

City Clerk Joseph Shea attributed the low turnout to the fact that there were only four contests in the primary, three on the Democrat ballot and only one on the Republican.

Another factor, he said, was that all local Democratic incumbents were unopposed.

VOTERS JOHN and Leona McSeveney cast their ballots Tuesday at the Montclair School in Ward 3, Precinct 3. *Quincy Sun Photo/Noreen O'Shea*

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Angle Fair Weekend At Healing Tree Sept. 23, 24

The Healing Tree Yoga & Wellness Center at 605 Hancock St., Wollaston, will hold a weekend long "Angel Fair" Saturday, Sept. 23, and Sunday, Sept. 24, including tarot card readings from Norma Sellier, an intuitive healer.

Some of the area's most talented card readers will participate Saturday from 10 a.m. to 5 p.m. and Sunday from 12 noon to 5 p.m. Prices vary based on length of time.

Personal aura photography sessions are scheduled with Bennu from The Auric Muse Sunday from 12 noon to 5 p.m. The price of $38 per person includes a two page computers interpretation and a personal reading.

Call the Healing Tree at 617-770-4800 to reserve a reading or aura photography session. Visit web site **www.healingtreeyoga.com** for a full schedule of information.

Blood Pressure Clinics Free For Seniors

Weekly blood pressure screenings for elders will be held every Monday from 10 to 11 a.m. at the Council on Aging office, 83 Saratoga St., North Quincy.

Gail Crawford, a registered nurse, will assist senior citizens in having their blood pressure taken weekly. Appointments can be made but walk-ins also are accepted. For more information, call 617-376-1506.

SECONDARY LUNCH MENU

Monday, Sept. 25
Bagel pizza, tossed salad, fresh fruit or fruit juice.

Tuesday, Sept. 26
Meatball submarine with tomato sauce, vegetable, fruit juice. *Early release middle schools.*

Wednesday, Sept. 27
Boneless chicken drummies, mashed potatoes, fresh fruit or juice, dinner roll.

Thursday, Sept. 28
Hot pastrami on a bulkie roll, coleslaw, fruit cup, fruit juice.

Friday, Sept. 29
Cheeseburger on a bun, oven fry potatoes, fruit cup, juice.

ELEMENTARY LUNCH MENU

Monday, Sept. 25
Pizza, fresh fruit, fruit juice.

Tuesday, Sept. 26
Early release day - no lunch served.

Wednesday, Sept. 27
Chicken patty on a bulkie roll, fresh fruit, fruit juice.

Thursday, Sept. 28
Pancakes, sausage links, maple syrup, applesauce, fruit juice.

Friday, Sept. 29
Make your own meatball submarine, vegetable, fruit juice.

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Quincy ArtsFest Draws Over 5,000
Page 8

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper

VOL. 39 No. 2 | Thursday, September 28, 2006 | 40¢

DEMOCRATS UNITE behind their chosen nominee, Deval Patrick, at a unity meeting at Sons of Italy Hall after a bruising, three-way primary campaign for governor. Left to right, seated, Gloria Noble; Sarah Compton, Quincy field organizer for Patrick; Anne Mahoney and Jim Timmins of the School Committee; City Councillors Leo Kelly and Kevin Coughlin; standing, Nancy Gardner, Councillor Jay Davis, Alicia Gardner, vice chairman of the Democratic City Committee; Rep. Ron Mariano; Sen. Michael Morrissey; Janet Coughlin; Charles Phelan, chairman of the Democratic City Committee; Maggie Dumas; Janet Crowley. Other Democratic campaign workers are standing behind them. *Quincy Sun photo/Robert Noble*

Over 100 Join Forces At Unity Meeting

Quincy Democrats Unite Behind Patrick In 'Grassroots' Campaign

By TOM HENSHAW

Quincy Democrats, frozen out of the corner office in the State House for more than 15 years, made a show of united support Saturday for Deval Patrick of Milton, their nominee in the November election.

More than 100 of them, drawn from the defunct campaigns of Christopher Gabrieli and Thomas Reilly as well as Patrick, met at the Sons of Italy Hall to make plans for the upcoming race for governor.

Patrick, a former official in the Justice Department under President Bill Clinton who scored a landslide victory statewide in the three-way race, defeated Gabrieli by only 94 votes in Quincy.

The unity meeting was chaired by Charles Phelan, chairman of the Democratic City Committee.

Speakers at the unity rally included Cong. William Delahunt, who called the 2006 election "one of the most important governor's races in years," Sen. Michael Morrissey and John Walsh, Patrick's campaign manager.

Walsh stressed that grassroots campaigning was behind Patrick's victory in the primary election and he recommended similar activities for use against Republican Lt. Gov. Kerry Healey.

In Quincy, volunteers will be needed to host coffee hours for seniors, organize sign holding, put up lawn signs, write "Dear Friend" cards, make phone calls from phone banks and distribute literature.

Volunteers will also be needed to staff campaign headquarters at 39 Washington St., for the next six weeks until the Nov. 7 statewide balloting.

A fundraiser for Patrick has been tentatively scheduled for mid-October, since, after a costly primary fight, Democratic nominees usually face "a well-financed and often personally wealthy Republican nominee."

Other elected officials at the unity meeting, hosted by the Democratic City Committee, included:

Rep. Ron Mariano, Dist. Atty. William Keating, City Councillors Leo Kelly, Kevin Coughlin, Jay Davis and Mike McFarland, and School Committee members Anne Mahoney and Jim Timmins.

Those who were unable to attend but would like to participate in the Patrick campaign should contact Chuck Phelan, chairman of the Democratic City Committee, at 617-472-6339.

Volunteers should contact Jay Davis at 617-548-1902 or **jdavis@gdc-law.com**, or Anne Mahoney at 617-984-0274 or **anne2cyclonedesign.com**, or Pat McDermott at 617-594-0640 or **pmnerca@aol.com.**

A Proud Night For Mark Johnson

The City Council recognized Mark V. Johnson, of Troop 24 of Squantum, at Monday night's meeting, for recently earning Eagle Scout status, the highest achievement possible in scouting.

Ward 6 Councillor Brian McNamee read a commendation from the City Council, congratulating Johnson for his success. McNamee said that only five percent of scouts attain the status. "It's quite an achievement," he said.

Johnson is the first Eagle Scout to be recognized by the City Council since June.

Korea, Vietnam Veterans Object

Chinese Flag Still Stirs Emotions

By TOM HENSHAW

An apparently innocent but ill-conceived attempt to fly the flag of the People's Republic of China alongside the American flag over a Wollaston building has touched a nerve in Quincy.

To many in the city's burgeoning Asian population, it's the non-political flag of their former homeland.

But to veterans and others, particularly those who fought Communists in Korea and Vietnam, it's still the flag of the enemy.

The Chinese flag and an American flag flew briefly over the newly opened headquarters of the Chinese United Association (CUA) at the corner of Hancock and Beale Streets.

"The flag doesn't represent communism," said Jimmy Liang, the restaurateur and former city council candidate who has become the unofficial spokesman for the CUA. "It's the flag of China."

Tim Carrigan of Wollaston disagreed.

"What is offensive to me is the flag of an oppressive, totalitarian, communist dictatorship now flies proudly over Hancock Street, the birthplace of democracy," he said in a letter to City Councillor John Keenan that touched off the furor.

The headquarters office on the second floor at 665 Hancock St. was open Sept. 17 with Aimin Cui, deputy consul general from the Chinese consulate in New York and Mayor William Phelan in attendance.

Liang described the CUA

(Cont'd On Page 14)

GREG AMARRA, pictured here with Sen. Michael Morrissey, represented Quincy High School on Student Government Day in the State House, during which public and private high schools from all over the state elected student representatives who assumed the role of constitutional officers, court justices and members of the legislature for the day. *Bruce DiLoreto Photo*

■ Should City Accept Souther Tide Mill? - *Page 2* ■ A World War II Reunion - *Page 3*

RICHARD GORMLEY (right), president of the Quincy Business Association, welcomes new members to the Board of Directors. From left are, Bill Bragdon, Stop & Shop Company; Dorothy Foley, South Shore Savings Bank, treasurer; David Murphy, South Suburban Oncology; and Michelle Stenberg, Quincy Youth Hockey Association.

Maralin Manning photo

Block Party Saturday At Union Congregational Church

Union Congregational Church Rawson Road, and Beach Street, Wollaston, will hold its second annual block party Saturday from 10 a.m. to 2 p.m.

The event, which is for the neighborhood and wider community, will include a moon walk, basketball, face painting, book and food tables, hot dogs and pop corn.

Entertainment will be by Mark Bishop Evans, a Christian folk singer.

For more information call the church office at 617-479-6661.

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Offered As A Gift

Should City Accept Souther Tide Mill?

By MIKAELA SLANEY

It seems it's time to look the gift horse in the mouth.

Quincy was recently offered The Souther Tide Mill Property from a non-profit organization, but the gift has some assembly required. The property is considered rundown, and often inhabited by the homeless.

The assessed value for the property, given by the Mayor's Office, is $1,049,400, but restoration and maintenance costs are still unknown.

The question at Monday night's Environmental Committee meeting of the City Council was whether the costs of maintaining the three-acre property would outweigh the benefits of having city-owned waterfront property, that could promote local fishing and protect historic land.

Of the 27 miles of coastline, there is currently little or no public access to the waterfront, and most is used commercially.

The land, currently run by the Souther Tide Mill Historic Association, Inc., is located on the Town River and Town Brook. It includes three structures: the historic Souther Tide Mill which sits along the Town Brook, a smaller building that was used as an office building, and the outside building that was used as a lumber mill.

Ward 1 Councillor Leo Kelly and Dave Murphy, assistant to Mayor William Phelan, provided a video of the area to convince viewers that it was a natural treasure worth the upkeep. Despite the video, a public hearing yielded split results.

Former City Councillor Michael Cheney spoke against the immediate acceptance of the property. He said that although he does want to see the Souther Tide Mill property saved, the city should first research funding sources and costs of upkeep. He estimated $4 million in repairs, and said that a non-profit organization may receive more funding.

"I was hopeful that there would be a plan," he said. "We can't fix the property we have now, yet here we're going to take on a $6 or $7 million property... I haven't seen one dollar come in from a grant."

Ward 4 Councillor Jay Davis disagreed. "If we think some other entity other than the city can do this, then we're fooling ourselves," he said.

Councillor Joseph Finn said that he has received nothing that equates to a business plan, but Kelly insisted that there are several funding sources available.

Cheney said that while he was a City Councillor, a non-profit group "begged the city to take it, but the administration said 'no.'"

Cheney said maintenance of the property would increase the tax burden by $3.4 million, and that residents would not be able to enjoy what they were paying for, as public access would be limited. "We're going to spend all this money for property we can't even go in," he said.

"As time went on... the property fell apart," said Cheney. "Now the building is a complete disaster." He said that homeless people seek shelter in the property, and that the floorboards are worn enough to fall through.

He said the mill is so deteriorated it would have to be torn down, which would defeat the purpose of giving it to the city.

Seven residents spoke in favor of the city taking the property, including the Harbormaster. They cited it's natural beauty and historic significance.

Dan Davis, vice president of the Boston Harbor Lobster's Association, spoke on behalf of lobster men, claiming that they are "just looking for a small part" of the property to use for business.

The meeting is set to continue in November, with additional information on legal liabilities, legal opinion, funding sources and upkeep costs.

"As soon as we vote on this, the city can get going," said Kelly. "The sooner the better."

Free Blood Pressure Clinics At Beechwood Center

Beechwood On The Bay, 440 East Squantum St., is offering free blood pressure screenings for Quincy seniors, Thursdays from 10:30 a.m. to noon, preceding the center's senior luncheon.

Blood pressure checks are also provided on alternate Friday mornings.

The blood pressure clinics, provided by Fallon Ambulance personnel, are free and open to all. no reservations are needed. To register for the Thursday Lunch Program and/or for additional information about Beechwood's senior programs, call Maryann Mahony at 617-471-5712.

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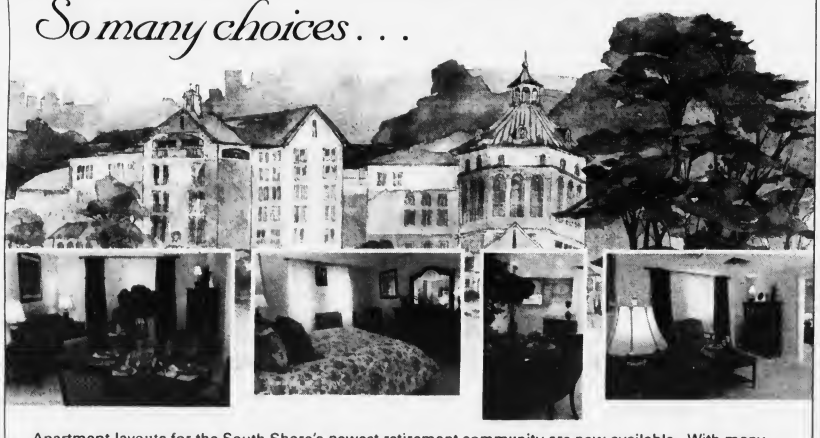

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Safety Issue Raised

Council Concerned Over Paving Of Gas Gate Boxes

By MIKAELA SLANEY

The City Council expressed concerns at Monday's meeting for the safety of Quincy citizens and firefighters, with the continued paving-over of gas electricity gate boxes throughout the city.

Carmen Fields, Media Relations director for Keyspan Energy, Quincy's local gas service provider, later told *The Sun* that gate boxes are mechanisms that allow utility operators to turn gas electricity on and off during construction or emergency situations. She said that the gate boxes can be found in various locations, including sidewalks and streets.

A recent letter from Councillor Joseph Finn, chairman of the Public Works Committee, and Ward 4 Councillor Jay Davis, chairman of the Public Safety Committee, to D.P.W. Commissioner Stephen O'Donnell, reviewed a Massachusetts law. It said that "the appropriate gas company" must ensure that gate boxes are uncovered and accessible when the city paves streets and sidewalks.

The letter said that several resolutions to fix this problem have been "ignored by the 'appropriate gas company.'" Finn and Davis invited O'Donnell and representatives of Keyspan, to appear before the council to address these concerns.

"There is a responsibility there," Ward 3 Councillor Kevin Coughlin told O'Donnell. "Well over 9,000 gate boxes needed renovation."

Finn asked O'Donnell if he felt it is a critical situation if the gate boxes are paved over.

"Absolutely," said O'Donnell, but he insisted "we work very diligently to coordinate with the utility companies."

City Council President Douglas Gutro asked that the council be provided with a list of cases where gate boxes should have been lifted above ground, but weren't. Gutro said that the city has cause for concern over future paving. "My concern is that they're not getting the job done completely," he said. "The track record is not there."

Mayor William Phelan was made aware of the situation, and said in a letter that O'Donnell would follow up with a pre-project program, and that the topic "may be worthy of a City Council Public Works Subcommittee meeting."

Under Finn's recommendation, the City Council is inviting Fire Chief Tim Pettinelli to appear before the Council to represent the Fire Department on this matter.

According to the letter from Davis and Finn, the City Council will be looking into options to enforce the Massachusetts laws that protect gate boxes, and will ensure the Pavement Management Plan designed to address such issues.

The letter said: "The State Attorney General has even suggested penalties against paving contractors who knowingly pave over gate boxes as a possible way to ensure compliance. Surely, we as the city can provide some process as a way to protect our citizens and workers."

Over 60 Years Later

Quincy WWII Veteran Reunites With Soldier Whose Life He Saved

By MARIE D'OLIMPIO

When Phil DiBona, who grew up in Quincy, saved a man's life during World War II, he searched for years to find out where he lived or if indeed he was still alive.

More than 60 years later as DiBona who now lives in Milford, Conn. was attending a DAV meeting there, he looked across the room and saw a man with the same insignia as he, the 45th Division serving in Italy under Gen. George Patton.

He walked across the room and introduced himself and found out through the conversation, that the man, John Simko was the man whose life he saved. And also that Simko had lived only a couple of towns away from Milford.

Both men attended the DAV meetings, but Simko's group merged with DiBona's in Milford and that's why they both were there.

PHIL DiBONA and JOHN SIMKO

While the two men who were in Division 15 were in battle in Mt. Casino, Italy, Simko was shot in the shoulder. DiBona, who was a First Aid Corporal, patched the wound, and while he was doing so, he, was also shot in his arm.

If DiBona hadn't been at the scene at that time, Simko's wound might have been fatal.

For that DiBona received one of his two purple heart.

Both men ultimately ended up in the hospital with casts on.

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Moments in time

THE HISTORY CHANNEL

• On **Sept. 25, 1913,** 24-year-old Charlie Chaplin signs with Keystone, a production company known for its silent comedies. Chaplin will make more than a dozen movies in the next year alone, including "Making a Living," in which he played a mustachioed villain with a monocle.

• On **Sept 29, 1907,** Gene Autry, perhaps the greatest singing cowboy of all time, is born in Tioga, Texas. Autry's lasting fame came from his career as the film industry's favorite singing cowboy. His first movie, "In Old Santa Fe," was eventually followed by nearly 100 films. Autry died in 1998 at the age of 91.

• On **Sept. 27, 1939,** 140,000 Polish troops are taken prisoner by the German invaders as Warsaw surrenders to the superior mechanized forces of Hitler's army. The Poles fought bravely, but were able to hold on for only 26 days.

• On **Oct. 1, 1940,** the Pennsylvania Turnpike, America's first toll superhighway, officially opens for service. The Pennsylvania Turnpike was constructed at great expense, leveling any terrain obstructions that hindered efficient travel.

• On **Sept. 30, 1954,** the USS Nautilus, the world's first nuclear submarine, is commissioned by the U.S. Navy.

• On **Sept. 26, 1982,** the first episode airs of the television show "Knight Rider," starring David Hasselhoff as private eye Michael Knight. However, the real star of the show was "KITT," his talking car. KITT, a modified Pontiac Firebird complete with artificial intelligence and glowing red lights, assisted Michael in his detective work.

• On **Sept. 28, 1991,** legendary jazz trumpeter Miles Davis dies in Santa Monica, Calif., at age 65. The son of a St. Louis dentist, Davis began playing trumpet at age 13 and later moved to New York, where he became roommates with saxophone great Charlie Parker. Davis' hits include the classic album "Round Midnight."

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PLUS MANY MORE CATS and KITTENS NEED HOMES

Sunbeams

By Henry Bosworth

The Speculation Stopped!!

The local political speculation mill closed down quickly when last week's Democratic primary results were in.

Deval Patrick closed the door and locked it.

PATRICK

PHELAN

The speculation centered around Mayor William Phelan.

Phelan had openly endorsed and supported Chris Gabrieli for the Democratic nomination for governor.

GABRIELI

If Gabrieli had won, so the speculation went, and gone on to defeat Republican nominee Lt. Gov. Kerry Healey Nov. 7, it could change the local political landscape.

Would Gabrieli make Phelan an offer he couldn't refuse? Like a judgeship. Or some high state post.

And if Phelan accepted, that would set the stage for a scramble for the mayor's office.

Who would run?

Joe Finn would be a likely candidate. He almost ran two years ago.

Council President Doug Gutro is interested. So are Mike McFarland and Kevin Coughlin. John Keenan hasn't publicly indicated he wants to be mayor. But he would be a strong potential contender.

And, of course, there always is Dan Raymondi who ran unsuccessfully against Frank McCauley in 1981 to succeed Mayor Arthur Tobin who was not a candidate for re-election.

Raymondi reportedly has a full war chest with which to launch a mayoral campaign.

And, if one or two of the councillors at-large did run, that would open up a couple of seats for a couple of ward councillors to shoot for. Which in turn would open up those ward seats to newcomers.

If Raymondi ran, his Ward 2 seat would be up for grabs.

And, so on and on went the pre-primary election speculation.

But Patrick ended all that.

Back to reality.

Phelan looks like he will go for a fourth term. Things are looking up for him and it is doubtful anyone in the city council will challenge him next year. If one were to, it mostly likely would be Finn.

Well, the speculation was interesting – while it lasted.

❑

McDERMOTT

DAVIS

MAHONEY

GABRIELI HAD THE most local political support and lost Quincy by only 94 votes.

But the smiles election night belonged to the local Patrick camp: Norfolk County Register of Probate Pat McDermott and former city councillor; Ward 4 Councillor Jay Davis and School Committee member Anne Mahoney.

And Steve Harold, Paul Harold's cousin, had to be smiling, too. He was with Patrick while the latter was still thinking about running and introducing him around Quincy.

❑

BIGGEST VOTE GETTER here among the unopposed candidates on both the Democratic and Republican ballots was state Treasurer Tim Cahill with 11,418.

CAHILL

Behind him were Congressman William Delahunt (11,118), state Senator Michael Morrissey (11,085), and U.S. Senator Edward Kennedy (10,773).

Top contest vote-getter was Secretary of State William Galvin with 10,893.

Quincy, of course, is Cahill's hometown so a good vote for him isn't surprising.

But he's climbing the state Democratic ladder and someday could reach the governor's office.

Quincy Stop & Shop Stores Raise $67,500 For Jimmy Fund

Quincy Stop & Shop stores raised $67,500 as part of the 2006 Triple Winner Game.

The $67,500 is part of the $4 million raised in Stop & Shop stores across New England to benefit The Jimmy Fund.

Of the total raised by Quincy stores, the store at 65 Newport Ave. raised $47,500 and the store at 495 Southern Artery, $20,000.

The Triple Winner Game is a scratch card promotion in which every ticket is an instant winner, offering prizes of a free product, gift certificate or cash prize up to $10,000. Throughout the summer, store associates distributed the Triple Winner Game tickets for each dollar donated by customers to fight pediatric cancer.

"each year, our associates embrace this great program more and more," said Stop & Shop president and CEO Jose Alvarez. "As pediatric cancer has a face in every tragic case, so, too, does generosity have a face in every person who purchased a Triple Winner ticket. Together we have made a difference."

Dr. Mark Kieran, director of the Stop & Shop Pediatric Brain Tumor Clinic at Dana Farber, commented on what Triple Winner research dollars continue to mean in the fight against childhood cancer:

"Through the Triple Winner Game, Stop & Shop has put themselves on the front line against pediatric cancer, and they're helping us win the battle," he said. "Stop & Shop's support enables us to allow more options to treat patients, improving the chances of recovery and offering their families hope."

The Boston Red Sox partnered with Stop & Shop to help promote the Triple Winner program.

To date, the Triple Winner program has raised more than $38 million to support childhood cancer research and search for a cure.

Alzheimer's Forum On Memory Oct. 19

The Alzheimer's Association and the Council on Aging will present an informal talk on memory loss Thursday, Oct. 19, from 10 a.m. to 12:30 p.m. at the Koch Park and Recreation Complex, One Merrymount Parkway, Quincy.

The program, presented by Jamie Gutner, will provide an overview of Alzheimer's Disease, how to obtain diagnosis, addressing behavior and communication problems.

For reservation, call 617-376-1506.

Central PTO Meeting Tonight

Central Middle School P.T.O. will have their first meeting of this school year tonight, (Thursday), 7 p.m. in the Media Room of the school.

Parents and guardians are invited to attend.

Scenes From Yesterday

THIS IS A postcard view of North Quincy High School sometime between 1931 when the east wing on the right was built and 1936 when the west wing, not shown on the left, was added. The original North Junior High School was the center portion of today's building and was dedicated in February 1927. This school became Quincy's only six-year combined junior and senior high school with its first high school class graduating in 1934. The six-year arrangement lasted until the Atlantic Junior High opened in the 1960s and this became a three-year high school. Once the city adopted the middle school concept this became a four-year high school. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of Tom Galvin

Red Cross Blood Drive At Sons Of Italy Oct. 30

The American Red Cross is having a blood drive at the Sons of Italy, 120 Quarry St., Monday, Oct. 30 from 1-7 p.m.

Donors may still contribute blood even with:

- Diabetes.
- Hypertension (no higher than 180/100 on day of donation).
- Taking most medications.
- Older age (donors 75 years of age and older are subject to extra health-related questions).
- Youth (as long as the person is 17 and weighs 110 pounds or over).
- Travel to a malarial area more than a year ago.
- Apprehension.
- Most cancers (five years after treatment without reoccurrence).
- Multiple sclerosis.
- Lupos.
- Medically treated heart conditions with few restrictions.

For questions about eligibility, call 800-GIVE-LIFE.

Readers Forum

Thank You For Making Farmers' Market A Success

Now that the season is turning to autumn, and the fall crops are still in full array at Quincy Farmers' Market 'til the end of October, I would like to publicly extend a sincere thanks on behalf of the farmers to the city of Quincy, Mayor Phelan's Office, Tom Koch from the Parks Department, and Les Brow, who's crew faithfully sections off an area for the market early Friday mornings. Thank you also to Mr. Kurbit of the city's Sign Department for the beautiful signs.

I would also like to thank all of our City Councillors, particularly Leo Kelly, Ward I Councillor, and Douglas Gutro, City Council President, for their faithful support. I would also thank Quincy Access TV, *The Patriot Ledger* and *Quincy Sun* for media publicity, Quincy 2000 for Farmers' Market inclusion and support, plus Mark Cary of Discover Quincy.

You will meet all these fine folks at the market shopping. You'll find Councillor Kelly at the Farmers' Market Fridays. You can see him listening to his constituents. It shows that the farmers' markets are also a convenient place to meet your City Councillors, not only to do your weekly, locally-grown produce shopping.

I see Councillors Leo Kelly and Doug Gutro at the Conservation Commission hearings, at the beaches and marshes Protection and restoration meetings, with their constituents. And finally, I like Councillor Kelly's booklet *Guide to Quincy Beaches*. It is a good resource, full of useful information. I hope our dedicated City Councillors serve our city for many more terms. Thank you all!

Anneli Johnson
Garfield Street

High Marks For Democratic Gubernatorial Candidates

My best congratulations to Deval Patrick for having won the Democratic Party primary for Governor.

My best congratulations also go to Chris Gabrieli and to Tom Reilly for having given their pledges to support Patrick to victory in November.

If Patrick wins in November, he will remember that Jimmy Carter and George W. Bush won their bids for Governor first before they won the Presidency. And Gabrieli and Reilly will not forget that Richard Nixon lost his bid for Governor of California before he won the Presidency.

The U.S. Senator Barack Obama deserves a special praise for having expressed his support for Deval Patrick before any other U.S. Senator did.

Personally, I graded with A+ all three Massachusetts Democrats, who took part in the Gubernatorial Primary.

Michael Jovanovic
Town Hill Street

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Quincy's Yesterdays

LaRaia, Collins, DeCristofaro Top Primary Winners

This Week
1981
25 Years Ago

By FRANK MCCAULEY

Joseph LaRaia, a veteran politician who has held political office since 1960 and Richard J. Koch, Jr., a newcomer, were the big winners in the Tuesday, Sept. 22nd preliminary city election.

LaRaia, a former mayor, taking another step in his political comeback, topped the ticket in the councillor at large race with 7,044 votes and Koch was not far behind with 6,816 votes.

Others qualifying for the at large race on the November ballot, in the order of their finish, were School Committee member Patricia Toland, Timothy Cahill, incumbent Councillor at large John Quinn and William O'Hare.

School committee incumbents Mary Collins, Joan Picard and John Sullivan were nominated for four-year terms while Ward 2 community activist Ted DeCristofaro was the top vote getter in the race for Ward 2 city councillor. The voter turnout was 27.2 percent.

KEEPING UP WITH THE SOX

As the abbreviated season entered its final days, the Red Sox trailed the Detroit Tigers by 1/2 game in the seven team American League East Division. The Red Sox's second half record was 23 and 16 to Detroit's 24 and 16. The Sox beat the Yankees twice over the weekend by scores of 8 to 5 and 4 to 1. (Ed. Note: the season was interrupted by a 49-day strike.)

QUINCY-ISMS

Six Houghs Neck residents were selected to be honored at the Oct. 19 annual Houghs Neck Community Council Awards Banquet. They are **Patrick Kearney, Fred and Betty Bythrow, Thomas Logan, Viernon Regan and Donald Wray**... O'Connell Gardens Landscape Service and Garden Center of Quincy was advertising "A Truck-Load Sale" (.4 cu.ft) of Peat Moss for $6.99... **David J. Keefe,** general manager of Quincy Cablesystems, Inc., announced that installation of cable television in Quincy is right on schedule. Keef noted that the work is being done in five phases with phase one in Quincy Point, South Quincy sections being completed by December... The *Quincy Sun* celebrated its 13th birthday. **Henry Bosworth,** Quincy Sun Publisher, in an editorial, thanked the Sun's readers and advertisers for their support and encouragement... **Irene James** was installed as president of the Quincy Legion Post Auxiliary. The installation was held at the Post home, Revere Rd. and Mechanic St.... **John and Angelina Zambruno** of Sumner St., Quincy Point, celebrated their 40th wedding anniversary. The couple has four children and five grandchildren... The Book Haven, 1552 Hancock St., Quincy Center, was advertising a book by Stephen King titled "CUJO." The book was offered at the reduced price of $8.50 through Sept. 30. **Mary Clark and Margaret Flynn** of Quincy were program co-chairpersons of the South Shore Simmons Club's Sept. 29 meeting at Emmanuel Episcopal Church in Braintree... **Julie Watts** of North Quincy High School and **Cindy Aiguier** of Quincy High School were recipients of scholarships awarded by the Wollaston Women's Club... Congressman **Brian Donnelly** and City Clerk **John Gillis** were honored at the annual meeting of the South Shore Mental Health Center. The meeting was held at Kemper Insurance, North Quincy. **Mrs. Margery Grenon** of Brackett St., Quincy, was the winner of 300 gallons of heating oil, awarded in a Quincy Business and Professional Association shopping promotion... Four Quincy residents were awarded B.S. degrees in Engineering Technology at Wentworth Institute at recent commencement ceremonies. They included **Alexander Styles,** Lawn Ave.; **Joseph Taylor,** Albion Rd.; **Kenneth F. Johnson,** Sycamore Rd.; and **Brian W. Hickey,** Huckins Ave... The Quincy Cooperative Bank, Hancock St., Quincy Center, announced that on Oct. 1, 1981, "All Savers Day," the bank will begin offering "All Savers Certificates." The interest rate on the one-year certificate is 70 percent of the yield of a one-year U.S. Treasury Bill Opening rate 12.61 percent... Airman **Thor D. Hellested,** son of Barbara Fowkes, Webster St., North Quincy, has been assigned to Sheppard Air Force Base, Texas, after completing Air Force basic training... **Catherine Restuccia,** owner of the Granite City Ice Cream Co., died at the age of 98... The year 5742 will be commemorated by Quincy's three Jewish synagogues during the next two weeks. The services will be held at Temple Beth Israel, Temple Beth El and Congregation Adas Shalom... The Quincy High School football Presidents lost their opening game 6 to 2 to Cambridge Rindge and Latin. The loss came two days after losing starting quarterback **Sean Martin** who suffered a knee injury... The Koch Club Men's Bowling League opened its 32nd season. Top bowlers were **Mike Shields,** 345, **Jim Moody,** 344, **Jim Broadbent, Jr.,** 344 and **Roger Galante,** 331... **Pat Ridlen,** director of the Houghs Neck Community Center, was offering aerobic dance exercise classes starting Oct. 5... Councillor **John J. Quinn's** daughter, **Andrea Santoro,** cast a vote for her father on primary day at 8 a.m. and then went to Quincy City Hospital where she delivered a baby boy at 12:45 p.m. The new baby was Councillor Quinn's sixth grandchild. Proud father is **Charles Santoro**... Cerebral Palsy of the South Shore, Inc. was scheduled to hold its annual meeting Sept. 30 at the Center, 105 Adams St. The main item on the agenda was the election of officers and directors. Officers serving for the past year were **William J. Trifone,** president, **Sabina Kavahagh,** first vice president and **James R. McIntyre,** second vice president... The installation of officers of the Granite City Grange of Quincy was scheduled for Monday, Sept. 28. **Kenneth B. Skinner** of the Mass. State Grange will be the installing officer.

Arts & Entertainment

QUINCY ART ASSOCIATION has received a $500 grant from South Coastal Bank's community giving program. From left to right are Anet Paglierani, president, Quincy Art Association; Kristen Keohane, program manager, Quincy Park Department; Thomas Koch, executive director, Quincy Park Department; and Tony Drew, assistant branch manager, South Coastal Bank.

South Coastal Bank Awards $500 Grant To Quincy Art Association

South Coastal Bank announces Quincy Art Association has been awarded a $500 grant from its South Coastal Bank C.A.R.E.S. community giving program.

South Coastal Bank specifically designed C.A.R.E.S. to help local not-for-profit groups promote and encourage a sense of Community, Achievement, Responsibility and Excellence in children through exposure to the arts.

Quincy Art Association is dedicated to fostering and cultivating the visual arts through art education programs for children and adults as well as year-round special events and exhibitions.

The organization is using C.A.R.E.S. monies to fund children's art workshops during Quincy ArtsFest, a week-end-long art show featuring artwork and photography by children and adults from all over Massachusetts

For more information on South Coastal Bank C.A.R.E.S. or to download an application, visit South Coastal Bank's Web site, www.southcoastalbank.com, or contact community liaison Susan Lincoln at 781-681-7206.

Salem Seeking Volunteers For Haunted Ship Shows

It's Haunted Ship time again and the USS Salem needs help in entertaining and scaring its visitors in the days leading up to Halloween.

The pride of the US Naval Shipbuilding Museum is seeking volunteers to design, construct, write the script and even act in the event that begins Friday, Oct. 13, and continues weekends through Halloween.

This year, the non-profit organization has enhanced its annual production by adding guided ghost tours and a seance. The Haunted Ship is the Salem's biggest fundraiser.

A volunteer meeting onboard the retired heavy cruiser, docked at 739 Washington St. at the former Fore River Shipyard was scheduled for last night (Wednesday) at 7:30 p.m.

For more information, or to volunteer, call Margaret Laforest at 617-224-2974 or visit **www.hauntedship.com**.

African-American Songteller Concert At Library Oct. 15

The Thomas Crane Library invites participants to "travel the world at your library" this year with new monthly series of cultural performances for all ages, Sundays from 3-4 p.m. at the library, 40 Washington St.

The series will feature music, dance, and stories from a variety of cultural traditions.

Oct. 15, "songteller" Janice Allen will take listeners on a rhythmic journey from the Georgia Sea Islands to the African continent, with a range of African and African-American percussion instruments and vocals. She combines a blend of African-American spirituals, gospel and Broadway musicals. Allen encourages audiences to dance and sing traditional African-American children's circle games.

JANICE ALLEN

Allen has toured nationally and made frequent concert appearances in Africa and Japan. She conducted the Boston children's choir that was featured at the Nelson Mandela Celebration at Boston Esplanade Hatch Pavilion before a live audience of over 200,000 people and a nationally televised audience. She is the winner of the 1989 Boston Parents' Paper Children's Entertainer of the Year award, and has performed lead roles in "Black Nativity," "Revels," and the Wheelock Family Theater musical "Sound of Music."

Other upcoming concerts at the library include South Indian music and dance, "Takademi," Nov. 19, and the "Chesara Trio," which features music from different lands for all ages Dec. 17.

All performances are sponsored by the Friends of the Thomas Crane Public Library. For more information call the library at 617-376-1301, or visit www.thomascranelibrary.com.

October Movies Scheduled At Library

The Thomas Crane Public Library will feature two free Japanese screenings this month at the library, 40 Washington St.

The first film, a Japanese anime series *"Trigun"* will be Thursday, Oct. 12 at 7 p.m. "Trigun" takes place in the distant future on a deserted planet. Vash the Stampede is a gunfighter with a legend so ruthless that he has a $60 billion bounty on his head. Entire towns evacuate at the rumor of his arrival. However, the real Vash the Stampede is not the same man that rumor portrays him to be. The enigmatic and conflicted lead character in "Trigun" is actually more heroic in nature, as well as a complete and utter idiot at times. This program is intended for adults and teens aged 13 and older and is not suitable for younger audiences.

The library will also present the recently released Japanese film *"Who's Camus Anyway,"* Thursday, Oct. 19 at 7 p.m. At a university in Tokyo, film students are working on a disturbing class project: a movie about a murderous student. The director, his assistant, and other members of the class have personal problems with life and love, and the story unfolds "just like in the movies." Directed by Mitsuo Yanagimachi, "Who's Camus Anyway" won a Best Picture award at the Tokyo International Film Festival. Although this film is not rated, it is not recommended for ages under 17 without parental permission.

For more information, call 617-376-1301, or visit www.thomascranelibrary.org.

College Fair At QHS Oct. 10

The Guidance Departments of Quincy and North Quincy High Schools will hold a college fair Tuesday, Oct. 10, from 6 to 8 p.m. at the Munroe MacLean Gym at QHS, 52 Coddington St.

More than 100 colleges and post high school institutions as well as all branches of the military are expected to send representatives.

All juniors and seniors and their parents are welcome.

A Cappella Choir In Concert Oct. 15 At Eastern Nazarene College

The A Cappella Choir from Eastern Nazarene College will perform a benefit concert Sunday, Oct. 15, at 6 p.m. at the Salvation Army, 6 Baxter St., Quincy.

The free will offering will benefit the Sallies' missionary efforts.

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SOCIAL

QHS, Vo-Tech 1986 Class Reunion Nov. 24

The Quincy High School and Vocational Technical School Class of 1986 with hold its 20th year reunion Friday, Nov. 24, from 7 p.m. to 12 midnight at the Elks Hall/Tirrell Room, 254 Quarry St.

The cost is $60 per person if paid by Oct. 15 or $65 if paid by Nov. 10. It includes hors d'oeuvres, salad, pasta, carving stations, dessert and coffee as well as a cash bar.

Reservations must be made by Nov. 15. Mail checks to QHS/QVTS Class of 1986, c/o Karan M. Little, 40 Milford Drive, Pembroke, MA 02359.

Invitations have been mailed but classmate contact information is still being sought.

Forward any information to Karan M. (Chadbourne) Little at 781-829-5087 or visit **relianceair@aol.com** or Chariann (Murphy) O'Connor at **cheri.oconnor@comcast.net.**

College Information Night North Quincy High Oct. 5

North Quincy High School seniors and their families have been invited to attend a college information assembly Thursday, Oct. 5, at 8 p.m. in the high school auditorium.

Topics to be discussed include graduation requirements, career and college search, the college application process, SAT requirement and letters of recommendation.

A question and answer session with guidance counselors will follow the main presentation.

HN Garden Club To Meet Oct. 4

The Houghs Neck Garden Club will meet Wednesday, Oct. 4, at 7 p.m. in the Houghs Neck Community Center, 1193 Sea St. Guests are welcome.

Members are asked to take pictures of their gardens and arrange them on poster boards so they can be hung at the Community Center ands other events during the year.

Scott Flaherty Studying In Australia

Scott M. Flaherty, son of Ruth and Brian Flaherty of Granger Street, Quincy, is studying abroad at Arcadia University in Australia for the fall 2006 semester.

A graduate of Quincy High School, he is a junior studying government and mathematics at Hamilton College in Clinton, N.Y.

Mr., Mrs. Thomas Cunniff Parents Of Son

Thomas and Patrice Cunniff of Quincy are parents of Stephen James, born June 15 at Brigham and Women's Hospital.

Grandparents are James and Anne Clary and Barbara Cunniff. all of Quincy. He is the grandson of the late Joseph Cunniff.

MR. and MRS. JOSEPH HART

Mr., Mrs. Joseph Hart Celebrate 50th Anniversary

Joseph and Nancy Hart, of Moultonboro, NH, formerly of Quincy, recently celebrated their 50th wedding anniversary with a family dinner.

The couple, married June 23, 1956 at the Scotch Presbyterian Church of Boston, lived in Quincy for 60 years before moving to Moultonboro nine years ago.

The dinner was hosted by their four children, Roy Hart of Forrestdale MA, Bradford Hart of Plymouth, Melissa Torressen of Moultonboro, NH, and Lesley Daigneau of Moultonboro, NH. The event was held at the home of Gary and Melissa Torressen.

Also present were son-in-law Andy Daigneau of Moultonboro, NH, and five grandchildren, Alysha and Andrew Torressen of Moultonboro, NH, Christian Hart of Plymouth and Hanover, and Abbey and Sam Hart of Forrestdale.

Following the anniversary celebration, Mr. and Mrs. Hart plan to travel on a vacation trip.

Red Hat Event Oct. 11 At Koch Complex

The annual Red Hat Event will be Oct. 11 from 1:30-3:30p.m. at Koch Park & Recreation Complex 1 Merrymount Parkway.

Suzanne Davis of the River Bay Club will host the event for the Red Hat Ladies of Quincy. All are invited to enjoy the event, and learn how to become a red hatter. There will be prizes and refreshments.

To reserve a seat, call the Quincy Council on Aging at 617-376-1506.

Colleagues To Hold Benefit For Jamie Cochrane's Wife

Friends and colleagues of Jamie Cochrane will pay tribute to the late Quincy motorcycle officer at a benefit for his wife Friday, Oct. 27, at 7 p.m. in IBEW Local 103 Hall, 256 Freeport St., Dorchester.

Cochrane, an eight-year veteran of the Quincy force and a member of the Special Operations Unit, died Sept. 10 from injuries sustained the previous day when his motorcycle was struck by a car on Southern Artery.

Tickets to the benefit are $25 and donations of items to the live/silent auctions may be made to the Friends of Maria Cochrane, PO Box 690268, Quincy 02269-0268. For more information, contact 617-745-5756.

QHS, Vo-Tech 1971 Class Reunion Nov. 25

The Quincy High School/ Voc-Tech Class of 1971 will hold its 35th year reunion Saturday, Nov. 25, at 7 p.m. in the Elks Hall/Tirrell Room, 254 Quarry St.

Tickets are $50 each and include dinner and a live band. Make checks payable to Quincy High Class of 1971 and mail to Jean Petitti, 296 Willard St., Quincy 02169.

For more information, contact Jean Petitti at 617-773-5848, DeeDee (DiBona) Speranzo at 617-471-1649 or Gloria (Volpini) Rugg at 781-340-5258.

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MAYOR WILLIAM PHELAN with Nancy Santry, whose "Constitution Common, June" won the Best Quincy Photograph prize and J.Marshall Dyke, who took Best Quincy Painting honors with his "Marina Bay" at the recent Quincy ArtsFest.

WARNA GRAY (left) of Merrymount and Rev. Martha Swanson, Union Congregational Church, view the paintings at the recent 9th annual Quincy ArtsFest.

Quincy Sun Photos/Robert Noble

Over 5,000 Attend 9th Annual Quincy ArtsFest

More than 5,000 attended the recent weekend 9th annual Quincy ArtsFest which featured over 500 works of art and photography.

The event included a juried art show, juried photography show, young artists show, live entertainment, art demonstrations, children's activity, a food court and other activities.

"From art enthusiasts to young families there truly is something for everybody at this event," said Mayor William Phelan. "The city is proud to continue to provide first-class events that appeal to a wide range of interests."

The ArtsFest was sponsored by the city of Quincy, Quincy Art Association, Quincy Park & Recreation Departments, and Quincy Access Television, sole corporate sponsor of the event for the third consecutive year.

Anet Paglierani, president of the Quincy Art Association expressed her pleasure with the overall success of the event.

"Each year we are amazed by the talent exhibited by the artists in the show. This year was our biggest display yet and the level of talent grew with it."

Paglierani said that the Art Association is already planning for next year's show.

TOM KOCH, executive director of the Quincy Park Department, Kristen Keohane of the Park Department and Barry Welch, Recreation Department director, had a lot to smile about at the successful Quincy ArtsFest.

More than 500 works of art and photography were on display throughout the weekend.

Virginia Wilson's "Harmonica Man" captured the "Best of Show" in the juried art show while "Working Late" by Lance Keimig took "Best of Show" honors in the juried photography show. In the young artists' exhibit, Faith Zeng's "Woman Sitting on a Bed" was awarded "Best of Show."

In addition, two awards acknowledged a painting and photograph with a focus on Quincy's landscape. The winners were Marshall Dyke's "Marina Bay" winning "best Quincy Painting, and Nancy Santry's "Constitution Common" winning "Best Quincy Photography.

Tom Koch, executive director of the Quincy Park Department, thanked the event sponsors and volunteers:

"The success of the show is a result of the dedicated efforts of the volunteers from the Quincy Art Association as well as the contributions from the local business community, particularly Quincy Access Television, who see the importance of the continuity this worthwhile event."

For more information on Quincy ArtsFest or related Quincy Art Association programs, call the association at 617-770-2482.

BRENDAN HANSBURY, 7, and Kristina Nardone, 7, had fun painting ceramics.

AUDIENCE RELAXES ON the lawn at the Richard J. Koch Park and Complex while listening to the entertainment at the Quincy ArtsFest.

TOM KOCH, executive director of the Quincy Park Department, received a special award from Nancy Santry on behalf of the Quincy ArtsFest, "in recognition for his artistic talent in beautifying the city of Quincy with flowers."

EVENT COORIDNATORS INCLUDED from left, Nancy Santry, Anet Paglierani, president of the Quincy Art Association; Marion Fitzsimmons and Julianne Molly Bithoney.

Students' Scarves Add Extra To QMC Cancer Walk

Those who chipped in for an "Image of Honor and Memory" container at this year's Quincy Medical Center Cancer Walk got a little something extra.

It was a cancer awareness scarf, designed and fashioned by students in Maryrose Mirick's Clothing 2 and Clothing Major classes at the Center for Technical Education.

"Images of Honor and Memory" is a collection of pink, blue and white sand-filled containers inscribed in honor and memory of a cancer patient displayed at Pageant Field, Merrymount.

A white container is "In honor of" a cancer survivor and a pink (for women) or blue (for men) container is "In memory of" a person who died of cancer.

This year, persons who donated $5 for a container also received one of the 300 pink scarves turned out by Mrs. Mirick's students.

Supplies were made possible by a grant from the Quincy Public Schools Community Service Support Grant funds and Joanne's Fabric of Hanover scoured nine of its chain stores for enough material.

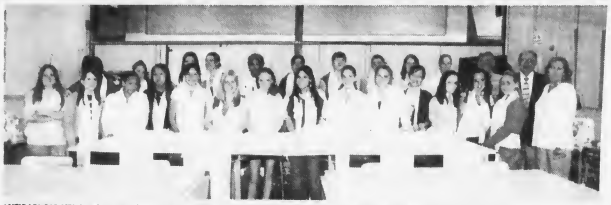
Before she became a teacher, Mrs. Mirick was a member of the original QMC Cancer Walk, the Marie Curry Walk, as a director of the QMC Foundation.

Students who designed the finished scarves included:

Clothing 2, Period One - Elizabeth Bock, Nicole Bresnahan, Kayla Duggan, Jessica Giordani, Loren Golubio-Campbell, Leanne Hall, Briana Kiley, Kathleen McDowell, Amy Meloski, Shaneia Nelson, Kimberly Papile, Brittany Parker, Shannon Rice, Samantha Rodrigues, Janine Shappe, Rubina Zubcevic.

Clothing 2, Period 56 - Kathryn Carella, Christina Do, Shannon Hirl, Gabrielle Janes, Shannon Lally, Aline Martins, Stephanie Nye, Kaila Roach, Michelle Roman.

Clothing Major, Period 11 - Tiardra Alexandra, Si Yun Rain Deng, Ashley Fooks, Manta McKinnon, Danielle Millan, Cherylanne Quigley, Samantha Reynolds, Lisa Tammaro.



STUDENTS who designed and fashioned 300 cancer awareness scarves for the Quincy Medical Center Cancer Walk stand behind their handiwork. That's Christopher Mosher, vice president for development at QMC; Bob Curry, chairman of the QMC Board of Trustees; and teacher Maryrose Mirick at the right. *Quincy Sun photo/Noreen O'Shea*

DEP Violations Cost Testa $75,000 In Yard Collapse

Testa Corporation has been fined $75,000 by the state for "numerous violations" found during inspections that followed the deaths of two workers in a craneway collapse at the former Fore River Shipyard in January, 2005.

The State Department of Environmental Protection (MassDEP) said Testa failed to file the required demolition notification with MassDEP before demolishing the craneway which collapsed on top of a turret building.

MassDEP also found that during the cleanup of debris from the collapse, the asbestos removal and cleanup was not done safely, asbestos was detected in the debris, water was not used and trick tracks were found in the asbestos debris.

Despite the fact that Testa is not a licensed asbestos abatement contractor, said MassDEP, its workers removed asbestos without notifying MassDEP and without using measures to control the release of asbestos fibers.

"Asbestos is a known carcinogen," said Richard Chalpin, director of MassDEP's Northeast Regional Office in Wilmington. "MassDEP will take swift and aggressive action against any one who fails to properly manage asbestos waste."

MassDEP issued unilateral orders to both Testa and March Fourth, owner of the site, to take corrective action. Testa then completed the remainder of the cleanup to MassDEP's satisfaction in May, 2006.

Writing Workshop To Resume Oct. 4

The Between the Lines writing workshop for senior citizens will resume Wednesday, Oct. 4, and continue through five Wednesdays until Nov. 1 at the River Bay Club, 99 Brackett St., Quincy.

Cost of the five sessions, which will meet from 1 to 3 p.m., is $55. Advance registration is required. Call the Council on Aging at 617-376-1506 for information and directions.

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THE 73RD ANNIVERSARY of the Civilian Conservation Corps was observed recently at a State House luncheon, with eight former members of the depression-era public works group present. They were Francis Derwin of Quincy, northeast regional director of the National Association of CCC Alumni; Philip Gouzie of South Portland, Maine, first vice president; Ed DeSantis of Canton, Frank Evens of Marlboro, Donal Ball and Al Sarcione of Westfield, Hubert D'Ambrosio of Feeding Hills and Americo Cruz of Chicopee. They are pictured here with Sen. Michael Morrissey.

Photography Exhibit At Main Library

Photographer George S. Watson of Milton will exhibit his photographs from Oct. 1-31 in the Coletti Reading Room at the Thomas Crane Public Library, 40 Washington St.

A public reception will be Sunday, Oct. 8 from 1:30-4:30 p.m.

"60+ Years of Photography" showcases work from the time Watson first used a camera in 1938 to digital images he has recently created in Photoshop. The exhibit will show how the reverse-color process and Color Key film was used to manipulate images before the advent of the personal computer and digital photography. Works on display will include both color and black and white pictorial, panoramic, and portrait photographs.

Watson joined the Photographic Society of America (PSA) and the Boston and South Shore Camera Clubs in 1965. He has exhibited in PSA-sponsored salons in the U.S. and 29 foreign countries, achieving PSA star ratings in nature and photo-travel slides and color print divisions and Galaxy rating in color slides. In 1967, Watson was among the top 25 exhibitors of color slides in the world.

Historical Societey To Lead Tour Of Berkshire Foliage

The Quincy Historical Society will conduct a foliage trip of the Berkshires Wednesday, Oct. 4, including a visit to the Museum of the Gilded Age in Lenox and the summer home of the sculptor Daniel Chester French in Stockbridge.

The bus will leave the QHS headquarters in the Adams Academy building, 8 Adams St., Quincy, at 7:30 a.m. and return about 6:30 p.m. Registration is $70 for Society member and $77 for non-members.

The Museum of the Gilded Age is a magnificent late 19th century mansion built for the sister of the financier J. P. Morgan. It was a featured prominently in the movie "The Cider House Rules."

Chesterwood was the summer home and studio of French, who created both the Concord Minuteman and the statue for the Lincoln Memorial. Many of his original master models are on exhibit in Chesterwood.

Lunch for the tourists will be at Jack's Grill in Housatonic, serving traditional New England cuisine including homemade soup, choice of pot roast with pan gravy or chicken pot pie, season fruit crisp and coffee or tea.

Ward 4 Community Center Receives $2,500

The City Council Monday night unanimously approved a $2,500 appropriation, transferred from the Ward 4 Mitigation Fund to the Ward 4 Community Center, West Quincy Teen Program.

Ward 4 Councillor Jay Davis said that youths in his ward, ages 13 through 15, participated in a summer basketball league, and job training programs through the center.

Davis said that Mayor William Phelan has supported the center, and requested financial support to continue the programs.

License Board Briefs

The License Board took the following action at Tuesday's meeting.

•Granted a request of 94 Greenleaf Place, the LLC Joseph Burton, manager for transfer of the 10 room Lodging House presently held by The Greenleaf Inn, 94 Greenleaf St.

•Allowed a change of managers at Pizza Hut, 627 Washington St. from Michelle Mirabile to Kent G. Lavalla.

•Granted a common victualer license to Bruce Maggio, doing business as Slapshot Snack Bar, 60 Murphy Memorial Drive, (Quincy Youth Arena.)

•Granted a common victualer license to Barro's Deli & Grocery, Inc. for the premises at 15 School St. Baye M. Barro is the manager. (it was formerly a hair salon.)

•Continued until Oct. 17 a request from Saturn Auto Body, Inc. Francis Devine, manager for transfer of the garage/repair license held by Devco, Inc. 252 Water St. Atty. Louis Cassis is counsel.

•Granted a change of managers at the Quincy Lodge, Sons of Italy, 120 Quarry St. from Louis Arienti to Daniel Grant.

•Heard complaints about Krueger's Exxon, 665 Quincy Shore Drive pertaining to the selling of mini bikes. Chairman Joseph Shea told owner Lee Krueger that if he decides to sell them next year, he will require a license.

•Continued until Oct. 17 a report on a 'sting' report on Krabby Joe's, 307 Victory Rd. by Lt. Peter Turowski, liquor agent.

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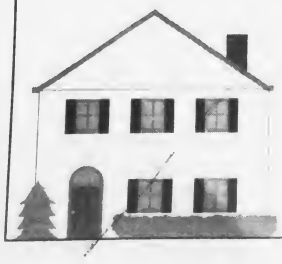

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Former Quincy Man Wins 'Green Chemistry' Award

A former Quincy man, widely known as the "father of Green Chemistry," has been selected to receive the 12th annual Heinz Award for the Environment, which carries with it a quarter of a million dollars in prize money.

Dr. Paul Anastas, 44, who acquired his basic scientific knowledge at North Quincy High School, Class of 1980, but now lives in Alexandria, Va., will receive the award at a private ceremony in Pittsburgh Oct. 24.

"Dr. Anastas and his green chemistry movement are addressing a question of global proportion one molecule at a time," said Teresa Heinz, chairman of the Heinz Family Foundation.

"He has not only pioneered a new process for decreasing, even preventing manufacturing waste, but his groundbreaking work has created an economic stimulus within industry that will help propel this approach far into the future.

"Over the past decade, he has already made significant contributions toward improving the health of our planet, and his legacy will be a cleaner, greener and smarter world."

Anastas contribution was to redesign benign chemical processes and products at the molecular level, thereby eliminating potential wastes before they are ever produced.

The changes brought about increased efficiency in processes, reduced costs associated with waste handling, disposal litigation and regulatory control, increased worker safety and decrease environmental pollution.

Thus began the "green chemistry" movement.

Dr. Anastas convinced the Clinton Administration to sponsor the Presidential Green Chemistry Challenge Award that inspired hundreds of companies to embrace his "Twelve Principles of Green Chemistry."

Since 1996, the award has recognized technologies that have eliminated 460 million pounds of hazardous chemicals and solvent, saved 440 million gallons of water and eliminated more than 170 million pounds of carbon dioxide.

CAR WINNER - Peggy Mui and her husband, Sze Mui (far left) pick up their new Scion XA which they won in the Quincy August Moon Festival's prize drawing Aug. 20. The festival is organized by Quincy Asian Resources. With the lucky winners are (third from left) Robert Boch of Expressway Toyota/Scion, a festival sponsor; Lorraine Tse Sunshine Travel/Mohegan Sun, festival sponsor; Dr. Wan Wu of Kam Man Foods, festival drawing sponsor; John Brothers, executive director of Quincy Asian Resources; Richard Hung, president of Quincy Asian Resources; and Frank Poon, August Moon Festival chairman.

Special Education Group Meets Every Second Tuesday

The Quincy Parent Advisory Council (QPAC) to Special Education will meet every second Tuesday of the month from 7 to 9 p.m. at Broad Meadows Middle School, 50 Calvin Rd., Quincy.

The next meeting is scheduled for Oct. 10 during which a volunteer will be available from 6:30 to 7 p.m. to address any specific question or concern a parent/guardian may have.

The Quincy School Committee's Subcommittee for Special Education will hold quarterly meetings in conjunction with QPAC to Special Education general meetings.

The meetings will offer a forum for parents/guardians, staff and administration to meet with School Committee members to address special education issues.

The next such meeting will be held Tuesday, Oct. 17, from 7 to 9 p.m. in the Parker Suite of the Administrative Annex.

Senior Scrabble Every Monday

Elderly devotees of the game "Scrabble" meet every Monday from 12 to 3:30 p.m. at the Dawes House on Quincy Shore Drive at the corner of Channing Street.

Beginners are welcome.

For more information, call 617-376-1506.

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THE RIVER BAY Club, 99 Brackett St., received state and city congratulations at its recent 15th anniversary celebration. Here Gerri Dussault, executive director, receives a State House citation from Rep. Bruce Ayers and Senator Michael Morrissey. With them is Ward 1 City Councillor Leo Kelly.

Neighbor's Complaints Against Tap Placed On Hold

By MARIE D'OLIMPIO

The License Board Tuesday placed on its calendar complaints against Callahan's Tap, 296 Copeland St. when three neighbors refused to have any communication with owner Ed McNulty.

One neighbor Mrs. Henrietta Volpe who lives on the corner of Copeland and Furnace Ave. directly across the street from the tap said she would never have any dialogue with McNulty. She has been there for more than 50 years and has had many complaints against McNulty, she said. with no avail.

She said delivery trucks park right on the sidewalk, while patrons smoke outside with loud talking and disturbing the peace.

Volpe showed pictures of proof of several trucks during the past month.

One time she said, a truck knocked over a potted plant on her sidewalk.

Other neighbors, Mr. and Mrs. Craig Pitts spoke of patrons urinating around the Tap and doors open all day long so that the noise is louder than usual. He said many who are smoking outside are also talking on cell phones. They also called McNulty "uncooperative" when they complained to him.

Mr. Pitts said the problem of the parking is a "safety issue" because if a fire truck had to get by, it would be impossible.

When Mr. Pitts suggested that the Tap move to another location, Board Chairman Joseph Shea called it "wishful thinking" saying Callahans' had been there for more than 60 years.

Atty. Paul Hajjar said McNulty has already posted signs inside the Tap telling patrons not to park on the street as well as keeping the back door closed after 7 p.m. Also that all smoking be done in front of the building.

McNulty said delivery trucks come only once a week on a Thursday and stay about 20 minutes. The board advised McNulty to make sure the trucks do not deliver beer and wine before 7 a.m. and that they park on Copeland St. rather than Furnace Ave.

Ward Councillor Jay Davis speaking on behalf of his constituents said McNulty had addressed the problem of the delivery trucks, the parking and the noise and had promised to fix all three.

Jay Duca, director of inspectional services made the original motion to keep the issue on the calendar to be continued until January when the neighbors could return if they have any complaints.

Fire Chief Timothy Pettinelli suggested that Davis hold a neighborhood meeting in January.

Capt. Anthony DiBona who was sitting in for Police Chief Robert Crowley suggested they involve the community police officer with any further complaints.

Norfolk County Agricultural High School Open House Oct. 1

Norfolk County Agricultural High School will host an Open House Sunday, Oct. 1 from 1 to 4 p.m. on the school's grounds at 400 Main St., Walpole (one mile north of the intersection of Routes 1A and 27).

There is no rain date.

An old fashioned country hayride across the campus is one of the activities being planned for visitors.

The following demonstrations will be given by teachers, students, and alumni:

Equestrian Drill Team Performance, Dog Grooming, Dog Obedience and Agility Demonstration, Small Animal and Reptile Display, Flower Designing, Computer Landscape Design and Constructed Landscape Gardens, Arborist Equipment Display, CNC Router demonstration, and Diesel Mechanical and Heavy Equipment Operation Displays.

NCAHS is a fully accredited four-year public high school.

Residents of the 28 municipalities of Norfolk County pay no tuition. Out-of-county residents are assessed a tuition fee which is usually paid by the student's home school district.

Bus transportation is provided.

A unique blend of academics and agricultural/vocational training is offered at NCAHS, preparing students for a career or for further study. Many students continue their education at the collegiate or other post secondary level after graduation.

The open house provides an opportunity for families of 6th, 7th, 8th and 9th grade students, as well as current high school students considering a change in schools to find out first hand about the school's programs. The public is invited to all to inspect the campus and tour the facilities.

Health Fair At St. Agatha Oct. 7

St. Agatha Parish Nurse Program and Neponset Health Center will sponsor the Healthy Opportunities Health Fair Oct. 7 from 10 a.m. to 2 p.m. at the parish center, Adams Street, Milton.

A variety of health and safety information including health screenings, such as blood pressure, cholesterol, glucose, body mass index and skin cancer will be available free for area residents at the fair.

Representatives from local and Boston hospitals and fitness centers, will be on hand to answer questions and distribute information about any child, adolescent, adult and senior health topics, including: healthy eating, cancer prevention, medication safety, stress management and much more. Physicians, nurses, home care specialists and complementary medicine companies will be on hand. This event is multigenerational with something of interest for every age.

The goal of the health fair is to help parishioners and surrounding area residents become aware of the community resources available for staying healthy and for caring for loved ones.

The health fair is free of charge and open to the public. For more information call the Parish Nurse Office at 617-698-2439, ext. 121.

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Phelan, Morrissey Thank Comcast For $25,000 Grant

By MIKAELA SLANEY

State Senator Michael Morrissey and Mayor William Phelan thanked Comcast at a press conference Sept. 20 for a $25,000 grant which will help assimilate the Asian American population in Quincy.

The grant will expand the literacy and employment program of Quincy Asian Resources Inc. (QARI). The program, *English for Speakers of Other Languages* (ESOL), teaches English skills to help the Asian population stay competitive in the job market. The grant is expected to boost enrollment from 100 to 240.

"Our world can be daunting enough without language barriers," said Phelan.

Richard Hung, president of the QARI board said the grant would "significantly increase the scale of the ESOL program," bringing a "higher level of service" for participants.

"When we grew up, the community was very different than it is today," said Morrissey. He said that there was only one Asian student in his graduating high school class. QARI statistics say that Asians now make up 27 percent of students in the Quincy school system.

"We try to give each client the resources, the means to go out into the world and survive and succeed," said Christina Liu, who works with QARI.

"To try to give people those skills... it really goes a long way," said Morrissey. "It really makes a difference in the lives of all the people in the city."

"We are very proud that we are able to make a $25,000 donation to such a worthy cause," said Tom Coughlin, Vice President of Comcast's Southeastern Massachusetts Region.

Also present at the event were John Brothers, executive director of QARI, and Charry Ma, a participant who has achieved success with the program.

Sovereign Bank is also a sponsor.

Fall session ESOL classes are underway. Basic, beginner, advanced beginner and intermediate classes take place at various locations throughout the city. The 16 week programs are $90, with a $25 book fee.

For more information or to register for these classes, call QARI at 617-472-2200.

Vision Deprived Meet To Learn New Skills

Seniors and others with limited vision meet twice a week Tuesdays and Fridays at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., to learn new skills from each other.

For more information, call the Council on Aging at 617-376-1506.

Adams Presidential Wreath To Be Laid At Church Oct. 30

The annual presidential wreath will be laid on the tomb of John Adams in United First Parish Church, Monday, Oct. 30, commemorating the 271st birthday of the second president of the United States.

The service to be held at 12 noon in what has come to be known as the Church of the Presidents will feature guest speakers who will reflect on the life and times of Adams, who was born Oct. 30, 1735.

The program also will feature the music of the Navy Brass Ensemble from Newport, R.I.

The service will conclude with the official presentation of the White House wreath, which will be laid on John Adams tomb in the church crypt, where his son, John Quincy Adams, and their wives also are buried.

Adams served as president from 1797-1801 and vice president under George Washington from 1789-1797 and lived to see his son, John Quincy, become the sixth president of the United States.

He died at his home in Quincy July 4, 1826, the 50th anniversary of the Declaration of Independence.

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Chinese Flag Still Stirs Emotions

(Cont'd From Page 1)

as a civic organization of Asian businessmen, much like the Sons of Italy, who wish to establish programs for Chinese people in Quincy.

"We're more civic than QARI (Quincy Asian Resource, Inc.)," he said. "We want to start a dialogue with other organizations in Quincy."

The flag and an accompanying sign that identifies the group in Chinese and English lettering are both gone now but Building Inspector Jay Duca said he expects the CUA will file for a permit to replace them.

"They were taken down because they were illegal," he said. "I expect them to make a new application for the sign. They're entitled to it. No permits are given for national flags."

"Flags can be used to introduce a new product or service but they can be flown for only 60 days."

Signs, he said, can only cover 50 square feet on each side of the building.

The offending banner, red with one large and four small yellow stars, may have started out as a symbol of Communist China but it was since become a national flag.

"It's the same as our flag," said Liang. "The stars and stripes represent the states and the colonies."

"The big star is for the president of China and the small represent the farmers, the students, the soldiers and the teachers."

The pre-1949 Chinese flag, red with a blue square and white sunburst, is now the flag of Taiwan.

Liang said CUA plans to file for a permit to have a sign but it is being designed by a new company which will handle the permitting process.

Meanwhile, Henry Bradley, the city's veterans' services director, said he has heard a lot of complaints about the flag from both veterans and Asians.

"The Asians left the country to get out from under their rulers," he said. "They don't appreciate being followed to their new home.

"The veterans feel very strong about it. The feeling is strongest among Vietnam and Korean War veterans who had to deal with those people."

Councillor John Keenan said he has received a dozen or so phone calls and e-mails on the subject of the flag "and a lot of comment from people I run into."

"There doesn't seem to be any formal role the City Council can play in it," he said, "just the building inspector and maybe the zoning board.

"I've never been a fan of illuminated signs. When I was on the zoning board I had a reputation of being a stickler on signs.

"Maybe it's time to take another look at our sign ordinances. We have to keep up with what's going on in the sign world."

QUINCY YOUTH BASEBALL BABE RUTH DIVISION and THE JIMMY FUND
thank the people, organizations, and businesses listed here for their contributions to the SIXTH ANNUAL QYBL/JIMMY FUND BASEBALL TOURNAMENT and TRIBUTE to PAT WHITE #7

The weekend was a tremendous success!!!

Grand Slams $2000
Krokidas & Bluestein LLP
Roush & Associates, Inc

Mayor William Phelan
Tom Koch & The City of Quincy Parks Department

Triples $500
Joe Savage
Quincy Credit Union
Red Sox Foundation

Doubles $250+
Quincy Girls Travel Softball
Law Offices of Anthony S. Falco and Associates
Maria & Stratton Tragellis
Quincy Donuts Inc. - Dunkin Donuts
Councillor Mike & Martha McFarland
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Alliance Health, Inc.
Work Incorporated
James Carris
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Landmark Health Solutions
Yellow Cab of Quincy, Inc.
Quincy Youth Baseball League
Mayor William Phelan
Keohane Funeral Home
Patricia and John Naughton

Home Runs $1000
Healthcare Financial, Inc.
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XS Brokers Insurance - Margaret & Ned Mannai
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The Delaney Family

***

Special thanks to those SSUA umpires who donated their fees.

Our most sincere thanks to the many family members and friends who volunteered their time to set up, clean up, shop, cook, announce the games, sell food, and run raffles.
Thanks also to Pat White's many friends and to the baseball fans from the Quincy community and the participating teams for their involvement and support during the weekend.

Tournament Co-directors
Bob Griffin Cindy Ouellette Jane Warwick

Concessions
Roche Bros Supermarkets
Araban Coffee
McDonald's of Quincy
John Norton
Sheridan Family
United Liquors
Pizzeria Regina
RPM

ELEMENTARY LUNCH MENU

Monday, Oct. 2
Pizza sticks, dipping sauce, fresh fruit, fruit juice.

Tuesday, Oct. 3
Early release day - no lunch served.

Wednesday, Oct. 4
Honey barbecue pork rib patty on a bun, potato puffs, fresh fruit or juice.

Thursday, Oct. 5
Tuna salad on a hamburger bun, potato chips, carrot snack pack, fruit juice.

Friday, Oct. 6
Crispy chicken nuggets, macaroni and cheese, sweet and sour sauce, fruit cup, fruit juice.

SECONDARY LUNCH MENU

Monday, Oct. 2
Pizza, tossed salad, fresh fruit or fruit juice.

Tuesday, Oct. 3
School baked lasagna, vegetable, fruit cup, dinner roll.

Wednesday, Oct. 4
Caesar salad with chicken, pita bread, fresh fruit or juice.

Thursday, Oct. 5
Honey BBQ beef rib on a bun, oven fry potatoes, fruit cup.

Friday, Oct. 6
Tuna salad sandwich, cup of tomato soup, potato chips, carrot sticks.

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FOOT NOTES

by Joel Chariton, D.P.M.
Diplomate, American Board of Podiatric Surgery
Diplomate, American Board of Podiatric Orthopedics

SENIORS BENEFIT FROM FOOT SURGERY

It's crazy to live with foot pain. Just ask the thousands of Americans who undergo surgery to successfully relieve foot pain every year, including many older individuals. A recent survey shows that 80% of elderly patients who elected to have surgery for their foot problems say they are very satisfied with the outcome. And 90% said they are better able to purse an active lifestyle with little or no pain thanks to their surgeries. The benefits of staying active throughout the senior years are well documented, which may explain why so many seniors are choosing to have foot surgery even after years of inactivity. Some specific foot conditions that may be helped by surgery include hammertoes, bunions, and arthritis.

We sincerely hope you are not suffering with painful, nagging foot problems because you think treatment might involve surgery. Many foot surgeries are now performed right in the podiatrist's office, and today's advanced, conservative techniques can save you discomfort, recovery time, and cost. If this sounds like something that might encourage you to seek professional care for your aching feet, please give us a call to see how our services can benefit you. We're located at 999 North Main Street, Randolph, in the MEDICAL OFFICE BUILDING. Office hours are also available at Quincy Medical Center and Milton Medical Building. Please call us at 781-986-3668 for an appointment.

HINT: When seniors decrease activity levels sue to foot pain, they increase their risk of developing cardiovascular disease, diabetes, depression, and bone and joint disorders.

Mayor's Literacy Benefit Golf Tournament Oct. 2

Mayor William Phelan will host his annual golf tournament Monday, Oct. 2, at Granite Links Golf Club at Quarry Hills.

Proceeds from this year's event will again benefit the early intervention literacy programs in the Quincy Public Schools.

"This event has helped raise much-needed funding for a cause that should be important to us all — helping young people learn how to read," Phelan said. "With your support, we can help a young person overcome a literacy obstacle that may be stifling their ability to learn across a range of subjects and could be sapping their enthusiasm. If we can turn that around at a very young age, we can change a person's life."

The golf tournament will be followed by a fund-raiser at Quarry Hills that will feature silent and live auctions, food, entertainment and more. Tickets will be sold separately to the evening fund-raising event.

Corporate sponsors, hole sponsors, golfers and auction prizes are being sought. Cost to enter a foursome is $1,000. Those who would like to support the event are asked to call Dave Murphy in Mayor Phelan's office at 617-376-1990.

"Every year we enjoy a great day on this beautiful course," Phelan said. "This is one of the most enjoyable events of the year and certainly one of the most rewarding. I encourage those who are considering supporting this cause to call us and help our young people."

Morrissey Urges 'No' Vote On Grocery Wine Sales

Sen. Michael Morrissey, citing public safety and enforcement concerns, has announced his support for "No on Ballot Question 1" in the November general election.

Question 1 asks the voters to approve the sale of wine at grocery stores, convenience stores and gas stations, nearly doubling the number of retail outlets that could sell alcohol.

"In many case," said Morrissey, "clerks are not trained and are often underage and it will present a difficult enforcement problem. The ability to buy gas and wine at a gas station strikes me as a public safety hazard."

Morrissey said Massachusetts currently has some 2,500 liquor licenses available and passage of Question 1 would increase the number by almost 3,000.

"The alcohol business is already extremely competitive," he said. "The majority of alcohol licenses are small business owners and if Question 1 passes it will place a greater hardship on these local employers."

Right now, the number of available licenses is governed by the municipality's population and determined by state law. No corporation or entity may hold more than three licenses.

Morrissey compared the potential impact of Question 1 to the demise of neighborhood pharmacies following the surge in big box national chains.

Mount Wollaston Cemetery Walking Tour Oct. 7

Tom Galvin, Quincy historian will lead a walking tour of Mount Wollaston Cemetery, Saturday, Oct. 7 at 1 p.m.

The tour will focus on Quincy's famed granite industry with stops at the graves of the leaders, Quincy mayors, notable granite monuments and will include other historical highlights.

Those participating will meet at the Greenleaf Street gate on Southern Artery.

Rain date is Sunday, Oct. 8 at 1 p.m.

Christ Church Rummage Sale Oct. 6

The Christ Church Episcopal will have a rummage sale Friday Oct. 6 from 7-9 p.m. and Oct. 7 from 9 a.m. to 1 p.m., at the church, 12 Quincy Ave.

The event is sponsored by the Women's Guild.

For more information, contact the church office at 617-773-0310.

Don Uvanitte Vice President Licensed Insurance Advisers

DON UVANITTE

Donald P. Uvanitte, Sr. vice president, Eastern Insurance, Quincy, has been elected vice president of the Massachusetts Society of Licensed Insurance Advisers headquartered in Boston.

Licensed Insurance Advisers have successfully completed exams for an advanced license issued by the Division of Insurance and who commit to maintaining standards of professional propriety and ethics as well as advanced education in their area of specialty.

There are currently 142 members of the Society.

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Uvanitte's specialty fields include construction, real estate, and manufacturing companies.

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Memory Loss Topic For Seniors Oct. 19

Jamie Gutner will discuss memory loss Thursday, Oct. 19, from 10 a.m. to 12:30 p.m. at a meeting arranged by the Council on Aging at the Richard J. Koch Recreation Complex, One Merrymount Parkway.

The program will include an overview of Alzheimer's Disease, how to obtain a diagnosis, addressing behavior and communications problems. For an appointment, call the COA at 617-376-1506.

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The City of Quincy invites sealed bids/proposals for furnishing and delivering to the City of Quincy:
PARK DEPARTMENT **TREE PLANTING** **OCTOBER 18, 2006 @ 10:30 A.M.**

Detailed specifications are on file at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street. Quincy, Massachusetts, 02169, between the hours of 8:30AM and 4:30PM.

Installation and planting operations shall be conducted by an on-site certified Arborist, who holds at least one (1) of the following licenses: Massachusetts Certified Arborist (MCA); and/or Massachusetts Certified Horticulturist (MCH); and/or an International Society of Arboriculture Certified Arborist (ISAC); with at least ten years experience in the field of municipal tree planting.

A pre-bid conference will be held on **October 10, 2006 at 11:00 am** at the Park and Recreation Building at 1 Merrymount Parkway. Locations for the planting of the trees will be provided at that time.

Bids must state exceptions, if any, the delivery date and any allowable discounts. Bids/Proposals must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked **"BID ENCLOSED"** with time/date of bid call.

Firm bid prices will be given first consideration. Bids/Proposals will be received at the office of the Purchasing Agent until the time and date stated above, at which time and date they will be publicly opened and read. Late Bids/Proposals, delivered by mail or in person, will be rejected.

If applicable, bids shall be in accordance with M.G.L. Chapter 30B, Chapter 149 as amended, and Chapter 30, Sections 39A, 39B and 39F-R.

The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informalities in the bidding if it is in the best interest of the City to do so.

William J. Phelan, MAYOR
Laurie M. Allen, PURCHASING AGENT

9/28/06

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Real Estate

THIS IS A HAMMER

By Samantha Mazzotta

Dorm Room Remodeling

Q: I am a new college student and just moved into my university's freshman dormitory. Frankly, it leaves a lot to be desired, but according to the university's rules I can't move into my own apartment for at least the first semester of this year. So I'm planning to do some remodeling. Can you tell me how to build a loft-style bed so I can lift my current bed up and out of the way to make more room? — *Kerry in Boston*

A: Hold on there — school dormitories have unique and usually much more stringent rules about remodeling than most apartments. So before you take a hammer and nail to anything, or even construct a free-standing structure to function as a sleep loft, review your copy of the dorm's rules and regulations.

Even if a certain amount of remodeling is allowed, the Resident Assistant must be notified and give approval before you start any work. In most cases, even if lofts are allowed they must be inspected by the R.A. (and sometimes a building inspector or other authority) to make sure they meet the school's safety standards.

Dormitories are designed to maximize available living space and allow students to focus on their studies, rather than be distracted by rent and utility bills, repair issues or remodeling projects. If your dormitory is not up to acceptable living standards — no heat, a bug problem, uncovered electrical outlets, broken lights or anything that can affect health and safety — notify the R.A. and the school's housing office in writing. Maintenance people are in place to make sure the dormitories meet applicable codes.

But if the issue is simply that the dorm doesn't match your tastes, you may be out of luck. You can certainly decorate with temporary decor like bedspreads, curtains and posters. Meantime, focus on the benefits of dormitory living and the lessons it has to teach about cooperative living — an experience that you will draw upon in many situations far beyond your college years.

Send questions or home repair tips to homeguru2000@hotmail.com, or write This Is a Hammer, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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Jack Conway Co. At South Quincy Festival

JACK CONWAY Quincy agents (from left) Jennifer Kern, Joyce Delgardo and Karen Boisson took part in the recent South Quincy Italian Festival at Malnati's Block.

Jack Conway may be of Irish descent, but at the annual South Quincy Italian Festival recently, everyone in the Conway Quincy office was saying Ciao.

Members of the Conway Wollaston office had an informational booth set up at the entrance to the festival at Malnati's Block, and answered many real estate related questions from visitors.

"We met a lot of wonderful people and had a chance to catch up with some old clients too," said agent Karen Boisson. "It was such a great family event and we were absolutely thrilled to be a part of it!" she said.

The Conway agents handed out many free real estate informational booklets and pamphlets, and held a raffle for a Conway Country blanket, for which the winner will be drawn soon

"Quincy is such a great city and theres always something going on, its exciting for us to be a part of this community," Boisson said.

The Conway Quincy office participates with a float in the annual Quincy Christmas Festival Parade each year, and will also be holding a Halloween coloring contest.

Boisson says her office will also hopes to be part of the annual Fall Harvest Festival sponsored each year by the Quincy Business Association.

To contact the Jack Conway & Co. Quincy office call 617-479-1500, visit 253 Beale St., Wollaston, or email quincy@jackconway.com

The Jack Conway Co. is in its 50th year and is the largest independent real estate company in Massachusetts. There are 45 sales offices from Boston to the South Shore, South Coast, and Cape Cod. The firm also runs Conway Financial Services, a mortgage company.

Quincy Realtor Sponsoring Halloween Coloring Contest

Quincy youngsters age 4-12 are invited to demonstrate their best Jack-o-Lantern, skeleton, black cat, or witch in a coloring contest sponsored by the Jack Conway & Co. Realtors.

Coloring pages are available at the Conway Quincy office, 253 Beale St., or any Jack Conway open house through Sunday, Oct. 15. Drawings must be returned to the office in person, or through the mail, by Sunday, Oct. 29. Prizes will be awarded the week of Oct. 30.

All entries will be on display at the Conway Quincy office through Halloween. Call 1-617-479-1500 for more information.

Neighborhood Housing Homebuyer Workshop At Roche Bros. Oct. 12, 14

Neighborhood Housing Services of the South Shore will hold a first-time homebuyer workshop Thursday, Oct. 12 from 6 to 8 p.m. and Saturday, Oct. 14 from 9 a.m. to 4 p.m. at Roche Bros., 101 Falls Blvd., Quincy.

The workshop is co-hosted by Sovereign Bank.

The workshop is open to everyone regardless of income. Attendance at both sessions is necessary to receive a homebuying certificate.

All potential first-time homebuyers are encouraged to attend the educational workshop. Participants will have an opportunity to speak with a lender.

Topics include mortgage options, legal aspects of the homebuying process, home a home inspection works, and other presentations from real estate related professionals.

Participants must complete the workshop to qualify for grant programs.

Fee is $15 per person. For more information, call 617-770-2227 ext. 31.

CONGRATULATIONS!!!

To Our Top Achievers For July

Karen Boisson
Tops in Listings

Lynne Luster
Tops in Sales

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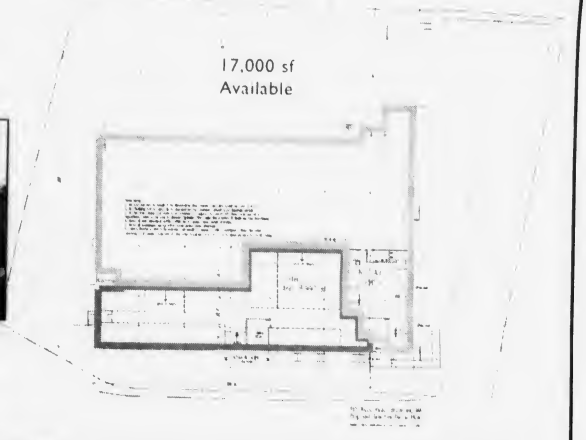
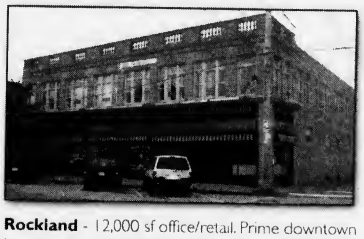
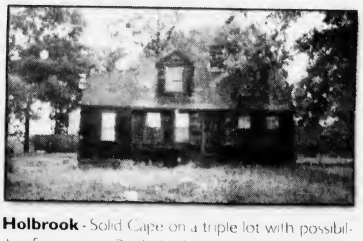


Braintree 17,000 sf warehouse space available. Newly renovated building space located less than half mile from Braintree Split. Easy Highway access. High Ceilings. Space includes two loading docks. Ideal site for city distribution. $8/SF NNN

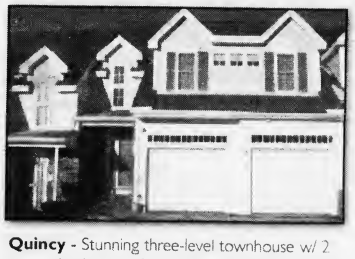


Rockland - 12,000 sf office/retail. Prime downtown location. Outstanding opportunity. Offered at $975K.

Marshfield - 4,000 Square Feet Office building on a17, 860 Square Feet site. Perfect for user with income potential. 3 Units, 19 off-street spots. Zoned B-1. Easy access to Rt. 139 and local amenities. Offered at $649,000



Holbrook - Solid Cape on a triple lot with possibility of expansion. Bright kitchen, beamed ceiling, fire place, hardwood floors and skylights. Across from Lake Holbrook. Offers welcome!...$255,900

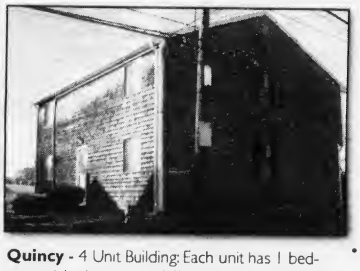


Quincy - Stunning three-level townhouse w/ 2 master bedrooms. One master with jacuzzi tub. 2 1/2 baths total. 2,745 sf of living area. Finished lower living area. Offered at $525,000.

Quincy - Great Opportunity! 41,777 sf. site with 4,528 sf. commercial building. Industrial A zone. 3 parcels of land just outside Crown Colony Office Park! Immediate access to major expressways.

Hull Charming one bedroom, one bath cottage. Convenient yet secluded location. Walk to beach. Get away from it all. Asking $214,900.

Hingham - 2 Family Ranch: Unit 1 has 3 bedrooms, 1 bath, Unit 2 has 2 bedrooms, 1 bath. Built-in 2 car garage. Near route 3A, shopping and Hingham Shipyard. Offered at $449,000.



Quincy - 4 Unit Building: Each unit has 1 bedroom, 1 bath per unit. Off street parking will accommodate 10 cars. Ideal condo conversion opportunity! Offered at $519,000.

Dorchester - Dorchester - Up to 10,000 square feet of prime office space in high traffic/visibility location on Gallivan Blvd. Ample pkg. Close MBTA & Expressway access.$12/sf gross.

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REAL ESTATE

Preparing For Power Outages

(NAPS) A recent survey found that a significant number of Americans expect to lose their electricity for 24 hours or more this year. Whether it lasts for several hours or several days, a power outage can damage home appliances, cause food to spoil and even put a family's safety at risk.

That same survey, conducted by the Propane Education & Research council, found that half of all respondents were concerned that their air-conditioning would shut down during an outage. Respondents were also worried about the loss of home security systems (25 percent) and the inability to use certain medical devices (29 percent).

However, experts warn that power outage-related threats don't stop there. The outages can keep sump pumps from working, affect electrically operated wells and water purifiers and even affect home business.

So how can people prepare for a power outage? One of the best ways may be a standby generator. The devices are wired directly into a home's circuit breaker box and turn on automatically whenever there's an outage. Unlike a portable generator, it doesn't have to be hooked into the home's electrical system in an emergency.

Choosing A Standby Generator

A generator may be bought from a home improvement retailer, or online retailer or from a generator dealer who will offer installation and service. Either way, make sure it comes from a reputable store or dealer and with a comprehensive warranty.

An average home's essential appliances will operate on an air-cooled standby generator with 7,000 to 13,000 watts of power. However, people with central air units that require a lot of energy to start up may need to buy larger generators. A certified electrician can provide an accurate reading of needs based on the appliances and circuits to be routed to the generator during an outage.

Powering A Standby Generator

Standby generators run on propane or natural gas during outages, which gives homeowners access to a reliable source of fuel to power their generator. Generators powered by propane tend to run longer than generators powered by other types of fuel. Plus, homeowners can store the propane in underground tanks that protect the fuel from the elements while keeping it readily available.

For more information, visit www.usepropane.com.

Is Homeowners Insurance In Synch With Needs?

(NAPS) A recent survey found that homeowners may want to build up their knowledge of how much insurance they need.

According to the Travelers In-Synch Homeowners Insurance Study, conducted independently by Harris Interactive, nearly 27 percent are not sure whether their insurance policy will cover the replacement cost of rebuilding if the home is damaged.

At least one quarter report that they are unsure whether damage caused by natural disasters is covered under their policy. Over one-third are unsure whether their policy will cover damage caused by a hurricane, and 42 percent are unsure about earthquake damage while 26 percent don't know about flood damage.

It's not just risks that should prompt homeowners to reassess insurance needs. Potential increases in value may also be a factor.

Many homeowners get insurance coverage when they buy a house but then don't revisit their policy for years. Even home improvements can impact coverage, remodeling, installation of burglar alarms, and major purchases, but the survey suggests that few people make sure their insurance remains appropriate.

The survey reaffirmed the value of working with an insurance agent to make sure that coverage types and levels are where they should be.

"We are encouraging people to talk to an independent agent to get more information about their coverage and to discuss their changing needs. It's about managing risks and keeping your insurance in synch with your risks," said Joseph P. Lacher, executive vice president of Travelers Personal insurance.

To help homeowners identify common risks, the company offers the In-Synch Challenge, a fun and informative game on www.travelers.com, that provides important risk mitigation information for homeowners.

Visitors are asked to tour homes and businesses and to solve common problems related to risks that policyholders typically overlook.

For example, one game asks participants to correctly place smoke detectors inside a home. Another challenges a home-owners understanding of high-worth items that can be found in the average living room.

Keeping insurance coverage up to date can help a family weather a variety of risks.

Put Moisture Back In The Home

(NAPS) As outdoor temperatures begin to fall, odds are that humidity levels inside the home are also falling. Warm, dry air that results from closed windows and heating systems that run for long periods of time begins to absorb moisture from everything around it.

Dry air pulls moisture from furniture and woodwork, leaving them dried out and sometimes cracked. Breathing in this air can be difficult, too, because it has a a similar effect on lungs. Homeowners frequently complain about increased respiratory problems, scratchy throats, nasal irritations and dry skin as the heat turns on.

It's no wonder. Wintertime relative humidity inside the home is 15 percent. That's less than the average humidity of the Sahara Desert, which stands at 25 percent. That's why most homes require additional moisture. Humidifying a home can protect the home and its contents and create a healthy environment as it improves the family's comfort level.

Fortunately, the heating, ventilation and air-conditioning industry offers a variety of products that can provide humidity for the home and return the moisture it desperately needs. A whole-house humidifier is a simple solution that can be installed in the home's ductwork. Air heated by a furnace or heat pump picks up moisture as it passes over the humidifier's evaporator pad, which is saturated with water.

To learn more, visit www.yorkups.com or call 800-910-YORK.

Give The Home A Fresh Look

By JAMES and MORRIS CAREY

(NAPS) One way to give your home a fresh new look, without breaking the bank, is to invest a few hours in the much-needed home maintenance such as caulking.

Caulk is used by builders and contractors to prevent water from entering a home's seams and causing damage. Recaulking can prevent moisture from getting into walls and/or under tiles and floors where mold and rot can grow.

The cost of a tube or two of caulk and a bit of time may end up saving you the cost of major rot repair.

You can get by with a few basic types of caulks and sealants, such as latex or silicone and a can of spray insulating foam. Water-soluble latex caulk is for interior use along baseboards and around windows. Silicone caulks is better for use outdoors. If you plan to paint when finished buy a silicone caulk that can be painted.

You may also need a minitube of double-duty all-purpose adhesive caulk for household repairs, touch-ups and improvements, and a roll of new Tub & Tile Masking Tape by Polyseamseal.

Recaulking the bathtub is a great place to begin and it's easier than you might imagine. First, remove the old caulk by trimming it with a utility knife and then scraping or prying it out.

Once the old caulk is removed, clean and disinfect with one-part liquid chlorine bleach in three parts warm water with a dash of powered laundry detergent. Wearing gloves and eye protection and with good ventilation, scrub seams with an old toothbrush. Rinse well, dry completely and wipe down with denatured alcohol.

Next, lay down long, neat lines of tape, exactly 1/8 inches or 1/4 inches apart, cut to length for each wall to be caulked. Second, peel off the top "protective layer," revealing a strip of yellow tape with a wider backing underneath. One edge is 1/8 inches wider while the other side is 1/4 inches.

Finally, after deciding which size bead you want, just place that side of the tape (1/8 or 1/4 inches) both above and below the open seam, smooth it down and peel the backing away, leaving two straight, evenly spaced edging guides.

Then, lay in a bead of caulk, smooth it out with a wet finger and peel away the tape before the caulk dries. Special adhesive Duck brand Quick Corners Masking Tape Corners are also included.

For more information, call 800-624-7767 or visit www.polyseamseal.com.

The Carey brothers, James and Morris, are nationally renowned experts on home building, remodeling and everyday household maintenance.

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QUINCY POLICE HOT SPOTS

QUINCY POLICE STATISTICS: Sept. 15 - Sept. 22
Total Calls for Service: **1,268**
Total Arrests: **43**
Total Stolen Cars: **3**

FRIDAY, SEPT. 15

BREAKING AND ENTERING/PAST, 6:44 a.m., 77 Newbury Ave. Overnight.

INDECENT EXPOSURE, 9:34 a.m., Quincy District Court, 1 Dennis F. Ryan Parkway. Past. Male exposed himself to female court officer.

BREAKING AND ENTERING/PAST, 10:21 a.m., Patriot Cleaners, 101 Falls Blvd. Business. Entrance gained through the wall from the market.

LARCENY, 10:23 a.m., Wal-Mart, 301 Falls Blvd. Wallet.

LARCENY, 1:26 p.m., Wal-Mart, 301 Falls Blvd. Wallet - past. Brown wallet, $200 cash, credit card, MA license, happened Sept. 14, around 11 a.m. No suspects.

LARCENY, 2:12 p.m., River Bay Club, 99 Brackett St. In lobby. Caller states purse was stolen.

LARCENY, 2:52 p.m., Quincy High School, 52 Coddington St. Past. iPod stolen.

UNARMED ROBBERY, 3:15 p.m., 18 Pierce St. Caller states on Sept. 14, several youths jumped in front of him and demanded money, then they stated they were only kidding. Caller states the kids were only joking around and he just wanted to let police know.

LARCENY, 3:27 p.m., Prime Gas, 596 Hancock St. Gasoline.

SATURDAY, SEPT. 16

VANDALISM/PROPERTY, 7:52 p.m., Wollaston Recreation Facility, 357 W. Squantum St. Damage. 17th green kids drinking, bonfire lit and chair melted.

VANDALISM/PROPERTY, 11:13 a.m., Wollaston Recreation Facility, 357 West Squantum St. Past. 17th green was damaged overnight.

VANDALISM/PROPERTY, 3:20 p.m., 92 Elmwood Ave. To vehicle.

BREAKING AND ENTERING/PAST, 6:12 p.m., 125 Granite St. Dwelling.

LARCENY, 7:43 p.m., 397 Washington St. Television. Items were taken, not a larceny; property returned.

UNARMED ROBBERY, 9:28 p.m., 136 School St. Just happened. White male, 20 years of age, 6 feet, 160 pounds, dark grey hoodie, approached caller from behind and asked him for all his money. Fled on foot towards St. John's.

UNARMED ROBBERY, 9:58 p.m., 10 Keyes St. Jumped. Five youths - four males and one female, three males wearing white t-shirts. Took $5 from food delivery male. One youth wearing shorts fled on South St. Approx. 16-18 years old. Wanted for B&E motor vehicle and A&B 4 males, 1 female, 1 dk skin male wearing a black hat and shirt, thin build. Other males wearing white t-shirt, jeans, f/ white t-shirt and shorts, all mid to late teens.

UNARMED ROBBERY, 11:53 p.m., Welcome Young Playground, 91 Sagamore St. Took purse. Took party's bag and ran toward Tanoranna. White male, white t-shirt, shorts.

SUNDAY, SEPT. 17

LARCENY, 1:47 a.m., 24 Pearl St. Poss. fare problem. 774 flagged down a Boston cab.

LARCENY/MOTOR VEHICLE, 2:05 a.m., 18 Trafford St. Vehicle not stolen, towed.

MONDAY, SEPT. 18

ASSAULT AND BATTERY, 8:43 a.m., Fort Square Presbyterian Church, 16 Pleasant St. Past. Caller was at an AA meeting and another member struck her in head. Caller has a brain tumor and a brain aneurism.

UNARMED ROBBERY, 10:43 a.m., Brooks Pharmacy, 132 Granite St. Attempted. Tried to rip off her arm. Suspect description: white male, 5'10", 150 pounds, late teens or early 20s, blue shirt with writing on back, blue jeans, blue/white sneakers, scruffy face, may have red marks on right hand from struggle. Fled towards Granite St. near Fruit Basket.

LARCENY, 11:26 a.m., Stop & Shop Supermarket, 65 Newport Ave. Purse. White female poss. in her 40s, blonde hair, heavyset, dark shirt and jeans, keys around her neck. Female arrested at Stop & Shop on Southern Artery. Subject charged with larceny from a person, attempted larceny over, and unlawful use of a credit card over.

VANDALISM/PROPERTY, 12:53 p.m., 84 Montclair Ave. Window. Someone broke caller's front picture window.

UNARMED ROBBERY, 3:49 p.m., Eastern Bank, 63 Franklin St. Note passed. Tall white male, black glasses, tan hat, showed a note, no weapon shown or alluded to. Green sweatshirt, tan pants.

VANDALISM/PROPERTY, 4:25 p.m., 39 Royal St. Past.

LARCENY/MOTOR VEHICLE, 6:18 p.m., 494 Willard St. No plates. 1994 Olds 88 Royale, color blue. Last seen at 5 p.m. on Sept. 18. Police to obtain more information from person who says they now own the car., i.e. copy of title, bill of sale, their D.O.B. and/or SS number.

TUESDAY, SEPT. 19

VANDALISM/PROPERTY, 9:20 a.m., Quincy Dinette Upholstery, 531 Washington St. Graffiti in the rear of building.

VANDALISM/PROPERTY, 10:29 a.m., 10 Chestnut St. To vehicle. Vehicle was dented all around, happened last night.

VANDALISM/PROPERTY, 12:58 p.m., Super 88, 733 Hancock St. Tire slashed. One tire slashed on their van. Happened overnight.

ASSAULT AND BATTERY, 2:49 p.m., Quincy High School, 52 Coddington St.

ASSAULT AND BATTERY, 4:12 p.m., Newcomb St. Past. See victim in E.R. at Quincy Medical Center. Incident occurred on Newcomb St.

LARCENY, 4:54 p.m., 98 Bayview Ave. Medications.

VANDALISM/PROPERTY, 4:56 p.m., 37 Keyes St. Motor vehicles' tires slashed and vehicles' keyed.

BREAKING AND ENTERING/PAST, 6:54 p.m., 109 Prospect Ave. Dwelling. Entry made by tearing screen off living room window. Sony PlayStation II, IBM laptop computer, purse, cash and old checkbooks known missing.

VANDALISM/PROPERTY, 8:22 p.m., City Street, 3 Batterymarch Park. Rear tire. Blue girl's bike, rear tire was slashed sometime tonight.

ASSAULT AND BATTERY, 9:31 p.m., Thomas Crane Public Library, 40 Washington St. Past incident.

WEDNESDAY, SEPT. 20

LARCENY/ATTEMPT, 8:18 a.m., Granite City Electric, 19 Quincy Ave. Copper wire. Party enroute to pick up order, order was billed to bogus company in Plymouth. Detective unit sent. Suspect arriving shortly. Complaint to be taken for attempted larceny (over).

LARCENY/MOTOR VEHICLE, 8:32 a.m., 79 Presidents Ln. Past. 2003 Chrysler PT Cruiser, color brown. Form shows keys were left in motor vehicle.

LARCENY/ATTEMPT, 12:58 p.m., Sovereign Bank, 1150 Hancock St. By check. Female in bank now attempting to cash a $2,000 counterfeit check. Two arrests made. Suspect #1 arrest on 8 MCT warrants. Both additionally charged with larceny over (occurred at another branch), by check, attempted larceny by check, two counts uttering counterfeit bills and five counts possession counterfeit bills.

BREAKING AND ENTERING/PAST, 6:45 p.m., 82 East Elm Ave. Dwelling. XBox taken.

VANDALISM/PROPERTY, 10:27 p.m., 60 Russell Park. Egging. Car was egged twice tonight. Be on lookout for small silver hatchback throwing eggs at vehicles.

THURSDAY, SEPT. 21

VANDALISM/PROPERTY, 5:18 a.m., 120 Quincy Shore Dr. Tires slashed.

BREAKING AND ENTERING/PAST, 8:56 a.m., Salt Box Tavern, 35 Washington St. Rear door pried open to gain entry. Two 20-inch Samsung televisions and about $1200 in cash stolen from registers after they were also pried open.

ASSAULT AND BATTERY, 2:43 p.m., Presidents Place Assoc. Property Management, 1250 Hancock St. Incident happened outside this morning. This was an A&B that occurred inside the Galleria.

LARCENY, 3:40 p.m., 102 Botolph St. ATM card. $9,000 withdrawal on caller's debit card. Believed ATM card was stolen from mailbox, then used in Dedham and Boston. Unknown suspect called Citizens Bank saying his card was damaged and they reported they would mail him a new home. Victim never made that call.

FRIDAY, SEPT. 22

LARCENY, 1:27 a.m., McDonald's, 473 Southern Artery. Unknown. Ice coffee cooler taken from window. Left in unknown vehicle.

If you have information on the above crimes, or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764**. If you wish to report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. If you wish to make an appointment to view the **Registered Sex Offenders** book, call **617-745-5768**.

If you wish to contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us--*Lt. Dan Minton.*

A Job Well Done

On Saturday, Sept. 16, at approximately 1:30 p.m., Officers William Monteith and Michael Sullivan were dispatched to the Wash and Dry Laundromat on Washington Street to a complaint of a "male who exposed himself." Upon arrival, the officers met with the caller and learned the following:

LT. DAN MINTON

The caller said that he just returned to the laundromat to put his clothes in the dryer when he observed a man (suspect) next to him suddenly strip off all of his clothes and load them into a washing machine. He said the suspect was completely naked and exposed for about 30 seconds.

The caller immediately left the building to make sure that his young children, who were waiting in the car, did not witness the incident, then called the police. The witness stated there were five other people in the laundromat at the time but they were not in a position to see the suspect, who was naked for about 30 seconds.

He showed the officers where the suspect was standing, which was between the washer and the front window. The witness then directed the officers to the suspect, who was still in the laundromat but now wearing shorts and a shirt.

Officer Monteith spoke with the suspect, who stated, "I'm just doing my laundry." When questioned if he had his clothes on during that time, the suspect originally stated that he did, then added, "I may have stripped down to my boxers."

Officer Monteith asked him where the boxers were and the suspect said they were in the washing machine. He then asked the suspect how he was able to put the boxers in the washer without being naked and the suspect responded, "I'm having a bad day and I might have taken them off."

Officer Monteith advised the suspect of the seriousness of the offense, but the suspect did not seem concerned. Based on the information available, the suspect, a 41-year-old Quincy resident, was placed under arrest and charged with "Open and Gross Lewdness."

Nice work!

UPDATE: This is a follow-up to a story I wrote a few weeks ago regarding a woman being stalked in the Wollaston area.

On Tuesday, Sept. 19, at approximately 7:30 p.m., Officers Jamie Greene and Paul Brown of the Special Operations/Motorcycle Unit responded to the area of Hancock Street and Willet street for a call of a habitual stalker now standing outside the victim's house. The officers knew about the past incidents involving the female victim and the subsequent arrest of a suspect. The case is currently at the jury session level at Quincy District Court.

The officers found the suspect lurking in the foyer of an adjacent building. As Officer Brown detained him, Officer Greene interviewed the victim, who said that she was about to lie down, but decided to look outside her window because people had told her that the suspect was seen in the area in the past few days. Officer Greene confirmed that he could see the suspect from the window.

Officer Greene then questioned the suspect as to why he was standing there, as opposed to many other foyers in the area. The suspect did not say why, but did state that he was aware where the victim lived – the building, the floor and her apartment number! The suspect admitted that he was recently arrested for stalking the victim and blamed her for having him arrested, stating, "I was locked up for 18 days because of her."

In actuality, he served the time on an outstanding charge. Based on the totality of the circumstances, Officer Greene believed that the suspect willfully tried to intimidate the victim, so he placed the suspect under arrest for "Intimidation of a Witness," and transported him to the station for booking.

Nice work!

As you may recall, my main concern for the victim was that the suspect would return because he knew where she lived. If at all possible, do not lead the victim to your home!

SPOTLIGHT ON HEALTH & FITNESS

STAFF FROM Hancock Park Rehabilitation and Nursing Center who participated in this year's Alzheimer's Association Memory Walk are (from left) Melanie Brace, RN, nurse manager, Alzheimer's Unit (back left); Terri Donovan, RN, director of nurses; Kristin Hansbury, RN, nurse manager; Kathleen Feeney, health information manager; and Bette Kincaide, RN, coordinator of education and infection control.

Hancock Park Staff Raises $2,300 For 2006 Memory Walk

Wearing sneakers and smiles, a team from Hancock Park Rehabilitation and Nursing Center on Parkingway in Quincy raised nearly $2,300 for this year's Alzheimer's Association Memory Walk of the South Shore.

Hancock Park placed second among the nine Welch Healthcare and Retirement Group teams who participated.

Welch Healthcare teams raised more than $12,000 for the Alzheimer's Association, more than double the funds raised by the company last year.

Welch Healthcare & Retirement Group provides care for individuals with memory disorders and Alzheimer's disease at each of five rehabilitation and nursing centers located throughout the South Shore, including Quincy Center.

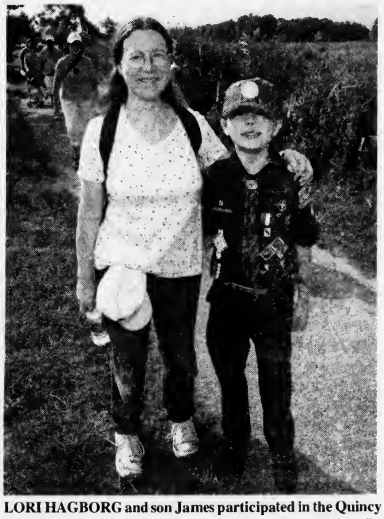
For more information, call 617-773-4222 or visit online www.welchhrg.com.

Walking For Very Worthy Causes

WALKERS BEGIN the four-mile noncompetitive Quincy Medical Center Cancer Walk with pipers and drummers from the Crann Tara Drum and Pipe Band leading the way. The event raised $130,000 for the Marie A. Curry Foundation in support of cancer care services.

DR. GARY GIBBONS, president and CEO of Quincy Medical Center (third from left), cuts the cake at the recent QMC Cancer Walk. Looking on are, from left, Mayor William Phelan, Bob Curry, founder of the Marie A. Curry Fund and co-chairman of the walk; and Henry "Hank" Bradley, director of Quincy Veterans Services and walk co-chairman.

WARD 5 COUNCILLOR Doug Gutro, his wife Sue, and children Brian and Scott participated in the QMC Cancer Walk.



LORI HAGBORG and son James participated in the Quincy Medical Center Cancer Walk as part of a team from St. John's Pack 42 of Quincy.

'Chair Yoga Class' Offered At Healing Tree Yoga And Wellness Center

Healing Tree Yoga and Wellness Center, 605 Hancock St., Wollaston, announces a new hour-long class, Chair Yoga, held Friday mornings at 10:30 a.m.

The yoga class offers simple warm-up stretches, breathing exercises, yoga postures, and a relaxation, all done sitting down.

Cost is $12 per class or $100 for 10 classes, no registration is required.

Call Healing Tree at (617) 770-4800 for more information or to reserve a space in class.

DENTISTRY for the 21st Century

by Steven A. Brustin, D.M.D.

REASON TO SPARE YOUNG TEETH FROM ANTIBIOTIC

According to various health professionals, prescribing the antibiotic amoxicillin to treat ear infections in young children may not be at all as effective as some might believe. And there is recent research that provides another potential reason to sidestep the use of amoxicillin in young children. According to researchers, children who take amoxicillin between the ages of one and three years of age have an elevated risk of developing fluorosis. This condition is characterized by teeth whose enamel becomes more porous, which results in staining and discoloration. While the cause of the problem has yet to be identified, this finding presents sufficient reason to give careful consideration to prescribing the medication for young children.

We'll be happy to answer any questions you may have on the subject of antibiotics. Your smile care needs deserve an exceptional dental office, with a professional care team who provides leading-edge care and more comforts that you ever thought possible in a dentist's office. We want to do more than meet your expectations - we want to exceed them. We're located at 44 Greenleaf Street, where we make it a point to get to know you and the specific needs of your family. It's important to us. Please call 617-479-6220 to schedule an appointment. Having nice looking teeth gives a boost to health and happiness. We offer the services of anesthesiology with a fully trained and qualified anesthesiologist. Visit us on the web at www.quincydentist.com.

P.S. The primary cause of dental fluorosis is overexposure to fluoride.

Women Invited To Share Quit-Smoking Success Stories

Are you a woman aged 25-49 who has quit smoking in the past one to three years?

You can share your story and help other women quit smoking.

An interviewer who will review their stories will contact women who call the toll-free number 1-866-586-3050. Up to 10 women will be selected to have their photos and stories used as part of a stop-smoking project sponsored by the Massachusetts Department of Public Health. Their stories will run in radio, print and subway stories across Massachusetts.

Three out of four Massachusetts smokers say they want to quit. It takes most smokers five to seven quit attempts to quit for good. Those who use counseling support or medications greatly improve their chances of quitting.

"We know it's hard to quit smoking," said Gail Bork, program director for Bay State Community Services Tobacco Free Community Mobilization Network. "We also know that smokers who use stop-smoking medications and get support from a group, counselor or friends are more than twice as likely to be able to quit as those who try to quit 'cold turkey.'"

Free programs are available to help Massachusetts residents who want to quit smoking. The state's quitline at 1-800-TrytoStop offers information and free telephone counseling. Smokers and their families can also log onto www.trytostop.org for help to quit.

For more information, or to share quit stories, call toll-free 1-866-586-3050.

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Game-Tying Field Goal Attempt Looked Good But . . .

Quincy Comeback Falls Wide Left

By SEAN BRENNAN

After last Friday's Atlantic Coast League football showdown between Quincy High School and Falmouth High School, the league may want to take a page from the NFL and NCAA and institute some form of instant replay.

The Quincy Presidents, down 16-7, with just over two minutes to play *almost* completed what would have been a remarkable comeback over the Clippers of Falmouth. A disputed call of wide left on a Diego Arrendondo 37-yard field goal attempt with no time left on the clock, left the Presidents and their fans in a state of disbelief.

"From where I was standing I thought the attempt was good, but it wasn't, so what are you going to do," head coach Bob Noble said. "I'm disappointed with the loss, but I can't be unhappy or disappointed with the way the kids played, because they gave us everything they had."

The events that led up to the missed field goal seemed to suggest that the football gods were looking down on the Presidents. After watching Falmouth's quarterback, Mike Kotfilla (15 carries, 109 yards) eat up the clock during a 14-play, 67-yard fourth quarter drive that resulted in a 6-yard touchdown pass to Jon Nunez, and a two-score 16-7 lead with about 2:50 left, Quincy quarterback Matt Boyle responded in kind.

QUARTERBACK MATT BOYLE shows off his rocket arm during Friday night's game against Falmouth High School.
Quincy Sun Photos/Robert Noble

Boyle (12-21, 157 yards, two touchdowns), knowing he needed to score in a hurry, drove the Presidents' offense down to the Clippers' 42 yard line with just over two minutes to go in the game. On first and ten from the 42, Boyle, who played most of the game in the shotgun while running a spread offense, called out the play and looked to his right and then back to his left. Boyle recognized that senior Tom Hazelhurst was streaking towards the end zone in single coverage, and threw a perfect pass that Hazelhurst caught in midstride at the 5-yard line. Hazelhurst's speed and precise route running and Boyle's big-league throw brought the Presidents within three points at 16-13. Quincy went for the two-point conversion and failed, leaving open the possibility that a field goal would send the game into an overtime period.

Down by a field goal, Quincy needed to successfully execute an onside kick in order to have the chance to win or tie the game. Arrendondo's kick went the required ten yards and bounced off of a Falmouth player and right into the waiting arms of Hazelhurst. As the Quincy stands and sidelines erupted, Boyle and the offense took over at midfield.

(Con't On Page 22)

SPORTS

QUINCY PLACEKICKER Diego Arredondo's attempt at a game-tying 37-yard field goal goes wide left as time expired in Quincy 16-13 loss to Falmouth High School.

North Quincy Gains Confidence But Not Win

FOOTBALL

The North Quincy Red Raiders football team may have lost their game last Thursday (Sept. 21), 20-16, to the Blue Devils of Randolph High School, but the team just may have taking a huge step forward in their development as a team on both offense and defense.

North Quincy was put up against the wall before the game's opening kickoff when it was decided that the team's scheduled home opener would need to be changed to an afternoon road game (a 4p.m. start) as a result of Veterans' Memorial Field not being ready for game play.

The Red Raiders jumped out to an early 7-0 first quarter lead on a highlight reel touchdown run of 62 yards by junior running back Terrence Sibley (17 carries, 108 yards). Sibley's run with 7:03 remaining in the opening quarter and placekicker Dave Guerriero's successful PAT seemed to instill a confidence on the Red Raiders' sideline that had been missing in the team's first two games, both losses.

Randolph, looking for its second win of the season, drove the ball 59 yards on their next possession, setting up first and goal from the North Quincy one yard line. The Red Raiders stopped the Blue Devils on first, second and third down, but on fourth down and goal, Randolph's quarterback, Paul Francois scored after calling his own number. The Devils attempted the two-point conversion but failed to find the endzone, making the score after the first quarter, 7-6 North.

The second quarter began with the teams unable to generate any consistency on the offensive side of the ball. North's defense held strong on the Blue Devils' first drive of the quarter, and on fourth down the Raiders' special teams came up with a huge punt block that gave the ol

(Con't On Page 22)

Devine Spirit Run, Walk Saturday

The 2nd Annual Devine Spirit 5K/10K/Walk/Run for Melanoma with a special fun run for kids will be held Saturday, Sept. 30 at Cunningham Park, 75 Edge Hill Rd., Milton.

The Run/Walk start begins at 11 a.m. and the Kids Fun Run begins an hour earlier at 10 a.m.

For registration go online at www.massmelanoma.org or call 617-827-5954.

The event is intended to help raise awareness about melanoma, the most deadly form of skin cancer.

This event is in memory of Laura Devine, a long time employee at Mass. Financial Services in Marina Bay. Mrs. Devine lost her battle with this deadly disease at the age of 36. All proceeds will benefit her young son Zack and the work of the Massachusetts Melanoma Foundation.

There will be free food, beverages, DJ, raffles, kids entertainment (clowns, face painters, moonwalk, arts and crafts and more), along with free Dermaview facial scans and seated massages.

A melanoma information station will be offered to all interested parties. Race day registration is from 9 to 10:45 a.m. and also on Friday, Sept. 29th from 4 to 8pm inside Cunningham Hall.

ST. JOHN'S BASEBALL LEAGUE

FINAL REGISTRATION FOR 2007 SEASON

St. John's Baseball will hold its walk-in baseball registration on Wednesday, Sept. 20TH & Oct. 4TH from 6-8 pm at the lower level of the St. John's church on School Street.

Registration Fees:
Farm League 7-9 year olds is $65
Upper League 10-12 years old is $70

Open to all children, not just Quincy residents

Join us as we Celebrate Francis "Shorty" Donovan's 5 Decades of Coaching
SATURDAY, SEPT. 30TH, 7PM
QUINCY YACHT CLUB
Buffet, Dancing, *Donation- $20*
Tickets / Information, call 617-794-3808

You Auto Know
by Bill Starkie and Kevin McGroarty

AN EXHAUSTED SYSTEM

We may take an automobile's exhaust system for granted until something goes wrong. At that point, excessive noise, leaking exhaust gases, or lack of back pressure can make it nearly impossible to drive. Condensation and ordinary wear usually make it necessary to replace the muffler and exhaust pipes at some point in a car's life. With this in mind, it is best to get ahead of the game by having the exhaust system inspected at least every time the vehicle goes up on the lift. At the first sign of corrosion, rust, or road damage, have the necessary repairs and/or replacements made by an experienced technician. A damaged exhaust system is not a candidate for patches or inexperienced hands.

Exhaust systems impact many facets of your car's health. At LEO & WALT'S SUNOCO, we are trained to deal with your complete exhaust system, ensuring your safety and your car's performance. If you suspect exhaust problems consult an expert either by calling 781-843-1550, or coming to 258 Quincy Ave., E. Braintree . Sunoco and most major credit cards honored.

HINT: The exhaust system begins at the exhaust manifold in the engine compartment.

SUNOCO **Leo & Walt's Sunoco**
258 QUINCY AVE., E. BRAINTREE
781-843-1550

JUNIOR RUNNING BACK Joe Reggiannini fights for some tough yards against a stingy Falmouth defense.

TED WALSH LOOKS to reach the first down marker in the second quarter against the Clippers last Friday night in Weymouth. *Quincy Sun Photos/Robert Noble*

Quincy Comeback Falls Wide Left

(Con't From Page 21)

On first down, senior wide receiver Jim Atkins took a screen pass from Boyle 31-yards all the way down to the Falmouth 19-yard line. If not for a game-saving shoestring tackle from the Clippers' safety, Atkins would have walked into the touchdown with the winning score, but as it was Quincy had first and ten inside the Clippers 20-yard line.

The Presidents called the same screen play to Atkins on first down, but could not advance the ball, and after two more pass attempts failed, Quincy was faced with a 4 and 13. With the game clock winding down, Arrendondo and the field goal unit ran onto the field to try to send the game into overtime. A perfect snap and what looked like a successful 37-yard kick was signaled no good by the officials as the Quincy bench and fans went from exhilaration to disappointment. The kick went wide left by the slightest of margins, and the Presidents went home with a tough 16-13 defeat.

The excitement of the final three minutes capped off what was a well played high school football game. Quincy came out early in the first quarter in a no-huddle, spread formation offense with receivers on both sides of the field. Boyle finished off a 10-play drive with a jump ball fourth down pass that was batted around in the endzone before Quincy's Jared Tucker eventually came up with the football, putting Quincy up early, 7-0.

Falmouth responded to Quincy's offensive formation with their own unique style. The Clippers utilized the triple-option, a combination of three running backs lined up behind the quarterback. Quincy had a frustrating time trying to contain the triple-option while at the same time dealing with the resilient Mike Kotfilla. Kotfilla drove his team down the field for a score at the end of the first quarter. Nunez's one-yard touchdown run made it 7-6 Quincy. The successful two-point conversion put the Clippers up 8-7.

Falmouth did all they could to keep the dangerous Matt Boyle and his receivers off the field in the second-half with a pair of eight minute drives. The first drive ended with a missed field goal and the second resulted in the touchdown pass to Nunez.

"We ended up letting them control the ball a little too much and that ended up being the difference in the game," Noble said.

Quincy will take to the road once again this week when they travel to Plymouth North this Saturday. The game is scheduled to start at 1:00. At 1-1, the Presidents should be able to use the Falmouth game as motivation. The team showed poise on the offensive side of the ball, and with a quarterback like Matt Boyle and a handful of talented receivers, the Presidents should be able to recover from the kick that was called wide left.

North Quincy Gains Confidence But Not Win

(Con't From Page 21)

fense and senior quarterback Shaun McBrien the chance to add to the team's lead.

The offense stalled when North fumbled away the ball on the Devils' 25 yard line, and Randolph wasted no time in driving down the field behind the running of seniors Lemuga Fonkem (25 carries, 107 yards) and Jacques Philippe (8 carries, 47 yards). A questionable roughing-the-passer call against the Red Raiders at their own 30 yard line with a little under a minute to go in the first half gave the Blue Devils a first and ten in the Raiders' red zone.

Randolph continued to pound the ball right up the middle of the Red Raiders defensive line, and with 36 seconds left in the half, Philippe ran for a four yard touchdown scamper. The successful two-point conversion by Philippe put the Blue Devils up by a 14-7 score at halftime.

The start of the second half began with a handful of Blue Devils' special teams penalties (three straight kick-offs out of bounds), and as a result the Red Raiders began their opening drive of the half at midfield. McBrien, looking to get the Raiders passing game involved, completed an out pattern for a first down to junior wideout Dennis Martin to begin the drive. McBrien would complete all three of his passes during North's 44 yard drive and on 1st and ten from the Randolph 15 yard line, McBrien bootlegged to the right and lofted a beautiful pass to the back of the endzone to junior wideout Adam Tragellis. The score and subsequent extra point tied the score at 14-14.

The Blue Devils, behind the solid running of their two senior backs, took the ball on their next drive all the way down into the North Quincy red zone. Red Raiders looked to their defense to come up and make a game changing play, and the defense responded.

On a rush to the right side of the defensive line, the Red Raiders got great penetration and a combination of North players gang-tackled Lemuga Fonkem, forcing a fumbled that was recovered by the Red Raiders.

With the score tied at 14, the Red Raiders took possession of the ball and immediately began to drive the field. A solid 8 yard run by Sibley resulted in a first down, but with about 2:30 minutes to play in the 3rd quarter, North committed an offside penalty.

In an obvious passing situation on first and 15, McBrien dropped back to pass and was intercepted by Remington Parker at the North Quincy 30 yard line. The two team's ended the third quarter tied at 14-14.

The final quarter's first drive saw the Blue Devil's running attack pound away for yards deep inside Raiders' territory. With 10:54 remaining in the contest, Phillipe took the handoff from Francios, and scored from 6 yards out to make it 20-14. Randolph's two-point conversion failed (the Blue Devils did not try a extra point all game), but the damage was done.

North Quincy showed the guts Coach Connor has been looking for all season on their next possession by driving 64 yards to the Randolph 4 yard line, but could not knock it in on their first three running attempts.

On fourth and goal, McBrien rolled to his right and had junior wideout Marcellus Lee open in the corner of the endzone, but the Blue Devils' Parker made his second big play of the day by deflecting the pass away.

North held strong on defense the rest of the way, and with time winding down in the 4th quarter, the Blue Devils faced a long 4th down and 15. Randolph head coach, Vernon Crawford, decided against punting the ball, and instead had his punter run out of the back of the endzone for the automatic safety making the score 20-16. North Quincy would get the ball back two more times in the quarter. After going four and out, the Raiders' defense gave the offense one more chance with about 30 seconds left in the game. McBrien and the offense made an effort to get the winning score, but on the last play of the game, defensive back Dominick Speranzo intercepted the desperation pass and the game ended, 20-16.

"I'm impressed with the guys," head coach Jim Connor said. "I think our program took a huge step forward today. We showed a lot of courage and effort after an ugly loss last week in Sandwich."

The Red Raiders (0-3) should be able to use this game and all of the positives that came out of it when they travel to Falmouth High School this Friday to take on the Clippers who are coming off an exciting 16-13 victory over Quincy High School last Friday.

By SEAN BRENNAN

by Chris Richcreek

1. Who holds the record for most career World Series hits?
2. Pitcher Greg Maddux won his 15th Gold Glove in 2005. Who holds the overall record for Gold Gloves, regardless of position?
3. Name the starting quarterbacks Jim Kelly lost to when his Buffalo Bills were defeated in four consecutive Super Bowls (XXV-XXVI-II).
4. Who holds the mark for most career points by a men's basketball player in the NCAA Tournament?
5. Name the lone NHL team to be down 3-1 in the Stanley Cup Finals, only to win it in seven games.
6. Which country swept the women's luge event at the 2006 Winter Olympics?
7. Who was the last male golfer to win the U.S. Open the first time he played in it?

Answers

1. Yogi Berra of the New York Yankees with 71.
2. Third baseman Brooks Robinson and pitcher Jim Kaat each have 16.
3. Jeff Hostetler (N.Y. Giants), Mark Rypien (Washington) and Troy Aikman (Dallas) twice.
4. Christian Laettner of Duke (23 games, 407 points).
5. The Toronto Maple Leafs actually won the final four games of the Stanley Cup Finals in 1942.
6. Germany.
7. Francis Ouimet in 1913.

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Brandeis Defeats ENC Women's Volleyball

The Eastern Nazarene women's volleyball team could not hold on to a 2-0 lead against Brandeis, losing the final three games of the match, and falling in defeat, 3 games to 2.

All of the positive work that the Crusaders used to earn a 2-0 (30-26, 30-19) lead was washed down the drain as the Judges of Brandeis took the third game by a score of 23-20. Down 2-1, the Judges used that change in momentum to take the last two games by scores of 30-14 and 15-6.

The Crusaders were led by co-captains Amber Crow (17 kills) and Cristina Ludwick (31 assists and 24 digs). ENC's hitting errors and tentative play let Brandeis back into the match, and the Judges' Lorriane Wigenbach led her team's charge to victory with her all-around solid play on both the offensive and defensive side of the net.

Exercise Classes For Seniors

The Quincy Council on Aging will hold a safe senior exercise program every Monday and Wednesday at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., Quincy Point.

For more information, call the Council at 617-376-1506.

Line Dancing For Seniors

The Quincy Council on Aging will hold a line dancing class for seniors every Thursday at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., Quincy Point.

Tie, Win For Red Raiders

GIRLS' SOCCER

By SEAN BRENNAN

The North Quincy girls' soccer team is on a serious roll.

After playing their first four games on the road, the Red Raiders tied the #8 ranked team in EMass, Marshfield High School, at home last Wednesday, 2-2. North Quincy then came back to defeat Nauset High School, 5-2 at Teal Field on Friday. The team's record stands at an impressive 4-1-1.

In the Marshfield game, all of the scoring was done in the first half. The Red Raiders got on the board first when junior Mary Kate Stille found senior captain Megan Therrien at the 18 yard mark. Therrien, facing heavy pressure from the Marshfield defense, was able to get off a shot before getting upended. The goal gave North Quincy a 1-0 lead.

After a Red Raider turnover resulted in a goal for the Rams to tie the score at 1-1, Mary Kate Stille once again got the Raider's offense on the board. Senior forward Kristen Ruck found Stille with a beautiful pass and Stille capitalized. Stille got in behind the Marshfield defense and drew the Rams' goalie out of position and knocked home the shot to give North a 2-1 lead.

Exhibiting the skill and prowess that has them ranked as a top ten team in EMass, Marshfield got the equalizer less than five minutes after Stille had giving North Quincy the lead. At the end of the first half, the two teams were deadlocked at 2-2.

The second half was a defensive battle as neither team gave up many quality scoring chances. Sophomore keeper, Siobhan Carnell, was once again stellar in net as she picked off several Ram shots that were headed for the back of the net. North Quincy also received great performances from seniors Bridget Coleman, Tara Whooley, Ali Russell and Melissa Mendall. The standout performance of the match came from junior defender, Kerry Coughlin, who was a physical presence in the back and was responsible for winning every 50-50 ball that came her way.

The Raiders nearly won it late when a shot that was saved by Marshfield's goal keeper hit the crossbar and came back out.

"We really took it to them this game.We came in not fearing them and our attitude showed in our play," head coach Paul Bregoli said. "They are more skilled than we are, but we just wouldn't give them an inch. We were like bulldogs out there."

North jumped out to an early lead in last Friday's game against Nauset. Senior midfielder Keriann Cabral hit a through pass to senior captain Jillian Benn who headed the ball into the net for a 1-0 lead. Seven minutes later, Cabral found junior Emily Milone inside the box. Milone dribbled her way past four defenders before scoring to make it 2-0.

Early in the second-half, Therrien notched her third goal of the year on an assist from Mary Kate Stille. Therrien's goal was followed soon after by Milone's second goal of the game and fourth of the year. Benn completed the scoring when her direct kick from 22 yards found the right corner of the net for her third goal of the year. Also playing well for the Raiders against Nauset were Ruck, junior Paige Bonanni, Coleman and Whooley. Simone Leary also had a solid defensive game.

"We are playing our toughest schedule ever. So far we have been up to the challenge," Bregoli said. "We had a good week taking three points towards our goal of tournament qualification. If we can maintain our focus and attitude like we did versus Marshfield, this team could be special."

GRANITE RAIL won the recent Marlene T. Pronde Softball Tournament. Kneeling, from the left: Scott McKay, Mark Deveraux, Dave MacPhee and Emily Page. Standing: Scott MacLoed, Brian Persutti, Tim Price, James Arnold, Tom Casey, Mike Murray, Rob Son and Chad Gouthro.

Curry Blanks ENC Men's Soccer

Eastern Nazarene College was shutout, 4-0, by the Curry College Colonels in Commonwealth Coast Conference men's soccer action. The Colonels, led by Chris Spreadbury's hat-trick, would not be denied their fourth win of the season

In the 14th minute, a Crusader defender committed a foul in the penalty box while challenging for a loose ball, giving Curry College a penalty kick. Spreadbury knocked home the free kick, and Curry was on its way to the victory. Spreadbury, the offensive star of the match, would later score two more times on breakaways to help finish off ENC.

The Colonels (4-3, 2-2) had a dominating advantage over ENC in shots on goal, 19-7, and Curry goal keeper, Clark Zelazo, registered the clean sheet with five saves. Crusader goal keeper, Steve Bracale, registered five saves, but it was not enough as ENC failed to earn their first win of the year.

Presidents Ladies Golf Highlights

The Presidents Ladies Association held their two day Crystal Cup event this past weekend at Presidents Golf Course. The event divided members of the Presidents Ladies Association into three divisions and produced a 1st Gross winner and a 1st Net winner for each of the divisions.

In Division I play, Melanie Curtin won at 1st Gross and Patty Buck took home 1st Net. Division II play had in the 1st Gross position, Sue Katchpole, while in 1st Net, it was Chris Rivard. Mal Nestor took 2nd Net in Division II play.

Finally in Division III play, Marie Keddy won at 1st Gross. Finishing in 1st Net was Carol Maglio. Jeanne Falcione (2nd Net) and Moya Baldwin (3rd Net) rounded out the top three.

Quincy Youth Soccer

SPRING 2007 TRAVEL SOCCER TRYOUT SCHEDULE

	October 1 AT SNUG HARBOR, QUARRY HILLS, UPPER THERRIEN	
U10 Girls	8:00 – 10:00am	Upper Therrien
U10 Boys	8:00 – 10:00am	Snug Harbor
U12 Girls	10:00 – 12:00pm	Snug Harbor
U12 Boys	8:00 – 10:00am	Snug Harbor
U14 Girls	10:00 – 12:00pm	Quarry Hills
U14 Boys	10:00 – 12:00pm	Quarry Hills
U16 Girls	10:00 – 12:00pm	Quarry Hills (Need Coaches)
U16 Boys	8:00 – 10:00am	Quarry Hills
U18 Girls	Need Coaches	Need Coaches
U18 Boys	8:00 – 10:00am	Quarry Hills

You must attend **at least one** tryout to be eligible for a Travel Soccer Team. If you have an *extenuating circumstance* please put it in writing to the **QUINCY YOUTH SOCCER BOARD** attn: Travel Vice President. **Do not** give it to any coach. The letter must be received **before** the second tryout. The board will then make a decision as to whether the player is eligible for a team. If you have any questions, please feel free to contact the Vice President of Travel, Dana A. Santilli by either telephone 617-549-5332 or by email qystravel@quincyyouthsoccer.com

QUINCY RESIDENTS ONLY

THE JIMMY FUND Tournament champions — The late Patrick White's Quincy team repeated as champions of the recent sixth annual Jimmy Fund Tournament at Adams Field. Sitting, from left: Bat boys Andrew Kiley and Bobby Salvucci. Kneeling: Chris Brown, Jason Stearns, Joe Vialpando, Dave Griffin, Ben Leahy, Mike Le Bel and head coach Mark Vialpando. Standing: coach Rick Le Bel, Ricky Salvucci, Mike Horgan, Billy Kiley, Kevin Magoon, Matt Rodriguez, Anthony Alibrandi, Max Devoe and coach Rick Salvucci.

Judy Salvucci photo

Quincy (5-2) Downs Marshfield

GIRLS' VOLLEYBALL

In Atlantic Coast League girls volleyball action last Friday evening (Sept. 22), the Quincy Presidents ran their early season record to 5-2 with a victory over Marshfield High School.

Junior Liz Bock was the star of the match. Bock had nine kills, five digs and two aces for the visitors. The Presidents took the first game in a close contest, 25-22. Quincy took a commanding match lead with a 25-16 result in the second game. The third and decisive game was close, but the Presidents finished off the Rams with a 25-21 victory.

Quincy's Marybeth Torpey played well in the win. Torpey had seven kills, four digs and two assists for the Presidents. Fellow teammate, junior Alicia Woodbury, had five kills, 16 assists and six aces.

The Presidents will look to improve on their 5-2 record when the face-off against cross-town rival, North Quincy, at home on Wednesday, September 27th and against Dennis-Yarmouth High School on Friday, September 29th.

Quincy Youth Soccer Scores And Highlights

Quincy Youth Soccer fall season is underway.

Here are highlights from recent U10 Girls' games:

U-Rent It played The Quincy Sun in a game on 9/10. Scoring goals for U-Rent It were Gabriela Jerhian and Lauren Matthies. U-Rent It's Emily Foley played well in defeat. The Sun's goals were scored by Courtney Murray, Emily Tabeek and Julia Galanek.

In other league action on 9/10, the Celtics faced-off against the Jaguars. The Celtic's goal was scored by Sophia Maniscalco and her goal was assisted by Julianna Kane. Great plays were made by the Celtic's Caoimhe Lavin, Kelly O'Connor and Anna Digrazio. Pramila Murry and Isabella Cobble played well for the Jaguars.

In the North Division, Stephen Abramowitz played Skoler Orthodontics. Goals were scored by Anastasia and Tatianna Silveria, Colleen Madden, Kristen Fahey and Kelli O'Brien. Playing for the first time in U10 league play, Jessica Fonseca and Tara Nealon played great.

Scores for the week of 9-17 included the Celtics defeating U-Rent It, 3-2, on goals from Bridget Hobin, Molly Minton and Natalie O'Donovan. Assists were credited to Minton, S. Maniscalo and J. Kane. Playing well for the Celtics were Alison Coleman, Shauna Canavan and Hayleigh Delaney.

U-Rent It goal scorers included Jamie Maede and Lauren Matthies, and Tayla Tervakoski, Aislinn Collins and Amy Thompson all played well.

The Quincy Sun used outstanding teamwork and solid play from Emily Tabeek and Alannah Bulger and goal keepers Courtney Santos and Jacqueline Zamora in its match versus Quincy Granite on 9/17. No score given.

North Division play saw Stephen Abramawitz score a 10-0 win over The Karsten Company. Goals were scored by Abby Akoury, Anastsia and Tatianna Silveira and Tara Nealon. Kelli O'Brien played great in net, and Abby Plourde, Lauren Carter, Mikaela O'Brien and Shauna O'Donovan all played a solid game.

U8 Girls results from the South Division for the week of 9/17 include all-around good play from both sides in the Team Timmons and Spillane Law Office game. For Team Timmons, Alicia Walker, Sydney Shuttleworth, Grace Stone and Colleen Trenholm did an excellent job.

The Quincy Lodge of Elks and the Raymondi Club got a great effort from all their players. The Raymondi Club, which was playing short-handed, had strong play from Whitney Marshall, Sarah McLoughney (who scored a goal) and goal keeper Rachel Beck. The Elks had good play by Shinead Hanley, Olivia Sialvicci and Casey Kelliher.

In other action, Reggie Oil played Rep. Bruce Ayers. Reggie Oil had an outstanding effort by Lauren Critelli, who scored the first goal and amazing saves were made by Maeve Heron, Danielle Parry and Madison Simon. For Bruce Ayers, Emily Christian, Liana Cunningham and Nicole Flora, played a great game.

In the game between Rural Lodge and Sweeney Brothers, Rural Lodge played well, even though the team was shorthanded. Goals for Rural Lodge were scored by Kelsey Dunn, Natalie Lunny and Kaleigh Manton. The Sweeney Brothers got great games from Sinead Kelly, Maeve Walsh and Isabel Doherty. Courtney Riser made excellent saves in net.

North Quincy (7-1) Battles Quincy

The North Quincy girls volleyball team will take its dominating 7-1 record into Quincy High School's, East Gym, on Wednesday, Sept. 27 when they take on the 5-2 Presidents.

Last Thursday (Sept. 21), the Red Raiders came out victorious against a very good Arlington Catholic team, 3-2. The match saw North Quincy take the first two games by scores of 25-17 and 25-20, but Arlington Catholic would not go quietly, taking the third game, 18-25. The fourth game was a close as a game can get. Arlington Catholic squeaked out a 24-26 victory.

In the deciding game five, North Quincy dominated all aspects of the court in route to a 15-3 win.

The Red Raiders had great play from all members of their team, and were led by senior Arta Dashi's 12 digs. Fellow team members, senior Virginia Wong and Julie Lynch, played pivotal roles in the victory. Wong had great net play and finished with eight kills, while Lynch finished the 3-2 victory with six aces.

Woodward Soccer Begins Season Undefeated

The Woodward School for Girls in Quincy have opened their 2006 varsity soccer season in resounding fashion.

The team's 3-0-1 record has been puncuated by senior Jasmin Johansen record breaking scoring streak. Johansen, along with the resyt of the Woodward team, have outscored their opponents 22-8 through the first four games.

In their season opening 4-1 victory against the Cambridge School of Weston, the team, behind Johansen's goal and two assists, took it to the Cambridge School early and often. Also scoring in the game were Aoife Leonard, Tatianna Rosado and Deidre McGarth. Goalie Mary Harris of Quincy made nine saves for the Wildcats.

On Sept. 20, the Wildcats traveled to Beverly to take on the Landmark School in Independent Girls Conference play. Johansen, a senior captain, became the school's all-time leader in goals scored and total points against Landmark. She scored five goals and contributed three assists in the game. Junior Michelle Norton finished the game with four assists.

Johansen continued her torrid scoring pace against Chapel Hill of Waltham on Sept. 22. The Wildcats dominated the game on both sides of the pitch, and finished off Chapel Hill, 7-1. Johansen (11 goals, 16 assists) and sophmore Tatianna Rosado each finished the game with three goals apiece. Eighth grader Kristen Bimmler from Quincy scored a goal to finish off the Wildcats' scoring spree. Mary Harris (Quincy) had four saves for the Woodward School.

The Wildcats, playing shorthanded and with only two of their regular starters, rallied back to tie The Montrose School (Natick), 3-3. Two Quincy residents, junior captain Diana Comerford-Mota and sophmore Jaimie Riley, both played weel defensively for Woodward. Comerford-Mota and Riley helped shutdown the Montrose offense and the Wildcats battled back from a 3-1 half-time defiect to earn the tie. Johansen (2 goals) and Deidre McGarth (1 goal) supplied the offense for the Cats.

LISTEN TO
AWARD WINNING
HIGH SCHOOL FOOTBALL
COVERAGE

Quincy High

at

Plymouth North

95.9 WATD-FM

The South Shore's Radio Station

THIS SATURDAY, SEPT. 30
BEGINNING AT
1 PM

Lady Presidents Travel Hoop

The Lady Presidents Travel Basketball Program will begin its 2006-7 season with open gym time for prospective players and parents to meet our coaches and prepare for tryouts.

Girls in the 5th-8th grade are welcome to participate while our coaches run through two nights of drills and scrimmages. These sessions will be held at the Lincoln Hancock School on the following Friday nights: Sept. 29 and Oct. 6 from 6-8 p.m.. There will be a $5 fee per session for the open gym nights.

Tryouts are scheduled for Tuesday, Oct. 10 and Thursday, Oct. 12 at Lincoln Hancock from 6-8 p.m. There is no fee for tryouts.

Call Kathleen Papile (617-770-0849) or Donna Parry (617-328-0885) for more information.

Additional information on the program and the Old Colony League will be distributed at the open gym sessions and tryouts.

J.J. Niamkey On Stonehill College Football Squad

Quincy resident and Stonehill College (0-4, 0-4) football player, J.J. Niamkey, led the Skyhawks with eight total tackles (five solo) during his team's recent 24-20 loss to the 24th ranked Pioneers of C.W. Post in Northeast-10 football action. Niamkey and the rest of the Stonehill defense held the Pioneers' offense scoreless for the final 30:38 of game action.

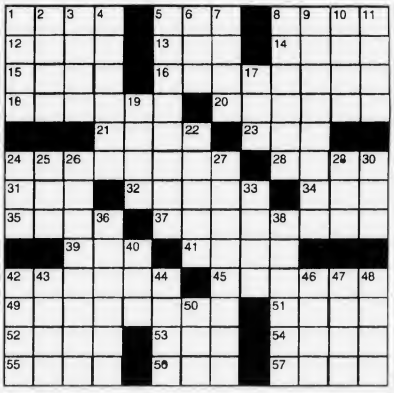
Stonehill travels to New Rochelle, New York Saturday afternoon to take on I-AA foe Iona in a non-league match-up at 1 p.m.

SUN FUN PAGE

King Crossword

ACROSS
1 Tater
5 Comic-strip sound of impact
8 Worry
12 Medal deserver
13 - pro nobis
14 Mad King of Shakespeare
15 Exam format
16 Sea hog
18 Approach the curb
20 Undergoes catharsis
21 Vicinity
23 Skillet
24 Mama Bear's recipe
28 South American city
31 Rushmore face
32 Litigants
34 Promptly
35 Platter
37 Portion of Iberia
39 "Alley -"
41 Actress Wray and author Weldon
42 Fresh
45 Pronoun category
49 The Mona Lisa, e.g.
51 Discourteous
52 Formerly
53 Under the weather
54 Oklahoma city
55 Requirement
56 Firmament
57 "Darn it!"

DOWN
1 Buy stuff
2 28-Across's land
3 Eurasian range
4 Buck
5 Arose suddenly
6 Gold, in Guadalajara
7 Distort
8 Like most sachets
9 Holding the scepter
10 Relaxation
11 Very, in Versailles
17 Litter member
19 "Exodus" writer
22 "- Aquarius"
24 Cushion
25 Sapporo sash
26 Available means
27 In an aimless manner
29 Extinct New Zealand bird
30 Puncturing device
33 Eyelid woe
36 Ran the show
38 One who takes great interest in his work?
40 Apiece
42 Astride
43 Zilch
44 Lecture-hall structure
46 Albacore, e.g.
47 Tend texts
48 Cincinnati squad
50 Sort



HOCUS-FOCUS

BY HENRY BOLTINOFF

FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

Differences: 1. Mirror is raised. 2. Cup handle is missing. 3. Sleeves are added. 4. Chair is different. 5. Arm is added. 6. Hair is different.

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The Garden Bug

Pet poison

Many common plants can be toxic to pets if injested or touched – some mildly poisonous, while others can be deadly. Consult your vet to find out what plants are common problems in your area. Signs of poisoning include vomiting, skin irritation, diarrhea, raspy breathing, tremors and convulsions

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MAGIC MAZE ● PRE —

B X V S P N K G K I F C A X V
S Q O L T J H E N C C W A X V
T R P D E N W O I I A N L J Y
H F D B N Y I X R S T V T F R
R E G I S T E R H S P S I T N
N O I T I N G I S A O L I A M
K I G S O D E D B R A Z M X X
W U O T N A I B M U L O C R E
Q P O N E T L J Q J R I G F D
C A Y X D E L E C N A C W V T
S R P O N D L K J I W G F E C

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Canceled
Columbian
Dated
Existing
Ignition
Jurassic
Position
Qualify
Register
Roman
Shrink
Tax
Tensioned
War
Wash

Trivia test by Fifi Rodriguez

1. MOVIES: Who starred with Susan Sarandon in "Thelma & Louise"?
2. HISTORY: When did Russia's Romanov Dynasty end?
3. ASTRONOMY: Who formulated a theory of planetary movement?
4. MEASUREMENTS: How many pints are in three U.S. quarts?
5. U.S. STATES: Where is the city of Oshkosh?
6. ARTS: For what kind of art was Sara Teasdale best known?
7. ANATOMY: What is another name for leukocytes?
8. GENERAL KNOWLEDGE: Where was the chocolate chip cookie invented?
9. PERSONALITIES: What actor's birth name was Alphonso d'Abruzzo?
10. FOOD & DRINK: How many original flavors of ice cream did Baskin Robbins serve?

Answers

1. Geena Davis
2. 1917
3. Robert Hooke
4. Six
5. Wisconsin
6. Poetry
7. White blood cells
8. The Toll House Inn, Whitman, Mass.
9. Alan Alda
10. 31

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King Crossword — Answers

Solution time: 21 mins.

Magic maze — Answers

PRE-

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Bob Barker Gerry Barker

FALL SPECIAL

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Salome's Stars

ARIES (March 21 to April 19) You'll soon have a chance to take a big step up from where you are to where you want to be. Check it out first. Remember: Even the Mountain Sheep looks before it leaps.

TAURUS (April 20 to May 20) This week brings a challenge that could determine the future direction of your life. If you're ready for a change, accept it with confidence. A loved one supports your decision.

GEMINI (May 21 to June 20) A disruption creates a delay in completing your projects. Use this time to pursue a personal matter you were too busy to deal with before. You'll find it will be time well spent.

CANCER (June 21 to July 22) You still need to be on the alert for any signs of problems that could create serious misunderstandings. A more positive aspect begins to emerge toward the week's end. Be patient.

LEO (July 23 to August 22) With things slowing down a bit this week, it would be a good time for luxury-loving Leonines to go somewhere for some well-earned pampering. Things liven up around Friday.

VIRGO (August 23 to September 22) Single Virgos looking for partners are finally getting a break from Venus, who has moved in to make things happen. Attached Virgos see their relationships blossom.

LIBRA (September 23 to October 22) You've been working hard to get things done. Now take a breather and recheck your next step. You might want to make some changes in view of the news that comes your way.

SCORPIO (October 23 to November 21) The watchword for savvy Scorpios this week is "preparation." Consider sharpening your skills to make the most of the new opportunity you're about to take on.

SAGITTARIUS (November 22 to December 21) There might still be some loose ends that need tucking up if you hope to get that important relationship repaired. A new spurt of activity starts soon.

CAPRICORN (December 22 to January 19) It's a good idea to keep the positive momentum going by finding and getting rid of anything that could cause you to stumble. Keep the path ahead clear and open.

AQUARIUS (January 20 to February 18) A period of contemplation is advised before you make your next move. Be sure that where you decide to go is the right place for you. A health matter needs attention.

PISCES (February 19 to March 20) That new energy surge that hit you last week continues to send out good vibrations. Try investing a part of it in creating something noteworthy on the job.

BORN THIS WEEK: You like to balance your personal universe, and in doing so, you help bring harmony into the lives of the rest of us.

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Wishing Well®

8	5	8	3	5	3	5	7	2	6	3	6	3
A	N	C	C	E	L	W	B	C	L	E	I	A
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S	H	U	E	D	L	O	D	D	A	D	Y	S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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OBITUARIES

Roberta E. Driscoll, 80

Retired Warehouse Clerk

A funeral service for Roberta E. (Lewis) Driscoll, 80, of Squantum, a retired warehouse clerk, was held Sept. 23 at Keohane Funeral Home, 785 Hancock St.

She died Sept. 20 at New England Medical Center.

Born in Dorchester, she worked at Eastern Nazarene College for three years before becoming a warehouse clerk at the Jordan Marsh Warehouse, where she worked for 10 years.

Mrs. Driscoll was a member of the Quincy Tennis Club and the Squantum Community Club. She enjoyed knitting and crafts.

She is survived by her husband, Robert A. Driscoll Jr. of Squantum; three sons, Robert A. Driscoll III of Squantum, James S. Driscoll of Dennis, and William L. Driscoll of Worcester; a daughter, Cynthia M. Bowes; and four sisters, Marguerite Flanagan of Dedham, Christina Frye of Bridgewater, Barbara Simmons of Florida, and Nancy Saad of New Hampshire.

ROBERTA E. DRISCOLL

Burial was at Blue Hill Cemetery, Braintree.

Renato A. Tronca, 52

Plumber

A funeral Mass for Renato A. Tronca, 52, of Quincy, a plumber, was celebrated Sept. 16 at St. John's Church, Quincy Center.

Mr. Tronca died Sept. 13 at Carney Hospital in Boston after a brief illness.

Born in Anversa, Italy, he moved to America when he was 6 and settled with his family in Quincy in 1960.

He graduated from Quincy High School in 1972 where he played football and hockey.

He worked as a plumber with his brother, Mario Tronca, for many years at Tronca Plumbing and Heating in Quincy.

Mr. Tronca also played football for the Elks and served in the Army for nearly two years.

He is survived by his wife, Sylvia Wynands; three sons, Derek Tronca and Stephen Wynands of Quincy and Hank Wynands of Plymouth; three daughters, Ellen Walsh of Pembroke, Laura Wynands of Attleboro and Kelly Wynands of Whitman; two brothers, Mario Tronca and John Tronca, both of Quincy; and many grandchildren.

Burial was in Pine Hill Cemetery, Quincy.

Funeral arrangements were made by Bolea-Buonfiglio Funeral Home, 116 Franklin St., Quincy.

William W. Chase

Retired Service Representative

A Mass of Christian burial for William W. "Bill" Chase, 84, of Quincy, a retired service representative of General Electric, was celebrated Monday at St. Joseph's Church, 556 Washington St.

He died Sept. 20 at Quincy Medical Center.

He served several years in the Navy, in the WWII Pacific theater aboard the USS Pegasus, receiving several decorations, including the Asiatic-Pacific Theater Medal, the American Theater Medal, the World War II Victory Medal and the Philippine Liberation Medal.

He was a service representative with the Westwood Office of General Electric for 35 years before retiring.

Born and raised in Quincy, he graduated from North Quincy High School in 1940.

He was an avid sportsman, and enjoyed hunting deer and rabbit with his late brothers, as well as fishing and bowling for the North Quincy Associates.

He was a member of the Adams Heights Men's Club and the Town River Yacht Club.

WILLIAM W. CHASE

He is survived by his wife, Nora A. (Shaheen) Chase; a daughter, Stephanie Coose of Easton; two sons, Christopher O. Chase and William W. Chase Jr. of Quincy, three grandchildren and many nieces and nephews.

Burial was in Pine Hill Cemetery, with full military honors.

Funeral arrangements were by Dennis Sweeney Funeral Home, 74 Elm St.

Donations may be made to the American Heart Association, 20 Speen St., Boston, MA 02116.

Eva D. Stevens, 85

Retired Sales Associate

A funeral Mass for Eva D. (Sinewick) Stevens, 85, of Quincy, formerly of Dorchester, a retired sales associate, was celebrated Wednesday at 10 a.m. at Sacred Heart Church, North Quincy.

Mrs. Stevens died Sept. 23 at home.

Born in Billerica, she had lived in Dorchester before moving to Quincy 29 years ago.

She worked at Filenes in Boston as a sale associate for 15 years before retiring in 1959.

Mrs. Stevens enjoyed cooking and quilting.

Wife of the late Delane Stevens, she is survived by two daughters, Barbara (Stevens) Flaherty of Quincy and Karen Davis of Quincy; a son, Thomas Stevens of Westford; nine grandchildren and three great-grandchildren.

She was the sister of the late Joseph Sinewick.

Burial was at Mount Benedict Cemetery, West Roxbury.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Wollaston.

Memorial donations may be made to Camp Fatima, P.O. Box 206, 32 Fatima Rd., Gilmanton, N.H. 03837.

John Kaufman, 85

World War II Veteran

A funeral service for John Kaufman, 85, of Quincy, a World War II Army veteran, was held Tuesday at Hammel, Wickens and Troupe Funeral Home, 26 Adams St.

He died Sept. 21 at Quincy Medical Center following a stroke.

Mr. Kaufman worked for two years at the former Bethlehem Steel before working at the former Mathewson Machinery Corp. in Neponset, now known as Mathewson Corp. in Weymouth, as a mattress machinery engineer. He retired in 1986.

Born in Quincy, he graduated from Quincy High School in 1939. He served in the Army from 1942 to 1946.

He and his wife volunteered at the Quincy Medical Center and Quincy Teen Mother's Program for more than 10 years, from which Mr. Kaufman received a citation for his work.

He was also a member of the Quincy Point Civic Association and the Ward 2 Civic Association.

JOHN KAUFMAN

He is survived by his wife of 61 years, Elaine (Catto) Kaufman; a son, Capt. Ronald M. Kaufman, USNR (retired) of Duxbury; a daughter, Dr. Maralyn Kaufman David of Pittsford, N.Y.; seven grandchildren, and several nieces and nephews.

Burial was in Mount Wollaston Cemetery, with full military honors.

Henry A. Gallagher Jr.

World War II Veteran

A private funeral service for Henry A. Gallagher Jr., of Boston, formerly of Quincy, a Navy veteran of World War II, was held recently.

He died Sept. 15 at Veterans Administration Hospital in West Roxbury after a long illness.

Mr. Gallagher retired after a long career in advertising with the Boston Record American and Herald. He was a member of the Squantum Yacht Club and Veterans of Foreign Wars Post 613.

He was born and raised in Quincy.

He is survived by his wife, Helen (Harold) Blay-Gallagher.

Funeral arrangements were by Deware Funeral Home, 576 Hancock St.

Donations may be made to a charity of choice.

Angela T. Roobian, 89

Credit Manager At Kincaide's Furniture

A private graveside service for Angela T. (Rapazzini) Roobian, 89, of Quincy, was held Wednesday at New Calvary Cemetery, Boston.

Mrs. Roobian died Sunday at home after a long illness.

Born in Boston, she was raised in Boston and attended Boston schools. She had lived in Dorchester before moving to Quincy in 1950.

Mrs. Roobian was credit manager at the former Kincaide's Furniture Store in Quincy Center for 30 years. She retired 19 years ago.

She is survived by a son, Charles J. Roobian of Quincy; two grandsons, Ryan J. Roobian and Christopher A. Roobian, both of Quincy; and a cousin, Terry Santorio of Quincy.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to Vista Care Hospice, 690 Canton St., Suite 220, Westwood, MA 02090.

Seek Medical Gear To Loan

The Council on Aging is seeking donations of medical equipment that is no longer needed by the current owner but can be loaned to someone else.

Call the Council at 617-376-1506.

DON McCARTHY
Managing Director

A THOUGHT FOR THE WEEK

A person has to know what he should remember and what he should forget. We need to remember the wise lessons life has taught us . . . We also need to retain memories of experiences and great joys that have inspired us. But we also have to learn to forget the hurts and resentments, and forget the sting of failure, the bitterness of disappointment. Couldn't it be said that if you don't learn to forget, life may forget you?

We like what Norman Vincent Peale says about forgetting: "First there must be an act of will. Realize that some memories are not good for you. Start by telling yourself, 'I will forget these things.' It may be that after making a positive decision of this kind you will find yourself involuntarily thinking the same negative thought again. In that case simply continue to reaffirm your determination to forget and in time the memory will fade or at least lose its potency . . . The second element in purposeful forgetting is to fill the mind with more positive matters. If the mind is not occupied with something constructive the banished negative thoughts are bound to come traipsing back. To forget the past busy yourself with the present and the future."

To live a happy and successful life practice the art of forgetting . . .

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John W. Kelly, 101

Retired Electrician

JOHN W. KELLY

A funeral Mass for John W. Kelly, 101, of Quincy, formerly of Pembroke and Charlestown, a retired electrician, will be celebrated today (Thursday) at 10:30 a.m. at Saint Agatha's Church, Milton.

Mr. Kelly died Sept. 23 at Quincy Medical Center.

Born in Boston, he was raised in Charlestown and lived in Quincy from 1942 to 1993. He moved to Pembroke in 1993 and lived there until 2004 when he returned to Quincy.

Mr. Kelly was a graduate of Boston Trade School and attended Northeastern University, Wentworth Institute and Franklin Institute.

He was the longest member of the I.B.E.W. Local #103 Electrical Union in Boston. He received his 82-year pin this past year.

Mr. Kelly worked for Massachusetts Electric from 1930 to 1958, prior to working for the MBTA, and then again from 1965 to 1970 in the construction division.

He was a resident of the River Bay Club in Quincy for the past two years. He enjoyed dancing and playing pool.

Mr. Kelly was a long-time member of the Holy Name Society at Saint Agatha's Church in Milton.

Mr. Kelly and his late wife were ballroom dancing enthusiasts and enjoyed travelling the world.

He built a family cottage in the Ellisville section of Plymouth in 1953. He and his family still summer there.

Husband of the late Margaret L. (Hurley) Kelly, he is survived by a son, John W. Kelly Jr. of Quincy; three daughters, Nancy M. Burns of Pembroke and Braintree, Margaret A. Flaherty of Milton and Mary Lou Kraemer of Rockland; a sister, Dorothy E. Kelly of Dorchester; 14 grandchildren and 18 great-grandchildren.

Visiting hours were Wednesday from 4 to 8 p.m. at the Keohane Funeral Home, 785 Hancock St., Wollaston.

Burial will be in St. Mary's Cemetery, Canton.

Edna M. Griffin, 80

Licensed Practical Nurse

A funeral service for Edna M. (MacKenzie) Griffin, 80, of Holbrook, formerly of Quincy, will be held today (Thursday) at 10:30 a.m. at the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Mrs. Griffin died Sunday at New England Medical Center after a brief illness.

Born in Boston, she was raised and educated in Quincy schools. She lived most of her life in Quincy before moving to Holbrook 28 years ago.

Mrs. Griffin was a graduate of Quincy High School. She graduated from Quincy College and received her LPN degree.

She was a licensed practical nurse and worked for many years at both the former Quincy City Hospital and the Colonial Nursing Home in Weymouth. She retired 10 years ago.

Wife of the late Joseph J. Griffin, she is survived by five daughters, Barbara C. Robins of Holbrook, Kathryn A. Goldrick of Holbrook, Margaret J. Griffin of Bedford, Cynthia M. Griffin of Merrimack, N.H. and Janice L. Taylor of Weymouth; a son, Richard J. Griffin of Bridgewater; three sisters, Irene Shannon of Quincy, June Piccarini of Quincy and Jacqueline Gentile of Quincy; a brother, William Hennessey of Mashpee; 11 grandchildren, one great-grandson and many nieces and nephews.

She was also the mother of the late Mary Griffin.

Burial will be in Massachusetts National Cemetery, Bourne.

Visiting hours were Wednesday from 4 to 7 p.m. at the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to Saint Jude's Children Research Hospital, 501 St. Jude Place, Memphis, TN 38105 or to Girls & Boys Town, Boys Town, NE 68010.

Esther L. Nisula, 94

Elementary School Teacher

A private graveside service for Esther Lindberg Nisula, 94, of Quincy, a former elementary school teacher, was conducted Tuesday at Mount Wollaston Cemetery, Quincy. The Rev. James L. Kimmell, pastor of Faith Lutheran Church, officiated.

Mrs. Nisula died Sept. 19 at South Shore Rehabilitation and Skilled Nursing Center in Rockland.

Born in Boston, she was a lifelong Quincy resident.

She was educated in Quincy schools. She graduated from Quincy High School in 1930.

She was also a 1934 graduate of Bridgewater Normal School.

Mrs. Nisula was a former fifth grade elementary school teacher. She taught for many years at the former Daniel Webster School in Quincy. She retired many years ago.

She was a lifelong member of Faith Lutheran Church in Quincy, formerly known as the Trinity Lutheran Church.

Mrs. Nisula was a member of the Finlandia Foundation, the former United Co-operative Store in West Quincy, the Quincy Historical Society and the UKTS Finnish Temperance Society of Quincy and Pembroke.

She also had collaborated, with her late husband, writing many articles on the lives of Finnish emigrants, with emphasis on their contribution to the granite industry in Quincy. They also were the authors of the book, *Finnish Import*.

Wife of the late Walter Olavi Nisula, she is survived by a son, Paul Nisula of Abington; a daughter, Nancy E. Taylor of Newfields, N.H.; four grandchildren and two great-grandchildren.

Funeral arrangements were made by Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to a charity of choice.

Margaret B. Comeau, 86

Retired Mail Order Supervisor

A funeral Mass for Margaret B. (Mulvey) Comeau, 86, of Quincy, formerly of Dedham, will be celebrated at 10 a.m. today (Thursday) at St. Mary's Church, 420 High St., Dedham.

Mrs. Comeau died Monday at home.

Born in Boston, she had lived in Dedham many years before moving to Quincy.

She was a retired mail order supervisor for Sears & Roebuck in Boston.

Wife of the late Peter E. Comeau, she is survived by a daughter, Margaret Lynch of Quincy; two sons, Gerard E. Comeau and John D. Comeau, both of Dedham; a brother, Frank Mulvey of Roslindale; three sisters, Rose Lynch and Elizabeth Mulvey of Dedham and Mildred Leary of Acton, Maine; nine grandchildren; and 15 great-grandchildren.

Burial will be in Old Calvary Cemetery, Roslindale.

Funeral arrangements were made by George F. Doherty & Sons Wilson-Cannon Funeral Home, 456 High St., Dedham.

Frances W. O'Toole, 80

Retired Secretary

A funeral Mass for Frances W. (Kelleher) O'Toole, 80, of Quincy, formerly of Cambridge, a retired secretary, was celebrated Wednesday at 11 a.m. in St. Mary's Church, West Quincy.

Mrs. O'Toole died Sept. 23 at South Shore Hospital, Weymouth.

Born in Brookline, she spent many years in Cambridge before moving to Quincy 50 years ago.

She was a graduate of Burdett College.

Mrs. O'Toole was employed as secretary for New Amsterdam Casualty Insurance Company in Boston for eight years. She retired in 1954.

She was a member of St. John's Senior Citizens group and a member of St. Mary's Senior group. She was also a den mother at St. Mary's Church.

She enjoyed bingo and bowling.

Wife of the late Owen M. "Terry" O'Toole, Mrs. O'Toole is survived by two sons, Owen W. "Marty" O'Toole of Nashua, N.H. and Lawrence "Larry" O'Toole of Braintree; a daughter, Karen Merrifield of Quincy, and five grandchildren.

Burial was in Saint Mary's Cemetery, Quincy.

Funeral arrangements were made by the Keohane Funeral Home, 785 Hancock St., Wollaston.

Memorial donations may be made to Hospice of the South Shore, 100 Baystate Dr., Braintree, MA 02184 or St. Mary's Church, 115 Crescent St., Quincy, MA 02169.

Houghs Neck Congregational 'Country Fair' Saturday

A scavenger hunt, chicken barbecue and contests from quilting to pie baking are among the highlights of the Houghs Neck Congregational Church Country Fair Saturday, Sept. 30 at the church, 310 Manet Ave.

The day-long event begins at 9 a.m. with a scavenger hunt. Fair booths will be open from 11 a.m. to 5 p.m., with booths for baked goods, homemade fudge, crafts, fresh produce and refreshments, including hot dogs, burgers, popcorn and cotton candy. In addition to country fair contests for quilting, pie baking, jams and jellies, flower arranging and funniest pet photo, the event will feature prize raffles as well as games and activities for the family.

A "Houghs Neck Idol" singing contest will be held at 3 p.m., with prizes for the winners.

The fair will conclude with a chicken barbecue from 5 to 7 p.m. and the awarding of prizes to contest and raffle winners.

For contest entry details or for more information on the fair, call 617-479-2311.

Marjorie L. Baker, 78

Telephone Company Employee

A funeral service for Marjorie L. Baker, 78, of Braintree, formerly of Quincy, will be held at 11 a.m. today (Thursday) at Hamel, Wickens and Troupe Funeral Home, 26 Adams St., Quincy Center.

Miss Baker died Sept. 23 at Braintree Landing Nursing Home.

She worked for the telephone company for all of her career, beginning as an operator in Marshfield.

She enjoyed traveling, playing cribbage and dining out with friends.

Born and raised in Marshfield, Miss Baker was a graduate of Marshfield High School. She later moved to Quincy.

She formerly lived at River Bay Club in Quincy prior to moving to Braintree Landing in 2004.

She is survived by many cousins including Phyllis Wuertz of Madison, Conn., Jencie Stewart of Marshfield and Ethel Baker Day of Carver.

Used Durable Medical Equipment Drop-Off At Quincy Medical Oct. 28

The Rehabilitation Services Department at Quincy Medical Center will host a Used Durable Medical Equipment Drop-Off Saturday, Oct. 28 from 3 to 5 p.m. at the Outpatient Physical Therapy Department's entrance in the medical center's rear parking area, 114 Whitwell St., Quincy.

Residents are invited to "drop off" gently used medical equipment, including rolling walkers, standard walkers, folding walkers, straight canes, quad canes, wheelchairs, commodes, hoyer lifts, and raised toilet seats.

Equipment collected will be inspected, cleaned and refurbished and donated to area physical therapy equipment "loan closets."

Crutches are not needed at this time.

Soiled and/or broken equipment will not be accepted.

For more information, call 617-376-5303.

Vets Adviser At COA Office

John D. Miller of Home Care Partners, will be at the Council on Aging office, 83 Saratoga St., each Wednesday to advise veterans or their surviving spouses of their in-home care benefits.

To schedule an appointment, call the Council on Aging at 617-376-1506.

SWAP Earns Tax Abatements For Seniors

The Council on Aging has a SWAP (Senior Workers' Abatement Program) that enable the elderly to work 89 1/2 hours a year and earn $600 towards their real estate tax bills.

For further details, call Dorothy Dow at 617-376-1508.

Vision Deprived Learn New Skills

Seniors and others with limited vision meet twice a week Tuesdays and Fridays at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., to learn new skills from each other.

For more information, call the Council on Aging at 617-376-1506.

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RELIGION

Service Of Remembrance, Healing Sunday At Community United Methodist

A service of remembrance and healing will be held Sunday, Oct. 1 from 6 to 8 p.m. at Quincy Community United Methodist Church, 40 Beale St., Wollaston.

The 11th annual interfaith service commemorates lives lost to domestic violence and honors survivors.

Marjorie Clapprood, executive director of One Family, Inc., will be the featured speaker at the event which provides a time and place to mark both personal and communal losses, honor survivors who have reclaimed their lives, and to renew the commitment to ending family and partner violence and abuse.

The evening will include personal testimonials, musical performances, and a traditional candlelight vigil in memory of all Massachusetts victims who died Oct. 2005 to present.

A tee-shirt exhibit crafted by and for victims will be on display as well as critical resource information.

Childcare will be available.

The free public event is sponsored by the South Shore Coalition for the Prevention of Domestic Violence, Quincy churches, and area organizations and individuals.

Any donations will go to DOVE (Domestic Violence Ended), a comprehensive program in Quincy.

Quincy Community United Methodist Church is next to CVS across from the MBTA/Red Line/Wollaston, and is wheelchair accessible.

Street parking is available.

Quincy Community United Methodist To Celebrate World Communion Sunday

Quincy Community United Methodist Church, 40 Beale St., Wollaston, will join all United Methodist Churches worldwide in celebrating World Communion Sunday Oct. 1.

At the 10:30 a.m. service, music from several different countries will express the global nature of Communion in Christianity. Sunday School students will bring a variety of breads forward and will place them on the altar; these same breads will be shared during Holy Communion.

This is the second year the church will celebrate World Communion Sunday in this way. People are asked to bring different kinds of sandwich fillings for the sandwich luncheon.

Beverages and light desserts are provided by the coffee hour team.

In addition to the worship service, Sunday School classes area also held at 10:30 a.m.

The church building is handicapped accessible by the front door nearest the flag pole.

For more information, call the church at 617-773-3319.

Bethany Congregational Church

Bethany Congregational Church, 18 Spear St., Quincy Center, will have Sunday worship and church school at 10 a.m.

The Rev. Ann Rearick will conduct the service and preach a sermon entitled "What Do You Treasure?" There will also be a children's message.

Childcare will be available for infants and toddlers.

Fellowship follows the service in Allen Parlor. Light refreshments will be served.

Evangelist To Speak Sunday At Union Congregational Church

Jonathan Bernd of "Jews for Jesus" will speak at the 10 a.m. worship service Sunday at Union Congregational Church, 136 Rawson Rd., Wollaston.

Bernd is an evangelist with the Boston branch of "Jews for Jesus." He and his wife Cindy live in the Boston area.

"Jews for Jesus" is an organization that proclaims that Jesus is the Messiah of Israel and the Savior of the world. It was founded by Moishe Rosen, a Jew who has believed in Jesus for more than 35 years. The organization has permanent branches in eight North American cities as well as over 127 volunteer chapters spanning some 41 states and five countries.

For more information, call 617-479-6661.

Quincy Point Congregational Church

World Communion Sunday will be celebrated at the 10 a.m. worship service. Sunday at Quincy Point Congregational Church, 444 Washington St.

The Rev. Ann Suzedell will preach. Deanna VanSchagen will serve as deacon of the day.

Prayers and readings in several languages will be offered by members and friends of the congregation.

An international brunch will follow the service in Social Hall.

Annual Block Party At Union Congregational Church Saturday

The second annual block party for the neighborhood and Wollaston community will be held Saturday, Sept. 30 from 10 a.m. to 2 p.m. at Union Congregational Church, corner of Beach St. and Rawson Rd., Wollaston.

Events will include a moon walk, basketball, face painting, book table, food table, free hot dogs and pop corn. Music will feature Mark Bishop Evans, a Christian folk singer.

For more information, call the church office at 617-479-6661.

Quincy Religion Directory

SERVICES & ACTIVITIES

Assemblies of God

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158 Washington St., Quincy
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Rev. Gregory E. Wheaton, Pastor
Sunday Worship 8:30, 11 a.m. Christian Ed 10 a.m.
Senior Hi Youth 7 p.m. Wed. 7 p.m. Berean Bible Study.
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(617) 328-8666
Sunday Masses
4pm (Sat.) 7:45am, 9am (Family Liturgy)
10:30am (with Choir) and 5pm
12 noon at Star of Sea Church
Weekday Masses
Mon.-Fri 7am and 9am, Sat. 9am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m., 10:30 a.m. & 5 p.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

ST. JOHN THE BAPTIST
44 School St., Quincy
617-773-1021
Weekend Mass Schedule
Saturday (Vigil Mass) 4 p.m.
Sunday 7:30 a.m., 9 a.m. and 11 a.m. (Family Liturgy)
Weekday Masses
Monday - Saturday 8 a.m.
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
• 617-479-5400
Pastor: Rev. John J. Ronaghan
Weekend Mass Schedule:
Saturday 4:00 PM
Sunday 7:00, 9:00, 11:30AM
Daily Masses 9:00 AM
Handicapped Chairlift Available

Congregational

HOUGHS NECK CONGREGATIONAL CHURCH
310 Manet Ave., Quincy
www.hncong.org
Sunday, Oct. 1
Worship Service
9:30 am
Sunday School 9:30 AM
'Don't Go to Hell'
Mark 9: 38-50
Worldwide Communion Sunday
Rev. John Castricum
617-479-8778

BETHANY CONGREGATIONAL CHURCH
Corner of Spear & Coddington Sts., Quincy Center • 617-479-7300
10 AM Sunday Worship
Rev. Ann Rearick - 'What Do You Treasure?'
Childcare Available for Infants, Toddlers
Fellowship Follows Service in Allen Parlor

QUINCY POINT CONGREGATIONAL CHURCH
444 Washington St. • 617-773-6424
Worship and Church School 10 am
Rev. Ann Suzedell, Pastor
visit us at www.QPCC.org

UNION CHURCH
Beach St. & Rawson Rd., Wollaston
Sunday Service 10 AM
617-479-6661
Good Bible Preaching & Traditional Worship
Rev. John Carl Swanson, Pastor

PEACE

Congregational

WOLLASTON CONGREGATIONAL CHURCH
48 Winthrop Ave. - 617-773-7432
Pastor: Rev. Mary Lou Gifford
Sunday Worship Oct. 1
Rev. Mary Louise Gifford
"Same Message: Different Voice"
Ch. 11 Mark 9: 38-50

Covenant

COVENANT CONGREGATIONAL CHURCH
Corner of Whitwell & Granite St.
Sunday Worship 10:00 AM
Rev. Karen Palmatier, Pastor
9 a.m. – Christian Education for all ages
Child Care Available - All Are Welcome
Children's Pantry
Wed., Thur. 9:30 am - 12 noon
617-479-5728

Nazarene

Wollaston Church of the Nazarene
37 E. Elm Ave., Wollaston
(617) 472-5669
On The Campus Of Eastern Nazarene College
Pastor: Rev. Fred. Fullerton
Sunday Services
8:30 am - Holy Communion
9:45 am - Adult & Children's Sunday School
11 a.m. - Blended Worship Service
Come Worship with Us!

Unitarian

UNITED FIRST PARISH, Quincy
1306 Hancock St., across from Quincy Center T
Worship Service & Church School
SUNDAYS, 10:30 a.m.
Rev. Sheldon W. Bennett, Minister
• A Welcoming Congregation •
617-773-1290 • www.ufpc.org

Episcopal

St. Chrysostom's Episcopal Church
Corner of Hancock & Linden Sts., Quincy
(617) 472-0737 • www.stchrysostom.com
Rev. David Hefling
Sunday School 9 a.m.
Adult Forum 9:15 a.m.
Holy Eucharist Rite 10 a.m.
Nursery Care During Service
Coffee Hour Following
ALL WELCOME
THRIFT SHOP HRS - W, TH, FR. 10am-4pm

Evangelical

EVANGELICAL CHURCH OF ATLANTIC
65 Newbury Ave. North Quincy
(617) 847-4444
Pastor Bill Donahue
Sunday Morning Worship 10:10 AM
Childcare Available

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Dr. Susan Jarek-Glidden, Pastor

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45 SUNDAY SCHOOL
11AM WORSHIP SERVICE
BRASS BAND MUSIC
7PM TUES WOMEN'S FELLOWSHIP
7:15PM WED. BIBLE STUDY

Spiritualist

First Spiritualist Church of Quincy
40 West St., Quincy, MA 02169
(617) 770-2246
Services: Sunday 11 a.m. to 12:30 PM
Coffee and Conversation following service.
Services 8 PM Wednesdays June, July, August
Pastor Rev. Rita S. Berkowitz, C.H.C.M.

Motorcycle Run Saturday To Benefit Dianne DeVanna Center

The Braintree Moose Family Center will sponsor a motorcycle run to benefit The Dianne DeVanna Center Saturday, Sept. 30 at 10:30 a.m.

The run will begin and end at the Braintree Moose #413 Family Center, 145 Howard St., Braintree. There will be predetermined stops from Braintree to Plymouth.

The event's conclusion in Braintree, there will be food, fun, drawings and music.

Donations will benefit The Dianne DeVanna Center. Donation is $30 per rider, $50 per couple.

The Braintree Moose Family Center and The Dianne DeVanna Center are committed to the betterment and safety of children.

For more information, contact John Carr, Moose Lodge member and event coordinator, at 781-706-7241, or The Dianne DeVanna Center for the Prevention of Child Abuse and Neglect at 781-843-7010.

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2152GC
In the Matter
Of DELORES MCNAMARA
Of QUINCY
In the County of NORFOLK
NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN

To DELORES MCNAMARA of QUINCY in the County of NORFOLK, her spouse, and heirs apparent or presumptive, a petition has been filed in the above captioned matter alleging that said DELORES MCNAMARA of QUINCY in the County of NORFOLK is physically incapacitated and praying that ACTIVECARE GUARDIANSHIPS, INC. OF PEMBROKE in the County of PLYMOUTH or some other suitable person be appointed guardian, to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **OCTOBER 13, 2006**.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, August 31, 2006.

PATRICK W. McDERMOTT
Register of Probate

9/28/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2151GC
In the Matter
Of THOMAS LITTLEFIELD
Of QUINCY
In the County of NORFOLK
NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN

To THOMAS LITTLEFIELD of QUINCY in the County of NORFOLK, his spouse, and heirs apparent or presumptive, a petition has been filed in the above captioned matter alleging that said THOMAS LITTLEFIELD of QUINCY in the County of NORFOLK is physically incapacitated and praying that ACTIVECARE GUARDIANSHIPS, INC. OF PEMBROKE in the County of PLYMOUTH or some other suitable person be appointed guardian, to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **OCTOBER 12, 2006**.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, August 31, 2006.

PATRICK W. McDERMOTT
Register of Probate

9/28/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2156GI
In the Matter
Of ALZONO HENRY
Of QUINCY
In the County of NORFOLK
NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN

To ALONZO HENRY of QUINCY in the County of NORFOLK, his spouse, and heirs apparent or presumptive, a petition has been filed in the above captioned matter alleging that said ALONZO HENRY of QUINCY in the County of NORFOLK is a mentally ill person and praying that ACTIVECARE GUARDIANSHIPS, INC. OF PEMBROKE in the County of PLYMOUTH or some other suitable person be appointed guardian, to serve without surety of the person – and property – with the authority to administer antipsychotic medications in accordance with the treatment plan for reasons more fully set forth in said petition.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **OCTOBER 11, 2006**.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, August 31, 2006.

PATRICK W. McDERMOTT
Register of Probate

9/28/06

SAVE GAS and MONEY
SHOP LOCALLY

LEGAL NOTICES
CITY OF QUINCY
IN COUNCIL

ORDER NO. 2006-221
ORDERED: September 5, 2006

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.20 Stopping, Standing and Parking.
Section 10.20.040 Parking - Prohibited and Restricted where.

DELETE THE FOLLOWING:

Street	Side	From	To	Type of Regulation
Farrington Street	**East**	**#132 Farrington St.**		**Handicapped Parking**

A TRUE COPY.
ATTEST: Joseph P. Shea
Clerk of Council

9/28/06

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2006-222
ORDERED: September 5, 2006

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.20 Stopping, Standing and Parking.
Section 10.20.040 Parking - Prohibited and Restricted where.

DELETE THE FOLLOWING:

Street	Side	From	To	Type of Regulation
Cross Street	**West**	**#45 Cross St.**		**Handicapped Parking**

A TRUE COPY.
ATTEST: Joseph P. Shea
Clerk of Council

9/28/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2154GI
In the Matter
Of EMILY GILBERT
Of QUINCY
In the County of NORFOLK
NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN

To EMILY GILBERT of QUINCY in the County of NORFOLK, her spouse, and heirs apparent or presumptive, a petition has been filed in the above captioned matter alleging that said EMILY GILBERT of QUINCY in the County of NORFOLK is a mentally ill person and praying that ACTIVECARE GUARDIANSHIPS, INC. OF PEMBROKE in the County of PLYMOUTH or some other suitable person be appointed guardian, to serve without surety of the person – and property – with the authority to administer antipsychotic medications in accordance with the treatment plan for reasons more fully set forth in said petition.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **OCTOBER 13, 2006**.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, August 31, 2006.

PATRICK W. McDERMOTT
Register of Probate

9/28/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2165GI
In the Matter
Of ANTONIO PISELLI
Of QUINCY
In the County of NORFOLK
NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN

To ANTONIO PISELLI of QUINCY in the County of NORFOLK, his spouse, and heirs apparent or presumptive, a petition has been filed in the above captioned matter alleging that said ANTONIO PISELLI of QUINCY in the County of NORFOLK is a mentally ill person and praying that ACTIVECARE GUARDIANSHIPS, INC. OF PEMBROKE in the County of PLYMOUTH or some other suitable person be appointed guardian, to serve without surety of the person – and property – with the authority to administer antipsychotic medications in accordance with the treatment plan for reasons more fully set forth in said petition.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **OCTOBER 10, 2006**.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, August 31, 2006.

PATRICK W. McDERMOTT
Register of Probate

9/28/06

NOTICES OF PUBLIC HEARINGS

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-078

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, OCTOBER 10, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of FLAHERTY CONTRACTING CORP. for a FINDING to extend an existing dormer in violation of Title 17 as amended Chapter 17.24.020.B.2 (alterations) on the premises numbered 111 SUMNER STREET, QUINCY.

Jack Garland, Chairman

9/21, 9/28/06

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-077

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, OCTOBER 10, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of LAROSA DEVELOPMENT, JAMES DUNN for a VARIANCE to demolish existing structure and construct a new duplex home in violation of Title 17 as amended Chapter 17.20.040 (dimensional requirements) on the premises numbered 721 SEA STREET.

Jack Garland, Chairman

9/21, 9/28/06

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-079

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, OCTOBER 10, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of JAMES J. FERRERA for a SPECIAL PERMIT/VARIANCE to remove six (6) existing billboards and construct nine (9) townhouses in violation of Title 17 as amended Chapter 17.20 (dimensional requirements), and Chapter 17.16.010 (use regulations) on the premises numbered 178-188 EAST HOWARD STREET, QUINCY.

Jack Garland, Chairman

9/21, 9/28/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 89P0120AX
In the Estate of
JOHN F. QUINN
Late of QUINCY
In the County of NORFOLK
Date of Death
December 16, 1988
NOTICE OF PETITION FOR APPOINTMENT OF ADMINISTRATOR

To all persons interested in the above captioned estate, a petition has been presented praying that SUSAN DREW of HINGHAM in the County of PLYMOUTH or some other suitable person be appointed administrator of said estate to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **NOVEMBER 1, 2006**.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, September 19, 2006.

PATRICK W. McDERMOTT
Register of Probate

9/28/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2245EP
In the Estate of
ELLEN M. ANTONOVICH
Late of QUINCY
In the County of NORFOLK
Date of Death
August 24, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that ELLEN M. ZALEGOWSKI of READING in the County of MIDDLESEX or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **OCTOBER 25, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, September 13, 2006.

PATRICK W. McDERMOTT
Register of Probate

9/28/06

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MISCELLANEOUS

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Career Works
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Brockton, MA 02301
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Securitas Office
1150 Hancock St.
4th Floor
Quincy, MA 02169
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SQUANTUM YARD SALE
127 & 135 Bellevue Rd.
Saturday, Sept. 30 & Sunday, Oct. 1
(9-2)
9/28

YARD SALE
Wollaston, 24 Elm Ave.
Sat. 9/30 8-3, raindate 10/7
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LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 01P3169EP
Notice of Fiduciary's Account

To the persons interested in the estate of Marina Calabro late of Quincy, in the county of Norfolk.

You are hereby notified pursuant to Mass. R. Civ. P. Rule 72 that the 1st, 2nd and final account(s) of David P. Calabro as executor (the fiduciary) of said estate has been presented to this Court for allowance.

If you desire to preserve your right to file an objection to said account(s), you or your attorney must file a written appearance in said Court at Canton on or before the **20th day of October, 2006** the return day of this citation. You may upon written request by registered or certified mail to the fiduciary, or to the attorney of the fiduciary, obtain without cost a copy of said account(s). If you desire to object to any item of said account(s), you must, in addition to filing a written appearance as aforesaid, file within thirty days after said return day or within such other time as the Court upon motion may order a written statement of each such item together with the grounds for each objection thereto, a copy to be served upon the fiduciary pursuant to Mass. R. Civ. P. Rule 5.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, FIRST JUSTICE of said Court at CANTON this 5th day of September, 2006.

PATRICK W. McDERMOTT
Register of Probate
9/28/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P1762EP
In the Estate of
JOSEPHINE DITULLIO
Late of QUINCY
In the County of NORFOLK
Date of Death
March 30, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that TRACEY MCGRATH of PEMBROKE in the County of PLYMOUTH or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **OCTOBER 25, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, September 14, 2006.

PATRICK W. McDERMOTT
Register of Probate
9/28/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2166GC
In the Matter
Of ANGELINA MICHAELIDES
Of QUINCY
In the County of NORFOLK
NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN

To ANGELINA MICHAELIDES of QUINCY in the County of NORFOLK, her spouse, and heirs apparent or presumptive, a petition has been filed in the above captioned matter alleging that said ANGELINA MICHAELIDES of QUINCY in the County of NORFOLK is physically incapacitated and praying that ACTIVECARE GUARDIANSHIPS, INC. OF PEMBROKE in the County of PLYMOUTH or some other suitable person be appointed guardian, to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **OCTOBER 13, 2006**.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, September 1, 2006.

PATRICK W. McDERMOTT
Register of Probate
9/28/06

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- ❑ Autos
- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
- ❑ Real Estate
- ❑ Antiques
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Quincy Residents Tour Wollaston Beach, Attend Public Hearing

A group of Quincy residents recently participated in one of a series of public hearings put on by the Metropolitan Beaches Commission.

Throughout the summer of 2006 the Commission hosted a series of public hearings in each of the "Beach Communities" of Lynn, Nahant, Revere, Winthrop, East Boston, South Boston, Dorchester, Quincy and Hull.

Hearings gave the public an opportunity to help the Commission get an accurate picture of the situation on each beach, share their dreams and aspirations for their beaches, and help identify opportunities and obstacles on the beaches.

Over the past two decades the public has invested more that $4.5 billion in water quality improvements in both Boston Harbor and the Massachusetts Bay. The Commission's work is to establish a series of short, intermediate and long term goals for the region's beaches, and a strategy for securing and managing the resources needed to do the job right.

State Sen. Michael Morrissey and Rep. Bruce Ayers welcomed the Commission to Quincy and led a tour of Wollaston Beach.

SEN. MICHAEL MORRISSEY (left) leads a group of Quincy residents of a tour of Wollaston Beach for the Metropolitan Beaches Commission. After the tour, local citizens met with the Commission to inform them of what they like about the beach, as well as how it can be improved.

Ward 5 Councillor and Council President Doug Gutro is a member of the commission.

After the tour, citizens of Quincy met with the commission to inform them of what they like about the beach, as well as how it can be improved.

"Imagine you have a magic wand" said Save the Harbor/Save the Bay's Bruce Berman. "What would Wollaston Beach be like if you could have everything you wanted?"

The most popular topics included those of beach maintenance, lifeguard stationing, boardwalk access and the possibility of organized beach activities. Many residents noted the great improvements of water and sand quality throughout the years, as well as the excitement around the on-going improvements.

The Metropolitan Beaches Commission was created earlier this year to examine and improve upon the "State of the Beaches." Throughout the summer, public beach hearings have taken place the Commonwealths' beaches from Lynn to Hull.

For more information on the Commission visit www.savetheharbor.org.

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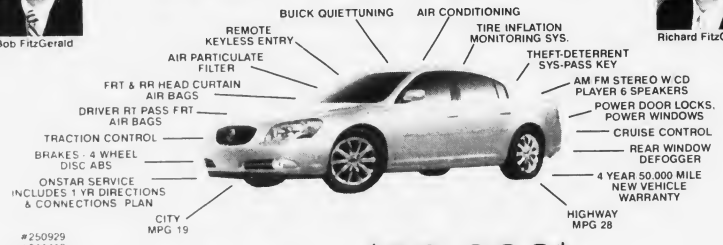

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Happy Milestones
Abe Cohen, 90th - *Page 8*
Henry McDaniels, 100th - *Page 10*

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper

VOL. 39 No. 3 | Thursday, October 5, 2006 | 40¢

RED FLAG of Mainland China flies alongside Old Glory atop the office of the Chinese United Association at Hancock and Beale Streets, stirring animosities in the heart of Wollaston.
Quincy Sun photo/Noreen O'Shea

Rally, Petition Drive Planned

Protests Heightened Over Chinese Flag

By TOM HENSHAW

The furor over the display of the flag of the People's Republic of China in Wollaston was raised up a notch Sunday with the reappearance of the banner and the entrance of Falun Gong, a religious sect that is anathema to Mainland China, into the fray.

And letters to *The Quincy Sun* continued to flog the red flag with its five gold stars as representative of Chinese communism and not a real cultural symbol or national flag.

"We talked to the building inspector (Jay Duca) and the Mayor's office and there is no legal issue," said Jimmy Liang, the unofficial spokesman for the Chinese United Association, which flew the flag over its headquarters at the corner of Hancock and Beale Streets.

"It's down now (Monday). We flew it one day (Oct. 1) for the National Chinese Independence Day. It won't go up again until we have talked to the neighbors. We want to hold a reception for them."

But Stephen Lancione of Milton said the flag was still flying Monday morning and *Sun* photographer Noreen O'Shea photographed it in place Monday afternoon. On Tuesday, however, both the banner and the American flag that accompanied it were gone.

Oct. 1, 1949 was the day the People's Republic of China was proclaimed by the victors after years of civil strife between Mao Tzedong's communists and Chiang Kai Shek's nationalists.

Building Inspector Jay Duca said no permit is needed to fly a national flag in the city.

John "Jake" Comer of Quincy, former national commander of the American Legion and an authority on flag etiquette, said the two flags were flown correctly, neither higher than the other and the American flag on the left facing the building.

Meanwhile, Lancione and Suan Kuo, a Vietnam-born former West Quincy man now living in Melrose, both members of Falun Gong, planned to start a petition for those opposed to the flag

Lancione said he will seek a permit to hold a rally and a parade at a time and place as yet undetermined with the License Board at the Oct. 10 meeting. City Clerk Joseph Shea said he could see no reason that the permits would not be granted.

Falun Gong, which is described by Lancione as a "meditative practice based on truth, compassion and tolerance," is a China-based philosophical or religious movement whose members have long been persecuted by the Mainland Chinese

(Cont'd On Page 2)

NOW YOU SEE THEM. Chinese and American flags flew Sunday and Monday in observance of Chinese Independence Day.
Quincy Sun photos/Noreen O'Shea

NOW YOU DON'T. Flags were down on Tuesday pending meeting between Chinese United Association and its neighbors.

First Landtaking For Concourse Before Council

The first designated land taking for the extension of the Quincy Center Concourse was sent to the City Council by Mayor William Phelan Tuesday night.

The taking of Tan Line, a tanning salon in Parkingway was referred to two committees: the Finance Committee, chaired by John Keenan, and the Downtown Economic and Development Committee, headed by Leo Kelly.

A letter from City Solicitor Monica Conyngham to the City Council said that the city engaged two companies to appraise Tan Line property, but appraisals are not to be distributed to the public at this point. She said the documents are available for review by the City Council.

The letter also said that Thomas Cifrino, a representative of the owner of Tan Line, has indicated his intention to accept the city's offer, and they are in the process of finalizing an agreement.

The taking of a property on Revere Road was withdrawn from the Mayor's Office before Tuesday night's meeting apparently for further negotiations with the owner.

Other properties that have been designated for land taking are:

Alba Trattoria, a restaurant, Frantic Framers, the Holy Ground bar on Hancock Street; another hair salon on Revere Road, and part of the block that includes Napoli Pizza on Hancock Street, and a portion of Super Fitness gym's property.

City Council President Douglas Gutro said that the Council must first come to a vote in order exercise eminent domain, when a settlement isn't reached.

This is the first step in the eminent domain process, he said.

"The fact that these (property acts) are coming in suggests progress," said Gutro. "I anticipate that more will come in this fall for the Council to look at.

"It would be nice if they came in collectively, but when you have different owners, different attorneys, and unique tenant issues, it's easy to see why these are coming in separately. I would expect that we (the City Council) would try to act on all of them this fall.

Rep. Tobin Speaker At Montclair/Wollaston

State Rep. Steven Tobin will be the guest speaker tonight (Thursday) at a meeting of the Montclair/Wollaston Neighborhood Association at 7:30 p.m. at the Lutheran Church of the Good Shepherd, Harvard and West Squantum Streets.

The meeting will update residents on current quality of life issues, and discuss current events, health care, a bill limiting class room size to 20 children and banning the use of cell phones while operating a motor vehicle.

■ Stadium Ready For Action - *Pages 3, 17* ■ Free Flu Clinics Scheduled - *Page 9*

WILLIAM GEARY (right) of Quincy, executive vice president and general counsel of Clean Harbors, met New York's Gov. George Pataki recently at the New England Council's "Politics and Eggs" breakfast in Bedford, N.H., where Pataki was the speaker.

Protests Heightened Over Chinese Flag

(Cont'd From Page 1)

government.

"I get threatening phone calls all the way from China," said Lancione. "The FBI is using 'routers' to find out where the calls are coming from."

"The Chinese communists want control," said Kuo. "They rule with total tyranny. They have labeled Falun Gong as a bad practice. It's a threat to their power."

Other critics of the flag were legion.

Nicholas Puleo, president of the Ward 5 Community Association, said the flag that "shamefully flew over the Wollaston business district, is synonymous with the evils of communism."

"Chinese culture is not represented in this flag," he wrote in a letter to the *Sun*. "It is dishonest and a distortion of history to say it is a cultural symbol. Clearly, this flag represents the tyranny and oppression of the communist way."

Gene Lee of Quincy said his parents were born and raised in China but he is a native of Boston so he probably does not have a high level of passion over the display of the flag.

"But I would rather not see the flag . . . fluttering outside . . . in Wollaston Center or elsewhere," he said. "The flag does represent communism and all its evil."

North Quincy Senior Stayout Committee To Meet Oct. 12

The first meeting of the North Quincy High School Senior Stayout Committee will be held Thursday, Oct. 12, at 7 p.m. in the Trophy Room at North Quincy High School, 316 Hancock St.

This will mark the 11th Senior Stayout, an all night, substance-free, after the prom party for all the school's seniors whether or not they attend the prom.

The committee is seeking especially parents of freshmen, sophomores and juniors to become involved in the event.

For further details contact Chris at 617-328-6466 or visit **redvw43@aol.com**.

Free Financial Advice At COA

Mark Bossey, a MetLife financial planner, will be at the Council on Aging office, 83 Saratoga St., Quincy, on the fourth Friday of every month to offer free 20-minute consultation to seniors.

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Open House To Celebrate New Turf At Stadium

Mayor William Phelan will host an "Open House" at Veterans' Memorial Stadium Monday to celebrate the installation of the new synthetic Field Turf. The 1 to 4 p.m. event will feature football, soccer, lacrosse and a barbecue.

The city has invested nearly $700,000 from the hotel-motel tax for renovating the facility and installing the new turf.

The stadium will be used for football, soccer, lacrosse and other community events and activities, Phelan said.

The new turf will be christened tomorrow (Friday) when North Quincy takes on Plymouth North at 7 p.m. in football.

A girls' soccer doubleheader is set for Saturday with Quincy and North Quincy varsities meeting at 1 p.m. and the jayvees at 3 p.m..

Quincy Youth Football will play its weekly schedule Sunday and the Quincy and Whitman-Hanson football jayvees will meet at 10 a.m. Monday.

"Residents of Quincy will be proud to have such a first-class facility in out great city," said Phelan. "With the support of the City Council, and through the hard work of the Park Department and the School Department, we now have a sports complex that our children will be proud to call home. This facility will have a positive impact on our entire park system."

"This facility receives a tremendous amount of use and is the centerpiece of our school athletic complex," Phelan added. "Few fields take the beating that Veterans' Stadium receives, having to serve two schools where most communities only have one. By the end of the year, the grass is nearly gone and the Stadium resembles a practice field. We will no longer have that problem."

"Field Turf" has been installed at more than 800 college and high school fields nationwide in the past five years, including UMASS-Amherst, Harvard University, and Rutgers University.

The installation process has been overseen by the Park Department since the Spring 2006. The complex subterranean drainage system is capable of handling more than six inches of rain without puddling. The carpet surface is divided into this grass-like fibers before being overlaid with sand and rubber particles. The end result is a turf very much like real grass and significantly different from the original Astroturf product.

"I want to thank the City personnel from the Park Department and School Department that worked nearly round-the-clock to get this field ready for this season. The quality of the end product is a testament to their commitment to the job," said Phelan.

VIRGINIA HOLDSTOCK of Wollaston and her pet dog, Darnia, check their images in the polished Granite Ball at Constitution Common outside City Hall.

Quincy Sun photo/Noreen O'Shea

Friends Of Wollaston Beach To Organize At Oct. 11 Meeting

City Council President Doug Gutro and Councillor Brian McNamee are sponsoring a meeting of residents who are interested in forming a Friends of Wollaston Beach organization.

The meeting will be held Wednesday, Oct. 11, at 7 p.m. in the Beechwood Knoll School, 222 Fenno St., for the presentation, discussion and possible enactment of bylaws for the group.

"I am grateful to those who have made an effort to get this group off the ground," said Gutro. "The efforts of the bylaw committee will shape this organization for years to come."

"Now is the time for beach lovers to unite," said McNamee. "If you are interested in being a Friend of Wollaston Beach and wish to have a voice in how it is organized, we need you at this meeting."

A public meeting to consider the creation of a Friends group for the state-owned beach in August drew more than 40 people.

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Moments in time

THE HISTORY CHANNEL

• On **Oct. 8, 1871,** the Great Fire of Chicago breaks out in a barn behind the cottage of Patrick O'Leary. Winds blowing off the prairie fed the flames, eventually consuming a 4-mile-long and 2/3-mile-wide swath of the city.

• On **Oct. 7, 1913,** Henry Ford's entire Highland Park automobile factory is run for the first time on a continuously moving assembly line. A motor and rope pulled the chassis past workers and parts on the factory floor, cutting the man-hours required to complete one "Model T" from 12-1/2 hours to six.

• On **Oct. 2, 1922,** the New York Stock Exchange opens the doors to its new offices. Like its predecessor, the 11-story building was located in downtown New York City, at 11 Wall Street.

• On **Oct. 3, 1941,** the "Maltese Falcon," starring Humphrey Bogart as hard-boiled detective Sam Spade, opens. The film marked the first time Bogart's name appeared above the title of the movie on a film credit.

• On **Oct. 5, 1950,** the game show "You Bet Your Life," starring host Groucho Marx, airs its first TV episode. Thanks to Marx's sarcastic humor and improvised wisecracks, the show became a hit first on radio and then on television and ran until 1961.

• On **Oct. 6, 1961,** President John F. Kennedy advises American families to build bomb shelters to protect them from atomic fallout in the event of a nuclear exchange with the Soviet Union. One year later, true to Kennedy's fears, the world hovered on the brink of full-scale nuclear war when the Cuban Missile Crisis erupted over the USSR's placement of nuclear missiles in Cuba.

• On **Oct. 4, 1970,** singer Janis Joplin dies from a heroin overdose at the Landmark Hotel in Hollywood, Calif. Joplin's unrestrained personality and passionate, raspy voice made her a symbol of the intensity and rebellious spirit of the late 1960s. The single "Me and Bobby McGee" topped the charts in March 1971 after her death.

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QUINCY ANIMAL SHELTER
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PLEASE CALL AHEAD IF YOU ARE LOOKING TO SEE A CERTAIN DOG OR CAT - 617-376-1349
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FOR LOST or FOUND ANIMALS call CITY OF QUINCY ANIMAL CONTROL at 617-376-1364.

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HARLEY: Handsome 4-four-old SharPei mix
SEAMUS: Young male Sheltie/Pomeranian mix

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BOO BOO: 7 year-old Tortie female
CODY: 9 year-old big male (17 pounds)
EDEN: Dilute Tortie, 6 months
POWDER: 3 year-old pure white male
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KELLIE: 1 1/2 y.o. long haired white female
HALE: 2 y.o. DSH male FIV+
MATTIE: 1 y.o. black and white female DSH
MALIBU: 9 month old female Calico
MARIUS: 1 year-old black and white male DSH
MOKI: 1 y.o. female Calico. Shy but very sweet.
PRETTY KITTY: beautiful long-haired black male.
PLUS MANY MORE CATS and KITTENS NEED HOMES

Sunbeams

By Henry Bosworth

Owning City Hall

They say you can't fight City Hall.
But could you own it?

You might say that Connie Roberts Burke could. Possibly.

The wife of former Asst. City Clerk Tom Burke, she is a direct descendent of early settler Daniel French.

French and his wife, Hannah, owned the land on which old City Hall sits. They deeded it to the town of Quincy for $1,000 in 1884 to be used as the site of a "town house." (Town hall, city hall)

The deed has a stipulation:

"Always, however, upon this condition that said parcel of land shall not be used for any other purpose than as a place for a town house for said inhabitants and upon any breach of this condition, this conveyance shall be void to all intents and purposes."

So, it would appear, if the city ever abandons the building, uses it for anything else than a city hall, the land would revert back to the French family.

And, if the land were to go back to them, the building could go with it.

Old City Hall was designed by architect Solomon Willard and built in 1884 and occupied Nov. 1.

Willard received $280 for drawing up plans and supervising construction for five months.

It cost $19,115.93 to build, including 88 cents paid to John B. Riesler for lead to seal the chimney.

New City Hall, the glass reflective addition built in 1979 cost $1.9 million.

Wonder what the land French deeded for $1,000 in 1884 would be worth today?

❑

THE DEATH LAST week of "Tokyo Rose" (Iva Toguri) at age 90 in Chicago brought back memories for local veterans who served in the Pacific during World War II.

She was one of several females broadcasting Japanese propaganda intended to demoralize U.S. fighting forces. But she was considered the real "Tokyo Rose".

A native American, she was born to Japanese immigrant parents in Los Angeles.

And, as the story goes, she was in Japan caring for a sick aunt before the attack on Pearl Harbor. And subsequently was forced into doing the propaganda on radio broadcasts.

The fleet was tuned into her, including my ship, the destroyer USS Cogswell.

She would say something like, "I wonder what your wives or girlfriends are doing back home tonight", inferring infidelity at home.

When our task force was caught in a typhoon in the South China Sea, she was telling us, "You're not going to get out of there alive." But we did.

She would also give phony reports of Japanese victories in various battles.

And there was the time she reported the Cogswell had been sunk. That kind of surprised us, but good for a laugh.

But we remember her most of all- and with a little fondness for the popular American music she played and the reason we tuned her in.

She was arrested for treason after the war, did some time and was pardoned by President Gerald Ford in 1977.

She claimed she was actually trying to make a farce out of the broadcasts to boost the morale of U.S. sailors, soldiers and Marines.

Don't know about that.

But, Rosie, thanks for all that great music.

❑

IF ANYONE OUT there is wondering if Ward 1 Councillor Leo Kelly has any thoughts of retiring, forget it.

KELLY

Congressman Bill Delahunt is hosting a fundraiser for him Thursday, Oct. 12.

The "October Fest" event will be held from 5:30 to 7:30 p.m. at the Fox & Hound Restaurant, Sea St. Suggested donation: $100.

Leo loves that Ward 1 seat too much to even think of leaving it. And it appears, there's no one in that ward that could take it from him.

❑

IF THERE WERE an honor such as "Dog's Best Friend", we'd nominate Bud Rines of Terne Rd.

RINES

Some years ago, Bud bought a fire hydrant for $75 at Duane's old salvage yard on Southern Artery.

He wanted his shepherd, Riley, to have his own personal hydrant. And he painted it purple so not to confuse the fire department.

Riley, who made use of it, is now gone but the hydrant is still in Bud's front yard.

And, he says:

"Any dog is invited to stop by."

❑

PERSONAL: Thanks to readers Lillian Coughlin of Rhoda St. and Virginia Holdstock of Dunbarton Rd. for their cards and nice comments on The Sun starting it's 39th year.

Very thoughtful of you. And it's loyal readers like you that made it possible for us to reach our 39th year.

Thanks again.

Computer Shopping Seminar At Crane Library

A computer shopping seminar "Buying A New Computer: What You Should Know" will be held Oct. 10 at the Thomas Crane Public Library, 40 Washington St.

Whether trading in an old computer for a newer, more powerful model or looking to buy a second computer for the home, or even contemplating a first-time buy, it pays to know exactly what to get. This free program will de-mystify the jargon and guide through the most important considerations before making a purchase. No registration is required.

Upcoming CyberTalk programs include *Online Shopping: eBay & More* Nov. 14, and *Handheld & Mobile: Technology on the Go* Dec. 12. All programs are sponsored by the Friends of the Thomas Crane Public Library.

For more information, call 617-376-1301.

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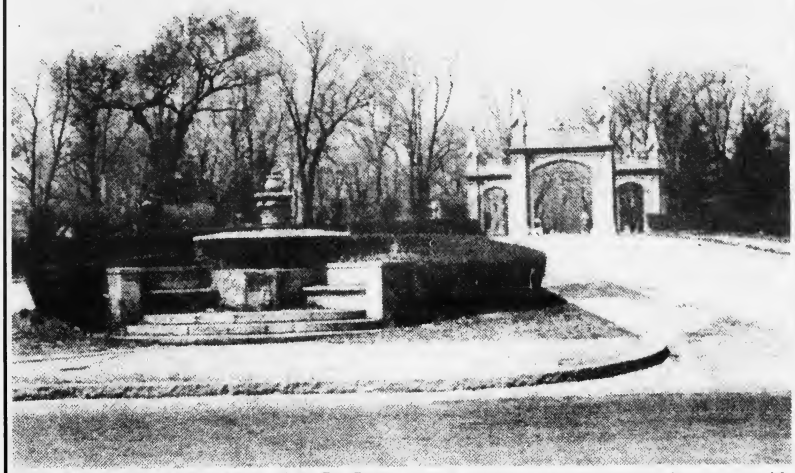
ATTENTION QUINCY RESIDENTS

DUE TO THE COLUMBUS DAY HOLIDAY, MONDAY, OCTOBER 9, 2006, TRASH COLLECTION WILL BE A DAY LATE NEXT WEEK. THERE WILL BE A SATURDAY COLLECTION FOR TRASH USUALLY COLLECTED ON FRIDAY. THIS APPLIES TO ALL ROUTES.

Allied Waste Services

Scenes From Yesterday



THIS 1950's POSTCARD is a view of the Sea Street entrance to Mount Wollaston Cemetery. The Quincy granite drinking fountain for horses on the left was originally in Quincy Square, but was moved here in 1918 after its use was discontinued because of the influenza epidemic. The large gothic Quincy granite gate on the right, built in 1855 when the cemetery opened, was unfortunately dismantled in 1960. Today, only four stub-top pieces of the original columns remain as a gate. For over 45 years most of the other pieces have been stored out of sight in an old granite stone yard in South Quincy that is owned by the company that by contract with the city dismantled the gate. Recent efforts to get some of those pieces returned to the city to at least restore some of the original gate have been unsuccessful. Like our Granite Ball, that is now finally back at City Hall, this gate is an important icon of Quincy's granite legacy and it too should be returned to its original splendor. Hopefully some agreement can be reached to achieve this goal. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of Tom Galvin

Readers Forum

China Flag Communist, Not Cultural, Symbol

History is something that guides us. Former Quincy City Councilor and Mayor Frank McCauley frequently reminds us that in order to know where you are going, you have to know where you have been. But sometime, to the detriment of all, history is distorted to promote personal agendas. Such was the case with statements made by Jimmy Liang in last week's article "Chinese Flag Still Stirs Emotions."

The flag of the People's Republic of China, the one that shamefully flew over the Wollaston business district, is synonymous with the evils of communism. It should stir emotions because it is the antithesis of everything that we, as Americans, believe in.

In 1949, chairman Mao Zedong hoisted the flag to the top of Tiananmen Square to celebrate the communist overthrow of the Chinese state. Artists from across China had competed to design contest for the flag, which was specifically commissioned by the Communist Party. Everything in the design of this flag symbolize communism.

The yellow start represents , not the president as Mr. Liang indicates, but the supremacy of the Communist Party. Earlier versions of the flag actually had a hammer and sickle within this star. The smaller stars represent the oppressive classes that citizens are fenced into. Even the red color of the flag is symbolic: designed to signify the blood of those who died for the communist cause.

Chinese culture is not represented in this flag. It is dishonest and a distortion of history to say it is a cultural symbol. Clearly, this flag represented the tyranny and oppression of the communist way.

Throughout our history, Americans have bravely fought, and died, to rid the world of such scourges. Even in our own time, young men and women lay their lives on the line to defend democracy. Is this the symbol we want our service men and women to come home to? Is it in any way appropriate for this flag to fly above our neighborhoods? The resounding answer is no.

Nicholas Puleo
Philips Street
Quincy

(Nicholas Puleo is a long-time Quincy resident and president of the Ward 5 Community Association.)

Opposes Flying The Communist China Flag

I'm an Asian American... while my parents were born and raised in mainland China, I was born and raised in Boston. I probably don't have the high level of passion/emotion, both negative and positive of observing the China flag fluttering outside, as others do, in Wollaston center, or elsewhere. But I would rather NOT see the flag outside because:

• China is an arrogant human rights abuser.

• In order to accommodate the 2008 Summer Olympics, China has unjustly and ruthlessly evicted hundreds of people from their homes in order to build Olympic sites and accommodations.

• China would use force/aggression to make Taiwa part of China.

• Religious freedom is non-existent in China.

• The 1989 Tiananmen Square massacre in Beijing, the full details/truth have never been disclosed.

I could go on and on.

Robert Leung, a president of the Chinese United Association that raised the flag in Wollaston Center, is incorrect. The flag DOES represent Communism, and all of its evil.

Gene Lee
Putnam Street

Preservation Act Also A Privacy Issue

When the question goes on the Quincy ballot for voter acceptance of the Community Preservation Act, concerned citizens ought to know they will be giving up their privacy in attempting to qualify for the tax exemption.

They will be required to fill out the Commonwealth of Massachusetts Department of Revenue form CPA4, which will ask for the complete income, savings and medical expenses of all household members, their social security numbers and copies of all household members federal and state income tax forms.

These forms will be held on file at city hall presumably under lock and key after being reviewed by departmental personnel, who may very well be your neighbors.

Interested voters should obtain the application form from the Department of Revenue website listed under their Division of Local Services, or through neighboring towns like Braintree, Weymouth or Hingham, that have the forms. They will then see the forms are more intrusive than even an application for welfare.

Irving Murstein
Broad Street
Weymouth

Quincy's Yesterdays

Quincy 2000 Offers $300,000 For Commercial Building Renovations

This Week
1995
11 Years Ago

By FRANK McCAULEY

The Quincy 2000 Corporation announced this week a new program to assist with the renovation and revitalization of commercial properties in Quincy.

Joseph Mannarino, executive director of Quincy 2000, announced that Quincy 2000 is providing approximately $300,000 in matching grants for facade improvements designed to increase business and employment opportunities by helping to create more attractive shopping and commercial areas and by restoring uses in vacant and underutilized buildings.

$250,000 APPROPRIATED FOR SIDEWALK WORK

The City Council approved Mayor James A. Sheets' request for a $250,000 appropriation for sidewalk work throughout the city. Sheets said that the money will be divided so that each of the city's six wards will receive $41,000 to $42,000 worth of work.

KEEPING UP WITH THE RED SOX

The Boston Red Sox were the East Division champions. The Sox, with a record of 86 wins and 58 losses, finished first in the division, seven games ahead of the New York Yankees who clinched the "Wild Card" berth.

The Red Sox were scheduled to play in the division series against the Cleveland Indians who won the Central Division with a record of 100 wins and 44 losses. (Ed. Note: the teams played a 144 game schedule because a strike that curtailed the 1994 season carried over into the early part of the 1995 season.)

QUINCY-ISMS

The city-wide Parents Council scheduled a School Committee Candidates Night for Oct. 16 at the Della Chiesa Early Childhood Center... **Jeanne Reardon**, long-time City Council Clerk of Committees, returned to her desk at the City Hall following surgery... A fund-raiser for Councillor at Large **Timothy Cahill**, a candidate for re-election, was scheduled for Wednesday, Oct. 11, at the Common Market Restaurant... The Quincy High School Class of 1960 was planning its 35th anniversary reunion to be held at Lantana in Randolph... **Peg Boothe, Sandy Jarvinen** and **Mary Moore**, members of the Altrusa Club of Quincy, attended the recent Altrusa International Convention in Christ Church, New Zealand... The Quincy Masonic Lodge, AF and AM, awarded $500 to the Beechwood Community Life Center. The award will be used to "defray costs of our services for Quincy elders," according to **Sharron Beals**, executive director of the center... Father Bill's Annual Meeting and Recognition Dinner was scheduled for Oct. 24 at the George F. Bryan Post, V.F.W. Award recipients included **John "Jake" Comer**, City Council President **Michael Cheney** and State Rep. **Stephen Tobin**... **Chad J. Calabraro** and **James M. Crowley**, students at Boston High School, received the designation of "Commended Students" in the National Merit Scholarship Program... The menu for the elementary school lunch program for Friday, Oct. 6, included grilled hot dog in a bun, baked beans, fruit juice and milk... Century 21 Annex Realty, 49 Beale St., Wollaston, offered "a cute six room, two bathroom, 1 1/2 baths, in a good area off Furnace Brook Parkway, for $109,900."... Sergeant **Daniel Minton** displayed the techniques of fingerprinting at an Open House held at the Quincy Police Station... The Quincy High School football Presidents coached by **Peter Chella**, defeated Taunton High School by a 33 to 28 score... The North Quincy High School Red Raiders led by **Brian (Muskie) Walsh**, defeated Plymouth South High School 28 to 7... **Dr. Fred P. Contanza**, a practicing physician in Quincy for 59 years, died at age 90... **G. Prescott Low**, a long-time publisher of the *Patriot Ledger*, died at his home in Sarasota Florida at the age of 82... **Rev. M. Alica Corea** had a sermon on "Why Columbus Day" at the 9 a.m. service at the Houghs Neck Congregational Church, while Pastor **Dr. Peter V. Corea** delivered a sermon on "Discovering America's Spiritual Side" at the 10:30 a.m. service... **Stephen Dubin, D. O.**, a psychiatrist at Quincy Hospital, spoke on the topic "Are You Feeling Depressed?" at the hospital's Education Center... **Gregg Rennie**, who failed to win a nomination spot in the Ward 4 primary election, endorsed incumbent **Thomas Fabrizio**'s bid for re-election... Hairplace One, 1 Maple St., celebrated its 21st year at its location. The business, established in Boston, was run by **Ron Affsa** and his sister **Cheryl Affsa**... The Committee to Elect **Christine Cedrone** to the Quincy School Committee announced that a fundraiser would be held at Pat Flanagan's, Friday, Oct. 13... The Quincy Retired Teachers Association scheduled their Fall Luncheon for Oct. 11 at the Neighborhood Club of Quincy... **Linda** and **Jack Killory** of Sachem St., Wollaston, celebrated their 61st wedding anniversary. They lived in the Sachem St. home all of their married lives. Mrs. Killory celebrated her 90th birthday on the same day... City Clerk **Joseph Shea**, the members of the Board of Registrars of Voters and **Harold Crowley**, Quincy Kids Voting Program Coordinator, were in the process of planning the first "Quincy Kids Voter Election." The Kids Vote was set to be held in conjunction with the regular Nov. 7 city election.

Arts & Entertainment

Marie's Kitchen

BY MARIE D'OLIMPIO

Golden Cake

We had the almost usual gang over on the week-end, that almost usual rainy one.

I decided to make a great recipe for golden cake, which was one my mother made frequently. It's easy and can be made way before it is served.

Although this recipe was printed several years ago, I thought it was time again as a reminder of how good a home-made cake tastes compared to a mix. I whipped some fresh heavy cream and some fresh strawberries and even the little ones wanted seconds.

Golden Cake

1 stick butter (or margarine)
1 cup 1/4 sugar (I used one cup which I thought was sweet enough)
1 cup milk
2 eggs (slightly beaten)
1 teaspoon vanilla
3 1/4 teaspoons baking powder
2 1/4 cups flour
1 package fresh strawberries (frozen can also be used)
1 pint heavy cream (ready-whip of cool whip can also be used)

Pre-heat oven to 350 degrees. Place all the dry ingredients in a bowl. Then cream sugar and butter together until smooth. Add alternately the dry ingredients with the eggs and milk. Add the vanilla. Beat for 2 minutes.

Grease and flour a cake pan (or two if desired) Bake for 40 minutes if using a large cake pan and about 30 minutes if using two pans. Place a toothpick in to see if done or a thin knife.

When ready to serve, place a mound of cream over the top smothered with strawberries. I had extra cream and strawberries on the side. I used a little natural sugar with the strawberries for a sweeter taste.

Dinosaurs Topic For Kids At Library Oct. 21

The Mad Science of Greater Boston workshop takes on dinosaurs Saturday, Oct. 21, at the Thomas Crane Public Library, 40 Washington St.

There will be a session for children ages 7 and older at 10 a.m. and a session for ages 4-6 at 11:15 a.m.

Youngsters will learn about dinosaurs, what they were, what they ate and where they went, by examining real fossils and participating in a mini dinosaur excavation.

Required registration began Monday and may be done by stopping by the Main Library Children's Room or calling 617-376-2411.

Chef Norma Chang will make Chinese cooking fun for children age 6 and older in a special What's Cooking @ your library program Sunday, Oct. 29, at 1:30 p.m.

The program, "A Little Taste of China," will show the youngsters the different cooking appliances used in a Chinese kitchen and various artifacts used in a Chinese home.

The kids will also learn about the varieties of Chinese vegetables, rice, sauces and other ingredients and observe and sample the dishes prepared during the program.

In order to register for the program, call 617-376-2411 or stop by the Children's Room in the Main Library.

Storyteller Michelle Andrews will entertain children ages 2-5 accompanied by an adult with stories, songs and rhymes every Saturday in October at 10 a.m. No registration is required.

Liz Buchanan will present a concert of traditional and original music for kids ages 4 and younger accompanied by an adult Saturday, Oct. 14, at 2 p.m. No registration is required.

All of the programs are sponsored by the Friends of the Thomas Crane Public Library.

John Hancock Walking Tour Saturday

Ward 1 Councillor Leo Kelly will lead a free John Hancock walking tour showing his "haunts" in Quincy, Saturday, Oct. 7.

Those participating should meet at 10 a.m. in front of City Hall, 1305 Hancock St., for brief visits to the Hancock Cemetery, City Hall, United First Parish Church, the Historical Society, and the Dorothy Quincy House. The tour is a part of the Park Department's Environmental Treasures Program.

For more information call 617-472-0799

Festival, Flea Market At St. Joseph's

There will be a fall festival and flea market from 8 a.m. to 4 p.m., Saturday, Oct. 7 at St. Joseph's Parish Hall, 550 Washington St.

There will be a Giant Flea Market, plus family activities such as face painting, pumpkin painting, and games. There will be raffles and door prizes, and breakfast and lunch items available for sale. Dealers are welcome. Tables are $25 for a single and $40 for a double.

For more information call Susan Rosso at 781-337-3319.

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Social

Classmates Sought For QHS 1961 Reunion

The Quincy High School Class of 1961 will hold their 45th class reunion Saturday, Nov. 11 at the Quincy Lodge of Elks Tirrell Room, 254 Quarry St.

The reunion committee is in need of current addresses from the following classmates:

Classmates who have not received a mailing may contact Carol (Bertoni) Swett at 781-843-6546.

Raymond Anderson, Earl D. Anderson, Jr., Paul N. Bombaci, Cynthia A. Blaisdell, Clarinda (Bucchianeri) LaForrest, Beverly (Byrnes) O'Brien, Lorraine Cahill, Ellen M. Brodzinski, Patricia J. (Cady) O'Neil, Patricia L. (Cairns) Hagedon, Frederick W. Carson, Arthur A. Cohen, Earl F. Crandall, Robert G. Crandall, Sarah Ann (DeLappe) Labrecque.

Carole (DelVecchio) Cairns, Ralph Fitzmaurice, Wayne Fitzpatrick, Susan Galvin, Claude Gillespie, Lawrence Goldman, Robert Goodman, Arthur F. Grant, Barry Hanson, John Hayes, Phyllis M. Haynes, Phyllis (Hazelton) Poore, Marianne Hurley, George Jenson, Merle-Rae (Jones) O'Donnell, Janet Kearney, Philip Knight, Joan (Kyoperi) Honig, Bruce Knowles.

William Leone, Peter D. Long, Donna M. Lordi, James Lyons, Richard MacDonald, Thomas MacKay, Elain (Mancil) White, Roberta (Missell) Fritz, MaryLou (Mitchell) O'Neal, Walter R. Murphy, David Noyes, Frank Nyross, Jr., Thomas Ochs, William O'Connell, Edward Oliver, Carl Peterson, John Peterson, John Phillips, Elaine Randall.

Irene Sanborn, Herbert Edward Slocumb, John W. Sorterup, Shirley D. (Spargo) O'Meara, Richard Spence, Karin Spensrud, Marion Sullivan, Kathleen (Tajc) Baucher, Raymond Turner, Edward Walsh, William J. Walsh, Roger (Robin) Wardle, Marcia Whelan, Kenneth Weber, Ronald Wight and Therese Hooper Wight.

Retired Teachers To Hold Annual Fall Lunch Oct. 11

The Quincy Retired Teachers Association (QRTA) will hold its annual fall luncheon meeting Wednesday, Oct. 11, at the Neighborhood Club, 27 Glendale Rd., Quincy.

A social hour at 11 a.m. will precede the business meeting and luncheon at 12 noon. Arthur Foster, president of the 57-year-old organization will preside at the business meeting.

Highlight will be the welcome of recent retirees into membership.

Ten From Quincy On UMass Honors List

Ten students from Quincy have been named to honors lists for the spring 2006 semester at the University of Massachusetts at Dartmouth.

Kris Daniel Borgendale, Stacey Y. Ho, Kathryn Ioannilli, Anthony Leung, Marina S. Pereira and Katie Ann Portanova were named to the dean's list.

Named to the chancellor's list were Victoria M. Perkins, Michelle M. Shea, Caitlyn C. Slowe and Rita Wang.

Julie Berberan Studies In Mexico

Julia Berberan, daughter of William and Julie Berberan of Quincy, is spending the fall semester studying abroad in Cholula, Mexico, through a program at Saint Michael's College.

Berberan is a student at Universidad de las Americas. She is a sophomore Spanish major at Saint Michael's in Vermont. She graduated from North Quincy High School before coming to Saint Michael's.

Mr., Mrs. David Cerone Parents Of Son

David and Debbie Cerone of Quincy are parents of a son, Nicholas Mathew Cerone, born May 23 at South Shore Hospital.

Grandparents are Joan Sullivan of Rockland, and Judy and Louie Cerone of Braintree.

PRACTICING BABYSITTING SKILLS at the Ward 4 Community Center are (left) Kayla Hughes-Pula, 15, and Chelsea Werth, 11.

Nine Youths Complete Red Cross Babysitting Course

Nine Quincy youths recently took a Red Cross babysitting course through the West Quincy Teem Program and the Ward 4 Community Center.

The 10-hour course focused on baby sitting skills and infant CPR.

All participants, ranging in age from 11 to 15, passed the requirement to become certified. Some of the skills include holding and feeding a baby, changing diapers correctly, how to handle choking, avoiding hazards, emergency situations, and how to build a babysitting resume for marketing.

More than 75 youths participated in the West Quincy Teen Program. The program included a night basketball league, community service, and job training. Renee Smith, the Ward 4 community center director, will supervise the babysitter's work, as the babysitters begin their new careers.

The teen program is planning another course late this fall.

Those who are looking for a mother's helper or babysitter can call Smith at the Ward 4 Community Center at 617-786-0696.

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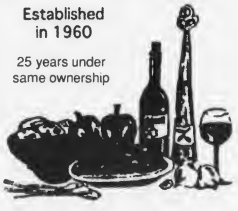
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ABE COHEN, long-time human rights and community activist, was honored on his 90th birthday at a celebration in the Club House at Aquarius Condominiums. Also celebrated was the 30th anniversary of the South Shore Coalition for Homan Rights, of which he is vice president. Here, Mary Pottle, president of the Coalition, presents him with a clock plaque.

Quincy Sun photos/Robert Noble

ABE COHEN WITH family members David Cohen, his son; Judy Atkins, daughter in-law and granddaughter Mandy Cohen.

Human Rights Activist Abe Cohen 90 Years Young

WARD 2 COUNCILLOR Dan Raymondi presents Abe Cohen with a City Council commendation recognizing his many years of service to the community.

FAMILY AND MEMBERS of the South Shore Coalition For Human Rights honored Abe Cohen on his 90th birthday. Seated, from left, are, granddaughter Mandy Cohen, Abe Cohen, Judy Atkins, daughter in-law and son, David Cohen. Standing are Carol Brainerd, Rob Brainerd, Enid Lubarsky, Norm Satterwaits, Mary Pottle, outgoing Coalition president; Gilda Knowles, Deanna White-Hebert, new president; Jeffrey Isaacson, Merrie Eaton, Sandy Eaton, Kevin Joyce, Kate Shore and Vicki Kaufman.

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Section	Course Title	Day	Time	Start	End
10-Week II					
ART 119-85	Photography I	T	6:00p-10:00p	10/10	12/12
ENG 101-85	English Composition I	W	6:00p-10:00p	10/4	12/13
5-Week II					
ART 229-80	Survey of American Film	MW	6:00p-10:00p	10/16	11/15
BUS 204-80	Human Relations In Organizations	MW	6:00p-10:00p	10/16	11/15
CJS 221-80	Domestic Violence	TTh	6:00p-10:00p	10/12	11/14
CSI 101-80	Introduction to Computers	TTh	6:00p-10:00p	10/12	11/14
ECO 202-80	Economics II	TTh	6:00p-10:00p	10/12	11/14
ENG 101-18	English Composition I	TTh	9:00a-12:50p	10/12	11/14
ENG 102-80	English Composition II	TTh	6:00p-10:00p	10/12	11/14
PSY 103-80	Child Development	MW	6:00p-10:00p	10/16	11/15
SOC 102-80	Contemporary Social Problems	TTh	6:00p-10:00p	10/12	11/14
Tandem II					
BIO 132-98	Anatomy & Physiology II	TTh	6:00p-8:45p	10/31	12/19
BIO 132-99	Anatomy & Physiology II	MW	6:00p-8:45p	10/30	12/18
BIO 142-96L	Anatomy & Physiology II Lab	Th	2:00p-5:50p	10/31	12/19
BIO 142-98L	Anatomy & Physiology II Lab	TTh	8:45p-10:30p	10/31	12/19
BIO 142-99L	Anatomy & Physiology II Lab	MW	4:00p-5:50p	10/30	12/18
MAT 103-98	College Algebra	TTh	7:30p-10:00p	10/26	12/14
PSY 101-98	General Psychology	TTh	5:00p-7:20p	10/26	12/14
5-Week III					
BUS 211-81	Intro to International Business	MW	6:00p-10:00p	11/20	12/20
CJS 211-81	Intro to Security Procedures	TTh	6:00p-10:00p	11/20	12/20
CSI 101-81	Introduction to Computers	TTh	6:00p-10:00p	11/16	12/21
ENG 102-19	English Composition II	TTh	9:00a-12:50p	11/16	12/21
ENG 221-81	World Literature I	TTh	6:00p-10:00p	11/16	12/21
FIN 220-81	Principles of Finance	TTh	6:00p-10:00p	11/16	12/21
SCI 121-81	Human Body	MW	6:00p-10:00p	11/20	12/20
SOC 101-81	General Sociology	MW	6:00p-10:00p	11/20	12/20
SOC 105-81	Sociology of Deviance	TTh	6:00p-10:00p	11/16	12/21

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Expects To Have Adequate Supplies

City Schedules Free Flu Clinics

Quincy is as well-prepared as possible for the coming flu season with three public clinics already scheduled for late November and an adequate supply of vaccine virtually assured.

"We have some vaccine on hand," said Cindy DeCristofaro, who is directing the Health Department in the absence of Andrew Scheele. "I understand we will have adequate supplies this year."

The public clinics are scheduled for:

• Saturday, Nov. 18, from 7 to 11 a.m. during a Safety Fair at the Koch Recreation Complex, One Merrymount Parkway.

• Sunday, Nov. 19, from 10 a.m. to 4 p.m. at the Quincy Health Department, 1585 Hancock St.

• Wednesday, Nov. 29, from 10 to 11 a.m., at the Elks Lodge, 254 Quarry St.

Seven clinics for senior citizens will be held at their housing locations prior to the public clinics and police and firefighters will get their shots Nov. 15 and 17 respectively.

City employees will be served every Monday from 2 to 4 p.m. starting Nov. 20 and every Wednesday from 2 to 4 p.m. starting Dec. 6, at the Health Department.

The flu season is generally considered to run from November through February. Last season's shots were delayed when too few pharmaceutical companies turned out vaccine.

"We can't save whatever vaccine is left over from last year," said DeCristofaro. "The strain of flu varies from year to year and we have to have new vaccine."

Preparations for handling the unlikely possibility of a flu pandemic are stuck at the state level where Gov. Mitt Romney's $36.5 million plan is stymied by the Legislature.

The plan includes the acquisition of 5,000 hospital beds, 2,000 breathing respirators and medications to treat and prevent the flu in 44,000 people.

A pandemic describes a contagious disease that spreads more widely and rapidly than an epidemic.

The last pandemic, the Hong Kong flu in 1968, left 34 dead in the United States and the big one, the Spanish flu in 1918, killed 550,000 in the U.S. and up to 50 million worldwide.

"I'm sure the state problem will filter down to us," said DeCristofaro, "but meanwhile we've done some things in house.

"We've determined the clinic sites and figured the logistics of handling large numbers of people and held some tabletop exercises with other city departments."

Vets Adviser At COA Office

John D. Miller of Home Care Partners, will be at the Council on Aging office, 83 Saratoga St., each Wednesday to advise veterans or their surviving spouses of their in-home care benefits.

To schedule an appointment, call the Council on Aging at 617-376-1506.

Tom Stansbury Jewish War Vets Citizen Of Year

TOM STANSBURY

Tom Stansbury, the Graves Registration Officer in the Quincy Veterans Department, will be honored by the Jewish War Veterans as its "Citizen of the Year."

Stansbury will receive the award for his dedication to veteran's causes at the 56th annual breakfast Sunday, Nov. 5, at 9:30 a.m. at Beth Israel Synagogue, 33 Grafton St., Quincy Point.

Invited guests will include Mayor William Phelan, Sen. Michael Morrissey, other city and state officials and past recipients of the award.

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{ Myth All kids will be tempted to try alcohol, marijuana or tobacco at some point.
{ FACT Kids who LEARN FROM THEIR PARENTS about the dangers of underage drinking, marijuana and other harmful substances are less likely to use those substances.

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Honored At 3-Day Open House

Artist Henry McDaniels Still Painting At 100

By MIKAELA SLANEY

Henry McDaniels, accomplished artist and son-in-law of former mayor Joseph Whiton, celebrated his 100th birthday Monday, the last of a three-day open house displaying his paintings.

McDaniels' son, Joseph McDaniels, and daughter-in-law Mary Wentworth McDaniels hosted the event, which drew family and friends, some from as far as Canada, where he lived as a child. Ward 2 Councillor Daniel Raymondi and his wife Sharyn joined the celebration. Raymondi presented McDaniels a certificate of congratulations on behalf of the City Council.

Before retiring at 69 years of age, McDaniels worked in advertising at CBS, and provided ads for TV Guide. He continued to paint after retirement. His latest piece, which was completed this July, "Fishing in the Rain," takes place on Trinity River in Florida. The painting was inspired by, but not a copy of an old photograph. His most popular piece, "The Best Time of Day," has sold copies all over the world, he said. One of his older paintings is featured on the cover of "*Art of Angling Journal*, Issue 2.

His art was sold in galleries in New York and on the West Coast. "But they've all folded," he said, "I lost five paintings at galleries." His paintings are now only available by request.

Born in Nova Scotia, he moved to Boston as a teenager. He studied art at Vesper George School of Art in Boston, and graduated during the Great Depression.

"I met my wife in the school so eventually we were married. And she was the youngest daughter of the mayor of Quincy, Mr. Joe Whiton, and the most beautiful girl you ever saw."

McDaniels' late wife, Edith Louise McDaniels Whiton, died in 2000. Her father was a member of the House of Representatives of a Norfolk County District. McDaniels said that he didn't have the opportunity to vote for Whitman. "That was before my time, but he was a wonderful man," he said.

"Just think back in those days, I thought I was doing pretty well, and then the Depression hit, and I had only 75 dollars to my name. And I was married, had a child coming, and I never let her father know. I just kept working until things got better, so I never needed to borrow anything. I refused to let him know."

On a salary ranging between $4,000 and $6,000 from freelance distribution of his artwork, McDaniels said he managed to buy a piano and put both of his sons through college with help from academic scholarships.

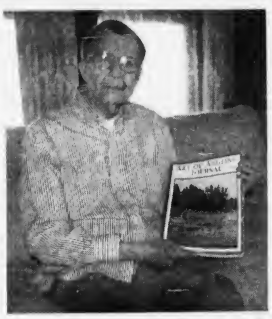
"You can't do that on that salary today," he said. "It would be totally impossible. But I pulled out of it and made it somehow."

McDaniels said that he lived to see Quincy change over the years, especially with a tremendous increase in development, housing and traffic.

"Fortunately, I think they've done a good job of keeping open spaces as much as possible. And we have a wonderful system of parks. I think this mayor currently keeps this in mind," he said.

"It's a changed world.

(Cont'd On Page 11)



HENRY MCDANIELS (left photo) displays some of his early art work on n the cover of *Art of Angling Journal* at his 100th birthday party. At right a congratulatory commendation from the City Council is presented to McDaniels by Ward 2 Councillor Dan Raymondi.

CENTENARIAN. Henry McDaniels (center) is joined by his son, Joseph, and his daughter-in-law, Mary, as they celebrate his 100th birthday. *Quincy Sun Photos Robert Noble*

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Photo Exhibit Through October At Quincy Access TV Studio

Quincy Access Television (QATV) members and staff took part in the first of a series of photo exhibitions held jointly with the annual open house at the QATV studios.

The exhibit will continue through the month of October and those wishing to vie it may drop by the studio at 88 Washington St. from 1 to 4 p.m. and 6:30 to 8 p.m.

The next exhibit is planned for November and will feature the work of members of the South Shore Camera Club.

For more information, call Liz Clancy at 617-376-1440.

Pet Blessing Sunday At St. Chrysostom's Church

The St. Chrysostom's Episcopal Church will celebrate their St. Francis Day Pet Blessing Sunday, (Oct. 8) at 4 p.m.

Live pets, stuffed animals or photographs and mementos of pets may be brought to the annual blessing, held in the churchyard.

In the case of rain, the service will be moved inside.

Refreshments will be served and the service is open to the public. For more information, call the church at 617-472-0737.

Morrissey To Hold Office Hours At City Hall

State Senator Michael Morrissey will hold office hours from 10-11 a.m. at Quincy City Hall in the 2nd floor conference room, Wednesday, Oct. 25.

Morrissey invites residents to come and discuss legislative proposals, or other issues.

Those who are unable to attend may contact Morrissey by phone at 617-722-1494, by fax at 617-722-1055, by written mail to room 413-D, State House, Boston, 02133, or by email at : Michael.W.Morrissey@state.ma.us.

Reverse Mortgage Topic For NARFE Chapter

The NARFE, "City of Presidents" Chapter will meet Oct. 9 at 1:30 p.m. at the Torre Dei Passeri Club, 252 Washington St.

George A. Downey, president of Harbor Mortgage Co. will explain reverse mortgages. All active and retired federal employees are invited to attend the meeting. There is parking at the rear of the building. Refreshments will be served at the conclusion of the meeting.

Seek Medical Gear To Loan

The Council on Aging is seeking donations of medical equipment that is no longer needed by the current owner but can be loaned to someone else.

The present highest priority is given to bath transfer seats.

Call 617-376-1506.

Artist Henry McDaniels Still Painting At 100

(Cont'd From Page 10)

I've seen changes you wouldn't believe. I've seen it all. Today, I sympathize with the young people, because there are so many problems.

"But I've had a mighty good life. I've been lucky. I've had problems, a number of heart attacks and things like that, but if you want to live, and you keep trying, I think you can always make it. It's just a question of keeping at it," he said.

McDaniels said he owes his longevity to a combination of genes, staying active, and doing what he loves, which for him is painting, walking and fishing.

For his birthday, he received letters of congratulations from Elizabeth Windson, Queen of England, Michaelle Jean, Governor General of Canada, the Prime Minister of Canada, City Council President Douglas Gutro, Ward 2 Councillor Daniel Raymondi, Mayor William Phelan, and Rodney MacDonald, M.L.A., Premier of Nova Scotia.

Henry has three grandchildren, and 10 great grandchildren. Henry's other son Henry Edison McDaniels Jr. died in August at age 73. He lived in Maroneck and was buried in Wollaston.

Exercise Classes For Seniors

The Quincy Council on Aging will hold a safe senior exercise program every Monday and Wednesday at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., Quincy Point.

For more information, call the Council at 617-376-1506.

QUINCY COLLEGE
BOARD OF GOVERNORS

Seeks Nominations for Board Members

The Appointing Council Shall Meet To Consider Qualified Applicants For Appointments To The Board.

Nominees are to be considered for appointment to fill vacancies.

Board members are advocates for the institution, and have certain governance and oversight responsibilities for the College as specified in the enabling legislation. Members are expected to attend regular meetings, ordinarily scheduled in the evening, and to participate fully as a member of specific subcommittees, usually meeting several times a month during the day. Additionally, members are participants in Commencement, College Ceremonies, and demonstrate in actions and word a commitment to the mission and purpose of the College. Members must submit an annual financial disclosure form to the City Clerk.

Interested individuals must submit a letter of interest and resume, to the Appointing Council, to be received on or before November 3, 2006. The Appointing Council shall meet to consider qualified candidates, and will provide an optional opportunity for interested parties to address the Appointing Council. The Council welcomes diversity in applicants and encourages anyone who believes he or she might contribute positively to the continued success of the institution to respond.

Letter of interest and resume to:

Quincy College Board
Appointing Council
c/o Donna Brugman
Assistant to the President
Quincy College
34 Coddington Street
Quincy, MA 02169

Or email (Word format only) to:
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Recreation Dept. Skating Classes At Youth Arena

The Quincy Recreation Department's instructional ice skating program will conduct a nine week lesson program at the Quincy Youth Arena.

The cost is $70 for the session, including instruction and ice time. Participants need to provide their own skates which may be figure or hockey skates with single blades.

This traditional "learn to skate" program has provided children ages 6 through 14 the opportunity to learn skating fundamentals at a low cost for over 30 years.

Registration is on a first come first serve basis, and will be at the main office of the Quincy Recreation Department, 1 Merrymount Parkway, starting at 9 a.m. Oct. 4, and continue weekdays from 9 a.m. to 4 p.m. as long as openings exist.

According to Barry Welch, director of recreation, the program will have two separate classes beginning at 3:10 p.m. at 4:05 p.m. Wednesdays, starting Oct. 18. Both classes offer the same levels of instruction.

Instruction will again be under the supervision of Anne Eagles, a United States Figure Skating Association professional, and will use their basic program.

For more information, call 617-376-1394.

Programs For Women, Kids At Ginger Betty's Bakery

Ginger Betty's Bakery, 215 Samoset Ave., Merrymount, is offering a story hour, including songs, poems and crafts, for preschool children each Wednesday at 9 a.m. The cost is $2 per child.

The bakery will also conduct Ginger Betty's Boot Camp for women on Thursday evenings with the classes in strength and conditioning exercises run by a personal trainer. Each class will end with a light nutritious dinner.

For more information on those classes and others, call the bakery at 617-472-4729.

Freemasons To Hold Open House Saturday

The Quincy Masonic Building, 1170 Hancock St., will open its doors to the public Saturday, Oct. 7, from 9 a.m. to 3 p.m. as part of "Square & Compasses Day," a statewide celebration of Freemasonry.

"'Square & Compasses Day' is a wonderful opportunity for the public to learn more about the Masons," said Jeffrey B. Hodgdon, grand master of Masons in Massachusetts.

"Although many have heard of our organization, few are aware that we are a part of any unbroken tradition of great men who have changed the world in ways both big and small.

Benjamin Franklin, George Washington, Thurgood Marshall and John Glenn, for example, all joined the Masons prior to achieving the successes we recognize them for."

More than 240 lodges across the state will host open houses at the same time in an effort to raise the awareness of the Masons and the their positive impact on the community.

The Quincy Masonic Building is home to three "Blue Lodges:" Rural Lodge, Macedonian Lodge and Milton Lodge, as well as the Order of the Eastern Star, DeMolay for Boys, Rainbow of Girls, Taleb Grotto and St. Stephen Chapter of the York Rite.

Echoing Benjamin Franklin in asking men "if they have greatness in them," the celebration challenges men with the question: "Is there greatness in you?"

AskaFreemason.org, a web site developed for the Day, featuring the voice of Shakespearean actor Richard Easton, will provide the public with general information, answer questions and help them find the closest lodge.

Freemasonry is the oldest fraternal organization in the world, dating back to the stonemason guilds of the Middle Ages. It was formally organized in London in 1717.

It is open to adult men of any race, religion, nationality, social and economic standing or opinion, offering them on opportunity for fellowship, charity, education and leadership.

For additional information, call 800-882-1020 or visit **AskaFreemason.org** or **www.massfreemasonry.org**.

Blessing of Pets At St. John's Church

The Blessing of the Animals will take place Sunday at St. John's Church, School Street, Quincy Center.

Fr. Richard E. Cannon, pastor, will bless pets on the church lawn following the 11 o'clock Mass.

All pet owners are invited to participate.

ELEMENTARY LUNCH MENU

Monday, Oct. 9
Columbus Day - No School.

Tuesday, Oct. 10
Early release day - no lunch served.

Wednesday, Oct. 11
French toast sticks, maple syrup, sausage links, apple sauce cup, fruit juice.

Thursday, Oct. 12
Chicken fajitas, steamed rice, vegetable, pineapple tidbits, dinner roll.

Friday, Oct. 13
Grilled hot dog on a bun, corn niblets, fresh fruit or juice.

SECONDARY LUNCH MENU

Monday, Oct. 9
Columbus Day - No School.

Tuesday, Oct. 10
Pizza sticks, marinara sauce, tossed salad, fresh fruit or juice. *Early release middle and high schools.*

Wednesday, Oct. 11
Meatball submarine with tomato sauce, vegetable, fruit juice.

Thursday, Oct. 12
Grilled hot dog on a bun, vegetarian beans, coleslaw, fruit juice.

Friday, Oct. 13
Chicken fajita wrap, Spanish rice, vegetable, fruit cup, dinner roll.

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The Quincy Sun

QUINCY POLICE HOT SPOTS

QUINCY POLICE STATISTICS: Sept. 22 - Sept. 29
Total Calls for Service: **1,288**
Total Arrests: **39**
Total Stolen Cars: **4**

FRIDAY, SEPT. 22

LARCENY, 1:27 a.m., McDonald's, 473 Southern Artery. Unknown. Ice coffee cooler taken from window. Left in unknown vehicle.

VANDALISM/PROPERTY, 11:59 a.m., 55 Presidential Dr. Past. Motor vehicle broken into overnight. Rear window broken.

LARCENY/MOTOR VEHICLE, 1:04 p.m., 301 Washington St. Motorcycle. 2002 Suzuki, GSXR75, color blue.

LARCENY, 2:06 p.m., 25 Howe St. Medication. Oxycontin and other medication stolen.

VANDALISM/PROPERTY, 2:31 p.m., Drohan Apartments, 170 Copeland St. To vehicle. Vehicle was shot at, believes it may be a BB gun.

LARCENY/MOTOR VEHICLE, 3:09 p.m., Stop & Shop Supermarket, 495 Southern Artery. 1990 Toyota Camry, color blue. Caller states vehicle was stolen from above.

LARCENY, 4:59 p.m., 9 Ryden St. Of check. Someone cashed a check at All-Town Check Cashing made out to him.

BREAKING AND ENTERING/PAST, 179 Presidents Ln. Dwelling. Screen was removed from bedroom window which was wedged open. Car and house keys, credit cards, ATM card, gold and diamond ring, emerald and diamond ring, and costume jewelry were stolen.

UNARMED ROBBERY, 6:20 p.m., Palmer St. and Shed St. No weapon. Claims two white kids and one black kid robbed him of a carton of cigarettes and his cellphone. Around 18 years of age. Arrest for #1 for unarmed robbery, complaint against #2 and #3 for same offense.

BREAKING AND ENTERING/PAST, 7:38 p.m., 26 Yardarm Ln. Dwelling. Basement storage area entered, lock forced open and a large three-disc player stereo with speakers was stolen.

UNARMED ROBBERY, 8:40 p.m., Brewers Corner Liquors, 372 Granite St. Two black males, one wearing a hoodie, ran toward Granite St. Also one had on a hat and was 6 ft. One wearing a black hoodie and other a black jacket, orange in it and an earring.

ARMED ROBBERY, 9:13 p.m., Petco, 169 Parkingway. Handgun shown. Black male, knapsack, black pants, mustache and beard, black sweatshirt, 5'11", mid to late 20s, silver gun. Suspect ordered employees into office and made them open safe. Suspect left cell phone on counter. No gloves put hand on counter.

SATURDAY, SEPT. 23

ASSAULT AND BATTERY, 2:02 a.m., 37 Sea Ave. Possible assault. Male stole from his truck and punched him in the face. .

BREAKING AND ENTERING/PAST, 9:23 a.m., Bad Abbot's Pub, 1546 Hancock St. Business. Happened overnight.

LARCENY, 3:31 p.m., 101 Burgin Parkway. Checks cashed - $1000.

LARCENY, 4:10 p.m., Bee Zee Auto Inc., 68 School St. Past. Female took $240 worth of lottery tickets yesterday. He has the female on video.

VANDALISM/PROPERTY, 6:15 p.m., 1245 Hancock St. Window. Access can be gained.

SUNDAY, SEPT. 24

VANDALISM/PROPERTY, 8:43 a.m., Stop & Shop Offices, 1385 Hancock St. Broken windows. Window broken near employee smoking area.

LARCENY, 1:45 p.m., 310 Copeland St. States someone stole computer last week. Happened in Braintree. Non-jurisdictional.

VANDALISM/PROPERTY, 2:24 p.m., 170 Billings Rd. Scratch along passenger side of car and on the trunk states caller.

LARCENY/MOTOR VEHICLE, 3:20 p.m., 170 Copeland St. Female given permission to use van yesterday and never returned it. Owner would like to report it stolen. Female has the keys and is believed to be in Plymouth. Misunderstanding, not stolen.

MONDAY, SEPT. 25

BREAKING AND ENTERING/PAST, 12:55 a.m., Atty. Daniel Raymondi, 88 Elm St. Dwelling. Front door kicked in, sign damaged.

VANDALISM/PROPERTY, 4:50 a.m., 114 Liberty St. Tires on SUV slashed overnight.

LARCENY/ATTEMPT, 9:24 a.m., CVS Pharmacy, 626 Southern Artery. Counterfeit money. Female passed two fake $20 bills and left. Pharmacist has address. No merchandise exchanged, attempted larceny of prescription.

BREAKING AND ENTERING/PAST, 9:34 a.m., 53 Silver St. Dwelling. Report submitted on a house break, no signs of force. Rear door left unlocked. Medications taken.

BREAKING AND ENTERING/PROGRESS, 9:44 a.m., 25 Buckley St. Dwelling. Two black males and one white male attempting to get into basement apartment. Three under arrest. All charged with B&E D/T felonious intent.

LARCENY, 10:41 a.m., All Town Check Cashing, 34 School St. Stolen check. Arrest made.

VANDALISM/PROPERTY, 10:51 a.m., 136 Billings Rd. Motor vehicle vandalized.

VANDALISM/PROPERTY, 11:12 a.m., South Shore Mental health Home, 75 South St. Past. Complaints for defacing property.

VANDALISM/PROPERTY, 12:08 p.m., 24 Sullivan Rd. To playhouse.

LARCENY, 1:53 p.m., 54 Scammell St. Tools. Several saws taken after Sept. 23.

LARCENY/MOTOR VEHICLE, 4:06 p.m., Karl's Auto Body, 65 Holbrook Rd. Motor vehicle last seen sometime in August. 1969 Mercury Cougar, color red.

ARMED ROBBERY, 9:29 p.m., Granite Court, 366 Quincy Ave. Just happened. Three males pushed caller and took wallet. Two black males, all had hooded sweatshirt grey or black, fled in green Honda, 4 door, small gun shown. Happened five minutes, heading towards Wal-Mart. See caller at the security desk, punched him in the face. Driver's side large scrapes, 4 suspects, 1 stayed in the car, 3 males jumped victim.

LARCENY, 10:27 p.m., Irish Pub, 51 Billings Rd. Purse. The suspect: white male, 35 years, brown leather jacket, fled from the rear door, just took a black pocketbook off a chair, male follow just jumped in a black car heading on Hancock St. towards Dorchester. Two males in the car, driver has a green football shirt on. Suspect tall, heavy, glasses, dark late model car. Milton and State Police notified.

TUESDAY, SEPT. 26

LARCENY, 12:05 p.m., 55 Suomi Rd. By credit card. Bank card stolen and used multiple times.

VANDALISM/PROPERTY, 3:14 p.m., 155 East Squantum St. To property. Youths ripping up hedges.

LARCENY, 4:03 p.m., 35 Gannett Rd. Of mail.

ASSAULT AND BATTERY, 5:52 p.m., Focal Point Consulting Group, 46 St. Ann Rd. Dispute. Two males fighting. One to Quincy Medical.

BREAKING AND ENTERING/PAST, 7:53 p.m., 5 Edwards St. Wood door to apartment was pried open. Canon 35mm camera and jewelry known missing.

WEDNESDAY, SEPT. 27

LARCENY, 7:56 p.m., Dave's Automatic Transmission, 481 Quincy Ave. By check. Customer paid an $1800 bill with a check that bounced. Complaint for larceny over.

VANDALISM/PROPERTY, 8:05 a.m., Belmont St. and West Squantum St. To motor vehicle. Side window smashed. Someone threw an object through rear window of cab in area of Belmont St. while on West Squantum St. there was a fare on board. Report submitted for malicious damage and assault by means dangerous weapon.

LARCENY/ATTEMPT, 9:38 a.m., Eastern Bank, 63 Franklin St. By check. Female tried to cash stolen check, fled in brown Subaru Legacy.

VANDALISM/PROPERTY, 10:40 a.m., 123 Wendell Ave. Car/plates. Cars have been damaged and license plates have been damaged.

VANDALISM/PROPERTY, 3:39 p.m., 9 Ebbett Ave. Vehicle. Someone bent his license plate.

BREAKING AND ENTERING/PAST, 6:10 p.m., 25 Shaw St. Dwelling. Report shows a break occurred sometime since 10 a.m. Sept. 26. No sign of force. IBM laptop owned by Rent-A-Center was stolen

VANDALISM/PROPERTY, 8:11 p.m., 64 River St. House egged.

THURSDAY, SEPT. 28

VANDALISM/PROPERTY, 1:52 a.m., Craig's Cafe, 1354 Hancock St. Front door. Glass is cracked.

BREAKING AND ENTERING/ATTEMPT, 6:28 a.m., Craig's Cafe, 1354 Hancock St. Business. Front window found broken and door tampered with.

VANDALISM/PROPERTY, 7:02 a.m., 290 Copeland St. Picket fence.

VANDALISM/PROPERTY, 8:18 a.m., 150 Quarry St. To motorcycle. Damage to the brake light and muffler.

LARCENY, 9:20 a.m., All Town Check Cashing, 34 School St. By check.

BREAKING AND ENTERING/PAST, 10:33 a.m., St. Boniface Church, 26 Shed St. Entrance gained through a window. One of the rooms ransacked.

VANDALISM/PROPERTY, 12:19 p.m., 106 Standish Ave. Paint on car.

LARCENY, 2:08 p.m., Star Market, 130 Granite St. Wallet.

LARCENY, 2:36 p.m., Alfredo's Restaurant, 77 Franklin St. Wallet.

BREAKING AND ENTERING/PAST, 3:33 p.m., 615 Sea St. Dwelling.

LARCENY, 3:43 p.m., Stop & Shop Supermarket, 65 Newport Ave. Purse. Called back to cancel, elderly lady misplaced same.

VANDALISM/PROPERTY, 7:37 p.m., 91 Washington St. Windshield broken sometime today.

FRIDAY, SEPT. 29

LARCENY, 2:05 a.m., 1388 Hancock St. Fare dispute. Cab was paid.

❑

If you have information on the above crimes, or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764**. If you wish to report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. If you wish to make an appointment to view the **Registered Sex Offenders** book, call **617-745-5768**.

If you wish to contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us--*Lt. Dan Minton*.

Bicycle Safety Helmets, Info At Beechwood School

The Quincy Police Crime Prevention Unit will be at the Beechwood Knoll School Fall Festival Saturday, Oct. 7 from 10 a.m. to noon providing information about bicycle safety.

There will also be a limited amount of free bicycle helmets available. A child must be fitted and accompanied by a parent or guardian.

A Job Well Done

On Monday, Sept. 18, at approximately 11:30 a.m., Officer Paul Matthews was dispatched to the Stop and Shop Supermarket on Newport Avenue to investigate a report of a purse snatching. Enroute to the call, Dispatch informed the officer that the victim told a security officer that her blue purse had just been stolen out of her carriage. The victim stated she left the carriage briefly while she waited in the deli line and when she came back, she discovered the purse was gone.

LT. DAN MINTON

Security Officer Anthony Marini contacted the police and helped the victim recall what credit cards in her purse needed to be cancelled. The security officer then reviewed the tapes in an attempt to identify a suspect and found a female walking out of the store hurriedly with a blue purse in hand. The tape was replayed for the victim and she positively identified the purse as hers.

Officer Matthews provided a description of the suspect as a white female in her mid-40s with a heavy build, dirty blonde hair and wearing a black top with blue pants. Officer Matthews, well aware the suspect would use the credit card as soon as possible, requested additional units to check local businesses. He also instructed the security officer to alert other local Stop & Shop Supermarkets.

Minutes later, Rick Ramos, the store manager at the Southern Artery Stop & Shop, called back stating a suspect matching the description just purchased eight gift cards valued at $550 and was walking out the door. Officer Matthews informed dispatch, who then sent Officers Tom Pepdjonovic and William Lanergan to the store. Since the officers were monitoring the original call, they were already in the area and confronted the suspect just outside the door. Behind the suspect, Ramos yelled out, "That's her, she's the one you're looking for."

The suspect then stopped and confessed, "I'm the one you're looking for – I have that lady's credit card." After giving her Miranda Rights, the suspect told the officers that she took the purse, left the store, removed the credit card and dumped the remaining contents of the purse in a North Quincy mailbox. Officer Lanergan told the suspect he was going to search her vehicle since it was part of a crime. The suspect then recanted, stating that the purse was on the front seat of her car. The purse, with $40 still in it, was recovered as well as the credit card. The card was removed from the suspect's front right pocket – then she was handcuffed and taken away.

The evidence – the video tape and the receipt for the gift cards – were taken as evidence for trial purposes. The suspect, a 41-year-old Weymouth resident, was charged with "larceny from a person" and "credit card fraud over $250 (felony."

Nice work!

Unfortunately, this happens much too often. A criminal sees the opportunity of a purse being left unattended, even briefly, and waits for the victim to be distracted. By keeping a purse over a shoulder or in a waistband pack, you will have physical control over it. This will reduce the window of opportunity for a criminal, who will most likely go to the next aisle looking for an unsuspecting victim.

❑

File this under, "What were you thinking?" – On Sept. 26, at 8:05 a.m., Officer David Levine investigated a two-car accident at the intersection of Fenno and Marlboro Streets in Wollaston. The accident was caused by the failure of one driver to obey the stop sign. Officer Levine noted there were three young children in that car and they were not in child seats. When the driver opened the trunk to remove some belongings, Officer Levine observed two child car seats there. The driver said he was in a hurry and didn't have time to put the kids in the seats. His haste resulted in a car accident.

The other car in the accident ended up going through a fence and into a yard across the street. Fortunately, there were only minor injuries and students walking to school were not in the immediate area at the time of the accident.

Real Estate

By Samantha Mazzotta

Kitchen Sink Sprayer Has Lost Its Oomph

Q. The sprayer attachment on my kitchen sink just doesn't have the power that it used to. I tried scrubbing the front of the sprayer with a vinegar-water mixture and an old toothbrush, but it didn't help. Should I replace the entire sprayer attachment? — *Sprayless in Seattle*

A. Don't give up on the cleaning idea just yet. Mineral buildup can occur behind the sprayer's aerator, so disassemble the sprayer head by unscrewing the cap at the front. (Be sure to put the sink stopper in the drain in case any of the small parts fall out.) Visually inspect the aerator, cap and the interior of the sprayer for mineral buildup. Soak the smaller parts in a half-vinegar, half-water solution to loosen the buildup. Use your old toothbrush to scrub the sprayer and parts. Rinse all parts, reassemble the sprayer head, and test.

If the cleaning doesn't resolve the problem, check the sprayer hose for cracks or leaks. You may need a helper to operate the sprayer while you look at the hose under the sink. Hoses can crack at attachment points, so pay special attention to these. If you can't see any damage there, turn off the water at the shutoff valve, unscrew the hose from its sprayer nipple underneath the main faucet, and pull the whole sprayer assembly up and out. Then, unscrew the entire sprayer head from the hose (via the handle mount at the bottom of the head). You may see some damage here, from a corroded washer top to a cracked mount. You could just replace the washer, but it may be better, long-term, to take the entire assembly to the hardware store and purchase a replacement assembly.

If no damage is evident, the faucet's diverter valve may be faulty — usually from worn or cracked O-rings or washers. The diverter valve is located in the faucet body (in pullup-style faucets, beneath the center handle). You'll need to turn off the water flow, remove the faucet handle and, using needlenose pliers, carefully pull the small diverter valve from the faucet body. Clean in the vinegar-water solution and replace any damaged washers or O-rings. Reseat the diverter valve, reassemble the faucet and test the sprayer.

Send questions or home repair tips to homeguru2000@hotmail.com, or write This Is a Hammer, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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CENTURY 21 ANNEX Realty of Quincy Realtor Mary Collins (left), welcomes her niece, Maggie Peatridge, who recently passed the Realtor exam. Peatridge is working with her aunt, assisting with open houses and listings. Collins is a 28-year industry veteran who has worked with Century 21 Annex Realty for more than 15 yeaers. She is a Centurion award winner. For more information, call Century 21 Annex Realty at 800-345-4616.

Credit Union Offers Fuel Assistance Credit Line

Quincy Credit Union will offer a low-cost line of credit Oct. 16 through April 16 to help individuals ease the burden of paying for home heating costs.

The fuel assistance loan is a $1,500 revolving line of credit with an annual percentage interest rate of 5.00% (APR) and a monthly minimum payment of $100.

For complete program details retarding QCU's Fuel Assistance Credit Line, visit Quincy Credit Union, 100 Quincy Ave., Quincy, MA or visit the QCU website for an on-line application www.qcu.org.

Quincy Credit Union offers membership to individuals and their families who live in or are employed in the communities of Norfolk County, Plymouth County and Dorchester.

Reverse Mortgage Topic

Ed Barrett, a reverse mortgage specialist, will discuss his specialty on the first and third Wednesdays of the month at 1 p.m. at the Council on Aging office, 83 Saratoga St., North Quincy.

Reverse mortgage is a new program offered by the federal government thst allows seniors to convert a portion of their home equity into tax free cash.

For an appointment, call Ann Bruce at 617-376-1506.

RENEE CZAJKOWSKI

ROSEMARY KELLEY

Conway Realtors Complete Certified Buyer Training

Realtors Renee Czajkowski, CBR of Quincy and Rosemary Kelley CDE, SRES of Braintree of the Jack Conway & Co. Quincy office recently completed a certified buyer (CBR) training program.

The women completed the three-day, 24-hour program offered by the Plymouth and South Shore (PASS) Association of Realtors.

"This certification means that we both now have an excellent level of education to deal specifically with what real estate buyers need and want from a Realtor," said Czajkowski.

Czajkowski is also an officer with the Bernazzani Elementary School PTO, and has worked for over 20 years with The Children's Theatre Workshop run by Dianne Purdy.

Kelley is also a Certified Senior Specialist, SRES, and is trained in the real estate needs of older people.

For more information, call the Jack Conway & Co. Quincy office at 1-617-479-1500.

The Jack Conway & Co. was founded in Hingham Square in 1956 and operates 45 sales offices from Boston to the South Shore, South Coast, and Cape Cod. The firm also runs Conway Financial Services, a mortgage company.

Neighborhood Housing Homebuyer Workshop At Roche Bros. Oct. 12, 14

Neighborhood Housing Services of the South Shore will hold a first-time homebuyer workshop Thursday, Oct. 12 from 6 to 8 p.m. and Saturday, Oct. 14 from 9 a.m. to 4 p.m. at Roche Bros., 101 Falls Blvd., Quincy.

The workshop is co-hosted by Sovereign Bank.

The workshop is open to everyone regardless of income. Attendance at both sessions is necessary to receive a homebuying certificate.

All potential first-time homebuyers are encouraged to attend the educational workshop. Participants will have an opportunity to speak with a lender.

Topics include mortgage options, legal aspects of the homebuying process, home a home inspection works, and other presentations from real estate related professionals.

Participants must complete the workshop to qualify for grant programs.

Fee is $15 per person. For more information, call 617-770-2227 ext. 31.

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A Night to Remember

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Quincy - Crown Colony – 350 +/- sf medical office condo in South Shore's premier office park location. Features large open area, oversize windows and reception area.

Hingham - 2 Family Ranch: Unit 1 has 3 bedrooms, 1 bath, Unit 2 has 2 bedrooms, 1 bath. Built-in 2 car garage. Near route 3A, shopping and Hingham Shipyard. Offered at $449,000.

Hull – Charming one bedroom, one bath cottage. Convenient yet secluded location. Walk to beach. Get away from it all. Asking $214,900.

Weymouth – Former bank branch, 1200 sf. 12-car parking. At major 4-way intersection, busy stoplight. Ideal for bank or small retail. Offered at $425,000

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Real Estate

A TEAM OF walkers from the Jack Conway Co. Quincy office participated in the recent four-mile noncompetitive Quincy Medical Center Cancer Walk. The event raised $130,000 for the Marie A. Curry Foundation in support of cancer care services. From left are Rose Kelley, Renee Czajkowski, Karen Boissen, Jen Kern, manager Diane Furness and Jack Eaton. Also participating but not pictured were Olivia King and Natalie Donovan.

Mold And Mildew Solutions

(NAPS) It's not unusual to find mold and mildew in bathrooms, basements, laundry rooms or kitchens. Unsightly and often difficult to control, mold and mildew grow best in warm, humid areas of the home.

Cleaning may remove it, but the trick to controlling mold and mildew is to prevent them before they start. Follow these easy mold and mildew solutions from Zinsser:

Control Moisture: Keep airflow constant in high-humidity areas by installing exhaust fans. Remove excess moisture with a dehumidifier and consider replacing solid doors with louvered doors to improve ventilation. Eliminate stagnant water by wiping down shower walls after each use and cleaning spills from leaks, wet raincoats and laundry immediately. By improving airflow and eliminating moisture, it's easy to promote a dry environment that discourages the growth of mold and mildew.

Clean: Remove the mold and mildew with a cleaner specifically to formulate and remove mold and mildew stains, like JOMAX® Mold & Mildew Stain Remover. The fast-acting bleach formula cleans and removes mold and mildew stains from walls, ceilings and other surfaces prior to painting.

Prevent: After removing the mold and mildew, prevent them from coming back with two coats of PERMA-WHITE® Mold & Mildew-Proof Interior Paint. It's the only paint guaranteed to prevent the growth of mold and mildew for five years and is backed by a lifetime durability guarantee.

PERMA-WHITE beautifies as it protects. Available in three popular shines, the white finish can be tinted to any off-white, pastel or medium-tone color to match any decor. And it is durable and stain and moisture resistant to keep the point clean and fresh looking longer. Low odor and easy to use, it's great for painting bathrooms, basements, laundry-rooms, kitchens, and an high-humidity area where the growth of mold and mildew is a concern.

Maintain A Mold and Mildew-Free Home: Surfaces not painted with PERMA-WHITE may still develop the occasional mold and mildew spot or two. Use a cleaner such as JOMAX Mold & Mildew Stain Remover around sinks, bath and shower stalls, during weekly household cleaning. It is an easy, effective way to clean, remove and prevent mold and mildew stains and soap scum buildup on tile, fiberglass, grout, vinyl, plastic and more.

For more helpful mold and mildew solutions, call Zinsser at 732-469-8100, or visit www.zinsser.com.

Heat Pump Or Furnaces: How To Decide

(NAPS) If a new heating system is a possibility, a prospective buyer should consider the pros and cons of heat pumps and furnaces.

Both heat pumps and furnaces rely on heated air, as opposed to heated water, to distribute heat through a home. But that's where the similarity ends. While a furnace uses electricity or gas to produce heat, a heat pump reduces energy costs by extracting heat from outside air and circulating it through the house.

In warm weather, the process reverses, as the unit collects heat from the air inside the home and carries it outside.

Here are some tips on selecting the right system:

• Consider the climate. For those who reside in an area where the temperature rarely dips below 30 degrees, experts say a heat pump may heat the home more affordably than a furnace.

• Compare efficiencies. The efficiency of a gas furnace is indicated by the unit's Annual Fuel Utilization Efficiency (AFUE) rating, while the Heating Seasonal Performance Factor (HSPF) measures a heat pump's efficiency. The higher the AFUE or HSPF, the more efficient the unit and the less fuel it requires to heat a home.

• Electric furnaces are often considered 100 percent efficient. However, these units may be more expensive to operate, depending on the cost of electricity in the area. That's why it's also important to consider the cost of available fuels when making a decision, especially as the price of natural gas and oil continues to increase.

When comparing the efficiencies of heating systems, remember to compare the initial cost against the annual operating expenses.

• Some furnaces offer multistage and variable-speed to improve efficiency, maintain constant temperatures and reduce sound levels.

• Electronic controls on furnaces and heat pumps may offer tighter temperature control and the ability to program periods of temperature setback, improving both system efficiency and occupant comfort.

JAYNE MAGOWN

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Veterans' Stadium Ready For Some Football

North Quincy Hosts Plymouth North On New Field Turf Friday At 7 P.M.

THE NEW TURF FIELD at Veterans' Memorial Stadium will host its first action this Friday night when North Quincy plays Plymouth North in high school football action. Kickoff is at 7 p.m. *Quincy Sun Photo/Sean Brennan*

By SEAN BRENNAN

When the North Quincy football team takes the field against Plymouth North High School on Friday, Oct. 6 (7 p.m. start) the team will become the first of the many local high school sports programs to christen the new, state-of-the-art Veterans' Memorial Stadium.

On Monday, North Quincy/Quincy Athletic Director Jim Rendle confirmed the opening of Veterans' Memorial Stadium will indeed take place this Friday night at 7 p.m.

"The game is still on as scheduled," Rendle said. "We are all anxiously looking forward to it. The field is 98 percent ready to go, there are just a couple of things that still need to be fixed cosmetically.

"I think that the complex, including Adams Field and the new varsity stadium will be a gem for the city. This new field is really an exceptional schoolboy venue. We are all very excited."

The new stadium, which the two local schools will play on and one their fans will come to love, is an example of just how far athletic playing fields have come over the years. Made up of 90,000 feet of turf, 10,000 feet of wash stone and a comprehensive drainage system, the field will be used to host football, girls and boys soccer and boys and girls lacrosse games. The marks and lines for all these sports have been pre-sewn into the field turf, meaning there will be no need for any pre-game field preparation.

The actual length of the turf blades is 2 1/2 inches, but sometime before North Quincy is expected to kick-off, the turf will be mixed with a combination of sand and rubber. The combination of sand and rubber will bring the actual game-ready length of the turf down to a 1/2 inch.

Field maintenance will be heavily supported by the advanced drainage system. This system will have the ability to keep the turf puddle-free during the most serve of New England weather. The system will have the capacity to keep the field dry from rain in as heavy as six inches per hour.

The new field is designed to be able to host high school athletic events for the next 15-20 years without the need for replacement. A special machine will be used to sweep over the turf every so often to help keep the field clean and at the same time maintaining the 1/2 length of the playing field.

There will be restrictions on what will and will not be allowed on the field at Veterans' Memorial Stadium. Things such as gum chewing and the consumption of food and drink will not be allowed. The field is like a rug, and any food, drink or chewed gum that is spilt or spit out has the chance to stain and or ruin parts of the turf. In the event of an incident were blood of other fluids could stain the turf, there will be specialized disinfectants that will be used to clean the field.

The field is meant to be used only for scholastic sporting events and will not be open for public use. This policy is a continuation of the policy that was in place at the old stadium.

All of the field maintenance, besides the laying of the 90,000 feet of turf, has or will be done by the Quincy Park Department. The department's involvement in this maintenance will save the city $350,000, according to city officials.

SPORTS

Red Raiders Battle But Bow To Falmouth

FOOTBALL

Exhibiting the effort and tenacity needed to become a winning football program, the Red Raiders of North Quincy (0-3, 0-2 Atlantic Coast League) took another step forward in their rebuilding process during its 29-7 loss to Falmouth High School last Friday night.

"I don't, at all, have any doubt in our kids' heart or their toughness or their courage," head coach Jim Connor said. "That's something I wanted to establish early. Now we just got to clean up the little things."

Playing on the road and in front of a hostile and supported home crowd (the game was played in correlation with Falmouth's homecoming), the Red Raiders fell behind 29-0 with 8:02 left in the game on a touchdown run from Falmouth quarterback Mike Kotfilla. Instead of playing out the string, North Quincy forced Falmouth to punt on their next possession, helping to set up North's lone score.

Junior running back Terrence Sibley finished off the Red Raiders' impressive 39-yard drive with a three-yard touchdown run. Sibley's touchdown was followed by a successful extra-point kick off the foot of senior Dave Guerriero.

Sibley led the way on the ground with 14 carries for 40 yards and one touchdown. Senior quarterback Shaun McBrien completed 10 of 23 passes for 109 yards. McBrien connected with five different receivers during the game. Guerriero caught four passes for 32 yards to led the charge. Sophomore Lamonte Tombs reeled in three balls for 34 yards, and senior Adam Tragellis and juniors Dennis Martin and Sibley caught one ball apiece.

"I'm proud of the kids," Connor said. "A last-minute drive like that, and scoring, that shows me they have some heart in them."

Falmouth took control of the game on its first drive. A 12-play, 59-yard drive was capped off by a one yard touchdown run by Eli Olsen. Olsen finished the game with three touchdown runs.

North Quincy can look forward to playing the city's first high school football game on the new turf at Veterans' Memorial Stadium this Friday night (7:00) against Plymouth North High School.

By SEAN BRENNAN

Lady Presidents Travel Basketball Tryouts Oct. 10, 12 At Lincoln-Hancock School

Tryouts for the Lady Presidents Travel Basketball Program will be held on Tuesday, Oct. 10 and Thursday, Oct. 12 at the Lincoln Hancock School from 6-8 p.m.

All girls in grades 5 through 8 are welcome to attend.

Call Kathleen Papile (617-770-0849) or Donna Parry (617-328-0885) with any questions.

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Presidents Stopped By Plymouth North

The Quincy Presidents, coming off an emotional 16-13 loss to Falmouth High School on Sept. 22, came up empty this past Saturday in a loss to Plymouth North, 41-0.

Quincy, who faced the prospect of playing on the road against a Plymouth North team that was celebrating their school's homecoming, could not get its spread offense going versus a very stout Eagles' defense. Plymouth North held Quincy to very little offense throughout the game, and the Eagles took advantage of Quincy's poor special teams play in the second quarter to blow a close game wide-open.

The Eagles returned two punts, within two minutes of each other, 60 plus yards late in the quarter to take a 35-0 lead into the locker room at half-time.

Quincy could just never seem to get on track on either side of the ball, and to make matters worse, the Presidents lost two of their offensive stars, Jim Aikens and Diego Arredondo, to injury. Quarterback Matt Boyle and his superstar receiver, Tom Hazelhurst, were shutdown by the Eagles' secondary throughout the game.

Quincy (1-2) will look to get back in the win column this week against Whitman-Hanson High School. The game which was scheduled for Friday night at 7 p.m. has been changed to a Saturday afternoon tilt because of the continued threat of the Triple E virus that has disrupted the South Shore high school sports scene all season long. The Presidents will kick-off at 1 p.m. in Whitman this Saturday.

The team will make their debut on the new turf at Veterans' Memorial Stadium on Oct 13 at 7 p.m. against Atlantic Coast League powerhouse Marshfield High School.

By SEAN BRENNAN

Line Dancing For Seniors

The Quincy Council on Aging will hold a line dancing class for seniors every Thursday at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., Quincy Point.

Exercise Classes For Seniors

The Quincy Council on Aging will hold a safe senior exercise program every Monday and Wednesday at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., Quincy Point.

For more information, call the Council at 617-376-1506.

You Auto Know

by Bill Starkie and Kevin McGroarty

SAFER, THE SECOND TIME AROUND

According to a recent study, the second-generation air bags on most vehicles built in 1998 and afterwards are safer than their predecessors. Designed to be less hazardous to children and small adults, the newer air bags are indeed safer for young children without putting adults at greater risk. Second-generation air bags include depowered models, which inflate with less force, and advanced air bags. While concerns had been raised that the depowered air bags could be unsafe for larger people, the new study found no trade-off given to large and small passengers. This seems to be a win-win situation, in which improved technology has led to improved safety for all.

As safety technology becomes more advanced, such as second-generation airbags, cars, trucks, and SUVs become safer to drive. At LEO & WALT'S SUNOCO, we embrace safety and want you to know that you, and your family's safety is our number one concern. Whatever your vehicle needs, we can provide at 258 Quincy Ave., E. Braintree. Call 781-843-1550 today with any questions. "A Place Where Your Car Can Live Longer."

HINT: Air bags are intended to supplement the use of seat belts, not replace them.

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Tough Week Leaves North Quincy Girls At .500

SOCCER

Besides practice, hard work and talent sometimes a team needs a little luck, but unfortunately this past week any luck the North Quincy girls soccer team got was bad luck. The team had a tough week, going 0-3, losing to Plymouth North (2-1), Notre Dame Academy of Hingham (2-1) and to Sandwich (1-0). The Red Raiders' record now stands at 4-4-1.

After seeing a ball against Sandwich hit off an on-field referee and onto the waiting foot of a Sandwich player which resulted in the lone goal of the game, head coach Paul Bregoli knew luck was not on his team's side this week.

"We played a great game against Sandwich and Notre Dame, but any luck we had was bad luck," Bregoli said. "We didn't lose because of any lack of effort on our side."

North's opening week loss to Plymouth North set the tone for the next two games. The team had their chances against the Eagles to either take a lead or tie the game, but ultimately the they could not find the back of the net when it was needed most. Leading 1-0 after five minutes on a goal from Jillian Benn (4th of the year),assisted by Mary Kate Stille, the Red Raiders were called for a questionable foul with just over a minute left in the first-half. Plymouth North took full advantage of the foul, connecting on a 30-yard free kick goal to tie the game at 1-1.

The Eagles scored 13 minutes into the second-half and then used ball control and solid defense to help finish off the Red Raiders, 2-1.

Playing an elite non-conference opponent in the Cougars of Notre Dame Academy, the Red Raiders showed the grit that should take them far this season, but fell, 2-1.

"We played unbelievable against N.D.A.," Bregoli said. "This is the toughest schedule we have played in some time, and Notre Dame is a highly ranked team in Eastern Massachusetts. We played great defensively and had some opportunities,we hit the cross-bar, but we just couldn't get that tying goal."

The Cougars put the pressure on North Quincy early in the game, and took a 1-0 lead on a penalty kick four minutes into the game. North would respond on a Lauren Stille goal, that was assisted on by Mary Kate Stille, to tie the score at 1-1, but N.D.A. found the winner in the second-half.

Playing well for the Red Raiders in the loss were defenders Allison Russell, Tara Whooley and Melissa Mendall. Midfielder Keriann Cabral played well in defeat and Paige Bonanni played in her first varsity game.

North Quincy also lost their top points leader, Mary Kate Stille, to a mild-concussion. She will be out the rest of this week.

A bad bounce of a crossed ball is what doomed North Quincy against Sandwich High School. The Red Raiders found themselves in a defensive battle for most of the game, but one funny bounce off the referee with eleven minutes to play in the game sealed their fate.

Goalie Siobhan Carnell played great, and midfielder Bridget Coleman (seven blocked shots) helped keep Sandwich off the scoreboard throughout the first-half. Emily Milone was the offensive star of the match for North Quincy.

"We are in pretty good shape," Bregoli said. "We played seven of our first nine games on the road and have done great. Right now we are playing a little unlucky, but if we can get some consistent goal scoring would should be fine."

By SEAN BRENNAN

Red Raider Boys Eye Repeat Win At W-H Friday

The North Quincy Red Raiders boys soccer team, under the tutelage of head coach Rich Hanlon, are off to a 2-5-1 start to begin the 2006 season.

North began their season with a 1-1 tie against Milton High School. The team followed that up with a 2-0 loss to Plymouth North in a game that could have gone either way.

The Red Raiders already have an impressive 1-0 victory over a very good Whitman-Hanson team on their resume, and North will look to duplicate that result when they travel to Whitman this Friday for the much anticipated rematch (4 p.m. start).

This past week North Quincy took it to Brighton High School, and came away with a hard-fought 3-0 win. Led by junior John Cicciariello's two goals and freshman goalkeeper Ryan Louis' second career varsity shutout the Raiders earned their second win of the season. Junior Sean Clifford also tallied a goal in the contest.

North Quincy has ten games left and with their ever-improving defense the Raiders look to be a team that will only get better as the season progresses. The defense is led by junior captains Ryan Keaney and Dan Richards and are receiving solid support from juniors Marc DeLucia, Alex Brean and Tim Schow.

At the midfield position, playmaking sophomore Shane Regan, seniors Christian Soto and David Ray are supported by captains Jeff Rackauskas and Mark McAuliffe. Juniors Edin Kenny and Sean Clifford also see time at the midfield position.

The forwards are led by Cicciariello, Luis Escobar, Besmir Sulejmani, Mike Prioli and Paul DeLucia.

"The team has shown continued improvement all year," head coach Rich Hanlon said. "We have ten games left, with two against Sandwich and Marshfield that will test us, but the remaining eight games are games we can win. If we can continue to improve I have high hopes for this team to make the post-season state tournament this year."

North Quincy's schedule includes two games against Quincy High School which are slated to be played on October 24th (at Veterans' Memorial Stadium) and October 27th.

HN Maritime Center Hosts Regatta

The Boston Irish Currach Rowing Regatta was held recently at the Houghs Neck Maritime Center.

The Boston Irish Currach Rowing Club was established in 1970 and has been racing their Currach's in local waters ever since. The Currach is a rowing boat that has been traditionally used by fishermen from County Galway in the west of Ireland.

This year's regatta was held at the Houghs Neck Maritime Center. Teams from Boston, Pittsburgh, Albany, Annapolis and Ireland competed in various races. Ten races were held for male and female competitors, including a 2,3 and 4 man/woman races as well mixed races.

After the regatta, the Boston team hosted a reception at Quincy Yacht Club for the racing crews to socialize

"This is what we envisioned when we established the Maritime Center and we look forward to hosting next year's regatta," Maritime Center President Bob Szabo.

All-Time Points Leader In Girls Soccer

Woodward School's Jasmin Johansen Something Special

By SEAN BRENNAN

Jasmin Johansen is something special.

For those of you who do not recognize the name, you haven't been paying enough attention to the city's high school sports scene. Johansen is now the all-time points leader for the Woodward School for Girls varsity soccer team.

With 11 games left in the regular season, Johansen, a senior captain, has already surpassed the old record of 142 total points and 80 goals. The Mattapan resident also holds the school record for the most goals in one game with six, but her success is not limited to just athletics. Johansen's 3.7 GPA and her membership, since her sophomore year, in the National Honor Society has earned her just as many accolades in the classroom as she has earned on the playing field.

Woodward, located on Hancock Street in Quincy Center, is an all-girls private school (grades 6 through 12) whose numbers reach anywhere from 140-180 students a year (180 this year). Johansen's varsity career began in the eighth grade, and she has worked hard to set the standards of leadership and responsibility that her teammates and classmates can emulate.

Even with all of her success, Johansen maintains a level demeanor that makes her not just an outstanding player and teammate, but also an ideal role model for all the young women attending The Woodward School.

"I've been on the team for five years and when I first joined the team I had a lot of role models. They (previous teams) might not have been the best players, but they showed the character and determination that I wanted for myself," Johansen said. "What I've learned from them, I want to pass on to this team and any girls who will be playing in the future."

JASMIN JOHANSEN of The Woodward School for Girls poses for a picture in the school's front foyer. Johansen recently broke the school's varsity soccer record for points scored.

Johansen grew up playing soccer in the Jamaica Plain coed youth leagues, and by the time she entered The Woodward School in the sixth grade she was well on her way to becoming a good soccer player, but finding out who she was as a person was something that Johansen still needed to discover. The Woodward School, her teachers, coaches and her fellow students helped her do just that.

"School has given me confidence as a young lady," Johansen said. "I used to be shy, but with the small classes and the tight-knit community one can really find herself. This confidence has made me better prepared for college (Johansen is applying early-decision to Spelman College in Atlanta, GA). I feel that I am very comfortable in my skin, and that is important both on the field and off the field. This confidence allows me to feel good about who I am."

And who she is is the leading scorer (11 goals, 4 games) for the Wildcats, helping the team to a 3-0-1 start in the Independent Girls Conference. Woodward, the smallest of the schools in the IGC and the only school without the benefit of a junior varsity program, and one of only a handful that does not have its own home facilities and playing fields, is off to one of its best starts in years. Head coach and athletic director Bob Giordano knew he had something special when he first met Johansen.

"Being with Jaz since the 6th grade, I've known what she is all about," Giordano said. "She has been our leader since the 9th grade. The team always comes first. Jaz was born into soccer, she has outstanding skills and if she was at Milton Academy or Thayer Academy she would still be a star soccer player. So, with those skills, her strength and quickness, she was just born to be a soccer player."

The school record and her obvious talent aside, Johansen and the Wildcats, have more work to do this season if they want to finish in the top four in the conference and finish in the First Division (the top 4 teams play for the IGC championship).

"With the small number of kids on the team, for us to make the 1st Division is tough, we've come close. About six years ago we finished a game over .500," Giordano said. "We have always been competitive, but we always seemed to lose those 3-2, 2-1 games.This is the first year we have a legit chance to break into the 1st Division."

No matter how the rest of the season plays out, Johansen will leave Woodward this spring as the all-time points leader, but the record, though nice, is not the legacy she wants to be remembered by.

"The record is a great honor to have, but that's not my main focus right now," Johansen said. "I would rather be known for my character and personality. What people admire about me and what they have learned from me is more important. The record is great, and I am proud of that, but I see it more as a record for the whole team. We have all gotten this accomplishment together, so if anything I would like to be remembered for my hard work and dedication to my school and to my team."

Tournament Of Champions At Presidents

Presidents Golf Course's Tournament of Champions took place this past weekend. The tournament, which was broken down into two divisions for both men and women, was based on a par 70 score.

In Division I men's action, Bob Meehan (72) finished in 1st Gross and Dave Pomarico (74) finished in 2nd Gross. Bill Robinson (69) 1st Net and Bob Lyons and Mike O'Neill (71) rounded out the 1st Division at 2nd Net.

With a 76, Pat Bergin took home 1st Gross in Division II play, and at 2nd Gross it was Mark Brambilla with an 82. 1st Net honors went to Paul Murphy (67) and tied at 2nd Net with a 70 were Mike Forristall and Tom Murphy.

Women's Division I results saw Melanie Curtin take 1st Gross with a 71 and tied at 2nd Gross with an 82 were Linda Goulet and Chris Fitzpatrick. Rusty Murphy's 69 was good enough for 1st Net position, followed by Mary Vonfreymann in 2nd Net with a 72.

Mal Nestor won at 1st Net (71), followed in 2nd Net by Gail Keefe (73) in Division II women's play.

Ricky Salvucci's Ace Highlights Quincy Match

GOLF

Quincy and North Quincy High Schools both matched up against Whitman-Hanson High School last Wednesday (Sept. 27) at Presidents Golf Course. The three teams decided to play together to help ease the congestion on their respective schedules due to previous rainouts.

Quincy, playing the role of the home team, lost to Whitman-Hanson in match play, 42 1/2 - 29 1/2 to drop its overall record to 0-7. The highlight of the match was a hole-in-one by Quincy junior Ricky Salvucci. Salvucci used a pitching wedge to score an ace on the 100-yard second hole, it was Salvucci's first ever ace. Salvucci won the No.3 match by a 5-4 margin.

The Presidents came within a foot of having two hole-in-ones in the match when Derek Miller, on the ninth hole, blasted his drive to within 12 inches of the cup. Miller's tee shot on the 345-yard, par 4 helped set up a tap-in eagle, and propelled him to a win in the No. 6 match. Miller finished with 6 1/2 points.

North Quincy, using the stroke play format, defeated Whitman-Hanson, 229-244. The Red Raiders (8-1) used the win to qualify for the Division 1 South Sectionals for the eighth time in nine years.

In the No.1 match, Jon Drooks shot an even-par 34 to lead the way for North Quincy. Also playing well were, Peter Dolbec (35), Rob McAloon (38) and Chris Boyd (39).

MEMBERS OF THE Quincy American Legion Post 95 dart team, the Gunfighters from left to right are; Todd Jenness, James Lineman, Mike Hernon, Joan Brown, Paul Stockbridge, Robert McGourty, Norman Nelson, Scott Crayton and Richard Hawes (team captain).

Quincy Legion Dart Team Competing In Minuteman League

The Minuteman Dart League, established in 1974, is a local competitive league that maintains a yearly average of over 4,800 members on over 600 teams, in 75 divisions in and around eastern Massachusetts.

In Quincy, there are over 50 teams who are sponsored by 34 different establishments. The league holds weekly games every Tuesday night and the gamesare played in numerous neighborhood taverns, restaurants, fraternal organizations and bowling alleys.

The league helps bring together people of diverse heritage and backgrounds and provides opportunities for valuable personal and cultural exchange. The MMDL has organized and established its activities in accordance with the principles of open membership, fair play and respectful competition, and in conjunction with the regular Tuesday night matches, the MMDL also runs a series of nationally respected dart tournaments including the MMDL Singles Championships held in April for league members only.

All of the teams consists of no more than nine players and all team players must be 21 and be registered in good standing with MMDL. Along with competitive play, the MMDL holds socially beneficial programs such as youth tournaments and charitable fund raising activities, while at the same time upholding strong ideals of service to the community.

One local team, the Post 95 Gunfighters, will be competing each Tuesday throughout the fall. Post 95's team consists of nine players. The team is as follows; Richard Hawes (team captain) Todd Jenness, Mike Hernon, Paul Stockbridge, Norman Nelson, James Lineman, Joan Brown, Robert McGourty and Scott Crayton.

North Girls Defeat Quincy In Volleyball

The North Quincy girls volleyball team defeated the Quincy girls volleyball team last Wednesday (Sep. 27) three games to one.

The Red Raiders (8-2) dropped the first game by a score of 20-25, but responded in resounding fashion by storming back to take the final three games, 25-10, 25-14 and 25-13. The Presidents (5-3), playing on their home court, were led to victory in game one by junior captain Liz Bock's (14 kills, six digs and four blocks) back-to-back kills which helped seal the first game for Quincy.

North Quincy's senior captain Maria Della Croce solid serving and junior Virginia Wong strong play the rest of the way helped the Red Raiders bounce back to win the match.

"It was a little bit of a slow start for us, but I think also we are pretty evenly matched teams, so whenever you get two teams like that in a gym with the energy that this game had, it can go either way," NQ head coach Kerry Ginty said. "They came out firing and we came out firing, the first game was tough and after we kind of got a bit more comfortable and we adjusted to the pace of the game."

Playing a strong overall match for the Red Raiders were Della Croce, Wong, Becca Goreham, Rebecca Stanton, Kathleen Lynch (two blocks) and junior Marybeth Torpey (four kills, eight digs and two aces).

The Presidents had good production from junior Hilary Mills, sophomore Elisa Lam (eight digs) and junior Alicia Woodbery (15 assists, 10 digs and four kills).

The two Atlantic Coast League rivals will match up once again on October 25th with the possibility that the league championship may be on the line.

FALL CAR CARE

Good Visibility Requires Vehicle Maintenance

Driving safely requires good visibility and a vehicle with good visibility requires regular maintenance, according to AAA Southern New England.

"Visibility is a critical component of driving safely because it directly affects the driver's ability to anticipate and respond to the driving environment," said Alfred Ruggiero, AAA Manager of Approved Auto Repair.

During AAA Car Care Month in October, AAA is urging motorists to consider visibility when maintenance is performed on their vehicle. Items that are necessary for good visibility are:

• Clear, clean windows unobstructed by decals, dark window tinting or objects that interfere with the driver's view of the road.

• Windshield wipers changed twice per year will ensure the rubber remains soft enough to efficiently remove water, snow and road grit from the glass surface.

• Vehicle lights, including headlights, brake lights, turn signals, parking lights, emergency flashers and the center, high-mounted brake light should all be inspected regularly and replaced immediately if needed. Lights can also become dirty which limits their brightness. They should be cleaned regularly.

• Mirrors must be clean, large enough and correctly angled to provide a complete view of all areas behind and to the side of the vehicle. Objects inside or outside the vehicle must not obstruct mirrors. They usually need to be reset when there is a change of drivers.

• A vehicle's air circulation system must function properly to quickly defrost or defog the windshield and other glass surfaces. Use an ice scraper to remove snow and ice before driving. Before turning on the defroster and blower, move the heat control to "hot" and allow the engine to warm up first.

If the windshield starts to fog on the inside, open a side window slightly and turn the defroster fan to its highest setting. Additionally, if the car's heating and air conditioning system has a setting for fresh air or re-circulated air, always select the fresh air setting while in the defroster mode.

• Sunglasses that do not have overly dark lenses can also be a significant aid to visibility when driving in bright-light conditions. Be sure lenses are kept clean. Glare can cause blind spots and driving fatigue. A good pair of sunglasses will help eliminate this. Eye-drops can be helpful for long-distance drives.

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SPOTLIGHT ON HEALTH & FITNESS

FROM START TO FITNESS

by Andrea Wyatt
M.S.S., C.S.C.S.

Soreness Is No Way to Judge Workout

Q: I started a new workout routine that I found in a magazine. I thought I would be sore after doing the workout twice, but I barely felt like I worked out at all. If I don't feel sore or tired, does this mean that it is not hard enough and should be changed?

A. The effectiveness of a workout routine should be determined by the results you see and not just how you feel. Exhaustion and soreness after a workout is a physical response to the exercise performed, but should not be used as a major measure of success.

The workouts in magazines usually give you guidelines on how to perform the exercises and a suggested number of sets, repetitions and weight. Since these suggestions are given as a general guideline to everyone reading the magazine, you will have to decide what will work best for you.

Determining how and when to change your workout program can be tricky, but you can use the acronym F.I.T to help you out. Designing your workout with the right Frequency, Intensity and Type can keep you working toward your goals and feeling confident in the effectiveness of your workouts.

Frequency is the number of times you are completing your workout program. One to three times a week may be recommended for strength-training workouts, while a frequency of seven days a week may be recommended for specific cardiovascular workouts.

The consistent frequency of your workouts is important to seeing results, but it is equally important to not overdo your workouts in order to achieve that feeling of soreness. Your soreness could be a sign of overtraining or lack of recovery time between workouts.

Intensity is important in developing a program that will not only help you see results but also keep you safe. The stress you place on your body through the intensity of your workouts through your sets and repetitions is an integral part of your workout. Too high an intensity could cause you to feel the soreness you seek, but it could also mean you're working yourself too hard.

For example, if the workout calls for you to do squats with dumbbells, choose the right weight by starting light and progressing after completing a few workouts safely and with the correct technique. This may require you to do the squats without the dumbbells at first, and then increase the intensity by adding the weights.

The type of exercise also should not be ignored. Predesigned workouts such as the ones in magazines usually give you a goal and explanation of what the workout is designed to accomplish. Be sure that the workout fits your needs. For example, if strength is your goal, then be sure the workout is structured to improve strength and not just cardiovascular endurance or flexibility.

Keep these factors in mind when trying new workouts, and use them as a guide to help you reach your goals.

If you have a fitness or training question, e-mail Andrea Renee Wyatt at letters.kfws@hearstsc.com or write her in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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At Hannaford Bros. Supermarket

'Guiding Stars' Helps Navigate Nutritious Foods

Hannaford Bros. Co. announces the creation of an in-store nutrition navigation system called *Guiding Stars* designed to make it easier for interested shoppers to choose more nutritious foods.

Guiding Stars, considered the first-ever storewide nutrition navigation program, began recently at its Quincy location, 475 Hancock St.

Unlike other systems currently offered, *Guiding Stars* is not limited to just store-branded products or just to packaged goods. More than 27,000 items in Hannaford stores have been analyzed to date, including all brands, fresh produce, meats, deli, bakery and packaged goods.

"It's not often that any retailer can say they're the first to promote a new offering," said Hannaford spokesperson Caren Epstein. "At Hannaford it's critical that we listen and respond to consumer needs as quickly as possible. Our research, including more than 3,000 Hannaford shoppers, shows that our customers want to eat better, but are confused by the volume and complexity of nutrition information. *Guiding Stars* will help by giving them a simple way to make more informed choices."

The system features a symbol of a figure with one, two, or three stars, which is on food shelf tags throughout all Hannaford stores. One star is considered good nutritional value, two stars is better, and three is the best nutritional value.

The foundation of Hannaford's unique navigation system is a proprietary formula (patent pending) used to analyze food products and give them a star ranking. It was developed by a scientific advisory panel including experts from the University of North Carolina, Dartmouth School of Medicine, Tufts University, the Muskie School of Public Service at the University of Southern Maine, Harvard University and the University of California-Davis. The panel drew from its own expertise and extensive research from national health organizations. Sources included the U.S. Food and Drug Administration, U.S. Department of Agriculture, U.S. Department of Health and Human Services, national Academies of Science, and the World Health Organization.

The *Guiding Stars* criteria support the recommendations of the *Dietary Guidelines for Americans 2005* and serves as a quick complement to the Nutrition Facts label and ingredient list. Foods are credited for minerals, vitamins, dietary fiber, and whole grains and debited for trans fats, saturated fats, cholesterol, added sugars and added sodium.

Guiding Stars relies on information provided from the Nutrition Facts label and the ingredient list. If the food is not packaged, like fruits, vegetables and meats, the data comes from the U.S. Department of Agriculture. Because manufacturers' serving sizes vary greatly, a consistent unit of 100 calories is used to analyze foods.

Many foods throughout the store will not have stars for two reasons: either the food doesn't meet the nutritional criteria for a star; or the food is not rated. Some foods, (e.g. baby food) are not rated because regulatory bodies have not established guidelines for these products, they are not a significant source of nutrients (e.g., coffees, teas, bottled water and spices), or due to labeling inconsistencies.

Hannaford Bros. Co., based in Scarborough, Maine, operates 158 stores under the Hannaford Supermarket and Hannaford Supermarket and Pharmacy names.

Additional information can be found at www.hannaford.com.

You Are What You Eat

By NILS R. HOERNLE, M.D.,
Granite Medical Center

DR. NILS HOERNLE

"You are what you eat," it is sometimes said, but in a sense, you are also what your ancestors ate.

It is now becoming clear that our bodies function best on a certain type of diet, and that that diet was determined quite a long time ago. In fact, it is very similar to what our great-grandparents ate. Just as we inherited our eye color and facial features from our parents, and they from their parents going back many generations, we also inherited our metabolism - the ability to burn or store foods - from our ancestors.

In America today, the foods we eat are very different from the foods our ancestors ate, and from the foods our bodies run best on. As a result, most of today's illnesses come from eating foods that are not suited to our metabolism. Just as cars are designed to burn certain types of fuel, we are designed to run on certain types of food. If we put low grade fuel or dirty oil into our car, it will run poorly and eventually break down. In much the same way, eating the wrong types of foods causes us to run poorly by storing excess fat, producing damaging waste products, and gumming up our arteries. This translates into serious illnesses like diabetes, cancer and heart disease.

What then, are the right kinds of food to eat? Take a moment to consider what your ancestors ate. Even a hundred years ago, grains were whole and provided more fiber and nutrients than today's refined grains. There were far fewer carbohydrates, and even these were healthier. Potatoes were smaller and more nutritious, rice was long-grain and unpolished, bread was whole grain, and pasta was made from unrefined wheat. In addition to more whole grains, our ancestors also ate a larger proportion of vegetables, fruits, nuts, berries, fish and wild game.

This diet was very rich in antioxidants from the deeply-colored vegetables, fruits and beans. It contained healthy omega-3 oils and monounsaturated fats from fish and nuts and seeds. The protein from wild game was generally lean, and thus low in harmful saturated fat. This combination of a low saturated fat and high fiber diet resulted in less heart disease.

In contrast, the typical American diet is nearly the opposite of this. It is surprisingly low in fiber, vegetables, fruits, nuts and fish, and alarmingly high in refined carbohydrates. It is high in saturated fats from feedlot-fattened red meat, and from butter, cheese, palm and coconut oils. Moreover, it is high in hydrogenated trans fats, which raise bad cholesterol (LDL) and lower good (HDL) cholesterol.

Perhaps worst of all are the huge amounts of refined carbohydrates we consume. These are the "white foods," including potatoes, bread, rice, pasta, crackers, cereal, cookies, candy and sugar drinks. To get a sense of how widespread our carbohydrate consumption is, one has only to stroll through the middle aisles of the supermarket – the bread aisle, the cereal aisle, the cookie aisle, the soda aisle, and the snack and chips aisle.

These refined carbohydrates have been stripped of their fiber, vitamin and mineral content during processing. What remains is a skeletonized high-calorie fuel that rapidly enters the bloodstream as sugar and is quickly converted into fat. The end result is obesity, which often leads to diabetes, heart disease, high blood pressure, sleep apnea, arthritis and many cancers.

In essence, the body we inherited from our ancestors isn't designed to run on the fuel we're feeding it. If we attempt to keep in mind what our ancestors ate, we can come up with a well-balanced and healthy diet that is wholesome and satisfying.

It is important to learn to read ingredient lists, and to choose healthy single-ingredient foods. The more ingredients, the less control we have over what we eat. Look for high fiber, high nutrient foods, including whole grains, wild rice, colorful fruits and vegetables, beans, nuts, fish, lean chicken, yogurt and virgin olive oil. This will keep your body running smoothly and prevent some of the most common illnesses. After all, if we wouldn't put low grade fuels and dirty oils into our cars, should we really be putting them into our bodies?

DENTISTRY for the 21st Century

by Steven A. Brustin, D.M.D.

MAY WE, SOMEDAY, RE-GROW TEETH?

When you have a fractured or diseased tooth, the dentist has a variety of ways to restore it, including crowns, bonding, veneers, and onlays/inlays. However, if Canadian researchers have their way, another option may be available in the not-so-distant future. They have created a very small ultrasound machine that gently works on gums and stimulates tooth growth at root level from its position on a removal plastic crown. This tiny wireless device only requires daily activation lasting 20 minutes for four months to stimulate growth. While still in the prototype stage, the device could come into commercial use within two years. Until then, allow your dentist to show you how your smile can be restored to its former natural beauty.

If you have any questions about your chances for replacing lost teeth through the latest techniques call us at 617-479-6220. Our recommendations for dental treatment are always in the best interest of the patient. Always feel free to discuss your dental concerns with us. We can provide you with implants, dentures, bridges and crowns, as well as general dental treatment for the entire family. We offer complete dental health services for the whole family. We want you to look and feel your best. For a happy, healthy, and good-looking smile, we urge you to have a check-up soon. We're located at 44 Greenleaf Street. We offer the services of anesthesiology with a fully trained and qualified anesthesiologist. Visit us on the web at www.quincydentist.com.

P.S. Although the device mentioned above started out as a hand-held device, it was eventually shrunk to the size of a pea so it could be inserted in the mouth.

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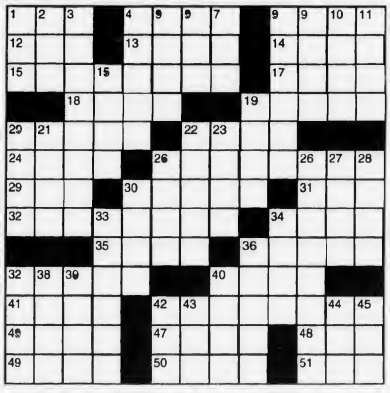
SUN FUN PAGE

King Crossword

ACROSS
1 U.K. fliers
4 Hay storage site
8 Addict
12 Greek vowel
13 "Boola Boola" venue
14 "Fuhgedda-boudit!"
15 Imaginary
17 Silent one
18 A whole lot
19 Pal
20 Nasality
22 No stay-at-home
24 Firetruck necessity
25 Forage plants
29 Numerical prefix
30 Glitch
31 Qty.
32 Sci-fi film classic
34 Dandling site
35 Abominate
36 Failed to
37 Coral creature
40 Country singer Evans
41 Serve as a henchman
42 Idolaters' publications
46 Ham's old man
47 Lotion additive
48 Wildebeest
49 Microbe
50 Claims, slangily
51 Praise in verse

DOWN
1 Ump
2 - glance
3 Film with dancing hippos
4 Untruthful
5 Lummoxes
6 Winter ailment
7 - Aviv
8 Straighten
9 Auctioneer's cry
10 "Zounds!"
11 Michele's high-school pal
16 Traffic pylon
19 Suitor
20 So
21 Refuses to
22 Sun problem
23 Does in, Sopranos-style
25 Body sci.
26 Lively dance
27 Congregation's call
28 Marginalia notation
30 Trade
33 Beat
34 Te Kanawa of opera fame
36 Stupefies
37 Throe
38 Reed instrument
39 Archie Bunker's creator
40 Uppity sort
42 Craze
43 "The Greatest"
44 Conclusion
45 Seek restitution



HOCUS-FOCUS

BY HENRY BOLTINOFF

FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

Differences: 1. Hedge is missing. 2. Cap is different. 3. Strap is missing. 4. Fence is different. 5. Letter is added. 6. Leg is moved.

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The Garden Bug

Planting bulbs

When fall temperatures are dipping consistently below 60°F, spring-flowering bulbs such as tulips, daffodils, hyacinths, dwarf irises and crocus should be planted. Check planting depth for each bulb, and add bone meal into the planting hole.

MAGIC MAZE ● — NET

U O L I F C Z W T Q N K I F B
C Z W U R P M J H E C O Z U X
U S Q N L J G E C T T Z T X V
T R P N G N I H S I F T S L J
T H E C K A Y W U V E I T R P
N R L R K I G Q E R N C R B Z
X W A U S R S P F N I L O D M
L H J M V O L L E Y B A L L I
S G E D M B Y T E F A S H I A
Y X W O D E P R O T R A W L G
G N I D N A L A R U E N I E S

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Butterfly, Drift, Fishing, Gill, Hair, Landing, Mosquito, Neural, Safety, Seine, Tennis, Torpedo, Trammel, Trawl, Volleyball

Trivia test by Fifi Rodriguez

1. MOVIES: Who was Buzz Lightyear's evil nemesis?
2. FAMOUS QUOTES: Who said, "The price of greatness is responsibility."
3. MUSIC: What is the native country of the 1970s music group Abba?
4. ANIMAL KINGDOM: What are invertebrates?
5. SCIENCE: What is a selenologist?
6. LITERATURE: What was the name of the woodcarver who made Pinocchio?
7. GEOGRAPHY: In what state would you find the Kennebec River?
8. TELEVISION: Who played the Church Lady on "Saturday Night Live"?
9. GENERAL KNOWLEDGE: How many members are in the Mormon Tabernacle Choir?
10. PHILOSOPHY: What was the nationality of philosopher David Hume?

Answers

1. Zurg
2. Winston Churchill
3. Sweden
4. Animals that don't have backbones
5. Someone who studies the moon
6. Geppetto
7. Maine
8. Dana Carvey
9. 360
10. Scottish

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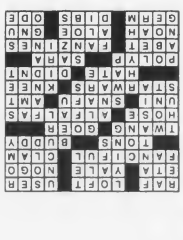
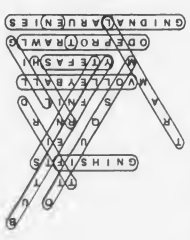
King Crossword — Answers



Magic maze — Answers

-NET



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Salome's Stars

ARIES (March 21 to April 19) Cosmic changes create a potential for disruptions in your travel plans. In the meantime, you might want to consider shifting your focus to another area of your life that needs attention.

TAURUS (April 20 to May 20) It's a good time for beauty-loving Bovines to enjoy something special for the senses. It will restore your spirit and return you to the workaday world ready for the next challenge.

GEMINI (May 21 to June 20) With your planetary ruler, Mercury, going retrograde, you might want to slow down the pace in pursuing some of your projects. Rushing things could be counterproductive.

CANCER (June 21 to July 22) Tensions begin to ease in those once-testy relationships. This helps create a more positive aspect all around. Expect to hear news that could lead you to rethink a recent decision.

LEO (July 23 to August 22) The pace of activity that had slowed last week now begins to pick up. This is good news for Leos and Leonas who have career-building plans that need to be put into operation.

VIRGO (August 23 to September 22) Venus offers encouragement to romance-seeking Virgos who are ready to get up, get out and meet more people, one of whom could be that long-sought soul mate.

LIBRA (September 23 to October 22) An ongoing problem with a co-worker might need to be sent to arbitration. Get all your facts together so that you have a solid base from which to make your argument.

SCORPIO (October 23 to November 21) You are usually decisive about most matters. But you might want to defer your decision-making this week until you get more facts. Someone is holding out on you.

SAGITTARIUS (November 22 to December 21) That quiet period is ending, and a new burst of activity creates some problems at the workplace. But things are soon resolved, and everything goes back to normal.

CAPRICORN (December 22 to January 19) Relationships could be either helpful or hurtful as you pursue your career goals. You might have to make some difficult choices depending on what your priorities are.

AQUARIUS (January 20 to February 18) You might still have some doubts about a career move that could involve a lot of travel. If so, continue to check things out until you feel secure about making a decision.

PISCES (February 19 to March 20) Love rules, as Venus continues to exercise her cosmic influence on both single and attached Pisces. New developments might cause you to change your travel plans.

BORN THIS WEEK: You often think of others before you consider your own needs. You enjoy helping people and would make a fine teacher or caregiver.

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Wishing Well®

3	2	7	3	8	3	5	4	6	7	6	3	6
N	F	B	O	C	T	M	Y	O	U	P	H	E
2	3	6	8	5	4	2	6	4	2	4	8	4
R	I	N	R	O	O	E	Y	U	S	G	E	I
6	5	4	6	3	8	3	8	7	4	5	7	2
O	D	V	U	N	A	G	T	!	E	E	L	H
4	7	5	6	5	3	2	8	3	6	2	5	7
C	D	R	R	A	B	C	I	U	M	H	T	T
8	3	8	4	6	5	2	7	5	8	4	3	4
V	G	E	O	I	E	O	R	D	P	M	S	F
3	2	8	4	3	4	3	2	6	2	4	5	7
Y	I	E	O	O	R	U	C	N	E	T	E	U
5	6	5	7	2	8	5	8	5	7	5	8	8
S	D	I	S	S	R	R	I	E	T	S	O	D

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

OBITUARIES

Kenneth P. Fallon Jr., 89

Vice President Of Radio Station WJDA, Voice Of High School Football

KENNETH P. FALLON JR.

A private funeral service and burial was held for Kenneth P. Fallon Jr. of Quincy, 89, vice president of the former WJDA radio station and long-time announcer of high school football games.

Mr. Fallon died Sept. 28 at Life Care Center of the South Shore in Scituate.

A lifelong Quincy resident, Mr. Fallon was a civic leader.

For more than 30 years, he was the announcer of high school football games on Quincy radio station WJDA, where he was also vice president and commercial manager.

After retiring from WJDA, he was executive director of the Quincy Center Business and Professional Association. He also helped promote the annual Quincy Days Christmas Festival.

Mr. Fallon was a member of the Quincy Park Board and oversaw the establishment of the Quincy Recreation in the 1950s. He was responsible for the introduction of the swimming and sailing programs.

He was a Rotarian for more than 50 years, a past president of the Quincy Rotary Club, and a Paul Harris Fellow, one of Rotary's highest awards..

Mr. Fallon was a member of the United Commercial Travelers, an international fraternal organization in which he served as past senior counselor of the Wollaston Council; past grand counselor of New England; and past supreme counselor of North America in the 1960s.

He was a member of the Wollaston Golf Club and served as its secretary for several years.

He also was a Red Sox fan and enjoyed traveling to spring training every year for the radio station.

Wife of the late Dorothy Fallon, he is survived by a son, Kenneth P. Fallon III of Scituate; a daughter, Margaret E. Tibbetts of Hull; 11 grandchildren, 8 great-grandchildren and one great-great-grandchild.

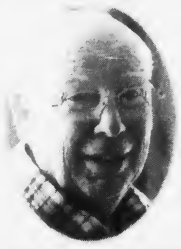
He was also the father of the late Mark W. Fallon and the late Gregory R. Fallon.

Funeral arrangements were made by the Deware Funeral Home, 576 Hancock St., Wollaston.

Memorial donations may be made to the Cystic Fibrosis Foundation, 220 North Main St., Natick, MA 01760.

Harold J. Gallagher Jr., 80

Hall Of Fame Bowler



HAROLD J. GALLAGHER

A funeral Mass for Harold J. Gallagher Jr., 80, of Easton, a hall of fame bowler and owner and operator of Gallagher and Sons HVAC Co., was celebrated Monday at St. Ann's Church, 757 Hancock St.

Mr. Gallagher died Sept. 29 at Southeastern Rehab and Skilled Nursing Facility in Easton.

He started the heating ventilation and air-conditioning company in 1945 in Wollaston after his discharge from the Navy, and operated it for 50 years before retiring in 1995.

He served as a radioman during World War II.

Mr. Gallagher was a talented bowler and served as president, secretary and treasurer of the Greater Boston Ten Pin Bowling Association where he was a member for 26 years.

He was also a member of the American Bowling Congress and was elected into the American Bowling Congress Hall of Fame in 1986 for his accomplishments.

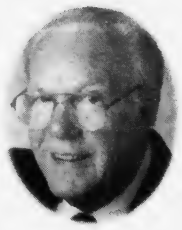
Mr. Gallagher is survived by his wife, Margaret A. (Cambria) Gallagher; a daughter, Mary A. Harvell of Lexington; four sons, James H. Gallagher and Michael P. Gallagher of Easton, John H. Gallagher of Tennessee and Wayne F. Gallagher of Colorado; and 17 grandchildren and 27 great-grandchildren.

Burial was in Mount Wollaston Cemetery.

Funeral arrangements were made by the Keohane Funeral Home, 785 Hancock St., Wollaston.

Edwin R. Rose, Sr., 83

Retired Safe Deposit Attendant



EDWIN R. ROSE, SR.

A funeral Mass for Edwin R. Rose, Sr., 83, of Boca Raton Florida, previously of Quincy and Roxbury, a retired safe deposit attendant, was celebrated Monday at Saint Ann's Church, Wollaston.

He died Sept. 25 at his home in Boca Raton, Florida.

He was a safe deposit attendant with Bank Boston, Boston, for nine years, retiring in 1996.

Born in Boston, he was a Quincy resident for 52 years before moving to Boca Raton, Florida, where he lived for 14 months.

Husband of the late Virginia (Higgins) Rose, he is survived by his son, Edwin R. Rose Jr. of Boca Raton, Florida; his two sisters, Doris Brewer of Illinois and Elaine Lewis of Dorchester; and his brother, Raymond Rose of Weymouth.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Donations may be made to Eternal Word Television Network, 5817 Old Leeds Rd., Irondale, AL 35210.

Anna Krukonis

Retired Clerk

A private funeral service for Anna (Bukus) Krukonis, 85, of Quincy, a retired clerk at Jordan Marsh in Braintree, was held at Knollwood Memorial Park, Canton.

She was a clerk for 15 years, retiring in 1983. An avid shopper, she loved bingo, and the slot machines at Foxwoods Casino.

Mrs. Krukonis was born and raised in South Boston. She lived 20 years in Weymouth and the last 20 in Quincy.

Wife of the late Joseph B. Krukonis, she is survived by a son, Joseph B. Krukonis Jr. of Weymouth; a daughter, Sandra Petkus of West Roxbury; a sister, Francis Phipps of Dorchester; and two grandchildren and great-grandchildren.

Funeral arrangements were by C.C. Shepherd Funeral Home, South Weymouth.

George F. Cox

Retired Truck Driver

A private graveside service for George F. Cox, 81, of Quincy, a retired truck driver, will be held at a later date.

He died Sept. 28 at Quincy Medical Center.

Mr. Cox was a member of the Teamsters Union.

Born in Boston, he was raised in Roslindale, where he graduated from Roslindale High School. He lived for many years in Quincy.

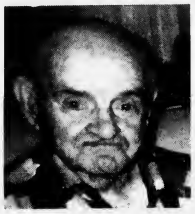
Mr. Cox was a fan of the Red Sox and Patriots.

Husband of the late Ruth (Zaverson) Cox, he is survived by a daughter, Candy Barchard of Brockton; a brother, John Cox of Florida, two grandchildren and a great-grandson.

Arrangements were made by Cartwright Funeral Home, Randolph.

Albert Littlehale, 86

World War II Army Veteran



ALBERT LITTLEHALE

A funeral Mass for Albert Littlehale, 86, of Holbrook, formerly of Quincy, a retired employee of Star Bindery in South Boston and an Army veteran of World War II, was celebrated Wednesday at Holy Trinity Parish at Most Blessed Sacrament Church, Sea St., Quincy.

Mr. Littlehale died Sept. 28 at Quincy Medical Center.

He worked in the shipping and receiving department at Star Bindery.

Born in Boston, he lived in the Houghs Neck section of Quincy for many years. He lived in Holbrook for three years.

Husband of the late Ann (Hartford) Littlehale, he is survived by two daughters, Nancy Collings of Holbrook and Patricia Smith of Plympton; two sisters, Doris Tobin and Eunice Crovo of Florida; a brother, Thomas Littlehale of Melrose; seven grandchildren and three great-grandchildren.

He was the father of the late Albert E. Littlehale and the late Lorraine Littlehale.

Burial was in Pine Hill Cemetery.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Mildred K. Haddad, 59

Assistant Manager Of Salvation Army

A funeral service for Mildred K. (MeDonough) Haddad, 59, of Quincy, an assistant manager for the Salvation Army in Bridgewater, was held Monday at Farley Funeral Home, Stoughton.

She died Sept. 29 at Queen Anne Nursing Home in Hingham of cancer.

Born, raised and educated in Boston, she lived in Bridgewater before moving to Quincy many years ago.

She was a member of Alcoholics Anonymous for 21 years and enjoyed helping other people recover.

She is survived by two sons, Paul A. Haddad and Stephen E. Haddad of Abington; a daugther, Cheryl A. Haddad of Stoughton; two sisters, Marion Pizza of Florida and Virginia Prior of Montana; and six grandchildren. She was the mother of the late Mary Haddad Davis.

Burial was in Evergreen Cemetery, Stoughton.

Donations may be made to the American Cancer Society, 30 Speen St., Framingham MA 01701.

SCOTT DEWARE

A THOUGHT FOR THE WEEK

Recently we received a note from a reader suggesting that far too many Boards, Councils, Committees and even some individuals have an uncanny way of delaying indefinitely or avoiding completely making controversial decisions. . . Also enclosed was a clipping from an old publication which the reader felt was still appropriate today. I couldn't agree more. . .

TO AVOID MAKING DECISIONS

1. Profess not to have THE answer. That lets you out of having any answer.
2. Say that we must not move too rapidly. This avoids the necessity of getting started.
3. For every proposal, set up any opposite and conclude that the middle ground (no motion whatever) represents the wisest course of action.
4. Say that the problem can't be separated from other problems. Therefore, it can't be solved until all other problems have been solved.
5. Ask what is meant by the question. By the time it is clarified it will be time to go home.
6. Appoint a committee.
7. Wait until an expert can be consulted.
8. State in conclusion that you have clarified your thinking. This completely obscures the fact that nothing has been done.
9. Point out how the deepest minds have struggled with the same problem. This implies that it gives you credit even to have thought of it.
10. In closing, thank the problem. It has stimulated the discussion, contributed to our growth, opened up new vistas, shown the way, challenged our inventiveness.

Why can't we make timely decisions on important matters? I don't profess to have THE answer . . . We may need to consult an expert!

Deware Funeral Home

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www.dennissweeneyfuneralhome.com

Michael C. Rice, 64

Executive Vice President

MICHAEL C. RICE

A funeral service for Michael C. Rice, 64, of Fort Myers, Florida, formerly of Quincy, an executive vice president of Barrow Industries in Norwood, will be held today (Thursday) at 7 p.m. at Keohane Funeral Home, 785 Hancock St., Wollaston.

Mr. Rice died Sept. 30 at Massachusetts General Hospital in Boston.

Born and raised in Ohio, he attended schools in Ohio and attended Oberlin College in Ohio.

He was employed 15 years as an executive vice president at Barrow Industries.

Mr. Rice enjoyed playing golf, Corvettes, computers and playing cards.

He also enjoyed spending time with his family and friends.

He lived in Quincy before moving to Fort Myers three years ago.

He is survived by his wife, Martha A. Rice of Fort Myers; two sons, Michael C. Rice of Melbourne and Matthew D. Rice of Charlotte, N.C.; two sisters, Nancy Gfell of Ohio and Jean Swaney of Ohio; and a grandson.

Funeral arrangements were made by the Keohane Funeral Home.

Memorial donations may be made to the American Cancer Society, Central NE Region, 18 Tremont St., Suite 700, Boston, MA 02108.

Filomena 'Mamie' DiGiusto, 89

Homemaker

FILOMENA DIGIUSTO

A funeral Mass for Filomena "Mamie" (DiCenso) DiGiusto, 89, of Quincy, a homemaker, will be celebrated Wednesday at 10 a.m. in Saint John the Baptist Church, Quincy.

Mrs. DiGiusto died Sept. 30 at Quincy Medical Center after a long illness.

She was a longtime communicant of St. John the Baptist Church. She was a member of the church Senior Citizens Group and a member of the former Anversa Degli Abruzzi Society.

Mrs. DiGiusto enjoyed cooking. She and her late husband, Alfred "Freddy" DiGiusto, the owner of Freddy's Auto Sales, Inc. of Quincy, were known for their generosity and assistance to many new Quincy residents who had immigrated from their native Italy.

Born in Castrovalva in the Abruzzi province of Italy, she moved to Quincy as a newlywed in 1937. She had spent summers in Mashpee since 1963.

Wife of the late Alfred "Freddy" DiGiusto, she is survived by two sons, Nicholas M. DiGiusto and Fred G. DiGiusto of Braintree; three grandchildren; and a great-granddaughter.

Entombment was in Blue Hill Cemetery, Braintree.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to charity of choice.

Johanna D. 'Dolly' Perrow

Homemaker

JOHANNA D. PERROW

A funeral Mass for Johanna D. "Dolly" (DeAngelis) Perrow of Braintree, formerly of Quincy, a homemaker, was celebrated Wednesday at 10 a.m. in Holy Trinity Parish in Our Lady of Good Counsel Church.

Mrs. Perrow died Sept. 29 at Quincy Medical Center.

Born in Boston, she had lived in Quincy before moving to Braintree 53 years ago.

She worked at both the Cochrane Shoe Factory in Stoughton and Connell's in Braintree from 1938 to 1951.

During World War II, she was proud of making footwear for the troops. She also worked at the USO in Quincy where she was often asked to sing at dances.

She attended social events of the Knights of Columbus with her husband.

In her youth, Mrs. Perrow loved playing sports and was even a catcher for her brother who was a pitcher.

She loved animals, music, singing, dancing, and her family.

Wife of the late George D. Perrow, she is survived by a daughter, Joan Perrow of Quincy; a niece, Josephine Appel of Quincy; and many grandnieces and grandnephews.

She was the sister of the late Rose Prizio, Carmella "Billie" Zappi, Mary DeAngelis and Joseph DeAngelis.

Burial was in Saint Mary's Cemetery, Quincy.

Funeral arrangements were made by the Keohane Funeral Home, 785 Hancock St., Wollaston.

Memorial donations may be made to the MSPCA, 350 S. Huntington Ave., Jamaica Plain, MA 02130.

Richard E. Guppy, 79

Retired Pile Driver Operator

A funeral service for Richard E. Guppy, 79, of Brockton, formerly of Quincy, a retired pile driver operator and an Army veteran of World War II, will be held today (Thursday) at 11 a.m. at Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Mr. Guppy died Sunday at home after a brief illness.

He was a "sandhog" for many years with Tunnel Workers' Union Local 88 and later a pile driver operator with Pile Drivers Union Local 56 for many years. He retired many years ago.

He served in the regular Army and then in the Army Air Forces.

Mr. Guppy was active in veterans' affairs. He was a life member of George F. Bryan VFW Post 613 in Quincy, where he was a past commander and a member of the post's honor guard.

He was also a member of the Cyril P. Morrisette American Legion Post 294 in Quincy and Disabled American Veterans Chapter 29.

Born and raised in Quincy, he lived in the city most of his life. He moved to Brockton 12 years ago.

He is survived by his wife, Judith A. (Doyle) Guppy; six daughters, Rosemarie Pawnski of Georgia, Marjorie Lacey of Braintee, Cheryl Guppy of Holbrook, Carol Rich of West Bridgewater and Kathy Guppy and Laura Guppy, both of Florida; two stepsons, Jason Carlevale and Jeffrey Carlevale, both of Brockton; a brother, Donald Guppy of West Bridgewater; two sisters, Dorothy Tenor of Weymouth and Marjorie Stewart of Quincy; 13 grandchildren; and three great-grandchildren.

Burial with military honors will be in Massachusetts National Cemetery, Bourne.

Memorial donations may be made to the American Cancer Society, 1115 West Chestnut St., Brockton, MA 02301.

Robert L. Brennan, 82

World War II Veteran, Retired Plumber

A funeral service for Robert L. Brennan, 82, of Quincy, a World War II Army veteran and retired plumber, of Quincy, was held Saturday at McDonald Funeral Home, 809 Main St., Weymouth.

He died Sept. 26 at Quincy Medical Center.

He was a member of Plumbers Union Local 12.

He enjoyed outdoors and the beach.

Born, raised and educated in Belmont, he graduated from Belmont High School in 1942. He lived in Quincy most of his life.

Husband of the late Mildred (Cantwell) Brennan, he is survived by a son, Ronald L. Brennan of Weymouth; a daughter, Roberta L. Cormier of Quincy; and three grandchildren and three great-grandchildren.

Burial will be at a later date.

Donations may be made to Father Bill's Place, 38 Broad St., Quincy, MA 02169.

Agnes F. Ritchie, 90

Retired Dietary Assistant

A graveside service for Agnes Frances (Robertson) Ritchie, 90, of Quincy, a retired dietary assistant, was held Tuesday in Mount Wollaston Cemetery, Quincy.

Mrs. Ritchie died Sept. 29 at the Quincy Nursing and Rehabilitation Center after a long illness.

She worked for many years at the former Quincy City Hospital. She retired many years ago.

A lifelong Quincy resident, Mrs. Ritchie was educated in Quincy schools.

She is survived by a son, James B. Ritchie of Quincy; two grandchildren; and several nieces and nephews.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to the City of Quincy Animal Control, 56 Broad St., Quincy, MA 02169.

John J. Connaughton, 82

Retired Postal Worker

A funeral Mass for John J. Connaughton, 82, of Quincy, a retired postal worker and an Army veteran of World War II who received the Purple Heart, was celebrated Sept. 29 at St. Mary of the Hills Church, Milton.

He died Sept. 25 at Cape Cod hospital, Hyannis.

Mr. Connaughton was a member of the Disabled American Veterans and Lower Mills Council, Knights of Columbus.

For 30 years he was a postal clerk at the East Milton post office, retiring in 1980. He was an avid walker often seen in East Milton Square.

Raised in Dorchester, he attended St. Matthew's School. He graduated from Boston English High School in 1942.

He is survived by two sisters, Mary M. Mattioli of Milton and Roseann Plant of Mansfield; a brother, Richard P. Connaughton of Harwich Port; and many nieces and nephews.

Burial was in Milton Cemetery.

Funeral arrangements were by Alfred D. Thomas Funeral Home, Milton.

Tuey Tow Yep, 85

Homemaker

A funeral service for Tuey Tow Yep, 85, of Quincy, formerly of Braintree and China, a homemaker, was held Sept. 30 at the Keohane Funeral Home, 785 Hancock St., Wollaston.

She died Sept. 26.

Mrs. Yep came to the United States in 1947 and became a citizen July 4, 1976, in Faneuil Hall, Boston.

She enjoyed gardening, sewing, knitting, Chinese herbal folk medicine and cooking.

Mrs. Yep was a founding member of the Boston Chinese Evangelical Church and also attended the First Baptist Church in Braintree.

She was born in Rangoon, Myanmar, and raised in China. She was formerly of Kwangtung, China.

She is survived by her husband of 69 years, Herbert S.Y. Yep; two daughters, Dorothy S.M. Yep of Cambridge and Jeanette S.G. Yep of Middleton, Wis.,; a son, John A.W. Yep of Providence, RI.; and many nephews and nieces. She is the sister of Tuey Kem Chin of Quincy and Tow Gook Gnan of China.

She was also the mother of the late Sue Ling Yee.

Burial was in Blue Hill Cemetery, Braintree.

Grandma loved classic poetry, traveling, and Grandpa.

Your memories are precious. That's why, at Keohane Funeral Service, we take the time to find out what made your loved one special. Whether it's reading classic poetry or compiling a memory board of her favorite travel photos, you can count on us to help you plan a service that will be just as unique as the person you love.

Keohane Funeral Service

785 Hancock Street • Quincy • 617-773-3551

Member by Invitation NSM National Selected Morticians

St. Chrysostom's Church Celebrates 50th Anniversary Of Building Consecration

St. Chrysostom's Episcopal Church recently celebrated the 50th anniversary of the consecration of the building at their Homecoming Extravaganza.

The parish was founded in 1892 and the former shingle-style building was replaced in 1950 by the current stone building, designed by renowned Boston architect Ralph Adams Cram. The building was paid off and consecrated Sept. 23, 1956 by the Right Rev. Norman B. Nash.

Highlights of the celebration included a visit by former Rector, Rev. Frank Greene who was the priest at the time of the consecration. There was a presentation of citation from City Council President Doug Gutro, and a blessing and dedication of the church's new wheelchair ramp. There was a launch of the new website, and a barbecue open to the public.

Entertainment was provided by the gospel singing group "Andrew and Expressions," and bagpiper Rob Haskell. All participants received a commemorative coffee mug.

CUTTING THE CAKE that commemorates the 50th anniversary of the consecration of the St. Chrysostom's Episcopal Church are Parishioner Jackie Webb (left) with former Rector Rev. Frank Greene.

Pet Blessing Sunday At Chrysostom's Church

The St. Chrysostom's Episcopal Church will celebrate their St. Francis Day Pet Blessing Sunday, (Oct. 8) at 4 p.m.

Live pets, stuffed animals or photographs and mementos of pets may be brought to the annual blessing, held in the churchyard.

In the case of rain, the service will be moved inside. Refreshments will be served and the service is open to the public. For more information, call the church at 617-472-0737.

RELIGION

CITY COUNCIL PRESIDENT Douglas Gutro (left) presented a citation to commemorate the 59th anniversary of the consecration of the church. Also present were Rev. David Hefling, Rector (middle), and Ron Iacobucci, vestry member.

THE RIBBON CUTTING ceremony for the new wheelchair ramp at the church is performed by Dorothy Finlay (front) with assistance by her granddaughter, Tracy O'Sullivan.

Quincy Religion Directory

SERVICES & ACTIVITIES

Assemblies of God

Glad Tidings
158 Washington St., Quincy
phone: 773-9797
Rev. Gregory E. Wheaton, Pastor
Sunday Worship: 8:30, 11 a.m., Christian Ed. 10 a.m.; Senior Hi Youth 7 p.m.; Wed. 7 p.m. Berean Bible Study, Royal Ranger Missionettes; Friday Junior Hi Youth 7 pm
- Youth & Children's Ministry
- Contemporary Worship
- Marriage & Family Group
- International Fellowship
- DivorceCare

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 7, 9:30 & 11:30am, Weekdays 9am
Handicapped Accessible
New Members Welcome!

Unitarian

UNITED FIRST PARISH, Quincy
1306 Hancock St., across from Quincy Center T
Worship Service & Church School
SUNDAYS. 10:30 a.m.
Rev. Sheldon W. Bennett, Minister
• A Welcoming Congregation •
617-773-1290 • www.ufpc.org

Congregational

First Church of Squantum
164 Bellevue Street
617-328-6649
Pastor: Michael S. Robertson
10 a.m. Sunday Worship
All Are Welcome

To Advertise in this Directory, Call 617-471-3100

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4pm (Sat.) 7:45am, 9am (Family Liturgy) 10:30am (with Choir) and 5pm
12 noon at Star of Sea Church
Weekday Masses
Mon.-Fri 7am and 9am, Sat. 9am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m., 10:30 a.m. & 5 p.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

ST. JOHN THE BAPTIST
44 School St., Quincy
617-773-1021
Weekend Mass Schedule
Saturday (Vigil Mass) 4 p.m.
Sunday 7:30 a.m., 9 a.m. and 11 a.m. (Family Liturgy)
Weekday Masses
Monday - Saturday 8 a.m.
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
• 617-479-5400
Pastor: Rev. John J. Ronaghan
Weekend Mass Schedule:
Saturday 4:00 PM
Sunday 7:00, 9:00, 11:30AM
Daily Masses: 9:00 AM
Handicapped Chairlift Available

Congregational

HOUGHS NECK CONGREGATIONAL CHURCH
310 Manet Ave., Quincy
www.hncong.org
Sunday, Oct. 8
Worship Service
9:30 am
Sunday School 9:30 AM
'The Power of Positive Thinking'
Hebrews 1: 1-4, 2: 5-12
Rev. John Castricum
617-479-8778

BETHANY CONGREGATIONAL CHURCH
Corner of Spear & Coddington Sts., Quincy Center • 617-479-7300
10 AM Sunday Worship
Childcare Available for Infants, Toddlers
Fellowship Follows Service in Allen Parlor

QUINCY POINT CONGREGATIONAL CHURCH
444 Washington St. • 617-773-6424
Worship and Church School 10 am
Rev. Ann Suzedell, Pastor
visit us at www.QPCC.org

UNION CHURCH
Beach St. & Rawson Rd., Wollaston
Sunday Service 10 AM
617-479-6661
Good Bible Preaching & Traditional Worship
Rev. John Carl Swanson, Pastor

PEACE

Congregational

WOLLASTON CONGREGATIONAL CHURCH
48 Winthrop Ave. - 617-773-7432
Pastor: Rev. Mary Lou Gifford
Sunday Worship Oct. 8
'Charting a Christian Course'
Preacher: Esteile Ruzensky
(Field Educ. student)
Scripture: JOB 1: 1, 2: 1-10
Responsive Reading: Hebrews 1: 1-4
Rev. Mary Louise Gifford

Covenant

COVENANT CONGREGATIONAL CHURCH
Corner of Whitwell & Granite St.
Sunday Worship 10:00 AM
Rev. Karen Palmatier, Pastor
9 a.m. – Christian Education for all ages
Child Care Available - All Are Welcome
Children's Pantry
Wed., Thur. 9:30 am - 12 noon
617-479-5728

Nazarene

Wollaston Church of the Nazarene
37 E. Elm Ave., Wollaston
(617) 472-5669
On The Campus Of Eastern Nazarene College
Pastor: Rev. Fred. Fullerton
Sunday Services
8:30 am - Holy Communion
9:45 am - Adult & Children's Sunday School
11 a.m. - Blended Worship Service
Come Worship with Us!

Episcopal

St. Chrysostom's Episcopal Church
Corner of Hancock & Linden Sts., Quincy
(617) 472-0737 • www.stchrysostom.com
Rev. David Hefling
Sunday School 9 a.m.
Adult Forum 9:15 a.m.
Holy Eucharist Rite 10 a.m.
Nursery Care During Service
Coffee Hour Following
ALL WELCOME
THRIFT SHOP HRS - W, TH, FR. 10am-4pm

Evangelical

EVANGELICAL CHURCH OF ATLANTIC
65 Newbury Ave. North Quincy
(617) 847-4444
Pastor Bill Donahue
Sunday Morning Worship 10:10 AM
Childcare Available

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Dr. Susan Jarek-Glidden, Pastor

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45 SUNDAY SCHOOL
11AM WORSHIP SERVICE
BRASS BAND MUSIC
7PM TUES WOMEN'S FELLOWSHIP
7:15PM WED. BIBLE STUDY

Spiritualist

First Spiritualist Church of Quincy
40 West St., Quincy, MA 02169
(617) 770-2246
Services: Sunday 11 a.m. to 12:30 PM
Coffee and Conversation following service.
(Services 8 PM Wednesdays June, July, August)
Pastor Rev. Rita S. Berkowitz, C.H..C.M.

LEGAL NOTICES

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2155GC
In the Matter
Of ALFRED HARVESTER
Of QUINCY
In the County of NORFOLK
NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN

To ALFRED HARVESTER of QUINCY in the County of NORFOLK, his spouse, and heirs apparent or presumptive, a petition has been filed in the above captioned matter alleging that said ALFRED HARVESTER of QUINCY in the County of NORFOLK is physically incapacitated and praying that ACTIVECARE GUARDIANSHIPS, INC. OF PEMBROKE in the County of PLYMOUTH or some other suitable person be appointed guardian, to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **OCTOBER 13, 2006**.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, August 31, 2006.

PATRICK W. McDERMOTT
Register of Probate

10/5/06

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2292EP
In the Estate of
DONALD P. SARTORI
Late of QUINCY
In the County of NORFOLK
Date of Death
July 12, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that JOHN R. KENNEY of MILTON in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **OCTOBER 25, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, September 15, 2006.

PATRICK W. McDERMOTT
Register of Probate

10/5/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-083

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, OCTOBER 24, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of JOHN HARRIS for a SPECIAL PERMIT and a FINDING to change the use of an existing non-cohnforming structure from two-family to three-family residential. Petitioner is proposing to convert existing space within the building in violation of 17.24.020 (nonconforming buildings).

The parcel of land is shown as Lot 14 on Assessors' plan no. 3034.

John Garland, Chairman

10/5, 10/12/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-080

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, OCTOBER 24, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of DUY ANH NGUYEN for a VARIANCE to legalize an existing 10.2' x 12' deck in violation of Title 17 as amended Chapter 17.20.010 (building conformance) on the premises numbered 11 FOREST AVENUE, QUINCY.

Stephen P. DesRoche, Chairman

10/5, 10/12/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-081

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, OCTOBER 24, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of CHRIS SOLIMINI for a FINDING to alter the existing office space and convert it to a one bedroom apartment in violation of Title 17 as amended Chapter 14.24.020.B (extensions alterations) on the premises numbered 291 WATER STREET, QUINCY.

Stephen P. DesRoche, Chairman

10/5, 10/12/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-082

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, OCTOBER 24, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of HAROLD J. MCDERMOTT, JR. for a SPECIAL PERMIT/VARIANCE/FINDING to demolish the existing structure and construct a new automobile repair facility and tunnel car wash in violation of Title 17 as amended Chapter 17.16.6.c (auto repair), Chapter 17.04.180 (special permit), Chapter 17.20.040 (dimensional requirements), Chapter 17.24.090 (auto service stations), Chapter 17.24 (finding), and Chapter 17.28 (parking) on the premises numbered 635 WASHINGTON STREET, QUINCY.

Stephen P. DesRoche, Chairman

10/5, 10/12/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-084

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, OCTOBER 24, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of JOY BECKWITH for a VARIANCE to pave more than 30% of the front setback to provide parking for the proposed duplex in violation of Title 17 as amended Chapter 17.28.030 (parking) and Chapter 17.36 (earth removal) on the premises numbered 20 MALVESTI WAY, QUINCY.

Stephen P. DesRoche, Chairman

10/5, 10/12/06

We need you.
American Heart Association.

INVITATION TO BID

INVITATION TO BID
CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK STREET, QUINCY, MA 02169

The City of Quincy invites sealed bids proposals for furnishing and delivering to the City of Quincy:

LIBRARY DEPARTMENT PERIODICALS OCTOBER 18, 2006 @ 11:00 a.m.

Detailed specifications are on file at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30AM and 4:30PM.

Bids must state exceptions, if any, the delivery date and any allowable discounts. Bids/Proposals must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked **"BID ENCLOSED"** with time/date of bid call.

Firm bid prices will be given first consideration. Bids/Proposals will be received at the office of the Purchasing Agent until the time and date stated above, at which time and date they will be publicly opened and read. Late Bids/Proposals, delivered by mail or in person, will be rejected.

If applicable, bids shall be in accordance with M.G.L. Chapter 30B, Chapter 149 as amended, and Chapter 30, Sections 39A, 39B and 39F-R.

The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informalities in the bidding if it is in the best interest of the City to do so.

William J. Phelan, MAYOR
Laurie M. Allen, PURCHASING AGENT

10/5/06

LEGAL NOTICE

United States
Postal Service
Statement of Ownership, Management and Circulation

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Publisher (Name and complete mailing address): Henry W. Bosworth, Jr., 111 Parkside Ave., Braintree, MA 02184.

Editor (Name and complete mailing address): Robert H. Bosworth, 315 Twin Lakes Drive, Halifax, MA 02338.

Managing Editor (Name and complete mailing address): Robert H. Bosworth, 315 Twin Lakes Drive, Halifax, MA 02338.

Owner (Do not leave blank. If publication is owned by a corporation, give the name and address of the corporation immediately followed by the names and addresses of all stockholders owning or holding 1 percent or more of the total amount of stock. If not owned by a corporation, give the names and addresses of the individual owners. If owned by a partnership or other unincorporated firm, give its name and address as well as those of each individual owner. If the publication is published by a nonprofit organization, give its name and address.)

Full Name and Complete Mailing Address: The Quincy Sun Publishing Co., Inc., 1372 Hancock St., Quincy, MA 02169; Henry W. Bosworth, Jr., 111 Parkside Ave., Braintree, MA 02184; Robert H. Bosworth, 315 Twin Lakes Drive, Halifax, MA 02338; Marcia O'Connell, 40 Hatherly Rd., Quincy, MA 02170.

11. Known Bondholders, Mortgagees, and Other Security Holders Owning or Holding 1 Percent or More of Total Amount of Bonds, Mortgages, or Other Securities. None.

12. Tax Status (For completion by nonprofit organizations authorized to mail at nonprofit rates) (check one). The purpose, function, and nonprofit status of this organization and the exempt status for federal income tax purposes: not applicable.

13. Publication Title: The Quincy Sun.

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16. Publication of Statement of Ownership. Publication required. Will be printed in the Oct. 5, 2006 issue of this publication.

17. Signature and Title of Editor, Publisher, Business Manager, or Owner: Henry W. Bosworth, Jr., Publisher. Date: October 1, 2006.

I certify that all information furnished on this form is true and complete. I understand that anyone who furnishes false or misleading information on this form or who omits material or information requested on the form may be subject to criminal sanctions (including fines and imprisonment) and/or civil sanctions (including civil penalties).

10/5/06

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The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2290GI
In the Matter
Of JULIA WALSH
Of QUINCY
In the County of NORFOLK
NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN

To JULIA WALSH of QUINCY in the County of NORFOLK, her spouse, and heirs apparent or presumptive, a petition has been filed in the above captioned matter alleging that said JULIA WALSH of QUINCY in the County of NORFOLK is a mentally ill person and praying that SHEILA M. SULLIVAN of QUINCY in the County of NORFOLK or some other suitable person be appointed guardian, to serve without surety of the person – and property – with the authority to administer antipsychotic medications in accordance with the treatment plan for reasons more fully set forth in said petition.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **NOVEMBER 17, 2006**.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, September 19, 2006.

PATRICK W. McDERMOTT
Register of Probate

10/5/06

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The Quincy Sun

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INDEX
- ❑ Services
- ❑ For Sale
- ❑ Autos
- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
- ❑ Real Estate
- ❑ Antiques
- ❑ Flea Markets
- ❑ Yard Sales
- ❑ Instruction
- ❑ Day Care
- ❑ Personal
- ❑ Miscellaneous

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1 WEEK ❑ $7.00 for one insertion, up to 20 words, 10¢ for each additional word.

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NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION.
DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

CITY OF QUINCY, MASSACHUSETTS
Department of Public Works

William J. Phelan,
Mayor

City of Quincy
DPW

NEIGHBORHOODS FIRST!

FALL CURBSIDE YARDWASTE BEGINS OCTOBER 16

Weekly collection resumes on October 16 and continues through December 1.

After December 1, residents may drop off yardwaste at the DPW Yard 55 SEA St. through mid-December. BFI will not pick up yardwaste curbside after December 1. Don't forget holiday weeks are on a one-day delayed schedule.

Cut branches into 3-ft. lengths, bundle and tie. Leaves, grass and tiny twigs can go in brown paper yardwaste bags, open boxes or open barrels (no lids). Larger brush and tree limbs may be dropped off at the City's Public Works Recycling Center at 55 Sea Street, Monday- Friday 7am-3pm and Saturdays 9am-noon.

DROP OFF AT DPW OPEN Monday-Friday (7AM-3PM) & Saturday (9AM-Noon)

Please remember that no yardwaste in plastic bags will be collected.

TRASH PICKUP INFORMATION

TRASH PICKUP- For curbside collection of appliances, air conditioners, TVs and computer monitors please call BFI at 617-471-7900 or fax them at 617-471-8313.
MISSED PICKUPS- Call BFI at 617-471-7900.
Service Problems should be directed to the DPW at 617-376-1953

HOUSEHOLD HAZARDOUS WASTE DROP-OFF at the DPW, 55 SEA ST.

SATURDAY, OCTOBER 21, 2006 (8-10AM)

ACCEPTABLE: Oil Based Paints, Hobby Supplies, Pool Chemicals, Cleaning Chemicals, BBQ Tanks Only Pesticides, Drain Cleaners and Poisons.
NOT ACCEPTABLE: Latex Paint (Dry out & place in trash) TVs/Computer Monitors/ Microwaves, Air Conditioners/Lawn Mowers/Combustible Engines, Oxygen Tanks, Asbestos, Explosives, Tires, Fire Extinguishers, Smoke Detectors, Machinery

IMPORTANT NUMBERS

DPW Website:	www.ci.quincy.ma.us
General Information:	617-376-1123 (Constituent Services)
Sewer/water/Drain:	617-376-1910 (24 Hours) Hotline
Water Bills:	617-376-1918
Potholes:	617-376-1914 (24 Hours) Hotline
Street Lights:	617-376-1490 (24 Hours) Hotline
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DPW Yard Attendant	617-376-1928 (Drop-off of yard waste/recycling)

****WINTER PARKING NOV. 2006 - APRIL 2007 EVEN SIDE OF STREET****

PLU# 7051

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QUINCY MA 02269-9164

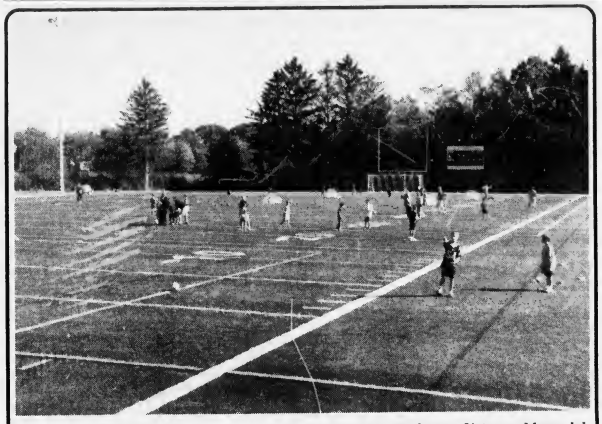
Special 'Welcome Back' For Sacred Heart School Students

Page 8

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper

VOL. 39 No. 4 | Thursday, October 12, 2006 | 40¢



YOUNGSTERS GOT THE chance to not only see but to try out the new Veterans Memorial Stadium turf at Monday's open house. *Quincy Sun photov/Robert Noble*

Hundreds Enjoy Open House At Veterans Stadium

More than 200 people played football, soccer, lacrosse, frisbee, or simply satisfied their curiosity at the new field turn surface at Veterans' Memorial Stadium at an "open house" hosted by Mayor William Phelan Monday.

"Veterans' Stadium is now the crown jewel of our athletic facilities," said Phelan. "Young men and women, boys and girls, will be playing soccer, lacrosse, and football on this new surface for the next 20 years. This is a facility that Quincy can be proud of as we host more games than any other community in the region at this facility. increased ability for use at the stadium turn will also take the pressure off other fields and increase the overall conditions at most of Quincy's varsity fields."

The new field surface was christened Friday night with a football game between North Quincy High School and Plymouth North High School. Both varsity soccer teams played there on Saturday and youth football held their weekly schedule Sunday. Quincy High School junior varsity football teams hosted a game there on Monday morning.

"With two high schools, the stadium is home to six scholastic

(Cont'd On Page 2)

"COACH" WILLIAM Phelan in a huddle with young touch football players at Monday's open house at Veterans Stadium.

Neighborhood Meeting Planned

Phelan Urges Calm On Chinese Flag Flying Controversy

By TOM HENSHAW

The great Chinese flag flap moved into the talking stage this week as Mayor William Phelan urged calm, a majority of city councillors remonstrated angrily and the Chinese United Association lost its most eloquent spokesman.

And for the second week there was no flag, either Chinese or American, flying over the CUA Headquarters USA in Wollaston pending a meeting with neighbors everyone knew was planned but no one seemed to know when.

"They have every right to fly the flag," Phelan told his Tuesday press availability. "It may not have been a great idea to have raised the flag without warning. It's best to take it down and let things calm down.

"Let's wait and hear from the organization after the public dialogue. We officials should take the same approach."

City Council President Doug Gutro, calling the issue the "most visceral" he's seen on the Council, brought it up in the meeting last week during a time allotted for members to speak out on any subject they wish and most councillors joined him.

Gutro said 75 protesters had contacted him and Ward 4 Councillor Jay Davis suggested that the address and phone number of the Chinese United Association be given out so that more people can call them and protest directly.

At Large Councillor John Keenan, Ward 3 Councillor Kevin Coughlin and Gutro met with members of the CUA Thursday "to request them not to fly the flag because it is divisive and has caused resentment" until after they have met with neighbors."

"They agreed," said

(Cont'd On Page 15)

Veterans To Hold Flag Protest Rally

By MARIE D'OLIMPIO

Quincy veterans will hold a weekend rally to protest the flying of the Chinese flag over the office of the Chinese United Association in the Wollaston business district.

The License Board Tuesday unanimously gave a permit to David Lawson, senior vice-commander of the George F. Bryan Post.

The rally will be held from 9 a.m. to 5 p.m. at the intersection of Beach and Beale Sts. where the building on which the flag has been flown is located.

Lawson told the board he predicted about 50-60 persons would participate.

Lawson said the rally would be "orderly" with a protest of "defrocking old glory." Lawson said there were red medallions placed over the stars of the American Flag covering all but four of the stars.

Crowley said "we don't want to plan the demonstration-this is your rally-but we do not want to disrupt any traffic on Hancock Street.

Acting Chairman, Health Commissioner Drew Scheele said the rally should not be right in front of the facility. (the former Blackwood Pharmacy.)

Also speaking at the meeting was Vincent Dolan, president of the Veteran's Council and Commander of the Quincy Veteran's Council. He reiterated Lawson's plan and reason for the rally.

(Cont'd On Page 14)

Fire Dept. Testing, Flushing Hydrants

The Quincy Fire Department is conducting hydrant testing and flushing throughout the city during October.

If residents notice discolored water in their domestic system, the Fire Department advises them to run a faucet for a few minutes until the water clears.

The water will be safe to use.

■ **Ramos-Donnelly Family Fundraiser** - *Page 13* ■ **QMC Honored For Cancer Care** - *Page 20*

Hundreds Enjoy Open House At Veterans Stadium

(Cont'd From Page 1)

football teams, a youth football program, more than 10 scholastic soccer programs, and a growing lacrosse program," said Phelan. "It receives a tremendous amount of use and subsequent wear. The new turn looks great now and will withstand the use that it receives and remain in good shape for years.

The stadium repairs are part of Phelan's Natural Resource Investment Initiative, a $10 million investment in Quincy's quality of life through park improvements and the protection of open space. Proceeds from the city's hotel/motel tax are being used to pay for the initiative.

The city has purchased Lot 23 and Bayswater Boatyard in Houghs Neck for recreational purposes.

Adams Field has been completely renovated and has hosted national events. The city built the first facility dedicated primarily to female sports at Mitchell/McCoy Field. Other improvements have been made to city beaches and parks throughout Quincy's neighborhoods.

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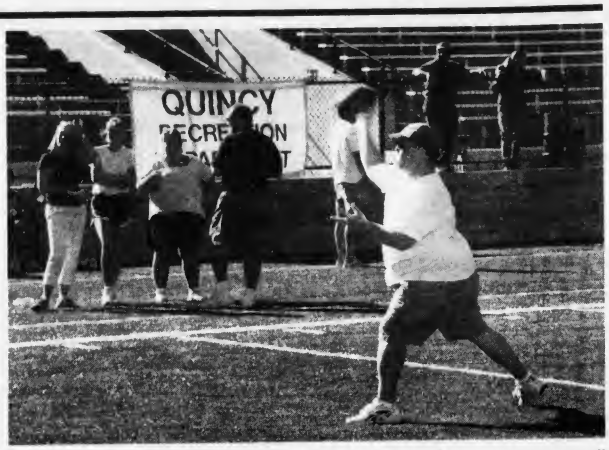

WARD 4 COUNCILLOR Jay Davis shows his form as he gets set to loft a pass in a touch football game Monday. You thought it was Tom Brady? *Quincy Sun Photos/Robert Noble*

THE QUINCY COMMUNITY Police "Grill Team" served up hamburgers at a cookout at Monday's Veterans Stadium open house. From left are Mark Gillis, Steve Buckley, Chris Zupkofska, Matt Joyce, Patrick Joyce.

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Saturday, October 21st
Begins at 8:30am
• Learn about our vast array of academic programs
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• Visit apartments just steps from the university
UMASS BOSTON
For more info or to reserve your spot, go to
www.umb.edu/openhouse or call 617.287.6000

Bellotti's Inmate Program Becoming Model For State

MICHAEL BELLOTTI

Thanks to a new and fully automated inmate evaluation process, the Norfolk County Sheriff's classification system is quickly becoming the model for other local and state agencies.

The criminal offender management tool, known simply as COMPAS, provides decision support within the classification system by identifying the risks and needs of each offender in the Norfolk County House of Correction in Dedham.

Other country correctional centers and the Massachusetts Department of Correction and state Parole Board have received demonstrations of COMPAS and are considering adopting the computerized assessment tool.

The Sheriff's Office is the first correctional center in the Northeast to implement COMPAS within a classification system.

"In corrections, classification is vital to the daily operations of the institution," Sheriff Michael Bellotti said. "This new tool provides us with better information and allows staff to have a greater understanding of the inmates they're dealing with every day. We're proud of our system and happy to share its success."

Through the use of COMPAS, the Sheriff's Office tracks and measures an offender's "risk scales," which include court records, criminal history and recidivism.

At the same time, COMPAS identifies "needs scales," which involve substance abuse, education, finances, mental health and parenting skills.

In the past, those working in classification depended mainly on subjective information such as gut instinct, personal knowledge and opinions to classify inmates.

COMPAS is an objective approach that provides centralized and measurable information, allowing correctional staff to develop a course of action for each inmate that determines programming, housing and reentry.

It is particularly helpful in the re-entry or "step-down" process that leads to community settings such as probation, parole and community corrections, including electronic bracelet monitoring and community service.

Because correctional workers get a much quicker and accurate snapshot of every inmate, the inconsistency and margin for error that were typical of the old subjective system have been eliminated.

"The consistent documentation of inmate behavior and adjustment becomes a motivator for inmates because they understand in a very clear and visible presentation why they are placed in a particular category and how their conduct changes their classification," Bellotti

(Cont'd On Page 11)

FATHER DAVID HEFLING, Rector at St. Chrysostom's Episcopal Church, blessed Benjamin, a nine-year-old cat of Elizabeth Munnick at the St. Francis Day Pet Blessing, Sunday at the church.

Cooking Fires Targeted By NFPA Safety Week

Home cooking fires will be the target of National Fire Prevention Week Open House today (Thursday) from 9:30 to 11:30 a.m. at the National Fire Protection Association headquarters, One Batterymarch Park, Quincy.

NFPA studies indicate that cooking fires are the number one cause of home fires in which 82 per cent of the 3,675 people who died in fires in the United States lost their lives.

In an effort to reduce the number of deaths, the NFPA is sponsoring its annual public awareness campaign, Fire Prevention Week, Oct. 8-14, under the title "Prevent Cooking Fire: Watch What You Heat."

Preschool and K-K1 youngsters from Quincy and Braintree will gather at NFPA headquarters to learn first hand about fire safety and meet Sparky the Fire Dog. Educational materials will be distributed.

The lessons include Fire Escape Planning; Stop, Drop and Roll; Crawl Under Smoke and Safety Sing-Along.

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Moments in time

THE HISTORY CHANNEL

• On **Oct. 10, 1845,** the Naval School opens in Annapolis, Md., with 50 midshipmen students and seven professors. It officially became the U.S. Naval Academy in 1850, and a new curriculum went into effect, requiring midshipmen to study at the academy for four years and to train aboard ships each summer.

• On **Oct. 15, 1917,** Mata Hari is executed for espionage by a French firing squad. It is probable that French authorities trumped her up as "the greatest woman spy of the century" as a distraction for the huge losses the French army was suffering on the Western Front.

• On **Oct. 11, 1923,** three men blow up the mail car of a Southern Pacific train carrying passengers through southern Oregon in a botched robbery attempt. The bomb the thieves used was too powerful, and the entire mail car was blown to bits.

• On **Oct. 9, 1936,** harnessing the power of the Colover 266 miles of transmission lines to Los Angeles. When it was finished in 1935, Hoover was the tallest dam in the world.

• On **Oct. 12, 1945,** PFC Desmond T. Doss of Lynchburg, Va., is presented the Congressional Medal of Honor for outstanding bravery as a medical corpsman, the first conscientious objector in American history to receive the nation's highest military award.

• On **Oct. 13, 1953,** the Artmobile, the world's first mobile art gallery, part of the Virginia Museum of Fine Arts, begins touring Virginia with an exhibition of art objects, making its first stop in Fredericksburg.

• On **Oct. 14, 1962,** the Cuban Missile Crisis begins, bringing the United States and the Soviet Union to the brink of nuclear conflict. Photographs taken by a U-2 spy plane offered evidence of Soviet-made missiles in Cuba. During the next two weeks, the United States and the USSR would come as close to nuclear war as they

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Sunbeams

By Henry Bosworth

Insulting The Presidents

When Venezuela's Hugo Chavez called George Bush "the devil" at the United Nations it wasn't the first time a U.S. president was the target of insulting name-calling.

Ronald Reagan was called "a terrorist" and "a bum", Richard Nixon, Lyndon Johnson "liars", Abraham Lincoln a "huckster", John Adams, "eccentric", John Quincy Adams "repulsive".

But perhaps the nastiest barb of them all was the one from Hearst columnist Wesbrok Pegler about Franklin Delano Roosevelt.

Pegler, who wrote like he started his day off with vinegar on his cornflakes and acid in his coffee said:

"It is regrettable that Guiseppe Zangara hit the wrong man when he shot at Roosevelt in Miami."

FDR

And author-columnist H.L. Menken lobbed this one:

"If (FDR) became convinced that coming out for cannibalism would get him votes he so sorely needs, he would begin fattening a missionary in the White House back yard..."

Those and other presidential zingers are passed along by colleague Tom Henshaw from the "Book of Insults & Irreverent Quotations" by Donald D. Hook and Lothar Kahn and "The Complete Book of U.S. Presidents" by William A. DeGregorio.

Here are some of them:

J. ADAMS

About John Adams: "He is distrustful, obstinate, excessively vain and takes no counsel from anyone." *(Thomas Jefferson)*

J. Q. ADAMS

About John Quincy Adams: "Of all the men whom it was ever my lot to accost and to waste civilities upon (he) was the most doggedly and systematically repulsive." *(W.H. Lyttleton, governor of North Carolina)*

About James K. Polk: "I more than suspect that he is deeply conscious of being wrong, that he feels the blood of this war, like the blood of Abel, is crying in the wilderness against him. He is bewildered, confounded and miserably preplexed man." *(Congressman Abrham Lincoln on Polk and the Mexican war)*

About Abraham Lincoln: "He is a huckster in politics, a first rate, second rate man." *(Wendell Phillips, abolitonist)*

About John F. Kennedy: "I sincerely fear for my country if Jack Kennedy should be elected president. The fellow has absolutely no principles. Money and gall are all the Kennedys have." *(Senator Barry Goldwater)*

JFK

About Harry Truman: "It defies all common sense to send that roughneck ward politician back to the White House." *(Senator Robert Taft)*

TRUMAN

About Richard Nixon: "Nixon is a shifty-eyed goddam liar and people know it. He's one of few in the history of this country to run for high office talking out of both sides of his mouth at the same time and lying out of both sides." *(Harry Truman)*

About Dwight Eisenhower: "I think that when the President stops being president the best job we could give him in our country would be as director of a children's home. He would not harm children. But as head of a mighty nation he is more dangerous and might do a lot of harm." *(Nikita Khrushchev, Soviet preimier)*

EISENHOWER

About Lyndon Johnson: "He tells so many lies that he convinces himself after a while he's telling the truth." *(Robert Kennedy)*

About Gerald Ford: "He's a nice fellow but he spent too much time playing football without a helmet." *(Lyndon Johnson)*

About Ronald Reagan: "How can you take this man seriously? Perhaps even he doesn't know what he is talking about. He is the biggest liar of all the American presidents... the worst terrorist in the history of mankind... a mad man, an imbecile and a bum. His ideas are from the era of Buffalo Bill—not the nuclear age." *(Fidel Castro)*

REAGAN

About George H.W. Bush: "If ignorance ever goes to $40 a barrel, I want the drilling rights to George Bush's head." *(Jim Hightower, Texas Commissioner of Agriculture)*

Pretty strong words.

It would seem that every president moving into the White House should have one extra qualification: a thick skin. Or quickly develop one.

It's not always "Hail To The Chief". Sometimes it can be "Hell".

Red Cross CPR, First Aid Courses Oct. 13-28

The American Red Cross of Massachusetts Bay is offering the following courses Oct. 13-28 at its South Area office, 1495 Hancock St., Quincy.

Adult CPR/AED: Oct. 13 from 1-5:30 p.m. Cost is $55. This course teaches bleeding, first aid for choking and CPR for victims over eight years of age.

Adult CPR/AED: Oct. 18 from 6-10:30 p.m. Cost is $55. This course teaches bleeding, first aid for choking and CPR for victims over eight years of age.

First Aid: Oct. 19 from 6-10 p.m. Cost is $50. This course teaches bleeding, choking, poisoning and other first aid emergencies.

Adult CPR/AED & First Aid: Oct. 21 from 9 a.m.- 4 p.m. Cost is $75. Completion of this course awards a CPR certificate valid for one year and a first aid certificate valid for three years.

Adult CPR/AED & First Aid: Oct. 23, 30 (two sessions) from 6-9:30 p.m. Cost is $75. Completion of this course awards a CPR certificate valid for one year and a first aid certificate valid for three years.

CPR for the Professional Rescuer Review: Oct. 25 from 6-10:30 p.m. Cost is $60. Prerequisite is current certification in CPR for the Professional Rescuer.

Adult, Child & Infant CPR AED Review: Oct. 26 from 6-10 p.m. Cost is $60. Prerequisite is current certification in Adult, Child & Infant CPR/AED.

Adult CPR/AED: Oct. 28 from 9 a.m. - 1:30 p.m. Cost is $55. This course teaches bleeding, first aid for choking and CPR for victims over eight years of age.

Registrations are being accepted for Home HealthAir/Certified Nurses Assistant courses. A daytime course starts Oct. 23, and an evening course starts Oct. 30. Cost is $800.

The American Red Cross will train qualified applicants to become certified classroom instructors in CPR and First Aid. Classes will be offered at our convenient Quincy location. If you have a few hours a week, you can learn how to teach others in your community to save a life.

Preregistration is required for all courses. Call 617-770-2600 Monday through Friday, 8:30 a.m. - 4:30 p.m. for more information.

Scenes From Yesterday

THIS IS A 1925 real photo postcard view of the original William B. Rice Eventide Home on Adams Street near Quincy Center. Rice was the original benefactor for what is now the Quincy Medical Center. He donated three acres of land and the first building to start Quincy Hospital in 1890. Its first purpose was to treat quarry workers suffering from lung disease or consumption. Rice also set up an endowment for a home for Quincy's elderly. When his wife died she donated their home and land shown here to establish the Eventide Corporation. In 1936, this house was demolished and the present sprawling Neo-Georgian brick faced building occupies the site. Now there are plans to demolish the present building and replace it with an attractive new modern facility. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of Tom Galvin

READERS FORUM

Likens Chinese Communist Flag To Nazi Flag

Regarding the flag of the people's Republic of China flying in Wollaston:

Many have criticized this flag flying inside Quincy's Chinese community and many veterans have also been critical of this prominent display of a flag of repression.

I agree that the first amendment allows the flying of such a flag, but as far as I'm concerned, it is no different than flying a Nazi flag. Neither belongs displayed next to the Stars and Stripes.

Jimmy Liang says the flag went back up for the Oct. 1 Chinese Independence Day holiday. This flag is the flag of Mao Tzedong's Communist party. It isn't simply a national flag. It is an affront having it waving in the breeze next to the U.S. flag.

The Chinese United Association apparently forgot what the word "united" means. Here in the United States of America, it means all kinds of people come together as one people: Americans. We are a nation of immigrants.

Flying the flag of the People's Republic separates folks. The Chinese community in this country is diverse and the flag flying in Wollaston is not a flag of diversity, but rather the flag of a dictatorship.

Liang says he wants to talk to the neighbors. He says, "We want to hold a reception for them."

Welcome to the neighborhood? Throw a red flag up and think it won't matter?

I can live with that flag flying in Wollaston, but I don't have to like it. I certainly don't think it's very neighborly. I won't be going to any party over it.

It's the wrong flag to fly and be good neighbors.

Sal J. Giarratani
Atlantic Street

Thanks For Listening To Radio Station WJDA

I feel a proper thank you should go out to everyone who was a former listener/advertiser/supporter of the former WJDA radio.

Generations of people grew up listening to 'JDA. Whether it was for the "no school" announcements when they were children, or whether it was always on at their grandmother's house, many people have fond memories of the station.

It was distinct honor, privilege, and joy to serve behind the mic. For the past 20 years of the station's history and to everyone who care enough about what was going on in their communities to tune in, I say "thank you."

Joe Catalano
Former News Director
WJDA Radio 1300 am

Annual Halloween Festival At Germantown Oct. 28

The fourth annual Snug Harbor School and Germantown Neighborhood Center Halloween Festival will be held Saturday, Oct. 28, from 12 noon to 4 p.m. at the future home of the Center, the former St. Boniface Church, 333 Palmer St.

The celebration will include food, games, music, crafts, entertainment, face painting, a moonwalk, a costume contest, raffles, scary surprises and a haunted house. Proceeds will benefit the Center and the Snug Harbor School.

"This event not only creates a wonderful community gathering, but also raises greatly needed funds for two organizations that are dedicated to enriching the lives of children and their families in the Germantown community and throughout the city of Quincy," said event coordinator Jim Hennessy.

Sponsors of the festival include the honorary chairs Jean Kenney of Eastern Bank and Sam Rounseville of Century 21 Abigail Adams, as well as Rep. A. Stephen Tobin, South Shore Savings Bank and Altrusa international, Inc., of Quincy.

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Quincy's Yesterdays

Hong Kong Flu Threat Seen Here

City Health Commissioner John T. Foley predicted that a new flu epidemic, Hong Kong Variety, will hit Quincy this winter.

"It could become quite a problem around Jan. 1," he said.

This particular version of the flu broke out in Hong Kong in June, spread to Honolulu and early last month reached the West Coast and is now moving eastward. Dr. Foley noted that there is a shortage of Asian Flu vaccine, but he has an order in for 4,000 doses and hopes to receive at least part of the order in the next two or three weeks.

This Week
1968
38 Years Ago

1,475 SEEK VIETNAM BONUS

About 46,600 Quincy residents will be eligible to cast votes in the Nov. 5 Presidential Election. City Clerk John Gillis said that 2,600 new voters registered between the primary election and the Saturday deadline. At the time of the October primary, registration totaled 44,061. Of those, 21,469 were Democrats, 10,871 were Republicans and 11,721 were Independents.

QUINCY-ISMS

Herbert F. Cole was re-elected president of the Wollaston Business and Professional Association. Other officers elected were **Henry D'Amore,** vice-president, **John R. Chase,** treasurer and **E. Sarto Minihan,** recording secretary. The meeting was held at Walsh's Restaurant... *The Quincy Sun* was offering its third edition (Oct. 10, 1968) free to Quincy residents... South Shore Television, 1570 Hancock St., Quincy Center, **Remo DeNicola, Pete Nicola,** owners, was offering "giant screen R.C.A. color consolettes that swivel" for only $4.51 per week... **Mrs. Howard MacDougall** presided at the season's opening meeting of the Montclair Women's Club. The meeting was held at the Montclair Men's Clubhouse on Holbrook Rd.... **Edward F. Roberts** was installed as Commander of the Wollaston American Legion Post #295 for the 1968-1969 year... **Linda Gerry,** a vivacious 21-year-old brunette, was selected as the new Shawmut Torch Girl. Miss Gerry was set to carry the torch to kick off the 1968-1969 United Fund Campaign... Leo J. Hannon Realtors, 803 Hancock St., Wollaston, was offering two single-family homes on one lot for $14,900... Rep. **Joseph E. Brett** was elected vice-chairman of a special commission to study the recreational needs of the Metropolitan District... **James A. Sheets**, chairman of Quincy Junior College's History and Government Department, planned to assign students to Republican and Democratic headquarters to see how local campaigns were conducted... **Frank White**, superintendent of Quincy Public Buildings announced his upcoming retirement after more than 30 years of service... **James Reardon**, son of Mr. and Mrs. Harold Reardon of Sea Ave., Houghs Neck, was serving with the U.S. Army Military Police in Vietnam... **Mr. and Mrs. William L. Russell** of Upland Rd., celebrated their 50th wedding anniversary at a reception at Montello's... **Mr.** and **Mrs. John Thorton** of Sea Street became the parents of a second daughter, Mary Margaret. The father was the director of the book store at Graham Junior College... A *Quincy Sun* story noted that Quincy-born **John Quincy Adams** was the first politician to use campaign buttons. He introduced them in the 1824 presidential election. (Ed. note: Since none of the four candidates for president, Andrew Jackson, Henry Clay, William Crawford and Adams, received the necessary electoral votes for election, the House of Representatives elected Adams.)... **Edward S. Graham**, Ward 1 City Councillor, was campaigning for Norfolk County Sheriff as the Democratic nominee... **Cliff Hallett, Jr.**, owner of Hallett Electrical Service, 125 Sea Ave., Houghs Neck, was advertising "all types of electrical work, old and new work,"... **Dr. Charles O. Merrill** was re-elected as the president of Cerebral Palsy of the South Shore at the annual meeting held at the Chamber of Commerce Building. Other officers included **Dr. Joseph Nicastro**, first vice-president, and **Mayor James R. McIntyre**, second vice-president... The Quincy High School Presidents football team prepared to meet "a good Everett team" at Veterans Memorial Stadium, Oct. 12. The team was coming off a surprise loss to an underdog Revere team by a 22 to 15 margin. Coach **Hank Conroy** said, "our defense broke down last week and we can't afford to let it happen again this week."... The North Quincy Red Raiders football team coached by **Carl Leone**, was seeking their third straight victory when they met Malden High at Malden. Quarterback **Bob Sleeth** led the RedRaiders to impressive wins over Revere 28 to 7 and Lynn English 36 to 6... Mr. Kelly's Restaurant, 62 Sumner St., Quincy Point, was advertising "pizza, the finest you ever ate."... Attorney **Richard W. Barry**, first assistant district attorney for Norfolk County, and former Quincy City Councillor, was the guest speaker at the Holy Name Society meeting of the Our Lady of Good Counsel Church, Merrymount.

Arts & Entertainment

Harry Potter Halloween Celebration At Quincy Community United Methodist

A Halloween Celebration that explores the magical realm of Harry Potter's Hogwarts School of Witchcraft and Wizardry will be 1 p.m., Oct. 28, at the Quincy Community United Methodist Church, 40 Beale St.

Rev. Susan Jarek-Glidden of the church stresses that seats are limited for the event, which sold out last year.

Reservations may be made by calling 617-773-6854, or online at hogwartsparty@yahoo.com. Cost is $6 per person, $20 for a family of four, and children three years and under are free. Every child must be accompanied by an adult.

Jarek-Glidden said that last year's sold-out event was a "truly magical event for kids and adults. It was as if they were transported to a magical world."

This year's second annual celebration will be based on the latest movie, *Harry Potter and the Goblet of Fire*, and plans to be even better than last year's. Children and adults will have the opportunity to receive a "magic wand," to be part of the Sorting Ceremony, and to participate in Quidditch.

Other events, such as an "underwater" experience and a maze, will be based on events in the movie. There will also be "classes" in Care of Magical Creatures and Defense Against the Dark Arts, and some additional fun surprises. The afternoon will conclude with a Halloween Feast.

Songteller Concert At Library Oct. 15

The Thomas Crane Library invites participants to "travel the world at your library" this year with new monthly series of cultural performances for all ages, Sundays from 3-4 p.m. at the library, 40 Washington St.

The series will feature music, dance, and stories from a variety of cultural traditions.

Oct. 15, "songteller" Janice Allen will take listeners on a rhythmic journey from the Georgia Sea Islands to the African continent, with a range of African and African-American percussion instruments and vocals. She combines a blend of African-American spirituals, gospel and Broadway musicals. Allen encourages audiences to dance and sing traditional African-American children's circle games.

Allen has toured nationally and made frequent concert appearances in Africa and Japan. She conducted the Boston children's choir that was featured at the Nelson Mandela Celebration at Boston Esplanade Hatch Pavilion before a live audience of over 200,000 people and a nationally televised audience. She is the winner of the 1989 Boston Parents' Paper Children's Entertainer of the Year award, and has performed lead roles in "Black Nativity," "Revels," and the Wheelock Family Theater musical "Sound of Music."

Other upcoming concerts at the library include South Indian music and dance, "Takademi," Nov. 19, and the "Chesara Trio," which features music from different lands for all ages Dec. 17.

All performances are sponsored by the Friends of the Thomas Crane Public Library. For more information call the library at 617-376-1301, or visit www.thomascranelibrary.com.

A Tasty Time

VALERIE SULLIVAN (center) receives the Chowder Bowl on behalf of the Bostonian whose seafood chowder was judged the best in the Marina Bay Skilled Nursing & Rehabilitation Center competition. Flanking her are Rosemary McLaughlin, facility administrator (left), and Lucia Treggiari, activities director. *Maralin Manning photos*

FOUR GENERATIONS of the Dondero family were front and center at the third annual Marina Bay Skilled Nursing & Rehabilitation Center Chowder Fest. Left to right, front row, Madeline Dondero, granddaughter Jennifer Dondero and her daughters, Madison and Courtney; back row, Steven Goff, Caroline Dondero Goff, Hank Dondero, Joanne Dondero and family friend Fr. Richard Uftring.

Comedian To Highlight QC Alumni Reunion

Boston's own stand up comedian Jimmy Tingle will perform at a reunion of Quincy College alumni Wednesday, Oct. 18, from 6 to 8 p.m. at the Neighborhood Club, 27 Glendale Rd., Quincy.

The event is free. Complimentary appetizers will be available and various door prizes and other items will be raffled off while old friends greet each other and get reacquainted.

To RSVP or for more information, contact Janet McKeen in the Office of Alumni Affairs at 627-984-1647 or visit **jmckeen@quincycollege.edu.**

Defense Kick Boxing At South Shore YMCA

The South Shore YMCA will offer self defense kick boxing Wednesdays at 7:30 p.m. and Saturdays at 10:30 a.m. beginning Sept. 20th. Registration is underway. For more information call 617-479-8500.

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Social

Lions Club Pancake Breakfast Set For Oct. 29

The Quincy Lions Club will hold its annual Halloween Pancake Breakfast Sunday, Oct. 29, from 8 a.m. to 12 noon, at 1000 Southern Artery, Quincy Point. Donation of $5 may be paid at the door.

Children who attend the event in costume will receive a special Halloween treat as well as a free photograph taken with costumed characters. Raffle prizes will also be available.

Proceeds will go to the Quincy Lions Club programs that fund eye research and provide free eye exams, eyeglasses and other services to the blind and the visually impaired.

"The pancake breakfast is one of our most anticipated family events of the year," said Elaine duJardin, president of the Lions Club. "We hope everyone will come out and enjoy a delicious breakfast while supporting the Lions Club's many worthwhile service activities in our community."

Quincy Mothers' Cooperative Playground Open House Today

Quincy Mothers' Cooperative will host a fall open house today (Thursday) from 9:30 to 11 a.m. at Collins Rest-A-While playground, Merrymount Parkway.

Learn about the group's variety of mom, children and family events while socializing in playground fun. There will be refreshments.

The Quincy Mothers' Cooperative (QMC) is an independent organization for parents founded more than 25 years – with members from Quincy and surrounding areas. The group's mission is to provide a network of support through a variety of activities, social events and an active on-line group to celebrate the joys and address the challenges of parenthood.

To become a member of the cooperative, contact the membership coordinator at alicrehanfeeney@gmail.com or visit the website at QuincyMothers.com. Cost for membership is $20 per year.

For more information about the open house, contact Lisa O'Connor at 617-328-1300.

Bonnie Seely Speaker At Catholic Women's Club

The Catholic Women's Club will meet tonight (Thursday) at 7:30 p.m. at the school hall of Sacred Heart Church.

Mrs. Kate Shannon will conduct the business meeting. Plans for an upcoming rummage sale will be discussed.

Bonnie Seely, pharmacist and owner of Blackwood Pharmacy will be the speaker.

Annette Radzevich and her committee are chairpersons for the evening.

Harvest Festival Saturday At Wollaston Elementary School

Wollaston Elementary School, 205 Beale St., will hold its annual Harvest Festival Saturday, Oct. 14 from 10 a.m. to 2 p.m. on the front lawn of the school.

The festival will feature an obstacle course bouncy house and jungle bouncy house, fall scenery photos, hayrides, adult and kids prize drawings, baked goods, silent auctions, cakewalk, sack races, face painting, kids' art and crafts as well as food and hand-crafted items for sale.

Prizes include an autographed Bruins hockey puck and 100 gallons of heating oil.

All proceeds will benefit the Wollaston School.

Mr., Mrs. Mike Bradley Parents Of Daughter

Mike and Lynda Bradley, formerly of Quincy, are parents of Emma Cray Gradley, born July 18 at South Shore Hospital.

Grandparents are Eleanor Butler of Braintree, and David and Edeltrud Bradley of Middleborough.

Sara Chung 'Principle Flute' At UMass-Amherst

SARA CHUNG

Sara Chung, a 2006 graduate of North Quincy High School, was selected as "principal flute" in the symphony band at the University of Massachusetts, Amherst.

Chung, who lives in Merrymount with her family while not at the university, is a freshman majoring in music education and flute performance. She is studying the flute under the direction of Christopher Kreugar.

Chung was admitted to the university as a Commonwealth College honors student, which is a title given to those who graduate in the top six percent of their high school class.

Chung has studied flute, piccolo, piano and percussion instruments since the age of five. She has studied music, both vocal and instrumental, within the Quincy Public Schools, at the Brookline Music School, the South Shore Conservatory and the New England Conservatory Prep School.

She has participated in both the Junior and Senior Southeast District Bands, and the Massachusetts All State Band.

She has performed in Jordan Hall at the New England Conservatory, Sanders Theatre at Harvard University, The Hatch Shell, and at Symphony Hall in Boston.

Most recently Chung was the principal flutist in the Massachusetts Lions Club All State Band, and at the Lions Club International Convention and parade this past summer.

She received several academic merit scholarships from the University of Massachusetts Honors College, The Commonwealth of Massachusetts Department of Education, the Quincy Retired Teachers Association, Quincy Education Association, and from the Maude M. Howes Music Scholarship Fund.

Mr., Mrs. Matthew McSweeney Parents Of Daughter

Matthew and Sarah McSweeney of Quincy are parents of Shea Lynn McSweeney, born July 18 at South Shore Hospital.

Grandparents are Linda Mortimer of Quincy, and Cath and Paul McSweeney of Quincy.

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AMONG THOSE ATTENDING the Sacred Heart School "Welcome Back To School" barbecue at Pageant Field are, from left, Katherine Hunter, Arlene Dooley and Pastor John O'Brien.

DECLAN DEASY has his face painted by Dina D'Amici at Pageant Field during a "Back To School" barbecue sponsored by the Sacred Heart School PTO.

Sacred Heart School Welcomes Students, Families With Back-To-School Events

Sacred Heart School has started the year off with two "Back to School" events designed to welcome new students and families to the school and to provide some fun for all students.

On Sept. 9, Sacred Heart School's PTO invited all students, faculty and parishioners to a BBQ at Pageant Field.

The weather was wonderful and students enjoyed games, had sack races, and played baseball. There was face painting, a pot-luck dessert and salad table, and lots of fun.

John Himmel presided over the grill and dished up delicious hot dogs and hamburgers. Over 80 people attended the BBQ and the feedback from parents was extremely positive.

"The BBQ was fabulous" and "this event is a keeper" were just two of many positive comments heard by PTO President Maryclare Himmel.

The second back to school event was a "School-Mate Play Date" event for students in the pre-kindergarten, kindergarten, first and second grades. This was an outdoor play date held on Sept. 16th in the school yard.

Students bowled, played hopscotch, and jump rope, ran an obstacle course and played other games as parents talked and got to know one another.

This event is a nice way for parents to meet one another and the other children in their child's classroom.

Over 20 children and their parents attended this event. New students as well as returning students enjoyed the opportunity to play with their new friends.

ENJOYING A SACK race at Sacred Heart School's "Welcome Back To School" barbecue at Pageant field are Matthew Keohane and Nicole Farrell. *(Colleen Stevenson Photos)*

READY TO GRILL at the Sacred Heart School "Welcome Back To School" barbecue at Pageant Field are John and Maryclare Himmel.

FACE PAINTING was among the festivities at Sacred Heart School's recent "Back to School" barbecue at Pageant Field. Among those participating were Robyn Jusseaume and Grace Austin.

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Deval Patrick Here For Community Meeting, Fundraiser

The campaign train of Deval Patrick, the Democratic candidate for governor, was scheduled to pass through Quincy last night (Wednesday), pausing for a community meeting with voters and a fundraiser with financial supporters.

The community meeting was scheduled for 7 p.m. at Quincy High School where Patrick planned to discuss his vision for Massachusetts and answer questions in an open forum that was expected to draw voters from all over the South Shore.

More than two dozen political, business and community leaders were to host the fundraiser from 7:30 to 9:30 p.m. at the Common Market Restaurant, 110 Willard St., West Quincy. Suggested donations at the door were $500, $250 and $100.

The community meeting was planned to "reflect the grassroots spirit and passion that Deval Patrick is generating among voters across the state," said John Walsh of Abington, Patrick's campaign manager.

"We want to give people from Quincy and nearby communities the chance to meet Deval Patrick and join the effort to help Deval Patrick and Tim Murray (the Democratic candidate for lieutenant governor) win in November."

City Councillor Jay Davis, one of the coordinators of the fundraiser, said the event would "give local residents an opportunity to support and hear directly from Deval Patrick and ask him questions about the future of the Commonwealth."

Patrick once held the top civil rights spot in President Clinton's Justice Department and served as general counsel and a senior executive at Coca Cola and Texaco. He has also been a lawyer for the NAACP's Legal Defense and Education Fund.

Residents of Quincy who wish to volunteer for Patrick's campaign should contact Sarah Compton at 978-201-9018 or visit the Quincy campaign office at 39 Washington St.

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Annual DOVE Fundraiser Oct. 18 At Quarry Hills

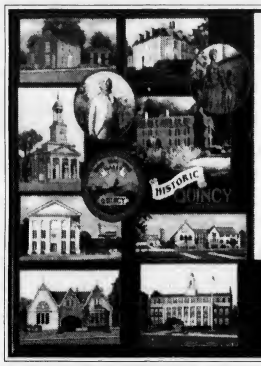
"Harvesting Hope," the annual charity fundraiser for DOVE (Domestic Violence Ended), will be held Wednesday, Oct. 18, from 6 to 9:30 p.m. at Granite Links Golf Club, 100 Quarry Hills Drive, West Quincy.

Tickets at $100 per person and can be purchased by calling Julie at 617-770-4065 x 10 or by sending an e-mail to Julie at **dove_secretary@hotmail.com**.

The evening will include cocktails, a light dinner, live entertainment by Java Jive and a cash raffle with a prize of $1,000.

For 28 years, DOVE has provided emergency shelter and counseling for thousands of battered women and their children from Boston to Cape Cod.

The fundraiser is most important this year since the state cut off its funding as a economy measure.



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Food Festival Raises Over $300,000 For Fr. Bill's Place

THE FATHER BILL'S Food Festival held recently at Marina Bay raised $300,000 for Father Bill's Place. Over 40 local restaurants, bakeries and wine distributors participated. From the left are John Yazwinski, executive director of Father Bill's Place, Scott Wahle of WBZ Channel 4, Father William (Bill) McCarthy, and Jim Wells, food festival chairman.

AT THE FESTIVAL which featured over 40 local restaurants, bakeries, and wine distributors are from left Father William McCarthy, for whom Father Bill's Place is named, and Mayor David Madden of Weymouth.

COFFEE BREAK CAFE representatives recently worked a coffee booth at the 12th annual Father Bill's Food Festival. Proceeds from the event supported Father Bill's Place. From left are Donny Ormond, Jared Bell and Stephanie Walsh.

GINGER BETTY'S BAKERY participated at Father Bill's Food Festival at WaterWorks in Marina Bay with a baked goods stand. From left are Jennifer Roman, Maria Barrales, Beth "Ginger Betty" Jeannetti, Minnie Marshall and Sarah Chung.

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'An Evening Underwater' On Tap At Crane Library

Victor Mastone, director of the Massachusetts Board of Underwater Resources, will present "An Evening Underwater" Thursday, Oct. 19, at 6:30 p.m. at the Thomas Crane Public Library.

Mastone will devote his talk to finding shipwrecks on Boston Harbor, what shipwrecks can be explored and the presence of German U-Boats in Boston Harbor during World War II.

The program is sponsored by the Quincy Beaches and Coastal Commission, Leo Kelly, chairman; the State Board of Underwater Resources; and Mayor William Phelan.

For more information, call 617-773-1534.

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Bellotti's Inmate Program Becoming Model For State

(Cont'd From Page 3)

said. "This is an important enhancement of the classification system. We find that as needs are addressed, risk is reduced."

The COMPAS system collects ongoing inmate information that guides the classification process, addresses programming and housing issues, and assists in future decisions about transition planning.

"In short, the information allows us to see trends within the inmate population," said Bellotti. "We can then fill the gaps with appropriate programming and develop transition plans that provide a blueprint for accountability and success in the community."

Information is available to staff in all departments of the correctional center, thereby eliminating informational inconsistencies about inmates from department to department. An inmate's classification can change based on his behavior and program participation, as well as the inmate's legal status with the courts.

This changing classification drives an inmate's gradual "step-down" and eventual release into society.

"That's our ultimate goal," said Bellotti. "We don't want a revolving door here. When these offenders leave, we want to see more success in the community. We want to reduce the rate of recidivism, and the results we're seeing now are better than ever."

The National Institute of Corrections (NIC), an agency of the U.S. Department of Justice, recognizes COMPAS as a validated tool whose results have been tested and upheld in the court of law.

Flu Clinic Correction

In the flu clinics story in the Oct. 5 issue of *The Quincy Sun* the time of the Nov. 18 clinic at the Koch Recreation Complex should have read from 1:30 a.m. to 2 p.m., not 7 to 11 a.m. as printed.

The Sun regrets the error.

Oct. 18 Deadline To Register For State Election

City Clerk Joseph Shea reminds unregistered voters that Wednesday, Oct. 18 is the deadline for registering to vote in the Nov. 7 state election.

The Election Department at City Hall will be open from 8 a.m. to 8 p.m. that day to register voters.

Residents may also register between now and then weekdays from 8:30 a.m. to 4:30 p.m.

COA In Need Of Bath Seats

The Council on Aging is in urgent need for bath seats for senior citizens.

If you have one to donate, call the COA at 617-376-1245.

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Germantown Beach To Be Dedicated To Snug Harbor Sailors

The beach near the rotary on Palmer Street in Germantown will be dedicated Thursday, Oct. 19, at 10 a.m. to the memory of those who once resided at the now defunct Sailors' Snug Harbor.

The dedication of Sailors' Snug Harbor Beach will be led by Mayor William Phelan; Jay MacRitchie, executive director of the Quincy Housing Authority, owners of the beach; and City Councillor Leo Kelly, chairman of the Quincy Beaches and Coastal Commission.

QHS Parent Council To Meet Tonight

The Quincy High School Parent Advisory Council will hold its first meeting of the year tonight (Thursday) at 7 p.m. in the Pride Room at Quincy High School.

The Council welcomes parents of the 9th grade class. The meeting is open to the public.

Firefighters To Be Honored

Five retiring Quincy firefighters and officers will be honored at a retirement banquet Monday, Oct. 23, at Florian Hall, 55 Hallet St., Dorchester.

They are Capt. Clinton Tierney, Lt. John Barber and Firefighters Charles Walter, Dominic Conso and Richard Murphy.

Quincy College Health Expo Oct. 17

Quincy College will present the third annual Quincy Health Expo Tuesday, Oct. 17 from 10:30 a.m. to 2:30 p.m. in the Atrium of President's Place, 1250 Hancock St., Quincy Center.

The event is co-sponsored by *The Quincy Sun* and Lincoln Property Company, President's Place.

The goal of the annual expo is to promote physical and mental health for people of all ages and bring various community-based organizations together in order to collaborate on effective ways to improve the health and wellness of Quincy residents. Now in its third year, this free community event continues to grow as hundreds of South Shore residents are expected to attend the expo.

Joe Bradley, executive director of College and Community Development, said:

"The health expo focuses on general wellness, and will highlight health issues specific to the South Shore Region."

Over 30 exhibitors, including Quincy College RN students, are expected to be on hand with demonstrations, free prizes, snacks, and helpful tips. Representatives from the South Shore YMCA will offer free fitness consultations along with body fat analysis. Quincy Medical Center staff members will provide free blood pressure screening. Bone density screening will be available through the Norwell Visiting Nurse Association.

Quincy College RN students will present information on various topics including diabetes, hypertension, skin cancer, prostate cancer, AIDS, organ donation, and child car seat safety. Other exhibitors include: Blue Hills Tobacco Free Community Coalition Network, Quincy WIC Nutrition Program, South Bay Mental Health, DPH Health Education & Outreach Program, Superfitness, Hospice of the South Shore, Food Addicts in Recovery Anonymous, and the Quincy College human Services Program.

For more information on the Health Expo, contact Joe Bradley at 617-984-1778.

Lunch Program At Beechwood Center Expanded

The Lunch Program at Beechwood On The Bay is expanding to include lunch on Wednesdays, and a Birthday Party Luncheon, monthly.

The center has provided a nutrition/meals program since 1989, in partnership with South Shore Elder Services.

The Birthday Lunch, always the last Wednesday of the month, is designed to celebrate all senior's birthdays, with a complimentary lunch gifted to all those celebrating birthdays that month.

October's luncheons include:

• "Happy Birthday Lunch Party" Wednesday, Oct. 27. The menu includes roast pork with gravy, oven roasted potato, carrots with dill, rye bread, birthday cake, milk, coffee and tea.

• "Thursday Luncheon" Thursday, Oct. 28. The menu includes chicken stir-fry, vegetables, Asian rice, dinner roll, chocolate and diet puddings.

For reservations or for information about November luncheons, call Maryann Mahony, senior center coordinator, at 617-471-5712.

Free Financial Advice At COA

Mark Bossey, a MetLife financial planner, will be at the Council on Aging office, 83 Saratoga St., Quincy, on the fourth Friday of every month to offer free 20-minute consultation to seniors.

Call 617-376-1506 for an appointment.

You are cordially invited to join family and friends of

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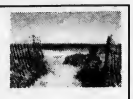

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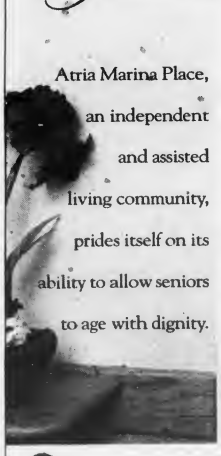

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Spaghetti Dinner Fundraiser For Ramos-Donnelly Family

A spaghetti dinner fundraiser for the Ramos-Donnelly family, the Quincy who lost their home and belongings to an explosion, will be Saturday, Oct. 21 at 6 p.m. at the Knights of Columbus, 48 Schoosett St., Rt. 139, Pembroke.

There will be a D.J., raffles, and a silent auction. Admission is $25 per person. There will be a limited number of tickets available at the door. Donations and a check for the proceeds of the event will be presented to the family.

The Ramos-Donnelly family experienced a life-changing event, when on June 28, a back-up of gases in the basement caused an explosion that made their home uninhabitable.

The family of six lost not only their roof, but all the contents of their home from the fire, smoke and water damage. All of their furniture, housewares, clothing and personal belongings were destroyed.

On Sept. 5 the house was demolished and trucked away, leaving only a hole in the ground where it had stood, but that hold may not be vacant for long. The family is planning to have a prefabricated house from Pennsylvania delivered to the site in four sections and assembled where the old home stood. The family plans on moving into the new home by Jan. 1.

Insurance has covered the reconstruction of the house, but not the replacement of their belongings. Furniture, appliances, bedding, housewares and clothing are needed.

Donated items are needed for silent auctions, and local businesses are invited to donate gift cards for the raffles.

Contributions for the silent auction and raffles can be sent to: Angela Ramos/ Robert Donnelly Family Relief Fund, c/o Gallagher Bassett Services, Inc., 100 Grandview Road, Suite 406, Braintree, MA 02184, Attn.: Lauri Lancaster or Dawn Smith.

The Angela Ramos Donnelly Family Relief Fund is open at Century Bank, 651 Hancock St. for anyone wishing to make donations.

To have a donated item picked up, or to purchase tickets for the dinner call Dawn Smith at 781-849-9090, ext. 224.

COA Seeking Wheelchairs

The Council on Aging is in urgent need of wooden or metal wheelchairs of all sizes and canes to help disabled seniors to get around.

If you have one, call the council at 617-376-1506.

ERIKA LAWSON of Quincy (left) was a weekly winner in Citizens Bank's summer gas promotion. Lawson is presented a check for $1,000 by Judith Smith, branch manager at Citizens' Fields Corner location in Dorchester.

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QUINCY

Health & Wellness Expo

Quincy College is pleased to host the 3rd Annual Health and Wellness Expo, which will focus on general wellness and highlight urgent local health issues. There will be something for everyone, from children to seniors, including free giveaways and interactive activities.

Tuesday, October 17, 2006
10:30 am - 2:30 pm
The Atrium of President's Place
1250 Hancock Street, Quincy, MA

Questions? Call the Office of College and Community Development at Quincy College, 617-984-1778.

Participants include:

Blue Hills Tobacco Free Community Coalition Network

DPH Health Education & Outreach Program

Food Addicts in Recovery Anonymous

Hospice of the South Shore

Norwell Visiting Nurse Association

Quincy College Human Services Program

over 15 Quincy College KN student groups

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Quincy WIC Nutrition Program

South Bay Mental Health

South Shore YMCA

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Quincy 2000 Business Partnership Meetings Set

Quincy 2000 Collaborative, Quincy's public/private economic development organization, will hold business partnership meetings for all businesses in several areas in the city.

The purpose of the partnership is to provide business and property owners the opportunity to develop programs and resources that will strengthen the economic viability and vitality of their businesses and the overall business area.

Partnership meetings will be held on the following dates:

South/West Quincy, Wednesday Oct. 18 from 8 to 9 a.m. at Fallon Ambulance, 115 Brook Rd.

Wollaston, Thursday, Oct. 19 from 8 to 9 a.m. at the United Methodist Church, 40 Beale St.

Peninsula Area, (Merrymount, Adams Shore, Germantown and Houghs Neck), Tuesday Oct. 24 from 5 to 6 p.m. at Dailey Tax and Insurance, 526 Sea St.

Quincy Point, Wednesday, Oct. 25 from 8 to 9 a.m. at the Marina Bay Skilled Nursing & Rehabilitation, 2 Seaport Drive in Marina Bay.

Call 617-984-5717, ext. 2 for more information and to rsvp attendance.

Quincy 2000 Collaborative encourages all business owners, employees and interested individuals to attend the meeting to learn how to partner in growth and prosperity of the business district.

For more information, contact Quincy 2000 Collaborative at 617-847-1454.

Veterans To Hold Flag Protest Rally

(Cont'd From Page 1)

He said there would be "no violence" as "we are proud of the American Flag.

Scheele said there would be no parking on Beale, Beach and Hancock between 9 a.m. and 12 noon. After that he said persons may use benches along the way.

Before Lawson's prevention, Stephen Lancione of Milton, of Concerned Citizens and Suan Kuo told the board that their goal was to protest for two weeks and do it in "good taste and in a meaningful way."

However, neither man had a date for the rally and were told to come back at the next meeting.

Crowley told Kuo that he had been receiving anonymous post cards" regarding the protest. Kuo said he did not know of any cards.

Special Ed. Subcommittee Meets Oct. 17

The first meeting of the School Committee's Special Education Subcommittee will be held Tuesday, Oct. 17, from 7 to 9 p.m. in the Parker Suite of the Quincy Public Schools Administrative Annex, 70 Coddington St.

The subcommittee will meet four times a year with parents to discuss issues and concerns unique to the special education community.

"These meetings are great opportunities for parents to become more informed, and to learn more about available resources within the system," said School Committeeman Jim Timmins, chair of the subcommittee.

Other members include Kevin Mulvey and David McCarthy.

"Kevin, David and I have worked over the summer with the superintendent on various issues and we are excited to share with parents the results of that work," said Timmins.

He explained that the initial meeting of the subcommittee will focus on a presentation of the new communication protocol for parents dealing with the IEP process.

"The superintendent and his staff are implementing a system to improve how parents and school staff collaborate to meet the unique needs of our special education students," said Timmins.

"There have been new staff added and a new procedure introduced — all directed at making things easier for parents to work with their school in the interests of their child."

Parents are warned that parking can be difficult due to evening classes at Quincy College. But there is ample parking in the Vo-Tech gym parking area and a lighted footpath up to Coddington Street.

SECONDARY LUNCH MENU

Monday, Oct. 16
Pizza, tossed salad, fresh fruit or fruit juice.

Tuesday, Oct. 17
Chicken nuggets, oven fry potatoes, pineapple cup, dinner roll.

Wednesday, Oct. 18
Breaded veal cutlet with mozzarella cheese, tomato sauce on a submarine roll, vegetable, fruit juice.

Thursday, Oct. 19
Turkey and cheese nachos with shredded lettuce, corn niblets, salsa, fruit cup.

Friday, Oct. 20
Colby cheese omelet on a croissant, potato wedges, fruit cup.

ELEMENTARY LUNCH MENU

Monday, Oct. 16
Mini burger twins with cheese, fresh fruit, fruit juice.

Tuesday, Oct. 17
Early release day - no lunch served.

Wednesday, Oct. 18
Pasta with meat and tomato sauce, vegetable, fruit juice, dinner roll.

Thursday, Oct. 19
Egg patty and cheese on a bagel, potato smiles, fruit juice.

Friday, Oct. 20
Turkey and cheese tacos/nachos, corn niblets, fresh fruit or fruit juice.

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FOOT NOTES

by Joel Chariton, D.P.M.
Diplomate, American Board of Podiatric Surgery
Diplomate, American Board of Podiatric Orthopedics

GOUT

Gout is a painful condition marked by swelling, redness, and increased warmth in the skin or joint, most often in the big toe area and sometimes in the knee joint. Gout can also present itself on the top of the foot, the heel, and the ankle joint and resemble an infection. It is caused by an accumulation of uric acid in the blood due to abnormal metabolism of purines, which are found in iron-rich foods. Substances that have been linked to episodes of gout include red meat, alcohol, aspirin, and certain high blood pressure medications. More common in men than women, gout is characterized by sudden, intense attacks that often strike first thing in the morning.

Because your feet are the foundation of your entire body, keeping them strong, healthy, and pain-free is fundamental to your well-being. When foot problems like gout do occur, correcting them early on often leads to the correction of aches, pains, and problems in other parts of the body. If foot problems point to trouble elsewhere in the body, we will work with the members of your healthcare team to ensure your good health. Treat your feet to the best of care – call us at 781-986-3668 for consultation at 999 North Main Street, Randolph, in the MEDICAL OFFICE BUILDING. Office hours are also available at Quincy Medical Center and Milton Medical Building. I am affiliated with the Brockton and Good Samaritan Hospitals.

HINT: Treatment for gout typically includes medication to relieve acute symptoms. Lifestyle changes are commended for chronic cases.

Phelan Urges Calm On Chinese Flag

(Cont'd From Page 1)

Gutro. "They said they will hold a forum but no date was set."

Meanwhile, Jimmy Liang, the restaurateur who has been acting as unofficial spokesman for the Chinese United Association. bowed out of the picture.

"I am no longer involved," he told *The Quincy Sun* Tuesday afternoon. "I acted as liaison between the city and the association. I was never with the organization.

"I am willing to assist anyone, the city or the association, with the language barrier but I am taking myself out of the situation."

Liang said he was disappointed with the actions of a majority of the city councillors. "It doesn't seem like they intend to solve the problems," he said. "The mayor is doing a good job."

Mayor Phelan, whom Keenan said met with the CUA Friday, came down firmly on the side of the association, whose mission he described as "helping those Chinese people who are new to the city —a worthy mission."

"It's their national flag, recognized by the United States government," he said. "First amendment rights apply. The city can't tell anyone they cannot fly their flag. Every city councillor understands that."

Phelan said his office has received numerous calls about the flag flying over the building at the corner of Hancock and Beale Streets, which some regard as the symbol of Communist China rather than a national symbol.

"Most of the calls were from non-Asians," he said. "Many were not pleasing to hear. The undertones were not nice. Some were outright nasty. None were from the Asian community."

The Mayor said members of the CUA "wish to have a community meeting of sorts to explain their position, why they want to fly the flag of their country alongside the American flag. What kind of forum, I don't know.

"They want to be good neighbors. They hope to educate their neighbors why they want to fly the flag in a harmonious way.

Citywide Parents Meet Oct. 16

The Citywide Parents' Council will meet Monday, Oct. 16 at 7 p.m. in the Broadmeadows Middle School, Calvin Rd.

Guest speaker will be Dr. Richard DeChristofaro, superintendent of public schools. All are welcome to this event.

Emblem Club Meets Oct. 12, 13

Supreme President Barbara Colburn and Supreme Marshal Rhonda Auguston, of California will be guests at a Quincy Emblem Club dinner at the Common Market, Oct. 12.

Members of the Club will meet at the Elk's Lodge and proceed to the 6:30 p.m. dinner.

The regular meeting of the Emblem Club will be Oct. 13, 7 p.m. at the Quincy Lodge of Elks, Quarry Street.

For more information call Mary Spalding at 617-298-4369.

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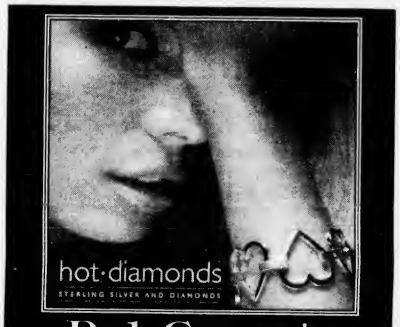

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Interested individuals must submit a letter of interest and resume. to the Appointing Council, to be received on or before November 3, 2006. The Appointing Council shall meet to consider qualified candidates, and will provide an optional opportunity for interested parties to address the Appointing Council. The Council welcomes diversity in applicants and encourages anyone who believes he or she might contribute positively to the continued success of the institution to respond.
Letter of interest and resume to:
Quincy College Board
Appointing Council
c/o Donna Brugman
Assistant to the President
Quincy College
34 Coddington Street
Quincy, MA 02169
Or email (Word format only) to:
dbrugman@quincycollege.edu
EOE/AA

Real Estate

By Quincy Community Action, Quincy Asian Resources

Home Buyer Education Series Offered In Mandarin Chinese

Quincy Community Action Programs, Inc. (QCAP) and Quincy Asian Resources, Inc. (QARI) is offering a first time home buyers workshop series in Mandarin Chinese.

The free workshop, consisting of two sessions, will be held Saturday, Oct. 21 and 28 from 9 a.m. to 1:30 p.m. in the fourth floor conference room of QCAP, 1509 Hancock St., Quincy Center.

The workshop is being held to serve the needs of the many Mandarin speakers moving to the South Shore, said John Brothers, QARI's executive director.

"Mandarin speakers need to know about and be able to take advantage of the same home buying opportunities as other home buyers," Brothers said.

The workshop will provide a comprehensive review of the home buying process, said QCAP Housing Coordinator Rona Goodman. Mandarin-speaking real estate professionals will cover topics ranging from mortgages to home insurance.

In addition, participants who complete the 10-hour program may be eligible for downpayment/closing cost assistance of up to $10,000 and for the soft second program. Participants may also use their certificate of completion to obtain a low rate loan through MassHousing or MassHousing Partnership.

For more information about the program and to register for the workshop in Mandarin, contact QARI at 617-472-2200.

For more information about the workshop and to register for the workshop in English, contact Rona Goodman at QCAP, 617-479-8181 ext. 115 or go to www.qcap.org.

QCAP's first time home buyer workshops are open to all prospective buyers, regardless of income level or town of residence. QCAP also offers monthly home buying workshops in English.

Neighborhood Housing Homebuyer Workshop At Roche Bros. Oct. 12, 14

Neighborhood Housing Services of the South Shore will hold a first-time homebuyer workshop Thursday, Oct. 12 from 6 to 8 p.m. and Saturday, Oct. 14 from 9 a.m. to 4 p.m. at Roche Bros., 101 Falls Blvd., Quincy.

The workshop is co-hosted by Sovereign Bank.

The workshop is open to everyone regardless of income. Attendance at both sessions is necessary to receive a homebuying certificate.

All potential first-time homebuyers are encouraged to attend the educational workshop. Participants will have an opportunity to speak with a lender.

Topics include mortgage options, legal aspects of the homebuying process, home a home inspection works, and other presentations from real estate related professionals.

Participants must complete the workshop to qualify for grant programs.

Fee is $15 per person. For more information, call 617-770-2227 ext. 31.

Homebuyer Seminar At Mount Vernon Mortgage

Mount Vernon Mortgage Corporation will sponsor a free homebuyer seminar Saturday, Oct. 21 from 10 a.m. to 12:30 p.m. at 500 Victory Rd., Marina Bay, Quincy.

The seminar is free for residents of Quincy, Weymouth, Hingham, Hull, Braintree and surrounding communities.

Pre-registration is required. Call 781-337-2432 ext. 16.

Participants will learn the basics of the mortgage and homebuying process from industry professionals. The seminar is intended to help first-time homebuyers and may be beneficial to current homeowners planning to buy a new home.

Topics covered include working with a Realtor, understanding the mortgage process and the importance of a pre-approval, the attorney's role in the process, home inspections, and more.

Presenters are Mount Vernon Mortgage Corp., Century 21 Tullish & Clancy, Law Office of John Amendolare and Total Exposure Home Inspection.

Real Estate Sales Course Starts Oct. 17

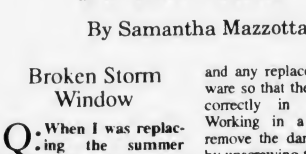
Annex Real Estate School, Inc., 49 Beale St., Wollaston, is offering a 24-hour real estate sales course over a four-week period on Tuesdays and Thursdays beginning Tuesday, Oct. 17.

Students must attend both Tuesday and Thursday sessions for all four weeks, but may choose to attend either morning or evening classes.

Morning classes are set for 9 a.m. to noon. Evening classes are 6:30 to 9:30 p.m.

To register, call Phyllis Rudnick, director, at 617-472-4330 ext. 314.

Cost is $160 for the course and an additional $40 book fee.



By Samantha Mazzotta

Broken Storm Window

Q. When I was replacing the summer screens with winter storm windows last week, I found that a shovel handle had fallen against the stacked windows, cracking the top one. These are metal frame storm windows, and I'm not sure that a replacement is available. Is it possible to replace the glass myself? — *John H., Concord, N.H.*

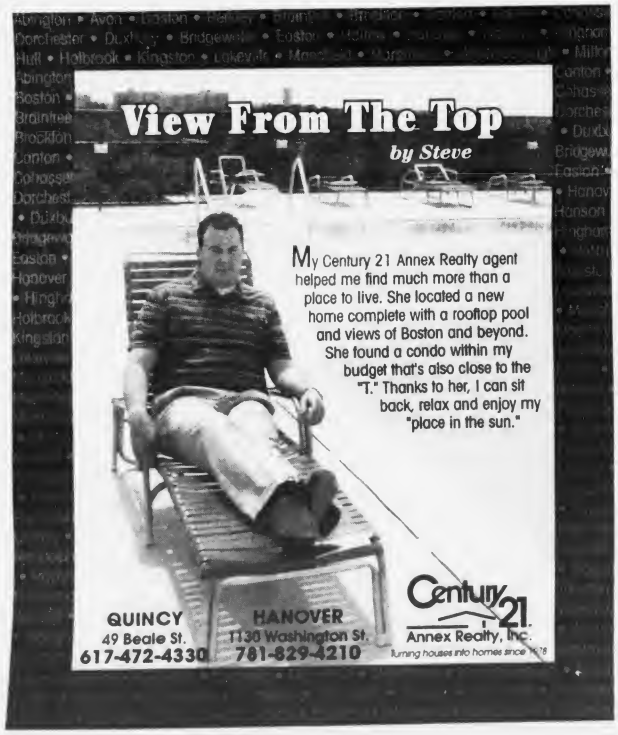
A. It is possible to do the replacement yourself, but be sure to wear heavy work gloves for safety when removing or installing the glass. If the cracked glass is still in one piece, cut two pieces of cardboard to the same size and tape securely against both sides of the glass and around the window frame. Take the entire storm window to the home-improvement store (or, to the window's manufacturer, if possible). Employees can help you find either a replacement storm window, or glass of the same dimensions as the original.

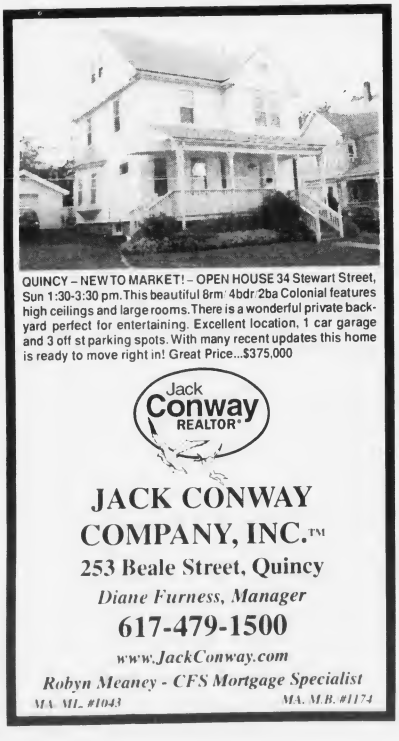
(Readers who have storm windows with shattered glass need to remove all broken glass and measure the dimensions of the frame to and any replacement hardware so that the glass seats correctly in the frame. Working in a safe area, remove the damaged glass by unscrewing the retaining screws from the top rail and carefully sliding the rail from the glass. Pull downward gently, and be careful not to damage the L-shaped corner keys of the frame.

Fitting the new rubber gasket to the new glass can be a challenge for a first-timer. The gasket should be twice the thickness of the inside edges of the frame opening, and must be placed around the glass pane before installation. Wear gloves and carefully fit the gasket to the glass. At the corners, you'll need to make a little cut in the gasket to make it fit comfortably. Cover all four sides and trim away the excess.

Slide the glass into the channels on the sides and push down into the bottom of the frame. (This may be a two-person job.) Once seated, replace the corner keys in the top sides of the frame and the ends of the top rail. Gently push the top rail into place until the top and side corners are flush. Replace the retaining screws.

Send questions or home repair tips to homegu-ru2000@hotmail.com, or write This Is a Hammer, c/o





A Night to Remember

OFFICER JAMIE COCHRANE
S-6

Please join Jamie's friends, family and brother officers as they pay tribute to the life of Officer Jamie Cochrane.

Friday, October 27th, 2006 at 7:00 PM
IBEW Local 103 Hall
256 Freeport Street/Dorchester

Hors d'oeuvres/Disc Jockey
Live – Silent Auction
Tickets $25

Donations may be made to:
Friends of Maria Cochrane
P.O. Box 690268
Quincy, MA 02269-0268

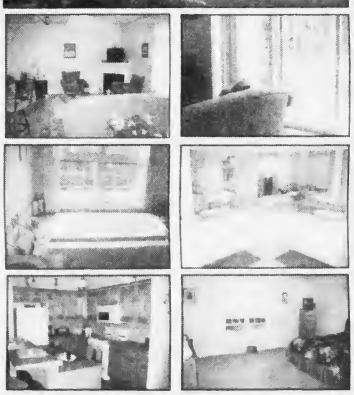
For tickets, information or to make a donation please call 617-745-5756

AUCTION

Private Sale of Real Estate On The Premises.
STUNNING THREE-LEVEL TOWNHOUSE AT
99 Suomi Road, Quincy, MA
Saturday, Oct. 21, 2006, 11:00 AM

Open House - Sunday, Oct. 15 from 12-3 PM

- 2,745 square feet of living area
- Lower living area is completely finished
- 2 master bedrooms
- 2 ½ baths
- Hollywood Style bath with Jacuzzi tub
- Open floor plan with shiny oak floors
- Crown moldings
- Gas fireplaces
- Central air conditioning
- Automatic 2 car garage
- Tranquil surroundings with express way access
- Low condo fee



TERMS: $5,000 deposit in days to Bidder's bank check at sale. Balance due in 30 days. Buyer shall be responsible for Auctioneer's fee (Buyer's Premium) in amount of 5% of bid price. Other terms will be announced at sale. Directions: take Quincy St. left onto Smith St. right onto Suomi Rd. condo at top of hill on right. MA Auction Lic. #300. More Details at DJFlynn.com

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Real Estate

Third Quarter Real Estate Activity For Norfolk County

Top dollar volume of real estate sales in Norfolk County for the third quarter was down 19 percent from the same period a year ago, reports Norfolk County Register of Deeds William P. O'Donnell.

According to O'Donnell's report, volume was down $1.8 billion compared to the third quarter in 2005.

A total of 4,527 deeds were recorded at the Norfolk Registry during the period. "Notwithstanding the decreased number of sales," O'Donnell said, "the average reported sales price increased slightly to $611,292, up four percent from the third quarter of calendar 2005. "It should be noted," he added, "that this average includes both residential and commercial properties."

Mortgage activity declined sharply both in terms of number of filings and dollar volume on a year-to-year basis. There were 12,066 new mortgages recorded in the third quarter showing a total dollar amount of $3.4 billion. The total number of new mortgages was down 25 percent and the total dollar amount was down 39 percent from $5.6 billion in mortgages recorded July-September of 2005.

"The decline in mortgage volume is related to the interest rate environment," O'Donnell said. "It is important to note that mortgage filings do not necessarily represent a change in overall indebtedness. Many mortgages refinance existing debt, or secure equity credit lines that may not be drawn in their entirety."

Annex Real Estate Shool Three-Day Sales Course

Annex Real Estate School, Inc., 49 Beale St., Wollaston, is offering a three-day, 24-hour real estate sales course Friday, Oct. 27 through Sunday, Oct. 29.

Class times are:

Friday, Oct. 27, 5:30 to 9:30 p.m., and Saturday, Oct. 28 and Sunday, Oct. 29 from 8 a.m. to 6 p.m. both days.

Students must attend all three classes in order to graduate.

To register, call Phyllis Rudnick, director, at 617-472-4330 ext. 314. Pre-registration is required on or before Monday, Oct. 23.

Cost is $160 for the course and an additional $40 book fee.

Course graduates qualify for an examination to become a licensed real estate salesperson in Massachusetts.

Annex Real Estate School, Inc. is accredited by the Commonwealth of Massachusetts to teach real estate pre-licensing for salespersons, brokers and continuing education.

Tips To 'Fix' A Mortgage Problem

By JOHN ADDISON

(NAPS) There's good news for homeowners who fear their mortgage may hold a shocking surprise.

Unless holding a fixed-rate mortgage, interest rates on mortgage may adjust in the coming months.

The worst-case scenario, for some, is that they could be forced to sell their home or lose it to foreclosure when they can no longer meet their monthly mortgage payment.

For protection, find out the following information:

• The maximum interest that can be charged.

• The maximum an interest rate could rise at one time.

• The index that is used to determine the interest rate.

• The original interest rate.

• How often the interest rate can change.

If the mortgage is an Adjustable Rate Mortgage (ARM), interest-only or other type of loan, there could be substantial increases in monthly mortgage payments, possibly by 50 percent.

According to The Wall Street Journal, that's what some homeowners with interest-only loans could be facing when rates adjust. Experts say that in some cases, ARM borrowers may not even know the maximum rate they can be charged if rates should climb.

Many homeowners are finding that the safest way to protect their home is to refinance into a fixed-rate loan. Because the interest rate stays the same during the life of the loan, a fixed-rate loan can often take the guesswork and, in some cases, the anxiety out of a home loan payment.

For many, the path to less stressful homeownership may start with a review of the terms of their current mortgage. Those who have interest rates that can adjust upward are advised to consider refinancing into a fixed-rate loan.

The guidance of a financial professional can often be helpful when making changes such as these. For example, the financial professionals at Primerica have created a guide that shows how to take control of finances. To get a copy of "How Money Works," write to Primerica, 3120 Breckinridge Blvd., Duluth, GA 30099, ATTN.: Corporate Relations or call 770-5646329. For more information, visit www.primerica.com.

John Addison is Co-CEO of Primerica, a subsidiary of Citigroup, Inc.

How Many Lights Does It Take To Change The World?

(NAPS) It can be as easy to make a difference in the home and community as changing a lightbulb.

With the coming of shorter days and falling temperatures, people have a tendency of spending more of their days inside with the lights on. A lightbulb can affect the temperature, ambiance and mood, as well as change a household's bottom line.

One dollar in every five spent on electricity goes to pay for lighting, making it one of the easiest areas in the home to save energy. That's about $200 per year spent on lighting the home. Energy Star-qualified lightbulbs are cost effective because they can last more than seven years compared to about 11 months for an incandescent bulb. That's eight times longer.

A compact fluorescent lamp screws into a regular lightbulb socket but has a longer life and uses less electricity. There's also no loss in lighting quality with compact fluorescents. Energy-efficient lightbulbs with Energy Star seal offer the same warm, bright light as always before. There are also lightbulbs available that simulate daylight, to give the rooms a natural look.

Traditional incandescent bulbs generate 10 percent light and 90 percent heat. Because Energy Star-qualified lightbulbs run cooler, they make the home more comfortable.

Those who choose an Energy Star-qualified lightbulbs make a difference for the environment by reducing air pollution and greenhouse gas emissions. If every household in the United States changed just one incandescent lightbulb to an Energy Star-qualified bulb, the combined efforts would save more than 5.6 billion kilowatt-hours of electricity. That's enough to light all the households in Washington, D.C. for almost 11 years.

Also, the same action would prevent 8.9 billion tons of carbon dioxide gas from going into the air. A comparable fact would be like removing 780,000 cars from U.S. roads end to end, stretching from Atlanta to Los Angeles.

People across the country are joining the U.S. Department of Energy, U.S. Environmental Protection Agency and the Department of Housing and Urban Development by pledging to switch one lightbulb at home to an Energy Star-qualified bulb. Last year, 70,000 people signed Energy Star's Change a Light, Change the World Pledge, saving more than 23 million kWh of energy and preventing over 18,500 tons of greenhouse emissions. This year, the goal is to get half a million people to take the pledge.

For more information, visit www.energystar.gov/changealight.

Real Estate Brokers Course Begins Oct. 23

Annex Real Estate School, Inc., 49 Beale St., Wollaston, is offering a five-week, 30-hour real estate brokers course Monday and Wednesdays from 6:30 to 9:30 p.m. beginning Oct. 23.

Students must attend both Monday and Wednesday sessions for all five weeks.

To register, call Phyllis Rudnick, director, at 617-472-4330 ext. 314.

Cost is $200 for the course and an additional $50 book fee.

Course graduates qualify for an examination to become a licensed real estate broker in Massachusetts.

Annex Real Estate School, Inc. is accredited by the Commonwealth of Massachusetts to teach real estate pre-licensing for salespersons, brokers and continuing education.

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QUINCY POLICE HOT SPOTS

QUINCY POLICE STATISTICS: Sept. 29 - OCT. 6
Total Calls for Service: **1,427**
Total Arrests: **36**
Total Stolen Cars: **3**

FRIDAY, SEPT. 29

LARCENY/ATTEMPT, 1:21 a.m., Sims Rd. Three cars at the following addresses appear to have had the plates tried to be taken off: 12, 45, 50.

BREAKING AND ENTERING/PAST, 7:27 a.m., 220 Fenno St. Shed broken into overnight. Heavy duty pool cover bag, gray boy's bicycle and purple girl's bicycle were stolen. Gray boy's BMX bicycle recovered.

VANDALISM/PROPERTY, 11:17 a.m., 85 Cranch St. Air conditioner punctured with a screwdriver around noon Sept. 27.

LARCENY, 12:04 p.m., 540 Hancock St. By check.

VANDALISM/PROPERTY, 4:38 p.m., Star Market, 130 Granite St. Vehicle. Teen-ager took pumpkin in front of store and threw it at victim's victim.

LARCENY, 5:49 p.m., Fore River Field, 16 Nevada Rd. Cell phone.

LARCENY, 7:32 p.m., 26 Euclid Ave. Diamond ring. Happened last April.

VANDALISM/PROPERTY, 11:55 p.m., Burger King, 62 Granite St. Car. Possibly trying to break into car.

SATURDAY, SEPT. 30

ASSAULT AND BATTERY, 12:11 a.m., 60 Lancaster St. Past. Two teens jumped in front of Point Webster, 17 and 18 years old. Caller taking one of the teens to the ER.

BREAKING AND ENTERING/PROGRESS, 3:17 a.m., Sully's Bar, 28 Chestnut St. Business. Zone rear door. Break discovered upon arrival.

BREAKING AND ENTERING/PAST, 3:41 a.m., Torney O'Malley Mahoney Jones, 15 Foster St. business. Found rear door open and interior door forced.

BREAKING AND ENTERING/PAST, 8:23 a.m., 33 Conant Rd. Motor vehicle. Both driver's side tires slashed.

BREAKING AND ENTERING/PAST, 1:54 p.m., 1458 Hancock St. Business. Break overnight. Entry gained via rear door. Place ransacked, computers stolen.

VANDALISM/PROPERTY, 8:03 p.m., 56 Newcomb St. Window. Rock thrown through front window.

ASSAULT AND BATTERY, 8:52 p.m., LaBrecque Field, 1007 Sea St. Fight.

VANDALISM/PROPERTY, 10:47 p.m., 36 Taffrail Rd. Man got out of motor vehicle and relieved himself on caller's car and fled.

VANDALISM/PROPERTY, 11:12 p.m., 76 Edison Park. Windshield. Caller states there was a fight next door and his vehicle was damaged.

SUNDAY, OCT. 1

VANDALISM/PROPERTY, 6:48 a.m., Kan Man Food, 215 Quincy Ave. To cars. Several cars damaged in the lot overnight.

VANDALISM/PROPERTY, 2:36 p.m., 88 Highland Ave. Truck spraypainted on both sides.

BREAKING AND ENTERING/PAST, 4:26 p.m., 179 Presidents Ln. Dwelling.

BREAKING AND ENTERING/PROGRESS, 9:31 p.m., 80 Taber St. Caller hears someone trying to open her window. No B&E, clear.

MONDAY, OCT. 2

LARCENY/MOTOR VEHICLE, 1:28 a.m., 43 Whitney Rd. Already found. 2003 Honda Accord, taken out of driveway. Motor vehicle involved in hit-and-run accident on Neponset Bridge shortly before being reported stolen. Motor vehicle found during accident and towed to Schlager's by State Police.

LARCENY, 10:40 a.m., 101 Burgin Parkway. Checks. Complaint for larceny by check, uttering forged check, forgery and B&E.

LARCENY, 12:32 p.m., 21 Albany St. Flowers. Three potted plants taken overnight.

LARCENY, 1:08 p.m., Father Bill's Place, 38 Broad St. Wallet. States while he was in the shower someone took his wallet and used his ATM for $200.

LARCENY, 2:04 p.m., 14 Norton Rd. Past.

LARCENY, 3:02 p.m., Tedeschi Food Shop, 751 East Squantum St. Cash taken.

ASSAULT AND BATTERY, 7:01 p.m., Burgin Parkway and Granite St. Road rage. Claims male punched him.

BREAKING AND ENTERING/ATTEMPT, 8:33 p.m., 80 South Walnut St. Cellar window. Glass directly above lock on basement window smashed out.

TUESDAY, OCT. 3

VANDALISM/PROPERTY, 1:32 a.m., 59 Grafton St. Windshield. Caller stating a fight just occurred outside his house between two males resulting in one smashing caller's windshield. Males have since left, no description.

LARCENY, 8:34 a.m., Thomas Crane Public Library, 40 Washington St. Past. Pocketbook taken on Saturday in the children's section. Credit cards used at South Shore Plaza before theft was discovered.

LARCENY, 10:09 a.m., 224 Hollis Ave. Two barrels full of trash stolen overnight.

VANDALISM/PROPERTY, 14:34 p.m., 301 Washington St. Broken window.

LARCENY/MOTOR VEHICLE, 7:34 p.m., Karl's Auto Body, 65 Holbrook Rd. 1998 Ford Mustang, color black, unregistered. Left at above to be worked on since August. He went down to business and it is under new ownership. This is second car to turn up missing after owner closed up shop. That car was recovered under a tarp in Weymouth.

VANDALISM/PROPERTY, 7:37 p.m., 12 Walnut St. Past. House and car was egged by youths.

LARCENY, 10:28 p.m., Granite Raile, 1 Cottage Ave. Of money. White male, dark hair, navy blue sweatshirt, 20s, just took money off a table and fled towards Hancock St. Same suspect ran out on his tab at The Fours earlier.

WEDNESDAY, OCT. 4

BREAKING AND ENTERING/PAST, 11:21 a.m., 50 Des Moines Rd. Dwelling. Building under construction, brand new furnace taken. Front door of unit in building was forced open.

LARCENY, 1:05 p.m., Quincy Rehabilitation and Nursing Center, 11 McGrath Highway. Of money. $200 taken within the last month.

BREAKING AND ENTERING/PAST, 6:32 p.m., 90 Quincy Shore Dr. Dwelling. Front door knob lock was forced open. Apple laptop computer, Olympus Camera, and two diamond rings are known missing.

BREAKING AND ENTERING/ATTEMPT, 6:35 p.m., Sons of Italy, 120 Quarry St. Business. Rear dock door damaged sometime overnight.

BREAKING AND ENTERING/PAST, 7:24 p.m., 40 Prout St. Dwelling. Check and cash taken. Living room window screen pushed up, fan knocked over, Boston Red Sox cap left at scene. $200 cash and a checkbook stolen.

LARCENY, 9:01 p.m., Leo's General Store, 263 Water St. Lottery tickets. Two white males reached over counter and took lottery tickets. Headed down Water St. toward Brewer's Corner. Two strips of 75 lottery tickets each stolen by two males in their 20s, one white, the other white or Hispanic.

THURSDAY, OCT. 5

BREAKING AND ENTERING/ATTEMPT, 12:05 a.m., 290 Quarry St. Dwelling. Heard someone at balcony door. Scratches on lock. Saw youth in grey hooded sweatshirt in the parking lot. Two youths left in a dark colored Jeep Cherokee about half an hour ago after gaining entry to building.

BREAKING AND ENTERING/PAST, 12:11 a.m., Eastern Nazarene College, 23 East Elm Ave. Business. Caller asked carload of youths to leave campus, they then aimed their motor vehicle at him.

LARCENY/MOTOR VEHICLE, 6:32 a.m., 29 Quarterdeck Rd. Car missing. 1996 Chrysler Cirrus, taken sometime since 2 a.m. from rear of building. Keys had accidentally been left in trunk lock. Car recovered minus the keys.

LARCENY, 7:57 a.m., 33 Mullin Ave. Money. $750 taken.

ARMED ROBBERY, 8:16 a.m., Sam's Restaurant, 36 School St. Occurred during the night. Armed robbery with gun shown at 2:30 a.m. Victim found a white male, about 18-20 years old, 6 feet, skinny, black jacket, blue jeans, and a baseball cap opening front door with a key. Suspect had a black automatic handgun and identified himself as immigration but did not show badge or ID. He held gun to victim's head and ordered him to open rear door where two other white males were waiting. They were similarly described. They ordered victim to turn over Passport and green card but he stated he didn't have them. They ordered him into the dining room and told him to face wall and not move. After several minutes victim noticed that suspects were gone and safe in kitchen area was open, money missing.

ASSAULT AND BATTERY, 10:51 a.m., South Shore Mental Health, 1431 Hancock St. Past incident. Staff member assaulted by a patient who has left scene.

ASSAULT AND BATTERY, 2:49 p.m., Lincoln-Hancock School, 300 Granite St. Just occurred. 11-year-old boy beat up last week at Sterling, they handled this in-house. 10-year-old brother who goes to Lincoln-Hancock was assaulted today by the same boy who is suspended from the assault from last week. 11-year-old has a wrist injury.

BREAKING AND ENTERING/PAST, 3:55 p.m., 131 Copeland St. Dwelling. No sign of forced entry. Once inside suspect(s) forced open locked bedroom doors. Phillips DVD player, Kodak easy share digital camera, Toshiba laptop computer, and cash known missing.

LARCENY, 4:52 p.m., 83 Greenleaf St. Flag pole and flag taken from the front yard.

LARCENY, 5:47 p.m., Citizens Bank, 65 Newport Ave. Checks. Arrest for larceny by check over, larceny by check under, attempted larceny by check under and three counts uttering forged instrument.

BREAKING AND ENTERING/PAST, 9:03 p.m., 47 Grafton St. Dwelling.

ASSAULT AND BATTERY, 11:11 p.m., Quincy Medical Center, 114 Whitwell St. Out of control. In the ER.

FRIDAY, OCT. 6

VANDALISM/PROPERTY, 13:34 a.m., Seven Eleven Store, 76 Franklin St. Arrest for malicious damage to a motor vehicle. Trespass notice issued by manager in presence of officer. Subject was released, no arrest. Car was still towed for being a hazard.

VANDALISM/PROPERTY, 3:50 a.m., 32 Turner St. Car. Just had tires slashed and windows smashed on car about 10 minutes ago. Person running down the street is all they noticed.

VANDALISM/PROPERTY, 5:15 a.m., 290 Copeland St. Lawn/porch. Believes damage was done intentionally due to recent license board meeting.

If you have information on the above crimes, or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764**. If you wish to report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. If you wish to make an appointment to view the **Registered Sex Offenders** book, call **617-745-5768**.

If you wish to contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us--*Lt. Dan Minton.*

A Job Well Done

On Monday, Sept. 25, at approximately 9:45 a.m. Officers Steve O'Donoghue and Paul Jackson were dispatched to Buckley Street on a call of a "B & E in Progress (breaking and entering). While enroute, the dispatcher informed the officers that two males were attempting to break into a basement apartment and gave descriptions.

LT. DAN MINTON

Officer Jackson arrived on scene first and spotted three males – two who matched the description, walking a block away on Morton Street. Officer O'Donoghue assisted and they checked out the males.

One male (suspect #1) was holding a Sony portable radio and the second male (suspect #2) was attempting to hide something under the midsection of his sweatshirt. Suspect #2 was directed to unveil what he was hiding and out came two boxes of Barilla spaghetti (with brown tape on the ends) and a Panasonic tape recorder. The third made (suspect #3) was standing next to two boxes of Barilla elbow pasta on the ground.

As officers detained the suspects, Sgt. Steve Igo assisted Officer O'Donoghue, went to Buckley Street looking for signs of a break. Upon checking one home, the officers noted a screen in the rear of the house had been slashed. With officers surrounding the home, Officer O'Donoghue pulled the screen up and then pushed the window up so that he could go inside. As he checked the home, Officer O'Donoghue saw the kitchens were opened and there were two boxes of Barilla spaghetti there, with brown tape on the ends – the same tape on the boxes that the suspects had.

As Sgt. Igo attempted to contact the owner, Officer O'Donoghue interviewed the caller, who said that she heard a doorbell ringing and thought it was heres, so she went to her door. She stated no one was there but two males were at the front door of the adjacent home. She watched as the two males left the front door and then walked to the rear of the house. It was at this point that the witness decided to call "911." She then looked out her window and saw them lifting up the window and pulling up the blinds inside.

Officer O'Donoghue returned to the location where the three suspects were being detained and placed them under arrest. A knife was also found on suspect #2, which was believed to be the instrument used to cut through the screen.

The suspects, ages 15, 16 and 17, and all from Quincy, were charged with "breaking and entering in the daytime with the intent to commit a felony." The owner was contacted and confirmed that the radio and tape recorder were his, as well as the spaghetti.

Nice work!

In this particular case, the witness didn't wait for the suspects to break in. She sensed something was wrong because she did not recognize the suspects and believed they had no reason to be there. Her prompt action in calling "911" resulted in the apprehension of the three suspects.

If you see something suspicious, don't wait to call. Let us investigate and reduce the chance of a crime occuring.

Spotlight On Health & Fitness

Beginning Jan. 1, 2007

Harvard Vanguard Physicians To Accept Tufts Medicare Preferred

Harvard Vanguard Medical Associates announces their physicians will participate in the Tufts Medicare Preferred HMO, beginning Jan. 1, 2007.

Physicians at Harvard Vanguard will not accept Harvard Pilgrim's First Seniority products next year. This change affects approximately 850 Medicare beneficiaries who currently receive insurance coverage through Harvard Pilgrim's First Seniority and who see their doctors at Harvard Vanguard's Quincy location.

Only patients of Harvard Vanguard with First Seniority are affected by this change.

The 850 patients presently covered by First Seniority can maintain their physician relationships and comprehensive coverage by enrolling with Tufts Medicare Preferred. Additionally, Harvard Vanguard will continue to accept traditional Medicare and Medicare Supplement.

According to Richard Lopez, M.D., Deputy Medical Director, Harvard Vanguard physicians conducted an extensive evaluation of the health plans available to Medicare beneficiaries, as well as the best fit for the practice.

"We believe it is in the best interest of our patients and our practice to partner with Tufts Health Plan," Lopez said.

"Tufts Health Plan shares our vision for the very best care of Medicare beneficiaries and continues to expand its programs to complement what we do as caregivers. It's an exciting opportunity and we anticipate that patients will be comfortable with Tufts Health Plan's substantial track record as an excellent health plan."

For Medicare beneficiaries who are patients of Harvard Vanguard living in Plymouth and Barnstable counties, this will be the first time since 2003 that they will have access to a Medicare Advantage product.

The enrollment period for these First Seniority members began Oct. 1 and continues through Dec. 31st. Harvard Vanguard encourages its patients with questions to call its hotline at 1-800-376-8949 or to contact their physician's office.

by Andrea Wyatt M.S.S., C.S.C.S.

Dance-Inspired Workouts

Q. I enjoy dancing and started taking a dance group exercise class twice a week. Each class lasts about an hour and we move the entire time, leaving me exhausted at the end. Compared with other types of cardio activities such as the treadmill or biking, could I just use my dance class as my cardiovascular workout, or would I need to do more?

A. Dancing is an excellent form of exercise and is becoming increasingly popular thanks to television shows featuring dancing, and DVDs, videos and group exercise classes focusing on dance-inspired workouts.

Dance styles ranging from ballroom and Latin dance to hip-hop, funk and many more are being used to give exercisers a workout that's both challenging and fun. The moves done while dancing are definitely beneficial cardiovascular exercise, and how much you challenge yourself will determine how many calories you burn.

On average, a dance class where you move the entire time can burn 300-400 calories. Just keep their heart rate elevated throughout a dance group-exercise class because they're not thinking about exercising but just having fun. Also, the challenge of learning new dance styles and choreography keeps participants excited.

Dancing is a great workout, BUT it cannot be the only type of exercise in which you participate. Since you attend class twice a week, you would still need to exercise an additional two to three days a week. This should include some type of strength training and additional cardiovascular workouts.

A balanced workout is important for promoting overall fitness and would include at least four days a week of cardiovascular exercise and at least three days a week of strength and flexibility training.

Keep dancing your way to a fit lifestyle.

Always consult a physician before beginning an exercise program. Andrea Renee Wyatt, M.S.S., C.S.C.S., is a certified personal trainer with an extensive background in strength and conditioning as well as therapeutic recreation. If you have a fitness or training question, e-mail Andrea at

DENTISTRY for the 21st Century

by Steven A. Brustin, D.M.D.

FORMING A BOND WITH THE DENTIST

If you have chipped, discolored, or stained teeth, you can benefit from one of the most cost-effective cosmetic procedures that your dentist can provide. Composite resin bonding involves the application of a durable resin to teeth that fill in spaces and irregularities and/or cover discoloration. Aside from being relatively easy to apply, the resin is color-matched to your natural tooth color, which, combined with the fact that it can be shaped and contoured, creates a very natural-looking restoration. Moreover, composite resin bonding is virtually pain free and requires only a single office visit. If you are concerned about the color, shape, or condition of your teeth, ask if dental bonding may be an appropriate restoration solution for you.

Bonding can be used to improve the color of a tooth, or close unsightly gaps. We invite your questions, and we can offer important oral health guidelines for the entire family – for the young to the young at heart. Beautiful smiles are a team effort. If you're looking for a family dentist at this time, please call 617-479-6220. It is never too early to start good dental habits. Our "personal touch" philosophy is reflected throughout our practice in many ways. Enjoy modern dentistry with old-fashioned personal attention. We're located at 44 Greenleaf Street, where we make dental visits a positive experience. We offer the services of anesthesiology with a fully trained and qualified anesthesiologist. Visit us on the web at www.quincydentist.com.

P.S. In many cases, composite dental resin may also be used to fill in a cavity caused by tooth decay.

By American College Of Surgeons' Commission

QMC Honored For Excellence In Cancer Care

For patients with cancer and their families, there is good news about access to quality cancer care services and advanced treatment programs in their community.

Quincy Medical Center (QMC) has received an unconditional three-year approval as a Community Hospital Cancer Program from the American College of Surgeons' (ACoS) Commission on Cancer (COC).

Following a daylong survey last spring, QMC received the highest possible quality rating with no deficiencies, a distinction shared by less than half of all COC-approved programs. In addition, QMC received eight commendations for areas of excellence that exceeded the COC's stringent accreditation standards.

"Quincy Medical Center's oncologists and surgeons have dedicated their lives to providing patients with the best possible cancer care in the community," said Gary Gibbons, MD, FACS, Quincy Medical Center President and CEO. "This recent top accreditation from the American College of Surgeons acknowledges the high quality, multidisciplinary cancer care services performed each day at Quincy Medical Center."

QMC's Cancer Program offers compassionate care and state-of-the-art diagnostic and treatment services in the community for individuals with all types of cancer. The highly trained QMC staff — which includes medical and surgical oncologists, radiation oncologists, pathologists, clinical nurses, clinical dietitians, social workers and rehabilitation specialists — work closely with patients and their families to provide expert care through all stages of diagnosis, treatment and post-treatment physical therapy.

Quincy Medical Center is a 234-bed acute care community-teaching hospital providing South Shore residents with comprehensive medical and surgical services. The medical center's Alliance for Quality with Boston Medical Center (BMC), formed in 1999, brings academic medicine to the community.

Community Education Programs At Milton Hospital

Milton Hospital will kick off its fall Community Education Series Friday, Oct. 20 with a wide range of programs held through December.

Programs are free, unless otherwise noted. Pre-registration is required for most.

To register for any of the programs, call 617-696-8810.

October programs include:

The Aging Eye, Friday, Oct. 20, 2 p.m., at the Nangeroni Center. Common visual and ocular problems associated with aging will be discussed. Michael A. Chang, M.D., ophthalmologist. Cost is free, registration required.

The Non-Surgical Facelift, Monday, Oct 23, 9:30 a.m., in the Nangeroni Center. Update on the latest non-surgical and very effective modalities for a more youthful face. Topics include non-surgical facelift was well as Botox, Restylane, Collegan, fillers, facial lasers, wrinkle reduction, facial skin tightening and hair removal. Guy Rochman, M.D., chief of plastic and reconstructive surgery. Cost is free, registration required.

Dental Implants, Tuesday, Oct. 24, 7 p.m., Nangeroni Center. The lecture will discuss how to replace missing teeth without damaging adjacent teeth, and how to secure dentures in order to restore normal eating habits. Cost is free, registration required.

Ten Things for Seniors to do to Stay Healthy and Happy, Wednesday, Oct. 25, 7 p.m., Nangeroni Center. Geriatrics program director Dr. Virginia Cummings will present 10 easy-to-implement strategies for maintaining health, discuss the benefits of each and suggest ways to incorporate them into daily life. Cost is free, registration required.

Pediatric Ear, Nose and Throat Infections, Thursday, Oct. 26, 7 p.m., Nangeroni Center. Learn about upper respiratory infections that are common pediatric problems, and how they can be treated by pediatricians and ENT physicians. Edward Reardon, M.D., otolaryngologist. Cost free, registration required.

Introduction to Mindfulness Meditation, Thursday, Oct. 26, 7 to 8:30 p.m., Conference Room A. Lecture and instruction on mindfulness meditation as a path to peach and clam. Fern Ross Israel, MA, LMHC. Cost free, registration required.

Retirement Income Planning: Income for Life, Monday, Oct. 30 at 7 p.m., Conference Room A. The seminar is intended for people approaching retirement or who are already retired. Topics include the Income for Life model which is an investment strategy with the objective of providing an inflation adjusted income for the rest of your life. Robert Romano, CFP, JD, and Gregg Rennie, CSA, RFC, of Baystate Financial Services. Cost is free, registration required.

For the complete community education calendar, visit www.miltonhospital.org.

Milton Hospital is a clinical affiliate of Beth Israel Deaconess Medical Center.

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PLYMOUTH NORTH KICKS off to North Quincy to start the second half of play during last Friday night's game at Veterans' Memorial Stadium.

Quincy Sun Photos/Robert Noble

Red Raiders Bow To Plymouth North

By SEAN BRENNAN

Last Friday night's football game between the Red Raiders of North Quincy and the Eagles of Plymouth North opened a new chapter for high school sports in Quincy. When the two teams kicked off at 7 p.m., it marked the opening of the new and improved Veterans' Memorial Stadium.

The Red Raiders, playing in front of a packed and supportive home crowd, took to the turf in search of their first win of the season, but Plymouth North had other ideas. The Eagles (3-1, 3-0) scored early and often against North Quincy (0-5, 0-3), and rolled to a 40-16 win.

Plymouth North dominated the North Quincy Red Raiders in the first half, and the Eagles entered the break with a commanding 26-0 lead. The Eagles' defense did not allow the Red Raiders' offense to get anything going in the opening half, holding North Quincy to zero first downs.

"We were so happy to be playing at home, under the lights in front of a big crowd, I don't think we had our heads in the game in the first half," head coach Jim Connor said.

MIKE FOLEY, a sophomore at North Quincy High School, sings the National Anthem before the start of Friday night's game.

The Eagles, who were led by sophomore runningback Wesley Richard's 11 carries for 96 yards and 1 touchdown, pulled all of their starters midway through the third quarter.

Although the game was out of reach, the Red Raiders continued to battle for all four quarters in front of their home crowd. North Quincy junior Jon Cahill made the biggest defensive play of the second half when he ripped the ball away from Plymouth North's Corey Kneeland and took the recovered fumble 62 yards for a touchdown with 3:32 left in the third quarter.

Red Raider backup quarterback, sophomore Mario Dashi, took full advantage of his playing time with a beautiful 24-yard touchdown pass to junior receiver Adam Tragellis with 5:56 left to play in the game.

The Red Raiders, who are on the road this week against Dennis-Yarmouth High School (Friday 7 p.m.), are back home at Veterans' Memorial Stadium on October 20th when they square off against Nauset Regional High School.

North Quincy is averaging 11.6 points per game and are allowing their opponents to score an average of 28.6 points per game.

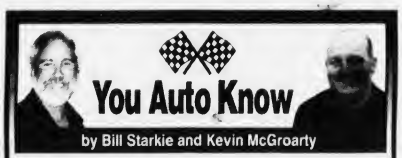
The much anticipated North Quincy/Quincy game will be held on Nov. 23 at Veterans' Memorial Stadium.

SPORTS

NORTH QUINCY'S TOMMY DAO gets tackled on a kickoff return by a Plymouth North defender.

RED RAIDER QUARTERBACK Shaun McBrien, with help from his offensive line, drops back into the pocket during North Quincy's game on Friday night.

TOM KOCH, Executive Director of the Parks, Forestry and Cemetery Department, speaks to the home crowd before last Friday night's football game at Veterans' Memorial Stadium. From left to right: School Committeeman David McCarthy, North Quincy High School Principal Louis Ioanilli, Bryan Carter of the Park Commission, NQHS Sophomore Mike Foley, NQ/Quincy Athletic Director Jim Rendle and former North Quincy head football coach Ken McPhee.



by Bill Starkie and Kevin McGroarty

WHAT TO TAKE FOR THAT BURNING FEELING

If your engine is idling rough, it may be that you have a burned valve. This can be diagnosed with a compression test that measures the pressure in all cylinders. When the pressure gauge reads lower than normal, pressure is leaking out of the combustion chamber. A burned valve, which can no longer hold a leak-free seal due to overheating, is usually limited to exhaust valves because they run much hotter than intake valves. To repair a burned valve, it is necessary to remove the cylinder head, replace the bad valve, and reface/repair the valve seat. If one valve has failed, preventive maintenance and common sense usually dictate that they all be replaced while you are at it.

At LEO & WALT'S SUNOCO, we recommend you bring your car to us immediately if you sense a rough idle. By taking care of the problem was soon as possible, we might be able to prevent further costly repairs. Preventative maintenance is always the most cost effective way to keep your car in great shape. We are located at 258 Quincy Ave., E. Braintree, our phone number is 781-843-1550. Sunoco and most major credit cards honored.

HINT: A bad exhaust valve will also appreciably increase exhaust emissions because it allows unburned fuel to leak into the exhaust

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QUINCY JUNIOR JOE REGGIANNINI runs for a first down in the 2nd quarter of the Presidents' game on Saturday versus Whitman-Hanson. *Quincy Sun Photos/Robert Noble*

TOM HAZELHURST'S one-yard touchdown run came at the end of an impressive 11-play, 52-yard drive for the Presidents in the first half of Saturday's game at Whitman-Hanson.

Presidents Can't Stop Whitman-Hanson

By SEAN BRENNAN

The Quincy High School football team, playing a road game at Whitman-Hanson High School on Saturday afternoon, fell to 1-3, 0-3 in the Atlantic Coast League with a 35-19 loss at the hands and feet of the Panthers.

The Presidents, playing in an all-important Atlantic Coast League game, could not stop the Panthers' vaunted running attack. Whitman-Hanson's senior co-captain Ben Ford ran the ball seven times and racked up an impressive 153 yards and two touchdowns on the day. Ford had runs of 36, 4, 15, 21, 34 and 44 yards and five of his seven runs either went for a first down or a touchdown.

On the first series of the game, W-H's Luke Kelliher took a toss sweep 21 yards and on the next play Ford ran a sweep left for 36 yards and his first touchdown. The Panthers drove the ball 68-yards in five plays (all on the ground) on their opening drive.

Their next W-H scoring drive was more of the same. The Panthers covered 62-yards on seven plays and Nate Clergy scored on a 23-yard run up the middle for a 12-0 lead.

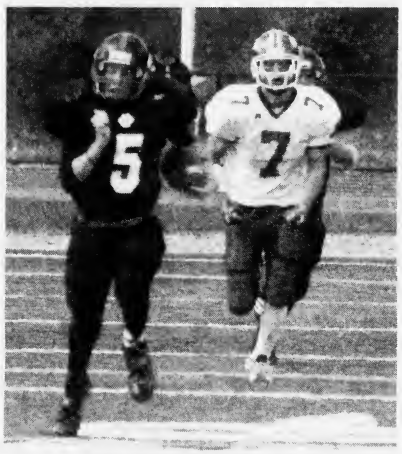
The Presidents got on the board in the first half when Tom Hazelhurst finished off an 11-play, 52-yard scoring drive with a one yard touchdown plunge. The score at the half was 21-7.

Ford finished up his day with a 44-yard touchdown run in the third quarter to give the Panthers a 35-7 lead.

A bright spot for the Presidents in the second-half was the play of sophomore Mark Gilbody. Gilbody had touchdown runs of 1-yard and 3-yards late in the game to account for the final Quincy points.

The Presidents are averaging 11.5 points per game while allowing their opponents an average of 24.5 points per game.

Quincy will finally get the chance to play in front of a supportive home crowd at Veterans' Memorial Stadium this Friday night (7:00 p.m.) when they host Marshfield High School. The game, an Atlantic Coast League showdown, will pit the Presidents against one of the toughest and most skilled high school teams in the state. Marshfield, a perennial Super Bowl contender, will have its hands full with the Presidents, and the large crowd that is expected to attend.



QUINCY'S JARED TUCKER is in full pursuit of a Whitman-Hanson player during Saturday's game.

SENIOR JARED TUCKER fights his way through three Panthers' defenders for a first down.

TOM HAZELHURST'S PUNT pinned the Panthers of Whitman-Hanson back at their own 4-yard line.

Presidents Basketball Tryouts Nov. 2, 9 At Broad Meadows

The Presidents Travel Basketball Program will begin the season with open gym time for prospective players and parents to meet coaches and prepare for tryouts.

Boys in the 5th-8th grade are welcome to participate while coaches run through two nights of drills and scrimmages. Sessions will be held at the Quincy High School Voc-Tech Gym Thursday Oct. 19 and Oct. 26 from 7-9 pm. There will be $5 fee per session for open gym nights.

Tryouts are scheduled for Thursday, Nov. 2 and Thursday, Nov. 9 at the Broad Meadows Middle School from 7-9 pm. (There is no fee for try-outs.)

Call Andy Myers (617-471-7920) for more information.

Additional information on the South Shore Youth Basketball League will be distributed at the gym sessions and try-outs.

The 2006-2007 Coaching Staff is Bob "Moose" Cochrane (5th grade), Parker Scott (6th grade), Matt Rampoini (7th grade), and Andy Myers (8th grade).

St. John's Basketball League Registration Oct. 16 In Lower Church

The St. John's Basketball League will be having registration sign-ups on Monday, Oct. 16 at St. John's Lower Church (6-8:30 p.m.).

The league has divisions for boys and girls ages 7-15 as of 12/31/06. Fees are $85 for ages 7-12 and $105 for ages 13-15. All first time players must bring a copy of their birth certificate.

South Shore Church Basketball Registration

The South Shore Church Basketball League will be holding registration for boys and girls on Saturday, Oct.14 and Oct. 21 from noon to 3 p.m.

The fees are as follows: Ages 7-9 ($55), 10-12 ($70) and 13-15 ($85). All age brackets are as of December 31, 2006.

The registration will take place in the Park & Recreation Building on Southern Artery, across from Adams Field.

If you have any question please call Rich Hanlon at 1-617-827-8697.

Colby-Sawyer Downs ENC Men's Soccer

In Commonwealth Coast Conference men's soccer action, Eastern Nazarene College lost to Colby-Sawyer, 1-0.

Colby-Sawyer's Doug Currie shot to the near post in the 31st minute beat onrushing Eastern Nazarene goalkeeper Steven Bracale to give the Chargers the 1-0 lead. Throughout the game, both teams had several chances in front of the opponent's goal, and the last opportunity for ENC came when Drew Krause's shot attempt deflected off the far post and back onto the field in the waning moments of the game.

Eastern Nazarene's record now stands at 0-11-1.

24 Teams Compete In Wiffle Ball Tournament

The Quincy Recreation Department recently held its annual citywide Wiffle Ball Tournament with 24 teams competing at Bishop Field.

Each of the city's four districts entered two qualifying teams, setting up an eight-team, double-elimination tournament in three age groups.

In the Senior Boys Division, Billy Kiley and Brendan Glynn of Squantum playground, coached by recreation leader Rich Russo, captured the title. Runners-up were Tom Mahoney, Jay Maven and Brendan Meyers of Faxon Park, coached by recreation leader Peter Gilcoine.

In the Junior Boys Division, two teams from Forbes Hill battled for the championship, with Adam Nazzaro, Joe Alibrandi, Tyler Braun and Zach Stearns coming out on top. They were coached by recreation leader David Finnegan. Runners-up were Darren McGrath, Michael McGrath, Mike Alibrandi and Matt Doyle.

In the Midget Boys Division, Jake Bergonzi, Quinlan Evans and Colin Evans of Beechwood won in extra innings over O'Rourke playground. They were coached by Alex Jorgensen. Josh Hayward, Brandon Beal and Andrew Jaehnig, coached by Chris Boyd, represented O'Rourke.

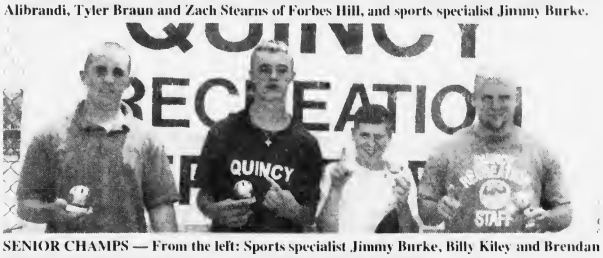
The participants played hard throughout the extreme heat, which resulted in many extra-inning games. First- and second-place winners received gold and silver Wiffle Ball trophies.

The tournament was run by Jimmy Burke, assisted by Meaghan Foley, Bonnie Hirtle and Dan DiNardo.

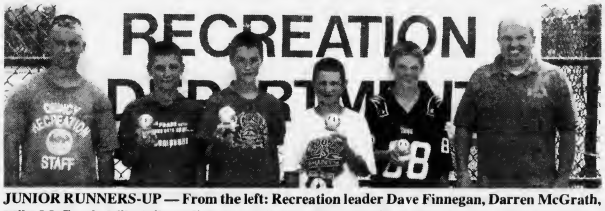
MIDGET CHAMPS — From the left: Recreation leader Alex Jorgensen, Jake Bergonzi, Quinlan Evans and Colin Evans of Beechwood, and sports specialist Jimmy Burke.

JUNIOR CHAMPS — From the left: Recreation leader Dave Finnegan, Adam Nazzaro, Joe Alibrandi, Tyler Braun and Zach Stearns of Forbes Hill, and sports specialist Jimmy Burke.

MIDGET RUNNERS-UP — From the left: Recreation leader Chris Boyd, Josh Hayward, Brandon Beal and Andrew Jaehnig of O'Rourke playground, and sports specialist Jimmy Burke.



SENIOR CHAMPS — From the left: Sports specialist Jimmy Burke, Billy Kiley and Brendan Glynn of Squantum playground, and recreation leader Rich Russo.



JUNIOR RUNNERS-UP — From the left: Recreation leader Dave Finnegan, Darren McGrath, Mike McGrath, Mile Alibrandi and Matt Doyle of Forbes Hill, and supervisor Rich McAllister.

SENIOR RUNNERS-UP — From the left: Sports specialist Jimmy Burke, Tom Mahoney, Jay Maven and Brendan Meyers of Faxon Park, and recreation leader Peter Gilcoine.

FALL CAR CARE

Good Visibility Requires Vehicle Maintenance

Driving safely requires good visibility and a vehicle with good visibility requires regular maintenance, according to AAA Southern New England.

AAA urges motorists to consider visibility when maintenance is performed on their vehicle. Items that are necessary for good visibility are:

• Clear, clean windows unobstructed by decals, dark window tinting or objects that interfere with the driver's view of the road.

• Windshield wipers changed twice per year will ensure the rubber remains soft enough to efficiently remove water, snow and road grit from the glass surface.

• Vehicle lights, including headlights, brake lights, turn signals, parking lights, emergency flashers and the center, high-mounted brake light should all be inspected regularly and replaced immediately if needed. Lights can also become dirty which limits their brightness. They should be cleaned regularly.

• Mirrors must be clean, large enough and correctly angled to provide a complete view of all areas behind and to the side of the vehicle. Objects inside or outside the vehicle must not obstruct mirrors. They usually need to be reset when there is a change of drivers.

• A vehicle's air circulation system must function properly to quickly defrost or defog the windshield and other glass surfaces. Use an ice scraper to remove snow and ice before driving. Before turning on the defroster and blower, move the heat control to "hot" and allow the engine to warm up first.

If the windshield starts to fog on the inside, open a side window slightly and turn the defroster fan to its highest setting. Additionally, if the car's heating and air conditioning system has a setting for fresh air or re-circulated air, always select the fresh air setting while in the defroster mode.

• Sunglasses that do not have overly dark lenses can also be a significant aid to visibility when driving in bright-light conditions. Be sure lenses are kept clean. Glare can cause blind spots and driving fatigue. A good pair of sunglasses will help eliminate this.

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North Quincy Shuts Out Quincy, 4-0

GIRLS' SOCCER

By SEAN BRENNAN

This past Saturday, on an unseasonably warm fall afternoon, the Red Raiders of North Quincy High School lined up against the Presidents of Quincy High School in the schools' inaugural girls soccer game at the new and improved Veterans' Memorial Stadium.

Playing on the new FieldTurf, and in front of about 300 supporting fans, the two schools played the first soccer game, either boys or girls, at the Stadium since the renovations were finished early last week.

North Quincy struck first at the 9:30 mark of the first half when Lauren Stille tallied her third goal of the year after receiving a pass from her sister Mary Kate Stille. Six minutes later, the Red Raiders got on the board again. Senior captain Jillian Benn took a pass from Emily Milone and streaked past the last Presidents' defender and scored from 20 yards out.

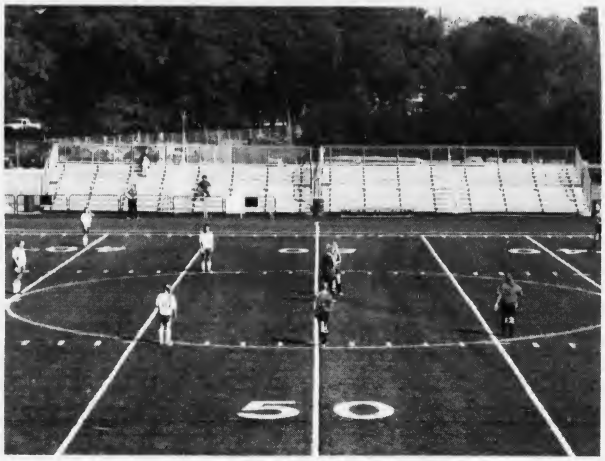
North, as it had throughout the entire first half, controlled the tempo of the first half with precise passing and ball control. With three minutes left in the half, the Red Raiders' Keriann Cabral found Mary Kate Stille at the 18 yard line, and Stille found the back of the net for her sixth goal of the season.

Up 3-0 at half-time, the Red Raiders substituted frequently throughout the second half, but still managed to control play by using possession soccer and a lock-down defense. North Quincy closed out the scoring for the 4-0 victory late in the half when senior forward Carolyn Casper scored her first varsity goal with the assist credited to Kristen Ruck.

Playing well for the Red Raiders were Amy Carchedi, Brittany Folkins, Tara McFarland and Paige Bonanni. North Quincy's Siobhan Carnell picked up her second shutout of the season in the win.

The Quincy Presidents' Sarah Troy, facing pressure all game long, played well in net, and made a handful of saves that kept her team competitive throughout the game. Julie Kisielius, Katherine Shea and Bridget Hawko all played a good game for the Presidents.

The two schools' jayvee soccer teams played immediately after the varsity game was over, and North Quincy beat Quincy 3-0. Devon McKay, Michell Gardiner and Lily Man scored for the Red Raiders and Jessie Howlett earned the shutout.



THE QUINCY and North Quincy girls soccer teams get set to begin their game last Saturday on the new FieldTurf at Veterans' Memorial Stadium. *Quincy Sun Photos/Sean Brennan*

NORTH QUINCY'S MARYKATE STILLE (left) scores the Red Raiders' third goal of the first half during their game last Saturday against Quincy.

Red Raiders Improve Record With Wins Over Quincy, Fontbonne

The North Quincy girls soccer team finished last week with a 2-1 record. With wins over Fontbonne (3-1) and Quincy (4-0) and a loss at Whitman-Hanson (2-1), the Red Raiders' record now stands at 6-5-1.

In their game against Fontbonne Academy, the Red Raiders trailed, 1-0, at the end of the first-half. The team was called for seven offside penalties in the game's first 40 minutes of play.

North got the equalizer five minutes into the second half as junior midfielder Paige Bonanni scored her first varsity goal off of a corner kick. Junior Emily Milone laid up a perfect ball to Bonanni, who one-timed the ball inside the near post. Milone scored the game-winner twelve minutes later on a pass from Lauren Stille. Sophomore forward Kerry Donaghey scored the Raiders final goal when she finished off a rebound of a Lauren Stille shot that had banged off the post.

Allison Russell, Tara Whooley, Tara McFarland and Brittany Folkins all played well in the win.

The game against Whitman-Hanson, the #4 ranked team in Eastern Massachusetts, was a tale of two halves for the Red Raiders. North had the better of play in the first half getting good scoring chances from Megan Therrien and Mary Kate Stille early, but it was the Panthers who struck first. Devon Prada collected a rebound and put the ball past a diving Siobhan Carnell for the 1-0 lead.

The Raiders limited their guests to a few good chances the rest of the half as Bridget Coleman and Keriann Cabral alternated in marking W-H's Kristie Mewis, a member of the U.S. National team, and effectively shutting her down.

North got the equalizer from Lauren Stille who rifled a bullet to the far post after taking a Emily Milone pass at the 18 yard mark.

The second half belonged to Whitman-Hanson. The Panthers controlled play and limited the Red Raiders to two quality chances the entire half, while at the same time putting continuos pressure on the defense and Carnell. Whitman-Hanson eventually found the back of the net, and was able to finish off North, 2-1.

Jillian Benn, Danielle Kelly, Tara Whooley and Melissa Mendall all played well in the loss.

YOUTH SOCCER HIGHLIGHTS

In Quincy Youth Soccer Under 12 Girls action the Coyotes defeated the Panthers 3-1 behind goals from Hannah Zunnass, Amelia Wool and Jennifer Dunphy. The Panthers' goal was scored by Jennifer Scarnici. Samantha Miner, Molly Meehan and Ali Reardon all played great for the Panthers and Julianne Carcy, Lauren Campo and Niamh Brennan played well for the Coyotes.

In other action, the Wildcats beat the Huskies 4-2. Goals for the Wildcats were scored by Alyssa Lydon, Callie Cabral and Jaclyn Scuzzarella and Lauren McLaughlin, Abigail Albertson and Christine Kelliher all played well. The Huskies got two goals from Roisin Henry and received solid play from Sophie Lee, Jillian O'Leary, Rachel DeMelino and Mallory McKinnon.

Chaislyn Burgio and Brianna Foley each scored a goal in the Cavaliers 2-1 win over the Terriers. Julie Bloomer scored the only goal in the game for the Terriers. Madison McBirney, Renee Pattern, Anna Canavan, Ashley Catizone and Erika Histen all played well for the Cavs. Playing well for the Terriers were Jane Minton, Courtney Smith and Rachel Ring.

In a close game, Bates & Riordan defeated the Rebels 3-2 behind goals from Kayla Sugrue and Dominique Lucier. Katie White and Caitlyn Bulger scored for the Rebels. The Rebels got good play from Libby Doyle, Natasha Sautter, Carly Scoiaro, Julia Himmel and Meghan White. Bates & Riordan received solid play from Lindsay Nazzaro, Siobhan Flynn, Kaitlyn O'Sullivan, Kackie Jordan and Maeve Rogers.

250 Ride In Joseph Conti Memorial Motorcycle Run

The recent eighth annual Joseph Conti Memorial Motorcycle Run raised more than $5,000 for the Joseph Conti Memorial Fund, a charity that assists local causes.

This year, the money raised will be donated to the fundraising effort to help Maria Cochrane, widow of Quincy Police officer James Cochrane who died in September.

More than 250 participants enjoyed a beautiful day that culminated in a barbecue and event at Pat Flanagan's in Quincy Center.

"I want to thank all the riders and businesses that contributed to our success," said event organizer Kim DiBona, sister of Joseph Conti. "I appreciate their continued support as we memorialize my brother in helping those in need."

Colby-Sawyer Blank ENC

A resilient Eastern Nazarene College women's soccer team played Colby-Sawyer tough, but could not find the back of the net in a 2-0 loss on Oct. 2nd.

The Crusaders, who are battling numerous injuries to their starting eleven, played the Chargers even through the first half, but Colby-Sawyer took the lead in the 58th minute on a free kick goal by Jessica Foster. Foster's shot beat ENC goalkeeper Melaina Genovese to the far post. In the 81st minute, the Chargers' Katie Fitzpatrick scored her team's second goal, and the Chargers hung on for the win.

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28 Croc's cousin
31 Elevator name
33 Bell and Kettle
35 Put together
36 Color qualities
38 Symbol of intrigue
40 Feminine side
41 Collections
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23 Contradictory one
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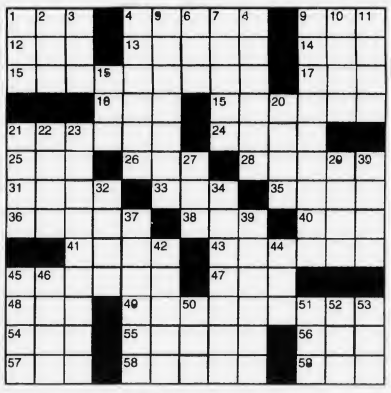
29 Garfield's cohort
30 Tear in two
32 Glimpses
34 Hardly any time at all
37 Franklin et al.
39 Pale hues
42 Trap
44 Completely
45 Ceremony
46 Eternally
50 Debtor's letters
51 Make up your mind
52 Carnival city
53 Longing



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HOCUS-FOCUS

BY HENRY BOLTINOFF

FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

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Differences: 1. Fewer leaves on tree. 2. Bag is smaller. 3. Cap is reversed. 4. Sleeve is longer. 5. Shoe is different. 6. Branch is missing.

Saving potted mums

When the flowers decline, move the mum pot to a cool, well-lit place. Remove any foil or plastic wrap, and don't over-water. As spring approaches, acclimatize the plant, moving it outside to shade during the day and inside at night. Plant them outdoors in a sunny spot when frost danger has passed.

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MAGIC MAZE

DIED IN THE FIRST HALF OF 2006

H R P M J H E C Z X U S S Q N
L J G E C Z B X V T R T N R P
N L J G H E G F T E U T I C A
Y W V T N S R N Y T K O V R P
S R E T N I W E I N E N A L K
I G S E E E L S V K Y K G C B
Z E W D V H X L W A S U C S R
N O A P C E O W E M E C M U L
B N J N I G E A E P R W D B P
A Y E G N I L R E T S X D W U
T B S Q P O N Y D W O G L K J

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

B. Owens, Benchley, Bentsen, C.S King, D. Reeve, D. Weaver, Friedan, Gowdy, McGavin, Puckett, Rawls, Rukeyser, Spelling, Sterling, Winters

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Trivia test by Fifi Rodriguez

1. MOVIES: How many Elm Street movies have been made so far?
2. GEOGRAPHY: Where is Stonehenge located?
3. LANGUAGE: What is a rune?
4. FOOD & DRINK: Who invented the sandwich?
5. MEASUREMENT: How many dots are on a pair of dice?
6. U.S. PRESIDENTS: Who was the first president to have a son who also became president?
7. MUSIC: Which famous singer was born Anna Mae Bullock?
8. GENERAL KNOWLEDGE: Where did the Mohawk Indian tribe reside in the U.S.?
9. ANIMAL KINGDOM: About how long is the elephant's gestation period?
10. GEOMETRY: What is a torus?

Answers

1. Seven
2. Southern England, just north of Salisbury
3. A pictorial alphabet
4. John Montagu, fourth Earl of Sandwich, in 1765.
5. 42 dots
6. John Adams
7. Tina Turner
8. New York state
9. 22 months
10. A doughnut shape

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King Crossword — Answers

Solution time: 21 mins.

Magic maze — Answers

DIED IN THE FIRST HALF OF 2006

Salome's Stars

ARIES (March 21 to April 19) Someone from your past could arrive with welcome news concerning your future. Meanwhile, avoid taking sides in a workplace confrontation until you have more facts to go on.

TAURUS (April 20 to May 20) A decision about a relationship could have longer-lasting consequences than you might imagine, so be sure of your facts before you act. A trusted friend can help.

GEMINI (May 21 to June 20) A strained relationship could be restored with more personal contact between the two of you. Letting others act as your go-between only adds to the ongoing estrangement.

CANCER (June 21 to July 22) New facts could mean taking a new path toward a goal you've been hoping to reach. However, be sure all your questions are answered before you undertake to shift directions.

LEO (July 23 to August 22) This is a good week for all you fine Felines to turn your attention to some important considerations, such as your health, your job situation and the status of important relationships.

VIRGO (August 23 to September 22) Avoid making a quick decision about a matter that needs more study. Keep your mind open for possibilities, even if they don't seem plausible — at least not yet.

LIBRA (September 23 to October 22) You might welcome the emphasis on openness in relationships that mark this period. But it's a good idea to avoid sharing personal secrets with people you hardly know.

SCORPIO (October 23 to November 21) There are still some questions that need to be asked and answered before you can feel confident enough to make a potentially life-changing decision.

SAGITTARIUS (November 22 to December 21) Some lingering effects from a now largely resolved workplace confrontation could make things difficult for you. Act on this before it becomes serious.

CAPRICORN (December 22 to January 19) You feel you're finally in control of your own life after months of making compromises and concessions you never felt comfortable with. Congratulations.

AQUARIUS (January 20 to February 18) No sooner do you decide to pass on one job offer than another suddenly turns up. This one might not have everything you're looking for, but it's worth checking out.

PISCES (February 19 to March 20) Congratulations. With Jupiter's strong influence dominating this week, don't be surprised to get some good news about a troubling financial matter.

BORN THIS WEEK: You are usually kind and loving. But you can be highly critical of those who don't measure up to your high standards.

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Wishing Well®

2	4	6	5	3	6	2	8	5	8	6	4	7
F	S	G	E	A	I	O	L	N	I	V	T	L
2	4	8	4	3	5	2	5	3	7	4	8	2
R	A	F	R	S	E	G	R	U	I	S	E	I
5	2	3	8	5	2	8	5	8	5	6	5	4
G	V	N	I	Y	E	S	R	P	E	E	N	S
8	2	8	3	4	8	7	5	6	3	2	8	6
E	E	A	N	E	C	F	E	F	Y	N	E	R
5	4	8	6	4	3	4	7	4	6	5	3	7
W	E	F	E	M	O	B	E	R	E	E	U	I
4	5	2	8	4	6	8	4	3	2	4	6	4
I	D	E	U	G	L	L	H	T	M	T	Y	E
3	7	4	3	7	2	7	2	7	3	7	3	2
L	S	R	O	G	I	O	E	O	O	D	K	S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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OBITUARIES

Robert J. Hickey, 74

Retired Police Officer

ROBERT J. HICKEY

A funeral Mass for Robert J. Hickey, 74, of Quincy, a retired Quincy police officer, was celebrated Oct. 7 at St. John the Baptist Church, 44 School St.

Mr. Hickey died Oct. 4 at Brigham and Women's Hospital after a long illness.

He was a patrolman in the Quincy Police Department from 1963 to 1992, spending most of his career in the Quincy Square area and for many years at the Ross Parking Garage.

Mr. Hickey served in the Army during the Korean War.

Born in Quincy, he was a lifelong resident and graduated from Quincy High School. He earned a degree in criminal justice from New Hampshire College.

He is survived by his wife, Pearl G. (DiTocco) Hickey of Quincy; three sons, Robert J. Hickey Jr. and Stephen M. Hickey of Florida and Brian J. Hickey of Quincy; a daughter, Doreen M. Raftery of Walpole; and five grandchildren.

Burial was in Blue Hill Cemetery.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Memorial donations may be made to the National Kidkney Foundation, 85 Astor Ave., Suite 2, Norwood, MA 02062.

Mary A. Graves, 92

Dress Designer

A funeral Mass for Mary A. (Karlon) Graves, 92, of Quincy, formerly of Newton, will be celebrated Saturday at 11:30 a.m. in Saint Joseph's Church, 550 Washington St., Quincy Point.

Mrs. Graves died Oct. 7 at the Marina Bay Skilled Nursing & Rehabilitation Center in Quincy.

Born in Worcester, she was raised in Boston and attended Boston schools. She lived in Newton before moving to Quincy nine years ago.

Mrs. Graves was a dress designer and had worked in the Boston garment industry.

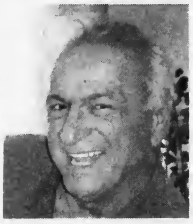
She is survived by her husband of 64 years, William J. Graves; three daughters, Diane O'Brien of Scituate, and Judith Baisley and Janice Hennigan, both of Worcester; and four grandchildren.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to the Old Colon Hospice, 1 Credit Union Way, Randolph, MA 02368.

John D. Pettinelli, 64

Superintendent Of Whitman Public Works



JOHN D. PETTINELLI

A funeral Mass for John D. Pettinelli, 64, of Middleboro, formerly of Quincy, a civil engineer and superintendent of Public Works for the Town of Whitman, was celebrated Wednesday at St. John's Church, Quincy Center.

Mr. Pettinelli died Oct. 6 at Beth Israel Deaconess Medical Center in Boston.

Born in Quincy, he was a longtime Quincy resident before moving to Middleboro two years ago.

He was a civil engineer and worked as the superintendent of public works for the Town of Whitman for many years.

He enjoyed softball, golf and football and was inducted into the North Quincy High School Football Hall of Fame.

Mr. Pettinelli coached girls softball for several years in the Whitman Youth Sports program.

He was a 1960 graduate of North Quincy High School and a graduate of the University of Massachusetts at Lowell.

He is survived by his wife, Margaret A. (Kane) Pettinelli of Middleboro; two sons, Michael Pettinelli of Northampton and Robert Pettinelli of Quincy; a stepson, Michael Liberty of Norwood; a stepdaughter, Maureen Stanton of Brookline; a stepson, Mark Liberty of Holliston; a brother, Damian Pettinelli of Weymouth; a sister, Patricia Caffrey of Millis; and a grandson.

He was also the father of the late Mark Pettinelli.

Funeral arrangements were made by the Keohane Funeral Home, 785 Hancock St., Wollaston.

Memorial donations may be made to Fr. Bill's Place, 38 Broad St., Quincy, MA 02169.

John F. Earle, 105

Retired Toolmaker

A funeral service for John F. Earle, 105, of Quincy, a retired toolmaker, was held Saturday at Mortimer N. Peck-Russell Peck Funeral Home, Braintree.

He died Oct. 3 at William B. Rice Eventide Home.

He worked with Prof. Walter S. Baird of Harvard University at Baird Associates in Cambridge. He was also employed by Electroswitch Co., in Weymouth, Brockton Tool Co. and Gamewell Fire Alarm Co. in Newton.

During World War II he worked at the Charlestown Navy Yard.

He was born in Brockton and resided in Whitman, Holbrook and Braintree before moving to Quincy 10 years ago.

He was a member of the Quincy YMCA and the Braintree Council on Aging. He was affiliated with the Christian Science Church.

He is survived by a sister, Helen Black of Wekefield; a nephew Eugene Earl Black of Bartlett, N.H., and many great-nieces, great-nephews, great-great nieces and nephews.

Burial was in Northville Cemetery, East Bridgewater.

Margaret H. Bergonzi, 87

Retired Bank Secretary

MARGARET BERGONZI

A funeral service for Margaret H. "Maggie" (Hyslop) Bergonzi, 87, of Quincy, a secretary for South Shore Bank in Quincy for many years, was held Saturday at Dennis Sweeney Funeral Home, 74 Elm St.

She died Oct. 3 at Colonial Nursing and Rehabilitation Center in Weymouth.

She served in the Coast Guard during World War II.

Born in Quincy, she was a life-long resident. She graduated from Quincy High School.

She enjoyed traveling.

Wife of the late August E. Bergonzi, she is survived by a son, Stephen L. Bergonzi of Marietta, Ga., a daughter, Marcia E. Befera of Halifax, a sister, Elizabeth Edwards of Winter Park, Fla., and four grandchildren.

Burial with military honors was in Blue Hill Cemetery, Braintree.

William D. Halloran, 95

Retired Postmaster

A memorial Mass for William Dennis "Red" Halloran, 95, of Chico, California, formerly of Quincy, a retired postmaster, was celebrated Tuesday at Our Divine Savior Church, Chico, California.

Mr. Halloran died Sept. 17 at home.

He was postmaster in Presque Isle, Maine, for 24 years. He previously worked at D.J. Halloran and Sons in Presque Isle for 18 years.

He was president of the Rotary Club, a communist of St. Mary's Church and chairman of the high school building committee in Presque Isle.

He was a Red Sox fan and enjoyed golf. He took yearly trips to St. Andrews, Canada, with his golf buddies.

Mr. Halloran attended College of the Holy Cross in Worcester and played football there for four years.

He graduated from Quincy High School.

Husband of the late Jean (Pipes) Halloran, he is survived by daughter, Kathryn Alice Halloran of Chico and three grandchildren.

He was the father of the late William Dennis Halloran II.

Ellen T. Ahern, 96

Legal Secretary

A funeral Mass for Ellen T. Ahern, 96, of Braintree, formerly of Quincy and Dorchester, a legal secretary, was celebrated Tuesday in Saint John the Baptist Church, 44 School St., Quincy Center.

Miss Ahern died Oct. 6 at the John Scott Nursing Center in Braintree after a long illness.

Born in Boston, she was raised and educated in the city. She lived in Dorchester and in Quincy for 28 years before moving to Braintree four years ago.

She was a graduate of the former Chevrus High School in Jamaica Plain.

Miss Ahern was a legal secretary for 51 years. She had worked at various Boston law firms including Morgan, Brown & Joy of Boston. She retired at the age of 69.

She was a longtime member of Saint John the Baptist Church in Quincy and was a member of the St. John's Ladies Sodality.

Daughter of the late Jeremiah J. and Ellen T. (Crowley) Ahern, she is survived by four cousins, William G. Crowley of Needham, Mary Ellen Clark of West Virginia, Philip J. Crowley of Virginia and Elizabeth A. Crowley of Rockland.

Burial was in Saint Joseph's Cemetery, West Roxbury.

Funeral arrangements were made by Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to a charity of choice.

DON McCARTHY
Managing Director

A THOUGHT FOR THE WEEK

Someone once said, "It takes a heap of living in a house to make it a home." All of us know what a house is; how sad it is that so many people do not know what a home is!

Home is where people love each other. Home is where we learn to overlook each other's faults and experience the joy of forgiving as well as being forgiven. Home is where children play, laugh, sign and cry and are comforted by someone who cares. Home is where children are taught by precept and example . . . where personalities are formed and sent into the world.

Home fosters many memories and also should provide the opportunity for meditation, or what someone has called therapy of solitude. Each of us need a quiet time for himself or herself.

Honesty begins at home. Respect for law and order begins at home. Love begins at home. A sense of duty begins at home. Respect for people of other colors and creeds begins at home. And religion has its first beginnings in the home.

Yes, indeed, – Home is far more than a residence; home involves the character of living that goes on inside the house. . .

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Edward L. Driscoll, Jr., 65

Supervisor

EDWARD L. DRISCOLL

A funeral service for Edward L. Driscoll, Jr., 65, of Quincy, a supervisor, will be held Friday at 10:30 a.m. in Forsyth Chapel in Forest Hills Cemetery, Boston.

Mr. Driscoll died Oct. 7 at the Weymouth Health Care Center in Weymouth.

Born in Boston, he grew up in Roxbury. He moved to Quincy many years ago.

Mr. Driscoll worked in a number of different areas. He owned and operated a dry cleaning business in Bay Village area of Boston. He also worked in security in different work areas.

He was employed as a supervisor at Teradyne for 10 years, retiring in 2000.

Mr. Driscoll served in the National Guard from 1960 to 1962.

He enjoyed reading and movies.

He is survived by two sisters, Mary Margaret Driscoll of Quincy and Euanna Agnes Driscoll of Quincy.

He was the son of the late Kathleen (Beaton) Driscoll and the late Edward L. Driscoll, Sr.; and the brother of the late Ann (Driscoll) Gordon and the late Frances Driscoll.

Burial will be in Forest Hills Cemetery.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Wollaston.

Douglas A. Watson, 89

Owner Watson Brothers Auto Services

A funeral service for Douglas A. Watson, 89, of North Quincy, owner and operator of Watson Brothers Auto Services, was held Oct. 6 at the Keohane Funeral Home, 785 Hancock St., Wollaston.

Mr. Watson died Oct. 3 at the Marina Bay Skilled Nursing and Rehabilitation Center, Quincy.

Born in Dundee, Scotland, he came to the United States at the age of 3. He attended Boston public schools.

He was an auto mechanic for 71 years.

He started his business, Watson Brothers Auto Services, in Dorchester in 1935. He owned and operated the auto service with his two sons for more than 70 years.

He became a United States citizen in 1942.

Mr. Watson enjoyed social dances which were held at the Quincy VFW Post and also at the Viking Club in Braintree. He attended his last dance four months ago.

He also enjoyed boating, fishing and flea markets.

He traveled and visited Scotland, France, Ireland, Florida and California.

He is survived by two sons, Richard Watson of Quincy and Michael Watson of Dorchester; a daughter, Linda Watson-Lund of North Quincy; and a dear friend, Virginia Galvin of Quincy.

He was the father of the late Betty Ann "Bunny" Watson and the late Douglas "Tiny" Watson; and brother of the late William Watson, the late George Watson and the late Harry Watson.

Funeral arrangements were made by the Keohane Funeral Home, Wollaston.

Memorial donations may be made to Beacon Hospice, 529 Main St., Charlestown, MA 02129.

Donna M. DeVincentis, 56

Chadwick's Employee

A funeral Mass for Donna M. (Burke) DeVincentis, 56, of Quincy, a Chadwick's employee, was celebrated Wednesday at St. Ann's church, 757 Hancock St.

She died Oct. 7 at Quincy Medical Center.

Mrs. DeVincentis worked at Chadwick's of Boston for more than 10 years.

She is survived by her husband, Nicholas E. DeVincentis; a son, Keith A. Salvatori of Quincy; two daughters, Kara M. Colburn of Woonsocket, R.I., and Angela F. Burke of Rockland; her mother and stepfather, Frances (DiRamio) and Lino Salvatori of Hingham; a brother, Thomas Burke III of Manchester, N.H.; two sisters, Linda Archibald of Halifax and Cheryl Deely of Hingham; and four grandchildren.

She was the daughter of the late Thomas Burke.

Burial was in Pine Hill Cemetery.

Funeral arrangements were by Bolea-Buonfiglio Funeral Home, 116 Franklin St.

Vision Deprived Learn New Skills

Seniors and others with limited vision meet twice a week Tuesdays and Fridays at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., to learn new skills from each other.

For more information, call the Council on Aging at 617-376-1506.

Paula Keith, 48

Harbor Express Employee

PAULA KEITH

A funeral Mass for Paula (Vecchiola) Keith, 48, of Quincy, an employee at the Harbor Express office in Quincy for more than five years, was celebrated Wednesday at 10 a.m. in Our Lady of Good Counsel Church of the Holy Trinity Parish, 227 Sea St., Quincy.

Mrs. Keith died suddenly Oct. 4 at home.

She is survived by her children, Annie Keith and James Keith, both of Quincy; four sisters, Ann Leonard of Mattapan, Barbara Walsh of Eastham, Joann Vecchiola of Vermont and Kathy Fahey of Weymouth; a brother, John Vecchiola of Bridgewater; and many nieces and nephews. She was the wife of Paul Keith of Quincy.

Mrs. Keith was also the sister of the late Aileen Vecchiola.

Funeral arrangements were made by the Deware Funeral Home, 576 Hancock St., Wollaston.

Memorial donations may be made to a charity of choice.

Dorothy Robertson, 93

Retired Ross Electric Owner

A graveside service for Dorothy (Thomas) Robertson, 93, of Bradenton, formerly of Quincy, a retired co-owner of Ross Electric Co., was held Saturday in Colonial Cemetery of Christ Episcopal Church.

She died Sept. 23 in Bradenton.

Mrs. Robertson owned Ross Electric Co. in Quincy with her husband until their retirement in 1976. Before her marriage, she was a secretary with Dodge Reports in Boston.

She was born in Quincy and graduated from Quincy High School and Burdett College in Boston. She retired to Florida in 1976.

Mrs. Robertson was a member of Christ Church, Quincy, and served in the Altar Guild and as parish historian. She was active in the Women's Guild and helped found the Mother's Club. She volunteered as a pink lady at Quincy City Hospital.

She was a talented knitter and an avid reader.

Wife of the late Earnest A. Robertson, she is survived by a son, William T. Robertson of Eustis, Fla.

Funeral arrangements were by National Cremation Society, Sarasota, Fla.

Joseph M. Erhardt, 46

Truck Driver

A memorial service for Joseph M. "Joey" Erhardt, 46, of Quincy, a truck driver for Veterans Affairs in Neponset for five years, was held Oct. 7 at Alfred D. Thomas Funeral Home, 326 Granite Ave., Milton.

He died suddenly Oct. 1 at home.

Mr. Erhardt previously worked for the Colbert Corp. and Bank Boston.

He served in the Massachusetts National Guard Reserve and was a Salvation Army volunteer.

Born in Boston, he was raised in Dorchester.

He is survived by his father, Maurice F. Erhardt of Whitman; five sisters, Kathryn M. Race of Whitman, Donna M. Manning, Janet A. Vaughn and Sharon E. Erhardt of Quincy and Ann Marie Kirk of Taunton; and several nieces and nephews.

He was the son of the late Catherine M. (Higgins) Erhardt.

Burial was private.

Donations may be made to the Old Colony Hospice, one Credit Union Way, Randolph, MA 02368.

Carole Baron, 76

Special Needs Teacher, Store Owner

A funeral service for Carole (Lowenthal) Baron, 76, of Quincy a retired special needs educator, was held Monday at Temple Beth El, 1001 Hancock St.

She died Oct. 3 at Brigham & Women's Hospital after a short illness.

Mrs. Barons worked for the Abington School system for 22 years and retired in 1992. She and her husband owned Carolann's Children's Shoppe in Hingham for 21 years.

She was a member of Temple Beth El in Quincy and a past president of the Hebrew School and the Hingham Downtown Association.

Born in Flushing, N.Y., Mrs. Baron lived in Forest Hills, N.Y., before moving to Quincy.

She is survived by her husband, Martin Baron; a son, Andrew Baron of Sacramento, Calif., and six grandchildren.

She was the mother of the late Robert Baron.

Funeral arrangements were made by Stanetsky Memorial Chapel, Canton.

Rev. Robert Flaherty, 89

Served In Carmelite Provincial Administration

A Mass of Christian Burial was celebrated for the Rev. Robert Flaherty, O. Carm., a Roman Catholic priest, Oct. 6 at the Holy Trinity Parish at Our Lady of Good Counsel Church, 237 Sea St., Quincy.

The Rev. Flaherty died Sept. 28. He was 89.

Born in Quincy on Aug. 22, 1917, he professed his vows with the Carmelites on Aug. 15, 1943. He was ordained to the priesthood on June 7, 1947.

Rev. Flaherty's priestly life involved vocation and formation ministries. He served in the Carmelite Provincial Administration and in parishes.

He served as pastor of parishes in New Baltimore and Pittsburgh, Penn. He later taught CCD at St. Isaac Jogues Parish in Hinden, Ill. before retiring to the Carmelite Carefree Village in Darien, Ill.

The son of the late Patrick and Ellen (Walsh) Flaherty, he is survived by a sister, Dorothy (Edwin) Ehlers; four nieces and nephews; and five great nieces and great nieces. He was the twin brother of the late John Francis Flaherty.

Burial was in Pine Hill Cemetery.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Rita M. Buckner, 86

Retired Telephone Operator, Homemaker

A funeral Mass for Rita M. (Crotty) Buckner, 86, of Debary, Florida, formerly of Braintree and Quincy, a retired telephone operator and homemaker, was celebrated Oct. 6 at Saint John the Baptist Church, 44 School Street.

She died Oct. 2 at home.

Mrs. Buckner was a homemaker who worked previously for several years as a telephone operator. She briefly worked for the New England Telephone Company and then for General Dynamics at the former Fore River Shipyard.

Born in Quincy, she was raised there and educated in Quincy schools. She was a graduate of Quincy High School, Class of 1937. She lived in Debary Florida for a year, and previously in South Daytona for 25 year. She lived in Braintree for 23 years, and Quincy prior to that.

She is survived by her husband of 61 years Travis C. Buckner, of Debany Florida; her two daughters, Denise A. Pasquale of Debany, Florida, and Deborah M. Melchin of Port Orange, Florida. She is also survived by five grandchildren and one great granddaughter.

Burial was in Mount Wollaston Cemetery.

Donations may be made to the Arthritis Foundation, MA Chapter, Chatham Center, Suite 450, 29 Crafts Street, Newton, MA 02458-1287.

Vets Adviser At COA Office

John D. Miller of Home Care Partners, will be at the Council on Aging office, 83 Saratoga St., each Wednesday to advise veterans or their surviving spouses of their in-home care benefits.

To schedule an appointment, call the Council on Aging at 617-376-1506.

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RELIGION

Awakening Spirit Yoga At First Church Of Squantum

The children of Awakening Spirit Yoga at The First Congregational Church of Squantum recently conducted a yoga museum.

As part of the living museum, the children pretended to be statues, staying perfectly still, while holding a unique yoga pose. Students also demonstrated yoga asanas (postures) they have learned throughout the year, ending with a brief meditation and honoring of teacher and parents.

Students in the class also displayed their artwork that represented what they learned about yoga. In addition to the children learning physical yoga and meditation, students were taught about Karma Yoga – a yoga of selflessness and love. Through the Christian Children's Fund, students and teacher now sponsor a two-and-a-half year-old Eastern Ugandan child, Richard Ekwelu.

The children earned money by doing chores at home, or by donating some of their savings. One student earned money by helping her mom teach Irish Step, while other students had a lemonade stand.

Students wrote letters and drew pictures to send to Richard and his family.

Money the children donated bought gifts that were sent for Richard's upcoming birthday in October.

Yoga helps children and adults to transform the body, mind and spirit. It also increases muscle strength and flexibility while invigorating the immune, cardiovascular and respiratory systems.

The style of yoga that is taught by Donna Chaput, R.Y.T., C.Y.T. is Kayli Ray Tri Yoga flows – a complete hatha yoga method. The art and science of Tri Yoga is economy of motion, wave-like spinal movement and meditation in motion.

Awakening Spirit Yoga has adult yoga classes as well as kids yoga.

For more information on classes, call (617) 875-7379.

Halloween Carnival Oct. 27 At Salvation Army

The Salvation Army, 6 Baxter St., Quincy, will host a Halloween Carnival Friday, Oct. 27 from 6 to 7:30 p.m.

Admission is free.

The event will feature pinatas, costume parade, games and candy treats.

Bethany Congregational

Bethany Congregational Church, 18 Spear St., Quincy Center, will have Sunday worship and church school at 10 a.m.

The Rev. Gary W. Smothers will conduct the service and preach a sermon from Mark entitled "A Faith that Would Not Be Denied."

Childcare will be available for infants and toddlers.

Following the worship service, there will be a fellowship time in the Allen Parlor. Light refreshments will be served.

Klezzmer Music At Temple B'Nai Shalom Nov. 5

The Quincy Jewish Committee South Suburban Hadassah will present a day of Klezzmer music Sunday, Nov. 5 from 1:30-4 p.m. at the Temple B'Nai Shalom, 41 Storrs Ave., Braintree.

Music will be provided by the Di Bostoner Klezmer Band.

Deadline for checks is Oct. 28. Cost is $18 for adults and $5 for children 12 years and under. Include address and phone number on checks.

Checks may be sent to Quincy Jewish Committee, P.O. box 02269, Quincy, MA, 02169.

For more information call 617-984-0502.

Quincy Community United Methodist

Sunday worship and Sunday school begins at 10:30 a.m. Sunday at Quincy Community United Methodist Church, 40 Beale St., Wollaston.

The Rev. Dr. Susan F. Jarek-Glidden will conduct the service.

Lector is Jeanne O'Connor. Ushers are Wayne and Peg McCulley.

After the service, a coffee hour will be hosted by Nancy Ahonen, Ann Pierce and Liz Bucella.

The annual Harvest Dinner will be held Saturday, Oct. 14 at 6 p.m. Cost is $10 per person. There will be an auction after the dinner for baked goods made by the men of the congregation.

Family movie night on Saturday, Oct. 21 at 6 p.m. will feature the film *Nancy McPhee*.

The Harry Potter celebration with the Hogwart's party will be held Saturday, Oct. 28.

For more information regarding any of these events, call 617-773-3319.

Vets Adviser At COA Office

John D. Miller of Home Care Partners, will be at the Council on Aging office, 83 Saratoga St., each Wednesday to advise veterans or their surviving spouses of their in-home care benefits.

To schedule an appointment, call the Council on Aging at 617-376-1506.

Free Financial Advice At COA

Mark Bossey of the Boston South Financial Group will be at the Council on Aging office, 83 Saratoga St., Quincy, on the fourth Friday of every month to offer free financial advice to seniors.

Call 617-376-1506 for an appointment.

Quincy Religion Directory

SERVICES & ACTIVITIES

Assemblies of God

Glad Tidings
158 Washington St., Quincy
phone: 773-9797
Rev. Gregory E. Wheaton, Pastor
Sunday Worship 8:30, 11 a.m., Christian Ed. 10 a.m.; Senior Hi Youth 7 p.m., Wed. 7 p.m. Berean Bible Study, Royal Ranger Missionettes, Friday Junior Hi Youth 7 pm
•Youth & Children's Ministry
•Contemporary Worship
•Marriage & Family Group
•International Fellowship
•DivorceCare

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 7, 9:30 & 11:30am, Weekdays 9am
Handicapped Accessible
New Members Welcome!

Unitarian

UNITED FIRST PARISH, Quincy
1306 Hancock St., across from Quincy Center T
Worship Service & Church School
SUNDAYS, 10:30 a.m.
Rev. Sheldon W. Bennett, Minister
• A Welcoming Congregation •
617-773-1290 • www.ufpc.org

Congregational

First Church of Squantum
164 Bellevue Street
617-328-6649
Pastor: Michael S. Robertson
10 a.m. Sunday Worship
All Are Welcome

To Advertise in this Directory, Call 617-471-3100

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4pm (Sat.) 7:45am, 9am (Family Liturgy)
10:30am (with Choir) and 5pm
12 noon at Star of Sea Church
Weekday Masses
Mon.-Fri 7am and 9am, Sat. 9am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m., 10:30 a.m. & 5 p.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

ST. JOHN THE BAPTIST
44 School St., Quincy
617-773-1021
Weekend Mass Schedule
Saturday (Vigil Mass) 4 p.m.
Sunday 7:30 a.m., 9 a.m. and 11 a.m. (Family Liturgy)
Weekday Masses
Monday - Saturday 8 a.m.
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
• 617-479-5400
Pastor: Rev. John J. Ronaghan
Weekend Mass Schedule:
Saturday 4:00 PM
Sunday 7:00, 9:00, 11:30AM
Daily Masses: 9:00 AM
Handicapped Chairlift Available

Congregational

HOUGHS NECK CONGREGATIONAL CHURCH
310 Manet Ave., Quincy
www.hncong.org
Sunday, Oct. 15
Worship Service
9:30 am
Sunday School 9:30 AM
Guest Preacher
Rev. John Castricum
617-479-8778

BETHANY CONGREGATIONAL CHURCH
Corner of Spear & Coddington Sts., Quincy Center • 617-479-7300
10 AM Sunday Worship, Church School
'A Faith That Would Not Be Denied'
Childcare Available for Infants, Toddlers
Fellowship Follows Service in Allen Parlor

QUINCY POINT CONGREGATIONAL CHURCH
444 Washington St. • 617-773-6424
Worship and Church School 10 am
Rev. Ann Suzedell, Pastor
visit us at www.QPCC.org

UNION CHURCH
Beach St. & Rawson Rd., Wollaston
Sunday Service 10 AM
617-479-6661
Good Bible Preaching & Traditional Worship
Rev. John Carl Swanson, Pastor
PEACE

Congregational

WOLLASTON CONGREGATIONAL CHURCH
48 Winthrop Ave. - 617-773-7432
Pastor: Rev. Mary Lou Gifford
Sunday Worship Oct. 15
'A Call and Empowerment to Justice'
Preacher: Richard Bartlett
(Field Educ. student)
Scripture: AMOS 5: 6 & 7; 10-15
Responsive Reading: MARK 10: 17-31
Rev. Mary Louise Gifford

Covenant

COVENANT CONGREGATIONAL CHURCH
Corner of Whitwell & Granite St.
Sunday Worship 10:00 AM
Rev. Karen Palmatier, Pastor
9 a.m. – Christian Education for all ages
Child Care Available - All Are Welcome
Children's Pantry
Wed., Thur. 9:30 am - 12 noon
617-479-5728

Nazarene

Wollaston Church of the Nazarene
37 E. Elm Ave., Wollaston
(617) 472-5669
On The Campus Of
Eastern Nazarene College
Pastor: Rev. Fred. Fullerton
Sunday Services
8:30 am - Holy Communion
9:45 am - Adult & Children's Sunday School
11 a.m. - Blended Worship Service
Come Worship with Us!

Episcopal

St. Chrysostom's Episcopal Church
Corner of Hancock & Linden Sts., Quincy
(617) 472-0737 • www.stchrysostom.com
Rev. David Hefling
Sunday School 9 a.m.
Adult Forum 9:15 a.m.
Holy Eucharist Rite 10 a.m.
Nursery Care During Service
Coffee Hour Following
ALL WELCOME
THRIFT SHOP HRS - W, TH, FR. 10am-4pm

Evangelical

EVANGELICAL CHURCH OF ATLANTIC
65 Newbury Ave. North Quincy
(617) 847-4444
Pastor Bill Donahue
Sunday Morning Worship 10:10 AM
Childcare Available

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Dr. Susan Jarek-Glidden, Pastor

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45 SUNDAY SCHOOL
11AM WORSHIP SERVICE
BRASS BAND MUSIC
7PM TUES WOMEN'S FELLOWSHIP
7:15PM WED. BIBLE STUDY

Spiritualist

First Spiritualist Church of Quincy
40 West St., Quincy, MA 02169
(617) 770-2246
Services: Sunday 11 a.m. to 12:30 PM
Coffee and Conversation following service.
(Services 8 PM Wednesdays June, July, August)
Pastor Rev. Rita S. Berkowitz, C.H.,C.M.

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2400AD
In the Estate of
JAMES M. COCHRANE
Late of QUINCY
In the County of NORFOLK
Date of Death
September 10, 2006
NOTICE OF PETITION FOR APPOINTMENT OF ADMINISTRATOR

To all persons interested in the above captioned estate, a petition has been presented praying that MARIA A. COCHRANE of QUINCY in the County of NORFOLK or some other suitable person be appointed administrator of said estate to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **NOVEMBER 8, 2006**.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, October 2, 2006.

PATRICK W. McDERMOTT
Register of Probate

10/12/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2343EP
In the Estate of
KATHERINE B. SULLIVAN
Late of QUINCY
In the County of NORFOLK
Date of Death
September 6, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that KRISTINE BIRMINGHAM of ASHBURN in the State of VIRGINIA or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **NOVEMBER 1, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, September 22, 2006.

PATRICK W. McDERMOTT
Register of Probate

10/12/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2342EP
In the Estate of
AGLA CARULLO
Late of QUINCY
In the County of NORFOLK
Date of Death
August 26, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that KATHRYN L. PASQUALE of QUINCY in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **NOVEMBER 1, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, September 22, 2006.

PATRICK W. McDERMOTT
Register of Probate

10/12/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2404EP
In the Estate of
OLIVE M. YOUNG
Late of QUINCY
In the County of NORFOLK
Date of Death
August 13, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that DOUGLAS A. RANDALL of N. QUINCY in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **NOVEMBER 8, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, October 2, 2006.

PATRICK W. McDERMOTT
Register of Probate

10/12/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2273EP
In the Estate of
JOHN P. YEGHIGIAN
Late of QUINCY
In the County of NORFOLK
Date of Death
August 14, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that IRENE M. RICHARD of RANDOLPH in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **OCTOBER 25, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, September 14, 2006.

PATRICK W. McDERMOTT
Register of Probate

10/12/06

LEGAL NOTICE

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2006-257
ORDERED: October 3, 2006

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.20 Stopping, Standing and Parking.
Section 10.20.040 Parking - Prohibited and Restricted where.

DELETE THE FOLLOWING

Street	Side	From	To	Type of Regulation
South Central Avenue	East	Opposite #7 South Central Ave.		Handicapped Parking

A TRUE COPY.
ATTEST: Joseph P. Shea
CLERK OF COUNCIL

10/12/06

PUBLIC NOTICE

CITY OF QUINCY, MASSACHUSETTS
Department of Public Works
William J. Phelan
Mayor
Stephen T. O'Donnell
Commissioner
George Clark
Acting City Engineer

PUBLIC NOTICE

WORKSHOP: Flood Hazard Mitigation/National Flood Insurance Program
DATE/TIME: Wednesday, October 25, 2006 at 7:00 p.m.
LOCATION: Thomas Crane Library
Meeting Room
40 Washington Street
Quincy, MA 02169 (Quincy Center)
PURPOSE: To introduce the Flood Insurance Program to Quincy Residents
PARTICIPANTS: Massachusetts Department of Conservation and Recreation
City of Quincy Department of Public Works
City of Quincy Department of Planning and Urban Development
REGISTRATION: Please register by telephone 617-376-1950, Quincy Public Works, Engineering Division. The workshop will be limited to the first fifty (50) registrants and will be on a first come first service basis.

10/12/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-083

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, OCTOBER 24, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of JOHN HARRIS for a SPECIAL PERMIT and a FINDING to change the use of an existing non-cohnforming structure from two-family to three-family residential. Petitioner is proposing to convert existing space within the building in violation of 17.24.020 (nonconforming buildings).

The parcel of land is shown as Lot 14 on Assessors' plan no. 3034.

John Garland, Chairman

10/5, 10/12/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-080

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, OCTOBER 24, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of DUY ANH NGUYEN for a VARIANCE to legalize an existing 10.2' x 12' deck in violation of Title 17 as amended Chapter 17.20.010 (building conformance) on the premises numbered 11 FOREST AVENUE, QUINCY.

Stephen P. DesRoche, Chairman

10/5, 10/12/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-081

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, OCTOBER 24, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of CHRIS SOLIMINI for a FINDING to alter the existing office space and convert it to a one bedroom apartment in violation of Title 17 as amended Chapter 14.24.020.B (extensions alterations) on the premises numbered 291 WATER STREET, QUINCY.

Stephen P. DesRoche, Chairman

10/5, 10/12/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-082

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, OCTOBER 24, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of HAROLD J. MCDERMOTT, JR. for a SPECIAL PERMIT/VARIANCE/FINDING to demolish the existing structure and construct a new automobile repair facility and tunnel car wash in violation of Title 17 as amended Chapter 17.16.6.c (auto repair), Chapter 17.04.180 (special permit), Chapter 17.20.040 (dimensional requirements), Chapter 17.24.090 (auto service stations), Chapter 17.24 (finding), and Chapter 17.28 (parking) on the premises numbered 635 WASHINGTON STREET, QUINCY.

Stephen P. DesRoche, Chairman

10/5, 10/12/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-084

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, OCTOBER 24, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169. On the application of JOY BECKWITH for a VARIANCE to pave more than 30% of the front setback to provide parking for the proposed duplex in violation of Title 17 as amended Chapter 17.28.030 (parking) and Chapter 17.36 (earth removal) on the premises numbered 20 MALVESTI WAY, QUINCY.

Stephen P. DesRoche, Chairman

10/5, 10/12/06

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American Heart Association

Classifieds

SERVICES

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MISC.

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ART ANTIQUES WANTED! Paul Royka, nationally known expert, author, TV appraiser accepting fine art antiques consignments. 978-582-8207, www.ROYKAS.com

ANTIQUES WANTED - Single items or complete estates - artworks, furniture, ceramics, tools, orientalia, silver, advertising, Native American, folk art, sculptures, jewelry, stamps, coins. Top $$ paid. 888-260-8050 or 207-549-4652

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MISCELLANEOUS
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MORTGAGES
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MISCELLANEOUS

LEGAL NOTICE
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 05P2312EP
Notice of Fiduciary's Account

To the persons interested in the estate of Ann M. Hanssen late of Quincy, in the county of Norfolk.

You are hereby notified pursuant to Mass. R. Civ. P. Rule 72 that the 1st and final account(s) of Theresa O'Brien as executrix (the fiduciary) of said estate has been presented to this Court for allowance.

If you desire to preserve your right to file an objection to said account(s), you or your attorney must file a written appearance in said Court at Canton on or before the **6th day of November, 2006** the return day of this citation. You may upon written request by registered or certified mail to the fiduciary, or to the attorney of the fiduciary, obtain without cost a copy of said account(s). If you desire to object to any item of said account(s), you must, in addition to filing a written appearance as aforesaid, file within thirty days after said return day or within such other time as the Court upon motion may order a written statement of each such item together with the grounds for each objection thereto, a copy to be served upon the fiduciary pursuant to Mass. R. Civ. P. Rule 5.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, FIRST JUSTICE of said Court at CANTON this 27th day of September, 2006.

PATRICK W. McDERMOTT
Register of Probate
10/12/06

LEGAL NOTICE
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2303EP
In the Estate of
RONALD A. HIDALGO
Late of QUINCY
In the County of NORFOLK
Date of Death
June 27, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that JOSEPHINE M. HIDALGO of QUINCY in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **OCTOBER 25, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, September 15, 2006.

PATRICK W. McDERMOTT
Register of Probate
10/12/06

HELP WANTED

SECURITY
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Brockton, MA 02301
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Securitas Office
1150 Hancock St.
4th Floor
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- ❑ Services
- ❑ For Sale
- ❑ Autos
- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
- ❑ Real Estate
- ❑ Antiques
- ❑ Flea Markets
- ❑ Yard Sales
- ❑ Instruction
- ❑ Day Care
- ❑ Personal
- ❑ Miscellaneous

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CITY OF QUINCY, MASSACHUSETTS
Department of Public Works

William J. Phelan,
Mayor

City of Quincy
DPW

NEIGHBORHOODS FIRST!

FALL CURBSIDE YARDWASTE BEGINS OCTOBER 16

Weekly collection resumes on October 16 and continues through December 1.

After December 1, residents may drop off yardwaste at the DPW Yard 55 SEA St. through mid-December. BFI will not pick up yardwaste curbside after December 1. Don't forget holiday weeks are on a one-day delayed schedule.

Cut branches into 3-ft. lengths, bundle and tie. Leaves, grass and tiny twigs can go in brown paper yardwaste bags, open boxes or open barrels (no lids). Larger brush and tree limbs may be dropped off at the City's Public Works Recycling Center at 55 Sea Street, Monday- Friday 7am-3pm and Saturdays 9am-noon.

DROP OFF AT DPW OPEN Monday-Friday (7AM-3PM) & Saturday (9AM-Noon)

Please remember that no yardwaste in plastic bags will be collected.

TRASH PICKUP INFORMATION

TRASH PICKUP- For curbside collection of appliances, air conditioners, TVs and computer monitors please call BFI at 617-471-7900 or fax them at 617-471-8313.
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DPW Yard Attendant	617-376-1928 (Drop-off of yard waste/recycling)

****WINTER PARKING NOV. 2006 - APRIL 2007 EVEN SIDE OF STREET****

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Quincy Center Harvest Festival Saturday
Page 13

The Quincy Sun

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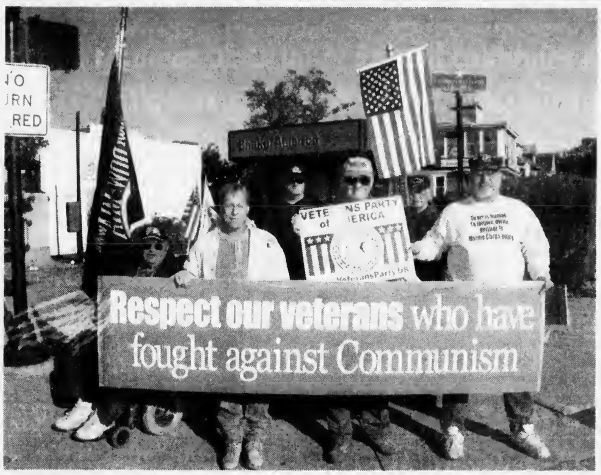
VOL. 39 No. 5 | Thursday, October 19, 2006 | 40¢



VETERANS turned out en masse to protest what they viewed as the Communist Chinese flag flying in Wollaston. Left to right, Paul Hoadley of Quincy (in wheelchair), VFW Post 613; George Bouchard of Quincy, VFW Post 613; Bob Maguire of Quincy, formerly 101st Airborne Division; Richard Hagert of Scituate, state chairman of the Veterans Party; Frank Rogers of Quincy, Navy veteran; and David Lee Lawson of Quincy, Vietnam Combined Veterans and VFW Post 613. Other photos on Page 25. *Quincy Sun Photo/Robert Noble*

Weekend Demonstrations Protest 'Red' Chinese Flag

By TOM HENSHAW

Some 60 demonstrators, many of them veterans of the Korean and Vietnam wars, turned out over the weekend to peacefully protest the display of what they viewed as the Chinese Communist flag over a Wollaston office building.

They walked, chanted and held signs while motorists honked their approval of the protest, directed at the newly opened offices of the Chinese United Association, which views the red flag with yellow stars as a cultural symbol.

"There were a lot of non-veterans, too," said Stephen Dunlea, commander of the Morrisette American Legion Post. "There were people with sons in Iraq and fathers in other wars. There were even some Chinese who escaped from the communists."

Like Kevin Peng and his wife, who came all the way from Manchester, N.H., just to hold their four-by-six bilingual sign, the English half of which read, "China's New Era Begins When Communist Party Ends."

No one from the Chinese United Association was available for comment.

The Chinese flag flew alongside the American flag twice over the building at the corner of Hancock and Beale Streets, once in late September for the opening of the CUA office and again on Oct. 1, which was described as the Chinese Independence Day.

It was particularly galling since Oct. 1 in 1949 was the day Mao Tzedong proclaimed the People's Republic of China and the Nationalist Chinese and their red, white and blue with white sunburst flag was banished to Taiwan.

Both the Chinese and American flags were removed after the protests started.

Members of the City Council who have met with the CUA say they have been assured that the association will not fly the flag again until they have conferred with neighbors but such a meeting has failed to materialize.

Dunlea said the offices of the Chinese United Association appeared to be closed during the demonstration, which lasted from 9 a.m. to 5 p.m. Saturday and continued on Sunday.

"If there was anyone in there they didn't make themselves obvious," he said.

Police weren't very obvious either. There was no detail to watch for untoward incidents. Every now and then a police car rolled by, apparently on routine patrol. There were no incidents.

There are no immediate plans for future demonstrations.

"Hopefully, we won't have to go again," said Dunlea. "But we will if we have to."

Ordinance Would Protect Neighborhoods

Permit Parking Proposed For Some Streets

By MIKAELA SLANEY

Neighborhoods surrounding commercial and other non-residential areas may soon be protected from additional vehicles under a residential parking program introduced at Monday night's City Council meeting.

Ward 3 Councillor Kevin Coughlin said that several residents in his ward approached him looking for relief from the inconvenience of vehicles parked in front of properties that surround the Quincy Medical Center (QMC) area.

Coughlin submitted an ordinance, designed three years ago, which will allow distinction between residential vehicles and other vehicles through visible permits. Those vehicles without residential or visitor parking permits would be found in violation, he said. The fee to obtain a residential parking sticker would be $10 annually, under Coughlin's proposal.

The parking restrictions would be void on legal holidays, Sundays from 6 a.m. to 2 p.m., Saturdays, religious holidays, on streets bordering religious institutions during worship, or bordering a school or other building during a community function.

The parking program will only affect selected streets, he said. For a street to be selected, a neighborhood must submit a petition including the signatures of at least 50 percent of residents living in that neighborhood who think it's necessary.

Coughlin said that it was not designed to be a city-wide program.

"There are clearly neighborhoods throughout the city that don't need this type of attention, on the other hand for those that do, I think we need some sort of tool in the tool box that we don't have right now," he said. "Hopefully it will provide some benefit and relief to those who need it."

City Council President Douglas Gutro spoke favorably for the program. "I hope it gets actualized," he said.

The program is set to be reviewed further by the Ordinance Committee of the City Council.

Phelan Names Kenneth Burke

First Neighborhood Code Enforcement Officer

Mayor William Phelan has named Kenneth Burke as the City's first Neighborhood Code Enforcement Officer.

Burke is an 18-year veteran of the City's Parking Control Division where he has served as a Parking Control Officer.

"Mr. Burke brings the right combination of code enforcement experience and people skills to this position," said Phelan. "As a brand new position, this job will be a challenge to anyone and I think that Kenny Burke is up to that challenge. I look forward to supporting him as we continue to work to improve Quincy's neighborhoods."

Burke will work in the Inspectional Services Department. He is expected to begin in the new position next week.

The Neighborhood Code Enforcement Position was a main component of Phelan's "Neighborhoods First!" initiative. City Councilors Jay Davis and John Keenan also issued a City Council resolution in support of the city creating the new position. The City Council approved Mayor Phelan's appropriation for the new position in the Fiscal Year 2007 budget.

The position will be responsible for enforcing many of the quality of life ordinances that affect the neighborhoods, dealing with issues such as unkempt properties, excessive paving, illegal rooming houses, illegal trash disposal, dumpster violations, nuisance properties, and more.

"This issue was a top priority of the Neighborhoods

(Cont'd On Page 25)

■ 'Best Kept Secret' To Mark 35 Years - *Page 2* ■ 'Taste Quincy Restaurant Week' - *Pages 8 & 9*

Bay State Community Services

'Best Kept Secret' To Mark 35th Year

By TOM HENSHAW

It began 35 years ago in a cubby hole next to the Bargain Center when a Quincy pediatrician and his friends sought to bring aid and comfort to the often neglected men and women who suffered from drug and alcohol abuse.

They called it Survival, Inc., and when Dr. Charles Djerf broached the subject of drugs, people recoiled for this was the suburbs and things like that happened only in the big city and a downtown office was no place to treat its addicts.

But Survival, Inc., not only survived the less than enthusiastic reception, it prospered.

DR. CHARLES DJERF

KEN TARABELLI

A week from today, Thursday, Oct. 26, the lineal descendant of Survival, Inc., known as Bay State Community Services, Inc., with 250 employees dealing in substance abuse, domestic abuse, mental health and more, will honor those who helped make it what it is.

And what it is, they say, is the best kept secret in town.

The Evening of Appreciation will begin at 6 p.m., dinner at 7 p.m., at the Neighborhood Club, 27 Glendale Rd. Tickets are $75 per person or $700 for a table of 10.

Among the honorees will be the late Dr. William "Bill" Tilden for whom Granite House, a residential treatment center for adolescents with mental health issues, will be renamed for Dr. Tilden, who was its director from 1999 to 2004.

Others to be cited include Thomas Williams, Henry Levin, Salvatore Puccia, Colleen Maimaron and Quincy Medical Center, which is remembered particularly for taking Bay State Community Services under its wing when it was threatened with bankruptcy.

The gala will also serve as an independence celebration of sorts as the organization cuts its final ties with Quincy Medical Center and establishes of a new and independent board of directors, which has been in place since February.

Board members include Ken Tarabelli, president; Marta Reese, treasurer; Thomas Williams, secretary; David Keefe, chair; Robert King, vice chair Richard DeCristofaro; James D. Asher; Simon Chan; William Kelley; Janet Powell; Carl Soderstrom; Ralph Yohe.

"The agency has been a huge success," said Tarabelli, who has been its executive director since 1975, the longest continuously serving leader of a human service agency in Massachusetts.

"We're growing all the time. The community is looking for outreach. They're looking for us to go out to them in their homes. We have always done that."

Survival, Inc., began in a sea of controversy.

"For one thing, it opened a resident treatment center in downtown Quincy," said Tarabelli. "That wasn't done in the early '70s. For another, it hosted a methadone center. Those are still controversial."

Tarabelli joined the group late in 1975 when Survival, Inc., operated on a slim $200,000 budget. It's $14 million today, funded in part by grants from the state Departments of Social Services, Public Health and Mental Health and the Norfolk County Sheriff's office.

"My background was in general social services," he said. "These personal problems all go together. They cut across department lines. We added a lot of child abuse and other services. We reached out to more."

Survival, Inc., became Bay State Community Services in 1991 when it merged with the South Shore Council on Alcoholism of Quincy and four other community-based agencies that delivered services to cities and towns in southeastern Massachusetts.

They included the Mayflower Mental Health Association of Plymouth, the Center for Community Counseling and Education of Walpole and Billing Home Services of Norwood.

Now, Bay State Services has facilities in 10 cities and towns from Lowell in the north to Walpole in the south with its main office at 13 Temple St. and most of its programs based in Quincy.

Substance abuse is still a major function but it also operates a teen emergency shelter in Weymouth, a domestic abuse program in Dedham, a family outpatient clinic in Norwood and a driver alcohol education program in Franklin.

Impact Quincy, with its Office of Juvenile Justice Delinquency Prevention and Substance Abuse Coalition to Prevent Underage Drinking is part of Bay State Services, as is Project Safe, dealing with domestic abuse and general violence.

And so is the Blue Hills Tobacco-Free Community Mobilization Network.

"All the problems are pretty much the same," said Ken Tarabelli.

Sleepless Nights Discussion Topic

Dr. Gabrielle Freedman will discuss the problems seniors might have in getting a good night's sleep Tuesday, Oct. 24, at 10 a.m. at the Fenno House, 540 Hancock St., Wollaston.

To register, call the Council on Aging at 617-376-1506.

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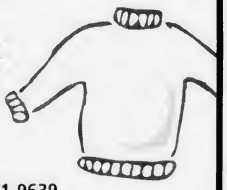

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BOARD OF GOVERNORS

Seeks Nominations for Board Members

The Appointing Council Shall Meet To Consider Qualified Applicants For Appointments To The Board.

Nominees are to be considered for appointment to fill vacancies.

Board members are advocates for the institution, and have certain governance and oversight responsibilities for the College as specified in the enabling legislation. Members are expected to attend regular meetings, ordinarily scheduled in the evening, and to participate fully as a member of specific subcommittees, usually meeting several times a month during the day. Additionally, members are participants in Commencement, College Ceremonies, and demonstrate in actions and word a commitment to the mission and purpose of the College. Members must submit an annual financial disclosure form to the City Clerk.

Interested individuals must submit a letter of interest and resume, to the Appointing Council, to be received on or before November 3, 2006. The Appointing Council shall meet to consider qualified candidates, and will provide an optional opportunity for interested parties to address the Appointing Council. The Council welcomes diversity in applicants and encourages anyone who believes he or she might contribute positively to the continued success of the institution to respond.

Letter of interest and resume to:

Quincy College Board
Appointing Council
c/o Donna Brugman
Assistant to the President
Quincy College
34 Coddington Street
Quincy, MA 02169

Or email (Word format only) to:
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Davis Tables Raymondi Resolve

Council Vote On Question 1 Blocked

By MIKAELA SLANEY

A packed crowd, including package store owners, trickled out of the council chambers Monday night, when a resolution for the City Council to oppose ballot Question 1 was killed before it was introduced.

Ward 4 Councillor Jay Davis objected to the resolution proposed by Ward 2 Councillor Daniel Raymondi that sought to put the council on record in opposition to allowing food stores to sell wine.

Davis' action automatically tabled the matter without discussion and in effect also killed it.

The next council meeting won't be held until after the Nov. 7 election.

Davis said he had insufficient time to research the resolution and make a decision.

Raymondi's resolution claimed that the law would also include convenience stores, drug stores and some gas stations that sold food.

According to Raymondi's resolution, if Question 1 is approved, it would increase drunk driving and underaged drinking. The resolution asked residents for their support in opposing Question 1.

The resolution asked residents to support the resolution. Several package store owners attended the meeting.

Davis later told *The Sun* that he objected to the matter because he felt unprepared to vote in either direction. He said that he had been unable to review the resolution due to a family emergency which caused him to be out of town for the weekend.

"I didn't have sufficient time to research the resolution that I felt comfortable that I could debate the matter," he said.

Raymondi's resolution said that voting "yes" on Question 1 would increase the number of liquor licenses in the state by almost 3,000, nearly double the current amount. The increase for Quincy was estimated at 71 percent.

The resolution claims that although voting "yes" would promote convenience, supermarkets would not have the incentive to police underage drinking with wine accounting for only a small percentage of their products.

It also said that Question 1 would "jeopardize the economic vitality and safety of communities in Quincy as neighborhood businesses are replaced by national megastores."

At a press conference Tuesday, Mayor William Phelan said that he was not going to take a position on Question 1.

"The voters are intelligent enough to make up their own minds," he said. "I haven't given it enough study. I'll look into it. Maybe I'll talk about it next week."

Peter Kessel, vice president of Massachusetts Package Store Association, attended Monday's City Council meeting, and later told *The Sun* that the opinions of the Quincy package stores were "prevented from being voiced."

He said that he represented package store owners in opposing Question 1.

In a letter to *The Sun*, he said:

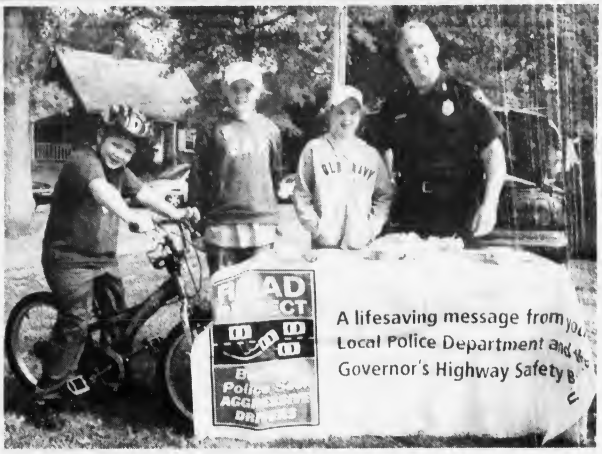
"Over 10 local package store owners waited almost three hours to make a unified presentation, but were denied the opportunity to do so by the single "objection" of Davis, which ceased any further discussion of the motion at that particular meeting. This opportunity is lost forever to these storeowners, as there is no other time available prior to the November election.

"Question 1 in the upcoming election seemingly puts large grocers against small package store owners, which is not the case.

"Question 1 is a hastily prepared piece of legislation which is aimed at bypassing the state legislature under the disguise of "convenience." The initiative allows 18 year olds who are not of age to purchase alcohol, to vote on its increased availability at many of these mini-mart and convenience type stores where their peers, classmates and friends currently work.

"The package store system here in Massachusetts works... adding 2,879 more alcohol distribution points would only undermine the effectiveness of law enforcement and result in lowering Massachusetts to the level of those 34 or 35 other states that allow increased alcohol distribution points, which is almost three times higher.

"While the price that was paid by the local storeowners was a rude lesson in local politics, the more significant "price of convenience" may be realized by Massachusetts residents in the form of increased adverse effects through increased availability to minors if Question 1 were to pass," said Kessel.



QUINCY POLICE DEPARTMENT Crime Prevention Unit recently gave out free bicycle helmets to local youths as part of a grant program sponsored by the Governor's Highway Safety Bureau. The event, held as part of the Beechwood Knoll School Fall Festival, included fitting the helmets and providing literature for riders and parents. From left to right, Ryan Carrigan of Wollaston showing off his new helmet, volunteer helpers Maggie Mahoney and Jane Minton with Crime Prevention Lieutenant Dan Minton.

New Material Sidewalks Proposal Meeting Oct. 24

The Public Works Committee of the City Council will hear a presentation by Rubbersidewalks Inc. regarding a modular sidewalk system, 7 p.m. Tuesday, Oct. 24 at the Council chambers.

The California-based company will propose a plan to adopt sidewalk material that they say is an environmentally-friendly, safe, flexible alternative.

According to Ward 3 Councillor Kevin Coughlin, cities across the country, including Boston, California, Washington and New York, have installed, or are considering the installation of this type of sidewalk.

All are invited to attend the meeting.

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The Quincy Sun

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Moments in time

THE HISTORY CHANNEL

• On **Oct. 21, 1797,** the USS Constitution, a 44-gun U.S. Navy frigate built to fight Barbary pirates off the coast of Tripoli, is launched in Boston Harbor. During the War of 1812, the Constitution won its enduring nickname "Old Ironsides" when shots seemed to merely bounce off the ship's sides.

• On **Oct. 17, 1906,** Wilhelm Voigt, a 57-year-old German shoemaker, impersonates an army officer and leads an entire squad of soldiers to help him steal 4,000 marks. Voigt, who had a long criminal record, humiliated the German army by exploiting its soldiers' blind obedience to authority and getting them to assist in his audacious robbery.

• On **Oct. 20, 1930,** Sherlock Holmes debuts on the radio starring William Gillette as Holmes. In 1939, Basil Rathbone took on the part, supported by Nigel Bruce as his faithful sidekick, Watson. The program ran, with different actors and some interruptions, until 1956.

• On **Oct. 22, 1942,** child star Annette Funicello is born in Utica, N.Y. Funicello became a featured Mouseketeer on Disney's Mickey Mouse Club and later starred in several Disney features, including "The Shaggy Dog" (1959).

• On **Oct. 18, 1961,** the movie version of the Broadway musical "West Side Story" opens at New York's Rivoli Theater. The musical retold the story of Romeo and Juliet, but set the action in contemporary New York.

• On **Oct. 16, 1973,** Henry Kissinger and North Vietnamese diplomat Le Duc Tho are awarded the Nobel Peace Prize for negotiating the Paris peace accords. Kissinger accepted, but Tho declined the award until such time as "peace is truly established."

• On **Oct. 19, 1982,** maverick automobile executive John DeLorean is arrested by the FBI in a Los Angeles airport motel with a briefcase containing $24 million worth of cocaine. Two years later a federal jury ruled that DeLorean was a victim of entrapment.

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QUINCY ANIMAL SHELTER
56 Broad Street, Quincy • 617-376-1349
quincyanimalshelter.org

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AVAILABLE CATS (and KITTENS, TOO!

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POWDER: 3 year-old pure white male.
FELIX: Black and white male DSH.
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FRED: 3 y.o. orange and white male who loves attention.
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HALE: 2 y.o. DSH male - FIV+.
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MARIUS: 1 year-old black and white male DSH.
MOKI: 1 y.o. female Calico. Shy but very sweet.
PRETTY KITTY: beautiful long-haired black male.
PLUS MANY MORE CATS and KITTENS NEED HOMES

Sunbeams

By Henry Bosworth

Special 'Thank You' For Veterans

Edward McAllister has a special "thank you" for U.S. military personnel serving in Iraq or Afghanistan or about to be sent there.

It's a free wedding ceremony.

McAllister, who lives on Unity Street, West Quincy, is one of more than 60 members of the Massachusetts Justices of the Peace Association offering that unique service.

McALLISTER

He and his fellow justices have volunteered to officiate free of charge at weddings of servicemen and women when they return from active duty in Iraq or Afghanistan or soon to be deployed there.

Also eligible are those home on leave from those two war torn countries.

McAllister, a veteran himself who served with the Mariner during the Korean War, says:

"This is our way to show our support and appreciation for what they are doing for us over there."

McAllister also is offering the free ceremony for those coming back from the two countries to return to civilian life.

And is even making the offer to service personnel on active duty in other areas overseas.

"I will be happy to perform a free wedding ceremony for them in the Quincy, Braintree, Weymouth area," McAllister says.

Justice Elizabeth Brennan Germelli, president of the MJPA, notes qualified military personnel need only to provide proper documentation of their service and a valid Massachusetts marriage license.

Fees for marriage performed by justices of the peace are regulated: $75 in the community where the justice is commissioned and $125 outside.

McAllister, a retired motor vehicle manager for the old New England Telephone Company (the good old days), has been a justice of the peace for three years and has performed more than 100 marriages.

He'd like to add some of those free ones.

He can be reached at 617-773-0144. Or at his email address: user850377@acs.com.

He'd like to hear from you.

❑

SENATOR EDWARD KENNEDY and Cardinal Sean O'Malley will be the keynote speakers at two upcoming South Shore Chamber of Commerce events.

KENNEDY

O'MALLEY

Kennedy will speak at the annual luncheon meeting Wednesday, Oct. 25, 11:44 a.m.-1:30 p.m. at The Lantana, Randolph.

Cardinal O'Malley will speak at the 7:44 a.m. breakfast Thursday, Nov. 2, 7:44-9 a.m. at Lombardo's, Randolph.

Tickets for the annual meeting are $40 for members and $60 for non-members. For the breakfast they are $25 members, $50 non-members.

For reservations call 617-479-1111.

❑

JACK RAYMER is back in football.

The former Quincy High School head coach is now assistant coach to Steve Treister at Milton High School.

Raymer, whose coaching career goes back to 1971, led the Presidents for 12 years before retiring in 1992.

RAYMER

While head coach at Quincy, Raymer, like any other coach wanted to win rather than lose.

But the score wasn't always the important thing. Just as important to him-if not more so- was helping his kids go on to college.

He's now Dean of Students at Quincy and is still guiding kids to college.

❑

IT MUST HAVE been another one of those senior moments.

"Gotcha!," former Quincy resident Paul Judge now living in Salisbury, MD writing kiddingly:

"I gotcha in July, 1999. I gotcha again for the Sept. 14 rerun of your Sunbeams column which had President Truman roaring through Quincy during his 1948 election campaign."

TRUMAN

"He stopped, visited the Presidents Adams' burial site and gave a five minute speech on the steps of the church in Quincy Square."

He's right, President Truman did stop and speak here from the steps of the First Parish Church at 7 a.m. Oct. 28. Paul, then a 16-year old QHS student was there to hear him.

I corrected that slip in a subsequent column. And then went and recycled the one with the error.

What I had done was to confuse Truman's 1948 campaign train stop with the one that roared through Quincy in 1952 on to Brockton.

Truman in 1952 was campaigning for Adla Stevenson. He passed up Quincy on Oct. 18 in favor of Brockton apparently knowing that Stevenson's own campaign train would stop in Quincy nine days later.

And I should have known better about the mix-up because I was on Stevenson's train covering his campaign when he stopped here.

Thanks again, Paul for setting me straight. Maybe this time it will stick.

Incidentally back in those days, Quincy was still a Republican town.

In 1948 the city went for Republican Tom Dewey over Truman by 1,453. And in 1952, World War II hero Dwight Eisenhower, running as a Republican swamped Stevenson here by just under 10,000 votes.

And, if there's anything wrong with those figures, I'm sure I'll be hearing from Frank McCauley.

QUINCY RESIDENTS
Housing Rehab Grants/Loans

Grants of up to $3,000 and loans of up to $17,000 towards a new roof, heating system or replacement windows. Additional Grants of up to $3,000 for lead paint hazard control. **New deferred loan program for Handicapped Home Adaptation**

Income/other restrictions apply; Household of 4 income limits: $66,150 (HUD prog). *For more info, call the Office of Housing Rehabilitation at 617-376-1050 or email rward@ci.quincy.ma.us*

New policies and higher loan limits for rental properties occupied by households that meet income guidelines. Please call for more details.

Friendly Visitors Sought At COA

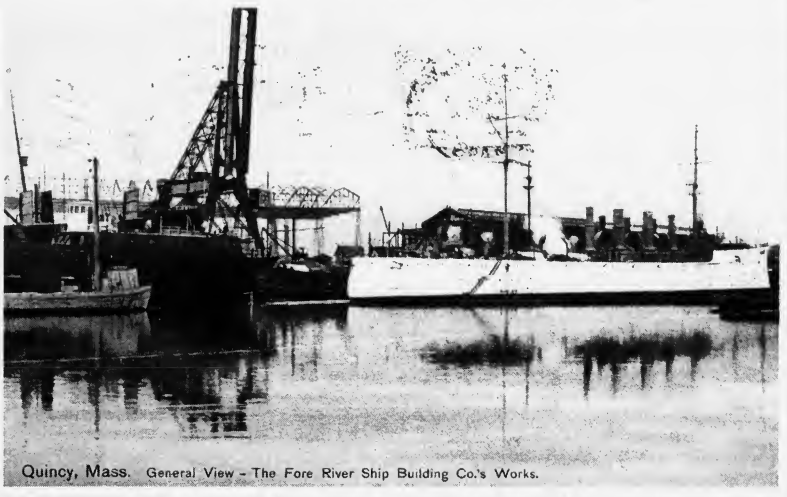
The Quincy Council on Aging is seeking volunteers to call on the elderly who live alone and would welcome a friendly visitor.

The COA is also seeking seniors who live alone and would like a friendly visit themselves.

Call the COA at 617-376-1508 and ask to speak with Lena Trouth, the friendly visitor coordinator.

The Council is mandated by law to do background checks on all volunteers.

Scenes From Yesterday



Quincy, Mass. General View - The Fore River Ship Building Co.'s Works.

THIS 1910 POSTCARD is a view of the fitting-out dock on Bent's Creek at the Fore River Shipyard in Quincy Point. On the right are two scout cruisers, the USS Birmingham and the USS Salem. The long building behind them was the machine shop and is still extant; it may remain in the future plans for the shipyard. On the left were the old 90-ton crane and the overhead crane structures that were removed in the post World War II renovations. The large ship on the left was probably a coal collier, many of which were built at the yard at the time. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of Tom Galvin

Readers Forum

Urges 'No' Vote On Question 2

On the November ballot, Question 2 (Nomination of Candidates for Public Office) deserves a "No" vote because the changes in voting procedures are confusing and complicated.

A candidate's name could be listed many times on the ballot. This is called cross endorsement. Voting should be simple enough for the voter to understand. Remember the confusion in Florida's Presidential election? Why should Massachusetts be saddled with a chaotic situation after each state election? The State Legislature, after a thorough study, voted unfavorably on cross endorsement.

How much will Quincy pay for the new additional programming technology? How much will the machines read the several votes? No price tag comes with the petition. Once again the taxpayer will pay the price for the resulting confusion and the new technology with their additional taxes. Question "2" deserves your "NO" vote.

Agnes J. Smith
Billings St.

From Leader To Last: The Demise Of Our State Parks

Massachusetts' character comes from the state's classic New England landscape — from the sweeping hills of the Berkshires to the pine forests and sandy beaches of Cape Cod. In a sense, this landscape defines Massachusetts. As home to the nation's first public park, Massachusetts has a long legacy of public land preservation. Unfortunately, many of our treasured places are endangered - symbols of a system in decline.

Included in the Commonwealth's beautiful landscape is almost a half a million acres of public land, encompassing hundreds of public forests, parks, and reservations. On the South Shore, we enjoy public treasures from the Quincy Shore and the beautiful Mt. Blue Spring at Wompatuck to the sandy beaches of Nantasket Beach and Wollaston Beach and the pine barren forests of Myles Standish. These jewels and others in the Massachusetts State Forests and Parks system support dozens of rare species and critical natural communities, boast champion tree sites and exemplary old growth – forests undisturbed for centuries. Our public parks, reservations and forests annually attract more than thirty million visitors who walk, play, camp, bike, hike, and otherwise enjoy these natural resources.

Despite the critical importance of state lands to Massachusetts, our forests and parks system is in crisis. A 1994 report commissioned by the state legislature found the system overburdened, sparsely staffed and poorly maintained. Twelve years later, our state forest and parks system is struggling more than ever. Since 2001, the budget for the system has declined approximately 30 percent. Full-time staff have been cut by 20 percent since 2000. Once a leader, Massachusetts currently ranks 48th out of the 50 states in per capita spending on parks and recreation.

South of Boston, problems at Wollaston Beach and Myles Standish are symptoms of a system in decline. Local favorite, Wollaston Beach, is plagued by litter and debris. At Myles Standish, illegal off road vehicle (ORV) use destroys the trails. With insufficient funding, public treasures like Wollaston and Myles Standish are poorly maintained, inadequately patrolled and left to deteriorate.

These are just a few examples. From littered trails to decaying bathrooms, this degradation jeopardizes these critical places and cannot continue. More than a century after Massachusetts established the first regional park system, we have fallen from leader to last. Our elected officials must follow these 'trail markers' to ensure that Massachusetts leads again:

First, they must restore funding for our forests and parks system. An additional $10 million per year over the next four years would get us headed in the right direction. This is less than $1.60 per person and a small price to pay to preserve our parks, playgrounds and forests for our kids and their kids.

Second, they must promote better management and planning. Our system currently lacks long term planning and stewardship. Without this, ad-hoc decisions are made under the radar or at the behest of commercial interests that compromise preservation and belie public trust.

Third, the state must reinsert citizen participation into the process. In the late 1990s, the Legislature dissolved the Citizen Advisory Committees, organized around properties or clusters of properties. These Committees offer input on management, help with maintenance and provide a crucial public forum to share information and build consensus with local community members.

A recent fight over proposed logging at Robinson State Forest in Agawam highlights the need for better management and increased citizen participation. Local residents were unaware of the state's plans to thin the forest and are now at odds with state officials about the cutting plans and the existence of rare plant and tree species in some of our most cherished woodlands. Without adequate resources, proper management and citizen stewardship, places we love and enjoy will continue to be threatened.

Charles Eliot, a nineteenth century advocate for green spaces, explained that for people to be healthy and happy, they "must have space for air, for light, for exercise, for rest and for the enjoyment of that peaceful beauty of nature, which because it is the opposite of the noisy ugliness of towns, is so wonderfully refreshing to the tired souls of townspeople."

These public places were set aside to protect and preserve our heritage and natural treasures for future generations to enjoy. We cannot continue turning our back on that legacy.

Jen Baker,
Environmental Advocate
MASSPIRG

Quincy's Yesterdays

Illegal Dumping Costs City $1.5 Million

This Week
1977
29 Years Ago

By FRANK MCCAULEY

City Councillor James A. Sheets figured that Quincy lost more than $1.5 million due to unauthorized dumping at the city disposal facility over the prior four years.

Sheets said that "private commercial packer trucks were overusing the disposal by as much as 48 percent." He recommended that dump fees be raised and that strict controls be placed on dumping.

SHIPYARD WORKERS RETURN TO JOBS

Shipbuilders began trekking back to work at the General Dynamics Shipyard this week with no one apparently overjoyed by the contract that ended the three month strike. Shipyard officials said that there would be some layoffs of returning workers in certain departments where there was not enough work to keep a full staff busy.

HARRINGTON WINS RE-ELECTION STATUS

City Councillor Dennis Harrington was restored to the second spot on the Councillor at Large ballot in the Nov. 8 city election. Norfolk County Superior Court Judge Henry Chimielenski ruled that Harrington was a candidate for re-election despite the fact that he was the Ward 6 Councillor, and seeking a Councillor at Large seat.

QUINCY-ISMS

Quincy Cycle, 247 Quincy Ave., was advertising 10 speed bikes from $84.95 to $99.95, "a saving of $15 to $35"... **Alicia Coletti**, director of the Women's Center at Quincy Junior College, discussed the center's services at the Southwest Community Center... **Linda Lowenstein**, director of the Hull Community Nursery School, was named director of the Headstart program by the Quincy Community Action Organization... **Elsa M. Zanolli** was honored by the Stella Del Nord Lodge as the lodge's "Woman of the Year,"... Mrs. **Ralph Coombs** was a chairperson of a committee planning the Houghs Neck Congregational Church's "Early Holiday Fair"... **Lee Ellen Stevens** was installed as president of the Quincy Legion Post #5 Junior Auxiliary. She is the daughter of Mr. and Mrs. Robert Leo Eng... Senator **Arthur H. Tobin** presented a state senate citation to the students and faculty of Sterling Junior High School on the occasion of the school's 50th anniversary... A Quincy Youth Hockey committee was planning a Harvest Festival Dance, Oct. 22 at St. Thomas Aquinas Hall, Houghs Neck. Committee members included **Sharon Deitsch, Tom Bamberry, Audrey Hayes, Barbara Campbell, Pam Craig, Nancy McArdle, Pat Nevins and Dorothy Schofield**... Candidate for the Quincy School Committee **Mary Collins'** political ad noted that she was "Knowledgeable, Involved, and Concerned."... Mayor **Joseph J. LaRaia**, candidate for re-election, reported that his net worth was $87,795... **Richard J. Koch, Sr.,** executive director of the Koch Club, announced that club members were planning a 30th anniversary celebration... The Monday, Oct. 24 lunch menu for junior high school students included: fruit punch, grilled ham and cheese sandwich, tater tots, tossed green salad, peanut butter cookie and a beverage... Metrobank, Quincy, was offering loans on new and used cars at a 9.95 percent annual percentage rate... **Connie Tracy**, coordinator of media services at Quincy Junior College, announced that the college had back issues of academic magazines to donate to agencies that could use them for their organization... **Vincent Moscardelli**, principal of Central Junior High School, announced that the school would hold its annual "Back to School Night" Oct. 20. Parents were to meet with their students' teachers during the evening... City Councillor **John J. Quinn** was cited for 25 years of service with Blue Cross Blue Shield... **Robert E. Day**, Newbury Ave., was installed as the 57th Master of Atlantic Lodge A.F. and A.M., at ceremonies, held at the Masonic Temple... **Dr. J. Philip McLaren**, associate professor of Biology at Eastern Nazarene College, received a grant from Hofstra University, New York, for an intensive one-week seminar on tropical marine biology to take place in the British Virgin Islands... State Rep. **Michael Morrissey** announced that the state House of Representatives had given approval to a repeal of the Sunday Blue Laws to allow retail stores to be open four Sundays between Thanksgiving and Christmas... The Guidance Department of the Quincy Public Schools announced that a "College Fair" would be held at Quincy High School Oct. 25. Students and parents were invited to attend and meet admissions representatives from more than 40 Massachusetts higher education institutions... **George C. Fay**, chairman of the Quincy Christmas Festival Parade Committee, announced that more than 30 bands from the New England area would take part in the Nov. 27 Christmas parade... State Senator **Chester Atkins** was the guest speaker at the October meeting of the South Shore Women's Political Caucus. The event was held at the Hallow Restaurant.

Arts & Entertainment

'Cinderella' To Open ENC Cove Stage Season

The Communication Arts Department of Eastern Nazarene College will present Rodgers & Hammerstein's 1957 made-for-television musical, Cinderella, for its Homecoming musical.

Performances will be Oct. 19 and 20 at 7:30 p.m., Oct. 21 at 8 p.m., Oct. 26, 27, 28 at 7:30 p.m. Tickets for general admission seating are $12. Children 12 and under are $10. Educational matinees are offered Oct. 19, 20 and 26 at 10 a.m.

Cinderella's story, a reminder that dreams can come true, has been reinvented countless times, from its ancient mythical roots to contemporary adaptations including ballets, operas, novels and film. Rodger's and Hammerstein's score includes the ballads "In My Little Corner," "Do I Love You Because You're Beautiful," "Impossible," and the "Stepsisters' Lament."

LESLIE WOODIES (right) is director and choreographer and Jose Delgado is music director of the musical 'Cinderella.' present by the Communication Arts Department of Eastern Nazarene College.

Award-winning professional guest artists Leslie Woodies and Jose Delgado will direct this magical story of dreams and love. Woodies, director and choreographer,, was a soloist with the Boston Ballet Company, toured the U.S. and Europe in *Dancers* and played Cassie in the New York Shakespeare festival production of *A Chorus Line*. Delgado, the music director, is an ENC alumnus and has been recognized with several awards by the Independent Reviewers of New England. He regularly directs in professional theatre such as Speakeasy Stage Company and the Lyric Stage Company.

For more information, call the box office at 617-745-3715.

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Register Now
38 years experience

Manet Community Health Center Gala Reception, Auction Tonight

Manet Community Health Center, Inc. will hold its third annual Gala Cocktail Reception and Silent Action tonight (Thursday) from 6 to 9 p.m. at the Neighborhood Club in Quincy.

The event was planned by Manet's Development Committee, including Betty Swanton, Barbara Morris, Rob Littlefield, Carolyn Cashman Skaves, Linda Kelly, Patrick Queally, Kathleen Robinson and Joe Renzi.

Manet Community Health Center is a non-profit, community-based health care organization offering primary care and support services to residents of Quincy, Hull and surrounding towns on the South Shore at five separate sites. We have been providing health care services for more than 27 years, caring for approximately 14,000 patients in more than 55,000 visits annually.

Senator Michael Morrissey is the honorary chairman and John M. Silva, president and CEO, Hometown Health Center, Schenectady, NY is the master of ceremonies. Silva was recently awarded The John Gilbert Award by the National Association of Community Health Centers.

Carolyn Cashman Skaves will be recognized for her commitment and philanthropic leadership to Manet Community Health Center, with the presentation of the first Manet Community Medallion Award.

The list of auction items include Tom Brady, Tedy Bruschi and Richard Seymour signed Patriots shirts and other autographed sports memorabilia, works of art, figurines, a large variety of gift certificates, including Jordan's Furniture, numerous gift baskets, jewelry, Longaberger baskets, a night at the Clarion Hotel in Hull or the Marriott in Quincy.

This is the only fundraising event sponsored by Manet. Revenue from the auction directly supports the many underfunded programs that Manet offers to its 15,000 patients.

Tickets are $50 per person or $450 for a group of 10. Tickets may be purchased before the event by contacting Lyn Dionne, Director of Development at 617-376-3030, Ext. 253,via email at ldionne@manetchc.org or you may buy tickets at the event.

Halloween Pumpkin Patch Party At Wollaston Congregational

A spooky walk will kick off a Pumpkin Patch Halloween Party Saturday, Oct. 28, from 6 to 8 p.m. at the Wollaston Congregational Church, 48 Winthrop Ave.

The free community event also will include story telling, music, goodie bags and crafts. Children are encouraged to wear costumes and must be accompanied by an adult.

For more information, call 617-773-7432 or visit the church website at **www.wollycong.org.**

'An Evening Of Song' Nov. 6 At St. Joseph's Center

The Island Grove Chorus will perform "An Evening of Song" Monday, Nov. 6 at 7 p.m. at St. Joseph's Parish Center.

The chorus is a chapter of Sweet Adelines International Region One. They perform a four-part a caplella harmony in barbershop style. Their repertoire includes standards, Broadway tunes, patriotic and spiritual favorites.

Admission is $5 per person, payable at the door. The event is open to the public, and light refreshments will be served.

Senior Bridge Club To Meet

The Council on Aging's bridge club for seniors will meet every Friday from 12:30 to 3:30 p.m. at the Dawes House on Quincy Shore Drive, corner of Channing Street.

All level players are welcome.

For further information, call 617-376-1506.

DOLLS' HOUSE AND MINIATURE SHOW
SUNDAY, OCTOBER 22, 2006
10:00 - 4:00
THE SHERATON BRAINTREE
Accross From The South Shore Plaza
$5.00 Admission, Seniors & Children $4.00

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Coffee Break Café
Colonial Federal Savings Bank
The Four's Restaurant
Lydon Funeral Home
Quincy Credit Union
Stop & Shop Supermarkets
A SPECIAL THANKS TO OUR VOLUNTEERS:
Quincy High School ROTC
Students from Central Middle School & North Quincy High
Janet Batson and Rob Buttomer and
over 100 volunteers who made the day a great success!
Join us next fall as we celebrate our 10TH year!
BEECHWOOD KNOLL FALL FESTIVAL

Puzzled about your future?
Let us help you put the pieces together.
Regina Russell's Tea Room
We have been in the Psychic Reading business for 30 years.
Walk-in service & private readings by appointment.
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SOCIAL

'Library Treasures' At Historical Society Open House

The Quincy Historical Society will present a program of its "Library Treasures" at an open house and meeting Thursday, Oct. 26 at 7:30 p.m. at Adams Academy, 8 Adams St., Quincy Center.

The program will offer an up-close look at some of the most interesting and significant books, pamphlets, manuscripts and images in the library collection.

These include rare items connected to the Adams family, colonial era publications, notable autographs and unique documents from the granite and shipbuilding industries.

Edward Fitzgerald, Historical Society executive director and Anne Acton, society trustee and professor and library director at the New England School of Law will be speakers.

Chinese Cooking Program At Library Oct. 29

Find out how to cook Chinese with chef and cookbook author Norma Chang at a free "What's Cooking @ Your Library" program, Sunday, Oct. 29 at the Thomas Crane Public Library, 40 Washington St.

Chang will present "A Little Taste of China" at 1:30 p.m. especially for children ages six and older with an adult. Through show-and-tell, Chang topics will include different cooking appliances used in a Chinese kitchen, various artifacts in a Chinese home, varieties of Chinese vegetables, rice, sauces and other ingredients, and different cooking methods. Those attending will sample the dishes prepared during the program. Registration is required for this program. For more information or to register, call 617-376-2411.

At 3 p.m. Chang will present a program for adults on "quick fix, low-fat Chinese meals," showing how to prepare healthy and delicious Chinese dinner in under 30 minutes. Registration is required for this program. For more information, or to register, call 617-376-1316, or email quref@ocln.org.

"What's Cooking @ Your Library" is sponsored by the Friends of the Thomas Crane Library.

NQHS 1981 Class Reunion

The North Quincy High School Class of 1981 will have a 25th anniversary class reunion Friday, Nov. 24, from 8 p.m. to midnight in the function room at Best Western/ Adams Inn, Quincy.

Pre-event tickets are $35 per person, and door tickets will be $45 per person.

The reunion committee includes class officers: President Tom Koch executive director of Quincy Park Forestry and Cemetery Department, Vice President Stephen Kavanaugh, Treasurer Paul Schaetzl, and Secretary Patty (Gerry) Leslie.

Tickets may be purchased by calling Koch, at 617-471-7145, or by emailing NQclassof81@yahoo.com.

Rotary Club Pancake Breakfast Sunday

The Quincy Rotary Club will host its annual Pancake and Egg Breakfast Sunday, Oct. 22, from 8 a.m. to 12 noon at 1000 Southern Artery with the proceeds going to the Charity Fund.

Tickets will be available with a donation of $5 per person at the door or through a member of the Rotary Club.

Mr., Mrs. Donald Bowes Parents Of Son

Donald and Christine Bowes, of Quincy, are parents of Matthew Paul Bowes, Born June 5 at Brigham and Women's Hospital.

Matthew is the brother of Shane Ceurvels and Donald and Jennifer Bowes.

Grandparents are Donald and Elizabeth Bowes of Quincy.

REV. JOHN O'BRIEN, pastor of Sacred Heart Church, North Quincy, enjoys a meal from the National School Lunch Program with Sacred Heart School students in the school cafeteria. Students in foreground are Viviane Tse, Jenny Kung, Alyx Patey, Eileen O'Connor and Vivian Chau.

New Lunch Program A Hit At Sacred Heart School

The National School Lunch Program that began at Sacred Heart School in North Quincy last month is a hit with students.

Through the program, the school is able to offer students in Pre-Kindergarten through Grade 8 lunch each day at a reasonable cost to families. The lunch includes milk and a healthy snack.

In just one month participation has increased from 175 meals to 200 meals a day, notes Principal Katherine Hunter.

Daily menus, she said, include such items as tuna salad, pizza sticks and barbecued pork sandwich.

She said the school is thankful to a group of dedicated volunteers who organize and distribute the meals each day.

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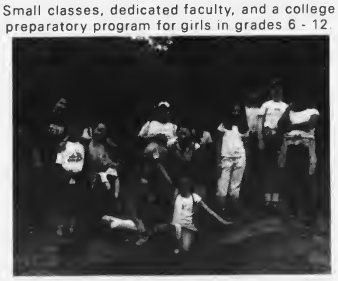
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MEMBERS OF GEORGE F. Bryan VFW Post 613 in Quincy recently served patients at an outdoors cookout. From left are Maryanne McHugo, a member of the Ladies Auxiliary, Joe McHugo, quartermaster, Leo Reardon, past commander, Commander John McDorough, and John Marr, trustee.

Diners Urged To 'Taste Quincy' Restaurants Oct. 23-27 Week

Quincy is the dining capital of the South Shore and a large slice of its more than 200 restaurants is out to prove it during "Taste Quincy Week" Monday, Oct. 23, through Friday, Oct. 27.

Some of the city's best eateries will offer specials, such as a $20 or $25 dinner for two, a $10 or $15 lunch for two. Some of the finest specialty food shops will offer special discounts.

It is the second such demonstration of gastronomic excellence for the city of Presidents. Celebrate Quincy! Restaurant Week brought hundreds of food aficionados to Quincy last February.

"The fall, Quincy Arts Alive! is working in conjunction with the Quincy Restaurant League to expand the event," said Mark Carey, executive director of Discover Quincy.

"Dozens of restaurants are participating in 'Taste Quincy' Restaurant Week. This is the perfect opportunity for dining enthusiasts to 'taste' all that Quincy has to offer."

Participating restaurants include: Adams Pub, Atlantic Restaurant, Burke's Seafood, Cucina Mia Cafe, Early American Restaurant, Emma's Breakfast & Lunch, Fajitas & Ritas, Finian's Restaurant & Pub,

Five Spices Restaurant & Pub, Fowler House Cafe, Fox & Hound Restaurant, Fuji 1546, Hancock's at the Marriott, Henry's Root Beer Stand, Heritage Cafe, The Irish Pub, Italy's Little Kitchen, Kagawa Sushi Bar & Restaurant,

Mandarin King, Pepper's Grill, Punjab Cafe, Quincy Dynasty, Siro's at Marina Bay, Taste of Taiwan, The Fours, Tullio's Restaurant & Grotto and Villa Rosa Restaurant.

Taste Quincy Week is organized by the Quincy Arts Alive! Initiative and the Quincy Restaurant League and funded in part by a grant from the Massachusetts Cultural Council.

On Behalf of the

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The QHS Basketball Boosters and Coaches would like to thank the following sponsors for their support of our successful March 2006 calendar fund raising efforts

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Kevin Coughlin, Ward Councilor	Katrina of Alfredo's Restaurant
T.G.I. Friday's in Braintree	Debbie Varsamis of Copeland Pizza
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Skyline Restaurant	Lyle Morrison of Dunkin Donuts
Christine Sardina of Christine's Electrology & Day Spa	Pro Jim Mapother golf lessons

A special thank you to: Manager Larry Baxter and Roche Bros. Supermarket. Superintendent of Quincy Public Schools Dr. Rick DeCristofaro. Quincy High School Principal Frank Santoro. Congratulations and thank you to retiring Athletic Director Ed Miller.

David Kingsley Completes Outward Bound Course

David Kingsbury of Quincy has completed an Intercept expedition with Thompson Island Outward Bound, an educational course for students ages 13-17 that emphasizes goal setting, teamwork, communication skills and self-reliance.

Kingsbury's Intercept consisted of a 22-day wilderness course that included backpacking in the White Mountains of New Hampshire, rock climbing and canoeing on the Connecticut River.

Thompson Island Outward Bound Education Center serves some 5,000 students each year, providing adventurous learning programs that inspire character development, community service, environmental responsibility and academic achievement.

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October 23RD – October 27TH

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Please call ahead to confirm specials.

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Fajitas & 'Ritas	Fajitas & 'Ritas
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Fox & Hound Wood Grill and Tavern	Fox & Hound Wood Grill and Tavern
Punjab Café	Punjab Café
Hancock's at the Marriot	Hancock's at the Marriot

CATEGORY 2

LUNCH FOR TWO ONLY $10	DINNER FOR TWO ONLY $20
Emma's Breakfast & Lunch	Villa Rosa Restaurant
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The Quincy ArtsAlive! event series is organized by the City of Quincy, Discover Quincy, Adams National Historical Park, Quincy Art Association, Quincy Historical Society and Quincy 2000 Collaborative.

Marie's Kitchen

BY MARIE D'OLIMPIO

Anita's Chicken Nutty Strips

There are tons of ways to cook chicken, and I'm' always looking for a new way to prepare it.

A visit from our niece Anita netted a great recipe which I hope you will try and enjoy as much as we did.

The recipe calls for frying the chicken, but I usually place it on a greased cookie sheet and bake.

NUTTY CHICKEN STRIPS

1 cup soft bread crumbs
1/2 cup chopped almonds
2 tablespoons chopped cilantro (or parsley)
1 1/2 teaspoons curry powder
1/4 cup flour
1 egg
1/2 cup milk
1 1/2 pound chicken tenders
1/4 cup vegetable oil (if frying)

In a large plastic bag, combine the bread crumbs, almonds, parsley and curry powder. Place flour in a shallow bowl (I use a paper plate.) Beat the egg and milk.

Dip the chicken strips in the flour, then the egg mixture . Place the chicken in the bag and shake to coat.

Now, the chicken can be either cooked in a large skillet, or placed on a greased cookie sheet and baked in a 350 degree oven for about 25 minutes, turning once.

Here is a dipping sauce which is optional.

8 ounces plain yogurt
2 tablespoons fresh cilantro or parsley
1 tablespoon honey

VFW Ladies Auxiliary Seeking New Members

The Ladies Auxiliary to VFW Post 613 is seeking eligible ladies to join their rank.

Those eligible for membership to the Veterans of Foreign Wars Ladies Auxiliary are wives, widows, mothers, foster and stepmothers who perform the duties of parents, grandmothers, daughters, foster and stepdaughters, sisters, half sisters, foster and step sisters of veterans of honorable services in the Unites States Armed Forces, who are authorized to receive a campaign medal or ribbon for overseas service.

In addition to overseas service, President George W. Bush recently signed into law HR3838, which extends membership eligibility of Veterans of Foreign Wars to veterans who received "hostile fire" or "imminent danger pay," enabling ladies to join the Ladies Auxiliary VFW under this eligibility.

Those seeking membership must be at least 16 years of age and a U.S. citizen. Proof of eligibility is shown on the veteran's separation document, DD214, or by certifying that the veteran received "hostile fire" or "imminent danger" pay.

Member benefits include: cancer grant (two free in a life time), cancer insurance (included in the dues), other insurance, free travel service, the opportunity to apply for a VISA credit card, discounted shopping, discounts on magazine subscriptions, and many other benefits.

The Ladies Auxiliary to the VFW is one of the largest volunteer groups in the nation, raising over $3 million annually to fund cancer research. The 671,501 members advocate for veterans and those currently serving the country, and their families. Members also volunteer at veteran's administration medical centers and nursing homes throughout the country, and for organizations such as the March of Dimes, the Special Olympics, the Ronald McDonald House, and the Make a Wish Foundation.

Membership fee is $20 for the first year and $14 yearly thereafter. Those interested can also join as life members.

For an application or for more information, call Beulah Wiltshire, membership chairman, at 617-472-7596.

Scary Stories On Tap At North Quincy Library

Children ages 8 and older should be prepared to be scared when they attend Librarian Cathy deVeer's program of creepy tales Tuesday, Oct. 24, at 7 p.m. in the North Quincy Branch of the Thomas Crane Public Library, 381 Hancock St.

Cathy promises that these stories will be so scary that parents are urged not to bring any children younger than 8. No registration is required.

Free Parent Ed Classes At Beechwood On The Bay

Beechwood On The Bay will hold three free parent education classes starting in October.

All three classes will be Thursday evenings at 5:30 p.m. They are:

Oct. 26: "Building Positive Friendship Skills For Young Children.

Nov. 2: "First Aid Class."

Jan. 11: "Choosing Routines That Meet A Child's Temperament."

The classes are intended for parents, grandparents, and caregivers of young children. The classes will focus on the health and development needs of young children from infants to five years of age. They are open to all Quincy families free-of-charge.

Those interested in attending may register at 617-471-5712.

Quincy Medical Auxiliary Book Sale Oct. 27

The Quincy Medical Center Auxiliary will sponsor a "Books Are Fun" book sale Friday, Oct. 27 from 11 a.m. to 3 p.m. in the Education Center, 114 Whitwell St.

New hard-cover and paperback books, including children's books and games, will be offered at discounted prices.

Proceeds directly benefit patient care at the hospital.

Call 617-376-5368 for more information.

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MSE

Good Neighbor Awards At Houghs Neck Sunday

Doris and Skip Marshall will be honored with the Good Neighbor Award of the Houghs Neck Community Council for 2006 at a reception Sunday, Oct. 22, at St. Thomas Aquinas Hall on Darrow Street.

Former Mayor Frank McCauley emcee the awards ceremony which will follow Hors D'oeuvres at 5 p.m. and a turkey dinner catered by Simply Good Catering at 6 p.m.

Advanced tickets at $10 per person are required.

Others to be recognized at the reception include:

• Ralph Jacobs, the Community Service Award.

• The Gang of Six (Jo & Garth Morris, Jayne Callahan, Rosalie Cryan, Ron Goodman and Gay Carboneau), the Good Samaritan Award for their help to a senior neighbor.

• Houghs Neck Firefighters, as Everyday Heroes for their support to the peninsula neighborhood.

• Retired Teachers of the Atherton Hough School, special recognition.

"The Good Neighbor Banquet is a family friendly event to celebrate our wonderful neighbors and the tight peninsula community we live in," said Eileen Timcoe, event chair.

For tickets call Eileen Timcoe at E & T Ceramics 617-479-4107 or at home 617-479-8046 or Margaret Laforest 617-471-1806. Requests must be made before 5 p.m. Friday, Oct. 20.

For more information, call Margaret at 617-224-2974.

Atherton Hough School Gym Dedicated For James Riley, Sr. Sunday

The Atherton Hough School Gymnasium will be named the "James 'Red' Riley Sr. Gymnasium" at a dedication ceremony, Sunday, Oct. 22 from noon to 2 p.m. at the gym.

School Committeeman Dave McCarthy will be a speaker.

The Riley family urges the public to join in celebrating James Riley Sr., who died in 2003, for 25 years of service as a custodian for the school.

"Our father loved the children of the Houghs Neck community, and took great pride in his work," said Cathy Riley, daughter of James Riley Sr. "We know he would be very proud of this recognition."

He was a man who loved his school and took great pride in his job, she said.

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Bryan McCauley Logue Participates In Jimmy Fund Family Tradition

Bryan McCauley Logue, 17, a senior at North Quincy High School, recently followed in the footsteps of his grandfather, former Mayor Frank McCauley, when he walked the 18th annual 26.2 mile Jimmy Fund Walk.

Like his grandfather, he finished in under seven hours.

The event, sponsored by the Dana-Farber Cancer Institute of Boston, raises funds through pledges. Proceeds benefit Jimmy Fund cancer research at the Dana-Farber Cancer Institute of Boston, which concentrates on children.

BRYAN MCCAULEY LOGUE

In 1990, Frank McCauley participated in the 2nd annual walk, raising $4,215, the second highest raised by over 1,000 participants, he said. At that finish line was his daughter, Jennifer Logue, and her 19-month son Bryan, who would participate in the walk 16 years later.

In 1993 Jennifer Logue walked a half marathon (13 miles) in the Jimmy Fund walk, in the name of family member Louis Craig of Quincy, who was being treated at the Dana-Farber Cancer Institute.

Melissa Higgins, of Braintree, daughter of Frank McCauley, recently joined the tradition walking the Quincy Medical Center Marie Curry Walk. She is a physical therapist at the center.

Architectural Heritage Slide Show At Library

A free slide lecture on the architectural heritage of Boston, entitled "The Four Shapes of Boston," will be presented Wednesday, Oct. 25, at 7 p.m. in the Thomas Crane Public Library, 40 Washington St.

The program traces the city's topography and architecture from 1630 to the present in four chapters — Surviving (Colonial Period), Settling (Federal Period), Spreading (Victorian Period) and Soaring (Contemporary Period).

The presentation will be made by Boston by Foot, the architectural walking tour service.

A brief meeting of the Friends of the Thomas Crane Public Library will precede the slide presentation.

For more information, call 617-376-1301.

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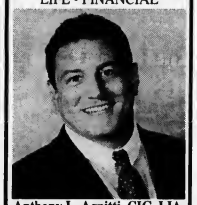

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Children's Costume Parade Among Festivities

Quincy Center Harvest Festival Saturday

The Quincy Business Association will hold its 16th annual Harvest Family Festival Saturday from 10 a.m. to 5 p.m.

Hancock Street from Granite Street to Revere Road will be closed to vehicular traffic turning that section into a pedestrian mall.

A highlight of the all-day event will be the annual Children's Costume Parade for those in kindergarten through grade 5.

Registration for the parade will be at 1:30 p.m. at the QBA office, 1416 Hancock St. The parade will start at 2 p.m.

A judging panel will select the winners in several categories for youngsters under age six and those six and over. Winners will be awarded trophies.

The parade gives those participating in the contest a chance to give their Halloween costumes a trial run.

The Quincy Police and Fire Departments will conduct a Children's Safety Program throughout the day with finger printing, safety demonstrations and tips for a safe Halloween. Some bicycle helmets and finger printing kits will be among giveaways during the day.

There will also be music, entertainment and merchandise from local businesses and invited vendors. Restaurants will offer food specialties with dining inside and out.

"Sidewalk Sam" will be here from 10 a.m. to noon.

Boston radio station Oldies 103.3 will be on hand from 12 noon to 2 p.m. "The Rolling Bones" will perform live music from 1 to 5 p.m.

Rain date is Saturday, Oct. 28.

For more information call the QBA office at 617-471-3232.

ALYSON DELLAMANO (left) of the Lincoln-Hancock School and Holly McKeon, Bernazzani School, won "scariest" and "artistic" honors respectively in the Children's Costume Contest at last year's Harvest Family Festival.

Maralin Manning Photos

ELEMENTARY LUNCH MENU

Monday, Oct. 23
Taco burrito, fresh fruit, fruit juice.

Tuesday, Oct. 24
Early release day - no lunch served.

Wednesday, Oct. 25
Beef teriyaki dippers, mashed potatoes, dinner roll, fruit juice.

Thursday, Oct. 26
Make your own meatball submarine, vegetable, fruit juice.

Friday, Oct. 27
Pork sausage patty with cheese on a croissant, fresh fruit, fruit juice.

SECONDARY LUNCH MENU

Monday, Oct. 23
Cheese quesidilla, tossed salad, fresh fruit or fruit juice.

Tuesday, Oct. 24
Pasta with meat sauce, vegetable, fruit cup, Italian bread. *Early release middle schools*

Wednesday, Oct. 25
Diced chicken in gravy, mashed potatoes, vegetable, fruit juice, dinner roll.

Thursday, Oct. 26
Cinnamon glazed Fresh toast, sausage patty, applesauce, fruit juice.

Friday, Oct. 27
Barbecue pork rib dippers, oven fry potatoes, fresh fruit or juice.

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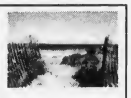

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16TH ANNUAL
HARVEST FAMILY FESTIVAL
Sponsored by Quincy Business Association

Saturday, October 21, 10am - 5pm
Rain Date - Saturday, October 28

Join us in Quincy Center for Fall Fun & Frolic

10:00AM - 12 Noon	***Sidewalk Sam "Colors the Street"*** ***Affiliate of Church of the Nazarene***
12 Noon - 3:00PM	***Oldies 103.3 Fun & Games*** ***"Town Center Saturdays"***
1:00PM - 5:00PM	***"THE ROLLING BONES"*** ***Live Mixed Music***
1:30PM	***Children Register for Parade*** *QBA Office, 1416 Hancock Street*
2:00PM	***Children's Costume Parade, Grades K-5***

ALL DAY

Quincy Police & Fire Department
Children's Safety Program
Finger Printing • Safety Presentations • QP Motorcycle Tips for a Safe Halloween Celebration

Local Businesses & Assorted Vendors Offer Fantastic Fall Shopping Opportunities

Exciting Food Specialties Offered by Local Restaurants Dine In or Out!

For Additional Information, Call 617-471-3232

QARI Offering U.S. Citizen Class For Immigrant Community

Quincy Asian Resources, Inc. is offering a citizen class for the immigrant community in collaboration with Quincy Medical Center.

The planned eight-week course will prepare participants for the U.S. citizenship test. Classes will be held at Quincy Medical Center.

The class will be taught in English with limited assistance available in Cantonese. The starting date will be determined later.

Cost will be $25 for the eight week course and $15 for books. Class size will be limited to 12 students and filled on a first-come, first-served basis.

Payments should be made at the QARI office, 1509 Hancock St., Suite 209, or at Quincy Medical Center at the first class meeting.

Free shuttle service to and from Quincy Medical Center will be provided at the Quincy Center MBTA station.

To register for the citizenship class or for English classes or for more information about QARI programs, call the office at 617-472-2200.

Early Childhood Reading Expert Speaker At QPAC

Edie Hughes, an early childhood coordinator and reading specialist, will be the speaker at a meeting of Quincy Parents Advisory Council to Special Education Thursday, Nov. 2, from 7 to 9 p.m. at Broad Meadows Middle School, 50 Calvin Rd.

For more information, call Linda Perry, QPAC Outreach, at 617-773-1385.

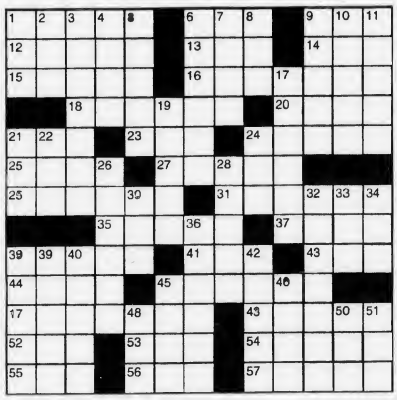
Occupational therapist Beth Edelstein will speak on Understanding and Helping Children with Behavioral Challenges Tuesday, Nov. 14, from 7 to 9 p.m., also at the Board Meadow Middle School.

For more information, call QPAC President Toni-Marie Mahoney at 617-773-4558 or visit **tmahoney77@comcast.net.**

King Crossword

ACROSS
1 Blue gem
6 Filch
9 Magna -laude
12 Addis follower
13 Raw rock
14 Lawyers' org.
15 Danger
16 Ideal
18 Attack
20 Fervor
21 Put in
23 Brewery product
24 Beginning of life?
25 Quartet halves
27 Command
29 Church custodian
31 Highly skilled people
35 "Rags to riches" author
37 TV chef Moulton
38 Get up
41 Archery-bow wood
43 Predetermine
44 Four Corners st.
45 Man's hat
47 Sunshade
49 Mature
52 Lemieux milieu
53 Kyoto cummerbund
54 Where the action is
55 - Moines
56 Hallucinogen letters
57 Schlepped

DOWN
1 Once around
2 Honest politician
3 Contradiction in terms
4 Wading bird
5 Taco topping
6 Office machine
7 Exam format
8 Apiece
9 Basketball player
10 WWII vessel
11 Virile
17 Portuguese island group
19 In accompaniment
21 Billboards
22 Payable
24 Nourished
26 Verse
28 Showed guts
30 In need of repair
32 Castle wall
33 Numerical prefix
34 Succumb to gravity
36 One may be shadowed
38 Flavorful
39 Vestige
40 Buenos -
42 In the - way (very much)
45 Watch pockets
46 Puerto -
48 Scale member
50 Away from WSW
51 Actor Beatty



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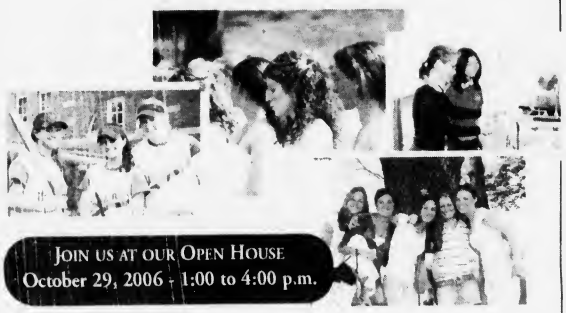

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FREE REFRESHMENTS

Free Movie For Seniors

The Council on Aging will show the movie of the month free to seniors on the third Thursday of every month at the River Bay Club, 99 Brackett St.

The movie is provided by West Coast Video at no charge. Refreshments will be provided. Call Ann at 617-376-1506 to reserve a seat.

— King Crossword —

Solution time: 27 mins.

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The Quincy Sun

A TRADITION OF EXCELLENCE

Quincy High School Open House

Quincy High School welcomes all middle school parents and students to attend this year's

"Middle School Open House"

Thursday, October 26th, 7:00 p.m.

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A GREAT PLACE TO BE

Real Estate

Leaf Blowers Make Fall Clean Up A Snap

By Samantha Mazzotta

Generator Safety Is No Joke

Hurricane season may be winding down in the southern states, but winter is fast approaching, along with the potential for storms, blizzards and other wild weather that can cause power outages. Many homeowners have a generator to get through such emergencies, but they may not be aware of the safety issues presented by these small combustion engines. The following guidelines are offered by Briggs & Stratton, a generator manufacturer:

—Generators produce carbon monoxide, an odorless, colorless gas that can cause serious health problems in small amounts and is deadly in large concentration. Never run a generator in an enclosed area, and never run it inside your home — even in the garage, even with the windows open.

—Always place a battery-powered carbon monoxide detector in the living area of your home when running a generator. Ideally, place a second detector near or in the area where the generator is running, in case the exhaust enters the home.

—Do not operate the generator near combustible materials.

—Be absolutely safe when refueling; gasoline and its vapors are extremely flammable. Allow the generator to cool for at least two minutes before filling the tank.

—Make sure extension cords are of the grounded type (three-pronged, all-weather cords), and are rated for your generator. Also, do not coil them — make sure they lay flat and in an open area, because they can get very hot.

—Never plug the generator directly into an outlet. Have a qualified electrician install a power transfer switch.

—Maintain the generator regularly, according to the manufacturer's directions. If you do not use the generator for at least 30 days, purchase a fuel stabilizer to add to the gas in the tank.

—Do not operate the generator in wet conditions (rain, snow or floods); protect it from the elements, and keep it off the ground.

More information on generator safety, choosing the right generator for your home, and other issues, can be found at generator dealerships, manufacturer Web sites like www.briggsandstratton.com, or at the U.S. Consumer Product Safety Commission (www.cpsc.gov).

Send questions or home repair tips to homeguru2000@hotmail.com, or write This Is a Hammer, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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When leaves pile up, it's time to start the leaf blower.

The Outdoor Power Equipment Institute (OPEI) reminds homeowners that fall clean up is easier with a leaf blower, and today's models are 70% cleaner and quieter than 1995 models. Current leaf blowers are now quieter than the average vacuum cleaner, making them an environmentally friendly way to clean up the yard as well.

"Leaf blower users need to make safety and courtesy their priority," says Bill Harley, OPEI President and CEO. "These machines are tools, not toys, and need to be treated as such. Reading the owner's manual is a must before operating a leaf blower."

When using a leaf blower, operators should:

• Wear eye and ear protection and put long hair under a cap

• Wear a dust mask in dirty or dusty conditions

• Keep children, pets, and others away from the work area

• Do not point the nozzle at any person or pet

• Be courteous when using a leaf blower

• Work at reasonable hours

• Check local ordinances for operating times

• Lower throttle speed

• Use nozzle attachments to reduce sound levels

• Only operate equipment in well ventilated areas.

OPEI is committed to providing information on the safe and courteous operation of leaf blowers. The website - www.opei.org - has helpful materials about leaf blowers including: a Flash presentation titled "Leaf Blowers: Concerns, Perceptions, Facts and Solutions;" a training manual titled "Leaf Blowers: A Guide to Safe and Courteous Use;" and a fact sheet on leaf blowers; and a list of OPEI member leaf blower manufacturers. Copies of materials are available.

The Outdoor Power Equipment Institute (OPEI) is the international trade association which represents manufacturers of outdoor power equipment, component and attachment suppliers, as well as industry-related allied services.

For more information, visit www.opei.org.

Computer Seminar At Norfolk Registry Nov. 2

Register of Deeds William P. O'Donnell will host an informational seminar on computer assisted land records research at the Registry of Deeds in Dedham Thursday, Nov. 2 from 4:30 to 5:30 p.m.

The seminar is intended for both real estate professionals and the public.

The program will include a brief presentation, written reference materials, and hands-on exercises. There will be opportunities for both basic and advanced questions and answers.

Computer assisted land records research is available both at the Registry and on the Internet at www.norfolkdeeds.org.

"These services have proven valuable tools for our customers," O'Donnell said, "and we hope that this seminar will be helpful and informative."

There is no charge for the seminar, but persons planning to attend are asked to register by phone (781-461-6104) or email (registerodonnell@norfolkdeeds.org). Include your name, address and a daytime phone number when you register.

The Registry of Deeds, located at 649 High St., Dedham, is the principal office for real property in Norfolk County. The Registry receives and records hundreds of thousands of documents each year and is a basic resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate and accessible land record information.

For more information visit www.norfolkdeeds.org or call 781-461-6116.

Tips To Winterize A Swimming Pool

(NAPS) Now is the time to start planning pool closing and winterizing.

Colder weather can mean substantial damage to pool surfaces and pool equipment. Taking the time to winterize now will save time and money on unnecessary repairs next year.

Pools that are not winterized properly are susceptible to:

• Freeze-thaw damage to pool surfaces

• Damaged or broken pool equipment

• Underground pipe damage.

Every year, hundreds and even thousands of dollars are spent repairing pools that were not closed properly the previous fall. Pool owners who endured such repairs are often surprised to learn how easily the damage could have been prevented.

Here are some helpful tips to protect a pool and ensure easy opening next year:

• Conduct a final pool water test. Visit a local store to receive a quick, computerized water analysis to ensure water is balanced.

• Brush the walls of the pool and vacuum thoroughly. Clean the skimmer basket and lint trap.

• Use a special filter cleaner to thoroughly clean the filter. A dirty filter can cake and harden over the winter, leaving a messy and difficult cleanup job.

• With the pump and filter on, add the appropriate amount of winter shock around the edges of the pool. Wait an hour and then add winter algaecide. Keep the pump and filter on for another hour.

• Drain the pool, then add pool winterizing antifreeze to pipes and equipment.

• Finally, cover the pool to protect it from winter winds, leaves, dirt and debris.

A pool is a major investment. Protecting it with BioGuard pool care products means being able to enjoy it for years to come.

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S-6

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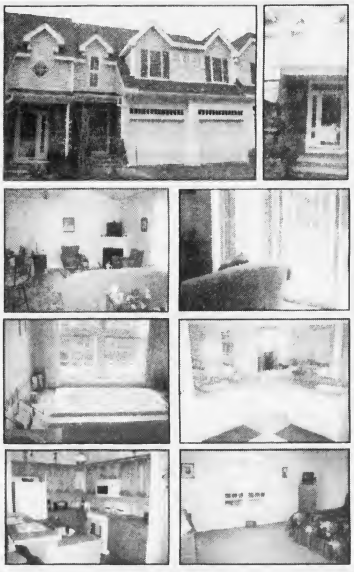

TERMS: $5,000 deposit certified or bank check at sale. Balance due in 30 days. Buyer shall be responsible for Auctioneer's fee (Buyer's Premium) in amount of 5% of bid price. Other terms, if any, announced at sale. Directions: Take Quarry St. left onto Smith St. right into Suomi Ave. Condo at top of hill on right. *MA Auction Lic. #300. More Details at DJFlynn.com*

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REAL ESTATE

Energy Saving Features For Long-Term Savings, Comfort

(NAPS) Building a new home can be an exciting and rewarding experience. Throughout the design process, there will be many important decisions, one being ensuring that the home can keep cool in the summer and warm in the winter.

Homeowners wonder which insulation to use, which energy-efficient windows, whether to use a furnace or HVAC.

Increasing a new home's energy efficiency will have a significant impact on long-term operating costs and provides a comfortable living environment with preferable temperatures and fewer drafts.

U.S. homes account for 21 percent of the nation's energy use. An energy-efficient home is a key ingredient to responsible growth as the population and size of new homes increase.

Approximately 1.2 million new single-family homes are built in the U.S. each year, with the average new-home size increasing significantly, from 1,645 square feet in 1975 to 2,434 square feet in 2005, according to the National Association of Home Builders. As the size of homes grows, so will the increased strain on wallets, the U.S. energy supply and the environment.

There are several ways to build a home to ensure that it efficiently keeps temperatures comfortable. One of the most cost-effective ways of doing so is by properly insulating the home with the latest insulation technology to maximize its energy efficiency potential.

"The most effective insulation products on the market today completely fill wall cavities, eliminating all gaps and voids where energy can escape," said Dean Johnson, host of the national home improvement show "Hometime."

"Homeowners should also use insulation that doesn't contain volatile organic compounds (VOCs) such as formaldehyde, which may have long and short-term adverse health effects. In tighter-built, more energy-efficient homes, indoor air will not mix as frequently with fresh outdoor air, so it's important to remove sources of formaldehyde from the home to reduce the potential for poor indoor air quality."

One example of an insulation product that is helping homeowners realize significant savings on heating and cooling bills, without sacrificing indoor air quality, is the Johns Manville Spider Custom Insulation System. Spider is a formaldehyde-free fiberglass insulation and is ideal for new home construction because it sprays into wall cavities and fills all nooks and crannies to provide a superior insulation barrier. Spray-in products such as Spider are installed by a professional and will significantly reduce heating and cooling costs, saving a typical household an average of $300 per year.

Properly insulating a new home will continue to save money and may also increase the resale value. Building a home is a big investment of time and money. Doing it right the first time around will make the entire experience, and the time spent in the home, that much more enjoyable.

To learn more about how to properly insulate a home and the positive impact insulation can have on the environment, go to www.jmhomeinsulation.com.

POINTS FOR HOMEOWNERS

Protecting The Home, Family And Property

(NAPS) In many cases, the best way to protect the home is through caution and common sense.

Kwikset has teamed up with nationally syndicated columnists and radio talk show hosts The Carey brothers to offer tips for keeping family and property safe:

1. **Going out of town?:** Give neighbors a house key to check the home. Another idea: Install a Kwikset Powerbolt® and provide a temporary code for neighbors to use. Powerbolt provides the convenience of keyless access, operates on just four AA batteries and permits access with a personalized code or a key.

2. **Parking outside?** Don't keep a home address on anything found within a car. Also, never give house keys to a valet service, just the ignition key.

4. **Been living in the same house for over five years?** "You might consider changing the locks," said Morris Carey. "After this long you begin to forget about the number of different people that had access to your home." Closely inspect deadbolts every six months for tampering and excess wear. Replace outdoor locks with Grade-One deadbolts or new locks to ensure the best security possible.

5. **Traveling?** Don't put a home address on luggage tags. Put the office address or just list a cell phone number.

6. **Coming home late?** Have keys ready so as to not be fumbling for them at the door. Another solution is to install a Kwikset Powerbolt to not worry about keys at all.

7. **Taking a trip?** Leave a car parked in the driveway. Better yet, ask a neighbor to park in the driveway to give the appearance that someone is coming and going regularly.

8. **Hectic schedule?** Don't give specific schedule information on outgoing voicemail or on automated "out-of-office" email replies. Offer a cell or alternate number on the message instead.

9. **Is every door secure?** Keep the door from the garage into the house locked even if the main garage door is closed. It can be helpful to install and use deadbolt locks on exterior doors leading into the garage as well as entry doors leading into the house.

10. **Have an easily accessible backyard?** Install a secure fence to prevent someone from gaining access to the home through the back door. James Carey suggests planting hearty and fast-growing bushes. "This will give your home an extra barrier of protection around the perimeter of the property."

For a detailed home security analysis, contact a bonded locksmith. Visit www.kwikset.com for additional safety tips.

Reverse Mortgage Topic

Ed Barrett, a reverse mortgage specialist, will discuss his specialty on the first and third Wednesdays of the month at 1 p.m. at the Council on Aging office, 83 Saratoga St., North Quincy.

Reverse mortgage is a new program offered by the federal government thst allows seniors to convert a portion of their home equity into tax free cash.

For an appointment, call Ann Bruce at 617-376-1506.

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Quincy 2000 Business Showcase Week Oct. 23-27

Quincy 2000 Collaborative, Quincy's public/private economic development organization, is sponsoring a Business Showcase Week and Expo Oct. 23 through Oct. 27.

The week will feature:

A **Quincy Exchange Business Expo**, Wednesday, Oct. 25 from 3 to 8 p.m. in the Atrium at Presidents Place, 1250 Hancock St., Quincy Center. The expo will feature displays by area businesses, local officials and non-profit organizations from throughout the city.

In addition the business-to-business networking that will take place, information will be available on various local and state programs that provide assistance to start-up and expanding businesses.

The Business Expo will also feature a **Taste Quincy Extravaganza** event from 5:30 to 7:30 p.m. where dozens of restaurants from throughout the city will provide their specialties.

Quincy Restaurant Week will take place Oct. 23 to 27. Co-sponsored by Quincy Arts Alive and the Quincy Restaurant League, restaurants and eateries will offer special lunch and dinner promotions in celebration of the array of ethnic eateries in the city.

Several Workshops and Forums will be held throughout the week on such topics as how to successfully operate a business in a multicultural consumer environment; how to communicate a message in today's multi-media environment; and cost effective ideas to have a presence on the internet.

Quincy companies whose business practices encompass a multicultural workplace or service environment will be featured on **Public Displays** showcased in various locations throughout the city.

For more information on any of the above events and programs or to reserve table space at the Business Expo, visit the Quincy 2000 website at www.quincy2000.org or call 617-847-1454.

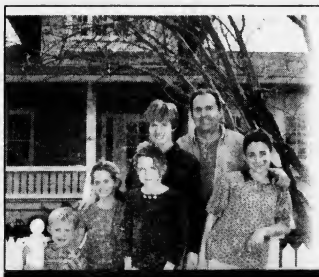
SCENIC VIEW of Granite Links Golf Course at Quarry Hills as autumn settles in.
Quincy Sun Photo/Noreen O'Shea

Informal Event For Parents At NQHS Oct. 26

The North Quincy School Guidance Department is sponsoring an informal event for all Quincy parents and guardians Thursday, Oct. 26 at 7 p.m. in the NQHS auditorium.

Sue Blaney, author of "Please Stop The Rollercoaster! How Parents Of Teenagers Can Smooth Out The Ride," will discuss adolescent behavior, improving communication, and role and relationship changes between parents and teens.

Call 617-984-8747 for more information.



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*APR=Annual Percentage Rate. Revolving line of credit. Line of credit can be accessed from 10/16/06 – 11/16/07. Maximum loan amount $1,500. Minimum monthly payment $100 through automatic payment from QCU Checking account. Verification of income is required. Certain restrictions may apply. Membership eligibility requirements apply. $5.00 Primary Share Account is required for Membership.

MSIC NCUA

You're invited
Quincy Business Showcase Week & Expo

QUINCY 2000 COLLABORATIVE
Economic Partnerships in the 21st Century

Wednesday, October 25
Quincy Exchange Business Expo *3 to 8 p.m.*
Meet over 75 businesses and agencies and learn how easily you can do business in Quincy.

Passport photos and applications available at the United States Postal Service booth

Taste Quincy Extravaganza *5:30-7:30 p.m.*
Quincy restaurants on parade! Enjoy mouthwatering samples from many of Quincy's restaurants.

Presidents Place- Atrium,
1250 Hancock Street, Quincy Center

Taste Quincy Restaurant Week, October 23-27th
Dinner and lunch specials by various restaurants. Visit www.QuincyArtsAlive.org for more information or call (617) 657-0527.

Look for public displays throughout the City promoting the multicultural environment within some of Quincy's prominent companies!

FREE WORKSHOPS/FORUMS

Monday, October 23, 2006 4:00 – 5:30 PM
Business Forum: A Panel Discussion
How to successfully manage the challenges and opportunities of operating a business in a multicultural environment.
Panelists Include:
Wan Wu, Manager Kam Man Food
Marcia Bailey, Director Wollaston Child Care Center
Carlos Da Silva, President, The Office of Total Assistance
Kao Li, Harbour Planning Group

Tuesday, October 24 6:00 – 7:30 PM
"Marketing Your Business to the Many Faces of Quincy"
Presenter: John Graham, Graham Communications
The most effective ways to communicate your message in today's multi-media environment.

Wednesday, October 25 7:00 – 8:00 PM
"Wealth Strategies in Action"
Presenter: Lynnette Robbins, the National Institute of Education
"It's what we don't know about money that hurts us!"

Friday, October 27 8:00 – 9:30 AM
"Can I afford not to have an Internet presence?"
Presenter: Joseph Giggey, Gig IT Consulting
A presentation on Web presence, email, marketing and cost.

All workshops will be held at Presidents Place,
1250 Hancock Street in the lower level conference room.

Visit www.quincy2000.org for more information and to RSVP or call 617-847-1454.

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QUINCY POLICE HOT SPOTS

QUINCY POLICE STATISTICS: Oct. 6 - Oct. 12
Total Calls for Service: **1, 357**
Total Arrests: **37**
Total Stolen Cars: **3**

FRIDAY, OCT. 6

VANDALISM/PROPERTY, 3:50 a.m., 32 Turner St. Car. Just had tires slashed and windows smashed on car about 10 minutes ago. Person running down the street is all they noticed.

VANDALISM/PROPERTY, 5:15 a.m., 290 Copeland St. Lawn/porch. Believes damage was done intentionally due to recent license board meeting.

VANDALISM/PROPERTY, 6:57 p.m., 500 Hancock St. Statue tipped over.

SATURDAY, OCT. 7

LARCENY/MOTOR VEHICLE, 6:45 a.m., Artery Cleaners, 681 Southern Artery. Van. 2004 Ford van, color white, with the business written all over last seen about 5 p.m. last night.

LARCENY, 11:41 a.m., 901 Hancock St. Jewelry. Caller's earrings were stolen.

LARCENY, 12 non, 501 Washington St. Past. Report to be filed.

LARCENY, 12:34 p.m., 901 Hancock St. Medication. Pills were taken.

LARCENY, 2:06 p.m., 27 Franklin St. Via credit card.

BREAKING AND ENTERING/PAST, 5:15 p.m., North Quincy High School, 318 Hancock St. Custodian on scene states window was opened when he arrived there. Saw youths inside who fled when they saw him. Camera was dropped by a youth who was running from him. Two Asian male suspects. Gone on arrival. Evidence recovered.

BREAKING AND ENTERING/PROGRESS, 9:19 p.m., 15 Keyes St. Dwelling.

SUNDAY, OCT. 8

VANDALISM/PROPERTY, 2:27 a.m., 120 Washington St. Motor vehicle tires slashed.

LARCENY, 11:20 a.m., 10 Bradford St. Larceny. One under arrest.

LARCENY, 1:53 p.m., 119 Arnold St. Stolen. Hard drives for computer taken.

BREAKING AND ENTERING/PAST, 5:24 p.m., 566 Washington St. Past.

VANDALISM/PROPERTY, 7:07 p.m., 12 Dale Ave. Past. Two cars had tires slashed.

BREAKING AND ENTERING/PAST, 8:54 p.m., 8 Miller Stile Rd. Dwelling. Laptop stolen.

ARMED ROBBERY, 11:26 p.m., Hancock St. and Quincy Ave. Knife shown. One dark skinned male 5'9", heavy set, grey shirt and one light skinned Hispanic male with a green or blue shirt with the #52.

BREAKING AND ENTERING/PROGRESS, 11:59 p.m., 299 Atlantic St.

MONDAY, OCT. 9

BREAKING AND ENTERING/PROGRESS, 1:31 a.m., Outback Steakhouse, 227 Parkingway. Business. Arrest made.

VANDALISM/PROPERTY, 7:53 a.m., Furnace Brook Golf Club, 74 Summit Ave. Last night. Caller states there was a large amount of damage to course over the night.

VANDALISM/PROPERTY, 8:29 a.m., 54 Yardarm Ln. Trailer was spray painted.

LARCENY/MOTOR VEHICLE, 10:24 a.m., 14 Norton Rd. Using without. Two males took keys. 1997 Cadillac Deville, color black.

VANDALISM/PROPERTY, 11:28 a.m., Ice Paints, 714 Adams St. Past. Spray painted back door and side of building.

ASSAULT AND BATTERY, 11:37 a.m., 109 Highland Ave. Just happened.

LARCENY, 12:06 p.m., 169 Sea St. Past.

VANDALISM/PROPERTY, 1:21 p.m., 25 Windsor Rd. To motor vehicle.

ASSAULT AND BATTERY, 2:40 p.m., 182 Quincy Ave. Male party arrested for A&B.

LARCENY, 3:03 p.m., 115 Crescent St. Past. Pocketbook was stolen at Bingo in the lower church.

VANDALISM/PROPERTY, 3:26 p.m., 24 Sullivan Rd. Past. Lilac bush.

ASSAULT AND BATTERY, 6:40 p.m., 189 Lilberty St. Past.

TUESDAY, OCT. 10

LARCENY, 10:25 a.m., Furnace Brook Golf Club, 74 Summit Ave. Past. Four gas tanks, an American flag, grill tools, four sets of tee balls, and white rope.

VANDALISM/PROPERTY, 11:52 a.m., 1060 Hancock St. To vehicle. Woman just scratched his truck. Woman inner 40s wearing all white, gone on arrival.

VANDALISM/PROPERTY, 11:57 a.m., Ici Paints, 714 Adams St. Graffiti. Second day in a row building has been spraypainted.

VANDALISM/PROPERTY, 1:48 p.m., 126 Brook Rd. Property. House ransacked, happened Oct. 8. No break, some damage to the area around the window.

LARCENY, 3:17 p.m., Back to Basics, 373 Granite St. Flim flam.

LARCENY, 4 p.m., 49 Nelson St. Money order. Occurred about 15 minutes ago. Money order for $83.26.

BREAKING AND ENTERING/PAST, 4:20 p.m., 57 Winter St. Dwelling. Entry gained via unlocked rear bedroom window. Toshiba DVD/VCR player and assorted coins were stolen.

BREAKING AND ENTERING/PAST, 5:56 p.m., 25 Rockland St. Dwelling. $38 cash stolen.

VANDALISM/PROPERTY, 9 p.m., Bank of America, 690 Adams St. Past. Building and vehicles damaged.

BREAKING AND ENTERING/PAST, 11:24 p.m., 500 Falls Blvd. Dwelling.

WEDNESDAY, OCT. 11

VANDALISM/PROPERTY, 1:11 a.m., Quincy Credit Union, 100 Quincy Ave. Sprinkler head near sidewalk on Scammell St. side appears as if someone walked by and kicked or hit it with something. Water spraying but no hazard at this time.

VANDALISM/PROPERTY, 1:59 a.m., MWRA Pumping Station, 27 Kilby St. To car. Caller is working and he was sitting in his car when it was struck by a rock he believes was thrown from the area of the dike. States this has happened twice this week to employees.

LARCENY, 10:45 a.m., Quincy Credit Union, 100 Quincy Ave. Counterfeit bill.

VANDALISM/PROPERTY, 11:50 a.m., Sly Fox, 139 Copeland St. Graffiti. Building spray painted.

LARCENY, 2:02 p.m., Alumni Cafe, 708 Hancock St. Prescription for medications stolen.

LARCENY, 5:15 p.m., A.J. Wright, 126 Parkingway. Past. Arrest made. One party also charged with warrant. Subject additionally charged with larceny over and misuse of a credit card.

ARMED ROBBERY, 9:12 p.m., One Stop Gas, 324 Quincy Ave. Knife shown. Gold colored Ford Escort, two black males. Male with knife wearing black fleece, headed towards Weymouth. Should have $200 on them. Vehicle pulled over by Weymouth PD on the highway by Union St. State Police also on scene. Vehicle towed, two under arrest. One suspect charged with armed robbery, four warrants, three were located, fourth one done during this process, and being a fugitive from justice. Suspect #2 charged with armed robbery, false info follow arrest and VOP warrant.

UNARMED ROBBERY, 9:13 p.m., Granite St. and Presidents Ln. Pocketbook. Two white males jumped out of the bushes and stole pocketbook. Happened 15 minutes ago, youths ran up the street. No weapons shown.

THURSDAY, OCT. 12

LARCENY/MOTOR VEHICLE, 4:39 a.m., 81 Gilbert St. Just occurred. 1992 Subaru Legacy, color brown. Stolen from in front of the house by a party 13 years old. Keys were taken off the table. Vehicle spotted on Gilbert while filling out stolen from and vehicle fled with no lights toward Water St. Suspect later arrested on Quarterdeck Rd.

VANDALISM/PROPERTY, 10:04 a.m., High Point, 193 Quarry St. To vehicle. Passenger side of motor vehicle has been keyed.

LARCENY, 7:54 p.m., Marshall School, 200 Moody St. ext. Cell phone.

❑

If you have information on the above crimes, or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764**. If you wish to report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. If you wish to make an appointment to view the **Registered Sex Offenders** book, call **617-745-5768**.

If you wish to contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us--*Lt. Dan Minton.*

OFFICER JAMES 'JAMIE' COCHRANE

A Night To Remember Officer Jamie Cochrane

By OFFICER BILL WARD and LT. DAN MINTON

On Sept. 10, Quincy Police Officer James "Jamie" Cochrane lost his life due to injuries in a motorcycle accident.

All members of the Quincy Police Department are still mourning over the loss of our friend and brother office.

Jamie worked most of his career as a member in the Motorcycle Unit of the Special Operations Division. He was an extremely hard working police officer who handled every assignment with true professionalism. Jamie received many commendations and citations from citizens and supervisors alike.

Friends and neighbors remember "Jamie" as a "great man," "a man who always put other people's needs in front of his own." His huge smile and infectious laugh brightened so many people's days.

Jamie had the ability to adapt to any situation, whether it be cradling an injured person in his arms or leading other officers through doors to arrest wanted felons. He was a person to emulate.

Most importantly, Jamie was a great husband – he loved his wife Maria dearly; often recounting stories of the great times they had together. Our thoughts and prayers are with you, Maria.

His passing has not only left a void in the police department, but the community as well.

Members of the Quincy Police Department invite the public to "A Night to Remember Jamie Cochrane." This event will be held Friday, Oct. 27 at 7 p.m. at the IBEW Local 103 Hall, located at 256 Freeport St., Dorchester.

Tickets are $25 and may be purchased at the door. We hope to see you there!

All other donations can be made to "Friends of Maria Cochrane," P.O. Box 690268, Quincy, MA 02269-0268.

For more information, call 617-745-5756.

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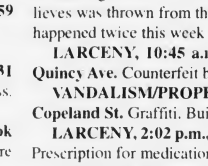
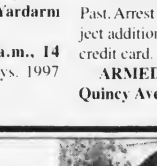


Theodore Riordan, Esq.
Former clerk, RI Supreme Court



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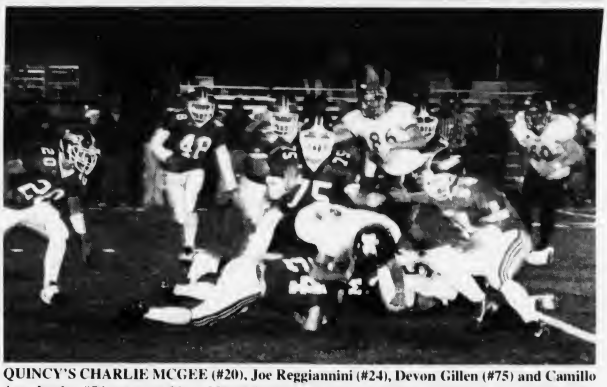
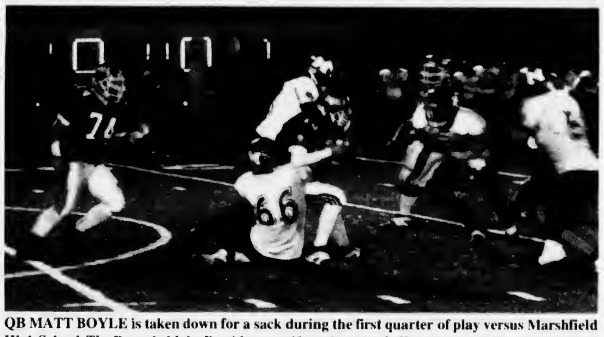
SPORTS

Presidents No Match For Marshfield



QUINCY'S CHARLIE MCGEE (#20), Joe Reggiannini (#24), Devon Gillen (#75) and Camillo Arredondo (#54) gang-tackle a Marshfield player during Friday night's game at Veterans' Memorial Stadium.



QB MATT BOYLE is taken down for a sack during the first quarter of play versus Marshfield High School. The Rams held the Presidents to 40 total yards of offense through three quarters of play last Friday night. *Quincy Sun Photos/Robert Noble*

By SEAN BRENNAN

For the second time in as many weeks, a Quincy high school football team opened their school's home schedule at the renovated Veterans' Memorial Stadium with a dud.

Last week, it was North Quincy who was on the wrong end of a lopsided loss (a 40-16 defeat to Plymouth North) to an Atlantic Coast League powerhouse, and last Friday night it was Quincy High School's turn.

The Presidents (1-4, 0-4) were looking for the city's first win at the new field, but the Rams of Marshfield High School (5-1, 4-1) had their own ideas. Marshfield, a serious contender for a post-season Super Bowl berth, scored early and with relative ease against the Presidents. The Rams found the endzone on four of their first six possessions, and held a commanding 20-0 halftime lead.

The Rams defense held Quincy's first-team spread formation offense to a paltry 40 yards of total offense through the first three quarters. The Rams' defensive line continually pressured quarterback Matt Boyle (4-12, 27 yards) into hurried throws and their relentless pressure forced two critical Quincy turnovers in the first half.

Marshfield came out of the gates firing on all cylinders, and used a 12 play drive to make the score 7-0 with 3:54 left in the first quarter. The Rams, behind a huge offensive line, wore down the Presidents on the drive with 11 running plays, with the biggest play being a 33-yard pass from quarterback Kurt Leone (5-7, 117 yards) to Jerome Freed that put the ball on the Presidents' 8-yard line. Three plays later Wendall Chipman (11 carries, 58 yards) scored from one yard out.

On the Rams next possession, the Presidents fired up their bench and the small home crowd when the defense forced Leone to fumble the ball at the Quincy 17 yard line, but Boyle and the offense could do nothing with the turnover (three plays, minus 15-yards). With Tom Hazelhurst punting from the back of his own endzone, Marshfield got the ball back with great field position at the Quincy 28-yard line. One play later the score was 14-0. Leone took the snap, rolled to his right and found a receiver open in the back of the endzone for the backbreaking score.

Quincy could not find a way to stop the Rams' running game all night long (Marshfield had over 100-yards on the ground), and with Leone dropping back to throw seven times all game, Marshfield ate up the game clock on the ground from beginning to end.

"We gave up too many big plays tonight," Quincy head coach Bob Noble said. "How many third downs did they convert? Quite a few. We had them and we let them off the hook."

Marshfield would score one more time before the half on a 23-yard pass from Leone to senior Steven Good, to take the 20-0 lead.

Quincy's Jared Tucker took the opening kickoff of the second half up to the 34-yard line, and the Presidents got a first down run from junior Diego Arredondo before punting the ball back to Marshfield. The Rams' Chipman scored from 2 yards out at 4:50 of the third quarter to make the score, 27-0. Marshfield's Philip Whitaker finished the scoring in the fourth quarter on a 4-yard touchdown run.

The Presidents replaced their first team offense midway through the final quarter, and the second team added a spark on a cold Friday night. Sophomore quarterback Mark Gilbody and sophomore wide receiver Sean Gray each contributed positive plays during a late drive. The final play of the game, a Gilbody sack, summed up the entire night for the Presidents. The Rams dominated from start to finish and Quincy was left wondering what hit them.

Quincy did receive solid play from a number of players including senior captain Camillo Arredondo (6 tackles, two solid kick returns), senior captain Charlie McGee (all over the field on defense), sophomores Aldo Villena and Louis Jean-Evens and senior Mark Cugini.

The Presidents will have the opportunity to earn some much-needed wins at Veterans' Memorial Stadium over the next month as they host Dennis-Yarmouth this Saturday at 5 p.m. before going back on the road on Oct. 27 to play Nauset. Quincy will finish their 2006 schedule with three home games against Plymouth South (11/4), Sandwich (11/10) and North Quincy (11/23).

Men's Drop-In Basketball Program Begins Oct. 30

Barry J. Welch, Director of Recreation, announces the Quincy Recreation Department will supervise a Men's Drop-In Basketball Program at the Atlantic Middle School gymnasium on Monday evenings.

The program, which begins Monday, Oct. 30, runs from 6-8 p.m. each Monday, throughout the winter with the exception of Monday holidays. Each week pick-up teams are formed from those who are in attendance and games are played.

There is a $5.00 fee payable each week at the door. New participants are always welcome.

Locker room facilities are available and the activities are supervised by Quincy Recreation staff.

The school is located on Hollis Ave. in North Quincy and the gym is at the rear of the parking lot.

Additional information can be obtained by calling the Quincy Recreation Office at 617-376-1394.

Church Basketball League Registration Saturday

The South Shore Church Basketball League will be holding registration for boys and girls on Saturday, Oct. 21 from noon to 3 p.m.

The registration will take place in the Park & Recreation Building on Southern Artery, across from Adams Field.

The fees are as follows: Ages 7-9 ($55), 10-12 ($70) and 13-15 ($85). All age brackets are as of Dec. 31, 2006.

Note: Affiliation with the church is not a requirement. All youths are welcome to register.

If you have any question call Rich Hanlon at 1-617-827-8697.

Raiders Fall To D-Y, 17-14

The Red Raiders football team took to the road this past weekend in search of their first win of the season, North Quincy came close, but ultimately fell to Dennis-Yarmouth High School, 17-14, in Atlantic Coast League play.

North Quincy (0-6, 0-4), coming off a 40-16 loss to Plymouth North High School, played with more intensity on offense and defense against Dennis-Yarmouth, but the final score did not go in their favor.

Red Raider senior quarterback Shaun McBrien threw two touchdown passes in defeat. McBrien found junior Dennis Martin early in the game to put North Quincy on the scoreboard. Senior placekicker Dave Guerrero successfully connected on the point after attempt.

Later in the game, McBrien hooked up with senior Adam Tragellis for a touchdown strike. Guerrero's extra point finished the scoring for the Red Raiders.

The schedule does not get any easier for North Quincy in the coming weeks as the team will host Nauset High School this Friday night (7 p.m.) at Veterans' Memorial Stadium, and in two weeks travels down to Marshfield to take on the league-leading Rams.

The Red Raiders final three games of the season include a home game against Whitman-Hanson (11/3), an away game versus Plymouth South (11/10), and the annual Thanksgiving Day game against Quincy on Nov. 23rd.

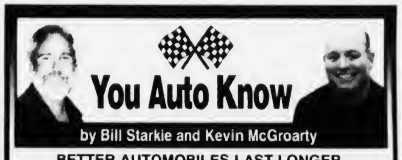
Quincy-North Quincy Football Hall Of Fame Annual Meeting Oct. 21 At Sons Of Italy

The Quincy/North Quincy Football Hall of Fame's annual fall meeting will take place on Tuesday, Oct. 24 at the Quincy Sons of Italy at 7 p.m.

The agenda at the meeting will include the announcement of new inductees, advanced ticket sales for the upcoming banquet ($30) and nominations and elections of 2006 Officers.

On Tuesday, Nov. 21, the Quincy/North Quincy Football Hall of Fame Banquet will be held at the Quincy Sons of Italy. The event will begin at 6:30 p.m.

Donations, advertisements for the Ad Book, and sponsorship funds ($30) are needed and welcomed. Checks can be made payable to: Q/NQ Football Hall of Fame, 22 Gramplan Way, Weymouth, MA 02188.



BETTER AUTOMOBILES LAST LONGER

It used to be that the benchmark for a car's longevity stood at 100,000 miles. Today, this odometer reading is commonly being exceeded, which gives an indication of how advanced technology, improved engines, and synthetic oils have exerted a healthy influence. According to a report recently released by the National Highway Traffic Safety Administration, the typical passenger car now readily surpasses 150,000 miles, at the same time that most pick-up trucks, sport utility vehicles, and vans are surpassing 180,000 miles. Only ten years ago, most passenger cars were breaking the 125,000-mile mark while light trucks typically reached the 150,000-mile barrier. Of course, all the technical improvements in the world will not overcome poor maintenance. Adhere to the owner's manual recommendations.

Although initial quality is a huge factor in longevity of your vehicle, proper maintenance is the true key to longevity. You can be sure that you will receive the car care you need when you bring your vehicle to LEO & WALT'S SUNOCO, Located at 258 Quincy Ave., E. Braintree, we are proud of our track record of providing excellence in car service. You can trust us. Questions? Call 781-843-1550. "A Place Where Your Car Can Live Longer.

HINT: Fully 79 percent of 10-year-old passenger cars are still on the road.

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Raiders Need A Point For Tournament Berth

GIRLS' SOCCER

By SEAN BRENNAN

With only two Atlantic Coast League games left on their schedule, the Red Raiders' girls soccer team needs just one point to qualify for the Division I South Sectional Tournament for the tenth straight year.

North Quincy (8-5-1) will make the trip down to Dennis-Yarmouth on Friday, and will finish their 2006 regular season next Tuesday (5 p.m.) at Veterans' Memorial Stadium versus Quincy. The Red Raiders beat the Presidents in the two teams first match, 4-0.

On Monday (10/16), North Quincy earned some revenge on ACL foe Plymouth North. Having already lost to the Blue Eagles earlier in the season, 2-1, the Red Raiders overcame an early 1-0 halftime deficit with a dominating second half performance, and won a critical league game, 2-1.

The game did not start off the way the Red Raiders would have hoped, as Plymouth North came out early and controlled the pace of the game. The Blue Eagles were rewarded for their tenacity five minutes into the game on an own goal by North. An Eagles' corner kick deflected off of two Red Raider defenders and rolled into the net, and if not for the stellar play in goal from Siobhan Carnell, North Quincy may well have been down by three goals at the half.

North, sensing the game may be slipping away, came out with a vengeance and took over the game in the second half. With Emily Milone, Jillian Benn and Keriann Cabral controlling play at the midfield, and midfielder Bridget Coleman effectively shutting down Eagles' star Shana Follette, the Red Raiders upped their pressure. After head coach Paul Bregoli made a tactical change (moving Coleman to forward and defender Kerry Coughlin to outside back), North found the equalizer.

A Coleman feed to Lauren Stille led to a Stille cross to a streaking Cabral who buried the pass from the 18-yard mark for the tying goal. The score was Cabral's first career goal. Tied at 1-1 with 15 minutes left, Stille came through again with a beautiful cross to senior captain Megan Therrien. Therrien wasted no time in finding the back of the net for her fourth goal of the year. The Red Raiders completely dominated the final minutes and came away with an impressive and important win, 2-1.

Amy Carchedi, Brittany Folkins, Paige Bonanni, Tara Whooley, Kerry Coughlin and Melissa Mendall all played solid games for the Red Raiders.

On Columbus Day, North Quincy dispatched of Plymouth South, 4-0. Scoring goals for the Red Raiders were Mary Kate Stille (2 goals, 3rd leading scorer in the ACL), Emily Milone (1 goal, 1 assist), and senior midfielder Natalie Djerf (1st career varsity goal). North got good performances defensively from Tara Whooley, Ali Russell and Danielle Kelly while sophomore Siobhan Carnell recorded her third shutout of the year.

Milone's assist was historic as she is now the all-time assists leader for the North Quincy program. Milone has also moved into third place in scoring as well.

A 4-0 loss to Marshfield High School on 10/12 spoiled an otherwise successful week for the Red Raiders, but the team can still qualify for the post-season with either a tie or win over their next two games, and once the post-season starts, anything is possible.

Woodward Week: 1-2

The Woodward School for Girls' varsity soccer team finished with a 1-2 record in three games last week. The Wildcats played Brimmer & May, The Waring School and Gann Academy.

On Oct. 5th. Woodward defeated Brimmer & May, 6-1. Jasmin Johansen and Deide McGarth each had two goals in the win. Tatianna Rosado (one goal) and Michele Norton (1 goal, 3 assists) completed the scoring for the Wildcats.

On Oct. 6th, the Wildcats fell to The Waring School, 7-2. Rosado scored both of the Wildcats' goals in the loss. Woodward goalkeeper Mary Harris, of Quincy, recorded 10 saves in the loss.

Against Gann Academy on Oct. 10th, Woodward fell in defeat, 4-0.

by Chris Richcreek

1. Between 1999-2003, three Boston Red Sox players combined to win four American League batting-average titles. Name them.
2. Who was the first New York Yankee to lead the American League in batting average for a season?
3. Name the winner of college football's first Rose Bowl in 1902.
4. True or false: Shaquille O'Neal has compiled more seasons of averaging 20 points and 10 rebounds than Wilt Chamberlain did during his NBA career.
5. When was the last time the same city held championships in the NHL's Stanley Cup and the Canadian Football League's Grey Cup at the same time?
6. At what Olympics was Jim Thorpe declared the "greatest athlete in the world."
7. Golfer Jay Haas set a record in 2006 for most career PGA Tour cuts made. Whose record of 590 did he break?

Answers

1. Nomar Garciaparra (1999, 2000), Manny Ramirez (2002) and Bill Mueller (2003).
2. Babe Ruth hit .378 in 1924 to lead the American League.
3. Michigan beat Stanford, 49-0.
4. True: He's had 13 such seasons; Chamberlain had 12.
5. Edmonton in 1987.
6. He was proclaimed such by Sweden's King Gustav at the 1912 Olympics at Stockholm.
7. Tom Kite had held the mark.

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North Quincy Shuts Out Plymouth North

GIRLS' VOLLEYBALL

The North Quincy girls volleyball team continues to steamroll all challengers in Atlantic Coast League play this season. The Red Raiders defeated Plymouth North High School last Friday, three games to none.

North Quincy, a perfect 10-0 in league play, 12-3 overall, was led by senior captain Maria Della Croce's five aces. The visiting Red Raiders won in straight games, 25-13, 25-10, 25-19.

North Quincy heads to the road this week for two out-of-conference games against Arlington Catholic (Monday) and Boston Latin (Tuesday) and the team visits Dennis-Yarmouth on Friday in ACL play.

Quincy Defeats W-H; Improves League Mark To 8-1

The girls volleyball team at Quincy High School is rolling right along in Atlantic Coast League play. After the Presidents' win against Whitman-Hanson last Friday, their league record now stands at 8-1. The team's overall record is 8-6.

Against the Panthers, the player of the match for Quincy was junior Alicia Woodberry. Woodberry tallied 18 assists, six digs and two kills to help led her team to a three games to none win. The final scores for all three games were 25-14, 25-19 and 25-19.

Other team members making positive contributions for Quincy were junior Liz Bock (14 kills) and Marybeth Torpey (5 kills and 2 aces).

The Presidents, who play three league games this week against Dennis-Yarmouth (Monday), Marshfield (Wed.) and Falmouth (Friday), will play their much-anticipated rematch against North Quincy on October 25th. Quincy fell to the Red Raiders in a close match two weeks ago.

Dolbec, Griffin Lead Red Raiders Past Presidents

GOLF

Last Thursday at Presidents Golf Course, the Red Raiders of North Quincy High School teed-up against the Presidents of Quincy High School in an Atlantic Coast League showdown.

North Quincy (13-2, 7-0) defeated Quincy (2-13) by a score of 233-261. Seniors Peter Dolbec and Mikey Griffin each shot a 1-over 35 (through nine holes) to help pace the Red Raiders.

Also playing for North, were fellow seniors Jon Drooks and Rob McAloon. Both Drooks and McAloon shot a 5-over 39 for the day.

The Presidents, playing their last match of the year, received impressive performances from juniors Kevin Shea and Ricky Salvucci. Shea shot a 4-over 38, while Salvucci finished with 7-over 41.

The Red Raiders have qualified for the South Sectional post-season tournament.

Quincy Youth Hockey, Arena To Host Gala Event Nov. 4

Quincy Youth Hockey and the Quincy Youth Arena will host a gala event on Saturday, Nov. 4 at the Sons of Italy Hall on Quarry St. in Quincy from 7-11 p.m. to thank and recognize all who have contributed to Quincy Youth Hockey's 40 years of success.

The genesis of Quincy Youth Hockey began forty years ago when an ad was placed in the newspaper inviting youngsters to come and participate in a hockey program at the Ridge Arena in Braintree. Forty-two kids answered that advertisement and the program was off and running. The organization was formed in 1967.

The Quincy Youth Arena, which was built in 1973, would not have been completed if not for the 100 families who put up $100 apiece for start-up funds and all of the other residents who donated their expertise that helped in the building of the arena.

Quincy Youth Hockey is hosting this gala as a way to thank those first founders and all who have walked through their doors and donated their time as coaches, players, directors, bingo workers, fundraising committee members, referees, scorers, players and parents. The gala will be a chance for the extended hockey family to come and reminisce.

The ticket price is $25 and includes music and hors d'ouvres. For more information call Michelle Stenberg at 617-479-8371 or Doreen Hayes Hayward at 617-472-5896.

Presidents Basketball Tryouts Nov. 2, 9 At Broad Meadows

The Presidents Travel Basketball Program will begin the season with open gym time for prospective players and parents to meet coaches and prepare for tryouts.

Boys in the 5th-8th grade are welcome to participate while coaches run through two nights of drills and scrimmages. Sessions will be held at the Quincy High School Voc-Tech Gym Thursday Oct. 19 and Oct. 26 from 7-9 pm. There will be $5 fee per session for open gym nights.

Tryouts are scheduled for Thursday, Nov. 2 and Thursday, Nov. 9 at the Broad Meadows Middle School from 7-9 pm. (There is no fee for try-outs.)

Call Andy Myers (617-471-7920) for more information.

Additional information on the South Shore Youth Basketball League will be distributed at the gym sessions and try-outs.

The 2006-2007 Coaching Staff is Bob "Moose" Cochrane (5th grade), Parker Scott (6th grade), Mat[illegible] Rampoini (7th grade), [illegible] Andy Myers (8th grade).

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North Quincy Nipped By Plymouth South, 2-1

BOYS' SOCCER

Playing a tough league opponent in Plymouth South, the Red Raiders of North Quincy fell, 2-1, in a hard-fought Atlantic Coast League boys' soccer game last week.

North Quincy (2-9-1,1-7) trailed 1-0 with 15 minutes left in the contest, but the Red Raiders' top goal scorer, Shane Regan, tallied a goal late in the second half to even the score at 1-1.

Plymouth South would later go on to score the winning goal late in the second-half and hung on to secure the victory, but the hard work and toughness that his team showed did not go unnoticed by North Quincy head coach Rich Hanlon.

"The team played a strong game against Plymouth South," Hanlon said. "Shane Regan continues to show why he is our team's top goal scorer. We played them tough, but just couldn't get that tying goal."

The Red Raiders hosted Marshfield High School at Teal Field last Thursday and lost to a very good Rams team, 6-1. Shane Regan scored the Red Raiders' lone goal and North Quincy could not prevent Marshfield from clinching at least a share of the Atlantic Coast League regular season title in their first year as a member.

The Red Raiders are scheduled to play Sandwich High School (Wed.) and Dennis-Yarmouth High School (Friday/Teal Field) this week in ACL play.

Plymouth North Blanks Presidents

The Quincy boys' soccer team lost last week to the Blue Eagles of Plymouth North in Atlantic Coast League play.

The Presidents played well against Plymouth North High School, but could not find the back of the net, and were shutout 2-0. Blue Eagles goalkeeper Matt Bruninghaus made four saves to earn the shutout.

The Presidents will look to get back on track this week when they play three league games against Whitman-Hanson (Monday), Marshfield (Wed.) and Falmouth (Friday).

Quincy and North Quincy will finally meet later this month (10/24 &10/27) after numerous cancellations of previously scheduled games. Both games will begin at 7 p.m. and both games will be played at Veterans' Memorial Stadium.

James Fitzroy Chairs Golf Professionals Meeting

James R. Fitzroy, superintendent and director of Norfolk County's Presidents Golf Course in Quincy and Milton, recently chaired the Golf Course Superintendents Association of America (GCSAA) Government Relations Committee in Washington, DC.

The committee, comprised of nine golf course superintendents from seven different states, convened at the offices of Reed Smith Shaw & McClay LLP, the GCSAA's legislative representatives.

Fitzroy, a member of the GCSAA's Board of Directors, met with staff from Senators Edward M. Kennedy and John F. Kerry to discuss issues affecting the golf course industry.

"I'm pleased Senators Kennedy and Kerry provided a forum for beginning a dialogue regarding our industry," Fitzroy said. "Golf has a huge impact on the Massachusetts economy; it employs over 28,000 full and part time workers and has a $2.5B net sales business for the Commonwealth."

JAMES FITZROY

Priority issues for the GCSAA include:

- Making golf accessible to all persons by promoting policies and practices that consider the needs and safety of all golfers
- Environmentally responsible golf course siting and construction
- Use of reclaimed or effluent water for golf course irrigation when the water quality is suitable for plant growth
- Comprehensive immigration reform that includes guest worker provisions and is not limited to border security.

"Our association has 21,000 members dedicated to making golf more enjoyable to those who play the game. But more importantly, we are committed to sound environmental practices and making the game and those who are employed in the industry inclusive," Fitzroy said.

The GCSAA is the professional association for the men and women who manage and maintain golf facilities in the United States. Headquartered in Lawrence, KS, the association provides education, information, and representation to more than 21,000 individual members.

Fitzroy, a member of Board of Directors of the GCSAA since 2005, has been Superintendent of Presidents Golf Course since 1975 and served as president of the Golf Course Superintendents Association of New England.

Presidents Golf Course is located at 357 West Squantum St. in Quincy. For more information, call Presidents at 617-328-3444.

FALL CAR CARE

Winterize Vehicles Before Winter Starts

Autumn is here, which means cold, sleet and snow are not far behind for much of the country. Those who live in a climate that experience harsh winter weather conditions are advised by the Better Business Bureau (BBB) to start winterizing their car before driving conditions get dicey.

"No one has a crystal ball to predict exactly when the first snowfall or sub-zero temperatures will arrive," said Paula Fleming, vice president of communications and marketing for BBB. "We urge car owners to take steps now to help ensure that their vehicles will run smoothly and not put family members at risk this winter.

Fleming said that proper car maintenance also benefits the family's budget. "Installing a clean air filter and driving on properly inflated tires, for example, can improve your car's gas efficiency. That is going to save you money at the pump."

To help the family vehicle make it through winter's worst, BBB recommends the following protective measures:

- Read the owner's manual to make sure a vehicle is up-to-date on recommended maintenance.
- The car battery should be in top condition as it takes more power to start a car when it's cold outside. Check to make sure the cables are clean of corrosion and dirt, and the connections are tight.
- Make sure the cooling system is working efficiently. Flush and refill the radiator and add anti-freeze if necessary.
- Be sure tires, including the spare, are in good condition and properly inflated. Thin or uneven tread wear can be very dangerous in winter weather. Also check brakes and brake fluid level.
- Change oil and the oil filter. Check the owner's manual for different grades of oil that are recommended for winter. Maintaining a full tank of gas and adding a deicer to the fuel can help keep moisture from forming.
- Have a professional inspect and replace the air filter, rubber hoses and drive belts. Old, damaged or loose hoses and belts can pose a danger in severe weather conditions.
- Inspect headlights and flasher hazard lights and check wipers and washers to make sure they are in good working order. Fill washers with windshield washer fluid that is appropriate for cold weather. Consider switching to winter wiper blades, which function well under extremely cold and snowy conditions.
- Be sure the heater, defroster and exhaust system are working properly. Make prompt repairs if needed.
- Equip each family vehicle with winter safety supplies, including an ice scraper, spare bottle of washer fluid, battery jumper cables, warm clothing, first aid supplies, traction and bottled water and high-energy snack bars. Encourage family drivers to always travel with their cell phone.

Unless a service pro, it's best to engage the services of a reputable auto repair shop to perform these procedures.

"Ask friends and family for recommendations and check with BBB at www.bosbb.org about the shop's reliability," said Fleming. "You should also look for auto repair facilities that display certification, like an Automotive Service Excellence (ASE) Seal."

ASE certifies the competency of auto technicians through a series of standardized exams in different specialties, brakes, transmissions, engine repair, etc.

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SPOTLIGHT ON HEALTH & FITNESS

FROM START TO FITNESS

by Andrea Wyatt M.S.S., C.S.C.S.

Recycled Exercises?

Q. I have exercised for most of my life, and at the age of 55 I continue to work out three to four days a week. It seems that many of exercises today are the same as the ones done years ago, such as lunges, squats, etc. If many of these exercises are the same, then why do we see so many "new" workout trends in magazines and television? Are they really "new" workouts, or just recycled fitness?

A. The fitness industry has evolved over the past 30 years from aerobic classes, to gyms equipped with weight-training machines, to at-home fitness with its own equipment and DVDs. Today you may see many of the same exercises that were performed in years past, but with a new twist and hopefully a safe technique that helps to promote great results.

Exercises such as lunges and squats are classic exercises that have been researched and modified over the years. Techniques taught 15-20 years ago are changing as research discovers safe and more effective uses of these exercises to maximize results. Of course, you will find misuses of these exercises too, as not every "new" fitness trend has the exerciser's best interest in mind.

You may have heard the expression, "If it ain't broke, don't fix it," and this can also apply to many exercises. Although research is more thorough in the fitness industry today and technology has provided a society where exercise can be done virtually anywhere, there are many types of workouts that are still effective today. The basic push-up, lunges, squats, pull-ups, medicine ball training and interval training are all a part of Fitness 101 and continue to be used today with great effectiveness.

What IS different today are the people who take part in exercise programs. In the past, organized exercise was not the only form of exercise most people completed weekly. Today there are many people who only exercise in the gym or as part of an organized exercise program (i.e., gym workouts, DVDs at home, etc.), if at all.

Today's adults and children live more sedentary lives, leading to the development of many creative programs to spark the interest of the non-exercisers. In the past the challenge was to encourage people to try something new, and today, unfortunately, the plea is to get people to exercise as a matter of life and death.

Although there are many exercises that seem to be recycled, there are many exercises and exercise techniques that are new and offer great benefits, such as cardiovascular training, different methods of strength training and the importance of flexibility and core stability.

A blend of old and new is the best way to continue to develop safe and effective exercise programs, no matter what the year.

If you have a fitness or training question, e-mail Andrea at letters.kfws@hearstsc.com or write her in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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DENTISTRY for the 21st Century

by Steven A. Brustin, D.M.D.

WATCH WHAT YOU DRINK, SPORT!

If you exercise regularly and drink energy drinks and citrus-flavored sports beverages, you may be compromising the health of your tooth enamel. While citrus juices and colas are known to contain acids that eat away at tooth enamel, sports enthusiasts may not be aware that energy drinks and sports beverages contain other organic acids that can accelerate the damage sustained by enamel. According to a recent study, the most damage is done to teeth by lemonade, followed by energy drinks, sports drinks, fitness water (which often contains citrus flavors), iced tea, and color. Ideally, dentists would like to see everyone drink water when he or she is thirsty. Short of that, try drinking other beverages through a straw.

It has long been known that good nutrition and a well-balanced diet is one of the best defenses for your oral health. Providing your body with the right amounts of vitamins and minerals helps your teeth and gums – as well as your immune system – stay strong and ward off infection, decay and disease. We provide quality dental care in a warm and caring environment to all family members. Call 617-479-6220 to schedule an appointment. Your oral health requirements, from restorative to cosmetic considerations, will be met with the latest available technology by our caring staff. Our office is located at 44 Greenleaf Street. We offer the services of anesthesiology with a fully trained and qualified anesthesiologist. Visit us on the web at www.quincydentist.com.

P.S. If possibly, rinse your mouth after drinking sugary or acidic beverages.

EMPLOYEES, FRIENDS and family members of Quincy Credit Union recently participated in the Quincy Medical Center Cancer Walk for the Marie Curry Fund. The walk, which began in 1998, raises funds to provide free cancer screening for uninsured and underinsured men and women. The event, which featured other local business, as well as cancer survivors and their families, raised $130,000 which will enable QMC to provide high quality cancer screenings and services. Quincy Credit Union was established in 1937 and offers membership to persons who live or work in Norfolk, Plymouth Counties, Dorchester, and any family member.

Delahunt's Office To Host Workshop Friday At Crane Library

Forum On Medicare 'Doughnut-Hole

The office of Congressman Bill Delahunt will sponsor forums this fall to help area seniors get tips on how to cope with gaps in coverage under the new Medicare Prescription Drug "Part D" program.

The workshop will be held Friday, Oct. 20 from 10:30 to noon at the Thomas Crane Library, 40 Washington St., Quincy.

According to a recent report released by the House Ways and Means Committee, it is estimated that over 140,000 seniors and disabled workers in Massachusetts, roughly 90% of newly enrolled Medicare Part D beneficiaries, are at risk of forcing a gap in their coverage that has been dubbed the "doughnut hole."

"The doughnut hole could not come at a worse time for our seniors. With winter coming and energy and prescription drug costs on the rise, far too many seniors may end up going without important life saving medicines. That is wrong." said Delahunt, an outspoken critic of the new Medicare Part D program.

The forum is designed to help seniors who now face a gap in their coverage and need help understanding their options in addressing the problem. In attendance will be representatives from SHINE (Serving the Health Information Needs of Elders), a federal-state program to help seniors understand their health insurance options. Counselors will be available to provide assistance in filling out applications for the state's program at the Oct. 20 forum.

In the past, Delahunt has encouraged seniors to sign up for the state's Prescription Advantage Program which works together with the Medicare Part D plan and offers a variety of benefits including coverage through the Part D "doughnut hole". Open enrollment for Prescription Advantage ends November 15, 2006. Enrollment for new participants to Medicare Part D begins on November 15, 2006 and ends December 31, 2006. Seniors who are currently enrolled in a Part D plan may use this enrollment period to switch to a different plan should they choose.

Under Medicare guidelines, a beneficiary falls into the "doughnut hole" and becomes responsible for the total costs of all medications once they have reached the initial coverage limit of $2250. This coverage limit is arrived at by taking into consideration the full cost of the drugs, not just the beneficiary's out-of pocket cost-sharing. For example, if a drug costs $150 and the beneficiary's co-payment is $40, the full $150 counts towards the initial coverage limit. Beneficiaries continue to pay premiums without any drug coverage for the next $2850 in drug costs.

Anyone unable to attend the information sessions may visit *www.house.gov/delahunt* for answers to common questions about the new prescription drug benefit. Seniors can also call Rep. Delahunt's office toll-free at 800-794-9911 (South Shore) or 800-870-2626 (Cape & Islands) for more information.

Manet Community Health Center Hosts Diabetes Support Group

Manet Community Health Center hosts a monthly diabetes support group the last Wednesday of each month from 4:30 to 5:30 p.m. at 110 West Squantum St., North Quincy.

The group meets to provide an opportunity for people with diabetes to learn from each other and to receive support for the many challenges that diabetes can generate. Manet hosts the meetings in response to requests from those who completed diabetes education classes.

Discussions center on issues that are affecting participants in their daily lives while peers offer support and encouragement to take steps toward improving overall health.

The group is hosted by a member of Manet's Clinical Support Team who can answer questions.

Participants do not have to be a patient at Manet to attend. Friends and family members are also welcome.

Registration is not required and the meetings are free.

The dates through the end of the year are Oct., Nov. 29 and Dec. 27.

For more information, contact Denise at 857-403-0800.

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Red Cross CPR, First Aid Courses

The American Red Cross of Massachusetts Bay offers the following courses this month at its South Area office, 1495 Hancock St., Quincy.

Adult CPR/AED & First Aid: Oct. 21 from 9 a.m.- 4 p.m. Cost is $75. Completion of this course awards a CPR certificate valid for one year and a first aid certificate valid for three years.

Adult CPR/AED & First Aid: Oct. 23, 30 (two sessions) from 6-9:30 p.m. Cost is $75. Completion of this course awards a CPR certificate valid for one year and a first aid certificate valid for three years.

CPR for the Professional Rescuer Review: Oct. 25 from 6-10:30 p.m. Cost is $60. Prerequisite is current certification in CPR for the Professional Rescuer.

Adult, Child & Infant CPR AED Review: Oct. 26 from 6-10 p.m. Cost is $60. Prerequisite is current certification in Adult, Child & Infant CPR/AED.

Adult CPR/AED: Oct. 28 from 9 a.m. - 1:30 p.m. Cost is $55. This course teaches bleeding, first aid for choking and CPR for victims over eight years of age.

Preregistration is required for all courses. Call 617-770-2600 for more information.

ANTI-COMMUNISTS. Veterans hold flag and sign outside offices of Chinese United Association in Wollaston. Left to right, Vernon Williams of Holbrook, American Legion Post 294; Ed Melia of Quincy, Korean War veteran; Ross Breen of Braintree, Vietnam veteran. Their sign says, 'Jimmy, this *is* the dialogue. No *commie* flags in Quincy," a reference to former CUA spokesman Jimmy Liang. *Quincy Sun Photos/Robert Noble*

CHINESE PROTESTER Kevin Peng and his wife came all the way from Manchester, N.H., to demonstrate their displeasure with the particular Chinese flag that has flown over the Chinese United Association office in Wollaston. The English word in their sign read, 'China's New Era Begins When Communist Party Ends.'

First Neighborhood Code Enforcement Officer

(Cont'd From Page 1)

First' surveys returned by Quincy citizens," Phelan said. "They should know that we have listened to their concerns and will continue to work with our residents to improve our neighborhoods. It is my hope that the Neighborhood Code Enforcement Officer helps residents address those nagging issues that detract from the quality of life in our city. With support from various departments, I am confident that it can be done."

Mayor's Commission On Women To Host 'Ladies Night Out'

The Mayor's Commission on Women is hosting a 'Ladies' Night Out' Sunday, Oct. 22, from 5 to 9 p.m. at the Eugene Thomas Salon, 11 Revere Rd., Quincy.

Lauren Jiggets, WLVI Ch.56 news reporter, will emcee a fashion show featuring apparel from TJMaxx. Other specialty services will be featured at the event dedicated to help women look good and feel good at the same time.

Stylists from the Thomas salon will be available for consultation on cuts and color processing, skin and nail care, makeup application and product recommendations. A certified, licensed massage therapist will also be on hand to demonstrate relaxation techniques for a total body and mind experience.

The first 25 guests will receive an express Tarot card reading. In addition, each guest will receive a ticket for a grand prize drawing of $150 worth of hair services at the salon. The winner will be announced at the end of the evening.

Tickets may be reserved or purchased at the door for $25. A portion of the proceeds will be donated to the Germantown Neighborhood Center for their upcoming annual "Holiday Fund" which helps Quincy families in need during the holiday season. Light refreshments will be served.

To reserve tickets, or for more information, call 617-786-8523.

Marina Bay Gains Five Studio Apartments

Marina Bay, 7 Seaport Dr., was given the green light by the Special Permit Granting Authority of the City Council Monday night to create five new studio apartments within the building.

The proposal, by Core Investments, includes relocating the fitness center, reducing the size of the common social room, and eliminating excess parking spaces in the parking garage.

The public hearing yielded no written or spoken opposition or support.

The Planning Board recommended approval of the amended proposal at a meeting Sept. 11, if exterior improvement conditions were met.

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OBITUARIES

Marie T. Hayes, 76

1973 Massachusetts Teacher Of The Year

MARIE T. HAYES

A funeral Mass for Marie T. Hayes, 76, of Quincy, a retired teacher, was celebrated Oct. 12 at St. Agatha Church, Milton.

Miss Hayes died Oct. 8 of cancer at Sherrill House in Boston.

She began her teaching career at Girls Latin School in 1952. She also taught at William E. Russell School in Dorchester, Hyde Park High School and at South Boston High School in 1965.

While at South Boston High, she introduced electives such as children's literature into the English curriculum and coordinated the flexible campus and flexible admissions programs. In 1973, she became the first Boston teacher to earn the Massachusetts Teacher of the Year award.

She was director of reading of Boston Public Schools for many years until returning to teaching at Boston Latin School. She retired from the school in 1990.

She earned her undergraduate degree from Emmanuel College in 1951, a master's degree from Boston State College, and a doctorate from Boston University's School of Education with a specialization in reading in 1969.

Born in Boston, she lived in Dorchester before moving to Quincy 60 years ago.

She is survived by a brother, Francis J. Hayes of Braintree; two nieces; and many cousins.

Burial was in St. Joseph Cemetery, West Roxbury.

Funeral arrangements were by Alfred D. Thomas Funeral Home, Milton.

Donations may be made to Julie's Family Learning Program, 133 Dorchester St., So. Boston 02127.

Richard F. Lewis, 68

Air Force Veteran

A funeral Mass for Richard F. Lewis, 68, of Quincy, an Air Force veteran, was celebrated Oct. 12 at St. John's Church, 44 School St.

He died Oct. 10 at Beth Israel Deaconess Medical Center.

He is survived by his wife of 39 years, Joan (Pantano) Lewis, and a sister, Jacqueline Carr of Dorchester.

Burial with full military honors will be in Pine Hill Cemetery.

Funeral arrangements were by Hamel, Wickens & Troupe Funeral Home, 26 Adams St.

Paul L. Cuddy, Sr., 87

Assistant Supervisor, WWII Army Veteran

PAUL L. CUDDY, SR.

A funeral Mass for Paul L. Cuddy, 87, of Quincy, formerly of Dorchester, an Army veteran of World War II and assistant supervisor, was celebrated Oct. 14 at St. Francis Assisi Church, Braintree.

Mr. Cuddy died Oct. 11 at John Adams Health Care in Quincy.

During World War II, he fought battles in Algeria, French Morocco, Tunisia, Sicily, Rome-Arno, Southern France, Rhineland and Central Europe.

He was an assistant supervisor with the U.S. General Services Administration for 16 years. He retired in 1981.

Born, raised and educated in the West End of Boston, Mr. Cuddy graduated from Boston English High School in 1938. In high school, he was the captain of the football team, an All-Scholastic quarterback and a member of the English High School Hall of Fame.

He is survived by his wife, Nora E. (Kelleher) Cuddy; three sons, Paul L. Cuddy Jr. of Plymouth; James P. Cuddy of Braintree and Daniel L. Cuddy of Braintree; two daughters, Kathleen M. Cuddy of Randolph and Margaret E. Bertoni of Weymouth; eight grandchildren; and two great-grandchildren.

Burial was in Massachusetts National Cemetery, Bourne.

Funeral arrangements were made by Alfred D. Thomas Funeral Home, Milton.

Memorial donations may be made to the Atlantic House, 338 Washington St., Quincy, MA 02169.

Voneta H. McKeen, 92

Worked At Former Marvel Beauty Shop

VONETA H. McKEEN

A funeral service for Voneta H. (Sherman) McKeen, 92, of Quincy, a former hairdresser, was held Tuesday at the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Mrs. McKeen died Oct. 12 at Hancock Park Nursing and Rehabilitation Center in Quincy.

She worked at the former Marvel Beauty Shop in Quincy. She was also an instructor at the former Quincy Beauty Academy for more than 40 years.

Born in Newport, Vt., she was educated in Quincy schools and lived in Weymouth before moving to Quincy 60 years ago.

Wife of the late Arnold L. McKeen, she is survived by a son, Kenneth A. McKeen of Hanover; two grandchildren and two great-grandchildren.

She was the mother of the late Richard S. McKeen and the sister of the late Celon Sherman, the late Cedric Sherman and the late Ceola Melong.

Burial was in Blue Hill Cemetery, Braintree.

Yunkau Chan

A funeral service for Yunkau Chan of Quincy was held Saturday at Deware Funeral Home, 576 Hancock St.

He died Oct. 7.

He is survived by his wife, Nola (Lee) Chan; a son, Jeffrey Chan of Quincy; a brother, John Chan of Quincy; and a nephew.

Burial was in Blue Hill Cemetery, Braintree.

Daniel J. McLean, 79

Retired Postal Clerk, Served In Two Wars

DANIEL J. MCLEAN

A funeral Mass for Daniel J. McLean, 79, of Quincy, a retired postal clerk, was celebrated Oct. 13 at St. John the Baptist Church, 44 School St., Quincy.

Mr. McLean died Oct. 10 at Laurel Ridge Rehabilitation and Nursing Center in Boston after a long illness.

He worked for the Postal Service for 40 years. He retired from the South Boston Postal Annex in 1991.

Mr. McLean served in both World War II and the Korean War. During World War II, he served in the Navy and received the Asiatic Pacific Campaign Medal with two stars and the Philippine Liberation Medal.

He served on the LST (landing ship tank) 783, the attack cargo ship Washburn and the attack transport George Clymer.

During the Korean War, Mr. McLean served as an Army sergeant. After his active duty tours, he served for several years in the Army National Guard.

He enjoyed sports and was an avid reader.

He was a member of the Castle Island Association.

Born in Charlestown, Mr. McLean was raised and educated in South Boston. He had lived in Dorchester before moving to Quincy in 1983.

He is survived by his wife of 53 years, Rose Ann (Mulvey) McLean; three sons, Daniel J. McLean of Sharon, Tony McLean of Boston and Walter D. McLean of Quincy; two daughters, Theresa B. Furlong of Manlius, N.Y., and Rosemary A. Ourada of Pittsburgh, PA.; two sisters, Eunice Kenneally of Charlestown and Rosemary Canavan of Weymouth; and seven grandchildren.

Burial was in Massachusetts National Cemetery, Bourne.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to St. Jude's Children's Research Hospital, 501 St. Jude's Place, Memphis, TN 38105.

Josephine Baldassarre, 83

Homemaker

JOSEPHINE BALDASSARRE

A funeral Mass for Josephine Baldassarre, 83, of Quincy, a homemaker, was celebrated Monday at St. Agatha's Church, Milton.

Mrs. Baldassarre died Oct. 13 at her home.

Born in Haverhill, she lived there until she was six, when her family moved back to Italy. She grew up and was educated in Italy.

She lived in Dorchester before moving to Quincy nine years ago.

Mrs. Baldassarre enjoyed playing bingo and attended weekly games at Sacred Heart Church in North Quincy.

Wife of the late Damiano "Daniel" Baldassarre, she is survived by four daughters, Joanne Lindsay of Quincy, Mary Ann Gray of Norwell, Karen Ortega-Baldassarre of Manchester, N.H., and Diane Johnson of Pembroke; four sons, Frank Baldassarre and Felix Baldassarre of Randolph, Jack Baldassarre of Hanover and Joseph Baldassarre of Quincy; two sisters, Lucy Baldassarre of Randolph and Olga DiBlasi of Brockton; and 11 grandchildren and one great-grandchild.

She was the mother of the late Elizabeth Jurevitch.

Burial was in St. Michael's Cemetery, Roslindale.

Funeral arrangements were made by the Alfred D. Thomas Funeral Home, Milton.

Memorial donations may be made to the American Cancer Society, 30 Speen St., Framingham, MA 01701.

SCOTT DEWARE

A THOUGHT FOR THE WEEK

People make various provisions in their wills. As well all know, a will involves arrangements for giving, while living. Cash, property, commendations, awards, wardrobes, etc. are all left behind when the time comes. In one way or another such things are left behind to serve others. This sort of thinking prompts this question: "What is one of the greatest gifts you can leave to others?"

An unknown author answers the question rather nicely... Read it..."If I can leave behind me, here and there... A friend or two to say when I am gone... That I had helped to make their pathways fair... Had brought them smiles when they were bowed with care... The riches of this world I'll carry on... If only three or four shall pause to say... When I have passed beyond this earthly sphere... That I brought gladness to them on a day when bitterness was theirs... I'll take away more riches than a billionaire leaves here"...

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Quincy, MA 02170

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www.dennissweeneyfuneralhome.com

Dorothy A. Randall, 67

Homemaker

DOROTHY A. RANDALL

A graveside service for Dorothy A. "DoDo" (Woodard) Randall, 67, of Quincy, a homemaker, will be held today (Thursday) at noon in High Street Cemetery, Greenfield.

Mrs. Randall died Oct. 11 at Quincy Medical Center.

Born and educated in Greenfield, she graduated from Greenfield High School.

She attended the Baptist Missionary Training School in Chicago before moving to Quincy 43 years ago.

Mrs. Randall was a volunteer at Quincy Medical Center for more than 20 years.

She is survived by her husband, Robert N. Randall; two sons, David D. Randall of Marshfield and Stephen H. Randall of Taunton; a sister, Rosemary Woodard of Florida; and three grandchildren and two great-grandchildren.

Funeral arrangements were made by the Deware Funeral Home, 576 Hancock St., Wollaston.

Memorial donations may be made to a charity of choice.

Louis Canale, 71

Postal Service Employee

A funeral Mass for Louis Canale, 71, of Quincy, a Navy veteran of the Korean War and longtime member of the Army Reserve, and Postal Service employee, was celebrated Oct. 13 at St. Joseph's Church, 556 Washington St.

He died Oct. 9 at Quincy Medical Center.

Mr. Canale served with the Army Reserve for 19 years, retiring as a staff sergeant on Sept. 23, 1995.

He received a medal on Feb. 3, 1994 for saving the life of a fellow soldier in the 126th Signal Battalion.

He was a member of the 12th Signal Battalion Association of Massachusetts and George F. Bryant Post, Veterans of Foreign Wars.

Mr. Canale enjoyed gardening, fishing and boating.

He was a member of the Torre dei Passeri Social Club in Quincy.

He was a lifelong Quincy resident.

He is survived by his wife, Joan P. (Butler) Canale; three daughters, Kimberly Ann Smith and Tammy King of Weymouth and Holly King of Quincy; a son, Kevin Canale of Weymouth; a sister, Helen Osborne of Brockton; two brothers, Joseph Canale of Florida and Richard Canale of Quincy; and eight grandchildren.

Burial was in Massachusetts National Cemetery, Bourne.

Funeral arrangements were by Dennis Sweeney Funeral Home, 74 Elm St.

Donations may be made to the American Cancer Society, 1115 West Chestnut St. Brockton, MA 02301.

Warren C. Miller, 90

Worked At Knitting Co.

A private funeral service was held at Mount Wollaston Cemetery for Warren C. Miller, 90, of Quincy, who worked at Rosedale Knitting Co.

Mr. Miller died Oct. 9 at Quincy Medical Center.

He also worked at Millers Garage, Quincy Adams Yacht Club, Boston Harbor Marina, Tern Harbor Marina and the Fore River Shipyard. He retired in 1986.

Mr. Miller was a member of First Church of Squantum, Rural Lodge of Masons, Granite City Stamp Club, the American Philatelic Society, the American Legion and the American Association of Retired Persons.

He served in the Army Air Corps from 1941 to 1946, attaining the rank of warrant officer.

Born in Pennsylvania, he lived in Massachusetts since 1948.

He enjoyed candlepin bowling and was a Red Sox fan.

He is survived by his wife, Marjorie Miller; a son, Carl Miller of Quincy; a daughter, Carol Satterlund of Florida; a sister, Grace Burkhardt of Pennsylvania; and four grandchildren and two great-grandchildren.

Funeral arrangements were made by the Hamel, Wickens and Troupe Funeral Home, Quincy.

Free Financial Advice At COA

Mark Bossey, a MetLife financial planner, will be at the Council on Aging office, 83 Saratoga St., Quincy, on the fourth Friday of every month to offer free 20-minute consultation to seniors.

Call 617-376-1506 for an appointment.

Anne B. Desmond, 86

Retired Teacher, Homemaker

ANNE B. DESMOND

A funeral Mass for Anne B. (Cowley) Desmond, 86, of Quincy, formerly of Braintree, a retired teacher and homemaker, was celebrated Oct. 16 at Saint John the Baptist Church, 44 School St.

She died Oct. 11 suddenly at her home.

She worked as a school teacher in Boston for two years, and substituted in Braintree School System for three years. She worked as an insurance analyst for Aetna Life Insurance and Casualty Group for three years, where she met her husband.

Born in Boston, she was raised and educated in Dorchester. She graduated from Dorchester High School Girls in 1938. She lived in Quincy for the last seven years, and previously in Braintree for 37 years.

Mrs. Desmond graduated from the former Boston Teacher's College, currently associated with Umass Boston. She received a degree in education.

Mrs. Desmond was a member of the Braintree Gardner's Guild and Saint Thomas More Ladies Sodality. She was a parishioner of Saint John the Baptist Church.

She was a devoted homemaker and mother, and was passionate about her family.

Wife for 59 years of the late Arthur H. Desmond; she is survived by seven sons, Robert K. Desmond of Kailua, Hawaii, Richard A. Desmond of Honolulu, Hawaii, Dennis C. Desmond of Dublin, Ireland and Northampton, John P. Desmond of East Walpole, Michael F. Desmond of Holbrook, Joseph T. Desmond of Quincy, and Paul H. Desmond of Southborough; three sisters, Mary K. Cowley of Quincy, Gertrude M. Kowalik of Braintree and Theresa C. Cowley of Quincy. She is also survived by 12 grandchildren and many nieces and nephews.

Burial was in Massachusetts National Cemetery, Bourne.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Donations may be made to the Missionaries of Charity, 401 Quincy St., Dorchester, MA 02125.

Frances R. Duca

Retired School Lunch Program Manager

A funeral Mass for Frances R. (Ritchie) Duca, of Quincy, formerly of Dorchester Lower Mills, a retired Boston Public Schools lunch program manager, was celebrated Oct. 13 at St. Gregory's Church 2215 Dorchester Ave., Dorchester, Lower Mills.

She died Oct. 8 at home.

Born in Boston, she was a lifelong member of St. Gregory's Church and a member of St. Gregory's 60 and Over Club, and former chaplain, Ladies Auxiliary Lower Mills Veterans of Foreign Wars Post 8699.

She was a former Massachusetts ombudsman to nursing homes.

She is survived by two sons, James P. Duca Jr. of Marshfield and Steven F. Duca of Weymouth; a daughter, Cheryl Verney of Squantum; a brother, Robert Ritchie of Weymouth; a sister, Elizabeth R. Ritchie of Milton; five great-grandchildren, and many nieces and nephews.

Burial was in Milton Cemetery.

Funeral arrangements were by Dolan Funeral Home, Dorchester Lower Mills.

Donations may be made to St. Gregory Church, Dorchester Ave., Dorchester, MA 02124.

Other Obituaries

On Page 29

Anna M. Norton, 88

Homemaker, Mayflower Descendant

A funeral Mass for Anna Mae (Baker) Norton, 88, of Quincy, a homemaker, was celebrated Oct. 11 at Holy trinity Parish at Our Lady of Good Counsel Church, 227 Sea St.

A lifelong Quincy resident, Mrs. Norton graduated from Quincy High School in 1936.

She was the wife of the late John J. Norton, whom she married in 1942 when he was a lieutenant colonel in the Army.

She loved her home, built by her husband in the Adams Shore section of Quincy, and gardening, sewing and cooking.

She was a direct descendant of a cabin boy aboard the Mayflower.

She is survived by six daughters, Danea A. Clancy of Weymouth, Judith M. Norton of West Bridgewater, Dorinda F. Levesque of Somerset, Joyce K. Burrows of Quincy, Susan P. Barilaro of Scituate and Alice K. Booker of Foxboro; 12 grandchildren, nine great-grandchildren; and many nieces and nephews.

Funeral arrangements were by Dennis Sweeney Funeral Home, 74 Elm St.

Donations may be made to the American Cancer Society, 1315 Chestnut St., Brockton, MA.

Astrid L. Harris, 98

ASTRID L. HARRIS

A memorial service for Astrid L. (Bodin) Harris, 98, of North Andover, formerly of Quincy, was held Monday at Central Baptist Church, 69 Washington St., Quincy Center.

Mrs. Harris died Oct. 11.

Born in Nordhallen Village, Sweden, she came to the United States in 1929 when she was 21. She lived with her uncle in Quincy before moving to Brookville.

She moved back to Quincy in 1955 before moving to North Andover in 2002.

While living with her uncle, she was employed as a maid for local families.

She was involved with Brookville Baptist Church and Central Baptist Church in Quincy.

Wife of the late John Harris, she is survived by two sons, David Harris of Ballston Lake, N.Y., and William Harris of North Andover; eight grandchildren, 13 great-grandchildren and many nieces and nephews.

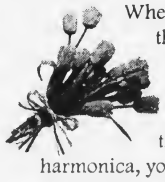
Burial was private.

Funeral arrangements were made by the Deware Funeral Home, 576 Hancock St., Wollaston.

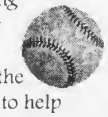
Memorial donations may be made to Central Baptist Church, 69 Washington St., Quincy, MA 02169.

Grandpa loved gardening, baseball, and playing the harmonica.

Your memories are precious. That's why, at Keohane Funeral Service, we take the time to find out what made your loved one special.



Whether it's gathering some of the flowers he so tenderly cultivated or finding a musician to play "Take Me Out to the Ball Game" on the harmonica, you can count on us to help you plan a service that will be just as unique as the person you love.



Keohane Funeral Service

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RELIGION

Art Auction, Wine Tasting At Faith Lutheran Church Nov. 4

Faith Lutheran Church will sponsor an Art Auction and Wine Tasting to benefit the youth programs Saturday, Nov. 4 at the Masonic Building, 1170 Hancock St., Quincy Center.

The preview and wine tasting will be held at 7 p.m. followed by the auction beginning at 8:30 p.m. featuring art in all media and price ranges.

Admission price is $15 per person or $25 per couple. Highlights of the evening include a door prize, hors d'oeuvres, dessert and coffee, and a cash bar.

For tickets or information, call Donna Mayo at 617-471-1796. All major credit cards accepted.

The evening will be coordinated by Marlin Art, Inc., of New York.

Harvest Fair, Craft Sale Nov. 4 At Bethany Congregational Church

Bethany Congregational Church, 18 Spear St., Quincy Center, will hold its annual Harvest Fair and Craft Sale Saturday, Nov. 4 from 9:30 a.m. to 3 p.m.

Church tables will include:

A silent auction, handmade crafts; cakes, cookies, pies and fudge; cheese, dips and spreads; books and music new and used; and a "white elephant."

Refreshments and lunch will be served all day.

Crafters are wanted and craft tables are available for $40.

For more information, contact Elaine Caliri at 617-472-1458 or the church office, 167-479-7300.

Halloween Carnival Oct. 27 At Salvation Army

The Salvation Army, 6 Baxter St., Quincy, will host a Halloween Carnival Friday, Oct. 27 from 6 to 7:30 p.m.

Admission is free.

The event will feature pinatas, costume parade, games and candy treats.

Bethany Congregational

Bethany Congregational Church, 18 Spear St., Quincy Center, will have Sunday worship and church school at 10 a.m.

The Rev. Gary W. Smothers will conduct the service and preach a sermon from Mark entitled "The Unanswerable Argument."

Childcare will be available for infants and toddlers.

Following the worship service, there will be a fellowship time in the Allen Parlor. Light refreshments will be served.

Klezzmer Music At Temple B'Nai Shalom Nov. 5

The Quincy Jewish Committee South Suburban Hadassah will present a day of Klezzmer music Sunday, Nov. 5 from 1:30-4 p.m. at the Temple B'Nai Shalom, 41 Storrs Ave., Braintree.

Music will be provided by the Di Bostoner Klezmer Band.

Deadline for checks is Oct. 28. Cost is $18 for adults and $5 for children 12 years and under. Include address and phone number on checks.

Checks may be sent to Quincy Jewish Committee, P.O. box 02269, Quincy, MA, 02169.

For more information call 617-984-0502.

Quincy Community United Methodist

Sunday worship and Sunday school begins at 10:30 a.m. Sunday at Quincy Community United Methodist Church, 40 Beale St., Wollaston.

Jeanne O'Connor will conduct the service.

Lector is Wayne McCulley and Yvonne Duncanson will lead the prayers of the people.

Ushers are Jeanne Couilard and Dottie Hall.

After the service, a coffee hour will be hosted by Peg McCulley, Linda Nogueira and Mary Emsheimer along with a potluck luncheon to celebrate Consecration Sunday.

Family movie night on Saturday, Oct. 21 at 6 p.m. will feature the film *Nancy McPhee*.

The Harry Potter celebration with the Hogwart's party will be held Saturday, Oct. 28.

The Blessing of the Animals is scheduled Oct. 29.

For more information regarding any of these events, call 617-773-3319.

'Devoted' To Perform Saturday At Central Baptist

A "Devoted" concert will be 7 p.m. Oct. 21 at Central Baptist Church, 65 Washington St.

"Devoted" is comprised of Edmund and Gisela Bullock, (formerly one of the Morgan Sisters). The Bullocks blend their styles to create a unique, original sound that give praise and joy of devotion to God and one another. A free-will offering will be accepted.

Vets Adviser At COA Office

John D. Miller of Home Care Partners, will be at the Council on Aging office, 83 Saratoga St., each Wednesday to advise veterans or their surviving spouses of their in-home care benefits.

To schedule an appointment, call the Council on Aging at 617-376-1506.

Quincy Religion Directory

SERVICES & ACTIVITIES

Assemblies of God

Glad Tidings
158 Washington St., Quincy
phone: 773-9797
Rev. Gregory E. Wheaton, Pastor
Sunday Worship 8:30, 11 a.m. Christian Ed. 10 a.m.
Senior Hi Youth 7 p.m. Wed. 7 p.m. Berean Bible Study
Royal Ranger Missionettes Friday Junior Hi Youth 7 pm
Youth & Children's Ministry
•Contemporary Worship
•Marriage & Family Group
•International Fellowship
•DivorceCare

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday 4pm, Sunday 7, 9:30 & 11:30am. Weekdays 9am
Handicapped Accessible
New Members Welcome!

Unitarian

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Worship Service & Church School SUNDAYS, 10:30 a.m.
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Congregational

First Church of Squantum
164 Bellevue Street
617-328-6649
Pastor: Michael S. Robertson
10 a.m. Sunday Worship
All Are Welcome

To Advertise in this Directory, Call 617-471-3100

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4pm (Sat.) 7:45am, 9am (Family Liturgy)
10:30am (with Choir) and 5pm
12 noon at Star of Sea Church
Weekday Masses
Mon.-Fri 7am and 9am, Sat. 9am
Handicapped Accessible
Confessions
Sat 3-3 45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m., 10:30 a.m. & 5 p.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

ST. JOHN THE BAPTIST
44 School St.,
Quincy
617-773-1021
Weekend Mass Schedule
Saturday (Vigil Mass) 4 p.m.
Sunday 7:30 a.m., 9 a.m. and 11 a.m. (Family Liturgy)
Weekday Masses
Monday - Saturday 8 a.m.
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
• 617-479-5400
Pastor Rev. John J. Ronaghan
Weekend Mass Schedule:
Saturday 4:00 PM
Sunday 7:00, 9:00, 11:30AM
Daily Masses 9:00 AM
Handicapped Chairlift Available

Congregational

HOUGHS NECK CONGREGATIONAL CHURCH
310 Manet Ave., Quincy
www.hncong.org
Sunday, Oct. 22
Worship Service
9:30 am
Sunday School 9:30 AM
"Stone Soup"
Acts 4:32 - 5:11
Stewardship
Rev. John Castricum
617-479-8778

BETHANY CONGREGATIONAL CHURCH
Corner of Spear & Coddington Sts., Quincy Center • 617-479-7300
10 AM Sunday Worship, Church School
Sermon: 'The Unanswerable Argument'
Childcare Available for Infants, Toddlers
Fellowship Follows Service in Allen Parlor

QUINCY POINT CONGREGATIONAL CHURCH
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Worship and Church School 10 am
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Beach St. & Rawson Rd., Wollaston
Sunday Service 10 AM
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Good Bible Preaching & Traditional Worship
Rev. John Carl Swanson, Pastor

PEACE

Congregational

WOLLASTON CONGREGATIONAL CHURCH
48 Winthrop Ave. - 617-773-7432
Pastor: Rev. Mary Lou Gifford
Sunday Worship Oct. 22
Sermon Topic: 'Bold Questions?'
Preacher: Ann Aaberg
(Minister of Christian Education)
Scripture: JOB 38: 1-7; 34-41
Responsive Reading: MARK 10: 35-45
Rev. Mary Louise Gifford

Covenant

COVENANT CONGREGATIONAL CHURCH
Corner of Whitwell & Granite St.
Sunday Worship 10:00 AM
Rev. Karen Palmatier, Pastor
9 a.m. – Christian Education for all ages
Child Care Available - All Are Welcome
Children's Pantry
Wed., Thur. 9:30 am - 12 noon
617-479-5728

Nazarene

Wollaston Church of the Nazarene
37 E. Elm Ave., Wollaston
(617) 472-5669
On The Campus Of Eastern Nazarene College
Pastor: Rev. Fred. Fullerton
Sunday Services
8:30 am - Holy Communion
9:45 am - Adult & Children's Sunday School
11 a.m. - Blended Worship Service
Come Worship with Us!

Episcopal

St. Chrysostom's Episcopal Church
Corner of Hancock & Linden Sts., Quincy
(617) 472-0737 • www.stchrysostom.com
Rev. David Hefling
Sunday School 9 a.m.
Adult Forum 9:15 a.m.
Holy Eucharist Rite 10 a.m.
Nursery Care During Service
Coffee Hour Following
ALL WELCOME
THRIFT SHOP HRS - W, TH, FR. 10am-4pm

Evangelical

EVANGELICAL CHURCH OF ATLANTIC
65 Newbury Ave. North Quincy
(617) 847-4444
Pastor Bill Donahue
Sunday Morning Worship 10:10 AM
Childcare Available

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Dr. Susan Jarek-Glidden, Pastor

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45 SUNDAY SCHOOL
11AM WORSHIP SERVICE
BRASS BAND MUSIC
7PM TUES WOMEN'S FELLOWSHIP
7:15PM WED. BIBLE STUDY

Spiritualist

First Spiritualist Church of Quincy
40 West St., Quincy, MA 02169
(617) 770-2246
Services: Sunday 11 a.m. to 12:30 PM
Coffee and Conversation following service
(Services 8 PM Wednesdays June, July, August)
Pastor Rev. Rita S. Berkowitz, C.H.C.M

OBITUARIES

Virginia McCarthy, 85

Virginia's Day Care Owner

A memorial service for Virginia (Burke) McCarthy, 85, of Plainville, formerly of Quincy, owner of Virginia's Day Care in Wollaston, was held Oct. 14 at Hamel, Wickens & Troupe Funeral Home, 26 Adams St.

She died Oct. 10 at home.

Mrs. McCarthy owned the day care for 35 years.

After she retired, she enjoyed walking through the Public Gardens in Boston and the North End.

VIRGINIA McCARTHY

Wife of the late John P. McCarthy, she is survived by a daughter, Mildred Prue of Plainville; three sons, Jay McCarthy of Plainville, Joseph McCarthy of Ohio and Tom McCarthy of Attleboro; a sister; seven grandchildren and two great-granddaughters.

Burial was private.

Mary J. Coughlin, 85

Retired Account Clerk

A funeral Mass for Mary J. (Morrison) Coughlin, 85, of Quincy, a retired account clerk, was celebrated Tuesday at St. Brendan Church in Dorchester.

Mrs. Coughlin died Oct. 14 at home in Quincy.

She retired from the Mattapan Chronic Disease Hospital in the late 1970s after 10 years. She previously worked for the City of Boston's Auditing Department for 11 years throughout the 1950s.

Born in New York City, she was raised in Boston and graduated from the Boston Business School.

She lived in Quincy for 11 years.

She is survived by her husband, Daniel E. Coughlin; two sons, Dennis Coughlin of Dorchester and John Coughlin of Jacksonville, Fla.; three daughters, Mary E. Caiani and Brenda Coughlin, both of Quincy, and Judith Curley of Dorchester; three grandchildren; and many nieces and nephews.

Burial was in Cedar Grove Cemetery, Dorchester.

Funeral arrangements were made by Alfred D. Thomas Funeral Home, Milton.

Helen I. Carbonneau, 54

Nurse's Aide

A funeral service for Helen I. (Ross) Carbonneau, 54, of Quincy, a nurse's aide, was conducted Wednesday at 7 p.m. at the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Mrs. Carbonneau died Sunday at her home after a brief illness.

Born in Chelsea, she was raised and educated in Boston. She lived most of her life in Dorchester before moving to Quincy 15 years ago.

She is survived by a daughter, Lisa M. Ross of Quincy; a sister, Anna Hogrell of Raynham; two brothers, Gawaine Ross of Marlboro and Kevin Ross of Plymouth; a grandchild; and many caregivers.

Interment was private.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Patricia A. Smart, 74

Former Switchboard Operator

A funeral Mass for Patricia A. (Kelley) Smart, 74, of Quincy, a former switchboard operator for the Quincy Police Department, will be celebrated Friday at 10 a.m. at Our Lady of Good Counsel Church, 227 Sea St., Quincy.

Mrs. Smart died Sunday at Quincy Medical Center.

She worked for the police department from 1972 until her retirement in 1997.

Mrs. Smart was a member of the Houghs Neck American Legion Post Ladies Auxiliary.

Born and raised in Braintree, she lived in Quincy since 1964.

Wife of the late Richard L. Smart, she is survived by two sons, George A. Smart and Steven A. Smart, both of Quincy; a daughter, Susan Salmon of Quincy; a grandchild; and many nieces and nephews.

Burial will be in Pine Hill Cemetery, Quincy.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Carol A. Bondarick, 63

Bartender At Alfredo's Restaurant

A funeral service for Carol A. (Powers) Bondarick, 63, of Quincy, a bartender, was conducted Wednesday at 11 a.m. at the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Mrs. Bondarick died Oct. 14 at Quincy Medical Center after a long illness.

Born in Boston, she was educated in Boston schools. She had lived in Quincy for the last 39 years.

She worked as a bartender for more than 25 years at Alfredo's Restaurant in Quincy.

Mrs. Bondarick enjoyed reading and spending time with her grandchildren.

Wife for 46 years of the late Paul R. Bondarick, she is survived by two daughters, Corrine A. DiNapoli of Quincy and Kerry Ann Grant of Quincy; a sister, Joan Sprague of Weymouth and a brother, Robert Powers of Abington; five grandchildren, two great-grandchildren and many nieces and nephews.

CAROL A. BONDARICK

She was also the mother of the late Michael L. Bondarick and the late Paul R. Bondarick, Jr.

Interment was in Saint Joseph's Cemetery, West Roxbury.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to the Dana Farber Cancer Institute, 10 Brookline Place West, 6th Floor, Brookline, MA 02445.

Cian Joseph Crowley

A funeral Mass for Cian Joseph Crowley, seven months old, was celebrated Wednesday at 10 a.m. in St. Ann's Church, 757 Hancock St., Wollaston.

He died Oct. 13 after a brief illness.

He is survived by his parents, Jennifer (DeLee) and John Crowley of Quincy; maternal grandparents, Charles and Barbara DeLee of Hilton, N.Y.; paternal grandmother, Josephine Crowley of County Cork, Ireland; godparents, Ted Crowley and Sharon Maley; and many aunts, uncles and cousins.

Funeral arrangements were made by the Keohane Funeral Home, 785 Hancock St., Wollaston.

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK DIVISION
Docket No. 88P0082GMR2
GENERAL PETITION

To DEIDRE M. COMEAU of QUINCY in the county of Norfolk, and to all persons interested in the estate of DEIDRE M. COMEAU, a person under GUARDIANSHIP.

A petition has been presented to said Court by GARY M. COMEAU for authorization to ESTABLISH AN ESTATE PLAN for reasons more fully set out in said petition.

If you desire to object thereto you or your attorney should file a written appearance in said Court at Canton before ten o'clock in the forenoon on the 31ST day of OCTOBER 2006, the return day of this citation.

Witness, DAVID H. KOPELMAN, Esquire, First Judge of said Court, this 16TH day of OCTOBER, 2006.

PATRICK W. McDERMOTT
Register

10/19/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-085

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, NOVEMBER 7, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of TONY & MARY NGUYEN for a VARIANCE & FINDING to relocate the parking for the existing home in Residence A, by demolishing the garage on the Residence B lot and constructing the driveway thereon in violation of Title 17 as amended Chapter 17.24.020 (nonconforming structures) and Chapter 17.28.030 (parking) on the premises numbered 210 NORFOLK STREET, QUINCY.

John Garland, Chairman

10/19, 10/26/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-086

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, NOVEMBER 7, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of STEPHANIA HEALY for a VARIANCE & FINDING to relocate the parking in violation of Title 17 as amended Chapter 17.28.030 (parking) on the premises numbered 65 INDEPENDENCE AVENUE, QUINCY.

John Garland, Chairman

10/19, 10/26/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-087

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, NOVEMBER 7, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of NICOLE ZANARDELLI for a VARIANCE & FINDING to relocate the driveway in violation of Title 17 as amended Chapter 17.28.030 (parking facilities) on the premises numbered 23 OLD COACH ROAD, QUINCY.

John Garland, Chairman

10/19, 10/26/06

Doris R. McMann, 89

Quincy Public Schools Employee

A funeral Mass for Doris R. (Carroll) McMann, 89, of Adams Shore, an employee of Quincy Public Schools, was celebrated Tuesday at Most Blessed Sacrament Church, Quincy.

Mrs. McMann died Oct. 13 at Bay Path Rehabilitation and Nursing Center in Duxbury.

She worked as a lunch matron at the former Nathaniel S. Hunting Elementary School in Adams Shore.

Born in Boston, she was raised and educated in Roslindale. She lived in Quincy for 56 years.

Mrs. McMann was a graduate of Boston Clerical School.

Wife of the late John F. McMann, she is survived by two sons, John McMann of Quincy and Robert McMann of West Jordan, Utah; a daughter, Mary Ross of Carver; six grandchildren and four great-grandchildren.

Burial was in St. Joseph's Cemetery, West Roxbury.

Funeral arrangements were by Dennis Sweeney Funeral Home, Quincy.

Richard Capone, 69

Retired Taxi Driver

A funeral Mass for Richard Capone, 69, of Quincy, a retired taxi driver, was celebrated Wednesday at St. Francis Xavier Church, Weymouth.

Mr. Capone died Oct. 14 at Milton Health Care Center.

Born in Boston, he lived in Roxbury most of his life before moving to Quincy 15 years ago.

He is survived by three bothers, Rocco Capone of Abington, Joseph Capone of Rockland and Michael Capone of Weymouth.

Burial was in St. Joseph's Cemetery, West Roxbury.

Funeral arrangements were made by McDonald Funeral Home, Weymouth.

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2393EP

In the Estate of
MARGARET S. O'CONNELL
AKA MARGARET L. O'CONNELL
Late of QUINCY
In the County of NORFOLK
Date of Death
September 14, 2006

NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that GORDON PARRY of QUINCY in the County of NORFOLK and DALE NOUN formerly known as DALE PARRY of BRAINTREE in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **NOVEMBER 8, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, October 2, 2006.

PATRICK W. McDERMOTT
Register of Probate

10/19/06

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- ❑ For Sale
- ❑ Autos
- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
- ❑ Real Estate
- ❑ Antiques
- ❑ Flea Markets
- ❑ Yard Sales
- ❑ Instruction
- ❑ Day Care
- ❑ Personal
- ❑ Miscellaneous

RATES

1 WEEK ❑ $7.00 for one insertion, up to 20 words, 10¢ for each additional word.

3-7 WEEKS ❑ $6.50 per insertion up to 20 words for 3-7 insertions of the same ad, 10¢ each additional word.

8-12 WEEKS ❑ $6.25 per insertion, up to 20 words, for 8-12 insertions of the same ad 10¢ for each additional word.

13 WEEKS OR MORE ❑ $6.00 per insertion, up to 20 words, for 13 or more insertions of the same ad 10¢ for each additional word.

❑ Enclosed is $ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

COPY: _____

NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION.
DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

CITY OF QUINCY, MASSACHUSETTS
Department of Public Works

William J. Phelan,
Mayor

City of Quincy
DPW

NEIGHBORHOODS FIRST!

FALL CURBSIDE YARDWASTE BEGINS OCTOBER 16

Weekly collection resumes on October 16 and continues through December 1.

After December 1, residents may drop off yardwaste at the DPW Yard 55 SEA St. through mid-December. BFI will not pick up yardwaste curbside after December 1. Don't forget holiday weeks are on a one-day delayed schedule.

Cut branches into 3-ft. lengths, bundle and tie. Leaves, grass and tiny twigs can go in brown paper yardwaste bags, open boxes or open barrels (no lids). Larger brush and tree limbs may be dropped off at the City's Public Works Recycling Center at 55 Sea Street, Monday- Friday 7am-3pm and Saturdays 9am-noon.

DROP OFF AT DPW OPEN Monday-Friday (7AM-3PM) & Saturday (9AM-Noon)

Please remember that no yardwaste in plastic bags will be collected.

TRASH PICKUP INFORMATION

TRASH PICKUP- For curbside collection of appliances, air conditioners, TVs and computer monitors please call BFI at 617-471-7900 or fax them at 617-471-8313.
MISSED PICKUPS- Call BFI at 617-471-7900.
Service Problems should be directed to the DPW at 617-376-1953

HOUSEHOLD HAZARDOUS WASTE DROP-OFF at the DPW, 55 SEA ST.

SATURDAY, OCTOBER 21, 2006 (8-10AM)

ACCEPTABLE: Oil Based Paints, Hobby Supplies, Pool Chemicals, Cleaning Chemicals, BBQ Tanks Only Pesticides, Drain Cleaners and Poisons.

NOT ACCEPTABLE: Latex Paint (Dry out & place in trash) TVs/Computer Monitors/ Microwaves, Air Conditioners/Lawn Mowers/Combustible Engines, Oxygen Tanks, Asbestos, Explosives, Tires, Fire Extinguishers, Smoke Detectors, Machinery

IMPORTANT NUMBERS

DPW Website:	www.ci.quincy.ma.us
General Information:	617-376-1123 (Constituent Services)
Sewer/water/Drain:	617-376-1910 (24 Hours) Hotline
Water Bills:	617-376-1918
Potholes:	617-376-1914 (24 Hours) Hotline
Street Lights:	617-376-1490 (24 Hours) Hotline
Engineering	617-376-1950
Public Works	617-376-1957
Traffic & Parking:	617-376-1406
DPW Yard Attendant	617-376-1928 (Drop-off of yard waste/recycling)

****WINTER PARKING NOV. 2006 - APRIL 2007 EVEN SIDE OF STREET****

PLU# 7051

*****CAR-RT LOT**B-099
THOMAS CRAN PUBLIC LIBRARY
PO BOX 699164
QUINCY MA 02269-9164

Democrats To Honor Frank Bellotti Sunday
Page 4

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper

VOL. 39 No. 6 | Thursday, October 26, 2006 | 40¢

NORTH QUINCY HIGH School students welcome French students for a 12-day exchange visit. The two students from Bourges, France will leave Friday. North Quincy students will return the visit during their April vacation. See story on Page 9.
Quincy Sun photo/Robert Noble

Price Tag: $50M-$70M

Flooding Solution Seen Slow, Costly

By MIKAELA SLANEY

Tensions rose at Monday's City Council Ordinance Committee meeting, as Commissioner Steven O'Donnell warned of a slow recovery time, and a $50 to $70 million price tag to solve chronic flooding throughout the city.

Councillors took turns expressing concerns over the heavily-affected streets in their wards, as O'Donnell and Frank E. Occhipinti, senior engineer of Weston & Sampson Engineers, Inc., addressed the issues.

Weston & Sampson is conducting studies and cost estimates for the project. Occhipinti said that current cost estimates are four or five times as high as earlier estimates.

"I gave you a price, and there was a lot of disbelief in the price," said O'Donnell. That's why Mr. Occhipinti is here."

O'Donnell said the Department of Public Works is currently focusing on prop-

(Cont'd On Page 28)

To Save Taxpayers Money

Energy Audit For Over 40 Municipal Buildings

The city will conduct an extensive energy audit of more than 40 municipal buildings which Mayor William Phelan says is a major effort to save hundreds of thousands of taxpayer dollars.

Honeywell, Inc. has been selected to conduct the audit and make recommendations on improving heating and electrical systems as well as inspecting the physical condition of the buildings.

The city will be taking advantage of a new state law that allows communities to make energy conservation and efficiency improvements with financing creating by savings in energy bills.

After a Request for Proposal process, the city's Energy Management Committee selected Honeywell, Inc.. Honeywell has recently completed a similar successful effort for Somerville.

"Not only will we be realizing significant financial benefits, but it's the right thing to do from an environmental standpoint as well," said Phelan. "We expect that the energy audits will recommend a number of efficiencies and improvements to our systems and our buildings; improvements that will save our taxpayers from paying much higher bills over time. This effort will have significant, positive, long-lasting financial impacts for our city."

Honeywell will audit heating bills, electricity bills, water conservation, and the condition of roofs, windows, and brick-work at all municipal buildings. Honeywell will then make recommendations to the City on how to capture savings through improvements to systems, infrastructure, and building repairs.

The Energy Management Review team consisted of Public Works Commissioner Steve O'Donnell, Assistant City Solicitor Robert Quinn, and Director of Building Construction and Maintenance J. Michael Ryan.

"There is much work to be done, but that is good news," said Ryan. "With the aging infrastructure that we have, primarily in our school buildings, it is obvious that this is an area that we can capture significant savings over time. An investment in studying our energy efficiencies is one that will pay significant dividends for years to come."

O'Donnell, noted: "The City could make significant improvements to heating systems and electrical systems that in some cases are 50-70 years old and would otherwise have to be replaced using hundreds of thousands of taxpayers' dollars. With our energy management program, we aim to improve conditions in our school

(Cont'd On Page 8)

City Tackling Graffiti Problem

Ward 1 Councillor Leo Kelly expressed concerns over rampant graffiti to Commissioner Steven O'Donnell at Monday night's Ordinance Committee meeting.

Kelly said that he noticed graffiti throughout the city on mail boxes and buildings.

O'Donnell acknowledged the problem, and said that he has met with community police to address the issue. O'Donnell said that a neighborhood watch program and police are aware of the issue. "They have made a couple of arrests," he said.

O'Donnell said that graffiti is also found on schools, recreation yards, cemeteries, and street signs. "We replaced over 30 signs in Fennel Street for safety issues," he said.

O'Donnell said that a "graffiti truck" is travels city streets daily watching for vandalism.

Kelly said he was disappointed that tax dollars had to be used on something that is preventable. "This fellow could be working somewhere else instead of cleaning up after foolishness," he said.

■ Mayor's Food Drive Saturday - *Page 3* ■ Remembering Jamie Cochrane - *Page 8*

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Bethany Versoy Photo

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- Matthew Dugan, KeySpan Energy Delivery residential energy efficiency programs manager.
- Tom Clasby, Quincy Council on Aging director.
- State Senator Michael W. Morrissey.
- State Representative Joseph R. Driscoll.
- Councillor John Keenan.

The program will feature on-site demonstrations on how to cut energy bills by up to 30 percent.

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34 Coddington Street
Quincy, MA 02169

Or email (Word format only) to:
dbrugman@quincycollege.edu

EOE/AA

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10¢ WINGS
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During all Pats Games / Monday Night Football / Till 10pm *dine in only

5 New Hi-Def Plasma T.V.'s

D.J. Every Thursday
with 1/2 Price Appetizers 8-10pm, choose from 12 delicious apps.

HALLOWEEN PARTY
OCTOBER 28TH, 8PM
Costumes strongly encouraged
Prizes • D.J. Larry Links

23 DesMoines Road • Quincy Point • For takeout 617.786.9804
(Between the Shipyard and 1000 Southern Artery Senior Center)
WWW.STEAKTIPS.COM

BATES & RIORDAN, LLP
Attorneys At Law

Theodore Riordan, Esq.
Former clerk, RI Supreme Court

Deborah Bates Riordan, Esq.
Nurse-Attorney

www.BatesRiordan.com
645 Hancock Street, Wollaston • (617) 328-8080

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Canister Vac
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All 3 $299.99
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A stunning selection of shapes and sizes, gold, platinum, white gold. Experience our promise of beauty, quality and always the best price.
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781-337-5069 • Located off Rte. 3, Exit 16A to Rte. 53N
Hours: Mon, Tues, Wed, Fri 9:30-5:30, Thurs 9:30-7, Sat 9:30-2, Sun closed

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The South Shore is a great place to live, a great place to work, a great place to grow up and an all-around great place to be. If you're getting ready to buy a house here, Colonial Federal is a great place to get the money you need. Customers tell us all the time that they're "so glad a bank like Colonial Federal still exists." Friendly, independent and 100% local, we'll make it easy for you to get the mortgage you need for the house you want. And we're here for you after the closing too. If that sounds like the kind of bank you want to be with, come see us or call 617-471-0750.

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HOLBROOK: 802 South Franklin Street 781-767-1776
EAST WEYMOUTH: Middle & Washington Streets 781-331-1776 • www.colonialfed.com

Some additional facts: Annual Percentage Rate (APR) effective as of 10/18/06 and may change. Applies to 1-2 family owner-occupied homes. Assumes a maximum 80% loan-to-value and first mortgage position. A 30-Year Loan would be repaid in 360 equal monthly payments of $6.24 per $1000 borrowed. Subject to credit approval.

EQUAL HOUSING LENDER
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Local Band.
Wedding and Anniversary Rings
A stunning selection of shapes and sizes, gold, platinum, white gold. Experience our promise of beauty, quality and always the best price.
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The Quincy Sun

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Moments in time

THE HISTORY CHANNEL

• **On Oct. 26, 1881,** after years of feuding and mounting tensions, the Earp brothers, along with their friend Doc Holliday, and Clanton-McLaurys cowboys engage in their world-famous shootout near the OK Corral in Tombstone, Ariz., leaving three men dead and three more wounded.

• **On Oct. 24, 1901,** daredevil Annie Edson Taylor initiates a famous stunt tradition when she goes over Niagara Falls in a wooden barrel 5 feet high and 3 feet in diameter. Taylor reaped few financial rewards and died in poverty after 20 years as a Niagara street vendor.

• **On Oct. 23, 1925,** talk show host Johnny Carson is born in Corning, Iowa. He began occasionally guest-hosting for Jack Paar on "The Tonight Show" and became its permanent host in 1962. Carson retired in 1992 and died in Los Angeles on Jan. 23, 2005.

• **On Oct. 27, 1954,** "Disneyland," Walt Disney's first television series, premieres on ABC. The one-hour show, introduced by Tinkerbell, presented a rotating selection of cartoons, dramas, movies and other entertainment. The show ran for 34 years under various names.

• **On Oct. 28, 1965,** workers "top out" the final section of the Gateway Arch in St. Louis, Mo., completing construction of the nation's tallest memorial after four years of work. The Gateway Arch spans 630 feet at the ground and is meant to symbolically mark the gateway from the eastern United States to the West.

• **On October 29, 1979,** the 50th anniversary of the great stock market crash of '29, trading at NYSE is interrupted by protesters, who stormed the exchange to demonstrate against the proliferation of nuclear arms.

• **On Oct. 25, 1994,** Susan Smith reports she was carjacked in South Carolina by a man who took her two small children in the backseat of her car. After nine days, Smith finally confessed that she had driven her Mazda into the John D. Long Lake in order to drown her children.

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Sunbeams

By Henry Bosworth

Democrats To Honor Bellotti

Frank Bellotti, who has been faithfully there to honor other city Democrats, will be on the receiving end Sunday.

BELLOTTI

The former lieutenant governor and attorney general, will be presented the Dennis Ryan Outstanding Democrat Award at the 19th annual Quincy Democratic City Committee Breakfast.

The breakfast will be at 10 a.m. in The Tirrell Room of the Quincy Lodge of Elks, 254 Quarry Street.

Worcester Mayor Tim Murray, Democrat candidate for lieutenant governor will be among those attending.

"Frank is most deserving of the honor," says Committee Chairman Chuck Phelan. "He goes back to when Democrats were scarce in Quincy, and did a lot to change that."

PHELAN

Phelan notes that Bellotti was the keynote speaker at the very first breakfast 19 years ago.

"He spoke on 'Why I am A Democrat'," Phelan recalls. "It inspired young Democrats to be active in the party and to seek office."

The Dennis Ryan Award, the Democratic Committee's most prestigious, is named for the late clerk magistrate of Quincy District Court who was know as "Mr. Democrat".

Quite appropriate for Bellotti to receive it.

Tickets for the breakfast are $20, and can be obtained at the door or by calling 617-472-7736.

Bellotti put Quincy on the state political map in 1962 when he was elected lieutenant governor in his first run for state-wide office.

He later lost a bid for governor, but came back to be elected attorney general.

The year he was elected lieutenant governor he came out of political no-where, a virtual unknown.

Bellotti's previous political experience was an unsuccessful run for Norfolk County district attorney when the county was as staunch Republican as it is now Democratic.

And he served as county coordinator for John F. Kennedy in 1960. Kennedy returned the favor as president by endorsing him for lieutenant governor.

Though a newcomer, 1962 was also the year he showed the veteran pols that he had brass.

He had enough delegates lined up ahead of time to win the convention's endorsement for lieutenant governor.

But the big boys tried to get him to step aside in favor of then Lt. Gov. Edward McLaughlin who lost the endorsement for governor to Endicott Peabody.

No way, Bellotti told them. He wasn't moving aside.

"I gave six and a half months of my life campaigning already," he told them. "We've (his supporters) have all worked hard for this and I'm not going to get out now."

During those six and a half months, Bellotti had quietly criss-crossed the state lining up delegate support. No one was paying much attention to him except the delegates he was winning over.

When the Democratic convention opened in Springfield that year, the so-called political experts considered him as just one of six lieutenant governor candidates.

But unknown to them, he virtually had it all wrapped up thanks to his delegate missionary work during those six and a half months.

He brought a lot of fresh air to Beacon Hill.

So, step up and take a bow, Frank. You deserve it.

Delahunt To Sponsor Forum On Domestic Violence Oct. 30

The office of Congressman Bill Delahunt will sponsor a forum of housing for domestic violence survivors Monday, Oct. 30, from 10:30 a.m. to 12 noon at the Thomas Crane Public Library, 40 Washington St.

Representatives of Greater Boston Legal Services will be on hand to explain the options available to victims of domestic abuse under the provisions of the Federal Violence Against Women Act (VAWA).

"Violence against women is the worst kind of crime," said Delahunt. "These funds will help survivors who have the courage to end the cycle of abuse to find a way out to protect themselves and their children.

"Working collaboratively, we can ensure the timely access for women and children fleeing from an abusive home and facing the daunting task of finding adequate shelter while they put their lives back together."

Topics of the forum will include new obligations imposed on housing providers by VAWA and problems providers may face as well as discuss new ways advocates and providers can work together to protect survivors.

As Norfolk district attorney for 21 years, Delahunt was a pioneer in the effort to address domestic violence, establishing the first-in-the-nation office to combat spousal abuse and provide services to survivors.

Heart Health Discussion Nov. 7

The Council on Aging will present a discussion on heart attack and stroke awareness 10 a.m. Tuesday, Nov. 7 at the Koch Park and Recreation, 1 Merrymount Parkway.

The informal discussion will be lead by Cathy O'Leary Glennon, R.N.

The discussion will include risk factors, signs and symptoms, and lifestyle changes that promote health.

Healthy snacks will follow the discussion.

To make a reservation, call 617-376-1506.

ELEMENTARY LUNCH MENU

Monday, Oct. 30
Ultra grain pizza, fresh fruit, fruit juice.

Tuesday, Oct. 31
Early release day - no lunch served.

Wednesday, Nov. 1
Tuna salad sandwich on a bun, potato chips, carrot snack pack, fruit juice.

Thursday, Nov. 2
Chicken nuggets, macaroni and cheese, sweet and sour sauce, fruit cup, fruit juice.

Friday, Nov. 3
French toast sticks, maple syrup, sausage links, applesauce cup, fruit juice.

QUINCY ANIMAL SHELTER

56 Broad Street, Quincy • 617-376-1349
quincyanimalshelter.org

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FOR LOST or FOUND ANIMALS call CITY OF QUINCY ANIMAL CONTROL at 617-376-1364.

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AVAILABLE CATS (and KITTENS, TOO!

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MATTIE: 1 y.o. black and white female DSH.
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MARIUS: 1 year-old black and white male DSH.
MOKI: 1 y.o. female Calico. Shy but very sweet.
PRETTY KITTY: beautiful long-haired black male.

PLUS MANY MORE CATS and KITTENS NEED HOMES

QUINCY RESIDENTS

Housing Rehab Grants/Loans

Grants of up to $3,000 and loans of up to $17,000 towards a new roof, heating system or replacement windows. Additional Grants of up to $3,000 for lead paint hazard control. **New deferred loan program for Handicapped Home Adaptation**

Income/other restrictions apply; Household of 4 income limits: $66,150 (HUD prog). *For more info, call the Office of Housing Rehabilitation at 617-376-1050 or email rcard@ci.quincy.ma.us*

New policies and higher loan limits for rental properties occupied by households that meet income guidelines. Please call for more details.

Scenes From Yesterday

THIS IS A 1915 postcard view of the Yule Hotel that was located at 632 Washington St. in Quincy Point. Today, this is the site of the Teamwork Physical Therapy building located between Washington Court and Baker Avenue. The Yule family operated this as a hotel and boarding house mostly for workers at the shipyard. In the early 1920s, Mary Yule opened the Casino Theater across the street for vaudeville and silent movies. It later became the Lincoln Theater and then added candlepin bowling alleys. Mrs. Yule operated the candy store and concession business in front of the theater for many years. The theater site is now home to the Re-Max Realty Co. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of Tom Galvin

READERS FORUM

Now, It's Quincy's Turn

Quincy has a lot going for it. The city has wonderful parks and beaches; it's rich with history; and it has a diverse and growing population.

Currently, the city is experiencing a development boom. Growth and development are good for the city, but if development is not done in a smart way, it could negatively impact our quality of life. Many other cities and towns in Massachusetts are also concerned about how to grow while successfully maintaining and improving their communities.

In response to this concern, the Commonwealth passed the Community Preservation Act (CPA) in 2000. The CPA helps communities control development by protecting open space, by maintaining recreational sites, by creating affordable housing opportunities, and by preserving historic sites. Over 100 communities are already enjoying the benefits of the CPA; I think now it's Quincy's turn.

Since the CPA's inception in 2000, the residents of Quincy (by buying and selling homes) have contributed millions of dollars to the Massachusetts' Community Preservation Trust Fund, but only cities and towns that adopt the CPA can access that fund. That means towns like Scituate, Braintree, Weymouth, and Hingham, which have already adopted the CPA, can enjoy the money contributed by Quincy residents, but we can't.

Saving open space and preserving historic sites improves our quality of life, adds to our property values, and protects unique aspects of our city. Creating affordable housing allows those who provide essential services in our community (teachers, firefighters, police officers, and municipal employees) to actually live in our community. The sooner Quincy adopts the CPA, the sooner we can use our money to grow in a smart way.

M. Pratt
Quincy

Open Letter To The Traffic Engineer

Congratulations on your new position. I hope you do well, and I know you might have "a lot on your plate, but could there be better traffic designs/crosswalks at both high schools, North Quincy and Quincy High?

Both schools are heavy-traffic areas, and many students from both schools have had near misses getting hit by cars. For example, Quincy High's crosswalk does not even have a traffic light, and cars go zooming around corners. And because the street is heavily parked, there's less time for both drivers and pedestrians to see each other.

North Quincy High School's situation is very similar... heavily-parked, busy intersections, heavy foot traffic, but inadequate traffic lights, or not enough.

Could there be crossing guards at the schools? Whatever, these dangerous situations must be corrected as soon as possible.

Gene Lee
Putnam Street

Blood Drive Today At Roche Bros.

The American Red Cross will hold a blood drive today (Thursday) at Roche Bros., 101 Falls Blvd., Quincy.

Hours will be from 1 p.m. to 7 p.m.

For questions about eligibility to donate, call 1-800-GIVE-LIFE.

QHS Parents Council Meets Nov. 9

Quincy High School's Parent Advisory Council will meet Thursday, Nov. 9 at 7 p.m. in the Pride Room at the school.

All Quincy High School parents are welcome to attend.

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The Quincy Sun

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Quincy's Yesterdays

22,000 Revaluation Impact Notices To Be Mailed

This Week
1983
23 Years Ago

By FRANK McCAULEY

Impact notices informing Quincy residents of new valuations placed on their properties will be in the mail Nov. 14.

The 22,000 notices are being prepared by the Assessors' office along with letters explaining the reasons for the revaluation and how the figures were determined.

Mailing impact notices is the latest step in the court-ordered revaluation procedure that began four years ago with the appropriation of funds to hire a revaluation firm.

Taxpayers who wish to appeal their valuations will have until Dec. 2 to make an appointment for a hearing. Hearings will begin Nov. 21.

TOBIN SAYS HE'S READY FOR A JUDGESHIP IF OFFERED

Former Mayor and present clerk Magistrate of Quincy District Court Arthur Tobin announces he is prepared to apply for a judgeship if the occasion arises. Tobin said that he feels his experience as Clerk Magistrate has prepared him for a position as a judge.

RUTH GORDON RECEIVES THEATRE DISTRICT AWARD

Quincy born actress Ruth Gordon received the Annual Theatre District Award during the 5th Annual Footlight Parade at the Boston Park Plaza Hotel. She also received a copy of a new book, "Quincy, A Pictorial History" by Paul Robert Lyons. The copy was a gift from Charles Pearce, president of the Quincy Savings Bank.

QUINCY-ISMS

Bernice Mader, who led the fight against excessive noise from Logan Airport aircraft, has taken out papers to run for Democratic State Committee in the next March 13 election... The Women's Council of Beth Israel Synagogue was planning its November meeting at the Morris Silverman Social Hall. Hostesses included **Ida** and **Rena Silverman**, **Lil Bikash** and **Ida Golub**... Nu Chapter-Delta Kappa Gamma was planning its Nov. 9 meeting at Central Middle School, topic: "Turning Points Educators in Transition." Participants included: **Alicia Coletti, Mary Ann Doyle, Patricia Drew, Dr. Carol Lee Griffin** and **Marie Reilly**... Kids' Korner, 60 Billings Rd., North Quincy, was advertising "children's clothing, quality brands, 40 percent off."... The Quincy High School Class of 1948's 35th reunion was scheduled for Nov. 18 at the Sheraton Tara, Braintree... Quincy Junior College was planning an open house along with a complimentary supper Nov. 2 for prospective students... **Mr.** and **Mrs. Peter Turowski** are proud parents of a son, **Peter Frank Turowski, Jr.** born at St. Margaret's Hospital... **Linda Marinilli**, a student at M.I.T and **Andrea Gelsomini**, a student at Boston College, received scholarship awards from the Italian-American Charitable Society... Four Quincy High School students have been designated "Commended Students" in the 1984 National Merit Scholarship Program, according to Principal Lloyd Hill. They are: **Lucia R. DeVito, Michelle Dunn, Andrea Garofalo** and **Kevin Golden**. The students placed in the top five percent of over one million participants... **Frank Anselmo**, candidate for re-election to the School Committee's political ad announced that "Actions Speak Louder Than Words on Billboards"... **Richard (Dick) Cahill**, executive vice president of Jack Conway and Co. and president of the Quincy and South Shore Board of Realtors was named "Massachusetts Realtor of the Year" at the 59th annual State Convention held in Hyannis... City Councillor **Patricia Toland** met with representatives of the MBTA concerning the extension of the popular MBTA "The Ride" program to the city of Quincy... **Sabina Kavanagh**, owner of Sabina's Beauty Academy, was elected president of Cerebral Palsy of the South Shore area. She succeeded **William Trifone**... **Captain Richard Stratton**, a graduate of North Quincy High School and a longtime former Vietnam War P.O.W. was the guest speaker at the wreath laying ceremony commemorating the 248th anniversary of the birth of John Adams, second president of the United States... Building Inspector **Allan F. MacDonald** School Supt. **Dr. Lawrence P. Creedon** announced that enrollment in the Quincy Public School System has dipped to its lowest point in 25 years. The enrollment as of Oct. 1, 1983 stood at 9,671 students. Enrollment peaked on Oct. 1, 1971 at 17,080 students... **Thomas Timcoe** of Sea Street was appointed National Assistant Adjutant at the recent national convention of the Sons of the American Legion... **M. Edward Webby** has completed her 30th year as a volunteer at Quincy City Hospital. During that period she served as president of the Woman's Auxiliary three times.

Arts & Entertainment

QAA Art Exhibit At Logan Through December

The Quincy Art Association (QAA) and South Boston Art Association (SBAA) will hold an Art Exhibit now through December at Logan International Airport in the south corner of Terminal C.

The exhibits display pieces by 12 members of the QAA and 14 members of the South Boston Art Association. All are invited to the exhibit.

Quincy artists include: William Beyer, Edwina Caci, J. Marshall Duke, Marion Fitzsimmons, Heather Price Flynn, Don Heath, Kris Kreitman, Maria Lenardi, Daniel Myers, Chris Myers, Anet Pagliorani, Marilyn Reisberg, Nancy Santry.

South Boston Artists who are also members of QAA are: Norman Crump, William J. Frew, Dan McCole, Maureen Murphy, Deborah Putnam.

The exhibit will consist of mixed mediums including paintings and photography.

The QAA has a membership of close to 400 participants and year-round workshops for children and adults. QAA holds four exhibits annually, with the largest Quincy ArtFest.

For more information, or to RSVP, call 617-568-3714. Or for more information on QAA visit www.quincyart.org.

QUINCY ART ASSOCIATION (QAA) paintings and photography will hang on the walls at Logan International Airport between terminals B and C from now through December. QAA members standing before the artwork from left are Nancy Santry, Anet Paglierani, Dan Myers, Donald Heath, Lillian Koe, Sandra Pohl, Marilyn Reisberg, Heather Glynn, and J. Marshall Dyke.

Quincy Sun Photos/Nancy Santry

Violinist Featured In Season Opener For Quincy Symphony

The Quincy Symphony Orchestra will present the first concert of its 53rd season Friday, Nov. 3, at 8 p.m. at the Performing Arts Center of North Quincy High School.

The program will feature Lucia Lin, violinist and a member of the Boston Symphony Orchestra, who will perform the Violin Concerto No. 1 in G Minor by Max Bruch.

The program will also include the Overture to "The Magic Flute" by Mozart and the Symphony No. 2, the "Romantic" by Howard Hanson.

Lucia Lin debuted with the Chicago Symphony at the age of 11 and has won numerous competitions, notably the 1990 International Tschaikovsky Competition in Moscow.

A native of Champaign, Ill., she received a bachelor's degree from the University of Illinois and a master's degree in music from Rice University in Houston, Texas.

Hanson's Symphony No. 2, "Romantic" was commissioned by the Boston Symphony for its 50th anniversary season and was introduced on Nov. 28, 1930.

Tickets are available at the door at $17 for adults, $12 for seniors and students and $5 for children under 12 accompanied by an adult.

ORGANIZATION COMMITTEE responsible for QAA artwork exhibit at Logan Airport from left are J. Marshall Dyke, Marilyn Reisberg, Kris Kreitman, Bill Frew, and Tommy Butler of Massport.

Haunted Ship (USS Salem) In Port Until Halloween

The Haunted Ship, aka the USS Salem, will be in port from tonight (Thursday) to Halloween, Tuesday, Oct. 31, featuring guided ghost tours on Friday and Saturday nights only.

The haunts will be front and center aboard the vessel from 6 to 9 p.m. on Thursday, Monday and Tuesday; from 12 noon to 4 p.m. for those who scare easily on Friday and Saturday.

Advance registrations are recommended for the guided ghost tours. The fee is $5 and the hours for the tours have been extended to 10 p.m. Kilroy's Mini Golf will also be open.

For more information call 617-479-7900 or visit *www.hauntedship.com* or *www.uss-salem.org.*

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Social

Michelle Hamel Wed To Jeremy Purington

Michelle Hamel and Jeremy Purington, both of Dresden, ME, were married recently by Rev. James Kimmell, at the Harraseeket Inn.

The bride is the daughter of Roger and Judith Hamel of Harwich and Quincy.

The bridegroom is the son of John and Catherine Purington of Dresden.

Maid of Honor was Sabrina DiMinico of San Diego, CA. Bridesmaids were Susan Codner of Hanover, Danielle Lamminen of Osterville and Amy Koeling of Pittston, ME.

Best Man was Christopher McGuire of Woolwich, ME. Groomsmen were Scott Hamel of Quincy, Chad Bowdoin of Richmond, ME, and Scott Lyons of Casco, ME.

The bride is a graduate of Woodward School for Girls and the University of Massachusetts, Boston, with a degree in psychology and sociology. She is a personnel assistant at Lord Real Estate in Brunswick, ME.

MR. and MRS. JEREMY PURINGTON

The bridegroom is a graduate of Morse High School in Bath, ME. He is a self-employed real estate developer and agent.

Reception was in the Harraseeket Inn. After a wedding trip to Kauai, Hawaii, they are making their home in Dresden.

N.Q. Catholic Women Rummage Sale Saturday

The Catholic Women's Club of North Quincy will hold a rummage sale Saturday from 9 a.m. to 3 p.m. in the outer cafeteria of Sacred Heart School.

Articles for the sale can be dropped off Friday from 3 - 5 p.m.

Chairpeople for the sale are Rosaleen MacAuley and Catherine Pascarelli.

QHS Class Of 1971 Reunion Nov. 25

The Quincy High School/Vo-Tech Class of 1971 with hold its 35th year reunion Saturday, Nov. 25, at 7 p.m. in the Elks Hall/Tirrell Room, 254 Quarry St.

Tickets are $50 per person and include dinner and a live band. Checks should be made payable to Quincy High Class of 1971 and mailed to Jean Petitti, 296 Willard St. Quincy 02169.

For more information contact Jean Petitti at 617-773-5848, or Deedee (DiBona) Speranzo at 617-471-1649, or Gloria (Volpini) Rugg at 781-340-5258.

Crane Library Book Group To Discuss 'Walking Tour'

The Second Friday Book Group will discuss "The Walking Tour," by Kathryn Davis, Friday, Nov. 10, at 9 a.m., in the Children's Room at the Thomas Crane Public Library.

The story follows two couples on a walking tour of Wales when a fatal accident occurs leading to a tale that is part mystery, part courtroom drama, part myth and part futuristic morality fable.

The book group meets on the second Friday of each month. Parents may bring their children and age appropriate activities will be available while adults are in discussion.

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is looking for candidates for the position of Business Manager to coordinate day-to-day activities. Candidates must demonstrate proficiency in Quickbooks, accounts payable and receivable, payroll processing and budgeting. Responsibilities include general supervision of building and grounds, marketing, insurance, supplies, student files and accreditation/relicensing. In addition, candidates must possess the following: a willingness to work in a school environment, good verbal and written communication skills, detail oriented, team oriented, and the ability to work independently.

Please Fax resume to: (617) 773-2359 Attn: Tricia Norton

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Energy Audit For Over 40 Municipal Buildings

(Cont'd From Page 1)

buildings and save money at the same time."

The audit should take approximately three months to complete. Honeywell will then present recommendations to the City and the City will then decide how to proceed with the recommendations.

"We continue to seek ways outside of our regular municipal budget to improve the quality of life in our city," said Phelan. "Whether it is the hotel/motel tax to improve our recreational facilities and protect open space; or State, Federal, and private funds to build ramps at Crown Colony and help build the new Quincy Center Concourse, we will be as creative as possible in our efforts to help our city move forward avoiding any impact to our local taxpayer."

"Our energy management effort is a good example of how government can be creative in improving services to citizens."

Colleagues To Hold Benefit Friday For Jamie Cochrane's Wife

Jamie Cochrane may be gone but he is certainly not forgotten.

Friends and colleagues will pay tribute to the late Quincy motorcycle officer at a benefit for his wife Friday, Oct. 27, at 7 p.m. in IBEW Local 103 Hall, 256 Freeport St., Dorchester.

Cochrane, an eight-year veteran of the Quincy force and a member of the Special Operations Unit, died Sept. 10 from injuries sustained the previous day when his motorcycle was struck by a car on Southern Artery.

Tickets to the benefit are $25 and donations of items to the live/silent auctions may be made to the Friends of Maria Cochrane, PO Box 690268, Quincy 02269-0268. For more information, contact 617-745-5756.

Ghostly Historic Figures To Return For Cemetery Tour

The Adams National Historic Park will hold its annual candlelight tour of the Hancock Cemetery Friday, Oct. 27, free of charge, between the witching hours of 7 and 9 p.m.

Ghostly apparitions of historic figures will share stories and obscure facts about Quincy's past and its historical characters in one of New England's oldest burial grounds.

Shades of Quincy's long-departed first families, the Adamses, the Quincys and the Hancocks, will be present in the old graveyard on Hancock Street next to City Hall.

After haunting the cemetery, all souls will repair to the Adams National Historical Park Visitor's Center for a touch of seasonal "spirits."

For more information, call 617-770-1175 or visit **http://www.nps.gov/adam.**

Haunts To Reign Saturday At Germantown Center

Ghosts, goblins and other figures of fright and fun will be active Saturday, Oct. 28, from 12 noon to 4 p.m. at 333 Palmer St., home of the Germantown Community Center and the Snug Harbor Elementary School.

There will be a costume contest at 2 p.m., plus games, food kids' crafts, raffles, a moonwalk and scary surprises all for a cost of $4 — $3 if you come in a costume — to enter the Haunted House.

The proceeds will benefit the Snug Harbor School and the Germantown Neighborhood Center.

Sponsors of the Halloween festival include the South Shore Savings Bank, Altrusa International Inc., Quincy, State Rep. Stephen Tobin, Jean Kenney, mortgage lender, Eastern Bank, and Sam Rounseville, realtor, Abigail Adams Agency.

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French Students Visit In NQHS Exchange Program

North Quincy High School is hosting 20 exchange students from Bourges, France as part of a cultural exchange program with Lycee Sainte Marie.

Lycee Sainte Marie students and their chaperones arrived Oct. 16, and are set to return tomorrow, (Friday). They were scheduled to attend classes, and give cultural presentations in French classes at the high school and middle schools. Educational and historical excursions were planned, with the possibility of apple picking, and visiting a Celtics exhibition game.

NQHS French teachers Aliza Schneller and Amy Roth, and their students planned the event. North Quincy High School students are planning to visit France for next April vacation.

The exchange was initiated two years ago when students from Quincy visited France on April vacation. They stayed with host families and experienced city life from a French perspective. The students attended classes at their host school and spent the weekend visiting the countryside with their families, or participating in cultural activities throughout Bourges.

Participants hope to follow last year's successful exchange. In October of 2005, students from Bourges came to Quincy for a 10 day visit. They visited Boston, Cambridge, Salem and Plymouth. Highlights of the visit included participating in the witch trials at the Salem Witch Museum, learning colonial songs and dances at Plimouth Plantation, shopping on Newbury Street and visiting the Church of the Presidents.

The Quincy School Committee presented the French visitors a "Plaque of Friendship" to be displayed at the Lycee Sainte Marie. A farewell dinner, hosted by the Cultural Exchange Committee, was held on the last day of their visit at the Three Seasons Restaurant. Host parents, teachers, committee members, students and guests attended the event.

The cultural exchange is supported by the Quincy Public Schools and the State Street Corporation and Boston Financial Data Services.

Preservation Act Info Meeting Tonight

An informational meeting on the Community Preservation Act (CPA) will be tonight (Thursday), 7 p.m. at Squantum School, 50 Huckins Ave.

The meeting is sponsored by a committee of the Quincy Environmental Network.

The CPA is a statewide legislation that provides new funding sources that can be used to address three core community concerns: acquisition and preservation of open space, creation and support of affordable housing, and acquisition and preservation of historic sites.

Question 4 on the November ballot will ask voters whether or not the city should adopt the CPA. Quincy residents are encouraged to attend the meeting to learn more about the CPA.

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New England School Bands In Competition At Stadium

Some of the finest high school bands in the northeast will compete Saturday, Oct. 28, in the New England Scholastic Band Association (NESBA) marching band championships starting at 3 p.m. in Veterans Memorial Stadium.

High school bands competing in Saturday's event include:

Division 1 - Abington, Oliver Ames, Billerica, Case and East Bridgewater.

Division 2 - Tewksbury, Everett, New Bedford, Dedham and Weymouth.

Division 3 -David Prouty, Melrose and Bishop Feehan.

Division 4 - Bishop Hendricksen, Shepherd Hill, Malden and Norwood.

Division 5 - Salem, N.H., Reading, Blackstone/ Millville, Stoughton and Dartmouth.

Festival - Salem, Mass.

There will be exhibitions by the bands of Boston University, UMass-Lowell and UMass-Amherst.

The Quincy High School band will open the competition with the National Anthem at 3 p.m.

The day will conclude with the presentation of awards to drum majors, scheduled for 10:20 p.m.

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At First Parish Church

John Adams To Be Honored With Presidential Wreath Oct. 30

The annual presidential wreath will be laid on the tomb of John Adams in the United First Parish Church, Monday, Oct. 30, commemorating the 271st birthday of the second president of the United States.

The service, to be held at 12 noon in what has come to be known as the Church of Presidents, will feature guest speakers who will reflect on the life and times of Adams, who was born Oct. 30, 1735.

The program also will feature the music of the Navy Brass Ensemble from Newport, R.I.

The National Anthem and Pledge of Allegiance will be lead by Lt. Commander Raymond Hurd, commanding officer of the U.S. Navy Operational Support Center, Quincy, representing President George W. Bush.

JOHN ADAMS

A moment of reflection will be lead by Arthur W. Durcharme, director of the Historic Interpretive Program. This will be followed by a prayer by Rev. Sheldon W. Bennett, Minister of the United First Parish Church. He will also deliver the closing benediction.

Speakers will include: Kirt Switzer, chair of Board of Governors of the church, Mayor William J. Phelan, Lieutenant Brendon McShane, executive officer of the USS Constitution (Old Ironsides).

Mary Harris, a student of Woodward School for Girls, Class of 2007, (she was chosen for being a seven-year student of the school, and a role model for other students, according to Tom Wesner, headmaster of the school). Other speakers include Jim Taylor, editor-in-chief of Adams Papers, Massachusetts Historical Society, Caroline Keinath, deputy superintendent of Adams National Historic Park, Dr. Edward Fitzgerald, Quincy Historical Society, Douglas Adams, Lt. Commander Raymond Hurd, and William Westland, of the church.

The laying of the Presidential Wreath, including a Naval hymn, will be by Hurd, Naval personnel and guests.

Music will also be provided by Soloist Dorothy Adams, Organist Kathleen Adams of the American Guild of Organists, the Annisquam Village Church Choir of Gloucester, the Salt marsh opera Chorus of Stonington, CT, and the U.S. Navy Brass Ensemble of Newport, RI.

The service will conclude with the official presentation of the White House wreath which will be laid on the John Adams tomb in the church crypt, where his son, John Quincy Adams, and their wives also are buried.

Adams served as president from 1797 - 1801 and vice president under George Washington from 1789 - 1801 and vice president under George Washington from 1789 - 1797 and lived to see his son, John Quincy, become the sixth president of the United States.

He died at his home in Quincy July 4, 1826, the 50th anniversary of the Declaration of Independence.

Central PTO Meets Tonight

The Central Middle School PTO will meet tonight (Thursday) at 7 p.m. in the Media Room at the school, 1012 Hancock St., Quincy.

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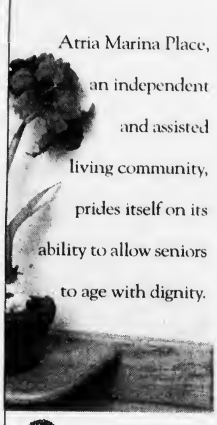

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SPOTLIGHT ON HEALTH & FITNESS

FROM START TO FITNESS

by Andrea Wyatt
M.S.S., C.S.C.S.

Body Needs Time to Recover

Q. My exercise partner designed a workout that has us doing total-body strength training every session. We work out five days a week for about an hour, splitting the time between cardiovascular exercise and strength training. Since we began this program I have seen some results, but I have not stopped being sore. Is it normal for me to stay sore, or should we change our workouts?

A. Designing a workout that will show results while keeping you safe in the long run can be challenging. The first point to remember is that "more is not always better." Our desire to see results can motivate us to try to do as much exercise as possible in hopes that we can shorten the time it takes to reach our goals. Remaining sore after each workout is a sign that your body needs more recovery time.

It is great that you and your exercise partner have made the time to work out five days a week and that you are seeing results. I would encourage you to continue to make that time available, but I would suggest using that time in a different manner.

Your body needs time to recover between workouts so it will be ready for the next session. Remaining sore day after day could limit your body's ability to work as effectively and efficiently during the next workout, actually keeping you from reaching your goals over time.

Try completing your strength-training total-body workout three days a week, along with cardiovascular exercise for 30 minutes within that hour. Be sure to design your strength-training workouts appropriately so that the weight is not too heavy. Remember, the weight you choose to lift should be able to be completed with proper technique. Having to lose your technique would suggest the weight is too heavy.

On one of the other two days of the week you work out, I would recommend cardiovascular and flexibility training. Try cross-training, where you use different forms of cardiovascular exercise such as walking/jogging, cycling, in-line skating, etc. Also consider interval training, which involves alternating between easier to harder intensities throughout your cardiovascular workout. Again, be cautious not to raise your heart rate too high (where you do not see a considerable amount of recovery one minute after the exercise is complete).

Alternating your strength and cardiovascular workout days should help your body recover from soreness and help you continue to see results.

Always consult a physician before beginning an exercise program. Andrea Renee Wyatt, M.S.S., C.S.C.S., is a certified personal trainer with an extensive background in strength and conditioning as well as therapeutic recreation. If you have a fitness or training question, e-mail Andrea at letters.kfws@hearstsc.com or write her in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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BANK OF CANTON was a sustaining sponsor this year for the Annual Quincy Medical Center (QMC) Cancer Walk held recently to benefit The Marie A. Curry Fund. This annual event helps QMC provide free cancer screenings and services to non-insured and under-insured men and women throughout the South Shore. Team Bank of Canton consisted of employees, their families and friends, who raised more than $3,250 to benefit the fund, helping to raise a grand total of more than $130,000 for the Marie A. Curry Fund.

Athletic Performance And Nutrition

By Dr. JAY PROVENZANO and Dr. ANN DOGGETT

No matter what type of athlete you are, professional or weekend warrior, young or old, what you eat and drink can be the difference between first and last place, or just keeping up with your teammates. Good fat, protein and complex carbohydrates are all part of a diet for optimal performance and recovery.

Practice and training alone can not guarantee success. You need tremendous amounts of energy and endurance reserves to fuel your body to its full potential. Unfortunately, as Americans, we eat too much fat and sugar from fast foods that taste great, but lack the nutrients the body needs to function efficiently. Athletes are no exception to this fact.

Often times we eat protein that is difficult to digest and not enough complex carbohydrates such as vegetables, brown rice and dried beans. Simple sugars such as soft drinks, jams and jellies, and candy provide few nutrients but a lot of calories, and actually use up some of our important vitamins and minerals.

An optimum diet can improve athletic performance significantly. For example, scientists have found that by adjusting what runners eat and drink before a race, endurance can be increased by 200 percent or more.

Did you know 75 percent of Americans are chronically dehydrated? Water is the most important, yet overlooked, nutrient by athletes. When exercising, people sweat to keep the body cool. Athletes can lose an excess of several liters in a one-hour period. Also, many sport drinks contain a large amount of simple sugars, dyes and unnecessary calories. Water is the perfect solution.

Fat intake should be adequate to provide essential fatty acids and fat-soluble vitamins, as well as to help provide adequate energy for weight maintenance. Overall, diets should provide moderate amounts of energy from healthy fat. There appears to be no health or performance benefit to consuming a diet containing less than 15 percent of energy from healthy fat. Good fats include: organic meats, olive and flaxseed oils (unheated), almonds, walnuts and cold water fish, such as halibut, salmon, sardines and trout. The same diet structure should be adapted by everyone. Athletes need to increase their calorie consumption because they are expending more energy.

Protein's most important functions in the body are to support growth and to repair body tissues. Many people feel athletes need a high-protein diet to support muscle growth, despite the fact that researchers have repeatedly proven this false. Good-quality proteins from naturally-raised meats, fresh fish, nuts and seeds will all serve your body's protein needs. They also provide important minerals for better performance, on and off the field.

Dr. Jay and Dr. Ann are chiropractors at WholeBody Solutions, 605 Hancock St. For more information, call 617-328-6300, or visit their website at www.wholebodysolutions.org.

Bay State Community Services Offers Germantown Tobacco Support Group

Bay State Community Services Tobacco Free Community Mobilization Network joins other partnering organizations to offer a six-week tobacco support group for Germantown residents.

The support group will begin the week of Nov. 6 at the Germantown Neighborhood Center.

The program will provide tools to assist in dealing with physical and psychological/emotional tobacco withdrawal, stress management, nutrition and weight gain.

Bay State Community Services will also offer nicotine replacement therapy.

Baby-sitting is available but call ahead to register.

Those interested in joining the support group should contact Christine Coscia at 617-750-1343 or e-mail cosciach@comcast.net.

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DENTISTRY for the 21st Century

by Steven A. Brustin, D.M.D.

GETTING TO GUM DISEASE'S ROOT CAUSE

If left untreated, gingivitis (the mildest form of gum disease) can progress to periodontitis. In such cases, plaque spreads below the gum line where toxins produced by bacteria irritate the gums. This produces a chronic inflammatory response in which gums separate from the teeth and too-supporting bones and tissues degenerate. Eventually, teeth may become loose. To avoid these problems, the dentist must take a fairly aggressive approach to treating periodontitis. Root planing and scaling is a process by which the dentist uses specialized tools to scrape between the gums and teeth, down to the roots. The dentist will usually treat one-quarter of the teeth at one time using local anesthetic. This treatment is very effective and causes little discomfort.

Although gum disease is the major cause of tooth loss in adults, in many cases it is avoidable. We work with our patients so they can achieve and maintain a beautiful smile and healthier gums and teeth. We take the time with our patients to explain their treatment options and inform them of additional preventative care. Most adults with gum disease are unaware that they have it. Periodontal disease is usually a slow, painless, progressive disease. You need not lose your teeth to gum disease. If diagnosed early, the teeth can be saved. We're located at 44 Greenleaf Street, where we are currently accepting new patients. Please call 617-479-6220 to schedule an appointment. We offer the services of anesthesiology with a fully trained and qualified anesthesiologist. Visit us on the web at www.quincydentist.com.

P.S. Planing and scaling removes hardened mineral deposits on teeth that resist removal.

QUINCY POLICE HOT SPOTS

QUINCY POLICE STATISTICS: Oct. 13 - Oct. 19
Total Calls for Service: **1,242**
Total Arrests: **28**
Total Stolen Cars: **3**

FRIDAY, OCT. 13

BREAKING AND ENTERING/PAST, 6 p.m., 1047 Southern Artery. Dwelling. Jewelry and laptop known missing.

BREAKING AND ENTERING/ATTEMPT, 8:05 p.m., 1027 Southern Artery. Dwelling. Attempted break; Front door damaged, no entry made.

LARCENY/ATTEMPT, 9:21 p.m., Seven Eleven Store, 721 Hancock St. Counterfeit. Black male in his 20's tried to buy money orders with 10 counterfeit $100 bills, then fled in a 1995 Mercury Sable, color grey.

SATURDAY, OCT. 14

LARCENY/MOTOR VEHICLE, 1:46 a.m., 194 Merrymount Rd. 1979 Cadillac DeVille, color blue. Suspect MV spotted on Burgin Parkway, got onto expressway northbound on Route 3. State PD notified, PD Milton. Suspect MV got off at Furnace Brook Parkway, went Willard St. into Milton, Granite Ave. to Adams St. Dorchester. PD Milton apprehended two at Minot St. and Frederica. 782 drove owner to recovery scene to pick up motor vehicle with no visible damage. Suspects had key. All charged with possession of a stolen motor vehicle. #1 additionally charged with operating without license, failure to stop for a police officer and operating to endanger.

VANDALISM/PROPERTY, 1:56 a.m., 134 Waterston Ave. Window. Just broken. Driver's side rear window smashed.

LARCENY, 8:36 a.m., 91 Clay St. Cash/checks from a small lock box in bureau sometime yesterday.

LARCENY, 11:34 a.m., Ricciuti Dr. Past.

LARCENY, 3:48 p.m., 70 Quincy Ave. Cell phone.

LARCENY, 4:23 p.m., 63 Stewart St. Money order. Caller confused. Advised to file claim with Western Union.

VANDALISM/PROPERTY, 5:08 p.m., 86 Village Dr. Car keyed. Scratch on hood.

VANDALISM/PROPERTY, 5:29 p.m., 86 Village Dr. Car keyed. Duplicate call.

LARCENY, 7:03 p.m., 125 Beale St. Check stolen out of mailbox and cashed.

SUNDAY, OCT. 15

VANDALISM/PROPERTY, 8:20 a.m., Burger King, 62 Granite St. Two white males, both with red shirts, pulling down signs in the parking lot of TJ Maxx. A sale sign was pulled down.

VANDALISM/PROPERTY, 11:06 a.m., 15 Faxon Rd. To fence. Fence post was damaged sometime last night.

ARMED ROBBERY, 9:13 p.m., 714 Sea St. Car jacking. Arrest made. Two black males and one white male pulled a weapon and took a Marina Bay Cab. Cab located on Kilby Street. Suspects located on Palmer St. and State, three under arrest.

BREAKING AND ENTERING/PAST, 9:33 p.m., 10 Glenview Rd. Dwelling.

MONDAY, OCT. 16

ASSAULT AND BATTERY, 6:47 a.m., Dunkin' Donuts, 95 Franklin St. Iced coffee. Caller reports a black Ford F-150 came through drive-through 5-10 minutes ago and threw an ice coffee. The incident was filmed by the truck.

VANDALISM/PROPERTY, 7:53 a.m., Furnace Brook Golf Club, 74 Summit Ave. Last night. Caller states there was a large amount of damage to course over the night.

LARCENY, 8:05 a.m., Egg & I, 853 Hancock St. Wallet. ATM was also used. While paying check at restaurant realized walled was missing. Unknown if wallet was lost or stolen.

ASSAULT AND BATTERY, 9:10 a.m., 55 Germain Ave. Past.

LARCENY, 2:43 p.m., 192 Manet Ave. Lawn chair. Caller states lawn chair has been stolen.

VANDALISM/PROPERTY, 3:24 p.m., 55 Germain St. Door damaged. Door was kicked in last night, now door has been additionally vandalized.

LARCENY, 6:30 p.m., 139 Bellevue Rd. Past. Two wicker chairs taken from front lawn, value of approx. $150.

ASSAULT AND BATTERY, 8:05 p.m., Houghs Neck Congregational Church, 310 Manet Ave. Past.

LARCENY/MOTOR VEHICLE, 8:28 p.m., 73 Martensen St. 1989 Olds Cutlass, color white. Car recovered in Weymouth behind Staples, Main St.

TUESDAY, OCT. 17

BREAKING AND ENTERING/PAST, 12 midnight, Presidents City Inn, 845 Hancock St. Dwelling. Larceny of a wallet. Burglary of room also.

LARCENY, 8:45 a.m., Bill Chancey's Pedorthics, 1245 Hancock St. Past. Report shows a complaint for a hearing will be sought, appears civil in nature.

VANDALISM/PROPERTY, 9:38 a.m., Burke Home Improvement, 53 Intervale St. Window smashed sometime overnight.

LARCENY, 11:49 a.m., 16 Carruth St. Credit card. ATM card was stolen from home, used seven times – once at QCU ATM, 114 Whitwell St., other six times at 100 Quincy Ave.

VANDALISM/PROPERTY, 3:39 p.m., 294 Whitwell St. To cement. Both youth's parents strongly advised.

VANDALISM/PROPERTY, 5:59 p.m., Central Middle School, 1012 Hancock St. To motor vehicle. Front windshield was smashed, happened on Sunday night.

LARCENY, 6:19 p.m., Star Market, 130 Granite St. Wallet. Incident occurred Sept. 28. Credit cards used already, mostly at South Bay Mall Boston.

LARCENY, 7:15 p.m., CVS Pharmacy, 22 Independence Ave. Wallet. Lost wallet, no crime.

BREAKING AND ENTERING/PAST, 11:34 p.m., 29 Woodward Ave. Dwelling. Occurred Oct. 16. Entry via forcing rear door. $1800 cash missing.

WEDNESDAY, OCT. 18

BREAKING AND ENTERING/PAST, 6:47 a.m., 86 Greenleaf St. Garage door locked opened, generator taken overnight. Titan industries Generator, 5500 watts.

LARCENY, 9:52 a.m., Munroe Place, 1205 Hancock St. Spool of wire.

VANDALISM/PROPERTY, 10:14 a.m., 291 Granite St. Tires slashed on two different vehicles.

LARCENY, 11:08 a.m., 6 Oval Rd. Possible B&E. Items missing from dwelling.

LARCENY, 1:32 p.m., Bank of Canton, 275 Quincy Ave. By check. Someone has passed a fake check. This was a larceny by check, uttering, and forgery.

LARCENY/MOTOR VEHICLE, 2:20 p.m., St. John's Church, 44 School St. 1989 Olds Cutlass, color gray, taken from lot overnight.

LARCENY, 2:54 p.m., Marina Bay Administration, 333 Victory Rd. Money. $3600 taken from safe after Oct. 14.

VANDALISM/PROPERTY, 6:12 p.m., 80 Newbury Ave. In progress. While on this call, the 778 and 779 cruisers were stolen and recovered in front of 4 Walker St.

VANDALISM/PROPERTY, 9:40 p.m., 291 Granite St. Tires slashed.

THURSDAY, OCT. 19

VANDALISM/PROPERTY, 9:31 a.m., 97 Faxon Ln. Tire popped.

BREAKING AND ENTERING/PAST, 9:38 a.m., 34 Federal Ave. Garage. Blue Yamaha Raptor ATV and blue Honda mini bike stolen after door and wall were removed from garage.

BREAKING AND ENTERING/PROGRESS, 10:56 a.m., 131 Copeland St. Dwelling. Arrest made. Caller states someone in the house that shouldn't be there. Two arrested for B&E daytime with intent to commit a felony and minor in possession of alcohol.

VANDALISM/PROPERTY, 11:17 a.m., 429 Quarry St. Tires damaged. Two nails in front tires of vehicle, happened overnight.

VANDALISM/PROPERTY, 11:24 a.m., Roseann's, 1089 Hancock St. Past. Two large flower pots in front of store vandalized, appear to have been kicked in.

ARMED ROBBERY, 3:20 p.m., 148 Newbury Ave. With gun. Arrest made. Male robbed at gun point. Suspect went into a house a few doors down from where the caller is calling. Thinks he also robbed another person at Teal Field. Three suspects in custody, possibly three more on the loose. 792 recovers gun in rear of 90 East Squantum St. One person was arrested for armed robbery.

VANDALISM/PROPERTY, 5:09 p.m., 111 Sumner St. To motor vehicle. Driver's side front and rear were keyed. Happened on Oct. 16.

VANDALISM/PROPERTY, 6:03 p.m., 9 Darrow St. Deval Patrick sign taken off the front lawn.

ASSAULT AND BATTERY, 7:15 p.m., 48 Billings Rd. Incident occurred on the sidewalk at 48 Billings Rd. Suspect described as white male, about 40, 5'7", medium build, brown hair and eyes, unshaven, wearing a black shirt with writing on it (possibly "It's a Force of Habit") and dark jeans. Rubbed his hand across victim's stomach area while saying "hey gorgeous." He then walked into the Irish Pub.

❑

If you have information on the above crimes, or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764**. If you wish to report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. If you wish to make an appointment to view the **Registered Sex Offenders** book, call **Detective Cindy Walsh at 617-745-5751**.

If you wish to contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us--*Lt. Dan Minton.*

Halloween Safety

Halloween is one of the most thrilling nights of the year for children. Sadly, it is also one of the most dangerous.

Children are four times more likely to die as pedestrians on Halloween than on any other night of the year. The risk of unintentional injury also goes up significantly.

LT. DAN MINTON

To help make this Halloween safe, here are some safety tips:

- Costumes should not be cumbersome or too long. A mask should not limit your vision. Make the eyeholes bigger if needed.
- Wear costumes with reflective markings and bright colors.
- Carry a flashlight, a watch and a cellphone.
- Adults should accompany children under age 12 as they trick-or-treat.
- Attach the name, address and telephone number to the costumes or clothes of children under 12, in the event that they get separated from adults.
- Teach your children their phone number.
- Set a time for independent children to return home.
- Plan the route with your children, only in familiar areas.
- Never trick-or-treat alone. Have a parent or at least two buddies with you.
- Tell your children never enter a home or apartment building unless accompanied by an adult.
- Restrict trick-or-treating to homes with outside lights on.
- Children should not cut across lawns. There are hidden hazards such as clotheslines or lawn ornaments.
- Have children bring their treats home before eating them. Parents should check to ensure that the treats have not been tampered with.
- Avoid fruit or treats that have not been pre-packaged. If you have any doubts about a treat, just discard it.
- Go from house-to-house on the same side of the street. This reduces the amount of times needed to cross the street.
- When you need to cross the street, first look to the left, then to the right, then back to the left.
- When crossing the street, make eye contact with the driver to ensure that they see you.
- For motorists, use extra caution. Slow down in residential neighborhoods.
- Enter and exit driveways slowly and carefully.
- Homeowners should avoid real flames in pumpkins.
- Pets should be kept inside.
- Yards and steps should be cleared.
- As always, be very cautious of strangers.

To make this the best Halloween, parents – go out with your children – make it safe – make it fun – and make some great memories for the family.

Have a happy and safe Halloween!

FOOT NOTES

by Joel Chariton, D.P.M.
Diplomate, American Board of Podiatric Surgery
Diplomate, American Board of Podiatric Orthopedics

NEUROMAS

Do you ever feel pain between your toes while walking? Or feel like there is a pebble in your shoe? If your shoe is pebble free, you could have a neuroma. A neuroma is a benign growth of nerve tissue. When neuromas develop, they frequently occur on nerves between the toes. Symptoms include burning, tingling, numbness, or pain between the toes and the ball of the foot. Symptoms often are exacerbated when weight is placed on the foot. Sometimes patients experience swelling at the site. Neuromas develop from various causes, including a high arch or flat foot that causes instability around the toe joints. Nerve damage from injury, improper footwear that squeezes the toes, and repetitive stress are other causes.

Do you have pain that sounds like it might be a neuroma? Do you suffer from other painful foot conditions? Don't hide behind these five dangerous words – maybe it will go away. We can treat foot problems effectively and efficiently with medication, surgery, or other less-invasive procedures such as exercise and orthotics. Don't take your feet for granted – call us at 781-986-3668 for an appointment. We're located at North Main Street, in the MEDICAL OFFICE BUILDING. Office hours are also available at Quincy Medical Center and Milton Medical Building. I am affiliated with the Brockton and Good Samaritan Hospitals.

HINT: Early treatment for neuromas is advised to help prevent the need for surgery.

REAL ESTATE

Bonnie Shidler Receives Real Estate Broker's License

BONNIE SHIDLER

Bonnie Shidler of Quincy, a sales associate at Century 21 Annex Realty, recently received her broker's license.

Shidler has worked as a sales associate in the company's Quincy office for 12 years.

She obtained her broker's license after graduating from the Annex Real Estate School's five-week broker course.

A broker is a state-licensed professional who is able to become the principle member of a company engaged in property sales.

She her husband, Tom, have two children, Lauren, age 15, and Ryan, 12.

'Due Diligence' Essential Whether Buying Or Selling A Home

Environmental Property Evaluation

(NAPS) For those buying or selling a home, conducting the proper research and "due diligence" is essential before making any purchase decisions.

Homebuyers may research many factors related to a property, such as details about the surrounding neighborhood, the quality of the school system or the local crime rate. However, many often overlook one of the most critical elements of due diligence that can have the greatest impact on the quality of the investment: the risk of environmental contamination.

According to the nation's leading provider of environmental information reports, Environmental Data Resources (EDR), one of the most important considerations when buying or selling a home should be the environmental risks associated with the property and its surrounding area.

Issues such as whether the home is in close proximity to a leaking underground storage tank or old landfill, next door to a hazardous waste site or perhaps even a clandestine "meth" drug laboratory, are equally as important for one's financial and physical well-being as knowing if the home is structurally sound and in a safe neighborhood. Contaminants on or near a property not only pose serious health consequences, but can have a serious impact on the value of a property as well.

In commercial real estate, environmental due diligence has been a standard practice for nearly 20 years. Commercial real estate professionals use environmental information reports to better understand the environmental risks associated with a property and increasingly residential real estate buyers, sellers and professionals are doing the same.

Environmental information reports provide important information on known and potential contamination that exists on a property or in the surrounding neighborhood. Today, homebuyers, sellers and agents are utilizing residential environmental information reports to find out the "health" of a particular property or neighborhood and ensure a wise investment. Because contamination is often the result of long past activities and usually shows no visible signs of the dangers it poses to residents through toxic air, water or soil, professionally prepared environmental risk reports usually provide the only way to screen for these types of issues.

So how can people make sure not to miss this step in the "due diligence" process?

• Ask the real estate agent. Real estate agents often have access to environmental risk reports and data.

• Seek help from a qualified professional home inspector. Home inspectors are increasingly offering environmental information reports. For example, all Pillar to Post home inspectors now offer the EDR Neighborhood Environmental Report. Visit www.pillartopost.com to find an inspector.

• Search government records. Federal and local government agencies, such as the EPA, keep records of environmental contamination.

For more information on environmental risks in residential real estate, or to learn how to obtain a Neighborhood Environmental Report, visit www.edrnet.com/residential.

Neighborhood Housing Homebuyer Workshop

Neighborhood Housing Services of the south Shore and American Home Mortgage will co-host a first-time homebuyer workshop Monday, Oct. 30 from 6 to 8 p.m., and Saturday, Nov. 4 from 9 a.m. to 4 p.m.

The workshop will be held at Thayer Public Library, 798 Washington St., Braintree.

Attendance at both sessions is necessary to receive a homebuying certificate.

All potential first-time homebuyers are invited to attend the educational workshop. Participants will have the opportunity to speak with a lender.

Topics include mortgage options, legal aspects of the homebuying process, how a home inspection works, and other presentations from real estate related professionals.

Participants must complete the workshop to qualify for grant programs.

There is a $15 fee per person. For more information, call (617) 770-2227 ext. 31.

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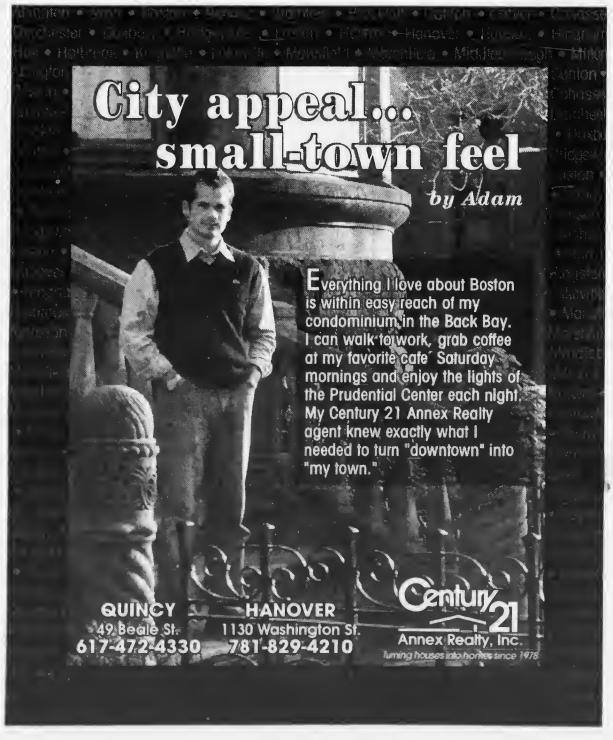

A Night to Remember

OFFICER JAMIE COCHRANE
S-6

Please join Jamie's friends, family and brother officers as they pay tribute to the life of Officer Jamie Cochrane.

Friday, October 27th, 2006 at 7:00 PM
IBEW Local 103 Hall
256 Freeport Street/Dorchester

Hors d'oeuvres/Disc Jockey
Live – Silent Auction
Tickets $25

Donations may be made to:
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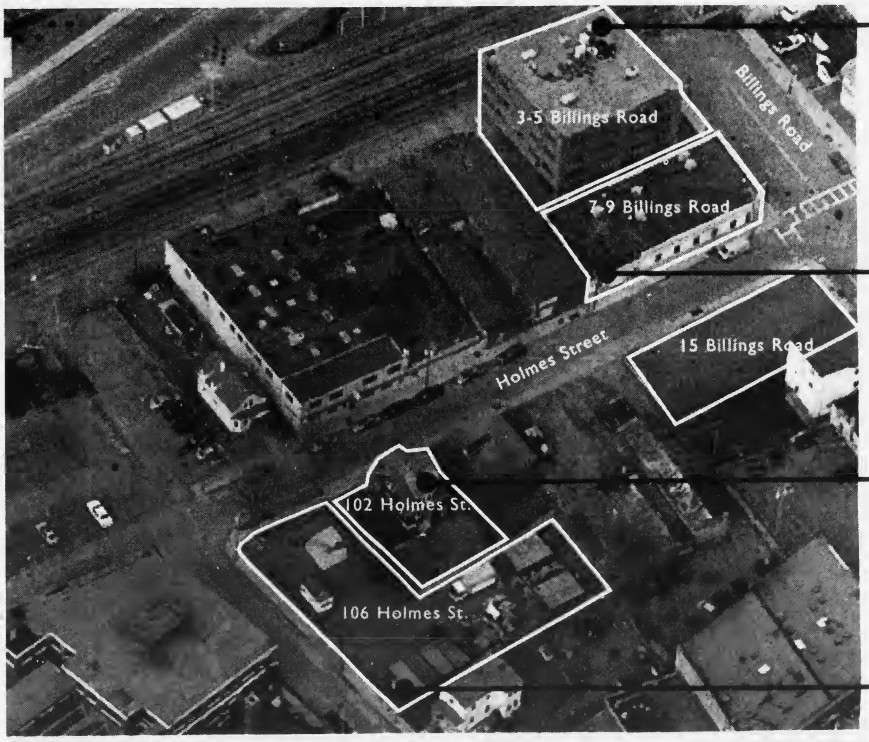
For tickets, information or to make a donation please call 617-745-5756



3-5 Billings Road - [illegible] Building features [illegible] of interior space [illegible] and 23 [illegible] parking spaces on the ground level of the building. Zoning is Business B.

7-15 Billings Road - is a single story office building featuring 8000 +/- sf of finished space plus additional storage space. Plus 17 Car Parking. Zoning is Business B.

102 Holmes Street - Single family home featuring 1,242 sf of interior space on a [illegible] parcel. Zoning is Industrial B.

106 Holmes Street - Parking and outside storage. 10,677 sf (0.25 acres). The site can accommodate 20-30 cars or several storage containers. Zoning is Industrial B.

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REAL ESTATE

By Samantha Mazzotta

Tips to Lower Your Electric Bill

Q. I was reviewing my electric-bill charges, and I found that my kilowatt-hour usage was much higher over the past two winters than I remember from earlier years. How is this possible, when I haven't installed any new appliances or heating systems, or increased my average electric usage (as far as I'm aware)? How can I lower the amount of electricity I'm using, especially considering prices these days? — *Dan in Minneapolis*

A. The first thing to do is contact your electric company and explain your findings. The customer-service representative might have some immediate suggestions for you in regard to finding a source of the increased usage.

You can perform a quick check of the meter, on your own, to see if power is being siphoned off — unlikely, but possible. Turn off all power at the circuit box, wait five minutes and check the meter. If it continues to turn, power is still being drawn for some reason. Contact the electric company immediately to have a technician investigate.

Another option is to take advantage of the free or low-cost energy audit that electric companies offer. The company either will send you an audit kit, or send a technician. This is a great, inexpensive way to find areas where heat is being lost. Because you have owned this home for several years, there's a possibility that insulation and weatherstripping have been damaged or are breaking down.

Common areas for air leaks include small gaps around joists, sills and windows, which can appear after several years due to the natural settling of the foundation and constant expansion and contraction of building materials through the seasons. Dryer and bath vents, as well as fireplace dampers, are culprits, too. Wall outlets are not always insulated and can be a source of heat loss; insulating pads can be installed behind the plates.

Attic insulation should be somewhat lofty, not compressed tightly (if you're not certain, write down the rating on the backing paper and look at a new sample at the hardware store for comparison); it should also be properly rated for your insulation zone. And check weatherstripping around windows and doors for deterioration.

One caveat: Don't plug up building vents installed during construction, such as attic, soffit or crawl-space vents; these create an airflow envelope around the house to prevent mold and other health hazards.

Send questions or home-repair tips to homeguru2000@hotmail.com, or write This Is a Hammer, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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Keep Old Man Winter Out Of The Home

(NAPS) According to the U.S. Department of Energy, heating accounts for almost half of the average family's winter energy bill, making it by far the largest energy expense for most homes. So to keep Old Man Winter's grip from your wallet, the following tips will assist in combating the cost of heating.

• Inspect areas around windows and doors, gaps along baseboards, mail chutes, and entry points for power lines, ducts and vents for air infiltration. If a draft is present, use a caulk such as Polyseamseal® All-Purpose Adhesive Caulk and/or weather stripping to seal the areas. This simple effort will alleviate the potential for heat loss and can help reduce heating bills by as much as 10 percent. For more information, visit www.polyseamseal.com.

• Purchase a do-it-yourself window insulation kit to add an additional barrier to your home-winterization program. Most insulation kits consist of a clear film and double-sided installation tapes. With the heat of a hair drying, you can create a tight, transparent barrier between the window and the inside of your house, keeping the heat in and the cold out. The Duck® brand Roll-On Window Insulator Kit is an easy-to-install kit that doesn't require any extensive measuring. Roll-On Insulator Kits are suited for a number of window sizes. Visit www.duckproducts.com for more information.

• Install fire-retardant socket sealer behind electrical sockets located on walls making up the perimeter of your home. Don't forget to check for worn doorstops at the bottom of doors too. Be sure to seal as many areas of the home as possible.

• Hire a heating professional to inspect the home's system before winter arrives. The professional will advise as to what needs to be done to maximize heating system efficiency, including tactics such as vacuuming vents and other heating components and replacing filters. To find a professional, visit the Plumbing-Heating-Cooling Contractors Association website at www.phccweb.org.

• Check to make sure the attic, crawl spaces, exterior and basement walls, ceilings and floors are insulated to the proper levels. Visit a home center to learn about recommended adequate insulation levels and then go home and measure. According to the U.S. Department of Energy, if the home is properly insulated, you can save nearly 30 percent on home energy bills.

• Have your chimney cleaned and inspected. You can lose much heat and money through your chimney, especially if your damper does not operate properly. Log on to www.ncsg.org, the website of the National Chimney Sweep Guild, for more information.

By conducting a home-winterization program, you'll be warmer and, most importantly, you'll be able to say you've kept Old Man Winter out of your home and wallet.

Computer Seminar At Norfolk Registry Nov. 2

Register of Deeds William P. O'Donnell will host an informational seminar on computer assisted land records research at the Registry of Deeds in Dedham Thursday, Nov. 2 from 4:30 to 5:30 p.m.

The seminar is intended for both real estate professionals and the public.

The program will include a brief presentation, written reference materials, and hands-on exercises. There will be opportunities for both basic and advanced questions and answers.

Computer assisted land records research is available both at the Registry and on the Internet at www.norfolkdeeds.org.

"These services have proven valuable tools for our customers," O'Donnell said, "and we hope that this seminar will be helpful and informative."

There is no charge for the seminar, but persons planning to attend are asked to register by phone (781-461-6104) or email (registerodonnell@norfolkdeeds.org). Include your name , address and a daytime phone number when you register.

The Registry of Deeds, located at 649 High St., Dedham, is the principal office for real property in Norfolk County. The Registry receives and records hundreds of thousands of documents each year and is a basic resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate and accessible land record information.

For more information visit www.norfolkdeeds.org or call 781-461-6116.

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SPORTS

North Quincy Dominates Nauset, 32-0

Red Raiders, Connor Earn First Victory

By SEAN BRENNAN

FOOTBALL

At a cold and wet Veterans' Memorial Stadium last Friday night, the North Quincy Red Raider football team and head coach Jim Connor, forever placed themselves in the city of Quincy football record book.

North Quincy (1-6, 1-4) dominated the Warriors of Nauset High School from the opening kickoff till the final whistle blew, and won their first game of the 2006 season, 32-0. Connor, who is in his inaugural season on the sidelines, earned his first career victory as a varsity head coach behind an impressive performance from his entire team.

The Red Raiders' offensive line helped set the tone of the game on the team's first play from scrimmage. Junior running back Terrence Sibley (12 carries, 116 yards, 1TD) took a handoff from quarterback Shaun McBrien, followed his blocks, and took it to the house for a 69-yard touchdown run. Dave Guerriero's extra point attempt was good, and the Raiders led 7-0 with 8:36 left in the first quarter.

Running behind an all-senior offensive line, the North Quincy running attack controlled ball possession all game and racked up ridiculous numbers against the weaker Nauset High defense. The Red Raiders' Sibley, Guerriero (6 carries, 28 yards, 2 TD) and Danny Jackson (8 carries, 44 yards, 1 TD) accounted for 227 yards on 38 attempts on the ground.

"We really opened up the running game," Connor said. "Our offensive line stepped up big. The five seniors (Phil Kelly, Ben Johnson-Tattlebaum, Roger Cufaude, Nick Poli and Nick Gizzarelli) led the way and played their best game yet."

Nauset (0-6, 0-5) took the ensuing drive after the Sibley touchdown run down the field, but came up short on a 4th down and 4 play deep in Red Raider territory. North Quincy received solid defensive play on the drive from senior Steve Matos and junior Jon Cahill, whose deflection of a pass on the fourth down play turned the ball back to the Red Raiders' offense.

McBrien (6-7, 105 yards), playing his best game of the year, directed the Raiders back down the field on an impressive 11-play, 77 yard drive. A heavy dose of Sibley, Jackson and Guerriero and two productive scrambles by McBrien, brought the ball all the way down to the Nauset 1-yard line. On first and goal from the 1 yard line, Coach Connor called on his O-Line one more time, and they responded by opening a huge hole to the left that Guerriero smashed through for the score. The missed extra-point left the score at 13-0 North Quincy.

Nauset got the ball back with just under 5 minutes to play in the first-half, but the Raider defense continually put pressure on the quarterback, forcing errant throws. Guerriero got a sack on an all-out blitz forcing the Warriors into a third and long, and Jackson stepped in front of a Nauset receiver and intercepted the pass from Nauset quarterback Seymour Connor. North Quincy ran the clock out on the half, and entered the locker room with momentum and confidence.

With a commanding lead on the scoreboard and in time of possession, the Red Raiders surprised the Warriors by coming out on the opening drive of the second-half by throwing the football all over the turf. McBrien was spectacular on the drive. He moved around in the pocket, found open receivers, and showed some serious senior leadership. After Sibley ran for 8 yards on the first play from scrimmage, McBrien completed a pass to Jackson for a Raider first down, and North Quincy had Nauset on the ropes once again.

On 3rd down and 2 from the Nauset 42, McBrien, noticing that Nauset was geared up for the run, changed the play at the line of scrimmage, and found a wide-open Marcellus Lee for a huge third-down completion of 15 yards. After a small gain on the ground on first down, McBrien went back to the air and found a streaking Guerriero down the right sideline. Guerriero made a beautiful one-handed grab and strolled into the endzone for a 22-yard score. His ensuing extra-point made the score, 20-0.

Down by 20, the Warriors' offensive attack was shutdown the rest of the half by the Red Raider defense. North Quincy limited Nauset to *nine* yards of total offense in the second-half, with the only first down that Nauset got all half coming off a Red Raider penalty. For the game, North allowed only 60 yards of total offense.

"Our defense has been strong the past two weeks," Connor said. "We're tackling well, and every week we are getting better."

The Red Raiders and McBrien put the nail in the coffin late in the third quarter during another solid drive. McBrien, facing a 3rd and 19, threw a pass to Guerriero, who made his second big catch of the half, and North Quincy was once again inside the Nauset redzone. After a Guerriero run and a facemask penalty on Nauset, the Raiders had a first and goal from the 3 yard line. On the next play, Jackson followed his line into the endzone for the 26-0 lead.

The fourth quarter saw more of the same from the Raider defense and offense. Nauset could get nothing going offensively, and the Raider offense continued to pound the ball and eat up the game clock. McBrien capped off his night with a quarterback sneak for the final points of the game with 8:10 left in regulation.

"Shaun had his best game of his career," Connor said. "He's a threat with both his arms and legs. He played like a true captain tonight."

When the horn sounded at the end of the game, the North Quincy bench and home crowd celebrated their first win of the year. The victory was a complete team victory through and through. It was also historically significant. It marked the first-ever football win by one of the city's two high schools at the new Veterans' Memorial Stadium.

North Quincy will have their hands full this Friday when they travel to Marshfield to take on the league leading Rams. The Raiders will look to their offensive line to once again control the line of scrimmage, and if they can get an effort from their defense like the one the team received against Nauset, then McBrien and the improved Red Raiders have more than a fighting chance to pull off the upset.

SENIOR QUARTERBACK SHAUN McBRIEN lines up under center against Nauset High School last Friday night at Veterans' Memorial Stadium. North Quincy earned their first win of the season with an impressive 32-0 victory. *Quincy Sun Photo/Sean Brennan*

Woodward Girls' Soccer Wins

In Independent Girls' soccer action, Woodward defeated Chapel Hill, 9-1, on Oct. 19 to run their overall record to 5-1-3.

The Wildcats were led by senior captain Jasmin Johansen's five goals and four assists. Johansen's scoring barrage against Chapel Hill gives her 18 goals and 12 assists on the season.

Eighth grader Kristen Bimmler scored three times, and fellow eighth grader Aoife Leonard chipped in with one goal of her own. Wildcat goalkeeper, Mary Harris, stopped seventeen shots to pace the defense for Woodward.

Sacred Heart Basketball Registration Saturday

Sacred Heart North Quincy Basketball will hold registration this Saturday from 9 a.m. to 1 p.m. in the Sacred Heart Parish auditorium (386 Hancock St.).

The program is open to all boys and girls ages 5 to 18 (grades K-12) from the Quincy area.

Children in grades K-2 will play one hour a week of fun-oriented, instructional basketball, Saturdays beginning mid-November at the North Quincy High School gym.

Children in grades 3-12 will practice once a week on either Wednesday, Thursday or Friday nights and will play a schedule of games Sat. afternoon.

Fees are $40 for grades K-2 and $70 for grades 3-12. No child will be turned away for financial reasons.

Travel teams will be selected from certain age groups and these will involve an additional fee.

For more information, call Mark Jaehning at 617-472-3311.

Makini Thompson, Seminoles Visit Boston College Friday

VOLLEYBALL

Former North Quincy High School and current collegiate volleyball standout, Makini Thompson, returns to the Quincy area on Friday, Oct. 27, when the Florida State Seminoles take on the Boston College Eagles in Atlantic Coast Conference League (ACC) women's volleyball action.

The match will begin at 8 p.m. at Conte Forum on the campus of Boston College.

This will be the second meeting of the season between the two teams, with the Seminoles winning the first match in Tallahassee, 3 games to 1. In that contest, Thompson had a match high 16 kills.

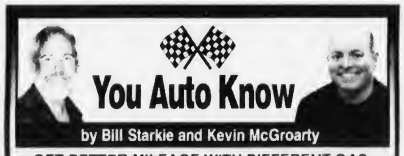
Thompson, a six-foot junior, is the leading hitter on the Florida State squad, ranking in the Top 10 among all ACC players in kills, hitting percentage, and points per game. Florida State is currently in third place in the ACC with an 8-2 record. The team's overall record stands at 14-5.

Quincy-North Football Hall Of Fame Banquet Nov. 21 At Quincy Sons Of Italy

The Quincy/North Quincy Football Hall of Fame will host its annual Hall of Fame Banquet Tuesday, Nov. 21 at the Quincy Sons of Italy, Quarry St., West Quincy.

The event will begin at 6:30 p.m.

Donations, advertisements for the Ad Book, and sponsorship funds ($30) are needed and welcomed. Checks can be made payable to: Q/NQ Football Hall of Fame, 22 Gramplan Way, Weymouth, MA 02188.



by Bill Starkie and Kevin McGroarty

GET BETTER MILEAGE WITH DIFFERENT GAS

Higher gasoline prices have driven Americans to look for ways to get better fuel mileage. One of the more interesting fuel-saving strategies involves filling tires with pure nitrogen, the gas that makes up 78% of the air we breathe. Nitrogen is the gas that is preferred by NASCAR divers. Some of nitrogen's advantage rests with the fact that its molecules are larger than oxygen. Consequently, they leak out more slowly, maintaining proper tire pressure longer (which increases gas mileage). Unlike oxygen, which contains water, nitrogen better resists heat buildup. Nitrogen also reduces oxidation, which can deteriorate tires from the inside. These are all important advantages for vehicles equipped with tire pressure monitoring systems that are sensitive to pressure changes.

At LEO & WALT'S SUNOCO, we'll be happy to go over the advantages of filling your tires with nitrogen. Even if you don't fill your tires with anything but regular oxygen, we can check them for proper inflation, and evaluate wear. Good tire care is imperative to good car care. If you have questions regarding tires please come to 258 Quincy Ave., E. Braintree, or call 781-843-1550. Open: Mon.-Fri. 6am-9pm, Sat. 7am-9pm, Sun. 9am-5pm

HINT: According to the U.S. Energy Department, vehicle owners can achieve 3.3% better mileage by keeping their tires properly inflated.

SUNOCO

Leo & Walt's Sunoco
258 QUINCY AVE., E. BRAINTREE
781-843-1550

TEAM HOFBRAU- Front row, left to right: Coach George Murphy, Keith McCray, Tom Fratollilo, Dave Brolin and Doug Schofield. Second row: George Murphy, Steve Lannan, Nelson Feliciano and Ramon Martinez. Third row: Greg Harper, Jim Dennis, Matt Fratollilo and Mike Novak. Fourth row: Glenn Bosse and Leo O'Donnell. Missing from photo: Juan Polanco, Kyle Roberston, Sean Burke and Pedro Sanchez.

Team Hofbrau Wins Fast-Pitch Softball Title

The Quincy Merchant's Fast-Pitch Softball League has recently finished the 2006 season. The league, which has been a city institution for 30+ years and consists of 10 teams, crowned the Hofbrau as league champion. This is the second straight year that the Hofbrau has won the Quincy Merchant League title, and it is the team's six overall league championship.

The Hofbrau swept the championship series, four games to none, over arch-rival Cottage Tavern. The team received great pitching from Steve Lannan and had timely hitting from the entire lineup throughout the series. Jim Dennis, a Quincy native, was named MVP after hitting .700 for the series, while catcher Greg Harper was named runner-up MVP, supplying the team outstanding defense behind the plate.

"Jimmy was our spark-plug, and he really got us going every night out there," longtime coach George Murphy said.

The championship trophy was presented by Ward 1 City Counselor Leo Murphy, and a cookout celebration followed the team's win at Coach Murphy's house in the Hough's Neck section of Quincy.

MVP JIM DENNIS and MVP runner-up Greg Harper celebrate with the championship trophy.

The Quincy Merchant's Fast Pitch Softball League runs from the beginning of May until the playoffs end at the end of September. The league is currently looking to add teams to its 2007 format. Any person or establishment looking to put together a team for next year can contact league president, Billy Scannell (617-633-9226), for information and details about league rules and registration.

by Chris Richcreek

1. How many single-season home run titles has Alex Rodriguez won during his career?
2. Who was the last player before reliever Bruce Sutter in 2006 to be elected to baseball's Hall of Fame in his 13th time on the ballot?
3. Name the oldest player to win the NFL regular-season Most Valuable Player honor.
4. When Larry Brown's UCLA Bruins reached the men's basketball NCAA Tournament final in 1980, what school did they lose to?
5. Who holds the New Jersey Devils record for most goals in a season?
6. In 2006, driver Jeff Burton notched the biggest come-from-behind victory in Busch Series history. What starting position did he have in the race?
7. How many consecutive years did tennis star Chris Evert win at least one grand-slam event?

Answers

1. Four — 2001 (52 homers), 2002 (57), 2003 (47) and 2005 (48).
2. Ralph Kiner in 1975.
3. Quarterback Charlie Conerly of the New York Giants was 38 years old when he won the award in 1959.
4. Louisville.
5. Brian Gionta had 48 goals in 2005-06.
6. He started in 36th place.
7. Thirteen years (1974-1986).

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Exercise Classes At Fore River Clubhouse

The Quincy Council on Aging will hold a safe senior exercise program every Monday and Wednesday at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., Quincy Point.

For more information, call the Council at 617-376-1506.

Line Dancing For Seniors

The Quincy Council on Aging will hold a line dancing class for seniors every Thursday at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., Quincy Point.

SENIOR TOM HAZELHURST eludes a bevy of Dennis-Yarmouth defenders during Quincy's game against the Dolphins last Saturday. Hazelhurst finished the game with 150 yards on 23 carries, but the Presidents lost 12-6. *Quincy Sun Photo/Robert Noble*

Presidents Let Dolphins Slip Away, 12-6

By SEAN BRENNAN

The Quincy Presidents learned the hard way last Saturday afternoon against Dennis-Yarmouth High School that sometimes you should just stick with what is working, and not with what might surprise or catch your opponent off-guard.

The Presidents (1-5, 0-5) were in an ideal position to shift the balance of power against the Dolphins on their first drive of the second-half already down 6-0. After a bad punt from the Dolphins gave Quincy the ball at midfield, senior runningback Tom Hazelhurst (23 carries, 150 yards) and junior runningback Diego Arredondo muscled their way through the Dolphin defense all the way down to the Dennis-Yarmouth 3-yard line. Hazelhurst had runs of 19 and 11 yards on the drive and Arredondo chipped in with a run of 16 yards to help set up a first and goal to go for Quincy.

The play in question happened on a play-action bootleg to the right by Quincy quarterback Matt Boyle. Boyle was flushed out of the pocket by the backside of the defensive line, and fumbled the ball while under heavy pressure. The Dolphins recovered the loose ball at their own 24-yard line, and the momentum shifted back to Dennis-Yarmouth.

"The play we called was a bootleg, and based on the previous time we called it, we expected them to go hard to the fake," head coach Bob Noble said. "But their backside defensive end didn't bite at all, and it broke apart immediately. As a coach, this is one I have to say is on me. We should've stayed with what was working."

The direct result of the costly turnover was a seven-play scoring drive for the Dolphins that was capped off by a 31-yard touchdown run that increased the lead to 12-0. Dolphin quarterback, Nick Montalto, executed on two third down attempts to keep the scoring drive going, and the Presidents were faced with a two score deficit with just over a quarter and a half remaining in the contest.

Quincy would get on the board in the final quarter on a drive that featured Hazelhurst getting the majority of touches out of the backfield. Hazelhurst, the offensive star of the game for the Presidents, bullied his way down to the 12-yard line before senior Camillo Arredondo burst through the middle for a touchdown run. Diego Arredondo's extra-point attempt was blocked and the score with 6:54 left in the game was 12-6.

The Presidents made a valiant effort to score in the final minutes of the game, but even after another first-down run from Hazelhurst, Quincy's hope for a potential tying or winning score fell by the wayside with 1:58 left in the game.

The loss was even more disheartening for Quincy and their fans because the defense played exceptionally well all game long. Dennis-Yarmouth could never get on-track offensively, and the Presidents limited the exciting Montalto to very little in the passing game, but the turnovers hurt. Besides the costly fumble by Boyle in the third quarter, Quincy lost two turnovers in the first-half, one of which resulted in an early touchdown for Dennis-Yarmouth.

"Turnovers killed us tonight," Noble said. "We played well enough to win. Our defense did what it had to do for us to win."

But they didn't, and the Presidents now have to travel down to Nauset High School on Friday to take on the Warriors. The game will feature the last two teams in the Atlantic Coast League who have yet to win in league play this season.

Nauset is coming off a blowout loss to North Quincy, and will be geared up to take on the Presidents, but the Warriors are also allowing a league high 33.3 points per game and had a tough time handling the Red Raider running attack last Friday night. If Quincy goes into this game with a run first mentality, then the Presidents should be able to enjoy their long journey back home from the Cape.

Basketball Camp At Vo-Tech Gym Nov. 2-4

The Nothing But Net Basketball Camp will be holding its camp Nov. 2nd through Nov. 4th at the Quincy Vo-Tech Gymnasium.

Camp dates and times are as follows: Thurs. Nov. 2nd from 7-9 p.m., Fri. Nov. 3rd from 6-9 p.m., and Sat. Nov. 4th from 9 a.m.-1 p.m.. The cost of the three day camp is $75. The camp is intended for players in grades 6-8.

The camp staff includes directors James Quigley and Bob Fisher and coach Dave Parry.

This camp is designed to offer its participants the opportunity to learn the fundamental skills of basketball that generations of high school players have built their games on, while in a safe and fun environment, and to increase individual skills through station work, mass drills and games. All aspects of the game will be taught with the latest techniques, tactics and drills used by top high school coaches.

Contact James Quigley at 781-974-8882 or visit http://mysite.verizon.net/vzersnyg/ for additional information.

Meet The 'Ideal' Captain Of The Quincy-North Quincy Co-Ed Cross-Country Team

Matt Meyers: Exceptional Runner Is 'An Amazing Kid'

By SEAN BRENNAN

The ideal captain of a high school sports team needs to be someone who is dedicated to their team and school(s), someone who is responsible and accountable on the playing field and in the classroom, but most importantly, someone with whom other team members can look to for leadership and guidance.

The Quincy/North Quincy High School co-ed cross-country team is captained by a student-athlete who possess all of these qualities and much more.

Dedicated to his team, check. A top-notch student, check. An active member of his community, check. Someone who puts the needs of others before his own, check. Sound to good to be true? Well, for the cross-country team at Quincy/North Quincy, it isn't.

Quincy High School junior, Matt Meyers, is not just a good runner, he is also a candidate for Eagle Scout, an active member of his church group and an A+ student. Meyers has helped the combined cross-country team of Quincy and North Quincy to a 4-4 record on the season, and at the same time he has found time in his schedule to tackle pre-college courses at school, actively pursue his

MATT MEYERS is a co-captain of the Quincy/North Quincy cross-country team.
Quincy Sun Photo/ Sean Brennan

Eagle Scout badge and he even found time this past summer to travel to Ecuador to help build a community center in the poorest part of that country.

Meyers, who began his running career in the sixth grade, takes his position as co-captain as seriously as he takes everything else in his life. He understands his role and relishes the position his coaches have put him in.

"I have probably been on the team the longest, and I know my job as captain is to push the whole team to be as consistent as we can be," Meyers said. "It is my responsibility to watch over the freshmen, help them out and really just make sure everyone is having a good time."

Meyers, whose best time for the standard 2.5 mile course cross-country teams run is 14 minutes, has taken the confidence that oozes from him while running into the classroom as well. Meyers is a participant in a program at Quincy High School that centers around preparing high school students for a future in the engineering field. Project Lead The Way is an academic program that offers students the opportunity to take courses such as Pre-Calculus, Principals of Engineering, Civil Engineering and Architecture during their junior and senior years as a way to gain earn college credit at such engineering schools like Worcester Polytech Institute (WPI).

"I love to work with my hands and starting projects from scratch to see what I can build," Meyers said. "Being able to take courses through Project Lead The Way is giving me a step forward in my goal to get into the engineering field."

This past summer, Meyers combined his love of engineering and community activism during a trip to Ecuador with his church group from the Old South Union Church (South Weymouth). Meyers, along with 60 other volunteers, traveled to South America to do what he does best, build something from scratch. Meyers, who lived with a local family while abroad, went on the trip because it seemed like the right thing to do.

"I helped to build a community center just east of the capital of Quito," Meyers said. "The first day we mixed concrete for the ground floor and carried bricks to build the walls. The third day we spent all day from 7 a.m. to 9 p.m. pouring concrete on the third floor. I really don't know what spiked me to make the trip, I heard about it and thought that it would be good to go."

His time spent in the classroom, running cross-country and volunteering abroad aside, Meyers is also in the process of beginning the final push to become an Eagle Scout. As a member of Troop 22 in Braintree, Meyers has selected his final project to complete his Boy Scout journey. Incorporating his love of the outdoors and his innate ability to build, Meyers has begun to organize his fellow troop members to help him build a new picnic area at the Blue Hills Reservation.

"Saturday (10/21) will be my first day on the project," Meyers said. "I am building a new picnic area at Houghton's Pond that will be equipped with a volleyball court, tables and space for people to enjoy the outdoors. This project will require me to use all the leadership abilities that I have. You need to show leadership, control and supervise volunteers, contact groups and corporations for monetary needs and generally take charge. I am hoping to finish by December."

It may seem that Meyers has too much on his plate to be successful at everything he has thrown himself into, but his head coach sees it quite differently.

"Matt is an easy kid to deal with. He is bright and easily picks up concepts and is able to balance all the things he is doing in his life," head coach Geoff Hennessy said. "He is an amazing kid, and is the type of kid you want leading your program."

For a person as young a Matt Meyers (he is only 16) to have the energy and willingness to lead by example in the classroom, on the track and in the community is something special. He is not just talk. He is as genuine and as real as any junior in high school can be.

The ideal team captain, check, check and check.

Men's Drop-In Basketball Program

The Quincy Recreation Department will supervise a Men's Drop-In Basketball Program at the Atlantic Middle School gymnasium on Monday evenings.

The program, which begins Monday, Oct. 30, runs from 6-8 p.m. each Monday, throughout the winter with the exception of Monday holidays. Each week pick-up teams are formed from those who are in attendance and games are played.

There is a $5.00 fee payable each week at the door. New participants are always welcome.

Locker room facilities are available and the activities are supervised by Quincy Recreation staff.

The school is located on Hollis Ave. in North Quincy and the gym is at the rear of the parking lot.

For more information, call the Quincy Recreation Office at 617-376-1394.

QUINCY YOUTH SOCCER SPRING 2007 IN-HOUSE REGISTRATION

TRAVEL TO BE ANNOUNCED

DATE: OCTOBER 28, 2006
TIME: 10:00 - 11:30AM
PLACE: BROADMEADOWS MIDDLE SCHOOL

COST:
U8 - U10 - U12
Returning player (playing Fall '06) - $35
Not playing Fall '06 - $65
FAMILY MAX: $180

NOTE:
- REGISTRATION IS OPEN TO QUINCY RESIDENTS ONLY
- THIS IS **IN-HOUSE REGISTRATION ONLY**. TRAVEL SOCCER REGISTRATION AT A LATER DATE
- NO SPRING IN-HOUSE SOCCER for U6 or U14 AGE GROUPS
- **NEW PLAYERS MUST COME TO WALK-IN REGISTRATION AND BRING A COPY OF BIRTH CERTIFICATE**
- **U6 (BORN 2001) MAY NOT MOVE INTO U8 FOR THE SPRING SEASON**

RETURNING PLAYERS (played QYS in prior season) MAY REGISTER ON-LINE, October 28 - November 12
Go to www.quincyyouthsoccer.com and click on the registration link.
ON-LINE Registration is for players with prior QYS experience only. If you attempt to register a player who has not played Quincy Youth Soccer before, the registration WILL NOT BE ACCEPTED

Coaches at the same site you may sign up for coaching in the Spring. It's quick, it's easy and we need you. Just click on the coach registration link at the site and you can sign up. NOTE: this is a separate sign up than registering your player.

VISIT OUR WEBSITE: WWW.QUINCYYOUTHSOCCER.COM

North Quincy Girls Secure 10th Straight Tourney Berth

By SEAN BRENNAN

SOCCER

The North Quincy girls soccer team, with their win last Friday versus Dennis-Yarmouth High School, is headed to its 10th straight Division 1 South Sectional tournament appearance.

The Red Raiders, who needed just one point to advance as of press-time last week, earned the right to play in the post-season with a 2-0 victory over fellow Atlantic Coast League member Dennis-Yarmouth last Friday afternoon.

North Quincy (9-5-1) and Dennis-Yarmouth played to a 0-0 half-time score, but after the scoreless first-half, the Red Raiders broke the deadlock early in the second-half.

Senior Lauren Stille scored off an indirect kick from junior Emily Milone that was headed by Megan Therrien to Stille at the goal line. Stille's leftfooted one-timer gave the Red Raiders a 1-0 lead.

Junior MaryKate Stille would make the score 2-0 later in the second-half when she scored on a semi-breakaway after receiving a pass from her sister, Lauren Stille.

"The game conditions were awful, it was rainy and windy all game long," head coach Paul Bregoli said. "But we controlled play at the midfield position, limited their chances with our ball possession and short passing game and overall the team played a real good game."

Dennis-Yarmouth's Gabby Jatkola, the leading scorer in the Atlantic Coast League South Division, was held without a point by North Quincy senior defender Bridget Coleman. Coleman was asked to mark Jatkola all game long, and came through with a great defensive game.

Midfielders Jillian Benn and Keriann Cabral played well at the midfield position for the Red Raiders against the Dolphins of D-Y, and junior forward Paige Bonanni filled in admirably for Emily Milone late in the contest. Milone had to leave the game after taking a fall midway through the second-half.

Senior sweeper Melissa Mendall played her best game of the season, and finished the game with four blocks of Dennis-Yarmouth shots. Siobhan Carnell made ten saves to earn the win and the shutout.

"Right now we are 9-5-1 and we would probably be in the middle of the tournament seeding if the season ended today," Bregoli said. "But we have four games left (Quincy, Medford, Notre Dame Academy and Hanover) and hopefully we can move up and maybe earn ourselves a home tournament game."

Under the guidance of head coach Paul Bregoli the Red Raiders have been a familiar face in tournament play for the last decade, and this year is no different. Bregoli's squad has the offense (the Stille sisters, Milone and Cabral), the defense (Tara Whooley, Coleman, Allison Russell and Mendall) and the goaltending (Carnell) to make a serious run in the South Sectionals this season.

Their tournament position will be announced after the regular season ends on Nov. 2.

Quincy Youth Soccer Highlights

In local youth soccer news, Under 8 Boys North action for the week of Sept. 24th was reported as follows:

Colonial Federal Savings received good play from Cormac McAdams, John Paul Kelly and Nicholas Ouellette. Thomas MacDonald Insurance team saw Ronan O'Farrell, Conor McDonald and Evan Ross play well, while the Paul Harold Club got solid play from Tom Koch, Aidan Brown and Eoin O'Sullivan. Liam Rogers, Griffin Lynch and Liam O'Connor shined for A Hohmann Oil & Plumbing, and Sam Jarpe, Zach Murray and Abdel Elhashhash stood out for the Morrissey Senators. Flavin & Flavin got good play from John MacDonald, Owen Carberry and Callum Chattentum.

In Under 8 Boys South action, Bernie & Phil's got good play from John Kelly, Thomas Kelly and David McNulty. Curtis & Ludtke's Atticus Russel, Jacob Biancolli and Maximillan Storch all played well. Standing out for the Granite City Storage team were Brian O'Connor, Steven Ross and Jake McManus, and the Bolea Funeral Home had good play from Jonathan Sheehan, Karthikeyan Arumuaam and Colin Maloney. Andrew Goldens, Joey Riley and Jacob Roos stoodout for the Dependable Cleaners team, and the Granite Links team received solid play from Erik Barber, Matthew Garland and Ramey Chebbo.

FALL CAR CARE

AAA Offers Winter Automobile Advice

(AAA) Winter driving is tough on motorists and vehicles. To help drivers make it through the toughest winter conditions, AAA Southern New England offers the following tips:

Charge: Cold weather is tough on batteries. At zero degrees, a car's battery loses about 60 percent of its strength. At a comparatively mild 32 degrees, a battery is 35 percent weaker. Keeping battery terminals clean helps, but a battery performance test performed by a qualified technician will help determine whether a car's battery is strong enough for winter starts.

Get A Grip: Before winter arrives, make sure the car is equipped with tires that are able to handle New England's winter weather. For most motorists, all-season tires are adequate. In more northern or mountainous regions, switching to snow tires may be needed. For those using snow tires on a front-wheel-drive vehicle, four snow tires are required.

See And Be Seen: Danger must be seen to be avoided. Driving with a snow-covered windshield, windows, side-view mirrors or lights invites a crash. Clear windows, mirrors and lights with an ice scraper, brush or spray de-icer. Make certain windshield wipers and defrosters are in good working order and that washer reservoirs are filled with no-freeze windshield washer fluid. Remember to clean snow off the roof of the vehicle.

Slippery When Wet: In temperatures at or above 32 degrees, a thin layer of water can cover the ice, causing extremely slippery conditions. The distance needed to stop on ice at 32 degrees is twice as long as zero degrees.

Keep The Engine Cool: Make certain cooling system antifreeze is mixed with an equal portion of water for maximum protection.

Fast Solution: A squirt of de-icer spray is a quick method to overcome frozen door locks. Once thawed, lubricate the lock with silicone or lightweight oil-avoid penetrating oils.

Air It Out: Even when temperatures are frigid, don't be tempted to start the car in a closed garage or idle the engine for long periods of with the windows closed. Carbon monoxide, present in exhaust fumes, is almost impossible to detect and can be fatal when breathed in a confined area.

Finish Up: Road salt, slush and grime are especially hard on a car's finish. To help prevent rust and paint damage, keep cars washed and waxed. A full or self-service car wash makes the job easier when temperatures are low.

Strong Battery Boosts Winter Car Starts

(AAA) One of the best ways to protect against winter car trouble is to be certain the battery is fully charged and in proper working condition, according a AAA Southern New England.

"When the temperature drops to near zero, the number of calls AAA receives from stranded motorists soars," said AAA Approved Auto Repair Manager Alfred Ruggiero. "The most common cause of these cold-weather breakdowns is a weak or dead battery."

AAA recommends motorists have batteries tested to closely monitor its condition, especially batteries more than two years old. "Although batteries can carry warranties of four years or more, a warranty is no guarantee an older battery will continue to work in severe weather," he said.

The most common sign of a weak battery is an unusual sound coming from the starter motor when the ignition key is turned, indicating difficulty in starting the engine.

If the vehicle is difficult to start, check that the battery connections are tight and no corrosion is present on the battery terminal. To remove corrosion, use an old toothbrush to clean the cable connectors and terminals with a solution of baking soda and water. Next, inspect the tension of all drive belts. They should flex no more than one-half inch. If the battery's fluid level can be checked, make certain the fluid covers the battery plates. If no problems are found and the vehicle is still difficult to start, drive to a service station or auto parts store to have the battery and charging system tested and, if necessary, replaced.

Besides weak or dead batteries, starting problems can be caused by malfunctioning alternators or starter motors. A qualified repair facility can make an accurate diagnosis and repair.

If the vehicle will not start, use caution and follow instructions in the owner's manual when attempting a jump start. If unsure about the proper procedure, call AAA or another qualified professional for assistance.

To help avoid winter breakdowns, AAA recommends motorists have their cars and trucks thoroughly inspected before cold weather arrives. In addition to the battery, fluids, belts, hoses, filters and tires should all be checked.

Because of the difficult driving conditions often encountered in the winter, motorists should also be sure their lighting systems, brakes and windshield wipers are functioning properly.

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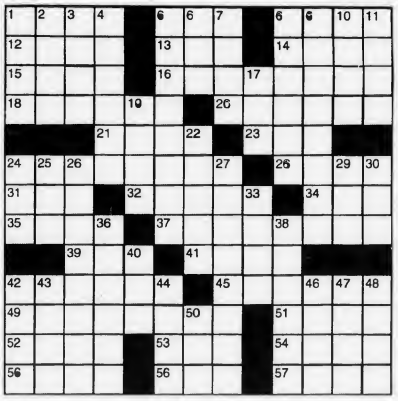
SUN FUN PAGE

King Crossword

ACROSS
1 Astringent
5 Flop
8 Part of TWIMC
12 Bean curd
13 Part of "to be"
14 Atmosphere
15 Reed instrument
16 Snitch
18 Cohabitant, to the Census Bureau
20 Large flatfish
21 Costello and Brock
23 Comm. device
24 Endless
28 Tidy
31 Goddess (Lat.)
32 Appomattox victor
34 Round Table address
35 Possesses
37 Foot soldiers
39 Prompt
41 Nitwit
42 Woodrow Wilson's "Fourteen -"
45 Room to maneuver
49 Swollen, in a way
51 Old fogy
52 Seamstress's case
53 Candle count
54 Take a gander
55 Foolish one
56 Scepter
57 Differently

DOWN
1 Resting on
2 Timber wolf
3 Extraterrestrial spacecraft
4 Swiss cereal
5 Rum cocktail
6 Grecian vessel
7 Adroit
8 President Harding
9 Least likely to boast
10 Sandwich cookie
11 Shopping venue
17 Formerly stylish
19 Protracted
22 Be upright
24 Altar affirmative
25 Fresh
26 Imaginary
27 Surrounded with a cover
29 Melody
30 Attempt
33 Measuring strip
36 Out of the shade
38 Item in 52-Across
40 Greek vowel
42 "The - Piper of Hamelin"
43 Aware of
44 Luminary
46 Sweater material
47 Commotions
48 Draft animals' frame
50 Id counterpart



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HOCUS-FOCUS

BY HENRY BOLTINOFF

FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

Differences: 1. Food "splat" on wall is moved. 2. Bow is bigger. 3. Outlet is turned. 4. Bowl is missing. 5. Back of hairchair is removed. 6. Sleeve is shorter.

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Y W U R P M N R H A L J H H F
D B Z X V A E L A T O Y A T R
Q O M K I H K S N N N H M F D
B Z Y W S E G I K O O V I T R
Q O N I R R Y V S M S E L L K
I H F E O F N A D J N B L C A
Z C D B X W N D V U E S I R R
Q O B O N T E G A S B M K G S
B J I H F E K D B D R I B L M

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

B. Borg
B. Maher
B. Saget
C. Fisher
D. Boone
D. Hamill
G. Davis
J. Montana
Kenny G.
L. Bird
La Toya
M. Gibson
R. Benson
S.R. Leonard
T. Hanks

Trivia test by Fifi Rodriguez

1. SLANG: In what sport is "snaking" considered a faux pas?
2. GEOGRAPHY: How did the Australian city of Sydney get its start?
3. MOVIES: Who won an Academy Award for his role in "Raging Bull"?
4. U.S. STATES: What is the capital of Vermont?
5. MEASUREMENTS: What is the Arabic equivalent of the Roman numeral LXXX?
6. MUSIC: Who was known as "The Man in Black"?
7. LITERATURE: What was the name of the prison in the Harry Potter book series?
8. COMICS: What was the original name of the "Peanuts" comic strip?
9. GENERAL KNOWLEDGE: What is the basic currency of India?
10. CHEMISTRY: What is the common name for sodium chloride?

Answers

1. Surfing. "Snaking" is deliberately maneuvering yourself in front of another surfer in order to catch a wave.
2. As a penal colony in 1788
3. Robert De Niro
4. Montpelier
5. 80
6. Singer Johnny Cash
7. Azkaban
8. "Li'l Folks"
9. Rupee
10. Salt

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Salome's Stars

ARIES (March 21 to April 19) Mars, your ruling planet, begins a journey that will open up a growing number of possibilities. Put that surging Arian energy to good use and explore it to your heart's content.

TAURUS (April 20 to May 20) This is the time to prepare for a career move coming up next month. Update your resume. Get those proposals in shape. And don't forget to buff up that Bovine self-confidence.

GEMINI (May 21 to June 20) Your Gemini instincts will guide you to the right people who might be able to help you get over that career impasse that has been holding you back. Expect to make changes.

CANCER (June 21 to July 22) You're getting closer, but you still have a ways to go before reaching your goals. Continue to stay focused, no matter how difficult it can be for the easily distracted Moon Child.

LEO (July 23 to August 22) Your Leonine pride might be keeping you from getting to the source of a disturbing situation. Don't be shy about asking questions. Remember: Information is power.

VIRGO (August 23 to September 22) It's a good time to shake up your tidy little world by doing something spontaneous, like taking an unplanned trip or going on a mad shopping spree.

LIBRA (September 23 to October 22) This is a good week to get advice on your plans. But don't act on them until you feel sure that you've been told everything you need to know to support your move.

SCORPIO (October 23 to November 21) Be careful. You might be probing just a little too deeply into a situation that you find singularly suspicious. The facts you seek will begin to emerge at a later time.

SAGITTARIUS (November 22 to December 21) This is a good week to make new friends and to look for new career challenges. But first, get all those unfinished tasks wrapped up and out of the way.

CAPRICORN (December 22 to January 19) Relationships need a fresh infusion of tender, loving care. Avoid potential problems down the line. Stay close to loved ones as the month draws to a close.

AQUARIUS (January 20 to February 18) Take things nice and easy as you continue to build up your energy reserves for a big change that's coming with the full Hunter's Moon on Nov. 1.

PISCES (February 19 to March 20) This is the absolute right time to let those often-hidden talents shine their brightest. You'll impress some very important people with what you can do.

BORN THIS WEEK: You are impelled by a need to find truth, no matter how elusive. You would make a wonderful research scientist or an intrepid detective.

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Wishing Well®

4	2	3	7	4	2	3	2	3	8	7	6	2
L	G	B	I	O	I	E	V	C	U	N	S	E
4	8	5	6	7	2	4	2	6	5	2	5	6
V	N	B	E	I	G	I	O	E	E	O	P	K
8	3	7	5	8	5	3	7	6	5	8	3	7
E	H	T	O	X	S	A	I	T	I	P	R	A
3	7	2	8	4	3	6	2	8	3	7	3	4
I	T	D	E	N	T	H	A	C	A	E	B	G
5	7	5	8	7	4	7	2	4	8	6	4	7
T	N	I	T	E	F	W	D	R	E	E	I	L
4	3	4	6	5	2	7	6	4	6	2	5	7
E	L	N	T	V	V	O	R	D	U	I	E	V
4	8	7	3	8	6	2	8	2	8	6	8	8
S	D	E	E	H	T	C	O	E	N	H	O	R

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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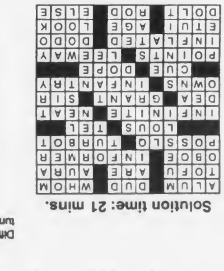
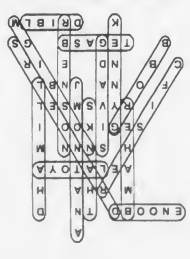
King Crossword Answers



Solution time: 21 mins.

Magic maze Answers

TURNING 50 IN 2006



OBITUARIES

Peter J. McAlduff, 61

Owner Of Mac's Carpet

PETER J. McALDUFF

A funeral Mass for Peter J. McAlduff "Peter Mac", 61, of Weymouth, formerly of Quincy, owner of Mac's Carpet, was celebrated Saturday at Sacred Heart Church, Quincy.

Mr. McAlduff died Oct. 17 at Brigham and Women's Hospital, Boston, after a brief illness.

He was the owner and operator of Mac's Carpet, where he worked for 30 years.

Born and raised in Quincy, he lived in Weymouth for the past 26 years. He was described by his family as a hard-working, simple man with a big heart. He was an avid sports fan and was thrilled when he went to the Superbowl.

He is survived by his wife of 35 years, Colleen A. (Curry) McAlduff, two daughters, Kris R. Aldrovandi of Carver and Kim L. McCormick of Hanson; a stepson, Leland J. Little of Pembroke; his brother, Paul McAlduff of Deerfield Beach, Fl.; and his sister, Janice McAlduff of Quincy.

He is also survived by his six grandchildren, a niece, two nephews and many cousins. He was the brother of the late Geraldine McCarthy.

Burial was in Pine Hill Cemetery.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St., Wollaston.

Donations may be made the American Heart Association, 20 Speen St., Framingham, MA, 01701.

Ida M. Mignosa, 69

Co-Owner Of Egg & I Restaurants

IDA M. MIGNOSA

A funeral Mass for Ida M. (Rinaldi) Mignosa, 69, of Quincy, co-owner of the Egg & I restaurants, was celebrated Saturday at St. John the Baptist Church, 44 School St.

Mrs. Mignosa died Oct. 17 at home after a brief illness.

Mrs. Mignosa and her late husband, Dominic, were the founders, owners and operators of the Egg & I restaurants on Willard Street and Hancock Street. They opened the Willard Street restaurant first in 1984 and in 1986 the Egg & I restaurant on Hancock Street. In 1997 they sold the Willard Street location and operated the Hancock Street restaurant until their retirement in 2003.

After retirement, Mrs. Mignosa worked assisting her daughters at their restaurant, Cucina Mia on Washington Street in Quincy Center.

Mrs. Mignosa previously worked for the former Sutherland Transportation Company of Quincy as a special needs bus driver for several years. Prior to her marriage in 1959, she had worked as a secretary for the Hutchinson Oil Company of Quincy for several years.

Wife of the late Dominic J. Mignosa, she is survived by her three daughters, Marie T. "Terri" Mignosa of Quincy, Cheryl Ann Albansky of Randolph and Debra L. Mignosa of Quincy.

She was the last of six siblings and is survived by many nieces and nephews.

Burial was in Blue Hill Cemetery, Braintree.

Funeral arrangements were by Sweeney Brothers Home for Funerals, Inc., 1 Independence Ave.

Donations may be made to the Hospice of the South Shore, 100 Bay State Drive, Braintree, MA 02184.

Jane Farrell Smith, 45

Elementary School Teacher

JANE FARRELL SMITH

A funeral service for Jane Farrell Smith, 45, of Squantum, an elementary school teacher in Quincy, was held Monday at the Keohane Funeral Home, 785 Hancock St., Wollaston.

Mrs. Smith died Oct. 19 in Quincy.

Born in Springfield, she lived in the city until moving to Quincy 19 years ago.

She was employed as a school teacher in Quincy Public Schools for 20 years. Most recently, she was a second grade teacher at the Bernazzani School in Quincy.

Mrs. Smith was also the representative for her school in the Quincy Education association.

She helped coordinate the Daffodil Days at school to benefit the American Cancer Society.

Mrs. Smith was a classically trained ballerina and taught both ballet and jazz.

Her most important role was being a mother to her son, Spencer.

She loved being around children with led her to her career as an elementary school teacher.

Mrs. Smith also loved music, especially Bruce Springsteen, Tony Bennett, Frank Sinatra and rock and roll.

She was very creative and enjoyed making jewelry and writing inspirational cards.

She was very excited to see the Red Sox win the World Series in 2004 and was fortunate to attend one of the games at Fenway Park.

She was known as outgoing, charismatic, compassionate and a great friend, especially to her students.

Mrs. Smith is survived by her husband, Frederick D. "Rick" Smith, Jr. of Quincy; her son, Spencer Smith of Squantum; her mother, Gloria (Smith) Farrell of Springfield; a sister, Gale Flood of Longmeadow; a brother, Michael Farrell of Wilbraham; a niece and two nephews.

Burial was private.

Memorial donations may be made to the Jane Farrell Smith Scholarship Fund, c/o Colonial Federal Savings Bank, 15 Beach St., Quincy, MA 02170.

Alfred A. Furman, 94

Plumbing Suppy Salesman

A funeral service for Alfred A. Furman, 94, of Quincy, a plumbing supply salesman, was held Tuesday at Schlossberg-Solomon Memorial Chapel in Canton.

Rabbi Earl Kideckel of Temple Beth Torah, Holliston, officiated.

Mr. Furman died Oct. 21 at Life Care of Acton.

Husband of the late Miriam (Schockett) Furman, he is survived by a son, Michael S. Furman of Westford; a sister, Rae Nierman of Hull; and three grandchildren.

Burial was in Kehillath Jacob Cemetery, Baker Street, West Roxbury.

Germano J. Marcelli, 93

Retired Pipefitter

A graveside service for Germano J. "Gerry" Marcelli, 93, a retired pipefitter, of Quincy, was held Wednesday at the Grace United Methodist Church Ceremony, Leicester, NC.

Mr. Marcelli died Oct. 19 at the Quincy Medical Center.

He was a pipefitter for 15 years with the Bethlehem Steel Company at the Fore River Shipyard. He then worked for 20 years for the Bechtel Corporation in various countries throughout the world. He retired in 1968.

He was an avid hiker.

Born in Boston, he was raised and educated in Somerville and attended Quincy schools. He lived in Quincy for 18 years, previously in Leicester, NC, for 25 years.

Husband of the late Sue (Gillespie) Marcelli, he is survived by several stepchildren, step grandchildren, and several nieces and nephews.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Donations may be made to the Old Colony Hospice, 1 Credit Union Way, Randolph, MA, 02368.

Marianne Rizzotti, 46

MARIANNE RIZZOTTI

A funeral Mass for Marianne Rizzotti, 46, of Framingham, formerly of Quincy, was celebrated Sunday at Saint Ann's Church, Wollaston.

Ms. Rizzotti died Oct. 17 at Metro West Hospital, Framingham.

She was born and raised in Quincy before moving to Framingham 14 years ago. She lived at the Justice Institute Resource group home for the developmentally challenged with several friends. She was well loved, and known to touch the lives of all she knew with her love, laughter, spirit, smile and love of music. She enjoyed bowling and rhythmic clapping. She will be missed by those at the Justice Resource Institute and Metro West Day Rehabilitation.

She is survived by her mother, Marion A. (Shaughnessy) Rizzotti of Norwell, her two brothers, Richard R. Rizzotti of Canton and William A. Rizzotti of Weymouth, and her three sisters, Deborah J. (Rizzotti) Gates of Norwell, Lisa A. (Rizzotti) Tierney of Norwell, and Patricia M. (Rizzotti) Reggiannini of Quincy. She was the daughter of the late Anthony Rizzotti.

Burial was in Massachusetts National Cemetery, Bourne.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Donations may be made to the Justice Resource Institute Music Therapy Program, 354 Waverly St., Framingham, MA 01702, c/o Deirdre Hunter, director of programs.

DON McCARTHY
Managing Director

A THOUGHT FOR THE WEEK

Big pleasures and great happiness are but the consummation of many little pleasures and deeds of kindness bound together, as a loaf of bread is many crumbs in the aggregate. Happiness is to be found among life's common things. It is not the rare gifts, the possession of the few; it is not great wealth, great learning, great genius, or great power; it is not these things that make the possessors happy. It is good health; it is friendship; it is love of home; it is the voices of children; it is sunshine; it is a passing smile; it is a kindly word; a little gift bestowed anonymously; a little thoughtfulness here and there as the days slip by . . . It is the blessings that are commonest; not those that are rarest; it is the gifts of that God has scattered everywhere. These are the crumbs of happiness.

Do not scorn them, lest when the evening finds you, you may be hungered and disconsolate.

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Paul Ricciardi, 90

Quincy Business, Civic Leader; Professional Life Included Shipbuilding, Granite Industry, Real Estate

A memorial service will be held at a later date for Paul Ricciardi, 90, of Quincy, well known on the South Shore for his years of business and civic activities as well as his allegiance to Quincy.

Mr. Ricciardi died Oct. 21 at home after a brief illness.

PAUL RICCIARDI

Mr. Ricciardi's professional life included shipbuilding, manufacturing of granite monuments and real estate development.

Born in Milford, N.H., he was raised and educated in Quincy. He was a lifelong Quincy resident and a graduate of Quincy High School.

During World War II, Mr. Ricciardi worked for the Bethlehem Steel Company at the former Fore River Shipyard in Quincy. He was one of only three men who were certified to lay the keel, the main rib of the ship, around which everything else is built. He was responsible for placing the superstructure, conning tower and command center of the aircraft carrier, USS Lexington.

In December, 1944 during Typhoon Cobra in the Philippine Sea (which today would be ranked as a category 4 storm), three U.S. destroyers capsized and sank. The Quincy built destroyer that Mr. Ricciardi's brother, Charlie, served on as a sailor, survived.

After the war, Mr. Ricciardi was the president and co-founder, with his father and brothers, of the Ricciardi Granite Company and the Quincy Memorial Company of West Quincy for 30 years. He was a member and past president of the Quincy Granite Manufacturers Association.

In the early 1970s, the company concentrated on masonry restoration, rehabilitating the Quincy Market buildings, the Mercantile and Union Wharf buildings in Boston, and many others throughout New England.

Focus later shifted to developing and constructing buildings with his two sons, Stephen and Paul. The company built more than 20 and a half million square feet and rehabilitated or constructed 12 buildings in Quincy Center.

He retired in 1992.

Throughout his life, Mr. Ricciardi was active in civic and municipal affairs and served on many city-wide boards and committees. He and his wife, Rose, were the founders of the South Shore Association for Retarded Citizens. He was also instrumental in the founding of the WORK, Inc. program and in 1988 he was honored by their organization and awarded the Probus Award for his devotion and work with retarded citizens.

"He was a wonderful husband and a wonderful father, particularly to his daughter Gloria who was mentally handicapped," said his son Stephen C. Ricciardi.

"Paul and his wife Rose always kept Gloria at home and took very good care of her. They were devoted to their children.

"He loved the City of Quincy and was a good example and role model of civic leadership to his sons," Stephen Ricciardi added.

Mr. Ricciardi was a 56-year, Legion of Honor member of the Kiwanis Club of Quincy. He served as president in 1962, as a district lieutenant governor in 1964 and was currently the chairman of the Health Committee.

Mr. Ricciardi was a 32-degree freemason with 55 years of service. He was originally a member of the former Manet Lodge of Quincy and was currently a member of the Delta Lodge of Braintree and Taleb Grotto.

He had served as an instrumental representative for the Boy Scouts of America and was Quincy's chairman of the Red Feather Fund, now the United Way. His company organized the contribution and installation of the Quincy Veterans' Memorial Stadium field lights and also encouraged affordable housing.

In 1983, he was the recipient of the Paul Harris Fellow Award from the Quincy Rotary Club.

Mr. Ricciardi played the clarinet and had his own band in the 1930s. He enjoyed golf, bass fishing and family gatherings.

He was a lifelong member of the First Baptist Church of Wollaston.

He is survived by his wife of 66 years, Rose (Youdis) Ricciardi; a daughter, Gloria May Ricciardi of Quincy; three sons, Stephen C. Ricciardi of Quincy, Robert P. Ricciardi, PhD. of Philadelphia and Paul F. Ricciardi of Quincy; two sisters, Vi Savasta of North Providence, R.I. and Mary Sherman of Quincy; four brothers, Archie Ricciardi of Quincy, Joseph Ricciardi of Weymouth, Victor Ricciardi of Halifax and Peter Ricciardi of Quincy; five grandchildren and one great-granddaughter; and many nieces and nephews.

Visiting hours were Wednesday from 3 to 8 p.m. at the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to the South Shore Association for Retarded Citizens, 371 River St., Weymouth, MA 02191.

Gerard E. Smith Sr., 76

Electrician With IBEW Local 103

A funeral Mass for Gerard E. Smith Sr., 76, of Quincy, formerly of Dorchester, a long-time member of the electrical union of IBEW Local 103, was celebrated Wednesday at 10 a.m. at Sacred Heart Church, North Quincy.

Mr. Smith died Oct. 19 at Quincy Medical Center.

Born in Boston, he was a triplet, his triplet brother James and triplet sister Ann. Along with his triplet sister and brother, he also had a set of twin brothers, Richard J. and Paul Smith and a brother Charles and two other sisters, Mary and Ellen. They grew up in Dorchester.

During his high school years, Mr. Smith played football for Boston Tech. After graduating from Boston Technical High School he entered into the U.S. Navy and served on the Joseph Kennedy destroyer.

He won many boxing titles during his navy career.

After his military service, Mr. Smith began working for Local 103 IBEW, where he worked for 55 years. He retired in 1992.

Mr. Smith was a member of AmVets Post 0146 and the McKeon Post in Dorchester.

He enjoyed golf, boats and boating.

GERARD E. SMITH SR.

Husband of the late M. Frances (Farragher) Smith, he is survived by three sons, Gerard E. Smith, Jr., of Marshfield, Michael J. Smith of Plymouth and Richard J. Smith of Hingham; a daughter, Margaret "Peg" Cammarata of Norwell; two brothers, James Smith of Braintree and Charles Smith of Quincy; and a sister, Ann Scott of Scituate.

He was the brother of the late Mary Davis, the late Ellen Richardson; the late Richard J. Smith and the late Paul Smith.

Funeral arrangements were made by the Keohane Funeral Home, 785 Hancock St., Wollaston.

Burial was in Knollwood Memorial Park, Canton.

Memorial donations may be made to Road to Responsibility Inc., c/o Joe Travers, 1831 Ocean St., Marshfield, MA 02050.

Mary J. Coughlin, 85

Retired Account Clerk

A funeral Mass for Mary J. (Morrison) Coughlin, 85, of Quincy, a retired account clerk, was celebrated Oct. 17 at St. Brendan Church, Dorchester.

Mrs. Coughlin died Oct. 14 at home.

Born in New York City, she grew up in Boston's Back Bay. She had lived in Dorchester before moving to Quincy 11 years ago.

She was a graduate of Boston Public Schools and Boston Business School.

Mrs. Coughlin was a retired account clerk of the Mattapan Chronic Disease Hospital in Mattapan. She retired in the late 1970s after a 10-year employment.

She also was a former employee of the City of Boston's Auditing Department.

She is survived by her husband, Daniel L. Coughlin

MARY J. COUGHLIN

of Quincy; two sons, Dennis Coughlin of Dorchester and John Coughlin of Jacksonville, Fla.; three daughters, mary E. Caiani and Brenda Coughlin, both of Quincy and Judith Curley of Dorchester; three grandchildren and many nieces and nephews.

Burial was in Cedar Grove Cemetery, Dorchester.

Funeral arrangements were by the Alfred D. Thomas Funeral Home, Milton.

Edith H. Coletta, 81

A private funeral service for Edith Hope (Lipe) Coletta, 81, of Braintree, formerly of Quincy, an Air Force veteran, was held at Mount Wollaston Cemetery in Quincy.

Mrs. Coletta died Oct. 21 at Quincy Medical Center.

Born in Redfield, Kansas, she was a graduate of Fort Scott (Kansas) High School and attended junior college.

She had lived in Quincy before moving to Braintree 44 years ago.

Mrs. Coletta joined the Women's Air Force in 1949 and was promoted to staff sergeant in 1951. She re-enlisted in 1952, serving until 1954 in England and Germany.

She received the National Defense Service Medal, the Good Conduct Medal and the Occupation Medal (Germany).

Mrs. Coletta worked for Sigma Instrument Co. in Braintree and as a customer service representative for Sears in Quincy.

She is survived by her husband of 53 years, Antonio B. Coletta, and several nieces and nephews.

Funeral arrangements were made by Mortimer N. Peck-Russell Peck Funeral Home, Braintree.

Albert J. Compston, 76

Pipefitter For Quincy Water Department

A graveside funeral service for Albert J. Compston, 76, of Braintree, formerly of Quincy, a pipefitter, was conducted with military honors Monday at the Massachusetts National Cemetery in Bourne.

Mr. Compston died Oct. 18 at the Braintree Landing Skilled Nursing and Rehabilitation Center after a long illness.

Born in Boston, he was raised and educated in Quincy schools. He was a graduate of Quincy Trade School.

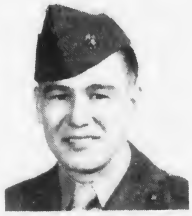
He had lived all of his life in Quincy until moving to Braintree four years ago.

Mr. Compston was a pipefitter and was employed over 20 years in the City of Quincy Water Department. He retired several years ago.

He served in an artillery unit with the United States Marine Corps during the Korean War.

Mr. Compston was a member of the George F. Bryan VFW Post #613 of Quincy ahd the Chosin Few organization.

He was an avid sailor.



ALBERT J. COMPSTON

He is survived by his wife of 54 years, Marcelina R. (Haim) Compston; a daughter, Vicki Compston of Quincy; two sons, Daniel J. Compston of Pembroke and David W. Compston of New Hampshire; 12 grandchildren and three great-grandchildren.

He was also the father of the late Alan J. Compston, the late Dina Compston, the late Susan Compston and the late Patricia Herbert.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to the Old Colony Hospice, 1 Credit Union Way, Randolph, MA 02368.

Barbara K. Horrigan, 76

A funeral Mass for Barbara K. (Vietze) Horrigan, 76, of Hanover, formerly of Quincy, an Avon representative for more than 44 years, was celebrated Wednesday in St. Mary of the Sacred Heart Church, Hanover.

Mrs. Horrigan died Oct. 20 at South Shore Hospital in Weymouth after a brief illness.

Born in Boston, she was raised and educated in South Boston. She lived in Jamaica Plan and then in Quincy for 30 years before moving to Hanover four years ago.

Mrs. Horrigan was a member of the Braintree Golf Club and an avid Red Sox fan.

She was a member of the Star of the Sea Church in Quincy and St. Mary's Church in Hanover.

Wife of the late John F. Horrigan, she is survived by three daughters, Kathleen Roberts, Barbara Wilcox, both of Tampa, Fla. and Mary Lawson of Hanover, a brother, William Vietze of Jamaica Plan; a sister, Patricia Cronin of Milton; 11 grandchildren and two great-grandchildren.

She was the mother of the late John W. Horrigan and the sister of the late Ruth Kenning and the late Theresa Grogan.

Burial was in Blue Hill Cemetery.

Funeral arrangements were made by the Sullivan Funeral Home in Hanover.

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(617) 298-8011
160 GRANITE AVENUE
MILTON, MA 02186
(617) 698-6264

Art Auction, Wine Tasting At Faith Lutheran Church Nov. 4

Faith Lutheran Church will sponsor an Art Auction and Wine Tasting to benefit the youth programs Saturday, Nov. 4 at the Masonic Building, 1170 Hancock St., Quincy Center.

The preview and wine tasting will be held at 7 p.m. followed by the auction beginning at 8:30 p.m. featuring art in all media and price ranges.

Admission price is $15 per person or $25 per couple. Highlights of the evening include a door prize, hors d'oeuvres, dessert and coffee, and a cash bar.

For tickets or information, call Donna Mayo at 617-471-1796. All major credit cards accepted.

The evening will be coordinated by Marlin Art, Inc., of New York.

Harvest Fair, Craft Sale Nov. 4 At Bethany Congregational Church

Bethany Congregational Church, 18 Spear St., Quincy Center, will hold its annual Harvest Fair and Craft Sale Saturday, Nov. 4 from 9:30 a.m. to 3 p.m.

Church tables will include:

A silent auction, handmade crafts; cakes, cookies, pies and fudge; cheese, dips and spreads; books and music new and used; and a "white elephant."

Refreshments and lunch will be served all day.

Crafters are wanted and craft tables are available for $40.

For more information, contact Elaine Caliri at 617-472-1458 or the church office, 167-479-7300.

Halloween Carnival Friday At Salvation Army

The Salvation Army, 6 Baxter St., Quincy, will host a Halloween Carnival Friday, Oct. 27 from 6 to 7:30 p.m.

Admission is free.

The event will feature pinatas, costume parade, games and candy treats.

Bethany Congregational

Bethany Congregational Church, 18 Spear St., Quincy Center, will have Sunday worship and church school at 10 a.m.

The Rev. Gary W. Smothers will conduct the service and preach a sermon from Mark entitled "The Call of Him Who All Hated."

Childcare will be available for infants and toddlers.

Following the worship service, there will be a fellowship time in the Allen Parlor. Light refreshments will be served.

RELIGION

Quincy Community United Methodist To Hold Blessing Of Animals Sunday

Quincy Community United Methodist church, 40 Beale St., Wollaston, will hold a Blessing of the Animals Sunday, Oct. 29 at 10:30 a.m.

The public is invited to bring a pet in person, or bring a photo of the pet.

"Each person will have to use her or his best judgment as to whether or not a pet should attend," said the Rev. Dr. Susan Jarek-Glidden, pastor. "Personally, I'll be bringing a photo of my Siamese, because she doesn't like crowds and will only be very upset if I brought her in her carrier. Other pets enjoy people and would be well-mannered.

"We want everyone – pets and people – to have a great time," Dr. Jarek-Glidden added, "so everyone has to make their own decision."

The public is also invited to bring photos, preferably framed, of past pets. The photos will be placed on the altar during the service.

A gift of the Quincy Animal Shelter will also be included in the worship service.

"Over the past month, Quincy Community has been taking up a special collection for the shelter," Dr. Jarek-Glidden said. "The shelter told us what its greatest present needs are, and Quincy Community has been collecting cat and kitten food, blankets, paper towels, bleach, and cat toys over the past month."

For more information about the service or about Quincy Community United Methodist Church, call 617-773-3319.

Klezzmer Music At Temple B'Nai Shalom Nov. 5

The Quincy Jewish Committee South Suburban Hadassah will present a day of Klezzmer music Sunday, Nov. 5 from 1:30-4 p.m. at the Temple B'Nai Shalom, 41 Storrs Ave., Braintree.

Music will be provided by the Di Bostoner Klezmer Band.

Deadline for checks is Oct. 28. Cost is $18 for adults and $5 for children 12 years and under. Include address and phone number on checks.

Checks may be sent to Quincy Jewish Committee, P.O. box 02269, Quincy, MA, 02169.

For more information call 617-984-0502.

Free Financial Advice At COA

Mark Bossey of the Boston South Financial Group will be at the Council on Aging office, 83 Saratoga St., Quincy, on the fourth Friday of every month to offer free financial advice to seniors.

Call 617-376-1506 for an appointment.

Quincy Religion Directory

SERVICES & ACTIVITIES

Assemblies of God

Glad Tidings
158 Washington St., Quincy
phone: 773-9797
Rev. Gregory E. Wheaton, Pastor
Sunday Worship 8:30, 11 a.m. Christian Ed 10 a.m.; Senior Hi Youth 7 p.m. Wed. 7 p.m. Berean Bible Study, Royal Ranger Missionettes. Friday Junior Hi Youth 7 pm
Youth & Children's Ministry
•Contemporary Worship
•Marriage & Family Group
•International Fellowship
•DivorceCare

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 7, 9:30 & 11:30am, Weekdays 9am
Handicapped Accessible
New Members Welcome!

Unitarian

UNITED FIRST PARISH, Quincy
1306 Hancock St., across from Quincy Center T
Worship Service & Church School SUNDAYS, 10:30 a.m.
Rev. Sheldon W. Bennett, Minister
• A Welcoming Congregation •
617-773-1290 • www.ufpc.org

Congregational

First Church of Squantum
164 Bellevue Street
617-328-6649
Pastor: Michael S. Robertson
10 a.m. Sunday Worship
All Are Welcome

To Advertise in this Directory, Call 617-471-3100

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4pm (Sat.) 7:45am, 9am (Family Liturgy)
10:30am (with Choir) and 5pm
12 noon at Star of Sea Church
Weekday Masses
Mon.-Fri 7am and 9am, Sat. 9am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m., 10:30 a.m. & 5 p.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

ST. JOHN THE BAPTIST
44 School St., Quincy
617-773-1021
Weekend Mass Schedule
Saturday (Vigil Mass) 4 p.m.
Sunday 7:30 a.m., 9 a.m. and 11 a.m. (Family Liturgy)
Weekday Masses
Monday - Saturday 8 a.m.
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
• 617-479-5400
Pastor: Rev. John J. Ronaghan
Weekend Mass Schedule:
Saturday 4:00 PM
Sunday 7:00, 9:00, 11:30AM
Daily Masses: 9:00 AM
Handicapped Chairlift Available

Congregational

HOUGHS NECK CONGREGATIONAL CHURCH
310 Manet Ave., Quincy
www.hncong.org
Sunday, Oct. 29
FAMILY SUNDAY
Worship Service
9:30 am
Sunday School 9:30 AM
'Forgiveness'
Rev. John Castricum
617-479-8778

BETHANY CONGREGATIONAL CHURCH
Corner of Spear & Coddington Sts., Quincy Center • 617-479-7300
10 AM Sunday Worship, Church School
Sermon: 'The Call of Him Who All Hated"
Childcare Available for Infants, Toddlers
Fellowship Follows Service in Allen Parlor

QUINCY POINT CONGREGATIONAL CHURCH
444 Washington St. • 617-773-6424
Worship and Church School 10 am
Rev. Ann Suzedell, Pastor
visit us at www.QPCC.org

UNION CHURCH
Beach St. & Rawson Rd., Wollaston
Sunday Service 10 AM
617-479-6661
Good Bible Preaching & Traditional Worship
Rev. John Carl Swanson, Pastor

PEACE

Congregational

WOLLASTON CONGREGATIONAL CHURCH
48 Winthrop Ave. - 617-773-7432
Pastor: Rev. Mary Lou Gifford
Sunday Worship Oct. 29
Sermon Topic: 'Have Faith'
Preacher:
Rev. Mary Louise Gifford
Scripture: JOB 42: 1-16
MARK 10: 46-52
Rev. Mary Louise Gifford

Covenant

COVENANT CONGREGATIONAL CHURCH
Corner of Whitwell & Granite St.
Sunday Worship 10:00 AM
Rev. Karen Palmatier, Pastor
9 a.m. – Christian Education for all ages
Child Care Available - All Are Welcome
Children's Pantry
Wed., Thur. 9:30 am - 12 noon
617-479-5728

Nazarene

Wollaston Church of the Nazarene
37 E. Elm Ave., Wollaston
(617) 472-5669
On The Campus Of Eastern Nazarene College
Pastor: Rev. Fred. Fullerton
Sunday Services
8:30 am - Holy Communion
9:45 am - Adult & Children's Sunday School
11 a.m. - Blended Worship Service
Come Worship with Us!

Episcopal

St. Chrysostom's Episcopal Church
Corner of Hancock & Linden Sts., Quincy
(617) 472-0737 • www.stchrysostom.com
Rev. David Hefling
Sunday School 9 a.m.
Adult Forum 9:15 a.m.
Holy Eucharist Rite 10 a.m.
Nursery Care During Service
Coffee Hour Following
ALL WELCOME
THRIFT SHOP HRS - W, TH, FR. 10am-4pm

Evangelical

EVANGELICAL CHURCH OF ATLANTIC
65 Newbury Ave. North Quincy
(617) 847-4444
Pastor Bill Donahue
Sunday Morning Worship 10:10 AM
Childcare Available

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Dr. Susan Jarek-Glidden, Pastor

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45 SUNDAY SCHOOL
11AM WORSHIP SERVICE
BRASS BAND MUSIC
7PM TUES WOMEN'S FELLOWSHIP
7:15PM WED. BIBLE STUDY

Spiritualist

First Spiritualist Church of Quincy
40 West St., Quincy, MA 02169
(617) 770-2246
Services: Sunday 11 a.m. to 12:30 PM
Coffee and Conversation following service.
(Services 8 PM Wednesdays June, July, August)
Pastor Rev. Rita S. Berkowitz, C.H.,C.M.

MAYOR WILLIAM PHELAN (left) was on hand at the recent launch of a new website for the Blue Hill Adventure and Quarry Museum. The aim of the website, www.bluehilladventure.org, is to attract more people to the events and activities of the organization and to promote a presence locally within the community and state and nationally, said Kuma Gupta (second from left), director of special events, who designed the website. Also attending the launch were (third from left) David P. Hogdon, founder, Linda Montillo of the Granite Company and Anne Ladd, webmaster. The organization hopes to work in partnership with other local and state organizations such as Discover Quincy, Quincy Historical Society and the Quincy Park Department to bring the rich history and nature's preserves of the Blue Hill area to the public.

Retirement Seminar At Milton Hospital

Milton Hospital will host a retirement income planning seminar Monday, Oct. 30 in the hospital's conference room A at 7 p.m.

The program is free.

Robert Romano, CFP, JD, and Gregg Rennie, CSA, RFC of Baystate Financial Services, will discuss how to avoid outliving assets.

The seminar will outline a strategy called the Income for Life model, an investment strategy with the objective of providing an inflation-adjusted income for the rest of your life.

For a complete list of Milton Hospital's Fall Community Education programs, call 617-696-88110, or visit www.miltonhospital.org.

SWAP Earns Tax Abatements For Seniors

The Council on Aging has a SWAP (Senior Workers' Abatement Program) that enable the elderly to work 89 1/2 hours a year and earn $600 towards their real estate tax bills.

For further details, call Dorothy Dow at 617-376-1508.

Blood Pressure Clinics Free For Seniors

Weekly blood pressure screenings for elders will be held every Monday from 10 to 11 a.m. at the Council on Aging office, 83 Saratoga St., North Quincy.

Gail Crawford, a registered nurse, will donate her time and talents to assisting senior citizens in having their blood pressure taken weekly.

Appointments can be made but walk-ins also are accepted. For more information, call 617-376-1506.

Save Gas and Money

Shop Locally

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2525EP
In the Estate of
MARY C. WALSH
Late of QUINCY
In the County of NORFOLK
Date of Death
September 4, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that MICHELE MORRIS of ABINGTON in the County of PLYMOUTH and MAUREEN HAYS of QUINCY in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **NOVEMBER 29, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, October 16, 2006.

PATRICK W. McDERMOTT
Register of Probate

10/26/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-085

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, NOVEMBER 7, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of TONY & MARY NGUYEN for a VARIANCE & FINDING to relocate the parking for the existing home in Residence A, by demolishing the garage on the Residence B lot and constructing the driveway thereon in violation of Title 17 as amended Chapter 17.24.020 (nonconforming structures) and Chapter 17.28.030 (parking) on the premises numbered 210 NORFOLK STREET, QUINCY.

John Garland, Chairman

10/19, 10/26/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2530EP
In the Estate of
DANIEL A. O'LEARY
Late of QUINCY
In the County of NORFOLK
Date of Death
July 31, 2005
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that KATHERINE F. O'LEARY of QUINCY in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **NOVEMBER 29, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, October 18, 2006.

PATRICK W. McDERMOTT
Register of Probate

10/26/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2514EP
In the Estate of
JOAN G. GRIFFIN AKA
JOAN GILEE GRIFFIN
Late of QUINCY
In the County of NORFOLK
Date of Death
September 3, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that LORI GILEE ATTERIDGE of WEYMOUTH in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **NOVEMBER 29, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, October 16, 2006.

PATRICK W. McDERMOTT
Register of Probate

10/26/06

QUINCY SUN NEWSCARRIERS WANTED
Here's a chance to earn extra money by building a Quincy Sun home delivery route.
Telephone 617-471-3100

LEGAL NOTICE

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2006-251 September 25, 2006

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.20 Stopping, Standing and Parking.

Section 10.20.040 Parking - Prohibited and Restricted where.

ADD THE FOLLOWING:

Street	Side	From	To	Type of Regulation
Harvard Street	**North & South**	**West Squantum Street**	**Sherman Street**	**No Parking Anytime**

A TRUE COPY.
ATTEST: Joseph P. Shea
CLERK OF COUNCIL

10/26/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Norfolk Division
Docket No. 00P1756EP
Notice of Fiduciary's Account

To the persons interested in the estate of Angelina M. Lawton late of Quincy, in the county of Norfolk.

You are hereby notified pursuant to Mass. R. Civ. P. Rule 72 that the 1st account(s) of Mary L. McKinnon as executrix (the fiduciary) of said estate has been presented to this Court for allowance.

If you desire to preserve your right to file an objection to said account(s), you or your attorney must file a written appearance in said Court at Canton on or before the ***8th day of November, 2006*** the return day of this citation. You may upon written request by registered or certified mail to the fiduciary, or to the attorney of the fiduciary, obtain without cost a copy of said account(s). If you desire to object to any item of said account(s), you must, in addition to filing a written appearance as aforesaid, file within thirty days after said return day or within such other time as the Court upon motion may order a written statement of each such item together with the grounds for each objection thereto, a copy to be served upon the fiduciary pursuant to Mass. R. Civ. P. Rule 5.

WITNESS, DAVID H. KOPELMAN, ESQUIRE, FIRST JUSTICE of said Court at Canton this 28th day of September, 2006.

PATRICK W. McDERMOTT
Register of Probate

10/26/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Norfolk Division
Docket No. 89690
Notice of Fiduciary's Account

To the persons interested in the estate of Theodore H. Castor late of Quincy, in the county of Norfolk.

You are hereby notified pursuant to Mass. R. Civ. P. Rule 72 that the 59th - 62nd account(s) of Mellon Trust of New England, N.A. as trustee (the fiduciary) under the will of said deceased for the benefit of Gertrude Schreitmuller, has been presented to this Court for allowance.

If you desire to preserve your right to file an objection to said account(s), you or your attorney must file a written appearance in said Court at Canton on or before the ***24th day of November, 2006*** the return day of this citation. You may upon written request by registered or certified mail to the fiduciary, or to the attorney of the fiduciary, obtain without cost a copy of said account(s). If you desire to object to any item of said account(s), you must, in addition to filing a written appearance as aforesaid, file within thirty days after said return day or within such other time as the Court upon motion may order a written statement of each such item together with the grounds for each objection thereto, a copy to be served upon the fiduciary pursuant to Mass. R. Civ. P. Rule 5.

WITNESS, DAVID H. KOPELMAN, ESQUIRE, FIRST JUSTICE of said Court at Canton this 12th day of October, 2006.

PATRICK W. McDERMOTT
Register of Probate

10/26/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-086

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, NOVEMBER 7, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of STEPHANIA HEALY for a VARIANCE & FINDING to relocate the parking in violation of Title 17 as amended Chapter 17.28.030 (parking) on the premises numbered 65 INDEPENDENCE AVENUE, QUINCY.

John Garland, Chairman

10/19, 10/26/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-087

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, NOVEMBER 7, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of NICOLE ZANARDELLI for a VARIANCE & FINDING to relocate the driveway in violation of Title 17 as amended Chapter 17.28.030 (parking facilities) on the premises numbered 23 OLD COACH ROAD, QUINCY.

John Garland, Chairman

10/19, 10/26/06

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WE'RE FIGHTING FOR YOUR LIFE
American Heart Association.

Classifieds

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30 Yrs Experience
Steve 617-835-1021 10/26

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I have 15 years experience in day care. Call Janet for details
617-471-6216 12/7

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508-468-8751 12/28

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857-526-2638 11/9

MISCELLANEOUS

ADVERTISING
Are you a business owner? Do you think your business is too small or too big to advertise? The New England Press Association can help build your clientele all across New England! To advertise at a lower rate and higher volume contact Latifa Sanchez at 617-373-5611 or l.sanchez@nepa.org Visit our website: www.nepa.org ONE CALL DOES IT ALL!

BUY A BILLBOARD THE SIZE OF A BUSINESS CARD with 2x2 New England. Place your 2 column by 2 inch ad across New England with just one phone call! Call Latifa Sanchez at the New England Press Association 617-373-5611 for details. www.nepa.org

REACH MORE THAN 4 MILLION READERS with just one phone call! New England Press Association can place your classified ad in more than 200 newspapers throughout the six-state New England region. Call this Newspaper of Latifa Sanchez at 617-373-5611 for more information. www.nepa.org

ANTIQUES
ART ANTIQUES WANTED! Paul Royka, nationally known expert, author, TV appraiser accepting fine art antiques consignments. 978-582-8207, www.ROYKAS.com

BOOKS AND PUBLICATIONS
Get Caught Up In Drama!! Read the brand new exciting novel by Latifa Sanchez. For more information visit www.outskirtspress.com/caughtup or call 617-938-0563 or email ondagrindpublishing@gmail.com

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- ❑ Boats
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- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
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Flooding Solution Seen Slow, Costly

(Cont'd From Page 1)

erties affected by Fore River flooding, and those along Sixth Avenue. He said the DPW is working to curb the flooding problem by cleaning out old pipes and creating pumping stations.

But, he said, efforts to find a permanent solution are being delayed due to fluctuating cost estimates, lack of designated funding sources, and the slow process of following through with studies and plans.

"We have been working," said O'Donnell. "We've been chipping away at this thing. It's taking a long time to go from the planning stage to fruition... There really is no immediate relief."

O'Donnell also said that improvements have been slow due to the enormity of the problem, and a lack of focus on the issue in the past.

"A lot of the time we're spending out there should have been spent over the past 10 years," he said. "We went in and literally blew the dust off of old studies."

Ward 1 Councillor Leo Kelly, who made the resolution to conduct the city-wide study on flooding and sewage issues, later told *The Sun* that flooding issues are often over-looked as a priority because they are not in the public's eye.

"It's not a glamorous issue," he said, "but it probably causes more heartache and misery than any other issue."

Kelly said that DPW has plans to replace sewage pipes from the intersection of Edgewater Drive and Rock Island Road to the Quincy Yacht Club in the next couple weeks. He also said they are replacing tide chambers and storm drains to correct flooding at the Bayswater Boat area.

Ward 4 Councillor Jay Davis commended O'Donnell on his efforts, but expressed frustrations in getting help from the state. "I look forward to a change of leadership," he said.

Ward 2 Councillor Daniel Raymondi attended the meeting, though he is not a member of the Ordinance Committee, citing drastic flooding issues in his Ward. He said he could empathize with his residents after his own experiences with flooding.

"My car was under water," he told O'Donnell. "I mean, we can talk about the numbers all you want, but my Infinity will forever be smelly because of what happened... I'm going to ask, and it's a rhetorical question, what right does the city have to soil my basement? And the answer is, you don't."

Several residents were given the opportunity to speak out about their personal experiences. Many brought pictures of flooded property and vehicles.

"It's not just the water getting in. Your house stinks for days," said Francis Sedaro of Sixth Avenue. "I've seen the pipes cleaned. Cleaning the pipes doesn't do it. We pay a lot of taxes down there. People shouldn't have to live that way. The city is not that poor."

Lynda Ricciarelli said that she was forced to evacuate her home by boat last year during a flood. "It's a horrific thing and you relive it every time you hear rain." She said she lost two cars in the flood, but insurance only compensated her family with $4,000 for both cars. She said she wished Mayor William Phelan would make flooding issues his priority rather than the construction of a new high school.

Of the residents who spoke at the meeting, several expressed hopelessness, and threatened to either take legal actions or move out of the city.

"I hate to see the spirit of a neighborhood being broken," said Davis.

O'Donnell circulated a 2002 study to committee members that said the following streets are affected by flooding:

Newbury Avenue, Kent Street, Hunt Street, Teale Pond Area, Wilson Avenue, Hobart Street, Arlington Street, Holbrook Road, Wollaston School, Newport Ave., Sachem Street, Quincy Shore Drive, Endicott Street, Trescott Street, Audrey Street, Bradford Street, Phipps Street, Water Street, Sixth Avenue, Washington Street, Raycroft Street, Bigelow Street, Miller Stile Road, Revere Road, Ballou Street.

Connell Street, Alrick Road, Stedman Street, Robertson Street, Willard Street, Sheldon Street, Shirley Street, Glendale Street, President Lane, Monroe Road, Strutevant Road, Miller Street, Cross Street, Crescent Street, Copeland Street, Ida Street, West Street, Bayswater Drive, Winthrop Street, Parkhurst Street, Newbury Avenue, Hollis Avenue, Atlantic School, Edgemere Street, Putnam Street, Russell Park, Whitney Road, Carlisle Street, Quincy Shore Drive, Spence Avenue, Charlesmount Avenue, Craig Avenue.

The DPW is to continue updating the Ordinance Committee until there is a set study and schedule, and public hearings are to remain ongoing.

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Young Artists Show You What A Fence Should Look Like
Page 18

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper

VOL. 39 No. 7 | Thursday, November 2, 2006 | 40¢

BAGPIPERS FROM THE Quincy and Brockton Fire Departments played Taps and "Amazing Grace" on the steps of St. Mary's Church following a Memorial Mass there Friday for Major Charles L. Bifolchi, USAF, of Quincy who had been Missing In Action in Vietnam since 1968. The Morrisette Legion Post firing detail at top of the steps are at Present Arms after firing three volleys in tribute. Major Bifolchi was buried the same day with honors at Arlington National Cemetery in Arlington, Va. Story on Page 9.

Quincy Sun photo/Robert Noble

Can Healey Overtake Patrick?

45-50 Percent Turnout Seen Here Tuesday

See Sample Ballot On Page 14

As one of the most combative gubernatorial campaigns in recent years, comes down the home stretch, a 48-50 percent voter turnout is expected here in next Tuesday's state election.

City Clerk Joseph Shea sees that percentage of Quincy's 54,503 registered voters going to the polls.

"The turnout would be larger," he says, "if there were local state and county contests on the ballot."

Democrat Deval L. Patrick of Milton, who served in the Justice Department in the Clinton administration, holds what appears to be a comfortable lead according to polls as the campaign goes to the wire.

Patrick is making his first bid for state office and if elected, would be Massachusetts' first black governor.

Lt. Gov. Kerry Healey, the Republican nominee and other major contender, is running in second place if the polls are correct.

Boston businessman Christy Mihos, an independent, and Grace Ross, Green-Rainbow Party candidate, trail a distant third and

(Cont'd On Page 15)

Expected Completion Date For New QHS: 2010

Michael Ryan, DPW director of Buildings and Maintenance, gives 2010 as the expected completion date for the new Quincy High School.

He and City Solicitor Monica Conyngham met with the City Council Education Committee Monday night, to give updates on progress in constructing a new high school.

"We're on schedule, and everyone's working hard to make it happen," he said.

Ryan addressed continued concerns over lack of parking, and said that 300 spots have been designated in construction plans.,

Councillor John Keenan expressed concerns when Conyngham said that a track was not included in high school designs. Keenan said that the track issue will continue to resurface, and asked for updates on track plans as the construction process continues.

"I went on record saying the bond included money for the track," said Keenan.

Ryan said that he will present plans to the public to gain approval for the exterior of the building. He said designs so far show yellow bricks.

Anne Mahoney, School Committee member, and Frank Santoro, principal of Quincy High School, also attended the meeting.

Sea Street Safety Committee Named

Mayor William Phelan has taken the first steps toward making Sea Street a more pedestrian friendly and safe roadway.

His vision includes transforming the main artery through Merrymount and Adams Shore to Houghs Neck onto a boulevard with a landscaped island, calm traffic movement and pedestrian safety.

To achieve these end, the mayor has named a Sea Street Safety Advisory Committee to work on the problem with the Department of Public Works and city traffic consultants.

Members of the committee include: Ward 1 City Councillor Leo Kelly, Pat Joyce, Elizabeth Binari, Elaine Dwyer, Kathleen Franco, Maureen Gibbons, Thomas McCormack, Daniel Molloy and Timothy Ross.

"I am committed to improving conditions along Sea Street and improving the quality of life in the Merrymount, Adams Shore, Germantown and Houghs Neck neighborhoods in the process." said Phelan.

Traffic safety along Sea Street was regularly mentioned in the Neighborhoods First surveys as a top priority in Merrymount and Adams Shore.

The committee is scheduled to begin meeting with the DPW and traffic consultants in coming months with a goal of presenting recommendations to the mayor in early 2007.

"I look forward to working with the community to implement some important improvements," said Phelan.

"We must focus on eliminating the history of serious pedestrian accidents that have plagued Sea Street.

"If we can improve the aesthetics in the process, that's even better news for the neighborhoods."

JENELLE KIMURA, 4, of Quincy, won Best Commercial Costume honors in the under age 6 group at the recent Quincy Business Association Harvest Festival.

Maralin Manning photo

■ **Wreath, Tributes For John Adams - *Page 2*** ■ **Voting Machines For Disabled - *Page 17***

At First Parish Church

Presidential Wreath, Tributes Honor John Adams

By MIKAELA SLANEY

A presidential wreath from the White House was laid on the tomb of John Adams on the 271st anniversary of his birthday, Tuesday, in the crypt of United First Parish Church.

Adams, hise wife, Abigail, son President John Quincy Adams and his wife Louisa Catherine are entombed in the crypt.

Church pews were packed as people paid respect to the second president of the United States, with prayer, speech, and songs. Speakers praised him for his support of education, love for his country, and love of his wife, Abigail, who many considered his equal, and the first feminist, said Arthur Ducharme, director of Historic Interpretive Program.

Rev. Sheldon Bennett, minister of First Parish Church, gave a prayer for the blessings of democracy, and for military personnel and civilians who "died in search of peace." Rev. Bennett also delivered the closing benediction.

Mayor William Phelan said that Adams, born Oct. 30, 1735, changed the country so that every child has the opportunity to reach for their dreams. He advised the audience to follow in Adams' footsteps and try to change the world for the better.

"I challenge all that gather here today to consider such an ambition," he said.

Lt. Brendon McShane, executive officer of the USS Constitution, spoke on behalf of the Navy.

"If he was here today... he would see a powerful force, said McShane. I think he would be pleased with the navy's reputation over the past few centuries."

McShane and F. Douglas Adams said that the navy was a priority for Adams.

Mary Harris, member of the Woodward School for Girls Class of 2007, spoke on behalf of her school. She was chosen as this year's speaker for being a seven-year student of the school, and a role model for other students, according to Tom Wesner, headmaster of the school. Harris said that John Adams was responsible for a component of the constitution that stresses the importance of the government's involvement in the school system. She said that Woodward students are direct beneficiaries of that part of the constitution.

"John Adams was never quiet about the importance of education," she said.

PRESIDENTIAL WREATH rests atop the tomb of John Adams, the Second President of the United States, in the crypt of United First Parish Church in the observance of the 271st anniversary of his birth. *Quincy Sun photo/Noreen O'Shea*

Dr. Edward Fitzgerald of the Quincy Historical Society agreed that education was a high priority for Adams. Fitzgerald said that Adams taught his son to read and write in 15 languages. He also said that Adams stayed true to himself, and often made decisions that kept him out of favor with the public, especially his bold decision to support the British during the Boston Massacre.

Jim Taylor, editor-in-chief of Adams Papers of the Massachusetts Historical Society detailed Adams' ties to Quincy. He said that even while carrying out presidential duties in Philadelphia, Adams returned to Quincy whenever possible. Taylor said that he did this to escape political life at the capital, to see his wife Abigail who remained in Quincy tending to home and family, and to stay away from diseases found in Philadelphia.

Taylor said that communication and photography were limited during the Adams presidency, and that because of this, many people then did not know as much about their own president as we know about him now. Taylor urged listeners take advantage and research Adams through letters and biographies, and resources at the library.

Caroline Keinath, deputy superintendent of Adams National Historic Park, spoke of the loss in Adams' life, the mourning that he felt over the deaths of his wife, children and friends. She said that Adams did not lead a "fairy tale" life, and that the only fairy tale is the romantic view that we adopt of the past.

William Westland of United First Parish Church, thanked the organizations who assisted in the anniversary celebration, and Kirt Switzer, chair of the Board of Governors of the church, introduced Phelan.

Following the program, guests were invited to pay their respects at the president's tomb.

The program featured the music by soloist Dorothy Adams, Kathleen Adams, American Guild of Organists, the Annisquam Village Church Choir, the Salt Marsh Opera Chorus, and the U.S. Navy Brass Ensemble.

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QUINCY COLLEGE
BOARD OF GOVERNORS

Seeks Nominations for Board Members

The Appointing Council Shall Meet To Consider Qualified Applicants For Appointments To The Board.

Nominees are to be considered for appointment to fill vacancies.

Board members are advocates for the institution, and have certain governance and oversight responsibilities for the College as specified in the enabling legislation. Members are expected to attend regular meetings, ordinarily scheduled in the evening, and to participate fully as a member of specific subcommittees, usually meeting several times a month during the day. Additionally, members are participants in Commencement, College Ceremonies, and demonstrate in actions and word a commitment to the mission and purpose of the College. Members must submit an annual financial disclosure form to the City Clerk.

Interested individuals must submit a letter of interest and resume, to the Appointing Council, to be received on or before November 3, 2006. The Appointing Council shall meet to consider qualified candidates, and will provide an optional opportunity for interested parties to address the Appointing Council. The Council welcomes diversity in applicants and encourages anyone who believes he or she might contribute positively to the continued success of the institution to respond.

Letter of interest and resume to:

Quincy College Board
Appointing Council
c/o Donna Brugman
Assistant to the President
Quincy College
34 Coddington Street
Quincy, MA 02169

Or email (Word format only) to:
dbrugman@quincycollege.edu

EOE/AA

Some Improvements But:

Issues And Frustrations Over Fire Dept. Conditions

By MIKAELA SLANEY

"We all knew that there were risks that go along with this job when we took the job, but we thought the city would give us proper tools and the training to minimize the risks," Ernie Arienti told the City Council Public Safety Committee at Monday night's meeting.

Arienti, a member of the Fire Study Committee and president of the Quincy Firefighter's Union, expressed concerns over current fire station conditions.

He said the fire department lacks training, funding, and sufficient personnel. He said they must work with deteriorating communication systems and unsafe fire engines, and said that there is an inability to handle emergency situations, which is especially alarming in a post 9/11 situation.

Despite these conditions, Arienti praised the work of Quincy fire fighters, calling them the best around.

"All the city has to do is give us the tools, train us on the tools, then stand back and let us to our job," he said.

Arienti said that improvements have been made to the stations since the introduction of a fire study by MMA Consulting Group, Inc. But, he said, conditions are still far from satisfactory.

Arienti is not alone. Eighty-eight percent of fire fighters interviewed for the fire study said they were dissatisfied with current situations, Arienti said.

To meet long-term goals for the fire stations, Mayor William Phelan is supporting a five-year capital improvement plan backed by a $290,000 bond. Dave Murphy, assistant to the mayor, urged the commission to support Phelan's efforts.

Ward 2 Councillor Daniel Raymondi and Ward 4 Councillor Jay Davis shared concerns over the slow process of seeing any improvements.

"My frustration is that we vote for the money, and the auditor tells us in the next few months that hundreds of thousands of dollars were turned back because they were not used," said Raymondi. "I get frustrated."

Davis said he was frustrated to see money returned that was designated to mount computers on the fire engines.

According to Arienti, since the introduction of the study, asbestos has been removed from West Quincy Station, Squantum Station, Houghs Neck Station, and the North Quincy Station. Arienti said that asbestos issues will continue to be revisited.

Fire Chief Tim Pettinelli also said there have been small repairs since the study that don't require additional funding, but there are still many problems that need to be addressed.

Arienti raised issues over the following concerns:

• He said the fire department uses aging equipment and fire engines that may jeopardize the safety of the fire fighters, and efficiency of their work. He said that old engines, dating back to the '80s, have become worn from use, and many are not suitable to be on the road. "This is unsatisfactory," he said. "We have a graveyard of spare trucks, and we question the safety of many of them."

• Arienti also noted that radios and the communication system are in such disarray that there have been instances where they could not call in an alarm. "I just pray to God that this does not happen in the middle of an

(Cont'd On Page 18)

HAPPY HALLOWEEN - Students in the new Kindergarten 1 Class at St. Mary's School in Quincy celebrate Halloween.

$3 Million Appropriaton To Improve City Buildings

The City Council Finance Committee approved Monday night a $3 million appropriation to improve municipal buildings throughout the city.

Michael Ryan, director of Buildings and Maintenance, assured the Council that the appropriation would improve deteriorating conditions of municipal buildings, including floor boards, boiler and cooling systems, leaking, mold, and other common issues.

Ryan also said that some of the appropriation would address concerns outlined in the MMA Fire Study that details the corrosion of Quincy fire stations.

Ryan said the appropriation would also be used to improve conditions at the Marshal School, the Fore River Club House, and the Beechwood Knoll School.

Help With Simple Wills Monthly

Atty. Ed Conroy will be at the Council on Aging office, 83 Saratoga St., North Quincy, every third Friday of the month to assist the elderly with a free explanation of simple wills.

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Moments in time

THE HISTORY CHANNEL

• On **Oct. 30, 1890,** Oakland, Calif., enacts a law against opium, morphine and cocaine. The new regulations allowed only doctors to prescribe these drugs, which, until then, had been legal for cures or pain relief.

• On **Oct. 31, 1912,** the "Musketeers of Pig Alley," directed by D.W. Griffith, debuts. The movie, which followed the career of a gangster nicknamed the Snapper Kid, initiated a long Hollywood tradition of "gangster movies."

• On **Nov. 4, 1922,** British archaeologist Howard Carter and his workmen discover a step leading to a tomb in Egypt. After years of excavation they unearthed a stone sarcophagus containing a solid-gold coffin. The mummy inside was the boy-king Tutankhamen, preserved for more than 3,000 years.

• On **Nov. 5, 1935,** Parker Brothers releases the now-famous board game Monopoly. Monopoly was actually a descendant of a board game patented in 1904 by Lizzie J. Magie, a Quaker from Virginia. The Landlord Game, as Magie called it, was designed to promote her political belief in the passing of a single federal tax based on land ownership.

• On **Nov. 3, 1941,** the Combined Japanese Fleet receives Top-Secret Order No. 1: In 34 days time, Pearl Harbor is to be bombed, along with Malay, the Dutch East Indies and the Philippines.

• On **Nov. 1, 1952,** the United States detonates the world's first thermonuclear weapon on Eniwetok atoll in the Pacific. The hydrogen bomb, as it was popularly known, was approximately 1,000 times more powerful than conventional nuclear devices.

• On **Nov. 2, 1960,** a landmark obscenity case over "Lady Chatterley's Lover," by D.H. Lawrence, ends in the acquittal of Penguin Books. The publisher had been sued for obscenity in publishing an unexpurgated version of Lawrence's novel, which deals with the affair between the wife of a wealthy, paralyzed landowner and his estate's gamekeeper.

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FELIX: Black and white male DSH.
FELICIA: spunky 1 y.o. Tortie
FRED: 3 y.o. orange and white male who loves attention.
MATTIE: 1 y.o. black and white female DSH
MALIBU: 9 month old female Calico.
MOKI: 1 y.o. female Calico. Shy but very sweet.
MONK: 5 year-old Siamese mix, strong personality
MAE: Black and white 2 1/2 year old cutie
THUNDER: 4 month old black and white male. Sweet.
TABITHA: 2 year old talkative, outgoing female
BABY CLARISSA: 2 year old black, sweet lap cat.
HOLLY: 2 year old girl with lots of personality.
PLUS MANY MORE CATS and KITTENS NEED HOMES

Sunbeams

By Henry Bosworth

A Question For Republicans

Local Republicans will probably take issue—at this question.

Where are you?

They seem to again be among the missing when you look at next Tuesday's state election ballot.

Democrat incumbents are running unopposed for re-election to seven local, state and county seats.

A lack of Republican challengers has become quite common in recent years, as we have noted in the past.

Next Tuesday, before the very first vote is cast, seven Democrats have a free ride to another term.

They are:

State Senator Michael Morrissey, state Reps. Bruce Ayers, Steve Tobin and Ron Mariano, Dist. Atty. William Keating, Register of Deeds William O'Donnell and Clerk of Courts Walter Timilty.

MORRISSEY

AYERS

TOBIN

MARIANO

Running as a Republican these days can be a frustrating experience. Quincy Democrats far outnumber them 25,045 to 6,175. That's pretty lopsided.

But there are 22,867 unenrolled (independent) voters who have a lot of political clout—voting either Democrat or Republican.

That seemed to be evident four years ago when Shannon O'Brien, the Democratic candidate for governor took Quincy over Mitt Romney by just one vote.

Lt. Gov. Kerry Healey, this year's Republican nominee, appears to have written Quincy off. Maybe she forgot O'Brien's one vote win here in 2002.

HEALEY

Healey has spent little time campaigning here and local Republicans haven't made much public noise in her behalf.

She was here for Mayor William Phelan's Garden Party at the Adams Mansion in the summer. And recently visited a local restaurant.

She may have been here more than that, but if so, it's been one of the best kept secrets in town. Her running mate, former Sturbridge state Rep. Reed Hillman has been out of sight.

Democrat Deval Patrick and Worcester Mayor Tim Murray between them have been here several times and have a satellite campaign headquarters here.

PATRICK

There was mixed support among Democratic leaders here going into the September primary. Some preferred Patrick, some Chris Gabrieli, others Atty. Gen. Tom Reilly.

But when the results were in, they closed ranks and united behind Patrick with rallies and coffee hours.

Republicans, however, have kept whatever activities they have had for Healey pretty quite. They are not organized as well as Democrats.

And that is rather frustrating for us at The Sun.

Democrats have been all over the city with activities and knocking on doors in support of Patrick. So Patrick gets the coverage.

Then comes the criticism that The Sun is one-way. But Republicans haven't given us much to cover. And you can't cover something that isn't happening.

And for the record, The Sun is an independent newspaper—not Democrat, not Republican—but independent.

Democrats have just been a lot better at getting their message out.

Democrats now far outnumber Republicans in Quincy and Norfolk County. Republicans once far outnumbered them.

But back then, Democrats were willing to run against strong Republican incumbents. They refused to throw in the towel.

Republicans, locally, are in a rut and need someone with some political savvy—enthusiasm and energy—to lead them out of it.

One party in complete control is not the way it is supposed to be.

❑

FRIDAY IS A big day for the Arthur and Shirley Tobin family.

A. TOBIN

Grandson Matthew Tobin, 18, son of Mark and Judith Tobin, will graduate as a Marine at a ceremony at Parris Island, S.C.

It coincidentally marks the 55th anniversary of his grandfather's graduation there before going off to the Korean War.

Matthew's grandfather is a former Quincy mayor now clerk magistrate of Quincy District Court. His father, Mark, is assistant clerk magistrate of Norfolk Juvenile Court.

They and their wives will lead a family delegation flying out for the ceremony. With them will be:

Uncles state Rep. Steve Tobin, Quincy Police Lt. Brian Tobin and State Police Trooper Bruce Tobin; aunts Tracey Phelan, wife of Mayor William Phelan and Kelley Greenwood, wife of Quincy Police Lt. Donald Greenwood.

Matthew, incidentally, eventually would like to become a police officer.

Law and political careers seem to run in the family.

License Board Briefs

The License Board took the following action at Tuesday's meeting.

• Granted a common victualer license to Abedsiam Kottat, doing business as Newport Cafe, 25 Newport Ave. (former Blue Cross building.) The 10-seat cafe will be open seven days a week from 7 a.m. to 3 p.m.

• Granted a one day all alcoholic license to Joseph Perette for the Women's Association Golf Banquet, Saturday at the Presidents Cafe, 357 W. Squantum St.

• Continued until Nov. 14 a request by Brett Cogill of Quincy Auto Sales, 451 Quincy Ave. for a Motor II used car license.

•Continued until Nov. 14 a request of Saturn Auto Body, Inc. for a transfer of a garage/repair license held by Devco, Inc. 251 Water St.

•Continued until a later date a request of Di-Jo Corp. the transfer of a change of managers at Krabby Joe's, 307 Victory Rd.

•Continued until Dec. 5 a request of Java Java Drive Thru, 60 Quincy Shore Drive for a common victualer license. An independent traffic analysis has been requested.

Rev. Martha Swanson To Present New Book

The Rev. Martha Swanson will present her new book, "When the Sun Vanishes, New Hope for Dark Days," during worship services Sunday, Nov. 5, at Union Congregational Church, 136 Rawson Rd., Wollaston.

The Rev. Swanson is pastor of Christ Church in Middleboro and the wife of the Rev. Jack Swanson, pastor of the Union Congregational Church.

The public is invited to attend the event, which will begin at 10 a.m., and will include a coffee hour and book signing.

Scenes From Yesterday

THIS OLD HOUGHS NECK postcard is titled "The lawn from the Great Hill House." The title is confusing because the Great Hill House had been torn down many years before this card was postmarked in 1929. The lawn shown here was once part of the hotel's property. The view is looking north, the end of Sea Street is on the right with the yacht club just out of sight. The Norteman family's well-known seafood pavilion shown on the right was built on the foundation of the old Great Hill House in 1895. Dunham's store and the post office are on the left. The old water tower on the top of Great Hill can be seen through the trees on the left. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of Tom Galvin

Readers Forum

Bar Association Denounces The Negative Portrayal Of Lawyers And The Law Profession

The officers of the Bar Association of Norfolk County, along with Bar Council members and a number of past Presidents of the Bar Association of Norfolk County met to discuss the recent attacks on the law profession.

There was a clear consensus that lawyers should not be attacked for what they do as lawyers. Everyone who participated at this meeting felt a letter should be sent denouncing the negative portrayal of lawyers and the law profession.

A minority of members who voted on this issue wanted a letter to be sent by the Bar Association of Norfolk County but not until after the election. A substantial majority of members wanted a letter written before the election given the attacks on what a lawyer does have taken place in the context of a political campaign.

The Bar Association of Norfolk County is not endorsing a candidate. It is just pointing out that this is not a Republican, Democrat, Independent or Green Party issue. Lawyers no matter their political beliefs do not want their profession demeaned and its practitioners vilified merely for doing a job.

The Bar Association of Norfolk County traces its roots back to a meeting of attorneys on Sept. 28, 1797, at the office of Samuel Haven. Attorney Haven's law office stood on the grounds of the estate located on the corner of High and Ames Street in Dedham. Our history as a nation is full of instances where lawyers stood up for individuals and causes. The United States Constitution which guarantees all of us rights and protections would be a meaningless document if lawyers did not champion those same rights and protections for everyone.

The history of zealous advocacy by member lawyers of this venerable bar association has been matched by the legal advocacy of others throughout this country's history.

John Adams, a resident of Norfolk County, and later this country's second President, defended in a trial British troops accused of the murder of colonists at the Boston Massacre. Six of those soldiers and their captain were acquitted. John Adams took on an unpopular case because he believed in the law.

The Bar Association of Norfolk County would like to think the same spirit that called John Adams to do a job as an attorney can still exist in our country today. More importantly it would be a shame if in doing a job, in doing a service, in assisting in the guarantee of liberties for all the lawyer that does a job would be attacked and have the law profession scorned.

Bar Association of
Norfolk County
William P. O'Donnell,
President

Opposes Preservation Act

On Nov. 7, Quincy voters will be asked to saddle themselves with an additional tax, the Community Preservation Act.

Apparently some folks think we're not taxed enough now, and that all the taxes we pay at present can't preserve what they want to preserve. It seems they want to shake the last few coins from our pockets. I'm sure some of their goals are desirable, but not everything desired is necessary.

I suggest placing a bucket in the lobby of City Hall. All the supporters of the Preservation Act can drop in their extra cash, and leave the rest of us alone.

Remember to vote "NO" on Question Four.

John H. McDuff
South Street

SWAP Earns Tax Abatements For Seniors

The Council on Aging has a SWAP (Senior Workers' Abatement Program) that enable the elderly to work 89 1/2 hours a year and earn $600 towards their real estate tax bills.

For further details, call 617-376-1508.

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Quincy's Yesterdays

Light Turnout Seen For Election

This Week
1979
27 Years Ago

By FRANK MCCAULEY

Lack of a "main bout" mayoral election fight may result in one of the lightest turnouts of voters in recent years in Quincy's municipal election, Tuesday, Nov. 6.

TOBIN PLANS SHAKEUP IN TRAFFIC COMMISSION

Mayor Tobin is about to propose a massive shakeup in the City Traffic Commission in an all-out attack on parking and policing problems, particularly around the three MBTA stations. Tobin acknowledged that he was preparing a plan to revise the Traffic Commission for submission to the City Council, but declined to go into detail.

FOUR DAY DPW WEEK BRINGS FUEL SAVINGS HIGHER PRODUCTION

Public Works Commissioner James J. "Pete" Ricciuti announced that the introduction of a 10 hour day, four day week, has resulted in significant fuel savings and a rise in public works productivity. Ricciuti said that there was an 18 percent drop in gasoline consumption and a 27 percent decrease in diesel fuel consumption in the 30 day period following the start of the four day week.

QUINCY-ISMS

Mister Donut, 399 Sea St., Adams Shore, was offering a "Free J.F.K. Half Dollar" when you buy a dozen donuts at $1.90. The offer good with a coupon Nov. 5, 6, and 7... **Congressman Brian Donnelly** and **Ward One Councillor Leo J. Kelly** officiated at the opening of the Houghs Neck Multiservice Center, 1193 Sea St... **Christina Wagner** of Mound St., Quincy Point, was named to join a select group of employees at John Hancock Life Insurance Co., who will play a key role in the 1980 United Way campaign at John Hancock's home office... **Laura Adams**, North Quincy High School, **Beth Ann Tutanjian,** Quincy High School, **Kerry Kirk**, Quincy Voc - Tech, and **Joseph Maloney**, Quincy Junior College, were sworn in as associate members of the Quincy School Committee at a recent school committee meeting... Sher Drug, 33 Washington St., Quincy Center, was offering to "pay you $2 for your empty prescription bottle from any other drug store if we refill it."... **Miriam Coombs**, chairwoman, and **Barbara Christie** were coordinating plans for the Houghs Neck Congregational Church's Harvest Holiday Fair to be held Nov. 9 and 10 in the Church's Fellowship Hall... The Quincy High School Class of 1939 scheduled its 40th anniversary for Saturday, Nov. 10, at the Quincy Sons of Italy Social Center. Members **Virginia Chisholm, Nick Pepe** and **Dick Grey** were seeking to locate missing class members... **Michele Saar,** daughter of Robert J. Saar, Safford St., North Quincy, was installed as Worthy Advisor of Wollaston Assembly, Rainbow Girls. The ceremonies were held at the Quincy Masonic Temple... Cadet Corporal **Russell Chisholm,** son of Mr. and Mrs. Edgar Chisholm of Quincy, was awarded a three-year Army ROTC scholarship. Russell was a Cadet Corporal and a sophomore at Norwich University, Northfield, VT... The Quincy Citizens Association was to hold its candidates night at the Woodward School for Girls Nov. 1. All candidates seeking office in the Nov. 6 city election were invited to attend... **Henry J. Williams**, commander of the Bryan VFW Post was heading up a fund-raising campaign on behalf of the Quincy Veterans Council. Funds raised will be used to purchase flags to replace those destroyed in a recent storm... School Committee member **Patricia Toland's** re-election political ad urged voters to "cast your vote for a mother and former teacher."... Newly installed officers of the Cyril P. Morrissette American Legion Post included **Lawrence Visco**, commander; **George F. Nicholson**, first vice-commander; **Robert J. LaFleur**, second vice-commander and **F. Adrian Carnali**, third vice-commander... City Auditor **Charles L. Shea** and City Treasurer **Robert F. Foy III** presented a detailed report on the city's financing of the Quincy Taxpayers Association... Old Colony Bank and Trust Co., 1449 Hancock St., Quincy Center, was advertising "six month term certificates with an annual percentage rate of 12.193 percent,"... Coming off a 28-0 victory of Weymouth, the Quincy High School Presidents were preparing to meet undefeated Brockton. The Presidents bring a 5-1-1 record into the game. Brockton is undefeated with a 7-0 record

Arts & Entertainment

Quincy Arts Association Fall Arts Festival

The 3rd annual Fall Arts Festival will be held at The Highlands at Faxon Woods apartment community, 2001 Falls Blvd. Nov. 3 to 5 from 10 a.m. to 5 p.m.

Fifteen members of the Quincy Art Association will exhibit their works ranging from oils to sculpture and present them for sale to the public.

Members include: William Beyer, Tony Andrade, Nancy Santry, Daniel Myers, III, Chris Myers, Norman Crump, Dan McCole, Don Heath, Kris Kreitman, William Frew, Deborah Putnam, John Marshall Dyke, Marilyn Reisberg, Marion Fitzsimmons and Michael Domina.

A reception will be held at the end of the event at 2 p.m. Nov. 5.

For more information, call the Quincy Art Association at 617-770-2482.

Fall Session II Registration At Crane Public Library

The Thomas Crane Public Library will hold its registration for Fall Session II, Storytimes and Elementary Explorations Friday, Nov. 3 at 9 a.m.

The children's department offers weekly storytimes for children ages four months to seven years. Each child my register for only one storytime.

Children must be of age by the first meeting.

Registration is limited to Quncy residents.

The following Monday, Nov. 6 registration for Mad Science: Earthworks will be held at 9 a.m.

Children will become geologists in training as they discover what the earth is composed of and how various forces combine rocks and minerals.

Participants will hold their own sedimentary stacker as a take home to continue their investigation of Earth Science.

Two sessions of this program will be held Saturday, Nov. 18 at the Main Library. There will be a 10 a.m. session for children ages seven and older and an 11:15 a.m. session for ages four to six.

Registration is required and limited to Quincy residents.

Registration begins Monday, Nov. 6 at the Main Library Children's Room or by calling 617-376-2411.

The program is sponsored by the Friends of the Thomas Crane Public Library.

South Indian Music, Dance Featured In Library Concert

There is Indian music and dance and then there is the music and dance of South India.

The latter will be on display Sunday, Nov. 19, from 3 to 4 p.m. at the Thomas Crane Public Library, 40 Washington St., when the music and dance group Takademi performs Mohiniyattam, the traditional dance form native to Kerala in South India.

The performance will include three pieces by three composers known as the south Indian trinity, Tyagaraja, Muttuswami Diksitar and Syama Sastri, as well as stories from the Hindu epics Ramayana and Mahabharata.

DAHLIA NAYAR OF TAKADEMI

Takademi features dancer/chereographer Dahlia Nayar, a dance teacher based in the Pioneer Valley in western Mass; classical Indian singer Vidya Sitaraman, an adjunct instructor of music at Amherst College; and percussionist Doug MacKenzie.

The concert is the second in a monthly series of Concerts @ the Crane featuring a variety of cultural traditions from around the world, sponsored by the Friends of the Thomas Crane Public Library.

For more information, call 617-376-1301 or visit *thomascranelibrary.org.*

Japanese Anime Film At Library Nov. 9

"Ghost in the Shell: Standalone Complex, Vol. 1" will be featured Thursday, Nov. 9, at 7 p.m. in the Japanese anime series at the Thomas Crane Public Library.

The movie tells the story of the efforts of an internal security agency to confront threats to Japan, including those from an opponent using advanced technological advantages.

The program is intended for adults and youngsters age 13 an older and is not suitable for younger audiences.

The recently released film "Be With Me" a tapestry of three stories woven around the themes of love, hope, tragedy and redemption, will be shown Thursday, Nov. 16, at 7 p.m.

The film is unrated and is not recommended for ages under 17 without parental permission.

Both film programs are free and held at the Main Library, 40 Washington St. For more information call 617-376-1301 or visit *thomascranelibrary.org.*

'Spirit In Song' Saturday At Wollaston Congregational

"Spirit In Song At Wollaston Cong.," an evening of hymns and music, will be 7 p.m. Saturday, Nov. 4 at the Wollaston Congregational Church UCC, 48 Winthrop Ave., Wollaston.

The "Praising Jesters" music group will perform. They invite the audience to sing with their favorite hymns. Those who bring a friend may receive a prize.

Admission is $10 per person. Refreshments will be provided.

For more information call 617-773-7432 or visit www.wollycong.org.

Foxwood Trip For Seniors Nov. 2

The Council on Aging will conduct a trip to the Foxwood casinos in Connecticut for seniors Thursday, Nov. 2, the bus leaving Marina Bay at 8 a.m. and returning at 7 p.m.

For more information or to register call Dot Dow at 617-376-1508.

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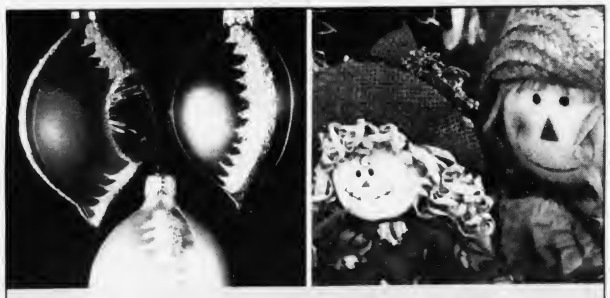

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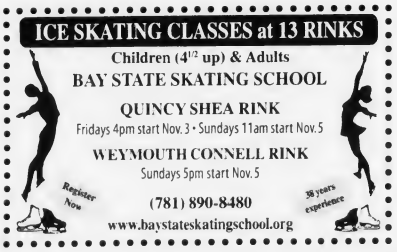

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North Quincy High School Sr. Stay-Out Meeting Nov. 7

The North Quincy High School Stay-Out will meet Tuesday, Nov. 7 at 7 p.m. in the Trophy Room at the high school.

Parents of freshmen, sophomores and juniors are needed to volunteer to work at this all-night event, which takes place after the senior prom.

All NQHS senior students, whether they attend the prom or not, will be invited to the Senior Stay-Out 2006, an all-night, substance-free party.

The Stay-Out offers food, fun and a safe place to spend the night, at no cost to the student.

For more information, call Chris Guerriero at 617-328-6466.

Two QHS Students Win Community School Awards

Tina Hicks and Paige Neuron, seniors at Quincy High School, have been named Commended Students in the 2007 National Merit Scholarship Program.

They will receive at a later date Letters of Commendation from Principal Frank Santoro and the National Merit Scholarship Corporation (NMSC), which conducts the program.

Tina and Paige are among some 34,000 Commended Students recognized for their exception academic promises. They are among to top 5 per cent of the 1.4 million who entered the competition.

QHS, Vo-Tech 1976 Class Reunion Nov. 24

Quincy High School and Quincy Vocational Technical School, Class of 1976, will hold a 30 year anniversary class reunion, Friday, Nov. 24 from 7 p.m. to midnight at the Sons of Italy, 120 Quarry St.

The event will feature a buffet dinner catered by Basil's Restaurant and music by DJ Mike Tucker. Cost is $30 per person.

For more information call Noreen O'Connell at 617-773-0181.

Holiday Craft Fair At River Bay Club

River Bay Club, 99 Brackett St., will hold its third Annual Holiday Craft Fair Saturday, Nov. 4 from 9 a.m. to 1 p.m. hosting to over 20 local vendors.

Crafters and vendors will have such items as holiday wreaths baked goods. floral arrangements, jewelry and home decorations for sale.

Raffles will be conducted during the fair with all proceeds going to the Interfaith Pantry.

PAULINE and RICHARD DELOREY

Mr., Mrs. Richard Delorey Celebrate 50th Anniversary

Richard and Pauline Delorey recently celebrated their 50th wedding anniversary by renewing their wedding vows at St. Joseph Church, where they were married in June of 1956.

They have lived in Quincy Point for all of their lives. They were joined by their family and friends, including their son, Steven Delorey, and daughter in law, Lisa Delorey, both of New York.

QHS 1991 Class Reunion Nov. 22

The Quincy High School's class of 1991 will hold its 15th anniversary reunion at the Atlantic Restaurant, 520 Washington St. from 7 p.m. to 1 a.m. Wednesday Nov. 22.

There will be a DJ, appetizers and a cash bar. Tickets are $20 per person.

For more information, call Julie (McCloskey) Campbell at 617-479-7877, or email at juliecam38@yahoo.com.

Emblem Club Meeting Nov. 8

The Quincy Emblem Club will meet at 7 p.m. Nov. 8 at the Lodge of Elks, Quarry St.

For more information, call Mary Spalding at 617-298-4369.

Carol Walsh Honored For NF Lifetime Achievement

Carol Walsh of Quincy, a 25-year volunteer for the Children's Tumor Foundation (CTF) whose husband and son have struggled with Neurofibromatosis (NF), will be honored with the NF Lifetime Achievement Award,

The award will be presented in ceremonies Saturday, Nov. 4, at the Cambridge Marriott by The National Neurofibromatosis Foundation, the formal name of the CTF.

Walsh's husband, Dick, and son, Ricky, have endured multiple operations to have tumors removed as well as struggled with learning disabilities, a common affliction found in children born with NF>

"In spite of their medical problems, both Dick and Ricky have been able to live relatively normal productive lives and inspire me every day," said Walsh.

"I became involved with this organization so that no other wife or mother has to hear the news that their loved one has this disorder."

Walsh has served as president of the Mass Chapter of NF, vice president of fundraising and chairman of the New England Advisory Council.

She has traveled across the state, raising funds for CTF and awareness of the disease as well as organizing medical symposiums for NF families and medical professionals.

Mr., Mrs. Sean Donovan Parents Of Daughter

Sean and Jody Donovan of Osterville are parents of Molly Kathleen Donovan.

She was born June 2 at Cape Cod Hospital.

Grandparents are Leo and Kathleen Donovan of Quincy and Jim and Chris Knopp of Norwood.

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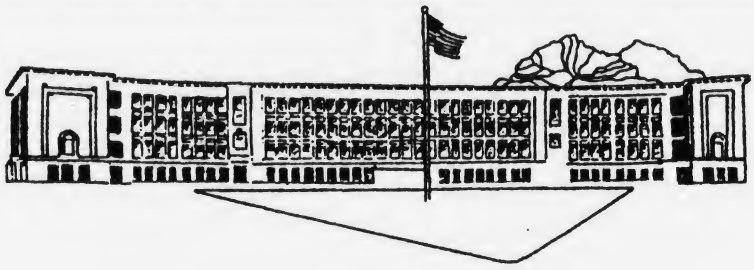

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Quincy Honors Hero Son Lost 38 Years In Vietnam

He should have been 63 years old that day, celebrating the happy occasion amid children and grandchildren and looking to retirement after a long and productive life.

Instead, they buried what remains of Major Charles Lawrence Bifolchi in Arlington National Cemetery after 38 years in limbo, missing in action in the jungles of Vietnam.

And, at the same hour in his home town of Quincy, friends and strangers alike gathered in St. Mary's Church for a memorial mass for the man whose future was left on a foreign shore.

Some of those at the Mass remembered him vividly. Others barely recalled him. Some were not even born when his Air Force reconnaissance plane was shot down in Jan. 8, 1968.

About 100 people, many of them veterans, attended the mass, which included a military color guard and Taps sounded on the bagpipes by firefighters from Quincy and Brockton.

"May you truly rest in peace," said the Rev. Thomas Keane, a retired Air Force colonel, who presided at the mass with former Marines Dana Ahern as altar server and Daniel Curry as lector.

Major Bifolchi's cousin, Elizabeth Pare of Whitman, who was 12 when he was declared missing in action, and uncle, Matthew Bejma of Smithfield, R.I., were present at the Quincy services.

It was DNA from his late aunt, Louise Bejma, that enabled the remains found in Vietnam's Central Highlands to be identified as those of Major Bifolchi .

Other relatives made the trip to Arlington, including an uncle, Thomas Beary, who accepted for the family the folded flag that had been draped on the coffin.

But his older brother, Air Force Lt. Col. George Bifolchi of Colorado Springs, was socked in by an unexpected snowstorm and was unable to make the trip to the services.

He plans to visit the grave in the near future, he said, and then go to the Vietnam Memorial Wall to see his brother's name, located on Panel 33E, Line 79.

Major Bifolchi's father, Alfred, died in 1977, and his mother, Nora, followed him in 1988. Neither gave up the slender hope that their son might someday be found alive.

The major was buried with full military honors, including a 21-gun salute, a flyover by jet planes and a cortege from chapel to cemetery with his remains in a horse-drawn, flag-draped casket.

Charlie Bifolchi, Quincy High , Class of '61, had come home at last.

THE WINDOWS OF Montilio's Bakery on Adams Street were shattered during a two-alarm fire Friday night that caused an estimated $400,000 damage. Danny's Cleaners and Hair Quarters located in the same building were damaged by smoke. George Montilio, owner of the landmark bakery, is reopening part of it in a section of The Fruit Basket on Granite Street. The fire was believed caused by an electrical problem in the ceiling of the bakery.

Quincy Sun photo/Noreen O'Shea

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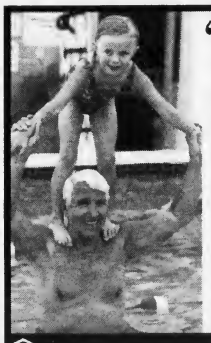

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Jubilee Celebration Nov. 8

South Shore Mental Health To Mark 80th Year

By MIKAELA SLANEY

South Shore Mental Health Center (SSMH) will celebrate its 80th anniversary Wednesday, Nov. 8, with a jubilee at Lombardo's, 6 Billings Rd., Randolph.

The open-invitation jubilee will feature a live and silent auction,, an award ceremony for those who have contributed to the organization, and music.

Harry Shulman, president and CEO of SSMH, said that he expects between 350 and 400 people to attend. He said that since this year is the 80th anniversary, this year's event would prove to be particularly distinctive.

"That's what makes this event very special," he said. "We really don't run an event every year, and we haven't had a lot of history doing fund-raisers. But we thought that given the special occasion... we would utilize this as a celebration. There aren't too many organizations that have been in the business for 80 years, especially in the South Shore."

Proceeds from the jubilee will benefit the organization, which provides behavioral care for those seeking mental health, especially those without insurance or government funding. SSMH provides for more than 10,000 clients annually.

An award show will recognize community leaders and partners who have contributed to the organization.

Award recipients include:

• Chazy Dowaliby, editor of the Patriot Ledger, with a "Community Service Award."

• Michael Bullman, vice president of Citizens Bank, with a "Community Partner Award."

• Congressman William Delahunt, with a "Legislative Humanitarian Award."

• Herbert Glanz, former chairman of the Board, with a "Distinguished Service Award."

• Lois Hirshberg, with a "Community Service Award."

• Theodore Kirousis, area director, of metro suburban, with a "Department of Mental Health Public Service Award."

HARRY SHULMAN

• Richard Pierce, of Housing Management Resources, with a "Distinguished Service Award."

• Dr. Michael Savage, executive director of the South Shore Educational Collaborative, with a "Community Partner Award."

Auctioneer and entertainer Kathy Kingston will auction off an array of items, including a six day, South African Photo Safari for two, sports tickets and memorabilia.

Shulman said that proceeds will help the organization continue providing services, fund the renovation of a building for children with significant medical and developmental needs, and upgrade household furnishings found in living quarters.

The new renovated building will feature an area for infants and toddlers with developmental delays to practice motor activities, a music room, and a parents room.

Music for the jubilee will be provided by pianist Kenny Moral, musical group The Ovations, and The Victorian Carolers. Internationally renowned watercolorist Misha Lenn agreed to donate a painting commemorating the occasion.

Shulman said that 'he would like to thank the following sponsors for their patronage: Citizens Bank, Blue Cross Blue Shield, Brewer and Lord, One Beacon Insurance, The Law Offices of Peter Eleey and Pinacle Financial Group.

SSMH is seeking for additional sponsors, either individuals, businesses, or organizations. Sponsors are encouraged to place an ad in the program book, donate an item for auction, or purchase tickets to the jubilee.

Tickets for the jubilee are $80 each, or $750 per table.

For more information call Amy Katz at 617-847-1915, or email her at akatz@ssmh.org. Additional information is available at the SSMH website: www.ssmh.org.

Chabad Series Explores Hidden Bible Messages

"Origins," a weekly parsha class that is one of a 12-part series on the book of Beraishit, is being offered Tuesday evenings from 7:15 to 8:45 p.m. at the Hingham Quincy Chabad, 1356 Quincy Shore Drive.

"Beraishit, Genesis, is the origin of all things," said Rabbi Shmuel Bronstein, who conducts the weekly class that started last Tuesday and continues into the new year.

"Beraishit is the first record of our universe and humanity's first encounter with themes such as time and space, life and death, jealousy, greed and murder, love, kindness and forgiving."

The series is part of the Jewish Learning Institute, which is geared for Jews of all backgrounds seeking a deeper understanding and appreciation of Jewish thought, heritage and tradition.

The fee is $10 per class or $60 for the complete series of 12, including textbook.

Classes will integrate basic Judaism, Jewish history, Jewish mysticism and the Jewish calendar, practices and ideas through the study of primary sources, commentaries and group discussion.

"This course will offer fascinating perspectives and relevant lessons on stories such as Adam and Eve, Noah and the flood and others," said Bronstein.

"Many people know the basics of a biblical story and are not aware of deep and philosophical messages that are hidden within them."

For further information contact Rabbi Bronstein at 617-850-5935 or e-mail *sbronstein@gmail.com* or visit *www.hqchabad.com*

COA Seeking Wheelchairs

The Council on Aging is in urgent need of wooden or metal wheelchairs of all sizes and canes to help disabled seniors to get around.

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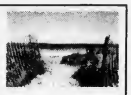

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NOTICE OF JOINT PUBLIC HEARING

City of Quincy Planning Board
Department of Planning and Community Development

Notice of Joint Public Hearing
for
Urban Revitalization District Plan (URDP)

The City of Quincy Planning Board and the Quincy Planning and Community Development Department (PCD) will hold a joint Public Hearing on Wednesday November 8, 2006 at 7:00 p.m., in the 2nd Floor Conference Room, City Hall, 1305 Hancock Street, Quincy for the purpose of providing the public an opportunity to comment on a proposed Urban Revitalization District Plan (URDP) to be filed pursuant to M.G.L. c. 121B, Section 48.

The City of Quincy Planning and Community Development Department is proposing the adoption of a URDP for a significant portion of Quincy Center. Once adopted by the City Council, the URDP will be submitted to the Massachusetts Department of Housing and Community Development for final approval.

Over the last thirty-five years, numerous attempts by the City sought to revitalize Quincy Center and return its historic vitality as a commercial center. The City has concluded that the ordinary operations of private enterprise, without public investment, will not make the area a significant destination location. The purpose of the proposed plan is to set forth a series of initiatives intended to stimulate private investment and to restore Quincy Center as a vibrant downtown area.

Written comments may be provided to the Department of Planning and Community Development which will be accepted until 4:00 p.m. Thursday November 9, 2006. Comments received before the Public Hearing on November 8, 2006 will be reviewed and included in the Public Hearing record.

A report on the Public Hearing will be placed on file with the City Council and will be included in the application submitted to The Massachusetts Department of Housing & Community Development (DHCD).

Copies of the URDP application, compiled pursuant to M.G.L. c. 121B, Section 48, may be reviewed in the Department of Planning at City Hall, 1305 Hancock Street, 3rd Floor and in the Thomas Crane Public Library main branch at 40 Washington Street.

Dennis E. Harrington
Planning Director
City of Quincy
11/2/06

Sonoma Rd., Dimmock St. To Complete Busy Paving Year

Mayor William Phelan said Tuesday the city will complete one of the busiest paving years with re-paving projects in Squantum, Presidents' Hill, Adams Shore, and West Quincy.

Paving crews will begin renovating Sonoma Road in Squantum, Dimmock Street on Presidents' Hill, Perkins Street in West Quincy, and Braintree Avenue in Adams Shore in November.

Paving crews will begin renovating Sonoma Road in Squantum, Dimmock Street on Presidents' Hill, Perkins Street in West Quincy, and Braintree Avenue in Adams Shore in November, he said.

"I am pleased with the progress we have made in improving the overall condition of our city's streets this year, but I am committed to do even more next year," said Phelan. "We have included paving dollars in the municipal budget for the first time and we are prepping for a busy Spring paving season. Our residents have spoken clearly through our Neighborhoods First program and we are responding to their concerns."

According to the Mayor's Office, the city is close to a year ahead of schedule in implementing its Pavement Management Plan, a comprehensive analysis of all city street paving conditions and a subsequent 10 year plan to address street conditions.

In addition to the next phase of the Pavement Management Plan, next year will see paving associated with water and sewer projects along Edgewater Drive in Houghs Neck, along Quincy Shore Drive in North Quincy with Phase II of the sewer reconstruction project, and the normal schedule of sewer rehabilitation projects schedule for next year. The city will also be investing $2.2 million in sidewalk repairs, they said.

"We are in a position to address the issues that our residents identified as top priorities," Phelan said. "Street and sidewalk repairs were consistently listed as important to every neighborhood. We will continue to make improvements through the upcoming year."

New Owner, Name For Atlantic Restaurant

By MARIE D'OLIMPIO

A popular Quincy Point landmark restaurant is changing ownership and name. The Atlantic Restaurant on 520 Washington St. will be known as Coop's Bar & Grille. Years ago the site began as the Knotty Pine. Since then there have been several others before Altantic.

The License Board voted unanimously Tuesday to grant the request for the transfer of the common victualer, all alcohol license from Petar and George Pepdjonovic to Mario Recupero.

Atty. Stephen Tobin, counsel for Recupero told the board that the outside of the building will go through some change, but the inside will only have some cosmetic changes.

Chairman Joseph Shea said that parking had been expanded with the new municipal parking area across the street from the restaurant.

Abutters said they hoped that there would not be any Karaoke or entertainment in the future and also said they were opposed to Keno being available.

Board members said that when the Pepdjonovics were having a special event, they had to come before the board for a temporary entertainment license. They said the same will hold true for the new owner.

Recupero said he hoped to open the restaurant by the first week in December.

Liquor Establishments Warned Of 'Sting'

Det. Lt. Peter Turowski, the city's liquor inspector and license board agent advised city bars and liquor stores to "be on their toes" for the possible "sting" operation through the up and coming months.

He said random compliance checks will be conducted for the License Board.

Unannounced visits will be made to check that liquor is not being sold to minors.

Several similar inspections have already been made this year and will be ongoing Turowski said.

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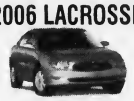
2006 LACROSSE

Was $23,345
SAVE $7500
NOW $15,845
#610202

2006 LUCERNE

Was $29,835
SAVE $5395
NOW $23,900
#606110

2006 RAINER

Was $33,040
SAVE $9140
NOW $23,900
#609177

'03 BUICK CENTURY #608149 Was $11,995 NOW $10,700
'04 BUICK CENTURY #610190 Was $12,995 NOW $11,400
'03 BUICK REGAL #605086 Was $14,995 NOW $13,600
'04 SATURN ION #605085 Was $13,995 NOW $12,600
'05 CHEVY MALIBU #601006 Was $13,900 NOW $11,700

'03 BUICK PARK AVE #508191 Was $14,900 NOW $13,990
'05 BUICK LESABRE #601005 Was $19,900 NOW $16,980
'03 BUICK LESABRE #606125 Was $13,995 NOW $11,700
'02 BUICK PARK AVE #610198 WAS $13,995 NOW $12,800
'03 CADILLAC CTS #605088 Was $24,995 NOW $22,740

'04 BUICK RENDEZVOUS #610206 Was $14,995 NOW $13,700
'03 OLDS SILHOUETTE #507152 Was $17,890 NOW $15,700
'05 BUICK TERRAZA #507154 Was $23,990 NOW $21,700
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STATE TREASURER Tim Cahill joined other elected officals, business leaders and union members at the Fore River shipyard in support of Deval Patrick, Democrat canidate for governor and running mate Tim Murray. The shipyard will undergo redevelopment that will bring needed jobs and economic growth to the area, and Patrick will do the same for the state, Cahill said.

Quincy Sun photo/Noreen O'Shea

Atherton Hough School Roof To Be Repaired

The city will undertake a comprehensive repair of the roof at the Atherton Hough Elementary School in Hough's Neck as part of the Mayor's Capital Improvement Program.

The City Council Finance Committee initially gave a favorable recommendation to a $3 million bond authorization that will allow for improvements to schools buildings, firehouses, and the DPW facility on Sea Street.

"I am excited that we can address the needs of our aging neighborhood schools," said Phelan. "The children of Hough's Neck rely on this school building for learning and a number of community uses. We strive to provide a better learning environment and a school that the Hough's Neck neighborhood can be proud of."

The City Council is expected to take up the bond authorization at its Nov. 13 meeting. The bid process would begin shortly after the funding authorization and work should begin in early 2007.

Phelan presented his 5-year Capital Improvement Program to the City Council in June. It represents a comprehensive analysis of the city's needs for building and vehicle repairs and replacement.

The long-term plan, Phelan said, is the first capital plan in city history and emulates successful plans implemented in Newton and Brookline. The city also followed guidelines established by the state for establishing capital improvement plans.

"We are investing in our streets and sidewalks, and in our municipal buildings and vehicles," Phelan said. "These are some of the most important services that municipal governments provide to residents and we will continue to listen to the input from the public's "Neighborhoods First!" surveys and meetings."

Wollaston Beach Walk Saturday

The Park Department's Environmental Treasures Program will offer a free walk along Wollaston Beach Saturday, Nov. 4 at 3 p.m.

Dr. Phil McLaren, professor of marine biology at Eastern Nazarene College, will identify marine life.

Council President Doug Gutro will discuss beach improvements.

Participants should meet in front of the Wollaston Yacht Club.

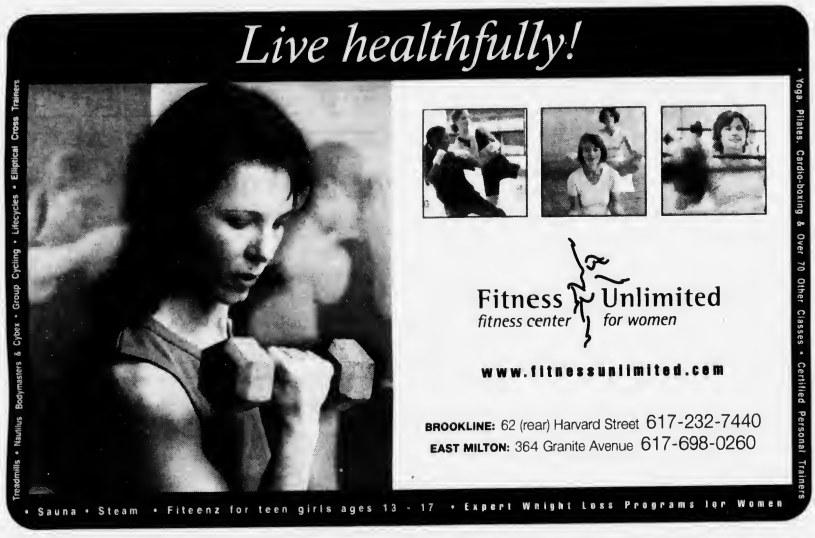
For more information, call 617-472-0799.

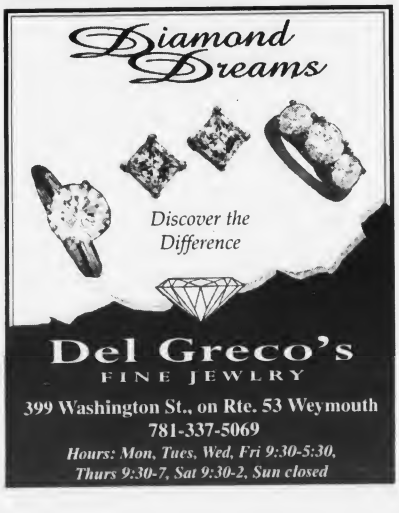
Senior Scrabble Every Monday

Elderly devotees of the game "Scrabble" meet every Monday from 12 to 3:30 p.m. at the Dawes House on Quincy Shore Drive at the corner of Channing Street.

Beginners are welcome.

For more information, call 617-376-1506.





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'Tanline' Accepts Terms From City For Landtaking

By MIKAELA SLANEY

The owner of "Tanline," which, at 148 Parkingway is located at the center of the Concourse Project, accepted the value given by the city, to take his property by eminent domain, said Dennis Harrington, planning director.

Harrington told the City Council Downtown Committee Monday night that the owner accepted the proposal from the city without negotiation, because he had been considering moving his business anyway.

"He has been wanting to relocate for some time," said Harrington, "we're confident that a proper amount has been offered."

"Tanline" is to be demolished making way for the concourse which is designed to connect Burgin Parkway with McGrath Highway across Hancock Street.

Nine parcels of commercially zoned land valued at $7,986,200 are to be affected by concourse plans, and Mayor William Phelan appropriated $10 million for the landtaking.

The remaining 8 parcels include:

150 Parkingway, Superfitness.

1586 Hancock St., Modern Formal Shop.

1601 Hancock St., a vacant lot.

1563 and 1597 Hancock St., movies and registry.

1570 through 1576 Hancock St., Granite City Tattoo.

1596 through 1602 Hancock St., City Financial.

11 Revere Rd., the Holy Ground Retail.

14 Revere Rd., The Eugene Thomas Salon and Endless Sun Colusion Salon.

Harrington said that so far landowners have been accommodating in the landtaking.

"There's certainly no animosity in the relocation procedure," he said.

Ward 4 Councillor Jay Davis urged Harrington to ensure immediate demolition of buildings after the acquisition of that property.

"The quicker the building comes down, the quicker it looks like we're making progress," he said.

With Harrington's assurance, the Downtown Committee of the City Council accepted the terms unanimously.

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Major Repairs For Fore River Clubhouse

The city is planning major renovations to the Fore River Clubhouse in Quincy Point.

The renovations were included in the Mayor's Capital Improvement Program endorsed by the City Council at Monday night's Finance Committee meeting.

"The repair of the Fore River Clubhouse was a primary promise of our 'Neighborhoods First' program," said Mayor William Phelan. "This facility has been a valuable neighborhood asset to the people of Quincy Point for close to 100 years. I am proud that we are ensuring that this neighborhood has a community center for years to come."

The city will replace the aging heating system that has failed repeatedly in recent years. in addition, repairs to the floor through the hall will be made, he said.

"The community relies on this facility," said Phelan. "We have many valuable programs for our seniors at this location. The neighborhood told us they wanted to repair the building and we have listened. That's what I promised, and that's what I will deliver."

Repairs will begin in late 2006 and should be completed in early 2007, he said.

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LT. GOVERNOR **Tim Murray**

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Sample Composite Ballot For Nov. 7 Election

SENATOR IN CONGRESS
Vote for ONE

EDWARD M. KENNEDY ..... Democratic
50 Marchant Ave., Barnstable — Candidate for Re-election

KENNETH G. CHASE ..... Republican
67 Pine St., Belmont

DO NOT VOTE IN THIS SPACE.
USE BLANK LINE BELOW FOR WRITE-IN.

WRITE-IN SPACE ONLY

GOVERNOR AND LIEUTENANT GOVERNOR
Vote for ONE

HEALEY and HILLMAN ..... Republican

PATRICK and MURRAY ..... Democratic

MIHOS and SULLIVAN ..... Independent

ROSS and ROBINSON ..... Green-Rainbow

DO NOT VOTE IN THIS SPACE.
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WRITE-IN SPACE ONLY

ATTORNEY GENERAL
Vote for ONE

MARTHA COAKLEY ..... Democratic
46 Coolidge Rd., Medford

LARRY FRISOLI ..... Republican
67 Bright Rd., Belmont

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WRITE-IN SPACE ONLY

SECRETARY OF STATE
Vote for ONE

WILLIAM FRANCIS GALVIN ..... Democratic
46 Lake St., Boston — Candidate for Re-election

JILL E. STEIN ..... Green-Rainbow
17 Trotting Horse Dr., Lexington

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WRITE-IN SPACE ONLY

TREASURER
Vote for ONE

TIMOTHY P. CAHILL ..... Democratic
51 Greenwold Rd., Quincy — Candidate for Re-election

JAMES O'KEEFE ..... Green-Rainbow
25 Moore St., Somerville

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AUDITOR
Vote for ONE

A. JOSEPH DeNUCCI ..... Democratic
119 Warwick Rd., Newton — Candidate for Re-election

RAND WILSON ..... Working Families
30 Hall Ave., Somerville

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WRITE-IN SPACE ONLY

REPRESENTATIVE IN CONGRESS
TENTH DISTRICT — Vote for ONE

WILLIAM D. DELAHUNT ..... Democratic
9 Ketch Ln., Quincy — Candidate for Re-election

JEFFREY K. BEATTY ..... Republican
23 John Joseph Rd., Harwich

PETER A. WHITE ..... Independent
20 Mayflower Rd., Yarmouth

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COUNCILLOR
FOURTH DISTRICT — Vote for ONE

CHRISTOPHER A. IANNELLA, JR. ..... Democratic
263 Pond St., Boston — Candidate for Re-election

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WRITE-IN SPACE ONLY

SENATOR IN GENERAL COURT
NORFOLK & PLYMOUTH DISTRICT — Vote for ONE

MICHAEL W. MORRISSEY ..... Democratic
111 Lansdowne St., Quincy — Candidate for Re-election

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WRITE-IN SPACE ONLY

REPRESENTATIVE IN GENERAL COURT
FIRST NORFOLK DISTRICT — Vote for ONE

BRUCE J. AYERS ..... Democratic
45 Williams St., Quincy — Candidate for Re-election

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WRITE-IN SPACE ONLY

REPRESENTATIVE IN GENERAL COURT
SECOND NORFOLK DISTRICT — Vote for ONE

ARTHUR STEPHEN TOBIN ..... Democratic
32 Miles Dr., Quincy — Candidate for Re-election

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WRITE-IN SPACE ONLY

REPRESENTATIVE IN GENERAL COURT
THIRD NORFOLK DISTRICT — Vote for ONE

RONALD MARIANO ..... Democratic
200 Falls Blvd., Quincy — Candidate for Re-election

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WRITE-IN SPACE ONLY

DISTRICT ATTORNEY
NORFOLK DISTRICT — Vote for ONE

WILLIAM R. KEATING ..... Democratic
111 Bay Rd., Sharon — Candidate for Re-election

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WRITE-IN SPACE ONLY

CLERK OF COURTS
NORFOLK COUNTY — Vote for ONE

WALTER F. TIMILTY, JR. ..... Democratic
90 Nancy Rd., Milton — Candidate for Re-election

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WRITE-IN SPACE ONLY

REGISTER OF DEEDS
NORFOLK DISTRICT — Vote for ONE

WILLIAM P. O'DONNELL ..... Democratic
55 Albemarle Rd., Norwood — Candidate for Re-election

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WRITE-IN SPACE ONLY

COUNTY COMMISSIONER
NORFOLK COUNTY — Vote for ONE

PETER H. COLLINS ..... Democratic
5 Harbor View Park, Milton — Candidate for Re-election

THOMAS E. GORMAN ..... Republican
92 Pine Hill Rd., Dedham

DO NOT VOTE IN THIS SPACE.
USE BLANK LINE BELOW FOR WRITE-IN.

WRITE-IN SPACE ONLY

QUESTION 1
LAW PROPOSED BY INITIATIVE PETITION

Do you approve of a law summarized below, on which no vote was taken by the Senate or the House of Representatives before May 3, 2006?

SUMMARY

This proposed law would allow local licensing authorities to issue licenses for food stores to sell wine. The proposed law defines a "food store" as a retail vendor, such as a grocery store, supermarket, shop, club, outlet, or warehouse-type seller, that sells food to consumers to be eaten elsewhere (which must include meat, poultry, dairy products, eggs, fresh fruit and produce, and other specified items), and that may sell other items usually found in grocery stores. Holders of licenses to sell wine at food stores could sell wine either on its own or together with any other items they sell.

The licensing authorities in any city or town of up to 5000 residents could issue up to 5 licenses for food stores to sell wine. In cities or towns of over 5000 residents, one additional license could be issued for each additional 5000 residents (or fraction of 5000). No person or business could hold more than 10% of the total number of the licenses that could be issued under the proposed law. Such licenses would not be counted when applying the laws that limit the number of other kinds of alcoholic beverage licenses that may be issued or held. Any applicant for a license would have to be approved by the state Alcoholic Beverages Control Commission, and any individual applicant would have to be at least 21 years old and not have been convicted of a felony.

In issuing any licenses for food stores to sell wine, local licensing authorities would have to use the same procedures that apply to other licenses for the retail sale of alcoholic beverages. Except where the proposed law has different terms, the same laws that apply to issuance, renewal, suspension and termination of licenses for retail sales of alcoholic beverages which are not to be consumed on the seller's premises, and that apply to the operations of holders of such licenses, would govern licenses to sell wine at food stores, and the operation of holders of such licenses. Local authorities could set fees for issuing and renewing such licenses.

A YES VOTE would create a new category of licenses for food stores to sell wine, and it would allow local licensing authorities to issue such licenses. — YES

A NO VOTE would make no change in the laws concerning the sale of wine. — NO

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Dr. Gupta believes that the continuity of care is the most vital aspect of health care, and prides her practice on caring for the "whole" patients, taking physical, social and emotional factors into account when developing a care plan.

45-50 Percent Turnout Seen Here Tuesday

(Cont'd From Page 1)

fourth respectively according to the polls.

The question: How accurate are the polls and can Healey come on to overtake Patrick?

Worcester Mayor Tim Murray is Patrick's running mate. Reed Hillman, former state representative from Sturbridge is on the ticket with Healey. John J. Sullivan, Winchester town moderator is running with Mihos. Martina Robinson, a Belchertown resident and disability rights activist, is teamed with Ross.

Millions of dollars have been spent by the candidates—especially Healey and Patrick—in a blitz of television ads including negative ones that have turned some voters off.

Quincy is a Democratic city, but four years ago Democrat Shannon O'Brien won here by only one vote over Republican winner Mitt Romney.

The city had 52,977 registered voters then with 58 percent turning out for that election.

Two Quincy Democrats are facing opposition.

Congressman William D. Delahunt has two challengers for his 10th Congressional seat: Republican State Rep. Jeffrey E. Beatty of Hyannis and Peter A. White, Yarmouth Hotel manager running as an independent.

State Treasurer Timothy P. Cahill is opposed by James O'Keefe, Somerville Green-Rainbow Party candidate.

Shea says this year's turnout would be higher if there were local state and county contests on the ballot.

But State Senator Michael W. Morrissey, State Rep. Bruce J. Ayers, Rep. A. Stephen Tobin and Rep. Ronald Mariano are unopposed.

So are Norfolk County Dist. Atty. William R. Keating, Clerk of Courts Walter F. Timilty, Jr. and Register Of Deeds William P. O'Donnell.

Only county contest is for commissioner with incumbent Peter H. Collins challenged by Thomas E. Gorman, Dedham Republican.

But there are four questions on the ballot which Shea says are drawing increasing interest and could boost the turnout.

They are:

Question 1: Do you sup-

(Cont'd On Page 16)

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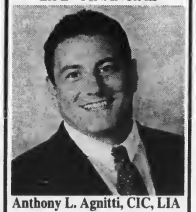
LIFE • FINANCIAL



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CITY OF QUINCY
STATE ELECTION

City Clerk's Office — August 1, 2006

Notice is hereby given to the voters of the City of Quincy, members of the DEMOCRATIC and REPUBLICAN PARTIES, to assemble at the voting places in their respective Wards and Precincts, as designated on

TUESDAY, NOVEMBER 7, 2006

then and there to give their votes for candidates as follows:

Senator in Congress

Representative in Congress - 10th Congressional District; Governor; Lt. Governor; Secretary of the Commonwealth; Attorney General; Treasurer; Auditor; Governor's Council; Senator-Norfolk & Plymouth Senatorial District; Representative in General Court from 1st Norfolk District; Representative in General Court from 2nd Norfolk District; Representative in General Court from 3rd Norfolk District; Norfolk County Commissioner (1 seat); District Attorney-Norfolk County; Clerk of Court-Norfolk County Registrar of Deeds-Norfolk County.

Question 1 - Do you support the sale of Wine in Food Stores?	**Yes or No**
Question 2 - Do you support nomination of Candidates for Public Office?	**Yes or No**
Question 3 - Do you support Family Child Care Providers?	**Yes or No**
Question 4 - Shall the City of Quincy accept sections 3 to 7 inclusive, of Chapter 44B of the General Laws, also known as the Community Preservation Act?	**Yes or No**

The polls are to be opened at seven o'clock in the morning and closed at eight o'clock in the evening. Polling places have been designated as follows:

WARD 1, PRECINCT 1 — MERRYMOUNT SCHOOL, 4 AGAWAM ROAD
WARD 1, PRECINCT 2 — SNUG HARBOR SCHOOL, 330 PALMER STREET
WARD 1, PRECINCT 3 — THOMAS CRANE LIBRARY MEETING ROOM, 40 WASHINGTON STREET
WARD 1, PRECINCT 4 — ADAMS SHORE LIBRARY, SEA STREET
WARD 1, PRECINCT 5 — SAINT THOMAS AQUINAS HALL, DARROW STREET
WARD 2, PRECINCT 1 — FORE RIVER CLUB HOUSE, 16 NEVADA ROAD
WARD 2, PRECINCT 2 — SENIOR CITIZENS HOUSING, 1000 SOUTHERN ARTERY
WARD 2, PRECINCT 3 — MARTENSEN STREET HOUSING, 95 MARTENSEN STREET
WARD 2, PRECINCT 4 — SAINT JOHN'S CHURCH, 44 SCHOOL STREET
WARD 2, PRECINCT 5 — SAINT JOHN'S CHURCH, 44 SCHOOL STREET
WARD 3, PRECINCT 1 — COVENANT CONGREGATIONAL CHURCH, 315 WHITWELL STREET
WARD 3, PRECINCT 2 — FIRST BAPTIST CHURCH, 81 PROSPECT AVENUE
WARD 3, PRECINCT 3 — MONTCLAIR SCHOOL, 8 BELMONT STREET
WARD 3, PRECINCT 4 — WOLLASTON SCHOOL, 205 BEALE STREET
WARD 3, PRECINCT 5 — WOLLASTON SCHOOL, 205 BEALE STREET
WARD 4, PRECINCT 1 — LINCOLN-HANCOCK COMMUNITY SCHOOL, WATER STREET
WARD 4, PRECINCT 2 — QUINCY LODGE OF ELKS, 254 QUARRY STREET
WARD 4, PRECINCT 3 — QUINCY LODGE OF ELKS, 254 QUARRY STREET
WARD 4, PRECINCT 4 — LINCOLN-HANCOCK COMMUNITY SCHOOL, WATER STREET
WARD 4, PRECINCT 5 — MORRISETTE POST, 81 LIBERTY STREET
WARD 5, PRECINCT 1 — CHARLES BERNAZZANI SCHOOL, 701 FURNACE BROOK PARKWAY
WARD 5, PRECINCT 2 — QUINCY COMMUNITY UNITED METHODIST CHURCH, 40 BEALE STREET
WARD 5, PRECINCT 3 — QUINCY COMMUNITY UNITED METHODIST CHURCH, 40 BEALE STREET
WARD 5, PRECINCT 4 — BEECHWOOD KNOLL SCHOOL, 225 FENNO STREET
WARD 5, PRECINCT 5 — BEECHWOOD KNOLL SCHOOL, 225 FENNO STREET
WARD 6, PRECINCT 1 — NORTH QUINCY HIGH SCHOOL, 318 HANCOCK STREET
WARD 6, PRECINCT 2 — SACRED HEART SCHOOL, GLOVER AVENUE
WARD 6, PRECINCT 3 — BEECHWOOD COMMUNITY LIFE CENTER GYM, 440 EAST SQUANTUM STREET
WARD 6, PRECINCT 4 — ATLANTIC MIDDLE SCHOOL, 86 HOLLIS AVENUE
WARD 6, PRECINCT 5 — SQUANTUM SCHOOL, 50 HUCKINS AVENUE

POLLS OPEN AT 7 A.M. **POLLS CLOSE AT 8 P.M.**

Attest:- JOSEPH P. SHEA
City Clerk

45-50 Percent Turnout Seen Here Tuesday

(Cont'd From Page 15)

port the sale of wine in food stores?

Question:2 Do you support nomination of candidates for public office?

Question 3: Do you support Family Child Care providers? This would allow unions to organize employees in day-care centers operated in homes.

Question 4: Shall the City of Quincy accept the Community Preservation Act?

Other contests on the ballot:

Middlesex County Dist. Atty. Martha Coakley, Democrat, Larry Frisoli, Belmont Republican are contenders for the attorney general's office that Thomas Reilly left in his unsuccessful bid for governor.

Secretary of State William F. Galvin, Democrat is opposed by Jill E. Stein, Green-Rainbow Party candidate from Lexington.

Auditor J. Joseph DeNucci is opposed by Rand Wilson of Somerville, Working Families Party candidate.

Fourth District Councillor Christopher A. Iannella, Jr., a Democrat, has no opponent.

Quincy's 30 voting precincts will be open from 7 a.m.to 8 p.m. next Tuesday.

Shea notes that Quincy is not among the 139 communities that have a question on their ballots calling for an immediate ending to the Iraq war and bringing home all American troops.

He also reminds voters that this year's ballot is two-sided with the names of the candidates and Question 1 on the front and Questions 2, 3 and 4 on the back.

With the city's approximate 5,000 Asians as registered voters, Shea again this election has printed posters in Chinese and Vietnamese identifying the locations of the city's 30 polling places and other voter information.

The posters are being placed at the voting precincts, in public buildings and in the windows of businesses with high visibility.

And there will be 11 translators at the six heaviest Asian populated precinct in North Quincy and Wollaston.

Those precincts are:

Ward 3, Precincts 4 and 5, Wollaston School, 205 Beale St.

Ward 5: Precincts 4 and 5, Beechwood Knoll School, 225 Fenno St.

Ward 6: Precinct 1, North Quincy High School, 318 Hancock St. and Precinct 2, Sacred Heart School, Hancock St. and Glover Ave.

CITY OF QUINCY
STATE ELECTION
昆士市政府 - 麻州初選通告

市府書記辦公室 8-1-2006

昆士市政府謹此通知市內選民，各民主黨及共和黨黨員，於

TUESDAY, NOVEMBER 7, 2006

在各個指定選區及分區投票站集合，爲下列職銜提名候選人作出投票：

(職銜名稱以英文原文爲準)

國會參議員

國會眾議員-國會分區第十區、州長、副州長、州務卿、總檢察官、財政廳廳長、核數廳廳長、州長議會、麻州參議員-諾弗克及普利矛斯參議轄區、總法院參議員-來自諾弗克第一區、總法院參議員-自諾弗克第二區、總法院參議員-自諾弗克第三區、諾弗克郡郡長(一席)、諾弗克郡地區檢察官、諾弗克郡書記

(Senator in Congress
Representative in Congress – 10th Congressional District; Governor; Lt. Governor; Secretary of the Commonwealth; Attorney General; Treasurer; Auditor; Governor's Council; Senator-Norfolk & Plymouth Senatorial District; Representative in General Court from 1st Norfolk District; Representative in General Court from 2nd Norfolk District; Representative in General Court from 3rd Norfolk District; Norfolk County Commissioner (1 seat); District Attorney-Norfolk County; Clerk of Court-Norfolk County)

投票站將從早上七點開門，直到傍晚八點關門。投票站地點已指定如下：

第一選區, 分五區	WARD 1, PRECINCT 1 – MERRYMOUNT 學校, 4 AGAWAM ROAD
	WARD 1, PRECINCT 2 – SNUG HARBOR 學校, 330 PALMER STREET
	WARD 1, PRECINCT 3 – THOMAS CRANE 圖書館 MEETING ROOM, 40 WASHINGTON STREET
	WARD 1, PRECINCT 4 – ADAMS SHORE 圖書館, SEA STREET
	WARD 1, PRECINCT 5 – SAINT THOMAS AQUINAS HALL, DARROW STREET
第二選區, 分五區	WARD 2, PRECINCT 1 – FORE RIVER CLUB HOUSE, 16 NEVADA ROAD
	WARD 2, PRECINCT 2 – SENIOR CITIZENS HOUSING, 1000 SOUTHERN ARTERY
	WARD 2, PRECINCT 3 – MARTENSEN STREET HOUSING, 95 MARTENSEN STREET
	WARD 2, PRECINCT 4 – SAINT JOHN'S 教堂, 44 SCHOOL STREET
	WARD 2, PRECINCT 5 – SAINT JOHN'S 教堂, 44 SCHOOL STREET
第三選區, 分五區	WARD 3, PRECINCT 1 – COVENANT CONGREGATIONAL 教堂, 315 WHITWELL STREET
	WARD 3, PRECINCT 2 – FIRST BAPTIST 教堂, 81 PROSPECT AVENUE
	WARD 3, PRECINCT 3 – MONTCLAIR 學校, 8 BELMONT STREET
	WARD 3, PRECINCT 4 – WOLLASTON 學校, 205 BEALE STREET
	WARD 3, PRECINCT 5 – WOLLASTON 學校, 205 BEALE STREET
第四選區, 分五區	WARD 4, PRECINCT 1 – LINCOLN-HANCOCK COMMUNITY 學校, WATER STREET
	WARD 4, PRECINCT 2 – QUINCY LODGE OF ELKS, 254 QUARRY STREET
	WARD 4, PRECINCT 3 – QUINCY LODGE OF ELKS, 254 QUARRY STREET
	WARD 4, PRECINCT 4 – LINCOLN-HANCOCK COMMUNITY 學校, WATER STREET
	WARD 4, PRECINCT 5 – MORRISETTE POST, 81 LIBERTY STREET
第五選區, 分五區	WARD 5, PRECINCT 1 – CHARLES BERNAZZANI 學校, 701 FURNACE BROOK PARKWAY
	WARD 5, PRECINCT 2 – QUINCY COMMUNITY UNITED METHODIST 教堂, 40 BEALE STREET
	WARD 5, PRECINCT 3 – QUINCY COMMUNITY UNITED METHODIST 教堂, 40 BEALE STREET
	WARD 5, PRECINCT 4 – BEECHWOOD KNOLL 學校, 225 FENNO STREET
	WARD 5, PRECINCT 5 – BEECHWOOD KNOLL 學校, 225 FENNO STREET
第六選區, 分五區	WARD 6, PRECINCT 1 – NORTH QUINCY 高中, 318 HANCOCK STREET
	WARD 6, PRECINCT 2 – SACRED HEART 學校, GLOVER AVENUE
	WARD 6, PRECINCT 3 – BEECHWOOD COMMUNITY LIFE CENTER GYM, 440 EAST SQUANTUM ST.
	WARD 6, PRECINCT 4 – ATLANTIC 初中, 86 HOLLIS AVENUE
	WARD 6, PRECINCT 5 – SQUANTUM 學校, 50 HUCKINS AVENUE

投票站將從早上七點開門 直到傍晚八點關門

Attest:- JOSEPH P. SHEA
City Clerk

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and
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AT 1PM
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OPEN TO THE PUBLIC
21 YEARS AND OLDER
• 7 TRAYS OF ASSORTED MEATS
• 7 SECOND PRIZES
• 7 DOOR PRIZES
• 2 MONEY TRAYS
• 1 COMEBACK PRIZE
FREE REFRESHMENTS

Vote Machines For Disabled Available For Quincy Election

Voting machines that are accessible to voters with disabilities will be available in 28 Massachusetts communities, including Quincy, when the polls open on Election Day, Tuesday, Nov. 7.

This equipment will not replace existing voting equipment used by the cities and towns but will supplement it. Each voting system will provide a voter verifiable paper trail.

"This is a major step toward ensuring that voters with disabilities can, for the first time, cast their ballots without the assistance of another person," said State Secretary William Galvin.

"We are continuing to field test three machines to make sure what Massachusetts adopts to meet the Help America Vote Act requirement is the most accessible, secure and reliable machine available."

Galvin said the further field testing is necessary given the importance of procuring the most appropriate voting system accessible for voters with disabilities and the amount of money to be expended.

The three types of voting machines that will be used are the AccuVote Tsx with a voter verifiable paper audit trail, and the AutoMARK voter assist terminal , and e-Slate with voter verifiable paper trail.

The AutoMARK machine will be used at each of the polling places in Quincy.

In addition, Galvin has hired a voting systems expert, Dr. Michael Shamos of Carnegie Mellon University to examine the security aspects of the equipment being used.

He concluded that all three systems are sufficiently secure for use.

City Now Has 54,503 Registered Voters

The city's registered voters now total 54,503—up 700 since the September primary election.

The breakdown:

Democrats: 25,045.

Unenrolled (independent): 22,867.

Republicans: 6,175.

Libertarians: 244.

Other designations: 172.

COA In Need Of Bath Seats

The Council on Aging is in urgent need for bath seats for senior citizens.

If you have one to donate, call the COA at 617-376-1245.

Thành Phố Quincy
STATE ELECTION

Chánh Văn Phòng Thành Phố **Ngày 1 tháng 8 năm 2006**

Thông báo này được gởi đến cử tri thanh phố Quincy, những thành viên ủng hộ đảng DÂN CHỦ và đảng CỘNG HÒA, để có mặt tại những địa điểm bỏ phiếu tại các khu vực và phòng phiếu đã được ấn định vào ngày

TUESDAY, NOVEMBER 7, 2006

rồi từ đó để cung cấp cho họ về sự bổ nhiệm những ứng viên sau đây:

Thượng nghị sĩ trong Quốc Hội

Dân Biểu trong Quốc Hội – Đại Biểu Quốc Hội quận hạt 10; Thống Đốc; Phó Thống Đốc; Bộ Trưởng cho Commonwealth; Bộ Trưởng Tư Pháp; Tài Chánh, Kiểm Toán; Hội Đồng Thành Phố; Nghị sĩ Quận hạt Norfolk & Plymouth; Dân Biểu Đặc Trách Ủy ban Tư Pháp Quận hạt 1st Norfolk Dân Biểu Đặc Trách Ủy ban Tư Pháp Quận hạt 2nd Norfolk; Dân Biểu Đặc Trách Ủy ban Tư Pháp Quận hạt 3rd Norfolk; Ủy Viên Hội Đồng Hạt Norfolk (1 ghế); Chánh Án Hạt Norforlk; Chánh Văn Phòng Hạt Norforlk.

Các địa điểm bỏ phiếu sẽ được mở cửa lúc 7 giờ sáng và đóng cửa vào lúc 8 giờ tối. Các địa điểm bỏ phiếu được bố trí như sau:

WARD 1, PRECINCT 1 – MERRYMOUNT SCHOOL, 4 AGAWAM ROAD
WARD 1, PRECINCT 2 – SNUG HARBOR SCHOOL, 330 PALMER STREET
WARD 1, PRECINCT 3 – THOMAS CRANE LIBRARY MEETING ROOM, 40 WASHINGTON STREET
WARD 1, PRECINCT 4 – ADAMS SHORE LIBRARY, SEA STREET
WARD 1, PRECINCT 5 – SAINT THOMAS AQUINAS HALL, DARROW STREET
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WARD 2, PRECINCT 3 – MARTENSEN STREET HOUSING, 95 MARTENSEN STREET
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WARD 4, PRECINCT 4 – LINCOLN-HANCOCK COMMUNITY SCHOOL, WATER STREET
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WARD 6, PRECINCT 2 – SACRED HEART SCHOOL, GLOVER AVENUE
WARD 6, PRECINCT 3 – BEECHWOOD COMMUNITY LIFE CENTER GYM, 440 EAST SQUANTUM ST.
WARD 6, PRECINCT 4 – ATLANTIC MIDDLE SCHOOL, 86 HOLLIS AVENUE
WARD 6, PRECINCT 5 – SQUANTUM SCHOOL, 50 HUCKINS AVENUE

CÁC ĐỊA ĐIỂM BỎ PHIẾU MỞ CỬA LÚC 7 GIỜ SÁNG. ĐÓNG CỬA LÚC 8 GIỜ TỐI

Chứng thực :- JOSEPH P. SHEA
Thư ký Thành Phố

ELEMENTARY LUNCH MENU

Monday, Nov. 6
Pepperoni pizzatas, fresh fruit, fruit juice.

Tuesday, Nov. 7
Early release day - no lunch served.

Wednesday, Nov. 8
Grilled hot dog on a bun, baked beans, fresh fruit or juice.

Thursday, Nov. 9
Pumpkin pretzel, sunflower seeds, 4 oz. fruit yogurt cup, fruit juice.

Friday, Nov. 10
Veterans Day observed - No School.

SECONDARY LUNCH MENU

Monday, Nov. 6
French bread pizza, tossed salad, fruit juice.

Tuesday, Nov. 7
Beef teriyaki strips with oriental vegetables, steamed rice, pineapple tidbits, dinner roll.

Wednesday, Nov. 8
Grilled chicken patty on a bun, oven fry potatoes, fresh fruit or juice.

Thursday, Nov. 9
Meatball submarine sandwich with tomato sauce, hot vegetable, fruit cup or juice.

Friday, Nov. 10
Veterans Day observed - No School.

YOUNG ARTIST Joey Murphy focused his paintings on sunflowers.

FREE STYLING Rayne O'Gara-Pratt took a moment to smile while decorating the fence at Beechwood On The Bay.

At Harvest Festival

SIDEWALK SAM congratulates Haley Vradenberg (left) and Calie Baker of Quincy as they finish their colorful sidewalk square at the Quincy Center Harvest Festival.
Maralin Manning photo

Beechwood Preschoolers 'Color Their World'

Preschoolers at Beechwood On The Bay recently participated in "Coloring Our World" creating an art mural on the 1950's stockade fence that separates the school from the Squantum Navy Base Housing.

Sharron Beals, the center's director, told the story of the fence:

"The 53-year-old fence is destined for replacement by our Suffolk construction neighbors. Until then, the fence was old and drab. It was the what the children saw each day when active on their playgrounds.

The fence "beautification" began when high school volunteers (Rotary Interact Service Clubs from NQHS and QHS) volunteered one Saturday to paint and spruce up the center's play ground.

"We had so many wonderful volunteers we ran out of work assignments," said Beals. "The young people then suggested we paint the fence and later got creative adding trees, birds and flowers to a portion of the fence."

In the weeks that followed, Beechwood preschoolers, aged three through five-years-old, began to paint their versions of their "colorful world," and constantly discusses the project.

Some of the students' comments:

PRESCHOOLERS from left Michaela O'Gara and Rebecca Simpson paint flowers and marsh grass in their section of the Beechwood fence.

"We are painting flowers, trees, bugs and birds," said Andy Ryan. "All the stuff we see every day."

"Pretty soon the pretty leaves will fall off," said Everett Ortiz. "But this pretty fence will be here even when the snow comes," continued Matthew McCratic.

"It is hard work, but we can do it!" said Marchello Chaisson.

KIMBERLY BRADLEY, 7, Sacred Heart School student, won over 6 age Quincy Business Award at the Quincy Harvest Festival. *Maralin Manning photo*

Issues And Frustrations Over Fire Dept. Conditions

(Cont'd From Page 3)

emergency situation," he said. He also noted that some radios were so old that are literally being held together with rubber bands.

• He also the "Voc Alarm System" has only been working intermittently, and often the department does not know whether a station has received a dispatch call, or not, which could cause a delay in response time. "That little amount of time could be life or death," he said.

• Arienti said the Fire Department has not had a training division since the beginning of June. "We are looking to not only get our training officer back, but our training department back," he said. "With all the training that we are mandated to have in this post 9/11 world, we are falling far behind."

• He expressed concerns over a statistic citing 86 percent of fire stations in the state "unable to handle any disaster, whether manmade or natural, due to lack of training and a lack of state funding."

Kelly reaffirmed his original stance at the introduction of the study, to oppose the suggestion to close the Germantown and Quincy Point fire stations, and open a new station between the two near the intersection of Sea Street and Palmer Street.

Discussions between the Fire Study Committee and the City Council are to remain ongoing.

Members of the Fire Study Committee are Pettinelli, Arienti, Tom Bowes, Secretary of Firefighter's Union, Murphy, assistant to the mayor, and Ward 3 Councillor Kevin Coughlin.

ABCC Upholds License Suspension At Marina Bay

An appeal to the Alcohol Beverage Control Commission (ABCC) by the Water Club at Marina Bay regarding a 20-day suspension for a violation last December was upheld according to the License Board at Tuesday's meeting.

The board, on a motion by Health Commissioner Drew Scheele voted unanimously to suspend the all alcohol, common victualer license from June 1 through June 10 for 10 days with the other 10 days placed on file for one year.

Chairman Joseph Shea said the owners may appeal to the Superior Court and added that a letter regarding the date of closing be sent to the owners.

Board Turns Down Karaoke License Request

The License Board unanimously denied a request for Tom-Tom Music Box for a common victualer Karaoke license because of its location at 28B Billings Rd.

Chairman Joseph Shea said the 600 square foot area is just "too small and an inadequate" space for that kind of business, and presents "safety problems" with overcrowding issues.. He said he would ask Dean Rizzo, of Quincy, 2000 to help Angel Chan find a new site.

Health Commissioner Drew Scheele said he was "not against the concept" and agreed with Shea about the size. He made the motion to deny the request

Police Chief Robert Crowley, who seconded the motion, said he also had a problem with the location and the overcrowding issue.

Owner Chan appealed to the board explaining that he wanted to start the "business small" to accommodate under 20 persons so he could handle it easily.

QATV Photo Exhibit Nov. 7

Quincy Access Television will hold its second Photography Exhibit Tuesday, Nov. 7, when Quincy Photographer Charles Colby displays his work from 5 to 7 p.m. at 88 Washington St.

QATV will also be busy that night with live election coverage, "How Quincy Votes — 2006," beginning at 8:30 p.m.

There are still openings in the ongoing "Lighting Workshop" class in techniques of television production offered Thursday, Nov. 9, at 6:30 p.m.

Sean's Barbershop
20 Billings Rd., Quincy

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Kids - $8.00
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Adults - $10.00

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Sat 8:30-5

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A COLONY OF egrets wade in the marsh off the Squantum causeway between the Beechwood Community Center and Victory Road. Four are Great Egrets and four Snowy Egrets.
Quincy Sun photo/Robert Noble

BEAUTIFUL FOLIAGE FRAMES the Rice Eventide Home on Adams Street.
Quincy Sun photo/Noreen O'Shea

OLD GLORY - THE flag that really counts - flies majestically over Veterans' Memorial Stadium.
Quincy Sun photo/Robert Noble

THE GARDEN and gazebo and distant view make a scenic picture at the Quincy Lodge of Elks.
Quincy Sun photo/Robert Noble

HISTORIC HANCOCK CEMETERY at Halloween.
Quincy Sun photo/Noreen O'Shea

LOOKING AT THE sunset from Nut Island.
Quincy Sun photo/Noreen O'Shea

A BIT OF FRIENDLY competition at the Quincy Business Association Harvest Festival. From the left: Whitney Sullivan, John Boey, Vince Moscardelli and Patty Sullivan from Central Real Estate and Rose Kelly and Karen Boisson from Jack Conway Real Estate.
Maralin Manning photo

HARVEST FESTIVAL committee chairperson Tina Tuggle, River Bay Club, enlisted her daughters, Ashley and Meghan's help for the day.
Maralin Manning photo

Real Estate

Home Design Ideas And Inspiration

(NAPS) For home decorating, some homeowners look for their inspiration from the pages of top magazines that feature furniture and accessories that demonstrate today's best thinking in home design trends.

One of America's top interior designers, Patricia Crowl, decorated each room of the home with products exclusively available at Wal-Mart.

"We wanted to take the design expertise of each magazine and show consumers how to apply it to their own homes," she said. "The house illustrates how to get the look of luxury at an affordable price."

The show house also offers the latest new trends in home decorating this season:

• How to use everyday items in unusual ways: For example, placing mirrors on a dining room table for ambiance and flair, and using outdoor products such as garden urn and patio cushions as decoration for the living room.

• Using a unified color scheme: The use of a single color palette with accent colors sets the tone for a calm room without being boring. This also makes a seamless transition from one room to the next.

• The technique of layering makes a warm and cozy atmosphere without spending a fortune: This can be achieved with rich and colorful throws, pillows, cushions and accessories.

• Committed to bringing its customers affordable quality and stylish, contemporary casual merchandise, Wal-Mart has the products to help many homeowners achieve luxury style at a reasonable price. By teaming up with the nation's top consumer magazines to showcase how consumers can create new design ideas in their own home, the company has created a show house that is beautiful yet practical, stylish yet affordable.

The magazines that inspired the show house and the rooms featured include:

• Better Homes and Gardens, great room and kitchen.

• Country Home, living room and dining room.

• Traditional Home, outdoor entertaining area, child, girl's and boy's bedrooms, parents, playroom.

• Decorating magazine, a special interest publication from Better Homes and Gardens, master suite.

For those not able to visit the show house in person, the Inspired Home is featured online at www.walmart.com/inspiredhome. Viewers are able to purchase items featured in the house and get complete product information as well as decorating tips and trends provided by leading industry designers.

Jack Conway Co. Celebrates 50th Anniversary

Jack Conway & Co. is celebrating its 50th year in business as the largest independently owned real estate firm in Massachusetts.

Over 500 members of "Conway Country" recently attended a 50th anniversary party at Lombardo's function facility in Randolph.

Chairman Jack Conway received commendations from Rob Authier, executive vice president of the Massachusetts Association of Realtors, Henry DiGiacomo, executive vice president of the Cape Cod Board of Realtors who presented the 2006 Realtor Emeritus Award, and state Sen. Michael Morrissey, who presented a proclamation from the State House declaring Oct. 12 "Jack Conway Day in Massachusetts."

The event also featured the premier of the Jack Conway Lifetime Achievement Award Video. The 28-minute movie documented the history of the Conway Company from its one office beginning on Oct. 12, 1956 in Hingham Square, to 45 offices today from Boston to the South Shore, South Coast, and Cape Cod.

JACK AND PATRICIA Conway celebrate the 50th Anniversary of Jack Conway & Co. Realtors at a recent gala held at Lombardos in Randolph. Over 500 members of the company attended the event.

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617-472-4330
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Century 21 sells a house every minute.
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Michael Flavin of Flavin & Flavin Realty
Proudly Presents
MARSH STREET TOWNHOMES ~ QUINCY CENTER
The price & quality of these new construction townhomes cannot be beat!

FEATURES INCLUDE:
1600+/- square feet
2+ bedrooms and 2.5 baths
Open floor-plans
Granite and stainless kitchens
Hardwood and marble flooring
Gas fireplace
Master suite with ample closet space
Oversized 2-car garage

ASKING: $369,900
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Quincy - Great Opportunity! 41,777 sf. site with 4,528 sf. commercial building. Industrial A zone. 3 parcels of land just outside Crown Colony Office Park! Immediate access to major expressways.

Hull - Charming one bedroom, one bath cottage. Convenient yet secluded location. Walk to beach. Get away from it all! Asking $207,900.

Braintree - 17,000 sf newly renovated building/space available. Less than half mile from Braintree Split. Easy Highway access, high ceilings. Space includes two loading docks. Ideal site for city distribution. $8/SF NNN.

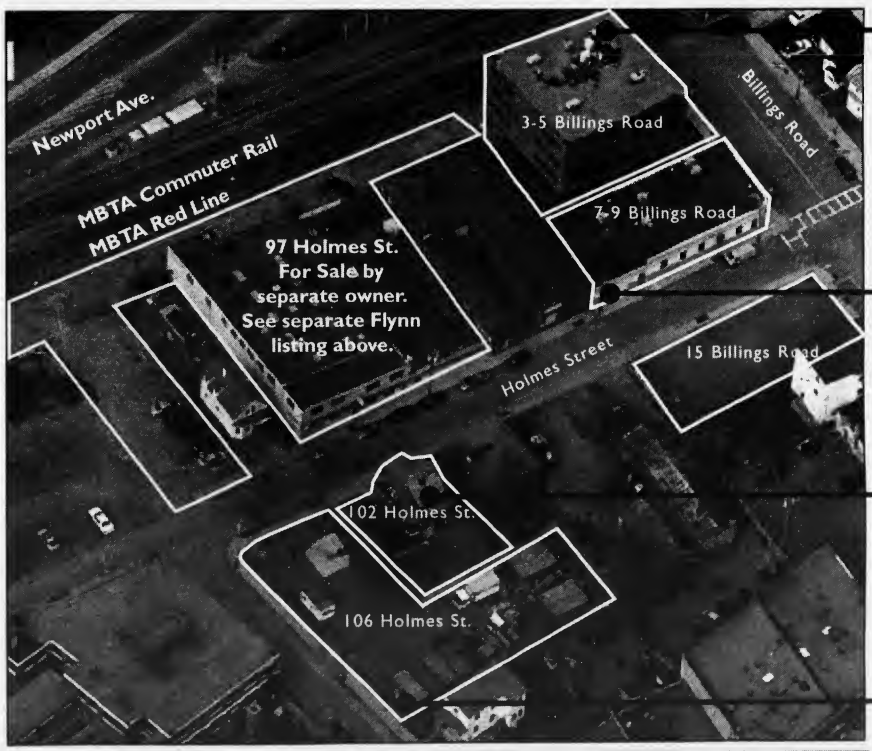
Quincy - 4 Unit Building: Each unit has 1 bedroom, 1 bath per unit. Off street parking will accommodate 10 cars. Ideal condo conversion opportunity! Offered at $499,000.

Dorchester - Dorchester - Up to 10,000 square feet of prime office space in high traffic/visibility location on Gallivan Blvd. Ample pkg. Close MBTA & Expressway access. $12/sf gross.

Rockland - 12,000 sf office/retail. Prime downtown location. Outstanding opportunity. $975,000.

North Quincy - 23,650+/- SF Building on 34,260+/- SF lot. Former gym. See 97 Holmes in map below. $1.2 million.

Quincy - 16,000+/- SF Warehouse facility, 2 adjoined buildings 1/2 mile from Rt. 3. $999,000.



3-5 Billings Road - is a four-story office building featuring 17,048 square feet of interior tenant space on three floors and 23 covered parking spaces on the ground level of the building. Zoning is Business B. $2,600,000. ($152.00 psf).

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Real Estate

By Samantha Mazzotta

'Age' New Shingles to Match Old

Q. After inspecting my roof last month, I found a few of the asphalt shingles were torn, and I plan to replace them. My pet peeve, however, is that new shingles really stand out from the surrounding shingles. Is there any way to color these shingles so they look like the rest? I know it sounds dumb, but the pitch of the roof is such that the shingles can be seen from the top of the street. — *Taylor J., Cincinnati*

A. You can do a bit of "aging" with asphalt shingles to match them with the rest of the roof. Be careful, because the aging method basically removes some of the protective granules that shield the shingles from the elements.

Wearing protective gloves, pour a small amount of mineral spirits into a container. Set the new shingles on a protected surface. Dab an old white rag into the mineral spirits and carefully wipe the surface of the shingles. Be careful to just match the look of the older shingles — use one of the damaged shingles side-by-side as a guide while you work. Once matched, rinse the new shingles thoroughly to remove all trace of mineral spirits and allow them to dry completely before installing.

Homeowners with wooden shingles or shakes also can quickly age replacements to match the current roofing material, and with a safer medium. Dissolve one pound of baking soda in one gallon of water. Brush this solution onto the wooden shingles, and then place them in direct sunlight for half a day. Bring them inside and rinse thoroughly. You'll need to repeat this process until the new shingles look like the older shingles.

Remember that both aging processes will slightly change the replacement shingles, and — especially in the case of asphalt shingles — can shorten the service life of the materials. Wooden shakes and shingles might swell and crack from the water-and-sun method. Also, aging them could void any warranty on replacements. So take these factors into account before beginning the project, and weigh the benefits of a uniform-looking roof with the potential problems.

Send questions or home-repair tips to homeguru2000@hotmail.com, or write This Is a Hammer, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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Good Timing Opens Door To New Homes

(NAPS)- While the adage that real estate is all about location, location, location may still hold true, timing can be just as critical. In today's fast-paced world, technology makes it possible to do things quicker than ever before-and finding the right home is no exception.

Today, the majority of buyers are beginning their home search on the Internet. Browsing listings online provides access to photo galleries, virtual tours, floor plans and detailed lists of amenities that help buyers learn more about home than previously possible. This added knowledge often speeds up the decision-making process. In fact, it's not uncommon for people to buy a home after simply viewing the house online or seeing it once in person.

To avoid missing out on the home of your dreams in a competitive market, it is important to act fast. The faster you can see a property in person, the better chance you have of beating the competition to the punch. Unfortunately, Internet inquiries are often not responded to promptly, if at all.

However, companies such as ERA Real Estate (www.era.com) may help change that. The firm uses cutting-edge technology called DirectAccess Powered by ERA LeadRouter to quickly connect buyers and Realtors. The tool converts inquiries from buyers viewing the company's properties online into voice calls that go directly to a sales associate's cell phone. Instead of waiting days for an online response, a buyer can be contacted within minutes-often while he or she id still at the computer looking at homes. This ensures that buyers can make an appointment to see the properties they are interested in as quickly as possible.

The technology helps home sellers as well, by reducing the chance of losing an interested buyer due to lack of timely follow-up by their sales associate.

Once a sales associate contacts you, timing continues to be important. Make sure you are working with a real estate professional who responds quickly to your questions and needs throughout the buying process. When you are ready to buy, it's important for your sales associate to submit your offer as quickly as possible to get the edge on any other offers. Finally, when you are under contract, your sales associate should keep you informed of the steps you will need to take up through your closing in a timely fashion.

For more helpful tips on buying and selling a home, visit www.era.com.

Heat Up Your Home's Value In A Cooler Housing Market

(NAPS)- If you've ever trying to sell your home in a cooler housing market or simply looking for an affordable, value-enhancing renovation project, adding a fireplace can be a smart bet. Several studies point to the increased value a fireplace brings to a home.

A recent six-year study by the National Association of Realtors and Florida State University suggests each fireplace in a home yields a 12 percent increase in home value. According to the study, only adding an additional full bath or a garage increased the value of a home more. In addition, the National Association of Real Estate Appraisers indicates home-owners without fireplaces can potentially raise the selling prices of their homes by about 6 to 12 percent simply by adding a fireplace.

Because of their warmth-both literal and figurative-fireplaces are one of the features that potential homebuyers inevitably gravitate toward. "When I get a new listing of a home that has a fireplace, it's imperative that I work that fact into all the marketing material about the property," said Brad Palecek, a realtor with Edina Realty in St. Paul, Minn.

The National Association of Home Builders (NAHB) reports that fireplaces rank among the top three features desired by new homebuyers. An NAHB survey also found that 77% of homebuyers want a fireplace in the family room, where they'll spend most of their time. And 50% of homebuyers would like a fireplace in the living room, where they do most of their entertaining.

With the high demand for fireplaces, adding one to your home clearly means a great investment. One of the most attractive, convenient and cost-effective options is a direct vent gas fireplace. Direct vent gas fireplaces can be installed in virtually any room at a fraction of the cost of a masonry fireplace. Homeowners can turn them on or off with the flip of a switch and some manufacturers such as Heat & Glo, Heatilator and QuadraFire actually allow operation with a remote control.

Besides adding value to your home, direct vent gas fireplaces can cut heating bills by reducing dependence on the central furnace. They burn efficiently with up to 70% of the heat they generate remaining in the house. A direct vent gas fireplace also adds intangible value by helping buyers see your home in a better light.

For more information on fireplaces and how to select the right one for your home, visit www.fireplaces.com.

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QUINCY POLICE HOT SPOTS

QUINCY POLICE STATISTICS: Oct. 20 - Oct. 27
Total Calls for Service: **1,250**
Total Arrests: **37**
Total Stolen Cars: **9**

FRIDAY, OCT. 20

LARCENY, 9:54 a.m., Eastern Bank, 731 Hancock St. Money. Money and credit cards taken, from ATM site. Money clip and about $200 cash taken off a counter where victim accidentally left it. No credit cards mentioned in report.

BREAKING AND ENTERING/PAST, 11:09 a.m., 27 Elmwood Park. Dwelling. Entrance gained through rear window. IPod, jewelry, clothes, and a picture frame are known missing.

LARCENY/, 11:38 a.m., Extra Space Storage, 21 Weston Ave. Packages. Two non-narcotic pharmaceutical packages are missing.

VANDALISM/PROPERTY, 1:43 p.m., Miller Studio, 17 Foster St. Graffiti. Tagging says "Unique 2."

LARCENY/ATTEMPT, 5:58 p.m., Citizens Bank, 85 Quincy Ave. Stolen check. #1 under arrest for attempted larceny by check and uttering forged instrument. #2 arrested for forgery, receiving stolen property under, poss. Class A, C, D.

VANDALISM/PROPERTY, 7:09 p.m., Furnace Brook Medical Center, 1261 Furnace Brook Parkway. To motor vehicle. Broke the driver's side window, passenger window damaged.

LARCENY/MOTOR VEHICLE, 10:07 p.m., 1049 Hancock St. Last 30 minutes. 2006 Mercury Milan, color black.

SATURDAY, OCT. 21

LARCENY, 8:02 a.m., Dunkin' Donuts, 388 East Squantum St. Wallet.

LARCENY, 9:39 a.m., Dependable Cleaners, 581 Adams St. Wallet.

VANDALISM/PROPERTY, 10:26 a.m., Gypsy Kitchen, 1241 Hancock St. Feces. Somebody defecated in the entrance.

VANDALISM/PROPERTY, 10:45 a.m., 919 Sea St. Tagging. Fence was tagged for the second time.

VANDALISM/PROPERTY, 11:05 a.m., 72 Sachem St. Motor vehicle. Passenger side mirror was broken off early this morning at approximately 3 a.m.

VANDALISM/PROPERTY, 11:44 a.m., 42 Vane St. Tires slashed.

VANDALISM/PROPERTY, 12 noon, 82 Sachem St. To vehicle. Side mirror smashed.

LARCENY, 1:25 p.m., 44 Carlson St. Cash taken.

LARCENY, 3:31 p.m., 125 Beale St. Of checks.

LARCENY/MOTOR VEHICLE, 8:20 p.m., 145 Willard St. 1997 Lincoln Continental, color white.

BREAKING AND ENTERING/PROGRESS, 9:52 p.m., 100 Willard St. Possible. A vacant house.

SUNDAY, OCT. 22

VANDALISM/PROPERTY, 9:54 a.m., Raymond St. and Washington St. Car keyed on passenger side from bumper to bumper.

VANDALISM/PROPERTY, 11:35 a.m., 134 Faxon Rd. Tires slashed. Five vehicles in the neighborhood have been slashed.

VANDALISM/PROPERTY, 11:42 a.m., 115 Glover Ave. Four tires slashed. Also cars on Faxon Road have tires slashed.

VANDALISM/PROPERTY, 12:46 p.m., 123 Billings St. Four tires slashed.

VANDALISM/PROPERTY, 12:48 p.m., 188 Newbury Ave. To home. Someone threw a rock through both storm and reg window.

MONDAY, OCT. 23

LARCENY/MOTOR VEHICLE, 5:09 a.m., 89 Elliot Ave. 1989 Buick Century, color white, taken overnight.

VANDALISM/PROPERTY, 8:09 a.m., Ethan Allen, 840 Willard St. Tagging. Building was spray painted.

LARCENY, 8:46 a.m., 18 Fensmere Ave. Larceny of Playstation 2 games.

BREAKING AND ENTERING/PAST, 11:20 a.m., Wollaston Yacht Club, 692 Quincy Shore Dr. Business. Entry made, no sign of force. Beer chest and register pried open, jukebox damaged. Doors may have been left unlocked.

VANDALISM/PROPERTY, 1:07 p.m., Monti Granite Co. Inc., 266 Centre St. To vehicles. Work trucks had window shot out overnight. Company that abuts the property has culprits on video. Involved parties advised, restitution will be paid.

LARCENY/ATTEMPT, 2:48 p.m., Bank of America, 1400 Hancock St. By check. Two under arrest. #1 charged with two counts uttering, attempted larceny by check, altered MV document and forgery. #2 charged with larceny by check, uttering, forgery and false information following arrest.

TUESDAY, OCT. 24

ASSAULT AND BATTERY, 12:21 a.m., 41 Mullen Ave. Past. Victim at QMC emergency room. Complaints submitted for A&B.

LARCENY/MOTOR VEHICLE, 6:06 a.m., Seawinds Condominiums, 90 Quincy Shore Dr. Stolen car. 1999 Toyota Solara, color brown. Last seen about 9 p.m. last night in his parking spot.

LARCENY/MOTOR VEHICLE, 7:13 a.m., 70 Germain Ave. 2000 Nissan Sentra, color black. Vehicle was locked with no keys in it. Alarmed. Last seen around 11 p.m. last night.

LARCENY, 8:54 a.m., Bee Zee Auto Inc., 68 School St. Of gas.

LARCENY, 10:09 a.m., Munroe Place, 1205 Hancock St. Copper wire.

LARCENY/MOTOR VEHICLE, 5:12 p.m., Willard Street Global, 552 Willard St. 1999 Ford Boxtruck E350, color white, recovered by Boston PD this afternoon, towed to Schlager's, no interior damage, exterior damage appears old. Arrest made.

LARCENY, 6:15 p.m., Citizens Bank, 85 Quincy Ave. Complaint for larceny by check, uttering and forgery.

LARCENY, 6:35 p.m., 24 Branch St. Checks. Box checks was missing upon delivery, some of them have been forged and cashed already.

WEDNESDAY, OCT. 25

VANDALISM/PROPERTY, 1:43 a.m., 1546 Hancock St. Past. Came across car that was broken down at 150 Quarry St. Determined that two tires were punctured on car while parked around 1546 Hancock St.

VANDALISM/PROPERTY, 7:57 a.m., East Chinatown Restaurant, 415 Hancock St. Past. Door spidered, no entry could be made.

VANDALISM/PROPERTY, 8:38 a.m., Central Baptist Church, 65 Washington St. Past. Marker or spray paint.

LARCENY/MOTOR VEHICLE, 9:55 a.m., 150 Sumner St. Just taken. 1997 Toyota Camry, color brown. Form shows keys were left in motor vehicle.

BREAKING AND ENTERING/PAST, 10:32 a.m., 533 Washington St. Dwelling. Just found a break on property he owns. Interior walls tagged.

VANDALISM/PROPERTY, 1:06 p.m., Ocean State Job Lot, 141 Newport Ave. To vehicle.

ASSAULT AND BATTERY, 2:14 p.m., Marina Bay Skilled Nursing, 2 Seaport Dr. Past.

ARMED ROBBERY, 7:13 p.m., Faxon Commons, 1055 Southern Artery. Knife shown. White male, black jacket, light colored pants, blonde short hair, tall heavyset, walked off towards Quincy Ave. Robbed the Domino's pizza delivery man with knife.

BREAKING AND ENTERING/PAST, 7:44 p.m., 28 Chubbuck St. Dwelling. Entry through unlocked door. Xanax, $12 cash, and a diamond bracelet are known missing.

LARCENY, 8:26 p.m., 100 Bird St. Phone. When delivered to above, party walking by signed for package and stole package with phone in it. Incident occurred Oct. 16.

ARMED ROBBERY, 8:42 p.m., 196 Holbrook Rd. Knife shown. Happened on Holbrook and West Squantum Sts. Strong language barrier. Three kids in white car. Three white males possibly all heavy set. Super Chef pizza delivery man was robbed by knife. Victim followed suspect into Milton. Suspect is a white male, 5'10", 20's, jeans and black shirt. Plate number in the field was stopped later on Quincy Shore Dr., victim could not positively identify the operator as the suspect.

THURSDAY, OCT. 26

LARCENY/MOTOR VEHICLE, 11:47 a.m., 291 Billings St. 1992 Buick Century, color white.

BREAKING AND ENTERING/PAST, 12:04 p.m., 28 Chubbuck St. Supplement. Report filed last night, additional items are now missing.

VANDALISM/PROPERTY, 1:18 p.m., Ocean State Job Lot, 141 Newport Ave. Motor vehicle. Car keyed while parked at above.

LARCENY/MOTOR VEHICLE, 6:32 p.m., 291 Billings St. Duplicate call. 1992 Buick Century, white.

LARCENY, 6:41 p.m., 353 Sea St. Of services. May be fraud.

BREAKING AND ENTERING/PROGRESS, 8:25 p.m., 56 Penn St. Arrest. Male party wearing hood.

VANDALISM/PROPERTY, 8:46 p.m., 290 Copeland St. Vandalism to flower pot.

FRIDAY, OCT. 27

VANDALISM/PROPERTY, 6:31 a.m., 34 Intervale St. Windows/trucks. Windows are broken and windows broken on trucks.

A Job Well Done

On Wednesday, Oct. 4, at approximately 8:30 p.m., Detectives Brian Coen, Ed Ryan, Gerard O'Rourke, Bill Ward and Bill O'Brien were in the Brewer's Corner area conducting surveillance.

LT. DAN MINTON

The Drug Unit, working with the community, was watching for illegal drug activity in the area.

Detective O'Brien observed a male and female cross Copeland Street and walk into the driveway of 30 Copeland St., where they met a female standing next to a staircase. This female had not been seen earlier because she was motionless in the darkest pat of the lot.

Detective O'Brien watched as an exchange of something occurred. Immediately after the exchange, the lone female ran across the street into one of the residences while the male and female walked towards Brewer's Corner. Believing that a drug transaction had just occurred, he notified the other detectives in the area.

A short distance away, Detectives Coen and O'Brien approached the male and female, displayed their Quincy Police badges and told them that they were Quincy police officers. Once this occurred, the male attempted to flee and after a brief struggle, he was taken down to the ground, where he dropped his cell phone and a small bag of white powder believed to be cocaine.

The male (suspect #1) was placed under arrest. The female was asked if she had anything on her that was illegal and she said no. When asked if she had any needles on her that may stick an officer when she was searched, she again said no. Since the second suspect was female, Officer Melanie Reeves arrived on scene to conduct the search.

Just as the search was to begin, the female suspect admitted that she had a needle down the front side of her pants. Under control of the officers, the female suspect was allowed to retrieve the needle, which had a brown residue believed to be heroin.

Suspect #1, a 25-year-old from Whitman, was charged with "Possession of Class B Drug." Suspect #2, a 25-year-old from Quincy, was charged with "Possession of Class A Drug." With information coming from members of the community, the Quincy Police Drug Unit was able to act quickly and apprehend two criminals.

Nice work!

❑

Each week in *The Quincy Sun*, the "Quincy Police Hot Spots" page provides readers with numbers to call to report crimes. The telephone number for the "Drug Hot-Line" is 617-328-4527. You will not be required to provide identification or address, although it would be helpful.

Anonymous information via a letter or by leaving a message doe not provide an opportunity for the detectives to ask questions to gain further knowledge. Even without identifying yourself, your information can be corroborated (validated) in many ways, such as surveillance, which was used in this particular case.

Some people are reluctant to report suspicious activity for fear of having to testify or of retaliation, but by calling the hot-line with detailed information, the Drug Unit will be working with you to eradicate drug users in your community.

❑

If you have information on the above crimes, or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764**. If you wish to report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. If you wish to make an appointment to view the **Registered Sex Offenders** book, call **Detective Cindy Walsh at 617-745-5751**.

If you wish to contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us--*Lt. Dan Minton.*

Spotlight On Health & Fitness

FROM START TO FITNESS

by Andrea Wyatt
M.S.S., C.S.C.S.

Early Results Aren't Always Dramatic

Q: I am following a program to kick up your metabolism by eating six small meals a day and doing cardio every day with some weights twice a week. The program says that in six weeks you should definitely see a difference in your body, but I am not seeing results like I know I should be. What I could be doing differently? I feel very discouraged.

A. Following a generic fitness and nutrition program can be helpful to get you started, but you must remember that it was designed for the general population and not with your personal needs in mind. Use the following steps to help tailor general fitness programs to meet your goals.

Carefully read the description and purpose of the fitness program. Titles such as "speed up your metabolism" or "slim down your middle" imply that the program will work if you simply follow the designed workout. This can be misleading, since there are many factors that affect how your body responds to exercise.

While most people can begin to see changes within six weeks, these changes might not include a dramatic loss in body fat or weight, or a large visible change to your body.

Remember to use measures besides weight loss to gauge your progress. Monitor your body fat, circumference and strength, and lean-muscle gains as a better measure of results. Yes, you will see visible changes, but also use these other assessments to give you a good idea of how your body composition is changing.

There might be certain changes you need to make for the program to work for you. These modifications can include increasing the type, intensity or frequency of your cardiovascular and strength-training workouts. For example, the program might suggest that you walk or jog daily as your cardiovascular exercise, while you might find other forms of cardiovascular exercise are more effective for you.

Keep a log or journal that includes your daily nutrition, exercise and lifestyle habits. Writing down what you are actually doing can allow you to compare it to the program you are following. You might be able to make adjustments based on your findings. Maintaining a log or journal requires your honest account of your daily eating habits and the exact workout program you are completing. Often you can find small but important elements missing that can help you begin to see results.

Don't forget that an increased energy level, being able to move through everyday activities more easily, and feeling stronger are also results from consistently completing an exercise program and proper nutritional habits. Always remain patient, and complete only programs that will keep you safe.

Don't be discouraged. Six weeks is a great kick-start, but you want to develop a positive lifestyle that you can maintain for years to come.

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Why Eye Exams Are Important For Overall Health

(NAPS)- The eyes are the windows into the entire body. Just as the eyes allow us to see what's happening in the world around us, they also allow doctors to see what's happening inside of our bodies.

A comprehensive eye exam performed by an eyecare specialist such as an optometrist not only assesses the condition of a person's eyes, but can also detect the onset of eye disease and other serious health issues. As a result, vision care is essential to maintaining a healthy lifestyle and should be a top priority.

Vision Care

Research indicates that 3.4 million Americans age 40 or older suffer from visual impairments including cloudy or blurred vision, near-or farsightedness and even blindness, Predictably, as the population continues to age, the occurrence of vision disorders will increase.

In addition, adults are prone to developing various age-related eye diseases such as glaucoma and macular degeneration. Fortunately, eyecare doctors can often detect symptoms of these diseases in their earliest stages, even before a patient is aware of vision issues.

Link to Health Management

Eye exams serve as a preventative tool not only for identifying eye impairments but also symptoms of serious diseases. For example, examining the cornea and blood flow through the retina in the eye can help eyecare specialists detect signs of diabetes, high cholesterol, high blood pressure and heart disease. Ultimately, this early detection can not save patients' eyesight but also alert them to the presence of disease before it causes serious damage.

Taking Charge

It's clear to see that an annual eye exam provides important benefits. To take charge of your health, schedule an eye exam with a local eyecare doctor who can provide you with a full visual assessment.

A comprehensive eye exam is straightforward, painless and takes less than an hour to complete. By receiving your annual eye exam, you will be taking a proactive step to safeguard your vision and sustain your total-body health.

To find an eyecare doctor near you or for information on vision care benefits, visit the VSP Website at www.vsp.com.

Five-Step Approach To Optimal Heart Health

(NAPS)- Alan Flood, 58, has a good reason to be concerned about his heart. A few years ago, poor lifestyle choices and diet contributed to major heart problems. Flood knew he needed to make changes to improve his health.

For many, this can seem like a daunting task. However, nutrition expert Lynn Laboranti, M.S., R.D., maintains that it's never too late to strive for optimal heart health. She offers the following five-step approach to help get your ticker in tip-top shape:

Step 1: Move It of Lose It. According to the American Heart Association (AHA), losing as little as 10 pounds can drastically reduce the risk of a heart attack. Daily aerobic activity, such as walking or swimming, will increase your fitness and help keep your heart in shape. Remember that every bit helps.

Step 2: Expand Your Palette. Eat a rainbow of fresh foods to get a wide variety of nutrients. Heart-healthy foods like garlic, fresh fruits and vegetables, whole grains, fish with beneficial omega-3 fatty acids, a handful of walnuts and even an occasional glass of red wine can be beneficial when added to a well-balanced, low fat/low cholesterol diet.

Step 3: Strive for a Perfect 10. Statins, or cholesterol-lowering drugs, are used by approximately 20 million Americans. Health experts found that statins deplete the body's stores of coenzyme Q10 (CoQ10), a vitaminlike substance found in every cell in the body and responsible for boosting energy and providing powerful anti-oxidant heart protection against free radicals. Laboranti suggests taking a maximum-strength supplement such as Nature Made CoQ10 400 mg for optimal heart health.

Step 4: Put It Out. Smoking is the single most preventable cause of death in the U.S. Cigarette smokers are twice as likely to die from coronary heart disease as nonsmokers, says the AHA. But a Surgeon General's report found that after one year off cigarettes, the excess risk of heart disease caused by smoking is reduced by half. Set up a plan to help you quit successfully.

Step 5: Stress Less. Stress-related complaints make up nine out of 10 visits to primary care physicians, according to the Center for Disease Control and Prevention. Besides challenging the immune system and affecting mood, constant stress can also take a toll on heart health. Make note of your stress triggers and create a strategy for managing them. Try setting aside time for yourself each day.

Most importantly, consult a health care professional before starting any diet or exercise program. To ask Lynn Laboranti a question, read additional articles on heart health and find information on vitamin supplements that can help, visit the Nature Made Wellness Advisor at www.NatureMade.com.

Stroke Screening Nov. 13 At St. John's

Life Line Screening will conduct stroke screenings Monday, Nov. 13 at St. John's Church, 44 School St., Quincy Center.

Appointments will be gin at 9 a.m.

Residents in the Quincy area can be screened to reduce their risk of having a stroke, which is also known as a "brain attack." A stroke is ranked as the third leading killer in the world, and the second among women.

Through preventive screenings, the risk of having a stroke can be greatly reduced.

Screenings are fast, painless and low cost. They involve the use of ultrasound technology, and scan for potential health problems related to: blocked arteries which can lead to a stroke; aortic aneurysms which can lead to a ruptured aorta, and hardening of the arteries in the legs, which are a strong predictor of heart disease.

Also offered for men and women is a bone density screening to assess their risk of osteoporosis.

All four screenings take less than an hour to complete. A complete vascular screening package, including the Stroke/Carotid Artery, Abdominal Aortic Aneurysm and Ankle Brachial Index (hardening of the arteries) screening is $109. Sign up for a complete vascular package; include the osteoporosis screening and pay $129.

Life Line Screening was established in 1993. The non-invasive, inexpensive and painless, ultrasound tests help people identify their risk for stroke, vascular diseases or osteoporosis early enough for their physician to begin preventive procedures.

For more information, or to schedule an appointment, call 1-800-697-9721.

DENTISTRY for the 21st Century

by Steven A. Brustin, D.M.D.

PERMANENT OR REMOVABLE REPLACEMENTS?

For patients with one or more missing teeth in succession, there are two replacement possibilities other than dental implants. A "bridge" is a permanent dental appliance that consists of a pontic (false tooth) and two crowns that are cemented into place on the abutment teeth (on either side of the space). Unlike removable partial dentures, fixed bridges cannot be taken out of the mouth. Removable partial dentures, on the other hand, usually consist of replacement teeth attached to pink or gum-colored plastic bases, which are connected by metal framework. Removable partial dentures attach to your natural teeth with metal clasps or devices called precision attachments. Precision attachments are generally more aesthetic than metal clasps and are nearly invisible.

Which replacement possibility would work best for you? We can help you decide on the right option for your situation. If you have questions about your bridge or dentures, we invite you to call our office. We want to provide you and your family with the best dental care possible in a comfortable, professional environment. Prevention – brushing, flossing, and regular professional cleanings and checkups – is still the best road to dental health. Our office is located at 44 Greenleaf Street. Please call 617-479-6220 to schedule an appointment. We offer the services of anesthesiology with a fully trained and qualified anesthesiologist. Visit us on the web at www.quincydentist.com.

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North Quincy Girls' Goal: Advance In Tournament

By SEAN BRENNAN

The girls' Division1South Sectionals, which are scheduled to begin at the end of this week, will feature a number of talented and skilled teams in the field, but it is one local team, the North Quincy Red Raiders, who may pose the biggest threat to the favorites.

The Red Raiders (12-5-1), slated to be between a 8 and 10 seed, have been playing an aggressive, ball-hawking style of soccer all season long, and with their talented set of skill players, the Red Raiders should have a legitimate shot at advancing deep into the post-season.

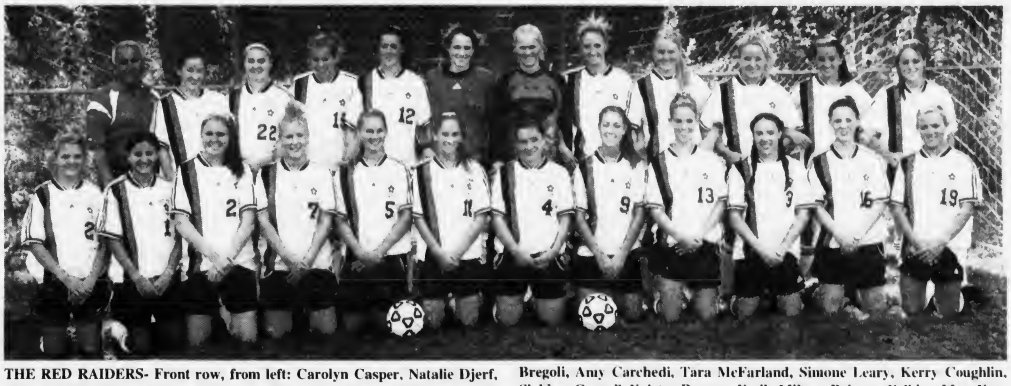
North's post-season run will hinge on their continued success of scoring early and often and playing sound defense. The Red Raiders have a handful of dynamite offensive players to go along with their rock-solid defense, and NQ should be capable of competing with any team that they are matched up against. Leading the way for the Raiders on offense will be the Stille sisters, MaryKate (15 goals) and Lauren, Emily Milone (7 goals, 15 assists), Bridget Coleman, Jillian Benn, Ali Russell, Keriann Cabral and Megan Therrian. Defensively, the Raiders' Tara Whooley, Brittany Folkins and goalkeeper Siobhan Carnell lead a defense that can be as good as any in the tournament.

North Quincy, playing a non-league game last Friday, defeated Medford High School, 5-2. The visiting Raiders struck early in the game as senior captain Bridget Coleman took a through pass from junior midfielder Emily Milone and walked in alone on goal. Coleman's tally was her second goal of the season.

After Medford responded in kind five minutes later to tie the score at 1-1, North Quincy's leading scorer, MaryKate Stille, ripped a shot into the back of the net for her 13th goal of the year and a 2-1 lead. Milone earned her second assist of the half with a beautiful pass to Stille in the box.

Late in the half, North made the score 3-1 on a highlight reel goal from senior captain Megan Therrien. Therrien's goal was set up by yet another assist from Milone. Milone drove down the sidelines and lofted a perfect cross into the penalty box, and Therrien's Taylor Twellman-like diving header put the Red Raiders up 3-1.

Emily Milone would etch her name in the North Quincy record book later in the game when she connected with senior forward Lauren Stille from 10 yards out. Stille buried the pass and the Raiders took a 4-1 lead. Milone's *four* assists set a North Quincy single game record for helpers.



THE RED RAIDERS- Front row, from left: Carolyn Casper, Natalie Djerf, Danielle Kelly, Melissa Mendall, (captain) Megan Therrian, (captain) Keriann Cabral, (captain) Bridget Coleman, (captain) Jillian Benn, Kristen Ruck, Allison Russell, Tara Whooley and Lauren Stille. Back row, from left: Coach Paul Bregoli, Amy Carchedi, Tara McFarland, Simone Leary, Kerry Coughlin, Siobhan Carnell, Kristen Reamer, Emily Milone, Brittany Folkins, MaryKate Stille, Paige Bonani and Kerry Donaghey. Missing from the team photo: Katie Forde, Cara Murtagh and assistant coach Peter Coleman.

North Quincy freshman, Cara Murtagh, finished up the scoring for the Raiders when she scored on a pass from sophomore Amy Carchedi. The goal was Murtagh's first career varsity goal.

The Raiders received good performances from seniors Jillian Benn, Keriann Cabral and Ali Russell in the midfield. Katie Forde and Danielle Kelly played well at the outsideback spot and Brittany Folkins played great at stopper.

Last Tuesday (10/24), the Red Raiders played the Quincy Presidents in the two team's inaugural game at Veterans' Memorial Stadium. North Quincy won that game 3-0, and in the process secured their spot in the post-season.

In their final regular season game on 10/30, the Red Raiders took it to Hanover High School in what turned out to be a slugfest and came away with a hard-fought, 5-3 victory.

North Quincy stormed out of the gates and took a commanding 3-0 lead before Hanover scored three straight goals to even the score in the second half, but the Raiders' Jillian Benn netted the gamewinner midway through the second half and the Raiders were on their way to a victory.

Senior captain Megan Therrian started the scoring for North with a beautiful shot from the left corner in the first minutes of play. Junior MaryKate Stille continued her scoring streak later in the half with her 14th goal of the year to give the Raiders the early 2-0 lead. Stille connected once again before halftime and the Raiders went into the half for a 3-0 lead. Stille's scoring barrage was a continuation of her stellar play all season long, and she should be a major factor for North Quincy and opposing defenses once the post-season starts.

"We came out with a aggressive attitude in the first-half," head coach Paul Bregoli said. "Therrien had a great goal to get us started and MaryKate continued to be our best goal scorer. But the game turned into a slugfest, we got a little relaxed, and Hanover rattled off three straight goals to tie the score at 3-3."

After Hanover found the back of the net three times, North Quincy was picked up by another one of their senior captains. Jillian Benn, who was on the receiving end of a Emily Milone pass, knocked in the eventual game-winner midway through the second half. Milone's seventh goal of the season from 35 yards out finished up the scoring for the Red Raiders, and the team held on for their 12th win of the season.

Next up for North Quincy is the South Sectionals. The team's 12-5-1 overall record places them between an 8th and 10th seed, and leaves the door open for a possible home match in the first round.

"There are a couple of variables left to be sorted out before we really know when, where and who we will be playing in the first round," Bregoli said. "The possibility remains that we can be anywhere from a 8 to a 10 seed. Being seeded in this spot means we may end up playing Durfee, Notre Dame Academy or Marshfield, but we really won't know until the seeding are announced and all of the other eligible teams finish their regular seasons."

"Last year we lost to Natick High School in the first round, and Natick eventually lost in the semi-finals," Bregoli added. "But we know that the first round game is always the hardest, and hopefully we can get past it this year."

The seedings for the 2006 post-season will be announced on 11/1, and the preliminary round games will be played at the end of the week. North Quincy will begin their post-season run starting early next week, and if the regular season is any indication, then the Red Raiders and their fans should be in for an exciting next couple of weeks.

SPORTS

Quincy, North Represented At Conference All-Star Games

The four local high school soccer teams were well-represented this past Saturday during the Atlantic Coast League Conference boys and girls all-star games.

On the girls side, the North Quincy Red Raiders placed four members of their 2006 team on the ACL North All-Star team. Senior captain Bridget Coleman made her third ACL all-star team as a defender and junior Emily Milone made the team for the third straight year at the midfield position.

Senior captain Jillian Benn played in her second all-star game, and junior forward MaryKate Stille was chosen for the first time.

Milone and Stille were also chosen as two of the top 12 players in the entire Atlantic Coast League, and they will be nominated for the EMASS All-Star Team.

Stille stood out amongst all of the league all-stars during the game. Her performance (2 goals and 1 assist) help the North squad defeat the South squad, 5-0.

The Quincy Presidents' Sarah Stewart was chosen as an honorable mention league all-star, and Jacquelyn Callahan earned the ACL sportsmanship award.

The entire Presidents' team won the annual league Sportsmanship Award which is chosen by the coaches from the Atlantic Coast League Conference.

On the boys side, the Red Raiders and the Presidents each placed three or more players in this year's league all-star game.

North Quincy's Jeff Rackauskas, Ryan Keaney, Sean Clifford and Shane Regan were part of the Red Raider contingent selected as ACL all-stars.

Quincy's Matt Bersnahan, Levi Boakye and Charles Dybaud represented the Presidents in the game.

QHS Alumni Soccer Game Nov. 18

The Quincy High School Alumni Soccer Game will take place on Sat., Nov. 18th, at Veterans' Memorial Stadium (7:00 p.m.).

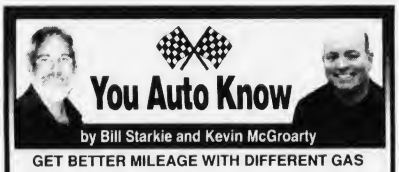
There is a $25 donation which includes game cost and refreshments.

For more information, contact coach Kevin Orcutt at 617-827-4160 or send a donation to Kevin Orcutt, c/o Quincy Athletic Department, 107 Woodward Avenue, Quincy, MA 02169.

12 Residents Run Chicago Marathon

Twelve Quincy Residents recently ran and completed the Chicago Marathon on Oct. 22nd. The results that are listed are based on the fastest "chip time" from 1-12, not by age or sex, and they are as follows:

Ashley T. Peterson, age 25, finished in 3:36:11, Danielle Thibeault, age 26, finished in 3:41:38, Robert C. Durling, age 38, finished in 3:58:48, Joseph T. Flynn, age 24, finished in 4:11:58, Jeanne M. Hogan, age 39, finished in 4:31:57, William F. Griffin, age 51, finished in 4:39:41, Samuel L. Martin, age 32, finished in 4:43:40, Lauren Padula, age 34, finished in 4:48:19, Lisa Kelly, age 22, finished in 4:56:57, Surya Kumari Upadhyayula, age 35, finished in 5:08:01, Joan C. McKenney, age 40, finished in 5:28:05, and Carly R. Foster, age 23, finished in 5:58:55.



GET BETTER MILEAGE WITH DIFFERENT GAS

It sometimes pays to do something that is not altogether immediately necessary. For instance, i yfou are going to repaint the hall, you might as well paint the hall closet since you already have the paint and drop cloths out anyway. The same might be said of replacing your vehicle's water pump while you are replacing the timing belt. Timing belts must be replaced at specified intervals in order to avert potential engine damage. Water pumps, on the other hand, can fail at less specified intervals. When they do, almost all the labor required to replace a water pump has already been performed while replacing the timing belt. So, why not replace both at the same time?

At LEO & WALT'S SUNOCO, we can assist you in making sure that both your timing belt and water pump are operating efficiently. If one needs replacing, we fully recommend you get the other replaced. We guarantee your satisfaction in any work that is performed by our expert car technicians. Located at 258 Quincy Ave., E. Braintree, we are proud to serve the community. Questions? Call 781-843-1550. We are your local source for propane for grills, motor homes, and converted vehicles.

HINT: When a water pump fails, the vehicle becomes inoperable due to a halt of the engine's cooling system.

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Banquet At Sons Of Italy

Quincy-North Football Hall Of Fame To Induct 14 New Members Nov. 21

The 23rd annual Quincy-North Quincy High School Football Hall of Fame induction ceremony will be held Tues., Nov. 21st, at the Quincy Sons of Italy, Quarry Street.

The event will begin with cocktails at 6:30 p.m. followed by dinner at 7 p.m.. Tickets cost $30 and are limited. For tickets, call Ron Avil, President of the Hall of Fame, at 781-337-0062.

Inductees for Quincy High School for 2006 include; Lawrence "Larry" Christian (class of 1944), James Kelly (1955), Brian P. Norris (1989), William A. Reardon (1991), and Chrispen R. Walker (1992). Special inductees are George Mallett and Frank Brillo.

Inductees for North Quincy High School for 2006 include; Richard Lawler (1967), Burton Bray (1973), Mark Kelleher (1992), Dave Pacino (1994), and Kevin MacDougall (1996). Special inductees are Sean Glennon and Peter Chrisom, Sr.

Woodward School Girls Soccer In Independent Division Playoffs

Jasmine Johansen and The Woodward School for Girls varsity soccer team have qualified for the Independent Girls League 1st Division playoffs. This is the first appearance in the post-season league tournament for Woodward in their team history. The Wildcats finished their regular season with a 7-5-1 record.

The leader and goal-scoring machine for the Wildcats in 2006 was Johansen. The senior from Mattapan finished her high school career with some mind-boggling numbers. Her 26 goals and 14 assists (40 points) this season, puts her among the leading point scorers in girls' soccer for all of Eastern Massachusetts. Johansen's 102 goals and 63 assists in her high school career makes her the most prolific soccer player in Wildcat history.

Johansen was recently named, not surprisingly, to the All-League Team in the IGC.

Woodward will play a semifinal match against The Waring School on 11/1, and the winner of that game will play the winner of the Gann Academy/Montrose School semifinal game in the IGC Championship.

Marshfield Rams Raiders

The thrill and excitement of their pasting of Nauset High School one week earlier quickly dissipated last Friday night for the North Quincy Red Raider football team.

The Raiders, aiming for their second consecutive Atlantic Coast League win, traveled to Marshfield High School to see if they could crash the Rams' homecoming party, but instead, the Red Raiders were blown out like the candles on a birthday cake.

North Quincy (1-7, 1-5) were no match for the league-leading Rams (7-1,7-0), and ultimately fell by a score of 33-0. The Red Raiders could do very little offensively and defensively in front of a sell-out crowd on a cold and windy night, and the Rams' took their first two offensive plays from scrimmage to the house for an early 13-0 lead.

Marshfield quarterback Kurt Leone (4-5, 116 yards), opened the game by throwing a 50-yard touchdown pass to Ryan McElaney, and the Rams' Steven Good took the first play after a North Quincy punt, 77 yards down the right sidelines for the 13-0 lead.

The Red Raiders drove the ball all the way down to the Marshfield 4-yard line on their next possession at the end of the first quarter, but senior quarterback Shaun McBrien was picked off in the endzone, ending the only real scoring threat North Quincy would have for the remainder of the evening.

McBrien, coming off the best game of his varsity career last week versus Nauset, had a tough night against the Atlantic Coast League's stingiest defense. Marshfield is allowing a paltry 8.9 points against per game this season, and their defensive dominance continued against the Red Raiders. McBrien (4-15, 39 yards) was picked off four times, and was on the wrong end of a botched snap at their own 1-yard line that resulted in a Marshfield touchdown.

The Red Raiders were not just limited in their passing game, but also in their running attack. Marshfield held North Quincy to 59 total yards on the ground. Junior Jon Cahill paced the Raiders with 29 yards on 12 carries. Danny Jackson contributed 15 yards on six carries and caught a 15-yard pass from McBrien, and senior Dave Guerriero chipped in 15 yards on four carries.

A bright spot for the Raiders was their goal-line defense which forced a big turnover on a third down and goal play late in the first half. North Quincy recovered to keep the Rams out of the endzone, but the fumbled snap on the Raiders' first play after the Marshfield turnover resulted in a touchdown and a 27-0 halftime lead.

North Quincy will host Whitman-Hanson High School (4-4, 3-4) this Friday night at 7:00 p.m. at Veterans' Memorial Stadium.

The Red Raiders will travel down to Plymouth South (5-3, 4-2) on 11/10, and will finish their 2006 schedule on 11/23 in the annual Thanksgiving Day game versus cross-town rival Quincy.

By SEAN BRENNAN

FALL CAR CARE

Different Vehicles Require Different Winter Driving Habits

Motorists should be aware that different types of vehicles have particular operating characteristics that change the way they handle on icy or snow-covered roads, according to AAA Southern New England.

"Knowing the different winter-weather capabilities of a vehicle can mean the difference between a safe trip and serious trouble," said John Paul, AAA's *Car Doctor*. "Motorists should carefully read their owner's manual for information on their vehicle's equipment and handling characteristics."

Front-wheel-drive vehicles generally handle better than rear-wheel-drive vehicles on slippery roads because the weight of the engine is on the drive wheels, which improves traction. The back end rear-wheel-drive cars tends to slide from side-to-side during turns on icy roads.

While many motorists are now driving sport-utility vehicles and light trucks that can be excellent for driving in difficult conditions, AAA warns drivers not to become over-confident.

"Sport-utility vehicles and pickup trucks with four-wheel-drive make it easier to get moving on snow-covered roads, but they don't stop any quicker than other vehicles," Paul said. "Drivers still need to slow down and keep a safe distance behind the vehicle in front of them."

Drivers of pickup trucks with rear-wheel-drive need to be especially cautious on slick roads because these vehicles have very little weight over the wheels that are propelling the vehicle and are prone to rear-wheel skids on slippery roads.

A vehicle's breaking system also determines how motorists should operate in winter weather. Anti-lock brake systems (ABS) can provide a significant stopping advantage on slick roads, but are only effective if properly used. When stopping a vehicle with anti-lock brakes in slippery conditions, motorists should apply steady pressure to the brake pedal. The ABS will automatically pump the brakes to keep the wheels from locking and the vehicle from skidding.

Drivers of cars without ABS should gently apply pumping to the brakes on slippery conditions to avoid wheel lock-up.

Additionally, many new cars feature traction control, which prevents wheel spin during acceleration. This is very helpful when initially trying to get moving on slippery roads. Many cars are equipped with stability control, which helps prevent skidding.

Slick Facts About Oil

It's time to change the oil on your trusty car and you decide to do it yourself. You find yourself at the auto parts store staring at the assortment of oil on the shelves, trying to decide which one to buy and trying to decipher all the numbers and letters on the containers.

Cracking the oil code requires some basic understanding of what your vehicle requires. In every owner's manual there is a chart with a recommendation of oil type for that car.

The right engine oil is important to cold weather starts, says AAA. Oil can become thick and gluey when cold and can make it difficult for engine parts to move. Some oil grades are thinner than others, and thinner is better for winter weather.

The Society of Automotive Engineers (SAE) rates oil for its viscosity in both cold and hot conditions. The first number, usually a 5W or 10W, is and indication of how thin the oil stays when cold. The second number is an indication of how thick it stays when hot and usually ranges from 30 to 40. This means that 5W-30 oil is thinner than 10W-30 when cold.

AAA advises motorists to refer to the SAE oil rating to decide which oil grade is best, and to look in the owner's manual for the viscosity recommended for the vehicle.

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Host Plymouth South Saturday At Stadium

Presidents Win First League Game At Nauset

By SEAN BRENNAN

FOOTBALL

The Quincy Presidents (2-5, 1-5) had to travel all the way down to North Eastham, Cape Cod last Friday night to take on Nauset High School (0-7, 0-6) in an Atlantic Coast League Conference football showdown, but the long road trip was well worth it.

The Presidents earned their first league win of the season with a 34-7 white-washing over the Warriors. Quincy took full advantage of a porous Nauset run defense, and incorporated a timely pass offense enroute to a decisive victory. The win elevated the Presidents into an eighth place tie with North Quincy in the league standings.

The win and the night belonged to seniors Tom Hazelhurst, Matt Boyle, Jared Tucker and Camillo Arredondo. All four showed up to play under the lights and each one's individual performances combined to give the Presidents the boost the team desperately needed.

The star of the game was Hazelhurst, and if there was a fantasy football league for high school teams, Quincy's senior runningback would have been the player of the week for the second straight game. Hazelhurst bested his stats from last week's game versus Dennis-Yarmouth (23 carries, 150 yards) against the Warriors. Hazelhurst finished last Friday's game with 200+ yards on the ground and four touchdowns, giving him 350+ yards and four touchdowns in his last two Atlantic Coast League contests.

Senior quarterback Matt Boyle regained some of the form that he had shown during the season's first few games with a solid night behind center. Boyle connected on a 35-yard touchdown strike to fellow senior Jared Tucker in the second quarter to help make the score 21-0 at halftime.

On the defensive side of the ball, the Presidents were led by senior captain Camillo Arredondo. Playing the middle linebacker position, Arredondo registered 10 tackles for Quincy. Like Hazelhurst, Arredondo has excelled over the last two games, showing a keen eye for the ball, while at the same time exhibiting solid senior leadership that has helped the Presidents' defense hold their last two opponents, Dennis-Yarmouth and Nauset, to 12 points and 7 points, respectively. Arredondo has 42 tackles over his last three games.

Junior defensive back Joe Reggiannini stepped up for the Presidents with two huge interceptions that helped to quell two Warrior drives.

The boys in blue and white have completed the away portion of their 2006 schedule. Their next three games will be held at Veterans' Memorial Stadium, but the team will be the away team in their Thanksgiving Day game against North Quincy.

This Saturday, Quincy will host Plymouth South (5-3, 4-2) at 7:00 p.m., and the following Friday (11/10) the Presidents will play Sandwich High School (3-5, 3-4) at 7:00 p.m. The team will finish their season when they play guests to the North Quincy Red Raiders in the two teams 73rd annual Thanksgiving Day game.

Since three consecutive wins by North Quincy (1991-1993) in the early 1990s, the Presidents have held the advantage in the annual turkey day game. Quincy is 10-1 against North since the 1994 football season, with the Red Raiders lone win coming in a 21-6 victory in 1998.

This year's game will pit a first-year coach (Jim Connor/NQ) against a Thanksgiving Day veteran (Bob Noble/Quincy), and will put two senior laden rosters up against each other one last time.

Allison Auppelee Rookie Of Week

Allison Auppelee, a freshmen volleyball player at Eastern Nazarene College and a 2006 graduate of North Quincy High School, recently earned Rookie of the Week honors for her outstanding play in Commonwealth Coast Conference volleyball action.

Auppelee received CCC Rookie of the Week honors after her solid all-around performances during the Crusaders' three win/one loss week of Oct. 15th-21st.

The outside hitter and Quincy native, averaged 5.31 digs, 1.39 kills and .92 service aces over the 13 game span. The 5'8" freshmen posted a double-double (10 kills, 35 digs) versus Newbury College on Eastern Nazarene's homecoming weekend.

Allison Auppelee and the Crusaders are now 13-13 overall and 5-4 in the Commonwealth Coast Conference. League playoffs begin on 10/31.

A TEAM REPRESENTING the Quincy Track Club placed fourth in the 14-under division of the Annual Boston Mayors Cup Cross Country races at Franklin Park sponsored by the B.A.A. The girls finished behind teams from Needham, Waltham and Gloucester. Lauren Brooks placed third overall. Some 200 girls competed. Front row (from left) are Jaclyn Scuzzarella, Brianna Mullaney, Sara Gardiner and Danielle Mullaney. Back row: Corinne Breen, Mary Schwartz, Rachael Kasanoff, Lauren Brooks and Erin Richardson.

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TRAVEL TO BE ANNOUNCED

NOTE:
- REGISTRATION IS OPEN TO QUINCY RESIDENTS ONLY
- THIS IS **IN-HOUSE REGISTRATION ONLY.** TRAVEL SOCCER REGISTRATION AT A LATER DATE
- NO SPRING IN-HOUSE SOCCER for U6 or U14 AGE GROUPS
- **U6 (BORN 2001) MAY NOT MOVE INTO U8 FOR THE SPRING SEASON**

RETURNING PLAYERS (played QYS in prior season) MAY REGISTER ON-LINE, October 28 - November 12
Go to www.quincyyouthsoccer.com and click on the registration link.
ON-LINE Registration is for players with prior QYS experience only. If you attempt to register a player who has not played Quincy Youth Soccer before, the registration WILL NOT BE ACCEPTED

Coaches at the same site you may sign up for coaching in the Spring. It's quick, it's easy and we need you. Just click on the coach registration link at the site and you can sign up. NOTE: this is a separate sign up than registering your player.

VISIT OUR WEBSITE: WWW.QUINCYYOUTHSOCCER.COM

GIRLS 16 AND UNDER CHAMPION Sara Sullivan (2nd from left) and runner-up Elizabeth Sullivan (2nd from right). Barry J. Welch, Director of Recreation (left) and Tournament Director, Michelle Hanly (right).

WOMEN'S DOUBLES CHAMPIONS Aileen Eleey (2nd from right) and Jacquelyn Eleey (3rd from right) with runner-up Linda Adams (left) and Mary Brown (2nd from left). Barry J. Welch presents the awards.

MEN'S DOUBLE CHAMPIONS (left to right) Jirawat Anektansap and Michael Chan with runner-up Victor Luzarraga and Josh Pendergast. Barry J. Welch (1st from left) presents the awards.

City Tennis Tourney Champions Crowned

The Quincy Recreation Department and Quincy Credit Union recently sponsored the 36th annual city-wide tennis tournament.

The 11-event, three week, 150 match tournament brings together young and old, families, past champions and first-time entries to determine which residents will be crowned City Champions. The tournament is held annually at the Russell Park Tennis Courts.

In the Women's Singles Championship, Patrice Sullivan advanced through a challenging draw to win her third straight city title over two-time champion Phoebe Chan, 6-1, 6-3.

Ron Abell won the "Lionel Shine Buckley Bowl" for his second Men's Singles Championship, 7-6, 6-4, over two-time champion Jirawat Anektanasap.

In the Girls' Sixteen and Under final, twin sisters Sara and Elizabeth Sullivan (the daughters of Patrice Sullivan) battled for two and a half hours. At the conclusion of the evenly played match, Sara Sullivan was crowned champion with a 2-6, 6-4, 7-5 over her sister. The girls, who are only twelve years old, demonstrated that they have the skills to be on the Quincy Tennis top player's list for years to come.

One of the most exciting matches took place in the Boys' Sixteen and Under event. In the end, Robert Yee won for the second straight year over Alexander Lato, 6-1, 6-0.

In other tennis action, tournament regular, Job Chan, repeated his 2002 win in the Men's "B" event with a 6-2, 6-1 victory over Paul Silva in the same event this year.

Richard Meade and Joseph DelRosso played in the final of the Men's 50 and Over event, and DelRosso bested Meade, 6-1, 6-2. DelRosso's win earned him the Richard Meade Bowl for 2006.

Victor Luzarraga and Helen Mao defeated Ron Arbell and Allison Eleey, 3-6, 6-3, 6-3, to win the William F. Ryan Bowl in the Mixed Doubles final.

Luzarraga added to his Mixed Doubles win with a victory in the final of the Men's 35 and Over event. His opponent Cristan Popa was forced to retire because of injury. The win was Luzarraga's third straight victory in this event.

In the Women's 35 and Over event, Helen Mao defeated Patrice Sullivan in three hard-fought sets, 7-5, 1-6, 6-1.

The Women's Double Championship has been won by Aileen Eleey and nine assorted partners nine times since 1993, and this year's tournament was no different. Eleey teamed with her daughter Jacquelyn this year and made it six straight years of championships by defeating newcomers Mary Brown and Linda Adams, 6-1, 6-2.

One of the most competitive events in the tournament, the Henry McAulfee Bowl, was won this year by the team of Jirawat Anektansap and Michael Chan. Anektansap and Chan defeated Luzarraga and Josh Pendergast, 6-1, 4-6, 7-5.

In the popular City Employee Event, Jack Goddard, of the Quincy Fire Department, defeated retired Planning Director Richard Meade, 6-4, 6-3 in men's action. In women's play, Liz Clancy of Q.A.T.V. defeated Kathy Brennan of Quincy College, 6-0, 6-4, to win the women's event.

Recreation Director Barry J. Welch once again credited Tournament Director John Franceschini for creating an outstanding draw and an inviting atmosphere for the tourney.

"The play was excellent and equally important the participants also had fun," Welch said.

Welch also had high praise for tournament co-director, Michelle Hanly, who was instrumental in directing the time and days of the matches, and worked around the weather and the participants' work schedules.

"We could not have operated without her," Welch said. "We are fortunate to have such a great staff."

Welch continued to praise the involvement of the Quincy Credit Union for its financial support of the tournament and their contribution of a can of balls to all participants.

"I know that they (Quincy Credit Union) recognize that traditional events, like our tournament, contribute to the fabric of our community," Welch said. "We would not be able to continue this event without such a caring and willing sponsor."

All champions have their names engraved on a permanent bowl, which is displayed year-round in the Recreation Office.

MIXED DOUBLES CHAMPIONS Helen Mao (2nd from right) and Victor Luzarraga (3rd from right) and runner-up Allison Eleey (left) and Ronald Abell (2nd from left) with Welch (right).

BOY'S UNDER 16 CHAMPION Robert Yee (2nd from left) and runner-up Alexander Lato receive their awards from Tournament Director Michelle Hanly (1st from left).

MEN'S SINGLES CHAMPION Ronald Abell (2nd from left) with runner-up Jirawat Anektanasap (right) and Recreation Director Barry J. Welch.

WOMEN'S SINGLES CHAMPION Patrice Sullivan (2nd from left) with runner-up Phoebe Chan. Tournament Director Michelle Hanly (left) presents the Champion Bowl.

MEN'S "B" CHAMPION Job Chan (2nd from left) and runner-up Paul Silva (1st from left) with Barry J. Welch, Director of Recreation (right).

WOMEN'S 35 AND OLDER Champion Helen Mao (right) and runner-up Patrice Sullivan (left).

MEN'S 35 AND OVER CHAMPION Victor Luzarraga (2nd from left) and runner-up Cristian Popa (left) with Tournament Director Michelle Hanly (right).

WOMEN'S CITY EMPLOYEE CHAMPION Liz Clancy (right) and runner-up Kathy Brennan (left).

MEN'S 50 AND OVER CHAMPION Joseph DelRosso (2nd from left) with runner-up Richard Meade (right). Welch (left) presents the Champion Bowl.

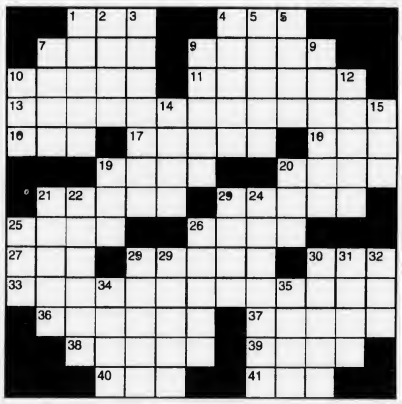
MEN'S CITY EMPLOYEES CHAMPION Jack Goddard (2nd from left) and runner-up Richard Meade (left) with Welch (right).

SUN FUN PAGE

King Crossword

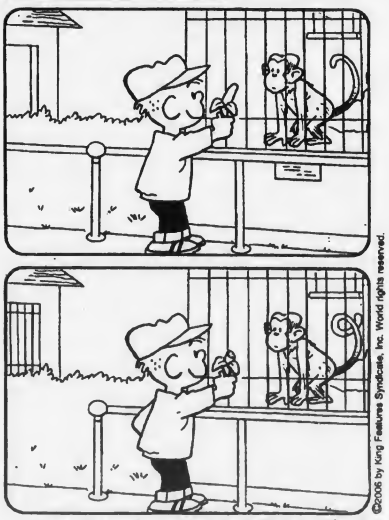
ACROSS
1 "Absolutely"
4 Apply lightly
7 Head light?
8 Hard-drive contents
10 U.S. Grant's first name at birth
11 Smoothed over
13 Times of significance
16 Draft agcy.
17 Use a block and tackle
18 Born
19 Loving
20 4,840 square yards
21 Ostentatious
23 Sends quickly
25 Pinnacle
26 Guy
27 Madam's mate
28 Weak
30 Big bother
33 Hester's "A"
36 "Seinfeld" role
37 Gaggle member
38 Obscene
39 Hierarchy status
40 Army officers (Abbr.)
41 "- to Joy"

DOWN
1 Football statistic
2 Middle East airline
3 Any way you can
4 Seedy saloons
5 On the qui vive
6 Flex
7 Wastes no time
8 Malodorous
9 Rap session?
10 Day divs.
12 Color workers
14 Broadway statuette
15 Witness
19 TV network
20 Lumberjack's need
21 Dash
22 Miami newspaper
23 Need remedial courses
24 Brisk, lively tempo
25 Foolish one
26 Companion to a Brit
28 Coquette
29 "Monopoly" payments
30 Expiate
31 Secretary, for one
32 Raw rock
34 Racetrack border
35 Frog's cousin



HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

Differences: 1. Banana is smaller. 2. Tail is longer. 3. Fence is shorter. 4. Sign is missing. 5. Arm is showing. 6. Bars are added.

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The Garden Bug

Planting in the fall

People are most inclined to plant when spring arrives, but fall is the best time to plant trees and shrubs. The soil is still warm and moist from summer, and allows a season to establish roots without supplying energy for foliage, making them stronger going into next summer.

MAGIC MAZE ● CLASS —

T V R O L I F C Z W T Q M N K
I F C Z W O U R P M J E H E C
Z X U S Q T N K L J E G E C Z
X V T R S T R U C T U R E Y P
N L J H E O C A I O R Y E C W
V T R P N M L N K E T I R E G
R E D A E L G G U R T S A H E
C B Z T X W N N W O L C F P U
S R S P D O I R E P O M R O L
J Y I G E O R G N I K N A R D
S B A Y N O I T C A X W W P U

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Act	Motto	Ranking	Struggle
Action	Of stock	Reunion	System
Leader	Period	Ring	Warfare
Meeting	Prophecy	Structure	

Trivia test by Fifi Rodriguez

1. GEOGRAPHY: What U.S. state is bordered on the north and west by the states of Montana and Idaho?
2. MOVIES: Who played the character of Curly Washburn in "City Slickers"?
3. MEDICAL: A deficiency of vitamin B-3 (Niacin) causes what disease?
4. MUSIC: Which singer had a hit album in the late 1990s titled "Let's Talk About Love"?
5. GENERAL KNOWLEDGE: A divination or prediction technique known as "aeromancy" is the study of what?
6. LANGUAGE: What kind of task would be "Sisyphean"?
7. SLOGANS: What is Woodsy Owl's public-service statement?
8. HISTORY: In what year did Michigan abolish the death penalty?
9. GRAMMAR AND PUNCTUATION: What does an ellipsis indicate?
10. SENSES: What is the common condition called "hyperopia"?

Answers

1. Wyoming
2. Jack Palance
3. Pellagra
4. Celine Dion
5. Atmospheric conditions, such as wind or lightning
6. Endless or futile
7. "Give a hoot, don't pollute!"
8. 1847
9. One or more words are missing
10. Farsightedness

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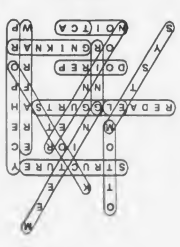
King Crossword — Answers

Solution time: 25 mins.

Magic maze — Answers

CLASS_



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Salome's Stars

ARIES (March 21 to April 19) The pitter-patter of all those Sheep feet means that you're out and about, rushing to get more done. That's fine, but slow down by the weekend so you can heed some important advice.

TAURUS (April 20 to May 20) You're in charge of your own destiny these days, and, no doubt, you'll have that Bull's-eye of yours right on target. But don't forget to make time for family events.

GEMINI (May 21 to June 20) Be prepared for a power struggle that you don't want. Look to the helpful folks around you for advice on how to avoid it without losing the important gains you've made.

CANCER (June 21 to July 22) Congratulations! You're about to claim your hard-earned reward for your patience and persistence. Now, go out and enjoy some fun and games with friends and family.

LEO (July 23 to August 22) The Big Cat might find it difficult to shake off that listless feeling. But be patient. By week's end, your spirits will perk up and you'll be your perfectly purring self again.

VIRGO (August 23 to September 22) A problem with a co-worker could prove to be a blessing in disguise when a superior steps in to investigate and discovers a situation that could prove helpful to you.

LIBRA (September 23 to October 22) This is a favorable time to move ahead with your plans. Some setbacks are expected, but they're only temporary. Pick up the pace again and stay with it.

SCORPIO (October 23 to November 21) Your creativity is recognized and rewarded. So go ahead and claim what you've earned. Meanwhile, that irksome and mysterious situation soon will be resolved.

SAGITTARIUS (November 22 to December 21) A new associate brings ideas that the wise Sagittarian will quickly realize can benefit both of you. Meanwhile, someone from the workplace makes an emotional request.

CAPRICORN (December 22 to January 19) It might be a good idea to ease up on that hectic pace and spend more time studying things you'll need to know when more opportunities come later in November.

AQUARIUS (January 20 to February 18) A relatively quiet time is now giving way to a period of high activity. Face it with the anticipation that it will bring you some well-deserved boons and benefits.

PISCES (February 19 to March 20) Go with the flow, or make waves? It's up to you. Either way, you'll get noticed. However, make up your own mind. Don't let anyone tell you what choices to make.

BORN THIS WEEK: You like to examine everything before you agree to accept what you're told. Your need for truth keeps all those around you honest.

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Wishing Well®

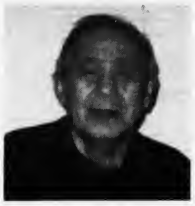
8	2	5	4	7	2	7	2	8	5	6	7	2
Y	I	E	F	F	M	U	P	O	X	B	N	U
5	4	2	8	5	3	7	2	8	4	5	2	8
E	I	L	U	R	S	T	S	A	N	C	I	I
5	7	8	2	5	2	6	5	4	3	2	6	4
I	I	D	V	S	E	E	E	I	T	L	G	S
8	3	2	8	3	7	2	8	2	4	7	2	6
E	A	O	L	R	M	V	D	E	H	E	A	E
5	2	5	7	2	6	4	8	7	3	4	5	2
C	F	A	S	F	N	P	E	A	T	R	U	A
7	4	7	2	4	2	7	5	4	5	7	8	3
H	O	E	I	J	R	A	T	E	I	D	R	A
4	8	3	4	8	3	5	4	6	5	3	6	6
C	L	N	T	Y	E	O	S	T	N	W	L	E

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

OBITUARIES

Cornelio A. Undag Jr., 72

Retired Accountant



CORNELIO A. UNDAG JR.

A funeral service for Cornelio A. "Papa" "Lolo" Undag Jr., 72, of Quincy, a retired accountant, was celebrated Oct. 28 at Quincy Point Congregational Church, 444 Washington St.

Mr. Undag died Oct. 22 at Boston Medical Center.

He worked as an accountant at Mindanao State University in Marawi City, Philippines, for 15 years.

He came to Quincy from the Philippines in 1992.

He is survived by his wife, Sanilita "Babie" Undag; six sons, Cornelio "Jimwil" Undag Jr. II, Corsanil "Abloy" Undag, Cornelio Arlan "Bolo" Undag and Anwar "Cuying" Undag of the Philippines; Ariel "Yoyoy" Undag of Quincy and Byron "C-Soy" Undag of North Attleboro; four daughters, Cormara "Ever" Undag of South Boston, Jhannah "Sugang" Udag of Vermont and Carla "Pok-Pok" Robbs and Jihan "Bo" Undag of Quincy; a brother, Manang Erlita Udag of the Philippines; and 10 grandchildren.

Burial was in Cedar Grove Cemetery, Dorchester.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St., Wollaston.

Mary F. DeAngelis, 89

Retired Hairdresser

A funeral Mass for Mary F. (Salvucci) DeAngelis, 89, of Milton, formerly of Quincy, a retired hairdresser, was celebrated Oct. 27 at Saint John the Baptist Church, 44 School St.

Mrs. DeAngelis died Oct. 24 at the Milton Healthcare facility in Milton after a long illness.

She was a hairdresser for over 40 years. She worked at the former "Anthony's Coiffeurs" on Hancock Street before retiring many years ago.

Born in Quincy, she was raised and educated in Quincy schools. She lived in Quincy before moving to Milton five years ago.

She was a member of the Quincy Sons of Italy Stella del Nord Society.

She is survived by a son, Frank DeAngelis of Hingham; a daughter, Charlene D. DeAngelis of Norwell; a sister, Flora Stanley of Florida; and two grandchildren.

Burial was in Mount Wollaston Cemetery.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Lewis R. Pannier, 75

Retired Financial Analyst

LEWIS R. PANNIER

A funeral Mass for Lewis R. Pannier, 75, of Englewood, FL, and Quincy, a retired financial analyst, was celebrated Oct. 28 at Saint Ann's Church, Wollaston.

Mr. Pannier died Oct. 17 at Tidewell Hospice House, Fort Charlotte, FL.

He was a financial analyst for Northrup Corp., Norwood before retirement. He was a member of the Fraternal Order of Eagles Aerie 3885 and the Loyal Order of Moose Lodge 1933 both of Englewood, FL. He also belonged to the Knights of Columbus, the Adam Heights Men's Club and the Wollaston Yacht Club, all of Quincy.

Born in Boston, Mr. Pannier lived in Quincy for many years, and was a winter resident of Englewood, FL, for seven years.

He is survived by his wife, Shugrue Pannier, of Englewood, FL; a daughter, Joanne (Pannier) Sullivan, of Old Saybrook, CT; two sons, Robert Pannier of Boston and Thomas Pannier of St. Augustine, FL; two step daughters, Kimberly Roy of Linwood, MA and Sharon Jones of Douglas, MA; a step son, John Brusco of Whitinsville, MA; and a sister, Marie Komar of Milton. He is also survived by three grandchildren, eight step grandchildren and three nephews.

Burial was in New Calvary Cemetery, Boston.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Donations may be made to the Tidewell Hospice and Palliative Care, 5595 Rand Blvd., Sarasota, FL, 34238.

Paul S. Carosi, 89

Lawyer

A funeral Mass for Paul S. Carosi, 89, of Quincy, a lawyer, was celebrated Oct. 26 at St. Ann's Church, 757 Hancock St.

Mr. Carosi died Oct. 22 at Radius Healthcare Center in Braintree.

He practiced law at his own firm, and worked in the legal department at Quincy Medical Center. He was a security director at the hospital in the 1980s. He was also a licensed real estate broker and appraiser in Quincy.

A Navy veteran of World War II, he served as a pilot, a code breaker and a translator - interpreter for the Navy. He spoke five languages. He joined the Navy in 1942 and was discharged in 1946 with the rank of lieutenant, junior grade.

He sang onstage in several opera productions and at local churches.

Mr. Carosi was an avid reader and enjoyed traveling, visiting many locations in the United States and Europe.

Born in Quincy, he graduated from Boston College and Boston College Law School.

Husband of the late Dorothy (Madden) Carosi and the late Mary E. (Hughes) Youngworth Carosi, he is survived by two daughters, Jane M. Carosi of Quincy and Ellen M. Hurley of Maine; two stepdaughters, Mary E. Damus of Braintree and Linda H. McSweeney of Eustis, Fla.; a stepson, Joseph P. Youngworth of Braintree; a sister, Camilla Hamilton of Quincy; 12 grandchildren; 17 great-grandchildren; and many nieces and nephews.

Burial with military honors was in Blue Hill Cemetery, Braintree.

Funeral arrangements were by Hamel, Wickens and Troupe Funeral Home, 26 Adams St.

Eileen M. Doherty, 86

Retired Secretary

EILEEN M. DOHERTY

A funeral Mass for Miss Eileen M. Doherty, 86, of Quincy, a retired secretary, was celebrated Monday at Saint John the Baptist Church, 44 School St.

Miss Doherty died Oct. 23 at Quincy Medical Center after a brief illness.

She was an executive secretary with the Gillette Company at the Headquarters Office at the Prudential Tower in Boston for 28 years. She retired Dec. 31, 1984. She was previously employed 14 years with the former Quincy Motor Company of Quincy.

She served in the United States Navy during the Korean War. She served at the former Weymouth Naval Air Station.

Born in Hingham, she was raised and educated in New York schools and was a graduate of Simmons College and the Katherine Gibbs School. She lived in Quincy since 1939.

She was a member of the George F. Bryan VFW Post #613 of Quincy, the Quincy Art Association, Saint Joseph's Church Ladies Sodality and was a member and past president of the former Quincy Business & Professional Women's Club.

She is survived by her sister, Josephine Robinson of Fort Lauderdale, FL; two sisters-in-law, Margaret M. Doherty of Quincy and Joan E. Girard of Raynham; seven nieces and nephews; and many grandnieces and grandnephews. She was the daughter of the late George V. and Veronica R. (Blake) Doherty.

Burial with military honors was in Mount Wollaston Cemetery.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Donations may be made to the American Heart Association, 20 Speen St., Framingham, MA, 01701.

Douglas B. Laing

Retired Manager

A private funeral service for Douglas Bristol Laing, 61, of Quincy, a retired manager, was held recently.

Mr. Laing died Oct. 20 at Carney Hospital in Dorchester.

He held several management positions in the rubber industry, the distribution industry and the trade show industry and traveled around the world until his retirement.

He was an adjunct faculty member at New Hampshire College for many years, teaching courses in management, sales, marketing, advertising and public speaking. He lived in Plastow, N.H. During this time.

He served as chairman of the selectmen and budget committee in Plastow and as chairman of the Timberlane Regional School Board. He was also appointed to the New Hampshire School Board Association.

Mr. Laing graduated from Hingham High School in 1963 and was active in the Hingham Theater for Children and the South Shore Theater. He was a member of the Cub Scouts, Boy Scouts and Lions Club and served as a master councillor of the Hingham Chapter Order of DeMolay and an auxiliary member of the Hingham Fire Department.

He graduated from the University of Maryland in 1967 with a degree in retail business.

He enjoyed cooking, dancing, oldies music and his vegetable garden.

He is survived by a daughter, Shannon Brown of Beachwood, N.J.; two sons, Jason Laing of East Kingston, N.H., and Nathan Laing of San Jose, Calif.; his parents, Aura Schroeder Emery of Hingham and Carlton Blick Laing of Carmichael, Calif.; four brothers and sisters, Nancy Elmore of Ardmore, Pa., Robin Chamberlain of Hingham; Brian Laing of San Francisco and Bruce Laing of Ipswich; and a granddaughter.

Burial was in Hingham Cemetery.

SCOTT DEWARE

A THOUGHT FOR THE WEEK

In less than a week we will have a chance to exercise one of our great privileges as Americans. Yes, it's time to vote again. Election Day is next Tuesday, November 2. We can exercise a right that nearly every American is willing to fight to maintain, yet pitifully few exercise and fewer exercise seriously.

No need to discuss at length the reasons for low voter participation. The reasons given vary little over time . . . no good candidates, too much corruption, my vote doesn't matter, not registered but may register and vote next time, etc., etc.

Granted some of the folks we elect leave much to be desired, but if all the smart people who didn't vote or weren't registered had been registered and had voted, maybe we'd have elected better. It is so easy to agree with Harry Truman who said, "Ninety percent of politicians give the other 10 percent a bad reputation," but if we don't vote, there is no chance of improvement.

Let us, as Americans, make next Tuesday a very special day. Let us exercise our very special right. Let us "in droves" go to the polls and vote for the candidate of our choice and for the issues we believe in.

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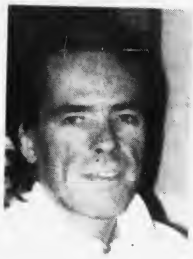
Michael T. Curran, 47

Postal Worker



MICHAEL T. CURRAN

A funeral Mass for Michael T. Curran, 47, of Quincy, a postal worker, was celebrated Tuesday at St. Ann Church in Wollaston.

Mr. Curran died Oct. 26 at Quincy Medical Center from injuries sustained in a car accident in Quincy.

He worked several years at the General Mail Facility at the South Postal Annex in Boston.

Born in Boston, he graduated from Boston English High School. He lived many years in South Boston before moving to Quincy.

Mr. Curran died three months after the death of his twin, Martin J. Curran.

He is survived by his mother, Virginia A. (Molloy) Curran of Milton; a brother, Patrick J. Curran Jr. of Weymouth; three sisters, Kathleen M. Nigl and Elaine Fitzpatrick, both of Quincy, and Maureen A. Backer of Milton; and three nieces and three nephews.

He was the son of the late Patrick J. Curran.

Burial was in Milton Cemetery.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Gerald R. Mullaney, 73

Retired Truck Driver

A memorial service for Gerald R. Mullaney, 73, of Putnam, CT, formerly of Braintree and Quincy, a retired truck driver, was held Oct. 28 at Sweeney Brothers Home for Funerals, 1 Independence Ave.

Mr. Mullaney died unexpectedly Oct. 19 at the Umass Medical Center in Worcester.

He was a truck driver for the Cyn Oil Company of Stoughton for several years. He has been retired for several years.

He served in the United States Air Force during the Korean War.

Born and raised in Quincy, he was educated in Quincy schools, before moving to Braintree. He was then a 12 year resident of Putnam.

He collected hats as a hobby and enjoyed yard sales and antiques.

He is survived by his wife of 50 years, Beverly A. (Coffey) Mullaney; three daughters, Colleen A. Mullaney of New Britain, CT, Deborah L. Zolnay of Adin, CA, and Irene R. Richer of Woodstock, CT; two sons, Gerald R. Mullaney, Jr., of Bristol, CT, and Kevin P. Mullaney of Syracuse, NY; three brothers, Charles Mullaney of Falmouth, Kenneth Mullaney of Melrose and Stanley Mullaney of NH; a sister, Eleanor Walsh of Tulsa, OK; six grandchildren; and one great grandson.

Burial was private.

Donations may be made to the Channel Three Kids Camp, 73 Times Farm Road, Andover, CT, 06232, ATTN.: Kerry Burrows.

Nancy Reed, 87

Secretary

A funeral Mass for Nancy (DeThomaso) Reed, 87, of Quincy, a secretary for General Dynamics and Bethlehem Steel at the Former Fore River Shipyard During World War II, was celebrated Oct. 27 at St. John's Church, 44 School St.

Born and raised in Quincy, Mrs. Reed was a 1937 graduate of Quincy High School. She had attended every one of her high school reunions.

Wife of the late Quentin D. Reed, she is survived by two sons, William D. Reed of Sharon and Richard A. Reed of Quincy; three daughters, Donna Bush of Quincy, Joanne Harrington of Scituate and Nancy Mahoney of Rockland; three brothers, Rocco DeThomaso, Carmen DeThomaso and Joseph DeThomaso, all of Quincy; eight grandchildren; and three grandchildren.

Burial was in Mount Wollaston Cemetery.

Funeral arrangements were by Bolea-Buonfiglio Funeral Home, 116 Franklin St.

Patricia Shea, 87

A funeral Mass for Patricia Shea, 87, of Quincy, formerly of Dorchester, was celebrated Oct. 28 at St. Gregory's Church, 2215 Dorchester Ave., Dorchester Lower Mills.

Miss Shea died Oct. 23.

She is survived by a sister, Catherine Miller of Largo, Fla., and many nieces and nephews.

Burial was in New Calvary Cemetery.

Funeral arrangements were by John G. Molloy Funeral Home, Dorchester Lower Mills.

M. Blanche Eckert, 91

Retired Quincy Librarian

M. BLANCHE ECKERT

A Mass of Christian Burial for M. Blanche "Barbie" (Murphy) Eckert, 91, of Quincy, a retired librarian, will be celebrated at 10 a.m. today (Thursday) in St. Joseph Church, 556 Washington St., Quincy.

Mrs. Eckert died Sunday at the Braintree Landing Nursing and Rehabilitation Facility in Braintree.

Mrs. Eckert, who was also known as "Barbie" to her family, was born in Quincy and was a lifelong resident of the city.

She was a 1934 graduate of Quincy High School.

She worked for many years as a librarian with the Thomas Crane Public Library in Quincy. She worked in the Snug Harbor and Adams Shore branches.

Mrs. Eckert was an active parishioner of the former St. Boniface Parish in Germantown where she served as an officer in the Ladies Sodality and volunteered with the Altar Guild.

In her retirement, she lived at the 1000 Southern Artery Senior Citizens Housing where she volunteered as a librarian. While living there, she was a parishioner of St. Joseph Parish.

The beloved wife of the late Arthur Eckert, she was the sister of the late George Murphy, Doris Moriarty, Arthur Murphy and Edna Gott.

She is survived by a several nieces and nephews.

Burial will be in Pine Hill Cemetery.

Visiting hours were Wednesday from 2 to 4 and 7 to 9 p.m. at the Dennis Sweeney Funeral Home, 74 Elm St., Quincy Center.

Memorial donations may be made to the Trustees of the Thomas Crane Library, 40 Washington St., Quincy, MA 02169, or to the Resident Activities Fund, Braintree Landing, 95 Commercial St., Braintree, MA 02184.

Dorothy E. Finlay, 89

Cook Manager

A funeral service for Dorothy E. (Baker) Finlay, 89, of Quincy, a cook manager, was held Wednesday in St. Chrysostom's Church, 1 Linden St., Wollaston.

Mrs. Finlay died Oct. 28.

Born and raised in Whitman, she was a 1934 graduate of Whitman High School.

She worked for the Town of Hingham School Department as a cook manager.

She was active at St. Chrysostom's Church.

Wife of the late Harry Finlay, Jr., she is survived by a daughter, Carol O'Sullivan of Quincy; two grandchildren and a great-grandson.

She was the mother of the late Harry Finlay III and the sister of the late Gladys Johnson.

Funeral arrangements were made by the Deware Funeral Home, 576 Hancock St., Wollaston.

Memorial donations may be made to the St. Chrysostom's Handicapped Accessibility Fund, 1 Linden St., Quincy, MA 02170.

Nicole Hogarth, 31

Homemaker

A private funeral service for Nicole Hogarth, 31, of Quincy, a homemaker, was held recently.

She died Oct. 19 at her home.

She was a lifelong resident of Quincy.

She is survived by two daughters, Michelle Hogarth and Christina Hogarth of Quincy; a grandmother, Ruth (Jones) Caruso of Quincy; and a sister, Martina Stickney of Plymouth.

Burial was private.

Funeral arrangements were by McDonald Funeral Home, Weymouth.

Stanley S. Saniuk, Jr., 60

Engineer At Boston Edison

STANLEY S. SANIUK, JR.

A funeral Mass for Stanley S. Saniuk, Jr., 60, of Quincy, a retired engineer at Boston Edison in Boston, will be celebrated today (Thursday) at 10 a.m. at Our Lady of Czestochowa.

Mr. Saniuk died Oct. 27 at Brigham and Women's Hospital in Boston.

Born in Boston, he lived in Brockton before moving to Quincy 27 years ago.

He graduated from Boston English in 1964, Wentworth Institute for Engineering in 1966, Northeastern University in 1980 and then going on to Lesley University completing his master's degree.

After working for over 29 years, he retired from Boston Edison in 1996.

Mr. Saniuk then worked as a manager for the MWRA in Chelsea for five years.

Since 1964, he had also owned his own security business, PDI Alarm Systems in Boston. After leaving the MWRA, he devoted his time full-time to that business.

He was a member of the Adams Heights Men's Club in Quincy serving on the Board of Directors.

He was also a member of the American Legion Nickerson Post 382 in Squantum.

Mr. Saniuk was very proud of his involvement with the Independent President's Van Club.

He also served in the U.S. Army.

He is survived by his wife, Carol (Burke) Saniuk of Quincy; two sons, Christopher Saniuk of Freetown and Thomas Saniuk of Quincy; a daughter, Kim Saniuk of Hingham; a sister, Helen Graham of Amesbury; four brothers, Joseph Saniuk of Dedham, Walter Saniuk of Braintree, Paul Saniuk of South Boston and Henry Saniuk of Sharon; his mother, Josephine Saniuk of South Boston; five grandchildren and many nieces, nephews and cousins.

He was the son of the late Stanley S. Saniuk, Sr. of Quincy.

Visiting hours were Wednesday from 4 to 8 p.m. at the Keohane Funeral Home, 785 Hancock St., Wollaston.

Burial will be in Blue Hill Cemetery, Braintree.

Barbara Amrhein

A funeral Mass for Barbara (King) Amrhein of Quincy, a retired Internal Revenue Service employee, was celebrated Oct. 27 at Sacred Heart Church, 386 Hancock St.

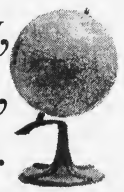
Mrs. Amrhein died Oct. 24.

She was retired and had worked for the Internal Revenue Service for 30 years.

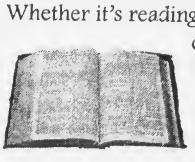
Wife of the late Guy W. "Buster" Amrhein, she is survived by two daughters, Ellen Amrhein and Nancy Amrhein, both of Quincy; and two grandchildren.

Burial was in St. Joseph Cemetery, W. Roxbury.

Grandma loved classic poetry, traveling, and Grandpa.



Your memories are precious. That's why, at Keohane Funeral Service, we take the time to find out what made your loved one special. Whether it's reading classic poetry or compiling a memory board of her favorite travel photos, you can count on us to help you plan a service that will be just as unique as the person you love.



Keohane Funeral Service

785 Hancock Street • Quincy • 617-773-3551

Member by Invitation NSM National Selected Morticians

Art Auction, Wine Tasting At Faith Lutheran Church Saturday

Faith Lutheran Church will sponsor an Art Auction and Wine Tasting to benefit the youth programs Saturday, Nov. 4 at the Masonic Building, 1170 Hancock St., Quincy Center.

The preview and wine tasting will be held at 7 p.m. followed by the auction beginning at 8:30 p.m. featuring art in all media and price ranges.

Admission price is $15 per person or $25 per couple. Highlights of the evening include a door prize, hors d'oeuvres, dessert and coffee, and a cash bar.

For tickets or information, call Donna Mayo at 617-471-1796. All major credit cards accepted.

The evening will be coordinated by Marlin Art, Inc., of New York.

Christmas Fair Nov. 18 At Union Congregational Church

Union Congregational Church, 136 Rawson Rd., Wollaston, will sponsor its annual Christmas Fair Saturday, Nov. 18 from 9 a.m. to 3 p.m. in the church's gymnasium.

The theme of this year's event, "Twelve Days of Christmas," will feature homemade baked goodies, handcrafted gift items, raffles, and seasonal decorations. There will also be a snack bar.

Raffle items will include an iPod Nano music player, restaurant gift certificates, and U.S. Savings Bonds, as well as other items.

The fair has become a holiday tradition for the church as well as the Wollaston community.

Bethany Congregational

Bethany Congregational Church, 18 Spear St., Quincy Center, will have Sunday worship, All Saint's Sunday, Communion and church school at 10 a.m.

The Rev. Gary W. Smothers will conduct the service and preach a sermon from Mark entitled "The Leper Is Cleansed."

Childcare will be available for infants and toddlers.

Following the worship service, there will be a fellowship time in the Allen Parlor. Light refreshments will be served.

Quincy Community United Methodist

Sunday worship and Sunday school begins at 10:30 a.m. with Bible study starting at 9 a.m. at Quincy Community United Methodist Church, 40 Beale St., Wollaston.

The lector will be Liz Bucella. Ushers are Janet McGonigle and Nancy Valorz.

After the service, a coffee hour will be hosted by Dottie Hahn, John Honig and Shirley Smith.

The church building is handicap accessible.

RELIGION

Stone Temple Coffee House Concert Friday At United First Parish Church

Folk singers Greg Greenway and John Flynn will perform at the Stone Temple Coffee House Friday, Nov. 3 at 8 p.m. at United First Parish Church, 1306 Hancock St., Quincy Center.

Greenway is a soulful and moving singer, a poet and an entertainer. Flynn has an easy-going acoustic sound.

Doors open at 7:30 p.m. Tickets for the concert are $15.

A chili dinner will be served in the downstairs dining room for $5 at 6:30 p.m.

For more information and dinner reservations, call (617) 821-4073.

The Stone Temple Coffee House is part of a regional folk music network, providing an opportunity for national and local folk artists to perform locally.

Harvest Fair, Craft Sale Saturday At Bethany Congregational Church

Bethany Congregational Church, 18 Spear St., Quincy Center, will hold its annual Harvest Fair and Craft Sale Saturday, Nov. 4 from 9:30 a.m. to 3 p.m.

Church tables will include:

A silent auction, handmade crafts; cakes, cookies, pies and fudge; cheese, dips and spreads; books and music new and used; and a "white elephant."

Refreshments and lunch will be served all day.

Crafters are wanted and craft tables are available for $40.

For more information, contact Elaine Caliri at 617-472-1458 or the church office, 167-479-7300.

Klezzmer Music Sunday At Temple B'Nai Shalom

The Quincy Jewish Committee South Suburban Hadassah will present a day of Klezzmer music Sunday, Nov. 5 from 1:30-4 p.m. at the Temple B'Nai Shalom, 41 Storrs Ave., Braintree.

Music will be provided by the Di Bostoner Klezmer Band.

Deadline for checks is Oct. 28. Cost is $18 for adults and $5 for children 12 years and under. Include address and phone number on checks.

Checks may be sent to Quincy Jewish Committee, P.O. box 02269, Quincy, MA, 02169.

For more information call 617-984-0502.

Quincy Religion Directory

SERVICES & ACTIVITIES

Assemblies of God

Glad Tidings
158 Washington St., Quincy
phone: 773-9797
Rev. Gregory E. Wheaton, Pastor
Sunday Worship 8:30, 11 a.m., Christian Ed 10 a.m.; Senior Hi Youth 7 p.m.; Wed. 7 p.m. Berean Bible Study, Royal Ranger Missionettes; Friday Junior Hi Youth 7 pm
Youth & Children's Ministry
•Contemporary Worship
•Marriage & Family Group
•International Fellowship
•DivorceCare

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 7, 9:30 & 11:30am, Weekdays 9am
Handicapped Accessible
New Members Welcome!

Unitarian

UNITED FIRST PARISH, Quincy
1306 Hancock St., across from Quincy Center T
Worship Service & Church School
SUNDAYS, 10:30 a.m.
Rev. Sheldon W. Bennett, Minister
• A Welcoming Congregation •
617-773-1290 • www.ufpc.org

Congregational

First Church of Squantum
164 Bellevue Street
617-328-6649
Pastor: Michael S. Robertson
10 a.m. Sunday Worship
All Are Welcome

To Advertise in this Directory, Call 617-471-3100

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4pm (Sat.) 7:45am, 9am (Family Liturgy)
10:30am (with Choir) and 5pm
12 noon at Star of Sea Church
Weekday Masses
Mon.-Fri 7am and 9am, Sat. 9am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m., 10:30 a.m. & 5 p.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

ST. JOHN THE BAPTIST
44 School St.,
Quincy
617-773-1021
Weekend Mass Schedule
Saturday (Vigil Mass) 4 p.m.
Sunday 7:30 a.m., 9 a.m. and 11 a.m. (Family Liturgy)
Weekday Masses
Monday - Saturday 8 a.m.
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
• 617-479-5400
Pastor: Rev. John J. Ronaghan
Weekend Mass Schedule:
Saturday 4:00 PM
Sunday 7:00, 9:00, 11:30AM
Daily Masses: 9:00 AM
Handicapped Chairlift Available

Congregational

HOUGHS NECK CONGREGATIONAL CHURCH
310 Manet Ave., Quincy
www.hncong.org
Sunday, Nov. 5
Worship Service 9:30 am
All Saints Sunday
New Member Sunday
Communion
Sunday School 9:30 AM
"Talking to the Dead"
Rev. John Castricum
617-479-8778

BETHANY CONGREGATIONAL CHURCH
Corner of Spear & Coddington Sts., Quincy Center • 617-479-7300
10 AM Sunday Worship, All Saint's Sunday Communion and Church School
Sermon: "The Leper Is Cleansed"
Fellowship Follows Service in Allen Parlor

QUINCY POINT CONGREGATIONAL CHURCH
444 Washington St. • 617-773-6424
Worship and Church School 10 am
Rev. Ann Suzedell, Pastor
visit us at www.QPCC.org

UNION CHURCH
Beach St. & Rawson Rd., Wollaston
Sunday Service 10 AM
617-479-6661
Good Bible Preaching & Traditional Worship
Rev. John Carl Swanson, Pastor

PEACE

Congregational

WOLLASTON CONGREGATIONAL CHURCH
48 Winthrop Ave. - 617-773-7432
Pastor: Rev. Mary Lou Gifford
Sunday Worship Nov. 5
Sermon Topic: 'Let It Shine'
Preacher:
Rev. Mary Louise Gifford
Scripture: RUTH 1: 1-18
Responsive Reading: MARK 12: 28-34
Rev. Mary Louise Gifford

Covenant

COVENANT CONGREGATIONAL CHURCH
Corner of Whitwell & Granite St.
Sunday Worship 10:00 AM
Rev. Karen Palmatier, Pastor
9 a.m. – Christian Education for all ages
Child Care Available - All Are Welcome
Children's Pantry
Wed., Thur. 9:30 am - 12 noon
617-479-5728

Nazarene

Wollaston Church of the Nazarene
37 E. Elm Ave., Wollaston
(617) 472-5669
On The Campus Of
Eastern Nazarene College
Pastor: Rev. Fred. Fullerton
Sunday Services
8:30 am - Holy Communion
9:45 am - Adult & Children's Sunday School
11 a.m. - Blended Worship Service
Come Worship with Us!

Episcopal

St. Chrysostom's Episcopal Church
Corner of Hancock & Linden Sts., Quincy
(617) 472-0737 • www.stchrysostom.com
Rev. David Hefling
Sunday School 9 a.m.
Adult Forum 9:15 a.m.
Holy Eucharist Rite 10 a.m.
Nursery Care During Service
Coffee Hour Following
ALL WELCOME
THRIFT SHOP HRS - W, TH, FR. 10am-4pm

Evangelical

EVANGELICAL CHURCH OF ATLANTIC
65 Newbury Ave. North Quincy
(617) 847-4444
Pastor Bill Donahue
Sunday Morning
Worship 10:10 AM
Childcare Available

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Dr. Susan Jarek-Glidden, Pastor

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45 SUNDAY SCHOOL
11AM WORSHIP SERVICE
BRASS BAND MUSIC
7PM TUES WOMEN'S FELLOWSHIP
7:15PM WED. BIBLE STUDY

Spiritualist

First Spiritualist Church of Quincy
40 West St., Quincy, MA 02169
(617) 770-2246
Services: Sunday 11 a.m. to 12:30 PM
Coffee and Conversation following service.
Services 8 PM Wednesdays June, July, August)
Pastor Rev. Rita S. Berkowitz, C.H.,C.M.

Red Cross CPR, First Aid Courses

The American Red Cross South Area Office, 1495 Hancock St., Quincy Center, offers the following courses Nov. 2 through Nov. 13.

They are:

• Adult CPR/AED, Thursday, Nov. 2, from 6 to 10:30 p.m., cost $55. Course teaches bleeding, first aid for choking and CPR for victims over eight years of age.

• Adult CPR/AED and First Aid, Saturday, Nov. 4, 9 a.m. to 4 p.m. Cost $75. Completion of this course awards a CPR/AED certificate valid for one year and a First Aid certificate valid for three years.

• Adult CPR/AED Review, Monday, Nov. 6, 6 to 8:30 p.m. Cost $50. Pre-requisite: current certification in Adult CPR/AED.

• Adult CPR/AED, Tuesday, Nov. 7, 6 to 10:30 p.m., Cost $55. Course teaches bleeding, first aid for choking and CPR for victims over eight years of age.

• Infant & Child CPR & First Aid - two sessions - Wednesday, Nov. 8 and Nov. 15. Cost $70. Course teaches rescue breathing, choking and CPR for children under eight years of age. Also, bleeding, shock, poisoning and other common first aid emergencies.

• First Aid, Monday, Nov. 13, 6 to 10 p.m. Cost $50. Course teaches bleeding, choking, poisoning and other first aid emergencies.

For more information on other courses, or to register, call 617-770-2600.

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2446EP
In the Estate of
MARGARETE D. AIKEN
Late of QUINCY
In the County of NORFOLK
Date of Death
July 18, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that DORIS MCDOWELL of CHATANOOGA in the State of TENNESSEE or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **DECEMBER 13, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, October 4, 2006.

PATRICK W. McDERMOTT
Register of Probate

11/2/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2093EP
In the Estate of
WILLIAM YEE
Late of QUINCY
In the County of NORFOLK
Date of Death
July 19, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that FRANK A. YEE JR. of FRANKLIN in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **NOVEMBER 9, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, October 19, 2006.

PATRICK W. McDERMOTT
Register of Probate

11/2/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Norfolk Division
Docket No. 146998
Notice of Fiduciary's Account

To the persons interested in the estate of Jessie B. Dawes late of Quincy, in the county of Norfolk.

You are hereby notified pursuant to Mass. R. Civ. P. Rule 72 that the 38th - 42nd account(s) of Bank of America, N.A. as trustee (the fiduciary) under the will of said deceased, has been presented to this Court for allowance.

If you desire to preserve your right to file an objection to said account(s), you or your attorney must file a written appearance in said Court at Canton on or before the ***29th day of November, 2006*** the return day of this citation. You may upon written request by registered or certified mail to the fiduciary, or to the attorney of the fiduciary, obtain without cost a copy of said account(s). If you desire to object to any item of said account(s), you must, in addition to filing a written appearance as aforesaid, file within thirty days after said return day or within such other time as the Court upon motion may order a written statement of each such item together with the grounds for each objection thereto, a copy to be served upon the fiduciary pursuant to Mass. R. Civ. P. Rule 5.

WITNESS, DAVID H. KOPELMAN, ESQUIRE, FIRST JUSTICE of said Court at Canton this 18th day of October, 2006.

PATRICK W. McDERMOTT
Register of Probate

11/2/06

LEGAL NOTICE

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2006-271

ORDERED: October 16, 2006

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.08 Rules of the Road.
Section 10.08.300 Operation of Vehicles - Turning Movements Restricted Where:

ADD THE FOLLOWING

Street	Intersecting With	Direction	Type of Regulation
Hughes St.	High Street	Westbound	Do Not Enter 6-9AM Monday-Friday
Lurton St.	High Street	Westbound	Do Not Enter 6-9AM Monday-Friday

A TRUE COPY.
ATTEST: Joseph P. Shea
Clerk of Council

11/2/06

LEGAL NOTICE

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2006-210

ORDERED: June 19, 2006

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.20 Stopping, Standing and Parking.
Section 10.20.040 Parking - Prohibited and Restricted where.

DELETE THE FOLLOWING

Street	Side	From	To	Type of Regulation
Hancock Street	West	#415 Hancock St.		Handicapped Parking

A TRUE COPY.
ATTEST: Joseph P. Shea
Clerk of Council

11/2/06

LEGAL NOTICE

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2006-210

ORDERED: June 19, 2006

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.20 Stopping, Standing and Parking.
Section 10.20.040 Parking - Prohibited and Restricted where.

ADD THE FOLLOWING

Street	Side	From	To	Type of Regulation
Hancock Street	West	#415 Hancock St.		15 Minute Parking

A TRUE COPY.
ATTEST: Joseph P. Shea
Clerk of Council

11/2/06

LEGAL NOTICE

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2006-244

ORDERED: September 25, 2006

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.20 Stopping, Standing and Parking.
Section 10.20.040 Parking - Prohibited and Restricted where.

ADD THE FOLLOWING

Street	Side	From	To	Type of Regulation
Willard Street		In front of #82 Willard Street		No Parking Anytime

A TRUE COPY.
ATTEST: Joseph P. Shea
Clerk of Council

11/2/06

LEGAL NOTICE

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2006-251

ORDERED: September 25, 2006

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.20 Stopping, Standing and Parking.
Section 10.20.040 Parking - Prohibited and Restricted where.

ADD THE FOLLOWING

Street	Side	From	To	Type of Regulation
Harvard Street	North & South	West Squantum Street	Sherman Street	No Parking Anytime

A TRUE COPY.
ATTEST: Joseph P. Shea
Clerk of Council

11/2/06

LEGAL NOTICE

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2006-267

ORDERED: October 16, 2006

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.08 Rules of the Road.
Section 10.08.300 Operation of Vehicles - Turning Movements Restricted Where:

ADD THE FOLLOWING

Street	Intersecting With	Direction	Type of Regulation
Hughes St.	Independence Ave.	Eastbound	Do Not Enter 2-6PM Monday-Friday
Lurton St.	Independence Ave.	Eastbound	Do Not Enter 2-6PM Monday-Friday

A TRUE COPY.
ATTEST: Joseph P. Shea
Clerk of Council

11/2/06

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MISCELLANEOUS

ANTIQUES
ANTIQUES WANTED - Single items or complete estates - artworks, furniture, ceramics, tools, orientalia, silver, advertising, Native American, folk art, sculptures, jewelry, stamps, coins. Top $$ paid. 888-260-8050 or 207-549-4652

BOOKS AND PUBLICATIONS
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LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2630EP
In the Estate of
FRANCES W. O'TOOLE
Late of QUINCY
In the County of NORFOLK
Date of Death
September 23, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that OWEN M. O'TOOLE JR. of NASHUA in the State of NEW HAMPSHIRE or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **DECEMBER 6, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, October 25, 2006.

PATRICK W. McDERMOTT
Register of Probate
11/2/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2583EP
In the Estate of
JESSIE WHITECROSS DIBONA
Late of QUINCY
In the County of NORFOLK
Date of Death
September 19, 2006
NOTICE FOR APPOINTMENT OF ADMINISTRATOR

To all persons interested in the above captioned estate, a petition has been presented praying that CLARA IRVINE of QUINCY in the County of NORFOLK and WILLIAM IRVINE JR. of QUINCY in the County of NORFOLK or some other suitable person be appointed administrator of said estate to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **DECEMBER 6, 2006**.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, October 23, 2006.

PATRICK W. McDERMOTT
Register of Probate
11/2/06

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The Quincy Sun

MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET, QUINCY, MA 02169
PAYABLE IN ADVANCE. Payment must accompany order.

INDEX
- ❑ Services
- ❑ For Sale
- ❑ Autos
- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
- ❑ Real Estate
- ❑ Antiques
- ❑ Flea Markets
- ❑ Yard Sales
- ❑ Instruction
- ❑ Day Care
- ❑ Personal
- ❑ Miscellaneous

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1 WEEK ❑ $7.00 for one insertion, up to 20 words, 10¢ for each additional word.

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POLITICAL ADVERTISEMENT POLITICAL ADVERTISEMENT POLITICAL ADVERTISEMENT

Vote YES on #4

Community Preservation Act – Nicer Neighborhoods in Quincy

A steady funding source for 3 issues facing Quincy...

1. **Preservation of land for open space**
2. **Restoration of our historic sites**
3. **Providing avenues for affordabie housing**

"The time to act is now. The sooner we enact the CPA, the sooner we will avail ourselves of the funds necessary to preserve what little open space is left in Quincy.
– Ross E., Narragansett Rd.

The most logical reason to **Vote Yes on 4** is that Quincy is already paying into the CPA. Without the CPA, Quincy residents are handing almost half a million dollars per year over to other towns.
– Maureen M., Bayberry Rd.

Is protecting the remaining open spaces, preserving historic sites & supporting affordable housing in Quincy worth $26.50 per year? We think it is and we hope the voters of Quincy will agree.
– Maura O., Chickatabot Rd."

Quincy residents have already paid $2.5 million into the state CPA fund, but we can't access that fund since we have not yet passed the CPA.

The CPA already benefits 111 cities & towns in MA, including Braintree, Weymouth & Randolph.

Those communities are using OUR money to improve their neighborhoods.

Isn't it time we invested this money in our community?

On Tuesday...

Vote YES on #4

To learn more, visit www.communitypreservation.org

Paid for by the Committee to Approve the CPA in Quincy

PLU# 7051

*****CAR-RT LOT**B-099
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Jane Farrell-Smith Remembered With Love At Bernazzani School
- Page 8 -

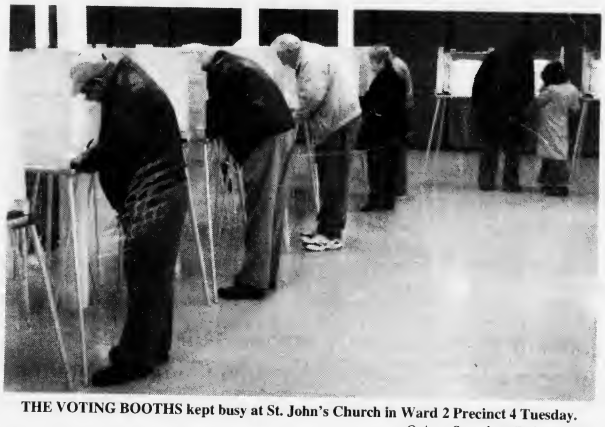
The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper

VOL. 39 No. 8 Thursday, November 9, 2006

• Cahill, Delahunt Winners • Voters Approve Question 4 • 54% Turnout

It's Patrick-Murray Here, Statewide



THE VOTING BOOTHS kept busy at St. John's Church in Ward 2 Precinct 4 Tuesday.
Quincy Sun photo/Robert Noble

Deval L. Patrick swept to a wide-margin election victory here and statewide Tuesday to become the first black governor in Massachusetts history.

The Milton Democrat and his running mate, Worcester Mayor Tim Murray cruised by Lt. Gov. Kerry Healey and Reed V. Hillman.

The Patrick-Murray team took nearly 52 percent of the Quincy vote with 14,914. Healey-Reed had 37 percent with 10,684.

Independent Christy Mihos and Green Rainbow Party candidate Grace Ross were a far back third and fourth.

Mihos's vote here was 2,479 and Ross had only 687.

Fifty-four percent of Quincy's 54,503 registered voters went to the polls, a little higher than the 48-to-50 percent expected.

Patrick, who served in the Justice Department in the Clinton administration, was making his first bid for public office in Massachusetts.

State Treasurer Tim Cahill was re-elected as was Congressman William Delahunt in the 10th Congressional District. Both are Quincy Democrats.

Cahill crushed Green Rainbow challenger James O'Keefe here with 88 percent of the vote. Cahill's vote was 24,025 to O'Keefe's 3,086.

Delahunt easily turned back challenges from Republican Jeffrey K. Beatty and Independent Peter A. White.

Delahunt took 75 percent of the vote here with 20,875 to Beatty's 5,482 and White's 1,446.

Senator Edward M. Kennedy topped Republican challenger Kenneth G. Chase, 19,986 to 7,903.

Democrat Martha Coakley was elected attorney general over Republican Larry Frisoli. Coakley's Quincy vote was 20,783 to Frisoli's 6,883.

DEVAL PATRICK

TIM MURRAY

TIM CAHILL

WILLIAM DELAHUNT

Secretary of State William F. Galvin rode to another term, over Jill E. Stein, Green Rainbow candidate. Galvin had 22,754 votes here to Stein's 3,657.

State Auditor A. Joseph DeNucci had little trouble fending off challenger Rand William, Working Families party candidate. DeNucci's Quincy vote was 21,636 to Wilson's 4,275.

Local incumbents state Senator Michael W. Morrissey and state Representatives Bruce J. Ayers, Ronald Mariano and A. Stephen Tobin, all Quincy Democrats, were re-elected unopposed.

Morrissey's vote was 23,121; Ayers 9,037; Mariano 4,320 and Tobin 9,508.

Also re-elected without opposition were Norfolk County Dist. Atty. William R. Keating, Clerk of Courts Walter F. Timilty, Jr. and Register of Deeds William P. O'Donnell.

Keating's Quincy vote was 22,296, Timilty's 21,946 and O'Donnell's 22,043.

County Commissioner Peter H. Collins topped Republican challenger Thomas E. Gorman of Dedham here, 17,394 to 6,428 and appeared well on his way to re-election.

Christopher A. Iannella, Jr., Councillor Fourth District, was unopposed. His Quincy vote was 21,690.

76th In Nation

Quincy Rated State's Second Safest City

Quincy was recently rated second in Massachusetts and 76th nationally in a recent study of America's safest cities.

Only perennial leader Newton was rated higher than Quincy.

The ratings were based on major crime statistics reported to the FBI, released this past June. Quincy moved up 19 spots from 95th last year to 76th.

"This is a testament to the job that the Quincy Police Department and Chief Robert Crowley are doing on a daily basis," said Mayor William Phelan. "We have the best-educated, best-trained force in the history of the department and these results reflect that. I am proud of the job that our policemen and policewoman do to keep our residents safe and comfortable."

Brick, N.J. ranked finest, and St. Louis, MO was designated America's most dangerous city.

In Massachusetts, Newton and Quincy were followed by Somerville (85th nationally), Cambridge (117), Worcester (229), New Bedford (254), Boston (314), and Springfield (341).

"We will continue to improve our community policing program and support crime prevention programs like our Summer Anti-Gang programs and citizen police academies. There are also a host of positive after-school educational and recreational programs that set our young people on the right path. I will continue to support those programs in an effort to reap great benefits for our community."

Crowley cited the success of the community policing programs, the city's participation in the new Boston Regional Intelligence Center (BRIC), the number of after-school programs for young people, and the handwork of the men and women of the Quincy Police Department as reasons for the success of the department."

Free Legal Clinics At Quincy Court

The Norfolk County Bar Association is sponsoring free legal clinics at Quincy District Court, with the next one scheduled for Nov. 14.

A panel of attorneys experienced in all areas of the law will be available for one-on-one confidential consultation. No appointment is necessary.

The clinics will be held Tuesdays from 6 to 8 p.m. The schedule after Nov. 14:

Dec. 5, April 10, May 8, May 22, July 10 and Aug. 14.

For more information contact Adrienne Clarke at 617-471-9693.

Question 4 Only Winner

Whether Quincy should accept Question 4, the Community Preservation Act, was the only winning question on Tuesday's ballot.

The vote on Question 4 was: **Yes**: 14,491. **No**: 11,125.

Question 1: Allowing wine to be sold in food stores: **No**: 16,374. **Yes**: 10,270.

Question 2: Nominating candidates for public office. **No**: 17,294. **Yes**: 8,485.

Question 3: Allowing unions to organize employees in day care centers operated in homes. **No**: 13,227. **Yes**: 12,481.

■ Veterans Day Parade Saturday - *Page 3* ■ 5 NQHS Classmates Now Proud Marines - *Page 9*

Plead Innocent, Held On $100,000 Bail

5 Arrested In Drug Raid At Quincy Apartment

Norfolk District Attorney Bill Keating's Drug Task Force arrested five men in a raid at a Quincy apartment Keating said was being used as a drug "warehouse" last weekend.

"This is something very bold on the part of drug dealers that we had not seen until recently," Keating said. "Setting up a warehouse for drug distribution in a suburban area is something we had not seen until this year."

State Police from District Attorney's Drug Task Force worked with agents from the Drug Enforcement Administration for roughly a month developing information that an apartment at 225 Independence Ave. was being used as a storehouse with kilos of cocaine and quantities of other drugs being moved in and out of it.

"Fear of neighbors observing this kind of activity had suppressed using suburban areas in this way in the past," Keating said. "It is often observed that people interact less with their neighbors now, keep to themselves more. We are asking the public to join us in targeting this by making police aware of activity they deem suspicious."

BILL KEATING

Surveillance of the apartment led to arrests on Wednesday and Friday, and a court sanctioned search of that property late Friday night.

Keating said, on Wednesday, Wilber Ruiz, 24, of Jamaica Plain was stopped in Dorchester by State Police, after he left Independence Ave. in a car and found to have a kilo of cocaine in a "hide" or a secret storage compartment built into the dashboard of his car. He pled not guilty to cocaine trafficking and is being held on $100,000 cash bail or $1 million surety.

On Friday, Keating said, State Police arrested Carlos Vasquez, 28, of Revere, Urcinio Nivar-Marcano, 35, of Lawrence, Hector Rodriguez, 31, of Lynn and Jonathan C. Ramos, 23, of Boston. They pled not guilty at their arraignments in Quincy District Court on Monday and are being held on $100,000 cash bail or $1 million surety. They are due back in court Dec. 5.

Following these arrests, State Police and Quincy Police executed a search warrant on Independence Avenue apartment, Keating said.

"A search dog trained in locating narcotics was released into the house first," Keating said. That dog indicated an area of wall which, when pried open by State Police, showed a secret compartment built into the wall to store drugs.

"The secret compartment contained 40 grams of cocaine, notes from possible drug transactions, and many boxes of glassine baggies often used for repackaging narcotics," Keating said. "No one was in the apartment at the time of the search, and it did not appear anyone was living there full-time."

Quincy Teaming With Others To Mobilize Medical Reserve Corps

To Assist Emergencies

The Quincy Health Board is working with other local communities to mobilize volunteers for a Medical Reserve Corps that would assist in the event of a health emergency.

Quincy Health Commissioner Andrew Scheele said disasters such as Hurricane Katrina, tsunamis and the Sept. 11 terrorist attacks have made communities all the more aware of the need for an organized group of qualified volunteers who are preparing to help.

Future needs, he said, may include flu pandemic or bioterrorism.

The Quincy Board of Health would like to identify, credentiate and train as many volunteers as possible. Volunteers may be nurses, physicians, pharmacists and physician assistants, whether practicing or retired, those with experience in public health, mental health and allied health professionals or community members without medical training to assist with administrative and other essential support functions.

An information session for health professionals and other interested citizens will be held Wednesday, Nov. 15 at 2 p.m. and Thursday, Nov. 16 at 7 p.m., City Hall in the second floor conference room, Quincy Center. For directions and to RSVP, contact Alison Minkoff at 617-665-3871 or email aminkoff@challiance.org.

Recognizing that many professionals have limited time to volunteer, the Board of Health encouraged Medical Reserve Corps members to choose their level of participation. Volunteers may elect to serve their community both during emergencies and for more routine public health needs such as immunization clinics, screenings and health education, or strictly during emergencies. Because Quincy is working in cooperation with 27 area communities to share resources, volunteers may also choose to serve only in their town or as part of the regional Medical Reserve Corps.

The other communities are all part of Massachusetts Public Health Region 4b, which encompasses 27 cities and towns and 981,000 residents. The Region 2b Medical Reserve Corps will be a cadre of trained volunteers from communities in the region who will work with medical, public health and other local emergency responders to guarantee a timely and harmonized volunteer response for local and regional public health emergencies.

Medical Reserve Corps, a component of USA Freedom Corps, was created in 2002 to promote and organize volunteerism and service in the United States. While the Office of the U.S. Surgeon General oversees the national network of MRC volunteers, there are more than 200 MRC units throughout the nation. Each unit is organized locally to ensure that individual community needs are addressed.

More specific examples of practicing and retired professionals who are encouraged to volunteer include, but are not limited to: physicians, nurses, dentists, veterinarians, pharmacists, respiratory therapists, epidemiologists, health educators, psychologists, social workers, chaplains, language interpreters, lawyers, funeral directors and administrators. Medical, public health, and other allied health professionals are also encouraged to apply, as well as non-medical personnel. United States citizenship is not rquired to be a Medical Reserve Corps volunteer.

Communities in Region 4b are: Arlington, Belmont, Braintree, Brookline, Cambridge, Canton, Chelsea, Cohasset, Everett, Dedham, Hanover, Hingham, Hull, Milton, Needham, Newton, Norwell, Norwood, Quincy, Revere, Scituate, Somerville, Watertown, Wellesley, Westwood, Weymouth and Winthrop.

For more information, contact Scheele at 617-376-1272 or Alison Minkoff at 617-665-3871 or email her at aminkoff@challiance.org.

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Discover the Difference, Taste the Difference!
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$3.99
(may substitute other soda)
coupon expires Dec. 31, 2006

Foot Long Hot Dog, Large Fries and Medium Root Beer
$2.99
(may substitute other soda)
coupon expires Dec. 31, 2006

Italian Sausage w/ Peppers & Onions, Large Fries and Medium Root Beer
$3.99
(may substitute other soda)
coupon expires Dec. 31, 2006

FAMILY DEALS

Bag-o-Burgers
6 plain 1/4lb. Cheeseburgers
$9.00
coupon expires Dec. 31, 2006

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Veterans Day Parade, Ceremonies Saturday

Decorated Iraq War Veteran Keynote Speaker

A decorated veteran of the Iraq War and a Quincy native will be the keynote speaker Saturday as Quincy observes Veterans Day with its annual parade and ceremonies.

Lt. Col. Robert A. Frazier, who returned from Iraq in March, is now assigned as Division Chief, Requirements and Assessments, Rapid Equipping Force, Office of the Assistant Chief of Staff at the Pentagon.

He served with the Multi-National Corps in Iraq. Prior to that he was Director of Personnel and Community Affairs at the Army National Guard Training Site at Camp Edwards.

The parade will start at 10:30 a.m. from in front of St. John's Church on School Street and proceed along Hancock Street to the World War I Doughboy Statue at the Adams Academy where the ceremonies will be held.

In the event of inclement weather, the ceremonies will be held at 11 a.m. in the Center For Technical Education gym on Coddington Street.

Three of five North Quincy High School 2006 graduates who recently completed Marine basic training at Parris Island, S.C., will march alongside Mayor William Phelan in the parade.

They are Pfc. Robert Connell, son of Robert and Karen Connell; Sean Joyce, son of Daniel and Catherine Joyce; and Matthew Tobin, son of Mark and Judith Tobin, and nephew of Mayor Phelan.

The other two, Pfc. Stephen Spring, son of Kathleen Spring and Pfc. Keith Lorsordo, son of Joseph and Kim Lorsordo are at Camp Lejeune, N.C. for additional combat training.

Frazier, whose military career spans 38 years, received the Bronze Star Medal for service in Iraq, the Global War on Terrorism Service Medal and the Iraq Campaign Medal.

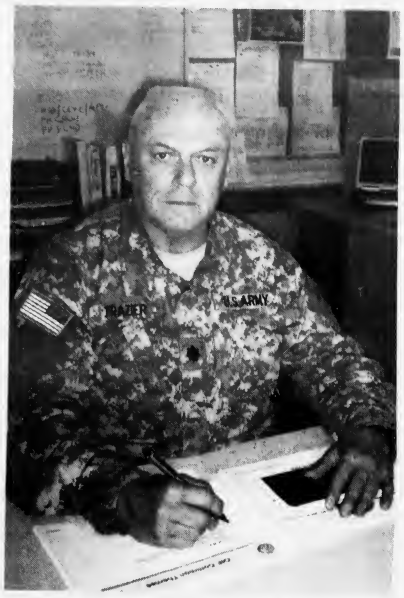
He is also the recipient of the Army Reserve Components Achievement Medal, National Defense Service Medal, Humanitarian Service Medal and the Armed Forces Reserve Medal.

A Quincy native, he is the son of Ansel R. Frazier, a World War II veteran who served 30 years in the Quincy Fire Department and Mary (Costello) Frazier, Quincy High School class of 1939.

He attended St. John's elementary school, Central Middle and Quincy High School class of 1964.

He is a graduate of Northeastern University, Pacific Western University and

(Cont'd On Page 13)



LT. COLONEL Robert A. Frazier who will be the keynote speaker at Quincy's Veterans Day observance Saturday, is shown here on duty in Iraq.

Vaccine Is Ready For Flu Season

Remember the great flu crisis of aught-five when it was touch and go for a while whether or not we would have enough vaccine to protect even the elderly among us?

Well, take it from Health Commissioner Drew Scheele, you can forgeddaboudid in aught-six.

"We'll have more than enough vaccine this year," he said. "I expected we'll have about 3,700 doses. We have 350 doses on hand now and they are coming in 10 per cent allotments at a time.

"We'll have all the vaccine we need by Nov. 24."

The first doses of the vaccine will be given to those who will need it the most, the residents of the senior housing complexes. Seniors won't have to travel to clinics to get the shots. The shots will come to them on their home turf.

After that, four free clinics have been scheduled for the general public:

• Saturday, Nov. 18, from 10 a.m. to 2 p.m., at the Safety Fair at the Koch Park and Recreation Complex, One Merrymount Parkway.

• Wednesday, Nov. 29, from 9:30 to 11 a.m., at the Elks Lodge, 254 Quarry St.

• Sunday, Dec. 3, from 10 a.m. to 3 p.m., at the Health Department, 1585 Hancock St.

• Wednesday, Dec. 6, from 2 to 4 p.m., at the Health Department, 1585 Hancock St.

If you should happen to pass up the four clinics, the shots will be available every Wednesday from 2 to 4 p.m. at the Health Department until the vaccine is gone.

By that time, Quincy folks should be well insulated against the flu as it enters its peak season in February and March.

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Moments in time

THE HISTORY CHANNEL

• On **Nov. 8, 1793,** after more than two centuries as a royal palace, the Louvre opens as a public museum in Paris. Today, the Louvre's collection is one of the richest in the world, with artwork and artifacts representative of 11,000 years of human civilization and culture.

• On **Nov. 11, 1852,** the Saturday Evening Gazette publishes "The Rival Painters: A Story of Rome," by Louisa May Alcott, author of "Little Women" (1868). Alcott spent most of her life caring for her family financially, emotionally and physically. Her father died in March 1888, and she followed him just two days later.

• On **Nov. 7, 1916,** Montana suffragist Jeannette Rankin is elected to the U.S. House of Representatives, becoming the first woman to win a seat in the federal Congress. A dedicated pacifist, Rankin's first vote as a U.S. congresswoman was against U.S. entry into World War I.

• On **Nov. 6, 1921,** "The Sheik" opens, launching the cult of Rudolph Valentino. Despite negative reviews, the movie and its exotic star caught the attention of women across the country, who were soon swooning in the theater aisles. Valentino died on Aug. 23, 1926, at age 31, following surgery for a perforated ulcer.

• On **Nov. 12, 1934,** the movie musical "Babes in Toyland" opens, featuring Stan Laurel and Oliver Hardy as comic relief. The Laurel and Hardy comedy team began performing together in 1927 and appeared in more than 100 films, including 27 features, by 1950.

• On **Nov. 10, 1970,** for the first time in five years, no U.S. combat fatalities in Southeast Asia are reported for the previous week.

• On **Nov. 9, 1989,** East German officials open the Berlin Wall, allowing travel from East to West Berlin. The following day, celebrating Germans began to tear the wall down. One of the ugliest and most infamous symbols of the Cold War was soon reduced to rubble that was quickly snatched up by souvenir hunters.

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MONK: 5 year-old Siamese mix, strong personality.
MAE: Black and white 2 1/2 year old cutie.
THUNDER: 4 month old black and white male. Sweet.
TABITHA: 2 year old talkative, outgoing female.
BABY CLARISSA: 2 year old black, sweet lap cat.
HOLLY: 2 year old girl with lots of personality.
PLUS MANY MORE CATS and KITTENS NEED HOMES

Sunbeams

By Henry Bosworth

Cheney Coming Back?

With the state election now over, political observers are beginning to take a look at next year's city election.

Right now it looks like a pretty tame one. No challengers in sight for mayor, city council or school committee.

But things can suddenly change.

Like, for example, the return of Mike Cheney to the political arena.

CHENEY

Is he coming back? Looks like he's itching to do so.

Cheney, who served 13 years in the City Council, two as president, left in 1997.

Now, nine years later, he appears to be coming down with that old political fever.

"Yes," he acknowledges when asked if he's thinking of running next year. "I'm weighing my options."

His options seem to be revolving somewhat around Joe Finn.

If Finn runs for mayor next year, would he run for Finn's council at-large seat?

FINN

"Possibility," Cheney says. "That's one option."

Another option:

"If Joe did run for mayor, I might just help him full-time. I think he would make a good mayor."

One more option:

If Finn doesn't run for mayor would Cheney?

"Possibility," he says, and adds:

"I'm seriously considering doing something. It's frustrating to be sitting on the sidelines and see things you believe should be changed and you're not in a position to change them. Or, there's something you don't want to see happen and can't do anything about it."

One of the things he doesn't want to see is the city to take over the Souther Tide Mill.

"It would take between $1.5 and $3 million to restore it," he says. "I don't support using taxpayers' money for that. It should be done through a private non-profit organization with some help from the city."

Cheney spoke in opposition to taking over the Tide Mill property at a City Council meeting in September.

His appearance touched off the first speculation he might be coming back as a candidate next year.

Cheney served in the council from 1984 to 1997, five years as Ward 1 councillor and eight at-large. He was council president in 1994-95.

He was an aggressive, hard-working councillor who let you know where he stood on issues. "No comment" wasn't in his vocabulary.

At that time he was working nights as an MBTA mechanic which meant at the end of Monday night council meetings he would head to his MBTA job instead of home. And after spending the night at work, he would first stop off at City Hall in the morning to see if there were any messages for him.

In between he found time to head up such major community projects as the First Night celebration and Arts in the Park.

Cheney is now a consultant with clients that include union Locals 133 (laborers) and 424 (carpenters), the Plymouth County Sheriff's office and fundraising events.

That union connection would help jump-start a new political career.

And if he did come back, it would certainly liven things up.

❑

FORMER WJDA STAFFERS Mike and Debbie Logan are now in new teaching careers.

Mike, who was the news director and Debbie, assistant manager, are both English teachers in Taunton middle schools: Mike, 8th grade at the Parker and Debbie 7th and 8th grade at the Martin.

M. LOGAN

But Mike hasn't retired from broadcasting. He'll be doing the play-by-play of the Quincy-North Quincy Thanksgiving Day game live on WTTT, 1150 AM, a 5000-watt station located in Marina Bay. Brian Malone will join him on color.

Mike's company, MWL Sports, will produce the game.

❑

MILESTONE: Deanna (Gazarian) Seymourian, former owner of Phase II in Quincy Center, and husband, Greg, are grandparents of twins for the second time.

DEANNA

Daughter Jessica and husband Brian Cherry welcomed Stephen Brian and Abigail Anne Oct. 6 at Brigham and Women's Hospital.

Jessica is a member of Sheriff Michael Bellotti's legal department staff and Brian is a Milton police lieutenant.

Daughter Karin and husband Jim Sheridan presented Deanna and Greg with their first set of twin grandchildren five years ago.

The latest set brings the total number of grandchildren to seven.

Deanna, a past president of the Quincy Business Association, is keeping busy as burser, managing social functions and bookings at the Milton Women's Clubhouse. (You can reach her at 617-696-6736.)

❑

PET PEEVE: Those people who leave shopping carts in the middle of a parking space or straddling two in supermarket parking lots instead of returning them to the designated drop-off which is usually close by. Are they too darn lazy or too darn inconsiderate?

Delahunt Speaker For Houghs Neck Beautification

Congressman William Delahunt was a guest speaker at the recent"Houghs Neck Beautification" open meeting, sponsored by Houghs Neck Community Council, at St. Thomas Aquinas Church Hall, Darrow St.

Other guest speakers for the meeting were: P.J. Foley of Marsh Madness, and representatives from the Houghs Neck Garden Club and the Parks Department.

State Sen. Michael Morrissey and state Representative Steve Tobin and members of the City Council were also invited to the meeting.

Partners in the venture include NOAA, EPA, FEMA, Coastal Zone Management, Division of Marine Fisheries, Conservation Law Foundation and Norfolk County Mosquito Control.

For more information, call Fiona Canavan at 617-471-4898.

Friendly Visitors Sought At COA

The Quincy Council on Aging is seeking volunteers to call on the elderly who live alone away from family and friends and would welcome a friendly visitor.

The COA is also seeking seniors who live alone and would like a friendly visit themselves.

Call the COA at 617-376-1508 and ask to speak with the friendly visitor coordinator.

The Council is mandated by law to do background checks on all volunteers.

Scenes From Yesterday

THIS 1920's POSTCARD is a view of the Wollaston Branch of the Thomas Crane Public Library on the corner of Chapman and Beale Streets in Wollaston. Built in 1922, this is a wood-frame building with a stucco exterior. Beginning to show some signs of its age, the building is presently being spruced up by the city. The library is opened on a limited basis on weekdays only. Over the years this building has provided the community with a meeting place for hundreds of events. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of Tom Galvin

READERS FORUM

Frank Bellotti Stands For 'The Best In All Of Us'

Back when I was growing up, there was a host of politicians in the late 50s and early 60s who fought with passion, but never forgot their principles. I think of folks like Jack Kennedy, Chub Peabody, Kevin White and Frank Bellotti.

Recently, the Quincy Democrats honored Francis X. Bellotti for his lifetime achievement in politics.

His speech to those assembled explained with vigor about what government should be. It isn't to make a profit. It's not them. Government is us, and government is there to help not hinder.

As I listened to Bellotti, he sounded like a dinosaur because too many polls today live by sound-bites and 30 second ads. If they tell a stupid joke their too big to apologize.

Frank Bellotti was the first pal I ever volunteered my services. In 1970 I was 22 years and I was attracted to Bellotti's ideals. He didn't win that year, but it didn't stop me from working over the years in endless campaigns. My ideals are slightly jaded with the years, but I still believe, like Frank Bellotti, that public service is about serving the needs of people. It's a partnership between all of us.

Back in 1990 I volunteered in Frank Bellotti's last campaign with the same person as in 1970. Bellotti did likewise.

Frank Bellotti is real. He has always stood for the best in all of us. He never ran on fear, but always hope.

Today's politicians could take a lesson from his career. As a Democrat, I think he left a legacy about caring about those he served. It was never just a job or campaign.

Sal Giarratani
Atlantic Street

A 'Thank You' For Police Seminars

I want to thank Sgt. Dick Potter with assists from Capt. Paul Keenan and Lt. Dan Minton of the Quincy Police Department for presenting Police Seminars during the month of October to residents of the Granite Place Elderly Housing, 125 Granite St.

He introduced interesting and pertinent topics to our residents and brought in guest speakers that spoke on elder abuse, identity theft, safety and information of Fallon Ambulance services, MBTA accessibility and the Council on Aging. His program was extremely well-received by all that attend. A "thank you" also to Councillor Kevin Coughlin for his continued support.

We as tax-payers and residents of Quincy should be very proud of the men and women that service our needs and protect us from those that want to harm us. The Granite Place residents know that the Quincy Police Department is there for them and that the department is one of the finest in the state of Massachusetts.

Thank you again and I hope that the program can continue for years to come.

Barbara Makuski L.S.W.A.
Social Worker
Marina Bay Management
Granite Street

An Open Letter To QMC Nurses And Technicians

After five weeks at Quincy Medical Center, I'm home now and feeling better, thanks to all of you.

I'd like to acknowledge the never-ending kindness I received during the five weeks I was in your care.

The task was monumental, yet day after day and night after night you performed like a choir of angels.

As sick as I was, I was constantly amazed at your dedication.

It wasn't just that you knew what to do to make me feel safe, the way you did your job made me feel important, as though each and every one of you really cared.

I've never been so sick and I've never felt so much concern from so many.

I am forever grateful and I'll never forget you.

I love you one and all!

Bea Lund
Quincy

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Quincy's Yesterdays

Stage Set For Hot Ward Council, School Races

This Week
1973
33 Years Ago

By FRANK McCAULEY

Tuesday's preliminary election results have set the stage for red hot ward council and school committee races in the Dec. 4 final election.

A surprising 39 percent (19,204) of the city's 48,838 registered voters went to the polls. A lean 28 percent had been forecast. Mayor Walter Hannon with 11,110 votes, will face Mrs. Grace Saphir with 5,997 votes, in the final election. Incumbent City Councillors Clifford Marshall, Ward 2, Albert Barilaro, Ward 4, J. Vincent Smyth, Ward 6, as well as Councillors at Large Arthur Tobin, Joseph LaRaia and John Quinn were all nominated.

Quincy's preliminary election had been an on again off again affair for months after the city had been ordered by a federal court judge to redistrict. This delay caused the scheduled Nov. 6 final election to become the preliminary election with the final election scheduled for Dec. 4

SHOPPERS PARK FREE ON FRIDAY EVENINGS

Shoppers can now park free in downtown Quincy, North Quincy and Wollaston, on Friday evenings, thanks to an ordinance change passed unanimously by the City Council. The ordinance change amendment, passed in the Ordinance Committee chaired by Ward 2 Councillor Clifford Marshall, allows free parking on Fridays from 6 p.m. on.

QUINCY-ISMS

South Shore Masonic Lodges, in conjunction with the Greater Quincy Red Cross Chapter, was sponsoring a bloodmobile for Saturday, Nov. 10 at the Masonic Temple. **Loren Strout**, Blood Donor Chairman for the Wollaston Masonic Lodge, was coordinating the event... Houghs Neck American Legion Post Commander **William Timcoe** announced that flag burning ceremonies for the retirement of colors, would be held Nov. 11 at the Post home, 1116 Sea St... Community service awards were presented by the Quincy School Committee to **James D. Asherr, Jr.**, WJDA, **Henry Bosworth**, the Quincy Sun, **Mrs. Inez Silverstein** of Amity Aides and the Community College Association of Quincy Junior College... **Ruth Pabst**, principal clerk in the City Election Department, retired after 14 years of service. Ruth is the sister of sports announcer **Ken Coleman**, the "Voice of the Red Sox,"... **Theresa Harcourt** was elected president of the Quincy Retired Teachers Association. Miss Harcourt succeeded **Rudolf Lofgren**... **Anne Serafinelli** and **Mary Follon** of Quincy were co-chairs of a Bingo Party to benefit the Home For Italian Children... St. Mary's Guild, West Quincy, was planning a membership meeting for Nov. 12 at the church hall. Guild officers included **Mrs. Kevin Little**, president, **Mrs. Joseph LaRaia**, vice president, **Mrs. Robert Gosselin**, corresponding secretary, **Mrs. Robert Verrocchi**, recording secretary, and **Mrs. John Savage**, treasurer... **Robert L. Blair**, chairman of the board and chief executive officer of South Shore National Bank, was elected vice-chairman of Multibank Financial Corporation. Blair, a Wollaston resident, joined the South Shore National Bank in 1946... **Hugo Fabrizio**, owner of Flip's Oil Service, was elected to the Board of Directors of Milton Bank and Trust. He is a resident of Emerald St., West Quincy... **Joseph Aristide** of Payne St., South Quincy, has been appointed a member of the American College of Nursing Home Administrators. Aristide is the owner-administrator of the Bradley Manor Nursing Home, South Weymouth... The IGA Adams Shore Foodliner, 494 Sea St., was advertising "crisp fresh iceberg lettuce for $.29 a head,"... **Rev. John Graham** was to preach on "The Peril of Principle" at the Sunday, Nov. 11 service at the United First Parish... **Mayor Hannon** and the Quincy City Council unanimously supported a resolve sponsored by Ward 6 Councilor **J. Vincent Smyth** asking the state legislature to return the observance of Veterans Day to Nov. 11... Northeastern University Dean of Students **Christopher Kennedy** was cited for his long years of distinguished service to the University. Kennedy joined the Northeastern faculty as an instructor of mathematics in 1948... The Wollaston Women's Club Juniors were planning their 40th birthday celebration and past president night for Nov. 15. Chairpersons for the event included **Mrs. Robert Williams**, **Mrs. Frederick Flukes**, and **Mrs. Cornelius Quirk**... Navy Ensign **A. Bruce McKenzie**, son of Mr. and Mrs. Alexander McKenzie of Presidents Lane, was designated a Naval Aviator and received his "Wings of Gold" during ceremonies at Corpus Christi, Tex... **James Bonner** was starring in "The Bride" at the Wollaston Theatre on Beale Street. Admission was $1...Quincy High School defeated Chelsea 27-6 to bring its 1973 football mark to 3-3-1. **Richie Joyce** was singled out by Defensive Coach **Bud Mosher** for his spectacular play.

Arts & Entertainment

Marie's Kitchen

BY MARIE D'OLIMPIO

Easy Peanut Butter Cookies

If you're a peanut butter lover, here is the easiest recipe that I have found for a great peanut butter cookie. Imagine a recipe without flour.

Today's recipe can be used with either Splenda or sugar equally as tasty especially for those on a sugar free diet.

Easy Peanut Butter Cookie

Pre-heat oven to 350 degrees.

1 cup of either creamy or crunchy peanut butter

1 cup sugar (or splenda)

1 egg (slightly beaten)

1 teaspoons vanilla

Mix all of the ingredients together. Roll in walnut sized balls and place on a slightly greased cookie sheet If it is too moist, you can dip them lightly in flour or some more sugar. Then flatten them a bit and top with a fork making lines on each.

Bake for about 12 minutes. Wasn't that easy?

'Tis The Season' Concert To Benefit Quincy School Music Programs

The Quincy School - Community Partnership in association with the Quincy Symphony Orchestra and the Quincy Council on Aging will present an evening of holiday music Tuesday, Dec. 5 at 7 p.m. in the grand ballroom of the Boston Marriott Quincy, 1000 Marriott Dr., Quincy.

The concert, "Tis the Season... Symphony and Song! will feature holiday music performed by the Quincy Symphony Orchestra and the choirs of North Quincy and Quincy High Schools.

Proceeds from the concert will benefit the music programs in the Quincy Public Schools.

Tickets are $20, $15 for seniors and $10 for students. Transportation will be provided for seniors.

For ticket sales and more information, call the Council on Aging at 617-376-1245 or Keith Segalla at 617-984-8888.

Watercolor Exhibit At Crane Library

An exhibit of watercolor paintings by Yinghong Mei will be shown at the Thomas Crane Public Library, 40 Washington St. from Nov. 13 to 30 in the Coletti Reading Room on the first floor.

Mei, a nursing student at Quincy College, has won art prizes in China and an honorable mention at the Quincy Art Association juried art show.

She has exhibited at the South Shore Art Center and the New England Art Center.

For more information, call 617-376-1301 or visit thomascranelibrary.org.

9th Annual 'Feed The Hungry' Fundraiser Nov. 30 At Lombardo's

The ninth annual "Feed the Hungry" fundraiser to benefit the Interfaith Social Services will be held Thursday, Nov. 30 at 6:30 p.m. at Lombardo's Function Facility, 6 Billings St., Randolph.

The reception begins at 6:30 p.m., followed by dinner, dancing and a silent auction.

This year's event is co-chaired by Atty. Thomas F. Williams and Paula Lombardo-Colia.

THOMAS WILLIAMS

PAULA LOMBARDO-COLIA

The fundraiser will feature rhythm and blues band Five after Five. Highlights of the evening include a silent auction, raffle and many other special surprises.

Tickets to Feed the Hungry are $65 each. A portion of each donation is tax deductible to the fullest extent allowed by law.

Last year Feed the Hungry raised more than $60,000 for Interfaith Social Services, allowing the organization to continue offering programs such as The Pantry Shelf, Fresh Start and HomeSafe.

For more than 65 years, Interfaith Social Services has supplied nutritious and wholesome food, clothing, counseling and limited financial assistance to people in need throughout the South Shore.

In 2005, the Pantry Shelf provided food for 3,787 households, including 3,096 children. The agency's Fresh Start and HomeSafe programs helped 50 families and individuals avoid homelessness.

To purchase tickets or make a donation, write checks payable to Feed the Hungry and mail to Interfaith Social Services, 105 Adams St., Quincy, MA 02169.

To make a donation to the silent auction or raffle, send items to Tiffanie Williams & Co., 21 McGrath Hwy., Suite 206, Quincy, MA 02169.

Williams, owner of Thomas F. Williams & Associates, Attorneys at Law, P.C. in Quincy, has been a co-chair of Feed the Hungry since its inception nine years ago. A Norwell resident, has been very active within the South Shore community throughout his career.

"Interfaith Social Services is a wonderful organization," Williams said. "I am proud to be involved with an event that does so much good for our community."

Lombardo-Colia is the chief administrative officer of The Lombardo Companies in Randolph.

A long-time Braintree resident, she has been instrumental in organizing Lombardo's Annual Free Thanksgiving Dinner, opening their doors for the elderly and those in need during this special holiday.

"It is important for business owners and community leaders to give back by helping those in need whenever they can," Lombardo-Colia said. "Feed the Hungry is an excellent way of celebrating the holidays, while brightening the lives of others."

For more information on Interfaith Social Services, call Bettyanne Lang at 617-773-6203.

St. Mary School Multicultural Fair Nov. 17

St. Mary School of Quincy will hold its annual Multicultural Fair Friday, Nov. 17 from 1 to 2 p.m. in the St. Mary Church Hall, Crescent St., West Quincy.

Students from kindergarten to grade eight will present reports, projects, artwork, artifacts, pictures and food representing many cultures and countries.

The fair is open to the public.

November Activities At Atria Marina Place

The Atria Marina Place, 4 Seaport Drive at Marina Bay has listed the following events and activities for November.

They are:

Art Matters by Jane Blair, An American Art Presentation, Nov. 20 from 2:30 to 3:30 p.m.

Festive Holiday Luncheon with entertainment "Legends of Music" by Bob Riley, Nov. 21 from 12:30 to 2 p.m.

"Paragon Park and Nantasket Boats," a lecture by Art Milmore, Nov. 26 from 2:30 to 3:30 p.m.

For further information, call Atria Marina Place, 617-770-3264.

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SOCIAL

'Tall Ships' Topic Nov. 16 At Historical Society

The great maritime tradition of the "Tall Ships" will be presented in an in program at the Quincy Historical Society meeting, Thursday, Nov. 16, at 7:30 p.m. at the Adams Academy in Quincy Center.

Guest speaker Bill Patton, Jr., will cover the history of the great ships of the past and the American shipyard that built them, with particular attention to the classic New England Ships, *Constitution* and *Flying Cloud*. He will provide an overview of the modern ships that preserve the tradition, and of the modern festive parades of sail. Interspersed are numerous anecdotes and pieces of folklore about the ships and the people who built and sailed them. The talk is illustrated with slides that offer distinctive views of the ships, including *The Constitution* under sail.

Patton has more than 40 years experience in journalism and public relations and has specialized in presentations on history, Americana, and New England.

The public is invited to attend. There is no charge for admission.

QPAC Special Education Meeting Nov. 14

QPAC to Special Education will meet Tuesday, Nov. 14 from 7 to 9 p.m. at the Broad Meadows Middle School, 50 Calvin Rd., Quincy.

Guest speaker will be Beth Edelstein, president and founding director of the Foundation for Children with Behavioral Challenges (FCBC).

Her topic will be "An Introduction to the Collaborative Problem Solving Approach; Understanding and Helping Children with Behavioral Challenges."

The Collaborative Problem Solving Approach, originated by Dr. Ross Greene, and described in his book *The Explosive Child*, is a practical approach for helping behaviorally challenging children. The CPS approach is a tool for teaching lacking skills.

A pre-meeting for parent support will be held from 6:30 to 7 p.m. A volunteer from QPAC will be available to address any question or concern a parent/guardian may have regarding special education.

For more information, contact QPAC President Ton-Marie Mahoney at 617-773-4558.

Mr., Mrs. John McConville Parents Of Daughter

John and Ruth McConville of Quincy are parents of Charlotte McConville, born May 24 at South Shore Hospital.

Grandparents are Joe and Barbara McConville, and William and Ruth Gallagher, all of Quincy.

Line Dancing For Seniors

The Quincy Council on Aging will hold a line dancing class for seniors every Thursday at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., Quincy Point.

Mr. and Mrs. TIMOTHY BOYLE

Diane Mary Jordan Wed To Timothy Charles Boyle

Diane Mary Jordan and Timothy Charles Boyle, of Auburn and Quincy, were married recently by Rev. Regis Jordan, uncle of the bride, at Sacred Heart Church.

The bride is the daughter of Ken and Mary Jordan of Quincy, and the bridegroom is the son of Daniel and Maureen Boyle of Auburn.

Maid of Honor was Catherine Jordan of Quincy. Bridesmaids were Lauren Molloy, Julie McLaughlin and Mellissa Lord, all of Quincy.

Best Man was Daniel Boyle of Auburn. Groomsmen were Michael Boyle of Grafton, Kevin Boyle of Grafton, and Brian Boyle of Grafton.

The bride is a 2001 graduate of Umass Dartmouth, and a 2006 graduate of Suffolk University. She is a benefits manager with Turnberry Assocs., Aventura, FL.

The bridegroom is a 2001 graduate of Assumption College. He is employed with the Department of Justice.

Reception was at the Tirrell Room. After a wedding trip to Cancun, Mexico, they are making their home in Fort Lauderdale, Florida.

Kristine Nelson On Dean's List

Kristine Nelson was on the Dean's List at the University of New England for the spring semester.

The daughter of Jerry and Nancy Nelson of Quincy, she is a 2003 graduate of Quincy High School, and will be majoring in psychology.

Ward 5 Association Hosts Energy Savings Forum Nov. 16

The Ward 5 Association will host a first-ever energy forum that will give information on how to save on energy bills, Thursday, Nov. 16 from 7 to 9 p.m. at Beechwood Knoll School on Fenno Street.

There will be a product demonstration to show different ways to save, and information will be available on different programs that may help to pay bills.

Guests will include Larry Chretien, executive director of the Massachusetts Energy Consumers Alliance.

The event is open to all, and light refreshments will be served.

For more information, call association president Nick Puleo at 617-835-1253.

Rendle To Speak At Parents Council Meeting

The Quincy Citywide Parents' Council will meet Monday, Nov. 13 at 7 p.m. at the Broadmeadows Middle School, Calvin Road.

James Rendle, athletic director for the Quincy Public Schools, will be the guest speaker.

All are welcome.

Kevin Shea In Students Who's Who

Kevin Shea of Quincy, a member of the class of 2007 at Providence College, has been named to the 2007 edition of Who's Who Among Students in American universities and Colleges.

Shea, who is majoring in English, is among nearly 40 Providence College students named to the annual listing which recognizes outstanding campus leaders nationwide.

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COURTNEY BROWN, a student at the Charles Bernazzani School plants a daffodil bulb in front of the school to honor teacher Mrs. Jane Farrell-Smith, who died Oct. 19. Beside her, teacher Patrice Gorman helps as others look on.

MEMBERS OF THE former class of Mrs. Jane Farrell-Smith stand in front of the Bernazzani School sign after planting daffodil bulbs in her memory. Daffodil bulbs were planted along Furnace Brook Parkway in front of the school. *Quincy Sun photos/Robert Noble*

Special Tribute To Late Teacher

Bernazzani School Remembers Jane Farrell-Smith

By MIKAELA SLANEY

Bernazzani School students, teachers, and parents honored their late second grade teacher, Jane Farrell-Smith, with a special assembly tribute last Friday, followed by the planting of daffodil bulbs in her memory in front of the school.

Mrs. Farrell-Smith died Oct. 19 at the age of 45, leaving her husband Frederick D. "Rick" Smith Jr., and son Spencer Smith.

Daffodils were chosen in remembrance of her program "Daffodil Days," which she helped coordinate at the school to benefit the American Cancer Society.

Bernazzani students and teachers sang "Take Me Out to the Ball Game," to honor her love for the Red Sox, and participated in the "Dinosaur Dance," which she had made popular among her students.

"The last few weeks have bee extremely difficult for those who knew her," said Peter Dionne, principal of Bernazzani School. "In the spring we will be rewarded with beautful yellow daffodils out in front of the school."

JANE FARRELL SMITH

Her former second grade students took turns sharing memories.

Brendan Fitzpatrick recalled how she loved the Red Sox, dressing up as Johnny Damon once at school, and how she loved her son Spencer, and spoke of him often.

"Mrs. Farrell-Smith will always be in my heart," he said, "and I hope she'll be in yours too."

Stephanie DiPietro remembered experiments that she conducted with her class, and playing games such as "Four Corners," and "Telephone."

BRENDAN FITZPATRICK, a former second grade student of Mrs. Jane Farrell-Smith's, said, "Mrs. Farrell-Smith will always be in my heart, and I hope she'll be in yours too."

"There is no teacher as humorous or dear as Mrs. Farrell-Smith," he said.

Kerry Phelan, daughter of Mayor William Phelan, said that she will remember Farrell-Smith's hugs and songs.

PRINCIPAL PETER DIONNE addressing the assembly in the gym of the Charles Bernazzani, during a tribute to the late Mrs. Jane Farrell-Smith, a former second grade teacher at the school.

"The first day I walked in to Mrs. Farrell-Smith's class I felt special," she said. "I'm sorry we lost her, but she's still in my heart. I'll never forget Mrs. Farrell-Smith."

Mrs. Farrell-Smith was a school teacher in Quincy for 20 years, and moved to Quincy 19 years ago. She represented Bernazzani School in the Quincy Education Association. She was a classically trained ballerina, and taught ballet and jazz.

Mayor William Phelan attended the tribute, and watched his daughter, Kerry, speak.

Those wishing to honor her memory may send donations to the Jane Farrell Smith Scholarship Fund, c/o Colonial Federal Savings Bank, 15 Beach St., Quincy, MA, 02170.

Two Red Cross Blood Drives This Month

Two American Red Cross blood drives are scheduled to be held in Quincy this month.

The first will be Friday at Morrisette Region Post, 81 Liberty St. from 12 noon to 5 p.m.

The second will be Monday, Nov. 27 from 1 p.m. to 7 p.m. at the Quincy Sons of Italy Social Center, 120 Quarry St.

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FROM THE HALLS of North Quincy High School to the United States Marines. Five North Quincy classmates who graduated in June also recently graduated as Marines at Parris Island, S.C. The five: Robert Connell, son of Robert and Karen Connell; Sean Joyce, son of Daniel and Catherine Joyce; Keith Lorsordo, son of Joseph and Kim Lorsordo; Stephen Spring, son of Mrs. Kathleen Spring; and Matthew Tobin, son of Mark and Judith Tobin. They will undergo additional combat training at Camp Lejeune, N.C.

'Tanline' Business Not Yet In Relocation Negotiations

By MIKAELA SLANEY

Guy Bognanno, business owner of 'Tanline,' said that although property owner Cifrino Realty Trust has accepted terms from the city to take the property, he has not started negotiations to relocate the business.

"Tanline", 148 Parkingway, is located at the center of the designed Concourse Project which is set to connect Burgin Parkway with McGrath Highway across Hancock Street.

Bognanno told *The Sun* that he and Cifrino Realty Trust are to settle with the city separately. He said that the negotiation process and then the moving process could take an extended amount of time.

"We've been waiting to move for over 10 years," he said. "The city and I have not begun to negotiate a relocation package as of today (Tuesday). To my understanding it will be happening shortly. I will notify clients in plenty of time.

"We have not even found a new location yet. This process could take months. I really don't have an idea of a timetable, and we are doing business as usual. We were voted for the 5th straight year as 'Quincy's Best Tanning Salon, Travel Agency.'"

Bognanno also urges his clients to visit the other Tanline location at 1 Elm Ave., Wollaston.

The Oct. 31 City Council meeting yielded a unanimous vote by the Downtown Committee to accept terms, when Dennis Harrington planning director, assured the Council that the Cifrino Realty Trust was cooperative with the city.

QHS Parent Council Meeting

Quincy's High School Parent Advisory Council will meet tonight, (Thursday) at 7 p.m. in the Pride Room at the School.

All are welcome to attend.

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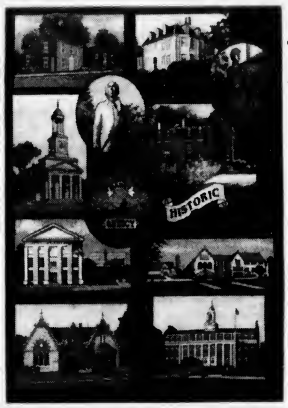

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Tom Stansbury Honored As Jewish War Veterans 'Citizen Of The Year'

TOM STANSBURY of the Quincy Veterans Services Department, receives the Quincy Jewish War Veterans "Citizen Of The Year Award" from Harvey Solomon, past commander and program co-chairman.

Quincy Sun photo/Robert Noble

Tom Stansbury of the Quincy Veterans Services Department, was honored Sunday by the Quincy Jewish War Veterans Post as its 56th annual "Citizens of the Year."

Stansbury, Graves Registration Officer, was recognized for his dedication to veterans' causes.

He was presented with the award at a breakfast at Beth Israel Synagogue. The presentation was made by Past Commander Harvey Solomon, co-program chairman on behalf of Commander Dr. Bertrand Shaffer, co-chairman Irving Isaacson and members of the post.

Two mayors, William Phelan, former mayor Frank McCauley, and City Council President Doug Gutro were among those attending. McCauley was last year's recipient of the award.

Other officials, faculty members and past recipients of the award also attended.

Phelan had this tribute:

"Tom has really dedicated his life to the service of others (with) the compassion that leads him to be involved in so many benevolent organizations and charitable causes not just as a member of an organization but as a human being. He cares deeply for his fellow men and is a great choice as Citizen of the Year."

Phelan presented Stansbury with a Certificate of Recognition for his "unwavering commitment to veterans and dedication and devotion to duty that has made Quincy a better place to work and live."

Gutro, who presented Stansbury with a City Council commendation said:

"Tom Stansbury has impeccable credentials, decades of service to the city and country and he has quietly dedicated his life to the veterans of this community, the Quincy Veterans Council and the city in various capacities that have brought respect and honor to Quincy veterans and their families."

Tacky Chan, representing state Senator Michael Morrissey, presented Stansbury with a senate citation in recognition of his "outstanding service and dedication to veterans causes."

Henry "Hank" Bradley, Director of Quincy Veterans Services, and a recipient of the award himself, said:

"Tom's dedication knows no limits. Rain, snow or shine, if there is a problem he will be out there. He doesn't care if it's on or off the clock, he is out there. He is out there for the family of the veteran."

Stansbury said he was surprised at his selection, referring to himself as "the guy in the background just doing my job." He thanked the Quincy Jewish War Veterans for the honor and his wife, Nancy, who sat beside him, for her help and support.

He served in the Navy from 1968 to 1972 as a radarman and is past commander of Morrisette Legion Post and the Quincy Veterans Council.

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FOOT NOTES

by Joel Chariton, D.P.M.
Diplomate, American Board of Podiatric Surgery
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If you have diabetes, you no doubt already know about the special health challenges you face as a result of this disease. Seek professional help for treatment as well as prevention. And be sure to participate with us in the American Diabetes Association's National Diabetes Month to help communicate the seriousness of this disease and the importance of its control and treatment. Diabetic Medicare Recipients: Be sure to ask us about receiving comfortable shoes, expertly fitted by a podiatrist at NO COST to you. We're located at 999 North Main Street, in the MEDICAL OFFICE BUILDING. Office hours are also available at Quincy Medical Center and Milton Medical Building. Call us at 781-986-3668.

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11:15 a.m. Ceremony Sunday

Flagpole Dedication At Point Congregational To Honor Veterans

Veterans will be recognized and honored at the Flagpole Dedication Ceremony in front of the Quincy Point Congregational Church, 444 Washington St., Sunday at 11:15 a.m.

Glenn McGhee, moderator of the church, and a marine veteran will be the master of ceremonies. Guests will include Jake Comer, past national commander, American Legion and Ward 2 Councillor Daniel Raymondi.

Pat Strout of Duxbury and Bob Mastico of Quincy will play trumpet. Choral music will be by the Chancel Choir, under the direction of Paul A. Thistle. The National Anthem will be sung by Alyson Greer, a teacher in the Hanover Public Schools.

During the 10 a.m. worship service in the sanctuary, family members of deceased veterans are invited to bring a memorial flag for a blessing at the altar. The theme for the morning is "Sacrifice and Service."

The idea of a flagpole honoring veterans was that of Don Smith, a church member.

"What really got to me was the great response to the idea," he said. "I believe the flagpole will honor all veterans of the church and the community."

FLAGPOLE AT QUINCY Point Congregational Church, Washington St., will be dedicated Sunday in honor of veterans who have served their country.

Rev. Ann Suzedell, pastor, said he hopes that the sight of the flag flying will "let all veterans know that their service is honored; let those who have lost loved ones who were veterans know that their lives are remembered with gratitude, and assure family members of those who are currently serving in the military that they are always in our hearts."

Anyone who would like to bring a flag to the 10 a.m. worship service for the blessing is invited to call the church office at 617-773-6424 so that the name may be read. Veterans who are planning on attending the 11:15 a.m. service are also invited to call the church so that their names may be in the program.

QHS Students Study Alternative Energy

Contemporary Issues classes at Quincy High School include the study of problems and solutions relating to global warming.

P.J. Foley, a former Quincy High School graduate recently conducted a 90-minute seminar for seniors.

Foley spoke about a year long project to collect wind data from various locations in Quincy. He spoke about its complex choices for alternate energy.

The data is measured in computer chips and sent to U/Mass Amherst to ultimately generate electricity from wind turbines.

Neighborhood Meeting Nov. 16 At Ward 4 Center

The Ward 4 Community Center is scheduling a series of neighborhood meetings.

The first will be held Thursday, Nov. 16 at 7 p.m. with Christopher Mosher, Vice President of Development at Quincy Medical Center and Tracy Donahue, director of development for Quincy Community Action Program will be speakers.

Mosher will highlight the growth and changes at the Quincy Medical Center and how they benefit residents and the community.

Donahue will discuss fuel assistance and other services offered by QCAP to qualified Quincy residents.

There will be a box available for the collection of donations of non-perishable food for QCAP emergency food bank.

Salvation Army Offering Christmas Assistance

Applications for Christmas assistance for Quincy residents will be taken at the Salvation Army, 6 Baxter St., Nov. 6 - 9 from 10 a.m. to 11:45 a.m.

Major Linda Jones said that residents should bring:

Photo identification, proof on income and residence, rent receipt or current bill, identification for all household members.

During September the Salvation Army assisted 283 people in 122 families, including four for rent, 92 for food and 24 for utilities.

Wine Tasting To Benefit Quincy Animal Shelter

Quincy realtor Madelene Semeria will hold a charity wine tasting to benefit the Quincy Animal Shelter Wednesday, Nov. 15 from 6:30 - 9 p.m. in the Louisburg Square Club House, 133 - 166 Quincy Shore Drive.

The Quincy Animal Shelter is a volunteer-run and "no kill" shelter. Every effort is made to find a home for every animal. Delivering this type of care involves over 90 volunteers, active and dedicated management, and a lot of money. They need to raise over $90,000 every year in order to keep operating.

"This wine tasting will be a fun way to get together with your neighbors and support a good cause," said Semeria of Century 21 Abigail Adams. This event is designed to bring together neighbors and local business owners. Local sponsorships include Kagawa Japanese Restaurant, Legal Sea Foods and Commonwealth Worldwide Chauffeured Transportation.

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SPOTLIGHT ON HEALTH & FITNESS

FROM START TO FITNESS

by Andrea Wyatt
M.S.S., C.S.C.S.

The Best Time to Exercise

Q: What is the best time of the day to exercise? I have heard many opinions. Some people say morning, some say afternoon or night. Which one is right?

A: Whatever time of the day you plan to work out is the best time for YOU. Completing a consistent, safe and effective exercise program is more important than worrying about performing that workout at a certain time of day.

There is lots of research on the best times of day to exercise. Several studies have concluded that afternoon can produce the best outcomes in athletic performance. However, the general population has many factors to consider, such as family, work and other obligations that affect the scheduling of workout times.

If you are a morning person and feel you have the most energy in the morning to safely and effectively complete your exercise routines, then morning is the best time for you. After a long day of work, exercising may be the last thing you want to do, making it a stressful and less positive experience. This may suggest that for you to stay motivated and committed to your exercise program, you should choose a time in the morning to exercise and get your day going.

Others may be on a completely different schedule. They might like to exercise after work and feel as if they can de-stress and take their time to work out after a long day. If that is your situation, then evening workouts could be for you.

Realistically, commit to the best available time for you to exercise — no matter what time of day. Focus on completing safe and effective workouts on a consistent basis. For many, finding ANY time to exercise can be a challenge, and I wouldn't complicate this by worrying about a specific time.

If you're not sure what time of day works best for you, explore your options. Try working out at different times of the day. You may find you have more energy in the afternoon or evening than in the morning. Or you may enjoy exercising before you go to work to give yourself an energy boost. Make the quality time you put into your exercise program the objective, no matter what time of the day.

Always consult a physician before beginning an exercise program. Andrea Renee Wyatt, M.S.S., C.S.C.S., is a certified personal trainer with an extensive background in strength and conditioning as well as therapeutic recreation. If you have a fitness or training question, e-mail Andrea at letters.kfws@hearstsc.com or write her in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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Stigma And Denial Delay Diagnosis Of Alzheimer's Diease

(NAPS)- According to a survey from the Alzheimer's Foundation of America, concern about stigma and denial of symptoms can, on average, delay a diagnosis of Alzheimer's disease by more than two years after symptoms appear. This is troubling news for patients and caregivers alike.

Spouses, children and siblings are usually the first to notice the symptoms of Alzheimer's disease; they help with the diagnosis because they witness the progression of the disease in their loved ones, playing a pivotal role in caring for the estimated 5 million Americans with the disease. A delay means that patients must wait to receive treatment that could potentially reduce the disease's symptoms.

"Any delay in diagnosis is a setback for people with Alzheimer's disease and their caregivers-and a delay of two years or more is a serious and unnecessary setback." says Eric J. Hall, chief executive officer of the Alzheimer's Foundation of America.

With respect to stigma alone, the survey found important differences between patients and caregivers. When patients were concerned about stigma, diagnosis occurred on average 3.5 years after symptoms appeared, but when caregivers harbored this concern, delay of diagnosis was even more severe, averaging six years.

"While facing Alzheimer's disease is never easy, getting a diagnosis is an essential step to managing and treating the disease. Living with this in silence can isolate people with Alzheimer's disease and their caregivers, leaving them without critical support, resources and proper treatment," adds Hall. "We encourage everyone touched by Alzheimer's disease to reach out for support- help is out there."

In addition to bringing the need to put an end to the stigma associated with the disease to light, the results of the survey show the impact that the disease can have on caregivers, wreaking havoc on families, straining sibling relationships, and leaving caregivers feeling emotionally burdened.

Families Struggle with Caring for Loved Ones on Their Own

Many sibling relationships suffer under the stress of caring for a parent with Alzheimer's disease and the division of caregiving responsibilities. In fact, more than half of caregivers of parents with siblings report that they are responsible for their parent's care. Sixty-nine percent of caregivers surveyed report that they want more help from family and friends.

More Support, Education Needed

Caregivers indicate that more assistance in certain areas could ease the caregiving strain, most notably, assistance with day-to-day caregiving activities, financial support, emotional support, and time for themselves.

Two in five caregivers surveyed report that lack of knowledge about the disease is a barrier to diagnosis, suggesting that more education is needed. Additionally, while the majority of caregivers report that they are aware of medications that may slow the progression of symptoms, only half of caregivers surveyed are aware of the opportunity for combination therapy.

Alzheimer's disease is a progressive brain disorder that gradually destroys a person's memory and ability to learn, reason, make judgment, communicate and carry out daily activities.

Alzheimer's disease currently strikes approximately 5 million Americans, with an estimated one in 10 persons over age 65 and nearly half of those 85 and older suffering from the disease. In fact, publishing reports project that this number could more than triple to over 16 million people in the United States by 2050.

Support is available and medications exist that can slow the progression of symptoms of Alzheimer's disease. For more information, call (toll-free) 866-AFA-8484 or visit www.alzfdn.org or www.alzheimersonline.com.

Cancer Society's Look Good, Feel Better Program Nov. 20 At Oncology Center

The American Cancer Society will hold a "Look Good...Feel Better" program Monday, Nov. 20 from 6 to 8 p.m. at the South Suburban Oncology Center, 700 Congress St., Quincy.

The program is designed to help patients maintain their personal appearance while undergoing treatment for cancer.

The free program features cosmetologists leading group sessions, providing tips and practical techniques for coping with hair loss and changes in the skin that often result from chemotherapy or radiation therapy.

To pre-register, call Colleen Whitehouse at 617-376-6435.

For additional information, call 1-800-ACS-2345.

"Look Good...Feel Better" offers free, one-time beauty consultations with a licensed cosmetologist or aesthetician to women who are currently undergoing cancer treatment.

"Look Good...Feel Better is as much about improving and maintaining self-image and confidence as it is about appearance " said Marianne Arruda Martin, American Cancer Society Community Executive, Cancer Resource Network. "Patients enjoy the opportunity to spend time in a relaxed, non-medical setting with others in the same situation. And the free make-up and instruction from professionals helps them look and feel better."

DENTISTRY for the 21st Century

by Steven A. Brustin, D.M.D.

THE YOUTHFUL LOOK OF WHITE TEETH

As the popularity of cosmetic skin procedures has risen dramatically, it has not taken long for patients to catch on to the fact that they should have white teeth to match their near-perfect skin. After all, the effect of having youthful-looking, wrinkle-free skin can be compromised by yellow teeth. Just as wrinkles are a sign of aging, so too are yellow teeth. The good news is that it is possible to whiten teeth professionally faster than the time it takes to treat wrinkly skin. It is also usually quite a bit less expensive, with results that are equally dramatic. Patients report that after they have their teeth professionally whitened, they find themselves on the receiving end of compliments almost immediately.

Everybody loves a bright smile, and there are a variety of products and procedures available to help you improve the look of yours. If you have any further questions about tooth whitening, please ask us. Our goal is to help preserve your smile throughout a lifetime, and whitening can help make that possible. We welcome you to the 21st century of modern dentistry and to an unparalleled level of service in your search for a beautiful smile. Call 617-479-6220 to schedule an appointment. Our office is located at 44 Greenleaf Street. We offer the services of anesthesiology with a fully trained and qualified anesthesiologist. Visit us on the web at www.quincydentist.com.

P.S. The effects of professional tooth whitening are long-lasting and require only simple maintenance to afford years of satisfaction.

QMC Offers Free Quit Smoking Program

In observance of the American Cancer Society's Great American Smoke Out on Thursday, Nov. 16, the Wellness Center at Quincy Medical Center will host a two-week "Fresh Start" smoking cessation program to support people who have decided to quit smoking, or those who are thinking about quitting.

The class will meet at Quincy Medical Center, 114 Whitwell St., from 6 to 7 p.m. on the following dates:

- Monday, Nov. 27
- Wednesday, Nov. 29
- Monday, Dec. 4
- Wednesday, Dec. 6.

Pre-registration is required. Contact the Wellness Center at Quincy Medical Center at 617-376-5581.

"The Great American Smoke Out provides a perfect opportunity for people who want to quit smoking to test the waters and go smoke-free for the day," said Jamie Evans, BS, Exercise Physiologist and Tobacco Treatment Specialist at Quincy Medical Center, who will lead the course. "In fact, many people, who participate in the Great American Smoke Out, decide to continue their "new habit" of not smoking for another day. Sometimes the hardest part is just getting started, and then it's just one day at a time. You can be successful by trying."

Quincy Medical Center's two week program is designed for anyone who is interested in taking the steps to becoming smoke-free.

The classes will focus on using self-help techniques and group interaction to help smokers work through a smoking cessation process. The program provides practical information and strategies to help participants quit tobacco smoking and stay smoke free.

Colorectal Cancer Topic At Milton Hospital Nov. 13

Milton Hospital will host a discussion entitled "Colorectal Cancer: Screening, Prevention and Treatment," Monday, Nov. 13 at 7 p.m. in the Nangeroni Center.

Cost is free; registration is required. Call 617-696-8810.

The talk will cover how colorectal cancer develops and progresses and how screening programs can prevent the disease from occurring. Various diagnostic and treatment options will also be discussed.

The program will be presented by Brian Hinnebusch, M.D., colorectal surgeon.

Decorated Iraq War Veteran Keynote Speaker

(Cont'd From Page 3)

Cambridge College. His military education includes Unites States Air Force War College, U.S. Army Legistics, Management College and U.S. Army Command and Staff College.

Vincent Dolan, commander of the Quincy Veterans Council, will be the parade marshal, sided by Lorraine Ahern, senior vice commander and Stephen Dunlea, junior vice commander.

Tom Stansbury of the Quincy Veterans Services Department and past commander of the QVC, will be the parade chairman.

Parade co-chairman is Henry "Hank" Bradley, director Veterans' Services Department, past National Vice Commander of the American Legion, past state commander of the American Legion and past commander Quincy Veterans Council.

Other parade officials:

Robert LaFleur, past commander Veterans Council, officer of the day and chief of staff.

Kenneth Menz, sergeant at arms.

Peter Stonis, past commander Veterans Council, aid to invited guests.

Anthony Wolowicz, past commander Veterans Council, aide to the mayor.

The staff will include honorary units:

Paul Revere Post 88, Grand Army of the Republic (Civil War); Boyd Camp 2, World War 1; North Quincy VFW Post 10277.

Other staff members:

John McDonough, commander Bryan VFW Post; Stephen Dunlea, commander Morrisette Legion Post; Patrick McCray, commander Quincy Legion Post; James Doherty, commander Nickerson Legion Post; Dr. Bertrand Shaffer, commander Wollaston Legion Post; Daniel Tinney, commander Cavanagh DAV Chapter; Philip Singer, commander Memorial AMVETS Post; Stephen Whelan, commandant Caddy Detachment, Marine Corps League; Joseph Brooker, president Quincy Chapter Vietnam Combat Veterans Combined Armed Forces, Vincent Dolan, president Second Marine Division Association.

John Raeke, Quincy Veterans Council chaplain, will give the invocation at the ceremony at Adams Academy following the parade. Invited guests will be introduced by Lawrence Norton, master of ceremonies.

Greetings and remarks will be by Vincent Dolan, commander Quincy Veterans Council; Mayor William Phelan, City Council President Douglas Gutro, Henry Bradley, director Veterans Services and Thomas Stansbury, parade chairman.

Commander Dolan will place a wreath and Gold Star Mothers flowers in front of the World War 1 Doughboy Statue at Adams Academy.

A volley will be fired by the 2nd Marine Division, followed by taps and the National Anthem.

The parade formation will be led by the Quincy Police Honor Guard followed by the Quincy Veterans Council Colors carried by the Second Marine Division Association.

Participating will be the combined Quincy and North Quincy High School band the Quincy and North Quincy ROTC.

FIRST DIVISION

Thomas Stansbury, Veterans Services and parade chairman, and past commanders of the Quincy Veterans Council.

SECOND DIVISION

Wollaston Legion Post, Houghs Neck Legion Post, Jewish War Veterans Post, Quincy Cavanagh DAV Chapter, Vietnam Combat Veterans Combined Armed Forces Quincy Chapter, William Caddy Detachment, Marine Corps League; George F. Bryan VFW Post, Quincy Legion Post and Auxiliary, Cyril P. Morrisette Legion Post and Auxiliary, Gold Star Mothers, Boy Scouts and Girl Scouts, Quincy National Guard, 1st Battalion, 102nd Artillery.

Exercise Classes For Seniors

The Quincy Council on Aging holds a safe senior exercise program every Monday and Wednesday at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., Quincy Point. Call 617-376-1506.

NORTH QUINCY HIGH School 2006 classmates Sean Joyce, Robert Connell and Matthew Tobin, who also graduated together as Marines at Parris Island S.C. last week, will march alongside Mayor William Phelan in the Veterans Day parade Saturday.

Quincy College Trust Meeting Nov. 20

The first annual meeting of the newly established Quincy College Trust Inc. will be held Monday, Nov. 20 at 6 p.m. in the Hunt Reading Room in Saville Hall, located at 24 Saville Ave., Quincy Center.

This is an open meeting. Anyone interested in attending is invited.

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We Honor, We Remember...

On Veterans Day, we honor the memory of the veterans whose families we have served during the past year and we remember all of the men and women who have given of themselves to protect our freedom.

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Harold W. Coose, III
Martin J. Curran
James B. Freel
Robert J. Johnston
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Real Estate

QCAP Sponsoring Workshop For Landlords Nov. 28

Quincy Community Action Programs, Inc. will sponsor a free workshop entitled "What Every Landlord Needs to Know" Tuesday, Nov. 28 from 5:30 to 8:30 p.m. in QCAP's fourth floor conference room, 1509 Hancock St., Quincy Center.

At the workshop, QCAP's property maintenance and home ownership professionals will discuss choosing tenants, leasing obligations, nondiscrimination laws and low interest real estate improvement loans.

An attorney will discuss evictions.

Participants will receive a workbook with useful forms and descriptions of special programs for landlords.

There is no fee for the workshop but registration is required.

For more information and to register, contact Rona Goodman at 617-479-8181 ext. 115 or e-mail rgoodman@qcap.org.

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HINTS FOR HOMEOWNERS

Don't Let Rising Interest Rates Push You Around

(NAPS)- For many Americans, their home equity represents the cornerstone of their personal finances. Fortunately, there are new tools and services designed to help them take control of their finances in the face of rising interest rates.

Whether you're a first-time homebuyer who wants to begin building home equity or you're a seasoned homeowner who wants to understand how to leverage home equity to finance a remodeling project or you child's education, taking control over what you can and cannot do is essential, say mortgage experts.

"Managing your home equity means not allowing interest rates to push you into making a hasty decision," said Jim Ferriter, executive vice president with GMAC Mortgage. "Instead, take a deep breath, contact your mortgage professional and carefully explore your options. And, as it is appropriate, we recommend the assistance of a financial planner or tax advisor to provide additional insights about managing your home equity."

First-Time Homebuyers

For first-time homebuyers, said Ferriter, the two most critical elements to purchasing a home are becoming preapproved, and a rising interest rate environment, securing a favorable interest rate. In today's real estate market, sellers are extra cautious- before they take their homes off the market, they want confirmation that a buyer has been approved for financing.

In addition to assisting a first-time homebuyer with becoming preapproved for a mortgage, GMAC Mortgage loan officers can offer HomeCommand, a program that protects a homebuyer from rising interest rates by capping the interest rate for up to 126 days.

By capping the interest rate, first-time homebuyers have greater control over knowing what their monthly mortgage payment will be, based on the price of the home they purchase. This knowledge can be very helpful is assessing the price range of the homes viewed by a first-time homebuyer.

To help homebuyers get a jump on other house hunters, the company also offers access to a free home-finder service, which can alert homebuyers about homes that have just been placed on the market.

For many first time homebuyers, the next biggest hurdle is knowing whether or not they can manage the monthly mortgage payment on a home that has caught their eye.

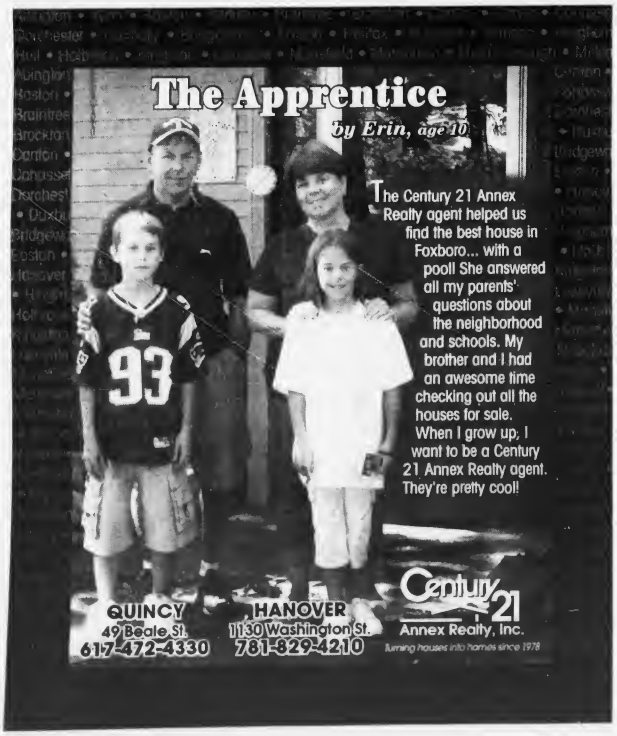
While interest rates remain at historically all-time lows, in a raising interest rate environment, Ferriter said, first-time homebuyers, who are often in their late 20s or early 30s, should give additional consideration to such factors as how long they anticipate living in their first home, the growth of their family (need for additional space as the family grows), career and salary growth, and property values of nearby homes.

For some first-time homebuyers, it may be more advantageous in terms of managing their cash flow to consider an adjustable-rate loan versus a 15-or 30 year fixed rate loan. It all depends on a first-time homebuyer's financial situation.

Existing Homeowners

If you already own your home and you originally financed it with an adjustable-rate mortgage, now may be the right time to refinance into a fixed-rate loan. The key is to compare the interest rate and monthly mortgage payment, based on the terms of your mortgage (when it adjusts), versus other types of mortgages, including fixed-rate loans. Talking to a professional, such as a GMAC Mortgage loan officer, or using a tool such as an ARM versus fixed-rate calculator, available at www.gmacmortgage.com, can help homeowners better understand their options.

(Cont'd On Page 16)



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Dorchester - Dorchester - Up to 10,000 square feet of prime office space in high traffic/visibility location on Gallivan Blvd. Ample pkg. Close MBTA & Expressway access.$12/sf gross.

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North Quincy - 23,650+/- SF Building on 34,260+/- SF lot. Former gym. See 97 Holmes in map below. $1.2 million.

Quincy - 16,000+/- SF Warehouse facility; 2 adjoined buildings 1/2 mile from Rt. 3. $999,000.

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3-5 Billings Road - [illegible] building featuring [illegible] interior space on [illegible] floors and [illegible] on the ground floor. [illegible] $[illegible] / $[illegible]

7-15 Billings Road - [illegible] building featuring [illegible] interior space plus additional storage space. Ample parking. Zoning is Industrial B. $[illegible] / $ 67.71/sf.

102 Holmes Street - Single family home featuring 1,242 sf of interior space on a 3,864 sf parcel. Zoning is Industrial B.

106 Holmes Street - Parking and outside storage. 10,677 sf (0.25 acres). Can accommodate 20-30 cars or several storage containers. Zoning is Industrial B. 102 and 106 Holmes Street - $750,000

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REAL ESTATE

By Samantha Mazzotta

Water Leak Stains Ceiling

Q. Earlier this year, a small leak from an upstairs pipe caused a water stain on my kitchen ceiling, about a foot in diameter. The pipe has been fixed, but the stained ceiling remains. The water also caused it to warp slightly, so I'm not sure that painting over the stain will improve it. Is it possible to replace the stained section? — *Dahlia J., Cincinnati*

A. Yes, it is. You can patch the stained ceiling by cutting out the damaged area and replacing with a new piece of drywall (aka wallboard or Sheetrock). The tools you will need are: replacement drywall, a drywall saw, a ruler or carpenter's square, pencil, drywall screws, plywood, a power drill, a hand or power saw, mesh drywall tape, drywall compound, putty knife, interior paint and a sturdy ladder.

First, turn off power to the kitchen at the circuit box, because you will be cutting blind when removing the stained section. For added safety, place a strip of masking tape across the circuit box door and write "Do Not Touch" on the tape.

Using the ruler or carpenter's square and pencil, draw a square around the perimeter of the stain — the straighter the better. Take the drywall saw and carefully saw along the lines to cut out the damaged area.

Either using the damaged piece as a template, or measuring the sides of the new hole, mark and cut out a piece of the replacement drywall.

Take a piece of thin plywood and, using the measurements of the hole, cut it into a rectangular shape so that two sides extend a couple of inches past the edges of the hole and two sides are a couple of inches narrower than the hole. This serves as the support for the patch. (Note: if you don't have a saw, take the measurements to the store and purchase a piece cut to size.)

Slip the plywood into the hole and center. Holding it in place, drill drywall screws upward through the ceiling on each side of the hole, into the overlapping edges of the plywood.

Put the new drywall piece into place, pressing up against the plywood backing. Drill drywall screws through the piece into the plywood — one or two on each side should anchor it. Sink all the screws a few millimeters into the surface of the drywall.

Run strips of mesh drywall tape along each edge of the patch. With the putty knife, spread drywall compound over the tape and the screw indentations, feathering out to blend into the ceiling. Let the compound dry, then paint the area to match the rest of the ceiling.

Send questions or home-repair tips to homegu-ru2000@hotmail.com, or write This Is a Hammer, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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Precautionary Steps To Help Save Money

Prepare Your Home For Winter Weather

(NAPS)- Taking a few precautionary steps now can help ensure that you and your family stay warm when the cold weather hits - without spending a fortune on heating bills.

Dan Steward, president of Pillar to Post, North America's largest home-inspection service, offers these tips for winterizing your home.

Seal leaks around entry points- Add or replace worn weather stripping around doors and windows. Caulk gaps where necessary. Replace worn doorstops at the bottom of doors. Use caulking and weather stripping around entry points for all pipes and ducts that travel through an exterior wall.

Check insulation- Inspect attic insulation to make certain that it's adequate. Proper attic insulation keeps a home warmer in the winter by reducing heat loss through the ceiling. Consult with a home-insulation specialist to find out how much insulation is recommended in your area.

Inspect the heating system- Hire a home heating specialist to do a routine check of the heating system before the cold weather hits. Vacuum heating vents and other heating components. Replace the furnace filter. Install a setback thermostat to regulate the temperature, allowing the home to be cooler when homeowners are away or asleep.

Check the fireplace- Hire a chimney service professional to inspect and clean the chimney. Close the fireplace damper when not in use to eliminate cold drafts. Consider installing a wood-burning fireplace or gas log fireplace to cut costs on utility bills.

Check the roof- Replace loose or missing shingles or roof tiles. Have a licensed roofer fix gaps that could potentially get worse and cause melting snow or rain to seep through. Check and clean gutters. Trim tree limbs hanging over or touching the roof; snow and wind can cause branches to break off, potentially damaging the roof.

Winterize the plumbing- Exposed pipes can freeze and creak; heat tape can be used to keep them warm during extremely cold weather. Repair leaking pipes and learn how to turn off water at its source so that you can stop leaks immediately. Drain water from outdoor faucets when you think a hard freeze is coming.

In addition, Steward suggests that homeowners know how to turn off the water, gas and electricity, repair leaking taps, and wrap cisterns, boilers and electrically heated water tanks with insulating jackets. There is a potential fire hazard in wrapping gas or oil-heated water tanks.

For more information, visit www.pillartopost.com.

Offset Mortgage Costs By Saving On Insurance

(NAPS)- Although experts expect the number of homeowners facing foreclosure to increase over the next two years, a better understanding of insurance may help keep you from becoming a statistic.

Surprisingly, homeowners insurance policies are a common bill many borrowers fail to save on; instead accepting insurance as just another cost of owning a home. As far as many new home borrowers have been concerned, their homeowners insurance policies are bundled into their mortgage payments. Homeowners insurance rates, however, can vary by hundreds of dollars from company to company; therefore, homeowners should shop for insurance the same way they would shop for any other product.

Look for Multi-Policy Insurance

Most insurance companies that sell insurance products other than homeowners insurance will offer consumers discounts for buying more than one product from them. For example, if your auto insurance company also sells homeowner insurance, you might get a discount of up to 15 percent by buying both.

Only Buy Coverage You Need

Homeowners insurance policy limits should be revisited every year to reevaluate any major purchases and additions. On the other hand, many of the possessions that homeowners insure depreciate significantly over a year. Update your home inventory and reevaluate policy limits for possible savings.

Raise Your Deductible

Increasing your deductible by just a few hundred dollars can make a significant difference to your premium. Most deductibles start at $250; therefore, if you raise yours to $1,000, you may save nearly 25 percent on your premium.

Look for Discounts That Apply to You

There are a myriad of homeowners discounts that go unrecognized by many consumers. For example, you may be able to get a lower premium if your home has safety features such as deadbolt locks, smoke detectors, an alarm system, storm shutters or fire-retardant roofing material.

Learn More

Visit www.InsWebHome.com to compare homeowners insurance quotes for your home.

Don't Let Rising Interest Rates Push You Around

(Cont'd From Page 14)

A service called SmartWatch provides homeowners with periodic information about various ways to leverage their home equity for such things as debt consolidation, college tuition, remodeling or other major purchases. GMAC Mortgage, provides alerts when market conditions indicate that it may be a "smart" time to consider refinancing. In addition, it can be used for assessing if a cash-out refinance makes sense or to gain a better understanding of how the growth in home equity, based on property values, may be applied to a future home purchase.

For example, many Generation Xers and baby boomers born in the 1960s are in the thick of saving for retirement while anticipating major milestones such as paying for their children's college education, purchasing a vacation home or paying for a wedding.

By gaining a better understanding of how and when to leverage their home equity, and possibly combining it with mortgage acceleration (adding an extra payment to the principal), these homeowners are able to take more control over their personal finances and prepare themselves to make smarter decisions with less stress.

"We're able to offer the tools and services that allow homeowners to take control and evaluate their specific situation so that they can use their mortgage as a financial tool to meet their goals, regardless of the rate environment," Ferriter said.

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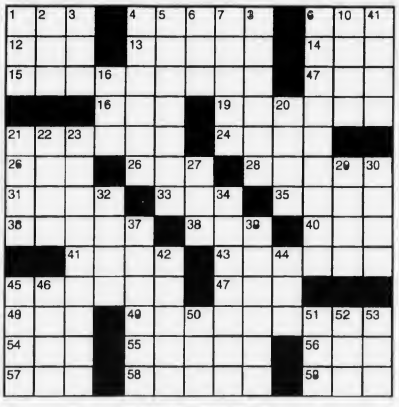
SUN FUN PAGE

King Crossword

ACROSS
1 Auction action
4 Urban fleet
9 Agent, for short
12 Brouhaha
13 "Tosca" or "Turandot"
14 Buy now, pay later
15 Julius or Ethel of WWII spydom
17 Shark's venue
18 Russian spacecraft
19 Lascivious lookers
21 Ring around the sun
24 Paper quantity
25 Past
26 Showbiz job
28 Eugene O'Neill's genre
31 For fear that
33 Water barrier
35 Sketch
36 Mini-plateaus
38 "Phooey!"
40 Unhealthy
41 Mid-March date
43 Dan Brown's output
45 Bob Dole, for one
47 "How - love thee?"
48 Black cuckoo
49 Historic passenger
54 Verily
55 Box
56 Resume
57 Possess
58 Lumberjack, often
59 Egos' counterparts

DOWN
1 Tavern
2 Wedding response
3 Two, in Tijuana
4 Creating a fillet
5 Reproach
6 Witness
7 Mistake
8 Drooped
9 Longtime "Hollywood Squares" celeb
10 Basin accessory
11 Look-alikes, in an idiom
16 Comedian Philips
20 Fat
21 Serene
22 Curved molding
23 In the style of "The Barber of Seville" composer
27 Chatter away
29 Shopping center
30 Puncturing tools
32 Tiny amounts
34 Authoritative command
37 Quest
39 1978 Burt Reynolds movie
42 Sleep soundly?
44 Through
45 Crushing blow
46 From the beginning
50 Carpentry tool
51 Baseball stat
52 Tease
53 "Help!"



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The Garden Bug

Preparing for winter For healthy growth, most garden plants need the resting phase that cold weather brings. The first, light frosts acclimate the plants; this is the time to prepare the bed for the long dormancy of winter. Trim back dead and diseased stalks, stems and leaves, and remove old mulch. Some plants like to be watered before the hard freeze sets in. Protect the bed through the winter with fresh mulch.

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MAGIC MAZE ● — ACADEMY

U K A H E B Y W T R O G H E L
J D I G E B Y W U L R N C P N
M E R C H A N T M A R I N E K
I G F A Y D E B Z Y L C E X V
S Q O O U R M L K O I N R G E
C A R Y I G A W P R U A F S Q
P N C F N V T T H S I D E W S
L J E I A H H S I T I R B F E
C A D N S S O T A L P Y X V U
S I Q P N U L A N O I T A N M
R K J H F E M C B Z C M Y X V

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

British Coast Guard Dancing Fire
French Merchant Marine Military Music
National Naval Plato's Police
Riding Royal Swedish

Trivia test by Fifi Rodriguez

1. LANGUAGE: What is something that is "pro bono publico"?
2. MEASUREMENTS: How many tablespoons are in a cup?
3. MEDICINE: If someone is suffering from "canities," what is his or her condition?
4. ARCHITECTURE: Who designed the original Whitehall Palace in London?
5. ANIMALS: What is an insectivore?
6. ASTRONOMY: Who is credited with discovering Uranus?
7. PERSONALITIES: Who was Charles Atlas?
8. CHEMISTRY: What is the Periodic Table symbol for silver?
9. GENERAL KNOWLEDGE: What do the initials "MG" stand for on the famous British automobile?
10. GEOGRAPHY: What is Nova Scotia's former name?

Answers
1. For the public good
2. 16
3. Gray- or white-haired
4. Inigo Jones
5. An animal that eats insects
6. William Herschel
7. Famous bodybuilder
8. Ag
9. Morris Garages
10. Acadia

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Salome's Stars

ARIES (March 21 to April 19) A work-related situation that started last month takes on increasing importance this week. The choice is still yours as to how it will evolve. Be careful not to make quick judgments.

TAURUS (April 20 to May 20) "Careful" is the watchword for the prudent Bovine this week. Don't let your emotions overwhelm your logic. Try for balance as you maneuver through a touchy situation.

GEMINI (May 21 to June 20) Your energy levels rise to meet the challenges that will mark much of this month. New opportunities beckon. Look them over, but proceed cautiously before making any kind of decision.

CANCER (June 21 to July 22) Your private life can be a problem this week, as a partner becomes more difficult. Resist a reaction you might regret. Instead of walking away, try to talk things out.

LEO (July 23 to August 22) You should be your usual sunny self these days, as you bask in the admiration you adore. Enjoy it as you move into a new arena to confront an exciting upcoming challenge.

VIRGO (August 23 to September 22) Your perseverance reserves will be tapped frequently this week as you deal with the problems involved in making a new situation work for you. But it'll all be worth it.

LIBRA (September 23 to October 22) You'll find fewer roadblocks turning up as you continue to move ahead with your plans. Expect some important news to come your way by mid-November.

SCORPIO (October 23 to November 21) Good news — you finally get to the bottom of that pesky mystery you've been trying to solve for weeks by using some gentle persuasion to get someone to break his or her silence.

SAGITTARIUS (November 22 to December 21) The best time to take on that important task is now. Move forward one step at a time so you can assess your progress and, if need be, change direction.

CAPRICORN (December 22 to January 19) The new opportunities you hoped to find this month are beginning to open up. Study them carefully to be sure you make the choice that's best for you.

AQUARIUS (January 20 to February 18) Turn a disappointment into a learning experience. Check out possible weaknesses in your approach and strengthen them. A loyal colleague offers good advice.

PISCES (February 19 to March 20) Your new situation offers opportunities to help you get the skills you'll need in order to stop swimming in circles and finally move straight toward your goals. Go for it.

BORN THIS WEEK: You have a sharp, logical mind and a quick intellect. You would make an excellent mystery writer.

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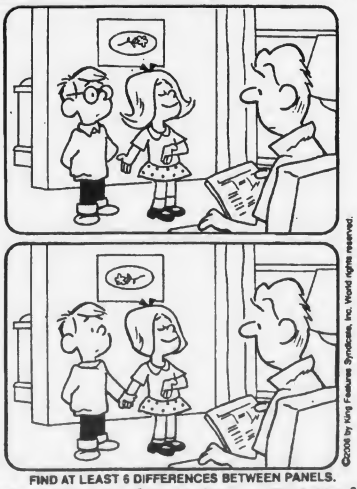
HOCUS-FOCUS

BY HENRY BOLTINOFF



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FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

Differences: 1. Flower is reversed. 2. Glasses are removed. 3. Collar is missing. 4. Hair is different. 5. Children are holding hands. 6. Socks are shorter.

Wishing Well®

7	8	4	3	4	5	4	8	5	7	3	5	3
C	M	D	Y	E	N	P	A	O	O	O	R	U
2	7	3	4	6	7	2	3	4	3	6	7	8
K	R	E	E	L	R	N	X	N	U	I	E	K
7	8	4	2	8	7	4	8	3	8	2	3	6
C	E	D	O	S	T	O	M	D	A	W	E	F
4	8	2	6	3	7	4	5	2	8	7	2	8
N	R	L	E	S	M	O	A	E	T	I	D	C
7	2	8	7	4	2	7	3	4	3	2	3	2
S	G	H	T	T	E	A	U	H	C	G	C	I
6	7	3	6	7	6	7	5	8	4	2	4	2
C	K	E	H	E	A	S	I	O	E	V	R	E
8	6	5	4	3	6	8	3	8	6	8	2	6
I	N	N	S	S	G	C	S	E	E	S	N	S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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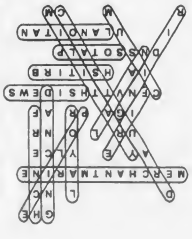
King Crossword — Answers

Solution time: 21 mins.

Magic maze — Answers

ACADEMY



QUINCY POLICE HOT SPOTS

QUINCY POLICE STATISTICS: Oct. 27 - Nov. 2

Total Calls for Service: **1,325**
Total Arrests: **50**
Total Stolen Cars: **1**

FRIDAY, OCT. 27

VANDALISM/PROPERTY, 6:31 a.m., 34 Intervale St. Windows/trucks. Windows are broken and windows broken on trucks.

SATURDAY, OCT. 28

VANDALISM/PROPERTY, 3:54 a.m., 205 Beale St. Rear driver's side "V" window broken while driving near Wollaston School. Caller didn't see anyone, assumed it was youths - raining at time of incident.

LARCENY, 8:02 a.m., 11:46 a.m., Hannaford Brothers, 475 Hancock St. By check.

LARCENY, 6:27 p.m., Club 58, 58 Ross Way. Past. Pocketbook - cell phone, debit card, license and car keys.

BREAKING AND ENTERING/PAST, 7:32 p.m., 16 Elmwood Park. Dwelling.

ASSAULT AND BATTERY, 9:31 p.m., across from 620 Adams St. With pedestrian.

INDECENT EXPOSURE, 11:40 p.m., Stop and Shop Supermarket, 495 Southern Artery. Exposed himself. Male in gorilla suite with basketball uniform just exposed himself and fled in Boston cab.

SUNDAY, OCT. 29

VANDALISM/PROPERTY, 12:53 a.m., 200 Coveway. Past. Tires slashed.

LARCENY, 1:27 a.m., Club 58, 58 Ross Way. Pocketbook stolen.

LARCENY, 7:16 a.m., 44 Edinboro Rd. Pumpkin taken during the night.

LARCENY/MOTOR VEHICLE, 8:47 a.m., 165 Madison Ave. Overnight. 1991 Jeep Cherokee, color green.

BREAKING AND ENTERING/PAST, 2:34 p.m., 192 Holbrook Rd. Dwelling. Someone got into basement storage bin. Stole numerous power tools.

ARMED ROBBERY, 4:53 p.m., Houghs Neck Package Store, 1183 Sea St. Knife. Arrest made. Male had a knife. White male wearing black coat. Shoplift to armed robbery. On foot in the area. Clerk states male has been in store several times, took a bottle of liquor, showed clerk a knife.

VANDALISM/PROPERTY, 9:21 p.m., 15 Vassall St. Past - motor vehicle. Windshield smashed.

MONDAY, OCT. 30

VANDALISM/PROPERTY, 10:54 a.m., 90 Bower Rd. Two tires slashed.

VANDALISM/PROPERTY, 11:38 a.m., 14 Brooks Ave. Past. Photos taken.

LARCENY, 3:24 p.m., Colonial Federal Savings Bank, 15 Beach St. By credit card.

ASSAULT AND BATTERY, 5:48 p.m., 22 Dale Ave.

TUESDAY, OCT. 31

VANDALISM/PROPERTY, 9:47 a.m., Fruit Basket, 148 Granite St. Tagging. Front of the building.

LARCENY, 9:54 a.m., 50 Presidential Dr. By ATM card.

LARCENY, 10:09 a.m., Club 58, 58 Ross Way. Pocketbook. Caller came to station but a report was not written at that time. Caller is now back at station for a report to be written.

LARCENY/ATTEMPT, 11:01 a.m., 1150 Hancock St. Check. One under arrest for uttering.

BREAKING AND ENTERING/PAST, 12:06 p.m., 31 Edgemere Rd. Dwelling.

ASSAULT AND BATTERY, 12:10 p.m., 66 Sachem St. Possible/past.

LARCENY, 1:07 p.m., Quincy Rehab Nursing Center, 11 McGrath Highway. Wallet.

LARCENY, 1:47 p.m., 34 Morton St. Possible B&E. Caller states television and other items are missing.

LARCENY, 4:39 p.m., 77 Martensen St. Cash. Caller is missing contents of pocketbook.

VANDALISM/PROPERTY, 7:22 p.m., 19 Botolph St. Car egged. One white male, white jacket, one white male, red jacket.

VANDALISM/PROPERTY, 7:27 p.m., 49 Sargent St. House egged.

VANDALISM/PROPERTY, 8:18 p.m., 81 Lancaster St. Reported break. Possibly unfounded. House was egged.

VANDALISM/PROPERTY, 8:24 p.m., 49 Sargent St. Egged. House egged for second time this evening.

VANDALISM/PROPERTY, 8:26 p.m., 101 Bird St. House egged. Gone on arrival.

VANDALISM/PROPERTY, 8:53 p.m., 102 Fifth Ave. Just occurred. Heading towards Clifford Marshall School. Youths broke caller's windshield, owner of vehicle chasing youths. Unable to determine suspects.

VANDALISM/PROPERTY, 9:14 p.m., 24 Clive St. Broken window. Driver's front and rear window smashed, no suspect.

VANDALISM/PROPERTY, 9:22 p.m., 291 Granite St. Past. Car shot up with BB gun. Last week tires were slashed. Tires reported couple of weeks ago, small dent on car.

VANDALISM/PROPERTY, 9:55 p.m., 5 Bayside Rd. House egged.

WEDNESDAY, NOV. 1

VANDALISM/PROPERTY, 1:14 a.m., 304 Atlantic St. Car egged.

VANDALISM/PROPERTY, 2:31 a.m., 60 Henry St. Smashed back window. Car was parked in driveway and had rear windshield smashed.

VANDALISM/PROPERTY, 7:38 a.m., 80 Walker St. Rear windshield smashed - in driveway overnight.

VANDALISM/PROPERTY, 7:46 a.m., 16 Flagg St. Car window. Rear window broken, possible by BB gun.

VANDALISM/PROPERTY, 8:47 a.m., Fruit Basket, 148 Granite St. Graffiti. New damage to building and buildings in the area.

VANDALISM/PROPERTY, 10:38 a.m., 85 Faxon Rd. Past. Smashed out driver's side rear passenger window.

VANDALISM/PROPERTY, 1:15 p.m., 80 Edwin St. House egged.

LARCENY, 4:26 p.m., Vo Tech CTE High School, 107 Woodward Ave. Possible B&E. Custodian caught male party, possibly Arab descent, with brown stocking cap trying to cut lock off locker. He believes he fled towards tennis courts and fields out back. This was a larceny of two wallets.

LARCENY, 4:45 p.m., 8 Helene St. Jewelry.

VANDALISM/PROPERTY, 5:12 p.m., Flagg St. and Kemper St. To motor vehicle. One side window shot out last night while parked at above.

ASSAULT AND BATTERY, 7:20 p.m., Panera Bread Company, 200 Hancock St. Past. Claims male punched him. Complaint for assault and battery.

BREAKING AND ENTERING/PAST, 7:41 p.m., 5 Bishop Rd. Dwelling. Someone entered unlocked storage unit and stole a Martin acoustic guitar.

THURSDAY, NOV. 2

VANDALISM/PROPERTY, 8:57 a.m., Lydon Funeral Home, 644 Hancock St. Funeral sign. A male in a Ford pickup truck just kicked one of the funeral signs and left. The motor vehicle is still here. Party gone on arrival. Piece of plastic was broken off sign.

BREAKING AND ENTERING/PAST, 10:47 a.m., 22 Dysart St. Dwelling. Caller says home broken into overnight. House had a fire on Aug. 26, no one currently living here. Back door found open sometime since Oct. 30. Television, laptop, and desk computer are known missing.

LARCENY, 11:53 a.m., Quincy District Court, 1 Dennis F. Ryan Parkway. Of wallet. An attorney had her wallet taken out of purse right in the court room, outside jury room B.

INDECENT EXPOSURE, 1:14 p.m., Ross Parking Area, 96 Parkingway. Male. Incident occurred in Ross garage, first level by A.J. Wright. Suspect is white male, 40-45 years, wearing blue jeans and a baseball cap.

BREAKING AND ENTERING/PAST, 1:23 p.m., Quincy Place Condos, 140 Quincy Ave. Garage. Dwelling was not broken into, garage was. Entry made, no sign of force. Four tires/rims, Sears toolbox, and a Ryobi cordless screwdriver were stolen.

BREAKING AND ENTERING/PAST, 1:50 p.m., Quincy Place Condos, 140 Quincy Ave. Garage. Garage for unit broken into, no sign of force. Computer monitor known missing.

LARCENY, 1:52 p.m., Atlantic Middle School, 86 Hollis Ave. Counterfeit. $5 bill passed at lunchtime. Fraud to larceny.

LARCENY, 2:44 p.m., Hannaford Brothers, 475 Hancock St. Purse.

BREAKING AND ENTERING/PAST, 4:21 p.m., 107 Goddard St. Dwelling. DVD taken, items upturned. Entry made, no sign of force and a DVD/VCR player and a silver necklace were stolen.

LARCENY, 5:04 p.m., 20 Presidential Dr. Credit card and $100 cash.

LARCENY, 9:37 p.m., 17 Langley Cir. Past. Several items including a cell phone taken.

'The Case Of The Bad Samaritan'

On Friday, Oct. 13, at approximately 3 a.m., Officers Paul Holland, Matt Tobin and Ron McKim were dispatched to the 7-11 store on Copeland Street on a report of a disorder.

Upon arrival, Officer Holland interviewed a female sitting in a vehicle parked near the entrance of the store. She said that she went into the store and literally walked into a dispute between a customer and the clerk. She said she immediately walked out, returned to her car and told her male passenger about the dispute. She said the male in her car believed that a robbery was occurring and went into the store.

LT. DAN MINTON

As officers stood by the occupants of the car, Officer Holland went in the store and spoke to the caller/employee of the store. He confirmed there was a dispute over the cost of the items a customer was purchasing and that a female customer walked in, made a purchase, and then existed the store. He also learned that although there was a dispute, the customer frequented the store and knew the clerk.

According to both parties, the dispute never came close to a physical confrontation. The employee said a male then entered the store, verbally confronted the customer and then reached into the waistband of his pants and retrieved a knife.

The male (suspect #1) then went at the customer attempting to stab him. The customer said he grabbed the suspect's arm and forced the knife back and in the same motion was able to push the suspect out the front door of the store.

The customer showed the officers lacerations on his left forearm and fingers, also know as defense wounds, as he attempted to ward off his assailant. The customer described the weapon as a black handled hunting knife.

Officer Holland returned to the suspect and had him and the woman exit the vehicle. As the suspect stepped out, Officer Holland located a knife with black electrical tape over the handle, with a six-inch blade where the suspect had been sitting. There was also an open bottle of beer.

As the officers searched the suspect, they found what appeared to be a part of a marijuana plant. When asked where it came from, the suspect said he brought it from home. The knife was brought before the customer, who identified it as the one used during the attack.

The suspect, a 51-year-old Weymouth resident, was placed under arrest and charged with "Assault and Battery with a Dangerous Weapon" (knife) and "Possession of Class D" (Subsequent Offense). The suspect has an extensive criminal record, with 115 court appearances and a past sentence of 10 years for armed robbery.

The video from the store security cameras was also obtained for court purposes.

As the suspect was being led away, he said, "That's what you get for trying to help - I got hung up trying to help people."

Nice work!

❑

If you have information on the above crimes, or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764**. If you wish to report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. If you wish to make an appointment to view the **Registered Sex Offenders** book, call **Detective Cindy Walsh at 617-745-5751**.

If you wish to contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us--*Lt. Dan Minton.* ❑

Each week in *The Quincy Sun*, the "Quincy Police Hot Spots" page provides readers with numbers to call to report crimes. The telephone number for the "Drug Hot-Line" is 617-328-4527. You will not be required to provide identification or address, although it would be helpful.

Anonymous information via a letter or by leaving a message does not provide an opportunity for the detectives to ask questions to gain further knowledge. Even without identifying yourself, your information can be corroborated (validated) in many ways, such as surveillance, which was used in this particular case.

Some people are reluctant to report suspicious activity for fear of having to testify or of retaliation, but by calling the hot-line with detailed information, the Drug Unit will be working with you to eradicate drug users in your community.

SPORTS

Faced Boston Latin Academy In Quarter-Finals Tuesday

Presidents Prevail In Round One

By SEAN BRENNAN

The fall athletic teams at Quincy High School would be looking at a post-season washout if not for the Presidents' girls' volleyball program.

An annual participant in the post-season, the Presidents (12-8) entered last Friday night's MIAA Division I Central/East first-round match against Boston English High School with the knowledge that they would be the only Quincy High team with a shot at post-season success. The Presidents also entered their first-round match as the lower seed and as a result the visiting team.

Quincy, seeded 10th, had to travel to Boston English to take on the seventh seed, but came away with an impressive and dominating victory.

Quincy never allowed English to get into any type of rhythm and took the match three games to none. The scores for the games were 25-13, 25-5, 25-14.

Junior captain Liz Bock's skill and leadership were on display for everyone to see against English. Bock had a solid first-round performance, and finished the match with a team high 14 kills.

Alicia Woodberry stood out on the offensive side of the net for Quincy against Boston English. Woodberry finished the three game sweep with 22 assists and three kills.

Junior Katie Santon chipped in with seven kills for the Presidents.

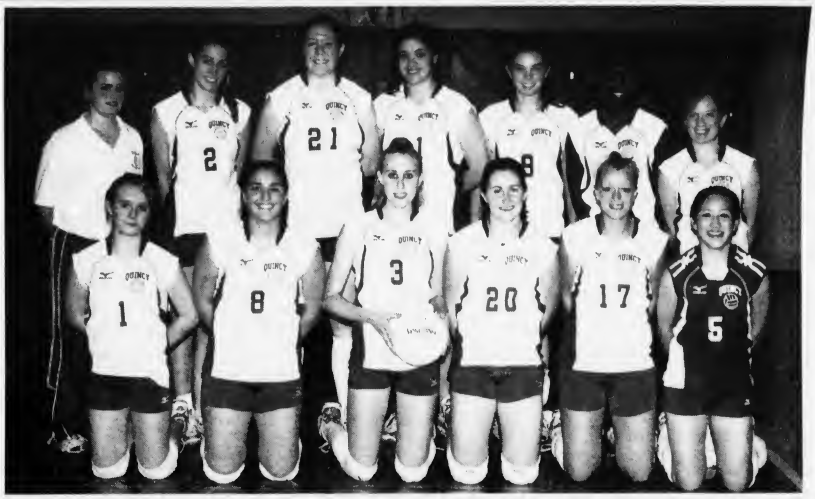
As a team, Quincy finished their first-round match with 17 service aces.

The next test for the Presidents was a quarterfinal round matchup versus Boston Latin Academy on Tuesday (11/7). Quincy will need to bring its A-game against second seeded and 17-1 Latin Academy if the they have any aspirations of advancing to the Central/East semifinals.

"We're just going in concentrating on serve-receive and tough serving and hopefully that will be enough," head coach Jacqui Niosi said. "We're hoping we have pretty good chances; I know the Boston league isn't as strong as it has been, and we're hoping we can keep the match at a pace that we like and take it one game at a time."

Along with Bock, Woodberry and Santon, the Presidents will need stellar play from the rest of their roster if they hope to continue on this post-season.

The rest of the Presidents' roster includes Hilary Mills, Elizabeth Bergstrom, Mary-Beth Torphey, Carla Nickerson, Elise Lam, Meghan Tobin, Kerri Ryan, Kylie Kozlowski, Talisa Faustin and Brice McNally.



THE PRESIDENTS- Front row, from left: Hilary Mills, Alicia Woodberry, Elizabeth Bergstrom, Mary-Beth Torphey, Carla Nickerson and Elise Lam. Back row, from left: Head Coach Jacqui Niosi, Meghan Tobin, Katie Santon, Kerri Ryan, Kylie Kozowski, Talisa Faustin and Brice McNally. Missing from the photo is team captain Liz Bock. *(Photo Courtesy Quincy High School)*

Next Up Cambridge R&L In Quarter-Finals Tuesday

Red Raiders Humble Holliston

The North Quincy girls volleyball team took care of business last Friday night (11/3) against Holliston High School in the opening round of MIAA Division I Central/East post-season action.

The fifth seeded Red Raiders controlled the pace of the match versus 12th seeded Holliston and came away with a convincing 3-1 victory.

North Quincy (16-5) won the all-important first game by a score of 25-15, and followed that win with a 25-21 win in the second game. The Red Raiders fell just short of a match sweep in the third game, losing by a 22-25 score, but North rallied for the match and the victory in the fourth game with a dominating 25-19 win.

The Red Raiders, playing on their home court and in front of their home crowd, did not let a unique rule alter their concentration against Holliston. Holliston, playing with a male player on their side, were no match for the post-season experience of the Red Raiders and the solid all-around play of junior Virginia Wong.

Wong's performance was as good as it gets on the court, and with the support of her entire team, the Raiders cruised into the quarterfinal round.

"She (Wong) turned it on, she was good," head coach Kerry Ginty said. "She is getting after it and she is staying really aggressive."

Wong's 17 kills and three blocks and North Quincy's senior and junior laden roster helped offset any athletic advantage Holliston may have thought they would have had with a male on their side. Dan Drebing, who is the rare male on a girls volleyball team, did not faze or change what the Raiders were looking to do, and that was to advance on in the tournament.

"He could jump and get up there, so he put up a good block, but for the most part he is still understanding the game," Ginty said.

Luckily for North Quincy, understanding the game and what it takes to win in the post-season, comes naturally and is a by-product of the program's consistency and its yearly status as one of the South Shore's best teams.

The Red Raiders' Becca Goreham played great and she took advantage of all of her opportunities to get North Quincy points when she could. Her eight kills were second on the team behind Wong's 17, but her play was second to none.

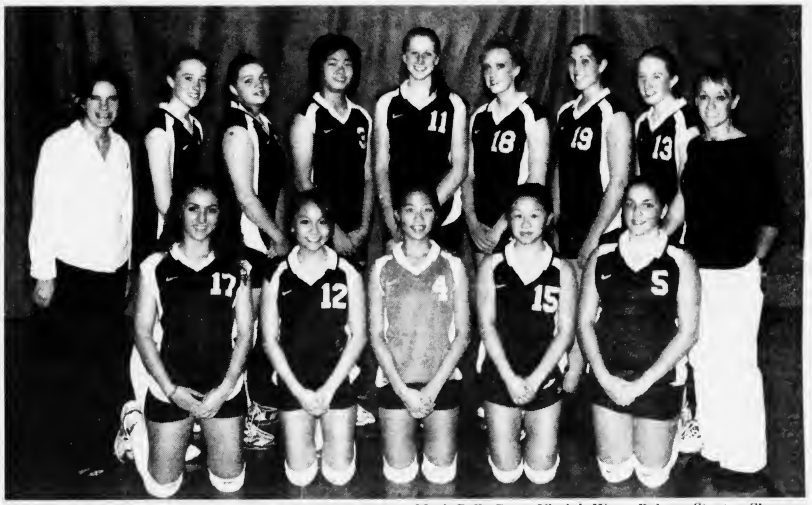
Also, chipping in with good play was Rebecca Stanton. Stanton contributed four kills and three blocks in the victory. The Red Raiders' Arta Dashi finished the match with 10 digs.

The fifth seeded Red Raiders will look to make it to the Central/East semifinals with a win on Tuesday (11/7) against a high-flying Cambridge Ridge & Latin squad in quarterfinal play.

If North wants to advance beyond the quarters, they are going to have to travel into the city and play in a hostile environment against fourth seeded Cambridge. The game should be a great test for the Red Raiders, but it should be a game for which the team's post-season experience and savvy play a positive part in the team's search for another deep and prosperous tournament run.

The reminder of the Red Raider post-season roster includes captain Maria Della Croce, Julie Lynch, Shannon Malone, Kathleen Lynch, Maggie Poon, Sarah Kou, Connie Ng and Amanda Kelly.

By SEAN BRENNAN



THE RED RAIDERS- Front row, from left: Arta Dashi, Maggie Poon, Sarah Kou, Connie Ng and Amanda Kelly. Back row, from left: Team Manager Siobhan Nolan, Julie Lynch, Captain Maria Della Croce, Virginia Wong, Rebecca Stanton, Shannon Malone, Rebecca Goreham, Kathleen Lynch and Head Coach Kerry Ginty. *(Photo Courtesy North Quincy High School)*

HEART TRANSPLANT

If your engine is failing but the rest of your vehicle is in good shape, consider having the engine rebuilt. When remanufactured and restored to quality standards using precision machining procedures and parts designed and manufactured for a particular engine application, a rebuilt engine can be as good as new. Common machining operations include resurfacing heads and blocks, boring and honing cylinders, and resurfacing valves and valve seats. New and reconditioned parts can include camshaft, cam bearings, timing set, valves, valve lifters, push rods, valve springs, rocker arms, cam followers, valve stem seals, pistons, piston rings, crankshaft main bearings, connecting rods, complete gasket set, expansion rings, and others – all for much less than the cost of a new vehicle.

There is a lot to be said about preventive maintenance when it comes to engines. At LEO & WALT'S SUNOCO, we recommend that you maintain your engine with regular check ups. However, if your engine is failing come to 258 Quincy Ave., E. Braintree, and we can discuss your options. Sometimes a car isn't worth saving with a rebuilt engine. We will be happy to discuss your options, and help find the best, cost effective solution for you. Questions? Please call 781-843-1550. "A Place Where Your Car Can Live Longer."

HINT: A rebuilt engine can meet or surpass the production standards of the engine when it was new from the factory.

Leo & Walt's Sunoco
258 QUINCY AVE., E. BRAINTREE
781-843-1550

School's Only Cross-Country Runner

Bethany Keenan Shows There Is An 'I' In Woodward Team

By SEAN BRENNAN

Bethany Keenan, a junior at The Woodward School for Girls, maybe the lone exception to the saying that, "there is no I in team".

Keenan, a Quincy resident, *is* the cross-country team at Woodward. As a result of the small number of students at the school, Woodward does not have your typical numbers for a cross-country team, but that fact has not deterred Keenan from participating in Independent Girls' League meets, nor has it prohibited her from winning two events and coming in second place in two other races.

Keenan, on Oct. 25, won her first IGC event during a meet at The Waring School. The win was a direct result of all of the hard work and training she has put into her running for the past twelve years. Keenan also finished in first place in her last meet of the year on Nov. 1st at Gann Academy with a winning time of 22:17.

"I have run with Geoff Hennessy (head coach for the Quincy/NQ cross-country team) and the Quincy Track Club since I was four," Keenan said. "He is a good friend, and this past summer I asked him if I could train with him and his team to get myself ready for my season at Woodward."

"Before my sophomore year, I had taken a couple years off from running because I didn't want to get worn out," Keenan added. "But during sophomore year, I decided to run for Woodward as an experiment, just to get myself back into cross-country. I love running and I have been doing it forever,

BETHANY KEENAN
Quincy Sun Photo/Sean Brennan

and this year I've just taken it to the next level."

Woodward's athletic director, Bob Giordano, acknowledges the difficulties Keenan faces as the lone member of his school's cross-country team, but he also couldn't be prouder of her accomplishments and her school spirit.

"Bethany is our team," Giordano said. "We can't facilitate a team because we are so small, but she trains herself, and with the help of her parents who drive her to and from all meets, she represents Woodward and we are all very proud of her."

This camaraderie and school pride was on display during a recent soccer game. The Wildcats, who were losing to the top team in the league, suddenly erupted into cheers and celebration on their bench.

"I didn't know what was happening, we had just had a bad play and the bench was screaming and cheering," Giordano said. "One of the teachers had come over and said that Bethany had won the race. It really showed our school spirit and just how happy the girls were for Bethany."

Keenan has used the support-system of her teachers, coaches and classmates as motivation to improve and continue running even when sometimes being the only cross-country runner can be difficult.

"Woodward is great. I love the small environment and getting to know everyone," Keenan said. "All the classes are always supporting me, and people I don't really talk with come up and congratulate me and wish me luck in my next meet. If it were a bigger school, I don't know if I could go out and run on my own, but the situation allows me to go out and represent the school and enjoy running."

Keenan's improvement could be seen as the meets she was entering continued throughout the fall. After finishing in 16th place in her first meet, Keenan finished second twice before ending the year with two first place finishes.

In Bethany Keenan's case, there is definitely an "I in team."

1. Who managed the Kansas City Royals to their only World Series championship?
2. Name the three players who each have hit 400 or more home runs and collected 10 or more Gold Gloves.
3. In 2004, the Colts' Peyton Manning set a season QB rating mark of 121.1. Who had held the record?
4. Which men's college basketball tournament is the oldest — the NAIA, NCAA or NIT?
5. How many times have the Colorado Avalanche been swept in an NHL playoff series?
6. Which NHL player scored the winning goal for Sweden when it won the Olympic hockey gold medal in 2006?
7. Who was the last American male golfer to win the U.S. Open?

Answers

1. Dick Howser in 1985.
2. Willie Mays, Mike Schmidt and Ken Griffey Jr.
3. Steve Young had a 112.8 rating in 1994 for San Francisco.
4. The NAIA began in 1937, the NIT in 1938 and the NCAA in 1939.
5. It happened for the first time versus Anaheim in 2006.
6. Nicklas Lidstrom.
7. Jim Furyk in 2003.

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North Quincy Bows In Double OT To New Bedford, 1-0

GIRLS' SOCCER

The North Quincy girls' soccer team, in their first-round game against New Bedford, had its post-season dreams dashed on a goal in the second overtime. The Red Raiders fell by a 1-0 score.

The Raiders, the tenth seed in the South Sectionals, had to travel down to New Bedford High School to play the seventh seeded Whalers on their home field on a cold and blustery evening, and North could not find the back of the net, losing a heartbreaker in dramatic fashion.

"New Bedford's speed finally caught up with us in the second overtime," head coach Paul Bregoli said. "It is tough to win a post-season game when you don't find the back of the net. Their backs did a great job of containing our forwards (although North Quincy outshot New Bedford, 7-5), but our lack of depth hurt. To be honest, neither team deserved to lose this game."

The game started out just the way the Red Raiders could have hoped for, but the team was unable to capitalize on their early pressure up front. In the 20th minute, Jillian Benn's free kick from just outside the penalty box went wide right, and after two New Bedford corner kicks that were defended nicely by the Raider defense, North's MaryKate Stille put a nice move on a New Bedford defender and earned her team a corner kick. The Raiders missed out on two decent scoring chances after the corner, and could not convert on the early opportunities.

In the closing minutes of the first-half, North's Emily Milone sustained a sprained ankle after she stepped into one of the many holes that covered the playing surface, and her injury slowed down the pace of the game for the Raiders the rest of the way.

"Milone was playing great for us at the midfield position in the opening half," Bregoli said. "But late in the half she got clipped from behind and ended up stepping in a hole and spraining an ankle. We got her taped at the half, and she gutted it out in the second half, but it did affect us. The field was not great, and I am surprised that a tournament game was allowed to be played there, but having scouted New Bedford, we knew what kind of surface we would be faced with."

The second half began just as the first half had, with North Quincy controlling play, but the Whalers countered the Raider offensive attack with a simple plan. New Bedford continually took away ball possession in the second half with long kicks from their defenders up the field. This strategy took away the scoring threat of Raider forwards like Stille. It also allowed for the Whalers to utilize their speed and wear down the North Quincy team.

The Raiders owned all of the 50/50 balls and the team's physical style of play seemed to get under New Bedford's skin as the game went on, and their aggressiveness led to a golden scoring chance late in regulation. In the 75th minute, North Quincy earned a free kick outside of the box, but a scoring chance by Stille went by the books.

"We have had trouble all year getting goals," Bregoli said. "But without the abundance of depth, speed and skill we need to play physical and we did a good job of that versus New Bedford. My girls need to play with that hard-nose, bulldog mentality, but you need to score goals especially in the tournament."

With their season coming down to twenty minutes of overtime, where a goal ends the game, North Quincy had their chances to advance to the second round. Early in the first OT, Stille rushed into the box with the chance to knock a bouncing ball into the net, but she was just a second too slow and the result was a violent collision with the New Bedford goalie. Their scoring opportunities where few and far between the rest of the way, and a penalty shoot-out loomed for both teams, but unfortunately for North Quincy the Whalers ended any thought of that happening.

In the 94th minute, the Whalers' speed finally caught up with the Red Raiders. After a deflected shot by North Quincy bounced out to the left side of the field, a New Bedford player raced down the sidelines, cut back to the middle and found herself one on one with Raider goalie Siobhan Carnell. Carnell, who played very well all game, was left on an island and as she went one way, the Whaler player shot the ball just inside the right goal post for the game winner.

"It was a tough game to lose," Bregoli said. "I know we could have competed against Bridgewater-Raynham, and could have moved on, but that first-round game is always the hardest."

North Quincy received solid performances from Milone, Carnell, Megan Therrien, Brittany Folkins (who played all 94 minutes), Bridget Coleman and Ali Russell, and finished their season with a 12-6-1 record.

The Raiders under Coach Bregoli have won 112 games over the last 10 years and will return a handful of starters to next year's team, and though the results were not what the team expected, it can look back at another successful season.

"We played a tough schedule and played a handful of skilled teams evenly all year," Bregoli said. "I have one player (Milone) who plays soccer all year long compared with other teams who have rosters filled with players like that. The girls did a remarkable job this year."

North Quincy, it should be noted, was supported by a loud and boisterous crowd at the tournament game and all season long.

By SEAN BRENNAN

Quincy High School Alumni Soccer Game Nov. 18 At Stadium

The Quincy High School Alumni Soccer Game will take place on Sat., Nov. 18th, at Veterans' Memorial Stadium (7:00 p.m.).

There is a $25 donation which includes game cost and refreshments.

For more information, contact coach Kevin Orcutt at 617-827-4160 or send a donation to Kevin Orcutt, c/o Quincy Athletic Department, 107 Woodward Avenue, Quincy, MA 02169.

Exercise Classes For Seniors

The Quincy Council on Aging will hold a safe senior exercise program every Monday and Wednesday at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., Quincy Point.

For more information, call the Council at 617-376-1506.

Line Dancing For Seniors

The Quincy Council on Aging will hold a line dancing class for seniors every Thursday at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., Quincy Point.

Visit Plymouth South Friday

Red Raiders Start Fast But Fall To W-H, 28-7

FOOTBALL

By SEAN BRENNAN

One way to fire up the home crowd on a cold November night is to start off a game with a big play. The North Quincy Red Raiders did just that on Friday night against Whitman-Hanson High School, but the team could not sustain the momentum and fell by a score of 28-7.

The Red Raiders (1-8 overall, 1-6 in the Atlantic Coast League) brought the Veterans' Memorial Stadium crowd to their feet with a big special teams play on the opening kickoff of the game. The Raiders' coverage team stormed down the field and forced the Whitman-Hanson kick returner to fumble the ball at the 22 yard line. The turnover set up North Quincy with great field position, and the Red Raiders responded with a five play, 22-yard scoring drive. Junior running back Jon Cahill capped off the drive with a 1-yard touchdown, and after Dave Guerriero's extra point kick went through the uprights, North Quincy had an early 7-0 lead.

Whitman-Hanson (5-4 overall, 4-4 in the ACL) returned the following kickoff back to the North Quincy 46 yard line, and subsequently went on a time-consuming 15-play, 56-yard drive to even the score at 7-7 late in the opening quarter. Running back Beau Barnes (two touchdowns) scored from two yards out after the Red Raider defense had stopped the Panthers twice inside the one-yard line.

The biggest weakness for the Red Raiders on the drive and throughout the evening was their inability to stop the running attack of Barnes and Ben Ford especially on third down and long. North Quincy's defense gave up a handful of third down conversions to Whitman-Hanson when a stop may have changed the outcome of the field position game.

The Panthers controlled the clock behind the running of their backs, and North Quincy had no answer for Whitman-Hanson's power running game. W-H gained 200 yards on the ground and scored three touchdowns.

The Raiders were forced to play from behind for most of the game, and as a result, senior quarterback Shaun McBrien had another difficult evening. McBrien finished the game 4-11 for 42 yards and one interception, but without much help from the defense, McBrien had no other choice but to air it out.

"We really need to start getting stops on defense," head coach Jim Connor said. "We were passing a lot because we were behind early."

The turning point of the game occurred after Whitman-Hanson scored to make it a 14-7 game with just under five minutes to play in the first-half. After a solid kick return to their own 39 yard line, McBrien found Dave Thomson for a first down and Cahill followed that play with a solid 11-yard gain on the ground. With first and ten from the W-H 34, the Raiders were in great shape to put some points on the board, but a botched play in the backfield resulted in a sack on 2nd down, and an penalty on 3rd down made it third and 19. McBrien's third down pass was knocked down and the Raiders were forced to punt, ending any chance for momentum to swing back to the Raiders' side.

The second half was all Panthers all the time, and after Barnes scored his second touchdown in the third quarter, North now down 21-7, was forced to pass and they could not get it done. Nate Clergy scored from three yards out in the fourth quarter to finish the scoring for the Panthers. Final score: 28-7.

Adam Tragellis (1 INT) played exceptionally well all evening long for North Quincy. Tragellis returned kicks and had solid coverage all night on defense. Phil Kelly, Efraim Melendez, Jim Bleiler, Stephen Matos and Dave Thomson also played good games for the Raiders.

North Quincy will take to the road this Friday to play Plymouth South in a tough ACL matchup. The Red Raiders should have their hands full against the Panthers, but they are a team that is improving each and every game, and come Thanksgiving the Raiders should be more than ready to take on the Presidents.

Central Top Team

295 Students Run In Middle School X-Country Championships

The 18th annual Quincy Public Middle School Cross-Country Championships took place on Oct. 27 under beautiful skies at Pageant Field.

The event mixed 295 middle school runners from all of the city's public schools together to determine which school would be crowned city champion. Central, Broadmeadows, Atlantic, Sterling and Point Middle Schools were all represented in the championship race.

In the boys race, 8th grader Colin Ryan (Central), who had missed the first two weeks of the season with an injury, led from wire to wire and won going away with a course record time of 9:06. Ryan's victory helped lead Central Middle School to their 10th consecutive City title.

Broadmeadows' Brian Malger and Tom Bloomer helped lead their school to a second-place finish.

Overall, 112 boys finished the 1.5 mile course.

The final team results are as follows; Central (24 points), Broadmeadows (51), Atlantic (70), Sterling (105), and Point Middle School (134).

In the girls' race, Central's Danielle Mullaney (6th grader) lead for most of the 1.5 mile race, but was overtaken by Sterling's Erin Richardson and Atlantic's Erica Brady not 10 yards from the finish. Richardson edged Brady in a photo finish to win the race, and in the process, Richardson set a new course record with a time of 9:36 which smashed the previous record of 9:52 set by Mullaney earlier in the year.

The final team results for the girls are as follows; Central (25 points), Atlantic (50), Sterling (69), Broadmeadows (119), and Point Middle School (135). Central's win was their 17th in the 18 years that the race has been held.

Members of the Quincy/North Quincy Cooperative Cross Country team and Central's Ricardo Cordero conducted the meet and Atlantic's Carolyn Parsley handled the awards ceremony following the races in a packed Ruth Gordon Amphitheater.

The top twenty finishers for the boys are as follows; Ryan (Central), Malger (Broadmeadows), Bloomer (B), Christian Durham (C), Kevin McManus (C), Greg Nelson (C), Roberto Morales (Atlantic), Sean Ryan (C), Chris Connelly (C), Michael Nelson (C), John Green (C), Chris Keenan (C), Dan Green (C), Conor Cross (B), Matt Poles (C), Rahmy Eltoury (C), Matt Kerin (A), Nick Gillespie (C), Darren McGrath (C) and Takei Kurtzman (B). Peter Lieu, who finished 28th, was the top finisher for Point and Brendan Myers, who finished 31st, was the top runner for Sterling Middle School.

The top twenty finishers for the girls are as follows; Richardson (Sterling), Brady (Atlantic), D. Mullaney (Central), Brianna Mullaney (C), Sarah Gardiner (C), Jacly Scuzzarella (C), Julie Ross (C), Courtney Timmins (C), Jaclyn Merchant (C), Jessica O'Donovan (C), Jillian Carchedi (C), Annie Dow (A), Natal Scuzzarella (C), Klea Avrami (A), Megan Leahy (C), Meradith Flaherty (C), Lia Bonoli (C), Sarah Ryan (C), Thanh Luc (A), and Stacey Beekes (Broadmeadows). Joanna McGroarty, who finished 37th, was the top runner for Point Middle School.

Plymouth South Handles Presidents

The Quincy Presidents lost to Plymouth South, 24-6, last Saturday evening at Veterans' Memorial Stadium to drop to 2-6 overall, and 1-6 in the Atlantic Coast League Conference. With the loss, Quincy dropped to 0-4 at home. Plymouth South is now 6-3 overall, and 5-2 in the league.

The Presidents were victimized by Plymouth South's Andrew Tognacci all game long. Tognacci scored on a 2-yard run in the second quarter, and later in the second, he kicked a 30-yard field goal. Tognacci finished his day with a 16-yard touchdown reception from quarterback Derrick Duquette.

Quincy, looking to improve on their 11.5 points per game average, could muster only one score against a Panther defense that is allowing only 15.9 points per game.

Senior quarterback Matt Boyle's 1-yard touchdown run in the third quarter was all the scoring that the Presidents would get all evening long.

The Panthers controlled the game clock and time of possession behind the running of Brandon Coolidge. Coolidge racked up 223 yards on 23 carries and he put the final exclamation point on the scoreboard with a 25-yard touchdown run.

Next up for the Presidents is a home game against Sandwich High School on Friday night (7:00 p.m.) at Veterans' Memorial Stadium. Sandwich will be another difficult test for the Presidents, and come into Friday's game averaging 21.6 points per game (Quincy is allowing 21.9 points per game), while allowing just under 20 points per game to their opponents.

After Friday's game, Quincy will take a thirteen day break before matching up against the Red Raiders on Nov. 23rd in the annual Thanksgiving Day game.

Quincy-North Football Hall Of Fame To Induct 14 New Members Nov. 21

The 23rd annual Quincy-North Quincy High School Football Hall of Fame induction ceremony will be held Tues., Nov. 21st, at the Quincy Sons of Italy, Quarry Street.

The event will begin with cocktails at 6:30 p.m. followed by dinner at 7 p.m.. Tickets cost $30 and are limited. For tickets, call Ron Ivil, President of the Hall of Fame, at 781-337-0062.

Inductees for Quincy High School for 2006 include; Lawrence "Larry" Christian (class of 1944), James Kelly (1955), Brian P. Norris (1989), William A. Reardon (1991), and Chrispen R. Walker (1992). Special inductees are George Mallett and Frank Brillo.

Inductees for North Quincy High School for 2006 include; Richard Lawler (1967), Burton Bray (1973), Mark Kelleher (1992), Dave Pacino (1994), and Kevin MacDougall (1996). Special inductees are Sean Glennon and Peter Chrisom, Sr.

ST. JOHN'S BASEBALL LEAGUE

FINAL REGISTRATION FOR 2007 SEASON

St. John's Baseball will hold its walk-in baseball registration on Wednesday, November 15th from 6-8 pm at the lower level of the St. John's church on School Street.

Registration Fees:

Farm League 7-9 year olds is $65

Upper League 10-12 years old is $70

Open to all children, not just Quincy residents

OBITUARIES

Gertrude Halligan, 91

GERTRUDE HALLIGAN

A funeral service for Gertrude (Tilden) Halligan, 91, of Hingham, formerly of Quincy, was held Monday in the Hamel, Wickens and Troupe Funeral Home, 26 Adams St., Quincy.

Mrs. Halligan died Oct. 31 at the Queen Anne Nursing Home in Hingham.

Born in Boston, she lived for many years in Roslindale and Quincy.

Wife of the late Russell Halligan, Sr., she is survived by her son, Russell Halligan of El Segundo, California; a sister, Jean Cullinane of Humarock; two grandchildren and a niece.

She was also the mother of the late Kenneth Halligan and the sister of the late Henry and William Tilden.

Burial was in Forest Hills Cemetery, Boston.

Warren C. Miller, 90

Chief Marine Engineer

A graveside funeral service with military honors was held Oct. 21 at Mount Wollaston Cemetery for Warren C. Miller, 90, of Quincy, a chief marine engineer.

Mr. Miller died Oct. 9 at Quincy Medical Center after a brief illness.

Born in Pennsylvania, he moved to Massachusetts in 1948.

He was a warrant officer in the U.S. Army Air Corps Search and Rescue from 1941 to 1946.

In the service he was chief marine engineer for the North Atlantic Division of the Air Transport Command.

Mr. Miller worked at the Rosedale Knitting Company, Millers Garage, Quincy Adams Yacht Yard, Boston Harbor Marina, Tern Harbor Marina and the Fore River Shipyard before he retired in 1986.

At the Quincy Adams Yacht Yard, he help build non-magnetic minesweepers for the U.S. Navy.

Mr. Miller was a member of First Church of Squantum, rural Lodge A.F. & A.M., Granite City Stamp Club, American Philatelic Society, Cyril P. Morrisette American Legion Post 294 and the American Association of Retired Persons.

He also enjoyed following the Red Sox and candlepin bowling.

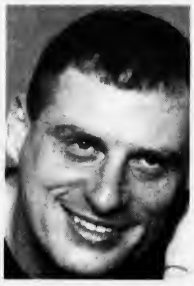
He is survived by his wife, Marjorie Miller; a son, Carl Miller of Quincy; a daughter, Carol Satterlund of Florida; a sister, Grace Burkhardt of Pennsylvania; and four grandchildren and two great-grandchildren.

Funeral arrangements were made by the Hamel, Wickens and Troupe Funeral Home, Quincy.

Memorial donations may be made to the Shriners Hospital for Children, 51 Blossom St., Boston, MA 02114.

Wayne E. Berg, 41

Auto Body Painter



WAYNE E. BERG

A funeral service for Wayne E. Berg, 41, of Quincy, an auto body painter, was held Nov. 3 at Dennis Sweeney Funeral Home, 74 Elm St.

Mr. Berg died Oct. 29 at Boston Medical Center following a motorcycle accident in Milton.

He worked at Quirk Auto Body in Quincy. He painted NFL star Donovan McNabb's Hummer while working for a shop in Arizona.

Born in Quincy, he graduated from Quincy Vocational-Technical School in 1983.

He moved to Arizona after high school, where he lived for 20 years before moving back to Quincy.

Mr. Berg is survived by his children, Boston J. Berg and Marley R. Berg of Arizona, and Brandon A. Berg of Quincy; his mother, Wanda L. (Jordan) Berg of Quincy; three sisters, Stacy L. Preskenis of Brockton, Donna M. Strangis of Whitman and Sharon L. Berg of Quincy; a brother, James E. Berg of Quincy; his girlfriend, Chistine "Tina" Cummiskey of Quincy; and many nieces, nephews and cousins. He was the son of the late Walter Berg.

Burial was in Pine Hill Cemetery.

Conrad Decius Nobili, 70

Architect

A memorial service for Conrad Decius Nobili, 70, of Eastham and Marshfield Hills, an architect, will be held at a later date.

Mr. Nobili died Oct. 25 unexpectedly and peacefully at his home in Eastham.

He had a long and successful career as an architect in hotel design, nationally and internationally. He was the president of Jutras, Nobili, Dougenik of Duxbury.

Born in Quincy, he graduated from Milton Academy and Harvard College, and later from Harvard School Graduate School of Design.

He enjoyed Nauset Marsh, and Coast Guard Beach. His love of this environment led him to design and build his family's beach house on Coast Guard Beach. His friends and family enjoyed many years there until it was lost to the sea in the Blizzard of '78. He enjoyed spending time with his Golden Retriever, Bellamy.

He is survived by his wife, Pamela (Houghton) Nobili; two sons, Conrad C. Nobili and Nicolas T. Nobili, both of Eastham; two sisters, Carla Melandri of Abington and Paula Nobili of Weymouth; and four grandchildren.

Funeral arrangements were by Nickerson Funeral Home, Orleans.

Donations may be made to the Nauset Light Preservation Society, P.O. Box 941, Eastham, MA 02642.

Jean M. Donnelly, 71

Customer Service Representative

JEAN M. DONNELLY

A funeral Mass for Jean M. (Morris) Donnelly, 71, of Hingham, formerly of Quincy, a retired customer service representative, was celebrated Wednesday at 11 a.m. in Saint John the Baptist Church, 44 School St., Quincy Center.

Mrs. Donnelly died Sunday at the Brigham and Women's Hospital in Boston after a brief illness.

Born in Cambridge, she was raised and educated in Quincy. She was a member of the first graduating class at Archbishop Williams High School in Braintree in 1953.

She had lived most of her life in Quincy before moving to Hingham five years ago.

Mrs. Donnelly had worked more than 15 years as a customer service representative for the Social Security Administration. She worked in the Quincy office before retiring several years ago.

She was a long-time active member of Saint John the Baptist Parish in Quincy. She and her husband were recently honored for their involvement with the Saint John's Church Golf Tournament.

Mrs. Donnelly was a former member of the Saint John's Ladies Sodality and the Quincy Catholic Club.

She is survived by her husband of 48 years, William E. Donnelly, Quincy Police Department, retired; three sons, William E. Donnelly, Jr. of Shirley, Brian F. Donnelly and David J. Donnelly, both of Weymouth; three sisters, Anne Bonome of Tiverton, R.I., Mary Craig of South Hadley and Patricia Shea of Hingham; six grandchildren and many nieces and nephews.

Burial was in Pine Hill Cemetery, West Quincy.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to a charity of choice.

Helen S. Lindell, 89

Retired Court Square Press Employee

A funeral service for Helen S. (Carlson) Lindell, 89, of Quincy, a retired Court Square Press employee, was held Nov. 1 at Good Shepherd Lutheran Church, 308 W. Squantum St., Quincy.

Mrs. Lindell died Oct. 28.

She worked for the Court Square Press Co. in Boston until her retirement.

She was a member of Good Shepherd Lutheran Church for more than 40 years and a member of the North Quincy Library Group.

Born in Worcester, she lived in Quincy since moving from Boston in 1962.

Wife of the late Hjalmar Lindell, she is survived by a son, Paul R. Lindell of Quincy; and several nieces and nephews.

Funeral arrangements were by Deware Funeral Home, 576 Hancock St.

Dorothy E. Finlay, 89

Retired School Cook Manager

A funeral service for Dorothy E. (Baker) Finlay, 89, of Quincy, a retired school cook manager, was held Nov. 1 at St. Chrysostom's Church, 1 Lynden St.

Mrs. Finlay died Oct. 28 at Boston Medical Center.

She worked for the Hingham School Department.

She was active at St. Chrysostom's Episcopal Church.

Born and raised in Whitman, she graduated from Whitman High School in 1934.

Wife of the late Harry Finlay Jr., she is survived by a daughter, Carol O'Sullivan of Quincy; two grandchildren; and a great-grandson.

She was the mother of the late Harry Finlay III.

Burial was in Union Cemetery, Holbrook.

Funeral arrangements were by Deware Funeral Home, 576 Hancock St.

DON McCARTHY
Managing Director

A THOUGHT FOR THE WEEK

Veterans' Day is a time to honor all the men and women who performed the highest obligation of their citizenship – active service in the defense of their country in time of war. This day also calls for a universal expression of dedication to the cause of peace with honor throughout the world...

For a Veterans' Day thought we suggest you read the Preamble To The American Legion Constitution. It explains what Americanism is all about...

FOR GOD AND COUNTRY, WE ASSOCIATE OURSELVES TOGETHER FOR THE FOLLOWING PURPOSES: TO UPHOLD AND DEFEND THE CONSTITUTION OF THE UNITED STATES OF AMERICA; TO MAINTAIN LAW AND ORDER; TO FOSTER AND PERPETUATE A ONE HUNDRED PER CENT AMERICANISM; TO PRESERVE THE MEMORIES AND INCIDENTS OF OUR ASSOCIATIONS IN THE GREAT WARS; TO INCULCATE A SENSE OF INDIVIDUAL OBLIGATION TO THE COMMUNITY, STATE AND NATION; TO COMBAT THE AUTOCRACY OF BOTH THE CLASSES AND MASSES; TO MAKE RIGHT THE MASTER OF MIGHT; TO PROMOTE PEACE AND GOOD WILL ON EARTH; TO SAFEGUARD AND TRANSMIT TO POSTERITY THE PRINCIPLES OF JUSTICE, FREEDOM AND DEMOCRACY; TO CONSECRATE AND SANCTIFY OUR COMRADESHIP BY OUR DEVOTION TO MUTUAL HELPFULNESS.

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(617) 472-6344

Mary M. Pinkham, 101

Retired Accountant

A funeral Mass for Mary M. (Swanton) Pinkham, 101, of Quincy, a retired accountant, was celebrated Wednesday at Saint Ann's Church, Wollaston.

Mrs. Pinkham died Nov. 4 at the Eastwood Nursing and Rehabilitation, Dedham.

Born in Boston, she had lived in Dorchester before moving to Quincy 35 years ago.

She was a graduate of Dorchester High School.

Mrs. Pinkham was a 1946 graduate of Boston University.

She was employed as an accountant for 41 years at Lite Control Corporation in Hanson. She retired in 1972.

MARY M. PINKHAM

Wife of the late Henry P. Pinkham, she is survived by a stepdaughter, Beatrice P. Ruback of New York.

Burial was in Mount Calvary Cemetery.

Funeral arrangements were made by the Keohane Funeral Home, 785 Hancock St., Wollaston.

Martha H. Adler, 64

Executive Secretary

A funeral service for Martha H. (Campbell) Adler, 64, of Braintree, a retired executive secretary, was held Nov. 2 at the Keohane Funeral Home, 785 Hancock St., Wollaston.

Mrs. Adler died Oct. 30 at home.

Born in Quincy, she graduated from Braintree High School and the Katharine Gibbs School.

She worked as an executive secretary for Ryder Truck Company in Braintree, Medi-Mart Corp. in Quincy and State Street Bank in Quincy. She worked at State Street Bank for 12 years, retiring in 1996.

After retiring, she cruised throughout the world. Her favorite destinations included Egypt and Thailand.

Mrs. Adler also made frequent trips to England to visit her daughter.

She enjoyed yard sales and shopping.

She is survived by her husband, George Adler of Braintree; a daughter, Laura Govender of England; a son, Jeffrey Adler of Braintree; and a brother, Robert Campbell of Weymouth.

Memorial donations may be made to the American Cancer Society, 18 Tremont St., Suite 700, Boston, MA 02108.

James A. Page, 79

Retired Norfolk County Deputy Sheriff

A funeral service for James A. "Buddy" Page, 79, of Quincy, a Navy veteran of World War II and retired Norfolk County deputy sheriff, will be held today (Thursday), 10:30 a.m. at Quincy Point Congeal Church, 444 Washington St.

Mr. Page died Saturday at home.

He worked in the Norfolk County sheriff's office for 10 years and was the community program coordinator. He previously worked as a pipe fitter and later a supervisor at the Fore River shipyard in Quincy. In 1973, he worked at Quincy Hospital as the central time coordinator for the purchasing department.

He was a past president of the Quincy Fathers Club. he enjoyed going to Red Sox training camp and went for 13 years.

Born in Weymouth, Mr. Page was raised in Quincy, graduating from Quincy High School in 1945. He was captain of the football team and was on the basketball team.

He is survived by his wife, Katherine G. "Gerry" (Sarno) Page; a son, David J. Page of Holbrook; two daughters, Joanne L. Sullivan of Holbrook and Sandra C. Keenan of Hanover; a brother, George Page of Quincy; seven grandchildren and two great-grandchildren; and many nieces and nephews.

Burial will be in Blue Hill Cemetery, Braintree.

Funeral arrangements were by Dennis Sweeney Funeral Home, 74 Elm St.

Donations may be made to the Hospice of the Shore, 100 Bay State Dr., Braintree, MA 02184.

COA Seeking Wheelchairs

The Council on Aging is in urgent need of wooden or metal wheelchairs of all sizes and canes to help disabled seniors to get around.

If you have one, call the council at 617-376-1506.

Help With Simple Wills Monthly

Atty. Ed Conroy will be at the Council on Aging office, 83 Saratoga St., North Quincy, every third Friday of the month to assist the elderly with a free explanation of simple wills.

Call 617-376-1506 for an appointment.

Deanna L. 'Nibsey' Allan, 66

Registered Nurse

A memorial service for Deanna Lee "Nibsey" (Gordon) Allan, 66, of Naples, Fla., formerly of Houghs Neck, was held Oct. 7 at the Houghs Neck Congregational Church, 310 Manet Ave.

Mrs. Allan died Sept. 18 after a brief illness.

She was a long-time resident of Houghs Neck.

Mrs. Allan was a registered nurse and worked at the Manet Community Health Center and most recently at the Quincy Medical Center in the labor and delivery unit. She retired in 2002.

Mrs. Allan served on the Quincy Teen Mothers Program Board of Directors. She was also a long-time member of the Houghs Neck Congregational Church and most recently served as a member of the choir and as a Sunday School teacher.

She was also the care pastor and president of the Women's Fellowship at the Mayflower Congregational United Church of Christ in Naples and was a member of the Winter Park Red Hat Society.

She is survived by her husband, Robert S. Allan; two daughters, Lisa Benoit-Green of Naples and Alison Hennessey of Nashua, N.H.; four stepchildren, Donald Allan of Hanover, Robert Allan of Easton, Brenda Mullin of Weymouth and Tracie Pustizzi of Canton; a brother, Martin H. Gordon of Houghs Neck; 14 grandchildren and one great-grandchild; and many nieces, nephews, grand nieces and grand nephews.

She was the daughter of the late Robert and Ruth Gordon of Houghs Neck.

Funeral arrangements were made by the Fuller Funeral Home in Naples. Fla.

Memorial donations may be made to the Quincy Teen Mothers Program, 18 Spear St., Quincy, MA 02169, or to a charity of choice.

Ideale Benedetti, 86

Meat Commissary Employee

A funeral Mass for Ideale "Olga" (Luciani) Benedetti, 86, of Quincy, former meat commissary employee, was celebrated Nov. 4 at St. Joseph's Church, 550 Washington St.

Mrs. Benedetti worked in the Howard Johnsons meat commissary in Quincy for many years.

Born and educated in Pescosansonesco, Italy, she moved with her family to Montreal before moving to Quincy in 1968.

Wife of the late Camerino Benedetti, she is survived by a daughter, Maria Confalone of Quincy; a brother, Gianino Luciani of Worcester; a sister, Alba D'Ottavio of Worcester; two grandchildren, and two great-grandchildren.

Burial was in Blue Hill Cemetery, Braintree.

Funeral arrangements were by Bolea-Buonfiglio Funeral Home, 116 Franklin St.

Red Cross CPR, First Aid Courses

The American Red Cross South Area Office, 1495 Hancock St., Quincy Center, offers the following courses Nov. 14-30.

They are:

• Infant & Child CPR & First Aid - Tuesday, Nov. 14, 6 to 10:30 p.m. Cost $50. Course teaches rescue breathing, choking and CPR for children under eight years of age.

• Adult CPR/AED - Friday, Nov. 17, from 1 to 5:30 p.m., cost $55. Course teaches bleeding, first aid for choking and CPR for victims over eight years of age.

• Adult CPR/AED and First Aid - Monday, Nov. 20, 6 to 10:30 p.m. Cost $55. Course teaches bleeding, first aid for choking and CPR for victims over eight years of age.

• CPR for the Professional Rescuer Review - Wednesday, Nov. 29, from 6 to 10:30 p.m. Cost $60. Pre-requisite: current certification in CPR for the Professional Rescuer.

• Adult CPR/AED - Thursday, Nov. 30, 6 to 10:30 p.m. Cost $55. Course teaches bleeding, first aid for choking and CPR for victims over eight years of age.

Also, registrations are being accepted for a Home Health Aid/Certified Nurses Assistant course starting Nov. 27. Cost is $800.

Pre-registration is required for all courses.

For more information on other courses, or to register, call 617-770-2600.

The American Red Cross will train qualified applicants to become certified classroom instructors in CPR and First Aid. Classes will be offered at the Quincy location.

For more information, call the Quincy office at 617-770-2600.

COA In Need Of Bath Seats

The Council on Aging is in urgent need for bath seats for senior citizens.

If you have one to donate, call the COA at 617-376-1245.

Mionnette D. 'Min' Purpora, 81

Homemaker, QHS Cafeteria Worker

A funeral Mass for Mionnette D. "Min" (LaPointe) Purpora, 81, of Naples, Fla., formerly of Abington and Quincy, was celebrated Nov. 4 in Saint Mary's Church, West Quincy.

Mrs. Purpora died Oct. 31 at the Lely Manor Care Center in Naples after a long illness.

Born in Lewiston, Maine, she was raised and educated in North Stratford, N.H. She graduated from North Stratford High School in 1943.

She had lived in Abington and Quincy before moving to Naples five years ago.

Mrs. Purpora was a homemaker.

She had also worked in the cafeteria at Quincy High School for seven years. She retired many years ago.

She enjoyed traveling.

Wife of the late Leonard S. "Lee" Purpora, she is survived by four daughters, Judith A. Campanale of Weymouth, Jean D. LaPointe of Naples, Fla.; Janet M. Tantillo of Rockland and Lauren Abbondandolo of Stoughton; two sons, Paul L. Purpora of Barrington, N.H. and Richard N. Purpora of Marshfield; six brothers and sisters, Bert LaPointe of Quincy, Marcel LaPointe of Texas, Real LaPointe of Mashpee, Lawrence LaPointe of North Stratford, N.H.; Yvette Gorneault of Connecticut and Norman LaPointe of Lewiston, Maine; 14 grandchildren and seven great-grandchildren and many nieces and nephews.

Burial was in Pine Hill Cemetery.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to the Hospice of the South Shore, 100 Bay State Dr., Braintree, MA 02184, or in memory of Noah Robert Contrino to Children's Hospital Boston, 1 Autumn St., #731, Boston, MA 02215.

May I. Shannon

Hospital Supervisor

A funeral service for May Irene (McGovern) Shannon, 75, of Quincy, a hospital supervisor, was held Nov. 2 at Lydon Chapel, 644 Hancock St.

Mrs. Shannon worked for 27 years as a supervisor and manager at Quincy Hospital, where she started a union local and was a treasurer and secretary.

Born in Quincy, she lived most of her life in Quincy, wintering in Florida.

She enjoyed bingo, helping others, animals, traveling and trips to Foxwoods.

Wife of the late James A. Shannon, she is survived by a son, Robert McGovern of Whitman; a stepdaughter, Judy Stickney of Rhode Island; five sisters, June Piccarini and Jacqueline Gentile of Quincy and Mary Dumas, Pauline Costa and Rose Driscoll; a brother, William Hennessey of Mashpee; three grandchildren; and many nieces and nephews.

She was the mother of the late Roy F. McGovern and grandmother of the late Robert McGovern Jr.

Burial was in Pine Hill Cemetery.

Donations may be made to the American Lung Assn., 460, Totten Pond Rd., Suite 400, Waltham, MA 02451 or the AIDS Action Committee, 294 Washington St., 5th flr., Boston, MA 02108.

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(617) 698-6264

Ecumenical Thanksgiving Service At St. Joseph's Church Nov. 21

St. Joseph's Church, 550 Washington St., Quincy Point, will host the annual Thanksgiving Ecumenical Service Tuesday, Nov. 21 at 7:30 p.m.

The service involves the staff of the Quincy Point Congregational Church as well as the staff at St. Joseph's.

Homilist will be the Rev. Ann Suzedell, pastor at Quincy Point Congregational Church.

Special music of the season will be sung during the service by choirs of both churches.

Refreshments will be served in the parish hall (G.T. Nickerson Center) following the service by the Women's Sodality.

The service is open to the public. All are welcome.

The collection will be given to local food pantries.

Christmas Fair Nov. 18 At Union Congregational Church

Union Congregational Church, 136 Rawson Rd., Wollaston, will sponsor its annual Christmas Fair Saturday, Nov. 18 from 9 a.m. to 3 p.m. in the church's gymnasium.

The theme of this year's event, "Twelve Days of Christmas," will feature homemade baked goodies, handcrafted gift items, raffles, and seasonal decorations. There will also be a snack bar.

Raffle items will include an iPod Nano music player, restaurant gift certificates, and U.S. Savings Bonds, as well as other items.

The fair has become a holiday tradition for the church as well as the Wollaston community.

Quincy Community United Methodist

Sunday worship and Sunday school begins at 10:30 a.m. Sunday with Bible study starting at 9 a.m. at Quincy Community United Methodist Church, 40 Beale St., Wollaston.

Lector will be Wayne McCulley. Ushers are Dottie Hahn and Joan Honig. After the service, a coffee hour will be hosted by Ann Giger, Florence Hunter and Shirley Poore.

Upcoming events include a Holiday Fair Saturday, Nov. 18; and Thanksgiving Ingathering for food for Interfaith Social Services Sunday, Nov. 19.

For more information, call the church at 617-773-3319.

The church is handicap accessible.

Vets Adviser At COA Office

John D. Miller of Home Care Partners, will be at the Council on Aging office, 83 Saratoga St., each Wednesday to advise veterans or their surviving spouses of their in-home care benefits.

To schedule an appointment, call the Council on Aging at 617-376-1506.

RELIGION

Quincy Crisis Center Planning 'Help For The Holidays'

The Quincy Crisis Center is preparing its "Help for the Holidays" Thanksgiving deliveries, which will be made on Saturday, Nov. 18, from 9 a.m. to 4 p.m.

Volunteers are needed to deliver bags of non-perishable food and a turkey to over 200 families and individuals throughout Quincy and the South Shore.

Delivery help is also needed on Nov. 20-22 as well. Those interested in volunteering should call (617) 847-6967 to schedule a delivery time.

In preparing for the holiday deliveries, the following food is needed: cranberry sauce, gravy, stuffing mix, canned corn and green beans, pasta, spaghetti sauce, turkeys, and dessert mixes. Donations are accepted at 282 Billings Rd., Quincy, Monday through Friday, between 8 a.m. and 5 p.m.

In 1981, at the urging of friends, Esther Sanger organized and incorporated her efforts to help people in need by establishing the Quincy Crisis Center. The ministry she inspired continues to meet the needs of the hungry, homeless and hurting neighbors today.

ENC Gospel Choir Concert Nov. 18

The 80-member Eastern Nazarene College Gospel Choir will perform a free concert Saturday, Nov. 18 at 8 p.m. at Wollaston Church of the Nazarene, located adjacent to the ENC campus at 23 East Elm Ave., Wollaston.

The gospel choir will be joined by two-time Urban Gospel Industry Award nominee DJ Fresh.

Admission is free. An offering will be taken to benefit Central Africa Vision, an organization that provides micro-financing for individuals and businesses in rural Africa.

Parking is free.

Directed by ENC faculty member Dr. Delvyn Case, the gospel choir is a vibrant, multi-cultural ensemble that performs contemporary gospel.

For more information or directions, call www.enc.edu, or call 617-745-3715.

Bethany Congregational

Bethany Congregational Church, 18 Spear St., Quincy Center, will have Sunday worship, All Saint's Sunday, Communion and church school at 10 a.m.

The Rev. Gary W. Smothers will conduct the service and preach a sermon from Mark entitled "Where the Need is Greatest."

Childcare will be available for infants and toddlers.

Following the worship service, there will be a fellowship time in the Allen Parlor. Light refreshments will be served.

Quincy Religion Directory

SERVICES & ACTIVITIES

Assemblies of God

Glad Tidings
158 Washington St., Quincy
phone: 773-9797
Rev. Gregory E. Wheaton, Pastor
Sunday Worship 8:30, 11 a.m., Christian Ed. 10 a.m.
Senior Hi Youth 7 p.m., Wed. 7 p.m. Berean Bible Study,
Royal Ranger Missionettes, Friday Junior Hi Youth 7 pm
Youth & Children's Ministry
•Contemporary Worship
•Marriage & Family Group
•International Fellowship
•DivorceCare

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 7, 9:30
& 11:30am, Weekdays 9am
Handicapped Accessible
New Members Welcome!

Unitarian

UNITED FIRST PARISH, Quincy
1306 Hancock St., across from Quincy Center T
Worship Service & Church School
SUNDAYS, 10:30 a.m.
Rev. Sheldon W. Bennett, Minister
• A Welcoming Congregation •
617-773-1290 • www.ufpc.org

Congregational

First Church of Squantum
164 Bellevue Street
617-328-6649
Pastor: Michael S. Robertson
10 a.m. Sunday Worship
All Are Welcome

To Advertise in this Directory, Call 617-471-3100

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4pm (Sat.) 7:45am, 9am (Family Liturgy)
10:30am (with Choir) and 5pm
12 noon at Star of Sea Church
Weekday Masses
Mon.-Fri 7am and 9am, Sat. 9am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m., 10:30 a.m. & 5 p.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

ST. JOHN THE BAPTIST
44 School St.,
Quincy
617-773-1021
Weekend Mass Schedule
Saturday (Vigil Mass) 4 p.m.
Sunday 7:30 a.m., 9 a.m.
and 11 a.m. (Family Liturgy)
Weekday Masses
Monday - Saturday 8 a.m.
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
• 617-479-5400
Pastor: Rev. John J. Ronaghan
Weekend Mass Schedule:
Saturday 4:00 PM
Sunday 7:00, 9:00, 11:30AM
Daily Masses: 9:00 AM
Handicapped Chairlift Available

Congregational

HOUGHS NECK CONGREGATIONAL CHURCH
310 Manet Ave., Quincy
www.hncong.org
Sunday, Nov. 12
Worship Service 9:30 am
'Every Thing She Had
Mark 12: 38
Sunday School 9:30 AM
Rev. John Castricum
617-479-8778

BETHANY CONGREGATIONAL CHURCH
Corner of Spear & Coddington Sts., Quincy Center • 617-479-7300
10 AM Sunday Worship, All Saint's Sunday
Communion and Church School
Sermon: "Where the Need is Greatest"
Fellowship Follows Service in Allen Parlor

QUINCY POINT CONGREGATIONAL CHURCH
444 Washington St. • 617-773-6424
Worship and Church School 10 am
Rev. Ann Suzedell, Pastor
visit us at www.QPCC.org

UNION CHURCH
Beach St. & Rawson Rd., Wollaston
Sunday Service 10 AM
617-479-6661
Good Bible Preaching
& Traditional Worship
Rev. John Carl Swanson, Pastor

PEACE

Congregational

WOLLASTON CONGREGATIONAL CHURCH
48 Winthrop Ave. - 617-773-7432
Pastor: Rev. Mary Lou Gifford
Sunday Worship Nov. 12
STEWARDSHIP SUNDAY
Sermon Topic: 'Courage to Give'
Preacher: Rev. Mary Louise Gifford
Scripture: RUTH 3L 1-5
Responsive Reading: MARK 12: 38-44
Church Gingerbread Fair Nov. 18

Covenant

COVENANT CONGREGATIONAL CHURCH
Corner of Whitwell & Granite St.
Sunday Worship 10:00 AM
Rev. Karen Palmatier, Pastor
9 a.m. – Christian Education for all ages
Child Care Available - All Are Welcome
Children's Pantry
Wed., Thur. 9:30 am - 12 noon
617-479-5728

Nazarene

Wollaston Church of the Nazarene
37 E. Elm Ave., Wollaston
(617) 472-5669
On The Campus Of
Eastern Nazarene College
Pastor: Rev. Fred. Fullerton
Sunday Services
8:30 am - Holy Communion
9:45 am - Adult & Children's Sunday School
11 a.m. - Blended Worship Service
Come Worship with Us!

Episcopal

St. Chrysostom's Episcopal Church
Corner of Hancock & Linden Sts., Quincy
(617) 472-0737 • www.stchrysostom.com
Rev. David Hefling
Sunday School 9 a.m.
Adult Forum 9:15 a.m.
Holy Eucharist Rite 10 a.m.
Nursery Care During Service
Coffee Hour Following
ALL WELCOME
THRIFT SHOP HRS - W, TH, FR 10am-4pm

Evangelical

EVANGELICAL CHURCH OF ATLANTIC
65 Newbury Ave. North Quincy
(617) 847-4444
Pastor Bill Donahue
Sunday Morning
Worship 10:10 AM
Childcare Available

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Dr. Susan Jarek-Glidden, Pastor

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9.45 SUNDAY SCHOOL
11AM WORSHIP SERVICE
BRASS BAND MUSIC
7PM TUES WOMEN'S FELLOWSHIP
7:15PM WED. BIBLE STUDY

Spiritualist

First Spiritualist Church of Quincy
40 West St., Quincy, MA 02169
(617) 770-2246
Services: Sunday 11 a.m. to 12:30 PM
Coffee and Conversation following service.
(Services 8 PM Wednesdays June, July, August)
Pastor Rev. Rita S. Berkowitz, C.H.,C.M.

'Turkey Dip' To Benefit Interfaith Social Services

The third annual "Turkey Day Dip" to benefit Quincy-based Interfaith Social Services will take place Thanksgiving Day, Thursday, Nov. 23.

Katherine Maloy, founder of "The Turkey Dip," said the event will get a chilling start at 8:45 a.m. as participants dive into the North River at Mary's Boat Livery, located on 2205 Main Street (Rt. 3A) in Marshfield.

Maloy, a high school sophomore at Tabor Academy in Marion, started the event in 2004 at the site of her grandmother's Marshfield boatyard, Mary's Boats on the North River. She invited friends and family to take a dip in the frigid North River to raise funds for Interfaith Social Services of the South Shore.

In 2005, the event raised more than $3,000.

"The 'Turkey Dip' brings together our community to raise money for families in need on the South Shore," said Maloy. "Participants can help raise money by gaining sponsorships for their dip. All money raised will go directly to help Interfaith Social Services. Our goal is to raise $5,000 this year."

For more than 65 years, Interfaith Social Services has supplied nutritious and wholesome food, clothing, counseling and limited financial assistance to people in need throughout the South Shore.

In 2005, the Pantry Shelf provided food for 3,787 households, including 3,096 children. The agency's Fresh Start and HomeSafe programs helped 50 families and individuals avoid homelessness.

Last year, Maloy was honored with the Norwell Visiting Nurse Association's "2006 Young Leaders Award" for her work on the event.

For more information on the "Turkey Dip," call Katherine Maloy at 617-842-3224.

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Bristol Division
Docket No. 06D1229-DV1
Divorce/Separate Support
Summons By Publication

Juana A. Herrera of
Taunton, Plaintiff
v
Richard C. Pike,
Of Parts Unknown,
Defendant

To the above named Defendant:

A Complaint has been presented to this Court by the Plaintiff, Juana A. Herrera, seeking Judgment of Divorce.

An Automatic Restraining Order has been entered in this matter preventing you from taking any action which would negatively impact the current financial status of either party. Please refer to Supplemental Probate Court Rule 411 for more information.

You are required to serve upon John F. Groark, Esq. - plaintiff - attorney for plaintiff - whose address is 121 Pine Street, Walpole, MA 02081 your answer on or before January 26th, 2007. If you fail to do so, the court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer in the office of the Register of this Court at Taunton.

Witness, Elizabeth O'Neill LaStaiti, Esquire, First Justice of said Court at Taunton, this 31st day of August, 2006.

ROBERT E. PECK
Register of Probate Court

11/9, 11/16, 11/22/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2551EP

In the Estate of
EDWARD M. HIGGINS
Late of QUINCY
In the County of NORFOLK
Date of Death
August 26, 2004

NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that JOSEPHINE P. HIGGINS of QUINCY in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **NOVEMBER 29, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, October 18, 2006.

PATRICK W. McDERMOTT
Register of Probate

11/9/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Norfolk Division
Docket No. 04P2759EP
Notice of Fiduciary's Account

To the persons interested in the estate of Grace J. Wall late of Randolph, in the county of Norfolk.

You are hereby notified pursuant to Mass. R. Civ. P. Rule 72 that the 1st and final account(s) of Walter W. Wall as executor (the fiduciary) of said estate has been presented to this Court for allowance.

If you desire to preserve your right to file an objection to said account(s), you or your attorney must file a written appearance in said Court at Canton on or before the ***22nd day of November, 2006*** the return day of this citation. You may upon written request by registered or certified mail to the fiduciary, or to the attorney of the fiduciary, obtain without cost a copy of said account(s). If you desire to object to any item of said account(s), you must, in addition to filing a written appearance as aforesaid, file within thirty days after said return day or within such other time as the Court upon motion may order a written statement of each such item together with the grounds for each objection thereto, a copy to be served upon the fiduciary pursuant to Mass. R. Civ. P. Rule 5.

WITNESS, DAVID H. KOPELMAN, ESQUIRE, FIRST JUSTICE of said Court at Canton this 11th day of October, 2006.

PATRICK W. McDERMOTT
Register of Probate

11/9/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2644EP

In the Estate of
EILEEN T. AHERN
Late of QUINCY
In the County of NORFOLK
Date of Death
September 1, 2006

NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that JOHN A. KELLEY JR. of N. FALMOUTH in the County of BARNSTABLE or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **DECEMBER 6, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, October 26, 2006.

PATRICK W. McDERMOTT
Register of Probate

11/9/06

REQUEST FOR PROPOSALS

REQUEST FOR PROPOSALS
CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK ST., QUINCY, MA 02169

In accordance with M.G.L. Chapter 30B, the City of Quincy requests proposals for furnishing and delivering to the City:

HUMAN RESOURCES **ACTUARIAL SERVICES** **NOVEMBER 17, 2006 @ 10:30 a.m.**

The City of Quincy requests proposals from qualified actuarial firms to submit written proposals to conduct an actuarial evaluation of post retirement health benefits provided by the City of Quincy to existing and future retirees. In addition to providing pension benefits, the City provides health insurance coverage to retirees and their survivors. A copy of the specifications may be obtained at the Purchasing Department, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts 02169, after November 3, 2006, between the hours of 8:30 a.m. to 4:30 p.m.

Non-Price Proposals must be in a sealed envelope and price proposals must be in a separate sealed envelope. The outside of the sealed envelopes are to be clearly marked **"RFP - NON PRICE PROPOSAL ENCLOSED"** with time/date of RFP and **"RFP - PRICE PROPOSAL ENCLOSED"** with time/date of RFP opening.

Proposals will be received at the office of the Purchasing Agent until the time and date stated above, at which time and date they will be opened and registered. Late proposals, delivered by mail or in person, will be rejected.

The right is reserved to reject any or all RFP's or to accept any part of an RFP or the one deemed best for the City, and waive any informalities in the bidding, if it is in the best interest of the City to do so.

William J. Phelan, MAYOR
Laurie M. Allen, CHIEF PROCUREMENT OFFICER

11/9/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P1316AD
SALE OF REAL ESTATE

To all persons interested in the estate of MICHAEL J. FERRY late of QUINCY in said County, deceased testate.

A petition has been presented to said court for license to sell at private sale certain real estate of said deceased.

If you desire to object thereto you or your attorney should file a written appearance in said court at Canton before ten o'clock in the forenoon on the 4TH day of DECEMBER 2006, the return day of this citation.

Witness, DAVID H. KOPELMAN, Esquire, First Judge of said Court, this 24TH day of OCTOBER 2006.

PATRICK W. McDERMOTT
Register of Probate

11/9/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Bristol Division
Docket No. 06D1229-DV1
ORDER FOR SERVICE BY PUBLICATION

Juana A. Herrera of
Taunton, Plaintiff
v
Richard C. Pike,
Of Parts Unknown,
Defendant

Upon motion of plaintiff for an order directing Richard C. Pike the defendant herein, to appear, plead, or answer, in accordance with Mass. R. Civ. P./Mass. R. Dom.-Rel. P. Rule 4, it appearing to the Court that this is an action for divorce.

Pursuant to Supplemental Probate Court Rule 411, an Automatic Restraining Order has been entered against the above named parties, and that the said defendant cannot be found within the Commonwealth and that his/her present whereabouts are unknown; that personal service on said defendant is therefore not practicable, and that said defendant has not voluntarily appeared in this action.

It is **Ordered** that said defendant is directed to appear, plead, answer, or otherwise move with respect to the complaint herein on or before the twenty-sixth day of January, 2007. If you fail to do so this Court will proceed to a hearing and adjudication of this matter.

It is further **Ordered** that the accompanying summons be published once a week for three consecutive weeks beginning November 6, 2006, a newspaper published in Quincy Sun, 1372 Hancock Street, MA 02169, the publication to be 60 days at least before said return day. It is further **Ordered** that a copy of the summons be mailed to the defendant at his/her last known address by registered or certified mail.

Date August 31, 2006.

ELIZABETH O'NEILL LaSTAITA
Justice of Probate and Family Court

11/9, 11/16, 11/22/06

LEGAL NOTICES

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2618FE
FOREIGN WILL

To all persons interested in the estate of CORINNE GAIL DEVLIN, having property in QUINCY in the county of Norfolk, late of ELIOT in the county YORK in the State of MAINE, deceased.

A petition has been presented to said court by, with certain papers purporting to be copies of the last will of said deceased, and of the probate thereof in said State of MAINE duly authenticated, by JOHN J. DEVLIN of ELIOT, MAINE, praying that the copy of said will may be filed and recorded in the Registry of Probate in said County of Norfolk, and that HE be appointed EXECUTOR – thereunder, WITHOUT SURETY on the Bond.

If you desire to object thereto you or your attorney should file a written appearance in said court at Canton before ten o'clock in the forenoon on the 18th day of DECEMBER 2006, the return day of this citation.

Witness, DAVID H. KOPELMAN, Esquire, First Judge of said Court, this 25TH day of OCTOBER of 2006.

PATRICK W. McDERMOTT
Register of Probate

11/9/06

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2566EP

In the Estate of
MELINA P. CIAPETTI
Late of QUINCY
In the County of NORFOLK
Date of Death
September 13, 2006

NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that PAUL O'BRIEN of YARMOUTH in the State of MAINE or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **DECEMBER 6, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, October 23, 2006.

PATRICK W. McDERMOTT
Register of Probate

11/9/06

Classifieds

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11/9

HAPPY BIRTHDAY JAY
Love Mom & Kellie
11/9

STEVE and LAURA
Best of Luck at the University of Maryland
Love Mom, Dad, Steffy and Erica
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LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2270GM
In the Matter of
MALACHI EDWARDS
Of QUINCY
In the County of NORFOLK
NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN OF MINOR

To all persons interested in the above captioned matter, a petition has been presented praying that SHIRLEY EDWARDS of QUINCY in the County of NORFOLK or some other suitable person be appointed guardian of the person and the estate of MALACHI EDWARDS of QUINCY in the County of NORFOLK, a minor child, to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **NOVEMBER 17, 2006**.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, September 14, 2006.

PATRICK W. McDERMOTT
Register of Probate
11/9/06

NOTICE OF SPECIAL PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-086

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, NOVEMBER 28, 2006**, at **7:15 pm** on the **Second Floor Council Chambers**, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of STEPHANIA HEALY for a VARIANCE & FINDING to relocate the parking in violation of Title 17 as amended Chapter 17.28.030 (parking) on the premises numbered 65 INDEPENDENCE AVENUE, QUINCY.

John Garland, Chairman

11/9, 11/16/06

NOTICE OF SPECIAL PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-087

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, NOVEMBER 28, 2006**, at **7:15 pm** on the **Second Floor Council Chambers**, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of NICOLE ZANARDELLI for a VARIANCE & FINDING to relocate the driveway in violation of Title 17 as amended Chapter 17.28.030 (parking facilities) on the premises numbered 23 OLD COACH ROAD, QUINCY.

John Garland, Chairman

11/9, 11/16/06

NOTICE OF SPECIAL PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-085

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, NOVEMBER 28, 2006**, at **7:15 pm** on the **Second Floor Council Chambers**, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of TONY & MARY NGUYEN for a VARIANCE & FINDING to relocate the parking for the existing home in Residence A, by demolishing the garage on the Residence B lot and constructing the driveway thereon in violation of Title 17 as amended Chapter 17.24.020 (nonconforming structures) and Chapter 17.28.030 (parking) on the premises numbered 210 NORFOLK STREET, QUINCY.

John Garland, Chairman

11/9, 11/16/06

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The Quincy Sun

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INDEX
- ❑ Services
- ❑ For Sale
- ❑ Autos
- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
- ❑ Real Estate
- ❑ Antiques
- ❑ Flea Markets
- ❑ Yard Sales
- ❑ Instruction
- ❑ Day Care
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COPY: _____

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GUBERNATORIAL CANDIDATE Deval Patrick of Milton and state Treasurer Tim Cahill of Quincy, joined one another in an election eve campaign stop Monday at the Granite Place seniors facility on Granite Street.

Quincy Sun photo/Noreen O'Shea

DEVAL PATRICK MEETS Al McManama and his seeing eye dog, Cooper, at one of his final campaign stops Monday at the Granite Place seniors facility, Granite Street.

Quincy Sun photo/Noreen O'Shea

SECONDARY LUNCH MENU

Monday, Nov. 13
Pizza sticks, marinara sauce, tossed salad, fruit juice.

Tuesday, Nov. 14
Barbecue beef rib on a bulkie roll, hot vegetable, fruit juice. *Early release middle and high schools.*

Wednesday, Nov. 15
Turkey and cheese nachos with shredded lettuce, corn niblets, salsa, fruit cup.

Thursday, Nov. 16
American chop suey, hot vegetable, dinner roll, fresh fruit or juice.

Friday, Nov. 17
Tuna salad sandwich, potato chips, cup of tomato soup, fresh fruit or juice.

ELEMENTARY LUNCH MENU

Monday, Nov. 13
Pizza, fresh fruit, fruit juice.

Tuesday, Nov. 14
Early release day - no lunch served.

Wednesday, Nov. 15
Turkey and cheese tacos/nachos, vegetable, fresh fruit or juice.

Thursday, Nov. 16
Make your own meatball submarine, vegetable, fruit cup.

Friday, Nov. 17
Pork patty and cheese on a croissant, potato puffs, fresh fruit or juice.

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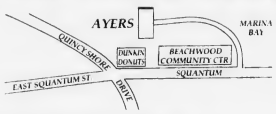

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A 'Welcome Home' From Iraq For Rev. William Harding
- Page 3 -

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper

VOL. 39 No. 9 | Thursday, November 16, 2006 | 40¢

THREE NEW MARINES Matthew Tobin (left), Robert Connell and Sean Joyce (right) step smartly down Hancock Street with former Mayor and Quincy District Court Clerk Magistrate Arthur Tobin, Police Chief Robert Crowley and Mayor William Phelan in Quincy's Veterans Day parade Saturday. The Marines graduated from North Quincy High School together earlier this year. Story, other photos on Page 8. *Quincy Sun Photo/Robert Noble*

Pettinelli: Investigation Findings 'Inconclusive'

Vapor Source In House Explosion Still A Mystery

By MIKAELA SLANEY

The source of the vapors believed to cause the expolosion of a Quincy Point Home is still a mystery.

Fire Chief Timothy Pettinelli presented reports to the City Council Monday night showing that the origin of the vapors that caused the explosion that claimed the Ramos-Donnelly home on Craig Avenue was still inconclusive.

MWRA (Massachusetts Water Resources Authority) and MassDEP (Environmental Protection Department) reports did not identify the source of the vapors, but did list slightly above normal amounts of volatile chemicals found in surrounding sewers, and suggested ways that they may have accumulated.

Ward 2 Councillor Daniel Raymondi said preliminary reports, which were completed 12 days after the June 18 explosion, should have been made available for public viewing sooner.

He said that every effort should be made to relieve neighbors who feared for their safety, and asked Pettinelli to ensure that there would not be a repeat of the explosion that claimed the Craig Avenue home.

"My question is that we don't know what the cause was, and if we don't know how it migrated into the system, and if the conditions on Craig Avenue could very well be replicated within other homes in the area, how could you in confidence tell people, 'don't worry, you'll be safe,'" Raymondi said.

Pettinelli said that residents may ensure their safety by having their pipe system inspected by a professional.

"People have to be diligent in inspecting their own home," he said. "They need

(Cont'd On Page 28)

For Projects In Neighborhoods

Phelan Calls For Development Guidelines

Mayor William Phelan has called for the creation of design guidelines to guide multi-unit projects in Quincy's neighborhoods.

The guidelines would help direct developers and municipal boards and agencies in protecting the character and aesthetics of Quincy's neighborhoods, Phelan told the city's smart zoning committee.

"As we look to continue our efforts to strengthen our neighborhoods, I have continuously heard that the overdevelopment of our neighborhoods is an issue that greatly concerns our residents," said Phelan. "Design guidelines would set the standards by which we as a community expect our neighborhoods to be treated. New development should fit the character of our existing neighborhoods."

Phelan created the "Smart Zoning" Committee earlier this year. The committee is currently looking into ways to improve city ordinances and the Zoning Code. The committee consists of repre-

(Cont'd On Page 2)

Early News, Advertising Deadline For Next Week's Sun

Because of the Thanksgiving Day holiday, *The Quincy Sun* will be published a day earlier next week, necessitating an early news and advertising deadline.

News, social, church and youth sports releases as well as retail, legal and classified advertising should be in The Sun office, 1372 Hancock St., Quincy Center, by noon tomorrow (Friday) for the Wednesday, Nov. 22 issue.

Thank you for your cooperation.

Deadline Sunday, Dec. 31

Nominations Open For Sun 'Citizen Of Year'

Nominations are now open for *The Quincy Sun's* 22nd annual "Citizen of the Year" award.

Established in 1985, the award recognizes an individual for outstanding community service or a special achievement.

Last year, George White, a 40-year member of the Quincy Christmas Festival Committee – including 25 years as committee chairman – was honored for bringing holiday joy to many thousands of all ages.

White was selected for the honor from among 35 nominees submitted by Quincy Sun readers. A panel of judges representing a cross-section of the community made the final decision.

Again this year, Sun readers may nominate the person they feel is the most deserving of the award.

A nomination ballot to help the selection process appears on Page 11 of this week's issue of *The Quincy Sun*.

After nominations close Sunday, Dec. 31, a judging panel will be selected to make the final choice from nominations submitted.

(Cont'd On Page 11)

The Quincy Sun

'2006 Citizen Of The Year'

Nomination Ballot On Page 11

■ City Safetey Fair Saturday - *Page 3* ■ Sterling School Salutes Veterans - *Page 13*

MAYOR WILLIAM PHELAN and Marine veterans William Draicchio (left) and Richard Churchill of the City Clerk's office raise the U.S. Marine flag in front of City Hall in commemoration of the 231st anniversary of the Marine Corps founding Nov. 10, 1775.

Quincy Sun photo/Robert Noble

NQHS Class Of 1984 Reunion Nov. 24

The North Quincy High School Class of 1984 will hold a 20th graduation anniversary, Friday, Nov. 24 from 7 p.m. to 12 a.m. at the Venezia Waterfront, Dorchester.

Cost is $50 per person, and $80 per couple. The event will feature dinner and dancing.

For more information call Sara Regan Levine at 617-773-0319, or email MattiBoy@aol.com.

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Phelan Calls For Development Guidelines

(Cont'd From Page 1)

sentatives from the City Council, Planning Department, Building Department, Solicitor's Office, Mayor's Office and the public.

Phelan recommended that design guidelines be established for multi-family projects, specifically ones in Residential B-zoned neighborhoods.

"Our city has experienced significant neighborhood development and our boards and commissions are currently dealing with these issues on a case-by-case basis," Phelan said. "We need to provide our boards and our neighborhoods with the tools to protect the character of our city. I believe that proper design guidelines would accomplish that and I believe that this group of individuals is most capable of producing the proper guidelines."

The Planning Board and City Council are currently deliberating a one-year moratorium on added development in any Residential B zoning district. Earlier this year, Phelan requested that the Zoning Board of Appeals take a strict view on issuing zoning variances due to hardships.

Flooding Relief Seen For Carlisle Street

By MIKAELA SLANEY

The City Council Monday night, unanimously accepted an appropriation of $583,735.60 for the Carlisle Street Sewer Improvement Project.

The project will reportedly eliminate chronic sewage backup in approximately 20 Carlisle Street basements, with the construction of a sewer pump station.

Public Works Commissioner Stephen O'Donnell requested the appropriation in a recent letter to Mayor William Phelan.

O'Donnell said in the letter that the pump station will be one of the first in the city to be equipped with an emergency generator and backup power. The letter also promised a new sewer main, house services and connections, and paving for sidewalks.

According to the letter, RJV Construction Corporation is set to handle the project.

Money for the project will be transferred from the Sewer Rehabilitation Fund.

"We start in the spring," O'Donnell told the City Council. "Hopefully by a year from now, we'll be out of there."

Union Congregational Church To Dedicate Puzzle In Memory Of Retired Police Officer John Andre

Union Congregational Church, 136 Rawson Rd., Wollaston, will dedicate a special puzzle in memory of retired Quincy Police Officer John Andre as part of the 10 a.m. worship service Sunday.

Andre was an active member of Union Congregational Church and had a special and unique ministry to children and youth, said Pastor Jack Swanson. "An artist par excellence, John ran the children's art class as part of the church's Tuesday School, a youth program for primary aged children which meets each week on Tuesday from 12:15 to 2 p.m."

According to Pastor Swanson, Andre had one rule for his art class. "There are no rules, you create the project as you go, your imagination will show you how."

Each week the children (and some adults) would produce a craft or picture based on a specific Bible verse or story. A special project was creating a Picture Bible, a work still in progress. The children's Tuesday School Bible is used on special occasions at Union Church and was read from at Andre's memorial service last July.

"As John became increasingly ill last fall, the children and adult members of the church worked on a special puzzle for John," Pastor Swanson said, "picturing a 1960's era policeman and a child; the child, with his pint-size police car that he could ride in next to him, was carefully examining a real police car with awe, while the officer looked on. Regrettably, the puzzle was not completed until shortly before John's death and he never got to see it," Pastor Swanson added.

As a tribute to Andre's memory, the completed puzzle has been professionally mounted, and will hang in the church's parlor in his memory. It will hang over a table used weekly for the Tuesday art group.

A coffee hour will follow the service.

Friends and former colleagues of Quincy Police Officer John Andre are invited to attend, as well as the public.

For more information, call the church office at 617-479-6661.

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Deborah Bates Riordan, Esq.
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'Welcome Home Reception' Sunday

Rev. William Harding Returns From Iraq Duty

Rev. William Harding, pastor of Bethany Congregational Church, has returned home after a 14-month duty tour in Iraq.

Harding, who served as an Army Chaplain Major, will be greeted with a "Welcome Home Reception" Sunday at 11 a.m. in the Bolkhen Social Hall at the church.

Guests at the reception will include Congressman William Delahunt, Mayor William Phelan, Senator Michael Morrissey, other state and city officials, Rev. Gary Smothers, associate pastor, retired Air Force General Ronald Rand, a life

REV. WILLIAM HARDING

member of the church, and Bishop Lincoln Wright of the new Mount Calvery Church.

While in Iraq, Rev. Harding's service work extended into the community where he visited orphans and families. He also served in Kosovo in 2001.

Pastor of Bethany church for over 10 years, he served in the ministry in several Congregational churches including Braintree.

He has worked with the South Shore Congregational Youth Conference to organize a Christian summer camp that has hosted thousands of junior and senior high school students from the Greater Quincy area.

He also conducts Nursing Home Services and works in many programs helping seniors and those in need in the community.

THE YOUNG PEOPLE of Bethany Congregational Church created this sign to welcome home from Iraq Rev. William Harding, pastor. It reads: "Welcome Home Chaplain Major Reverend Harding. We Missed You. The Bethany Youth Group." *Quincy Sun photo/Sean Brennan*

Quincy Preparedness Safety Fair Focus Saturday

The second annual Quincy Safety Fair will take place Saturday from 10 a.m. to 2 p.m. at the Park and Recreational Complex in Merrymount Park.

This year, the fair will feature the city's first flu clinic of the year, an emergency exercise demonstration by the Quincy Fire Department and other first responders, a variety of emergency equipment and vehicles used by municipal, state and county government, and a wide variety of information on emergency preparedness. There will be a number of hand-outs pertaining to home emergency preparedness.

"Our Safety Fair was a great success last year and I hope that more Quincy residents join us this year in an effort to educate themselves on the best ways to prepare themselves and their families for any type of emergency situation," said Mayor William Phelan. "We have learned in recent history that a little preparedness can go a long way during an emergency situation and the time to prepare is prior to an event, not during."

Participating in this year's event will be the Quincy Emergency Management Agency, the Health Department, the Police Department, the Fire Department, the Department of Public Works, Norfolk County Sheriff's Office, Keyspan, State Street Corporation and others.

The city will provide a laminated safety instruction booklet with a range of helpful safety tips for the home and State Street will provide a child security package with coloring books, crayons and child identification kits.

The Fire Department will lead an array of first responder agencies in a decontamination exercise at 1 p.m., utilizing full emergency gear. There will be a number of fire engine and emergency equipment displayed by the fire department.

The Norfolk County Sheriff's Office will conduct a K-9 demonstration and will display their mobile command unit.

The Police Department and Quincy Emergency Management will display their emergency safety equipment.

"I want to thank our organizers and participants for putting together an event that is both informative and fun," Phelan said. "Young children will love the emergency vehicles, seniors can get their flu shots, and families can get all the information they need to make sure their family is prepared. There is a range of activities and information provided that make our Safety Fair a good way to spend the day."

For more information, call the Quincy Emergency Management Agency at 617-376-1105.

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Moments in time

THE HISTORY CHANNEL

• **On Nov. 19, 1907,** Jack Schaefer, the author of the popular Western novel "Shane," is born in Cleveland. "Shane" was a simple but powerful tale of a high-plains drifter who comes to the rescue of Wyoming homesteaders, righting wrongs and striking down evil oppressors.

• **On Nov. 16, 1914,** a report by the National Monetary Commission, charged with prescribing a remedy for bank panics, triggers the passage of the Federal Reserve Act. This in turn paved the way for the formation of the Federal Reserve Bank, initially designed as a "passive" institution.

• **On Nov. 18, 1928,** cartoon star Mickey Mouse appears in "Steamboat Willie," an animated short produced by Walt Disney. "Steamboat Willie" was the first fully synchronized sound cartoon ever produced, with Mickey's squeaky voice provided by Walt Disney himself.

• **On Nov. 13, 1955,** FBI agents search the home of John Graham, a chief suspect in the United Air Lines explosion that killed all 44 people on board when the plane exploded shortly after departing from Denver. Graham confessed to planting a bomb, which consisted of dynamite, a battery and a timer, in his mother's suitcase.

• **On Nov. 14, 1969,** Apollo 12, the second manned mission to the surface of the moon, is launched from Cape Canaveral, Fla. Thirty-six seconds after takeoff, lightning struck the launch rocket, causing a power failure. Fortunately, the rocket continued up normally, and within a few minutes power was restored in the spacecraft.

• **On Nov. 15, 1984,** "Baby Fae," a month-old infant who had received a baboon-heart transplant, dies at Loma Linda University Medical Center in California after holding on for 20 days.

• **On Nov. 17, 1993,** Annie Proulx wins the National Book Award for her novel "The Shipping News," about an out-of-luck journalist and father who rebuilds his life after moving to Newfoundland. The book also won the Pulitzer Prize.

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Sunbeams

By Henry Bosworth

Patrick Sure Fooled Me

Well, Deval Patrick sure fooled me.

Not on Election Day. But back before when he was still thinking of running.

PATRICK

A friend of his, Steve Harold, cousin of the late Paul Harold, brought Patrick by the office for a visit.

The Milton Democrat had not announced his candidacy but was still checking out the political climate.

We got to talking about the governor's race coming up and he was wondering what I thought about it.

REILLY

I was flattered he asked but I told him I thought he would have a tough time running against Atty. Gen. Tom Reilly.

Patrick, I reasoned, was an unknown newcomer while Reilly had been around awhile, was well known and had a job that brings a lot of exposure.

Patrick said he thought Massachusetts wanted a change and would welcome a new face.

We chatted some more and I wished him good luck. But as he was leaving, I told myself: "He's personable and seems like a nice guy. But he's a political unknown and he'll need a miracle to make it."

Boy, was I wrong.

A lot of other people didn't give him much chance back then, either. Reilly was the Democrat front runner then.

Patrick, however, began his rise with an ever expanding grassroots campaign.

He rose fast enough to win the Democratic September primary election over both Reilly and Chris Gabrieli.

And, of course, last week swept by Republican Lt. Gov. Kerry Healey, independent Christy Mihos and Green Rainbow Party candidate Grace Ross.

Patrick served in the Civil Rights Division of the Justice Department in the Clinton Administration but was making his first run for public office.

And in January he will become the first black governor in Massachusetts history.

You've got to give him credit.

His rise was a political skyrocket.

The question now: What kind of governor will he be?

❑

QUINCY HAS NEVER run out of ballots at voting precincts like Boston did last Tuesday.

Boston actually had enough ballots but ran short at 30 precincts late in the day.

Boston's policy is to give each precinct enough ballots for 50 percent of the registered voters there.

When more than 50 percent of the voters turned out the precincts called City Hall for more.

Election Department drivers responding to the SOS from the 30 precincts ran into heavy traffic and police cruisers had to be called in to make the deliveries while voters cooled their heels.

QUINCY CITY CLERK Joseph Shea says a ballot is printed for every registered voter in a state, presidential or municipal election. Just in case that miracle election day comes when every registered voter actually votes.

SHEA

Quincy, for example, has 54,503 registered voters and had a ballot for each one of them and more.

Shea has a different approach than Boston.

He provides a ballot at each of Quincy's 30 precincts for each voter registered there. So there is no running out.

Fifty-four percent of the city's registered voters cast ballots last Tuesday.

"So," says Shea, "you throw away about half the ballots that were printed but not used and you might think, what a waste.

"But just think what an uproar there would be if people came to vote and there were no ballots for them."

❑

QUINCY WAS ONE of 28 communities testing new handicapped accessible voting machines.

"There were a few problems," Shea says. "We didn't get the machines until just before the election and we had little time for staff training. And there were a few faults with the machines themselves."

The machines are wheelchair accessible and have head phones, Braille, and other features to make it easier for the handicapped to vote.

"The bugs will be worked out," Shea says, "and these machines will be a fixture in future elections."

❑

SHEA WASN'T TOO happy with supporters of same sex marriages distributing literature near the polling places.

No candidate supporters, campaign signs and literature are allowed within 150 feet of a polling place on election day.

But same sex marriage supporters were positioning themselves close to the precincts with signs and literature.

"We spent a good part of the day shooing them back to 150 feet," Shea says.

A couple supporters, he said, even pitched a tent 20 feet from the Beechwood Knoll School where Precincts 4 and 5 of Ward 5 vote.

"We had complaints from voters who said they were annoyed," Shea says.

The question of same sex marriage wasn't even on the ballot. Backers were seeking support to retain the right.

❑

IN CASE YOU like to keep track of such things, Ward 1 topped the Quincy turnout with 58.5 percent.

Followed by Wards 5 and 6 with 55 percent, Ward 3 nearly 55 percent, Ward 4 nearly 50 percent and Ward 2 49 percent.

Top precincts honors went again to Ward 6, Precinct 5 at the Squantum School with 69.5 percent.

Animal Shelter Adopt-A-Thon Nov. 18

The "Home For The Holidays" Adopt-A-Thon to benefit the Quincy Animal Shelter (QAS), will be Saturday, Nov. 18 from 10 a.m. to 6 p.m. at the shelter, 56 Broad Street.

The public is invited to visit the shelter to view cats, dogs and kittens available for adoption. Those who are interested may fill out applications to become owners. Animals available for adoption are up to date with spaying, neutering and vaccines, either by their previous owner, or through the shelter.

The event will feature a bake sale and raffles that will benefit the QAS, which is a volunteer-run, "no kill" shelter, that relies on public donations, said Sue Schroepfer, a volunteer. Baskets for animals and humans are among the featured raffle items.

"Finding good homes for the animals is our main priority," she said. "We don't get funding. We exist totally on donations from the public to provide the income we need for medical care and food for animals in our care."

Adoption fees for dogs and cats depend on the animal's age, breed and medical history.

QAS also features a "Seniors for Seniors" program which allows senior citizens, 60 years of age or older, to adopt cats and dogs six years or older at a minimum donation cost. Details are available on the shelter website: www.quincyanimalshelter.org.

QAS recently held a Fall Wine Tasting Benefit at the Adams Historical Academy.

Scenes From Yesterday

THIS 1915 POSTCARD is a view of Manet Avenue in Houghs Neck looking north from near its intersection with Sea Street. The church in the right center was on the corner of Winthrop Avenue. First known as St. Francis-by-the-Sea, it was renamed Most Blessed Sacrament when the parish was established in 1917. This church was demolished soon after this picture was taken and a new church was built on Sea Street. The old Catholic Lyceum was in the house in front of and just to the right of the church. The trolley on the left was turning onto Babcock Street. For over 50 years trolleys traveled from Quincy Square to the end of Sea Street. The service was stopped in 1946 when busses were introduced. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of Tom Galvin

Quincy's Yesterdays

Sheets Forms Task Force To Fight Crime, Vandalism, Litter

This Week
1990
16 Years Ago

By FRANK McCAULEY

Mayor James A. Sheets formed an ambitious city-wide task force designed to target and reduce areas of vandalism, crime and litter throughout Quincy.

In announcing the task force, Sheets said its mission will be to determine ways to reduce vandalism, crime and pollution in all of Quincy by identifying all the contributing factors.

U.S. MUST MAINTAIN ITS VIGILANCE TO REMAIN FREE

Army Chief of Staff General Gordon Sullivan said that with President George H. W. Bush preparing to send more American troops to the Persian Gulf, that America must maintain its vigilance to stay free.

Sullivan, a Quincy native and a four-star general was the guest speaker at the Veterans Day ceremonies sponsored by the Quincy Veterans Council. Sullivan delivered his remarks to some 200 veterans city and state officials and area residents. The ceremonies were held on the grounds of the Adams Academy.

NOMINATIONS OPEN FOR QUINCY SUN 'CITIZEN OF THE YEAR'

The *Quincy Sun* announced that nominations were open for the *Sun's* sixth annual "Citizen of the Year" award. Established in 1985, the award recognizes an individual for outstanding community service. Previous winners included Tony Sciliano, Ruth Wainwright, the late Richard J. Koch, Sr., Martin Finnegan and Clara Yeomans.

QUINCY-ISMS

Friends of the Thomas Crane Public Library held their annual book sale at the Wollaston Branch Library, 41 Beale St... Former City Councillor **Tom Gilmartin** correctly predicted the winners of six election contests in the recent state election... Cerebral Palsy of the South Shore honored the memories of the late **John J. Sullivan** and **Christopher Kennedy** at a recent dinner at the Neighborhood Club. Sullivan and Kennedy were both past presidents of Cerebral Palsy as well as members of the Quincy School Committee... **Mr.** and **Mrs. John MacLeod** of Quincy became parents of daughter **Sarah Anne**... The North Quincy High School Class of 1975 scheduled a 15th year reunion Nov. 24 at the George Bryan VFW Post, Broad Street... The Houghs Neck Congregational Church scheduled a "Teddy Bear Fair" at the church hall for Nov. 16 - 17... **Martha Robinson**, a southwest Quincy resident, was presented the **Albert Conti** Southwest Person of the Year award. The award was presented by the Community Relations Committee and the Quincy Neighborhood Housing Services... The **Colletti Family**, owners of LeColson Jewelers, 730 Hancock St., Wollaston, invited area residents to visit their new store. The jewelry store was returning to Quincy after 35 years in Boston... **Fr. Joseph Downey**, pastor of St. Joseph's Church, Quincy Point, was honored at a retirement reception. Fr. Downey served for 20 years as pastor at St. Joseph's... Ten Quincy residents received degrees from Boston University. They are **Kim W. Hui, Peter J. Maloof, Janet E. Paul, John G. Rodman, Elie A Zebounni, Todd B. Behnia, Ernest T. Hipolite, Lisa E. Miller, Annette L. Montgomery** and **Ofelia Villanueva**... **Dr. Sheldon W. Bennett**, minister of United First Parish Church, Quincy Center, gave a sermon titled "Gratitude."... **Diane Sheehan Taylor**, infant daughter of **Roberta Taylor** and **Earl Taylor** was dedicated at a Sunday morning service at the First Church of Squantum. **Rev. Dr. Gene Langevin**, pastor, conducted the dedication service... Great Cuts, 1505 Hancock St., Quincy Center, was advertising a "great perm for only $43."... The 15th annual Ecumenical Thanksgiving Service in the Houghs Neck Germantown peninsula district will be held at the Houghs Neck Congregational Church. The call to worship and welcome will be given by **Rev. Dr. Peter V. Corea**, pastor of the host church. **Senator Paul D. Harold** will read the Thanksgiving proclamation of the Governor of the Commonwealth... A total of 96 baby pictures were entered in the second annual Quincy Sun Beautiful Baby Photo Contest to benefit the Muscular Dystrophy Association... The Quincy High School football Presidents raced out to a 21-0 lead over Barnstable at Veterans Memorial Stadium and then hung on to a win at 21-20. The win brought the Presidents' record for the season to 7-1-1. **Mark Bogan** rushed for 171 yards, giving him 1105 yards for the year... The North Quincy High Red Raiders came from behind to defeat Taunton High School 20-14 in a game played in Taunton. The win brought the Red Raiders to 4-5 for the season as they head into the Thanksgiving Day game with Quincy... **Tom Benson** was selected as North Quincy High hockey coach succeeding **Dave Peters**. Benson was chosen by the school committee over 16 other applicants... **Aiman Janineh**, son of George and Elin Janineh, was a freshman member of the Bridgewater State College soccer team

Readers Forum

Kilroy Was There, Too

As we were walking into Bob's Coffee Shop in South Weymouth, we were delighted to see a Halloween painting on the large window. It wasn't just any picture, it featured "Kilroy." It was a picture of a cow, and the little guy with the long nose ("Chad") was peering over the back of the cow. It said "Kilroy Haunted Here," and the bottom of the picture was entitled "Cows on Parade" (based on the great, decorated life-size cows that were exhibited throughout Boston this year). It was one of many entries in a contest every year in Colombian Square for school kids.

Having dreamt for years of reviving Kilroy Was Here and then having worked with Discover Quincy, the USS Salem, Ron Adams of Broad Meadows Middle School, and *The Quincy Sun* over the last couple of years on numerous such activities, you can understand why we were so pleased to see it outside of Quincy.

A little investigative work revealed that the artist is Maretta Morovitz, a sixth grader at St. Fancis Xavier School in Weymouth. Maretta's Girl Scout troop was camping at the USS Salem while we were displaying and awarding prizes for the Kilroy Was Here photo contest last fall. She was interested enough in the story to send Kilroy tee shirts to her penpals in London, England, and Glasgow, Scotland.

She also gave one to her grandfather, Frank Colletta who served in the US Navy from 1945 to 1946. Maretta got to see the World War II monument in Washington, D.C., this year where she found the Kilroy engraving on the wall. Her mom, Nancy, shared this background info with us. Great job, Maretta!

Not widely known: "Chad," the little guy with the long nose, was graffiti found in England during World War II, accompanied by "Wot, no petrol?" or "Wot, no beer?" or anything else that was in short supply. It's not surprising that it later merged with the "Kilroy Was Here" used by James Kilroy at the shipyard and then adopted by sailors and soldiers- all this occurring around the same time and leading to the famous combination we're all so familiar with now: "Kilroy was here," plus the little guy Chad.

Kathy and Frank Hogan
Doane Street
Quincy

Red Cross Seeking Holiday Stockings

American Red Cross is requesting filled stockings for their annual Holiday Stocking Program, to be distributed to children in the community.

Stockings may be sent to the Red Cross office:, 1495 Hancock St., by Dec. 1. The program is run by volunteers, and organizations, families, business and individuals are encouraged to donate.

The program will benefit children between the ages of 1 through 12, and every child receives an individually-labeled stocking with gift items appropriate for them. The Red Cross works with local agencies to identify families in need, and expect many requests for stockings this year.

The Red Cross can provide mesh stockings and a list of suggested gift ideas. Donors may decide the age and sex of the child they wish to help, and note that on the stocking.

To be added to the donor's list, or for information about requirements to receive a stocking, call the Red Cross at 617-770-2600.

Urges People To Choose

Senator John F. Kerry is known to flip-flop. And whenever he flops he corrects himself. President George W. Bush does not flip-flop. He stays the course.

Have your pick Yankees! Choose either John's way or George's way!

Michael Jovanovic
Town Hill Street

Foxwoods Trip Jan. 4

The Council on Aging will hold a Foxwoods trip Thursday, Jan. 4.

For more information call Dorothy Dow at 617-376-1508.

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Arts & Entertainment

Flute Instructor Sarah Brady Wins Second Place In National Competition

Sarah Brady of Quincy, a flute instructor at the South Shore Conservatory in Hingham and Duxbury, recently won second place in the prestigious National Flute Association's Young Artist Competition.

Brady was awarded a special prize for best performance of the newly commissioned work.

She is on faculty at Boston Conservatory of Music, and Winchester Community Music School.

Brady attended the University of Connecticut where she received her bachelor of music degree in flute performance, and received her masters in music and artist diploma from the Longy School of Music.

SARAH BRADY

As an active free-lancer in the Boston area, Brady performs with Opera Boston, the ProArte Chamber Orchestra, Rhode Island Philharmonic Orchestra, Boston Ballet and the Vermont Symphony Orchestra. She has also premiered new music from concert stages including Carnegie Hall and the Middle East in Boston.

She performs regularly with the Boston Modern Orchestra Project and is a member of Brave New Works, a Michigan-based new music group.

Geology Tour Of Squaw Rock Saturday

Dr. Richard Bailey, professor of geology at Northeastern University, will lead a free tour of the geology of Squaw Rock Saturday, Nov. 18 at noon.

Participants will learn why, according to Dr. Bailey, many geologists consider these rocks "the most interesting geologic formations in New England."

Meets at the parking lot by the Nickerson Post off Dorchester St. in Squantum.

Wear appropriate footwear for walking on wet rocks.

The program is sponsored by the Park Department's Environmental Treasures program.

For more information, call 617-472-0799.

South Indian Concert Canceled

The performance by the South Indian trio Takademi scheduled for Sunday, Nov. 19 at the Thomas Crane Library has been canceled.

One of the performers has been in a serious auto accident. The library hopes to reschedule this concert at some time in the future.

Holy Trinity Sodality To Hold Mistletoe Fair Nov. 18

Our Lady's Sodality of Holy Trinity Parish will hold their 17th annual Mistletoe Fair Nov. 18 from 10 a.m. to 3 p.m. at St. Thomas Aquinas Hall, Houghs Neck.

Admission is a non-perishable food item to stock their food pantry.

Area crafters will sell crafts, and the kitchen will prepare refreshments throughout the day.

A raffle will feature a homemade quilt and gift certificates from area businesses. A Thanksgiving Dinner Basket will also be raffled off.

Holiday craft, gourmet and bake tables will feature items such as fudge, breads, cakes, pies and Christmas gifts.

Photographs with Santa will be available starting at 11 a.m. for $5.

A "Kid's Corner" will feature face painting, games and a kid's raffle.

Wollaston Child Care Center Hosting Pasta Supper Saturday

The Wollaston Child Care Center will serve a pasta supper for families of the center and the community Saturday, Nov. 18 at 5:30 p.m. at the center, 47 Weston Ave., adjacent to the Wollaston Red Line T Station parking lot.

The center's Advisory Board is in charge of the event and will serve guests in various capacities.

They include: Jean Leslie, Pastor Richard Law, Ruth Marrocco, Audrey Peterson, Terry Tse, and Pastor Adolph and Barbara Wismar. Event coordinator is Shirley Jean Black.

The chef will be Frederick Cashman.

Others helping with the event are Tim Wismar, president of the Wollaston Lutheran Church; Karen O'Donnell, teacher at the event; and the director of the center, Marcia Bailey.

All monies raised in the event will be designated for use by the center for programs to benefit the children.

Tickets are available for a donation of $8 for adults and $4 for children.

The menu will include pasta, salad, dessert, and a beverage.

Funds raised will be matched by a grant from Thrivent Financial for Lutherans.

For tickets, call Marcia Bailey at the Wollaston Child Care Center at 617-773-7217.

The pasta supper is an occasion when the center's students and their families can meet with members of the board, school staff, and friends from the community in an informal setting while enjoying good food and amiable company.

Between The Lines Writing Workshops

The River Bay Club is hosting *Between The Lines* writing workshops until Dec. 13, Wednesdays from 1 to 3 p.m., at the club, 99 Bracket St.

Sessions are $55 for five sessions, advanced registration is required.

Adults of all ages are welcome and no previous writing experience is required.

For more information call the Department of Elder Services at 617-376-1506, or email group facilitator Karen Flood at journalguru@yahoo.com.

ELEMENTARY LUNCH MENU

Monday, Nov. 20
Pizza sticks, dipping sauce, fruit snack, fruit juice.

Tuesday, Nov. 21
Early release day - no lunch served.

Wednesday, Nov. 22
Morning session only - breakfast served – no lunch served.

Thursday, Nov. 23
Friday, Nov. 24
Thanksgiving Recess - No School.

SECONDARY LUNCH MENU

Monday, Nov. 20
Sonny's North End pizza, tossed salad, fresh fruit or fruit juice.

Tuesday, Nov. 21
Manager's special. *Early release middle schools.*

Wednesday, Nov. 22
Breakfast served – morning session only - no lunch served.

Thursday, Nov. 23
Friday, Nov. 24
Thanksgiving Recess - No School.

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SOCIAL

$30,000 Raised At DOVE Fundraiser

DOVE (Domestic Violence Ended) recently raised an approximate $30,000 with their annual fundraiser, "Harvesting Hope: Giving Strength to Victims of Domestic Violence," at the Granite Links Golf Club.

An approximate 220 guests attended the event which consisted of cocktails, a light dinner, live entertainment by Java Jive, a raffle winning of $1,000 as well as several other items and a live auction. Master of Ceremonies was Julie Devereaux from 105.7 WROR. Tickets were $100 per person.

DOVE Inc. is the only domestic violence agency serving on the South Shore and Norfolk county. DOVE provides emergency shelter for women and children and a 24-hour crisis hotline. It also provides outreach programs such as counseling and support groups for women and children and legal advocacy. DOVE gets more than 50 percent of its operating budget from private contributions, and their annual budget is approximately $60,000.

Christmas Fair Saturday At Union Congregational Church

Union Congregational Church, 136 Rawson Rd., Wollaston, will sponsor its annual Christmas Fair Saturday, Nov. 18 from 9 a.m. to 3 p.m. in the church's gymnasium.

The theme of this year's event, "Twelve Days of Christmas," will feature homemade baked goodies, handcrafted gift items, raffles, and seasonal decorations. There will also be a snack bar.

Raffle items will include an iPod Nano music player, restaurant gift certificates, and U.S. Savings Bonds, as well as other items.

The fair has become a holiday tradition for the church as well as the Wollaston community.

Catholic Men's Evening Of Prayer Nov. 30

The Greater Quincy Catholic Men's Group will hold an Evening of Prayer for men Thursday, Nov. 30 at Sacred Heart Church, North Quincy.

The Blessed Sacrament will be exposed at 6:30 p.m. followed by a talk by Quincy native Rev. William Kelly, Director of the Office of Clergy Support and Ongoing Formation for the Archdiocese of Boston. Mass will be celebrated at 7:30 p.m. with Rev. Jason Jalbert as the main celebrant. Fr. Jalbert is the Vocation Director for the Diocese of Manchester, N.H..

Catholic men of all ages are welcome to attend this evening of Mass, prayer and reflection, to prepare for the Advent Season.

For more information contact Kevin Murphy at (617)328-7949 or Tom Koch at (617) 471-7145.

QHS Class Of 1981 Reunion Nov. 25

The Quincy High School Class of 1981 reunion will be Nov. 25 at the Quincy Marriott Hotel at 6:30 p.m. Cost is $50.

To save $10, email qhs1981reunion@hotmail.com or call 617-698-6984.

MR. and MRS. JOHN MORESCHI

Mr., Mrs. John Moreschi Celebrate 50th Anniversary

John and Nancy Moreschi of Dennis, and Naples, Florida, formerly of Quincy, celebrated their 50th wedding anniversary Nov. 10 with a 12-day family cruise to Italy and Greece.

They have four children, Peter Moreschi of Quincy, Anne Morrison of Hanson, Mary Dixon of Derwood, MD, and May Moreschi of Quincy. They have eight grandchildren.

Mr. and Mrs. Moreschi spend their summers in Cape Cod, and winter months in Naples, Florida, where they claim to be bocce champions.

Erin Cain Enters Mount Holyoke College

Erin Cain of Quincy, has begun her first year at Mount Holyoke College in South Hadley.

The daughter of Kathleen and John Cain of Quincy, she is a graduate of Fontbonne Academy. Among her many extracurricular activities, she was active in the student government, sang in the Select Chorus, was a member of the drama club and the Student Life Committee, and worked on the staff of the school's literary magazine.

Captain of the varsity basketball team, Erin also played varsity golf. In the community, she volunteered with Hyde Park Community Center and tutored at the East Greenwood Elementary School.

Save Gas and Money Shop Locally

NQHS 1981 Class Plans Nov. 24 Reunion

The North Quincy High School Class of 1981 will hold its 25th anniversary class reunion Friday, Nov. 24.

The event will be from 8 p.m. to midnight at the new function room at the Best Western/Adams Inn in North Quincy. Pre-event tickets are available at $35 per person and may be purchased by contacting Tom Koch at (617)471-7145. Tickets will also be available on the evening of the event at the door.

The reunion committee includes class officers Thomas Koch, president; Stephen Kavanaugh, vice-president; Paul Schaetzl, treasurer; and Patty (Gerry) Leslie, secretary.

For more information, contact Koch at (617)-471-7145 or Nqclassof81@yahoo.com.

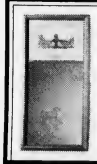
Seaside Gardens Annual 'Lighting Of The Tree' Nov. 26

Seaside Gardeners of Squantum will hold their annual "Lighting Of The Tree," Sunday, Nov. 26 at the Gilbert Memorial Park, Huckins Avenue and East Squantum Street, Squantum.

Festivities will begin at 4 p.m. with the arrival of Santa Claus. Refreshments will be served.

The tree lighting occurs on the same day as the Quincy Christmas Parade. If the parade is cancelled due to inclement weather, the Squantum Tree Lighting will also be cancelled and rescheduled to correspond with the Christmas Parade.

For more information, call Patricia McGilvray at 617-328-0355.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Veterans Day Keynote Speaker:

'Brave Men And Women In Uniform Our Most Potent Weapon In War'

Brave men and women in uniform were hailed at Quincy's Veterans Day observance as America's "most potent weapon in war."

The tribute came from Army Lt. Col. Robert A. Frazier, a Quincy native and decorated veteran of the Iraq War, now serving at the Pentagon.

Speaking at the World War I Doughboy Statue at Adams Academy from where he could see the house he grew up in Frazier said:

"We spend today remembering the men and women of our Armed Forces who through the centuries have come together to fight for a common cause."

"They've defended America when our borders, our people and our way of life have been threatened."

"Our most potent weapon in war, without a doubt is the brave men and women in uniform. They come from across America, from small towns and cities and from various backgrounds. They answered their nation's Call to Duty."

Asking veterans attending the ceremony to stand and be recognized, Frazier said: "Any morning we wake up on free land, it's because of men and women like these."

Frazier also recognized the families of veterans.

"It is not only the service member who answers the Call of Duty. Our family's service is marked by the unwavering support to their loved ones who are in harm's way."

"They may not carry a rifle on their shoulders, but they have carried the weight of worry. They carry that burden until their loved one returns home. Tragically, some never do. Whenever a service member falls in combat, it is the families who suffer most. Just as our veterans have made sacrifices, these families have been sacrifices as well."

KEYNOTE SPEAKER Lt. Col. Robert Frazier addresses the Veterans Day audience at Adams Academy.

Quincy Sun photos/Robert Noble

"When we honor veterans, it is only right that we thank those family members and honor them for their sacrifices."

Mayor William Phelan, bringing the greetings of the city, said:

"Today is the day we call Veterans Day. But each and every day of our calendar we exercise our freedom we should thank our veterans from the fields of Lexington and Concord to the streets of Baghdad who have fought and died for us."

City Council President Doug Gutro praised Quincy's veterans.

"Quincy veterans," he said, "have a long and proud record of public service to the nation. The event of 9/11/2001 transformed our world in the ways each of us thinks, not only about national security, but personal security as well in subsequent events that called on our city's and our country's veterans to lead and sacrifice."

He asked those attending to remember Charles Caldwell who gave his life in Iraq and his family. Gutro was a classmate of his at North Quincy High School.

Parade Chairman Tom Stansbury thanked members of the Quincy based National Guard unit for their service. "Last year they were over in Iraq. They are here this morning."

Stansbury noted that "veterans are getting a little older" but the Veterans Day parade will go on.

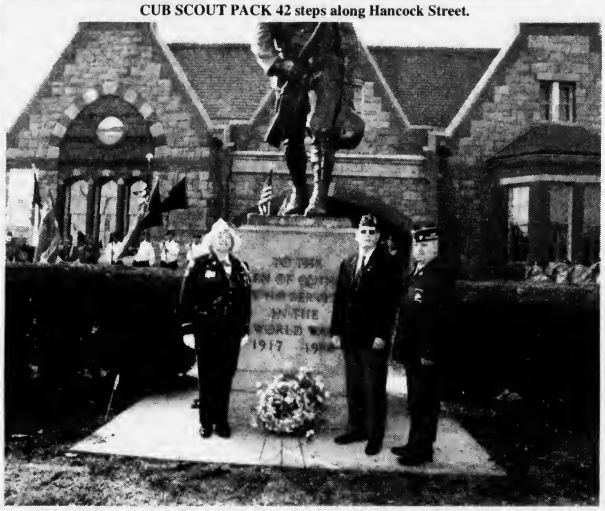
"Today we see at every parade more and more Cub Scouts and Girl Scouts coming out to be with us to say thank you to the veterans. We appreciate them being here this morning with us. They are our future."

Henry "Hank" Bradley, parade co-chairman an Director of Veterans Services, said:

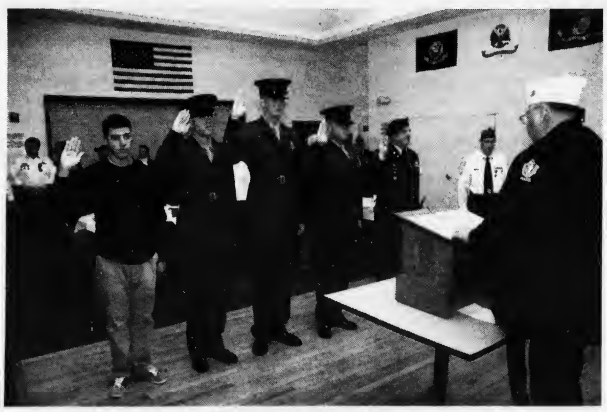
"It was great coming down the street and seeing so many people. Quincy has never let the veterans down."

Vincent Dolan, commander of the Quincy Veterans Council, welcomed and thanked those attending the parade and ceremony.

CUB SCOUT PACK 42 steps along Hancock Street.



A WREATH WAS placed at the World War I Doughboy Statue by Lorraine Ahern, senior vice commander of the Quincy Veterans Post; Robert LaFleur, past commander and chief of staff and Vincent Dolan, commander Veterans Council.



FIVE NEW MORRISETTE Legion Post members are sworn in by District 6 Commander Steve Fowles following the Veterans Day parade and ceremony. From the left are Lance Cpl. Christopher Dunn, Iraq veteran; new Marines Matthew Tobin, Sean Joyce, Robert Connell and Lt. Col. Robert Frazier, Iraq veteran and keynote speaker. Stephen Dunlea, Morrisette commander, is at the far right.

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50 Especially Remembered

Flagpole Honoring Veterans Dedicated At Point Congregational

A flagpole honoring deceased veterans who were members of Quincy Point Congregational Church and others was dedicated Sunday.

The names of 50 veterans-including extended family members-were recognized during the ceremony, most of which was held in the sanctuary because of the rain.

But a flag, presented by James Chandler, who served 42 years in military service, was raised on the flagpole in front of the church by the North Quincy High School JROTC in the rain.

The names of the veterans were read by John "Jake" Comer, past National Commander of the American Legion and church member Robert Romeri, a veteran of the Vietnam War.

Comer and Ward 2 Councilor Daniel Raymondi were the guest speakers.

Memorial flags brought by members of the deceased veterans were blessed at the altar by Rev. Ann Suzedell, pastor, who also offered a prayer.

"It's the flag of the United States that binds us all together," Comer said, but noted:

"Our flag in our own country gets trampled on. Yet, in Russia I had a soldier come up to me and say he wished that the Russian people had the freedom that America has. He gave me his military cap as a gift."

"Over there they pay for their uniforms, I can only guess what he told his commander about the missing cap."

Comer added:

"Freedom is not free. When we hear, we forget. It's when we see that we remember. It's when we do, we understand."

Raymondi said:

"It is a day like today that makes me very proud to be a Quincy Pointer. Today is a day of remembrance, of reflection and thanksgiving. It s a day to remember the sacrifices of our veterans, especially those from this church community. Especially those from Quincy Point and the city of Quincy. Especially those who made the ultimate sacrifice."

"This is a special time in our history because once again we are asking our brave and not so young brave men and women to protect our freedoms-and in this war, our very way of life."

Pat Stout played an Armed Services Medley on the trumpet and Alyson Greer sang the National Anthem. Comer led the Pledge of Allegiance.

The 50 deceased veterans of all the branches of the armed services who were honored:

Donald Ash, William Ash, Robert L. Ayer, Frederick B. Ayer, Grant R. Baxter, Arthur Breen, Walter Burgess Sr., Walter Burgess Jr., Harry Cole Jr., Harold Curtis, Ted DeCristofaro, Harry Duxbury, Herbert C. Forbush, Donald Gohl, Wilson Goodwin, Sven Goranson, James Hatfield Sr., George Hodgkins, John Kaufman, George W. King, Roy Mastico, Hugh J. MacFarlane, Vincent P. Mahoney, Aldo D. Mangherini and Charles McGibbon.

John Mulloy, James A. (Buddy) Page, Robert W. (Beau) Page, W. Henry Parker, Gerald W. Penney, Tolbo Peralta, Jack Petzoldt, Robert S. Petzoldt, John (Jack) Poulos, Ronald H. Poulos, James A. Robie, John L. Romeri, Vahan Sarkisian, Thomas Schonbach, Arnold Smith, Hugh Smith, Henry Sorensen, Seymour Sutcliffe, Eugene Suzedell, James J. Taverna, Ernest F. Thistle, James M. Walsh, John McWilliam, James E. Wentworth and Lawrence A. Wigandt.

THE NEW FLAGPOLE in front of Quincy Point Congregational Church was dedicated Sunday in honor of deceased veterans whom were members of the church and others.

MEMORIAL FLAGS were blessed by Rev. Ann Suzedel, pastor, at the dedication of the flagpole Sunday at Quincy Point Congregational church. *Robert Gohl photo*

Medical Internet Class Nov. 27 At Library

Discover Health & Wellness Resources On The Web, a computer workshop at the Thomas Crane Library, will be Monday, Nov. 27, from 7 to 8:15 p.m.

The class will introduce participants to online resources on a range of health and wellness-related topics, classes and materials. Participants may learn how to research medicines and cures, how to find a yoga class, dentist, nutritional information, nursing homes ratings, or locate a book on prenatal care.

For more information call 617-376-1316, or visit www.thomascranelibrary.org.

Emblem Club Accepting Donations For Homeless

The Quincy Emblem Club #22 is accepting donations for the homeless.

They are accepting clothing, furniture and household goods.

To donate call 617-472-8317, and veterans may call 800-775-VETS.

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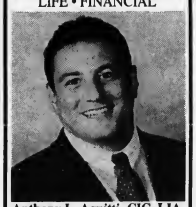

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MSE NCUA

Paul McDevitt Recipient Of Maria Droste Award

Paul F. Mc Devitt, president of Modern Assistant Program, will receive the Maria Droste Award, at a 5:30 to 8 p.m. award ceremony tonight (Thursday) at the River Bay Club, 99 Brackett St.

Mc Devitt is being recognized for his work with the Maria Droste Counseling Services. Members of the Maria Droste Board, and staff members of the agency, select the recipient.

Mc Devitt, president and founder of Modern Assistance Programs Inc., assists in providing mental health and substance abuse benefits management, alternative medical program design and implementation, and employee assistance program services to 43,000 workers and their families throughout New England.

Mc Devitt, who serves as vice chair on the Maria Droste Board, is a past president of the board of Bridge Over Troubled Waters, serves as chair of the board of Project Bread, the Walk

PAUL McDEVITT

For Hunger. He is a co-chair of the board of Friends of the Shattuck Shelter, vice president of the board of the Massachusetts Coalition for the Homeless, and a founding board member for Citizens Schools. He also serves as a consultant and advisory council member for Julie's Family Learning Program in South Boston, and is a co-chair of the Gavin Foundation.

Mc Devitt is a prior recipient of the Massachusetts Alcoholism Counselors President's Award, the Cushing/Gavin Award, given by the Labor Guild of the Archdiocese of Boston, and the William F. (Bill) Callahan Award, for meritorious service at the national level for professional addiction counseling.

Mc Devitt is a graduate of Boston College, with a master's degree in counseling psychology from Umass. He is a licensed mental health counselor, and a certified employee assistance professional.

Fundraising for this year's award ceremony was provided by the Good Shepherd's Maria Droste Services Board, with Gerri Dussault, executive director of the River Bay Club serving as chairman. They, with the Maria Droste staff, organized this year's ceremony.

Maria Droste Counseling Services counsels individuals from age 5 through 75, providing clinical support to individuals, couples and families.

For more information about the reception, call the Maria Droste Counseling Services at 617-471-5686.

A Tribute To Jane Farrell-Smith

What Is A Great Teacher?

Mitch Albom wrote a best seller, "Tuesdays with Morrie" about his relationship with his teacher Morrie Schwartz.

He did not write about the academics he learned in class, but instead he wrote about what he learned from Morrie, with all his wisdom and life experiences, and that these life lessons have stayed with Mr. Albom throughout his life.

Recently the Bernazanni Elementary School in Quincy lost a very special and incredibly well loved teacher. Mrs. Jane Farrell-Smith of the second grade. Her focus was not primarily on academics, standardize testing, homework assignments, discipline and tardy records. Despite what may be "politically" correct, she understood when a boy hugged a girl, or heaven forbid, a teacher embraced a student. She would find time to sneak in some extra outdoor "fresh air" time during class, even for a few minutes, realizing that the children weren't given enough time to simply be children.

Academics, hard work, discipline, and exemplary student behavior are indeed important. However, like Morrie, Jane intuitively knew that life's lessons were more important and of course as a by product of her teaching style, her students did work hard, were disciplined and behaved fabulously.

Which life's lessons did they learn? We interviewed

JANE FARRELL SMITH

some of her former students ranging from nine to 20 years old. These are some of the things they learned:

You can have fun learning! A president's rap song, a dinosaur dance, singing the 50 states, winning a world series, and bringing that excitement into the classroom. Imagine kids wanting to get up in the early morning to go to school? Jane's students did just that.

Confidence: How did Jane instill it? By recognizing and acknowledging that each and every child is special. That every child, not just the "advanced" is capable of greatness.

Commitment and Community: Jane's students knew they were connected to her, to each other, and to the school. You did not go to the yearly sock-hop to dance, you went to the sock-hop to dance with Mrs. Farrell-Smith, decked out in her shades and leather jacket. When she was spotted, you could hear the shrieks no matter how loudly the music was playing.

Respect for all living creatures: Her tenderness extended to all living creatures in her classroom whether the hamsters, snakes, rabbits or even the flies. (She used the fly swatters as "bubble wands", rather than harm any insects.)

Continuity: Once you were Mrs. Farrell-Smith's student you were always her student. Year after year former students would stop by to visit. A name or face was never forgotten and the former student was able to be a second grader again, even for only a moment. If a sibling had Mrs. Farrell-Smith, then you had Mrs. Farrell-Smith, since she embraced the entire family of each and every student.

Love: The students learned that only a person with tremendous capacity to love could do all of the above.

Dying so young: Jane continues to teach one of life's unfortunate truths. Sometimes death comes too soon, they have learned. Sometimes they don't get to say good-bye to someone they love dearly. Perhaps they have learned that in order to keep a person's memory alive, they must carry a piece of that person within them, something that they loved best about them, whether simply their sense of humor, or their ability to unconditionally love all and not to forget to live what they learned in their everyday lives.

If they do, they will teach others the lessons that their great teacher, taught them. These students will then not only be students, but become more like Jane, a great teacher to all around them.

Submitted by Sue and Anthony Falco, parents of three of Jane's students. Contributions from Isabella Falco, Kerry Phelan, Lauren Craig, Janet Powell, and several of Mrs. Farrell-Smith's colleagues.

Quincy Bay Coders Meet Today

The Quincy Bay Coders (QBC) will meet Thursday, Nov. 16 at 5:30 p.m. at Quincy Medical Center.

QBC meets on a bimonthly basis for educational workshops to improve coding skills as support staff to physician groups in private offices as well as hospitals. The group represents coders working in all aspects of coding and billing specialties in greater Boston area hospitals as well as medical groups in hospitals on the South Shore.

In lieu of chapter dues for the month of November, the 50 chapter members have chosen to donate non-perishable items to the Quincy Salvation Army.

For more information call Nanci Myers at 617-471-3966.

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ARBELLA INSURANCE was recently honored by the South Shore Chamber of Commerce as its "President's Partner" in recognition of its commitment to the economic prosperity of the region. Robert Pineau (far left), chairman of the South Shore Chamber, presented the award to Larry Maloney (second from left) and Elizabeth Kim of Arbella as Sen. Edward Kennedy and Chamber President Peter Forman look on. Sen. Kennedy was the featured speaker at the Chamber's annual meeting, where the award was presented. *John Stobierski Photo*

Thanksgiving Run Nov. 23 At Nickerson Post

The Thanksgiving Day "Run Run/Walk" will be 9 a.m. Nov. 23, (Thanksgiving morning), at Nickerson Post, 20 Moon Island Rd, Squantum.

A $15 fee will include a T-shirt for the first 75 participants, and refreshments. All entries received by Wed, Nov. 15 are guaranteed a T-shirt.

Checks should be made payable to Squantum 4th of July. Mail entries to Judi Smith, 289 Bellevue Rd., Squantum, MA 02171. Sign up will also take place Thanksgiving morning at the Post at 8 a.m. For more info, call 617-328-4982.

Nominations Open For Sun 'Citizen Of Year'

(Cont'd From Page 1)

If you know someone you would like to see recognized with the 2006 award, fill out the ballot and mail it to:

The Quincy Sun
Attn: Citizen of the Year
1372 Hancock St.
Quincy, MA 02169

Ballots can also be dropped off at The Sun office at the above address by Dec. 31.

Those submitting nominations should identify themselves. They can also attach to the ballot a letter detailing the reason for their nomination.

Nominees can be someone in elective office, a member of an appointed board, a clergy member, a teacher or school administrator, a police or firefighter, someone in the business community, a sports figure or an "unsung" neighbor or friend who has given freely of his or her time to a worthy project or cause.

Those nominated in the past are eligible to be nominated again this year. Since this is not a popularity contest, each nominee has an equal chance of being selected regardless of the number of nominations received. Anyone nominated just once has the same chance of being the award recipient.

The name of the winner will be announced in *The Quincy Sun* in January.

The Quincy Sun

'Citizen Of The Year Award' 2006

I would like to nominate

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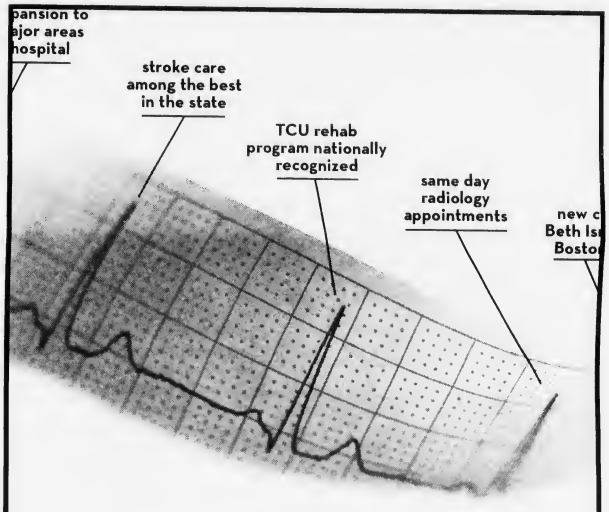

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SPOTLIGHT ON HEALTH & FITNESS

FROM START TO FITNESS

by Andrea Wyatt M.S.S., C.S.C.S.

Fitness Myths

The fitness world can be a confusing and intimidating place. Each day there seems to be another infomercial, magazine article or news report telling you what you should do or not do with your body. With the enormous amount of material available, it is important to know what is fact and what is fiction. Let's tackle the following fitness myths.

If I Lift Weights, I Will Bulk Up!

Not quite! Obtaining lean, strong, balanced and functional muscles through strength training should be a goal in your fitness routine, no matter the gender. For women, strength training not only facilitates the loss of non-essential body fat, but also helps prevent conditions such as osteoporosis.

With the proper technique and workout progressions, it is possible to develop lean, toned muscles without fear of "bulking up." Besides, the hormones that facilitate such growth aren't present in women in the same quantity as in men. So breathe a sigh of relief and hit the weights.

Doing Crunches Will Give Me "Flat Abs"

Oh, if this myth were only true. The desire for washboard abdominals has many people crunching themselves to disappointment. Achieving "flat abs" is a combination of a consistent progressive exercise program, proper nutrition and genetics.

Crunches, sit-ups and other types of exercises are designed to develop the strength, stability and overall function of your core muscles, and completing these exercises alone will not make them visible. You can have the strongest abdominal muscles in the world, but if they are hidden under body fat, you will not see them.

Put your focus on performing core exercises to promote stable and functional muscles that encourage a decrease in body fat and an increase in muscle strength, in addition to proper nutrition.

I'm Not Overweight, So I Don't Need to Exercise

Don't let the mirror fool you. Your external appearance does not represent your internal appearance. Keeping your heart, lungs, muscles and bones strong are extremely important. ALL women can be at risk for osteoporosis and need to have some type of weight-bearing exercises in their fitness routine.

Also, just because your weight might be OK does not mean you are within the appropriate range of body fat. Your body-fat percentage can be more significant than your weight. The risks of many conditions such as stroke, heart attack, diabetes and high blood pressure can be decreased through exercise. No one is exempt from exercising or being active.

Seek the advice of a medical or fitness professional if you have questions, and don't let these fitness myths keep you from reaching your goals

Always consult a physician before beginning an exercise program.

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Health Hints

Tips To Help Families Shape Up and Fight Obesity

(NAPS)- On a scale of one to 10, obesity ranks uncomfortably high as a threat to the nation's health. Unfortunately, the rates of obesity in the United States continue to gain, with about one-third of the adults overweight and nearly another third obese. Obesity in both young people and adults is responsible for higher rates of diabetes, hypertension and other health problems.

While a big part of the problem is the amount of food put on families' plates, another part is not getting enough physical exercise. Although there are countless ways parents and youngsters can participate in activities together, it doesn't always happen.

To encourage families to engage in recreational activities and sports, a poster has been created called "20 Tips For Getting Your Family On Track." The poster-available in English and Spanish-is part of an ongoing partnership between Sweet'N Low and *Shape Up America!*, a not-for-profit organization that promotes physical activity and healthy weight management. The tips, which are easy to do and fun for the family, include:

- Plan cycling trips on safe trails by calling your bike club.
- Shoot some basketball hoops.
- Use a pedometer to count the number of steps taken each day (2,000 steps equals one mile).
- Jump rope-practice rhythms, rhymes and tricks.
- Try to always use the stairs.
- Schedule regular times for activity throughout the week.

Many are surprised about how much they can do to reverse the trend of obesity in America and to promote a healthy lifestyle for their families-one that balances food intake with physical activity.

To request a full-size, 18" by 24" poster, go online at www.sweetnlow.com/health/fittips.html or www.shapeup.org.

Both Web sites also provide a PDF version of the poster for downloading as well as 30 additional tips to help get your family in shape.

'Holiday Survival Guide For Women' At QMC Dec. 6

Quincy Medical Center, 114 Whitwell St., will host a free seminar entitled "Holiday Survival Guide for Women" Wednesday, Dec. 6 from 5:30 to 7 p.m.

Attendees will:

- Review strategies to minimize holiday weight gain, including a "food court survival guide for holiday shopping at the mall.
- Hear tips to reduce the risk of injury and manage stress during this hectic holiday season.
- Learn how to avoid "post holiday debt" by creating a budget for the holiday season and sticking with it.

The seminar is free, but pre-registration is required.

Contact the Quincy Medical Center Physician Referral Service at 1-877-479-CARE or 1-877-479-2273 for more information and to register.

'Fresh Start' Program For People Trying To Quit Smoking

The Wellness Center at Quincy Medical Center will host a two-week "Fresh Start" smoking cessation program to support people who have decided to quit smoking, or those who are thinking about quitting.

The class will meet at Quincy Medical Center from 6 to 7 p.m. on Monday, Nov. 27, Wednesday, Nov. 29, Monday, Dec. 4 and Wednesday, Dec. 6.

Pre-registration is required. Contact the Wellness Center at Quincy Medical Center at 617-376-5581.

"The Great American Smoke Out provides a perfect opportunity for people who want to quit smoking to test the waters and go smoke-free for the day," said Jamie Evans, BS, Exercise Physiologist and Tobacco Treatment Specialist at Quincy Medical Center, who will lead the course.

"In fact, many people, who participate in the Great American Smoke Out, decide to continue their "new habit" of not smoking for another day. Sometimes the hardest part is just getting started, and then it's just one day at a time. You can be successful by trying."

Quincy Medical Center's two week program is designed for anyone who is interested in taking the steps to becoming smoke-free. The classes will focus on using self-help techniques and group interaction to help smokers work through a smoking cessation process. The program provides practical information and strategies to help participants quit tobacco smoking and stay smoke free.

Cancer Society's Look Good, Feel Better Program Nov. 20

The American Cancer Society will hold a "Look Good...Feel Better" program Monday, Nov. 20 from 6 to 8 p.m. at the South Suburban Oncology Center, 700 Congress St., Quincy.

The program is designed to help patients maintain their personal appearance while undergoing treatment for cancer.

The free program features cosmetologists leading group sessions, providing tips and practical techniques for coping with hair loss and changes in the skin that often result from chemotherapy or radiation therapy.

To pre-register, call Colleen Whitehouse at 617-376-6435.

For additional information, call 1-800-ACS-2345.

"Look Good...Feel Better" offers free, one-time beauty consultations with a licensed cosmetologist or aesthetician to women who are currently undergoing cancer treatment.

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DENTISTRY for the 21st Century

by Steven A. Brustin, D.M.D.

BISPHOSPHONATES AND JAW DAMAGE

Not only are the bone-building drugs known as bisphosphonates used to prevent osteoporosis, they are also administered intravenously to bone-cancer patients. The news on these drugs is that they have been linked to osteonecrosis ("dead" bone) of the jaw, which can lead to abscesses, foul-tasting discharge, loose teeth, and even exposed bone. It is important to note that only four percent of reported cases of osteonecrosis of the jaw have been linked to osteoporosis treatment with oral bisphosphonates. Because the intravenous drugs used to treat bone cancer are twelve times stronger, they pose the greater risk. Patients who are going to take these drugs should schedule extractions, dental implants, and other procedures three to four months prior to beginning treatment.

What kind of medications do you take? This informative column on bisphosphonates has been brought to you as a public service. We stress the importance of preventive dental care for the entire family. When was the last time you had your teeth checked by a professional? Call us now at 617-479-6220 and schedule an appointment. Your total emotional and physical well-being is as important to us as your teeth. We will do what is best for you and we will not compromise. We're located at 44 Greenleaf Street. We offer the services of anesthesiology with a fully trained and qualified anesthesiologist. Visit us on the web at www.quincydentist.com.

P.S. If you take oral bisphosphonates, do not panic. You are at low risk for osteonecrosis. However, be vigilant about getting dental exams and cleanings.

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STERLING'S THREE school choruses sang God Bless America and other patriotic songs at the school assembly.

TOM STANSBURY

MICHAEL DRAICCHIO

LOU VENTURELLI

At Three Assemblies

Sterling Middle School In Special Tribute To Veterans

By MIKAELA SLANEY

"Today is a day to pay tribute to the veterans, this is what Veterans Day is all about," Tom Stansbury told the crowd at a Veterans Day Celebration, Nov. 8 at Sterling Middle School.

Stansbury, member of the Morrisette Legion Post, assistant director of Veterans Services and Navy veteran of the Vietnam War, was a speaker at a remembrance ceremony at the school. Students honored current and past veterans with three ceremonies in the auditorium, that featured band and chorus performances, patriotic readings and dramatic skits.

Lou Venturelli, a Navy veteran, spoke on the topic of "courage." He told Sterling students that courage can be found in everyday situations. "You all have courage," he told them, "the question is... do you have the courage to do what you believe is right? You can do the right things every day."

Mike Draicchio, of the Norfolk County Sheriff's Office, and physical education teacher at the school, was master of ceremonies.

George DePaulo, senior custodian with 60 years of service at the closing of this school year, and decorated Army veteran of World War II was recognized for his achievements.

Other attending veterans included DePaulo, Arthur Rizzi, a former member of the Medical Corp. of the Korean War, and Mark Holleran, Marine veteran of the Gulf War.

The 7th and 8th Grade Chorus sang "My Country 'Tis of Thee," Sterling Middle School 6th Grade Chorus performed "Song of Peace," and "God Bless America," was performed by the Sterling Middle School Chorus.

Dave Buckley, band teacher, led the "Bugle Call," "Anchors Aweigh" and "March of the Army," performed by the Sterling Middle School Band. Seventh grade student Erin Richardson and 6th grade student Stephen Rodeck performed "Taps."

Drama students, dressed in red white and blue, performed a skit thanking veterans for their bravery and contributions. The skit was instructed by Deborah Ali, drama teacher at Sterling. Ali said that drama students perform a Veterans Day skit annually.

Grade 6 students at the Grade 6 ceremony read Veterans Day readings.

STERLING MIDDLE SCHOOL students wave American flags while singing "Anchors Aweigh" at the school's Veterans Day tribute. *Quincy Sun Photos/Robert Noble*

QHS Parent Council To Meet Dec. 14

The Quincy High School Parent Advisory Council will meet Thursday, Dec. 14 at 7 p.m. in the Pride Room at the school

Those who would like to help plan the "Senior Night Out" or the after-prom party for graduating seniors are invited to attend at 6:30 p.m.

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REAL ESTATE

A TEAM FROM Jack Conway Co. Realtors participated recently in the Annual Stroll the Mall for South Shore Elder Services Meals on Wheels at South Shore Plaza in Braintree. Back row (from left): Kate Norton, Conway Headquarters, Julie Simmons, Manager, Conway Dorchester, Marie Neagus, Donna Frano, Joan Ulich, Conway Pembroke, and Jennifer Kern, Conway Quincy. Front row: Donna Bagni, Conway Pembroke, Diane Furness, Manager, Conway Quincy, and Jack Conway.

Jack Conway Co. Walks For South Shore Elder Services

Jack Conway, chairman of Jack Conway Co. Realtors joined a dozen of his staffers recently at South Shore Plaza in Braintree for South Shore Elder Services Annual Stroll the Mall for Meals on Wheels

The Conway team, all donning Jack Conway Co. tee shirts, joined over 300 people who came out for the annual event.

"This is a fantastic way for the community to make a real difference in the lives of people who cant help themselves," said Jack Conway.

Susan Lambropoulus, Human Resources Director for South Shore Elder Services said the walk was a huge success.

"We raised well over eighteen thousand dollars, and the Conway team played a big part in that by being a sponsor," she said.

The Meals on Wheels program provides hot noontime meals to over 1000 homebound elders.

South Shore Elder Services recommends and coordinates resources for elders to help them remain as independent as possible. The private, non-profit agency also advocates for elders and their caregivers, always with the goal of promoting an optimal quality of life.

For more information about South Shore Elder Services call 781-848-3910. Email sselder.org.

From Mass. Emergency Management Agency

Tips For Preparing For Power Outages

TIPS FOR HOMEOWNERS

The Massachusetts Emergency Management Agency (MEMA) offers the following tips for dealing with a possible power outage:

• Check flashlights and portable radios to ensure that they are working, and there are extra batteries. A radios an important source of weather and emergency information during a storm.

• Those who have a watter supply that is affected by power outages (such as a well-water pump system), should fill a bathtub and spare containers with water. Water in the tub should be used for sanitation purposes only, and not as drinking water. Pouring a pail of water from the tub directly into the bowl can flush a toilet.

• Set the refrigerator and freezer to their coldest settings. Remember to reset them back to normal once power is restored. During an outage, do not open the refirgerator or freezer door unnecessarily. Fod can stay cold in a half-packed refrigerator for up to 24 hours, and in a well-packed freezer for 48 hours.

• Those who have medication that requires refrigeration should check with their pharmacist for guidance on proper storage during an extended outage.

• In order to protect against possible voltage irregularities that can occur when power is restored, unplug all sensitive electronic equipment, including TVs, stereo, VCR, microwave oven, computer, cordless telephone, answering machine and garage door opener. Review the process for manually operating an electric garage door.

• Be extra cautions when going outside to inspect for damage after a storm. Downed or hanging electrical wires can be hidden by trees or debris, and could be live. Never attempt to touch or move downed lines, and keep children and pets away from them. Do not touch anything power lines are touching, such as tree branches or fences. Always assume a downed line is a live line. Call a utility company to report any outage-related problem.

For additional information about MEMA and Hurrican Preparedness go to www.mass.gov/mema.

Registry Of Deeds Holiday Food Drive

Register Bill O'Donnell announces the Annual Norfolk County Registry of Deeds Holiday Food Drive is underway through Monday, Dec. 22 at the Registry of Deeds, 649 High St., Dedham.

O'Donnell is asking for donations of nonperishable food items, which will be forwarded to area food pantries.

"Many Norfolk County residents continue to face hardship at this time of year, and food pantries need our help," O'Donnell said. "In this holiday season, I urge all citizens to remember the less fortunate and to be as generous as they can in contributing to this effort."

A donation bin has been set up in the lobby of the Registry building (which is open 8 a.m. to 5 p.m., Monday through Friday). Suggested items include cereals, canned vegetables, boxed or canned spaghetti, spaghetti sauces, coffee, and baby food.

Those unable to visit the Registry are urged to contribute directly to a food pantry in their community. A list of area food pantries is available at www.norfolkdeeds.org

The Registry of Deeds is the principal office for real property in Norfolk County.

For more information visit www.norfolkdeeds.org or call 781-461-6104.

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Quincy - On major commuter route for south shore - 3,595 sf. building on 8,379 sf. lot. High traffic/High visibility. Ideal bank/coffee/retail. Huge existing sign, ample parking. Offered at $749,000.

Quincy - Former School Building, 28,222 +/- sf of gross building area located on a 22,934 sf site. Large visible, high traffic location on major Quincy thoroughfare. $12/sf.

Rockland - New [illegible] sf of building area [illegible] 5 apartments above. BR [illegible] office space. Offered at [illegible]

Quincy - Two Family, + in-law apt. 3 bedroom, 3.5 bath. Heated office basement with half bath. Near highway access, walk to T. Best priced 2 family: $445,900.

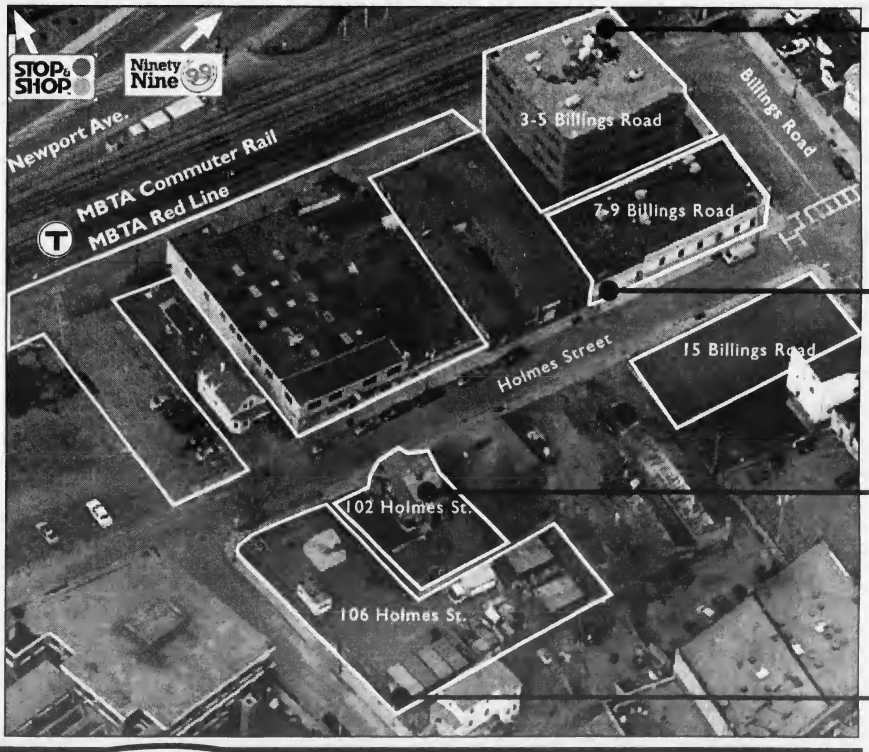
Quincy - 4 Unit Building. Each unit has 1 bedroom, 1 bath per unit. Off street parking will accommodate 10 cars. Ideal condo conversion opportunity! Offered at $499,000.

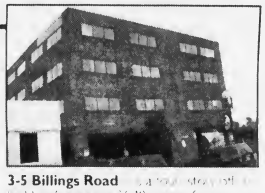
Holbrook - Set [illegible] with possibility of expansion. Bright kitchen, [illegible] ceiling, fireplace, hardwood floors and skylights. Across from Lake Holbrook. Offered [illegible] $[illegible]

Rockland - 12,000 sf office/retail. Prime downtown location. Outstanding opportunity. $975,000.

North Quincy - 23,650+/- SF Building on 34,260+/- SF lot. Former gym. See 97 Holmes in map below. $1.2 million.

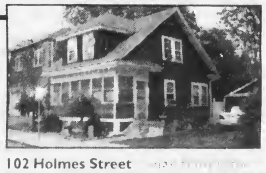
Quincy - [illegible] building with over [illegible] sf of [illegible] able basement. Easy access to route 93. Ample parking.





3-5 Billings Road - [illegible] building featuring 7,648 square feet of [illegible] space on three floors and 23 covered parking spaces on the ground level of the building. Zoning is Business B. $2,600,000 ($ 52.05 psf).

7-15 Billings Road - is a single story office building featuring 8000 +/- sf of finished space plus additional storage space. Plus 17 Car Parking. Zoning is Business B. $1,100,000 ($167.00 psf).



102 Holmes Street - [illegible]

106 Holmes Street - [illegible]

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REAL ESTATE

Spend Energy On Saving Energy

(NAPS)- According to the U.S. Department of Energy, we spend more than $160 billion a year to heat, cool, light and live in our homes. Fortunately, you can save 20 to 30 percent on your household energy bill by making energy efficiency improvements.

Poor design and installation of heating, ventilation and air-conditioning equipment alone increases energy costs 10 to 30 percent. Proper sizing, design and instillation are usually the top three priorities for cutting energy bills.

Taking the time to understand where you can cut back on energy usage will save you money. IN order to determine the best improvements to make on your home to make it more energy efficient, the Office of Energy Efficiency and Renewable Energy recommends starting with a home energy audit. It will help you determine which parts of your home use the most energy.

You can conduct a simple home energy audit yourself or you can call an independent energy auditor for a more comprehensive examination. For insight into how to conduct your own energy audit, Lawerence Berkeley National Laboratory provides a Virtual Home Energy Advisor online at: http//hes.lbl.gov/.

Now may be a good time to make energy improvements in your home because depending on the equipment you select, you may be eligible for federal tax credits. The Energy Policy Act of 2005 provides tax credits as high as $300 to consumers who purchase qualified high-efficiency heating, cooling and water-heating equipment.

Some companies are even offering special promotions to save you even more. For example, consumers who purchase eligible heating and air-conditioning products from Johnson Controls' York brand may have a choice of cash rebates, special financing or an extended warranty plan.

The program offers customers a cash back rebate up to $1,500, special 12-month, no payment/same as cash financing or a 10-year parts and labor YORKCare Extended Warranty Plan on qualifying products.

To learn more, visit www.yorkupg.com or call (800) 910-YORK.

Protect Your Property From The Elements

(NAPS)- According to the Insurance Information Institute, losses from catastrophic winter storms have averaged $1.1 billion annually for the past 20 years, but there are steps you can take to keep your home out of such statistics.

Rough weather brings many threats to a home, so it's vital that homeowners take necessary precautions to protect the outer shell. Well-maintained windows, roofing and siding defend a home against the threats of moisture and winter elements, ensure that long-term integrity of the structure is not compromised and help keep energy costs in check.

Homeowners should consider:

Windows- Check for drafts. If you feel a draft, not only is cool air and moisture entering the home, warm air is escaping.

If you are in the market to replace windows, look for Energy Star-qualified vinyl replacement windows with at least a duel-paned, Low-E glass pack. The vinyl option requires less maintenance, and the Low-E coating helps retain heat in the home in winter and helps keep your home cooler in summer by reflecting the sun's rays away from the window.

Roofing- Make sure shingles are undamaged and the underlayment is water tight.

When replacing shingles, consider fiberglass for durability. Damage to shingles and the shingle underlayment can let moisture into the attic. Without proper ventilation, this moisture will linger, eventually ruining the insulation.

Homeowners can save up to 20 percent on energy costs by insulating the attic to the proper R-value, the standard rating to describe insulation effectiveness.

Siding- Patch or replace any cracks or flaws in siding.

Consider vinyl siding with foam backing. The vinyl provides a virtually maintenance-free exterior and the foam fills air space for insulation and better energy performance.

These home maintenance and efficiency measures can increase a house's life span. What's more, regular upkeep can add value to the property, ultimately increasing the return on investment.

For larger home improvement projects such as upgrading roofing, siding or windows, homeowners will likely want to arrange installation with a licensed professional rather than attempting to do it on his or her own. The Home Depot Home Services provides guaranteed installation for these and other home improvement projects. Visit homedepot.com/install or call (800) HOMEDEPOT to schedule a free in-home consultation with a license technician.

QCAP Sponsoring Workshop For Landlords Nov. 28

Quincy Community Action Programs, Inc. will sponsor a free workshop entitled "What Every Landlord Needs to Know" Tuesday, Nov. 28 from 5:30 to 8:30 p.m. in QCAP's fourth floor conference room, 1509 Hancock St., Quincy Center.

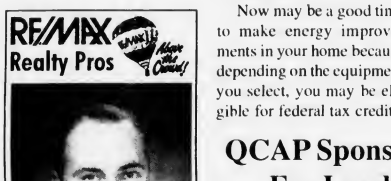
At the workshop, QCAP's property maintenance and home ownership professionals will discuss choosing tenants, leasing obligations, nondiscrimination laws and low interest real estate improvement loans.

An attorney will discuss evictions.

Participants will receive a workbook with useful forms and descriptions of special programs for landlords.

There is no fee for the workshop but registration is required.

For more information and to register, contact Rona Goodman at 617-479-8181 ext. 115 or e-mail rgoodman@qcap.org.



THIS IS A HAMMER

By Samantha Mazzotta

Chemical Fumes Can Cause Problems

Q. I had a strange reaction when I was painting my bathroom a few weeks ago. My eyelids got very red and itchy, and one swelled up and took two weeks to go down. Then, when I was replacing some tiles last week, my eyes itched and swelled again. What's going on? Am I allergic to something? — *Tyler L., Virginia Beach, Va.*

A. It's possible that you had an allergic reaction to something in the materials you were using — especially if the reactions occurred only while working with certain items. Even seemingly benign things like latex paint or tile grout contain chemicals and give off fumes that some people react to quite strongly.

Visit your doctor and explain what happened. He or she will try to pinpoint a cause, and might recommend that you visit an allergist for further testing. The doctor can also give comprehensive advice on preventing or treating allergic reactions.

For all my readers, remember that when working with any chemicals or solvents, good ventilation is important whether you have a reaction or not. Exposure to strong fumes can cloud one's judgment. In addition, many of the materials used in home improvement are flammable, and a buildup of fumes in an enclosed area can be very dangerous. Even sawing wood can put a do-it-yourselfer at risk from breathing in fine sawdust. A filter mask, safety goggles and sturdy gloves will limit exposure to chemicals and dust, and in the case of allergies, can minimize reactions.

Before starting any home-improvement or repair work, review the directions and warnings on the labels of tools and materials and take all recommended precautions.

Send questions or home-repair tips to homeguru2000@hotmail.com, or write This Is a Hammer, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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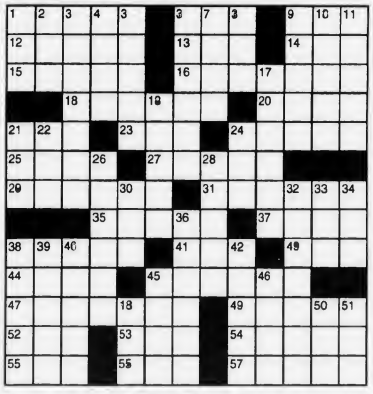
SUN FUN PAGE

King Crossword

ACROSS
1 Half a 1960s quartet
6 Skilled player
9 Put away
12 Insignificant one
13 Oft-tattooed word
14 Illumination measure
15 Avian penthouse
16 Superior in quality
18 "- in the Wind"
20 Eastern potentate
21 Greek vowel
23 Fairway start
24 Take as one's own
25 Unaccompanied
27 Step
29 Man with all the answers?
31 Penguin's adversary
35 "If You Knew -"
37 A few
38 Michaelmas daisy
41 Chart
43 Catch red-handed
44 "- there?"
45 Peanut butter, e.g.
47 Realty sign
49 In any way whatsoever
52 Spoon-bender Geller
53 Conned
54 "Unforgettable" duo
55 Writer Buscaglia
56 Copper head?
57 Tend texts

DOWN
1 Harper Valley grp.
2 Shock partner
3 Sheet material
4 Carreras rendition
5 Exhausted
6 Magic charm
7 Manage somehow
8 North Sea feeder
9 Crockett's last stand
10 Tiny Tim's flower
11 Work the muscles
17 West Point newbies
19 Classroom array
21 "Guinness Book" suffix
22 Anderson's "High -"
24 Khan title
26 Haunt one's mind
28 As cross as -
30 One side of the Ural Mts.
32 Carter's veep
33 "I - Camera"
34 Kans. neighbor
36 Block
38 Terrible
39 Coastline
40 "Flying Down -"
42 U.N. goal
45 Thick chunk
46 Fermi's unit
48 "Eureka!"
50 Actor Cariou
51 Hallucinogen letters



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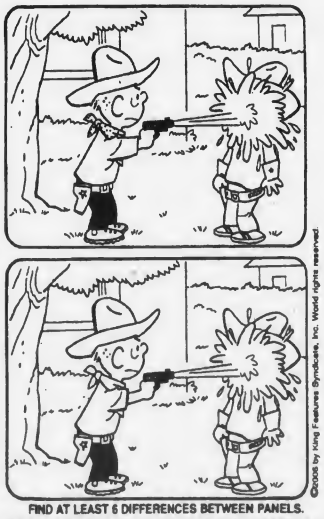
HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

Differences: 1. Bandanna is different. 2. Star on glove is missing. 3. Leaves are added. 4. Sleeve is shorter. 5. Sneakers are different. 6. Hedge is taller.

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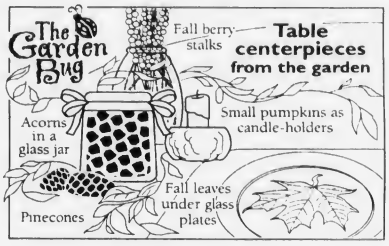

MAGIC MAZE

ASSOCIATED WITH THE NUMBER FIVE

P N K I G D B Z X V S S Q P S
O V M K I S E K A L T A E R G
5 B O R O U G H S E S N E S N
G N E W C A T Y L W T T U S I
Q P O N E E L P J A R H F E R
C A Y S T L U X G A V U S Q N
P N E N K T S O T M K J H F E
E O I C N C N S R E G N I F D
T U B I Z M A R G A T N E P L
Q Y U X V B U J L E K C I N O
T Q S T N I O P R A T S R Q G

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Boroughs
Fingers
Golden rings
Great Lakes
Jackson 5
NBA starters
Nickel
Pentagon
Pentagram
Quintet
Quintuplets
Senses
Star points
Toes
Vowels

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Trivia test

by Fifi Rodriguez

1. NATURAL WORLD: Which insect chirps more when the weather is warmer?
2. TELEVISION: What city was the setting for the TV show "Murphy Brown"?
3. FOOD & DRINK: What kind of animal produces a cheese known as chèvre?
4. INVENTIONS: Which automaker invented the automatic transmission?
5. FAMOUS QUOTES: Who said, "Most of the important things in the world have been accomplished by people who have kept on trying when there seemed to be no hope at all."
6. ART: In what state is the J. Paul Getty Museum located?
7. LAW: What is malfeasance?
8. GEOGRAPHY: What U.S. state capital is the farthest north?
9. GENERAL KNOWLEDGE: What occupation produced the surname "Harper"?
10. HISTORY: The Marshall Plan was developed after which war?

Answers

1. Crickets
2. Washington, D.C.
3. Goats
4. General Motors (1940)
5. Dale Carnegie
6. California
7. Wrongful conduct by a public official
8. Juneau, Alaska
9. Minstrel
10. World War II, to aid European recovery

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King Crossword Answers

Solution time: 27 mins.

Magic maze Answers

ASSOCIATED WITH THE NUMBER FIVE

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Bob Barker Gerry Barker
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Salome's Stars

ARIES (March 21 to April 19) Some changes might seem confusing at first, especially to an Aries whose impatience levels are pretty shaky this week. Take it one step at a time, Lamb, and soon all will be made clear.

TAURUS (April 20 to May 20) That difficult situation you've been dealing with continues to call for careful handling. Avoid quickly made choices that might not stand up when they're finally put to the test.

GEMINI (May 21 to June 20) You still have lots of evaluating to do before you can consider making a commitment. It's better to move cautiously than to risk stumbling into a major misunderstanding.

CANCER (June 21 to July 22) A previously peevish partner offers to be more helpful with your problems. But remember: The final choice is yours. Be guided by what you feel is the right thing to do.

LEO (July 23 to August 22) As the Big Cat, you can sometimes be pretty rough on those you suspect of betrayal. The best advice is to pull in those claws and listen to the explanation. It might surprise you.

VIRGO (August 23 to September 22) Your inner voice usually guides you well. But a note of caution: This is a period of mixed signals for you, so be careful you don't misunderstand the messages you're getting.

LIBRA (September 23 to October 22) Cupid's call beckons both single Librans looking for a new love, as well as couples hoping to strengthen their relationships. A workplace problem is quickly resolved.

SCORPIO (October 23 to November 21) It's been a hectic time for you, and you might want to take a break to restore both body and soul. You'll then be set to face new challenges later this month.

SAGITTARIUS (November 22 to December 21) It's a good idea to take a more conservative approach to your financial situation right now. Some plans made earlier this year might need readjusting.

CAPRICORN (December 22 to January 19) This is a fine time to move boldly into those new opportunities I promised would open up for you. Check them over, and then choose the best one for you.

AQUARIUS (January 20 to February 18) Congratulations. Your self-assurance is growing stronger, and you should now feel more confident about making that long-deferred decision about a possible commitment.

PISCES (February 19 to March 20) You're very close to reaching your goal. But be wary of distractions that can lure you off-course and leave you stranded far away from where you really want to be.

BORN THIS WEEK: You have an inner sight that helps you see into people's hearts. You would be an excellent psychologist or social worker.

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Wishing Well®

4	8	5	2	7	4	7	4	6	5	8	5	4
S	B	Y	T	A	P	I	L	A	O	E	U	E
5	8	2	3	8	3	5	6	4	2	6	8	3
D	V	I	B	E	L	E	C	N	M	H	R	I
5	6	5	4	5	3	4	2	6	2	5	7	3
S	A	E	D	R	S	I	E	N	F	V	M	S
6	5	3	7	8	7	4	3	8	6	5	4	6
G	E	I	H	S	I	D	S	A	E	A	V	I
4	3	2	3	6	3	5	3	4	6	3	4	2
I	Y	O	O	N	U	T	R	C	S	S	T	R
8	5	6	2	4	5	4	5	7	5	8	6	4
T	R	T	Y	O	E	R	A	G	T	I	A	Y
2	8	2	6	2	6	2	6	2	7	8	2	2
O	L	U	T	R	U	S	S	E	H	E	L	F

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

QUINCY POLICE HOT SPOTS

QUINCY POLICE STATISTICS: Nov. 3 - Nov. 10

Total Calls for Service: **1,335**
Total Arrests: **34**
Total Stolen Cars: **2**

FRIDAY, NOV. 3

VANDALISM/PROPERTY, 8:35 a.m., Furnace Brook Golf Club, 74 Summit Ave. Past. Happened Oct. 31.

VANDALISM/PROPERTY, 9:30 a.m., 50 Independence Ave. To vehicle. Driver's side rear mirror cracked.

VANDALISM/PROPERTY, 10:15 a.m., Sea Street Auto Body, 1200 Sea St. Past. Window was broken, no entry. Report shows this was not an attempted break.

UNARMED ROBBERY, 11:25 a.m., Bank of America, 690 Adams St. Gave note. Suspect fled out the rear door of the bank. Description: white male, 20-25 years old, gray sweat suit, gray jacket, white surgical gloves, visible acne, dark colored ball cap. A second white male may have also been involved where both met in the rear yard of an adjacent home exchanging an item. The other white male only described as wearing a black and red jacket.

LARCENY, 3:26 p.m., 30 Oakland Ave. Checks. Checks stolen from house, forged and cashed at All-Town Check Cashing, 34 School St.

VANDALISM/PROPERTY, 8:04 p.m., 21 Bayview Ave. House egged. Group of youths.

VANDALISM/PROPERTY, 8:07 p.m., 45 Chubbuck St. House egged. Also keyed car.

SATURDAY, NOV. 4

VANDALISM/PROPERTY, 7:21 a.m., TJ Maxx, 100 Granite St. Spray paint. Storage contained in parking lot was tagged overnight.

LARCENY/MOTOR VEHICLE, 9:37 a.m., 36 Curlew Rd. 2005 Dodge Neon, color gray.

VANDALISM/PROPERTY, 11 a.m., 34 Randlett St. Dent in the rear quarter of motor vehicle.

VANDALISM/PROPERTY, 7:09 p.m., 247 Quincy Ave. Ex-employees throwing eggs at the store. Gone on arrival.

LARCENY/MOTOR VEHICLE, 7:14 p.m., 77 Franklin St. 2006 Ford Focus, color black. Employee had vehicle stolen sometime today from rear parking lot.

VANDALISM/PROPERTY, 10:41 p.m., 192 School St. 192 School St. Past.

SUNDAY, NOV. 12

VANDALISM/PROPERTY, 8:50 a.m., 45 Crosby St. Headlights on motor vehicle damaged overnight.

LARCENY, 11:36 a.m., 1 Adams St.

VANDALISM/PROPERTY, 12:17 p.m., Executive House, 1025 Hancock St. Graffiti. Large painting on the building. Building has surveillance of this incident.

VANDALISM/PROPERTY, 12:53 p.m., 79A Walnut St. House egged by youths. Second time.

VANDALISM/PROPERTY, 7:29 p.m., 85 Billings St. Past. Car windows broken.

VANDALISM/PROPERTY, 7:39 p.m., 24 Clive St. Side passenger window smashed on motor vehicle.

VANDALISM/PROPERTY, 7:44 p.m., 24 Clive St. Past.

VANDALISM/PROPERTY, 8:12 p.m., 95 Billings St. Window broken.

VANDALISM/PROPERTY, 8:43 p.m., 50 Prospect St. Past/motor vehicle. Windshield smashed.

VANDALISM/PROPERTY, 9:09 p.m., Kendall St. Both cars passenger windows broken.

MONDAY, NOV. 6

VANDALISM/PROPERTY, 7:35 a.m., 63 Kendall St. Two car windows.

VANDALISM/PROPERTY, 8:05 a.m., 72 Sagamore St. To vehicles. Back window believed shot with a gun, caller states a bullet in the head rest. Rear window and front window damaged.

VANDALISM/PROPERTY, 11:12 a.m., 30 Clive St. Past vandalism. Front door is all smashed.

LARCENY, 12:55 p.m., 30 Baystate Rd. States valuables are missing from apartment.

ASSAULT AND BATTERY, 6:29 p.m., Brooks Pharmacy, 132 Granite St. Past. School-age son was assaulted earlier today.

VANDALISM/PROPERTY, 8:18 p.m., 109 Billings St. Car window. Driver's side window broken.

VANDALISM/PROPERTY, 8:40 p.m., 123 Billings St. Car window.

VANDALISM/PROPERTY, 8:41 p.m., 123 Billings St. Motor vehicle window. One window smashed.

TUESDAY, NOV. 7

VANDALISM/PROPERTY, 12:51 a.m., 30 Newbury Ave. Bullet hole. Front windshield has bullet hole in it and the side shatter. Believed a pellet gun is being used. Car and house struck by projectiles.

BREAKING AND ENTERING/PAST, 7:04 a.m., Granite Links Club House, 100 Quarry Hills Dr. Business. Rear door taken off its hinges, propped open with a rock and a 900-pound safe containing $1600 was stolen.

LARCENY, 11:09 a.m., 122 Plymouth Ave. Report submitted on larceny over.

LARCENY, 12:25 p.m., Star Market, 130 Granite St. Past. Pocketbook was taken.

VANDALISM/PROPERTY, 3:56 p.m., 79 Elm Ave. Car window. Driver's side rear passenger window.

ARMED ROBBERY, 7:36 p.m., Kim Market, 161 Newbury Ave. Gun show. Suspect: White male, 6'3", 160 pounds, early 20's, white hoodie, sunglasses, white face mask, gloves armed with a dark colored handgun, $150-200 taken.

LARCENY, 8:21 p.m., Quincy Athletic Club, 100 Quincy Ave. Wallet stolen out of locker. Original lock on locker was replaced with another.

WEDNESDAY, NOV. 8

LARCENY, 12:23 a.m., 79 Gilbert St..

VANDALISM/PROPERTY, 9:53 a.m., 90 Bird St. Car mirror. Caller states damage done to car during the night.

LARCENY, 4:59 p.m., Extra Space Storage, 21 Weston Ave. Cell phone. Suspect on camera.

LARCENY, 10:11 p.m., 144 Quarry St. Cash and ATM card.

BREAKING AND ENTERING/PAST, 11:57 p.m., 35 Brooks Ave. Dwelling. Laptop computer and iPod taken.

THURSDAY, NOV. 9

VANDALISM/PROPERTY, 7:24 a.m., Settles Glass Co., Inc., 196 Washington St. Phone alarm. Doors were superglued in an act of vandalism.

LARCENY, 12:36 p.m., Nova Psychiatric Service, 1261 Furnace Brook Parkway. Patient had pills stolen.

BREAKING AND ENTERING/PAST, 7:25 p.m., 79 Holbrook Rd. Dwelling. Entry made via a bedroom window. Dell laptop computer and 20-inch Sanyo LCD flat screen television were stolen.

VANDALISM/PROPERTY, 9:27 p.m., Hobart St. Past. Motor vehicle. Rear window smashed.

If you have information on the above crimes, or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764**. If you wish to report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. If you wish to make an appointment to view the **Registered Sex Offenders** book, call **Detective Cindy Walsh at 617-745-5751.**

If you wish to contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us--*Lt. Dan Minton.*

OFF-DUTY AND ON-DUTY: On Oct. 27, at approximately 6:30 p.m., a man was driving westbound on Furnace Brook Parkway when he suffered a seizure, lost control of his pick-up truck and crashed head-on into a tree. Officer Paul Murphy, off-duty and enroute to the Cochrane fundraiser, came across the accident scene. He saw the cab of the truck filled with smoke and quickly asked spectators if they saw anyone get out of the truck.

With the engine area now in flames, Officer David Zupkofska arrived on scene and briefly spoke with Officer Murphy. Both officers went to the truck, but the doors were locked.

Officer Zupkofska smashed the passenger side window with his baton, reached in, unlocked the door and with the help of Officer Murphy and a neighbor, Mike Thompson, dragged the driver out of the burning truck.

Seconds later, the truck become fully engulfed in flames.

The officers provided first aid to the victim until Fallon Ambulance arrived. The parents of the driver contacted me and are extremely grateful to those who came to the rescue and saved their son, who suffered severe burns.

Nice work!

HOUGHS NECK RESIDENTS ALERT: On Nov. 8, between the hours of 6:30 a.m. and 11:45 p.m., there were 14 reports of "breaking and entering into a motor vehicle." The reported incidents occurred on Bell, Edgewater, Turner, Winthrop, Bayview and Sea Street. These are just the incidents that were reported.

The common factor for each of these cars was that they were left unlocked. (Even though some insisted they were locked their doors, officers investigating found no sign of forced entry.) To make matters worse, valuable items were taken from the cars, such as a pocketbook left in plain view, a wallet in a glove compartment and a laptop computer on the seat. One victim even left her children's Social Security car in her purse!

Aside from monetary and sentimental losses, identity theft from personal information stolen is another concern. Be sure to lock your car doors and remove anything of value that is in plain sight. Even an empty box should be removed because it can be a temptation for a criminal to see what is in the box.

A Job Well Done

On Thursday, Nov. 2, at approximately 4 p.m., the Quincy Police Department Drug Control Unit set up surveillance at a specific location in West Quincy due to numerous complaints that drug deals were taking place in the neighborhood.

LT. DAN MINTON

The callers identified themselves but wished to remain anonymous due to fear of retaliation. The callers stated that the drug deals would take place between two vehicles at a specified location and time.

Approximately 45 minutes later, Detective William O'Brien observed a Nissan Sentra and a Mercury Sable come to a stop on West Street, then pull down a side street. The suspect vehicles then pulled up driver's side to driver's side and stopped.

The Nissan had one suspect and the Sable had two suspects. The Detective then observed suspect #1, a female driver in the Sable, reach through her open driver's side window and hand something to the sole occupant/male driver/suspect #3, who had his arm fully extended out his driver's window. The vehicle then drove away.

Based upon his training and experience, Detective O'Brien believed that a drug deal had just occurred and notified other members of the Drug Unit. Both vehicles were followed by detectives and then stopped.

The Sable stopped at a gas station pump on Willard Street. Detectives O'Brien and Ed Ryan pulled behind the Sable and Detective O'Brien approached the driver's side window. The Sable then began to leave the pump but Detective O'Brien identified himself and showed the driver his badge.

The detective then observed the driver, suspect #1, hand an object to her passenger/suspect #2, who then attempted to hide it between the seats. Detective Ryan assisted as they had the two occupants exit the vehicle.

Suspect #1 blurted out that she just bought a bag of cocaine from "Junior." Detective O'Brien found a small plastic bag of white powder on the seat and seized it as evidence.

Meanwhile, Detectives Bill Ward and Gerard O'Rourke, who were following the Nissan, learned from Detective O'Brien his findings, and then stopped the suspect car on Granite Street in Braintree. Detective O'Brien then responded to the scene and identified the driver of the Nissan as the suspect (#3) in the original transaction.

Braintree Officers Curtin and Ward arrived on scene to assist. Both suspect vehicles were towed and impounded for collection of evidence and civil seizure. Suspect #3 was searched and $1,000 was also seized.

Suspect #1 – 40 years old and suspect #2, 29 years old, both from Canton, were arrested and charged with "possession of Class B substance" and "conspiracy to violate the controlled substance laws." Suspect #2, a 32-year-old from Roxbury, was arrested and charged with "distribution of Class B substance" and "conspiracy to violate the controlled substance laws."

Nice work!

In conversation with Detective O'Rourke about this case, he told me that the Drug Unit worked closely with a neighbor where the drug transactions were occurring. He told me this person was not an informant – he/she was a concerned citizen who wanted more than the drug dealing stopped; he/she wanted the suspects caught!

Detective O'Rourke stated many citizens are reluctant to provide their identity, as was this particular citizen, for fear of retaliation. He said the Drug Unit likes to know the identity of the reporting citizen for "credibility purposes," and that there is not an ulterior motive behind an anonymous caller's information.

The Drug Unit always accepts information from people who wish to remain anonymous. This citizen, who did provide their identity, provided factual information that could be corroborated by surveillance and running license plates to determine the criminal records of the owners of the vehicles.

Detective O'Rourke said the citizen would not be needed for court and his/her identity would not be revealed.

It should also be noted that this citizen has directly accounted for seven arrests while cleaning up his/her neighborhood.

Chief Robert Crowley has also recognized this citizen for his/her efforts in "getting involved" to fight crime in the City of Quincy.

Presidents Stymied By Sandwich Defense, 14-10

By SEAN BRENNAN

The Quincy Presidents, playing their last regular season game before their Thanksgiving Day clash with North Quincy, fell to Sandwich High School last Friday night, 14-10. With the loss, the Presidents' record now stands at 2-7 overall, 1-7 in the Atlantic Coast League Conference.

In the game against Sandwich, Quincy, who was missing two of its offensive plugs in seniors Jim Aikens and Tom Hazelhurst due to injury, were forced to go back to the spread offense that they had abandoned earlier in the year. Without Hazelhurst, the team's leading rusher and its offensive dynamo the last two games, Quincy leaned on the arm of senior quarterback Matt Boyle to deliver the goods, but a stingy Sandwich defense limited the Presidents to zero points in the opening half, and stopped any chance for a momentum swing late in the third quarter with two huge defensive plays in their own endzone.

With 5:38 left in the third quarter and down 7-0, the Presidents got a break on a punt deep into Sandwich territory. The punt, which had deflected off of the Sandwich punt returner and rolled into the endzone, was recovered by another Sandwich player. The result of the botched play was a safety for the Presidents, and it gave Quincy two points and the ball back.

Now down 7-2, Quincy took the ensuing free kick all the way down to the Sandwich 14 yard line with the chance to punch in the go ahead score. On third down and 8, Boyle, using play-action, had senior Jared Tucker wide-open in the back of the endzone, but underthrew him. This missed opportunity brought up fourth down for the Presidents. On fourth down, Boyle went back to Tucker, but Sandwich's Joe Perry broke up the pass, ending the scoring threat.

"We had a lot of momentum, but I couldn't complete two passes in a row," Boyle said. "It probably would've put us back in the game. It was a lack of concentration."

After the Sandwich defense made two big plays, the Sandwich offense immediately shut the door on the Presidents with a back-breaking play of their own. Running back Brendon Kelliher took the first play from scrimmage after the two near misses by Quincy, 71 yards down the right sidelines for a touchdown run, and a 14-2 lead. Kelliher finished his night with 164 yards and two touchdowns.

Quincy's night did end on a positive note as Boyle drove his team down the field before finally finding Tucker for a 20-yard touchdown as time expired. The successful two-point conversion finished up the scoring at 14-10.

Without Hazelhurst running the ball, Boyle's arm was the only real offensive threat the Presidents had all night. He finished with 125 yards and one touchdown on 15 for 22 attempts. Tucker ended his night with the one score and four catches for 61 yards.

Quincy now has eleven days to prepare for their game against North Quincy on Thanksgiving Day. The Presidents will be looking to extend their streak of six straight wins over the Red Raiders. Quincy won last year's game in deciding fashion, 27-0, and have outscored North Quincy, 120-47, over the last six games.

QUINCY'S MATT BOYLE (15-22, 125 yds, 1 TD) drops back to pass during last week's game against Sandwich High School. Junior Joe Reggiannini (#24) gets into the blocking position. Quincy lost 14-10.

THE PRESIDENTS' DEFENSIVE LINE gets ready to attack against Sandwich last Friday night. Quincy's defense held Sandwich to 14 points in the loss. *Quincy Sun Photos/Robert Noble*

SPORTS

North Bows To Plymouth S.

North Quincy, playing on the road last Friday night, lost to Plymouth South by a score of 43-15, but the team should be able to take some positives out of the loss as they prepare for the annual Thanksgiving Day game against Quincy on November 23rd.

The Red Raiders (1-9 overall, 1-7 in the Atlantic Coast League) had trouble all night long stopping the running game of Plymouth South's (7-3, 5-2 ACL) Brandon Coolidge who shredded the Raider defense for 250 yards on 21 carries. Coolidge scored three touchdowns.

In defeat, North Quincy's offense put up the their most points since a 32-0 win over Nauset High School on Oct. 20th, and in the process may have just set into motion a offensive game plan that could end Quincy High School's six game Thanksgiving Day winning streak.

The Red Raiders' first-team offense remained in the game even as Plymouth South continued to rack up the points, but this strategy was used because Head Coach Jim Connor wanted to keep his team's confidence up and because his team was scoring more than usually.

"That's why I wanted to leave the first-string in there," Connor said. "So they could gain a little confidence, but we could not stop them. Defensively, we have a lot of work to do."

The Red Raiders have put up just 47 points during their six game losing streak on Thanksgiving, while allowing 120 points to the Presidents. The final score of last year's game was 27-0 in favor of the Presidents.

Football Hall Of Fame Induction Nov. 21

The 23rd annual Quincy-North Quincy High School Football Hall of Fame induction ceremony will be held Tues., Nov. 21st, at the Quincy Sons of Italy, Quarry Street.

The event will begin with cocktails at 6:30 p.m. followed by dinner at 7 p.m.. Tickets cost $30 and are limited. For tickets, call Ron Ivil, President of the Hall of Fame, at 781-337-0062.

Inductees for Quincy High School for 2006 include; Lawrence "Larry" Christian (class of 1944), James Kelly (1955), Brian P. Norris (1989), William A. Reardon (1991), and Chrispen R. Walker (1992). Special inductees are George Mallett and Frank Brillo.

Inductees for North Quincy High School for 2006 include; Richard Lawler (1967), Burton Bray (1973), Mark Kelleher (1992), Dave Pacino (1994), and Kevin MacDougall (1996). Special inductees are Sean Glennon and Peter Chrisom, Sr.

Line Dancing For Seniors

The Quincy Council on Aging will hold a line dancing class for seniors every Thursday at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., Quincy Point.

Exercise Classes For Seniors

The Quincy Council on Aging will hold a safe senior exercise program every Monday and Wednesday at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., Quincy Point.

For more information, call the Council at 617-376-1506.

QUINCY SUN NEWSCARRIERS WANTED

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You Auto Know

by Bill Starkie and Kevin McGroarty

RESPONDING TO PRESSURE

In this era of high gas prices, it pays to remember that some simple measures can have a relatively large positive impact. Simply put, maintaining proper tire inflation saves gas. By some estimates, under-inflated tires are responsible for wasting over 4 million gallons of fuel daily in the United States. With this in mind, the federal government has legislated that, by model year 2006, 20 percent of all new cars must have tire-pressure monitoring systems in place as standard equipment. By 2007, that percentage increases to 70 percent. One hundred-percent compliance is expected by 2008. In the meantime, if your vehicle does not have a tire-pressure system, check your tires' pressure on a regular basis.

There are many very simple measures that can be taken, such as proper tire inflation, to ensure that you get the most performance from the gas your put in your car. At LEO & WALT'S SUNOCO, we recommend many things: a tune up if necessary, checking your o2 sensors, even your exhaust can affect the performance you receive from gas. If you are worried about gas consumption, come to 258 Quincy Ave., E. Braintree, or call 781-843-1550. Open: Mon.-Fri. 6am-9pm, Sat. 7am-9pm, Sun. 9am-5pm.

HINT: Tire wear accelerates ten percent with each ten-percent drop in tire pressure.

Leo & Walt's Sunoco
258 QUINCY AVE., E. BRAINTREE
781-843-1550

Quincy Youth Lacrosse

Mass Bay Youth Lacrosse League 2007 Registration
Saturday, November 18th
9 am to 1 pm
Quincy Youth Arena *(upstairs)*
Murphy Memorial Drive *(off of Sea St.)*

GIRLS
$130.00
3rd &4th Grade
5th & 6th Grade
7th & 8th Grade

7th & 8th grade boys will play S.Shore league and MBYLL. Full commitment required at this level

Any Questions Call:
Tom Lester
617-472-1304

BOYS

1st & 2nd Grade **$75**
(no contact)
1 day per week - 2 hours
1hr. skills - 1 hr game
April 1 thru mid June

3rd & 4th Grade **$150**
(no contact)
1 practice per week
1 game per week

5th & 6th Grade **$150**
1 practice per week
1 skills session per week
1 game per week

7th & 8th Grade **$150**
2 practices per week
1 skills session per week
2 games per week

Dick Flavin Receives Award From Red Sox Booster Club

QUINCY'S DICK FLAVIN (left) was recently honored by the BoSox Club, the official booster club of the Boston Red Sox. The author, motivational speaker and humorist received the Brad Jernegan Award during the club's annual meeting at the Quincy Marriott. At right is former BoSox Club President Bill Brooks.

The BoSox Club, the official booster club of the Boston Red Sox, recently honored author, motivational speaker and humorist Dick Flavin as this year's recipient of the Brad Jernegan Award. Flavin, a Quincy resident, was chosen for his continuing contributions to The BoSox Club and his life-long love for the Boston Red Sox.

Flavin, BoSox Club director and member, was honored at The BoSox Club's annual meeting on Oct. 31, 2006 at The Quincy Marriott.

The event to honor Flavin included appearances by Mike Dee, chief operating officer; Jed Hoyer, assistant general manager; and Jim Lonborg, '67 Cy Young award winner and Red Sox Hall of Fame pitcher.

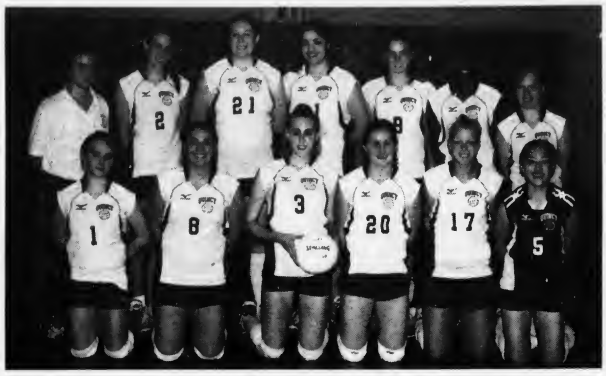
Best-known by Red Sox fans for his performance of "Teddy at the Bat" in front of 25,000 fans during a Fenway Park memorial to the late Ted Williams, Flavin is a seven-time Emmy Award-winner for television writing and commentary, and is heralded as one of America's leading speakers and writers.

Flavin joins the likes of former Red Sox players Johnny Pesky and Dom Dimaggio, along with many other Red Sox enthusiasts, management and staff, as winners of the Brad Jernegan Award.

"The BoSox Club is pleased to bestow this honor upon Dick Flavin for his contributions to, and passion towards, Red Sox Nation," said Quincy's Ed Keohane, president of the BoSox Club. "While most of us know him best for 'Teddy at the Bat,' Dick's relationship with the team goes much deeper than that, and we are grateful for it."

The award is named in honor of the late Brad Jernegan, president of The BoSox Club from 1970-1971, and it acknowledges those who have made special contributions to the Red Sox.

The BoSox Club, originally founded in 1967, was formed to promote baseball at all levels and to assist the Boston Red Sox in community and charitable endeavors such as the Red Sox Foundation, the Jimmy Fund and New England baseball organizations.



THE PRESIDENTS- Front row, from left: Hilary Mills, Alicia Woodberry, Liz Bock, Mary-Beth Torphey, Carla Nickerson and Elise Lam. Back row, from left: Head Coach Jacqui Niosi, Meghan Tobin, Katie Santon, Kerri Ryan, Kylie Kozowski, Talisa Faustin and Brice McNally.

Quincy Falls Just Short Of Volleyball Finals

By SEAN BRENNAN

The 10th seeded Quincy girls' volleyball team steamrolled through the first two rounds of the Division 1 Central/East tournament bracket, but fell short of a finals appearance after losing last Thursday night to third seeded Brookline High School, 3-0.

The Presidents, who finished the season at 13-9, reached the semifinals with two dominating performances in the first two rounds. Quincy easily dispatched of Boston English High School in the opening round, 3-0.

With that win, the Presidents had to travel back into Boston to take on second seeded Boston Latin Academy last Tuesday. The team displayed a level of confidence and focus throughout the match and won by a three game to none score. The only game that was somewhat close was the third and deciding game three. Quincy won game one, 25-16, and game two, 25-13, before being challenged in the third and final game before taking the game and match with a 25-18 win.

Leading the way in this quarterfinal match for the Presidents were junior captains Liz Bock (12 kills), Alicia Woodberry (23 assists, four aces, and four kills) and Marybeth Torphey. Classmate Katie Santon contributed at the outside hitter position with eight kills.

Head coach Jacqui Niosi said her team's ability to cover the court was a difference-maker.

"They looked a lot better defensively," Niosi said. "Running some more plays, Liz (Bock) was moving around, communicating, but our passes were there today so we could do that."

Quincy, who rode a 14-3 run after falling behind 8-6 in the second game to go up 20-11, and gain control of the match, needed to beat Brookline and have North Quincy win their semifinal match against Newton North to set up an all-city final. Unfortunately, for the Presidents and the Red Raiders, this would not be the year for either team. This season is the first time in at least 10 years that a Quincy high school team has failed to reach a girls' volleyball sectional final.

Correction: Last week's edition of *The Quincy Sun* ran a team photo and inadvertently listed junior captain Liz Bock as missing. The photo appears above with Bock listed in the caption.

North Quincy Nearly Upsets Newton North

GIRLS' VOLLEYBALL

The Red Raiders came oh-so-close to puling off a major upset in the semifinals of the Division 1 Central/East postseason tournament last Thursday night against Newton North. The final score, 3-1 in favor of Newton North, was not indicative of just how close the match really was. The fifth seeded Raiders, who were coming off consecutive wins over Holliston and Cambridge Ridge and Latin, gave the Tigers all they could handle, and quieted a loud home crowd with a 25-21 win in the first game.

The Red Raiders began their night by beating the Tigers with a complete team effort in the first game. A kill by sophomore Kathleen Lynch made it 20-16 NQ, and after the Tigers stormed back to make the score 21-20, the two teams alternated points before NQ's Virginia Wong (13 kills) wrapped up the opening game with a kill.

"I was not really surprised because I knew that we could play that kind of volleyball," head coach Kerry Ginty said. "We have it in us, and we had seen glimmers recently. It happened to really come out in that first game, and unfortunately, it came and went over the rest of the night."

The second game saw the Tigers storm out to a 6-1 lead before North Quincy brought the score to 8-7, but Newton North held strong and went on to win the game 25-17 to even the match at game apiece.

The decisive third game started out well for the Red Raiders, and after a Wong kill made the score 16-8, the Raiders were in prime position to take a 2 games to 1 lead. At 20-14, North Quincy just needed to maintain control and finish their plays, but the Tigers had other ideas. The combination of Sarah Berkland, Hester Breen, Emily Levoy and Lily Brown took over the court and shut out North Quincy over the game's final dozen points, posting a 25-21 win.

"We had communications breakdowns in game three, but I also think they served really well, which threw us off," Ginty said. "Our back row would be amazing at times, an yet out defense would be awful at times. Consistency is what we needed."

The fourth game started out well for the Red Raiders who jumped out to a 4-1 lead, before Newton North knotted the score at 6-6. Another Wong kill made the score 21-16 Newton, but the Red Raiders could not finish around the net and lost the game and the semifinal match, 25-19.

Seniors Arta Dashi (12 digs) and Maria Della Croce played well in their final game for North Quincy.

The Red Raiders advanced to the semifinals after a 3-0 win over Cambridge Ridge and Latin last Tuesday. Wong posted eight kills and a block, and Della Croce (two aces) provided strong serving, leading the Raiders in a team effort, 25-15, 25-13 and 27-25.

North Quincy finished their season at 17-6, and although they will be losing a number of seniors, the team looks to be in good shape for next year.

"We have a lot of talent coming back," Ginty said. "I'm extremely happy we got this far, but the girls did all the work. Newton North is a great team, but I feel like we proved we were not overmatched at all."

By SEAN BRENNAN

QUINCY SUN NEWSCARRIERS WANTED

Here's a chance to earn extra money by building a Quincy Sun home delivery route.

Telephone 617-471-3100

UMass-Boston's Myles Berry Named Soccer Coach Of The Year

MYLES BERRY

University of Massachusetts Boston men's soccer Head Coach Myles Berry of Quincy was recently named the 2006 Little East Conference Coach of the Year.

Berry, in just his fourth season at the helm, led the Beacons to their highest overall and conference win total in seven years, posting an 11-7-1 mark, including a 4-3 record in LEC play. The season included a number of big victories, including a 1-0 double-overtime road decision to snap nationally-ranked Clark University's nine-game unbeaten streak in Worcester, MA on Oct. 4 and another key road win with a 2-1 double-overtime victory over Keene State College on Oct. 30 to put the Beacons into the conference playoffs, featuring the league's top four teams. The Beacons lost to Plymouth State in the first round of the LEC playoffs.

Prior to this season, the Beacons, who were selected eighth out of eight teams in the league's preseason coaches' poll, had not beaten a ranked team, advanced to the conference playoffs or registered double-digits in wins since 1999. Berry took over a program, which finished with a 3-13-2 record the year before he began, and after two respectable seasons, has guided the team to a 19-14-3 mark over the last two seasons.

Berry is also the Head Men's Lacrosse Coach for the Beacons and he becomes the first coach in LEC history to win the top coaching honors in two different sports, having been named the best lax coach three times, including this past spring to give him the award in both sports in the same calendar year.

QHS Alumni Soccer Game Saturday

The Quincy High School Alumni Soccer Game will take place on Saturday, Nov. 18, at Veterans' Memorial Stadium (7:00 p.m.).

There is a $25 donation which includes game cost and refreshments.

For more information, contact coach Kevin Orcutt at 617-827-4160 or send a donation to Kevin Orcutt, c/o Quincy Athletic Department, 107 Woodward Avenue, Quincy, MA 02169.

North Quincy Golfers ACL North Division Co-Champs

The North Quincy High School golf team enjoyed another successful fall season on the links in 2006. The Red Raiders finished with a 13-3 overall record and a 7-1 record in the Atlantic Coast League North Division to finish as co-champions. The Red Raiders have finished first for the last three years.

The fall season began with wins in their first four matches, which included a win over Cape powerhouse Nauset High School, as well as a home victory over eventual co-champion, Marshfield.

A tough loss on the road by four strokes to Sandwich, last year's Division II champion, was followed by eight straight wins for the Red Raiders. North Quincy beat non-league opponents Bridgewater/Rayhnam and Scituate, as well as ACL league members Falmouth and Quincy during this winning streak.

The team's final regular season loss was to Dennis/Yarmouth, and for the season all of the team's losses were on the road.

Other victories included wins over Whitman/Hanson, Plymouth North and Plymouth South.

THE RED RAIDERS GOLF TEAM- Front row, from left: Danny Reilly, Jonathan Drooks, Mike Griffin, Captain Peter Dolbec, Captain Rob McAloon and Chris Boyd. Back row, from left: Danny Pound, Frankie Flora, Matt Brundage and Coach Rick Hutchins. The Red Raiders finished the season as ACL North Division co-champions.

(Photos Courtesy North Quincy High School)

The team's 13-3 record qualified them for the State Tournament for the 9th time in the last 10 years. In the South Sectionals, which were held at Glenn Ellen Country Club in Millis, the Raiders finished 7th behind teams such as Needham, BC High and Barnstable.

The team was led by senior co-captains Rob McAloon and Peter Dolbec.

"Both of these guys have been with the program for four years," head coach Rick Hutchins said. "It has been a pleasure to coach them and to see them grow as golfers as well as young men."

McAloon and Dolbec were North Quincy's 1-2 punch, but they had help from fellow seniors Jon Drooks, Dan Reilly, Mikey Griffin and Chris Boyd.

Sophomores Dan Pound and Frank Flora, as well as freshmen Matt Brundige, rotated through the matches. The rest of the team included sophomore Paul Reardon and freshmen Devin Hudson and Dylan Roche.

"The key to the season was teamwork," Hutchins said. "One golfer does not win a match, and we played eight golfers in a match and their consistency was the story of our success."

McAloon and Dolbec were honored at season's end with the co-ACL Sportsmanship Award. McAloon, Dolbec and Drooks were all named to the ACL all star team.

Honorable mention awards went to Mikey Griffin and Dan Reilly.

The Red Raiders are also eligible for the MIAA award for academic achievement as all team members are honor roll students.

The team played its home matches at Presidents Golf Course.

"We would like to thank Mr. Don Small, head professional at Presidents, and his entire staff for all they do for our team, not only during the season, but also in the offseason," Hutchins said. "They are a part of our success."

"I would also like to thank all present, as well as past team members, for their contribution to the North Quincy golf team," Hutchins said. "Thanks to all the parents for their support."

Hutchins is retiring as head coach after 15 years with the North Quincy golf team.

North Quincy Senior Co-Captain Is A Three-Time All-Star And Top Student

Golf Standout Rob McAloon On Par For Bright Future

By SEAN BRENNAN

When it comes to the game of golf, North Quincy's Robert McAloon is at the top of the leaderboard.

McAloon, the Red Raiders' senior co-captain, four year varsity starter and three-time Atlantic Coast League all-star, is as good a golfer as you will find on the South Shore, and he is a better all-around talent than just about any other student-athlete in the city.

To look at his accomplishments on the course and in the classroom, it would not be surprising if McAloon had a very bright future ahead of him.

His golf achievements include a scoring average over the past two seasons of 37.5 for every nine holes of golf he plays, three appearances on the Junior National Tour and a junior club championship win at Presidents Golf Course in 2006, but his impressive credentials extend into the classroom as well.

McAloon is in the top 10% of his class, he is a certified Peer Mediator, an Academic Decathlon Team member, vice-president of the band, and an accomplished musician. He is applying to schools like Georgetown, New York University, UConn and Brown, not to mention schools like Army and Skidmore, who have been actively recruiting him to come to their school and play golf.

As any golfer out there knows, the game requires you to work hard and to practice diligently, and that is what McAloon has been doing ever since the first grade.

"My grandfather, when I was in the 1st grade, gave me a couple of clubs and a putter." McAloon said recently during a conversation at Presidents. "My dad and I used to go every Sunday to the local par-3 courses and practice and when I was in the 6th grade we got a membership at Furnace Brook. I would go everyday after school with a friend and play, and then we would play every weekend, and I guess it kind of just took off from there."

McAloon's game has progressed to the point where he consistently shoots in the high 70s to low 80s in high school and junior club tournaments, and this year he helped lead the North Quincy Red Raiders to 13-3 overall record and a 7-1 record in the Atlantic Coast League North Division. The team's 7-1 record in league play was good enough to earn them a spot as co-champions with Marshfield High School, and a first place finish in the league for the third consecutive year. McAloon's game also helped North to a seventh place finish in the South Sectionals at Glen Ellen Country Club in Millis, MA.

McAloon's biggest strength on the golf course is not his driving, although that is solid, but instead, it is his steady play in the short game that has enabled him to be so successful.

ROB McALOON, co-captain of the North Quincy golf team, is on top of his game both on the course and in the classroom.

"What kind of holds me back is that I don't drive the ball very far," McAloon said. "But I do hit it about 250 yards, down the middle, and I have a good short game and once I get on the green putting for birdie, I am going to make it."

His strong play has earned McAloon invitations to play in three Junior National events over the last couple of years. McAloon participated in the 2005 Newport National tournament, the U.S. Challenge Cup in Providence and the Wake Forest Showcase event down in North Carolina, but even with all of his achievements on the greens, McAloon is focused more on school and what lies ahead for him in the future.

"Golf is always something that allowed me to forget about things and have fun," McAloon said. "It is something that I enjoy and I would like to take it to the next level, but when it comes to college I am looking mostly at academics and what is best for my future and if I can go to a good school and walk on to the golf team that would just be a bonus."

With his strong academic and extracurricular background and his leadership on the course and off, McAloon is going to be a star in the years to come.

"Golf is the one sport that allows young men and women to find out who they are and develop as a person," Red Raider head coach Rick Hutchins said. "And this applies to Rob. The best thing I can say about Rob is that he is someone I would like to walk 18 holes with."

Rob McAloon, star student and star golfer, is a legit hole-in-one.

1. Name the team that ended Los Angeles Dodgers reliever Eric Gagne's streak of 84 consecutive saves in 2004.
2. Cincinnati Reds pitcher Jim Maloney set a record in 1965 for most walks given up by a pitcher while tossing a complete-game no-hitter (versus the Chicago Cubs). How many walks did he surrender?
3. When was the last time Southern Methodist's football team went to a bowl game?
4. In 2004-05, Philadelphia's Allen Iverson became the fifth player to average at least 30 points and seven assists per game for a season. Name the first four to do it.
5. How many Stanley Cup championships did Patrick Roy win during his 19-year NHL career?
6. Who outraced Bill Elliott and Darrell Waltrip to win the NASCAR Pepsi 400 race in 1985?
7. In what years did tennis star Andre Agassi win his first and last Grand Slam titles?

Answers

1. The Arizona Diamondbacks.
2. He walked 10 batters.
3. It was 1984.
4. Oscar Robertson, Jerry West, Nate Archibald and Michael Jordan.
5. Four — 1986, 1993, 1996, 2001.
6. Greg Sacks.
7. He won Wimbledon in 1992 and the Australian Open in 2003.

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OBITUARIES

Antonietta M. Malvestuto

Homemaker, Retired Seamstress

ANTONIETTA M. MALVESTUTO

A funeral Mass for Antonietta M. "Antonia" (Marinilli) Malvestuto, of Quincy, a homemaker and retired seamstress, was celebrated Nov. 11 at Saint John the Baptist Church, 44 School St.

Mrs. Malvestuto died Nov. 7 at home after a brief illness.

She worked as a seamstress in the Boston garment industry for several years.

She was a longtime active member of Saint John the Baptist Parish in Quincy, and was a soprano in the church choir for the past 14 years.

Born in Anversa delgi Abruzzi, Italy, she was raised and educated there and emigrated to the United States in 1956. She lived in Quincy for 50 years.

She is survived by her husband of 43 years Mario Malvestuto of Quincy; a son, Lucio A. Malvestuto of Quincy; two daughters, Rita Maria Murphy and Patricia A. Malvestuto of Quincy; a sister, Anna Mimmo of Florida; and two grandchildren.

Burial was in Blue Hill Cemetery, Braintree.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Donations may be made to the charity of one's choice.

John D. Keveny, 63

A funeral service for John D. Keveny, 63, of Quincy, formerly of Milton, was held Nov. 8 at the Alfred D. Thomas Funeral Home, 326 Granite Ave., Milton.

Mr. Keveny died Nov. 7 at the Bostonian Nursing and Rehabilitation Center in Dorchester after a lengthy illness.

Born in Boston, he had lived most of his life in Milton. He moved to Quincy 10 years ago.

A graduate of Northeastern University, he was self-employed.

He was an avid reader.

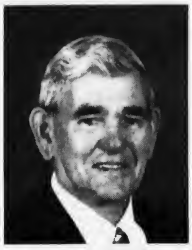
Son of the late Charles F. and Alice D. (Powers) Keveny, he is survived by a sister, Dorothy K. Glynn of Newton; a sister-in-law, Mary Keveny Myers of Arlington; and several nieces and nephews.

Burial was in Milton Cemetery, Milton.

Funeral arrangements were made by the Alfred D. Thomas Funeral Home, Milton.

James A. Harkin, 82

Pipe fitter



JAMES A. HARKIN

A funeral Mass for James A. Harkin, 82, of Quincy, formerly of Dorchester, a pipe fitter, was celebrated Nov. 11 at Saint Ann's Church, Wollaston.

Mr. Harkin died Nov. 7 at Brigham and Women's Hospital, Boston.

He was a pipe fitter for 35 years, and was employed with Boston Gas Company of Braintree before retiring in 1991.

Mr. Harkin was a member of the Irish Navy and Gaelic Football in his younger years. He enjoyed sports and New England teams. In September of 2006, he celebrated 56 years in the United States.

He loved playing cards with friends and his grandsons, and was proud of his family. He was passionate about his garden and was known for giving away his garden tomatoes around the neighborhood.

He is survived by his wife Louise (Connolly) Harkin of Quincy; four daughters, Cathy Joyce of Weymouth, Mary Lou, of Braintree, Carol Harkin McElligott, and Theresa O'Sullivan of Weymouth; a son, Daniel Harkin of Quincy; seven grandchildren, Kristen Joyce, Matthew Joyce, Ryan Joyce, Brenna Hogan, Brenda Hogan and Kaileigh Hogan, Shawn McElligott; three sisters, Kathleen Harkin of Dorchester, Ann Doherty of Medford and Lilly McCallion; a brother, Philip Harkin, many nieces and nephews; and seven grandchildren. He was the father of the late Ann Marie Harkin.

Burial was in Blue Hill Cemetery, Braintree.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Donations may be made to Joslin Juvenile Diabetes Center, 1 Joslin Place, Boston, MA 02215.

Irene C. Regan, 76

Former Waitress At The Hollows, Villa Rosa

A funeral Mass for Irene C. (Quinn) Regan, 76, of Brockton, a former waitress at the Hollows Restaurant in Quincy, was celebrated Monday in St. Angela's Church, Mattapan.

Mrs. Regan died Nov. 8 at home.

She was also a waitress for the Alamo Restaurant in Abington and the Villa Rosa in Quincy. She retired in 1990.

She was a volunteer for Catholic Charities.

She enjoyed dancing and roller skating and astrology.

Born in Boston, Mrs. Regan was raised in Brighton. She lived in Mattapan for 40 years before moving to Brockton 17 years ago.

She is survived by her husband, Walter O. "Sonny" Regan; three daughters, Barbara A. Sullivan of Texas, Patricia A. Regan of Brockton and Christine M. Smythe of Kingston; two sons, Lawrence J. Regan of Scituate and Brian P. Regan of California; two sisters, Dorothy Hautaniemi of New York and Celia Toland of Framingham; a brother, Jack Quinn of Weymouth; and eight grandchildren.

She was the mother of the late Robin Quinn.

Burial was in Massachusetts National Cemetery in Bourne.

Funeral arrangements were made by the Alfred D. Thomas Funeral Home in Milton.

Memorial donations may be made to the Jimmy Fund, 44 Binney St., Boston, MA 02115.

Thomas J. Buckley, Jr., 87

Industrial Insulator

THOMAS J. BUCKLEY

A funeral Mass for Thomas J. Buckley Jr., 87, of Quincy, an industrial insulator, was celebrated Nov. 10 at St. Ann's Church, Wollaston.

Mr. Buckley died Nov. 6 at Lawrence General Hospital.

He was a self-employed industrial insulator for most of his career. He owned and ran T. J. Buckley & Son in Quincy for more than 45 years retiring back in 1985.

He enjoyed community service and politics. He was appointed by President Johnson to chair the Quincy Selective Service Board during the Vietnam era. Both he and his late wife Trudy were part of the original founders and Mr. Buckley later served as president of the local chapter of AARP. Mr. and Mrs. Buckley represented the chapter at a national convention in Memphis, Tennessee.

Mr. Buckley was involved in many local political campaigns. He managed a campaign for presidential candidate George McGovern.

He and Trudy, his wife of 64 years, traveled extensively, taking cruises through the Panama Canal, the islands in the Caribbean, Alaska, ports of Russia and the Fjords of Norway.

In 1944 Mr. Buckley received the "Pasteur Medal for Distinguished Public Service" from the Milk Industry Foundation. He was one of the founding members of St. Boniface Church of Quincy. He was a longtime member of the Quincy Lodge of Elks.

Mr. Buckley enjoyed playing the role of Santa Claus for the Gull Point Yacht Club for 18 years.

An avid reader, he enjoyed playing cribbage, and visiting the theater with his wife. They had season tickets to the Red Sox and Bruins, and loved the ocean.

Born in New Found land, Canada, he was raised in Dorchester. He lived in Quincy for 51 years.

Husband of the late Gertrude "Trudy" Buckley, he is survived by his son, Thomas J. Buckley, III, of Quincy; a daughter, Deborah B. Hope of North Andover; two granddaughters, Michelle Buckley of Boston and Rebecca Hope of North Andover; and a grandson, Charles Hope of North Andover.

Burial was in Mt. Wollaston Cemetery.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St., Wollaston.

Nora E. Cuddy, 84

Administrative Assistant At NFPA

NORA E. CUDDY

A funeral Mass for Nora E. (Kelleher) Cuddy, 84, of Quincy, formerly of Dorchester, a retired administrative assistant for the National Fire Protection Association in Quincy, was celebrated Tuesday in St. Francis of Assisi Church, Braintree.

Mrs. Cuddy died Nov. 10 at the John Adams Nursing Home, Quincy.

Born in Long Island City, New York, she grew up and was educated in New York.

She was an administrative assistant at the NFPA for eight years, retiring in 1987.

She served as a WAVE during World War II in Washington, D.C.

Wife of the late Paul L. Cuddy, Mrs. Cuddy is survived by two daughters, Margaret E. Bertoni of Weymouth and Kathleen M. Cuddy of Randolph; three sons, Paul L. Cuddy, Jr. of Plymouth and James P. Cuddy and Daniel J. Cuddy, both of Braintree; eight grandchildren and two great-grandchild.

She was the sister of the late Mary Campbell.

Burial was in Massachusetts National Cemetery, Bourne.

Funeral arrangements were made by the Alfred D. Thomas Funeral Home, 326 Adams St., Milton.

Memorial donations may be made to Atlantic House, 338 Washington St., Quincy, MA 02169.

SCOTT DEWARE

A THOUGHT FOR THE WEEK

To be able to say "Mine has been a helpful life," is probably the most satisfying statement anyone can make. And so many people are able to say just that. There are so many ways to be helpful, one to another. One does not have to be rich and donate large sums to worthy causes. Nor does one have to be poor from a life of unselfish service. Helpfulness knows no social class nor recognizes no religious distinctions. Helpfulness is simply an opening of the heart to the needs of others, and doing the little things that mean so much.

Have you ever been in trouble and had a person say to you in a helpful, considerate and friendly voice say, "I'll do my best for your, right away." those words, that mean care by someone, roll away the dark clouds and let the sunshine in. . .

Think about how much nicer life would be if more people would show more kindness, more consideration, more friendliness to each other. . .

Yes, a little more honest friendliness; a little more consideration; a little more kindness will, in general, make every one's day go a little bit better.

We are always pleased to hear from you about your comments concerning the thoughts you read here. . .

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Jason S. Keith, 32

Carpenter

JASON S. KEITH

A funeral Mass for Jason S. Keith, 32, of Quincy, a carpenter, was celebrated Tuesday in St. John the Baptist Church, Quincy Center.

Mr. Keith died Nov. 8 at his father's home in Quincy.

He was a life-long resident of Quincy and a graduate of Project Turnabout in Hingham.

Mr. Keith was enthusiastic about sports. He enjoyed football, basketball and hockey.

He played in the Quincy Youth Hockey League.

He is survived by his parents, Stephen M. Keith Sr. of Quincy and Ann L. (Driscoll) Holden of Weymouth; his stepfather, Michael Holden of Weymouth; his stepmother, May (Connors) Keith of Quincy; a grandmother, Sarah M. (Prisinzano) Driscoll of Quincy; two sisters, Adrienne E. Boyd and Catherine Keith of Quincy; four brothers, Brett Oster of Weymouth and Robbie Colleran, Stephen Keith Jr. and Kevin Keith of Quincy; and many aunts, uncles and cousins.

Burial was in Blue Hill Cemetery, Braintree.

Funeral arrangements were made by the Deware Funeral Home, 576 Hancock St., Wollaston.

Memorial donations may be made to Project Turnabout, P.O. Box 733, Hingham, MA 02043.

Wilbert F. Doran, 80

Retired Bookbinder

WILBERT F. DORAN

A funeral Mass for Wilbert F. Doran, 80, of Quincy, a retired bookbinder, was celebrated Monday in St. Agatha's Church, Milton.

Mr. Doran died Nov. 10 at Brigham and Women's Hospital in Boston after a brief illness.

He worked for Bay State Bindery in South Boston.

He was also a commercial fisherman and worked at the Walter Baker Chocolate Factory in Dorchester.

Mr. Doran was an Army veteran of World War II.

Born in Boston, he spent most of his childhood with his family on Prince Edward Island, Canada. He returned to Boston as a teen-ager.

He was a graduate of Cathedral High School in Boston.

He enjoyed fishing and spending time with his grandchildren.

Mr. Doran is survived by his wife of 56 years, Nora (Doran) Doran; five daughters, Mary Delafontaine of Louisiana, Elaine Hunt of Portsmouth, N.H.; Karen Trapilo of Milton, Theresa Lunny of Scituate and Barbara Biggins of Duxbury; a son, Kevin Doran of Somerville; two brothers, Raymond Doran of North Attleboro and Herbert Doran of Halifax; a sister, Rita Furtado of Whitman; 14 grandchildren; and several nieces and nephews.

Burial was private.

Funeral arrangements were made by Dolan Funeral Services, Milton.

Bernard J. Paolucci, 86

Brick Layer, World War II Veteran

BERNARD J. PAOLUCCI

A funeral Mass for Bernard J. Paolucci, 86, of Braintree, formerly of Quincy, a brick layer, was celebrated Wednesday at 10 a.m. in St. Joseph's Church, 550 Washington St., Quincy Point.

Mr. Paolucci died Nov. 10 at the Colonial Rehabilitation and Nursing Center in Weymouth after a lengthy illness.

Born in Quincy, he had lived in Weymouth since June. Previously he had lived for over 50 years in Braintree and earlier in Quincy.

He was educated in Quincy schools and graduated from Quincy High School in 1938. He attended Northeastern University for two years and the Wentworth Institute of Boston before enlisting in the military.

During World War II, Mr. Paolucci served as a sergeant in the U.S. Army Air Corps. He participated in the battles Normandy, Northern France, Rhineland and Central Europe. His specialty during his service was a surgical technician and dental technician.

After the war, he became a brick layer. He was a member of the Brick Layers Union Local 52 for over 50 years.

He loved music, was a member of the choir at the Sacred Heart Church in Weymouth Landing as well as a former manager of the Sir Thomas More Drum and Bugle Corp. of Braintree.

Mr. Paolucci had many passions and hobbies. He was a gardener, and was especially proud of the large size of his tomatoes.

He enjoyed traveling to Italy with his family to visit relatives. He also enjoyed collecting baseball cards, stamps and coins.

He was an avid Boston Red Sox and New England Patriots fan.

Husband of the late Josephine M. (Poliatti) Paolucci, he is survived by a daughter, Jean Agostino of Hingham; two sons, Robert Paolucci of Texas and Richard Paolucci of Braintree; four sisters, Jeanne Peruzzi of Hull, Betty Tocco of Braintree, Connie Cappelmi of Weymouth; a brother, Sal Paolucci of Quincy, two granddaughters and many nieces and nephews.

He was also the father of the late Bernard Paolucci, Jr.

Interment with Military Honors was in Mount Wollaston Cemetery, Quincy.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to the American Heart Association, 20 Speen St., Framingham, MA 01701.

James W. Alleva, Sr., 94

Compositor At The Patriot Ledger

JAMES W. ALLEVA

A funeral Mass for James W. Alleva, Sr., 94, of Quincy, a retired compositor at The Patriot Ledger, was celebrated Wednesday at 10 a.m. at Saint Ann's Church, Wollaston.

Mr. Alleva died Nov. 12 at South Shore Hospital in Weymouth.

Born in Weymouth, he had lived in Quincy for 50 years.

He was employed as a compositor at The Patriot Ledger for 40 years, retiring in 1992.

In his younger years, Mr. Alleva was a Boy Scout leader.

He enjoyed football and was also a member of the Legion of St. Mary at St. Ann's Church in Wollaston.

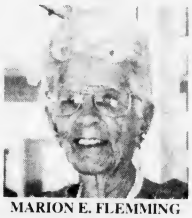
Husband of the late Sally (Salivati) Alleva, he is survived by two sons, James W. Alleva Jr. of Hingham and David Alleva of Quincy; three grandchildren and several nieces and nephews.

Burial was in Saint Michael's Cemetery, Boston.

Funeral arrangements were made by the Keohane Funeral Home, 785 Hancock St., Wollaston.

Memorial donations may be made to the Massachusetts Breast Cancer Coalition, 51 Diauti Dr., Ste. B, Randolph, MA 02368.

Marion E. Flemming, 94



MARION E. FLEMMING

A memorial service for Marion E. (Wagner) Flemming, 94, of Punta Gorda, Fla., formerly of Quincy, a homemaker, was held Monday at the Hamel, Wickens and Troupe Funeral Home, 26 Adams St., Quincy Center.

Mrs. Flemming died Oct. 31.

Born in Boston, she had lived in Quincy and Big Pine Key, Fla., before moving to Punta Gorda.

Mrs. Flemming was active in her church, volunteered at a nursing home and election polling places, and enjoyed playing bingo and bridge. She also enjoyed crafts and dancing.

Wife of the late Frank T. Flemming, she is survived by a daughter, Margaret (Peg) Hicks of Punta Gorda; several grandchildren; 27-great-grandchildren and three great-great-grandchildren.

She was the mother of the late Frank B. Flemming and the late J. Leslie Flemming.

Burial was in Knollwood Memorial Park, Canton.

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PAUL P. ELIAS
HAPPY BIRTHDAY
MISS YOU SO MUCH
LOVE DAD

Vets Adviser At COA Office

John D. Miller of Home Care Partners, will be at the Council on Aging office, 83 Saratoga St., each Wednesday to advise veterans or their surviving spouses of their in-home care benefits.

To schedule an appointment, call the Council on Aging at 617-376-1506.

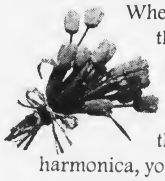
COA In Need Of Bath Seats

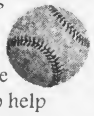
The Council on Aging is in urgent need for bath seats for senior citizens.

If you have one to donate, call the COA at 617-376-1245.

Grandpa loved gardening, baseball, and playing the harmonica.

Your memories are precious. That's why, at Keohane Funeral Service, we take the time to find out what made your loved one special. Whether it's gathering some of the flowers he so tenderly cultivated or finding a musician to play "Take Me Out to the Ball Game" on the harmonica, you can count on us to help you plan a service that will be just as unique as the person you love.





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God called you home
A part of us went with you
You did not go alone
They say time heals all sorrow
And helps us to forget
But time so far has only proved
How much we miss you yet
Although we're not together now
We're really not apart
For in our thoughts and memories
You are always in our hearts.
"You are my soul and inspiration"
We love you.
Sadly missed by your wife,
children, and grandchildren

Ecumenical Thanksgiving Service At St. Joseph's Church Nov. 21

St. Joseph's Church, 550 Washington St., Quincy Point, will host the annual Thanksgiving Ecumenical Service Tuesday, Nov. 21 at 7:30 p.m.

The service involves the staff of the Quincy Point Congregational Church as well as the staff at St. Joseph's.

Homilist will be the Rev. Ann Suzedell, pastor at Quincy Point Congregational Church.

Special music of the season will be sung during the service by choirs of both churches.

Refreshments will be served in the parish hall (G.T. Nickerson Center) following the service by the Women's Sodality.

The service is open to the public. All are welcome.

The collection will be given to local food pantries.

Inter-Church Council Of Wollaston, N.Quincy Ecumenical Thanksgiving Service Nov. 21

The Wollaston Church of the Nazarene, located on the campus of Eastern Nazarene college, 37 East Elm Ave., will host the Inter-Church Council of Wollaston and North Quincy annual Thanksgiving Service Tuesday, Nov. 21 at 7 p.m.

The service will feature participation of clergy from 10 Catholic and Protestant churches in the Wollaston and North Quincy neighborhoods.

Homilistg will be the Rev. Michael Cunningham, pastor at the First Baptist Church of Wollaston.

Special music of the season will be sung during the service and feature a combined choir from the various churches. Choir members are invited to rehearse at 6:30 p.m.

Refreshments will be served in the church hall following the service. The service is open to the public.

All are welcome.

An offering will be received to benefit Father Bill's, Interfaith Social Services, and the Quincy Crisis Center.

Ecumenical Thanksgiving Service Nov. 19

The 31st Ecumenical Thanksgiving Service of Worship will be held Sunday, Nov. 19 at 7 p.m. at Houghs Neck Congregational Church, 310 Manet Ave., Quincy.

All are welcome to attend the annual service of thanksgiving.

The combined adult and youth choirs from all the churches on Quincy's Ward 1 peninsula will present special Thanksgiving anthems. Clergy from participating churches will jointly conduct the worship service.

Refreshments and fellowship will follow the service.

The church is handicapped accessible.

For directions and more information, call (617) 479-8778.

RELIGION

Quincy Crisis Center Seeks Drivers, Food For 'Help For The Holidays'

The Quincy Crisis Center is preparing its "Help for the Holidays" Thanksgiving deliveries, which will be made on Saturday, Nov. 18, from 9 a.m. to 4 p.m.

Volunteers are needed to deliver bags of non-perishable food and a turkey to over 200 families and individuals throughout Quincy and the South Shore.

Delivery help is also needed on Nov. 20-22 as well. Those interested in volunteering should call (617) 847-6967 to schedule a delivery time.

In preparing for the holiday deliveries, the following food is needed: cranberry sauce, gravy, stuffing mix, canned corn and green beans, pasta, spaghetti sauce, turkeys, and dessert mixes. Donations are accepted at 282 Billings Rd., Quincy, Monday through Friday, between 8 a.m. and 5 p.m.

Catholic Women's Prayer Group

The Catholic Parishes of Quincy announce a Catholic Women's Prayer Group will meet the third Tuesday of every month beginning Dec. 19.

The group meets 7 to 8:15 p.m. in St. Joseph's Parish Center, 22 Pray St., Quincy Point.

The evening provides an opportunity for participants to deepen their relationship with Christ.

All are welcome.

For more information contact Sister Pay Boyle at 617-479-5400 (St. Ann's), or Dorothy Ruggiero, 617-472-6321 (St. Joseph's).

Bethany Congregational

Bethany Congregational Church, 18 Spear St., Quincy Center, will have a Thanksgiving Sunday worship and Baptism Service Sunday at 10 a.m.

The Rev. Gary W. Smothers will conduct the service and preach a sermon from Mark entitled "The Joyous Company."

Following the worship service, there will be a "Welcome Home" gathering for the Rev. William C. Harding in the Social Hall. Refreshments will be served.

Quincy Community United Methodist

Sunday worship and Sunday school will begin at 10:30 a.m. with Adult Bible study starting at 9 a.m. at Quincy Community United Methodist Church, 40 Beale St., Wollaston.

Lector will be Mary Emsheimer. Ushers are Ann Giger and Shirley Poore.

Beale Street Christmas Fair will be held Saturday, Nov. 18 from 9 a.m. to 3 p.m.

The Thanksgiving Ingathering of food for Interfaith Social Services will be held Sunday, Nov. 19. Call 617-773-3319 for more info.

Quincy Religion Directory

SERVICES & ACTIVITIES

Assemblies of God

Glad Tidings
158 Washington St., Quincy
phone: 773-9797
Rev. Gregory E. Wheaton, Pastor
Sunday Worship 8:30 11 a.m. Christian Ed 10 a.m.
Senior Hi Youth 7 p.m. Wed. 7 p.m. Berean Bible Study
Royal Ranger Missionettes Friday Junior Hi Youth 7 pm
Youth & Children's Ministry
•Contemporary Worship
•Marriage & Family Group
•International Fellowship
•DivorceCare

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 7, 9:30 & 11:30am. Weekdays 9am
Handicapped Accessible
New Members Welcome!

Unitarian

UNITED FIRST PARISH, Quincy
1306 Hancock St., across from Quincy Center T
Worship Service & Church School
SUNDAYS, 10:30 a.m.
Rev. Sheldon W. Bennett, Minister
• A Welcoming Congregation •
617-773-1290 • www.ufpc.org

Congregational

First Church of Squantum
164 Bellevue Street
617-328-6649
Pastor: Michael S. Robertson
10 a.m. Sunday Worship
All Are Welcome

To Advertise in this Directory, Call 617-471-3100

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4pm (Sat.) 7:45am, 9am (Family Liturgy)
10:30am (with Choir) and 5pm
12 noon at Star of Sea Church
Weekday Masses
Mon.-Fri 7am and 9am, Sat. 9am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m., 10:30 a.m. & 5 p.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

ST. JOHN THE BAPTIST
44 School St.,
Quincy
617-773-1021
Weekend Mass Schedule
Saturday (Vigil Mass) 4 p.m.
Sunday 7:30 a.m., 9 a.m.
and 11 a.m. (Family Liturgy)
Weekday Masses
Monday - Saturday 8 a.m.
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
• 617-479-5400
Pastor Rev. John J. Ronaghan
Weekend Mass Schedule
Saturday 4:00 PM
Sunday 7:00, 9:00, 11:30AM
Daily Masses 9:00 AM
Handicapped Chairlift Available

Congregational

HOUGHS NECK CONGREGATIONAL CHURCH
310 Manet Ave., Quincy
www.hncong.org
Sunday, Nov. 19
Worship Service 9:30 am
'Thanksgiving 2000 B.C.'
Psalm 100
Sunday School 9:30 AM
Rev. John Castricum
617-479-8778

BETHANY CONGREGATIONAL CHURCH
Corner of Spear & Coddington Sts., Quincy Center • 617-479-7300
10 AM Sunday Worship,Baptism Service Thanksgiving Sunday
Sermon: 'The Joyous Company"
Fellowship Follows Service in Allen Parlor

QUINCY POINT CONGREGATIONAL CHURCH
444 Washington St. • 617-773-6424
Worship and Church School 10 am
Rev. Ann Suzedell, Pastor
visit us at www.QPCC.org

UNION CHURCH
Beach St. & Rawson Rd.,Wollaston
Sunday Service 10 AM
617-479-6661
Sermon: 'Humility" - What It is and What It Is Not
Rev. John Carl Swanson, Pastor
PEACE

Congregational

WOLLASTON CONGREGATIONAL CHURCH
48 Winthrop Ave. - 617-773-7432
Pastor: Rev. Mary Lou Gifford
Sunday Worship Nov. 19
THANKSGIVING SUNDAY
Ingathering for I.S.S.
Sermon Topic: 'Song of Hannah'
Preacher: Ann Aaberg
Minister of Christian Education
Scripture: 1 Samuel 2: 1-10

Covenant

COVENANT CONGREGATIONAL CHURCH
Corner of Whitwell & Granite St.
Sunday Worship 10:00 AM
Rev. Karen Palmatier, Pastor
9 a.m. – Christian Education for all ages
Child Care Available - All Are Welcome
Children's Pantry
Wed., Thur. 9:30 am - 12 noon
617-479-5728

Nazarene

Wollaston Church of the Nazarene
37 E. Elm Ave., Wollaston
(617) 472-5669
On The Campus Of
Eastern Nazarene College
Pastor: Rev. Fred. Fullerton
Sunday Services
8:30 am - Holy Communion
9:45 am - Adult & Children's Sunday School
11 a.m. - Blended Worship Service
Come Worship with Us!

Episcopal

St. Chrysostom's Episcopal Church
Corner of Hancock & Linden Sts., Quincy
(617) 472-0737 • www.stchrysostom.com
Rev. David Hefling
Sunday School 9 a.m.
Adult Forum 9:15 a.m.
Holy Eucharist Rite 10 a.m.
Nursery Care During Service
Coffee Hour Following
ALL WELCOME
THRIFT SHOP HRS - W, TH, FR. 10am-4pm

Evangelical

EVANGELICAL CHURCH OF ATLANTIC
65 Newbury Ave. North Quincy
(617) 847-4444
Pastor Bill Donahue
Sunday Morning Worship 10:10 AM
Childcare Available

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Dr. Susan Jarek-Glidden, Pastor

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45 SUNDAY SCHOOL
11AM WORSHIP SERVICE
BRASS BAND MUSIC
7PM TUES WOMEN'S FELLOWSHIP
7:15PM WED. BIBLE STUDY

Spiritualist

First Spiritualist Church of Quincy
40 West St., Quincy, MA 02169
(617) 770-2246
Services: Sunday 11 a.m. to 12:30 PM
Coffee and Conversation following service
Services 8 PM Wednesdays June, July, August
Pastor Rev. Rita S. Berkowitz C.H.,C.M

Quincy UPS Store Teams With Toys For Tots

The Quincy UPS Store at 550 Adams St. has teamed up with the Marine Toys for Tots Foundation to help spread some holiday cheer for children.

Now through Dec. 23, the Quincy UPS Store is offering customers the opportunity to purchase Toys for Tots donation cards for $1 each. All proceeds support local Toys for Tots efforts.

The UPS Store is raising money for Toys for Tots because, with many Marines deployed around the world, it's logistically easier for Toys for Tots to reach more children by purchasing toys at deep discounts through partner companies. In addition to fundraising efforts, the UPS Store locations are collecting new, unwrapped toys, providing an additional opportunity for the community to help local children this holiday season.

"It is rewarding to know our efforts brought a smile to a local child's face through the gift of a toy," said Tom Bagley, owner of the Quincy UPS Store.

Estate Planning Program Nov. 30

The Law Offices of Dagmar M. Pollex, P.C., 45 Braintree Hill Park, Suite 102, Braintree, will offer an estate planning program Thursday, Nov. 30 from 5 to 6:30 p.m.

Reservations are required. Call 781-535-6490 to reserve a space.

The program, "Plans that Work," will discuss estate planning and common reasons plans fail and simple ways to avoid problems.

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Bristol Division
Docket No. 06D1229-DV1
Divorce/Separate Support Summons By Publication

Juana A. Herrera of
Taunton, Plaintiff
v
Richard C. Pike,
Of Parts Unknown,
Defendant

To the above named Defendant:

A Complaint has been presented to this Court by the Plaintiff, Juana A. Herrera, seeking Judgment of Divorce.

An Automatic Restraining Order has been entered in this matter preventing you from taking any action which would negatively impact the current financial status of either party. Please refer to Supplemental Probate Court Rule 411 for more information.

You are required to serve upon John F. Groark, Esq. - plaintiff - attorney for plaintiff - whose address is 121 Pine Street, Walpole, MA 02081 your answer on or before January 26th, 2007. If you fail to do so, the court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer in the office of the Register of this Court at Taunton.

Witness, Elizabeth O'Neill LaStaiti, Esquire, First Justice of said Court at Taunton, this 31st day of August, 2006.

ROBERT E. PECK
Register of Probate Court

11/9. 11/16. 11/22/06

LEGAL NOTICE

COMMONWEALTH OF MASSACHUSETTS
THE TRIAL COURT
PROBATE AND FAMILY COURT
NORFOLK DIVISION
DOCKET NO. 01P2888TP
TRUSTEE - TO FILL A VACANCY

To all persons interested in the trust estate under the will of ARTHUR A. COHEN late of QUINCY in said County, deceased: under a certain instrument in writing dated JANUARY 15, 2002, for the benefit of BERNARD COHEN AKA BERNARD GERALD COHEN.

A petition has been presented to said Court praying that MICHAEL A. BASS, ESQ. of BOSTON in the county of SUFFOLK be appointed trustee of said estate.

If you desire to object thereto you or your attorney should file a written appearance in said Court at Canton before ten o'clock in the forenoon on the 15th day of DECEMBER 2006, the return day of this citation.

Witness DAVID H. KOPELMAN, Esquire, First Judge of said Court, this 2ND day of NOVEMBER 2006.

PATRICK W. McDERMOTT
Register

11/16/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06C0273CA1

In the Matter of TIMOTHY JOHN MARCHULAITIS and GRETCHEN MARIE THURESON
of QUINCY
In the County of NORFOLK

NOTICE OF PETITION FOR CHANGE OF NAME

To all persons interested in a petition described:

A petition has been presented by TIMOTHY JOHN MARCHULAITIS, GRETCHEN MARIE THURESON praying that TIMOTHY JOHN MARCHULAITIS of QUINCY in the County of NORFOLK and GRETCHEN MARIE THURESON of QUINCY in the County of NORFOLK be allowed to change his/her/their name as follows:

TIMOTHY JOHN MARCHULAITIS To TIMOTHY JOHN MARCH

GRETCHEN MARIE THURESON To GRETCHEN MARIE MARCH.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00 AM) ON DECEMBER 20, 2006.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, November 10, 2006.

PATRICK W. McDERMOTT
Register of Probate

11/16/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2680EP

In the Estate of
MADELEINE COLLINS
AKA MADELEINE COLLINS
Late of QUINCY
In the County of NORFOLK
Date of Death
October 7, 2006

NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that STEPHEN COLLINS of QUINCY in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **DECEMBER 13, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, November 1, 2006.

PATRICK W. McDERMOTT
Register of Probate

11/16/06

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LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Bristol Division
Docket No. 06D1229-DV1
ORDER FOR SERVICE BY PUBLICATION

Juana A. Herrera of
Taunton, Plaintiff
v
Richard C. Pike,
Of Parts Unknown,
Defendant

Upon motion of plaintiff for an order directing Richard C. Pike the defendant herein, to appear, plead, or answer, in accordance with Mass. R. Civ. P./Mass. R. Dom.-Rel. P. Rule 4, it appearing to the Court that this is an action for divorce.

Pursuant to Supplemental Probate Court Rule 411, an Automatic Restraining Order has been entered against the above named parties, and that the said defendant cannot be found within the Commonwealth and that his/her present whereabouts are unknown; that personal service on said defendant is therefore not practicable, and that said defendant has not voluntarily appeared in this action.

It is **Ordered** that said defendant is directed to appear, plead, answer, or otherwise move with respect to the complaint herein on or before the twenty-sixth day of January, 2007. If you fail to do so this Court will proceed to a hearing and adjudication of this matter.

It is further **Ordered** that the accompanying summons be published once a week for three consecutive weeks beginning November 6, 2006, a newspaper published in Quincy Sun, 1372 Hancock Street, MA 02169, the publication to be 60 days at least before said return day. It is further **Ordered** that a copy of the summons be mailed to the defendant at his/her last known address by registered or certified mail.

Date August 31, 2006.

ELIZABETH O'NEILL LaSTAITA
Justice of Probate and Family Court

11/9, 11/16, 11/22/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-088

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, DECEMBER 5, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of PHIL MOYLAN & MARY HALLAHAN VARDEN for a VARIANCE to construct an addition in violation of Title 17 as amended Chapter 17.20.040 (dimensional requirements), and 17.28 (parking) on the premises numbered 65-67 BILLINGS STREET, QUINCY.

Jack Garland, Chairman

11/16, 11/22/06

NOTICE OF SPECIAL PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-086

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, NOVEMBER 28, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of STEPHANIA HEALY for a VARIANCE & FINDING to relocate the parking in violation of Title 17 as amended Chapter 17.28.030 (parking) on the premises numbered 65 INDEPENDENCE AVENUE, QUINCY.

John Garland, Chairman

11/9, 11/16/06

NOTICE OF SPECIAL PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-087

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, NOVEMBER 28, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of NICOLE ZANARDELLI for a VARIANCE & FINDING to relocate the driveway in violation of Title 17 as amended Chapter 17.28.030 (parking facilities) on the premises numbered 23 OLD COACH ROAD, QUINCY.

John Garland, Chairman

11/9, 11/16/06

NOTICE OF SPECIAL PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-085

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, NOVEMBER 28, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of TONY & MARY NGUYEN for a VARIANCE & FINDING to relocate the parking for the existing home in Residence A, by demolishing the garage on the Residence B lot and constructing the driveway thereon in violation of Title 17 as amended Chapter 17.24.020 (nonconforming structures) and Chapter 17.28.030 (parking) on the premises numbered 210 NORFOLK STREET, QUINCY.

John Garland, Chairman

11/9, 11/16/06

REQUEST FOR PROPOSALS

REQUEST FOR PROPOSALS
CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK ST., QUINCY, MA 02169

In accordance with M.G.L. Chapter 30B, the City of Quincy requests proposals for furnishing and delivering to the City:

PARK DEPARTMENT — **LEASE OF SPACE FOR PROGRAM FOR CHILDREN UNDER AGE THREE (3) AT RISK OF DEVELOPMENTAL DELAYS** — **DECEMBER 18, 2006 @ 11:00 a.m.**

The City of Quincy is issuing a request for proposals from qualified persons or agencies to enter into a contract to lease City owned land and buildings located at 2 and 16 Moon Island Road, Quincy, MA. The lease shall be for a five (5) year term with a renewal option of three, five (5) year periods. (Total of 20 years) The property is to be utilized for services for infants and children up to three (3) years old who display signs of becoming at risk for developmental delays. Minimum criteria include no fewer than fifteen (15) years experience providing such services for the target population. A copy of the specifications may be obtained at the Purchasing Department, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts 02169, after November 15, 2006, between the hours of 8:30 a.m. to 4:30 p.m.

Non-Price Proposals must be in a sealed envelope and price proposals must be in a separate sealed envelope. The outside of the sealed envelopes are to be clearly marked **"RFP - NON PRICE PROPOSAL ENCLOSED"** with time/date of RFP and **"RFP - PRICE PROPOSAL ENCLOSED"** with time/date of RFP opening.

Proposals will be received at the office of the Purchasing Agent until the time and date stated above, at which time and date they will be opened and registered. Late proposals, delivered by mail or in person, will be rejected.

The right is reserved to reject any or all RFP's or to accept any part of an RFP or the one deemed best for the City, and waive any informalities in the bidding, if it is in the best interest of the City to do so.

William J. Phelan, MAYOR
Laurie M. Allen, CHIEF PROCUREMENT OFFICER

11/16/06

Classifieds

SERVICES

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MISCELLANEOUS

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LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Norfolk Division
Docket No. 05P3066AT
Notice of Fiduciary's Account

To the persons interested in the estate of Joseph T. Linnehan late of Quincy, in the county of Norfolk.

You are hereby notified pursuant to Mass. R. Civ. P. Rule 72 that the 1st and final account(s) of Jan W. Whiting as special administrator (the fiduciary) of said estate has been presented to this Court for allowance.

If you desire to preserve your right to file an objection to said account(s), you or your attorney must file a written appearance in said Court at Canton on or before the ***8th day of December, 2006*** the return day of this citation. You may upon written request by registered or certified mail to the fiduciary, or to the attorney of the fiduciary, obtain without cost a copy of said account(s). If you desire to object to any item of said account(s), you must, in addition to filing a written appearance as aforesaid, file within thirty days after said return day or within such other time as the Court upon motion may order a written statement of each such item together with the grounds for each objection thereto, a copy to be served upon the fiduciary pursuant to Mass. R. Civ. P. Rule 5.

WITNESS, DAVID H. KOPELMAN, ESQUIRE, FIRST JUSTICE of said Court at Canton this 25th day of October, 2006.

PATRICK W. McDERMOTT
Register of Probate

11/16/06

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MISCELLANEOUS

PRAYER TO THE BLESSED VIRGIN
(Never Known To Fail)

"Oh, most beautiful flower of Mt. Carmel, Fruitful vine, splendor of heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity Oh, Star of the Sea, help me and show me, herin you are my Mother. Oh, Holy Mary, Mother of God, Queen of Heaven and Earth! I humbly beseech you from the bottom of my heart to succor me in this necessity. There are none that can withstand your power. Oh, show me herin that you are my Mother. Oh, Mary, conceived without sin, pray for us who have recourse to thee (3X). Holy Mother, I place this cause in your hands (3X). Holy Spirit, you who solve all problems, light roads so that I can attain my goal. You gave me divine gift to forgive and forget all evil against me and that in all instances in my life you are with me. I want in this short prayer to thank you for all the things as you confirm once again that I never want to be separated from you in eternal glory. Thank you for your mercy toward me and mine." The person must say this prayer 3 consecutive days. After 3 days, the request will be granted. This prayer must be published after the favor is granted. Thank you. M.F. 11/30

THANK YOU ST. JUDE
11/16

THANK YOU Blessed Mother
11/16

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- ❑ Services
- ❑ For Sale
- ❑ Autos
- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
- ❑ Real Estate
- ❑ Antiques
- ❑ Flea Markets
- ❑ Yard Sales
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Vapor Source In House Explosion Still A Mystery

(Cont'd From Page 1)

to have them inspected."

Pettinelli said that the fire department had gone door to door checking on residents to ensure their protection following the explosion. He said that the Water Department tested surrounding areas every four hours following the explosion for volatile gases.

MWRA reportedly tested manholes on Charlesmount Avenue and Martensen Street, and determined a higher than usual concentration of "BTEX" compounds, (an explosive substance), but other results were considered normal.

The preliminary MWRA reports determined that there were no permitted "industries" connected to the Craig Street sewer system, and the MWRA team surveyed local gas stations, auto repair facilities and dry cleaners as a possible source.

MassDEP reports yielded similar results. They could identify chemicals in surrounding sewage, but investigative and testing efforts could not conclusively disclosed the source of the vapors that caused the explosion.

Though MassDEP reports listed several chemicals in the surrounding sewage system, but the volatile organic compounds (VOC's) were considered low, and were reportedly consistent with normal levels in sanitary sewage.

MassDEP reports concluded that if the volatile solvents weren't from within the home, then they may have migrated from the sanitary sewer system.

The reports suggested that a volatile, lighter-than-water liquid material may have traveled downstream from an undisclosed source, floating above the sewage. The reports said the material may have let off a gas which would have been dispensed intermittently into overlying spaces within the pipe.

The report suggests that a manhole on Martensen Street may have collected dense sewage material, allowing no space for the volatile liquid to continue floating above it on the way downstream, and resulted in the accumulation of volatile liquid and vapors, it said.

The MassDEP report suggested the monitoring of manholes and further reviews by MWRA. MassDEP also suggested reminding the public to maintain that their sewage and plumbing systems are kept to code.

Police reports from the explosion also gave inconclusive source details, but Trooper Michael Peters, of the Fire and Explosion Investigation Section, concluded that the explosion was accidental and caused by the ignition of vapors that had accumulated in the cellar through dry waste traps in the cellar bathroom, and the floor drain the laundry room.

City Council President Douglas Gutro agreed that the June 30 reports should have been circulated sooner.

"Councillor Raymondi has every right to be frustrated," he said, "(the reports) should have been sent to the City Council."

Under Raymondi's suggestion, investigations of the Craig Street explosion are to remain ongoing.

The Angela Ramos Donnelly Family Relief Fund is available at Century Bank, 651 Hancock St., for anyone wishing to make donations. To have a donated item picked up call Dawn Smith at 781-849-9090, ext. 224.

FOR #4 - Six-year-old Lauren Kuhn and Cathy Mullin show their support for Question 4 -- the Community Preservation Act -- in last week's election by holding a sign outside the Squantum Elementary School. Quincy voters approved the CPA.

Phelan's Thanksgiving Dinner Nov. 23

Mayor William Phelan's annual Thanksgiving Dinner will be Thursday, Nov. 23, at the Fore River Club House, 16 Nevada Rd.

Doors open at 11:30 a.m., and dinner is to be served at 12 noon.

Seating is limited. For reservations and tickets, call the Council on Aging at 617-376-1506.

Two On Babson Spring Semester Dean's List

Two residents are on the Dean's List at Babson College for the Spring semester. They are Dong Wu and Wen Yu, both members of the Class of 2007.

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Martini & Rossi Asti 750 Ml	$9.99
Dow's Late Bottled Port 2000 375 Ml	$11.19
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■ 54th Annual Quincy Christmas Parade ■
Pages 3, 18 & 19

PLU# 7051

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper

VO.. 39 No. 10 | Wednesday, November 22, 2006 | 40¢

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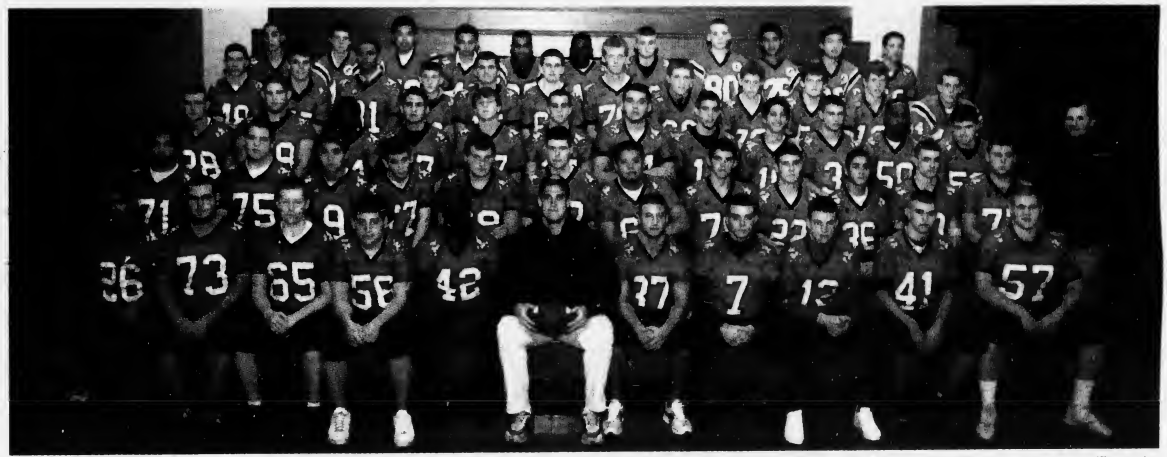
Special Thanksgiving Pre-Game Section Pages 24 - 27

The Red Raiders



THE RED RAIDERS- Front row, from left: Efraim Melendez, Benn Johnson-Tate, Roger Cufaude, John Benoit (Captain), Terrence Sibley (C), head coach Jim Connor, Dave Guerriero (C), Shaun McBrien (C) , Mike Jay, Stephen Matos and Phil Kelly. Second row: Josh Grant, Joe Page, Dewar Tan, Mark Riley, Kiriakos Kalpakidias, Eric Alder, Kan Wiwatyukhan, Nick Poli, Chris Baker, Adam Tragellis, James Bleiler, Paul Mason and JV coach Mike Connor. Third row: Jon Cahill, Nick Brown, Ethan Thomas, Christian Arredondo, Zac Deegan, Dave Thomson, Marcellus Lee, Dennis Martin, Alex Tragellis, Danny Jackson, Sekou Benjamin and Nick Gizzarelli. Fourth row: Matt Jay, R.J. Barden, Lamonte Tombs, James Flaherty, Mario Dashi, Joe Benoit, Dan Keely, Chris Bergeron, Anthony DiPalmo, Jesse Skomial, Dave Hennessey and Greg Ingram. Fifth row: Dave White, Joe Edgerly, Jimmy Nguyen, Tommy Dao, Chris Evora, Terrell Staley, Pat Watkins, James Budukiewicz, Mark Thach, Andy Zou and Nick Lawless

Quincy Sun Photos/Robert Noble

The Presidents

THE PRESIDENTS- Front row, from left: Ron Veccionne, Mark Cugini, Jared Tucker, Charles McGee (Captain), Matt Boyle (C), head coach Bob Noble, Camillo Arredondo (C), James Aikens (C), Anthony Gilbody, Wilson Araujo and Josh Berry. Second row: Paul Dan Sabin, Mike Andrews, Matt Oriol, Pat Austin, Alex Domingo, Craig Reynolds, Alex Chan, James Fay, Devon Gillen and Dan Walsh. Third row: Brian McGee, Adrian Domingo, Derek Andrews, Tony Nguyen, Paul Oldham, Anthony Kotai, Joe Reggiannini, Zack Olhson, Ted Walsh and Mike Mottola. Fourth row: Mike Lemay, Anthony Raddatz, Aldo Villena, Max Devoe, Jon Parry, Liam Keough, Taylor Radcliff, Mark Saunders and Jan Feroz. Fifth row: Zack Manning, Mark Gilbody, Sean Gray, Steve Shattuck, Stephan Davis, E.J. Louis, Anthony Papile and Matt Bikowski. Back row: assistant coaches Mark Randall, Dan Morrel, Kevin Carey, Bill Reardon, Scott Pifer, stat girl Shannyn Civiello and assistant A.D. Jack Wier. Missing from photo (C) Tom Hazelhurst.

Sheriff Bellotti Receives AMVETS Service Award

The American Veterans (AMVETS) of Massachusetts recently honored Norfolk County Sheriff Michael G. Bellotti with the Legislative Pilgrim Award for exceptional service to the people of the Commonwealth.

"It's a great privilege to receive this award," Sheriff Bellotti said. "I strongly support our veterans and those who continue to serve our country. To receive a special award from the AMVETS means a great deal to me."

Sheriff Bellotti said that many of his own officers and supervisors at the Correctional Center in Dedham are veterans and reservists from all branches of the U.S. Military.

"Our veterans span four decades of service from Vietnam to our current efforts in Iraq and Afghanistan," the Sheriff said. "I'm proud of each and every one of them."

In addition to the Legislative Award, the Massachusetts AMVETS hand out their annual Pilgrim Awards in other categories, including

MICHAEL BELLOTTI

Public Service, Child Welfare, Community Service and others.

The awards are given to deserving people in their fields who through their own service have made a difference in the lives of the citizens of Massachusetts.

Sheriff Bellotti was one of seven recipients to be honored at the AMVETS National District 1 meeting in Sturbridge, hosted by the Massachusetts AMVETS.

AMVETS is one of America's foremost veterans service organizations. Founded in 1944, there are more than 1,400 AMVETS posts nationwide with approximately 180,000 members.

AMVETS has a proud history of assisting veterans and sponsoring community programs such as blood drives, scholarships, youth leadership, and drug and alcohol awareness.

"To be recognized by a group that does so much good in the community is a real honor," Sheriff Bellotti said. "In the spirit of AMVETS' commitment to improving our quality of life, I have made it one of my goals as sheriff to reach out to the citizens of Norfolk County with effective programs for veterans, senior citizens and youth."

The Sheriff's Community Service Program for many years has provided free labor for renovation projects at veteran organizations such as local American Legion posts and others.

The Sheriff's Office also provides public safety services for seniors, such as the RUOK Program and Project Lifesaver. Additionally, Sheriff Bellotti offers peer pressure and substance abuse prevention education for Norfolk County youth.

For more information, contact the Sheriff's Office at 781-329-3705.

Seeks Council Approval

Phelan Proposes $1 Million Transfer To Help Tax Rate

Mayor William Phelan proposed a $1 million transfer from the city's Stabilization account to keep the Fiscal Year 2007 taxes down.

The measure was introduced to the City Council Monday evening.

Phelan has further pledged to transfer 50 percent of the city's Free Cash Reserve in to the Stabilization account once it is certified in the coming weeks to ensure that taxpayers are protected from future spikes in property tax bills.

"We are creating a long-term plan to help protect Quincy's taxpayers," said Phelan. "We are budgeting wisely, spending conservatively, and being aggressive in the collection of revenue to ensure that our taxpayers are not impacted by market factors beyond our control such as real estate values and cuts in state aid. The parts of the equation that we can't control, we will control in the interest of our taxpayers."

If the transfer is approved, the average single-family tax bill in Quincy will increase approximately two percent. The voters of Quincy also approved an additional one percent surcharge on this year's bill for the Community Preservation Act.

Phelan anticipates that the Excess Levy Capacity, the difference between what the state allows Quincy to raise through taxes and what is actually being paid by taxpayers, is going to be &8,272,561. This is the largest Excess Levy Capacity in the city's history.

"Excess Levy Capacity represents our understanding that we don't need to tax our taxpayers to the limit," said Phelan. "Just because state law says we can raise more taxes, it doesn't mean that we will. We are saving our taxpayers more than $8.2 million this year through sound fiscal planning. I will continue to work with the City Council and my administration in the years to come to ensure the long-term fiscal health of our city."

Phelan also indicated a hopefulness that the state's Local Aid figures will increase under the Patrick Administration.

"Deval Patrick promised during his campaign that he would work to restore Local Aid to cities and towns," added Phelan. "He expressed an understanding that was lacking from the Romney Administration that the State Aid cuts were directly tied to local property tax increases. We receive close to $4 million less from the state every year than we did in 2002. The additional state aid is a vital measure in protecting our taxpayers."

If the transfer is approved, the average single-family tax bill would have increased one percent in Fiscal Year 2005, zero percent in Fiscal Year 2006, and two percent in Fiscal Year 2007.

Phelan also pointed to an increased bond rating as further evidence that the city of Quincy is moving in the right financial direction.

Monahan New Building Inspector

Resident Mike Monahan is the new building inspector in the Inspectional Service Department.

Monahan will replace Joe Prondak, who left to take a similar position in Milton.

Monahan has over 15 years of experience in the building and construction industry. He was chosen over a number of other candidates for his knowledge and expertise, but also his eagerness to be helpful and fair to the public.

Mike understands that despite our enforcement role of building and zoning regulations, our department is here to help and serve the residents of Quincy," said Director of Inspectional Services Jay Duca. "I believe he will be a great addition to the department."

Monahan resides in Wollaston with his wife Julie, and daughters Shayley and Michaela.

"I'm very excited and proud to be able to serve the residents of Quincy," Monahan said.

City Council Briefs For Nov. 13 Meeting

The City Council took the following actions at the Nov. 13 meeting:

• The unanimous acceptance of a $500 appropriation to Quincy Citizens Police Academy from Ward Three Stop & Shop Mitigation Fund.

• The unanimous acceptance of a gift of $1,500 to D.A.R.E. from CVS Corporation.

• The unanimous acceptance of a gift of $25 to Crime Prevention from Gershon Saxe and Elizabeth Scanlan.

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Starts At 12:30 P.M.

95 Units In 54th Christmas Parade Sunday

The 54th annual Quincy Christmas Festival Parade with some 95 units will step off at 12:30 p.m. Sunday.

The three-mile parade will start at Elm and Hancock Street in Quincy Center and proceed north along Hancock Street to East and West Squantum Streets at North Quincy High School.

Making its first local appearance will be the colorful Spirit of America Fife and Drum Corps from Orleans.

Perennial favorites, the Shriner Fire Brigade and Shriner clowns will make a return appearance as will the popular Hallamore Clydesdales.

Rain date for the parade is Sunday, Dec. 3 at 12:30 p.m..

Quincy Access Television will carry news crawls if the parade is postponed.

Among the 95 units will be marching high school and other bands, floats, specialty units and color guards.

This year's parade theme is "Christmas On Parade", the winning entry submitted by Patricia O'Leary of Randolph in a contest sponsored by the Christmas Festival Committee. She will ride in the parade.

General Chairman George White notes that the parade which draws up to an estimated 200,000 is rated as third largest spectator event in Massachusetts with the Boston Marathon first and the Boston Pops July 4th concert second.

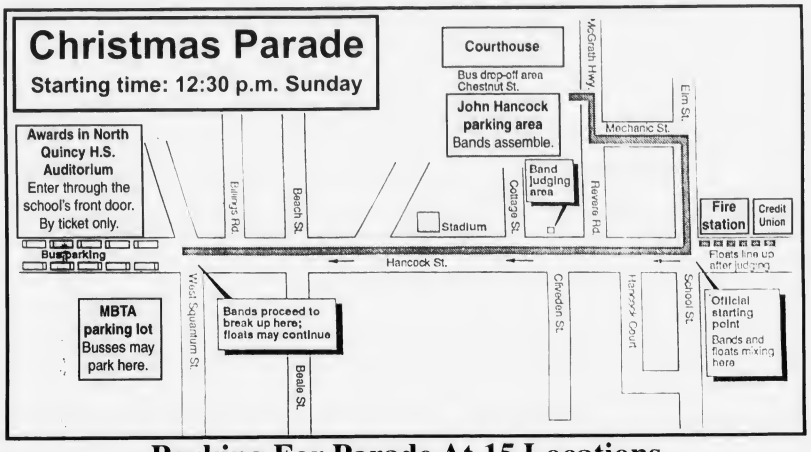
High school bands participating include: Douglas, New Bedford Senior, Weymouth, Bishop Hendricken, David Prouty, Immaculate Heart of Mary, Southbridge, Quincy/North Quincy combined, East Bridgewater and Joseph Case.

Other bands: Boston City Club, 103rd Electrician Pipe Band, Natick Legion Post, Boston Police Gaelic Bag Pipe Band, Waltham Legion Post Band and Spirit of America Fife & Drum Corps.

Entered Floats: Quincy Park Department, Jack Conway Company, Eastern Bank, Quincy Partnership, Quincy Credit Union, Concert in the Park Gazebo, Christmas Festival Committee, Woodward School, Sacred Heart CYO, Beantown

(Cont'd On Page 19)

The Christmas Parade Route



Parking For Parade At 15 Locations

Fifteen parking locations will be available for those attending the Quincy Christmas Parade Sunday.

They are:

- MBTA parking garage, Burgin Parkway.
- Stop & Shop garage, Burgin Parkway.
- Ross parking area, Cliveden Street at Parkinway.
- Adams Academy, Dimmock Street at Hancock Street.
- Center For Technical Education, rear of school, Woodward Ave.
- Coddington Street, school parking lot.
- Quincy College, Coddington Street.
- Supreme Pantry parking lot, Wollaston.
- Eastern Bank/ St. Ann's Church parking lot, Wollaston.
- MBTA, Wollaston.
- MBTA, Newport Avenue Extension.
- State Street South, Newport Avenue Extension.
- Kemper Insurance, Newport Avenue Extension.
- Pageant Field, Collins Rest Awhile, Merrymount Park.
- Southern Artery, from Furnace Brook Parkway to Veterans Memorial Stadium.

WHAT'S OPEN WHAT'S CLOSED

On Thanksgiving Day
Thursday, November 23

Retail stores, supermarkets **closed**.
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Stock market **closed**.
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Schools **closed**.
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Sunbeams

By Henry Bosworth

JFK And The Secret Service

It's been 46 years now and it still bothers me.

I can't help wondering about Presidents John F. Kennedy and the Secret Service.

Was the Secret Service doing its job the night of Nov. 10, 1960 in Hyannisport? And, in Dallas Nov. 22, 1963 three years later?

That night in Hyannisport I was standing in the living room of former Ambassador Joseph Kennedy's home in the Kennedy compound waiting for the President elect to appear.

Where were the Secret Service I asked myself. I wasn't even supposed to be there but no one seemed to notice or care.

Word was that some 18 Secret Service agents had moved in swiftly to protect the next President of the United States after Richard Nixon conceded in one of the closest Presidential elections.

But if they were around the house-inside or outside-that night, they were invisible. They weren't checking on me, or anyone else.

I've written this story before. But on the 43rd anniversary of JFK's assassination, I think it's worth another look.

Let's first go back to Nov. 10, 1960.

I was a Boston Traveler reporter covering the election with press headquarters set up in the National Guard Armory in Hyannis. Working with me were Dave Farrell of the Boston Herald and photographer Frank Kelly who was taking photos for both papers.

We waited at the armory election night checking the returns in the see-saw battle until Nixon conceded in the early morning.

The President-elect we were informed would hold a press conference in the armory later that morning. Out of it came such headlines as:

"Hoover, Dulles To Stay", "Ike Asks JFK Meet Him Soon On Takeover"... "Kennedy Says Election Repudiates No One."

The whole Kennedy clan seemed to be there: Jacqueline, 31, radiant and expecting John John in a few weeks; parents Joseph and Rose Kennedy; brothers Bobby with wife Ethel, Ted, sisters Eunice Shriver, Jean Smith, Pat Lawford and in the background, brother in-law Peter Lawford.

Kennedy made a brief victory statement that was a hint of the theme of his coming Inaugural Address:

"The election may have been a close one. But I think there is a general agreement by all of our citizens that the supreme national effort will be needed in the years ahead to move this country safely through the 1960's."

(Ask not what your country can do for you. Ask what you can do for your country)

Word was passed that Kennedy would host an informal, off-the record party for the press in his father's home that night. It was for the press that had traveled with him during the campaign.

PRESIDENT-ELECT John F. Kennedy and Quincy Sun publisher Henry Bosworth chat at Barnstable Airport in Hyannis Nov. 11, 1960. Kennedy was departing for Palm Springs, Fla. after his election. Behind them are Kenneth O'Donnell and Pierre Salinger. *(Frank Kelly Photo)*

But three party crashers-myself, Farrell and Kelly, were there, too. We agreed, it was too good to miss and weren't going to miss it.

The bus to take the press into the Kennedy compound was parked outside the armory. We stepped aboard. No one questioned us. No one asked to see our press credentials. We rode inside the compound and walked into Joseph Kennedy's home. No one checked on us.

Maybe anyone could have gotten aboard that bus that night. Maybe even someone like Lee Harvey Oswald.

None of the Kennedy's were in sight when we arrived so the invited members of the press and the three party crashers started browsing around.

On the wall were framed letters written by President Franklin Delano Roosevelt to Ambassador Kennedy.

On the fireplace mantle was a model of the USS Joseph P. Kennedy, Jr. the destroyer named after the oldest son who was lost on a dangerous World War II mission he volunteered for. He had planned a political career.

The living room connected with the dining room. On the dining room table was a punch bowl and cups. Someone said to help ourselves. So we did and wandered back into the living room.

I was returning my cup and was the only one in the dining room when a screen door swung open and in stepped John F. Kennedy.

He walked over to me and we shook hands. "Congratulations Mr. President," I said. It wasn't correct protocol. He was still Senator Kennedy. But he seemed to like being called "Mr. President" and smiled.

We were alone for a few moments. The other reporters spotted him and we were soon surrounded.

Kennedy looked tired from the strain of the campaign and the agonizing hours when the election seemed like it could go either way.

One reporter asked him what he thought made the final difference.

"He (Nixon) stayed around too long in the South," Kennedy replied. (Stayed wasn't the exact word he used.)

Soon other members of the family joined us: Jacqueline, Rose, Bobby, Ted, sisters Eunice, Jean and Pat, brother in-law Sargent Shriver. Joseph Kennedy was no where to be seen.

Kennedy reveled he was flying to Palm Springs, Fla. the next day to relax and "maybe play a little golf."

"But don't mention golf," he laughed.

He didn't want the country to think it was getting another golfer for President after Dwight Eisenhower.

I got to chatting with Rose Kennedy who wanted to know about Quincy born Presidents John and John Quincy Adams and Abigail. I told her as much as I knew and said I would ask Quincy historian William Edars to send her more information. (He did).

Someone produced a number of Christmas gift wrapped bottles of bourbon, whiskey and scotch from under a cabinet in the kitchen.

And, then a sight you couldn't forget: the next President of the United States pouring drinks for the press.

It was a night to fondly remember and cherish.

The next day, the Kennedy family flew out of Barnstable Airport aboard the family plane "Caroline" named for daughter Caroline who looked like a young Shirley Temple back then.

I got one more chance to talk with Kennedy before the plane took off.

"Good luck, Mr. President," I said to him again.

"Thank you," he replied, breaking into a grin at being called "Mr. President" for the second time.

I later told Farrell and Kelly that someday I would write the story about how we crashed the Kennedy compound. But not until Kennedy was out of office. Which I figured would be eight years because he surely would be re-elected to a second term.

It still bothers me each anniversary of his death as I remember telling them:

"I'm going to write how we got by the Secret Service that night."

And, kiddingly added:

"And I'm going to write about how I could have shot the President of the United States over the punch bowl in the dining room of his father's house."

But who could have imagined back then the tragedy that waited in Dallas?

I just can't help wondering about the Secret Service that night in Hyannisport. And, that day in Dallas.

It has nagged at me all these years.

And, always will.

The Quincy Sun

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MBTA Passes For Seniors At City Hall

Seniors and those handicapped can obtain a new MBTA Pass Thursday, Jan. 11.

MBTA representatives will be at City Hall from 10 a.m. to 1 p.m. to issue the passes.

For more information contact the Quincy Council on Aging at 617-37-1506.

Houghs Neck Environmentalist Lectures On Alternative Energy

Houghs Neck environmentalist P. J. Foley returned to his alma mater, Quincy High School, the other day to share with students his knowledge of alternative energy sources in Quincy.

He held a 90-minute seminar for a Contemporary Issues class of seniors that has been studying the problems and solutions related to the topic of global warming.

Among other things, the students learned about a year-long project to collect wind data from three locations in Quincy, to be measured in computer chips and sent to UMass-Amherst.

It may lead to Quincy one day generating electricity from wind turbines.

"Mr. Foley did a great job instructing my students about complex choices for alternative energy sources here in Quincy," said Joan Innis, the teacher.

"His enthusiasm spread around my classroom and his presentation was a very positive experience for all."

Scenes From Yesterday

THIS IS A RARE real photo postcard showing the famous German airship Hindenburg cruising over Quincy Square on October 9, 1936. On that day, the huge zeppelin, known as the pride of the Third Reich, was carrying 81 VIP's on what was called a "Billion Dollar Party" that began early in the morning at the Lakehurst Naval Air Station in New Jersey. The special 10-hour excursion cruised over all the major cities in New England and then over New York City on its return. Three airplanes filled with members of the press accompanied the ship as it flew over Quincy. Quincy photographer Alan Pierce, who had his studio in the Adams Building on the lower left of this view, took this photo just after noon from the belfry of the First Parish Church. In May of the next year, this hydrogen-filled zeppelin was arriving at Lakehurst from Europe when it was destroyed in a burst of flames on its approach for docking. The German captain of the Hindenburg, who was flying over Quincy in the above view, was killed in the explosion along with 34 of the 97 crew-members and passengers. This horrific accident marked the end of the commercial use of airships. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of Tom Galvin

Readers Forum

Thanks For The Memories, Squantum Storms Football Team

It's been a long four years, but an enjoyable four years watching the Squantum Storms Youth Football team finally get the recognition they deserve.

The Squantum Storms football team lost in the semifinals to the Quincy Elks in a game where they left their heart and soul on the field. For players taht played this game for the past four years, like Kyle McKay, Mike Morrison Jr and Bobby Lawless and the likes of Mike Curran, Kerek Graham, Mike Feeney and the others who helped the Storms to a division title and their best finish in 10 years or more.

The coaching of Hugh McPhee and Mike Killilea helped solidify the hard work and team effort to make this years team a special one.

The players of this year's team will be missed but not forgotten, as a team that never gave up. We'll be looking forward to their endeavors for the next four years in high school sports.

Thanks for the memories.

Squantum Storms
Parents and Fans

In Praise Of James Baker

The Democratic victories Nov. 7 elevated James Baker and Lee Hamilton to the center of the diplomatic stage.

James Baker and the Iraq Study Group are expected to give advice to President Bush as to how best to solve the problem of Iraq and how to stop unnecessary blood shed.

Baker already told ABC television some weeks ago, that: "In my view, it is appeasement to talk to your enemies." That approach would reject all other options circulating around Washington, D.C.

Among our adversaries it is essential to talk to Osama bin Laden, Saddam Hussein and the President of Syria as well as the President of Iran. Three of the above mentioned leaders have already offered to talk to President Bush, but all three were rejected by him.

James Baker deserves the highest praise in every language on earth for his advice. Only peace would send all soldiers back to their families.

Michael Jovanovic
Town Hill Street

Between The Lines Writing Workshop Wednesdays

The River Bay Club is hosting *Between The Lines* writing workshops until Dec. 13, Wednesdays from 1 to 3 p.m., at the club, 99 Bracket St.

Sessions are $55 for five sessions, advanced registration is required.

Adults of all ages are welcome and no previous writing experience is required.

For more information call the Department of Elder Services at 617-376-1506, or email group facilitator Karen Flood at journalguru@yahoo.com.

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Quincy's Yesterdays

Union To Fight Hospital Layoffs

This Week
1985
21 Years Ago

By FRANK McCAULEY

Officials of the union which will lose 56 of its members in the planned layoffs of 78 full-time equivalent employee positions at Quincy City Hospital, say they will fight the reduction.

"We are not going to sit still for this action," said Roberta Haight, chairwoman of the LPN portion of the 280 member SIEU Local 285. Hospital Director Mark Mundy said the layoffs are in reaction to a decline in hospital admissions and the average length of stay-in patients.

COUNCIL AT-LARGE, SCHOOL COMMITTEE RECOUNTS

Two losing candidates in the Nov. 5 election requested a recount which will be held Monday, Nov. 25 starting at 9 a.m.

Ronald Iacobucci, who lost his bid for councillor at-large and incumbent Joan Picard who lost her seat on the school committee, have asked for the recounts. Iacobucci seeks recounts in Wards 1 and 2 while Picard is asking for recounts of the entire city.

Iacobucci trailed Councillor at Large Patricia Toland by 339 votes while Picard finished 80 votes behind Margaret Nigro in the school committee election.

FIRE UNION RATIFIES 3-YEAR CONTRACT

Quincy Fire Department Local 792 recently ratified a new three-year contract. The contract is retroactive to July 1, 1984, and will run until June 30, 1987. In addition to salary increases, the union received an additional personal day and a slight increase in the clothing allowance.

QUINCY-ISMS

The Licensing Board granted a Common Victualers License to Sheila's which will operate a restaurant in the rear of Bob White's Lounge, 211 Sea St. (The restaurant is now known as Grumpy White's.)... **Rep. Thomas F. Brownell** expressed strong opposition to a consultant's recommendation to move the Department of Education from downtown Quincy to Boston... Plans were being made for the opening of the Burgin Parkway Extension Wednesday, Nov. 27 at 11 a.m. The extension will link Quincy Center with Routes 2 and 128. Guest of honor at the event will be former **Mayor Thomas S. Burgin** after whom the Burgin Parkway is named... The Fin, Fur and Feather Pet Shops announced the opening of their Quincy store at 46 Washington St... Two Quincy residents, **Christine Churchill**, Forum Road, and **Jefferson Thomas**, West Street, who saved his wife from choking, received Life Saver Awards from Blue Cross, Blue Shield... **Ainsley Dingwell**, chairperson of the William B. Rice Eventide Auxiliary Ways and Means Committee, was planning the annual Pre-Christmas Bazaar to be held at the home, 215 Adams St., Nov. 25... **Lisa M. Tombari**, daughter of Mr. and Mrs. Robert Tombari of West Quincy, became the bride of **Richard Turner** of Holbrook. The wedding was held at St. Mary's Church... McIntire's Studio, 679 Hancock St., Wollaston, was advertising passport photos for $4.95 plus tax... **Madeline Shipsey** of Quincy was awarded the "Woman of Vision" award from the National Society for the Prevention of Blindness. She received the award for her outstanding achievement in the field of sight preservation... Pete's Grill was advertising "live entertainment and dancing" Friday and Saturday nights, 540 South St., Quincy Point... **John McDuff**, president of the Quincy Animal League, announced that a new animal shelter was to be the major topic at the league's Dec. 1 meeting... **Andrew R. Peter**, Allerton Street, Houghs Neck, a freshman at Northeastern University, was one of the 35 recipients of the Carl S. Ell Presidential Scholarship. The full tuition scholarship is awarded to freshmen on the basis of high academic ability... The J.B. Hearing Aid Center, 1361 Hancock St., Quincy Center, was offering "discount hearing aids, custom fit, all in the ear, for $350 and up."... Central Baptist Church, Washington Street, Quincy Center, was planning its third annual Community Thanksgiving Dinner at the Church's center. The needy and those who will be alone on Thanksgiving were invited to attend.

Arts & Entertainment

PARTICIPANTS OF the recent Wollaston School Harvest Festival take a moment to smile for the camera. From left are Linda Billikae, Renee Lalumier, Ward 3 Councillor Kevin Coughlin, who made a $300 donation to the festival, PTO President Kathryn Hubley and PTO Treasurer Karl Roos. *Kathy Hubley photos*

Wollaston School Raises $300 At Harvest Festival

YOUNGSTERS PAUSE between Wollaston School Harvest Festival activities. From left are John Campbell, James Doherty, Kevin McDonough and Patrick O'Connor.

Comedian-Hypnotist At Quincy College Fundraiser

The Gamma Beta Phi Honor and Service Society at Quincy College will host Gary Conrad, a nationally-acclaimed comedian/hypnotist, Tuesday, Nov. 28 from 7:30 to 9 p.m. at the Quincy High School Auditorium.

The event is part of the honor and service society's year-long scholarship fundraiser. Proceeds from the event will be used for scholarships for outstanding student leaders at Quincy High School, North Quincy High School, and for members of Gamma Beta Phi at Quincy College.

Joseph Bradley, executive director of College and Community Development, noted "The Gamma Beta Phi Society's motto is 'helping people help others,' and who better to help than outstanding high school leaders with academic potential."

Conrad has entertained audiences from Alaska to New York with his unique brand of hypnosis.

"We want people in the audience to be jealous of the people on stage," he said. Conrad's foray into hypnotism began in the 1980's. After stints as both a stockbroker and shipping extraordinaire in New York City, he viewed hypnosis as a way to better train for bodybuilding competitions. Conrad's studies included time in England, and ultimately led to employment in a clinical setting before putting an act on the road. Since then, he has performed over 400 shows a year.

Conrad's reputation as a skillful and entertaining hypnotist has led to numerous appearances on radio and television stations, late night talk shows including Saturday Night Live, and top-ranked comedy clubs across the nation.

Tickets for the show are $10 each and may be purchased by calling Janet McKeen in the Office of College and Community Development at 617-984-1647 or in-person at Temple Hall, 102, 27 Temple St. Tickets will also be sold at the door if available.

Free Financial Seminar At Library Dec. 6

A free Financial planning seminar will be held Wednesday, Dec. 6 from 10 - 11:30 a.m. at the Thomas Crane Public Library, 40 Washington St., Quincy Center.

The seminar, led by Quincy resident Arthur B. McRae, will develop a hypothetical portfolio based on participants' concerns and resources and will use it as a basis for discussing the various types of accounts, products, and sources of advice that are available to retirees. Registration for this free program is recommended.

McRae has 30 years experience in the financial industry. Before retiring in 1993, he was general director of retirement security at John Hancock Financial Services, where he managed the development of both products and financial planning systems. He is a graduate of Northeastern University and The American College's Chartered Life Underwriter program and has completed the study requirements for the Chartered Financial Consultant and National Securities Dealers Registered Representative designations.

For more information or to register, call 617-376-1316, email qref@ocln.org, or stop by the reference desk on the second floor of the library.

NQHS Class Of 1986 Reunion Friday

The North Quincy High School Class of 1986 will hold a 20th anniversary reunion, Friday, Nov. 24 from 7 p.m. to 12 a.m. at the Venezia Waterfront, Dorchester.

Cost is $50 per person and $80 per couple. The event will feature dinner and dancing.

For more information call Sara Regan Levine at 617-773-0319, or email

Christmas Fair Dec. 1 At Christ Church

Christ Church Episcopal will hold a Christmas Fair Friday, Dec. 1 from 5 to 8 p.m., and Saturday, Dec. 2 from 9 a.m. to 3 p.m. at the church, 12 Quincy Ave.

There will be crafts, jewelry, old and new books, food and more.

For more information contact the church office at 617-773-0310.

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Social

Wollaston Garden Club 'Greens Sale' Dec. 2

The annual "Greens Sale" of the Wollaston Garden Club will be Dec. 2, from 8 a.m. to 12 noon, at the Wollaston Congregational Church.

The sale will include fresh holiday wreaths, swags, sprays and fresh green arrangements for the holiday table. Those who wish to attend are advised to arrive early.

The next Wollaston Club meeting will be Dec. 21, 11:45 a.m. at the Wollaston Congregational Church. The meeting will feature a "Yankee Plant Swap," and Tom Galvin will be a speaker on Wollaston/Quincy memories.

Those who would like to become a member may call Marie Blanchard at 617-471-7936.

John Habib, owner of the Bunch Florist, Jo Costello, Greens Sale chairperson, and Carole Fischer, Horticultural chairperson, were speakers at the recent Wollaston Garden club fall meeting. Members brought flowers from their own gardens, and Fischer spoke about the plants and where they would thrive.

Habib, who has 40 years of experience as a florist, detailed his daily trips to the Flower Exchange, and gave advice on buying individual flowers for bouquets, and how to care for flowers. He creates bouquets for those who are sick and infirmed in local nursing homes.

Quincy Rotary Club Hosts Pancake Breakfast

The Quincy Rotary Club recently hosted a bi-annual pancake breakfast benefit at 1,000 Southern Artery to fund scholarships for college-bound students from QHS and NQHS.

Incoming club president Rich Barry organized the event and current club president Walter White presided over the day's activities. More than 30 club members attended and were available for work, and 350 people attended the event.

Interactive Club members from QHS and NQHS assisted with the event, cooking pancakes, serving meals, bussing tables, cleaning, and assisting people with mobility problems. Interactive Club, sponsored by the Quincy Rotary Club, provides students the opportunity to participate in community service activities.

Squantum Elementary School Principal Don Houghton played guitar and sang at the breakfast, with accompaniment from Peter Forbes on drums. Some participants danced to the music.

Last year, 21 graduating seniors received scholarships of $1,000 each from the Rotary Club. The club attributes the success of this year's event to residents, the staff of 1,000 Southern Artery, and Tim Bolton, who ensured that the facility provided all necessary support.

Mr., Mrs. John Gray Parents Of Son

John and Amy Gray are parents of Kevin John Gray, born June 21 at South Shore Hospital.

Grandparents are Barbara and Jack Geddis of Quincy, Michael McCarthy of Weymouth and John and Trudy Gray of Quincy.

MICHELLE CRONIN and SATYEN PATEL

Michelle Cronin Engaged To Satyen Patel

Mrs. David Halligan of Quincy and Mr. Paul Cronin of Weymouth announce the engagement of their daughter, Michelle Cronin, formerly of Braintree, to Satyen Patel of London, England.

He is a manufacturing engineer for the Ministry of Defense in England. He is a 2001 graduate of the Manufacturing Engineering Business Management Program at Brunel University, London England, and a 2002 graduate of the Systems Engineering Master's Degree Program at Brunel University. He is also working towards a master's degree in business administration at Henley University.

Ms. Cronin is a Neonatal Intensive Care nurse both in London, England and at South Shore Hospital in Weymouth. She is 2000 graduate of the Stonehill College Biology Program and a 2002 graduate of the Quincy College Registered Nursing Program.

The announcement is in memory of "Nanna," grandmother of the bride, who recorded the achievements and events in her life in newspapers. To her grandmother, Michelle said, "Wish you were here for our big day! We miss you."

A October, 2007 Hindu ceremony in London, as well as a Christian ceremony in Boston are planned.

Christmas Bazaar At Germantown Saturday

A Christmas Bazaar will be 10 a.m. to 2 p.m. Saturday at O'Brien Towers, 73 Bicknell St.

Free pictures with Santa will be at 1 p.m. Refreshments will be available.

NQHS 1981 Class Reunion Nov. 24 At Granite Links

The North Quincy High School Class of 1981 will hold its 25th anniversary class reunion Friday, Nov. 24 from 8 p.m. to midnight.

The event, originally planned to be held at the Best Western Adams Inn in North Quincy, will now be held in the Walter J. Hannon Room at Granite Links (100 Quarry Hills Dr., West Quincy.

Pre-event tickets are available at $35 per person and may be purchased by contacting Tom Koch at (617) 471-7145. Tickets will also be available on the evening of the event at the door for $45 per person.

The evening will include appetizers, a cash bar and live band performance by Dick n' Jane, a Boston-area cover band fronted by classmate Mark Carey.

The reunion committee includes class officers Thomas Koch, president; Stephen Kavanaugh, vice-president; Paul Schaetzl, treasurer; and Patty (Gerry) Leslie, secretary.

For more information, contact Koch at (617)-471-7145 or Nqclassof81@yahoo.com.

Craft Fair At Sacred Heart School

The Catholic Women's Club of North Quincy will hold their eighth annual Craft Fair Saturday, Dec. 2 from 10 a.m. to 3 p.m. at Sacred Heart School.

Several former crafters and new ones will have tables. A bake table and refreshments will be available.

Santa Claus will be at the fair from 10 a.m. to 2 p.m. Jane Timilty will serve as chair of the event.

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Marie's Kitchen

BY MARIE D'OLIMPIO

Nancy's Spicy Pumpkin Cake

It was our granddaughter's 9th birthday and since she plays the guitar, her mother Nancy made a cake shaped like a guitar.

It had a white cream cheese frosting and chocolate printing. We all thought it was either a chocolate or white cake.

As it was being sliced, we were wrong on both counts. It turned out to be a spicy pumpkin cake and one I will make for Thanksgiving Day.

SPICY PUMPKIN CAKE

4 eggs
1 cup sugar
1 cup vegetable oil
16 oz. pumpkin (unsweetened)
2 cups flour
2 teaspoons baking powder
2 teaspoons cloves
2 teaspoons nutmeg
2 teaspoons allspice
1 teaspoon salt
1 teaspoon baking soda

Mix the egg, sugar, oil and pumpkin together. Add the dry ingredients and beat for 2 minutes. Bake in a 350-degree oven for 35 minutes or until toothpick or knife comes out clean.

CREAM CHEESE FROSTING

1 ounce package cream cheese
5 tablespoons butter
1 teaspoon vanilla
2 cups powdered sugar

Mix the cream cheese and butter until blended. Add the vanilla and the powdered sugar gradually until well-blended.

P.S. For extra stuffing place in lightly sprayed muffin tins and bake in a 350-degree oven for 25 minutes.

HAPPY THANKSGIVING!

Bay State Services Offers Free Counseling To Those With Alcoholism

The Family Project at Bay State Community Services in Quincy offers free counseling for individuals with alcoholism and their family members.

The Family Project is a research study to find out whether adding family counseling to one-on-one recovery counseling leads to more sobriety for individuals with alcohol problems. The study is being conducted by researchers and clinicians at Harvard Medical School and Bay State Community Services. Counseling is provided free of charge by licensed, masters-level therapists.

To see whether adding family counseling to one-on-one counseling increases sobriety rates, half of the participants in the program are randomly assigned to receive free family counseling and one-on-one counseling. The other half are randomly assigned to receive free one-on-one counseling, but do not receive family counseling. Treatment includes 24 counseling sessions over 12 weeks for all participants in the study.

Daurice Cox, PsyD, Director of Clinical Services at Bay State Community Services, said she is pleased that Bay State can offer this opportunity to patients and their family members. The Family Projects, she said, is an innovative treatment offered to individuals with alcoholism by seeing whether family counseling might be an important form of treatment.

In addition to receiving treatment free of charge, participants in the Family Project complete interviews before and after treatment and at three and six months later. These interviews are meant to document improvement in sobriety and in family relationships.

For more information, call the Family Project At Bay State Community Services at 617-694-2602.

Stop & Shop Launches 'Food For Friends' Drive

The Quincy-based Stop & Shop Supermarket Company has launched its 17th annual "Food for Friends" program to raise over $1 million for more than 300 local hunger relief organizations throughout the Northeast.

As part of the campaign, which runs through Thursday, Nov. 30, all Stop & Shop stores will sell paper turkeys at checkout for $1 each. The turkeys can be personalized by each customer and will be displayed throughout the store. One hundred percent of the funds raised will be donated to the local hunger relief organizations.

"Stop & Shop customers have always come to aid those in need," said Bill Holmes, EVP of Operations for Stop & Shop. "It's very rewarding and humbling for us to do our part in supporting hunger relief through this annual tradition.

"The statistics on hunger in our country are staggering. More than 20 million Americans can't afford enough food to meet their basic needs. More shocking is that 13 million of these are children. This is unacceptable, and as one of the largest grocers in the Northeast, it's our responsibility to do something to food those who need our help," he said.

Each Stop & Shop store "adopts" a local food pantry for the Food for Friends program, donating 60 percent of the funds raised at the store, including a $500 a company match, to the pantry.

Red Cross CPR, First Aid Course Dec. 2-18

The American Red Cross of Massachusetts Bay is offering the following courses Dec. 2-18 at its South Area office, 1495 Hancock St., Quincy.

Adult CPR/AED & First Aid: Dec. 2 from 9 a.m. to 4 p.m. Cost is $75. Completion of this course awards a CPR certificate valid for one year and a first aid certificate valid for three years.

Infant & Child CPR & First Aid: Dec. 5, 12 (2 sessions) from 6-9:30 p.m. Cost is $70. This course teaches rescue breathing, choking and CPR for children under eight years of age. Also bleeding, shock, poisoning and other common first aid emergencies.

Adult CPR/AED: Dec. 6 from 6-10:30 p.m. Cost is $55. This course teaches bleeding, first aid for choking and CPR for victims over eight years of age.

First Aid: Dec. 7 from 6-10 p.m. Cost is $50. This course teaches bleeding, choking, poisoning and other first aid emergencies.

CPR for the Professional Rescuer Review: Dec. 9 from 9 a.m. to 1:30 p.m. Cost is $60. Prerequisite is current certification in CPR for the Professional Rescuer.

Adult CPR/AED & First Aid: Dec. 11, 18 (2 sessions) from 6-9 p.m. Cost is $75. Completion of this course awards a CPR certificate valid for one year and a first aid certificate valid for three years.

Registrations are being accepted for Home HealthAir/Certified Nurses Assistant courses. A daytime course starts Oct. 23, and an evening course starts Oct. 30. Cost is $800.

The American Red Cross will train qualified applicants to become certified classroom instructors in CPR and First Aid. Classes will be offered at our convenient Quincy location. If you have a few hours a week, you can learn how to teach others in your community to save a life.

Preregistration is required for all courses. Call 617-770-2600 Monday through Friday, 8:30 a.m. - 4:30 p.m. for more information.

Two Graduate YouthBuild

Two residents recently graduated the YouthBuild Program.

They are John Payton and James Thomas.

The Quincy YouthBuild partnership is comprised of Training Resources of America, Inc., Quincy Office, and the Quincy Housing Authority. YouthBuild students are helping to replace roofs, siding or windows at 180 buildings in the Riverview Family Development in the Germantown neighborhood.

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700 Flu Shots Given

2,500 Attend City Public Safety Fair

An estimate of more than 2,500 people attended the second annual City of Quincy Public Safety Fair Saturday at the Park and Recreation Complex.

More than 700 flu shots were administered by the Quincy Health Department to Quincy residents.

Also featured at the Safety Fair was a live mock decontamination drill led by the Quincy Fire Department with multiple first-responder agencies participating.

Attendees received a number of helpful informational packages on how to prepare the family and home for any kind of emergency.

Participating in the public safety fair were the Quincy Fire Department, the Quincy Police Department, Quincy Health Department, Quincy Public Works Department, Quincy Emergency Management Agency, Norfolk County Sheriff's Office, Keyspan, National Grid, State Street Corporation, the American Red Cross, and the Salvation Army.

"I want to thank all of our participants for their work in putting together a great event," said Mayor William Phelan. "there was a wide range of helpful information. The children loved seeing the fire engines and emergency vehicles, and the flu shots helped hundreds of people. I hope to continue our success next year."

The event was started by Phelan last year after hearing from numerous residents concerned about emergency planning in the aftermath of Hurricane Katrina.

Seaside Gardeners 'Lighting Of Tree' Nov. 26

Seaside Gardeners of Squantum will hold their annual "Lighting Of The Tree," Sunday, Nov. 26 at the Gilbert Memorial Park, Huckins Ave. and East Squantum St., Squantum.

Festivities begin at 4 p.m. with the arrival of Santa. Refreshments will be served.

The tree lighting occurs on the same day as the Quincy Christmas Parade. If the parade is cancelled due to inclement weather, the Squantum Tree Lighting will also be cancelled and rescheduled to correspond with the Christmas Parade.

For more information, call Patricia McGilvray at 617-328-0355.

SQUANTUM SCHOOL members of the fifth grade class stand with a check for $678 that is being donated to the "Kids Helping Kids" program of UNICEF. Participating students collected donations while trick-or-treating.

Squantum School Raises $678 For UNICEF

The Squantum School fifth grade class recently collected $678 for UNICEF, an organization that supports developing countries.

Participating students used orange UNICEF boxes to collect donations for the "Kids Helping Kids" program while tick-or-treating for Halloween. Preceding the collection, fifth grade students made up skits and presented them to classrooms to raise awareness for their cause. Follow-up activities included math calculations based on how UNICEF spends funding.

"Not only did kids learn something about community service, but the teacher also tied in lessons that supported our math and writing goals, because they did a tremendous amount of work." said Donald Houghton, principal of Squantum School.

DPW Yard Open For Residential Yard Waste

DPW Commissioner Steve O'Donnell reminds Quincy residents that this week will be the last week for the free curb-side yard waste pick-up program.

Residents should not leave yard waste at the curb-side after this week, he said.

O'Donnell suggests that residents who have yard waste that needs to be disposed of, are welcome to drop it off properly at the DPW yard, 55 Sea St. open Monday through Friday from 8 a.m. to 3 p.m. and Saturday from 8 a.m. to noon.

Curb-side yard-waste pick-up is to resume in the spring of 2007.

"Mayor Phelan and the City Council have continued this valuable service in our budget for the coming year," said O'Donnell. "Residents are welcome to utilize the DPW yard if they have some last minute yard work to finish in the meantime.

Book Chat Wednesdays At Wollaston Library

A book group, *Book Chat,* meets the third Wednesday of each month, from 2 to 3 p.m. at the Wollaston Branch Library, 41 Beale St.

Those who enjoy reading and talking about books are invited to join for informal book discussions.

For more information call 617-376-1330.

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City Hall

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WILLIAM J. PHELAN

MAYOR

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Mayor and Mrs. William J. Phelan

Rachael, Brianne, Kerry and William Arthur

QUINCY COLLEGE Nursing student Sandra Joseph discusses HIV/AIDS prevention and awareness with an attendee at the recent Health Expo.

WINNING EXHIBITORS from the third annual Quincy College Health Expo which took place at the Presidents Place Gal- leria.

Quincy College Health Expo Features 30 Exhibitors

Hundreds of Quincy residents came out for the 3rd annual Quincy College Health Expo.

Over 30 exhibitors took part in the Expo, sponsored by Quincy College, the Quincy Sun and Lincoln Property Company.

The event, which featured blood pressure screenngs to healthy snacks, was created to promote physical and mental health for people of all ages.

Several of the exhibitors were awarded for their demonstrations. The winners included both community agencies and student groups from the Associate Degree in Nursing Program at Quincy College.

Top exhibitors from the community included: the Norwell Visiting Nurse Association, and the South Shore YMCA (Quincy branch). The top student groups included (by presentation topic): Aids Awareness, Helmet Safety and Head Injury Prevention, Organ Donation Awareness, Skin Cancer Awareness, Smoking Cessation, and the New Food Pyramid.

For more information on how to get involved in next year's Quincy College Health Expo, contact Joe Bradley, executive director of College & Community Development at 617-984-1778.

John Storella-Mullin On Honor's List

John Storella-Mullin of Quincy is on the Honor's List at Tabor Academy for the second semester.

He is the son of Mr. John J. Storella-Mullin.

SKIN CANCER AWARENESS, presented by Quincy College Nursing students, was one of the top exhibitions at this year's Expo. From left are Andrea Lee, Patty Candura, Pauline Lane, Michelle Randall.

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Monday, Nov. 27

Pizza, tossed salad, fresh fruit or fruit juice.

Tuesday, Nov. 28

Grilled hot dog on a bun, baked beans, coleslaw. *Early release middle schools.*

Wednesday, Nov. 29

Baked potato with broccoli and cheese, chicken tenders, dinner roll.

Thursday, Nov. 30

School baked lasagna with tomato/meat sauce, vegetable, fruit juice, bread stick.

Friday, Dec. 1

Kentucky style chicken, mashed potatoes/gravy, corn niblets, dinner roll.

ELEMENTARY LUNCH MENU

Monday, Nov. 27

Whole grain beef and cheese burrito, fresh fruit, fruit juice.

Tuesday, Nov. 28

Early release day - no lunch served.

Wednesday, Nov. 29

BBQ beef nuggets, potato puffs, fresh fruit or juice, dinner roll.

Thursday, Nov. 30

Grilled hot dog on a b un, vegetarian beans, fresh fruit or juice.

Friday, Dec. 1

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Back From Iraq

Rev. Harding Says 'Give Troops The Credit'

THE CROWD of nearly 300 parishioners, family members, friends, city and state officials attended the "Welcome Home Reception" for Rev. William Harding at the Bethany Congregational Church Social Hall.

"The most important thing though is to remember our soldiers," said Rev. William Harding, pastor of Bethany Congregational Church.

Although he was being honored, Rev. Harding, credited the troops at his "Welcome Home Reception," Sunday morning at the church.

The reception celebrated his recent return from a 14 month stay in Iraq as an Army Chaplain. The Bethany Congregational Church Social Hall was packed with nearly 300 parishioners, family members, friends, city and state officials who attended the event to welcome Rev. Harding home.

REV. WILLIAM HARDING, pastor of Bethany Congregational Church, spoke of his 14 month stay in Iraq, where he served as an Army Chaplain. Rev. Harding received a City Council citation, a Certificate of Recognition from Mayor William Phelan, and a certificate of Congressional Recognition from Congressman William Delahunt.

Quincy Sun photos/Robert Noble

While in Iraq, Rev. Harding visited orphans and families. He conducted Sunday services at Scania Chapel in Iraq, writing 70 sermons and leading 60 Bible studies, according to a narrative from his superior. The narrative also credited him for briefing more than 1,200 soldiers during his stay.

Rev. Harding also served in Kosovo in 2001. He served as Pastor of Bethany Church for over 10 years, and as the ministry in several Congregational churches, including Braintree.

Rev. Harding, said "All of these individuals are giving so much in Iraq and Afghanistan. They are in harm's way. You would be proud of each and every one of them in what they do and how they do it, with the heat, rain and mud, the way that they reach out to children.

"The people in Iraq are just like you and me," he said. "They love their families as we love our families. The most difficult thing is to see the separation and the problems they face. We see the individual soldiers there reaching out helping them get their freedom back, and they *do* want freedom. Talking through interpreters, I learned that they want their freedoms.

"We may only tell you the bad things, but I'm here to tell you some of the good things! I want to tell you about the children and the adults that love their families just like we do. They love God, their God, and their Muslim faith. They are committed to one another.

"I got to know a lot of soldiers and their families back home. There were difficult days when soldiers were killed. These soldiers did wonderful things. Sharing their love and devotion to their families and friends, but also to the people in Iraq.

"One of the joys that I had was the church service. We had church every day of the week. The chapel was open seven days a week, 24 hours a day. We had free room in the chapel, everything there was free. Many of the items were donated from Quincy and from it's churches... from Bethany!

"Their biggest concern was for their families back home. My biggest concern was dealing with their worry about you here at home. I just want to thank you all, my wife Carol, for your support... I've only been home a few days, but I haven't really grasped all that I've been going through, but I do know that you were supporting me and all other soldiers. This city of Quincy is just fantastic," said Rev. Harding.

Mayor William Phelan presented Rev. Harding with a Certificate of Recognition, and said "your dedication and service is matched only in our appreciation and gratitude for your willingness to place yourself in harm's way in the service of others. Your call to duty and to the Lord and to our country is admired by your community."

Ward 1 Councillor Leo Kelly read a citation on behalf of the City Council recognizing Rev. Harding for "a life-time of devotion, kindness and compassion."

"It is a privilege to honor you today and welcome you back and thank you not only for your sacrifices in Iraq, but what you have done for us here in the city of Quincy," said Kelly.

"We thank God for (Rev. Harding) returning back to us and his family," said Ward 2 Councillor Daniel Raymondi. "His leaving us was a little different. He didn't go on vacation, take a sabbatical or leave, no trips for professional development. He put himself in harm's way. It's a day to remember and reflect."

"Thank you for your service, not only to the city but

(Cont'd On Page 12)

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Rev. Harding Says 'Give Troops The Credit'

(Cont'd From Page 11)

to our nation," said Ward 3 Councillor Kevin Coughlin. "I believe Rev. Harding has continued a long tradition of several hundreds of years of stepping to the forefront, and helping to preserve and protect the freedoms that we are able to enjoy here in Quincy and Across the nation. I can think of no greater privilege as an elected official than welcoming you back and thanking God for your good health."

"Truly, here is a person that has performed both jobs extremely wall, (serving God and country). I am happy to welcome him back, I look forward to working with (him) in the community, said state Senator Michael Morrissey.

Rev. Harding received a certificate of Congressional Recognition from Congressman William Delahunt, thanking Rev. Harding for his "courage and dedication as a member of the United States Army." Senator Edward Kennedy also sent a letter of thanks and welcome.

Winn Bettinson, master of ceremonies, read a poem thanking the Lord for keeping Rev. Harding safe.

"We are very proud of you... You went over (to Iraq) knowing what a dangerous situation it was. You showed great courage doing that," said Rev. Gary Smothers, associate pastor of Bethany Congregational Church. "You showed great commitment to the troops you ministered to."

Bishop Lincoln Wright, Mount Calvery Worship and Praise Ministry, also thanked the Lord for his safe return, and welcomed Rev. Harding on behalf of New Mount Calvery.

"We have never for a moment at New Mount Calvery, ceased longing for the sight of your presence among us once again," said Bishop Wright. "Today I rejoice not only because you came back to us safely, but I rejoice in the fact that I know you. A person of good character, integrity, and one who has served well on the battlefields of Iraq representing the God in whom we trust."

Also speaking was Gean McCarty, past president of Quincy Kiwanis Club.

Music was provided by the Bethany Church Choir, the New Mount Calvery Worship, and Praise Ministry.

Rev. Harding has also worked with the South Shore Congregational Youth Conference to organize a Christian summer camp that has hosted thousands of junior and senior high school students from the Greater Quincy area. He also conducts nursing home services and works in many programs helping seniors and those in need in the community.

Rev. Harding is helping to send children with critical wounds to American hospitals for care. To donate to the project, visit www.iraqichildrensproject.com

Delahunt To Host Adoption Forum Nov. 28

Congressman Bill Delahunt will host a forum Tuesday, Nov. 28, that will focus on the nation's adoption policies and practices.

The forum will take place from 5:30 to 9 p.m. at the John F. Kennedy Library and Museum, Colombia Point, Boston. Refreshments will be served from 5:30 to 6:30 p.m. Admission is free, but attendees are asked to RSVP to the Adoption Institute by calling 617-332-8944.

Topics will include: examining the historic shifts in all types of adoptions, impact of international and public adoptions on the American Family emerging policies and practices, controversies and issues, and examination of radical changes in domestic infant adoption and their implications.

WILLIAM DELAHUNT

As a member of the House International Relations Committee, Delahunt has long supported changes to existing federal law that would make it easier for families to adopt children from overseas. The Congressman is an adoptive parent himself; his youngest daughter came to the U.S. from Vietnam as part of Operation Baby Lift.

Delahunt authorized the Child Citizenship Act that was signed into law by President Bill Clinton. Under the law, foreign-born adoptees are automatically granted U.S. citizenship upon completion of the adoption. One the day the statute went into effect, more than 250,000 children became U.S. citizens.

Flooding Relief Seen For Carlisle Street

By MIKAELA SLANEY

The City Council recently accepted an appropriation of $583,735.60 for the Carlisle Street Sewer Improvement Project.

The project will reportedly eliminate chronic sewage backup in approximately 20 Carlisle Street basements, with the construction of a sewer pump station.

Public Works Commissioner Stephen O'Donnell requested the appropriation in a recent letter to Mayor William Phelan.

O'Donnell said in the letter that the pump station will be one of the first in the city to be equipped with an emergency generator and backup power. The letter also promised a new sewer main, house services and connections, and paving for sidewalks.

According to the letter, RJV Construction Corporation is set to handle the project.

Money for the project will be transferred from the Sewer Rehabilitation Fund.

"We start in the spring," O'Donnell told the City Council. "Hopefully by a year from now, we'll be out of there."

Sterling Middle School Upcoming Events

Sterling Middle School announces upcoming events for November and December.

The annual holiday food drive is ongoing until Nov. 21. The food drive is sponsored by the Student Council, and food donations will be delivered to the South West Community Action Center, 388 Granite St.

Donations of appropriate paperback books to be sent to the troops may be dropped off at the school office during "Operation Paperback." They will be mailed to soldiers overseas for the holidays.

A Pride Day rally celebrating school spirit and in conjunction with Quincy High School, will be Tuesday, Nov. 21 at 9 a.m. A raffle will be held where prizes are awarded to students who earned raffle tickets by donating food items and by "being caught doing something nice" during the schools Random Acts of Kindness Week.

The school will hold its traditional faculty student flag football game Wednesday, Nov. 22 at 9 a.m.

A Winter Concert by Sterling's chorus and band will be held Wednesday, Dec. 6 at 7 p.m.

For more information call Mike Draicchio at 617-984-9729.

Kevin Ryan Featured In Wal-Mart Cookbook

Just in time for the Thanksgiving feast, resident Kevin C. Ryan's recipe for oatmeal cookies made the 2007 Wal-Mart Family Cookbook, now available at Wal-Mart stores.

Ryan's full-page recipe is featured on page 87. Each recipe is accompanied by a full-color photograph of the prepared dish, and a brief story about why it is special to the winning associate.

A panel of professional home economists selected recipes from thousands of Wal-Mart associates across the country to create a collection of "family-tested favorites." Each recipe was reportedly tested and tasted by a professional panel of judges.

This year's collection includes recipes for appetizers, soups, main dishes, kids favorites, and deserts.

The Wal-Mart Family Cookbook sells for $4.96 at Wal-Mart stores.

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Private Funeral Services For Sean L. Barry Former Quincy College President

SEAN BARRY

Funeral services for Sean L. Barry, 42, former president of Quincy College, who died suddenly in his home Nov. 16 will be private.

An autopsy performed last Friday found no indications of trauma or other signs of foul play, David Traub of Norfolk County William Keating's office said.

The cause and manner of death were listed as undetermined pending the outcome of toxicology and possibly other medical tests, Traub said.

Born in Boston, Mr. Barry was raised in Quincy where he was a lifelong resident. He graduated from St. Ann's School in Wollaston and then Don Bosco Technical High School in Boston.

He continued his education at Ohio Wesleyan University, graduating in 1989. He then began graduate studies at American University and was awarded a Master of Arts in Journalism in 1991.

Following receipt of his master's degree, Mr. Barry embarked on a career in education by accepting a position at Quincy College. He taught and served as the college's director of Institutional Advancement before being appointed president of the school in 2000.

Mr. Barry was the youngest college president in New England, modernized college operations with innovations in student services, a return to community relations and campaign to enhance the image of Quincy College. His leadership resulted in record enrollments and new financial stability for which he was recognized by his peers as an expert in community college student recruitment and retention.

Mr. Barry continued to teach classes throughout his tenure as president to maintain connections with countless students. Whether it was speaking at commencement, helping students select courses or serving hot dogs on opening day of his beloved Red Sox, Mr. Barry thrived on his personal contributions and the lasting traditions he introduced at Quincy College.

Mr. Barry also proved his commitment to education in the political arena when he ran for School Committee. He was elected in 1993 and was re-elected to serve on that body before retiring from public life to focus on the success of the college.

Mr. Barry was the son of Jeanne F. (Luizzi) Barry and the late Paul J. Barry. In addition to his mother, he is survived by two brothers, Paul J. Barry, Jr. of Alexandria, VA., and Christopher A. Barry, Sr., of Hingham and a sister Doreen F. Wallace of Oak Hill, VA.

Donations in his memory may be made to the Quincy Crisis Center, 282 Billings Rd. Quincy, MA. 02171.

Funeral arrangements are by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Elizabeth Leuchte Graduates Veterinary College

Elizabeth Leuchte of Quincy graduated in July with a Bachelor of Science (honors) in Veterinary Pathology from the Royal Veterinary College at the University of London England.

The daughter of Joseph and Carolyn Leuchte, she is completing her Veterinary degree at the University of Edinburgh, Scotland.

Lok-Tin Yao On Dean's List

Lok-Tin V. Yao of Quincy was named to the dean's list with honors for the spring semester at Mount Ida College in Newton.

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REAL ESTATE

THE WINNERS of the Jack Conway Halloween Poster Coloring Contest with (far left) Diane Furness, Jack Conway Co. Quincy office manager and Renee Czajkowski (far right), agent in the Jack Conway Quincy office. Second from left are: Haley Pierce, age 8, Sacred Heart School; Caitlyn Conneen, 12, Point Webster School; Kiley Hewer, 9, Beechwood Knoll School; Giavanna Calabro, 5, Amelio Della Chiesa School; Ava Falco, 7, Bernazzani School; Wilson Chen, 10, Montclair School; Damyan Markov, 6, Bernazzani School; and Angad Jasuja, 4, YMCA.

8 Quincy Students Win Conway Halloween Coloring Contest

Eight Quincy elementary school students have $25 to spend at Barnes and Noble Bookstores after winning a Halloween poster-coloring contest sponsored by Jack Conway & Co. Realtors.

Some 133 entries were received from students in all of the Quincy elementary schools throughout the month of October, and Conway agents on Halloween completed judging.

"It was a very difficult contest to judge," said Renee Czajkowski. "All of the entries were excellent, there are some very talented youngsters in our schools."

The posters consisted of various Halloween scenes.

The contest was open to all Quincy schoolchildren ages four through 12. " Initially we were only going to give away three gift cards, but due to the large number of entries, we decided to award children in each age category," said office manager Diane Furness.

The Quincy Schools supported the contest saying it was a great way to promote reading and literacy. The winning posters are on display at the Conway office, 253 Beale Street in Wollaston.

The Jack Conway Quincy office is very active in the community. Earlier this year agents participated in the Quincy Medical Center Walk for Cancer, The August Moon Festival, and the South Quincy Italian Festival. The office is also a regular participant in the annual Quincy Christmas Festival Parade, and has won awards for their parade float many times in the past.

The Jack Conway Co. is celebrating its 50th Anniversary as the largest independently owned real estate company in Massachusetts. There are 45 offices from Boston to the South Shore, South Coast, and Cape Cod. The firm also runs Conway Financial Services, a mortgage company.

Decorating Mistakes To Avoid

(NAPS)- Decorator and HGTV designer Karl Lohnes has a list of the most often-made decorating blunders. Do these seem familiar?

1) Leaving windows for last. Window fashions create pleasing illusions of depth or height, and studies show the quality of natural light in a space affects moods and health. One popular option, Silhouette window shadings, which feature soft fabric vanes between sheer panels, diffuse and soften light and let you direct it up and down.

2) Purchasing new furniture before measuring the room. Spend time in the room, instead of using a presale floor plan or picture. Have the window treatments in place early to protect furnishings from UV rays. One option for large slider windows is a new Cadence MotifSoft Vertical Blinds with the first and only curved, soft-fabric louver.

3) Buying area rugs too small. Area rugs should reveal only 12 to 16 inches of floor. Furniture should ground the rug.

4) Choosing wall colors that are too pale. The larger the room, the more depth a color needs. To enhance the effect, use a matching or complementary window fashion. Silhouette window shadings in fabric from the Matisse Collection, the first fabric with colored vanes, enrich the color impact.

5) Hanging artwork to high. The bottom of the art should be eight to 10 inches above the furniture tops.

6) Highlighting wimpy trims and moldings. Paint trims three inches or smaller the same color as the wall to avoid a "racing stripe effect." You can even cover trim with vertical window fashion, such as Luminette Privacy Sheers, mounted outside the window frame from ceiling to floor.

7) Buying too many small accessories. Hold off on trendy accessories for a year or two and you could save enough for a substantial piece of furniture.

8) Scattering your collectibles. If displaying collectibles in a sunny spot, choose a window fashion that will protect them from panels, Silhouette shadings are among the few that offer generous protection against UV rays while allowing for light and a view.

9) Having more than one focal point. If it's the window, it will visually influence the rest of the room. Duette honeycomb shades with the top-down/bottom-up feature create appealing visual patterns. They soften light while lowering energy bills.

10) Getting it all done in a day. When you buy all the decor in a day, it looks it. It's more fun to "build" the look.

For more information, visit www.hunterdouglas.com or call (800) 274-2985.

Home Ideas

(NAPS) - Since 2003, Behr Paints has helped families create imagination-filled children's rooms with Disney Color by Behr. This unique color system was inspired by Disney*Pixar characters, and contains a collection of Inspiration Cards with room decorating ideas and easy-to-follow instructions.

To learn more, visit www.homedepot.com or www.disneyhome.com.

* * *

To ensure that you aren't left out in the cold, make home improvements to add warmth while conserving energy and money. For more information about creating a cozy home using propane products, visit www.usepropane.com.

Did You Know?

(NAPS) - Don't let energy go out the window. While windows can add to a home's style and comfort, they can also be the source of a lot of wasted energy.

The experts at the Department of Energy suggest homeowners close their curtains and shades at night and open them during the day.

More energy-saving tips can be found at www.energysavers.gov or by calling (877) 337-3463.

* * *

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Thankful for blessings and for the freedoms we enjoy every day.
On behalf of the entire Daniel J. Flynn & Co. team,

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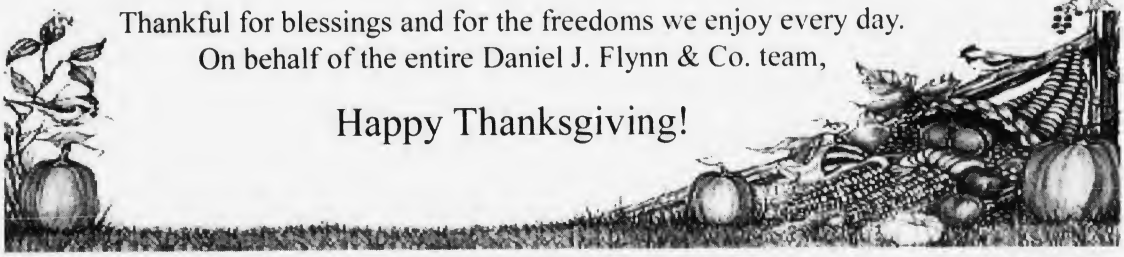

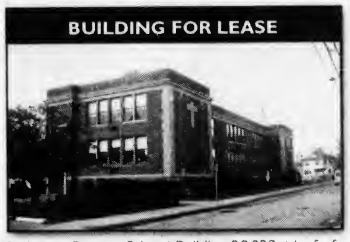

Quincy - Former School Building 28,222 +/- sf of gross building area located on a 22,934 sf site. High visible, high traffic location on major Quincy thoroughfare. $12/sf

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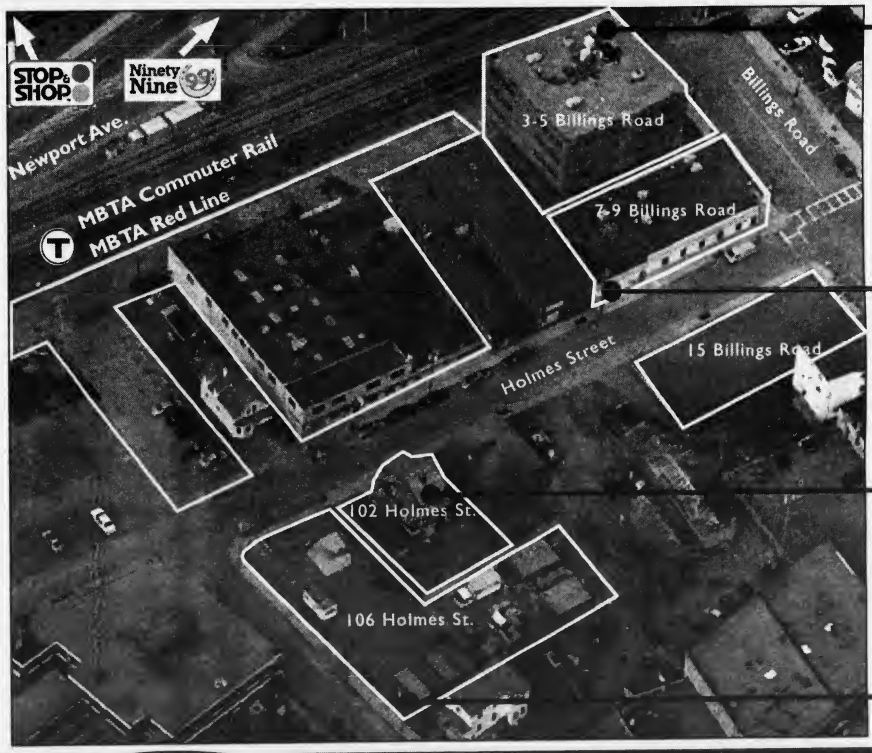
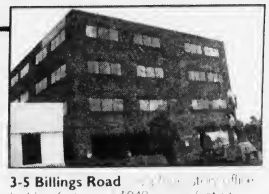
Quincy - Two Family + in-law apt. 3 bedroom, 3.5 bath. Heated office basement with half bath. Near highway access, walk to T. Best priced 2 family $445,900.

Rockland - 12,000 sf office/retail. Prime downtown location. Outstanding opportunity. Offered at $975,000.

Quincy - On major commuter route for south shore - 3,595 sf. building on 8,379 sf. lot. High traffic/High visibility. Ideal bank/coffee/retail. Huge existing sign, ample parking. Offered at $749,000.

Rockland - New construction. Handicap accessible. 10,290 sf of building area plus 2500 sf storage. 5 apartments (three 1BR, two 2BR) on top floor. 2 floors of office space. Offered at 1,399,000.





3-5 Billings Road - Two story office building featuring 7,048 square feet of interior tenant space on three floors and 23 covered parking spaces on the ground level of the building. Zoning is Business B. $2,600,000. ($152.00 psf)

7-15 Billings Road - is a single story office building featuring 8000 +/- sf of finished space plus additional storage space. Plus 17 Car Parking. Zoning is Business B $1,100,000 ($167.00 psf).

102 Holmes Street - Single family home featuring 1,242 sf of interior space on a 3,864 sf parcel. Zoning is Industrial B

106 Holmes Street - Parking and outside storage - 10,677 sf (0.25 acres). Can accommodate 20-30 cars or several storage containers. Zoning is Industrial B. 102 and 106 Holmes Street - $750,000.

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REAL ESTATE

Concessions Greet Homebuyers

(NAPS) When visiting open houses these days, homebuyers may be greeted by something they haven't seen in a very long time: a variety of concessions from the sellers.

Residential real estate has shifted in many areas across the nation from sellers' markets to buyers' markets, so people with "For Sale" signs in front of their homes have had to change their tactics to attract buyers. Rather than simply waiting behind the sign for buyers to knock on the door, many sellers are now offering buyers something besides just the opportunity to purchase their home.

With increased inventory, new-home developers and builders are especially determined to attract buyers any way they can. Many are offering upgrades on finishes, flooring and appliances. One Florida builder even sweetened the deal with an inground swimming pool.

Concessions to buyers, however, aren't limited to bonuses on the home itself. Some sellers are offering unrelated extras, such as travel and merchandise. Concessions are also being worked into the settlement, with prepaid utilities, closing costs, even mortgage payments being laid out on the bargaining table. Some concessions are the deal itself, with builders and developers offering to sell the buyer's existing home or even trade for it.

Finally, sellers are more willing to talk about a good old-fashioned price reduction.

Regardless of the concession itself, the greater lesson for buyers is that they can now ask sellers for things they would have turned a deaf ear to before the market shifted. First-time buyers are at a special advantage, unencumbered by the contingency of selling an existing property to take advantage of today's concession-driven market.

To get the most out of their home purchase, whether negotiating concessions in a buyers' market or negotiating the road hazards through a tough sellers' market, homebuyers can always benefit from working with a real estate professional who will keep their best interests the top priority.

Realtors who have earned the Accredited Buyer's Representative (ABR) designation have taken special training from the Real Estate Buyer's Agent Council (REBAC) to help them guide buyers through a successful home purchase, in any market.

The ABC's Of Finding The Right Mortgage

(NAPS) Home ownership is at an all-time high, yet in a recent survey of U.S. consumers commissioned by the HSBC Center for Consumer Advocacy, 73 percent said they have limited or no knowledge about the mortgage process.

In addition, the majority spend two weeks or less researching options mortgages, the most significant purchase many people make. Here are some things to consider before seeking a mortgage:

Assess credit. Lenders take borrowing records and existing debt into account when offering a mortgage. Ensure credit history is accurate. Obtain credit information. People are entitled to one free credit report per year from each of the three national reporting agencies: Equifax, TransUnion and Experian. Go to www.annualcreditreport.com to request a free report. Review reports and have any errors corrected.

Bolster credit scores. Take the additional step of paying the nominal fee to get credit scores when requesting a credit report. A strong credit score, usually associated with a rating of 700 or above, will help attain more favorable loan terms. Paying attention to credit ratings well in advance of the mortgage process gives time to boost and preserve ratings. Pay bills on time and pay down balances to improve and maintain credit ratings. Aim to keep balances to at least 50 percent or less of available credit.

Consider financial situations. Take a close look at finances and decide if there is enough saved for a down payment, which is typically 10 to 20 percent of the total cost of the home. If there is enough, determine if the rest can be borrowed with a mortgage.

Examine income and debt, two factors lenders will evaluate, along with credit reports and score. As a general rule, no more than 28 percent of income should go toward the total house payment (principal, interest, taxes and insurance). Also, remember to take into account the expenses of running the new home.

For those who haven't saved 10 percent for a downpayment may still have options. Those who can come up with just three percent or even list may be able to find a mortgage. Low and moderate-income consumers may qualify through the Community Reinvestment Act, which requires some banks to offer mortgages to people with incomes below what is normally required. First-time buyers may also be eligible for some breaks.

To research options check the U.S. Department of Housing and Urban Development website: www.hud.gov.

Discover the best type of mortgage. After Explore various mortgage options to see what's best. Talk to someone who is trusted with financial matters to aid in the process. Mortgage choices may include fixed-rate, adjustable-rate or hybrid mortgages with different terms. There are many factors to decide which mortgage is best.

Research lender options. Dedicate some time here. Finding the right mortgage should be as important as finding the right home. Compile a list of potential mortgage lender or brokers and contact a number of them online or in person to compare the style of mortgage, interest rates, terms and all related costs. Some choose to apply with more than one lender. If that's the case, concentrate on applications within a fairly short time frame, say two weeks, so the multiple requests for credit reports don't hurt the credit score.

Find resources. Discover more about the home ownership process and find other financial educational resources at www.YourMoneyCounts.com.

THIS IS A HAMMER

By Samantha Mazzotta

Does Your Home Smell Stale?

Q. As I prepare our small apartment for winter, I find myself dreading the upcoming months. Every year, our living areas, except for the kitchen, take on an increasingly stale odor that I cannot seem to eradicate until springtime, when I can open all the windows again. Any suggestions? — *Katie Y., Minneapolis*

A. Small spaces can be difficult to ventilate adequately in the wintertime, so you have to be both disciplined and creative in finding ways to keep the apartment's air fresh even on the coldest days. Clutter and dust are two big culprits in the fresh-air wars, but be sure to check for some other causes of a stale environment.

Rodents — including mice, squirrels and other mammals — tend to burrow into whatever spaces are available to them and build nests, sometimes behind exterior walls, in crawlspaces beneath the home, between floors or inside the attic. While they don't "mess" in their living areas, they aren't nearly as clean as humans, and as winter passes, the funk from these nests can increase and send a scent I fondly call "eau d'hamster cage" wafting through the house. Look for signs of rodent infestation around the building exterior (and interior) and contact the landlord to implement pest-control measures before the snowdrifts build up.

Proper ventilation in the kitchen and bathroom are also important. Bathrooms must have a vent fan installed to carry away steam vapor and reduce humidity; if a fan is not in place or is not operational, contact the landlord. Kitchens should have a hood and vent fan installed above the stove to carry away smoke and some cooking odors. Clean the vent fans in both rooms at least twice a year to make sure they operate efficiently.

Change the filters in forced-air heaters every single month during winter. If you have floor registers, open them and vacuum clean with the extension tool each month.

As I noted above, clutter and dust can really make an environment stale. Dust can also trigger allergic reactions, which makes life that much more miserable. Declutter your apartment, getting rid of items you haven't used or worn in more than two years. Place unused "keeper" items, records or furniture in storage. Don't let laundry or mail pile up.

Run a feather duster over shelves and furniture every three days, starting at the highest point. Fluff all pillows and chair cushions. Vacuum immediately after. To keep a room bright and fresh, open curtains during the day and turn on more lights at night.

Send questions or home-repair tips to homeguru2000@hotmail.com, or write This Is a Hammer, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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QCAP Sponsoring Workshop For Landlords Nov. 28

Quincy Community Action Programs, Inc. will sponsor a free workshop entitled "What Every Landlord Needs to Know" Tuesday, Nov. 28 from 5:30 to 8:30 p.m. in QCAP's fourth floor conference room, 1509 Hancock St., Quincy Center.

At the workshop, QCAP's property maintenance and home ownership professionals will discuss choosing tenants, leasing obligations, nondiscrimination laws and low interest real estate improvement loans.

An attorney will discuss evictions.

Participants will receive a workbook with useful forms and descriptions of special programs for landlords.

There is no fee for the workshop but registration is required.

For more information and to register, contact Rona Goodman at 617-479-8181 ext. 115 or e-mail rgoodman@qcap.org.

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CITY OF QUINCY, MASSACHUSETTS
Department of Public Works

William J. Phelan,
Mayor

City of Quincy
DPW

NEIGHBORHOODS FIRST!
FINAL WEEK OF FALL CURBSIDE YARDWASTE NOV. 27 - DEC. 1

After December 1, residents may drop off yardwaste at the DPW Yard 55 SEA St. through mid-December. BFI will not pick up yardwaste curbside after December 1. Don't forget holiday weeks are on a one-day delayed schedule.

Cut branches into 3-ft. lengths, bundle and tie. Leaves, grass and tiny twigs can go in brown paper yardwaste bags, open boxes or open barrels (no lids). Larger brush and tree limbs may be dropped off at the City's Public Works Recycling Center at 55 Sea Street, Monday- Friday 7am-3pm and Saturdays 9am-noon.

DROP OFF AT DPW OPEN Monday-Friday (7AM-3PM) & Saturday (9AM-Noon)

Please remember that no yardwaste in plastic bags will be collected.

TRASH PICKUP INFORMATION

TRASH PICKUP- For curbside collection of appliances, air conditioners, TVs and computer monitors please call BFI at 617-471-7900 or fax them at 617-471-8313.
MISSED PICKUPS- Call BFI at 617-471-7900.
Service Problems should be directed to the DPW at 617-376-1953

IMPORTANT NUMBERS

DPW Website:	www.ci.quincy.ma.us
General Information:	617-376-1123 (Constituent Services)
Sewer/water/Drain:	617-376-1910 (24 Hours) Hotline
Water Bills:	617-376-1918
Potholes:	617-376-1914 (24 Hours) Hotline
Street Lights:	617-376-1490 (24 Hours) Hotline
Engineering	617-376-1950
Public Works	617-376-1957
Traffic & Parking:	617-376-1406
DPW Yard Attendant	617-376-1928 (Drop-off of yard waste/recycling)

WINTER PARKING EVEN SIDE OF STREET
* * NOVEMBER 2006 - APRIL 2007 * *

Parking Banned On Key Streets For Parade

Parking will be banned and towing strictly enforced on several key streets during the Christmas Parade Sunday.

Parking will be prohibited from 11 a.m. to 3:30 p.m. on both sides of the streets which will be regulated as a "NO PARKING-TOW ZONE."

They are:

• Hancock Street from School Street to Kendall Street.

• Quincy Avenue from School Street to Faxon Park Road.

• Scammell Street from Quincy Avenue to Dysart Street.

• Elm Street from Hancock Street to Washington Street.

• Mechanic Street from Elm Street to Revere Road.

• Revere Road from Mechanic Street to Washington Street.

• Dennis Ryan Parkway from Revere Road to Foster Street.

• Chestnut Street from Hancock Street to Dennis Ryan Parkway.

• Holmes Street, from West Squantum Street to Hayward Street.

Other restrictions:

Quincy Avenue, from Scammell Street to the intersection of School, Elm and Hancock Streets will be closed to vehicular traffic from 8 a.m. to 3 p.m.

Citizens Bank, Abington Savings Bank, Firestone, Granite City Electric and John Hancock parking lots will be restricted for parade assembly only, starting at 8 a.m.

LEGAL NOTICE

QUINCY POLICE DEPARTMENT
OFFICE OF THE CHIEF

November 1, 2006

In accordance with the Municipal Code, Title 1, Chapter 10.04, Section 10.04.050, parking will be prohibited on the following streets from 11:00 AM to 3:30 PM on Sunday, November 26, 2006 (rain date Sunday, December 3rd). During the time of this restriction, these streets will be regulated as "NO PARKING–TOW ZONE."

STREET	SIDE	FROM	TO
Hancock Street	Both	School Street	Kendall Street
Quincy Avenue	Both	School Street	Faxon Park Road
Scammell Street	Both	Quincy Avenue	Dysart Street
Elm Street	Both	Hancock Street	Washington Street
Mechanic Street	Both	Elm Street	Revere Road
Revere Road	Both	Mechanic Street	Washington Street
Dennis Ryan Parkway	Both	Revere Road	Foster Street
Chestnut Street	Both	Hancock Street	Dennis Ryan Pkwy.
Holmes Street	Both	West Squantum Street	Hayward Street

Robert F. Crowley
Chief of Police

11/22/06

Spirit Of America Fife And Drum Corps Making First Appearance

The Spirit of America Fife and Drum Corps, making its first appearance in the Christmas Parade Sunday, provides a "living history lesson" by playing on wooden keyless fifes and rope tension drums, with uniforms which are historically authentic replications of those worn by the U.S. Infantry in the War of 1812.

Members spent four years researching them at more than 25 institutions, including the Smithsonian, the U.S. Army Military History Institute, and the National Archives.

Based in Orleans, the site of a notable skirmish with the British during the War of 1812, the Spirit of America Fife and Drum Corps builds on its local history, honoring the courage and vigilance of Americans who fought in that war.

The Spirit of America Fife and Drum Corps has marched in parades and musters throughout New England since 1980, playing marches, reels and jigs from the Revolutionary War through the War of 1812. Today, the Corps is comprised of youth members of Spirit of America Band, the 2006 World Champions of the World Association of Marching Show Bands.

Santa's Mailbox At City Hall Plaza

Santa's Mailbox will be at Constitution Common in City Hall Plaza for the holiday season.

Children writing letters to Santa may drop them in the mailbox for forwarding to Santa's North Pole.

Free World-Wide Calls For Seniors. Dec. 2

Merrill Lynch will offer seniors one hour of free telephone calls anywhere in the world, Saturday, Dec. 2, from their Rockland office.

To participate may call the Council on Aging at 617-376-1506.

Christmas Festival Hotline

The Quincy Christmas Festival Committee hotline number for information on all Quincy events for the festival season is 617-376-1392.

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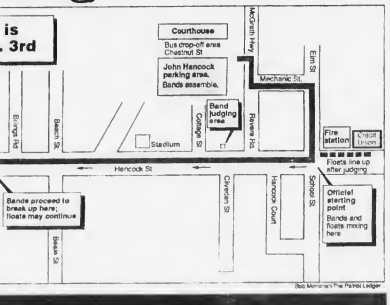
Christmas Parade
54th Year Super!

SUNDAY
NOVEMBER 26th
Begins Promptly at
12:30 PM

PARADE ROUTE
The parade begins at the intersection of Elm and School Streets and Quincy Avenue, Quincy, and proceeds north along Hancock Street, approximately three miles, to East and West Squantum Streets, North Quincy.



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★ 19 Color Guard Units
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★ Hallamore Clydesdales
★ Shriner Clown Unit
★ Shriner Fire Brigade
★ Specialty Units
★ Santa Claus

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_____
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Christmas Parade Sunday

(Cont'd From Page 3)

Trolley, Koch Club, D & B Tree Service and Quincy High School.

Specialty Units: Quincy/North Quincy Queens, Hallamore Clydesdales, Toys For Tots, Red Cross Vehicle, Council on Aging van, sponsor pennant marching group, major sponsor sign, Old Colony Model T Club antique autos, Independent Antique Autos, Corvette vehicles, poster contest winners, Silver Dolphin Drill Team, 15 costume characters, Quincy Fire Department, Fallon Ambulance, Rick Cobban on stilts, Worcester Power Company music vehicle, Shriner Fire Brigade and Shriner Clowns.

Color Guards: 2nd Marine Division Veterans, Weymouth Police Department, Morrisette Legion Post, Morrisette Auxiliary, Edward Clark Legion, State Police, Morrisette Post Sons of American Legion, Houghs Neck Legion Post, William Caddy Marine Corps League, Morrisette Post Legion Auxiliary, MIT Police Department, Norfolk County Sheriff's Office, State Commander American Legion, Steve Jimmo, Quincy Fire Department, Quincy Police Department, MBTA Police, Morrisette Post Detachment SAL, Dedham Legion Post, Ladies State VFW, Plymouth Legion Post and George F. Bryan VFW Post.

SANTA CLAUS WILL make his annual appearance in Sunday's Quincy Christmas Parade.
Quincy Sun photo/Robert Noble

Discount 'First Night' Buttons Available At Christmas Parade

First Night Quincy buttons will be available for advance purchase at discount Saturday at Santa's arrival at Pageant Field and at the Christmas Parade Sunday.

The First Night Quincy button is al all-access pass to the family-oriented celebration that will offer an array of entertainment in 16 venues throughout Quincy Center.

The discount rate is $5 per button or $20 for a family pack of five buttons. An entertainment schedule, including venues and performers, will accompany each button.

Buttons will be available behind the backstop at Pageant Field Saturday and outside City Hall at the button booth at Sunday's parade.

The discount rate will remain in effect through Dec. 30. Buttons may be purchased at the Richard J. Koch Park & Recreation Complex, one Merrymount Parkway, the City Clerk's Office, the Thomas Crane main Public Library, and participating Dunkin' Donuts locations. On the night of the event prices will be increased.

The "First Night" event will be Dec. 31 from 4 to 9 p.m. Events include "KidsFest," an outdoor fire juggling performance, ice sculptures, a "Festival of Lights" parade, enchanting storytellers, live musical performers, dazzling fireworks displays, and much more.

For more information on First Night Quincy, visit the city's website: www.ci.quincy.ma.us or contact the Quincy Park Department at 617-376-1251.

Marines To Collect Toys For Tots

U.S. Marine Reservists will again collect Toys for Tots during Quincy's Christmas Parade Sunday.

The custom of collecting and distributing toys for needy children began on a nation-wide basis 58 years ago and local Marine reservists will be marching in Quincy's parade to receive donations.

Since the call-up of Marine reservists during the Iraq War, the need to donate to the Toys for Tots program this year is the greatest it has ever been.

Last year the Toys for Tots program provided more than 13.2 million toys to an estimated 6.1 million needy children. In Massachusetts, more than 40,000 toys were distributed, about 111,000 of them to children in the Greater Boston-Quincy area alone.

In the Quincy area, the Toys for Tots program is directed by the 1st Battalion, 25th Marines with the cooperation of civilians and former Marines.

To donate, the public is invited to bring new, unwrapped, non-violent toys to the parade where they will be picked up by the Marines and placed in trucks passing along the three-mile Hancock Street marching route.

The Quincy Festival Committee members, organizers of the 54th Quincy Christmas Parade, are hopeful that this year's spectators will show the same "Semper Fidelis" spirit they have shown in the past years by rallying to the cause of the Marines Toys for Tots program.

Nativity Pageant At First Parish Dec. 10

The annual Nativity Pageant will be held Sunday, Dec. 10 at 6:30 p.m. at historic United First Parish Church in Quincy Center.

Rev. Sheldon Bennett, minister of First Parish Church and Rev. Jack O'Brien, pastor of Sacred Heart Church, North Quincy, will preside over the pageant.

Christmas Lighting Opens Season Friday

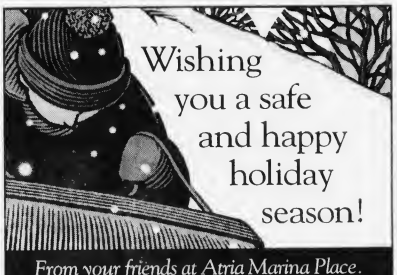
Christmas lighting will be turned on Friday night in Quincy Center to open the holiday season.

The lighting will be turned on at 8 p.m. from Presidents Place Galleria across from City Hall.

Costume characters will distribute candy canes to children from 6:30 to 7 p.m.

The opening program, including the announcement of the elementary school poster contest winners and introduction of speakers will be from 7 to 7:15 p.m. followed by a Christmas sing-along from 7:45 to 8 p.m.

All of those activities will be in Presidents Place Galleria.



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CONVENIENT HOLIDAY SHOPPING HOURS:
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Saturday: 9 am to 5 pm, Sunday: 10 am to 5 pm

LEONARD MORRIS, a Quincy veteran of the Battle of the Bulge, pauses before Veterans Day at the memorial on McIntyre Mall dedicated to those who fought in that famed World War II battle. *Quincy Sun photo/Noreen O'Shea*

ILDA DIMASCIO (left), a member of the Quincy Medical Center Auxiliary Board, and Caryn Smith review the wide array of gifts and merchandise offered by the new Quincy Medical Center Gift Shop.

Quincy Medical Center, Caryn's Corner Partner In New Gift Shop At QMC

Quincy Medical Center has partnered with Caryn Smith, owner of the Caryn's Corner boutique, 695 Adams St. in Quincy, to manage the new Gift Shop at Quincy Medical Center.

In addition to the standard hospital gift shop fare of stuffed animals, greeting cards and magazines, the shop offers artisan jewelry, fashionable accessories and unique floral arrangements designed by local vendor – European Floral Design.

The shop also is finalizing plans to become an agent of the Massachusetts State Lottery, selling lottery and "scratch to win" tickets.

"New merchandise is arriving every day, and we continue to explore new product lines and plan special events such as trunk shows that would be of interest to our customers," Smith said.

A percentage of the shop's sales will be donated to the Quincy Medical Center Auxiliary, a volunteer fundraising committee that has raised more than $1 million in support of Quincy Medical Center's advanced, high quality clinical programs and services.

The shop, located within the medical center's first floor, A-Wing lobby, adjacent to Dunkin' Donuts, is open from 9 a.m. to 6 p.m., Monday through Friday, and from 10 a.m. to 4 p.m., on Saturdays.

Quincy Medical Center is a 232-bed acute care community-teaching hospital providing South Shore residents with comprehensive medical and surgical services. The medical center's Alliance for Quality with Boston Medical Center (BMC), formed in 1999, brings academic medicine to the community. At Quincy Medical Center, physicians from Boston Medical Center direct the departments of medicine, surgery, psychiatry, anesthesia and emergency medicine. Additionally, physicians from BMC who are board-certified in a range of medical and surgical specialties work with community physicians to ensure the continuity of patient care.

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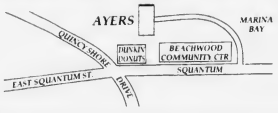

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The Quincy Sun

FOOT NOTES

by Joel Chariton, D.P.M.
Diplomate, American Board of Podiatric Surgery
Diplomate, American Board of Podiatric Orthopedics

LUMPS OR BUMPS ON YOUR FEET

There are many reasons why individuals develop lumps or bumps on the soles of their feet. They may develop, for example, on the bottom of the big toe if the toe's joint suffers limited mobility and cannot bend upward (therefore removing pressure) while walking or running. An extra bone or piece of cartilage may also cause a bump in this area. On the ball of the toe, the metatarsal bones (the long bones behind the toe) may become misaligned and cause an uneven distribution of weight across the area and a protrusion of one or more bones. Calluses or thickening often occur at the site. Plantar warts or benign cysts may also cause lumps on the ball of the foot.

When lumps and bumps and other foot problems keep your feet's complex parts from working together properly to allow you to walk in comfort, it's time to seek a podiatrist's attention for diagnosis and treatment. As a physician who specializes in foot care for men, women, and children, a podiatrist's extensive training provide the experience to treat a full range of foot and ankle disorders. Have your feet got you down? Call us at 781-986-3668, for an appointment for comprehensive foot care. We're located at 999 North Main Street, in the MEDICAL OFFICE BUILDING, with office hours also available at the Quincy Medical Center and Milton Medical Building.

HINT: Nodular masses that develop on the arch of the foot are called plantar fibromas.

First All-Asian Speaking Senior Citizen Police Academy

QUINCY POLICE CRIME Prevention Unit recently sponsored the Asian Senior Citizen Police Academy, where more than 50 seniors graduated from the four-week program. Mayor William Phelan and Chief Robert Crowley join the graduates in the celebration.

If you were driving your car and pulled over by the police, most likely you would immediately stop, stay in your car and wait for the officer to come up to your window – that's how motorists react here.

In China, failing to exit the vehicle and walk back to the police officer is a sign of disrespect!

In an effort to make the transition from the Asian to American culture, the Quincy Police Department's Crime Prevention Unit recently held a four-week Senior Citizen Police Academy in Cantonese and Mandarin languages. The program was held at the Wollaston Lutheran Church's Senior Center for three hours each week and covered numerous topics by various community leaders.

The purpose of the program was to educate the seniors about motor vehicle laws, criminal law, city ordinances, fire prevention, public transit safety, immigration laws, self-defense and services available through South Shore Elder Services.

For the past few years, the Quincy Police Department has provided frequent seminars through a police department translator. However, says Crime Prevention Lt. Dan Minton, "Much can be lost in the translation.

"The seminar would go on and on and the seniors would have to wait for the information to be translated, so we decided to eliminate the middle-man – often me or another English-speaking officer, and have the same message delivered in a much more effective and efficient manner."

A secondary, but equally important reason for the seminar was to continue to build on the relationships between Quincy Police and the Asian community in Quincy.

Hi Thai, the Quincy Police Department's Asian Community Liaison, said many Asian seniors are afraid of police uniforms because of the danger they represent to them in communist China.

"This program shows the Asian community that the police are there to help," Thai said. Seniors, he added, learned much about services available in their community and look forward to next year's academy.

The Quincy Fire Department presented information on exiting from a burning building, how to stay low on the flood during a fire, extinguishing a fire on your clothing and the importance of having carbon monoxide and smoke detectors.

From this academy, 55 seniors graduated. Organizers anticipate next year's class will increase.

On graduation day, Officers Kent Yee and Greg Marr brought the class outside to an waiting Fallon Ambulance. The officers and EMTs explained the steps when someone is transported by ambulance. Fallon Ambulance Technicians Calvin White and Kevin Hefferman showed off much of the medical equipment and allowed all the seniors to walk through the ambulance.

One student acted as a volunteer and the EMTs showed the class how they take blood pressure, provide oxygen and strap a patient down safely on a stretcher for transporting. This presentation alleviated many concerns of the seniors.

Officer Kent Yee, the program's director, said, "It was a good experience for the police and the Asian community. Everyone wins. The program showed the department's outreach to them and lets them know about a wide range of resources."

After the tour, Mayor William Phelan and Police Chief Robert Crowley greeted the graduates in the hall. Phelan spoke of the importance of this program and assured the seniors that new courses would be added for next year's academy.

Through an interpreter, the mayor told the audience that the police department is in the process of hiring three additional police officers who will be fluent in either Cantonese or Mandarin. The audience applauded on the news.

Chief Crowley congratulated the seniors on their commitment and graduation from the program.

"The large turnout of seniors is a credit to Quincy's Asian community. They are excellent citizens and strive to be an integral part of day-to-day life in this city.

"One can only imagine the struggles they have gone through and we hope that programs such as this will only make adjustments easier," the chief added.

Crowley also told the audience that they have made some new friends in the law enforcement community and should feel comfortable to contact them over any issue, reaffirming the theme of the program that the police in this country are there to serve and protect.

After receiving their diploma from Phelan, many students made comments to the mayor on the value of the program. Birry Wong and Ann Wong thanked the mayor and chief for the program. They said that they would pass the valuable information on to their children and friends. They especially liked the fire department's presentation and the comments on having at least two exits in a home.

Wong was happy to hear that the city will be hiring additional Asian-language speaking officers.

Wind Sun Ng, another graduate, liked learning about the city ordinances so that they would now know the laws, too.

Sun Tak Chan said the program is very good for the senior citizens because they are getting laws first hand from the right people.

Duk Jan Wood said the entire program was interesting, especially when Fallon Ambulance EMTs showed them the ambulance equipment.

"This program was very successful and I will get more people to be a part of this program," said Lai Shem Wong. She also said she will go home and tell her family.

Ting Chi Tse liked having the program in Cantonese and understood the laws and information much better now.

Maria Wong said she has a much better understanding of not giving out personal information to everyone who requests it.

The Quincy Police Department Crime Prevention Unit recognizes the following businesses for their support of the program: Dunkin' Donuts, Cathay Pacific, Norfolk Electric Company, Asian American Services Association, Inc., Crown Royal Bakery and the Wollaston Lutheran Church.

In addition to this academy, the Quincy Police Crime Prevention Unit runs Senior Citizen Police Academy Programs, in English, at 10 senior citizen complexes throughout the city each year.

MORE THAN 50 Asian seniors graduated from the "all Cantonese/Mandarin speaking Academy" held at the Wollaston Senior Center in the Wollaston Lutheran Church. From left are Officer Kent Yee, Hi Thai, Quincy Police Department Asian Community Liaison; Mayor William Phelan, Chief Robert Crowley, graduating student Wing Sun Ng, and Officer Greg Marr.

QUINCY POLICE OFFICER Kent Yee and Hi Thai (far left) prepare to hand out diplomas. Looking on are (third from left), Mayor William Phelan and Chief Robert Crowley with Ann Wong and her husband, Birry Wong, with their diplomas. With them is Community Policing Officer Greg Marr.

ATTENTION QUINCY RESIDENTS

DUE TO THANKSGIVING DAY, THURSDAY, NOV. 23, 2006, TRASH COLLECTION WILL BE A DAY LATE. TRASH USUALLY COLLECTED ON THURSDAY WILL BE COLLECTED ON FRIDAY. THERE WILL BE A SATURDAY COLLECTION FOR TRASH USUALLY COLLECTED ON FRIDAY. THIS APPLIES TO ALL ROUTES. ***Allied Waste Services***

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Spotlight On Health & Fitness

by Andrea Wyatt
M.S.S., C.S.C.S.

Weight Doesn't Always Reflect Health

Q. My friend feels she does not need to exercise because she feels comfortable with her weight. I try to explain to her that just because her weight is fine does not mean she is healthy. What can I say to back up my argument?

A. Your friend is just one of many people who use their weight as a measure of their fitness level or health. It is important to remember, however, that weight refers to the total weight of your body including muscles, bones, organs, fat and water. The scale gives a total number in pounds but does not separate how much of your body is made up of each component.

The following categories can help identify where you stand and possibly give you the motivation to include exercise in your lifestyle.

Overweight but not obese. It IS possible to have a higher weight than recommended yet not be obese. People with this body frame tend to be athletic and/or muscular and have a normal or low percentage of body fat, although by the scales standards they are overweight. Body builders may be included in this group.

Underweight and lean. People with this body type have a thin appearance and by weight charts are categorized as underweight. They range on the lower end of the body fat chart, but are very healthy. Endurance athletes fit into this category.

Average healthy weight. This is the happy medium between maintaining a healthy average weight and body-fat percentage while maintaining lean body mass.

Overweight and obese. Visually, this group appears heavy, with a soft (non-muscular) body type, and are overweight and obese from excessive amounts of body fat mass and non-proportionate lean body mass.

Obese but not overweight. Yes, someone can actually be obese and not overweight. This group often believes they are healthy because of their weight; however, they are considered obese because of the amount of fat mass on their body in relation to their lean body mass. Although the elderly often fall into this category due to inactivity, changes in lifestyle and loss of lean mass, there are also much younger people in this group who use their weight as an excuse to not exercise or eat properly.

No matter what category you find yourself in, it is important to live a healthy lifestyle that includes proper nutrition and exercise.

Always consult a physician before beginning an exercise program. Andrea Renee Wyatt, M.S.S., C.S.C.S., is a certified personal trainer with an extensive background in strength and conditioning as well as therapeutic recreation. If you have a fitness or training question, e-mail Andrea at letters.kfws@hearstsc.com or write her in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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Tips For Entertaining
Avoid Food Fiascos During Festivities

(NAPS)- According to the Centers for Disease Control and Prevention, there are more than 76 million cases of food-borne illness in the United States each year. Hosting parties and family gatherings is a time to enjoy loved ones, but between greeting guests, taking coats and handing out drinks, food preparation can get lost in the shuffle. To prevent food poisoning when entertaining, use measurement tools to ensure that foods are cooked thoroughly and stored correctly. Follow these food safety tips to help ensure happy and healthy guests:

Safe Cooking

Undercooked meat and poultry are common causes of food poisoning. These foods should be cooked to an internal temperature high enough to destroy any harmful bacteria that may exist in the food. Although many believe that meat color can be used to determine if foods are completely cooked, color and texture indicators are unreliable. Using a food thermometer is the only sure way to know if food has reached a high enough temperature to destroy food-bourne bacteria. Companies such as Taylor Precision Products emphasize the importance of food safety by providing educational information and USDA guidelines on all of their packaging. NSF-certified instruments like Taylor's TempRite thermometers, available at Wal-Mart, ensure that every dish is cooked correctly.

The USDA recommends cooking ground beef mixtures to 160 F on a meat thermometer. However, whole muscle meats, such as steaks and roasts, may be cooked from 140 F-170 F, depending on doneness preference. Poultry should reach a safe minimum internal temperature of 165 F throughout.

Cooling and Storing

Hosts typically prepare too much food for their event and storing leftovers in the refrigerator and freezer is a common end-of-party ritual. For safety, it is important to verify the temperature of refrigerators should remain a temperature no higher than 40 F and frozen foods will remain protected when the freezer remains at 0 F. Taylor's TempRite Freezer-Refrigerator thermometer helps monitor these temperatures, providing an accurate reading from 30 F to 90 F that can be critical in the event of a power outage. When the power resumes, if the refrigerator is 40 F or colder and the freezer is still colder than 40 F, then the food is safe.

No matter the number of people or the occasion, the main goal of any party is to relax and have fun. By following important safety guidelines and using the proper tools, cooking can be a piece of cake. For more food safety tips, visit www.taylorusa.com.

Dental Health News: What Is Dry Mouth?

(NAPS)- **What is dry mouth?**

Dry mouth is the feeling of not having enough saliva, or spit, in your mouth. If you have dry mouth all or most of the time, you know it can be uncomfortable and may even cause problems with chewing, swallowing or speaking.

Who is likely to have dry mouth?

While anyone can have dry mouth, older adults are commonly affected by it, say dental researchers at the National Institutes of Health (NIH). It's not because of the aging process itself, they say, but because older adults are more likely to take medications or have diseases or conditions that can lead to reduced salivary flow. Medications for high blood pressure, depression and urinary incontinence-and several others-can cause the salivary glands to make less saliva. Additionally, older adults may be more likely to have diseases such as diabetes, which can cause dry mouth. Certain cancer treatments can also affect the salivary glands. Head and neck radiation therapy can cause the glands to produce little or no saliva. Chemotherapy may cause the salivary glands to produce thicker saliva, which makes the mouth feel dry and sticky.

If you think you have dry mouth, the dental experts at NIH advise you to see your doctor or dentist about what you might do to get relief.

How is dry mouth treated?

Dry mouth treatment depends on what is causing the problem. Be sure to see your doctor or dentist to try to find out the reason for your dry mouth and which treatment might be helpful. Treatment may be simple as changing your medication or its dosage. Your doctor or dentist might also suggest a medication that can help stimulate saliva flow or advise you to use artificial saliva to help keep your mouth wet.

In addition to treatments suggested by your doctor or dentist, here are some things you can do at home:

Sip water or sugarless drinks throughout the day.

Avoid drinks with caffeine, since caffeine can dry out the mouth.

Sip water sugarless drinks during meals to make chewing and swallowing easier.

Chew sugarless gum or hard candy to stimulate saliva flow.

Avoid using tobacco and alcohol, since both dry out the mouth.

Use a humidifier at night.

DENTISTRY for the 21st Century

by Steven A. Brustin, D.M.D.

STEPS TO AVERT GUM DISEASE, BAD BREATH

No one wants bleeding gums or bad breath. Fortunately, a new study finds that it is relatively easy to kill both of these birds with one stone. In fact, just two weeks of flossing, coupled with regular tooth brushing, was found to be all it took to reduce bleeding gums and bad breath. These findings are based on a comparison of brushing and flossing habits exhibited by 51 sets of twins who were between ages 12 and 21. One group brushed their teeth and tongues daily while the other group added flossing twice a day. At the end of two weeks, the group that flossed in addition to brushing had a 38-percent reduction in gum bleeding and less bad breath.

Good oral hygiene at home is essential to help keep periodontal disease and bad breath from becoming more serious or recurring. You don't have to lose teeth to periodontal disease. Brush, clean between your teeth, eat a balanced diet, and schedule regular dental visits for a lifetime of healthy smiles. Always feel free to discuss your dental concerns with us. We're located at 44 Greenleaf Street, where we practice general dentistry. You can trust the health of your teeth to our extensive training and experience. Our concern is your comfort and confident – our goal is to help you preserve your natural teeth for a lifetime. Please call 617-479-6220 to schedule an appointment. We offer the services of anesthesiology with a fully trained and qualified anesthesiologist. Visit us on the web at www.quincydentist.com.

P.S. Bad breath and gum disease are often the first sign of poor oral health, which may lead to further gum (periodontal) problems.

The Health of Your Feet

(NAPS)- If you think dry, flaky skin on your feet is nothing to worry about, think again.

Dry skin can be more than a minor annoyance, especially for people with diabetes. Of the 16 million Americans with diabetes, 25 percent will develop clinical signs of xerosis, or extremely dry skin on the heels of their feet. One reason is that diabetes causes reduced perspiration, especially with the skin on the feet.

The skin on xerotic heels is perpetually prone to cracking and scaling. Thankfully, the most common of foot problems for diabetics can be remedied with a little extra care and attention.

Manage your diabetes:

Make healthy lifestyle choices to help keep your blood glucose (sugar), blood pressure, and cholesterol close to normal. Doing so may help prevent or delay diabetes-related foot problems as well as eye and kidney disease.

Check your feet every day:

You may have serious foot problems, but feel no pain. Check your feet for cuts, sores, red spots, swelling, and infected toenails. Find a time (evening is best) to check your feet each day. Make checking your feet part of your everyday routine.

Use appropriate products:

Although most people apply body lotions to dry, cracked feet, these moisturizers are not designed for skin on feet, which is almost three to five thicker than skin on the rest of the body. When it comes to treating diabetic skin, experts recommend using an intensive moisturizer to heal and protect skin.

One such moisturizer is dermatologist-recommended Eucerin Plus Intensive Repair Foot Creme, which is clinically proven to smooth and restore feet in just two weeks. With a unique combination of gentile exfoliators and effective moisturizers, it quickly helps heal rough skin and cracked heels.

Trim your toenails:

An ingrown nail is not only unsightly, it can even make walking painful. Trim toenails straight across and smooth them with a nail file; do not cut into the corners of your toenail. Aside from improper trimming, a nail that curves too much or excessive pressure from tight shoes is usually to blame.

People with diabetes must be aware of how to prevent foot problems before they occur, to recognize problems early and to seek the right treatment when problems do occur. Although treatment for diabetic foot problems has improved, a little extra attention remains the best way to prevent problems.

For more information, visit www.EucerinUS.com.

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QUINCY POLICE HOT SPOTS

QUINCY POLICE STATISTICS: Nov. 10 - Nov. 16

Total Calls for Service: **1,228**
Total Arrests: **37**
Total Stolen Cars: **6**

FRIDAY, NOV. 10

LARCENY, 10:14 a.m., 58 Town Hill St. Past. Two American flags taken.

VANDALISM/PROPERTY, 12:45 p.m., 28 Glover Ave. House egged. Happened sometime overnight.

VANDALISM/PROPERTY, 6:38 p.m., 199 Newbury Ave. Past. Youths in area jumped on hood of motor vehicle which caused a dent.

UNARMED ROBBERY, 9:25 p.m., U.S. Gas Auto Service, 588 Adams St. Knife. White male jumped into a silver motor vehicle, State and Milton Police notified. Prior to this call female reported some type of disorder there. Called business he was just held up. White male had other male occupant inside motor vehicle. White male, black sweatshirt, some type of white covering over his mouth and nose.

ASSAULT AND BATTERY, 9:26 p.m., Stadium, 894 Hancock St. Fight. One to Quincy Medical Center.

ASSAULT AND BATTERY, 11:09 p.m., Kentucky Fried Chicken, 707 Hancock St. Just occurred. Female assaulted by parties in silver Jeep Grand Cherokee. Male driver, several females in motor vehicle. Parties want no police involvement.

SATURDAY, NOV. 11

LARCENY, 11:46 a.m., Burke's Seafood, 61 Billings Rd. Purse. Happened last night.

LARCENY, 12:54 p.m., Bee Zee Auto Inc., 68 School St. Customer had his vehicle inspected, left without paying. Contact made, party's father will relay message to son.

LARCENY, 1:39 p.m., Star Market, 130 Granite St. Arrest for larceny over as well as on a warrant for receiving stolen property.

LARCENY, 5:05 p.m., Star Market, 130 Granite St. Pocketbook. Black fanny pack containing $200, credit card license.

VANDALISM/PROPERTY, 9:57 p.m., 74 Taylor St. Car keyed.

SUNDAY, NOV. 12

LARCENY, 12:50 a.m., 91 Assabet Rd. Cab fare.

BREAKING AND ENTERING/ATTEMPT, 56 Burns Ave.

LARCENY, 3:15 p.m., Brookside House, 66 Bigelow St. Dwelling.

BREAKING AND ENTERING/PAST, 3:23 p.m., 18 Bigelow St. Dwelling.

BREAKING AND ENTERING/PAST, 3:31 p.m., 86 Edwards St. Dwelling.

VANDALISM/PROPERTY, 4:59 p.m., 25 Crescent St. Past/motor vehicle. Front windshield smashed.

BREAKING AND ENTERING/PAST, 7:35 p.m., 114 Bunker Hill Ln. Dwelling.

MONDAY, NOV. 13

BREAKING AND ENTERING/PAST, 6:14 a.m., 55 Garfield St. Past.

LARCENY/MOTOR VEHICLE, 6:51 a.m., Work Incorporated, 30 Fayette St. 2006 Ford Van, color red.

BREAKING AND ENTERING/PAST, 9:03 a.m., 1244 Furnace Brook Parkway. Dwelling.

LARCENY/MOTOR VEHICLE, 10:18 a.m., Store 24, 230 Washington St. 2006 Honda Accent, color gray.

LARCENY, 2:07 p.m., Town Fair Tire Center, 450 Quincy Ave. Merchandise. A few days ago a female came in and had work done. She left without paying. They have attempted to talk with her, she disregards all calls. Party advised civil matter.

BREAKING AND ENTERING/PAST, 4:04 p.m., 59 Garfield St. Dwelling. Entry made through basement window.

BREAKING AND ENTERING/ATTEMPT, 4:27 p.m., Brooks Pharmacy, 475 Hancock St. Past. On Saturday the front window was damaged. After reviewing the tapes today a van with two males inside were seen trying to take the ATM.

LARCENY, 4:42 p.m., 95 Suomi Rd.

LARCENY/MOTOR VEHICLE, 11:17 p.m., Assembly of God Quincy, 365 Washington St. 2001 Dodge Neon, color gray, parked in lot since 8 p.m. Just came out, motor vehicle is gone.

TUESDAY, NOV. 14

BREAKING AND ENTERING/PAST, 1:36 a.m., Lil Brazil. Business. Caller stating back door is open appears to be broken. Video tape reveals two parties involved: #1 white male wearing blue jeans, blue hooded windbreaker; #2 is wearing tan pants with sneakers (white) "be on lookout" put out to all units.

BREAKING AND ENTERING/PAST, 8:09 a.m., 23 Alrick Rd. Garage. Someone broke into the basement again. Larceny of bike.

BREAKING AND ENTERING/PAST, 9:19 a.m., 132 Plymouth Ave. Dwelling.

LARCENY/MOTOR VEHICLE, 12:27 p.m., Ross Parking Area, 96 Parkingway. Past. 2005 Toyota Camry, color gray, taken from the third level. Attendant to look through garage in event it was misplaced.

LARCENY, 12:31 p.m., 25 Muirhead St. $20,000 approx. Caller states contractor took some $20,000 in checks to do work on home and his house in Plymouth. Contractor never came to perform work. Contacted contractor who stated he was having financial issues. Advised contractor to settle matter out within next 30 plus days or else suffer possible criminal action for larceny over by false pretense. Contractor advised to send victim a registered letter outlining his settle time frame. Caller advised of same. Contractor advised of subsequent consequences if this matter becomes criminal.

VANDALISM/PROPERTY, 1:48 p.m., 57 Darrow St. Two reg. sized windows smashed.

VANDALISM/PROPERTY, 5 p.m., 512 Sea St. To home. Youths putting cigarettes out on stairs. House is located in front of a bus stop. Advised.

LARCENY, 5:49 p.m., 11 Dorchester St. Weapon.

WEDNESDAY, NOV. 15

VANDALISM/PROPERTY, 6:23 a.m., Bridge St. Motor vehicle window. Driver's side window broken.

ASSAULT AND BATTERY, 9:52 a.m., Billings Rd. and Holmes St. Past. Happened Nov. 10.

LARCENY, 10:31 a.m., 109 Curtis Ave. Stolen checks. Check stolen from mailbox, forged, and cashed at an unknown Citizens Bank branch.

ARMED ROBBERY, 3:02 p.m., 154 South Walnut St. Banging on door. Party may have left in a green Dodge Intrepid. About a week ago male in a white pick-up truck, possibly a Ford, brandished a handgun and stole $900 in cash from victim. (Incident was not reported). Today, he showed back up at residence and was banging on door.

LARCENY/MOTOR VEHICLE, 4 p.m., AH Auto Repair, 1284 Furnace Brook Parkway. 1999 Jeep Cherokee, color blue. Vehicle taken from the above sometime last night.

LARCENY, 4:06 p.m., 144 Quincy St. ATM card. ATM card taken from purse while in apartment.

VANDALISM/PROPERTY, 4:21 p.m., 27 Sixth Ave. Paintball. House just hit.

LARCENY, 6:05 p.m., Pond Street Playground, 50 Pond St. Cellphone.

UNARMED ROBBERY, 7:04 p.m., 94 Old Colony Ave. Complaint for unarmed robbery and larceny.

BREAKING AND ENTERING/PAST, 10:22 p.m., 30 Nelson St. Narcotic meds missing.

THURSDAY, NOV. 16

VANDALISM/PROPERTY, 8:18 a.m., 111 Greenleaf St. To house. House was hit with paint balls.

INDECENT EXPOSURE, 12:27 p.m., Thomas Crane Public Library, 381 Hancock St. In progress. Man out front, white male, mid 30's, thin build, jeans, multi-colored sweater possibly with red and blue colors.

BREAKING AND ENTERING/PAST, 3:30 p.m., 66 Penn St. Dwelling. Entry made via cutting a right rear screen, $850 in cash known missing.

LARCENY, 4:24 p.m., 707 Hancock St. Black bag containing Chinese money and a passport was stolen from back of car. Caller suspects young boy he gave a ride to whom was let off at 707 Hancock St.

LARCENY/MOTOR VEHICLE, 5:52 p.m., Cliveden St. 2001 Pontiac Bonneville, color green.

BREAKING AND ENTERING/PAST, 5:56 p.m., YMCA, 79 Coddington St. Locker. Locker broken into, wallet stolen.

BREAKING AND ENTERING/PAST, 6:13 p.m., 433 Furnace Brook Parkway. Entry gained by prying front door. DVDs are only items stolen.

VANDALISM/PROPERTY, 7:58 p.m., North Quincy High School, 318 Hancock St. Malicious damage to caller's new motor vehicle. Front and rear lights smashed today while in school.

❑

If you have information on the above crimes, or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764**. If you wish to report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. If you wish to make an appointment to view the **Registered Sex Offenders** book, call **Detective Cindy Walsh at 617-745-5751**.

If you wish to contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us--*Lt. Dan Minton.*

A Job Well Done

On Monday, Nov. 13, at approximately 1:00 a.m., Officer John McGovern was dispatched to 99 Myrtle Street to investigate a burglar alarm that went off. While enroute to the office building, the officer learned that the alarm company was reporting that there was a person claiming to be an employee without the code for the alarm.

LT. DAN MINTON

As Officer McGovern approached the building, he observed a male (suspect) in an adjacent parking lot. Since there are not many people out and about in that area at that time, he turned around and drove toward the suspect, who then fled into the parking garage of 99 Myrtle Street. As Officer McGovern drove over to the entrance to the garage, he called for assistance, then spotted the suspect hiding behind a dump truck just outside the entrance of the garage. The suspect then fled into the garage.

Officer McGovern, believing that the suspect's behavior made him a threat, commanded the suspect to emerge from his hiding place with his hands visible. Officer McGovern held his position and scanned the garage with his flashlight for the suspect to no avail.

Officers Patrick Folan and Christopher McDermott arrived and after reiterating instructions to give up, the officers, with weapons drawn, entered the darkened garage. Using their training and experience, the officers were able to locate and corner the suspect, who was hiding behind a low wall inside the garage.

The officers instructed the suspect to lie down on the ground with his hands visible. The suspect refused to comply with the orders and this escalated the concern the officers had for their safety.

Officer McGovern, concerned that the suspect was not cooperating and could be armed, sprayed the suspect with "Oleoresin Capsicum" (layman term = mace) and then apprehended the suspect. Fallon Ambulance washed the suspect's eyes out. The suspect claimed that he was an employee and had set off the alarm.

Officer McGovern linked all the events of the incident together- that the suspect set the alarm off, he fled from the police, hid from the police, failed to obey verbal commands, woke many neighbors up from their sleep and created a reckless and potentially hazardous situation.

The suspect, a 41 year old Quincy man, was placed under arrest for "Disorderly Conduct". There was no sign of a break into the company.

Communications Operator Greg Hartnett contacted the owner of the company and learned that the suspect would have been there at that time of night/morning. The owner said that he did not want to pursue any charges, and would question his employee when he returns to work.

In this case, the officers applied their training and were able to apprehend the suspect without anyone getting seriously hurt. This incident is an example of how police work is so unpredictable, and a simple case of an alarm going off, with an employee on scene, can quickly change and turn into a potentially harmful situation to both the suspect and the police officers.

Nice work!

❑

Each week in *The Quincy Sun*, the "Quincy Police Hot Spots" page provides readers with numbers to call to report crimes. The telephone number for the "Drug Hot-Line" is 617-328-4527. You will not be required to provide identification or address, although it would be helpful.

Anonymous information via a letter or by leaving a message doe not provide an opportunity for the detectives to ask questions to gain further knowledge. Even without identifying yourself, your information can be corroborated (validated) in many ways, such as surveillance, which was used in this particular case.

Some people are reluctant to report suspicious activity for fear of having to testify or of retaliation, but by calling the hot-line with detailed information, the Drug Unit will be working with you to eradicate drug users in your community.

SPORTS SPORTS

North Quincy Red Raiders vs. Quincy Presidents

'We Must Play A Sound, Fundamental Game' Says Raiders Coach Jim Connor

North Quincy Hoping To Snap 7-Game Skid

BY SEAN BRENNAN

Football is a physical hard-hitting sport, but for the North Quincy Red Raiders and first-year head coach Jim Connor, this Thursday's annual Thanksgiving Day game is going to come down to mental preparation.

North Quincy enters the game with a 1-9 record overall, and a 1-7 record in Atlantic Coast League play, but for the Red Raiders the past is the past, and the only game that matters is the next one. Looking to end Quincy High School's seven game winning streak, North will lean heavily on its seniors and a bevy of talented underclassmen when they kickoff at 10:00 a.m. at Veterans' Memorial Stadium.

"If we want a chance to win against Quincy then we are going to have to be mentally prepared for whatever it is they throw at us," Connor said. "Our team needs to play a sound, fundamental game if we want to walk away with a win. We have to eliminate turnovers and cause some of our own, we need to take care of the football, and we need to tackle. Our last game was over a week and a half ago against Plymouth South, and we took the bye week to get back to the basics. We worked on technique and are hopeful that the extra practice will result in a sound football game. "

The Red Raiders have had difficulty all season long stopping the run and cutting down on opposing teams gaining major yards on the ground, but if the defensive line and linebackers can contain Quincy's run game then North should be in good shape. The team's defensive backfield has not been tested all that much this season. This is a direct result of the inability at times from stopping the run, and opposing teams have not really had to throw on the Raiders, but that could change come Thursday if Quincy decides its best option to score points and move down the field is to spread out the offense and throw.

"We need to be aware of all of the skill players that Quincy has," Connor said. "Their offense really appeals to their skill players. They are athletic at the wide receiver, quarterback and running back positions. I not sure what kind of game plan they are going to use. It could be mainly a running attack, or they could spread the field with multiple receivers and drop back into the shotgun position and throw. It could go either way, and we need to be ready to adjust to what it is they use."

North Quincy will be challenged either way versus Quincy as the Presidents have a handful of very talented offensive weapons in quarterback Matt Boyle and running backs/receivers Tom Hazelhurst and Jared Tucker. According to Connor, the Presidents' record of 2-7 is not what it seems, and he has tried to instill in his team that Quincy will be just as hungry to leave the Vet with a win as his team will be.

"Mathematically speaking, who we played and who they have played, the scores are similar," Connor said.

(Cont'd On Page 26)

NORTH QUINCY 2006 SCHEDULE

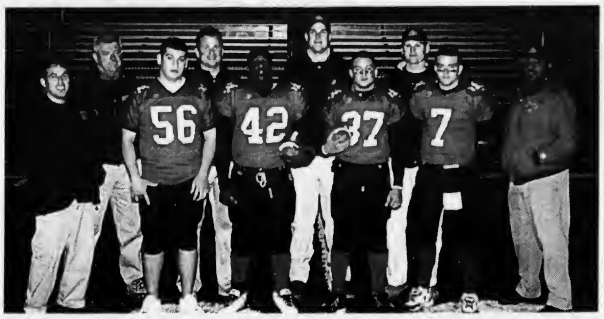
9/9	@ Somerville	28-13 L
9/16	@ Sandwich	26-6 L
9/21	@ Randolph	20-16 L
9/29	@ Falmouth	29-7 L
10/6	PLYMOUTH NORTH	40-16 L
10/13	@ Dennis-Yarmouth	17-14 L
10/20	NAUSET	32-0 W
10/27	@ Marshfield	33-0 L
11/3	WHITMAN-HANSON	28-7 L
11/10	@ Plymouth South	43-15 L
11/23	QUINCY	10 a.m.

Game Tickets $8 At The Gate

Tickets for the 74th annual Thanksgiving Day football game between Quincy and North Quincy will cost $8 for students, adults and senior citizens at the gate tomorrow morning. Kick off is at 10 a.m.

RAIDERS 2006 SCORING LEADERS

Players	TD	(Rsh)	(Rec)	X2	PAT	FG	Pts.
Sibley, Terrence	4	4	0	0	0	0	24
Guerriero, Dave	2	1	1	0	10	0	22
Tragellis, Alex	3	0	3	1	0	0	18
McBrien, Shaun	2	2	0	0	0	0	12
Jackson, Danny	2	2	0	0	0	0	12
Cahill, Jon	2	2	0	0	0	0	12
Martin, Dennis	1	0	1	0	0	0	6



NORTH QUINCY'S CAPTAINS AND COACHES will look to break the Red Raiders' seven game losing streak against Quincy in tomorrow's 74th annual Thanksgiving Day game. Front row, from left: captain John Benoit, captain Terrance Sibley, captain Dave Guerriero and captain Shawn McBrien. Back row, from left: coach Dominico Barbudo, coach Peter Chrisom, coach Mike Connor, first-year head coach Jim Connor, coach John Jones and coach Rich Young.
Photo Courtesy North Quincy High School

North Quincy High School Boys Football 2006 Varsity Roster

#	Name	Gr.	Position
3	Jackson, Danny	11	HD/DB
4	White, Dave	10	HB/DB
7	McBrien, Shaun ©	12	QB/DB
9	Tan, Dewar	12	SE/DB
10	Thach, Mark	10	HB/DL
11	Martin, Dennis	11	SE/DB
12	Jay, Mike	12	SE/OB
13	Jay, Matt	10	HB/DB
14	Flaherty, James	10	QB/DB
15	Dashi, Mario	10	QB/DB
16	Tragellis, Alex	11	SE/DB
17	Riley, Mark	12	FB/LB
18	Hennessey, Dave	11	TE/DL
22	Baker, Chris	12	SE/DB
24	Thomson, Dave	11	HB/DB
25	Edgerly, Joe	10	SE/LB
26	Melendez, Efraim	12	FB/LB
27	Deegan, Zac	11	SE/DB
28	Cahill, Jon	11	FB/LB
30	Bleiler, Jim	12	HD/DB
36	Tragellis, Adam	12	HD/DB
37	Guerriero, Dave ©	12	HB/DB
39	Watkins, Pat	10	HB/DB
40	Dao, Tommy	10	SE/DB
41	Matos, Steve	12	TE/DL
42	Sibley, Terrence ©	11	FB/LB
43	Staley, Terrell	10	HB/DB
44	Thomas, Ethan	11	FB/DB
45	White, Dave	10	FB/DB
46	Perreault, Craig	11	TE/DL
47	Arredondo, Christian	11	FB/LB
48	Lawless, Nick	10	SE/DB
49	McLean, Brian	10	SE/LB
50	Benjamin, Sekou	11	FB/LB
51	Budukiewicz, James	10	OL/DL
53	Gizzarelli, Nick	12	OL/DL
54	Skomial, Jesse	11	OL/DL
55	Barden, R.J.	10	OL/LB
56	Benoit, John ©	12	OL/LB
57	Kelly, Phil	12	OL/DL
58	Brown, Nick	11	OL/DL
60	Adler, Eric	12	OL/DL
61	Wiwatyukhan, Kan	12	OL/DL
63	Benoit, Joe	10	OL/DL
65	Cufaude, Roger	12	OL/DL
66	Bergeron, Chris	10	OL/DL
69	Kalpakidis, Kiriakos	12	OL/DL
70	Keeley, Dan	10	TE/DL
71	Grant, Josh	12	OL/DL
72	Nguyen, Jimmy	10	OL/DL
73	Johnson-Tate, Benn	12	OL/DL
75	Page, Joe	12	OL/DL
76	Poli, Nick	12	OL/DL
77	Mason, Paul	12	OL/DL
78	DiPalmo, Anthony	11	OL/LB
79	Ingram, Greg	11	OL/DL
81	Tombs, Lamonte	10	TE/DL
84	Lee, Marcellus	11	TE/DL
87	Evora, Chris	10	SE/DB
89	Zou, Andy	10	TE/DE

© Captains

Thanksgiving Football Game Replay On Quincy Access TV

Quincy Access Television (QATV) announces the 74th annual Thanksgiving Day game between Quincy and North Quincy will replay on QATV-8 several times this weekend.

The game will be replayed Thanksgiving Day at 4 p.m., 8 p.m. and 12 a.m. and Friday and Saturday at 10 a.m., 2 p.m., 8 p.m..

Interested parties who will not be able to attend the game at Veterans' Memorial Stadium can turn to QATV-8 to hear a live broadcast of the game.

QATV-8 will also show "classic" Thanksgiving football games leading up to the 2006 edition on Monday, Tuesday and Wednesday.

QATV-8 will also be covering "Little Turkey Day" on Saturday, and will have video reply of these games later in the week.

For more information about QATV's Thanksgiving football programming, visit www.QATV.org, turn to channel 8, or call 617-376-1440.

SPORTS SPORTS

North Quincy Red Raiders vs. Quincy Presidents

Presidents Will Use 'Multiple Formations On Offense' Says Coach Bob Noble

Quincy Looks To Keep Holiday Streak Alive

By SEAN BRENNAN

The Quincy Presidents have had a lot to be thankful for the last seven times they have taken the field at Veterans' Memorial Stadium for the annual Thanksgiving Day game against North Quincy High School. Quincy, under the guidance of head coach Bob Noble, has won seven straight Turkey Day games, including last year's 14-0 victory.

This year's Presidents team had high hopes once again for a big season, but things did not go according to plan. Quincy's record stands at 2-7 overall, and 1-7 in the Atlantic Coast League, but Noble's teams have feared pretty well in this game, and he doesn't expect this year to be any different.

"This game is a rare and unique experience," Noble said. "It is as big as it gets in the city of Quincy. It is a heated environment, and with there being no boundaries that decide which school a kid has to go to, we have had brothers playing against each other in years past and neighbors lining up across from one another. This game, and who wins and loses will be something these kids may talk about 50 years from now. For many of the seniors it will be the last organized football game they ever have a chance to play in."

The Presidents will have a hungry challenger in the North Quincy Red Raiders, but with a roster that is filled with players who have won here before and know what it takes to get the job done, Quincy should be in a good position to make it eight wins in a row.

The Presidents have a couple of different ways that they can use to move the ball up and down the field, and with seniors at all the skill positions, their game plan is more than likely to conform to what the Raider defense shows them.

QUINCY 2006 SCHEDULE

9/9	@ Canton	14-6 W
9/22	FAMOUTH	16-13 L
9/30	@ Plymouth North	41-0 L
10/6	@ Whitman-Hanson	35-19 L
10/13	MARSHFIELD	34-0 L
10/21	DENNIS-YARMOUTH	12-6 L
10/27	@ Nauset	34-7 W
11/4	PLYMOUT SOUTH	24-6 L
11/10	SANDWICH	14-10 L
11/23	@ North Quincy	10 a.m.

PRESIDENTS 2006 SCORING LEADERS

Players	TD	(Rsh)	(Rec)	(Def)	X2	PAT	Pts.
Hazelhurst, Tom	8	6	2	0	0	0	48
Tucker, Jared	3	0	3	0	0	0	18
Gilbody, Mark	2	2	0	0	0	0	12
Arredondo, Diego	1	1	0	0	0	0	6
Arredondo, Camillo	1	1	0	0	0	0	6
Boyle, Matt	1	1	0	0	0	0	6

"We are going to approach this game with intention of being successful," Noble said. "We will not have a set game plan offensively. We will try to attack at their weakness, whatever that may be. We have multiple formations that we use on offense, and will not lock into any specific aspect of that."

Quincy began the season using a shotgun, spread offense that focused on spreading out the whole field and finding open receivers or setting up blocking schemes that found holes for the running game. As the season progressed, and injuries to key players occurred, the Presidents altered their style to a more run first offense.

"We began the year running the spread, no-huddle offense, but by mid-season things changed," Noble said. "We have our injured players back, and now we have different choices."

Senior captain and quarterback Matt Boyle, who will be starting his second Turkey Day game, has the makeup of a great signal caller. He has five touchdown passes this season, and he displayed just how strong of an arm he has during a near-miss comeback against Falmouth High School on Sept. 22nd. Boyle, with his team down 16-7 with just over two minutes to play, threw a beautiful touchdown strike to fellow senior Tom Hazelhurst to bring Quincy within three points. The team lost 16-13, but Boyle's skills were on display.

Hazelhurst has been Quincy's best offensive threat, bar-none. He has rushed for six touchdowns, including a four touchdown explosion against Nauset High School, and he has also caught two TD passes. After missing the last two games due to injury, Hazelhurst should be a player to watch tomorrow.

Three other seniors; Jared Tucker, Camillo Arredondo and Jim Aikens, who along with Hazelhurt have been starters for three years, will be looked upon for leadership. Tucker has been on the receiving end of three Matt Boyle touchdown passes this year, while Arredondo was recently named as a first-team all-league selection by the other ACL coaches. Arredondo was tied for the most votes at the linebacker position.

"This is nothing new for the seniors and captains," Noble said. "They have all experienced this game before, and I am positive that they will all lead like they are supposed to lead."

(Cont'd On Page 27)

THE QUINCY PRESIDENTS, led by head coach Bob Noble (center), will be looking to extend their seven game Thanksgiving Day winning streak tomorrow (Thursday) against North Quincy. From left: coach Kevin Carey, captain Charles McGee, captain Matt Boyle, Noble, captain James Aikens, captain Camillo Arrendondo and coach Mark Randall. Missing from photo (C) Tom Hazelhurst. *Quincy Sun Photo/Robert Noble*

Quincy High School Boys Football 2006 Varsity Roster

#	Name	Gr.	Position
2	Fernandes, Pat	10	WR/DB
3	Devoe, Max	10	RD/DL
4	Gilbody, Mark	10	QB/DB
7	Tucker, Jared	12	RB/DB
10	Aikens, Jim ©	12	WR/DB
12	Mottola, Mike	11	QB/DB
17	Hazelhurst, Tom ©	12	RB/LB
18	Boyle, Matt ©	12	QB
20	McGee, Charles ©	12	RB/LB
21	Domingo, Adrian	10	WR/DB
22	Walsh, Ted	11	RB/DB
23	Sabin Dan	11	WR/DB
24	Reggiannini Joe	11	RB/DB
25	Araujo, Wilson	12	RB/DB
28	Williams, Anthony	12	RB/DB
29	Andrews, Derek	10	RB/DB
30	Papile, Anthony	10	WR/DB
31	Manning, Zack	10	RB/LB
32	Wilbur, James	10	RB/DB
33	Arredondo, Camillo ©	12	RB/LB
34	Aaron, Culp	10	WR/DB
35	McGee, Brian	10	RB/LB
37	Gilbody, Anthony	12	WR/LB
40	Gray, Sean	10	WR/LN
41	Gaffney, Greg	10	WR/DB
42	Arredondo, Diego	11	RB/LB
44	Davis, Stephan	10	RB/LB
46	Berry, Josh	12	WR/DB
48	Austin, Pat	12	WR/DL
50	Oriol, Matt	11	OL/DL
52	Olhson, Zack	11	OL/DL
53	Lally, Ryan	10	OL/DL
55	Carson, Paul	11	OL/DL
56	Lemay, Mike	10	OL/LB
58	Andrews, Mike	11	OL/DL
59	Bikowski, Matt	11	OL/DL
60	Villena, Aldo	10	OL/DL
61	Brown, Mike	10	OL/DL
62	Shattuck, Steve	10	OL/LB
64	Domingo, Alex	12	OL/DL
65	Kussam, Steve	12	OL/DL
66	Jean-Evens, Louis	10	OL/DL
67	Kotai, Anthony	10	OL/DL
71	Parry, Jon	10	OL/LB
74	Cugini, Mark	12	OL/DL
75	Gillen, Devon	11	OL/LB
76	Nguyen, Tony	10	OL/DL
77	Walsh, Daniel	11	OL/DL
78	Saunders, Mark	10	OL/DL
80	Oldham, Paul	11	WR/LB
82	Fay, James	12	WR/DB
83	Reed, Steve	12	WR/DB
84	Chan, Alex	12	WR/DB
85	Reynolds, Craig	12	WR/DB
86	Jean-Baptiste, Adam	10	WR/DB
88	Raddatz, Anthony	10	WR/DB

© Captains

Quincy-North Football Game Live On WTTT Radio 1150AM

The Quincy-North Quincy football game Thursday will be broadcast live on WTTT, 1150 AM.

Mike Logan, news director at the former WJDA and sportscaster, will do the play-by-play and Brian Malone the color.

WTTT is a 5000-watt station located in Marina Bay, Squantum.

SPORTS SPORTS

North Quincy Red Raiders vs. Quincy Presidents

Raiders Hope To Snap Skid

(Cont'd From Page 24)

"But the coaches know and the kids know that Quincy is a better team than their record shows."

The Red Raiders have not won a Thanksgiving Day game since a 21-6 victory way back in 1998, and his kids understand just how big this game is in the city of Quincy, but Connor is confident that his team will be able to eliminate any nerves they may have, and play a smart, mentally prepared game come Thursday.

"The kids know the history of the game. Many of them have had brothers play in the game before, but we are here to turn the page on the past and focus on this game," Connor said. "I have tried not to preach to them about the Thanksgiving Day game. It is a big game, but I have tried to be a calming voice, and remind them that it is just a high school football game. If we can go out there and play a good fundamental game we will be fine."

Connor and his staff will need to lean on the seniors to take the underclassmen under their wings and help keep the whole team under control.

Leading the offense for North will be senior QB Shaun McBrien. McBrien has been sporadic at times this season, but he does have five touchdown passes to go along with two rushing touchdowns. Seniors Dave Guerriero, Alex Tragellis and Mike Jay head a receiving core that can quickly put points on the board. Guerriero, who is also the team's kicker, goes into his final high school game with one receiving TD and one rushing TD on the year. Tragellis enters the Turkey Day game with three receiving touchdowns. Seniors are a fixture on the offensive line for North Quincy as well, and if McBrien has any chance against a fast and athletic Quincy defense, then they will need to win the battle in the trenches. Nick Gizzarelli, Phil Kelly, Roger Cufaude, Benn Johnson-Tate and Nick Poli will be responsible for opening holes for the running backs and allowing McBrien to drop back to find the open receivers.

The Raiders are not short on talent when it comes to their underclassmen, and many of them should play an integral part on both the offensive and defensive side of the ball. Junior running back Terrence Sibley is the team's most explosive player. Sibley has four rushing touchdowns this year, and he had a monster game against Nauset High School. Sibley finished that game with 116 yards on 12 carries, and had a highlight reel run of 69-yards for a touchdown in the victory. Junior Danny Jackson is a star on offense and defense. He has chipped in with two rushing touchdowns for North Quincy, and has played solidly at defensive back. Others looking to make an impact will be juniors Dennis Martin (1TD) and Jon Cahill (2 TDs).

"Because of our seniors, the last week has been our best week of practice all season," Connor said. "The seniors (who have yet to win on Thanksgiving) want to leave the underclassmen with something to build on for next year, and a win would do just that. The underclassmen are geared to match the seniors and they want to give the seniors a gift. That gift is a win."

Connor, who is in his first season as head coach, knew that he had a major rebuilding project on his hands when he accepted the job, but he is proud of his players for the discipline they have shown and the progresses they have made. North Quincy was recently awarded the ACL Sportsmanship award by the league's coaches, but the best achievement for his team is that not one student-athlete was ever academically ineligible all season long.

"I had a plan when I took over the program. Step 1 was to make sure that discipline and academics were at the top of that plan," Connor said. "I wanted to start from scratch. No more being late for practice, no more outside distractions, but more importantly being better prepared mentally. The kids have responded and the cards started to fall. They have bought into the system, and although the overall record may not be where we want it to be, they are executing on the field and off. The Sportsmanship Award is a reflection of where our program is and where it is heading in the future. It is a sign to me that these kids are growing up and becoming men."

Tomorrow when the pregame ceremonies are done, and the opening whistle blows, the North Quincy Red Raiders *will be* ready to play, and not just for their fans and their school, but for each other.

Seven years is way too long for any team to go home on Thanksgiving still hungry for more.

NORTH QUINCY'S CHEERLEADERS will root for the Red Raiders in tomorrow's annual Thanksgiving Day game against Quincy. Front row, from left: Meaghan Munson, (captain) Nicole O'Neil and (captain) Giandra Rivera. Middle row, from left: Kerin Cox, Katrina Caruso, Jenna McDonough, Jen Donelin, Kayla Coyman and Stacey Jackson. Back row, from left: Jackie Salaris, Megan McMahon, Brianna Stora, Sally Black, Stephanie Brick, Nicole Mann, Patty Burke, Chelsea Murphy, Dayna Guest, Stephanie Smith, Ashley Ingemi and coach Christine Burke. *Photo Courtesy North Quincy High School*

The Series Record:

Quincy 40, North 28 5 Ties In 73 Games

Entering tomorrow's 74th annual Thanksgiving Day game, Quincy High School holds the edge with a 40-28-5 series record.

The contests in 1934, 1937, 1940 and 1983 were scoreless affairs, while the 55th meeting in 1987 ended in a 14-14 stalemate.

The series was last deadlocked at 7-7-3 going into the 1950 game.

The Presidents have won a record seven straight Turkey Day games and 11 of the last 12. The Red Raiders will be trying to rebound after last year's 14-0 loss.

The series history:

1933: North 6, Quincy 0
1934: North 0, Quincy 0
1935: North 14, Quincy 6
1936: North 6, Quincy 0
1937: North 0, Quincy 0
1938: Quincy 19, North 0
1939: North 6, Quincy 0
1940: North 0, Quincy 0
1941: Quincy 34, North 0
1942: Quincy 27, North 0
1943: Quincy 12, North 7
1944: North 6, Quincy 0
1945: North 7, Quincy 0
1946: Quincy 31, North 6
1947: Quincy 19, North 6
1948: North 8, Quincy 6
1949: Quincy 25, North 0
1950: Quincy 20, North 0
1951: Quincy 21, North 0
1952: Quincy 32, North 19
1953: North 20, Quincy 7
1954: Quincy 18, North 0
1955: Quincy 44, North 20
1956: Quincy 19, North 13
1957: Quincy 18, North 7
1958: Quincy 25, North 16
1959: North 18, Quincy 14
1960: North 28, Quincy 20
1961: Quincy 10, North 0
1962: North 18, Quincy 0
1963: North 14, Quincy 10
1964: Quincy 12, North 8
1965: Quincy 20, North 16
1966: North 8, Quincy 0
1967: North 14, Quincy 6
1968: Quincy 21, North 8
1969: Quincy 53, North 0
1970: Quincy 16, North 6
1971: North 30, Quincy 12
1972: North 24, Quincy 8
1973: North 20, Quincy 10
1974: Quincy 14, North 13
1975: North 15, Quincy 8 (OT)
1976: North 24, Quincy 0
1977: Quincy 34, North 8
1978: Quincy 13, North 7
1979: Quincy 34, North 3
1980: North 27, Quincy 20
1981: North 7, Quincy 0
1982: Quincy 26, North 3
1983: Quincy 0, North 0
1984: Quincy 14, North 12
1985: North 7, Quincy 6
1986: North 24, Quincy 7
1987: North 14, Quincy 14
1988: Quincy 29, North 21
1989: North 27, Quincy 26
1990: Quincy 23, North 17
1991: North 7, Quincy 0
1992: North 20, Quincy 0
1993: North 14, Quincy 7
1994: Quincy 21, North 14
1995: Quincy 9, North 7
1996: Quincy 12, North 7
1997: Quincy 7, North 0
1998: North 21, Quincy 6
1999: Quincy 21, North 13
2000: Quincy 28, North 13
2001: Quincy 12, North 7
2002: Quincy 12, North 7
2003: Quincy 20, North 7
2004: Quincy 27, North 0
2005: Quincy 14, North 0

Only League Win For Raiders, Presidents Against Nauset

Teams 1-6 Versus Common Opponents

The Quincy and North Quincy high school football teams had seven common opponents this season as both squads played in the Atlantic Coast League.

The Presidents and the Red Raiders both posted 1-6 records in those contests.

The only Atlantic Coast League win for both teams were victories over winless Nauset High School. Quincy defeated Nauset 34-7 and North Quincy won 32-0.

Quincy lost close games to Falmouth, 16-13, and Dennis-Yarmouth, 12-6. North Quincy lost to Falmouth, 29-7, and were beaten by Dennis-Yarmouth, 17-14.

Both teams were shutout by Marshfield High School, the 2006 ACL champion. Quincy lost 34-0 while North lost, 33-0.

Quincy won a non-league game against Canton High School, 14-6, while North lost two non-league games. The Red Raiders were beaten by Somerville High School, 28-13, and Randolph High School, 20-16.

Supervised School Gyms Program Starts Dec. 2

The Quincy Recreation Department will conduct supervised programs in 10 neighborhood school gymnasiums on Saturdays beginning Dec. 2

The Saturday gum programs are free and are open to boys and girls ages 8 through high school. The time varies for each of the age groups.

All programs have walk-in registration at each location and are open only to Quincy residents. Participants may attend the location of their choice, not just their neighborhood gymnasium.

Assorted gym activities such as floor hockey, tag football, basketball and relay races will be conducted under the supervision of the Quincy Recreation Department staff.

The core schedule is 9 to 10:30 a.m. for elementary age youth; 10:30 to noon for middle and high school age youth. The schedule may be adjusted to accommodate differences in attendance by age group.

The Saturday schedule is offered at the following schools: Atherton Hough, Beechwood Knoll, Bernazzani, Merrymount, Montclair, Snug Harbor, Squantum, Point Webster, Wollaston and Atlantic.

SPORTS SPORTS

North Quincy Red Raiders vs. Quincy Presidents

Quincy Looks To Keep Holiday Streak Alive

(Cont'd From Page 25)

Noble, in his years coaching at Quincy, has seen players who may not have been the star, shine in this game, and that is something that will not catch him off guard if it happens again this year.

"Sometimes it the kid you least expect that steps up and contributes," he said. "Last year, Brian Smith who was a senior who didn't start, made a game-turning play on an attempted onside kick. You expect your stars to contribute, but sometimes it is that kid you least expect who makes a key play."

Offensively there are a couple of starters on offense who may have a chance to standout this year. Besides Boyle at quarterback and Hazelhurst at running back, Quincy will institute a three receiver/one tight end set to start the game. Seniors Alex Chan and Anthony Gilbody with start alongside senior Camillo Arredondo at receiver, and junior Diego Arredondo will start at tight end.

Defensively, the Presidents will be led by Arredondo. Quincy plays a number of their offensive players on the defensive side of the ball. You can expect to see Hazelhurst, Tucker, and juniors Joe Reggiannini, Diego Arredondo and Zack Olhson attacking the Red Raiders when they have the ball.

If the Presidents hope to slow down North Quincy they will have to come up with defensive game plan to stop Shaun McBrien, Terrence Sibley and the rest of the Raider offense.

"For us to be successful we are going to have to stop their running game," Noble said. "If we can take away that, and have their team focus on throwing the ball, it may benefit us. But McBrien is a good quarterback, and Dave Guerriero is multi-talented and he has made some great catches for them. Sibley is also a good back and very dangerous."

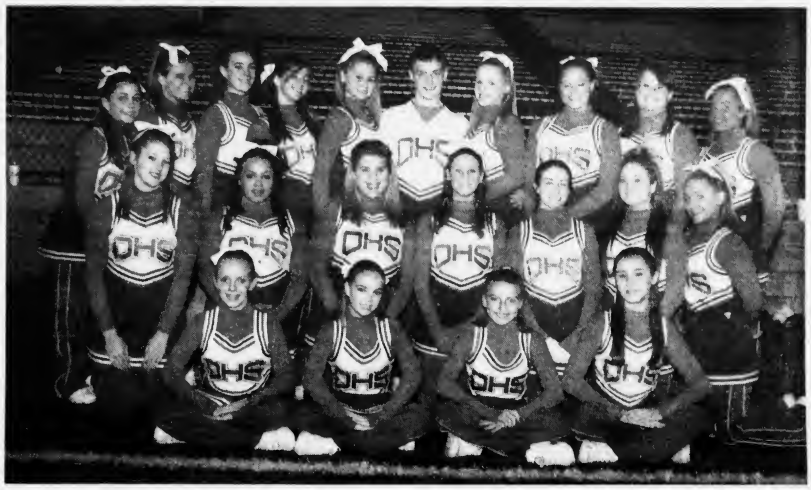
The Presidents and Noble had aspirations and goals that were not met this year, but a win on Thanksgiving will go a long way from turning an otherwise disappointing season around.

"Everyone goes through down periods. It is part of football, but we can't and don't dwell on it," Noble said. "If you dwell on losing, you start to act and play like losers. It is never discussed. We go to work and try to get it right. Winning and losing can be habit forming, and we have had good couple of years, and have been successful in this game for seven straight."

"Around here (Quincy) there is so much emphasis placed on this game. We need to keep it in perspective, but I know for the seniors it is a big deal. It is their last time playing in this rivalry. Quincy has been fortunate to win seven in a row. A win would soften the blow."

Since the series began back in 1933, no school had won more than five games in a row on Thanksgiving until this current streak by the Presidents. If they can win tomorrow, Quincy will have topped the previous best of five wins in a row set by the 1933-1937 Red Raiders and the 1954-1958 Presidents.

Over the last seven years, a win for the Quincy Presidents on Thanksgiving Day has been gravy.



QUINCY'S CHEERLEADERS will be on the sidelines supporting the Presidents when the battle the Red Raiders in tomorrow's Thanksgiving Day game. Front row, from left: Caylie Gibson, Christine Farnsworth, Carlie Hennebury and Amanda MacNeill. Second row: Shannon Lally, Taila-Jade Whitford, (captain) Taylor Dennehey, (captain) Krysta Davis, (captain) Hannah Donovan, Victoria Dimuzio and Jessica Greason. Third row: Amanda Faiella, Samantha Troup, Janine Shappee, Morgan Tucker, Meghan Greally, Paul Boyd, Stephanie Blowers, Danielle Millan, Samantha Reynolds and Jessica Giardani. Missing: Ashley Fooks.

Quincy Sun Photo/Robert Noble

Quincy's Camillo Arredondo On 1st-Team League Post-Season Team

The Quincy Presidents' Camillo Arredondo was recently selected by the coaches of the Atlantic Coast League to its 1st-team all-ACL post-season team.

Arredondo, a senior captain, was chosen by the coaches for his extraordinary play at the linebacker position. Arredondo was tied for the most votes at the linebacker position with a player from Marshfield.

Arredondo led the Presidents in tackles and he also sees time on the offensive side of the ball. He had a three game stretch against Marshfield, Dennis-Yarmouth and Nauset High Schools were he recorded 42 tackles.

North Quincy's Terrence Sibley, Quincy's Tom Hazelhurst Leading Scorers

The Quincy Presidents and the North Quincy Red Raiders head into tomorrow's 74th annual Thanksgiving Day game with high aspirations. Quincy will be looking to push its winning streak to eight straight games, while the Red Raiders will be aiming for the school's first Thanksgiving Day win since 1998.

The Presidents' scoring leader in 2006 is senior running back Tom Hazelhurst. Hazelhurst leads the team with 8 touchdowns and two receiving scores for a total of 48 points. Jared Tucker has scored three times for a total of 18 points.

North Quincy's Terrence Sibley leads the Raiders with four rushing touchdowns and 24 total points. Dave Guerriero has contributed two touchdowns, one rushing and one receiving, and has also kicked 10 extra points for a total of 22 total points.

Senior quarterbacks Matt Boyle (Quincy) and Shaun McBrien (NQ) have each thrown five touchdowns. McBrien has also chipped in with two rushing scores, while Boyle has one rushing TD.

It'll Be Veteran Coach Versus A Rookie

Tomorrow at the 74th annual Thanksgiving Day game there will be a 7-time Turkey Day veteran coach on one sideline, and a first-time rookie coach on the other.

The Quincy Presidents are coached by Bob Noble and the North Quincy Red Raiders are coached by Jim Connor.

Noble, who is in his eighth year, is a perfect 7-0 on Thanksgiving. He has been part of the Quincy coaching staff since 1985. Noble teaches social studies Quincy High School.

Connor, who will be coaching in his first Thanksgiving Day game, is a 2003 graduate of Boston College. He played 4 years for the B.C. Eagles and was an offensive linemen and a long snapper.

Before being named head coach, Connor spent three years on the Red Raider coaching staff. He teaches history at North Quincy High School.

Squantum Turkey Trot Thursday

The Squantum July 4th Committee will hold its fifth annual Squantum Turkey Trot tomorrow (Thursday) beginning at 9 a.m. at Robert I. Nickerson Legion Post, 20 Moon Island Road, Squantum.

The fund-raiser is in preparation for next year's 98th annual July 4th Parade.

Entry fee is $15, which includes refreshments and a T-shirt for the first 75 who register.

Sign-up will take place in the morning at the Post. For more information, call 617-328-4982.

Exercise Classes

The Quincy Council on Aging will hold a safe senior exercise program every Monday and Wednesday at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., Quincy Point.

For more information, call the Council at 617-376-1506.

QUINCY SUN NEWSCARRIERS WANTED
Here's a chance to earn extra money by building a Quincy Sun home delivery route.
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You Auto Know
by Bill Starkie and Kevin McGroarty

SNAKES ON CARS

Many vehicles are equipped with a single drive belt that is used to drive multiple accessories (alternator, water pump, air conditioning compressor, etc.) instead of having a separate belt drive each accessory. This so-called "serpentine" belt gets it name from the way it snakes around the various pulleys. The advantage of having the serpentine belt is that it is simpler and generally easier to replace than the multiple belts in older vehicles. However, if the serpentine belt were to fail, there would be an interruption in power to all accessories driven be the belt, including some critical ones. Thus, it is very important to regularly check the condition of this important belt and replace it when recommended.

Serpentine belts are depended on for many of the accessories, including crucial ones such as power steering. With this in mind the professional mechanics at LEO & WALT'S SUNOCO, located at 258 Quincy Ave., E. Braintree, recommend that your routinely have your vehicle's belt(s) inspected to prevent complete belt failure. We are your local source for propane for grills, motor homes, and converted vehicles. Questions? Call 781-843-1550.

HINT: A screeching noise coming from beneath the hood of your vehicle may be a sign of a loose belt

Leo & Walt's Sunoco
258 QUINCY AVE., E. BRAINTREE
781-843-1550

OBITUARIES

George F. Meacham, 93

Retired Yacht Painter

A funeral Mass for George F. Meacham, 93, of Houghs Neck, a retired yacht painter, was celebrated Nov. 15 at Holy Trinity Parish, Church of the Most Blessed Sacrament, Sea St.

Mr. Meacham died Nov. 10 at South Shore Hospital.

He worked at the Fore River shipyard in Quincy, Quincy Adams Yachts, and the Crosby Yacht Yard on Cape Cod. He retired at 62.

Born in Boston, he was raised in Quincy and was a lifelong resident of the city.

Husband of the late Mary F. (Blieler) Meacham, he is survived by a son, William G. Meacham of Quincy; two daughters, Joan Haskins of Quincy and Patricia Martin of Weymouth; seven grandchildren, 14 great-grandchildren, and two great-great-grandchildren.

Burial was in Mount Wollaston Cemetery, Quincy.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

June M. Dullnig, 65

A private graveside funeral service for June M. (Trayfoot(Dullnig), 65, of Quincy, a homemaker, was conducted Nov. 16 at the Bayside West Cemetery in Eastport, Maine.

Mrs. Dullnig died Nov. 13 at the Brigham and Women's Hospital in Boston after a brief illness.

Born in Oxford, England, she was raised and educated in Oxford. She moved to Quincy after immigrated to the United States in 1959.

She loved the outdoors, boating and recently had enjoyed kayaking.

Mrs. Dullnig and her family had spent the Fourth of July in Eastport, Maine, for 40 years.

She is survived by her husband of 44 years, Robert F. Dullnig; a son, Bobby F. Dullnig of Weymouth; two daughters, Jean E. McQuiggan of Weymouth and Linda M. Gibbons of Pembroke; and seven grandchildren.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Ann Castleman, 86

A funeral service for Ann (Karas) Castleman, 86, a longtime Quincy resident, was held Nov. 14 at Stanetsky Memorial Chapel, Canton.

Mrs. Castleman died Nov. 11 at Quincy Medical Center.

She was a member of Temple Sinai in Sharon. Previously, she was a member of Beth Israel Synagogue and Hadassah in Quincy for many years.

Wife of the late Bernard Castleman, she is survived by a daughter, Jane Castleman Hochman; a son, James Castleman; two sisters, Lillian Palefsky and Irene Barrand; and four grandchildren.

Burial was in Quincy Hebrew Cemetery, West Roxbury.

Elaine Meade, 81

Hoemaker, Medical Secretary

A funeral Mass for Elaine (Carroll) Meade, 81, of Quincy, a homemaker and retired medical secretary, was celebrated Nov. 16 at Saint Ann's Church, Wollaston.

Mrs. Meade died Nov. 12 at the Kindred Northeast Speciality Hospital in Braintree.

Born in Milford, Conn., she lived in Harrisburg, Penn. from 1973 to 1978. She worked at the Harrisburg Hospital.

She was a graduate of Rosary Academy High School in Watertown and earned her associate degree from Boston University.

Mrs. Meade worked through the mid-1990s at Massachusetts General Hospital in the Ambulatory Care Center and earlier as a medical secretary for the fracture service. Previously, she worked from home typing medical manuscripts while raising her family.

She loved classical music, playing the piano, reading, travel and history. She maintained an extensive collection of films and documentaries.

ELAINE MEADE

Husband of the late Thomas F. Meade, she is survived by a son, Thomas F. Meade III of Quincy; five daughters, Carol Gillon of Middleboro, Patricia Fatseas of Quincy, Linda Crotty of Bridgewater, Anne (Meade) Meade of East Bridgewater; Teresa Zais of Braintree; 16 grandchildren and one great-grandchild.

Burial was in Pine Hill Cemetery, Quincy.

Funeral arrangements were made by the Keohane Funeral Home, 785 Hancock St., Wollaston.

Memorial donations may be made to Fr. Bill's Place, 38 Broad St., Quincy, MA 02169.

Pauline M. Howard, 85

World War II Navy Veteran

A memorial Mass for Pauline M. Howard, 85, of Quincy, a Navy veteran of World War II, will be celebrated Monday, Dec. 4 at 8 a.m. at St. John the Baptist Church, 44 School St., Quincy Center.

Miss Howard died Nov. 14 at Brockton Veterans Administration Hospital Nursing Facility.

Born in Dorchester, she lived in Quincy for most of her life until moving to the nursing facility five years ago.

Miss Howard was a cryptographer during World War II and later worked at the Department of Veterans Affairs as an administrative secretary.

She enjoyed traveling, plays and musicals.

She is survived by two nieces and many cousins.

A graveside service was held Nov. 17 in Mount Benedict Cemetery, West Roxbury.

Funeral arrangements were made by the Dahlborg-MacNevin Funeral Home in Brockton.

Dominic J. Conso, 54

Retired Quincy Firefighter

A funeral Mass for Dominic J. Conso, 54, of Middleboro, formerly of Quincy, a retired Quincy firefighter, was celebrated Nov. 14 at Most Blessed Sacrament Church, Sea St., Houghs Neck.

Mr. Conso died Nov. 7 while bow hunting in Bridgewater.

He worked for a time as a Goliath crane operator at the Fore River shipyard. He then joined the Quincy Fire Department, where he worked for 27 years. He retired several years ago.

Born and raised in Quincy, he was a 1970 graduate of Quincy High School. He had lived in Middleboro for the past 10 years.

Mr. Conso is survived by his fiance', Marie Tantillo of Middleboro; his parents, James and Jean (Hennessey) Conso of Houghs Neck; two daughters Carolyn Carpenter and Amy Conso of Plymouth; his twin brother, James W. Conso; two sisters, Debra Conso and Jean Conso, both of Quincy; a grandchild; and many aunts, uncles, cousins, nieces and nephews.

DOMINIC J. CONSO

Burial was in Mount Wollaston Cemetery, Quincy.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Michael J. Benedini, 88

Welder

A funeral Mass for Michael J. Benedini, 88, of North Marshfield, formerly of Quincy, a retired welder, was celebrated Tuesday at Keohane Funeral Home, 785 Hancock St.

Mr. Benedini died Nov. 17 at Harbor House Nursing & Rehab. Center, Hingham.

He was a welder and worked at the Fore River Shipyard following the war for 10 years, then worked for Metal-Made Products in Allston for over 40 years, retiring in 1975

Born in Vermont, he lived in Quincy for 50 years before moving to North Marshfield 12 years ago.

He loved to travel and was a wonderful craftsman, with a specialty in woodworking. He was proud of his family and loved spending time with them.

Husband of the late Antoinette Benedini, he is survived by a daughter, Barbara Ahern of North Marshfield; a grandson, Paul Ahern; a granddaughter, Christianne Hendriksen, and six great grandchildren.

Burial was in Blue Hill Cemetery, Braintree.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Donations may be made to the Immaculate Conception Building Fund, 3 Fayette St., Lowell, MA 01852.

Marie M. Martin, 89

Homemaker

A funeral Mass for Marine M. (McKay) Martin, 89, of Braintree, formerly of North Quincy, a homemaker, was celebrated Tuesday at the Church of St. Thomas More, Braintree.

Mrs. Martin died Nov. 17 at South Shore Hospital in Weymouth.

Born in educated in Boston, she had lived in North Quincy before moving to Braintree 47 years ago.

She was devoted to her family and was an avid reader. She was a communicant of the Church of St. Thomas More in Braintree.

Wife of the late James C. Martin, she is survived by a daughter, Mary Louise Doyle of Hingham; five grandchildren, seven great-grandchildren and four nieces.

Burial was in Blue Hill Cemetery, Braintree.

Funeral arrangements were made by the Mortimer N. Peck - Russell Peck Funeral Home, Braintree.

Memorial donations may be sent to the Church of St. Thomas More, 8 Hawthorn Rd., Braintree, MA 02184 or to the South Shore Visiting Nurse Association, 100 Bay State Dr., Braintree, MA 02184.

DON McCARTHY
Managing Director

A THOUGHT FOR THE WEEK

It's that time of the year that nearly everyone pauses to give thanks for all the goodness that has passed their way during the past year. Thanks are given for the love of our families; the love of friends; the love of our neighbors and for so many things. . .

We, at the Deware Funeral Home, are thankful, too, for so many things. We're thankful for the love of both family and friends in our community and State in which we live. We're thankful, too, of the privilege of living in the most wonderful country in the world. . .

We're thankful for the opportunity to be part of your life every week, and for the trust you place in us for allowing us to be part of your reading every week.

We're especially thankful for the trust and confidence that you have shown to us at our home and toward our services. . .

We, are the Deware Funeral Home, wish all of you a very Happy Thanksgiving.

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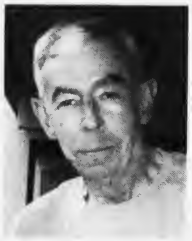
(617) 472-6344

Richard J. O'Neill, 69

Retired Nuclear Draftsman



RICHARD J. O'NEILL

A funeral Mass for Richard J. O'Neill, 69, of Quincy, a retired nuclear draftsman, was celebrated Monday at St. Gregory Church, 2223 Dorchester Ave., Dorchester.

Mr. O'Neill died Nov. 15 at Quincy Medical Center.

He worked for Boston Edison for 30 years. He retired in 1997.

He served in the Army from 1956 to 1958 and received the Army of Occupation Medal (Germany).

Mr. O'Neill was a past vice president of Clerical Union 387.

He was an avid sports fan and enjoyed discussing politics. He loved his boat, which he docked at the Town River.

Born and raised in Boston, he was a 1956 graduate of Cathedral High School and received his associate's degree from Newbury College. He lived in Quincy for 40 years.

Mr. O'Neill is survived by his wife, Rosemary T. (Youngclaus) O'Neill; eight children, Anne Marie Fallon of Florida, Michelle Torchetti of Abington, Karen Ball of Quincy, Michael O'Neill, Jeanne O'Neill, Julie O'Neill Mark O'Neill and Stephanie O'Neill; two sisters, Claire M. McIntire of Randolph and Marylou O'Neill of Dorchester; and eight grandchildren.

A funeral Mass will be celebrated at 10 a.m. Monday at St. Gregory Church, 2223 Dorchester Ave., Dorchester. Burial will be in Massachusetts National Cemetery in Bourne.

Funeral arrangements were by Alfred D. Thomas Funeral Home, Milton.

Donations may be made to Dorchester Youth Alternative Academy, 1532B Dorchester Ave., Dorchester, MA 02122.

Barbara G. Bray, 74

Retired Medical Secretary

A funeral Mass for Barbara G. (Alther) Bray, 74, of Quincy, a retired medical secretary, was celebrated Tuesday at St. Ann's Church, 757 Hancock St.

Mrs. Bray died Nov. 14 at home.

She worked for many years for Dr. James Bougas in Boston, retiring in 1992. She was also a homemaker.

She was an accomplished oil painter and was a volunteer with the Quincy Art Association for many years.

Mrs. Bray also enjoyed singing and playing the piano.

Born in Boston, she lived in Jamaica Plain before moving to Quincy 46 years ago.

Wife of the late Burton E. Bray, she is survived by two sons, Burton Bray of Irvine, Calif., and Brian Bray of Chester, N.H.; four step-sisters; and two grandchildren.

Burial was in Massachusetts National Cemetery, Bourne.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Donations may be made to Quincy Art Association, 26 High School Ave., Quincy, MA 02169.

Mary C. Bryan, 84

Retired Professor, Scholar

A funeral Mass for Mary C. Bryan, 84, of West Quincy, a retired professor and Fulbright scholar, was celebrated Monday at St. Mary's Church, 115 Crescent St., West Quincy.

She died Nov. 15 at home.

Miss Bryan taught English literature and world literature at Regis College for 45 years. She was a chairperson of the English department from 1971 to 1975 and helped develop the women's studies program.

The college awarded her an honorary doctorate of letters in 1990, two years after her retirement.

Miss Bryan attended the University of Munich in Germany from 1955 to 1956 as a Fulbright scholar.

She wrote several books about novelist Forrest Reid.

She attended Regis College as an undergraduate with a full scholarship and graduated in 1944. She received her master's and doctorate degrees from Boston University.

She was a graduate of Sacred Heart School in Weymouth.

Miss Bryan was born in Quincy.

She is survived by a brother, Matthew "Obie" Bryan of Hemet, Calif.; a sister, Roseann "Ronnie" Bryan Shipley of Anaheim, Calif.; and several nieces, nephews, grandnieces and grandnephews.

Burial was in St. Mary's Cemetery, Quincy.

Funeral arrangements were by Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Donations may be made to the American Cancer Society, 1115 West Chestnut Street, Brockton, MA 02301.

Mary A. Sibella, 77

Secretary

MARY A. SIBELLA

A funeral Mass for Mary A. Sibella, 77, of Quincy, a secretary for James Russell Engineering, was celebrated Monday at Sacred Heart Church, 386 Hancock St.

Miss Sibella died Nov. 16 at Quincy Medical Center after a battle with cancer.

She worked for the Dorchester firm for 45 years. She had not yet retired.

A devoted Catholic, she was active in Sacred Heart Church as a member of the prayer group and a CCD teacher.

She enjoyed bowling and traveling and was an avid reader.

Miss Sibella was born in Boston and grew up in Dorchester. She lived in Quincy for 37 years.

She is survived by three sisters, Joan O'Connor of Quincy, Angela Becker of Boston and Geraldine "Gerry" Sullivan of Hingham, and three brothers, Bernard "Jackie" Sibella of Hull, Martin Sibella of Las Vegas and Francis Sibella of Quincy.

Burial was in St. Michael's Cemetery, Boston.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Donations may be made to the Cardinal Cushing Center, 405 Washington St., Hanover, MA 02339.

John E. Prakop, 89

Construction Worker

A funeral service for John E. Prakop, 89, of Carver, former of Quincy, a construction worker, was held Nov. 13 at Shepherd Funeral Home, Carver.

Mr. Prakop died Nov. 9 at Nemasket Healthcare Center in Middleboro.

He owned King Form Construction in Quincy and was a crew member for the television program "This Old House."

An Army veteran of World War II, he was a sergeant in the Fifth Armored Division, serving in Europe.

Mr. Prakop fought in the Battle of the Bulge, in the Rhineland and the Ardennes. On April 1, 1945, Easter Sunday, he was wounded entering the town of Munchengladback, Germany. He was awarded the Purple Heart.

Born in Duquesne, Penn., he lived in Quincy's Houghs Neck area for 35 years. He then moved to Marshfield for a year, and lived the past 25 years in Carver.

Mr. Prakop was a life member of the Bryan VFW Post 613 in Quincy and the DAV Bonney Post in Plymouth.

He loved Christmas, traveling through Maine and New Hampshire and flying his kite from the top of Acadia Mountain in Mt. Desert Island, Maine. He also enjoyed woodworking.

He is survived by his wife, Louise (Reynolds) Prakop; six sons, Philip Prakop of Middleboro, Thomas Prakop of Shreveport, La., William Prakop of O'Fallon, Mo., John Prakop Jr. of Marshfield, Ted Prakop of Weymouth and Robert Prakop of Quincy; two sisters, Irene Wilmans of McKeesport, Pa., and Emma Babyak of West Mifflin, Pa.; a brother, Richard Prakop of Duquesne; two stepsons, John Ballam of Longmont, Colo., and Michael Ballam of Marshfield; four stepdaughters, Karen Ballam of Lowell, Nancy Reynolds of Sagamore, Mary Pinkham of Duxbury and Patricia Coolman of Panama City Beach, Fla.; and 27 grandchildren and six great-grandchildren.

He was the husband of the late Gertrude (Southerland) Prakop.

Burial was in Massachusetts National Cemetery, Bourne.

Memorial donations may be made to Cranberry Area Hospice, 36 Cordage Park Cir., Ste 326, Plymouth, MA 02360.

COA Seeking Wheelchairs

The Council on Aging is in urgent need of wooden or metal wheelchairs of all sizes and canes to help disabled seniors to get around.

If you have one, call the council at 617-376-1506.

COA In Need Of Bath Seats

The Council on Aging is in urgent need for bath seats for senior citizens.

If you have one to donate, call the COA at 617-376-1245.

Vets Adviser At COA Office

John D. Miller of Home Care Partners, will be at the Council on Aging office, 83 Saratoga St., each Wednesday to advise veterans or their surviving spouses of their in-home care benefits.

To schedule an appointment, call the Council on Aging at 617-376-1506.

Frances K. Barlow, 93

Retired Howard Johnson Plant Manager

FRANCES K. BARLOW

A funeral service for Frances K. (Keswick) Barlow, 93, of Quincy, a retired manager at the former Howard Johnson plant in Quincy, was held Nov. 18 at the Dolan Funeral Home, 460 Granite Ave., Milton.

Mrs. Barlow died Nov. 15 at Life Care Center in Plymouth.

She worked 30 years at the plant, and at a Howard Johnson candy store in Quincy after retiring. Previously she was a hostess for Schrafts.

Born in New Brunswick, Canada, she came to the United States when she was 14. She worked as a maid in the Waltham area and attended school at night so she could obtain her GED.

She and her husband moved to Quincy after they were married and lived in the city many years.

Mrs. Barlow was a longtime active member of Wollaston Congregational Church.

Wife of the late Clifford E. Barlow, she is survived by a sister, Zenobia "Obie" Boisclair of Framingham; five grandchildren and four great-grandchildren.

She was the mother of the late Barbara O'Neill and Donna Murphy Barlow.

Burial was in Pine Hill Cemetery, Quincy.

Funeral arrangements were made by the Dolan Funeral Home, Milton.

James Oag, 79

World War II Army Veteran

A funeral service for James Oag, 79, of Quincy, an Army veteran of World War II and a retired Boston Edison supervisor, was celebrated Nov. 18 at Old South Union Congregational Church, South Weymouth.

Mr. Oag died Nov. 15 at South Shore Rehabilitation and Skilled Care Center in Rockland after a long illness.

He retired as supervisor with Boston Edison in 1989. Previously he worked for Bethlehem Steel and General Dynamics at the Fore River shipyard and for the Steamship Authority at the East Boston Shipyard as a machinist.

Mr. Oag was a member of the Masonic Lodge in Quincy for 50 years.

He enjoyed spending winters in Marco Island, Fla.

Born, raised and educated in Quincy, he moved to Weymouth in the 1960s and lived there for 30 years.

He lived in Leisurewoods in Rockland for 10 years and moved back to Quincy two years ago.

Mr. Oag is survived by his wife of 55 years, Annie M. (Hart) Oag; a son, James A. Oag of Hingham; a daughter, Leanne Rich of Hanover; seven grandchildren and a great-granddaughter; and many nieces and nephews.

He was the father of the late Lorna Byron.

Burial was in Mount Wollaston Cemetery, Quincy.

Funeral arrangements were made by the McDonald Funeral Home in Weymouth.

Other Obituaries On Page 33

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(617) 698-6264

RELIGION

Houghs Neck Congregational Christmas Pageant Dec. 16

The Houghs Neck Congregational Church Sunday School will present "One Night in Bethlehem," a traditional Christmas Pageant, on Saturday, Dec. 16 at 5 p.m. at the church, 310 Manet Ave.

All are welcome to attend the free performance.

The original play incorporates the gospel of St. Luke to tell the story of the birth of Jesus. Following the pageant, a church supper of homemade soups and chowders will be offered.

"What better way to remember the true meaning and spirit of the season than with an old-fashioned, traditional Christmas pageant,?" said Jennifer Logue, superintendent of the church's Sunday School program. "We invite everyone to bring your family, neighbors and friends to come and join in this special Christmas celebration."

Houghs Neck Congregational Church is handicapped accessible

For directions or more information, call (617) 479-8778.

'Hymn Fetival In Honor Of Christ The King' At Sacred Heart Church Sunday

The combined music ministries at Sacred Heart Parish will perform a "Hymn Festival in Honor of Christ the King," Sunday, Nov. 26 at 7 p.m. in Sacred Heart Church, 386 Hancock St., North Quincy.

The event will feature the adult choir, children's and youth choirs, cantors, ChoirChimes and instrumentalists leading the congregation in music from "Great Comprehensive," the parish's hymnal.

The feast of Christ the King, on the last Sunday in Ordinary Time, begins the last week of the liturgical year. Sacred Heart's music ministry began a tradition of celebrating a hymn festival on this day every second year back in 2001 when it introduced the parish's new hymnal to the community.

The music for this year's performance is drawn from the Psalms, the "hymnal of the Bible."

Refreshments and fellowship will follow in the lower church. The event is free and open to the public.

Holiday Fair At St. Chrysostom's Church

St. Chrysostom's Episcopal Church, 1 Linden St., Wollaston, will hold its annual "Holiday Fair" Friday, Dec. 1 and Saturday, Dec. 2

Fair hours on Dec. 1 are from 6 to 9 p.m. beginning with a chowder supper catered by Barefoot Bob's of Hull.

The fair will run from 9 a.m. to 3 p.m. on Dec. 2.

The event will feature Deware's Bake Shop, Asian delights, The Book Shoppe, trash 'n treasures, Iacobucci's Cookies, roll ups, the Jewelry Boutique, children's table, Mite Box Thrift Shop, holiday gifts and crafts and a silent auction.

For more information, call (617) 472-0737.

St. Andrew's Sunday At Point Congregational

The sound of the Great Highland Bagpipes and Celtic Harp will be heard on St. Andrew's Sunday, Nov. 26 at the 10 a.m. worship service at the Quincy Point Congregational Church, 444 Washington St., Quincy.

Matthew McArthur will play the Great Highland Bagpipes at the service.

St. Andrew is the patron saint of Scotland, Greece, Russia, Romania, Amalfi, Italy and Luqa-Malta. He is considered the protector of mariners, fishermen and singers.

MATTHEW McARTHUR

The Rev. Ann Suzedell, pastor, will preach a sermon entitled "In the Spirit of St. Andrew." Those in attendance will be invited to view the stained glass window in the sanctuary devoted to St. Andrew.

Bethany Congregational

Bethany Congregational Church, 18 Spear St., Quincy Center, will have Sunday worship and church school Sunday at 10 a.m.

The Rev. Gary W. Smothers will conduct the service and preach a sermon from Mark entitled "Christianity is a Christmas Faith."

Following the worship service, there will be fellowship time in the Allen Parlor. Light refreshments will be served.

Quincy Community United Methodist

Sunday worship and Sunday school will begin at 10:30 a.m. with Adult Bible study starting at 9 a.m. at Quincy Community United Methodist Church, 40 Beale St., Wollaston.

Lector will be Kelly Cobble. Ushers are Brian and Nancy White.

Coffee hour will be hosted by Peg McCulley, Mary Emsheiner and Linda Nogueira in Susanna Wesley Hall.

Catholic Women's Prayer Group

The Catholic Parishes of Quincy announce a Catholic Women's Prayer Group will meet the third Tuesday of every month beginning Dec. 19.

The group meets 7 to 8:15 p.m. in St. Joseph's Parish Center, 22 Pray St., Quincy Point.

The evening provides an opportunity for participants to deepen their relationship with Christ.

All are welcome.

For more information contact Sister Pay Boyle at 617-479-5400 (St. Ann's), or Dorothy Ruggiero, 617-472-6321 (St. Joseph's).

Quincy Religion Directory

SERVICES & ACTIVITIES

Assemblies of God

Glad Tidings
158 Washington St., Quincy
phone: 773-9797
Rev. Gregory E. Wheaton, Pastor
Sunday Worship 8:30 11 a.m. Christian Ed 10 a.m.
Senior Hi Youth 7 p.m. Wed. 7 p.m. Berean Bible Study
Roya Ranger Missionettes Friday Junior Hi Youth 7 pm
•Youth & Children's Ministry
•Contemporary Worship
•Marriage & Family Group
•International Fellowship
•DivorceCare

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 7, 9:30 & 11:30am. Weekdays 9am
Handicapped Accessible
New Members Welcome!

Unitarian

UNITED FIRST PARISH, Quincy
1306 Hancock St., across from Quincy Center T
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SUNDAYS, 10:30 a.m.
Rev. Sheldon W. Bennett, Minister
• A Welcoming Congregation •
617-773-1290 • www.ufpc.org

Congregational

First Church of Squantum
164 Bellevue St. • 617-328-6649
Pastor: Michael S. Robertson
Co-Pastor: Dr. Emmy Robertson
10 a.m. Sunday Worship
All Are Welcome

To Advertise in this Directory, Call 617-471-3100

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4pm (Sat.) 7:45am, 9am (Family Liturgy)
10:30am (with Choir) and 5pm
12 noon at Star of Sea Church
Weekday Masses
Mon.-Fri 7am and 9am, Sat. 9am
Handicapped Accessible
Confessions
Sat. 3-3.45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m., 10:30 a.m. & 5 p.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

ST. JOHN THE BAPTIST
44 School St.,
Quincy
617-773-1021
Weekend Mass Schedule
Saturday (Vigil Mass) 4 p.m.
Sunday 7:30 a.m., 9 a.m. and 11 a.m. (Family Liturgy)
Weekday Masses
Monday - Saturday 8 a.m.
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
• 617-479-5400
Pastor: Rev. John J. Ronaghan
Weekend Mass Schedule:
Saturday 4:00 PM
Sunday 7:00, 9:00, 11:30AM
Daily Masses: 9:00 AM
Handicapped Chairlift Available

Congregational

HOUGHS NECK CONGREGATIONAL CHURCH
310 Manet Ave., Quincy
www.hncong.org
Sunday, Nov. 26
Worship Service 9:30 am
Family Sunday
Theme: 'God Keeps His Promises"
Christ the King Sunday
Sunday School 9:30 AM
Rev. John Castricum
617-479-8778

BETHANY CONGREGATIONAL CHURCH
Corner of Spear & Coddington Sts., Quincy Center • 617-479-7300
10 AM Sunday Worship
Church School
Sermon: 'Christianity is a Christmas Faith'
Fellowship Follows Service in Allen Parlor

QUINCY POINT CONGREGATIONAL CHURCH
444 Washington St . • 617-773-6424
Worship and Church School 10 am
Rev. Ann Suzedell, Pastor
visit us at www.QPCC.org

UNION CHURCH
Beach St. & Rawson Rd., Wollaston
Sunday Service 10 AM
617-479-6661
Rev. John Carl Swanson
Pastor

PEACE

Congregational

WOLLASTON CONGREGATIONAL CHURCH
48 Winthrop Ave. - 617-773-7432
Pastor: Rev. Mary Lou Gifford
Sunday Worship Nov. 26
Sermon Topic:
'Circle of Hope'
Preacher: Mary Louise Gifford
Scripture: 2 Samuel 23: 1-7
RESPONSIVE READING:
MARK 13: 1-8

Covenant

COVENANT CONGREGATIONAL CHURCH
Corner of Whitwell & Granite St.
Sunday Worship 10:00 AM
Rev. Karen Palmatier, Pastor
9 a.m. – Christian Education for all ages
Child Care Available - All Are Welcome
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Wed., Thur. 9:30 am - 12 noon
617-479-5728

Nazarene

Wollaston Church of the Nazarene
37 E. Elm Ave., Wollaston
(617) 472-5669
On The Campus Of
Eastern Nazarene College
Pastor: Rev. Fred. Fullerton
Sunday Services
8:30 am - Holy Communion
9:45 am - Adult & Children's Sunday School
11 a.m. - Blended Worship Service
Come Worship with Us!

Episcopal

St. Chrysostom's Episcopal Church
Corner of Hancock & Linden Sts., Quincy
(617) 472-0737 • www.stchrysostom.com
Rev. David Hefling
Sunday School 9 a.m.
Adult Forum 9:15 a.m.
Holy Eucharist Rite 10 a.m.
Nursery Care During Service
Coffee Hour Following
ALL WELCOME
THRIFT SHOP HRS - W, TH, FR. 10am-4pm

Evangelical

EVANGELICAL CHURCH OF ATLANTIC
65 Newbury Ave. North Quincy
(617) 847-4444
Pastor Bill Donahue
Sunday Morning Worship 10:10 AM
Childcare Available

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Dr. Susan Jarek-Glidden, Pastor

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45 SUNDAY SCHOOL
11AM WORSHIP SERVICE
BRASS BAND MUSIC
7PM TUES WOMEN'S FELLOWSHIP
7:15PM WED. BIBLE STUDY

Spiritualist

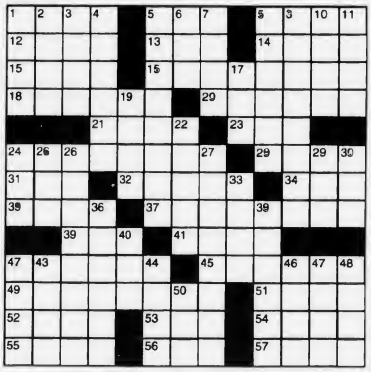
First Spiritualist Church of Quincy
40 West St., Quincy, MA 02169
(617) 770-2246
Services: Sunday 11 a.m. to 12:30 PM
Coffee and Conversation following service.
(Services 8 PM Wednesdays June, July, August)
Pastor Rev. Rita S. Berkowitz, C.H.,C.M.

SUN FUN PAGE

King Crossword

ACROSS
1 - Romeo (car)
5 Beavers' construction
8 Despot
12 Frobe who played Goldfinger
13 401(k) alternative
14 Enormous
15 Egg
16 Spinal-column part
18 Male escort
20 Dental buildup
21 Reddish-brown quartz
23 Apiece
24 Upright
28 Obi
31 Rage
32 Mephistopheles
34 Prompt
35 Bridge position
37 Amused
39 A billion years
41 Lucy's hubby
42 Musket accessory
45 Slanted type
49 One who's sometimes outgoing, sometimes shy
51 Bart's sister
52 "Unforgettable" singer
53 Romanian money
54 Snitched
55 Supplements, with "out"
56 Minion of 32-Across
57 Individuals

DOWN
1 Quite eager
2 Jeans-maker Strauss
3 1960s dance
4 Maximally
5 Wed no more
6 Exist
7 Shopping venue
8 "- a Small Hotel"
9 Take away
10 Taj Mahal city
11 Caboose's place
17 Spigot
19 - -back (mellow)
22 Michelangelo sculpture
24 Compete
25 Historic time
26 Look like
27 Party hearty
29 Seek restitution
30 Common contraction
33 For fear that
36 Colonial loyalists
38 Theater district
40 Thanksgiving abbr.
42 "The Amazing -"
43 Uncontrollable
44 Sandwich shop
46 Cowardly Oz critter
47 Gilligan's home
48 Two-timers
50 Sleep phenom



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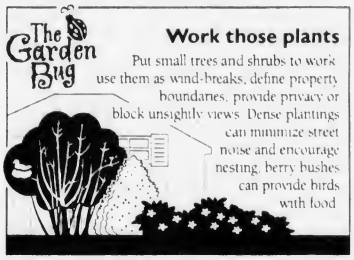

MAGIC MAZE ● DICTATORS

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Batista	Hussein	Mussolini	Stalin
Bonaparte	Lon Nol	Noriega	Suharto
Franco	Marcos	Pinochet	Tito
Hitler	Mugabe	Pol Pot	

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Trivia test by Fifi Rodriguez

1. PERSONALITIES: What was the boxing champion Muhammad Ali's original name?
2. FOOD & DRINK: What is the liquor cassis made from?
3. POP CULTURE: In what year was the Pillsbury Doughboy introduced in TV ads?
4. ASTRONOMY: What is a "maria"?
5. ART: Who painted the famous portrait called "American Gothic"?
6. LITERATURE: Who wrote the novel "The Heart is a Lonely Hunter"?
7. MOVIES: Who was the first black man to win an Oscar?
8. ROYALTY: What is Prince Andrew's official title?
9. INVENTIONS: Who is credited with inventing Teflon?
10. U.S. PRESIDENTS: What was the name of President Clinton's cat?

Answers
1. Cassius Clay
2. Black currants
3. 1965
4. Also known as a sea, a maria is a dark region on the Moon.
5. Grant Wood
6. Carson McCullers
7. Sidney Poitier won for his role in "Lilies of the Field."
8. Duke of York
9. Roy Plunkett
10. Socks

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50 Trivia Quizzes Send $4.50 check or money order to: Trivia, P.O. Box 536475, Orlando, FL 32853-6475

Quincy Typewriter Service
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FALL SPECIAL
IBM Selectrics Reconditioned
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5 Maple Street
Quincy, MA 02169 617-472-3656

Salome's Stars

ARIES (March 21 to April 19) This is a good time to let that intrepid Aries temperament take charge. Your strong leadership will help settle those still-unresolved situations. Support comes from a surprising source.

TAURUS (April 20 to May 20) Your problem-solving talents shine as you move to cool down heated emotions. You also inspire trust in all parties when you act with careful consideration of their feelings.

GEMINI (May 21 to June 20) That long-delayed commitment begins to look better to you. But there's still a crucial fact or two you need to know about it. A health problem needs to be taken care of.

CANCER (June 21 to July 22) Don't waste time trying to learn why someone you relied on is wavering in his or her support of your stand on a workplace issue. Move on with the help of more steadfast allies.

LEO (July 23 to August 22) Relationships enter a brighter period, both at home and in the workplace. Prospects also look good for single Leos and Leonas, who can expect a welcome visit from Cupid.

VIRGO (August 23 to September 22) Those mixed signals that were complicating your life are giving way now to clear, definitive guidelines. This makes it easier for you to weigh your options and make decisions.

LIBRA (September 23 to October 22) Ask your partner for an explanation of what seems to be a sign of strain in your relationship. The sooner you understand the problem, the sooner you can both act to resolve it.

SCORPIO (October 23 to November 21) A new challenge in the workplace holds an exciting promise for the future. But be aware of the fact that you haven't been told about all the demands you might have to meet.

SAGITTARIUS (November 22 to December 21) Your financial picture brightens as you get into sorting out realistic goals and those that are not reachable at this time. "Caution" remains your fiscal watchword.

CAPRICORN (December 22 to January 19) You're deep into your new project, and that's just fine. But don't neglect your family and friends. Spending time with people you care for is always a wise investment.

AQUARIUS (January 20 to February 18) Past feelings are suddenly reawakened. This could make you emotionally vulnerable. Be careful about decisions you might be asked to make at this time.

PISCES (February 19 to March 20) You've come to a place where you'll be facing important decisions that can affect your future. Rely on your strong moral compass to guide you toward making the right choices.

BORN THIS WEEK: You're gifted with both natural wisdom and wit — a good combination for success as a writer, a teacher and, most importantly, a parent.

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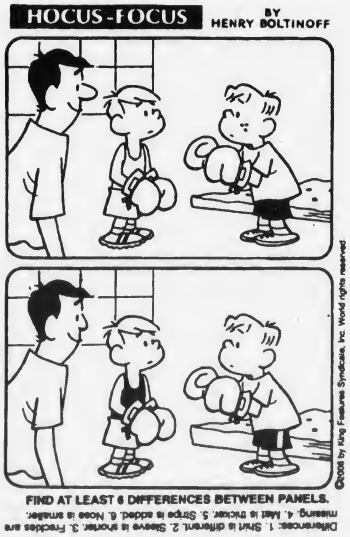
HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

Differences: 1. Shirt is different. 2. Sleeve is shorter. 3. Freckles are missing. 4. Mat is thicker. 5. Stripe is added. 6. Nose is smaller.

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Wishing Well®

7	6	5	6	3	7	8	7	5	3	6	5	7
D	E	B	D	D	E	B	V	E	E	U	C	E
3	7	2	3	4	8	4	5	4	5	7	5	7
F	L	B	I	F	U	O	O	R	N	O	S	P
2	5	6	2	4	8	2	3	6	7	8	2	7
E	I	C	Y	T	S	O	N	A	T	I	U	A
2	5	3	5	6	3	8	6	5	7	6	4	3
R	D	E	E	T	G	N	I	R	L	O	U	O
7	6	8	7	4	8	4	6	7	4	2	8	7
E	N	E	N	N	S	E	P	T	I	S	S	S
6	8	4	3	4	6	3	6	5	4	6	4	8
A	T	M	A	P	Y	L	S	A	R	O	O	R
5	4	8	3	6	4	6	8	2	4	2	5	2
T	V	I	S	F	E	F	P	E	S	L	E	F

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

King Crossword — Answers

Magic maze — Answers

LEGAL NOTICES

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2006-282
ORDERED: November 13, 2006
Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:
In Title 10. Vehicles and Traffic. Chapter 10.20 Stopping Standing and Parking.
Section 10.20.040 Parking - Prohibited and Restricted where.

ADD THE FOLLOWING

Street	Side	From	To	Type of Regulation
Quincy Street	West	#14 Quincy Street		Handicapped Parking

A TRUE COPY.
ATTEST: Joseph P. Shea
CLERK OF COUNCIL

11/22/06

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2006-283
ORDERED: November 13, 2006
Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:
In Title 10. Vehicles and Traffic. Chapter 10.20 Stopping Standing and Parking.
Section 10.20.040 Parking - Prohibited and Restricted where.

ADD THE FOLLOWING

Street	Side	From	To	Type of Regulation
Bersani Circle	West	Sagamore Street	Entire Length	No Parking Anytime

A TRUE COPY.
ATTEST: Joseph P. Shea
CLERK OF COUNCIL

11/22/06

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2006-284
ORDERED: November 13, 2006
Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:
In Title 10. Vehicles and Traffic. Chapter 10.20 Stopping Standing and Parking.
Section 10.20.040 Parking - Prohibited and Restricted where.

ADD THE FOLLOWING

Street	Side	From	To	Type of Regulation
Oval Road	South	Hancock Street	105' west of Hancock St.	No Parking Anytime

A TRUE COPY.
ATTEST: Joseph P. Shea
CLERK OF COUNCIL

11/22/06

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2006-288
ORDERED: November 13, 2006
Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:
In Title 10. Vehicles and Traffic. Chapter 10.20 Stopping Standing and Parking.
Section 10.20.040 Parking - Prohibited and Restricted where.

ADD THE FOLLOWING

Street	Side	From	To	Type of Regulation
Hudson Street	West	#37 Hudson Street		Handicapped Parking

A TRUE COPY.
ATTEST: Joseph P. Shea
CLERK OF COUNCIL

11/22/06

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2006-285
ORDERED: November 13, 2006
Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:
In Title 10. Vehicles and Traffic. Chapter 10.20 Stopping Standing and Parking.
Section 10.20 040 Parking - Prohibited and Restricted where.

DELETE THE FOLLOWING

Street	Side	From	To	Type of Regulation
Sagamore Street	North	Newbury Ave.	175' west of Newbury Ave.	No Parking

ADD THE FOLLOWING

Street	Side	From	To	Type of Regulation
Sagamore Street	North	Newbury Ave.	175' west of Newbury Ave.	2 hour Parking 8AM - 6PM Monday-Friday Holidays excluded

A TRUE COPY.
ATTEST: Joseph P. Shea
CLERK OF COUNCIL

11/22/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Norfolk Division
Docket No. 06D0832-DV1
ORDER FOR SERVICE BY PUBLICATION

JUSTINE FAGERLUND,
Plaintiff
v.
JOHN BURKE,
Defendant

Upon motion of plaintiff for an order directing JOHN BURKE the defendant herein, to appear, plead, or answer, in accordance with Mass. R. Civ. P./Mass. R. Dom.Rel. P. Rule 4, it appearing to the Court that this is an action for DIVORCE.

Pursuant to Supplemental Probate Court Rule 411, an Automatic Restraining Order has been entered against the above named parties, and that the said defendant cannot be found within the Commonwealth and that HIS present whereabouts are unknown; that personal service on said defendant is therefore not practicable, and that said defendant has not voluntarily appeared in the action.

It is **Ordered** that said defendant is directed to appear, plead, answer, or otherwise move with respect to the complaint herein on or before the **2ND day of FEBURARY, 2007**. If you fail to do so this Court will proceed to a hearing and adjudication of this matter.

It is further **Ordered** that the accompanying summons be published once a week for three consecutive weeks in the **QUINCY SUN ON 11/22/06, 11/29/06, 12/06/06, a newspaper published in QUINCY, MA 02169, 1372 HANCOCK STREET**, the publication to be 60 days at least before said return day. It is further **Ordered** that a copy of the summons be mailed to the defendant at HIS last known address by registered or certified mail.

Date 11/7/06.

DAVID H. KOPELMAN
Justice of Probate and Family Court

11/22, 11/30, 12/7/06

Reverse Mortgage Topic

Ed Barrett, a reverse mortgage specialist, will discuss his specialty on the first and third Wednesdays of the month at 1 p.m. at the Council on Aging office, 83 Saratoga St., North Quincy.

Reverse mortgage is a new program offered by the federal government thst allows seniors to convert a portion of their home equity into tax free cash.

For an appointment, call Ann Bruce at 617-376-1506.

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2776EP

In the Estate of
MARY E. MACKINNON
Late of QUINCY
In the County of NORFOLK
Date of Death
January 31, 2004

NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that GARY S. MACKINNON of SCITUATE in the County of PLYMOUTH or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **DECEMBER 20, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, November 9, 2006.

PATRICK W. McDERMOTT
Register of Probate

11/22/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Norfolk Division
Docket No. 06D0832-DV1
DIVORCE/SEPARATE SUPPORT SUMMONS BY PUBLICATION

JUSTINE FAGERLUND,
Plaintiff(s)
V.
JOHN BURKE,
Defendant(s)

To the above named Defendant(s):

A Complaint has been presented to this Court by the Plaintiff(s), JUSTINE FAGERLUND, seeking DIVORCE.

An Automatic Restraining Order has been entered in this matter preventing you from taking any action which would negatively impact the current financial status of any party. Please refer to Supplemental Probate Court Rule 411 for more information.

You are required to serve upon ROBERT HARNAIS, ESQ. -- whose address is 15 FOSTER STREET, QUINCY, MA. 02169 your answer on or before 2/02, 2007. If you fail to do so, the Court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer in the office of the Register of this Court at CANTON.

Witness, DAVID H. KOPELMAN, Esquire, First Justice of said Court at CANTON, this 7TH day of 11, 2006.

DAVID H. KOPELMAN
Justice of Probate Court

11/22, 11/30, 12/7/06

LEGAL NOTICE

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2006-286
ORDERED: November 13, 2006
Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:
In Title 10. Vehicles and Traffic. Chapter 10.20 Stopping Standing and Parking.
Section 10.20.040 Parking - Prohibited and Restricted where.

ADD THE FOLLOWING

Street	Side	From	To	Type of Regulation
Common Street	North	#95 Common Street		Handicapped Parking

A TRUE COPY.
ATTEST: Joseph P. Shea
CLERK OF COUNCIL

11/22/06

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2006-287
ORDERED: November 13, 2006
Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:
In Title 10. Vehicles and Traffic. Chapter 10.20 Stopping Standing and Parking.
Section 10.20.040 Parking - Prohibited and Restricted where.

ADD THE FOLLOWING

Street	Side	From	To	Type of Regulation
Rawson Road	West	#41 Rawson Road		Handicapped Parking

A TRUE COPY.
ATTEST: Joseph P. Shea
CLERK OF COUNCIL

11/22/06

OBITUARY

Maria V. Rosati, 90

Seamstress

A funeral Mass for Maria V. (Franciosa) Rosati, 90, of Pembroke, formerly of Quincy, will be celebrated today (Wednesday) at 10 a.m. in Saint John the Baptist Church, 44 School St., Quincy Center.

Mrs. Rosati died Nov. 18 at Jordan Hospital in Plymouth after a brief illness.

She was born raised and educated in Anversa degli Abruzzi, Italy. She immigrated to the U.S. in 1956 to Quincy. She had lived in Quincy for 45 years before living with her daughter in Pembroke the past four years.

Mrs. Rosati was a seamstress. She worked in the curtain manufacturing industry for many years. She retired many years ago.

She was a longtime member of Saint John the Baptist Church in Quincy and was also a member of the Saint John's Senior Citizens Group.

Wife of the late Pasquale Rosati, she is survived by a daughter, Gabrielle Nugent of Pembroke; two grandsons and two great-grandchildren.

Interment will be in Mount Wollaston Cemetery, Quincy.

Visiting hours were Tuesday from 4 to 7 p.m. at the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to a charity of choice.

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Bristol Division
Docket No. 06D1229-DV1
ORDER FOR SERVICE BY PUBLICATION

Juana A. Herrera of
Taunton, Plaintiff
v
Richard C. Pike,
Of Parts Unknown,
Defendant

Upon motion of plaintiff for an order directing Richard C. Pike the defendant herein, to appear, plead, or answer, in accordance with Mass. R. Civ. P./Mass. R. Dom.-Rel. P. Rule 4, it appearing to the Court that this is an action for divorce.

Pursuant to Supplemental Probate Court Rule 411, an Automatic Restraining Order has been entered against the above named parties, and that the said defendant cannot be found within the Commonwealth and that his/her present whereabouts are unknown; that personal service on said defendant is therefore not practicable, and that said defendant has not voluntarily appeared in this action.

It is **Ordered** that said defendant is directed to appear, plead, answer, or otherwise move with respect to the complaint herein on or before the twenty-sixth day of January, 2007. If you fail to do so this Court will proceed to a hearing and adjudication of this matter.

It is further **Ordered** that the accompanying summons be published once a week for three consecutive weeks beginning November 6, 2006, a newspaper published in Quincy Sun, 1372 Hancock Street, MA 02169, the publication to be 60 days at least before said return day. It is further **Ordered** that a copy of the summons be mailed to the defendant at his/her last known address by registered or certified mail.

Date August 31, 2006.

ELIZABETH O'NEILL LaSTAITA
Justice of Probate and Family Court

11/9, 11/16, 11/22/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Bristol Division
Docket No. 06D1229-DV1
Divorce/Separate Support Summons By Publication

Juana A. Herrera of
Taunton, Plaintiff
v
Richard C. Pike,
Of Parts Unknown,
Defendant

To the above named Defendant:

A Complaint has been presented to this Court by the Plaintiff, Juana A. Herrera, seeking Judgment of Divorce.

An Automatic Restraining Order has been entered in this matter preventing you from taking any action which would negatively impact the current financial status of either party. Please refer to Supplemental Probate Court Rule 411 for more information.

You are required to serve upon John F. Groark, Esq. - plaintiff - attorney for plaintiff - whose address is 121 Pine Street, Walpole, MA 02081 your answer on or before January 26th, 2007. If you fail to do so, the court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer in the office of the Register of this Court at Taunton.

Witness, Elizabeth O'Neill LaStaiti, Esquire, First Justice of said Court at Taunton, this 31st day of August, 2006.

ROBERT E. PECK
Register of Probate Court

11/9, 11/16, 11/22/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2607EP

In the Estate of
VIRGINIA K. CRIMMINS
Late of N. QUINCY
In the County of NORFOLK
Date of Death
September 8, 2006

NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that JOHN A. CRIMMINS of ACTON in the County of MIDDLESEX or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **DECEMBER 6, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, October 23, 2006.

PATRICK W. McDERMOTT
Register of Probate

11/22/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Norfolk Division
Docket No. 05P1599EP
Notice of Fiduciary's Account

To the persons interested in the estate of Julia Holloway late of Quincy, in the county of Norfolk.

You are hereby notified pursuant to Mass. R. Civ. P. Rule 72 that the 1st and final account(s) of Donna Calcagno as executrix (the fiduciary) of said estate has been presented to this Court for allowance.

If you desire to preserve your right to file an objection to said account(s), you or your attorney must file a written appearance in said Court at Canton on or before the ***20th day of December, 2006*** the return day of this citation. You may upon written request by registered or certified mail to the fiduciary, or to the attorney of the fiduciary, obtain without cost a copy of said account(s). If you desire to object to any item of said account(s), you must, in addition to filing a written appearance as aforesaid, file within thirty days after said return day or within such other time as the Court upon motion may order a written statement of each such item together with the grounds for each objection thereto, a copy to be served upon the fiduciary pursuant to Mass. R. Civ. P. Rule 5.

WITNESS, DAVID H. KOPELMAN, ESQUIRE, FIRST JUSTICE of said Court at Canton this 7th day of November, 2006.

PATRICK W. McDERMOTT
Register of Probate

11/22/06

Save Gas and Money
Shop Locally

LEGAL NOTICE

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2006-281
ORDERED: November 13, 2006

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.20 Stopping Standing and Parking. Section 10.20.040 Parking - Prohibited and Restricted where.

DELETE THE FOLLOWING

Street	Side	From	To	Type of Regulation
Belmont Street	West	#39 Belmont Street		Handicapped Parking

A TRUE COPY.
ATTEST: Joseph P. Shea
CLERK OF COUNCIL

11/22/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-089

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, NOVEMBER 28, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of AZIZ AYDUGAN for a FINDING to convert the existing Print Shop into a 20 seat Pizza Shop in violation of Title 17 as amended Chapter 17.24.020 (non-conformance) on the premises numbered 39 WASHINGTON STREET, QUINCY.

Jack Garland, Chairman

11/22/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-088

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, DECEMBER 5, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of PHIL MOYLAN & MARY HALLAHAN VARDEN for a VARIANCE to construct an addition in violation of Title 17 as amended Chapter 17.20.040 (dimensional requirements), and 17.28 (parking) on the premises numbered 65/67 BILLINGS STREET, QUINCY.

Jack Garland, Chairman

11/16, 11/22/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2738EP

In the Estate of
KENNETH PARKER FALLON AKA
KENNETH P. FALLON, JR.
Late of QUINCY
In the County of NORFOLK
Date of Death
September 28, 2006

NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that KENNETH P. FALLON III of MARSHFIELD in the County of PLYMOUTH or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **DECEMBER 20, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, November 8, 2006.

PATRICK W. McDERMOTT
Register of Probate

11/22/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 81F1231AP

In the Estate of
DAVID KELL
Late of WRENTHAM
In the County of NORFOLK
Date of Death
August 29, 1998

NOTICE OF PETITION FOR APPOINTMENT OF ADMINISTRATOR

To all persons interested in the above captioned estate, a petition has been presented praying that RICHARD M. MCLEOD of QUINCY in the County of NORFOLK or some other suitable person be appointed administrator of said estate to serve with personal surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **DECEMBER 13, 2006**.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, November 1, 2006.

PATRICK W. McDERMOTT
Register of Probate

11/22/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2654EP

In the Estate of
EILEEN T. CREHAN AKA
EILEEN CREHAN COLLINS
Late of QUINCY
In the County of NORFOLK
Date of Death
August 24, 2006

NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that SCOTT T. COLLINS of QUINCY in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **DECEMBER 13, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, November 1, 2006.

PATRICK W. McDERMOTT
Register of Probate

11/22/06

Classifieds

SERVICES

FALL CLEANUPS

- Full Yard Cleanups
- Gutter Cleaning
- Hedge / Shrub Trimming
- Mulching
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LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2635EP

In the Estate of
MADELINE YEE SMITH
Late of QUINCY
In the County of NORFOLK
Date of Death
May 23, 2006

NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that SUZANNE F YEE of BURLINGTON in the County of MIDDLESEX or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10.00AM) ON **DECEMBER 6, 2006**

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, October 26, 2006.

PATRICK W. McDERMOTT
Register of Probate

11/22/06

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INDEX
- ❑ Services
- ❑ For Sale
- ❑ Autos
- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
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MONTCLAIR ELEMENTARY SCHOOL PTO recently held a Halloween Sock Hop. Celebrating the occasion in full costume are (from left) Nicole Lee, Madison Halley, Andrew Halley and Meghan Newcomb. *Jackie Delaney Photos*

HAPPY HALLOWEEN - Having a fun time at the recent Montclair Elementary School PTO Sock Hop are, from left: Lauren Carter, Joe Nelson, Cindy Nelson, Lindsay Delaney, Austin Lee, Lindsay Lee, Joey Dwyer and Andrew Nelson.

Halloween Sock Hop At Montclair Elementary School

HAVING A 'PURR-FECT' time at the Montclair Elementary School PTO Sock Hop are Paige Flaherty and Annie Waterman.

STUDENTS Lindsay Delaney (left) and Dana Grasselli wear nice smiles to go with their colorful costumes at the Montclair Elementary School PTO Sock Hop.

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Presidents Defeat Red Raiders In 74th Thanksgiving Day Game
- Page 19 -

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper

VOL. 39 No. 11 | Thursday, November 30, 2006 | 40¢

It's Beginning To Look Like Christmas

SANTA, THE STAR of the 54th annual Quincy Festival Christmas Parade Sunday waves to the crowd riding on the Quincy Fire Department's Ladder One. With ideal weather the event drew thousands of all ages. *Quincy Sun Photos/Robert Noble*

BERRY BEAR GREETS youngsters at Pageant Field as they wait for Santa's arrival by parachute Saturday. Other photos on Pages 14, 15 and 28.

THE WOODWARD SCHOOL float took the grand prize in the non-commercial division, winning the Fr. Thomas Tierney Trophy and a cash prize of $1500.

On 5-1 Vote, But Keenan Calls Proposal 'Flawed'

$400 Rebate For Qualified Seniors Takes Step Ahead

By MIKAELA SLANEY

The mayor's proposal to grant $400 rebates to qualified senior homeowners took another step toward reality at Monday night's City Council Finance Committee meeting.

The Neighborhood Stabilization Fund which would help seniors on a fixed income and facing rising costs to remain in their homes, was approved on a 5 to 1 vote.

Lone dissenter was Chairman John Keenan who called it "a severely fundamentally flawed piece of legislation... I respect the spirit and where it comes from, I just don't think it works. It's too simple an approach, and it doesn't serve who it should."

Keenan suggested that senior citizens look into other underutilized funding programs.

Mayor William Phelan's Neighborhood Stabilization Fund assists residents 62 years of age and older who have lived in their homes for 20 years or longer.

The grants would be 90 percent of available funding per year, divided by the number of qualified individuals. But the grant is not to exceed $500, and under new amendments, shall be no less than $400 in the first year.

Ward 2 Councillor Daniel Raymondi made the motion to accept the order, saying that it would help a group of people who need it.

"There is no perfect piece of legislation," Raymondi said. "Will this benefit them? Yes."

Ward 3 Councillor Kevin Coughlin and Ward 1 Councillor Leo Kelly agreed with Raymondi, saying despite possible flaws, the legislation should be pushed through. Ward 6 Councillor Brian McNamee said he could understand Keenan's concerns, but voted favorably for the order.

Keenan expressed doubts as to whether the funding would be provided exclusively to seniors who need it.

(Cont'd On Page 2)

City Issues New 'Good Neighbor Guide'

Mayor William Phelan announces that every household in Quincy will receive the city's new "Good Neighbor Guide", an informational booklet on the city ordinances that affect the quality of life in the neighborhoods.

Residents should receive the booklet in the mail next week, he said.

Compiled by the Office of Constituent Services, and in conjunction with the new Code Enforcement Officer, the guide provides information on trash disposal ordinances, noise ordinances, parking, building regulations, driving, public peace and welfare, shopping carriages, dumpster regulations, and other subjects.

"As the City focuses in stricter regulation of the quality of life ordinances with our new Code Enforcement Officer, we thought it important to launch a corresponding educational campaign so that residents are aware of the ordinances that protect our neighborhoods," said Phelan. "I believe that we can make substantial improvements in our neighborhoods through education and enforcement."

Part of the city's "Neighborhood First" campaign, the common sense tips are provided in both English and Chinese.

Quincy recently hired its first Code Enforcement Officer to focus strictly on enforcing the city ordinances that impact the quality of life. Kenneth Burke, a veteran parking control officer, was hired last month and works in the Inspectional Services Department.

"Code enforcement was one of the needs identified as a priority by residents in our 'Neighborhoods First' survey results," Phelan said. "With our educational campaign backed by an enforcement officer, we can make substantial gains in this area."

■ Wollaston Marsh Concerns Meeting - *Page 3* ■ School Christmas Poster Winners - *Page 9*

THE QUINCY KNIGHTS of Columbus recently presented a $5000 check to James Cassetta, CEO of WORK Inc. WORK Inc. based in Quincy serves over 1,000 individuals with disabilities daily. From left to rightare: Jim Kelley, Joe Donnelly, Jim Cassetta CEO of WORK Inc. Patrick McDermott, Dan McElevary, Howard Crowley, Tom Murphy (Back Row) Charlie Freeman, Kevin Mullaney, John Donlan and Joe Murphy.

$400 Rebate For Qualified Seniors Takes Step Ahead

(Cont'd From Page 1)

He said guidelines could include senior citizens who have ample money saved up, those who have paid off their homes, and couples where both are working.

"Certainly there are senior citizens who should have it," he said. "This legislation doesn't single them out, and they may only get it once."

Keenan also expressed concerns over the lack of a designated funding source, which ironically may lead to a higher taxation. "We're raising taxes to give it back to them, and those who don't need it," he said.

One possible funding source mentioned at the meeting would draw upon compensation from Quincy College for the exclusive use of city-owned Saville Hall.

Keenan said this source may yield a variable amount.

The criteria to qualify for funding are as follows:

• The individual must at least 62 years of age as of Jan. 1. Keenan said this may not be fair to those who are slightly shy of that age, but still longtime residents of Quincy with a fixed income.

• He or she must be the owner and occupant of a residential property of three units or less.

• He or she must have owned the property for at least 20 years prior to Jan. 1. Keenan said this also may not be fair to owners who are a few months shy of the cut off date.

• The owner must be current in his or her real estate tax obligations or has entered into a tax deferral agreement. Keenan said this guideline would keep the money from owners who may need it most.

• Only one co-owner per property is eligible for participation.

Keenan also suggested that the fund would cause additional tax forms, which may force senior citizens to have taxes done professionally for an additional charge.

Phelan previously proposed the ordinance in January of 2005 and it was passed in the following April, but did not sign it after discrepancies. Phelan reintroduced the Stabilization Fund in March of 2006, but it died in committee, said Kelly.

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21 locations
21 locations

Gutro Calls Meeting On Wollaston Marsh Areas Concerns

City Council President Doug Gutro who also represents Ward 5 has called a neighborhood meeting for tonight (Thursday), to discuss investigations, surveying and restoration efforts at three marsh areas in Wollaston.

The meeting will be held at 7 p.m. at Eastern Nazarene College's Cove Fine Arts Building on Wendell Avenue.

Marsh areas to be discussed are bounded by the following streets:

Marsh 1: Havilend Street, Roberta Lane, Dickens Street, Rice Road, Princess Eve Drive, Lois Terrace and Fenno Street.

Marsh 2: Copley Street, Randlett Street, Jordan Street, Morse Street, Labadine Street and Rice Road.

Marsh 3: Cleaves Street, Copley Street, Franklin Avenue, Franklin Terrace, Sachem Street, Sachem Park, Watkins Street and Landers Road.

Gutro has invited representatives from the Department of Public Works, Mayor's Office, and Norfolk County Engineering and Mosquito Control to speak.

"The purpose of the meeting is to update residents on recent efforts pursuant to an Aug. 1 walk of this area with Mayor Phelan," Gutro said. "The walk highlighted neighborhood concerns in these areas and discussed potential future city and county efforts to reduce localized flooding and mosquito populations, reduce potential fire hazards caused by overgrown vegetation; and improve the ecological health of marshes near Black's Creek and Wollaston Beach."

MAYOR WILLIAM PHELAN with Jonathan Theberge (left) of Boy Scout Troop 42 and Paul Trubiano of Cub Scout Pack 42. The annual Mayor's Breakfast to benefit scouting in Quincy will be held Dec. 14 at the Granite Links Golf Club ballroom.

Wreath Laying Ceremony Dec. 7 To 'Remember Pearl Harbor'

The Quincy Veterans' Council will conduct a Wreath Laying Ceremony to "Remember Pearl Harbor" on Thurs., Dec. 7 that 10 a.m..

The ceremony will be held in Mount Wollaston Cemetery, Veterans' Section at the Flag Pole on the World War II Memorial at the corner of Sea St. and Southern Artery.

Coffee and donuts will be served at the George F. Byran #613 V.F.W., 24 Broad St., immediately following the ceremony.

In case of inclement weather, the ceremony will be held in the lower hall of the V.F.W.

For further clarification, call Quincy Veterans' Services at 617-376-1194.

Safford Park Tree Lighting Ceremony Friday

The annual Safford Park Tree Lighting ceremony will take place Friday at 6 p.m.

Initiated five years ago by Councillor Kevin Coughlin in cooperation with Mayor William Phelan and Tom Koch of the Park Department, the event will feature the illumination of a tree with Christmas lights, planted to honor the life's work of Clara Yeomans, a long-time environmentalist and community activist.

Musical entertainment will be by the Quincy Public Schools with a reception to follow at the Wollaston School and maybe a visit from Santa Claus.

Safford Park is located on Beale Street between Prospect and Winthrop Avenue diagonally across from the Wollaston School.

QMC President, Court Magistrate To Receive Scout Awards

Dr. Gary Gibbons, MD, president and CEO of Quincy Medical Center and Quincy District Court Magistrate Arthur H. Tobin, former mayor, will be honored at the annual Mayor's Boy Scout Breakfast Dec. 14.

The two will receive the Good Scout Award at the breakfast, hosted by Mayor William Phelan and the Boston Minuteman Council of the Boy Scouts of America.

The Good Scout Award embodies the spirit of helpfulness to serve others on an individual and community basis.

Co-chairman of the event are Daniel J. Flynn III, Thomas P. O'Connell and Anthony Agnitti.

The breakfast, which benefits scouting programs in Quincy will be held at 8 a.m. in the ballroom at Granite Links Golf Club.

Tickets and sponsorships may be obtained by contacting the Scout office at 617-723-0007, ext. 317.

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How can you avoid weight gain, reduce injuries, and manage stress during the holidays? A good start is to attend our ***Holiday Survival Guide for Women,*** a presentation by Dietitian Jane Griffin, RD, LDN and Physical Therapist Brenda Ebode, PT, MBA.

This event is free, and refreshments will be served. **Reservations are required**, however, so call us toll-free at **1-877-479-CARE** to assure your place today.

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Moments in time

THE HISTORY CHANNEL

• **On Dec. 2, 1777,** Philadelphia housewife and nurse Lydia Darragh single-handedly saves the lives of Gen. George Washington and his Continental Army when she overhears the British planning a surprise attack. When the British marched toward Whitemarsh, they were surprised to find Washington and the Continental Army waiting for them.

• **On Dec. 1, 1914,** the San Francisco Stock & Bond Exchange becomes the first U.S. exchange to re-open its doors for business following the nation's temporary market shutdown after the outbreak of World War I.

• **On Nov. 27, 1924,** New York City's Macy's department store holds its first Thanksgiving Day parade, featuring large "floating" platforms. Felix the Cat was Macy's first parade balloon in 1927.

• On **Nov. 28, 1942,** the first production Ford bomber, the B-24 Liberator, rolls off the assembly line at Ford's massive Willow Run plant in Ypsilanti, Mich. By July 1944, the Willow Run plant was producing one B-24 every hour.

• **On Nov. 29, 1963,** one week after President John F. Kennedy was fatally shot while riding in a motorcade in Dallas, President Lyndon Johnson establishes a special commission, headed by Supreme Court Chief Justice Earl Warren, to investigate the assassination.

• **On Dec. 3, 1984,** one of the worst industrial disasters in history begins when a pesticide plant in the densely populated region of Bhopal in central India leaks a highly toxic cloud of methyl isocyanate. Of the estimated 1 million people living in Bhopal, 2,000 were killed immediately and at least 600,000 were injured.

• **On Nov. 30, 1996,** singer Tiny Tim dies of congestive heart failure. Born Herbert Khaury in New York in 1925, Tiny Tim became known for his humorous falsetto singing and ukulele strumming, most famously demonstrated in his trademark song "Tiptoe Through the Tulips."

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MBTA Capital Investment Program Hearing Dec. 5

The MBTA will hold a public hearing on its Five Year Capital Investment Program Tuesday, Dec. 5 at City Hall.

Senator Michael Morrissey said the 6 to 7:30 p.m. hearing will be for the South Shore communities.

Purpose of this and other hearings scheduled in other areas is to solicit public feedback on the Capital Investment Program.

"It is important for the public to provide its valuable input because it will help shape the MBTA's capital planning the next five years," Morrissey said.

The draft of the Five Year Capital Investment Program is available on the internet at www.mbta.com.

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
Removal of Public Shade Tree
City of Quincy, Park & Forestry Department

Pursuant to Massachusetts General Laws Chapter 87, Sections 3 and 4, a public hearing will be held on **Thursday, December 7, 2006, at 6:30 p.m.** in the Community Room of the Richard J. Koch Park and Recreation Complex, One Merrymount Parkway, Quincy, MA 02170 to consider the removal of the following:

1. 153 Kendrick Avenue - 44' Oak

Residents have petitioned the Park & Forestry Department seeking the removal of this tree.

The tree identified has been posted for public inspection. Any support of or objection to its removal must be submitted in writing to the City Arborist prior to or during the hearing. The mailing address for the Arborist is:

Quincy Park Department,
One Merrymount Parkway, Quincy, MA 02170
11/30/06

Sunbeams

By Henry Bosworth

A Legend Closes His Landmark

For 58 years, Ralph "Chick" Papile has cut the hair of four generations at his Quincy Point barbershop.

Last Saturday, after a surprise farewell party given by his family and attended by friends and customers, he locked the door at 381 Washington St. and walked away into retirement.

The shop has been a landmark since 1948 and Chick a legend in it.

"I feel very, very sad," he says. "But it's time to go. It's been a great run."

Chick, who will turn 80 next April, estimates he has given some 29,000 – maybe 30,000 – haircuts during that run, starting when the price was 50 cents.

Did all the standing bother his feet?

"No," he says. "But it has done a job on my right shoulder from raising my right arm all these years."

The shoulder pains so much that he is scheduled to enter South Shore Hospital today (Thursday) for surgery.

The shop was a popular gathering point for long-time friends who got an update on the political scene with their haircut.

It became a family barbershop for fathers, sons, grandchildren and great-grandchildren.

Now and then a well-known would stop by. Like Arizona Congressman Morris Udall when he was running for president in 1976. Udall was impressed by Chick and asked him if he would like to be a Congressional barber. Chick was flattered but politely said, "No." He didn't want to leave Quincy.

Chick had a wide range of regular customers. One of his favorites was Rabbi Jacob Mann of Beth Israel Synagogue.

"He used to tell me to be a businessman and not give things away," he muses.

The Papile family is a symbol of "The Greatest Generation."

Raffael and Lucia Papile, who were next door neighbors in Torre dei Passeri, Italy, were married in Quincy in 1906. He was 21 and she 17.

Raffael, who came to Quincy first, proposed to her by mail and sent her a boat ticket. Shrewdly, a one-way passage.

They raised 15 children – a 16th died at an early age – struggled through the Great Depression and saw seven of their sons patriotically go off to World War II.

Chick was one of them, serving as a fireman first class aboard the cruiser Little Rock and the battleship Tennessee and an ocean rescue tug.

Brothers Albert and George also served in the Navy, Jim in the Coast Guard, Leo in the Marines and Bill and Angelo in the Army – all overseas.

All seven came home safely.

The other children:

Alfonzo, Helen, Mary, Sadie, Gloria, Amelia, John and Edward. Jim's twin, Jenny, died at an early age.

Bill became a city councillor, Mary, assistant city treasurer, Jim, a city assessor, Leo, an MDC police officer; John, a member of the Quincy Board of Registrars and superintendent of the Milton Post Office; and Alfonzo, a member of the Quincy Housing Authority Board.

Only Chick, Jim and Gloria survive.

Raffael and Lucia had a large garden of vegetables to help feed the family during the depression. With 15 children, they ate in shifts.

Raffael had a deep sense of pride. He told Lucia to stay away from the welfare office. He would take care of his family. And, he did, finding road jobs and working on WPA projects.

And Chick recalls his mother telling the children: "You learn English. How am I going to learn it if you don't?"

They loved Quincy so much they gave it to Leo as his middle name. And whenever someone asked Leo what the Q. stood for, he would tell them: "It's Q for Quincy and I'm proud of it."

Chick went to barber school on the GI Bill and went on to own his own shop and became chairman of the state barber licensing board. An active Democrat, he served on the state legislative redistricting commission for Norfolk County.

Chick and his wife, the former Anna Baresi who died in June, 2003, raised four children of their own:

Ralph, a Wall Street bond analyst; Michael, a partner in a Boston merger and acquisition advisory firm; Lucia, a Medford assistant school principal; and Laura, a registered nurse. There are six grandchildren.

"It was fortunate that my parents came to Quincy," Chick says. "God gave us a good life here and the city provided us with a wonderful opportunity."

And, he adds humbly:

"You know, when I hear *God Bless America*, I cry."

CHICK PAPILE cuts the hair of an old friend, Tom Libby, one of his final customers before closing his Quincy Point barbershop after 58 years. Libby is owner of the next door Baxter Pharmacy.

Quincy Sun Photos/Noreen O'Shea

CHICK'S BARBERSHOP, a Quincy Point landmark for 58 years, is now closed. Chick Papile (here) locked the door Saturday.

'How To Write An IEP' Tonight At QHS Auditorium

"How to Write an IEP," a program teaching how to write an Individual Education Plan will be today (Thursday) from 7 to 9 p.m. at the Quincy High School auditorium.

The program is sponsored by Quincy Public Schools, and Quincy Parent Advisory Council to Special Education (QPAC).

Judy Todd, director of special education of Quincy Public Schools, will assist in the program.

For more information, call QPAC president Toni-Marie Mahoney at 617-773-4558.

Scenes From Yesterday

THIS IS AN early 1920s postcard view of Wollaston Boulevard looking north from Sachem Street. The seawall had not yet been built. The current upgrading of the boulevard includes narrowing the roadway but not so much as shown here. The present overhead streelight fixtures will not be changed but it would have been nice if they could have been replaced with something along the lines of the old gas fixture on this corner. The publisher, to show some sign of life in this view, added the automobile on the left to the postcard. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of Tom Galvin

READERS FORUM

Dangerous Crossing For North Quincy High Students

My child started 9th grade at North Quincy High School in September. It never occurred to me how dangerous it was to cross Hancock or Squantum Street before or after school because I never paid attention.

In the past few months I have waited to pick up my teenager in the McDonald's parking lot. I watched the students crossing Hancock Street and I was scared to death that one of them was going to get hit. There is nothing indicating there is a school there. There are no crossing guards and there are no police. I understand this is high school, but drivers don't pay attention and neither do high school students.

In September I wrote to the School Committee, the City Councilors and the Mayor's office about how dangerous it is around NQHS. This morning my worst fear was almost realized. My teenager was crossing with a group of other students in the crosswalk on Squantum Street when an elderly driver went right through. My child had to jump out of the way or else I would be writing this from the hospital instead of my home. It was inches! We did not get the license plate because it happened so fast.

I know the NQHS PAC has been trying to resolve this issue for years. Is it going to take some teenager getting killed to get someone up NQHS for a lousy 15 minutes in the morning and afternoon? I'm sick of the City of Quincy stalling about this issue. Do something about it!

Kathy McCluskey
W. Elm Ave.

Wants City To Hire Professional Traffic Engineer

(A copy of the following letter was submitted to the Quincy Sun for publication.)

Dear Mayor Phelan:

A serious question: "Why is the city of Quincy without the professional service of a traffic engineer?"

There are many questions I could ask, like "What is the population of the city? How many cars, trucks, fire engines, ambulances, police cars etc. travel through Quincy each day? How safe are the pedestrians from motorists traveling or walking through and across street corners?

The motorists are a challenge to these pedestrians, and the motorists are a challenge to themselves. There is little respect shown by either one. I believe this condition can be improved with a traffic engineer. Why is there not a traffic engineer in this city?

I recently have asked of several City Councillors: ask the mayor was the answer. Several years ago, I remember having talks with a traffic engineer, his name escapes me, but several items were discussed and rectified. These items were concerning parking at the stadium and left-hand turns. I do not know why the left-hand turns signs were eliminated at my corners. Parking at the stadium has improved. Left-hand turns are a frightful experience. One-way streets should be added, but who knows where?

Reason the number of vehicles on your streets today compared with the vehicles several years ago. The figures would amaze you. A traffic engineer is the person that can shuffle traveling on your streets from hour to hour that will amaze you, it takes a little planning and understanding.

The study will take time and over a period of time. The effects of the study will affect desired results painlessly through education. There will be talks of being inconvenienced because of patterns of change; however, prior to enforcement, much explanation by the press and other forms of communication will be offered.

Parking on streets can be changed for angle parking rather than conventional side wheels on curb. This would be most convenient if practiced at several spots in the City Hall area, stadium and large shopping areas, after research of increased parking spaces are made available. This will be done through hourly study of travel habits of motorists that take place every single day through "your" city.

I respectfully suggest a professional be secured to improve traffic conditions immediately.

Francis J. Derwin
Clay Street

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Quincy's Yesterdays

Christmas Parade Dedicated In Memory Of Sheriff Marshall

This Week
1996
10 Years Ago

By FRANK MCCAULEY

The 45th annual Christmas Festival Parade featuring more than 77 marching units will kick off Sunday at School and Elm Streets and proceed north along Hancock Street to North Quincy High School.

There will be no grand marshal this year as the event is being dedicated to the memory of Norfolk County Sheriff Clifford Marshall who died in August. Boston Red Sox third baseman Tim Naehring, a close friend of the Marshall family will be the parade's special guest, at the family's request.

Approximately 200,000 people are expected to line the 2.8 mile route. The parade theme is "A Story Book Christmas."

SQUANTUM GARDENS LEASE WITH NAVY SEEN BY DECEMBER

Mayor James A. Sheets said the city may sign a lease for the Squantum Gardens Property with the U.S. Navy by early December.

The city is planning to use the Navy owned site, empty since the closing of the South Weymouth Naval Air Station, for a 35,000 square foot senior center that would include senior housing, a health clinic and more.

Sheets noted, "The Navy is in full agreement with our use of the site."

$30,000 STATE GRANT TO BENEFIT CITY HALL

Secretary of State William Galvin, chairman of the Massachusetts Historical Commission, announced that the City Hall in Quincy has received a $30,000 grant from the Massachusetts Preservation Fund.

The grant is for interior restoration work using historical documentation, door and window repair, carpentry, plaster and painting repair.

QUINCY-ISMS

Quincy residents **Melissa Morad, Brigid Shaughnessey, Brenda Kelly, Melinda Joseph, Michelle Tasney and Charles Grassia** were performing in Musical Holiday IX at the Quincy Dinner Theater... **Mr.** and **Mrs. Paul O'Brien** became the parents of a daughter, **Erin Elizabeth**, born Oct. 19 at St. Elizabeth's Medical Center in Boston. Mrs. O'Brien is the former **Gail Colclough** of Quincy. Grandparents are **Mr.** and **Mrs. William Colclough** of Quincy and **Mr. and Mrs. Paul O'Brien** of Pembroke, formerly of Quincy... The Quincy High School Class of 1976 was planning its 20th anniversary reunion at the Sons of Italy, Quincy. **Noreen (Guest) O'Connell** was coordinating arrangements... Citizens Bank, with offices in Quincy, donated $12,500 to three Quincy organizations. Donations include $5,000 to Quincy Neighborhood Housing Services, $5,000 to the U.S. Naval Museum at the Fore River Shipyard and $2,500 to Father Bill's Place... A new parking area was dedicated at Our Lady of Good Counsel Church, Sea St., Merrymount. The lot was blessed by **Fr. James Curtin**. Parishioners in attendance included **Thomas Keddy, Matt McDonnell** and **Kevin Madden**. The parking area was dedicated in memory of the late **Dorothy Cavanagh** whose husband **Joseph** donated a substantial sum to go to funding the project... North Quincy High School marked the seventh signing of its business partnership with Boston Financial Data Services and State Street Bank. Speakers at the event included School Supt. **Eugene Creedon,** Principal **Peter Chrisom, Allison Quirk** of B.F.D.S. and **George Bowman,** State Street Bank... **Karen Lunsgaard** of Quincy, a Medford public school teacher, was awarded a 10 day trip to Japan by the Japanese Association of Greater Boston. She lives in Quincy with her husband, **Ernest Falbo** and their two children, **Jessica**, 12, and **Nicholas**, eight... The Colonial Federal Savings Bank, 15 Beach St., Wollaston, was offering "10 year fixed rate mortgages at 7.375 percent APR with 0 points,"... The Fort Square Presbyterian Church celebrated the 100th anniversary of its founding. Mayor **Sheets** presented Pastor **Rev. Richard Brondyke** with a proclamation commemorating the 100th milestone. **Audrey MacDonald** was the Anniversary Committee Chairman... The Quincy Veterans Council held its installation of officers for 1997 at the George F. Bryan VFW Post. Officers installed were: **Edward McAllister**, Commander, **Thomas Stansbury**, Senior Vice-Commander, **Lawrence Norton**, Junior Vice-Commander, **Henry Bradley**, P.C., Finance Officer, and **Mary Timcoe**, P.C., Assistant Finance Officer... Two Quincy residents were named Advanced Placement Scholars at Boston College High School: **Ivan Leong**, a scholar with honors and **Andrew Evans**, who was named a scholar... **Justin C. Ackerman**, son of Christopher and Donna Ackerman of Quincy, a junior at Colby College in Maine, is spending the fall semester studying at Freiburg, Germany. He is majoring in international studies and minoring in economics.

Arts & Entertainment

'Tis The Season' Holiday Concert Dec. 5 To Benefit Quincy Schools Music Programs

The Quincy School - Community Partnership, in association with the Quincy Symphony Orchestra, will present "Tis the Season . . . Symphony and Song!" Tuesday, Dec. 5 at 7:30 p.m. in the grand ballroom at the Boston Marriott Quincy, 1000 Marriott Dr., Quincy.

An evening of holiday music will be performed by the Quincy Symphony Orchestra and the choirs of North Quincy and Quincy High Schools.

Tickets are $20 for the public, and $15 for seniors and $10 for students.

For ticket information, call Keith Segalla at 617-984-8888.

Tickets can also be purchased at any Quincy Public School and at the door.

All proceeds will benefit the music programs in Quincy Public Schools.

Craft Fair Dec. 1 At Hancock Park Facility

Hancock Park Adult Day Health will hold a craft fair Friday, Dec. 1 from 10 a.m. to 2 p.m. at the Hancock Park Facility, 164 Parkingway.

The Health Center recently held a bake sale and Thanksgiving feast with "Tom Turkey" as a guest. Hancock Park's chef, Bob Pizzi, cooked the meal.

The event was supported by Pat Leavey, director of Welch Care Retirement Groups Adult Day Health Centers, Weymouth, Hingham and Quincy, and Debby Nelson, activities coordinator.

For more information call 617-773-4222 (x216).

QUINCY HIGH SCHOOL Drama Club will present its fall show, "Up the Down Staircase" tonight (Thursday), Nov. 30, Friday, Dec. 1 and Saturday, Dec. 2 at 7 p.m. in the Lloyd H. Hill Auditorium at Quincy High. Cast includes Lawrence Furbish (left) who plays Joe Ferone, and Meghan Hardee, cast as Sylvia Barrett. The Drama Club is dedicating its performance of the fall show to the teachers who have touched their lives. The show, based on the best-selling novel by Bel Kaufman, is the story of first-time teacher who arrives at a run-down urban school with gusto and optimism. She soon realizes the students are not as eager to learn as she is to teach them. Tickets are $8 in advance and can be purchased by calling 617-984-8752. Tickets are $10 at the door.

ENC Choral Union Concerts At Wollaston Nazarene Church

The Eastern Nazarene College Choral Union, a 60-voice mixed choir comprised of students and community members, will present two free performances of Handel's *Messiah* at Wollaston Church of the Nazarene.

The concerts will take place on Saturday, at 7 p.m. and Sunday, at 6 p.m.

The Choral Union will be joined by four professional soloists and members of the Quincy Symphony Orchestra.

More information, including directions, may be found at www.enc.edu or by calling 617-745-3614.

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"Tis the season...
Symphony and Song!"

Tuesday, December 5, 2006 @ 7:30 P.M.
Boston Marriott Quincy
1000 Marriott Drive, Quincy, MA
Grand Ballroom

An evening of holiday music performed by
the Quincy Symphony Orchestra and the choirs of
North Quincy and Quincy High Schools.

Ticket Price ~ $20.00
Seniors ~ $15.00
Students ~ $10.00
For tickect sales/additional information, please call Keith Segalla @ 617-984-8888

Tickets may also be purchased at any
Quincy Public School and at the door.

All proceeds to benefit the music programs
in the Quincy Public Schools.

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Dick Johnson To Lead Quincy College Concert

Quincy College will host the second annual Quincy College Concert and Lecture Series Tuesday, Dec. 5, from 7 to 9 p.m. at the Temple Gallery, 25 Temple St., Quincy Center.

The concert will feature Dick Johnson, legendary jazz clarinetist, saxophonist, and leader of the Artie Shaw Orchestra.

Johnson has over 50 years of experience in the world of jazz. From his early beginning practicing the clarinet for over four hours a day aboard a U.S. Navy ship (1944 - 1946) to playing at Presidential Inaugurals for both Reagan (1984) and Bush (1988), Johnson has seen it all. He enjoyed playing short stints with Benny Goodman who named Dick Johnson one of his favorite clarinet players.

In 1976, Johnson formed Dick Johnson's Swing Shift which he still leads today. He is most recognized as the leader of the Artie Shaw Orchestra, which is a role he took on when asked by Artie Shaw in 1983. Johnson has toured throughout the U.S. and Canada as well as England, Germany and China with the Artie Shaw Orchestra.

Joining Johnson for his free evening of jazz will be award-winning jazz guitarist and Quincy College faculty member Gerry Beaudoin, Gary Wallrapp, director of Community and Corporate Education at the college, and a talented drummer who has played and recorded with numerous jazz and rock groups, and lastly Mark Pucci on acoustic bass.

Students from two music classes at the college, band management and the Music Business and Development of Jazz, have been assisting Beaudoin with planning, promotion, and execution of this free evening of jazz music.

Admission is free, but space is limited. RSVP to Gerry Beaudoin at gbeaudoin@rcn.com or call 781-894-7984 to confirm reservations.

Quincy Elks Christmas Party For Seniors Dec. 5

The Quincy Lodge of Elks 943 will host its fourth annual senior Christmas party Tuesday, Dec. 5 at 6 p.m. at the Lodge, Quarry St., West Quincy.

The lodge will provide a dinner by in-house caterer Barrett Corp. Some 170 seniors are expected to attend the meal in the decorated hall.

Dinner will be served by members who also look forward to senior seniors enjoy the holiday season.

MR. and MRS. ROBERT DERBES

Mr., Mrs. Robert Derbes Celebrate 50th

Bob and Marilyn (Critcher) Derbes of Quincy recently celebrated their 50th wedding anniversary.

They were previously high school sweethearts, first dating at age 15 and were married Nov. 11, 1956.

They have seven children, Nadia Ohlson and Michelle Routhier, Cindy Ohlson, all of Quincy, Elizabeth Latini of East Bridgewater, Bob Derbes Jr. of Weymouth and Michael Derbes of Del Rico, Florida. They have 11 grandchildren.

Mr. Derbes is a contractor, is involved with community life, and was the 1997 Quincy Sun Citizen of the Year.

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26 Quincy Students On Archbishop Williams First-Term Honor Roll

Archbishop Williams High School lists 26 Quincy students on its first-term honor roll.

They are:

Principal's List (all grades of 90 and above):

Laura Bloomer (grade 12) and Ashley Faella (12th).

First Honors (all grades of 85 and above):

Alysha Capone (9th), Lauren DiBona (9th), Bobby Sudhu (9th), Jacqueline Bradley (10th), James McLaughlin (10th), Claire Feeney (11th), Molly Licari (11th), Robert Mollins (11th), Birago Osei (11th), Julianne Coneys (12th), and Erin Flaherty (12th).

Second Honors (all grades of 80 and above):

Anthony Campisi (9th), Colleen Downing (9th), Lauren Patten (9th), Kristin Bloomer (10th), Kevin Mullarkey (11th), Lauren O'Rourke (11th), Michael Shaughnessy (11th), Kimberly Wilson (11th), Anna Fusiek (12th), Christel Lantin (12th), Stephen Livingstone (12th), Danny Mui (12th), and Cassandra Villa (12th).

Holiday Craft Fair Sunday At Marina Bay

A Holiday Craft Fair will be held Sunday from 10 a.m. to 2 p.m. at Marina Bay Skilled Nursing & Rehabilitation Center at Marina Bay.

Entertainment will feature singer-musician Bob Riley's "Legends of Music" and Lara Belle, the clown.

Traditional holiday fair items will include creative crafts, toys and jewelry. There will also be a white elephant table, raffle and home baked items.

For more information call 617-769-5150.

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Giving Tree Program To Benefit Headstart Underway

The 11th annual Giving Tree Program, a holiday gift collection campaign, is underway.

The program benefits infants and preschoolers in the local Headstart program servicing families from Quincy, Weymouth, Braintree and Hull.

Participating businesses put up a small Giving Tree and customers select an ornament from the tree, which contains a special gift request from a specific child. They are asked to purchase and wrap the gift, using the ornament as a gift tag, and then to return the wrapped gift to any Giving Tree location.

Gift requests range from hats and mittens to games, trucks, dolls and even bikes.

"The generosity of the people who have participated over the last 11 years has yielded an estimated $10,000 in gifts each year. More importantly, it's brought so many smiles to so many little faces, and hope to their struggling families," said program coordinator Debbie Logan.

This year, Giving Trees are located at the following businesses:

1000 Southern Artery (residents only); Bank of Canton, 275 Quincy Ave.; Braintree Cooperative Bank, both branches on Washington St. in Quincy; Curves for Women, 550 Adams St., Quincy; Hancock TV & Appliance, 115 Franklin St., Quincy; Harbor Express, 739 Washington St. (at the Fore River Bridge); Olindy's Bowling Lanes, 170 Quincy Ave., Quincy; River Bay Club, 99 Brackett St., Quincy; Villa Rosa Restaurant, 705 Adams St., Quincy; and Weber Dodge, 315 Lincoln St. (Route 3A), in Hingham.

Logan also expressed special thanks to the employees of Quincy Mutual for their participation.

The program continues through Sunday, Dec. 17.

For more information, contact Debbie Logan at 508-947-9630 or e-mail deb.logan@comcast.net.

MBTA Passes Available Jan. 11

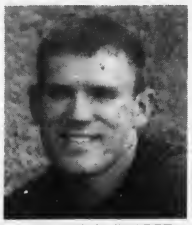
Seniors and those who are handicapped can obtain a new MBTA Pass Thursday, Jan. 11.

MBTA representatives will be at City Hall from 10 a.m. to 1 p.m. to issue the passes.

For more information call 617-376-1506.

Michael D. Sharpe, 23

Composer, Wearguard Employee



MICHAEL D. SHARPE

A graveside service for Michael David Sharpe, 23, of Hanover, a musical composer and Wearguard employee, was Nov. 27 at Pine Grove Cemetery, Pembroke.

Mr. Sharpe died suddenly Nov. 23, at his home.

He was a passionate musician, composing music on the keyboard and guitar. He worked for Wearguard in Hanover, and formerly Office Max at the Hanover Mall.

He graduated from Hanover High School in 2001 and attended Massasoit Community College. He studied guitar at Music Unlimited.

He was fond of animals and creatures of all sizes.

He is survived by his mother, Holly Wainwright of Hanover, formerly of Quincy; his father, Allen W. Sharpe of Marshfield; his step-mother, Allen W. Sharpe of Marshfield; two brothers, Allen Sharpe Jr. of Rockland and Peter Miner of Fall River; three nieces and many aunts, uncles and cousins. He is the grandson of the late Ruth and Richard Wainwright, and Percy and Mildred Sharpe.

Post Office To Hold Online Demonstration Friday

The Post Office will offer free demonstrations of time-saving online postal services Friday from 10 a.m. to 2 p.m. at the Quincy Post Office, 47 Washington St.

Post Office employees will answer questions and provide cyber tours of "NetPost CardStore." This allows customers to create and browse holiday cards online, or design unique cards using personal photos and graphics.

Cards and postage may be paid for online, and cards are printed on hard copy and delivered through the mail. They enter into the mail stream on the business day following the purchase.

For more information call Ann Powers, USPS, at 617-654-5544, Donna Mooers, USPS, at 617-654-5966, or visit www.USPS.com.

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When you're focused on caring for patients and the community, it gets noticed. That's why South Shore Hospital has been recognized by an unprecedented number of state and national agencies this year.

We appreciate the opportunity you have given us to earn these distinctions — and thank you for your continuing trust and confidence in our organization.

Our very best wishes to you for a healthy and happy holiday season.

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Holiday Poster Contest School Winners Announced

The winners of this year's Quincy schools Holiday Poster Contest have been announced.

Students in public and parochial schools were invited to participate in two groups: Grades 1 through 3, and Grades 4 and 5.

First prize winners receive a $100 savings bond, while second prize winners receive a $75 bond and third prize winners receive a $50 savings bond.

Their posters will be displayed in the windows of *The Quincy Sun*, 1372 Hancock St., Quincy Center.

Twenty honorable mention recipients will be presented ribbons and certificates. Their entries will be shown in the lobby near the Children's Room at the Thomas Crane Public Library.

The top six winners were introduced Friday night during the lighting ceremony at the President's Place Galleria in Quincy Center.

Poster winners in Grades 1 through 3 are:

First Prize: Ava Falco, Grade 1, Charles Bernazanni School.

Second Prize: Sisley Ling Yan, Grade 2, Montclair School.

Third Prize: Carly McMorrow, Grade 1, Merrymount School.

Poster winners in Grades 4 through 5 are:

First prize: Qiu Yang Wong, Beechwood Knoll School, Grade 5.

Second prize: Laryssa Almeida, Saint Mary's School, Grade 5.

Third Place: Alexander Britz Cunningham, Charles Bernazanni School, Grade 4.

Receiving honorable mention were: Caroline Bowes, Wollaston School, Grade 3; Joy Chaudhery, Saint Ann's School, Grade 3; Juliana Maslvatiela, Squantum School, Grade 1; Amy Chu, Saint Ann's School, Grade 2; Keatah McMahon, Clifford Marshall School, Grade 1; Sarah Tson, Sacred Heart School, Grade 3; Carmen Huang, Sacred Heart School; Carman Cheun, Saint Ann's School, Grade 2; Alison Coleman, Atherton Hough School, Grade 3; Emily Jones, Merrymount School, Grade 3.

Vasil Duha, Clifford Marshall School, Grade 4; Kerry Phelan, Charles Bernazanni School, Grade 5; Emily Song, Saint Ann's School, Grade 4; Man Quing Mai, Wollaston School, Grade 4; Nicholas Pham, Wollaston School, Grade 4; Jennifer Phan, Wollaston School, Grade 4; Kristen Pieper, Charles Bernazzani School, Grade 4; Kelly Chow, Clifford Marshall School, Grade 4; Sumire Maki, Beechwood Knoll School, Grade 4; Julie Connell, Saint Ann's School, Grade 4.

SECONDARY LUNCH MENU

Monday, Dec. 4
Ultra grain stuffed crust pizza, tossed salad, fresh fruit or fruit juice.

Tuesday, Dec. 5
Barbecue beef rib on a bun, oven fry potatoes, fruit juice.

Wednesday, Dec. 6
Cheese stuffed shells with tomato/meat sauce, hot vegetable, dinner roll.

Thursday, Dec. 7
Sweet and sour pork roast, oriental vegetables, steamed rice, fruit cup, dinner roll.

Friday, Dec. 8
Tuna salad sandwich, cup of tomato soup, potato chips, fruit cup.

ELEMENTARY LUNCH MENU

Monday, Dec. 4
Pepperoni pizzalas, fresh fruit, fruit juice.

Tuesday, Dec. 5
Early release day - no lunch served.

Wednesday, Dec. 6
Chicken nuggets, sweet and sour sauce, rice pilaf, vegetable, fruit juice.

Thursday, Dec. 7
Beef taco and cheese with tortilla chips, hot vegetable, fruit juice.

Friday, Dec. 8
Tuna salad on a bun, potato chips, carrot sticks, fresh fruit or juice.

'Hanging Of The Greens' At United Methodist Church

Quincy Community United Methodist Church, 40 Beale St., Wollaston, will hold its second annual Hanging of the Greens Sunday at the 10:30 a.m. workshop service.

The origin of the Hanging of the Greens ceremony is unknown.

"Evergreens have a very long symbolic history," said Rev. Dr. Jarek-Glidden, pastor, "and since ancient times they have represented life and rebirth. This was especially true in those areas of the world where the winter months were long, dark, and cold. The church adapted this ancient symbol and gave it new meaning, teaching that evergreens represent eternal life.

"At some point in time, someone literally brought evergreens into a church building, but precisely how and when that happened, we just don't know. Such developments are much more complex than they might seem. Over time, decorating churches became a tradition, and evolved into the Hanging of the Greens."

The Hanging of the Greens service at Quincy Community Methodist Church combines readings from scriptures and songs, and was written by Rev. Dr. Jarek-Glidden. The real focus of the service, he pointed out, is participation. Before the service begins, everyone is invited to help decorate the sanctuary with greenery. Then, at a certain point in the ceremony, the volunteers are asked to carry out their part of the decorating.

"The decorating is informal and lots of fun," said Rev. Dr. Jarek-Glidden, "and that makes the Hanging of the Greens a great service for families and kids."

The public is invited to begin the holiday season by participating in the ceremony.

For more information, call the church office at 617-793-3319.

Medium's Day, Craft Sale Saturday

The First Spiritualist Church will hold a Medium's Day and Craft Sale Saturday, Dec. 2 from 10 a.m. to 3 p.m. at the church, 40 West Street.

Terry Porter, of Weymouth, will be the medium for the event.

To book an appointment call Rev. Marie Gaines at 781-925-3798.

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The Family Project is a study being done by Harvard Medical School researchers at Bay State Community Services in Quincy. The study offers free counseling to individuals with alcoholism. To qualify, you must:

- Have a current alcohol problem
- Currently live with a family member (parent, sibling, adult child)
- Have a family member without a current alcohol or drug problem

For more information, call 617-694-2606

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Ladies Night To Benefit Bernazzani School Dec. 6

The 3rd annual Ladies' Night Out to benefit the C.A. Bernazzani School will be held Wed, Dec. 6th from 7-10 p.m. at the Tirrell Room (254 Quarry St., Quincy).

Many popular vendors and crafters to shop from include Sweet Greetings Boutique, Mary Kay, Tastefully Simple, Designs by Jeanette and many more.

Enjoy your holiday shopping with complimentary appetizers, raffles, and friends. Tickets are $5 or buy 4 get one free and they can be purchased at the door the night of the event or by contacting Michelle Andrews at (617)-773- 4262.

Correction

A letter from Michael Jovanovic in the Nov. 22 issue of the *Quincy Sun* included a quote from James Baker. It should have read "In my view, it is no appeasement to talk to your enemies." The *Sun* regrets the error.

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Nominations Coming In For Sun 'Citizen Of Year'

Nominations are coming in for *The Quincy Sun's* 22nd annual "Citizen of the Year" award.

Established in 1985, the award recognizes an individual for outstanding community service or a special achievement.

Last year, George White, a 40-year member of the Quincy Christmas Festival Committee – including 25 years as committee chairman – was honored for bringing holiday joy to many thousands of all ages.

White was selected for the honor from among 35 nominees submitted by Quincy Sun readers. A panel of judges representing a cross-section of the community made the final decision.

Again this year, Sun readers may nominate the person they feel is the most deserving of the award.

A nomination ballot to help the selection process appears below in this week's issue of *The Quincy Sun*.

After nominations close Sunday, Dec. 31, a judging panel will be selected to make the final choice from nominations submitted.

If you know someone you would like to see recognized with the 2006 award, fill out the ballot and mail it to:

The Quincy Sun
Attn: Citizen of the Year
1372 Hancock St.
Quincy, MA 02169

Ballots can also be dropped off at The Sun office at the above address by Dec. 31.

Those submitting nominations should identify themselves. They can also attach to the ballot a letter detailing the reason for their nomination.

Nominees can be someone in elective office, a member of an appointed board, a clergy member, a teacher or school administrator, a police or firefighter, someone in the business community, a sports figure or an "unsung" neighbor or friend who has given freely of his or her time to a worthy project or cause.

Those nominated in the past are eligible to be nominated again this year. Since this is not a popularity contest, each nominee has an equal chance of being selected regardless of the number of nominations received. Anyone nominated just once has the same chance of being the award recipient.

The name of the winner will be announced in *The Quincy Sun* in January.

The Quincy Sun

'Citizen Of The Year Award' 2006

I would like to nominate

(Please type or print neatly)

_____

for the 2006 Quincy Sun
"Citizen Of The Year Award"
I believe he/she deserves this award because:

_____
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Submitted by:
Name: _____
Address: _____
Tel. No. _____

Fill out form and send (or bring) to:

The Quincy Sun
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1372 Hancock St., Quincy, MA 02169

NOMINATION DEADLINE: Sunday, Dec. 31

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Annual Holiday Party
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Wednesday, December 13, 2006
from 7:00 p.m. to 10:00 p.m.
at the Sons of Italy
120 Quarry Street, Quincy
In the spirit of the season of caring and giving, a donation of non-perishable food items, new toys for children, a donation to DOVE* or the Dianne DeVanna Center* would be greatly appreciated by those who are less fortunate.
*DOVE is a non-profit organization based in Quincy dedicated to assisting victims of domestic violence.
*Dianne DeVanna Center is a non-profit organization based in Braintree dedicated to the prevention of child abuse and neglect.

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Quincy 2000, Bank Of Canton Provide $150,000 Expansion Loan To Fridgedoor

Quincy 2000 Collaborative and The Bank of Canton recently partnered to provide a $150,000 expansion loan to Fridgedoor, Inc., a retailer/wholesaler of novelty magnets, magnetic supplies and custom magnets.

Through the City of Quincy's Community Development Block Grant program Quincy 2000 provided a low interest $50,000 loan to help leverage a $100,000 business loan provided by the Bank of Canton.

"We are pleased to be a financing partner with Quincy 2000 and help expand and further diversify the economic base in the City of Quincy", said John McCarthy, vice president at The Bank of Canton.

Established in 1997, Fridgedoor designs custom Mojo Magnet sets and novelty magnets which are sold at wholesale to promotional product distributors in the US and Europe.

The business loan will enable the company to purchase printing, laminating, cutting and doming equipment to produce products locally rather than through venders in other parts of the US and overseas.

"The new equipment will increase revenues and margins, as well as reduce turn around time on orders", said company president Christopher Gwynn.

"This is a great opportunity for Quincy 2000 to help an established Quincy business expand operations and create jobs in the City," said Dennis Harrington, director of Planning for the City of Quincy.

The loan also helped the company recently move from a home-office environment to a 6000 SF warehouse/distribution space located at 65 School St., which includes a retail outlet store.

"It is rare to be able to help a local company establish manufacturing services here in the city as compared to the many competitive manufacturing options overseas" said Sean Galvin, President & Chairman of Quincy 2000 Collaborative.

For information on the business financing services available at Quincy 2000 Collaborative visit www.Quincy2000.org or stop by their offices at 1250 Hancock Street, Suite 127N in Quincy Center.

QUINCY 2000 and The Bank of Canton recently partnered to provide a $150,000 expansion laon to Fridgedoor, Inc., a retailer/wholesaler of novelty magnets, magnetic supplies and custom magnets. At a recent check presentation are (from left) Don Uvanitte, vice president at Eastern Insurance Group and Quincy 2000 board member; Dennis Harrington, Quincy planning director; Dean Rizzo, executive director of Quincy 2000; Chris Gwynn, owner and president of Fridgedoor, Inc.; Jim Horrigan, assistant vice president at The Bank of Canton; and John McCarthy, vice president at The Bank of Canton and chairman of the Quincy 2000 Loan Pool.

Coughlin Holiday Reception At Adams Inn Dec. 6

Ward 3 Councillor Kevin Coughlin and his committee will host a Holiday Reception at the Best Western Adams Inn Wednesday, Dec. 6 from 6 to 8 p.m.

A donation of $50 is suggested but any donation will be accepted.

Squantum Christian Fellowship Christmas Event Saturday

Squantum Christian Fellowship will hold a morning of Christmas celebration and preparation Saturday from 10 a.m. to noon at Squantum Elementary Media Center.

Christmas carol singing, refreshments, and creating decorations and gifts will be a family event.

Call 617-201-1089 by Nov. 30 to reserve space for your family. Children must be accompanied by an adult. Suggested donation is $15 per family.

Faxon Park Tour Saturday

Botanist Joan Pierce will lead a free tour of Faxon Park Saturday, Dec. 2 at 10 a.m., first meeting at the pavilion parking lot, Faxon Park Road.

The tour will feature scenic wooded trails, stone benches, and ocean views.

For more information, call 617-472-1799.

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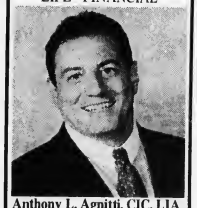

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Sealing Drafts Can Help Homeowners Save Money

(NAPS) A growing number of homeowners are finding that a modest investment in time and effort can pay real dividends when it comes to reducing energy costs.

According to the Environmental Protection Agency, air leakage can account for anywhere from 25 percent to 40 percent of the energy used for heating and cooling a typical home. That's why experts say a $25 investment in four tubes of a home sealant to seal up drafts and leaks in a home could result in hundreds of dollars of energy savings.

"Proper sealing is a low cost, one afternoon investment that will pay for itself in years of reduced energy costs and increased comfort," said Jeff Davis, general manager of GESA, the maker of GE Silicone II.

To make sealing easier and more effective, here are a few tips:

• Look for gaps, cracks or leaks around the window and door frames, in the attic and basement, anywhere building materials join, and any areas where the walls are penetrated, such as electrical and plumbing fixtures. Look for daylight that's visible through cracks around window and door frames.

• Use lighted incense sticks to locate the source of leaks. Air drafts will cause the plume of smoke to waver or flow in the direction of air leakage. As an alternative to using incense smoke, use a dampened hand. Drafts of air will feel cool on damp skin.

• While there are a variety of sealant options, silicone sealants, such as GE Silicone II, are thought to provide the best seal against water and the elements because they don't shrink or crack and they remain flexible. Additionally, they can be used indoors or out. Paintable silicones, such as GE Silicone II XST, provide the benefits of a silicone sealant for applications that require painting.

• In addition to reducing energy leaks, some sealants contain ingredients to control other household risk factors, such as unhealthy and unsightly mold and mildew.

• Make sure that the sealing surface is clean and well-prepared. Clean any dust or dirt particles with water. Do not use soap. Use a knife to remove any remnants of old caulk. After removing most of the old caulk with a blade, clean any remaining residue with a mild abrasive or rubbing alcohol.

More information on how to properly seal a home, including windows, doors, kitchens, bathrooms, basements and other areas, can be found online at www.gesealants.com.

Neighborhood Housing Homebuyer Workshop

Neighborhood Housing Services of the Brockton Housing Partnership will host a First-Time Homebuyer Working Monday, Dec. 4 from 6 to 8 p.m. and Saturday, Dec. 9 from 9 a.m. to 4 p.m. at Rockland Trust, 100 Belmont St., Brockton.

The workshop is open to all regardless of income.

Attendance at both sessions is necessary to receive a homebuying certificate.

All potential first-time homebuyers are encouraged to attend the educational workshop. Participants will have the opportunity to speak with a lender.

Topics covered include mortgage options, legal aspects of the homebuying process, how a home inspection works, and other presentations from real estate related professionals.

Participants must complete the workshop to qualify for grant programs.

There is a $15 fee per person.

Call (617) 770-2227 ext. 31.

Minimize Drywall Project Mess

(NAPS) Whether hiring a professional to complete drywall installation, or doing it without professional help, the mess that comes along with this type of project is all but inevitable, but there are ways to improve drywall cleaning.

There are several steps that can be taken to reduce the dust that results from installing drywall, so as to not be cleaning it for weeks after the project is completed.

First, mark where the construction zone begins and ends so that the mess doesn't migrate into the rest of the home. Put up plastic sheeting in doorways or over vents in the work areas. Move whatever belongings possible out of the room or drape them with cloths. Also, cover floors in and leading to and from the renovation area. Use plastic or heavy drop cloths, and tape them down if necessary.

Cut drywall and any other lumber and trim outside or in the garage if it's cold out. This keeps as much mess as possible out of the house. Also, mix joint compound outside.

Sending the joint compound, also known as the "mud" that fills the gaps between the drywall, creates dust. A growing number of DIYers, contractors and remodelers are reducing this cloud of airborne dust by using a new product called Sheetrock® brand dust control joint compound from USG, the same company that makes Sheetrock gypsum panels. It goes on like regular joint compound but binds up fine residue during sanding to form particles that fall straight to the floor in a heavy dust instead of clouding the air. As a result, the work goes quicker and cleans up faster.

When sanding the drywall mud, use an open-screen sandpaper so that the dust does not build up in the grit like it does with regular sandpaper, but instead falls out of the screen. If the mud is already smooth, wet sand it with a sponge instead of dry sanding. Make sure to clean the sponge frequently.

After applying tape to the wall over the joint compound, clean up any bits of tape that may have fallen on the floor during the job.

Vacuum or sweep the construction area at the end of each day to control the mess. This keeps dust from being tracked into other areas of the house or from circulating in the air.

By following these tips, you can have a cleaner house during the next drywall project and lessen the disruption to everyday life during the renovation.

For more information, visit www.downwithdust.com or call (800) USG-4-YOU.

THIS IS A HAMMER

By Samantha Mazzotta

Whirlpool Tub Is Easy to Maintain

Q: We recently purchased a house that features a whirlpool-style tub in the master bath. One of the jets isn't working. How can I fix this so the whirlpool works properly? — *Lee W., Plano, Texas*

A: The most likely cause is a blockage of the jet nozzle. Over time, hair, soap scum and oils can build up behind the nozzle and reduce or restrict water flow. This is fairly easy to remedy.

First, unscrew the nozzle by hand, removing it completely from the nook in which it rests. (If you have difficulty loosening the nozzle, a tool called a hydrojet wrench can be purchased, either from the manufacturer or at a bath hardware store, to grip and remove the nozzle without damaging it.) Remove buildup inside the nozzle by hand, then use a soft brush or cloth dipped in a mixture of warm water and mild detergent (dish soap, for example) to thoroughly clean it.

Before reinstalling, you may want to run a little heat-proof grease (available in the plumbing section of the store) around the O-rings at the end of the nozzle to prolong their service life. If the O-rings are damaged or deteriorated, or if the nozzle is cracked, purchase replacement rings or a complete replacement nozzle from the manufacturer or a dealer. Once the nozzle is reinstalled, be sure that it aims away from nearby intake screens.

Whirlpool tubs will last longer and need less professional maintenance if they are cared for properly. Never use abrasive cleaners to scrub the basin or fixtures; tough stains can be removed by dabbing on rubbing alcohol or paint thinner and rinsing after a few minutes. Don't use chemical drain openers to clear the drain.

Each month, flush the system by filling the tub with warm water and adding two teaspoons of powdered dishwasher detergent, then running the whirlpool for about 20 minutes. Rinse by repeating the process with clean, cold water.

Send questions or home-repair tips to homeguru2000@hotmail.com, or write This Is a Hammer, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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REAL ESTATE

Jack Conway Receives Chamber Volunteerism Award

JACK CONWAY (center), chairman of Jack Conway & Co. Realtors, and his wife Patricia (fourth from right) are congratulated by Sen. Edward Kennedy (fourth from left) for receiving The Forrest I. Neal Jr. Award for Volunteerism during the annual meeting of the South Shore Chamber of Commerce at The Lantana in Randolph. With them are (from left) Conway Executive Vice President Tom Rudolph, Kennedy's wife Vicki, Maureen McCaffrey of Conway Relocation Department, Conway Accountant Janice Rosano, Debbie Reilley of Conway Career Counseling, and Conway Regional Vice President Brian McCormick.

Randolph Jack Conway, chairman of Jack Conway & Co. Realtors has received The Forrest I. Neal Jr. Award for Volunteerism from The South Shore Chamber of Commerce at their 2006 Annual Meeting at The Lantana in Randolph.

The award is given each year to an individual who best exemplifies the spirit of genuine concern for the South Shore, which Forrest I. Neal Jr. epitomized.

"This is a great honor for me" said Conway. "I'm very grateful to the Chamber for selecting me for this distinguished award, its a great reflection on our company's commitment to the South Shore."

Sen. Edward Kennedy was the keynote speaker at the luncheon and while praising Conway for his award also joked, "I hope this doesn't mean Jack, that you're considering a run for U.S. Senate!"

Conway's wife Patricia and other members of the company were also in attendance to congratulate Conway.

Jack Conway & Co. is celebrating its 50th Anniversary as the largest independently owned real estate company in Massachusetts.

Home Buyers Find Favorable Conditions As Prices Soften

After three consecutive summers of steady home sales and price growth, the residential real estate market in Massachusetts experienced a healthy correction in sales and selling prices during the third quarter of 2006, according to a recent report issued by the Massachusetts Association of Realtors® (MAR).

While demand has eased, the more moderate sales pace and softening in selling prices, combined with today's higher inventory levels and a steady drop in mortgage rates in recent months, has helped boost affordability levels in the Bay State and usher in one of the strongest buyers markets in years, say MAR officials.

The Realtors® report specifically shows that 11,650 detached single-family homes were sold across Massachusetts in the third quarter of 2006, a decline of 23.4 percent from the comparable quarter last year when 15,211 homes were sold. It's the sixth consecutive quarter that activity in the single-family home market has declined from the same period one year earlier, and this year's third quarter sales volume is the lowest for a summer quarter in more than a decade, dating back to July-September 1995 when 11,373 homes sold. Sales of condominiums also decreased sharply this past summer, sliding 22.3 percent, from a third quarter record high of 7,124 units sold from July-September 2005 to 5,538 condos sold in the same three-month period this year.

Regionally, in the third quarter, sales of detached single-family homes fell in all areas of the state from the same period last year, with sales declining 16-20 percent in greater Boston and western Massachusetts; 25 percent in Barnstable and Worcester Counties, the South Shore, and northeastern Massachusetts; and 40 percent in the Greater Fall River-New Bedford area. In the condominium market, sales also declined in every region over the past year, with activity down 12-16 percent on the South Shore and western Mass.; 20 percent in greater Boston and Worcester County; and roughly 30 percent or more in all other areas.

The reality is the sales pace during the boom years from 2003-2005 was unsustainable and unhealthy for the housing market, according to Realtors®, whereas the current climate reflects more normal activity and favorable conditions for buyers.

With sellers continuing to outnumber buyers in the current market, selling prices for single-family homes and condos fell modestly this past summer, the MAR report found. The statewide median selling price for detached single-family homes decreased 4.9 percent, from a record high quarterly median price of $370,000 in the 2005 third quarter to $352,000 in the same quarter this year. It's the third consecutive quarter that the median selling price has declined on an annualized basis, and the third quarter price drop of approximately five percent is the largest year-to-year price decline in over a decade, dating back to the first quarter of 1993 when the statewide selling price of detached homes fell 5.5 percent over the comparable quarter in 1992.

Prices also retreated in the condominium market last quarter, with the statewide median selling price for condos slipping 2.5 percent, from an all-time high median price of $282,000 in the third quarter last year to $275,000 in the third quarter of 2006. Notably, this marks the first year-to-year quarterly decline in condo prices in more than seven years, dating back to the fourth quarter of 1998 when the statewide selling price for condos dipped 0.2 percent from the same quarter a year earlier.

On a regional basis, selling prices in the detached single-family home market were flat over the past year in western Massachusetts, inching up 0.7 percent, but slid two percent in Greater Boston and on the south coast, 3-4 percent in Barnstable and Worcester Counties, and 5-6 percent in the Northeast and South Shore regions. Median selling prices for condos also lost ground in most regions, but improved 25 percent on the South Coast and a modest 1-2 percent in Cape Cod and western Mass.

Sales and price data from the MAR report reflects transactions occurring through Realtor®-affiliated multiple listing services in the Commonwealth, and account for approximately 80 percent of all real estate sales in Massachusetts.

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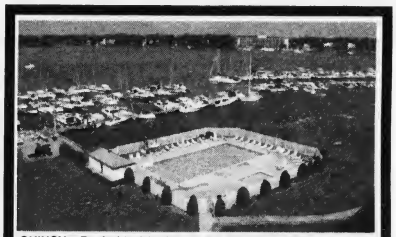

QUINCY – Desirable 2 bedroom, 2 bath corner unit comes fully applianced with newer stove and microwave and new refrigerator. Pergo Floors in kitchen and dining room, newer carpet throughout. There is a slate counter breakfast bar, stack washer and dryer in unit, plenty of closet space. A tiled balcony overlooks the Boston skyline. One assigned space with plenty of guest parking. The pool and tennis court, spectacular sunsets all make for wonderful living!! $319,000

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SANTA MAKES HIS annual early visit to Quincy by plane and parachute, landing Saturday at Pageant Field where he was welcomed by an estimated crowd of 3000 of all ages.
Quincy Sun photos/Robert Noble

MAYOR WILLIAM PHELAN, Santa and Ava Falco, first grade student at the Bernazzani School, turn on the Quincy Center Christmas lighting from Presidents Place.

THE ALEPPO FIRE Brigade rolls into Wollaston.

THE MAYOR'S TROPHY was won by the Quincy Credit Union for the best Quincy commercial float.

SECOND PRIZE OF $750 went to the Koch Club in the non-commercial float competition.

Wednesday, December 6th
6:00 - 7:00 p.m. at Granite Medical
Presented by Kristie Tapper, Registered Dietician

Enjoy traditional holiday dishes without worrying about how much weight you will gain.

This seminar will focus on cooking with recipes that are familiar and appetizing, but lower in fat and calories.

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QUINCY HIGH SCHOOL was the $1,000 first prize winner in the non-commercial float category.

BEST COMMERCIAL FLOAT honors and the Christmas Festival Committee Trophy went to the Jack Conway Company for its "Rudolph and The Island Of Misfit Toys" entry.

RICK COBBAN struts his tall stuff along Hancock Street.

Quincy Sun photos/Robert Noble

Faxon Park Tour Saturday

Botanist Joan Pierce will lead a free tour of Faxon Park Saturday, Dec. 2 at 2 p.m., first meeting at the pavilion parking lot, Faxon Park Road.

The tour will feature scenic wooded trails, stone benches, and ocean views.

For more information, call 617-472-1799.

Houghs Neck Tree Lighting Sunday

The Houghs Neck Community Council and the Houghs Neck American legion Post #380 will sponsor a Tree Lighting ceremony at the community tree on the lawn of the Sea Street fire station Sunday, Dec. 3 at 5 p.m.

The annual event will also include a memorial wreath laying at the Veterans Memorial across Sea Street in front of the Atherton Hough School. The wreath will be placed by the post commander along with the color guard.

The Houghs Neck Post will be open after the ceremony for coffee, hot chocolate, donuts and goodies.

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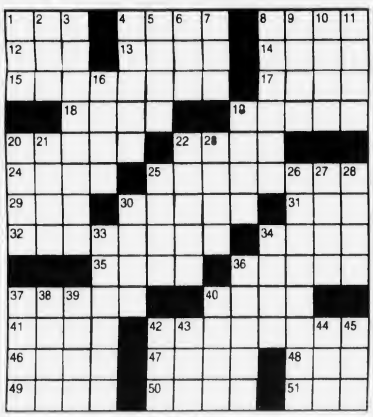
SUN FUN PAGE

King Crossword

ACROSS
1 Cock and bull?
4 Bread spread
8 TV chef Moulton
12 Reaction to a bad taste
13 Fashion
14 Family
15 Bullring VIP
17 "It - Necessarily So"
18 Rue the run
19 Visualization
20 Omega's opposite
22 Camel feature
24 Provider of veritas
25 Spittoon
29 Before
30 Capitols' caps
31 Pay with plastic
32 Brazilian port city
34 Dorm dweller
35 Eternally
36 Songs of praise
37 First word of 1many limericks
40 Look-alikes, idiomatically
41 Boo Boo's mentor
42 Pomp
46 Detailed map
47 Exam format
48 Literary collection
49 Vortex
50 Dresses in
51 Thither

DOWN
1 Shack
2 Id counter part
3 Remnants of ammo
4 Nebraska city
5 Source of riches
6 Tokyo's old name
7 "- the ramparts ..."
8 Trattoria seafood entree
9 Others (Lat.)
10 Pealed
11 Initial chip
16 Toyota subcompact
19 Satan's staff
20 Brutus' birds
21 Trevi toss, once
22 Comedy writer's sine qua non
23 Addict
25 "The Da Vinci -"
26 Calamitous time
27 Actor Wilson
28 Cincinnati squad
30 Comic Letterman
33 Truth
34 Blue hue
36 Some women's footwear
37 Work at the keyboard
38 Cling to
39 "Zounds!"
40 Blueprint
42 Turf
43 Favorable vote
44 Lennon's lady
45 Skedaddled



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HOCUS-FOCUS

BY HENRY BOLTINOFF

FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

Differences: 1. Fork is shorter. 2. Books are different. 3. Hat is different. 4. Arm is showing. 5. Oven mitt is different. 6. Grill leg is removed.

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The Garden Bug

Praying mantises as pets

There are many species of mantids, ranging from an inch in size up to several inches. Their expected life span can be up to one year. Some look like twigs or dead leaves; others are brightly colored or look like blossoms. They feed mainly on other insects and spiders.

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MAGIC MAZE ● SALT

N N J G C Z W T Q N R Y J G D
A X U R O L J G D A A X V S P
N K I F C A X V S W G R Q O L
J H E C A X V L A K E C I T Y
T R P N L J H F D P N B Y E X
V T R P O M R D P K I I G I K
E D B Z X E W E H U V T S D R
T R Q O K N P R S K D E L E O
J I G A F D D U R C N C T E P
A Y H X N W O C A I A A V R T
S S T A L F R C M L W P P F O

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

And pepper	Cured	Lick	Pit
And vinegar	Flats	Marsh	Pork
Away	Free diet	Mines	Water
Cod	Lake City	Pan	

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Trivia test by Fifi Rodriguez

1. HISTORY: What was the name of Alan Shepard's Mercury spacecraft that he piloted into space in 1961?
2. FOOD & DRINK: What kind of animal produces a type of cheese called Pecorino?
3. GENERAL KNOWLEDGE: Who wrote the Pledge of Allegiance?
4. MYTHOLOGY: What was the name of the Roman goddess of wisdom?
5. INVENTIONS: Who is credited with the invention of Coca-Cola?
6. LANGUAGE: What does the Greek prefix "chloro" mean?
7. SYMBOLS: What does a diacritical mark called the cedilla indicate when it is placed under a "c"?
8. MOVIES: What was one of the working titles of the movie "E.T. the Extra-Terrestrial"?
9. ART: Which famous American artist produced a series called the "Helga paintings"?
10. GEOGRAPHY: Where is the Kalahari Desert located?

Answers

1. Freedom 7
2. Sheep
3. Francis Bellamy
4. Minerva
5. John Pemberton
6. Green
7. The "c" should be pronounced as an "s," such as "François"
8. "A Boy's Life"
9. Andrew Wyeth
10. Southern Africa

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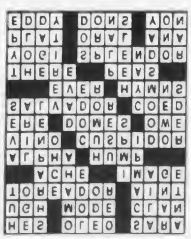
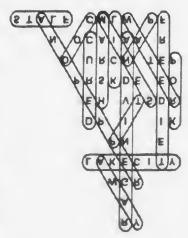
50 Trivia Quizzes Send $4.50 check or money order to: Trivia, P.O. Box 536475, Orlando, FL 32853-6475.

King Crossword Answers



Magic maze Answers



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Salome's Stars

ARIES (March 21 to April 19) Keep those sharp Sheep eyes focused on a hazy situation. As things begin to clear up, you'll find a sharper picture emerging, showing something you will need to know.

TAURUS (April 20 to May 20) Watch your expenses through the end of the month. Later, you'll be glad to have extra money to pay for something that will make an acquisitive Bovine's heart beat faster.

GEMINI (May 21 to June 20) You're now ready to make that oft-deferred commitment, if you still believe it's what you want. Don't be afraid to change your mind if you feel you should go in another direction.

CANCER (June 21 to July 22) Now that you are moving on with your life after that recent disappointment, how about reactivating your travel plans and taking someone special along with you.

LEO (July 23 to August 22) Many new friends come into your personal life, which suits all of you social Lions just fine. However, one new friend might make demands that you could find difficult to deal with.

VIRGO (August 23 to September 22) Communication doesn't exist unless it's two-way. So if you're getting no replies to the signals you're sending, it could be time to look for someone more receptive.

LIBRA (September 23 to October 22) A workplace complication that you thought was ironed out develops new wrinkles that need attention. Meanwhile, expect continuing improvement in your home life.

SCORPIO (October 23 to November 21) A tense personal problem needs to be talked out before someone decides to walk out. Resist making decisions until full explanations are offered from both sides.

SAGITTARIUS (November 22 to December 21) A technological glitch that caused problems recently will soon be repaired, and life can return to normal. A colleague has a surprising message to deliver.

CAPRICORN (December 22 to January 19) Your partner might feel that you haven't been as open with him or her as you should be. Deal with this now, before it turns into something more difficult to handle.

AQUARIUS (January 20 to February 18) Good news: Many of the stumbling blocks that affected the progress of some of your career projects are fading away. Things also start to look up on the home front.

PISCES (February 19 to March 20) You'll need that strong Piscean pluck to get through waters that will be turbulent for a while. A more positive aspect soon emerges, along with some welcome news.

BORN THIS WEEK: You are zealous in the pursuit of truth. You would make an excellent research scientist.

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Wishing Well®

7	5	4	3	7	4	8	6	5	4	7	4	6
T	L	K	P	A	E	U	A	O	E	K	P	W
3	6	5	3	7	3	8	2	4	3	7	4	3
R	O	O	O	E	S	S	B	O	P	A	N	E
8	5	4	5	7	2	7	2	5	2	6	4	3
E	K	W	T	C	E	T	S	O	E	N	I	C
7	2	3	6	5	4	2	5	6	4	7	5	6
I	N	T	D	T	N	S	H	E	N	O	E	R
7	6	2	7	5	8	5	2	5	6	3	8	3
N	F	I	N	F	C	U	B	T	U	S	A	L
8	3	5	4	7	8	3	2	6	5	8	3	2
U	O	U	I	O	T	O	L	L	R	I	K	E
3	6	5	4	6	4	3	8	6	8	3	7	3
G	D	E	N	A	G	O	O	Y	N	O	W	D

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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QUINCY POLICE HOT SPOTS

QUINCY POLICE STATISTICS: Nov. 17 - Nov. 23
Total Calls for Service: **1,257**
Total Arrests: **37**
Total Stolen Cars: **4**

FRIDAY, NOV. 17

INDECENT EXPOSURE, 8:49 a.m., McDonald's, 473 Southern Artery. Male party inside McDonald's exposing himself. Party located with pants still down, near Roxie's. Arrest for open and gross lewdness and disorderly.

ARMED ROBBERY, 2:01 p.m., South Shore Savings Bank, 370 Quincy Ave. Just occurred. White male wearing North Face jacket fled in Jeep Cherokee. Green Jeep reported stolen to State PD South Boston. White male, early 20s, acne, white Polo hat, blue jeans, dark blue North Face jacket. Transporting one male back to bank from Weymouth.

LARCENY, 2:55 p.m., Stop & Shop Supermarket, 495 Southern Artery. Of wallet.

ASSAULT AND BATTERY, 3:22 p.m., Atlantic Middle School, 86 Hollis Ave. Past.

VANDALISM/PROPERTY, 8:52 p.m., 105 Columbia St. Past. Car window broken.

LARCENY/MOTOR VEHICLE, 8:59 p.m., Blue Hills Towing, 258 Willard St. 1999 Club Utility, color black. Taken since Sept. 30.

VANDALISM/PROPERTY, 10:03 p.m., 749 Southern Artery.

SATURDAY, NOV. 18

BREAKING AND ENTERING/PAST, 12:06 a.m., 50 Hodges Ave. Dwelling. Caller stating both floors were broken into. Computers and cash known missing.

LARCENY, 1:10 a.m., Marina Dr. and Victory Rd. Fare evasion. White male with red jacket fled into Chapman's Reach area after beating cab fare. Unable to locate suspect.

VANDALISM/PROPERTY, 6:57 a.m., 10 Watkins St. Home siding. Last night youths throwing rocks can now see damage to siding. Dents and one hole in siding.

LARCENY, 7:09 a.m., IHOP, 119 Parkingway. Cellphone.

INDECENT EXPOSURE, 9:03 a.m., Pond St. and Washington St. Earlier this morning a man followed her in her car. He pulled over at above and exposed himself in front of her.

VANDALISM/PROPERTY, 9:41 a.m., 86 Lawn Ave. Tire slashed.

LARCENY, 1:30 p.m., Quincy Medical Center, 114 Whitwell St. Of purse. Occurred at QMC while she was in for surgery.

VANDALISM/PROPERTY, 6:25 p.m., 4 Prout St. Past. Car keyed, windows smashed and tire flattened.

BREAKING AND ENTERING/PAST, 6:37 p.m., 90 Sumner St. Window broken.

SUNDAY, NOV. 19

BREAKING AND ENTERING/PROGRESS, 1:56 a.m.., 796 Willard St. In progress. Caller locked himself in the bedroom - he hears someone in living room. Thinks they may have gained entry through the slider.

VANDALISM/PROPERTY, 9:41 a.m., 399 Washington St. Windshield was smashed.

LARCENY/MOTOR VEHICLE, 10:17 a.m., 309 Fayette St. 1993 Acura Legend, color black. Taken sometime since 9:30 a.m. yesterday.

VANDALISM/PROPERTY, 10:32 a.m., 57 Darrow St. Broken window. Large rock thrown through front porch window overnight.

BREAKING AND ENTERING/PAST, 12 noon, 45 Morton St. Dwelling. Laptop, camera, and numerous items missing.

BREAKING AND ENTERING/PAST, 12:02 p.m., General Auto Supply, Inc., 415 Washington St. Business. Citizen reports the front door is smashed out. Front door smashed, entry gained.

LARCENY ATTEMPT, 6:47 p.m., 608 South St.

LARCENY, 7:32 p.m., 10 Weston Ave. Past. Credit cards stolen.

ARMED ROBBERY, 7:35 p.m., Sabina's Market, 263 Beale St. Gun shown. Suspect white male, black hat, black coat approximately in his 40's, 6 feet tall. State Police K-9 enroute.

VANDALISM/PROPERTY, 7:48 p.m., 5 Avalon Ave. Past. Tires slashed on motor vehicle.

ARMED ROBBERY, 7:49 p.m., Willard Street Global, 552 Willard St. Gun shown. White male, black shirt fled on foot. Black hat and in his late 30's or 40's, 5'8" medium build. White male, black shirt, and black pants, black gloves, small black handgun show. Medium build, 4-5 days of growth. Patrolman Hartnett recovered a handgun on the ground under the West Street bridge.

LARCENY, 9:57 p.m., 10 Winter St. Past. Vacuum cleaner, no forced entry.

MONDAY, NOV. 20

LARCENY, 2:04 a.m., 58 West St. Far evasion. Passengers went into apartment to get money, never came back out. Unable to get answer at the door.

VANDALISM/PROPERTY, 7:31 a.m., 72 Merrymount Rd. Windshield.

VANDALISM/PROPERTY, 7:46 a.m., McIntyre Mall, 1305 Hancock St. Herald box. States a white male in a dark colored station wagon just broke open the Herald box, took all the papers.

BREAKING AND ENTERING/PAST, 8:23 a.m., Bert's Electrical Supply, 69 Hancock St. Business. Opened up to find a break.

VANDALISM/PROPERTY, 8:32 a.m., Snug Harbor School, 330 Palmer St. Spray paint on school.

LARCENY, 9:45 a.m., 88 Pontiac Rd. Of meds. Had an open house yesterday, is now missing pores.

LARCENY, 10:05 a.m., 20 Beale St. Larceny over.

VANDALISM/PROPERTY, 10:06 a.m., 53 Copeland St. Tires slashed.

LARCENY, 11:02 a.m., 170 Copeland St. Cash. Civil matter.

LARCENY, 1:19 p.m., 249 Arlington St. Credit cards.

BREAKING AND ENTERING/PAST, 3:54 p.m., 25 Rockland St. Dwelling.

LARCENY, 6:32 p.m., 50 Captains Walk. Past. Clothing taken off clothes line.

BREAKING AND ENTERING/PAST, 7:22 p.m., 65 Miller St. Dwelling. Apartment just entered, nothing missing.

LARCENY, 8:56 p.m., 530 Willard St. Past. Patriots poster stolen.

TUESDAY, NOV. 21

ASSAULT AND BATTERY, 9:03 a.m., 825 Sea St. Complaints for assault and battery, threats, and assault.

LARCENY, 9:11 a.m., Quincy High School, 52 Coddington St. IPod.

VANDALISM/PROPERTY, 9:33 a.m., Prudential Financial, 833 Hancock St. Property has been vandalized several times in the past few days. Came in this morning found a BB hole in the window.

VANDALISM/PROPERTY, 4:02 p.m., Squantum School, 50 Huckins Ave. To tractor. Large tractor parked overnight on the dirt road. Youths just smashed the windows.

VANDALISM/PROPERTY, 5:11 p.m., Stop & Shop Supermarket, 65 Newport Ave. To motor vehicle. Rear window smashed.

LARCENY, 6:13 p.m., Fox Russell DMD, 350 Hancock St. Three checks stolen, one cashed.

VANDALISM/PROPERTY, 9:05 p.m., Gay St. Front windshield and driver's side front and rear window smashed sometime overnight.

VANDALISM/PROPERTY, 10:38 p.m., 55 Holmes St. Past - motor vehicle. Driver's side window smashed.

WEDNESDAY, NOV. 22

VANDALISM/PROPERTY, 4:42 a.m., 109 Burgin Parkway. In cab. People fighting in a Yellow cab.

VANDALISM/PROPERTY, 1:24 p.m., 175 Beach St. To car. Driver's side mirror ripped off sometime this morning.

LARCENY, 5:36 p.m., 500 Hancock St. Round marble stones taken from the front of the house.

VANDALISM/PROPERTY, 8:09 p.m., 1025 Hancock St. To motor vehicle. Passenger side door keyed and heated mirror gone.

THURSDAY, NOV. 23

VANDALISM/PROPERTY, 9:01 a.m., 5 Avalon Ave. Past. Four tires slashed again.

LARCENY/MOTOR VEHICLE, 10:05 a.m., 325 Atlantic St. 1999 Toyota Solara, color red.

VANDALISM/PROPERTY, 12:26 p.m., 100 Stedman St. Past. Rear car window smashed out.

BREAKING AND ENTERING/PAST, 5:21 p.m., 76 Plymouth St. Dwelling. Window smashed.

LARCENY/MOTOR VEHICLE, 7:22 p.m., River Bay Club, 99 Brackett St. 1996 Lexus ES300, color white – vehicle taken from the above three days ago.

BREAKING AND ENTERING/PAST, 8:31 p.m., Panera Bread Company, 200 Hancock St. Business. Phone lines cut also.

BREAKING AND ENTERING/PAST, 8:41 p.m., 45 Station St. Dwelling.

❑

If you have information on the above crimes, or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764**. If you wish to report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. If you wish to make an appointment to view the **Registered Sex Offenders** book, call **Detective Cindy Walsh at 617-745-5751**.

If you wish to contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us--*Lt. Dan Minton.*

A Job Well Done

On Saturday, Nov. 11, at approximately 4:20 a.m., Officer Ken Wood and Sergeant Joseph Lencki were dispatched to an Elm St. apartment on a report of an attempted suicide. As the officers entered the building, they heard noises coming from the second floor. As they walked up, they observed numerous empty beer cans on the steps and in the hall.

LT. DAN MINTON

A man (suspect) stepped out of a second floor apartment and said, "He's downstairs" and led the officers to the victim's apartment. The officers learned that the victim was attempting to kill himself using a knife.

They entered the apartment cautiously, identified themselves and located the victim on his bed, bleeding from the wrist and holding a knife in his hand. As soon as the victim spotted the police officers, he began yelling and swearing from them to leave, stating, "I just want to die – just leave me alone." The victim then put the knife to his throat and stated, "Get the %&*@ out of here or I'll slit my throat."

Officer Wood told the suspect, who led the officers to the victim, to leave the room because he was antagonizing the victim. After being told to leave several times, the suspect began yelling at the victim, claiming he wood talk him out of killing himself.

The situation then took a sudden change for the worse.

The victim, yelling back, became extremely agitated, dug the knife deeper into his neck and screamed, "Get the %&*@ out – I'm gonna kill myself."

Due to the rapid change in the situation and the volatility of both men in the room, Sgt. Lencki used pepper spray into the facial area of the victim and then subdued him to get the knife away. The suspect, without any warning or indication, then attacked Sgt. Lencki from behind, striking him in the face and back.

Officer Wood grabbed the suspect and was struck in the face as he brought the suspect down to the floor, with the help of Quincy firefighters, who were there to provide medical assistance. After a brief struggle, the suspect was handcuffed.

Meanwhile, Sgt. Lencki, with the help of another firefighter, was able to extract the knife and handcuff the victim for this safety, until Fallon Ambulance arrived.

The victim, a 25-year-old Quincy resident, was transported to Quincy Medical Center for psychological evaluation.

The suspect, a 31-year-old Quincy resident, was charged with two counts of "assault and battery on a police officer," and one count of "disorderly conduct."

On behalf of the officers involved and the Quincy Police Department, I would like to thank Lt. Kevin O'Connor and Firefighters Paul Moody and Danny Duncan for their assistance in this incident.

Nice work!

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Spotlight On Health & Fitness

FROM START TO FITNESS

by Andrea Wyatt M.S.S., C.S.C.S.

Rotator Cuff Injury Sidelines Golfer

Q. My husband recently injured his rotator cuff and has had to stay away from playing golf. How can he condition his rotator cuff muscles to prevent this from happening again once he is injury-free?

A. The rotator cuff is a group of four muscles and their tendons that are responsible for connecting the upper arm and shoulder blade. This group of muscles also helps to lift your arm up over your head and also rotate it toward and away from your body.

Rotator cuff injuries can vary from tendonitis and bursitis to tears. Each causes different degrees of limitations and discomfort. The causes can be from normal wear and tear, a sudden fall where you use your arms to break your fall, heavy lifting, poor posture or repeated stress upon the shoulder joint, such as when playing golf.

Repetitive stress on the shoulder joint results in many of the rotator cuff injuries that golfers experience. Although golfers may find these injuries to be very common among golfers, they can take steps to lower the risk. Here are some tips to help your husband stay injury-free.

• Stay fit. Keeping your whole body strong, functional and flexible will prepare you for the demands that golf places on the body while playing or practicing. The stronger and more stable the muscles and joints of your shoulder, back, arms, hips and legs, the better control you'll have. These are prime areas for overuse injuries.

• Warm Up! Golfers often overlook the importance of warming up. Take a few minutes to elevate your heart rate. This will loosen up your muscles and joints. A light jog will do. Complete a stretching routine that loosens the muscles from your neck, shoulders, back, forearms, wrists, lower back, legs and calf. Take 20 to 30 seconds for each stretch, and repeat two or three times. This may take some time to complete, but it will take much longer to recover from an injury.

• Develop proper swing mechanics. Take lessons if needed. Poor mechanics over time can also lead to rotator cuff injuries.

• Listen to your body. When your body is tired or weak, take that as a warning to get some rest. Lack of rest or fatigue makes you more susceptible to injuries, so heed your body's warning.

Always consult a physician before beginning an exercise program. Andrea Renee Wyatt, M.S.S., C.S.C.S., is a certified personal trainer with an extensive background in strength and conditioning as well as therapeutic recreation. If you have a fitness or training question, e-mail Andrea at letters.kfws@hearstsc.com or write her in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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Tips To Reduce The Spread Of Germs

(NAPS) Most people do not realize the many ways they can encounter viruses and bacteria on a daily basis that may cause colds, flu and other respiratory infections. While there are no ways to prevent or cure the common cold or flu, it is possible to help reduce the likelihood of getting sick by limiting the transmission of germs that may cause infection.

More than 1 billion colds are contracted by children and adults each year in the U.S. and approximately 36,000 deaths and more than 200,000 hospitalizations are attributed to flu annually. According to the National Institutes of Health, the common cold is a leading cause of doctor visits and missed days from school and work.

Cold and flu viruses are spread person to person by respiratory droplets through coughing or sneezing and exchange of secretions of the nose or mouth. Healthy adults are able to spread the flu virus one day before symptoms appear and up to seven days after becoming sick, so it's possible to give someone the flu before you even know you are sick. Avoiding the spread of viruses that cause colds or flu is particularly important since these viruses do not respond well to antibiotics.

According to Dr. Neil Schachter, author of "The Good Doctor's Guide to Colds & Flu," "My patients are always searching for answers on how to reduce their risks and their families' risk of contracting colds and flu. One of the easiest ways is by having key products on hand to help reduce the spread of germs that cause infection all in one place, including hand-sanitizing gels and wipes."

While colds and flu are contagious and cannot be prevented or cures, use of certain products, such as hand-sanitizing gels and wipes, masks, gloves, and individual thermometers for each member of the family, may be helpful in limiting transmission of germs that may cause infection. These essential items are available in convenient, single kits such as the Nexcare Health Preparedness Kit of Go-Pak, which are ideal for the home, purse or travel.

Studies show that frequent hand washing and use of alcohol-based hand sanitizers can help limit the spread of germs. Covering the mouth when coughing or sneezing with disposable tissues or masks can also help prevent the spread of germs to others.

The Nexcare Health Preparedness Kit and Go-Pak are available nationally at selected drugstores, mass merchandise retailers and other stores.

For more information about the Nexcare Health Preparedness Kit and Go-Pak or to obtain Dr. Schachter's tips on healthy habits to help reduce the spread of germs, visit the Nexcare website: www.nexcare.com.

Healthy Eating Tips For Infants And Toddlers

(NAPS) Feeding is one of a parent's most important jobs. It helps children grow healthy and strong. But meal and snack times also give parents a chance to help their children feel important and loved; understood and respected; and learn to trust that others will care for them.

Here are some tips about how to nurture a child's overall healthy development through feeding from the experts at ZERO TO THREE, a nonprofit child development organization:

• **Remember: Meals are about more than food.** They are a time to connect with the child. Talk with him or her and don't let him or her eat alone.

• **Create routines around mealtime.** Routines help children feel loved and secure. Some say blessings or share experiences from the day before each meal.

• **Establish regular meal and snack times beginning when the child is nine to 12 months old.** This helps children learn to link their feelings of hunger with eating at regular times across the day.

• **Offer three to four healthy food choices at each meal, among those the child likes.** Research shows that children will choose a healthy diet when they are offered a selection of healthy foods.

• **Don't force the baby or toddler to eat.** This often results in children refusing the food and eating less.

• **Offer a healthy snack between meals if the child seams hungry** so if the child doesn't eat much at a meal, the child doesn't have to wait long to eat again.

• **Limit juice to no more than four to six ounces a day.** Juice has lots of sugar. Add water to the juice or offer fresh fruit instead.

• **Be flexible about letting little ones get up from the table when they are done.** Babies and toddlers can't sit for long. Plan for three meals a day of about 10 to 20 minutes and two to three snacks of about five to 15 minutes.

• **Don't give up on new foods.** A child may have to be offered a new food 10 to 15 times before eating it. Encourage the child to touch the new food, lick and taste it. Let the child see you eating it.

• **Turn off the TV (computers, etc.) at mealtimes.** The television can distract children from eating and takes time away from talking as a family.

• **If concerned about the child's weight or activity level, talk to a health care provider.**

Ffor more information on feeding and other parenting topics, visit www.zerotothree.org.

'Holiday Survival Guide' For Women Topic At QMC

Quincy Medical Center will host a free "Holiday Survival Guide for Women" on Wednesday, Dec. 6 from 5:30 to 7 p.m. at the Center, 114 Whitwell St., Quincy.

Attendees will:

• Review strategies to minimize holiday weight gain, including a "food court survival guide for holiday shopping at the mall.

• Hear tips to reduce the risk of injury and manage stress during this hectic holiday season

• Learn how to avoid "post holiday debt" by creating a budget for the holiday season and sticking with it.

The seminar is free, but pre-registration is required. Contact the Quincy Medical Center Physician Referral Service at 1-877-479-CARE or 1-877-479-2273 for more information and to register.

Anonymous HIV Testing Friday At QMC

Quincy/South Shore AIDS Cares at Quincy Medical Center will offer free, anonymous HIV testing Friday, Dec. 1 from 9 a.m. to 3 p.m.

The free, anonymous testing will be conducted at the Quincy/South Shore AIDS Cares Office at Quincy Medical Center, 114 Whitwell St., Quincy.

Testing will be available on a walk-in basis or appointments can be prescheduled by calling 617-376-5462.

DENTISTRY for the 21st Century

by Steven A. Brustin, D.M.D.

COMIN' THROUGH!

Parents typically notice that babies start pushing their first teeth through their gum lines between 4 and 7 months of age. The first teeth to appear usually are the two bottom front teeth (the central incisors), followed by 4-8 weeks later by the 4 front upper teeth (the central and lateral incisors). Teething is marked by increased drooling and the desire to chew on things. For most babies, teething is painless; others may experience brief periods of irritability. Some may seem cranky for weeks, experiencing crying episodes and disrupted sleeping/eating patterns. Chewing on a cold washcloth, straight from the freezer, may help to alleviate any pain. While teething can be uncomfortable, protracted irritability should prompt a call to the pediatrician.

This informative column has been brought to you in the interest of better dental health. Our goal is to help our patients reach their own unique and highest level of oral health. We believe it is our responsibility to share our acquired knowledge and understanding of oral health with each and every patient, one on one. All of our patients are individuals, and as such will achieve our goal in different ways and at different paces. Our office is located at 44 Greenleaf Street. Please call 617-479-6220 to schedule your next dental checkup. Let us help you keep that winning smile. We offer the services of anesthesiology with a fully trained and qualified anesthesiologist. Visit us on the web at www.quincydentist.com.

P.S. Although tender and swollen gums could cause a teething baby's temperature to rise a little higher than normal, teething, as a rule, does not cause high fever or diarrhea.

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SPORTS

Presidents Best North 10-7 For 8th Straight Thanksgiving Win

Quincy Better By A Field Goal

By SEAN BRENNAN

At a rain-soaked and wind-blown Veterans' Memorial Stadium last Thursday, the Quincy Presidents extended their Thanksgiving Day winning streak to eight games in a row with an exciting, down-to-the wire victory over the Red Raiders of North Quincy, 10-7.

The 74th edition of the Turkey Day game saw two teams, from one city, battle it out for the full four quarters, and although Quincy escaped with the win, the Red Raiders showed true grit and determination.

The turning point in the game happened late in the fourth quarter. North Quincy had the ball and a 7-3 lead deep inside their own territory, but facing a third and long, senior quarterback Shaun McBrien faded back in the pocket and had junior wideout Dennis Martin open in the flat. McBrien, who was being pressured by a strong President defensive front, just missed connecting with Martin for the first down, and the Red Raiders were forced to punt the ball away.

Martin, who doubles as a receiver and the team's punter, took the punt snap with 3:36 remaining in the game, and with the way that the Red Raider defense had been playing all game, North just needed to get the ball out of their own zone, but Quincy's special teams and head coach Bob Noble had other ideas.

"We felt from watching film (of North Quincy's punt team) that there was an opportunity there, and it couldn't have come at a better time," Noble said. "We put the punt-block play on to go after it, and we were very fortunate that we got it. It was great that a pair of seniors, Pat Austin and Josh Berry, made the turnaround play of this game"

The Presidents brought the house on the snap, and senior Pat Austin, who came from the left side untouched, swatted Martin's punt attempt into the field turf where it was recovered at the North Quincy 12 yard line by senior Josh Berry.

With the momentum now on their side, and their supportive fans cheering them on, the Presidents wasted little time on offense. On the first play from scrimmage after the blocked punt, senior quarterback Matt Boyle (now an impressive 2-0 as a starter on Thanksgiving) used play-action to freeze the Red Raider defensive backs, rolled to his right and found senior Alex Chan in the back of the endzone for the touchdown. Chan, playing the role of the hero, fought off coverage, the driving rain and the slick field turf to make a spectacular catch while sliding on his knees. Diego Arredondo's point after attempt was good and Quincy went back on top 10-7.

"It's unbelievable. I couldn't believe I caught it," Chan said after the game. "I'm so happy. When we ran the play, and I saw the ball coming to me, I knew it was over if I caught it."

North Quincy would get the ball back two more times after Chan's touchdown catch, but they could get no closer than the Quincy 40 yard line. The Red Raiders had one last chance with just under one minute left in the game, but a McBrien hail mary pass fell incomplete, and Quincy escaped with the victory.

"My kids performed well, especially our all-senior offensive line," NQ head coach Jim Connor said. "Playing in this game, a rivalry game and Thanksgiving Day game with all the distractions we were there to prove that we belonged and I feel like we did just that. Our seniors played great, and the game showed me that our program and our kids have really grown up this season."

The game began with a lengthy 14-play drive by the Presidents offense. Quincy drove the ball down the field using up almost the entire first quarter, and the workhorse for Quincy on this drive was senior running back Tom Hazelhurst. Halzelhurst, who ran the ball 15 times for 68 yards in the opening half, continually fought for tough yards on the drive, but the North Quincy defense bent but did not break. The Presidents got all the way down into the North Quincy redzone, but could not convert on third and long.

The Presidents, now facing a fourth and long, brought on their kicking team to try and attempt a 29 yard field goal. Junior Diego Arredondo's kick found its way through the driving rain and wind to give Quincy the early 3-0 lead with 2:06 left in the first quarter.

The field goal would be the only score the Presidents could muster until the late punt block set up the winning score in the waning minutes of the game. Quincy was hurt all game long by offside and false start penalties, and a solid performance from the Red Raider defense.

North Quincy, behind the running of junior Terrence Sibley (20 carries, 95 yards), took its next drive deep into Quincy territory. On the drive, the Red Raiders faced a fourth and one on their side of midfield and went for it. Sibley took the hand-off from McBrien and sprinted 29 yards down the right sideline for a huge first down.

"Going for it there on fourth down, we just had confidence in our offensive line," Connor said. "The game was quickly becoming a time of possession game and we needed to hold on to the ball. Sibley was running hard, and I just had a sense that we could make it there."

With an opportunity to take the lead and put the Presidents on their heels, the Red Raiders called two straight pass plays on third and fourth down. The first pass, intended for senior Mike Jay, was broken up on a hard hit from

(Cont'd On Page 20)

QUINCY HIGH SCHOOL Presidents and head coach Bob Noble celebrate their eighth straight Thanksgiving Day victory. Quincy defeated North Quincy, 10-7 in the 74th annual holiday game. *Quincy Sun Photos/Robert Noble*

SUPERINTENDENT DR. RICHARD DECRISTOFARO hands the Thanksgiving Day trophy to Quincy head coach Bob Noble after the Presidents' 10-7 win. Noble is now a perfect 8-0 on Turkey Day.

Presidents Prevail In 'Little Turkey Day Game'

JAYVEE FOOTBALL

The contest known as the "Little Turkey Day Game" took place on Nov. 18 at Veterans' Memorial Stadium. The Quincy Presidents' and North Quincy Red Raiders' jayvee squads took to the field turf to decide which school would leave with the 2006 "Little Turkey Day" victory.

The Presidents defeated North Quincy 16-14 in a well played game that came down to the final half minute of play.

After a scoreless first quarter, the Presidents struck first on a Max Devoe 6 yard touchdown run. Devoe also scored on the two-point conversion attempt to give Quincy the early 8-0 lead.

The Red Raiders quickly evened the score at 8-8 when quarterback Mario Darshi connected with Adam Tragellis for a 25 yard touchdown pass. North Quincy's Ethan Thomas added the two-point conversion and the score was tied at eight.

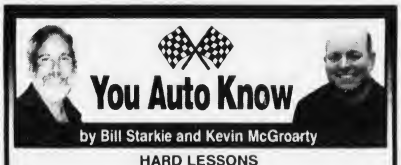
Quincy quarterback Matt Mottola put the Presidents on the scoreboard just before the end of the first-half with a 12 yard touchdown pass to wide receiver Pat Fernandez. Devoe made the score 16-8 with another successful two-point conversion run.

The Red Raiders' defense prevented Quincy from scoring in the second half, and the North Quincy offense closed the scoring gap in the fourth quarter when Thomas scored on a third down and goal from the 1-yard line. North tried to even the score at 16-16 with a two-point conversion try, but the Quincy defense did not allow them in the endzone.

The Red Raiders had one more chance to take the lead with less than a minute to go in the game. North Quincy drove all the way down to the Quincy 30-yard line, but a strong defensive stand by the Presidents' Paul Oldham, Sean Gray, Zach Manning and Paul Carson forced the Red Raiders to turn the ball over on downs.

Mottola, Devoe, Fernandez, along with Mark Gilbody, Andy Papile and Anthony Raddutz all played well for the Presidents. Quincy had a lot of success in the game due to their offensive line. Taylor Radcliffe, EJ Lewis, John Parry, Tony Nguyen and Mike Andrews protected the quarterback and open holes all game long for the running game.

Quincy finished their season at 3-7, while North Quincy completed their season at 8-2.



HARD LESSONS

Some people put off routine automobile maintenance because they think it is too inconvenient to give up the use of their cars for the day. Others skip scheduled maintenance because they do not want to spend money on their cars if nothing is obviously wrong. The thinking of this former group of procrastinators usually changes when a worn radiator hose leaves them stranded at night on an interstate highway. Now, that is an inconvenience! As for the spendthrifts, they may reassess their values when failure to check the engine's oil level leads to a costly engine overhaul. The sad truth is that our highways are dotted with cars pulled over to the breakdown lane, and repair shops are filled with neglected cars. This is a hard way to learn that preventive auto maintenance helps avert big problems.

At LEO & WALT'S SUNOCO, we try to provide you with exactly what you need. We take the time to explain any service we provide to you. Located at 258 Quincy Ave., E. Braintree, we are professional automotive experts, and we hope you entrust us with your automobile needs. Sunoco and most major credit cards honored. Open: Mon.-Fir. 6am-9pm, Sat. 7am-9pm, Sun. 9am-5pm.

HINT: Statistics show that nine cars in ten have low fluid levels or are in need of a repair or adjustment.

Leo & Walt's Sunoco
258 QUINCY AVE., E. BRAINTREE
781-843-1550

QUINCY'S ALEX CHAN'S sliding, fourth quarter touchdown catch was the difference on the scoreboard in the 74th annual Thanksgiving Day game. Chan also contributed two bonecrushing hits in the defensive backfield. *Quincy Sun Photos/Robert Noble*

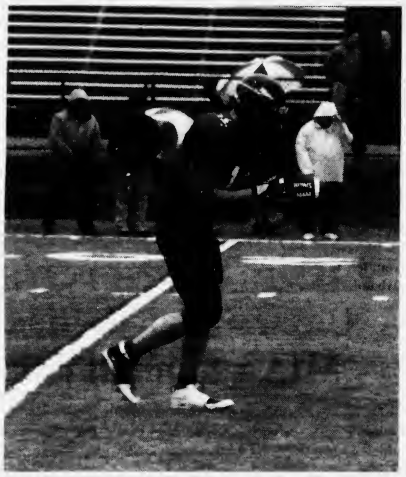
SOMEWHERE AMONG THIS PILE OF BODIES, North Quincy's Shaun McBrien sneaks into the endzone. McBrien's score gave the Red Raiders a 7-3 lead.

Quincy Better By A Field Goal, Defeats North 10-7

(Cont'd From Page 19)

Alex Chan (the first of two for Chan on the day). On fourth down, McBrien dropped back in the pocket, looked to his right and then back to his left, and heaved a pass in the direction of senior Dave Guerriero. Unfortunately for McBrien and Guerriero, the pass got caught up in the wind and ended up in the arms of Quincy's Ted Walsh for an interception in the endzone.

The Presidents had a chance to put more points on the board before the half, but at the end of a long run, senior Camillo Arredondo was stripped of the ball at the North Quincy 25-yard line. North Quincy's Alex Tragellis pounced on the loose ball, and the Red Raiders took a knee, ending the opening half down 3-0.



NORTH QUINCY'S DENNIS MARTIN'S punt attempt late in the fourth quarter was blocked by Quincy's Pat Austin. The big special teams play led to the go-ahead touchdown by the Presidents.

The third quarter saw both defenses hold tight. North Quincy got the ball to begin the half, but Camillo Arredondo made up for his fumble at the end of the first half with a big interception stopping the Red Raiders' drive. Arredondo returned the ball all the way back to the North Quincy 24-yard line, but the offense could do nothing with the great field position.

The play of the defense after Arredondo's pick seemed to light a fire on the North Quincy sidelines, and McBrien and the offense used this to their advantage late in the third quarter and at the beginning of the fourth quarter. The Raiders' eight play scoring drive was accented by a 33-yard run by Guerriero down the left side. After two runs by Sibley and Guerriero brought the ball to the mouth of the goal line to begin the fourth quarter, McBrien called his own number and snuck through a crease on the offensive line for a two-yard touchdown. The successful extra point not only gave the Raiders the lead at 7-3, but it was also the first time in thirteen Thanksgiving Day quarters that a North Quincy team had found the endzone.

Trailing for the first time all day, the Presidents took their next possession and went three and out. This trend continued for both teams for the majority of the final quarter, and after Quincy punted the ball back to North with five minutes remaining, their season and their winning streak was in serious jeopardy.

The one thing that the Presidents had going for them was their experience and the fact that they had won so many times before on Thanksgiving. Their defense made the stops when they needed too most, their special teams came up with a huge play, and the offense and Boyle came through in the clutch. As a result, Quincy hoisted the trophy for the eighth straight year.

"To be honest, in the second half North Quincy outplayed us, " Noble said. "We dominated in the first half, controlled play, but we were a little frustrated, but give them credit, North Quincy played extremely well. This is a testament to our kids and coaches, who didn't stop playing because they knew the game was not over when we went behind, and to win eight in a row, sometimes you have to be lucky."

North Quincy and head coach Jim Connor were obviously upset with the outcome of the game, but the Red Raiders, according to Connor have every right to be proud off the way they played.

"It was very emotional in the locker room after the game," Connor said. "I didn't prepare a speech. I thought our defensive effort was our best of the year, and we showed that we belonged in this game. The heart and discipline we played with should help set the foundation for years to come."

For fans of this 74 year old rivalry, the 2006 edition lived up to the hype of a Thanksgiving Day game, and for the Quincy Presidents and head coach Bob Noble it meant one more Turkey Day dinner they can enjoy as city champions.

THE PRESIDENTS' DIEGO ARREDONDO successfully kicks a point after attempt. Arredondo's kick made the score 10-7. He also connected on a 29-yard field goal in the first quarter to give Quincy an early 3-0 lead.

QUINCY'S TOM HAZELHURST (17) takes a hand-off from quarterback Matt Boyle.

NORTH QUINCY'S DAVE GUERRIERO (37) runs with the ball. Terrence Sibley (42) and McBrien (7) follow the play.

Redstockings Win Tournament

The Quincy Redstockings, a 14 and under local baseball team, recently participated in and won the Tripe Crown Sports Fall River 14 and Under baseball tournament. The tournament included teams from New York, Connecticut and Massachusetts.

Winning this Triple Crown Sports Fall River tournament qualified the Redstockings for the National Fall Tournament in St. Augustine, Florida.

The Redstockings, behind a complete team effort, later played in and swept the Dan Duquette Labor Day Super Series Tournament in September.

While allowing just four runs and scoring thirty-eight, the Redstockings beat the Lake Shore Braves (Kirkland, Quebec), the Bellingham Bashers (Mass.), and the Columbia County Patriots (Albany, NY), and as a result, qualified for the National Winter Tournament in Phoenix, AZ at the end of December.

THE QUINCY REDSTOCKINGS from left to right: (front row) Bat boy Colin Edgerly, Brandon Gilmore, Matt Jay, John Ainsley, Colin McCarthy, T.J. Higgins, Keith Moreale and bat boy Danny Higgins. (Back row/ left to right) Coach Dave McCarthy, Coach Doug Edgerly, Lamonte Toombs, Danny Russell, Ryan Louis, Joe Edgerly, Mike Medeiros, Joe Carlier, Coach George Higgins and Coach Matt Edgerly.

Recreation Programs Begin Dec. 4

The Quincy Recreation Department After School and Evening Gym Programs will begin the week of Dec. 4, 2006 in neighborhood gyms throughout the city.

According to Barry J. Welch, Director of Recreation, the free programs are conducted for boys and girls age eight through high school at fourteen school locations. The programs are supervised by members of the recreation department staff who oversee a variety of gym activities, games and sports that are appropriate to the age group of the participants. Programs are offered at a variety of days and times depending upon location, availability of the gyms and number of participants. Quincy residents are eligible to register at the location of their choice and attend different locations if they desire.

The programs are open to participants from private and parochial schools as well as public school students. Recreation equipment is supplied by the Recreation Department and participants are requested to wear sneakers at gym locations.

The schedule of gyms is as follows:

Atherton Hough: Mon. - Middle School/High School (5-7 p.m.). Tues. - Elementary Age 8 through grade 5 (3-5 p.m.) and Middle School/High School grades 6-12 (5-7 p.m.).

Beechwood Knoll: Mon. - Elementary Age 8 through grade 5 (3-5 p.m.). Middle School/High School grades 6-12 (5-7 p.m.). Wed. - Elementary age 8 through grade 5 (3-5 p.m.).

Bernazzani: Wed. - Elementary grade 4 (2:30-4:30 p.m.), Middle School/High School grades 6-12 (5-7 p.m.). Thurs.- Elementary grade 5 (2:30-4:30 p.m.), Middle School/High School grades 6-12 (5-7 p.m.). Fri. - Elementary Age 8 through grade 3 (2:30-4:30 p.m.).

Merrymount: Mon. - Elementary Age 8 through grade 5 (3-5 p.m.), Middle School/High School grades 6-12 (5-7 p.m.). Thurs. - Elementary Age 8 through grade 5 (3-5 p.m.), Middle School/High School grades 6-12 (5-7 p.m.).

Montclair: Mon. - Elementary age 8 through grade 5 (3-5 p.m.), Middle School grades 6, 7, 8 (5-7 p.m.), High School grades 9, 10, 11, 12 (7-8 p.m.). Wed. - Middle School grades 6, 7, 8 (5-7 p.m.), High School grades 9, 10, 11, 12 (7-8 p.m.). Thurs. - Elementary School age 8 through grade 5 (3-5 p.m.).

Parker: Wed. - Elementary age 8 through grade 5 (3-5 p.m.).

Snug Harbor: Mon. - Middle School grades 6, 7, 8 (4-6 p.m.), High School grades 9, 10, 11, 12 (6-8 p.m.). Tues. - Middle School grades 6, 7, 8 (4-6 p.m.), High School grades 9, 10, 11, 12 (6-8 p.m.).

Squantum: Tues. - Elementary grades 4 and 5 (3-5 p.m.), Middle School grades 6, 7, 8 (5-7 p.m.), High School grades 9, 10, 11, 12 (7-9 p.m.). Thurs. - Elementary age 8 through grade 3 (3-5 p.m.), Middle School grades 6, 7, 8 (5-7 p.m.), High School grades 9, 10, 11, 12 (7-9 p.m.).

Marshall: Mon. - Elementary age 8 through grade 4 (3-5 p.m.). Wed. - Elementary age 8 through grade 4 (3-5 p.m.).

Wollaston: Wed. - Elementary age 8 through grade 5 (3-5 p.m.).

Sterling: Wed. - Middle School grades 6, 7, 8 (5-7 p.m.), High School grades 9, 10, 11, 12 (7-9 p.m.).

Point Webster: Tues. - Elementary grade 5 (5-6:30 p.m.), Middle School grades 6, 7, 8 (6:30-7:30 p.m.), High School grades 9, 10, 11, 12 (7-9 p.m.).

Atlantic Middle School: Tues. - Middle School grades 6, 7, 8 (5-7 p.m.), High School grades 9, 10, 11, 12 (7-9 p.m.).

Lincoln Hancock Community School: Thurs. - Elementary age 8 through grade 5 (3-5 p.m.).

For more information, call the Quincy Recreation Department at (617)-376-1394.

QUINCY HIGH SCHOOL sent a number of student-athletes to Gillette Stadium to take part in the Massachusetts Interscholastic Athletic Association's Summit for Student Leaders. Pictured from left to right: Charles McGee, Guest Speaker Steve Burton, Stephen Connolly, Charles Dybaud, Bridget Kyle, Meagan Tobin and Coach Robert Noble.

Quincy High Students Attend MIAA Summit For Leaders

On Nov. 14, a number of Quincy High School student-athletes attended the Massachusetts Interscholastic Athletic Association's Summit for Student Leaders at Gillette Stadium in Foxboro, MA.

During the seminar students attended workshops that focused on the importance of being athletic scholars and leaders amongst their peers.

Guest speakers included Steve Burton, Doug Flutie and Patriots owner Robert Kraft.

Quincy High School students and staff who attended the seminar included Charles McGee, Stephen Connolly, Charles Dybaud, Bridget Kyle, Meagan Tobin and head football coach Robert Noble.

For Some Kids In Quincy, Soccer Is TOPS

Every Sunday, for six recent weeks, Malcolm McNeil and Robin Franceschini have met at the soccer fields at Quarry Hills just before noon.

Together, they roll out 20 or so soccer balls, set up orange cones and eight Pugg soccer goals, and within minutes, the empty field is transformed into a truly special soccer venue. As quickly as Malcolm and Robin roll out the balls, they are gathered in by the waiting feet of the eager players in Quincy's TOP Soccer program.

TOPSoccer is a community-based training and team placement program for young athletes, designed to bring the opportunity of learning and playing soccer to any boy or girl, ages 5 to 16, who has a mental, physical or educational disability.

McNeil brought the program to Quincy – one of only twelve communities in the entire state to offer it – in order to help young athletes with disabilities to become valued and successful members of the Mass Youth Soccer (MYSA) and Quincy Youth Soccer League (QYSL) family.

"I had concluded my time as president of Quincy Youth, and when I saw MYSA offering the program, I thought it would be great to get it started in our community," says McNeil.

And start it, he has.

In only its second year, the program has already almost doubled in size.

The first field at Quarry Hills was filled each of the Sundays with orange cones, smiling children of all ages and sizes, and their supportive parents along the sidelines.

Following one hour of drills led by Franceschini, a game is played – one where everyone is a winner. Each week, various coaches have assisted: Rich O'Hara, Quincy Youth soccer's president; Don Martin, the Quincy High girls' coach (and a mainstay of Quincy Youth Soccer) among them.

And what McNeil finds most gratifying, is the large number of "junior" coaches: middle school and high school players who have participated in the Quincy Youth program, and are now giving back by helping at TOPSoccer.

"I love coming every Sunday," says Franceschini. "The best part is all the smiling faces: the parents, the coaches, and – most of all – the kids. It is so rewarding for me to be part of this program, one I know is going to only get bigger and better each year."

One look at the smiling faces, and you know she's right.

For more information on the program, visit Quincy Youth Soccer's website at quincyyouthsoccer.com.

Sterling Players Attend Coaching Clinic

Bob Noble, Quincy High School's varsity football coach, took a day out of his usual practice schedule to look to his team's future.

Noble, assistant coach Bill Reardon, and the Presidents' five varsity captains: Matt Boyle, Camillo Arredondo, Tom Hazelhurst, Charlie McGee and James Aikens, traveled down to the Sterling Middle School to help kick off the school's Flag Football season.

Coach Noble put the 35 Sterling players through a series of drills that were meant to teach proper stances, catching and handoff techniques and running postures. As the captains ran the drills, Noble and Reardon walked around giving tips, correcting form and offering well-deserved praise to these future high school players.

The Sterling players practiced coming up from stances on defense and running precise routes on offense with help from the five captains. Players also went through a drill to help them learn to "cover the points" when holding a football while the coaches tried to knock the ball out of their arms.

"The players were very helpful in teaching me how to carry the ball," 8th grader Tyshaun Peete said. "Thanks to the help of the Quincy captains it is so much easier to do a 3-point stance now that I have learned how to do it correctly."

Coach Noble finished the clinic by talking to the student-athletes about leadership both on the field and in the classroom. He encouraged them to do well in their academics so that they could pursue their dreams of playing high school football and potentially down the road, college football opportunities.

OBITUARIES

Deborah G. Curry, 52

Receptionist

DEBORAH G. CURRY

A funeral service for Deborah G. Curry, 52, a receptionist, of Quincy, was held Nov. 22 at Keohane Funeral Home, 785 Hancock St.

Miss Curry died Nov. 18 in Quincy.

She was a receptionist for Martin Magnuson, McCarthy & Kenny Law Firm in Boston for 14 years and had not yet retired.

Born in Boston, she was a lifelong resident of Quincy, and a North Quincy High School graduate of the Class of 1973.

Miss Curry enjoyed spending time with her family and was an avid runner, participating in many local 10 K runs. She also volunteered to help the elderly.

She is survived by her son, Robert J. Mann of Wollaston; her mother, Sara R. (DeJoseph) Curry of North Quincy; her father, her two sisters, Janis M. Bertoni of Ridgewood N.J. and Susan M. Magoon of Wollaston.

Burial was in Blue Hill Cemetery, Braintree.

Arthur F. Nicolle, 92

Parts Supervisor

A private funeral service for Arthur F. Nicolle, 92, of So. Yarmouth, formerly of Quincy, a parts supervisor and World War II veteran, will be held.

Mr. Nicolle died Nov. 19.

He was a parts supervisor for Ford Motor Company. He was a veteran of World War II.

He and his wife retired to Bass River on the Cape in 1964 where they were members of the Waquoit Congregational Church and he a trustee.

He was an avid tennis player and organized several mid-Cape tennis tournaments. He enjoyed woodworking and built many half hull models.

Born in Dorchester, he graduated from Quincy High School in 1930, and attended Northeastern University.

He is survived by his wife of 65 years Esther (Williams) Nicolle; a son, Stephen Nicolle of Nantucket, a daughter, Linda (Nicolle) Mulrenin of Falmouth; a sister, Evangeline Abell of Dennis, grandchildren and great-grandchildren.

Funeral arrangements were by the Cremeation Society of Massachusetts, affiliated with Hamel, Wickens and Troupe Funeral Home, 26 Adams St.

Donations may be made to the Trustees of Reservations, 572 Essex St., Beverly, MA, 01915-1530.

Carmine G. D'Olimpio, 78

Longtime Union Leader, World War II Veteran

CARMINE G. D'OLIMPIO

A funeral Mass for Carmine G. "Jerry" D'Olimpio, 78, of Quincy, former longtime Bricklayers Local 52 Business Agent and past President of the Quincy and South Shore Building Trades Council, was celebrated Saturday at St. John the Baptist Church.

Mr. D'Olimpio died Nov. 21 at South Shore Hospital, Weymouth.

He was a bricklayer, mason and union representative for more than 56 years. He served as a business agent and financial secretary for the former Bricklayer's Union Local 52, now Local 3, for 29 years, from 1960 to 1989.

He was a member of the Quincy Housing Authority for 15 years, trustee of Bridgewater College for eight years, and a former vice-president of the AFLCIO for five years.

He is survived by his wife of 56 years, Amy M. (Crocker) D'Olimpio; three daughters, Darlene M. Cullen of Marshfield, Deborah A. Dillon of Salem, NH and Diane E. Donaher of Bethlehem, PA; two sons, David W. D'Olimpio of West Newbury and Douglas J D'Olimpio of Weymouth.

Mr. D'Olimpio was one of 11 siblings and is survived by two brothers, O. James D'Olimpio of Quincy and Anthony O. D'Olimpio of Bridgewater; and 12 grandchildren.

Burial with military honors was in Pine Hill Cemetery, west Quincy.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Donations may be made to the Labor Guild, 85 Commercial St., Weymouth MA 02188.

Lawrence F. Harris, 53

Chef

LAWRENCE F. HARRIS

A funeral Mass for Lawrence F. "Larry" Harris, 53, of Quincy, a chef for more than 25 years, was celebrated Nov. 25 at Most Blessed Sacrament of the Holy Trinity Parish, Quincy.

Mr. Harris died Nov. 21 at Quincy Medical Center after a long illness.

He worked at several restaurants, including Tuscany's in Rockland and Biaggio's in Marshfield.

Born in Framingham, Mr. Harris lived in Jamaica Plain and Dorchester before moving to Quincy 23 years ago.

He is survived by his wife, Beverly (Duggan) Kelley Harris; his father, James Harris Sr. of Dorchester; two sisters, Sandra Ortiz of Boston and Tina Gerard of Lynn; a brother, James Harris Jr. of Malden; four stepchildren, Sean Kelley of Dorchester, Paul Kelley of Weymouth and Karen Kelley and Kathleen Kelley of Quincy; 10 grandchildren and a great-granddaughter; and many nieces and nephews.

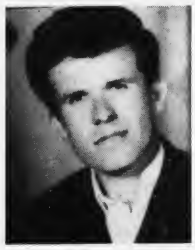
He was the son of the late Gladys (Porter) Harris.

Burial was in Pine Hill Cemetery, Quincy.

Funeral arrangements were made by the Deware Funeral Home, 576 Hancock St., Wollaston.

Petar Pepdjonovic, 65

Restaurant Owner



PETAR PEPDJONOVIC

A funeral Mass for Petar Pepdjonovic, 65, of Quincy, a former restaurant owner, was celebrated Tuesday in the Holy Trinity Parish at the Our Lady of Good Counsel Church, Quincy.

Mr. Pepdjonovic died Nov. 25 at the Marina Bay Skilled Nursing and Rehabilitation Center in Quincy after a brief illness.

He was born, raised and educated in Yugoslavia. He served in the Yugoslavian Army.

Mr. Pepdjonovic immigrated to the United States in 1975. He had lived in Dorchester for five years before moving to Quincy in 1980.

He was a restaurant owner and had been involved in the restaurant business since 1975.

He enjoyed exercising and walking.

Mr. Pepdjonovic is survived by his wife of 40 years, Prena (Lukic) Pepdjonovic; three sons, George Pepdjonovic of Quincy, Steve Pepdjonovic of California and Quincy Police Officer Tom Pepdjonovic of Braintree; a daughter, Vera Lyons of Quincy; a brother, Mark Pepdjonovic of Quincy; a sister, Shache Jankovic of Montenegro; and many nieces and nephews.

He was also the brother of the late Prena Pepdjonovic.

Interment was in Blue Hill Cemetery, Braintree.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to the American Cancer Society, 1115 West Chestnut St., Brockton, MA 02301.

Mary A. McLaughlin, 94

Bookkeeper

A funeral Mass for Mary A. (Keane) McLaughlin, 94, a bookkeeper, of Boston, formerly of Quincy, was celebrated Nov. 22 at Sacred Heart Church, north Quincy.

Mrs. McLaughlin died Nov. 17 at Bostonian Nursing Care Center, Boston.

She was a bookkeeper for the Charles A. Maguire Company, an engineering firm, in Boston, for 23 years, retiring in 1977.

She had a lifelong passion for the Red Sox, and was an avid fan of the PGA. She enjoyed traveling.

Born in Boston, she lived in Quincy before moving to Boston five years ago.

Burial was in Saint Joseph's Cemetery, West Roxbury.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Donations may be made to Bostonian Nursing Care Recreation Dept., 337 Neponset Ave., Dorchester MA, 02122.

William P. Long, 46

Machinist

A funeral Mass for William Patrick "Bill" Long, 46, of Arlington, Texas, formerly of Quincy, a machinist, was celebrated Nov. 25 in St. John's Church, Quincy Center.

Mr. Long died Nov. 4 at Arlington Memorial Hospital.

He worked 10 years for Martin Sprocket and Gear in Arlington.

He served in the Navy for several years.

Born in Quincy, he lived in Dorchester before moving to Texas.

He was a Roman Catholic.

Mr. Long is survived by three brothers, Edward Long of Duxbury, Robert Long of Woodsville, N.H., and James Long of Quincy; and two sisters, Pat Lynch of Quincy and Mary Collela of Lewiston, Maine.

Burial was in Belmont Cemetery, Belmont.

Funeral arrangements were made by Moore Funeral Home, Arlington.

Memorial donations may be made to the American Cancer Society.

SCOTT DEWARE

A THOUGHT FOR THE WEEK

Anger is a human trait. It has been a part of man since the beginning of time and since it is a natural emotion, anyone can get angry at times. Many references to anger and wrath are seen in the Bible.

It is a mental agitation, however, that should be controlled because it can be harmful. Any doctor will tell you anger causes blood pressures to go up. Release of uncontrolled anger can only give temporary satisfaction and that is certainly a high price to pay for probable shame and regret.

No one can completely extinguish anger. It is as natural as tenderness, sorrow, fear or joy. Because anger takes a heavy toll in mind and body, moderation is needed as a matter of self-concern. Jefferson once said, "When angry, count to ten before you speak; if very angry, count a hundred."

It was a good rule to live by in his time... It still is!

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Thomas F. Lowe, 80

Retired Master Pipefitter

THOMAS F. LOWE

A funeral Mass for Thomas F. Lowe, 80, of Quincy, a retired master pipefitter, was celebrated Monday at Sacred Heart Church, 386 Hancock St.

Mr. Lowe died Nov. 23 at home.

Mr. Lowe was a master pipefitter. He was the owner and operator of the T&L Service Company for over 40 years. He has been retired for many years.

He was a World War II U.S. Army Air Corps veteran, who served in the Asiatic Pacific Theater, and participated in the Southern Philippines campaign.

Born in Boston, he was raised and educated in Boston's South End. He lived in Quincy for 40 years, previously in Dorchester and the South End.

Mr. Lowe enjoyed traveling and was a worldwide traveler. He also enjoyed fishing and boating.

He is survived by his wife of 53 years, Gertrude T. (McKenna) Lowe; a daughter, Carol A. Milburn of Squantum; a son, Thomas R. Lowe of Quincy; and five grandchildren.

Burial with military honors was in Mount Wollaston Cemetery.

Donations may be made to the Hospice of Greater Brockton & Boston, 500 Belmont St., Brockton, MA, 02301.

Virginia M. Hart, 87

World War II Veteran

A private funeral service and burial was held for Virginia M. Hart, 87, of Quincy, a World War II veteran, who died Nov. 23 at Quincy Nursing and Rehabilitation Center.

Miss Hart joined the Women's Army Corps during World War II and was assigned to a recruiting office in Utica, N.Y., where she canvassed, interviewed and tested applicants, delivered speeches and composed newspaper and radio advertisements.

She was a clerk for the federal government in New York and Florida. She spent a few years after high school working for the Quincy Welfare Department.

Born in Boston, she was raised in Quincy and graduated from North Quincy High School.

After living in New York and Florida, she returned to Quincy six years ago.

Miss Hart is survived by a sister, Adrienne A. Duval of Weymouth; and many nieces and nephews.

She was the sister of the late Jacqueline Hart.

A memorial Mass will be held at a later date.

Funeral arrangements were made by the Alfred D. Thomas Funeral Home, Milton.

Emma L. Sayce, 89

Retired Secretary

A funeral service for Emma L. (Gareis) Sayce, 89, of Quincy, a retired secretary, was held Monday at Magoun-Biggins Funeral Home, Rockland.

Mrs. Sayce died Nov. 22 at Quincy Rehabilitation Nursing Home.

She worked for Louis Benjamin Insurance Co. and Hurst Insurance Co., both in Brockton, and retired from Gordon Boyd Insurance Co. in Barnstable.

Born and raised in Brockton, she graduated from Brockton High School in 1939. She moved to Yarmouth Port in 1969 and spent the last year living in Quincy.

Wife of the late Alfred Sayce, she is survived by a daughter, Sandra L. Alty of Quincy; two sisters, Hazel Miller and Viola J. Leonard of Florida; two grandchildren; and two nephews and a niece.

Burial was in Melrose Cemetery, Brockton.

Mary W. Gifford, 90

Retired Secretary

Mary W. (Leppanen) Gifford, 90, of Quincy, a retired secretary, died Nov. 22 at South Shore Hospital in Weymouth.

Mrs. Gifford worked at Lemuel Shattuck Hospital in Boston, Boston Gear Works and Polaroid Corp.

Born in Quincy, she was a lifelong resident of the city. She was an avid swimmer at the South Shore YMCA in Quincy for 25 years.

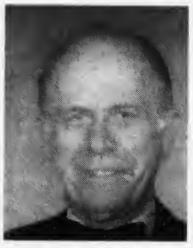
Wife of the late Harry gifford, she is survived by a daughter, Ava Gifford of Quincy; a sister, Bertha Francis of Maryland; and two grandsons.

She was the mother of the late Nancy Fraser.

Funeral arrangements were made by the Lydon Funeral Chapel, 644 Hancock St., Quincy.

Dr. Algirdas A. Yurkstas, 84

Dentist, Pioneer In Field Of Prosthetics



DR. ALGIRDAS A. YURKSTAS

A funeral service for Algirdas Albert Yurkstas, D.M.D., 84, of Quincy and Scituate, was held Wednesday at the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Dr. Yurkstas died Nov. 23 at South Shore Hospital in Weymouth after a brief illness.

Born in Lawrence, he had lived in Quincy and Scituate for 55 years.

He was raised and attended Bridgewater schools. He was a graduate of Bridgewater High School.

Dr. Yurkstas attended Bridgewater State College for two years before enlisting in the United States Army Aircorps.

He was a disabled World War II veteran and prisoner of war. He served in the European African Middle Eastern Theater and participated in the Rhineland campaign. He was a second lieutenant and a B-24 pilot with the 726th Bombardment Squadron and the 451 Bombardment Group. On Nov. 15, 1944, his plane was shot down over Germany.

After the war, he completed his education at the University of Massachusetts in Amherst. He later graduated from Tufts University School of Dental Medicine. He also received his master's degree from Tufts University.

Dr. Yurkstas was a prosthodontist and maintained a private dental practice in Boston. He was a professor at Tufts University School of Dental Medicine for many years.

He was a pioneer in the field of prosthetics. He was a published researcher and consultant for many dental companies. He retired in 1991.

Dr. Yurkstas was a member of many dental related societies and organizations, including past president of the Greater New York Academy of Prosthodontists, the American College of Prosthodontists and an original founder of the Hardy Conference now known as the Yankee Dental Conference.

He was an avid golfer and member of the Wollaston Golf Club of Milton and the Hatherly Country Club in Scituate. He was also a member of the Neighborhood Club of Quincy.

He enjoyed deep sea fishing and gardening.

He is survived by his wife of 57 years, Adeline L. (Zuffante) Yurkstas; two daughters, Laurajean McDonald of Cohasset and Jody Fiore of Braintree; and a granddaughter.

He was the father of the late Carolynne E. Yurkstas.

Interment with military honors was in Pine Hill Cemetery, West Quincy.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to the Carolynne E. Yurkstas Memorial Scholarship Fund, Bridgewater State College, Bridgewater, MA 02325.

Helen M. Dawley

A funeral Mass for Helen M. Dawley of Quincy was celebrated Tuesday at the Marion Manor Chapel in South Boston.

Mrs. Dawley died Nov. 24.

She is survived by two nephews, William J. Crowe of Lawrence, Kansas, and Timothy M. Crowe of Cape Town, South Africa.

Burial was in Mount Calvary Cemetery, Boston.

Funeral arrangements were made by the Keohane Funeral Home, 785 Hancock St., Wollaston.

Memorial donations may be made to the American Cancer Society, 18 Tremont St., Suite 700, Boston, MA 02108.

Elva Reed, 82

Secretary

ELVA REED

A funeral Mass for Elva (Pettitt) Reed, 82, a secretary, of Quincy, was celebrated Nov. 25 at Eastern Nazarene Church.

Mrs. Reed died Nov. 20 at Quincy Medical Center.

She worked at Eastern Nazarene College for 23 years as a secretary.

Born in Trenton, NJ, she was educated there. She was a graduate of Eastern Nazarene College Class of 1950.

She spent 14 years dedicating her life to the mission field in Beirut, Lebanon, and one year in Swaziland, South Africa for the Church of the Nazarene.

She loved cooking and gardening. She taught Sunday School and had a passion for teaching students. She was a loving wife, mother and grandmother.

Burial was in Knollwood Memorial Park, Canton.

Donations may be made to the Elva Reed Scholarship Fund, Office of Development, Eastern Nazarene College, 23 E. Elm Ave., Quincy, MA 02170.

Harry E. Colbourne, 64

Owner Of Harry Outboard Motors

A funeral service for Harry E. Colbourne Jr., 64, of Quincy, owner and operator of Harry Outboard Motors, was held Saturday at McDonald Funeral Home, Weymouth.

Mr. Colbourne died Nov. 18.

He was the owner and operator of Harry Outboard Motors, a business that his father started.

Born in Boston, he was raised and educated in Quincy. He was a Weymouth resident for many years before moving back to Quincy.

He is survived by his former wife, Maria (Bruno) Colbourne of Stoneham; a daughter, Jill M. Colbourne of Florida; a sister, Claire Driscoll of Weymouth; a niece and several nephews and a grandaunt.

Burial was in Old North Cemetery, North Weymouth.

Paula Murphy

A funeral Mass for Paula (Keating) Murphy, of Quincy, was celebrated Saturday at St. Patrick Church, Williamstown.

Mrs. Murphy died Nov. 18 in Williamstown.

Wife of the late Jack Murphy, she is survived by two sons, Timothy Murphy and Thomas Murphy; four daughters, Kerry Studwell, Christine Sumner, Ellen Murphy and Claire Olsen; and two brothers, Geoffrey Keating and Brian Keating.

Burial was in Mt. Wollaston Cemetery.

Funeral arrangements were by Flynn and Dagnoli Funeral Home, North Adams.

Grandma loved classic poetry, traveling, and Grandpa.

Your memories are precious. That's why, at Keohane Funeral Service, we take the time to find out what made your loved one special. Whether it's reading classic poetry or compiling a memory board of her favorite travel photos, you can count on us to help you plan a service that will be just as unique as the person you love.

Keohane Funeral Service

785 Hancock Street • Quincy • 617-773-3551

Member by Invitation NSM National Selected Morticians

RELIGION

Quincy Community United Methodist Church To Host Service Of The Longest Night Dec. 21

Quincy Community United Methodist Church, 40 Beale St., Wollaston, will host its second annual Service of the Longest Night Thursday, Dec. 21 at 7:30 p.m. in the church chapel.

The service gets its name for the Winter Solstice, the longest night of the year.

"The service is very simple and gentle, consisting of music, Scripture lessons, readings, prayer, and quiet reflection," said the Rev. Dr. Susan F. Jarek-Glidden, pastor. "Its purpose is to provide a safe place for people who are dealing with grief and loss of any kind, whether that grief and loss are recent or decades old."

For some people, the holiday season can be very stressful and, sometimes, very unhappy, the Rev. Dr. Jarek-Glidden said.

"Facing the first Christmas without a loved one's physical presence, dealing with an imminent death, living with an illness that places a question mark over the future, coping with the loss of a job, facing life after divorce or separation, and sometimes just life in general can make holiday celebration very difficult, if not impossible."

The Service of the Longest Night is intended to be a resource for people in stressful and unhappy situations.

The public is invited to attend.

For more information, call the church office at 617-773-3319.

Holiday Fair At St. Chrysostom's Church

St. Chrysostom's Episcopal Church, 1 Linden St., Wollaston, will hold its annual "Holiday Fair" Friday, Dec. 1 and Saturday, Dec. 2

Fair hours on Dec. 1 are from 6 to 9 p.m. beginning with a chowder supper catered by Barefoot Bob's of Hull.

The fair will run from 9 a.m. to 3 p.m. on Dec. 2.

The event will feature Deware's Bake Shop, Asian delights, The Book Shoppe, trash 'n treasures, Iacobucci's Cookies, roll ups, the Jewelry Boutique, children's table, Mite Box Thrift Shop, holiday gifts and crafts and a silent auction.

For more information, call (617) 472-0737.

Savlation Army Christmas Concert Dec. 17

The Salvation Army Quincy Temple Corps, 6 Baxter St., Quincy, will host a Christmas Concert Sunday, Dec. 17 at 3 p.m.

The concert will feature the Quincy Temple Corps Band, vocalists, soloists and a Christmas carol sing.

For more information, call the Salvation Army at 617-472-2345.

Houghs Neck Christmas Pageant Dec. 16

The Houghs Neck Congregational Church Sunday School will present "One Night in Bethlehem," a traditional Christmas Pageant, on Saturday, Dec. 16 at 5 p.m. at the church, 310 Manet Ave.

All are welcome to attend the free performance.

The original play incorporates the gospel of St. Luke to tell the story of the birth of Jesus. Following the pageant, a church supper of homemade soups and chowders will be offered.

"What better way to remember the true meaning and spirit of the season than with an old-fashioned, traditional Christmas pageant,?" said Jennifer Logue, superintendent of the church's Sunday School program. "We invite everyone to bring your family, neighbors and friends to come and join in this special Christmas celebration."

Houghs Neck Congregational Church is handicapped accessible

For directions or more information, call (617) 479-8778.

Bethany Congregational

Bethany Congregational Church, 18 Spear St., Quincy Center, will have Sunday Advent Worship and Communion Service and church school Sunday at 10 a.m.

The Rev. Gary W. Smothers will conduct the service and preach a sermon from Mark entitled "Three Dimensions of Christmas."

Following the worship service, there will be fellowship time in the Allen Parlor. Light refreshments will be served.

Advent services will also be held Wednesday evenings at 7 p.m. in the Allen Parlor at Bethany.

Quincy Community United Methodist

Quincy Community United Methodist Church, 40 Beale St., Wollaston, will have Sunday worship and Sunday school beginning at 10:30 a.m.

Prayer Circle will meet at 10 a.m.

The Rev. Susan F. Jarek-Glidden will conduct the service.

Ushers are Paul and Linda DelGreco.

The annual "Hanging of the Greens' will be followed by a potluck Christmas Party. coffee hour hosts at Jeanne Couillard, Dottie Hall and Ginny Hawes.

The film "The Polar Express" will be featured at Family Movie Night Sunday, Dec. 3 at 6 p.m.

The United Methodist Women will sponsor an Evening of Chocolate Dec. 8. Sign up by Dec. 3.

For more information, call the church at 617-773-3319.

Catholic Women's Prayer Group

The Catholic Parishes of Quincy announce a Catholic Women's Prayer Group will meet the third Tuesday of every month beginning Dec. 19.

The group meets 7 to 8:15 p.m. in St. Joseph's Parish Center, 22 Pray St., Quincy Point.

The evening provides an opportunity for participants to deepen their relationship with Christ.

All are welcome.

For more information contact Sister Pay Boyle at 617-479-5400 (St. Ann's), or Dorothy Ruggiero, 617-472-6321 (St. Joseph's).

Quincy Religion Directory

SERVICES & ACTIVITIES

Assemblies of God

Glad Tidings
158 Washington St., Quincy
phone: 773-9797
Rev. Gregory E. Wheaton, Pastor
Sunday Worship: 8:30, 11 a.m., Chrstian Ed 10 a.m.; Senior Hi Youth 7 p.m., Wed. 7 p.m. Berean Bible Study. Royal Ranger Missionettes: Friday Junior Hi Youth 7 pm
Youth & Children's Ministry
•Contemporary Worship
•Marriage & Family Group
•International Fellowship
•DivorceCare

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 7, 9:30 & 11:30am, Weekdays 9am
Handicapped Accessible
New Members Welcome!

Unitarian

UNITED FIRST PARISH, Quincy
1306 Hancock St., across from Quincy Center T
Worship Service & Church School SUNDAYS, 10:30 a.m.
Rev. Sheldon W. Bennett, Minister
• A Welcoming Congregation •
617-773-1290 • www.ufpc.org

Congregational

First Church of Squantum
164 Bellevue St. • 617-328-6649
Pastor: Michael S. Robertson
Co-Pastor: Dr. Emmy Robertson
10 a.m. Sunday Worship
All Are Welcome

PEACE

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4pm (Sat.) 7:45am, 9am (Family Liturgy)
10:30am (with Choir) and 5pm
12 noon at Star of Sea Church
Weekday Masses
Mon.-Fri 7am and 9am, Sat. 9am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m., 10:30 a.m. & 5 p.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

ST. JOHN THE BAPTIST
44 School St.,
Quincy
617-773-1021
Weekend Mass Schedule
Saturday (Vigil Mass) 4 p.m.
Sunday 7:30 a.m., 9 a.m.
and 11 a.m. (Family Liturgy)
Weekday Masses
Monday - Saturday 8 a.m.
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
• 617-479-5400
Pastor: Rev. John J. Ronaghan
Weekend Mass Schedule:
Saturday 4:00 PM
Sunday 7:00, 9:00, 11:30AM
Daily Masses: 9:00 AM
Handicapped Chairlift Available

Congregational

HOUGHS NECK CONGREGATIONAL CHURCH
310 Manet Ave., Quincy
www.hncong.org
Sunday, Dec. 3
Worship Service 9:30 am
Family Sunday
Theme: 'Come, Lord Jesus!'
First Sunday in Advent
Luke 21: 25-36
Sunday School 9:30 AM
Rev. John Castricum
617-479-8778

BETHANY CONGREGATIONAL CHURCH
Corner of Spear & Coddington Sts., Quincy Center • 617-479-7300
10 AM Sunday Advent Worship Communion Service, Church School
Sermon: 'Three Dimensions of Christmas'
Fellowship Follows Service in Allen Parlor

QUINCY POINT CONGREGATIONAL CHURCH
444 Washington St . • 617-773-6424
Worship and Church School 10 am
Rev. Ann Suzedell, Pastor
visit us at www.QPCC.org

Christian Science

First Church of Christ, Scientist
Holy Bible
10:30 AM
Sunday Service & Sunday School
7:30 PM
Wednesday Evening Meeting
20 Greenleaf Street Quincy off Hancock St.
617-472-0055

Congregational

WOLLASTON CONGREGATIONAL CHURCH
48 Winthrop Ave. - 617-773-7432
Pastor: Rev. Mary Lou Gifford
Sunday Worship Dec. 3
Sermon Topic:
'Spiritual Opportunities'
Preacher: Mary Louise Gifford
Scripture: Jeremiah 33: 14-16
RESPONSIVE READING:
Luke 21: 25-36

UNION CHURCH
Beach St. & Rawson Rd.,Wollaston
Sunday Service 10 AM
617-479-6661
Rev. John Carl Swanson
Pastor

Covenant

COVENANT CONGREGATIONAL CHURCH
Corner of Whitwell & Granite St.
Sunday Worship 10:00 AM
Rev. Karen Palmatier, Pastor
9 a.m. – Christian Education for all ages
Child Care Available - All Are Welcome
Children's Pantry
Wed., Thur. 9:30 am - 12 noon
617-479-5728

Nazarene

Wollaston Church of the Nazarene
37 E. Elm Ave., Wollaston
(617) 472-5669
On The Campus Of
Eastern Nazarene College
Pastor: Rev. Fred. Fullerton
Sunday Services
8:30 am - Holy Communion
9:45 am - Adult & Children's Sunday School
11 a.m. - Blended Worship Service
Come Worship with Us!

Episcopal

St. Chrysostom's Episcopal Church
Corner of Hancock & Linden Sts., Quincy
(617) 472-0737 • www.stchrysostom.com
Rev. David Hefling
Sunday School 9 a.m.
Adult Forum 9:15 a.m.
Holy Eucharist Rite 10 a.m.
Nursery Care During Service
Coffee Hour Following
ALL WELCOME
THRIFT SHOP HRS - W, TH, FR. 10am-4pm

Evangelical

EVANGELICAL CHURCH OF ATLANTIC
65 Newbury Ave. North Quincy
(617) 847-4444
Pastor Bill Donahue
Sunday Morning Worship 10:10 AM
Childcare Available

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Dr. Susan Jarek-Glidden, Pastor

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45 SUNDAY SCHOOL
11AM WORSHIP SERVICE
BRASS BAND MUSIC
7PM TUES WOMEN'S FELLOWSHIP
7:15PM WED. BIBLE STUDY

Spiritualist

First Spiritualist Church of Quincy
40 West St., Quincy, MA 02169
(617) 770-2246
Services: Sunday 11 a.m. to 12:30 PM
Coffee and Conversation following service.
(Services 8 PM Wednesdays June, July, August)
Pastor Rev. Rita S. Berkowitz, C.H.,C.M.

Quincy Asian Resources Meeting Wednesday

Quincy Asian Resources, Inc. (QARI) was scheduled to hold its annual meeting Wednesday, Nov. 29 at 6:30 p.m. in the Community Room of the Thomas Crane Public Library, Washington St., Quincy Center.

The event serves as the agency's yearly organizational meeting. The agenda included elections for the Board of Directors and officers and a presentation of the 2006 Annual Report.

Lorraine Tse, Abby Nguyen and Diana Ong were nominated for the Board of Directors. They join current board members Richard Hung, Paul Shaw, David Zou, Tackey Chan, Gene Lee, Ji Li Noiseux, Sheri Adlin, Jim Chen, Esther Lee, Jannie Mark, Frank Poon, Joseph Reardon, Beth Ann Strollo and Wan Wu.

Also recognized was Donna Thach, the organization's full-time Americorps*VISTA volunteer of last year, for her contributions to QARI - in particular for organizing QARI's first-ever youth conference. The conference introduced 80 Asian high school students to various career options. Ten of the students helped plan the event, gaining leadership skills and the aid of mentoring in the process.

Founded in 2001, Quincy Asian Resources, Inc.'s mission is to foster and promote the development of the social, cultural, economic and civic lives of Asian Americans to benefit the entire community. The services QARI provides include: low cost ESOL, citizenship, and computer classes; free multilingual information and referral services to connect those seeking public services and educational programs with the appropriate parties; and August Moon Festival and Lunar New Year Festival celebrations, to foster greater understanding of Asian culture in the community as a whole.

All services are augmented by the assistance of volunteers, who provide tutoring for our ESOL students, classroom assistance, translation work, and festival planning.

For more information, call 617-472-2200.

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Norfolk Division
Docket No. 06D0832-DV1
DIVORCE/SEPARATE SUPPORT SUMMONS BY PUBLICATION

JUSTINE FAGERLUND,
Plaintiff(s)
V.
JOHN BURKE,
Defendant(s)

To the above named Defendant(s):

A Complaint has been presented to this Court by the Plaintiff(s), JUSTINE FAGERLUND, seeking DIVORCE.

An Automatic Restraining Order has been entered in this matter preventing you from taking any action which would negatively impact the current financial status of any party. Please refer to Supplemental Probate Court Rule 411 for more information.

You are required to serve upon ROBERT HARNAIS, ESQ. -- whose address is 15 FOSTER STREET, QUINCY, MA. 02169 your answer on or before 2/02, 2007. If you fail to do so, the Court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer in the office of the Register of this Court at CANTON.

Witness, DAVID H. KOPELMAN, Esquire, First Justice of said Court at CANTON, this 7TH day of 11, 2006.

DAVID H. KOPELMAN
Justice of Probate Court

11/22, 11/30, 12/7/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Norfolk Division
Docket No. 06D0832-DV1
ORDER FOR SERVICE BY PUBLICATION

JUSTINE FAGERLUND,
Plaintiff
v.
JOHN BURKE,
Defendant

Upon motion of plaintiff for an order directing JOHN BURKE the defendant herein, to appear, plead, or answer, in accordance with Mass. R. Civ. P./Mass. R. Dom.Rel. P. Rule 4, it appearing to the Court that this is an action for DIVORCE.

Pursuant to Supplemental Probate Court Rule 411, an Automatic Restraining Order has been entered against the above named parties, and that the said defendant cannot be found within the Commonwealth and that HIS present whereabouts are unknown; that personal service on said defendant is therefore not practicable, and that said defendant has not voluntarily appeared in the action.

It is **Ordered** that said defendant is directed to appear, plead, answer, or otherwise move with respect to the complaint herein on or before the **2ND day of FEBURARY, 2007**. If you fail to do so this Court will proceed to a hearing and adjudication of this matter.

It is further **Ordered** that the accompanying summons be published once a week for three consecutive weeks in the **QUINCY SUN ON 11/22/06, 11/29/06, 12/06/06, a newspaper published in QUINCY, MA 02169, 1372 HANCOCK STREET**, the publication to be 60 days at least before said return day. It is further **Ordered** that a copy of the summons be mailed to the defendant at HIS last known address by registered or certified mail.

Date 11/7/06.

DAVID H. KOPELMAN
Justice of Probate and Family Court

11/22, 11/30, 12/7/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2799EP
In the Estate of
H. PATRICIA SHEA
Late of QUINCY
In the County of NORFOLK
Date of Death
October 23, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that EDWARD C. SHEA of PENNINGTON in the State of NEW JERSEY or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **DECEMBER 27, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, November 13, 2006.

PATRICK W. McDERMOTT
Register of Probate

11/30/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 02P0631EP
In the Estate of
MARION L. MCDERMOTT
Late of QUINCY
In the County of NORFOLK
Date of Death
January 13, 2002
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that SHARON MCDERMOTT of QUINCY in the County of NORFOLKor some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **DECEMBER 20, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, November 8, 2006.

PATRICK W. McDERMOTT
Register of Probate

11/30/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-090

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, DECEMBER 19, 2006,** at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of TERRENCE M. HILLERY for a SPECIAL PERMIT/VARIANCE to remodel and expand the existing house by elevating the living area above the flood plain and constructing an addition in violation of Title 17 as amended Chapter 17.20.040 (dimensional requirements), and 17.40 (special permit flood plain) on the premises numbered 129 BAYSIDE ROAD, QUINCY.

Jack Garland, Chairman

11/30, 12/7/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-091

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, DECEMBER 19, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of MARJORIE & ANTHONY COLTON for a FINDING to demolish the existing structure and construct a new single family structure in violation of Title 17 as amended Chapter 17.24.020 (nonconformance) on the premises numbered 87 LENOX STREET, QUINCY.

Jack Garland, Chairman

11/30, 12/7/06

We need you.
WE'RE FIGHTING FOR YOUR LIFE
American Heart Association.

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2756AD
In the Estate of
WILLIAM F. DUNN JR.
Late of QUINCY
In the County of NORFOLK
Date of Death
July 1, 2006
NOTICE OF PETITION FOR APPOINTMENT OF ADMINISTRATOR

To all persons interested in the above captioned estate, a petition has been presented praying that WILLIAM F. DUNN of QUINCY in the County of NORFOLK or some other suitable person be appointed administrator of said estate to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **DECEMBER 20, 2006**.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, November 8, 2006.

PATRICK W. McDERMOTT
Register of Probate

11/30/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2778EP
In the Estate of
GERALD D. SWEENEY
Late of QUINCY
In the County of NORFOLK
Date of Death
September 15, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that PATRICIA A. DUNKLEE of HEBRON in the State of NEW HAMPSHIRE and MARIE SWEENEY of COLUMBUS in the State of OHIO or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **DECEMBER 20, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, November 9, 2006.

PATRICK W. McDERMOTT
Register of Probate

11/30/06

LEGAL NOTICES

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2712GM
In the Matter
Of MICHAELA CARROLL FORD
Of QUINCY
In the County of NORFOLK
NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN OF MINOR

To all persons interested in the above captioned matter, a petition has been presented praying that TERESE M. FORD of QUINCY in the County of NORFOLK and ROBERT FORD of QUINCY in the County of NORFOLK or some other suitable person be appointed guardian of the person and the estate of MICHAELA CARROLL FORD of QUINCY in the County of NORFOLK, a minor child, to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **JNAUARY 8, 2007**.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, November 6, 2006.

PATRICK W. McDERMOTT
Register of Probate

11/30/06

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2777EP
In the Estate of
MARY E. CARR
Late of QUINCY
In the County of NORFOLK
Date of Death
October 26, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that CHARLES J. MURRAY of NEWTON in the County of MIDDLESEX or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **DECEMBER 20, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, November 9, 2006.

PATRICK W. McDERMOTT
Register of Probate

11/30/06

Classifieds

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We pay top dollar for your broken or unwanted rings, bracelets, necklaces & dental gold. Any form of gold, silver, or platinum is acceptable. Don't let your precious metals be lost or forgotten in a jewelry box.

call 617-697-CASH (2274) or Toll Free 1-866-784-2238
Free Pick Up Service
C.J. Environmental Co., Inc. 12/21

MISCELLANEOUS

BOOK YOUR HOLIDAY PARTY & FUNCTIONS at Club 58/Shooters in Quincy Center
call **617-471-7788** *for more info* 12/21

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STORAGE SPACE IN QUINCY
in dry basement
or similar area.
Must be dry & clean.
Long term.
Ph. 617-435-8522 12/14

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Professional and caring... To have your house clean will cost you much less than you think.
Free estimates call
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gigihousecleaner@hotmail.com
We have good references! 2/8

FOR RENT

DOCK SPACE AT MARINA BAY

The Premier Marina and Waterfront Complex in Boston. They location is perfect for dining, relaxing, and boating. Our marina offers dockage and storage, fuel, pump-out, new shower and laundry facilities, full marine technical services, red carpet concierge and dockside services, and gorgeous view of the Boston skyline. Indoor and outdoor storage, as well as in-water live-a-board options available. Sign up before December 1 to be eligible for discounts and a complimentary boater's gift bag. Please contact us at **617-847-1800** or **visit us at marinabayboston.com.** 11/30

QUINCY SUN NEWSCARRIERS WANTED
Here's a chance to earn extra money by building a Quincy Sun home delivery route.
617-471-3100

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MEDICAL TRANSCRIPTIONIST SUBCONTRACTOR

3+ ophthalmology and internal medicine a MUST!!
Work form home, need own equipment.
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Competitive Wage
Medical + Dental + 401K
Atria
MARINA PLACE
Seniors Eat Early
Staff - Evenings Home
QUINCY
Call: John Decourcy
(617) 770-3264 x 207
mrp@fitzvogt.com 11/30

LEGAL NOTICE
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Norfolk Division
Docket No. 01P2888EP
Notice of Fiduciary's Account

To the attorney general of Ma. And to all persons interested in the estate of Arthur A. Cohen late of Quincy, in the county of Norfolk.

You are hereby notified pursuant to Mass. R. Civ. P. Rule 72 that the 1st - 5th account(s) of Marshall M. Schribman as executor (the fiduciary) of said estate has been presented to this Court for allowance.

If you desire to preserve your right to file an objection to said account(s), you or your attorney must file a written appearance in said Court at Canton on or before the ***22nd day of December, 2006*** the return day of this citation. You may upon written request by registered or certified mail to the fiduciary, or to the attorney of the fiduciary, obtain without cost a copy of said account(s). If you desire to object to any item of said account(s), you must, in addition to filing a written appearance as aforesaid, file within thirty days after said return day or within such other time as the Court upon motion may order a written statement of each such item together with the grounds for each objection thereto, a copy to be served upon the fiduciary pursuant to Mass. R. Civ. P. Rule 5.

WITNESS, DAVID H. KOPELMAN, ESQUIRE, FIRST JUSTICE of said Court at Canton this 14th day of November, 2006.

GUARDIAN AD LITEM REQUIRED

PATRICK W. McDERMOTT
Register of Probate

11/30/06

LEGAL NOTICE
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2800EP
In the Estate of
MARIA CRISTINA
Late of QUINCY
In the County of NORFOLK
Date of Death
August 17, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that JOSEPHINE KOTKOWSKI of HANSON in the County of PLYMOUTH or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **DECEMBER 27, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, November 13, 2006.

PATRICK W. McDERMOTT
Register of Probate

11/30/06

LEGAL NOTICE
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2775GR
In the Matter
Of KAYLA MACKENZIE QUINLAN
Of QUINCY
In the County of NORFOLK
NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN

To KAYLA MACKENZIE QUINLAN of QUINCY in the County of NORFOLK, her spouse, and heirs apparent or presumptive, a petition has been filed in the above captioned matter alleging that said KAYLA MACKENZIE QUINLAN of QUINCY in the County of NORFOLK is a mentally retarded person to the degree that she is incapable of making informed decisions with respect to the conduct of her personal and/or financial affairs and praying that CHRISTINE MARIE QUINLAN of QUINCY in the County of NORFOLK and ANN ELIZABETH QUINLAN of S. BOSTON in the County of SUFFOLK or some other suitable person be appointed guardian, to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00 AM) ON **DECEMBER 20, 2006**.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, November 9, 2006.

PATRICK W. McDERMOTT
Register of Probate

11/30/06

WORK WANTED

KIND, MATURE WOMAN
would like babysitting job days, or occasional evenings.
Good references.
Call after 2 p.m.
617-471-2233 11/30

MISCELLANEOUS

PRAYER TO THE BLESSED VIRGIN
(Never Known To Fail)

"Oh, most beautiful flower of Mt. Carmel, Fruitful vine, splendor of heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. Oh, Star of the Sea, help me and show me, herin you are my Mother. Oh, Holy Mary, Mother of God, Queen of Heaven and Earth! I humbly beseech you from the bottom of my heart to succor me in this necessity. There are none that can withstand your power. Oh, show me herin that you are my Mother. Oh, Mary, conceived without sin, pray for us who have recourse to thee (3X). Holy Mother, I place this cause in your hands (3X). Holy Spirit, you who solve all problems, light roads so that I can attain my goal. You gave me divine gift to forgive and forget all evil against me and that in all instances in my life you are with me. I want in this short prayer to thank you for all the things as you confirm once again that I never want to be separated from you in eternal glory. Thank you for your mercy toward me and mine." The person must say this prayer 3 consecutive days. After 3 days, the request will be granted. This prayer must be published after the favor is granted. Thank you. M.F. 12/7

CLASSIFIED MANAGER: NECAN ads are screened as carefully as possible by the NEPA staff. Questionable advertising is checked through Better Business Bureaus, consumer protection divisions or the Postal Inspection Service. Ads not meeting our standards of acceptance are returned to the advertiser.

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DIANA PRINCESS OF WALES
Porcelain Doll by Franklin Mint.
'Elvis' Gown.
Original Box. $50
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FOR SALE

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Less than 1,000 miles.
$5995 OR BEST OFFER.
617-462-1607

NECAN participants are urged to apply their own standards of acceptance to ads in the network and reject those deemed unacceptable. Please call Latifa Sanchez at 617-373-5611 with any questions.

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Are you a business owner? Do you think your business is too small or too big to advertise? The New England Press Association can help build your clientele all across New England! To advertise at a lower rate and higher volume contact Latifa Sanchez at 617-373-5611 or l.sanchez@nepa.org Visit our website: www.nepa.org ONE CALL DOES IT ALL!

BUY A BILLBOARD THE SIZE OF A BUSINESS CARD with 2x2 New England. Place your 2 column by 2 inch ad across New England with just one phone call! Call Latifa Sanchez at the New England Press Association 617-373-5611 for details. www.nepa.org

REACH MORE THAN 4 MILLION READERS with just one phone call! New England Press Association can place your classified ad in more than 200 newspapers throughout the six-state New England region. Call this Newspaper of Latifa Sanchez at 617-373-5611 for more information. www.nepa.org

ANTIQUES

ANTIQUES WANTED - Single items or complete estates - artworks, furniture, ceramics, tools, orientalia, silver, advertising, Native American, folk art, sculptures, jewelry, stamps, coins. Top $$ paid. 888-260-8050 or 207-549-4652

AUTOMOTIVE

Donate Your Vehicle to UNITED BREAST CANCER FOUNDATION. A Woman is Diagnosed Every Two Minutes! Free Annual Mammogram www.ubc.info Fast, Free Towing, Non-Runners Acceptable 1-888-468-5964 DONATE YOUR CAR TO THE ORIGINAL 1-800-Charity Cars! Full retail value deduction if we provide your car to a struggling family. Call 1-800-CHARITY (1-800-242-7489).

Classifieds

FOR RENT

A NEW HALL
Elks Lane, off 254 Quarry St.
For Weddings, Showers, Meetings and Banquets.
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617-847-6149 TF

The George F. Bryan Post VFW
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Greater Quincy Knights of Columbus
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Function Hall Available
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SONS OF ITALY
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www.QuincySOL.com 11/30

WANTED

OLD HAND TOOLS & BOOKS WANTED
All trades and subjects, planes, chisels, measuring tools, etc. Books: Maine and New England history, childrens, firearms, maritime. Pre-1950 postcards, maps, magazines, pottery, baskets. Pre-1970 baseball cards, comics, erotica, sporting memorabilia.

LIBERTY TOOL CO.
888-405-2007
Fax: 207-288-2725 TF

SERVICES

TEENAGE DISC JOCKEY
just starting out. Reasonable rates. Available for parties & elementary school dances, lots of different music. Call my manager (Nana) Kathy McCluskey
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30 Year Guarantee on All Workmanship
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Free Estimates
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All types of wiring
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Lic# 39339 12/21

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Residential / Commercial
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got mold?
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- Mold Remediation
- Basement dehumidifying systems
- Sump pumps & drains
- Foundation repairs
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www.safeairservices.net 12/21

SERVICES

THE TURFMAN & CO.
- **Fall Clean-ups**
- **Expert Hedge Trimming**
- **Power Washing**
- **Yard Mulching**
- **Bushes & Trees Trimmed**
- **Lawn Mowing Services**
- **Hydroseeding & Sod**
- **Snow Removal**

free estimates
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theturfmanco.com TF

POWER PLUMBING
Plumbing, Heating, Gas Fitting
Repairs • New Installations
Dave 617-328-3007
Emergencies 617-792-4054
Lic # 13749 TF

DO YOU NEED A ROOF OR JUST REPAIRS?
It does not matter to us, ONE shingle or the entire roof. We also do rubber, slate.
Call Steve
617-773-7394 11/30

SEWING MACHINE REPAIR
All make machines
We make house calls
Home & Industrial, 30 yrs. exp.
800-846-8260 1/18

THOMAS C. SWEENEY
Smaller Jobs a Specialty
44 Yrs Exp.
Carpentry, Siding, Painting, Porches, Vinyl/Windows, Doors, Roofing, Decking, Steps
License # 1373 Free Estimates
Reliable **617-825-1210** References 12/28

SIDING **WINDOWS** **ROOFING**
Since 1978
Bay Shore Construction Company
Quality • Experience • Reliability
Free Estimates **Showroom at** ***Licensed***
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Office: 617-471-4434 • Fax: 617-328-0654
www.bscma.net

SERVICES

LAWFORD PLUMBING & HOME REPAIRS
Small Jobs • Faucet Repairs
• Toilet & Heat Repairs
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• **Minor Carpentry**
• **Tile & Grout Repairs**
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HTA
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Sales, Service, Parts & Installation
Since 1945
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115 Franklin Street, Quincy, MA
hancocktvandappliance.com

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- Lawn Mowing Service
- Every two weeks or 3 times a month
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Ceilings 2 coats $75 - paint included. Also windows, doors, etc. Inside or out. Prompt, clean service.
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CELL 508-221-1447 12/28

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Dumpster Rentals
Final Pick
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P&P MASONARY CHIMNEY SWEEPS
All phases of masonry
No job too small
34 years experience
call Felice P. DeAngelo
781-447-9167 2/8

LOCAL ELECTRICIAN
Ceiling Fans / Recessed Lights
Indoor / Outdoor Lighting
Programmable Thermostats
Home Entertainment / Security Systems
All Your Electrical Needs
Call Roger Today **508-272-6912** 11

Save Gas and Money
Shop Locally

The Quincy Sun

MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET, QUINCY, MA 02169
PAYABLE IN ADVANCE. Payment must accompany order.

INDEX
- ❑ Services
- ❑ For Sale
- ❑ Autos
- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
- ❑ Real Estate
- ❑ Antiques
- ❑ Flea Markets
- ❑ Yard Sales
- ❑ Instruction
- ❑ Day Care
- ❑ Personal
- ❑ Miscellaneous

RATES

1 WEEK	❑	$7.00 for one insertion, up to 20 words, 10¢ for each additional word.
3-7 WEEKS	❑	$6.50 per insertion up to 20 words for 3-7 insertions of the same ad, 10¢ each additional word.
8-12 WEEKS	❑	$6.25 per insertion, up to 20 words, for 8-12 insertions of the same ad 10¢ for each additional word.
13 WEEKS OR MORE	❑	$6.00 per insertion, up to 20 words, for 13 or more insertions of the same ad 10¢ for each additional word.

❑ Enclosed is $ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

COPY: _____

NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION.
DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

THE COMBINED QUINCY and North Quincy High School bands in Sunday's Christmas Festival Parade. *Quincy Sun photos/Robert Noble*

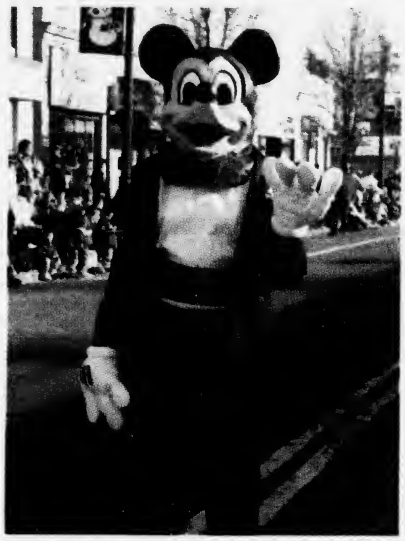
DONNA MARIE ENTERTAINS with children from the audience at the turning on the lights ceremony Friday night.

Wollaston Beach Clean-Up Saturday

The Friends of Wollaston Beach Reservation will host its first pre-winter beach clean-up Saturday, Dec. 2 from noon to 2 p.m.

Two clean-ups are scheduled for the northern and southern ends of Wollaston Beach.

Participants should meet at the Caddy Park parking lot or at East Squantum Street and Quincy Shore Drive.



MICKEY MOUSE was a hit with the crowd as he strolled down Hancock Street.

WALLY, The Green Monster, was as much at home in Quincy as he is in Fenway Park.

POITICAL ADVERTISEMENT

POITICAL ADVERTISEMENT

Brian ★★★★★ McNamee
Ward 6 Councillor

You are cordially invited to a reception with

Brian McNamee
Ward 6 City Councillor

Thursday, December 7th, 2006
5:30 P.M. - 9:00 P.M.

Best Western Adams Inn
29 Hancock Street, Quincy

Suggested Contribution: $20
All are encouraged to attend, regardless of contribution

Paid for by the CTE Brian McNamee • 133 Commander Shea Blvd., Suite 304 Quincy, MA 02171 • 617-770-0678 • Michael Wright, Treasurer

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All your insurance needs!
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We are able to tailor make insurance programs to provide maximum protection in all lines at affordable rates. You'll love our personal service.
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Phone 617-472-8100 Fax 617-472-8131

99 Granite Street
Independent Senior Living

Enjoy the Convenience of Downtown Quincy at your Doorstop

One Bedroom
* Free parking * No pets
* Near T-Quincy Center Station
Starting at $875.00
Call Alice at 617-847-1818

To Advertise in this section call 617-471-3100
The Quincy Sun

PLU# 7051

*****CAR-RT LOT**B-099
THOMAS CRAN PUBLIC LIBRARY
PO BOX 699164
QUINCY MA 02269-9164

Beechwood Life Center Celebrates 25 Years Of Community Service
- Page 16 -

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper

VOL. 39 No. 12 | Thursday, December 7, 2006 | 40¢

CENTURY MILESTONE— Mrs. Philomena Mancini (seated) receives a City Council certificate of recognition and congratulations from Ward 2 Councillor Dan Raymondi for her young 100th birthday. With her are her sister, Mary Kelliher, 93, and her daughters Antoinette Lewellen and Gloria Crozier. *Quincy Sun photo/Robert Noble*

'Someone Up There Must Like Me'

She's A Real Young 100 And Still Enjoys Shopping

Philomena (Pasquale) Mancini of Quincy Point reached the century milestone Saturday, as she celebrated her 100th birthday in good physical condition, surrounded by friends and family.

She attributes her longevity to clean and healthy living, avoiding such toxins as drinking and smoking, which has helped her to achieve an appearance far younger than her 100 years.

"I've been in good health," she said. "I never smoked or drank. I went for my check up, and there's nothing wrong with me. I'm 100 years old, how do you figure that out? I don't know, but someone up there must like me.

"I thank God every day. I say a prayer every night before I go to bed. I've had a good life, I never had to struggle for anything," she said.

Mrs. Mancini's family hosted a birthday celebration in her honor at Baypointe Inn, with approximately 75 friends and family members in attendance.

Ward 2 Councillor Daniel Raymondi later presented a certificate of recognition and appreciation to Mrs. Mancini at her home. The certificate congratulated her on behalf of the City Council, and recognized her for "endearing" herself to all who knew her.

"She's an incredible person who remains active, and she's a wonderful asset to the Quincy Point community," he said. "It was an honor recognizing her 100th birthday, she's amazing."

Mrs. Mancini's sister, Mary Kelliher, 93, and two daughters, Antoinette Lewellen and Gloria Crozier were at her home during her City Council recognition. She has another daughter, Jeannette Spaur, who was not present.

Mrs. Mancini is the wife of the late Nazzareno Mancini, a construction worker, who she said provided a consistent agreeable lifestyle for herself and her family. She has lived in the same Quincy home since 1942.

Her nephew, Robert Cerasoli, is a former State Representative and former Inspector General of Massachusetts.

The year Mrs. Mancini was born, 1906, Theodore Roosevelt was President of the United States, and continued serving for another three years. Earlier that year was the San Francisco earthquake and fire, April 18 and 19. It left 503 people dead, and $350 million worth of damages.

Mrs. Mancini is still active and enjoys shopping, collecting dolls, and crochets afghans and doll clothing. She also attended bingo up until last year.

By MIKAELA SLANEY

Average Increase
$98 For Homeowners

New Tax Rates: $10.44 Residential $22.40 Commercial

By MIKAELA SLANEY

The City Council Monday night accepted the proposed tax classification from Mayor William Phelan for Fiscal 2007 of 183 percent of fair market value, a $98 increase for the average home.

The new residential rate will be $10.44 of every $1,000 of a home's value, increased from $10.33 in Fiscal 2006. The commercial rate is $22.40.

The FY07 Levy is $146,359,623 from $139,310,371 in FY06. The levy limit is $155,055,727, with an excess of $8,696,104.

Councillor John Keenan, chairman of the Finance Committee, said this excess would prove useful in the event that construction of the new high school goes over it's spending limit.

Last year, the City Council surprised the business community by raising its tax classification to the state limit of 189 percent of fair market value. Business owners spoke against the shift during the preceding public hearing. This year, no one spoke or signed for or against the proposed tax rate.

Ward 2 Councillor Daniel Raymondi said that he was disappointed to see that the average value of houses has increased, when he said that sales have recently slowed. The average value given for a home for FY07 is $362,100, an increase from the FY06 average value of $356,100.

"These values should be less," he said. There are very few homes in Quincy that are valued more today than 2005. When you look at these numbers, they're pretty staggering."

(Cont'd On Page 14)

Free Flu Shots At Health Center

Health Commissioner Drew Scheele announced at Tuesday's License Board meeting that free flu shots will be given for the next two Wednesdays at the Health Department, 1585 Hancock St.

The first one will be Dec. 6 (today) and the second on Dec. 13.

The hours for both days will be from 2 to 4 p.m.

He advised anyone who did not receive a flu shot to get one.

PARKER SCHOOL STUDENTS collected 6,000 returnable cans and bottles to donate $300 for Thanksgiving Turkeys for needy families. Participating 5th grade peer leaders from left are Gregory Clarke, Andrew Richardson, Thanh Nguyen, Andrew Caporale and Vincent Wong. (Not pictured, but also participating is Amina Li.)

■ Ringing The Bell For Salvation Army - *Page 3* ■ Holiday Stroll Saturday - *Pages 9 & 15*

$334 Million MBTA Plan Would Include Red Line

A proposed $334 million MBTA capital improvements plan would include ugrading the Red Line.

Senator Michael Morrissey and Reps. Steven Tobin, Ronald Mariano and Bruce Ayers announce MBTA General Manager Daniel Grabauskas has presented the plan to the MBTA Board for the fiscal years 2008 to 2012.

MICHAEL MORRISSEY

STEPHEN TOBIN

RONALD MARIANO

BRUCE AYERS

Upgrading the Red Line's power sup[ply and switch systems Is part of the plan's $19.2 million rail improvement proposal.

"One of the causes of Red Line delays is the aging power system and switch system," said Morrissey. "The switches and signals at the JFK/Columbia junction is a major cause for delay and the MBTA proposes to begin designs for a new system in the summer of 2007."

"Transformers and power substations along the Red Line would either be upgraded or replaced depending on the age and condition of the units, " Ayers added. "The designs to conduct the upgrades would begin in the Fall of 2007."

The MBTA is proposing to allocate $10 million for garage renovations which will be used at the Quincy Center, Quincy Adams and Braintree Red Line stations, which are heavily used.

"These important renovations will upgrade our aging garages" said Tobin. "Under the proposal, preliminary designs would be expected to begin in fiscal year 2008."

Mariano noted, "Some of the improvements include repairing concrete, replacing expansion joints, fixing drainage, improving the lighting and signage."

The MBTA wants to have the Wollaston Station be in compliance with the American Disabilities Act (ADA).

"The Wollaston Station is not very accessible for senior citizens, people in wheelchairs and any one requiring a crutch, cane or walker to get around," said Morrissey. The Capital Improvement Plan allocates $1.5 million for a preliminary design to begin in fiscal year 2009.

"I have been advocating for increasing accessibility to this station for many years," said Ayers. "I am glad to hear that Wollaston Station is now a priority for the MBTA.

Two million has been allocated to construct new parking spaces at the Fore River Shipyard's commuter boat parking lot. The construction of 169 parking spaces would begin in the Spring of 2008.

"The expansion of parking reflects the MBTA's continued commitment on using commuter boats in the region," said Mariano. "Community boats are an important component for public transit in the region."

"Quincy is a major gateway for public transit commuters in Quincy and the South Shore," said Morrissey. "This commitment by the MBTA over the next five fiscal years will greatly improve the quality of service here." Additional information on the MBTA's five year capital plan is available on the Internet at www.mbta.com.

The $334 million plan is undergoing public hearings through Dec. 14 and the MBTA will take public testimony until Dec. 31. After the public input is completed for MBTA Board of Directors will vote on a final plan next Spring.

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Beginning Friday At City Hall

49 Community Leaders Team To Ring Bell For Salvation Army

SALVATION ARMY MONTH — Mayor William Phelan signs a proclamation designating December as "Salvation Army Month In Quincy." With him, from left, are Quincy Sun publisher Henry Bosworth, coordinator of the Community Leaders Kettle Drive; Jay Asher, former president of WJDA and chairman of the Salvation Advisory Board; Major Linda and Major Doug Jones, co-commanders of the Salvation Army Quincy Temple Corps; and Maralin Manning, executive director of the Quincy Business Association and member of the Advisory Board.
Quincy Sun photo/Noreen O'Shea

Forty-nine community leaders will ring the bell for the Salvation Army in Quincy Center for three days to help those in need this holiday season.

They will man a kettle outside City Hall on one hour shifts beginning this Friday and again Thursday, Dec. 14 and Friday, Dec. 15.

Mayor William Phelan, one of the volunteers, has proclaimed December "Salvation Army Month" in Quincy.

Phelan noted that the Salvation Army's Quincy Temple Corps founded in 1895 "continues the compassionate tradition of helping wherever there is hunger, disease, destitution and spiritual need....and is dedicated to the citizens of Quincy in raising much needed funds this holiday season."

Majors Doug and Linda Jones, co-commanders of the Quincy Temple Corps, expressed their gratitude to the community, leaders and to the other volunteers manning kettles in other locations.

"We are extremely grateful for the tremendous support we receive from so many volunteers," they said.

Individuals or groups who would like to volunteer at a kettle are asked to contact the Quincy Temple Corps at 6 Baxter St. or by calling 617-472-2345.

The community leaders ask friends, colleagues and others to stop by the kettle in front of City Hall to help make the holiday season brighter for local needy families.

Their kettle schedule:

FRIDAY, DEC. 8

9 A.M. - Former Mayor Frank McCauley, City Councillor Michael McFarland and School Committee member David McCarthy.

10 A.M. - Robert Guarnieri, president Colonial Federal Savings Bank, and Donald Uvanitte, chairman South Central Work Force Investment Board and vice president Eastern Insurance.

11 A.M. - City Councillors Daniel Raymondi and Leo Kelly and Atty. George Burke, former district attorney, state representative and city councillor.

12 NOON - School Supt. Dr. Richard DeCristofaro and School Committee member Anne Mahoney.

1 P.M. - Walter White, president Quincy Rotary Club; Elaine du Jardin, president Quincy Lions Club and Robert Parker, president Quincy Kiwanis Club.

2 P.M. - State Rep. Bruce Ayers, Sheriff Michael Bellotti and state Rep. Ronald Mariano.

3 P.M. - Mayor William Phelan, former Mayor Arthur Tobin, clerk magistrate of Quincy District Court and former Mayor Walter Hannon.

THURSDAY, DEC. 14

9 A.M. - City Councillor Joseph Finn and Elaine Dwyer, vice chairman of the Quincy School Committee.

10 A.M. - Ralph Yohe, president South Shore Chamber of Commerce and state Rep. Stephen Tobin.

11 A.M. - State Senator Michael Morrissey and Norfolk County Dist. Atty. William Keating.

12 NOON - John O'Connor, president and CEO of South Coastal Bank, and Maralin Manning, executive director Quincy Business Association.

1 P.M. - Robert Curry, chairman Quincy Medical Center Board of Directors and owner Curry Hardware store, Edward Keohane, chairman of the Quincy Partnership and owner Keohane Funeral Homes, and Peter O'Connell, president Marina Bay Company.

2 P.M. - Anthony Agnitti, chairman Quincy Medical Center and owner Agnitti Insurance; and Isobel Bertman of Rogers Jewelry, member South Shore YMCA Board.

3 P.M. - City Councillor Brian McNamee and School Committee member Kevin Mulvey.

FRIDAY, DEC. 15

9 A.M. - City Council President Doug Gutro and Patrick McDermott, Norfolk County Register of Probate.

10 A.M. - Jackie Gardner, director American Red Cross Area and School Committee member Linda Stice.

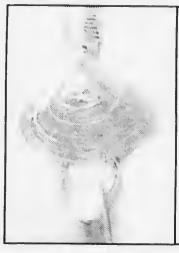
11 A.M. - Chazy Dowaliby, editor *The Patriot Ledger* and Henry Bosworth, publisher *The Quincy Sun*.

12 NOON - Police Chief Robert Crowley and Fire Chief Timothy Pettinelli.

1 P.M. - Dean Rizzo, executive director Quincy 2000 Collaborative and Richard Gormley of Soverign Bank, president Quincy Business Association.

2 P.M. - Fr. Richard Cannon, pastor St. John's Church and John (Jake) Comer, past national commander of the American Legion.

3 P.M. - City Councillors John Keenan and Kevin Coughlin and School Committee member James Timmins.



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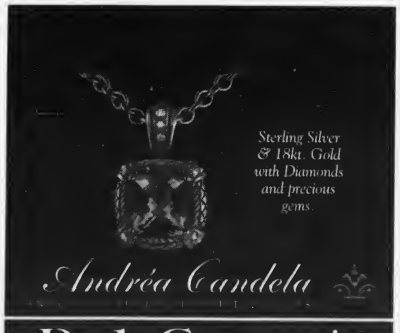

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Moments in time

THE HISTORY CHANNEL

On Dec. 9, 1926, young clarinetist Benny Goodman, working hard to raise his family out of poverty in Chicago, records his first solo. Sadly, Goodman's father was hit by a car and killed on the same day.

On Dec. 4, 1936, actress Tallulah Bankhead auditions unsuccessfully for the role of Scarlett O'Hara in "Gone With the Wind." Vivien Leigh later auditioned and won the part.

On Dec. 5, 1945, five U.S. Navy Avenger torpedo-bombers take off from the Ft. Lauderdale Naval Air Station in Florida on a routine three-hour training mission and never return. The bombers flew over the Bermuda Triangle, an area of the Atlantic Ocean where ships and aircraft are said to disappear without a trace.

On Dec. 6, 1955, the Federal government standardizes the size of license plates throughout the U.S. Previously, individual states had designed their own license plates.

On, Dec. 10, 1974, Arkansas Democratic Representative Wilbur Mills resigns as chairman of the Ways and Means Committee. Mills had been stopped by Washington park police while driving at night, intoxicated, with his lights off. His companion, who jumped into the Tidal Basin, was later identified as a popular stripper who went by the names "Fanne Foxe" and the "Argentine Firecracker."

On Dec. 7, 1982, the first execution by lethal injection takes place at the state penitentiary in Huntsville, Texas. Charles Brooks, Jr., convicted of murdering an auto mechanic, received an intravenous injection of sodium pentathol.

On Dec. 8, 1993, the North American Free Trade Agreement is signed into law by President Bill Clinton. NAFTA had been criticized by billionaire third-party candidate Ross Perot, who argued that if NAFTA was passed, Americans would hear a "giant sucking sound" of American companies fleeing the United States for Mexico, where employees would work for less pay and without benefits.

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KONA: Exotic 3 y.o. female Calico.
LUCKY: 7 y.o. all black male DSH.
TINA: 4 y.o. white and dark gray Tiger female.
WHITEY: 10 y.o. pure white DSH female.

Sunbeams

By Henry Bosworth

That Poll Buzz

There's a buzz on the political grapevine.

It's about a poll-probably two-believed taken to size up next year's city election picture with the mayor's office the apparent main focus.

PHELAN

The speculation:

Was the poll for a candidate thinking of challenging Mayor William Phelan? Or for one checking the political strengths of potential candidates just in case Phelan decides not to run.

Phelan has not yet publicly announced his candidacy for a fourth term. Privately, he has indicated he will run.

And a fourth term run looks like a sure thing right now.

Out this week are invitations to a holiday reception fundraiser for Phelan set for Thursday, Dec. 28, 5:30-7:30 p.m. at the Neighborhood Club. Suggested donations: $125, $250, $500.

Sounds like a re-election campaign launch.

The polls cover name recognition, favorable and unfavorable reaction, job performance and various issues.

Quite a few names are included in addition to Phelan's.

City Council President Doug Gutro, Councillors Joseph Finn, Dan Raymondi, John Keenan, Michael McFarland, Kevin Coughlin, Jay Davis, School Committee member Anne Mahoney, Tom Koch, executive director of the Park and Forestry Departments and maybe more.

There could be some camouflage in that mix of names.

One of the polls apparently was taken before the state election which included such names as state Treasurer Tim Cahill, and gubernatorial candidates Kerry Healey and Deval Patrick.

Those names may have been tossed in for camouflage.

Finn and Raymondi have come close to running in the recent past and no doubt are still interested.

But could there be a surprise in that mix of names?

GERALD FORD now holds the Presidential longevity record, dropping Quincy's John Adams to third place.

Ford turned 93 on July 14 and last month reached 93 years and 121 days. That surpassed Ronald Reagan who was 93 and 120 days old when he died two years ago.

Reagan had topped Adams, the long-time record holder, who lived to be 90-just three months and 15 days from his 91st birthday.

Adams died July 4, 1826 on the 50th anniversary of the Declaration of Independence in which he played a major role. Thomas Jefferson, who wrote the document, died the same day at age 83.

John Quincy Adams lived to age 80, serving in Congress after his presidency, where he collapsed and died Feb. 23, 1848.

The three other living former presidents are Jimmy Carter, 82, George H.W. Bush, 82, and Bill Clinton, 60.

SPEAKING OF John Adams, you might say that Abigail's father wondered if she married the right man.

John and Abigail were married Oct. 25, 1764 by her father, Rev. William Smith, minister of First Church of Weymouth.

The Reverend reportedly wasn't too impressed by his new son in-law. He didn't think the then Quincy farmer would amount to much in life.

❑

THOSE TWO FAITHFUL fans still have their Quincy-North Quincy football game attendance streak intact.

FAGERLUND

BURKE

Quincy graduates Mike Fagerlund, retired Board of Assessors chairman and Atty. George Burke, former state representative and city councillor were at this year's game.

Fagerlund, class of 1935 for his 69th and Burke, 1950 class, for his 63rd.

Although the 74 year rivalry is now a Thanksgiving Day must for fans and grads of both schools, the game was not always played on that day.

The early ones, starting in 1933 were played on Armistice Day (Veterans Day) and on a couple on Saturdays.

The first played on Thanksgiving Day was in 1938, and the first played at Veterans Memorial Stadium.

❑

BILL DRAICCHIO, City Hall's "Candy Man", has a stockpile ready for the Christmas season.

DRAICCHIO

Waiting for visitors are 80 jars of various candies and a basket of lollipops, candy canes, licorice sticks, etc.

Draicchio is a member of City Clerk Joesph Shea's staff and the Board of Voter Registrars.

A former member of the Quincy Police Department, Draicchio is fondly remembered as "Officer Bill" by thousands of students from the old Pollard and St. Joseph's schools he crossed at the busy Southern Artery and E. Washington Street intersection.

His spot in the city clerk's office is one of the most popular stop-off points at City Hall.

He invites you to 'Cmon in!

Post Office To Hold Online Demonstration Friday

The Post Office will offer free demonstrations of time-saving online postal services Friday Dec. 8 from 10 a.m. to 2 p.m. at the Quincy Post Office, 47 Washington St.

Post Office employees will answer questions and provide cyber tours of "NetPost CardStore." This allows customers to create and browse holiday cards online, or design unique cards using personal photos and graphics.

Cards and postage may be paid for online, and cards are printed on hard copy and delivered through the mail. They enter into the mail stream on the business day following the purchase.

For more information call Ann Powers, USPS, at 617-654-5544, Donna Mooers, USPS, at 617-654-5966, or visit www.USPS.com.

ADHD Alternative Treatment Topic Dec. 12 At QPAC To Special Ed Meeting

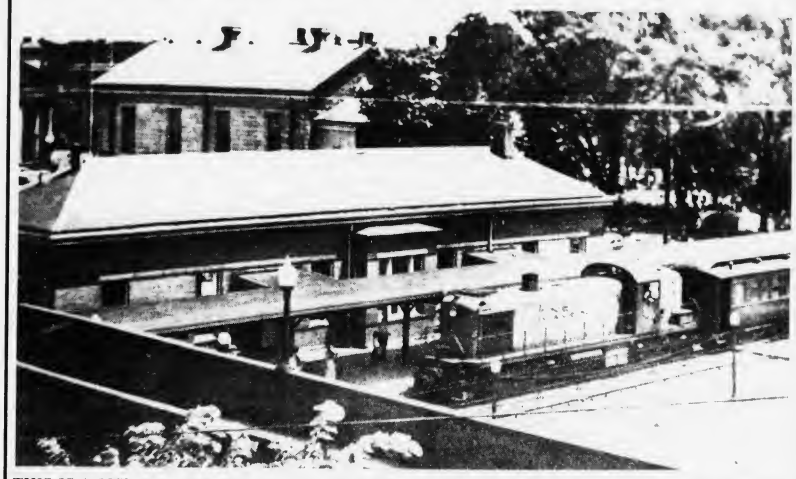
QPAC to Special Education and DORE Achievement Centers will present "ADHD – An Alternative Treatment," Tuesday, Dec. 12 from 7 to 9 p.m. at the Broad Meadows Middle School, 50 Calvin Rd., Quincy.

The DORE Program is a clinically proven, medication-free permanent solution for ADD, AD/HD, dyslexia, behavioral and other learning disabilities.

Those interested in attending should call Linda Perry at (617) 773-1385.

A pre-meeting parent support session will be held from 6:30 to 7 p.m. A volunteer from QPAC will be available to address any specific question or concern a parent/guardian may have regarding special education.

Scenes From Yesterday



THIS IS A 1952 real photo postcard view of the old Quincy Center railroad station that was on Depot Street. It was then part of the New Haven Railroad, the last private operator of the train service in Quincy. Diesel powered passenger trains like the one shown here were later replaced by the self propelled Budd cars before use of this station was discontinued by the New Haven in 1959. The MBTA replaced this station with the present Red Line Station and garage when train service was resumed in 1971. The footbridge in the left foreground connected Upland Road to the station. City Hall is in the background. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of Tom Galvin

READERS FORUM

Protect Neighborhoods Already Experiencing Changes

My husband and I lived in a wonderful neighborhood in Quincy for over 25 years. In that time we have enjoyed wonderful friendships with neighbors; we have watched our children grow up alongside theirs, and we have had the benefit of living in a safe, welcoming neighborhood.

We are now writing as deeply concerned citizens of Quincy. An article published in *The Quincy Sun* on Nov. 16 is impetus for this note. The article discussed Mayor Phelan's commitment to protecting neighborhoods in Quincy by reducing the non-traditional residential development that has recently been moving ahead at warp speeds throughout the city.

Our sleepy little Wollaston neighborhood has recently experienced fundamental changes due to the development of a 5-unit condominium building that is dwarfing what is otherwise a neighborhood of modest single-family and two-family homes. We feel disheartened that the city allowed this development to occur without even requiring a variance. After living in a neighborhood for 25 years, it is hard to watch a developer come in and at his will, design and build something with no regard for the existing character of our neighborhood.

We did what any concerned group of neighbors would do. We met with lawyers and our city councillor, Kevin Coughlin, to find out what rights we had, if any. A community group of approximately 20 neighbors, along with city officials, met with the developer who promised respite with fencing and landscaping. This would allow him to meet his profit margins, but do so in a way that was respectful and decent to the people who have lived in and loved this neighborhood for over 25 years.

We write to ask Mayor Phelan that he not only protect Quincy neighborhoods going forward, but that he protect neighborhoods that are *already* experiencing changes from development. We believe that if his concern is sincere, he will feel compelled to help not only members of our neighborhoods but members of other areas who may be experiencing similar changes.

We are asking that the mayor help us to hold the developer to his word. We are asking that you send a message to developers in Quincy that profit-maximization should not be at the expense of Quincy's neighborhoods. We are asking that he make it clear that to do business in Quincy, you have to do things in a civil manner that is respectful to our community.

We feel hopeful that Mayor Phelan will hear our voices and make an investment to protect the quality of life in our neighborhoods.

Ruth and Brian Flaherty
Granger Street

A Thank You

We would like to thank everyone who came to our 4th annual Christmas Party and Fundraiser.

With your help the party was a huge success and we were able to raise over $3,200, which all proceeds will go directly to the Quincy Crisis Center.

We would also like to thank Marie Lumaghini and the Sons of Italy in Quincy for helping us with this event for the past four years. A special thanks goes out to Bill Murphy and The Telephone Workers Credit Union for their generous donation.

Other contributors who deserve a "thank you" are the Quincy High School Culinary Department, Gennaros, Alfredos, The 99, Walgreen's and Coffee Break Cafe, all of Quincy. Your generosity is greatly appreciated.

Thank you again and we hope to see you next year.

Deanna Murphy, Lori Whyte, Terry Sullivan, Denise Palisi, Tracy Servaes, Chrissy Kane, Kristin Stedman

Parents' Council Meets Dec. 11

The Quincy Citywide Parents' Council will meet Monday, Dec. 11 at 7 p.m. in Broad Meadows Middle School, Calvin Road.

Paul Phillips, president of the Quincy Education Association (QEA), will be the guest speaker.

All are welcome.

Craft Fair For Youth Hockey

Quincy Youth Hockey will hold a charity fund raising craft fair Saturday, Dec. 9 from 10 a.m. to 3 p.m. at the Broad Meadows Middle School.

All proceeds will benefit the youth hockey program.

For more information, call (617) 786-1270.

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Quincy's Yesterdays

Fore River Bridge Widening Sought To Help Shipyard

This Week
1968
38 Years Ago

By FRANK MCCAULEY

A new move is underway to widen the span of the Fore River Bridge to at least 300 feet to allow General Dynamics-Quincy Division to bid on contracts for supersized ships.

Mayor - Senator James R. McIntyre has filed a bill which would direct the state Department of Public Works to modify the present structure to "provide a horizontal opening of not less than 300 feet."

The present bridge, dating back to the early 1030's, has a horizontal clearance of only 175 feet between abutments on the water line.

NEW HOUGHS NECK CENTER SPANS GENERATION GAP

In two short weeks of operation the Sgt. Lawrence Gicham Youth Center in Houghs Neck has built a major bridge across the generation gap. An improved relationship between youths and adults may be one of the major dividends emerging from the new center.

The center's ad hoc director, Fr. Eugene Boyle of Blessed Sacrament Church, recognizes that the center is not the final answer, but it is, he rates, an important step.

QUINCY TO MEET WITH BRAINTREE ON DUMP PROBLEM

Councillor George B. McDonald, chairman of the Quincy Special Committee on Disposal and Dumping Problems, scheduled a joint meeting of the Quincy and Braintree Refuse Committees for Dec. 10 at City Hall. The purpose of the meeting is to discuss common problems dealing with refuse disposal.

QUINCY-ISMS

Kay Jewelers, 1462 Hancock St., Quincy Center, was advertising one-half carrot diamonds for $199... **Thomas M. Monaco** and **Raymond G. Vasil** were co-chairmen of a committee of the Quincy Jaycees, planning a Christmas party for needy Quincy youngsters... The Houghs Neck Community Council's annual Christmas lighting ceremony was scheduled for Dec. 8 at the Houghs Neck Fire Station. Invited guests included **Mayor James McIntyre, Councillor Edward Graham, Councillor-Representative Arthur H. Tobin** and **Community Council President Frank McCauley**... **Rabbi Jacob Mann** and his bride, the former **Isabelle Marentz** were honored at an "Open House" at Beth Israel Synagogue... The Brett Package Store, 205 West Squantum St., Montclair, was advertising a full line of fine liquors, wines and beers at popular prices... Longtime Quincy physician **Dr. Naif Simon**, 54, died at Quincy City Hospital... Former Assistant City Solicitor **Stephen T. Keefe, Jr.,** relocated his law offices to a suite occupied for many years by Attorney **Raymond T. Barrett**... The Adams Shore Community Program was planning a light bulb sale. The funds raised will be used to improve youth programs in the Adams Shore area. **Bruce Knowles** and **Mary McManus** were heading up the project... The Strand Theater, Chestnut St., Quincy Center, was featuring Alan Arkin in "The Heart Is a Lonely Hunter,"... **Acting Mayor J. Vincent Smyth** proclaimed Dec. 4 as Senior Citizens Day in Quincy. Smyth noted that "the senior citizens of Quincy have contributed much to the growth, prosperity and leadership of our city,"... A crowd of 12,000 fans watched as the Quincy High Presidents upset the North Quincy Red Raiders 21 to 8 at the annual Thanksgiving Day game at Veterans Memorial Stadium. **Hank Conway** coached Quincy and **Carl Leone**, North Quincy... **Antoinette Landry** of Quincy recently completed a special six-week course for nursing home personnel at the Elihu White Nursing Home... Superior Oil Co., 1277 Hancock St., was advertising home heating oil for 16.9 cents a gallon... Susan Gaye Fashions, 551 Washington St., Quincy Point, was offering clothing for "tots, girls, subteens, juniors and misses" at savings between 40 percent and 70 percent,"... **Mrs. David Shepherd** was the General Fair Chairman for the Mother Goose Fair held at Christ Church, Dec. 7... **Pattie Noonan** was the 1968 Quincy High Football Queen and **Rogene Saville** was the North Quincy High Queen... **Paul Comi**, a 1949 North Quincy High School graduate, has been appearing in a number of movies and television drama shows... The grand prize winner for floats entered in the annual Christmas Parade went to the Curtain Call Theatre. The group received the **Rev. Thomas Tierney** trophy given in honor of the late St. John's Church priest and long time parade coordinator... **Eleanor Johnson**, a Quincy native, exhibited her paintings at the North Quincy branch of the Thomas Crane Public Library. Miss Johnson studied art at the Scott-Carbee School of Art in Boston.

Arts & Entertainment

'Cooking With Books' At Adams Shore Library

'Cooking with Books" program will be held the second Monday of each month from 6:30-7:30 p.m. at the Adams Shore Branch Library, 519 Sea St.

Those attending will review new cookbooks, share favorite recipes, and perhaps take a turn cooking something for others to sample.

On Dec. 11 the focus will be cooking, and those participating are invited to bring a favorite cooking recipe to share. On Jan. 9 the topic will be talking about cooking lightly, and on Feb. 13 the subject will be on chocolate.

For more information call 617-376-1325.

Central Middle School Pizza Fundraiser Dec. 13

A fundraiser for Central Middle School will be held Wednesday, Dec. 13 from 4 to 9 p.m. at Papa Gino's Restaurant, 1 Beale St., Wollaston.

The school will earn 20 percent of the sales, which will be used for PTO sponsored programs.

Participants must bring a copy of a fundraiser flier and present it to the cashier when ordering either dine-in or take-out.

Fliers are available at the school office.

Children's Book Author At Abigail's Crossing

Quincy author Bill Arienti will sign copies of his new children's book at Abigail's Crossing, 1360 Hancock St., Quincy Center.

The children's picture book titled Buddy's First Flight, is the latest in Arienti's Tales from Faxon series. Arienti is a Quincy firefighter.

His first book, Scooter The Rabbit will also be available at Abigail's Crossing Saturday.

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Ice Skating Classes At Quincy's Shea Rink

Gliding on ice is Quincy resident and professional ice skating instructor Renee Tomer from the Bay State Skating School who teaches skating to children and adults ages 41/2 and up.

Classes are for beginner skaters as well as for those who know how to skate but want to have fun, improve skills and learn something new.

The learn to skate programs are for boys, girls and adults who wear either figure of hockey skates.

Classes are held Fridays (4 p.m.) and Sundays (11 a.m.) at the Quincy Shea Rink, Willard St.. Classes start soon and fill up fast. For more information on these classes or those held at 13 other rink locations call: (781) 890-8480 or register online at www.baystateskatingschool.org.

QUINCY RESIDENT and professional ice skating instructor, Renee Tomer, will be giving skating lessons at the Quincy Shea Rink.

Upcoming Events At Atria Marina Place

Atria Marina Place, Assisted/Independent Living and Alzheimer's Community, lists upcoming events:

Dec. 15: (3:15 p.m.) "Entertain for a Cure," Children will sing to benefit the Cancer Society. Refreshments will be served.

Dec. 20: (7 p.m.) Susan Dolabany will be a holiday entertainer. Hors D'oeuvres and refreshments will be served.

Atria Marina Place also seeks volunteers for "Be a Santa to a Senior," delivering gifts to orphaned senior citizens. The program is sponsored by Home Instead and Atria Marina Place.

To R.S.V.P. for either event, call 617-770-3264.

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Nancy Yankun On Dean's List

Nancy Yankun is on the Dean's List at Framingham State College for the Spring Semester.

The daughter of Richard and Joan Yankun of Quincy, she is majoring in world languages. She is a renewal recipient of the Senator Paul E. Tsongas Scholarship.

Chesara Trio Concert At Crane Library Dec. 17

A free monthly series of performances for all ages, featuring music, dance, and stories from a variety of cultural traditions will be Sunday afternoons from 3 - 4 p.m. at the Thomas Crane Public Library, 40 Washington St., Quincy Center.

On Dec. 17, the Chesara Trio presents an eclectic concert of lyrical music from different lands through the ages, featuring piano, viola and voice. The program will include music by Handel and Ralph Vaughan Williams, romantic songs by Verdi, Puccini and Faure, American standards by Jerome Kern and Irving Berlin, and Chinese folk songs.

Chesara pianist Linda Papatopoli has been active as a soloist and accompanist here and abroad since receiving her masters degree with honors from the Boston Conservatory. Papatopoli was a finalist in the U.S. International Piano Competition and a first-place winner in Pennsylvania's Youth Competition. She has accompanied at the Metropolitan Opera Studios, for the Pavarotti International Voice Competition, and for the Von Trapp Family Singers. She has soloed with the Brookline Symphony and as a recitalist in numerous area venues.

Violist Susan Bill has taught music, piano and violin in Quincy schools for the past 10 years. A violist with the Quincy Symphony, she has performed in professional and community performances, including concert appearances with Tony Bennett. In recent years, she was music director of her choir, and is also developing the skills of young ensemble performers in the Quincy area.

Soprano Lai Wong, of Quincy, has sung at Italian festivals in the Boston area, in community celebrations in the Quincy area, in an opera cafe and a restaurant in northern California, and at public and private celebratory events.

Upcoming concerts at the library include the Amaryllis Chamber Ensemble, Jan. 21 and Chu Ling Dance Academy, Feb. 11. All performances are free and sponsored by the Friends of the Thomas Crane Public Library.

For more information, call 617-376-1301, or visit www.thomascranelibrary.org.

Blue Hill Museum Winter Events

Blue Hill Adventure Quarry Museum announces upcoming winter events to be held at several locations:

Dec. 11: (7 p.m.) "Ski Mountaineering Slide Show" uses a slideshow to introduce people to ski mountaineering basics.

Dec. 16, Jan 7: (10 a.m. to 3 p.m.) "Nordic X Country Ski Workshop" is an introduction to cross-country skiing by an instructor.

Jan. 6: "Leaders/Instructors Workshop" is intended for people who are interested in becoming a leader of a group for cross country, skiing, hiking, canoeing, and other activities.

Each program will review equipment and safety issues. RSVP for a program by calling instructor Dave Hodgdon at 781-326-0079 or visit www.bluehilladventure.org.

Please join
Senator Michael Morrissey
and his Family
at their
Annual Holiday Party
Benefiting Local Charities on
Wednesday, December 13, 2006
from 7:00 p.m. to 10:00 p.m.
at the Sons of Italy
120 Quarry Street, Quincy
In the spirit of the season of caring and giving, a donation of non-perishable food items, new toys for children, a donation to DOVE* or the Dianne DeVanna Center* would be greatly appreciated by those who are less fortunate.
*DOVE is a non-profit organization based in Quincy dedicated to assisting victims of domestic violence.
*Dianne DeVanna Center is a non-profit organization based in Braintree dedicated to the prevention of child abuse and neglect.

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Social

Actor Jim Cooke's Historic Characters At Historical Society

Actor Jim Cooke will offer a first-time-anywhere presentation focusing on how he creates a historical characterization Thursday, Dec. 7 at 7:30 p.m. at the Quincy Historical Society, Adams Academy, 8 Adams St., Quincy Center.

Cooke, a Quincy resident, has been performing solo history since 1985. His presentations have taken him around the country to Mount Rushmore, presidential libraries, the National Archives, Library of Congress and the White House. He has created a distinctive repertoire of historic characters: John Quincy Adams, Daniel Webster, Calvin Coolidge and Edward Everett.

Each of these men was sharply individual and at the same time they all share a characteristic New England flintiness. Cooke will discuss the process of deciding on a historic figure and touch on some figures who did not work out. He will then discuss how as an actor he brings a historic character to life and will become each of these characters in turn, giving a sample of each man's story, including some anecdotes appropriate to the Holiday Season.

The evening will be an informative and different theatrical experience, with characterizations that are both amusing and emotionally moving. It will also be the first time that John Quincy Adams, Daniel Webster, Calvin Coolidge and Edward Everett have ever appeared together.

Seasonal refreshments will be served. The public is welcome to attend. There is no charge for admission.

Individual Education Plan Topic At QHS Tonight

"How to Write an IEP," a program teaching how to write an Individual Education Plan will be tonight (Thursday, Dec. 7) from 7 to 9 p.m. at the Quincy High School auditorium.

The program is sponsored by Quincy Public Schools, and Quincy Parent Advisory Council to Special Education (QPAC).

Judy Todd, director of special education of Quincy Public Schools, will assist in the program.

For more information, call 617-773-4558.

MR. and MRS. JOHN MORESCHI

Mr., Mrs. John Moreschi Celebrate 50th Anniversary

John and Nancy Moreschi of Dennis, and Naples, Florida, formerly of Quincy, celebrated their Nov. 10 50th wedding anniversary with a 12-day family cruise to Italy and Greece in the summer of 2005.

They have four children, Peter Moreschi of Quincy, Anne Morrison of Hanson, Mary Dixon of Derwood, MD, and Jay Moreschi of Quincy. They have eight grandchildren.

Mr. and Mrs. Moreschi spend their summers in Cape Cod, and winter months in Naples, Florida, where they claim to be bocce champions.

Emblem Club To Meet Dec. 13

The Quincy Emblem Club 22 will hold its meeting 6:30 p.m. Wednesday, Dec. 13 at Common Market on Willard St.

The topic of the meeting will be the Emblem Club Christmas party.

Nativity Pageant At First Parish Church

The annual Nativity Pageant will take place Sunday, Dec. 10 at 6:30 p.m. at United First Parish Church, 1306 Hancock St., Quincy Center.

The pageant will be conducted by the Rev. Jack O'Brien, pastor of Sacred Heart Church, North Quincy, and the Rev. Sheldon Bennett, minister, First Parish Church.

Central Middle School Pizza Fundraiser Dec. 13

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Participants must bring a copy of a fundraiser flier and present it to the cashier when ordering either dine-in or take-out.

Fliers are available at the school office.

Mr., Mrs. Daniel Brundage Parents Of Daughter

Daniel and Linda Brundage, of Abington, formerly of Quincy, are parents of Lacey Meade Brundage, born Nov. 6 at South Shore Hospital.

Lacey is the sister of Jessica Brundage, 5, and Sydney Brundage, 3.

Grandparents are Barbara and Tom Laitinen of Quincy, and Daniel Brundage Sr., of Abington.

Christmas Carolers
On Sunday, December 17, from 4:30-6pm
First Presbyterian Church
270 Franklin Street, Quincy,
will sponsor a carol sing along
that will begin and end at the church.
Cider and cookies will be served to participants and guests.

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Neighborhood Meeting Dec. 14 On Montessori School Plan

City Council President Doug Gutro has called a neighborhood meeting Thursday, Dec. 14 at 7 p.m. at the Bernazzani School, Furnace Brook Parkway, to discuss a proposal to convert the former Columban Fathers property at 310 Adams St. into a Montessori School.

In June, 2005, the Columban Fathers sold the property to the Adams Street Foundation, Inc., a private, non-profit educational foundation.

In November, 2005, Councillor Kevin Coughlin and Gutro co-hosted a public meeting at which representatives of the City of Quincy's Law office and Inspectional Services Department discussed the legal and zoning rules that apply to this property and proposed use.

In July, 2006, Montessori School of Quincy submitted plans to built a school at this location at the Department of Inspectional Services.

On Oct. 24, 2006, The Inspectional Services Department issued a denial of their permit application, citing violations of the Quincy zoning ordinance, specifically related to height and setback requirements.

Montessori School recently hired the local law firm of Fleming and Fleming. Gutro has invited individuals to appear at this forum and update area residents on any and all information that they may have relative to the potential future of this parcel.

Invited are:

Robert Quinn, Assistant City Solicitor

Jay Duca, Director of Quincy's Inspectional Services.

David Werlich, President, Adams Street Foundation, Inc.

Edward Fleming, Fleming and Fleming, and Members of the Board of Directors for the Quincy Montessori School.

QUINCY HIGH SCHOOL 2006-2007 Academic Decathlon Team: Front row: Zarin Arshy, Taysir Mahmoud, Kimberly Pham. Second row: Coach Evelyn Ryan, Yu Xuan Huang, Wu Xi He, Rosetta Berardi, Jessica Widdecombe, Captain Tina Hicks, Jia Wei Chen, Amanda Varraso, Petrika Gjini. Back row: Kenny Francis, Principal Frank Santoro.

Quincy High Competes In Second Academic Decathlon

Quincy High School was among the 24 schools that recently participated at Sharon High School in the Massachusetts large-school regional scrimmage in preparation for the United States Academic Decathlon.

Local, regional and state competitions can lead to the national finals which this academic year will take place in Honolulu, Hawaii in April.

"Our team showed great improvement this year," Coach Evelyn Ryan said. "Our standings were higher and our team is twice the size it was last year. With one more round of competition, we have an excellent chance of making it to States."

The United States Academic Decathlon was created to provide opportunities for students to experience the challenges of rigorous team and individual competition.

Each team competes in ten events—economics, language and literature, art, music, mathematics, social science, science, essay, interview, and speech. Each year the science or social science is used as the Super Quiz topic.

A new theme of study is established every year with topics that are relevant, current and challenging. This year's focus involves China and climatology.

"These will both be of major importance in the twenty-first century," Ryan said. "The students gain a remarkable amount of knowledge in their daily preparation for competition. There's really no way to lose taking part in an event like this."

Gold, silver and bronze medals are awarded for individual events and total scores. Overall individual winners are recognized, as are champion teams. "On our team this year, the Coach's gold medal goes to Tina Hicks, team captain," Ryan said. "She made a tremendous effort in the regional scrimmage and she is determined to take the team to States."

Four Accepted To Bryant University

Bryant University, Smithfield, R.I., has admitted the following local students to the Class of 2010:

Leanna Kar-Yan Lam, a finance student, Mark Paul DeMelin, an accounting student, Lindsey Erin Clifford, an accounting student, Lauren Elizabeth Milone, a management student.

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Voluntary Hospitals of America

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OCS Leading Healthcare Insight

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Massachusetts Department of Public Health

Chest Pain Centers Accreditation:
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Quality Respiratory Care Recognition:
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We appreciate the opportunity you have given us to earn these distinctions — and thank you for your continuing trust and confidence in our organization.

Our very best wishes to you for a healthy and happy holiday season.

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TEN QUINCY BOYS who attend the Boston Archdiocesan Choir School in Cambridge will perform in the Boston Boy Choir "Festival of Carols" at St. Paul's Church in Harvard Square Dec. 10, 15 and 17. They are (front row) from left: Brian Tam, Brendan Murray and Tim Keenan Second row: Sean Patrick Hannon, Steven Huynh, Justin Au. Third row: Peter Jensen, Nick Yotts, Andrew Rogantino. Missing from photo: Rory Lavin.

Boston Boy Choir Performs 'Festival Of Carols'

Ten Quincy boys will perform in the Boston Boy Choir "Festival of Carols" at St. Paul's Church in Harvard Square, at 3:30 p.m. Dec. 10 and 17, and at 8 p.m. on Dec. 15.

Performing residents include: Nicholas Yotts, Brian Tam, Sean Patrick Hannon, Andrew Rogantino, Peter Jensen, Timothy Keenan, Brendan Murray, Justin Au, Rory Lavin and Steven Huynh.

The Boston Boy Choir is the performing group of the Boston Archdiocesan Choir School. The festival, directed by John Dunn, will feature "Christmas Cantata," by Daniel Pinkham.

The school is for students grades five through eight. Along with academics, students also receive musical, vocal and instrumental education.

Boston Catholic Television (BCTV) will televise the choir's concerts. Check TV listings for times and dates.

Two Entroll At Syracuse University

Two Quincy residents have enrolled at Syracuse University for the 2006-2007 academic year.

They are: Michelle Lee who is majoring in information management and technology and Janny Yu who is majoring in public relations.

Adams Park 'Old House' Open For Holiday Stroll

Adams National Historical Park's "Old House at Peace field" will be decorated for the holidays and open for tours Saturday, as part of Quincy's Annual Holiday Stroll.

The Old House on 135 Adams Street was home to Presidents John and John Quincy Adams and four generations of the Adams family from 1788 until 1927.

Tours of the Old House are free and will be conducted between 10 a.m. and 3 p.m. The 1873 Carriage House will be the site of beeswax candle rolling for kids and a demonstration of the art of stringing a festive dried apple wreath for holiday decorating. Holiday cheer and hot apple cider will be served.

Limited street parking is available or visitors may arrive at the Old House on the Park's trolley bus which will depart the Visitor Center every half-hour. The trolley also will stop at the Adams Academy, home of the Quincy Historical Society Museum, and the Dorothy Quincy Homestead; both sites will be dressed for the occasion and open to the public.

The Visitor Center is located at Presidents Place, 1250 Hancock St., Quincy Center, and will be open from 10 a.m. to 3 p.m. Free parking is available in the garage at Presidents Place. For further information, please call the Visitor Center at 617 770 1175 or visit www.nps.gov/adam or www.discoverquincy.com

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10:15	Victorian Caroler's
11:00	Mark Carey
12:00	Bay Colony Productions
1:00	Squantum Community Youth Choir
2:00	Eastern Nazarene College Choir
2:30	North Quincy High School Choir

For More Information:
visit QuincyArtsAlive.org or call 617-657-0527

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The Quincy ArtsAlive! event series is organized by the City of Quincy, Discover Quincy, Adams National Historical Park, Quincy Art Association, Quincy Historical Society and Quincy 2000.

Marie's Kitchen

BY MARIE D'OLIMPIO

Festive Creamy Frostings

I'm always looking for a nice soft creamy frosting when I'm baking a cake.

One day I came across not one, but two easy recipes with one of them a great one to use at Christmas because it includes Rum in place of vanilla if desired. The other is for peanut butter lovers of which I am one.

Here are the two frosting tried and true recipes.

Vanilla Cream Cheese Frosting
1 stick butter
1-8 ounce package cream cheese
2 teaspoons dark Rum (or vanilla)
1 package (16 ounces) confectionery sugar
red or green coloring (optional)

Mix butter, cream cheese and vanilla (or rum) for 2 minutes. Slowly add the confectionery sugar and beat until light and creamy.

Peanut Butter Frosting
1/2 cup butter or margarine (1 stick)
1/2 cup peanut butter
1-3 ounce package cream cheese
1 teaspoon vanilla
2 cups confectionery sugar
2 tablespoons milk

Mix the butter, peanut butter, cream cheese and vanilla until smooth. Slowly add the confectionery sugar and milk and beat until creamy.

Jesus, on the other hand, loves you regardless of whether you're naughty or nice.

Unconditional love and forgiveness are the Christmas gifts of Jesus Christ. Join us as we celebrate the miracle of his birth.

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186 On Point Webster First Term Honor Roll

Point Webster Middle School lists 186 residents on the honor roll for the first quarter.

They are:

HIGH HONORS

Grade 5: Steven Bowe, Aaheli Chattopadhyay, Sharon Chia, Kristen Condon, Alana Debello, Ashley Desire, Anwesha Ghosh, Jingwan Gu, Yongjia Guo, Thomas Hanrahan, Shamus Hill-Torres, Matthew Kozlowski, Michelle Kung, Huan Luong, Micaela Maloof, Kathryn McGroarty, Christiana Micinoti, Tyler Morani, Cindy Nguyen, Rohan Pahwa, Rachel Papile, Steven Simons, Iqrah Tauhid, Kevin Truong, Michelle Zeng.

Grade 6: Kathleen Conroy, Kelly Kung, Abigail Monterroso, Saipriya Sagiraju, Nam Thai.

Grade 7: Neil Adrian Banoey, Jessica Bowe, Henry Chen, Molly Cunha, Havisha Gadepalli, Chelsea Gallagher, Blair Hajjar, Hoda Hindiyeh, Farheen Khatri, Stephanie La, Benjamin Li, Samah Marhamo, Joanna McGroarty, Hope Spargo, Andi Trebicka, Emily Troy, Jaimelle Wright.

Grade 8: Lisa Chan, Alvin Chen, Martin Conroy, Brendan Dodd, Melissa Falcone, Zeba Hashmi, Chia An Lee, Mahmud Marhamo, Matthew Peterson, Ossama Senhaj, Armagan Sezer, Maria Vazquez, Marvin Wong, Samson Yu.

HONORS

Grade 5: Antonia Abcaoili, Claudia Barzola, Micayla Bresnahan, Andrea Cedrone, Jessica Cedrone, Brett Cullen, Steven Curran, Nathiele Da Silva, Veronica Dargin, Michael Guarino, Tonny He, Brriana Herron, Guang Huang, Lindsey Lo, Alyssa Lydon, Brendan Maloney, Danya Marhamo, Hodan Musse, Jacqueline Portillo, Steven Quinn, Mersadyse Rodrigues, Sergio Sical, Antonio Simeon, Jason Thi, Mackenzie Tierney, Joanne Tsang, Collin Wilson, Jessica Wong.

Grade 6: James Brown, Kaitlyn Butterfield, Timothy Cedrone, Felisa Chau, Hilary Chen, Ashley Daniels, Alexandria Duplantis, Maryssa Dwyer, Kyle Franz Louise Enano, Ashley Faiella, Kevin Farrell, Michael Foran, Omar Hashmi, Christopher Honrado-Foster, Robert Kelley, Jesse Kennedy, Zara Khan, Vivian Lee, Megan Lieu, Joanna Micinoti, Rachael Murphy, Jay Newman, Ariana Nickerson, Paul Nigro, Veralis Parrilla, Nina Plabutong, Marianne Reardon, Matthew Roach, Anthony Russell, Ngaakudzwe Shoko, Tristen Sleeper, Rachel Smith, Mark Solander, Yyan Tchuiga, Darbi Thomas, Vicky To, Thien-Thanh Tonnu, Lawrence Tran, Hanh Vo, Tyler Wayne, Megan Welliver, Mykiel Williams, Amanda Wong.

Grade 7: Ghizlane Bandariva, Jason Harbosa, Joshua Batres, Kristina Berfield, Molly Brennan, Julie Broadbent, Dylan Brodeur, Zachary Campbell, Saira Chaudhry, Caitlyn Conneen, Keenan Daniels, Cody Ellison, Emily Gaffney, Norela Haviari, Jessica Hurd, Amber Jones, Keila Knapp, John Zozlowski, Marvin Lindor, Danilo Lopes, Joanne MacNeil, Annie Maloney, Charbel Matta, Kayla Melanson, Indah Ngum-Wie, Justin Riley, Ravi Varma Sagiraju, Timothy Saunders, Emily Segura, Burak Sezer, Heather Spargo, John Tran, Kiana Truong, Jadah Yesufu, Onur Zorteymur.

Grade8: Stacey Almario, Jaida Almeida-Graves, Nicholas Dellamano, Charlene Duggan, Christina Elisio, Wynnona Nicole Enamo, Lorena Guimaraes, Maggie He, Robert Kozlowski, John Luong, Giuliana Morales, Anthony Mormino, Kellie Newman, Calvin Nguyen, Carol Onyeokora, Josue Ordonez, Peter Princiotta, Kaio Silva, Steven Tran.

Arabian Adventure Dec. 28 At Wollaston Congregational Church

The Tanglewood Marionettes present An Arabian Adventure at the Wollaston Congregational Church on Thurs., Dec. 28 at 10:30 a.m.

An Arabian Adventure is replete with clever stage illusions and lighting effects, and is an action-packed drama that is sure to delight audiences of all ages.

Tickets are $6.50 in advance and $8 the day of the show, and children under age 2 are free. The doors open at 10 a.m. and the show starts at 10:30 a.m. There is limited seating and tickets would make a great holiday gift.

Call the church office at 617-773-7432 or visit our website at www.wollycong.org for details or ticket order forms.

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FREE REFRESHMENTS

St. Mary School Students Explore The World At Multicultural Day

ST. MARY SCHOOL of Quincy recently celebrated its fifth annual Multicultural Day. Students from every grade explored the customs and cultures of countries around the world. Above, seventh graders Seamus Keaveny and Nicole Lamie stand in front of the kindergarten castle celebrating "Our World of Families."

SIXTH GRADER Christopher Palluccio (left) and fourth grader Shayna Boyle worked on a project about Lebanon, the country of their family's origin. They also served tabule, a Lebanese salad, and humus, a chick pea dip – traditional Lebanese food at the St. Mary School Multicultural Day.

TIMOTHY LAYDEN, a first grader at St. Mary School of Quincy, with his class project on Antarctica, at the school's recent Multicultural Day. Besides class projects, the event also featured ethnic food served to guests. The project offered students the opportunity to expand their knowledge of the world and its people.

Crane Library Receives Two Grants For Health, Adult, Teen Programs

The Thomas Crane Public Library has received two grants from the Americans for Libraries Council (ALC) to develop services and programs related to health, teens, and older adults.

ALC is a national nonprofit organization whose purpose is to promote new approaches to sustaining and developing libraries in the 21st century.

The library recently received a $10,000 ALC grant to develop the library as a health and wellness resource center for the entire community, with an emphasis on teens and their families.

Library director Ann McLaughlin said, "The grant will allow us to add to our collection, enhance our website, and offer a variety of programs in the library. We hope to raise the level of awareness and understanding of health issues facing Quincy families by coordinating our efforts with other groups and individuals in the community who provide health and wellness services. Only 12 libraries in the entire country are receiving funding for the program, so it's a great opportunity for Quincy."

Library staff are planning a range of Fit for Life activities for 2007, including seminars and workshops on nutrition, exercise, safety and healthy lifestyles, as well as a community-wide health and wellness fair.

In the spring of 2006, the library was one of 15 Massachusetts libraries to participate in ALC's Equal Access Libraries professional development program and receive a $5,000 EqualAccess LSTA grant to expand programs and services for youth, baby boomers and older adults.

One component of the grant gave two library staff members an opportunity to participate in the Equal Access Institute, a four-day training that took place earlier this year. Staff received training in providing innovative, community-specific services to youth and to adults aged 50 and older. Over the next year, the library will use the $5,000 to introduce new programs and services for these target audiences.

Plans include creating a safe and welcoming physical and virtual space for tweens and teens in the library, and partnering with other community organizations to offer a variety of activities, civic projects and media projects to engage young people in their community. The library will also seek to provide older adults with the information they need for lifelong learning and productive aging by developing resource centers for adults both in the library and online, and by offering expanded technology classes and programs.

EqualAccess Libraries was developed by Libraries for the Future (LFF), ALC's programming wing. In Massachusetts, the EqualAccess program represents a collaboration between the ALC and the Massachusetts Board of Library Commissioners, which has dedicated $300,000 of its federal Library Services & Technology Act (LSTA) grant funds to EqualAccess grants over a three-year period (2006-2008).

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Gutro Attends National League Of Cities Expo

City Council President Doug Gutro is attending the National League of Cities Congress of Cities Expo in Reno, Nev., which opened Wednesday.

Gutro will participate in workshops on emergency preparedness, municipal finance, targeting downtown redevelopment, tourism, technology and diversity/changing demographics.

In addition, he plans to participate in the First Tier Suburbs Council meeting. First tier suburbs are the municipalities located outside of the central cities, but inside the ring of developing suburbs and rural areas. First tier suburb communities share common interests on transportation, housing, changing demographics and revitalization issues.

"It is a privilege to represent the city of Quincy at this important national venue," said Gutro. "These forums provide opportunities to share our city's many successes, but as importantly, to learn from other communities across the nation that share common challenges."

The National League of Cities is the oldest and largest national organization representing municipal governments throughout the United States. NLC serves as a national resource and advocate on behalf of over 1,600 member cities and 49 state municipal leagues whose membership totals more than 18,000 cities and towns across the country.

For more information visit www.nlc.org.

Neponset River Bridge In Phase 1 Of Construction

Project representatives updated the City Council Monday night to the reconstruction process of the Neponset River Bridge, Route 3A, a main connection between North Quincy and Dorchester.

Mark Griffen, project engineer, and George Kober, engineering consultant with Dewberry-Goodkind, Inc., said that the construction process is in Phase 1, and could take several years. Phase 1 consists of holding the bridge up on temporary steel columns, while contractors demolish and reconstruct the 23 deteriorating piers in the river below.

Griffin said that construction is not block a lane, but there may be traffic due to the "curiosity factor."

Griffin also said that the bridge is not designed for an increased capacity, but may include ornamental lighting.

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ELEMENTARY LUNCH MENU

Monday, Dec. 11
Pizza sticks, dipping sauce, fresh fruit, fruit juice.

Tuesday, Dec. 12
Early release day - no lunch served.

Wednesday, Dec. 13
Chicken fajitas, steamed rice, green peas, fresh fruit or juice.

Thursday, Dec. 14
Pasta with meatballs, hot vegetable, dinner roll, fruit juice.

Friday, Dec. 15
Mini turkey corn dogs, macaroni and cheese, fruit cup, fruit juice.

OBITUARY

Edward T. Martin, 86

News Reporter, WWII Veteran
Confidant To Senator Kennedy

EDWARD T. MARTIN

Edward T. Martin, 86, of Dennisport and Quincy, former newspaper reporter, government official and long-time aide and confidant to Senator Edward Kennedy Sunday died at his home in Dennisport.

Born and raised in East Boston, he was a graduate of Boston College High School, class of 1936 and attended Boston University until joining the U.S. Marine Corps at the outbreak of World War II. He was a drill instructor before serving in the Pacific and China.

He lived in Dennisport for 28 years and maintained a home in Quincy for many years. Previously he lived seven years in Rockville, MD.

Following World War II, he worked on daily newspapers in West Virginia and Rhode Island before joining the Boston Post. When the Post stopped publishing, he joined the Boston Herald Traveler and advanced to city editor. He covered major New England stories between 1948 and 1962, from murders to prison riots, hurricanes, the Brink's trial and the inauguration of John F. Kennedy. He was the only New England reporter to witness an early atomic detonation.

His first association with Senator Kennedy began as a reporter covering the early political career of President John F. Kennedy. In 1960, shortly after the presidential inauguration, he was asked to handle press relations for Edward Kennedy in his first campaign for the U.S. Senate. He was an advisor in every subsequent campaign, including Senator Kennedy's 1980 campaign for president. He served as Kennedy's top administrative aide in Washington from 1971 to 1977 and as a director of Kennedy's district office in Boston in the 1980's.

In 1977, President Carter appointed Mr. Martin as New England Regional Director for the Department of Housing and Urban Development, where he played a role in redeveloping Boston's waterfront and in helping the region recover from the severe Blizzard of 1978.

Mr. Martin also served in various other government posts, as public relations officer for the National Aeronautics and Space Administration during the late 1960's and as Director of Space Management for the General Services Administration during the early 1980's.

He retired in 1990.

Mr. Martin was a board member of the Kennedy Library Foundation in Boston.

He was the husband for 58 years of Marguerite E. (Pothier) Martin, father of Marilu Swett Spector of Jamaica Plain, Jane M. Doncaster of Pittsburgh, PA, Thomas E. Martin of Beverly, Michael P. Martin of Bethesda, MD and the late Susan E. Hayes.

He is also survived by six grandchildren and many nieces and nephews.

A funeral Mass will be celebrated in St. John the Baptist Church, 44 School St., today (Thursday) at 10 a.m. Burial will be in Blue Hill Cemetery, Braintree.

Visiting hours at the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy, were scheduled for Wednesday from 4 to 7 p.m.

For those who wish, donations in Mr. Martin's memory may be made to Father Bill's Place, 38 Broad St., Quincy, MA 02169.

IS ALCOHOL CAUSING PROBLEMS IN YOUR FAMILY?

The FAMILY PROJECT may help.

The Family Project is a study being done by Harvard Medical School researchers at Bay State Community Services in Quincy. The study offers free counseling to individuals with alcoholism. To qualify, you must:

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SECONDARY LUNCH MENU

Monday, Dec. 11
Pizza sticks, marina sauce, tossed salad, fresh fruit or fruit juice.

Tuesday, Dec. 12
School baked lasagna with tomato/meat sauce, vegetable, fruit juice, dinner roll. *Early release middle and high schools.*

Wednesday, Dec. 13
Hot pastrami on a bulkie roll, oven fry potatoes, fresh fruit or juice.

Thursday, Dec. 14
Cheese quesidilla, minestrone soup, fresh fruit or fruit juice.

Friday, Dec. 15
Meatball submarine sandwich with tomato sauce, hot vegetable, fresh fruit or juice.

THE QUINCY EXCHANGE Business Expo bustled with activity at the Presidents Place Galleria.

Photos Courtesy Of Quincy 2000 Collaborative

Over 70 Firms, 15 Restaurants At Quincy 2000 Business Expo

Sponsored by Quincy 2000 Collaborative, the Quincy Exchange Business Expo held at Presidents Place showcased many of the products and services provided by local businesses in Quincy.

The Expo featured more than 70 local businesses and government exhibitors, as well as 15 restaurants that took part in The Taste Quincy Extravaganza!

Mark Keane of Healing Tree Yoga & Wellness Center in Wollaston noted, "I literally passed out hundreds of brochures and was constantly being engaged by potential clients and other businesses. I already have picked up several clients/appointments from that day. I was very pleased with the results."

"It proved to be a great event where businesses could network with one another, as well as promote themselves to residents of the City," said Dean Rizzo, executive director of Quincy 2000 Collaborative.

Sponsors of the Showcase Business Expo included Commonwealth Building, Inc., Eastern Insurance/Eastern Bank, Eastern Nazarene College, Edible Arrangements, Graham Communications, Lincoln Property Company, Marriott Boston Quincy, The Patriot Ledger, Signal Graphics, Sovereign Bank, United Commercial Bank, United States Postal Service, and WATD Radio.

The Taste Quincy Extravaganza with 15 local restaurants participating provided free samples of some of their dishes. This event was a showcase of the diversity of Quincy's restaurant scene featuring Asian, American, Italian and Mexican food, among others. Restaurants participating included Adams Pub, Coffee Break Cafe, Eatin Healthy, Edible Arrangements, Fajita's & 'Ritas, Five Spices Restaurant, Fratelli's Pastry Shop, Fuji 1546 Restaurant & Bar, Ginger Betty's Bakery, Hancock's at the Marriott, The Fudge Bar, The Neighborhood Club, Pepper's Grill, Taste of Taiwan, and the Villa Rosa Restaurant.

NANCY CIRILLO, owner of the Villa Rosa Restaurant, served one of her specialties to a visitor during the Taste Quincy Extravaganza portion of the Expo.

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(Cont'd From Page 1)

"I think everyone shares Councillor Raymondi's frustration," said Ward 4 Councillor Jay Davis.

Chief Assessor Marion Fantuccio countered, saying that estimates are required by the state to be taken from sales from the previous year, and the early part of the new year.

"This is how it's always going to be," she said. "Yes sales are taking longer, but that is not the norm."

With the increase in residential value, the real estate tax increased by 2.67 percent, while it only increased by 1.2 percent in FY06 over FY05.

"All this value is being born by the residential homeowner," said Raymondi. "I'm hoping these values will decrease by next year. I am not happy with the (2.27) percent real estate tax increase, it should be zero."

"The good news is the tax rate is not as bad as expected because of new growth and local receipts," said Keenan.

BANK OF AMERICA Foundation recently presented $20,000 to Quincy Community Action Programs to support the agency's Learning Links Technology Center. From left are: Carolyn Corcoran, Learning Links coordinator; Beth Ann Strollo, QCAP executive director; Robert Kenworthy, senior vice president, Bank of America; Paul Anghinetti, senior vice president, Bank of America; and Tracy Donahue, QCAP director of development.

Mother Goose, Bo Peep At Library Saturday

The Thomas Crane Public Library's monthly program for young children, Saturday Fun for Little Ones, presents Children's Librarian's Jane Miller and Gail Columbare as Mother Goose and Little BoPeep.

The program of songs, stories and nursery rhymes will be presented Saturday a 10 a.m. in the large meeting room at the main library, Washington Street, Quincy Center. This program is for infants to 3 year olds accompanied by an adult. No registration is required.

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For Technology Center

Bank Of America Foundation Awards $20,000 To Quincy Community Action

The Bank of America Foundation recently awarded Quincy Community Action Programs, Inc. (QCAP) $20,000 to support the agency's Learning Links Technology Center.

For many years, Bank of America has been a dedicated supporter of QCAP's mission and services. This latest grant will enable QCAP to expand the scope and number of computer classes offered at Learning Links, and add financial literacy education to help low-income households set up and maintain budgets, repair their credit, and establish bank accounts.

Robert Kenworthy, senior vice president and client manager for Small Business Banking, and Paul Anghinetti, senior vice president and market manager for Small Business Banking presented the award to QCAP's Executive Director Beth Ann Strollo.

"We are proud of our partnership with QCAP and the Learning Links Technology Center. The center provides key training and support to people who haven't had the chance to build technology skills, and helps low-income households find resources that will help them become self-sufficient. We at Bank of America are committed to creating economic self-sufficiency opportunities for all families in our communities by supporting programs like Learning Links," said Anghinetti.

Since March 2004, Learning Links has provided free computer access for low-income South Shore residents who wish to learn basic computer skills or to use the Internet. The center is a place for people of all ages, who do not have computers at home or who cannot pay for an Internet connection, to build essential computer skills. Learning Links services are provided free of charge to low-income residents.

Members have access to the center's 12 computers, email, Internet, and Microsoft Office software, as well as computer training courses and special activities. Staff and volunteers are on-site to help users get started, and answer questions. The center has a play area for children, so families are welcome.

"Once again, Bank of America has partnered with QCAP to support opportunities for low-income people. We could not continue to expand services at Learning Links and connect people with the vast range of opportunities that technology provides without them. QCAP applauds the Bank of America for their strong commitment to expanding economic opportunities to low-income residents," said Strollo.

Quincy Community Action Programs, Inc. (QCAP) is a private, nonprofit organization that provides a variety of services to low and moderate-income people to help them improve the quality of their lives and move towards economic self-sufficiency.

Established in 1965 as one of Massachusetts' 24 community action agencies (CAAs), QCAP addresses the needs of residents in Quincy, and surrounding Norfolk County and South Shore communities. For more information call (617) 479-8181 x 100 or visit www.qcap.org.

Learning Links is located at 1511 Hancock St. in Quincy Center. Membership is free for low-income households. To become a member, enroll in a class, volunteer, or to find out more drop by the center or contact (617) 479-8181 x 183.

Phuongnhat Nguyen On Mount Ida Dean's List

Phuongnhat Nguyen of Quincy was named to the dean's list with highest honors for the spring semester at Mount Ida College in Newton.

Alicja Gupta, M.D.
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Dr. Gupta is an experienced practitioner who takes the time to understand and care for patients needs. As an Internist, she focuses on fulfilling expectations of a "Family Physician". She treats both male and female patients, from young adults to seniors. She performs complete physical examinations, as well as evaluating and treating illnesses and chronic conditions.
Dr. Gupta believes that the continuity of care is the most vital aspect of health care, and prides her practice on caring for the "whole" patients, taking physical, social and emotional factors into account when developing a care plan.

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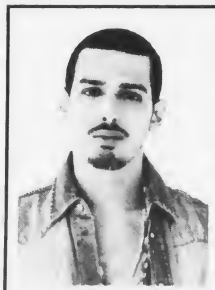
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Satruday At Presidents Place

Holiday Stroll Features Carollers, Santa, Gift Items

The 2006 Holiday Stroll sponsored by the Wollasaton Child Care Center, State Street and Lincoln Property Company will be held Saturday, Dec. 9 from 10 a.m. to 3 p.m. at The Atrium at Presidents Place, 1250 Hancock St., Quincy Center.

Local shops and businesses will be Offering gift items. There will also be free gift wrapping, a toy drive to benefit the Quincy Crisis Center, pictures with Santa Clause, strolling Victorian Carollers, and performances by Eastern Nazarene College and other local artists.

The National Park Service will also have viewings of the decorated Adams Mansion and there will be free trolley service to the Dorothy Quincy Homestead and the Quincy Historical Society.

Free trolley rides are scheduled at:

• Dorothy Quincy Homestead, which will be open from 10 a.m. to 2 p.m. to welcome holiday strollers. The house will be embellished with appropriate and festive holiday decorations to celebrate the revolutionary era of Dorothy Quincy Hancock.

Entertainment will include professional musicians offering traditional songs as well as period music played on the Homestead's remarkable eighteenth-century spinet. Warm wassail and sweets will be served.

• Adams Academy - built on the site of the birthplace of legendary patriot John Hancock. The Academy will host a visit from Father Christmas. There will be pictures with Santa Claus between 10 a.m. and noon and 1 to 3 p.m.

• The Adams House - 'The Old House" - which served as summer White House to both Adams presidents will be festively decorated. The house will also feature The Victorian Carollers.

The entertainment schedule at Presidents Place is:

• 10:15 a.m. - The Victorian Carollers.

• 11 .m. - Acoustic Christmas Songs with Mark Carey

• 12 noon - Selections from Nuncrackers The Nunsense Christmas Musical performed by Bay Colony Productions

• 1 p.m. - Squantum Community Youth Choir.

• 2 p.m. - Selections from Handels Messiah performed by the Eastern Nazarene College Choir

• 2:30p.m. - North Quincy High School Choir.

Free trolley rides will begin at the Visitor's Center. The trolley will take riders to the Adams Academy, Dorothy Quincy Homestead and the Mansion.

The visitor's center will host a toy drive to benefit the Quincy Crisis Center. The Quincy Crisis Center hopes to service 240 needy families this year. Help by bringing a newly unwrapped toy.

The holiday event will also feature:

• Free gift wrapping by The Altrusa Club

• Ornament decorating by The Quincy Art Association

• Salvation Army will be accepting donations.

The list of participating shops and restaurants:

Wollaston Child Care Center
Boston Financial Data Services
State Street Bank
Boy Scout Troop 20 (St Ann's Parish)
Boston Quincy Marriot
Realty Direct Boston
Nancy A Santry Photography
Flower Vase by Marilyn
Perfect Petzzz
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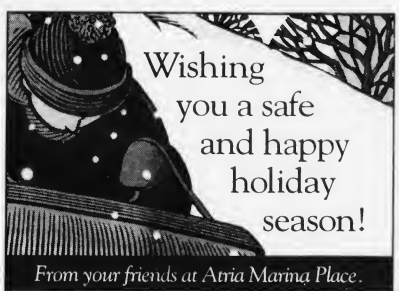

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SENATOR MICHAEL Morrissey presented a recognition on behalf of himself and the Senate as Bill Macdonald (middle) and Judith Paul, Beechwood's Board president look on.

BEECHWOOD COMMUNITY Life Center recently held a 25th anniversary of their conception in 1981 with a "We were there" breakfast celebration. Original members who attended the 1981 launch of Beechwood include from left Forrest Smith, Francis Smith, John Dobie, Ruth Dobie, Judith Paul, ,Beechwood's Board president, Francis Shields, Ginni Perito, Warren Kirkland and Bill Macdonald.

Life-Long Learning And Care For All Ages

Beechwood Center Celebrates 25 Years Of Community Service

Beechwood Community Life Center recently hosted a breakfast celebration in tribute to 25 years of community service.

Judy Paul, president of the center's Board of Directors, and widow of founder Dr. Cecil Paul, was the guest speaker. She shared memories about Beechwood's origin in 1981.

Beechwood was created with the closing of Beechwood Knolle Elementary School on Fenno Street. The property was deeded to the city by Grossman Family Foundation on the condition that it be used for educational and cultural enrichment.

With the guidance of former Mayor Arthur Tobin, a "visionary plan" for the property was created by Dr. Cecil Paul, of Eastern Nazarene School. He researched un-met needs of the community, especially of teachers who lost jobs with the closing of the school.

Former Mayor Frank McCauley, the City Council, School Department, Donald Strong, former assistant director of Regional Office on Aging, and later first full-time Quincy COA director, Janet Powell, former school councillor and current director of Quincy Public School's Student Support Services, helped identify community needs. They also helped to design programming and rally community support and volunteers.

Through volunteerism and donations, Beechwood became the city's Intergenerational Center, committed to "life long learning and care," for all age groups.

STATE REPRESENTATIVE Bruce Ayers (left) attended the Beechwood anniversary celebration with greetings on behalf of himself, and the House of Representatives. Next to him from left are Judith Paul, Beechwood's Board president, and Bill Macdonald.

First year Beechwood programs included preschooling, senior activities, musical theater guided by Quincy High School Principal Frank Santoro, music lessons, exercise, art classes and community meetings.

Today the center includes:

• An "Early Childhood Education Center," which is accredited by NAEYC, and recently expanded with an infant/toddler program, and the development of an outdoor classroom.

• A Senior Drop-In Center has also expanded with a wide-range of educational, social, and recreational offerings. One popular event, the annual "Senior Olympic Games," draws tourism among Massachusetts retirees. Mayor William Phelan and city departments provide support for the event.

• The Beechwood Music School provides evening music classes by trained instructors.

• The Aviation History Center holds meetings and events celebrating the four chapters of Quincy, New England and national aviation history. The next meeting is Tuesday, Dec. 12 at 6:30 p.m.

For more information on Beechwood events and programming call 617-471-5712.

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DUNKIN' DONUTS
Now and continuing through Thursday, December 21st Dunkin' Donuts will collect gifts for children of all ages at six of their shops located in Quincy. All donations will go towards boys and girls affiliated with the Germantown Neighborhood Center.
Dunkin' Donuts customers are invited to take an ornament from the shop's tree and return it with a new, unwrapped gift that is appropriate for a child of the age and gender that is specified on the back of the ornament.
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$400 Rebates For Seniors Still Hanging

By MIKAELA SLANEY

If $400 rebates do not make it to the hands of senior residents soon, it is not for lack of trying.

Mayor William Phelan's Neighborhood Stabilization Fund has been making trips back and forth between the City Council Chambers and the Mayor's office since it was proposed back in January of 2005.

The order is intended to make it possible to set excess money aside at the end of the year to provide financial assistance to seniors on a fixed income, 62 years of age and older, who have lived in their homes for 20 years or longer.

Once again the order was returned to the City Council Monday night without Phelan's signature. The Council amended the order removing the only designated funding source and sent it back to the mayor's office once again.

Assistant to the mayor David Murphy said that Phelan could not accept the legislation as it stood because an included funding source from Quincy College for the exclusive use of city-owned Saville Hall.

Murphy said these funds are already tied up in the Tax Classification, submitted earlier during the meeting. However, Murphy said that Phelan is still committed to establishing the Stabilization Fund. Murphy estimated that 21,000 seniors would be eligible to receive the rebates.

Councillor John Keenan once again showed strong opposition to the order, saying that it perpetuated a myth that seniors would be receiving money.

"Why are you getting people's hopes up?" he asked. "Why give them false hope? People who need the money won't get it. It's flawed, and what happened tonight shows how flawed it is.

"I don't think a funding source exists, and it's not fair to tell Phelan 'fund this.'"

Keenan also pointed out that landlords may increase rent because of resulting real estate taxes. The increased rent could come out of the pockets of the people the fund was intended to assist, he said.

Ward 1 Councillor Leo Kelly was optimistic. "Since it came from the mayor's office, I'm going to trust that the mayor has a source," he said.

New Pizza Parlor Opens At Presidents Place

A new pizza parlor will be open soon at Presidents Place, 1250 Hancock St.

It was formerly Lazerino's and will now be called Stash's Pizza, 1250 Hancock St.

The License Board at Tuesday's meeting granted a common victualer, and a first time beer and wine license to Steven Pappas, owner.

Dave Bressler will be the general manager.

Police Chief Robert Crowley said that beer and wine should only be served inside the shop. Bressler said he would make sure that no drinks will be in the Atrium, but kept inside.

Bressler, who is TIPS trained said he would always check ID's and said he would not serve anyone with a license outside of Massachusetts.

The hours of operation will be from 7 a.m. to 9 p.m. Monday through Friday, and from 7 a.m. to 2 p.m. Saturdays. They will be closed on Sundays.

The request now goes to the Alcohol Beverage Control Commission for approval.

SQUANTUM SCHOOL STUDENTS help to pack 420 pounds of food, collected as part of a community service learning project. Students brought in canned goods, and created skits, posters and bulletin boards to raise awareness for their cause. Students from left include Visal Min, Katie Burke, Thomas Largey and Kamila Clincewicz. Major Doug Jones is seated in the car, and Rachel Squires-Bloom, fifth grade teacher, looks on.

New Eatery Takes 'Kwincy' As Name

By MARIE D'OLIMPIO

A new eatery Kwincy's Bar & Grille will open soon on the site of Kelly's, 35-37 Cottage Ave.

The License Board at Tuesday's meeting granted a transfer of the common victualer, all alcoholic license from Jim & Dick's Restaurant doing business as Kelly's to Bob & Steve's Restaurant doing business as Kwincy's Bar & Grille.

Robert Boulas will be the manager and Steve Hanrahan, assistant manager.

The board also granted a pinball/juke box/ entertainment license. All licenses are pending inspections from the Building and Fire Departments.

Boulas told the board that his family has been involved in the food business for years. He said his family owned the Holiday Inn in Rockland where he worked in all aspects of the business including maintenance, working in the kitchen and bar.

He said he was formerly employed as an iron worker for 20 years until he hurt his back. Now he says he wants the restaurant to be "his new home," and said he would be there a minimum of 60 hours a week.

The hours will be from 7 a.m. go 1 a.m. seven days a week.

Although there will be no major renovations, Matthew Albanese, counsel for Boulas said new bathrooms will be installed, plus some cosmetic renovating.

Boulas said the menu will be an "American Menu" featuring homemade entrees cooked fresh and "home-like as delicious as possible"

He said there will be turkey and roast beef dinners, steak tips, seafood with a special each Wednesday including corned beef and cabbage.

Maralin Manning, executive director of the Quincy Business Association, said she was "very anxious" to have the restaurant re-open and added it's been a "long time quiet" and "time to liven the area up."

The request now goes to the Alcohol Beverage Control Commission for approval.

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25 Winners In 'Neat Neighbor' Contest

Mayor William Phelan announced the 25 winners in the city's "Neat Neighbor" contest.

The contest recognizes residents who take exceptional care of their property throughout the year, creating an aesthetically pleasing effect on their neighborhood overall.

"The condition of privately owned properties substantially impacts our city and as a city of neighborhoods, we are fortunate to have so many residents who go above and beyond in the care and maintenance of their property, to keep up an admirable appearance," said Phelan. "Their hard work and dedication creates a positive impact for the whole neighborhood to appreciate and strive to emulate."

This year's winners:

Gloria Kavell, 60 Baxter Ave.

The Soricelli Family, 208 Plymouth Ave.

Leonard Miceli, 9 Rice St.

Walter Rice, 282 Palmer St.

Mario Ferrazzi, 113 Brooks Ave.

Jo Costello, 50 Lincoln Ave.

Joan Barnes, 246 Newbury Ave.

John and Paula Vignoni, 1501 Furnace Brook Parkway.

Donna Brown, 120 Farrington St.

Mark and Susan Broderick, 44 Shirley St.

Mike and Kay Borek, 69 Grandview Ave.

Kevin Riley, 116 Glover Ave.

The Donnelly Family, 4 James St.

Donna and Roger Ames, 129 Marlboro St.

Paul and Diane Hesterberg, 43 Prospect St.

Al Grazioso, 205 Parke Ave.

Roy and Patricia Brenton, 35 Reardon St.

Jack Leary, 25 Deerfield St.

John Ricciuti, 31 Stony Brae Rd.

John Gilmore, 37 Colonial Drive.

The Whelan Family, 42 Norton Rd.

Michael Oliveri, 50 Fifth Ave.

Robert Benn, 46 High St.

Vincent and Ethel Delvecchio, 67 Faxon Park Rd.

John and Maryann Mahony, 18 Hummock Rd.

Each winner will receive a $25 gift certificate to a local garden center. The contest was conducted under the supervision of the Park Department. Anonymous nominations as well as those made by friends, family, and neighbors were accepted and department personnel visited each address to ensure they met the requirement set forth.

"As we focus on the quality of our neighbors, we want to recognize those who make our neighborhoods more attractive places to live. Each of these properties improves the neighborhood which they are in," Phelan said.

For more information regarding the Neat Neighbors contest, contact the Park Department at 617-376-1251.

Gutro To Speak At Beechwood Breakfast

City Council President Doug Gutro will be guest speaker at Beechwood On The Bay's Current Events Breakfast, Wednesday Dec. 13 at 9 a.m. announces Maryann Mahony, Beechwood's Senior Center Coordinator.

Gutro serves as vice chairman of the Wollaston Beach Task Force and the Quincy Beaches Coastal Commission. He also serves on the Public Works and Utilities Council Committee and is a member of the State Legislator's Special Committee on The Future of Boston Harbor Beaches..

Gutro will outline plans about the future of Wollaston Beach and potential development of Quincy's 27-mile coastline.

The breakfast is free and open to the public. For reservations, call 617=4a71-571112.

The Jan. 3 Current Events Breakfast will feature Mayor William Phelan and "The Year Ahead."

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FOOT NOTES
by Joel Chariton, D.P.M.
Diplomate, American Board of Podiatric Surgery
Diplomate, American Board of Podiatric Orthopedics

WINTER FOOT CARE

Cold winter weather presents conditions that can be unfriendly to the feet. Most of us confine our feet with woolly socks and heavy shoes and boots during the winter, which increases the risk of fungal infections. Fungal infections are more common in the winter because of the moisture created from wearing heavy socks and not allowing feet to breathe properly. Ingrown toenails may also occur if toenails are cut improperly and then press against the inside of shoes. To help prevent these and other foot problems, wash and dry feet thoroughly each day. Use a quality talcum foot powder to keep feet dry and fight infection. Change shows and socks daily, alternating shoes if possibly to air them out.

Since life can be complicated enough without having to contend with problems that can be corrected, professional advice from a podiatrist who has been specially trained to care for feet is your best defense. We're on your side no matter what seasonal woes are causing problems with your feet. From fungal infections and ingrown toenails to bunions and sports injuries, we can help at 999 North Main Street, in the MEDICAL OFFICE BUILDING. Office hours are by appointment – call 781-986-3668. Office hours also available at the Quincy Medical Center and Milton Medical Building. I am affiliated with the Brockton and Good Samaritan Hospitals.

HINT: The American Podiatric Medical Association estimates that 2.5 million Americans are treated for fungal infections each year.

QUINCY POLICE HOT SPOTS

QUINCY POLICE STATISTICS: Nov. 24 - Dec. 1
Total Calls for Service: **1,206**
Total Arrests: **38**
Total Stolen Cars: **2**

FRIDAY, NOV. 24

LARCENY, 9:30 a.m., 207 Winthrop St. Check/past.

LARCENY/MOTOR VEHICLE, 9:45 a.m., 274 Washington St. 1996 Dodge van, color white.

VANDALISM/PROPERTY, 11:26 a.m., 494 Willard St. To property. Inside the front door. No vandalism, all parties advised.

LARCENY, 5:38 p.m., Stop & Shop Supermarket, 65 Newport Ave. Purse.

VANDALISM/PROPERTY, 7:15 p.m., 68 Wendell Ave. To motor vehicle. Car keyed.

VANDALISM/PROPERTY, 8:40 p.m., 700 Sea St. Car window.

SATURDAY, NOV. 25

ASSAULT AND BATTERY, 1:23 a.m., Ross Way. On street. Units out at IHOP with possible armed su. Arrest made.

VANDALISM/PROPERTY, 1:54 p.m., 184 Washington St. Caller's windshield was hit with a bullet.

LARCENY, 2:53 p.m., St. John's School, 28 Phipps St. Wallet. Youths in the rear of lot, possible breaking and entering, motor vehicle.

VANDALISM/PROPERTY, 3:20 p.m., 324 Atlantic St. Rear of house.

LARCENY, 4:22 p.m., Sonoma Spa, 235 Atlantic St. Checks.

LARCENY, 4:32 p.m., Curry Hardware, 370 Copeland St. Wallet. Party left wallet on car hood and drove off.

LARCENY, 4:39 p.m., 31 Westford St. Quad.

LARCENY/MOTOR VEHICLE, 5:23 p.m., D'Angelo, 260 Hancock St. Arrest made. 2003 Toyota Corolla, color gray. Two black males with dark clothing, one white male with blue jeans and white t-shirt with writing on it. Vehicle has Lo-jack. Last seen headed on Elm towards Wollaston Center. Vehicle recovered at 46 Kemper St.

SUNDAY, NOV. 26

VANDALISM/PROPERTY, 6:33 p.m., 581 Quarry St. Lights. Someone pulled out lights from the ground.

MONDAY, NOV. 27

VANDALISM/PROPERTY, 6:39 a.m., Burger King, 62 Granite St. Window of vehicle smashed.

BREAKING AND ENTERING/PAT, Bert's Electic Supply, 69 Hancock St. Business. Fence cut sometime over weekend, spools of copper wire stolen.

BREAKING AND ENTERING/ATTEMPT, 9:11 a.m., Regal Beagle Liquors, 383 Hancock St. Super glue put into the locks.

VANDALISM/PROPERTY, 10:03 a.m., Tedeschi Food Shop, 650 Adams St. Side of building.

BREAKING AND ENTERING/PAST, 4:46 p.m., 19 Hayden St. Dwelling. Found back door open. Entry made, Bose CD player, 100 CDs, 20 DVDs, Panasonic DVD player, Nikon digital camera, jewelry and $50 cash known missing.

VANDALISM/PROPERTY, 6:08 p.m., 371 Hancock St. Tagging. Youths transported home. Youth caught tagging mailbox.

VANDALISM/PROPERTY, 6:13 p.m., 109 Sea Ave. To deck. Graffiti on the deck.

BREAKING AND ENTERING/PAST, 7:12 p.m., 39 McDonald St. Dwelling. Entry made by puncturing bedroom window screen. Toshiba laptop and computer bag known missing.

ARMED ROBBERY, 9:33 p.m., Standish Rd. Knives. Two males attempted to take her car. One had a large knife. Motor vehicle found on Essex St. unoccupied. Two white males, 20's, 6'2: 250 pounds, gray sweatshirt, black vest; 5'6" thin gray sweatshirt, both should have streak knifes and 1 set of keys. Arrest for armed robbery.

TUESDAY, NOV. 28

BREAKING AND ENTERING/PAST, 4:16 a.m., Wheelhouse Diner, 453 Hancock St. Business. Door broken and register broken.

BREAKING AND ENTERING/PAST, 12:41 p.m., 137 Centre St. Dwelling. Entry by mashing a kitchen window. Cash, credit cards, green cards, Social Security cards, and an XBox are known missing.

LARCENY, 2:05 p.m., Marshall's, 141 Newport Ave. Employee's phone was taken off a table in the breakroom. Incident occurred Nov. 26.

ASSAULT AND BATTER, 3:42 p.m., Thomas Crane Public Library, 40 Washington St. Past. Caller states he was jumped at the library. Units were on scene already and party was advised. Now wants to press charges.

LARCENY, 4:05 p.m., 48 Greene St. Package. Vonage phone package delivered on Nov. 20, never received by victim.

LARCENY, 4:57 p.m., Home Depot, 177 Willard St. Pocket book.

WEDNESDAY, NOV. 29

LARCENY, 7:57 a.m., American Fences Inc., 508 Washington St. Power tool. Table saw taken. Fence was cut by 500 Washington St. to gain entrance to yard.

INDECENT/ASSAULT AND BATTERY, , 9:02 a.m., Mass Rehab Commission, 275 Hancock St. Past. Caller states that she was assaulted walking into work. Tall Hispanic looking male approximately 6'2", med build, last seen wearing beige jacket and black pants.

BREAKING AND ENTERING/PAST, 2:46 p.m., 41 Mullin Ave. Dwelling. Jewelry box not in the same place caller left it. Someone flipped bed over. No sign of forced entry. Front door found locked. Nothing appears missing.

VANDALISM/PROPERTY, 3:17 p.m., 338 Granite St. air let out of front tire. Tires later reported as slashed.

VANDALISM/PROPERTY, 4:20 p.m., 51 Faxon Rd. Past.

LARCENY, 4:36 p.m., Quincy Community Action Center, 1509 Hancock St. Computer.

BREAKING AND ENTERING/PAST, 7:27 p.m., 41 Mullin Ave. Dwelling. Front door was forced open. 30-inch Samsung flat screen TV and a Toshiba laptop computer were also stolen. Firearm was entered into NCIC. Gun added to MV field.

VANDALISM/PROPERTY, 7:57 p.m., Highland Ave. Vehicle keyed on both sides from front to back and dent to passenger side door. Occurred Oct. 31.

BREAKING AND ENTERING/PAST, 8:54 a.m., 25 Mullin Ave. Dwelling. Door pried open and business checks were stolen. Rear door of apartment building also had pry marks on it.

THURSDAY, NOV. 30

BREAKING AND ENTERING/PROGRESS, 12:21 a.m., Comtronics Corp., 1230 Furnace Brook Parkway. Business. Front office motion. M. Tobin out with two parties at Copeland and Cross Sts. Arrest for breaking and entering night-time and breaking and entering motor vehicle night-time.

BREAKING AND ENTERING/ATTEMPT, 8:13 a.m., American Fences Inc., 508 Washington St. States they attempted to break in again last night.

BREAKING AND ENTERING/ATTEMPT, 11:26 a.m., 9 Hill St. Dwelling. Caller thinks someone tried to break into home last night. Rear door found damaged in an attempt to gain entry. Occurred between Nov. 29 and Nov. 30.

LARCENY/ATTEMPT, 2:20 p.m., 186 Norfolk St. Possible scam. Caller has four money orders that were left on a porch. A female called her to send them to someone else. Victim advertised for a roommate on Craig's List, got inquiry from person claiming to be in the United Kingdom, who then sent $3,800 worth on money orders. Rent is $775.

LARCENY, 5:09 p.m., North Quincy High School, 318 Hancock St. Phone.

BREAKING AND ENTERING/PAST, 7:26 p.m., 17 Binnacle Ln. Laptop stolen. Entry made via unlocked door.

LARCENY, 6:21 p.m., 820 Southern Artery. Satellite dish.

VANDALISM/PROPERTY, 6:45 p.m., 3 Penn's Hill Rd. To property. Oil poured on his property. It appears baby oil was poured on a wall, but tiles on that same wall were also broken.

BREAKING AND ENTERING/PROGRESS, 8:12 p.m., 39 Richie Rd. Dwelling. Arrest made. Both subjects were charged with breaking and entering in night-time intent to commit misdemeanor.

If you have information on the above crimes, or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764**. If you wish to report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. If you wish to make an appointment to view the **Registered Sex Offenders** book, call **Detective Cindy Walsh at 617-745-5751**.

If you wish to contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us--*Lt. Dan Minton.*

A Job Well Done

On Wednesday, Nov. 22, at approximately 6:45 p.m., Fallon Ambulance, along with Officers Dan Parisi and Paul Foley were dispatched to the Fox and Hounds Restaurant on a report of an assault that just took place. Upon arrival, Officer Parisi located the victim, who was also the caller, sitting on a curb of the parking lot. The victim was bleeding from the mouth, had a medium sized bump on his forehead with a small amount of blood, and appeared incoherent.

LT. DAN MINTON

Officer Parisi also noted a strong odor of alcohol was coming from the victim. The victim was able to relay what happened.

He said that he and two friends, who were also co-workers, had been drinking for a long period of time at the bar, then left to go to his truck. The victim did not want to drive because he was impaired, then decided that his friend (suspect #1) who had the keys and was about to drive, was also too intoxicated.

The victim said he took the keys out of the ignition and an argument ensued as he exited the truck and began to walk away. The victim said that he was about 10 feet way from the truck when the suspects attacked him from behind.

The victim stated he fell to the ground and took up a fetal position to protect himself, then was kicked in the head and side of his body by suspect #1. The victim added that suspect #2 punched him numerous times. After the attack, the suspects walked across Sea Street, then return to the victim and suspect #1 began punching him again, only to be stopped by suspect #2.

Officer Parisi informed communications that the suspects were not in the area, but gave out their descriptions. Officer William Plant took up a position near Granite and Whitwell Streets and observed two males matching the descriptions inside a taxicab. Once the cab was stopped, Officer Plant made positive identification of both occupants as the suspects.

Based on the information provided by Officer Parisi, Officer Plant arrested suspect #1, a 49-year-old Chelsea resident, under arrest for the felony charge of "assault and battery with a dangerous weapon to wit: shod foot." Suspect #2, a 29-year-old Pelham, N.H. resident, will be summoned to court on the charge of, "assault and battery."

According to Massachusetts' law, since the officers did not witness the misdemeanor, "assault and battery," no arrest can be made. However, criminal charges will be filed.

Suspect #1's boots were taken as evidence.

The victim was transported to Quincy Medical Center for treatment.

Nice work!

Winter and Holiday Travel Safety Tips

As the holiday season draws near, increased road traffic from coast to coast will make travel more difficult. Families will pack their vehicles full of carefully wrapped gifts, stuffed animals, Christmas cookies, board games, pillows, kids and pets.

By overloading the vehicle, often times drivers fail to leave space in their vehicle to ensure winter travel safety.

Driving carefully in the ice and snow is paramount, but it is also important to pack the proper gear to face the elements. Preparing for travel starts with awareness of the proposed weather conditions that will take place along your journey.

BE PREPARED for the upcoming season! It is a great gift you can give your family, friends, and yourself. It just may save your life. Before traveling, prepare your car for the winter conditions and remember the four rules of winter travel:

1. Stay with your car if stuck.

2. Keep windows open slightly when the engine is running to prevent being overcome by carbon monoxide.

3. Keep the muffler clear of snow so the exhaust will clear the fumes and keep the car running.

4. Carry a cell phone/ or a 911-only cell phone.

If there is a weather advisory warning motorists not to drive and others to stay home, take heed! Wait it out. Too often, people look out their window and decide that existing weather conditions are not that bad. This is usually not a good assessment of major roadway conditions, especially early in a storm.

Most people put considerable time in packing items for each trip, but little time supplying the car with equipment for the winter. Here is a checklist to winterize yourself when traveling by car in the winter.

- Blankets and warm clothes for each passenger
- Hat and gloves
- Tow rope in case you find yourself in a ditch
- Flashlight
- Ice Scraper and brush
- Jumper cables
- Non-perishable foods (nuts, energy bars, candy bars, etc.)
- Water for each passenger (leave room for expansion when freezing)
- Sand for traction
- Fully charged cell phone (car charger)
- First aid kit
- Mini shovel to dig your vehicle out
- Flares (about 50 yards away from vehicle to give advanced warning)

– By KRISTEN WILSON
UMASS Boston Intern for the Quincy Police Department

REAL ESTATE

By Samantha Mazzotta

Low-Stress Holidays

Q. I am so tired of putting up tons of lights and decorations all around my house each holiday season! But I feel like I have to do it to put my family in good spirits and to help the neighborhood look festive. By the time Christmas rolls around I'm exhausted from decorating, parties, cooking and baking and wrapping gifts, and then I have to take everything down. Do you have any tips for making the decorating process a little less painful each year? — *Had It in Little Rock*

A. I've got three tips for you that may help improve your holiday experience: scale back, organize and delegate.

First, why keep up with everyone else? If your yard doesn't have the most awesome holiday decorations in the neighborhood, it's really not that big of a deal. In fact, most of my neighbors say they prefer a neatly kept yard to a bunch of gaudy decorations. So this year, consider scaling back your decorating and keeping get-togethers casual. A simple wreath on the door or mailbox will do. If you must have lights and stringing them along the eaves is frustrating, check out some of the outdoor lighting options that have sprung up recently, such as pre-shaped patterns that stand in the yard, or mesh light webs that can be quickly slipped over hedges or topiaries.

Second, organizing tasks throughout the month will help immensely. Schedule times for decorating, wrapping, shopping and cooking. Place the items you will need in an area where they are easily accessed (such as grouping all ornaments and assorted tools in a large box in the garage). List anything that is missing or needs to be purchased so you can buy it all in one shopping trip.

Lastly, the holidays are a time to be together with family, so use them to the fullest! Assign many of the tasks you normally do yourself to others. This includes children, who love to help decorate, wrap gifts and ice cookies. And keep it fun. So what if a bow is crooked, a present is lumpy, or the lawn decorations aren't perfect? The little glitches are the things you'll remember fondly years down the road.

Send questions or home-repair tips to homegu-ru2000@hotmail.com, or write This Is a Hammer, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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NFPA Report Shows 73% Of Home Heating Fire Deaths Attributed To Space Heaters

Home Heating Remains Second Highest Cause Of Fire In The Home

As temperatures drop outdoors and people take steps to warm their homes, the National Fire Protection Association (NFPA) urges the public to be mindful of the risks associated with home heating which is second only to cooking when it comes to causes of home fires.

Along with the colder temperatures that accompany winter, there is an elevated risk of dying from fire during this season with December, January and February generally being the deadliest months for fires.

According to a newly released NFPA study, heating equipment was involved in an estimated 53,000 reported home structure fires in the United States in 2003. The study includes fires associated with chimneys and chimney connectors, space heaters, central heating, fireplaces, water heaters and heat tape. These fires accounted for 14% of all home fires and were responsible for an estimated 260 deaths, roughly 1,300 injuries and $500 million in direct property damage.

Although space heaters, excluding fireplaces and chimneys, were responsible for one-fourth (26%) of home heating fires in 2003, they were the most deadly, accounting for three-fourths (73%) of the fire deaths related to home heating. Space heaters also were responsible for three out of every five injuries (58%) in home heating fires in 2003 and half (51%) of the associated property damage.

According to the report, space heaters present a greater fire risk than central heating systems. Space heaters tend to be closer to household combustibles and the people occupying the home, and they tend to require a more direct role by occupants in fueling, maintenance, and operation.

Even so, any widely used heating device can be used safely, if the rules of safety are followed.

For more information or a copy of the report Home Heating Fire Patterns and Trends, visit NFPA's Web site http://www.nfpa.org.

NFPA suggests the following for safe heating:

• Maintain a 3 feet (or 1 meter) separation between things that can burn and heating equipment.

• When buying a new space heater, make sure it carries the mark of an independent testing laboratory and is legal for use in your community. (Some communities do not permit portable kerosene heaters, for example.)

• Install your stationary (fixed) space heater according to manufacturer's instructions or applicable codes or better yet, have it installed by a professional.

• Plug your electric-powered space heater into an outlet with sufficient capacity and never into an extension cord.

• Use the proper grade of the proper fuel for your liquid-fueled space heater, and never use gasoline in any heater not approved for gasoline use. Refuel only in a well-ventilated area and when the equipment is cool.

• In your fireplace or wood stove, use only dry, seasoned wood to avoid the build-up of creosote, an oily deposit that easily catches fire and accounts for most chimney fires and the largest share of home heating fires generally. Use only paper or kindling wood, not a flammable liquid, to start the fire. Do not use artificial logs in wood stoves.

• Make sure your fireplace has a sturdy screen to prevent sparks from flying into the room. Allow fireplace and woodstove ashes to cool before disposing in a metal container, which is kept a safe distance from your home.

• Turn off space heaters whenever the room they are in is unoccupied or under circumstances when manufacturer's instructions say they should be turned off. Portable space heaters are so easy to knock over in the dark that they should be turned off when you go to bed, but make sure your primary heating equipment for bedrooms is sufficient to avoid risks to residents from severe cold.

• Do not use your oven to heat your home.

• Make sure fuel-burning equipment is vented to the outside, that the venting is kept clear and unobstructed, and that the exit point is properly sealed around the vent, all of which is to make sure deadly carbon monoxide does not build up in the home.

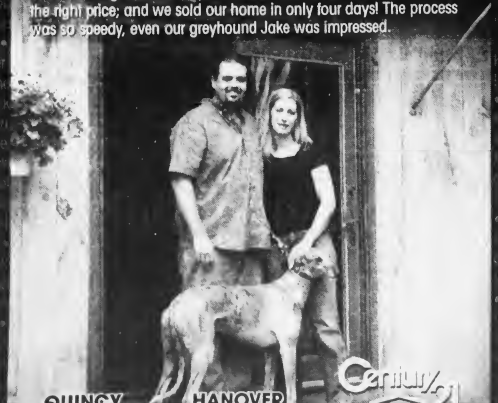
• Inspect all heating equipment annually, and clean as necessary.

• Test smoke alarms monthly; install a carbon monoxide alarm in a central location outside each sleeping area.

NFPA has been a worldwide leader in providing fire, electrical, building, and life safety to the public since 1896. Visit NFPA's Web site at http://www.nfpa.org.

On the Fast Track
by Jeff & Joanna

With only three weeks to sell our house, we were worried about meeting our deadline, but our Century 21 Annex Realty agent kept us in the running. With her expert market knowledge, she helped us set the right price; and we sold our home in only four days! The process was so speedy, even our greyhound Jake was impressed.



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Real Estate

For Third Quarter

Century 21 Annex Realty Names Top Sales Agents

Art Foley, Broker/Owner of Century 21 Annex Realty, Inc., with offices in Quincy and Hanover, announces the top-selling agents for the third quarter of 2006.

This award is based on the most sales an agent closes each month.

The following agents achieved winning sales figures for July through September:

Gus Confalone of Quincy (Quincy office) and Maureen Cuddahy of Norwell (Hanover office) were honored for their outstanding sales performance in July.

Ged Phelan of Hingham (Quincy office) and Yvonne Girard of Weymouth (Hanover office) were recognized for superior sales in August.

September: Mary Collins of Quincy (Quincy office) and Kathy Burke of Hanover (Hanover office) led their respective offices in sales transactions in September.

Phelan, Confalone and Dianne Demarkles of Quincy were the combined overall top producers for the third quarter for CENTURY 21 Annex Realty.

For more information about Century 21 Annex Realty, Inc., call the Quincy office at 617-472-4330 or toll-free 800-345-4614.

MEMBERS OF THE Jack Conway Co. Quincy office won " Best Commercial Float" in this year's Quincy Christmas Festival Parade with their theme: "Jack Conway Presents Rudolph and the Island of Misfit Toys, we find homes for everyone." Front row, left to right, are: Joyce Delgardo, Lynne Luster, Jennifer Kern, Karen Boisson. Back row (from left) Rose Kelley, Denis Lilla, Olivia King, Mary Brown, Diane Furness and Alex Miraldo.

Tips For Selling Or Renting You Home

(NAPS) - Whether the housing bubble is about to burst or boom, there are few inexpensive ways to help sell your existing home or improve your investment property. Try these tips:

Curb Appeal

Curb appeal refers to how good your house looks from the street. Home buyers and renters are notorious for quickly sizing up a place from the outside and making a decision based on that first impression. So take some time to make sure your home's exterior and the surrounding yard are up to par. Trim bushes, paint doorways and keep the grass mowed. It may seem simple, but it can make a big difference when you're courting buyers or tenants.

Kitchens and Baths

A quick coat of paint in the kitchen and bathroom can make a big difference in the eyes of buyers and renters. You may also want to consider upgrading certain appliances and adding what's called a fan replacement kit in the bath. Boran and NuTone make a Bath Fan Upgrade Kit that can improve the appearance and performance of noisy, economy fans. The kits require no rewiring and no new duct work to install, but they can completely change the feel of a bathroom in just 10 minutes.

Homeowners can upgrade an existing economy fan in four easy steps:

1. Remove old grille
2. Remove old fan assembly
3. Attach new fan and motor assembly to new motor plate.
4. Install new motor assembly and new grille.

Showing Off

Get your home or the apartment you are trying to rent ready to show. Be certain it's clean and try to remove as many personal items as possible. Realtors say that buyers and renters sometimes have trouble picturing themselves living in homes and apartments that already look lived in.

For more information, visit www.nutone.com or www.broan.com.

Jack Conway Co. Wins 'Best Commercial Float' In Christmas Parade

The Jack Conway & Co. Realtors Quincy office won "Best Commercial Float" in this year's annual Quincy Christmas Festival Parade.

This marks several years in a row that the office has taken top honors in the commercial float category.

The theme of the Jack Conway float this year was based on the television holiday classic " Rudolph the Red Nosed Reindeer," and featured the " Island of Misfit Toys" with the slogan " We Find Homes For Everyone."

"This is the highlight of our office activity each year," said manager Diane Furness." The entire office gets involved with the float and the costumes and it really puts everybody in the holiday spirit."

The Quincy Jack Conway office is very involved with the city. This year agents participated in the Quincy Medical Center Walk for Cancer, The August Moon Festival, and the South Quincy Italian Festival. In addition, the realtors held a Halloween poster-coloring contest and pumpkin-decorating contest. " This is a great city and were thrilled to be a part of it," said Furness.

Jack Conway & Co. Realtors is celebrating its 50th Anniversary as the largest independently owned real estate company in Massachusetts. There are 45 offices from Boston to Cape Cod and the firm runs its own mortgage company, Conway Financial Services.

Check Your Home For Energy Leaks

(NAPS)-If you're a home owner, you're probably concerned with your energy bills. You may not be aware, however, of some simple changes you can make in your home to lower your bills without sacrificing comfort.

Many American homes waste fuel and electricity, It's not a question of setting the thermostat or leaving the lights on- although you can keep your power costs down by leaving the thermostat at 68 degrees and turning off lights in empty rooms- but a question of checking to make sure your home is energy efficient.

It's easy to conduct a home energy audit to determine how much energy your home consumes and how you can make operating your home less costly. With a simple but diligent walk-through, you can spot many energy-related problems in any type of house.

The first thing to look for is air leaks. You can save as much as 30 percent on annual energy costs by reducing drafts, while making your house more comfortable. Look for gaps around pipes and wires, electrical outlets, foundation seals and mail slots. Also, be sure loose siding is repaired and caulking and weather stripping around windows are applied properly and are in good condition.

Once you've stopped drafts, it's time to look at the walls and ceilings. Heat loss through under-insulated exterior walls can be substantial. Even if there was adequate insulation when your house was built, rising energy prices make it a good idea to increase the amount just in case.

One way to increase the R-value of exterior walls is to have fiber glass insulation blown in from the exterior of your house.

Because insulation is out of sight, it is often out of mind. So it's also hard to know which insulation will perform best for your house. Seek recommendations from your insulation contractor or local retailer. A good place to start is fiber glass insulation. Fiber glass insulation is a proven material that offers high thermal and acoustical performance.

Some of the more technologically advanced insulation products offer the added value of moisture management, a hot issue in homeowners' plight against mold growth.

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Spotlight On Health & Fitness

FROM START TO FITNESS

by Andrea Wyatt M.S.S., C.S.C.S.

Rotator Cuff Injury Sidelines Golfer

Q. My husband recently injured his rotator cuff and has had to stay away from playing golf. How can he condition his rotator cuff muscles to prevent this from happening again once he is injury-free?

A. The rotator cuff is a group of four muscles and their tendons that are responsible for connecting the upper arm and shoulder blade. This group of muscles also helps to lift your arm up over your head and also rotate it toward and away from your body.

Rotator cuff injuries can vary from tendonitis and bursitis to tears. Each causes different degrees of limitations and discomfort. The causes can be from normal wear and tear, a sudden fall where you use your arms to break your fall, heavy lifting, poor posture or repeated stress upon the shoulder joint, such as when playing golf.

Repetitive stress on the shoulder joint results in many of the rotator cuff injuries that golfers experience. Although golfers may find these injuries to be very common among golfers, they can take steps to lower the risk. Here are some tips to help your husband stay injury-free.

• Stay fit. Keeping your whole body strong, functional and flexible will prepare you for the demands that golf places on the body while playing or practicing. The stronger and more stable the muscles and joints of your shoulder, back, arms, hips and legs, the better control you'll have. These are prime areas for overuse injuries.

• Warm Up! Golfers often overlook the importance of warming up. Take a few minutes to elevate your heart rate. This will loosen up your muscles and joints. A light jog will do. Complete a stretching routine that loosens the muscles from your neck, shoulders, back, forearms, wrists, lower back, legs and calf. Take 20 to 30 seconds for each stretch, and repeat two or three times. This may take some time to complete, but it will take much longer to recover from an injury.

• Develop proper swing mechanics. Take lessons if needed. Poor mechanics over time can also lead to rotator cuff injuries.

• Listen to your body. When your body is tired or weak, take that as a warning to get some rest. Lack of rest or fatigue makes you more susceptible to injuries, so heed your body's warning.

Always consult a physician before beginning an exercise program. Andrea Renee Wyatt, M.S.S., C.S.C.S., is a certified personal trainer with an extensive background in strength and conditioning as well as therapeutic recreation. If you have a fitness or training question, e-mail Andrea at letters.kfws@hearstsc.com or write her in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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DENTISTRY for the 21st Century

by Steven A. Brustin, D.M.D.

DRIVEN TO ABFRACTION

If you notice a crevice at the base of your tooth (at gum level,) you may have a condition known as "dental abfraction." The teeth that are most likely to display dental abfractions are the bicuspid teeth (particularly the upper bicuspids), cuspids, and molars. What causes these notches in the tooth enamel? It is largely a matter of bruxism, or tooth grinding. You might imagine that the teeth would wear from grinding at the tops of the crown, where they contact each other. While this is so, a tooth is also vulnerable to grinding forces at its base, where it flexes. As the area at the base of the tooth flexes, minerals dissolve and leave a notch.

If you suspect that you suffer from bruxism see your dentist. It is now well known that stress and anxiety can also play a major role in causing bruxism. This column has been brought to in the interest of better dental health. Most dental insurance policies allow two cleanings per year. Have you had yours? Take advantage and call us at 617-479-6220 for an appointment. Have you been putting off seeing a dentist? We're located at 44 Greenleaf Street, where we're currently accepting new patients. We provide cosmetic, functional, and preventive dental care for all ages. You can rely on us to answer all your questions about dental treatments and procedures. We offer the services of anesthesiology with a fully trained and qualified anesthesiologist. Visit us on the web at www.quincydentist.com.

P.S. Before dental abfractions are filled in with composite resins, the underlying cause must be addressed with nightly use of a mouthguard.

A Message From The United States Surgeon General:

Don't Excuse The Flu

"It's just the flu."

"I just don't have time to go get vaccinated."

"I've never gotten the flu before."

"It's too late in the season anyway."

As the United States Surgeon General, I've heard all the excuses before. We all know the reasons why someone might not get a flu vaccine. Perhaps you don't know all the reasons why you should—or how to convince the people you care about that they should, too.

Many people don't realize that influenza (the flu) is a serious disease. Every year, flu kills an average of 36,000 people in the U.S., and puts over 200,000 individuals in the hospital with flu complications. This is a terrible loss of lives, a huge cost for hospitalizations, an enormous amount of missed time away from work and activities, and a genuine burden for families across the country.

Flu vaccine is the single best way to prevent the flu. Not only does the flu vaccine help protect you, but if you are vaccinated you can protect those who are vulnerable—including the elderly and young children, who are most likely to have serious complications from the flu.

This year, we are fortunate enough to have the highest supply of flu vaccine ever, although we recognize that many providers didn't receive their full orders of vaccine as early in the vaccination season as they would have liked. Fortunately, vaccine is continuing to be distributed during November and December. The time to get your flu vaccine extends well into the winter, since flu season typically peaks early in February or later.

For any individual who wishes to avoid getting the flu—or to keep from spreading flu to others—I urge you to call your doctor or local flu clinic to make an appointment for vaccination or use this online resource to find a provider close by: <HYPERLINK http://www.cdc.gov/flu/protect/keyfacts.htm http://www.cdc.gov/flu/protect/keyfacts.htm HYPERLINK "http://flucliniclocator.org" >).

For more information, you can also visit the Centers for Disease Control and Prevention (CDC) website at HYPERLINK "http://www.cdc.gov/flu" www.cdc.gov/flu .

Get your flu vaccine now, and help make this a healthy holiday season for yourself and those you care about. No excuses.

If you have not been able to find flu vaccine, visit The American Lung Association is sponsoring a flu shot locator at http://www.flucliniclocator.org.

(Rear Admiral Kenneth P. Moritsugu, M.D., is the acting U.S. Surgeon General.)

Endodontists Demystify The Feared Root Canal – One Tooth At A Time

(NAPS) - When Ms. Barb Guerra went to her dentist with a tooth pain, the simple words "root canal" filled her with dread. But after having the painless procedure performed, she realized her worry was for naught.

"I was pleasantly surprised when I had a root canal," Guerra said. "I really didn't experience any discomfort at all."

The Fear

Misplaced fears like Guerra's aren't uncommon. In a new consumer survey by the American Association of Endodontists (AAE), nearly half (48.5 percent) of survey respondents said they perceived root canal treatment as "excruciatingly painful," and ranked the treatment just below a spinal tap in terms of discomfort.

The Reality

But these perceptions don't reflect the realities of modern treatment, something that patients are realizing firsthand.

In fact, a separate AAE study showed that patients who have experienced root canal treatment are six times more likely to describe it as "painless" than those who haven't had the treatment.

The expertise of endodontists, the dentists who specialize in root canal treatment, combined with anesthesia and advance technologies, has made root canal treatment a procedure that can be as routine as having a cavity filled.

The treatment usually lasts a half hour and has a 95 percent success rate in saving abscessed or infected teeth.

The Better Choice

When patients are told the interior of their tooth is badly infected and requires treatment, they have three choice: extraction of the tooth with no replacement, extraction and replacement with and implant, or root canal treatment.

Patients who extract the tooth and do not replace it can have a difficult time chewing, have an increased risk of gum disease and their teeth may shift. Extraction with implant replacement involves having a prosthetic tooth screwed into the jaw.

Root canal treatment is the only option that preserves the natural tooth. "It's always best to save the natural tooth," says AAE President John S. Olmsted, D.D.S., M.S. "Nothing looks , feels or functions like them,"

Despite these facts, the myths surrounding root canal treatment continue- and extend beyond concerns about pain. Many people believe that root canal treatment is expensive compared to other options, when it actually costs hundreds and hundreds of dollars less than getting an implant.

Root canals generally require one visit for the treatment plus another for placing a crown on the tooth, whereas placing an implant typically requires multiple surgeries.

Life After Root Canal Treatment

Root canal treatment removes the damaged pulp, or soft inner tissue containing nerves and blood vessels, from the tooth, and then the endodontist cleans, fills and seals the canals. The tooth is then restored with a permanent filling or other restoration, allowing it to once again function normally, often for a lifetime.

"I had terrible pain- before I had root canal treatment," said Guerra. "Now my tooth is pain-free."

Guerra is just one of the 17 million people each year to have a natural tooth saved by root canal treatment- and to realize that the myths about root canal treatment just aren't true.

For more information visit www.rootcanalspecialists.org.

Staying Safe In Cold Weather

(NAPS) - You can experience cold-weather emergencies such as frostbite or hypothermia even if the air temperature isn't below freezing. That's why it's so important to know a few cold-weather safety tips.

What To Watch For

The American Red Cross suggests people learn to recognize the signs of hypothermia and frostbite. Hypothermia symptoms include confusion, dizziness, exhaustion and severe shivering. Frostbite warning signs include: gray, white or yellow skin discoloration, numbness and waxy-feeling skin. If you or someone else has any of these symptoms, seek medical attention immediately.

What To Wear

You are only as warm as your coldest body part. Some of the best outerwear for cold weather has GORE-TEX fabric at the core. This waterproof but breathable layer provides a barrier with billions of microscopic pores that are impenetrable by water but still allow perspiration vapor to escape. When dressing for outdoor recreation, a range of products made with the material can provide an optimized system designed to work together and keep you comfortable and protected.

Cold Weather Travel

Allow extra time when traveling in cold weather and check weather forecasts before leaving your house. When you're on the road, monitor weather conditions carefully and adhere to travel advisories. It's also important to keep a winter storm survival kit in your vehicle. The kit should include blankets, food, flares, chains, gloves and first-aid supplies.

Fore more information and tips, visit gore-tex.com.

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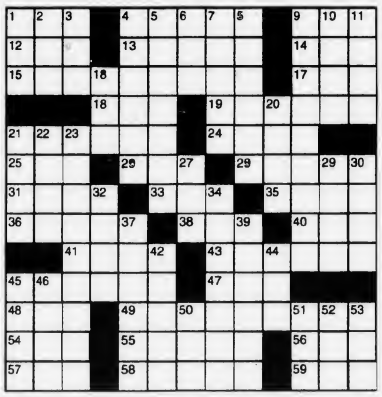
1 Recede
4 Icy pinnacle
9 Young gent
12 Storm center
13 "The Devil Wears -"
14 Nevada town
15 "Top Ten List" reader
17 Pirouette pivot
18 From here, to Scots
19 Goldie Hawn, to Kate Hudson
21 Whale variety
24 This twice follows "Que"
25 Raw rock
26 Pesticide letters
28 Lint collector
31 Catcher's aid
33 Madam's counterpart
35 "Zounds!"
36 Iranian faith
38 Energy
40 - -de-France
41 Additionally
43 Association football
45 Hit hard
47 - -la-la
48 Japanese sash
49 Everly Brothers hit
54 Chic no more
55 Took the wheel
56 Uncultured
57 Pigpen
58 Avid
59 Sailor's assent

DOWN
1 Conger or moray
2 "See ya!"
3 Wager
4 Gushed forth
5 Quick, purposeful trips
6 Aries
7 Second president
8 Lake boats
9 Sluggish
10 Lotion additive
11 Color worker
16 Phonograph inventor's monogram
20 Sycamore, for one
21 Long pass, in football
22 Met melody
23 Deadliness
27 Gratuity
29 Big wind
30 German river
32 Of great height
34 Fidgety
37 Wagner's "Tristan und -"
39 "Night and Day" composer
42 Phantom's bailiwick
44 Taxi
45 Courts
46 Touch
50 Dress (up)
51 Historic time
52 Has permission
53 Female sheep



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HOCUS-FOCUS

BY HENRY BOLTINOFF

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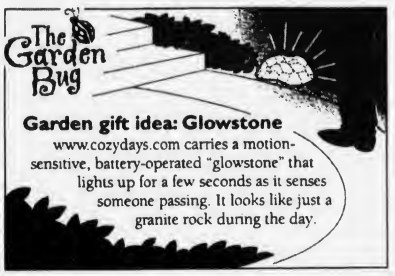
FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

Differences: 1. Mustache is added. 2. Glasses are removed. 3. Boots are different. 4. Pocket is added. 5. Pants are different. 6. Button is missing.

The Garden Bug



Garden gift idea: Glowstone

www.cozydays.com carries a motion-sensitive, battery-operated "glowstone" that lights up for a few seconds as it senses someone passing. It looks like just a granite rock during the day.

MAGIC MAZE ● MURDER ON THE ORIENT EXPRESS

M B Y W I U I S T A N B U L R
A P N K 2 I D G D B Z X S V S
G Q O M S N O W B O U N D T R
A K I G U E C A Y C O W U O ?
T S Q O S P N L H I J H T R E
H F W E P C A R T Y C C X I C
A 2 V U E S I U Q P U N N O I
1 M K J C S L O N D O N I P T
9 H F E T O C G N I B B A T S
3 B Z I S G N O R T S M R A U
3 Y E 2 X V C U T R Q P T O J

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

12 suspects
12 wounds
1933
2 solutions
Armstrongs
Bouc
Christie
Conductor
Istanbul
Justice?
London
Poirot
Snowbound
Stabbing
Train

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Trivia test by Fifi Rodriguez

1. FAMOUS QUOTES: Who said, "No act of kindness, no matter how small, is ever wasted."
2. LANGUAGE: What is the meaning of the French expression "belles-lettres"?
3. SCIENCE: What is tropism?
4. ENTERTAINERS: Who is known as "The Divine Miss M"?
5. MATH: What is the numerical value of a myriad?
6. SPACE: What were the names of the first spacecraft to land on Mars?
7. U.S. STATES: Which state's nickname is "Evergreen State"?
8. COMPUTERS: What is does the acronym ROM stand for?
9. INVENTION: Who invented the artificial heart?
10. GAMES: How many squares are on a chessboard?

Answers

1. Aesop
2. Literature
3. An involuntary response to light, gravity, etc.
4. Bette Midler
5. 10,000
6. Viking 1 and 2
7. Washington
8. Read-only memory
9. Robert Jarvik
10. 64 alternating black and white squares

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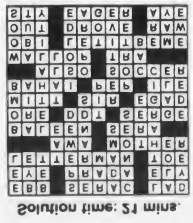
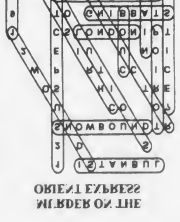
King Crossword — Answers



Solution time: 27 mins.

Magic maze — Answers



MURDER ON THE ORIENT EXPRESS

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IBM Selectrics Reconditioned
Starting at $229.00 and up while they last!
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Salome's Stars

ARIES (March 21 to April 19) Your curiosity might not be appreciated by everyone. Expect some resistance in getting answers to your questions. But stay with it. You need facts in order to make important decisions.

TAURUS (April 20 to May 20) Some of the mystery surrounding your recent fiscal situation will soon be dispelled with a clear explanation. Use this new knowledge to help you chart a fresh financial course.

GEMINI (May 21 to June 20) Start your Christmas and Hanukkah gift-buying now. This will help avoid problems caused by possible mid-December delays. A family member has important information.

CANCER (June 21 to July 22) Use a little more sense in how you plan to spend your end-of-the-year holiday dollars. Meanwhile, you continue to gain support for your stand on a workplace issue.

LEO (July 23 to August 22) Wearing that big, loving Lion's heart of yours on your sleeve leaves it unprotected. Let things develop a little more before you allow your emotions to spill over.

VIRGO (Aug. 23 to September 22) You might feel you're not ready to patch up an unraveled relationship. But the longer you wait, the more difficult it will be for all parties to take the first healing step.

LIBRA (September 23 to October 22) Your end-of-the-year holiday plans could be disrupted by something out of your control, but stay the course. Ultimately, things will settle back into a normal pace.

SCORPIO (October 23 to November 21) Your honest approach to a workplace project earns you both respect and credit from those in charge. Meanwhile, that personal problem still needs to be dealt with.

SAGITTARIUS (November 22 to December 21) Money could be a little tight this month. This means the usually bargain-oblivious Sagittarian should look for ways to save on end-of-the-year holidays.

CAPRICORN (December 22 to January 19) Examine the facts, and you might find that it's a wiser move to shift gears and redirect some of your goals before the end of the year. Someone close to you offers good advice.

AQUARIUS (January 20 to February 18) Be careful that your generosity is not abused. Find out more, both about the special favors you might be asked to grant and who is asking for them.

PISCES (February 19 to March 20) You've come through a recent rough time in great shape. Congratulations. Now go out and enjoy your well-earned rewards. More good news comes in mid-December.

BORN THIS WEEK: You aim for truth, and you usually find it. Your honesty earns you the friendship and respect of others.

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Wishing Well®

6	7	6	7	2	4	2	8	5	3	5	7	4
T	S	E	W	Y	P	O	E	C	A	O	E	S
3	7	4	6	8	5	6	5	2	3	2	4	3
C	E	Y	A	X	N	C	S	U	T	R	C	O
4	3	6	4	5	6	5	4	5	6	4	2	5
H	N	H	I	I	S	D	C	E	U	E	L	R
8	5	3	2	8	3	6	7	6	8	6	8	2
P	A	I	U	E	D	C	T	C	C	E	T	C
5	8	7	6	2	4	5	2	4	2	8	2	8
C	C	V	S	K	X	H	Y	P	D	H	A	A
7	5	7	5	6	4	5	3	5	4	2	3	4
I	A	C	N	S	E	G	E	E	R	Y	A	I
7	8	3	7	4	7	8	4	8	7	8	4	4
T	N	S	O	E	R	G	N	E	Y	S	C	E

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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QUINCY HIGH SCHOOL Football Hall of Fame inductees. Seated from the left: Brian P. Norris (1989) and James Kelley ('55). Standing from the left: Ron Ivil, Hall of Fame president; William A. Reardon ('91), Lawrence "Larry" Christian ('44) and Paul Picarski, Hall of Fame treasurer. Bill Dunn, Jr. and James "Buddy" Page were inducted posthumously.

NORTH QUINCY HIGH SCHOOL Football Hall of Fame inductees. Seated from the left: Mark Kelleher (1992), Richie Lawler ('67) and Kevin MacDougall ('90). Standing from the left: Jamie Walsh, Hall of Fame vice-president; Burton Bray ('73), David Pacino ('94) and Joe Minukas, Hall of Fame secretary. John Pettinelli was inducted posthumously.

QUINCY HIGH SCHOOL Special Award recipients, from left to right: George Mallett (left) and Frank Brillo (right) with Ron Ivil. *Quincy Sun Photos/Robert Noble*

Quincy, North Football Hall Of Fame Induction Ceremony

NORTH QUINCY HIGH SCHOOL Special Award recipients, seated from the left: Peter Chrisom, Sr. and Sean Glennon. Standing: Jamie Walsh.

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NOW ACCEPTING REGISTRATIONS
ages 2 yrs - adults
Ask about our New Preschool Program
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TWO 50/50 GAMES
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SHOTGUN
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COFFEE, TEA & SNACK
BUS AVAILABLE AT SENIOR
HOUSING IN QUINCY

Harrison Pitts On Seadogs Squad

Harrison Pitts, a Quincy resident and a third grader at Merrymount Elementary School, has recently been named as an early selection to the 2007 South Shore Baseball Club *Seadogs* 10-and-Under AAU Team Baseball Program as announced by the South Shore Baseball Club in Hingham. As a member of the *Seadogs*, Harrison will compete against other AAU (Amateur Athletic Union) organizations in Massachusetts for the right to appear in the AAU Baseball State Championships to be held this coming July.

HARRISON PITTS

"Harrison is an enthusiastic player who will be a great asset to this team," said Frank Niles, President of the South Shore Baseball Club.

Growing in popularity, AAU Team Baseball gives players, coaches and families the opportunity to travel and compete in a national tournament.

"Competing in the Championships is a thrill of a lifetime," Niles said.

The South Shore Baseball Club will field teams in eight age groups in 2007 from the 10-and-Under to the 16-and-Under Divisions. Each member of the program is responsible for fund-raising approximately $1,500 to participate. If you would like to sponsor Harrison, please send your donation to Harrison Pitts, 25 Narragansett Rd., Quincy, MA 02169, or call the South Shore Baseball Club in Hingham at 781-740-4382.

Sports QUIZ

by Chris Richcreek

1. Name the oldest first-time winner of a Gold Glove award who was not a pitcher.
2. Against which team did Hank Aaron hit the home run that tied Babe Ruth's record of 714?
3. Who was the last rookie before Tampa Bay's Cadillac Williams in 2005 to start his career with back-to-back 100-yard games?
4. Name the three Atlantic 10 men's basketball teams to reach the NCAA Tournament Sweet 16 since 2000.
5. What team holds the NHL record for most consecutive playoff victories?
6. Who was the only driver to win NASCAR's Pepsi 400 (formerly the Firecracker 400) three consecutive years?
7. Who played in the first all-U.S. women's tennis final at Wimbledon?

Answers

1. Wade Boggs was 36 when he won his first Gold Glove in 1994.
2. Aaron hit No. 714 against Cincinnati in 1974.
3. The Indianapolis Colts' Edgerrin James in 1999.
4. Temple in 2001, and Xavier and St. Joseph's in 2004.
5. The Pittsburgh Penguins ran off 14 consecutive victories between the 1992 and 1993 playoffs.
6. David Pearson in 1972-74.
7. Billy Jean King beat Chris Evert in straight sets in 1973.

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Winter Sports Season On Tap For Quincy, North

SPORTS

By SEAN BRENNAN

With the unseasonably warm weather of November behind us, and the first snow fall of the year upon us, it can mean only one thing; the high school winter sports season is about to begin.

The Quincy Presidents and the North Quincy Red Raiders' winter sports teams will kick-off their winter seasons beginning next week. Previews for all the teams can be seen in upcoming issues of The Quincy Sun, but until then, here is a list of the early season matchups for all the winter sports teams:

The Quincy boys basketball team will open the 2006-7 season on the road Dec. 19 at Silver Lake Regional High School in Kingston, followed by a road tilt against Nauset High School on Dec. 22. The Presidents will not play their first home game until Dec. 27 when they host Silver Lake.

The Quincy girls basketball team opens their season on the road against Norwell High School on Dec. 13. Their first home game is Dec. 15 versus Hanover High School.

The Quincy boys ice hockey team plays their first game on the road against Plymouth South H.S. on Dec. 13, and hosts Rockland H.S. at the Quincy Youth Arena in their first home game on Dec. 20.

The Quincy varsity wrestling team opens the season with an away match against Whitman-Hanson H.S. on Dec. 12. The team opens its home slate with a match versus Mansfield H.S. on Dec. 16.

The North Quincy boys basketball team hosts Blue Hills Regional High School on Dec. 13 in their season opener. The Red Raiders travel to Whitman-Hanson H.S. on Dec. 19 to play their first road game of the season.

The North Quincy girls basketball team plays on the road to begin the season. The Red Raiders open with a road games against Brockton H.S. on Dec. 11 and Malden H.S. on Dec. 13, before playing host to Plymouth South H.S. on Dec. 15.

The North Quincy boys hockey team opens its season with a home game against Falmouth H.S. on Dec. 16 at the Quincy Youth Arena. The Red Raiders play Whitman-Hanson H.S. on the road on Dec. 20.

The North Quincy varsity wrestling team hits the mats with two straight away contests to begin the season. The Red Raiders face-off in the King Philip Tournament on Dec. 9 and travel to Marshfield H.S. on Dec. 13. The team hosts a Tri-Match at home on Dec. 16.

The combined Quincy/North Quincy girls hockey team opens their season at home (Shea Rink) on Dec. 9 against Latin Academy. The team then hosts Medfield H.S. on Dec. 13 at the Quincy Youth Arena.

JACQUELINE CARROLL, a first grader at St. Ann's School and the daughter of Tom and Maureen Carroll of Viden Rd., served as ball girl at a recent Boston College Lady Eagles basketball game.

Dick Laracy On Red Sox Senior Baseball Team

Dick Laracy, a retired city of Quincy Police Detective sergeant, is a catcher on the New England Red Sox Senior Baseball Team who recently competed in the Roy Hobbs Wooden Bat Baseball World Series at the Red Sox spring training field in Fort Myers, Florida.

Laracy, formerly was a coach on several different organizational levels of baseball in the city of Quincy. He was involved in Babe Ruth, Legion, the Quincy Police Boys Club and Little League.

Laracy, 74, was named the MVP of the 1997 Red Sox Fantasy camp when he batted .500. He was also bestowed with the 2006 Lifetime Achievement Award for catching while playing in a legends game in Cooperstown, NY.

DICK LARACY (right), who recently participated on the New England Red Sox Senior Baseball team, is pictured here with teammate and former Red Sox great, Bill "Spaceman" Lee.

Lessons Starts Jan. 2 At Blue Hills Skill Area

Ski, Snowboard Instruction Registration Starts Today

Recreation Director Barry J. Welch announces registration will begin today (Thursday) at 9 a.m. for a program of ski instruction and snowboard lessons to be conducted at the Blue Hills Ski Area.

The program is open to Quincy youngsters age 8 through high school and features a 90 minute lesson for beginners to advanced, free use of the ski tow and transportation to and from the ski area.

The staff of the Recreation Department supervises the transportation and the lesson instruction is provided by certified instructors of the Blue Hill Ski school.

The program will be conducted on Tuesdays, beginning Jan. 2, and will continue for five weekly lessons. Cost is $190 and is payable at the time of registration.

The ski area can provide rental equipment at an additional cost. Arrangements for rental equipment will be done by the Recreation Department at the time of registration. Participants will leave from the office of Quincy Recreation, One Merrymount Parkway at 3:15 p.m. and returns at 6:30 p.m.

Blue Hills Ski Area is under management of Ragged Mountain Ski Area. The ski participants will also receive a one-day pass for Ragged Mountain. The link with the Danbury, New Hampshire area is bringing additional snowmaking, new rental equipment and a new ski rental facility and grooming equipment. The always popular program should be even better with the Division of Recreation and Conservation committed to making the unique facility into a first class ski center for the metropolitan area.

The registration will continue at the Quincy Recreation Department, One Merrymount Parkway, Quincy, as long as openings exist. There is limited enrollment available for this activity.

For more information, call the Quincy Recreation Department at 617-376-1394.

Save Gas and Money
Shop Locally

Lady Presidents Travel Basketball Starts

The Lady Presidents Travel Basketball teams (grades 5-8) got off to a great start this past weekend with all four grade levels protecting their home court and securing season opening wins over the visiting teams from Scituate.

Coaches Peter Papile and Rob Cerasoli's fifth grade team defeated Scituate 29-10. Leading the way for the Lady Presidents were Julie Bloomer, Taylor Parry, Dominique Lucier, Alysa Lydon and Rachel Papile.

The sixth grade team, coached by Mike Toldness, started the 2006-7 season with a convincing 22-13 victory over Scituate. Abigail Yotts and Devin McMahon led the offensive charge while Liz Kelley, Callie Cabral, Sam McArdle and Caitlin Bulger played well defensively.

The seventh grade team, using a relentless full-court, man to man defense took a commanding 17 point lead into halftime and never looked back. Coach Parry and Coach Bloomer attributed the win to the team's unselfish play as 10 of their 15 players score in the 41-21 win. The starting five of Kylie McDonald, Nicole Lamie, Nicole Parry, Emily Nguyen and Katie Lowry played great.

Coach Chrissy Niosi and Coach Tony Chiocchio's eighth grade team overcame a four point halftime deficit to earn their first victory of the year. The team was led by Kori Sorensen (20 points), Shelby Oliver (12 pts, 10 rebounds), Christina Cahill (5 steals) and Kaleigh McKeon (7 rebounds).

Next week the teams travel to Rockland to begin a three game road trip before returning home on Jan. 13.

Central Middle School Pizza Fundraiser Dec. 13

A fundraiser for Central Middle School will be held Wednesday, Dec. 13 from 4 to 9 p.m. at Papa Gino's Restaurant, 1 Beale St., Wollaston.

The school will earn 20 percent of the sales, which will be used for PTO sponsored programs.

Participants must bring a copy of a fundraiser flier and present it to the cashier when ordering either dine-in or take-out.

Fliers are available at the school office.

QUINCY SUN NEWSCARRIERS WANTED

Here's a chance to earn extra money by building a Quincy Sun home delivery route.

Telephone 617-471-3100

You Auto Know

by Bill Starkie and Kevin McGroarty

FLUID SITUATIONS

If you see collections of fluid beneath your vehicle, place a clean newspaper under your car and leave it for the night. In the morning, carefully pull the newspaper from beneath the car, and note the location, color, and amount of each leak. The most common leak consists of a brown/blackish fluid of medium consistency. This is most likely to be an engine-oil leak, which may not be serious but should be investigated. A reddish, light-brown, or black fluid that is closer to the middle of the car is likely to be transmission fluid. Reddish or light brown fluid of thinner consistency may be power-steering fluid. Note each location carefully to help the technician make a proper diagnosis.

Leaks can end up impairing your vehicle's performance. Pleas, take the leaks seriously, and if you notice a leak bring your car to the caring experts at LEO & WALT'S SUNOCO. Once we identify the source, we will discuss the problem with you, and make a quality repair. Located at 258 Quincy Ave., E. Braintree, we promise that you will be happy with any work performed on your automobiles. If you have questions regarding a possible leak please call 781-843-1550. Sunoco and most major credit cards honored. Open: Mon.-Fri. 6am-9pm, Sat. 7am-9pm, Sun. 9am-5pm.

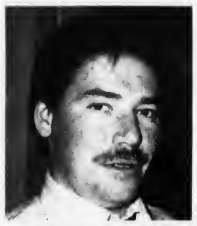
HINT: Leaking transmission fluid may be indicative of a deteriorating transmission seal or gasket.

Leo & Walt's Sunoco
258 QUINCY AVE., E. BRAINTREE
781-843-1550

OBITUARIES

Charles R. 'Rick' Bowe, 48

Owner Of Commercial Janitorial Service



CHARLES R. BOWE

A funeral Mass for Charles R. "Rick" Bowe, 48, of Squantum, an owner of a commercial janitorial service, was celebrated Saturday at Saint Ann's Church, Wollaston.

Mr. Bowe died Nov. 28 at Beth Israel Deaconess Medical Center, Boston.

He was self-employed, and formerly an owner of a commercial janitorial service in the local area.

Born in Quincy, he attended Bentley College.

Mr. Bowe enjoyed sports, especially hockey. He was an avid boats man, and enjoyed spending time with his children.

He is survived by his father, Charles L. Bowe of Squantum; his mother, Mildred Bowe of Squantum; three sons, David R. Bowe, Brian M. Bowe and Steven J. Bowe, all of Quincy; a daughter, Jessica L. (Bowe) of Quincy; two sisters, Carolyn Bowe and Tracey Bowe; a grandmother, Blanche Davidowicz of Haverhill; a former wife, Jane Bowe, and many others.

Burial was in New Calvary Cemetery, Boston.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Donations may be made to Globe Santa Fund Trust, c/o Citizens Bank, P.O. Box 845059, Boston, MA 02284.

Charles G. Kislowski, 80

A memorial service for Charles G. Kislowski, 80, of Quincy, a retired mail handler, was held Friday at Salvation Army Chapel, 6 Baxter St.

Mr. Kislowski died Nov. 28 at Bay Pointe Nursing Home in Brockton after a short illness.

He worked at the South Postal Annex in South Boston for more than 20 years, retiring in 1980. He was also a self-employed roofer for many years.

He was an Army veteran of World War II and a member of the Disabled American Veterans in South Boston for 60 years.

He lived in the Squantum section of Quincy for more than 40 years.

Born and raised in South Boston, Mr. Kislowski graduated from Boston Trade School.

Husband of the late Mary M. (Riley) Kislowski, he is survived by two daughters, Linda M. Kislowski of Marshfield and Donna Morse of Milton; two sisters, Stella Olander of California and Anna Morgan of Illinois; five grandchildren and a great-grandson.

Funeral arrangements were by Cassidy-Keaney Funeral Home, South Boston.

William E. Donnelly, 73

Retired Detective

WILLIAM E. DONNELLY

A funeral Mass for William E. Donnelly, 73, of Hingham, formerly of Quincy and Milton, a retired detective with the Quincy Police Department, was celebrated Saturday at Saint John the Baptist Church, 44 School St.

Mr. Donnelly died Nov. 28 at the Caritas Good Samaritan Hospital in Brockton after a brief illness.

He was appointed to the Quincy Police Department Dec. 7, 1961, and retired Aug. 27, 1995 with 34 years of experience. He was active in helping special needs children through the Quincy Police Benevolent Association.

He was a veteran of the Korean War, having served as a sergeant in the United States Army.

Mr. Donnelly was a longtime active member and communicant of Saint John the Baptist Parish in Quincy. He and his late wife were recently honored for their involvement with the Saint John's Church Golf Tournament. He was a baseball coach for St. John's Baseball League for many years and was one of the founders of the Saint John's youth basketball league. He was a longtime member of the Adams Heights Men's Club of Quincy.

Born in Watertown, he was raised and educated in Boston schools and was a graduate of Boston Trade School. He had lived in Hingham for the past five years, in Quincy for over 40 years and previously in Milton.

Husband for 48 years of the late Jean M. (Morris) Donnelly, he is survived by three sons, William E. Donnelly, Jr., of Shirley, Brian F. Donnelly and David J. Donnelly, both of Weymouth; a brother, Francis M. Donnelly of Vero Beach, FL; a sister, Sally A. Dolan of Brockton; and six grandchildren.

Burial with military honors was in Pine Hill Cemetery, West Quincy.

Funeral arrangements were by Sweeney Brothers Home for Funerals, Inc., 1 Independence Ave.

Donations may be made to the ALS Society MA Chapter, 75 McNeil Way, Suite 310, Dedham, MA 02026.

Michael A. Paluzzi, 55

Caretaker For St. Mary's Parish

A funeral Mass for Michael A. Paluzzi, 55, of Quincy, a caretaker for St. Mary's Parish, was celebrated Dec. 1 at St. Mary's Church, 95 Crescent St.

Mr. Paluzzi died Nov. 27 at Saints Memorial Medical Center, Lowell.

He worked for the West Quincy parish for 15 years.

An accomplished drummer, he played in several bands.

He enjoyed family vacations to Florida.

A lifelong Quincy resident, Mr. Paluzzi was a graduate of Quincy High School.

He is survived by his mother, Margaret T. (Sweeney) Paluzzi; a sister, Donna M. Marquis of Quincy; a brother, Paul E. Paluzzi of Plymouth; a niece; a nephew; and many cousins.

He was the son of the late Paul P. Paluzzi.

Burial was private.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Donations may be made to St. Mary's Parish, 115 Crescent St., Quincy MA, 02169.

Louise M. Danehy, 97

Homemaker, Retired Dance Teacher

LOUISE M. DANEHY

A funeral Mass for Louise M. (Allen) Danehy, 97, of Quincy, formerly of Dorchester, a homemaker and retired dance teacher, was celebrated Saturday at Sacred Heart Church, north Quincy.

Mrs. Danehy was a dance teacher in Boston in the 1930's, teaching tap and modern dance. She also worked as a traffic manager for Gilchrist's in the 1930's through the early 1940's. She then worked for Survey & Research in Cambridge in the 1960's.

She was a Cub Scout Denmother and was active with Sacred Heart Sodality and the Golden Wheel Club in Vero Beach, Florida.

Born in Boston, she lived in Dorchester before moving to Quincy, where she lived for 57 years.

Wife of the late Cornelius P. Danehy, she is survived by a son, John C. Danehy of Marshfield, and three grandchildren, and two great grandchildren. She was the mother of the late Elaine M. Danehy.

Burial was in Saint Joseph's Cemetery, West Roxbury.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Donations may be made to My Brother's Keeper, P.O. Box 338 North Easton, MA 02356.

John J. Lacerenzo, 90

Retired Custodian, World War II Veteran

A funeral service for John J. Lacerenzo, 90, of Weymouth, formerly of Quincy, a retired custodian and Army veteran of World War II, was held Nov. 30 at Sweeney Brothers Home for Funerals, 1 Independence Ave.

Mr. Lacerenzo worked for the city of Quincy for many years before his retirement.

He fought in many World War II campaigns in Africa, Italy and France. He received the European-African-Middle Eastern Theatre Campaign Ribbon with a bronze service arrowhead.

He was an accomplished watch repairer and a graduate of the Massachusetts Trades Shop School in Boston.

Born and raised in Quincy, he was a graduate of Quincy High School. He lived in Quincy until moving to Weymouth three years ago.

He is survived by four sisters, Cecelia Gerrior, Mary Boyne and Violet Aniolowski of Quincy and Julia Hart of Bridgewater, and many nieces, nephews, grandnieces and grandnephews.

Burial was in Mount Wollaston Cemetery.

Jane Mary Gorham

Performer, Private Secretary

A private service for Jane Mary (Alminas) Gorham, 85, of Braintree, a performer who sang for John F. Kennedy and private secretary, was held recently at Hamel, Wickens & Troupe Funeral Home, 26 Adams St.

Mrs. Gorham died Nov. 19 after an extended illness, under hospice care.

She was a leading lady in many musicals such as "The Mikado." She sang for the U.S.O.'s, and the late president John F. Kennedy during his early years in his political career.

She was a private secretary for the Metal Bellows Company of Sharron, and did illustrations for the former Craft Card Company. She also assisted her late husband in real estate business in Walpole.

She graduated from Burdette College.

Wife of the late Robert Graham, she is survived by three sisters, Stacia Perry of Quincy, Ann Marie Calabro of Plymouth, Josephine Allen of Sequim, WA; five nephews and three nieces; many great-grand nieces and nephews. She was the sister of the late Alphonse Alminas.

Burial was in Knollwood Memorial Park, Canton.

DON McCARTHY
Managing Director

A THOUGHT FOR THE WEEK

The Christmas Season, more than any other time of the year, seems to hold a special significance to each of us. To some, it is the joy of giving; to others, the security of family traditions, the music of Christmas Carols, the hanging of the greens, trimming of the Christmas tree, or the wonder and joy in the eyes of a small child. But more than this, to each of us it is the warmth and joy of real friendships.

As we approach this holiday, we are humbly grateful for the blessings of the past year . . . The best Christmas wish that we at the Deware Funeral Home can give to you is that the same star that guided the Wise Men to the manger and shone on the shepherds on the rocky hills of Bethlehem will lead you, too, throughout this glorious Christmas Season. . .

To all of our friends . . . Seasons Greetings!

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John V. Cremin, 80

Retired Machinist, Navy Veteran

JOHN V. CREMIN

A funeral Mass for John V. Cremin, 80, of Quincy, a retired machinist and a Navy veteran of World War II, was celebrated Dec. 1 at St. Ann's Church, 757 Hancock St.

Mr. Cremin died Nov. 27 at Quincy Medical Center.

He served in the Navy from Nov. 20, 1944, to July 23, 1946.

He worked for the Massachusetts Institute of Technology for 28 years, retiring in 1996. He previously worked for the Watertown Arsenal Co. for 20 years before it closed.

He enjoyed traveling to Ireland, Niagara Falls and New Hampshire. An avid sportsman, he took his sons to their early-morning practices and games. Mr. Cremin also enjoyed working around the house and redid several of the rooms.

He was proud of his Irish heritage and enjoyed Irish music. He loved his dogs, especially Chip, his German shepherd.

He was born in Boston and grew up in Brighton. He lived in South Boston for many years before moving to Quincy 50 years ago.

Husband of the late Katherine V. (Sullivan) Cremin, he is survived by his wife, Marjorie E. (Gavin) Cremin; two sons, John V. Cremin Jr. of Littleton, N.H., and Joseph M Cremin of Marlboro; a daughter, Mary Cremin of Quincy; two stepsons, John Francis of Acton and Paul Francis of Plymouth; a stepdaughter, Christine Lindsay of Weymouth; eight grandchildren; and many nieces and nephews.

Burial will be in Blue Hill Cemetery, Braintree.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St., Wollaston.

Donations may be made to the Alzheimer's Association, MA Chapter, 311 Arsenal St., Watertown, MA 02472.

Carole M. Martin, 71

Retired Elementary School Teacher

CAROLE M. MARTIN

A funeral Mass for Carole M. Martin, 71, of Quincy, a retired elementary school teacher, was celebrated Dec. 1 at St. Ann's Church, 757 Hancock St., Wollaston.

Miss Martin died Nov. 27 at Milton Hospital.

She taught for 12 years in the Cambridge Public Schools and retired in 1982.

She was an associate of the School Sisters of Notre Dame and a Eucharistic minister at St. Ann's Parish in Quincy, where she was also involved with the ministry for the elderly.

Miss Martin was born in Cambridge. She had lived in Belmont before moving to Quincy 20 years ago.

She is survived by a sister, Connie L. Martin of West Warwick, R.I.

Burial was in Mount Auburn Cemetery, Cambridge.

Funeral arrangements were made by the Keohane Funeral Home, Quincy.

Jessie Lofgren, 101

Homemaker, Retired Secretary

A funeral service for Jessie (Harding) Lofgren, 101, a homemaker and retired secretary, of Dedham, formerly of Quincy, was held Dec. 6 at Chapman, Cole & Gleason Funeral Home, Milton.

Mrs. Lofgren died Dec. 1 at Beth Israel Deaconess Hospital, Needham, after a short illness.

She was the secretary to the president of a large Boston insurance company before her marriage. She returned to work during World War II as a secretary at Quincy Point Junior High School.

She had been an active member of the Quincy Point Congregational Church since 1925, serving as a deacon. She was a member and officer of the Mr. and Mrs. Club there.

She was an active gardener and longtime member of the Wollaston Garden Club. She was a member of the Order of the Eastern Star.

Born in Liverpool, England, she came to the United States in 1915. She lived in Quincy for 73 years before moving to Brighton Gardens, an assisted living facility in Dedham, in 1998.

Wife of the late Rudolph Lofgren, she is survived by a son, Robert H. Lofgren of Hingham; three grandchildren; and four great-grandchildren.

Burial was in the Mount Wollaston Cemetery.

Donations may be made to Wollaston Congregational Church, 48 Winthrop Ave., Quincy, MA 02170.

Clifford S. Caseley, 85

Painter, hanger, World War II Veteran

CLIFFORD S. CASELEY

A graveside service for Clifford Stewart Caseley, 85, of Quincy, a painter, paper hanger and World War II veteran, was held Monday In the Mt. Wollaston Cemetery.

Mr. Caseley died Nov. 29.

He was a self-employed painter and paper hanger for 26 years, retiring in 1986. He previously worked for Walter Bakers Chocolate for 14 years.

He was a U.S. Navy petty officer first class veteran of World War II, and served on the U.S.S. Opponent in the Pacific.

He was a member of The Salvation Army, and loved to golf, cradle-pin bowl, and play checkers, cards and horseshoes. He formed the Suburban Golf League and ran it for 40 years.

Husband of the late Jean Barr (Galbraith) Caseley of Quincy, he is survived by two sons, Clifford David Caseley of Hudson, NH, and Norman Harold Caseley of Abington, MA; a daughter, Bonnie Jean Hepburn of Braintree, MA; two sisters, Pearl Hunt of Plymouth and Nancy Head of North Conway, NH; and eight grandchildren. He was the father of the late Ronald Edward Caseley, and the brother of the late Elsie Smalley and Hugh Caseley.

Burial was in Mt. Wollaston Cemetery.

Funeral arrangements were by Hamel, Wickens & Troupe Funeral Home.

Helen M. Croft, 94

Homemaker

HELEN M. CROFT

A funeral Mass for Helen M. (McDonough) Croft, 94, of Quincy, a homemaker, was celebrated Monday at St. John the Baptist Church, Quincy.

Mrs. Croft died Dec. 1 at Marina Bay Skilled Nursing and Rehabilitation Center in Quincy.

She worked as a secretary during World War II.

Born and raised in South Boston, she had lived in South Boston and Dorchester before moving to Quincy 55 years ago.

Mrs. Croft attended South Boston schools and was a graduate of St. Augustine's High School in South Boston.

Wife of the late David D. Croft, she is survived by two daughters, Mary E. Cedrone of Quincy and Esther A. O'Connell of Marshfield; five grandchildren, seven great-grandchildren and a nephew.

Burial was in Mount Wollaston Cemetery, Quincy.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to Boston Catholic TV, 55 Chapel St., P.O. Box 9109, Newton, MA 02460-9109.

Ruth E. Daley, 85

A funeral Mass for Ruth E. (Phaneuf) Daley, 85, of Quincy, formerly of Dorchester, a retired employee of the U.S. Department of Defense, will be celebrated today (Thursday) at 10 a.m. in Marian Manor Chapel, 130 Dorchester St., South Boston.

Mrs. Daley died Dec. 2 at Marion Manor Nursing Home, Boston.

Born in Boston, she had lived in Quincy 53 years.

She was a graduated of St. Gregory's High School in Dorchester.

She was employed in the accounting department of the U.S. Department of Defense for 12 years, retiring in 1985.

Wife of the late Augustine J. Daley, Mrs. Daley is survived by three sons, John Daley of Hawaii, Frederick Daley of Georgia and Augustine J. Daley of Kittery, Maine; three daughters, Geralynn Kilduff of Weymouth,Karen Daley of Stoughton and Ruth E. Ennis of South Carolinia.

She was also the mother of the late Kevin Daley and brother of the late Frederick Phaneuf.

Burial was in Pine Hill Cemetery, Wollaston.

Funeral arrangements were by the Keohane Funeral Home, 785 Hancock St., Quincy.

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Edward G. Ames, 74

Retired Air Force Master Sergeant

EDWARD G. AMES

A funeral service for Edward G. Ames, 74, of Orrington, Maine, formerly of Quincy, a retired Air Force master sergeant, was held Nov. 21 in Bangor.

Mr. Ames died Nov. 16 at home after a battle with cancer.

He served a tour in the Army before transferring to the Air Force. He served during both the Vietnam and Korean Wars, and retired in 1975 after a 26-year military career.

Mr. Ames received three Air Force Commendation Medals. He was a member of the Air Force Sergeants Association, Disabled American Veterans and Veterans of Foreign Wars.

He enjoyed sports and played in the Fast-Pitch Softball World Series four times. He was an avid fisherman and a member of the Tri-County Bass Club.

He was a member of Bangor Elks Lodge 244. He enjoyed collecting antiques.

After his retirement, Mr. Ames worked as a clothing outfitter, security supervisor and a delivery driver, each for several years.

He was born and raised in Quincy. He graduated from North Quincy High School in 1951.

Mr. Ames is survived by his wife, Joan E. Ames; two sons, Brian Ames of Belle Chasse, La., and Alan Ames of Florida; a daughter, Kathleen Ames of Bangor; a stepdaughter, Joan "J.C." Bessey and her son, Joey Gilbride, both of Bangor, Maine; four sisters, Eleanor Gavaza, Alberta Johnston, Rosemary Horky and Michele Vintzileos of Massachusetts; four grandchildren; and many nieces and nephews.

He was the husband of the late Verona Ames and the father of the late Gary Ames.

Burial was in Mount Pleasant Cemetery, Bangor.

Funeral arrangements were made by the Brookings-Smith Funeral Home, Bangor.

Vincent A. Deren, 78

Retired Brookline School Dept. Engineer

A memorial Mass for Vincent A. Deren, 78, of Quincy, retired chief engineer for the Brookline School Department, was celebrated Dec. 2 at Sacred Heart Church, 386 Hancock St., North Quincy.

Mr. Deren died Nov. 30 at Quincy Medical Center.

He was a member of American Legion Post 295.

He was a veteran of the Navy and the Coast Guard.

He previously lived in South Boston.

Mr. Deren is survived by his wife, Anna (Meyer) Deren; a daughter, Nancy Ann Deren of Hull; two sons, Donald V. Deren of Florida and Thomas H. Deren of Quincy; two sisters, Natalie Theroux of Florida and Irene Patukonis of South Boston; two grandchildren; and several nieces and nephews.

Funeral arrangements were made by the Joseph W. Casper & Sons Funeral Home, South Boston.

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RELIGION

Healing Service At Good Shepherd Church

The public is invited to attend a healing service as part of the 10:30 a.m. Sunday worship Dec. 10 at Good Shepherd Lutheran Church, 308 West Squantum St., North Quincy.

The healing service is open for people in all situations looking for healing and hope.

Prayers will be offered for world peace, U.S. soldiers serving overseas, and for healing in the relationship between the U.S. and the countries of the world.

A time for fellowship and refreshments will follow the service.

Contact the church office or Pastor Nathan Pipho for more information at 617-328-8348.

Houghs Neck Christmas Pageant Dec. 16

The Houghs Neck Congregational Church Sunday School will present "One Night in Bethlehem," a traditional Christmas Pageant, on Saturday, Dec. 16 at 5 p.m. at the church, 310 Manet Ave.

All are welcome to attend the free performance.

The original play incorporates the gospel of St. Luke to tell the story of the birth of Jesus. Following the pageant, a church supper of homemade soups and chowders will be offered.

"What better way to remember the true meaning and spirit of the season than with an old-fashioned, traditional Christmas pageant,?" said Jennifer Logue, superintendent of the church's Sunday School program. "We invite everyone to bring your family, neighbors and friends to come and join in this special Christmas celebration."

Houghs Neck Congregational Church is handicapped accessible

For directions or more information, call (617) 479-8778.

Quincy Community United Methodist Church To Host Service Of The Longest Night Dec. 21

Quincy Community United Methodist Church, 40 Beale St., Wollaston, will host its second annual Service of the Longest Night Thursday, Dec. 21 at 7:30 p.m. in the church chapel.

The service gets its name for the Winter Solstice, the longest night of the year.

"The service is very simple and gentle, consisting of music, Scripture lessons, readings, prayer, and quiet reflection," said the Rev. Dr. Susan F. Jarek-Glidden, pastor. "Its purpose is to provide a safe place for people who are dealing with grief and loss of any kind, whether that grief and loss are recent or decades old."

For some people, the holiday season can be very stressful and, sometimes, very unhappy, the Rev. Dr. Jarek-Glidden said.

"Facing the first Christmas without a loved one's physical presence, dealing with an imminent death, living with an illness that places a question mark over the future, coping with the loss of a job, facing life after divorce or separation, and sometimes just life in general can make holiday celebration very difficult, if not impossible."

The Service of the Longest Night is intended to be a resource for people in stressful and unhappy situations.

The public is invited to attend.

For more information, call the church office at 617-773-3319.

Bethany Congregational

Bethany Congregational Church, 18 Spear St., Quincy Center, will have Sunday Advent Worship and church school Sunday at 10 a.m.

The Rev. Gary W. Smothers will conduct the service and preach a sermon from Mark entitled "The Lively Oracles of God."

Following the worship service, there will be fellowship time in the Allen Parlor. Light refreshments will be served.

Advent services will also be held Wednesday evenings at 7 p.m. in the Allen Parlor at Bethany.

'Heart To Heart' Tree At United Methodist

Quincy United Methodist Church, 40 Beale St., Wollaston, is hosting a "Heart to Heart" tree on the second floor of the church outside the sanctuary now through Dec. 24.

A donation of $2 per heart ornament is requested.

A spun glass heart ornament was initially meant to be given to people who are experiencing a difficult holiday season. "Although most of the hearts are still given to people who are hurting," said the Rev. Dr. Susan F. Jarek-Glidden, "some individuals have given them to people who have made a difference in their lives, such as mentors, friends, family members, and neighbors.

"It's a way of expressing feelings, a way saying 'Thank you' as well as 'I care.'"

For more information, call the church office at 617-773-3319.

Savlation Army Christmas Concert Dec. 17

The Salvation Army Quincy Temple Corps, 6 Baxter St., Quincy, will host a Christmas Concert Sunday, Dec. 17 at 3 p.m.

The concert will feature the Quincy Temple Corps Band, vocalists, soloists and a Christmas carol sing.

For more information, call the Salvation Army at 617-472-2345.

Catholic Women's Prayer Group

The Catholic Parishes of Quincy announce a Catholic Women's Prayer Group will meet the third Tuesday of every month beginning Dec. 19.

The group meets 7 to 8:15 p.m. in St. Joseph's Parish Center, 22 Pray St., Quincy Point.

The evening provides an opportunity for participants to deepen their relationship with Christ.

All are welcome.

For more information contact Sister Pay Boyle at 617-479-5400 (St. Ann's), or Dorothy Ruggiero, 617-472-6321 (St. Joseph's).

Quincy Religion Directory

SERVICES & ACTIVITIES

Assemblies of God

Glad Tidings
158 Washington St., Quincy
phone: 773-9797
Rev. Gregory E. Wheaton, Pastor
Sunday Worship 8:30, 11 a.m.. Christian Ed 10 a.m.; Senior Hi Youth 7 p.m., Wed. 7 p.m. Berean Bible Study, Royal Ranger Missionettes, Friday Junior Hi Youth 7 pm
Youth & Children's Ministry
•Contemporary Worship
•Marriage & Family Group
•International Fellowship
•DivorceCare

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday. 4pm, Sunday 7, 9:30 & 11:30am, Weekdays 9am
Handicapped Accessible
New Members Welcome!

Unitarian

UNITED FIRST PARISH, Quincy
1306 Hancock St., across from Quincy Center T
Worship Service & Church School SUNDAYS. 10:30 a.m.
Rev. Sheldon W. Bennett, Minister
• A Welcoming Congregation •
617-773-1290 • www.ufpc.org

Congregational

First Church of Squantum
164 Bellevue St. • 617-328-6649
Pastor: Michael S. Robertson
Co-Pastor: Dr. Emmy Robertson
10 a.m. Sunday Worship
All Are Welcome

PEACE

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4pm (Sat.) 7:45am, 9am (Family Liturgy)
10:30am (with Choir) and 5pm
12 noon at Star of Sea Church
Weekday Masses
Mon.-Fri 7am and 9am, Sat. 9am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m., 10:30 a.m. & 5 p.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

ST. JOHN THE BAPTIST
44 School St.,
Quincy
617-773-1021
Weekend Mass Schedule
Saturday (Vigil Mass) 4 p.m.
Sunday 7:30 a.m., 9 a.m.
and 11 a.m. (Family Liturgy)
Weekday Masses
Monday - Saturday 8 a.m.
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
• 617-479-5400
Pastor: Rev. John J. Ronaghan
Weekend Mass Schedule:
Saturday 4:00 PM
Sunday 7:00, 9:00, 11:30AM
Daily Masses: 9:00 AM
Handicapped Chairlift Available

Congregational

HOUGHS NECK CONGREGATIONAL CHURCH
310 Manet Ave., Quincy
www.hncong.org
Sunday, Dec. 10
Worship Service 9:30 am
Theme: 'Prepare the Way'
Second Sunday in Advent
Luke 3: 1-6
Sunday School 9:30 AM
Rev. John Castricum
617-479-8778

BETHANY CONGREGATIONAL CHURCH
Corner of Spear & Coddington Sts., Quincy Center • 617-479-7300
10 AM Sunday Advent Worship and Church School
Sermon: 'The Lively Oracles of God'
Fellowship Follows Service in Allen Parlor

QUINCY POINT CONGREGATIONAL CHURCH
444 Washington St . • 617-773-6424
Worship and Church School 10 am
Rev. Ann Suzedell, Pastor
visit us at www.QPCC.org

Christian Science

First Church of Christ, Scientist
Holy Bible Science & Health
10:30 AM
Sunday Service & Sunday School
7:30 PM
Wednesday Evening Meeting
20 Greenleaf Street Quincy
off Hancock St.
617-472-0055

Congregational

WOLLASTON CONGREGATIONAL CHURCH
48 Winthrop Ave. - 617-773-7432
Pastor: Rev. Mary Lou Gifford
Sunday Worship Dec. 10
Second Sunday of Advent
Sermon Topic: 'Prepare The Way'
Preacher: Mary Louise Gifford
Scripture: Baruch 5: 1-9
Luke 3: 1-6

UNION CHURCH
Beach St. & Rawson Rd., Wollaston
Sunday Service 10 AM
617-479-6661
Rev. John Carl Swanson
Pastor

Covenant

COVENANT CONGREGATIONAL CHURCH
Corner of Whitwell & Granite St.
Sunday Worship 10:00 AM
Rev. Karen Palmatier, Pastor
9 a.m. – Christian Education for all ages
Child Care Available - All Are Welcome
Children's Pantry
Wed., Thur. 9:30 am - 12 noon
617-479-5728

Nazarene

Wollaston Church of the Nazarene
37 E. Elm Ave., Wollaston
(617) 472-5669
On The Campus Of
Eastern Nazarene College
Pastor: Rev. Fred. Fullerton
Sunday Services
8:30 am - Holy Communion
9:45 am - Adult & Children's Sunday School
11 a.m. - Blended Worship Service
Come Worship with Us!

Episcopal

St. Chrysostom's Episcopal Church
Corner of Hancock & Linden Sts., Quincy
(617) 472-0737 • www.stchrysostom.com
Rev. David Hefling
Sunday School 9 a.m.
Adult Forum 9:15 a.m.
Holy Eucharist Rite 10 a.m.
Nursery Care During Service
Coffee Hour Following
ALL WELCOME
THRIFT SHOP HRS - W, TH, FR. 10am-4pm

Evangelical

EVANGELICAL CHURCH OF ATLANTIC
65 Newbury Ave. North Quincy
(617) 847-4444
Pastor Bill Donahue
Sunday Morning Worship 10:10 AM
Childcare Available

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Dr. Susan Jarek-Glidden, Pastor

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45 SUNDAY SCHOOL
11AM WORSHIP SERVICE
BRASS BAND MUSIC
7PM TUES WOMEN'S FELLOWSHIP
7:15PM WED. BIBLE STUDY

Spiritualist

First Spiritualist Church of Quincy
40 West St., Quincy, MA 02169
(617) 770-2246
Services: Sunday 11 a.m. to 12:30 PM
Coffee and Conversation following service.
(Services 8 PM Wednesdays June, July, August)
Pastor Rev. Rita S. Berkowitz, C.H..C.M.

Craig Miller, 41

Actor, Concert Master For Rogers & Hammerstein

A funeral service for Craig Miller , 41, of Brooklyn, N.Y., formerly of Quincy, an actor, playwright and composer, was held Tuesday in the Keohane Funeral Home, 785 Hancock St., Wollaston.

Mr. Miller died Nov. 27 at Coney Island Hospital.

Born in Quincy, he had lived in Quincy before moving to Brooklyn 10 years ago.

He attended St. Ann's Elementary School and graduated from Archbishop Williams High School in Braintree where he became a

CRAIG MILLER

eucharistic minister. Later he attended and graduated from Hofstra University in New York.

Mr. Miller was a talented actor. He had a passion for Broadway, especially musicals.

While living in Quincy, he was a member of the Company Theater in Norwell.

He worked at Rogers & Hammerstein as a concert master for 10 years.

He enjoyed cooking and entertaining.

Besides being an actor, Mr. Miller was a playwright and a composer.

He is survived by his father and mother, John and Audrey M. (Does) Miller of Quincy; a sister, Leslie Miller of New York; a nephew and many cousins and dear friends.

Memorial donations may be made to the American Heart Association, 20 Speen St., Framingham, MA 01701.

Christopher L. 'Chris' Cody

Fund Accountant

A funeral service for Christopher L. "Chris" Cody, 38, of Quincy, a fund accountant, was held Wednesday at the Keohane Funeral Home, 785 Hancock St., Wollaston.

Mr. Cody died Dec. 1 at South Shore Hospital.

Born in Boston, he was a lifelong resident of Quincy.

He attend Boston College High School and graduated from North Quincy High School and Suffolk University.

Mr. Cody was employed as a fund accountant for Boston Financial Data Services for seven years.

He loved reading and sports, especially baseball. He played in Quincy Youth Baseball as a youngster and later for North Quincy High School.

He also enjoyed playing tennis.

Mr. Cody is survived by his mother, Rosemarie (Brangiforte) of Weymouth; two brothers, Michael Cody of Arlington and Paul Cody of Westport; and a sister, Carolyn Pond of Weymouth.

He was the son of the late Frederick M. Cody.

Burial was in Pine Hill Cemetery, Quincy.

Funeral arrangements were made by the Keohane Funeral Home.

Memorial donations may be made to a charity of choice.

CHRISTOPHER CODY

Vets Adviser At COA Office

John D. Miller of Home Care Partners, will be at the Council on Aging office, 83 Saratoga St., each Wednesday to advise veterans or their surviving spouses of their in-home care benefits.

To schedule an appointment, call the Council on Aging at 617-376-1506.

LEGAL NOTICE
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Norfolk Division
Docket No. 06D0832-DV1
DIVORCE/SEPARATE SUPPORT SUMMONS BY PUBLICATION

JUSTINE FAGERLUND,
Plaintiff(s)
V.
JOHN BURKE,
Defendant(s)

To the above named Defendant(s):

A Complaint has been presented to this Court by the Plaintiff(s), JUSTINE FAGERLUND, seeking DIVORCE.

An Automatic Restraining Order has been entered in this matter preventing you from taking any action which would negatively impact the current financial status of any party. Please refer to Supplemental Probate Court Rule 411 for more information.

You are required to serve upon ROBERT HARNAIS, ESQ. -- whose address is 15 FOSTER STREET, QUINCY, MA. 02169 your answer on or before 2/02, 2007. If you fail to do so, the Court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer in the office of the Register of this Court at CANTON.

Witness, DAVID H. KOPELMAN, Esquire, First Justice of said Court at CANTON, this 7TH day of 11, 2006.

DAVID H. KOPELMAN
Justice of Probate Court

11/22, 11/30, 12/7/06

LEGAL NOTICE
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2826GR

In the Matter Of
ANNE MARIE SEHOVEY
Of N QUINCY
In the County of NORFOLK

NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN

To ANNE MARIE SEHOVEY of N QUINCY in the County of NORFOLK, her spouse, and heirs apparent or presumptive, a petition has been filed in the above captioned matter alleging that said ANNE MARIE SEHOVEY of N QUINCY in the County of NORFOLK is a mentally retarded person to the degree that she is incapable of making informed decisions with respect to the conduct of her personal and/or financial affairs and praying that CHRISTOPHER P. RYAN of QUINCY in the County of NORFOLK and JOY MARIE JAGNOW of HOLIDAY in the State of FLORIDA or some other suitable person be appointed guardian, to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **DECEMBER 29, 2006**.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, November 15, 2006.

PATRICK W. McDERMOTT
Register of Probate

12/7/06

LEGAL NOTICE

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2006-305
ORDERED: November 20, 2006

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.20 Stopping, Standing and Parking.
Section 10.20.040 Parking - Prohibited and Restricted where.

ADD THE FOLLOWING

Street	Side	From	To	Type of Regulation
Penn Street		#52 Penn Street		Handicapped Parking

12/7/06

LEGAL NOTICE

COMMONWEALTH OF MASSACHUSETTS
THE TRIAL COURT
PROBATE AND FAMILY COURT
NORFOLK DIVISION
DOCKET NO. 04P3027EP
SALE OF REAL ESTATE

To all persons interested in the estate of Dorothy A. Pasqualone late of Quincy in said County, deceased testate.

A petition has been presented to said court for license to sell at private sale of certain real estate of said deceased.

If you desire to object thereto you or your attorney should file a written appearance in said court at Canton before ten o'clock in the forenoon on the 22nd day of December 2006, the return day of this citation.

Witness, DAVID H. KOPELMAN, Esquire, First Judge of said Court, this day 1st day of December 2006.

PATRICK W. McDERMOTT
Register

12/7/06

LEGAL NOTICE
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Norfolk Division
Docket No. 06D0832-DV1
ORDER FOR SERVICE BY PUBLICATION

JUSTINE FAGERLUND,
Plaintiff
v.
JOHN BURKE,
Defendant

Upon motion of plaintiff for an order directing JOHN BURKE the defendant herein, to appear, plead, or answer, in accordance with Mass. R. Civ. P./Mass. R. Dom.Rel. P. Rule 4, it appearing to the Court that this is an action for DIVORCE.

Pursuant to Supplemental Probate Court Rule 411, an Automatic Restraining Order has been entered against the above named parties, and that the said defendant cannot be found within the Commonwealth and that HIS present whereabouts are unknown; that personal service on said defendant is therefore not practicable, and that said defendant has not voluntarily appeared in the action.

It is **Ordered** that said defendant is directed to appear, plead, answer, or otherwise move with respect to the complaint herein on or before the **2ND day** of **FEBURARY, 2007**. If you fail to do so this Court will proceed to a hearing and adjudication of this matter.

It is further **Ordered** that the accompanying summons be published once a week for three consecutive weeks in the **QUINCY SUN ON 11/22/06, 11/29/06, 12/06/06, a newspaper published in QUINCY, MA 02169, 1372 HANCOCK STREET**, the publication to be 60 days at least before said return day. It is further **Ordered** that a copy of the summons be mailed to the defendant at HIS last known address by registered or certified mail.

Date 11/7/06.

DAVID H. KOPELMAN
Justice of Probate and Family Court

11/22, 11/30, 12/7/06

LEGAL NOTICE
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2870EP

In the Estate of
ANN CASTLEMAN AKA
ANN M. CASTLEMAN
Late of QUINCY
In the County of NORFOLK
Date of Death
November 11, 2006

NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that JAMES A. CASTLEMAN of SHARON in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **JANUARY 3, 2007**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, November 21, 2006.

PATRICK W. McDERMOTT
Register of Probate

12/7/06

LEGAL NOTICE
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2833EP

In the Estate of
MARILYN F. WESTLAND
Late of QUINCY
In the County of NORFOLK
Date of Death
August 9, 2006

NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that VALERIE J. TOCCHIO of N. WEYMOUTH in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **DECEMBER 27, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, November 16, 2006.

PATRICK W. McDERMOTT
Register of Probate

12/7/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-090

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, DECEMBER 19, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of TERRENCE M. HILLERY for a SPECIAL PERMIT/VARIANCE to remodel and expand the existing house by elevating the living area above the flood plain and constructing an addition in violation of Title 17 as amended Chapter 17.20.040 (dimensional requirements), and 17.40 (special permit flood plain) on the premises numbered 129 BAYSIDE ROAD, QUINCY.

Jack Garland, Chairman

11/30, 12/7/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-091

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, DECEMBER 19, 2006**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of MARJORIE & ANTHONY COLTON for a FINDING to demolish the existing structure and construct a new single family structure in violation of Title 17 as amended Chapter 17.24.020 (non-conformance) on the premises numbered 87 LENOX STREET, QUINCY.

Jack Garland, Chairman

11/30, 12/7/06

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PRAYER TO THE BLESSED VIRGIN
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"Oh, most beautiful flower of Mt. Carmel, Fruitful vine, splendor of heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. Oh, Star of the Sea, help me and show me, herin you are my Mother. Oh, Holy Mary, Mother of God, Queen of Heaven and Earth! I humbly beseech you from the bottom of my heart to succor me in this necessity. There are none that can withstand your power. Oh, show me herin that you are my Mother. Oh, Mary, conceived without sin, pray for us who have recourse to thee (3X). Holy Mother, I place this cause in your hands (3X). Holy Spirit, you who solve all problems, light roads so that I can attain my goal. You gave me divine gift to forgive and forget all evil against me and that in all instances in my life you are with me. I want in this short prayer to thank you for all the things as you confirm once again that I never want to be separated from you in eternal glory. Thank you for your mercy toward me and mine." The person must say this prayer 3 consecutive days. After 3 days, the request will be granted. This prayer must be published after the favor is granted. Thank you. MF 12/7

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LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2832EP

In the Estate of
ELAINE M. CONNOLLY
Late of QUINCY
In the County of NORFOLK
Date of Death
July 15, 2004

NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that CHRISTOPHER M. CONNOLLY of QUINCY in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **JANUARY 31, 2007**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, November 16, 2006.

PATRICK W. McDERMOTT
Register of Probate

12/7/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2848AD

In the Estate of
EDITH E. GRAY
Late of QUINCY
In the County of NORFOLK
Date of Death
October 6, 2006

NOTICE OF PETITION FOR APPOINTMENT OF ADMINISTRATOR

To all persons interested in the above captioned estate, a petition has been presented praying that NANCY P. GRAY of QUINCY in the County of NORFOLK or some other suitable person be appointed administrator of said estate to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **JANUARY 3, 2007**.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, November 21, 2006.

PATRICK W. McDERMOTT
Register of Probate

12/7/06

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- ❑ For Sale
- ❑ Autos
- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
- ❑ Real Estate
- ❑ Antiques
- ❑ Flea Markets
- ❑ Yard Sales
- ❑ Instruction
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- ❑ Personal
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- Blandford Street Station Dec. 11
- Brigham Circle Station Dec. 11
- Broadway Station Dec. 5 & 8
- Brookline Village Station Dec. 5
- Central Sq. Station Dec. 4, 6, 11, & 15
- Central Square, Lynn Dec. 5, 8, 12 & 15
- Cleary Square, Hyde Park Dec. 6 & 12
- Cleveland Cir. Station Dec. 6 & 12
- Codman Square, Dorchester Dec. 6 & 12
- Coolidge Corner Station Dec. 5
- Copley Station Dec. 5, 8, 13 & 15
- Davis Station Dec. 5, 8, 12, & 15
- Dudley Station Dec. 4, 7, 14 & 15
- Fenway Station Dec. 11
- Fields Corner Station Dec. 5 & 8
- Forest Hills Station Dec. 4, 7 ,13 & 14
- Griggs St./Long Ave. Station Dec. 12
- Grove Hall, Roxbury Dec. 6 & 12
- Harvard Avenue Station Dec. 5 & 8
- Harvard Square Station Dec. 4, 7, 11, & 14
- Haymarket Station Dec. 4, 7, 11, & 13
- Jackson Square Station Dec. 5, 8, & 13
- JFK/ UMass Station Dec. 6 & 13
- Kenmore Station Dec. 4, 7, 11, & 15
- Lechmere Station Dec. 5, 8 & 13
- Longwood Station Dec. 8
- Malden Center Station Dec. 4, 7, 11, & 15
- Mass Ave. Station Dec. 8
- Mattapan Station Dec. 5, 8 & 14
- Maverick Station Dec. 5, 7, 11, & 15
- Newton Center Station Dec. 11
- North Quincy Station Dec. 6 & 13
- Northeastern Station Dec. 5
- Oak Grove Station Dec. 6 & 12
- Orient Heights Station Dec. 6 & 13
- Packards Corner Station Dec. 11
- Quincy Center Station Dec. 5, 7, 11, & 14
- Reservoir Station Dec. 8
- Roslindale Square, Roslindale Dec. 6 & 12
- Roxbury Crossing Station Dec. 5 & 8
- Ruggles Station Dec. 5, 7 & 14
- Sullivan Station Dec. 5, 7 & 14
- St. Mary's Street Station Dec. 8
- Temple Place, Boston Dec 5, 7, 11 & 15
- Warren Street, Roxbury Dec. 11
- Washington Square Station Dec. 12
- Wellington Station Dec 5, 7, 11 & 15
- Wonderland Station Dec. 5 & 8

Additional dates will be added throughout December. Sometimes it changes without notice.

Who should get a CharlieCard?

- Subway or Bus pass holders – if you buy your pass from a fare vending machine or at a T Pass Sales Office or local store – pick up a CharlieCard – your January '07 Bus or Link pass can be loaded on it beginning December 15th.
- Subway and Bus cash or token users – put money on a CharlieCard to get the lowest fare.
- Customers who get their pass through their employer or online – your CharlieCard is coming direct to you from your company administrator or through the mail.

Who doesn't need a CharlieCard in January?

- Commuter Rail, Boat, Express Bus, One or Seven Day Pass holders – coming in 2007!
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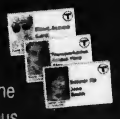

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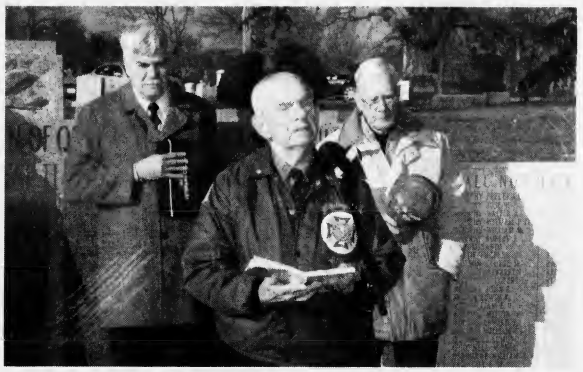
Linda Stice's Heart-Warming Mission To Peru
- Page 2 -

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper

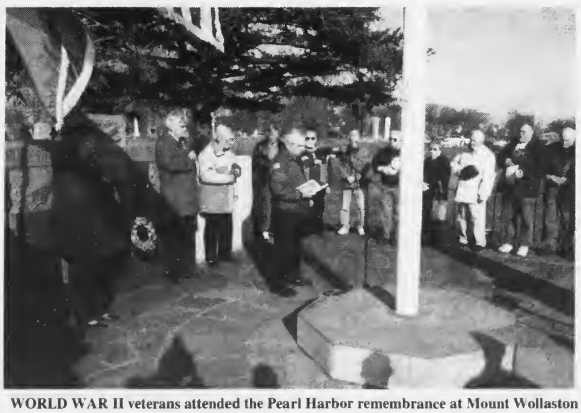
VOL. 39 No. 13 Thursday, December 14, 2005

Remembering Pearl Harbor



THE QUINCY VETERANS COUNCIL observed the 65th anniversary of the Japanese attack on Pearl Harbor, Dec. 7, 1931 at a ceremony at the World War II Memorial in Mount Wollaston Cemetery. Here Chaplain John Raeke offers an opening prayer. Behind him are Tom Stansbury of the Quincy Veterans Services and Frank Connolly of Wollaston Pearl Harbor survivor. *Quincy Sun photos/Robert Noble*

LORRAINE AHERN, commander of the Quincy Veterans Council and Pearl Harbor survivor Frank Connolly of Wollaston salute after placing a wreath at the World War II Memorial.



WORLD WAR II veterans attended the Pearl Harbor remembrance at Mount Wollaston Cemetery.

5 Landtakings Approved By Council Committee

Downtown Revitalization With Concourse

By MIKAELA SLANEY

The Downtown Committee of the City Council Monday approved five more City Concourse landtakings, and reviewed plans to revitalize the downtown area during concourse construction.

The properties and their owners:

• 1586 Hancock St., Rory's Corner L.L.C.

• 1601 Hancock St., Congregation Beth Pinchas of Grand Rabbi Levi I. Horowitz Inc.

• 1596 -1602 Hancock St., Constantine T. Kechris and Vicky M. Kechris, trustees of C.T. Kechris Realty Trust.

• 11 - 13 Revere Rd., Marie I. Bradley, trustee of 11 - 13 Revere Road Realty Trust.

• 14 Revere Rd., Steven A. Morris and Dennis W. D'Ercole.

The properties must be accepted by the full City Council before the landtakings are finalized.

Dennis Harrington, Planning Director, and Christopher E. Calnan, senior project manager from RIZZO Assoc., introduced the Quincy Center District Urban Revitalization and Development Plan (URDP). The plan is set to revitalize 30 acres of the 113 acres that make up Quincy Center, and is designed around Concourse Concept D, the designated and preferred concourse route.

The redeveloped area, the Urban Redevelopment Designation (URD), includes a portion of Hancock Street, Chestnut Street, Cliveden Street, Washington Street and Temple Street.

Revitalization project goals are to add retail, and commercial space, create a vibrant public domain, promote lively and safer streets with appeasing public areas, provide additional and improved parking, and promote culture.

Harrington circulated a Planning Department study, that claimed that downtown area would not redevelop itself to become "a significant

(Cont'd On Page 14)

Are You On The Money Refund List?

The Internal Revenue Service (IRS) is searching for Quincy taxpayers whose refund checks were returned as undeliverable.

Quincy residents on the Undelivered Refund List include:

Ala I and Amnah K Abuhajeb, Ela F. Akinci, Olinda M. Alvarenga, Rev. Frederick Barr Jr., Robin and Greg Bashore Macleod, Caitlin Callahan, Susie H. Choe, Yuet Shing Chung, Xiu Y. Cui, Dena Dailey, Silvair G. De Souza, Denise M. Levesque, Xiong W. Li, Jimmy Liang, Angela Lopez, Dorothy Louis-Abel, Brianne McCormick, Guo Sen and Li Chen Mei, Jennifer Mitchell, John G. Molloy, Guo Qiang Pan, Daniel Rodrigues, Sean P. Ryan, Concetta Sabatina, Choudry M. and Degra Allen Saqib, Evelyn I. Torres, James T. Trinh, Peter Wai-Tak Tse and Aaron Zhang.

The average refund in Norfolk County is $783, and can be claimed as soon as the taxpayer updates their address with the IRS. In some cases, taxpayers have more than one check waiting for them.

When a taxpayer moves or changes their address and fails to notify the IRS or the U.S. Postal Service, a check sent to the taxpayer's last known address is returned to the IRS.

Taxpayers can use the "Where's My Refund?" feature on the home page of the IRS.gov website to learn the status of their refunds. To use it, a taxpayer must enter a social security number, filing status (such as single or married filing jointly) and the refund amount shown on the taxpayer's 2005 tax re-

(Cont'd On Page 14)

■ Five New Firefighters - *Page 3* ■ Leaders Return To Salvation Army Kettle - *Page 9*

'Difficult, But I'd Do It Again'

Linda Stice Volunteers In Peru To Help Orphans

By MIKAELA SLANEY

"It was a very difficult experience, and I would do it again in a minute," said Linda Stice, School Committee member.

Stice recently spent 15 days volunteering to help orphaned children in Cuzco, Peru.

"One of my friends predicted it would be a life-changing experience, it was not, it was a life affirming experience," she said. "It made me realize that as many things as I would like to do in my life, working with children is what I am called to do."

Stice paid for the trip from her own pocket, and used her vacation time. She was inspired to go after reading about orphaned children in the world, and researching volunteer opportunities on the internet. She chose an area that spoke Spanish, her second language.

LINDA STICE, School Committee member, recently spent 15 days volunteering to help orphaned children in Cuzco, Peru.

Stice said that she was impressed with the level of care at the girls orphanage.

"All of their primary needs were met," she said. The orphans were safe and cared for, educated and nourished. Stice also said that the staff was kind to the children.

She worked mostly with seven to 11 year olds, and they were "typical seven through 11 year olds in many ways," she said. Stice said that she was struck by their reading and math skills.

Stice also submitted a proposal for a new orphanage. She detailed the number of children, staff, training and goals of the orphanage. She also provided a timeline for its construction and completion.

She also gave suggestions to "Maximo Nivel," the organization that assists orphans, to switch to a non-profit classification, to become eligible to receive government funding.

She also suggested training staff to address the orphan's emotional needs with the same intensity as their physical needs.

"The struggle in the developing world is simply to keep children alive," she said.

Malnutrition and AIDS are common threats to children in underdeveloped countries, and these issues are often addressed first, pushing emotional stability and development to the back burner, she said.

Stice said she noticed the orphans showed a strong attachment to their friendly staff, who served as their surrogate mothers.

Stice noted that the girls called the staff women "mami" (mommy), a term that they used to address Stice within a noticeably short amount of time.

"I thought this an appellation reserved for staff... and they bestowed it on me, a stranger," she said. "There was also physical affection shown to me that a child raised with a strong attachment to parents would not show. They would reserve it for their own parents. They would have boundaries and not be as needy."

Another location that Stice visited in Cuzco for four days was very different, she said, and did not provide the same level of care and safety as the orphanage.

Stice described a police-run shelter that housed children taken from the streets, some as young as three years old.

There was no hot water, soap, toilet paper, books or toys, she said, and the police had to secure the doors so children would not run away.

Stice described the kitchen area as having a leaky roof that was so bad that people literally stood in a pool of water while trying to prepare food.

She approached a general contractor to get a price for installing hot water and a new roof, and she said she was baffled by how low the estimate was: a mere $300. (Friends and family members donated over $200 after hearing the story.)

In a questionnaire, the children were asked what they needed most in their lives to be happy.

"Almost every child said that they wanted 'una familia Feliz,' (a happy family) or 'los padres,' (parents)," Stice said.

They were also asked whether they had ever felt fear and most replied that they were afraid of violence at home or on the street, she said.

"They have clearly been traumatized," she said, "and that's important for anyone who works with them to know."

Those who wish to volunteer their time to helping children do not need to travel quite so far from home, she said.

"This is not a problem that is confined to other countries. This is a very real problem in the U.S., and finding people to adopt older children in the U.S. is huge."

Many older children who opt out of an orphanage at age 18 may not have a permanent home, and 18 through 24 year olds are the fastest growing homeless population in the U.S., she said.

The Department of Social Services is currently seeking foster families for children in need.

All types of families, married, single, couples, working parents, families with or without children, can be a foster family.

"We all need a home and a family, and you don't have to travel to Peru to be helpful, she Stice.

For more information on becoming a foster family, call Cara Hemingway at the Department of Social Services, coastal area office, at 781-682-0866.

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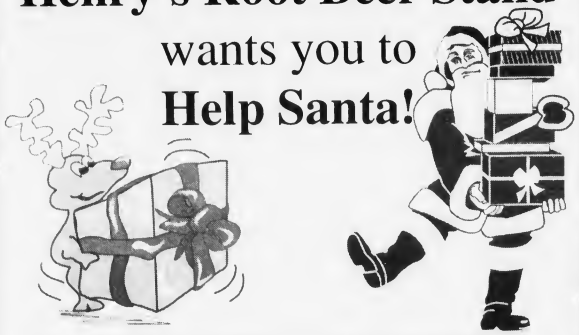

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Five Veterans Sworn In As New Firefighters

Five new Quincy firefighters were sworn in last week at a City Hall ceremony.

The five – all veterans – are : Eric Wirtz, Michael Kerr, William Eastwick, William Kelley and Michael Kisiel.

"We chose these five men from a pool of hundreds of applicants," said Mayor William Phelan. "We believe they will add nicely to an already professional, top-notch fire department. I congratulate these men and their families for this accomplishment."

Wirtz is a 1997 graduate of North Quincy High School. His brother George joined the fire department last year. He is a veteran of the United States Coast Guard, and former member of a U.S.C.G. search and rescue squad.

Kerr is a licensed Emergency Medical Technician. He served four years of active duty in the U.S. Marine Corps before being honorably discharged in 2002. He was a corporal in the 2nd Recon Battalion. He most recently served in executive protection services for State Department Diplomats in Iraq.

Eastwick is a 2003 graduate of Quincy High School. He was a corporal in the United States Army and served in the military police during stints of service in both Iraq and Afghanistan.

Kelley holds a Bachelor's Degree in Justice Studies and Child Psycology from Arizona State University. He served in the Marine Corps as a military policeman and was honorably discharged in 1993. He has been a Corrections Officer in Suffolk County.

Kisiel is a 1998 graduate of North Quincy High School. A veteran of the Coast Guard, he was honorably discharged in 2005

"Firefighting is much different in today's world than it was five or 10 years ago," Phelan said. "It's much more proactive in our need to identify circumstances such as chemical, biological or radioactive situations. We expect more from our firefighters than ever before and I am confident that this new group of young men will help continue to improve an already great department."

CITY CLERK Joseph Shea swears in five new Quincy firefighters, from the left, Matthew Kisiel, William Eastwick, William Kelley, Eric Wirtz and Michael Kerr. Mayor William Phelan, who appointed them, is at the right. *David Murphy photo*

Entries Being Accepted For First Night Parade

First Night Quincy is accepting entries from those who wish to participate in the Grand Procession Parade. Residents, businesses and community organizations are encouraged to participate by entering a float, or simply a vehicle bedecked with lights and color, which is the theme of the parade. Three prizes of 4500, $250 and $100 will be awarded to the entries that show the most creativity, originality and effort.

"The Grand Procession parade is a festive, fun way for neighborhood associations, PTO's and other groups to put their creativity and talents to use and raise money for their various causes," said Mayor William Phelan.

The parade begins at the intersection of Hancock Street at Saville Avenue and disbands at Temple Street just beyond City Hall and United First Parish Church. The cast of colorful characters, includes a band of Giant Vegetables and a traditional Chinese Dragon dance.

Those interested in participating may obtain entry forms and more information by contacting the Park Department at (617) 376-1251.

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Moments in time

THE HISTORY CHANNEL

• On **Dec. 16, 1773,** in Boston Harbor, a group of Massachusetts colonists disguised as Mohawk Indians board three British tea ships and dump 342 chests of tea into the water. The tea was worth more than $700,000 in today's currency.

• On **Dec. 17, 1843,** Charles Dickens' classic story "A Christmas Carol" is published. Dickens' father, a clerk in the navy pay office, was thrown into debtors' prison in 1824, and 12-year-old Charles was sent to work in a factory. The miserable treatment of children and the institution of the debtors' jail became topics of several Dickens novels.

• On **Dec. 14, 1909,** the famous brick surface of the Indianapolis Motor Speedway (the "Brickyard") is completed.

• On **Dec. 12, 1913,** two years after it was stolen from the Louvre Museum in Paris, Leonardo da Vinci's masterpiece "The Mona Lisa" is recovered inside Italian waiter Vincenzo Peruggia's hotel room in Florence. Peruggia had previously worked at the Louvre and had participated in the heist with a group of accomplices dressed as janitors on the morning of Aug. 21, 1911.

• On **Dec. 13, 1950,** an unknown actor named James Dean appears in a Pepsi commercial, dancing with other teens around a jukebox. Dean would later personify the angry, restless youth culture in films that made a deep impression on the American public, including "Rebel Without a Cause" (1955).

• On **Dec. 15, 1973,** Jean Paul Getty III, the grandson of American billionaire J. Paul Getty, is found alive near Naples, five months after his kidnapping by an Italian gang. J. Paul Getty secured his grandson's release by paying just $2.7 million, the maximum amount that he claimed he was able to raise.

• On **Dec. 11, 1985,** the Unabomber kills his first victim. Hugh Scrutton was killed in his computer store in Sacramento, Calif., by a mail package that exploded in his hands.

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PENNY: 7 y.o. tabby. Quiet home.
QUINN: 6 y.o. male tabby. FIV+.
TABITHA: 2 y.o. gray and white tabby.

Sunbeams

By Henry Bosworth

Ted And Eddy

Ted Kennedy and Eddy Martin were as close as brothers.

The former Quincy resident and the senator developed a strong personal bond over a 45-year friendship and political relationship.

KENNEDY

MARTIN

That togetherness came through sentimentally as Kennedy spoke at Eddy's Funeral Mass at St. John's Church last Thursday.

It was a touching tribute filled with affection and sprinkled with a little humor.

The Mass was celebrated by another long-time friend, Fr. William McCarthy, former pastor of St. John's.

FR. McCARTHY

Eddy, a highly respected former Boston Traveler reporter and a Marine veteran of World War II who became Kennedy's political adviser and confidante, died Dec. 3 at his home in Dennisport. He was 86.

Kennedy credited him with playing a major role in getting his political career started and keeping it on track in a close-up look at their remarkable relationship.

The Mass was celebrated on the 65th anniversary of the Japanese attack on Pearl Harbor and Kennedy noted:

"Eddy was a student at B.U. and responded to that awful attack by asking what he could do for his country and then spent the next 65 years of his amazing life doing it."

Kennedy said it must have been the luck of the Irish that brought them together in 1961 when Eddy agreed to help out in his first campaign for the Senate.

"Helping out is putting it mildly. Jack and Dad knew that politics in the Commonwealth was a contact sport....and....I'd need adult supervision of the highest order. He was far and away Jack's and Dad's first choice for me."

When Eddy agreed and Marge, his wife and love of 58 years, gave her blessing to Eddy's career change, Kennedy recalled:

"A huge sigh of relief swept over the whole compound at Hyannis Port. As far as Jack was concerned, my election was sealed that day and I was the happiest unqualified candidate on the planet.

"Needless to say, Eddy exceeded all expectations. It was love at first sight. The campaign was no cakewalk, but it would never have happened without shamrock mastermind and charmer Eddy Martin."

Kennedy said Eddy was, "a model Chief of Staff. He could do everything.....a brilliant judge of people who could spot a jewel or detect a phony from a mile away....and....he had that sense of humor that could break the tension and bring a laugh when it was needed most."

When the Blizzard of '78 struck, Eddy had retired as Chief of Staff and succeeded by Ken Feinberg. Kennedy was stuck in Washington so Feinberg called Eddy for advice.

"He knew that Eddy could always wave a magic wand and get results in cases like this. But all Eddy said was 'Ken, if I were still Chief of Staff there wouldn't have been a blizzard'."

Kennedy credited Eddy with bringing about the statue of President John Kennedy in front of the State House and the Rose Fitzgerald Kennedy Greenway.

"I was overwhelmed. What an unbelievable friend, what a can-do guy he always was."

Kennedy recalled his plane crash in 1964 and Eddy taking a room next to him in the Northhampton Hospital.

"It was an election year and he ran my Senate office and my campaign office from those new headquarters as skillfully as ever....preparing the hospital for a visit by LBJ....talking to the doctors about whether I would ever walk again, all the while working to assure that I'd be a Senator again."

Eddy always understood people, Kennedy said, and knew what made them tick. That was the reporter in him, I think.

"Eddy didn't need a poll to tell him what was right. He just knew it in his gut.

"In this last campaign I still relied on Eddy's judgement and advice. Should I debate my opponent? 'Absolutely,' Eddy said, 'Just make it 30 minutes and air it during the baseball playoffs."

Kennedy said Eddy had a special knack for calming unhappy constituents.

"One day a constituent/activist got fed up. She wanted a policy change and she wanted it now! She banged on the table and said she couldn't take it any longer.

"She hurled abuse after abuse at Eddy. He kept his smile throughout and she finally sputtered, 'I'm so angry. I hate you, hate you, hate you, you cute little Irish son of a gun.'

"I'm paraphrasing a little," Kennedy noted, sending a ripple of laughter through the church.

Kennedy and his wife, Vicki, who attended the Mass with him, visited Eddy and Marge a few days before Thanksgiving. Eddy's prognosis wasn't good but:

"He was upbeat and he wanted us to be upbeat. Marge was determined we would all keep Eddy smiling-just the way he always kept us smiling-until the end. But in typical Eddy fashion, he was the one who kept us going.

"How do you say good-bye to a man like that? I'm sure he's laughing up there with Jack and Bobby, spilling all his stories about me that he fortunately never put in any memoir."

And Kennedy, his voice cracking, added with emotion:

"He was simply the best and I miss him dearly. I loved you very much, Eddy. You blessed our lives and forever changed our world.

"Rest in peace, my friend. Rest in peace."

Kyle Ferrier Nominated For Military Academy

Kyle Ferrier of Quincy is among 29 area students nominated to U.S. service academies by Congressman William Delahunt.

Ferrier was nominated for the 2007-2008 school year at the U.S. Military Academy at Wese Point. He was also nominated for the Vacancy 2 group at the U.S. Naval Academy.

"Given the variety of demands placed on our armed forces, I am privileged to nominate such accomplished students," Delahunt said. "These young people, their families and teachers can take great pride in their commitment to serving our country."

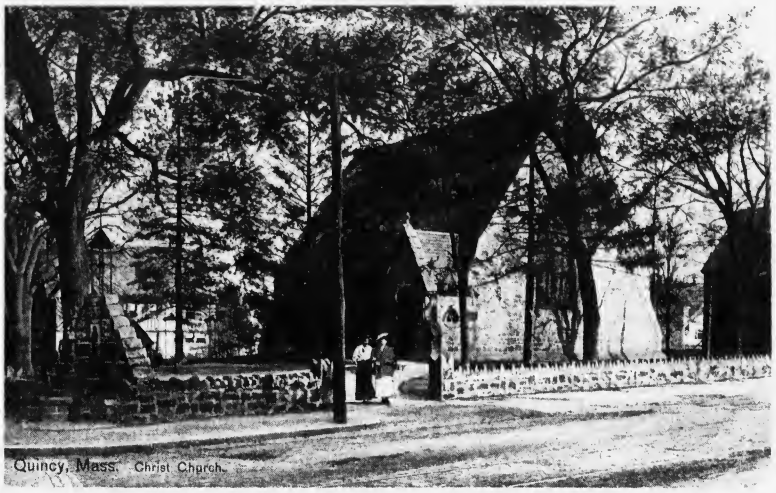
Dozens of prospective nominees were reviewed by Delahunt's Congressional Service Academy Selection Committee, comprised of eight distinguished area residents. Receiving a nomination completes the first stage of the Service Academy process. The applications of these students have been forwarded, without preferential listing, to the respective academies, which make the final appointment decisions.

COA Seeking Wheelchairs

The Council on Aging is in urgent need of wooden or metal wheelchairs of all sizes and canes to help disabled seniors to get around.

If you have one, call the council at 617-376-1506.

Scenes From Yesterday



THIS IS A 1915 postcard view of the Christ Episcopal Church on the corner of Elm Street and Quincy Avenue in Quincy Center. This is the oldest Episcopal parish in Massachusetts and possibly in the U.S. Colonists who came to America but wished to remain with the Church of England organized it in 1701. They built their first church on School Street near the present site of St. John's Catholic Church. Their ancient burial ground remains there on the corner of Phipps Street. The church shown here was built in 1874 and was the third church built on this corner by the parish. The first two were destroyed by fire. This building is made of Quincy granite. The granite wall and the fountain show in the foreground here were removed when the streets were widened. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of Tom Galvin

READERS FORUM

Trash And Litter

Each day I walk my neighborhood in Quincy I am disappointed to see trash everywhere. There are candy wrappers, coffee cups, soda cans, napkins, paper, juice box straw wrappers, gum, newspapers, plastic items and cigarettes.

I can walk by a house day after day and the trash never gets picked up. One would think that civil pride would prevail and that the resident would pick up the litter. Do people think that the city Public Works Department can pick up every piece of trash on our lawns, sidewalks and street area in front of our homes?

I do not understand how a resident can each and every day walk by the litter that is on or near their property; it takes but a few seconds to pick things up. Quincy residents: let us work together to help clean up our potentially great city. It is a problem that will only go away with citizen participation.

There are many smokers that live and pass through Quincy, as is evident by the number of cigarette butts lining our streets and roads. It is especially bad where there is a traffic signal or stop sign. A smoker simply does not care where he or she discards their cigarette once they have finished smoking it. Folks, please use your ashtrays, then empty when it is full and you are near a barrel.

On trash pickup day, it is sad to see quality items being thrown away. These are things that could be recycled, donated to charity, passed along to a neighbor, or given up to someone via www.recycle.com. So before you place something for trash pickup, consider these options. Recycling saves our delicate Earth.

Joseph M. McGaffigan
Quincy

Bush And The Iraq War

For the war on Iraq, it is most unfair to blame primarily our President. All critics say that the President does not have a strategy to succeed in Iraq. We forget that the President could not have gone to war if the U.S. Congress did not authorize him to do that.

The President also needed the U.N. Security Council's approval to go to war. But Senator Hillary Clinton, on "Meet the Press," told President Bush that he did not need U.N. approval, just as her husband President Clinton did not need U.N. approval to bomb Serbia 78 days. More over, not a single Congressman or U.S. Senator gave our President advice what strategy to use to succeed in Iraq. The President was given permission to go to war, but he lacked military training to know what to do to succeed in war.

The President wanted victory ever since the war on Iraq started, but he did not know what advice to give to Donald Rumsfeld what to do. And in spite of the fact that James Baker III made a statement that it's no appeasement to talk to your enemies, he failed to advice President Bush to use diplomacy with our two archenemies: Osama Bin Laden and Saddam Hussein. Only peace with these two men would bring home all our soldiers, that we claim to support.

Michael Jovanovic
Town Hill St.

Robotics Team Can Drive Fundraiser Saturday

A can drive fundraiser for the Quincy Public School's FIRST Robotics team will be held Saturday, Dec. 16 from 8 a.m. to 2 p.m. at Quincy High School in the loading dock area of the Center for Technical Education.

All proceeds from the event will go towards the robotics team in helping the students raise funds for their upcoming competitions.

All donations of cans and bottles are appreciated.

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Quincy's Yesterdays

Task Force Calls For Halt In Incinerator Permit

This Week
1988
18 Years Ago

By FRANK McCAULEY

Members of the Quincy Environmental Task Force called for a halt in the permit process for a proposed rotary kiln incinerator by Clean Harbors, Inc. near the Quincy - Braintree line, saying more specific and detailed information regarding potential health problems, needs to be collected.

David Smith, chairman of the task force, said "what we really would like to see at this point in time is essentially a halt to the process until specific information can be gathered, dealing with the meteorological effects of that area, dealing with the air quality issues of that air, for a minimum of one year."

LIBRARY GETS $95,000 BOOKMOBILE

Warren Watson, Director of the Thomas Crane Public Library, asked Mayor Francis X. McCauley for a new bookmobile since the old one was ready for retirement. Funded by the city's capital outlay accounts, the new bookmobile cost $95,000. The new vehicle will shelve about 2,000 books. The bookmobile makes 23 stops a week throughout the city.

QUINCY-ISMS

Donald Gratz was appointed Executive Director of Continuing Education at Quincy Junior College... **Gary Fine**, son of WJDA newscaster **Herb Fontaine**, is thinking about a bid for the Quincy School Committee in the 1989 election... **Dr.** and **Mrs. Barry Gilfeather** welcomed their fourth child, a son **Daniel Taylor**. Dr. Gilfeather, a lieutenant in the U.S. Navy, is the son of **Mr.** and **Mrs. John Gilfeather** of Wollaston... **Rev. Fred M. Lawson**, pastor of the Covenant Congregational Church, Whitwell St. sermon topic Dec. 18 will be "God In Us and Through Us,"... **Kirk Fordyce** was elected president of the Quincy and South Shore Building and Construction Trades Council. He succeeds **Carmine D'Olympio** of Quincy. Other officers elected included: **Thomas Chirillo**, secretary-treasurer; **Kevin Cotter**, executive vice president; **John Hogan, Thomas Broderick** and **Lawrence LaFleur**, trustees... **Daniel J. Mahoney**, a 35 year veteran of the Quincy Police force, died at 74... Skin Plus, 500 Victory Rd., Marina Bay, was advertising "holiday facials, special price of $35 for a regular value of $65. Leave with an afterglow that will radiate your natural beauty,"... Recreation Director **Barry J. Welch** announced that the Quincy Recreation Department was conducting registrations for a second session of instructional ice skating for boys and girls ages six through 16... The law offices of Matera, Vopat, Matera and Johnson, P.C., announced that **Anthony S. Falco**, had become an associate of the firm... **Bob Sylvia** began his 25th year as Quincy High School's hockey coach... The Greater Boston Select Hockey League selected three Quincy youths for its PeeWee All-Star select team. The Boston Mini-Bruins **Rob Guarnieri, Mike DesRoche,** and **Brian Wood** were selected for the 18 member team from over 60 candidates from a number of cities and towns... The Quincy Point Panthers cheerleaders successfully defended their Eastern Mass. title by beating Brockton by 31 points. The cheerleaders are raising money for a trip to participate in the national championships... **Paul Bregoli** began his ninth year as North Quincy High girls basketball team coach. Bregoli has led the North girls to the Eastern Mass. Tournament five times in eight years. Returning seniors included **Paula Tolson, Deidre Murphy, Kellene Duffy, Debbie Panaro** and **Karen Reister**... **Amy Vermette**, 10 year old daughter of **Gill** and **Marybeth Vermette** of North Quincy, was appearing in the Nutcracker at the Wang Center for the Performing Arts... **Calece Greeley**, 13, of Quincy, an Advanced Placement student at Central Middle School, was named "Miss Photogenic" in her age group in the La Femmina Model of the Year Pageant... **Joe Hajjar**, owner of Joe's Pub in Quincy Point, was presented the Miller Lite Athletic Club award as a charter member... **Kerry R. Northup**, Fayette St., Wollaston and **James J. Norman,** Lebanon St., Quincy Point, were accepted into the Honors Program at Northeastern University. They were chosen because of their superior high school records and SAT scores.

Arts & Entertainment

Vacation Week Programs At Library

The Thomas Crane Library announces upcoming events for December school vacation:

Dec. 27: (Wednesday, 10:30 a.m.) "Having Fun with Pyramids and Pharaohs," presented by Paulette Morin, is an exploration of ancient Egypt. Participants may unwrap a mummy, look at King Tut's Tomb and explore the pyramids. This program uses a multimedia/PowerPoint presentation and storytelling and is best suited for school-age children. This program will be held in the large meeting room at the Main Library in Quincy Square. No registration is required.

Dec. 28: (Thursday, 2:30 p.m.) "Introduction to Archaeology" will explore the past through hands-on interactive activities. After the introduction, participants will examine an archaeologist's field pack and excavate the "Code Rose site," a simulated archaeological site complete with mysteries and features. Participants will dig a square, recover artifacts, identify and date them and discuss how they contribute to the story of what happened at the site. Participants are advised to wear clothes suitable for "dirty job." Space is limited. Registration is required and limited to Quincy residents, and is intended for children age six and older. To register, stop by or call the North Quincy branch at 617-376-1320.

Participants are also invited to stop by and make "Egyptian collars." This project is suitable for all ages, and is a suggested activity for younger children while older siblings are attending a library program.

Egyptian collar supplies will be available during Christmas vacation Tuesday, Dec. 26, from 2-4 p.m. at the Adams Shore branch, Wednesday, Dec. 27, from 10 a.m. to noon at the Main Library, Thursday, Dec. 28, from 2-4 p.m. at the North Quincy branch, and Friday, Dec. 29 from 10 a.m. to noon at the Wollaston branch.

Programs are sponsored by the Friends of the Thomas Crane Public Library.

Creative Exhibit At Crane Library

Talented amateurs on the staff of the Thomas Crane Public Library will exhibit their creative work now through Dec. 29 in the Coletti Reading Room on the first floor of the Main Library, 40 Washington St., Quincy Center.

Works on display include a variety of needlework items such as quilts, cross-stitch, clothing, and knitting. An array of photographs reflects staff travels, from Cape Cod beaches to Moroccan doorways. Other pieces include collage, altered books, and an Advent Christmas tree.

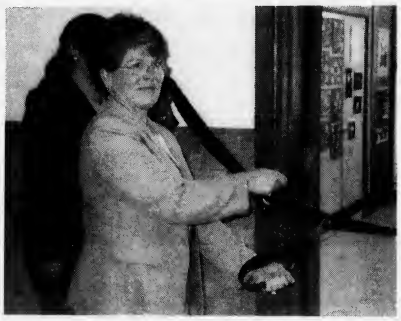
For more information, call 617-376-1301 or visit thomascranelibrary.org.

AT THE RIBBON cutting ceremony are from left, Mr. and Mrs. Stephen Gilligan, parents of a Sacred Heart Student, and Principal Katherine Hunter.

Science Lab Opens At Sacred Heart

Sacred Heart School recently added a new Science laboratory to the school, 370 Hancock St.

"The Science laboratory is a wonderful facility, which will have a positive impact on the educational experiences of our students, said Principal Katherine Hunter at the recent ribbon-cutting ceremony. "This laboratory is a concrete example of what a group of committed people can accomplish when they work together toward the same goal."



KATHERINE HUNTER, principal of Sacred Heart School recently cut the ribbon in a ceremony which officially opened a new Science lab at the school, 370 Hancock St.

For the past year, the Parent Teacher Organization, parishioners, and others have donated to the school, and the computer lab program was given the green light for construction in the spring of '06. Dedicated parents volunteered time over the summer to help construct the lab, with the assistance of local contractors. The lab was completed prior to the school year.

The facility is equipped with acid-resistant tables, a workstation for students in lower grades, several computer stations, and an instructor's table complete with a sink, and area for a Bunsen burner. There is also an emergency shower, and eye-wash station.

Mr., Mrs. James Borden Parents Of Daughter

James and Jami-Leigh Borden are parents of Haleigh Marie Borden, born Nov. 11 at South Shore Hospital.

Grandparents are David and Cyndie McQuade of Plymouth, Joseph and Jayne Lamm of Weymouth, James Borden and Janet Murphy of Quincy.

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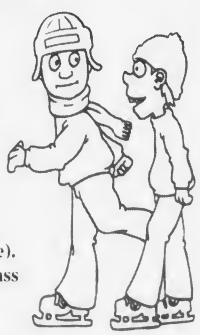

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SOCIAL

139 On St. Ann First Term Honor Roll

Saint Ann School lists 139 students on its first term honor roll.

They are:

GRADE 4

First Honors: Emily Song

Second Honors: Lorenzo Bartolome, Renee Chiu, Marlene Choi, Timothy Chu, Gabrielle Flaherty, David Free, Hannah Gillan, Thomas Healy, Maria Kerchner, Terrence Lau, Ashley Leung, Molly Mahoney, Jennifer Pham, Jadah Williams and Ethan Yau.

Honorable Mention: Bernard Awatin, Sophia Campot-Eagan and Vanessa Trifone.

GRADE 5

Second Honors: Tamra Adams, Katherine Beane, Julie Connell, Marlena Forrester, Steven Gilbert, Haley Huang, Alexa Johnson, Erin Koehler, Alan Lee, Rebecca Liu, Timothy Lo, Matthew Maki, Andrew Maloney, Bryan McCormack, John Mulcahy, Kayla Odegaard, Michael O'Donnell, Stephen Roche, Meghan Shea, Taylor Stewart, Catherine Sullivan and Ryan Vu.

Honorable Mention: Ana Gallotto, Daniel Guarente, Katelyn Hegarty, Jessica Muscato, Krithi Nathan, James O'Shea and Renee Patten.

GRADE 6

First Honors: Richard Chaudhary, Eric Lam, Emily Mazza, Eliza McDonald, Devin O'Brien and Emily Thoi.

Second Honors: Elizabeth Anne Amerault, Niamh Brennan, Kiera Bruce, Michael D'Andrea, Emily Devane, Genevieve Durant-Mahoney, Kayla Free, Caroline Kelly, Sophie Lee, Gregory McKinnon, Brendan McLaughlin, Rosemary Morton, Lina Nguyen and Alexandria Saar.

Honorable Mention: Kennedy Harding, Abigail O'Connell and Madeline Trzcinski.

GRADE 7

First Honors: Marisa Adams, Katie Alsip, Zeena Bartolome, Marypat Henry and Tiffany Lo.

Second Honors: Kelsey Bina, Aaron Chiu, Meaghan Cloherty, Trone Eng, David Joyce, Olivia Lehane, Stormy Leung, James Maver, Paul Mulvey, Carolyn Nguyen, Lisa Nguyen, Grace O'Donovan, Cassandra Swanson and Cindy Tung.

Honorable Mention: Michael Gallotto, Tara Howard, Sarah King, Sarah LaPointe, Son Pham, Victoria Saar, Angelica Sincavage, Andrew Skinner, Josephine Wong and Brendan Wright.

GRADE 8

First Honors: Shayne Bailey, Justin Coscia, Sarah Gilbert, Daniel Hartel, Kyle Johnson, Thomas Mahoney, Jordan McCormack, John Morton, Ryan Shanahan, Brian Tse, Norton Wong and Ricky Yu.

Second Honors: Myles Carrigan, Grace Chan, Allison Culkin, Emily Gray, Craig Kelly, Alex Lau, Matthew Leung, Eric Mason, Jennifer McMahon, Jessica Nguyen, Shannon Porter, Alphonsus Preza, Meghan Ryan, Katelyn Sullivan, Anthony Testa, Regina Valdez, Dominic Venuti, Anna Wahlstrom and Daniel Whooley.

Honorable Mention: Brittany Brennan, Beth Gilcoine, Kayla Kingsbury, Kevin Nesti, Eric Nguyen, Hugh O'Connell, Denise O'Shea and Kasia Spitalniak.

STEPHEN CARROLL and JACQUELINE LOEHR

Jacqueline Loehr Engaged To Stephen Carroll

John and Karin Loehr of River Vale, New Jersey, announce the engagement of their daughter, Jacqueline Loehr to Stephen Carroll.

He is the son of Robert and Joyce Carroll of Quincy.

Ms. Loehr is a clinical instructor at Curry College School of Nursing. She is a graduate of Pascack Valley Regional High School. She earned her bachelor's degree from Boston College and her master's degree from Duke University.

Mr. Carroll is a sales manager at Yellow Book U.S.A. He is a graduate of Archbishop Williams High School. He earned his bachelor's degree at Western New England College in Springfield.

An August wedding is planned.

N.Q. Catholic Women's Christmas Party Tonight

The Catholic Women's Club of North Quincy will meet tonight (Thursday) at 7:30 p.m. in Sacred Heart School Hall.

Kate Shannon will conduct the business meeting. Reports of the recent craft fair will be given.

Members are requested to bring an unwrapped gift to be given to the Koch Club and articles for the Lang Island Shelter. A Christmas party will follow.

Virginia Moore and her committee are chairpeople for the evening.

Chanukah Celebration Dec. 21 At City Hall

The Hingham Quincy Chabad will celebrate Chanukah with a Family Festival following the Grand Menorah Lighting at City Hall, Thursday, Dec. 21

A free celebration with participation from Mayor William Phelan will be at 6:30 p.m. at the Menorah. The celebration will continue indoors at 7 p.m.

The celebration will feature live music, face painting, hot latkes and doughnuts, dreidel games, chocolate coins, arts and crafts. This event is for all ages, and participants are invited to bring a gift for a child-in-need. All are invited.

"Chanukah's a time for celebrating the freedom to practice our heritage," said Rabbi Shmuel Bronstein, director of the Quincy-based Chabad.

For more information call 617-850-5935.

Mr., Mrs. Dominic Catrambone Parents Of Daughter

Dominic and Loren Catrambone of Quincy are parents of Lilliana Regina Catrambone, Born Nov. 25 at South Shore Hospital.

Grandparents are Roderick and Jean McLellan of Quincy and Frank and Cheryl Catrambone of Quincy.

Lindsey Meyers Studies In London

Lindsey A. Meyers is studying in London for the fall semester.

The daughter of Christopher and Heidi Meyers of Quincy, she is a graduate of Quincy High School. She is currently a junior at Roger Williams University, Bristol RI, and majoring in theater and elementary education.

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RECIPIENT PAUL MCDEVITT with his son, Neil McDevitt, his wife Suzanne Bump and daughter in-law Alicia Barton McDevitt. *Robert Noble photos*

PAUL MC DEVITT, president and founder of Modern Assistance Programs, Inc., receives the Maria Droste Award from Sister Lorraine Bernier, director of the Maria Droste Agency.

Paul McDevitt Receives Maria Droste Award

Paul F. Mc Devitt, president of Modern Assistant Program, recently received the Maria Droste Award, at a ceremony hosted by the River Bay Club.

Mc Devitt was recognized for his work with the Maria Droste Counseling Services. Members of the Maria Droste Board, and staff members of the agency, selected the recipient.

Mc Devitt, president and founder of Modern Assistance Programs Inc., assists in providing mental health and substance abuse benefits management, alternative medical program design and implementation, and employee assistance program services to 43,000 workers and their families throughout New England.

Mc Devitt, who serves as vice chair on the Maria Droste Board, is a past president of the board of Bridge Over Troubled Waters, serves as chair of the board of Project Bread, the Walk For Hunger. He is a co-chair of the board of Friends of the Shattuck Shelter, vice president of the board of the Massachusetts Coalition for the Homeless, and a founding board member for Citizens Schools. He also serves as a consultant and advisory council member for Julie's Family Learning Program in South Boston, and is a co-chair of the Gavin Foundation.

Mc Devitt is a prior recipient of the Massachusetts Alcoholism Counselors President's Award, the Cushing/Gavin Award, given by the Labor Guild of the Archdiocese of Boston, and the William F. (Bill) Callahan Award, for meritorious service at the national level for professional addiction counseling.

Mc Devitt is a graduate of Boston College, with a master's degree in counseling psychology from Umass. He is a licensed mental health counselor, and a certified employee assistance professional.

Fundraising for this year's award ceremony was provided by the Good Shepherd's Maria Droste Services Board, with Gerri Dussault, executive director of the River Bay Club serving as chairman. They, with the Maria Droste staff, organized this year's ceremony.

Maria Droste Counseling Services counsels individuals from age 5 through 75, providing clinical support to individuals, couples and families. Their services are available on a adjustable fee sliding scale that is made possible by the generosity of the community, and fundraising activities.

For more information call the Maria Droste Counseling Services at 617-471-5686.

Friendly Visitors Sought At COA

The Quincy Council on Aging is seeking volunteers to call on the elderly who live alone and would welcome a friendly visitor.

The COA is also seeking seniors who live alone and would like a friendly visit themselves.

Call the COA at 617-376-1508 and ask to speak with Lena Trouth, the friendly visitor coordinator.

The Council is mandated by law to do background checks on all volunteers.

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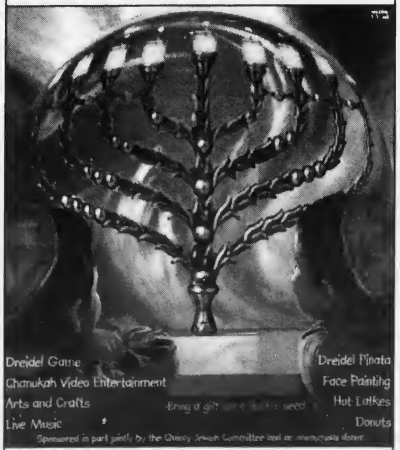

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Today And Friday Outside City Hall

32 More Leaders Ring Salvation Army Bell

Thirty-two more community leaders are volunteering to man a Salvation Army kettle Thursday and Friday in front of City Hall to help brighten the holiday season for the needy.

Last Friday, 19 others braved frigid weather to ring the bell at the same site.

This is the 10th year community leaders have volunteered to team on one hour shifts beginning at 9 a.m.

All money raised goes directly to the Salvation Army's Quincy Temple Corps, 6 Baxter St. to aid local families.

The kettle schedule for Thursday and Friday:

THURSDAY, DEC. 14

9 A.M. - City Councillor Joseph Finn and Elaine Dwyer, vice chairman of the Quincy School Committee.

10 A.M. - Ralph Yohe, president South Shore YMCA and state Rep. Stephen Tobin.

11 A.M. - State Senator Michael Morrissey,Norfolk County Dist. Atty. William Keating and former Mayor James Sheets.

12 NOON - John O'Connor, president and CEO of South Coastal Bank, and Maralin Manning, executive director Quincy Business Association.

1 P.M. - Robert Curry, chairman Quincy Medical Center Board of Directors and owner Curry Hardware store, Edward Keohane, chairman of the Quincy Partnership and owner Keohane Funeral Homes; and Peter O'Connell, president Marina Bay Company.

2 P.M. - Anthony Agnitti, chairman Quincy Medical Center Foundation and owner Agnitti Insurance; and Isobel Bertman of Rogers Jewelry, member South Shore YMCA Board.

3 P.M. - City Councillor Brian McNamee and School Committee member Kevin Mulvey.

FRIDAY, DEC. 15

9 A.M. - City Council President Doug Gutro, Patrick McDermott, Norfolk County Register of Probate and City Clerk Joseph Shea.

10 A.M. - Jackie Gardner, director American Red Cross Area and School Committee member Linda Stice.

11 A.M. - Chazy Dowaliby, editor *The Patriot Ledger* and Henry Bosworth, publisher *The Quincy Sun*.

12 NOON - Police Chief Robert Crowley and Fire Chief Timothy Pettinelli.

1 P.M. -Dean Rizzo, executive director Quincy 2000 Collaborative and Richard Gormley of Soverign Bank, president Quincy Business Association.

2 P.M. - Fr. Richard Cannon, pastor St. John's Church and John (Jake) Comer, past national commander of the American Legion.

3 P.M. - City Councillors John Keenan and Kevin Coughlin and School Committee member James Timmins.

Line Dancing For Seniors

The Quincy Council on Aging will hold a line dancing class for seniors every Thursday at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., Quincy Point.

Students' Holiday Fair At Quincy High Benefits Orphans In Ethiopia

Students from Quincy High School, Broad Meadows Middle School and Archbishop Williams High School recently teamed up for a Holiday Fair fundraiser for 50 Ethiopian orphans at the Center for Technical Education gym at Quincy High.

Students involved are all members of Operation: Day's Work-USA (ODW) which is a national, student-run campaign co-founded by Quincy students in 1998. Each school year, ODW students choose, fund and establish a modest education project in a developing country.

All proceeds from the fair will go to fund the Ethiopian Orphan project of Operation Day's Work-USA.

The fair featured ethnic food, photos with Santa, games, a craft sale, ornament making, holiday earrings, cookie decorating, and a white elephant table.

A Tiffany necklace was a grand prize in a drawing.

The holiday fair also featured an information table explaining ODW as well as this year's project to create a group home, education, health care and hope for 50 Ethiopian orphans each year for the next three years in Addis Ababa. The group home will be staffed by Ethiopian nationals and overseen by the non-governmental organization the Human Capital Foundation whose Executive Director, Carol Foster, has had 12 years of experience working with adoption agencies and child development agencies within Ethiopia.

ORPHANED CHILD, Addis Abiba, Ethiopia, a potential recipient of the recent ODW Holiday Fair fundraiser at the Center for Technical Education gym.

Photo Courtesy of Human Capital Foundation

There are 4.5 million orphans in Ethiopia. Worldwide, 14 million children have lost one or both parents to AIDS or civil wars, the equivalent of every child under 5 in the U.S.

For more information, contact teacher Ron Adams at 781-335-3647.

Vision Deprived Meet To Learn New Skills

Seniors and others with limited vision meet twice a week Tuesdays and Fridays at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., to learn new skills from each other.

For more information, call the Council on Aging at 617-376-1506.

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Bank Of Canton's 'Good Cheerlings' Holiday Cash Giveaway Underway

Bank of Canton announces its "Good Cheerlings" holiday cash giveaway is underway.

For four weeks, the public has a chance to win from $100 to $500 in the Bank of Canton's weekly giveaway.

Random drawings will be held every Friday at all six Bank of Canton locations during the promotion, including: Quincy, Randolph, Brookline, Hyannis, the Canton Main Office at 557 Washington St., and the Canton Route 138 branch.

There will be one winner chosen at each of the branches to receive $100 cash on Dec. 8 and $250 on Dec. 15.

The promotion ends Dec. 22 with two lucky winners receiving $500. The grand-prize winners will be drawn from all of the branch entries throughout the promotion.

There will be a festive holiday celebration Dec. 22

beginning at 9 a.m. Santa is expected to make a visit at the Canton Main Office, located at 557 Washington St.

"Bank of Canton makes a special effort to give back to the communities that have made us so successful each holiday season," said James D. Egan, President and Chief Executive Officer of Bank of Canton. "The 'Good Cheerlings' program allows us to thank the community while also informing the public about our low loan rates and high interest rates for the upcoming year."

This holiday giveaway is for the entire public. To become eligible, fill out an entry form and drop it in the "Good Cheerlings" gift box at the nearest Bank of Canton location. Entry forms can also be mailed to: Cheerlings Sweepstakes, 490 Turnpike Street, Canton, MA 02021.

Entry forms are available at all Bank of Canton locations, as well as in some local newspapers. Winners will be contacted by phone.

Henry's Root Beer Stand Collects Food, Toys

Henry's Root Beer Stand, 60 Newport Ave, North Quincy, is collecting toys and food for needy area families.

"All the other Henry's are seasonal, so we have never had a store open in December, said native Bill Palmer, who co-owns the stand with Kim Palmer.

"When (we) put up the Christmas tree in the restaurant, (we) thought it needed to do more than sit there and look pretty."

Henry's features a "plush crane machine" that people use for fun, and often leave the toy prizes behind, he said. The owners decided to donate the toys to needy children, and didn't want to stop there.

"We decided to give away a free small fry to anyone who leaves a toy or brings in a canned good or perishable food item," he said. "Our business partner, Desi Queally collects every year for My Brother's Keeper, out of Easton, and we decided to help that along too."

Items will also go to the Bethel AME Church in Jamaica Plain, where Guy Reed, manager of Henry's in North Quincy, is an active member.

"Our church still has a number of Katrina families up here, plus the regular neighborhood kids who are in need," said Reed. "This will help out a lot of folks."

To contribute, bring a new toy, canned good, or non-perishable food item to Henry's by Dec. 21. Participants will receive a coupon thanking them for helping Santa, which can be used on the spot, or at a later date.

Henry's opened late this summer on Newport Ave, and received numerous awards for their hamburgers and home-made root beer.

They can be contacted henrysrootbeer@comcast.net or at their website: www.henrysrootbeer.com.

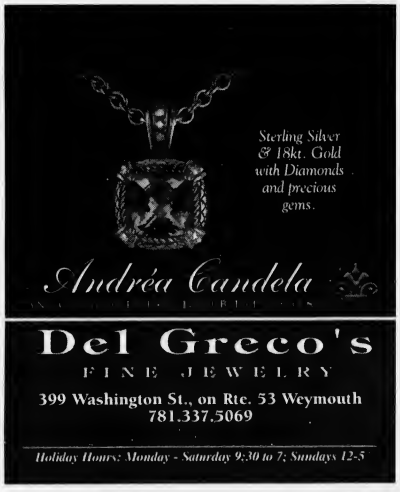
December Movies At Crane Library

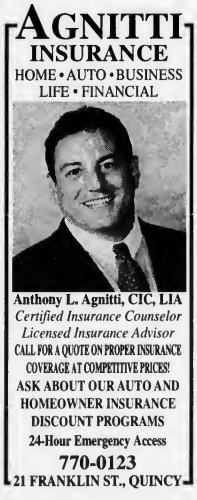
The Thomas Crane Public Library, 40 Washington St., announces upcoming movies for December:

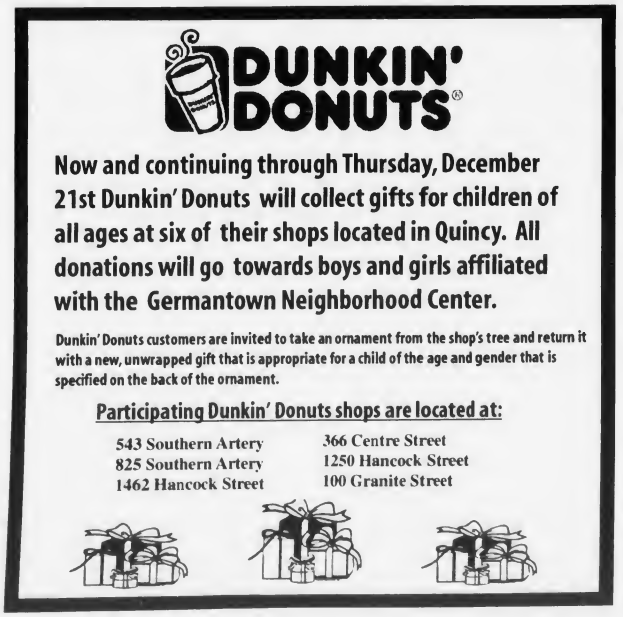
Dec. 14: (7 p.m.) "Witch Hunter Robin: Belief," is a Japanese anime series featuring 15-year old Robin Sena, a "craft" user with pyrotechnic abilities, who signs on with a special witch-hunting organization called STNJ after one of their teammates is killed on the field. Robin begins unravelling secrets of both the witches and STNJ. This program is intended for adults and teens age 13 and older, and is not suitable for younger audiences.

Dec. 21: (7 p.m.) "Men At Work" (in Farsi with English subtitles) tells the hilarious story of four friends who, driving back from a failed skiing trip, encounter a strange and enormous ro The men's frivilous attempt to dislodge the rock gradually disintegrates into a tale of betrayal, defeat and renewed hope. The heroes of the film are doctors, engineers and businessmen in the throes of mid-life crises. Their middle class problems and the absurd phallic rock ventures gives rise to great humor. Directed by Mani Haghighi of Iran, "Men At Work" won Best Felm at the Traverse City Film Festival, and Best Screenplay at the Jajr International Film Festival. Although the film is unrated, it is not recommended for ages under 17 without parental permission.

Both film programs and free. For more information call 617-376-1301, or visit www.thomascranelibrary.org.







Bill To Crack Down On Rogue Mortgage Brokers Gets Favorable Report

Rep. Ron Mariano, chairman of the House Committee on Financial Services announces the release of legislation to protect mortgage consumers in Massachusetts, has been favorably reported out from his committee.

"recent investigations have clearly shown the existence of rogue mortgage brokers operating in Massachusetts," Mariano said. "Using deceptive practices they have defrauded too many consumers out of their hard earned money. With this legislation, no longer will these companies be able to get caught in one city, close up shop, and then reappear under a new name in the next town over a few months later."

In September, the Commissioner of Banks shut down 11 mortgage brokerage firms for intentionally steering prospective home buyers into mortgages they could not reasonably afford, typically by inflating a borrower's actual income on application documents. Additional concerns related to brokers discouraging homebuyers from hiring lawyers to scrutinize mortgage documents, and persuading borrowers to sign blank loan applications.

RON MARIANO

The legislation favorably reported from the Committee on Financial Services will allow Massachusetts to join with other states to establish a multi-state licensing system for mortgage brokers and mortgage lenders. This national database will contain more comprehensive information about licenses, and facilitate the sharing of regulatory information such as enforcement actions and compliance records.

"The recent spike in foreclosures has not gone unnoticed, and is, in part, attributable to these deceptive leaders," Mariano said. "This legislation will help protect consumers not just in Massachusetts, but all across the country."

Christmas Carolers

On Sunday, December 17, from 4:30-6pm
First Presbyterian Church
270 Franklin Street, Quincy,
will sponsor a carol sing along
that will begin and end at the church.
Cider and cookies will be served to participants and guests.

SHINE Counsel At Aging Office

A SHINE counselor will be available Tuesdays and Wednesdays from 9:30 a.m. to 12:30 p.m. at the Quincy Council on Aging office, 83 Saratoga St., Quincy, to assist the elderly and adults with disabilities with health information and benefits.

Home visits can be arranged for shut-ins.

SHINE is the acronym for Serving the Health Information Needs of Elders.

Call 617-376-1247 to make an appointment or to speak with a SHINE counselor.

Quincy Crisis Center Needs Food For 'Help For The Holidays' Dec. 16

Continuing the vision and mission of founder, Esther Sanger, to meet the needs of our hungry, homeless and hurting neighbors, the Quincy Crisis Center is busy preparing their "Help for the Holidays" Christmas deliveries that are made throughout Quincy and surrounding South Shore towns.

Volunteers are needed to deliver bags of non-perishable food and Christmas gifts to those who have called asking for assistance. To help make these deliveries happen, volunteers are being scheduled to help on Sat., Dec. 16, between 9:30 a.m. and 4 p.m. and Dec. 18-22 at the same time.

At this time of year, toy, gift cards and gift donations, along with food are appreciated. There is a great need for donations of gifts for older kids between the ages of 11-16. Current food needs include: hams, turkeys, canned vegetables, stuffing, gravy/broth, dessert mixes, spaghetti sauce, tomato products, cereal, tuna, peanut butter, macaroni and cheese, etc.

Donations are always welcome and can be dropped off at 282 Billings Rd., Quincy, MA, on Mon.-Fri. between 8:30 a.m.-5 p.m. If interested in making deliveries call 617-847-6967 to schedule a time.

The Quincy Crisis Center, and those they serve, say "thank you" for your partnership in helping to fulfill their mission of "advancing a culture of compassion".

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Red Cross CPR, First Aid Courses Today - Dec. 21

The American Red Cross of Massachusetts Bay is offering the following courses today (Thursday) through Dec. 21 at its South Area office, 1495 Hancock St., Quincy.

Infant & Child CPR Review: Dec. 14 from 6 to 10:30 p.m. Cost is $50. Prerequisite is a current certification in Infant & Child CPR.

CPR/AED for the Professional Rescuer Review: Dec. 16 from 9 a.m. to 6 p.m. Cost is $80. In addition to skills learned in Adult, Child and Infant CPR, the course teachers two-rescuer CPR, advanced airway procedures and the use of a pocket mask.

Adult CPR/AED: Dec. 19 from 6 to 10:30 p.m. Cost is $55. The course teaches bleeding, first aid for choking and CPR for victims over eight years of age.

Adult CPR/AED Review: Dec. 20 from 6 to 8:30 p.m. Cost is $50. Prerequisite is current certification in Adult CPR.

CPR for the Professional Rescuer Review: Dec. 21 from 6 to 10:30 p.m. Prerequisite is current certification in CPR for the Professional Rescuer.

Registrations are being accepted for Home Health Aid/Certified Nurses Assistant Courses. A day-time and an evening course starts Jan. 8. Cost is $800.

The American Red Cross will train qualified applicants to become certified classroom instructors in CPR and First Aid. Classes will be offered at the Quincy location.

Preregistration is required for all courses.

Call 617-770-2600 Monday through Friday, 8:30 a.m. to 4:30 p.m. for more information.

Cell Phone Service Soon Available In Tunnels

A settlement was recently reached that will provide cellphone service in the Boston tunnel system.

After a four year stalemate between cellular phone service providers and the Massachusetts Turnpike Authority, there is an agreement to begin construction on a wireless service infrastructure system in the Ted Williams tunnel and ramp system.

Senator Michael Morrissey co-sponsored an amendment in this year's Economic Stimulus Package that forced the parties to appear at a hearing before the Department of Telecommunications and Energy.

"Telephone service in the tunnels had been promised for years, and I am grateful for the role that the DTE played to help address this public safety issue as quickly and efficiently as they did," he said.

The settlement calls for an up-front sum of $1.569 million to be divided equally among the carriers and yearly fees of $140,000 per carrier (increasing annually by 2.5 percent) for maintenance and upkeep of technology.

HAIR STYLIST to the stars Andy Bodine (left) with Keri Sullivan (center) and Caroline Brennan at a recent benefit appearance at Hairplace One hair and skin care salon in Quincy Center. Proceeds from Bodine's appearance raised more than $3,000 for the Young Survival Coalition which assists in the battle to fight breast cancer.

Andy Bodine At Hairplace One Salon

Hair Stylist To The Stars Local Appearance Raises $3,000 To Help Fight Breast Cancer

Hairplace One, a family-owned hair and skin care salon in Quincy, recently hosted a charity event featuring a rare local appearance by Andy Bodine, legendary hair stylist to the stars, screen, television and fashion runways.

The benefit held at the salon located at the corner of Chestnut and Maple Streets in Quincy Center raised more than $3,000. All proceeds, sales and donations from Bodine's appearance were earmarked to The Young Survival Coalition (YSC), assisting in the battle to fight breast cancer and promoting breast cancer awareness, through GHD's "Power of Pink" campaign, championed by celebrity spokeswomen Leah Wood, daughter of The Rolling Stones' Ron Wood, and Rod Stewart's daughter, Kimberly Stewart.

Hairplace One has been a family-owned and operated local Quincy business for over 40 years. The hair and skin care salon is staffed by over 20 employees.

"I am thrilled that we were able to secure an appearance at Hairplace One by Andy Bodine, one of our industries legendary artists," said Ron Affsa, Hairplace One's owner. "I'm even more delighted that we'll be able to use Andy's appearance to create a charity event to help increase awareness about breast cancer in women under 40 and help fight the battle against this terrible disease."

Bodine is an accomplished stylist who has done hair, wigs and makeup for top films, television and theatre and whose resume is filled with a long list of celebrities, including actress/model Denise Richards, Jaimie Presley from *My Name Is Earl*, MTV's James King and Mena Suvari of *American Beauty* fame to name a few. He also has among his acclaim, famed work and print credits with Cosmopolitan, Marie Claire, Glamour, House Beautiful, American Salon, Salon Today and Modern Salon.

HAIRPLACE ONE hair and skin salon in Quincy Center recently hosted a charity event to raise money to help fight breast cancer. From left are Laura Affsa, Loren McBride, Ron Affsa, Amy Clifford, Carla Carbonara, Caroline Brennan, Kenneth Fielding, Sareva Sakulich, Lauren Liuzzo and Dee Allen.

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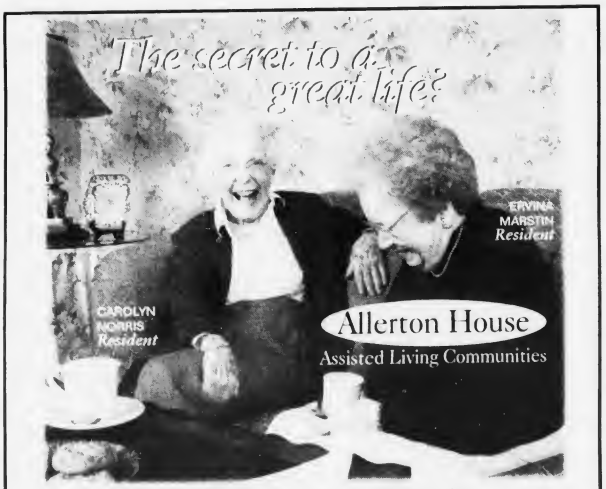

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Quincy Police Tips On Safeguarding Holiday Packages

By LT. DAN MINTON
Quincy Police
Crime Prevention Unit

Last year during the holiday season, many local residents were victims of larceny, notably, packages left at their doorsteps by various courier services.

There have been few incidents in the last week.

Investigating these types of crimes can be difficult since considerable time may have elapsed since the package was taken and when the victim first makes inquiries as to its whereabouts. Knowing when to expect the package helps reduce the chances of being victimized.

Often times, a package may be dropped off at your doorstep and left there for many hours until you come home. A thief sees this as an opportunity to take the package, hoping that it is of value to them. The most important step for a consumer is to write down the tracking number after making a purchase.

Purchases online often come with a follow-up confirmation email with the tracking number. When ordering online, look for the "info field" space where you can submit specific directions as to where you want the package delivered. If the order is via the telephone, ask for the tracking number and the company making the delivery. Tell the customer service representative to make not of your directions as to where you want the package delivered.

Some suggestions would be to have the package left with a neighbor who will most likely be at home, or have the package left out of plain view, such as on the back steps or back deck. Leaving a note for the courier as to where to leave the package has its drawbacks. Do not indicate in the note that you are not home since this may lead to a housebreak.

A better way would be to state in the note that you are sleeping or working inside with loud tools, with additional instructions as to where to leave the package. As part of any note left, be sure to state that you want the courier to take the note with him/her. With the tracking number, you can find out how close the package is to your local distribution center, then call and try to get an estimated time of delivery. This will help you make plans to ensure that the package is in a safe place and affords you the opportunity to make last minute changes as to where you want the package delivered.

There are other options once the package arrives at the local distribution center. One possibility would be to re-direct the package to your work place or held at the distribution center where you could pick it up. Be sure to bring government photo identification, preferably with a matching address of where the package is being sent. If the package is expensive or has great sentimental value, consider the "signature required" option.

I spoke with a customer service representative at UPS and he said that the courier will make three attempts to deliver in hand, and after the first unsuccessful try, a card will be left stating the next time he/she will return. There is also a telephone number to call to set up a better time, or you can leave a message on the original note stating the hours you will be home. If you are going away for a few days and there is no safe place to leave a package, you can opt for "future delivery." The courier service will hold the package until the predetermined date that you return home.

According to UPS, even if you do not have a tracking number, it is possible to track your package by using other numbers, such as a reference or confirmation number given to you by the company you did business with. Taking these simple steps will help ensure that your holiday gifts reach the person they are meant for.

Sacred Heart School PTO 'Adopts' Area In Front Of North Quincy Library

Sacred Heart School PTO of North Quincy has "adopting" the area in front of the North Quincy branch of the Thomas Crane Public Library in an effort to beautify the school's neighboring community.

A variety of evergreen shrubs and daylilies were planted in the early fall and the garden was officially designated with a sign from the city's parks department.

With the addition of 100 unique daffodil bulbs donated by Mantis Plants and Flowers of Wollaston, Sacred Heart School students recently completed planting this garden.

In the spring, the garden will bloom with the yellow flowers welcoming visitors to the library.

Ann McLaughlin, Library director, Thomas Crane Public Library, speaking on behalf of the Board of Trustees of the Thomas Crane Library, expressed thanks to the PTO.

SACRED HEART SCHOOL students (from left) Kylie Jusseaume, Casey Stevenson, Madelyn Stevenson in front of the North Quincy branch of the Thomas Crane Public Library which was recently "adopted" by the school's PTO in an effort to beautify the neighboring community.

"The front of the library will be much nicer with a welcoming garden. We appreciate your willingness to take on this project, and look forward to working with you, and enjoying the garden," she added.

Salons Raffle 'Day Of Beauty' To Benefit Massoud Family

Embellish Salon and Day Spa, 1421 Hancock St., and Salon Aristophani Beauty and Wellness Center, 386 LaGrange St., are holding a raffle giveaway for a "Day of Beauty" to benefit the Massoud family of New Bedford, who have fallen upon difficult times.

Steven Massoud was diagnosed with terminal brain cancer, and his daughter was recently diagnosed with Tourette's Syndrome and nutritional deficiency. Mr. Massoud lost his job, and with it his insurance coverage.

Raffle tickets for a "Day of Beauty" at participating salons and day spas will be available for $10 per ticket.

For more information call Embellish Salon and Day Spa at 617-471-6700, or Salon Aristophani Beauty and Wellness Center at 617-363-9100.

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Kendall-Jackson Chard 750 Ml....$9.99
Toasted Head Chard 750 Ml....$9.99
J Lohr Chard 750 Ml....$9.99
Hogue Fume Blanc 750 Ml....$6.99
Clos Du Bois Cab 750 Ml....$9.99
Clos Du Bois Chard 750 Ml....$8.99
Alamos Chard/Malbec 750 Ml....$7.99
Jaboulet "Parallele 45" Cotes du Rhone 750 Ml....$7.99
Mezzacorona Pinot Grigio 1.5 Ltr....$9.99
Cavit Pinot Grigio/Cab/Merlot 1.5 Ltr....$10.99
Luna Di Luna Pinot Grigio 1.5 Ltr....$12.99
SutterHomeChard/Cab/Merlot/Pinot Grigio 1.5 Ltr....$8.99
Beringer White Zin 750 Ml....$3.99
Harvey's Bristol Cream 750 Ml....$8.99
Du Boeuf Nouveau Beaujolais Villages 750 Ml....$7.99
Inglenook Burgundy/White Zinfandel....$7.99
Inglenook Chablis/Rhine 3.0 Ltr....$6.99
Carlo Rossi Burgundy/Chablis/Rhine/Rose 4.0 Ltr....$8.49

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Coors Light 30pk Can....$17.49
Miller Lite 30 Pk Cans....$17.49
Natural Light/Ice 30 Pk Cans....$12.99
Red Hook All Types 2/12 Pk Case....$20.99
Corona/Corona Light Loose Bottle Case....$20.99
Heineken/Amstel Loose Bottle Case....$19.99
Harpoon IPA Loose Bottle Case....$19.99
Sam Adams All Types 2/12 Pk Bottle Case....$21.49
St. Pauli Girl 2/12 Pk Bottle Case....$17.99
Sierra Nevada Celebration Ale 6 Pk Bottle....$6.99
Magic Hat Feast of Fools 12 Pk Bottle....$10.99
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Downtown Revitalization With Concourse

(Cont'd From Page 1)

destination" without the city promoting private investments to reestablish downtown as the heart of retail and shopping in the city.

According to the study, in the past 35 years, only three new developments have occurred in or adjacent to the Quincy Center URD: the Stop & Shop building garage, Presidents Place, and Quincy Fire and Mutual building. Of the three, only the Quincy Fire and Mutual building was redeveloped without the support of city grants.

Harrington said that 39 percent of the URD area is vacant or used for surface parking, making up over $1.3 million in developable lot area. Plans for the concourse are set to improve public access to the Hancock Parking Lot, and evaluate the Ross Garage for either improvement or relocation.

The plan also claims that the city is seeking a developer who will create retail space along Quincy Center with office space located above it. Harrington said that 75 percent of the retail spaces are less than 15,000 square feet in area, and most are irregular in shape, which should prove a disadvantage in development.

Harrington also said that the irregular street network would be improved, and that the downtown intersections are substandard, with inadequate signage, narrow streets, and many are in disrepair.

Plans also include several public squares and parks scattered throughout the downtown, which are set to include trees and outdoor furniture.

A 20-year URD Plan cost estimates are $18,633,557, but only $17,172,000 was designated in the plan as a funding source, thus far. Cost estimates are set to cover the demolition of the Ross Garage, street and public space improvements, construction of a new garage at the Hancock Lot, evaluations, administration and legal costs.

City Council President Douglas Gutro questioned Commissioner Steven O'Donnell as to plans to provide flooding relief as part of the concourse project.

"We have all good intentions of doing something with Bigelow Street," said O'Donnell if we can get DCR to come up with the money to pay for it, but right now that portion is not funded as part of this section, and MASS Highway won't pay for it either."

After Gutro expressed concerns over impact on the American Legion Post, Harrington assured the committee that Legion property will not be altered at all with the construction of the concourse.

Ward 1 Councillor Leo Kelly, chairman of the Downtown Committee, praised Harrington and Calnan for their work.

"This is the kind of answers that most councillors have been looking for," he said.

Exercise Classes For Seniors

The Quincy Council on Aging will hold a safe senior exercise program every Monday and Wednesday at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., Quincy Point.

For more information, call the Council at 617-376-1506.

Nominations Coming In For Sun 'Citizen Of Year'

Nominations are coming in for *The Quincy Sun's* 22nd annual "Citizen of the Year" award.

Established in 1985, the award recognizes an individual for outstanding community service or a special achievement.

Last year, George White, a 40-year member of the Quincy Christmas Festival Committee – including 25 years as committee chairman – was honored for bringing holiday joy to many thousands of all ages.

White was selected for the honor from among 35 nominees submitted by Quincy Sun readers. A panel of judges representing a cross-section of the community made the final decision.

Again this year, Sun readers may nominate the person they feel is the most deserving of the award.

A nomination ballot to help the selection process appears on Page ?? of this week's issue of *The Quincy Sun*.

After nominations close Sunday, Dec. 31, a judging panel will be selected to make the final choice from nominations submitted.

If you know someone you would like to see recognized with the 2006 award, fill out the ballot and mail it to:

The Quincy Sun
Attn: Citizen of the Year
1372 Hancock St.
Quincy, MA 02169

Ballots can also be dropped off at The Sun office at the above address by Dec. 31.

Those submitting nominations should identify themselves. They can also attach to the ballot a letter detailing the reason for their nomination.

Nominees can be someone in elective office, a member of an appointed board, a clergy member, a teacher or school administrator, a police or firefighter, someone in the business community, a sports figure or an "unsung" neighbor or friend who has given freely of his or her time to a worthy project or cause.

Those nominated in the past are eligible to be nominated again this year. Since this is not a popularity contest, each nominee has an equal chance of being selected regardless of the number of nominations received. Anyone nominated just once has the same chance of being the award recipient.

The name of the winner will be announced in *The Quincy Sun* in January.

Are You On The Money Refund List?

(Cont'd From Page 1)

turn. When the information is submitted, "Where's My Refund?" will display the status of a refund and, in some cases, provide instructions on how to resolve potential account issues.

Taxpayers can access a telephone version of "Where's My Refund?" by calling 1-800-829-1954. Individuals whose refunds were not returned to the IRS as undeliverable cannot update their mailing addresses through the "Where's My Refund?" service.

A taxpayer can also ensure the IRS has a correct address by filing form 8822, change of address, downloaded from www.IRS.gov, or by calling 1-800-TAX-FORM, or call the IRS at 1-800-829-1040. To prevent undelivered refunds, taxpayers are advised to take advantage of the direct deposit feature.

Senior Bridge Club To Meet

The Council on Aging's bridge club for seniors will meet every Friday from 12:30 to 3:30 p.m. at the Dawes House on Quincy Shore Drive, corner of Channing Street.

All level players are welcome.

For further information, call 617-376-1506.

ADVERTISEMENT ADVERTISEMENT ADVERTISEMENT

7 Deadly Mistakes That Will Cost You Thousands When You Sell Your Home

Quincy- A new report has just been released which reveals 7 costly mistakes that most homeowners make when selling their home, and a 9 Step System that can help you sell your home fast and for the most amount of money.

This industry report shows clearly how the traditional ways of selling homes have become increasingly less and less effective in today's market. The fact of the matter is that fully three quarters of homesellers don't get what they want for their home and become disillusioned and -worse- financially disadvantaged when they put their home on the market.

As this report uncovers, most homesellers make 7 deadly mistakes that will cost them literally thousands of dollars. The good news is that each and every one of these mistakes is entirely preventable.

In answer to this issue, industry insiders have prepared a free special report entitled *"The 9 Step System to Get Your Home Sold Fast and For Top Dollar"*.

To hear a brief recorded message about how to order your free copy of this report, call 1-800-611-0351 and enter ID #1000. You can call anytime, 24 hours a day, 7 days a week.

Call NOW to find out how you can get the most money for your home.

This report is courtesy of Classic Homes GMAC Real Estate. Not intended to solicit properties currently listed for sale

The Quincy Sun

'Citizen Of The Year Award' 2006

I would like to nominate

(Please type or print neatly)

_____

for the 2006 Quincy Sun
"Citizen Of The Year Award"
I believe he/she deserves this award because:

_____

_____

_____

_____

Submitted by:

Name: _____

Address: _____

Tel. No. _____

Fill out form and send (or bring) to:

The Quincy Sun
c/o Citizen of the Year
1372 Hancock St., Quincy, MA 02169

NOMINATION DEADLINE: Sunday, Dec. 31

Discounted First Night Buttons On Sale Through Dec. 30

Buttons for Quincy's New Year's Eve tradition, "A Family First Night" will be on sale through Dec. 30 at a discounted rate at various locations.

During this time, the cost of the buttons is $5 for an individual and $20 for a "Family Pack" of five.

The 4 to 9 p.m. event features live entertainment, a parade, two fireworks displays, and other activities.

Buttons will be available at the following locations:
City Clerk's Office, Quincy City Hall, 1305 Hancock St.
Quincy Municipal Credit Union, 100 Quincy Ave.
Quincy Park and Recreation Departments, One Merrymount Parkway.
Thomas Crane Public Library, Main Branch-40 Washington St.
South Coastal Bank, 1295 Hancock St., Quincy and 405 Washington St., Braintree.

They are also available at **Dunkin Donuts Locations:** 543 Southern Artery (Quincy) 617-472-9502 and 825 Southern Artery (Southern Artery and Washington St.) 617-472-0752.
1462 Hancock St. (Quincy Center) 617-786-9817, 1250 Hancock St. (Presidents Place building) 617-376-2537, 366 Centre St. (across from the entrance to Crown Colony) 617-376-4764, 687 Hancock St. (Wollaston) 617-773-8742 and 180 Bridge St. North Weymouth on 3A, 781-335-9606.

Advance button purchase is encouraged as prices experience an increase on event day sales.

The First Night button is the ticket to the Dec. 31st festivities at 16 venues throughout downtown Quincy. This year's entertainment includes a wide variety of performers, ranging from hip hop to classical, jazz to Irish folk. In addition to the indoor performances, there will be two fireworks displays, a Grand Procession Parade, a fire juggler, street performers and much more. The complete entertainment schedule is posted on the city's web site, www.ci.quincy.ma.us

For more information, contact the Park Department at (617) 376-1251.

Mary Crowley First Female Caddy Commander

Mary L. (Heenan) Crowley, of South Boston, is the first woman marine commandant in the William R. Coddy Detachment Marine Corps League, Quincy.

Born and raised in Dorchester, she enlisted Sept. 1967 to 1969 in the 25th Marines, Boston MA. She joined the USMC Reserved in 1970.

She served with various units at Naval Air Stalion South Weymouth MA, or military police.

Activated in Jan. 1991 Operation Desert Storm, she

MARY CROWLEY

was assigned to MCAS Cherry Point N.C. She retired from USMC Reserves in 2000.

After achieving the rank of Master Sergeant, she was appointed to the Boston Police Department April 26 of 1972. She retired as a Sergeant Detective in 2004 after 32 years of service.

Crowley is a 1984 graduate of UMass Boston, with an undergraduate degree in political Science. She earned a master's degree in criminal justice from Curry College in 2000.

Crowley is the mother of two daughters, Allison, 21, and Ashley, 20.

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We appreciate the opportunity you have given us to earn these distinctions — and thank you for your continuing trust and confidence in our organization.

Our very best wishes to you for a healthy and happy holiday season.

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DiCesare New Publisher Of Chamber WAVES

DiCesare Publishing Co. of Quincy has been hired by the South Shore Chamber of Commerce as the new publisher of WAVES, its bi-monthly member magazine.

"We are pleased to have DiCesare Publishing Co. on board as the publisher of WAVES," said Peter Forman, president of the South Shore Chamber, one of the state's largest chambers with more than 2,000 members. "The company has provided our members with an entirely new, beautifully-designed publication that features well-written articles on the news and topics that are shaping the business climate on the South Shore. We look forward to continuing our relationship with DiCesare Publishing Co."

John Stobierski, communications director for the South Shore Chamber of Commerce, said DiCesare Publishing Co. has successfully brought WAVES to a new level in its design, photography and editorial coverage.

"A goal in our search for a new publisher of WAVES was to find a company the Chamber could put its trust in to produce a high-quality magazine that would be worthy of our members," he added. "DiCesare Publishing Co. came to us with the experience and vision necessary to accomplish that goal. They worked with the chamber throughout the publishing process to ensure our satisfaction. We are very pleased at the results."

Frank DiCesare, president and publisher, said his company is honored to have been chosen as the new WAVES publisher, adding the publication is still in its infancy and much more is to come.

"Despite all the changes we made, WAVES is still a work in progress," he said. "Any effective member or business publication has to be revisited with each issue to ensure it remains a fresh and useful tool for its readers and advertisers."

DiCesare Publishing Co. is a full-service custom publishing firm that specializes in creating print and electronic business publications for corporations and association-based businesses.

For more information, call 781-724-8568 or visit DiCesare Publishing Co. online at www.dpubco.com.

Seek Medical Gear To Loan

The Council on Aging is seeking donations of medical equipment that is no longer needed by the current owner but can be loaned to someone else.

The present highest priority is given to bath transfer seats.

Call the Council at 617-376-1506.

AMONG THOSE ATTENDING the Massachusetts Beverage Association's recent Member Appreciation Night at Granite Links Golf Club in Quincy were (from left) Terry Connaughton, executive director of MLBA; A. Raymond Tye, Scott Behman, a partner in Gibson & Behman (general counsel to MLBA), and Pat Cross, of IVA/MLBA.

Mass. Licensed Beverage Association Honors Philanthropist At Quincy Meeting

The Massachusetts Licensed Beverage Association (MassLBA) and Irish Vintners Association (IVA), representing more than 5,000 on-premise beverage alcohol licensees across Massachusetts, honored area philanthropist A. Raymond Tye at their second annual Member Appreciation Night held recently at the Granite Links Golf Club, Quincy.

Terry Connaughton, the organization's new executive director, said the event was intended to showcase Tye's many contributions to the alcohol and beverage industry. Additionally, the MLBA/IVA showed its appreciation for Tye's contributions with a check in the amount of $1,000 toward the Ray Tye Medical Aid Foundation.

The organization is a non-profit organization whose mission is to raise funds to help provide medical assistance for those in need.

Connaughton, in presenting the check from MassLBA/IVA to Raymond Tye, said, "Those of us in the restaurant and liquor industry salute both your business expertise and what you have done for the industry, as well as your strong sense of humanitarianism in helping the less fortunate. We hope that in some small way this check will help further that mission."

Raymond Tye is remembered as the individual who built United Liquors, one of the region's key liquor distributors. Tye sold the business to the Martignetti family earlier this year and coincidentally "passed papers" on the transaction on Oct 11, the day of the event.

The Granite Links event was sponsored in-part by the law firm Gibson & Behman, a national firm with corporate headquarters in Burlington. Gibson & Behman serves as general counsel to the Massachusetts Licensed Beverage Association. Other sponsors included Hallsmith-Sysco Foodservice, Amity Insurance, and Anheuser-Busch and others.

The Irish Vintners Association under the auspices of Massachusetts Licensed Beverage Association is an organization that is dedicated to promoting the protection and profitability of the state's on-premise beverage alcohol licensees. The Association can trace its history to Ireland and back hundreds of years. The organization's founder, Patrick Cross, owner of The Thirsty Scholar in Somerville was on hand to honor Tye.

Restaurant and tavern owners interested in additional membership information should call 781-229-0984 or visit www.masslba.org for further details. MLBA maintains offices at One Mountain Road, Burlington.

ATTENTION: QUINCY RESIDENTS
FEMA GRANT APPLICATION TO PREVENT FLOOD DAMAGE

The City of Quincy is in the process of preparing an application to the Federal Emergency Management Agency (FEMA) for a Pre-Disaster Mitigation (PDM) and Flood Mitigation Assistance (FMA) grant. Residential projects may include, but are not limited to, elevating utilities, elevating entire residential structures, or constructing new utility rooms. If your property has suffered from repetitive flood losses, you may be eligible to apply for one of these FEMA grants. For more information, please call the City's Office of Housing Rehabilitation at 617-376-1054 or e-mail alosordo@ci.quincy.ma.us by Friday, Dec. 29, 2006.

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The Quincy Sun

Foot Screening For Seniors

Podiatrist Jordana Szpiro will be available to seniors for foot screening on the first Monday of every month at the Council on Aging office, 83 Saratoga St.

She will also treat feet for a fee of $20 per person payable at the time of the visit. Such payments are not covered by health insurance.

Treatments will include nail trimming and general diabetic foot care.

For an appointment, call 617-376-1506.

Correction

The Dec. 7 issue of *The Sun* erroneously stated that Philomena Mancini's sister is Mary Kelliher. Mary Kelliher is Philomena Mancini's daughter. Mary Cerasoli, 93, is her sister, and is shown in the photograph in the same issue.

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Fatal Accident Still Under Investigation

The fatal accident that took the life of a Quincy mother of two last week is still under police investigation.

Xiaomei Chen Li, 47, was struck by a pickup truck while crossing Hancock Street at Hunt Street, North Quincy, around 3 p.m. Friday.

Police identified the driver as Susan Riley, 26, of Marshfield. No charges had been filed at mid-week.

Police asked that anyone who witnessed the accident contact them at 617-745-5721.

Residents in the past have raised concerns that the crossing is a dangerous one.

Meanwhile co-workers of Mrs. Li at Panera Bread Hancock St., are collecting donations for her family.

She was leaving work when she was struck and killed.

Bay State Offering Free Counseling For Alcohol Problems

The Family Project at Bay State Community Services in Quincy offers free counseling for individuals with alcoholism and their family members.

The Family Project is a research study to find out whether adding family counseling to one-on-one recovery counseling leads to more sobriety for individuals with alcohol problems. The study is being conducted by researchers and clinicians at Harvard Medical School and Bay State Community Services. Counseling is provided free of charge by licensed, masters-level therapists.

To see whether adding family counseling to one-on-one counseling increases sobriety rates, half of the participants in the program are randomly assigned to receive free family counseling and on-on-one counseling. The other half are randomly assigned to receive one-on-one counseling but do not receive family counseling. Treatment includes 24 counseling sessions over 12 weeks for all participants in the study.

Daurice Cox, PsyD, Director of Clinical Services at Bay State Community Services, said she is pleased that Bay State can offer this opportunity to patients and their family members. According to Dr. Cox, the Family Project is an innovative treatment offered to individuals with alcoholism by seeing whether family counseling might be an important form of treatment.

For more information, call the Family Project at Bay State Community Services at 617-694-2602. Bay State Community Services is one of the most comprehensive community-based human service agencies in the state.

Reverse Mortgage Explained

Ed Barrett, a reverse mortgage specialist, will discuss his specialty on the first and third Wednesdays of the month at 1 p.m. at the Council on Aging office, 83 Saratoga St., North Quincy.

Reverse mortgage is a new program offered by the federal government thst allows seniors to convert a portion of their home equity into tax free cash.

For an appointment, call Ann Bruce at 617-376-1506.

ELEMENTARY LUNCH MENU

Monday, Dec. 18
Pizza, fresh fruit, fruit juice.

Tuesday, Dec. 19
Early release day - no lunch served.

Wednesday, Dec. 20
Canadian turkey ham with cheese on a croissant, potato puffs, fresh fruit or juice.

Thursday, Dec. 21
Diced chicken in gravy, mashed potatoes, hot vegetable, dinner roll, fruit juice.

Friday, Dec. 22
Showman soft pretzel, 4 oz. fruit yogurt cup, sunflower seeds, fruit snack, fruit juice.

SECONDARY LUNCH MENU

Monday, Dec. 18
Sonny's North End pizza, tossed salad, fresh fruit or fruit juice.

Tuesday, Dec. 19
Fajita chicken with Spanish rice, corn niblets, tortilla, fruit cup.

Wednesday, Dec. 20
American chop suey, hot vegetable, dinner roll, fresh fruit or juice.

Thursday, Dec. 21
Turkey with gravy, whole wheat bread stick, cranberry sauce, fruit juice.

Friday, Dec. 22
Manager's Special.

WARD 3 COUNCILLOR Kevin Coughlin (left) with son Matthew Coughlin, recently collected board games for "Family Time TO Give," a day that benefited the Cradles To Crayons organization, which assists children of low-income homes.

Coughlin, Son Volunteer For 'Cradles to Crayons'

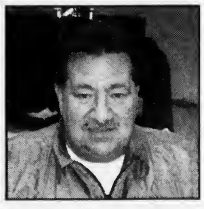
Ward 3 Councillor Kevin Coughlin and his son Matthew, recently volunteered for "Family Time To Give," a day that assisted the Cradles to Crayons organization, which provides supplies for children of low-income homes.

The Coughlins helped to collect supplies for Cradles to Crayons, and helped to organize, pack and redistribute them.

Cradles to Crayons relies on donations of gently-used toys and school supplies. The organization redistributes the supplies to families in-need, through various social service agencies, and helped 25,000 children in 2005.

Sixteen volunteers, including a representative from Quincy's Quilter's Compass, stitched 700 colorful blankets of Polartec, donated by Marden Mills, said Kevin Coughlin. Sponsorship donations raised $268,000 for the organization.

Those who are interested in volunteering for the program may visit www.cradlestocrayons.org



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REAL ESTATE

NFPA And UL Urge Safe Decorating Practices

Keep That Holiday Cheer: Avoid Fires, Falls Or Shocks

Christmas trees are among the most popular decorations of yuletide, but they also can be deadly.

In 2000-2004 on average, one out of every 22 Christmas tree fires in homes resulted in a death, according to the National Fire Protection Association (NFPA).

To help families avoid such tragedies this holiday season, Underwriters Laboratories Inc. (UL) and the NFPA are partnering to remind people that a little common sense and precaution can help create a safer holiday season.

NFPA statistics show that, on average, live and artificial Christmas trees are the ignition sources of 300 reported U.S. home structure fires each year resulting in 14 fatalities, 21 injuries and $16.8 million in property damage.

"The last thing you want during the holidays is a blazing Christmas tree," said Lorraine Carli, NFPA's assistant vice president of communications. "By following simple safety measures like making sure your tree is well watered, and keeping open flames, such as burning candles, away from the tree will help keep you and your home safe."

In addition, 44 percent of Christmas tree fires are caused by an electrical problem or malfunction. Decorators should make sure that any electrical cords they are use are in good working order.

"Damaged or misused electric light strings and extension cords, if left unchecked before you put them up, can deliver shocks and potentially cause home fires," John Drengenberg, consumer affairs manager for UL, said. "If they are damaged or have frayed wires, you should buy new ones. They are relatively cheap and incredibly good insurance for keeping your holiday season safe."

UL reminds consumers to inspect light strings for cracked sockets and frayed, bare or loose wires. Look for the holographic UL Mark on light strings and electrical decorations.

Operation Decoration 2006:

Tips for Keeping the Home Safe This Holiday Season

Christmas Trees

• Regularly check your tree for fresh, green needles. Trees that have dried out over several weeks burn faster than fresher, well-watered. Remember to keep your tree watered at all times.

• Make sure your tree stand holds at least 1 gallon of water. As a general rule, stands should provide 1 quart of water per inch of trunk diameter. The average 6-foot tree has a 4-inch diameter trunk and can consume as much as 4 quarts or 1 gallon of water per day.

• Keep your tree at least 3 feet from fireplaces, radiators, space heaters, heating vents and other sources of heat. Don't place the tree where it blocks an exit.

Lighting

• Look for the UL Mark on light strings, electrical decorations and extension cords. The UL Mark means that UL engineers have tested representative samples of the product for foreseeable safety hazards such as fire and electric shock.

• Ensure outside lights, decorations and extension cords are rated for outside use. Lights intended for indoor-only use bear green holographic UL Marks. Light strings intended for indoor and outdoor use bear red holographic UL Marks.

• Carefully inspect each electrical decoration - new or old - before plugging it in. Cracked sockets, frayed, bare or loose wires can cause a serious electric shock or start a fire. Replace damaged items with new, UL-Listed decorations.

• Don't use staples or nails to hang light strings. Instead, purchase plastic hooks or clips designed for hanging light strings.

• Check packaging to determine the maximum number of strings that may be connected or use this rule of thumb: Connect a maximum of three midget (push-in bulbs) light strings or up to 50 bulbs of light strings with the screw-in bulbs (C7s and C9s).

• Don't overload extension cords by plugging in too many decorations.

• Turn off all electrical lights and decorations before leaving home or going to bed.

• Read and follow the manufacturer's instructions for electrical decorations.

Candles

• Keep candles away from combustible materials, such as decorations, paper, wreaths and boughs.

• Place candles away from places that could be knocked over by a person or pet.

• Use sturdy, non-combustible candleholders that can collect dripping wax and won't tip over.

• Extinguish a candle when 2 inches of wax remains or a half-inch if the candle is in a container. This prevents heat damage to the surface and stops glass containers from breaking.

• Always keep candles, as well as matches and lighters, out of the reach of children, and don't leave children unattended in a room with lit candles.

• Never use lit candles to decorate Christmas trees.

• Extinguish candles when leaving the room or going to sleep.

Ladders

• Use wooden or fiberglass ladders when near power lines and electrical wiring. Metal ladders conduct electricity.

• Use the right ladder for the job, ensuring it extends 3 feet over the roofline or working surface.

• Set the ladder on a firm, level surface and avoid soft or muddy ground.

• Never exceed the ladder's weight limit or the maximum load rating.

• Never stand on a step ladder's bucket shelf. Read and follow the warning stickers for highest standing levels.

• Only one person on the ladder.

• Don't carry equipment while climbing. Wear a tool belt or have someone hand equipment to you.

• Face the ladder when climbing up or down, keeping your body centered between the side rails.

For more information on decorating safety, visit http://www.ul.com/newsroom or http://www.nfpa.org.

Conway's Jennifer Kern Wins Award For Professionalism

Jennifer Kern, an agent in the Jack Conway Co. Quincy office, recently received the company's so called " Turkey" award during the annual Thanksgiving Awards Breakfast held at Plimoth Plantation.

Kern received a check for $25 for her good works and professional performance.

Jack Conway Co. President Dick Cahill presented the award saying, " Jennifer is a ray of sunshine and brings the right attitude and tenacity to become a top producer."

The " Turkey" awards are presented each year to Jack Conway Co. agents who are selected by their co-workers for having team and company spirit, and who do service above and beyond in the community and in their individual offices.

Non-perishable food items were also collected during the ceremonies and delivered to the Brockton Coalition for the Homeless.

JENNIFER KERN (right) receives the Jack Conway Co. " Turkey" award from company President Dick Cahill during the annual Thanksgiving Awards Breakfast at Plimoth Plantation. The awards are presented each year to agents who demonstrate company and team spirit and do good works in their communities.

Jack Conway & Co. Realtors is celebrating its 50th Anniversary as the largest independently owned real estate company in Massachusetts. There are 45 offices from Boston to Cape Cod. The firm also operates its own mortgage company, Conway Financial Services.

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REAL ESTATE

Holiday Decorating Ideas

Deck The Halls For Less

(NAPS)- The holiday season is a time for making your house bright and festive as the days shorten. Now, new technology lets you light your home without lightening your wallet.

Most decorative holiday light strings use standard incandescent bulbs. However, these bulbs consume a great deal of electricity and frequently burn out. That's why more and more people are turning to Light Emitting Diode products, also known a LEDs. You may know these little red lights as the red numbers on the display of your clock radio or the mulitple red dots in the thrid-brake light on several different automobiles, but now these colorful light sources are making inroads into the festive holiday lighting market. The U.S Department of Energy is working cooperatively with research institutions and private companies to accelerate the development of better and more efficient LEDs to replace traditional lightbulbs.

LEDs are solid-state devices that have the potential to revolutionize the lighting industry, with the promise of highly efficient and durable products. LEDs, when used in decrative holiday light string, consume approximately 0.05 watts of power-nearly 90 percent less power than a regular incandescent miniilight. LED holiday lights also last a long time and produce little heat, helping to eliminate fire hazards. Not only that, but LED lamps will not shatter, and they are rated for thousands of hours of service-more than 20 times longer than incandescent strings.

LED strings are available in a broad range of colors, and include regular strings as well as styles such as icicle-style strings, rope lights and holiday ornaments. LED strings are available with lamps that change from one color to another and with commercial-quaility plugs that allow more than 100 strings to be connected end to end. There are even screw-in LED blubs for converting your incandescent strings to LED-enabling consumers to save up to 90 percent of the electricity that would have ben consumed by incandescent lamp. LED strings give you a different look as well. Where traditional lights blink on and off, LEDs can offer a shimmering effect, making LEDs and attractive choice for beautiful holiday decorating. You can also create interesting effects-and save money-by using timers. Timers let you have lights on after dark when they're visible-and when you're home to enjoy them. Some companies are also offering LEDs connected to solar panels-which makes them cost nothing to operate. To learn more about LED lighting, visit http://www.netl.doe.gov/ssl/

Increase Comfort And Savings This Winter

POINTS FOR HOMEOWNERS

(NAPS) - Don't let your heating bills leave you in the cold. While high fuel prices mean heating your home can take a bite out of your budget, you can reduce home heating costs and protect your property by following a few simple money-saving tips.

• Check your roof. Replace loose or missing shingles, and be sure the flashing around the chimney or vent pipe is watertight.

• Look for leaks around doors, windows and the entry points for pipes and ducts. Apply caulk, weather stripping, plastic or door sweeps as necessary to seal off leaks and prevent drafts

• Visit a home improvement center to find out how much insulation is recommended for homes in your area, then check the insulation in your attic to be sure it's adequate.

• Prepare your home heating system by changing or cleaning your furnace filter, clearing away debris from intake and exhaust vents and making an appointment with a service technician to inspect your system.

• Minimize the use of ventilation fans, which can quickly suck heated air out of your house.

• Check the temperature of your hot water heater to be certain it isn't set too high, and wrap your water heater in an insulated blanket to prevent heat loss.

• Open curtains and blinds on the sunny side of your house when the sun is shining, and close them when the sun sets.

• Don't heat rooms or areas of your house that you do not use regularly. Closing vents in those areas or turning back thermostats can significantly reduce heating costs.

• Use your thermostat as a tool to effectively control heating costs. This means not setting it above the desired room temperature, because it will not heat your home more quickly, and your furnace will work harder. Similarly, setting your thermostat too low will cause your furnace to work harder to reheat your home during the day.

A programmable thermostat automatically raises and lowers the temperature in your home at preset times. Homeowners who purchase a Luxaire brand programmable Talking Thermostat from Johnson Controls will appreciate the thermostat's EZ Talk feature that audibly guides them through every step of programming their heating/cooling system thermostat. The user-friendly thermostat also offers a number of additional features, including alerts and easy-to-read, lighted LCD display that shows current temperature, set points and the heating or cooling mode of operation.

To learn more, visit www.luxaire.com or call (877) 874-7378.

THIS IS A HAMMER

By Samantha Mazzotta

Reader Solutions

DEAR HAMMER: I'm responding to the reader who has gummy residue stuck on the clear plastic lid of a record player. Here is another solution: Go to your nearest craft store that sells scrapbook supplies and by a product called Un-Du. It is used to remove any self-adhesive type sticker or label and can be used to remove any gummy substance left behind from one as well. It is safe for old photos and works on mirrors, plastics and even cleans gummy scissors. I have not yet found a product it does harm to. Once the removed sticker dries it can even be reused! It is truly a fabulous product! —*Kelly B., via e-mail*

DEAR KELLY: Fantastic advice! I hadn't thought of craft stores, and this product sounds like just what is needed to remove the sticker residue without damaging the surface. Un-Du Adhesive Remover can be found in the scrapbooking supply section of most craft stores.

DEAR HAMMER: I had a problem like the one in your column about new shingles looking too new for view. The roofer took off some shingles on a less conspicuous place on the side of my roof, put the older shingles where they would be seen from the street and put the new ones in the less conspicuous place where it did not matter what they looked like. —*Ina G., via e-mail*

DEAR INA: I hadn't thought about that option, but it sounds like a good one! If a professional roofer is making the repairs, ask him if he can do this, or otherwise camouflage the shingles so that they blend in with the rest of the roof. Do-it-yourselfers can also do this, of course — just remove the old shingles very carefully so they aren't damaged.

Send questions or home-repair tips to homegu-ru2000@hotmail.com, or write This Is a Hammer, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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Spotlight On Health & Fitness

FROM START TO FITNESS

by Andrea Wyatt M.S.S., C.S.C.S.

Rotator Cuff Injury Sidelines Golfer

Q. My husband recently injured his rotator cuff and has had to stay away from playing golf. How can he condition his rotator cuff muscles to prevent this from happening again once he is injury-free?

A. The rotator cuff is a group of four muscles and their tendons that are responsible for connecting the upper arm and shoulder blade. This group of muscles also helps to lift your arm up over your head and also rotate it toward and away from your body.

Rotator cuff injuries can vary from tendonitis and bursitis to tears. Each causes different degrees of limitations and discomfort. The causes can be from normal wear and tear, a sudden fall where you use your arms to break your fall, heavy lifting, poor posture or repeated stress upon the shoulder joint, such as when playing golf.

Repetitive stress on the shoulder joint results in many of the rotator cuff injuries that golfers experience. Although golfers may find these injuries to be very common among golfers, they can take steps to lower the risk. Here are some tips to help your husband stay injury-free.

• Stay fit. Keeping your whole body strong, functional and flexible will prepare you for the demands that golf places on the body while playing or practicing. The stronger and more stable the muscles and joints of your shoulder, back, arms, hips and legs, the better control you'll have. These are prime areas for overuse injuries.

• Warm Up! Golfers often overlook the importance of warming up. Take a few minutes to elevate your heart rate. This will loosen up your muscles and joints. A light jog will do. Complete a stretching routine that loosens the muscles from your neck, shoulders, back, forearms, wrists, lower back, legs and calf. Take 20 to 30 seconds for each stretch, and repeat two or three times. This may take some time to complete, but it will take much longer to recover from an injury.

• Develop proper swing mechanics. Take lessons if needed. Poor mechanics over time can also lead to rotator cuff injuries.

• Listen to your body. When your body is tired or weak, take that as a warning to get some rest. Lack of rest or fatigue makes you more susceptible to injuries, so heed your body's warning.

Always consult a physician before beginning an exercise program. Andrea Renee Wyatt, M.S.S., C.S.C.S., is a certified personal trainer with an extensive background in strength and conditioning as well as therapeutic recreation. If you have a fitness or training question, e-mail Andrea at letters.kfws@hearstsc.com or write her in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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Pilates: Great Exercise Or Great Hype?

By LIZ NEPORENT

(NAPS) - Somehow, an exercise originally meant to help wounded soldiers caught on with Jennifer Aniston, then Oprah and then just about everybody else in America. But is Pilates really right for everyone? Here's a closer look:

What Is Pilates?

Pilates (pronounced Puh-Lat-Ez) is a series of low-impact exercises meant to strenghthen core muscles-namely, your abs and lower back. Individual Pilates exercises emphasize stretching and body movements and don't require traditional weights.

What Pilates Can And Can't Do

If your goal is to slim down, have firmer muscles, flatten your belly and reshape your entire torso area, then Pilates can work wonders. In fact, it first caught on with dancers for exactly that reason. Also, if you're looking to reduce stress and strengthen bones, Pilates is worth your time.

But if you have a lot of weight to lose, Pilates alone won't do the trick. You'll have to pair it with cardio activities such as daily walks and cut some calories out of your diet. Do that and you'll be looking and feeling great in no time.

Who Can And Can't Do Pilates?

Pilates can be done by just about anyone, either in a gym or at home. For instance, Mat Pilates requires nothing more than bare feet, comfy clothes and an area about the size of a beach towel.

There are people who should avoid Pilates, though. For instance, Pilates isn't right for someone recovering from a severe back injury or someone with a significant misalignment in the spine. Also, while Pilates can be done during pregnancy, it should only be done with a professional Pilates trainer, not on your own.

Getting Started

How can you give Pilates a try? Most health clubs and gyms offer Mat Pilates classes. You can also learn more about Pilates at www.pilatesstyle.com and www.pilates-pro.com, and if you want to try Pilates at home, there are plenty of DVDs to choose from.

The "Pick Your Level: Weight Loss Pilates" DVD is good because it's uniquely designed for all fitness levels-allowing each move to be done at a beginner, intermediate or advanced level. The DVD entitled "10 Minute Solution: Rapid Results Pilates" is also nice, because it offers five quick 10-minute workouts. Both are $14.98 and available in stores and online at www.collegevideo.com.

• *Ms. Neporent is a member of the American Council on Exercise's Board Emeritus and author of "The Fat-Free Truth."*

Stroke Screenings At Squantum First Church

Life Line Screening will conduct screenings to reduce the risk of stroke Wednesday, Jan. 17 at the First Church of Squantum, 164 Bellevue Rd.

Appointments will begin at 9 a.m.

A stroke, also known as a "brain attack," is ranked as the third leading killer in the world, and the second among women. Through preventive screenings, the risk of having a stroke can be greatly reduced.

Screenings are fast, painless and low cost. They involve the use of ultrasound technology, and scan for potential health problems related to: blocked arteries which can lead to a stroke, aortic aneurysms which can lead to a ruptured aorta, and hardening of the arteries in the legs, which are a strong predictor of heart disease.

Also offered for men and women is a bone density screening to assess their risk for osteoporosis.

All four screenings take less than an hour to complete. A complete vascular screening package, including the stroke/carotid artery, abdominal aortic aneurysm and ankle brachial index (hardening of the arteries) screenings is $109. The complete vascular package with the osteoporosis screening is $129.

To schedule an appointment, or for more information, call 1-877-237-1287. Pre-registration is required.

'Whole New Me' Program At Healing Tree Yoga

Healing Tree and Yoga Wellness Center in Quincy announces a new transformational program called "A Whole New Me."

The 30-day program uses a multi-disciplined approach to sustainable transformation. The program's goal is for participants to achieve and maintain their ideal body, while balancing and enhancing the body, mind and spirit. Participants work with yoga and pilates teachers, holistic health counselors, certified wellness coaches, professional massage therapists, and alternative healers.

For more information about the program, including cost, call 617-770-4800. Additional information is also available on the website www.healingtreeyogo.com.

Enjoy The Colder Months Without Dry Skin

(NAPS) - The colder months are notorious for inflicting dry, irritated, flaky skin. Fortunately, a few tips from skin care experts can make it easier to keep skin glowing and healthy, whatever the weather does.

The combination of lower temperatures and reduced humidity associated with the colder months naturally draws moisture from the skin, making it feel flaky, scaly and even irritated and itchy. According to experts, the key to keeping itching and scratching at bay is protecting your skin with the right moisturizer. Here are a few more tips:

• Keep skin hydrated

Probably the most important thing you can do to prevent and treat dry, itchy skin is to moisturize every day. Look fro creams formulated with glycerin-a key moisturizing agent- and oatmeal to soothe the itch. Eucerin Calming Creme contains both ingredients and it's a moisturizer that's specifically made for the daily maintenance of persistently dry, itch-prone skin. It is even safe for very sensitive skin and for use on children.

• Limit exposure to water

Believe it or not, water can be very drying to the skin. Keep your showers short, and use lukewarm water, rather than taking long soaks in a hot bath or shower.

After stepping out of the shower, pat you skin almost dry with a towel. Immediately after toweling off or even washing your hands, lock in moisture by applying lotion or cream while your skin is still damp.

• Wear, soft, baggy clothing

Dress in breathable fabrics such as cotton and avoid clothing made of wool or heavy material that can be uncomfortable, especially for excessively dry skin. Tighter clothes are more abrasive and trap in perspiration, which softens the outer layer of skin, breaks down its protective barrier and worsens dry skin.

• Use a humidifier

Don't assume that staying out of the cold will solve your winter skin woes. Even staying indoors won't keep your skin moisturized.

A heated room has only about 15 percent relative humidity, leaving your skin feeling dry and tight. This can be avoided by adding humidity to your surroundings with a humidifier or placing pans of water near radiators.

For more information, visit www.EucerinUS.com.

DENTISTRY for the 21st Century

by Steven A. Brustin, D.M.D.

IMPLANTS SIMPLIFIED

The most natural-looking tooth replacement technique available today is dental implantation. It involves the surgical implantation of a small titanium post in the upper or lower jaw. A dental prosthesis is later affixed to a post in the implant to act as the actual replacement tooth. Intended to replace the root of the missing tooth, implants can serve as anchors for various types of dental prostheses, including single crowns, bridges, and partial or full dentures. Implants become firmly anchored into the jawbone through a process known as "osseointegration," which is a natural process by which the bone becomes one with the implant, creating a strong bond that establishes a stable anchor for overlying replacement teeth.

If you are missing one or more teeth and would like to smile, speak and eat again with comfort and confidence, there is good news! Dental implants are teeth that can look and feel just like your own! Do you have questions about implant dentistry? We want to provide you with the best dental care possible. Our goal is to be known as dentists who are gentle, caring, and friendly. We're located at 44 Greenleaf Street, where we use the most modern techniques and equipment. We want you to look and feel your very best. Call us at 617-479-6220 today for the professional attention and home care guidance that will make a difference in your oral health care regimen. We offer the services of anesthestology with a fully trained and qualified anesthesiologist. Visit us on the web at www.quincydentist.com.

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SPORTS

Home Opener Friday Against Hanover

Quincy Looks To Build On 2005 Season Success

By SEAN BRENNAN

GIRLS' BASKETBALL

North Quincy Preview Page 22

The 2006-07 edition of the Quincy girls basketball team will look to reach the gold standard set by the 2005-6 team when they open their season this Wednesday night on the road against Norwell High School.

Last year's Presidents' team finished their regular season with an impressive 15-9 overall record and a 9-3 record in the Atlantic Coast League, which was good enough for a second place finish behind Whitman-Hanson High School. The Presidents went on to win a tournament game for the first time in 25 years, and made it all the way to the semi-final round of the Division 2 South Sectionals.

"Last year's team made it to the tournament (for the fourth year in a row), and knocked off #6 Holliston (54-39) and #3 Burke (54-45) before falling in the semi-finals to #2 Hopkinton," head coach Jeff Bretsch said. "It was by far the most successful season for a Presidents team, but we did graduate a number of seniors from the team, including our leading scorer Jessica Page."

For this season's team to be successful, the Presidents will need to lean on the seven returning players from last year's team, and more importantly the team's three returning starters.

Senior captain Brighid Kyle (F) and junior captains Meagan Tobin (SG) and Marybeth Torpey (PG) all come back this season with experience and moxie that should help alleviate the loss of Page.

"It really helps that the team will have back all three of these players," Bretsch said. "Having our #1, 2 and 3 options back and them playing at point guard, shooting guard and small forward is a positive. We have back the leaders we need in the backcourt and at small forward, and the key to our success will be the experience that each of them brings back from last year. All three should be big-time contributors this season."

Senior Hope Collins (F) and juniors Liz Bock (C), Kathryn Carella (F) and Julie Kisielius (G) round out the remaining returning starters for the Presidents and all four should play major minutes this year.

"This year's team has a lot of talent returning," Bretsch said. "The biggest adjustment that this team will have to deal with is figuring out who will score. I have the kids to do just that, and we will probably have a multi-pronged attack on offense all season long. We will need to use our speed and ball-handling because I see us using a up-tempo style. Defense will be big for us, and with the speed and talent we have it should be one of our strengths."

Senior Jacqueline Provenzano (G), a transfer from Florida, juniors Kerri Ryan (C) and Hilary Mills (F), sophomore Alyssa Mullen (F) and freshman Leslie Campbell (F) round out the rest of the roster.

After finishing last year in second place in the highly competitive ACL, Bretsch expects his team once again to be in the mix for another run at the league championship.

"The Atlantic Coast League is a very good basketball league," he said. "But I feel like we will have a solid team. We will be deep and we have a lot of kids who will compete. I don't expect there to be a lot of easy games, and with all of the new talent that we do have, it may take a while to blend together as a team. What I want to see is steady improvement as the season moves forward, and if that happens we should be in great shape come tournament time."

The Presidents open the home portion of their schedule this Friday night (6:30) against Hanover High School.

KEN CAMPBELL (center) with his sons Andrew (left) and James (right) at his recent induction into the PGA Hall of Fame for the Northeast District.

'Involvement With Junior Golf Is His Legacy

Ken Campbell Inducted Into PGA Hall Of Fame

Ken Campbell, a former Quincy resident and a 1948 graduate of North Quincy High School, was recently inducted into the PGA Hall of Fame for the Northeast District.

Mr. Campbell's golf career began as a young boy. He started off as a caddie at Wollaston Golf Club before joining the varsity golf team at North Quincy High School. At North, Campbell helped the Red Raiders to back-to-back state championships in 1947 and 1948.

Campbell would later go on to play on the PGA tour and the Senior PGA tour. He had a handful of top finishes in local state opens, New England championships and Senior Tour events, but his most memorable event was the 1983 New England Senior Championship. Campbell won this event, and as a result, he was named the New England Player/Professional of the year for 1983.

He spent the majority of his professional life as a club pro at two local golf courses. Campbell was the golf pro at Ponkapoag Golf Course for 20 years, and he was the pro at Newton Commonwealth for 15 years. His time spent as a local golf professional is when Campbell made his indelible mark on the local golf scene.

During his time at Ponkapoag and Newton Commonwealth, Campbell became a pioneer for the advancement of junior golf. He was instrumental in the development of junior tournaments and the advanced instruction of the game for younger players.

"He earned the respect of his peers as a very good player and a very good PGA professional," son in-law and Braintree Municipal golf pro Bob Beach said. "It all cumulated with his win at the New England Senior Championship in 1983. But Ken's most important golf achievement was his involvement in junior golf. He gave back, without profit, by giving instructions to other golf pros about junior golf, and by running junior camps. The legacy that he has passed on is through his involvement with junior golf."

Campbell, throughout his years as the club pro at Ponkapoag and Newton Commonwealth, organized and started a number of junior events that he used as a way to incorporate learning and a competitive balance on the links.

He ran the New England Junior Tournament at Ponkapoag for 20 years, and while the golf pro at Newton Commonwealth, he ran the New England Junior Team Tournament. Campbell was also involved in organizing and running local CYO golf tournaments.

"He started many great junior tournaments during his time as a golf pro," Beach said. "He loved giving instruction to junior golfers, and although he was a real good golfer, his induction into the PGA Hall of Fame for the Northeast District was based on this involvement and his development of junior golf."

Campbell, who was inducted into the Hall of Fame on October 28th, 2006 at Braeburn Newton Country Club, now resides in Florida. Since his retirement, Campbell has become an avid fisherman and gardener, and he enjoys spending time with his grandchildren.

Campbell's golf legacy is now being carried on by his two sons, Andrew and Jim, and his son-in law Bob Beach.

Andrew is the club pro at Black Hall C.C. in Lyme, CT., while Jim is the club pro at Cape Cod National in Brewster. Beach is the club pro at Braintree Municipal Golf Course, MA.

By SEAN BRENNAN

Elks Hoop Shoot Free Throw Contest Starts Saturday

Quincy Recreation Department and the Quincy Lodge of Elks will co-sponsor the Elk's National "Hoop Shoot", Free Throw Contest, announces Recreation Director Barry J. Welch.

The Quincy competition is the first step in a national contest for boys and girls age 8 to 13. Contestants are assigned to three separate categories in both boys and girls division. Age groups are 8-9, 10-11, and 12-13. The contestant's age is determined as of April 1, 2007.

Each participant is awarded points for successful free throws. The boys and girls in the age 8-9 will shoot from four feet in front of the regulation foul line.

The program will be supervised in neighborhood gymnasiums by the Quincy Recreation Leaders assigned their regular recreation programs in that area.

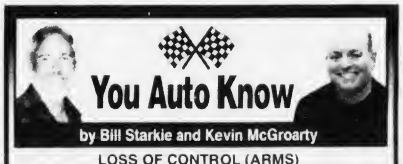
The program is free and contestants may participate even if not previously enrolled in the recreation program. Participants may choose any of the various times or sites to compete, however they may only compete in Quincy qualifier.

The first round of the Quincy Contest will be offered at the following Gymnasiums: At 10 a.m. on Sat, Dec. 16. Atherton Hough, Atlantic Middle, Bernazzani, Beecwood Knoll, Merrymount, Montclair, Point Webster, Snug Harbor, Squantum and Wollaston. The program will be conducted at 3 p.m. on Mon., Dec. 18 at the Marshall School; Wed, Dec. 20 at the Parker School and Thur., Dec. 21 at the Lincoln Hancock Community School.

"We are pleased that the Quincy Lodge of Elks has once again provided this program for the benefit of our participants," Welch said. "This is the 35th year of this program. Many Quincy residents in the past have enjoyed the benefits of this activity at the local, regional and state level as well as the national championship. The Elks devote a great deal of attention to youth programs. Their commitment to our children help make Quincy a better place to live. Over 50,000 children are expected to take part nationally."

The Quincy Lodge Hoop Shoot Chairman is Ed Miller, the former athletic director of Quincy Public Schools.

For additional information, call the Quincy Recreation Department at 617-376-1394.



LOSS OF CONTROL (ARMS)

A control arm is a suspension component that attaches to the chassis and manages the motion of the wheels in accordance with the body of the vehicle. Each of the several control arms (upper and lower) utilizes bushings at points of attachment. These bushings absorb all of the vehicle's front-end loading during braking, cornering, and even steady highway driving. With worn bushings, drivers are likely to experience front-end vibration and/or shimmying. Mileage and age may conspire to weaken bushings. If so, the control arms will oscillate, and there may be a clunking sound. Ask your auto technician about the need for new control arms and bushings to restore handling and feel to your vehicle.

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HINT: For increased durability, consider upgrading to polyurethane bushings from the original rubber ones.

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Seeks 8th Tourney Berth In 9 Years

North Quincy Team 'Small But Quick'

GIRLS' BASKETBALL

By SEAN BRENNAN

The 2006-2007 North Quincy varsity girls basketball team, under the direction of head coach Doug MacFarlane, will be looking to make the post-season tournament for the eighth time in the last nine years.

Last year's team finished their regular season with a 11-7 record, before falling to Fontbonne Academy, 73-43, in the first round of the post-season.

"Our team this season is going to be small, but quick," MacFarlane said recently. "If we are going to compete against teams with taller players we are going to have to be an up-tempo, fast paced team. The keys for us this season will be our ability to push the ball on offense, and defensively we need to get into the other team's faces. I see us playing a lot of man-to-man and full court zone on defense. We can not let teams attack us, we need to be the team that is on the attack."

Although the Red Raiders may be lacking in height this season, the team does return its top player from last year's team. Junior forward/guard Rebecca Goreham, a two-time Atlantic Coast League all-star, gives the Red Raiders a weapon on the offensive and defensive side of the court. Goreham will be the main player for the Raiders in 2006-7, and she has the chance this season to become the school's all-time leader in rebounding.

"Rebecca is a great player," MacFarlane said. "She is our best player and she will probably receive the most attention from other teams, but her ability will definitely give us an advantage when we step onto the court."

The team will also rely heavily on its seniors to provide the rest of the team with guidance throughout the long season. Their experience will be a key component to how well the Raiders do this year.

Seniors Megan Therrien (G/F) and Lauren Stille (PG), who along with Goreham are the team's captains, both have the experience and the basketball IQ to help North Quincy this year.

"Therrien brings a lot of experience to the team, and Stille is a dog on defense," MacFarlane said. "Stille is very quick, and her speed is a bonus when it comes to defensive coverage. Both of these senior captains will play a big part in our success this season."

Other seniors to keep in eye on as the winter progresses are Shannon Malone (F), Danielle Kelly (SF/SG) and Carolyn Cunningham (C/F).

"One of our biggest weakness may come from the team's lack of an outside scorer and deep threat," MacFarlane said. "But Danielle Kelly has the chance to be that weapon. She can shoot."

Besides Goreham, the rest of the juniors on the team include MaryKate Stille, Kasey O'Connell (G), Paige Bonanni (G), Rachel Goreham (F) and Brianne Carnell (F), a first-year transfer from Archbishop Williams High School.

"Stille is our quickest and our best defensive player," MacFarlane said. "O'Connell and Bonanni can both handle the ball, are quick and will see tons of playing time this year. Carnell, who is new to the team this year, could be big for us on the boards."

Sophomores to look out for include Catherine O'Connell (6ft./F), Kathleen Lynch (F), Jessie Howlet and Siobhan Carnell.

"Some of these sophomores will spend some of the year at the varsity and jayvee levels," MacFarlane said. "O'Connell is six feet and could be good on the boards, while Carnell has surprised us in practice with her scoring and shooting ability."

The team may find a roster space for freshman Rushri Wigesundera.

"Rushri is a great athlete and she runs the floor well. She has a chance to contribute this year," MacFarlane said.

"We look like we will be very competitive, and we should give other teams a lot of trouble, but scoring will be a problem," MacFarlane said. "Our goal is to make the tournament. Our senior experience will play a big part in off-setting our lack of height, and our team speed should be a bonus."

The Red Raiders tip-off their season this week with games against Brockton H.S. (12/11) and Malden H.S. (12/13) before hosting Plymouth South H.S. on Friday (12/15) in the team's home opener.

Joesph Scribi Receives Ouimet Golf Scholarship

The Francis Ouimet Scholarship Fund announces that it has awarded the inaugural recipient of the Cape Cod National Scholarship to Joseph J. Scribi of Quincy.

The scholarship is for a Ouimet Scholar from Cape Cod National Golf Club.

Scribi, the inaugural recipient, is a senior at the University of Massachusetts at Dartmouth and is majoring in Humanities with a minor in history.

While at Cape Cod National Golf Club Scribi worked as a caddie and in the pro shop. This summer he traveled to Sicily to attend the Mediterranean Studies Summer Program, which was held at the University of Messina.

At UMD, Scribi is a member of the Intramural basketball and softball team as well as participating in the ski club. Upon graduation he plans to pursue a career as a fire fighter.

JOESPH SCRIBI

The Cape Cod National Scholarship was founded in 2006 through a donation program of members of that club.

The scholarship is part of the $1,150,000 the Fund is awarding to 312 students representing 131 Massachusetts golf clubs and 115 colleges and universities for the 2006 - 2007 academic year.

Candidates for a Ouimet Scholarship must have completed at least two years service to golf at a Massachusetts golf course as a caddie, pro shop worker or course superintendent staff. Candidates must also demonstrate academic achievement and a financial need.

The Francis Ouimet Scholarship Fund was founded in 1949 in honor of legendary golfer Francis Ouimet. The Ouimet Fund is the largest single-state caddie fund in the country and has awarded over $16.4 Million to over 4,200 individuals since its inception. The Scholarship is a competitive, renewable award that can have a value of $10,000 to $20,000 or more over four years.

Players Showing 'Great Commitment'

Transitional Year For Red Raiders

BOYS' BASKETBALL

The North Quincy boys basketball team opened their 2006-2007 season Wednesday with a home tilt against Barnstable High School. This year's Red Raider team looked different on the court and on the sidelines at the 6:30 p.m. tip-off.

Gone from last year's team is former head coach Jim Rendle. Rendle, now the athletic director for the city's two high schools, hands the reins over to the former North Quincy J.V. coach, Kevin Barrett. Barrett, who has been on the North Quincy coaching staff for the past four seasons, takes over a team that returns just a handful of players from last year's 17-6 team.

The 2006 Red Raiders ended the season as co-champions of the Atlantic Coast League with Quincy High School, and made the Division 1 South Sectional tournament as the #5 seed. In the post-season, North Quincy fell in the first round to #12 Framingham, 60-44.

"Last year's team was a senior laden team," Barrett said. "For this year's team to be successful, the kids who didn't see much time, and the kids who are up from the J.V. squad are going to have to make that transition to varsity basketball."

Barrett, who directed the jayvees last season to a 17-3 record, feels comfortable with the players he has on this year's varsity roster.

"I have coached every one of the kids on this year's roster at the J.V. level," Barrett said. "Once they get acclimated to the varsity game we should be fine. It may take a little longer this season to be as cohesive as I would like, but all the kids have shown a great commitment through playing in summer leagues and tournaments that were made available. This experience should translate to the court this season."

Players returning this season for the Red Raiders include senior tri-captains John Huerth, Terrell Johnson and Matt Edgerly. All three will be starters this season for the Red Raiders. Juniors Dennis Martin and Marcellus Lee are also returning from last year's team.

The rest of the roster includes juniors Alex Tragellis, Phuoc Nguyen, Sean Clifford, Mike Horagan and Matt O'Neil. Seniors Ricky Bjork, David Ray and Billy Constantopoulos round out the rest of the roster.

"The strengths of this year's team will be our size and our quickness," Barrett said. "One drawback for the team may be the lack of varsity experience on the roster, but the aggressive style of play that we plan to use should help balance any drawback that may present."

With a new coach and a handful of new players, the Red Raiders should be an exciting team this winter, but playing in the deep and talented ACL will present a challenge to Barrett and his team.

"We were co-champs last year, and we handled ourselves well in the ACL," Barrett said. "I have the advantage of being familiar with every player and knowing what each kid can bring to the court having coached them before. The need to make that transition, and when they do we should be in great shape."

The Red Raiders, after opening the season on 12/13 versus Barnstable, travel to Whitman-Hanson on 12/19 before coming back home on 12/22 to play against Falmouth High School.

By SEAN BRENNAN

Blood Pressure Clinics Free For Seniors

Weekly blood pressure screenings for elders will be held every Monday from 10 to 11 a.m. at the Council on Aging office, 83 Saratoga St., North Quincy.

Gail Crawford, a registered nurse, will donate her time and talents to assisting senior citizens in having their blood pressure taken weekly.

Appointments can be made but walk-ins also are accepted. For more information, call 617-376-1506.

Free Financial Advice At COA

Mark Bossey, a MetLife financial planner, will be at the Council on Aging office, 83 Saratoga St., Quincy, on the fourth Friday of every month to offer free 20-minute consultation to seniors.

Call 617-376-1506 for an appointment.

Lady Presidents Travel Basketball

The Lady Presidents Travel Basketball teams continued their winning ways this past weekend on the road against Rockland.

Coach Peter Papile and Coach Rob Cerasoli were disappointed this weekend, as the Rockland 5th grade team was forced to forfeit its game because it did not have enough players. With the forfeit, the team will take a 2-0 record into the next game against Pembroke.

Coach Mike Toldness' sixth graders played well this weekend. Kathleen Conroy, Ashley Daniels, Emma Murphy, Maryssa Dwyer and Lisa McCarthy showed their team that hard work pays off with their effective defensive and offensive play during the game.

Christine Kelliher is demonstrating solid team support by attending every game and practice even though she is out due to an injury.

The seventh grade team relied on their half-court zone offense to build a 16-7 halftime lead. The team was lead offensively by Lizzie Kelly (6 points), Erin Chiocchio, Janelle Leone and Shannon Moriarty. Donna Niosi provided the team with the defensive spark it needed in the second half to help the Lady Presidents pull away from Rockland.

Coach Parry and Coach Bloomer remain impressed with the team's unselfish play as 10 of the 15 girls on the team scored in the 34-11 win.

The eighth grade team came out strong in the first half, and lead 19-2 at intermission. Forward Shelby Oliver had another strong game (14 rebounds) and defensively point guard Courtney Peterson contributed four steals and Uyen Vu had five steals.

The final score was Quincy 25 and Rockland 12.

Next week the teams will look to extend their winning streaks when they travel to Pembroke.

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QUINCY POLICE HOT SPOTS

QUINCY POLICE STATISTICS: Dec. 1 - Dec. 8
Total Calls for Service: **1,256**
Total Arrests: **36**
Total Stolen Cars: **3**

FRIDAY, DEC. 1

LARCENY, 7:31 a.m., Squantum Gardens, 400 East Squantum St. Copper wire.

BREAKING AND ENTERING/PAST, 8:47 a.m., 7 Farnum St. Dwelling.

VANDALISM/PROPERTY, 1:26 p.m., 338 Granite St. Tire punctured.

VANDALISM/PROPERTY, 7:37 p.m., 121 Crescent St. Motor vehicle window. As caller was driving by above, something was thrown at window and it smashed.

ASSAULT AND BATTERY, 9:52 p.m., Lowe St. and Washington St. Past. Victim was punched in the face on Washington St. by Lowe. Suspect is a female, believed to be intoxicated.

VANDALISM/PROPERTY, 10:39 p.m., 53 Copeland St. Disturbance. One under arrest for malicious damage. Damaged property in kitchen.

ASSAULT AND BATTERY, 11:40 p.m., Wendy's Restaurant, 195 Newport Ave. Past.

SATURDAY, DEC. 2

LARCENY, 5:24 p.m., Stop & Shop Supermarket, 495 Southern Artery. Purse.

LARCENY, 5:54 p.m., 4 Bedford St. Cans. Homeless man just left after stealing cans from under the porch. White male, 30's, brown hair, wearing jeans, white t-shirt, black sweatshirt. Has yellow net bag of clothing.

VANDALISM/PROPERTY, 6:52 p.m., 95 Martensen St. In progress. Two kids one with white shirt. No B&E. Parking sign was taken and has been recovered.

BREAKING AND ENTERING/PAST, 8:51 p.m., 28 McDonald St. Dwelling. Pug named Lollipop also stolen during this.

ARMED ROBBERY, 10:18 p.m., 320 Quincy Ave. Possible robbery. Person was stabbed in the neck. Taken to BMC from QMC.

SUNDAY, DEC. 3

VANDALISM/PROPERTY, 1:20 a.m., Varsity Club, 33 Independence Ave. Car damaged. Party who damaged car stated he would pay for it - no longer need police.

LARCENY, 3:06 a.m., Hynes Ave. and West St. Fare evasion. Three male parties fled the area, unable to locate.

ASSAULT AND BATTERY, 10:58 a.m., 3 Cottage Ave. Bleeding.

LARCENY, 12:18 p.m., Quincy High School, 52 Coddington St. Possibly from locker. IPod taken from locker.

BREAKING AND ENTERING/PAST, 8:11 p.m., 201 Common St. Dwelling. House broken into.

LARCENY, 11:15 p.m., Granite Rail, 16 Cottage Ave. Jacket.

BREAKING AND ENTERING/PAST, 11:33 p.m., 15 Lunt St. Dwelling. Jewelry and money stolen.

MONDAY, DEC. 4

LARCENY, 9:23 a.m., 46 Warwick St. Packages. Two UPS packages containing bakeware and a child's toy were stolen.

VANDALISM/PROPERTY, 9:38 a.m., Reserve at Marina Bay, 7 Seaport Dr. Windshield.

BREAKING AND ENTERING/PAST, 11:13 a.m., Remax Realty, 774 Hancock St. Business. Entry made to office, no signs of force and Dell laptop computer stolen.

VANDALISM/PROPERTY, 12:07 p.m., 191 Fayette St. Two doors kicked in and damaged. Doors have not been kicked, both been damaged.

BREAKING AND ENTERING/PAST, 12:56 p.m., 345 Washington St. Dwelling. Victim heard three loud bangs and awoke to find a white male, 26 years old, skinny face, possibly bald head, and a white female, about 26 years, long black hair, wearing a long coat in her apartment. Victim yelled for them to get out and the male responded, "We're being chased, we're not breaking in." Nothing appears missing, and the victim called relative to notify the police.

BREAKING AND ENTERING/PAST, 1:45 p.m., 345 Washington St. Dwelling. Front apartment door lock damaged to gain entry; belongings rummaged through, but nothing appears missing.

LARCENY, 4:31 p.m., North Quincy High School, 318 Hancock St. Cellphone.

BREAKING AND ENTERING/PROGRESS, 5:27 p.m., 67 Station St. Dwelling. Rear door found forced open, unknown if entry was made or if anything is missing.

TUESDAY, DEC. 5

VANDALISM/PROPERTY, 7:15 a.m., 145 Willard St. Tires slashed. Rented PT cruiser had tires slashed.

VANDALISM/PROPERTY, 7:43 a.m., 109 Billings St. BB hole in pickup in driveway - thinks it happened overnight.

LARCENY, 1:20 p.m., CTE High School Vo-Tech, 107 Woodward School. IPod video 30GB with carrying case and headphone. Occurred Nov. 30 after school hours.

BREAKING AND ENTERING/PAST, 5:31 p.m., 195 Independence Ave. Dwelling. Bedroom window broken and framing pushed up to gain entry. Unknown if anything is missing at this time.

WEDNESDAY, DEC. 6

LARCENY/MOTOR VEHICLE, 8:14 a.m., 32 Baxter St. Just taken. 2000 Ford Focus, color brown. Car taken, fled towards Washington St. One under arrest at 1250 Hancock St. Owner took possession of the vehicle from the scene. Keys were left in motor vehicle.

LARCENY, 8:42 a.m., YMCA, 79 Coddington St. Credit card. States card was stolen and used for $2000 last month.

VANDALISM/PROPERTY, 9:08 a.m., 41 Milton Rd. BB to window.

LARCENY, 11:06 a.m., Quincy Medical Center, 114 Whitwell St. Checks.

LARCENY, 12:11 p.m., Wal-Mart, 301 Falls Blvd. Pocketbook.

BREAKING AND ENTERING/PAST, 3:08 p.m., 357 Newport Ave. Dwelling. Keys accidentally left in apartment door. Jewelry and cash are known missing.

BREAKING AND ENTERING/PAST, 8:53 p.m., 9 Quadrant Cir. Dwelling. Window pane broken on front door to gain entry. Gucci hand bag known missing.

THURSDAY, DEC. 7

LARCENY, 8:56 a.m., DesMoines Rd. and East Howard St. GPS system taken, had the GPS on a tripod, someone took it.

BREAKING AND ENTERING/PROGRESS, 10:44 a.m., 139 Main St. Dwelling. Arrest made. Arrest for B&E daytime, felonious intent.

LARCENY/MOTOR VEHICLE, 1:24 p.m., 328 Copeland St. Bob Cat.

LARCENY, 1:56 p.m., Home Depot, 465 Centre St. Credit card. An ex-worker has been going to different stores using company credit card, he used it also at above.

BREAKING AND ENTERING/PAST, 3:40 p.m., 145 Willard St. Dwelling.

LARCENY, 4:58 p.m., Bank of America, 1400 Hancock St. By check. Unknown suspect cashed stolen, forged check on Nov. 27.

BREAKING AND ENTERING/ATTEMPT, 7:24 p.m., 995 Southern Artery. Dwelling. Front door damaged.

BREAKING AND ENTERING/PAST, 8 p.m., 241 Presidents Ln. Dwelling. Pane broken on left side of front entry door to gain entry. XBox, Dell laptop computer, and a jar of coins are known missing.

FRIDAY, DEC. 8

LARCENY, 1:57 a.m., 182 Quincy Ave. Fare dispute. Cabbie not paid. Party went into apartment building unable to locate.

LARCENY/MOTOR VEHICLE, 6:44 a.m., Dunkin Donuts, 95 Franklin St. Just stolen. Unknown person took motor vehicle from the Dunkin Donuts. Keys left in car. 1988 Plymouth Reliant, color red.

❑

If you have information on the above crimes, or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764**. If you wish to report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. If you wish to make an appointment to view the **Registered Sex Offenders** book, call **Detective Cindy Walsh at 617-745-5751**.

If you wish to contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us--*Lt. Dan Minton.*

❑

Each week in *The Quincy Sun*, the "Quincy Police Hot Spots" page provides readers with numbers to call to report crimes. The telephone number for the "Drug Hot-Line" is 617-328-4527. You will not be required to provide identification or address, although it would be helpful.

Anonymous information via a letter or by leaving a message doe not provide an opportunity for the detectives to ask questions to gain further knowledge. Even without identifying yourself, your information can be corroborated (validated) in many ways, such as surveillance, which was used in this particular case.

Some people are reluctant to report suspicious activity for fear of having to testify or of retaliation, but by calling the hot-line with detailed information, the Drug Unit will be working with you to eradicate drug users in your community.

A Job Well Done

On Monday, Dec. 4, at approximately 5:30 p.m., Officers Joseph Paccioretti and Barry DeFranco responded to Quincy Street on a report of a "child down in the street." Upon arrival, Fallon Ambulance Paramedics attended to a semi-conscious 21-year-old man from Charlestown found lying on the sidewalk.

LT. DAN MINTON

Officer Paccioretti interviewed a 17-year-old female, who stated she was coming back from the store and called "911" when she came across the unknown victim. The paramedics treated the victim and made him more coherent.

Officer Paccioretti believed the victim was under the influence of drugs and questioned him. The victim said he just "shot up with heroin." At this time, a person who wanted to remain anonymous, came forward and told the officers that he/she saw the reporting woman and her sister carry the victim out of their house and lay him down on the sidewalk.

When confronted, the reporting woman denied this and reiterated that she did not know the victim. The officers then went to the home and the witness said he/she saw the victim dragged from and questioned a woman living there. After some intense questioning, the woman admitted that she and her younger sister, who was the person on the sidewalk with the victim when police arrived, did move him out to the sidewalk. The older sister said that she had been taking Klonopin (her own prescription) with the victim "to get high."

The older sister said that the victim also took Klonopin, but that he brought his own. She said that she did not see the victim shoot heroin but he told her that he did. It was soon after that the victim passed out. This information was given to the paramedics to treat the victim, who was then transported to Quincy Medical Center.

Officer Paccioretti checked warrants on the sisters and the victim and learned that there was a default warrant out of Charlestown District Court for the victim. The victim was placed under arrest at the Medical Center and under guard until released from medical care. He was then transported to the station for booking and held for court the next day.

In this case, the sisters acted recklessly, leaving the victim out in the cold in an unconscious state. They would have been in very serious trouble if not for responsible people who called "911". The Quincy Police Department "thanks" the anonymous citizen who stepped forward to tell the police officers at the scene of his/her knowledge, which helped clarify the situation and focus on the sisters.

Nice work!

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OBITUARIES

Mary E. Kelley, 63
Legal Secretary

MARY E. KELLEY

A funeral Mass for Mary E. Kelley, 63, of Quincy, a legal secretary, was celebrated Dec. 7 at Saint Ann's Church, Wollaston.

Ms. Kelley was a legal secretary for 20 years at Smith & Brink Law Firm of Quincy. She had not retired. She worked for various law practices, and previously for State Street Bank.

Born and raised in Quincy, she was known to be a devoted mother and loving sister.

She is survived by her daughter, Kerri Ann Kelley of Quincy; her mother, Mary (Hernon) Kelley of Quincy; two brothers, Richard Kelley of Quincy and Louis Kelley of San Antonio, TX.

She was the daughter of the late Louis Kelley.

Burial was in Forest Hills Cemetery, Boston.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St.

Hendrik Wynands, 66
Shaws Market Employee

A funeral service for Hendrik "Hank" Wynands, 66, of Quincy, a Shaw's Market employee, was held Saturday at Sweeney Brothers Home for Funerals, 1 Independence Ave.

Mr. Wynands died Dec. 4 at Norwood Hospital of injuries sustained in an accident.

Mr. Wynands hit a tree at the intersection of Washington and Wentworth streets at about 3 p.m.

He worked for 13 years for Shaw's Market. He worked in many stores and was working in the deli department at the Shaw's in Canton for the past year.

Born in Weymouth, he was raised in Quincy schools and was a lifelong resident of the town.

He is survived by his wife of 23 years, Maureen (Roche) Wynands; four daughters, Kelli Wynands of Plymouth, Ellen Wynands of Pembroke, Laura Wynands of Attleboro and Jennifer Wynands of Quincy; two sons, Steven Wynands and Hendrik "Hank" Wynands Jr. of Quincy; two brothers, Anthony Wynands of New Boston, N.H., and Richard Lombardi of Quincy; a sister, Frances Pitts of Weymouth; eight grandchildren; and one great-grandson.

Burial was private.

Marilyn A. Flynn, 72
Retired Property Manager

MARILYN A. FLYNN

A funeral Mass for Marilyn A. (Mich) Flynn, 72, a retired property manager, of Whitman, formerly of Dorchester, Quincy and Palm Beach Gardens, Florida, was celebrated Dec. 9 at Saint Brendan Church, Dorchester.

Mrs. Flynn died Dec. 5 at her home in Whitman.

She worked as a waitress at Beachcomber in her younger years, and later a switchboard operator for the Quincy Hospital and Jamaica Plain V.A. Hospital after which she worked as a property manager for Niles Co. in Quincy, until her retirement in 1994.

Born in Boston, graduated from Boston Girls High School, Class of 1952. She also attended the Leland Powers School for Performing Arts.

She was a member of the Ladies Sodality at Our Lady of Good Counsel (Holy Trinity Parish) and also the Merrymount residents Assn.

She enjoyed family life, reading, singing, ceramics, crime scene movies and especially travel and cruises with her late husband to Italy and Hawaii.

Wife of the late Paul Flynn, she is survived by five sons, Mark T. Flynn of Quincy, Paul Flynn Jr. of Quincy, David M. Flynn of Burbank, CA, Peter A. Flynn of Burbank, CA, and Kevin J. Flynn of Burbank, CA; three daughters, Lori M. Malloy of Whitman, MA, Theresa F. Flynn of Florida, and Kathryn M. Malloy of Middleboro, MA; 18 grandchildren, and one great grandchild.

Burial was in Saint Joseph's Cemetery.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St., Wollaston.

James R. Kyle, 49
Retired Walgreens Manager

A prayer service for James R. Kyle, 49, of Mansfield, formerly of Quincy, a retired Walgreens manager, was held Dec. 7 at Hamel Wickens & Troupe Funeral Home, 26 Adams St., Quincy Center.

Mr. Kyle died Dec. 2 in Mansfield.

When he was a sophomore in high school he was a stock clerk at Sears Roebuck in Quincy in 1973. He became a manager in the shoe department and transferred to the South Shore Plaza store, where he worked until the late 1980s.

He then became an assistant store manager at Walgreens in Roslindale, where he worked for several years.

Born in Boston, he was raised in Quincy and graduated from North Quincy High School in 1976. He moved to Mansfield earlier this year.

He collected model fire engines and related fire apparatus and accumulated an impressive collection. He was a NASCAR fan and until a few years ago, played darts with the Minute Man Dart League and the South Shore Dart League. He was a skilled cribbage player.

He was an artist and made various types of jewelry, distributed at a few retail establishments. He enjoyed animals.

He is survived by two brothers, Joseph Kyle of Mansfield and Leonard Kyle of Whitman; an aunt; and three cousins.

Private burial was in Mount Wollaston Cemetery.

Steven P. Clark, 33
Construction Worker

STEVEN P. CLARK

A funeral Mass for Steven P. Clark, 33, a construction worker, of Quincy, was celebrated Dec. 8 at Christ Church.

Mr. Clark worked in construction with various construction companies.

He died Dec. 3 at Brigham & Women's Hospital after an 11 year battle with cancer.

Mr. Clark was diagnosed with a malignant tumor in his leg in 1995. He underwent surgery that removed the tumor, and a large portion of his calf. He was treated with chemotherapy for a year and underwent rehabilitation to relearn how to walk again.

In March, 2003 the cancer returned in the form of Chronic Myeloid Leukemia. Mr. Clark then went through a bone marrow transplant, with his brother as his marrow donor and was then hospitalized in the isolation unit for over a month.

Complications from the transplant led to liver disease, treatment for this disease caused steroid induced diabetes and Mr. Clark suffered from a severe bone degeneration disorder. As a result, one of his hips collapsed and he was then hospitalized for another month before returning to rehab for an additional 90 days.

He was a lifelong resident of Quincy, and graduated from North Quincy High School, Class of 1991.

He was very active in Christ Church.

He is survived by his mother, Marylou (Costello) Clark of Quincy; his father, Willard "Buck" Clark of Quincy; two brothers, Gene Clark of Middleboro and Dean Clark of Weymouth; his fiancee, Joanna Rapalje of Quincy; and many nieces, nephews, aunts and uncles.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Donations may be made to the Dana Farber Cancer Institute, P.O. Box 55584 Boston MA, 02205-5584, or the family suggests donating blood in his memory.

Seymour Lee, 96
Retired Postal Manager, Marine Veteran World War II

A private funeral service for Seymour Lee, 96, of Danvers, formerly of West Quincy, a retired postal manager and a Marine veteran of World War II, was held recently.

Mr. Lee died Dec. 1.

He spent his entire career with the Postal Service in Newark N.J., where he was such a respected and efficient manager that mail from New York City was routed through his office. He retired in 1976.

Mr. Lee enlisted in the Marine Corps twice and served in Nicaragua and the Pacific during World War II.

He was raised in Neward, the last surviving sibling from a family of 13 children. He lived in Clifton, N.J., before moving to the Boston area in 1991.

Husband of the late Doris (McCurry) Lee, he is survived by four daughters, Catherine A. Lee of San Antonio, Texas, Susan B. Lee of Warren, Vt., Teresa E. Lee of Salem and Jacqueline M. Lee of Franklin, N.C.

Burial was private.

Funeral arrangements were by Hamel, Wickens & Troupe Funeral Home, 26 Adams St.

John R. Bailey, 59
Custodian

A funeral for John R. Bailey, 59, of Quincy, a custodian, will be held.

Mr. Bailey died Dec. 4 at Quincy Medical Center after a short illness.

He worked at the South Shore YMCA.

Born in Stoneham, he was raised in Weymouth and lived in Quincy for many years.

He is survived by a son, Matthew J. Bailey of Hull, four sisters and two grandchildren.

Burial was private.

Funeral arrangements were by Dennis Sweeney Funeral Home, 74 Elm St.

SCOTT DEWARE

A THOUGHT FOR THE WEEK

It has been said that probably the most discontented people in this world are those who set standards of performance and behavior for themselves and others which few can meet. It has also been said that nothing gives a man a sense of failure so often as an overdeveloped sense of perfection.

Have you ever thought what a paradise this world would be if everything and everyone in it were perfect? But we know this is not the way it is . . .

We all have to fulfill our destiny in the world that way it is, not the way we would like to have it. We have to live with people the way they are, tolerant of their faults and grateful for their virtues. All in all, it is not a bad world in spite of its imperfections.

The perfectionists of this world would be happier, indeed, if they would be satisfied to work merely to make things better without demanding that they be perfect.

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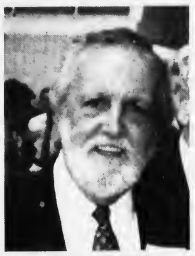
John P. Toland

Retired Investigator For Boston Edison



JOHN P. TOLAND

A funeral Mass for John P. Toland, of Quincy, a retired investigator for Boston Edison, was celebrated Saturday at St. Ann Church, 787 Hancock St.

Mr. Toland died Dec. 4 at the Marina Bay Nursing Facility, Squantum, after a long battle with cancer.

After retiring from Boston Edison, Mr. Toland volunteered as an administrative assistant to the Harvard hockey team. The players called him "Tolzie." He was an honorary member of the Harvard Varsity Club.

He graduated from Boston College High School in 1952.

He served in the Navy Reserve for eight years and was a member of McKeon Post, AMVETS, and the Castle Island Association.

He is survived by a son, Sean P. Toland; three brothers, Francis and Bernard Toland of Quincy and James Toland of Whitman; three sisters, Mary Harkins of Norwood, Sister Barbara Toland of Rego Park, N.Y., and Susanne Murphy of Abington; many nieces and nephews and three grandchildren.

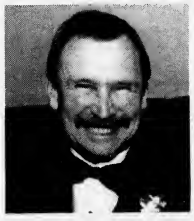
Burial was in Cedar Grove Cemetery, Dorchester.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St.

Donations may be made to the Patrick Toland White Foundation, c/o Citizens Bank, 371 Hancock St., No. Quincy, MA 02171. Att. Terry Bellotti-Palmieri.

Michael J. Smith, Sr.

Vietnam War Veteran



MICHAEL J. SMITH, SR.

A funeral service with full military honors was held for Michael J. Smith, Sr., of Quincy, a veteran of the Vietnam War and HVAC building engineer, at Bethany Congregational Church in Quincy.

Mr. Smith died Nov. 30.

A lifelong Quincy resident, he was a graduate of North Quincy High School.

He served in the U.S. Navy during the Vietnam War from 1965 to 1967.

He had been employed in the plumbing and HVAC business for more than 35 years. Most recently he was a HVAC building engineer/manager for Trammell Crow of Boston.

Mr. Smith enjoyed gardening, boating, camping and motorcycles.

He also loved spending time with his family.

Cremation followed the funeral service.

Funeral arrangements were made by the Keohane Funeral Home, 785 Hancock St., Wollaston.

Memorial donations may be made to Dana-Farber Cancer Institute, P.O. Box 55584, Boston, MA 02205-5584.

Sylvia E. Branting, 89

Homemaker

A funeral service for Sylvia E. (Wilder) Branting, 89, of Quincy, formerly of Milton, a homemaker, was held Monday at Chapman, Cole & Gleason Funeral Home, Milton.

Mrs. Branting died Dec. 7 at Marina Bay Nursing and Rehabilitation Center in Quincy.

She was a member of the Milton Women's Club and the Milton chapter of the Florence Crittendon League.

Mrs. Branting was an active member of First Congregational Church in Milton and was a member of its Mary Frances Emerson Association.

Born in Boston, she was a Milton resident for more than 60 years. She was related to the Sumner family, settled in Milton in the 1630s.

She graduated from Boston High School for Girls and attended Boston University for two years.

Wife of the late Earl J. Branting, she is survived by two sons, Richard W. Branting of Marshall, Minn., and Dr. William S. Branting of Newton, N.H.; a daughter, Deborah V. Branting of Boston; and three grandchildren.

Burial was in Milton Cemetery.

Vets Adviser At COA Office

John D. Miller of Home Care Partners, will be at the Council on Aging office, 83 Saratoga St., each Wednesday to advise veterans or their surviving spouses of their in-home care benefits.

To schedule an appointment, call the Council on Aging at 617-376-1506.

Michael K. Trillcott, 9

Student

MICHAEL K. TRILLCOTT

A funeral Mass for Michael Kenneth Trillcott, 9, of Quincy, a student, was celebrated Saturday at St. Mary's Church, 95 Crescent St.

Mr. Trillcott died Dec. 3, peacefully after a long illness, surrounded by family at Massachusetts General Hospital.

He was a student of the Quincy Public School Intensive Special Needs Program before enrolling at the Kennedy Day School in Brighton.

He lived his life to the fullest of his capabilities, facing challenges that he overcame. He enjoyed singing and dancing, T-ball, ice skating, riding bikes, computer games and any activity working with "ABC's" or "123's." He loved swimming in the pool, and enjoyed playing outside, bowling, and the "Bamboo Shoot" at Storyland. He also enjoyed fireworks and roller coasters.

He is survived by his mother, Cynthia (Cindy) Trillcott (Buccella), Kenneth (T.J.) Trillcott Jr.; a sister, Amy Marie Trillcott, three cousins, Leah O'Sullivan, Olivia Thompson and Ashli Doyle; two grandfathers, Kenneth R. Trillcott Sr. and Gino Buccella Jr., a grandmother, Elizabeth Buccella, and many aunts and uncles. He was the grandson of the late Agnes M. Trillcott.

Burial was in Pine Hill Cemetery.

Donations may be made to the Michael Kenneth Trillcott Memorial Fund, c/o Quincy Credit Union, 100 Quincy Ave., Quincy, MA 02169.

Joseph F. Travers, 59

Carpenter

A funeral Mass for Joseph F. Travers, 59, of Quincy, a self-employed carpenter, was celebrated Monday at Sacred Heart Church, North Quincy.

Mr. Travers died Dec. 7 at his home.

He was a two-year Army veteran, serving from 1967 to 1969.

He was a power-boat racing enthusiast and lifelong member of the South Shore Outboard Association.

Mr. Travers is survived by his companion, Helen Zwicker of Quincy; a sister, Mary Phelan of Braintree, and two brothers, Michael P. Travers of East Bridgewater and Thomas E. Travers of Quincy.

Burial was in Pine Hill Cemetery.

Funeral arrangements were made by the Keohane Funeral Home, 785 Hancock St., Wollaston.

Memorial donations may be made to Beacon Hospice, 529 Main St., Charlestown, MA 02129.

Joan Moar, 70

Bookkeeper

A funeral Mass for Joan Marie (McSherry) Moar, 70, of Quincy, formerly of Dorchester, a retired bookkeeper, was celebrated Wednesday at Sacred Heart Church, North Quincy.

Mrs. Moar died Dec. 9 at the Lahey Clinic in Burlington.

Born in Boston, she grew up in Dorchester.

She worked as a bookkeeper for Lambert's Fruit in Dorchester for 20 years retiring in 1996.

Mrs. Moar was an avid reader and also enjoyed crocheting and making blankets for her family.

She is survived by her husband, Thomas H. Moar, Sr. of Quincy; two daughters, Diane Moar of Randolph and Kathleen Moar of Toms River, N.J.; and two sons, Thomas H. Moar, Jr. of Quincy and Stephen Moar of Hanover.

Burial was in Cedar Grove Cemetery, Dorchester.

Funeral arrangements were made by the Keohane Funeral Home, Wollaston.

Memorial donations may be made to American Liver Foundation, N.E. Chapter, 88 Winchester St., Newton, MA 02461.

William T. Glynn, 83

Retired Plant Manager

WILLIAM T. GLYNN

A funeral Mass for William T. Glynn, 83, of Braintree, formerly of Quincy, a retired plant manager and veteran of World War II and the Korean War, was celebrated Monday at the Church of St. Claire, South Braintree.

Mr. Glynn died Dec. 7 at South Shore Hospital in Weymouth.

He worked for 40 years for New England Telephone Co. and NYNEX until his retirement in 1985.

He attained the rank of boatswain's mate first class, serving in the Asiatic Pacific Theater during World War II. He also served in the Navy during the Korean War.

Mr. Glynn was a member of the American Legion in Braintree and the North Quincy Knights of Columbus. He was an active member of the Church of St. Claire in Braintree and the Holy Name Society.

Born in Quincy, he lived in Quincy before moving to Braintree 25 years ago.

Mr. Glynn was a 1940 graduate of Quincy High School and attended Wentworth Institute.

He is survived by his wife, K. Louise (Gauthier) Glynn; four sons, William T. Glynn, Jr. and Robert L. Glynn of Hanson, Richard M. Glynn of Abington and Gerald P. Glynn of Hanover; three daughters, Leslie A. Larkin of Quincy, Stephanie M. Fitzgerald of Chesterfield, Mo., and Melissa A. Immar of East Bridgewater; two stepdaughters, Joan M. Blackwell of Carver and Jane L. Laskey of Braintree; a sister, Eleanor M. McDonough of Quincy; and 24 grandchildren and seven great-grandchildren.

He was the husband of the late Margaret E. (Evans) Glynn.

Burial with military honors was in Blue Hill Cemetery, Braintree.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, Quincy.

Barbara L. Blake, 72

Homemaker, Writer

A funeral service for Barbara Lee (Sandina) Blake, 72, of Quincy, a homemaker and writer, was held Saturday at Hamel, Wickens & Troupe Funeral Home, 26 Adams St.

Mrs. Blake died Dec. 3 at Boston Medical Ceter in Boston.

She was a writer for radio and television.

Born in Boston, she moved to Quincy 32 years ago.

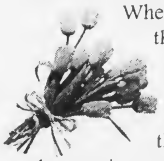
She enjoyed animals and was an animals right advocate.

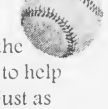
Wife of the late William John Blake, she is survived by two sons, Robert Blake of Nebraska and Anthony J. Blake of Quincy, and a daughter, Tracy-Lee Blake of Quincy.

Burial was private.

Grandpa loved gardening, baseball, and playing the harmonica.

Your memories are precious. That's why, at Keohane Funeral Service, we take the time to find out what made your loved one special. Whether it's gathering some of the flowers he so tenderly cultivated or finding a musician to play "Take Me Out to the Ball Game" on the harmonica, you can count on us to help you plan a service that will be just as unique as the person you love.





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OBITUARIES

Rev. Frank J. Bauer, 87

Former Pastor Wollaston Lutheran Church

A funeral service for the Rev. Frank J. Bauer, 87, of Otter River, formerly of Quincy, former pastor of Wollaston Lutheran Church, was held Wednesday in Good Shepherd Lutheran Church, Peterborough, N.H.

The service was co-officiated by the Rev. Ingo Dutzmann and the Rev. Kenneth Johnson.

Rev. Bauer died Dec. 7 at home after a lengthy illness.

REV. FRANK J. BAUER

Born in New York City, he attended Concordia Collegiate Institute in Bronxville, N.Y. Following graduation in 1938, he enrolled in Concordia Seminary, St. Louis, MO, graduating in 1943. That same year, he married his beloved wife, Jean E. (Helman) Bauer. They celebrated 62 years of marriage together before her death on Aug. 26, 2005.

Rev. Bauer served as pastor of three churches: Zion Lutheran, in Owego, N.Y., where Rev. and Mrs. Bauer lived for three years. The second, Immanuel Lutheran, was in Olean, N.Y., for seven years.

In 1954, they moved to Quincy where he was installed as pastor of the Wollaston Lutheran Church, serving until 1984. They lived in Quincy until 2002 when they moved to Otter River.

As 1st lieutenant, he was commissioned a chaplain in the U.S. Army National Guard in 1950 and retired as a colonel and staff chaplain in the Massachusetts Army Reserve National Guard in 1979. Then Gov. Michael Dukakis appointed him to state rank of Brigadier General of the Mass Organized Militia. Two years later, Rev. Bauer retired as hospital chaplain of the Veterans Administration Hospital in West Roxbury after serving 21 years.

Rev. Bauer also served as chaplain of the Massachusetts State Police, the Massachusetts Military Academy, the National Lancers and the Ancient and Honorable Artillery Co.

While pastor of Wollaston Lutheran Church, he sponsored the former Wollaston Lutheran Church Christian Day School. After the school's closing, Rev. and Mrs. Bauer worked for the federal government to sponsor three federally funded apartment complexes for the elderly and handicapped in Quincy. They are the Fenno House, founded in 1973; Town Brook House founded in 1980, and Bauer House founded in 1996, named after Rev. and Mrs. Bauer.

For many years, they summered in Greenfield, N.H. and enjoyed a wonderful relationship with the community of Good Shepherd Lutheran Church in Peterborough, N.H.

They enjoyed traveling. Rev. Bauer was also an avid reader, liked crossword puzzles and was a dedicated work-out enthusiast.

He is survived by his children, John A. Bauer of Colorado Springs, CO; Mary E. Salgado of Port Orange, Florida; and Anne Blais of Otter River; a sister, Mary Cooke of Woodside, N.Y.; six grandchildren, four great-grandchildren and two nieces.

Due to winter conditions, interment will take place in the Greenvale Cemetery in Greenfield, N.H. in the spring.

Funeral arrangements were made by the Lamourex-Fletcher Community Funeral Home, Gardner, MA.

Memorial contributions may be made to the American Cancer Society, 30 Speen St., Framingham, MA 01709; Good Shepherd Lutheran Church, Rte. 101 W., Peterborough, N.H. 03458, or the Gardner Visiting Nurse Association, 34 Pearly Ln., Gardner, MA 01440.

Benton Silver

A graveside service for Benton Silver, of Quincy, was held Sunday at Sharon Memorial Park.

Mr. Silver died Dec. 6.

He is survived by his wife, Shirley (Yellowitz) Silver; a daughter, Janice Silver-Daniel of Norwell; a brother, Alfred Silver; three sisters, Edith Surman, Lorraine Titelbaum and Estelle Kushner; and two grandchildren.

He was also the father of the late Karen Silver.

Funeral arrangements were by Schlossberg-Solomon funeral home, Canton.

Christmas 2006
at Sacred Heart Parish

CHRISTMAS EVE
SUNDAY, 24 DEC.
4:00 PM Christmas Mass (Children's Choir)
6:00 PM Christmas Mass preceded with carols (Adult Choir)
8:00 PM Christmas Mass at Star of the Sea Church

CHRISTMAS DAY
MONDAY, 25 DEC.
12:00 AM Midnight Mass (Christmas Schola)
9:00 AM Christmas Mass
10:30 AM Christmas Mass (Adult Choir)

NEW YEAR'S EVE
SUNDAY, 31 DEC.
Regular Sunday Masses:
7:45 AM, 9 AM, 10:30 AM, 5 PM at Sacred Heart Church and 12 PM at Star of the Sea Church

NEW YEAR'S DAY
MONDAY, 1 JAN.
Note: This day is not a holyday of obligation this year.
7:00 AM Mass
9:00 AM Mass

EPIPHANY
SUNDAY, 7 JAN.
7:45 AM Mass
9:00 AM Mass with Children's Liturgy
10:30 AM Mass
12:00 PM Mass at Star of the Sea Church
5:00 PM Mass

SPECIAL EVENT
SUNDAY, 7 JAN.
7:30PM
Ecumenical Festival of Lights

walking together in faith, worship, education and service
386 Hancock Street ❖ North Quincy ❖ 617.328.8666
www.sacredheartquincy.org

Quincy Community United Methodist Church To Host Service Of The Longest Night Dec. 21

Quincy Community United Methodist Church, 40 Beale St., Wollaston, will host its second annual Service of the Longest Night Thursday, Dec. 21 at 7:30 p.m. in the church chapel.

The service gets its name for the Winter Solstice, the longest night of the year.

"The service is very simple and gentle, consisting of music, Scripture lessons, readings, prayer, and quiet reflection," said the Rev. Dr. Susan F. Jarek-Glidden, pastor. "Its purpose is to provide a safe place for people who are dealing with grief and loss of any kind, whether that grief and loss are recent or decades old."

For some people, the holiday season can be very stressful and, sometimes, very unhappy, the Rev. Dr. Jarek-Glidden said.

"Facing the first Christmas without a loved one's physical presence, dealing with an imminent death, living with an illness that places a question mark over the future, coping with the loss of a job, facing life after divorce or separation, and sometimes just life in general can make holiday celebration very difficult, if not impossible."

The Service of the Longest Night is intended to be a resource for people in stressful and unhappy situations.

The public is invited to attend.

For more information, call the church office at 617-773-3319.

Christmas Cantata Dec. 21 At Houghs Neck Congregational Church

The Houghs Neck Congregational Church choirs will present the Christmas cantata "Night of Wonder" Thursday, Dec. 21 at 7 p.m. at the church, 310 Manet Ave.

Performed by the church's adult and youth choirs, the cantata combines music and readings adapted from scripture. Through words and song, the cantata traces the story of the birth of Jesus.

Refreshments will be served following the performance.

The church is handicapped accessible.

For directions or more information, call (617) 479-8778.

Savlation Army Christmas Concert Sunday

The Salvation Army Quincy Temple Corps, 6 Baxter St., Quincy, will host a Christmas Concert Sunday, Dec. 17 at 3 p.m.

The concert will feature the Quincy Temple Corps Band, vocalists, soloists and a Christmas carol sing.

For more information, call the Salvation Army at 617-472-2345.

Birthday Cake For Jesus Part Of Family Friendly Christmas Eve Service

Quincy Community United Methodist's 7 p.m. Christmas Eve service Sunday, Dec. 24 will feature a birthday cake for Jesus.

"The early Christmas Eve service is specifically designed for families and is more informal than the 11 p.m. service," said the Rev. Dr. Susan F. Jarek-Glidden, pastor of Quincy Community. "The 7 p.m. service includes lots of Christmas carols, and there is no sermon."

An usual feature of the service is Jesus' birthday cake. "Some people may think having a birthday cake for Jesus is rather strange," Rev. Dr. Jarek-Glidden said. "However, I think a birthday cake helps children understand that we're celebrating the birthday of Christ. After all, what's a birthday without a birthday cake?"

The service will conclude with singing "Happy Birthday" to Jesus.

Those attending the service will be invited to the church's Fellowship Hall for a piece of cake.

Quincy Community United Methodist Church is located at 40 Beale St., Wollaston.

For more information, call 617-773-3319.

Ronald Martin, 65

Teacher, Veteran, Author

A funeral service for Ronald Martin, 65, of Plymouth, a retired Quincy schoolteacher, author, and Marine Corps veteran of the Vietnam War was held Dec. 6 at Cartmell Funeral Home, Plymouth.

Mr. Martin died Dec. 2 at his home after a long battle with cancer.

He taught in the Quincy public school for more than 35 years, retiring in 2002. He also taught at Quincy College's Plymouth campus.

In 1886 he published a novel, "To Be Free," about the Vietnam War.

He was a soccer coach in the Quincy schools for more than 16 years. He enjoyed golf, tennis, sailing and walking on the beach.

He volunteered at Jordan Hospital for the past several years.

Born in Whitburn, Scotland, Mr. Martin was educated in Quincy and received a bachelor's and master's degrees in education from Northeastern University.

He is survived by his wife, Lois K. (Budlong) Martin; two daughters, Mindi Martin of Boston and Jaime Martin of Assonet; and a son, Scott Martin of Norfolk Va.

Cremation will be at Duxbury Crematory, Duxbury.

Donations may be made to the Crystal Springs School, P.O. Box 372, 38 Narrows Road, Assonet, MA 02702.

~ ~ REJOICE ~ ~
Christ is Born!

Bethany Congregational Church
(UNITED CHURCH CHRIST)
Spear & Coddington Sts, Quincy Center
617-479-7300

Dec. 17 - Fourth Sunday in Advent
10 am Worship Service with Church School Pageant
Rev. Gary Smothers, "Gods gifts bring joy into life". Child Care Available. Wheelchair Accessible.

Wed Dec 20 - Advent Serivice 7pm "The Lord"

Dec 24 - 10 am Sunday Worship Service
Rev. Smothers "Let earth receive her king"
7pm Christmas candle light service.

Religion

Advent, Christmas Schedule At Union Congregational Church

Union Congregational Church, located at Beach St. and Rawson Rd. in Wollaston, announces its schedule of worship services for Advent and Christmas.

On Christmas Eve, Sunday, Dec. 24, there will be:

- The Fourth Sunday of Advent Morning Worship at 10 a.m.
- Service of Lessons and Carols at 7:30 p.m.
- Service of Holy Communion at 11:30 p.m.

Union Congregational Church is handicapped accessible.

For more information, call the church office at 617-479-6661.

Church members recently manned the Salvation Army Kettle at the Stop and Shop on Southern Artery in Quincy.

Bell-ringers were: Barbara Culkin, Glenn Alinson, Arthur and Audrey Sullivan, Carol Swanson, Rob Levancy, Norm Daniel, Marjorie Ciavardone, Stephanie Swanson, Martha Swanson, Don Young, Mark Goodwin and the Rev. John Swanson, church pastor.

"It never ceases to amaze me, we are a small church and each year I am convinced that we won't be able to cover a whole day, yet it is never a problem. People just love to do this," Swanson said, noting the church manned the kettle from 9 a.m. to 8 p.m.

Sacrament Of Penance Schedule During Advent At St. Ann's Parish

St. Ann's Parish, 757 Hancock St., Wollaston, announces its schedule for the Sacrament of Penance during the Advent season.

Confessions will be heard Saturday, Dec. 16 and 23 from 3 to 3:30 p.m. and on Dec. 18, 19 and 20 from 7 to 8 p.m. in the lower church.

A cluster Penance Service is offered with Sacred Heart Parish on Tuesday, Dec. 19.

Community United Methodist Church

Quincy Community United Methodist Church, 40 Beale St., Wollaston, will have Sunday worship and Sunday school beginning at 10:30 a.m.

Adult Bible Study meets at 9 a.m.

The Rev. Dr. Susan F. Jarek-Glidden will conduct the service. Lector will be Norman Guivens. Ushers are William Morrisey and Dru Madigan.

Coffee hour hosts are Margaret Buckley, Laura Campbell, Susan Little and Agnes Williams.

The church is handicapped accessible. For more information, call 617-773-3319.

Houghs Neck Christmas Pageant Dec. 16

The Houghs Neck Congregational Church Sunday School will present "One Night in Bethlehem," a traditional Christmas Pageant, on Saturday, Dec. 16 at 5 p.m. at the church, 310 Manet Ave.

All are welcome to attend the free performance.

The original play incorporates the gospel of St. Luke to tell the story of the birth of Jesus. Following the pageant, a church supper of homemade soups and chowders will be offered.

"What better way to remember the true meaning and spirit of the season than with an old-fashioned, traditional Christmas pageant.?" said Jennifer Logue, superintendent of the church's Sunday School program. "We invite everyone to bring your family, neighbors and friends to come and join in this special Christmas celebration."

Houghs Neck Congregational Church is handicapped accessible

For directions or more information, call (617) 479-8778.

Bethany Congregational

Bethany Congregational Church, 18 Spear St., Quincy Center, will have Sunday Advent Worship and church school Sunday at 10 a.m.

The Rev. Gary W. Smothers will conduct the service and preach a sermon from Mark entitled "God's Gift Bring Joy Into Life."

Following the worship service, there will be fellowship time in the Allen Parlor. Light refreshments will be served.

Advent services will also be held Wednesday evenings at 7 p.m. in the Allen Parlor at Bethany.

'Heart To Heart' Tree At United Methodist

Quincy United Methodist Church, 40 Beale St., Wollaston, is hosting a "Heart to Heart" tree on the second floor of the church outside the sanctuary now through Dec. 24.

A donation of $2 per heart ornament is requested.

A spun glass heart ornament was initially meant to be given to people who are experiencing a difficult holiday season. "Although most of the hearts are still given to people who are hurting," said the Rev. Dr. Susan F. Jarek-Glidden, "some individuals have given them to people who have made a difference in their lives, such as mentors, friends, family members, and neighbors.

"It's a way of expressing feelings, a way saying 'Thank you' as well as 'I care.'"

For more information, call the church office at 617-773-3319.

Catholic Women's Prayer Group

The Catholic Parishes of Quincy announce a Catholic Women's Prayer Group will meet the third Tuesday of every month beginning Dec. 19.

The group meets 7 to 8:15 p.m. in St. Joseph's Parish Center, 22 Pray St., Quincy Point.

The evening provides an opportunity for participants to deepen their relationship with Christ.

All are welcome.

For more information contact Sister Pay Boyle at 617-479-5400 (St. Ann's), or Dorothy Ruggiero, 617-472-6321 (St. Joseph's).

Quincy Religion Directory

SERVICES & ACTIVITIES

Assemblies of God

Glad Tidings
158 Washington St., Quincy
phone: 773-9797
Rev. Gregory E. Wheaton, Pastor
Sunday Worship: 8:30, 11 a.m.; Christian Ed. 10 a.m.; Senior Hi Youth 7 p.m.; Wed. 7 p.m. Berean Bible Study, Royal Ranger Missionettes; Friday Junior Hi Youth 7 pm
- Youth & Children's Ministry
- Contemporary Worship
- Marriage & Family Group
- International Fellowship
- DivorceCare

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 7, 9:30 & 11:30am, Weekdays 9am
Handicapped Accessible
New Members Welcome!

Unitarian

UNITED FIRST PARISH, Quincy
1306 Hancock St., across from Quincy Center T
Worship Service & Church School
SUNDAYS, 10:30 a.m.
Rev. Sheldon W. Bennett, Minister
• A Welcoming Congregation •
617-773-1290 • www.ufpc.org

Congregational

First Church of Squantum
164 Bellevue St. • 617-328-6649
Pastor: Michael S. Robertson
Co-Pastor: Dr. Emmy Robertson
10 a.m. Sunday Worship
All Are Welcome

PEACE

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4pm (Sat.) 7:45am, 9am (Family Liturgy) 10:30am (with Choir) and 5pm
12 noon at Star of Sea Church
Weekday Masses
Mon.-Fri 7am and 9am, Sat. 9am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m., 10:30 a.m. & 5 p.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

ST. JOHN THE BAPTIST
44 School St., Quincy
617-773-1021
Weekend Mass Schedule
Saturday (Vigil Mass) 4 p.m.
Sunday 7:30 a.m., 9 a.m. and 11 a.m. (Family Liturgy)
Weekday Masses
Monday - Saturday 8 a.m.
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
• 617-479-5400
Pastor: Rev. John J. Ronaghan
Weekend Mass Schedule:
Saturday 4:00 PM
Sunday 7:00, 9:00, 11:30AM
Daily Masses: 9:00 AM
Handicapped Chairlift Available

Congregational

HOUGHS NECK CONGREGATIONAL CHURCH
310 Manet Ave., Quincy
www.hncong.org
Sunday, Dec. 17
Worship Service 9:30 am
Theme: 'Rejoice in the Lord'
Third Sunday in Advent
Luke 1: 39-56
Sunday School 9:30 AM
Rev. John Castricum
617-479-8778

BETHANY CONGREGATIONAL CHURCH
Corner of Spear & Coddington Sts., Quincy Center • 617-479-7300
10 AM Sunday Advent Worship and Church School
Sermon: 'God's Gifts Bring Joy Into Life'
Fellowship Follows Service in Allen Parlor

QUINCY POINT CONGREGATIONAL CHURCH
444 Washington St . • 617-773-6424
Worship and Church School 10 am
Rev. Ann Suzedell, Pastor
visit us at www.QPCC.org

Christian Science

First Church of Christ, Scientist
Holy Bible
10:30 AM
Sunday Service & Sunday School
7:30 PM
Wednesday Evening Meeting
20 Greenleaf Street Quincy
off Hancock St.
617-472-0055

Congregational

WOLLASTON CONGREGATIONAL CHURCH
48 Winthrop Ave. - 617-773-7432
Pastor: Rev. Mary Lou Gifford
Sunday Worship Dec. 17
Third Sunday of Advent
Sermon Topic:
'Filled with Expectation'
Preacher: Mary Louise Gifford
Scripture: Isaiah 12: 2-6, Luke 3: 7-18

UNION CHURCH
Beach St. & Rawson Rd., Wollaston
Sunday Service 10 AM
617-479-6661
Rev. John Carl Swanson
Pastor

Covenant

COVENANT CONGREGATIONAL CHURCH
Corner of Whitwell & Granite St.
Sunday Worship 10:00 AM
Rev. Karen Palmatier, Pastor
9 a.m. – Christian Education for all ages
Child Care Available - All Are Welcome
Children's Pantry
Wed., Thur. 9:30 am - 12 noon
617-479-5728

Nazarene

Wollaston Church of the Nazarene
37 E. Elm Ave., Wollaston
(617) 472-5669
On The Campus Of
Eastern Nazarene College
Pastor: Rev. Fred. Fullerton
Sunday Services
8:30 am - Holy Communion
9:45 am - Adult & Children's Sunday School
11 a.m. - Blended Worship Service
Come Worship with Us!

Episcopal

St. Chrysostom's Episcopal Church
Corner of Hancock & Linden Sts., Quincy
(617) 472-0737 • www.stchrysostom.com
Rev. David Hefling
Sunday School 9 a.m.
Adult Forum 9:15 a.m.
Holy Eucharist Rite 10 a.m.
Nursery Care During Service
Coffee Hour Following
ALL WELCOME
THRIFT SHOP HRS - W, TH, FR 10am-4pm

Evangelical

EVANGELICAL CHURCH OF ATLANTIC
65 Newbury Ave. North Quincy
(617) 847-4444
Pastor Bill Donahue
Sunday Morning Worship 10:10 AM
Childcare Available

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Dr. Susan Jarek-Glidden, Pastor

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45 SUNDAY SCHOOL
11AM WORSHIP SERVICE
BRASS BAND MUSIC
7PM TUES WOMEN'S FELLOWSHIP
7:15PM WED. BIBLE STUDY

Spiritualist

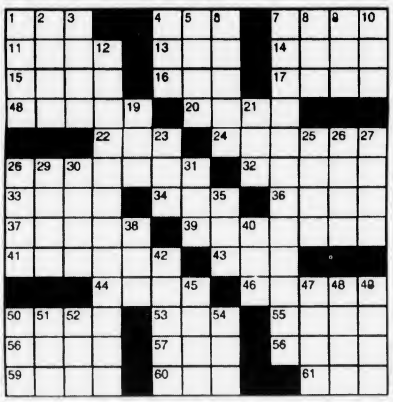
First Spiritualist Church of Quincy
40 West St., Quincy, MA 02169
(617) 770-2246
Services: Sunday 11 a.m. to 12:30 PM
Coffee and Conversation following service.
(Services 8 PM Wednesdays June, July, August)
Pastor Rev. Rita S. Berkowitz, C.H.,C.M.

SUN FUN PAGE

King Crossword

ACROSS
1 Dress (up)
4 Will Ferrell movie
7 Wine area of California
11 Egg
13 Kilmer who played Batman
14 Oklahoma city
15 Rani's wrap
16 Literary collection
17 Notion
18 Wet snow
20 Olympic champ Louganis
22 Vat
24 Pertaining to a people
28 Small bunch of flowers
32 Mistreat
33 Operator
34 - Mahal
36 Valhalla VIP
37 Trumpet sound
39 Least wealthy
41 "Bye"
43 "Humbug!"
44 Paraphernalia
46 Martin's comedy partner
50 Capri or Wight
53 Cow's call
55 Columbus' place
56 Mast
57 Under the weather
58 Prank
59 Periodicals, for short
60 Actor Beatty
61 Fellow

DOWN
1 Pitch
2 Office shape
3 Mentor
4 Longoria of "Desperate Housewives"
5 Singer k.d.
6 Signal light
7 Place for 12-Down
8 Moreover
9 Slapstick missile
10 Computer language
12 Longtime PBS figure
19 Embrace
21 Greek vowel
23 Cudgel
25 Undressed
26 Egyptian fertility goddess
27 Penny
28 Tiny protuberances
29 Norway's capital
30 Close up tight
31 Puppy's cry
35 Occupation
38 Away from WSW
40 Scull prop
42 Street urchin
45 Portrayal
47 Caprice
48 Verdi opera
49 Midday
50 Doctrine
51 Health resort
52 Trail the pack
54 Antiquated



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The Garden Bug
Gift ideas
Iron wall decoration
Handmade from Bali
www.novica.com
Illuminated Steel Frame Dog Sculptures
Pug, Schnauzer, Jack Russell Terrier, Scottish Terrier or Dachshund
www.hammacher.com
Ceramic Toad houses
yardiac.com

MAGIC MAZE ● — IT —

T A X U R O L J G D A X V S P
N K I F C H A D C O M I N G A
X V S Q O L C J H E R C A X C
V T R Y P N L I J H E P F D A
B Y T X S H V A R T V U R P L
W O U M K A I S G E O E E N L
D O R B Z N E W A X K V W O Q
U T N R O G T E L S N I Q Y U
O T U O T U C R K N I L R R I
L J P I D P U E K A H S G T T
F D C A Y X W P I R T E L V S

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

As is
As were
Call quits
Cut out
Do now
Had coming
Hang up
Let go
Let rip
Live up
Shake up
Strike rich
Take easy
Think over
Try on

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Trivia test by Fifi Rodriguez

1. GAMES: Which board game features a character called Professor Plum?
2. HISTORY: When was the eight-hour workday instituted in the United States?
3. FAMOUS QUOTES: Who said, "The human race has one really effective weapon, and that is laughter."
4. LANGUAGE: What does the Latin prefix "arbori" mean?
5. MYTHOLOGY: What is the Greek god Poseidon's Roman counterpart?
6. TELEVISION: What is the name of Tony Soprano's nightclub?
7. GEOGRAPHY: Where is the Timor Sea in relation to Australia?
8. LITERARY LIFE: What is a caesura?
9. GENERAL KNOWLEDGE: Who are PATSY awards given to?
10. MOVIES: Which famous inspector is featured in the film "A Shot in the Dark"?

Answers
1. Clue
2. 1923
3. Mark Twain
4. Tree
5. Neptune
6. Bada Bing!
7. Northwest of Australia
8. A break or pause in a line of verse
9. Performing animal stars
10. Inspector Clouseau

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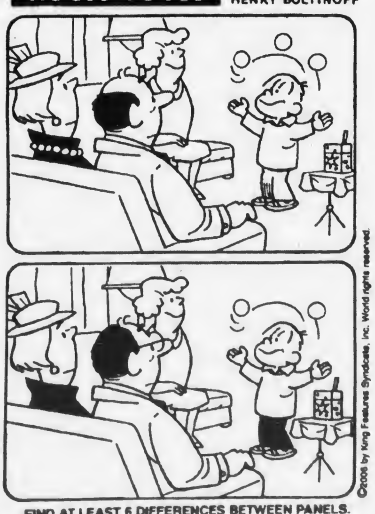
50 Trivia Quizzes Send $4.50 check or money order to: Trivia, P.O. Box 536475, Orlando, FL 32853-6475.

HOCUS-FOCUS

BY HENRY BOLTINOFF



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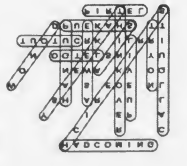
FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

Differences: 1. Talk is moved. 2. Ball is missing. 3. Glasses are added. 4. Pants are different. 5. Hair is added. 6. Necklace is removed.

King Crossword — Answers

Magic maze — Answers



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Quincy, MA 02169 617-472-3656

Salome's Stars

ARIES (March 21 to April 19) Make your holiday preparations one step at a time in order to avoid being overwhelmed and leaving things undone. That confusing family situation continues to work itself out.

TAURUS (April 20 to May 20) Ease this year's holiday money pressures by letting your thrifty side guide you as you look for those perfect gifts that typically reflect your good taste and love of beauty.

GEMINI (May 21 to June 20) You'll have a good handle on potential holiday problems if you delegate tasks to family members, friends or co-workers — most of whom will be more than happy to help out.

CANCER (June 21 to July 22) Right now you are especially vulnerable to holiday scams that seek to take advantage of your generosity. Best advice: Check them out before you send out your checks.

LEO (July 23 to August 22) The upcoming holiday season gives the Big Cat much to purr about. Relationships grow stronger, and new opportunities loom on the horizon, just waiting to be pounced on.

VIRGO (August 23 to September 22) A changing situation brings conflicting advice about how to go forward with your holiday plans. Your best bet: Make the decision you feel most comfortable with.

LIBRA (September 23 to October 22) Holiday plans get back on track after some confusion about the direction you expected to take. A potentially troublesome money matter needs your immediate attention.

SCORPIO (October 23 to November 21) Your holiday preparations are on track. But you need to confront a personal situation while you can still keep it from overwhelming everything else.

SAGITTARIUS (November 22 to December 21) Tight financial matters ease a bit during this holiday season. But the sagacious Sagittarian is well-advised to keep a tight hold on the reins while shopping for gifts.

CAPRICORN (December 22 to January 19) Don't put off making decisions about this year's holiday celebrations, despite the negative comments you've been getting from several quarters. Do it NOW!

AQUARIUS (January 20 to February 18) The holidays will bring new friends and new opportunities. Meanwhile, be careful to use your energy wisely as you go about making holiday preparations.

PISCES (February 19 to March 20) There's good news coming from a most unlikely source. And it could turn out to be one of the best holiday gifts you have had in years. Remember to stay positive.

BORN THIS WEEK: You are respected for your honesty and loyalty. You make friends slowly — but with rare exceptions, they're in your life forever.

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Wishing Well®

6	5	7	4	3	7	2	4	5	2	3	5	2
K	P	R	S	Y	E	B	E	L	E	O	A	T
8	2	6	7	5	2	8	4	5	2	5	3	2
B	R	E	M	N	U	E	T	Y	E	O	U	T
6	3	4	5	8	6	4	5	6	2	7	5	2
E	C	G	U	L	P	O	R	P	O	A	F	Y
4	2	8	3	4	8	4	5	4	8	6	2	5
A	O	I	A	L	E	S	U	H	V	R	U	T
4	2	6	2	8	5	7	8	5	4	8	6	8
I	R	O	S	E	U	I	Y	R	G	O	M	U
7	5	7	2	7	2	3	2	6	7	6	8	3
N	E	P	E	O	L	N	F	I	I	S	R	W
8	6	7	3	4	6	8	3	7	8	7	8	8
H	E	S	I	H	S	E	N	E	A	D	R	T

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

Citizens Bank Supporting Salvation Army's Kettle Campaign

Citizens Bank of Massachusetts announces the locations of 50 specially-marked green kettles as part of the Massachusetts Salvation Army's 2006 Kettle Campaign.

The kettles are located throughout Massachusetts and will be available through Dec. 24.

In Quincy, kettles are located at the Stop & Shop at 495 Southern Artery and the Stop & Shop at 65 Newport Ave. in North Quincy.

Citizens Bank Foundation will match donations up to $250,000 collected at the specially-marked green kettles in Massachusetts. Citizens is partnering with the Salvation Army on this campaign to meet the growing demand for emergency food, shelter and clothing this winter in communities across the state.

"This is the first time in the history of the Salvation Army's Kettle Campaign that we will have kettles in cities and towns in Massachusetts in a color other than our traditional red," said Lt. Col. Fred Van Brunt, State Commander of the Massachusetts Salvation Army. "Changing the colors of some of these kettles from red to green and having the Citizens Bank Foundation match donations collected at these new green kettles is an eye-catching way to let people know the need and demand for assistance is changing everyday, and that there is a special opportunity this year to support more of our neighbors who are in need."

The Salvation Army's Kettle Campaign has been the organization's signature fundraising initiative for more than 100 years. Last year's campaign raised $2.9 million and provided more than 26,000 food vouchers, nearly 55,000 articles of clothing and more than 150,000 new toys for disadvantaged individuals, families and children in Massachusetts.

Alzheimer's Support Group Meets Dec. 19 At River Bay Club

The Norwell Visiting Nurse Association (VNA), in conjunction with the Quincy River Bay Club, announces they will be co-sponsoring an Alzheimer's Support Group.

The group will meet every third Tuesday of the month at the Quincy River Bay Club, located at 99 Brackett St., in Quincy. The primary focus of the group is challenges associated with early to mid-stage Alzheimer's.

The next meeting will be held on Tuesday, Dec. 19 from 6 to 7:30 p.m.

As Alzheimer's progresses in a loved one, caregivers are faced with new challenges and concerns. The increased dependence on the caregiver to assist with normal activities of daily life can greatly impact a caregiver's life. This group will serve as an outlet for caregivers to learn more about the disease and how to cope with the challenges he/she will face.

"Our program will combine an educational forum addressing specific Alzheimer's issues with a supportive environment for Alzheimer's caregivers," said Renee McInnes, RN "The goal of the group is to offer useful solutions as well as assistance and camaraderie for caregivers."

There is no charge for this meeting. Light refreshments will be provided.

All interested parties are encouraged to attend.

The group is funded by the South Shore Elder Services Title IIIE Grant under the Older Americans Act.

For more information about the Alzheimer's Support Group or the Norwell VNA, call Renee McInnes, RN at 781-659-2342.

COA In Need Of Bath Seats

The Council on Aging is in urgent need for bath seats for senior citizens.

If you have one to donate, call the COA at 617-376-1245.

Seek Medical Gear To Loan

The Council on Aging is seeking donations of medical equipment that is no longer needed by the current owner but can be loaned to someone else.

The present highest priority is given to bath transfer seats.

Call the Council at 617-376-1506.

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P1249EP
In the Estate of
FRED S. SEHOVEY
Late of N. QUINCY
In the County of NORFOLK
Date of Death
November 4, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that JOY MARIE JAGNOW of HOLIDAY in the State of FLORIDA or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **JANUARY 17, 2007**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, December 4, 2006.

PATRICK W. McDERMOTT
Register of Probate

12/14/06

LEGAL NOTICE

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2006-333
ORDERED **December 4, 2006**

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.20 Stopping, Standing and Parking.
Section 10.20.040 Parking - Prohibited and Restricted where.

DELETE THE FOLLOWING

Street	Side	From	To	Type of Regulation
Stewart Street	**West**	**#42 Steward Street**		**Handicapped Parking**

A TRUE COPY.
ATTEST: Joseph P. Shea
Clerk of Council

12/14/06

LEGAL NOTICE

COMMONWEALTH OF MASSACHUSETTS
THE TRIAL COURT
PROBATE AND FAMILY COURT DEPARTMENT
NORFOLK DIVISION
DOCKET NO. 99P1332GI
MORTGAGE OF REAL ESTATE

To all persons interested in the estate of ARTHUR D'ANGELO of QUINCY in said County, a mentally ill person under GUARDIANSHIP.

A petition has been presented to said Court for authority to mortgage certain real estate of said ARTHUR D'ANGELO.

If you desire to object thereto you or your attorney should file a written appearance in said court at Canton before ten o'clock in the forenoon on the 21ST day of DECEMBER 2006, the return day of this citation.

Witness, DAVID H. KOPELMAN, Esquire, First Judge of said Court, this 8TH of November 2006.

PATRICK W. McDERMOTT
Register

12/14/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2825EP
In the Estate of
ALEXANDRA V. SMITH
Late of QUINCY
In the County of NORFOLK
Date of Death
October 14, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that GREGORY P. SMITH of NAPLES in the State of FLORIDA or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **DECEMBER 27, 2006**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, November 15, 2006.

PATRICK W. McDERMOTT
Register of Probate

12/14/06

QUINCY SUN NEWSCARRIERS WANTED

Here's a chance to earn extra money by building a Quincy Sun home delivery route.

617-471-3100

LEGAL NOTICES

COMMONWEALTH OF MASSACHUSETTS
THE TRIAL COURT
PROBATE AND FAMILY COURT
NORFOLK DIVISION
DOCKET NO.: 06P2934FE
FOREIGN WILL

To all persons interested in the estate of MARGARET R. BOLAND, having property in NORFOLK in the county of Norfolk, late of QUINCY in the county of NORFOLK and State of MASSACHUSETTS, deceased.

A petition has been presented to said Court by, with certain papers purporting to be copies of the last will of said deceased, and of the probate thereof in said Country of IRELAND duly authenticated, by JAMES BOLAND of HIGHFIELD PARK, GALWAY, IRELAND, praying that the copy of said will may be filed and recorded in the Registry of Probate in said County of Norfolk, and that HE be appointed EXECUTOR – thereunder, WITHOUT SURETY on the Bond.

If you desire to object thereto you or your attorney should file a written appearance in said court at Canton before ten o'clock in the forenoon on the 18TH day of JANUARY 2007, the return day of this citation.

Witness, DAVID H. KOPELMAN, Esquire, First Judge of said Court, this 4TH of DECEMBER of 2006.

PATRICK W. McDERMOTT
Register

12/14/06

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Norfolk Division
Docket No. 04P3160EP
Notice of Fiduciary's Account

To the persons interested in the estate of Josephine A. McGhee late of Quincy, in the county of Norfolk.

You are hereby notified pursuant to Mass. R. Civ. P. Rule 72 that the 1st, 2nd and final account(s) of Irene Robb as executrix (the fiduciary) of said estate has been presented to this Court for allowance.

If you desire to preserve your right to file an objection to said account(s), you or your attorney must file a written appearance in said Court at Canton on or before the ***10th day of January, 2007*** the return day of this citation. You may upon written request by registered or certified mail to the fiduciary, or to the attorney of the fiduciary, obtain without cost a copy of said account(s). If you desire to object to any item of said account(s), you must, in addition to filing a written appearance as aforesaid, file within thirty days after said return day or within such other time as the Court upon motion may order a written statement of each such item together with the grounds for each objection thereto, a copy to be served upon the fiduciary pursuant to Mass. R. Civ. P. Rule 5.

WITNESS, DAVID H. KOPELMAN, ESQUIRE, FIRST JUSTICE of said Court at Canton this 27th day of November, 2006.

PATRICK W. McDERMOTT
Register of Probate

12/14/06

LEGAL NOTICES

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2827GI
In the Matter Of
LAWRENCE M. ORTIZ
Of QUINCY
In the County of NORFOLK
NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN

To LAWRENCE M. ORTIZ of QUINCY in the County of NORFOLK, his spouse, and heirs apparent or presumptive, a petition has been filed in the above captioned matter alleging that said LAWRENCE M. ORTIZ of QUINCY in the County of NORFOLK is a mentally ill person and praying that EILEEN ORTIZ of W QUINCY in the County of NORFOLK or some other suitable person be appointed guardian, to serve with personal surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **DECEMBER 29, 2006**.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, November 16, 2006.

PATRICK W. McDERMOTT
Register of Probate

12/14/06

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2874EP
In the Estate of
MICHAEL T. CURRAN
Late of QUINCY
In the County of NORFOLK
Date of Death
October 26, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that MAUREEN A. BACKER of MILTON in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **JANUARY 10, 2007**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, November 29, 2006.

PATRICK W. McDERMOTT
Register of Probate

12/14/06

Classifieds

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- ❑ Services
- ❑ For Sale
- ❑ Autos
- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
- ❑ Real Estate
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QUINCY MEDICAL CENTER President and CEO Dr. Gary Gibbons (right) congratulates Ann Cummings of North Easton (left) and Bill Tondini of Quincy (center) on their 40 years of service to Quincy Medical Center during the medical center's recent Employee Service Awards ceremony.

At Quincy Medical Center

22 Quincy Residents Honored For Longstanding Employee Service

Quincy Medical Center recently hosted an Employee Service Awards event to honor the commitment of longstanding employees at the medical center.

"The employees of Quincy Medical Center work each day to deliver advanced, high quality care and to provide educational opportunities to the next generation of healthcare leaders," said Gary Gibbons, MD, President and CEO. "During the annual Employee Service Awards, we celebrate the long standing service of our employees and their tremendous contributions to the health and education of our community."

Among the 105 Quincy Medical Center employees honored were the following 22 Quincy residents:

40 years of service: Bill Tondini, Environmental Services

35 years of service: Dorothy Symonds, C1-Geriatric Psychiatry Unit

25 years of service: Nancy Colletti, Laboratory Gerry Picot, Ambulatory Care

15 years of service: Joyce Carroll, Accounting Mary Nguyen, HIS/Medical Records Peter Poon, HIS/Medical Records Mary Stec, HIS/Medical Records

10 years of service: Diane Curran, Information Technology Claire Mardirosian, Patient Accounts Nancy Nicklas, Post Anesthesia Care Unit Sue Yee Liang, Registration Services Department

5 years of service: Dana Chander, Environmental Services Carol Jay, A6 Medical/Surgical Unit Peggy Lahar, Post Anesthesia Care Unit Mary Malone, Post Anesthesia Care Unit Rebecca McGillivray, Operating Room Suite Margaret Munchback, Dietary Department Marides Pascua, A3 Medical/Surgical Unit Deborah Ryan, Transitional Care Unit Cynthia Tan, Laboratory Scott Toothill, Radiology

In total, 105 Quincy Medical Center employees were recognized for reaching and surpassing service milestones of 5, 10, 15, 20, 25, 30, 35, and 40 years of employment at Quincy Medical Center.

Quincy Medical Center (www.quincymc.org) is a 232-bed acute care community-teaching hospital providing South Shore residents with comprehensive medical and surgical services. The medical center's Alliance for Quality with Boston Medical Center (BMC), formed in 1999, brings academic medicine to the community.

At Quincy Medical Center, physicians from Boston Medical Center direct the departments of medicine, surgery, anesthesia, emergency medicine, and psychiatry. Additionally, physicians from BMC who are board-certified in a range of medical and surgical specialties work with community physicians to ensure the continuity of patient care.

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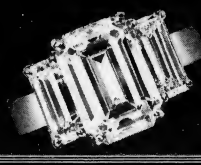

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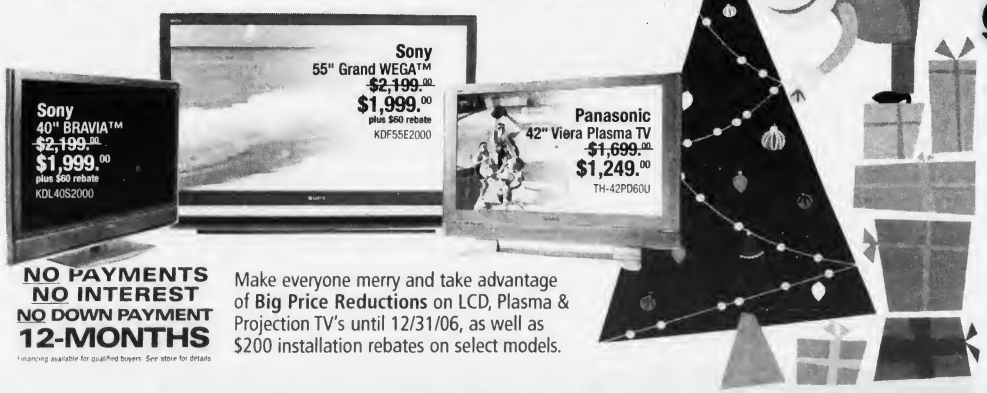

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Make everyone merry and take advantage of **Big Price Reductions** on LCD, Plasma & Projection TV's until 12/31/06, as well as $200 installation rebates on select models.

Help us give back for the holidays

Please join us as we support the **11th Annual Giving Tree Program** in our Quincy store. The Giving Tree program benefits infants and pre-school children from low income families on the south shore. Each tree contains ornaments with a specific gift request from a specific child. Purchase and wrap the gift, using the ornament as a gift tag and return it to one of the 15 businesses participating this year by 12/17/06 to be delivered to the families by 12/19/06. For more information about the program or store locations, contact **Debbie Logan** at 508-472-0676, and make a difference in the life of a child this holiday season. We thank you.

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Community Leaders Honored With Good Scout Awards

– Page 2 –

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper

VOL. 39 No. 14 | Thursday, December 21, 2006 | 40¢

Symbols Of The Season

THE NATIVITY SCENE in historic Hancock Cemetery.

THE MENORAH outside City Hall marking the observance of Chanukah.

BEAUTIFUL LIGHTS on McIntyre Mall.

Quincy Sun photos/Robert Noble

Putting Merry In Christmas

Helping Hands Brighten Holiday For Needy Families

By MIKAELA SLANEY

Many helping hands have reached out to brighten the holiday season for Quincy families in need.

The Salvation Army assisted 391 local needy families and will continue through Christmas, according to Major Linda Jones, Corps officer of the Salvation Army.

"There has been a little increase of requests compared to all the years that I've been here," said Jones, who has been with the organization for six Christmases.

There has also been an increase in generosity, she said. The Salvation Army collected more in kettles as the same day in 2005.

"The Greater Quincy area is most kind and generous," she said. "Perhaps last year people had given so much for the natural disasters that they were tapped out."

According to Jones, needy families file for assistance on designated sign-up days. Families with children 12 and under are given gift cards the day of the application. They choose four toys, a stocking stuffer, and an article of clothing per child. Families who don't have children are mailed food vouchers for the grocery store.

Clothes are donated by individuals and organizations. Toys were either donated, or purchased by the Salvation Army. The Hanover branch has a greater storage capacity, and those with larger used goods are invited to donate at the Route 53 drop-off point.

Father Bill's Place has received a flood in generosity, according to Caitlin Bell, development director.

"People have been very generous," she said.

Father Bill's Place, a well-known transitional shelter in Quincy, received help from private donors and businesses this season.

One notable donor, Granite Communications, donated nine fully-decorated Christmas trees for children in the Father Bill's family program, as well as donating a financial contribution. Raytheon corporation and Braintree Rotary Club also conducted toy drives to benefit the children of Father Bill's.

"Today we went to families to drop off the trees and toys," said Bell. "It was a little like playing Santa Claus. One of the children was home and she was there when we plugged in the tree. Her eyes lit up. It was one of the most rewarding experiences I've ever had."

For more information on Father Bill's Place, or to make a contribution, visit

(Cont'd On Page 15)

City Awarded $1,185,754 For Affordable Housing

State Senator Michael Morrissey announced Tuesday that Quincy has been awarded $1,185,754 in funding by the Department of Housing and Community Development.

The funds will go toward the development of 11 new rental units, 10 of which will be reserved for affordable housing, at 356 Washington St.

"There is still a lot of work to be done to build more homes in Quincy that are affordable for working families," said Morrissey. "These units represent a step in the right direction in bringing more affordable housing opportunities to Quincy."

Rep. Rondald Mariano added: "Quincy is very fortunate to receive this grant from the DHCD, and the money will certainly be put to good use."

"The funds for the program were made available through a unique mix of state, federal and private resources," said Rep. Bruce Ayers.

"Increasing affordable housing in Quincy is a top priority," added Rep. Stephen Tobin, "and these funds will help us achieve that goal."

For more information about the Department of Housing and Community Development's program call Phil Hailer at 617-573-1104.

■ Phelan Considers Cultural Center - *Page 3* ■ 5th Graders Holiday Wishes - *Pages 20 - 28*

SCOUT HONORS RECIPIENTS- Dr. Gary W. Gibbons, president and CEO of the Quincy Medical Center and Arthur H. Tobin, former mayor now clerk magistrate of Quincy District Court hold their Good Scout Awards at the Mayor's Annual Breakfast. With them from left are committee member James Barbieri, Mayor William Phelan, Co-chairmen Daniel Flynn, Thomas O'Connell and Anthony Agnitti and emcee Chet Curtis.

Quincy Sun photos/Robert Noble

QUINCY SCOUTS SALUTE the flag at the Mayor's Breakfast.

Mayor's Breakfast Raises $14,000 For Scouting

Quincy Medical Center CEO Court Clerk Magistrate Receive Good Scout Awards

Two community leaders were honored at the annual Mayor's Boy Scout Breakfast at which $14,000 was raised for the scouting program in Quincy.

Dr. Gary Gibbons, MD, president and CEO at Quincy Medical Center and Arthur Tobin, former mayor now Clerk Magistrate at Quincy District Court received the Good Scout Award.

The awards were presented at a breakfast hosted by Mayor William Phelan, and the Boston Minuteman Council in the Ballroom at Granite Links Golf Club last week.

The Good Scout Award embodies the spirit of helpfulness to serve others on an individual and community basis.

In accepting his award, Dr. Gibbons proudly displayed his original compass as a Boy Scout and noted:

"I think the greatest thing scouting gave me wad sense of community and respect for one's self, for one's family and for one's community."

He urged members of Troop and Pack 42 St. John's Church, and Troop[24, First Church of Squantum, in attendance to take a dream today and use all their talents to make it a reality.

He spoke of his dream:

"One thing that we are doing at the Medical Center, a dream that I have always had as a vascular surgeon focusing on diabetes, is to one day make it so that this city of Quincy is going to be the first ever to have a disease management initiative.

"Working with the mayor, the legislators and everyone to take that dream. So, if you have diabetes or you are obese, we are going to be the national emblem for control of the things associated with diabetes.

"Get kids and parents eating right again. Control this thing and we will be the model for this city and for the country. It is already underway."

Tobin praised the business community," he said. "I think that they don't get the recognition they deserve. They are the unsung heroes of our community."

He cited Anthony Agnitti, Daniel J. Flynn, III, and Thomas P. O'Connell, co-chairman of the breakfast as examples.

"The business community stood tall to form a partnership with our education system and they helped out with supplies and expenses making sure the students have the things they need."

"When the mayor has his charity golf tournament at this golf links, all the money raised goes to a literacy program, so our young children can read, can grow up to be the future of this city."

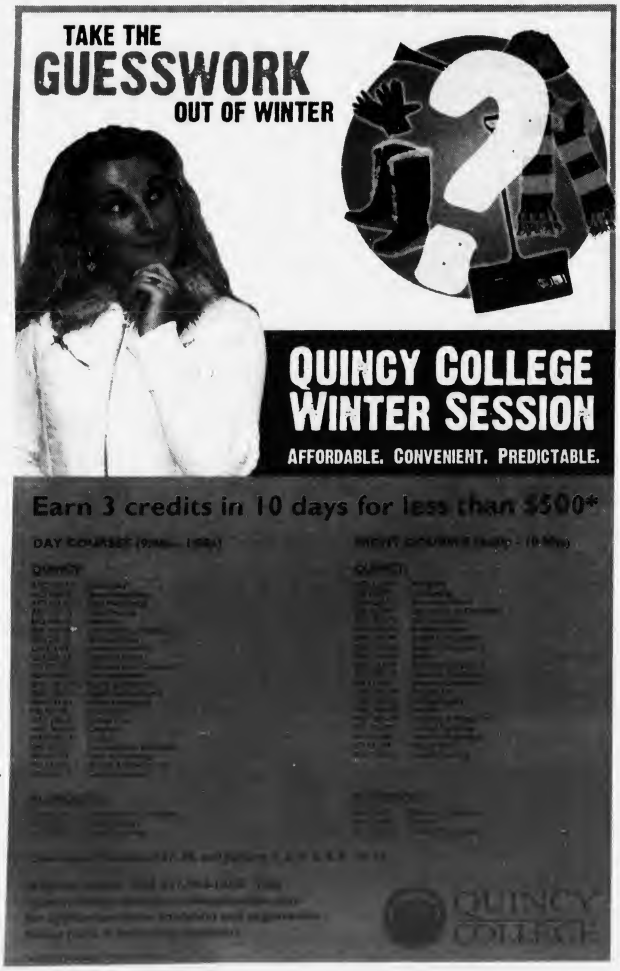
Other speakers were Matt Thornton, Scout Executive, Boston Minuteman Council and Ray Theberge, chairman Great Blue Hill. Chet Curtis of New England Cable News and Quincy resident, was the emcee.

Past recipients of the Good Scout Award are:

Anthony Agnitti, Michael Bellotti, Mark Bertman, Henry Bosworth, George Burke, Robert Curry, Rick Fitzpatrick, Daniel Flynn, Paul Harold, David McCarthy, John O'Connor, Don Uvanitte, Thomas Williams and Ronald Zooleck.

Breakfast committee members were:

James Barbieri, Michael Barry, Kim DiBona, James Coyle, Becky Dowd, Edward Hanratty, Stephen Howard, Kathleen Kelly, Paul Kenney, Jack Moore, William Moran, Joseph Palumbo, Robert Rizzi, Dean Rizzo, Raymond Theberge and Lou Trubiano.



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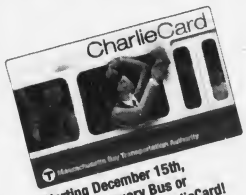

Starting December 15th, put your January Bus or LinkPass on your CharlieCard!

Beginning in mid-December, order your CharlieCard preloaded in $5, $10 or $20 denominations directly from mbta.com.

Or get your free plastic CharlieCard from an MBTA Customer Service Agent in any Subway station or at the pass offices at Downtown Crossing, Harvard, Back Bay, North Station, and South Station.

Remember, the CharlieCard is yours to use for years to come! For additional information on where to get your CharlieCard and how to use it, go to mbta.com or call (617) 222-3200.

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Appoints 'Vision Committee'

Phelan Looking At City Cultural Center

Mayor William Phelan has organized a "Vision Committee" to discuss the potential of creating a cultural and performing arts center in Quincy.

Comprised of local civic and business leaders, the committee will focus on the feasibility of such a facility and the potential benefits to the city.

Appointed to the committee to date are:

Phyllis Godwin, CEO of Granite City Electric; Steve Briggs, CEO of Quincy Mutual Fire Insurance; Peter O'Connell, president of Marina Bay Management; Anet Paglierani, president of the Quincy Art Association; Public Schools Supt. Richard DeCristofaro; former Supt. Eugene Creedon; Elizabeth Campbell, executive director of Quincy Access Television; Mark Carey, executive director of Discover Quincy; landscape architect Mary Smith of the Quincy Planning Department.

Phelan, who is also a member of the committee, said he plans to add the committee in the coming weeks.

"I believe that cultural and performing arts center could be an economic engine for Quincy and a regional destination point," said Phelan. "It's my hope that the committee discuss specific plans for locations, operations, and potential management for such a facility. The concept is very exciting, but we want to take an exhaustive look at how such a facility would operate and be sustainable."

The committee has begun its meetings and is in the preliminary stages of scouting locations. Concurrently, the committee is reviewing existing models of cultural and performance centers throughout Massachusetts including Memorial Hall in Plymouth, the Nickerson Theatre in Norwell, the Ellison Center in Duxbury and various other locations.

"Quincy is a great destination," Phelan said. "We have historic attractions, our shore front, and an amazing array of great restaurants. A cultural center would augment our city in a way that would draw thousands of people from outside to Quincy and significantly benefit our local economy. It could also provide a home to some of our local cultural organizations. We have a great committee that will kick the tires on this concept and I am very excited about this project."

LAW ENFORCEMENT CLASSES at Quincy High School recently completed their second annual food drive for 15 needy families in Quincy. The students, faculty and support staff donated entire dinners. Special thanks goes out to Shaw's Supermarket Manager Sean McPartlin, Stop & Shop Representative Cindy Curran, Fruit Basket Owner Bill Mignosa, George Silvestro of George's Bakery of Medford, and Lt. Dan Minton of the Quincy Police Department. The Law Enforcement classes at Quincy High School are under the direction of James Flahive.

Mayor's Holiday Open House Today At City Hall Office

Mayor William Phelan is holding his annual Holiday Open House today (Thursday) in his third floor office at City Hall.

The public is invited to stop by and visit with the mayor and his staff between 3 p.m. and 5 p.m. Light refreshments will be served

For more information call the mayor's office at 617-376-1990.

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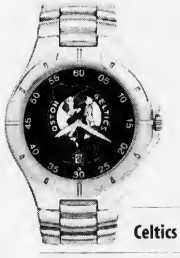

Celtics $70

Red Sox $40

Bruins $40

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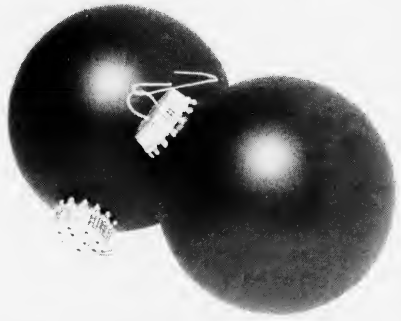
SPREAD HOLIDAY HAPPINESS...FREE!



Who says you have to spend money to have a memorable holiday? Give these a try – they're fun... and free!

Mend a quarrel. Keep a promise.
Gladden the heart of a child. Listen.
Seek out a long-lost friend. Give a soft answer.
Do a good deed anonymously.
Think before you speak. Apologize if you were wrong.
Share a treasure. Try to understand.
Let someone else go first. Welcome a stranger.
Appreciate the beauty and wonder of the earth.
And, while there's time, let people know
you're glad they're in your life.
That's the greatest gift of all.

Here's where we take our own advice:
To all our Colonial Federal customers & friends, thank you!
We appreciate you more than you will ever know.
From each and every one of us, happy holidays and a healthy, prosperous New Year to you and yours.

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Moments in time

THE HISTORY CHANNEL

• On **Dec. 19, 1732,** Benjamin Franklin of Philadelphia first publishes "Poor Richard's Almanack." The book, filled with proverbs preaching industry and prudence, was published continuously for 25 years and became one of the most popular publications in colonial America, selling an average of 10,000 copies a year.

• On **Dec. 18, 1865,** following its ratification by the requisite three-quarters of the states earlier in the month, the 13th Amendment, banning slavery, is formally adopted into the U.S. Constitution.

• On **Dec. 20, 1892,** Charles and Frank Duryea's third automobile was the first to use pneumatic tires. Before the pneumatic tire, wheels were often made of solid rubber. This made travel a bumpy experience, as the streets of 1892 were made of dirt or cobblestone.

• On **Dec. 21, 1937,** the Lincoln Tunnel was officially opened to traffic, allowing motorists to drive between New Jersey and Manhattan beneath the Hudson River.

• On **Dec. 22, 1949,** Australian twin brothers Robin and Maurice Gibb are born. Together with their brother Barry, they later formed the Bee Gees (for "Brothers Gibb"). After adding a drummer and bassist, the group began racking up such hits as "To Love Somebody" (1967) and "I've Got to Get a Message to You" (1968).

• On **Dec. 24, 1953,** "Dragnet" becomes the first network series with a regular sponsor when Fatima cigarettes signs on to back the show. The program was one of the first dramatic series in a medium that had been dominated to that point by anthology shows.

• On **Dec. 23, 1968,** the crew and captain of the U.S. intelligence-gathering ship USS Pueblo are released after 11 months imprisonment by the government of North Korea. The ship, and its 83-man crew, was seized by North Korean warships on Jan. 23 and charged with intruding into North Korean waters. Both captain and crew were horribly treated and later recounted their torture at the hands of the North Koreans.

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MAE: 2 1/2 y.o. black and white.
MATTIE: 1 y.o. black and white. Shy.
MOLLY: 6 y.o. black and white.
PATTI: 2 y.o. tabby.
PENNY: 7 y.o. tabby. Quiet home.
QUINN: 6 y.o. male tabby. FIV+.
TABITHA: 2 y.o. gray and white tabby.

Sunbeams

By Henry Bosworth

Dear Santa

Dear Santa:

I really did try to be good all year. Cross my heart.

But I know I didn't keep my word as I promised last year. I said I would write to you early (by Thanksgiving) to make it easier for you to pack your sleigh. No more last minute requests,...

But, here I am again. Late again.

I hope that doesn't make me naughty, Santa.

I have a lot of nice people on my list. Some of the gifts as you know, I ask for in a humorous vein – some in a serious.

I really would appreciate it if you could deliver as many of these gifts as you can when you and Rudolph and the other reindeer reach Quincy. Glad you have Rudolph, Santa. It could be a foggy Christmas Eve.

I don't want to be a pain, Santa. Just want to remind you once again: we are the Quincy that pronounces it Quin-zee. Wouldn't want you to mix us up with those other Quincys that erroneously pronounce it Quin-cee. You might get lost.

So, Santa, please drop off the following:

Mayor **BILL PHELAN** and the School Committee shovels with blue and white ribbons to break ground for that long sought new Quincy High School...Register of Probate **PAT McDERMOTT**, Ward 4 Councillor **JAY DAVIS**, School Committee member **ANNE MAHONEY** and **STEVE HAROLD**, who played important local roles in Gov.-elect **DEVAL PATRICK'S** election, front row seats to his inaguraton...A set of nomination papers for state Treasurer **TIM CAHILL** to be opened at a later date. The ones that say "For Governor"...**DOUG GUTRO**, a second term as City Council president on a unanimous vote...Councillor **JOE FINN**, a lucky coin to toss to help decide whether to run for mayor...If you have an extra one, Santa, give it to former Councillor **MIKE CHENEY** who has been thinking of a political comeback...City Clerk **JOE SHEA**, that election day he is still dreaming of-when every registered Quincy voter actually votes...Senator **MIKE MORRISSEY** and Reps. **BRUCE AYERS**, **RON MARIANO** and **STEVE TOBIN**, another package of political clout to make sure Quincy gets its share of Beacon Hill goodies...**JOHN "JAKE" COMER**, past national commander of the American Legion, success in his mission and that of the Citizen Flag Alliance for a Constitutional amendment to protect Old Glory from abuse...School Supt. **RICHARD DeCRISTOFARO** and Public Works Commissioner **STEVE O'DONNELL**, just one inch snow storms...Quincy Business Association's **RICH GORMLEY** and **MARALIN MANNING**, Quincy 2000 Collaborative's **SEAN GALVIN** and **DEAN RIZZO**, and Quincy Business Council's **DAN FLYNN**, a united effort to bring new business to Quincy...Police Chief **ROBERT CROWLEY** a year without major crimes...Fire Chief **TIM PETTINELLI**, a year without deadly fires and false alarms...Fr. **BILL McCARTHY** and **JOHN YAZWINSKI**, the miraculous day they are waiting for when they can close Father Bill's Place because it and other shelters for the homeless are no longer needed because there are no more homeless. What a day that would be Santa!...Majors **DOUG** and **LINDA JONES**, of the Salvation Army's Quincy Temple Corps, kettles filled to the brim these last few days before Christmas to help Quincy families in need...School Committee member **LINDA STICE**, the "Warm Heart Award" for quietly going down to Peru on her own alone to help orphaned children. She's not looking for any recognition, Santa, but she sure deserves it...**BILL DRAICCHIO**, City Hall's "Candy Man", a candy store of his own. He's got more than enough candy to stock one...**ROGER BROUSSEAU**, popular long-time manager of the Quincy Neighborhood Club, happy retirement and good fishing...**CYNTHIA MOLER** and **LISA MURPHY**, a trip back to their Quincy roots...Purchasing Agent **LAURIE ALLEN**, the best buys in the world...Health Commissioner **DREW SCHEELE**, all the flu vaccine he needs...Discover Quincy's **MARK CAREY**, an invasion of tourists . . . **TOM GALVIN**, a new box of old Quincy postcards to keep his "Scenes From Yesterday" Sun fans happy. . . **FRANK McCAULEY**, good digging for his Quincy's Yesterdays column . . . Warmest wishes to Fr. **BILL MULLIN**, Rev. **ANN SUZEDELL**, **VIRGINIA SWALLOW**, **MARGE NASH**, retired Fire Chief **ED BARRY**, **VIN MOSCARDELLI**, former Asst. City Clerk **TOM BURKE**, **SHARON (PAOLUCCI) SWATEK**, **CHARLIE RYEBERG**, **BOBBY PETTINELLI**, **JOHN WALSH**, former principal NQHS, his wife **SHIRLEY**, and **JOHN DONLON**...All my love to **DOROTHY**, **GAIL**, **LINDA**, **DONNA (D.J.)**, **DOLLY**, **BOB**, **FREDDIE**, **JIM**, **AMY G.**, **MICHELLE**, **KIM**, **BRIAN**, **KELLIE**, **LINDSAY**, **JAY**, **MICHAEL**, **CAITLIN**, **SEAN**, **AMY B.**, **JULIE**, **WENDY**, **DAVE**, **FRED**, **BEN**...

And Santa, **SHARRON BEALS** is still keeping vigil every Christmas Eve at the Beechwood Community Center, hoping to catch you coming down the chimney. As I've mentioned before, she has that copy of her favorite "Thought For Christmas" she wants to personally give to you to take back to Mrs. Claus. Sharron doesn't give up, Santa. She'll be waiting for you.

Her "Thought For Christmas" goes like this:

"Do you know what would have happened if it had been the Three Wise Women instead of The Three Wise Men? They would have asked directions, arrived on time, helped deliver the baby, cleaned the stable and made a casserole, brought practical gifts and there would be "Peace On Earth".

I'm sure I've forgotten some people, Santa, including good friends. But to all of them and all of you, a very Merry Christmas, Happy Chanukah, and a Happy Healthy New Year.

Free Flu Shots At Health Department

Health Commissioner Drew Scheele announced at the Tuesday's License Board meeting that free flu shots will be given today (Wednesday) from 2 to 4 p.m. at the Health Department, 1585 Hancock St.

Scheele urged everyone who hasn't had a shot to do so. He added that the free flu shots will be given each Wednesday at the same time until they run out.

ATTENTION QUINCY RESIDENTS
DUE TO CHRISTMAS DAY, MONDAY, DECEMBER 25, 2006, TRASH COLLECTION WILL BE A DAY LATE NEXT WEEK. THERE WILL BE A SATURDAY COLLECTION FOR TRASH USUALLY COLLECTED ON FRIDAY. THIS APPLIES TO ALL ROUTES.
Allied Waste Services

Scenes From Yesterday

MERRY CHRISTMAS from QUINCY, MASS.

Largest Christmas Tree in United States. 85 feet high contributed by Retail Merchants.

CONTINUING ON WITH a Christmas tradition, this is the 12th year we have published this 1934 postcard. This 85-foot Christmas tree was decorated with over 600 lights and two stars on the top that blinked alternately. Its placement in front of the Granite Trust Bank building was with the approval of bank president Theophilus King. He had built the art deco building in 1929 on the site of the old Bethany Church. King was Howard Johnson's banker and convinced him to open his second store, a restaurant, in the bank building at One Chestnut Street on the left. Johnson had his first office here as well. Homer's Jewelry store was under the awning on the right, now home to Rogers Jewelry Store. To contact Tom Galvin, e-mail tmgalvin@verizon.net

From the Collection of Tom Galvin

Quincy's Yesterdays

Brownell, Marshall Seek Clean Air Charge Suspension

Reps Thomas Brownell and Clifford Marshall have asked the State Department of Public Utilities to suspend the "fuel adjustment charge" to customers along with the low sulfur fuel oil adjustment.

The requirement that utility companies burn low sulfur oil in the interest of clean air was suspended last week by agreement between the Depts. of Public Health and Public Utilities.

This Week
1973
33 Years Ago

GROUT PILE TO BE REMOVED, OTHER DANGERS POSTED

A campaign was underway to eliminate one hazard and spread warnings of other dangers in the West Quincy quarry area where two young people lost their lives in a recent rockslide.

The City Council accepted recommendations contained in a report of a special committee named to investigate the dangers of the site off Willard St. and the Southeast Expressway.

The council directed Public Works Commissioner James J. Ricciuti to implement the recommendations as soon as possible.

QUINCY-ISMS

Philip Helceotis, son of Mr. and Mrs. Charles A. Helceotis of Quincy, returned home from the hospital where he was recovering from a diving accident on July 6... Coast Guard Engineman Third Class **James M. Craig**, son of Mr. and Mrs. Theodore Craig, 19 Edgewater Drive, Houghs Neck, was a member of a seven man team that prevented a flooded fishing boat from sinking in the North Atlantic off the Long Island coast... President Chevrolet, 540 Southern Artery, was offering 23 new 1973 "left overs," eight of which were station wagons, at "extra special deals,"... *The Quincy Sun's* Sunbeams column reported that five of six members incoming school committee were seeking he post of vice-chairman of the committee. They included present members **Frank Anselmo, Harold Davis, Frank McCauley, Charles Sweeney** as well as school committee member-elect **John J. Sullivan**... Atty. **Peter Macdonald** of Quincy was reportedly in line for position of campaign coordinator for gubernatorial candidate **Attorney General Robert Quinn**... Quincy Savings Bank President **Charles Pearce** was president of the Savings Bank Association of Massachusetts... **Susan Dyke** and **Maryellen Geary** were coordinating planning for a reunion of the North Quincy High School Class of 1967... The Wollaston Baptist Church women held their 37th annual Christmas meeting... The Wollaston Baptist Church women held their 37th annual Christmas meeting. Officers of the group included **Mrs. Robert Huke,** president, **Mrs. Frank Parisi,** vice president, and **Mrs. Walter De Champ,** vice-president... **Paul Hussey** was elected president of the Merrymount Association. Other officers included **Jim Iorio,** vice president, **Regina Whalen,** corresponding secretary, **Diane Rochelle**, recording secretary, and **Robert Mitchell**, treasurer...**Jane Granstrom**, Supervisor of Children's Services and **Paula Currier,** Children's Librarian, will lead a program "Tales For a Winter's Eve" for children at the Thomas Crane Public Library... Marine Lt. **Allen W. Rand, Jr.,** son of Mr. and Mrs. Allen W. Rand, Sr., of 49 Edison Park, Quincy Point, reported for duty at the Marine Corps Base, Camp LeJeune, North Carolina..**Dr. William P. Ridder**, president of the medical staff at Quincy Hospital, presented scholarships to **Diane English, Virginia Welch** and **Maureen Kenney**... Young **Tommy Koch** presented a $5,000 check on behalf of the Koch Club to City Treasurer **Robert Foy III** to establish scholarships for graduates of Quincy High, North Quincy High and the Quincy Vocational Technical School starting in 1998... **Major Robert Frye** of the Salvation Army announced his organization will aid some 750 people with baskets, food vouchers and toys for the elderly and the very young... Navy Quartermaster Second Class **Robert A. Withee** of 114 Upland Rd., Quincy, returned to his home port at Long Beach, Calif., aboard the destroyer escort U.S.S. Cook after a six month deployment to the Western Pacific... Fanfare Fruit, 52 Franklin St., Quincy, was taking orders for gift baskets "perfect for family, friends and business,"... **Mayor Walter Hannon** announced the appointment of **Gordon MacPhee** as general chairman of the Mayor and Council Inaugural Day Ceremonies to be held Jan. 7.

Arts & Entertainment

CAST MEMBERS of the Quincy College Drama Society recently presented the play "You're A Good Man, Charlie Brown." Top row, from left are: Lauren Ritchie as Sally Brown, Paula Muise as Little Red Headed Girl, Chris Bolter as Linus, Brian Kennerson as Charlie Brown, Matt Howes as Snoopy, Haley Bryant as Lucy, and Ian Harris as Schroeder. Bottom row (from left): Eamon Roche as Pig Pen and Chris Kerrins as Woodstock.

Mark Kelly, Jacqui Niosi Join Quincy High Culinary Arts Team

Quincy High School Culinary Arts program announces Mark Kelly and Jacqui Niosi have joined the team, announce Professional Chef Patrick Noe and Restaurant Manager Marie McHugh.

Kelly is a Quincy High School culinary arts alumni and graduate of Johnson and Wales University.

Niosi is a graduate of Quincy High and Emmanuel College. She has seven years experience in baking.

"With this infusion of young talent, our culinary program has expanded to include a catering menu and a full bakery featuring beautifully made and decorated treats," Noe said.

"Our culinary students have been expanding their knowledge and skills and learning to work on this wonderful team. Their offerings have never been so good, Noe said, adding school offers lunch, pastries and a full dinner to celebrate any occasion.

Senior Bridge Club To Meet

The Council on Aging's bridge club for seniors will meet every Friday from 12:30 to 3:30 p.m. at the Dawes House on Quincy Shore Drive, corner of Channing Street.

All level players are welcome. For further information, call 617-376-1506.

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Expanded Recreation Programs During School Vacation Week

The Quincy Recreation Department will utilize 10 school gymnasiums to conduct an expanded schedule of recreation programs during the upcoming school vacation.

The department will open gyms from 9 a.m. to noon for a variety of activities from basketball, floor hockey and gym games. The program is for boys and girls age 8 through high school and is free.

Registration is done at the program locations and participants are requested to wear sneakers and must be a Quincy Residents.

According to Barry J. Welch, Director of Recreation, "The recreation gym vacation programs are increasingly popular with our large population of working parents. We are pleased that Mayor Phelan and the City Council continue to support these supervised activities as an important part of the overall Recreation Program."

Over 120 hours od additional gym programs will be conducted vacation week in all neighborhood of the city and participants may attend the programs of their own choice. The core program is 9 to 10:30 a.m. for age 8 through grade 5 and 10:30 a.m. to noon for middle and high school age. There may be slight changes in some locations to accommodate the numbers in attendence and the size of the facility.

The department will continue to supervise the ongoing popular night program for middle and high school participants during the vacation week with some modifications to accommodate the holiday season.

The following gyms will be open expanded vacation hours on Tuesday, Dec. 26, Wednesday, Dec. 27, Thursday, Dec. 28, and Friday, Dec. 29. They are Atherton Hough, Snug Harbor, Merrymount, Beechwood Knoll, Atlantic, Squantum, Montclair, Wollaston, Bernazzani and Point Webster.

The following gyms will be open on the regular night schedule school vacation:

Tuesday, Dec 26: Atherton Hough 5-7, Snug Harbor 5-8. Point Webster 5-8, Squantum 5-9 and Atlantic 5-9.

Wednesday, Dec. 27: Montclair 5-8 and Bernazzani 5-7.

Thursday, Dec. 28: Bernazzani 5-7, Squantum 5-9 and Merrymount 5-7.

All regular scheduled Saturday gym programs will be conducted on Saturday, Dec. 23 and Dec. 30.

For additional information, call the Quincy Recreation Office at (617) 376-1394.

Monthly Orientation Tours At Crane Main Library

Free monthly orientation tour of the Thomas Crane Public Library, 40 Washington St. will begin Jan. 6.

Orientations will be provided on the fist Saturday of each month from 10 to 10:45 a.m.

The tours will include the original library building, a masterpiece designed by renowned architect H.H. Richardson in 1882 recently restored to its original beauty, now the home of 180 current magazine titles from Antiques to Yoga Journal.

Take a close look at the carved brownstone bas relief structure on the exterior of the 1939 Coletti reading room—and check out the monthly art exhibit inside. Then visit the newest addition, a distinctive contemporary interpretation of Richardsons' Romanesque style constructed in 2001, with everything from audiobooks to Internet computers to zoo passes.

All ages are welcome to join the orientation tours. Interpretation in Cantonese and Mandarin will be provided.

Upcoming orientations are scheduled for Feb. 3, March 3, April 7 and May 5. For more information, call 617-376-1301.

SHINE Counsel At Aging Office

A SHINE counselor will be available Tuesdays and Wednesdays from 9:30 a.m. to 12:30 p.m. at the Quincy Council on Aging office, 83 Saratoga St., Quincy, to assist the elderly and adults with disabilities with health information and benefits.

Home visits can be arranged for shut-ins.

SHINE is the acronym for Serving the Health Information Needs of Elders.

Call 617-376-1247 to make an appointment.

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Social

67 On B.C. High Fall Semeser Honor Roll

Boston College High School lists 67 residents on the honor roll for the fall semester.

They are:

HIGH HONORS:

Grade 9: Andrew James Beaton, Dillon Michael Carlyle, Michael Joseph Kusy, Brian Lee, Jared Thomas Martin, Sean Thomas O'Connor, Michael Hon Wong.

Grade 10: Edward William Adams, Brian Robert Joyce, Kevin Michael Mahoney, Kevin Thomas McDonagh, David Nguyen, Patrick Finbarr O'Donovan, Gregory Michael Ouellette, Richard Francis Rines.

Grade 11: Stephen P. Coletti, Matthew J. Coughlin, Bohan J. Liu, David H. Richards, William P. Tam, Michael F. Wright.

Grade 12: Kyle Carrigan, Wesley K. Chen, Clarence Demesier, Ian M. Flaherty, Francis P. Hartel, Michael J. Maxey, Alexander M. Miner, Eric R. Still, Yori G. Sverdlin.

HONORS:

Grade 9: Mark Joseph Hogan, Dennis J. Liang, John Peter McDonough, David Nguyen, James Peter Phelan, Zachary Charles Tucker.

Grade 10: Brendan John Deasy, David Scott Figueiredo, Conor P. Flaherty, Edward Thomas Hugill, Anthony Lau, Kevin Chi-Wing Lee, Donald Francis Luchini, Alex Pepjonovich, Thomas F. Regan. **Grade 11:** Carleton D. Burke, Daniel H. Gaughan, Charles H. Knights, Conor O. Lohan, Brian P. Mahoney, Stephen J. McCormack, Brendan P. Murphy, Ryan M. Murphy, Nishant K. Patel, Michael T. Powers, John J. Rowland, Richard A. Sullivan, Christopher J. Timmins, Scott W. Warwick.

Grade 12: Shane A. Carlyle, Thomas P. Henry, Matthew M. Jaehnig, Matthew T. McCabe, Jeffrey C. Mui, Conor Roche, Kevin Tan, Justin Woo.

Free Movie For Seniors

The Council on Aging will show the movie of the month free to seniors on the third Thursday of every month at the River Bay Club, 99 Brackett St.

The movie is provided by West Coast Video at no charge. Refreshments will be provided. Call Ann at 617-376-1506 to reserve a seat.

HAPPY 50TH ANNIVERSARY - Beverly and Charles Ayers of North Quincy recently celebrated their 50th wedding anniversary. The Ayers were married Oct. 7, 1956 at St. Ann's Church in Wollaston. Their sons, Bruce and Chuck, held an anniversary party for their friends and family at Marina Bay. Charles and Beverly both grew up in Quincy, raised their family and have four grandchildren who are all residents of Quincy.

Friendly Visitors Sought At COA

The Quincy Council on Aging is seeking volunteers to call on the elderly who live alone and would welcome a friendly visitor.

The COA is also seeking seniors who live alone and would like a friendly visit themselves.

Call the COA at 617-376-1508 and ask to speak with Lena Trouth, the friendly visitor coordinator.

The Council is mandated by law to do background checks on all volunteers.

Husband, Wife Elected Readers At First Squantum

Jane Wright was chosen to serve as First Reader, and her husband Marshall was re-elected as Second Reader in recent elections at First Church of Christ, Scientist.

The Second Reader reads citations from the Bible, and the First Reader reads corresponding verses from Science and Health with Key to the Scriptures by Mary Baker Eddy. These two books were named by Mary Baker Eddy in 1895 to serve as Pastor for The Mother Church in Boston, as well as all branch churches around the world.

Services at all Churches of Christ, Scientist are conducted by lay Readers, elected periodically from the membership. These Readers conduct the Sunday services, as well as Wednesday evening testimony meetings, where people can share healings they've has as the result of their practice of Christian Science.

Mrs. Wright has currently been serving as Sunday School Superintendent, and as Reading Room Librarian. She will begin her new duties this January.

Mr., Mrs. Gregory Christian Parents Of Daughter

Gregory Christian and Kristen Harvey-Christian, of Quincy, are parents of Jenna Grace Christian.

She was born Oct. 26 at South Shore Hospital. She is the sister of Thomas Christian.

Grandparents areRobert and Susan Harvey of Quincy, and Stephen and Vallerie Michaud of Hull.

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Marie's Kitchen

BY MARIE D'OLIMPIO

Stuffed Roast Pork With Sweet, And White Potatoes

All of us are having Christmas dinner at our daughter and son-in-law's Nancy and Jed's home, with all of us are bringing something.

My something will be a roast stuffed pork with roasted sweet and white potatoes.

Roast Stuffed Pork

1/2 pound mushrooms (fresh or canned)
1 stalk celery
1 cup stuffing mix (soaked)
1 small onion (chopped)
1/8 cup white wine
2 tablespoons oil
1 tablespoons Bell's seasoning (or a teaspoon thyme)

In hot oil, sauté the celery and onion. Add the mushrooms and the wine. Add the stuffing mix and cook until well blended. If dry, either add water or chicken stock.

Season the pork roast with salt and pepper and a smidgen of olive oil. Either have the butcher slit the top or side of the roast depending on which kind you purchase. Fill the cavity with the stuffing pressing it as tightly as possible. I usually place tooth picks to secure it if needed. Roast at 350 degree oven with 15 minutes to the pound.

Roasted Sweet and White Spuds

6 large white potatoes (any kind will do)
3 large sweet potatoes
1 large onion
salt and pepper to taste
3 tablespoons olive oil

Peel and cut the potatoes in quarters and then again in halves. Cut the onion in pieces. Place in a roasting pan. Add the salt and pepper and the oil and mix well. You can also add butter or margarine if desired.

Bake in a 400 degree oven until they are brown. Turn once in awhile. They take about an hour and a quarter to cook depending on the amount used. *Merry Christmas.*

142 Students On Sterling Middle School Honor Roll

Sterling Middle School announces 142 students are on the honor role for the first quarter.

They are:

HIGH HONORS

Grade 6: Sean Bleiler, Jackson Li, Robert Lydon, Christina Noble, Joan Palo and Alicia Shuman.

Grade 7: Aris Bega, Felicia Bertoldi, Juliette Callahan, Michael Caruso, Marquis Chase, Erin Chiocchio, David Coletti, Loan Do, LisaMarie Flora, Elizabeth Folan, Ilrjana Glozheni, Jesse Huang, Elizabeth Kelley, Emily Kelley, Jeffrey Law, Caitlyn Lowry, Akshat Nagpal, Emily Nguyen, Phi Nguyen, Nicole Parry, Erin Richardson, Hoi Man Helen Szeto, Tommy To, Malia Tupe, Jose Vasquez and Zorah Walker.

Grade 8: Winifred Akoury, Jun Chen, Eddie Huang, Linda Li, Kaitlyn Mahn, Nicole Ngoon, Erica Santiago, Jaimie Shaughnessy and Vinny Wang.

HONORS

Grade 6: Madison Barnwell, Cole Barrett, Jonathan Calla, Shu Chen, Kadijan Dansby, Dillon Darcy, Leslie Marie David, Laura Donahue, Patrick Dowling, Diego Espinola, Isamary Garcia, Richard Hampe, Thomas Hardy, Colleen Joyce, Daniel Keeley, Kelvin Lee, Melissa Linskey, Shane Logan, Phu My Amy Luong, Luke Mackin, Christopher Marshall, Jr., Joseph Moriarty, Christopher Murphy, Alexandrea Neuman, Kayla Neuman, Mekhi Pearson, Emily Picot, Becky Ramirez, Brendan Reardon, Stephen Rodeck, Robert Routhier, Jarret Smith, Sarah Spargo, Patrick Sullivan, Alex Sweeney, Mai Trinh Tang, Allan Tran, Emily Xie, Jacqueline Zacchine and Ya Fen Zhen.

Grade 7: Yousif Abuhajeb, Irina Alexandrescu, Hillary Baker, Victoria Brill, Xavier Casseus, Sean Clark, Patrick Conroy, Elizabeth Do, Kelsey Fair, Ebony Gill, Alexander Ha, Christopher Ham, Ryan Hanlon, Shalyn Hirl, Kevin Huang, Theresa Hughes, Kathleen Jarrell, Kameron Kaplan, Brianna King, Shane Lally, Devin McDonough, Nayara Medeiros, Sarah Monteiro, Shannon Moriarty, Anni Nguyen, Sandy Nguyen, Claire O'Neill, Wantip Phetlam, Kelsey Pudder, Sarah Sacchetti, Elizabeth Smith, Ryan Timcoe, Olivia Toldness, Don Tran and Michael Yuen.

Grade 8: Julia Bettiol, Daniel Breen, Katelyn Breen, Kevin Burgess, Cirilo Caparanga, Julie Chernicki, Connor Darcy, Eryk Diorio, Courtney Hyman, Adam Lenar, Kathleen Lesslie, Ori Maci, Tiana McQueen, Michael Meng, Giulia Murphy, Frederick Nichols, Joseph Nichols, Daniel O'Brien, Anjelica Parker, Brendan Powers, Elizabeth Pyle, Justin Ricciarelli, Caitlin Rooney, Alexandria Shuman, Eddie Tsai and Kaynan Yassin.

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Three Quincy Students Honored At Boston Choir School

Three fifth graders from Quincy were recently invested into full membership in the Boston Archdiocesan Choir School.

Also, two of those boys and six others received Honor Roll status for the first term.

Boys recently invested in the choir are:

Austin Au, son of Mr. and Mrs. Joseph Au; Steven Huynh, son of Mr. and Mrs. Simon Huynh; and Rory Lavin, son of Mr. and Mrs. Peter Lavin.

At Investiture, which is the culmination of more than two months of musical academic preparation on the part of all incoming fifth grade boys, each student/chorister recites a pledge, promising to use his musical talents for the greater honor and glory of God.

In addition to being invested, Steven Huynh received first honors for the first term and Justin Au received honorable mention.

Other Quincy boys achieving honor roll status were:

Brian Tam, eighth grade, son of Mr. and Mrs. Kevin Tam, first honors with distinction.

Peter Jensen, sixth grade, son of Mr. and Mrs. George Jensen, first honors.

Receiving second honors were:

Sean Patrick Hannon, seventh grade, son of Mr. and Mrs. Kevin Hannon.

Andrew Rogantino, seventh grade, son of Mr. and Mrs. Andrew Rogantino.

Evan Yao, sixth grade, son of Mr. and Mrs. Min Yao.

Receiving honorable mention was Timothy Keenan, sixth grade, son of Mr. and Mrs. John Keenan.

The Choir School, home of the Boston Boy Choir, is a full-time day school for vocally talented boys in grades five through eight. The school provides the choristers with an education in music along with rigorous academics.

Line Dancing For Seniors

The Quincy Council on Aging will hold a line dancing class for seniors every Thursday at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., Quincy Point.

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CENTRAL MIDDLE SCHOOL students helped raise money to buy food items to re-supply the food pantry at Interfaith Social Services. From left are: Teacher Bill Pavao; front row, Mereth Flaherty, Jessica Blithe, Ana Canavan, Victoria Mayo, Katherine Vue, Kevin Pillone and Alexander Lato. Back row: Kayla Mills, Jenny Dzorng, Kristen Greene, Grace Marquis, Cindy Luu and J.J. McGlone.

DELIVERING FOOD ITEMS to the Interfaith Social Services Food Pantry are Central Middle School students (from left) Stephanie Norton, Julia White, Matt Levine, Michael Sanchez, Katie White, Andrew Minton and Meghan White.

Central Middle School Raises Money For Less Fortunate

Central Middle School Social Studies Teacher Bill Pavao recently led a coordinated effort among staff, students and their parents to raise money to buy food items to re-supply the food pantry at Interfaith Social Services.

The Central students are members of the Youth Council, who are encouraged to be involved in community service projects. This year, the Youth Council also coordinated with the PTO to raise money via a bake sale to support Interfaith Social Services.

Central's PTO President, Joanne Minton, sponsored a pizza sales program, with all proceeds going to the cause.

Another program within the school, "Team Harmony," shopped for the food to be donated and visited the food pantry.

The concerted effort by Central's students gave them a first-hand experience of how they can make a difference for those who are in need.

Thomas Pitts Decorated With Army Commendation Medal

Army Pfc. Thomas J. Pitts Jr. has been decorated with the Army Commendation Medal for supporting the mission of Operation Iraqi Freedom.

Pitts is a combat logistics patrol assistant gunner/wheel vehicle drive. He has two years of military service.

Pitts is the son of Thomas J. Pitts of Endicott St., and Patricia Cavallaro, both of Quincy.

The private is a 2004 graduate of Quincy High School.

The medal is awarded to individuals who, while serving in any capacity with the Army, have distinguished themselves by acts of heroism, meritorious achievement or meritorious service.

In Iraq, the soldier serves as a member of the Fires Brigade, 4th Infantry Division (Mechanized) headquartered at Camp Liberty. Soldiers from Fort Hood's 4th Infantry Division assigned to various special troops battalions, companies and batteries perform duties at several camps and forward operating bases in Iraq. The soldiers' actions, dedication, professionalism and selfless service contribute to the successful accomplishment of combat missions assigned to the Fires Brigade. Upon completing the deployment to Iraq, the soldiers will return to their regular units at Fort Hood, Killeen, Texas.

Operation Iraqi Freedom is the official name given to military operations involving members of the U.S. armed forces and coalition forces participating in efforts to free and secure Iraq. Mission objectives focus on force protection, peacekeeping, stabilization, security and counter-insurgency operations as the Iraqi transitional governing bodies assume full sovereign powers to govern the peoples of Iraq.

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American Association for Respiratory Care

High Reliability for Cardiac Care Award:
Masspro

Certificate of Recognition:
American Stroke Association

Certificate of Recognition:
American Diabetes Association

And so many people to thank for it.

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When you're focused on caring for patients and the community, it gets noticed. That's why South Shore Hospital has been recognized by an unprecedented number of state and national agencies this year.

We appreciate the opportunity you have given us to earn these distinctions — and thank you for your continuing trust and confidence in our organization.

Our very best wishes to you for a healthy and happy holiday season.

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TOY DRIVE - Members of the Quincy Licensing Board have contributed to a toy drive which benefits local youth. From left are Dunkin' Donuts franchisee Octavio Carvalho, Fire Chief Tim Petternelli, Alchol Licensing Officer Peter Turowski, Police Chief Robert Crowley, City Clerk Joe Shea, Health Commisioner Drew Scheele and Director of Inspectional Services Jay Duca.

Benefits Quincy Youth

Quincy Licensing Board Contributes To Holiday Toy Drive

Members of the Quincy Licensing Board recently contributed to a Holiday Toy Drive this year coordinated by local Dunkin' Donuts shop owners Victor and Octavio Carvalho.

This is the fourth straight year the Carvalhos have partnered with the Quincy Police and Fire Department to collect holiday gifts for disadvantaged youth in Quincy.

The annual Holiday Toy Drive runs until today (Thursday). The Carvalhos will collect gifts for children of all ages at six of their shops located in Quincy.

All donations will go towards boys and girls affiliated with the Germantown Neighborhood Center.

Dunkin' Donuts customers are invited to take an ornament from the shop's Christmas tree and return it with a new, unwrapped gift that is appropriate for a child of the age and gender that is specified on the back of the ornament.

Dunkin' Donuts shops that are participating in this program are located at: 543 Southern Artery, 825 Southern Artery, 1250 Hancock St. and 1462 Hancock St., 366 Centre St. and 100 Granite St.

The Germantown Neighborhood Center is a private, non-profit organization. Their Annual Holiday Program supports families of low to moderate income who are in need by providing nutritious meals and gifts, as well as confidential advocacy, crisis intervention and counseling services to area residents.

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Dunkin' Donuts customers are invited to take an ornament from the shop's tree and return it with a new, unwrapped gift that is appropriate for a child of the age and gender that is specified on the back of the ornament.

Participating Dunkin' Donuts shops are located at:

543 Southern Artery
825 Southern Artery
1462 Hancock Street
366 Centre Street
1250 Hancock Street
100 Granite Street

325 On Atlantic School First Term Honor Roll

Atlantic Middle School lists 325 students on their honor roll for the Fall Semester.

They are:

HIGH HONORS:

Grade 6: Jessica Abban, Brendan Brady, Kassidy Connolly, Kylee Connolly, McKenzie Conrad Hill, Matthew Deagle, Nathan Donahue, Anna Dow, Shannon Glynn, Is Han Huang, Andy Huynh, Jahmarley Lawson, Ivy Khanh Nguyen, Rory O'Connor, Andy Pham, Dan Pham, Christopher Ptak, Joseph Soricelli, Kayla Sugrue, Alison Wong, Wen Zheng Yu, Katie Zou.

Grade 7: Samantha Briody, Amanda Brodeur, Andy Chen, Xi Chen, Michelle Cole, Samuel Doody, Danica Hahn-Anderson, Lida Huang, Michelle Huang, Tammy Huang, Ian Hunter, Danielle Lapierre, Kelly Lew, Sandy Liu, Nguyet Ly, Thomas Macisaac, Allen Mo, Caroline Murray, Juliana Ng, Donna Niosi, Tara Parekh, Shuyi Peng, Minh Pham, Cynthia Quach, Erin Renken, Patricia Rusu, Huy Duc To, Thuy Huong Emily Truong, Yufeng Wang, Kevin Yong.

Grade 8: Tara Allen, Sok Han Au, Erica Brady, Jaclyn Bryson, Christopher Cataldo, Bin Chen, Joanne Ching, Samantha Deforge, Julie Doyle, Kimberly Ellis, Connor Flynn, Teresa Fong, Krisi Gjini, Anh Ho, Flora Hu, Bien Huynh, Amy Ivy, Scott Knight, Brenda Lam, Lin Lau, Franklin Lee, Andrea Li, Huang Lu, My Thanh Luc, Amy Ly, Christina Ly, Andrew Nelson, Michael Pizziferri, Joseph Queen, Leanna Santos, Shan Shao, Taylor Shepherd, Jia Qian Shi, Gabrielle Silva, Deanna Soricelli, May Tin, Brenda Tran, Shirley Van, Wei Wang, Tina Weng, Doris Wong, Hong Yu, Kyle Zarnoch, Ya Zou.

HONORS:

Grade 6: Mon Sok Au, Clea Avrami, Cory Barrera, Ryann Campbell, Tiffany Chan, Trystan Chan, Jamie Chen, William Chen, Heidy Ching, Rekelle Cochrane, Carrigan Do, David Dreyer, Jesse Everett-Limperopoulos, Lais Evora, Is Yun Feng, Hinley Fung, Jeshurun Gardner, Jack He, Yusi He, Scott Higgins, Jenny Ho, Tuan Ho, John Johnson-Tatelbaum, Kenneth Kelly, Khanh Cindy Lam, Linda Lam, Van Lau, David Le, Amanda Leahy, Jonnie Li, Ming Jun Li, Marianna Liang, Andy Lin, Melissa Ma.

Matthew MacPhail, Felix Man, Jonathan Manning, Zackery McLaren, Ashley McBrien, Marquis McClendon, David Mei, Corey Morash, Cynthia Nelson, Kevin Ng, Dennis Ngo, Nam Nguyen, Bridget O'Brien, Stephen Regal, Erica Sacchetti, Joshua Setow, Bruce Situ, Jack Tam, Raymond Tang, Brendan Therrien, Shawn Thomas, John Travers, Kenny Truong, Patrick Verhault, Michael Wills, Lisa Wong, Ming Liang Wu, Zi Min Wu, Crystal Yu, Qi Lin Yu, Jie Yi Zhen, Mary Zheng.

Grade 7: Emma Ainsley, Joshua Bergin, Shannon Blaser, Kathryn Brady, Alisiea Bray, Matthew Broadbent, Michael Brooks, Joseph Brown, Bridget Campbell, Steven Carter, Jerry Chan, Bonnie Chen, Charles Chen, Larry Chen, Jonathan Chin, Barry Chiu, Stephanie Cho, Rachel Chu, Conor Clifford, Emily Coleman, Tim Dang, Nathan Depina, Matthew Donahue, Brandon Echevarria, Emily England.

Brittney Guerriero, Katrina Habib, Mark Hanna, Bond Ho, Henry Hu, Eric Huang, Jeffrey Huang, Michaela Jones, Curran Jorgensen, Christopher Kerin, Long Lau, Mitchell Law, Cindy Le, Wilson Lee, Edward Leung, Hidy Li, Jeanie Li, Yong Hua Liu, Tak Yiu Lo, Khare Lynch, Andrew MacPhail, Devin Maloney, Timothy McAuliffe, Patrick McCombs, Emily McDonough, Mathew McDonough, Taylor McKay, Emily Mei, Weiming Steven Mei, David Morales.

Michael Murphy, Ashley Nealon, Stephen Newman, Bao Tran Nguyen, Dao Nguyen, Jeffrey Nguyen, Vy Nguyen, Nolan OBrien, Heidi Ochoa, Valerie ODriscoll, Brielyn O'Leary, Kelly O'Neill, Sanjana Pannem, Elaine Phomsouvandara, Anna Qiu, Nicholas Ryan, Edward Schroth III, Erica Setow, Aaron Simons, Jourdan Stivaletta, William Storer, John Kai Yun Tam, Bao Yi Tang, Duyen Tran, Charles Waterman, Aaron Welch, Lauren Wholey, Iok Teng Wong, Min Yu Wu, Regina Wu, Kelly Yovino, Derek Yu.

Grade 8: Oluwaseyi Adesuyan, Jessica Allen, Kenneth Asaro, Robert Bennett, Elijah Bun, Justin Callahan, Shirley Chan, Eva Chen, Jing Rong Chen, Lesley Chen, Kin Sang Chui, Jack Cochrane, Michael Curran, Jeffrey Dao, Ashley Diggins, Michael Feeney, Jillian Fisher, Brendan Glynn, Dillon Green, Xiao Guan, William Ho, Dinh Huynh, Ka Long Iu, Alexandra Keener, Kelsey Kelley, Eric Kelly, Aisling Kenny, Marissa King, Hai Liang Kuang, Shirley Lee.

Huan Rong Li, Carmen Liang, Edward Liang, Wei Liang, Anne Liu, Mary Liu, Gary Lu, Phoong Luc, Judy Ly, Ngoc Ly, Maggie Lynch, Nathan Mailhiot, Brendan McGee, Dylan McGrath, Kyle McKay, Meghan Miller, Michael Morrison, Katelyn Morrissey, Khang Nguyen, Tai Nguyen, Robert Page, Andy Phomsouvandara.

Alec Prasinos, Kyle Ptak, Susan Quan Man, Veronica Quintero, Cassandra Reamer, Shelby Rink, Jiabao Shang, Nicolette Soricelli, Mechell Ta, You Da Tan, Daniel Thornton, Nancy Tran, David Truong, Yingqi Wang, Julian Ward, Sahra Warsame, Sulaka Warsame, Sonia Weng, David Wong, Henry Wong, Meng Yun Angela Wu, Thomas Xu, Winnie Yu, Xiao Li Zhao.

Seek Medical Gear To Loan

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Taking A Holiday Stroll

THE VICTORIAN CAROLERS entertained visitors to the "Old House" 135 Adams St., during Quincy's annual Holiday Stroll Saturday. Also known as the Adams Mansion, it was home to Presidents John and John Quincy Adams and four generations of the Adams family.

Quincy Sun photos/Robert Noble

THE DOROTHY QUINCY Homestead was one of the popular stops during the annual Holiday Stroll Saturday. Visitors Al Petras of Quincy and Susan Martin of Brookline (left) were greeted in the hallway by Mary Robinson, chairwoman, and guide Sarah Bellott, Massachusetts Society of Colonial Dames.

TOURISTS FROM OHIO and Minnesota were among those taking the trolley from the Visitors Center to the Adams Mansion during the Holiday Stroll.

BAY COLONY PRODUCTIONS performers entertained during the Holiday Stroll with the Nunsense Christmas Musical at Presidents Place.

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QUINCY CREDIT UNION won the Mayor's Choice Award for its float presentation in the City of Quincy's 54th annual Christmas Parade. The float's theme, Santa's Workshop, consisted of friendly dancing "toy" characters like Raggedly Ann and Andy, Dora the Explorer, Toy Soldiers, Gingerbread Girl, Christmas Tree and Santa's Elves. The float design and creative characters landed the QCU team in the "Winners Circle" for the credit union's first-ever parade appearance. "To be involved in such a long-standing Quincy tradition was very rewarding," said Credit Union CEO Stewart Steele. "Employees showed great enthusiasm, willingly participated and had fun doing so.

SHINE Counselor At Council On Aging Office

A SHINE counselor will be available Tuesdays and Wednesdays from 9:30 a.m. to 12:30 p.m. at the Quincy Council on Aging office, 83 Saratoga St., Quincy, to assist the elderly and adults with disabilities with health information and benefits.

Home visits can be arranged for shut-ins.

SHINE is the acronym for Serving the Health Information Needs of Elders.

Call 617-376-1247 to make an appointment or to speak with a SHINE counselor.

Tips For A Safe Holiday Season

Safety tips for the holiday season are offered by the Massachusetts Emergency Management Agency.

"As the Holiday Season approaches, it becomes necessary to remind everyone of the importance of taking simple safety precautions around the home and on the road," suggests MEMA Director Cristine McCombs. "Every year, during what should be the most joyous of times, too many families experience preventable tragedies. Please take the time to ensure that this will not happen to you and yours."

The recommendations for a safe holiday:

• Inspect Smoke and CO Detectors- Ensure all smoke detectors and carbon monoxide detectors are in place, have fresh batteries, and are functioning.

• Exercise Caution with Holiday Lighting- Take care when burning candles. Be sure they are kept away from decorations, window curtains or other combustible materials by utilizing a one-foot safety radius. Do not leave children unattended in a room with lit candles. Always keep candles, as well as matches and lighters, out of the reach of children. Never display lighted candles in windows or near exits.

• Test Tree Trimmings- When decorating with lights, be sure to purchase only those labeled by a testing laboratory. Never use candles to decorate Christmas trees. For outside decorations, use only those lights labeled for outdoor use. Do not overload electrical outlets, and always unplug all lights before leaving home or going to bed. Never put electrical lights on a metal Christmas tree.

• Planning Holiday Parties- Decorate only with flame-retardant or noncombustible materials. Avoid using candles during parties. If guests will be smoking, provide them with large, deep ashtrays and check them frequently. After the party, check inside and under upholstery and in trashcans for smoking materials that may be smoldering.

• Keep Christmas Trees Fresh- Choose a fresh Christmas tree and secure it in a sturdy stand. Place the tree away from heat sources and exits, watering it daily. For artificial trees, be sure it is labeled as fire-retardant. If there are stockings hung on the mantel, do not use the fireplace for fires.

• Inspect Fireplaces- Have the chimney inspected by a professional prior to the start of every heating season and cleaned if necessary. Creosote, a chemical substance that forms when wood burns, builds up in chimneys and can cause a chimney fire if not properly cleaned. Always protect family and home by using a sturdy screen when burning fires. Remember to burn only wood - never burn paper or pine boughs, which can float out the chimney and ignite a neighboring home. Never use flammable liquids in a fireplace. When purchasing a factory-built fireplace, select one listed by a testing laboratory and have it installed according to local codes.

• Be Cautious With Portable and Space Heaters- Place space heaters at least three feet away from anything combustible, including wallpaper, bedding, clothing, pets and people. Never leave space heaters operating when not in the room or when going to bed. Do not leave children or pets unattended with space heaters and be sure everyone knows that drying wet mittens or other clothing over space heaters is a fire danger.

• Cook with Care- When cooking, do not wear loose fitting clothing. Open flames or hot burners can ignite it. Always turn pot handles in. Do not store items on the stovetop, they could catch fire. Keep kitchen appliances clean and in good condition, and turn them off after use. Do not overload electrical outlets, and do not use appliances with frayed or cracked wires.

• Designate a Driver- When attending a party, always designate a non-drinking driver. When hosting a party, make sure there are non-alcoholic beverages available for guests who are driving.

• Buckle Up- During the holiday months, people travel more than ever. Wearing a seat belt is the easiest and best way to prevent injury in a motor vehicle collision. Ensure that all passengers are also wearing safety belts. Also be sure to have an automobile safety kit in case the car breaks down.

• Purchase a Weather Radio/Monitor Local Weather Reports- Stay informed about possible storm warnings by purchasing and listening to a NOAA Weather Radio station. Remember that New England weather can be very unpredictable.

For more information about MEMA, go to www.mass.gov/mema.

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HOUSING IN QUINCY

George Burke Donating $100,000 To Charities

By MIKAELA SLANEY

Notable political figure and lawyer of 47 years, George Burke designated $100,000 to be transferred from his retirement account to various charities that serve the people of Quincy.

Burke is the former City Council President, former District Attorney and State Representative.

"I think we all have a duty to share what we have and make this world a better place to live in," he said.

The Internal Revenue Code of 1986 was amended allowing donor a maximum transfer of $100,000 from their retirement account in either 2007 or 2008. The donation will be transferred tax free.

The scholarships are to be redistributed as follows:

• $35,000 to the Newman Catholic Center at UMass Amherst.

• $10,000 to the George Burke Fitness Center at QHS which is to be refurbished, with gym equipment transferred to the new QHS after construction is complete. Burke was the captain of the QHS basketball team in 1950.

GEORGE BURKE

• $10,000 to Father Bill's Place, in honor of Rev. William McCarthy, for whom the place is named, for his 80th birthday.

• $10,000 to St. Ann's Church, of which Burke is a member.

• $6,000 will be added to $85,000 of Burke's scholarship funding for $1,000 Quincy and North Quincy High School scholarships, donated over the past 15 years. • $6,000 to the UMass Amherst Department of Athletics, basketball program.

• $5,000 to Boston College Law School, where he served as class president, and graduated in 1959.

• $1,500 to the UMass Amherst library.

• $1,500 to the UMass Amherst theater group. • $1,000 to Thayer Academy, where Burke completed a post graduate year, after graduating QHS. While at Thayer Academy, Burke broke two basketball records, the first for the most points in a single game, and the second for the highest average per game, he said.

• $1,000 to the Maria Droste Foundation, which provides counseling for the poor.

• $1,000 to the Boy Scouts of America foundation, in honor of Archie Briggs, Burke's scoutmaster while in his teens.

• $1,000 to the Community Action Program for the poor.

• $1,000 to the Salvation Army.

Board Revokes Downtown Beer, Wine License

The License Board at Tuesday's meeting voted to revoke the beer and wine license of Classic India, 1591 Hancock St. for failure to renew its state license.

Chairman Joseph Shea said notices were sent to the restaurant at Quincy Fair Mall with no replies. Also telephone calls were not returned. Shea said all licenses must be renewed by Dec. 31. after inspections are complete and payments are made for the licenses.

Shea said Classic India has been closed since Nov. 1 and that the board will now send a letter to the Alcohol Beverage Control Commission. (ABCC)

Shea said with the cancellation of that beer and wine license means it will be available to someone else.

Shea said he also send letters to D-Dee's on Newport Ave., China Pearl Corp., 237 Quincy Ave. (former International Buffet), Acapulco's, Hancock St.. Alba's Restaurant, 1495 Hancock St. and Alba's Trattoria, 1586 Hancock St.

Atty. Chris Harrington, counsel for D-Dee's told the board that D-Dee's would like to reduce its occupancy from 100 to 98 patrons.

At 100 patrons, restaurants are required by law to have a sprinkler system. Under 100 patrons, it is not needed.

Fire Chief Robert Pettinelli told Harrington that a physical change to the building has to be done before the board can reduce the amount.

Jay Duca, director of inspectional services said D-Dee's has to apply for a building permit with a scaled plan.

Leo Keka, owner of Alba's promised all inspections would be done by Thursday. (tomorrow)

Acapulco responded to the board's letter and has renewed their license.

Shea said the board is ready to renew all the licenses by Dec. 31. All payments for the licenses musts be made by Dec. 29.

Shea said licensees must have proof of payment of their real estate tax, parking tickets, worker's compensation laws and abide by the sprinkler law.

COA Seeking Wheelchairs

The Council on Aging is in urgent need of wooden or metal wheelchairs of all sizes and canes to help disabled seniors to get around.

If you have one, call the council at 617-376-1506.

License Board Briefs

The License Board took the following action at Tuesdays meeting.

• Granted a change of managers at the Water Club, 319 Victory Rd. from Renee Anastos to Virginia Berry. Former Mayor Walter Hannon told the board that Berry has had many year experience.

• Continued until Jan. 9 a request of Michael Neal, doing business as Cateringsmith Cafe, 500 Victory Rd. for a common victualer license.

• Granted a garage repair license to Khen Phung, doing business as South Century Auto Collision & Service Center, Inc., 33 Newport Ave. Also a permit to have no more than 16 vehicles on the premises. The building was former Mr. Wires, and before that according to Chairman Joseph Shea, Norfolk Paint.

• Shea said the board is ready to renew all common victualer and Motor I and II used car license for approval of disapproval by Dec. 31.

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Tax Tips From the Experts By Tom Hurley

Preparation is key

There is still time to plan for 2006 tax filing. Here are some last minute suggestions that can help save you money. (But remember, you must take action before December 31, 2006.)

Charitable contributions, either cash or in many cases the fair market value of property, can be used to reduce your income taxes when itemizing deductions. There are special rules limiting donations of motor vehicles; ask your tax preparer for details.

Do you own stock or mutual funds? Capital gains or losses this year will affect your tax liability. Losses in a security can be taken as a deduction up to $3,000 against ordinary income or used to offset capital gains in others if sold by Dec. 31. If it's a security you want to keep you can buy it back in 31 days.

If you owe a significant amount of state income taxes for 2006, consider prepaying the amount owed by December 31. You will receive a federal income tax deduction in 2006 for the amount. Make sure you are not subject to alternative minimum tax.

Interest on home mortgages is deductible, including the interest on a January 2007 payment if prepaid by December 31, 2006. Homeowners may also be eligible for tax credits on energy - efficient upgrades.

Each week I'll publish articles dealing with tax issues, including tips and traps, to help determine the best tax strategy for you.

Tom Hurley, CPA, is president of South Shore Tax Services, a local, independent tax preparation service. They're located at 716 Hancock St., in Quincy; he can be reached at (617) 376-6226

Impact Quincy Honors Six As Community Heroes

Impact Quincy honored six recipients with its annual Community Heroes Award last week at a ceremony in the second floor conference room at City Hall.

The recipients:

Andrew Scheele, Commissioner of Public Health, city of Quincy Health Department; Patricia Henley, Director, Coordinated School Health Program for D.P.H.; Dianne Moriarty, residing Judge of Drug Court, Quincy District Court; Robert F. Crowley, Chief of Police, Quincy Police Department; Peter Turowski, Liquor Inspector, Quincy Police Department; and Paul F. McDevitt, President and Founder of Modern Assistance Programs, Inc.

For the past few years, Impact Quincy has sponsored the Community Heroes Award event to recognize individuals who have been strong advocates for the prevention of substance abuse, and for their contribution to making the city of Quincy a healthier community.

Impact Quincy is a community-based coalition that is currently working on an underage drinking campaign in collaboration with key members of the Quincy community. It is a program of bay State Community Services (BSCS), and is funded by the Massachusetts Department of Public Health and the Substance Abuse and Mental Health Service Administration.

COMMUNITY HEROES were recently recognized by Impact Quincy for their efforts to prevent underage drinking and drug abuse. From left are Paul McDevitt, Carol Queeny, Quincy Drug Court probation officer who accepted the award on behalf of Judge Dianne Moriarty, Police Chief Robert Crowley; Patricia Henley, Andrew Scheele, and Lt. Peter Turowski.

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Mixed Feelings On Building Moratorium

By MIKAELA SLANEY

The possibility of imposing a building moratorium mounts as the City Council continued debate Monday night as to whether it will curb unwanted development in neighborhoods.

The moratorium is designed to block commercial growth on a temporary basis, but the City Council is split as to whether it will prove affective, and whether the wording of the order is suitable.

Ward 6 Councillor Brian McNamee spoke out against the order, finding fault with the fact that some businesses may be classified as exceptions to, when the majority of surrounding neighbors give the business approval. McNamee asked how it could be an affective moratorium if it only pertained to some projects and not others.

"It's in good taste, but it doesn't taste good," he said.

Councillor John Keenan fought for a quick vote on the order, saying that procrastination may kill it for several years. Keenan did not get his wish, and the debate continues.

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Help With Simple Wills Monthly

Atty. Ed Conroy will be at the Council on Aging office, 83 Saratoga St., North Quincy, every third Friday of the month to assist the elderly with a free explanation of simple wills.

Call 617-376-1506 for an appointment.

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Helping Hands Brighten Holiday For Needy Families

(Cont'd From Page 1)

www.fatherbillsplace.org.

The Lodge of Elks also did their part, recently delivering 200 baskets of holiday turkeys and trimmings to Quincy families in need, according to Joseph Hardcastle, secretary of the Elks.

The baskets were funded by Elk member contributions, and between 30 and 35 members distributed baskets throughout the city, he said.

"I want to thank the membership, those who contributed. It was very successful. It's a worthwhile cause, and that's what we're here for, to help our neighbors," Hardcastle said.

He repeated the Elks' motto: "Elks care. Elks share."

He also said he wanted to thank John M. McHugh, past exhalted ruler, and chairman of the Christmas Basket Committee.

"He's the one that made it all happen. It was his efforts that made it a huge success," said Hardcastle.

The Saint Vincent DePaul Society of St. John's Church added another year to their 26 years of service fulfilling gift requests of over 103 families in need from within the parish, according to Bill Lawless, president.

"We might have put out around 1,500 (gift request) cards this year," he said.

Each adult gets two requests and children get from four to six requests in envelopes, mounted on their Giving Tree. There are several envelopes per family, he said.

"The numbers keep going up from when we started this 26 years ago, when it was maybe 15 families," said Lawless. "We have great support from the people of St. John's.

"People give what they can. We get some envelopes that have four quarters in them, and some that have two $100 bills. The people who gave the four quarters gave what they could, and that's just as important."

Lawless said that the Saint Vincent DePaul Society works with other agencies throughout the city to ensure that all people in-need receive some holiday joy.

Lawless said that he wanted to thank Rev. McCarthy who originally established the Giving Tree program, and Father Richard Cannon, current Pastor of St. John's.

Toys for Tots collected over 30 boxes of toys for children prior to the Christmas cut-off date, to help between 75 and 100 local children this year, according to Mary Crowley, commandant of the Post Caddy Detachment. They distribute collection boxes for toys at local businesses throughout Quincy.

"It's really been overwhelming and people have been very generous," she said. "The families are very grateful. They come down here and just can't thank us enough."

Crowley said that she understands the need for her program and that there is no reason for families not to seek assistance.

"Just running a household today, it's very expensive to heat it and pay the bills," she said. "There just isn't a lot of money left over for Christmas. I just want people to know that they can come on down."

Crowley said toys for the 11 through 13 age group were slightly depleted this year, and said she hopes that donors will keep older children in mind next year.

John Twomey, a Caddy Detachment member who volunteered with Toys for Tots for the past few years, delivers collection boxes throughout the city. He said that the experience is rewarding "just knowing that the kids will have something under their tree... If they have a tree, and knowing that they won't go without on Christmas Day."

Steven Mullen, a Postal service member formerly with the navy, said that he had been there since the Toys for Tots program was brought to Quincy, 15 years ago.

"It's really grown," said Mullen. "It's certainly up from where it started, a grass roots campaign."

Mullen said that one donor in particular, Tom "Dash" Riprock, has donated 25 brand new bicycles to donate to children each year, each purchased from his own pocket.

"He's really quite a guy," said Mullen.

The Salt Box also recently held a fundraiser to benefit the Toys for Tots program, and contributed $2,000 in proceeds, said Mullen.

Vets Adviser At COA Office

John D. Miller of Home Care Partners, will be at the Council on Aging office, 83 Saratoga St., each Wednesday to advise veterans or their surviving spouses of their in-home care benefits.

To schedule an appointment, call the Council on Aging at 617-376-1506.

Fire, Police Departments Update Council On Conditions

By MIKAELA SLANEY

Fire Chief Tim Pettinelli and Police Chief Robert Crowley met before the City Council Monday night to update the council on service quality throughout the city.

Pettinelli expressed concerns over the heightened fire safety risks during the holiday season, especially during evening hours when people are likely to light holiday lights, or use space heaters to compensate for increased heating bills.

Pettinelli proposed a Rescue 1 truck to be installed for the evening hours during the holiday season. Under Pettinelli's advice, the truck will be in service between the peak danger hours of 6 p.m. to 8 a.m. during December, January and February. The Rescue 1 truck is to carry specialized fire-fighting equipment that would prove useful in the event that a fire truck is in use when another fire breaks out.

Pettinelli visably stirred the Council when he gave a statistic claiming that the Rescue 1 truck had been out of service for 75 percent of Fiscal Year '06.

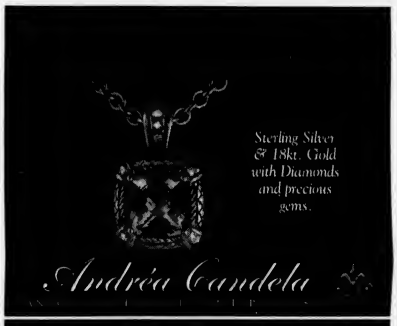
Crowley answered concerns whether police coverage was adequate for the city, especially in targeted crime spots. He named Fenno Street as a popular hang-out area for youths, which often results in minor crime.

Ward 2 Councillor Daniel Raymondi specified IHop breakfast restaurant and the surrounding area as a previous problem area. He citing problems that occured during the early hours in the morning when IHop was a 24-hour restaurant. He said that they were forced to change their hours of operation to counter the mounting problems.

Crowley assured the Council that additional police officers would not be necessary for problem areas.

"Research tells us that it's not the number of officers, but what those officers do once they are there," he said.

In all, the Council praised the Fire and Police Departments for their consistant good work, and said that they were above average, statistically, with cities of equally dense population.



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Ziti with Red Sauce	19.00	38.00
Ricotta Stuffed Shells	25.00	50.00
Ricotta Stuffed Manicotti	25.00	50.00
Tortellini Primavera	26.00	52.00
Fettuccine Alfredo	22.00	44.00
Chicken Cacciatore	27.00	54.00
Chicken Marsala	34.00	68.00
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Chicken, Ziti & Broccoli	29.00	58.00
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The Quincy Sun

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1372 Hancock St., Quincy, MA 02169

NOMINATION DEADLINE: Sunday, Dec. 31

MILTON HOSPITAL was recently recognized for the efficiency of its stroke response procedures. From left are: ICU Clinical Manager and stroke team data collector Ellen Lanza, RN, CCRN; stroke team leader Debra Sullo, RN, BSN, CCRN, director of the intensive care unit, critical care unit and cardiac rehabilitation program; ED Clinical Manager Mary Keady, RN, BSN; and Vice President of Patient Care Services Susan Mangini, MSN, RN, CNAA, BC.

Milton Hospital Recognized For Outstanding Stroke Care

Milton Hospital has been recognized for the efficiency of its stroke response procedures.

The hospital gained Level 1 Recognition Achievement for meeting stroke treatment criteria defined by the American Stroke Association (ASA), in keeping with the ASA's "Get With The Guidelines (GWTG) - Stroke" program. The ASA is a division of the American Heart Association.

"GWTG-Stroke" helps ensure continuous quality improvement of acute stroke treatment and ischemic stroke prevention. It emphasizes the importance of establishing team-oriented procedures to treat and discharge stroke patients appropriately. Milton Hospital's stroke response averages 15 minutes "from door to CT scan", 30 minutes quicker than benchmark requirements.

Stroke team leader Debra Sullo, RN, BSN, CCRN, director of the intensive care unit, critical care unit and cardiac rehabilitation program, was invited by the ASA to speak at an October conference of hospital clinicians to outline the keys to Milton Hospital's success.

Ellen Lanza, RN, CCRN, ICU Clinical Manager and Stroke Team Data Collector and Mary Keady, RN, BSN, ED Clinical Manager presented Milton Hospital's "door to CT scan" process and how it has evolved to quicker response times.

"Our success can be attributed to our strong stroke team, who is very committed to the stroke response program," Sullo said. "As a result of our efforts, we are able to quickly identify potential stroke patients in cooperation with ambulance services, and have developed a system that helps quickly mobilize our stroke team."

"Patients also benefit from our physical layout and available resources; when seconds count, a shorter trip from the emergency room to a CT scanner to a treatment room can literally save a life," Sullo said. "Finally, without the timely communication between the ED and Radiology staff, achieving these great results would not have been possible."

The hospital's stroke team is now working on the next level of recognition, which requires more stringent compliance with "GWTG-Stroke" guidelines.

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FOOT NOTES

by Joel Chariton, D.P.M.
Diplomate, American Board of Podiatric Surgery
Diplomate, American Board of Podiatric Orthopedics

FLAT FEET

Many people have what are called flat feet while others have the opposite issue – high arches. Neither foot shape will necessarily give you problems, but they can. As people age, lack of exercise and weight gain can contribute to the cause of flat feet. It your flat feet are causing you pain, get some good, supportive shoes such as a well-made sneaker. You can always add an arch support to your insole if the shoe doesn't have a good one. If good shoes and an arch support don't work, talk to your podiatrist about the possibility of wearing an orthotic in your shoe. The doctor can determine which one is right for you.

To determine the best treatment for flat feet and other foot conditions, a podiatrist will examine the foot, perform a gait analysis, and look at the patient's medical history, past medical problems, length and frequency of symptoms, types of current activity, and pain and problems in other parts of the body. We offer comprehensive care for flat feet and all podiatric concerns for feet of all shapes, sizes, and ages. Call us at 781-986-3668 for an appointment at 999 North Main Street, Randolph, in the MEDICAL OFFICE BUILDING. Office hours also available at the Quincy Medical Center and Milton Medical Building. I am affiliated with the Brockton and Good Samaritan Hospitals.

HINT: Flat feet can cause heel spurs or plantar fascitis.

QUINCY POLICE HOT SPOTS

QUINCY POLICE STATISTICS: Dec. 8 - Dec. 15
Total Calls for Service: 1,148
Total Arrests: 37
Total Stolen Cars: 4

FRIDAY, DEC. 8

LARCENY, 1:57 a.m., 182 Quincy Ave. Fare dispute. Cabbie not paid. Party went into apartment building unable to locate.

LARCENY/MOTOR VEHICLE, 6:44 a.m., Dunkin Donuts, 95 Franklin St. Just stolen. Unknown person took motor vehicle from the Dunkin Donuts. Keys left in car. 1988 Plymouth Reliant, color red.

VANDALISM/PROPERTY, 10:49 a.m., 1321 Quincy Shore Dr. To vehicle. Tires slashed.

LARCENY, 11:46 a.m., Louis Crossing, 1269 Sea St. Money. Night deposit is missing.

VANDALISM/PROPERTY, 2:09 p.m., 10 Malvesti Way. Past. It appears youths broke in last night damaging walls. Holes punched into three pieces of sheetrock.

BREAKING AND ENTERING/ATTEMPT, 4:44 p.m., 16 Elmwood Park. Dwelling. Door was opened causing alarm to sound. No entry made.

VANDALISM/PROPERTY, 5:37 p.m., Beale St. and Chapman St. Pedestrian attacking motorist with cane. Damage to the motor vehicle - right rear quarter.

VANDALISM/PROPERTY, 8:26 p.m., 157 Spring St. Past. House was spraypainted.

LARCENY/MOTOR VEHICLE, 10:15 p.m., Central Middle School, 1012 Hancock St. 1998 Acura Integra, color green. Last seen at 6 p.m. Car was stolen from lot of Central Middle School.

ASSAULT AND BATTERY, 11:06 p.m., 200 Coveway. Simple assault – parties unknown to each other. Request no police assistance.

LARCENY, 11:35 p.m., Hoffbrau, 400 Sea St. Pocketbook. Black male and female stole pocketbook and fled. A subject was arrested for operating after suspension. Subject additionally charged with possession Class D & B.

SATURDAY, DEC. 9

LARCENY/MOTOR VEHICLE, 12:01 a.m., 91 Washington St. Past. 1998 Toyota Corolla, color brown.

ASSAULT AND BATTERY, 12:33 a.m., Flanagan's Pub, 97 Parkingway. Arrest made for assault and battery police officer, disorderly and resisting arrest.

LARCENY/MOTOR VEHICLE, 5:49 a.m., 74 Chubbuck St. 1989 Olds Delta 88, color white. Last seen 3 a.m.

VANDALISM/PROPERTY, 8:29 a.m., 28 Spring St. Tagging. Side of the house was spraypainted.

VANDALISM/PROPERTY, 10:15 a.m., 30 Rock Island Rd. Spray paint. Caller reports "SAC" sprayed in light blue on his fence.

VANDALISM/PROPERTY, 1:25 p.m., 155 Rock Island Rd. Past. House vandalized last night.

LARCENY, 1:45 p.m., 140 Quincy Ave. Past.

SUNDAY, DEC. 10

VANDALISM/PROPERTY, 9:21 a.m., 104 Billings Rd. Tires slashed. Also happened yesterday. Malicious damage over - 4 tires slashed sometime overnight.

VANDALISM/PROPERTY, 9:58 a.m., 169 Crescent St. To motor vehicle - damage to rear window.

VANDALISM/PROPERTY, 10:03 a.m., 112 Stoughton St. Spray paint to motor vehicle - truck with green paint on the driver's side.

INDECENT ASSAULT AND BATTERY, 2:45 p.m., 46 Cleverly Ct. Past.

VANDALISM/PROPERTY, 5:18 p.m., Sea Street Auto Body, 1200 Sea St. Rear of building, seen from 61 Shennen St

BREAKING AND ENTERING/PROGRESS, 11:29 p.m., 26 Shed St. Possible rear of church. Nothing showing, church is secure.

MONDAY, DEC. 11

ASSAULT AND BATTERY, 12:11 a.m., Beachcomber, 797 Quincy Shore Dr. Unknown robbery. Two arrests: #1 for disorderly, #2 for disorderly, assault and battery police officer, and resisting arrest. A third arrest for p.c.

LARCENY, 8:31 a.m., 275 Belmont St. Lawn ornaments. Had a wreath and some deer taken from front yard.

VANDALISM/PROPERTY, 10:03 a.m., 112 Chubbuck St. Lights. Caller reports lantern in pool area and light within 8-foot fence have been broken.

LARCENY, 12:45 p.m., Manet Community Health Center, 1193 Sea St. Of money. $110 missing.

VANDALISM/PROPERTY, 3:08 p.m., 114 Centre St. Window broken.

VANDALISM/PROPERTY, 7:42 p.m., Beale St. and Highland Ave. Just occurred. Throwing rocks at cars. Report submitted on motor vehicle damage. Suspect described as white male, 13-17 years old, 5'5", clean cut, brown hair, wearing a blue hoodie with writing on it and baggie jeans.

LARCENY, 9:12 p.m., 30 Bayview St. Purse. License and Social Security card stolen.

BREAKING AND ENTERING/PAST, 9:18 p.m., 12 Bass St. Dwelling. Front apartment door pried open, nothing appears missing.

TUESDAY, DEC. 12

VANDALISM/PROPERTY, 2:26 a.m., 66 Hodges Ave. Graffiti. Motor vehicle found covered in graffiti.

VANDALISM/PROPERTY, 9:44 a.m., 96 Cummings Ave. Spray paint. Racial slur on the telephone pole. Was written with a magic marker.

BREAKING AND ENTERING/PAST, 10:01 a.m., 539 Washington St. Dwelling. Property is in foreclosure, owner there removing things. No signs of force. Two carbon monoxide detectors known missing.

BREAKING AND ENTERING/PAST, 10:12 a.m., Bert's Electric Supply, 69 Hancock St. Business. Alarm went off at 12:47 a.m. Responding units found the building appeared secure. Surveillance video shows at 12:44 a.m., motor vehicle possibly an SUV, passes in front of building, then parks in lot of 25 Newport Ave. Ext. One suspect clearly seen on video, possibly a second suspect is with him. Fence bands are cut to gain access to storage area, but when alarm is tripped, suspect flees. Then suspect motor vehicle flees onto Newport Ave. Ext.

VANDALISM/PROPERTY, 10:28 a.m., Harborview Apartments, 270 Quarry St. Car keyed on the passenger side, wing on back of vehicle has been partially torn off.

VANDALISM/PROPERTY, 11:22 a.m., 67 Mayflower Rd. Christmas decorations knocked over.

LARCENY, 12:17 p.m., 30 Garfield St. Two checks were stolen from the mailbox in early November.

LARCENY, 2:52 p.m., Beachcomber, 797 Quincy Shore Dr. Past. Pocketbook taken Saturday night.

BREAKING AND ENTERING/PROGRESS, 25 Mechanic St. Dwelling. One male with a dark vest, thinks he had a baseball hat on, male came into the back door, ran out the driveway. Grey hooded sweatshirt, blue jeans, brown shoes, fled on foot on Hancock towards Blockbuster. Caller reports male now at Exxon gas station trying to jump start a grey Honda with N.H. registration by Coke machine. A wallet was stolen during this unarmed burglary.

INDECENT EXPOSURE, 7:57 p.m., 1627 Hancock St. Arrest made. Arrest for two counts open and gross.

ASSAULT AND BATTERY, 8:46 p.m., 18 Charlesmount Ave. Past. Complaint for assault and battery.

WEDNESDAY, DEC. 13

VANDALISM/PROPERTY, 7:47 a.m., 33 Grogan Ave. Decorations. Large blow-up Santa and two other characters damaged about 10:30 last night.

VANDALISM/PROPERTY, 11:20 a.m., 700 Sea St. Tagging. Construction trailer.

LARCENY, 3:39 p.m., Coastal Air Heat Refrigeration, 745 East Squantum St. Of I.D. cards. Had I.D. cards for employees with Social Security numbers on them.

BREAKING AND ENTERING/ATTEMPT, 4:11 p.m., 500 Washington St. Dwelling. Pry marks found on apartment door.

LARCENY, 4:46 p.m., 15 Casco St. Checkbook. A check has already been cashed at Citizens Bank, 371 Hancock St.

LARCENY, 5:53 p.m., 73 Billings Rd. By computer. Victim sold a computer on-line via Craig's List but was never paid. Computer shipped to Nigeria.

BREAKING AND ENTERING/PAST, 6:59 p.m., 788 Willard St. Dwelling. Door was forced; jewelry, a suitcase and a camera are known missing.

ASSAULT AND BATTERY, 7:55 p.m., A.J. Wright, 126 Parkingway. Past. Happened two hours ago.

ARMED ROBBERY, 11:22 p.m., Quincy Granite Place, 100 Granite St. Attempt/knife. Attempted robbery on a cab driver in the parking lot by knife. Suspect headed towards Whitwell, 5'8", weird jacket - jacket had shield; baseball cap, dark hair, thin, late teens.

THURSDAY, DEC. 14

LARCENY, 3:22 a.m., IHOP, 119 Parkingway. Past. Nonpayment. Unable to locate suspect's motor vehicle.

LARCENY, 5:43 a.m., IHOP, 119 Parkingway. Of services. Motor vehicle took right onto connector, unknown from there. $20 tab.

BREAKING AND ENTERING/ATTEMPT, 6:04 a.m., Cahill's Farmer Exchange, 206 Ricciuti Dr. Business. Screen ripped off the door and pry marks. Entry not gained.

ASSAULT AND BATTERY, 7:51 a.m., Ricciuti Drive Soccer Field, 169 Ricciuti Dr. Past.

BREAKING AND ENTERING/PAST, 8:09 a.m., 75 Scotch Pond Pl. Dwelling. Caller states purse missing. No sign forced entry. Sliding glass door found open.

LARCENY, 8:22 a.m., Hair Place One, 1 Maple St. Past.

BREAKING AND ENTERING/PAST, 11:03 a.m., 36 Elm St. Dwelling. Caller states his apartment broken into. A checkbook was stolen – an attempt was made to cash a forged check at 1400 Hancock St.

LARCENY, 1:36 p.m., 15 Wayland St. Diamond ring worth $6,000 to $7,000. Thinks delivery men took it.

LARCENY, 2:10 p.m., 559 Willard St. Past.

VANDALISM/PROPERTY, 2:45 p.m., Harborview Apartments, 270 Quarry St. Motor vehicle keyed.

VANDALISM/PROPERTY, 3:28 p.m., 26 Hovey St. Motor vehicle dented. Happened Dec. 9.

VANDALISM/PROPERTY, 4:11 p.m., 19 Hynes Ave. Water damage. Someone turned on garden hose and house damaged.

BREAKING AND ENTERING/PAST, 6:05 p.m., 25 Shaw St. $1000 keyboard taken. Third floor window found open.

UNARMED ROBBERY, 7:46 p.m., 151 Monroe Rd. Purse taken. Arrest made. Black purse with brown trim, house keys and IDs inside. Victim's purse not recovered during incident.

UNARMED ROBBERY, 8:36 p.m., 115 Copeland St. Past. Suspect was later located and charged with unarmed robbery.

LARCENY, 9:14 p.m., Tanline Tan Travel, 148 Parkingway. Necklace.

VANDALISM/PROPERTY, 9:42 p.m., Hajjar Clothing Co., 513 Quincy Ave. Phone alarm. Windows smashed.

UNARMED ROBBERY, 10:16 p.m., Captains Cove Condos, 200 Cove Way. Purse. Hispanic male, 6', spoke with an accent, wearing a dark hooded sweatshirt. Purse stolen.

FRIDAY, DEC. 15

BREAKING AND ENTERING/PROGRESS, 12:12 a.m., Harborview Residents' Office. Business. Alarm sounding, back door was kicked in. Unsure if anything was taken so far.

LARCENY/MOTOR VEHICLE, 6:44 a.m., Dunkin Donuts, 95 Franklin St. Just stolen. Unknown person took motor vehicle from the Dunkin Donuts. Keys left in car. 1988 Plymouth Reliant, color red.

❑

If you have information on the above crimes, or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764**. If you wish to report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. If you wish to make an appointment to view the **Registered Sex Offenders** book, call **Detective Cindy Walsh at 617-745-5751**.

If you wish to contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us--*Lt. Dan Minton.*

A Job Well Done

"Don't talk to strangers" and "Don't take rides from strangers."

On Thursday, Nov. 30, at approximately 10:20 p.m., Officer Dan Parisi was on patrol traveling southbound on Billings Road, approaching West Elm Avenue, when he observed a Jeep ahead of him fail to obey a stop sign. Officer Parisi followed the Jeep westbound on West Elm Avenue and observed the driver fail to obey another stop sign at Muirhead Street.

LT. DAN MINTON

As the Jeep traveled westbound on Elm Avenue, Officer Parisi put his blue lights on and the Jeep began to pull over by Marlboro Street, then turned right onto Marlboro Street and abruptly picked up speed. The Jeep then stopped a block away and Officer Parisi approached the male driver and female occupant, asking for his driver's license and registration. The driver said that he did not have his license with him, so Officer Parisi requested Communications check his license status.

As Officer Parisi waited in his cruiser for the information, the driver opened his door and began walking towards the cruiser. The driver said, "I would like to talk to you about this situation." The officer scrutinized the driver's behavior and believed that the driver was about to flee, so he ordered the driver to put his hands on the cruiser.

Officers Lane Watkins and Terry Downing arrived. Communications informed the officers that the driver's (suspect) license was suspended. The suspect was placed under arrest and transported to the station.

Officer Parisi then spoke with the female passenger, a 44-year-old Norwood resident. She stated that earlier in the evening she had an argument with her mother in Norwood, then left the house to go for a walk. She said the suspect pulled up to her in Norwood Centre and after a brief conversation, asked her if she wanted a ride home. She said that she did not know the suspect but got into the Jeep.

As the rode together on Route 128, the passenger realized that he was not taking her home. She stated she asked the suspect to stop and let her out but he refused, then drove fast and recklessly. The victim said she asked him if she could use his cell phone. He responded that it didn't work, even though she could hear it ringing. The suspect told her that his cell phone could not make outgoing calls.

The victim said she was scared when the police stopped the car because the suspect said, "I think I'll run but I don't know if I'll make it." He also told her to tell the police that she is his girlfriend and to ask if she can drive the Jeep home. The suspect, a 24-year-old Boston resident, has been charged with kidnapping, operating to endanger, and operating after a license suspension. A further check showed that the suspect is on parole and has an extensive criminal record that includes assault.

In this case, the victim was very fortunate that Officer Parisi initiated the stop of the suspect. The situation was quickly turning bad for the victim and it was the officers' actions that prevented her from a perilous situation.

The message of avoiding strangers and their cars has been drilled into our children from an abundance of sources, whether it be the family, the schools or the police. Yet, here is an adult violating two of the most crucial safety rules!

After reading this story, whether you are a parent, a family member, a teacher, etc., take a moment to remind those important to you about the "dangers of strangers."

For the officers involved in this case, "Nice Work!"

❑

Each week in *The Quincy Sun*, the "Quincy Police Hot Spots" page provides readers with numbers to call to report crimes. The telephone number for the "Drug Hot-Line" is 617-328-4527. You will not be required to provide identification or address, although it would be helpful.

Anonymous information via a letter or by leaving a message doe not provide an opportunity for the detectives to ask questions to gain further knowledge. Even without identifying yourself, your information can be corroborated (validated) in many ways, such as surveillance, which was used in this particular case.

Some people are reluctant to report suspicious activity for fear of having to testify or of retaliation, but by calling the hot-line with detailed information, the Drug Unit will be working with you to eradicate drug users in your community.

REAL ESTATE

By Samantha Mazzotta

Last-Minute Gifts

OK, here it is — the week before Christmas and you still have no idea what to give the do-it-yourselfer in the house. Or, the kids want to give something useful, but that $1,200 custom tool station is a little outside their budget. Never fear — even in the last-minute holiday rush, a few useful little items are available that a DIY-er will love.

• Make it portable. A tool belt or bag will stop those repeat trips to the garage for little items. Many are available for as little as $25 and are fairly lightweight but durable.

• Quick rethreads. A tapping tool is a handheld item with a screwdriver grip that quickly forms new threads in stripped screw holes. Instead of rigging up the power drill, just grab the tapping tool, place the right-sized bit on, and repair the hole with a few short twists.

• Easy picture hanging. An electronic stud sensor and a laser leveler make hanging pictures, shelves and other walls items fast and easy. If your DIY'er doesn't have these, get them. The sensor and leveler can be bought separately for less than $20 apiece, and combination units are also available for $40 and up.

• Focus on safety. Put together a gift basket, or have the kids create a group of gifts, that protect the DIY'er while working. A set of dust masks, safety goggles, a full filter mask, heavy-duty work gloves, a first-aid kit and a fire extinguisher are all important items to have nearby when doing any home-improvement work.

• Let the DIY'er decide. Not sure what they need? Purchase a gift certificate, take him or her on a shopping trip (especially during the after-Christmas sales), or just ask.

No matter what you decide upon, your DIY'er will appreciate the thoughtfulness of any gift, no matter how small or how many he already has. After all, keeping two of everything on hand is just good sense!

Send questions or home-repair tips to homeguru2000@hotmail.com, or write This Is a Hammer, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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QUINCYWHATSMYHOMEWORTH.COM

Jayne Magown Graduates Realtor Leadership Academy

Jayne Magown, broker owner and president of Century 21 Abigail Adams, an independently owned and operated franchise with offices in Norwell, Marshfield, Duxbury and Quincy, graduated from the 2006 Massachusetts Association of Realtors (MAR) Leadership Academy.

At an event held at Fenway Park, graduation ceremonies took place in front of a delegation of over 200 officers, directors, and association executives.

JAYNE MAGOWN

Magown was chosen as spokesperson for her graduating class. "We thank MAR for embracing the importance of leadership development and training, and for dedicating the resources for this great program. Each one of us returns to our region of Massachusetts with further commitment and dedication to this powerful economic engine, the real estate industry," she said.

The MAR Leadership Academy was designed as a comprehensive program to develop leadership within the organization and associations throughout Massachusetts. The year long program of study combines individual study, group sessions, lectures from nationally respected industry leaders, together with an in depth analysis of personal leadership skill development and goal setting.

Organized in 1924, the Massachusetts Association of Realtors (registered trademark) is the state's largest professional trade organization with more than 24,000 members.

Reduce Home Heating Costs, And Protect Your Budget

TIPS FOR HOMEOWNERS

(NAPS)- Don't let cold weather and higher energy bills get you hot under the collar. Energy experts offer these steps to help control your heating costs and protect your budget from unexpected increases in natural gas and electricity rates:

Shop around for your energy provider.

Many states allow you to buy natural gas and electricity from and independent marketer. Check and see which companies offer the most desirable plans.

Consult and expert.

Seek out an energy marketer. These professionals work with consumers to determine their best energy choices based on usage, climate, home size and other factors.

Check to see if you can lock in your energy rates.

Enrolling in this type of plan will help protect you from spikes in energy rates. Much like a fixed-rate mortgage, a fixed-rate energy plan helps you stabilize your budget and prepare for the heating season.

Conserve energy by managing your thermostat.

Setting the thermostat to 55 degrees, or lower, at night or when leaving home can lead to savings of as much as 20 percent on your heating costs. You should also wear warm clothing inside and set your thermostat to 68 degrees or lower during the day. You can save up to 5 percent on heating costs for every degree you lower your heat during the winter.

Don't cook your clothes.

Use cold or warm water when washing clothes-it's the detergent, not water temperature, which determines how clean your clothes are going to be. Avoid overdrying clothes when using the dryer.

Use energy efficient appliances.

When installing a new water heater or furance, research which options are the most energy efficient. You'll save on energy costs ad you might be pleasantly surprised to learn that you quailify for a rebate from your energy provider if you choose energy efficient models.

Inspect and maintain your furance.

Ensure your furance is operating at peak performance by having an annual inspection and routine system maintenance performed.

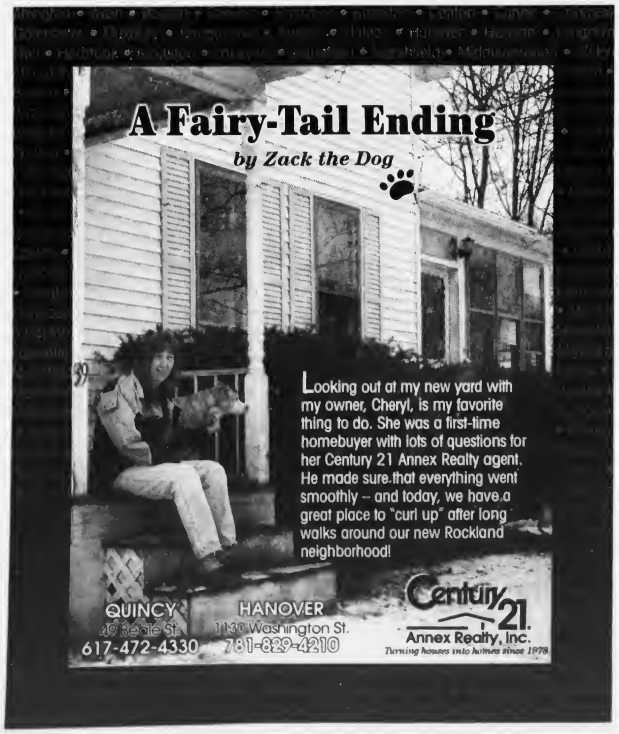
Clean filters and vents.

Dirty or clogged furnace and air filters can demand more energy and slow the heating of your home.

Make sure your house is properly insulated.

Poorly insulated doors, windows and vents cost you money. You can reduce the amount of energy needed to heat and cool your home by having a professional check that your home has the proper insulation.

For more information on how to control energy costs, visit www.mxenergy.com.



BRAINTREE - 4 bedroom Colonial w/ lots of space! Freshly painted exterior and new roof. Huge yard has above ground pool w/ custom deck & three season front porch. Lrg. kitchen & a walk-in pantry. Good sized mudroom leading to back deck. Potential for finished attic and basement. Lrg. driveway & 2 car garage w/ back door to garden. Excellent value in a nice neighborhood. One Year Home Warranty incld. $398,000

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REAL ESTATE

Buying First Home Need Not Be Overwhelming

(NAPS)- Are you one of those people who considers life pretty good? You're thinking about getting married and you have a good job, a nice car and money to pay off the student loans. You have spare time to spend hangin' out with your friends.

The only negative in your life right now is having to pay rent and dealing with roommates. For many Americans in their late 20s and early 30s, the "whoosh" sound of paying rent each month eventually turns thoughts of owning their own piece of the American dream. However, the process of actually buying a home can seem overwhelming-even daunting-to some.

"First-time homebuyers can feel intimidated by or even 'out of control' during the whole home-buying process," says Jin Ferriter, executive vice president for GMAC Mortgage. "But there's hope. An experienced loan officer, combined with innovative products and services, can help first-time homebuyers better understand their financing options and boost their confidence in purchasing their first home."

Ferriter, who has more than 25 years' experience in mortgage lending, offers the following tips for first-time homebuyers:

1. Save, Just A Little Bit More

Of course, it's important to save money for the down payment and closing costs. But there's more to buying a home than figuring out if you can pay a monthly mortgage payment. There are costs similar to renting, but now you must be prepared to maintain a home, too. Weekly shopping trips to your local big-box home store to purchase everything from decorating items to a lawn mower can add up quickly. That's why many mortgage lenders recommend that first-time homebuyers have a least three to six months in additional savings. An excellent way to save cash is with a money market account from GMAC Bank (www.gmacbank.com), which can be opened with as little as $50.

2. Check Your Credit

An individual's credit score will have a significant impact on his or her mortgage loan approval and interest rate. A good first step in the home-financing process is to check your credit history. You can request a free credit report from any of the three credit-reporting bureaus: Equifax, TransUnion or Experian. Carefully review your report and contact the credit-reporting bureaus to correct any misinformation.

3. Get Preapproved

Before you start working with a real estate agent, consider contacting a mortgage lender to obtain a preapproval credit decision. A loan officer will review your financial status, including your income, cash flow and credit score, to help you determine the maximum monthly housing payment for which you may be able to quailfy, and, if qualified, "preapprove" your mortgage before you've found a home. Armed with a credit preapproval, you can start searching with a much better idea of price range you should be looking in, and in turn save time as you'll know the right homes to focus on.

As you start thinking about and preparing for the preapproval process, start shopping for the mortgage lender from which you would like to obtain a mortgage for you new home. Because this process is new, it's easy to go with the first lender or loan officer you meet. Instaed, take your time and shop around. Start by asking friends, co-workers and family members for recommendations. When you've identified two or three loan officers, ask for references. Remember, obtaining a pre-approval may offer more confidence and certainity to home sellers.

In addition to pricing (interest rate and closing costs), focus on customer service as well as other services and tools that a mortgage lender may be able to offer you. For example, in addition to offering the preapproval program, GMAC Mortgage offers a feature called "HomeCommand," which allows you to cap a mortgage rate for up to 126 days while you shop for your dream home, as well as a free hime-finder service that can give you a jump on other house hunters, alerting you to homes that hit the market that match your search criteria.

4. Don't Be Afraid To Ask Questions

Once you've found your new home, the mortgage lender will help you through the details of the loan process. From application to closing, your loan officer will work through the financing process with you, just as your real estate professional will in the home-buying process. Your mortgage loan officer can also be a valuable source of information, so be sure to take advantage of his or her expertise. Throughout the process, read all loan documents carefully and involve an attorney, if necessary.

5. Inspect It

Before you commit to purchasing a home, don't forget to hire a licensed home inspector to conduct a thorough assessment of the property. An inspector can alert you to any major problems with the home, and/or help you understand potential short-term and lon-term home maintenance issues.

Buying a home for the first time can seem like you're riding on a roller coaster. But by doing your homework, asking lots of questions and taking your time, you can stay in control and discover an overwhelming sense of accomplishment in buying your first home.

Updating Homes Can Be Easy, Inexpensive

Keeping A Home Safe For Years To Come

(NAPS) - Apparently, there really is no place like home. According to a recent AARP study, roughly 90 percent of Americans age 50 and older wish to stay in their current home and community as they age.

However, staying in your home may require updates or changes to ensure that it remains a safe and comfortable environment for years to come. Low lighting, stairs with no handrails, loose area rugs, entrances with many steps, and hard-to-grasp faucet handles and doorknobs are just a few features that make staying in your home more difficult as you grow old. Fortunately, homes can be updated, often in easy and inexpensive ways.

"We know people love their homes, and want to stay in their homes for as log as possible, which is why it's important to make simple changes to your home," says Elinor Ginzler, Director of Livable Communities at AARP. "There are easy and inexpensive ways to update your home to accommodate everyone and you don't have to be an expert. The earlier you start identifying and planning for improvements, the better your chance of enjoying your home for years to come."

The following tips can make your home safer and more comfortable:

• Install handrails on both sides of all steps (inside and out) and secure all carpets and area rugs with double-sided tape.

• Install easy-to-grasp shaped handles for all drawers and cabinet doors.

• Use brighter bulbs in all settings and install nightlights in all areas of night activity.

• Add reflective, noslip tape on all noncarpeted stairs.

• Install lever handles for all doors.

• Place a bench near entrances for setting down purchases and resting

• Install closet lights, as well as adjustable rods and shelves.

• Install rocker light switches; consider illuminated ones in select areas.

Local hardware stores carry many of the products to make these simple updates. For more extensive renovations, homeowners should consider hiring a contractor who is licensed, certified and bonded to do work in the particular location.

A Certified Aging in Place Specialist (CAPS) is a professional designation signaling that contractors have had specified additional training, but homeowners should ask for documentation that the contractor is licensed or certified and bonded.

To learn more or to get a copy of AARP's new publication, "Home Modification: Your Key To Comfort, Safety, and Independent Living" (also available in Spanish) visit www.aarp.org/home design or call (888) OUR-AARP and mention the publication number, D18524.

Targeting A Home's Hidden Allergens

(NAPS) Invisible objects can be hurtful, especially when it comes to the pollen, pet dander, ragweed and dust mites found in many homes.

Increasingly, health-minded homeowners are looking for vacuum cleaners that offer the healthier advantage of targeting hidden allergens. Here are some hints on what to look for.

• Superior cleaning. A vacuum should have superior cleaning power on all surfaces.

• HEPA filtration. In addition to superior suction power, the vacuum's HEPA filter should trap and seal in 100 percent of pollen, mold spores, ragweed and dust mites.

• Everyday convenience. Look for features that make it convenient. A fingertip power control means not continually reaching down to turn the vacuum on and off. A brush on/off switch offers greater flexibility to clean carpets as well as bare floors. A 35-foot power cord gives greater reach to clean larger areas more easily. Additionally, an extra-wide cleaning path and anti-clog hose can make cleaning faster.

Some vacuums include advanced features to give them an even healthier advantage. The BISSELL Healthy Home Vacuum is one vacuum that includes two proprietary technologies that help families create a healthier home.

To keep the vacuum cleaner and fresher, Microban anti-microbial product protection is built into key components of the Healthy Home Vacuum and fights the growth of odor-causing microbes such as bacteria, mold and mildew within the vacuum.

To help the 38 million Americans who are allergic to dust mite allergens, full-size samples of Acarosan dustmite powder and Acaarosan dust mite control spray come packed in with the vacuum.

For more information visit www.bissell.com.

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If I Could Have One Wish Come True . . .

Fifth-grade students in Quincy's public and parochial schools were invited again this year to submit articles for this special holiday issue of *The Quincy Sun*.

The theme is: "If I Could Have One Wish Come True This Holiday Season It Would Be . . ."

We enjoy sharing their young thoughts with you. Publishing these articles each year has become a holiday tradition that we look forward to and we are sure you do, too.

We want to thank Colleen Roberts, Director of Curriculum, for coordinating the public schools' participation and the principals and classroom teachers of those schools.

We also Ms. Catherine Cameron, principal of St. Mary's School; Sister Catheirne Lee, principal of St. Ann's School; and Michael Marcinkus, principal of Sacred Heart School.

To all who took part, we extend warmest holiday greetings.

Thank you all, most sincerely.

It would be to have world peace.
Natalie O'Donovan
Beechwood Knoll School

It would be to go to Maine College and then be drafted in the first round in hockey.
Brendan Cox
Beechwood Knoll School

It would be to fly in the air.
Dominic Pappas
Beechwood Knoll School

It would be to have a pet. The only roblem is that I go to Ireland each summer.
Ciara O'Connor
Beechwood Knoll School

It would be to make the world all gold. I'd like food, people and everything else to be gold.
Conor Fitzpatrick
Beechwood Knoll School

It would be to have all the technology in the world. I would make this century be different.
Shauna Fox
Beechwood Knoll School

It would be a lot of money. I'd spend it on video games and a better house.
Alan Liang
Beechwood Knoll School

It would be a new skateboard. (It) is old and beat up. It's still usable but it's hard to ride on.
Nick Frasso
Beechwood Knoll School

It would be for my family and met to go to New York for Christmas because I have never been there before.
Evelina Ceca
Beechwood Knoll School

It would be to be a millionaire.
Zachary Attardo
Beechwood Knoll School

It would be for my Dad's dog Otto to still be alive. I would like to see how happy my Dad would be to see his dog once again.
Matthew Schaaf
Lincoln Hancock

It would be to give every child something to eat and play with. The children who received these gifts would go home feeling loved and cared for.
Rachel Perry-Gore
Lincoln Hancock

It would be to have my cousin Allen and his family visit from Virginia.
Samantha Rizzi
Lincoln Hancock

It would be to go to Brazil with my family and visit all my relatives and friends.
Fernanda Mori
Lincoln Hancock

It would be to go to California to visit my uncle and maybe do a little gold mining. I am a amateur coin collector and I heard California is a good place to collect coins.
Benjamin Tran
Lincoln Hancock

It would be to help the homeless. Helping them would make my holiday better.
Allan Wong
Lincoln Hancock

It would be to have my cat Sogwa come back. I also have another cat named Rusty, and they were best friends.
Mark Pula
Lincoln Hancock

It would be that my family stays happy and healthy. I would give up all my gifts and toys to keep my family happy and healthy because I love them so much.
Cassidy Toldness
Lincoln Hancock

It would be to have my entire family come celebrate Christmas with me. It makes me so happy to have them all around.
Kelsey Palmer
Lincoln Hancock

It would be to help the homeless by giving them presents. I would also say a prayer for God to watch over them.
Ronald James Watts III
Lincoln Hancock

It would be to have a fun and exciting Christmas day. We will have fun games to play and lots of delicious food.
Matthew Russell
Merrymount School

It would be to make sure my family is happy.
Andrew Currie
Merrymount School

It would be to have world peace. Many people are dying because of hte war.
Patrick Donovan
Merrymount School

It would be to have my nana back.
Madison Kirby
Merrymount School

It would be to make sure every person in the world got presents and food on Christmas.
Donimique Lucier
Merrymount School

It would be that all the troops in Iraq would come home for Christmas.
Padraig Geaney
Merrymount School

It would be to end world hunger. I think people should donate more food.
James Guerin
Merrymount School

It would be to get invited to my cousin's sweet 16 birthday party. It's supposed to be the best party ever. I would want to be one of the girls in the limosine.
Ashmore Appolon
Merrymount School

It would be to have world peace.
Kelsey Tucker
Merrymount School

It would be that I would be a pro hockey player. I'm really into hockey, it's a competitive sport.
Robert Cameron
Merrymount School

It would be to have four million dollars and world peace. I would give some money to charities for homeless people.
Bill Chahl
Parker School

It would be to end violence and stop people from smoking.
Austin Chow
Parker School

It would be to give gifts to my brother, my mom and my dad.
Gregory Clarke
Parker School

It would be that all homeless people had a nice warm home, a good job and plenty of food.
Lauren Coleman
Parker School

It would be for happiness and joy to everyone on Earth. Everyone should be happy on Christmas for it is a holiday for peace and family.
Celeste Dang
Parker School

It would be that my family and I would do a lot of fun things during the winter season.
Henry Fong
Parker School

It would be that all the kids who have cancer get cured and have a great Christmas.
Yvonne Fong
Parker School

HAPPY HOLIDAYS

The Quincy Business Association
1416 Hancock St., Quincy

Merry Christmas and Best Wishes Always

Norfolk County Commissioner John and Vi Gillis

Season's Greetings and a Healthy New Year from our home to yours.

Councillor at Large Mike McFarland and Family
TARA, RYAN, MIKE, MARTY, and ERIN

Seasons Greetings

from
Senator and Mrs. Michael Morrissey and Family

Happy Holidays from
Quincy School Committee Member
Linda Stice and Family

If I Could Have One Wish Come True . . .

(Cont'd From Page 20)

It would be to put an end to the war going on in Iraq. I want to stop it so that the soldiers could come and celebrate a wonderful Christmas with their families.

Sanjana Hill
Parker School

It would be to meet John Cena. I would like for him to teach me his finishing move, and get his autograph.

Matt Lenane
Parker School

It would be to get a hamster. I would like to spend happy days with this hamster.

Jennifer Liang
Parker School

It would be for one million more wishes. Helping the world, country, children, I could do it all.

Visal Min
Squantum School

It would be that everyone is with their families for the holidays, because I am NEVER at home. This year is going to be different.

Ivy Pham
Squantum School

It would be everyone would be satisfied with their lives, poverty would end, and there would be world peace.

Roger He
Squantum School

It would be to be able to breathe under water. I would be magnificent on the swim team and it would improve my underwater rugby skills.

Katie Burke
Squantum School

It would be to get a Gamecube.

Patrick Oldham
Squantum School

It would be that no one was poor.

Lily Keener
Squantum School

It would be a Vipor 30 because then my parents don't need to get it for me. a Vipor 30 is a lot of money and it is a hockey stick.

Bryan Ayers
Squantum School

It would be for everyone to have a family, to have shelter and food.

Emily Mottoro
Squantum School

It would be a solo in front of thousands of people. Singing is one of my favorite hobbies.

Danielle Diamond
Squantum School

It would be that everyone had shelter and food.

Nikki Moutsapoulos
Squantum School

It would be that my parents win the Mega Bucks and get 125 million dollars, that would be awesome.

Catherine Sullivan
St. Ann School

It would be to have peace in the world... our troops would be able to come home and spend time with their families.

Alexandra Coscia
St. Ann School

It would be that I could get smarter and more hard working, so that one day I will get a good job.

Alan Lee
St. Ann School

It would be winning $50 trillion. I would build 50 buildings in every country for the homeless.

Timothy Lo
St. Ann School

It would be that I want to stop the civil war so that the men and women fighting can be home with their friends and family.

Rachael Tahaney
St. Ann School

It would be to never have to worry. You worry about everything, how you look, and everyone wonders, "do these pants make me look fat?" Everyone worries. I would just like to get rid of it.

Lanna Cohen
St. Ann School

It would be to be Santa for one night. To feel the rush of making all the toys.

Katie Porter
St. Ann School

It would be (to) end world hunger... because a lot of people don't even get food once a day, and I eat breakfast, lunch and dinner.

Mike O'Donnell
St. Ann School

It would be for everybody who is not with their family to be with them.

Steven Gilbert
St. Ann School

It would be world peace. I have wished for world peace since I was seven. No more war in Iraq, no more nuclear weapons.

Bryan McCormack
St. Ann School

It would be to see my nanna and uncle again.

Maurissa Echardt
Atherton Hough School

It would be that Santa could come down the chimnies and bring presents to all.

McKayla Johnston
Atherton Hough School

It would be my grandfather would come home from California.

Rhiannon O'Handley
Atherton Hough School

It would be visiting my uncle Richard. He lives in Florida.

Tommy White
Atherton Hough School

It would be to build the biggest snowman in the world. I would want it to be 50 feet tall.

Jessica Dunn
Atherton Hough School

It would be to meet my grandfather. My mom told me about him, he was a nice guy.

George Lima
Atherton Hough School

It would be that I could meet my grandfather. He was an airforce officer and he was asked to play for the Boston Braves.

Mitchell McGowan
Atherton Hough School

It would be that everyone has food and joy.

Maggie Sergeff
Atherton Hough School

It would be for my Nanny and Papa to come home safely from Florida.

Kayla Mann
Atherton Hough School

It would be to get $1 million and get video games. I would also get anything for my family and friends.

Samuel Nguyen
Atherton Hough School

It would be a cure for cancer. Lots of people's loved ones have passed away from cancer.

Molly Brown
Bernazzani School

It would be that every man and woman in war will come home for Christmas, (and) people donate important suplies for people in New Orleans who suffered from the hurricane.

Caitlin Bankowski
Bernazzani School

It would be to enjoy the times with my family. I would like that because we're always out!

Connor McGonagle
Bernazzani School

It would be that everyone would donate to the war or the poor.

Kelly Dooling
Bernazzani School

It would be to see my cousin, baby Julile Barnes, Madison, Dougles and their parents who live out in Virginia.

Jenna Tobin
Bernazzani School

It would be that I could go to Florida to see my god father. I really miss him.

Adam Cook
Bernazzani School

It would be that my dad will be home for Christmas. I would also like it if my dad would never have to go to Iraq again.

Taylor-Ann Greenwood
Bernazzani School

It would be to meet my cousin in Cape Verde. I hope my aunt feels better from her flu.

Vanessa Martins
Bernazzani School

It would be for everyone to have a nice, joyful and safe holiday season.

Ryan Hatfield
Bernazzani School

It would be that everyone in the world is happy for either Christmas, Hannukah or Kwanza.

Caroline McBride
Bernazzani School

It would be for world peace. I would also donate toys, clothes and food, and I would get Santa to go to every foster home and give children books.

Kassandra Ortega
Snug Harbor

(Cont'd On Page 22)

As We Celebrate The Peace And Joy Of This Holiday Season We Extend Our Best Wishes For A Happy And Healthy New Year.

Mayor William and Tracey Phelan

and children Rachel, Brianne,

Kerry and William Arthur

If I Could Have One Wish Come True . . .

(Cont'd From Page 21)

It would be to be the smartest person ever. I would wish for this because then I could get a good job and be successful.
Joanne Ruan
Snug Harbor

It would be to have a genie in a bottle. I would wish for this because then I could have all my wishes granted.
Phyliss St-Hubert
Snug Harbor

It would be for all the people in the world to have enough food, clothes and shelter this winter.
Joseph Viera
Snug Harbor

It would be for the world to be better. There are so many things the world does not need like fights, tornadoes, hurricanes and tsunamis.
Gordon Wu
Snug Harbor

It would be for world peace and fewer wars. Love would, could and should be shared on Christmas.
Nicholas Beon
Snug Harbor

It would be for a robot that could do my homework, chores and even go to school for me.
Vanessa Anjurthe
Snug Harbor

It would be to have the PlayStation 2 game called "Thrillville".
Christopher Bock
Snug Harbor

It would be to be the richest kid in the world. I would put all my money in the bank and buy a mansion.
Dat Lee
Snug Harbor

It would be for world peace and that we could get out of Iraq.
Nicholas Leone
Snug Harbor

It would be no more wars, because I want all the troops to come home.
Connor Dane
St. Mary School

It would be that there would be no wars, no stealing and that all the poor people would have a home.
Paola Torres
St. Mary School

It would be that poor broken-up families would be put back together, with what they need to stay alive.
Bridget Block
St. Mary School

It would be that all the poor people sick in the world will have medication and be vaccinated.
Abby Akoury
St. Mary School

It would be that everyone in the world would be able to have one wish come true to help themselves in whatever way they need to.
Julia Goyette
St. Mary School

It would be that everyone that doesn't have a home could have a home for the holidays.
Angela Hyslip
St. Mary School

It would be that the orphans could have a regular life like a regular kid.
Alexandra Long
St. Mary School

It would be that everyone would have an awesome Christmas.
Elizabeth Foley
St. Mary School

It would be peace, love and happiness.
Angelica Greenidge
St. Mary School

It would be for all the poor families may have a white Cristmas.
Denzel Dejean
St. Mary School

It would be that all American troops can come home to their families for a great Christmas
Chiweze Ihunwo
St. Mary School

It would be to have as many wishes as I want. I could drive, have a billion dollars, (and) have super powers.
Anthony Duong
Beechwood Knoll School

It would be for me to hae a puppy because I love dogs. I already hae one, but sometimes I think he needs a brother.
Rachel Coulure
Beechwood Knoll School

It would be for a Chihuahua. They stay small and are adorable. They do not shed that much, so they are probably hypoallergenic.
Rebecca Hennessy
Beechwood Knoll School

It could be to have one billion more wishes.
Matthew Donovan
Beechwood Knoll School

It would be to have as many wishes as I want. To end world hunger, to help doctors find cures, (and) give a couple billion dollars to my family.
Nick Burt
Beechwood Knoll

It would be a bloodhound. Sadly, my landlord will not let me have a pet.
Jeb Aufiero
Beechwood Knoll School

It would be for my mom to have the year off. That way I can spend time with her.
Brendan Halpin
Beechwood Knoll School

It would be to have free Playstation II games. They are very expensive!
Stephen Melchin
Beechwood Knoll School

It would be to have lots of red envelopes on Chinese New Year. There is money inside them. I like fiscal matters.
Yi Fung
Beechwood Knoll School

It would be to get a toy poodle, so I hae someone to play with when I come home from school.
Sabrina Lofstedt
Beechwood Knoll School

It would be for the war in Iraq to stop.
Frankly Pani
Lincoln Hancock

It would be to have a lovely time at my grandmother's house with all my family around the tree opening presents and listening to Christmas music.
Melissa Coutts
Lincoln Hancock

It would be a new pair of Nike sneakers that are black, red and white in a size four and a half.
Austin Nickerson
Lincoln Hancock

It would be two Yorkie Terrier puppies.
Carina Trinh
Lincoln Hancock

It would be to stop world starvation.
Kevin Boyle
Lincoln Hancock

It would be for world peace and no war.
Kenny Mayes
Lincoln Hancock

It would be for everybody to have a mini motorcycle in their home or apartment.
Moe' Vila Soares
Lincoln Hancock

It would be for my sister and I to get scholarships for college because I want us both to get a good education.
Caitlin Gray
Lincoln Hancock

It would be for world peace.
Jerry Verrill Jr.
Lincoln Hancock

It would be that God watches over everyone.
Alex Alexamare
Lincoln Hancock

It would be for people to give clothes to people that can't afford them.
Jessica McDonald
Merrymount School

It would be that all the soldiers would come home to e with their families.
Thomas Hannigan
Merrymount School

It would be to get a red nintendo D.S. I can chat to my brother and I can even draw on it.
Jennifer Harrison
Merrymount School

It would be for everybody to have a place to stay on Christmas Eve and Christmas Day.
Olivia Norton
Merrymount School

It would be that everyone will have a happy Christmas and everyone will have presents.
Joe Chen
Merrymount School

It would be to have all my friends to go my brithday party on Dec. 28.
Diana McCarthy
Merrymount School

It would be that there was a cure for every disease.
Nicholas Norton
Merrymount School

It would be that Christmas lasted forever. Christmas brings joy to people.
Robert Camillo
Merrymount School

It would be a PlayStation 3. It is very popular. The graphics are so good it looks like a real picture.
Jacob Dixon
Merrymount School

It would be for my dog to get better because he is sick and I love him.
Lauren McLaughlin
Merrymount School

It would be to get a computer. A computer is fun and I could talk with my friends and search the internet.
Henry Lin
Parker School

It would be to go back and visit Vietnam. I miss my aunts, uncles and cousins and would like to see them.
Andy Nguyen
Parker School

It would be to go back and visit Vietnam and spend time with my family and my grandmother.
Thanh Nguyen
Parker School

(Cont'd On Page 23)

May the love and light
of Christmas
Illuminate all your days,
and throughout the New Year
May God's peace be
in your heart.

Merry Christmas!

from

Mr. & Mrs. Thomas Koch and Family

Wishing You A Merry Christmas And A Blessed Holiday Season

City Councillor at-Large
Joe Finn and Family

If I Could Have One Wish Come True . . .

(Cont'd From Page 22)

It would be someway, somehow that everyone on Earth would have the happiest Christmas of their lives. The best thing, there would be no school!

Thanh Pham
Parker School

It would be to stop wars. If they stopped, everyone would be happy.

Melinda Tran
Parker School

It would be to have real sportsmanship. Of course, this is not something I can wrap and put under the tree, but I want it anyway.

Sarah Tran
Parker School

It would be that everyone have a good and happy future. If everyone had their dream job and house, that would be terrific.

Jenny Wong
Parker School

It would be to get better grades and to be able to crack the codes of those harder subjects.

Ivy Zhu
Parker School

It would be to go to Hong Kong and visit my friends.

Kawo Fong
Parker School

It would be that everyone in my family got what they wanted for Christmas.

Andrew Richardson
Parker School

It would be for a hockey rink in my backyard.

Erin McDonough
Squantum School

It would be a scholarship and winning te lottery. I always see my mother working hard on her job.

Karen Ly
Squantum School

It would be that I can't be cold when I'm sledding.

Benjamin Martin
Squantum School

It would be that I can spend the whole time with my family. I don't want any toys or games, all I want is to be with my mom and dad. What would toys or games mean to me if I had nobody ot share them with?

Daniel Cunningham
Squantum School

It would be to have a Golden Retriever puppy dog. It worked on my dad, but my mom is allergic.

Aidan O'Connell
Squantum School

It would be a dog. I used to have a dog that lives at my grandfather's house, but my grandfather goes aaway.

David Capone
Squantum School

It would be to go to Chinatown. I would take my Christmas gift card and buy books about Christmas trees. I also wish that it would snow.

Bao Yi Huang
Squantum School

It would be to go back to China with my parents and sister. I would be very excited to see my grandmother and grandfather and my friends.

Jia Ying Chen
Squantum School

It would be APSP. The games are fun to play and you can text message.

Stephen Jones
Squantum School

It would be Abby my dog. I love my dog Abby because she is smart.

Amber Lyne Hiller
Squantum School

It would be to have no more wars in Iraq. Many of the troops have families.

Dan Guarente
St. Ann School

It would be no more wars in the world. No more Americans would be killed or injured.

Ryan Maver
St. Ann School

It would be to end the war. Everybody would be friendly to each other.

Marlena F.
St. Ann School

It would be kindness throughout the world. There would be less war, and no more bullies. If the world's children began to act kinder, when they grow up they will have taught their children to be kind, just like them.

Meghan Sea
St. Ann School

It would be to spend Christmas with my cousins. I hardly see them, and I always have a great time playing with them.

Matthew Maki
St. Ann School

It would be that all the homeless people would have a warm place to sleep and plenty to eat. I wish that all people would donate their time to work in a homeless shelter.

Johnny Mulcahy
St. Ann School

It would be to visit Santa Claus and the elves because it would be great and magical to see them. It would be nice to see Mrs Clas, I would like to try the cookies that (she) or the elves make.

Taylor Stewart
St. Ann School

It would be to get an i-Pod. I want an i-Pod because it's small so you can travel with it.

Katelyn Hegarty
St. Ann School

It would be $1 billion, because I could buy a lot of toys and goodies. I would give $1,000 to my friends and family. My cat would definately get a lot more cat toys.

Julie Connell
St. Ann School

It would be that all the little kids who have parents in Iraq or any othe war, that they would come home for Christmas.

Katherine Beane
St. Ann School

It would be to have my very own mansion. I would like everything in it, like a big pool and a big flat screen television.

Brianna Fernandez
Snug Harbor

It would be to be rich and have my own jet, iPod and laptop.

Li Ping He
Snug Harbor

It would be to just be surrounded by my entire family. I want my family to be around me and happy because family means everything to me.

Brandi Isaacs
Snug Harbor

It would be world peace. I would like it if there were no wars and I want everything to be fair.

Gloria Tan
Snug Harbor

It would be to get a PlayStation 3. I want a PS3 because I could play it with my friends.

Phu Tang
Snug Harbor

It would be to be rich forever because I would never have to annoy my mother or ask her for everything.

Denysha Franco
Snug Harbor

It would be for a laptop. I would use the laptop to do my homework and help my grandfather find things.

David J. Hajjar
Snug Harbor

It would be for a cell phone. I could use it to get a hold of anyone at anytime.

C'yanna Manning
Snug Harbor

(Cont'd On Page 24)

Merry Christmas & Happy New Year

From The Tobins To You

Season's Greetings To All of You from Your Friends at

HTA Hancock T.V. & Appliance

115 Franklin St., Quincy
617-472-1710

Happy Holidays and Best Wishes for the New Year!

Norfolk County Sheriff
Michael Bellotti and Family

Happy Holidays from Lydon Funeral Chapel and our extended Christmas family

Michelle Lydon, Owner/Director • Charles Phelan, Professional Assistant
644 Hancock St., Wollaston 1-617-472-7423

If I Could Have One Wish Come True . . .

(Cont'd From Page 23)

It would be for an iPod or a Nano. I could download music and upload data onto it.
Horace Hamilton
Snug Harbor

It would be an iPod. I could listen to music, play games and bring it anywhere.
Nancy Liu
Snug Harbor

It would be something that Santa can't wrap up and put under a tree. For people to have good meals (and) a great place to spend their holidays.
Kayla McArdle
Atherton Hough School

It would be for Smack Down Vs. Raw 2007. This video game is fun and cool, and if you like wrestling you should get it.
Joey Levasseur
Atherton Hough School

It would be to see my old dog Dusty. It's a big wish but it's the only thing I want. I had to give Dusty away when I moved, to a person in Maine. I never got to say goodbye.
Danny Dunn
Atherton Hough School

It would be to see my friends that I never see because I miss them a lot.
Taylor Timcol
Atherton Hough School

It would be my family's safety, just in case they need it.
Colin McNelley
Atherton Hough School

It would be for my cat to live through this operation, she has worms.
Devin McNamara
Atherton Hough School

It would be for a chocolate phone. Not an actual chocolate phone, I mean a phone with an MP3 player in it. I really want a black one.
Alexis Lenardis
Atherton Hough School

It would be to see both sides of my family at the same time.
Robert Munroe
Atherton Hough School

It would be for a laptop, because I could contact my friends on Aim. I also want my own websites. I'm not kidding, I really want it.
Elena McDonough
Atherton Hough School

It would be to find a cure to people's allergies. I especially want a dog, but my parents are allergic.
Tommy Wahlberg
Atherton Hough School

It would be a lot of people to give to the poor. They don't have as much as we do.
Brian Sullivan
Bernazzani School

It would be that everyone in the world could have a fun, peaceful and happy holiday season.
Lauren Thorne
Bernazzani School

It would be to have somebody to celebrate the holidays with for the homebound, because everybody deserves a holiday with your family, especially those less fortunate.
Anthony Gustin
Bernazzani School

It would be to have my whole entire family be able to see each other soon, (and that) my cousin gets better.
Savannah Morrissey
Bernazzani School

It would be to have Christmas with my cousins and aunt and uncle and whole family.
Harry Verenie
Bernazzani School

It would be for no one to be sick, it is not fun.
Olivia Wallace
Bernazzani School

It would be everyone in my family would come from Vietnam to Boston to have a happy time for Christmas.
Lisa Chau
Bernazzani School

It would be that all weapons would be destroyed. If this happened there might be no war.
Chris Poles
Bernazzani School

It would be for everyone to have a nice dinner and a coat to stay warm.
Gabrielle Zorkers
Bernazzani School

It would be for my grandma to have a wonderful life in her new in-law apartment.
Stephanie DiPietro
Bernazzani School

It would be for God to give all the homeless people food and a home to live in.
Jaysa Cooper
Lincoln Hancock

It would be for kids not to go to bed hungry.
Alycia Spargo
Lincoln Hancock

It would be a Scottish terrier because they are so playful. They love to run and they're not that big.
Amy Chen
Lincoln Hancock

It would be for one million more wishes.
Radha Shukla
Lincoln Hancock

It would be that my mom and dad will buy me a puppy.
Tatiana Rivera
Lincoln Hancock

It would be for a new dog and I would name him King.
Michael Downey
Lincoln Hancock

It would be to own a fairy that granted my every wish. That way I can wish other things for my family, the world and myself.
Martha Pham
Lincoln Hancock

It would be for everyone to get presents and have a Merry Christmas.
Taylor Parry
Lincoln Hancock

It would be that everyone has a great Christmas.
Kacey Alden
Lincoln Hancock

It would be that my mom and dad would buy me another American Girl doll. It is very expensive. $87.
Jamie Bergin
Merrymount School

It would be to get a smart robot. I could tell hte robot to buy food or presents for all the poor people who need to eat.
Jimmy Sy
Merrymount School

It would be to make sure that everyone was home with their families for Christmas.
Kenny Sorensen
Merrymount School

It would be for a Jewish Star necklace. I am reading a book called *Number the Stars.* I am half jewish. This is a necklace that I would wear with pride.
Sarah Burak
Merrymount School

It would be for Christmas to happen every day. I would love it if it would snow every day too.
Lynn Leger
Merrymount School

It would be to be with my family and have a great Christmas.
Thomas Basey
Merrymount School

It would be to stop global warming. Marine life fish are my favorite animals.
Adrian Eskholme
Merrymount School

It would be for everybody I know to be healthy. Being sick on Christmas Day could mean that you have to stay in bed and not have fun with your family.
Colin Jones
Merrymount School

It would be to have world peace.
Bethany Walker
Merrymount School

It would be to cure all people with all diseases.
Julie Bloomer
Merrymount School

It would be to end world hunger because a lot of people die because they have no food.
Benjamin Gardner
Parker School

It would be to be strong because I can bearly pick up my pug.
Andrew Caporale
Parker School

(Cont'd On Page 25)

Merry Christmas
from all the staff at
AGNITTI
INSURANCE
21 FRANKLIN ST., QUINCY
(617) 770-0123

DAVIS
WARD 4
Wishing you Happiness this Holiday Season

James, Kevin, Domenica, Maria and Matthew
From Our Family to Yours
We Wish You All the Blessings
of This Most Special Holiday Season
Councillor Kevin F. Coughlin & Family

The friendship of those we serve is the foundation of our progress -
"Our Thanks to You and Best Wishes for the New Year."
DENNIS SWEENEY FUNERAL HOME
Quincy's First for Three Generations
Dennis S. Sweeney Joseph M. Reardon
Funeral Directors
74 Elm Street • 617-773-2728

If I Could Have One Wish Come True . . .

(Cont'd From Page 24)

It would be to receive an acceptance letter to The Woodward Middle School. The first reason is because my cousin went there and secondly because it would give me a challenge.
Meghan MacDonald
Parker School

It would be that everyone could have homes and money to buy food.
Robby Dyer
Parker School

It would be that Hannah Montana could come to our school. I want to be her best friend and also our school could be on TV.
Diana Che
Parker School

It would be to be a pro skater. I want to be a pro skater because it is my favorite hobby.
Antoine Allen
Parker School

It would be for my family and friends to be happy forever.
Mandy Fan
Parker School

It would be nothing, because there are things I want, but nothing I need. A perfect family is all I want and need, but I already have that.
Amina Li
Parker School

It would be a brand new Nintendo DS.
Vincent Wong
Parker School

It would be a lot of money. One reason is so I can give some money to the poor.
Olivia Leung
Parker School

It would be for my family to be together.
Kristen Bragel
Squantum School

It would be my dad. I miss my dad because we had fun together. I wish I could open Christmas presents with him.
Shawn Roche
Squantum School

It would be for world peace.
Chris Bentley
Squantum School

It would be to see David Ortiz from the Boston Red Sox. He is my favorite player and I like watching him play.
Joseph Hutchins
Squantum School

It would be for three more wishes because one wish just isn't enough.
Angela Kou
Squantum School

It would be for a sister, because wen I do my homework my brother bugs me. It would be nice for my brother to play with her instead of bothering me. I want a sister who is sweet and kind.
Patrick Freeman
Squantum School

It would be that everyone would have food, clothing and shelter.
Tommy Largey
Squantum School

It would be for world peace.
Victor Roman
Squantum School

It would be for a pet dog. I always wanted one.
Kamila Klincewice
Squantum School

It would be for my uncle Paul and my uncle Jimmy to come and live in Quincy.
Ranee Gillespie
Squantum School

It would be to be able to catch Santa Claus when he comes to give us our presents. I've always wondered if Santa was real.
Ryan Vu
St. Ann School

It would be to have Christmas restart itself every day, so that when you wake up it's Christmas. You would not remember what happened so it would still be a surprise. We won't get older.
A.J. Mahoney
St. Ann School

It would be that there was such thing as magic. Magic adds a bright spark into your life, something unusual, something different.
Rebecca Liu
St. Ann School

It would be that we could live in a mansion. To have a pool in our backyard and a pool inside the mansion so I could swim in the winter.
Jessica Muscato
St. Ann School

It would be a gift that I can play with, but not bring to school to play with. It can be a Wii, an Xbox 360 or games to a game boy.
Ivy Liang
St. Ann School

It would be for no one to be alone. The holidays can be very lonely for many people.
Caroline Shea
St. Ann School

It would be that I would be smarter for some reasons. One reason is that I will get the presents I want from my parents, (and) that my parents will be proud of me.
Kevin Zhao
St. Ann School

It would be to make world hunger end. I would buy a factory that makes food. The food would go to homeless shelters and make poor and homeless people full.
Nicky Nguyen
St. Ann School

It would be for all the soldiers in Iraq to stop fighting and be home safe. My uncle is a marine and I don't want him sent there again.
A.J. Shaughnesy
St. Ann School

It would be going to the North Pole and meeting Santa because he makes every little kid's dream of having a present come true.
Hanaa Ouannass
St. Ann School

It would be to wish my (family) a merry Christmas. Merry Christmas you guys!
Jimmy Brennick
Atherton Hough School

It would be a Razor (phone) and a laptop. My cellphone from Verizon doesn't really work well, and I want one for Christmas!
Kyra Hockey
Atherton Hough School

It would be that Africa has fair trade routes, won't have unpayable debts, gets rid of AIDS, and gets rid of extreme poverty.
Liam Batson
Atherton Hough School

It would be a Playstation 3. The graphics are supposedly unbelievable.
Bobby Harding
Atherton Hough School

It would be that less fortunate children are able to get a present.
Matthew Baldwin
Atherton Hough School

It would be that my family and I could go to Florida to see my dad's aunt.
Lindsey Shalen
Atherton Hough School

It would be to have fun with my family.
Jasmin Eltavry
Atherton Hough School

It would be if my (family) would come down from Ireland and New York to celebrate with us.
Shauna Canaven
Atherton Hough School

It would be to go to Utah to go snowboarding. My second cousin recently moved there, so then we could see them.
Madeline Kamb
Atherton Hough School

It would be that everyone in my family would be together.
Chaislyn Burgio
Atherton Hough School

It would be to make sure that all people with cancer have the best Christmas of their whole entire life.
Jane Minton
Beechwood Knoll School

It would be to have a puppy. I have only had a few fish for pets before, and those were very boring.
Carolyn Schwartz
Beechwood Knoll School

It would be to have a polar bear. They are wonderful to watch no matter what they do for a living.
Natasha Sautter
Beechwood Knoll School

It would be an Xbox 360.
Trevor Carey
Beechwood Knoll School

It would be to never end my friendship with my best friend Koree. Koree and I have been friends for almost a year and a half. We never fight.
Kelli Paschal
Beechwood Knoll School

It would be to have eight Nintendo D.S. games.
Ryan McGonagle
Beechwood Knoll School

It would be to have $1 million in my basement and attic every day. I'd like it in one bill so that it does not scatter everywhere.
Jenna Arsenault
Beechwood Knoll School

It would be for my family to win the Megabucks so we could stop working.
John Ross McEvilly
Beechwood Knoll School

(Cont'd On Page 26)

Warmest Wishes to you and your family for a great holiday season.

Bruce and Maureen Ayers
State Representative

Best Wishes For A Merry Christmas And A Safe Holiday Season

City Council President
and Ward 5 Councillor
Doug Gutro and Family
Doug, Susan, Brian and Scott

From our Family to You and Yours Merry Christmas and Happy New Year

The McDermott Family

Norfolk County Register of Probate
Patrick McDermott
Attorney
Tracy Wilson
Alana and Adam

If I Could Have One Wish Come True . . .

(Cont'd From Page 25)

It would be for the troops in Iraq to come back.
Nelan Greene
Beechwood Knoll School

It would be to have more computer games. I can play online with my cousins.
Vincent Fran
Beechwood Knoll School

It would be homes for orphans and shelters for lost pets.
Linda Zhou
Bernazzani School

It would be that my uncle could come home for Christmas. His mom really misses him.
Joey Critelli
Bernazzani School

It would be to get my family back together. A lot are in different states and it would be great to see them again.
David Summering
Bernazzani School

It would be for all wars to end so all those soldiers come home to their families.
Colleen Andrews
Bernazzani School

It would be for the poor to have their holiday wish, no matter how expensive.
Kristyn Pieper
Bernazzani School

It would be that my baby cousin is alright. He had a heart problem when he was born.
Mairead O'Brien
Bernazzani School

It would be to have a Morrissey family reunion.
Chrissy Morrissey
Bernazzani School

It would be for every dog to have a warm home, a nice owner, a special Christmas meal and a big juicy bone.
Erin Fin
Bernazzani School

It would be that everybody has a coat to keep them warm.
Christopher Smith
Bernazzani School

It would be for my baby brother Tommy to get well. He's been sick for one week.
Tru Dinh
Bernazzani School

It would be to be famous. I would like to be famous so I could do more things that I like, such as dancing or something else.
Kailee O'Connor
Snug Harbor

It would be that poor people would not be poor. I want them to have food, care and a house. Even if that would never happen, I would remember that wish for life.
Alex Samsel
Snug Harbor

It would be to go to Ireland. Ireland is the coolest place you can go.
Romello Williams
Snug Harbor

It would be that there would be no more war. I want this wish because everyone will be with his or her family.
Krystina Stoker
Snug Harbor

It would be for more people to care about the less fortunate because they need more things than we do.
Sarina Abbott
Snug Harbor

It would be to be incredibly rich. I would wish for $100,000,000. However, I will not get a butler. I will not get lazy. I could promise that.
Crystal Labbe
Snug Harbor

It would be for a lifetime supply of pizza. I wish that because no one will ever be hungry again. Warning: If you eat too much pizza, you may get sick.
Andrew Bell
Snug Harbor

It would be to know my family is safe. When I am in school, I know they will be safe. Then I can be happy forever, especially my mom. She doesn't get enough sleep. That is why I wish this wish.
Hang I Lam
Snug Harbor

It would be for a wrestling ring so I could jump off the turnbuckle. I could practice in it so I could join the WWE. This would be the best gift ever.
Daniel Fooks
Snug Harbor

It would be that my uncle Joe will be well enough to come home from Ireland to spend Christmas with his brother, my dad.
Sinead McGrath
St. Ann School

It would be that my papa will be all better and feel great. I love him and want hiim to be really healthy and feel like a new person.
Kayla Odegaard
St. Ann School

It would be for all the people fighting in the war to come home to their loved ones. Also I hear about innocent people getting hurt, I want the whole wart to stap and we could be friends.
Renee Patten
St. Ann School

It would be that all the poor kids and families would have money so that they can live regular lives. I think it would be nice for the kids to go to school.
Anthony Conte
St. Ann School

It would be for all hte poor and homeless people to have shelter and food on Christmas.
Kerry Hanlon
St. Ann School

It would be for my aunt and uncle to have a safe flight out to Boston from Ireland.
James O'Shea
St. Ann School

It would be to go on a magnificent vacation to Florida. I would visit spectacular places and see things.
Ana Gallotto
St. Ann School

It would be to go see all the children at St. Jude's Hospital and bring them presents. Treatment may be expensive. Some of them might not have a lot of money because of this, and can't afford presents.
Antonnia Keller
St. Ann School

It would be to spend Christmas with my relatives from Illinois. I miss them very, very much.
Erin Koehler
St. Ann School

It would be for all the poor people on the streets to have a roof over their heads this cold winter.
Haley Huang
St. Ann School

It would be to meet Santa and all his little elves, especially Rudolph. It would be fun to go on Santa's sleigh and give out the presents.
Kayla Paschal
Beechwood Knoll School

It would be to have a shelter for homeless animals. There would be no animals in the streets freezing cold, hungry and ill.
Marie McDonald
Beechwood Knoll School

It would be to be rich so I could donate money to the poor.
Koue Hudgine
Beechwood Knoll School

It would be to have time with my family, having fun.
Jack Fischer
Beechwood Knoll School

It would be to have four master bedrooms, two movie theaters with every single movie

(Cont'd On Page 27)

Happy Holidays
Christine
Cedrone Logan, Esq.

We Wish You a
Merry Christmas
and
GREAT JOY THIS
HOLIDAY SEASON
SCHOOL COMMITTEEMAN
JIM TIMMINS and FAMILY

Merry Christmas
& Happy Holidays
Thank you to all our customers for your continued patronage.
See you in 2007!
from
ABIGAIL'S CROSSING
1360 Hancock St., Quincy
617-472-5667

In the spirit of this joyous season, may your hearts be filled with peace and love... brotherhood and faith.
Ron Mariano
State Representative

ALL OF US
AT
BEECHWOOD ON THE BAY
JOIN IN WISHING YOU A HOLIDAY SEASON WITH FAMILY AND FRIENDS

Happy Holidays
from
Rogers Jewelry
1402 Hancock St., Quincy
(Bank of America Building)
617-773-3636 • rogersjewelry.com

Wishing you and yours the happiest of Holidays!
Anne MAHONEY
SCHOOL*COMMITTEE

Merry Christmas and Best Wishes for the New Year.
Ward 1 Councillor
Leo Kelly

Wishing you all the joys of the season!
Quincy College
34 Coddington Street
Quincy, MA 02169
617-984-1650
www.quincycollege.edu

If I Could Have One Wish Come True . . .

(Cont'd From Page 26)

ever made, (and) a really big pool with a jacuzzi that is 107 degrees.

Mia Bunker
Beechwood Knoll School

It would be to get a whole lot of money so I can buy a bunch of presents for people.

Colin Jones
Beechwood Knoll School

It would be a pet mongoose named Rick-Ticki. I would be stunned. They're so cute and they're real good jumpers.

Joshua Westbrook
Beechwood Knoll School

It would be to make sure my family is o.k. and my English is good enough to use.

Qui Yang Wong
Beechwood Knoll School

It would be for my mom's first cousin to get better. Right now she is in the hospital.

Eve Zheku
Beechwood Knoll School

It would be world peace, less people would die in Iraq and Africa.

Michael Coffey
Beechwood Knoll School

It would be a robot called Robosopien. It looks like a person and is 20 inches tall and it can dance and talk.

Elio Daci
Lincoln Hancock

It would be for a Muichez Bratz. If I don't get it, I will keep wishing and wishing for it.

Ashley O'Brien
Lincoln Hancock

It would be for my family to have a great Christmas opening presents and having fun.

Eveeliz Rivas
Lincoln Hancock

It would be to get a game called "Designers World". I want it so badly because I want to be a fashion designer one day.

Lilyana Romero
Lincoln Hancock

It would be that there was no violence in the world because kids need good role models and be inspired by people who make good choices.

Rafael Santana
Lincoln Hancock

It would be to travel to Paris and take pictures and buy a holiday gift for my mother.

Emily Sato
Lincoln Hancock

It would be for the weather to get real cold so my dad could put up our skating rink. I would like to be able to go skating with my cousins and play hockey.

Tayla Tervakoski
Lincoln Hancock

It would be to have my whole family, even Jessica who is in California and Jasmine who is in Arizona, to celebrate Christmas at my grandma's house.

Cynthia Chi
Lincoln Hancock

It would be for a Playstation 3.

Alex Roberts
Lincoln Hancock

It would be for golden retriever puppy. It would make me so happy if I got one this year.

Enxhi Trebicka
Lincoln Hancock

It would be to get a Nintendo D.S. I get bored at my house on rainy days.

Aidan McMorrow
Merrymount School

It would be to spend more time with my family. I think some people should take some time off and spend time (together).

Matthew Davis
Merrymount School

It would be to find a cure for cancer, (and) to make chemotherapy less painful.

Lindsay Schrier
Merrymount School

It would be to have special powers to make everything and everyone do what I want. I would make sure the sun does not explode. I would go into the future and get special gadgets to make sure old and sick people would turn 10 years old and no longer be sick.

Emmit Donahue
Merrymount School

It would be to have the world be happy on Christmas with presents for everyone.

Jacklyn Blake
Merrymount School

It would be for everyone to have food on the table every night

James Pompeo
Merrymount School

It would be that I could have a dictionary and a lot of comics for Christmas.

Vincent Chen
Merrymount School

It would be that everybody should get a present.

Courtney Ryan
Merrymount School

It would be that my family could go to a Celtics game with floor seats.

Liam Fitzmaurice
Merrymount School

It would be that everyone has a great and fun Christmas

Matthew Hines
Merrymount School

It would be for everyone to be happy.

Trang Nguyen
Parker School

It would be a cellphone. I would like a cellphone because then I could go to the mall and when I'm done shopping I could call my parents to pick me up.

Winnie Ching
Parker School

It would be to have one trillion dollars.

Andres Morales
Parker School

It would be to be fearless.

Stanley Lok
Parker School

It would be to be rich so I can buy any game that is made.

Raymond Ngo
Parker School

It would be to have a kitty. I want it so I could have so much fun.

Steven Liao
Parker School

It would be that everyone would have a nice, warm home this holiday season and no one would be homeless.

Conor Houlihan
Parker School

It would be to have a school for kids that need special help.

Kylie Mulvey
Parker School

It would be to have a basketball court. My brother and I would play full court with our friends.

Tony Chen
Parker School

It would be to have a leafy, green environment that would benefit the whole society.

Thomas Ly
Parker School

It would be a wish coin.

Perry Huang
Squantum School

It would be to have never-ending wishes. I could use it to help people.

Fabia Federico
Squantum School

It would be for everyone to have a merry Christmas.

Jackie Doody
Squantum School

It would be for world peace, so all the wars would end and the soldiers will be home with their families for Christmas.

Julianne Carey
Squantum School

(Cont'd On Page 28)

Happy Holidays from
DUNKIN DONUTS
543 Southern Artery
825 Southern Artery
1462 Hancock Street
366 Centre Street
1250 Hancock Street
100 Granite Street

Holiday Greetings
from All of Us at
BROOKDALE
RIVER BAY CLUB, QUINCY

SEASON'S GREETINGS
from all of us at
YELLOW CAB OF QUINCY
LET US BE YOUR DESIGNATED DRIVER WE WILL GET YOU HOME SAFELY
617-773-6262
WE ACCEPT ALL MAJOR CREDIT CARDS

Merry Christmas
City Clerk Joseph Shea and Family

PEACE and HAPPINESS TO ALL
George and Sandra Burke

Happy Holidays To All Of You
School Committeeman
Dave and Rosanne McCarthy
and Family

MERRY CHRISTMAS and SEASON'S GREETINGS
Brian McNamee
Ward 6 Councillor

MERRY CHRISTMAS
School Committee Vice Chairwoman
Elaine Dwyer and Family

Season's Greetings
from
South Shore Buick
50 Adams St., Quincy • 617-770-3300

If I Could Have One Wish Come True . . .

(Cont'd From Page 27)

It would be that I could get every toy and everything I want. I wouldn't keep it all for myself. I would give it to the poor, to friends, to my teacher, to my family members.
Simone Matthews
Squantum School

It would be for six more wishes.
Yamina Sfiat
Squantum School

It would be to have five, and it is not just for me, it is for everybody.
Courtney Ann Lyons
Squantum School

It would be to go to Paris. I would visit historical monuments such as the Eiffell Tower, the Arc de Triumph, du carrousel, la madelci, Luxembourg Palace and Dame du Invalides. Also I will go to my favorite place in Paris, the Leuvre Museum.
Mouad Abibi
Squantum School

It would be to live forever, to be famous for living longer, nobody will die unless death penalty or disease, (and) I can tell the future people all about my life.
Garrett Kwan
Squantum School

It would be a cure for cancer
Haley McKay
Squantum School

It would be to get another dog, a Huskey that is black with baby blue eyes.
Breanna Palhete
Beechwood Knoll School

It would be to have a Nintendo Wii. When you use this console you use your hands to play the game. It costs a lot of money so I hope to get it for free this year.
Adam McKeen
Beechwood Knoll School

It would be to have new books for the library.
Diana Zhou
Bernazzani School

It would be to stop the war and get the troops out.
Tommy Allen
Bernazzani School

It would be my auntie's hip is bad so she had to cancel her Christmas party. I would wish for her hip to get better.
Abby Smith
Bernazzani School

It would be to have the war end because people are dying in the war.
Johnny Marsinello
Bernazzani School

It would be to have Christmas dinner with my whole family. They all life in Ireland.
Leann McColgan
Bernazzani School

It would be for my grandma to live until she is 96 or older.
Isabella
Bernazzani School

It would be that my little brother Nicholas could talk.
Michael Pugsley
Bernazzani School

It would be to get a Xbox.
Brenden Marks
Lincoln Hancock

It would be a Playstation 3.
Cody J. Finn
Lincoln Hancock

It would be to have world peace. I have so many wishes, but this is definitely the most important wish. I hope my wish comes true.
Allison Lally
Lincoln Hancock

It would be to be in New York with my Dad every holiday season like Halloween, Thanksgiving and Christmas. Then I can have some quality time and me and my Dad can have fun and play video games. That is my holiday wish.
Jinzir Witt
Lincoln Hancock

It would be to have every single person that is poor get a nice home, presents and food.
Michelle Lee
Merrymount School

It would be to get a new comic book.
Emily Yu
Merrymount School

It would be to have a good time with my family.
Elizabeth Le
Merrymount School

It would be that everyone could have a perfect holilday season.
Aaron Clanoy
Merrymount School

It would be to have my own little league stadium. I'd get to have a place that I could always have a game, (and) I'd have the home team and have the fans on my side, (and) I'd have a memorial.
Michael Saccoach
Merrymount School

It would be for snow for one whole month straight. I would be digging tunnels through the snow. I would start a snow cone mining company. I would also sell snow cones. I would make millions!
John Pino
Merrymount School

It would be to have Oreo back. She was my first cat (and) playful and cuddly.
David Gillis
Merrymount School

It would be that everyone in the world can have a wonderful Christmas.
Brendan Cunningham
Merrymount School

It would be that everyone in the world should get a present for Christmas.
Elizabeth Doyle
Merrymount School

It would be to get the new pocket doas game. I like it because it is just like Nintendo and I love animals very much.
Stephanie Reamer
Parker School

It would be to make it rain 100 dollar bills for ten days. I would do that to stop hunger and people sleeping in the streets.
Fabio Tare
Parker School

It would be for everyone to give food to the poor so they wouldhave food to eat for Christmas.
Tessa Mazerall
Parker School

It would be to have five more wishes, world peace, everyone had someone special, there was no such things as drugs, no such thing as cancer and other illnesses, (and that) everyone around the world had good food, clean water, good clothing and environment.
Kiley Shionis
Squantum School

It would be for two more wishes.
Christie Kelley
Squantum School

It would be to play with the Bruins.
Eddie Riley
Squantum School

It would be a cure for diabetes.
Abigail Ames
Squantum School

It would be having my loved ones come back to me. One special person I would like to come back is my grandmother.
Tamra Adams
St. Ann School

It would be that everyone in my family is healthy and that this will be an exciting Christmas.
Stephen Roche
St. Ann School

(Cont'd On Page 36)

Happy Holidays!

To All Our Loyal Readers
And Friends, Old And New,
A Merry Christmas, A Happy
Chanukah and A Happy,
Healthy New Year.

The Quincy Sun
Staff

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Happy Holidays
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The Coletti Family

Merry Christmas
& Happy New Year.
KEVIN MULVEY
School Committee

Presidents Seek Continued Success

BOYS' BASKETBALL

By SEAN BRENNAN

The Quincy Presidents are a South Shore basketball powerhouse. Under the direction of head coach Bob Fisher, the Presidents have laid claim to two straight Atlantic Coast League championships, while going a remarkable 34-8 over the last two years. Last year's team finished the regular season at 17-3, before losing in the first round of the Division 2 South Sectionals to Bishop Feehan, 71-66 in overtime.

The 2006-2007 team will have to deal with the loss of a handful of players to graduation, including Lovell Johnson, John Orlando and Joe Griffin, but this year's team does return two league all-stars from last year's team. Senior captain Steve Connolly, a two-year starter at forward, and sophomore sensation Doug Scott (point guard) return to the starting five this winter.

"We lost a few players from last year's team that were major contributors on both offense and defense," head coach Bob Fisher said. "But we do return two real good players in Connolly and Scott. These two were league all-stars last year, and both should be able to use their experience on the court this season."

The Presidents, who were co-champions of the ACL last year with North Quincy, may need the first few weeks of the season to jell as a team, but Fisher believes that once the season gets rolling his team should be able to build on the success the team has had the last two seasons.

"It will take us awhile (to get where we need to be)," Fisher said. "So far in preseason, we are not executing the way I would like defensively, and there are some concerns about our offensive shooting and scoring. But we do have strong ball-handling skills, a solid ability with our guards to get penetration into the paint, and a real good inside presence. It has been helpful that our season begins later than some teams because it has given us the time to work on the things that need working on"

The Presidents, under Fisher, like to run and apply pressure on offense and defense, and so it comes as no surprise that this year's rotation should be eight to nine players deep.

"We like to use pressure, we like to press and we like to run," Fisher said. "We plan on using a number of players."

Besides Connolly and Scott, players who will see time on the court include senior forwards Matt Boyle, Jared Tucker and Kinsin Theorodis. Juniors Paris Amado (guard), DeShawn Matthews (forward), Martin Bowes and Sean Boyd (guard) will also play roles for this year's team.

"Tucker and Boyle should help us up front this year, and Matthews is a good post player who will see more varsity time this year," Fisher said. "Sean Boyd will probably be our first guard of the bench, and he could see some time in the starting lineup."

The Presidents maybe less talented than the two previous teams Fisher has had, but Quincy is still the two-time defending ACL champion, and other teams in the league will be gunning for them again this season. Fisher understands this, but his main concern is getting his team ready for the long haul.

"I'm not worried about the ACL right now," he said. "It is not a major concern. Before we can worry about other teams, we need to worry about ourselves. It (the ACL) is a very competitive league and every team presents a challenge and problems, but if we play like I know we are capable, we should be fine. In this league, you need to play well every night to compete. We may have a bullseye on our backs (from being league champs), and we need to rise to the challenge. We're not as talented now as we will be in the middle of January."

The Presidents opened their season against Silver Lake Regional High School on 12/19, and play on the road this Friday against Nauset High School, before returning after Christmas to host Silver Lake on 12/27.

KIERSTEN SULLIVAN, age 27, daughter of John and Pattie Sullivan of Dale Ave., Quincy, recently completed her first marathon at the Breakers Marathon in Middletown, RI. Sullivan began training for the race this past summer, and has set her sights on the 2007 Boston Marathon.

Quincy Moving On With New Talent

BOYS' ICE HOCKEY

The thing with high school sports is that every four years great players leave, and new players need to step up. The 2006-2007 Quincy hockey team is going to have to make that transition this season, but luckily for fans of the program, the Presidents are once again loading up with talent.

Last year's team finished the regular season at 13-6-1, before falling in the first round of the Division 2 South Sectionals to Boston Latin, 4-2. The Presidents graduated senior league all-stars, Matt Giordani and Mike McKeon, who combined, accounted for 40-45 goals while playing on the team's first line, senior defensemen Mike McPherson and Steve Graham and starting goalie Alex Smith.

"We will be looking to replace 45 to 50 or so goals from last year's team," head coach Bob Sylvia said recently. "Giordani and McKeon were great players for us, but they have moved on, and we need to do the same."

This year's team will be led by captains Mike Leone (Sr./Defense), Jonathan Conso (Sr./Forward), Casey Conley (Jr./Forward) and Ted Walsh (Jr./Forward).

"Our captains are our mainstays this season," Sylvia said. "The team will be leaning on them and will be counting heavily on their leadership as the season progresses."

The Presidents will have three freshmen playing big minutes this season, and that is something that previous Quincy teams have not had. Freshmen Jim Finn (defense), Kevin Keith (forward) and Matt Troy (forward) should all play a role in the success of the program this winter.

"We have three freshmen who will contribute to the team *this* year," Sylvia said. "That doesn't happen all the time, and we are excited about the possibilities. We are going to be young and raw, but many of the younger players experienced playing at the varsity level last year. And with our four captains leading the way, we should only get better as the year moves on."

The rest of the 2006-2007 roster includes seniors Anthony Gilbody (forward), Rick Penzo (defense) and Bo Craig (goalie). The juniors on the roster are Mike Lebel (defense), Kevin Shea (forward), Nick Masone (forward), Matt Bresnahan (defense), Andrew Bythrow (forward) and David Bowe (forward). The sophomore class is represented by Mark Gilbody (forward), Zach McCaul (forward), Scott Vallatini (defense), Ryan Remillard (goalie) and Jeff Giordani (goalie).

In the season opener against Atlantic Coast League foe Plymouth South (12/13), the Presidents rallied for a 3-3 tie. Trailing in the closing seconds, the Presidents pulled their goalie on a power play for a 6-on-4 advantage. With only 16 seconds left, junior captain Casey Conley tied the game at three with his second tally of the game.

Quincy's other goal came from junior Mike Lebel. Sophomore Jeff Giordani stopped 24 shots in net.

"The game was like two teams looking in the mirror at themselves," Sylvia said. "Neither team deserved to lose, and the final result is proof of that."

The Presidents, who will have played on 12/20 versus Rockland, next travel down to Nauset High School on 12/23 for another ACL matchup.

By SEAN BRENNAN

SPORTS

North Quincy Boys Defeat Barnstable In Opener, 82-77

The North Quincy Red Raiders and new head coach Kevin Barrett opened the 2006-2007 basketball season with a big win over Barnstable High School, 82-77, last Wednesday night.

The Red Raiders (1-0) showed some of the grit and determination that made them co-champions of the Atlantic Coast League last season by overcoming an early 18-3 deficit.

"We withstood their knockout punch," Barrett said. "It buckled us a little, but we bounced back."

North Quincy's Marcellus Lee's 26 points helped lead the Raiders back into the game. Junior forward Dennis Martin contributed to the win with 17 points of his own, and senior forward Dennis Ray dropped 15 points on Barnstable in the win.

The Red Raiders took on Whitman-Hanson High School this past Tuesday (12/19) in another Atlantic Coast League contest, and the team hosts Falmouth High School this Friday at 6:30.

Girls, Boys Track Teams Open Winter Season

The varsity boys and girls track teams at Quincy and North Quincy High Schools team up to form one city-wide high school program. The Quincy/NQ boys' team is coached by Peter Chrisom, Jr. and the combined girls' team is coached by Geoff Hennessy.

Both teams got started on the winning track last week with wins over Atlantic Coast League rival Sandwich High School at the Reggie Lewis Center in Boston. The boys defeated Sandwich, 57-39, and the girls won, 47-43.

In the boys' meet, sophomore Jeff Pereira won the 50-yard hurdles (9.1 seconds) and the long jump (19-2 ft.) to lead Quincy/North Quincy (1-0) to victory. Junior Matt Meyers finished first in the 2-mile race with a time of 10:31.2, and Danny Jackson took top honors in the 55-meter race with a winning time of 7.1 seconds.

The Quincy/North Quincy 4 x 200-meter relay team of Jackson, Pereira, sophomore Pat Watkins and junior Greg Ingram were victorious with a time of 1:45.

In the girls' meet, Rachael Casanoff won the one-mile race in a time of 6:22 to help her team start the season at 1-0. Lily Man won the 600-meter with a finishing time of 6:22, and Mary Schwartz took first place in the 100 dash with a time of 3:30.2.

Kelly Pineo took top honors in the shot put and Rebecca Stanton topped the high jump for Quincy/North Quincy.

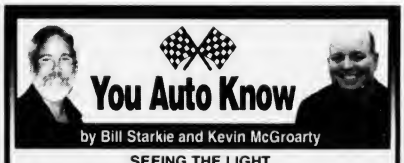
This past weekend the Quincy/NQ boys track team participated in the Winter Festival Invitational at the Reggie Lewis Center. The festival included 23 high school teams from the state and the Quincy/NQ team had personal best showings from a handful of its team members.

Jeff Pereira finished in the top five in the long jump event, and he qualified for states with a jump of 19-2 feet. In the shot put event, Joe Page finished in the top five and qualified for states with a throw of 44 1/2 feet.

Team members Matt Meyers and Matt McGroarty (2-mile), Rob McGroarty (1-mile) and Dio Coveais (the 1000) all finished their events with personal best times.

Sprinters Danny Jackson (7.13 sec) and Pat Watkins (7.14 sec) each qualified for the states in the 55-yard dash.

The combined boys track team has 53 team members this winter, the highest turnout in years for a varsity track team.



by Bill Starkie and Kevin McGroarty

SEEING THE LIGHT

One of the more unsettling experiences drivers have is to see the 'CHECK ENGINE" light suddenly appear on the dashboard. To those unfamiliar with the working of modern cars, this can seem to be a warning that the engine is about to explode. The reality is far less catastrophic. The warning involves the electronic control module (ECM), which is a computer that controls the operation of the engine in an efficient manner that enables it to conform to strict emissions standards. When any of the various sensors that monitor the emission-related systems detect a problem, it trips the 'CHECK ENGINE" light and stores a trouble code. An automobile technician may retrieve this stored cod, then diagnose and fix the problem.

The "CHECK ENGINE" light is not always a horrible and serious problem. However, at LEO & WALT'S SUNOCO, we recommend you bring the car to us, located at 258 Quincy Ave., E. Braintree, as soon as you can following a 'CHECK ENGINE" light's appearance. By addressing the issue quickly, you can prevent possible engine wear, which will save you money in the long run. Questions can be answered by calling 781-843-1550. Please have a safe and happy holiday season!

HINT: While an emission-related problem may not necessarily leave you stranded by the side of the road, it will likely compromise gas mileage.

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SPOTLIGHT ON HEALTH & FITNESS

by Andrea Wyatt
M.S.S., C.S.C.S.

Enjoy a Guilt-Free Holiday Season

It's the holiday season, and not only are the days shorter, but so is the amount of time you have to dedicate to your fitness program.

Keeping a realistic and effective fitness routine during the busy holiday season can be challenging. But there is hope! With planning and some minor changes, you can enjoy a fit and guilt-free holiday season. Here are some suggestions:

• Add yourself to your "to-do" list. Just as you make lists to purchase presents or attend holiday parties, place time for yourself on your important list of things to do. If YOU don't make the time to take care of yourself, it won't find you.

• Set realistic goals. Setting a goal of losing body fat, gaining muscle or training for a marathon during one of the busiest times of the year can be challenging. Switch to a maintenance plan if you know you will experience a change in your schedule and responsibilities during the holiday season. When your schedule returns to normal, your body will be ready to kick back into high gear.

• Plan ahead. Anticipate the change in schedule and priorities you'll face as the holidays approach. Modify or condense your workouts to receive the same amount of cardiovascular and strength-training benefits within the time available. For example, if you are accustomed to exercising five days a week, strengthening a different muscle group each day, an effective modification could be switching to three days a week using full-body exercises with one day of rest in between.

• Keep an exercise journal. Journaling can be a great way to hold yourself accountable and stay committed to your exercise routine during the holidays. Having to write down your activities can encourage you to stay active, even when you feel otherwise.

Enjoy the holidays, and when you don't have time to do anything else, KEEP MOVING!

Always consult a physician before beginning an exercise program. Andrea Renee Wyatt, M.S.S., C.S.C.S., is a certified personal trainer with an extensive background in strength and conditioning as well as therapeutic recreation. If you have a fitness or training question, e-mail Andrea at letters.kfws@hearstsc.com or write her in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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The Problem And Types Of Treatment

Be Aware Of Pulmonary Arterial Hypertension

Imagine not being able to walk to the mailbox, climb the stairs or complete regular, everyday activities due to severe shortness of breath or dizziness.

For people with pulmonary arterial hypertension, or PAH, that's the reality.

While health and wellness should always be top-of-mind, National Pulmonary Hypertension Awareness Month offers an opportunity for us to learn about PAH, a rare but life-threatening condition that is often challenging for doctors to diagnose the right way.

The Problem

"PAH is a condition in which the blood vessels ("blood pipes") in the lungs become thicker, constricted or plugged, making it more difficult for the heart to pump blood through the lungs," said Dr. Francisco J. Soto of the Medical College of Wisconsin in Milwaukee, Wis. "Over time, the heart cannot keep up and less blood is pumped to lungs to pick up oxygen, which leads to the symptoms of PAH. Eventually the heart fails, resulting in death.

For some, the disease has strained their system to such an extent that the need for a heart and/or lung transplant becomes necessary. Without treatment, patients have an average survival time of less than three years from the time of diagnosis.

No one is quite sure what causes PAH. In some cases, it appears to happen for unknown reasons, other times the condition appears to be genetic. PAH can also be causes by medical conditions such as congenital heart disease, liver disease or scleroderma. Although PAH is rare, it can happen to anyone at any age. It is most common in young women between the ages of 20 and 40 years old and there are nearly twice as many females as males with the condition.

The Symptoms

Symptoms of PAH include extreme and progressive shortness of breath, dizziness and fainting spells. Often, active, busy adults suddenly find themselves facing a shocking and grim diagnosis because PAH usually does not become symptomatic until it's in an advanced state.

Elizabeth Bosarge, 43, had been feeling exhausted and dizzy for weeks and soon found that she was unable to climb stairs without assistance. When she went to her doctors, she was stunned to find that she had a very advanced stage of PAH. Like Bosarge, others diagnosed with PAH have difficulty doing simple things such as walking or standing for long periods of time.

For 27-year-old Tammie Sharp, walking from her car to her house without experiencing dizziness or Nassau was nearly impossible.

Types of Treatment

Historically, there have been limited medical options for this rare condition.

Fortunately, medical advancements for PAH have shown promise. Two oral PAH medications have been approved by the FDA and encouraging research is on the horizon.

"The medical breakthroughs are leading to effective and more convenient treatment options that may help those living with those living with this devastating disease better manage their symptoms," said Dr. Soto.

Many patients who receive appropriate treatment experience improvement. Bosarge has lived with PAH for the past five years, despite the fact that doctors originally told her she would only have two months to live. Sharp is no longer in need of a lung transplant.

Learn More

For more information on pulmonary arterial hypertension, visit www.PHaassociation.org or speak to your doctor.

Easing Test Anxiety: A Parent's Role

(NAPS) Sweaty palms, accelerated heart rate and nausea are all common symptoms among students who suffer from test anxiety.

The anxiety some students experienced before an exam is so strong that it can lead to poor performance and disrupt their ability to learn.

Parents play an important role in helping their child ease test-taking anxiety by providing support, encouragement and a positive learning environment.

Dr. Andrea Pastorak, child psychologist for Kumon Math and Reading Centers, offers the following tips for parents to help children relax and approach exams with confidence:

• Encourage the child to space out studying and homework assignments so they won't e foreed to cram the night before the test. Daily practice is the key to mastering a subject.

• Provide a quiet, well-lit area with little distractions to help the child focus and study efficiently.

• Practice with the child to ensure comprehension and mastery of the concepts being tested. If the child doesn't understand a topic, seeing it on a test will increase anxiety.

• Encourage the child to do well, but don't add pressure or negative consequences tied to test results. It's important that the child knows you'll be proud and offer support regardless of the outcome.

• Keep a positive attitude about tests. Test taking is part of life, and the sooner a child can master the experience of testing the easier the process will become.

• Mark down test days on the calendar together so the child is aware of testing dates and can plan ahead.

• Make sure the child gets enough sleep the night before the test. Feeling alert and rested will help in performance.

• Prepare a healthy breakfast for the child the day of the exam. A heavy or high-sugar breakfast may cause the child to be groggy or hyper. Fuel the child's brain and body with a nutritious meal.

• Make sure the child gets up early enough to arrive on time for school. Rushing creates panic and increases anxiety.

• If the child continues to struggle on tests, talk to him or her about it and meet with the teacher to learn new ways to help.

• Praise and reward the child for hard work preparing for the test. Positive reinforcement encourages a child to keep up the good work.

Remember, easing test anxiety is a process and there is no quick fix. Be patient with the child and help him or her gain the skills needed to overcome this challenge. Doing well on a test is important, but not as important as helping the child gain confidence, life skills and character.

For more tips and information, visit www.kumon.com.

Blood Drive Jan. 29 At Sons Of Italy

The American Red Cross will hold a blood drive Monday, Jan. 29 from 1 to 7 p.m. at the Quincy Sons of Italy, 120 Quarry St., West Quincy.

Call the American Red Cross at 1-800-GIVE LIFE (1-800-448-3543) or visit www.givelife.org and schedule an appointment.

There were will be a drawing with a prize of $200 towards home heating costs.

Blood inventory is extremely low - there is only an 8-10 hour supply. The American Red Cross is most comfortable with a three-to-five day supply of blood.

Massachusetts currently faces a deficit of approximately 1,000 units of blood.

To donate blood through the American Red Cross, individuals must be at least 17 years of age, weigh 110 pounds or more and be in general good health.

DENTISTRY for the 21st Century

by Steven A. Brustin, D.M.D.

HEALTHY GUMS LINKED TO OVERALL HEALTH

Healthy gums not only contribute to better oral health, they also can improve overall health. According to the latest research, periodontal (gum) disease may lead to the worsening of such health problems as diabetes, respiratory disease, heart disease, and even premature births. For example, preliminary studies have found that diabetics with gum disease can reduce their blood-sugar levels to normal by treating their gum problems. In addition, a large-scale study shows that pregnant women with moderate-to-serious gum disease were twice as likely to give birth to premature babies as women with healthy gums. These findings and others should lead patients with heart disease, diabetes, and respiratory disease, as well as pregnant women, to pay greater attention to the health of their gums.

Whatever your age, it's important to keep your mouth clean, healthy and feeling good. And it's important to know the state of your periodontal health. There's nothing like a bright smile, filled with sparkling teeth and healthy gums. Call us at 617-479-6220 today and discover how a few simple measures can bring quick relief as well as enhance your dental health! We will do everything we can to insure that your visits to us will be as comfortable and pleasant as possible. We're located at 44 Greenleaf Street, where our entire staff is very proud to offer many professional services to all our patients. Remember that preventative dentistry is the lowest cost, most convenient way to retain your smile. We offer the services of anesthesiology with a fully trained and qualified anesthesiologist. Visit us on the web at www.quincydentist.com.

P.S. About 80% of Americans have some form of gum disease, which is bacterial infection of the gums surrounding the teeth.

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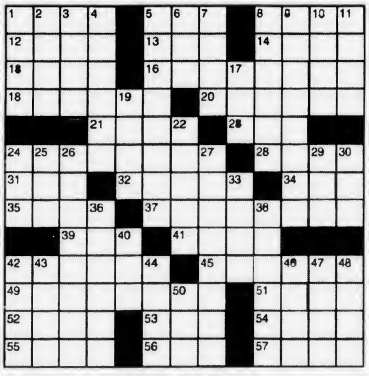
SUN FUN PAGE

King Crossword

ACROSS
1 Revealing skirt
5 Eisenhower, familiarly
8 Fashionable
12 The same, in a bibliography
13 Spanish literary hero
14 Aware of
15 Envelope feature
16 Close watch
18 Author Molnar
20 One or the other
21 Campus housing
23 Story of a lifetime?
24 Yellow-brown gemstone
28 Acceptability, for short
31 Under the weather
32 Herbie and Horace
34 Crafty
35 Sauce made from beans
37 1990s 3-D puzzle craze
39 Opposite of "trans-"
41 Mound
42 King of the fairies
45 Nutty candy
49 Big name in frozen foods
51 One of the Three Bears
52 Smell
53 Witness
54 Dance lesson
55 Slithery
56 Pitch
57 Longings

DOWN
1 Offend
2 Inactive
3 Approach
4 Block
5 Sundae maker's need
6 Spectra or Sportage
7 Rim
8 Imaginatively phrased
9 Small, as a town
10 Eyelid woe
11 Gardener, at times
17 Equal-rights movement, for short
19 Standard
22 Talkative bird
24 Frank McCourt book
25 U.N. workers' org.
26 Soapy byproduct
27 MIT grad, maybe
29 Tarzan portrayer Ron
30 Change color
33 Grain storage structure
36 Put on the line?
38 Oafish
40 "Mayday!"
42 Reed instrument
43 Wait
44 Bird's home
46 Fence opening
47 Prayer ending
48 Reveille's opposite
50 Nay canceler



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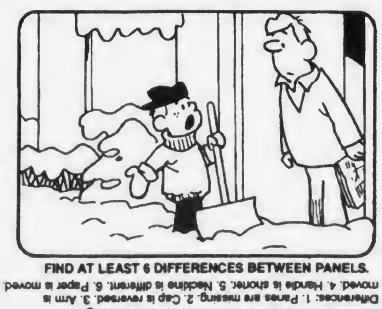
HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

Differences: 1. Panes are missing. 2. Cap is reversed. 3. Arm is moved. 4. Handle is shorter. 5. Neckline is different. 6. Paper is moved.

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The Garden Bug

Mistletoe

Norse mythology tells of the god Baldur dying from mistletoe poison. His mother Frigga, goddess of love, washes away the poison with her tears. When her son revives, she kisses everyone passing underneath the mistletoe out of happiness and gratitude — a custom still popular today during the holidays. In the wild, this parasitic plant stays evergreen, providing food for herbivores and nesting sites for birds during the winter.

MAGIC MAZE — FIELD

O	L	I	E	B	Y	V	G	A	R	O	L	I	F	C
Z	W	T	Q	N	K	I	N	T	F	R	C	Z	W	U
R	P	M	J	H	E	W	I	H	C	E	C	Z	X	U
E	S	Q	N	D	L	H	L	L	I	T	J	G	E	C
Z	L	X	M	I	N	E	L	E	T	N	V	T	R	P
N	L	E	J	H	F	A	I	T	E	E	E	C	A	Y
W	V	T	C	T	B	T	K	I	N	C	R	P	N	L
K	I	G	E	T	C	H	N	C	G	B	R	Z	X	W
U	S	R	O	P	R	G	R	O	A	M	L	O	J	I
G	E	O	D	B	L	I	O	A	M	R	Y	X	F	W
U	F	T	S	Q	P	R	C	S	R	E	T	T	O	P

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Athletic	Football	Magnetic	Right
Ball	Force	Mine	Track and
Corn	Killing	Oil	Wheat
Electric	Left	Potter's	

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Trivia test by Fifi Rodriguez

1. HISTORY: When did Armistice Day become Veterans Day?
2. CARTOONS: What was the last name of Little Orphan Annie's foster father?
3. NICKNAMES: What is nickname of Princeton University's sports teams?
4. TELEVISION: Where did Police Chief Robert Ironside work?
5. MUSIC: Who performed the 1970s hit "Car Wash"?
6. WORLD WAR II: Which U.S. aircraft carrier was sunk during the Battle of Midway?
7. GENERAL KNOWLEDGE: How did Aristotle Onassis earn his fortune?
8. OPERA: Who wrote the opera "Norma"?
9. POLITICS: Where is the famous Watergate building?
10. LITERATURE: What kind of literature does the novelist Avi write, primarily?

Answers
1. 1954
2. Warbucks
3. Tigers
4. San Francisco
5. Rose Royce
6. The USS Yorktown
7. Shipping
8. Vincenzo Bellini
9. Washington, D.C.
10. Children's books

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50 Trivia Quizzes Send $4.50 check or money order to: Trivia, P.O. Box 536475, Orlando, FL 32853-6475.

King Crossword Answers

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Salome's Stars

ARIES (March 21 to April 19) I know, dear Lamb, that you don't like anyone trying to take charge of one of your projects, but try to be a bit more flexible. A new idea could help hasten a positive result.

TAURUS (April 20 to May 20) I'm sure, like the time-thrifty Taurus that you are, that you've done much of your holiday shopping. But don't relax yet. Wrap those gifts now to save yourself lots of unwanted pressure.

GEMINI (May 21 to June 20) Be receptive when a family member or friend asks to confide in you. Your positive reaction could ensure that he or she will have a happy holiday experience.

CANCER (June 21 to July 22) Don't be rushed into wrapping up that workplace problem. Consider leaving it until after the holidays. This way you'll have the facts you need to reach the right resolution.

LEO (July 23 to August 22) You'll get news that will make you glow brighter than the lights of the holiday season. Be sure to use what you learn both carefully and kindly, to avoid giving the wrong impression.

VIRGO (August 23 to September 22) That frayed relationship could be mended in time for the holidays if you were more flexible. Give a little, and you could get back a lot more than you imagined.

LIBRA (September 23 to October 22) Things might not seem to be settling down as quickly as you would prefer. But it might be just a little holiday time flutter. You'll soon get news that will lead to more stability.

SCORPIO (October 23 to November 21) Stop getting so involved in everyone's personal problems that you lose precious time with loved ones. Remember, even the Supreme Court closes for the holidays.

SAGITTARIUS (November 22 to December 21) All signs point to a bright holiday, with all of those pesky problems finally resolved in your favor. Share the good times with people you love and, of course, who love you.

CAPRICORN (December 22 to January 19) Your plans should not be set in stone and cemented over. Leave some openings in case you need to make changes. Spend the holidays with your nearest and dearest.

AQUARIUS (January 20 to February 18) Surprise! This holiday finds you on the receiving end of the generosity of those who are usually the recipients of so much that you give so freely and lovingly.

PISCES (February 19 to March 20) That piece of good news assures that you'll be swimming in clearer, calmer waters this holiday season. There might be a storm or two ahead, but you'll weather it all in fine style.

BORN THIS WEEK: You have a flair for seeing things as you'd like them to be, as well as a gift for turning your perceptions into reality.

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Wishing Well®

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V	F	N	I	A	N	M	A	I	T	D	G	E
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S	D	T	E	R	D	S	L	R	D	T	A	Y

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

OBITUARIES

Nancy E. Douglas, 56

Lab Technician

NANCY E. DOUGLAS

A funeral Mass for Nancy E. (Sullivan) Douglas, 56, of Quincy, a lab technician, was celebrated Wednesday at St. Joseph's Church, Quincy.

Mrs. Douglas died Dec. 14 at Quincy Medical Center after a battle with cancer.

She worked at Quincy Hospital/Quincy Medical Center for 34 years.

She was an avid reader and enjoyed the ocean and the beach.

Born in Boston, she lived in Quincy for 50 years.

Mrs. Douglas is survived by her husband, John J. Douglas of Squantum; two sons, Keith M. Douglas of Squantum and Brad Douglas of Naples, Maine; five brothers, Robert Sullivan and Brian Sullivan, both of Quincy; Edward Sullivan of Holbrook, Dennis Sullivan of Gabrillis, Md., and Patrick Sullivan of Hanover; three sisters, Lauretta White of Weymouth, Joan Robinson of Quincy and Janice Sullivan of Canton; three grandchildren; and 16 nieces and nephews and many aunts, uncles and cousins.

Burial was private.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Wollaston.

Memorial donations may be made to Children's Hospital, 300 Longwood Ave., Boston, MA 02115.

Daisy C. 'Kay' Dupe, 89

Homemaker

A funeral service for Daisy C. "Kay" Dupe, 89, of Quincy, a homemaker and former sales representative, was held Monday at the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy Center.

Mrs. Dupe died Dec. 15 at Quincy Medical Center after a long illness.

A homemaker, she also worked many years as a sales representative and distributor for Fuller Brush Company and Avon Products. She retired 12 years ago.

Born in Boston, she was educated in Boston schools and lived in Quincy for 45 years. Previously, she lived in Dorchester.

Wife of the late Leo V. Dupe, she is survived by four daughters, Catherine M. Willard of Weymouth, Karen M. Forde of Lynn and Denise M. Dupe and Deborah D. Loss of Quincy; 10 grandchildren; 17 great-grandchildren and two nieces. She was the mother of the late Carol A. Moody.

Burial was in North Weymouth Cemetery.

John B. Coyne, 78

Retired Letter Carrier

JOHN B. COYNE

A funeral Mass for John B. Coyne, 78, of Quincy, a retired letter carrier, was celebrated Dec. 15 at St. Ann's Church in Wollaston.

Mr. Coyne died Dec. 12 at Quincy Medical Center.

He worked for the Postal Service for 18 years, mostly in the Wollaston post office. He retired in 1992.

Previously, he was employed by Revere Sugar for more than 20 years before it closed.

He served in the Navy from Oct. 24, 1945 until Sept. 26, 1947. He was a member of John P. McKeon Post 146, Disabled American Veterans.

Mr. Coyne was a member of Elks lodges in Quincy and in Florida.

He was an avid sports fan, especially of New England teams. He played baseball while attending St. Ambrose School in Dorchester and in the Navy in New London.

Born in Boston, Mr. Coyne grew up in Dorchester and moved to Wollaston 38 years ago. He and his wife spend many summers in Marshfield.

He is survived by his wife of 55 years, Josephine "Joannie" (Murphy) Coyne; three daughters, Kathy Foley of Braintree, Jackie Coyne of Quincy and Joanne Fraser of Dorchester; a son, Tom Coyne of West Roxbury; four grandchildren; and many nieces, nephews and cousins.

Burial was in Blue Hill Cemetery, Braintree.

Funeral arrangements were made by the Keohane Funeral Home, 785 Hancock St., Wollaston.

Memorial donations may be made to St. Jude's Children's Research, P.O. Box 50, Memphis, TN 38105.

Glenn L. Behning, 87

Machinist

A funeral service for Glenn J. Behning, 87, of Weymouth, formerly of Quincy, will be conducted today (Thursday) at 11 a.m. at the First Presbyterian Church, 270 Franklin St., Quincy.

Mr. Behning died at home suddenly Dec. 16.

Born in Duluth, Minn., he was raised and educated in Duluth schools and was a graduate of Central High School in Duluth. He lived in Quincy before moving to Weymouth 40 years ago.

He was a machinist and had worked 36 years for the Vulcan Tool Company. He retired in 1984.

Mr. Behning was a disabled U.S. Navy veteran of World War II. He served in both the Asiatic Pacific Theater and the European African Middle Eastern Theater. He received the Philippine Liberation Ribbon with one star.

Mr. Behning served as a machinist's mate 1/c aboard various ships including the cruisers U.S.S. Providence and the U.S.S. Rochester and the aircraft carrier U.S.S. Barnes.

He was a longtime member and former trustee of the First Presbyterian Church in Quincy was a 50-year member of the Rural Lodge of Masons. He was also a member of the DAV in Weymouth and the American Legion.

He is survived by his wife of 60 years, Elizabeth J. Behning; three children, Christian D. Behning of Plymouth, Bruce A. Behning of Hanover and Janis E. Behning of Hanson; six grandchildren and many nieces and nephews.

Burial with military honors will be in Mount Wollaston Cemetery, Quincy.

Visiting hours were Wednesday from 3 to 8 p.m. at the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Daniel A. Morrell, 31

Business Owner

DANIEL A. MORRELL

A funeral Mass for Daniel A. Morrell, 31, of Quincy, a businessman, was celebrated Monday at Holy Trinity Parish in Most Blessed Sacrament Church, 1000 Sea St., Quincy.

He died Dec. 12 at Good Samaritan Medical Center in Brockton after collapsing during a hockey game.

Mr. Morrell, who played hockey since he was 4, had a heart attack during an adult-league hockey game in Canton.

He owned his own plastering company, Suburban Interior Construction for the past three years.

Born and raised in Quincy, he graduated from Quincy High School in 1993 where he played football and hockey all four years. He was a graduate of Wentworth Institute with a degree in construction management.

Mr. Morrell was a member of Quincy Yacht Club and loved to fish for tuna. He also enjoyed being in a fantasy football league.

He was active in sports and played in Quincy Youth Hockey and football and basketball for Most Blessed Sacrament Church.

He was a fun loving, unpredictable, quick-witted, generous and kind-hearted gentleman. He was devoted to his fiance.

Mr. Morrell is survived by his parents, Daniel L. and Marilyn (Little) Morrell of Quincy; his fiancee, Carly Sell of Quincy; his grandmother, Florence Morrell of Quincy; three sisters, Janet D'Antona of Squantum, Lisa McAlpine of Marshfield and Erin Bonica of Quincy.

He was also the grandson of the late Frank Morrell and the late Pete and Priscilla Little.

Burial was in Pine Hill Cemetery, Quincy.

Funeral arrangements were made by the Keohane Funeral Home, 785 Hancock St., Wollaston.

Memorial donations may be made to Quincy Youth Hockey Scholarship Fund.

Alice R. Wise, 85

Retired Saleswoman

A private funeral Mass for Alice R. (Sienkiewicz) Wise, 85, of Quincy, a retired saleswoman, was celebrated Dec. 14 at St. John the Baptist Church, Quincy Center.

Mrs. Wise died Dec. 11 at Harbor House Rehabilitation and Nursing Center in Hingham.

She worked for 20 years for the former Jordan Marsh Company. She retired in 1988.

Born and raised in Middlefield, Conn., she graduated from Middletown High School.

She lived in Milton and Wakefield before moving to Quincy 30 years ago.

Mrs. Wise was a member of the 1000 Southern Artery Senior Citizens Club.

Wife of the late Joseph Wise, she is survived by two daughters, Bernadette Davidson of Jamaica Plain and Ann Szcesuil of Quincy; a son, Aaron Wise of New Jersey; a sister, Bernice Kurycky of California; six grandchildren and two great-grandchildren.

Burial was in Pine Hill Cemetery, Quincy.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy Center.

Memorial donations may be made to the National Aphasia Association, 7 Dey St., Suite 600, New York, N.Y. 10007.

DON McCARTHY
Managing Director

A THOUGHT FOR THE WEEK

Christmas is one of the busiest and happiest times of the year for millions of Christians throughout the world. Gifts are exchanged and Christmas cars exchanged, expressing sentiments of joy, goodwill, health and happiness. . . A typical card may carry this message: "Love was born at Christmas. . . We wish you love and joy at this beautiful season." . . . The custom of exchanging Christmas cards began, we are told, in memory of the gifts the Wise Men brought the Christ child when He was born in Bethlehem.

Christians feel reverence for that momentous event that took place in Bethlehem nearly 2,000 years ago. People enjoy singing the joyous and holy carols that have expressed that reverence in song down through the ages. . . There is a warmth of giving and the thrill of receiving. The spirit of the season surrounds us and reaches into our innermost self, brings out hidden feelings of joy and happiness that causes us to think: "Peace on earth, goodwill toward everyone."

Yes, another year has come and gone. . . almost!

And so, we at the Deware Funeral Home, wish you the best. We wish you a Merry Christmas and a New Year filled with happiness, health and prosperity. . .

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Richard C. Carter, 68

Branch Manager For IBM

A funeral service for Richard C. Carter, 68, of Marlborough, formerly of Quincy, a senior branch manager for IBM, was held Dec. 16 at Christ Church Episcopal, Quincy.

Mr. Carter died Dec. 11 at Marlborough Hospital.

He was employee of IBM for 32 years, working in Boston and Springfield. He retired in 1993.

After his retirement, he worked in the corporate office for CVS for seven years and retired in 2000.

Mr. Carter served in the Navy and was a member of the American Legion.

Born in Boston, he was raised in Quincy and graduated from Quincy High School in 1956.

He earned an associate's degree from Lowell Tech and attended MIT.

He lived in Marlborough for the past 20 years. Previously, lived in Wilbraham for 13 years and in Quincy.

Mr. Carter is survived by his wife of 48 years, Sandra L. (Balducci) Carter; four children, Kellie S. Carter of Chelmsford, Robin M. Carter of Framingham, Jacqueline M. Carter of Leominster and Richard A. Carter of Littleton; two sisters, Jane E. Swanwick of Easton and Linda A. Munroe of Holbrook; a brother, Steven J. Carter of Texas; and eight grandchildren.

RICHARD C. CARTER

Burial with military honors was in Mount Wollaston Cemetery, Quincy.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Mary Esther Faherty, 90

Retired Secretary

A funeral Mass for Mary Esther (McDonough) Faherty, 90, of Quincy, a retired secretary, was celebrated Wednesday at St. Mary's Church, West Quincy.

Mrs. Faherty died Dec. 15 at Ellis Nursing and Rehabilitation Center, Norwood.

She worked for the Grogan Business Machine Co. in Quincy for many years.

Born and educated in Jamaica Plain, she moved to Quincy in 1947.

Mrs. Faherty enjoyed traveling with her many clubs and taking church trips, in addition to visiting Duxbury beach.

She was a member of the St. Mary's Ladies Sodallity, the Morrisette American Legion Post Auxiliary, the 8 and 40 Club, Greeting New Citizens, the South Shore Alliance for the Mentally Ill and the Co-Amp Family Support Group.

Wife of the late Timothy Faherty, she is survived by a daughter, Sheila M. Faherty of Dorchester; a son, Timothy M. Faherty of Stoughton; six grandchildren; two great-grandchildren; and many nieces and nephews.

Burial was in Pine Hill Cemetery, Quincy.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Memorial donations may be made to NAMI-MA, 400 West Cummings Park Suite 6650, Woburn, MA 01801.

Onelio 'Danny' Roffo, 80

Retired Welder, World War II Veteran

A funeral Mass for Onelio "Danny" Roffo, 80, of Weymouth, a retired welder and an Army veteran of World War II, was celebrated Wednesday at St. Agatha Church, Milton.

Mr. Roffo died Dec. 16 at home.

He was a welder for most of his life and was employed by General Dynamics Corp. in Quincy. He was a member of Pipefitters Union Local 537.

He served in the Pacific Theater during the war.

Mr. Roffo was a member of the Cyril P. Morrisette American Legion Post 294, the Ponkapoag Golf Course and the South Shore YMCA. He was an avid golfer and loved gardening.

Born in San Donato, Italy, he came to the U.S. as a young boy and was raised in Quincy. He lived in Quincy most of his life before moving to Weymouth a year ago.

He is survived by two daughters, Sheryl A. Rosa of Norwell and Denise M. Allan of Wilbraham; a son, David J. Roffo of Longmeadow; two sisters, Lee Aylward of Milton and Vilma Rufo of Brighton; a brother, Daniel Roffo of Quincy; eight grandchildren and one great-granddaughter.

ONELIO 'DANNY' ROFFO

He was the father of the late Janice C. Swider.

Burial was in Blue Hill Cemetery, Braintree.

Funeral arrangements were made by the Alfred D. Thomas Funeral Home, Milton.

Frances J. Contrino, 84

Homemaker

A funeral Mass for Frances J. Contrino, 84, of Quincy, a homemaker, was celebrated Wednesday in Saint John the Baptist Church, 44 School St., Quincy.

Miss Contrino died suddenly Dec. 15 at Quincy Medical Center.

Born and raised in Quincy she attended Quincy schools and was a lifelong Quincy resident.

Miss Contrino was a homemaker. She was a member of the Quincy Ladies Aragona Society and a lifelong parishioner of Saint John the Baptist Church in Quincy.

Daughter of the late Rosario and Carmela (Parello) Contrino, she is survived by a brother, Luigi Contrino of Abington; a sister, Theresa Contrino of Quincy; and many nieces and nephews.

FRANCES J. CONTRINO

Burial was in Pine Hill Cemetery, West Quincy.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to Saint John the Baptist Parish, c/o 21 Gay St., Quincy, MA 02169.

Rita A. Huber

Owned Granite Travel Center

A funeral Mass for Rita A. (Mauriello) Huber of Hingham, formerly of Quincy and Dorchester, a travel agent, was celebrated Wednesday in Saint John the Baptist Church, 44 School St., Quincy.

Mrs. Huber died suddenly at home Dec. 16.

Born in Boston, she was raised in Dorchester and attended Dorchester schools. She was a graduate of the High School of Practical Arts.

She had lived in Dorchester before moving to Quincy 55 years ago. She moved to Hingham in 2005.

Mrs. Huber was a well-known travel agent for more than 20 years. She was a world traveler and former owner and operator for 10 years of the Granite Travel Center in Quincy Center. She retired in 1990.

She was a member of the Red Hat Society. She enjoyed cribbage and was a member of the Quincy Cribbage Club.

Mrs. Huber was active in the Linden Ponds Community in Hingham. She was active at Saint Albert the Great Church in Weymouth.

RITA A. HUBER

Wife of the late William F. Huber and the late Leo F. Megow, she is survived by two sons, Leo M. Megow of Berwin, Penn. and Robert F. Megow of Pembroke; two daughters, Maureen A. Weron of Weymouth and Rita K. Kiessling of Pembroke; a step-son, Paul W. Huber of South Bend, Ind.; four grandchildren and three great-grandchildren.

Burial was in Pine Hill Cemetery, West Quincy.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial donations may be made to Saint Albert the Great Church, 1140 Washington St., Weymouth, MA 02189-1997.

John E. Kelley, Jr., 52

A funeral service for John E. Kelley, Jr., 52, of Quincy, was held Dec. 16 at the Keohane Funeral Home, 785 Hancock St., Wollaston.

Mr. Kelley died Dec. 12 at home.

He was born in Cambridge and was a lifelong Quincy resident.

He is survived by two sisters, Sheila K. Killourhy of Kingston and Margaret M. Kelley of Watertown.

He was the son of the late Margaret M. (Leonard) Kelley and the late John E. Kelley, Sr.

He was also the brother of the late Patricia C. Riendeau.

JOHN E. KELLEY, JR.

Burial was in Pine Hill Cemetery, Quincy.

Memorial donations may be made to Lend A Hand, The Patriot Ledger, P.O. Box 699159, Quincy, MA 02269-9159.

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CHRISTMAS IN CHURCH

lights the way to the spirit and brotherhood of Christmas

Quincy Point Congregational Church

Quincy Point Congregational Church, 444 Washington St., (corner of Southern Artery) in Quincy will host a Candelight Christmas Eve Service Sunday, Dec. 24 at 7 p.m. entitled "A Star, A Stable, A Savoir."

A choral prelude begins at 6:40 p.m. which will include carols for congregational and choir; traditional carols, and candlelight ceremony with music by the Chancel Choir and soloists.

For more information or directions to the church, call 617-773-6424.

St. Joseph's

St. Joseph's Church, 556 Washington St., Quincy Point, announces its schedule of Masses for Christmas.

On Sunday, Dec. 24, there will be Masses at 8:30 a.m. and 10:30 a.m. in celebration of the Sunday Liturgy.

Christmas Eve Masses will be celebrated Dec. 24 with Vigil Masses at 4 p.m. and 6 p.m. in the church. The 6 p.m. Mass will be a Family Liturgy. There will also be a Christmas Mass at 9 p.m.

There will be no 5 p.m. Mass on Sunday, Dec. 24.

On Monday, Christmas Day, Masses will be celebrated at 8:30 a.m. and 10:30 a.m. in the church. There is no evening Mass Christmas Day.

On Sunday, Dec. 31, the Feast of the Holy Family – Jesus, Mary and Joseph – will be celebrated at the 4 p.m. Mass Saturday, Dec. 30, as well as Sunday, Dec. 31 at 8:30 a.m., 10:30 a.m. and 5 p.m.

On Monday, Jan. 1, the Solemnity of the Blessed Virgin Mary, Mother of God, will be celebrated at the 9 a.m. Mass. Jan. 1 is not a holy day of obligation this year.

St. John's

St. John the Baptist Church, 44 School St., Quincy Center, announces its Masses for Christmas.

On Christmas Eve, Sunday, Dec. 24, there will be a 4 p.m. Mass in the upstairs and downstairs church; a 6 p.m. Mass upstairs church and a 12 midnight Mass in the upstairs church.

Caroling will begin at 11:30 p.m. prior to the midnight Mass.

On Christmas Day, Monday, 25, there will Masses celebrated at 9 a.m. and 11 a.m.

There will be no afternoon Masses on Christmas Day.

The Solemnity of Mary, the Mother of God, will be celebrated Sunday, Dec. 31 at the 4 p.m. Mass and on Monday, Jan. 1 at the 8 and 10 a.m. Masses.

Jan. 1 is not a holy day of obligation this year.

St. Ann's

The Parish of St. Ann, 757 Hancock St., Wollaston, announces its schedule for Christmas.

The Sacrament of Penance will be given Saturday, Dec. 23 from 2:45 to 3:30 p.m.

Christmas Masses are scheduled Sunday, Dec. 24 at 4 p.m. in the upper and lower church; and a Mass and Christmas Pageant will be celebrated at 6 p.m. Those attending are invited to bring a bell to ring in joyful celebration.

On Monday, Dec. 25, Masses will be celebrated at 7 a.m. and 10 a.m.

The Feast of the Holy Family will be celebrated at the 4 p.m. Mass Saturday, Dec. 30; and Sunday, Dec. 31 at the 7, 9 and 11:30 a.m. Masses.

On Monday, Jan. 1, the Solemnity of Mary, Mother of God will be celebrated at the 9 a.m. Mass.

Jan. 1 is not a holy day of obligation this year.

Quincy Community United Methodist Church

Quincy Community United Methodist Church, 40 Beale St., will have Sunday worship and Sunday school beginning at 10:30 a.m.

The Rev. Dr. Susan F. Jarek-Glidden will conduct the service.

Lector will be Ardys Peterson. Usher is Kelly Cobble.

The coffee hour hosts are Kathy Emerson, Karin Paul and Linda Johnson.

Upcoming events are "A Service of the Longest Night," a Christmas worship service for all who are struggling with grief, loss and loneliness. This will include music, prayer, scripture and quiet reflection tonight (Thursday).

Christmas Eve services will be celebrated Sunday, Dec. 24 at 7 p.m. and 11 p.m.

Contact the church at 617-773-3319 for further information.

All are welcome. The church is handicapped accessible.

First Baptist Church

First Baptist Church, 81 Prospect Ave., Wollaston, will host a Christmas Eve Service of "Carols, Candles and Communion" at a candlelight service Sunday, Dec. 24 at 7 p.m.

All are welcome.

United First Parish

United First Parish Church, Unitarian/Universalist, 1306 Hancock St., Quincy Center, announces its Sunday and Christmas worship service schedule.

A 10:30 worship service will be held Sunday, Dec. 24.

On Christmas Eve, Sunday, Dec. 24, there will be a Candlelight Service at 7:30 p.m. featuring carols and music.

PARISH OF SAINT ANN
757 Hancock St., Wollaston, MA • 617-479-5400

SACRAMENT OF PENANCE
Saturday, December 23 2:45-3:30pm
CHRISTMAS MASSES
Sunday, December 24
4:00 p.m. Upper and Lower Church
6:00 p.m. Mass and Christmas Pageant
(Please bring a bell to ring in joyful celebration)
Monday, December 25
7:00 a.m. and 10:00 a.m.
Sunday, December 31
Feast of The Holy Family
Masses: Vigil (Saturday) at 4:00 p.m.
Sunday at 7:00, 9:00 & 11:30 a.m.
Monday, January 1, 2007
Solemnity of Mary, Mother of God
(Not a holy day of obligation) Mass at 9:00 a.m.
Church is Handicapped Accessible via Chairlift
WISHING YOU A BLESSED CHRISTMAS SEASON
REV. JOHN J. RONAGHAN, PASTOR
REV. MICHAEL E. DREA
REV. ARTHUR CALTER
SR. PATRICIA BOYLE, C.S.J.

Candlelight Christmas Eve Service at
The Quincy Point Congregational Church
444 Washington Street, corner of the Southern Artery in Quincy.

A Star, A Stable, A Savior
Christmas Eve at 7:00 p.m.
Choral Prelude begins at 6:40 p.m., includes carols for congregation and choir, Traditional Carols, Candlelight ceremony with music by the Chancel Choir and Soloists
Please call 617-773-6424 for directions or more information

Join us for a Christmas Eve Service of
"Carols, Candles, & Communion"
Sunday December 24, 2006
Candlelight Service at 7:00 PM
First Baptist Church of Wollaston
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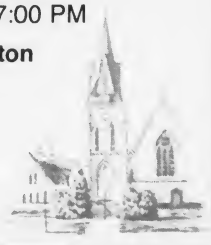
www.wollastonbaptist.com
All Are Welcome



Christmas 2006
at Sacred Heart Parish

CHRISTMAS EVE
SUNDAY, 24 DEC.
4:00 PM Christmas Mass *(Children's Choir)*
6:00 PM Christmas Mass *preceded with carols (Adult Choir)*
8:00 PM Christmas Mass *at Star of the Sea Church*

CHRISTMAS DAY
MONDAY, 25 DEC.
12:00 AM Midnight Mass *(Christmas Schola)*
9:00 AM Christmas Mass
10:30 AM Christmas Mass *(Adult Choir)*

NEW YEAR'S EVE
SUNDAY, 31 DEC.
Regular Sunday Masses:
7:45 AM, 9 AM, 10:30 AM, 5 PM at Sacred Heart Church and
12 PM at Star of the Sea Church

NEW YEAR'S DAY
MONDAY, 1 JAN.
Note: This day is not a holyday of obligation this year.
7:00 AM Mass
9:00 AM Mass

EPIPHANY
SUNDAY, 7 JAN.
7:45 AM Mass
9:00 AM Mass *with Children's Liturgy*
10:30 AM Mass
12:00 PM Mass *at Star of the Sea Church*
5:00 PM Mass

SPECIAL EVENT
SUNDAY, 7 JAN.
7:00PM
Ecumenical Festival of Lights

walking together in faith, worship, education and service
386 Hancock Street ❖ North Quincy ❖ 617.328.8666
www.sacredheartquincy.org

CHRISTMAS IN CHURCH

lights the way to the spirit and brotherhood of Christmas

Good Shepherd Lutheran

Good Shepherd Lutheran Church, 308 West Squantum St., North Quincy, announces its schedule of worship services for Christmas.

There will be a Christmas Eve Service with Holy Communion, Sunday, Dec. 24 at 10:30 p.m.

On Christmas Day, Sunday, Dec. 25, there will be a service with Holy Communion at 10:30 a.m.

All are welcome.

Bethany Congregational

Bethany Congregational Church, 18 Spear St., Quincy Center, will have Sunday worship service and church school at 10 a.m.

The Rev. Ann Rearick will conduct the service and preach the sermon "Responding to the Birth."

Childcare is available for infants and toddlers. Fellowship follows the service.

Quincy Community United Methodist Church

Christmas Eve, Sunday, Dec. 24

Family Service with Holy Communion 7 pm

Carols, Holy Communion and Candles 11 pm

Christmas Day Worship Service 10:30 am

Rev. Dr. Susan Jarek-Glidden

40 Beale Street, Wollaston

617-773-3319 • QCUMC3@aol.com

UNITED FIRST PARISH CHURCH, QUINCY

Unitarian/Universalist

1306 HANCOCK STREET, ACROSS FROM CITY HALL

Sunday worship 10:30am

CANDLELIGHT CHRISTMAS EVE SERVICE

Sunday, Dec. 24, 7:30pm

Candlelight Service with carols and music.

Best Wishes for a Spiritual, Merry Christmas

Christmas Eve at Union Church

Service of Lessons and Carols

7:30pm - Reception to Follow

Service of Holy Communion

11:30pm

Rev. John C. Swanson, Pastor

Corner of Beach St. & Rawson Rd.

Wollaston

617-479-6661

Good Shepherd Lutheran Church

308 W. Squantum St., North Quincy

617-328-8348 www.goodshepherdquincy.org

Pastor Nathan Pipho

Joy to the World

Christmas Eve Service with Holy Communion – 10:30 p.m.

Christmas Day Service with Holy Communion – 10:30 a.m.

All Are Welcome

- HANDICAPPED ACCESSIBLE -

~ ~ REJOICE ~ ~

Christ is Born!

Bethany Congregational church

(UNITED CHURCH OF CHRIST)

Spear & Coddington Sts, Quincy

617-479-7300

Dec 24 - 10 am Sunday Worship Service Rev. Smothers "Let earth receive her king" 7pm Christmas candle light service

St. Joseph's Parish

2006 Christmas Schedule

Sunday, December 24, 2006

8:30 AM - Sunday Liturgy

10:30 AM - Sunday Liturgy

Christmas Eve Masses

4:00 PM – Vigil Mass - In the Church

6:00 PM – Vigil Mass in the church

Family Liturgy (No 5:00 PM Mass)

9:00 PM – Christmas Mass in the Church

Monday, December 25, 2006

Christmas day

8:30 AM – Christmas Mass in the Church

10:30 AM – Christmas Mass in the Church

No Evening Mass on Christmas Day

Sunday, December 31, 2006

The Feast of the Holy Family, Jesus, Mary & Joseph

4:00 PM - Saturday, Vigil Mass

8:30 AM - Sunday Liturgy

10:30 AM - Sunday Liturgy

5 PM - Sunday Liturgy

Monday, January 1, 2007

The Solemnity of The Blessed Virgin Mary, Mother of God

9:00 AM Mass

January 1 is not a holy day of obligation this year.

ON THIS WONDROUS HOLY DAY...

Please come and celebrate with us around the table of the Lord

St. John the Baptist Parish

44 School Street, Quincy

Sunday, December 24th

Christmas Eve

4:00pm Mass

Upstairs & Downstairs

6:00pm Mass

Upstairs

12 Midnight Mass

Upstairs

Please join us at 11:30pm for caroling before the midnight Mass

Monday, December 25th

Christmas Day

9:00am Mass

11:00am Mass

Please note:

There are no afternoon Masses Christmas Day

JANUARY 1

SOLEMNITY OF MARY

THE MOTHER OF GOD

Sunday, December 31, 2006

4:00 PM

Monday, January 1, 2007

8:00 AM & 10:00AM

January 1 is not a holy day of obligation this year

RELIGION

Intergenerational Christmas Pageant At Quincy Community United Methodist

Quincy Community United Methodist Church, 40 Beale St., Wollaston, will celebrate Christmas with an interactive, intergenerational Christmas Pageant.

The pageant will take place during the 10:30 a.m. worship service Sunday, Dec. 24 at the church.

"In addition to our Sunday School students, everyone at worship – if they want to participate – will be part of the pageant," said the Rev. Dr. Susan F. Jarek-Glidden, church pastor. "Without giving away too much, just let me say this: in this pageant, everybody – and I mean that literally – gets a starring role."

In addition to the pageant, there will be traditional lighting of the fourth Advent candle, as well as some Advent songs and Christmas carols.

The service will conclude with the lighting of Jesus' birthday cake, which will be shared at the coffee hour that follows the service.

For more information about the Christmas pageant, call the church office at 617-773-3319.

If I Could Have One Wish Come True . . .

(Cont'd From Page 28)

It would be that every little boy or girl who doesn't have a lot of money could get at least one gift this holiday season.

Alexa Johnson
St. Ann School

It would be time to spend with my aunt in Michigan. She was there for me when I was a baby.

David Nguyen
St. Ann School

It would be to have a little puppy of my own.

Krithi Nathan
St. Ann School

It would be to be with my loving family for Christmas. It's not all about presents, it is to be with family and have a good time.

Zachary Bailey
St. Ann School

It would be (no) problems like wars, work, money and taxes. If they were gone things would be better.

Adam Leung
St. Ann School

It would be that my whole family could go to Germany. My aunt, uncle and cousins live there.

Brendan O'Donnell
St. Ann School

It would be to have my family with me for Christmas.

Emma McDonnell
St. Ann School

Advent, Christmas Schedule At Union Congregational Church

Union Congregational Church, located at Beach St. and Rawson Rd. in Wollaston, announces its schedule of worship services for Advent and Christmas.

On Christmas Eve, Sunday, Dec. 24, there will be:

- The Fourth Sunday of Advent Morning Worship at 10 a.m.
- Service of Lessons and Carols at 7:30 p.m.
- Service of Holy Communion at 11:30 p.m.

Union Congregational Church is handicapped accessible.

For more information, call the church office at 617-479-6661.

Church members recently manned the Salvation Army Kettle at the Stop and Shop on Southern Artery in Quincy.

Bell-ringers were: Barbara Culkin, Glenn Alinson, Arthur and Audrey Sullivan, Carol Swanson, Rob Levancy, Norm Daniel, Marjorie Ciavardone, Stephanie Swanson, Martha Swanson, Don Young, Mark Goodwin and the Rev. John Swanson, church pastor.

"It never ceases to amaze me, we are a small church and each year I am convinced that we won't be able to cover a whole day, yet it is never a problem. People just love to do this," Swanson said, noting the church manned the kettle from 9 a.m. to 8 p.m.

'Heart To Heart' Tree At United Methodist

Quincy United Methodist Church, 40 Beale St., Wollaston, is hosting a "Heart to Heart" tree on the second floor of the church outside the sanctuary now through Dec. 24.

A donation of $2 per heart ornament is requested.

A spun glass heart ornament was initially meant to be given to people who are experiencing a difficult holiday season. "Although most of the hearts are still given to people who are hurting," said the Rev. Dr. Susan F. Jarek-Glidden, "some individuals have given them to people who have made a difference in their lives, such as mentors, friends, family members, and neighbors.

"It's a way of expressing feelings, a way saying 'Thank you' as well as 'I care.'"

For more information, call the church office at 617-773-3319.

Catholic Women's Prayer Group

The Catholic Parishes of Quincy announce a Catholic Women's Prayer Group meets the third Tuesday of every month from 7 to 8:15 p.m. in St. Joseph's Parish Center, 22 Pray St., Quincy Point.

The evening provides an opportunity for participants to deepen their relationship with Christ.

All are welcome.

For more information contact Sister Pay Boyle at 617-479-5400 (St. Ann's), or Dorothy Ruggiero, 617-472-6321 (St. Joseph's).

Quincy Religion Directory

SERVICES & ACTIVITIES

Assemblies of God

Glad Tidings
158 Washington St., Quincy
phone: 773-9797
Rev. Gregory E. Wheaton, Pastor
Sunday Worship, 8:30, 11 a.m., Christian Ed. 10 a.m.; Senior Hi Youth 7 p.m., Wed. 7 p.m. Berean Bible Study, Royal Ranger Missionettes, Friday Junior Hi Youth 7 pm
Youth & Children's Ministry
•Contemporary Worship
•Marriage & Family Group
•International Fellowship
•DivorceCare

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm, Sunday 7, 9:30 & 11:30am, Weekdays 9am
Handicapped Accessible
New Members Welcome!

Unitarian

UNITED FIRST PARISH, Quincy
1306 Hancock St., across from Quincy Center T
Worship Service & Church School
SUNDAYS, 10:30 a.m.
Rev. Sheldon W. Bennett, Minister
• A Welcoming Congregation •
617-773-1290 • www.ufpc.org

Congregational

First Church of Squantum
164 Bellevue St. • 617-328-6649
Pastor: Michael S. Robertson
Co-Pastor: Dr. Emmy Robertson
10 a.m. Sunday Worship
All Are Welcome

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4pm (Sat.) 7:45am, 9am (Family Liturgy)
10:30am (with Choir) and 5pm
12 noon at Star of Sea Church
Weekday Masses
Mon.-Fri 7am and 9am, Sat. 9am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m., 10:30 a.m. & 5 p.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

ST. JOHN THE BAPTIST
44 School St.,
Quincy
617-773-1021
Weekend Mass Schedule
Saturday (Vigil Mass) 4 p.m.
Sunday 7:30 a.m., 9 a.m. and 11 a.m. (Family Liturgy)
Weekday Masses
Monday - Saturday 8 a.m.
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
• 617-479-5400
Pastor: Rev. John J. Ronaghan
Weekend Mass Schedule:
Saturday 4:00 PM
Sunday 7:00, 9:00, 11:30AM
Daily Masses: 9:00 AM
Handicapped Chairlift Available

Congregational

HOUGHS NECK CONGREGATIONAL CHURCH
310 Manet Ave., Quincy
www.hncong.org
Sunday, Dec. 24
Worship Service 9:30 am
Theme: 'The Other Birth'
Fourth Sunday in Advent
Luke 1: 57-80
CHRISTMAS EVE
'The Cripple Lamb (Christmas Story)
Luke 2: 1-14

BETHANY CONGREGATIONAL CHURCH
Corner of Spear & Coddington Sts., Quincy Center • 617-479-7300
10 AM Sunday Worship and Church School
Sermon: 'Responding To The Birth'
Fellowship Follows Service in Allen Parlor
Christmas Eve Candlelight Service 7pm

QUINCY POINT CONGREGATIONAL CHURCH
444 Washington St . • 617-773-6424
Worship and Church School 10 am
Rev. Ann Suzedell, Pastor
visit us at www.QPCC.org

Christian Science

First Church of Christ, Scientist
10:30 AM
Sunday Service & Sunday School
7:30 PM
Wednesday Evening Meeting
20 Greenleaf Street Quincy off Hancock St.
617-472-0055

Congregational

WOLLASTON CONGREGATIONAL CHURCH
48 Winthrop Ave. - 617-773-7432
Pastor: Rev. Mary Lou Gifford
Worship Service Dec. 24
CHRISTMAS SUNDAY A.M.
Ann Aaberg, Minister of Christian Education, Preaching
Scripture: Luke 1: 47-55, 39-45
CHRISTMAS EVE Family Candlelight Service - 7:00 pm

UNION CHURCH
Beach St. & Rawson Rd., Wollaston
Sunday Service 10 AM
617-479-6661
Rev. John Carl Swanson
Pastor

Covenant

COVENANT CONGREGATIONAL CHURCH
Corner of Whitwell & Granite St.
Sunday Worship 10:00 AM
Rev. Karen Palmatier, Pastor
9 a.m. – Christian Education for all ages
Child Care Available - All Are Welcome
Children's Pantry
Wed., Thur. 9:30 am - 12 noon
617-479-5728

Nazarene

Wollaston Church of the Nazarene
37 E. Elm Ave., Wollaston
(617) 472-5669
On The Campus Of
Eastern Nazarene College
Pastor: Rev. Fred. Fullerton
Sunday Services
8:30 am - Holy Communion
9:45 am - Adult & Children's Sunday School
11 a.m. - Blended Worship Service
Come Worship with Us!

Episcopal

St. Chrysostom's Episcopal Church
Corner of Hancock & Linden Sts., Quincy
(617) 472-0737 • www.stchrysostom.com
Rev. David Hefling
Sunday School 9 a.m.
Adult Forum 9:15 a.m.
Holy Eucharist Rite 10 a.m.
Nursery Care During Service
Coffee Hour Following
ALL WELCOME
THRIFT SHOP HRS - W, TH, FR. 10am-4pm

Evangelical

EVANGELICAL CHURCH OF ATLANTIC
65 Newbury Ave. North Quincy
(617) 847-4444
Pastor Bill Donahue
Sunday Morning Worship 10:10 AM
Childcare Available

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Dr. Susan Jarek-Glidden, Pastor

Salvationist

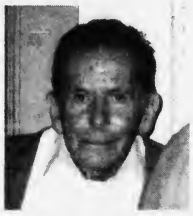
THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45 SUNDAY SCHOOL
11AM WORSHIP SERVICE
BRASS BAND MUSIC
7PM TUES WOMEN'S FELLOWSHIP
7:15PM WED. BIBLE STUDY

Spiritualist

First Spiritualist Church of Quincy
40 West St., Quincy, MA 02169
(617) 770-2246
Services: Sunday 11 a.m. to 12:30 PM
Coffee and Conversation following service.
(Services 8 PM Wednesdays June, July, August)
Pastor Rev. Rita S. Berkowitz, C.H., C.M.

Joseph P. Atkinson, Jr., 86

Foreman



JOSEPH P. ATKINSON

A funeral service for Joseph P. Atkinson, Jr., 86, of Quincy, a retired foreman, was held Wednesday at the Keohane Funeral Home, 333 Hancock St., North Quincy.

Mr. Atkinson died Dec. 15 at South Shore Hospital, Weymouth.

Born in Quincy, he was a lifelong Quincy resident.

Mr. Atkinson was a foreman for the Jervis B. Webb Co. in Cohasset for 43 years. He retired in 1988.

He served in the U.S. Navy from 1942 through Aug. 26, 1943.

He was a railroad enthusiast and enjoyed fishing, animals and nature.

He was also an avid reader, especially books about nature. He enjoyed reading the Smithsonian and National Geographic Magazines.

Mr. Atkinson was a graduate of North Quincy High School and the Massachusetts Radio School.

He is survived by his wife of 49 years, Jean (Cotter) Atkinson of Quincy; three daughters, Andrea Fountain of Quincy, June Atkinson of Quincy and Jean Hawes of Weymouth; a son, Alan J. Atkinson of Quincy; a sister, Elizabeth Hayes of Crystal River, Fla.; a friend, William Klessens of Salem, N.H.; two grandchildren and two great-grandchildren.

Burial was in Mount Wollaston Cemetery, Quincy.

Memorial donations may be made to the Dana-Farber Cancer Institute, P.O. Box 55584, Boston, MA 02205-5584.

Doris H. Thomson, 80

Retired Supervisor

A funeral service for Doris H. (Hallam) Thomson, 80, of Dover, formerly of Quincy, a retired supervisor for the Raytheon Corporation, was held Tuesday at J.S. Pelkey Funeral Home in Kittery, Maine.

Mrs. Thomson died Dec. 15 at home.

She worked at Raytheon for more than 40 years.

Born in Somersworth, N.H., she was raised in Eliot, Maine, and attended Eliot High School.

She lived most of her adult life in Quincy. In 2004 she moved to Dover to be closer to her brother and his family.

Mrs. Thomson enjoyed animals and caring for her pets.

She is survived by three brothers, James Hallam Sr. of Rochester, N.H., Chester Goodrich of Rollinsford, N.H. and John Hallam of Nashua, N.H.; and many nieces and nephews.

Burial was in Brooks Memorial park, Eliot, Maine.

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2913EP
In the Estate of
MARY C. BRYAN AKA
MARY CATHERINE BRYAN
Late of QUINCY
In the County of NORFOLK
Date of Death
November 15, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that RICHARD BRYAN of HOLBROOK in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **JANUARY 10, 2007**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, November 30, 2006.

PATRICK W. McDERMOTT
Register of Probate

12/21/06

Quincy Parent Advisory Council To Special Education Meeting Jan. 9

The Quincy Parent Advisory Council to Special Education will meet Tuesday, Jan. 9 at 7 p.m. at the Broad Meadows Middle School.

Guest speaker will be Dr. Alan Jacobson of South Shore Mental Health.

To RSVP, call Linda Perry, QPAC to Special Education Outreach, at (617) 773-1385.

Prior to the meeting, a volunteer from QPAC will be available from 6:30 to 7 p.m. to address any specific question or concern a parent or guardian may have regarding special education.

There will also be a subcommittee meeting Tuesday, Jan. 16 from 7 to 9 p.m. in the Parker Suite of the Quincy Public Schools Administrative Office Annex.

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P3009EP
In the Estate of
HELEN M. DAWLEY
Late of QUINCY
In the County of NORFOLK
Date of Death
November 24, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that WILLIAM J. CROWE of LAWRENCE in the State of KANSAS or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **JANUARY 24, 2007**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, December 11, 2006.

PATRICK W. McDERMOTT
Register of Probate

12/21/06

LEGAL NOTICE

2006-313
City of Quincy

Be it ordained by the City Council, that the Municipal Code is hereby amended as follows:

In Title 9 Public Peace and General Welfare, add a new chapter to be known as Chapter 9.20 Prevention & Removal of Graffiti and Other Inscribed Material.

This proposed ordinance change is presently pending in the Ordinance Committee of the Quincy City Council. In accordance with Chapter 43, Section 23, this ordinance is over eight (8) pages and is therefore printed in pamphlet form. Copies may be obtained in the City Clerk's Office.

Joseph P. Shea
Clerk of the Council

12/21/06

LEGAL NOTICE

2006-270
City of Quincy

Be it ordained by the City Council, that the Municipal Code is hereby amended as follows:

In Title 10 Vehicles and Traffic, add a new chapter to be known as Chapter 10.36 Residential Parking Permit Program.

This proposed ordinance change is presently pending in the Ordinance Committee of the Quincy City Council. In accordance with Chapter 43, Section 23, this ordinance is over eight (8) pages and is therefore printed in pamphlet form. Copies may be obtained in the City Clerk's Office.

Joseph P. Shea
Clerk of the Council

12/21/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-092

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, JANUARY 9, 2007**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of Adams Street Foundation, Inc. for an appeal of the denial of the building permit application by Department of Inspectional Services for a permit to extend and renovate the premises for use by the Montessori School of Quincy as a non-profit educational institution in violation of Title 17 as amended Chapter 17.04.120 (appeal) on the premises numbered 310 ADAMS STREET, QUINCY.

Jack Garland, Chairman

12/21, 12/28/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-093

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, JANUARY 9, 2007**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of Dan Coffey for a Variance to renovate the existing structure and add a second floor in violation of Title 17 as amended Chapter 17.20.040 (dimensional requirements) on the premises numbered 43 GANNETT ROAD, QUINCY.

Jack Garland, Chairman

12/21, 12/28/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-094

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, JANUARY 9, 2007**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of Richard Smith for a Finding to add an 8 foot addition onto the roof to enlarge an existing apartment in violation of Title 17 as amended Chapter 17.24.020 (non-conformance) on the premises numbered 394 WASHINGTON STREET, QUINCY.

Jack Garland, Chairman

12/21, 12/28/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-095

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, JANUARY 9, 2007**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of Mark Paolucci for a Finding to alter the existing two family home to a three family by adding a one-bedroom unit in violation of Title 17 as amended Chapter 17.24.020.B (change in use) on the premises numbered 62-64 VERCHILD STREET, QUINCY.

Jack Garland, Chairman

12/21, 12/28/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-096

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, JANUARY 9, 2007**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of Michelle Webber for a Finding to demolish the existing single family home and construct a new single family home of the same footprint in violation of Title 17 as amended Chapter 17.24.020 (non-conformance) on the premises numbered 11 POST ISLAND ROAD, QUINCY.

Jack Garland, Chairman

12/21, 12/28/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2925AD
In the Estate of
MARY A. GRAVES
Late of QUINCY
In the County of NORFOLK
Date of Death
October 7, 2006
NOTICE OF PETITION FOR APPOINTMENT OF ADMINISTRATOR

To all persons interested in the above captioned estate, a petition has been presented praying that WILLIAM J. GRAVES of QUINCY in the County of NORFOLK or some other suitable person be appointed administrator of said estate to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **JANUARY 17, 2007**.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, December 4, 2006.

PATRICK W. McDERMOTT
Register of Probate

12/21/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P2935EP
In the Estate of
DOUGLAS BRISTOL LAING AKA DOUGLAS LAING
Late of QUINCY
In the County of NORFOLK
Date of Death
October 20, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that BRUCE W. LAING of IPSWICH in the County of ESSEX or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **JANUARY 17, 2007**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, December 4, 2006.

PATRICK W. McDERMOTT
Register of Probate

12/21/06

Classifieds

MISCELLANEOUS

PART TIME MUSIC POSITION
available Grades 1-8
Sacred Heart School
Contact Mrs. Hunter
617-328-3830 12/28

MERRY CHRISTMAS
Houghs Neck Community Center and Council and Seniors
Love and Happy New Year, From Pat Ridlen 12/21

HALEY, CARA & MICHAEL
You are the greatest gifts we have ever been given.
We love you - Mom & Dad 12/21

JOHNNY B. LOVES RAKKA K!
Merry Christmas Honey! 12/21

MERRY CHRISTMAS & HAPPY NEW YEAR
To all my shipmates and friends made while at the Navy (Fargo) Bldg., So. Boston in the early 1950s.
Robert Beal, Chief Yeoman USN (Ret). (724) 626-0131 12/21

PLEASE STOP BY
and Visit Our Residents. Wish them Holiday Cheer. Bring a Puppy.
Eventide Home, 215 Adams St., Quincy. 12/21

ADVERTISING

Are you a business owner? Do you think your business is too small or too big to advertise? The New England Press Association can help build your clientele all across New England! To advertise at a lower rate and higher volume contact Latifa Sanchez at 617-373-5611 or l.sanchez@nepa.org Visit our website: www.nepa.org ONE CALL DOES IT ALL!

BUY A BILLBOARD THE SIZE OF A BUSINESS CARD with 2x2 New England. Place your 2 column by 2 inch ad across New England with just one phone call! Call Latifa Sanchez at the New England Press Association 617-373-5611 for details. www.nepa.org

REACH MORE THAN 4 MILLION READERS with just one phone call! New England Press Association can place your classified ad in more than 200 newspapers throughout the six-state New England region. Call this Newspaper of Latifa Sanchez at 617-373-5611 for more information. www.nepa.org

BOOKS AND PUBLICATIONS

Get Caught Up In Drama!! Read the brand new exciting novel by Latifa Sanchez. For more information visit www.outskirtspress.com/caughtup or call 617-938-0563 or email: ondagrindpublishing@gmail.com

BOOK YOUR HOLIDAY PARTY & FUNCTIONS
at Club 58/Shooters in Quincy Center
call **617-471-7788** *for more info* 12/21

GIGI CLEANING SERVICE
Professional and caring... To have your house clean will cost you much less than you think.
Free estimates call
617-501-8512
gigihousecleaner@hotmail.com
We have good references! 2/8

SAVE
Budget Fuel
Fuel Assistance
Senior Discount
Full Service
617-328-4063
TF

BUSINESS OPPORTUNITIES

ALL CASH CANDY ROUTE. Do you earn $800 in a day? Your own local candy route. Includes 30 Machines and Candy. All for $9,995 1-800-921-3949

EDUCATION

ATTEND COLLEGE ONLINE from Home. *Medical *Business, *Paralegal, *Computers, *Criminal Justice. Job Placement Assistance. Computer provided. Financial aid if qualify. 866-858-2121. www.onlinetidewatertech.com

EMPLOYMENT

EARN UP TO $550.00 WEEKLY Working through the Government PT. No experience needed. Call Today!!! 1-800-488-2921 Ask for Department T-4

HELP WANTED

A Surrogate Mother Wanted: Established Surrogacy Program seeks loving women, 21-45, to carry couples biological babies, prior birth experience required, non-smokers, generous compensation, 1-888-363-9457 www.reproductivelawyer.com

AVON! Career or pocket money, you decide! Up to 50% commission profit. Low start up. Email ISR Lisa at LWilber@aol.com or call toll free 1-800-258-1815

$22,000 – Love Pregnancy? Become a Surrogate! Make dreams come true. Carry someone else's baby who can't without help. Professional agency to support your journey. www.surrogateweb.com

OTR drivers deserve more pay and more hometime! $.47/mi. -1 year experience. More experience makes more! Home most weekends! Run close to home! Heartland Express 800-441-4953 www.heartlandexpress.com

PRIORITY TRANSPORTATION. Class A-CDL. NEW DEDICATED/REGIONAL/LONG HAUL RUNS AVAILABLE IN YOUR AREA. Excellent benefits, Consistent miles, Weekend home time. Call 800-828-9640 x220 or www.prioritytrucking.com

PRINT MEDIA/BILLING ASSISTANT. New England Press Association, offering newspaper advertising placement in the New England region, has an immediate opening for a Print Media/Billing Assistant. This position works with the advertising department and office staff in the areas of rate account reconciliation, rate maintenance, accounts receivable, accounts payable, and collections.. The candidate should be detail-oriented and have prior billing experience. Position is located in our Boston office. Please send resume with cover letter to: L.Conway@nepa.org; fax to: 617-373-5615; No phone calls please.

MORTGAGES

REVERSE MORTGAGES! SENIOR HOMEOWNERS! No payments until you permanently leave your Residence. Government insured, no qualifying. Call Frank Costa 1-800-974-4846 x229. Continental Funding, Stoughton, MA www.cfc-reversemortgage.com

MEDICAL MISCELLENEOUS

BACK PAIN, DISC HERNIATION, SCIATICA? Get Relief. Call about our FDA approved non-surgical new technology procedure at South Shore Spinal Decompression Center 1-888-299-4431

VACATION PROPERTIES

NAPLES, FLORIDA- A HOT HOT BUYERS MARKET!! 200's to over $1M- condos, homes, beach, golf, more. Rentals available for season. Sue Myhelic Gulf Breeze RE 239-216-6444

AUTOS WANTED

DONATE YOUR CAR TO THE ORIGINAL 1-800-Charity Cars! Full market value deduction if we provide your car to a struggling family. Call 1-800-CHARITY (1-800-242-7489) www.800CharityCars.org

HOME IMPROVEMENT

HAS YOUR BUILDING SHIFTED? Structural repairs of barns, houses and garages. Call Woodford Bros., Inc. for straightening, leveling, foundation and wood frame repairs. 1-800-OLD-BARN. www.1-800-OLD-BARN.COM

John A. Mac Donald Building
General Contractor
ESTABLISHED 1966
Building * Painting * Remodeling * Porches * Decks * Steps
Rubber Roofs * Masonry Repointing * Insulated Windows
Doors & Baths
Quincy, MA 02170
617-847-J.A.M.B. (5262)

The Quincy Sun

MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET, QUINCY, MA 02169
PAYABLE IN ADVANCE. Payment must accompany order.

INDEX
- ❑ Services
- ❑ For Sale
- ❑ Autos
- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
- ❑ Real Estate
- ❑ Antiques
- ❑ Flea Markets
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- ❑ Instruction
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RATES

1 WEEK ❑ $7.00 for one insertion, up to 20 words, 10¢ for each additional word.

3-7 WEEKS ❑ $6.50 per insertion up to 20 words for 3-7 insertions of the same ad, 10¢ each additional word.

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13 WEEKS OR MORE ❑ $6.00 per insertion, up to 20 words, for 13 or more insertions of the same ad 10¢ for each additional word.

❑ Enclosed is $ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

COPY: _____

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NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION.
DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

QUINCY SUN NEWSCARRIERS WANTED
Here's a chance to earn extra money by building a Quincy Sun home delivery route.
Call 617-471-3100

We need you.
American Heart Association.

Classifieds

FOR RENT

A NEW HALL
Elks Lane, off 254 Quarry St.
For Weddings, Showers, Meetings and Banquets.
QUINCY ELKS
617-847-6149 TF

The George F. Bryan Post VFW
24 Broad St., Quincy
Function Hall Available
100 guests
617-479-2254 TF

Greater Quincy Knights of Columbus
340 Hancock St., North Quincy
Function Hall Available
50 – 175 guests
Call Joe Donnelly 617-328-4923 2/15

SONS OF ITALY
Social Center
120 Quarry St., Quincy
Call now to book Holiday Parties and other Special Events
617-472-5900
www.QuincySOI.com TF

MORRISETTE LEGION POST
81-83 Liberty St., Quincy
Function Hall Available
Call for Details
617-770-4876
Small Weddings • Showers
Christenings • Meetings 3/1

WANTED

OLD HAND TOOLS & BOOKS WANTED
All trades and subjects, planes, chisels, measuring tools, etc. Books: Maine and New England history, childrens, firearms, maritime. Pre-1950 postcards, maps, magazines, pottery, baskets. Pre-1970 baseball cards, comics, erotica, sporting memorabilia.

LIBERTY TOOL CO.
888-405-2007
Fax: 207-288-2725 TF

FOR SALE

FOR SALE
27-Inch Sony Trinitron Television - $100
Ideal for spare room or doom room.
Call Bob 781-293-9899

SERVICES

LICENSED ELECTRICIAN
Lic. # 11766-B Insured
No Job Too Small
Great Prices
Call Dan 617-913-8613 1/4

FELIX LAWNCARE
"We Do It All"
Spring and Fall Clean Ups
Snow Removal
508-468-8751 12/28

SERVICES

ACE PAINTER PLUS JACK OF ALL TRADES
Call Jack 617-773-4761 TF

IMAGE IMPROVEMENT LANDSCAPING
CLEANUPS
We Clean It... Trim It... Remove It
No Job Too Big or Too Small
Free Estimates
Fully Insured
617-471-0044 TF

DeFrancesco Construction
Specializing In: **REPLACEMENT WINDOWS**
ROOFING - TRIM - GUTTERS - VINYL SIDING
Call Today for a quick, FREE Estimate or No Hassle Information
617-365-1444
30 Year Guarantee on All Workmanship
Fully Licensed & Insured MA Reg. #101376 TF

CASH FOR GOLD
We pay top dollar for your broken or unwanted rings, bracelets, necklaces & dental gold. Any form of gold, silver, or platinum is acceptable. Don't let your precious metals be lost or forgotten in a jewelry box.
call 617-697-CASH (2274) or Toll Free 1-866-784-2238
Free Pick Up Service
C.J. Environmental Co., Inc. 12/21

S.G. HAROLD
PLUMBING, HEATING & AC
Specializing in Viessman Boiler
Unico Air Conditioning
Home heating repairs & service
Radiant Floor heating
QUINCY
617-376-2410
Unprecedented Service Tailored to You
MA Lic. #10589 2/1

TIMOTHY P. LYNCH
Licensed Electrician / Fully Insured
Service Changes / Small Jobs
All types of wiring
All calls returned
781-848-0878
Lic# 39339 12/21

FILOMENA MAHONEY HOUSE CLEANING
20 Years Experience
Free Estimates
617-472-6189 (Home)
617-347-4643 (Cell) 12/28

SAVE GAS & MONEY, SHOP LOCAL

Wet or damp basements?
got mold?
- Air Quality Testing
- Mold Remediation
- Basement dehumidifying systems
- Sump pumps & drains
- Foundation repairs
- Free Estimates

(40 Years Experience)
Safe Air Services / Quincy, MA / 617-417-1773
www.safeairservices.net 1/18

SERVICES

VEASEY ELECTRIC
All Types of Electrical Work
No Job Too Small
Mark Veasey
617-770-2883 • 617-909-6159
Licensed & Insured 1/5

Sump Pumps
Sales • Services
Installations
617-224-3725
Fax: 617-770-3462 TF

SIDING WINDOWS ROOFING
Since 1978
Bay Shore Construction Company
Quality • Experience • Reliability
Free Estimates **Showroom at** ***Licensed***
111 Penn St., Suite D, Quincy, MA 02169
Office: 617-471-4434 • Fax: 617-328-0654
www.bscma.net

SERVICES

THE TURFMAN & CO.
- **Fall Clean-ups**
- **Expert Hedge Trimming**
- **Power Washing**
- **Yard Mulching**
- **Bushes & Trees Trimmed**
- **Lawn Mowing Services**
- **Hydroseeding & Sod**
- **Snow Removal**

free estimates
617-328-1221
theturfmanco.com TF

POWER PLUMBING
Plumbing, Heating, Gas Fitting
Repairs • New Installations
Dave 617-328-3007
Emergencies 617-792-4054
Lic # 13749 TF

HOME & OFFICE CLEANING
Special price for the Holidays
Best price from the competitor.
Good References • Free Estimates
Call Laura - 857-526-2638 12/28

SEWING MACHINE REPAIR
All make machines
We make house calls
Home & Industrial, 30 yrs. exp.
800-846-8260 1/25

THOMAS C. SWEENEY
Smaller Jobs a Specialty
44 Yrs Exp.
Carpentry, Siding, Painting, Porches, Vinyl/Windows, Doors, Roofing, Decking, Steps
License # 1373 Free Estimates
Reliable **617-825-1210** References 12/28

P&P MASONARY
CHIMNEY SWEEPS
All phases of masonry
No job too small
34 years experience
call Felice P. DeAngelo
781-447-9167 2/8

SERVICES

LAWFORD PLUMBING & HOME REPAIRS
Small Jobs • Faucet Repairs
• Toilet & Heat Repairs
• Drain Cleaning
• Garbage Disposals Installed
- **Minor Carpentry**
- **Tile & Grout Repairs**
- **Baseboard & Radiator Steam Cleaning**

24 Hour Service
Master Lic. #7306
781-849-6184 TF

HTA
Hancock T.V. & Appliance
Sales, Service, Parts & Installation
Since 1945
(617) 472-1710
115 Franklin Street, Quincy, MA
hancocktvandappliance.com

YARD WORK CO.
- Lawn Mowing Service
- Every two weeks or 3 times a month
- **FALL CLEANUP**
- Expert hedge and bush trimming
- Serving Quincy for 20 Years

Call Bill Fielding
617-471-6124 TF

LOCAL PAINTER
Average room - walls 2 coats $150
Ceilings 2 coats $75 - paint included. Also windows, doors, etc. Inside or out. Prompt, clean service.
KEVIN 781-331-5392
CELL 508-221-1447 12/21

JUNK REMOVAL
Clean-Outs
Dumpster Rentals
Final Pick
617-251-6242 TF

DO YOU NEED A ROOF OR JUST REPAIRS?
It does not matter to us.
ONE shingle or the entire roof.
We also do rubber, slate.
CALL STEVE
617-773-7394 1/15

Save Gas and Money
Shop Locally

The Quincy Sun

MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET, QUINCY, MA 02169
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DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

Christmas Scenes In Quincy

ST. JOHN'S CHURCH aglow in a "Peace On Earth" setting.

HANCOCK HOUSE on School Street.

DECORATED HOUSES ON Grogan Avenue and Campbell Street, West Quincy.

Quincy Sun photos/Robert Noble

The Cronin family wishes all our customers and friends a safe and Merry Christmas and the very best 2007!

Please Join us for our 17th annual Christmas Party
Thursday, Dec. 21st 6pm - Closing

D.J. Keith Noble

- Complimentary Buffet
- All are welcome
- Holiday Cheer

Cronin's Publick House

5 New Hi-Def Plasma T.V.'s
Keno - ATM - Golden Tee Complete
8 TV's - Packed Jukebox

23 DesMoines Road • Quincy Point
For takeout call 617-786-9804
(between the Shipyard and 1000 Southern Artery Senior Center)
WWW.STEAKTIPS.COM

PERLMAN & WING L.L.P.
A FULL SERVICE LAW FIRM

- Personal Injury
- Real Estate
- Divorce
- Criminal Law
- Wills/Trusts
- Corporate

Now Accepting all Major Credit Cards

MAX D. PERLMAN J.P. WING

617-376-8500

20 Whitney Road
Quincy

Conveniently located near Quincy Center (T)

Over 25 Years Providing Health Care to the Entire Family.

- Pregnancy Care
- Well Child Care
- Annual Check-ups
- Same Day Illness Visits
- Follow-up of Chronic Diseases

Manet Community Health Center

Branch Offices Located in:

Houghs Neck
617.471.8683

Snug Harbor
617.471.4715

Hull
781.925.4550

North Quincy
617.376.3000

Quincy Medical Center
617.376.2080

Visit us on the web at
www.manetchc.org

We offer assistance with health benefits and accept most HMO's and insurance plans.

****CAR-RT LOT**B-099
THOMAS CRAN PUBLIC LIBRARY
699164
PO BOX
QUINCY MA 02269-9164

PLU# 7051

Quincy Police SCUBA Unit Commissioned
- Page 3 -

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper

VOL. 39 No. 15 | Thursday, December 28, 2006 | 40¢

SECOND GRADE Squantum School students in Dinnean Boss' class made a gingerbread house village to celebrate the holiday season. From the left Whitney Marshall, Alex Cox, Thomas Igoe, Kelly McDonough, Sinead Kelly, Danielle O'Driscoll and Michael Porter admire their workmanship.

2006 In Review

Neighborhoods, Banner, Flag In Spotlight

By TOM HENSHAW

Someday it may be called the Year of the Neighborhoods.

It started in January when Mayor William Phelan promised a two-year fight by his administration to improve the quality of life in Quincy's neighborhoods and kicked it off himself by including a "Neighborhood Improvement Survey" with the city census.

The visible result was the naming of a code enforcement officer, a crackdown on illegal rooming houses, an ordinance against excessive paving of house lots, speed traps in residential streets and a $2.2 million campaign to repair and improve city sidewalks.

At year's end, the mayor was calling for creation of design guidelines to help developers and municipal agencies to better fit their developments into character of the neighborhood.

The city's financial position continued to improve as Standard and Poors, the bond rating company increased its bond rating from "A" to "A+," saving the taxpayers hundreds of dollars in interest paid on bond indebtedness.

But the stories that caught everyone's attention involved the displays of a controversial banner and flag.

The banner strung across the facade of United First Parish Church read "People of Faith for Marriage Equality" in support of same-sex marriage remained in place legally for 60 days despite protests of those opposed to its message.

And the flag of the People's Republic of China flew alongside the American flag briefly over the Wollaston headquarters of the Chinese United Association despite the protests of veterans who saw it as the flag of their old enemy, Communist China.

Here is a summary of events in Quincy in the year 2006:

JANUARY

Mayor William Phelan, starting his third term in office, pledged to focus the next two years on preserving and strengthening the neighborhoods, improving the quality of life for senior citizens while attracting the right kind of development in the right places.

In his inaugural address, the mayor predicted that the long-awaited new Quincy High School was "closer to reality than ever before" and vowed to continue to strive for excellence and provide the resources to make the schools "the heart of our neighborhoods."

(Cont'd On Page 10)

4 To 9 P.M. Celebration Sunday

Over 10,000 Expected At City's First Night

More than 10,000 revelers from Quincy and the South Shore are expected to usher in the New Year at Quincy's family oriented First Night celebration Sunday.

The 4 to 9 p.m. festivities offer an eclectic entertainment lineup, two fireworks displays, KidsFest, ice sculptures, A Grand Procession Parade and a variety of other activities.

The distance between the 17 venues is minimal, making them easier to attend regardless of the weather.

There will be free parking beginning at 4 p.m. at the Ross parking garage off Granite Street, Hancock parking lot, at Chestnut Street across from Quincy District Court and Presidents Place Parking Garage, off Hancock Street in Quincy Square. The MBTA Red Line will be in operation bringing revelers to the Quincy Center station.

The First Night button is the ticket to all performances. Buttons may be purchased through Saturday, Dec. 30th at the City Clerk's Office, Richard J. Koch Park & Recreation Complex, Thomas Crane Public Library, Quincy Credit Union and participating Dunkin' Donuts locations.

Cost of buttons is $7 per individual and a "Family Pack" of five is available for $20. Pre-event purchases are encouraged as the prices increase $7 per button, three for $20 and $30 for the "Family Pack" on event day and will be available beginning at 2 p.m. in the button booth outside City Hall.

Outdoor festivities include a Grand Procession parade beginning at 6:15 p.m. and two fireworks displays; the first at 6:30 p.m. followed by the Grand Finale fireworks capping off the evening at 9:15 p.m. The fireworks display will be at Faxon Field at the intersection of Southern Artery and Coddington Street.

Ice sculptures will grace the entrances to the venues. Artist Billy Poe of Brookline Ice Company will be outside City Hall to carve the large "First Night Quincy 2007" sculpture, which requires over 2,400 pounds of ice. In total more than 8,600 pounds of ice was used to create all sculptures.

Visit the city's web site, www.ci.quincy.ma.us for details on First Night Quincy, or contact the Quincy Park Department at 617-376-1251 for more information.

The entertainment schedule:

(Cont'd On Page 21)

Phelan To Deliver Third Mid-Term Address Next Tuesday

Mayor William Phelan will deliver his third mid-term address Tuesday. Jan. 2 at 10 a.m. ceremonies in the City Council chambers at City Hall

Ward 5 Councillor Doug Gutro is expected to be unanimously re-elected to his second one-year term as city council president.

Jeanne Reardon is also expected to be unanimously re-elected to her 27th consecutive one-year term as clerk of council committees.

Two council members will be elected to Quincy Medical Center Board of Trystees. And two will be

(Cont'd On Page 20)

Early Deadline For Next Week's Sun

Because of the New Year's Day holiday, there will be an early news and advertising deadline for next week's Quincy Sun.

News, church, organizations and youth sports releases, retail, political and classified advertising and legal notices should be in The Sun office, 1372 Hancock St., by noon tomorrow (Friday) to assure publication in the Jan. 4 issue.

The Sun will be closed Monday, Jan. 1.

■ A 'Welcome Home' From Iraq - *Page 2* ■ Last Call For Sun 'Citizen Of Year' - *Page 36*

VOLUNTEERS FROM THE Quincy Lodge of Elks #943 recently delivered dictionaries to all third grade students in Quincy. The Dictionary Project is designed to enhance literacy and reading for all third grade students and help them become good writers, active readers, and creative thinkers. The dictionary is for the children to keep so they can take it with them into the fourth grade and use it throughout their school years. Receiving dictionaries from the Elks are Phillip Connolly (third from left), principal of the Clifford Marshall Elementary School and Colleen Roberts (fourth from the right) curriculum director. Delivering the dictionaries are Elks members (from left) Paul Johnson, Tom Connor, Maureen Mesheau, Ben Wilcoxen and John Mahoney, Jr. Other Elks participating but missing from photo: Jim Folk and Paul Tracy. The Elks has received thank you letters from the children.

Hancock House
QUINCY

HAS YOUR HOUSE BECOME TOO BIG
AND A BURDEN TO MAINTAIN?

Consider what Hancock House offers.
Independent living with convenience at your door.
Designed for those who are looking to simplify their responsibilities and maximize their enjoyment of life.

No need for a car

Located at 45 School St. Quincy. Directly across from St. John's Church
We are within walking distance to the down-town
shopping area and we are on the T bus line

* Modern Apartments
* Wiring for cable
* Maintenance Staff
* Balconies
* Wall-to-Wall Carpeting
* Smoke alarms and Sprinkler Systems
* Laundry Facilities
* Residents Room

ONE BEDROOM AVAILABLE
Call Monday - Friday 9:00 -5:00
617 - 773 - 9542

9/11 Motivates Jeffrey Clifford

Former Quincy Resident Welcomed Home From Iraq

By MIKAELA SLANEY

Jeffrey Clifford of Hanson, formerly of Quincy, recently returned from a year-long deployment in Fallujah, Iraq to a warm reception and welcome home party.

He was greeted upon his return to Fort Devens by 15 family members, and was the honoree at a "Welcome Home Party" at the Knights of Columbus, North Quincy, that boasted a guest list of over 200.

Clifford trained for combat for four months at 29 Palms Marine Base in the Mojave Desert in California before serving seven months in Fallujah, a city at the heart of the Sunni Triangle in the Al Anbar Province of Iraq. Fallujah is known as an area with a high number of armed insurgents, Clifford said.

While in Fallujah he patrolled the area as vehicle commander of the lead HMMV vehicle in a mobile assault platoon with the first battalion. HMMVs carry heavy machine guns, and are used by marines to engage the enemy in different situations.

As the vehicle commander of the lead "point vehicle" HMMV, Clifford had to spot improvised explosive devices (IEDs or roadside bombs), spot potential ambushes, stop suspicious vehicles and persons for a weapon search, and search houses and courtyards for weapons.

JEFFREY CLIFFORD

Clifford served as the navigator for the platoon responsible for ensuring the safe arrival of eight vehicles to their destination, and was assigned the field interrogator for the platoon.

Clifford said that the most rewarding experience that he had while on deployment was helping "Baby Maryam," a child suffering from severe health problems. Baby Maryam was transported from Iraq to America where she could be treated for a condition that caused her bladder to develop on the outside of her body. Clifford said that he took pride in helping her reach the attention that she needed.

"Saving Baby Maryam was definitely one of the most rewarding experiences, and making a contribution to the War on Terror by capturing a number of agents," he said. "That was something that I was happy to do, to help contribute. I would do it again."

Clifford said that he decided to return to action in the wake of the Twin Towers tragedies.

"My motivation, if I had to say one motivation, was Sept. 11, 2001. That definitely inspired me," he said.

He is the assistant general counsel and manager of the Compliance and Enforcement Unit of the Massachusetts Dept. of Industrial Accidents, and a Marine combat infantry veteran of Operations Dessert Shield and Desert Storm.

He enlisted with the first Battalion, 25th Marines, based out of Fort Devens, Ayer, MA in 2005.

Raised in Quincy, he is a graduate of UMass with a BA in arts and Catholic University School of Law, Washington D.C., with a Juris Doctorate degree.

In 1998 he worked as an assistant District Attorney in the Norfolk County District Attorney's Office, where he prosecuted cases out of the Quincy District Court.

His wife, Jeannine Clifford, and three children, Juliette, 6, Jacqueline, 5, and Jeffrey Jr., 2, reside in Hanson.

"We're so proud of him, he did an amazing job," said Jeannine Clifford.

Hey Quincy!!!
IT'S OUR 18TH YEAR!
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Quincy Police Department's 28-Member SCUBA Unit Formally Commissioned

The Quincy Police Department's first SCUBA Unit was formally commissioned recently and placed into service. The Quincy Police SCUBA Unit was formed to conduct counter-terrorism deterrent searches of critical maritime infrastructure located in Quincy.

The unit will conduct subsurface inspections of piers, docks, ships and energy transfer facilities located in the Fore River Basin. The above security measures are routinely conducted in the inner Boston Harbor by Boston, Everett and the Massachusetts State Police Departments. Until now, no such counter-terrorism measures were taken to protect the communities surrounding the Fore River Basin.

The existence of the Quincy Police SCUBA Unit will enhance the combined efforts of local, state and federal law enforcement agencies to protect the Port of Boston, which includes Quincy, Weymouth and Braintree.

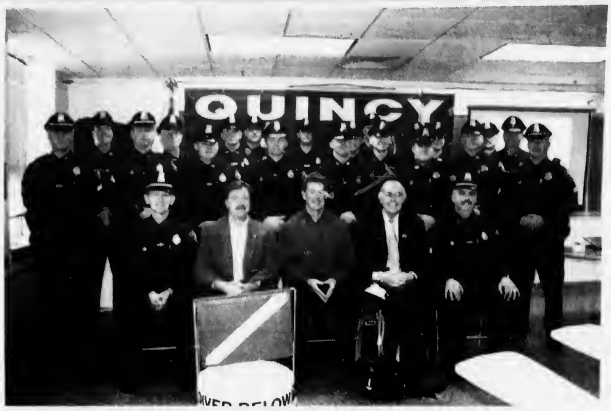
The unit is comprised of 28 Quincy Police officers and is under the command of Lt. Donald Greenwood of the Quincy Police Department's Homeland Security Unit. All members of the Quincy Police SCUBA Unit are volunteers.

Funding for the formation of the unit was received by the Quincy Police Department from a Homeland Security grant. Unit equipment includes dry and wet suits to ensure all-season capability.

All SCUBA Unit members completed five courses to become certified as police divers. These courses included: Basic Scuba Diver, Advanced Open Water Diver, Rescue Diver, Dry Suit Diver and Police Search Diver.

The 28-man unit was equipped and received initial traing from Mr. Al Anzuoni of South Shore Divers Incorporated, located in Weymouth. Advanced specialized training will be provided to the unit by federal agencies such as the U.S. Customs Agency, the U.S. Naval Explosive Ordinance Disposal Unit and the U.S. Coast Guard.

The Quincy SCUBA Unit is comprised of 23 officers, three team leaders , a Deputy Commander and a Commander. The unit includes: Commander Lt. Donald Greenwood, Deputy Commander Sergeant Robert Gillan and team leaders Sergeants Greg Goyette, Richard Tapper and John Kelly. The 23 other unit members are officers Donald Allison, Sean Biggins, Steven Cleary, Thomas Cleary, Scott Doherty, Michael Foley, Thomas Gaeta, John Leuchte, William Monteith, David Pacino, Matthew Patten, Jim Whedbee, Robert Bell, Steven Burgio, James Flaherty, Daniel Francis, Garrett Greenwood, Brian Mahoney, William O'Brien, Daniel Parisi, David Santosuosso and Bruce Trieu.



THE 28-MEMBER Quincy Police SCUBA Unit was commissioned into service on Dec. 17. Front row, from left: Commander Lt. Donald Greenwood, Police Chief Robert Crowley, Mayor William Phelan, former Mayor Arthur Tobin, clerk magistrate of Quincy District Court and Deputy Commander Sgt. Robert Gillan.

Friends Of Wollaston Beach Winter Planning Meeting Jan. 4

The Friends of Wollaston Beach Reservation (FoWBR) will hold its winter planning meeting Thursday, Jan. 4 at 7 p.m. at the Nickerson American Legion Post, 20 Moon Island Rd., Squantum.

Sub-committees and events are being organized to be ready for the beach season.

The goal of the association is to promote the wise use and preservation of the beach, encouraging volunteering, alerting others to issues affecting Wollaston Beach through educational, cultural, social and civic groups, and advocating on behalf of beach users.

The public is invited to attend the meeting.

New members are welcome.

For more information, call 617-653-9787 or visit www.wollastonbeach.org.

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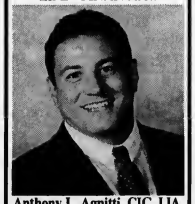

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Sunbeams

By Henry Bosworth

The John Hancock Plunge

Want to get off to what you might call a refreshing start for the New Year?

Or call it a courageous one.

And help a worthy cause at the same time.

Well, you're invited to be at the Mound Street Beach in Quincy Point Saturday, Jan. 20 at 11 a.m.

And take the John Hancock Birthday Plunge, Quincy's new version of the L Street Brownies.

KELLY

Uniform of the day: swimsuit, speedo, or a costume of your choice in which to take the plunge into the nice, cool waters of Mound Street Beach. Brrr!

But it is all for a worthy cause. Registration fee is $10 per person. Proceeds go to the Interfaith Social Services.

The event, coinciding with Hancock's birth Jan. 23, 1737 is being sponsored by the Quincy beaches and Coastal Commission of which Ward 1 Councillor Leo Kelly is chairman.

HANCOCK

Kelly is a Hancock booster. He thinks the latter has been somewhat slighted not only in history but in his hometown of Quincy.

"You hear a lot about John Adams and John Quincy Adams, but not too much about John Hancock," Kelly says. "He was not only the first signer of the Declaration of Independence, he was the president of the Continental Congress which is like being the first president of the United States."

"He later became governor of Massachusetts. And many people wanted Quincy to be named Hancock in his honor."

One reason Hancock doesn't get as much attention as the Adams presidents is the fact that his birthplace was destroyed by fire in 1759 while the Adams birthplace and the Adams Mansion, home of four generations of the family, are still here as main tourist attractions.

The Adams Academy, home of the Quincy Historical Society, was built over the cellar of the Hancock birthplace on Adams Street. The Academy was a gift from John Adams who selected the site himself in honor of his boyhood friend and fellow patriot.

Kelly several months ago, had a copy of the Declaration of Independence hung in the City Council chambers along with a glass case of pewter figures of Hancock, Adams and Thomas Jefferson. At his own expense.

Hancock's signature on the Declaration of Independence is, perhaps, the world's most famous autograph.

And that has given Kelly another idea to keep Hancock in the local spotlight.

He is planning a penmanship contest for elementary school students with the blessing of School Supt. Dr. Richard DeCristofaro.

Getting back to the Hancock Plunge the names of those taking part will be entered into drawings for prizes. And there will be refreshments-hot, of course.

Those hearty souls wanting to take the plunge can register by making out a $10 check payable to Interfaith Social Services and sending it to: Quincy Beaches and Coastal Commission, care of Chickie Abdallah, treasurer, 48 Silver St., Quincy, MA 02169.

And will Kelly be taking the plunge himself?

"Well," he says, "I promise to dunk my big toe."

That could get you tossed in, Leo.

❑

LOYAL READER: Jessica Creswell of Grandview Ave., Wollaston, has to be one of our most loyal readers.

She says she really enjoys The Sun. So much so, she has copies of every issue for the past eight years.

That's loyalty.

❑

SMILE DEPT: Fr. Raymond Kiley of St. John's Church, who likes to mix a little humor with his homilies, told one that goes like this:

A grandmother was lamenting to a friend that she has traditionally sent checks to her older grandchildren but they never called to thank her.

But this year, she told her friend, she sent checks and they not only called but came to see her.

"What made them change," her friend asked.

"Well," she replied, "this year I didn't sign the checks."

❑

HAVE A HAPPY, Healthy New Year, everyone.

Moments in time

THE HISTORY CHANNEL

• **On Dec. 28, 1895,** the world's first commercial screening of a film takes place at the Grand Cafe in Paris. The film featured short clips, including a humorous segment involving a gardener and a hose.

• **On Dec. 26, 1908,** Jack Johnson becomes the first black American to win the world heavyweight title when he knocks out Canadian Tommy Burns in a championship bout. In 1912, Johnson was convicted of transporting an unmarried woman across state lines for "immoral purposes" and was sentenced to a year in prison, but fled the country disguised as a member of a black baseball team.

• **On Dec. 29, 1916,** James Joyce's book "Portrait of the Artist as a Young Man" is published in New York. In 1918, his novel "Ulysses" began to be serialized in the American journal Little Review. However, the U.S. Post Office stopped the publication's distribution on the grounds that the novel was obscene. It was banned in the United Kingdom and the United States until 1933.

• **On Dec. 30, 1936,** "sit-down" strikes close seven General Motors factories in Flint, Mich. Rather than picket outside a factory only to be ignored or forcibly cleared away, the sit-down strike enabled workers to halt production and seize the plant "from the inside."

• **On Dec. 31, 1941,** America's last automobiles with chrome-plated trim are manufactured. Starting in 1942, chrome plating became illegal as part of an effort to conserve resources for the American war effort.

• **On Dec. 27, 1951,** the Crosley mail car is put into use by the U.S. Postal Service in Cincinnati, Ohio. It was the first right-hand-drive car designed specifically for mail delivery.

• **On Dec. 25, 1995,** actor and singer Dean Martin dies. He was 78. Martin was born Dino Paul Crocetti in Steubenville, Ohio, in 1917. In 1946, he teamed up with comedian Jerry Lewis. The duo made 16 movies together over 10 years, starting with "My Friend Irma" in 1949.

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MAE: 2 1/2 y.o. black and white.

MARLO & MARIAH: 6-month old sisters.

MATTIE: 1 y.o. black and white. Shy.

MOLLY: 6 y.o. black and white.

PENNY: 7 y.o. tabby. Quiet home.

QUINN: 6 y.o. male tabby. FIV+.

SEBASTIAN: black longhaired 9 y.o. (owner passed away).

TABITHA: 2 y.o. gray and white tabby.

Red Cross CPR, First Aid Courses Jan. 5-17

The American Red Cross of Massachusetts Bay is offering the following courses Jan. 5 - 17 at its South Area office, 1495 Hancock St., Quincy.

Adult CPR/AED: Jan. 5 from 1-5:30 p.m. Cost is $55. This course teaches bleeding, first aid for choking and CPR for victims over eight years of age.

CPR for the Professional Rescuer Review: Jan. 8 from 6-10:30 p.m. Cost is $60. Prerequisite is current certification in CPR for the Professional Rescuer.

Adult CPR/AED: Jan. 11 from 6-10:30 p.m. Cost is $55. This course teaches bleeding, first aid for choking and CPR for victims over eight years of age.

Adult CPR/AED Review: Jan. 11 from 9 a.m. to 6 p.m. Cost is $50. Prerequisite: current certification in CPR for the Professional Rescuer.

CPR for the Professional Rescuer Review: Jan. 13 from 6-10:30 p.m. Cost is $80. Prerequisite is current certification in CPR for the Professional Rescuer.

Infant & Child CPR: Jan. 17 from 6 - 10:30 p.m. Cost is $55. This course teaches bleeding, first aid for choking and CPR for victims over eight years of age.

Registrations are being accepted for both a daytime and an evening Home Health Aid and Certified Nursing Assistant courses starting Jan. 8. Cost is $800.

The American Red Cross will train qualified applicants to become certified classroom instructors in CPR and First Aid. Classes will be offered at our convenient Quincy location. If you have a few hours a week, you can learn how to teach others in your community to save a life.

Preregistration is required for all courses. Call 617-770-2600 Monday through Friday, 8:30 a.m. - 4:30 p.m. for more information.

ATTENTION QUINCY RESIDENTS

DUE TO THE NEW YEAR'S DAY HOLIDAY, MONDAY, JANUARY 1, 2007, TRASH COLLECTION WILL BE A DAY LATE NEXT WEEK. THERE WILL BE A SATURDAY COLLECTION FOR TRASH USUALLY COLLECTED ON FRIDAY. THIS APPLIES TO ALL ROUTES.

Allied Waste Services

Free Financial Advice At COA

Free discussions on financial planning is available at the Council on Aging office, 83 Saratoga St., Quincy, on the fourth Friday of every month.

Call 617-376-1506 for an appointment.

Scenes From Yesterday

THIS IS A 1941 real photo postcard view of an Eastern Mass Street Railway trolley heading down Babcock Street from near The Bit in Houghs Neck. Sea Street is just out of sight on the right. The old single-track trolley line in Houghs Neck ran the length of Sea Street except for a half-mile stretch along Babcock Street from here to Manet Avenue where it rejoined Sea Street. The destination sign on the trolley reads Boston Limited, but the car is going the other way. Busses replaced the trolleys in Houghs Neck in April 1948. There was a grocery store and bakery in the building shown here for over 25 years. The Brown family first operated it in the 1920s and then the Stokoes ran it until World War II. The building is still standing although it has had some architectural changes and is now number one Babcock Street. Today, there is a large "Welcome to Houghs Neck" sign near where the man is standing. To contact Tom Galvin, e-mail tmgalvin@verizon.net.

From the Collection of Tom Galvin

Computer Classes At Crane Library Begin Jan. 10

The Thomas Crane Public Library, 40 Washington St., announces upcoming computer classes, Wednesdays from 10 - 11 a.m., to be held at the second floor computer lab.

All classes require experience using a mouse and keyboard, and those who lack previous experience may call 617-376-1316 for a one-on-one tutorial, or to arrange for an online practice tutorial.

Internet Basics 1: (Wednesday, Jan. 10) This class teaches common features found on most websites. Learn about links, navigation and scrolling. Get hands-on practice using skills on several interesting websites.

Internet Basics 2: (Wednesday, Jan. 17) This follow-up class will feature "Google" and teach how to do some basic searches. Participants will learn how to search, evaluate results, and get hands-on practice.

Introduction to Email: (Wednesday, Jan. 24) This class will teach Yahoo's free email service, learn how to compose, send, forward and reply to messages, attach files, and create and use an address book. Participants are urged to create a Yahoo email account before the class (even if they already have an account with a different provider, such as Comcast or Hotmail) and be sure to bring email addresses of friends or family members to the class.

Introduction to Word: (Wednesday, Jan. 31) This class will teach how to create a simple letter, complete a class assignment or write a novel, how to create, save, format, edit, spell-check and print a document. The class will also feature several tips and shortcuts to make Word easier to use.

For information about a computer class, call the library at 617-376-1316.

Readers Forum

Praise For Lt. Minton, Police, Fire Departments

As I read Lt. Dan Minton's latest column entitled A Job Well Done, I wanted to just say that his weekly columns contain valuable information and each week his commentaries get better and better.

This most recent piece about getting into a stranger's car explained just what could happen. He's got great common sense too.

As a police officer, myself, known to write a thing or two, I met Dan for the first time earlier this year. I told him his columns were really good. He replied coming from me that was a great compliment.

One year ends, another begins. I hope none of us ever forgets those that serve and protect us here in Quincy.

Whether, police or firefighters who are always there when we need them and without whom we would be in dire straits.

Without public safety, what would we have? We should never forget the job they do everyday. We should never take them for granted.

I haven't the foggiest idea why I became a police officer, but I do remember how sad I was when a childhood friend of my mother, Officer Franny Johnson was killed in the line of duty on Boston's Tremont St. back on March 17, 1969. Perhaps, he inspired me, I don't know.

Thanks to all the members of the Quincy Police and Fire Departments for being there for us. A job well done.

Sgt. Sal Giarratani
Metro Boston DMH Police

Seek Medical Gear To Loan

The Council on Aging is seeking donations of medical equipment that is no longer needed by the current owner but can be loaned to someone else.

The present highest priority is given to bath transfer seats.

Call the Council at 617-376-1506.

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Quincy's Yesterdays

Tobin To Give 'Accounting' In Mid-Term Address

By FRANK McCAULEY

Mayor Arthur H. Tobin will begin his second year in office Jan. 2 with a mid-term address in which he will compare the promises he made in his Inaugural with his accomplishments of the past year.

"I'm proud to be able to say, this is what I said on Jan. 3 1978, and now on Jan. 2 1979, I'm making this accounting of my stewardship. Judge me on what I said and what I did."

This Week
1978
28 Years Ago

HOSPITAL AUDIT FINDINGS TO BE DISCLOSED JAN. 8

A special meeting of the Quincy City Council was scheduled for Jan. 8 to begin the process of settling once and for all the administrative and financial problems of City Hospital.

Touche-Ross, the Boston firm that has been conducting a systems audit of the hospital under a $43,000 contract, will present its findings and make recommendations at that time.

Mayor Tobin declined to disclose of the Touche Ross findings, but did say "There are some things I found alarming to me."

QUINCY-ISMS

Woodward Spring, 11 Mayor McGrath Highway, offered "to check your front end, springs and shocks for only $2 while you wait,"... **Nancy Reed** and **Janet Manson** of Quincy, licensed practical nurses, received gift memberships in the Licensed Practical Nurses of Massachusetts, District 17... **Joan C. Picard**, a freshman member of the School Committee, was appointed to serve on the Mass. Assn. of School Committees Energy Conservation Committee of 1978-1979... **Carolyn Trout O'Reilly**, daughter of Mr. and Mrs. Elvin Trout, 180 Whitwell St., is a member of a pre-admission orientation program for pediatric surgical patients at Brockton Hospital... Pizza Chef, with locations at 661 Hancock St., Wollaston, and 33 Temple St., Quincy Square, was offering "20 percent off any purchase, senior citizens only,"... Veteran Councillor **John J. Quinn** was expected to be re-elected Council President when the Council organizes on Jan. 2 1979... The Massachusetts Energy office reported that the cost of home heating oil averaged 54.6 cents a gallon in Quincy and neighboring communities... **Bryan McGilvray**, son of Mr. and Mrs. Donald McGilvray of Squantum, was named to Who's Who Among American High School Students for 1977-1978... **Albert J. Vasile** of Wollaston, an associate professor at Bunker Hill Community College, Charlestown, completed the second edition of his college textbook titled "Speak With Confidence,"... **Sgt. William R. Carney, Jr.**, son of Mr. and Mrs. William Carney, Sr., 18 Berlin St., Wollaston, was recently presented the Assault Badge upon graduation from the Air Assault School at Ft. Campbell, KY... **Edward M. Miller**, 16, of Harvard St., North Quincy, received his Eagle Scout award. Edward, the son of Mr. and Mrs. Edward C. Miller, had been a member of Scout Troop 27 for three years... The Colonial Restaurant, 1600 Hancock St., was advertising "New England seafood and Italian dinner specials,"... Finlay's E-Z Shop, 108 BayView Ave., Houghs Neck, was featuring "our famous specialty of the house, the Super Buffet, all for $1.95 per person,"... **Richard Rizzo**, son of Mrs. Mila Rizzo, 87 Sumner St., Quincy Point, was playing a featured role in a New York City revival of William Gipson's play about young Helen Keller, "the Miracle Worker,"... Quincy High School music student **David Carbonneau**, son of Maurice Carbonneau, vocal music director at north Quincy High School and Gay Carbonneau, elementary vocal music director, was selected to perform with the Music Educators National Conference in Atlanta... Coach **Joe Amorosino's** Quincy High basketball team had a little trouble defeating Brookline, 77-59. **Jeff Connerty** and **Brian Donovan** led Quincy scoring with 20 points apiece... *The Quincy Sun* was offering subscriptions "for only $5 per year,".:. **Maureen Roche**, 12, of the Quincy Track Club, continued her torrid place by winning the Women's 300, taking second in age group and was third in the women's shot put in the meet at Franklin High School... Nichols College freshman **Gerry Shepherd**, son of Mr. and Mrs. Thomas Shepherd of Wollaston, was a member of the varsity basketball team.

Arts & Entertainment

Marie's Kitchen

BY MARIE D'OLIMPIO

Lemon Shrimp And Kathy's Date Surprise

At our daughter Nancy's Christmas party for her employees, there were countless appetizers at the table, but one was unique because it was the first time I had ever seen it. It will be great for New Year's Eve.

It was brought by Kathy and very easy, but very delicious.

Kathy's Date Surprise

1 package dates (pitted)
enough almonds to fill the dates
bacon strips cut in half

After all the dates are pitted in case you can't find those that are, stuff each one with an almond. Wrap half slice of bacon around each one. place a toothpick in each one and bake in a 350 degree oven in a baking dish until bacon is crispy. The combination of the bacon with the sweetness of the dates is incredible.

The other appetizer is one I prepare and also great for New Year's Eve. And especially for shrimp lovers.

Lemon Marinated Shrimp

2 pounds fresh or frozen shelled and deveined shrimp
1/2 cup lemon juice
1/4 cup cooking oil
3 tablespoons olivė oil
2 tablespoons fresh parsley
1/2 teaspoon salt
1/4 teaspoon pepper

First boil the shrimp until pink. Drain. If large shrimp you can cut them in half lengthwise.

Combine the lemon juice, cooking oil, olive oil, parsley, salt and pepper. Pour over the shrimp until well coated.

Refrigerate for several hours stirring once in awhile.

When it's time to serve the shrimp, simply drain off the liquid and arrange in a platter lined with lettuce leaves. Happy New Year!

FAITH LUTHERAN CHURCH Sews-Up Some Extra Comfort for Quincy Medical Center Patients - Members of the Faith Lutheran Church in Quincy have mastered the art of turning a scrap of fabric into a bit of home for hospitalized patients at Quincy Medical Center. The church routinely donates hand-sewn pillows – known as "comfort cushions" – to be given to Quincy Medical Center patients during admission. The pillows are designed as a reminder of home and an extra cushion to make patients more comfortable throughout their hospital stay. Nancy Allen (back row, center) and Donna Crosta (back row, right) hand deliver the latest batch of "comfort cushions" to Margarete Banner, Recreational Therapist in the Transitional Care Unit at Quincy Medical Center (back row, left) and Angela Ashbridge, a recent Quincy Medical Center patient from Weymouth (front). The church has sewn, stuffed and delivered more than 1,000 of the pillows to Quincy Medical Center, this year.

January Movies At Crane Library

The Thomas Crane Public Library, 40 Washington St., announces the upcoming movies for January.

"Inu Yasha" Thursday, Jan. 11 at 7 p.m.: Kagome Higurshi goes on a tour of feudal Japan surrounded by monsters and magic. This program is intended for adults and teens 13 and older.

"Something like Happiness" Thursday, Jan. 18 at 7 p.m.: Monika, Tonik and Dasha were childhood friends, and now dealing with issues as adults. The film is unrated, but not recommended for children under 17 without parental permission.

Both films are free. For more information call 617-376-1301 or visit www.thomascranelibrary.org.

Monthly Orientation Tours At Crane Main Library

Free monthly orientation tours of the Thomas Crane Public Library, 40 Washington St. will begin Jan. 6.

Orientations will be provided on the first Saturday of each month from 10 to 10:45 a.m.

The tours will include the original library building, a masterpiece designed by renowned architect H.H. Richardson in 1882 recently restored to its original beauty, now the home of 180 current magazine titles from *Antiques to Yoga Journal.*

Take a close look at the carved brownstone bas relief sculpture on the exterior of the 1939 Coletti reading room, and check out the monthly art exhibit inside.

Then visit the newest addition, a distinctive contemporary interpretation of Richardson's Romanesque style constructed in 2001, with everything from audiobooks to internet computers to zoo passes.

All ages are welcome to join the orientation tours. Interpretations in Cantonese and Mandarin will be provided.

Upcoming orientations are scheduled for Feb. 3, March 3, April 7 and May 5. For more information, call 617-376-1301.

Line Dancing For Seniors

The Quincy Council on Aging will hold a line dancing class for seniors every Thursday at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., Quincy Point.

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SOCIAL

Woodward School Lists First Term Honor Roll

The Woodward School for Girls announces 34 Quincy residents on its First Term Honor Roll.

They are:

Headmaster's List:
Alexandra Baylis (Gr. 6), Emily Rines (Gr. 6), Sarah Saccoach (Gr. 6), Courtney Sheridan (Gr. 6), Shannon Leary (Gr. 7), Jade Hoang (Gr. 11) and Sally Vo (Gr. 11).

Honors:
Niamh O'Connor (Gr. 6), Danielle Paschall (Gr. 6), Amanda Rowen (Gr. 6), Caitlin Sullivan (Gr. 6), Emilija Baksys (Gr. 7), Allyson Howie (Gr. 7), LilliAnn Plourde (Gr. 7), D'onna Roche (Gr. 7), Caroline Spada (Gr. 7), Elizabeth Spellberg (Gr. 7), Mariana Verenis (Gr. 7), Elizabeth Spada (Gr. 9), Rebecca Lee (Gr. 10), Jaimie Riley (Gr. 10), MaryCate Rivera (Gr. 10), Jocelyn Spellberg (Gr. 9), Joelle Tobin (Gr. 10), Miranda Bloom (Gr. 11), Bethany Keenan (Gr. 11), Tina Le (Gr. 11), Alyssa Colby (Gr. 12), Casey Doherty (Gr. 12), Mary Harris (Gr. 12), Brittany Norton (Gr. 12), Alessandra Davin Sangurima (Gr. 12) and Stephanie Tobin (Gr. 12).

Others on the **Headmaster's List;**
Sarah Bender (Gr. 9), Julia Butts (Gr. 6), Rachel Padell (Gr. 6), Olivia Grover (Gr. 11), Joo Hyun Oh (Gr. 8), Yun Hwa Chang (Gr. 9) and Rose Periello (Gr. 9).

Others on **Honors;**
Sharon Lawler (Gr. 12), Madison Dillon (Gr. 6), Sarah Devlin (Gr. 7), Alyssa McGrail (Gr. 7), Elizabeth Egan (Gr. 8), Aoife Leonard (Gr. 8), Lisa Sullivan (Gr. 9), Ana Iliev (Gr. 10), Sidonia Maninos (Gr. 10), Jennifer Armando (Gr. 11), Njide Adichie (Gr. 9), Samantha Ludwig (Gr. 10), Nicole Frazier (Gr. 9), Dara Keyes (Gr. 9), Tatiana Rosado (Gr.10), Ye Eun Kim (Gr. 9), Sarah Wheble (Gr. 10), Lida Grabowicz (Gr. 7), Lori Wong (Gr. 8), Alanna Melendez (Gr. 10), Dana Gaymond (Gr. 12), Katherine Dunn (Gr. 6), Emma Whatley (Gr. 6), Lindsey Michetti (Gr. 8), Anaise Trocher (Gr. 8), Tayika Joseph (Gr. 9), Katrina Sarkis (Gr. 10), Bonetta Shaw (Gr. 10), Jennifer Driscoll (Gr. 11), Meaghan McDermott (Gr. 12), Ekta Naik (Gr. 12), Samantha MacKenzie (Gr. 10), Ayaman Qazi (Gr. 7), Ashley Jean Robing (Gr. 11), Mary Torrey (Gr. 11) and Seung Hye Kim (Gr. 7).

COA In Need Of Bath Seats

The Council on Aging is in urgent need for bath seats for senior citizens.

To donate, call the COA at 617-376-1245.

MR. and MRS. VINCENT DEL VECCHIO

Mr., Mrs. Vincent Del Vecchio Celebrate 50th Anniversary

Vincent and Ethel (McPhail) "Bitsy" Del Vecchio, of Faxon Park Rd., recently their 50th wedding anniversary at the LeBaron Hills Country Club, Lakeville, hosted by their children and grandchildren.

They wed Oct. 14, 1956 at St. Joseph Church, Roxbury.

Mr. Del Vecchio grew up in Quincy, and Mrs. Del Vecchio was originally from Roxbury. They have lived in their Quincy home for 50 years, and also reside in Naples, FLA.

They were joined at the celebration by their children, Donna Velez of Marshfield, Diane DePietro of Lake Ville, Lisa Bowen of Pembroke, Vincent Louis Del Vecchio of Marshfield, and 14 grandchildren.

Mr. Del Vecchio owns the Body Smith Shop, and Mrs. Del Vecchio formerly worked at the Patriot Ledger, circulation department.

Phelan Speaker At Beechwood Breakfast Jan. 3

Mayor William Phelan will be the guest speaker at the Beechwood on the Bay Current Events Senior Breakfast Wednesday, Jan. 3 at 9 a.m.

The mayor's topic will be "The Year Ahead."

For reservations, call 617-471-5712.

Two Quincy Residents On Newman Honor Roll

The Newman School in Boston lists two Quincy residents on its first semester honor roll.

They are:

Katerina L. Katides, daughter of Mary Katides of Eustis St., Quincy and James Katides also of Quincy.

Alexander J. Bodkin, son of Mary and James Bodkin of Hamden Circle, Quincy.

Ice Skating Classes At Shea Rink

Winter Learn-To-Skate classes for children, ages 4 1/2 and up, and for adults are starting at the Shea Memorial Rink, on Willard Street, West Quincy. Classes are on Fridays at 4 p.m. and on Sundays at 11 a.m.

Beginner, intermediate and advanced classes are taught and participants must use either figure or hockey skates.

For information and to register, call Bay State Skating School at 781-890-8480.

Exercise Classes For Seniors

The Quincy Council on Aging will hold a safe senior exercise program every Monday and Wednesday at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., Quincy Point.

For more information, call 617-376-1506.

ICE SKATING CLASSES at 13 RINKS
Children (4½ up) & Adults
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Sacred Heart School

If I Could Have One Wish Come True . . .

Due to a production error, Christmas wishes written by fifth graders at the Sacred Heart School in North Quincy did not appear in last week's *Quincy Sun*.

The wishes, based on the question, "If I Could Have One Wish Come True" this holiday season, are listed below.

The Sun regrets the error.

It would be to meet David Ortiz, Albert Pujols, Joe Mauer, Carlos Beltran and Ryan Howard at the Baseball Hall of Fame in Cooperstown, New York.

Michael Gendreau
Sacred Heart

It would be for a cleaner enviroment because people should be responsible and not litter and pollute the enviroment.

Karen Huang
Sacred Heart

It would be for all families and friends to be happy and enjoy a great holiday season.

Andrew Jaehnig
Sacred Heart

It would be to have all families together for Christmas.

Nicole Coloma
Sacred Heart

It would be that the homeless find a home and people fighting in Iraq come home for Christmas.

Aditi Sharma
Sacred Heart

It would be that everyone is happy during this holiday season.

Margaret Wu
Sacred Heart

It would be to stop the mindless killing of young American soldiers in Iraq and in the world.

Brendan Calnan
Sacred Heart

It would be that my cousin who lives in Hong Kong who was hit by a car in Japan can heal soon, so she can come home for Christmas.

Abigail Benire
Sacred Heart

It would be that everyone is happy and joyful.

Michael Milaveo
Sacred Heart

It would be that all families be together on Christmas.

Patrick Janeiro
Sacred Heart

It would be for the homeless to find a home and for the sick to get well so they can come home for Christmas.

Christina Stuver
Sacred Heart

It would be that everyone's Christmas be healthy and peaceful.

Matthew Bickford
Sacred Heart

It would be that all families will be happy, no one is sick or starving, and everyone gets along with each other.

Marcus Giomg
Sacred Heart

It would be for world peace and that the soldiers in Iraq come home safely for Christmas.

Amanda Lee
Sacred Heart

It would be for peace in the world.

Jenay Cedrone
Sacred Heart

It would be for world peace, for people to recycle more and for the soldiers to come home for the holidays.

Noelle Brady
Sacred Heart

It would be always doing a good job in school.

Kendrick Chu
Sacred Heart

It would be to meet Patrice Bergeron, Wayne Gretsky, Zdeno Chara, Tim Thomas, Bobby Orr, Sidney Crosby and Alexander Ovechkin at the Kockey Hall of Fame in Toronto, Canada.

Russell Tardanico
Sacred Heart

It would be to have any game I want and for nothing bad to happen to my family.

Jonathan Li
Sacred Heart

It would be that everyone would help the poor.

Jacky Mei
Sacred Heart

It would be that nothing bad will ever happen again. I'd wish for no more wars, no pollution, no AIDS and nobody going to bed cold and hungry.

Maura McDonough
Sacred Heart

It would be that my cousin who is in training for the Navy will never go to war.

Hayley Forbes
Sacred Heart

It would be for all the people in nursing homes without families to have a wonderful holiday and to be joyous and glad for all they have.

Shannon Devin
Sacred Heart

It would be for world peace. This would be a great wish because lots of families have to be seperated.

Stephan Maranian
Sacred Heart

It would be for world peace and a cleaner environment.

Christine Ortisi
Sacred Heart

It would be to meet Laurence Maroney, Troy Brown, Chad Johnson and Tom Brady.

Brian Doyle
Sacred Heart

It would be for a cleaner environment. I don't want to see fish and other animals die because of polluted water.

Vanessa Nguyen
Sacred Heart

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Phelan Begins 3rd Term; Gutro Council President, Dwyer School Vice Chair

(Cont'd From Page 1)

2006 In Review

WARD 5 COUNCILLOR Douglas Gutro was sworn in as city council president by City Clerk Joseph Shea at the city's inauration ceremonies in January.

Ward 5 City Councillor Douglas Gutro was elected president of the Council and pledged cooperation with the mayor's office, honest deliberations and a continuing effort to "keep the city affordable for those who can call Quincy their home."

Elaine Dwyer was elected vice chairwoman of the School Committee and cited the completion of the new Quincy High School and a possible all-day kindergarten program for all eligible students as two of her main goals.

Councillors John Keenan, Jay Davis and Kevin Coughlin were given top appointments as chairmen of the finance, ordinance and oversight committee respectively.

Friends of the Star of the Sea Parish in Squantum, closed since October, 2004, indicated that they were likely to appeal a refusal by the Vatican to reopen the church, which currently existed as a mission chapel.

Louvenia Davenport Brewster, who grew up in segregated Alabama in the '30s and '40s, was the keynote speaker at the annual Martin Luther King Day breakfast at North Quincy High School.

Celestine Dorch Howard, 97, the first African-American teacher in the Quincy public schools at Central Junior High from 1962 to her retirement in 1979 also was recognized at the breakfast.

Sen. Edward Kennedy spoke on raising the minimum wage at a "Let Justice Roll" event in connection with MLK Day.

Mayor Phelan asked the Zoning Board of Appeals to take a hard look at all applications to make sure they meet the hardship exemption needed to obtain a zoning variance.

A total of 164 graduated from Quincy College in the annual Winter Commencement, including Mary Therese Flanagan of Milton, the mother of 10 children, who was chosen to represent the Class of 2006.

The annual Quincy Senior Conference was renamed in honor of the late John Noonan, chairman of the Council on Aging for 25 years.

New LED lights were installed in traffic signals along Hancock Street and in the Ross Parking Garage and Mayor Phelan said the new lights would provide better lighting and are more cost efficient.

Quincy Police signed on to Project Lifesaver, a technological development by which missing persons suffering from Alzheimer's Disease and other special needs can be located within 30 minutes.

The Quincy/Weymouth Continuum of Care was awarded $1,567,114 in federal grant funds to administer nine projects under the 1005 McKinney-Vento Homeless Assistance Program.

Vincent Dolan was sworn in a commander of the Quincy Veterans Council.

Some 60 friends and family members honored Mrs. Sadie Smith DeAngelo of Quincy on her 100th birthday. She attributed her longevity to a cup of Dunkin' Donuts coffee and a chocolate frosted donut every day.

Police Chief Robert Crowley, businessman Mark Bertman and educator Peter H. Tsaffaras were inducted as new members of the board of governors of Quincy College.

Broad Meadows Middle School students sold bottled water and held a "hat day" and raied $1,500 for the Quincy Cares citywide effort to help those in Jefferson Parish, La., impacted by Hurricane Katrina.

MAYOR WILLIAM PHELAN takes his third term oath in January from his father-in-law, former Mayor Arthur Tobin, as his children William Arthur, Kerry, Rachel and Brianne join him. *Quincy Sun photos/Robert Noble*

Deaths in January included:

Richard Frye, 55, of Quincy, who played the saxophone in the Tuxedo Junction band.

Anna M. William, 82, of Squantum, former administrative assistant in the office of Sen. John F. Kennedy.

Arthur H. Desmond, 85, of Quincy, a bombardier and prisoner of war in Germany for 16 months during World War II.

Lorraine F. Goldwait, 79, of Quincy, former operator of Stan's Card and Gift Shop in North Quincy.

Coleman R. Gill, 83, of Long Beach, Calif., formerly of Quincy, a Navy veteran of World War II, the Korean War and the Vietnam War.

(Cont'd On Page 11)

From our Family to You and Yours
Happy New Year

Norfolk County Register of Probate
Patrick McDermott
Attorney
Tracy Wilson
Alana and Adam

Best Wishes For A Happy New Year And A Safe Holiday Season

City Council President
and Ward 5 Councillor
Doug Gutro and Family
Doug, Susan, Brian and Scott

DAVIS
WARD 4
Wishing you Happiness this Holiday Season

WJDA Sold, 18 Officers Graduate Police Academy

(Cont'd From Page 10)

2006 In Review

FEBRUARY

Radio station WJDA, the voice of the South Shore for 57years, was sold for $4.5 million to the Principle Broadcasting Network, a Christian-oriented music and talk network of stations.

"It's getting harder and harder to make it as a stand alone station," said Jay Asher, the president and CEO and son of the founder of the station.

The Historical District Commission left in limbo plans by the United First Parish Church to display a 34 x 4 feet banner supporting gay marriage from the 367-year-old Stone Temple where Presidents John and John Quincy Adams once worshipped and are entombed.

The commission ruled the banner was too big and the configuration would compromise the integrity of the architecture but the church was given until March 7 to revise it application.

Mayor William reappointed 40 members of his administrative staff with a notable exception — Treasurer-Tax Collector James Chiccino.

Phelan gave no reason for the omission but he warned the rest of the staffers, "It is important that we remember the basic mission of public service."

City Council President Doug Gutro and City Clerk Joseph Shea announced plans to hold a half-day training session for their staffs on "Community Disersity and Cultrual Competency."

Quincy escaped the wrath of a northeast storm that some meteorologists called a blizzard even though some 15 inches of snow fell on the city accompanied by near gale for winds of 35 miles an hour and temperatures well below freezing.

"Nothing of an emergency nature happened," said Tom Gorman, the director of Emergency Management.

The City Council passed an ordinance calling for a $50 fine and possible eventual court action for property owners who fail to remove snow and ice from sidewalks in front of non-residential buildings.

Mayor Phelan formed a "Smart Zoning" Committee to address and review existing city ordinances and the zoning code to enhance and improve the quality of life in the city.

Noting that the city's energy bill has nearly doubled since 1998, Council President Gutro filed an order establishing a special committee to check energy efficiency of all public buildings.

Eighteen new police officers graduated from the Police Academy and were expected to be in uniform and on the streets sometime in April.

Fire Chief Timothy Pettinelli reminded Quincy residents that carbon monoxide alarms would be required in all residences with potential source of the deadly gas by March 31.

Matt Delorey, 23, a student at Quincy College who fought in both wars in Afghanistan and Iraq, was the first to receive a tax-free state bonus of $1,000.

Alarmed by a high number of disturbance calls, police and other officials met with the City Council's Ordinance Committee to consider changes in the "Keeper of a Disorderly House" ordinance.

George White, who volunteered 40 years as a member and chairman of the Quincy Christmas Festival Committee, was named The Quincy Sun's Citizen of the Year for 2005.

The 2006 city census forms went into the mail, including for the first time a two-page "Neighborhood Improvement Survey" added by Mayor Phelan to identify neighborhood concerns and issues.

Radio station WJDA, the voice of the South Shore for 57years, was sold in February for $4.5 million to the Principle Broadcasting Network, a Christian-oriented music and talk network of stations. WJDA STUDIO was around long enough to become a landmark on Brackett Street in Quincy. *Quincy Sun Photo/Noreen O'Shea*

A record 4,000 turned out for the 18th annual Quincy Lunar New Year Festivals at North Quincy High School, celebrating the Year of the Dog with the Asian community.

Scott Campbell of Quincy was sworn in as deputy state treasurer to oversee the Information Technology and Financial Education Department and the Massachusetts School Building Authority.

Bill Fitzgerald and Glenn Caterer's Photo Quick, the last of the small one-hour photo finishing shops in Quincy, closed it's doors after 24 years.

A 90 x 75 quilt depicting scene of city life in Quincy, knitted by local participants in Quilters Compass, was on display at city hall.

Senior Kyle Costa became the fifth player in North Quincy High School history to score 1,000 points in a basketball career when he popped in 23 in the Raiders' 67-52 victory over Bridgewater-Raynham.

North Quincy beat Quincy at basketball 67-59 before 1,400 fans to tie the Presidents for the Atlantic Coast League North Division title, each with 10-2 records.

Deaths in February included:

The Rev. Joseph J. Downey, 86, of Boston, retired pastor of St. Joseph's Parish in Quincy Point.

Bernard E. McCourt, 83, of Houghs Neck, retired tender at the Fore River Bridge for 40 years.

Dorothea A. Madden, 84, of Norwood, formerly of Quincy, once a professional skater with the Ice Capades.

Bonaventura Tautvaisas of Quincy, who held 20 international patents and designed stockings for Queen Mary of England.

(Cont'd On Page 12)

As We Celebrate The Peace And Joy Of This Holiday Season We Extend Our Best Wishes For A Happy And Healthy New Year.

Mayor William and Tracey Phelan

and children Rachel, Brianne,

Kerry and William Arthur

Mayor Proposes Code Enforcement Officer

(Cont'd From Page 11)

2006 In Review

MARCH

Mayor William Phelan presented the City Council with a proposed ordinance that would permit the creation of the position of code enforcement officer.

"My goal of strengthening our great neighborhoods would, be augmented by dedicating a position to deal with the issues that plague our neighborhoods and detract from the quality of life in our city," he said.

The mayor also reintroduced to the City Council his Neighborhood Stabilization Plan, a program that potentially would allow a grant of up to $500 to Quincy residents 62 years of age or older who have lived in their property for 20 or more years.

"This initiative would recognize the people that helped build our city and make it great," said the mayor. "Our goal is to get people to reinvest in our neighborhoods and this program would be a valuable help for our seniors."

The intersection of Hancock Street and Billings Road was designated Captain E. Alan Brudno Square in memory of the Quincy boy who grew up around the corner and lost his life as a result of the Vietnam War.

The 79-year-old St. Joseph's parochial school in Quincy Point, faced with an expected deficit of $100,000 and declining enrollment, announced plan to close at the end of the school year.

The City Council paid tribute to Radio Station WJDA, which had served the South Shore area for 57 year but was sold this year for $4.5 million to Principle Broadcasting, a Christian music and talk network.

Citations were presented to Jay Asher, the owner and son of the founder; Joe Catalano, "the voice of WJDA," and Mike Logan, "the man you turn to for all the news you need to know."

The way was cleared for United First Parish Church to raise a 34-foot, 9-inch banner in support of same-sex marriage when church father agreed at a Zoning Board of Appeals hearing to cut the display time from 90 to 60 days.

Quincy College signed a transfer agreement that would allow Quincy College students who complete an Associate's degree to enroll in baccalaureate degree programs at Cambridge College.

Diana Ong, fluent in Mandarin Chinese with reading proficiency in French and Japanese, was named an assistant to Mayor Phelan.

Representative Bruce Ayers was cited by MASSPIRG for his stand against a bill pending in the state legislature that would lead to a liquefied natural gas (LNG) plant on Outer Brewster Island in Boston Harbor.

Quincy received a grant of $473,640 from the Federal Emergency Management Agency (FEMA) to elevate or retrofit 17 flood-prone properties.

More than 450 friends of Father Bill's Place raised more than $50,000 for homeless women at the Open Your Heart Dinner Dance at Lombardo's in Randolph.

The Quincy Point Congregational Church presented a check for $10,000 to the Quincy Public Schools' Project Access, which provides rights and special services to homeless children. The money was raised through sale of a church-produced CD.

Cadette Senior Girl Scout Troop 4202 and Junior Girl Scout Troop 4157 were recognized by the City Council for earning the highest awards in their levels, the silver and bronze awards, respectively.

"It's refreshing," said Councillor Jay Davis. "I think these young women are what is right about Quincy."

Quincy, which planted 450 new trees and replaced 250 others last year, was named Tree City USA for the 10th straight year by the National Arbor Day Foundation and the State Office of Environmental Affairs.

Sean Galvin, a partner at Galvin Construction Co., was introduced as the new president of Quincy 2000 Collaborative, the city's public/private partnership for economic development.

Richard Gormley of Sovereign Bank was elected president of the Quincy Business Association.

Hank Conroy, who coached the Quincy High football team from 1964 to 1977, including an undefeated season in 1970, was inducted into the Massachusetts High School Coaches Hall of Fame.

Deaths in March included:

Robert T. Trimper, 75, of Quincy, retired general director of John Hancock Life Insurance Co.

Dimitrios C. Skafidas, 58, of Weymouth, formerly of Quincy, retired owner of Jimmy's House of Pizza for 15 years.

Mary C. Papile, 98, of Quincy, retired assistant city treasurer and matriarch of the Papile family of 16 children.

Ruth H. Wainwright, 91, of Hough Neck, a founding member of the Houghs Neck Community Council.

(Cont'd On Page 13)

CAPTAIN E. ALAN BRUDNO Square was dedicated in March at the intersection of Billings Road and Hancock Street in North Quincy in memory of the Quincy man who was a Vietnam POW for seven and a half years. Friends, brothers and admirers attending the dedication included (from left) Lou Pritchett, a Marine fighter pilot in the war; brothers Robert and Steven Brudno; Marine Lt. Col. Orson Swindle, Brudno's cellmate in North Vietnam; and Joseph McCain. brother of Sen. John McCain of Arizona, himself a Vietnam POW.

Quincy Sun photo/Robert Noble

Holiday Greetings
from All of Us at
BROOKDALE
RIVER BAY CLUB,
QUINCY

Wishing You
A Happy New Year
And A Blessed
Holiday Season
City Councillor at-Large
Joe Finn and Family

"The friendship of those we serve is the foundation of our progress -"
"Our Thanks to You and Best Wishes for the New Year."
DENNIS SWEENEY FUNERAL HOME
Quincy's First for Three Generations
Dennis S. Sweeney Joseph M. Reardon
Funeral Directors
74 Elm Street • 617-773-2728

United First Parish Displays Marriage Equality Banner

(Cont'd From Page 12)

2006 In Review

APRIL

A banner proclaiming "People of Faith For Marriage Equality" went up on the façade of United First Parish Church and Pastor Sheldon Bennett said it would remain there for 60 days while the state legislature debated a same sex marriage amendment.

"Our primary purpose is to publicly proclaim that as people of faith we support marriage equality and that marriage equality affirms the core values as Unitarian Universalists," said Bennett.

Not all Quincy clergymen went along with Bennett's view. The Rev. John Swanson, pastor of the Union Congregational Church of Wollaston, called the banner a "narcissistic" display of an "in your face attitude."

"The Founding Fathers of this country made two assumptions when they wrote the U. S. Constitution," he said, "one, that America would always be a Judeo-Christian country and, two, that the family unit of a mother and father would always be intact.

"Today both these assumptions are under attack and what a travesty that the final resting place of John Adams, author and driving force behind our constitution, has been desecrated."

The controversial statement eventually went for naught when the legislature failed to act on the amendment in constitutional convention.

Police were in an all-out search for the writer of noted threatening sexual assault written on pages torn from American Girl magazine and wrapped in girls' underwear and left on porches, mostly in the South Quincy area.

Mayor William Phelan and the City Council expressed concern that, in the event of a shutdown of the New England Fertilizer Co. plant, some 275 tons of sludge would be hauled from the old Fore River shipyard by truck rather than rail.

"On-site storage, odor, heavy truck traffic through neighborhood streets, and the leaking of sludge material from non-watertight trucks onto city streets are all concerns that are raised by this proposal," said the mayor in a letter to Patrick A. Laskey, executive director of the MBTA.

Laskey apologized for not keeping Quincy informed of the plan, telling the Council's Oversight Committee" "We assumed that everyone knew about it. We should have been more thorough in our outreach."

MySpace.com may be "a place for friends," but Dan Feeney of the Norfolk District Attorney's office warned an audience of parents at Quincy High School that "in many aspects it is like a Disneyland for predators."

State Trooper David McSweeney advised MySpace members not to post real names, not to arrange face to face meetings with strangers and not to respond to messages that are threatening, hateful or uncomfortable and instead report concerns to police.

City Council President Doug Gutro asked the MBTA to reconsider the reduction of commuter rail service to Quincy on the Boston to Kingston rail line. In cutting the Quincy stop, the MBTA noted that the city also has a Red Line stop on the subway.

Frank McCauley, freshly retired after 32 years as mayor, city councilor and school committeeman in Quincy, began writing the weekly "Quincy's Yesterdays" column in The Quincy Sun.

The William B. Rice Eventide Home, long a landmark among the graceful green estates on Adams Street, announced plans to replace the 70-year-old existing building with a completely new three-story building constructed behind the old one.

The Dorothy Quincy Homestead, the home of four degenerations of the Quincy family and the girlhood home of the wife of John Hancock, was designated a National Historic Landmark.

Mayor Phelan named a task force to better identify and enforce ordinances regarding illegal rooming houses.

Deaths in April included:

Lorraine Rodgers, 51, of Quincy, a U. S. Adult figure skating champion in 2005.

Clement F. Crowley, 84, of Quincy, who trained and seconded boxers for 50 years.

John F. Wipfler, 88, of Wareham, formerly of Quincy, the city's first labor adviser.

Annette M. Suk, 100, of Duxbury, a retired employee of the Bargain Center in Quincy.

A PASSERBY STOPS to check the message "People Of Faith For Marriage Equality" on the 34 by 4 foot banner displayed at historic United First Parish Church. The banner, dedicated April 2, remained for 60 days. *Quincy Sun photo/Noreen O'Shea*

Robert S. Katz, 82, of Newton, longtime newspaper man who closed out his career as advertising representative for The Quincy Sun.

Robert G. Fitzgerald Sr., of Milton, co-owner of South Shore Buick in Quincy.

Dr. Stephen W. Nease, 81, of Hillsboro, N.H., formerly of Quincy, former president of Eastern Nazarene College.

John D. Noonan, 86, of Quincy, chairman of the Council on Aging for 20 years.

Louise B. MacDonald, 103, of Eliot, Maine, formerly of Quincy, a retired Quincy teacher.

(Cont'd On Page 14)

Happy New Year!
Thank you to all our customers for your continued patronage. See you in 2007!
from
ABIGAIL'S CROSSING
1360 Hancock St., Quincy
617-472-5667

Wishing you and yours the happiest of Holidays!
Anne MAHONEY
SCHOOL*COMMITTEE

Happy New Year
City Clerk Joseph Shea and Family

Season's Greetings
from
South Shore Buick
50 Adams St., Quincy • 617-770-3300

Season's Greetings and a Healthy New Year from our home to yours.

Councillor at Large Mike McFarland and Family
TARA, RYAN, MIKE, MARTY, and ERIN

FY07 Budget Would Increase Education 5% But 100 Fewer Workers

(Cont'd From Page 13)

MAY

Mayor William Phelan submitted a proposed budget of $237,502,017 for Fiscal 2007 to the City Council, an increase of $10,719,712 over Fiscal 2006. Projected revenues for Fiscal 2007 were estimated at $238,860,942.

Education, which accounts for 31 per cent of the expenditures, would increase by five per cent but the budget allowed for a decrease of 100 in the number of city employees and funding for the new position of code enforcement officer.

"We're going to continue as long as I am the mayor to invest in our future by investing in our schools," said Phelan.

Station WJDA, 1300 on your radio dial, signed off after nearly 60 years of broadcasting Quincy and South Shore news.

A task force created under Mayor Phelan's Neighborhood Initiative program began cracking down on illegal rooming houses. Property owners who fail to correct violations were subject to $1,000 a day fines.

"We are committed to improving our neighborhoods and listening to concerns expressed at neighborhood meetings," the mayor said. "The task force will appropriately address every complaint and ensure that the neighborhoods are protected."

The mayor also submitted to the City Council a request for $2.2 million for repairs and other improvements to city sidewalks, which :our Neighborhoods First! Surveys showed are a top priority of our residents."

While the worst flooding in 70 years devastated the North Shore of Boston, Quincy and the South Shore escaped virtually unscathed from nearly a week of unrelenting rain. The National Weather Service figured 9.35 inches fell on Quincy in five days.

"Except for some water in basements and yards, we seem to have escaped serious flooding," said Tom Gorman, the emergency management director.

Renovations were completed to a home at 31-33 Winter St., Quincy Point, to house 19 previously homeless male veterans, the most resent installment in the city's 10-year plan to end homelessness,

Friends of Star of the Sea in Squantum, the little church that refuses to die, announced that they had raised the $6,000 needed to fund an appeal to the Vatican's Apostolic Signatura to be reopened as a full-fledged curch.

Boston Police Commissioner Kathleen O'Toole delivered the annual Law Day address at ceremonies in Quincy District Court in which she recalled how former Quincy Mayor James McIntyre inspired her as a young political science student.

Carlos Seino, 47, of Randolph was arrested for the Aug. 3, 2002, slaying of Daniel DeCosta, 43, a custodian at city hall, whose body was found behind the Thomas Crane Public Library. The investigation was stymied for 21 month by a backlog of DNA samples.

Liberty Group Publishing of Illinois purchased the 169-year-old Patriot Ledger of Quincy as well as the Enterprise of Brockton, the Memorial Press Group weeklies of Plymouth and the 90 weeklies of the Community Newspaper Company.

George Regan, a Quincy College graduate who founded and presides over Regan Communications Group in Boston, was the keynote speaker at his alma mater's commencement at the Granite Links Country Club. There were 229 graduates.

Congressman William Delahunt, former Boston Mayor Kevin White and former Attorney General Frank Bellotti were presented Distinguished Service Awards.

More than 300 medals were handed out at the 24th annual Quincy Senior Olympics Awards ceremony at Beechwood on the Bay.

"We've come of age," said Sharron Beals, Beechwood's executive director. "Twenty-three years ago the first senior games were held on a Saturday with three events. This year the 10-day event offered 21 competitions at eight sites throughout the city."

The Houghs Neck American Legion Post celebrated its 50th anniversary.

Father Philip Salois, a Vietnam combat veteran and state chaplain of the American Legion, was the keynote speaker at Quincy's Memorial Day ceremonies in Mount Wollaston Cemetery.

Deaths in May included:

Cosmo J. Mignosa, 80, of Milton, former owner of the Fruit Basket in Quincy.

Charles F. Mahoney Jr., 88, of Quincy, an Army cryptologist who decoded the message from Gen. George Marshall to Gen. Douglas MacArthur that Japan had surrendered.

(Cont'd On Page 15)

2006 In Review

CITIZEN OF THE YEAR — George White (center), 40-year member of the Quincy Christmas Festival Committee, the past 25 as chairman, received The Quincy Sun Citizen of the Year Award and a special Page One of The Sun from Publisher Henry Bosworth and Editor Robert Bosworth at a reception held in May at the Quincy Sons of Italy Social Center.

Quincy Sun photo/Maralin Manning

FOUR QUINCY POLICE Officers received the Robert P. Dana Distinguished Service Award for Law Enforcement at the recent Law Day ceremonies at Quincy District Court in May. The recipients are Officer William Horick (third from left), Officer Lane Watkins (third from right), Officer John McIssac (second from right) and Lt. Charles Santoro (far right). The awards were presented by Norfolk County District Attorney William Keating (center.) With them are Mayor William Phelan (far left) and Captain Paul Keenan (second from left).

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We Wish You A HAPPY NEW YEAR and GREAT JOY THIS HOLIDAY SEASON

SCHOOL COMMITTEEMAN
JIM TIMMINS and FAMILY

PEACE and HAPPINESS TO ALL

George and Sandra Burke

Happy Holidays

DOHERTY & WHITE INSURANCE

353 SOUTHERN ARTERY,
QUINCY (RTE. 3A) 617-773-4700

Happy New Year

from

THE QUINCY CITY CLUB

Historic Granite Gazing Ball Returns To City Hall

(Cont'd From Page 14)

2006 In Review

JUNE

The City Council, by a 7-2 vote, approved Mayor William Phelan's proposed budget of $237,502,017 for Fiscal 2007, an increase of $10,719,712 over Fiscal 2006. Dissenters were Councillors Daniel Raymondi and Joseph Finn.

An independent study of the Quincy Fire Department ordered by the City Council found a lack of personnel, the presence of asbestos in fire stations and their physical deterioration.

"The Fire Department facilities are old and poorly maintained," said the report by MMA Consulting Group, Ice.

"As far as the study goes. I hope it can be used as a blue print for the future and it doesn't just get swept under the rug," said Fire Chief Timothy Pettinelli.

Former Mayor James Sheets, 71, suffered a mild heart attack but was able to return to his home after five days in Quincy and Boston Medical Centers.

"He's feeling fine," said His wife, Joanna. "He had a stent inserted in one artery that was blocked."

The historic granite ball, a gift of the Quincy Granite Manufacturers Association for the city tercentenary celebration in 1925, was returned to its original site outside city hall after 69 years in the rotary at the Fore River Bridge.

Iraq War veterans and those who served with the 102nd Army National Guard Battalion based in Quincy served as group Grand Marshal as special tribute in the 55th annual Quincy Flag Day Parade and Celebration, postponed one week by the weather.

Mayor Phelan said he plans to ask the State Department of Social Services to shut down a group home on Spear Street that many blame for assaults, drugs and vandalism that have plagued the neighborhood.

Students in the sixth grade at the Broad Meadows Middle School planted a Children's Peace Garden at the Thomas Crane Public Library as part of Operation Day's Work, a national student-run project co-founded at Broad Meadows.

Mayor Phelan and Police Chief Robert Crowley announced plans to set up speed traps on neighborhood streets in response to concerns expressed in Neighborhood First! Surveys.

The Healing Wall, a traveling replica of the Vietnam Veterans' Memorial Wall in Washington, honoring those who died in the Southeast Asian war three decades ago, was on display for three days at the Koch Recreation Complex. It attracted more than 4,500 viewers.

An ordinance funding the establishment of a code enforcement officer was passed by the City Council's Ordinance Committee despite the opposition of Councillors Finn, Doug Gutro and Raymondi.

The Quincy Farmers' Market opened its 25th season in the John Hancock Parking lot across from the courthouse.

Federal census estimated placed Quincy's population at 90,250 in 2005 but City Clerk Joseph Shea wasn't convinced. "It's probably correct," he said, "but I'm in the middle of the city census now. I'll wait and see how it turns out."

The Wollaston Lutheran Church celebrated its 75th anniversary.

The Salary Review Committee sent to the City Council a recommendation that the salaries of the mayor and 47 city employees, most of them high ranking, be upgraded. The mayor's salary would go from $101,175 to $122,474 in three yearly steps.

Club Manager Roger Brousseau held an Honor America celebration at the Neighborhood Club on Glendale Road.

Hugh Crawford, 59, a postal worker, was charged with murder in the death of his 92-year-old mother, Mary, in the home they shared on Tyler Street in North Quincy.

Brian Hughes, 16, of Quincy, who was born without a right hand and forearm, scored a team-high six goals as the United States team took third place in the International Standing Amputee Ice Hockey World Championships in Riga, Latvia.

Deaths in June included:

Celestine Dorch Howard, 97, of Randolph, Quincy's first African-American teacher from 1954 to 1979.

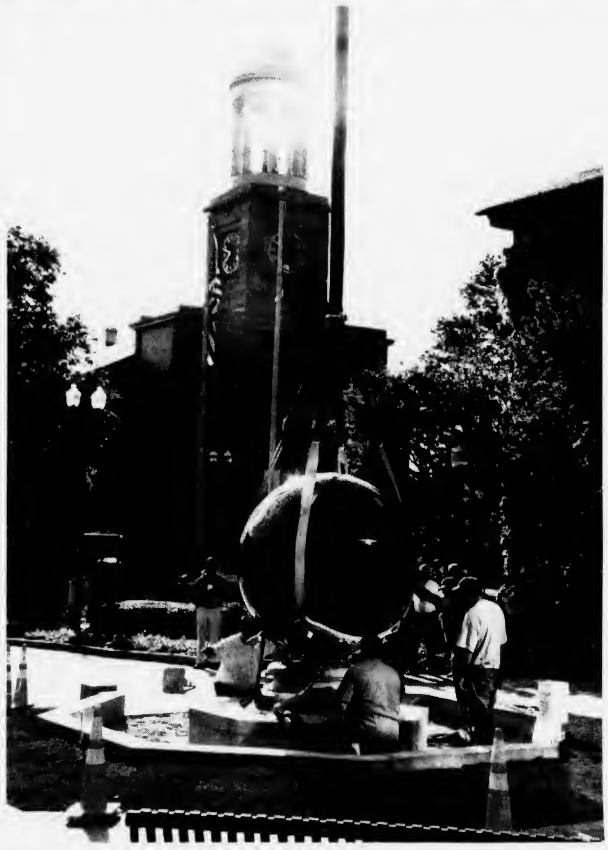
Wilfred A., 84, and Doris B. Sylvester, 83, of Milton, formerly of Quincy, died within three days of each other after 52 years of marriage.

Barbara J. Stevens, 69, of Braintree, formerly of Quincy, a co-foundar of DOVE, the shelter for abused women.

Astrid Eckblom-Haggblom, 100, of Ocala, Fla., formerly of Quincy, grandmother of five, great grandmother of eight and great great grandmother of eight.

George W. "Jappa" Papile, 77, of Weymouth, formerly of Quincy, one of the 16 children of the late Lucia and Raffaele Papile, and one of seven brothers who served in World War II.

(Cont'd On Page 16)



THE GRANITE BALL is lowered by crane onto its base on Constitution Common on June 13 as it returned to its City Hall location after a 69-year hiatus. It was rededicated two days later.
Quincy Sun photo/Robert Noble

Happy Holidays from Rogers Jewelry
1402 Hancock St., Quincy
(Bank of America Building)
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Warmest Wishes to you and your family for a great holiday season.
Bruce and Maureen Ayers
State Representative

Season's Greetings
To All of You
from Your Friends at
HTA Hancock T.V. & Appliance
115 Franklin St., Quincy
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James, Kevin, Domenica, Maria and Matthew
From Our Family to Yours
We Wish You All the Blessings
of This Most Special Holiday Season
Councillor Kevin F. Coughlin & Family

City's Bond Rating Improves To 'A+'

2006 In Review

(Cont'd From Page 15)

JULY

Mayor William Phelan announced that Sandard and Poors, the bond rating company, had increased Quincy's bond rating from "A" to "A+," enabling the city to save hundreds of thousands of dollars in future debt payments.

"We continue to improve our city's financial strength and it is being recognized," said the mayor. "The rating increase will help us save significant taxpayer dollars going forward."

Standard and Poors cite Quincy's low debt burden, continued strong property tax base growth, growing revenue flexibility, higher reserve levels and excess levy capacity as reasons for the improve rating.

Mayor Phelan told the state he would like to see the city take over control of state-owned land along Wollaston Beach, Furnace Brook Parkway and Squantum Point Park.

In a letter to Stephen Burrington of the Department of Conservation and Recreation, he cited the state's neglect in maintaining the property and asked for a meeting to discuss Quincy taking it over.

Later, he pulled back his request for a meeting when he got a personal telephone call from Lt. Gov. Kerry Healey proposing that she visit the sites to investigate the problem herself.

"She was taking it seriously," said Phelan. "The lieutenant governor deserves a chance. Let's see how they do."

An explosion blew Robert Donnelly out the back door of his home on Craig Avenue, Quincy Point, and investigators traced the cause to flammable cleaning fluids that infiltrated the sewer system.

Gloria Williams, treasurer/tax collector of the town of Pembroke, was appointed to the same position in Quincy.

The city of Quincy and the State Division of Marine Fisheries planted 360,000 seed soft-shell clams in Quincy water in an effort to reestablish the once-thriving clam-digging industry in the city when they become adults in 18 to 20 months.

The Mayor's Office of Constituent Services competed work on the city's first "Good Neighbor Guide," a handy booklet reviewing, in English and Chinese, the quality of life ordinance in the city.

The death of 3-year-old Gitakrsna Gannavarapu in a fall from a sixth floor window in a Quincy Point apartment complex touched off new interest in the code that governs buildings in the city.

City Councillor Brian McNamee wrote to Boston Mayor Thomas Menino for information on his alleged plan to locate a pre-release center on Long Island in Boston Harbor, accessible by land only through Quincy.

John Quincy Adams, the sixth president, was praised for his courage in standing against slavery as a president wreath was laid on his tomb in United First Parish Church in observance of the 239th anniversary of his birth.

An autographed size 22 Reebok Pump sneaker worn by NBA superstar Shaquille O'Neal and donated by Uncle Sam Rounsevelle, was auctioned off on e-bay at the 12th annual Father Bill's Place Food Fest & Auction at Marina Bay.

Four Quincy police officers were sworn in as Norfolk County deputy sheriffs, a traditional rite that gives the Quincy officers jurisdiction beyond the city limits.

John Fagerlund, a district manager of the US Automotive Sales Division of Daimler Chrysler Corporation, was named to the Zoning Board of Appeals.

Deaths in July included:

Donald P. Sartori, 77, of Quincy, owner of Louis Restaurant in Hough Neck and Louie, a basset hound featured on TV.

Sadie G. DeAngelo, 100, of Quincy, a lifelong resident of Quincy.

(Cont'd On Page 17)

LITTLE MISS USO Ava Lyons rides along in the Squantum Fourth of July parade.

SUMMERTIME FUN - A group friends and neighbors from the Chickatabot Road area had that good old summer time look in the Merrymount Fourth of July Parade with their "Back To The Beach" entry. *Quincy Sun photos/Robert Noble*

HAPPY HOLIDAYS
The Quincy Business Association
1416 Hancock St., Quincy

Seasons Greetings
from
Senator and Mrs. Michael Morrissey and Family

Happy Holidays
Christine Cedrone Logan, Esq.

HAPPY NEW YEAR!
School Committee Vice Chairwoman Elaine Dwyer and Family

Happy New Year
From The Tobins To You

est. 1962 Young World
KIM FORD DIRECTOR
DANCE
JAZZ • TAP • BALLET • HIP HOP
3 Yrs. & Up
GYMNASTICS
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Best Wishes for the New Year.
Ward 1 Councillor
Leo Kelly

Happy Holidays from
DUNKIN DONUTS
543 Southern Artery
825 Southern Artery
1462 Hancock Street
366 Centre Street
1250 Hancock Street
100 Granite Street

$5M For Downtown Redevelopment

(Cont'd From Page 16)

2006 In Review

AUGUST

The Quincy State House delegation announced that the city will receive $5 million under the Economic Stimulus Law to aid in the redevelopment of the downtown area.

"This money is a direct appropriation and will be immediately available to the city, unlike bond monies where the city would have been on a waiting list to get funding," said Sen. Michael Morrissey.

The $5 is earmarked specifically for the redevelopment of downtown Quincy but, added Morrissey, "the city has enormous discretion and flexibility on the use of the money in the downtown area."

A midsummer heat wave nudged the temperature to the 100-degree mark

DOVE, the city's shelter for battered and domestically abused woman and children for the past 28 year faced closure Oct. 1 in the face of drastic cuts in state funding that eliminated the $250,000 contribution completely.

The License Board voted unanimously to add a 50-cent gasoline surcharge to taxi fares, which now start at $1.75 and will go to $2.25. "Cab drivers are struggling to make a living," said Board Chairman Joseph Shea.

City Councillors Doug Gutro and Brian McNamee were taking steps to organize "The Friends of Wollaston Beach," to advocate for improvements and organize events and activities at the state-owned beach.

A new city ordinance went into effect to prevent residents from excessive paving on their property. "I applaud the Council for their action," said Mayor Phelan. "This issue was at the forefront in many of the 'Neighborhoods First!' survey results."

Work was expected to being in September on the second major phase of the sewer rehabilitation project along Quincy Shore Drive. He project would largely entail the relining of the existing pipe. It's expected to take about a year.

The Quincy Restaurant League was formed around the catchphrase "Taste Quincy!" to spearhead a campaign to bring more restaurant-goers to Quincy.

The Thomas Crane Public Library reported that it was busier than ever in the fiscal year ending July 31 with 602,076 people checking out materials, 56,575 more calling the reference room with questions and 8,757,830 hits on the library website.

A state appropriation of $100,000 survived a veto by Gov. Mitt Romney, enabling work to continue on restoring Merrymount Park to its original design.

The 19th annual August Moon Festival drew a crowd of some 6,000 to the Kam Man Marketplace in President's Plaza despite the threat of rain.

Mrs. Helen Fisher Bailey of Quincy, whose birthplace on the Cape is a registered historic house, celebrated her 102nd birthday.

The Rev. Michael Robertson took over a pastor of the First Church of Squantum.

On the eve of the city's first of four $3 million paybacks, the state decided to forgive an interest-free $12 million loan made to the city in 1999 as part of the deal to save Quincy City Hospital, now Quincy Medical Center.

The 5th Annual Mayor Garden Party at the National Historical Park grounds raised $10,000 to assist tourism in Quincy.

The 17th annual Quincy Medical Center Golf Classic raised $184,000 to support the advanced, high quality, compassionate care at Quincy Medical Center. This year's proceeds went to benefit the Medication Safety Program.

Billy Allen, a second generation race driver from Squantum. Was competing in the 125cc World Hydroplane championships in Auronzo, Italy. He is then two-time defending US National Champion in the Professional Racing Outboard Division.

CHILDREN from the Dance Philippines Performing Arts Company perform the Flower Dance, 'Balaklakan' at Quincy August Moon Festival in August.

Quincy Sun photo/Robert Noble

Deaths in August included:

Richard Moses, 87, of Quincy, who wrote shows for Broadway and scripts for the movies.

C. Edward O'Connell, 83, of Brockton, a retired fire lieutenant and father of retired Fir Chief Paul O'Connell.

David J. Farrell, 80, of Quincy, former columnist and managing editor of the Boston Herald.

Jeremiah J. Dacey, 77, of Quincy and Naples, Fla., former co-owner of Dacey Brothers dairy stores.

John A. Malvesti, 93, of Weymouth, formerly of Quincy, a pioneer in life-saving techniques as a Quincy policeman.

Paul A. Couillard, 81, of Danvers, formerly of Quincy, who served in the Navy in World War II and the Korean War and the Air Force in Vietnam.

Mary Verullo, 101, of Quincy, a homemaker..

(Cont'd On Page 18)

Happy New Year and Best Wishes Always

Norfolk County Commissioner John and Vi Gillis

In the spirit of this joyous season, may your hearts be filled with peace and love... brotherhood and faith.

Ron Mariano
State Representative

ALL OF US
AT
BEECHWOOD ON THE BAY

JOIN IN WISHING YOU A HOLIDAY SEASON WITH FAMILY AND FRIENDS

Happy Holidays from
Quincy School Committee Member
Linda Stice and Family

Happy Holidays To All Of You

School Committeeman
Dave and Rosanne McCarthy and Family

HAPPY NEW YEAR AND SEASONS GREETINGS

Brian McNamee
Ward 6 Councillor

Happy New Year

KEVIN MULVEY
School Committee

THE FIFTH ANNIVERSARY of the 9/11 terrorist attacks on the Trade Center Twin Towers in New York City, the Pentagon and the heroically thwarted one in Pennsylvania was observed at a solemn ceremony in Central Fire Headquarters. *Quincy Sun Photos/Robert Noble*

MRS. MARIA COCHRANE, wife of Quincy Police Officer James "Jamie" Cochrane, 38, fatally injured in a private motorcycle and auto collision Sept. 9, is escorted from St. John's Church following a funeral Mass Thursday by her father, Christopher Styles and Police Sgt. Mark Kennedy. Lining the steps are (left) Mayor William Phelan, Quincy District Court Clerk Magistrate Arthur Tobin, his wife, Shirley, City Council President Doug Gutro, Councillors Leo Kelly and Jay Davis. At the right are Police Chief Robert Crowley, State Treasurer Tim Cahill, Sheriff Michael Bellotti, Councillor Brian McNamee and Dist. Atty. William Keating.

City Remembers 9/11, Mourns Patrolman's Death

(Cont'd From Page 17)

2006 In Review

SEPTEMBER

An apparently innocent but ill-conceived attempt to fly the flag of the People's Republic of China alongside the American flag over a Wollaston building touched a nerve in Quincy.

To some in the city's burgeoning Asian population it was the non-political flag of their former homeland.

But to veterans and others, particularly those who fought Communists in Korea and Vietnam, it was still the flag of the enemy.

The Chinese and an American flag flew briefly over the headquarters of the Chinese United Association at the corner of Hancock and Beale Streets but was taken down when the protests started.

Deval L. Patrick of Milton won the Democratic nomination for governor, sweeping to victory by a large margin over rivals businessman Christopher F. Gabrieli and Attorney General Thomas F. Reilly.

But while his statewide numbers were of landslide proportions, Patrick won Quincy by the narrow margin of just 94 votes over Gabrieli. The final primary count was 4,983 for Patrick, 4,889 for Gabrieli and 4,219 for Reilly.

Timothy P. Murray, the mayor of Worcester, won the nomination for lieutenant governor in Quincy by 206 votes over Deborah Goldberg of Brookline with Andrea Silbert of Harwich trailing badly.

The voter turnout was 15,399 or 28.62 per cent of those registered, a little higher than expected but still light.

Despite complications, the $7 capital improvement project on Wollaston Beach was reported to be only six months behind the original schedule.

"The contractor anticipates being substantially completed by mid-November," said the State Department of Conservation and Recreation.

Phil DiBona of Milford, Conn., who grew up in Quincy, was reunited by surprise at a DAV meeting with John Simko, a man whose life he saved wile they were serving with the 45th Division in Italy 60 years ago.

A 14-foot sunflower grown by the four grandchildren of Dottie Brooks of Tyler Street, was the winner in the 12th annual citywide Grow Together Sunflower Contest. The youngsters were Ryan, Noah and Katie Brooks and Dylan Connors.

Mayor William Phelan submitted to the City Council plans to unite multiple public health agencies from different cities in a mutual aid agreement to help each other in the event of an emergency.

"There is an enormous value to pooling resources and expertise," said Council President Doug Gutro.

The City Council expressed concerns for the safety of Quincy residents and firefighters with the continued paving over of gas electricity gate boxes throughout the city.

Sister Paschala Noonan, sister of the late John Noonan, longtime chairman of the Council on Aging, was the keynote speaker at the 11th annual Senior Conference, which had been renamed for her brother.

The war on water pollution took to the streets when MIT freshmen stenciled warnings against dumpling on the streets next to storm drains that lead to Wollaston Beach and Boston Harbor.

The 14th annual U.S. Marshal William F. Degan Memorial Road Race was held on Pageant Field and also in Iraq, where 60 American law enforcement officers stationed in Baghdad held their own race in Degan's honor.

The fifth anniversary of the 9/11 terror attacks that took 3,030 lives, including those of 343 firefighter and 75 policemen, was observed in a solemn remembrance ceremony at Central Fire Headquarters,

Less than four days after a smoky fire threatened to end Bob Barker's life's work, he was back at the old stand repairing typewriters as he had done for 58 years,

"Me retire?" said the 74-yuear-old Barker. "What am I going to do? Stay home?"

Deaths in September included:

Kenneth T. Lyons, 87, of Quincy, founder and leader for 40 years of the National Association of Government Employees.

Clara Yeomans, 93, of Quincy, charter member of the Quincy Conservation Commission who served on it for 35 years.

Joseph F. Schlager, 86, of Milton, formerly of Quincy, owner of Schlager Auto Body & Towing for 50 years.

James M. "Jamie" Cochrane, 38, of Quincy, a Quincy police officer who died in a motorcycle accident.

Calvin E. Kilpatrick, 82, of Quincy, a Marine sergeant major who served in three wars, World Ward II, the Korean War and the war in Vietnam.

John W. Kelly, 101, of Quincy, an 82-year member of the Electrical Workers Union local.

(Cont'd On Page 19)

Happy Holidays!

To All Our Loyal Readers
And Friends, Old And New,
A Happy, Healthy New Year.

The Quincy Sun
Staff

HENRY BOSWORTH
ROBERT BOSWORTH
DONNA GRAY
NOREEN O'SHEA
TOM HENSHAW
DOROTHY NEWMAN
MARIE D'OLIMPIO
MIKAELA SLANEY
SEAN BRENNAN
TOM GALVIN
ROBERT NOBLE
JARED DANN
ROBIN POWERS
FRANK McCAULEY

Lt. Daniel Minton, Quincy Police Department
And Our Quincy Sun Newscarriers

HAPPY HOLIDAYS
City Councillor John Keenan
and Family

Happy New Year
from all the staff at
AGNITTI
INSURANCE
21 FRANKLIN ST., QUINCY
(617) 770-0123

Happy Holidays
and
Best Wishes
for the New Year!
Norfolk County Sheriff
Michael Bellotti and Family

Wishing you all
the joys of the season!
Quincy College
34 Coddington Street
Quincy, MA 02169
617-984-1650
www.quincycollege.edu

Chinese Flag In Wollaston Sparks Controversy

(Cont'd From Page 18)

OCTOBER

The furor over the display of the flag of the People's Republic of China in Wollaston raised up a notch when the flag reappeared alongside the American flag over the headquarters of the Chinese United Association.

Letters to *The Quincy Sun* continued to flog the red flag with its five gold starts as representative of Chinese communism and not a real cultural symbol or national flag.

"We talked to the building inspector (Jay Duca) and the Mayor's office and there is no legal issue," said a spokesman for the CUA.

"It's down now. We flew it one day (Oct. 1) for the National Chinese Independence Day."

Some 60 demonstrators, many of them veterans of the Korean and Vietnam wars, held a weekend protest rally in front of the building as Mayor William Phelan called for calm in the midst of the furor.

"They have every right to fly the flag," he said. "It may not have been a great idea to have raised the flag without warning. It's best to take it down and let things calm down."

Kenneth Burke, an 18 year veteran of the city's Parking Control Division where he served as parking control officer, was named the city's first Neighborhood Code Enforcement officer.

The first designated land taking for the extension of the Quincy Center Concourse, the land under Tan Line, a tanning salon on the Parkingway, was sent to the City Council by Mayor Phelan.

Abe Cohen, longtime human right and community activist, was honored on his 90th birthday.

Public Works Commissioner Stephen O'Donnell warned the City Council that it would take $50 to $70 million to solve the chronic flooding problems throughout the city.

Artist Henry McDaniels of Quincy was honored on his 100th birthday with a three-day open house displaying his paintings. Letters of congratulations included one from Queen Elizabeth II of England.

Bay State Community Services, Inc., founded as Survival, Inc., in 1971 to bring aid and comfort to men and women who suffered from drug abuse, celebrated its 35th anniversary.

The North Quincy High School football team entertained Plymouth North in the first game to be played in Veterans Memorial Stadium after its near $700,000 renovation that included new turf. The visitors rolled to a 40-16 win.

More than 200 people played football, soccer, lacrosse, Frisbee or simply satisfied their curiosity tried out the new surface at an open house hosted by Mayor Phelan.

More than 40 local restaurants, bakeries and wine distributors raised some $300,000 for Father Bill's Place, a homeless shelter, at the annual Father Bill's Food Festival held at Marina Bay.

Deaths in October included:

Kenneth P. Fallon Jr., 89, of Quincy, vice president of the former WJDA and longtime football announcer.

Harold J. Gallagher Jr., 80, of Easton, owner of a heating and air conditioning company in Quincy and a member of the Bowling Hall of Fame.

John D. Pettinelli, 64, of Middleboro, formerly of Quincy, public works superintendent of Whitman.

John F. Earle, 105, of Quincy, a retired toolmaker.

Marie T. Hayes, 76, of Quincy, the first Boston teacher of win Massachusetts Teacher of the Year in 1973.

Ida M. Mignosa, 69, of Quincy, co-owner of the Egg & I restaurant on Willard and Hancock Streets,

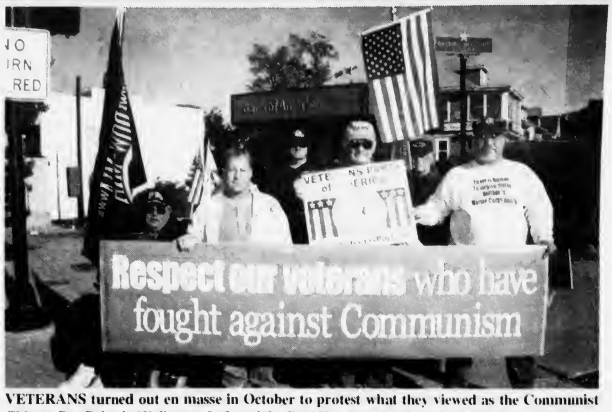
Paul Ricciardi, 90, of Quincy, well-known on the South Shore for his business and civic activities.

(Cont'd On Page 23)

2006 In Review

CHINESE AND AMERICAN flags flew over the headquarters of the Chinese United Association in Wollaton Center on Sunday, Oct. 1 and Monday, Oct. 2 in observance of Chinese Independence Day. They were down by Oct. 3.

Quincy Sun photo/Noreen O'Shea



VETERANS turned out en masse in October to protest what they viewed as the Communist Chinese flag flying in Wollaston. Left to right, Paul Hoadley of Quincy (in wheelchair), VFW Post 613; George Bouchard of Quincy, VFW Post 613; Bob Magnire of Quincy, formerly 101st Airborne Division; Richard Hagert of Scituate, state chairman of the Veterans Party; Frank Rogers of Quincy, Navy veteran; and David Lee Lawson of Quincy, Vietnam Combined Veterans and VFW Post 613. *Quincy Sun Photo/Robert Noble*

We have a long list of reasons to be thankful.

One of the Nation's 100 Top Hospitals:
Solucient

Gold Seal of Approval:
Joint Commission on Accreditation of Healthcare Organizations

Distinguished Hospital Award for Clinical Excellence:
HealthGrades

Mentor Hospital Designation:
Institute for Healthcare Improvement

Leadership Award for Clinical Excellence:
Voluntary Hospitals of America

Top 25 Percent of U.S. Home Health Care Agencies:
OCS Leading Healthcare Insight

Primary Stroke Service:
Massachusetts Department of Public Health

Chest Pain Centers Accreditation:
Society of Chest Pain Centers

Quality Respiratory Care Recognition:
American Association for Respiratory Care

High Reliability for Cardiac Care Award:
Masspro

Certificate of Recognition:
American Stroke Association

Certificate of Recognition:
American Diabetes Association

And so many people to thank for it.

South Shore Hospital continues to set new standards in patient care. How? Because we're fortunate to have so many dedicated people working for, involved with, and supporting our charitable mission of healing, caring and comforting.

When you're focused on caring for patients and the community, it gets noticed. That's why South Shore Hospital has been recognized by an unprecedented number of state and national agencies this year.

We appreciate the opportunity you have given us to earn these distinctions — and thank you for your continuing trust and confidence in our organization.

Our very best wishes to you for a healthy and happy holiday season.

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Phelan To Deliver Third Mid-Term Address Next Tuesday

(Cont'd From Page 1)

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The mid-term agenda:

- Mid-term council meeeting called to order by City Clerk Joseph P. Shea
- Roll call members
- Pledge allegiance to flag by Hank Bradley, Director of Verterans' Services
- Invocation by: Rev. John Ronaghan, St. Ann Church
- Introduction of His Honor Mayor William J. Phelan for mid-term address
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- Swear into office President of City Council: remarks by Council President
- Nomination and election of City of Committees
- Swear into office: Clerk of Committees
- Authorize Clerk to have council calendar printed
- Adoption of amended council rules for 2007
- Election by ballot of two members board of trustees Quincy Medical Center
- Election by ballot of two members: Adams Temple and School Fund
- Benediction by: Rev. William Harding, Bethany Congregational Church

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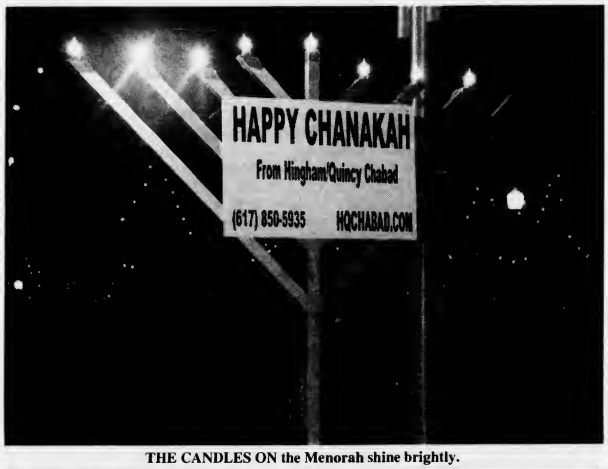
Happy Chanakah

RABBI SHMUEL BRONSTEIN, (right) director of the Hingham Quincy Chabad greets those attending the Grand Menorah Lighting and Chanakah celebration outside City Hall last Thursday.



THE CANDLES ON the Menorah shine brightly.

PARTICIPANTS DANCE and sing traditional Chanakah songs. Rabbi Shmuel Bronstein leads the festivities. *Quincy Sun photos/Robert Noble*

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For additional information, visit mbta.com or call (617) 222-3200.
Massachusetts Bay Transportation Authority
Driven by Customer Service

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9:15 p.m. - Grand Finale Fireworks: A dazzling display over Faxon Field to cap off the evening's festivities and usher in the New Year!

Venue Entertainment Schedule

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8 Adams Street

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7 p.m. & 8 p.m. - Larry Carsman & Billy Novick: Traditional jazz standards from the American songbook with interludes of rhythms of Rio Larry Carsman and Billy Novick, classical guitar and clarinet. Join them in welcoming the New Year!

BETHANY CHURCH SANCTUARY
18 Spear St.

3:30 p.m. & 5:15 p.m. - Tom The Magician: The magic of Tom making his third annual appearance.

7 p.m. & 8 p.m. - South Shore Men of Harmony: The South Shore Men of Harmony, a 32-member Barbershop Chorus chartered in 1951 as the Scituate Chapter of Barbershop Harmony Society. Specializing in the Barbershop style of close harmony singing, the South Shore Men of Harmony feature old standards to contemporary music.

QUINCY HIGH SCHOOL THEATER
52 Coddington St.

4 p.m. & 5 p.m. - Riverside TheatreWorks: Riverside TheatreWorks will perform songs from Broadway show tunes to American classics.

7 p.m. & 8 p.m. - Freewheelin': Free Wheelin' is a group of four well-known regional musicians who present the traditional music of North Carolina and Virginia.

GRANITE TRUST BUILDING
1400 Hancock St.

4 p.m. & 5 p.m. - Manuel Santos Latin American Trio: Guitarist and vocalist, Santos is a native of Guatemala. His group performs poetic and traditional music from Latin America including Cuba, Mexico, Venezuela, Brazil and Chile.

7 p.m. & 8 p.m. - Jules Ellison: Ellison, is a native of Liverpool, England whose style has been compared to Norah Jones and Sade. Jules will perform songs from her recently released CD with her band of Berklee musicians.

CITY HALL (CITY COUNCIL CHAMBER, 2ND FLOOR)
1400 Hancock St.

4 p.m. to 9 p.m. - Quincy Art Association and Presidental Photo Exhibit: This exhibit illuminates the talented artists of Quincy Art Association! The display features a wide variety of artistic media including watercolors, oils and acrylics, drawings, mixed media and much more. Some artwork will be available for sale.

CITY HALL ATRIUM

4 p.m to 9 p.m. - QATV-Live!: Quincy Access Television will broadcast live throughout the evening.

PRESIDENTS PLACE ATRIUM
1250 Hancock st.

4 p.m. - Community Talent Show: Join Eniko Konye and her students, including voice and keyboard students from Beechwood Music School.

5 p.m. - Forbes School of Irish Dance: The children of the Forbes School perform traditional Irish dance in ornate dress.

7 p.m. & 8 p.m. - Bobarino Gravatini: Bobarino Gravatini returns to Quincy with his top solo act he has performed across the country and internationally. The show is a medley of silent clowning, acrobatics, and audience participation. Bobarino will perform his fire juggling show, "Flamme Fatale" immediately following the Grand Procession Parade on Coddington Street.

PRESIDENTS PLACE NATIONAL PARK SERVICE VISITOR'S CENTER

4 p.m. & 5 p.m. - Dixieland Cookbook: Dixieland Cookbook is a group of musicians in giant vegetable costumes. Catch their act in the Grand Procession parade, too.

7 p.m. & 8 p.m - Ye Mariners All: Ye Mariners All Maritime Music features Larry Young and John Rockwell in a performance of sea chanteys, maritime songs, and nautical music from America and Europe.

QUINCY HIGH CENTER FOR TECH ED GYM

4 p.m. to 9 p.m. - KidsFest!!! & Mr. DJ Tad Travis: A moonwalk, carnival games, magic shows, a mini-golf course and more!

QUINCY COLLEGE PARKING LOT TENT #1

International Food Emporium: Everything from egg rolls to pizza, hot dogs to chicken wings will be available at the Food Emporium with many of Quincy's finest culinary establishments participating. Also, entertainment in the food emporium, clowns, magicians and a barbershop quartet.

7 p.m. & 8 p.m. - The Dance Force: The Dance Force is a professional dance group, specializing in hip hop, jazz, and modern dance. With founders Cindy Rowell, Brenda Cayon and Melissa Meehan.

QUINCY COLLEGE PARKING LOT TENT #2

4 p.m. to 8 p.m. - First Night Store: Hats, horns, glow necklaces, noisemakers and other New Years merrmakers available. Kids will enjoy the opportunity to decorate their own First Night hats with glitter and colorful decorations. Face painting will also be available at the tent.

UNITED FIRST PARISH CHURCH SANCTUARY
1306 Hancock St.

4 p.m. & 5 p.m. - Roberto Cassan Trio: The Roberto Cassan Italian trio featuring traditional music of Southern Italy, such as Tarantella-Pizzica, Tammuriata, Villanella and the Neapolitan Canzone.

7 p.m. & 8 p.m. - Cercie Miller: Saxophonist Cercie Miller performs original compositions and fresh interpretations of classic standards.

UNITED FIRST CHURCH BASEMENT "COFFEE HOUSE"

7 p.m & 8 p.m. - Mike Delaney/New England Weather: Mike Delaney is a Boston-area singer-songwriter and part of the music group "New England Weather".

THOMAS CRANE LIBRARY RICHARDSON ROOM
40 Washington St.

4 p.m & 5 p.m. - Storyteller Jackson Gillman: The Hip-Hop Fun Shop based at the Weymouth Club is a dance studio for children and adults featuring fun games, hoola hoop contests, freeze dance, line dance, tumbling and break dancing.

7 p.m. & 8 p.m. - Devoted: Gisela and Edmund Bullock bring over 71 years of combined experience to the ministry of Gospel music.

SOUTH COASTAL SAVINGS BANK
1259 Hancock St.

4 p.m. & 5 p.m. - Marianne Donnelly is "Frostina the Winter Lady": A cycle of costumed character performances in honor of the four seasons.

7 p.m. & 8 p.m. - Irish Night with Dennis O'Gorman: Straight from City Cork, Ireland, O'Gorman brings a medley of Irish tunes and ballads to First Night Quincy. One of the most popular SummerFest acts, his performances fill up quickly so make sure you get a seat early.

Senior Scrabble Every Monday

Elderly devotees of the game "Scrabble" meet every Monday from 12 to 3:30 p.m. at the Dawes House on Quincy Shore Drive at the corner of Channing Street.

Beginners are welcome.

For more information, call 617-376-1506.

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LEGAL NOTICE **LEGAL NOTICE**

QUINCY POLICE DEPARTMENT
OFFICE OF THE CHIEF

FIRST NIGHT SATURDAY, DECEMBER 31, 2006
NO PARKING - TOW ZONE

In accordance with Chapter 12, Section 5 of the Quincy City Ordinances, parking will be prohibited on the following streets on Sunday, December 31, 2006. During the time of the restriction, these streets will be regulated as a "NO PARKING-TOW ZONE."

STREET	SIDE	FROM	TO	EFFECTIVE TIME
Hancock St.	West	Granite St.	Temple St.	Noon-Midnight
Hancock St.	West	Washington St.	Dimmock St.	Noon-Midnight
Hancock St.	West	Washington St.	Temple St.	All Day
Hancock St.	East	Washington St.	Whitney Rd.	Noon-Midnight
Washington St.	North	Coddington St.	Hancock St.	Noon-Midnight
Washington St.	South	Temple St.	Hancock St.	All Day
Coddington St.	North	Washington St.	S. Artery	Noon-Midnight
Coddington St.	South	Newcomb St.	S. Artery	Noon-Midnight
S. Artery	Both	Coddington St.	Russell Park	Noon-Midnight
Woodward Ave.	Both	Coddington St.	Russell Park	Noon-Midnight
Temple St.	East	Hancock St.	Washington St.	Noon-Midnight
Hancock St.	West	Granite St.	200' South	Noon-Midnight

Robert F. Crowley
Chief of Police

12/28/06

Phelan To Deliver Third Mid-Term Address Next Tuesday

(Cont'd From Page 1)

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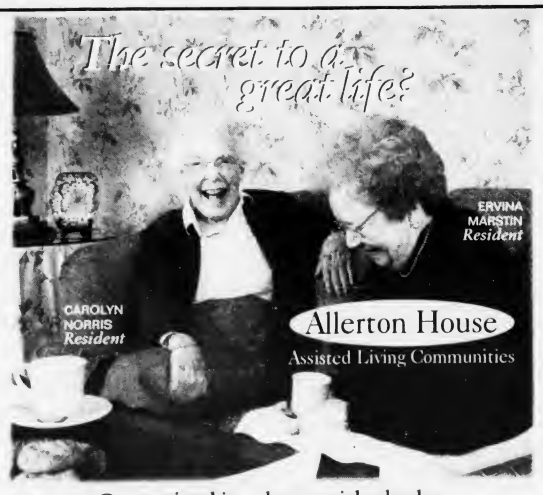

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Happy Chanakah

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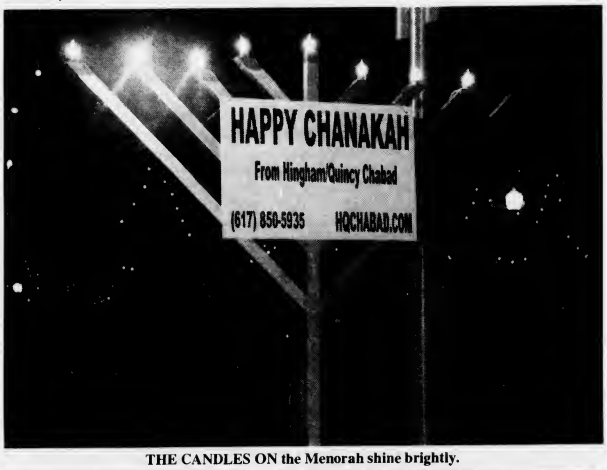

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8 Adams Street

4 p.m. & 5 p.m. - Titanic Salon Music & Afternoon Tea: Copley Chamber Players, under the direction of Sandy Kiefer, perform "Music of the Titanic," drawing from the authentic repertoire list of the White Stars Lines. Repertoire includes Strauss waltzes, operatic melodies from Carmen, songs of Gilbert and Sullivan, tangos, foxtrots, English dance hall music, and newest American rage; Ragtime. Afternoon tea will be served by the Quincy Historical Society.

7 p.m. & 8 p.m. - Larry Carsman & Billy Novick: Traditional jazz standards from the American songbook with interludes of rhythms of Rio Larry Carsman and Billy Novick, classical guitar and clarinet. Join them in welcoming the New Year!

BETHANY CHURCH SANCTUARY
18 Spear St.

3:30 p.m. & 5:15 p.m. - Tom The Magician: The magic of Tom making his third annual appearance.

7 p.m. & 8 p.m. - South Shore Men of Harmony: The South Shore Men of Harmony, a 32-member Barbershop Chorus chartered in 1951 as the Scituate Chapter of Barbershop Harmony Society. Specializing in the Barbershop style of close harmony singing, the South Shore Men of Harmony feature old standards to contemporary music.

QUINCY HIGH SCHOOL THEATER
52 Coddington St.

4 p.m. & 5 p.m. - Riverside TheatreWorks: Riverside TheatreWorks will perform songs from Broadway show tunes to American classics.

7 p.m. & 8 p.m. - Freewheelin': Free Wheelin' is a group of four well-known regional musicians who present the traditional music of North Carolina and Virginia.

GRANITE TRUST BUILDING
1400 Hancock St.

4 p.m. & 5 p.m. - Manuel Santos Latin American Trio: Guitarist and vocalist, Santos is a native of Guatemala. His group performs poetic and traditional music from Latin America including Cuba, Mexico, Venezuela, Brazil and Chile.

7 p.m. & 8 p.m. - Jules Ellison: Ellison, is a native of Liverpool, England whose style has been compared to Norah Jones and Sade. Jules will perform songs from her recently released CD with her band of Berklee musicians.

CITY HALL (CITY COUNCIL CHAMBER, 2ND FLOOR)
1400 Hancock St.

4 p.m. to 9 p.m. - Quincy Art Association and Presidental Photo Exhibit: This exhibit illuminates the talented artists of Quincy Art Association! The display features a wide variety of artistic media including watercolors, oils and acrylics, drawings, mixed media and much more. Some artwork will be available for sale.

CITY HALL ATRIUM

4 p.m to 9 p.m. - QATV-Live!: Quincy Access Television will broadcast live throughout the evening.

PRESIDENTS PLACE ATRIUM
1250 Hancock st.

4 p.m. - Community Talent Show: Join Eniko Konye and her students, including voice and keyboard students from Beechwood Music School.

5 p.m. - Forbes School of Irish Dance: The children of the Forbes School perform traditional Irish dance in ornate dress.

7 p.m. & 8 p.m. - Bobarino Gravatini: Bobarino Gravatini returns to Quincy with his top solo act he has performed across the country and internationally. The show is a medley of silent clowning, acrobatics, and audience participation. Bobarino will perform his fire juggling show, "Flamme Fatale" immediately following the Grand Procession Parade on Coddington Street.

PRESIDENTS PLACE NATIONAL PARK SERVICE VISITOR'S CENTER

4 p.m. & 5 p.m. - Dixieland Cookbook: Dixieland Cookbook is a group of musicians in giant vegetable costumes. Catch their act in the Grand Procession parade, too.

7 p.m. & 8 p.m. - Ye Mariners All: Ye Mariners All Maritime Music features Larry Young and John Rockwell in a performance of sea chanteys, maritime songs, and nautical music from America and Europe.

QUINCY HIGH CENTER FOR TECH ED GYM

4 p.m. to 9 p.m. - KidsFest!!! & Mr. DJ Tad Travis: A moonwalk, carnival games, magic shows, a mini-golf course and more!

QUINCY COLLEGE PARKING LOT TENT #1

International Food Emporium: Everything from egg rolls to pizza, hot dogs to chicken wings will be available at the Food Emporium with many of Quincy's finest culinary establishments participating. Also, entertainment in the food emporium, clowns, magicians and a barbershop quartet.

7 p.m. & 8 p.m. - The Dance Force: The Dance Force is a professional dance group, specializing in hip hop, jazz, and modern dance. With founders Cindy Rowell, Brenda Cayon and Melissa Meehan.

QUINCY COLLEGE PARKING LOT TENT #2

4 p.m. to 8 p.m. - First Night Store: Hats, horns, glow necklaces, noisemakers and other New Years merrmakers available. Kids will enjoy the opportunity to decorate their own First Night hats with glitter and colorful decorations. Face painting will also be available at the tent.

UNITED FIRST PARISH CHURCH SANCTUARY
1306 Hancock St.

4 p.m. & 5 p.m. - Roberto Cassan Trio: The Roberto Cassan Italian trio featuring traditional music of Southern Italy, such as Tarantella-Pizzica, Tammuriata, Villanella and the Neapolitan Canzone.

7 p.m. & 8 p.m. - Cercie Miller: Saxophonist Cercie Miller performs original compositions and fresh interpretations of classic standards.

UNITED FIRST CHURCH BASEMENT "COFFEE HOUSE"

7 p.m & 8 p.m. - Mike Delaney/New England Weather: Mike Delaney is a Boston-area singer-songwriter and part of the music group "New England Weather".

THOMAS CRANE LIBRARY RICHARDSON ROOM
40 Washington St.

4 p.m & 5 p.m. - Storyteller Jackson Gillman: The Hip-Hop Fun Shop based at the Weymouth Club is a dance studio for children and adults featuring fun games, hoola hoop contests, freeze dance, line dance, tumbling and break dancing.

7 p.m. & 8 p.m. - Devoted: Gisela and Edmund Bullock bring over 71 years of combined experience to the ministry of Gospel music.

SOUTH COASTAL SAVINGS BANK
1259 Hancock St.

4 p.m. & 5 p.m. - Marianne Donnelly is "Frostina the Winter Lady": A cycle of costumed character performances in honor of the four seasons.

7 p.m. & 8 p.m. - Irish Night with Dennis O'Gorman: Straight from City Cork, Ireland, O'Gorman brings a medley of Irish tunes and ballads to First Night Quincy. One of the most popular SummerFest acts, his performances fill up quickly so make sure you get a seat early.

Senior Scrabble Every Monday

Elderly devotees of the game "Scrabble" meet every Monday from 12 to 3:30 p.m. at the Dawes House on Quincy Shore Drive at the corner of Channing Street.

Beginners are welcome.

For more information, call 617-376-1506.

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LEGAL NOTICE **LEGAL NOTICE**

QUINCY POLICE DEPARTMENT
OFFICE OF THE CHIEF

FIRST NIGHT SATURDAY, DECEMBER 31, 2006
NO PARKING - TOW ZONE

In accordance with Chapter 12, Section 5 of the Quincy City Ordinances, parking will be prohibited on the following streets on Sunday, December 31, 2006. During the time of the restriction, these streets will be regulated as a "NO PARKING-TOW ZONE."

STREET	SIDE	FROM	TO	EFFECTIVE TIME
Hancock St.	West	Granite St.	Temple St.	Noon-Midnight
Hancock St.	West	Washington St.	Dimmock St.	Noon-Midnight
Hancock St.	West	Washington St.	Temple St.	All Day
Hancock St.	East	Washington St.	Whitney Rd.	Noon-Midnight
Washington St.	North	Coddington St.	Hancock St.	Noon-Midnight
Washington St.	South	Temple St.	Hancock St.	All Day
Coddington St.	North	Washington St.	S. Artery	Noon-Midnight
Coddington St.	South	Newcomb St.	S. Artery	Noon-Midnight
S. Artery	Both	Coddington St.	Russell Park	Noon-Midnight
Woodward Ave.	Both	Coddington St.	Russell Park	Noon-Midnight
Temple St.	East	Hancock St.	Washington St.	Noon-Midnight
Hancock St.	West	Granite St.	200' South	Noon-Midnight

Robert F. Crowley
Chief of Police

12/28/06

City Council Welcomes New Code Enforcement Officer

By MIKAELA SLANEY

Newly elected code enforcement officer Kenneth Burke met high expectations from the City Council when he was introduced at the City Council's meeting last week.

The code enforcement position was created out of the need to control consistent quality-of-life violations throughout the city, noticeably trash, illegal parking and the posting of unauthorized signage.

Burke's position was designed to warn offenders when they break city codes, and then fine persistent violators as a last resort.

Previous City Council meetings drew a split decision over whether to create the position. Some thought that violations would decrease if people had someone to alert them that the codes exists, others thought it was too simple of a solution to such a large problem, and the responsibility should be split among all police officers.

"I didn't support the position, but if it works then I will support the position. I'm looking for results," said Ward 2 Councillor Daniel Raymondi, who has been a strong opponent in the past.

"I'm expecting big things from you," said Ward 6 Councillor Brian McNamee.

Ward 4 Councillor Jay Davis said that he has known Burke personally for several years, and has established a reputation for being level headed, diffusing situations without conflict, and treating people with dignity and respect.

"You're a good person for this job, you get a lot more with honey than with vinegar."

Help With Simple Wills Monthly

Atty. Ed Conroy will be at the Council on Aging office, 83 Saratoga St., North Quincy, every third Friday of the month to assist the elderly with a free explanation of simple wills.

Call 617-376-1506 for an appointment.

QCAP'S Emergency Food Center Holiday Appeal Receives $1,000 Donation From Quincy Elks

Quincy Community Action Programs, Inc. announces it has received a $1,000 donation from the Quincy Lodge of Elks No. 943 to support the organization's Emergency Food Center (EFC).

The donation helps kick-off the group's annual Emergency Food Center Holiday fund drive. This year QCAP must raise $100,000 from private sources to keep the doors open at Emergency Food Center, which distributes over 4,500 emergency food orders each year to feed hungry families in Quincy and on the South Shore.

"QCAP's Emergency Food Center is the only food program in Quincy that is open five days a week, year round. This means we are there for a family that has run out of food, as well as for the many seniors and disabled people who rely on a monthly food order from us as a main nutrition source," said Beth Ann Strollo, QCAP's Executive Director.

"The Elks' generous donation gets our annual holiday fund drive off to a great start. We are so grateful for their support. They are among the many in the community who are concerned about hungry people and who give generously to help keep this lifeline available to thousands of needy households," said Strollo.

For over 35 years, QCAP has been providing emergency food assistance from its Southwest Community Center located in Brewers Corner in Southwest Quincy. The Emergency Food Center (EFC) distributes enough non-perishable and fresh foods including meats, dairy and produce to feed a family for three days. Households that are experiencing extreme emergencies may receive food orders more than once a month. In addition, QCAP distributes holiday food orders that contain a turkey or ham and all the fixings at Thanksgiving, Christmas and Easter. Over 2,600 unduplicated people received emergency food from QCAP's EFC last year – a 7% increase in the number of people seeking help.

QCAP operates the Emergency Food Center on a slim budget, with just one full-time and two part-time staff, and a team of volunteers who donated about 6,000 hours per year. The organization must raise funds from the private sector, including residents, businesses, foundations, and organizations to keep the EFC running. Seventy-eight (78%) of the EFC budget comes from private sources including foundations and private donors. QCAP maximizes every dollar donated by purchasing most of the food for $.18 per pound at the Greater Boston Food Bank.

To make a donation to QCAP's Emergency Food Center call Tracy Donahue, QCAP Director of Development at (617) 479-8181 or mail a check, made payable to QCAP, Inc. to the Emergency Food Center Fund, 1509 Hancock Street, Quincy, MA 02169.

The Quincy Lodge of Elks No. 943 has been serving the Quincy community for over 100 years. The Elks provide local high school seniors with scholarships, support high school sports teams, and hold an annual Flag Day Celebration and annual Christmas dinner for Quincy seniors. The Elks have a particular commitment to veterans, and regularly visit hospitalized veterans.

For more information call (617) 472-1221.

Exercise Classes For Seniors

The Quincy Council on Aging will hold a safe senior exercise program every Monday and Wednesday at 10 a.m. at the Fore River Clubhouse, 16 Nevada Rd., Quincy Point.

For more information, call the Council at 617-376-1506.

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Tax Tips From the Experts
Planning for the Self-employed

Last week i discussed last minute planning tips that you could save on income taxes for 2006. This article deals with tax issues for self-employed individuals.

Many people overlook paying bills relating to self-employed business by December 31. Most self-employed individuals are cash basis taxpayers which means a deduction in the year the item is paid.

Consider prepaying some of your expenses. The *One Year Rule* allows taxpayers a deduction in the year of payment as long as the payment does not create an asset or secures an advantage to the taxpayer of having a useful life exceeding one year from the date of payment. There are exceptions to this rule so use care and consult your tax advisor.

If the business use of a vehicle exceeds 50% consider purchasing a new one. Vehicles with gross weight of 6,000 lbs are not subject to luxury auto limitations. As a result you could get a deduction up to $25,000 if you purchase and take possession of the vehicle before December 31.

Consider a retirement plan with a 401(k) feature if you do not have one presently. You can make a 401(k) contribution for yourself equal to 100% of your self-employed income not exceeding $15,000 ($20,000 if over age 50). In addition you can contribute and additional 25% of your income to the non-401(k) portion of the retirement plan. The total contribution may not exceed $44,000 and the plan must be established before December 31. However contributions to the plan may be made 2007 and still deducted on your 2006 income tax return.

Tom Hurley, CPA, is president of South Shore Tax Services, a local, independent tax preparation service. They're located on 716 Hancock St, in Quincy; he can be reached at (617)376-6226

Patrick Carries City In Governor's Race, Voters OK Preservation Act

(Cont'd From Page 19)

2006 In Review

NOVEMBER

Deval L. Patrick of Milton swept to a large margin election victory both in Quincy and statewide to become the first black governor in Massachusetts history and the first Democrat in 14 years.

His margin in Quincy was 14,914 to 10,864 for Republican Lt. Governor Kerry Healey with independent Christie Mihos and Green Rainbow Party candidate Grace Ross far back in third and fourth places.

Fifty-four percent of the city's 54,503 registered voters went to the polls, a little higher than the 48-to-50 per cent expected.

State Treasurer Tim Cahill of Quincy easily won a second term with 88 per cent of the vote over Green Rainbow challenger James O'Keefe and Bill Delahunt won another term in Congress over Republican Jeffrey K. Beatty and independent Peter A. White.

Other Democratic incumbents reelected included Sen. Edward Kennedy, State Secretary William Galvin and State Auditor Joseph DeNucci. Martha Coakley was elected attorney general, succeeding Thomas Reilly, who didn't run.

State Sen. Michael Morrissey and State Reps. Bruce J. Ayers, Ron Mariano and A. Stephen Tobin were reelected unopposed.

Quincy voters accepted the Community Preservation Act, adding a surcharge to their tax bills to finance acquisition of open space but a law that would permit the sale of wine in grocery stores was turned down.

Memorial services were held in Arlington National Cemetery and St. Mary's Church in Quincy for Air Force Major Charles L. Bifolchi, missing in action in Vietnam since 1968 whose remains were found after 38 years.

Mayor Phelan named a nine-member Sea Street Safety Advisory Committee to help make Sea Street, the main artery to Houghs Neck, a more pedestrian friendly and safe roadway.

Michael Ryan, the DPW's director of buildings and maintenance, told the City Council's Education Committee that 2010 is the expected completion date for the new Quincy High School.

"We're on schedule and everyone's working hard to make it happen," he told the Council.

Major crime statistics released by the FBI showed Quincy to be second in Massachusetts and 76th nationally as the safest city in America. Only Newton was rated higher in the Bay State.

"This is a testament to the job that the Quincy Police Department and Chief Robert Crowley are doing on a daily basis," said Mayor Phelan.

Lt. Col. Robert A. Frazier, a decorated veteran of the Iraq war and a Quincy native, was the keynote speaker at Quincy's annual Veterans Day observance,

Ernie Arienti, president of the Quincy Firefighters' Union, expressed concerns of firefighters over current conditions in the fire stations to the City Council's Public Safety Committee.

"We all knew that there were risks that go along with this job when we took the job," he said, "but we thought the city would give us proper tools and the training to minimize the risks."

Mayor Phelan called for the creation of design guidelines to guide developers and municipal agencies in protecting the character and aesthetics of the area when they plan multi-unit projects in Quincy's neighborhoods.

"I have continuously heard that the overdevelopment of our neighborhoods is an issue that greatly concerns our residents," he said.

THREE NEW MARINES Matthew Tobin (left), Robert Connell and Sean Joyce (right) step smartly down Hancock Street with former Mayor and Quincy District Court Clerk Magistrate Arthur Tobin, Police Chief Robert Crowley and Mayor William Phelan in Quincy's Veterans Day parade Nov. 11. The Marines graduated from North Quincy High School together earlier this year.

Quincy Sun Photo/Robert Noble

"Design guidelines would wet the standards by which we, as a community, expect our neighborhoods to be treated. New development should fit the character of our existing neighborhoods."

The Rev. William Harding, pastor of Bethany Congregational Church, returned home after a 14-month tour of duty as a chaplain in Iraq.

Lt. Brendon McShane, executive officer of the USS Constitution, spoke of the priority given the US Navy by John Adams as the presidential wreath was laid on the tomb of the second president in First Parish Church on his 271st birthday.

"If he was here today he would see a powerful force," said McShane. "I think he would be pleased with the navy's reputation over the past few centuries."

Health Commissioner Andrew Scheele reported that Quincy had enough vaccine on hands and promised to meet the coming flu season.

The Police Crime Prevention unit held a four-week Senior Citizen Police Academy in Cantonese and Mandarin, two Chinese languages.

Students, teachers and parents at the Bernazzani School paid special tribute to teacher Jane Farrell-Smith, who died at age 45, by planting daffodils in her honor in front of the school.

Tom Stansbury of the Veterans Services Department was named Citizen of the Year by the Jewish War Veterans.

Patrice Sullivan won her third straight women's singles title and Ron Abell captured his second men's single crown in the 36th annual citywide tennis tournament.

Quarterback Matt Boyle passed to Alex Chan for a touchdown late in the fourth quarter to give Quincy a 10-7 victory over North Quincy in their 74th Thanksgiving Day football game. It was Quincy's eighth straight win over the Raiders.

Deaths in November included:

Sean Barry, 42, of Quincy, former president of Quincy College and a former member of the School Committee.

Carmine G. D'Olimpio, 78, of Quincy, past president of the Quincy and South Shore Building Trades Council and a member of the Housing Authority.

Dr. Algirdas A. Yurkstas, 84, of Quincy, a pioneer in dental prosthetics.

Tax Rates Set, Average Increase $98 For Homeowners

2006 In Review

DECEMBER

The new residential property tax for Fiscal 2007 was set at $10.44 per thousand valuation, an increase of only 11 cents over the Fiscal 2006 levy of $10.33. The commercial tax rate was fixed at $22.40 or 183 per cent of fair market value.

The new rate was estimated to increase the tax paid on the average home in Quincy at $98.

The property tax levy for Fiscal 2007 would be $146,359,623, up from $139,310,371 in Fiscal 2006. The levy limit under Proposition 2 is $155,055,727.

City Councillor Daniel Raymondi said he was disappointed to see that the average value of houses in Quincy, based on recent sales, had increased from $356.100 to $362,100 in spite of a recent slowdown in sales.

"All this value is being borne by the residential homeowner," said Raymondi. "I'm hoping these values will decrease by next year."

"The good news is that the tax rate is not as bad as expected because of new growth and local receipts," said Councillor John Keenan, chairman of the Finance Committee.

The Downtown Committee of the City Council approved five more City Concourse landtakings and reviewed plans to revitalize the downtown area during concourse construction.

Some 75 friends and family members helped Philomena (Pasquale) Mancini of Quincy Point celebrate her 100th birthday at Baypointe Inn.

More than 70 local businesses, including 15 restaurants, took part in the Taste Quincy Extravaganza sponsored by Quincy 2000 Collaborative held at Presidents Place.

Beechwood Community Life Center hosted a breakfast celebration of its 25th anniversary of community service. The guest speaker was Judy Paul, president of the Board of Directors and widow of the founder, Dr. Cecil Paul.

School Committee woman Linda Stice returned home after spending 15 days as a volunteer helping orphaned children in Cuzco, Peru.

The Department of Housing and Community Development awarded Quincy $1,185,754 to aid in the development of 11 new rental units, including 10 reserved for affordable housing, at 356 Washington St.

George Burke, former city councilor, district attorney and state representative, designated $100,000 from his retirement account to various charities serving the people of Quincy.

Mayor William Phelan organized a "Vision Committee" to discuss the potential of creating a cultural and performing arts center in Quincy.

Mary L. (Heenan) Crowley of South Boston was chosen the first woman commandant of the William R. Caddy Detachment, Marine Corps League, in Quincy.

THE VICTORIAN CAROLERS entertained visitors to the "Old House" 135 Adams St., during Quincy's annual Holiday Stroll in December. Also known as the Adams Mansion, it was home to Presidents John and John Quincy Adams and four generations of the Adams family.

Quincy Sun photo/Robert Noble

Students from Quincy High School, Broad Meadows Middle School and Archbishop William High School teamed up for a Holiday Fair fundraiser for 50 Ethiopian orphans.

Ken Campbell, formerly of Quincy and a North Quincy High School grad, was inducted into the PGA Hall of Fame for the Northeast District,

Deaths in December included:

Edward T. Martin, 86, of Dennisport and Quincy, longtime aide and confidante of Sen. Edward Kennedy.

Craig Miller, 41, of Brooklyn, formerly of Quincy, actor, playwright and composer.

Rev. Frank J. Bauer, 87, of Otter River, N.H., formerly of Quincy, former pastor of the Wollaston Lutheran Church.

REAL ESTATE

By Samantha Mazzotta

New Year's Resolution: Clear Away Clutter

With the new year almost here, you're probably putting together a list of resolutions to declare on the first of January. And it's likely that one resolution is to clear away clutter around the house and workshop. We all get busy as time passes, and things tend to pile up. So, to keep this resolution, get organized beforehand.

First, realize that completely cleaning out the clutter may take longer than a day. It may take a few weeks or months, depending on the time you have available to actually clean and store things. And things may become more cluttered at first, as you pull old items out of closets and storage bins. So make a schedule that is as realistic as possible, delegating a few hours a day to cleaning.

Don't be afraid to adjust your schedule as needed. If you reserved four hours for cleaning on a Saturday, but a home-improvement task is more pressing, reschedule the cleaning or reduce the number of hours you assigned to it.

Go room by room (or shelf by shelf in the garage or workshop) and list what items are there, what you regularly use, and what you haven't used in months or years. Unused items — clothes, tools, supplies, whatever — should be gathered up and donated to a charity.

Go over the items remaining and decide what will be used regularly and what can be stored away for later access. Separate these items into two boxes. Delegate storage space for the unused items.

Before storing metal tools, rub a thin coat of all-purpose lubricant, like WD-40 or All-in-One, over the metal. If the tools have wooden handles, rub in a coat of linseed oil to preserve the wood. Store them so that they don't pile on top of each other, if possible, in a clean and dry place.

Before storing clothing or bedding, separate each item or layer with a sheet of tissue paper. Place a few mothballs or cedar balls (available in household sections of the supermarket or home-improvement store) in the corners of the storage box or drawer.

Once the clutter has been cleared away and organized, clean the entire house. To control clutter throughout the year, keep a scheduling calendar at hand and try to be disciplined about cleaning at the same time each week.

Send questions or home-repair tips to homegu-ru2000@hotmail.com, or write This Is a Hammer, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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New Employee Benefit Program Between QMC, Jack Conway Co. Sees First Participant

Margaret Donnelly, R.N. is the first employee to benefit from a new partnership between Quincy Medical Center and Jack Conway & Co. Realtors of Norwell.

The program offers Medical Center physicians, employees and their families discounts on mortgages, home buying and selling services, help with moving costs, home warranty programs and relocation services. Each time an employee uses the new benefit program, Jack Conway Co. makes a donation to Quincy Medical Center.

Donnelly utilized the services of Ellen Euse of the Jack Conway Co. Canton office to sell her Randolph home of 45 years and purchase a new home in Braintree.

"Ellen was fantastic, I couldn't be happier and I would recommend Jack Conway Co. to anyone." said Donnelly. "This was the first time I ever sold a home so I was particularly nervous, but Ellen held my hand through the whole process, shes a real pro."

Quincy Medical Center President and CEO Dr. Gary Gibbons praised the new partnership. "This new partnership is designed to ease some of the stress for any physicians and employees who are in the process of buying or selling property.

TO MARK the first QMC employee to utilize the new employee benefit program, Richard Cahill, president of Jack Conway & Co. Realtors, (center) presents a check to program participant Quincy Medical Center Nurse Margaret Donnelly, RN, (left), and also presents QMC President and CEO Gary Gibbons, MD, FACS (right) with a charitable donation in support of the medical center. Through the new program, QMC employees who utilize the realty groups services receive a discounted rate with the firm, and the firm makes a charitable contribution to QMC, in the employees name.

"It's outstanding that Jack Conway & Co. has decided to further support the advanced, high quality care delivered by our physicians and employees each day by making an additional charitable donation to the medical center in honor of each participant."

Jack Conway Co. President Richard Cahill is also on the board of Quincy Medical Center and is very pleased with the new partnership.

"When I approached Jack Conway about this idea he immediately supported it," he said. "This hospital saved my life when I had pneumonia and Im happy to be able to give a little bit back to the dedicated professionals who serve this community."

Keeping Mold, Mildew Out Of The Home

(NAPS) Keeping mold and mildew out of the home is a relatively simple way to reduce the itchy eyes, runny nose and other symptoms commonly associated with allergies.

Start by looking for signs of mold and mildew around the house. The American Industrial Hygiene Association says mold and mildew grow in rooms that high humidity levels or where moisture is allowed to collect. Generally, that means the bathroom.

Check bathroom ceilings, curtains, shower curtains and walls for dark spots, which can be signs of mold. Use a hot water and bleach solution to thoroughly clean the area and then paint the area with a mold-resistant primer.

It's also important to check bath fans and ventilators. It is suggested to replace the fans with products such as the Broan and NuTone Ultra Silent ventilation fans. The regular use of a bath ventilation system will help reduce humidity and moisture buildup. Several models feature Microban Antimicrobial Product Protection, and are engineered to inhibit the potential growth of odor and stain causing bacteria, mold and mildew on fan grilles.

The Microban protection also shields the ventilation fans from stains, odors and product deterioration caused by bacteria, mold and mildew. Because the protection is manufactured into the fan grille, it will not wash off or wear away, providing continuous antimicrobial protection for the life of the fan. An added bonus is that the fans run more quietly than typical bathroom fans. After checking out the bathroom, take a trip to the basement. Mold and mildew like to grow on porous surfaces, such as the concrete of which most foundations are made.

Take a careful look around for water stains or leaky pipes, both of which can invite mold growth. If there is mold, follow the same steps used in the bathroom: break out the bleach, water and paint.

For more information on the Broan & NuTone Ultra Silent ventilation fans, visit www.broan.com or www.nutone.com.

CENTURY 21
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REAL ESTATE

Stress-Free Moving Tips

(NAPS) Moving to a new home can be exciting but also stressful.

Fortunately, a few tips from the experts can help reduce moving stress. The following tips were compiled after watching videotapes of actual moving experiences.

1. Pack by rooms to later unpack by rooms.

2. Pack one room at a time and by zones within the rooms. This streamlines the unpacking process.

3. Label all the boxes clearly with who owns the property, the name of the room, the contents and where the contents will be stored.

4. Pack important financial documents separately.

5. Pack cleaning supplies separately so that upon arrival at the new home, they're easy to find.

6. Don't overpack boxes. When boxes are too heavy they may be difficult to lift, or break when lifting them.

7. To make sure nothing is lost during the move, number each box and create a checkoff list. When in the new home, cross off each number as the box is removed from the truck.

8. Use hand lotion throughout the day because handling cardboard and paper can dry out skin.

9. Label the kitchen boxes by following zones: cooking zone, food preparation zone, food storage zone and cleaning zone.

When unpacking, it is important to know the zones of the kitchen and what items should be stored in those zones.

For example, the food preparation zone should house cutting boards, knives, storage containers and spices. The cooking zone includes having the pots and pans close to the stove and oven. And the cleaning zone should accommodate all cleaning supplies in an organized and easy-to-use manner.

Before doing anything else, say the experts and Merillat Cabinetry, who compiled the tips, make the bed to have a comfortable place to sleep at the end of the day. Unpack all toiletries. Consider putting all the lamps and pictures in the closets temporarily for safekeeping.

There are also some basic pointers that all homeowners should know: focus on unpacking the essential items first. Take time to unpack things that aren't necessary right away.

After unpacking all items, carefully consider where to store them. Think about how often they'll be used and how easily accessible they need to be.

Storage ideas for any room in the home can be found at www.merillat.com

Reverse Mortgage Topic At Council On Aging Office

Ed Barrett, a reverse mortgage specialist, will discuss his specialty on the first and third Wednesdays of the month at 1 p.m. at the Council on Aging office, 83 Saratoga St., North Quincy.

Reverse mortgage is a new program offered by the federal government thst allows seniors to convert a portion of their home equity into tax free cash.

For an appointment, call Ann Bruce at 617-376-1506.

SWAP Earns Tax Abatements For Seniors

The Council on Aging has a SWAP (Senior Workers' Abatement Program) that enable the elderly to work 89 1/2 hours a year and earn $600 towards their real estate tax bills.

For further details, call Dorothy Dow at 617-376-1508.

Vets Adviser At COA Office

John D. Miller of Home Care Partners, will be at the Council on Aging office, 83 Saratoga St., each Wednesday to advise veterans or their surviving spouses of their in-home care benefits.

To schedule an appointment, call the Council on Aging at 617-376-1506.

Kate Ofodile New Sales Associate At Century 21 Network

Century 21 Network/ Richmond Associates in Quincy announces Kate Ofodile has joined the firm as a sales associate specializing in residential property sales in the Randolph and Quincy areas.

"We are thrilled to have Kate join our team," said Stephen Richmond.

Ofodile recently completed extensive training and licensing through Century 21.

KATE OFODILE

Dollars and ene

by David Uffington

Refinancing Can Put Home at Risk

A recent review of mortgages revealed that 88 percent of refinances are to pay off debt, mostly from credit cards.

According to Andrew Housser, co-CEO of Bills.com, most people compare the interest rates on credit cards and mortgages and call it a "no-brainer" as they opt for refinance to pay off debts. However, refinance might not be the easy solution that it seems to be.

On its face, refinance sounds good. You'll pay a lower interest rate. The mortgage interest is tax-deductible. You'll only have to write one check to your mortgage company instead of to multiple credit-card companies.

However, there are a number of negatives. You may be subject to PMI payments if the loan amount exceeds 80 percent of your home's value, and you'll certainly pay mortgage fees for the new loan. And there is an even bigger red flag if you refinance to pay off credit cards: You're putting your home at risk. If you fall behind on credit-card payments, you'll get phone calls and letters. Fall behind on your mortgage, and you could lose your home.

If you do choose the refinance route to clear up credit-card debt, beware the debt re-escalation cycle: You look at all those lovely credit cards with their zero balances and you think, "Well, maybe just this once ..." as you pull out the plastic to pay for something.

Instead, if you refinance, build a large emergency fund with the money you're no longer paying on credit cards. Should something happen, the funds will be there, and you won't be tempted to pull out a credit card to pay for it.

Unless you know exactly what your income and expenses will be for the next year, perhaps the better plan is to whittle down your credit-card debt without putting your home at risk.

***

Idea for the new year: Give yourself a post-holiday gift and grab a copy of "Personal Finance for Dummies," by Eric Tyson, M.B.A. (John Wiley & Sons, Inc., $21.99). The 5th edition was just released in September and covers a broad range of financial topics, including goal-setting, reducing spending, investing, avoiding identify theft and more.

David Uffington regrets that he cannot personally answer reader questions, but will incorporate them into his column whenever possible. Write to him in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475 or send e-mail to letters.kfws@hearstsc.com.

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QUINCY POLICE HOT SPOTS

QUINCY POLICE STATISTICS: Dec. 15 - Dec. 21
Total Calls for Service: **1,223**
Total Arrests: **27**
Total Stolen Cars: **0**

FRIDAY, DEC. 15

BREAKING AND ENTERING/PROGRESS, 12:12 a.m., Harborview Residents' Office. Business. Alarm sounding, back door was kicked in. Unsure if anything was taken so far.

LARCENY, 9:11 a.m., 149 Wilson Ave. By credit.

VANDALISM/PROPERTY, 9:15 a.m., 110 Fifth Ave. Mirrors.

VANDALISM/PROPERTY, 3:32 p.m., Registry of Motor Vehicles, 76 Ross Way (across - in lot). Party advised.

VANDALISM/PROPERTY, 6:06 p.m., 84 Fenno St. Dwelling. Found glass in front door smashed and door open. No access was gained to house; everything was just as it was left.

BREAKING AND ENTERING/PAST, 6:48 p.m., 140 Quincy Ave. Dwelling.

BREAKING AND ENTERING/PAST, 7:06 p.m., 145 Willard St. Dwelling.

ASSAULT AND BATTERY, 11:18 p.m., 135 Quincy Ave. Past - motor vehicle issue. Wanted for past simple assault in Boston this evening. Motor vehicle fled scene. Suspect is a white male.

LARCENY, 11:29 p.m., 95 West Squantum St. Past.

SATURDAY, DEC. 16

VANDALISM/PROPERTY, 9:12 a.m., 9 Beebe Rd. To vehicle. Neighbor's back window smashed.

VANDALISM/PROPERTY, 12:09 p.m., 16 Freeman St. Tires slashed.

LARCENY, 2:32 p.m., Annie's Nails, 835 Hancock St. Jewelry. Wedding ring, wedding band and five other rings along with Nokia cellphone and case stolen from coat pocket.

VANDALISM/PROPERTY, 3:17 p.m., 494 Willard St. Eggs on door.

LARCENY, 3:45 p.m., Annie's Nails, 835 Hancock St. Of jewelry.

VANDALISM/PROPERTY, 4:35 p.m., 48 Gay St. To car – paint balls. No damage, no suspects.

UNARMED ROBBERY, 6:30 p.m., 62 Hobart St. Past. Pocketbook. Hispanic mail with med. build, 5'8" - 5'10", 180 pounds, black coat with badge on it. Happened on Wilson Ave. at approximately 6:15 p.m. Victim does not speak English. Report to be filed.

ARMED ROBBERY, 7:54 p.m., Rent A Center, 1568 Hancock St. Gun shown. Caller was speaking to someone at Rent-A-Center when a disorder occurred and she was then disconnected. Suspect: light-skinned black male, 5'5", last seen wearing black kanogo, black peacoat, light colored pants, black scarf. Gun shown. Money placed in a black Victoria Secret's bag, two parties to QMC. Armed robbery and assault and battery dangerous weapon.

LARCENY, 9:54 p.m., Wal-Mart, 301 Falls Blvd. Pocketbook. Stolen contained ATM card, $100 cash, driver's license, also stolen cell phone.

SUNDAY, DEC. 17

VANDALISM/PROPERTY, 12:40 a.m., Ell's Pet Salon, 222 Sea St. Front window shattered. All ok inside store. To be bordered up or repaired right away.

LARCENY, 1:37 a.m., Seawinds Condominiums, 90 Quincy Shore Dr. Cab.

VANDALISM/PROPERTY, 8:23 a.m., Pagnano Towers, 109 Curtis Ave. Writing on wall. States someone wrote on third floor hallway in ink, about 5 inches tall, J.G.

VANDALISM/PROPERTY, 10:02 a.m., 105 Doane St. Broken headlight.

INDECENT EXPOSURE, 11:39 a.m., 205 Washington St. Open and gross. Arrest made. White male in a green caravan, kept pulling up to caller when she finally looked he was fondling himself.

VANDALISM/PROPERTY, 11:55 a.m., 105 Alstead St. Front windshield.

LARCENY, 12:33 p.m., Copeland Package Store, 273 Copeland St. Past.

VANDALISM/PROPERTY, 12:36 p.m., 429 Quarry St. Motor vehicle. Caller's car egged.

VANDALISM/PROPERTY, 1:57 p.m., 234 Marlboro St. To motor vehicle. Motor vehicle scratched on driver's side.

VANDALISM/PROPERTY, 2:40 p.m., 163 Davis St. Motor vehicle. Someone keyed the driver's side door to the back of the passenger door.

VANDALISM/PROPERTY, 5:12 p.m., 93 Town Hill St. Past incident. Landlord changed locks to door and damaged some of her property. Civil problem advised.

BREAKING AND ENTERING/ATTEMPT, 6:54 p.m., 136 Bunker Hill Ln. Dwelling. Cellar door attempted.

MONDAY, DEC. 18

LARCENY, 11:53 a.m., 131 Brooks Ave. Package stolen. Was delivered last Wednesday. A sleeping bag valued at $125.

VANDALISM/PROPERTY, 12:37 p.m., 115 South St. Graffiti done on the front of the garage. Graffiti removed.

VANDALISM/PROPERTY, 4:25 p.m., 429 Quarry St. Past – motor vehicle egged.

LARCENY, 6 p.m., Ocean State Job Lot, 141 Newport Ave. Bad check. One under arrest for assault and battery dangerous weapon, assault and battery on a police officer, and uttering. Additionally charged with larceny by check, and attempt to commit a crime. Complaint against #2 for larceny by check and uttering. Pictures of injuries to Officer Kelly's head and neck taken and logged into evidence.

VANDALISM/PROPERTY, 6:55 p.m., 11 Pearl St. To front lawn. Christmas lights being damaged by youths in the area.

VANDALISM/PROPERTY, 9:52 p.m., YMCA, 79 Coddington St. To motor vehicle. Male walked by her car and damaged the vehicle with his gym bag. He was yelling at her so she left the lot. The other half of the situation called and left his info also, stated he was having a bad day and overreacted.

LARCENY, 10:30 p.m., 65 Cleverly Court. Past. States band equipment was stolen.

INDECENT ASSAULT AND BATTERY, 11:59 p.m., 10 Winter St. Past. Two seven year-old boys said they were molested sexually by a 12 year-old boy - happened yesterday. No report required - parents and children coming to QPD to speak with SIU.

TUESDAY, DEC. 19

BREAKING AND ENTERING/PROGRESS, 12:03 a.m., Village Common Market, 110 Willard St. Business. 2nd floor office window popped out. Footprints found in the alley. Nothing taken.

BREAKING AND ENTERING/PAST, 7:57 a.m., Sunshine Fruits, 52 Franklin St. Business. Entry made by smashing rear glass door with a rock sometime since 9 p.m. Eighty-three cartons of cigarettes, cash, and a Dell laptop computer are known missing.

BREAKING AND ENTERING/PAST, 10:22 a.m., Quincy Point Congregational Church, 444 Washington St. Church office was entered, pry marks found on door. Nothing appears missing.

VANDALISM/PROPERTY, 12:14 p.m., 36 Cummings St. Hood ornament.

VANDALISM/PROPERTY, 12:33 p.m., Chestnut St. To vehicles. Caller states several vehicles were keyed. Two motor vehicles keyed, no suspect.

BREAKING AND ENTERING/PAST, 12:48 p.m., 31 Binnacle Ln. Dwelling. Party is described as a black male with a yellow hoodie. Since noon screen on living room window was cut and pane of glass had been broken. Three suspects fled when caller arrived home. Nine wrapped Christmas presents are known missing.

VANDALISM/PROPERTY, 2:33 p.m., 131 Edgewater Dr. Tagging. Shrink wrap on boat has been spraypainted, also shed door.

BREAKING AND ENTERING/PAST, 2:46 p.m., 27 Lunt St. Dwelling. Entry made by forcing front door, wooden door was splintered and dead bolt was on floor. Nothing appears missing.

LARCENY, 3:42 p.m., 70 Endicott St. Checks. Citizens Bank checks were stolen from mail. One forged and cashed.

VANDALISM/PROPERTY, 7:05 p.m., 11 Pearl St. Decorations. Christmas decorations vandalized again.

WEDNESDAY, DEC. 20

VANDALISM/PROPERTY, 10:40 a.m., 1 City View Ln. To motor vehicle.

LARCENY, 11:22 a.m., Squantum Gardens, 400 East Squantum St. Construction materials.

LARCENY, 11:40 a.m., Cliffwalk Apartments Office, 790 Willard St. Business. Office door forced, DeWalt cordless drill known missing.

LARCENY, 2:14 p.m., 559 Willard St. Cable box.

VANDALISM/PROPERTY, 3:33 p.m., 1000 Southern Artery. Possible larceny. Caller states side mirror was missing when she returned to her own car.

VANDALISM/PROPERTY, 8:06 p.m., 167 Connell St. Windshield.

LARCENY, 9:07 p.m., Quincy Community Action Center, 1509 Hancock St. Past. Fanny pack stolen containing license, checkbook, Master Card and cash.

THURSDAY, DEC. 21

VANDALISM/PROPERTY, 8:11 a.m., 10 Arnold St. Reported fight. Male and female screaming.

VANDALISM/PROPERTY, 8:42 a.m., Salvation Army, 6 Baxter St. Spray paint on the roof and windows. A smiley face has been painted.

UNARMED ROBBERY, 11:24 a.m., Bank of America, 440 Hancock St. Passed note. Black female wearing all black, fur around the hood 5'5" fled south on Hancock St. on foot. Passed a note and then took it back.

BREAKING AND ENTERING/PAST, 12:41 p.m., 245 Sea St. Dwelling. Apartment door pried open, dead bolt found on floor. Cameras, jewelry and cash known missing.

ASSAULT AND BATTERY, 1:44 p.m., Burgin Parkway Ext. and Centre St. Possible road rage incident at above.

LARCENY, 2:34 p.m., 125 Beale St. Package. A $313 package that was delivered yesterday was stolen off porch.

VANDALISM/PROPERTY, 6:09 p.m., 39 Mount Vernon St. Christmas decorations vandalized.

ARMED ROBBERY, 7:25 p.m., Hollywood Video, 45 Newport Ave. Attempted. Suspect said he had a sawed-off shotgun but none was shown. Fled with no property. Older white male last seen wearing blue jacket, fled on foot. White hair, white dot on right eye, skinny and blue jeans.

LARCENY, 8:55 p.m., 9 Holmes St. Fare evasion. Females went inside to get money, never came out.

❑

If you have information on the above crimes, or any crime, please call the **Quincy Police Detective Bureau at 617-745-5764**. If you wish to report suspicious drug activity, call the **Drug Hot-Line at 617-328-4527**. You will not be required to identify yourself, but it could help. If you wish to make an appointment to view the **Registered Sex Offenders** book, call **Detective Cindy Walsh at 617-745-5751**.

If you wish to contact the **Crime Prevention Officer** for tips or comments, my direct line is **617-745-5719**. My e-mail address is dminton@ci.quincy.ma.us--*Lt. Dan Minton*.

A Job Well Done

On Thursday, Dec. 14, at approximately 8 p.m., Officer Tim Moran was dispatched to Monroe Road on a report of an "unarmed robbery." The victim, a 53-year-old female, gave the dispatcher a description of the suspect as a huskey white male in his 30's with a light cap and jacket, which was broadcasted to all Quincy officers.

LT. DAN MINTON

Officer Moran met with the victim and observed that she was bleeding from her hands, complained of rib pain and her coat had dirt and debris on it, consistent with being dragged. The victim said that she was walking from the Quincy Center train station to her home on Hospital Hill when she observed the suspect approaching her on Monroe Road. She said that as the suspect was about to walk by her, he grabbed her pocketbook, which was on her arm.

The victim attempted to hold on to the pocketbook, but was dragged to the ground as the suspect pulled hard, took off running and fled with the pocketbook. The victim then went to a home on Monroe Road and asked for assistance. Fallon Ambulance EMTs treated the victim for the lacerations and assessed her rib pain.

Meanwhile, Officer Lauren Lambert, one of many officers looking for the suspect, notified communications that she found a suspect similar in description, sitting on a bench at the Burgin Parkway entrance to the MBTA. Officer Lambert asked the suspect how long he had been there and he responded that he just got there and was waiting for a bus to Brockton. Officer Lambert informed the suspect that he was on the wrong side of the station for the bus.

When asked where he was coming from the suspect originally said Dunkin' Donuts, then said he came from Burger King. Due to the inconsistency of the suspect's answers, close proximity to the scene of the crime and similarity of description, Officer Lambert brought him to the victim's location to confirm or exclude him as the offender.

The victim, upon seeing the suspect, said "That's him." The suspect, a 34-year-old Brockton resident, was arrested and charged with unarmed robbery.

As for the victim, she was transported to Quincy Medical Center, treated and released. Her pocketbook, with license and keys in it, was not found.

Nice work!

In this case, being aware of your surroundings may help reduce the chances of being a victim. One option she had as she saw the suspect approaching her was to cross the street and see what he does. If the suspect crosses the street, make your way to the front door of the closest home.

Depending on the circumstances, one could either wait there until the potential threat passes by or ask for the resident to call the police.

It is not recommended that you enter a "stranger's" home either, for yours as well as their sake.

As a homeowner, if someone comes to your door asking for help, the first actions should be to call "911." Most likely, the above actions will prevent an assault.

Nice Work!

SPORTS

High Expectations For Experienced Raiders

By SEAN BRENNAN

HOCKEY

The North Quincy Red Raiders, who last season missed the post-season tournament for the first time in eight seasons, will take to the ice this year with high hopes and expectations. Head coach Bob Doyle's team is not lacking in experience at the varsity level as it returns 15 players from last season's roster. Among these 15 returnees are 11 seniors.

"Last year we did not make the tournament for the first time in eight years," Doyle said last week. "This year's team brings back 15 players, 11 seniors and a handful of talented underclassmen. We are lead this winter by our three captains and our three year varsity goalie (first-year starter)."

Doyle's senior captains are Nash Winters (LW), Jimmy Fitzpatrick (C) and Ted Finnegan (RW) and his starting goaltender is senior Matt Connors.

"Winters, Fitzpatrick, Finnegan and Connors should all play major roles for the team this season," Doyle added. "But we also have a strong returning defense that should help Connors and the offense as the season progresses."

Seniors Joe Canavan and Ken Patey headline a defense that could end up as one of the best in the competitive Atlantic Coast League. Two other names to watch for on the backline this season for the Red Raiders are junior Derek Scott and sophomore Matt Furey.

North Quincy, which plays in the ACL North Division, schedules the very best non-league opponents that it can find, and for this reason, Doyle expects his team to elevate its game to that of its challengers.

"Our goal this season is to compete for the ACL North title and make the state tournament," Doyle said. "Our non-league schedule is tough. We play Archbishop Williams, Hanover and Silver Lake. Plus, with the addition of Marshfield into the ACL this year, all of our games are going to be competitive. The non-league games should help prepare the team for where we want to be at the end of the season, but I feel like we will have a very good club."

Two players to keep an eye on this winter are sophomore Brandon Gilmore (LW/C) and senior Max Adams (G), a transfer from South Boston.

"I see Gilmore providing big things for us on the ice, and Adams is a good player who just transferred this year," Doyle said.

The rest of the Red Raider roster includes seniors Chris Burke (C), Josh McKeon (LW/C), Mike Griffin (RW), Eric Moreschi (D) and Matt Martin (LW). Juniors on the team include Joe Morris (LW), Zac Deegan (RW), Chris Hunter (D) and Steve Barresi (G). The sophomore class is represented by Brian McLean (C), Matt Rodriguez (LW) and Joey Vialpando (D).

Doyle's team opened their season on Dec. 16 with a 4-0 loss to Falmouth, and as season-openers go, the team showed signs of some early season jitters.

"We did not come our with that much intensity to start the game," Doyle said. "It was only 1-0 after two periods, but in the third we took too many penalties, and as a result we spent the period trying to kill off their power play. Falmouth scored three power play goals in the third and that was the game. On a positive note, our goaltending was outstanding. Matt Connors stood on his head and made 45 saves."

The Red Raiders got back on the winning track on Dec. 20 against Whitman-Hanson. North, behind a Brandon Gilmore goal 18 seconds into the game, defeated W-H, 2-0. Captain Jimmy Fitzpatrick had a goal and an assist to help the Raiders even their record at 1-1. Sophomore Matt Furey chipped in with an assist on the Gilmore goal.

North Quincy played last night (12/27) versus Archbishop Williams and next plays on 1/3 against Marshfield in an Atlantic Coast League showdown.

MEGAN RILEY of Quincy (third from left), a student at the Norfolk County Agricultural High School, was part of a team that judged different classes of horses at the National FFA Convention. With her are, from left, Diane Spain, coach; teammates Elisabeth Sawelsky, Michaela Schandelmayer-Davis and event sponsor Jerry Johnson of Kent Feeds & Evergreen Mills.

Megan Riley Participates In National Horse Career Development Event

Megan Riley of Quincy, a student at the Norfolk County Agricultural High School in Walpole, recently attended the 79th National FFA Convention.

Riley was part of a horse judging team that participated in the national competition. The team was one of 45 teams participating in the 2006 National FFA Horse Career Development Event.

FFA is a national youth organization of 495,046 student members preparing for leadership and careers in the science, business and technology of agriculture with 7,242 local chapters in all 50 states, Puerto Rico and the Virgin Islands. FFA strives to make a difference in the lives of students by developing their potential for premier leadership, personal growth and career success through agricultural education.

The Horse Evaluation CDE involves the team members judging different classes including Halter horses, Hunter under Saddle and Western Pleasure. They have to place each class correctly, give reasons for their placings as well as complete a team activity demonstrating their knowledge of horses and the equine industry.

Riley's team won the Horse Evaluation CDE at the state level, competed in the regional competition held at the Big E in Springfield, and then went to the nationals. They placed 22nd out of 45 teams, they were only 63 points from the top 10 team and as a team they earned a silver emblem.

In addition, Riley earned an individual silver emblem.

Quincy-North Girls' Ice Hockey Skates Into 5th Season

The North Quincy/Quincy combined varsity girls ice hockey program is off and skating into its fifth year this winter. The program, which brings the city's two high schools together to form one team, is coached by Laura Prisco. The team's managers are Bo Shaughnessy and Allison Griffith.

The varsity roster is comprised of fifteen team members. There are twelve North Quincy students and three Quincy students on the team this year. The breakdown of grades includes five seniors, three sophomores, five freshmen and two eighth graders.

Leading the way is senior captain Alyssa Fontana (C) of North Quincy. The other seniors from North Quincy are Amanda Maggio (RW), C.J. Garber (D) and Kristen Reamer (G). Quincy High School senior Carla Nickerson (RW) is the other senior on this year's roster.

The sophomore class is represented by North Quincy's Lauren Brooks (RW), Meg Gillespie (D) and Brenna Morrisey (D). The five freshmen are North Quincy's Paige Keenan (RW), Colleen Newcomb (C) and Laura O'Donnell (RW) and Quincy's Anna Bythrow (D) and Colleen Grady (LW).

The two eighth graders on the roster are Jamie Shaughnessy (LW) and Shannon Coleman (LW).

The team next plays on Saturday (12/30) on the road against Marshfield High School before returning home to the Quincy Youth Arena on Wednesday (1/3) to play host to Falmouth High School.

Presidents Post First Win

The Quincy Presidents, behind solid goaltending and some timely offense, earned their first win of the season last Wednesday night (12/20) against Rockland High School at the Quincy Youth Arena. Quincy (1-0-1) defeated the Bulldogs, 4-0.

After a scoreless first period, the Presidents scored twice in the second period, and finished off the scoring with two goals in the third period. Junior captain Casey Conley netted two goals, giving him four tallies in the team's first two games, and junior captain Ted Walsh scored his first goal of the season. Junior Kevin Shea scored on an empty net to finish off the Bulldogs.

"Rockland played really well," head coach Bob Sylvia said. "They are not that deep of a team, but they used a box formation in front of their goalie, and we had a little trouble getting good opportunities. The team finally broke through after a scoreless first period, and when we went up 2-0 after the second our defense and our goaltending held its ground."

Quincy sophomore Jeff Giordani earned his second straight start and played well. Senior goaltender Bo Craig also saw time between the pipes and the combination of Craig and Giordani stopped all 16 Rockland shots they faced.

"The turning point in the victory happened once we got up 2-0," Sylvia said. "Jeff (Giordani) made a key save. He robbed a Rockland player on a scoring chance and after that we controlled play. Craig also played great, and one thing the team and coaching staff can take out of this win, is that we have confidence in both of our goalies moving forward."

The Presidents outshot Rockland, 40-16, and the team dictated the pace of the game, but the team's next opponent, Nauset High School, should give coach Sylvia a better barometer of how his team is progressing.

"Nauset, who we play on Saturday (12/23) should tell us about how the season is going so far," Sylvia said. "They are a very strong team. They are one of the better teams in the Atlantic Coast League, and the game will be a challenge for us."

Quincy's roster boasts a number of underclassmen who are just getting used to the varsity level, and although the team is 1-0-1, Sylvia is still not sure what he has this winter.

"The (jury) is still out," Sylvia said. "We have a lot of inexperience and we need to find an identity with our lines and with the team. The Nauset game should give us a better idea of where we are at."

Quincy, which will have the Christmas break to fix any problems that need fixing, next plays on New Year's Eve (12/31) against Rockland. After facing the Bulldogs, the Presidents have a three game stretch against Atlantic Coast League teams. Quincy travels to Plymouth North on 1/3, are on the road against Whitman-Hanson on 1/10 and hosts Dennis-Yarmouth on 1/13.

By SEAN BRENNAN

Bottle, Can Drive Benefits Girls Hockey

The Quincy/North Quincy girls varsity ice hockey team will be holding a bottle and can drive at North Quincy High School, in the front parking lot area, on Saturday, Jan. 6, from 10 a.m. to 1 p.m.

All proceeds benefit the players and team. The Quincy/North Quincy hockey team is enjoying their fifth year as a varsity team. All donations are welcome.

You Auto Know

by Bill Starkie and Kevin McGroarty

GROUND EFFECTS

It has become increasingly popular among auto manufacturers and enthusiasts to adjust a vehicle's "ground effects." One way to manipulate the airflow around a vehicle involves the use of a "spoiler" that attaches to the rear of the vehicle and changes the direction of the airflow in order to reduce lift. It is called a spoiler, because it "spoils" the normal airflow over the car to create a downward force. Similarly, a front spoiler (known as an "airdam" can change the direction of airflow underneath the vehicle. It should be pointed out, however, that changing a vehicle's aerodynamics in these ways is not always apparent in vehicles intended for daily living. These effects are largely applicable to race vehicles.

This column on ground effects and the aerodynamics of a vehicle is brought to you by the automotive experts at LEO & WALT'S SUNOCO. We are proud to serve our community, providing quality vehicle repair and maintenance. Located at 258 Quincy Ave., E. Braintree, we stress preventive maintenance for a reason. By taking the time to have your car regularly inspected by our experts, you can prevent costly repairs down the road. Call 781-843-1550 to schedule a check-up. "A Place Where Your Car Can Live Longer."

HINT: Anything that you attach to a vehicle that catches the wind, including flags and roof racks, creates drag, which compromises fuel mileage.

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SPOTLIGHT ON HEALTH & FITNESS

FROM START TO FITNESS

by Andrea Wyatt
M.S.S., C.S.C.S.

Look Before You Leap

The idea of starting the new year off with a bang by joining a health club, gym or fitness facility is a promising thought for some. Television commercials and mailings offer specials to entice you to obtain that mean-and-lean body you've always wanted by joining their facility. But first, it's important to research a prospective health club to ensure your fitness needs will be met.

When deciding what type of fitness facility is right for you, develop a list of NEEDS. Your list should include amenities of the club that are a necessity in order for you to join. These might include child care, unlimited group-exercise classes or a fully equipped locker room. In addition, there are equally necessary qualities a fitness facility should include that are often overlooked. Use the checklist below to assess the next health club you are interested in.

Looks Can be Deceiving

Ask about the knowledge and qualifications of the staff. Don't let the outward appearance of someone in a health-club setting fool you into believing he or she is qualified.

Ask your sales representative or the fitness facility manager about the certifications of everyone from the personal trainers to the nutritionist and child-care workers. If there is any reluctance in responding to your questions, this could be a warning sign. ALL personal trainers should be nationally certified and preferably have a college degree. You are depending on the trainer for professional guidance, so it is important not to use physical appearance as a measure of knowledge, education and professionalism.

Safety First!

Often overlooked is the safety of the facility and the readiness of the staff to respond in case of an emergency. Inquire if the staff is first-aid and CPR certified and what emergency procedures are in place. Ask the club's manager or sales representative if it is prepared for health emergencies or a fire, and express any concerns about the security outside and within the building. If you are interested in child care, take your time and inspect the space where your child will stay. You should also check the safety, cleanliness and maintenance of the machines, cardiovascular equipment and group exercise equipment. You want to make sure you will use safe and well-maintained equipment.

The Devil Is in the Details

Discuss with your sales representative what is and is not included in your membership. Every facility is different, so it is necessary to ask if all classes are included, how is the payment structured after any start-up specials, what are the deactivation procedures, and about additional services, such as personal training.

Don't worry about asking too many questions. A professional facility will be glad to answer your questions, and be impressed that you did your homework. Take your time and make sure you are making the best decision for YOU. What may work for a friend or co-worker may not be what is best for you. Remember, this is not only a financial investment, but also an investment in your health. Choose wisely.

Always consult a physician before beginning an exercise program.

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DENTISTRY for the 21st Century

by Steven A. Brustin, D.M.D.

ADDITION BY SUBTRACTION

The "wisdom teeth," or third molars, are the ones that come in at the very back of the mouth usually between ages 17 and 24. Our ancestors had greater need for third molars, due to their more primitive diets. And while some patients may automatically assume that these teeth are largely superfluous, that is not necessarily the case. If you have sufficient room in your mouth to accommodate wisdom teeth and they erupt properly, they may remain. However, if there is not enough room for them and/or they become impacted (unerupted), it is generally recommended that they be extracted. This helps avoid disruption of adjacent teeth and the potential of infection associated with a partially erupted tooth.

Wisdom teeth are a valuable asset to the mouth when they are healthy and properly positioned. If you would like further information, or to schedule an appointment, please call us at 617-479-6220. As with any worthwhile investment, after your dental work is completed, continued, regular visits will help ensure your future good dental health. We're located at 44 Greenleaf Street, where comfort, care, and convenience make the difference. Our professional dental team would be complimented to have you as a patient. We offer the services of anesthesiology with a fully trained and qualified anesthesiologist. Visit us on the web at www.quincydentist.com.

P.S. The dentist can monitor the progress and eruption pattern of wisdom teeth with the use of x-rays.

Tips To Stay Healthy From Colds, Flu

(NAPS) A recent study confirms that Americans can't afford the lost days of work or family time from being sick. It's important to pin down which sickness it is, cold or flu, so as not to treat the wrong ailment and find treatment ineffective.

"Severity is really what makes the difference," said Neil Schachter, M.D., author of "The Good Doctor's Guide to Colds and Flu," professor of medicine and community medicine and medical director of respiratory care at the Mount Sinai Medical Center in New York City.

"With a cold, people think about whether they're well enough to go to work or school. With the flu, there's usually no question. You're down and out and in bed," he said.

There are countless myths circulating the globe ranging from how one acquires a code or the flu to how it can spread. Dr. Schachter reveals some of these common myths about colds and flu and provides some truths to clarify what one should do to defend him or herself from viruses this winter season.

According to Dr. Schachter, the most prevalent myth is that people catch the flu from a flu shot. He points out that the actual flu-like symptoms a person feels from receiving this vaccine is the immune system's response. These symptoms should not last for more than 24 hours.

Another interesting myth is that kissing spreads colds. It ma be surprising, but saliva is actually the safest way to have contact with a person during a cold because it does not contain any viral particles. Secretions from the eyes and nose contain the highest proximity of the cold virus.

People often say to avoid cold weather to prevent getting the cold or flu, however these conditions are caused by a virus and have nothing to do with the temperature outside.

People can protect themselves by boosting their immunity. Dr. Schachter suggests doing so by using a natural dietary supplement that helps keep immunity high, such as Cold fx. Just now coming to drugstores in the US, it is the top-selling product in Canada and has good science behind it.

He also suggests lifestyle modifications:

• Quit smoking. Smoking paralyzes the cilia in airways, altering mucus production and damaging the cell's ability to destroy bacteria.

• Control weight. Excess weight has been found to lower immunity, which makes an overweight person more susceptible to colds and the flu.

• Drink in moderation. An excess amount of alcohol consumption paralyzes the cilia and also increases the production of mucus.

• Control stress. Stressful events have been shown to lower immunity. People should take at least a 30-minute break each day and do something specific that they enjoy.

This advice can help to stay healthy this season and all-year long. For more information on how to stay healthy, pick up a copy of "The Good Doctor's Guide to Colds and Flu."

Don't Let Stress Make A Mess Of Life

By EUGENE BAKER, Ph.D.

(NAPS) Statistics don't lie. The facts are in and the research suggests that stress is making Americans sick.

According to the National Institutes of Health, 80 to 90 percent of all illnesses are either directly or indirectly caused by stress.

In another study conducted by the Center for the New American Dream, researchers found that more than 50 percent of Americans would be willing to take a day off from work without pay in an effort to feel less stressed and have more time with their families.

And ongoing public opinion research finds that the majority of stress that people feel is directly related to work issues such as time management, deadlines, and dealing with difficult coworkers. Fortunately, there are action steps that people can incorporate into their daily routines to help them regain control of their lives.

Here are some tips for relieving workplace stress:

• **Eat Right.** Avoid eating unhealthy snacks. Eating healthy food can increase energy.

• **Drink Less Caffeine.** Drinking lots of coffee and sodas can increase stress levels. Those who can't cut out caffeine beverages completely should try alternating caffeine intake with healthier beverages or snacks.

• **Exercise.** Exercise is a great way to relieve stress, so try to take a brisk 10-minute walk during the day, even if it means a walk around the office or building. Walking will help to get blood moving and give a mental break from tasks.

• **Stretch.** Stretching can help to relieve stiff muscles, which can hold tension.

• **Simplify the Morning.** Getting up 15 minutes earlier, and packing lunches or laying out clothes the night before, can help create a routine and help with organization.

• **Think Positive.** Take a few minutes to reflect the good things in life. This can instantly improve mood and outlook.

• **Breathe.** When stressed, people have the tendency to take shallow breaths, which can result in feeling more tense. Start by inhaling deeply through the nose for a count of eight, then exhaling slowly for a count of 16. Concentrate on counting and breathing.

• **Rest.** Be sure to get enough sleep at night. Not feeling rested can add to stress and feelings of being overwhelmed. Those who have been experiencing recurring sleepless nights should consult a physician for guidance.

• **Do Enjoyable Activities.** Try something new or something to look forward to.

Most stress arises from feelings of life being out of control. By taking time to get organized, and taking care of one's self, people can begin to gain control and ensure the workday is as relaxed as possible.

• **Email Stress-out.** Email has become one of the most common forms of communications but it can also be one of the most stressful. Opening a full email box can be overwhelming, not to mention time consuming.

Learn how to use email software to organize the in-box and file away all important messages in a way that makes them easier to access. Also, don't forget to trash any spam or useless emails.

Change habits so that instead of leaving a message in the in-box until it's completed, try placing the task from the email on a task list along with the contact information, then filing the email away until prepared to reply.

Eugene Baker, Ph.D., is the vice president for employee assistance programs for United Behavioral Health, a UnitedHealth Group Company. The company provides behavioral health services to more than 43 million members to improve their total health and well-being. To learn more, visit www.unitedbehavioralhealth.com.

Red Cross First Aid, CPR Courses Jan. 5-17

The American Red Cross of Massachusetts Bay is offering the following courses Jan. 5 - 17 at its South Area office, 1495 Hancock St., Quincy.

Adult CPR/AED: Jan. 5 from 1-5:30 p.m. Cost is $55. This course teaches bleeding, first aid for choking and CPR for victims over eight years of age.

CPR for the Professional Rescuer Review: Jan. 8 from 6-10:30 p.m. Cost is $60. Prerequisite is current certification in CPR for the Professional Rescuer.

Adult CPR/AED: Jan. 11 from 6-10:30 p.m. Cost is $55. This course teaches bleeding, first aid for choking and CPR for victims over eight years of age.

Adult CPR/AED Review: Jan. 11 from 9 a.m. to 6 p.m. Cost is $50. Prerequisite: current certification in CPR for the Professional Rescuer.

CPR for the Professional Rescuer Review: Jan. 13 from 6-10:30 p.m. Cost is $80. Prerequisite is current certification in CPR for the Professional Rescuer.

Infant & Child CPR: Jan. 17 from 6 - 10:30 p.m. Cost is $55. This course teaches bleeding, first aid for choking and CPR for victims over eight years of age.

Registrations are being accepted for both a daytime and an evening Home Health Aid and Certified Nursing Assistant courses starting Jan. 8. Cost is $800.

The American Red Cross will train qualified applicants to become certified classroom instructors in CPR and First Aid. Classes will be offered at our convenient Quincy location. If you have a few hours a week, you can learn how to teach others in your community to save a life.

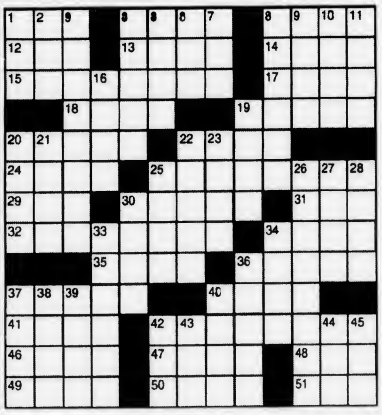
Preregistration is required for all courses. Call 617-770-2600 Monday through Friday, 8:30 a.m. - 4:30 p.m. for more information.

SUN FUN PAGE

King Crossword

ACROSS
1 Wager
4 Wan
8 Thwack
12 Past
13 Entreaty
14 Distasteful
15 Hatchet-like weapon
17 Reedy
18 Settled down
19 Expiate
20 Looked lecherously
22 Possess
24 Strike out
25 Re Mom and Dad
29 Compass pt.
30 Also-ran
31 Sapporo sash
32 Hairdressers
34 Henchman of Captain Hook
35 Needing a massage
36 Pinnacles
37 Chopin piece
40 Confederate uniforms
41 Crow's-nest call
42 Annie's song
46 Calf-length
47 Rams fans?
48 Indivisible
49 - gin fizz
50 Actress Hathaway
51 Pirouette pivot

DOWN
1 Cudgel
2 Freudian topic
3 Lobster liver
4 Garden pest
5 Bed-frame part
6 Chop
7 Tibetan beast
8 Attacked by mosquitoes
9 Reverberate
10 Related
11 Actress Daly
16 Sheltered
19 State with certainty
20 Praiseful pieces
21 Bloke
22 Rash
23 War god
25 Elegant
26 Utter foolishness
27 Busy as -
28 Whoppers
30 Grown-up nits
33 Highland youngster
34 "Lion King" villain
36 Got up
37 "Desire Under the -"
38 Manx cat's lack
39 Loosen
40 Federal agts.
42 Afternoon social
43 Possess
44 Lennon's lady
45 Itty-bitty



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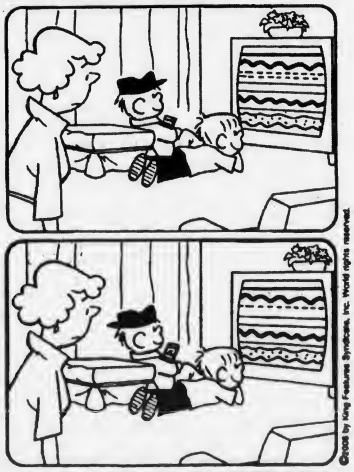
HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

Differences: 1. Plant is moved. 2. Hammock is bigger. 3. Cap is reversed. 4. Bird is missing. 5. Screen is different. 6. Sleeve is shorter.

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The Garden Bug

New year traditions

- In Japan, homes and entrances are decorated with ornaments made of pine, bamboo and plum trees, and clothes and houses are cleaned
- Italians eat lentils on New Year's Eve to gain fortune and happiness in the coming year
- In the U.S., especially in the South, eating Hoppin' John (black-eyed peas with rice) is considered a lucky meal for New Year's Day

MAGIC MAZE

BEGINNING AND ENDING WITH THE SAME VOWEL

I K H E B Y W T R O L J G E B
Y E W U R P N E K I I G D B Z
X A V S Q O D M T K I Q G E C
A R Y A W U U A S A Q P A N L
J L H C C I F E M C T H A R O
Y O T A G I L B B O O S X V I
U B T D S E Q E P L R N E M R
K E J E H D F E A T N A L T A
C B Z M Y U X O D R E V O V T
U T R I Q L O G E W S O P O N
M O N A G E R O L K O I H O O

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Academia	Earlobe	Israeli	Oregano
Aloha	Educate	Obbligato	Oswego
Aroma	Elude	Ohio	Overdo
Atlanta	Iraqi	Ontario	

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Trivia test by Fifi Rodriguez

1. LITERATURE: Who wrote the novel "Absalom, Absalom!"?
2. TIMES & DATES: What is also known as the "vernal equinox"?
3. HISTORY: Who was the first of Henry VIII's six wives?
4. LANGUAGE: What is meaning of the Latin phrase "annus mirabilis"?
5. TELEVISION: Where did the young women work in the 1970s sitcom "Laverne & Shirley"?
6. GAMES: An ace counts as how many points in the card game blackjack?
7. CHEMISTRY: Which chemical element has the symbol S?
8. U.S. STATES: What is the meaning of the state name "Illinois"?
9. GOVERNMENT: What does Article 1 of the Constitution do?
10. GENERAL KNOWLEDGE: What is the lowest rank of Boy Scout?

Answers

1. William Faulkner
2. Start of spring
3. Catherine of Aragon
4. Wonderful year
5. Shotz Brewery
6. 1 or 11 points
7. Sulfur
8. Illini, a French word meaning men or soldiers
9. Establishes the legislative branch of government
10. Tenderfoot

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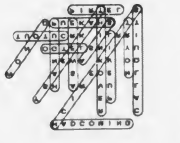
50 Trivia Quizzes Send $4.50 check or money order

King Crossword Answers

Magic maze Answers



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Bob Barker Gerry Barker

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Salome's Stars

ARIES (March 21 to April 19) Make your holiday preparations one step at a time in order to avoid being overwhelmed and leaving things undone. That confusing family situation continues to work itself out.

TAURUS (April 20 to May 20) Ease this year's holiday money pressures by letting your thrifty side guide you as you look for those perfect gifts that typically reflect your good taste and love of beauty.

GEMINI (May 21 to June 20) You'll have a good handle on potential holiday problems if you delegate tasks to family members, friends or co-workers — most of whom will be more than happy to help out.

CANCER (June 21 to July 22) Right now you are especially vulnerable to holiday scams that seek to take advantage of your generosity. Best advice: Check them out before you send out your checks.

LEO (July 23 to August 22) The upcoming holiday season gives the Big Cat much to purr about. Relationships grow stronger, and new opportunities loom on the horizon, just waiting to be pounced on.

VIRGO (August 23 to September 22) A changing situation brings conflicting advice about how to go forward with your holiday plans. Your best bet: Make the decision you feel most comfortable with.

LIBRA (September 23 to October 22) Holiday plans get back on track after some confusion about the direction you expected to take. A potentially troublesome money matter needs your immediate attention.

SCORPIO (October 23 to November 21) Your holiday preparations are on track. But you need to confront a personal situation while you can still keep it from overwhelming everything else.

SAGITTARIUS (November 22 to December 21) Tight financial matters ease a bit during this holiday season. But the sagacious Sagittarian is well-advised to keep a tight hold on the reins while shopping for gifts.

CAPRICORN (December 22 to January 19) Don't put off making decisions about this year's holiday celebrations, despite the negative comments you've been getting from several quarters. Do it NOW!

AQUARIUS (January 20 to February 18) The holidays will bring new friends and new opportunities. Meanwhile, be careful to use your energy wisely as you go about making holiday preparations.

PISCES (February 19 to March 20) There's good news coming from a most unlikely source. And it could turn out to be one of the best holiday gifts you have had in years. Remember to stay positive.

BORN THIS WEEK: You are respected for your honesty and loyalty. You make friends slowly — but with rare exceptions, they're in your life forever.

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Wishing Well®

6	5	7	4	3	7	2	4	5	2	3	5	2
K	P	R	S	Y	E	B	E	L	E	O	A	T
8	2	6	7	5	2	8	4	5	2	5	3	2
B	R	E	M	N	U	E	T	Y	E	O	U	T
6	3	4	5	8	6	4	5	6	2	7	5	2
E	C	G	U	L	P	O	R	P	O	A	F	Y
4	2	8	3	4	8	4	5	4	8	6	2	5
A	O	I	A	L	E	S	U	H	V	R	U	T
4	2	6	2	8	5	7	8	5	4	8	6	8
I	R	O	S	E	U	I	Y	R	G	O	M	U
7	5	7	2	7	2	3	2	6	7	6	8	3
N	E	P	E	O	L	N	F	I	I	S	R	W
8	6	7	3	4	6	8	3	7	8	7	8	8
H	E	S	I	H	S	E	N	E	A	D	R	T

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

OBITUARIES

Ruth V. Mezzetti, 83

Homemaker

RUTH V. MEZZETTI

A funeral Mass for Ruth V. (Catarius) Mezzetti, 83, of Quincy, a homemaker, was celebrated Dec. 22 at St. John the Baptist Church, 44 School St.

Mrs. Mezzetti died Dec. 18 at Quincy Medical Center after a long illness.

She was born in Boston and raised in Jamaica Plain. She moved to Quincy 65 years ago.

Mrs. Mezzetti enjoyed bowling and bingo. Her late husband, John C. Mezzetti, was the former owner of Olindy's Bowling in Quincy.

She is survived by four sons, John R. Mezzetti of Quincy, James P. Mezzetti of Holbrook, Peter A. Mezzetti of Hull and Stephen P. Mezzetti of Weymouth; two daughters, Janet L. Rizzitano of Plymouth and Karen A. Collie of Quincy; two sisters, Edna M. Rossi and Eleanor M. Dalzell of Quincy; 13 great-grandchildren and many nieces and nephews.

Burial was in Blue Hill Cemetery, Braintree.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Donations may be made to the charity of one's choice.

John Zanoni, 84

Retired Police Sergeant

A private funeral service for Adam John Zanoni, 84, of Quincy, a retired Quincy police sergeant, will be held.

Mr. Zanoni died Dec. 17 at Quincy Medical Center.

He was a police officer for 30 years.

He was an Army Air Forces veteran of World War II and was awarded the Air Medal with four Oak Leaf Clusters, Distinguished Unit Badge, European-African-Middle Eastern Theatre Campaign Ribbon and the Good Conduct Medal.

He was a well-known plasterer and had an egg delivery route for many years.

Mr. Zanoni was born in Milton and graduated from Milton High School.

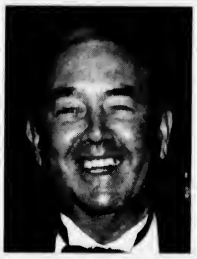
Husband of the late Phyllis (Turcotte) Zanoni, he is survived by three sons, Vaughn Zanoni of Melbourne, Fla., Steven Zanoni of West Orange, NJ; a daughter, Karen Hudson of Quincy; 14 grandchildren; and 11 great-grandchildren.

Burial will be held at a later date in Pine Hill Cemetery.

Funeral arrangements were by MacDonald Funeral Home, Marshfield.

Leonard A. Picot, 72

Iron Worker



LEONARD A. PICOT

A funeral Mass for Leonard A. Picot, 72, of Quincy, formerly of Dorchester, a retired iron worker for the MBTA, was celebrated Dec. 22 at Saint Mary's Church.

Mr. Picot died Dec. 20 at Boston Medical Center, Boston, after being hit by a car.

He was an ironworker for the MBTA, through the Iron Workers Local 7 for 47 years, retiring in 2001.

He served in the U.S. Army from March 1955 to February 1957.

Formerly of Dorchester, he lived in Quincy for 47 years.

He enjoyed playing tennis and fishing on his son's boat. He was known as a devoted father and worker, never having missed a day of work. He was a member of the McKeon Post in Dorchester and past member of the Marshfield Yacht Club.

He is survived by his wife, Margery (McLaughlin) Picot of Quincy; four sons, Lenny Picot, Stephan Picot and David Picot, of Quincy, ad Mark Picot of Cohasset; two brothers, Wilfred Picot of Needham and Jordan "Tinker" Picot of Quincy, and eight grandchildren.

Burial was in Pine Hill Cemetery.

Funeral arrangements were by Keohane Funeral Home, 785 Hancock St., Wollaston.

Donations may be made to Mass. Brain Injury Assoc., 484 Main St. Suite 350, Worcester, MA, 01608.

Gordon M. Morse, 75

Retired Machinist

A graveside service with military honors for Gordon M. Morse, 75, of Quincy, a retired machinist, was held Dec. 22 in Blue Hills Cemetery, 700 West St., Braintree.

Mr. Morse died Dec. 14 at his daughter's home in Abington.

He worked at Boston Gear Works for 30 years before retiring. He was a lifelong resident of Quincy.

Mr. Morse served in the Navy during the Korean War.

Husband of the late Katherine M. (Cullinane) Candura for 58 years, he is survived by three sons, Daniel J. Candura and Michael A. Candura of Braintree and Vincent Candura of Stratham, N.H.; a daughter, Marguerite Jones of Kingston; a brother, Joseph Candura of Arlington; six grandchildren; three great-grandchildren; and seven nieces and nephews.

Burial was in Blue Hill Cemetery, Braintree.

Funeral arrangements were by Mortimer N. Peck-Russell Peck Funeral Home, Braintree.

Edward M. Hurley, 91

Retired Postal Service Employee

A funeral Mass for Edward M. Hurley, 91, of Quincy, formerly of Brookline, a retired Postal Service employee at South Postal Annex, was celebrated Dec. 22 at St. Mary of the Assumption Church, Brookline.

Mr. Hurley died Dec. 18.

He was an Army veteran of World War II.

Husband of the late Lillian (Trabucco) Hurley, he is survived by a son, Edward Hurley of Dorchester; two nieces, a nephew and many grandnieces and grandnephews.

Burial was in St. Joseph's Cemetery, West Roxbury.

Funeral arrangements were by Bell-O'Dea Funeral Home, Brookline.

Kathleen M. O'Sullivan

Retired Boston Teacher

KATHLEEN M. O'SULLIVAN

A funeral Mass for Kathleen M. O'Sullivan, of Quincy, formerly of Dorchester, a Boston public school teacher for 37 years, was celebrated Dec. 23 St. Gregory's Church, 2223 Dorchester Ave., Dorchester.

Ms. O'Sullivan died Dec. 19.

She loved her dog.

She is survived by two sisters, Patricia Fuge of South Weymouth and Margery Allen of Abington; a brother, James O'Sullivan of Canton; and an aunt, six nieces and nephews, 11 grandnieces and grandnephews and two cousins.

Burial was private.

Funeral arrangements were by John J. O'Connor and Son Funeral Home, Dorchester.

Jose L. Monteiro Jr., 18

Student

JOSE L. MONTEIRO JR.

A funeral Mass for Jose L. "Nuk Nuish" Monteiro Jr., 18, of Quincy, a student, was celebrated Saturday at St. Patrick's Church, 400 Dudley St. Roxbury.

He died Dec. 16 in a car accident in Braintree.

Mr. Monteiro was a member of the Class of 2007 at Quincy High School.

Born in Boston, he attended Madison Park High School for a year before moving to Quincy three years ago and enrolling in Quincy High School.

He played football for two years at Quincy High and during his year at Madison Park High School.

An experienced swimmer, Mr. Monteiro was a certified lifeguard and worked at the John Marshall Elementary School in Boston.

He volunteered at the IMS, a mentoring program in Boston, helping children with their homework and other after-school activities.

Mr. Monteiro had a passion for music, especially hip-hop and rap.

He is survived by his parents, Londa N. Bodden and Jose Lito Monteiro of Quincy; a brother, Jeremy J. Monteiro of Quincy; two sisters, Sarah E. Monteiro and Alezandria V. Monteiro of Quincy; his grandparents, Maria Monteiro of Cape Verde, Ivo Furtado of Cape Verde and Purla Berkman of Roatan, Honduras; and many aunts, uncles and cousins.

Burial was in New Calvary Cemetery, Roxbury.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Marie E. Russell, 47

A funeral service for Marie E. (Wholley) Russell, 47, of Quincy, a homemaker, was held Dec. 23 at Lydon Funeral Chapel, 644 Hancock St.

Mrs. Russell died Dec. 20 at Quincy Medical Center.

She was a certified nurse's assistant and worked at several places including Colonial Nursing Home and Anodyne in Quincy.

She enjoyed blues and '50s music, and needlepoint.

Born in Boston, she was raised in Hull and graduated from Hull High School.

She is survived by her husband, Gary L. Russell; six children, Lloyd Russell of Braintree, Denise Russell, Michelle Russell, Michael Russell, Edward Russell and Anthony Russell of Quincy; her mother, Elizabeth (Leary) Wholley of Hull; five sisters, Elizabeth Shaw of Hingham, Maura Bellou and Cassie Wholley of Hull, Joan Fasz of Kentucky and Tina McCrosky of Louisiana; three brothers, Edward Wholley and Timothy Wholley of Hull and John Wholley of Kingston; and aunts, nieces and nephews.

Burial was private.

SCOTT DEWARE

A THOUGHT FOR THE WEEK

THOUGHTS ON TIME

To each of us, it seems that we never have enough time in our days, and yet we are all allotted the same number of hours. How we use up our hours is our own choice. We came across some thoughts on time that we think are good and we want to share them with you:

Time is money . . . we have no time to waste it.
Time is power. . . we have no right to dissipate it.
Time is influence . . . we have no right to throw it away.
Time is life. . . we must value it greatly.
Time is God's . . . He gives it to us for a purpose.
Time is a sacred trust. . . we must answer for every moment.
Time is wisdom. . . we have no right to be ignorant.
Time is preparation for eternity . . . we must redeem it.*

***Author Unknown**

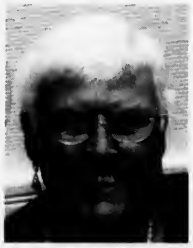
At this very last week of the old year, we would like to thank the many readers for the encouraging cards, telephone calls, and nice things you have said about this column. We pray that God will bless each one of you and may you find happiness and peace in the coming years. . .

Deware Funeral Home
Service Beyond Expectations
Wollaston Chapel
576 Hancock Street
Quincy, MA 02170
(617) 472-1137
Dignity Memorial
Affordability Plus Service
Advanced Planning • Cremation Service Available
A Service Family Affiliate of AFFS and Service Corp. Int.
492 Rock Street • Fall River, MA 02720 • (508) 676-2454

Funerals • Cremations • Prearrangements
DENNIS SWEENEY FUNERAL HOME
Quincy's First for Three Generations
Dennis S. Sweeney Joseph M. Reardon, CPC
Funeral Directors
74 Elm Street, Quincy Massachusetts 02169 • 617-773-2728
www.dennissweeneyfuneralhome.com

Eileen T. Kradolfer, 67

Homemaker



EILEEN T. KRADOLFER

A funeral service for Eileen T. (Kelly) Kradolfer, 67, of Quincy, formerly of South Boston, a homemaker, was held Dec. 27 at Sweeney Brothers Home for Funerals, 1 Independence Ave.

Mrs. Kradolfer died Dec. 20 at Quincy Medical Center after a brief illness.

Born in South Boston, she was raised and educated in South Boston schools and was a graduate of South Boston High School, Class of 1956. She lived in Quincy for over 40 years.

She enjoyed cooking and traveling.

Wife of the late Captain John C. "Dutch" Kradolfer, she is survived by three sons, Michael J. Kradolfer, Stephen J. Kradolfer of Braintree and Scott M. Kradolfer of Sun Valley, CA; a brother, John "Jack" Kelly of Braintree; a sister, Mary McCarthy of Quincy; six grandchildren and many nieces nephews.

Burial was in Pine Hill Cemetery, West Quincy.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Alpha Shirley Story, 84

Quincy Housing Authority Tenant Selector

ALPHA SHIRLEY STORY

A funeral service for Alpha Shirley (Young) Story, 84, of Hughs Neck, formerly employed by the Quincy Housing Authority, will be held today (Thursday) at 11 a.m. at Houghs Neck Congregational Church, 310 Manet Ave., Quincy.

Mrs. Story died Dec. 20 at Quincy Medical Center.

She was a tenant selector for the Housing Authority for 19 years.

She was ver active in the community. She served as treasurer for the South Shore Center for the Blind for 12 years; was treasurer of the Christmas fair; was a charter member of the Houghs Neck Community Council; was vice president of the Town Brook Association; and was a volunteer for the Interfaith Social Services.

Mrs. Story was also a member of the Quincy Historial Society.

Born in Worcester, she lived all her life in Houghs Neck.

She was a member of Houghs Neck Congregational Church since 1936 and was a former president of the mother's club at the church.

Wife of the late Edward H. Story, Jr., she is survived by a son, Robert E. Story of Westerville, Ohio; four grandsons and seven great-grandchildren. She was the mother of the late Charles Edward Story.

Burial will be private.

Visting hours were Wednesday from 2 to 4 and 7 to 9 p.m. at the Hamel, Wickens & Troupe Funeral Home, 26 Adams St., Quincy Center.

Melba Sprague, 100

Co-Founder Save Our Shores

MELBA SPRAGUE

A private funeral service was held for Melba "Bubby" (Hanson) Sprague, 100, of Quincy, who died Dec. 15.

Mrs. Sprague was a lifelong resident of Squantum. She loved the neighborhood and shared memories and community history with anyone who was interested.

She was known for her array of colorful outfits, which she made by hand.

Mrs. Sprague was a co-founder of Save Our Shores, a group dedicated to environmental issues around Quincy. She also served as treasurer of the Squantum Seniors and worked to enahnce local services for sneiors.

She worked as a stenographer after graduating from high school.

Mrs. Sprague worked as a bookkeeper for several years at the W.T. Grant store in Quincy.

For 20 years, she traveled extensively and entertained family and friends with slides and stories.

She was the wife of the late Ralph C. Sprague and is survived by two nephews, Glenn Hanson of Illinois and Dana Hanson of Plympton; and a niece, Alissa Colon of Pembroke.

Funeral arrangements were by the Hamel, Wickens & Troupe Funeral Home, 26 Adams St., Quincy.

Kathleen M. Bauer-Bernier

Clerk At New England Mutual, Artist

KATHLEEN M. BAUER-BERNIER

A funeral service for Kathleen M. (Snyder) Bauer-Bernier, 100, of Norwell, formerly of Quincy, a retired clerk, was held Dec. 22 at the Deware Funeral Home, 576 Hancock St., Wollaston.

Mrs. Bauer-Bernier died Dec. 18 at the Norwell Healthcare facility in Norwell.

Born in Canada, she moved to the United States when she was a young woman. She lived most of her life in the Montclair section of Quincy.

She worked at the New England Mutual Co. as a clerk for several years.

Mrs. Bauer-Bernier was an avid artist and a member of the Braintree Art Club. She made May baskets along with ornaments for many years which were sold at Barker's Store in Quincy Center.

She was also a member of the Braintree Yacht Club Auxiliary, where she and her late husband enjoyed decorating their boat for the Quincy Bay Race Week Boat Parade. They won many awards for their decorations.

She also enjoyed dancing.

Wife of the late Emil J. Bernier and the late Frank O. Bauer, she is survived by a son, Edward "Ted" Bauer of Weymouth; a brother, Harry Snyder of Wollaston; seven grandchildren; 14 great-grandchildren; five great-great-grandchildren and many nieces and nephews.

She was the mother of the late Janet M. Goodwin and the sister of the late Robert Snyder, the late Florence Muse and the late Helen Heath. She was the grandmother of the late Robert Goodwin.

Burial was in Blue Hill Cemetery, Braintree.

Memorial donations may be made to the Breast Cancer Support Group, c/o South Shore Hospital, 55 Fogg Rd., Weymouth, MA 02190.

John J. Pennellatore, 70

Retired Construction Company Owner

A funeral Mass for John J. Pennellatore, 70, of Spring Hill, Fla., formerly of Quincy, a retired construction company owner, was celebrated Dec. 22 at St. Joseph Church, 556 Washington St.

Mr. Pennellatore died Dec. 14 at home.

He operated the Penn Construction Co. in Quincy for more than 20 years.

Born in Boston, Mr. Pennellatore was raised in Dorchester. He lived in Quincy for 25 years before retiring to Florida.

He was a member of the Weymouth Lodge of Elks and founder of the Elks' Wish Come True committee for children.

Over the years, the committee sent a three year old Hanson girl with leukemia and her family to Disney World, and a 17 year old Abington boy with muscular dystrophy to the 1997 Super Bowl, among other successes.

Mr. Pennellatore had watched his own daughter survive spinal meningitis and relished helping children with life-threatening illnesses.

He was an avid golfer.

He is survived by his wife, Lena B. (Venezia) Pennellatore; three daughters, Mary Ann Willis and Debra Ardolino of Rockland and Lina Brown of Quincy; a son, John J. Pennellatore Jr. of Pembroke; three brothers, Salvatore Pennellatore of Florida and Joseph Pennellatore and James Pennellatore of Boston; 11 grandchildren; two great grandchildren; and many nieces and nephews.

Burial was in Holy Family Cemetery, Rockland.

Funeral arrangements were by Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Joan C. Ford, 71

Retired Shaw's Cashier

JOAN C. FORD

A funeral Mass for Joan C. Ford 71, of Quincy, a retired Shaw's cashier, was celebrated Dec. 21 at St. Joseph's Church, 550 Washington St.

Mrs. Ford died Dec. 16 at South Shore Hospital in Weymouth after a brief illness.

She was a cashier at Shaw's supermarkets in Weymouth and Quincy for 11 years. She retired four years ago.

Born in Boston, she was raised in South Boston and graduated from St. Augustine's High School.

She lived in Quincy for 23 years.

Wife of the late Robert W. Ford, she is survived by two daughters, Terese M. Ford and Deanna M. Ford, both of Quincy; two sons, Robert K. Ford of Quincy and Sean P. Ford of Weymouth; two grandchildren; and many nieces and nephews.

Burial was in Blue Hill Cemetery, Braintree.

Funeral arrangements were by Sweeney Brothers Home for Funerals, 1 Independence Ave.

Donations may be made to the American Cancer Society, 1115 West Chestnut St., Brockton, MA 02301.

Marie E. Russell, 47

Homemaker

MARIE E. RUSSELL

A funeral service for Marie E. (Wholley) Russell, 47, of Quincy, a homemaker, was held Dec. 23 at Lydon Funeral Chapel, 644 Hancock St.

Mrs. Russell died Dec. 20 at Quincy Medical Center.

She was a certified nurse's assistant and worked at several places including Colonial Nursing Home and Anodyne in Quincy.

She enjoyed blues and '50s music, and needlepoint.

Born in Boston, she was raised in Hull and graduated from Hull High School.

She is survived by her husband, Gary L. Russell; six children, Lloyd Russell of Braintree, Denise Russell, Michelle Russell, Michael Russell, Edward Russell and Anthony Russell of Quincy; her mother, Elizabeth (Leary) Wholley of Hull; five sisters, Elizabeth Shaw of Hingham, Maura Bellou and Cassie Wholley of Hull, Joan Fasz of Kentucky and Tina McCrosky of Louisiana; three brothers, Edward Wholley and Timothy Wholley of Hull and John Wholley of Kingston; and aunts, nieces and nephews.

Burial was private.

Grandma loved classic poetry, traveling, and Grandpa.

Your memories are precious. That's why, at Keohane Funeral Service, we take the time to find out what made your loved one special. Whether it's reading classic poetry or compiling a memory board of her favorite travel photos, you can count on us to help you plan a service that will be just as unique as the person you love.

Keohane Funeral Service

785 Hancock Street • Quincy • 617-773-3551

Member by Invitation NSM National Selected Morticians

RELIGION

31st Annual 'Feast Of Lights' Sunday At Sacred Heart

The Quincy Choral Society will lead music at the 31st annual "Feast of Lights" Epiphany Celebration, 7 p.m. Sunday, Jan. 7 at Sacred Heart Church, 386 Hancock St.

This open-invitation worship will feature traditional carols sung during the candlelight service, including "O Come, All ye Faithful" and "Joy to the World."

Rev. Mary Louise Gifford, pastor of Wollaston Congregational Church, will hold the service. Refreshments will be served.

The event is sponsored by the Interchurch Council of Wollaston and North Quincy and draws clergy of the Roman Catholic, Lutheran, Methodist, Episcopal, Congregational, Evangelical, Nazarene and Baptist traditions. The Council boasts the largest ecumenical service in the Commonwealth, drawing several hundred worshippers annually.

For more information on the Feast of Lights, call the office of Sacred Heart Church, 617-328-8666.

Communion, Fellowship, Film At Union Church New Year's Eve

Union Congregational Church, 136 Rawson Rd., Wollaston, located at the corner of Beach St. and Rawson Rd., plans a special evening of fellowship and communion this New Year's Eve, Sunday, Dec. 31, beginning at 9:30 p.m.

The classic 1981 movie, *Chariots of Fire*, will be shown in Fellowship Hall, preceded by a buffet dinner.

Jim Rickert will play requests on the piano in fellowship hall during dinner.

At 11:45 p.m., people will gather in the church sanctuary to welcome in 2007 by sharing in the Lord's Supper.

Pastor John Swanson invites the public to join the Union Church family for an evening of fun and a new tradition.

The church is handicapped accessible.

Catholic Women's Prayer Group

The Catholic Parishes of Quincy announce a Catholic Women's Prayer Group meets the third Tuesday of every month from 7 to 8:15 p.m. in St. Joseph's Parish Center, 22 Pray St., Quincy Point.

The evening provides an opportunity for participants to deepen their relationship with Christ.

All are welcome.

For more information contact Sister Pay Boyle at 617-479-5400 (St. Ann's), or Dorothy Ruggiero, 617-472-6321 (St. Joseph's).

Free Showing Of 'An Inconvenient Truth' At United First Parish Church Jan. 17

The Unitarian Universalist Association of Congregations voted at its annual meeting in 2006 to keep the fight against global warming high on its list of priorities.

In an effort to bring this topic to the local community, United First Parish Church of Quincy will hold a viewing and discussion of Al Gore's documentary: *An Inconvenient Truth* Friday, Jan. 17 at 7 p.m.

The film's showing will be preceded by a potluck supper at 6:30 p.m.

Both the supper and the showing will take place in the parish hall at 1306 Hancock St., Quincy Square, across from City Hall.

For more information, call 617-773-1290. No registration is required. All are welcome.

At the annual meeting, a Statement of Consciousness approved on the topic of global warming reads: "Earth is our home. We are part of this world and its destiny is our own. Life on this planet will be gravely affected unless we embrace new practices, ethics, and values to guide our lives on a warming planet. . . As a people of faith, we commit to a renew reverence for life and respect for the interdependent web of all existence."

Quincy Community United Methodist

Quincy Community United Methodist Church, 40 Beale St., Wollaston, will have Sunday worship and Sunday school beginning at 10:30 a.m.

The Rev. Dr. Susan F. Jarek-Glidden will conduct the service.

Lector will be Paul Nogueira. Ushers are Janet McGonigle and Nancy Valorz.

The coffee hour hosts are Joan Honig, Shirley Smith and Dottie Hahn.

Upcoming events include family movie night on Saturday, Jan. 20 at 6 p.m. The movie is *Ice Age 2 The Meltdown.*

Contact the church at 617-773-3319 for more information.

All are welcome. The church is handicap accessible.

Bethany Congregational Church

Bethany Congregational Church, Quincy Center, will have Sunday worship at 10 a.m.

The Rev. Ann Rearick will conduct the service and preach the sermon "Responding to the Birth."

There will be no Sunday School this Sunday.

Childcare is available for infants and toddlers.

Fellowship will follow the service in the Allen Parlor. Refreshments will be served.

Overeaters Anonymous Group Meets Here

Overeaters Anonymous is a 12-step program for recovering from compulsive overeating.

Weekly meeetings are held in Quincy.

There are no dues, no fees and no weigh-ins.

Those who have had a problem with food including overeaters, anorexics and bulimics are welcome.

For the nearest meeting and further information call toll-free (877) 317-2111.

Quincy Religion Directory

SERVICES & ACTIVITIES

Assemblies of God

Glad Tidings
158 Washington St., Quincy
phone: 773-9797
Rev. Gregory E. Wheaton, Pastor
Sunday Worship 8:30, 11 a.m., Christian Ed 10 a.m., Senior Hi Youth 7 p.m., Wed. 7 p.m. Berean Bible Study, Royal Ranger Missionettes, Friday Junior Hi Youth 7 pm
Youth & Children's Ministry
•Contemporary Worship
•Marriage & Family Group
•International Fellowship
•DivorceCare

Catholic

St. Mary's Church
95 Crescent St., Quincy • 617-773-0120
Masses
Saturday, 4pm. Sunday 7, 9:30 & 11:30am. Weekdays 9am
Handicapped Accessible
New Members Welcome!

Unitarian

UNITED FIRST PARISH, Quincy
1306 Hancock St., across from Quincy Center T
Worship Service & Church School
SUNDAYS, 10:30 a.m.
Rev. Sheldon W. Bennett, Minister
• A Welcoming Congregation •
617-773-1290 • www.ufpc.org

Congregational

First Church of Squantum
164 Bellevue St. • 617-328-6649
Pastor: Michael S. Robertson
Co-Pastor: Dr. Emmy Robertson
10 a.m. Sunday Worship
All Are Welcome

Catholic

Sacred Heart Church
"A Roman Catholic Community walking together in Faith, Worship, Education and Service"
386 Hancock St., North Quincy, MA 02171
(617) 328-8666
Sunday Masses
4pm (Sat.) 7:45am, 9am (Family Liturgy)
10:30am (with Choir) and 5pm
12 noon at Star of Sea Church
Weekday Masses
Mon.-Fri 7am and 9am, Sat. 9am
Handicapped Accessible
Confessions
Sat. 3-3:45pm in Saint Joseph Oratory

St. Joseph's Church
550 Washington Street
Quincy, MA 02169
617-472-6321
SUNDAY MASSES:
4 p.m. (On Saturday)
8:30 a.m., 10:30 a.m. & 5 p.m.
Weekday Masses 9am
CONFESSIONS: Saturday, 3:00-3:30 pm
Handicapped accessible & Handicapped parking, side entrance air conditioned

ST. JOHN THE BAPTIST
44 School St.,
Quincy
617-773-1021
Weekend Mass Schedule
Saturday (Vigil Mass) 4 p.m.
Sunday 7:30 a.m., 9 a.m. and 11 a.m. (Family Liturgy)
Weekday Masses
Monday - Saturday 8 a.m.
Handicapped Accessible

Saint Ann's Church
757 Hancock St., Wollaston
• 617-479-5400
Pastor: Rev. John J. Ronaghan
Weekend Mass Schedule:
Saturday 4:00 PM
Sunday 7:00, 9:00, 11:30AM
Daily Masses: 9:00 AM
Handicapped Chairlift Available

Congregational

HOUGHS NECK CONGREGATIONAL CHURCH
310 Manet Ave., Quincy
www.hncong.org
Sunday, Dec. 31
New Year's Eve
Worship Service 9:30 am
Theme: "God's Time"
Psalm 30
Sunday School 9:30 AM
Rev. John Castricum
617-479-8778

BETHANY CONGREGATIONAL CHURCH
Corner of Spear & Coddington Sts., Quincy Center • 617-479-7300
10 AM Sunday Worship
The Rev. Ann Rearick
Sermon: 'Responding to the Birth'
Fellowship Follows Service in Allen Parlor

QUINCY POINT CONGREGATIONAL CHURCH
444 Washington St . • 617-773-6424
Worship and Church School 10 am
Rev. Ann Suzedell, Pastor
visit us at www.QPCC.org

Christian Science

First Church of Christ, Scientist
10:30 AM
Sunday Service & Sunday School
7:30 PM
Wednesday Evening Meeting
20 Greenleaf Street Quincy
off Hancock St.
617-472-0055

Congregational

WOLLASTON CONGREGATIONAL CHURCH
48 Winthrop Ave. - 617-773-7432
Pastor: Rev. Mary Lou Gifford
Worship Service Dec. 31
'Growing in Wisdom'
I Samuel 2: 18-20, 26
Luke 2: 41-52
Rev. Mary Louise Gifford, preaching

UNION CHURCH
Beach St. & Rawson Rd., Wollaston
Sunday Service 10 AM
617-479-6661
Rev. John Carl Swanson
Pastor

Covenant

COVENANT CONGREGATIONAL CHURCH
Corner of Whitwell & Granite St.
Sunday Worship 10:00 AM
Rev. Karen Palmatier, Pastor
9 a.m. – Christian Education for all ages
Child Care Available - All Are Welcome
Children's Pantry
Wed., Thur. 9:30 am - 12 noon
617-479-5728

Nazarene

Wollaston Church of the Nazarene
37 E. Elm Ave., Wollaston
(617) 472-5669
On The Campus Of
Eastern Nazarene College
Pastor: Rev. Fred. Fullerton
Sunday Services
8:30 am - Holy Communion
9:45 am - Adult & Children's Sunday School
11 a.m. - Blended Worship Service
Come Worship with Us!

Episcopal

St. Chrysostom's Episcopal Church
Corner of Hancock & Linden Sts., Quincy
(617) 472-0737 • www.stchrysostom.com
Rev. David Hefling
Sunday School 9 a.m.
Adult Forum 9:15 a.m.
Holy Eucharist Rite 10 a.m.
Nursery Care During Service
Coffee Hour Following
ALL WELCOME
THRIFT SHOP HRS - W, TH, FR. 10am-4pm

Evangelical

EVANGELICAL CHURCH OF ATLANTIC
65 Newbury Ave. North Quincy
(617) 847-4444
Pastor Bill Donahue
Sunday Morning Worship 10:10 AM
Childcare Available

Methodist

QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale St., Wollaston
617-773-3319
10:30 AM Sunday Worship
Rev. Dr. Susan Jarek-Glidden, Pastor

Salvationist

THE SALVATION ARMY
6 Baxter St., Quincy • 617-472-2345
9:45 SUNDAY SCHOOL
11AM WORSHIP SERVICE
BRASS BAND MUSIC
7PM TUES WOMEN'S FELLOWSHIP
7:15PM WED. BIBLE STUDY

Spiritualist

First Spiritualist Church of Quincy
40 West St., Quincy, MA 02169
(617) 770-2246
Services: Sunday 11 a.m. to 12:30 PM
Coffee and Conversation following service.
(Services 8 PM Wednesdays June, July, August)
Pastor Rev. Rita S. Berkowitz, C.H., C.M.

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P3048AD
In the Estate of
MARY E. FLAHERTY
AKA MARY ELIZABETH FLAHERTY
Late of QUINCY
In the County of NORFOLK
Date of Death July 22, 2002
NOTICE OF PETITION FOR APPOINTMENT OF ADMINISTRATOR

To all persons interested in the above captioned estate, a petition has been presented praying that ANNA T. FLAHERTY of QUINCY in the County of NORFOLK or some other suitable person be appointed administrator of said estate to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **JANUARY 24, 2007**.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, December 14, 2006.

PATRICK W. McDERMOTT
Register of Probate

12/28/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Norfolk Division
Docket No. 04P3027CV
Notice of Fiduciary's Account

To the persons interested in the estate of Dorothy Pasqualone late of Quincy, in the county of Norfolk.

You are hereby notified pursuant to Mass. R. Civ. P. Rule 72 that the 1st and final account(s) of William J. Quaglia, Esq. conservator (the fiduciary) of said property of said Dorothy Pasqualone has been presented to this said Court for allowance.

If you desire to preserve your right to file an objection to said account(s), you or your attorney must file a written appearance in said Court at Canton on or before the ***12th day of January, 2007*** the return day of this citation. You may upon written request by registered or certified mail to the fiduciary, or to the attorney of the fiduciary, obtain without cost a copy of said account(s). If you desire to object to any item of said account(s), you must, in addition to filing a written appearance as aforesaid, file within thirty days after said return day or within such other time as the Court upon motion may order a written statement of each such item together with the grounds for each objection thereto, a copy to be served upon the fiduciary pursuant to Mass. R. Civ. P. Rule 5.

WITNESS, DAVID H. KOPELMAN, ESQUIRE, FIRST JUSTICE of said Court at Canton this 1st day of December, 2006.

PATRICK W. McDERMOTT
Register of Probate

12/28/06

LEGAL NOTICE

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2006-090
ORDERED: March 20, 2006

Be it ordained by the City Council that the Municipal Code is hereby amended as follows: In Title 10. Vehicles and Traffic. Chapter 10.12 Signs, Signals and Markers Section 10.12.040 Stop Signs Authorized where.

ADD THE FOLLOWING:

STREET	INTERSECTING WITH	DIRECTION	TYPE OF REGULATION
Hancock Street	**Neponset River Bridge from Underpass**	**Southbound**	**STOP**

A True Copy.
Attest: Joseph P. Shea
City Clerk

12/28/06

LEGAL NOTICE

CITY OF QUINCY
IN COUNCIL

ORDER NO. 2006-336
ORDERED: December 18, 2006

Be it ordained by the City Council, of the City of Quincy that the official salary schedule of Chapter 2.148 of the Quincy Municipal Code as amended by Council Order 2001-148 is hereby further amended by deleting the salaries for all of the positions set forth on the attached four (4) schedules and inserting in place thereof the following new salaries, all as established pursuant to the collective bargaining agreement between the City of Quincy and the Quincy Library Staff Association MLSA, MFT, AFT, AFL-CIO:

This proposed ordinance change is presently pending in the Ordiance Committee of the Quincy City Council. In accordance with Chapter 43, Section 23, this ordinance is over eight (8) pages and is therefore printed in pamphlet form. Copies may be obtained in the City Clerk's Office.

Joseph P. Shea
Clekrk of the Council

12/28/06

INVITATION TO BID

INVITATION TO BID

CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK STREET, QUINCY, MA 02169

The City of Quincy invites sealed bids/proposals for furnishing and delivering to the City of Quincy:

PUBLIC WORKS SURPLUS VEHICLES JANUARY 9, 2007 @10:30 a.m.

Detailed specifications are on file at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 a.m. and 4:30 p.m.

Bids must state exceptions, if any, the delivery date and any allowable discounts. Bids/Proposals must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked 'BID ENCLOSED" with time/date of bid call.

Firm bid prices will be given first consideration. Bids/Proposals will be received at the office of the Purchasing Agent until the time and date stated above, at which time and date they will be publicly opened and read. Late Bids/Proposals, delivered by mail or in person, will be rejected.

If applicable, bids shall be in accordance with M.G.L. Chapter 30B, Chapter 149 as amended, and Chapter 30, Sections 39A, 39B and 39F-R.

The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informalities in the bidding if it is in the best interest of the City to do so.

William J. Phelan, MAYOR
Laurie M. Allen, PURCHASING AGENT

12/28/06

INVITATION TO BID

INVITATION TO BID

CITY OF QUINCY, MASSACHUSETTS
Department of Public Works
William J. Phelan
Mayor
Stephen O'Donnell
Commissioner

The Department of Public Works for the City of Quincy, Massachusetts is seeking sealed bids for **Road Improvements – Spring 2007** until 11:00 a.m. local time **Thursday, January 25, 2007**, in the offices of the Purchasing Agent, 1305 Hancock St., Quincy, Massachusetts 02169, at which time and place all bids will be publicly opened and read aloud.

The work under this contract consists of: excavation of bituminous concrete by cold planing and/or full depth excavation, installation of new bituminous concrete base and top courses; removal and resetting of existing granite curbing, installation of new granite and bituminous concrete curbing, installation of new bituminous/cement concrete sidewalks; installation of loam and seed on grass borders; minor drainage improvements and all related work to complete the project. MASS HIGHWAY PREQUALIFICATION IS REQUIRED.

All work under this contract shall be completed within one hundred sixty (160) calendar days.

A **refundable deposit of $50.00** cash or check payable to the City of Quincy shall be required for each set of contract documents. Bidders requesting contract documents by mail shall also include an additional **non-refundable mail fee of $15.00** in cash or check payable to the City of Quincy. The contract documents may be obtained during the business hours of 8:30 a.m. to 4:30 p.m. at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock St., Quincy, MA 02169. Specifications will be available January 2, 2007.

Each bid shall be accompanied by a bid security in the amount of five percent (5%) of the total value of the bid in the form of a bid bond or certified/treasurer's check.

The bidding and award of this contract shall be in full compliance with Massachusetts General Laws, Chapter 30, Section 39M, as last revised. All Federal, State and City of Quincy regulations in relation to Minority Business Enterprise, Women's Business Enterprise, Minority Work Force, Equal Employment Opportunity, Employment of Quincy Residents and Minimum Wage Rates shall apply. The City reserves the right to waive any informality in or to reject any or all bids when such an action is deemed in the best interests of the City. **Non-responsive and/or unbalanced bids may be rejected.**

William J. Phelan
Mayor

Stephen O'Donnell
Commissioner of Public Works

12/28/06

NOTICE OF PUBLIC HEARINGS

QUINCY-WEYMOUTH CONSORTIUM
NOTICE OF PUBLIC HEARINGS
FY 07 REQUEST FOR PROPOSALS
FY 05-06 Accomplishment Report

The Consortium will hold Public Hearings on January 9, 2007 (Tuesday) at 6:00 PM in the 2nd Floor Conference Rm, City Hall, 1305 Hancock St., Quincy and on January 22, 2007 (Monday) at 9:30 AM in the Thomas Crane Public Library, 40 Washington St., Quincy. These public hearings will provide the public an opportunity to participate in the preparation of the Annual Update to the Consortium's 5-Year Consolidated Plan for Community Development, Housing, Homeless and Special Needs, analysis of impediments to fair housing and identification of programs that provide decent housing, a suitable living environment and expanded economic opportunities, primarily for low and moderate-income persons. The City's **Request for Proposals for CDBG, HOME, and ESG** funding will be distributed and discussed during these hearings. Those who would like to obtain the RFPs now may pick them up at the Department of Planning and Community Development, 1305 Hancock Street, Quincy, MA 02169 or by calling (617) 376-1374 or by sending an email message to ncallanan@ci.quincy.ma.us. The deadline for submitting proposals is February 9, 2007 (Friday) at 3:00 PM.

During these hearings, the FY05-06 Consolidated Annual Performance and Evaluation Report **(CAPER)** relative to the CDBG, HOME, ESG funds, and other grants will also be presented.

12/28/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-093

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, JANUARY 9, 2007**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of Dan Coffey for a Variance to renovate the existing structure and add a second floor in violation of Title 17 as amended Chapter 17.20.040 (dimensional requirements) on the premises numbered 43 GANNETT ROAD, QUINCY.

Jack Garland, Chairman

12/21, 12/28/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-094

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, JANUARY 9, 2007**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of Richard Smith for a Finding to add an 8 foot addition onto the roof to enlarge an existing apartment in violation of Title 17 as amended Chapter 17.24.020 (non-conformance) on the premises numbered 394 WASHINGTON STREET, QUINCY.

Jack Garland, Chairman

12/21, 12/28/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-095

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, JANUARY 9, 2007**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of Mark Paolucci for a Finding to alter the existing two family home to a three family by adding a one-bedroom unit in violation of Title 17 as amended Chapter 17.24.020.B (change in use) on the premises numbered 62-64 VERCHILD STREET, QUINCY.

Jack Garland, Chairman

12/21, 12/28/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-096

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, JANUARY 9, 2007**, at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of Michelle Webber for a Finding to demolish the existing single family home and construct a new single family home of the same footprint in violation of Title 17 as amended Chapter 17.24.020 (non-conformance) on the premises numbered 11 POST ISLAND ROAD, QUINCY.

Jack Garland, Chairman

12/21, 12/28/06

Classifieds

MISCELLANEOUS

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Christopher Walsh
(617) 770-2268 1/11

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NEED EXTRA INCOME?
Keep your full-time job and start part-time with Primerica Financial Services, a subsidiary of Citigroup. We'll show you how to build your own business!
For more information, call
Christopher Walsh
(617) 770-2268 1/11

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P3044EP
In the Estate of
A. ALBERT YURKSTAS
Late of QUINCY
In the County of NORFOLK
Date of Death
November 23, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that ADELINE L. YURKSTAS of QUINCY in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve with personal surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **JNAUARY 24, 2007**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, December 14, 2006.

PATRICK W. McDERMOTT
Register of Probate
12/28/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P3055EP
In the Estate of
BEVERLY M. ERIKSON
Late of QUINCY
In the County of NORFOLK
Date of Death
November 2, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that SHERYL A. ERIKSON of QUINCY in the County of NORFOLK or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **JNAUARY 24, 2007**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, December 14, 2006.

PATRICK W. McDERMOTT
Register of Probate
12/28/06

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
Norfolk Division
Docket No. 06D1551-DV1
DIVORCE/SEPARATE SUPPORT SUMMONS BY PUBLICATION
MEI HUA WU,
Plaintiff(s)
V.
SIMON CHAN,
Defendant(s)

To the above named Defendant(s):

A Complaint has been presented to this Court by the Plaintiff(s), MEI HUA WU, seeking DIVORCE.

An Automatic Restraining Order has been entered in this matter preventing you from taking any action which would negatively impact the current financial status of any party. Please refer to Supplemental Probate Court Rule 411 for more information.

You are required to serve upon JACK P. MILGRAM whose address is 52 KNEELAND STREET, BOSTON, MA 02111, your answer on or before MARCH 9TH 2007. If you fail to do so, the Court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer in the office of the Register of this Court at CANTON.

Witness, DAVID H. KOPELMAN, Esquire, First Justice of said Court at CANTON, this 14TH day of DECEMBER, 2006.

PPATRICK W. McDERMOTT
Register of Probate
12/28/06, 1/4, 1/11/07

ADVERTISING - AAD

Are you a business owner? Do you think your business is too small or too big to advertise? The New England Press Association can help build your clientele all across New England! To advertise at a lower rate and higher volume contact Latifa Sanchez at 617-373-5611 or l.sanchez@nepa.org Visit our website: www.nepa.org ONE CALL DOES IT ALL!

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DONATE YOUR CAR TO THE ORIGINAL 1-800-Charity Cars! Fair market value deduction if we provide your car to a struggling family. Call 1-800-CHARITY (1-800-242-7489) WWW.800CharityCars.org

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A Surrogate Mother Wanted: Established Surrogacy Program seeks loving women, 21-45, to carry couples biological babies, prior birth experience required, non-smokers, generous compensation, 1-888-363-9457 www.reproductivelawyer.com

LEGAL NOTICE

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court Department
NORFOLK Division
Docket No. 06P3053EP
In the Estate of
JOHN E. VOLPE
Late of QUINCY
In the County of NORFOLK
Date of Death
April 10, 2006
NOTICE OF PETITION FOR PROBATE OF WILL

To all persons interested in the above captioned estate, a petition has been presented praying that a document purporting to be the last will of said decedent be proved and allowed, and that JEFFREY M. VOLPE of NORWELL in the County of PLYMOUTH or some other suitable person be appointed executor, named in the will to serve without surety.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT CANTON ON OR BEFORE TEN O'CLOCK IN THE FORENOON (10:00AM) ON **JNAUARY 24, 2007**.

In addition, you must file a written affidavit of objections to the petition, stating specific facts and grounds upon which the objection is based, within thirty (30) days after the return day (or such other time as the court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

WITNESS, HON. DAVID H. KOPELMAN, ESQUIRE, First Justice of said Court at CANTON this day, December 14, 2006.

PATRICK W. McDERMOTT
Register of Probate
12/28/06

REQUEST FOR PROPOSALS

REQUEST FOR PROPOSALS

REQUEST FOR PROPOSALS
CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK STREET, QUINCY, MA 02169

Invites sealed bids/proposals for furnishing and delivering to the City of Quincy:

BUILDING MAINT. LEASE OF SPACE FOR SCHOOL ADMIN. OFFICES JANUARY 29, 2007 @10:30 A.M.

The City of Quincy is seeking to lease office space for its school administrative offices. Premises shall be a minimum of 15,000 square feet, within two miles of Quincy City Hall and accessible by public transportation. The terms of the lease will be for three years, with three one-year options at the sole discretion of the City. A copy of the specifications may also be obtained at the Purchasing Department, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts 02169, after December 27, 2006, between the hours of 8:30AM to 4:30PM.

Non-Price bid/Proposals must be in a sealed envelope and price proposals must be in a separate sealed envelope. The outside of the sealed envelopes are to be clearly marked **"RFP - NON PRICE PROPOSAL ENCLOSED"** with time/date of RFP and **"RFP - PRICE PROPOSAL ENCLOSED"** with time/date of RFP.

Bids/Proposals will be received at the office of the Purchasing Agent until the time and date stated above, at which time and date they will be opened and registered. Late Bids/Proposals, delivered by mail or in person, will be rejected.

If applicable, Bids/RFPs shall be in accordance with Chapter 149 of the M.G.L. as amended. M.G.L. Chapter 39, section 39A, 39B, and 39F-R. M.G.L. Chapter 149, Section 26, 27, 29, 35 and 44A-44M.

The right is reserved to reject any or all RFPs or to accept any part of an RFP or the one deemed best for the City, and waive any informalities in the bidding, if it is in the best interest of the City to do so.

William J. Phelan, Mayor
Laurie M. Allen, Chief Procurement Officer

12/28/06

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS
CASE NO. 06-092

Pursuant to the provisions of TITLE 17 of the ***QUINCY MUNICIPAL CODE*** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **TUESDAY, JANUARY 9, 2007,** at **7:15 pm** on the **Second Floor Council Chambers,** Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of Adams Street Foundation, Inc. for an appeal of the denial of the building permit application by Department of Inspectional Services for a permit to extend and renovate the premises for use by the Montessori School of Quincy as a non-profit educational institution in violation of Title 17 as amended Chapter 17.04.120 (appeal) on the premises numbered 310 ADAMS STREET, QUINCY.

Jack Garland, Chairman

12/21, 12/28/06

Classifieds

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www.safeairservices.net 1/18

The Quincy Sun

MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET, QUINCY, MA 02169
PAYABLE IN ADVANCE. Payment must accompany order.

INDEX
- ❑ Services
- ❑ For Sale
- ❑ Autos
- ❑ Boats
- ❑ For Rent
- ❑ Wanted
- ❑ Help Wanted
- ❑ Work Wanted
- ❑ Pets
- ❑ Lost & Found
- ❑ Real Estate
- ❑ Antiques
- ❑ Flea Markets
- ❑ Yard Sales
- ❑ Instruction
- ❑ Day Care
- ❑ Personal
- ❑ Miscellaneous

RATES

1 WEEK ❑ $7.00 for one insertion, up to 20 words, 10¢ for each additional word.

3-7 WEEKS ❑ $6.50 per insertion up to 20 words for 3-7 insertions of the same ad, 10¢ each additional word.

8-12 WEEKS ❑ $6.25 per insertion, up to 20 words, for 8-12 insertions of the same ad 10¢ for each additional word.

13 WEEKS OR MORE ❑ $6.00 per insertion, up to 20 words, for 13 or more insertions of the same ad 10¢ for each additional word.

❑ Enclosed is $ _____ for the following ad to run _____ weeks in **The Quincy Sun.**

COPY: _____

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NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION.
DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

TEDESCHI FOOD SHOPS recently donated $25,000 to the Toys For Tots Foundation. From left: Sargent Major Eric Loya, Colonel Kevin Doyle USMC (retired), Director Toys For Tots, Tom Hart, V.P of Sales Tedeschi Food Shops and Glenn Loiselle, Tedeschi advertising manager.

Quincy Sun photo/ Noreen O'Shea

Tedeschi Food Shops Donate $25,000 To Toys For Tots

This past October, Tedeschi Food Shops made a pledge to the Toys For Tots Foundation, setting a goal to raise $25,000. On December 8, Tedeschi Food Shops Vice President Tom Hart presented a check in that amount to Colonel Kevin Doyle USMC (retired) of the Toys For Tots Foundation.

The Tedeschi Select/Toys For Tots campaign began on Dec. 4 with the commitment that 10 cents from every Tedeschi Select soda, water, candy, potato chips, bread and fresh sandwiches, sold this holiday season, would go to the Toys For Tots Foundation. All Tedeschi Food Shops, Li'l Peach and Store 24 locations embraced the cause. "The outstanding efforts on the part of our General Managers and Franchisees is the reason we met our contribution goal," Hart said. Over the past two years, Tedeschi Food Shops has donated $45,000 to the Marines/Toys For Tots Foundation.

Toys For Tots Foundation, based in Quantico, VA is one of the most visible charities during the holiday season. Their website is www.toysfortots.org.

Dec. 31 Last Day For Sun 'Citizen Of Year'

Sunday, Dec. 31 is the last day for nominations for *The Quincy Sun's* 22nd annual "Citizen of the Year" award.

Established in 1985, the award recognizes an individual for outstanding community service or a special achievement.

Last year, George White, a 40-year member of the Quincy Christmas Festival Committee – including 25 years as committee chairman – was honored for bringing holiday joy to many thousands of all ages.

White was selected for the honor from among 35 nominees submitted by Quincy Sun readers. A panel of judges representing a cross-section of the community made the final decision.

Again this year, Sun readers may nominate the person they feel is the most deserving of the award.

A nomination ballot to help the selection process appears below on this page of this week's issue of *The Quincy Sun*.

After nominations close Sunday, Dec. 31, a judging panel will be selected to make the final choice from nominations submitted.

If you know someone you would like to see recognized with the 2006 award, fill out the ballot and mail it to:

The Quincy Sun
Attn: Citizen of the Year
1372 Hancock St.
Quincy, MA 02169

Ballots can also be dropped off at The Sun office at the above address by Dec. 31.

Those submitting nominations should identify themselves. They can also attach to the ballot a letter detailing the reason for their nomination.

Nominees can be someone in elective office, a member of an appointed board, a clergy member, a teacher or school administrator, a police or firefighter, someone in the business community, a sports figure or an "unsung" neighbor or friend who has given freely of his or her time to a worthy project or cause.

Those nominated in the past are eligible to be nominated again this year. Since this is not a popularity contest, each nominee has an equal chance of being selected regardless of the number of nominations received. Anyone nominated just once has the same chance of being the award recipient.

The winner's name will be announced in *The Quincy Sun* in January.

SECONDARY LUNCH MENU

Monday, Jan. 1
School Closed - Happy New Year!

Tuesday, Jan. 2
Buffalo chicken nuggets with steamed rice with vegetable, chilled fruit cup, dinner roll.

Wednesday, Jan. 3
Beef meatloaf with gravy, mashed potatoes, hot vegetable, fruit juice, dinner roll.

Thursday, Jan. 4
Cinnamon glazed French toast, sausage links, applesauce cup, fruit juice.

Friday, Jan. 5
Beef and cheese taco with soft tortilla shell, lettuce and tomato, salsa, fruit juice.

ELEMENTARY LUNCH MENU

Monday, Jan. 1
School Closed - Happy New Year!

Tuesday, Jan. 2
Early release day - no lunch served.

Wednesday, Jan. 3
French toast sticks, sausage links, maple syrup, fruit juice, applesauce cup.

Thursday, Jan. 4
Cheese stuffed shells with tomato sauce, hot vegetable, dinner roll, fruit juice.

Friday, Jan. 5
Grilled hot dog on a bun, corn niblets, box of raisins.

Vets Adviser At COA Office

John D. Miller of Home Care Partners, will be at the Council on Aging office, 83 Saratoga St., each Wednesday to advise veterans or their surviving spouses of their in-home care benefits.

To schedule an appointment, call the Council on Aging at 617-376-1506.

COA In Need Of Bath Seats

The Council on Aging is in urgent need for bath seats for senior citizens.

To donate, call the COA at 617-376-1245.

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Former clerk, RI Supreme Court

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Nurse-Attorney

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The Quincy Sun

'Citizen Of The Year Award' 2006

I would like to nominate
(Please type or print neatly)

_____

for the 2006 Quincy Sun
"Citizen Of The Year Award"
I believe he/she deserves this award because:

_____
_____
_____
_____

Submitted by:
Name: _____
Address: _____
Tel. No. _____

Fill out form and send (or bring) to:
The Quincy Sun
c/o Citizen of the Year
1372 Hancock St., Quincy, MA 02169
NOMINATION DEADLINE: Sunday, Dec. 31

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper

Quincy, MA

JULY — DECEMBER

2006

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